



Isleta Pueblo News

Volume 13 Issue 2

Pueblo of Isleta website: www.isletapueblo.com

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February 2018

Governor's Report

Ma-Gu-Wum

January 2018 starts the traditional appointments of new leadership throughout Pueblo Country. I want to especially thank the outgoing Traditional Head War Captains of Isleta and their appointees for their Leadership in the year 2017. Administration has a role to work with Traditional Leadership to maintain a dialog of trust on issues impacting our community. Administration met with the newly appointed War Captains and we have agreed on future meetings on issues of concern and assistants during Traditional activities for this New Year. We welcome the newly appointed War Captains, and look forward to working with them.

Irrigation season is approaching and concerns of water shortages are always a concern for the farmers. Jessica Tracey, Isleta's Water Resource Director, contacted the Middle Rio Grande Conservancy and was advised that despite the lack of rain there will be plenty of water for the farming season. Despite the poor runoff there is plenty of water in storage, at the El Vado Dam. On February 3, 2018 Saturday we will hold a meeting with member farmers from the Acequia Madre, Cacique, and Chical. This meeting is important to the farmers as newly appointed Mayordomos will be elected. The meeting will be held at the Old Court House in the Plaza area at 8:00am.

The New Mexico Legislative Sessions opened on January 16, 2018 at the New Mexico State Capitol. Tribal Leaders throughout New Mexico were invited to start a dialog with Law Makers. As the sessions continue Tribal Leaders will lobby for Capital Outlay money for various projects. Isleta along with Directors will also lobby for money for various projects.



ARSON ON PUEBLO OF ISLETA

On December 24, 2017 at approximately 7:00 a.m. a wildfire was reported on the Isleta Pueblo Reservation off Hwy 314 in the swamps area. Again on Monday, January 15, 2018 at approximately 2:50 p.m. another fire was reported in the same area. Together the Swamp #1 and Swamp #2 Fires burned approximately 30 acres of grass and marsh shutting down traffic on Hwy 314 and are believed to be arson related.

If you have any information regarding the person(s) involved in this crime, you are encouraged to call WeTip immediately at 1-800-782-7463. You may be eligible for a reward if your information leads to an arrest and conviction. **No one will ever know who made the call!**



24 HOURS A DAY

365 DAYS A YEAR

1-800-78-CRIME

You will remain completely anonymous!!

Se Habla Español

www.wetip.com



* Please Join Us *

Your input is invaluable!

POI's departments of Water Resources and Natural Resources are asking for Isleta Community participation in a survey for Isleta Pueblo bosque and riverine habitat restoration planning. Several dates have been set aside. Please mark your calendars and join us for one of these meetings. *Refreshments will be served.*

In each meeting, a brief background presentation will be provided, a survey will be conducted (answers will be anonymous), and an open discussion will follow.

Location: Golf Course Event Room

Date and time: Thursday, March 15
5:30 pm – 7:30 pm

Location: Elder Center Activity Room

Date and Time: Friday, March 16
1 pm – 3 pm

Location: Golf Course Event Room

Date and time: Saturday, March 17
2 pm – 4 pm

Location: Golf Course Event Room

Date and time: Monday, March 19
5:30 pm – 7:30pm

Isleta Pueblo Housing Authority

The Isleta Pueblo Housing Authority is accepting applications for the FYI 2018 Home Improvement Program (HIP) for safety or sanitation repairs, renovations, and replacement of a home for substandard dwellings. Applications are available at the Isleta Pueblo Housing Authority Office. After submission of the application with all required documentations it will be determined if you meet the "eligible" criteria for the HIP Program.

Documentation required with the application:

1. Copy of C.I.B. (Certificate of Indian Blood)
2. Proof of Income (Last year's Tax Return, SSI Award Letter, etc.)
3. Most Important: Proof of ownership to either the existing home and/or land.
4. Provide documentation if the applicant is stating family member has disability or is handicap (Letter from a "Doctor", Veterans' Administration, or Social Security, etc)

If you have any questions or need assistance, please contact Bernadette Lente, Executive Assistant at (505) 869-4153 Ext. 9345.

ISLETA HEALTH BOARD PUEBLO OF ISLETA

The Isleta Health Board is currently seeking interested individuals who are willing to serve on the Health Board as Board members in the advocacy of improving the health and wellbeing of all the Pueblo of Isleta community members and their families who acquire health services from the Isleta Health Center.

Interested individuals who are willing to serve in this capacity should submit their interest to the Pueblo of Isleta Tribal Council for their consideration and recommendation to the following address:

**Pueblo of Isleta Tribal Council
PO Box 1270
Isleta, New Mexico 87022**

A brief resume should accompany an individual's interest in serving on the Health Board along with synopsis of experience in a health related field or other careers relevant to health related concerns.

Thank You.

LETTER FROM THE EDITOR

DEADLINE for March Newsletter articles is set for Friday, February 16, 2018 at 4:30pm. Articles may be dropped off at the Library or emailed to poi02002@isletapueblo.com. Should you email your article, expect a confirmation email. If you do not receive a confirmation email, odds are it never made it to me and then it's time to panic, so call Nate at 505.869.9808.

People whom wish to submit an article or flyer are responsible for generating their own article or flyer. Should you need help, please call the Library at 505.869.9808 and set up a date and time to sit down with a Library staff member whom will help you throughout the process. The Library will NOT accept notes dropped off at the Library or information over the phone to generate your article.

PROBATES need to be published in the Newsletter for two consecutive months. Probates are considered court documents therefore all submitters must provide: 1) Name of Deceased, 2) Date of Deceased 3) Court Case # and 4) Date of Court Date. A Probate form can be found on the Newsletter Archive page at <http://www.isletapueblo.com/newsletters.html>.

CLASSIFIED ADS: The new administration has requested that the Newsletter start a Classified Ad section for Tribal members selling land, houses, mobile homes, vehicles, and farm equipment. Leasing of houses and mobile homes will be accepted. Smaller items which can be sold at the local flea markets or weekly yard sales will NOT be accepted.

Currently, this service is FREE to Tribal members. Land, houses, and mobile homes must be within the reservation boundaries. Ads must meet the 160 character limit. Ads that exceed the 160 characters will NOT be submitted into the Newsletter. A single picture may be submitted with the ad. Submitters of classified ads are responsible for generating their own ads as this is a FREE service.

As a reminder, Tribal business owners may submit a small flyer at no charge. Like the classified ads, business owners are responsible for generating their own flyers as this is a FREE service.

Classified ads and business flyers will be posted no more than two consecutive months. In the event where the Newsletter may exceed the 24 page limit, classified ads and business flyers will be "bumped" for newsletter articles. Again, this is a FREE service for Tribal members.

The Isleta Newsletter is owned and operated by the Pueblo of Isleta. Therefore, the Governor of the Pueblo of Isleta has the final say of all articles and contents within the Isleta Newsletter.

For additional questions, you may call the Library and speak with Nate or Tara at 505.869.9808.

Thank you,
Nathaniel Lujan

Newsletters may be found at the sixteen distribution locations listed below. Remember, Digital copies of the Newsletter may be obtained from the Newsletter archive at <http://www.isletapueblo.com/newsletters.html>

The sixteen Newsletter distribution locations are:

- 1) The Administration Building (Governor's Office): Receptionist Desk
- 2) Census Office: Receptionist Desk
- 3) Health Center: Lobby(Newsletter Stand)
- 4) Housing Department: Receptionist Desk
- 5) Department of Education: Receptionist Desk
- 6) New Recreation Center: Newsletter Stand
- 7) Old Recreation Center: Front Desk & Breakroom (Newsletter Stand)
- 8) Tribal Service Complex: Receptionist Desk
- 9) Tribal Service Complex: I.P.D. Dispatch Window
- 10) Tribal Service Complex: Tribal Courts Window
- 11) Elders Center: Receptionist Desk & Lunch Delivery
- 12) Head Start: Receptionist Desk
- 13) Library: Newsletter Stand
- 14) Ranchitos Park: Blue Box (see picture for example)
- 15) Old Head Start Complex: Blue Box (see picture for example)
- 16) Intersection of Tribal Road 82 & Tribal Road 84: Blue Box (see picture for example)



Notice of Los Lunas Schools Public Hearing for Part II of the Application for the Title VI Formula Grant

Los Lunas Schools will hold a public hearing on Wednesday, February 21st beginning at 6:00pm. The meeting will be held at the Teacher Resource Center located at 801 Coronado NE, Los Lunas, NM 87031. The purpose of the meeting will be to discuss and obtain public input regarding the content of Part II of the application of the Title VI Formula Grant (supporting Indian Education). If further information is needed, please contact Cathy Chavez at (505) 866-2440.

If you are an individual with a disability who is in need of a reader, amplifier, qualified sign language interpreter, or any other form of auxiliary aid or service to attend or participate in the hearing, please contact the Special Services Office at 505-866-2440 at least one week prior to the hearing.

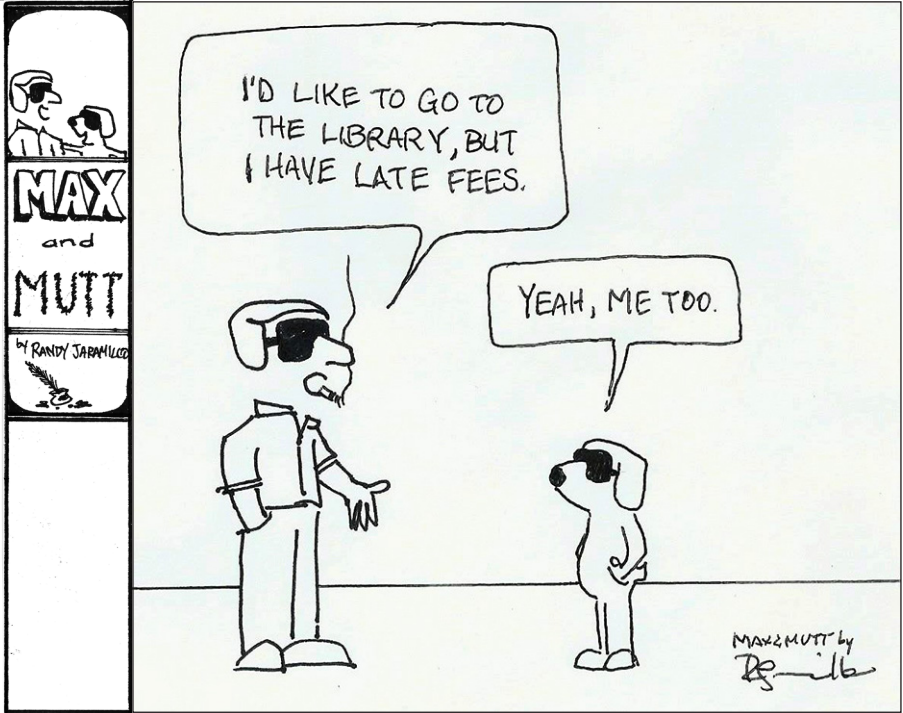
PROBATE NEWS

Second Notice – A petition to Probate the Estate of Josefita Chavez, deceased September 21, 1996. Case No. CV-17-PRO-00020, has been filed with the Pueblo of Isleta Tribal Courts. Any person claiming an interest in the Estate may notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. A hearing on the matter is scheduled for **Wednesday, February 28, 2018 at 10:00 a.m.** Claims must be filed in writing with the Isleta Tribal Court Clerk, located at the Tribal Service Complex, 3950 Hwy 47 SE, Building A, Albuquerque, NM. Any questions regarding the matter may be directed to the Isleta Tribal Court Clerk at (505) 869-9699.

LOS LUNAS NATIVE AMERICAN CLUB



The Native American Club would like to thank everyone who contributed to Gregg Analla's fundraiser who had passed away recently. We greatly appreciate each and every one of you. We were so happy to present the money we raised to his wife Margaret and son Xavier. Before presenting the money we played Gregg's song, which is called "Wim Ah I Wem" during Gregg's rosary. Many people did not know what was said in the song therefore we had Clarissa Abeyta interpret what the song means. This would have not been possible without the following club members Samantha Lente, Clarissa Abeyta, Shaypof Ybarra, Shaylee Abeita, and Brianna Jojola. We would also like to send a special thank you to the cooks Louella Cano and Marie Lente.



ISLETA RESORT & CASINO

Isleta Resort & Casino has released new renderings for Triple Sevens Saloon, which will soon undergo construction. The new facility will be expanded to four times its current capacity, meeting a much anticipated demand.

“Triple Sevens has become a local treasure. With no cover, live music, and drink specials, the facility is frequently at capacity. There is most certainly a need to expand the facility to better meet the needs of our guests,” explained Isleta Resort & Casino CEO Harold Baugus.

The new renderings provide a preview for the color scheme and overall design of the new facility. What’s not seen on the renderings, but is simultaneously building excitement, is the new mezzanine area. That area will have an overlook onto the casino floor. The space may also possibly be rented out for private events, though details of that service are still being developed.

Meanwhile, construction continues on the new Bingo facility, set to open in late 2018. The new facility means dedicated Bingo players will no longer be displaced due to concerts or showroom events.

“Bingo has become a long-standing and beloved tradition in our community. With the remodel, it was extremely important to us to meet that demand, and to show our community that we remain dedicated to providing a comfortable, fun, and hassle-free environment for them,” Baugus added.

The Resort’s renovation is expected to take approximately 24 months to complete.



LOVE BUG

GIVEAWAYS

WIN YOUR SHARE OF OVER

\$400,000

IN CASH, CARS, & FREE PLAY!

FEBRUARY 11 - MARCH 24 | EVERY FRIDAY & SATURDAY

DRAWINGS HELD EVERY 2 HOURS | 2PM - 10PM

RECEIVE UP TO 1,000 ENTRIES EVERY TUESDAY!

WIN 1 OF 6 CARS EVERY SATURDAY AT 10PM!

UNIVERSITY UVM Volkswagen

SWEET Deal

FEBRUARY 11 - MARCH 4

Hourly Drawings Every Sunday • 10am - 8pm

Your chance to play the Sweet Deal Game and win your share of over

\$55,000!

EMBERS STEAKHOUSE

Valentine's

Tasting Menu For Two

February 14 | 5pm - 10pm | \$44 per person

Enjoy a Grilled Bacon wrapped Petite Filet and Butter-basted Cold Water Lobster Tail. Served with creamy Truffle Mashed Potatoes, Season Vegetables and Red Wine Sauce. After your special dinner, indulge in a Raspberry Crème Brûlée.

ONE NIGHT WITH THE KING

FEBRUARY 9 • 8PM

\$30 VIP SEATING • \$20 RESERVED SEATING

DOORS OPEN AT 7PM • 21 YEARS AND OLDER

FRANKIE BALLARD

FEBRUARY 23 | 8PM

\$30 VIP SEATING

\$20 RESERVED SEATING

Tickets for all shows are on-sale now at Isleta Casino Box Office. All shows are 21 years and older.

ISLETA

resort • casino

11000 BROADWAY SE | ALBUQUERQUE, NM 87105 | 505.724.3800 | ISLETA.COM

Pueblo of Isleta

Dial-a-Ride

The Pueblo of Isleta Dial-a-Ride operates Monday through Friday from 9:00am to 2:00pm, providing trips within the Pueblo and to the ABQ RIDE Route 53 bus stop on NM 314. Limited service to Wal-Mart in Los Lunas will also be provided on Wednesdays from 11:00am to 2:00pm.

Request your Dial-a-Ride trip by calling Valencia County dispatch at (505) 352-3595 before noon at least one business day prior to your trip. Rio Metro will accept requests beginning Wednesday 11/29 for service starting Monday 12/4. Requests are accepted between 8:00am and 5:00pm. On the date and time of your trip, a wheelchair accessible van will arrive within 15 minutes of your scheduled pickup time. Trips may also be grouped together; riders should expect to travel with others.

For more information about both services, including a copy of the Route 208 schedule, visit riometro.org and select “Schedules” > “Bus” > “Pueblo of Isleta” from the grey bar near the top of the website. Schedules for Route 208 are also available at the Public Services Department Office at the Tribal Services Complex.

