



# Isleta Pueblo News

Volume 3 Issue 5

April 2008

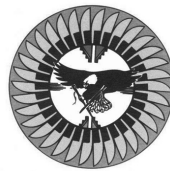
## Governor's Report

As summer nears, hot weather is melting the snow and if you have noticed the banks of the river are starting to overflow its river bed. We are placing our resources of heavy equipment on stand-by in case the river should rise above the levies. The levies were installed around the early 1930's, but were not designed to withhold a heavy volume of water according to the Corp of Engineers. I met with the Corp on several occasions along with MRGCD and other government agencies at which time we were advised that the levies were not up to standard and that plans to reinforce the levies was on the works. I was surprised that the original plans by the Corp to reinforce the levies south of Albuquerque did not include the Pueblo of Isleta; however, the Corp reassured me that Isleta has been included on the project.

Administration is business as usual. We have been attending various meetings here at home, and with other government agencies. On March 19, 2008 the All Indian Pueblo Council (AIPC) met with Mr. Carl Artman, Deputy Secretary, Department of the Interior, at the Indian Pueblo Cultural Center. Funding was the main topic, issues on water rights, education, transportation, economic development, public safety, courts and law enforcement.

On March 23, 2008, I met with Mr. Alvin Warren, New Mexico Secretary of Indian Affairs, on NM Capital Outlay monies Isleta received from the state. Funding appropriated through capital outlay helps fund the park projects, water systems, new library, judicial complex, and also funding for the purchase of vehicles for Head Start, police department, and the Elderly Program.

Administration along with Tribal Council agreed to hold a public meeting on May 10, 2008, at 9:00 am at the Isleta Casino and Resort. Fliers will be sent out to notify all Tribal Members.



## Pueblo of Isleta - Hydrology

Water Resource Protection  
and Development

The outlook for the 2008 irrigation season is very promising. The snow pack as of 2/22/08 for watershed basins contributing to Rio Grande flows at Isleta is well above average. El Vado reservoir at full active capacity holds 180,000 acre-feet of water for irrigation of the Middle Rio Grande Conservation District (MRGCD). This reservoir is currently holding 142,000 acre-feet. One acre-foot (acft) is 325,850 gallons. This volume of water will cover one acre of land one foot deep. The bottom line is the water supply is good for irrigation this year. In fact the MRGCD has enough extra water to begin paying back the Albuquerque Bernalillo County Water Utility Authority (ABCWUA) some 22,500 acft that it used in prior water years. The Pueblo watches closely the water management every year to ensure the Pueblo's Prior and Paramount water rights are not shorted and the entitlement to the natural flow of the Rio Grande is not impaired.

Maintenance on the ditches was also slowed down because of the cold weather, however concrete work was finished on the upper portions of the Ranchitos ditch February 22. Additional work on two crossings and several turnout replacements is currently being done. The west side repairs are planned for completion by the end of the week of March 3. Two areas of concrete repair and three turnout installations are planned in this reach. The Chical area repairs include the replacement of a check structure that was ruined when a truck jumped in the ditch. No one has taken responsibility for the damage so far. We are attempting to work with each of the ditch associations to help with needed repairs.

Governor Benevides will be attending the National Congress of American Indians in Washington D. C. at its meeting the week of March 3, 2008. He will attend a Tribal Water Rights Settlements morning session moderated by John Echohawk, Executive Director of the Native American Rights Fund. Panelists from Congress, government agencies and experienced water rights attorneys will discuss the best strategies in developing and implementing water rights agreements. We look forward to his report on the future of the very important issue facing the Pueblo.

The operation and maintenance of the Pueblos range water wells were impacted by the unusually cold winter temperatures. Windmills left to pump during freezing weather risk breaking of the lifting rods. Whenever possible, please shutdown the windmill during extreme cold weather. If a well is not working properly please call the Hydrology group at 869-9623 and John Sorrell at 220-4176 to report it. Repairs will be scheduled and performed as soon as they are reported.

