



# Isleta Pueblo News

Volume 7 Issue 3

March 2012

## Report from Governor Frank Lujan

This year, 2012, February has 29 days. And as most of you know, this is called "leap year". This event happens every four years. As I was driving to the office, I wondered if there are any birthdates on this day here at the Pueblo. I looked into this possibility and sure enough we have one. This young lady will have a birthday every four years. Her name is Destiny Lucero. She is the daughter of Wayne Lucero and Jennifer Vallejos. Grandparents are Norbert Lucero and Jacqueline Jiron- Benavides. She was born February 29, 2008.

According to Wikipedia, a person born on this date may be called a "leapling" or a "leaper". In common years they usually celebrate their birthdays on February 28 or March 1. In some situations March 1 is used as the birthday on a non-leap year since it is the day following February 28. Technically, a leapling will have fewer birthday anniversaries than their age in years. This phenomenon is exploited when a person claims to be only a quarter of their actual age by counting their leap-year birthday anniversaries only. So, having researched a little about leap year, Destiny will stay young for a long time. Destiny, Happy Birthday, your first in four years.

Getting more serious, last month's article I wrote stirred some controversy. I made a serious error in reporting Councilman Mark Dixon was suspended for dereliction of duties for not providing minutes from 2010. Councilman Dixon was in fact suspended for ninety (90) days not for dereliction of duties, but for violating Tribal Council Resolution No 02-198 by representing an individual as spokesperson in a court case while serving as an elected official contrary to conflict of interest principles. I am publicly apologizing to you, Councilman Dixon, for my error and for any embarrassment this may have caused. I certainly hope we can put this behind us and move forward to working for a productive year.

More importantly, on 2/2/12, 1st Lt. Governor Torres was found guilty of DWI. Many of you may have read this in the Valencia County News and other news media. Lt. Gov. Torres was not on duty and was not using tribal vehicle when this incident occurred. I consider this a private matter involving Lt. Governor Torres. I do not believe that his conduct rises to the level of misdemeanor involving misconduct reflecting the integrity and dignity of the tribal government. He is being held accountable for his actions. He is required to pay fines, attend DWI classes, and have an interlock ignition device. He has turned in the keys to his tribal vehicle since the incident, and will not be allowed to drive a POI vehicle for five years pursuant to POI policy.

It is important to note that since this incident occurred, Lt. Gov. Torres has all along agreed to resign from his office. He made this clear when he and I first discussed the charges against him. I have made a decision and I do not want him to resign. I need him to assist me in my duties as Governor. He has proven to be a valuable Lt. and I appreciate his contributions to the Pueblo and all the assistance he has given to the Office of Governor. We all make mistakes, we pay for our mistakes, and we pray to our Creator and ask for forgiveness. I ask you for your forgiveness as well.

Let's all re-focus to the needs of our community. Let's all commit to our Pueblo, our peoples, our priorities, and be the proud people that we are. Most of you probably by now have read the news article published in the Valencia County News about our Residence Ordinance. I submitted written comments hoping to assure accurate reporting. I was a little disappointed the article did not state this ordinance has been in the books a long time, perhaps more than 50 years ago. I can understand the frustration some people feel, especially our elders who have been married and living here for a long long time. Nevertheless, we are proceeding forward and expect to review many more applications. Today, Monday, February 27, 2012, is the deadline for applying. However, some have requested additional time because of circumstances within their household, they cannot meet the deadline. My Lieutenants and I have decided to handle these requests on an individual basis because of differing causes, situations, and understanding their issues. But for those that are simply ignoring the requirement, be advised that penalties may be imposed if you fail to get permission or consent to reside. So please, get your applications in.

This week, Feb. 27th thru 30th, Lt. Chewiwi and I are attending the REZ 2012, The National Center for American Indian Enterprise Development (NCAIED) conference in Las Vegas, as are members of the Tribal Council and the Isleta Business Corp. (IBC). Lt. Chewiwi, Mr. Marvis Aragon, and I will be meeting with individuals and companies that may have an interest in creating partnerships or consider investing in projects that we have ongoing or creating new projects. The Pueblo has for a number of years been presented with various types of business opportunities which we seriously need to consider. For example, expanding our Lava Block project and become a commercial home builder, develop a utility authority, a company to provide high speed internet to the community, telecommunications, natural gas, etc. utilizing infrastructure

that already exists in the Pueblo proper, and other projects that are being studied by the IBC. There are over 480 Tribes and Alaskan Native Corporations in attendance. This year's theme is Indigenous Economic Globalization Now — Empower. Create. Innovate. In accordance with the NCAIED, last year created an estimated \$657 million in contracts and created 6,700 jobs. I am very optimistic the Pueblo of Isleta is on the verge of being a major player in the world of economic development. We have started and we will continue to focus on creating native entrepreneurs and tribal enterprises to help supplement our gaming activities in generating revenue. This is why I encourage all our students to continue on with their education, because the Pueblo needs you now and in the future. In closing, let's all re-focus our energy on our future.

You've probably read and heard of the social media like face book, twitter, blogs and perhaps other media where people are talking about tribal politics and taking aim at individuals. Apparently people like using these air waves to release their frustration or anger.

We should re-focus all our energy for the good of the Pueblo, for the future of the Pueblo. Let us release the negativity, and instead, release the good in each of us caring for one another, respecting ourselves, our traditions and culture. We have our annual evergreen dances on going and how beautiful they are. We are so blessed we still have these ceremonies much like they were years ago. People come together at the plaza, to watch the dances and sing the songs as the day goes by. These ceremonies are very powerful and meaningful and this is how we pray to our Creator. This is how we promote spiritual harmony, re-energize ourselves and our community.

I will do my very best to keep a positive attitude and continue to work hard. We have a lot to accomplish and working together every day, with our council, with you, we can and we will become prosperous and strengthen our sovereignty for future generations to come. Thank you for your encouragement and your words of wisdom. Ha-Woo.

## SAVE THE DATE

**Isleta Health Center  
and Head Start's  
Annual Community Health Fair  
July 14, 2012  
at the Isleta Rec Center  
9am-Noon  
Contact Stephanie Barela,  
869-4479, with any questions.**

## PUEBLO OF ISLETA PHONE DIRECTORY

Name	Dept	Location	Direct Phone Number	EXT	FAX #
Admin Front Desk Backup	ADMIN	ADMIN		9330	
First LT.	ADMIN	ADMIN	766-6628	6628	
<b>Abeita, Laura</b>	<b>ADMIN</b>	<b>ADMIN</b>	<b>766-6632</b>	<b>6632</b>	<b>869-4236</b>
Governor Lujan	ADMIN	ADMIN	869-3994	3994	
Lujan, Dolores	ADMIN	Records	766-6655	6655	
Montoya, Elaine	ADMIN	ADMIN	766-6629	6629	
Records Assistant	ADMIN	Records		9359	
Second LT	ADMIN	ADMIN	766-6630	6630	
Sutherland, Carmela	ADMIN	ADMIN	766-6627	6627	
Appeals, Admin	Appellate Court	Tribal Services Complex	869-9692	9692	869-9758
Appeals, Judge	Appellate Court	Tribal Services Complex	869-9693	9693	
Chavez, April	CENSUS	CENSUS	766-6624	6624	
<b>Jiron, Chris</b>	<b>CENSUS</b>	<b>CENSUS</b>	<b>766-6625</b>	<b>6625</b>	
Lujan, Michelle	CENSUS	CENSUS		9362	
Mariano, Nanette	CENSUS	CENSUS		9361	
Zuni, Stephanie	Cultural Affairs	Cultural Affairs	766-6657	6657	
Abeita, Ulysses	Dept of Education	Dept Ed/Library Complex	307-1582	9316	
AmeriCorp Coordinator	Dept of Education	Dept Ed/Library Complex	924-3172	3172	
Bearheels-Ricketts, Christle	Dept of Education	Dept Ed/Library Complex	924-3171	3171	
Chavez, Evangeline	Dept of Education	Dept Ed/Library Complex	924-3186	3186	
Data Specialist	Dept of Education	Dept Ed/Library Complex		9311	
Distance Learning Lab	Dept of Education	Dept Ed/Library Complex		9314	
DOE-Conf Room	Dept of Education	Dept Ed/Library Complex		9317	
DOE-Public Lobby Phone	Dept of Education	Dept Ed/Library Complex		9315	
<b>Jiron, Leona</b>	<b>Dept of Education</b>	<b>Dept Ed/Library Complex</b>	<b>924-3170</b>	<b>3170</b>	<b>869-7690</b>
Lujan, Paul	Dept of Education	Dept Ed/Library Complex	924-3187	3187	
Yeppa, Kathleen	Dept of Education	Dept Ed/Library Complex		9313	
Language Program 1	Dept of Education	Language Program	764-5766	5766	
Language Program 2	Dept of Education	Language Program	766-6640	6640	
Language Program 3	Dept of Education	Language Program		9352	
Correa, Bernadette	Dept of Education	JOM	924-3169	3169	
Jojola, Geraldine	Dept of Education	JOM	924-3169	9360	
<b>Piro, Beverly</b>	<b>Dept of Education</b>	<b>JOM</b>	<b>924-3189</b>	<b>3189</b>	
Dispatch, Desk 1	Dispatch	Police Dispatch	869-3860	3860	
Dispatch, Desk 2	Dispatch	Police Dispatch		9800	869-3972
Sosa, Dennis	Dispatch	Police Dispatch		9281	
Chavez, Renee	Elderly	Elderly		9336	
Chiwiwi, Lynette	Elderly	Elderly	766-6647	6647	
Day Care, Elderly	Elderly	Elderly		9333	
Elderly, Kitchen	Elderly	Elderly	766-6656	6656	
Jiron, Edna	Elderly	Elderly		9334	
Jojola, Clem	Elderly	Elderly	766-6635	6635	
Jojola, Jeffery	Elderly	Elderly		9332	
Jojola-Dorame, Rita	Elderly	Elderly	766-6645	6645	
Lucero, Elizabeth	Elderly	Elderly		9337	
Lucero, Pat Lynn	Elderly	Elderly	766-6646	6646	
Salazar, Terry	Elderly	Elderly		9338	
<b>Tewaheftewa, Natsha</b>	<b>Elderly</b>	<b>Elderly</b>	<b>766-6644</b>	<b>6644</b>	
Zuni, Shirley	Elderly	Elderly		9339	
Fire Dept-Kitchen	Fire Dept	Tribal Services Complex	869-9725	9725	
Jojola, Robert	Fire Dept	Tribal Services Complex	869-9724	9724	
Class Room 1 / Child Care	Headstart	Headstart		9365	
Class Room 2	Headstart	Headstart		9366	
Class Room 3	Headstart	Headstart		9367	
Class Room 4	Headstart	Headstart		9368	
Class Room 5	Headstart	Headstart		9369	
Class Room 6	Headstart	Headstart		9370	
Class Room 7	Headstart	Headstart		9371	
Class Room A	Headstart	Headstart		9300	
Class Room B / 1 Yr Old	Headstart	Headstart		9372	
Class Room C	Headstart	Headstart		9301	
Cohen, Danielle	Headstart	Headstart	924-3191	3191	