ISLETA PUEBLO HOUSING AUTHORITY

Is seeking homeowners from the 'Mouse town' area (Tribal Roads 70, 71, 72 & 73) & other scattered sites to fill out a Renovation application no later than April 1st. Specifically, HUD homes built in the late 1960's & early 1970's and the majority are made with cinder block. IPHA will be offering to those applicants the Plumbing Rehabilitation Project consisting of the scope of work below:

1. Cut and remove concrete (approximately 6'x5');
2. Excavate to expose area of plumbing (drain lines) to be replaced;
3. Remove existing plumbing and reinstall new piping to plan;
4. Test to ensure no leaks;
5. Cover after inspection and replace fill and concrete (Standard compaction required); and
6. Repair sheet rock, flooring, and paint to match existing.

You must complete the entire application for the application to be valid.

Do not submit more than one application. Do not submit a new application to report a change. Completing more than one application may slow down the process.

Before you submit an application, you must have all supporting documentation attached listed below:

1. Household Income Statements (2017 Income Tax Return AND 2 months of all Income Statements);
2. Doctor's Notes/Statements (listing if a permanent disability);
3. Certificate of Indian Blood (CIB) cards/Census Office notarized statements;
4. Property/Land Assignments;
5. HUD Form 9886 (attached to application); and
6. Public Assistance Verification Form (attached to application).

You should also know that we would need tax returns for each adult household member.

Applicants with disabilities who require an accommodation to complete this application may contact the Isleta Pueblo Housing Authority at (505) 869-4153 for assistance.

If you have any questions, you may contact us:

Email: poi40009@lsletapueblo.com

Fax: (505) 869-7595

Mail: P. O. Box 760, Isleta, NM 87022

Pueblo of Isleta Water Watch

Water is life.



Water

Quality on the Pueblo

The Pueblo of Isleta is required to provide a report as required by the Safe Drinking Water Act (SDWA) on our drinking water. In this report, we provide the following details about our drinking water. Where it comes from, what it contains, what the Pueblo tests for and how it compares to standards set by regulatory agencies. This report is called the Consumer Confidence Report which is made available to our community by making hard copies available at many locations around the Pueblo which include the Governor's Office, the Health Center, the Tribal Services Complex and a few other locations. This report is also made available online as well.

We want to assure the community that the Pueblo's drinking water is safe to drink. The Pueblo is required to monitor for contaminants in the drinking water systems according to Federal environmental laws and regulations.

If you have any questions or concerns about the quality of our drinking water, please feel free to contact:

Ramona M. Montoya, Environment Division Manager at 869-7565 or Edwin Jaramillo, Utilities Division Manager at 869-9781.

Peacemakers

listening

COMMUNITY CONVERSATION WITH THE PEACEMAKERS

Learn more about the Peacemaking Process and how it may help you

Wednesday, February 28, 2018

Tribal Courtroom

5:30pm

Refreshments will be served



Isleta EMS

505-869-4486

Help EMS help you, by doing the following for your residence:

- Have easy to read numbers approximately 4 inches in height
- Numbers should be a contrasting color to the background
- Numbers should be illuminated or made of reflective material
- If the residence has a porch, numbers should be displayed on the outer wall or a post closest to the street
- Display numbers on both sides of the mailbox, as well as the front
- Numbers should be visible within a 3 foot circumference of the front entrance



****PLEASE NOTE: POSITIONS ARE OPENED UNTIL FILLED****
Vickie Carrion 244-8206 or Andrea Fuentes 724-3920
www.isleta.com
Updated: January 18, 2018 (Internal Postings in BOLD)

<u>REQ</u>	<u>TITLE</u>	<u>DEPARTMENT</u>	<u>REMOVAL DATE</u>
1476BR	AGENT-SURVEILLANCE	SURVEILLANCE	Internal-01/23/2018 External-1/30/2018
1481BR	ATTENDANT CONCESSIONS - CHILI RISTA	F&B DELI	Internal 01/26/2018 External-1/31/2018
1482BR	ATTENDANT CONCESSIONS - CHILI RISTA	F&B DELI	Internal 01/26/2018 External-1/31/2018
1483BR	ATTENDANT CONCESSIONS - CHILI RISTA	F&B DELI	Internal 01/26/2018 External-1/31/2018
1484BR	ATTENDANT CONCESSIONS - CHILI RISTA	F&B DELI	Internal 01/26/2018 External-1/31/2018
1503BR	ATTENDANT CONCESSIONS - CHILI RISTA	F&B DELI	Internal 01/25/2018 External- 02/01/2018
1463BR	ATTENDANT CONCESSIONS - CHILI RISTA	F&B DELI	Internal 01/26/2018 External-1/31/2018
1494BR	ATTENDANT CONCESSIONS - FUN CONNECTION	F&B FUN CONNECTION	Internal 01/26/2018 External-1/31/2018
1485BR	Benefits Manager	HUMAN RESOURCE	Internal- 01/19/2018- External-1/26/2018
1495BR	CASHIER - F&B TIWA	F&B TIWA	Internal 01/26/2018 External-1/31/2018
1489BR	CASHIER -F&B STEAKHOUSE	F&B STEAKHOUSE	Internal 01/26/2018 External-1/31/2018
1502BR	CASHIER- LAKES	LAKES	Internal 01/25/2018 External- 02/01/2018
1492BR	CLERK GOLF SHOP	GOLF COURSE OPERATIONS	Internal 01/26/2018 External-1/31/2018
1490BR	COOK/SERVER	F&B GOLF COURSE	Internal 01/26/2018 External-1/31/2018
1487BR	HEAVY DUTY TECHNICIAN-CUSTODIAL	CUSTODIAL	Internal-01/23/2018 External-1/30/2018
1488BR	HEAVY DUTY TECHNICIAN-CUSTODIAL	CUSTODIAL	Internal-01/23/2018 External-1/30/2018
1491BR	Hotel Preventative Maintenance Technician	HOTEL HOUSEKEEPING	Internal-01/23/2018 External-1/30/2018
1493BR	LABORER-GOLF COURSE	FACILITIES MAINTENANCE	Internal 01/26/2018 External-1/31/2018
1500BR	SECURITY OFFICER II	SECURITY	Internal 01/25/2018 External- 02/01/2018
1501BR	SECURITY OFFICER II	SECURITY	Internal 01/25/2018 External- 02/01/2018
1468BR	SERVER - TIWA	F&B TIWA	Internal 01/26/2018 External-1/31/2018
1480BR	SPA REPRESENTATIVE	POOL MAINTENANCE	Internal-01/23/2018 External-1/30/2018
1479BR	SUPERVISOR SHIFT SLOTS	SLOTS	Internal Only-1/24/2018
1496BR	UTILITY-F&B	F&B UTILITY	Internal 01/26/2018 External-1/31/2018
1497BR	UTILITY-F&B	F&B UTILITY	Internal 01/26/2018 External-1/31/2018
1498BR	UTILITY-F&B	F&B UTILITY	Internal 01/26/2018 External-1/31/2018
1499BR	UTILITY-F&B	F&B UTILITY	Internal 01/26/2018 External-1/31/2018
759BR	2ND MECHANIC	FUN CONNECTION	10/20/2018 or until filled
1461BR	AGENT-CALL CENTER	HOTEL CALL CENTER	1/31/2018
1416BR	ATTENDANT CONCESSIONS - DAUBERS	F&B BINGO SNACK BAR	1/12/2019
1438BR	ATTENDANT FLOOR - PALACE WEST	PALACE WEST	1/31/2018
1340BR	ATTENDANT LAUNDRY	HOTEL HOUSEKEEPING	1/29/2018
1388BR	ATTENDANT ROOM	HOTEL HOUSEKEEPING	1/29/2018
1395BR	ATTENDANT ROOM	HOTEL HOUSEKEEPING	1/31/2018
1311BR	ATTENDANT VALET	VALET	1/19/2018
1312BR	ATTENDANT VALET	VALET	1/19/2018
1328BR	ATTENDANT VALET	VALET	1/19/2018
1333BR	ATTENDANT VALET	VALET	1/19/2018
1452BR	ATTENDANT VALET (GRAVEYARD)	VALET	12/29/2018 or until filled
1310BR	ATTENDANT VALET (Part time)	VALET	1/19/2018
1331BR	ATTENDANT VALET (Part time)	VALET	12/20/2018 or until filled
1434BR	AV TECHNICIAN I (Part Time)	IT	12/15/2018 or until filled
1433BR	AV TECHNICIAN I (Part- Time)	IT	12/15/2018 or until filled
1435BR	AV TECHNICIAN II	IT	12/15/2018 or until filled
1429BR	BAKER-F&B MAIN	F&B BAKERY	1/31/2018
1408BR	BARBACK-CENTER BAR	F&B CENTER BAR	1/31/2018
1478BR	CASHIER - CAGE	CAGE	1/25/2018
1325BR	CASHIER -F&B STEAKHOUSE	F&B STEAKHOUSE	8/3/2018 or until filled
1442BR	CASINO HOST - PLAYERS CLUB	MARKETING PLAYERS CLUB	1/19/2018
1381BR	CONSTRUCTION ADMINISTRATIVE ASSISTANT	FACILITIES MAINTENANCE	1/30/2018
1212BR	COOK LINE-PALACE WEST	PALACE WEST	1/31/2018
1449BR	COOK-DELI	F&B DELI	1/31/2018
1189BR	DEALER TABLE GAMES (Part Time)	TABLE GAMES	1/31/2018
1423BR	DEALER TABLE GAMES--Part Time	TABLE GAMES	1/31/2018
1184BR	DIRECTOR OF GOLF	GOLF COURSE OPERATIONS	1/19/2018
1473BR	FILE CLERK	HUMAN RESOURCE	1/18/2018
1453BR	FLOOR TECHNICIAN-SLOTS	SLOTS	1/29/2018
1377BR	HEAVY DUTY TECHNICIAN-HOUSEKEEPING	HOTEL HOUSEKEEPING	1/29/2018
1425BR	HOUSEMAN-HOUSEKEEPING	HOTEL HOUSEKEEPING	1/31/2018
1380BR	PORTER-CUSTODIAL (Graveyard)	CUSTODIAL	12/20/2018 or until filled
1386BR	PORTER-CUSTODIAL (Graveyard)	CUSTODIAL	12/20/2018 or until filled
1387BR	PORTER-CUSTODIAL (Graveyard)	CUSTODIAL	12/20/2018 or until filled
1460BR	REPRESENTATIVE GUEST SERVICE	MARKETING PLAYERS CLUB	1/31/2018
1087BR	SECURITY DIRECTOR	SECURITY	1/19/2018
1404BR	SECURITY OFFICER I	SECURITY	1/31/2018
1405BR	SECURITY OFFICER I	SECURITY	1/31/2018
1406BR	SECURITY OFFICER I	SECURITY	1/31/2018
1407BR	SECURITY OFFICER I	SECURITY	1/31/2018

ISLETA CAREER OPPORTUNITIES (continued)

REQ	TITLE	DEPARTMENT	REMOVAL DATE
1418BR	SECURITY OFFICER II	SECURITY	1/31/2018
1419BR	SECURITY OFFICER II	SECURITY	1/31/2018
1420BR	SECURITY OFFICER II	SECURITY	1/31/2018
1324BR	SERVER - STEAKHOUSE	F&B STEAKHOUSE	8/3/2018 or until filled
1474BR	STAFFING SPECIALIST	HUMAN RESOURCE	1/18/2018
1472BR	SUPERVISOR BINGO	BINGO	1/31/2018
1443BR	SUPERVISOR PW F&B	F&B PALACE WEST	1/31/2018
1298BR	SUPERVISOR SHIFT - PALACE WEST SLOTS	PALACE WEST	11/10/2018 or until filled
1454BR	TECHNICIAN LAB - SLOTS	SLOTS	1/29/2018
1417BR	TECHNICIAN NAIL - SPA(Part time)	SPA SALON	1/31/2018
1393BR	TIWA LINE COOK	F&B TIWA	10/26/2018 or until filled

Pueblo of Isleta Career Opportunities

Position Posting	Location	Closing Date
ACADEMIC COACH,	Department of Education,	Open Until Filled
ARCHITECTURAL TECHNICIAN,	Housing Authority	Open Until Filled
ASSOCIATE JUDGE,	Tribal Courts,	Open Until Filled
CLINICAL THERAPIST,	Health Center,	Open Until Filled
CHILD CARE PROVIDER,	Head Start & Child Care,	Open Until Filled
RE-ADVERTISED - COURT CLERK	Tribal Court,	Open Until Filled
CUSTODIAN (2-Positions)	Facilities Maintenance. WITHIN ONLY-	Open Until Filled
DISABILITIES COORDINATOR,	Head Start & Child Care,	Open Until Filled
DIRECTOR, PARKS & RECREATION,	Recreation Center,	Open Until Filled
EDUCATION ASSISTANT,	Elementary School,	Continuously Accepting Applications
EXPERIENTIAL EDUCATOR,	Health Center-Behavioral Health,	Open Until Filled
FENCE CREW FOREMAN,	Natural Resources, WITHIN ONLY-	Open Until Filled
FENCE CREW LABORER,	Natural Resources, WITHIN ONLY-	Open Until Filled
FITNESS INSTRUCTOR,	Health Center-Diabetes Program,	Open Until Filled
GIS ADMINISTRATOR,	Survey & Mapping,	Open Until Filled
HOME SERVICES MANAGER,	Elder Center, WITHIN ONLY-	Open Until Filled
IN-HOME CARE ATTENDANT,	Elder Center, WITHIN ONLY-	Open Until Filled
MAINTENANCE TECH.,	Facilities Management. WITHIN ONLY-	Open Until Filled
NUTRITIONIST,	Health Center,	Open Until Filled
NURSE MANAGER,	Health Center,	Open Until Filled
PAINTER,	Housing Authority,	Open Until Filled
PERSONAL CARE SERVICE AIDE (Occasional)	Elder Center,	Continuously Accepting Applications
PHYSICAL THERAPIST,	Health Center,	Open Until Filled
PHYSICIAN,	Health Center,	Open Until Filled
PLUMBER,	Housing Authority,	Open Until Filled
POLICE CADET,	Police Department, WITHIN ONLY-	Open Until Filled
POLICE SERGEANT,	Police Department,	01/23/2018
PUBLIC DEFENDER,	Tribal Administration.	Open Until Filled
REGISTERED NURSE,	Health Center,	Open Until Filled
REGISTERED NURSE (PT-20hpw),	Health Center,	Open Until Filled
SENIOR MAINTENANCE TECHNICIAN,	Health Center,	Open Until Filled
SOLID WASTE FOREMAN,	Public Services Department. WITHIN ONLY-	Open Until Filled
SPECIAL EDUCATION TEACHER,	POI Elementary School,	Continuously Accepting Applications
TEACHER-ELEMENTARY SCHOOL,	POI Elementary School,	Continuously Accepting Applications
TEACHER-HEAD START,	Head Start & Child Care,	Open Until Filled
TIWA LANGUAGE TEACHER (2 positions),	Department of Education, WITHIN ONLY-	Open Until Filled
TIWA LANGUAGE TEACHER,	Elementary School,	Open Until Filled
TRUANCY COORDINATOR,	Truancy,	Open Until Filled
VETERAN SUPPORT SERVICE PROGRAM MEMBER,	Elder Center,	Open Until Filled
WILDLAND FIRE CREW (4-Positions),	Natural Resources. WITHIN ONLY-	Open Until Filled

CAREER OPPORTUNITY

GREAT PLAINS AMUZEMENT CARNIVAL seeking help with traveling carnival. Summer jobs, start on March 1 through mid-October. No experience needed. Living quarters will be provided. Great Plains Amusement Indian owned and operated Carnival that is based in Oklahoma and travels within Oklahoma, Texas, and Kansas.

Joe Lujan (son of Bartello Lujan) will travel to the Pueblo from Oklahoma and will have interviews at the Pueblo of Isleta Public Library on Tuesday, February 20, 2018 at 1 pm and 5 pm.

For more information call: (405) 229-4945 or (580) 476-2662 and ask for Joe.