Several range water wells have been retrofitted with solar pumping systems. These have been test sites and are proving to be cost effective for long-term range water production. An old well (#7) on the community pasture was replaced in January with a new well. The old well was 512' deep and the new well is 708' deep. Water quality sampling and test pumping will precede a final solar pumping system completion this spring. Water line extensions are being built to range water supplies capable of sustained solar pumping. Both the East and West side range water facilities are being improved. To be continued .....

A Source Water Protection Action Plan has been developed and the Program has begun to implement the structural improvements, security and monitoring activities identified in the Plan.

## Attention...

### All High School Graduating 2008 Seniors

The Annual High School Senior Banquet will be held on Tuesday May 6, 2008 at 5:30 PM at the Isleta Eagle Golf Course Banquet Room. If you will be graduating in the year 2008, please RSVP by calling Beverly at 869-2680 or Jeanette at 866-8291.



## Wade Completes Training in the Air National Guard

by Sandra Rambler

Cassandra Ashley Wade, 19, the daughter of Joseph Wade and the late Pamela Aragon Wade of Isleta, New Mexico recently completed her basic training in the U.S. Air National Guard at Lackland Air Force Base in San Antonio, Texas.

Wade's rank is A First Class. She is scheduled to leave on Thursday, March 13 to San Antonio, Texas to further complete her advanced training.

A First Class Wade enlisted on September 11, 2007, and she is the Element Leader in the female flight division. She is a graduate of Los Lunas High School.

Her family include her sisters, Kellie, Taylor Wade and brother Zachary Wade. She is the granddaughter of Cecilia and Myles Wade from Isleta and also the granddaughter of the late Frances Lucero and Ben Aragon.

A First Class Wade says, "I would like to ask everyone to keep me in their prayers. It is an honor to serve our country and our Pueblo of Isleta."

The family would like to express their pride and acknowledge that she is the first female from our families to enlist in the armed forces. We wish her well in all her efforts. May Cassandra and everyone in her unit be safe.

## Comanche Ranch

Hello, From Comanche Ranch

My name is Martin Abeita. I was raised in the Pueblo of Isleta, being adopted in 1966 by a tribal family, and will always consider Isleta as my home. Some of you may know and some may not. I spent most of my younger days around Isleta, but as I got older, I moved north to ranch for a living. Through the years, I have helped many people with their cattle both on and off the reservation. I have also driven trucks throughout my life.

In July 2007, I came home and found that the tribe needed someone to manage the Comanche Ranch. I had in the past applied for the manager position several times when the position was open. I was living up north during these times, and looking back, I am glad that I was not hired when the ranch was first bought. Working on a ranch gave me the experience that I now have. With the experience I now have, I firmly believe that I will do a good job managing Comanche for the people of Isleta Pueblo. I would like to thank the people of Isleta and its leaders for giving me the opportunity to share my ranching experience with the tribe and for treating me as one of your own.

Comanche Ranch Manager, Martin Abeita

## The Comanche Ranch

The ranch was purchased about eleven years ago. This ranch was purchased for its land value. It was a cattle ranch since the 1800's. We all know that the Valencia County area population has had a rapid increase, especially in the last ten years. With this in mind, I am of the opinion that the tribe made the right decision in purchasing this ranch. The value of this land increases daily.

The land to this day is still a cattle ranch. We run around 1000 head of momma cows and over 200 replacement heifers plus our bulls. We run a commercial herd that consists of Black Angus/Hereford cows. At the time, our bulls are Black Angus. Our replacement heifers are Black Angus with motley faces and a few Herefords cross. We run approximately 1500 head of cattle throughout the year. Before calves are shipped in the fall, we run around 2300 head of cattle. I will keep you informed on this year's calf crop.

The resources of the land must be utilized responsibly in order to maintain proper stewardship. This ranch has paid for its operations for this year. Our goal for this ranch is to make it feasible for the overhead of the operation and make a profit in the years to come with an increase of the herd and the quality improvement of the cattle herd.

