

Isleta Pueblo News

Volume 13 Issue 4

Pueblo of Isleta website: www.isletapueblo.com

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April 2018

Governor's Report

Ma-Gu-Wam

Greetings from the Office of the Governor, in the February Newsletter I informed you of a community meeting planned for the month of March. However due to circumstances as Governor, traditional and other community duties, I have concurred with both War Captains and Tribal council to move the community meeting to April 14, 2018. It will be held at the Isleta Resort & Casino in Ball Room A, from 9:00am to 11:00am.

Moving the meeting date back allows us to properly prepare so we may inform our community of reported and occurring crimes to the Isleta Police Department, Social Services, and Behavioral Health. It is to serve as an informative meeting to hear concerns from community members, and how the community can reach out to the Departments mentioned on issues or concerns you may have. Some of you may have questions on how cases are dealt with in Tribal Court or which other resources we may have in helping curbing crime in our community, therefore, the Isleta In-House Attorney and Tribal Court Judges will be present. We community leaders want to reach out to the community so we may share information for creating a better community.

With the population growth surrounding the reservation, crime has increased and impacted our community. On a daily basis we hear and read of crimes committed throughout the world, the country, the state, and our reservation where we have experienced such a crime as murder. We may know of community members (youth, parents, adults) whom are into drinking and abusing drugs. Therefore, we must work together in searching for a solution and finding help to slow the self and community destruction. Please, share your thoughts and ideas for those concerned and community members in need.

The Pueblo of Isleta has a Community Tip Line where you may report suspicious or unlawful activity while remaining completely anonymous. No one will contact you for using this service. The Tip Line number is $(505)\ 264-7258.$

Lastly, this meeting is NOT meant to provide anyone the opportunity to bash any one person or family. PLEASE, attend this meeting with intentions of helping so the healing process of the community may begin.

God Bless the Pueblo of Isleta.

Isleta Health Center Update "Front Entrance Repair"

Isleta Health Center would like to let you know that the Front Doors must be entirely replaced to meet ADA Compliance. Please be assured that we are diligently working on this matter to resolve as soon as possible.

We understand your frustration and appreciate your patience.

-Isleta Health Center

BERNALILLO COUNTY - Bureau of Election 2018 PRIMARY ELECTION

MAY 08, 2018, TUESDAY

MAY 08, 2018, T

JUNE 02, 2018

JUNE 02, 2018, SATURDAY

JUNE 05, 2018, TUESDAY

VOTER REGISTRATION

ABSENTEE MAILING ABSENTEE MAILING

EARLY VOTING **EARLY VOTING**

PRIMARY ELECTION DAY

STARTS AT 8:00AM **ENDS** AT 5:00PM

CLOSES AT 5:00PM

STARTS AT 8:00AM **ENDS** AT 8:00PM

7:00AM TO 7:00PM

TRIBAL RESERVATION EARLY VOTING SITES - Beginning Saturday May 19, 2018

1. ISLETA ELDERLY CENTER, Building 79, Tribal Rd 40, Isleta, NM OPERATION DATES & HOURS: Saturday May 19 - 8:00am to 5:00pm

Tuesday May 22 – Saturday May 26 – 8:00am to 5:00pm Tuesday May 29 – Saturday June 02 – 8:00am to 5:00pm 2. TOHAJIILEE DESIDERIO CENTER,, 117 Tribal Rd 7036, ToHajiilee, NM

OPERATION DATES & HOURS: Saturday May 19 – 8:00am to 5:00pm

Tuesday May 22 – Saturday May 26 – 8:00am- 5:00pm Tuesday May 29 - Saturday June 02 - 8:00am- 5:00pm

EARLY VOTING SITES:

Beginning Saturday, May 19, 2018

- 1. 98th & CENTRAL SHOPPING CENTER, 120 98th St NW, Suite B101, B102
- 2. CARACOL PLAZA, 12500 Montgomery Blvd NE, Suite 101,
- 3. CENTRAL MERCADO, 301 San Pedro Dr SE, Suite B,C,D,E
- 4. DASKALOS SHOPPING CENTER, 5339 & 5539A, Menaul Blvd NE
- 5. FIESTA DEL NORTE, 6001 San Mateo Blvd NE Suite B-3
- 6. FOUR HILLS SHOPPING CENTER, 13140 Central Ave SE, Suite 1420 7. HOLLY PLAZA, 6500 Holly Ave NE, Suite A-6
- 8. LOS ALTOS PLAZA, 4200 Wyoming Blvd NE, Suite B-2
- 9. LOS RANCHOS VILLA, 6601 4th Street NW, Suite K, L
- 10. PAJARITO SENIOR MEAL SITE, 6080 Isleta Blvd SW
- 11. PETROGLYPH PLAZA, 8201 Golf Course Rd NW Suite D-1
- 12. SOUTH VALLEY MULTI PURPOSE SENIOR CNTR, 2008 Larrazolo Rd, SW,
- 13. ALAMENDA PLAZA,
- 14. TIJERAS CITY HALL, 12 Camino Municipal Tijeras
- 15. UNIVERSITY OF NEW MEXICO, Student Union Building, Lobo A & B 2nd flr
- 16. WEST BLUFF SHOPPING CENTER, 5201 Ouray Rd NW, Suite D-2

OPERATION DATES & HOURS: Saturday May 19 – 8:00am to 8:00pm

Monday May 21 - Saturday May 26 - 8:00am to 8:00pm Monday May 28 – Saturday June 02 – 8:00am to 8:00pm

17. CLERK'S ANNEX, 1500 Lomas Blvd NW, Suite A - Beginning Tuesday May 08, 2018

OPERATION DATES & HOURS: Tuesday May 08 – Saturday May 19 – 8:00am to 8:00pm Monday May 21 – Saturday May 26 – 8:00am to 8:00pm Monday May 28 – Saturday June 02 – 8:00am to 8:00pm

WHO CAN VOTE? Eligible Voters registered as a Major Party ONLY - Democrat or Republican QUESTIONS - Bernalillo County Clerk's Office - 505-468-1291

Isleta EMS Peter J. Herrera, EMS Manager 505-869-4486

What happens when you call 911?

Hopefully you have never had to call 911, but if you have, you know it can be scary and frustrating at times. First off, knowing where you call from makes a difference If you are calling from a landline within Isleta, it will go directly to the Isleta dispatch center. If you call from a cell phone multiple things can happen depending on your location within the Pueblo; 1.) Your call could go to the POI dispatch center, 2.) Your call could go to Bernalillo County EMS or 3.) Your call could go to Valencia County EMS.

If you call from a cell phone the dispatch center will not have a location or name. So please make sure you let the operator know your name and location before you tell them what is happening. This will ensure emergency units are sent as soon as possible. If dispatch does not have this information there is no way they can dispatch emergency services quickly. If you reach an outside dispatch center, just let them know you need Isleta Dispatch and they can transfer/connect you. Also please answer all the questions dispatch has for you. It may seem mundane, but all the information is critical for Police, Fire and EMS. As in the last article, tell dispatch something distinctive about your residence. This will help ensure PD and EMS can locate your property more quickly.

Please remember dispatch is there to help you just as much as EMS, FIRE and PD. Dispatchers of the 911 service are just as important as the rest of the Emergency Services offered here on Isleta Pueblo.



LETTER FROM THE EDITOR

DEADLINE for May Newsletter articles is set for Monday, April 16, 2018 at 4:30pm. Articles may be dropped off at the Library or emailed to poi02002@isletapueblo.com. Should you email your article, expect a confirmation email. If you do not receive a confirmation email, odds are it never made it to me and then it's time to panic, so call Nate at 505.869.9808.

People whom wish to submit an article or flyer are responsible for generating their own article or flyer. Should you need help, please call the Library at 505.869.9808 and set up a date and time to sit down with a Library staff member whom will help you throughout the process. The Library will NOT accept notes dropped off at the Library or information over the phone to generate your article.

PROBATES need to be published in the Newsletter for two consecutive months. Probates are considered court documents therefore all submitters must provide: 1) Name of Deceased, 2) Date of Deceased 3) Court Case # and 4) Date of Court Date. A Probate form can be found on the Newsletter Archive page at http://www.isletapueblo.com/newsletters.html.

CLASSIFIED ADS: The new administration has requested that the Newsletter start a Classified Ad section for Tribal members selling land, houses, mobile homes, vehicles, and farm equipment. Leasing of houses and mobile homes will be accepted. Smaller items which can be sold at the local flea markets or weekly yard sales will NOT be accepted.

Currently, this service is FREE to Tribal members. Land, houses, and mobile homes must be within the reservation boundaries. Ads must meet the 160 character limit. Ads that exceed the 160 characters will NOT be submitted into the Newsletter. A single picture may be submitted with the ad. Submitters of classified ads are responsible for generating their own ads as this is a FREE service.

As a reminder, Tribal business owners may submit a small flyer at no charge. Like the classified ads, business owners are responsible for generating their own flyers as this is a FREE service.

Classified ads and business flyers will be posted no more than two consecutive months. In the event where the Newsletter may exceed the 24 page limit, classified ads and business flyers will be "bumped" for newsletter articles. Again, this is a FREE service for Tribal members.

The Isleta Newsletter is owned and operated by the Pueblo of Isleta. Therefore, the Governor of the Pueblo of Isleta has the final say of all articles and contents within the Isleta Newsletter. For additional questions, you may call the Library and speak with Nate or Tara at 505.869.9808.

Thank you, Nathaniel Lujan

Newsletters may be found at the sixteen distribution locations listed below. Remember, Digital copies of the Newsletter may be obtained from the Newsletter archive at http://www.isletapueblo.com/newsletters.html

The sixteen Newsletter distribution locations are:

- 1) The Administration Building (Governor's Office): Receptionist Desk
- 2) Census Office: Receptionist Desk
- 3) Health Center: Lobby(Newsletter Stand)
- 4) Housing Department: Receptionist Desk
- 5) Department of Education: Receptionist Desk
- 6) New Recreation Center: Newsletter Stand
- 7) Old Recreation Center: Front Desk & Breakroom (Newsletter Stand)
- 8) Tribal Service Complex: Receptionist Desk
- 9) Tribal Service Complex: I.P.D. Dispatch Window
- 10) Tribal Service Complex: Tribal Courts Window
- 11) Elders Center: Receptionist Desk & Lunch Delivery
- 12) Head Start: Receptionist Desk
- 13) Library: Newsletter Stand
- 14) Ranchitos Park: Blue Box (see picture for example)
- Old Head Start Complex: Blue Box (see picture for example)
- 16) Intersection of Tribal Road 82 & Tribal Road 84: Blue Box (see picture for example)



From the Chical Mayordomos:

Thank you to all that showed up to the March 3rd Ditch Cleaning. Of the 481 registered land owners in the Chical area, only 21 land owners and 34 helpers were present. Ditch dues have not been collected for the past three years and we are requesting people become current with their assessments and dues for 2016, 2017 and 2018. The annual fee is 100 dollars for ditch dues and 10 dollars for assessment. Those that were present at the cleaning, Mayordomos collected dues from 2018 season only. If you have not paid your assessments and/or dues, please do so by June 1, 2018. Payments should be made to the Chical Ditch Treasurer, Frank Lujan. Per conversation with the Governor, dues will be collected if not paid in full by the due date from any potential per capita distributions.

Please note, with the high winds, weeds are being blown into the ditch, causing the water to backup and cause possible flooding. As a preventive measure, we will have to decrease the water pressure and close laterals to prevent incidents.

We will be seeking committee members to update current Chical Ditch Association Regulations. If interested, please be on the lookout for posters indicting a future meeting time. Thank You.

CLASSIFIED

FOR SALE: Category II Rippers 3 point hitch. \$800.00 asking price (negotiable).

Call Mike @ 505-553-2133





TRIBAL COURTS

A recent interview with Peacemaker **Rochelle Mariano** revealed some very important and distinct attributes to being a Peacemaker and the Peacemaking process.

What is the most important thing about being a Peacemaker?

There are many important aspects of being a Peacemaker. Respect, listening, keeping an open mind, communication, and keeping information confidential are all good characteristics of a peacemaker.

Are tradition, language and culture an important part of the Peacemaking process? Tradition, Language, and culture are an important part of the Peacemaking process. They help us to remember who we are.

How would you like the community to see the Peacemakers?

I would like for the community to see Peacemakers as individuals that they can trust regardless of the situation. Peacemakers are not there to judge but rather to create peace in individual lives. The world is changing so fast around our community, we need to focus on more important issues in life, like keeping our children safe in schools, helping one another, and focusing on accomplishments that have been made rather than focusing on what has not been accomplished. I would also like for the community to remember what's important

to us and to help the Peacemakers continue to develop and strengthen our core values so that we keep our community strong and, most of all, keep our families together.

Knowing the community, do you see where Peacemakers could assist in solution building? Peacemakers could assist in solution building throughout the community. They could help with solution building with regard to families, helping the youth, and in the POI workforce. The key is communication.