Name	Dept	Location	Direct Phone Number	EXT	FAX #
Conference	Headstart	Headstart		9303	
Education Coordinator	Headstart	Headstart	924-3162	3162	
Garage, Headstart	Headstart	Headstart		9304	
Gonzales, Rebecca	Headstart	Headstart	924-3166	3166	
Home Visitors	Headstart	Headstart		9308	
Jiron, Michelle	Headstart	Headstart	924-3163	3163	
<b>Jojola, Lila</b>	<b>Headstart</b>	<b>Headstart</b>	<b>924-3160</b>	<b>3160</b>	<b>869-6034</b>
Jojola, Patty	Headstart	Headstart	924-3190	3190	
Kitchen, Headstart	Headstart	Headstart		9306	
Lujan, Andrea	Headstart	Headstart	924-3168	3168	
Price, Jessica	Headstart	Headstart	924-3167	3167	
Romero, Sandra	Headstart	Headstart	924-3184	3184	
Sick Bay	Headstart	Headstart		9309	
Staff Lounge	Headstart	Headstart		9310	
Tatz, Jill	Headstart	Headstart	924-3165	3165	
Vacant	Headstart	Headstart	924-3161	3161	
Vacant	Headstart	Headstart	924-3164	3164	
Herrera, Sheila	Housing	Housing		9341	
Vacant-HM Loan Asst	Housing	Housing		9349	
James, Denny	Housing	Housing		9342	
Jojola, Rachel	Housing	Housing		9343	
Knight, Patricia	Housing	Housing		9344	
Lente, Bernadette	Housing	Housing		9345	
<b>Lente, Joanne</b>	<b>Housing</b>	<b>Housing</b>	<b>766-6648</b>	<b>6648</b>	<b>869-0654</b>
Lujan, Renee	Housing	Housing	764-5764	5764	
Rader, Muoi	Housing	Housing		9348	
Sandoval, Frances	Housing	Housing		9350	
Sangre, Leo	Housing	Housing		9351	
Scott, Lisa	Housing	Housing	764-5771	5771	
Vigil, david	Housing	Housing		9347	
Vacant - Human Resources	Human Resources	Human Resources	766-6652	6652	
Calderon, Douglas	Human Resources	Human Resources	766-6631	6631	
Jiron, Carol	Human Resources	Human Resources	766-6621	6621	
<b>Padilla, Iris</b>	<b>Human Resources</b>	<b>Human Resources</b>	<b>766-6623</b>	<b>6623</b>	<b>869-2812</b>
Romero, Bernadette	Human Resources	Human Resources	766-6622	6622	
<b>Abeita-Chavez, Judy</b>	<b>IBC</b>	<b>Tribal Services Complex</b>	<b>869-9729</b>	<b>9729</b>	<b>869-9755</b>
Aragon, Marvis	IBC	Tribal Services Complex	869-9731	9731	
Gutierrez, Keyna	IBC	Tribal Services Complex	869-9685	9685	
Mirabal, Brian	IBC	Tribal Services Complex	869-9682	9682	
Owens, Jamie	IBC	Tribal Services Complex	869-9749	9749	
Ruffin, Brandi	IBC	Tribal Services Complex	869-9748	9748	
Library Courtesy Phone	Library	Dept Ed/Library Complex		9302	
<b>Library Front Desk</b>	<b>Library</b>	<b>Dept Ed/Library Complex</b>	<b>924-3192</b>	<b>3192</b>	<b>869-8119</b>
Lujan, Nathaniel	Library	Dept Ed/Library Complex	924-3193	3193	
Brieno, RD	MIS	Tribal Services Complex	869-5262	5262	
Daniels, CJ	MIS	Tribal Services Complex	869-5263	5263	
Esquibel, Donald	MIS	Tribal Services Complex	869-5264	5264	
Flores, Raul	MIS	Tribal Services Complex	869-9688	9688	
Grieb, Ralph	MIS	Tribal Services Complex	869-5265	5265	
Honeycutt, Terry	MIS	Tribal Services Complex	869-5266	5266	
Nissen, Karen	MIS	Tribal Services Complex	869-5267	5267	
<b>Zuni, Elaine</b>	<b>MIS</b>	<b>Tribal Services Complex</b>	<b>869-5261</b>	<b>5261</b>	<b>869-9687</b>
Zuni, Melanie	MIS	Tribal Services Complex	869-5268	5268	
Abeita, Catherine	Natural Resources	Natural Resources	869-7560	7560	
Camarena, Abel	Natural Resources	Natural Resources	869-5748	5748	
Chavez, Arnold	Natural Resources	Natural Resources	869-7561	7561	
Chewiwi, Darin	Natural Resources	Natural Resources	869-7562	7562	
Eviron Resp Mgr	Natural Resources	Natural Resources	869-7567	7567	
Jiron, Frank	Natural Resources	Natural Resources	869-7563	7563	
<b>Jojola, Roberta</b>	<b>Natural Resources</b>	<b>Natural Resources</b>	<b>869-2710</b>	<b>2710</b>	<b>869-2284</b>
Lente, David	Natural Resources	Natural Resources	869-9690	9690	
Lucero, Ruben	Natural Resources	Natural Resources	869-7564	7564	

Name	Dept	Location	Direct Phone Number	EXT	FAX #
Lujan, Randy	Natural Resources	Natural Resources	869-7566	7566	
Olguin, Jennie	Natural Resources	Natural Resources	869-7565	7565	
Walker, Cody	Natural Resources	Natural Resources	869-9623	9623	
Zuni, Ryan	Natural Resources	Natural Resources	869-9689	9689	
One Stop Counter	One Stop	One Stop		9801	
One Stop Office	One Stop	One Stop	869-5425	5425	869-5841
<b>Abeita, Mary</b>	<b>Police Department</b>	<b>Tribal Services Complex</b>	<b>869-9704</b>	<b>9704</b>	<b>869-9756</b>
Alvarez, Chief Vernon	Police Department	Tribal Services Complex	869-9707	9707	
vacant	Police Department	Tribal Services Complex	869-9694	9694	
Gallegos, Andrew SGT	Police Department	Tribal Services Complex	869-9739	9739	
Gang & Drug Taskforce	Police Department	Tribal Services Complex	869-9741	9741	
Gomez, Vince	Police Department	Tribal Services Complex	869-9713	9713	
<b>Jiron, Juana</b>	<b>Police Department</b>	<b>Tribal Services Complex</b>	<b>869-9705</b>	<b>9705</b>	<b>869-9756</b>
Jiron, Theresa	Police Department	Tribal Services Complex	869-9708	9708	
Jojola, Edwina	Police Department	Tribal Services Complex	869-9702	9702	
Mallon, Darin	Police Department	Tribal Services Complex	869-9714	9714	
Mariano, Capt. Kevin	Police Department	Tribal Services Complex	869-9711	9711	
Milani, SGT	Police Department	Tribal Services Complex	869-9740	9740	
Miller, DJ	Police Department	Tribal Services Complex	869-9706	9706	
Mitamura, Sgt	Police Department	Tribal Services Complex	869-9722	9722	
Officer, 1	Police Department	Tribal Services Complex	869-9742	9742	
Officer, 2	Police Department	Tribal Services Complex	869-9743	9743	
Officer, 3	Police Department	Tribal Services Complex	869-9744	9744	
Officer, 4	Police Department	Tribal Services Complex	869-9745	9745	
PD Booking	Police Department	Tribal Services Complex	869-9733	9733	
PD Briefing	Police Department	Tribal Services Complex	869-9728	9728	
PD Evidence	Police Department	Tribal Services Complex	869-9737	9737	
PD Lobby	Police Department	Tribal Services Complex		9898	
Powers, Stu	Police Department	Tribal Services Complex	869-9712	9712	
Reyes, Juan	Police Department	Tribal Services Complex	869-9710	9710	
Traffic Officer 1	Police Department	Tribal Services Complex	869-9709	9709	
Traffic Officer 2	Police Department	Tribal Services Complex	869-9723	9723	
Valencia, Bernadette	Police Department	Tribal Services Complex	869-9703	9703	
Anzara, Kristin	Procurement	Tribal Services Complex	869-5289	5289	
<b>Lente, Valerie</b>	<b>Procurement</b>	<b>Tribal Services Complex</b>	<b>869-4106</b>	<b>4106</b>	<b>869-5275</b>
Procurement, Vacant	Procurement	Tribal Services Complex	869-5269	5269	
Lucero, Maggie	Procurement	Tribal Services Complex	869-9691	9691	
Abeita, Joe	Public Works	Public Works		9355	
Abeita, Nadine	Public Works	Public Works	766-6658	6658	
Candelaria, Michael	Public Works	Public Works		9356	
Chavez, David	Public Works	Public Works		9357	
Padilla, Nick	Public Works	Public Works	764-5763	5763	
Transfer Station	Public Works	Trans Station		9319	
Weldon, James	Public Works	Public Works		9358	
Candelaria, Faron	Realty	Tribal Services Complex	869-5277	5277	
Chewiwi, Priscilla	Realty	Tribal Services Complex	869-5278	5278	
Jojola, Ray	Realty	Tribal Services Complex	869-5279	5279	
Lente, Benny	Realty	Tribal Services Complex	869-5280	5280	
<b>Lujan, Patricia</b>	<b>Realty</b>	<b>Tribal Services Complex</b>	<b>869-0710</b>	<b>0710</b>	<b>869-9759</b>
Romero, John	Realty	Tribal Services Complex	869-5281	5281	
Abeita, Pat	Social Service	Social Service	869-5282	5282	
Daily, Caroline	Social Service	Social Service	869-5283	5283	
Gomez, Lynn	Social Service	Social Service	869-5284	5284	
Lucero, Larry	Social Service	Social Service	869-5285	5285	
Mershon, Frances	Social Service	Social Service	869-5287	5287	
Social Serv Financial	Social Service	Social Service	869-9680	9680	
Social Serv Financial 2	Social Service	Social Service	869-5286	5286	
<b>Waconda, Nadine</b>	<b>Social Service</b>	<b>Social Service</b>	<b>869-2772</b>	<b>2772</b>	<b>869-5923</b>
Yalch, Jackie	Social Service	Social Service	869-5288	5288	
Begay, Gilbert	Treasury	Tribal Services Complex	869-5290	5290	
Benavidez, Frances	Treasury	Tribal Services Complex	869-5291	5291	
Cereceres, Loraine	Treasury	Tribal Services Complex	869-5292	5292	

Name	Dept	Location	Direct Phone Number	EXT	FAX #
Chavez, Lurlaine	Treasury	Tribal Services Complex	869-5293	5293	
DeFlon, Eric	Treasury	Tribal Services Complex	869-5294	5294	
Elliott, Patty	Treasury	Tribal Services Complex	869-5296	5296	
Esser, Charlotte	Treasury	Tribal Services Complex	869-5297	5297	
Grants Coordinator, Vacant	Treasury	Tribal Services Complex	869-5295	5295	
Jaramillo, David	Treasury	Tribal Services Complex	869-5299	5299	
Montoya, Sandra	Treasury	Tribal Services Complex	869-5260	5260	
Serna, Lucas	Treasury	Tribal Services Complex	869-5270	5270	
Steffen, Debrah	Treasury	Tribal Services Complex	869-5271	5271	
Teller, Andrew	Treasury	Tribal Services Complex	869-5272	5272	
Vacant	Treasury	Tribal Services Complex	869-5298	5298	
<b>Valdez, Renay</b>	<b>Treasury</b>	<b>Tribal Services Complex</b>	<b>869-1808</b>	<b>1808</b>	<b>869-5275</b>
Vetter, Cyndi	Treasury	Tribal Services Complex	869-5273	5273	
Council President	Tribal Council	Tribal Services Complex	869-9717	9717	
Council Public Conf Room	Tribal Council	Tribal Services Complex	869-9720	9720	
Council Secretary	Tribal Council	Tribal Services Complex	869-9718	9718	
Council Work Area	Tribal Council	Tribal Services Complex	869-9719	9719	
<b>Mariano, Rochelle</b>	<b>Tribal Council</b>	<b>Tribal Services Complex</b>	<b>869-9695</b>	<b>9695</b>	<b>869-5276</b>
Zuni, Sara	Tribal Council	Tribal Services Complex	869-9746	9746	
Saiz, Art	Travel Center	Travel Center	869-9686	9686	
Travel Center, Counter	Travel Center	Travel Center		9804	869-3151
Choneska, Aaron	Tribal Courts	Tribal Services Complex		9699	
Conference Room Tribal Courts	Tribal Courts	Tribal Services Complex	869-9736	9736	
Courts Lobby Phone	Tribal Courts	Tribal Services Complex		9899	
Courts Window/Reception	Tribal Courts	Tribal Services Complex		9802	
Jaramillo, Ernest	Tribal Courts	Tribal Services Complex		9699	
Jiron, Dana	Tribal Courts	Tribal Services Complex	869-9696	9696	
Jiron, Edwina	Tribal Courts	Tribal Services Complex	869-9697	9697	
<b>Lucero, Denise</b>	<b>Tribal Courts</b>	<b>Tribal Services Complex</b>	<b>869-9699</b>	<b>9699</b>	<b>869-9747</b>
Lucero, Eulalia	Tribal Courts	Tribal Services Complex	869-9701	9701	
Medina, Robert	Tribal Courts	Tribal Services Complex		9699	
Ballay, Shawna	Tribal Planning	Tribal Services Complex	869-9683	9683	
Jiron, Marvin	Tribal Planning	Tribal Services Complex	869-5274	5274	
Lente-Browning, Michelle	Tribal Planning	Tribal Services Complex	869-9684	9684	
Shima, Simon	Tribal Planning	Tribal Services Complex	869-4965	4965	
<b>Lucero, Natellia</b>	<b>Tribal Planning</b>	<b>Tribal Services Complex</b>	<b>869-4964</b>	<b>4964</b>	<b>869-9732</b>
TSC-Fitness Center	Fitness Center	Tribal Services Complex	869-9726	9726	
TSC-Shipping & Rec	Shipping & Rec	Tribal Services Complex	869-9805	9805	
TSC-Security Office	Security	Tribal Services Complex	869-9730	9730	
Blea, Becky	WIC	WIC		9320	
Dominguez, Conference	WIC	WIC		9321	
Dominguez, Mary	WIC	WIC	924-3181	3181	
Esquibel, Janelle	WIC	WIC		9322	
Flores, Darlene	WIC	WIC		9323	
Kiraly, Jeanette	WIC	WIC		9325	
Kitchen, WIC	WIC	WIC		9326	
Lanes, Heidi	WIC	WIC	924-3182	3182	
<b>WIC Main Number</b>	<b>WIC</b>	<b>WIC</b>	<b>924-3180</b>	<b>3180</b>	<b>869-8309</b>
WIC Assessment Office	WIC	WIC		9324	
WIC Exam Room	WIC	WIC		9327	
WIC, Recep1	WIC	WIC		9328	
WIC, Recep2	WIC	WIC		9329	

Updated 2/3/12

## Animal Control Program

We hope everyone in our community is doing well and is in good health. We just want to remind our community on a few things. Our phone number has changed. We had phone issues and were not getting messages and we do apologize for that. Our new phone number is 869-7564, and please leave us a message. Our cell phone numbers are also on the voicemail.