You will be hearing from me periodically throughout the year, as I will keep you informed on what we have going on at the ranch.

Thank You...Martin Abeita

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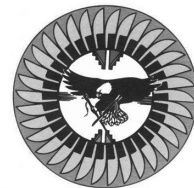
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## Tribal Council Report for May - August 2007

### Housing Issues and Information:

On April 18, 2007, the Tribal Council by motion decided to act as the Housing Board of Commissioners rather than to appoint a separate Board of Commissioners to oversee the Housing Program. On May 10, 2007, the Housing Program presented and the Tribal Council reviewed the proposed amendments to the Ordinance of the Isleta Pueblo Housing Authority, Ordinance No. 98-027, Amended June 23, 1998, to reflect this decision.

Section 7.C.5 was amended from "To lease property from the Pueblo and other governments" to "To lease property from the Pueblo master list and other governments." All other proposed amendments to the Ordinance were also accepted as presented.

### Residential Lease Revisions Mortgage Equity Loan:

The Predatory Lending Law is to allow tribal members to mortgage their residential lease and any improvements on the leasehold interest including obtaining equity loans.

The current Mortgage Code limits the mortgaging of a residential lease on tribal trust lands to obtain a loan for the purchase, construction, rehabilitation or refinancing of a home on the leasehold property. Expanding the scope of the law would allow tribal members to mortgage their leases of tribal trust lands for any equity loan.

The primary concern of expanding the Mortgage Code is that predatory lenders would take advantage of unsophisticated borrowers who would default and lose their residential lease through foreclosure.

The Tribal Council Finance Committee recommends that consumer protection laws be drafted for consideration. Such laws would protect borrowers from being charged exorbitant fees or interest rates and prohibit abusive leading practices. The committee also recommends that the Mortgage Code be amended to allow for mortgaging of a residential lease for equity loans.

### Casino Hotel Construction:

Ken Luna from the 3DI company presented a power point presentation on the status of the project stating that the level 3 concrete has been poured, post-tension concrete slabs have been poured; all milestones presented on May 15, 2007 have been reached. Substantial completion date of the project is still slated for May 1, 2008.

A continuing issue is the incomplete design and the General Contractor is carrying allowances in the GMP submittal to cover the lacking design elements. This project is a design build project.

A Brand Restaurant Presentation by David Hyde, Design Lead & Mark Rosberg, Cunningham Group was made to the Tribal Council. However, the Tribe will invent its own branded restaurant with a three-part design that includes a restaurant, retail stores and a nightclub to be located in the Tiwa at a later date.

The branded restaurant will be multigenerational with local references and tribal activity, featuring local bands and music. Possible name for the restaurant may be 505 Infusion, or 505 Excitement, a name denoting excitement and an infusion of energy. The branded restaurant will feature a sports bar, music, and will open from 5:00 p.m. to 2:00 a.m. Once the name of the branded restaurant is finalized, a copyright will be obtained on the name. Approximate square footage is 7000 square feet.

Jason Spain, Hotel Director, provided the Council with a Hotel & Convention Center Project 2008 Manpower and Training Plan. Briefly, the plan demonstrated that:

- Four-hundred and sixty-nine (469) staff members will be needed with 60% of the staff needing training; no experience required for some of the positions
- Training and hiring may occur concurrently
- Employment rate has not been identified by POI/Casino Human Resources
- Isleta Police Department

force may need to be increased to provide better coverage as well as Emergency Medical Technicians. A Police substation is supposed to be located by the Showroom; discounted food for police officers/emergency medical technicians at \$4.00, same cost as Management, may be offered

- Prescreening criteria: licensing and drug-testing.
- Training time will be modified to accommodate those interested in classes; training area is needed, possibly using trailers where POI programs are currently located
- An Employment Office is needed within the POI - Human Resources Department
- A Web Page will be created for posting detailed job descriptions for each job
- Recruitment for Casino/Hotel/Convention Center could possibly involve shuttle services as well as use of the Rail Runner.