As a Peacemaker, who would you like to help the most? As a Peacemaker I am open to helping anyone that is open to the Peacemaking process. I have a high interest in our youth knowing that they are our future. I believe if we take care of our youth in return they will take care of us.

How would you describe Peacemaking and the judicial process? There are many differences between the Peacemaking process and the judicial process. Many judicial processes can be intimidating or stressful not knowing what to expect, some may even be costly. There is no cost association for the peacemaking process. The process begins when all parties involved agree to attend a family conference, if their case is already in the court process, or a specifically requested Peacemaking session. During the session the Peacemakers work

with all individuals to reach a solution that all parties must agree upon. During sessions all individuals must communicate with one another. Once a decision has been made and all individuals agree, then the process ends. The Peacemaker will report the information back to the Courts/Judge. The main difference is that the individuals are given a chance to make a decision for themselves instead of the Judge imposing a decision for them. I also believe that by utilizing the Peacemaking process as individuals, we are able to gain respect for one another while communicating and keeping our families together.

In closing, I'd like to invite everyone to attend our Peacemaker Community Conversations each month; may you all have a wonderful year.

Peacemaking Community conversations are held the last Wednesday of every month at 5:30pm. Peacemaker Community Conversations (PCCs) are usually held at Tribal Court unless otherwise noted. PCCs are rotated around the community to allow for increased access to Peacemakers and the invited conversation. Contact Heather Townsend, Tribal Courts Special Projects Coordinator, for more information or questions regarding the Peacemakers, (505)869-9700.

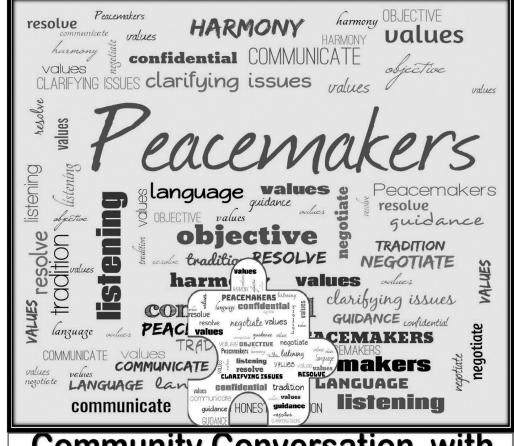
PROBATE NEWS

First Notice – A petition to Probate the Estate of Ruth Johnson, deceased October 21, 2017. Case No. CV-17-PRO-00025, has been filed with the Pueblo of Isleta Tribal Courts. Any person claiming an interest in the Estate may notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. A hearing on the matter is scheduled for Wednesday, April 04, 2018 at 11:00 a.m. Claims must be filed in writing with the Isleta Tribal Court Clerk, located at the Tribal Service Complex, 3950 Hwy 47 SE, Building A, Albuquerque, NM. Any questions regarding the matter may be directed to the Isleta Tribal Court Clerk at (505) 869-9699.

First Notice – A petition to Probate the Estate of Carlos F. Jojola, deceased November 14, 2008. Case No. CV-17-PRO-00024, has been filed with the Pueblo of Isleta Tribal Courts. Any person claiming an interest in the Estate may notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. A hearing on the matter is scheduled for Wednesday, June 06, 2018 at 9:30 a.m. Claims must be filed in writing with the Isleta Tribal Court Clerk, located at the Tribal Service Complex, 3950 Hwy 47 SE, Building A, Albuquerque, NM. Any questions regarding the matter may be directed to the Isleta Tribal Court Clerk at (505) 869-9699.

Second Notice – A petition to Probate the Estate of Richard D. Olguin, deceased August 17, 2017. Case No. CV-17-PRO-00023, has been filed with the Pueblo of Isleta Tribal Courts. Any person claiming an interest in the Estate may notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. A hearing on the matter is scheduled for Wednesday, April 25, 2018 at 10:30 a.m. Claims must be filed in writing with the Isleta Tribal Court Clerk, located at the Tribal Service Complex, 3950 Hwy 47 SE, Building A, Albuquerque, NM. Any questions regarding the matter may be directed to the Isleta Tribal Court Clerk at (505) 869-9699.

First Notice – A petition to Probate the Estate of Josephine Poafpybitty, deceased July 08, 2017. Case No. CV-17-PRO-00022, has been filed with the Pueblo of Isleta Tribal Courts. Any person claiming an interest in the Estate may notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. A hearing on the matter is scheduled for Wednesday, April 25, 2018 at 09:00 a.m. Claims must be filed in writing with the Isleta Tribal Court Clerk, located at the Tribal Service Complex, 3950 Hwy 47 SE, Building A, Albuquerque, NM. Any questions regarding the matter may be directed to the Isleta Tribal Court Clerk at (505) 869-9699.



Community Conversation with the Peacemakers

Learn more about the Peacemaking Process and how it may help you **Wednesday, April 25, 2018**

Tribal Court Room*
5:30pm

Refreshments will be served

*Location may change. Call 869-9700 for more info.



Isleta Career Opportunities



PLEASE NOTE: POSITIONS ARE OPENED UNTIL FILLED

Vickie Carrion 244-8206 www.isleta.com
Updated: March 16, 2018 (Internal Postings in BOLD)

<u>REQ</u> 1550BR	TITLE ATTENDANT ROOM	<u>DEPARTMENT</u> HOTEL HOUSEKEEPING	REMOVAL DATE Internal Expires 03/20/2018
1552BR	COMPENSATION & CLASSIFICATION ANALYST	HUMAN RESOURCES	External Expires 03/27/2018 Internal Expires 03/16/2018
1553BR	SUPERVISOR FLOOR TABLE GAMES	TABLE GAMES	External Expires 03/23/2018 Internal Expires 03/20/2018
1554BR	FRONT DESK AGENT	HOTEL	External Expires 03/27/2018 Internal Expires 03/23/2018 External Expires 03/30/2018
1537BR	ADMINSTRATOR SYSTEMS-IT	IT	03/20/2018
1463BR	ATTENDANT CONCESSIONS - CHILI RISTA	F&B DELI	12/29/2018 or until filled
1481BR	ATTENDANT CONCESSIONS - CHILI RISTA	F&B DELI	12/29/2018 or until filled
1482BR	ATTENDANT CONCESSIONS - CHILI RISTA	F&B DELI	12/29/2018 or until filled
1483BR	ATTENDANT CONCESSIONS - CHILI RISTA	F&B DELI	12/29/2018 or until filled
1484BR	ATTENDANT CONCESSIONS - CHILI RISTA	F&B DELI	12/29/2018 or until filled
1503BR	ATTENDANT CONCESSIONS - CHILI RISTA	F&B DELI	12/29/2018 or until filled
1416BR	ATTENDANT CONCESSIONS - DAUBERS	F&B BINGO SNACK BAR	01/12/2019 or until filled
1494BR	ATTENDANT LAUNDRY	F&B FUN CONNECTION	12/29/2018 or until filled
1533BR 1395BR	ATTENDANT LAUNDRY ATTENDANT ROOM	HOTEL HOUSEKEEPING HOTEL HOUSEKEEPING	03/23/2018 03/23/2018
1534BR	ATTENDANT ROOM ATTENDANT ROOM	HOTEL HOUSEKEEPING	03/23/2018
1311BR	ATTENDANT VALET	VALET	12/29/2018 or until filled
1312BR	ATTENDANT VALET	VALET	12/29/2018 or until filled
1328BR	ATTENDANT VALET	VALET	12/29/2018 or until filled
1333BR	ATTENDANT VALET	VALET	12/29/2018 or until filled
1452BR	ATTENDANT VALET (GRAVEYARD)	VALET	12/29/2018 or until filled
1541BR	BAR BACK - SPORTS BAR	F&B SPORTS BAR	03/22/2018
759BR	BOWLING MECHANIC	FUN CONNECTION	10/20/2018 or until filled
1325BR	CASHIER -F&B STEAKHOUSE	F&B STEAKHOUSE	08/03/2018 or until filled
1540BR 1535BR	CASHIER SERVER - F&B CHILLS CHEF	F&B CHILL COFFEE BAR TIWA	03/22/2018 12/29/2018 or until filled
1535BR 1545BR	COCKTAIL WAITRESS SPORTS BAR	F&B SPORTS BAR	03/22/2018
1546BR	COCKTAIL WAITRESS SPORTS BAR	F&B SPORTS BAR	03/22/2018
1547BR	COCKTAIL WAITRESS SPORTS BAR	F&B SPORTS BAR	03/22/2018
1548BR	COCKTAIL WAITRESS SPORTS BAR	F&B SPORTS BAR	03/22/2018
1549BR	COCKTAIL WAITRESS SPORTS BAR	F&B SPORTS BAR	03/22/2018
1486BR	COOK-BANQUET	F&B CATERING BANQUETS	12/29/2018 or until filled
1524BR	COOK-BANQUET	F&B CATERING BANQUETS	12/29/2018 or until filled
1423BR	DEALER TABLE GAMESPart Time	TABLE GAMES HOTEL HOUSEKEEPING	03/30/2018
1425BR 1511BR	HOUSEMAN-HOUSEKEEPING HOUSEMAN-HOUSEKEEPING	HOTEL HOUSEKEEPING	03/23/2018 03/23/2018
1511BR	HOUSEMAN-HOUSEKEEPING	HOTEL HOUSEKEEPING	03/23/2018
1380BR	PORTER-CUSTODIAL (Graveyard)	CUSTODIAL	12/20/2018 or until filled
1386BR	PORTER-CUSTODIAL (Graveyard)	CUSTODIAL	12/20/2018 or until filled
1387BR	PORTER-CUSTODIAL (Graveyard)	CUSTODIAL	12/20/2018 or until filled
1460BR	REPRESENTATIVE GUEST SERVICE	MARKETING PLAYERS CLUB	03/30/2018
1522BR	RESTAURANT CHEF	F&B EMPLOYEE DINING	12/30/2018 or until filled
1324BR	SERVER - STEAKHOUSE	F&B STEAKHOUSE	08/03/2018 or until filled
1402BR	SERVER BEVERAGE	F&B BEVERAGE SERVICES F&B BEVERAGE SERVICES	03/22/2018 03/22/2018
1542BR 1543BR	SERVER BEVERAGE SERVER BEVERAGE	F&B BEVERAGE SERVICES	03/22/2018
1544BR	SERVER BEVERAGE	F&B BEVERAGE SERVICES	03/22/2018
1509BR	SUPERVISOR BEVERAGE	F&B BEVERAGE SERVICES	03/22/2018
1472BR	SUPERVISOR BINGO	BINGO	12/29/2018 or until filled
1531BR	SUPERVISOR FLOOR TABLE GAMES	TABLE GAMES	03/20/2018
1298BR	SUPERVISOR SHIFT - PALACE WEST SLOTS	PALACE WEST	11/10/2018 or until filled
1479BR	SUPERVISOR SHIFT SLOTS	SLOTS	03/16/2018
1393BR	TIWA LINE COOK	F&B TIWA	10/26/2018 or until filled
1538BR	TRAINING & DEVELOPMENT MANAGER	HUMAN RESOURCE	03/21/2018
1539BR	TRAINING SPECIALIST	TRAINING F & B	03/21/2018 03/30/2018
1499BR 1498BR	UTILITY UTILITY	г « Б F & B	03/30/2018
1497BR	UTILITY	F&B	03/30/2018
	UTILITY	F&B	03/30/2018

