



Isleta Pueblo News

Volume 11 Issue 4

Pueblo of Isleta website: www.isletapueblo.com

April 2016

FROM THE OFFICE OF THE GOVERNOR

Ma Gu Wam,

2016 DITCH ASSOCIATION MAYORDOMOS

On May 5, 2016, Mayordomos for the Pueblo of Isleta ditch associations elected representatives for the various districts. I want to thank these individuals for their commitment and sacrifices they will be making to fulfill their duties. It is in the sense of community that these people have accepted their appointments to serve their community.

The 2016 Mayordomos are:

Chical

Headman Mike Eastman- cell 388-8759
Assistant Faron Candelaria- cell 259-5276

Cacique

Headman Patrick Jiron- cell 804-1966
Assistant Jacob Valdez- cell 966-6235

Acequia Madre

Alvin Zuni – cell 485-6442
Eddie Abeita – cell 907-8234
Both Alvin and Eddie will serve another term.

NATIVE AMERICAN COMMUNITY ACADEMY

On Monday, March 14, Lt. Governor Antonio Chewiwi and I met and had lunch with students of NACA. The meeting was arranged by Charlene Lucero, 6th-7th Grade Science Teacher at NACA and one of Isleta's own. We stressed to the students the importance in planning for their future and being respectful to those around them. Governor mentioned that there are opportunities for students to visit various colleges. The Pueblo of Isleta Higher Education staff are available to meet with high school students and to provide information about the various higher education institutions which may meet their interests. The students were thankful for the visit and words of support and encouragement.

REMEMBER, Graduations start the month of May. Make certain to attend the Seniors Pow-wow, honoring all of our 2016 Graduates on April 22, 2016 at the Isleta Recreation Center starting at 6:00pm.

PUEBLO OF ISLETA WOMEN, INFANTS AND CHILDREN PROGRAM

The Isleta Women, Infants and Children Program staff have been working diligently to provide its clients with innovative processes for providing services, expanding their client base and continually seeking alternatives to improve their program. The Pueblo of Isleta WIC program is proud to be a part of the next phase of enhanced services for its clients. Following is a News Release on the program.

News Release

Contacts:
Danielle McCallum Brenda Berry
763.519.7215
913.220.2263
dmccallum@solutran.com
bberry@solutran.com

Solutran Begins As Processor for the Largest WIC EBT Program

Solutran is processing EBT payments for the Texas Health & Human Services Commission

MINNEAPOLIS, MN (February XX, 2016) — Solutran is proud to announce the Wic Mosaic Project has successfully started processing transactions, making the Texas procured project the nation's largest Women, Infant, and Children (WIC) program processing Electronic Benefit Transfer (EBT) transactions.

In first month of operation, the Wic Mosaic Project team processed more than 1.5 million retail transactions and reimbursed over 36.5 million dollars to approximately 2,200 grocery vendors throughout the state of Texas. Achieving this milestone was a culmination of an eight-month collaboration between Texas WIC and Solutran which included an integration with Texas's legacy MIS system, and increasing the state's reporting functionality through Solutran's web portal.

"Our partnership with Solutran will greatly improve the way our EBT transactions are processed, making it easier for our grocery partners to get paid," said Candace Stohs-Krause, TXIN Wic Mosaic Project Communications Manager.

The Texas contract is valued over \$30 million, making it the largest contract in Solutran's history. The Wic Mosaic project includes additional contracts for the WIC programs of New Mexico, Louisiana, Cherokee Nation, and Pueblo of Isleta. Once completed, the project will collectively serve over 1.1 million program participants across five WIC programs.

"We take great pride in serving Texas and the other Wic Mosaic partners. By using leading-edge technology, our teams were able to implement this project phase under an extremely tight project timeline. Now that we are up and running, we intend to demonstrate our service tradition that is second to none," said Barry Nordstrand, CEO of Solutran.

Texas Health and Human Services Commission, selected Solutran as their WIC EBT Supplemental Nutrition Program claims processor in November of 2014. The Wic Mosaic Project was initially comprised of Texas, New Mexico, and Louisiana WIC programs and has since expanded to include the Cherokee Nation, and Pueblo of Isleta

(Continued next page)


Inspiring Romance...

Rustic Charm

Whether you've dreamt of a sunset ceremony, a small intimate gathering or a grand affair, let Isleta Resort & Casino help you create and plan the wedding of your dreams.

Book your wedding reception by June 30th, 2015 and receive a complimentary Jr. Suite, \$119 guest room rates, 15% off spa services for your birthday party, complimentary reception hors d'oeuvres or a complimentary wedding couple's spa package. Book your reception with 350 guests or more and receive both!

Offer valid only on new bookings. Must mention this promotion. Must meet required food and beverage minimums.

 **ISLETA**
resort + casino

11000 Broadway SE Albuquerque, NM 87105 | Isleta.com | 505.244.8200

(Governor’s Article, continued)

programs. The master services agreement with Texas extends the option to other states and agencies to contract through their procurement vehicle. States and agencies that contract through the services agreement gain access to Solutran’s EBT Services solution as well as benefit from their volume-tiered pricing.

About Texas Department of State Health Services

The Special Supplemental Nutrition Program for Women, Infants, and Children (WIC) provides Federal grants to States for supplemental foods, health care referrals, and nutrition education for low-income pregnant, breastfeeding, and non-breastfeeding postpartum women, and to infants and children up to age five who are found to be at nutritional risk. With 600-plus clinics in 254 Texas counties, the Texas Department of State Health Services serves approximately 875,000 women and children around the state each month.

About Solutran

Solutran is a leading national payments processor with state-of-the-art Electronic Benefits Transfer (EBT) technology and long-standing excellence in high-volume payment transactions. Since 1982, Solutran has provided corporations and financial institutions with customized solutions including check conversion, controlled disbursement, returned check management, depository processing, WIC payment processing, and proprietary auto-activating S3™ technology that powers Healthy Savings® healthy eating programs across the country. Solutran is committed to developing and providing solutions for the ever-changing needs of the EBT, payments, and promotion industries.

For Immediate Release
Contact: Edward Calabaza
(505) 238-8203

Isleta to Host Native Youth Empowerment Symposium

ISLETA PUEBLO – On April 26, in conjunction with National Financial Literacy Month, Tiwa Lending Services, the Pueblo of Isleta and the Office of the Special Trustee for American Indians (OST) will host a one-day economic symposium designed to empower Native youth through financial literacy.

“The key to financial independence is financial literacy,” said Sheila Herrera, Tiwa Lending Services executive director. “Young adults need to learn at an early age how to balance their checkbooks, pay bills on time and how to get and keep a good credit rating.”

The event includes two parts: 1) a panel of experts on the topic of financial education, work and educational opportunities and 2) real-time financial education activities involving budget simulations, games and activities designed to provide experiential learning.

More than 300 Native youth, grades 9-12, from all 19 Pueblos, two Apache nations and the Navajo Nation are expected to attend.

TLS is a Community Development Financial Institution (CDFI) that currently assists Isleta Pueblo tribal members with low interest loans to build a new home, purchase their first home or remodel existing ones, as well as consumer loans for tribal members. For more information about attending the symposium, interested applicants may visit the Pueblo of Isleta website at www.isletapueblo.com and then click on the “Enterprises” tab to register.

2016 FEDERAL, STATE AND PRESIDENTIAL - Election Calendar

The 2016 Election is fast approaching, so make certain that all of you eligible voters, aged 18 years and older register to vote. The election locations within the Pueblo of Isleta for 2016 will be at the Isleta Elders Program for Bernalillo County voters and the Veteran’s Post (in Los Charcos) for Valencia County Voters. Due to the Old Head Start site in Chical/Valencia County not being available for voting this year.

2016 Election Dates and Deadlines

June 7, 2016 - Primary Election Day

- Last day to register to vote
May 10, 2016
- Last day to request absentee ballot
June 3, 2016
- Last day to return absentee ballot
June 7, 2016

June 7, 2016 - Presidential Primary Election

- Last Day to register to vote
May 10, 2016
- Last day to request absentee ballot
June 3, 2016
- Last day to return absentee ballot
June 7, 2016

November 8, 2016 - General Election Day

- Primary: Filing day for all minor and independent candidates
June 30, 2016
- Last day to register to vote
October 11, 2016
- Last day to request for absentee ballot
November 4, 2016
- Last day to return absentee ballot
November 8, 2016

New Associate Judge Sworn In



LaDonna Giron
Associate Tribal Court Judge



Judge Giron was appointed to the Pueblo of Isleta Tribal Court in February, 2016.

Judge Giron is a lifelong resident of Los Lunas. She attended Los Lunas HS, The University of New Mexico, and the University Of New Mexico School Of Law. She has been an attorney for sixteen years. Judge Giron most recently worked as an Administrative Hearing Officer for the New

Mexico Taxation and Revenue Department where she presided in civil administrative cases all over New Mexico. Judge Giron is experienced in criminal law both a prosecutor and a defense attorney. She has also served as court appointed counsel in abuse and neglect cases in Children’s Court. Judge Giron is licensed in New Mexico’s State and Federal courts. The Judge looks forward to serving the people of Isleta Pueblo.

The new mailing address for Isleta Appellate Court is:
Post Office Box 122
Isleta, New Mexico 87022

The phone numbers are:
(505) 869-9692 and
(505) 869-9693




CAMP TRIUMPH 2016

JUNE 20-24, 2016

50 PARTICIPANTS

Isleta Police Department will be accepting applications for Camp Triumph 2016 during the month of May 2016. Camp Triumph is a starting point for a lifetime of positive decisions. Our Camp can help our youth understand and avoid many of the negative influences they might encounter throughout their lives. We encourage our youth to join us and looking forward to working with our youth.

For more information contact:
Detective Kathy Lucero @ 869-9728



PROBATE NEWS

First Notice – A petition to Probate the Estate of Bartolo Lente, deceased August 09, 2015. Case No. CV-16-PRO-00008, has been filed with the Pueblo of Isleta Tribal Courts. Any person claiming an interest in the Estate may notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. A hearing on the matter is scheduled for **Wednesday, May 18, 2016 at 09:00 a.m.** Claims must be filed in writing with the Isleta Tribal Court Clerk, located at the Tribal Service Complex, 3950 Hwy 47 SE, Building A, Albuquerque, NM. Any questions regarding the matter may be directed to the Isleta Tribal Court Clerk at (505) 869-9699.

First Notice – A petition to Probate the Estate of Pedro Tony Carpio, deceased January 22, 2013. Case No. CV-16-PRO-00015, has been filed with the Pueblo of Isleta Tribal Courts. Any person claiming an interest in the Estate may notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. A hearing on the matter is scheduled for **Thursday, June 28, 2016 at 09:00 a.m.** Claims must be filed in writing with the Isleta Tribal Court Clerk, located at the Tribal Service Complex, 3950 Hwy 47 SE, Building A, Albuquerque, NM. Any questions regarding the matter may be directed to the Isleta Tribal Court Clerk at (505) 869-9699.

Second Notice – A petition to Probate the Estate of Juan Andres Lucero, deceased October 09, 1988. Case No. CV-15-PRO-00166, has been filed with the Pueblo of Isleta Tribal Courts. Any person claiming an interest in the Estate may notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. A hearing on the matter is scheduled for **Tuesday, April 5, 2016 at 09:00 a.m.** Claims must be filed in writing with the Isleta Tribal Court Clerk, located at the Tribal Service Complex, 3950 Hwy 47 SE, Building A, Albuquerque, NM. Any questions regarding the matter may be directed to the Isleta Tribal Court Clerk at (505) 869-9699.

Probates need to be published in the Newsletter for two consecutive months. Probates are considered court documents therefore all submitters must provide: 1) Name of Deceased, 2) Date of Deceased 3) Court Case # and 4) Date of Court Date. A Probate form can be found on the Newsletter Archive page at <http://www.isletapueblo.com/newsletters.html> Should you have additional questions regarding the Probate process, please call the Library at 505.869.9808 and speak with Nathaniel Lujan.

Notice from Isleta Pueblo Housing Authority (IPHA):

Please be advised that the IPHA will be accepting requests for Seasonal service to include but not limited to turning on swamp coolers and turning off heaters.

We will be starting the Seasonal services on April 18, 2016.

Please be certain that you want the service at the time you call our office to place your work order. We will not be going back out to the home to shut down the swamp cooler and turn the heater back on should the weather change.

- *A current Renovation application must be on file; along with a letter of disability if noting a disability.*
- *Rental homes do not qualify for any type of services to include seasonal services. Responsibilities for rental repairs are with the landlord.*
- *Should your home have more than one swamp cooler you will be required to pay \$25 and will be responsible for material and labor time for the additional units.*
- *For those qualifying for free services on the first unit,*
- *\$25 will be assessed for each additional unit plus material and labor time.*

Payments will be accepted in the form of Cashier Check or Money Order only.

Should you have any questions or need more information, please feel free to contact our office at (505) 869-4153 during working hours of Monday thru Friday 8:00 to 4:30.

Pueblo of Isleta Veterans Association

Pueblo of Isleta Veterans Association Anticipates Move to New Veterans Center in Los Charcos, NM

Back in the mid-2000's, a group of POI Veterans, realizing that there was a need to provide services to our veterans, their families and to the POI community, came together to develop a veterans organization. First step was American Legion Post 209...and because of certain circumstances, which the veterans had control over...Post 209 disbanded...and we are now the Pueblo of Isleta Veteran's Association.