**Art at Hotel:** The Tribal Council was informed on July 19, 2007 that a committee of Isleta artists would meet to discuss how Isleta members interested in creating and submitting pueblo pottery designs for possible selection of designs for hotel rooms.

**A 401 Audit agreement** with Egghart and Associates was presented to the Tribal Council by the Tribal Treasurer and it was approved in the amount of \$12,000; the POI portion will be \$3,400 and the Isleta Casino Resort (ICR) portion will be \$8,600.

**Enterprise Zone Drainage & Facilities Design Contract:** The Pueblo of Isleta and Resource Technology, Inc., entered into a contract to prepare the Master Drainage Plan for Isleta Enterprise Zone. Resource Technology submitted a proposal for:

- 1) Scope of work
- 2) List of identified facilities
- 3) Cost
- 4) Schedule

The proposed drainage management facilities are prioritized into Group A and Group B. Group A facilities

address drainage management for the Casino/Hotel area, and Group B are facilities for the Golf Course.

**One Stop/Travel Center:** The Tribal Council approved Lottery ticket sales at the new One-Stop with payout of lottery sales at 6% plus 1% of each ticket sold. Should the winning Power Ball Ticket be sold at the new One-Stop, the store will be awarded \$50,000. The sale of lottery tickets will bring in more customers and there is currently no competition in the sale of lottery tickets in the immediate area.

The Tribal Council also approved liquor sales at the new and old C-store. Liquor is defined as wine, spirits, and beer. The sale of liquor does not waive sovereign immunity. The Tribe currently has liability insurance to cover the sale of liquor at the Lakes and the liability insurance will also cover the sale of liquor at the new One-Stop.

The current contract with Dial Oil will expire in November 2007. The contract is a year-to-year contract. Should the Tribe approve the Dial contract for the old and new One-Stops, the Tribe will get the signage, painting for the old One-Stop, and in addition, Dial Oil will provide the pumps.

### Tribal Court Issues and Information:

New Tribal (Law and Order) Codes were prepared in 2006 and submitted to the Tribal Council for review and codification. Were they reviewed and/or approved and what is the status? Follow-up on this subject matter is necessary.

On May 18, 2007, the Tribal Council discovered that the Law & Order Code approved by Council in October 2006 was never sent to BIA by Tribal Administration. Follow-up on this issue will continue.

There is a health and housing concern for Truancy and TYP staff. The building presently occupied by the staff of these two programs contains asbestos and has mold on the inside walls. Exposure of staff to these conditions is unhealthy and

*(Continued on next page)*

they need to be moved to another office complex as soon as possible.

Due to the Violence Against Women Act, the Federal Government has placed some burden on tribes to comply with Domestic Violence Codes. The Tribe has a draft that can be reviewed by the Council for future passage. As a matter of information, there is a high incidence rate of domestic violence in the Pueblo. However, women are not the only ones subject to domestic violence; men are sometimes very violent against each other also.

P.L. 109-248, Adam Walsh Child Protection and Safety Act of 2006 gives States the right to enter tribal lands to enforce sex offender registration (arresting unregistered sex offenders, etc.). A Tribal Resolution stating that the tribe has an intent to develop a sex offender registry or are going to enter into some agreement with the State, or another entity is required. Thereafter, Tribes have two (2) years to develop a system. Since the States have already had this requirement for some time, they are prepared to take over this enforcement for Tribes if necessary.

On May 18, 2007, the Isleta Pueblo Council passed Tribal Resolution No. 2007-084 that will authorize the Tribe to participate in the National Sex Offender Registry System and to carry out the functions of the Adam Walsh Act as an Indian jurisdiction and furthermore, that the Tribe does not consent to any state jurisdiction on tribal land under the National Sex Offender Registry System.