Pueblo of Isleta Career Opportunities

Closing Date Position Posting Office Location ACADEMIC COACH, Open Until Filled Department of Education, ADMINISTRATIVE ASSISTANT I. Dept. of Education, 03/26/18 ANIMAL CONTROL OFFICER, Wildland Open Space Dept., Open Until Filled BUS DRIVER (2-PART-TIME), Head Start & Child Care, Open Until Filled ARCHITECTURAL TECHNICIAN, Housing Authority, Open Until Filled ASSOCIATE GENERAL COUNSEL, Legal Department, Open Until Filled ASSOCIATE JUDGE. Tribal Courts, Open Until Filled Open Until Filled CHILD CARE PROVIDER, Head Start & Child Care, COMPUTER LAB INSTRUCTOR, Open Until Filled Dept.. of Education, COOK, Head Start & Child Care. Open Until Filled DENTIST, Health Center, Open Until Filled DISABILITIES COORDINATOR. Head Start & Child Care, Open Until Filled **EDUCATION ASSISTANT,** Elementary School, Continuously Accepting Applications FACILITIES WORKER, Head Start & Child Care, Open Until Filled FAMILY SERVICE WORKER, Head Start & Child Care, Open Until Filled FENCE CREW FOREMAN, Natural Resources, WITHIN ONLY-Open Until Filled FITNESS INSTRUCTOR, Health Center, Open Until Filled HOME SERVICES MANAGER, Elder Center, WITHIN ONLY-Open Until Filled Elder Center, WITHIN ONLY-IN-HOME CARE ATTENDANT, Open Until Filled LIFEGUARD (2-PT Positions), Recreation Center, Open Until Filled NUTRITIONIST, Health Center, Open Until Filled NUTRITIONIST COORDINATOR, Head Start & Child Care, Open Until Filled NURSE MANAGER, Health Center, Open Until Filled PAINTER, Housing Authority, Open Until Filled PARK MAINTENANCE (Occasional), Recreation Center, Open Until Filled PARK MAINTENANCE WORKER, Recreation Center, Open Until Filled Continuously Accepting Applications PERSONAL CARE SERVICE AIDE (Occasional), Elder Center, PHYSICAL THERAPIST. Health Center, Open Until Filled PHYSICIAN, Health Center, Open Until Filled PLUMBER, Housing Authority, Open Until Filled Police Department, POLICE OFFICER-CERTIFIED, Open Until Filled ROADWAY MAINTENANCE WORKER I. Public Services Department, Open Until Filled REGISTERED NURSE. Health Center, Open Until Filled REGISTERED NURSE (PT-20hpw), Health Center, Open Until Filled SENIOR MAINTENANCE TECHNICIAN, Health Center, Open Until Filled SPECIAL EDUCATION TEACHER, POI Elementary School, Continuously Accepting Applications SPECIAL EVENTS & COMMUNICATIONS ASSISTANT, Health Center, Open Until Filled SUMMER RECREATION AIDE (15-Positions), Recreation Center, WITHIN ONLY-Open Until Filled SUMMER WEED & LITTER CREW (6-Positions), Recreation Center, WITHIN ONLY-Open Until Filled TEACHER-ELEMENTARY SCHOOL, POI Elementary School, Continuously Accepting Applications TEACHER-HEAD START, Head Start & Child Care, Open Until Filled SPECIAL EDUCATION TEACHER I or II, Head Start & Child Care, Open Until Filled Department of Education, WITHIN ONLY-TIWA LANGUAGE TEACHER (2 positions), Open Until Filled TIWA LANGUAGE TEACHER, Elementary School, Open Until Filled UTILITY WORKER, Public Services Department, Open Until Filled VETERAN SUPPORT SERVICE PROGRAM MEMBER, Elder Center, Open Until Filled

Public Services Department,

Natural Resources, WITHIN ONLY-



WATER / WASTE WATER I, II, III, IV,

WILDLAND FIRE CREW (4-Positions),

To apply for IBC positions click on application link at http://www.isletapueblo.com/ careers.html,

complete application, and submit to IBC. Or call Isleta Business Corporation at 505-869-7568

Current Open IBC Positions:

Chief Executive Officer, Open Until Filled

Chief Operations Officer, Open Until Filled

C-Store Assistant Manager, Open Until Filled

C-Store Shift Leader

WITHIN ONLY Open Until Filled

Sales Associate,

Open Until Filled



Pueblo of Isleta Health Center would like to say...

Open Until Filled Open Until Filled



To all the Adminstrative Professionals

April 25, 2018

7:00AM TO 7:00PM



BERNALILLO COUNTY - Bureau of Election 2018 PRIMARY ELECTION

MAY 08, 2018, TUESDAY VOTER REGISTRATION CLOSES AT 5:00PM
MAY 08, 2018, TUESDAY ABSENTEE MAILING STARTS AT 8:00AM
JUNE 02, 2018, SATURDAY ABSENTEE MAILING ENDS AT 5:00PM
MAY 19, 2018, SATURDAY EARLY VOTING STARTS AT 8:00AM
JUNE 02, 2018, SATURDAY EARLY VOTING ENDS AT 8:00PM

TRIBAL RESERVATION EARLY VOTING SITES -

JUNE 05, 2018, TUESDAY PRIMARY ELECTION DAY

Beginning Saturday May 19, 2018

ISLETA ELDERLY CENTER, Building 79, Tribal Rd 40, Isleta, NM
 OPERATION DATES & HOURS: Saturday May 19 – 8:00am to 5:00pm

Tuesday May 22 – Saturday May 26 – 8:00am to 5:00pm Tuesday May 29 – Saturday June 02 – 8:00am to 5:00pm

2. TOHAJIILEE DESIDERIO CENTER,, 117 Tribal Rd 7036, ToHajiilee, NM

OPERATION DATES & HOURS: Saturday May 19 - 8:00am to 5:00pm

Tuesday May 22 – Saturday May 26 – 8:00am-5:00pm Tuesday May 29 – Saturday June 02 - 8:00am-5:00pm



Recruiting POLL WORKERS, STUDENT WORKERS And Register to Vote

Recruiting
April 14, 2018 @ Isleta Community
Meeting, Isleta Resort

ATTENTION: Bernalillo County registered voter may sign up for poll official @ www.bernco.gov/myvotecenter or call 505-468-1291 option 4. More information call 505-468-1228 or 505-263-0050



2018 PRIMARY ELECTIONEarly Voting in-Person begins May 19, 2018

Bernalillo County Early Voting SITE at Isleta Elderly Center OPENS

May 19, 2018 to June 02, 2018 from 8a.m.-5p.m.
Tuesday to Saturday

For more information, go to www.bernco.gov/myvotecenter or call 505-243-VOTE (8683).



Last Day For Voter Registration:

Tuesday May 08, 2018

If You Register To Vote After May 08, 2018, Your Voter Registration Will Not Be Processed Until After The Tuesday June 05, 2018, Primary Election . Voter Registration reopens June 11, 2018

For more information, go to www.bernco.gov/myvotecenter or call 505-243-VOTE (8683).



ISLETA RESORT & CASINO

Isleta Resort & Casino is eagerly preparing for a number of upcoming grand openings. This, as the Resort advances in its \$40 million renovation, which began in early 2017. The project includes a new non-smoking room for players. The room answers a much-anticipated demand for the completely enclosed space. Guests can look forward to celebrating and playing in the new room beginning with a grand opening in early April.



Bingo Hall

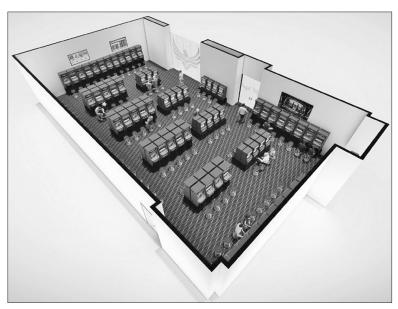
Additionally, the renovation features a new Bingo Showroom, which is now scheduled to open to the public in July. The new facility will feature enhanced seating, lighting, and convenient access to food and beverage service. Triple Sevens Saloon will also open its doors to the public in its new location, which will be four times its previous capacity. Guests can look forward to that grand opening for that in July. Additional details regarding grand opening celebrations and ribbon cuttings will be released in future editions of the Isleta Pueblo Newsletter.



Poker Rendering 1



Non Smoking Rendering 1



Non Smoking Rendering 1



Casino Floor Rendering

Tips for Night Driving From the Isleta Health Center's

Optometry Clinic

1. Never wear tinted lenses while driving at night

 So called night driving lenses with any amount of tint or polarization only reduce the already limited amount of light available to your eyes making driving more hazardous.

2. Wear lenses with Anti Reflective (AR) coating

 AR coatings minimize distracting internal lens reflections which can be significantly more noticeable at night.

3. Have regular eye exams and ensure your eyewear prescription is up to date

 Even slightly uncorrected refractive errors can make night time driving more difficult.

4. Make sure your corrective lenses are clean

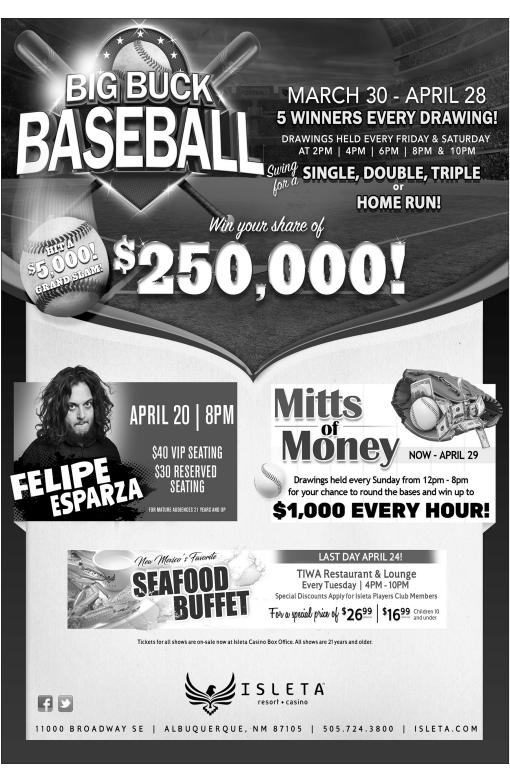
Dirty lenses can limit your view and induce glare.

5. Make sure your windshield is clean

 As with corrective lenses, dirty windshields will also limit your view and induce glare.

6. Make sure your head lights are clean and properly aligned

Dirty headlights can reduce efficacy by 75%.



Junior Youth Spiritual Empowerment Program

Do you want to serve your community as a junior youth group animator?

Spiritual Perception Power of Expression Moral Structure Understanding the world around us. Sharing our thoughts with clarity. Gaining strength to make good decisions.

Sports Healthy recreation to foster friendship and collaboration.

Arts Using a language of expression to increase understanding.

Study Exploring concepts to develop character qualities and intellectual abilities.

Service Applying what we learn to work towards bettering our communities.

An animator is a young person (17-25) who serves as a friend and wise advisor to a group of junior youth (12-15). They help the group learn their talents, develop their intellectual and spiritual powers, and channel their energy into service to others.





- 2. Resume indicate your career field and interest
- 3. Unofficial Transcripts

Submit your application packet to the Human Resources Office. Application packets are accepted Via postal mail, email, or fax.

All selected Interns must complete an employment Drug Screen and Background Check

CONTACT:

Natasha Jiron Phone: 505-869-9792-Office, 505-869-7579-Fax Email: poi70105@isletapueblo.com Mailing Address: PO Box 1270, Isleta, NM 87022

Pueblo of Isleta (POI) Legacy Corps/AMERICORPS Program

We are Looking for Volunteer Members (Earn a monthly stipend of \$200 to perform the following services)

Who qualifies for Legacy Services?

The Veteran Support Service Program offers Community-Based support services targeted for frail Veterans and military families aged 60 years and above. Services are designed to support full time caregivers with Respite services and empower Veterans and caregiver with education and networking with community resources to maintain quality of life. Candidates receive 5-10 hours of services per week.

What type of Services Can I expect from this Program?

An array of support services may be provided in order to enhance independent living for Veterans and military families who are eligible. Services include:

- Respite In-Home Care Services:
 Non-medical In-Home Care services to frail Veteran and/or qualifying family member. An average of 5 hours a week will be given to qualifying candidate.
 Respite In-Home Care allows and enables a full time caregiver personal time to take a break.
- o Support services include:
 preparing light meals and assisting
 in scheduling arrangements for
 transportation. Member provides
 light house work for individual's
 needs. Guidance given in walks
 and light exercise in order to maintain
 mobility. Companionship, storytelling,
 playing card games, and other leisure
 activities are also included.
- Information and Referrals: Members will encourage caregivers to attend educational sessions provided by health professionals on various issue topics such as: Veteran benefits, coping strategies, medical/physical interventions and other topics. Assist Veterans and families to identify linkages for resources, employment opportunities, and social support services. Members will do referrals to appropriate agencies when the need presents itself, [i.e., work orders to Elder Home Chores Program, POI Housing Authority (for handicap home modifications)]...etc.

• <u>Transportation Services</u>:

Volunteers may assist in scheduling for transportation services to medical appointments, pharmacy, and other essential needs. Based on POI policies and required liability coverage, *members shall not transport.*

Members providing services are prohibited from handling money, accepting gifts, administering medications and doing any heavy lifting.

For more information contact: Evangeline Lente, Volunteer Program Manager Pueblo of Isleta Elder Center 505-869-9770 Extension: 9335 poi23084@isletapueblo.com



When traditional banks say **no**, we say **let's try again**.

We're a different kind of lender.

Taking the right steps to getting a loan can be challenging - especially if you're like 57% of Americans who struggle on a monthly, weekly, and even daily basis to pay the bills.

At Tiwa Lending Services we look beyond the numbers. We are a Community Development Financial Institution, known as a CDFI. We work with you to help you reach your financial goals by offering fair and affordable loans for:

- ► Emergency cash needs
- ► Home loans
- School tuition
- Other personal loan and banking needs

For more information, please contact Sheila Herrera or Miranda Lente at 505-916-0556.



Tribal Road 40, Building #117A, Isleta Pueblo, NM

Seasonal allergies (hay fever)

Allergies are an abnormal response of the immune system. People who have allergies have an immune system that reacts to a usually harmless substance in the environment. This substance (pollen, mold, and animal dander, for example) is called an allergen.