Job Opportunities

ONLINE — MRGCD Employment Application
Printable MRGCD Employment Application

GENERAL OFFICE
Engineering Manager
Salary: DOE
Opens: 01/12/2018 Closes: Until filled

Engineer I
Salary: DOE
Open: 01/12/2018 Close: Until filled

BELEN DIVISION
Irrigation Systems Operator
Salary: \$15.25 minimum
Open: 01/19/2018 Close: 02/16/2018

Middle Rio Grande Conservancy District Job Descriptions and both Online & Printable Job Applications may be obtained from their Job Opportunities Page at http://www.mrgcd.com/Job_Opportunities.aspx



To apply for IBC positions click on application link at <http://www.isletapueblo.com/careers.html> , complete application, and submit to IBC. Or call Isleta Business Corporation at 505-869-7568.

Current Open IBC Positions:

Chief Executive Officer,	Open Until Filled
Chief Operations Officer,	Open Until Filled
C-Store Assistant Manager,	Open Until Filled
Sales Associate,	Open Until Filled

Seeking Applicants for Adult WIOA Program

The Workforce Innovation and Opportunity Act Program, located in the POI Human Resources Office is looking for applicants. Services under WIOA include providing employment, training and support services to eligible adult population such as: Adult Basic Education/GED, training, and temporary employment. The requirements for eligibility are listed below.

Adult Program:

1. Must be a Native American, Alaskan or Hawaiian Indian.
2. Must be 18 years or older.
3. If applicable, all male applicants 18 or older (born after 1960) must also register or be registered for Selective Services.
4. Must be unemployed, underemployed, low income, a recipient of a bona fide layoff notice which has taken effect in the last six months or will take effect in the following six month period, who is unlikely to return to a previous industry or occupation, and who is in need of retraining for either employment with another employer or for job retention with the current employer, or an individual who is employed but is determined by the grantee to be in need of employment and training services to obtain or retain employment that allows for self-sufficiency.

*Priority is given to those who reside on the Isleta reservation.

*Note: If the applicant is male and 26 years or older and has failed to register with the Selective Service and is no longer eligible to register and is not exempt, then the applicant must obtain a "Status Information" letter from Selective Service indicating the applicant's Selective Service status and the applicant must document that he did not willfully and intentionally fail to register. Once the applicant obtains the Status Information letter, the grantee may determine whether or not to provide services to the applicant.

If you are interested in applying for the Adult WIOA Program, please call Natasha Jiron at (505) 869-9792.

Isleta Pueblo News



Editor: Nathaniel Lujan
Asst. Editor: Tara Abeita
Published By: Valencia Express

Construction Labor Needed
Isleta Casino & Resort Remodel



Must Apply at :



DESCRIPTION

Construction Laborers clean and/or prepare construction sites to keep the job moving and eliminate possible hazards. Work closely with the site supervisor.

RESPONSIBILTIES

Responsibilities may include but are not limited to: Move, secure, install, build, load, or unload materials as directed by the site supervisor. Move items from place to place, according to project plans or direction from the site supervisor. Move dirt or other material as directed in plans or by supervisor.

QUALIFICATIONS

- Experience on commercial construction sites
- Tools of your trade
- Documentation to show you are legally eligible to work in the US
- Experience on commercial construction sites
- Verifiable work history
- Able to pass a drug test

WEBSITE LINK

<http://www.peopleready.com/job-description/Construction-Laborer-Albuquerque-NM-351>

ADDRESS

8900 San Mateo Blvd NE
Albuquerque, New Mexico

PHONE

505.348.3082

EMAIL ADDRESS

351-br@peopleready.com

BRANCH # 351

BRANCH HOURS

Monday-Friday; 6:30 a.m. - 5:00 p.m.

ADDITIONAL INFO

We are an equal opportunity employer.

One of the nation's fastest-growing cities, Albuquerque was named after the viceroy of New Spain, the Duke of Albuquerque. Livestock, farming, high-tech and even manufacturing industries thrive there.

Job Opening: Rio Metro Operator/Bus Driver



The Mid-Region Council of Governments/Rio Metro Regional Transit District (MRCOG/RMRTD) seeks professionals to transport passengers for curb to curb and fixed route bus service in the Valencia County offices.

Under direct supervision of the Transit Manager, operates public transit buses, collects fares, transports passengers, secures wheelchairs of passengers with disabilities and performs safety inspection of bus equipment. Successful candidates will provide service in a courteous, safe and timely manner, while conforming to all applicable state and federal laws as they relate to passenger bus transportation. Candidates must be able to exercise sound judgment in stressful situations.

Qualifications include: High School Diploma or GED and six months public contact or customer relations experience; Valid NM CDL-A or Class B driver's license with passenger endorsement (desired); no DUI or DWI convictions, and no moving violations within last 24-months. Certifications in Defensive Driving, CPR, First Aid, and use of defibrillators highly desirable. Operator positions are considered safety sensitive under Federal Transit Administration and are subject to drug and alcohol regulations including random drug and alcohol testing. Employment pending a successful background check, pre-employment physical and drug and alcohol screen.

The MRCOG is an Equal Opportunity Employer. Please complete job application and mail or hand-deliver to: MRCOG
Attn: Personnel, 809 Copper Avenue NW,
Albuquerque, NM 87102.



This advertisement is continuously open and has no closing date. The starting pay scale is as follows:

- \$11.69 per hour – If applicant has no Commercial Driver's License (CDL) -successful applicant will be trained in-house to obtain a CDL
- \$13.50 per hour – Applicant has current CDL and 1 year of experience
- \$14.50 per hour – Current CDL and 2 or more years of experience
- \$15.50 per hour – Current CDL and 5 or more years of experience

Experience must consist of transit or over the coach driving. All CDL must have passenger endorsement

In addition, RMRTD offers multiple employee benefits, including medical, dental, vision, etc. and employees are PERA eligible. For additional information call (505) 724-3607. Applications can be accessed at the following web site: www.mrcog-nm.gov



CHANGE YOUR FUTURE

EARN YOUR GED

The Isleta Department of Education Adult Education Program can help!

The program can assist with the following services:

- Placement in GED classes
- Basic school supplies
- Resources for adult learners
- One-on-one tutoring
- Pretesting and testing services
- Transport service to classes and exams (limited services)

Upon completion of the GED program, these services are available:

- Employability skills
- Transition into the workforce
- Higher education

For more information contact:
Lisa Smith, Adult Education Coordinator
Phone: (505)869-9790, Email: poi02001@isletapueblo.com




FAFSA/ COLLEGE ADMISSIONS COMPLETION WORKSHOP


PROVIDED BY ISLETA PUEBLO HIGHER EDUCATION PROGRAM & EDUCATIONAL OPPORTUNITY CENTER (EOC)

WHEN: February 8, 2018

TIME: 3 pm – 7 pm

PLACE: Isleta Pueblo Higher Education

 Pueblo of Isleta

 **TRIO**
EDUCATIONAL OPPORTUNITY CENTERS

BRING YOUR 2016 TAXES FOR FALL 2018

FOR SUMMER 2018 COLLEGE ENROLLMENT, BRING YOUR 2015 TAXES

IF 24-YEARS-OLD OR YOUNGER, BRING YOUR PARENT'S 2015/2016 TAXES & W2s

LOCATION: Education Department 950 Moon Light Dr. S.W. Albuquerque, NM 87022 (505) 869-9790

1-22-18 approved

PUEBLO OF ISLETA
HIGHER EDUCATION PROGRAM

Attention Students

Higher Education Program is hosting “Mandatory Orientation”, there are many of you who have not yet attended. This orientation is to advise you of expectations from the Higher Education program and also assist us in understanding what your expectation is of this program. Please call 505-869-9790 to inquire about Orientation dates.

FAFSA Night

- WHEN: February 8, 2018
- TIME: 3pm – 7pm
- WHERE: Education Department

Bring your 2015 taxes for enrollment of the SUMMER 2018.

Bring your 2016 taxes for enrollment of the FALL 2018

(Please see attached flyer)

Scholarship Information

Next Available Funding: Summer 2018 Term
You must submit all required documents on the dates listed below. Funding *will not* be provided if documents are received after these deadline dates.

Summer Application Deadline April 1, 2018
Summer Supporting Documents
Deadline May 31, 2018

It is the responsibility of the student to submit their required documents by deadline dates.

Isleta Higher Education Program Application and checklist for the 2018/2019 Academic year are currently available.

Upcoming Events

College Career Fair: Saturday, March 10, 2018
Isleta Eagle Golf Course

Reminders:

✓ Please understand that once your file is complete with the Isleta Higher Education Program, your file will be reviewed to determine eligibility of funding. Your financial aid does takes time to process and may require you to establish a payment plan with your institution to avoid being dropped from your courses.

✓ Students it is extremely important you communicate with our office regarding any changes to your education.

✓ All students are required to submit **Official Transcripts** at the end of each and every term. You may order your official transcripts through your institution ahead of time and request the school process your request when final grades post.

****Failure to provide Official Transcripts may suspend your scholarship award****

If you have any questions or need further assistance, please do not hesitate to contact the Scholarship Program:

Cecelia Jaramillo,
Scholarship Coordinator poi08001@isletapueblo.com

Kathleen Jojola,
Scholarship Assistant poi08004@isletapueblo.com

Phone: (505) 869-9790

Pueblo of Isleta Elementary School

January seems to have flown by, and students continue to be busy at the Pueblo of Isleta Elementary School. Students have been completing their mid-year NWEA Testing and have now passed the mid-point of SY-2017/2018.

Forty-three students were treated to ice cream on January 12th for earning Perfect Attendance during the month of December. Students are able to earn Perfect Attendance monthly with no tardies, no early check-outs and no absences. The Truancy Department also provides awards and incentives to the Isleta Elementary Students for Perfect Quarterly Attendance. Thanks to all of the parents that attended the Second Quarter Parent/Teacher Conferences on Thursday, January 18th. We had a very good turnout and appreciate your participation.

Students will be participating in several local competitions over the next few months, Science Fair, Battle of the Books, and Spelling Bee. The Pueblo of Isleta Elementary School Science Fair is first on our calendar. On February 21st all student science projects will be due. During the morning of February 22nd, all projects will be judged. Third through Sixth Grade First, Second and Third Place Winners will travel to Tesuque on March 1st to compete in the Regional CENAC Science Fair.

Later that evening on the 22nd, we will host our Family Literacy Night at the school. There will be a rotation of Literacy Activities in the classrooms and all of the Science Fair projects will be available for parent viewing in the gym. During this time, there will be special sessions offered by our Tiwa Language Teachers.


The Student of the Month Dinner will be held on March 7th to honor Students of the Month for November, January and February. Notification of honorees will be sent to parents at a later date.



The POIES Fourth and Fifth Grade Classrooms are working on a special project with the U.S. Fish and Wildlife Department. We have set up a tank in each classroom where we plan to raise several native (Rio Grande) fish species. Students are learning all about Water PH Levels, good bacteria and what is required to support life for our native fish populations. They are keeping graphs of their progress and learning many new science and math concepts. Way to go! The 21st Century After School Program is continuing through June 2018. Classes are held after school on Tuesdays, alternate Wednesdays and Thursdays. The new session will begin in early February.

All Pueblo of Isleta Elementary School Students will have an extended break over the President's Day Holiday. On February 20th, all POIES Staff will travel to Santa Fe Indian School for the CENAC Rally and a day of Professional Development. This is a change to the school calendar. There will be No School for students on February 20th.

Just a reminder, with flu season in full swing, please send your children to school with winter wear. Mornings have been very cold, and many students have been arriving without jackets. Layering allows them to be more comfortable as it warms up during the day.




Do you have an interest in robotics?


The Pueblo of Isleta Public Library is looking for Tribal members and American Indian Students 6th grade and up to join our Botball team to help build and program our own robot.

There will be a Q & A session about the Botball Program held at the Pueblo of Isleta Public Library **Thursday, February 1st** beginning at **5PM** for any interested students.

Interested students **MUST** also attend the New Mexico Regional Workshop on February 3rd and 4th from 9AM to 4PM at the UNM Valencia Campus. Transportation can be provided by the Library if needed.

If you have any additional questions feel free to contact Nate Lujan at (505) 869-9808.





TIWA
LENDING SERVICES

Upcoming Events

EDUCATING THE COMMUNITY TOGETHER


APRIL 10, 2018 - 3rd Annual Native Youth Empowerment Symposium

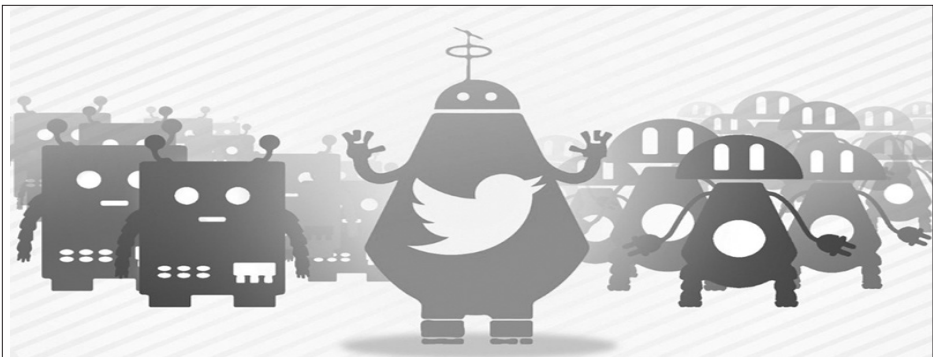
Inspired by Generation Indigenous (GEN-I), the Native Youth Empowerment Symposium is an opportunity to interact with Native youth, Tribal leaders, and industry experts representing non-profits, government agencies, tribal services and education.

Hosted by the Pueblo of Isleta in collaboration with Tiwa Lending Services .

JUNE 20, 2018 - Free Financial Education Classes

Tiwa Lending Services will be offering free financial education classes to the community. These classes will help to educate and promote financial stability and independence through group learning and outreach. The classes will consist of a variety of topics geared toward building your wealth and creating financial







Pueblo of Isleta Public Library

February is upon us hopefully bringing some much needed moisture. There is only one more month of winter then it's allergy season. We hope the year is treating you right so far. Library staff has been busy planning our 2018 Summer Reading Program and finalizing calendars for both the Youth and Junior Programs. The flyer and calendars will be released shortly so please keep a look out on our Library Facebook page, library website and flyers posted throughout the community.

News

The POI Public Library has been awarded a Botball Scholarship in the amount of \$1,500 which will cover a portion of our 2018 registration fee. Therefore, we are looking for additional Tribal members and American Indian students 6 grade on up to join our team. Botball is Robotics program where a team will meet at the Library throughout the week to build and program their team robot to accomplish certain task. Interested students must attend the New Mexico Regional Workshop on February 3 and 4 from 9 am to 4 pm at UNM Valencia Campus. Transportation can be provided by the Library if needed. At this workshop they are given the skills and task required in the New Mexico Regional Tournament held at UNM Valencia Campus on April 21, 2018. The Library team must participate in the N.M. Regional Tournament as obligated for being awarded the Botball Scholarship. The Library will host a Q & A session about the Botball Program at 5 pm on Thursday, February 1 at the Pueblo of Isleta Public Library. Should you have additional questions, you may call the Library at (505) 869-9808 and speak with Nate Lujan.

The library will be closed on February 7th from 8:00am-12:00pm for our monthly staff meeting. Just a friendly reminder that we plan our monthly staff meetings on the 1st Wednesdays each month. We take this time to plan upcoming programs for children, teens, adults and families for the upcoming months.

In observance of Presidents Day the library will be closed on Saturday February 17th and Monday, February 19th. All library media checked out on Thursday, February 15th will be due on Tuesday, February 20th.

Upcoming

Do you have a library fine? Here is your chance to lower your fine. We are currently taking donations of 12pk rectangle soda boxes and empty paper towel rolls. These will be used for our Summer Reading Program for crafts and life sized Jenga. For every soda box and paper towel roll you donate you will receive \$1 OFF your library fine. You can donate up to \$5.00 worth per library account. Please keep in mind that we will NOT accept donations of toilet paper rolls due to sanitary issues and any other sized boxed other than a 12pk rectangle box. If you have any questions please give the library a call at 505.869.9808.