Back to a bit of history...in May 2006, we received a phone call from the late Richard "Dickie" Baker, (USMC — Vietnam Vet) informing the veterans (at that time American Legion Post 209) that he wanted to donate to the veterans of Isleta, land he had in Los Charcos, NM, specifically to be used for a veterans center. Anyway, after that, there was a lot of planning to build a vet center.

Beginning with Post 209, and on to POI Vet Association, meetings were held at the Elderly Kiva Room, the old Headstart Building, and now at the Rec Center...and a few other places. But through a lot of hard work and dedication the Veteran's Center that was a vision that Richard Baker and others had, will soon become a reality...with an official opening planned probably in mid - May or early June.

Beginning with Richard Baker (story on Richard in next month's newsletter), the POI Veterans have a lot of people to thank, including our state legislatures, who helped fund the vet project through capital outlay funds, tribal administration and council, and especially our veterans who continue to work hard, and unselfishly donate many hours towards the success of this project, which will continue as long as there are Veterans to be served. Soon, our "homeless vets will have a home".



SAVE THE DATE

COME JOIN YOUR NEIGHBORHOOD COMMUNITY MEETING

YOUR CONCERNS, SUGGESTIONS
AND INPUT ARE VERY IMPORTANT

APRIL 19, 2016

5:30PM @ JOM BUILDING

 +  = 

Isleta Pueblo Housing Authority

The Isleta Pueblo Housing Authority is accepting applications for the FYI 2017 Home Improvement Program (HIP) for safety or sanitation repairs, renovations, and replacement of a home for substandard dwellings. Applications are available at the Isleta Pueblo Housing Authority Office. After submission of the application with all required documentations it will be determined if you meet the “eligible” criteria for the HIP Program.

Documentation required with the application:

1. Copy of C.I.B. (Certificate of Indian Blood)
2. Proof of Income (Last year’s Tax Return, SSI Award Letter, etc.)
3. Most Important: Proof of ownership to either the existing home and/or land.
4. Provide documentation if the applicant is stating family member has disability or is handicapped (Letter from a “Doctor”, Veterans’ Administration, or Social Security, etc.)

If you have any questions or need assistance, please contact Bernadette Lente, Executive Assistant at (505) 869-4153 Ext. 9345.

ANNOUNCING

Pueblo of Isleta Department of Education
2016 Graduation Banquet & Lifetime Educator Nomination

Please contact the Pueblo of Isleta Department of Education no later than April 1, 2016 if you or your student is graduating from high school or college! Students may submit three (3) digital photos to the Department of Education by April 1, 2016 to be included in the photo montage.

This year, the Graduation Banquet will be held at Isleta Resort and Casino on April 28, 2016. Doors will open at 5:30PM. Each graduate will receive one guest of honor ticket, along with two complementary adult guest tickets. Due to limited seating, RSVP is required, and no additional tickets will be provided. Each party will not be seated until all of its guests arrive.

In conjunction with the 2016 Graduation Banquet, we also select and recognize a Lifetime Educator. This individual is a retired community member who has, through his or her professional career as a Teacher or Teacher's Aide, made a difference in education. Please submit a narrative of who you believe made a difference. Nominations are being accepted at the Department of Education now through April 1, 2016.

This event is hosted by the Pueblo of Isleta Department of Education, with support from Los Lunas Public Schools. If you have any questions, please do not hesitate to contact the Dept. of Education at (505) 869-9790.

**PUEBLO OF ISLETA
DEPARTMENT OF EDUCATION
LANGUAGE PROGRAM**

**2016 Summer Language Camp
3 Week Program**



Date: June 13, 2016 through July 1, 2016
One Session ONLY!
Time: Monday thru Thursday
Space is very limited, once the class is full we will no longer accept registration for that class!

Group 1: Carol Lucero Teacher (Girls)
9am - 12pm
Ages: 11 and UP (max # of students 15)

Group 2: David Lente Teacher (Boys)
9am - 12pm
Ages: 11 and UP (max # of students 15)

Group 3: Erica Montoya Teacher
9am - 12pm
Ages: 6 - 10 (max # of students 15)

Group 4: Bernadette Cotten Teacher
Ages: 3 - 5 (must be potty trained)
9am -12pm (max 10 students)

Registration begins: April 18, 2016 at 8am
registration forms can be picked up at the Education Office

Space is limited so all applications will be accepted on a first come first serve basis.

IMPORTANT INFORMATION

This years abbreviated schedule with the summer camp is due to the Language Program needing to reorganize and update program curriculum and the program strategic plan. We appreciate your understanding. Thank you!

Phone: 505-869-9790 Fax: 505-869-7573 Email: poi08200@isletapueblo.com

Preserving Language for culture and tradition

**2016 POI SUMMER
INTERNSHIP**

Applications are **NOW** being accepted for the *2016 Summer Internship Program.*

If you are a current High School Graduate,
And you have a “Letter of Acceptance” to the college of choice, Or you are a current recipient of a POI Scholarship, you are eligible to apply.

Please submit your application to the Human Resources Office along With a Letter of Interest, resume indicating your career field and interest, Letter of Acceptance or Unofficial Transcripts.

All selected Interns will need to complete an employment Drug Screen and Background check.

Application packets will be accepted Via postal mail, email, or fax.

POI, Human Resources
PO Box 1270
Isleta, NM 87022
505-869-7584 Office
505-869-7579 Fax
email: poiemployment@isletapueblo.com



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(505) 916-9632

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Call **NOW** for a **FREE Estimate!!!**

Financing now available for some services

Anthony “Narps” Jiron—(505) 916-9632
EMAIL: narpsjiron@gmail.com
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Licensed, Bonded & Insured

Hello my fellow tribal members, I have been a carrier of the Albuquerque Journal for the past 20 years. If you would like to receive home delivery of the Albuquerque Journal. There are 2 subscriptions you could receive. Daily is Sunday through Saturday (7 days a week) or, Weekends only (Friday, Saturday and Sunday). If interested please contact Phillip Jiron at 505-414-1153.

**St. Augustine Parish
Isleta Pueblo
Ministry of Consolation**



MISSION STATEMENT

We are a ministry of consolation at St. Augustine Parish to offer spiritual comfort and support to families who have experienced the loss of a loved one. We will continue to honor and respect our traditional teachings.

OBJECTIVES:

- 1. *To assist our spiritual leader in Christ with his duties to render pastoral care and/or services.*
- 2. *To assist families with hospitality and Christian fellowship after the liturgy and burial services when requested.*
- 3. *The bereavement group will offer informal continuing support.*

With Sympathy

“In times of sorrow God’s quiet waters of hope and courage flow”

LETTER FROM THE EDITOR

Deadline for May Newsletter articles is set for Thursday, April 21, 2016 at 4:30pm. Articles may be dropped off at the Library or emailed to poi02002@isletapueblo.com. Should you email your article, expect a confirmation email. If you do not receive a confirmation email, odds are it never made it to me and then it’s time to panic, so call Nate at 505.869.9808.

People whom wish to submit an article or flyer are responsible for generating their own article or flyer. Should you need help, please call the Library at 505.869.9808 and set up a date and time to sit down with a Library staff member whom will help you throughout the process. The Library will NOT accept notes dropped off at the Library or information over the phone to generate your article.

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Thank you,
Nathaniel Lujan

Newsletters may be found at the sixteen distribution locations listed below. Remember, Digital copies of the Newsletter may be obtained from the Newsletter archive at <http://www.isletapueblo.com/newsletters.html>

The sixteen Newsletter distribution locations are:

- 1) The Administration Building (Governor’s Office): Receptionist Desk
- 2) Census Office: Receptionist Desk
- 3) Health Center: Receptionist Desk
- 4) Housing Department: Receptionist Desk
- 5) Department of Education: Receptionist Desk
- 6) New Recreation Center: Newsletter Stand
- 7) Old Recreation Center: Front Desk
- 8) Tribal Service Complex: Receptionist Desk
- 9) Tribal Service Complex: I.P.D. Dispatch Window
- 10) Tribal Service Complex: Tribal Courts Window
- 11) Elders Center: Receptionist Desk & Lunch Delivery
- 12) Head Start: Receptionist Desk
- 13) Library: Newsletter Stand
- 14) Ranchitos Park: Blue Box (see picture for example)
- 15) Old Head Start Complex: Blue Box (see picture for example)
- 16) Intersection of Tribal Road 82 & Tribal Road 84: Blue Box (see picture for example)



For Immediate Release
Contact: Edward Calabaza
(505) 238-8203

Isleta to Host Native Youth Empowerment Symposium

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****PLEASE NOTE: POSITIONS ARE OPENED UNTIL FILLED****
PLEASE SUBMIT TRANSFER REQUEST TO HUMAN RESOURCES

Staffing Specialist:
Mari Valenzuela 724-3920 or Vickie Carrion 244-8206
www.isleta.com

Updated: March 10, 2016
(Internal Posting In BOLD)

Auto req ID	TITLE	DEPARTMENT	DIVISION
709BR	SPA REPRESENTATIVE	POOL MAINTENANCE	FACILITIES
708BR	TECHNICIAN - IRRIGATION/SPRAY	FACILITIES MAINTENANCE	AMENITIES
707BR	RECEPTIONIST - SPA	SPA SALON	HOTEL
706BR	MASSAGE THERAPIST -SPA	SPA THERAPY	HOTEL
704BR	HOUSEMAN-HOUSEKEEPING	HOTEL HOUSEKEEPING	HOTEL
705BR	CLERK ACCT PAYABLE	ACCOUNTING	GENERAL & ADMINISTRATION
703BR	FILE CLERK	HUMAN RESOURCES	GENERAL & ADMINISTRATION
702BR	SR. SAFETY SPECIALIST I	RISK MANAGEMENT	GENERAL & ADMINISTRATION
701BR	BENEFITS SPECIALIST	HUMAN RESOURCES	GENERAL & ADMINISTRATION
700BR	TEAM MEMBER-COUNT	COUNT	GENERAL & ADMINISTRATION
699BR	SUPERVISOR FUN CONNECT FB	F&B FUN CONNECTION	FOOD & BEVERAGE
698BR	SUPERVISOR LEAD CAGE	CAGE	GENERAL & ADMINISTRATION
696BR	LANDSCAPE TECHNICIAN	GOLF COURSE MAINTENANCE	AMENITIES
694BR	LANDSCAPE TECHNICIAN	GOLF COURSE MAINTENANCE	AMENITIES
692BR	CLERK ISSUE-BINGO	BINGO	GAMING
691BR	AGENT-GUEST SERVICE	HOTEL GUEST SERVICES	HOTEL
690BR	AGENT-GUEST SERVICE	HOTEL GUEST SERVICES	HOTEL
683BR	SUPERVISOR BINGO	BINGO	GAMING
677BR	SERVER - TIWA	F&B TIWA	FOOD & BEVERAGE
676BR	SERVER - TIWA	F&B TIWA	FOOD & BEVERAGE
675BR	SERVER - TIWA	F&B TIWA	FOOD & BEVERAGE
665BR	LABORER-GOLF COURSE	GOLF COURSE MAINTENANCE	AMENITIES
664BR	LABORER-GOLF COURSE	GOLFCOURSE MAINTENANCE	AMENITIES
662BR	LABORER-GOLF COURSE	GOLFCOURSE MAINTENANCE	AMENITIES
483BR	SERVER BEVERAGE	F&B BEVERAGE SERVICES	FOOD & BEVERAGE
345BR	SERVER - BANQUET	F&B CATERING BANQUETS	FOOD & BEVERAGE
594BR	ATTENDENT CONCESSIONS - CHILI RISTA	F&B DELI	FOOD & BEVERAGE
666BR	DIRECTOR IT	IT	GENERAL & ADMINISTRATION
632BR	FLOOR TECHNICIAN-SLOTS	SLOTS	GAMING
670BR	CLERK SHIPPING RECEIVING	SHIPPING AND RECEIVING	GENERAL & ADMINISTRATION
616BR	COOK - PREP KITCHEN	F&B PREP KITCHEN	FOOD & BEVERAGE
559BR	ATTENDANT VALET	VALET	HOTEL
482BR	HOST - STEAKHOUSE	F&B STEAKHOUSE	FOOD & BEVERAGE
615BR	COOK-EDR	F&B EMPLOYEE DINING	FOOD & BEVERAGE
617BR	COOK-DELI	F&B DELI	FOOD & BEVERAGE
587BR	DEALER TABLE GAMES	TABLE GAMES	GAMING
603BR	SERVER - STEAKHOUSE	F&B STEAKHOUSE	FOOD & BEVERAGE
430BR	ATTENDANT CONCESSIONS - FUN CONNECTION	F&B FUN CONNECTION	FOOD & BEVERAGE
621BR	ATTENDANT CONCESSIONS - FUN CONNECTION	F&B FUN CONNECTION	FOOD & BEVERAGE
604BR	SERVER – TIWA	F&B TIWA	FOOD & BEVERAGE
672BR	SERVER - TIWA	F&B TIWA	FOOD & BEVERAGE
648BR	ATTENDANT 505 EXPRESS RETAIL	RETAIL MAIN	HOTEL
638BR	BUFFET ATTENDANT	F&B TIWA	FOOD & BEVERAGE
680BR	REPRESENTATIVE GUEST SERVICE	MARKETING PLAYERS CLUB	MARKETING
671BR	UTILITY-F&B	F&B UTILITY	FOOD & BEVERAGE
667BR	SERVER BEVERAGE	F&B BEVERAGE SERVICES	FOOD & BEVERAGE
659BR	CASHIER SERVER - F&B CHILLS	F&B CHILL COFFEE BAR	FOOD & BEVERAGE
684BR	CLERK GOLF SHOP	GOLF COURSE OPERATIONS	AMENITIES
681BR	SUPERVISOR GUEST SERVICE	MARKETING PLAYERS CLUB	MARKETING
679BR	CASHIER SERVER - F&B CHILLS	F&B CHILL COFFEE BAR	FOOD & BEVERAGE
660BR	LABORER-GOLF COURSE	GOLF COURSE MAINTENANCE	AMENITIES
656BR	HEAVY DUTY CLEANER-F&B	F&B UTILITY	FOOD & BEVERAGE
619BR	COOK STEAKHOUSE	F&B STEAKHOUSE	FOOD & BEVERAGE
686BR	ATTENDANT VALET	VALET	HOTEL
650BR	SUPERVISOR FLOOR TABLE GAMES	TABLE GAMES	GAMING
689BR	AGENT-GUEST SERVICE	HOTEL GUEST SERVICES	HOTEL
661BR	LABORER-GOLF COURSE	GOLF COURSE MAINTENANCE	AMENITIES
651BR	MANAGER BINGO	BINGO	GAMING
636BR	COOK-BANQUET	F&B CATERING BANQUETS	FOOD & BEVERAGE
697BR	TECHNICIAN - IRRIGATION/SPRAY	GOLF COURSE MAINTENANCE	AMENITIES
695BR	LANDSCAPE TECHNICIAN	GOLF COURSE MAINTENANCE	AMENITIES
693BR	MASSAGE THERAPIST - SPA	SPA THERAPY	HOTEL
688BR	ATTENDANT VALET	VALET	HOTEL
687BR	ATTENDANT VALET	VALET	HOTEL
685BR	BARTENDER-BANQUET (On-Call)	F&B CATERING BANQUETS	FOOD & BEVERAGE
678BR	SERVER - TIWA	F&B TIWA	FOOD & BEVERAGE
674BR	SERVER - TIWA	F&B TIWA	FOOD & BEVERAGE
673BR	SERVER - TIWA	F&B TIWA	FOOD & BEVERAGE
669BR	BARTENDER - STEAKHOUSE	F&B STEAKHOUSE	FOOD & BEVERAGE
663BR	LABORER-GOLF COURSE	FACILITIES MAINTENANCE	AMENITIES