Allergies are a very common problem, affecting at least two out of every 10 Americans

Spring time brings budding trees, green grass, and of course, weeds.

With seasonal allergies, also called hay fever and allergic rhinitis, there are some strategies you can try to keep some of your symptoms under control. Bothersome symptoms include sneezing, congestion, runny nose and itchy eyes.

Try to reduce your exposure to the things that trigger your allergy symptoms.

Stay indoors on windy days.

If possible delegate lawn mowing and weed pulling.

Remove the clothing you have worn outside and shower to rinse the pollen form your skin and hair.

Don't hang laundry outside. Pollen can stick to sheets and towels.

Wear a pollen mask if you do outside chores.

Take extra steps when pollen counts are high.

Check your local TV, newspaper or internet for current pollen counts and forecasts.

Close windows and doors at night or any other time when pollen counts are high.

Avoid outdoor activities in the early morning when the pollen counts are highest.

If high pollen counts are forecasted start taking your allergy medication before your symptoms start.

St. Augustine Parish Isleta Pueblo Ministry of Consolation



MISSION STATEMENT

We are a ministry of consolation at St. Augustine Parish to offer spiritual comfort and support to families who have experienced the loss of a loved one. We will continue to honor and respect our traditional teachings.

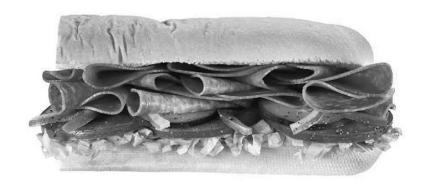
OBJECTIVES:

- 1. To assist our spiritual leader in Christ with his duties to render pastoral care and/or services.
- 2. To assist families with hospitality and Christian fellowship after the liturgy and burial services when requested.
- 3. The bereavement group will offer informal continuing support.

With Sympathy
"In times of sorrow
God's quiet waters of hope
and courage flow"



SATURDAY AND SUNDAY SPECIAL
BUY A SIX INCH SANDWICH AND RECEIVE A 6 INCH FOR 1/2 OFF

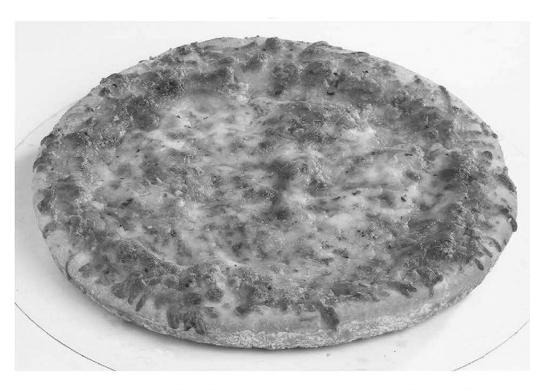


ALL TRIBAL, POLICE, AND DRESSED MILITARY RECEIVE 10% OFF. SALE ITEMS EXCLUDED.

PHONE # 505-869-9410 LOCATED IN THE TRAVEL CENTER



NOW SERVING PERSONAL PIZZAS



NOW \$5.00 ea. add additional toppings for an additional cost.

LOCATED AT THE TRAVEL CENTER

Johnson O'Malley News

Happy April to all JOM families. I hope that you all had a great Easter with your families.

I would like to thank those families who came out to our 6th to 12th grade presentation on Career Skills Exploration! During this presentation attendees learned how to dress professional, how to network, and build money management skills. This event was a part of the College and Career Initiative which qualified students to attend the college road trip during the summer. Stay tuned for more opportunities to qualify for the trip.

It is very important that if your mailing address or email has changed that you contact the JOM office to update this information. Important information is sent out via email or mail and I have a high amount of returned mail. If you are not receiving the information it is also important that you contact our office.

Graduating seniors you are eligible for cap and gown reimbursement. All you need to do is bring in your receipt to the JOM office located in the Education Complex and fill out a reimbursement form. Reimbursement is for cap and gown only!

All reimbursements must have an original receipt, and a W-9 (as required to receive a reimbursement).

Tutoring

Tutoring is now available for the second semester. Call the JOM office to pick up a packet and to set up an assessment for your child. I would like to remind you that this is not homework help. Tutoring is two days a week on Monday-Thursday.

If you have any questions, please contact the JOM office at 869-9810 for more info.

class of 2018

If you have not call the Department of Education or Johnson-O'Malley to RSVP your senior you may miss out on the upcoming 2018 Graduation banquet on Thursday, April 26, 2018. The graduation banquet is for those whom have received or going to receive a GED diploma, high school diploma, or higher education certificate/associate/diploma. You may also send in 3 pictures of your graduate to be showcased during the banquet. Pictures may be dropped off at the office or emailed in JPEG format to poi08102@isletapueblo.com.

Johnson O'Malley 505 869-9810

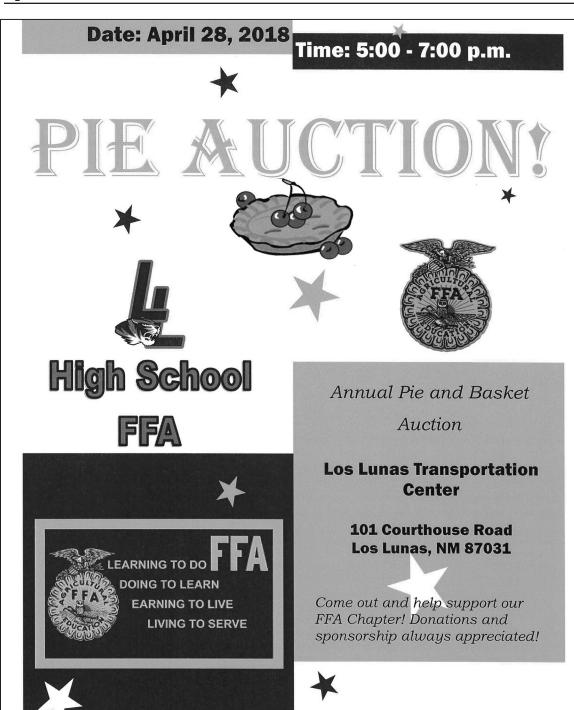
Isleta Pueblo News

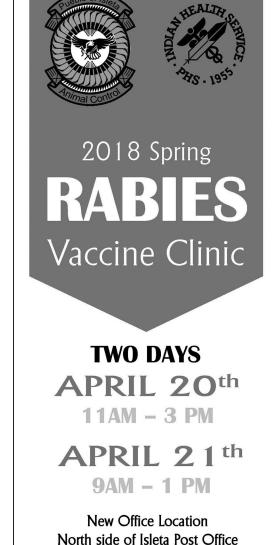


Editor: Nathaniel Lujan

Asst. Editor: Tara Abeita

Published By: Valencia Express





#123 Tribal Road 40

PUEBLO RESIDENTS ONLY

All canines must be on a leash.

All cats in a crate or carrier.

We reserve the right to refuse pregnant, aggressive or sick pets.



From JourneyWorks Publishing

Nicotine in E-Cigarettes

Nicotine in E-Cigarettes is Addictive

• Most e-cigarettes have nicotine, just like regular cigarettes and other tobacco products. Nicotine is very addictive. Once you start, it is very hard to stop.

Nicotine Poisoning Risk

- Nicotine is a poison that can KILL.
- There are no rules for safety labels or child proofing on e-cigarettes or the liquid refill packs, which can really put children and pets at risk.

Chemicals in E-Cigarettes Can Harm Your Health

• Some e-cigarette liquids have toxins such as antifreeze and other chemicals that may cause cancer.

E-Cigarettes are Not Regulated

• Studies have shown nicotine is in some e-cigarettes that claim to be nicotine-free. People who buy them do not know what they are really getting.

Health Effects are Not Known

- E-cigarettes are very new. No one really knows how harmful they are.
- Long term studies on the health effects have not been done.
- There is no proof that the vapor is safe for the people smoking, or for those who breathe the secondhand vapor.
- E-cigarettes contain nicotine, which changes your heart rate and raises your blood pressure.

Can E-Cigarettes Help you Quit Smoking?

- People who sell e-cigarettes claim they can help a person stop smoking, but there is no proof this is true.
- In fact, some studies suggest they may keep smokers hooked.
- They may also cause people who have quit smoking to start again.
- E-Cigarettes are not regulated, so no one really knows if they are a safe quitting aid.
- Nicotine is NOT harmless.
- Studies show it may increase problems with diabetes.
- Nicotine replacement therapy (NRT) has been proven to help people stop smoking. NRT includes nicotine patches, inhaler, nasal spray, lozenges and gum.

You may be eligible to receive nicotine replacement therapy from the Isleta Health Center Pharmacy if you attend the Freedom from Smoking sessions.

To learn more the Isleta Health Center's Freedom From Smoking and Thinking About Quitting programs, contact Stephanie Barela at 869-4479.



Pueblo of Isleta Public Library

A lot has been happening at the library within the past month. We have been planning our upcoming months along with our Summer Reading Program. Please read more about our new FREE services we will be offering for all library patrons and upcoming programs. Come take advantage of what we have to offer. Your library card is the gateway to a whole new world! We will have monthly trainings for our patrons every month highlighting our FREE services. Keep a look out for dates and times.

News

The Library will be closed from 8:00am-12:00pm on Wednesday, April 4th for our monthly staff meeting. We will be discussing upcoming programs for Adults, Teens, and Children. For the most current up to date news on programs, please check out our Library website: http://isletapueblo.com/whats-new.html or our Library Facebook page: https://www.facebook.com/IsletaPuebloLibrary/

The Library will be introducing a new automation system software, which includes a new library patron online catalog. Please be patient with us as we are still learning the ins and outs of the software. Along with this software, patrons will be able to view newly added library material as well as write reviews on anything you have checked out to help out other patrons who may want to check out material. Patrons will be able to view community events and up to date news on closures, library programs and more. Monthly trainings will be available once we have learned enough to pass the knowledge along to our patrons.

Attention eBook and Audiobook lovers! The Library will now be offering Overdrive to library patrons. What is Overdrive? Overdrive is a FREE service that allows library users access to eBooks and Audiobooks to use on your devices. You will need your library card number and password to log into Overdrive. Just like all other library material, you will have a three week check out time period. Please speak with a library staff member about setting up a password. If you forgot your password, we can look up your account to access the password you set up with us.

Attention music lovers! The Library will now be offering Freegal Music to library patrons. Freegal gives you the opportunity to download songs for FREE! Freegal offers ONLY Sony music artists but nonetheless this is a FREE service for you and the songs you download are yours to keep and transferable to your mobile devices. You will need your library card number and password to log into Freegal Music. Please speak with a library staff member about setting up a password. If you forgot your password, we can look up your account to access the password you set up with us.

The library will now be offering cake pan check out bags! Cake pan check out bags will come complete with a specialty cake pan, instructions, piping bag, icing tips, and decorating tips. These will be available for check out with a one week check out period. One bag per library account. A \$2 late fee will be applied for each day the bag is late. Please be courteous to other patrons and wash and clean supplies in bag so that it may be ready for the next patron to use. There will be a total of 13 specialty cake pan bags ranging from a basic round cake pan to a dinosaur shaped pan. What other cake pans will we be getting? Come to the library and check out our selection. Cake pan bags can be found in our General area in our nonfiction section where all baking books are located. If you have any questions regarding our cake pans please give us a call at 505.869.9808.

We are also working on getting the Award Winning Newspaper New York Times subscription app for all library patrons. New York times gives up to minute news, breaking news and reviews from around the world. Again this will be a FREE service to our library patrons. A library card from us and a password is needed to access all free services the library has to offer.

Upcoming

Are you a fan of poetry? Join our Adult Poetry Club starting April 3rd through April 19th. This will be in celebration of Poetry month which takes place every April. Discussions will take place every Tuesday and Thursday from 5:15pm-6:15pm in the library conference room. This will be open to 8 adults 18 and over. Week one we will be reading from Instagram Poet r.h. Sin's book, "Whiskey Words and a Shovel part I." Week two we will be reading from the book, "Chasers of the Light" by Tyler Knott Gregson. Week three we will be discussing music and lyrics. All eBooks and library tablets will be provided for participants. If you have any questions or would like to sign up, please call Tara at the library 505.869.9808.

Attention Manga/Anime fans! Cheyenne will be hosting a Manga book club starting May 1 through May 29. Book club meetings will take place every Tuesday. This will be open to 8 students 10 years old and older. Details are still in the works. Keep a look out for flyers!

Meet us at Central Perk! Are you a fan of the TV show Friends? Join us in May during a special program just for fans of the TV show Friends. Details and program flyer will be coming soon. Please check our Library website: http://isletapueblo.com/whatsnew.html or Library Facebook page: https://www.facebook.com/IsletaPuebloLibrary/for up to date information.

