



# Isleta Pueblo News

Volume 12 Issue 2

Pueblo of Isleta website: [www.isletapueblo.com](http://www.isletapueblo.com)

February 2017

## FROM THE OFFICE OF THE GOVERNOR

### *Maguwam Herimba*

**A**s we welcome the new year, as well as new 2017 tribal officials, I want to first give thanks to our Creator, from whom all our blessings flow; to the people of Isleta who have placed their faith and confidence in me; and to my 1<sup>st</sup> and 2<sup>nd</sup> Lt. Governors, Max Zuni and Andrew Teller, who have accepted the responsibility of assisting me in serving our people this term. Both these men come from respected and traditional Isleta families and bring with them a wealth of knowledge and experience in tribal government. Rounding up my administration staff are Bobby Cherino and Kevin Lente, who will be serving as Tribal Sheriffs. I ask that you afford my administrative staff with your total cooperation.

We face many challenges this year both here in Isleta and on the national level. First and primary with my administration has to be the education of our youth. I am also concerned with employment of our people, economic development and building and maintaining the strong political ties that Isleta enjoys with our local, state, tribal and national leaders. Together with our Tribal Council, we have the ability to overcome many of the issues that face our people. Let us strive towards making Isleta a better place to live and raise our families.

I am reminded of the words of Father George Gries during the formal Blessing of the Canes ceremony on Sunday, January 15, 2017, in St. Augustine Church that we, as government officials, should not forget that we were elected or appointed to serve our people and not the other way around. And I am reminded that we, as public servants serve all of the people, and not just certain segments of the community. I am also aware that we must speak for those who cannot speak, the young, the old, the disabled and we do this as is our tradition that has been passed down to us since time immemorial. But I must also remind all that we are but mortal men, possessing no super powers or

above anyone else in the community. Our actions and our conduct must nonetheless be above reproach. I promise to do my best to earn your respect and confidence, and I only ask for your good thoughts and prayers to help us achieve this. These are the responsibilities that we take upon ourselves as we accept our traditional canes of office. The sanctity and the responsibilities of our canes cannot be dismissed or violated as they are imbued with the knowledge that has been passed down to us by all those leaders who have come before us. To this, we pledge our faith and total commitment.

There are many who feel distant or disenfranchised from tribal government. Let us unite or at least, attempt to do so. Let us put aside our petty differences that divide our people and place our priorities on all those great things that make us a proud Isleta community. The doors to my office will always be open to those who wish to be heard.

I do not forget that we are the acculturation and assimilation of many hundreds of years of indigenous people who have come together to be known as Isleta people. We are strong and resilient, proud keepers of the centuries old traditions and culture handed down to us by our forefathers. And we stand together as men and women, young and old, rich in that which our fathers and mothers left us. We are the face of the Isleta Pueblo people, looking towards the future, but ever cognizant of our rich past. We are the descendants of the great Pueblo Indian cultures that flourished many hundreds of years ago, and we are also the pioneers of the future to come.

Join me and my Lieutenants as we embark on this journey of governing our people. I ask for your prayers and support on this new journey into the future and I ask that we all do this together, as one community, united as we move our pueblo together into the 21<sup>st</sup> century.

Ha-wuh,  
J. Robert Benavidez,  
Governor  
Pueblo of Isleta

## 2017 Isleta Pueblo Tribal Officials



**Governor J. Robert Benavidez**



**1st Lt. Max Zuni**



**2nd Lt. Andrew Teller**



**Sheriff Bobby Cherino**



**Sheriff Kevin Lente**

*ALL photographs were taken and provided by Richard "Dikki" Garcia*



LETTER FROM THE EDITOR

Deadline for March Newsletter articles is set for Wednesday, February 15, 2016 at 4:30pm. Articles may be dropped off at the Library or emailed to poi02002@isletapueblo.com. Should you email your article, expect a confirmation email. If you do not receive a confirmation email, odds are it never made it to me and then it's time to panic, so call Nate at 505.869.9808.

People whom wish to submit an article or flyer are responsible for generating their own article or flyer. Should you need help, please call the Library at 505.869.9808 and set up a date and time to sit down with a Library staff member whom will help you throughout the process. The Library will NOT accept notes dropped off at the Library or information over the phone to generate your article.

Probates need to be published in the Newsletter for two consecutive months. Probates are considered court documents therefore all submitters must provide: 1) Name of Deceased, 2) Date of Deceased 3) Court Case # and 4) Date of Court Date. A Probate form can be found on the Newsletter Archive page at <http://www.isletapueblo.com/newsletters.html>.

Thank you,  
Nathaniel Lujan

Newsletters may be found at the sixteen distribution locations listed below. Remember, Digital copies of the Newsletter may be obtained from the Newsletter archive at <http://www.isletapueblo.com/newsletters.html>

The sixteen Newsletter distribution locations are:

- 1) The Administration Building (Governor's Office): Receptionist Desk
- 2) Census Office: Receptionist Desk
- 3) Health Center: Lobby(Newsletter Stand)
- 4) Housing Department: Receptionist Desk
- 5) Department of Education: Receptionist Desk
- 6) New Recreation Center: Newsletter Stand
- 7) Old Recreation Center: Front Desk & Breakroom (Newsletter Stand)
- 8) Tribal Service Complex: Receptionist Desk
- 9) Tribal Service Complex: I.P.D. Dispatch Window
- 10) Tribal Service Complex: Tribal Courts Window
- 11) Elders Center: Receptionist Desk & Lunch Delivery
- 12) Head Start: Receptionist Disk
- 13) Library: Newsletter Stand
- 14) Ranchitos Park: Blue Box (see picture for example)
- 15) Old Head Start Complex: Blue Box (see picture for example)
- 16) Intersection of Tribal Road 82 & Tribal Road 84: Blue Box (see picture for example)



News from the Comanche Ranch

As I sit here writing this article the snow is falling over Ladron Peak. Since the beginning of the year we have been blessed with over 2 inches of rain and more is on the way. All this moisture means that we will have excellent range conditions with healthy plant life and water in the dirt tanks. In order to measure the health and diversity of the range the Natural Resources department will soon begin a range-monitoring project here at the ranch. This is something that is extremely important since it will determine the types of forage and forbs; noxious and invasive weeds; levels of use and will help in establishing a pasture rotation system. It will also aide in establishing the number of livestock (carrying capacity) that can be grazed without

adversely the range (over grazing). We look forward to assisting the Natural Resources department in this effort.

I have seen a few new calves on the ground and the calving season should begin in earnest in the next 3 months. As the cows begin having their calves their nutritional needs increase since they must now produce milk plus provide for her own needs. What makes it even harder is that the grass is dormant this time of the year and does not provide much nutrition. In order to meet those needs we must put out supplemental mineral blocks and provide some cow hay. The key though is to make sure the cows are in good condition BEFORE the grass goes dormant. Therefore we provide mineral supplements year-round and we vaccinate and

worm the entire herd in a timely manner.

With that being said I would like to know what kinds of trainings the livestock producers of Isleta would like to have made available to them. I would like to use the ranch as a training ground for things such as vaccination schedule and protocols; supplemental feeding program; range monitoring and low-stress handling. I belong to several livestock organizations and have access to many training sources and I would like to host various trainings and I need your input. If there are subjects that your would like to have covered please let me know. You can reach me at [johnmromero62@gmail.com](mailto:johnmromero62@gmail.com) or 505-917-4217.

Until next month here's wishing you good health and happy trials.

Pueblo of Isleta Health Center

**5th Annual**

**Isleta Community**

**Cancer Education Conference**

**SATURDAY • April 1, 2017**

**10:30am - 4:15pm @ Isleta Eagle Golf Course**

**SPACE LIMITED TO THE FIRST 75 TO SIGN UP!**

**CALL 869-4479 TO PRE-REGISTER**

**Deadline: March 22, 2017**

**Learn about:**

Cancer ♦ Cancer in Isleta ♦ Signs/Symptoms of Cancer ♦ Colorectal Cancer (#1 late diagnosis in Isleta) ♦ Cancer Risk/Risk Reduction ♦ Health Insurance ♦ Purchased/Referred Car ♦ Medicare ♦ Medicaid

TOPICS SUBJECT TO CHANGE

14 YEARS & OLDER WELCOME!

**PRIZES, T-SHIRTS, LUNCH & MORE!**

**GET MORE**

**SPEND LESS**

**FREE TAX PREP**

No hidden fees. No high-interest refund loans. Find a free tax preparation site near you!

**KEEP YOUR CASH!**

Instant tax refunds are really high coast loans!  
Free tax sites have volunteers trained by the Internal Revenue Service who can help you maximize your tax refund and get it deposited electronically into your bank account, allowing you to access your funds in just a few days.

**GET YOUR CREDITS!**

Every year in Native communities, millions of Earned Income Tax Credit (EITC) dollars go unclaimed. If your family earned less than \$53,505 in 2016, you may qualify for the EITC when you file your return. You could get up to \$6,269 depending on your income and number of qualifying children.

Contact your local VITA site today to find out more about free tax preparation!

**COMING SOON FOR ISLETA TRIBAL MEMBERS!**

**LOCATED AT:** ISLETA GOVERNOR'S OFFICE

117A TRIBAL ROAD 40  
ISLETA, NM 87022


**CALL SHEILA OR MIRANDA TODAY**

**505-916-0556**



COMMUNITY

100<sup>th</sup> Birthday Celebration  
Margaret C. Abeita  
February 14, 1917 - February 14, 2017



Happy Birthday Mom!  
We are so lucky to have you.  
Thank you for all that you have done.  
  
With Love, From Your Family

Did you call for an Ambulance?  
Please report the information to PRC  
within 72 hours.  
869-4488

AARP Driver Safety Classes

The monthly AARP Driver Safety classes held at the Elder Center has been changed to every other month starting in 2017. The first class for 2017 will be on March 20, 2017 starting at 1 o'clock pm, with a sign-up sheet at the Elders Center. Please be informed of the new class schedule for the Driver Safety Courses.

Should you have any questions, concerns, or want to sign up for a Driver Safety Class, please don't hesitate to call, 505.869.9770 (the Elders Center). Names will be placed on a list.

Respectfully,  
  
Ron J. Sarracino



Isleta Pueblo News

Editor:  
Nathaniel Lujan

Assistant Editor:  
Tara Abieta

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OLD HEAD START

FUTURE HOME FOR A COMMUNITY RECEPTION HALL

A small parcel off TR 2 was home to the former historic Old Head Start believed to be dated to the 1940-1950s. Many Pueblo of Isleta community members and families have fond memories of their experiences while attending the historic school and the future plans commit to building a facility that will bring current and future generations continued reflection and lasting memories by creating a home for a new Reception Hall that will facilitate up to 200 people.

This project was originally approved in 2014 with a scope and budget to demolish the majority of the former buildings on the site, but to retain the original Old Head Start as part of a remodeling/rebuilding effort for a new Reception Hall. During the original demolition of the site in 2015, items of concern were brought to the staff's attention that would impact some of the remodeling efforts with the original building.

In the early months of 2016 a structural engineer was brought in to assess the building's original construction to include the roof trusses, floor joints, interior/exterior walls, and foundation. One of the biggest factors the Pueblo considered when originally planning to remodel the facility was the belief that the building was primarily built out of adobe; however, during the assessment after the interior drywall was removed, it was determined that the majority of the exterior walls consisted of unreinforced clay bricks and wood construction that would have been a challenge to reinforce. In addition, it was determined that an interior wall that divided the building was a load bearing wall that would require the construction of 4-5 support beams to support the roof structure as part of a remodeling effort. It was also identified that replacement of the floor trusses and roof joints would be required due to water damage.

Many questions have come up about the building's status and eligibility for the National Historical Registry. Although the building may have

qualified for an evaluation and nomination in order to be included on the National Register, the direct benefits to the Pueblo would have been minimal. There are not a lot of historic preservation grants available and if the Pueblo qualified for any grants that were tied to Federal Funding it may have required the Pueblo to seek concurrence from an Advisory Council on remodeling efforts that may need to meet the Secretary of Interior's Standards for Rehabilitation. A lot of incentives tied to a Historical Registry are based on tax credits of which the Pueblo does not qualify.

With hesitation and after careful discussions involving the age of the building, original construction material, costs for remodeling vs. new construction, and the pros/cons for Historical Registry, it was decided with former leadership that remodeling the building was going to be cost prohibitive and would not have allowed for the desired open space within the building footprint as originally planned. The decision to demolish the historic building is going to allow for a better use of the property, more options for relocating the supporting infrastructure to include parking to support 200 people, electricity, gas, water, and a larger septic system that is currently undersized for the size of a Reception Hall that is planned. The staff will make every effort to provide a facility that will provide the community with a wonderful location to gather and hold various events. As the project moves forward to procure a design/construction team that will be responsible for developing a new site plan and the desired amenities, community members are encouraged to submit any recommendations to the Public Services Department Director, Ms. Shawna Ballay, at [poi17501@isletapueblo.com](mailto:poi17501@isletapueblo.com). Based on the staff's current project load we anticipate the selection of the project team will commence in the spring of 2017. Thank you for your patience and we will provide updates on the design and construction schedule as this project moves forward.

ISLETA HEALTH CENTER  
PO Box 580 Isleta, NM 87022  
Phone: 505-869-3200

After-Hours Care Notice

We regret to inform our patients that the Nurse Advice Line has closed as of December 2016 for after-hours medical inquiries. In order to ensure that you have after-hours care when the Isleta Health Center is closed, we are providing you with other Urgent Care options below:

Please call the facility for clinic hours and to ensure they accept your insurance plan.

<b>First Nations Community Health</b> 5608 Zuni Road SE ABQ, NM 87108 505-262-2481	<b>Presbyterian Urgent Care on Isleta Boulevard</b> 3436 Isleta Blvd. SW ABQ, NM 87105 505-462-7777	<b>Presbyterian Pediatric Urgent Care @ Presbyterian Hospital</b> 1100 Central Ave. SE ABQ, NM 87106 505-841-1819
<b>NextCare Urgent Care</b> 200 Rio Bravo Blvd. SE ABQ, NM 87105 505-545-6138	<b>ABQ Health Partners Urgent Care @ Journal Center</b> 5150 Journal Center Blvd. NE ABQ, NM 87109 505-262-3233	<b>UNM Adult Urgent Care</b> 2211 Lomas Blvd. NE ABQ, NM 87106 505-272-9646

You must notify the PRC (Purchased/Referred Care) office at 869-4488 within 72 hours if you are seen at any facility other than the Isleta Health Center.

WHEN TO CALL 911?  
If at any time you are experiencing a life threatening emergency such as chest pain, severe injury/bleeding, or severe breathing problems, please CALL 911 immediately.

ISLETA HEALTH CENTER HOURS  
Monday | Tuesday | Wednesday | Friday  
8:00am to 4:30pm  
  
Thursday  
10:00am to 4:30pm  
  
Saturday | Sunday  
CLOSED



# Isleta Resort & Casino



Isleta Resort & Casino marked a big celebration for its employees in January, with its quarterly team member recognition event. Employees who are nominated and found to consistently go above and beyond in their work-day join the ranks of the Resort’s Soaring Eagle Program, and are celebrated with a special event and giveaways.

On January 17<sup>th</sup>, Soaring Eagle nominees and their guest were recognized at “Vintage Vegas Night” for the amazing efforts, dedication, and

hard work they put forth by the Isleta Resort & Casino Leadership Team, Tribal Council, and the employee engagement committee. The nominees included 10 remarkable Isleta Resort & Casino Team Members: Sophia Maria Jaramillo (Cage), Kevin Pacheco (Table Games), Kristin Hatley (Golf Course F&B), Felipa Valdez (Banquets), Branda Sanchez (Accounting), Dave Olague (Players Club), Amanda Garley (Banquets), Mark Lucero (Count), Suzannah Lente (Banquets, not pictured), and Raymond

Valles (Security, not pictured),

While striving to be the premiere employment destination in our State, the Resort continues to find new and exciting ways to engage with and reward Team Members. This special program is expected to grow in 2017, with an increased focus on attracting more nominees and more participation across the property. If you know an Isleta employee who consistently goes above and beyond, the Resort always encourages feedback from community members.

Please enjoy this sample copy of today's

NEW MEXICO'S LEADING NEWS SOURCE

# ALBUQUERQUE JOURNAL

HOME DELIVERY SPECIAL

Includes full access to ABQjournal.com and the eJournal (digital replica)

**SUBSCRIBE TODAY**

Call (505) 823-4400 or 1-800-577-8683 and mention code SPECIAL to receive this special offer. Customer service hours are 6am to 4pm Monday through Friday, and 7am to 11am Saturday and Sunday.