Pueblo of Isleta Career Opportunities

READVERTISED -	DISPATCHER,	Police Department, 04/01/2016
NEW -	PIPE LAYER/LABORER (NTE 2 YR),	Public Services, WITHIN PUEBLO ONLY-Open Until Filled
NEW -	DATA CLERK,	Headstart & Child Care, 04/01/2016
NEW-	AQUATICS COORDINATOR,	Recreation Center,Open Until Filled
NEW -	ADMINISTRATIVE ASSISTANT II,	Public Services, WITHIN ONLY-03/25/16
NEW -	HUMAN RESOURCES ASSISTANT,	Human Resources, 04/04/2016
NEW -	ADMINISTRATIVE ASSISTANT I,	Treasury Office, 03/31/2016
NEW -	TRUANCY COORDINATOR,	Truancy Department, 03/29/2016
NEW -	SCHOLARSHIP COORDINATOR,	Dept of Education, 03/24/2016
ASSISTANT AQUATICS COORDINATOR,	Recreation Center,	Open Until Filled
DISABILITIES COORDINATOR,	Headstart & Child Care,	Open Until Filled
LIFEGUARD (2 Positions),	Recreation Center,	Open Until Filled
LIFEGUARD (4 Positions 30 hr wk),	Recreation Center,	Open Until Filled
LIFEGUARD (4 Positions-Summer Hire),	Recreation Center,	Open Until Filled
HEALTH COORDINATOR,	Headstart & Child Care,	Open Until Filled
SUMMER RECREATION AIDE,	Recreation Center,	Open Until Filled
	WITHIN PUEBLO ONLY	
WEED/LITTER CREW (PART TIME),	Recreation Center, -	Open Until Filled
	WITHIN PUEBLO ONLY	
BUS DRIVER (PART TIME),	Headstart & Child Care,	Open Until Filled
CHIEF EXECUTIVE OFFICER,	Health Center,	Open Until Filled
SCHOOL BUS DRIVER (TEMP/NTE 90 days),	POI Elementary School,	Open Until Filled
COOK ASSISTANT (TEMP/NTE 90 days),	POI Elementary School,	Open Until Filled
SENIOR MAINTENANCE TECHNICIAN,	Health Center,	Open Until Filled
IN-HOME CARE ATTENDANT,	Elderly Center,	Open Until Filled
CAREGIVER I (Part-Time- 0 to 24 hr per week),	Assisted Living Facility,	Open Until Filled
LAND SURVEY TECH AIDE (20 hr. per week).	Surveying and Mapping,	Open Until Filled
CHILD CARE PROVIDER,	Headstart & Child Care,	Open Until Filled
IRRIGATION TECHNICIAN,	Public Services,	Open Until Filled
	WITHIN ONLY-	
NURSE EDUCATOR,	Health Center,	Open Until Filled
CHR VAN DRIVER (Occasional),	Health Center,	Open Until Filled
RANCH HAND (Seasonal),	Comanche Ranch,	Continuously Accepting Applications
	WITHIN-	
WILDLAND FIRE CREW(4 temp/occasion),	Public Services,	Open Until Filled
TEACHER - COMPUTER,	POI Elementary School,	Open Until Filled
SEPTIC TRUCK DRIVER,	Public Services,	Open Until Filled
PHYSICIAN,	Health Center,	Open Until Filled
ELEMENTARY TEACHER,	POI Elementary School,	Continuously Accepting Applications
PLUMBER,	Housing Authority,	Open Until Filled
HVAC TECHNICIAN,	Housing Authority,	Open Until Filled
PERSONAL CARE SERVICE AIDE,	Elder Center,	Continuously Accepting Applications
PHYSICAL THERAPIST,	Health Center,	Open Until Filled
POLICE OFFICER,	Police Department,	Open Until Filled
LIFEGUARD (Regular Part-Time),	Recreation Center,	Continuously Accepting Applications
VETERAN SUPPORT SERVICE PROGRAM	Elder Center,	Open Until Filled
MEMBER		



PLEASE READ YOUR APPOINTMENT LETTER ATTACHED TO YOUR REFERRAL CAREFULLY. IT HAS A LOT OF GOOD INFORMATION TO GET YOU TO YOUR APPOINTMENT ON TIME.

QUESTIONS? CALL 869-4488.



Thinking About Quitting

NOT READY TO COMMIT TO A FULL Quit Smoking PROGRAM?

Take this 1 time, 1 on 1, 90 minute session to increase your motivation to quit!

Call Stephanie, Health Educator @ 869-4479 to Sign Up

Isleta Health Center

2016 All Indian Game Day:

This year, the Pueblo Of Isleta was host to the 2016 All Indian Game Day Events. All Indian Game is an event that originated in the 1980's and was first hosted in the Zuni Pueblo area. This event is conducted and hosted by the New Mexico Senior Olympics Program as well as the host venue. The event is open for all 19 NM Pueblos, Apache Tribes and Navajo Nation as well as various surrounding NM Native American programs to participate in which involve various athletic events. Athletes earn points for their community by placing in the top seeds of their various events. These points are awarded to athletes in various age/event categories. Earned points are tallied at the end of the entire event and Special Awards are presented in a closing ceremony.

This year was the 11th annual All Indian Game Day to have taken place. This is one of the only sporting events for Native American communities that incorporate a friendly tribal community/program competition in the south west region that involves various Senior Olympic events for athletes ages 50 & over. Isleta has now been home to 6 All Indian Game Day Events.

Since the early 2000's this event has taken place every other year or on every even year. In 2016, Isleta was blessed to have been home for over 400+ registered athletes as well as over 100+ volunteer staff and an audience of even more fellow Native Americans visitors from throughout New Mexico. Isleta hosted this event during March 16th & 17th, 2016, utilizing various surrounding venues such as the Isleta Elder Center, Recreation Center, Golf Course, Fun Connection, and Lakes. Volunteers from various Pueblo Of Isleta Departments, Isleta community members as well as members from the Isleta Veterans Association all took part and were essential in the success of this year's event.

Over 30+ registered athletes from our Isleta community as well as various local Native American participants were the ambassadors of athleticism, sportsmanship, teamwork, and community involvement for our pueblo in this year's event. All of the athletes involved are truly appreciated for their continuous participation in advocating the true meaning of living a healthy proactive lifestyle through these Senior Olympic events. Pueblo Isleta Programs such as the Parks/Recreation Program & Elder Program were each recognized and presented with beautiful plaques for their involvement in making this event possible.

Team Isleta was awarded 1st Place, earning the top points in the Elder/Elders Category of the 2016 A.I.G.D events. Team Isleta Athletes earned medals and community points by placing in top three of each of their various events. Nearly all athletes involved in this year's competition were able to earn a medal in each of the offered events. Congratulations to Elsie Lucero in earning the 2016 Spirit Athlete Award for her participation and involvement in the Isleta Senior Olympic Program.

2016 All Indian Game Day
Athletes: Team Isleta

- Abeita Eleanor
- Analla Gloria
- Lente-Burch Sharon
- Carpio Leanora Isabel
- Chewiwi Lupita
- Doyle LaVern
- Jaramillo Lillian
- Jaramillo Jose
- Jiron Lupita
- Johnson Mary Ann
- Jojola Charles
- Jojola Micheal
- Jojola Patricia
- Jojola Patty
- Reyna-Jojola Priscilla
- Kirk Marie
- Lente Alberta
- Lente Betty
- Lente Pauline
- Lente Herman
- Lucero Cecelia
- Lucero Elsie
- Lucero Joe. D
- Lujan Elaine
- Lujan Diego
- Martin Carol
- Martinez Jose
- Padilla Paul
- Padilla Reyes (Rae)
- Padilla Theresa (Terry)
- Pedro Georgia
- Salazar Teresita
- Sarracino Ronald
- Thomas Lupita
- Velardez Josephine
- Zuni Ann
- Zuni Rose

2016

Pueblo of Isleta Public Library

Summer Reading Program

Registration Friday May 13th @ 7:00am Until all Spots are filled

Juniors

3years old-6 years old

9:00am-12:00pm

- Story Time
- Hands On Activities
- Water Fun Days
- Field Trips

Wellness, Fitness & Sports

June 8-July 22

YOUTH

7 years old-18 years old

1:00pm-4:00pm

- Grade Level Reading Groups
- News Stories, Filming & Editing
- Field Trips
- Water Fun Days

Broadcasting

SUMMER LUNCH PROGRAM

Monday-Friday 11:30am to 1:00pm

No SRP Program the week of July 4th.

A child will be dropped if 3 days are missed in a row

The Library does not provide transportation to and from the Library

For more information please call the Pueblo of Isleta Public Library to speak with a staff member 505-869-9808.

More information on the Library's Website: www.isletapueblo.com/library.html

Library's Facebook Page: www.facebook.com/IsletaPuebloLibrary

Isleta Elementary School Newsletter



March 2016 Volume 1, Issue 1
J. Jaramillo
Publisher

Rebecca Vesely
Principal

Upcoming Events

- NO after school March 24th
- Spring Break March 25-April 1st
- Half Days: March April 6th & April 20th
- Child Abuse Awareness family night April 14th 5:30-7:30pm

NEWS

Happy Spring to all families and friends of Isleta Eagles! We have approached the beginning of the 4th 9 week period and grades 3 through 6 are preparing for the annual PARCC assessment.

What is PARCC you may ask? PARCC stands for The Partnership for Assessment of Readiness for College and Careers. According to www.parcconline.org, this assessment provides an evaluation of each student's progress in both English and Mathematics. The test is aligned to what students are learning in the classroom which is further aligned to the Common Core State Standards. It measures real world skills that include problem solving and critical thinking. Overall, PARCC measures student achievement.

During the testing weeks, please make sure your child goes to bed early, gets plenty of rest, and eats a healthy breakfast. Students will not be allowed into class once testing starts. Please make sure your child gets to school on time during testing weeks. Testing will begin the week of April 18th. Additional information will be sent home in the near future.

On behalf of the Isleta Elementary staff and students, we would like to wish you all a relaxing and fun spring break.

After School Program

The 21st Century After School Program is off and running! Every club is having fun and learning new things. Thank you teachers and students who are making our after school program a success.

One of the classes being offered is Lego Club sponsored by Mrs. Lovato and Ms. LaPahe. There are currently 15 students enrolled from grades K-3. Lego Club helps students develop many important skills.



Preparing to launch a rocket. Thanks to the help of a parent.

Some of these skills include: problem solving, working with instructions, organization, and critical thinking. In the Lego Club, students work in a small group to build "sets" such as Wall-E, The White House, The Eiffel Tower, and a farm setting. To date, students have completed 5 sets. They are extremely proud of their hard work and are enthusiastic to start new sets!