Registration for our Summer Reading Program will be Friday, May 11th starting at 7:00am until all spaces are filled. The library has been planning our 2018 programs since December and we are proud to share with you all our Calendars so you may decide whether our program will fit you and your child/children's needs. We will be short staffed this Summer and have changed our Youth registration available spots from 30 students to 25 students. That means our program will fill up faster than usual but nonetheless we will create a waiting list and will contact you once a student drops from our program. REMINDER that the Library WILL NOT provide transportation to and from the library.

This year our Summer Reading Program for Youth ages 7 to 17 years old will be celebrating the Era's starting June 11th to July 25th from 1:00pm-4:00pm. Each week we will introduce a new Era along with Technology used during that time, music, cartoons, games and much more. Each day will consist of 30 minute daily reading in a Grade-level group. Then we will move on to the activities planned for that day. This year we have also included Fun Themed days, which children can dress up according to the theme of that day. Of course Theme Days are optional and listed on Youth Calendars. If you have any questions about our Youth Summer Reading Program, please give us a call and speak with a Library staff member at 505.869.9808.

Our Summer Reading Program for Juniors ages 3 to 6 years (Potty Trained)-will be based around the theme Paws, Claws, Scales and Dinosaur Tales starting June 11th-July 25th from 9:00am-12:00pm. Each week we will incorporate different animals, reptiles, dinosaurs and sea life into our curriculum. Each day will consist of story time followed by an activity, and craft. If you have any questions regarding our Junior Summer Reading Program please give us a call and speak with a Library staff member at 505.869.9808.

Recap

The library offered cooking basics during the week of Los Lunas and Isleta Elementary



Frying up hamburger meat for taco Tuesday!



Rolling out meatballs for spaghetti.



Making her fruit parfait look nice.

Presentation is key!



Getting ready to assemble their Chef Salads and Fruit Parfaits

spring break which was the week of March 12th through 16th. This was in collaboration with the Isleta WIC program. They donated food for our program which we then made a menu for the week for the students to learn to cook. We used what WIC gives

out to families each month as a means of teaching students how to cook with what they have at home. We had a total of 16 students with two sessions that took place each day. Each student brought their own skillet and spatula each day and cooked according to our menu that day. The first day we taught the students how to boil an egg for their chef salads and showed them how to assemble a fruit parfait. The next day they learned how to make tacos for Taco Tuesday. Wednesday they learned how to make french toast and an over-medium egg. Thursday was breakfast burrito day. Friday they made their own spaghetti and had a chance to make sugar cookies. We would like to thank all the students who were able to join us all week. We hope you learned some cooking techniques you can apply at home.

Our Botball team has been working hard building their Botball course and robots. They all have been working on coding their robots and practicing on the Botball course which is located in the Library.

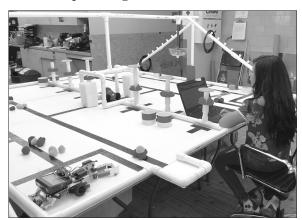


Coding one of their robots for practice.

Students involved with Botball use science, engineering, technology, and math to design, build, program, and document robots in a hands-on robotics project. They



Nonstop coding with the Botball team.



Finished Botball course with a practice run with one of their robots.

also gain teamwork skills and leadership. Botbal is sponsored by NASA. The New Mexico Botball Tournament will take place on Saturday, April 21st at the University of New Mexico-Valencia Campus.

We took our Homework Help Program on an Incentive Field Trip to Golden Gun Gaming and Golden Corral on March 23. Golden Gun Gaming is located at San Mateo and Osuna and includes gaming PC's, Xbox One, Playstation 4, Wii U, Virtual Reality for all ages. We also treated them to dinner at Golden Corral where they indulged on steaks and chocolate! The school year is wrapping up quickly and we would like to thank all the students who attend the library after school and complete homework.

Pueblo of Isleta Martial Arts program attends their first Karate Tournament of the year.



Pictured from Left to right: Mr. Jaramillo took two bronze place in Kata and Sparring, Ms. Lente took a silver in sparring, and Ms. Jojola took gold in sparring and silver in kata, while Mr. Jojola took gold in sparring and kata.







What a fantastic group of kids in the Isleta Martial Arts Program. They competed against 15 different schools that totaled over 70 competitors at this event. If you are interested in

starting in the martial arts program at the Isleta Recreation Center, please contact Mr. Chavez at the Isleta Recreation Center (505) 869-9777 or at Home at (505) 866-4360. Students must be 8 years and older.

Pueblo of Isleta Elementary School

Spring has sprung, and our students have been busy little bees! Third Quarter has been completed and we are beginning the final nine weeks of School Year 2017/2018. Letters will be sent home with information on Parent/Teacher Conferences.

Thirty-seven students enjoyed bomb pops in the Kitchen on March 2nd in recognition of Perfect Attendance for the month of February. Students are able to earn Perfect Attendance monthly with no tardies, no early check-outs and no absences.

The NM Leadership Development Program, (NMLDP), presented special activities for our After-School Program on March 7th. Students were able to participate in a variety of activities including a Lego Demonstration, Edible Geometry, and watching a special Drone Demonstration. Several of the Sixth Graders were also given the opportunity to fly the drone. Many thanks to the members of NMLDP, Valerie Todacheene, Laverna Chavez, Paul Collins, Norma Ortiz and Santee Lewis.

The Pueblo of Isleta Elementary School Students celebrated "Incredible Kid Day "on March 21st. Parents, Staff, Family, Friends and Community Members wrote notes, cards, letters and brought gifts to honor and show love to all of our children. Classrooms designed special boxes to receive their mail. A big THANK-YOU to all of our families that participated.

The Staff and Students also wish to thank everyone that participated in all of the surveys and interviews for the AdvancED Accreditation Team Visit, March 19-21. We will have the final reports in May to share.

The PARCC Testing will begin this month in April. The Test Window will be April 9th -

On March 1st, fifteen POIES Students traveled to the Tesuque Pueblo to compete in the CENAC Regional Science Fair. The following awards were earned:

Marion Jaramillo, 6th Grade - Turquoise Ribbon/Native American Scientist Ribbon Destiny Little, 6th Grade - Turquoise Ribbon

Shannon Padilla, 6th Grade - Turquoise Ribbon

Frie Mank and Oth Oracle One Dible and

Erin Meehan, 6th Grade – Coral Ribbon

Sierra Baca and October Trujillo, 5th Grade - Turquoise Ribbon

Jayden LaPahe, 5th Grade - Turquoise Ribbon

Lawrence Lucero, 5th Grade – Shell Ribbon

Kree Kowemy, 4th Grade - Turquoise Ribbon

Tyler Otero, 4th Grade - Turquoise Ribbon

Nick Zuni, 4th Grade - Turquoise Ribbon

Celestino Jojola, 4th Grade - Turquoise Ribbon

Alyshia Jojola, 3rd Grade - Turquoise Ribbon

Sienna Flores, 3rd Grade - Coral Ribbon

Elijah Garcia, 3rd Grade – Coral Ribbon

Congratulations Students! We are all so very proud of you, your hard work and effort!

20th. Tests will be scheduled for Tuesdays, Wednesdays and Thursdays. Make-up testing and students requiring accommodations may require additional time on Mondays and Fridays. Parents, make sure that your child gets plenty of rest and is present for testing. We appreciate your support.

NMLDP Activities







Science Fair WINNERS



Student Winners Science Fair Awards.



Ribbons for 3th Grade Winners



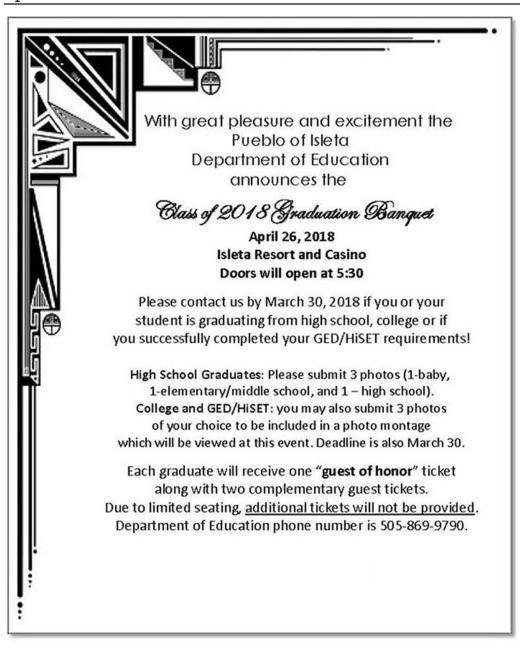
6th Grade Science Fair Winners



 $Fourth\ Grade\ Science\ Fair\ Winners$



Fifth Grade Science Fair Winners









ANDERSON SCHOOL OF MANAGEMENT AMERICAN INDIAN BUSINESS ASSOCIATION

NATIVE AMERICAN CAREER FAIR

Full-time and Part-time opportunities available for ALL FIELDS & MAJORS.

PUT IT ON YOUR CALENDAR!

DATE:

April 27, 2018

TIME:

10:00 AM - 12:00 PM

LOCATION: Anderson School of Management,

Jackson Student Center

CONTACT: Browning Begody, bbegody@unm.edu

PUEBLO OF ISLETA HIGHER EDUCATION PROGRAM

Attention Students

Higher Education Graduates:

Students if you have graduated (completed your degree) please call or e-mail the education office so we may proudly place you on our list for the upcoming "Graduation Banquet". Information needed will be:

Name, Phone #, Address, University Name, Degree Completed.

Each participating graduate will receive a wonderful gift.

Mandatory Orientation

Higher Education Program is hosting "Mandatory Orientation", there are many of you who have not yet attended? This orientation is to advise you of expectations from the Higher Education program and also assist us in understanding what your expectation is of this program.

Our next Orientation will be held on:
April 12, 2018
10:00 AM OR 3:00 PM
Please call 505-869-9790 to inquire about Orientation.

FAFSA

Educational Opportunity Center (EOC)
Please call (505) 277-2203
Take in your 2015 taxes for enrollment of the
SUMMER 2018.

Take in your 2016 taxes for enrollment of the FALL 2018

Scholarship Information

Next Available Funding: Summer 2018 Term You must submit all required documents on the dates listed below. Funding *will not* be provided if documents are received after these deadline dates.

Summer Application Deadline April 1, 2018

Summer Supporting Documents

Deadline May 31, 2018

It is the responsibility of the student to submit their required documents by deadline dates.

Isleta Higher Education Program Application and checklist for the 2018/2019 Academic year are currently available.

Upcoming Events

Kick Start to College: Thursday, April 19, 2018 Venue to be forthcoming

Reminders:

- √ Please understand that once your file is complete with the Isleta Higher Education Program, your file will be reviewed to determine eligibility of funding. Your financial aid does takes time to process and may require you to establish a payment plan with your institution to avoid being dropped from your courses.
- $\sqrt{}$ Students it is extremely important you communicate with our office regarding any changes to your education.
- √ All students are required to submit **Official Transcripts** at the end of each and every term. You may order your official transcripts through your institution ahead of time and request the school process your request when *final grades post*.

Failure to provide <u>Official Transcripts</u> may suspend your scholarship award

If you have any questions or need further assistance, please do not hesitate to contact the Scholarship Program:

Cecelia Jaramillo, Scholarship Coordinator poi08001@isletapueblo.com Kathleen Jojola, Scholarship Assistant poi08004@isletapueblo.com

Phone: (505) 869-9790

Isleta Early Head Start, Head Start and Child Care













Upcoming events

Policy Council April 2, 2018 5:00pm

Parent Committee April 6, 2018 3:45pm

Family Night April 18, 2018 5:00pm

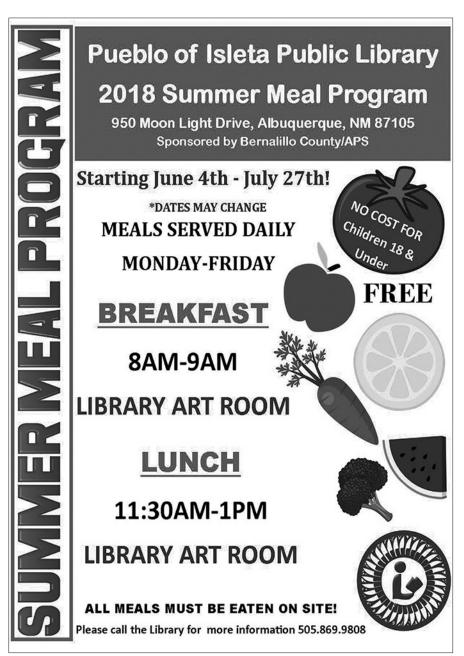
No School March 30, 2018- April Break













5600 Wyoming Blvd. NE, Suite 150

· Albuquerque, NM · 87109 Telephone: 505-837-2104

- · Fax 505-837-0575
- · www.smokefreesignals.com

Local Smoke-Free Laws Tied to Fewer Lung Cancer Cases

Communities with strong smoke-free workplace laws have lower lung cancer rates than those with no smoke-free laws, according to a recent study from the University of Kentucky.