Just a quick history about the Animal Control Program here on the Pueblo. It has been in place since 2008. The Animal Ordinance that we enforce has also been in place since 2008. This current Animal Ordinance supersedes Section 1-1-46, Cruelty to Animals, of the Pueblo's Legal Code. Our duty is to enforce this Ordinance to ensure the safety of our community as well as the safety and well-being of the animals that reside on our Pueblo. If you would like a copy of our Animal Ordinance, please contact us and we will be more than happy to provide you with a copy.

We have had a few people inquire about rabies vaccinations. We will be doing another shot clinic in the near future. Once we know when, we will put out notice. Also, we will not be doing house calls anymore, so please try and make the rabies clinic. Also, please limit the number of animals you bring to the rabies clinic to two (2) per household. As per our Animal Ordinance, the number of animals allowed per household is two. We need to make sure everyone has a chance to get their animals vaccinated.

We are trying to get the stray (feral) cat problem down in the village. We have noticed there are a lot of cats that are making homes in the old abandoned structures in the village. PLEASE DO NOT feed these cats. Cats can and will multiply quickly which will lead to colonies, which we have seen. Stray cats often carry diseases including rabies. Some can be transferable to humans. Some of these diseases that can be transferred from cat to humans are salmonellosis, bartonellosis, cryptosporidiosis, toxoplasmosis, campylobacteriosis. If you notice a cat problem around your area, please let us know.

Also, please try and tag your animals. The tag should include the animal's name, the owner's name, phone number and address. We would like to try and cut down the number of animals we take to the shelter. Unfortunately, if we don't know where the animal(s) came from, we have no other option but to take it to the shelter and hope the owner calls to reclaim their animal(s). Please call as soon as possible if your animal goes missing. The shelter will only hold the animal for 72 hours before it becomes their property. The shelter also has its own rules and fees for owners that want to reclaim their animal(s).

We have seen fewer animals running loose in the streets. We thank everyone that is trying to cooperate with this. Just a reminder, the first offense is a \$25 fine per animal, the second offense is a \$50 fine per animal and the third offense will result in forfeiture of the animal(s).

Also, if you have been issued a citation anytime within the past few months and have not paid the fine, they are now filed in Tribal Court. Anyone who fails to pay within the allotted time, we will file your citation in Tribal Court.

## Nothing But Bling

Fashion Jewelry/Purses  
REALLY LOW PRICES  
OPEN MONDAY-SATURDAY

## Fry Bread Stand

OPEN 7 DAYS A WEEK  
Both shops at the Y Across  
the street from Palace West  
505-869-9417

## Important Information for Acequia Madre Members

In preparation for the upcoming 2012 irrigation season both Edwin Wilson (assistant Mayordomo) and I, Joe Padilla (head Mayordomo), would like to introduce ourselves and inform the Acequia Madre members who to contact for any issues or concerns regarding irrigation. In summary, the work orders submitted for the 2011 farming season are currently being addressed and most will be completed prior to the start of this year's irrigation date.

We are generating a list of new work orders for any repairs or general maintenance (i.e. new turnouts, check gates, etc.). Please contact me, Joe Padilla at (505) 264-1277 or Edwin Wilson at (505) 604-3675 to inform us of any repair or maintenance AND to schedule an on-sight meeting of the area needing attention.

All new work orders are submitted as a group to the Natural Resources Department for consideration. If this list is accepted by the department then construction will be implemented at the END of the 2012 farming season.

Ditch Work will be held on March 17, 2012 at 8:00am -please meet by the "old" Tribal Administration Building in the village.

Respectfully,

Joe Padilla, Head Mayordomo  
(505) 264-1277  
Edwin Wilson, Assistant Mayordomo  
(505) 604-3675

## Pueblo of Isleta Veterans Association

The next meeting will be on March 21, 2012 at 6:30 PM at the Veterans Association Center (the old Headstart Bldg. in Chical) at 6:30 PM. Any veteran with an honorable discharge may join the Association for an Annual Fee of \$25.00.

At our last meeting, Gov. Frank Lujan offered to the Association one of the modular buildings that will be vacated by the tribal programs. This will give us a temporary meeting center at the Richard "Dickie" Baker property in Los Charcos. We submitted a request for capital outlay funding from the New Mexico State Legislature in the amount of \$875,000 for construction of Veterans' Center. Because of the economy, it's a long shot that we will receive any funds from the state, but we are hopeful. We want to thank State Representatives Alonzo Baldonado and David Chavez who sponsored our capital outlay request.

Even if you do not now have intentions to join the Association, come to the next meeting to find out what we are all about.

If you are a veteran and have questions on veterans issues, call Theresa Zuni, NM State Veterans Officer at 841-5346 or Ulysses Abeita at 307-1582.



### Isleta Health Center

P.O. Box 580 / 1 Sagebrush St.  
Isleta, NM 87022  
Phone: 505-869-3200

**TO: Patients of the Isleta Health Center**  
**RE: Form and Letter Requests to Providers**

In order to serve you better, the Isleta Health Center's Medical Clinic is changing the process for completing paperwork such as PNM/Gas Company forms, letters for housing, handicapped placard applications, jury duty letters, and FMLA.

We request your assistance so we may understand why you need us to complete your paperwork. When you call or bring in paperwork, we will now ask for information regarding the reason you need the paperwork completed. In addition, you will need to complete your section of the paperwork in advance, such as your name, date of birth, address, and phone number.

We will complete your paperwork within 2-3 business days after submission. Thank you for helping us to complete your important forms and letters. If you have questions, please feel free to call the medical clinic.



**PUEBLO OF ISLETA  
ISLETA POLICE DEPARTMENT**

P.O. Box 699, Isleta, NM 87022  
Office: 505.869.9705

FROM THE OFFICE OF JUANA JIRON  
Administrative 1 / Adjudicator

February 28, 2012

The Isleta Police Department is proud to announce and welcome to our Law Enforcement Department Officer Devin Trujillo. Officer Trujillo graduated from the Federal Land Management Program # Class 107 Basic Law Enforcement training at Artesia, New Mexico on January 17, 2012.

Officer Devin Trujillo will attend DPS Certification by Waiver training to get his state certification in August. We want Officer Trujillo to be fully aware of the ethical responsibilities of his position and strive constantly to live up to the highest possible standards of professional policing.

"Congratulations Officer Devin Trujillo."

**PUEBLO OF ISLETA  
ISLETA POLICE DEPARTMENT**

**CRIMINAL INVESTIGATIONS DIVISION**

**24-HOUR ISLETA POLICE**

**ANONYMOUS TIP-LINE: (505-264-7258)**

**COMMUNITY CRIME AWARENESS ALERT**

THE ISLETA POLICE DEPARTMENT'S CRIMINAL INVESTIGATIONS DIVISION IS CURRENTLY INVESTIGATING A RESIDENTIAL BURGLARY THAT OCCURRED AT A RESIDENCE OFF OF TRIBAL ROAD TEN DURING THE WEEK OF FEBRUARY 20TH-24TH, 2012. THE OFFENDER(S) FORCED ENTRY INTO A RESIDENCE AND TOOK SEVERAL ITEMS, INCLUDING FIREARMS.

SEVERAL SIMILARITIES RELATING TO VICTIM "PROFILING" AND OFFENDERS WHO TARGET CERTAIN HOMES HAVE BECOME APPARENT, AND THE ISLETA POLICE DEPARTMENT WANTS TO ALERT THE COMMUNITY TO CONSIDER THE FOLLOWING FACTORS THAT MAKE A HOUSE A DESIRABLE TARGET FOR BURGLARY/BREAK-IN.

- #1 TARGET PREFERENCE IS MOBILE HOMES SITUATED IN SECLUDED OR SPARSELY POPULATED NEIGHBORHOODS
- ENTRY POINTS (DOORS/WINDOWS) ARE HIDDEN FROM PUBLIC VIEW (FACING OPEN FIELDS OR CONCEALED BY TREES OR SHRUBS).
- EXTERIOR DOORS ARE NOT RE-ENFORCED WITH DEADBOLTS OR SECURITY SCREENS OR DOORS.
- IN MANY CASES, EXISTING VEHICLE ACCESS GATES ARE NOT SECURED PROPERLY.

FOR COMMUNITY MEMBERS WHO RESIDE IN A HIGH RISK LOCATION, THE ISLETA POLICE DEPARTMENT RECOMMENDS RESIDENTS TAKE PRECAUTIONS TO DETER CRIMINALS AND MAKE THEIR HOME LESS "APPEALING" TO BUGLARS. THERE ARE MANY INEXPENSIVE WAYS TO ACHIEVE THIS, LIKE:

- POSTING SIGNS WARNING OF SURVEILLANCE CAMERAS OR ALARM SYSTEMS IN USE
- INSTALLING REAL (OR FAKE) CAMERAS
- RE-ENFORCING CONCEALED-SIDE OR VULNERABLE DOORS AND WINDOWS AGAINST FORCED ENTRY.
- SECURING VEHICLE GATES DAILY, AND INSTALLING ADDITIONAL WIRING OR MESH ON LIVESTOCK GATES TO PREVENT BURGLARS FROM "CRAWLING THROUGH".
- INSTALLING HEAVY DUTY MESH SCREENING ON VULNERABLE OR CONCEALED-SIDE WINDOWS.
- HAVE AN OLD OR BROKEN DOWN "JUNKER"? WASH IT, AIR UP THOSE TIRES AND PARK IT AT DIFFERENT LOCATIONS NEAR THE HOUSE.

IF YOU HAVE ANY QUESTIONS, PLEASE CALL CRIMINAL INVESTIGATIONS SUPERVISOR DARIN MALLON @ HIS OFFICE: (505) 869-9714 - LEAVE HIM YOUR NAME, NUMBER AND WHEN TO CALL.

**PUEBLO OF ISLETA  
POLICE DEPARTMENT**

**REPORTING A CRIME -  
EMERGENCY AND NON-EMERGENCY.**

If you've been the victim of a crime or think you have witnessed one, you should report it to the police straight away. Your information could be used to prevent other crimes and help keep other people safe. Find out about the different ways of reporting a crime.

***EMERGENCIAS - Dial 911***

If you've just seen a serious crime being committed, then you should DIAL 911 as soon as possible. Your call should be answered within ten seconds. A dispatcher will ask you to describe what has happened and where you are. They may ask if you need any other emergency services, such as an ambulance. If the situation is an emergency, a police officer will come to the scene to talk to you. They'll ask you to explain what happened, and they can help you decide what to do next.

***Reporting non-emergency crimes***

If you want to report a minor crime, such as a stolen mobile phone or missing property, you should call the Isleta police dispatcher to have an officer take a report. By not using 911 for minor crimes, you're making sure that people in genuine emergency situations can reach the police quickly.

Non-emergency crimes can include:

- vandalism
- graffiti
- abandoned cars
- Unknown people in your area

***Giving a statement***

Whether you reported an emergency or non-emergency, you will have to give a statement to the police. That means that you'll have to tell an officer what happened to you or what you saw. They may ask you questions or ask you to repeat yourself, to make sure the statement is as accurate and as detailed as possible.

When you've finished giving a statement, the police will usually read it back to you to make sure that their written account matches yours.

If you agree, you'll sign the statement and get a crime reference number. If you want to contact the police about the same incident in the future, you'll need to keep that reference number in a safe place.

If you're a victim of theft, you'll need to use the reference number when you tell your insurance company.