A group of 4th and 5th graders have been building rockets which is quite a task. Students must measure, cut, align, follow specific instructions, and be patient. There are a total of 12 rockets that have been built. Stay tuned for rocket launching success and other club

updates such as roller coaster building and arts and craft projects.



1st Grade News

Wow! We cannot believe it is already March! Time flies when you are having fun! In our fabulous first grade class we are working on many things. In ELA, we are digging deeper into our reading. We are asking questions such as: what is the author's purpose, what is the main idea and how can we read to find the solution and problems in the stories. In math, we are learning how to tell time, double digit addition and subtraction, working on our fact fluency to ten, and many other math concepts. All of the first graders work so hard! Parents, thank you for allowing me to be their teacher this year! Have a wonderful and restful spring break.

Mrs. Armijo

4th Grade News

We are becoming geologists! As part of our earth science studies, we are learning about the Rock Cycle. Through our exploration, we found out that the rock cycle never ends! Just ask one of our fourth grade geologists to explain that to you. Learning about the different types of rocks has been very interesting. We will be doing some research using our own playground. Hopefully we will find examples of igneous, sedimentary, and metamorphic rock.

Erosion takes place in many areas. Right in our neighborhood, there is a prime example – the arroyo. We plan to take a short walk and study the arroyo.

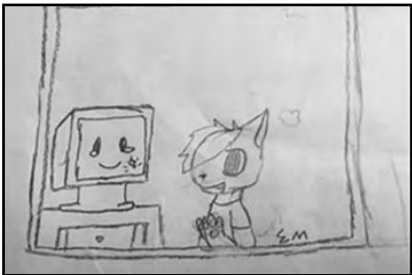
If anyone has rock samples that could be shared with our class, we promise to take excellent care of them. In the meantime – ROCK ON!!!

Yearbooks are still being sold. If you would like one please see your teacher or Mrs. Armijo. They will be arriving around May 7th and only a few will be available to sell. So get your book today!



Isaac and Denise are showing off their rock art.

Computer Lab



Courtesy of Erin Meehan – 4th Grade.

The Computer Lab at Pueblo of Isleta Elementary School is busy with lots of projects. Grade 6 is learning word processing and report writing skills in MS Word. Grade 5 made Power Points about a character from Greek Mythology and learned how to do research on kid-friendly websites. Grade 4 is busy with reading comprehension activities on Softschools.com. Also, Grade 4 is researching about the Rock Cycle and learning how rocks form. Grade 3 wrote reports about U.S. Presidents from George Washington to Obama using the internet to help them find fun facts and to see how the job has changed after using the internet to get facts. Grade 1 has been busy typing spelling words and sentences as well as using IXL to practice their math skills. The kindergarteners typed their spelling words FIVE! Times this week and started to use a keyboard program to learn typing skills. Here are some kid friendly and fun website you can try at home:

Greek Mythology
www.watchknowlearn.org
www.ngkids.co.uk/didyouknow/Greek-Myths

Geology
www.kidsgeo.com
www.sciencekids.co.nz

General
www.softschools.com

Little Ones
www.seussville.com



Isleta Elementary and Isleta Head Start and Child Care Center will be hosting an event put together by Isleta Social Services. April's Family Night will include a light dinner in the school cafeteria. A presentation will follow in the school gym. Join us as we come together to bring awareness beginning at 5:30pm.



Pueblo of Isleta Public Library

Time is flying along with these crazy winds. April 10-16 is National Library week! Come visit us at the Library and get library card, check out some books or movies and check out the different programs we offer. All Library programs we offer are FREE and open to the community and public.

News

The Library will be closed on Wednesday, April 6th from 8:00am-12:00pm for our monthly staff meeting. We are closed every first Wednesday of the month. This gives us time to plan our upcoming programs and to discuss any issues or suggestions with improving our Library to better serve our community.

The Old Recreation Center and the Library are teaming up to provide you more resource for a different workout experience. The Library has purchased a 55in TV, a Blu-Ray player, and a sound bar, which will be at the Old Recreation Center. This took place of the small 12in TV they had available to everyone. We have provided them these items to promote our fitness DVDs and to give you another work out experience. Recreational Staff Member Steven Abeita took the initiative to make this happen and has been checking out fitness DVDs to have available at the front desk for you to explore. All that we ask is that you respect and take care of these items every time you use them. Every two weeks the old recreation center will have 5 fitness videos available at the front desk for you to workout with. Invite a group of friends and head on to the Old Recreational Center and get an intense exciting workout. More exciting news to come!

In March, we held a used Easter Basket promotion so patrons may lessen their Library Fines without having to paying and in return we took \$3 off the fines per basket. In total, we collected eleven baskets which were donated to the Recreational Center's Easter Egg Hunt. In the past years, we witnessed children using shirts and plastic bags as Easter Baskets. At this time, I would like to thank those Library patrons for the kind donations as you helped enhance eleven children's Easter experience.

A special announcement for everyone who participates on the Isleta Little League teams. The Library has an Art Room available for your use for banner night at the Isotopes Park coming soon. Many of you have taken advantage of this and we would like to extend this invitation to all participating teams. Come utilize our art supplies and space at no cost to you. Please give the Library a call to reserve the Art Room at 505.869.9808. This will be based on first come first serve basis, however we will do our best to accommodate the teams.

Upcoming

Library Fitness Bags for Checkout- Do you love fitness? Starting April 18th the Library will have fitness bags available for check out. These bags will consist of an instructional DVD, fitness cards, healthy food recipes, workout log and small equipment. We will have three categories of fitness bags for you to check out: Home Fitness, Home Cardio and Sports Endurance. By request by patrons, we will have Zumba Fitness Bags, Yoga, speed ladder and much more. You may check out these bags for 1 week with one renewal per patron. It must be returned after the max allowed time has been reached. \$5 late fee



One of many children whom took pictures with the Easter Bunny at the Library.

will be charged for each day the bag is late. For any lost or damage to the contents in the bag, patrons will be charged for the full price of the set we paid for. Unfortunately we cannot replace individual items because we bought these items as box sets. If you have any questions, please give the Library a call at 505.869.9808.

Story Time- The Library is happy to invite you all to our weekly story time on Mondays at 10:30am for children 16 months to 5 years old but everyone is welcomed. Bring the whole family to enjoy a story together. Stories will be told by Library staff member Diane Abeita along with activities such as puppets, finger plays, songs and crafts. No need to sign up. Come join us! For more information please give Diane a call at the Library 505.869.9808.

Adult Food Program- Tuesday, April 19th Do you love lasagna? Do you love Green Chile? Put them together and you have a "to die for dish", Green Chile Lasagna. Library staff member Diane will be teaching you all how to make this delicious dish for your next dinner or potluck gathering. This program is open to the first 10 adults. You may call the Library to sign up starting April 1st. To sign up call the Library at 505.869.9808. One person may sign up per phone call due to limited space.

Summer Reading Program- Only a couple months until we officially begin our Summer Reading Program. Registration will be on Friday, May 13th starting at 7:00am until we are completely full. We will have 20 spots available for ages 3 years old (must be potty trained)- 6 years old with a theme of Wellness, Fitness and Sports. This program will incorporate daily story time, arts and crafts and physical activity. For the youth we have 30 spots for ages 7 years old- 18 years old with a theme of News Broadcasting. Youth will start each day with 30 minute daily reading in age appropriate reading groups and news related activities. Some projects they will work on are news stories, breaking news, news script writing, video editing, commercials, and much more. Juniors and Youth will have their final program on July 26th. The Summer Lunch Program will be provided each day. All field trips and lunches are paid for by the Pueblo of Isleta Public Library. Unfortunately we do not provide transportation to or from the Library. If you have any questions or concerns, please give the Library a call and speak to a staff member at 505.869.9808.

Recap

Easter Pictures, March 22nd- Thank you to all who were able to come out to the Library for pictures with the Easter Bunny.

Everyone that took a picture with the Easter Bunny received an Egg with a special treat inside. Pictures were emailed out on March 21st and family pictures were printed out and available for pick up on March 28. If you have not received your picture via email please give the Library a call at 505.869.9808. Also come by the Library to pick up your picture if you haven't done so already.

Harry Potter Book Club, March 31st-Library staff member Kyle Lujan led the Harry Potter youth book club which was open to 10 participants. Each book club meeting involved wizardly discussions and trivia. Kyle also incorporated Harry Potter inspired crafts such as Harry Potter wands, bookmarks and dragon eggs. The kids had a fun time and enjoyed talking about the book. The program ended with a pizza party and the showing of the first Harry Potter movie: Harry Potter and the Sorcerer's Stone. Thank you to everyone that participated.



Harry Potter Book Club participant painting a wand.



Harry Potter Book Club participants concentrating on painting wands.

Isleta Elementary Spring Break Pokemon Activities, March 28th & 29th - Library Staff member Cheyenne hosted this two day event to keep the kids busy for a couple of days that they were on spring break. On Monday, March 28th the kids made a Pokemon bookmark using an origami technique. They had to use their imagination to make their own Pokemon and come up with its abilities and how it can be damaged.

This same program will be re-hosted on April 4 & 5 for those students on Spring Break (Los Lunas Schools). Please call the Library at 505.869.9808, should you have additional questions.

**Pueblo of Isleta Public Library
Hours of Operation:**

Library Hours

Mon-Thurs - 8:00a.m. - 6:30p.m.
Friday- 8:00a.m. - 4:30p.m.
Saturday- 9:00a.m. - 1:00p.m.

Closed on Sundays, all federally recognized holidays and also Isleta traditional Holidays.
Please contact library for more information on closures.

Mailing and Physical Address:

950 Moonlight Drive
Albuquerque, NM 87105

Phone: (505)-869-9808
Fax: 505-869-8119

Email:
poi02002@isletapueblo.com
Facebook Page: www.facebook.com/IsletaPuebloLibrary
Web Address:
www.isletapueblo.com/library2.html
YouTube:
www.youtube.com/user/poilibrary
Pinterest:
www.pinterest.com/poilib

Isleta Pueblo News

Editor:
Nathaniel Lujan

Asst. Editor:
Tara Abeita

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Behavioral Health Services Community Garden Update

March 23, 2016

The Community Garden has received a tremendous amount of support this year! So far several community members have donated their time to readying the garden by clearing weeds, flattening the garden's surface, starting seedlings and gathering leaves. The Pueblo of Isleta landfill staff voiced their support and will be delivering fresh mulch to the garden which then we will use for walking paths. Another community member donated eight 55-gal drums which will be used for rainwater catchment and water storage.

We have partnered with Mick Gorospe, Laguna Tribal Member and the Land and Farm Manager at the Gutierrez-Hubble House Vineyard and Orchard just north of the Isleta reservation on Isleta Blvd. Mr. Gorospe provides us a tremendous amount of education and knowledge about successful gardening. We are also working with New Mexico State University's Bernalillo and Valencia cooperative extension offices who have agreed to provide us with free educational classes open to the Pueblo of Isleta and our friends and neighbors!

UPCOMING EVENTS:

- 1. FREE composting class provided by Mr. John Zarola, Master Composter
 - a. When: April 12, 2016 from 3-5:30pm
 - b. Where: Isleta Health Training Center – west of the garden

- c. All are welcome to attend however space is limited. *Please call 869-5475 to reserve your space!*
- 2. Seed Sovereignty in the Face of Climate Change Workshop provided by Samantha Martinez with Native Seeds/SEARCH
 - a. When: April 16 & 17, 2016
 - b. Where: Tesuque Pueblo (transportation can be provided)
 - c. All are welcome to attend however space is limited. *Please call 869-5475 to reserve your space!!*

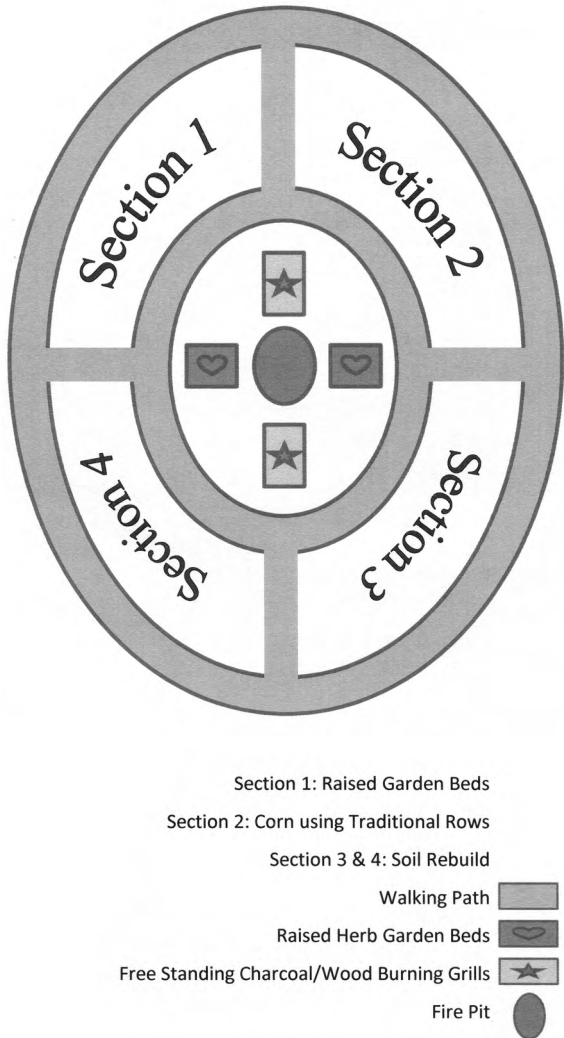
- We are still asking for the following donations * to make our soil and provide protection from the weather:
- 1. Leaves
 - 2. Old hay, straw, or alfalfa bales (the kind that cannot be fed to animals)
 - 3. Grass clippings
 - 4. Any berry transplants
 - 5. Any fruit bearing or nut bearing tree transplants

*For your convenience we can pick up any donations - just give us a call!!