#### **Water Rights Issues and Related Information:**

Mr. John Sorrell from the Tribal Hydrology Department met with the Tribal Council to request continuation of legal services on water matters with the Hester & Zehren Law Firm. The present contract ended on April 30, 2007. Mr. Sorrell stated that he has been working with these attorneys to develop and implement a procedure for protesting respective applications from individuals to transfer water rights within the Middle Rio Grande Basin because such transfers are detrimental to the Tribe's interest.

It was noted that Stephanie Zehren-Thomas has been providing more information on water matters to the Tribe than Christopher Leahy. The Tribal Council approved a short-term contract with Stephanie Zehren-Thomas to handle water issues for the Tribe.

On May 18, 2007, the Tribal Council by motion approved an extension of the water attorney contract with Stephanie Zehren for six months at the current rate of pay.

#### **MRGCD June 5, 2007 Election Set**

An Election Set posted April 10, 2007 identified the candidates and polling places that had been approved for the MRGCD's June 5th Board of Directors Election.

Position No. 1 - Director At-Large  
Candidates: Gordon Herkenhoff  
Eugene Abeita

Position No. 2 - Director for  
Bernalillo County

Candidates: Hector Gonzales  
Adrian Oglesby

Position No. 3 - Director for  
Valencia County

Candidates: Jose U. Otero  
Janet Jarratt

**MRGCD Election Results** by Precinct - The unofficial results of the Middle Rio Grande Conservancy District election were prepared by Charlotte Little, Little & Associates, Inc. Briefly, Pueblo votes totaled 1,288 with Isleta votes at 433. Candidate At-Large Eugene Abeita (Isleta) won the seat by 2,952 votes (60.23%) with 85 of 86 precincts reporting at 10:00 p.m., for terms 2007 - 2011.

Stephanie Zehren-Thomas, Water Attorney for the Tribe, presented an overview of Issues & Strategies for Development and Protection of Pueblo of Isleta's Water Rights

Primary and secondary objectives of water rights efforts, identified in 2004 with then Water Counsel Chris Leahy, and strategies recommend to achieve the objectives were reviewed. It was strongly recommended that policies must be set in place before the next drought occurs so the Tribe can maximize and secure access to water.

While the presentation was lengthy, following are some points made regarding Isleta's Water Rights:

- The Federal "Reserved Rights" Water Law is the primary purpose doctrine which is that the amount of water right has generally been limited to what is necessary to fulfill the purposes of the reservation. If you don't use it, you don't lose it
- Reserved water rights is defined as part of the Tribe's inherent sovereignty
- Should the Tribe sell water to Mesa del Sol, this would be considered as an off-reservation transfer of water rights
- Declaratory Right under the State law implies that the Tribe has some pre-1907 rights in NM but the Tribe would not want to associate Declaratory Right with water quantification and would need assurance that the Declaratory Right would not infringe on future water rights
- The Tribe is protesting every Declaratory Right with five (5) protests filed and one (1) more telephone conference pre-hearing set. Protests are an eight (8) to twelve (12) month process
- Protests filed on behalf of the Tribe protect senior water rights by actively monitoring the Middle Rio Grande Basin; and study legal and technical aspects of water management to refine the protest
- The Tribe needs to monitor more water-related activity off-reservation but close to the reservation line such as basalt test holes being drilled on the south side of the reservation, location of water tanks, and understanding the basin hydrology and how water transfers could threaten Isleta's water rights
- The Tribe lacks the internal infrastructure to provide an on-going and consistent way of monitoring and keeping abreast of water activities as it impacts the Tribe; perhaps a Board or Task Force of knowledgeable tribal members including traditional member representatives needs to be established.
- The MRGCD Policies and Procedures that were provided to the Council on June 11, 2007 as an FYI, were deemed as offensive by

the Tribal Hydrologist, John Sorrell, and he recommended that the Tribe not respond as they do not pertain to Indian land.

On June 12, 2007, a recommendation was made that the Council consider extending the water attorney contract of Stephanie Zehren-Thomas to July 2009 to provide some consistency in the Tribe's water efforts. The Tribal Council concurred with the recommendation and approved the contract until 2009.