***How to report crime anonymously***

If you want to report a crime, but do not want to be identified to the police, call or text message to the **Isleta-Crime-Tip-Hotline** at; **(505) 264-7258**

REMEMBER! You can call Isleta-Police-Crime-Tip-Hotline at **any time** (505) 264-7258

**PLEASE KEEP THESE ISLETA POLICE DEPARTMENT DISPATCH TELEPHONE NUMBERS IN A HANDY PLACE BY YOUR TELEPHONE.**

**(505) 869-3030**

**(505) 869-3370**

**(505) 869-4943**

You can also submit an anonymous crime-tip message via Email at: **Crimetiphotline@isletapueblo.com**

## *Letter to the Community Regarding the Ethics Discipline of Diane Peigler and ReGina Zuni*

The Ethics complaints against Councilwomen ("Cwm.") Diane Peigler and ReGina Zuni have stirred much discussion and controversy in the Pueblo of Isleta. You may have seen the many letters, posters and Facebook blogs circulated by these women. The Pueblo of Isleta Ethics Code requires the Acting Chairman of this Ethics Board to share a written summary of these cases with the community, and we feel that it is important for the community to see a short account of the enactment and purpose of the Ethics Code, before moving to the specifics of these complaints.

### **The POI Code of Ethics and Councilwoman Peigler's challenge to it.**

Tribal Council enacted the Ethics Code for the Pueblo of Isleta on December 30, 2010. Section 1 of the Code expresses the purpose and intent of the Code:

A. The government of the Pueblo of Isleta is founded upon the consent of the governed. Therefore, the People of the Pueblo of Isleta are entitled to have complete confidence in the loyalty and integrity of their government. The purpose of this Ethic Code is to require accountability to the People of the Pueblo of Isleta by their elected and appointed tribal officials...in exercising the authority vested in them as a matter of public trust, by:

- (1) establishing standards of conduct to avoid such conflicts of interest as... activities by Tribal Officials which permit opportunities for private gain or advantage to influence government decisions;
- (3) requiring Tribal Officials to abstain from using any function of their office or duties, in a manner which could place, or appear to place, their personal, economic or special interests before the interests of the People of Isleta...

The purpose of this Code is to ensure that elected officials always put the needs and interests of the People of Isleta foremost in their consideration and actions. Notably, Cwm. Peigler moved that the Ethics Code be enacted, and voted in favor of it. Now that the Code is being applied to her and Cwm. Zuni, they argue against it, saying that the entire Code is unconstitutional under the Pueblo of Isleta Constitution because the Secretary of the Interior did not approve it. The POI Constitution provides for actions that do not require such approval, federal law does not always require it and the Isleta Tribal Attorney strongly believes that Tribal Council has the authority to enact a code to oversee its own conduct. We agree and find it surprising that these two Councilwomen would argue that the Bureau of Indian Affairs should have even more control over the affairs of the People of Isleta than it already does. This is perhaps an example of Tribal Officials putting their own interests above those of the people they have been elected to serve.

Councilwoman Peigler challenged the constitutionality of the Ethics Code in both Tribal Court and the Court of Appeals, but both courts declined to hear the case until after this Ethics Board ruled on these complaints. The courts had ample opportunity to rule that the Code was unconstitutional in its entirety, but they did not so decide. In her lawsuits, Cwm. Peigler also argues that the Code of Ethics violates her freedom of speech. There are sections of the Ethics Code that limit what a tribal official can disclose to the public about her position and about the workings of tribal government. This Board is aware that while not all speech is protected, the question on those sections of the Code is whether it is constitutionally fair to ask Tribal Officials to limit their speech in some circumstances. Here, Tribal Council needs to address unexpected negative consequences in a new piece of legislation enacted with noble and honorable intentions. This is for Council to decide, and this Ethics Board did not inflict any penalty for any action by either Councilwoman that might possibly support a freedom of speech issue.

### **The Allegations against Councilwomen Peigler and Zuni**

Pueblo members Matthew Zuni and Kateri Jojola filed ethics complaints against Councilwomen Diane Peigler and ReGina Zuni for actions that arose out of a September 2011 incident at a Subway restaurant in Bosque Farms, where Cwm. Peigler and Zuni were having lunch. Mr. Zuni and Ms. Jojola allege that when they entered the Subway as customers, Cwm. Peigler confronted them and assaulted them verbally and physically. Cwm. Cynthia Jaramillo also filed a complaint against Cwm. Peigler. Ms. Jojola and Mr. Zuni first brought their concerns to Tribal Council, which instructed them that the Ethics Board was the proper forum to address their concerns.

The complaints against both Cwm. Peigler and Zuni included allegations of conflicts of interest and hampering the business of Council based on their refusal to remove themselves from Council meetings that addressed the incident at Subway or issues related to the ethics complaints ultimately filed against them. The Complaints against Cwm. Peigler also included allegations of failing to act in a way that reflects credit on the POI government, using her official title while conducting personal business, knowingly misinforming the community to purposely discredit and undermine an elected official or Tribal government, and adversely affecting the confidence of the People in their government.

### **Allegation of Conflict of Interest and Impeding Governmental Efficiency**

Tribal Council found the issue of conflict of interest to be so crucial that it is forbidden at least twice in the Ethics Code, which specifically forbids Tribal Council members to deliberate or vote on any matter in

which they may have personal or financial interests. Without question, both Cwm. Peigler and Zuni had conflicts of interest when Council addressed issues concerning ethics complaints filed against them; namely their ability to block disciplinary action against themselves. It does not take a Code of Ethics to define such an obvious conflict, and it is incomprehensible that these women, as long time government officials, did not recognize this classic conflict; they were required to remove themselves.

Similarly, because an efficiently functioning government is important to the People of Isleta, the Ethics Code prohibits impeding and delaying Tribal business. The Code specifically orders Tribal Council members not to hold up Tribal business, efficiency, or economy by refusing to follow directions and procedures set forth by a majority of the Tribal Council...especially when delaying the meeting means blocking charges against themselves.

This Board spent many hours reviewing the minutes and recorded proceedings of several Tribal Council meetings to determine whether Councilwomen Peigler and Zuni interfered with Tribal business. We found that they did: each time Council addressed issues related directly to the complaints against them or to the Ethics Board panel that would hear their cases, both women were asked to remove themselves from the meeting, due to conflicts of interest. Each time, both women loudly and stubbornly refused to leave, shouting, name-calling, bullying and so seriously disrupting the meetings that some had to be adjourned. Many, many hours of meeting time was lost due to their antics, and important business of the Pueblo was forced to take a back seat to their personal rampage. Rather than face the possibility that they might be in the wrong, these women accused the Governor, the Tribal Attorney, the Council President and other Council Members of being weak and ineffective and created ill feelings and division on the Council.

For example, at the September 29, 2011, Council meeting, Cwm. Peigler and Zuni so inflamed and obstructed the meeting that President Lujan asked Sheriff Chewiwi to escort them from the room so that the meeting could continue. When Cwm. Peigler and Zuni threatened to have the Sheriff arrested for assault if he touched them, Governor Lujan was asked to intervene. Governor called the POI police to keep the peace. POI Police sent female officers for fear that Cwm. Peigler and Zuni would charge male officers with assault. The Councilwomen tried to intimidate the female officers, loudly insisting the officers were acting outside their authority and that any attempt to remove them would be unconstitutional and illegal. Based on the Councilwomen's behavior, the POI Police Officers declined to remove them from the meeting. This embarrassing display with the police lasted more than an hour and resulted in the cancellation of the meeting.

Astonishingly, Cwm. Peigler and Zuni followed through on their threats to the officers: they authored, signed as Council Members, and delivered a threatening letter to Police Chief Alvarez. In this letter, they warned the Chief that if the department took any action against them, or tried to remove them from another meeting, they would sue the department for violation of their constitutional rights. The Councilwomen took this action on their own initiative with no input or approval from the POI Tribal Council, and circulated the letter to the Isleta Tribal Members.

The impact these Councilwomen's actions have had on the atmosphere and productivity of Council meetings is well described in Council President Lujan's statement at the October 20, 2011, Council meeting. The President lamented the need to constantly admonish them against verbal attacks, unruly behavior and creating a hostile work environment during Council meetings, and expressed his concern that these Councilwomen believe each council member has individual power to act, regardless of the wishes of the majority. Several other Council members joined in the discussion and expressed similar feelings. While Cwm. Peigler and Zuni were within their rights to make their concerns about this Ethics process known to Council, their angry rehashing of issues bridging many meetings and spanning many months was not healthy discussion, but belligerent disruption of government business.

**Allegation against Cwm. Peigler: using official title while conducting personal business, using public office for private gain and purposely discrediting and undermining the integrity of the government or individual officials:**

This Ethics Board believes that Cwm. Peigler violated the literal terms of the Ethics Code by using her official title and by unnecessarily disclosing unflattering information about Tribal Council and Cwm. Jaramillo in a Counterclaim she filed against Ms. Jojola and Mr. Zuni in Valencia County Magistrate Court. As stated, Cwm. Peigler is arguing in Tribal Court and the Court of Appeals that these provisions of the Code violate her POI Constitutional right to free speech. Because of the possibility that the above-discussed sections of the Code might be found to be unconstitutional, this Board did not impose any punishment for such violations.

**Allegation of failing to reflect credit upon the Pueblo of Isleta government and adversely affecting the confidence of the People in the integrity of their government.**

Complainants allege that cumulatively, these Councilwomen's actions failed to reflect credit on the government of the Pueblo and resulted in undermining the confidence of the People in the integrity of their government, in violation of Ethics Code. After observing these women engaging in public altercations with Tribal and Council Members, their confrontational

and argumentative behavior, their refusal to recognize Tribal Council directives, their apparent belief that they have power to act independently of the Tribal Council, their threats to the POI Police and their habit of circulating letters to the community that impugn the integrity of Tribal Council, its members and actions, the Ethics Code and this Ethics Board, we have come to the decision that their actions have violated the public trust as well as the spirit of behavior anticipated by the Ethics Code.

**Decision of the Ethics Board**

Diane Peigler was suspended from her duties as Councilwoman for 90 days for her violations of Ethic Code provisions regarding conflict of interest and impeding Tribal business. This decision was based on the ongoing nature of her disregard of the ethical duties of her office and her two previous suspensions without pay from Council, once specifically for abuse of power, verbal abuse and interfering with the police; all of which demonstrate a pattern of abuse of her position and a breach of the People's trust.

ReGina Zuni was suspended from her duties as Councilwoman for 90 days for her violation of the Code provisions regarding conflict of interest and impeding Tribal business. This decision was based on the ongoing nature of her disregard of the ethical duties of her office and on her suspension without pay from Council for 90 days in early 2011 for representing an individual in criminal court as a spokesperson and for using Tribal Court and Council staff for non-Council purposes, making this her

second suspension in less than one year; all of which demonstrate a pattern of abuse of her position and a breach of the People's trust.

The Ethics Code allows this Board to recommend that Tribal Council remove Cmw Peigler and Zuni from public office, and we so recommended. The letter to POI Police Chief Alvarez that they coauthored, signed as a Council Members and delivered to the police department clearly breaches many provisions of the Code. Councilwomen Peigler and Zuni cloaked themselves in the power of the Tribal Council to direct the POI Police Department to follow the law as they dictated and they copied the Tribal members on their outrageous letter; clearly attempting to suggest to the People that they had the power to speak for the Council, in violation of the Ethics Code provision: No Tribal Council member shall give directives without formal approval of the Tribal Council via formal motion process. This provision specifically bars an individual from making a government decision outside official channels and further bars Tribal Officials from using their position to coerce, threaten or intimidate a person or group to provide... personal gain to themselves. As discussed, both women's actions show a blatant abuse of power and disregard of their positions as servants of the People of Isleta, and demonstrate their use of public office for private gain and placing their personal interests before the interests of the People of Isleta.

Ray W. Abeita Date 2/29/12  
Acting Ethics Board Chairman

# Freedom from Smoking

Take Back Control of Your Life!

<p><b>8 sessions to help you STOP SMOKING!</b></p> <ul style="list-style-type: none"> <li>Session 1 (Thinking about Quitting)</li> <li>Session 2 (On the road to freedom)</li> <li>Session 3 (Wanting to quit)</li> <li>Session 4 (QUIT DAY)</li> <li>Session 5 (Winning Strategies)</li> <li>Session 6 (The new you)</li> <li>Session 7 (Staying Off)</li> <li>Session 8 (Let's Celebrate)</li> </ul>	<p style="text-align: center;"><b>Want to Stop Smoking?</b></p> <p style="text-align: center;"><b>SIGN UP FOR FREEDOM FROM SMOKING AND START OUT THE YEAR RIGHT!</b></p> <p style="text-align: center;"><b><u>NEW CLASS STARTING MARCH 19TH, 2012</u></b></p> <p style="text-align: center;"><b>AT THE ISLETA REC CENTER AT 5:30!</b></p> <div style="text-align: center; margin-top: 20px;"> <p><b>Contact</b> <b>Stephanie Barela</b> <b>at 505-869-4479</b></p> </div>
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weekly prizes!

Help from Others that are going through the same thing!

Nicotine Replacement Therapy for those clinic patients that attend the weekly sessions!