**ONLY \$3.46 per week\***

\*\$15 monthly for 12 months. Promotional offers valid for new subscribers in areas served by the Albuquerque Journal. New subscribers have not had service in the past 60 days. After your 12-month special promotional rate, home delivery will continue at the regular price.

The *Albuquerque Journal* is currently advertising a home delivery special subscription price for Isleta Tribal members through Phillip Jiron and Bernard Chavez. Checks must be made to the Albuquerque Journal. Delivery will be done by Phillip Jiron and Bernard Chavez. If you are interested or you have question please call Phillip Jiron at 505-385-4419 or Bernard Chavez 505-217-6794.

## Pueblo of Isleta Higher Education Program

**Summer Funding – Semester/Term**  
**NEW Student Applications due April 1st**  
**Supporting documents due by May 31st, no exception**

*Reminder:*  
Continuing/Returning Student you must submit the following by May 31st, no exceptions:

- Official Transcript
- Class Schedule reflecting courses on your degree plan

*\*Continuing/Returning summer students must submit a Financial Needs Analysis (FNA)*

The Family Educational Rights and Privacy Act (FERPA)

**Any student wishing to allow a family member or spouse access to information contained within your student file you must adhere to the following:**

- You must have a current FERPA Release Form on file identifying who may access your student information.
- It is also required the FERPA Release Form be updated on an annual basis.

**Do you want to experience college life?**  
**Summer Bridge Program at UNM**  
Application deadline: February 1, 2017  
Please call Daniel Begay (505) 277-6343

**Campus Scholarships Deadline is February 1, 2017**  
Please check with your Native American Program Representative at your institution.

*For more information please contact the Dept. of Education at (505) 869-9790.*  
Cecilia Jaramillo, Scholarship Coordinator  
poi081001@isletapueblo.com  
Kathleen Jojola, Scholarship Assistant  
poi08004@isletapueblo.com

# Notice:

## Temporary Closure and Relocation

**Census/Tribal Enrollment Department**

Will be closed from January 30 - February 3, 2017

Expected re-opening date February 06, 2017

New Location: 1501 Twilight St. (Behind the Library)

For Emergency assistance please contact Governor’s office. (505) 869-3111.

**NEW ADDRESS: 1501 TWILIGHT ST.**







# Isleta Career Opportunities

**\*\*PLEASE NOTE: POSITIONS ARE OPENED UNTIL FILLED\*\***  
www.isleta.com • Vickie Carrion 244-8206  
Updated: January 25, 2017 (**Internal Postings in BOLD**)



<u>Auto req ID</u>	<u>TITLE</u>	<u>DEPARTMENT</u>	<u>DIVISION</u>
1088BR	SOUS CHEF-BANQUET	F&B CATERING BANQUETS	FOOD & BEVERAGE
1087BR	SECURITY DIRECTOR	SECURITY	GAMING
1086BR	ATTENDANT FLOOR - PALACE WEST	PALACE WEST	GAMING
1085BR	SERGEANT SUPERVISOR	SECURITY	GAMING
1084BR	SERGEANT SUPERVISOR	SECURITY	GAMING
774BR	SERVER BEVERAGE	F&B BEVERAGE SERVICES	FOOD & BEVERAGE
866BR	CASHIER - CAGE	CAGE	GENERAL & ADMINISTRATION
613BR	AGENT-SURVEILLANCE	SURVEILLANCE	GAMING
851BR	SERVER BEVERAGE	F&B BEVERAGE SERVICES	FOOD & BEVERAGE
776BR	PORTER-CUSTODIAL (SWING)	CUSTODIAL	FACILITIES
825BR	HOST - STEAKHOUSE	F&B STEAKHOUSE	FOOD & BEVERAGE
888BR	BUSSER - STEAKHOUSE	F&B STEAKHOUSE	FOOD & BEVERAGE
827BR	PORTER-CUSTODIAL (SWING)	CUSTODIAL	FACILITIES
821BR	SERVER - STEAKHOUSE	F&B STEAKHOUSE	FOOD & BEVERAGE
992BR	ATTENDANT LAUNDRY	HOTEL HOUSEKEEPING	HOTEL
636BR	COOK-BANQUET	F&B CATERING BANQUETS	FOOD & BEVERAGE
1015BR	HOUSEMAN-HOUSEKEEPING	HOTEL HOUSEKEEPING	HOTEL
1013BR	REPRESENTATIVE GUEST SERVICE	MARKETING PLAYERS CLUB	MARKETING
976BR	CASHIER - LAKES - SEASONAL	LAKES	AMENITIES
852BR	FLOOR TECHNICIAN-SLOTS	SLOTS	GAMING
771BR	MAINTENANCE TECHNICIAN - SEASONAL	LAKES	AMENITIES
916BR	UTILITY-F&B	F&B UTILITY	FOOD & BEVERAGE
828BR	PORTER-CUSTODIAL(GRAVEYARD)	CUSTODIAL	FACILITIES
808BR	COOK-DELI	F&B DELI	FOOD & BEVERAGE
669BR	BARTENDER - STEAKHOUSE	F&B STEAKHOUSE	FOOD & BEVERAGE
664BR	LABORER-GOLF COURSE(seasonal)	GOLF COURSE MAINTENANCE	AMENITIES
829BR	PORTER-CUSTODIAL(GRAVEYARD)	CUSTODIAL	FACILITIES
889BR	FOOD RUNNER II - STEAKHOUSE	F&B STEAKHOUSE	FOOD & BEVERAGE
814BR	TIWA LINE COOK	F&B TIWA	FOOD & BEVERAGE
1040BR	SUPERVISOR FUN CONNECT FB	F&B FUN CONNECTION	FOOD & BEVERAGE
830BR	PORTER-CUSTODIAL(GRAVEYARD)	CUSTODIAL	FACILITIES
619BR	COOK STEAKHOUSE	F&B STEAKHOUSE	FOOD & BEVERAGE
759BR	2ND MECHANIC	FUN CONNECTION	AMENITIES
1060BR	AGENT-FRONT DESK	HOTEL FRONT DESK	HOTEL
1037BR	ATTENDANT CONCESSIONS - FUN CONNECTION	F&B FUN CONNECTION	FOOD & BEVERAGE
812BR	UTILITY-F&B	F&B UTILITY	FOOD & BEVERAGE
778BR	HEAVY DUTY TECHNICIAN-CUSTODIAL	CUSTODIAL	FACILITIES
1062BR	ATTENDANT ROOM	HOTEL HOUSEKEEPING	HOTEL
1033BR	ATTENDENT CONCESSIONS - CHILI RISTA	F&B DELI	FOOD & BEVERAGE
1002BR	SOUS CHEF - PREP KITCHEN	F&B PREP KITCHEN	FOOD & BEVERAGE
1082BR	CASINO HOST - PLAYERS CLUB	MARKETING PLAYERS CLUB	MARKETING
1058BR	MACHINE TECH-COUNT	COUNT	GENERAL & ADMINISTRATION
1039BR	ATTENDANT CONCESSIONS - FUN CONNECTION	F&B FUN CONNECTION	FOOD & BEVERAGE
1034BR	ATTENDENT CONCESSIONS - CHILI RISTA	F&B DELI	FOOD & BEVERAGE
1081BR	SUPERVISOR FRONT DESK	HOTEL FRONT DESK	HOTEL
1059BR	MACHINE TECH-COUNT	COUNT	GENERAL & ADMINISTRATION
1025BR	SOUS CHEF-BANQUET	F&B CATERING BANQUETS	FOOD & BEVERAGE
1080BR	MANAGER SHIFT TABLE GAMES	TABLE GAMES	GAMING
1038BR	ATTENDANT CONCESSIONS - FUN CONNECTION	F&B FUN CONNECTION	FOOD & BEVERAGE
1083BR	BANKER (VAULT)-MAIN CAGE	CAGE	GENERAL & ADMINISTRATION
1079BR	BARTENDER-BANQUET	F&B CATERING BANQUETS	FOOD & BEVERAGE
1035BR	ATTENDENT CONCESSIONS - CHILI RISTA	F&B DELI	FOOD & BEVERAGE

## Pueblo of Isleta Career Opportunitites

Position Posting	Location	Closing Date
ACADEMIC COACH	Department of Education	Open Until Filled
NEW- BAILIFF	Tribal Courts	01/31/2017
BILLING TECHNICIAN	Health Center	Open Until Filled
NEW- BUS DRIVER (2 Part-time)	Head Start & Child Care	Open Until Filled
BUSINESS MANAGER	Head Start & Child Care	Open Until Filled
BUSINESS MANAGER	Isleta Elementary School	Open Until Filled
NEW- CARE ATTENDANT-IN HOME	Elder Center WITHIN ONLY	01/31/2017
NEW- CAREGIVER I (*Temporary Full-Time)	Assisted Living Facility	Open Until Filled
NEW- CAREGIVER I (*Temporary Part-Time)	Assisted Living Facility	Open Until Filled
NEW- CAREGIVER II (*Temporary Full-Time)	Assisted Living Facility	Open Until Filled



Pueblo of Isleta Career Opportunitives

Position Posting	Location	Closing Date
NEW- CAREGIVER II (*Temporary Part-Time)	Assisted Living Facility	Open Until Filled
CARPENTER	Housing Authority	Open Until Filled
CHILD CARE PROVIDER	Head Start	Open Until Filled
CLINICAL THERAPIST	Health Center-Behavioral Health	Open Until Filled
NEW- COOK (*Temporary Part-Time)	Assisted Living Facility WITHIN ONLY	Open Until Filled
NEW- CUSTODIAN SUPERVISOR	Health Center	02/01/2017
DISABILITIES COORDINATOR	Head Start	Open Until Filled
EMT-INTERMEDIATE (2 position)	Health Center	Open Until Filled
EMT PARAMEDIC (PRN/Occasional)	Health Center	Open Until Filled
GENERAL COUNSEL	Tribal Administration	Open Until Filled
HVAC TECHNICIAN	Housing Authority	Open Until Filled
LABORER (4-Tmp Pstns NTE: 5 mo)	Housing Authority	Open Until Filled
NURSE EDUCATOR	Health Center	Open Until Filled
PERSONAL CARE SERVICE AIDE (Occasional)	Elder Center	Continuously Accepting Applications
PHYSICAL THERAPIST	Health Center	Open Until Filled
PHYSICIAN	Health Center	Open Until Filled
PLUMBER	Housing Authority	Open Until Filled
RANCH HAND (Seasonal)	Comanche Ranch WITHIN	Continuously Accepting Applications
RANGELAND/IRRIGATION OPERATOR	Public Services WITHIN ONLY	Continuously Accepting Applications
RANGELAND MANAGEMENT TECHNICIAN	Public Services	Open Until Filled
REGISTERED NURSE (RPT)	Health Center	Open Until Filled
TEACHER - COMPPUTER	POI Elementary School	Open Until Filled
TEACHER - ELEMENTARY SCHOOL	POI Elementary School	Continuously Accepting Application
TEACHER II-EARLY HEAD START	Head Start & Child Care	Open Until Filled
RE-ADVERTISEMENT - TIWA LANGUAGE INSTRUCTOR		Head Start & Child Care    Open Until Filled
TIWA LANGUAGE TEACHER	Elementary School	Open Until Filled
UNEXPLODED ORDNANCE/HZMAT	Natural Resources Division	Open Until Filled
VETERAN SUPPORT SERVICE PROGRAM MEMBER	Elder Center	Open Until Filled
WATER RESOURCE DIRECTOR	Tribal Administration	Open Until Filled
WILDLAND CREW (4 Positions)	Natural Resources Division	Open Until Filled
WILDLAND FIRE CREW BOSS	Natural Resources Division	Open Until Filled



# ACHIEVE A HEALTHY LIFESTYLE

CONTACT US AND BE READY FOR SUMMER

**FREE**

## It's never to late to keep your New Year's Resolution!

If your plan this year is to embark on a healthier you, then you need to make plans to contact our Fitness Staff at one of our recreation facilities.

- New Recreation Center (869-9777)
- Old Recreation Center (869-5741)

**FREE**

Our friendly and readily available fitness staff is always ready and willing to help you get started with your fitness needs, so that you can become a healthier you!

**Achieving your fitness goals should be fun!**

Don't wait any longer, get started NOW! Call and set up an appointment to meet with our fitness staff and let them help you with your fitness program to make you a healthier you!


**WE HAVE**

Fitness Staff Available to help with:

- One of One Personal Training
- Fitness Programs
- Weight Training
- Cardio Training
- Cardio Machines
- Kettle Bells
- Free Weights
- Weights Machines
- Spin Classes
- Swim Classes
- Water Aerobics Classes
- Enhanced Fitness (for Elders)
- And much more.....

**Pueblo of Isleta Parks & Recreation Department**





Attachment F

Isleta Pueblo  
Attn: Office of the Governor  
P.O. Box 1290  
Isleta Pueblo, NM 87022

Dear Office of the Governor:

It is the policy of this Company to assure that applicants are employed, and that employees are treated during employment, without regard to their race, color, religion, sex, sexual orientation, gender identity, national origin, age or disability. Such action shall include: employment, upgrading, demotion, or transfer; recruitment or recruitment advertising; layoff or termination; rates of pay or other forms of compensation; and selection for training, including apprenticeship, pre-apprenticeship, and/or on-the-job training.

Our company is scheduled to begin construction on project CN A30051 Rio Grande Bikeways located in Bernalillo County on 1/17/17. We are interested in hiring people for the following classifications:

- Construction laborers, equipment operators, truck drivers, fuel/oil distribution truck operators, water truck drivers, mechanics, and clerical positions

Any suggestions you can furnish in helping us find Native American female employees will be appreciated.

Our Company's Point of Contact is Brian Loughridge 505-831-7311 for further information.

Sincerely,

Brian Loughridge  
Project Manager

**Purchased/Referred Care provides a referral for 1 visit at a time.**

**Question**  
**Call PRC at 869-4482**







## Pueblo of Isleta Linen Distribution Project

Isleta Resort & Casino celebrated a big accomplishment in January, partnering with community organizations in a massive linen distribution effort, repurposing thousands of hotel linens, pillows, and other items.

Five local groups participated in the effort, which prevented the items from ending up in a New Mexico landfill. The donation included items such as sheets, pillows, blankets, towels, bath mats, robes, and much more. Instead of discarding of those items during its inventory updates, the Resort partnered with the following community groups for free distribution and repurposing:

The Pueblo of Isleta Social Services Department; Watermelon Mountain Ranch, New Mexico's Largest No-Kill Animal Shelter; S.A.F.E House, providing shelter and empowerment to survivors of intimate partner domestic violence; Beds4Kidz, providing free beds to New Mexico children and families without a safe and comfortable bed to sleep; the Albuquerque Veterans Integration Center, which focuses on helping veterans who are homeless or experiencing a housing crisis.

Volunteers from the Resort worked with a team from each organization to ensure they were able to select the items they needed most.



2017

BLOOD DRIVE


You can be a Hero!

TUESDAY, FEBRUARY 7 | 8:30AM - 4PM | HOTEL BALLROOM C

All blood donors will receive a  
Carnation • Russell Stover Chocolates • T-Shirt • Cupcakes & more!  
while supplies last.

Plus!


All Pueblo of Isleta & Isleta Resort & Casino Employees who donate blood can enter to win  
1 Day of PTO, Embers Dinner for 2 or Lunch at TIWA!




PUEBLO OF ISLETA

Please bring photo ID and donor card. Free Cholesterol Testing with every donation!  
To sign up contact United Blood Services at 505.246.1483  
Amanda Jiron, HR Administrative Assistant at 505.724.3989  
Bernadette Romero, HR Specialist (POI) at 869.7586  
or visit [www.unitedbloodservices.org](http://www.unitedbloodservices.org) and enter sponsor code: IRC


United Blood Services




LIKE US ON



FOLLOW US ON




isleta.com



ISLETA  
resort + casino

Isleta Health Center

DENTAL CLINIC NEWS



Electronic Records

We will GO LIVE in March 2017!

The Dental Clinic is transitioning to an Electronic Dental Records program this month. There will be some disruption in scheduling appointments, but we are trying to minimize the inconvenience to our patients.

Thank you for your understanding,  
Dental Clinic Staff

If you are receiving bills for medical services, please bring them to PRC.