Come join us on Mondays at 10:30am for Story Time with Diane! This is open to children who have not started a Head Start Program. She will read a different story every Monday along with a small activity, song or craft. No need to sign up. If you have any questions or would like more information on the book or activity of the day please call the Library and speak with Diane at 505.869.9808.

Attention Book Lovers! We will be having a teen book club featuring the book "City

of Bones" by Cassandra Clare. Library staff member Kyle will be leading a book club for ages 11-17 every Monday and Thursday starting February 5th and ending March 5th. Book club discussions will begin at 5:15pm-6:15pm. There will also be one meeting on Saturday February 24 from 10:00am-11:00am. This book club will be open to the first 8 patrons to sign up. For more information or to sign up please give the library a call at 505.869.9808 and speak with Kyle or by email poi02007@isletapueblo.com.

Join us on Thursday, February 15th from 4:30pm-5:30pm as we celebrate Chinese New Year, Year of the Dog! Library staff member Cheyenne will be showing you how to make a good luck ornament. This will be open to ages 8 and up. Yes, adults you are more than welcome to join in on making this ornament. No need to sign up however supplies are limited. For more information please call the library and speak with Cheyenne 505.869.9808 or by email at poi02008@isletapueblo.com.

Recap

Our Summer Reading Program planning meetings took place on January 9th and 10th. We discussed different themes and planned out Youth and Junior Calendars. This year our Youth SRP theme will be focusing on different Era's. We will start out with the 60's and make our way to the 2010's. Each week we will incorporate technology, games, cartoons, music, crafts, and theme days celebrating that Era. This year our youth program will be open to 25 student's ages 7-17 years old. Our Junior SRP theme will be Paws, Claws, Scales, and Dinosaur Tales. Each week we will incorporate daily story times, games and a craft. This will be open to 20 students, ages 3-6 years old. 3 year olds must be potty trained. This is a good introduction to a school setting for children who have

not yet entered a head start program. **Registration is set for Friday, May 11th starting at 7:00am until all spaces are filled.** If you have never signed your child up for our program, please keep in mind that the line for registration begins to get long around 6:15am. *Space is limited and will be on the first come first serve basis.* If you have any questions regarding the upcoming Summer Reading Program please give us a call and speak with a library staff member 505.869.9808.

The library will once again be a site for summer breakfast and lunch, which provides FREE meals for ages 1-18. Breakfast will be served from 8:00am-9:00am and lunch will begin at 11:30am-1:00pm. If you have any questions regarding the program please give us a call at the library 505.869.9808. The Library staff visited the state capital on January 26th for Library Legislation day. We met with our Bernalillo, Valencia, Torrance as well as Socorro county legislators and members of both House and Senate on the Indian Affairs Committees. We lobbied for these three items:

- 2018 Go Bond (9.5 million) for Public Libraries, Academic Libraries, Public School Libraries and Tribal Libraries. Each branch gets 3 million, however, Tribal Libraries get 0.5 million which is 0.5 less than the 2016 Go Bond. We asked the House and Senate to return that missing 0.5 million to Tribal Libraries.
- 75,000 E-Rate Consultant for Public Libraries state wide via New Mexico State Library. E-Rate is Internet connection for Public Libraries, hardware, service, and maintenance.
- 2.1 Million budget increase for department of cultural affairs, which consists of New Mexico State Library (Tribal Librarian), Museum and History sites and Archeology.

Chinese New Year Craft

新年快樂

Happy Chinese New Year

This year Chinese New Year is celebrated on February 16th and it is the Year of the Dog! Come into the Library this New Year and make a good luck ornament for you or to give someone as a gift.

Craft will take place on Thursday, February 15 from 4:30pm-5:30pm
For ages 8 & up
No sign up required. Supplies are limited

Found out what year you were born in!

For more information please contact Cheyenne at 869-9808 or by email at poi02008@isletapueblo.com



Come to the library and sign up for our book club called City of Bones.

Sign ups start on January 1st

It will start on Monday February 5th and end on March 5th.

Open to the first 8 patrons. For ages 11 - 17

The Book Club meetings will be on Mondays and Thursdays from 5:15 - 6:15 P.M. There will be one meeting on Saturday February 24 at 10:00-11:00 A.M.

For more information contact Kyle at the library at 869-9808 or at poi02007@isletapueblo.com





Do you have a Library fine??
Donate an empty 12pk soda box or an empty paper towel roll and receive \$1 OFF your library fine.
**Donate up to \$5.00 worth per library account.*



Empty Paper Towel Roll



Toilet Paper Roll



Empty 12pk rectangle box



24pk box



12pk square box

Thank you in advance for your donations!





Football Special

Subway Platter “feeds 5 to 10 people”

\$39.99

And includes a dozen cookies

FOR FREE!!!!

Please call 24 hours

In advance

RECREATION

SWIMMING POOL NEWS

Here at the Isleta Aquatics Center we hope that everyone’s New Year is off to a great start! We know that New Year resolutions can be hard to keep but we are dedicated to helping you accomplish those fitness goals. Water aerobics is still on Tuesday and Thursdays from 5:00pm-6:00pm with our regular instructor Cayden Sharp. Adult lap swim continues Monday thru Friday at 6:30am. Swim lessons also continue through the winter season, whether you want to learn how to swim, perfect your stroke or want your child to do either. This is the opportunity, so make sure to sign up online. As mentioned in last month’s issue, the Aquatics Center is being renovated. Included in these renovations is a new paint job which is off to a terrific start by the Parks crew. These men have put a lot of hard work into the painting and continue to do a great job. In other news, an evaluation on the building has showed that one of our structures needs immediate attention. This structure is our wet sauna (steam room). For safety reasons the wet sauna will remain closed until a renovation has been completed. We thank everyone for their continued support and look forward to seeing everyone in the Aquatics Center very soon!

KARATE PROGRAM

This last month three of the Karate Students under the training of Mr. Chavez have tested for rank belt promotions. The group completed the three hour physical



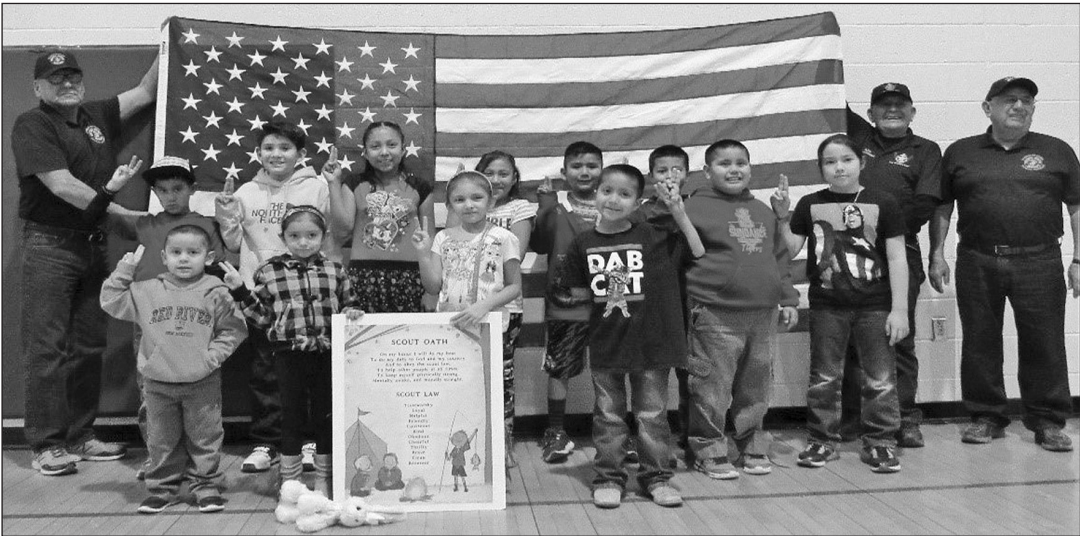
Photographed from Left to Right: G. Jaramillo, A. Jojola, S. Jaramillo with Mr. Chavez in the background center.

test in flying colors and the written test in about an hour. The written test includes all Japanese, Korean words, history and definitions related to the Karate program. The physical test included all of the Katas, self-defense, combinations and Judo that they have to know for their rank/belt color.

Mr. Chavez has been the Karate Instructor at the Pueblo of Isleta for over 21 years and is continuously looking for new students. If you are interested in joining the Karate program. You can contact Mr. Chavez at the Recreation Center every Tuesday, Thursday and Friday at 5:30 pm. Or call him at 505-866-4360 or 505-869-9777 IRC please leave a message.

Greetings from Scout Pack #1572!

For the month of December, the Isleta Veterans Association was kind enough to join our meeting and show the Scouts proper flag etiquette. They also explained to the Scout group the different types of flags and the meaning for each flag. We would like to say thank you to Mr. Fred Lujan, Mr. Michael Lucero, Mr. Ulysses Abeita and Mr. James Keryte. In addition, we are so grateful for the donation that the Scout group received from the Veterans Association!



We started 2018 off with a s’mores making activity! We practiced fire safety and ate the delicious s’mores that the Scouts made. It was truly awesome & tons of fun! The scouts had a blast!



Some of the upcoming events will include the Bobcat Ceremony. We’ll have a meal together with our Pack #1572 family and celebrate the Scouts’ achievement. The Scouts have earned the honor of receiving the Bobcat badge for their first accomplishment. We are so proud of you! We are also planning outdoor events as soon as the weather warms up a bit. Don’t miss out on the awesome opportunity to have fun and make new friends. We meet each Monday at the Recreation Center from 5:30-6:30 each week, with the exception of observed holidays when the Recreation Center is closed.



2018 ISLETA LITTLE LEAGUE REGISTRATION

Location: Isleta Little League Club House

Saturday February 3, 2018

12:00pm-5:00pm

Fee: \$40.00

Saturday February 10, 2018

12:00pm-5:00pm

Fee: \$40.00

You can also register online at <http://tshq.bluesombrero.com/isletalittleleague>

CASH or CARD ONLY- NO CHECKS

NO REFUNDS

4-16 years of age

What to Bring: Parents/Guardians must bring 3 Proofs of Residency and Birth Certificate. Please bring your Child/Children the day of registration to fit uniform. If you register online you can bring 3 Proofs of Residency and Birth Certificate and your child/children in on any day of registration.

With age comes wisdom, specifically wisdom teeth.

Your mouth goes through many changes in your lifetime. One major dental milestone that usually takes place between the ages of 17 and 21 is the appearance of your third molars, historically these teeth have been called wisdom teeth because they come through at a more mature age.

When they come through correctly, healthy wisdom teeth can help you chew. It's normal to feel a little discomfort when your wisdom teeth appear, but if you have pain, see your dentist immediately.

Room to Grow?

Wisdom teeth can lead to problems if there isn't enough space for them to surface or they come through in the wrong position. If your dentist says your wisdom teeth are impacted, he or she means they are trapped in your jaw or under your gums.

As your wisdom teeth make their way through your gums, your dentist will be monitoring your mouth for signs of the following:

- Wisdom teeth that aren't in the right position can allow food to become trapped. That gives cavity-causing bacteria a place to grow.
- Wisdom teeth that haven't come in properly, which can make it difficult to floss between the wisdom teeth and the molars next to them.
- Wisdom teeth that have partially come through can give bacteria a place to enter the gums and create a place for infection to occur. This may also lead to pain, swelling and stiffness in your jaw.
- Wisdom teeth that don't have room to come through are thought by some to crowd or damage neighboring teeth.
- A wisdom tooth that is impacted can form a cyst on or near the impacted tooth. This could damage the roots of nearby teeth or destroy the bone that supports your teeth.

Why You Might Need to Have Your Wisdom Teeth Removed.

Every patient is unique, but in general, wisdom teeth may need to be removed when there is evidence of changes in the mouth such as:

- Pain
- Infection
- Cysts
- Tumors
- Damage to neighboring teeth
- Gum disease
- Tooth decay (if it is not possible or desirable to restore the tooth)

Your dentist may also recommend removal of wisdom teeth as part of treatment for braces or other dental care.

Before making any decisions, your dentist will examine your mouth and take an x-ray. Together, you and your dentist can discuss the best course of treatment.

Keeping Your Wisdom Teeth?

Wisdom teeth that are not removed should continue to be monitored because the potential for developing problems later on still exists. As people age, they are at greater risk for health problems—and that includes potential problems with their wisdom teeth. Be sure to floss around your wisdom teeth and visit your dentist regularly. Regular dental visits allow your dentist to evaluate your wisdom teeth and your overall dental health.



JOM News!

Greetings to all JOM families. I would like to start off by wishing you all a very Happy New Year. I hope that all is well with each and every one of you!

With great sadness I would like to inform you that Marsha Leno, the Supervisory Academic Counselor has resigned from our program. The Department of Education would like to wish her the best of luck as she moves on with her career.

As the second semester has started I would like to remind you that it is very important to stay informed about your student's education. Students struggle to maintain their motivation during the second semester as they are starting to get burnt out; they may lose focus on their education. Maintain communication with your student's teacher.

High school students that pay for a lab fee, ACT/SAT and Pre/AP reading material for the second semester may submit your receipt(s) for reimbursement. Also graduating seniors you are eligible for cap and gown reimbursement.

All reimbursements must have an original receipt, class schedule and a W-9 (as required to receive a reimbursement).

Tutoring is now available for the second semester. Call the JOM office to pick up a packet and to set up an assessment for your child. I would like to remind you that this is not homework help. Tutoring is two days a week on Monday-Thursday.

If you have any questions, please contact the JOM office at 869-9810 for more info.

There will be an **FAFSA Night** on Thursday February 8, 2018 from 3:00pm to 7:00pm for anyone who is interested in attending College in 2018! If you are under the age of 24, with no dependents and plan on attending this event, it is mandatory that your parent/guardian attend with you as well.

Save the date for the upcoming College & Career Fair to be held on March 10, 2018 @ the Isleta Eagle Golf Course. More information to be announced!!! Both events support the College & Career Readiness Initiative for students in grades 6th – 12th. Participate in a variety of events and earn your spot to attend the College Road Trip 2018!!!

For more info you may call the Department of Education at 505-869-9790.






Pueblo of Isleta Veterans Association

Activities for 2017

The POIVA Honor Guard, as a service to the community, provides the posting of the United States and NM State Flags at certain ceremonies, i.e. conferences, meetings, etc.; and also presents funeral flags to the designated member of the deceased (honorably discharged) veteran. During 2017, the POIVA Honor Guard, commanded by Vice - Commander Michael Lucero, participated in the below activities:

HONOR GUARD ACTIVITIES: 2017

DATE	LOCATION AND FUNCTION
March 27	Isleta Resort and Casino Post Colors: National Youth Empowerment
April 10	Paul Shattuck's Residence Honor Guard Funeral Detail
April 22	Isleta Cemetery Honor Guard Detail: Set Headstone Andres Chewiwi - US Navy
April 29	Drury Inn Albuquerque, New Mexico Post Colors: National Garden Club
May 23	Isleta Resort and Casino Post Colors: 6th Grade Rights of Passage
May 29	Isleta Cemetery Memorial Day: Honoring Military Veterans
July 31	Isleta Resort and Casino Post Colors: Women Empowering Women
August 15	Isleta Resort and Casino Post Colors: National Conference on Aging
October 11	Isleta Resort and Casino Post Colors: National Native Court Judges Association
October 14	Isleta Resort and Casino Post Colors: Isleta Community Meeting
October 19	New Education Building Post Colors: Indian Council on Elders Aging Conference
October 22	Isleta Cemetery Honor Guard Funeral Detail: Isadore Martin, US Army
October 23	Native American Cultural Center Post Colors: National Native Language Summit
November 9	Isleta Golf Course Post Colors: 1st Annual IRC Employee Veterans Luncheon
November 13	Isleta Cemetery Honor Guard Funeral Detail: Vince Abeita, US Air Force



The Pueblo of Isleta Veterans Association is pleased to announce a \$500.00 Scholarship

This \$500.00 scholarship is offered to encourage and support Native American students interested in attaining career skills in the area of Armed Forces (military), Medical field or Education through a post-secondary educational institution.