Jovian Henio (Mescalero Apache/Diné (Navajo Tribe)), who works as an Outreach Coordinator with the Smoke Free Signals project, says tribal communities should take notice. "New Mexico has a good clean indoor air law, but it fails to protect the people living and working on tribal lands," he said. "By allowing the use of commercial tobacco products indoors, we also invite serious chronic disease into our homes and workplaces, too."

University of Kentucky researchers examined 20 years of data on new lung cancer cases among state residents aged 50 or older. The investigators then looked to see whether those with lung cancer lived in communities with strong, moderate or weak smoke-free laws.

The lung cancer rate was 8 percent lower in communities with strong smoke-free workplace laws than in communities without smoke-free laws, the findings showed. There were no differences in lung cancer rates between communities with moderate or weak smoking laws and those with no such laws.

"All people deserve to be protected by smoke free rules. Not just the people outside tribal boundaries. All people deserve to be protected," Henio said.

Previous studies have shown that strong smoke-free laws reduce rates of heart attack, stroke, asthma, and emphysema. It was not known if communities with strong smoke-free laws have fewer cases of new lung cancer, the researchers noted.

Smoking and exposure to secondhand smoke are major causes of lung cancer.

"Tribal government and tribal program leadership can play a critical role in preventing lung cancer," Henio said. "Anyone in a position of leadership — in the community, in the home, in the school, in the tribal department — can ensure that all workers, visitors and community members are protected from secondhand smoke by creating strong smokefree laws with few or no exceptions."

The study was published online Nov. 28 in the journal Cancer.

The Smoke Free Signals project offers free support to tribal communities interested in secondhand smoke protections. To learn more, visit www.smokefreesignals.com.

Isleta Cultural Awareness Program

Isleta Early Head Start, Head Start and Child Care



Attention Tiwa Speakers: Lets begin teaching our Children early!

The Isleta Early Head Start, Head Start and Child Care Program is seeking Community Members & Elders who are interested in interacting with children on a daily basis while incorporating the Isleta Culture. Community Members & Elders will participate by speaking Tiwa, storytelling in Tiwa, and cooking & baking cultural foods.



Requirements:

Interested individuals must speak fluent Tiwa and successfully pass a background investigation.

Compensation:

The Pueblo of Isleta will provide a stipend to the individuals selected to participate.

If interested, Contact Amalia (Molly)

Sanchez at 505-869-9797 or by email at
poi24001@isletapueblo.com



Child Safety Seat Clinic

3 OUT OF 4 CHILD SAFETY SEATS ARE USED INCORRECTLY.

Could yours be one of them?

Learn How to Properly Install Your Child's Car Seat to Keep Them Safe!



Friday, April 20, 2018 9:00am - 11:00am



Isleta Head Start & Childcare 2 Sagebrush Street, Isleta, NM

Have your child safety seat or booster seat inspected for recalls, broken parts, improper installation, and appropriateness for your child. Learn the restraint law in New Mexico. There is no charge for this service.

Please bring Tribal ID.

*Must have child and car seat present!

A donation of \$20 is requested if a replacement child safety seat is needed.

CALL ISLETA HEALTH CENTER <u>869-4479</u> OR ISLETA HEAD START AT <u>869-9796</u> FOR MORE INFORMATION











ELDERS CENTER

The elder center has been a busy place from fun activities, fund raisers and trainings. Here's what happened in March and what you can look forward to in April.

AARP:

The Elder Center is very thankful for the great partnership with AARP! AARP has continued to show their support for the elders of our community by providing low cost educational classes such as the Safe Driver Course as well as providing FREE tax filing services. On March 14 we held our annual Tax Help Day at the center where AARP and their wonderful volunteer staff provided free tax services for over 65 community members. Each year our tax help day is a great success and it grows each year with more volunteers and more community members coming in for services. THANK YOU AARP for making our event a success!

This month we also hosted a Safe Drivers Course with instructor Ron Sarracino. Ron provides a great educational class full of information that helps the older driver stay safe when on the road. After the 4 hour course attendees are given a certificate of completion. Some insurance companies provide discounts for attendees when they provide copies of their certificate showing their completion of the course.

Safe Driver Courses are held on a bi-monthly basis with our next class to be held on May 21st from 1:00PM-5:00PM. Sign-ups for the May class will begin on April 30th.

National Indian Council on Aging

We are pleased to announce that we have our group of community members who will be attending the National Indian Council on Aging, National Conference in Temecula, California in September. We have already begun our fund raising efforts with two 50/50 raffle drawings as well as a bake sale at the St. Augustine Church. As we work towards our fund raising goal, look out for more of our events & raffles. Our 50/50 raffles will take place twice a month, the schedule is as follows: April 11th & 25th, May 9th & 23rd, June 6th & 20th and July 5th and 18th. Tickets are available for purchase at the center from the front desk as well as from those seniors who are attending the trip. We would like to extend our gratitude to those who have supported our fundraising efforts thus far

St. Patrick's Day:



We celebrated St. Patrick's Day with a delicious corn beef and cabbage lunch followed by a St. Patrick's themed Bingo! Our afternoon bingo was a hit among all who joined us. Following the St. Patty's day theme we had delicious green deserts & sweet treats! Thank you to everyone who spent their afternoon with us and also thank you to everyone who donated items to make our afternoon lots of fun!





A little leprechaun was also spotted running around the halls of the center and joining in on our bingo fun!

Am I taking the wrong medication if my pills look

different than usual?

The reason your pills may look different in shape and in color from your last refill is the manufacturer of the medication may have changed from your previous fill. The wholesaler which the Isleta Health Center Pharmacy uses to obtain their medications does not always have the same manufacturer available. It is often found that the manufacturer may have discontinued making the product or may be experiencing delays in production putting the medication on back order so to ensure that our patients receive their medications without delay we would have to order medications from another manufacturer. The costs of medications fluctuate often which could also be a reason for the manufacturer needing to be changed.

If there is ever a question or concern as to why your medication may look different please do not hesitate to call the Pharmacy to verify.

Remember, your health is very important to us. Thank you

-Isleta Health Center Pharmacy

Caring for Your Glasses

- To avoid scratching, never lay your lenses face down on any type of hard or abrasive surface.
- Be sure to use two hands when putting on or removing your glasses. This will keep the glasses in better adjustment.
- To avoid scratching lenses, never wipe them when they are completely dry. Always use a little warm water with a soft tissue. If your lenses are treated with anti-reflection coating, use an approved cleaner or cloth.
- Ultra-fine, machine-washable microfiber lens cleaning cloths trap dirt and dust. So try to avoid rubbing prescription lenses with rags, facial tissues or paper towels or your tie or scarf as all of these can scratch your lenses. Also, avoid using household cleaners, acetone or soaps with cream—as chemicals may damage your frames, your lenses.
- When in the bathroom, remember: A sink or vanity top subjects your glasses to all manner of spatters, sprays and cosmetic products which can quickly soil or even damage your lenses.
- Never leave your glasses or sunglasses lying out in the hot sun or on the dash or console of your car.
- Take off your glasses before applying hair spray, perfume, or cologne. Not only can it damage the lenses, but it can also dirty the lenses and nose pads.
- Don't sleep with them!

Please join us for a

PNM Senior Assistance Fair at Isleta Pueblo!

Get help to pay your PNM Electric bill and so much more!

Isleta Pueblo, NM

DATE: Friday, April 27th, 2018

TIME: 9:00am to 11:00am

LOCATION: Isleta Elder Center

Receive a \$20.00 Wal-Mart gift card when you qualify for the PNM Good Neighbor Fund!

To qualify for the Good Neighbor Fund, your family must be within the following income guidelines. Monthly income \$1,508 \$2,030 2 3 \$2,553 4 \$3,075 5 \$3,598 6 \$4,120 7 \$4.643 \$5,165

To get help with your bill, please bring with you the following documents to the fair-

- . Proof of all household income
- Proof you were approved for LIHEAP during the 2018 year
- . ID's for all persons in your home
- · Your past due PNM bill

More Info: Monique Lujan-869-9770







ATTENTION SENIORS!

DO YOU HAVE EXTRA TIME TO SPARE? NEED EXTRA CASH?

The Senior Companion Program needs YOU!

Senior Companion Program volunteers assist clients with socialization, this means just visiting, who doesn't like that?

Most importantly, they develop friendships with their clients and their families. Senior Companions can also provide respite service (a break for the primary caregiver) such as a family member.

Upon qualification, Senior Companions receive a tax-free stipend for mileage reimbursements, supplemental accident and liability insurance and other perks like free lunch when serving an elder during the lunch hour.

Senior Companions must volunteer a minimum of 16 hours a week. Build your own schedule - Monday thru Sunday 8am to 5pm and commit to 6 months in the program.

You qualify if you earn \$2,033 or less per month and you are 55 years or older to earn a tax free monetary compensation and/or other benefits worth \$200-\$350/month for your volunteer service.

For more information contact:

Evangeline Lente, Volunteer Program Manager (505) 869-9770 ext. 9335 poi23084@isletapueblo.com

Isleta Elder Center (505) 869-9770 Monday - Friday 8:00am - 4:30pm







The state of the s				
Monday	Tuesday	Wednesday	Thursday	Friday
4/2/2018	4/3/2018	4/4/2018	4/5/2018	4/6/2018
Open Activities Room: 9:00Am - 3:00PM	Shuffleboard Practice: 9:00AM - 12:00PM Canyoncito CHR Visits the Elder Center	All Indian Game Day: Santa Fe Indian School	All Indian Game Day: Santa Fe Indian School	Huachas - Table Tennis & P Practice 9:00AM - 3:00PM
		Commodities 8:00AM-3:30PM		
4/9/2018	4/10/2018	4/11/2018	4/12/2018	4/13/2018
Open Activities Room: 9:00Am - 3:00PM	Shuffleboard Practice: 9:00AM - 12:00PM	Senior Center Exchange: Santa Ana Senior Center Visits Isleta Elder Center	Mass: 11:30AM Activities Room Shuffleboard Practice:	Huachas - Table Tennis & F Practice 9:00AM - 3:00PM
4/16/2018	4/17/2018	4/18/2018	1:00PM - 4:00PM 4/19/2018	4/20/2018
Open Activities Room: 9:00Am - 3:00PM	Shuffleboard Practice: 9:00AM - 12:00PM	Friendship Breakfast 9:00AM General Meeting 10:00AM	STAFF MEETING Early Lunch - 11:00AM-12:00PM Shuffleboard Practice: 1:00PM - 4:00PM	Huachas - Table Tennis & F Practice 9:00AM - 3:00PM
4/23/2018	4/24/2018	4/25/2018	4/26/2018	4/27/2018
Open Activities Room:	Shuffleboard Practice: 9:00AM - 12:00PM	Afternoon Bingo Session: 1:00PM Activities Room	April Birthday Celebration Lunch Room - 12:00PM	PNM: Low Income Fair 9:00AM-11:00AM
9:00Am - 3:00PM			Shufflohoard Drastics	Activities Room
9:00Am - 3:00PM	Commodities 8:00AM-3:30PM	prize control principality	Shuffleboard Practice: 1:00PM - 4:00PM	Activities Room

Open Activites Room: 9:00Am - 3:00PM



*All activities subject to change

Please call the Elder Center with any questions regarding the Calendar or to sign-up for activities.