RED FLAG....if you are receiving the bill, then PRC is not being billed!

Call 869-4488  
for more information.



# Isleta Elder Center



## January Recap

The year 2017 has officially started and in the blink of an eye the month of January has quickly passed us by. We at the Isleta Elder Center are excited for the New Year and grateful for such an amazing community of elders. The Elder Center kicked off the year with the start of our 2017 Isleta Senior Games & our new older adult exercise program called Enhance Fitness. Both the Isleta Senior Games & Enhance Fitness program are part of the Isleta Senior Olympics program in collaboration with the Isleta Recreation Program to help the older adults in our community keep active through exercise & sporting events. We were also excited to welcome back Dr. Cumby and her monthly Health Discussions to our program as she talked with our seniors about Colds & the Flu as well as the importance of annual vaccinations.

During our January General Meeting we had special presenters from the Bernalillo County Clerk's Office & the San Juan Center for Independence (SJCI). Seniors were given presentations on the upcoming 2017 APS/CNM Election as well as the importance of understanding various disabilities benefits & how SJCI can assist Native American elders in our community with these benefits. The Elder Center also took a group of elder representatives to the New Mexico Indian Council on Aging Quarterly Meeting held in Laguna Pueblo. Throughout the meeting older adults from our community were given the opportunity to listen on important issues regarding Native American elders & tribal senior programs around the State of New Mexico.

## New Mexico Indian Council On Aging – N.M.I.C.O.A

The New Mexico Indian Council On Aging is an organization composed of the federally recognized tribes of New Mexico. The purpose of this organization is to advocate as well as discuss issues & concerns regarding Native American elders around our state. NMICOA advocates to bring about change for improved, comprehensive services to New Mexico Native Americans through partnerships with appropriate agencies & organizations. This non-profit organization operates in accordance with NM State Laws as well as with the rules & regulations of the NM Secretary of State Corporations Bureau. During the month of March 2017 the Isleta Elder Center will be hosting our monthly General Meeting with the president of NMICOA Cedric Chavez as well as officers of the 2017 NMICOA. This will be a great opportunity for seniors interested in NMICOA.

## Isleta Elder Center: Looking Ahead - February 2017

In case you missed any activities that took place throughout the month of January, don't worry, the Isleta Elder Center has more exciting events

to look forward to in February. Below is a list of events along with a brief description of what the Isleta Elder Center will be offering throughout the month of February. Please see our Elder Center Activities Calendar for listed dates & times. Please keep in mind that scheduled dates are subject to change. If you would like more information about any of the listed events and activities please contact the Isleta Elder Center at (505) 869-9770.

## February 2017 Major Event: Valentine's Day Spa Day & Dance for Adults 60 & Older

On Tuesday, February 14, 2017, the Elder Center will be hosting our annual Valentine's Day Event. This year will be hosting a Spa Day & Dance for adults ages 60 & older in our community. Seniors of our community will have an opportunity to receive a spa treatment of their choice such as a free haircut or hairstyling, manicure, & more from 9:00am – 12:30pm. In the afternoon from 1:00pm – 3:00pm we will be hosting a dance and social with live music from Mr. 50's. Throughout the day elders will be treated with a variety of refreshments and snacks. So, save the date on calendar and join us for a great day just for you.

## February 2017 Activities

- February 2, 2017:**  
Email Basics – Learn to setup an email account
- February 7, 2017:**  
APS/CNM School Board Election
- February 8, 2017:**  
Diabetes Prevention Programs – Free Diabetes Screening for Elders
- February 10, 2017:**  
Free Afternoon Bingo – Bring a small donation of your choice and increase the size of our winning prizes.
- February 15, 2017:**  
Friendship Breakfast & General Meeting  
Join the Isleta Elder Center as our kitchen staff prepares a great morning breakfast for the seniors of our community. Following breakfast the Elder Center will be our monthly General Meeting. Come and help us welcome the new 2017/18 Isleta Tribal Administration such as the Governor, Lieutenant Governors, & Tribal Council. This an opportunity for elders to come and be introduced to our new tribal administration.
- February 16, 2017:**  
Isleta Elder Center Mass
- February 17, 2017:**  
Afternoon Coffee & Community Discussion  
Come & enjoy an afternoon coffee with friends, family, & fellow community members as we look through a variety of Isleta Pueblo pictures from the late 1800's & early 1900's. This a great opportunity for elders in our community to come together & view a number different pictures during these eras as well as share stories with one another about

our beautiful pueblo.

- February 20, 2017:**  
Elder Center Closed – Presidents Day
- February 28, 2017:**  
Movie Day at Icon Cinemas & Lunch at Olive Garden

The Isleta Elder Center will be taking community members ages 60 & older on a day trip to ICON movie theaters as well as lunch at the Olive Garden. This is a chance for seniors to view a movie for only \$5.00! The ICON theaters also offers very comfortable reclining theater seating along with unlimited popcorn & drinks. Participants will be given free transportation to the theater as well as lunch, however, participants are responsible for their movie fees and lunch.

## February 2017 Senior Olympics:

With the start of the 2017 Isleta Senior Games in January, there is much more to look forward to as we move further into the year. The 2017 Isleta Senior Games is open to everyone ages 50 & older to participate and offers over 15 different competitive sporting events for small fee of \$10.00. In January, this year's Senior Games started with events such as Soccer Accuracy Kick, Basketball Hotshot (free throw & 3-point shoot), & shuffleboard singles. This year the 2017 Isleta Senior Games will be expanded into the month of March. Please see our flyer for a list of scheduled events & times. If you happened to miss any of these events and would like to participate in past events, the Isleta Senior Games will be hosting a makeup week at the end of March 2017. This year the Isleta Senior Games are giving away a custom t-shirt with registration. These one of kind t-shirts are very limited so come and register early.

The Isleta Senior Olympic Program offers the Pueblo of Isleta community members' ages 50 & older a variety of opportunities to stay active with sports and exercise throughout the year. Participants in the Isleta Senior Olympic program are given a chance to compete at the local, state, and national level of Senior Olympics. This year Isleta Tribal members that qualified at the 2016 New Mexico State Senior Olympics will be able to compete at the 2017 National Senior Games in Birmingham, Alabama. The 2017 New Mexico State Senior Olympics will be held in Albuquerque, NM, during the month of July. We would like to expand our 2017 Isleta Olympic Team and invite community members 50 & older to join us for this year's state senior games. The Isleta Senior Olympics Program also offers more than just competing at senior games, our program also offers a specialized exercise program for older adults called Enhance Fitness. If you are interested in joining the Isleta Senior Olympic Program please contact Eugene Jojola at (505) 869-9770.

- February 6, 2017:**  
Isleta Senior Olympic Meeting  
please see calendar for listed times

*Continued on page 10*



# 2017 Games Schedule

## January 2017 Events

**Tuesday: January 19, 2017**  
Isleta Recreation Center Soccer Field or Gym  
**All Age Groups - Soccer Accuracy Kick:**  
Time: 10:00am - 12:00pm

**Thursday: January 26, 2017**  
Isleta Recreation Center Gym

**All Ages Basketball Free Throw Shoot-Out:**  
9:00am - 10:00am

**All Ages Basketball 3-Point Shoot-Out:**  
10:30pm - 11:30am

**Tuesday: January 31, 2017**  
Isleta Recreation Center Gym  
**All Age Groups Shuffleboard - Singles:**  
8:00am - 3:00pm

## February 2017 Events

**Tuesday: February 7, 2016**  
Isleta Recreation & Elder Center Locations:

**All Age Groups 8-ball Pool:**  
9:00am - 4:00pm

**Thursday: February 9, 2017**  
Isleta Recreation Center

**All Age Groups - 100m est. Run/Walk: Rec. Center**  
10:00am - 12:00pm

**All Age Groups - 200m est. Run/Walk: Rec. Center**  
1:00pm - 3:00pm

**Monday: February 20, 2017**  
Isleta Fun Connection  
**Bowling All Age Groups - Singles:**  
Start Time: 11:30am

**Monday: February 27, 2017**  
Isleta Fun Connection  
**Bowling All Age Groups - Doubles & Mixed Doubles**  
Start Time: 11:30am

## March 2017 Events

**Tuesday: March 7, 2017**  
Isleta Recreation Center  
**All Age Groups Shuffleboard - Doubles:**  
8:00am - 3:00pm

**Thursday: March 9, 2017**  
Isleta Recreation Center

**All Age Groups 400m est Run/Walk:**  
9:30am - 11:30pm

**All Age Groups 800m est Run/Walk:**  
1:30pm - 3:30pm

**Tuesday: March 14, 2017**  
Isleta Recreation Center  
**All Age Groups Huachas - Washers:**  
9:00am - 12:30pm

**Thursday: March 16, 2017**  
Isleta Recreation Center  
**All Age Groups - Softball Distance Throw:**  
9:00am - 10:00am  
**All Age Groups - Frisbee Distance Throw:**  
10:30am - 11:30am

**Sunday: March 19, 2017**  
Isleta Eagle Golf Course  
**All Ages Golf - Qualifier**

**Tuesday: March 21, 2017**  
Isleta Recreation Center & Elder Center  
**Horseshoes All Age Groups - Singles:**  
Isleta Recreation Center:  
Start Time: 9:30am - 11:30am  
**Table Tennis All Age Groups - Singles:**  
Isleta Elder Center:  
Start Time: 1:30pm - 3:30pm

**Thursday: March 23, 2017**  
Isleta Recreation Center  
**All Age Groups - Frisbee Accuracy Throw:**  
9:30am - 11:30am

**Friday: March 24, 2017**  
Isleta Baseball Feild - Big Mama: Chical  
**All Age Groups - Archery:**  
9:00am - 12:00pm  
**All Age Groups - Airgun Rifle/Pistol:**  
1:30pm - 4:00pm

**March 27 - 31, 2017**  
Make-Up Week For Missed Events  
(Schedule Tentative)

Continued from page 9

## Enhance Fitness: Isleta Recreation Center

The Enhance Fitness Program is a free hour long exercise program for older adults offer every Monday, Wednesday, & Friday at the Isleta Recreation Center from 10:30am – 11:30am. This a great exercise class offered by the New Mexico Senior Olympics in collaboration with the Isleta Elder Center & Recreation Program. Enhance Fitness combines the three key components of fitness; strength training, flexibility, and cardiovascular conditioning. At all times you work at your own pace. Bernadette Jojola (lil Bern) is our certified instructor for the Enhance Fitness Class. If you are interested in participating in this program please contact the Isleta Elder Center at (505) 869-9770.

# HOME SERVICES PROGRAM

By Patricia I. Lucero, Home services manager

Home Services provides a range of services to elders who meet the minimal criteria: 60 years or older with 2 or more ADLs (Activities of Daily Living Limitations). Public Assistance Services-elders 60 years and above; with no ADLs. Elder must live and reside within the Pueblo of Isleta.

## Home Services Program (Non-Medical Services)

Qualifying Criteria: Elders 60 years of age or older with two (2) or more ADLs; or a younger disabled person under the age of 60 who has two (2) or more ADLs, lives with their elder parents who are responsible for providing support services.

Attendants provide 3 - 4 hours of service per week to clients in the comfort of their own home. Light housekeeping: mopping, sweeping, vacuuming, dusting, dish washing, laundry and meal preparation, etc.

- Personal Care services: bathing, showering, dressing, grooming and medication reminders.
- Transportation: available to assist clients with errands and outings.
- Advocacy: referrals for Public Assistance or providing information and assistance.
- Respite Care: provides relief to a full-time caregiver of a frail homebound elder 60 years or older who is unable to perform two (2) or more ADLs. Services are the same as described above.

## Benefits Assistance

Application and referral for Public Resources. Again, this is for elders 60 years and above.

Resources includes: Commodities, Food stamps, Low Energy Assistance Program, New Mexico Weatherization Program on Tribal Lands, PNM Good Neighbor Fund, PNM Home Check Program, POI Housing, POI Tribal Programs etc....

**QUESTION?** What are Activities of Daily Living Limitations: assistance for: eating, bathing, dressing, taking medicine and going to the bathroom.

For more information, please contact our Operations Manager 869-9770 for referral to our program. We ask that if you know of someone who is in need and meets our criteria, please refer a family member, friend or neighbor.

# New Mexico Junior Duck Stamp

ART AND CONSERVATION DESIGN CONTEST



2016 New Mexico Best of Show: Wood Duck by Lily Zhang, Age 13

The Junior Duck Stamp Contest is a great opportunity to explore and learn about wetlands, waterfowl and conservation. The contest is open to grades K-12<sup>th</sup>. Enter your best waterfowl artwork for a chance to win prizes. Best of show will be entered in the national Junior Duck Stamp competition!

For curriculum and art contest rules visit: <http://www.fws.gov/juniorduck>

For more information about the New Mexico Junior Duck Stamp program, contact:  
**Hannah Redwood, Junior Duck Stamp Coordinator**  
Email: [juniorduckstampnm@gmail.com](mailto:juniorduckstampnm@gmail.com) Phone: 505-507-8822

All submissions are due by March 15<sup>th</sup> 2017

Mail submissions to: Valle de Oro NWR  
USPS Address: PO Box 1306, Albuquerque, NM 87103  
FedEx Address: 500 Gold Avenue SW, Room 4231, Albuquerque, NM 87102

**Notify Purchased/Referred Care (PRC) within 72 hours of receiving Hospital Emergency or Urgent Care services! Call 869-4488 for information**





# Greetings from JOM!

The JOM office has been quite busy planning upcoming activities and events for you all to enjoy. Now is a great time to share your thoughts and ideas on activities you would like for us to plan.

Despite the crazy weather in January, we wanted to say Thank You to all the students and families who came out to our College & Career Fair at the Isleta Golf Course. We had 34 vendors from various colleges, employers and educational programs who provided valuable information on educational and career opportunities. There were over 201 participants that made this event a success. We also want to say Thank You to the Los Lunas School District for their support in this event!

As we enter into a new year this is a reminder you have 90 days for new reimbursements. Reimbursements must be dated on or after January 1, 2017.

We are currently advertising for the Academic Coach. Once the position has been filled we will inform you of our newest team member.

JOM is currently offering tutoring on the following days and times. For more info contact the office at 869-9810.

Monday/Wednesday: 3:15-4:15pm, 4:15-5:15pm  
Tuesday/Thursday: 3:15-4:15pm, 4:15-5:15pm

We are excited to work with you this year and

hope you will take advantage of the academic, social, and personal support and activities that JOM has to offer.

### Calling All High School Graduates Get your invitation to the 2016 Graduation Banquet!

This year's banquet will be held on Wednesday, April 26, 2017 at the Isleta Casino and Resort. If you are a graduating Senior from Los Lunas (all Native American) or Albuquerque School Districts (Isleta only) you are invited to the 2017 Graduation Banquet. This event is by invite only and an R.S.V.P. is required to attend.

Please contact the JOM office at 869-9810 or the Department of Education at 869-9790 to sign up your graduating Senior. Deadline to sign up is March 31st.

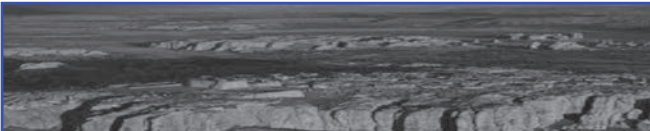
### Isleta Elementary School

Do you know of any students enrolled at Isleta Elementary and would like to join JOM?

The JOM Program has Great News!

Native American students enrolled at Isleta Elementary school are NOW eligible to receive services through our program.

Please stop by our JOM office to fill out the necessary paperwork to receive services or call us at (505) 869 – 9810 if you have questions.



## ISLETA JOM WILL BE HOSTING AN EXPERIENTIAL LEARNING OPPORTUNITY FOR GRADES 6<sup>TH</sup> – 12<sup>TH</sup>

Students will increase cultural awareness  
and gain historical government knowledge  
by visiting  
the Pueblo of Acoma  
"Sky City"

On Sunday, February 12, 2017 for the  
blessing of the canes from 10am – 3pm

SPACE IS LIMITED/MUST BE JOM ELIGIBLE  
PERMISSION SLIPS WILL BE AVAILABLE ON FRIDAY, FEBRUARY 3, 2017



Interested JOM students in  
Grades Kindergarten – 5th  
we have an exciting Experiential  
Learning Opportunity for you!

Have you ever wondered  
how people, plants and  
animals connect?