Eligibility Requirements:

- Class of 2018 High School Graduate
- Enrolled member of Native American community, priority is Isleta Tribal member
- Acceptance to an in-state accredited post-secondary institution
- Student interested in Education, Armed Forces or Medical Field
- Cumulative high school GPA of 3.0
- Demonstration of extra-curricular and/or community based projects
- Demonstration of financial need

Preference:

- Isleta Tribal Member
- In-state Public Institution

Application Requirements:

- Submit application by April 30
- Include acceptance letter to post-secondary institution
- Letter of Interest
- Submit official high school transcript
- Completion of FAFSA application
- 2-Letters of Recommendation (extra-curricular activity & community involvement)

Questions regarding scholarship, contact **Ulysses Abeita at 505-264-4110.**

Submit information to POI/Veterans Association:
Attn.
Scholarship Committee
PO Box 338
Isleta, NM 87022

Isleta Pueblo Veterans List

The below list is, “again”, an attempt by the Pueblo of Isleta Veterans Association to compile a complete, and as possibly accurate, list of POI veterans. There may be some names that have been left off the list; some names that are on the list that should not be there... and, therefore, if you know of any names that should be...or shouldn't be on the list...please call Fred Lujan at 573-3733, or Ulysses Abeita at 264-4110, or e-mail to uly2238mc@gmail.com, as we will continue to update the list at maybe every six months, or annually; that has not yet been decided by the POIVA.


If you know of any POI members on active duty, please send their names, and short bio. Also, if you know of any POI member who has been deployed, please send us their address. POIVA will forward the address to the Blue Star Mothers who will send “care” packages. For any questions concerning POIVA, please call one of the above phone numbers. Thank you to everyone who gave us names of our POI veterans.

1	ABEITA	Albert	ARMY	20	ABEITA	Geronimo	ARMY
2	ABEITA	Alfred	NAVY	21	ABEITA	Hubert	ARMY
3	ABEITA	Alvin Patrick	ARMY	22	ABEITA	Isidore	ARMY AIR CORPS WWII
4	ABEITA	Ambrosio (Buster)	ARMY	23	ABEITA	Isidore Art	MARINE CORPS
5	ABEITA	Andres R.	ARMY	24	ABEITA	James Anthony	ARMY
6	ABEITA	Andrew Patrick	MARINE CORPS	25	ABEITA	Jeremy	MARINE CORPS
7	ABEITA	Anthony	MARINE CORPS	26	ABEITA	Jessica	AIR FORCE
8	ABEITA	Augustine	NAVY WWII	27	ABEITA	Joe D.	AIR FORCE
9	ABEITA	Bernice	ARMY	28	ABEITA	Joe D. , Jr	AIR FORCE
10	ABEITA	Bobby (Juan Bautisto) Abeita, Jr.	ARMY	29	ABEITA	Joe Louis	ARMY
11	ABEITA	Earnest	ARMY	30	ABEITA	John Freddie	MARINE CORPS
12	ABEITA	Edward	NAVY	31	ABEITA	Johnny Lawrence	ARMY
13	ABEITA	Edward (Eddie) L.	ARMY	32	ABEITA	Jose Alfred	NAVY
14	ABEITA	Eugene Michael	ARMY	33	ABEITA	Jose C.	ARMY
15	ABEITA	Feliciano	ARMY	34	ABEITA	Jose Evalalio (Lalo)	
16	ABEITA	Felipe C.	ARMY WWII	35	ABEITA	Jose Felipe	NAVY
17	ABEITA	Francisco Emilio	ARMY	36	ABEITA	Jose Ignacio	ARMY
18	ABEITA	Francisco L.	ARMY	37	ABEITA	Jose Juan	ARMY
19	ABEITA	Frederick Pefanio	MARINE CORPS	38	ABEITA	Jose Mario	ARMY

39	ABEITA	Jose Remijo	ARMY	124	CHEWIWI	Jose Andres	ARMY
40	ABEITA	Jose Rey	ARMY	125	CHEWIWI	Jose August	ARMY
41	ABEITA	Jose Vicente	AIR FORCE	126	CHEWIWI	Jose D.	UNKNOWN
42	ABEITA	Joseph Abelicio	MARINE CORPS	127	CHEWIWI	Jose Marcelino	ARMY
43	ABEITA	Joseph C.	ARMY	128	CHEWIWI	Jose R.	ARMY WWII
44	ABEITA	Joseph David	ARMY	129	CHEWIWI	Jose R.	NAVY
45	ABEITA	Joseph Gabriel	ARMY	130	CHEWIWI	Jose Santos	ARMY WWII
46	ABEITA	Joseph H.	ARMY	131	CHEWIWI	Juan R.	ARMY WWII
47	ABEITA	Joseph Richard	ARMY	132	CHEWIWI	Justin	ARMY
48	ABEITA	Juan B.	MARINE CORPS	133	CHEWIWI	Ralph	ARMY
49	ABEITA	Juan B.	ARMY	134	CHEWIWI	Robert Earl	ARMY
50	ABEITA	Juan Felipe	UNKNOWN	135	CHEWIWI	Steven	NAVY WWII
51	ABEITA	Juan P.	ARMY	136	CORREO	Jose F.	ARMY WWII
52	ABEITA	Juan Pablo	ARMY	137	DAVID	Johnny R.	ARMY WWII
53	ABEITA	Juan Ray	NAVY WWII	138	DAVID	Raymond, Jr.	ARMY
54	ABEITA	Juan Rey	ARMY	139	DAVID	Robert	ARMY, KIA Viet Nam
55	ABEITA	Lawrence F.	NAVY	140	DECORA	Levi	ARMY
56	ABEITA	Lawrence Jose	ARMY WWII	141	ECHOHAWK	Earl, Jr.	ARMY
57	ABEITA	Marcelino	ARMY	142	ECHOHAWK	Earl, Sr.	ARMY
58	ABEITA	Pat	ARMY	143	ECHOHAWK	Roland	ARMY
59	ABEITA	Randy	ARMY	144	ENGLISH	Sharon Lucero	MARINE CORPS
60	ABEITA	Ray Michael	ARMY	145	FRIEND	Paulette Valdez	ARMY
61	ABEITA	Ray William	ARMY	146	GARCIA	Arthur	NAVY
62	ABEITA	Raymond T.	ARMY (WWII)	147	GARCIA	Jack Leonard	MARINE CORPS
63	ABEITA	Remijo Abeita	ARMY (WWI)	148	GARCIA	Jose L.	NAVY
64	ABEITA	Robert K.	MARINE CORPS	149	GARCIA	Jose R.	NAVY
65	ABEITA	Robert Louis Steve	ARMY	150	GARCIA	Juan	AIR FORCE
66	ABEITA	Seferino	ARMY WWII	151	GARCIA	Marvin C.	ARMY
67	ABEITA	Steven J.	ARMY	152	GARCIA	Robert L.	ARMY
68	ABEITA	Tom, Jr.	ARMY	153	GARCIA	Santiago J.	ARMY WWII
69	ABEITA	Ulysses	MARINE CORPS	154	GROSENBACH	Julia	NAVY
70	ABEITA	William	NAVY	155	HANSEN	Hakom	ARMY
71	ABEITA	Willis F.	ARMY	156	HISTIA	Miguelia F.	ARMY
72	ABEYTA	Dan	ARMY	157	HUNT	Myron Hunt	AIR FORCE
73	ABEYTA	Ernest R.	ARMY	158	JARAMILLO	Albert T.	ARMY WWII
74	ABEYTA	Juan P.	ARMY WWII	159	JARAMILLO	Bernie D.	NAVY
75	ABEYTA	Nicholas (Nick)	NAVY WWII	160	JARAMILLO	Carlos	ARMY
76	ANZARA	Anthony Lawrence	ARMY	161	JARAMILLO	Ernest C.	ARMY WWII
77	ANZARA	Cresencio	ARMY WWII	162	JARAMILLO	Ernest C.	AIR FORCE
78	ANZARA	David Seferino	ARMY	163	JARAMILLO	Isidore	ARMY
79	ANZARA	Jonathan	ARMY	164	JARAMILLO	Joe C.	MARINE CORPS
80	ANZARA	Jose S. N.	ARMY WWII	165	JARAMILLO	Joe L.	AIR FORCE/MARINE CORPS
81	ANZARA	Kenneth	AIR FORCE	166	JARAMILLO	Jose A.	AIR FORCE
82	ANZARA	Michael B.	ARMY	167	JARAMILLO	Jose B.	ARMY
83	ANZARA	Rueben K.	AIR FORCE	168	JARAMILLO	Jose Luis	AIR FORCE
84	ARAGON	Louis B.	MARINE CORPS	169	JARAMILLO	Jose Lupe	ARMY
85	ARAGON	Richard	MARINE CORPS	170	JARAMILLO	Jose Seferino	ARMY WWII
86	BAKER	Richard (Dickie)	MARINE CORPS	171	JARAMILLO	Joseph Albert	AIR FORCE
87	BENAVIDEZ	Francisco Larry	NAVY	172	JARAMILLO	Juan Antonio	ARMY
88	BENAVIDEZ	Joe P.	ARMY	173	JARAMILLO	Larry	ARMY
89	BENAVIDEZ	Josecito	ARMY	174	JARAMILLO	Lawrence	NAVY WWII
90	BENAVIDEZ	Joseph P.	MARINE CORPS WWII	175	JARAMILLO	Lorenzo	MARINE CORPS
91	BLANCHARD	Elizabeth	NAVY	176	JARAMILLO	Ralph	ARMY
92	BLANCHARD	Shirley	NAVY	177	JARAMILLO	Ramito Seferino	ARMY
93	BLYTHE	Roger O.	NAVY	178	JARAMILLO	Raymond	ARMY
94	CARPIO	Isidor	MARINE CORPS	179	JARAMILLO	Tony	MARINE CORPS
95	CARPIO	Joe D.	ARMY WWII	180	JARAMILLO	Valentino	ARMY
96	CARPIO	Jose A.	MARINE CORPS	181	JIRON	Alex	ARMY
97	CARPIO	Jose Demus	ARMY	182	JIRON	Cresencio	ARMY WWII
98	CARPIO	Jose Manuel	MARINE CORPS	183	JIRON	Fred	NAVY
99	CARPIO	Jose Marcos	MARINE CORPS	184	JIRON	Joe	ARMY WWII
100	CARPIO	Juan Rey	MARINE CORPS	185	JIRON	Johnny	ARMY
101	CARPIO	Pat Carpio	MARINE CORPS	186	JIRON	Jose Ambrosio	ARMY/AIR CORPS
102	CARPIO	Pedro Antonio	ARMY	187	JIRON	Jose Diego	ARMY
103	CARPIO	Robert Carpio	MARINE CORPS	188	JIRON	Juan Bautisto	ARMY WWII
104	CARPIO	Vicente	ARMY CAVALRY	189	JIRON	Michael L.	AIR FORCE
105	CARILLO	John L.	ARMY	190	JIRON	Miguel	NAVY
106	CHAVEZ	Edwin	ARMY	191	JIRON	Todd M.	AIR FORCE
107	CHAVEZ	Johnny	ARMY	192	JOJOLA	Antonio	AIR FORCE
108	CHAVEZ	Louis	NAVY	193	JOJOLA	Antonio A.	NAVY WWII
109	CHAVEZ	Richard	ARMY	194	JOJOLA	Bernard Eli	ARMY
110	CHERINO	Albert, Sr	ARMY	195	JOJOLA	Bernard Kenneth	ARMY
111	CHERINO	Carleen	NAVY	196	JOJOLA	Carlos F.	NAVY
112	CHERINO	Jose Carlos (Chuck)	ARMY	197	JOJOLA	Carlos R.	ARMY
113	CHERINO	Jose Lupe	ARMY	198	JOJOLA	Catherine Renee	COAST GUARD
114	CHERINO	Jose Patricio	ARMY	199	JOJOLA	Charles B.	ARMY
115	CHERINO	Joseph	UNKNOWN	200	JOJOLA	Charles Ray	NAVY WWII
116	CHERINO	Phillip	ARMY	201	JOJOLA	Charles Roy	AIR FORCE
117	CHEWIWI	Antonio, Jr.	AIR FORCE	202	JOJOLA	Christina	ARMY
118	CHEWIWI	Bart	ARMY	203	JOJOLA	Clarence	MARINE CORPS
119	CHEWIWI	Carl	ARMY	204	JOJOLA	Darryl R.	ARMY
120	CHEWIWI	Isidore	UNKNOWN	205	JOJOLA	Dominic	ARMY
121	CHEWIWI	Joe R.	NAVY	206	JOJOLA	Donald	ARMY
122	CHEWIWI	Jose	ARMY WWII. KIA EUROPE	207	JOJOLA	Eddie Ray	ARMY
123	CHEWIWI	Jose A.	ARMY	208	JOJOLA	Edward (Shirpoyo)	ARMY