On July 11, 2007 the Diversion Dam/MRGCD issues were discussed by the Tribal Council. The possibility of the Tribe owning and operating the Dam, the liabilities and obligations, and managing a system that's controlled by someone else north of the Pueblo were some of the issues. Also discussed was a possibility for Paramatrix and Hydroscope to develop a scope of agreement regarding an operating lease for the Tribe. This issue will be discussed on a future agenda item.

#### **Education Issues and Related Information:**

The Tribal Council was briefed and approval was requested to support a grant proposal through the Safe Schools - Healthy Students Initiative that is being initiated by Los Lunas Public Schools. A Memorandum of Understanding (MOU) between the Los Lunas Schools and the Pueblo of Isleta will be prepared and approved accordingly if the Tribal Council agrees to the terms. The grant would provide approximately \$1.5 million annually for a four (4) year grant cycle if it is approved.

The Tribe would benefit with a proposed secondary school counselor and continued Project Venture Program coordination through referrals to the Behavioral Health Department, Truancy Program, and the Law Enforcement Program, if needed. Non-tribal members would be assisted through Valencia County services. The Tribe's in-kind services for the grant will be provided by Liz Lopez, who is the Project Venture Coordinator with Behavioral Health.

The Tribal Council agreed to the terms and approved the request for a grant and MOU. *(Continued on next page)*



**Head Start Program Continuation**

**Grant Application** - The Head Start Director informed the Council that program goals and objectives for 2006-2007 were met; i.e. joint training for Council and Parent Policy was completed, testing of all children transitioning from Head Start to Kindergarten, and Staff Training in all areas. Teachers must possess an Associate Degree by 2008 and by 2011 teachers must have a Bachelor of Arts degree.

The Head Start also received two buses from the State Capital Outlay Funding.

The Tribal Council approved the 2007-2008 Head Start Continuation Grant Application for Isleta Pueblo.

**Other Projects and Related Information:**

Council of Energy Resource Tribes (CERT): The Pueblo of Isleta initially contracted with CERT to provide facilitation services to the Tribal Council in later summer 2006 to assist with developing a strategic plan for the Pueblo. This plan led to a number of other facilitated sessions in 2006. On May 21, 2007, The Governor, both Lieutenant Governors and several staff from the Hydrology and Environmental Departments, and all members of the Tribal Council gathered in Ignacio, Colorado on the Ute Indian Reservation to develop a 10-Year Comprehensive Strategic Energy Plan.

The first afternoon was spent in an Environmental Scan session, sharing information deemed relevant to the energy planning retreat. The following morning, after affirming the Focus Question for the strategic planning effort, the participants engaged in a long discussion which ended with the decision to postpone the strategic planning session and spend their time instead with developing a 1-year Energy Action Plan that would accomplish some immediate impact to benefit the Tribe and allow Council, staff, and community to become better informed to make the kinds of decisions that will be required in completing a longer-term plan.

The results of the action planning were ten solid areas of commitment

with 90-day detailed action plans, including deadlines and assignments for each area.

The ten areas of commitment included:

- Implementing energy audits and a retrofit program that includes looking at energy efficient standards;
- Evaluating current solicited proposals that are still pending and deciding how to handle each one;
- Negotiating favorable rights of ways (ROWs) as they come up for renewal along with any other pending contracts;
- Keeping the community informed about developments relating to energy and other Tribal matters;
- Becoming knowledgeable on energy options;
- Doing a feasibility study on an intra-Tribal transit system;
- Developing economic development policies;
- Exploring the incorporation (or formation) of an economic development entity;
- Completing an energy needs assessment; and
- Cataloging all Council Resolutions and Policies.

**CERT Contract:** The contract with CERT was reviewed and approved by the Tribal Council on July 11, 2007 for continuation in calendar year 2007.