Now is your chance to  
learn all about animals  
from around the world  
that have hair, wool, silk or feathers. These  
fibers are used to create clothing or crafts.

Students will get to see demonstrators as  
they spin, hook and weave. Discover how  
artisans turn fleece into thread and thread  
into colorful tapestries, rugs and garments.  
PERMISSION SLIPS WILL BE AVAILABLE  
ON FRIDAY, FEBRUARY 17, 2017 @ 8am.

Lunch will be provided.

Contact Marsha Leno or Michelle Valdez  
with JOM @ 505-869-9810.



2017 PUEBLO OF ISLETA  
**SENIOR GAMES**  
JANUARY - MARCH 2017

**SIGN UP TODAY!!!**

OPEN TO ADULTS AGES 50 & OVER  
COMPETE IN OVER 15 DIFFERENT GAMES

REGISTRATION PACKETS ARE LOCATED AT THE ISLETA ELDER CENTER & RECREATION CENTERS

FOR MORE INFORMATION: (505) 869-9770

PUEBLO OF ISLETA  
**ELDER CENTER**  
"Nurturing Independent Lifestyles"

### SHARE A HEART NIGHT

Join us for Valentine  
arts & crafts night

Tuesday, February 7, 2017

5:30 pm - 7:30 pm

JOM Classroom



SHARE A HEART NIGHT



## PUEBLO OF ISLETA ELDER CENTER

### Senior Companion Program

YOU CAN MAKE A DIFFERENCE!

VOLUNTEER 20 - 40 HOURS A WEEK!!!

Are You age 55 or older? | WE NEED YOUR HELP!

#### BENEFITS INCLUDE:

Stipend for those who are income eligible

Mileage & Meal Reimbursement

Paid Holidays & Trainings

"All you need to know is how to be a Friend."

TO VOLUNTEER OR FOR MORE INFORMATION, CONTACT: (505) 869-9770





Calendar Notes:

Homebound Deliveries:

Please Call 24 HOURS  
IN ADVANCE or by 8:30am  
on delivery date to CANCEL  
meals.

Congregate Meals:

Meals free of charge for  
Ages 55 & older

Offered Daily From:

12:00p.m. - 1:00p.m.  
Salad Bar included

Staff Meeting Days:

February 9, 2017  
Lunch Served Early:  
11:00a.m. - 12:00p.m.

\*\*\* Menu is subject to change.

\*\*\* All meals are prepared  
with LOW SALT & SUGAR.

For More Information:

Activities :



Eugene Jojola

Adult Day Services:

Emma Abeita  
Nicole Abeyta

February 2017

Monthly Menu  
Isleta Elderly Center  
(505) 869-9770

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		2/1/2017 Split Pea w/Ham Soup 1/2 c Split Pea M/MA, 2 oz Ham Mixed Veggies 1 c WW Roll = 56 g Fruit Cup	2/2/2017 Beef Potato Stew 3 oz ground beef, 1/2 c potato Mixed Veggies 1/2 c Biscuit = 56 g Fruit cup 1/2 c	2/3/2017 Chicken and Rice Soup 3 oz Chicken, 1/2 c rice Mixed veggie 1 c WW Roll= 56 g Applesauce 1/2 c
2/6/2017 Meat Loaf 3 oz g. beef Green beans 1/2 c Sweet Potato 1/2 c WW Roll = 56 g Fruit Cup 1/2 c	2/7/2017 Southwest Chicken Stew 3 oz Chicken, 1/4 c veggie Zucchini 1/2 c Steamed carrot 1/2 c Tortilla 9" Fruit Cup 1/2 c	2/8/2017 Sloppy Joe 3 oz g.beef or turkey Sloppy Joe mix 1/2 c Corn 1/2 c Fruit cup 1/2 c	2/9/2017 Ham and Cheese Roll up 2 oz ham, 1 oz Cheese, 9" Tortilla Cucumber 1 c Carrot sticks 1 c Banana 1 ea Staff Meeting 12:30	2/10/2017 Smothered Breakfast burrito 1/2 c scrambled egg, 1 oz g.beef .5 oz cheese, Red chile 1/2 c Roasted Red Potato 1/2 c Fruit cup 1/2 c
2/13/2017 Chicken Noodle Soup 3 oz diced chicken WW Noodle 1/2 c Mixed Veggie in soup 1/2 c Winter Vegetable 1/2 c WW Roll = 56 g Fruit Cup 1/2 c	2/14/2017 Red Chile Beans w/ground beef G.beef 3 oz, Red chile 1/4 c Pinto beans (V) 1/2 c Chuckwagon corn 1/2 c Corn bread = 2 grain eq Fresh Fruit	2/15/2017 Chicken Posole 3 oz Chicken, Hominy 1/2 c Red chile 1/4 c Steamed yellow squash 1/2 c WW Roll = 56 g Fruit cup 1/2 c	2/16/2017 Grilled Cheese, 3 oz Cheese 2 slice WW bread = 56 g Tomato Soup 1/2 c Peas 1/2 c Fresh Fruit 1 ea Fruit cup 1/2 c	2/17/2017 Soft Beef Taco 2 oz g.beef, 1 oz shred cheese Lettuce/Tomato 1/8 c Spanish Rice 1/2 c Pinto beans 1 c Fruit cup 1/2 c
2/20/2017 Closed for Holiday 	2/21/2017 Baked Pasta 2 oz g. beef, 1 oz mozz cheese  Marinaria sauce 1/2 c Green Beans 1/2 c Garlic Bread = 26 g Fruit cup 1/2 c	2/22/2017 Vegetable Beef Stew with Stewed Tomato  3 oz beef, 1/2 c vegetable in stew Steamed Cauliflower 1/2 c Biscuit = 56g Fruit cup 1/2 c	2/23/2017 Mac n cheese w/ham Ham 2 oz, cheese 1 oz  WW elbows 1/2 c Winter Veggies 1 c WW Roll = 56 g Fruit cup 1/2 c	2/24/2017 Bean/cheese burrito Pinto 1/2 c (M/MA), 1 oz cheese  9" Tortilla Mixed veggies 1 c Baked apple 1/2 c
2/27/2017 Macaroni Stew w/ground beef 3 oz beef, 1/2 c elbow noodles, Stewed tomato 1/2 c Steamed Carrot 1/2 c  WW Roll = 56 g Fresh Fruit	2/28/2017 BBQ Sandwich 3 oz beef, ww bun = 56 g Corn 1/2 c Baked Beans 1/2 c Fruit cup = 1/2 c	CONGREGATE MEALS Salad Bar offered daily  Based on the availability of ingredients/produce or other unforeseen circumstances, menus are subject to change.	Please call ahead of time to cancel Home Delivered Meals. This saves time and money. Thank You. 	Congregate meals age 55+ free of charge.  Persons ages < 55 the suggested donation is \$5.00 however any donation is appreciated.

Calendar Notes:

Native American Day

February 3, 2017  
Location: Roundhouse, Santa Fe.  
Time: 8:00 am - 4:00pm

APS/CNM Election

Feb. 7, 2017  
School Board Member Election  
Location: Elder Center  
All Day Event

Senior Olympics Meeting:

February 6, 2017  
Location: Elder Center  
Time: 1:30pm - 3:00pm  
& 5:30pm - 7:00pm

Diabetes Prevention

February 8, 2017  
Free Screening for Elders  
Location: Elder Center  
Time: 10:00 am - 12:00pm

Afternoon Bingo

February 10, 2017  
Location: Elder Center  
Time: 1:30pm - 3:30 pm

Valentine's Day Event

Spa Day & Dance for ages 60+  
February 14, 2017  
Location: Elder Center  
Time: 9:00am - 3:00pm

General Meeting & Friendship Breakfast

Breakfast: 9:00am - 10:00am  
Meeting: 10:00am - 12:00pm  
Location: Elder Center  
Meet & Greet with the 2017/18  
Isleta Tribal Administration  
Governors, Tribal Council, & officials

February 2017

Activities Calendar  
Isleta Elder Center  
(505) 869-9770

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<div>Isleta Elder Center Hours</div> <div>Mondays - Friday</div> <div>Time: 8:00am - 4:30pm</div> <div>*CALENDAR SUBJECT TO CHANGE</div>		1 Open Activities Room Isleta Elder Center 8:00am - 4:00pm  Enhance Fitness: Exercise W/ Lil Bern Jojola Recreation Center 10:30a.m. - 11:30a.m.	2 Email Basics: Learn to set-up an email account Elder Center 10:00a.m. - 12:00p.m. Afternoon Fitness Class: Fitness for Beginners Elder Center 2:00pm - 3:00pm	3 Native American Day @ State Legislature: Santa Fe 8:00a.m. - 4:00p.m. ALL DAY EVENT  Enhance Fitness: Exercise W/ Lil Bern Jojola Recreation Center 10:30a.m. - 11:30a.m.
6 Senior Olympics Meeting: Elder Center 1:30pm - 3:00pm 5:30pm - 7:00pm  Enhance Fitness: Exercise W/ Lil Bern Jojola Recreation Center 10:30a.m. - 11:30a.m.	7 APS/CNM Election Day Elder Center All Day  2017 ISG EVENT#3: 8Ball Pool Rescheduled Date to be determined	8 Diabetes Prevention Program: Elder Screening 10:00am - 12:00pm  Enhance Fitness: Exercise W/ Lil Bern Jojola Recreation Center 10:30a.m. - 11:30a.m.	9 2017 ISG EVENT#4: 9 Estimated Time Events: 100M est. Run/Walk 10:00am - 12:00pm 200m est. Run/Walk 2:00pm - 3:00pm Recreation Center Track Elder Center Staff Meeting 12:30pm	10 Afternoon Bingo Elder Center: Activities Room 1:00p.m. - 3:30p.m.  Enhance Fitness: Exercise W/ Lil Bern Jojola Recreation Center 10:30a.m. - 11:30a.m.
13 2017 ISG EVENT#5: Bowling Singles Starting @ 11:00am Isleta Fun Connection  Enhance Fitness: Exercise W/ Lil Bern Jojola Recreation Center 10:30a.m. - 11:30a.m.	14 Valentine's Day Event Spa Day & Dance Elder Center 9:00am - 3:00pm.	15 GENERAL MEETING & Friendship Breakfast: 2017 ISLETA TRIBAL OFFICIALS/ADMINISTRATION MEET & GREET  ELDER CENTER 10:00am - 12:00pm	16 Mass @ Elder Center 11:00a.m. Afternoon Fitness Class: Fitness for Beginners Elder Center 2:00pm - 3:00pm Commodity Distribution 8:30am - 4:00pm	17 Afternoon Coffee & Community Discussion: Late 1800's & Early 1900's Isleta Photo Sharing Elder Center 1:30pm - 3:00pm
20 ELDERLY CENTER CLOSED PRESIDENT'S DAY	21 Open Activities Room Isleta Elder Center 8:00am - 4:00pm	22 Open Activities Room Isleta Elder Center 8:00am - 4:00pm  Enhance Fitness: Exercise W/ Lil Bern Jojola Recreation Center 10:30a.m. - 11:30a.m.	23 ADVISORY COMMITTEE MEETING 9:00am Elder Center	24 Open Activities Room Isleta Elder Center 8:00am - 4:00pm  Enhance Fitness: Exercise W/ Lil Bern Jojola Recreation Center 10:30a.m. - 11:30a.m.
27 2017 ISG EVENT#6: Bowling Doubles Events Starting @ 11:00am Isleta Fun Connection	28 Movie Day @ Icon Cinemas 10:00a.m. - 4:00p.m. Commodity Distribution 8:30am - 4:00pm			



PROBATE NEWS

**First Notice – A petition to Probate the Estate of Juan Rey Abeita, deceased September 02, 1996. Case No. CV-16-PRO-00153,** has been filed with the Pueblo of Isleta Tribal Courts. Any person claiming an interest in the Estate may notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. A hearing on the matter is scheduled for **Wednesday, February 15, 2017 at 9:00 a.m.** Claims must be filed in writing with the Isleta Tribal Court Clerk, located at the Tribal Service Complex, 3950 Hwy 47 SE, Building A, Albuquerque, NM. Any questions regarding the matter may be directed to the Isleta Tribal Court Clerk at (505) 869-9699.

**First Notice – A petition to Probate the Estate of Marcelina L. Abeita, deceased August 02, 2015. Case No. CV-16-PRO-00154,** has been filed with the Pueblo of Isleta Tribal Courts. Any person claiming an interest in the Estate may notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. A hearing on the matter is scheduled for **Wednesday, February 15, 2017 at 9:45 a.m.** Claims must be filed in writing with the Isleta Tribal Court Clerk, located at the Tribal Service Complex, 3950 Hwy 47 SE, Building A, Albuquerque, NM. Any questions regarding the matter may be directed to the Isleta Tribal Court Clerk at (505) 869-9699.

**First Notice – A petition to Probate the Estate of Esquipula Jiron, deceased February 06, 2016. Case No. CV-16-PRO-00169,** has been filed with the Pueblo of Isleta Tribal Courts. Any person claiming an interest in the Estate may notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. A hearing on the matter is scheduled for **Wednesday, February 15, 2017 at 10:30 a.m.** Claims must be filed in writing with the Isleta Tribal Court Clerk, located at the Tribal Service Complex, 3950 Hwy 47 SE, Building A, Albuquerque, NM. Any questions regarding the matter may be directed to the Isleta Tribal Court Clerk at (505) 869-9699.

**First Notice – A petition to Probate the Estate of Maria Delores C. Lucero, deceased October 09, 2016. Case No. CV-16-PRO-00137,** has been filed with the Pueblo of Isleta Tribal Courts. Any person claiming an interest in the Estate may notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. A hearing on the matter is scheduled for **Wednesday, March 29, 2017 at 10:00 a.m.** Claims must be filed in writing with the Isleta Tribal Court Clerk, located at the Tribal Service Complex, 3950 Hwy 47 SE, Building A, Albuquerque, NM. Any questions regarding the matter may be directed to the Isleta Tribal Court Clerk at (505) 869-9699.

**First Notice – A petition to Probate the Estate of Fredrico Jojola, deceased July 14, 2015. Case No. CV-16-PRO-00147,** has been filed with the Pueblo of Isleta Tribal Courts. Any person claiming an interest in the Estate may notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. A hearing on the matter is scheduled for **Wednesday, March 29, 2017 at 10:30 a.m.** Claims must be filed in writing with the Isleta Tribal Court Clerk, located at the Tribal Service Complex, 3950 Hwy 47 SE, Building A, Albuquerque, NM. Any questions regarding the matter may be directed to the Isleta Tribal Court Clerk at (505) 869-9699.

**Second Notice – A petition to Probate the Estate of Edna Sami, deceased September 20, 2016. Case No. CV-16-PRO-00122,** has been filed with the Pueblo of Isleta Tribal Courts. Any person claiming an interest in the Estate may notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. A hearing on the matter is scheduled for **Wednesday, March 15, 2017 at 9:00 a.m.** Claims must be filed in writing with the Isleta Tribal Court Clerk, located at the Tribal Service Complex, 3950 Hwy 47 SE, Building A, Albuquerque, NM. Any questions regarding the matter may be directed to the Isleta Tribal Court Clerk at (505) 869-9699.

**Second Notice – A petition to Probate the Estate of**

**Maria Eulalia Anzara Olguin, deceased August 17, 2011. Case No. CV-16-PRO-00130,** has been filed with the Pueblo of Isleta Tribal Courts. Any person claiming an interest in the Estate may notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. A hearing on the matter is scheduled for **Tuesday, March 21, 2017 at 9:00 a.m.** Claims must be filed in writing with the Isleta Tribal Court Clerk, located at the Tribal Service Complex, 3950 Hwy 47 SE, Building A, Albuquerque, NM. Any questions regarding the matter may be directed to the Isleta Tribal Court Clerk at (505) 869-9699.

**Second Notice – A petition to Probate the Estate of Christopher R. Lucero, deceased November 07, 2007. Case No. CV-16-PRO-00133,** has been filed with the Pueblo of Isleta Tribal Courts. Any person claiming an interest in the Estate may notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. A hearing on the matter is scheduled for **Wednesday, March 29, 2017 at 9:00 a.m.** Claims must be filed in writing with the Isleta Tribal Court Clerk, located at the Tribal Service Complex, 3950 Hwy 47 SE, Building A, Albuquerque, NM. Any questions regarding the matter may be directed to the Isleta Tribal Court Clerk at (505) 869-9699.