Sponsored by the Isleta Health Center

## LOS LUNAS SCHOOL DISTRICT NEWS FROM TITLE VII INDIAN EDUCATION

Ben Analla – LLHS 865-4646 ext 6145 VHS – 565-8755 ext 6232

### LOS LUNAS HIGH SCHOOL

2012...with only two more months of school left, you are being reminded to keep up with your daily school attendance and continue to work hard in all your classes. Seniors have a lot of activities scheduled... including preparation for post-secondary education, such as completing the FAFSA and scheduling for the ACT & SAT!

#### Important Dates:

March 5	AP Parent Meeting @ 6 PM in Library
March 7	Early Release
March 12 – 16	Spring Break
March 20	Eighth Grade Parent Night @ 6:00 PM in Auditorium
March 20	Title VII Indian Education Parent/Student Meeting @ the TRC Building (across from Los Lunas Elementary School)
March 26	SBA Test...look for more information
March 31	10th Annual Senior/ Parents/Grandparents & Staff Powwow at the Isleta Recreation Gym from 5:00 PM – 10:00 PM. Powwow Grand Entry is at 5:30 PM and the Grand Entry for Seniors/Parents/ Grandparents & Staff will be at 6:30 PM.
April 6 – 9	Spring Break

2012 LLHS Tiger Youth and Coaches will be offering a softball camp to improve their softball skills. For more information call 865-4646.

### VALENCIA HIGH SCHOOL

- Senior Parent Night - March 20, 2012, information meeting at 6 PM. We will cover a number of graduation – related topics. We hope to see parents and students here.
- Senior Dues - Your \$30 senior dues need to be paid by April 2nd. Senior dues pay for graduation – related expenses. i.e., the senior celebration and senior

t-shirt. You can make this payment to Jennifer Trujillo in the front office. You must show your receipt to Amber Reno in order to ensure you get a t-shirt in the size you need.

- Yearbook Senior ads – If your parents did not receive a letter in the mail regarding purchasing a senior ad, see Mrs. Graham for more information.

#### Counselor's Information

All students who wish to graduate in May and receive a diploma must fulfill all their graduation requirements without exception. If anything is missing, the next chance to graduate will be at the end of Summer School. (If parents are not on Parent Portal contact Esther or I ASAP). This means that you must pass the current required classes that you are taking, as well as completing any Credit Recovery classes, well in advance of the Graduation Ceremony, so that the names are accurately printed on the graduation and award programs.

All seniors should apply to at least one New Mexico college as a back up plan even if you are not sure if you are going to attend college. Because the Bridge/Lottery scholarship is only given to students who go to college in New Mexico, right away in the fall semester, seniors and parents will want to take this opportunity for free tuition money seriously and make sure that once it is awarded they do not lose it. It is best to apply to the college or colleges of choice on line. Then have our registrar, Kim Greigo, send your transcript and test scores to the college of your choice. (If you have any questions about applying or testing, please contact me ASAP). If you are thinking about going to both UNM and UNMVC, apply and get accepted at UNM first or they will not consider your application once they see that you are accepted at UNMVC. If you are planning on attending both UNMVC and UNM, or both UNM and CNM, you must have a consortium agreement on file with both schools. Also. Keep a copy of all correspondence and e-mails with the colleges. Find the contact information for both the admission office and the financial aid office at the college of your choice and

do not hesitate to ask questions such as what else is needed, what else would be wise to do, what is required to keep the Lottery Scholarship, etc. All seniors and their parents should submit the FAFSA to get into the federal and college financial aid systems. Both the parents and students will need pin numbers which will follow them throughout their college careers; so keep them in a safe place. Undocumented students and parents should not apply on-line but instead fill out the paper versions and give them directly to the New Mexico college financial aid offices. We will be helping students and their parents fill out FAFSA. More scholarship and college information is available at our website. Go to "llschools.net" open the Valencia High School page. Then click on "counseling" on the left hand column.

Seniors who are taking AP classes need to make sure that they have those AP exam dates and times on their calendars. GearUp will pay for the exams except for a \$5.00 registration fee if you do not qualify for a fee waiver.

#### VHS Important Dates

May 2	Student Performance Auditions
May 7 – 11	Senior Finals
May 10	AP: Lit and Comp Exam
May 11	AP: Euro Exam
May 13	Tentative Baccalaureate (not VHS Sponsored)
May 14	Senior grades due by 8 AM. Check – out 9 AM – 12 PM. Robing Practice I. AP: Bio Exam
May 15	Robing Ceremony in Gym @ 7 PM. Students arrive @ 6 PM. AP: Gov't Exam
May 17	AP: Econ Exam
May 18	Graduation Practice @ 8 AM. Senior Celebration (TBD)
May 19	Graduation at UNM Pit @ 9 AM. Students arrive at 8 AM.

For any questions please contact Peter Scherer, Licensed School counselor @ 565-8755 ext. 6209. E-mail: pscherer@llschools.net.

### Graduation Celebration Time

As we look forward to a shining future. The Pueblo of Isleta Department of Education would like to invite all students who are graduating, either from High School or Post Secondary, to a Graduation Banquet. Tentative date is May 3, 2012 at the Hard Rock Hotel & Casino. Please contact the Department of Education and let us know the name of your graduate, school, and degree (Post Secondary only).

Department of Education is now accepting nominations for the Isleta lifetime Educator, who will be honored at the annual Graduation Banquet on May 3, 2012. Please contact the Department of Education for more information.

### Maureen Abeita Closes Out UNM Swimming Career

The UNM Swimming and Diving Team closed out the regular season this month. Maureen Abeita ended her 4 year college swimming career. She will graduate in December as a two time Academic All-Conference selection with a major in Emergency Medicine. Last year as a junior she swam the sixth-fastest time in both the 100- and 200-yard Butterfly for the Lobos. As a sophomore she had the fifth fastest time in the 200-yard Butterfly. As a member of the Lobo Swim Team she contributed hundreds of hours per year at different community service projects. She began swimming for the first Isleta Swim Team when the Isleta Recreation Center opened, swam with Duke City Aquatics, a year round club team for 10 years, and for St. Pius High School lettering in Swimming and Water Polo and an Honor student her junior and senior year. Congratulations to Maureen, she displayed extraordinary dedication and commitment to both her studies and swimming. Maureen is the daughter of Patricia W. Abeita and the late Joe I. Abeita.

## Parks & Recreation

With February 2012 (Leap Year) coming to an end and March 2012 beginning and weather beginning to warm up we believe that activities will be a major focus for all to be involved. February was one month that had a number of cancellations to activities due to traditional activities taking place. Although several basketball games for our Elementary School children were played, several were cancelled due to traditional activities taking place not only at our Pueblo of Isleta but several others as well. Even the NACA High School Pow Wow was rescheduled for March 3rd from February 18th because so many native students were involved in traditional activities in their own reservations. Several highlights for the month of February involved Zumba, and the sale of Valentine's Day Bouquets by our Arts/Crafts program that benefits children's activities. In addition to the upcoming March madness (Basketball tournaments throughout the country) we will be hosting several activities here at the Pueblo of Isleta gymnasium. They are as follows: NACA High School Pow Wow on March 3rd, the Isleta Karate One Tournament on March 10th, a Job Fair on March 19th and the Los Lunas High School Pow Wow on March 31st, 2012. Special Note: Daylight Saving Time begins on Sunday March 11th. Don't forget to Spring forward by 1 hour.

### Zumba

As mentioned before, Zumba is the latest craze in exercising that is sweeping the country and is really making a major impact in Indian Country. The week of February 20th, several stories were run in the local and national news about such a craze that featured Zumba in Indian Country here in New Mexico. Like the craze that is helping many of our people battle obesity and diabetes, we too are offering a number of Zumba classes here at the Pueblo of Isleta. Every Monday, Wednesday, and Friday at 5:30 am at Old Rec. at Pickle Heights classes are held free of charge by Instructor, Caroline Dailey. On Tuesdays and Thursdays at 6:00 pm the Salvador sisters, Rachel and Natalie offer the classes at a charge of \$3.00 per class to all tribal members. On Saturdays at 12 noon we are offering an Aqua Zumba class with Paparazzi Dance Instructor, Ada Kiehne. The cost for this class is \$5.00. This particular class is really great for those people who have problem with their knees and joints. Pictured above are two action shots of the Aqua Zumba class taking place.



### Park Management

Now that the weather is beginning to warm up, our park management crew is busy fertilizing and adjusting up the watering schedule for our park system. This will go a long way to having some of the greenest and most beautiful parks in the southwest. With that said, please remember these are your parks and if you see anyone vandalizing our parks or buildings, please call the Isleta Police Department or someone at the Rec. Center as soon as possible. Every time someone vandalizes our parks they are stealing from all of you tribal members because it takes money from the general fund to replace any damage that is done, plus the extra man hours that it takes to do the work. Pictured below are two of our parks already showing signs of life because of this year's mild winter and of course our pro-active fertilizing schedule.



### Basketball

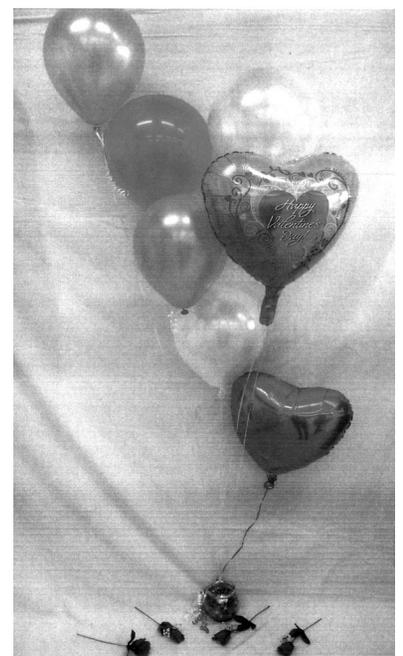
As mentioned earlier, a number of basketball games have had to be cancelled or postponed because of traditional activities taking place not only here but at other Pueblos as well. Carl Anderson, our head basketball coordinator, will be meeting with the other coaches on trying to reschedule games if and when possible. We will notify the all the coaches and participants as we get the information. We do know that our games scheduled for March 10th here at the Rec. Center will be held at the Isleta Elementary School.

### Swimming Pool News

Please Note: Probably within the next few weeks or so we will be closing down the swimming while we re-plaster and refurbish a lot of our equipment in aquatic area. This is something that we have to do every several years if we are to protect your investment in our Parks & Recreation Program. We will however keep everyone posted once we get our bids in and a potential starting and finishing date.

### Valentine's Day Bouquets

On February 14th, Valentine's Day, our Arts/Crafts program headed up by Nanas Abie, Marie and Gloria and assisted by Roberta and LeeAnn, sold bouquets of balloons, candy and chocolate-dipped strawberries all to do a service to the community, especially you procrastinators, and it was in benefit of the afterschool children's program. Pictured is one of the beautiful arrangements they made. Great Job Nanas.



## Pueblo of Isleta JOM Program

Greetings! We hope everyone is doing well. It has been a while since we put an article in the newsletter. There is quite a bit of information we need share with you.

### New Location

We wanted to update you and let you know that we have moved to the new Department of Education building adjacent to the new Library. The administrative component is currently located at the new facility. As far as family activity events we are going to utilize the JOM Tutoring Building at the Old Elementary School till the end of the school year. If you have reimbursements to submit or have any questions, please do not hesitate to stop by and visit us at the new location. Our phone number remained the same 505-924-3189, please note if you have to call to the JOM Tutoring Center the number is 505-924-3169.

### School supplies

We wanted to remind parents of JOM eligible students that we still have school supplies available for the second semester of school. We are requesting a copy of the student's Certificate of Indian Blood or Tribal ID. There is a constant battle to "unfreeze" the student count from 1995. We are currently locked into those numbers although we have a higher population of students to provide services to. Students that are eligible for services by the Pueblo of Isleta JOM Program are all Native American students enrolled in Los Lunas Public Schools and only the Isleta students enrolled in Albuquerque Public Schools.

Effective October 1991, the blood degree quantum provision, as stated in public law 99-228, became applicable in determining eligibility for JOM services.

**Eligible students must be a member of an American Indian tribe OR Alaska Native OR be at least one-fourth (1/4) blood of a descendant of a member of an American Indian Tribe which is eligible for the special programs and services provided by the United States.**

### Tutoring

Critical update, we needed to let you all know that we do not have tutoring available at this time. Our one and only tutor resigned in February to pursue her life-long goals and further her education. Bernadette was a great asset to the JOM Program as she made a difference in the lives of many students. We wish her the best and she will definitely be missed. The tutoring position is currently being reviewed and we hope to have more information in the immediate future. At this time, we are recommending that parents of students in need of tutoring contact their school site to discuss tutoring options. Generally, schools have a before, during or after-school tutoring program.