Menu Isleta Elder Center



2018

Monday	Tuesday	Wednesday	Thursday	Friday
4/2/2018	4/3/2018	4/4/2018	4/5/2018	4/6/2018
Green Chile and Rice Stew	Beef Enchilada	Soup and Sandwich	Ham and Broccoli Casserole	Grilled Cheese Sandwich
Ground beef 3 oz	Ground beef 2 oz	Shaved turkey 3 oz	Ham 3 oz	Cheddar cheese slice 3 oz
Green chile 1/2 c	Red chile puree 1/4 c	VVVV bread = 56 g	Rice 1/2 c	WW bread slice = 56 g
Com 1/4 c	Shredded cheddar cheese 1 oz	Cream of broccoli soup 1 c	Broccoli 1 c	Tomato soup 1/2 c
Diced tomato 1/4 c	Corn tortilla 2 oz	(broccoli 1/2 c)	Cream of mushroom soup 1/8 c	Mixed vegetable 1/2 c
Rice 1/2 c	Pinto beans 1/2 c	Carrot salad w/raisins 1 c	Corn bread = 2 grain eq	Fresh fruit
WW tortilla 6"		Carrot salad Wiralsins 1 C	Apple salad 1/2 c	riesiriuit
(0.1)0/2. (0.0)0/00100000	Fruit cup = 1/2 c		Apple Salau 1/2 C	
Diced pear 1/2 c	1	1	I	
4/9/2018	4/10/2018	4/11/2018	4/12/2018	4/13/2018
Spaghetti w/Meat Sauce	Baked Ham	Chicken Adovada	Green Chile Cheeseburger	Baked Chicken
Ground beef 2 oz	Ham 3 oz	Chicken 3 oz	Ground beef patty 4 oz	Chicken thigh w/bone 7 oz
Ground sausage 1 oz	Sweet potato 1/2 c	Red chile puree 1/4 c	American cheese slice .5 oz	Potato wedge 1/2 c
Marinara sauce 1/2 c	Mixed vegetable 1/2 c	Mashed potato 1/2 c	WWV bun = 56 g	Steamed broccoli 1/2 c
Tossed salad 1 c	Stuffing 1/2 c	Spinach w/onions 1/2 c	WWV bun = 56 g Fries 1/2 c ican	WW roll = 56 g
Garlic breadsticks = 56 g	VVVV roll = 56 g	Tortilla 8"	Lettuce/tomato 1/8 c Nutrition	Fresh fruit
Fresh fruit	Fresh fruit	Cottage cheese w/peaches 1/2 c	Baked beans 1/2 c	i resir irait
Fresiriuit	Flesifilat	Collage Cheese Wipeaches 1/2 C	Peach cup 1/2 c Dining Room	
			Dining Room	
4/16/2018	4/17/2018	4/18/2018	4/19/2018	4/20/2018
Chicken Fried Steak	Baked Fish	Potato Stew	Ham and Cheese Sandwich	Posole w/Pork
Beef fritter 4 oz	Baked fish 3 oz	Cubed beef 3 oz	Shaved ham 3 oz	Pork 3 oz
Mashed potato 1/2 c	Chuckwagon com 1/2 c	Diced potato 1/2 c	American cheese slice .5 oz	Red chile puree 1/2 c
Country gravy 1 oz	Chateau vegetable 1/2 c	Green beans 1/2 c	Croissant = 56 g	Hominy 1/2 c
Peas with onions 1/2 c	Rice pilaf 1 c	Wheat crackers = 26 g	Carrot salad 1 c	Wheat bread = 26 g
Wheat roll = 56 g	Fruit cup 1/2 c	Rice pudding 1/2 c	Cucumber slices 1 c	Fruit cobbler = 1 grain eq and
Fresh fruit	Trait cap 1/2 c	Fresh fruit	Fresh fruit	1/2 c fruit
restricit		restriuit	EARLY LUNCH	1/2 C ITAIL
4/23/2018	4/24/2018	4/25/2018	4/26/2018	4/27/2018
Macaroni Stew	Sweet and Sour Pork	Tostada Grande	Red Chile Potato Stew	Chile Dog
Ground beef 3 oz	Diced pork 3 oz	Ground beef 2 oz	Cubed beef 3 oz	Turkey frank 2 oz
Stewed tomato 1/2 c	Oriental vegetable 1 c	Refried beans 1/2 c	Diced potato 1/2 c	Red chile beans 1/2 c
Wheat elbows 1/2 c	Steamed rice 1 c	Shredded cheddar cheese 1 oz	Red chile puree 1/2 c	WW bun = 56 g
Steamed carrot 1/2 c	Crunchy noodles 2 oz	Com tortilla 2 oz	Oven bread = 2 grain eq	French fries 1/2 c
Wheat crackers = 56 g	Mandarine orange 1/2 c	Lettuce/tomato 1/8 c	Banana pudding = 1/2 c fruit	Sugar free gelatin w/fruit =
Fresh fruit		Stewed tomato 1/2 c		1/2 c fruit
		Fresh fruit		
4/30/2018	4	IMPORTAN	IT REMINDERSII	
Chicken Noodle Soup				
Diced chicken 2 oz	Please call about of time to as	Please sell about of time to consol Home Police and Mode This serves time and money. Thenk you		
Wheat noodle 1/2 c	Flease call allead of tille to ca	Please call ahead of time to cancel Home Delivered Meals. This saves time and money. Thank you.		
Mixed vegetable 1 c				19 01
Cheese cube 1 oz	2			J. E.
WWW breadstick = 26 g	Congregate meals age 55+ free of charge. Persons ages < 55 the suggested donation is \$5.00			
Fruit cup = 1/2 c		however any donation is apprec	iated.	and the total
16.1. 30p 1/2 0				



Denise "Baby Girl" Sanchez





The family of "Baby Girl" Denise Sanchez would like to thank everyone for the support given during our loss. Thank you Father George and the choir. You all helped lighten our burden of sadness and helped console our grieving hearts. May you be blessed with good health and happiness.

OPTOMETRY CLINIC REMINDERS

Isleta Health Center

Here are a few things to keep in mind after picking up your new eyeglasses from the Optometry Clinic:

- 1. They have a <u>one year</u> or <u>one time</u> <u>replacement</u> warranty on them if you ordered a complete pair (both frame and lenses).
- 2. The lenses have a scratch warranty one time replacement and it must be remade to the original prescription.
- 3. The frame has a 1 year warranty for normal wear and tear. Replacement must be for the same frame from the original order. All pieces of the frame must be turned in for the frame warranty.
- 4. If you are unable to adapt to your eyeglasses, like a bifocal for example, you have 90 days from the original purchase date to let us know that they are not working for you. After that 90 day period is up we are unable to make any changes to your eyeglasses.
- 5. If the Doctor has to change your prescription it will be remade to you at no cost, but it will have to be done within the first 90 days.

If you should have any questions regarding your new eyeglasses or if you would like to order a new pair of eyeglasses please give our office a call (505) 869-4080.

Thank You Isleta Health Center Optometry Staff

Health Beat:

Medication Safety Week

(April 1-7, 2018)

Stephanie Barela, Health Educator

Phone: 505-869-4479

http://www.prweb.com/releases/medication/safety/prweb11716979.htm

https://www.womensheart.org/content/outreach/medicationsafetyweek/whatis_medicationsafetyweek.asp

FOOLS DAY with seven Focus Days created to give you the opportunity to brush up on your knowledge of medication dangers. It's important to educate yourself on the risks, side effects, and other dangers of prescription medication.

April 1: Clean Out Your Medicine **Cabinet**

Get rid of outdated medicines and old prescriptions. Many drugs lose their potency over time. Store medicines in their original containers and in a cool, dry place. Locate medicines away from children and pets and from those who do not understand. For more information on getting rid of prescriptions, please see the Isleta Health Center for a brochure.

April 2: Know Your Medicines

Make a list of your medicines with the size, shape and color, purpose of the medication and times you should take it, as well as possible reactions and any side effects. Also note the generic and trade names of your medicines and what each is for, in order to keep from accidently double-dosing. Include in your list over-the-counter medicines, birth control pills, patches and supplements. Keep the list updated and with you at all times. Make sure you inform your doctors and pharmacist of any dietary supplements before you take them, because herbal medicines and other dietary supplements can react with medicines and have an unknown effect. Also, don't mix alcohol with any medication as the combination that can be deadly.

April 3: Read Medicine Labels Carefully

Make sure you are taking your medication the way your doctor intended. precautionary stickers on the label. Note the route, dose and frequency of your medicines. Keep medicines in their original containers. Pay attention to warnings. Note that some medicines can react with foods. Others have to be taken on an empty stomach. Some lose potency quickly and must be kept in an air-tight container. The effectiveness of many medicines is dependent upon taking them at the correct times. How the medicine is to be taken —the route— is also important (i.e. by mouth, through the skin, under the tongue, inhaling, rectal or vaginal suppository, enema or douche).

• April 4: Organize Your Medicines

Keep an updated record listing all medicines and supplements you are taking. Use of a medicine organizer box may be helpful, especially for those taking more than one pill several times a day; however, a medicine organizer box requires close monitoring, especially when there is a

Medication Safety Week starts APRIL change in medicines. Be aware that use of an organizer box violates the rule of keeping medicines in their original containers. Managing pills with a medicine organizer box, while convenient, is not without risk. Also, certain drugs (i.e. chemotherapy agents) should not be mixed into a medicine box with other pills.

• April 5: Transitional Care Aware

Changes in care (i.e. being moved from one hospital floor to another, being transferred from one care facility to another, being discharged home) all need to make sure that your services are coordinated and there is good communication between your providers. When you are discharged make sure you understand your medicines and how you are to take them. Ask for written instructions of your entire medical regimen and follow-up care. When picking up your medicines from the pharmacy, doublecheck all prescriptions are correct. Ask that the generic and brand names of each drug be listed on the label, as well as what the medicine is for.

April 6: Know Your Individual Risk before Starting a New Rx

Talk to your pharmacist. Discuss your possible risk of a serious side effect to occur. Learn if the new medicine is one known to adversely affect heart rhythm and increase chance of sudden cardiac arrest. Report serious side effects to your doctor and pharmacist promptly.

April 7: Better Communication with Health Professionals is Key

Share information with all your prescribing practitioners and with your pharmacist about every medicine and supplement you are taking. Discuss all risks and benefits with your prescribing practitioner. Discuss expected effects and possible side effects and any side-effects you should inform your doctor of right away. Report adverse drug effects promptly and never hesitate to ask questions when it comes your health and the use of medicines and supplements.





The Isleta Department of Education **Adult Education Program can help!**

The program can assist with the following services:

- Placement in GED classes
- **Basic school supplies**
- Resources for adult learners
- One-on-one tutoring
- Pretesting and testing services
- Transport service to classes and exams (limited services)

Upon completion of the GED program, these services are available:

- **Employability skills**
- Transition into the workforce
- **Higher education**

For more information contact:

Lisa Smith, Adult Education Coordinator

Phone: (505)869-9790, Email: poi02001@isletapueblo.com





FREE Dial-a-Ride Transit Serving the Pueblo of Isleta

Monday-Friday, 9:00am to 2:00pm Also serving Los Lunas Wal-Mart beginning 4/2

The free Pueblo of Isleta Dial-a-Ride provides trips within the Pueblo and to the ABQ RIDE Route 53 bus stop on south Isleta Blvd., Monday through Friday, 9:00am to 2:00pm. Beginning Monday, April 2, riders can also travel to the Los Lunas Wal-Mart between the same days and times.

Request your trip by calling Valencia County dispatch at **(505) 352-3595** before noon at least one business day prior to your trip. On the date and time of your trip, a wheelchair accessible van will arrive within 15 minutes of your scheduled pickup time.

For more information visit riometro.org

For publication in the April issue of the Isleta Pueblo News.

Take Route 208 to Downtown Albuquerque

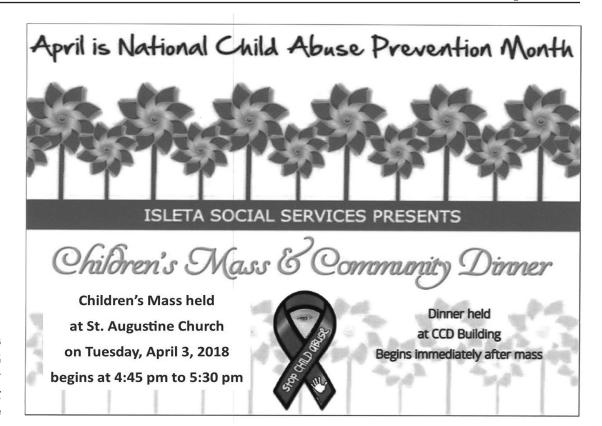
Featuring three northbound and southbound trips, Monday-Friday

Hop aboard Route 208 for a quick ride to Downtown Albuquerque. Route 208 features three northbound trips arriving at the Alvarado Transportation Center (ATC) at 9:30am, 11:00am and 1:30pm, and three southbound trips departing the ATC at 9:35am, 11:05am and 1:32pm. Service also continues south from the Pueblo to Bosque Farms, Peralta, Los Lunas and Belen.

Catch Route 208 at one of two stops on the Pueblo. The stop closest to the village is located on NM 147 just east of the Rio Grande bridge. Route 208 also stops at the Isleta Pueblo Rail Runner Station, with a free shuttle connection to the Isleta Resort and Casino.

Visit riometro.org to view the schedule, map and fare information. Route 208 schedules are also available at the Public Services Department Office at the Tribal Services Complex.

For publication in the April issue of the Isleta Pueblo News.



Isleta Pueblo WIC Program 505.869.2662

April 2018

April is National Public Health Month!

What can we do?

In our communities:

Help families get healthy foods. Improve access to food programs such as SNAP and WIC.

Help kids eat well at school. We can help address nutrition and hunger by providing children with healthy meals while they're at school

Help people make informed choices about what they eat. New federal standards now require chain restaurants to post nutrition information about the food they sell on menus and menu boards. Programs like WIC offer nutrition counseling that can help families make better choices.

Wipe out food deserts. Many urban neighborhoods and rural towns have plenty of fast food chains and convenience stores but not enough grocery stores selling fresh, healthy and affordable food. The U.S. Department of Agriculture estimates that 23.5 million people in the U.S. live in a food desert. A recent study found that low-income areas had half as many supermarkets as wealthier areas. Work with your city and county planners to change local policies that increase access to healthy food options.