NAME CHANGE

**SECOND NOTICE** that in accordance with Pueblo of Isleta Tribal Court requirements the Petitioner **April Abeita** has applied to the Pueblo of Isleta Tribal Courts, at the Tribal Services Complex. Bldg A, 3950 Hwy 47 SE, Albuquerque, NM 87105, for an ORDER FOR CHANGE OF NAME from **Andrew Bradley Chavez** to **Andrew Bradley Abeita**. Any person claiming in interest in this matter may be notify the Court in writing and/or attend the hearing. The hearing on this matter is scheduled for **Wednesday, January 18, 2017 at 2:30 pm.** Any interested parties may contact the Tribal Court Clerk with any questions at 505-869-9699.

**SECOND NOTICE** that in accordance with Pueblo of Isleta Tribal Court requirements the Petitioner **April Abeita** has applied to the Pueblo of Isleta Tribal Courts, at the Tribal Services Complex. Bldg A, 3950 Hwy 47 SE, Albuquerque, NM 87105, for an ORDER FOR CHANGE OF NAME from **Marissa Felipita Chavez** to **Marissa Felipita Abeita**. Any person claiming in interest in this matter may be notify the Court in writing and/or attend the hearing. The hearing on this matter is scheduled for **Wednesday, January 18, 2017 at 2:30 pm.** Any interested parties may contact the Tribal Court Clerk with any questions at 505-869-9699.

Fresquez Productions Inc. Presents **JACKSONWINK FIGHT NIGHT**

**SANCHEZ vs URBINA**

**FEBRUARY 25 | 7PM**

PLUS SEVERAL OTHER BOUTS

TICKETS AVAILABLE AT ISLETA CASINO BOX OFFICE OR ISLETA.COM | AGES 21 YEARS OR OLDER

**DOORS OPEN AT 5:30PM**

Fight card subject to change.

**ISLETA**  
resort + casino

(505) 724-3800 | isleta.com

PUEBLO OF ISLETA  
**ELDER CENTER**

**Valentine's Day**  
SPA DAY & DANCE

**FEBRUARY 14, 2017**  
ADULTS AGES 60 & OLDER

**9:00AM - 3:00PM**

JOIN US FOR A MORNING OF RELAXATION & AFTERNOON ENTERTAINMENT!

FOR MORE INFORMATION CONTACT: (505) 869-9770

Adult Day Services Only: Activities Calendar - February 2017				
Mon	Tue	Wed	Thu	Fri
*Calendar Subject to Change	Commodities February 16th & February 28th	1) 10-11 Chair Exercises 1-3 Sew Pillows	2) 10-12 Sew Dishtowels 1-3 Continue w/ Dishtowels	3) 10-12 Sweetheart Crafts 1-3 Continue
6) Field Trip 10-2 Wal-Mart & Lunch	7) 10-12 Valentine Crafts 1-3 Afternoon walk	8) 10-12 Diabetes Screening 1-3 Valentine Activity	9) 10-11 Make Valentine Brownies 12-3 Eat & Enjoy!/ Staff Meeting	10) Field Trip 11-2 Sweetheart Luncheon
13) 10-12 Activities with Behavioral Health 1-3 Open Activity	14) Valentine's Day 10-2 Sweetheart Spa Day & Music	15) 10-12 General Meeting 1-3 ADS Choice	16) 10-11 Chair Exercises 11:30-12 Catholic Mass 1-3 Presidents day Activity	17) 10-12 Card Games/ Board Games 1-3 Jigsaw Puzzles
20) Closed Presidents Day	21)10-11 Chair Exercises 1-3 Sew Shawls	22) 10-12 Open Activity 1-3 ADS Choice	23)10-11:30 Visit Assisted Living Facility 1-3 Plastic Canvas Crafts	24) 10-11 Chair Exercise 1-3 Sew Baby Blankets
27) 10-11 Chair Exercises 1-3 Paint Ceramics	28) 10-12 Beading 1-3 Afternoon Walk	February Birthday Na-Na Marcelina February 7th	* For Further Assistance Emma Abeita 869-9770 Nicole Abeyta 869-9770	



# St. Augustine Religious Education Program Annual Christmas Pageant



*The Religious  
Education  
Director and  
Teachers*

**B**lessings for a New Year! A New Year is upon us and with all our Christmas Season activities we missed submitting this article in the January newsletter.

St. Augustine Religious Education Program would like to extend our appreciation for an outstanding raffle fundraiser, with the drawing held on December 18, 2016. With your generosity, hard work and dedication you helped raise \$2,505.25 for our program.

At this time we would like to express our appreciation to all the students in our religious education program for an outstanding Christmas

Pageant. Our thanks to parents, grandparents, guardians and family members who helped us in various ways. The beauty of the Pageant is it brings our community together. Christmas is a time for peace in our hearts and to acknowledge the real reason for the season – the Birth of Jesus Christ.

Thank you and we hope to continue to work with you in providing your children a good faith experience as we journey with our Lord Jesus Christ. May the Love of Christ bless you and may He listen to the prayers of his children.



**FOR MORE INFORMATION  
CONTACT:  
(505) 869-9770**



THE ISLETA ELDER CENTER IN PARTNERSHIP WITH ISLETA RESORT & CASINO WILL ISSUE A GOLDEN EAGLE PASS TO TRIBAL MEMBER ELDERS 65 PLUS YEARS OF AGE.

THE PASS WILL ALLOW YOU TO ENJOY 5 FREE PASSES TO THE FOLLOWING  
ISLETA RESORT & CASINO VENUES:  
ISLETA EAGLE GOLF COURSE  
FUN CONNECTION  
ISLETA LAKES

TRIBAL MEMBER ELDERS WILL ALSO RECEIVE "ONE" FREE BIRTHDAY LUNCH OR DINNER OF YOUR CHOICE (NOT TO EXCEED \$20) AT ANY RESTAURANT AT THE ISLETA RESORT & CASINO.

COME VISIT THE ISLETA ELDER CENTER FOR YOUR "GOLDEN EAGLE PASS."  
PASSES MUST BE RENEWED ANNUALLY, COUNTING FROM THE DATE OF ISSUE.  
PLEASE BRING YOUR TRIBAL IDENTIFICATION CARD AND STATE ISSUED DRIVER'S LICENSE/ID.



# Helping Your Adult Family Member Who Is Intoxicated

**W**ithdrawal from substance abuse, especially alcohol, can be dangerous and medical attention is recommended. When dealing with an intoxicated member of your family, the first thing that might come to mind is bring them to the Isleta Behavioral Health Services (IBHS). If you do bring them to our office, you will be directed to go to the MATS Detox Program in Albuquerque. You can call the MATS staff in advance and talk to them about any questions or concerns you may have before going. If your family member is accepted, make sure he/she takes three (3) pairs of underwear and socks and have them wear comfortable warm clothing like sweat pants and shirt (no packed bag of clothes). That is all your family member needs for the 3 to 7 day stay.

After your family member is checked in/dropped off at MATS Detox, you can return home. Your family member will be fine either way; he/she is not in a locked facility and can leave at any time. Please practice “tough love” by not picking your family member up unless they have been cleared by MATS Detox for release. Once your family member returns home, please encourage your family member to call IBHS and request an appointment for an intake assessment. The intake assessment helps determine the best course of treatment to help them. Treatment recommendations may include residential treatment or outpatient services.

Isleta Behavioral Health’s on-site outpatient services include the Early Recovery Skills Group, Another Recovery Technique Group, AA, and individual counseling. We do provide transportation for any family member who lives in the Isleta Community to attend our activities. Please call 869-5475 to schedule a ride.

***Please Note:** the MATS Detox Program is for Bernalillo county residents only and IBHS does not transport clients to this facility, which is located at 5901 Zuni Road SE, ABQ (one block west of San Pedro, phone: 505-468-1555). Finally, if your family member does not get accepted to this program, you can take them to the emergency room.*

**Isleta Behavioral Health Services**  
505-869-5475

Want to Stop Smoking, but aren't sure how?

Sign Up For Isleta Health Center's

Starts in March 2017 @ Isleta Health Center

98% of participants that attended every scheduled session quit smoking!

CONTACT: Stephanie Barela @ 505-869-4479 for more information or to reserve your spot in this class!

Sponsored by the Isleta Health Center

Let me know your thoughts!!

**Pueblo of Isleta Health Center**  
Health Education Department

Help me plan the year by letting me know what you would like to learn!  
Do you want to learn about certain health topics?  
Do you see a need in the community for a certain type of training?

**Tell Your Local Health Educator!**

Stop by the Health Center and drop your health training topic suggestions or comments in the "Suggestions, Comments or Complaint Box" located inside the main entrance (on your right as you enter) or you may send an e-mail to [sbarela@islclinic.net](mailto:sbarela@islclinic.net)

**Isleta Health Center**  
Stephanie Barela, Health Educator  
Phone: 505-869-4479

**Early Detection is the Key to Beating Cancer**

Cancer is the second leading cause of death among Americans. It's important to do what you can to help prevent this disease. The easiest and most important thing is to find cancer as early as possible. This is done usually by different early detection methods, several of them are listed below.

HEALTH BEAT | Stephanie Barela @ 869-4479

Cancer	Risk	Early detection	When to get tested
Colorectal Cancer	Personal or family history	Screening	Mid age or earlier if Dr. suggests
Skin Cancer	Family history or frequent sun exposure	Inspect skin regularly for growths or changes	Ask your doctor
Oral Cancer	Smoker or excessive alcohol consumption	Regular check ups at the dentist and doctor.	Ask your doctor or dentist about checking the tissues in your mouth as a part of your routine exam.
Prostate cancer	Increases with age.	No symptoms until later stage. Blood test and a digital rectal exam.	Regular screening that you should ask your doctor for.
Breast Cancer	Personal and family history.	Monthly Self Breast Exams. Medical exam and Mammograms	Women in their 40s should receive mammograms.  Women in their 20s and 30s should have a clinical breast exam (CBE) by their doctor, preferably every 3 years. Starting at age 40, women should have a CBE by a doctor every year.
Cervical Cancer	<ul style="list-style-type: none"><li>Giving birth to many children.</li><li>Having many sexual partners.</li><li>Having first sexual intercourse at a young age.</li><li>Smoking cigarettes.</li><li>Oral contraceptive use ("the Pill").</li></ul>	Pap test	Done during routine pelvic exam.
Uterine and Ovarian Cancer	Abdominal pain, abdominal bloating or abnormal bleeding.	Not found by Pap Smear.	Talk to your doctor if concerned.

If you are interested in learning more about cancer, please join us for our monthly Pueblo of Isleta Cancer Support Group and/or register for the upcoming Isleta Cancer Education Conference scheduled for April 1, 2017.  
Call Stephanie Barela @ 869-4479 for more information.

*Adapted from Maureen Welcker's "Early Detection Helps Defeat Cancer" Nov/ Dec 2005; Deacon Digest.*



# Health Beat

Stephanie Barela, Health Educator, 505-869-4479

## Heart Disease

February is HEART DISEASE AWARENESS MONTH. Heart Disease, also known as cardiovascular disease, is the leading cause of death in the world, and accounts for one in three deaths among women each year and more than ½ of the deaths in men. Here are things we can do to LOWER our Risk of Heart Disease:

### QUIT SMOKING COMMERCIAL TOBACCO

Contact Stephanie Barela (869-4479) to learn about the Isleta Health Center’s quit smoking programs.

### EAT HEALTHY

- Eat more
- Healthy fats, such as raw nuts, olive oil, fish oils, flax seeds, or avocados
  - Colorful fruits and vegetables—fresh or frozen, prepared without butter
  - High-fiber cereals, breads, and pasta made from whole grains or legumes
  - High-quality protein, such as fish, poultry, and lean meats
  - Organic dairy such as eggs, skim or whole milk, or un sweetened yogurt
- Eat less
- Trans fats from partially hydrogenated or deep-fried foods; saturated fats from fried food, fast food, and snack foods
  - Packaged foods, especially those high in sodium and sugar
  - White or egg breads, sugary cereals, refined pastas or rice
  - Processed meat such as bacon, sausage, and salami, and fried chicken
  - Yogurt with added sugar, processed cheese

### GET ACTIVE

Get moving and increase your heart rate. Try for 30 minutes a day, 5 days a week.

### MANAGE YOUR STRESS

- Deep Breath
- Take a Break
- Exercise
- Write in a journal
- Talk to someone (Friends/Family)
- Make an appointment with Isleta Behavioral Health (505-869-5475)

### KNOW YOUR NUMBERS

- BLOOD PRESSURE
- Keep it below 120/80.
- BLOOD SUGAR
- Keep it below 6% (100mg).
- BLOOD CHOLESTEROL
- LDL is “bad” Cholesterol--Keep it less than 100mg.
  - HDL is “good” Cholesterol--Keep it higher than 60mg.
  - Triglycerides--Less than 150mg.
- BODY WEIGHT
- Keep your Body Mass Index between 18.6 and 24.9.

www.CDC.gov • www.webmd.com • www.goredforwomen.org



# HIGH BLOOD PRESSURE:

## Are you at risk?

**The top 3 leading causes of death for Native Americans in New Mexico are:**

- #1 – Unintentional Injury
- #2 – Heart Disease
- #3 – Malignant Neoplasms (Cancer)

**All 3 of these causes of death can be prevented!**

In the next few months we will focus on these LEADING CAUSES OF DEATH FOR NATIVE AMERICANS. Last month we talked about Injury Prevention and Motor Vehicle Crashes. This month we will talk about the #2 cause of death for Native Americans in New Mexico, according to CDC (<https://webappa.cdc.gov/cgi-bin/broker.exe>), which is Heart Disease. One factor leading to this is high blood pressure. High blood pressure is a condition that does not always have symptoms, which is why it is important to have it checked at least every 2 years. Once you have it checked, it can actually be controlled through:

- eating healthy
- being active (keep your heart rate up for at least 30 minutes)
- sometimes it is necessary to take medication
- losing weight/maintaining a healthy weight
- keeping your cholesterol levels in a healthy range
- reducing the amount of salt in your diet
- not smoking (call 869-4479 to quit smoking)
- maintaining normal blood sugar levels (call 869-4595 for more information)

Other ways to prevent heart disease include the list below given from WebMD:

1. Unwind and connect. Find ways to ease stress. Three ideas to try: exercise, meditate, and talk to people you trust.
2. Work on your weight. It’s a plus for your heart if you bring it to a healthy level.
3. Upgrade your next meal. Favor fruits, veggies, lean protein, and whole grains. Pass on foods that are salty, high in unhealthy fats, or fried. Repeat for the meal after that, and so on, until it’s routine.
4. Make an exercise menu. Pick a couple of activities that sound like fun. That way, you always have some choices about what to do. Exercise at least three to four times a week for 30 minutes at a time. It burns calories and helps keep extra pounds off.
5. Rethink your drink. Limit alcohol. Moderate drinking may be OK, but more than that isn’t good for your health. What’s moderate drinking? Up to 1 glass a day for women, and up to 2 glasses a day for men.
6. Check your numbers. You may have levels of blood pressure, cholesterol, or blood sugar and not realize it. Your doctor can check all of these things. If any of your numbers are too high, he’ll suggest a plan of action.
7. Don’t smoke. The tobacco habit isn’t just bad for your lungs, it also makes heart disease more likely. Contact the Isleta Health Educator, Stephanie Barela, to find out about the quit smoking programs you can take to learn tips to quitting smoking.

<http://www.webmd.com/heart-disease/understanding-heart-disease-prevention>



Theresa Zuni, Veteran’s Service Officer will be at the Tribal Administration office on 8 March 2017 from 9am to 3pm. Ms. Zuni will be readily available to assisting veterans, spouses, widows and family members with assistance in filing for State and Federal Veteran’s Benefits and answer any questions you may have in regards to benefits.

**Please bring with you: DD214/Military Discharge Document. VA or State Correspondence that relates to the reason for your visit.**

If you have any questions, please contact:

**Theresa A. Zuni**  
Regional Manager  
Veteran’s Service Officer

500 Gold Ave. SW, Room 3107  
P.O. Box 486, Albuquerque, NM 87103  
Phone: (505) 346-4810 • Fax: (505) 346-4869  
Email: [theresa.zuni@state.nm.us](mailto:theresa.zuni@state.nm.us) • Website: <http://nmdvs.org>





## News

The Library will be closed on February 1<sup>st</sup> and 2<sup>nd</sup> from 8:00am-12:00pm for Summer Reading Program Planning meeting. We will be creating a theme for the Youth and Junior groups as well as creating a curriculum. Calendars and more information will be available soon along with the registration date.