WEEKLY MEETINGS

We have weekly meetings every Tuesday at 3:00pm at Isleta Behavioral Health Services. Please join us and bring your expertise, wisdom and ideas. Come dressed to work in the garden too! Thank you in advance for your contributions. To donate

to or learn more about the community garden, please call (505) 869-5475 and ask for Jennifer Padilla.



Johnson O'Malley Program

Important Information

The program has been very busy since the beginning of the New Year planning and incorporating many different activities. I am certain you all are just as busy as we are. With that being said, we would like to remind you that it is very important to keep your contact information updated. Please contact us if your addresses have changed. There has been very important information and educational opportunities that has been sent out to parents, especially for those who are graduating this year.

Kickstart to College

It is never too early to start talking about college! College choice is a very important decision to be made. The Higher Education Department has been hosting different college nights to give out

information. The next event is on March 29th with UNM and April 5th with CNM. Each event is from 5:30pm to 7:30pm at the Department of Education. Door prizes will be provided!

Reimbursements

The 2016 JOM contractual agreement with Bureau of Indian Affairs has been approved and allowed the program to reimburse JOM eligible students for cap and gown costs as well as a portion of 2016 summer school costs. Cap and gown reimbursements is for the cap and gown with original receipt only; no add-ons will be allowed. Summer school reimbursement is up to 50% of the total cost and requires proof that the student received credit for the course. These reimbursements do not occur every year and is dependent upon total cost of services and direct impact.

Family Activity Night Easter Eggstravaganza

Family nights are implemented to strengthen family relationships while building academic and socialization skills of students. In addition to these primary concepts we seek to build parent involvement and student participation. Last month, Family Activity Night's theme was Easter Eggstravaganza!!! Despite the cold windy weather it was a night filled with arts and crafts and gunny sack races for the children and a trash bag race for the adults. Families were able to sit and enjoy a meal as they worked on arts and crafts.

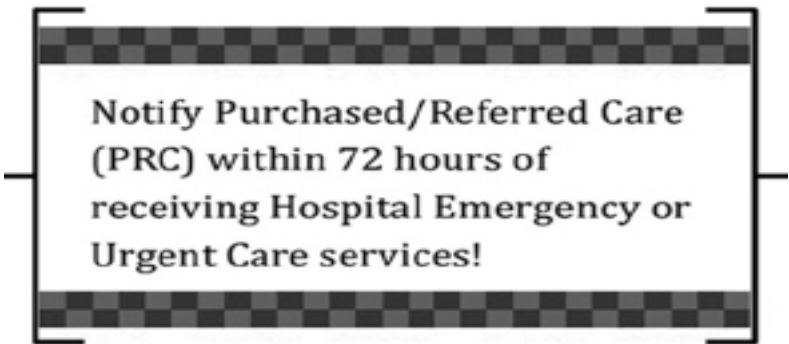


Calling All High School Seniors The GRADUATION BANQUET IS HERE!!!

Time is running out for you to sign up your graduating Senior. This year's banquet is going to be held on Thursday, April 28, 2016. If you are (or know of) a Native American high school senior (1/4 or more total Native quantum) enrolled in Los Lunas School District, or an Isleta senior attending school in APS or other school (1/4 more quantum of Isleta) and are graduating this year, You are invited to the 2016 Graduation Banquet held at the Isleta Resort & Casino. This event is invite only and an R.S.V.P. is required in order to attend. Please contact the JOM office at 505-869-9810 or the Department of Education at 505-869-9790 to have your/ student's name added to the invitation list. Deadline to add your name to the list is April 1, 2016. This is definitely one event you don't want to miss!

Family Activity Night IEC Meeting

Join us for family night and our IEC meeting on April 20, 2016 @ 5:30pm. We will be doing different activities for children to learn about the importance of keeping our environment clean. Children will use their creativity to complete different projects. April is National Gardening Month, prepare to get dirty!!!



Child Safety Seat Clinic

3 OUT OF 4 CHILD SAFETY SEATS ARE USED INCORRECTLY.
Could yours be one of them?

Learn How to Properly Install Your Child's Car Seat to Keep Them Safe!*

WHEN:

Saturday, April 16th
9:00am – 11:00am

WHERE:

Isleta Health Center
1 Sagebrush Street, Isleta, NM

Have your child safety seat or booster seat inspected for recalls, broken parts, improper installation, and appropriateness for your child. Learn the restraint law in New Mexico. There is no charge for this service.

***Must have child and car seat present!**

**CALL 869-4479
FOR MORE INFORMATION**



Experiential Learning Opportunities provide students real-life learning experiences. This past month we attended the St. Patrick's Day Balloon Rally in Belen. We had four students get up before the roosters even crowed. They observed the process of how the hot air balloons go from being packed up in a truck to up in the air. We were welcomed by the Wells Fargo Pilot to explore her balloon close up. They were amazed that the pilot of the balloon was a woman! We were excited that they got to sit on the basket and look way up into the balloon as it was filled with hot air. They also learned that each balloon is different in size, shape and color. They learned that each balloon will lift off based on total weight and not based on the capacity.



Los Lunas & Valencia High Schools
Presents
15th Annual Honoring the Seniors Class of 2016
Powwow

FRIDAY, APRIL 22ND
ISLETA PUEBLO RECREATION CENTER
ISLETA PUEBLO, NEW MEXICO

Raffles
FREE ADMISSION

LLHS
Century High
VHS

Grand Entry: 6:00pm
Honoring the Seniors class of 2016 @ 6:30pm
Closing at 10:00pm
Head Staff

Master of Ceremonies: Matthew Shoulders, Oglala Lakota/Ihanktowan Dakota
Arena Director: Leonard Atcitty, Dine'
Host Northern: Keres Nation, San Felipe Pueblo, Head Singer: Lydell Sandoval
Host Southern: Southern Mix, Laguna Pueblo, Head Singer: Bernard Duran
Head Man Dancer: Dakota Skye, Lakota/Navajo
Head Lady Dancer: Tara Abeita, Isleta/Navajo/Laguna

Concession/Food provided by
LLHS & VHS Native American
Clubs ONLY

DANCE SPECIALS:
* Men's Traditional Special
* Women's Fancy Shawl
Spotlight Contest

ALL GRADUATING
SENIORS/PARENTS/GRAN
PARENTS/ STAFF,
DANCERS, SINGERS &
ROYALTY ARE INVITED!

Arts & Crafts Vendor Information please call Ben Analla at 505.865.4646 EXT.6145 (Arts & Crafts Vendor space limited.)
For Powwow Information please call Mike Abeita at 505.553.8421.

Drugs and alcohol will NOT BE TOLERATED.
Pueblo of Isleta, Los Lunas Public Schools are not responsible for any thefts,
accidents, damages, or injuries during the powwow.



SAVE THE DATE

**COMMUNITY SUMMIT AND
GARDEN PARTY**

"HEAL THE EARTH, HEAL OURSELVES"
APRIL 22, 2016
@ 9AM TO 4PM

LUNCH PROVIDED

**ISLETA BEHAVIORAL
HEALTH SERVICES**

*FOR MORE INFORMATION
OR TO RSVP CALL
505-869-5475*

FREE CEU'S

**FROM THE DESK OF Arnold Sena
(PARKS & RECREATION DEPARTMENT DIRECTOR):**

Happy April to everyone in the Pueblo!

As we dive into April I'm sure that many of you that frequent the New Recreation Center have noticed the signs posted stating that the swimming pool will be closed indefinitely. For information purposes, yes it is currently closed, unfortunately we had to close the swimming pool due to our current staffing situation and for safety reasons.

We are hoping to re-open the pool as soon as we are able to do so; I recently lost two Lifeguards, an Assistant Aquatics Coordinator and an Aquatics Coordinator. All four of these individuals recently resigned from their positions with the pueblo, which left us seriously understaffed in the pool area and their resignations actually forced us to close the pool for safety reasons. The individuals that resigned were all certified staff members that were key cogs in the daily operations of the pool.

As soon as we get the vacant positions filled with certified staff, we will be able to re-open the pool again. We have posted the vacant positions on the POI website and we are diligently trying to find individuals to fill those vacant positions. It is very important to me that I fill these vacant positions with quality individuals that are certified to work with swimming pools. I also want to make sure

that the individuals I hire have the safety and the best interest of the pueblo and its people in mind before we hire them.

I know that many of you are frustrated about the current pool situation and that you want to see the pool opened as soon as possible and I sincerely apologize for any inconvenience the pool closure has caused. We will get our vacant pool positions filled soon and as I mentioned earlier, our goal is to get our pool safely re-opened and available to our pueblo members (elders, adults, teens, and children) as quickly as possible.

Once we re-open the pool we are hoping to see all of you and your families here enjoying the swimming pool and meeting the new staff. Please come and take advantage of the pool when it re-opens.

If anyone has any questions or concerning about the pool and/or the department please feel free to contact me at 869-9777. I would love to hear from you, your input is important to me and the future of the department.

For every minute you are angry,
you lose 60 seconds of happiness.
-Ralph Waldo Emerson

ALL INDIAN GAME DAY



Another all Indian Game Day is in the books. This year's event took place this past month (March) and with well over 400 elders from approximately 24 different pueblos and tribes that participated in this year's games, I would have to say that the games were a huge success.

This year's elders participated in Archery, Basketball Free Throw, Bowling, 8Ball Pool, Frisbee Accuracy, Frisbee Distance, Golf, Huachas, Road Race-5K, Shuffleboard, Soccer Kick Accuracy, Softball Distance Throw, 400M Run/Walk and 800M Run/Walk.

What a great event for our Native American Elders from across the state, it was awesome to see them compete in the different activities for two days. They really take their games seriously and they should. The skill level that many of these athletes displayed along with their fitness level made me seriously question my own health and fitness level and I decided that I need to get back in the gym.

Thought of the Day
"Give the world the best you have and the best
will come back to you."
-Anonymous





I want to thank the Senior Olympics Staff, the Elder Center and their staff, my Parks & Recreation Department staff, all the volunteers from Isleta Pueblo and from all the other pueblos and anyone else that I may have inadvertently forgot to thank for all their hard work with this great event.

Random Fact of the Day:
The average strawberry has 200 seeds.



ANNUAL EASTER EGG HUNT

We also had our annual Easter Egg Hunt this past month which was also a success, we had approximately 80 participants that participated in 5 different age groups this year. The different age groups were 5 and under, 6 through 8 year olds, 9 through 11 year olds, 12 and up age group and we also had an Elder Easter Egg Hunt this year for anyone 50 years old or older.

This was another great event, with great participation, put together by and sponsored by our Parks & Recreation Department and staff. There were lots of happy faces! Great job everyone.

Remember that it’s already April and summer is quickly creeping up on us. It is extremely important that we protect our skin from the UV rays that cause damage to our skin, so make sure and use sun screen whenever you are outdoors. It’s equally important that we make sure that we stay hydrated with fluids not only during the summer months but year round. Heat Stroke is a very common occurrence in our New Mexico climate and it’s also something that is highly preventable. Keep yourselves hydrated and drink plenty of water. Let’s do our part for our own personal well-being and for our loved ones by using sunscreen on ourselves and our family members, let’s also make sure that drink plenty of water. Stay Healthy!

The following is the Pueblo of Isleta, Parks & Recreation Departments Mission Statement and Vision Statement.

MISSION STATEMENT – To provide programs and parks systems that meet community needs and promote community involvement in recreation fitness, parks, cultural activities, education, and health and family activities in well maintained, accessible and safe facilities and environments.

VISION STATEMENT – To provide and offer facilities, programs and services that allows our tribal members and tribal employees to experience physical, mental, and social benefits through their leisure time participation and to provide opportunities for young people, adults, and elders to live, grow and develop into healthy, contributing members of the Isleta Pueblo and beyond.

My staff does their very best every day to make sure that our Mission and Vision Statements are being followed and I want to commend them for the great job that they do on a daily basis for the Pueblo of Isleta and the tribe. I can’t say enough about them, they do a wonderful job.

Thought of the day:
“Learn to enjoy every minute of your life.
Be happy now.
Don’t wait for something outside of yourself
to make you happy in the future.
Think how really precious is the time you have to spend,
whether it’s at work or with your family.
Every minute should be enjoyed and savored.”
~ Earl Nightingale

Congratulations
on a job well done
Merissa & Ashley
Marie on your
completion of the
2016 King of the
Hill 5k / 10k Trial
Run.