### February Activities

We kicked off the month with JOM Parent Meeting and Parent Appreciation Breakfast on Saturday, February 4. We did not see as many parents as we would have hoped

and we are always looking for new ways to encourage parents to attend these meetings. We feel it is important that you attend so that you can be informed about services and activities offered by the program. As stated time and time again, this program is here to meet the needs of your student! You, as the parents, have a strong voice when it comes to services and activities provided by this program. Please, let us hear your voice!

As you may have heard the Pueblo of Isleta JOM Program was elected to head up the 2012 NJOMA Conference Student Strand. We are looking for dedicated volunteers to assist in the process. We are also looking for high school students that would like to help in this process. I believe that some of the best ideas come from the students. We have so many students that are extremely creative and intelligent and it would be great to have them involved in activities such as this. It is also a great addition to any student's college application!

On February 9, we held an activity called, "Share a Heart". Students and their families were asked to join us for an evening of making special Valentine's Day cards or hearts for the elders in the community. Several families and their students made beautiful cards with thoughtful words. All the cards made were delivered to the Isleta Elderly Center on February 13, 2012.

On February, 18 we took a group of students to Santa Fe to visit the Museum of Contemporary Arts. While there students were able to take in the following art exhibits: Under the Influence Iroquois Artists @ IAIA (1962-2012), Vision Projects, Wendy Red: Rez Car, Richard Glazer Danay: Shake, Rattle and Roll, and Peter B. Jones: Prophecy. Student discussion focused on "Prophecy".

### Upcoming Events

Pottery Seminar: Due to circumstances beyond our control we are unable to host this event. We are hopeful that we will be able to reschedule this activity.

**March 8, 2012: FREE BOOKS! Literacy Night and JOM Parent/Student Meeting 5:00pm-8:00pm JOM Tutoring building @ Old Elementary School**

Join Beverly, Geraldine and the Indian Education Committee as we gather to discuss upcoming activities and events scheduled for JOM eligible students. We will discuss budget, IEC board vacancy and elections, and the 2012 NJOMA conference. If there are any parents interested serving as an IEC member please attend this meeting. During the meeting students will also be able to select 5 brand new free books to take home and enjoy. We have a wonderful selection of books available to students including: Diary of a Wimpy Kid (all titles), the Twilight Series, Angelina Ballerina, Call of the Wild, Holes, Sponge Bob books, Judy Moody, and chapter books

about coming of age for teens, as well as books that support learning, such as dictionaries, thesauruses, reference guides, and a wide variety of other special interest books. Remember these books are FREE, FREE, FREE for your students!

**March 10, 2012: FREE, FREE, FREE! ALL AGES/ALL GRADE LEVELS, come with us as we visit the Indian Pueblo Cultural Center and Old Town.**

We will be taking students to visit the Indian Pueblo Cultural Center. The Indian Pueblo Cultural center is noted as one of the best museums in the Southwest. It's a host to a large culmination of Native American culture, art and history all in one location. After visiting the Indian Pueblo Cultural Center, students will enjoy lunch at Little Anita's followed by a walk-thru visit to Old Town. Students will be able to visit the local artisans on the plaza, visit gift shops, and possibly the Albuquerque Museum.

**March 14, 2012: 2012 NJOMA Planning Meeting in Gallup, NM**

We will be traveling to Gallup, NM to discuss plans for the 2012 NJOMA Conference. As stated earlier we are coordinating activities for the student strand. The NJOMA conference is a gathering of all JOM Programs including parents, students and other community members. While at this conference, we will discuss many key issues that impact the education of Native American students in public schools. The interest in JOM seems to be dwindling and it is important to get more parents and students involved in all aspects of JOM. Along with the planning of the 2012 NJOMA Conference, we wanted to inform parents that there are a few scholarships available through the National Johnson-O'Malley Association. The first is the Chief Ellis Scholarship, in the amount of \$2,500. The second is the Chief Old Person Scholarship and ranges between \$500.00 to \$1,000. Along with these scholarships, there is also the 2012 NJOMA Art Contest. We have several talented young artists with the potential to win this contest. The theme is, "JOM an Everlasting Educational Gift". Students are asked to incorporate this theme in their artwork. Artwork is to be completed on an 8 ½ x 11" paper.

**March 24, 2012: FREE! FREE! FREE! ALL AGES/ALL GRADE LEVELS The National Museum of Nuclear Science and History in Albuquerque 9:00am — 3:00pm.**

Join us as we take a group of students to the National Museum of Nuclear Science and History in Albuquerque. Tech City (ages 8-13): Engineering All Around Us. The new exhibit dedicated to teach students about how engineering surrounds daily activities allows students to practice the steps of engineering: plan, build, test and modify.

*(Continued on next page)*

*JOM Program (Cont'd)*

While this is available specifically for this age group, there will be tons of other hands-on activities for students of other ages and abilities. Come join us!

**Ongoing parent and student support:**

There was a time, not so long ago when we had a group of dedicated students (Carol, Rianne, Kolton, Mark, Stephen and Kirstyn) that were involved in JOM. These students gave us their time, they brought their ideas to the table, and they lead JOM in a new direction. These students have graduated and are all in college. We would like to have a new group of students to lead the way for their peers. We are seeking students that are interested in making a difference in for their peers. If you have a student that is interested, please have them attend the next activity on March 8 which is the literacy night/IEC Meeting. We are interested in starting a collective group that would bring students together and allow them to share their thoughts and ideas to help make a difference for Native American students.

Parents, this one is for you. Can you imagine what would happen if JOM ceased to exist? No reimbursements for lab fees, SAT/ACT tests, or PE Uniforms, no school supply distribution, no additional support with calculators, no summer programs, no interventions or support for your student's education? JOM is barely holding on and we need you to help strengthen it. We know JOM has a stigma attached and many are misguided in the belief that it's only for the kids that are less fortunate. Let us correct the misconception. This program is for all Native American students enrolled in a public school. We do not utilize income as a basis for eligibility. It is a program that provides educational support to Native American students; we are not here to offer a "hand-out"! We are here to provide educational support to our children and parents! If anyone has questions, ideas or thoughts about JOM, please do not hesitate to contact us. Parents, we rely upon you to assist with the process of making this program the best! There is also a NJOMA Website, it is new and you can find valuable information about JOM at this website: [www.njoma.com](http://www.njoma.com). As always, if you have questions please don't hesitate to contact us, 505-924-3189.

*Geraldine and Beverly*

**SAVE THE DATE**

April 2012 marks the 14th Annual Child Abuse Prevention and Awareness Campaign for the Pueblo of Isleta! Our theme this year is Fostering Healthy Child, Family, & Community Connections. The following are upcoming events inviting the entire community to participate and show support in promoting child abuse awareness.

April 4 @ 5:30pm:  
 Magic Night- Making Child Abuse Disappear  
 Isleta Library

April 11 @ 5:30pm:  
 Family Fun Night  
 Head Start and Child Care Center

April 14 @ 10am:  
 Child Abuse Awareness Parade/Interactive Game Day  
 Sponsored by Isleta Social Services  
 Route to start at Recreation Center

April 18 @ 5:30pm:  
 Child Abuse Awareness Fun Walk/Run  
 Walk/Run to start at Cottonwood  
 Registration information to follow

**Happy Dental Assistant Week  
 March 4-10, 2012**



Say thank you to the Dental Assistants that work at the Isleta Health Center!

Stephanie Romero has worked here for 9 years.  
 Verna Lucero has worked here for 16 years.  
 Darlene Cortez has worked here for 2 years  
 Jasmine Baca has worked here for 2 years.

**Making Strides Against  
 Breast Cancer Walk**

Sunday, April 29, 2012  
 5 Mile Walk along Rio Grande  
 Cottonwood Mall

Join TEAM ISLETA and make strides to end Cancer!  
 Call the Isleta Health Center at 869-4479,  
 to Sign up with the team, or go to:  
[www.makingstrides.acsevents.org/Albuquerque](http://www.makingstrides.acsevents.org/Albuquerque)  
 and search for " Team Isleta "  
 and Join our team.

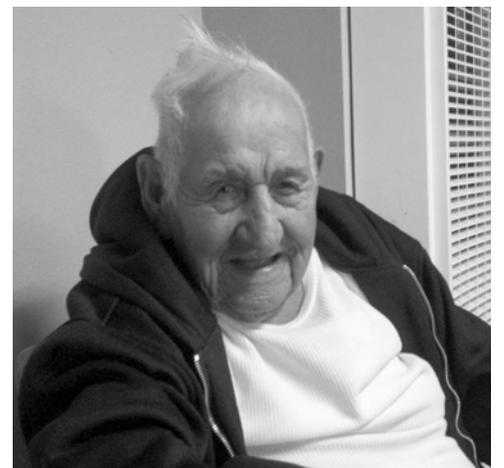
Then on April 29th at 7:30am at Cottonwood Mall, walk to support those that have passed away from cancer, are cancer survivors or are currently dealing with this terrible disease.

Call the Isleta Health Center at  
 869-4479 for more info.

Sponsored by Isleta Health Center

**Tony A. Jojola - 1914-2012**

Tony Jojola went home to be with our Lord on January 10, 2012. Tony was born June 23, 1914 to Francisco and Juanita Jojola. Tony had one brother, Manuel Jojola and one sister, Ramalda Lucero. He was drafted to the U.S. Navy in 1941 and served in World War II. In 1943, he married Gertrude Valdez. They had seven children, Lorenzo, Helen, Marie, Bart, Donald, Bobbie and Michael. He had 14 grandchildren, 25 great-grandchildren and 13 great, great-grandchildren. Tony's greatest joy was seeing his grandchildren and great grandchildren. We will miss you Te-eh. You will forever remain in our thoughts, hearts, and prayers. Thank you to all the family, relatives, friends and community who showed their love during our loss. May you all have long lives and God bless you.





## REDUCE YOUR RISK

Get Smart. Get Fit. Get Checked.

Isleta Health Center, Health Educator: Stephanie Barela 869-4479  
(Information from the "Guide to Preventable Cancers")

The key to leading a long healthy life is to get smart, get fit and get checked! We can all play a part in reducing our risk for cancer by choosing a healthy lifestyle that avoids commercial tobacco and includes healthy food choices, exercise, and protection against too much sun, moderate alcohol consumption and regular cancer screenings. Learn about ways to **PREVENT OR REDUCE YOUR RISK FOR CANCER** in this section in the Newsletter.

### Cervical Cancer

In the past, one of the most common causes of cancer death in women in the US was Cervical Cancer, but because women are getting their Paptest (a.k.a. Papsmear) more regularly it is one of the most preventable cancers. This cancer is more common among Native Americans than it is among white women and it is often diagnosed at a later stage in Native American women. (Guide to **Preventable Cancers**, Prevent Cancer Foundation, pg 10, 2009)

**RISK FACTORS-** Women are more at risk if they

- o are infected with the human papillomavirus (HPV), a sexually transmitted disease
- o were sexually active at a young age
- o have many sex partners
- o don't have regular pap tests
- o smoke commercial tobacco
- o have used birth control pills for a long time
- o have weakened immune systems

### RISK REDUCUTION AND EARLY DETECTION

- o Avoid infection with the human papillomavirus (HPV), a sexually transmitted disease, by using condoms the right way every time you have sex. However, condoms cannot give complete protection against HPV, because it can infect areas that are not covered by a condom. Avoiding HPV is the most important way to reduce your risk of cervical cancer.
- o Stay away from smoking commercial tobacco, and don't breathe in second-hand smoke.
- o Begin regular screening for cervical cancer within three years after becoming sexually active, but no later than age 21. Talk to your doctor about how often you need your pap test (annually, every 2-3 years, etc).
- o At age 30 consider adding the HPV test to the Pap test for your regular screening. After 3 normal Pap tests and a negative HPV test, a woman may get screened every 3 years with a Pap test and an HPV test. However, if she has been exposed to diethylstilbestrol (DES, a drug once used to prevent miscarriages) before birth, is infected with HIV or has a weakened immune system, she should continue to have yearly screening.
- o Consider getting the HPV vaccine, which is recommended for girls age 11

and 12 and also for young women age 13-26 if not vaccinated. The vaccine is most effective if given before a person has become sexually active.

- o Even if you have had a total hysterectomy because of cancer, you should still continue regular screening.

**SYMPTOMS** — Precancerous conditions in the cervix usually cause no symptoms and are undetected unless a woman gets a pelvic exam and a Pap test. If you get any of these symptoms, discuss them with your doctor:

- o Increased or unusual discharge from the vagina
- o Blood spots or light bleeding at times other than normal period
- o Menstrual period that lasts longer and is heavier than usual
- o Post-menopausal bleeding
- o Bleeding or pain during or after sex

**TREATMENT-** Surgery, radiation therapy and chemotherapy, alone or in combination. Treatment depends on the stage of cancer and the type of tumor cells, as well as the women's medical condition.