The Library will be closed on Saturdays of three-day weekends. This is to avoid confusion with our Treasury Department about which employees get holiday pay. With that said the Library will be closed on Saturday, February 18<sup>th</sup> and Monday February 20<sup>th</sup> in observance of Presidents Day. All Library media checked out on Thursday will be due on Tuesday February 21<sup>st</sup>. Enjoy your three day weekend!

The Library has noticed that some Library patrons have duplicate accounts in our system. Those with fines and overdue Library material on old accounts have now been updated to reflect on current/active Library accounts. Some Library patrons will notice that when checking out Library material you will have a fine that wasn't there before. To resolve this issue with please speak with Nathaniel Lujan, Library director.

The Pokémon Go Club will be on a temporary hiatus until the Library can fix its activity van. In the meantime, enjoy the "POGO" updates. The "POGO" club will resume when the activity van is fixed. "POGO" club members must have a "POGO" ready device along with a Pokémon account set up. We are always accepting new club members should you or someone you know is interested. Please call the Library and speak with Nate at 505.869.9808.

Pueblo of Isleta Library staff will be visiting the round house in Santa Fe for Library Legislation day on January 27<sup>th</sup> and February 3<sup>rd</sup> for American Indian day followed by the NALSIG (Native American Libraries Special Interest Group) Meeting. We will be representing Isleta Pueblo, Tribal Libraries and Public Libraries. The Library will remain open both days with normal business hours.

## Upcoming

Story time for ages 16 months to 5 years old is back again for the 2017 year. Library staff member Diane Abeita will read a story every Monday at 10:30am along with a small activity or craft. No need to sign up for this program. If you have any questions please call the Library and speak with Diane at 505.869.9808.

Children of all ages are invited to make a pop-up Valentine's Card on February 8<sup>th</sup> from 4:30pm-5:30pm.

# Pueblo of Isleta Public Library

Goodbye January, Hello February! We hope the year is treating you right so far! The Pueblo of Isleta Public Library has some exciting programs lined up for this month including a kids Valentines program and an Adult Couples Game night. We will also be starting to plan our 2017 Summer Reading Program for the Youth and Junior groups. More information and details will be available soon.



*Posing with his Chinese Lantern in Celebration of Chinese New Year.*



*Working on their Chinese New Year Lanterns made with a cup, mod podge and red paper.*

All supplies are provided. Library staff member Valeri will show you how to make different pop-up cards for someone special. No need to sign up, however supplies are limited. If you have any questions please call 505.869.9808 and speak with Valeri.

The Library will be hosting a Couples Game Night on Thursday, February 9<sup>th</sup> from 6:00pm-8:00pm. This program is open to 6 couples 18 & over. Significant others, partners or BF & GF couples are invited to compete for a grand prize of a \$60 gift card to Embers Steakhouse located at the Isleta Resort and Casino. Join us for a night of fun, laughs and silliness as we play: The Not So Newlywed Game, The Game of Things, Charades and more! Community members are welcome to be a part of the live audience. Please call the Library to sign up starting February 1<sup>st</sup> at 505.869.9808 and speak with Tara.

## Recap

The Library took our Homework Help program on its first incentive field of 2017 to Gravity Trampoline Park and Golden Corral on January 27<sup>th</sup>. The kids have been working hard to stay on track with their homework and getting their nightly reading done at the Library so we treated them to a fun night out. The kids had a blast jumping around, playing dodge ball, and showing us flips. A message to the students that attend: Keep up the good work and stay on track with your homework. We will be planning more fun activities for you all soon!

Our Homework Help program is in full swing for the remaining school year. We currently have students from the Isleta Elementary, Sundance, Bosque and Los Lunas Middle School that attend regularly. We have plenty of room for any students that would like to join our Homework Help Program. Library staff are not tutors BUT

*Continued on page 18*

**Pueblo of Isleta Public Library**  
**Starting Feb. 6th through Feb. 13th**  
**4:30pm to 5:30pm**

*You're Invited to come join us in making a Valentine's Day Card Box!*  
*All supplies provided except for the box.*  
*Free and open to everyone!*

**Valentine's Day**  
**TOP SECRET**

For more information please call the Library at 869-9808.


**Couples**  
**GAME NIGHT**  
**THURSDAY, FEBRUARY 9TH**  
**6:00PM-8:00PM**  
**Pueblo of Isleta Public Library**

*Grand Prize \$60 gift card to Embers Steakhouse located at the Isleta Resort and Casino.*


**Sign up starting February 1st.**  
**OPEN TO THE FIRST 6 COUPLES 18 & Over TO SIGN UP!**  
**For more information please call 505.869.9808 and speak with Tara.**




# KARATE / JUDO CLASSES



7<sup>th</sup> Degree Black Belt Karate  
2<sup>nd</sup> Degree Black Belt Judo



KARATE ONE  
KARATE ONE SUPPORT STAFF  
2014  
SENSEI CLARENCE CHAVEZ KYOSHI, SHIHAN RAY BARRERA HANSHI, SENSEI JOHN RIDDLE KYOSHI  
SENSEI: REXANNE BARRERA, ERINIE GARCIA, BRUCE BAINBRIDGE, BRIAN BUCKLEY, SCOTT GAMPERT, JUSTIN GONZALEZ,  
DARRILE BOSS, BILL FILL, MARCELLA TAPLEY, MADISON POWERS



6<sup>th</sup> Degree Kobudo

## Isleta Recreation Center Martial Arts Program

Both Kids (Boys and Girls 8 years and up) and Adults  
5:30 pm Beginners 6:30pm Advanced Classes  
Tuesday, Thursday and Friday

Karate / Judo class are always accepting new students.  
To sign up or ask additional questions, please call the New Recreational Center at 505.869.9777.  
Classes are taught by Mr. Chavez



## Recruiting Volunteers for 2016-2017 Program Year

The AmeriCorps Veterans Legacy Program is a federal service program funded by the Corporation for National and Community Service. Legacy Corps is a branch of AmeriCorps; it is a national program administered by the University of Maryland that supports family caregivers with respite (substitute) care. Legacy Corps is an internationally-recognized, award-winning program. Outcomes measures for Legacy Corps show significant benefits for both the member volunteer (civic engagement, employment) and the family caregiver (stress levels). For over 10 years Legacy Corps was funded as a general in-home respite program; the program now focuses on veteran and military families.



Complete 450 hours in a year

Earn \$200 a month Stipend

Upon completion of hours receive an Educational Award of \$1,527.78

Provide Companionship-level care for veterans and veteran families

Must be 18 years and older

### ISLETA ELDER CENTER

Rebecca Gonzales-Legacy Coordinator  
Tribal Road 40  
Building 79  
Isleta, NM 87022

505-869-9770

*Continued from page 17*

we will utilize the Library resources to help find answers and help with homework. While students are here they are required to finish homework and/or required readings. Once children are done they are put in groups to play the Xbox, Wii U, computers, play an activity, or make a craft. Students also receive a snack. The Library also treats the students to bi-monthly field trips! If you would like more information please call the Library and speak with a staff member at 505.869.9808.

Children took part in our Chinese New Year Craft, which was held on January 25<sup>th</sup>. In celebration of the Chinese New Year the Year of the Rooster the children made a Chinese lantern craft to hang up at home. The following day the adult Chinese New Year craft was to take place because of unforeseen circumstances we had to reschedule the program to January 31<sup>st</sup>. On that day adults made spring rolls and learned what Chinese zodiac symbol they were. The spring rolls were easy to make and everyone enjoyed making something new.

### Pueblo of Isleta Public Library Hours of Operation:

Library Hours:  
Mon-Thurs - 8:00a.m. - 6:30p.m.  
Friday - 8:00a.m. - 4:30p.m.  
Saturday - 9:00a.m. - 1:00p.m.

Closed on Sundays, all federally recognized Holidays and also Isleta traditional Holidays.  
Please contact library for more information on closures.

Mailing and Physical Address:  
950 Moonlight Drive SW  
Albuquerque, NM 87105

Phone: 505-869-9808  
Fax: 505-869-8119  
Email: poi02002@isletapueblo.com

Facebook Page:  
[www.facebook.com/IsletaPuebloLibrary](http://www.facebook.com/IsletaPuebloLibrary)  
Web Address:  
[www.isletapueblo.com/library2.html](http://www.isletapueblo.com/library2.html)  
YouTube:  
[www.youtube.com/user/poilib](http://www.youtube.com/user/poilib)  
Pinterest:  
[www.pinterest.com/poilib](http://www.pinterest.com/poilib)



**\*ATTENTION!!\***  
**WANNA GET IN SHAPE?**

*"The first step to reaching progress in your fitness level is to create a base of aerobic fitness....." From Spinning News*

**What a better way to reach your fitness progress and goals than to join a Spin class?**



Motivation, endurance, a challenge, a healthy heart, speed, and just a GREAT workout are things that Spinning will assist you with!

COME-ONE-COME-ALL! Spinning is for everybody!  
Get measured for a bike! Challenge yourself!  
**COME during lunch!**

**Beginners**, no worries, this class is a great kick-start to a great healthy lifestyle.  
Feel you are **advanced**? Spin will challenge **ALL**! It's all up to you!

*"I believe that true success is within reach when we, as individuals, begin to reshape how we see ourselves and the world." By Luciana Marcia-Vincion, Spinning Master Instructor*

(Class dates & times: Mon./Wed. 12:00p, 5:10p, 6:10p;  
Tues./Thurs. 5:30a, Sat./Sun. 1:00p)



**Isleta Main Recreation Center Hours**

**505-869-9777**

Monday-Friday: 5:00am-8:00pm

Saturday: 7:30am-4:00pm

Sunday: CLOSED

**Isleta Pickle Heights Recreation Center  
Hours**

**505-869-5741**

Monday-Thursday: 3:30am-8:00pm

Friday: 3:30am-6:30pm

Saturday & Sunday: CLOSED

**PRC**

Patients are responsible for notifying PRC of any follow up appointments, continued or referred care, or any additional procedures the specialist may recommend.

Please provide as much notice as possible to allow us to enter the information, request the orders, and mail out to you prior to your appointment.

Questions? Please call 869-4488

**Los Lunas High School Softball Schedule**  
**Coached by: Mr. Paul Cieremans**

**Softball**

*Girls Varsity*

			Place	Time
Thursday	03/02/17	Cibola High Sch.	Home	4:00 PM
Tuesday	03/07/17	West Mesa High School	Away	4:00 PM
Thursday	03/09/17	Tourmnt of Champs-Bullhead, AZ(3/9-3/11)	Away	TBA
Friday	03/10/17	AZ Tourmnt	Away	TBA
Saturday	03/11/17	AZ Tourmnt	Away	TBA
Friday	03/17/17	Artesia High Sch.	Home	4:00 PM
Tuesday	03/21/17	Atrisco Heritage Academy HS	Away	4:00 PM
Thursday	03/23/17	Rio Rancho High School (Rio Rancho Invite 23-25)	Away	TBA
Friday	03/24/17	Rio Rancho High School (Invite)	Away	TBA
Saturday	03/25/17	Rio Rancho High School (Invite )	Away	TBA
Tuesday	03/28/17	Sandia High School	Home	4:00 PM
Friday	03/31/17	Artesia High Sch. (LadyDog Invite 3/31-4/1)	Away	TBA
Saturday	04/01/17	Artesia High Sch. (Artesia Invite )	Away	TBA
Thursday	04/06/17	Belen High Sch.	Home	6:00 PM
Tuesday	04/11/17	St. Pius High School	Away	4:00 PM
Thursday	04/13/17	Grants High Sch.	Home	6:00 PM
Tuesday	04/18/17	Valencia High School	Away	6:00 PM
Tuesday	04/25/17	Belen High Sch.	Away	6:00 PM
Thursday	04/27/17	St. Pius High School	Home	4:00 PM
Tuesday	05/02/17	Grants High Sch.	Away	6:00 PM
Thursday	05/04/17	Valencia High School	Home	6:00 PM
Friday	05/12/17	State (State 5/12-5/14)	Away	TBA

*Girls JV*

			Place	Time
Thursday	03/02/17	Cibola High Sch.	Away	4:00 PM
Friday	03/03/17	Cleveland High School (Cleveland JV Invite 3/3-3/4)	Away	TBA
Tuesday	03/07/17	West Mesa High School	Home	4:00 PM
Tuesday	03/14/17	Cleveland High School	Home	4:00 PM
Friday	03/17/17	Los Alamos High School (Tournament 3/17-3/18)	Away	TBA
Tuesday	03/21/17	Atrisco Heritage Academy HS	Home	4:00 PM
Tuesday	03/28/17	Sandia High School	Away	4:00 PM
Friday	03/31/17	Rio Rancho High School (RRHS Tournament 3/31-4/1)	Away	TBA

**Softball**

*Girls JV*

			Place	Time
Saturday	04/01/17	Rio Rancho High School	Away	TBA
Thursday	04/06/17	Belen High Sch.	Home	4:00 PM
Thursday	04/13/17	Grants High Sch.	Home	4:00 PM
Tuesday	04/18/17	Valencia High School	Away	4:00 PM
Tuesday	04/25/17	Belen High Sch.	Away	4:00 PM
Tuesday	05/02/17	Grants High Sch.	Away	4:00 PM
Thursday	05/04/17	Valencia High School	Home	4:00 PM

*Girls C-Team*

			Place	Time
Friday	03/03/17	Cleveland High School (Tournament 3/3-3/4)	Away	TBA
Wednesday	03/15/17	Rio Rancho High School (DH 3/5pm)	Away	3:00 PM
Monday	03/20/17	Cleveland High School (DHG 3/5pm)	Away	3:00 PM
Wednesday	03/22/17	Los Alamos High School (DH 3/5pm)	Home	3:00 PM
Friday	03/31/17	Rio Rancho High School (Tournament 3/31-4/1)	Away	TBA
Saturday	04/08/17	Valencia High School (DH 10/12pm)	Home	10:00 AM
Wednesday	04/19/17	Rio Rancho High School (DH 4/6pm)	Home	4:00 PM
Friday	04/21/17	Cleveland High School (DH 4/6pm)	Home	4:00 PM

**2017 Isleta Little League**

**REGISTRATION**

Location:

Isleta Recreation Center Game Room

**DATE / TIME**

Rescheduled Early Registration

- Wednesday February 1st 5:30pm – 7:30pm

Late Registration Dates:

- Saturday February 4th 1:00pm – 4:00pm
- Wednesday February 8th 5:30pm – 7:30pm

**REGISTRATION FEE**

Wednesday February 1st \$40.00 per child

Late Registration Dates:

Saturday February 4th  
Wednesday February 8th

Late Registration Fee: \$80 per child

Cash or Card payment only! NO REFUNDS

**LITTLE LEAGUE SOFTBALL**

**DIVISIONS / AGES**

BASEBALL AND SOFTBALL DIVISIONS

AGES: 4 YEARS OF AGE TO 16 YEARS OF AGE

**FIND YOUR LEAGUE**  
[PlayLittleLeague.org](http://PlayLittleLeague.org)

**WHAT TO BRING:**

All parent/guardians must bring participant's birth certificate and three documents providing residency or one document supporting local school enrollment.

**CONTACT INFORMATION:**

[IsletaLL@gmail.com](mailto:IsletaLL@gmail.com)

**LEAGUE WEBSITE:**

FACEBOOK: 2017 Isleta Little League



# Pueblo of Isleta Veterans Association

Greetings: On January 4, 2017, a meeting was held to conduct an election of officers for the calendar year 2017. The membership voted to retain the incumbent officers for another year. Officers voted in by acclamation are: Fred Lujan, Commander, Mike Lucero, Vice Com-

mander, Ulysses Abeita, adjutant, Dave Calberg, Finance Officer, Joe L. Jaramillo, Chaplin, Marcus Lujan, Sgt at Arms and Steve Abeita, Judge Advocate.  
During the 2016 calendar year we were quite busy with many projects, meetings and events. We

held 22 associating meetings where we discussed many topics such as health, employment and how to engage with various departments and agencies to accommodate their needs and address their issues. We also discussed many ongoing projects and our pending property at Los Charcos.



Pueblo of Isleta Veterans hard at work.

Our members also attended 14 events such as veteran conferences as well as State and Federal Veteran Affairs workshops. We co-sponsored 3 veteran events which provided information to gain access for business opportunities and related benefits.