Boy’s Isleta Eagles
Basketball Team



Posted is a picture of the 2016 Boy’s Isleta Eagle Basketball Team. The team is composed of students from the Isleta Elementary & various Los Lunas Schools with the link being the Pueblo of Isleta in some form. As the season progressed, the team lost four players and their coach as the end of the season tournaments began. Despite the obstacles which presented themselves to the team, these nine players turned and relied on each other as they then realized they were there for one another. Instead of having a full month of practice, they had three days and had to practice outside at the old elementary courts as the Recreational Gym & Outside courts were reserved for the Senior Games. They endured the cold wind one day, then the hot sun on the other, and the non-forgiving cement courts on the last two days of their three practice.

They may not have won a game in the last basketball tournament but they represented the Pueblo of Isleta with great humbleness and honor. Many fans in stands at San Felipe complimented our team for their relentlessness not to give up as they fought and played hard. Should you recognize any of these nine boys be sure to Thank them for showing our neighboring Pueblo relatives that the people from the Pueblo of Isleta (including their youth) are strong minded and never quit no matter how hard life gets.

The team would also like to acknowledge and thank Recreational Staff member Ray Mora for donating his time and basketball knowledge to the team during their final practices.

Nicely Done at the Region 10 Karate Tournament

Recently the POI-Isleta Recreation Center hosted the AAU Region 10 Karate Tournament. Each of the students competed and placed in three events. The divisions were broken up by both age group and time in karate. Several schools were in attendance from Albuquerque, Lubbock, Denver and El Paso. If you have any questions about the Martial Arts program at the Isleta Recreation Center, please call 869-9777 or contact Mr. Chavez at 866-4360.



Pictured front row (L-R) Carla Cherino - Bronze in Kata and Bronze in Kumite and Bronze in Team Kata, Miguel Herrera Jr. - Bronze in Kata and Silver in Kumite and Bronze in Team Kata, Gavin Abeita - silver in Kata and Gold in Kumite and Bronze in Team Kata, Ryan Price - Bronze in Kata and Bronze in Kumite and Gold in Team Kata.

Pictured back row (L-R) Michael Price - Gold in Kata and Gold in Kumite and Gold in Team Kata, Quincy Walker - Silver in Kata and Silver in Kumite and Gold in Team Kata, Karl Lacsina Jr. - Gold in Kata, and Gold in Kumite and Silver in Team Kata, Kimberly Lacsina - Gold in Kata, and Silver in Kumite and Silver in Team Kata, Mary Cherino - Silver in Kata and Silver in Kumite and Bronze in team kata.

Not Photographed at time of Photo: Sebastian Jaramillo - Bronze in Kata and Silver in Kumite and Bronze in Team Kata.

Pictured Center: Mr. Chavez, Martial Arts Instructor at the POI-Isleta Recreation Center.



Photo Left to Right: Mr. Chavez - Instructor and Mr. Quincy Walker, Yellow Belt.

Recently Quincy Walker was promoted and received his certification to Yellow belt in the Isleta Recreation Center Martial Arts Program.

Health Beat
www.healthline.com
Health Educator, Stephanie Barela @ 869-4479

SHINGLES

Shingles is an infection caused by the varicella-zoster virus, which is the same virus that causes chickenpox. Even after chickenpox is treated, the virus may live on in your nervous tissues for years before reactivating as shingles. Shingles may also be referred to as herpes zoster. This type of viral infection is characterized by a red skin rash that usually causes pain and burning. Shingles usually appears as a stripe of blisters on one side of the body, typically on the torso, neck, or face. Most cases of shingles clear up within two to three weeks. Shingles rarely occurs more than once in the same person. The first symptoms of shingles are usually pain and burning. The pain is usually on one side of the body and occurs in small patches. A red rash typically follows.

Rash characteristics include:

- red patches
- fluid-filled blisters that break easily
- a rash that wraps around from the spine to the torso
- a rash on the face and ears
- itching

Some people experience symptoms beyond pain and a rash with shingles. These symptoms may include:

- a fever
- chills
- a headache
- fatigue
- muscle weakness

Certain factors put people at risk for developing shingles:

- can occur in anyone who has had chickenpox
- being 60 or older
- having had chickenpox before the age of 1
- having diseases that weaken the immune system, such as HIV, AIDS, or cancer
- having had chemotherapy or radiation treatment
- taking drugs that weaken the immune system, such as steroids or medications given after an organ transplant

Preventing Shingles:

- Vaccines can help keep you from developing severe shingles symptoms or complications from shingles.
- All children and adults who have never had the chickenpox should receive a chickenpox vaccine (varicella immunization).
- The immunization doesn't necessarily mean that you won't get chickenpox, but it can help reduce the severity of your symptoms.
- Adults who are age 60 or older should get a shingles vaccine, also known as the varicella-zoster immunization. This vaccine helps to prevent severe symptoms and complications associated with shingles. Shingles is contagious. If you become infected, certain steps must be taken to prevent the spread of the infection.
- Having had shingles infection previously does not mean you cannot receive the vaccine, although if you had shingles recently, you have probably boosted your immune system for the next few years. Since it is a live virus vaccine, there are some people who should not receive it. Many doctors usually ask patients (e.g. RA on immunosuppression medication) to consult with their Rheumatologist and/or other specialist physician to ensure the vaccine is safe for them.
- The diagnosis of Shingles can usually be done with a physical examination of rashes and blisters.

Easing Symptoms:


There is no cure for Shingles, but symptoms can be eased and the length can be shortened through different medications, as well as home treatments, such as:

- Rest
- Apply cold, wet compresses to the rash to reduce pain
- Apply calamine lotion to reduce itching
- Take colloidal oatmeal baths to ease pain and itching

Shingles typically clears up within a few weeks and rarely recurs.


2nd Annual Cancer Survivors Day Event

MAY 10, 2016 ♦ 6:00 - 8:30 p.m.
@ the Health Center's new Training Center



**COME
CELEBRATE
OUR
CANCER
SURVIVORS!**

Call Stephanie Barela for more information at 869-4479.



PURCHASED/REFERRED CARE

Please present your PRC referral when you check in for your appointment. Failure to do so may result in billing errors. If you receive a bill, bring it to PRC immediately.

For more information, Call PRC at 869-4488.

Did you call for an Ambulance?

Please report the information to PRC within 72 hours.

869-4488

**Invitation Announcement
Pueblo of Isleta Head Start & Child
Care Center**

The Isleta Head Start & Early Head Start programs invite you to join our family by completing an application for the upcoming 2016-2017 program year. Applications will be accepted beginning **March 21, 2016.**

Mission: To develop the whole child in all comprehensive areas reflecting the traditional Isleta culture and language. A safe, positive, healthy, and family-centered environment is supported with: a highly competent staff; parental enrichment and enhancement of their child’s education; a structured developmentally appropriate learning environment; strengthened community collaboration; & sustained stakeholder communications.

Options for you and your child:

Head Start – 3 to 5 years old

A 6-hour, 5 day-a-week program. Classrooms are equipped with hands-on, age appropriate materials and qualified teachers. Transportation services are available for those who live at least a ¾ mile from the Head Start & Child Care building and within the Isleta Reservation boundaries, with the exception of those who reside East of NM 314.

Early Head Start- Prenatal to 3 years (3 options to choose from)


- 1. Home Based for Pregnant Mothers: Home visits from a Home Visitor who brings information and materials about pregnancy & child development.
- 2. Home Based for Parent & Child Birth to 3 years:
Weekly 90-minute home visits from a Home Visitor who provides information and materials about parenting and child development. Bi-weekly Socialization activities in a group setting (i.e. fun walks, field trips, child development, & more).
- 3. Classrooms ages 3 months to 3 years:
A 6-hour, 5 day-a-week program. Classrooms are equipped with hands on, age appropriate materials and qualified teachers. There are no transportation services available for this option.

**Call to schedule an appointment to apply.
You need to bring ALL of the following:**

- ✓ **Tribal Identification w/CIB #** (required if residence is outside of the Isleta Reservation)
- ✓ **Proof of Residency** to ensure your physical residence is within the Program’s service area (New Mexico Driver’s License, Utility Bill, Government/Tribal ID)
- ✓ **Proof of income for previous 12 months** (Such as: Public Assistance Award Letter, 2015 tax forms, W-2, 26 paystubs, etc.)
- ✓ **Proof of Child’s Birth** (State issued birth certificate, CIB Letter, Baptismal Certificate)
- ✓ **A copy of your child’s IFSP/IEP** (if applicable)
- ✓ **For Prenatal option, Pregnant Mothers need to provide proof of pregnancy**

If you have any questions, please don’t hesitate to call us at **869-9796.**

We look forward to working together with you and your family to make your child’s learning fun and successful!



ISLETA HEALTH CENTER
"Did you know?"

**Do you know about the 24-hour
Nurse Advice Line?**

- Have you ever wondered what to do when the Health Center is closed and you aren’t feeling well?
- Have you ever wondered if you were in an emergency situation and should call 911?
- Have you been unsure if you needed to visit the walk-in clinic or make an appointment?


If you need answers to health related concerns and aren’t sure if you need to visit the walk-in clinic or call 911, use the toll-free **NURSE ADVICE LINE***. When you speak with a Registered Nurse, please follow the nurse recommendations for home care or the need for health facility care.

NURSE ADVICE LINE
1-877-752-2552

This line is available 24 Hours A Day, 7 Days A Week, 365 Days A Year and is available for FREE to ALL Isleta Health Center patients!

*** CALL 911 FOR LIFE THREATENING EMERGENCIES**
This includes, but is not limited to: chest pains, severe injury and/or bleeding, and severe breathing problems.

NOTE: You must notify Purchased/Referred Care staff (formerly CHS) within 72 hours if you are seen at any facility other than the Isleta Health Center.



Pueblo of Isleta
Save The Date!

Native Youth Empowerment Symposium
Tuesday, April 26, 2016
Pueblo of Isleta Resort & Casino Grand Ballroom
11000 Broadway SE - Albuquerque, NM 87105


Inspired by Generation Indigenous (GEN-I), the Native Youth Empowerment Symposium is an opportunity to interact with Native youth, tribal leaders and industry experts representing non-profits, government agencies, tribal services and education.


Hosted by the Pueblo of Isleta in association with TIWA Lending, The Office of the Special Trustee for American Indians (OST) and FINRA Investor Education Foundation


For more information, please contact: Sheila Herrera or Miranda Lente at (505) 916-0556



Lunch provided!

Spending Frenzy!









Coming to the Native Youth Empowerment Symposium!!


April 26th, 2016
Isleta Casino and Resort

Tired of boring financial literacy lectures and lessons? Don't miss your chance to check out the exciting financial skills money game that's taking Indian Country by storm. The Spending Frenzy is your opportunity to:

- Go shopping with \$50,000!
- Purchase vehicles, homes, and food!
- Identify wants and needs!
- Save and invest big money!
- Have a blast by taking a trial run at managing per cap, minor's distributions, seasonal income, or any other lump sum payments!

The Native Youth Empowerment Symposium is an exciting opportunity to learn more about how money and finance impact your life. For more information please contact:

Brian Ross
Director of Financial Education
Office of the Special Trustee for American Indians
918-977-0848
brian_ross@ost.doi.gov



WIC Mini Egg and Cheese Tortilla Cups


Involve your children in preparing this fun recipe. Then sit down together and eat! Everyone will love the taste, but eating meals as a family is what really matters.

Ingredients (4 servings)

- 4 eggs- **WIC food**
- ¼ cup sour cream (or milk)
- ½ cup shredded cheese, any kind. WIC uses Colby Jack- **WIC food**
- Diced vegetables of your choice. Broccoli or bell peppers & onions are good choices-**WIC food**
- 1 extra-large tortilla or 4 small tortillas -**WIC food** - Salt and pepper to taste.

Instructions:


- Heat oven to 350 degrees. Stack the **small tortillas**. Using anything with a rim (can, cup, small bowl) press through the tortillas until you have cut out round circles. If you are using big tortillas cut the four circles out of one tortilla. Press each tortilla- round into 4 greased muffin tins using your fingers. It's fine if it does not fit perfectly. Set aside.
- In medium bowl, whip the eggs and sour cream until combined. It's fine if it is a little lumpy. Add half of the cheese. Sprinkle with salt and pepper.
- Pour equal amounts of egg/sour cream mixture into the tortilla-rounds in the muffin tin. Add the veggies. Bake for 10 minutes- then sprinkle the remaining cheese on top. Continue baking for 3-5 minutes more until cheese is bubbly and tortillas are golden. Remove from tin and serve warm.



If you are receiving bills for medical services, please bring them to PRC.

RED FLAG....if you are receiving the bill, then PRC is not being billed.

Call 869-4488 for more information.



WIC NOTES

The month of April brings many things - Easter, winds, flowers and ...eggs.

Chicken Eggs and Cholesterol- Are Eggs Good for Us?

Eggs do have cholesterol and cholesterol can contribute to high blood cholesterol levels. However, eggs also have lots of nutrients that are good for us. **So are eggs good or bad for us?**

For most people eggs, in moderation, are part of a healthy diet.

- Eggs are rich in the B vitamins and also contribute vitamins A and D. Eggs are also rich in the substance lutein which protect our eyes. Almost all these nutrients are in the yolk of the egg.

Although eating too many eggs can increase your cholesterol, eating four egg yolks or fewer on a weekly basis hasn't been found to increase one's risk of heart disease.