209	JOJOLA	Edward A.	ARMY	295	LENTE	Dale Vernon	MARINE CORPS
210	JOJOLA	Eloy	ARMY	296	LENTE	Joe D.	AIR FORCE
211	JOJOLA	Ernest P.	ARMY	297	LENTE	Joe E.	ARMY
212	JOJOLA	Eugene D.	ARMY	298	LENTE	Joe Michael	ARMY
213	JOJOLA	Eugene I.	ARMY	299	LENTE	John Robert	MARINE CORPS
214	JOJOLA	Eugene Louis	NAVY	300	LENTE	Jose Alcario	MARINE CORPS
215	JOJOLA	Felipe	ARMY	301	LENTE	Jose E.	ARMY WWII
216	JOJOLA	Floyd L. (Larry)	ARMY	302	LENTE	Jose F. (Edward)	ARMY
217	JOJOLA	Frank Robert	ARMY	303	LENTE	Jose Rey (David)	ARMY
218	JOJOLA	Fredrico	AIR FORCE	304	LENTE	Jose Seferino	ARMY
219	JOJOLA	George B.	ARMY	305	LENTE	Joseph	MARINE CORPS
220	JOJOLA	Harold Bob	MARINE CORPS	306	LENTE	Joseph Edward	ARMY
221	JOJOLA	Jacob O.	MARINE CORPS	307	LENTE	Joseph Richard	MARINE CORPS
222	JOJOLA	James	ARMY	308	LENTE	Juan I.	ARMY WWII
223	JOJOLA	James Rey	NAVY	309	LENTE	Louis Richard	ARMY WWII
224	JOJOLA	James Rodney	ARMY	310	LENTE	Manual	ARMY WWII
225	JOJOLA	Jennifer Marie	COAST GUARD	311	LENTE	Michael Allen	ARMY
226	JOJOLA	Jesse	ARMY	312	LENTE	Michael Anthony	ARMY
227	JOJOLA	Jessica (Besa)	ARMY	313	LENTE	Nick	NAVY
228	JOJOLA	Joe A.	ARMY	314	LENTE	Pablo	ARMY WWI
229	JOJOLA	John D. ,Jr.	ARMY	315	LENTE	Pedro A. (Pete)	ARMY WWII
230	JOJOLA	John E.	NAVY	316	LENTE	Ramon	ARMY
231	JOJOLA	John Hagan	NAVY	317	LENTE	Richard Thomas	ARMY
232	JOJOLA	John T.	ARMY	318	LENTE	Robert Louis	ARMY
233	JOJOLA	Johnny	AIR FORCE	319	LENTE	Ronnie Lynn	AIR FORCE
234	JOJOLA	Johnny P.	ARMY WWII	320	LENTE	Thomas S.	MARINE CORPS
235	JOJOLA	Jose Diego	ARMY	321	LENTE	Travis	MARINE CORPS
236	JOJOLA	Jose Edward	ARMY	322	LENTE	Valentino	NAVY
237	JOJOLA	Jose Ignacio	ARMY	323	LUCERO	Alex	ARMY
238	JOJOLA	Jose L.	ARMY	324	LUCERO	Andrew Phillip	ARMY
239	JOJOLA	Jose Patacio	NAVY	325	LUCERO	Antonio	ARMY WWI
240	JOJOLA	Jose Porfelio	ARMY	326	LUCERO	Antonio M.	ARMY
241	JOJOLA	Jose Raymond	ARMY	327	LUCERO	Antonio Rafael	ARMY
242	JOJOLA	Jose Rey (Lefty)	ARMY WWII	328	LUCERO	Augustine	ARMY WW II
243	JOJOLA	Jose Rey E.	ARMY	329	LUCERO	Benjamin	MARINE CORPS
244	JOJOLA	Jose Thomas (Tommy)	NAVY	330	LUCERO	Bernardino	MARINE CORPS/AIR
245	JOJOLA	Joseph David	UNKNOWN	331	LUCERO	Bobby	FORCE
246	JOJOLA	Joseph Lawrence	ARMY	332	LUCERO	Calvin	ARMY
247	JOJOLA	Juan Antonio	NAVY	333	LUCERO	Celestino	ARMY
248	JOJOLA	Juan F.	ARMY	334	LUCERO	Clovis	ARMY
249	JOJOLA	Juan Rey	ARMY	335	LUCERO	Curtis	ARMY
250	JOJOLA	Lawrence (Larry)	ARMY POW KOREA	336	LUCERO	Daniel	ARMY
251	JOJOLA	Louis	NAVY WWII	337	LUCERO	Donald	ARMY
252	JOJOLA	Manual A.	ARMY	338	LUCERO	Ernesto E.	ARMY
253	JOJOLA	Manual Antonio D.	MARINE CORPS	339	LUCERO	Eugene Lucero	ARMY WW II
254	JOJOLA	Matthew	MARINE CORPS	340	LUCERO	Felipe	NAVY
255	JOJOLA	Michael, Jr.	MARINE CORPS	341	LUCERO	Fernando	ARMY WW II
256	JOJOLA	Mike A.	NAVY	342	LUCERO	Frank Dennis	ARMY WWII
257	JOJOLA	Moses	ARMY	343	LUCERO	Frank L.	ARMY
258	JOJOLA	Myron D.	ARMY	344	LUCERO	Frederick Anthony	ARMY/AIR CORPS WWII
259	JOJOLA	Paul Douglas	ARMY	345	LUCERO	Herman Lucero	ARMY
260	JOJOLA	Phillip J.	AIR FORCE	346	LUCERO	James	AIR FORCE
261	JOJOLA	Raymond	NAVY	347	LUCERO	James Richard	ARMY
262	JOJOLA	Raymond B.	ARMY	348	LUCERO	Joe D., Sr.	ARMY
263	JOJOLA	Rey E.	ARMY	349	LUCERO	Joe R.	MARINE CORPS
264	JOJOLA	Ricardo (Richard)	ARMY	350	LUCERO	Joe R., Jr.	ARMY
265	JOJOLA	Richard	NAVY	351	LUCERO	John C.	MARINE CORPS
266	JOJOLA	Richard Claudio	ARMY	352	LUCERO	John Leonard	COAST GUARD
267	JOJOLA	Rudolph	NAVY	353	LUCERO	John P.	MARINE CORPS
268	JOJOLA	Santiago J.	ARMY WWII	354	LUCERO	Johnny	ARMY
269	JOJOLA	Seferino	ARMY WW II CAVALRY	355	LUCERO	Jose Augustine	NAVY
270	JOJOLA	Stanley Thomas	COAST GUARD	356	LUCERO	Jose L. R.	AIR FORCE
271	JOJOLA	Tony	NAVY	357	LUCERO	Jose Porfinio	ARMY
272	JOJOLA	Tony A.	MARINE CORPS	358	LUCERO	Jose Rapheal	ARMY
273	JOJOLA	Vernon	ARMY	359	LUCERO	Jose Ray	MARINE CORPS WWI KIA
274	JOJOLA	Vicente	MARINE CORPS WWII	360	LUCERO	Jose Remijo	NAVY
275	JOJOLA	Victor	ARMY	361	LUCERO	Jose Rey Thomas	ARMY
276	JUANCHO	Joe	ARMY	362	LUCERO	Joseph Andrew	ARMY
277	JUANCHO	Jose Alvino	ARMY WWII	363	LUCERO	Juan Bautisto (Tita)	MARINE CORPS
278	JUANCHO	Seferino	ARMY WWII	364	LUCERO	Juan Domingo	ARMY
279	JUANCHO	Sonya R.	ARMY	365	LUCERO	Juan Rey	ARMY
280	KERYTE	George Felipe	ARMY WWII	366	LUCERO	Larry	ARMY WWII
281	KERYTE	James	MARINE CORPS	367	LUCERO	Matthew	MARINE CORPS
282	KERYTE	John E.	MARINE CORPS	368	LUCERO	Michael Bernard	ARMY
283	KERYTE	Jose Lorenzo P.	AIR FORCE	369	LUCERO	Michael F.	NAVY
284	KERYTE	Jose Rey (Mickey)	ARMY	370	LUCERO	Oliver, Sr.	NAVY
285	KERYTE	Ronald	ARMY	371	LUCERO	Pete (Pafanio)	ARMY WWII
286	KERYTE	Vicente	ARMY CAVALRY	372	LUCERO	Raymond Clarence	NAVY
287	KIRK	Michael	MARINE CORPS	373	LUCERO	Robert A.	AIR FORCE
288	KLINE	Delores Abeita Kline	MARINE CORPS	374	LUCERO	Robert C.	NAVY
289	LENTE	Alfred	MARINE CORPS	375	LUCERO	Robert F.	AIR FORCE
290	LENTE	Augustine	ARMY/AIR CORPS	376	LUCERO	Robert L.	AIR FORCE
291	LENTE	Bartolo (Bart)	ARMY	377	LUCERO	Robert Leroy	NAVY
292	LENTE	Buster	ARMY	378	LUCERO	Seferino	ARMY WWII
293	LENTE	Charles	ARMY	379	LUCERO	Tommy	ARMY
294	LENTE	Clint	ARMY	380	LUCERO	Tony M.	NAVY

381	LUCERO	Tranquilino	ARMY WWI	466	SHATTUCK	Joseph E.	ARMY
382	LUJAN	Albert	AIR FORCE	467	SHATTUCK	Paul	MARINE CORPS
383	LUJAN	David Paul	MARINE CORPS	468	SMITH	Cecelia E. Anaya	AIR FORCE
384	LUJAN	Diego G.	AIR FORCE	469	SMITH	Lisa Abeita	NAVY
385	LUJAN	Edward (Eddie)	MARINE CORPS	470	TABET	Verna	NAVY
386	LUJAN	Esquipula	ARMY	471	TAFOYA	Jose A.	ARMY
387	LUJAN	Fred R.	MARINE CORPS	472	TELLER	Andrew	ARMY
388	LUJAN	Gabriel	ARMY	473	TELLER	Joseph T.	MARINE CORPS WWII
389	LUJAN	James A.	MARINE CORPS	474	TELLER	Louie	MARINE CORPS
390	LUJAN	Jose Ernest	MARINE CORPS	475	TOLER	Robin Joseph	NAVY
391	LUJAN	Jose Perfelio	ARMY	476	TORRES	Eddie Paul	NAVY
392	LUJAN	Jose Vicente	AIR FORCE/ARMY	477	TORRES	Augustine A.	ARMY
393	LUJAN	Joseph Edward	MARINE CORPS	478	TRUJILLO	Andy	NAVY
394	LUJAN	Juan (Johnny) Bautisto	ARMY AIR CORPS WWII	479	TRUJILLO	Johnny P.	NAVY/MARINE CORPS
395	LUJAN	Juan V.	ARMY WWII	480	TRUJILLO	Jose (Joe) M.	NAVY
396	LUJAN	Karen	NAVY	481	TRUJILLO	Miguel H.	MARINE CORPS WWII
397	LUJAN	Marcus	ARMY	482	VALDEZ	Jose B.	ARMY WWII, KIA
398	LUJAN	Moses, Jr.	ARMY	483	VALDEZ	Jose D.	ARMY
399	LUJAN	Moses, Sr.	ARMY (WWII)	484	VALDEZ	Lalo	ARMY
400	LUJAN	Owen Francis	MARINE CORPS	485	VALDEZ	Manual	ARMY WWII
401	LUJAN	Patricio	ARMY	486	VALENCIA	Cherydine M.	COAST GUARD
402	LUJAN	Patricio A.	ARMY	487	VELARDEZ	Jose Manuel	ARMY WWII
403	LUJAN	Paul Derrick	MARINE CORPS	488	WASETA	Jerry	ARMY
404	LUJAN	Randy	ARMY	489	WASETA	Steven	ARMY
405	LUJAN	Samuel	ARMY	490	YASKA	Kimberly R.	NAVY
406	LUJAN	Steven	ARMY	491	ZUNI	A. Max	MARINE CORPS
407	LUJAN	Ted	MARINE CORPS	492	ZUNI	Alvin	ARMY
408	LUJAN	Vincenti	ARMY	493	ZUNI	Carlos	AIR FORCE
409	MANLEY	Frank, Jr.	NAVY	494	ZUNI	Casey A.	MARINES CORP
410	MARRUJO	Juan R.	ARMY	495	ZUNI	Charles A.	MARINE CORPS
411	MARTIN	Dante	MARINE CORPS	496	ZUNI	Charles Van	ARMY
412	MARTIN	Isidor	ARMY	497	ZUNI	Edward J. (Eddie)	MARINE CORPS
413	MARTIN	Jose Pilar	ARMY	498	ZUNI	Elaine	ARMY
414	MONTOYA	Celso	ARMY POW KOREA	499	ZUNI	Fred	ARMY WWII
415	MONTOYA	Jose Francisco (Kinnie)	NAVY	500	ZUNI	Gilbert	AIR FORCE
416	MONTOYA	Jose L.	NAVY WWII	501	ZUNI	Jeremy Zuni	NAVY
417	MONTOYA	Jose N.	ARMY/AIR CORPS WWII	502	ZUNI	Joe E.	ARMY WWII
418	MONTOYA	Jose R.	ARMY WWII	503	ZUNI	Joe L.	ARMY WWII
419	MONTOYA	Juan Bautisto	ARMY	504	ZUNI	Jose Abelicio (Abie)	ARMY/AIR CORPS WWII
420	MONTOYA	Pete	NAVY	505	ZUNI	Jose Avelino	ARMY
421	MONTOYA	Phillip	COAST GUARD	506	ZUNI	Jose Remijo	ARMY
422	MONTOYA	Robert		507	ZUNI	Levi	NAVY
423	MONTOYA	Vincent P.	AIR FORCE	508	ZUNI	Michael A.	AIR FORCE
424	NAMOKI	Christopher J.	NAVY	509	ZUNI	Myron Allen	ARMY
425	NATSEWAY	Gregory	ARMY	510	ZUNI	Phillip	ARMY
426	NATSEWAY	John	ARMY	511	ZUNI	Robert	ARMY
427	OLGUIN	Jose Lupe	WWII	512	ZUNI	Theresa	ARMY
428	OLGUIN	Jose Marcelino	ARMY	513	ZUNI	Timothy	MARINE CORPS
429	OLGUIN	Jose R.	ARMY WWII				
430	OLGUIN	Joseph Richard	MARINE CORPS/ARMY				
431	OLGUIN	Juan Bautisto (Le-Chee)	ARMY				
432	OLGUIN	Juan Bautisto(Bobby Joe)	ARMY				
433	OLGUIN	Pete	MARINE CORPS				
434	PADILLA	Andy, Jr.	ARMY				
435	PADILLA	April	ARMY				
436	PADILLA	John P.	ARMY				
437	PADILLA	Joseph	ARMY WWII				
438	PADILLA	Mary Conception	ARMY				
439	PADILLA	Richard	ARMY WWII				
440	PADILLA	Robert	ARMY				
441	PAPUYO	Celestino	AIR FORCE				
442	PAPUYO	Delano	ARMY				
443	PAPUYO	Esquipula	AIR FORCE				
444	PIRO	J. Madelino	ARMY WWII				
445	PRICE	Walter K.	MARINE CORPS				
446	REANO	Matthew B.	MARINE CORPS				
447	REANO	Melvin	MARINE CORPS				
448	REYNOLDS	Lloyd W.	MARINE CORPS				
449	ROMERO	Ernest	NAVY				
450	SALAZAR	Jose Lupe P.	MARINE CORPS				
451	SALAZAR	Jose Phillip	ARMY				
452	SANCHEZ	Benjamin	AIR FORCE				
453	SANCHEZ	Joe Adams	MARINE CORPS				
454	SANDOVAL	Marcelino	NAVY				
455	SANGRE	Bautisto	NAVY				
456	SANGRE	Jose Alcario	MARINE CORPS				
457	SANGRE	Jose Carlos	AIR FORCE				
458	SANGRE	Jose Patricio	ARMY				
459	SANGRE	Leo	MARINE CORPS				
460	SANGRE	Phillip	ARMY				
461	SARRACINO	Joanna Evelyn	ARMY				
462	SAVILLA	Jose Felipe	ARMY				
463	SAVILLA	Jose Felipe	NAVY				
464	SCHOEDER	Maria Felicita	NAVY				
465	SHATTUCK	August	ARMY				



SUBWAY

REMEMBER

ALL TRIBAL MEMBERS

GET 10 % OFF

WITH TRIBAL ID

Not valid on promotional items.

ELDERLY NEWS

We kicked off the month of January with a New Year’s celebration! Our party offered food, drinks, music and lots of laughter! Thank you to everyone who came in to bring in the New Year with us! We love to see our elders enjoying themselves in activities as some of them may not have the opportunity to do so otherwise. Our New Year’s celebration also included a farewell to long-time Elder Center employee Natasha Jiron. Thank you Natasha for all you have done for the elders of our community! You will be missed and we wish you all the success in your new position and all of your future endeavors.

What to look forward to in February:

We will be making a trip to Santa Fe on February 2nd to be a part of Native American Day at the Roundhouse. It is a great opportunity to meet with our state representatives and let our voices be heard about our concerns not only in our community but state wide. If you would like to be a part of this trip please sign up as soon as possible as space is limited to the first 25 people to sign up.

Ash Wednesday mass with take place on Wednesday February 14, 2018 here at the center at 11:00 am.

This year we will be hosting a Valentine’s Party on February 14th starting at 1 pm! Come in and spend the afternoon with us in the activities room to enjoy live music, snacks and drinks. We will have a Valentine’s photo booth, so come in and take a picture with your sweetheart, family or friends. We look forward to having you!

In March we will be hosting the annual **AARP Tax Help Day**. This will take place on Wednesday March 14, 2018 beginning

at 9:00am. This is a **FREE** service to those who are 60 years and older. The service will be on a first come first serve basis, so please plan accordingly. If you would like more information please contact the elder center. Last year our wait time to be seen varied, if you are interested in other outlets, find a listing of places that offer free tax help.

Tax Help New Mexico

<https://www.cnm.edu/depts/taxhelp>

Los Lunas High School is the closest Tax Help New Mexico site. Hours and dates of operation may vary, please contact the High School for more information. (505) 865-4646 Ext. 6088

AARP

AARP also offers a site in Belen at 305 Eagle Park near Belen High School on Tuesday mornings from 9:00AM – 12:00 and Thursday afternoons from 1:00PM – 4:00PM. No appointment necessary.

In Los Lunas the Fred Luna Center on Monday mornings from 9:00AM - 11:30AM and Thursday mornings from 9:00AM - 11:30AM, appointment needed at this location.

Isleta Elder Center Kitchen

We have been offering Nutrition Education seminars to our Congregate Meal participants. Tina Louise Carpenito, a nutrition educator with the New Mexico State University ICAN (Ideas for Cooking and Nutrition) Program, has been on site every 2nd Thursday of the month. She has provided our lunch guests new ideas for healthy food choices, healthier cooking methods and answers any questions about nutrition during the noon hour.

Please join us is welcoming Ms. Carpenito to our center. Perhaps prepare some questions for Tina or bring some favorite recipes and ask if they can be prepared with a special diet in mind. If you would like more information about the ICAN program please visit, <http://ican.nmsu.edu/what-is-ican.html>.