## Honor Guard Activities: 2016

DATE:	LOCATION AND FUNCTION:
January 15	Isleta Tribal Courthouse Historic event; Signing over of Comanche Ranch
March 16	Isleta Recreation Center All Indian Game Day/Senior Olympics
March 22	Marriott Hotel Albuquerque BIA Forestry Conference
April 9	Isleta Cemetery Set headstone/Gabriel Lujan
April 10	Isleta Cemetery Military Honors/Joe Trujillo Funeral
April 14	Isleta Resort & Casino Isleta Community Meeting
April 26	Isleta Resort & Casino Native Youth Empowerment
May 26	Isleta Resort & Casino Rites of Passage/6 <sup>th</sup> grade
May 27	Isleta Veterans Center Center Grand Opening
June 8	Isleta Resort & Casino School Nutrition/Conference
June 16	Isleta Resort & Casino State of New Mexico/Tribal Leaders Summit
June 30	Isleta Elderly Center 4 <sup>th</sup> of July Event/BBQ for Veterans
July 4	Daniel Fernandez Park VFW Invitation/Flag Parade
July 13	Isleta Resort & Casino Veterans Business Outreach Meeting/Conference
July 28	Isleta Cemetery Military Honors/WWII Veteran, Alex Jiron Funeral
August 23	Isleta Resort & Casino 38 <sup>th</sup> Annual Conference of Ageing
September 7	Isleta Resort & Casino 24 <sup>th</sup> Annual Conference/4 Corners Indian Country
October 15	Isleta Cemetery Set Headstone/Joe P. Cherino
November 3	Isleta Resort & Casino National Headstart Conference
December 13	Isleta Resort & Casino POI Mica Group/Pathway to Fluency
December 21	Isleta Cemetery Military Honors/Andres Chewiwi Funeral

A work detail was held on January 21, 2017 to remove all furnishings from the modular building to make room for renovations. The planning department staff is in the process of obtaining bids. We plan to use the building for multi-use purposes. The work detail consisted of Bob Lucero, Ulysses Abeita, Marcus Lujan, Pat Fincher, James Keryte, Fred Lujan, Mike Lucero, James Garley and David Calberg. Thank you to all of you for your help.

The following is an additional name list of Pueblo veterans provided by family members. Please let us know of other members that are not listed in previous publications.

### ISLETA PUEBLO VETERANS

Augustine Torres	Army
Joe D. Lucero (Reid)	Army
Jose Augustine Lucero	Army
Randy Abeita	Army
Robert K. Abeita	Marines
Vincent Montoya	Airforce
Seferino Jojola	Army
Tony Lucero	Army
Patrick Olguin	Marines
Bernadino Lucero	Airforce
Pablo Abeita	Army
Andrew Patrick Abeita	Marines
Myron Hunt	Airforce
Augustine Lente	Army
Ernest Pat Jojola	Army
Jessica Jojola	Army
Kenneth C. Anzara	Airforce
Johnathan A. Anzara	Army
George B. Jojola	Army
Kimberly Yaska	Navy
Juan Bautisto Olguin	Army
James R. Jojola	Navy
Catherine R. Jojola	Coast Guard
Jennifer M. Jojola	Coast Guard
Jose Ignacio Jojola	Army
Myron Jojola	Army
Darryl Jojola	Army
Joseph Abeita	Army
Jessie Jojola	Army
Antonio Chiwiwi	Airforce
Joseph H. Abeita	Army
Dan Abeyta	Army
Edwin Chavez	Army
Jose V. Jojola	Army/Airforce
Mike J. Jojola	Army
Cheryldine Michelle Valencia	Coast Guard
Jamie Jojola	Army
Seferino Juancho	Army
Michael L. Jiron	Airforce
Michael Jojola Jr.	Marines
Ernest Romero	Navy
Elizabeth Blanchard	Navy
Shirley Blanchard	Navy
Herman Lucero	Airforce
John D. Jojola Jr.	
James Jojola	Army
Donald Lucero	Army
Jose Abelicio Zuni	Army
Alex Abeita	Army
Buster Abeita	Army
Jose Abelicio Abeita	Marines
Joe Luis Abeita	Army
Jose Ignacio Abeita	Army
Juan B. Abeita	Army
Lallo Abeita	Navy
Jose C. Abeita	Army
Frank Robert Jojola	Army
Ernest Cherino	Army
Roger Bernard Cherino	Army
Darryl Lloyd Cherino	Army
Walter Price	Marines
Remijo Zuni	Army





# 2017

RENOVATION  
CONCEPTS & DESIGNS

Community Meeting will be held at  
Isleta Resort & Casino Hotel at 9AM  
**Saturday, March 4, 2017**



**ISLETA**<sup>™</sup>  
resort + casino





On behalf of the Pueblo of Isleta, I am pleased to share with you exciting news regarding a large renovation planned at the beautiful Isleta Resort & Casino.

The next 18 to 24 months will bring monumental change for our resort, brought forth through a planned \$40 million project. I am pleased we are moving in the right direction, improving the resort experience, and focusing on our overall guest experience.

Those visiting our beautiful resort will soon be greeted by an expanded casino floor, redesigned concert venue, and added food and beverage options. We will also increase our retail space and add an exclusive area for our Bingo players, plus much more.

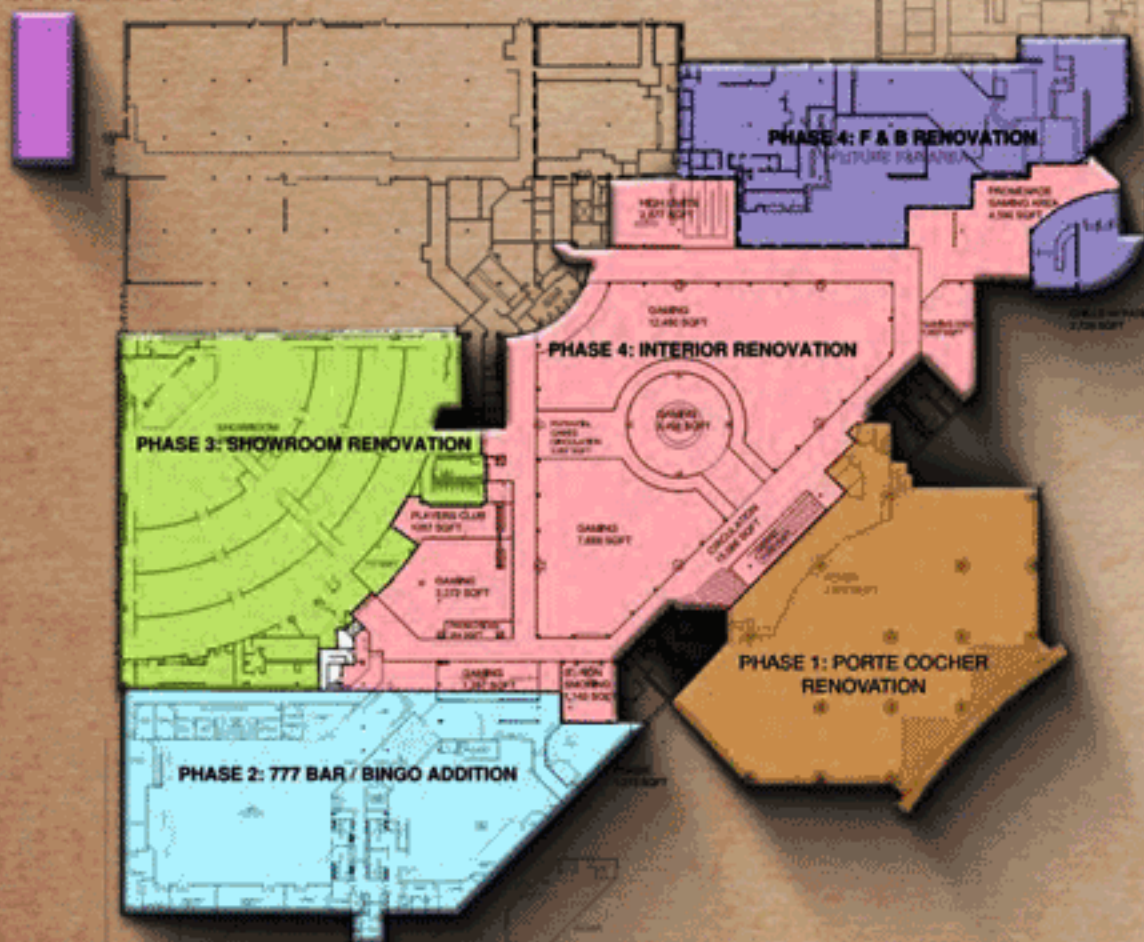
The new design will enhance the overall product we currently offer to our valued guests, while also showcasing our history and heritage. In this newsletter you will find samples of what there is to look forward to, as well as a glimpse of the upcoming phases of construction.

I would like to thank our guests and community members for your increased support as we move forward with our expansion plans. We look forward to seeing you throughout this process, sharing our progress, and ultimately celebrating the new and improved resort with you.

Sincerely,

*Robert Benavides*  
Governor J. Robert Benavides

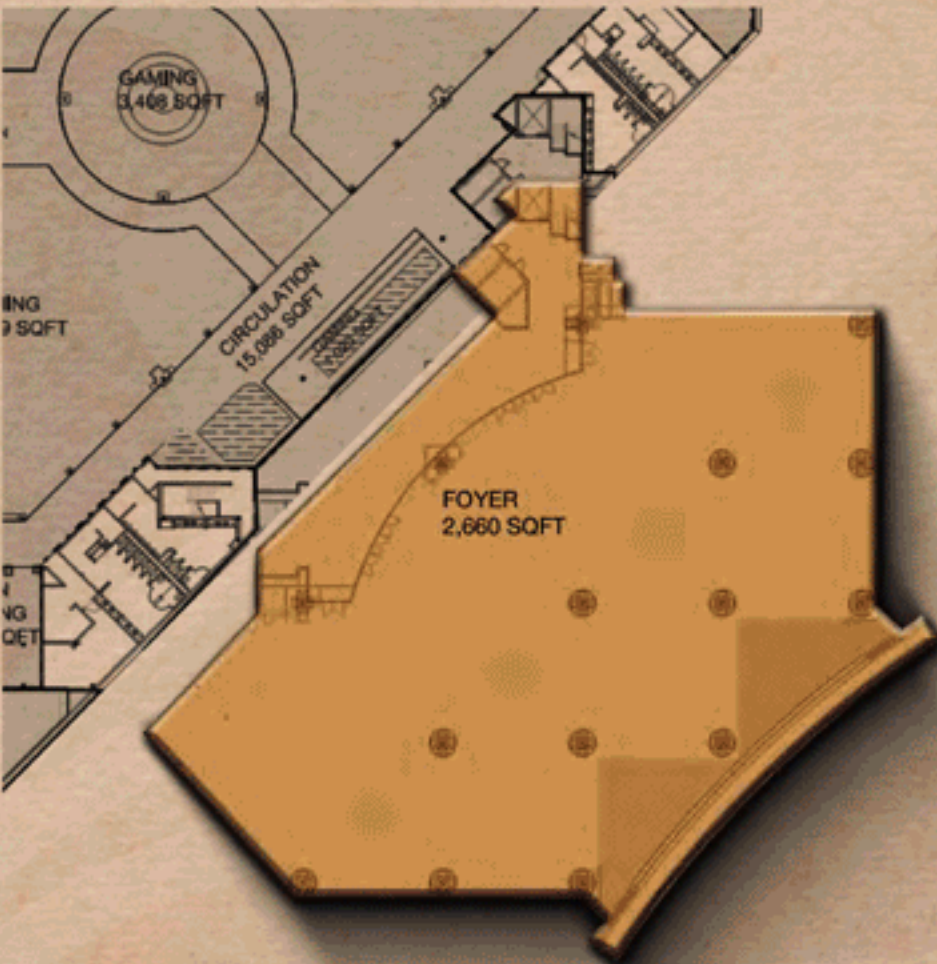
PHASE 1: CENTRAL PLANT



## ISLETA RESORT & CASINO REDESIGN PHASES OF WORK

- PHASE 1:** Porte Cochère Renovation
- PHASE 1:** Site Lighting
- PHASE 1:** Central Plant
- PHASE 2:** Triple Sevens Saloon and Bingo Addition
- PHASE 3:** Showroom Renovation
- PHASE 4A:** Food & Beverage Renovation
- PHASE 4B:** Casino Renovation
- PHASE 5:** Spa Renovations
- PHASE 6:** Hotel Lobby Renovation





### PHASE 1: PORTE COCHÈRE

Upon arrival, guests will be greeted under a redesigned Porte Cochère at the main entrance to the casino. The renovation will include additional lighting, sound equipment, and large video monitors. As they enter, guests will see elegant light fixtures with touches of cultural elements combined with the natural beauty of the Southwest. Large video monitors promoting that night's big drawings or upcoming concert will light up the entrance to the property.

As they look back at the parking lot, guests will see decorative screens and redesigned columns, giving the property a casual elegance they will feel right from the beginning of their stay. To better serve our guests, they will now be able to access our fine dining restaurant from a separate entrance outside the casino or from a new entrance within the lobby of the casino.







ALTERNATE VIEW OF PORTE COCHÈRE RENDERING

STEAKHOUSE  
ENTRANCE RENDERING



### PHASE 1: SITE LIGHTING

New lighting will create an inviting feel for our guests as they arrive at our property, while setting the stage for an improved guest experience.

The guest parking areas will have increased LED lighting, with double the amount of lights on each pole, as well as additional fixtures throughout the resort parking areas. These changes will be seen when guests drive by and enter our parking lots.

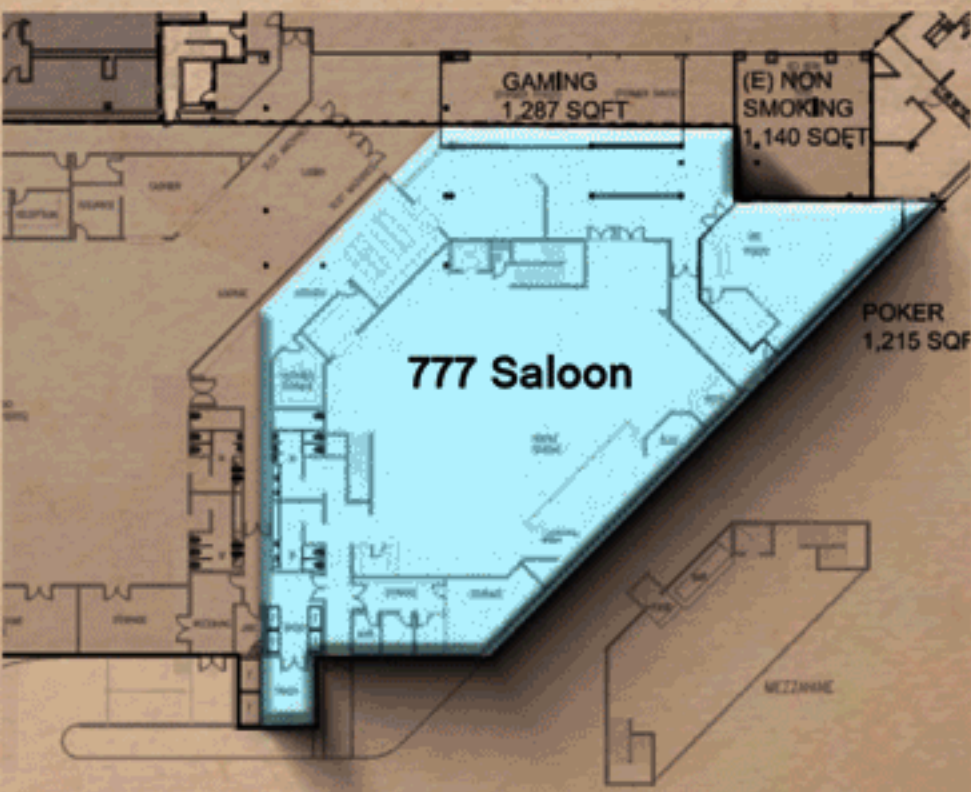




## PHASE 1: CENTRAL PLANT

A newly redesigned Central Plant is essential to ensure the property will be able to thrive for years to come. In order to maintain future supply needs, the Central Plant will have a new location with a new design.

These improvements will require extensive renovations to provide a better air quality to our guests, as well as upgrades to the chiller, cooling towers, boilers, pumps, and water treatment systems.