Thomas Behrenbeck, M.D., Ph.D.

Consider these points when deciding how many eggs to include in your diet:

Remember- one large **egg** has about **186 mg** of cholesterol — all of which is found in the yolk.

- If you are healthy, it's recommended that you limit your dietary cholesterol to less than **300 milligrams (mg) a day**.
- If you have cardiovascular disease, diabetes or high LDL "bad" cholesterol levels- you should limit your dietary cholesterol to less than **200 mg a day**. One large egg has about 186 mg of cholesterol — all of which is found in the yolk. Therefore, if you eat an egg on a given day, you may want to limit other sources of cholesterol for the rest of that day.
- Other sources of cholesterol include meat and dairy products. Choose lean meats and low and no-fat dairy products to reduce the cholesterol in your diet.

You can eliminate all of the cholesterol in eggs by only eating the egg white. Egg whites contain no cholesterol. You may also use cholesterol-free egg substitutes, which are made with egg whites. But remember the vitamins in eggs are mostly found in the yolk.

Everyone should know their cholesterol level. Talk to your doctor about having this test.

WIC Recipe

What to do with all those Easter eggs....
Make Egg Salad

Ingredients

- 8 eggs
- 1/2 cup low fat mayonnaise or miracle whip
- 1 teaspoon yellow mustard
- 1/4 cup chopped green onion
- A few chopped fresh spinach leaves.
- salt and pepper to taste
- 1/4 teaspoon paprika

Directions

Boil eggs for 10-12 minutes. Immediately place eggs in ice-water bath, this will make them easy to peel. After eggs are cooled and peeled, place the chopped eggs in a bowl, and stir in the low fat mayonnaise, mustard, chopped spinach, and green onion. Season with salt, pepper and paprika. Stir and serve on your favorite whole grain bread, tortilla or cracker.

WIC Nutrition

APRIL 2016:
ACTIVITIES
CALENDAR

ISLETA ELDER CENTER

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT/SUN
1	All Events Are Subject To Change	Contact: (505)869-9770 For All Event Information			1 2016 Isleta Senior Games: Registrations Start \$10.00 Fee Other Fees Apply	2/3
2	4 Senior Olympic Meeting: 1 – 3pm 6 – 7pm	5 Documentary Showing: Native American History Staff Meeting	6 Shuffleboard Practice: 10am – 12pm	7 EST. Walk/Run Practice: 9 – 10 am 8-ball Pool Practice: 1 – 3pm	8 Shuffleboard Practice: 10am – 12pm	9/10
3	11 Bosque Farms Visitors: Activity & Lunch	12 PNM Low Income Assistance Program 10am – 12pm 8-ball Pool Practice: 1 – 3pm Commodity Day: 8:30am – 4:00pm	13 Elder Fire Extinguisher Training 11am – 12pm	14 Catholic Mass: 11:00am – 12:00pm EST. Walk/Run Practice: 9 – 10 am 8-ball Pool Practice: 1 – 3pm	15 Last Day of ISO Registration. No Late Entries. Movie Trip: 11am – 4pm Jungle Book	16/17
4	18 AARP Smart Driver Course: 1:00pm – 5:00pm \$15.00 Member Fee \$20.00 Non M. Fee	19 Manzano Mesa Shuffleboard & Lunch 11am – 4pm	20 Elder Abuse Awareness Presentation: Social Services	21 EST. Walk/Run Practice: 9 – 10 am Zumba Gold: 3pm – 4pm 8-ball Pool Practice: 1 – 3pm	22 Elder Center Flea Market: Event Time: TBA	23/24
5	25 2016 Isleta Senior Games: Event	26 Elder Storytelling: My Pueblo Life 2016 Isleta Senior Games: Event Commodity Day: 8:30am – 4:00pm	27 2016 Isleta Senior Games: Event	28 NMICOA Meeting: Jemez Pueblo 7:00am – 4:00pm No Events Scheduled	29 2016 Isleta Senior Games: Event	30/

Seasonal allergies (*hay fever*)

Allergies are an abnormal response of the immune system. People who have allergies have an immune system that reacts to a usually harmless substance in the environment. This substance (pollen, mold, and animal dander, for example) is called an allergen.

Allergies are a very common problem, affecting at least two out of every 10 Americans

Spring time brings budding trees, green grass, and of course, weeds.

With seasonal allergies, also called hay fever and allergic rhinitis, there are some strategies you can try to keep some of your symptoms under control. Bothersome symptoms include sneezing, congestion, runny nose and itchy eyes.

Try to reduce your exposure to the things that trigger your allergy symptoms.

Stay indoors on windy days.

If possible delegate lawn mowing and weed pulling.

Remove the clothing you have worn outside and shower to rinse the pollen form your skin and hair.

Don’t hang laundry outside. Pollen can stick to sheets and towels.

Wear a pollen mask if you do outside chores.

Take extra steps when pollen counts are high

Check your local TV, newspaper or internet for current pollen counts and forecasts.

Close windows and doors at night or any other time when pollen counts are high.

Avoid outdoor activities in the early morning when the pollen counts are highest.

If high pollen counts are forecasted start taking your allergy medication before your symptoms start.

April 2016 Isleta Elder Center Activities:

During March the Isleta Elder Center hosted various activities for the elders of the pueblo. These included large events such as the AARP Free Tax Assistance Day, 2016 All Indian Game Day Events, Elder Easter Event, & more. A very Special Thank You to all of the various surrounding programs, Pueblo Of Isleta community members, employees, and sponsoring departments for your continuous support in our events. “Thank You” to all of the elders of our community for your participation and support in making these events possible.

As we approach April, there are a lot of great events to look forward to. Below is a list of various events that will be taking place for the month of April. For more information about any of the upcoming events or if you would like to volunteer, contact Eugene Jojola – Activities Coordinator (505) 869-9770.

April Activities:

2016 Isleta Senior Olympics:

The local 2016 Isleta Senior Games will be taking place April 25, 2016 – May 13, 2016. This is a great opportunity for anyone ages 50 & older to compete in various Senior Olympic activities throughout the course of 3 weeks. This your chance to qualify for the 2016 NM State Senior Olympic Games during July 2016 in Roswell, NM. Each year qualifying athletes from the Isleta community are offered a sponsorship opportunity through the Isleta Elder Center to travel and compete in state games. For more information about the Isleta Senior Olympic Program or if you would like to volunteer, contact the Isleta Elder Center at (505)869-9770.

2016 Isleta Senior Olympics Meeting:

This meeting will inform participants about 2016 Isleta Senior Games events schedule and the registration process. Also, there will be a discussion about the 2016 NM State Senior Games and

how participants 50 & older can qualify for this year’s Isleta Elder Center’s Athlete Sponsorship. Below is the Date, Times, & Location:

Monday, April 4, 2016
Isleta Elder Center: Activities Room
1:00pm – 3:00pm & 6:00pm – 7:00pm

2016 Isleta Senior Games:
April 25, 2016 – May 13, 2016

Registration Starts:
April 1 – April 15, 2016
No Late Registration.
Packets Locations: Isleta Elder Center & Recreation Centers
Fee: \$10.00 *Other Fees Apply for Bowling & Golf Events

Other Upcoming Events:

April 11, 2016: Bosque Farms Senior Center Visitors
April 12 & 26, 2016: Commodity Dates
April 12, 2016: PNM Low Income Assistance Program
April 13, 2016: Elder Fire Extinguisher Training
April 15, 2016: Movie Field Trip & Lunch – “Jungle Book” & Toucano’s
April 18, 2016: Open Health Discussion with Dr. Lil & Dr. Cumby
April 18, 2016: AARP Smart Driver Course
April 20, 2016: Elder Abuse Awareness Presentation: Isleta Social Services
April 22, 2016: Isleta Elder Center Flea Market
April 28, 2016: NMICOA Quarterly Meeting

Adult Day Services Activities Calendar
April 2016



Mon	Tue	Wed	Thu	Fri
<div>Happy Birthday</div> <div>Nana Sophie 2nd Emma 5th Nicole 19th</div> <div></div>	<div>Commodities</div> <div>April 12th & 26th</div> <div>Calendar Subject to Change</div>	<div></div>		<div>1</div> <div>10—10:30 Spring Planting 10:30— 11 Sewing Canvas 11:15-11:45 Chair Yoga Exercise</div>
<div>4</div> <div>10—11 Sewing 11:15—11:45 Chair Exercise 1—2 Sewing</div>	<div>5</div> <div>10—11 Decorate Spring Hats 11—11:30 Exercise 1—2 Sewing 1—3 Staff Meeting</div>	<div>6</div> <div>10—10:30 Youth Group/ Reading to Elders 10:30-11:45 Sewing 1:30—2 Chair exercise</div>	<div>7</div> <div>10—11 Sewing 1—3 Sewing or Puzzles</div>	<div>8</div> <div>Walmart/ Shopping 10:30— 2:30</div> <div></div>
<div>11</div> <div>10—10:30 Painting 10:30 11:15 Sewing 11:15— 11:45 Chair exercise 1—2 Cont. Sewing</div>	<div>12</div> <div>10—12 PNM Good Neighbor Fund 10:30 11:30 Sewing 1—3 Magazine Social</div>	<div>13</div> <div>10—11 General Meeting 1:30—2 Exercise</div>	<div>14</div> <div>10—11 Free choice 11—12 Catholic Mass 1—2 Board Games</div>	<div>15</div> <div>10—11 Canvas Creations 1:30—2 Exercise Chair Yoga Exercise</div>
<div>18</div> <div>10—11 Presentation Shingles 11—11:30 Sewing 1—2 Cont. Sewing</div>	<div>19</div> <div>10—12 Decorative Pins Day Project 1—3 Sewing</div>	<div>20</div> <div>10—11 Sewing 11:15—11:45 Exercise 1:30—2 Magazine Social</div>	<div>21</div> <div>10—12 Continue Decorative Pins 1—2 Social</div>	<div>22</div> <div>Earth Day Activities</div> <div></div>
<div>25</div> <div>10—11:15 Make Spring Wreath 11:15-11:45 Chair Exercise 1—2 Sewing</div>	<div>26</div> <div>10—12 Kilt Embroidering or Coloring 1—2 Word Search</div>	<div>27</div> <div>10—12 Kilt Embroidering or Beading 1:30—2 Chair Exercise</div>	<div>28</div> <div>10—12 Kilt Embroidering or Canvas Creation 1—2 Reading NMICOA Meeting Jemez</div>	<div>29</div> <div>10—12 Kilt Embroidering or Free Choice 1:30—2 Chair exercise</div>



Refresh your driving skills with the
AARP SMART DRIVER™ COURSE!

You will learn:

- Defensive driving techniques
- Proven safety strategies
- New traffic laws and rules of the road

Plus, there are no tests to pass. You simply sign up and learn. Upon completion you could receive a multi-year discount on your car insurance.*

DATE(S) & TIME(S)

April 18, 2016
1:00 pm to 5:00 pm

LOCATION

Isleta Elder Center

TO REGISTER

Contact Number:
505-869-9770

CLASSROOM COURSE:

\$15 for AARP members • \$20 for non-members

For more information visit www.aarp.org/drive

TOYOTA

This program is supported by a generous grant from Toyota to AARP Foundation.



*Upon completion you may be eligible to receive an auto insurance discount. Other restrictions may apply. Consult your agent for details.

D17174(314)

Isleta One Stop & Travel Center
Now Offering

FREE RIBBON FRIES

WITH 10 GALLON FUEL PURCHASE

AT ISLETA GRILL @47
(LOCATED INSIDE THE ISLETA
ONE STOP)



Grill @47

New Hours

6am—2pm Monday thru Friday
8am—2pm Saturday

Effective April 4th, 2016

505.869.9835

Purchased / Referred Care
provides a referral for 1 visit
at a time.



Questions?
Call PRC at 869-4488

Isleta Pueblo WIC Program

505.869.2662

April 2016

April is National Public Health Month!

What can we do?

In our communities:

Help families get healthy foods. Improve access to food programs such as SNAP and WIC.

Help kids eat well at school. We can help address nutrition and hunger by providing children with healthy meals while they're at school.

Help people make informed choices about what they eat. New federal standards now require chain restaurants to post nutrition information about the food they sell on menus and menu boards. Programs like WIC offer nutrition counseling that can help families make better choices.

Wipe out food deserts. Many urban neighborhoods and rural towns have plenty of fast food chains and convenience stores but not enough grocery stores selling fresh, healthy and affordable food. The U.S. Department of Agriculture estimates that 23.5 million people in the U.S. live in a food desert. A recent study found that low-income areas had half as many supermarkets as wealthier areas. Work with your city and county planners to change local policies that increase access to healthy food options.