For more info: http://www.nphw.org/toolsand-tips/themes/give-everyone-a-choice-ofhealthy-food In our families:

Eat lots of fruits and veggies. Fruits and vegetables contain fiber, as well as vitamins and minerals important for our mind and bodies.

Choose whole grains. Whole wheat breads and pastas, brown rice, and oatmeal are all good choices for fiber

Breastfeed. Breastfeeding your babies and supporting other family members to breastfeed greatly improves the health of your family.

WIC News

Isleta WIC staff would like to thank Housing Director Allen Zuni, Construction Foreman David Vigil, and all the housing staff that were involved in the construction of the retainer wall project at the WIC office.

Thank you so much for making this project possible. The removal and replacement of the chain link fence, back filling, and leveling of the ground were done very efficiently. We are so grateful for the generosity of the materials donated.

The new addition increases security and the color compliments the building and our surrounding landscape beautifully.



The WIC Program offers healthy foods for women, infants and children, as well as nutrition information and counseling Call us at 505 869-2662 for our soonest available appointment.

OH GREAT... I need a Colonoscopy

I was seen in the Clinic last week and was told I need a Colonoscopy. All that came to mind is WHY?

WHY IS IT SO IMPORTANT?

Colorectal Cancer is the second leading cause of cancer death in the United States. 134,000 people will be diagnosed with this disease, and about 49,000 will die from

it. Colorectal Cancer is most frequently diagnosed among adults aged 65 to 74 years. The average age a provider will recommend a colonoscopy is 50 years of age. The Colonoscopy is an in/out procedure.

-Isleta Health Center



SOCIAL SERVICES

Greetings from Isleta Social Services,

Every year the Pueblo of Isleta Social Services Department and other individuals from other departments meet and organize a planning committee. The planning committee's goal is to raise awareness of Child Abuse and Neglect and promote healthy lifestyles for our community and surrounding neighbors. The Pueblo of Isleta Foster Care Recruitment and Retention Initiative has been created to better serve the children and people of Isleta Pueblo. The reason for this initiative is to ensure our children are placed in care with Pueblo of Isleta Tribal Members. This safeguards not only our children but the Federal law; the Indian Child Welfare Act of 1978. ICWA was enacted in 1978 because of the disproportionately high rate of removal of Indian Children from their traditional homes and essentially from Indian culture as a whole. The events and actions organized by the Planning Committee work to enhance the education, awareness, and prevention of Child Abuse and Neglect throughout the Pueblo of Isleta. In conclusion, the collaborative efforts are made to provide meaningful, positive and collective actions from the direct contributions of the planning committee as well as other departments and entities. The ultimate goal is to provide the Pueblo of Isleta general knowledge that would be sufficient to sustain a life that demonstrates how our children are loved, protected and appreciated among a world of unpleasant uncertainties.

The annual events for the Pueblo of Isleta and surrounding communities which are hosted by Isleta Social Services Department and other collaborative partners is outlined with the following dates for the calendar year 2018:

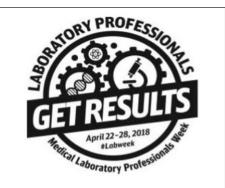
The first event will be a Special Mass Intention (during Children's Mass) on Tuesday, April 3, 2018 at 4:45 pm, followed by dinner at the CCD building.

The second event will be Grocery Bingo, on Tuesday, April 24, 2018 in the gymnasium at the Isleta Recreation and Fitness Center. Dinner will be provided. *Donation request for admission is any NEW personal care item for children such as: shampoo/conditioner, body wash, toothbrush, toothpaste, pampers (any size), wipes, bottles, socks, underwear, etc.

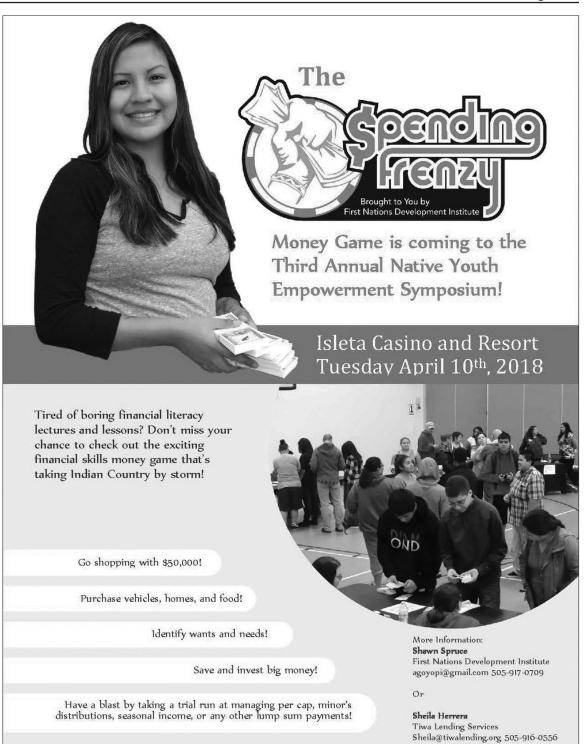
If you have any questions, please contact:

Reyes Jiron-Administrative Assistant II Isleta Social Services 505-869-2772 poi05003@isletapueblo.com

Happy Laboratory Professionals Week!!



-Isleta Health Clinic





Save The Date!





3rd Annual Native Youth



Empowerment Symposium

Tuesday, April 10th 2018

Grade 8-College students

Pueblo of Isleta Resort & Casino Grand Ballroom 11000 Broadway SE-Albuquerque, NM 87105

Inspired by Generation Indigenous (GEN-I), the 3rd annual Native Youth Empowerment Symposium is an opportunity to interact with Native youth, Tribal leaders, and industry experts representing non-profits, government agencies, tribal services and education.

Hosted by the Pueblo of Isleta in collaboration with Tiwa Lending Services (TLS).

For more information or to register please contact Tiwa Lending Services at (505) 916-0556.

Lunch Provided





PUEBLO OF ISLETA

Questions? Call 869-3200 APRIL 2018 SAT/SUN WEDNESDAY THURSDAY **MONDAY TUESDAY** 2 Podiatry Clinic: 12:30-4:30 pm @DPP 5 CLINIC OPENS AT 9:50am Morning Group Fitness: 6-7am @DPP Wellness Center Morning Group Fitness: 6-7am @ DPP Early Recovery Skills: 9-10am @ BHS. Podiatry Clinic: 8:00-4:30p @DPP Pueblo Women Rising: 10-11a @ Another Recovery Technique (ART): 10-11am Early Recovery Skills: 9-10a @ BHS. Express Endurance: 5:30-7:30pm @DPP Expressions: 1-2pm @BHS (Closed Another Recovery Technique (ART): 10-11a @ Acu-Detox: 1-2p @ BHS. Alcoholics Anonymous: 11am--12pm @ BHS. BHS Express Endurance: 5:30-7:30pm Young Leaders Youth Krew: 4:30-6:30p @ BHS. Women's Path to Recovery: 1-2:30p @ BHS. Alcoholics Anonymous: 6-7p @ Health Alcoholics Anonymous: 11-12p @ BHS. Interactive "Anger" Group: 230pm @BHS Young Leaders Youth Krew: 4:30-6:30p @ Another Recovery Technique (ART): 1-3:30p @ BHS. Training Center. Pueblo Men Rising: 2-3:30p @ BHS 9 Podiatry Clinic: 8:30-4:30 pm @DPP 13 7/8 11 CLINIC OPENS AT 9:50am Morning Group Fitness: 6-7am @DPP Early Recovery Skills: 9-10am @ BHS. Pueblo Women Rising: 10-11a @ Morning Group Fitness: 6-7am Podiatry Clinic: 8:00-4:30p @DPP Another Recovery Technique (ART): 10-11am Early Recovery Skills: 9-10a @ BHS. Acu-Detox: 1-2p @ BHS. Diabetes Dental Class: 8:45-9:15am Another Recovery Technique (ART): 10-11a @ Express Endurance: 5:30-7:30pm @Health Training Center Expressions: 1-2pm @BHS (Closed Alcoholics Anonymous: 11am--12pm @ BHS. @DPP Pueblo Men Rising: 2-3:30p @ BHS Express Endurance: 5:30-7:30pm Women's Path to Recovery: 1-2:30p @ BHS. Interactive "Anger" Group: 230pm @BHS Young Leaders Youth Krew: 4:30-6:30p @ BHS. Young Leaders Youth Krew: 4:30-6:30p @ BHS. Alcoholics Anonymous: 11-12p @ BHS. POI Community Cancer Support: Alcoholics Anonymous: 6-7p @ Health Another Recovery Technique (ART): 1-3:30p @ 10:30am-noon @Isleta Health Training Center Center Kitchen 14/15 16 Podiatry Clinic: 8:30-4:30 pm @DPP 18 CLINIC OPENS AT 9:50am Morning Group Fitness: 6-7am @DPP Wellness Morning Group Fitness: 6-7am @DPP Wellness Center Early Recovery Skills: 9-10am @ BHS. Pueblo Women Rising: 10-11a @ Another Recovery Technique (ART): 10-11am Podiatry Clinic: 8am-4:30 pm @DPP Early Recovery Skills: 9-10a @ BHS. Optometry Ed Class 8:45-9:15am @ BHS. Expressions: 1-2pm @BHS (Closed Acu-Detox: 1-2p @ BHS. Another Recovery Technique (ART): 10-11a @ @Isleta Health Center Training Center Alcoholics Anonymous: 11am--12pm @ BHS. Pueblo Men Rising: 2-3:30p @ BHS Express Endurance Cooking: 5:30-Young Leaders Youth Krew: 4:30-Women's Path to Recovery: 1-2:30p @ BHS. Express Endurance: 5:30-7:30pm 7:30pm @DPP Wellness Center Alcoholics Anonymous: 11-12p @ BHS. Interactive "Anger" Group: 230pm @BHS Another Recovery Technique (ART): 1-3:30p @ BHS. Alcoholics Anonymous: 6-7p @ Health Community Healthy Cooking: 5-Young Leaders Youth Krew: 4:30-6:30p @ Training Center. 7pm @Health Center Kitchen 21/22 23 Podiatry Clinic: 8am-4:30 pm @DPP 27 24 25 **CLINIC OPENS AT 9:50am** Early Recovery Skills: 9-10am @ BHS. Morning Group Fitness: 6-7am @DPP Wellness Pueblo Women Rising: 10-11a @ Morning Group Fitness: 6-7am Another Recovery Technique (ART): 10-11am Podiatry Clinic: 8:00-4:30p @DPP @DPP Wellness Center BHS. Early Recovery Skills: 9-10a @ BHS. @ BHS. Alcoholics Anonymous: 11am--12pm @ BHS. Expressions: 1-2pm @BHS (Closed Another Recovery Technique (ART): 10-11a @ Acu-Detox: 1-2p @ BHS. Express Endurance: 5:30-7:30pm Group) BHS. Interactive "Anger" Group: 230pm @BHS Pueblo Men Rising: 2-3:30p @ BHS Young Leaders Youth Krew: 4:30-6:30p @ BHS. Alcoholics Anonymous: 11-12p @ BHS. Women's Path to Recovery: 1-2:30p @ BHS. Alcoholics Anonymous: 6-7p @ Health Express Endurance: 5:30-7:30pm Another Recovery Technique (ART): 1-3:30p @ Training Center. Young Leaders Youth Krew: 4:30-6:30p @ 28/29 CHILD SAFETY SEAT CLINIC **30** Podiatry Clinic: 8:00-4:30pm @DPP Early Recovery Skills: 9-10am @ BHS. Isleta Head Start & Childcare BUCKLE RODECO Another Recovery Technique (ART): 10-11am MEAUP Friday, April 20, 2018 AND CHILD SAFETY DAY 9am - 11am Alcoholics Anonymous: 11am--12pm @ BHS. Isleta Elementary School SAFER CHILD ABUSE Interactive "Anger" Group: 230pm @BHS 4th Graders - Bike Rodeo PREVENTION MONTH 2 Sagebrush Street, Isleta and Sequal Assault Women's Path to Recovery: 1-2:30p @ BHS Young Leaders Youth Krew: 4:30-6:30p @ BHS. W/ABQ Parks & Rec "DPP" = Diabetes Prevention Programs @ 869-4595 "BHS" = Behavioral Health Services @869-5475 4/13/18 - 1:30-3pm

CANCER

IT AFFECTS US ALL

Support those in the community who have felt the effects of cancer personally or through loved ones, at the

Pueblo of Isleta Community Cancer Support Group

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Tuesday,		Presenter:		
April 10	Caregiving and Tips	Jess Quiring,		
10:30am-noon	for Cancer Difficult conversations	Navigation and Out reach Manager New Mexico Cance		
Isleta Health	& coping	Center		
Center	1 0	Refreshments		
Kitchen		Provided.		





Have you?

It's not too late to get your Flu Shot...

Call the Isleta Health Center today and set up an Appointment.

869-3200