Due to the attendance and interest in the program, starting February 8th Ms. Carpenito will start the ICAN classes at 10:30 am in the Elder Center dining room.

Birthdays: We will now be celebrating birthdays once a month during lunch time. So please come in and have a meal with us on the last Friday of the month so we can celebrate YOU! We will have plenty of cake and birthday wishes to go around! The February date will be Friday the 23rd. We hope to see you then!

We would like to wish a very Happy Birthday to our congregate meal recipients:

January Birthdays

Patricia Jojola and Kenneth Zuni

February Birthdays

Marcelina Jojola, Veronica Piro and Josephine Velardez

If we missed your birthday please stop by the front desk and update your information with the Administrative Assistant, Christina Lente.

February will be a fun month for us at the Elder Center, we hope you join us for lunch or an activity!

Health Beat: Heart Disease

Stephanie Barela, Health Educator
www.CDC.gov www.webmd.com www.goredforwomen.org
Phone: 505-869-4479

February is HEART DISEASE AWARENESS MONTH. Heart Disease, also known as cardiovascular disease, is the leading cause of death in the world, and accounts for one in three deaths among women each year and more than ½ of the deaths in men. Here are things we can do to LOWER our Risk of Heart Disease:

QUIT SMOKING COMMERCIAL TOBACCO.

Contact Stephanie Barela (869-4479) to learn about the Isleta Health Center’s quit smoking programs.

EAT HEALTHY.

Eat more

- Healthy fats, such as raw nuts, olive oil, fish oils, flax seeds, or avocados
- Colorful fruits and vegetables—fresh or frozen, prepared without butter
- High-fiber cereals, breads, and pasta made from whole grains or legumes
- High-quality protein, such as fish, poultry, and lean meats
- Organic dairy such as eggs, skim or whole milk, or unsweetened yogurt

Eat less

- Trans fats from partially hydrogenated or deep-fried foods; saturated fats from fried food, fast food, and snack foods
- Packaged foods, especially those high in sodium and sugar
- White or egg breads, sugary cereals, refined pastas or rice
- Processed meat such as bacon, sausage, and salami, and fried chicken
- Yogurt with added sugar, processed cheese

GET ACTIVE

Get moving and increase your heart rate. Try for 30 minutes a day, 5 days a week.

MANAGE YOUR STRESS

- o Deep Breath
- o Take a Break
- o Exercise
- o Write in a Journal
- o Talk to someone (Friends/Family)
- o Make an appointment with Isleta Behavioral Health (505-869-5475)

KNOW YOUR NUMBERS

BLOOD PRESSURE

- Keep it below 120/80.

BLOOD SUGAR

- Keep it below 6% (100mg).

BLOOD CHOLESTEROL

- LDL is “bad” Cholesterol--Keep it less than 100mg.
- HDL is “good” Cholesterol--Keep it higher than 60mg.
- Triglycerides--Less than 150mg.

BODY WEIGHT

- Keep your Body Mass Index between 18.6 and 24.9.

Isleta Elder Center


(505) 869-9770

Monday - Friday


8:00am - 4:30pm

FEBRUARY

2018



Monday	Tuesday	Wednesday	Thursday	Friday	
			2/1/2018	2/2/2018	
<div><div></div><div>Be My Valentine</div><div></div></div>			Staff Meeting 12:30PM	Native American Day at the State Legislature Santa Fe, New Mexico 7:00AM -	
			Early Lunch 11:00AM		
2/5/2018	2/6/2018	2/7/2018	2/8/2018	2/9/2018	
Open Activities Room: (Pool Table, Exercise Equipment,etc) 9:00am - 4:00pm	Shuffleboard Practice Activities Room 9:00AM - 12:00PM	Friendship Breakfast: 9:00AM General Meeting: 10:00AM	Open Activities Room: (Pool Table, Exercise Equipment,etc) 9:00am - 4:00pm	Open Activities Room: (Pool Table, Exercise Equipment,etc) 9:00am - 4:00pm	
	Commodities Distribution 8:00am - 3:30pm				
2/12/2018	2/13/2018	2/14/2018	2/15/2018	2/16/2018	
Movie & Lunch Albuquerque, NM 10:30AM - 4:00PM	Shuffleboard Practice Activities Room 9:00AM - 12:00PM	Ash Wednesday Mass 11:00AM Valentines Dance 1:00PM	Open Activities Room: (Pool Table, Exercise Equipment,etc) 9:00am - 4:00pm	Open Activities Room: (Pool Table, Exercise Equipment,etc) 9:00am - 4:00pm	
2/19/2018	2/20/2018	2/21/2018	2/22/2018	2/23/2018	
Open Activities Room: (Pool Table, Exercise Equipment,etc) 9:00am - 4:00pm	Shuffleboard Practice Activities Room 9:00AM - 12:00PM	Open Activities Room: (Pool Table, Exercise Equipment,etc) 9:00am - 4:00pm	New Mexico Senior Olympics Presents: Get Up Get Movin' Get Fit! Raymond G Sanchez Rec Center 8:15AM - 3:30PM	Monthly Birthday Celebration Dining Hall 12:00PM	
	Commodities Distribution 8:00am - 3:30pm		Advisory Committee Meeting		
2/26/2018	2/27/2018	2/28/2018			
Open Activities Room: (Pool Table, Exercise Equipment,etc) 9:00am - 4:00pm	Manzano Mesa Shuffleboard 10:30AM	BINGO! Activities Room 1:00pm - 3:00pm	*All activities subject to change Please call the Elder Center with any questions regarding the Calendar or to sign-up for activities.		




RIO METRO
REGIONAL TRANSIT DISTRICT

FREE Transit Serving the Pueblo of Isleta

Ride the FREE Pueblo of Isleta Dial-a-Ride
Monday-Friday, 9:00am to 2:00pm

The free Pueblo of Isleta-Dial-Ride provides trips within the Pueblo Monday through Friday, 9:00am to 2:00pm. Service to Wal-Mart in Los Lunas is also available on Wednesdays from 11:00am to 2:00pm.

Request your trip by calling Valencia County dispatch at (505) 352-3595 before noon at least one business day prior to your trip. On the date and time of your trip, a wheelchair accessible van will arrive within 15 minutes of your scheduled pickup time.
For more information, visit riometro.org



RIO METRO
REGIONAL TRANSIT DISTRICT

Take Route 208 to Downtown Albuquerque


Featuring three northbound and southbound trips, Monday-Friday

Hop aboard Route 208 for a quick ride to Downtown Albuquerque. Route 208 features three northbound trips arriving at the Alvarado Transportation Center (ATC) at 9:30am, 11:00am and 1:30pm, and three southbound trips departing the ATC at 9:35am, 11:05am and 1:32pm.

Catch Route 208 at one of two stops on the Pueblo. The stop closest to the village is located on NM 147 just east of the Rio Grande bridge. Route 208 also stops at the Isleta Pueblo Rail Runner Station, with a free shuttle connection to the Isleta Resort and Casino shuttle.

Visit riometro.org to view the schedule, map and fare information. Route 208 schedules are also available at the Public Services Department Office at the Tribal Services Complex.

What does Fasting Lab Mean?



FASTING before a blood draw means you cannot eat or drink anything except water. With certain blood tests, you may be instructed to fast for up to eight hours before your appointment.

If you are not sure if you need to fast please call the Isleta Health Clinic @869-3200 to ask. Please do not wait until the day of your Lab visit to ask as this may result in your appointment needing to be re-scheduled.

-Isleta Health Center, Lab Dept.

2018

Isleta Elder Center
Lunch Menu



IMPORTANT REMINDERS!!			2/1/2018	2/2/2018
<div>Please call ahead of time to cancel meals, this saves time and money. Congregate Meals age 55+ free of charge, persons age <55 suggested donation is \$5. However any donation is appreciated. Thank you!</div> <div></div>			BBQ Pork Sandwich Shredded pork 3 oz. Wheat bun = 56 g 3 bean salad 1/2 c Steamed broccoli 1/2 c Fruit 1/2 c	Breaded Chicken Pattie Mashed potatoes 1/2 c Mixed vegies 1/2 c Creamed gravy 1oz Wheat roll = 56 g Fresh fruit
2/5/2018	2/6/2018	2/7/2018	2/8/2018	2/9/2018
Split Pea & Ham Sliced Ham 2 oz. Split Pea 1/2 c (M/MA) Winter vegies 1c WW Roll = 56g Fruit Cup 1/2c	Taquitos Beef and chicken 1.5 oz. each = 2g eq Chuck wagon corn 1/2c Stewed tomatoes 1/2c Fresh fruit	Meat and Potatoes Cubed beef 3oz. Diced potatoes 1/2c Spinach w/onion 1/2c Wheat bread = 56g Fruit cup 1/2c	Pork Tamale Pork 3oz. Red chili puree 1/2c Mixed vegies 1/2 c Spanish rice 1/2 c Fruit cup 1/2 c	Smothered Burrito Ground beef 2oz Pinto beans 1/2c Shredded cheddar 1oz Green chili 1/2c Wheat tortilla 9" Baked apples 1/2c
2/12/2018	2/13/2018	2/14/2018	2/15/2018	2/16/2018
Southwest Chicken Diced chicken 3oz Green chili in stew 1/2c California vegie 1/2c Rice and Raisins = 1 & 1/2c fruit	Pork Loin -Pork 3oz Sweet Potato 1/2c Peas 1/2c Stuffing 1/2c Brown gravy 1oz Biscuit 28g Apple sauce 1/2c	Egg Salad Sandwich Boiled egg 2 each Wheat bread = 56g Three bean salad 1/2c Pickled beets 1/2c Fresh fruit	Taco Salad Ground beef 2oz Shredder cheese 1oz Corn tortilla chips 1oz Squash/Zucchini 1c Banana bread squares = 2g eq Fresh fruit	Red Chile Beans Pinto beans 1c Red chili puree1/2c Spinach w/onions 1/2c Corn bread = 2g eq Fresh fruit
2/19/2018	2/20/2018	2/21/2018	2/22/2018	2/23/2018
<div></div> <div>CENTER CLOSED</div>	Baked Pasta G. Beef 1oz, Sausage 1oz Shredded Mozzarella 1oz Marinara sauce 1/2c Steamed cauliflower 1/2c Wheat elbows 1/2c Garlic bread = 28 g Fresh fruit	Tortilla Burger Beef pattie 4oz Sliced cheese .5oz 8" Wheat tortilla Let/tomatoes 1/8c California vegies 1c Fresh fruit	Vegetable Beef Stew Ground beef 3oz Mixed vegies 1/2c Carrot salad 1c Bread Sticks = 56g Fruit cup	Monju's Special Garbanzo beans 1c Tomatoes sauce 1/2c Sautéed green beans 1/2c Steamed rice 1c Fresh fruit
2/26/2018	2/27/2018	2/28/2018		
Mac & Cheese Diced Chicken 2oz Shredded cheddar 1oz Wheat elbows 1/2c Mixed vegies 1c WW Roll = 56g Fresh Fruit	Hot Turkey Sandwich Pulled turkey 3oz WW Bread sliced=28g Mashed potatoes 1/2c Peas w/onions 1/2c Stuffing 1/2c, Gravy 1oz Fresh fruit	Green Bean Stew Ground beef 3oz Green beans 1/2c Cream of mushroom soup 1/4c Steamed carrots 1/2c Biscuit = 56g Fresh fruit	<i>Based on the availability of ingredients/produce or other unforeseen circumstances, menu is subject to change.</i>	

Ms. Sandman

Ms. Sandman was born in Owosso, Michigan on September 3, 1911. She graduated second in her class at Owosso High School, then attended New York University where she obtained her Registered Nurse (RN) Certification in the min 1930s. She later graduated from the University of Minnesota in 1953 with a degree in Public Health Nursing. Shortly after graduation, she accepted a position with the Department of Interior, Bureau of Indian Affairs where she was assigned to Isleta, Sandia, and Zuni. Ms. Sandman was a Public Health Nurse for 24 years at Pueblo of Isleta from 1953 to 1977.

Sadly, Ms. Sandman passed away on January 24, 2010 in Colorado Springs, Colorado at the age of 98.

Sincerely,
Earl Sandman



St. Augustine Parish
Isleta Pueblo

Ministry of Consolation




MISSION STATEMENT

We are a ministry of consolation at St. Augustine Parish to offer spiritual comfort and support to families who have experienced the loss of a loved one. We will continue to honor and respect our traditional teachings.

With Sympathy

"In times of sorrow God's quiet waters of hope and courage flow"



Isleta Heath Center
Pharmacy

The Isleta Health Center will be closed on Monday, February 19th, 2018
in observance of President's Day.

Please remember to get your prescriptions refilled before then you can
also use the refill line for your refills by calling 869-4590

If you have any questions or concerns please do not hesitate to call us at
869-4473 and we will be happy to answer them.

THANK YOU



It's not too late to get your Flu Shot...

Call the Isleta Health Center today and set up an Appointment.

869-3200



Weekend Special

“Friday, Saturday and Sunday only”

Carryout Box Special 6”

Meatball, Spicy, Cold Cut or Ham,
Chips, and 21 oz drink for only
\$ 4.99 and receive a cookie for free

Quit Smoking in 2018

Stephanie Barela, Health Educator
www.fda.gov
Phone: 505-869-4479

HAPPY NEW YEAR!! Did you make a New Year's Resolution? If you smoke, chances are you thought about quitting smoking. According to the US Food and Drug Administration, nearly 70 percent of current adult smokers say they want to stop. But how, you ask? There are a number of approved products that can help. In fact, data has shown that using an “FDA-Approved cessation medication can double your chances of quitting successfully”. As the saying goes, Never Quit Quitting. If at first you don't succeed, try and try again!! It may take you several attempts to quit smoking, but each attempt you take will get you closer to actually quitting. Keep at it and you will continue to learn what works for you and eventually you will be successful!

When quitting smoking the FDA wants you to remember these 4 quitting tips:

1. Know your reasons for quitting.

Everyone wants to quit for different reasons (health, lifestyle, money, family, etc.). Whatever motivates you, get clear on it when you decide to quit. Make a list so that you can read it when you get the urge to smoke as advised by the Centers for Disease Control and Prevention.

If you want to quit for your health, remind yourself that cigarette smoking is still the leading cause of preventable disease and death in the United States, causing 480,000 deaths every year. If you quit, not only will you lower your risk of getting various cancers, including lung cancer, you'll also reduce your chances of having heart disease, a stroke, emphysema, and other serious diseases. Quitting also will lower the risk of heart disease and lung cancer in nonsmokers who no longer have to be around your secondhand smoke. Also know that no matter how much you smoke—or for how long—quitting will benefit you.
2. Be kind to yourself.

Quitting smoking can be hard, especially because of a highly addictive chemical in tobacco products called nicotine. Tobacco users who are addicted to nicotine are used to having nicotine in their bodies. And because you're used to it, you can go through symptoms of withdrawal (like cravings, trouble sleeping, and anxiety) when you try to stop. These withdrawal symptoms can make it harder to quit, but they also disappear over time as your body readjusts to being nicotine-free. When you try to quit, you may have to try a few times before you're successful. Just know that you can do it, and don't be too hard on yourself. The FDA say the more times you try to quit, the more likely you are to quit. It may take you a number of tries, but keep at it and you will eventually get there.
3. Know that FDA-approved products can help you quit.

You don't have to quit all on your own. FDA-approved smoking cessation products can help. For instance, nicotine replacement therapy (NRT), which supplies controlled amounts of nicotine, can help you quit by reducing withdrawal symptoms and cravings. The FDA has approved three types of over-the-counter nicotine products (a gum, transdermal patch, and lozenges). Most of these products have been approved for at least 20 years. And while their effectiveness can vary by type, these products can double your chances of a successful quit attempt. Other FDA-approved, prescription drug products that do not contain nicotine also are available.

Most of these products are available at the Isleta Health Center. However, in order to receive these through the Isleta Pharmacy, patients must first meet with the Isleta Health Center Health Educator and Freedom From Smoking (FFS)/Thinking About Quitting (TAQ) Cessation Facilitator.