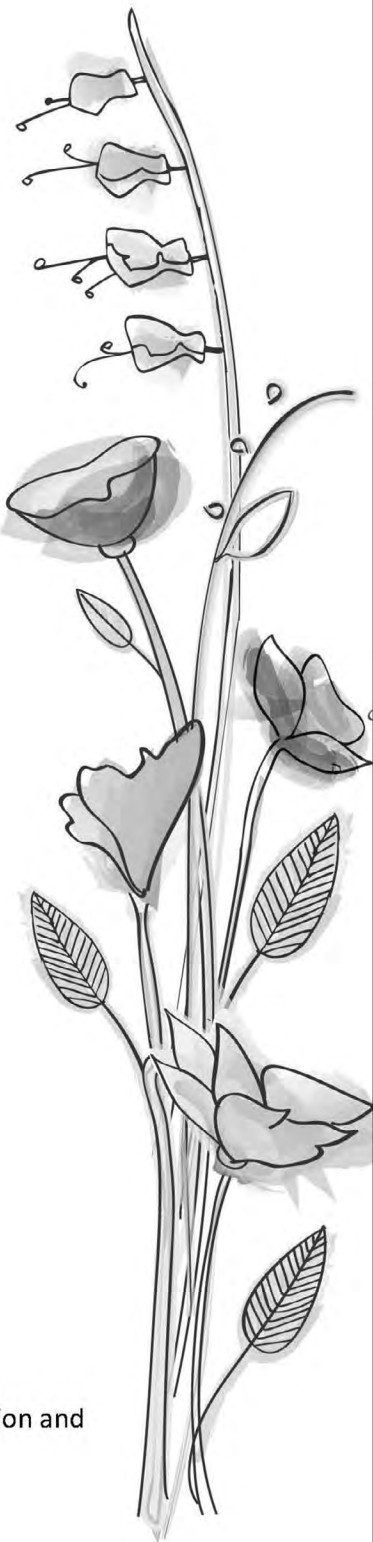
For more info: <http://www.nphw.org/tools-and-tips/themes/give-everyone-a-choice-of-healthy-food>

In our families:

Eat lots of fruits and veggies. Fruits and vegetables contain fiber, as well as vitamins and minerals important for our mind and bodies. Studies show that a diet high in these super foods can lower your risk of heart disease, obesity, Type 2 diabetes, high blood pressure and some types of cancer.

Choose whole grains. Whole wheat breads and pastas, brown rice, and oatmeal are all good choices for fiber. Many whole grain products are fortified with folate which can help reduce the risk of neural tube defects when eaten before and during pregnancy.

Breastfeed. Breastfeeding your babies and supporting other family members to breastfeed greatly improves the health of yourself and your children for an entire lifetime. Studies have shown reduced risks of cancers, asthma, diabetes, obesity, and many other childhood and adult illnesses.



The WIC Program offers healthy foods for women, infants and children, as well as nutrition information and counseling.



2nd Annual Isleta
Cancer Survivors Day
Event Planning is
Underway!

IF YOU WOULD LIKE TO HELP
PLAN THIS YEAR'S EVENT
PLEASE CONTACT STEPHANIE
BARELA AT 869-4479.

PRC

Patients are responsible for notifying PRC of any follow up appointments, continued or referred care, or any additional procedures the specialist may recommend.

- Please provide as much notice as possible to allow us to enter the information, request the orders, and mail out to you prior to your appointment.

Questions? Please call 869-4488

Terry Realivasques



Terry with her four children



Terry with Grand & Great Grand Children

The family of Terry Realivasques would to thank the community and Father George for their prayers, help, and support in their time of need. She is survived by her four children, nine grandchildren, and many great grandchildren. She lived a long healthy life as was appreciated by the community.



PLEASE READ YOUR
APPOINTMENT LETTER
ATTACHED TO YOUR REFERRAL
CAREFULLY. IT HAS A LOT OF
GOOD INFORMATION TO GET
YOU TO YOUR APPOINTMENT
ON TIME.
QUESTIONS? CALL 869-4488

Lower the Leading Cause of
Childhood Death by Buckling
Them Up Properly

Isleta Health Center
Health Educator Stephanie Barela, 869-4479

Crashes are among the leading causes of kids’ deaths and injuries. At the Centers for Disease Control and Prevention, Dr. Arlene Greenspan says crashes kill about 550 children up to 9 years old, and send about 220,000 to emergency rooms with injuries per year.

Dr. Greenspan says safety seats can reduce that, if they are used properly:

“Parents often move their child into the next stage of car seat too early. Parents make mistakes in the way they install car seats. And parents may strap their children into the car seat too loosely or incorrectly.”

A certified car seat technician can show you how to do it right. Contact Frances Anchondo, 869-4482, or Stephanie Barela, 869-4479 to find out if your car seat is properly installed and to learn how to properly install it.

Adapted from
Indian Health Services Article


**In loving memory of
Irma H. Jojola**


"I know my Redeemer liveth"
(Job 19:25)

We wish to extend sincere appreciation to our community for your prayers, gracious words of support, donations, and love extended during this time. A special thank you to both Isleta Health Clinic and Isleta Elder Center staff for the loving care extended to Mom.

As was, and still is her daily prayer, may God bless our community and keep us safe.

The Jojola Family





*"You are my sunshine -- My only
sunshine -- You make me happy
-- When skies are grey You'll
never know dear -- How much I
love you -- So please don't take
my sunshine away"*

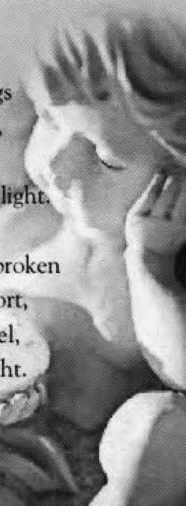
*Love you always and
forever hita, Dad*

*Heaven's
Little Angel*

You're one of Heaven's angels now
A perfect little star,
And when you shine the world can see
How beautiful you are.

May you fly with magic wings
On clouds so soft and white,
May your heart be joyful
And your days be bathed in light.

And though our hearts are broken
And your life was far too short,
We thank you, sweetest angel,
For the happiness you brought.



The Lujan Family would like to extend our heartfelt gratitude and appreciation to Family, Friends, and the Isleta community who showed their support during the loss of our beautiful angel Jacquelyn (Jackie) R. Lujan. Jackie was a wonderful Mother, Daughter, Niece, Sister, Aunt, and Cousin. A special thank you to Sergeant Ulibarri, Officer Honeyestewa, Officer Crystal Abeita, of the Isleta Police Department and the EMS crew of Daniel Spohn and Jerry Apodaca. Thank you for all you did in your attempt to save Jacquelyn, we are forever grateful. Jacquelyn is survived by her Daughter Brooklynn R. Lujan, Father Ted Lujan, Mother Cindy L. Russell, Brothers Monty and Marty McKinley, Sisters Kelly and Mary McKinley, Nephews Tyler and Owen McKinley and David Tucker, Nieces Mikayla, Cheyenne, Tiffany McKinley and Cindy Tucker, Uncles, Aunts, and several Cousins. Jacquelyn is now with our creator and family that have gone before her. In the arms of her grandparents, whom she dearly loved, may she watch over us as our Guardian Angel forever!
May You Rest In Peace!

**Isleta Health Center’s
COMMUNITY HEALTH FAIR
is coming!**

Mark Your Calendars:
Saturday, October 15, 2016
@ ISLETA HEALTH CENTER
10:00 am – 1:00 pm

**Isleta Health Center ☺ Partners in Your Health Care.
“How can we help you?”**


ISLETA HEALTH CENTER

APRIL

Questions? Call 869-3200

2016

N	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
'BHS' is the Behavioral Health Services program. Call 505-869-5475 for more information on their programs.			'DPP' is the Diabetes Prevention Program. Call 505-869-4595 for more information on their programs.		1 Early Recovery Skills: 9-11a @ BHS. Another Recovery Technique (ART): 1-4p @	2
3	4 Early Recovery Skills: 9-11a @ Behavioral Health (BHS). Women's Path to Recovery: 1-2:30p @ BHS. Young Leaders Youth Krew: 4:30p @ BHS. Express Endurance Premeasurements: Info? Call 869-4595.	5 Women's Support Group: 10-11a @ BHS. Acu-Detox: 1-2p @ BHS. Creating Process of Change: 2-4p @ BHS. Str8 Rez: 5-7p @ BHS. Express Endurance Premeasurements: Info? Call 869-4595.	6 Circle of Security Parenting: 9-11a @ BHS. Anger Management Skills: 1-2p @ BHS. Freedom From Smoking Session 1: 5:30-7:30p @ Health Center, small conf. room. Young Leaders Youth Krew: 4:30p @ BHS. Express Endurance Premeasurements: Info? Call 869-4595.	7 Grief Group: 1-2p @ BHS. Circle of Security Parenting: 2-4p @ BHS. Express Endurance Premeasurements: Info? Call 869-4595.	8 Early Recovery Skills: 9-11a @ BHS. Another Recovery Technique (ART): 1-4p @ BHS. Express Endurance Premeasurements: Info? Call 869-4595.	9
No CHR transports for April 4 & 5 due to off-site staff training.						
10	11 Early Recovery Skills: 9-11a @ Behavioral Health (BHS). Women's Path to Recovery: 1-2:30p @ BHS. Young Leaders Youth Krew: 4:30p @ BHS.	12 Women's Support Group: 10-11a @ BHS. POI Community Cancer Support: 6-7:30p @ IHC, small conference room; <i>Coping Skills</i> with William Abeita. Acu-Detox: 1-2p @ BHS. Creating Process of Change: 2-4p @ BHS. Str8 Rez: 5-7p @ BHS. Express Endurance Class Workout: 5:30-7:30p @ DPP Wellness Center.	13 Circle of Security Parenting: 9-11a @ BHS. Anger Management Skills: 1-2p @ BHS. Young Leaders Youth Krew: 4:30p @ BHS. Freedom From Smoking Session 2: 5:30-7:30p @ Health Center, small conf. room.	14 Grief Group: 1-2p @ BHS. Circle of Security Parenting: 2-4p @ BHS. Express Endurance Class Workout: 5:30-7:30p @ DPP Wellness Center.	15 Early Recovery Skills: 9-11a @ BHS. Another Recovery Technique (ART): 1-4p @ BHS.	16 CAR SEAT CLINIC 9am - 11am Isleta Health Center Parking Lot MUST HAVE CHILD AND CHILD CAR SEATS ON HAND!
17	18 Early Recovery Skills: 9-11a @ Behavioral Health (BHS). Shingles Presentation: 10-11a, @ Elder Center. Women's Path to Recovery: 1-2:30p @ BHS.	19 Women's Support Group: 10-11a @ BHS. Acu-Detox: 1-2p @ BHS. Creating Process of Change: 2-4p @ BHS. Str8 Rez: 5-7p @ BHS. Express Endurance Class Workout: 5:30-7:30p @ DPP Wellness Center.	20 Circle of Security Parenting: 9-11a @ BHS. Anger Management Skills: 1-2p @ BHS. Diabetes Healthy Cooking Class: 5:30-7:30p @ Health Center Kitchen. Young Leaders Youth Krew: 4:30p @ BHS. Freedom From Smoking Session 3: 5:30-7:30p @ Health Center, small conf. room.	21 Grief Group: 1-2p @ BHS. Circle of Security Parenting: 2-4p @ BHS. Express Endurance Class Workout: 5:30-7:30p @ DPP Wellness Center.	22 Early Recovery Skills: 9-11a @ BHS. Another Recovery Technique (ART): 1-4p @ BHS. Community Summit & Garden Party: 9a-4p @	23
24	25 Early Recovery Skills: 9-11a @ Behavioral Health (BHS). Women's Path to Recovery: 1-2:30p @ BHS. Young Leaders Youth Krew: 4:30p @ BHS.	26 Women's Support Group: 10-11a @ BHS. Acu-Detox: 1-2p @ BHS. Creating Process of Change: 2-4p @ BHS. Str8 Rez: 5-7p @ BHS. Express Endurance Class Workout: 5:30-7:30p @ DPP Wellness Center.	27 Circle of Security Parenting: 9-11a @ BHS. Diabetes Alliance Group/Rez Café: 10-11:30a. Call 869-4595 for more info. Anger Management Skills: 1-2p @ BHS. Young Leaders Youth Krew: 4:30p @ BHS. Freedom From Smoking Session 4: 5:30-7:30p @ Health Center, small conf. room.	28 Grief Group: 1-2p @ BHS. Circle of Security Parenting: 2-4p @ BHS. Freedom From Smoking Session 5: 5:30-7:30p @ Health Center, small conf. room.	29 Early Recovery Skills: 9-11a @ BHS. Another Recovery Technique (ART): 1-4p @ BHS.	30



Freedom From Smoking

NEED HELP STOPPING SMOKING?

SIGN UP FOR THE ISLETA HEALTH CENTER'S

Freedom From Smoking PROGRAM NOW!

STARTS APRIL 6, 2016

5:30PM @ ISLETA HEALTH CENTER

98% OF THE PARTICIPANTS THAT ATTENDED EVERY SCHEDULED SESSION, QUIT SMOKING!!




Weekly Prizes!

➔ Nicotine Replacement Therapy for those clinic patients who attend weekly sessions!

➔ Get support from others that are going through the same thing.


CONTACT:
Stephanie Barela @ 505-869-4479
for more information or to reserve your spot in this class!

 Sponsored by the Isleta Health Center




Pueblo of Isleta Community Cancer Support Group

Support the health of your family.
Educate yourself on cancer.
REDUCE YOUR RISK!




We meet every 2nd Tuesday of the month!



Next Meeting:	April 12 th
Time:	10:30am-noon
Location:	Small Conference Room @ Health Center
Topic:	“Coping Skills” with William Abeita

Call Stephanie Barela @ 869-4479 for more information.

Please join us!



Everyone welcome!