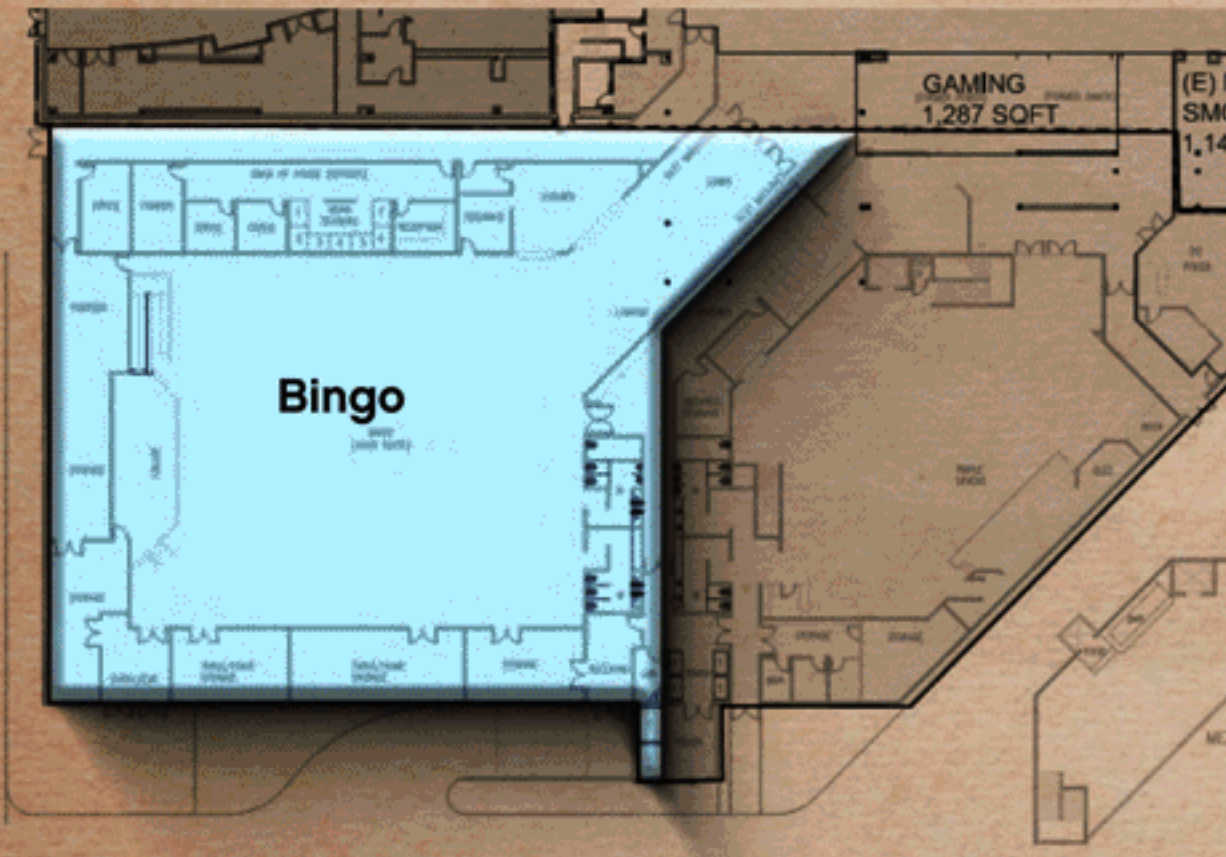


## PHASE 2: TRIPLE SEVENS SALOON

Triple Sevens Saloon is already a guest favorite – voted Best Nightspot in the City in 2016. In order to cater to our valued guests, we are enhancing this experience. The redesigned space will have an anticipated capacity of up to 400 guests. That's nearly four times its original capacity!

Guests will be delighted with the redesigned seating areas, dance floor, and stage featuring all their favorite bands. Another opportunity for this venue is the possibility of selling this space for special events on the weekdays.





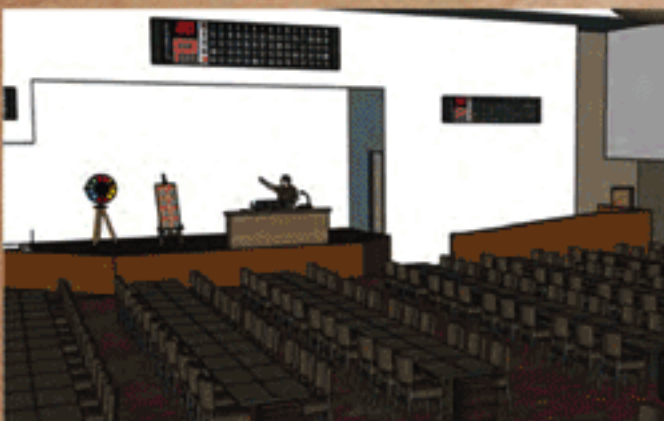
## PHASE 2: BINGO ADDITION

The new facility will feature improved access for guests. There will be a dedicated space for bingo, without the worry of disruptions or closures due to concerts or special events.

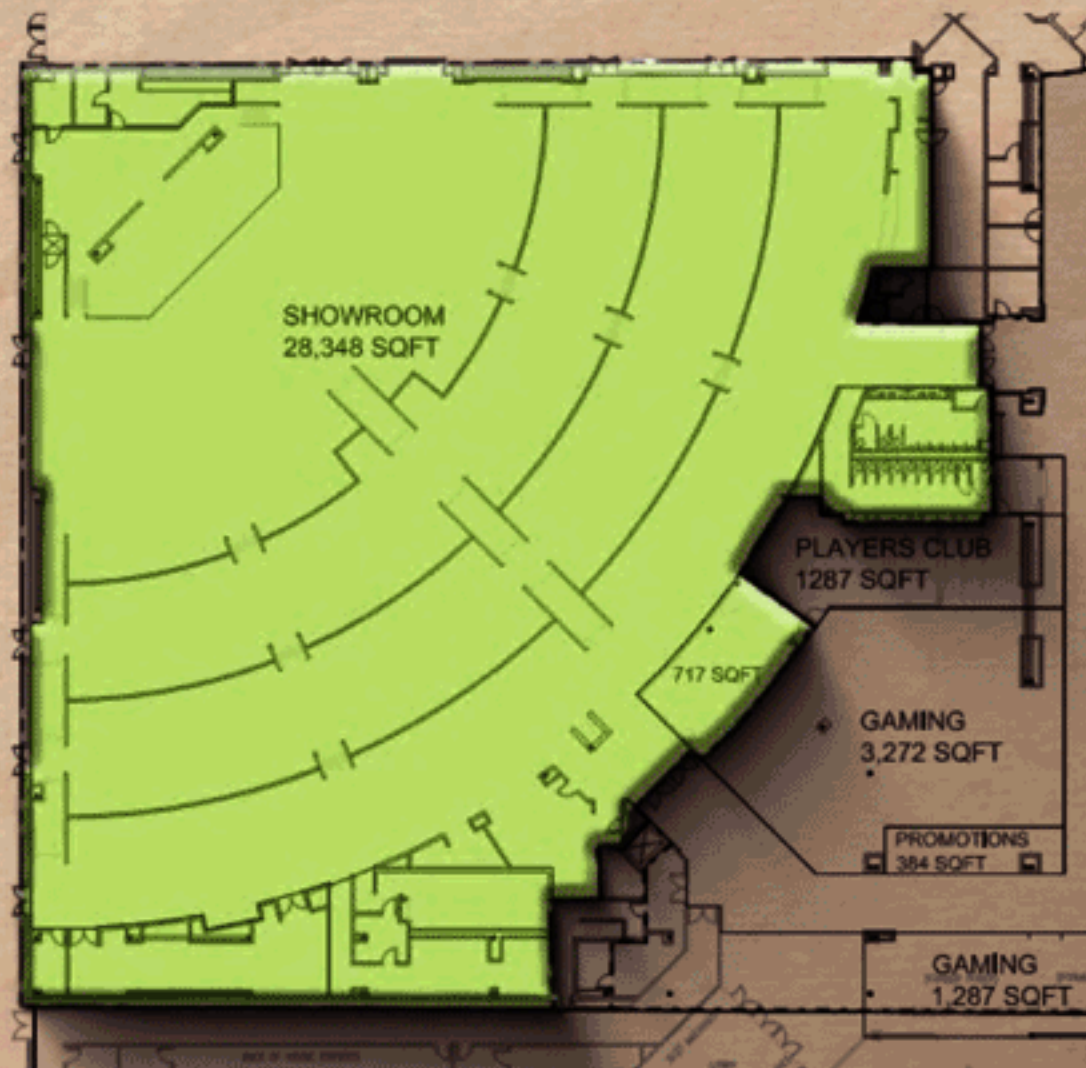
Bingo has been a long-standing tradition within the Pueblo of Isleta, and Management is dedicated to preserving and enhancing this enjoyable activity.

The bingo area and Triple Sevens Saloon will be able to share food services, allowing guests to enjoy a larger more expanded menu featuring food from the grill.

## BINGO RENDERINGS







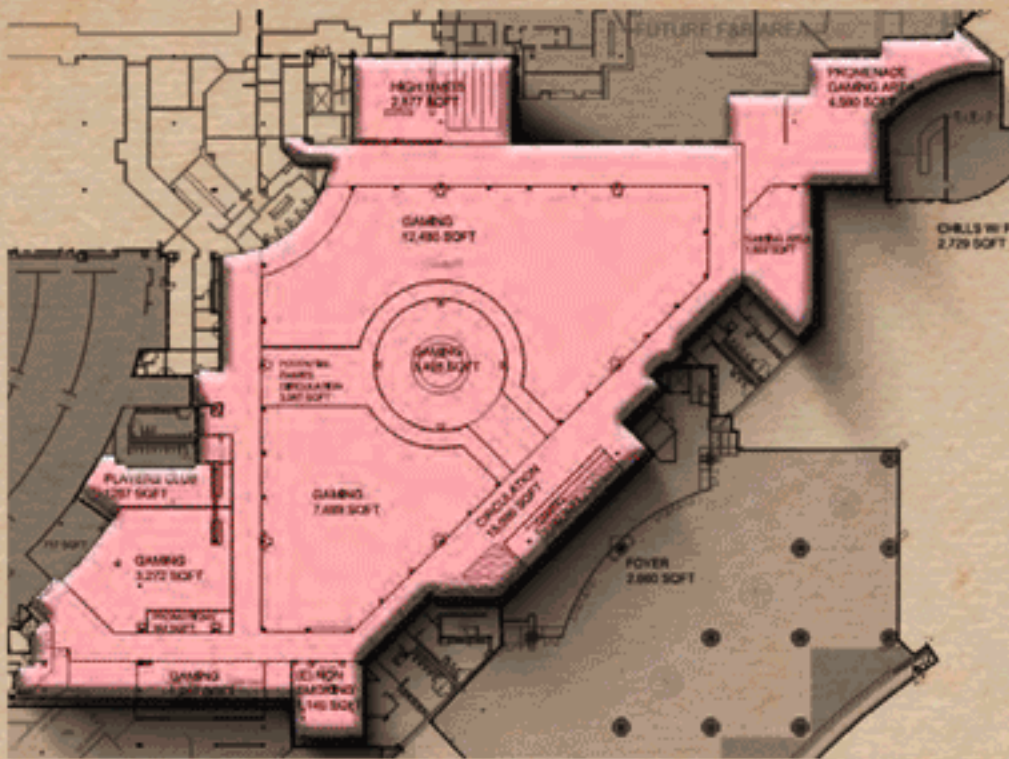
### PHASE 3: SHOWROOM RENOVATION

The showroom is on its way to becoming Albuquerque's premier entertainment destination.

The room will be transformed with a new grand entrance. This will allow more opportunities for our guests to enjoy the casino before and after each show. They will be delighted with enhanced finishes and comfortable theater-style seating. Getting a beverage before the show will be an ease with convenient access and faster service at the beverage stations.

A grand stage will be the focus of the showroom. Improved sound, lights, video screens, and sightlines to the stage will make it one of Albuquerque's best.





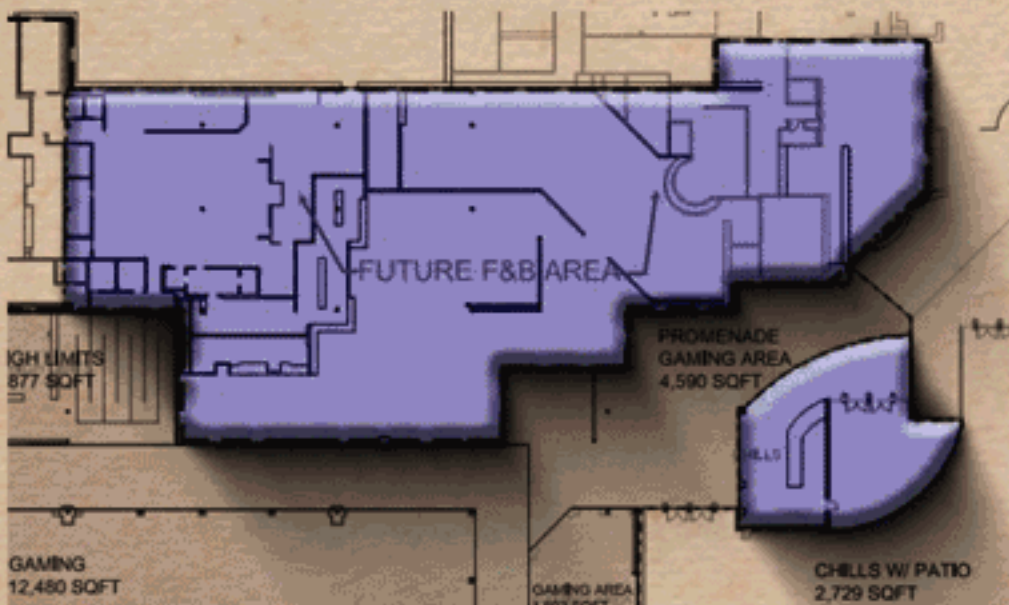
#### PHASE 4: CASINO FLOOR REDESIGN

Guests will be amazed when they enter the casino to see it transformed to have a new lighter and brighter feel, featuring clear sightlines for a more comfortable gaming experience. The removal of Center Bar will allow for a better view of what the entire casino has to offer.

The High Limit Room will be conveniently relocated near the cashiers. This exclusive area will welcome guests by giving them not only the most up to date games, but also their old favorites in a comfortable, contemporary atmosphere.

For many players the heart of the casino is the Player's Club, which will be conveniently expanded and upgraded. Guests

will be pleasantly surprised by the redesign of the promenade area between the casino and hotel. These improvements will allow for a better guest experience throughout the entire property. There will also be expanded retail outlets leading to the Hotel. Chill Ice Cream and Coffee Bar will also be relocated as part of this renovation.



#### PHASE 4: FOOD & BEVERAGE UPGRADES

To satisfy your hunger Isleta will soon offer an array of dining options from a full-service restaurant to a food court with many items to choose from. Whether you are craving a hot cup of coffee, hungry for a decadent treat or a four course meal, we are sure to satisfy any appetite.

Expanded dining options will allow our guests to pick up a fresh salad, a Southwest delight, other ethnic offerings, or a quick grilled cheeseburger and fries. To slow things down, enjoy the ambiance of our fine dining restaurant with a steak and lobster dinner. After your meal, stop off for a nightcap in one of our

bars or lounges. Gaze at the amazing view of the Bosque from our indoor or outdoor locations. If an intimate evening is in order, sit back and enjoy the soft music and conversation in the lounge. If kicking up your heels is more your speed, Triple Sevens Saloon is exactly what you need.

#### PHASE 5: SPA RENOVATION

For a weary traveler staying at the hotel looking to rejuvenate their mind, body, and soul or a day-guest wanting a little indulgence, our spa is the key. Their journey will begin as they enter through an updated corridor with brighter lighting and video monitors featuring all Isleta Resort & Casino has to offer. The spa will feature a newly designed entrance with an inviting front check in area and remodeled men's and women's individual relaxation waiting areas.

#### PHASE 6: HOTEL LOBBY UPGRADES

Hotel guests will enjoy an enhanced experience when they arrive at our front doors. The front desk renovations will provide a welcoming and efficient check in and out experience. The lobby will also be enhanced with unique flooring, tribal designs, and touches of the Southwest.

Thank you to all of our partners:



All images are conceptual renderings. Actual remodel may differ.