So give me a call (869-4479) and let me know when you would like to meet.
Maybe this year will be *the* year you try quitting for good!

Isleta Early Head Start, Head Start and Child Care

Family Night

Topic: Family Engagement
Story Tellers: Isleta Language Program
January 17, 2018

Upcoming events

Socialization

February 06, 2018-
Nutrition 2:00pm

February 21, 2018-
Dental 5:00pm

Family Night

February 21, 2018-
Dental and Nutrition
5:00pm

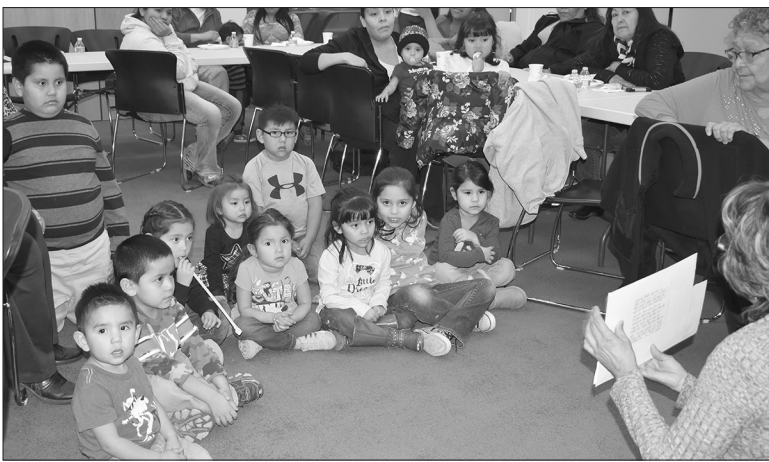
Parent Committee

February 2, 2018
12:30pm

No School

February 14, 2018– Professional Development Day

February 19, 2018- Presidents Day



NATIONAL WEAR RED DAY



Last year the Isleta Health Center wore red in February in observance of Heart Disease Awareness Month.

NATIONAL WEAR RED DAY is February 2, 2018, JOIN THE Health Center in Supporting the cause.

Heart Disease, also known as cardiovascular disease, is the leading cause of death in the world, and accounts for one in three deaths among women each year and more than ½ of the deaths in men.

WIC FEBRUARY 2018 NEWSLETTER

Pueblo of Isleta WIC
505 869-2662

Have a Happy and Healthy Valentines Day!

Greek Yogurt Valentine Dessert

Ingredients

1 cup vanilla or honey flavored greek yogurt (I use Greek Gods Honey yogurt because it is rich and creamy.)
2 graham crackers, crushed
2 whole strawberries
shaved chocolate bark (optional)
chocolate syrup for garnish (optional)

Directions

Take crushed graham crackers and divide them evenly onto 2 plates.

Take 1/2 cup yogurt and drop it gently on top of the crushed graham crackers. Sprinkle with desired chocolate topping of choice, and garnish with a strawberry. Repeat with second plate.

Enjoy!



Recipe from www.dancingcarrots.com

Healthy Ways to Satisfy Your Sweet Tooth

1. Fruit with real whipped cream
2. Frozen chocolate banana-cut banana in half and freeze, when frozen roll in melted chocolate and sprinkles, nuts or granola
3. Yogurt parfait
4. Dark chocolate
5. Chocolate milk
6. Fruit smoothie
7. PB&J sandwich
8. Cereal and milk
9. Frozen grapes
10. Graham cracker with peanut butter

Get creative!

Interview with PEACEMAKER JOYCE JOJOLA

Every month Isleta Pueblo Tribal Courts will conduct an interview with the Peacemakers. Each interview will be different. As an introduction this interview highlights the benefits of the Peacemaking Process.

Why did you decide to become a Peacemaker?

I want to see positive results, see resolutions to keep families together and provide support. I want to see peace in our community, encourage tribal members to solve their own problems by communicating in a safe environment.

What do you hope the Peacemaking process will accomplish?

Through good listening and respect, participants can better understand each other’s concerns and an agreement is more likely to be reached. I’m hoping the Peacemaker can help the parties understand the impact of actions or inaction without disrespecting any party or participant and allow understanding by all, then the healing process is initiated for all parties involved.

How would you handle a volatile situation?

Ask them what they can do to resolve the situation. Stay calm, speak slowly and not use threatening language. Using calm rational responses can go a long way toward calming angry people down.

What qualities are necessary to serve as a Peacemaker?

A Peacemaker should be a people pleaser, friendly, agreeable, cooperative, adaptable, trusting, easy going, empathetic, going with the flow, basic desire for peace and harmony, skilled mediator, warm, open minded, caring, and peace loving.

What is your experience with conflict resolution prior to becoming a Peacemaker in 2016?

I had a major issue with two co-workers having problems with each other and it was affecting our office. What I did was:

1.

Tactfully put out fires between feuding employees
2.

Encourages employees to work it out
3.

Nip it in the bud quickly
4.

Listened to both sides
5.

Identify the real issue
6.

Find a solution
7.

Write it up
8.

Teach them how to talk to one another



You can learn more about the Peacemaking process by visiting Isleta Pueblo Tribal Court on Wednesday, February 28, 2018 at 5:30pm for the Peacemaking Community Conversation.



5600 Wyoming Blvd. NE, Suite 150
· Albuquerque, NM · 87109
Telephone: 505-837-2104
· Fax 505-837-0575
· www.smokefreesignals.com

Local Smoke-Free Laws
Tied to Fewer
Lung Cancer Cases

Communities with strong smoke-free workplace laws have lower lung cancer rates than those with no smoke-free laws, according to a recent study from the University of Kentucky.

Jovian Henio (*Mescalero Apache/Diné (Navajo Tribe)*), who works as an Outreach Coordinator with the Smoke Free Signals project, says tribal communities should take notice. “New Mexico has a good clean indoor air law, but it fails to protect the people living and working on tribal lands,” he said. “By allowing the use of commercial tobacco products indoors, we also invite serious chronic disease into our homes and workplaces, too.”

University of Kentucky researchers examined 20 years of data on new lung cancer cases among state residents aged 50 or older. The investigators then looked to see whether those with lung cancer lived in communities with strong, moderate or weak smoke-free laws.

The lung cancer rate was 8 percent lower in communities with strong smoke-free workplace laws than in communities without smoke-free laws, the findings showed. There were no differences in lung cancer rates between communities with moderate or weak smoking laws and those with no such laws.

“All people deserve to be protected by smoke free rules. Not just the people outside tribal boundaries. All people deserve to be protected,” Henio said.

Previous studies have shown that strong smoke-free laws reduce rates of heart attack, stroke, asthma, and emphysema. It was not known if communities with strong smoke-free laws have fewer cases of new lung cancer, the researchers noted.

Smoking and exposure to secondhand smoke are major causes of lung cancer.

“Tribal government and tribal program leadership can play a critical role in preventing lung cancer,” Henio said. “Anyone in a position of leadership – in the community, in the home, in the school, in the tribal department – can ensure that all workers, visitors and community members are protected from secondhand smoke by creating strong smoke-free laws with few or no exceptions.”

The study was published online Nov. 28 in the journal Cancer.

The Smoke Free Signals project offers free support to tribal communities interested in secondhand smoke protections. To learn more, visit www.smokefreesignals.com.



EXPRESSIONS






DAY: WEDNESDAY

TIME: 1PM TO 2PM

Experiential activities to encourage self expression, coping skills, wellness, self evaluation and existing capabilities!!! (6weeks, Closed group)

A little time, a journey to understanding our natural emotions, experiences, goals, talents and beliefs...



FEBRUARY  ISLETA HEALTH CENTER					
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
<div><div><div>American</div><div></div><div>Heart Month</div></div><div><div>Don't forget to wear RED!</div><div>February 2, 2018</div><div>Questions?</div><div>Please Call: 869-3200</div></div></div>			<div>1<div>CLINIC OPENS AT 9:50am</div><div>Podiatry Clinic: 8:00-4:30p @DPP</div><div>Grief Group: 1-2p @ BHS</div><div>Alcoholics Anonymous: 6-7p @ Health Training Center.</div></div>	<div>2<div>National Wear Red Day</div><div>Early Recovery Skills: 9-10a @ BHS.</div><div>Another Recovery Technique (ART): 10-11a @ BHS.</div><div>Alcoholics Anonymous: 11-12p @ BHS.</div><div>Another Recovery Technique (ART): 1-3:30p @ BHS.</div></div>	3/4
<div>5<div>Podiatry Clinic: 12:30-4:30 pm @DPP</div><div>Early Recovery Skills: 9-10am @ BHS.</div><div>Another Recovery Technique (ART): 10-11am @ BHS.</div><div>Alcoholics Anonymous: 11am--12pm @ BHS.</div><div>Women's Path to Recovery: 1-2:30p @ BHS.</div></div>	<div>6<div>Pueblo Women Rising: 10-11a @ BHS.</div><div>Acu-Detox: 1-2p @ BHS.</div><div>Express Endurance : 5:30-7:30pm @DPP</div><div>Pueblo Men Rising: 2-3:30p @ BHS.</div></div>	<div>7<div>Morning Group Fitness: 6-7am @DPP Wellness Center</div><div>Young Leaders Youth Krew: 4:30-6:30p @ BHS.</div></div>	<div>8<div>CLINIC OPENS AT 9:50am</div><div>Podiatry Clinic: 8:00-4:30p @DPP</div><div>Diabetes Dental Class: 8:45-9:45am @Health Training Center</div><div>Grief Group: 1-2p @ BHS</div><div>Express Endurance: 8:00-4:30pm @DPP</div><div>Alcoholics Anonymous: 6-7p @ Health Training</div></div>	<div>9<div>Morning Group Fitness: 6-7am @DPP</div><div>Express Endurance: 8:00-4:30pm @DPP</div><div>Early Recovery Skills: 9-10a @ BHS.</div><div>Another Recovery Technique (ART): 10-11a @ BHS.</div><div>Alcoholics Anonymous: 11-12p @ BHS.</div><div>Another Recovery Technique (ART): 1-3:30p @</div></div>	10/11
<div>12<div>Podiatry Clinic: 8:00-4:30 pm @DPP</div><div>Early Recovery Skills: 9-10am @ BHS.</div><div>Another Recovery Technique (ART): 10-11am @ BHS.</div><div>Alcoholics Anonymous: 11am--12pm @ BHS.</div><div>Women's Path to Recovery: 1-2:30p @ BHS.</div></div>	<div>13<div>Pueblo Women Rising: 10-11a @ BHS.</div><div>Acu-Detox: 1-2p @ BHS.</div><div>Pueblo Men Rising: 2-3:30p @ BHS.</div><div>Express Endurance : 5:30-7:30pm @DPP</div></div>	<div>14<div>Morning Group Fitness: 6-7am @DPP Wellness Center</div><div>Young Leaders Youth Krew: 4:30-6:30p @ BHS.</div><div>Happy Valentine's Day</div></div>	<div>15<div>CLINIC OPENS AT 9:50am</div><div>Podiatry Clinic: 8:00-4:30p @DPP</div><div>Diabetes Optometry Class: 8:45-9:45am @Health Training Center</div><div>Grief Group: 1-2p @ BHS</div><div>Express Endurance: 8-4:30pm @DPP</div><div>Alcoholics Anonymous: 6-7p @ Health Training Center.</div></div>	<div>16<div>Morning Group Fitness: 6-7am @DPP</div><div>Early Recovery Skills: 9-10a @ BHS.</div><div>Another Recovery Technique (ART): 10-11a @ BHS.</div><div>Alcoholics Anonymous: 11-12p @ BHS.</div><div>Another Recovery Technique (ART): 1-3:30p @ BHS.</div></div>	17/18
<div>19<div>PRESIDENTS' DAY</div><div></div><div>Health Center</div></div>	<div>20<div>Pueblo Women Rising: 10-11a @ BHS.</div><div>Acu-Detox: 1-2p @ BHS.</div><div>Pueblo Men Rising: 2-3:30p @ BHS.</div><div>Express Endurance : 5:30-7:30pm @DPP</div><div>Health Education Presentation: 10-11am @Isleta Elders Center</div></div>	<div>21<div>Morning Group Fitness: 6-7am @DPP Wellness Center</div><div>Young Leaders Youth Krew: 4:30-6:30p @ BHS.</div><div>Community Health Cooking: 5-7pm @Health Center Kitchen</div></div>	<div>22<div>CLINIC OPENS AT 9:50am</div><div>Podiatry Clinic: 8:00-4:30p @DPP</div><div>Grief Group: 1-2p @ BHS</div><div>Express Endurance: 5:30-7:30pm @DPP</div><div>Alcoholics Anonymous: 6-7p @ Health Training Center.</div></div>	<div>23<div>Morning Group Fitness: 6-7am @DPP</div><div>Early Recovery Skills: 9-10a @ BHS.</div><div>Another Recovery Technique (ART): 10-11a @ BHS.</div><div>Alcoholics Anonymous: 11-12p @ BHS.</div><div>Another Recovery Technique (ART): 1-3:30p @ BHS.</div></div>	24/25
<div>26<div>Podiatry Clinic: 8:00-4:30pm @DPP</div><div>Early Recovery Skills: 9-10am @ BHS.</div><div>Another Recovery Technique (ART): 10-11am @ BHS.</div><div>Alcoholics Anonymous: 11am--12pm @ BHS.</div><div>Women's Path to Recovery: 1-2:30p @ BHS</div></div>	<div>27<div>Pueblo Women Rising: 10-11a @ BHS.</div><div>Acu-Detox: 1-2p @ BHS.</div><div>Pueblo Men Rising: 2-3:30p @ BHS.</div><div>Express Endurance : 5:30-7:30pm @DPP</div></div>	<div>28<div>Morning Group Fitness: 6-7am @DPP Wellness Center</div><div>Young Leaders Youth Krew: 4:30-6:30p @ BHS.</div></div>	<div>Go Red for Native Women Heart Health Conference</div> <div><div></div><div>February 2, 2018 @ 8am—1pm</div><div>Albuquerque Convention Center</div><div>(For more information please contact Stephanie Barela—869-3200)</div><div></div></div>		

CANCER

IT AFFECTS US ALL

Support those in the community who have felt the effects of cancer personally or through loved ones, at the

POI Community Cancer Support (POICCS) Group

Regular POI CANCER SUPPORT GROUP is CANCELED for FEBRUARY


Tues, Feb. 13, 2018

Instead we are all going to the Feb 3rd Go Red for Native Women Heart Health Conference.

485-1315 to register

NEXT Regular scheduled POICCS meeting will be March 13th at 6-7:30pm in the Health Training Center.


ALL WELCOME!



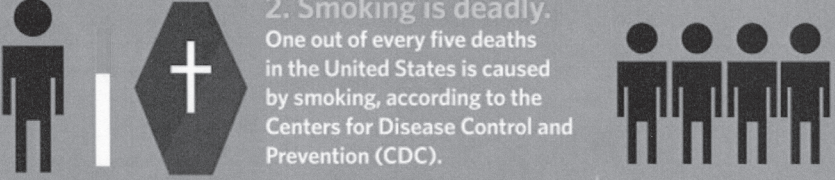
Contact Stephanie Barela 869-4479

5 Reasons to Quit Smoking—For Good


1. Cigarettes are expensive. At an average cost of \$6.36 per package of cigarettes, smoking a pack a day will set you back more than \$2,300 each year. On top of that, each pack of cigarettes smoked creates \$35 in health-related costs for smokers, according to the American Cancer Society.




2. Smoking is deadly. One out of every five deaths in the United States is caused by smoking, according to the Centers for Disease Control and Prevention (CDC).



3. Smoking might affect employability. Some employers are saying “no thanks” to job applicants who still smoke, including the Cleveland Clinic, Alaska Airlines and Union Pacific Railroad.



4. Smokers can be isolated. A growing number of office buildings, restaurants and apartment complexes are smoke-free, which means smokers have to skulk around outside, trying to find a place to light up.



5. There's a social stigma. Many of your friends probably don't enjoy being around smoke. Statistics released by the CDC indicate that 4 out of 5 U.S. adults have smoke-free rules at home.