**MARCH 2012**

## Isleta Elder Center

### Activities Calendar & Menu

<p style="text-align: center;"><b>Tax Preparation</b> AARP Tax Counseling for the Elderly (TCE) Program Elder Center Wednesday, March 7, 2012 9 am—4 pm</p>	<p style="text-align: center;"><b>SHOPPING ASSISTANCE &amp; TRANSPORTATION</b> Provided Monthly! Elders 60+ Monday, March 12, 2012 9:30 am—2:30 pm For more information Call Renee at 869-6661</p>	<p><b>Isleta Elder Center is Recruiting Senior Olympic Participants for the "All Indian Game Day"</b> Every year the Isleta Elder Center Sr. Olympic Committee promotes annual events to serve and motivate our senior population 50+ to be active in physical fitness for an improved healthy lifestyle. This year the committee is offering the first 30 registered participants a \$50 dollar stipend to assist with costs in attending the AIGD to be held at Pojoaque Pueblo (Buffalo Thunder Resort /Host Hotel) March 28th and March 29th. We are looking for participants in golfing, bowling, archery, Frisbee, washers, meter walks, basketball throw, softball distance throw, and many fun events!!!</p>
<p style="text-align: center;"><b>Elder Center-Fundraiser Taco Sale</b> Wednesday, March 7, 2012 9 am—5 pm Call 869-6661 to place your lunch and dinner orders!</p>	<p style="text-align: center;"><b>St. Patrick's Pancake Breakfast</b> "Go Green" Featuring: Green pancakes, green eggs, and much more.... Friday, March 16, 2012 9 am Followed by Bingo, Please invite a friend to join!</p>	
<p style="text-align: center;"><b>"You don't stop playing because you grow old, you grow old because you stop playing."</b> Pueblo of Isleta. Elder Center—Senior Olympics Local Games Practice Schedule</p> <p>Horseshoes—Tuesdays—1:30 pm (Elder Center) 400K/800K Est. Walk—Wednesdays &amp; Fridays—9:00 am (Baseball Fields) Swimming—Fridays—10:30 am (Recreation Center) Shuffleboard—Fridays—10 am (Recreation Center) Basketball/Ping Pong/8-Ball Pool/Frisbee Accuracy/Washers—Thursdays-10am (Rec. Ctr.) Bowling—Mondays—10 am (Fun Connection) - \$2.25 per game</p>		

CALL RENE FOR MORE INFORMATION ON ANY OF THESE EVENTS AND ACTIVITIES 766-6644

## WIC NOTES

### March is Nutrition Month- Let's keep it simple

**Smart Snacks:** Baked bagel chips, nonfat frozen yogurt, low-sodium vegetable juice, small baked potato w/ low-fat cottage cheese, baked sweet potato slices.

**Quick Snack:** Keep plain or vanilla low-fat yogurt in the fridge. Everyone can add their own fruit or granola! Blend 1 cup of yogurt with 1 cup of fruit and 2 tablespoons of orange juice to make a tasty smoothie to share.

**Baby Snack:** Steamed vegetables are healthier than boiled. Put 1/4 inch of water in the pan with the vegetables. Heat water to boil and reduce to a simmer. Cover and steam until your desired doneness. Smash vegetables with cooking water into a puree easy for baby to eat.

**Nutrition and physical activity go hand in hand.** Toddlers and preschoolers should have 30 to 60 minutes of physical activity each day.

- For toddlers, dance to songs, chase or throw a ball.
- For preschoolers, balancing games and tumbling increase strength and body control.

**In the WIC world every month is nutrition month** and we are available year around to talk with you about your family's nutrition habits. Just give us a call 924-3180. You do not have to be a WIC participant to call. We would love to hear from you.

*Heidi Lanes, WIC Nutrition Coordinator*

### WIC Breastfeeding Corner Women, Infants, and Children Program

According to the Surgeon General 2011, children who are not breastfed have a 32% higher risk of overweight and obesity. Research published in the December 2011 edition of the American Journal of Clinical Nutrition looked at the risk of obesity related to consumption of sweetened beverages and found that children were more likely to be overweight and obese if they had not been breastfed and were consuming sugary drinks. Researchers included over 1400 children between the ages of two and four years old in this study; 15% of these children were obese and 27% were overweight. The study found that obesity was highest in children who had not been breastfed for a year or more and were consuming sugary drinks. Breastfeeding for a year or longer and limiting children in their consumption of sweetened beverages like juice, sodas, sweet tea, and Gatorade, was a protective factor in decreasing a child's risk of obesity.

*Janette Kiraly, IBCLC, RLC-Breastfeeding Educator*

If you need advice about breastfeeding your child, or if you want to talk to someone about your child's eating habits--Call WIC at **#924-3180**

**The Pueblo of Isleta WIC office is open to the public.**

#### WIC Office Hours

Monday, Wednesday, Thursday, and Friday: 8-4:30 pm  
**Tuesday: 8 to 6 pm**

#### Other WIC Stuff

Mark your calendar- Monday March 12th from 9:00-3:00 Noelle Jackson, Health Educator for Alb Area Dental Support Center, NAPPR will be at our WIC office. Come by and receive a free dental goody bag. Adults, infants and children welcome. You do not have to be a WIC participant.

## Isleta Elder Center Activities Calendar March 2012

### March:

- March 1: Catholic Mass - 11:30 am  
 March 3: Cancer 101 (Learn About Cancer) - Isleta Golf Course - 9am  
 March 5: **Elder Field Day** - "19TH Annual Historic Art of the Americas Exhibition" -New World Passion - Peyton Wright Gallery Santa Fe - 9am  
 March 5: Commodities  
 March 7: Tax Preparation - AARP /TCE - 9am - 4pm  
 March 7: Taco Sale - Elder Center Fundraiser - 9 am - 4pm  
 March 8: Poker Club - 1pm  
 March 9: All Indian Game Day - Registration Deadline  
 March 12: **Shopping Assistance** - Atrisco Plaza - 10 am  
 March 13: Shuffleboard Practice/Lunch - Manzano Mesa Multigenerational Center - 11 am  
 March 13: Isleta Cancer Education & Support - Support/Discussion  
 March 15: General Meeting - Presentation by: POI Solid Waste Division  
 March 16: St. Patrick's Day Pancake Breakfast/Bingo - 9am  
 March 20: Caregivers Training - 12 noon  
 March 21: **Elder Field Day** - Bingo @ Hard Rock - 10 am  
 March 22: Matinee Bingo w/Rio Bravo Meal Site - 10 am  
 March 27-29: All Indian Game Day (Pueblo of Pojoaque) - Lv. 11 am  
 March 29: Commodities  
 March 30: Monthly Birthday Cake! — 12 noon

### March 20th Is National Native HIV/AIDS Awareness Day

There are more than 1 million people in the United States living with HIV. One-fourth of them do not know that they are HIV-infected. Due to the stigma associated with HIV/AIDS, we, as a community, have never really openly talked about this issue. I believe it is time that we begin to educate ourselves about the virus, possible exposure to the virus and face the reality of HIV/AIDS testing. The only way to know if you have HIV is to GET TESTED. Sixty-one percent of AI/AN men living with HIV/AIDS in 2005 are men who have had sex with men.



Another 15 percent were infected through injection drug use. Sixty-eight percent of AI/AN women living with HIV/AIDS in 2005 were infected through heterosexual contact, and 29 percent were infected through injection drug use. Therefore, the population that is most at risk is heterosexual "straight" women. Current research and reports also indicate that HIV/AIDS is on the rise in Native American communities. We are all human and make mistakes. It is possible that we have made a mistake that exposed us to the virus, a mistake such as unprotected sex. The staff at Isleta Behavioral Health Services are understanding and are without judgment. For more information about the HIV/AIDS virus, please feel free to come to the Isleta Health center and speak with a physician. Free and confidential or anonymous HIV tests are available. To find an HIV testing site near you, go to [www.hivtest.org](http://www.hivtest.org), call 800-232-4636, or send a text message with your zip code to "KNOWIT" (566948). Also visit [www.nnapc.org](http://www.nnapc.org).

If you are in need of support or someone to talk to about fears regarding HIV/AIDS testing, you may contact a counselor at IBHS, 869-5475. Our lives are so incredibly precious and sacred; we have to take care of ourselves, and each other.

*Information gathered from the National Native American AIDS Prevention Center*

Article submitted by: Krystal Lucero, BSW, LADAC



## Pueblo of Isleta Public Library

Happy Spring to everyone. Hope this reaches you and your family in good health. A warm thank you to all our brave men who participated in our traditional evergreen dances. It was a beautiful sight to see. We appreciate all the hard work and time you took to continue teaching our young generation the rich tradition that has been handed down to us. Hur-Kem.

### News

It is with great pleasure to introduce to you our newest member of our Library Staff, Ms. Tara Abeita. She is now our new Full-Time Library Aide. So please welcome her when you come in to visit. She is still learning, so please be patient with her.

We are also happy to have Gilbert Henry back with us from AmeriCorps. He will help tutor the after school students and spearhead other programs in the near future.

As stated in last month's newsletter, the library staff went to the Round House in Santa Fe, New Mexico on February 2nd for Library Legislation Day. We met with the Pueblo's Legislators to remind them to continue supporting our Library and other libraries throughout New Mexico. I am pleased to announce the General Obligation Bill (Go Bond) was passed. With this said, we are now asking you to look for the Library Bond on the November ballot.

From here on out, new movies will be released on Wednesdays, at 10:00 a.m. Patrons will be allowed to check out one (1) new movie. The reason being is that everyone gets an equal opportunity to check out at least one new movie.

Attention: calling all cooks/chefs, the library is looking for a cook/chef for multiple events taking place in April, May and August, if interested, please talk to Nate. A portfolio of what you can do and a valid food handlers card is required. We are looking for a buffet style chef, but is not limited to just that. Show us what you have to offer and we will take a look at your portfolio. We would like to keep you as a contact person for our various programs, and I'm sure a little extra income could come in handy. We would like to give someone an opportunity in our local area, opposed to an outside vendor.

Starting this month we will be getting a new automation system, which will require a library card for all patrons to log onto the computer and check out any type of material. We will be learning the new system too, so please be patient with us as we are all learning together.

### Upcoming

On March 19, pick up your copy of *Charlie and the Chocolate Factory* by Roald Dahl, and read the book to earn your spot in the Willy Wonka activities. On Tuesday, March 27th, make your own Willy Wonka Factory out of candy. (Top 4 Best Factories will earn a golden ticket). On Wednesday, March 28th, Invent your own candy and write a story about it. (Top 4 winners will earn a golden ticket). Thursday, March 29th, Play Willy Wonka Bingo. (4 winners will earn a golden ticket). Earn your Golden



*On Our way to our ITZ fieldtrip*

Ticket to go to Teri's Sweet Garden to make your own chocolate! Only 12 people will go. There will be a limited number of copies, so hurry in to read *Charlie and the Chocolate Factory*.

On Wednesday, April 4th the library, in collaboration with the people at the Magic and Juggling Shop ([www.magicanandjuggling.com](http://www.magicanandjuggling.com)), will be kicking off the Social Service's Child Abuse Prevention and Awareness month with a Magic Show for families to attend in hopes of helping Child Abuse Disappear. The Magic show will be about 45 minutes long, and will start at 5:30 p.m., so parents, guardians and children are encouraged to attend the Magic Show as a family for some fun and free entertainment.

Attention: All Skilled Players, the library will once again host a Game Tournament during Spring break. Wednesday, March 14 thru Friday March 16, 2012, students will be competing to win 1st, 2nd, and 3rd place prizes. Winners will be awarded gift cards to GameStop, Hastings, and an iTunes Gift Card. On Wednesday, they will be playing "Call of Duty" Black Ops, on Thursday, "Mario Kart Wii", and on Friday, "Mortal Kombat" will be the final showdown. Those who have attended in the past can vouch for its popularity and good times they have had. Check it out; you will want to be in another one soon. Bring in your competitive spirit and join in the fun.

Also, at the same time, for a little more fun and simple play, we will also be hosting a Spring Break Wii Game Dance Tournament which will take place on Wednesday, March 14 and Thursday, March 15 from 1:30 p.m. to 4:30 p.m., featuring the games Black Eye Peas – The Experience, Just Dance 1,2,3,

and Michael Jackson – The Experience, will be one of the dance competitions to choose from. 1st, 2nd, and 3rd place winners will be awarded Gift Cards at Jouney's Kidz at Coronado Center, Target, and Hastings. So put on your dancing shoes and let's dance.

### Recap

Just a quick overview of what we did in February. Our Valentine activities were a big hit with our patrons. It was only two days, but we had a great time. On Monday, we made cupid's arrows with pretzel sticks and heart shaped sugar candies. The second day, we dipped various fruits, such as strawberries, bananas, green apples, oranges and even marshmallows in melted milk chocolate. It was a delicious treat, we had fun making them and giving them to our special Valentine. Thank You for everyone who participated.



*Valentine Sweet Treats*

The Project Ventures Traveling Photo Gallery was set up in the library for a few days so patrons could take a look at all the hard artwork that was put together by students of Project Venture Photo Shop Class. Nice artwork students, keep up the good work.

Our first incentive field trip to ITZ turned out to be a blast. We took the first twenty kids who earned their 25 points by reading

*(Continued on next page)*

and doing their homework. Good job earning your points. Students are required to read 20 minutes and/or do homework to earn their points. A special Thank-You to the Isleta Recreation Center for loaning us their vans.



Library Patron looking at PhotoGallery at the Library.

On March 2nd we celebrated Dr. Seuss's birthday with three days of fun activities based around his book, "The Lorax". Since the "Lorax" was a long story, we broke it into three fifteen minute sessions which we read each day of the program. Last year's Dr. Seuss Birthday program was on the book, "Oh, the Places You'll Go" it was very eventful and fun. We hope you had a chance to join us again this year. The first craft we made was a bird feeder, the second craft we planted flower seeds, and on the third night we made lorax trees, and of course we had a "Lorax" themed cake and ice cream and sang happy birthday to Dr. Seuss. 25 students earned Dr. Seuss gift bags, and one family won 4 tickets to see "The Lorax" movie. Overall, it was an eventful week, and we look forward to it each year.

We hope you come in soon and enjoy all the resources we have to offer at YOUR new library. Stay tune for more great programs to come.

**Pueblo of Isleta Public Library**

Hours of Operation  
Monday- Thursday: 8am- 6:30pm  
Friday: 8am- 4:30pm

Mailing and Physical Address:  
950 Moonlight Drive  
Albuquerque, NM 87105

Phone: 924-3192  
Email: poi02002@isletapueblo.com  
Web Address:  
www.isletapueblo.com/library2.html  
Facebook:  
www.facebook/IsletaPuebloLibrary



Scan the QR Code with your Smartphone



**Dr. Seuss's Birthday Party at the Library**



**NATIONAL INDIAN YOUTH COUNCIL, INC.**

**WIA Employment & Training Program**

*We are seeking individuals MOTIVATED and 18 years & older*

We provide job training and employment opportunities for unemployed, underemployed and economically disadvantage Urban Native Americans.

The purpose of this program is to provide opportunities to get job training to acquire marketable job skills and to enrich people's lives by helping them become economically self-sufficient and independent.

**Eligibility Requirements**

- Must be 18 years or older
- Must be living off the reservation and residing in Bernalillo County
- Must Provide CIB
- Must be Unemployed, Underemployed or Low Income
- Males-Selective Service Required

Gain Employable Skills

The World Of Work

Short-term Employment

**Contact Information**

National Indian Youth Council, Inc.  
318 Elm St. SE  
Albuquerque, NM 87123  
505-247-2251

Financial Assistance while attending school

# Pueblo of Isleta Library Presents: wii *Battle of the Players*

Spring Break is just around the corner and the Library is conducting a game tournament for everyone to have fun. Bring your skills and put them to the test behind a controller for a Three day Tournament to win a prize and become a Battle of the Players Champion.

Day 1: Call of Duty: Black Ops

Day 2: Mario Kart Wii

Day 3: Mortal Kombat

When: Wednesday March 14  
thru Friday March 16, 2012

Where: Pueblo of Isleta Public  
Library Complex

Time: 1:30 pm to 4:30 pm

For more information, please call Gilbert  
Henry at the library anytime at  
505-924-3192.



- 1st Place: \$30 Gamestop Gift Card
- 2nd Place: \$20 Hastings Gift Card
- 3rd Place: \$15 iTunes Card



PLAYSTATION 3

## Charlie and the Chocolate Factory

Pick up your copy of Charlie and the Chocolate factory by Roald Dahl March 19th. Read the book and earn your spot in the Willy Wonka activities.

**Tuesday, March 27- Make your own Willy Wonka Factory out of candy. ( Top 4 Best Factories will earn a golden ticket)**

**Wednesday, March 28- Invent your own candy and write a story about it. (Top 4 best stories will earn a golden ticket)**

**Thursday, March 29- Play Willy Wonka Bingo. (Top 4 winners will earn a golden ticket)**

Earn your Golden Ticket to go to Teri's Sweet Garden to make your own chocolate! Only 12 people will go.

*"Come with me  
And you'll be  
In a world of  
Pure Imagination,  
Take a look  
And you'll see  
Into your Imagination"*

-Willy Wonka

### Teri's Sweet Garden

*"Where Candy Is Always In Bloom"*

For more information or if you have questions: feel free to call the library and speak to a staff member at:

505-924-3192

## THE MAGIC JUGGLING SHOP

& Isleta Pueblo Public Library Presents...

# A Magic Show

**Wed, Apr. 4th 5:30 pm**

The Library is collaborating with Isleta Social Services in helping make "Child Abuse Disappear".

In raising awareness about child abuse the Library wants you and your family to join us for a magic show. It is free and open to everyone of all ages. Door prizes will be given out. Must be present to win.

For more information, speak to a staff member at 505.924.3192



## Spring Break's Wii Dance Tournament

### March 14 and 15

**1:30pm to 4:30pm**  
**Wednesday and Thursday**

Join in on the fun and dance your Spring Break blues away.

<p><b>Featured Games...</b></p> <p><b>Black Eyed Peas The Experience</b></p> <p><b>Just Dance 1,2, &amp;3.</b></p> <p><b>Michael Jackson The Experience</b></p>	<p><b>Compete against each other for awesome prizes!</b></p> <p><b>1st place- \$30 gift card to Journey's Kidz at Cornado Mall</b></p> <p><b>2nd place- \$20 gift card to Target</b></p> <p><b>3rd place- \$10- Hastings gift card</b></p>
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For more information feel free to ask Tara Abeita or call 505-924-3192

**HEALTHY CLEANING ALTERNATIVES:**

Safe, effective household products

What if you were potentially doing more harm than good when you clean your house? You may not know it, but some of the household cleaning products we use regularly to remove dust, dirt, bacteria, germs and odors may leave behind harmful chemicals that can pollute the air and cause potential health problems for you, your family and your pets. Some of these products are actually pesticides regulated under the Environmental Protection Agency (EPA). They range from cleaning products to pet shampoos. To see if the product you are using is a pesticide check the label for an EPA number. This indicates the product is classified as a pesticide.

Prolonged exposure to certain chemicals in these products has been linked to dizziness, nausea, allergic reactions, eye, skin and respiratory tract irritation, and in some cases, cancer.

While the potential health risks are minimized if exposure to such chemicals is limited to low levels and short periods of time, you should exercise caution and follow the manufacturer's written instructions when using the following products:

- Aerosol spray products-including health, beauty and cleaning products
- Chlorine bleach
- Rug and upholstery cleaners
- Indoor air foggers (for the removal of pests)
- Insect/rodent repellent

Fortunately, many common products offer safe and effective cleaning solutions to the following problems:

- Grease cutter - 1 cup of lemon juice + 1 cup of water
- Scouring powder - 1 cup of baking soda + 1 cup of water
- Laundry stain remover - 1 tsp. of white vinegar or baking soda per machine load
- Toilet bowl cleaner-1 cup of vinegar (leave overnight and brush the next day)
- Floor and furniture polish-2 parts vegetable oil + 1part lemon juice (for leather furniture: 1 cup vinegar + 1 cup linseed oil)
- Metal cleaners (brass and copper)-lemon juice + salt to form a paste OR a lemon wedge dipped in baking soda OR hot white vinegar + salt OR hot ketchup applied with a rag
- Glass cleaner-1 part vinegar + 1 part water
- Rug and carpet cleaner-baking soda
- Flies-well-watered bowl of basil
- Moth repellent-cedar chips in cotton sachets
- Roach repellent-chopped bay leaves and cucumber skins

If you must use chemical products, here are some guidelines that will help minimize potential health risks:

- Identify, and avoid using toxic chemicals, if possible.
- Never use around children, pets or food.
- Buy only amount needed for applications; do not buy chemicals in bulk, and if you must, carefully store any unused quantities.
- Follow guidelines for proper disposal of chemicals.
- Always follow the manufacturer's directions for use and disposal.
- Wear appropriate clothing when applying and make sure to wash both the cloth and yourself after each application.
- Use only the recommended amount of the product and minimize the amount of time you are exposed to it.



**Isleta Behavioral Health  
GROUP'S**

▪ <b>Early Recovery Skills</b>	<b>Monday 9am-11am</b>
▪ <b>Young Leaders Youth Crew</b>	<b>Monday 5pm</b>
▪ <b>Women's 16-Step</b>	<b>Tuesday 10:00am-12:00pm</b>
▪ <b>Anger Management Skills</b>	<b>Tuesday 2pm-4pm</b>
▪ <b>Adult Wellness</b>	<b>Tuesday 5pm-6:30pm</b>
▪ <b>STR8 REZZ</b>	<b>Thursday 6:pm-7:30pm</b>
▪ <b>Acu Detox</b>	<b>Wednesday 1pm-2pm</b>

If you are interested or would like to  
learn more about our services, please contact

Isleta Behavioral Health Services  
Ph (505) 869-5475  
Fax (505) 869-4584

## Breast Cancer Awareness

# Tuesday, April 24, 2012

## 10am-noon

### At the Isleta Health Center

Presented by Remona Benally

For more information and to Sign up,  
please call **Stephanie Barela, 869-4479**

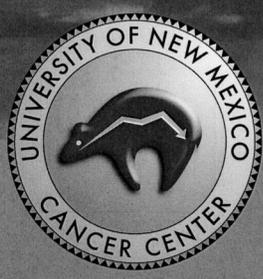


**Isleta Health Center**

 <b>Isleta Health Center Calendar of Events</b> <b>March 2012</b>						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3 Isleta Cancer 101 @ Isleta Eagle Golf Course 9-4
4	5	6	7	8	9	10
Dental Assistant Week-March 4-10th						
11	12	13 Isleta Cancer Education and Support @ Isleta Health Center 10:30-noon TOPIC: Support.  Isleta Diabetes Support Group Meeting, Isleta Health Center Kitchen 6-7PM	14	15	16 Isleta Diabetes/Obesity Prevention Advocacy Group Meeting, Isleta Health Center 10AM-12PM	17
18	19 Freedom From Smoking Session 1, Rec Center	20 National AIDS Awareness Day GET TESTED at the CLINIC!	21 National Kick Butts Day, Quit Smoking, call 869-4479	22 Health Fair Planning Meeting, 9:30am at Clinic	23	24
25	26 Freedom From Smoking Session 2, Rec Center	27 COLORECTAL CANCER 101 at Clinic 10-noon or 5:30-7:30pm	28	29	30	31
 Isleta Health Center						

THE UNM CANCER CENTER PRESENTS

# Understanding Colon Health: What You Need to Know To Protect Your Health



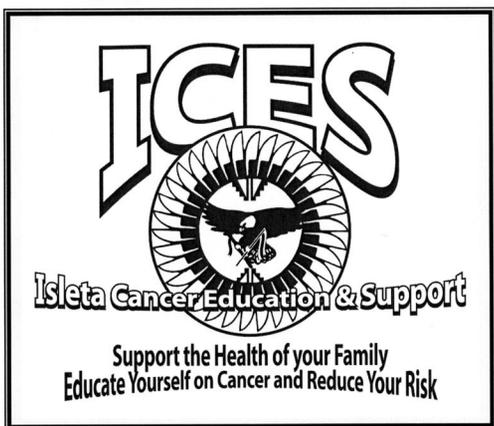
## Isleta Health Center

### March 27, 2012

**PRESENTED TWICE:**  
 Morning Session: 10:00 a.m. - 12:00 p.m.  
 Evening Session: 5:30 p.m. - 7:30 p.m.

*A partnership between the UNM Cancer Center Native American Outreach Program and Isleta Health Center*  
 Questions, Contact Isleta Health Educator 869-4479

 **UNM** HEALTH SCIENCES CENTER



**WHEN:**  
March 13, 2012

**TIME:**  
10:30am to Noon

**PLACE:**  
**ISLETA HEALTH CENTER (SMALL CONFERENCE ROOM)**

**TOPIC:**  
SUPPORT SESSION

Please contact Stephanie Barela @ 869-4479 if you have questions.



*Please join us!*

*Everyone welcome!*  
*Please Join Us!*

Support the Health of Your Family  
 Get Educated on Cancer and Reduce Your Risk!