**Travel Event Center:** Construction on the Travel Event Center is scheduled to begin on Monday, May 21, 2007.

On July 2, 2007, Lt. Gov. Frank Lujan reported that due to miscalculations on the earthwork part of the Travel Center project, there will likely be change orders forthcoming. The change order issue will affect the budget for this program.

**Health Clinic:** A Behavioral Health Department will be added to the Southwest side of the Health Center and it will have an estimated 4,000 to 4,500 sq. ft. of space. The cost of the proposed building is approximately \$400,000 and third-party revenues collected from insurance carriers

will pay for the construction.

**An agreement with Catholic Community Services of Arizona** will provide special needs services for the deaf on an "as-needed" basis at the Isleta Health Clinic.

**A contract with Pacific Pulmonary Services** has been negotiated that provides discounted fees for patients whenever they are referred by the Contract Health Services Program at Isleta Health Care Center.

**A credentials verification services agreement** has been negotiated by the Isleta Health Care Center with Hospital Services Corporation and it will be funded with P.L. 93-638 contract funds.

**The Tribal Council ratified revisions to the Isleta Health Board By-Laws** at their meeting on August 20, 2007. The adopted revisions to their bylaws will increase the number of board members from 7 to 9 and will also stagger some of the terms. They reasoned that increasing board members will facilitate attendance to ensure a quorum for each board meeting.

**WIA/ DOL Grants:** Mr. Andrew Teller, Tribal Treasurer, presented documentation to the Council so the Tribe can apply for a Department of Labor Training Program Grant in the amount of \$239,699. The Council approved and authorized the Governor to make application accordingly.

**Elderly Program:** Kathy Black, Director of Elderly Program, presented a proposal regarding a residential care center, designed in the style of traditional Pueblo homes, to accommodate eight (8) to ten (10) elders who require twenty-four hour long term care, to be cared for by certified nursing assistants, with a registered nurse and physician on call. The facility will house private rooms and bathroom and a central living room with an open hearth, a traditional room with a kiva fireplace, and a large kitchen opening onto the living room.

Seven (7) to ten (10) Isleta elders have been identified at any given time, living in either nursing homes or assisted living facilities outside

the reservation. In addition ten (10) to fifteen (15) elders have been identified as residing at home but require twenty-four (24) hour care. This project has involved two-years of planning and the Isleta Long Term Care Facility Planning Committee (LTCPC) is requesting Council's support to endorse the designing, planning, and construction of the facility. The following activities have occurred prior to the request:

- Two community surveys have been completed
- Meetings with Council, Advisory Committee Members, and community members have occurred
- Request for Proposal and Invitation for Bids have occurred to hire an architectural firm
- Four (4) proposals were received upon the closing bid day of April 27, 2007, with the initial plan and design costs to be paid for by an allocated \$75,000 of NAHASDA monies. Bids need to be reviewed for comparison and analysis.

**New Administration and Council Building Design Contract:** Mr. Don Schagel who represents the Rhode May Keller McNamara Architecture, P.C., attended a meeting with the Tribal Council to request a design contract for the new Administrative Office Building and Tribal Council Chambers. He submitted a proposed contract in AIA Standard Form of Agreement between Owner and Architect's Services for construction of the building consisting of 30,000 square feet.

The preliminary drawings will be ready by August 1 and all drawings will be done by November 4, 2007. The buildings that will be located south of the Casino Hotel should be ready for use by November 6, 2009.

**Funds for Tribal Transportation Planning** formerly referred to as Two Percent Tribal Transportation Planning funds are now referred to as 23 U.S.C. 204(j) funds under the new law. The Bureau of Indian Affairs, Southwest Regional Office, granted the Pueblo of Isleta the new transportation planning funds in the amount of \$25,360 for fiscal year 2007.

*(Continued on next page)*

**The Enterprise Zone Infrastructure Upgrade Project** includes the extension of a waterline, wastewater line and a fiber optic conduit to the Isleta Lakes that will cross under the railroad tracks. Therefore, Subsurface Utility Engineering needs to be added to the project contract as Contract Modification No. 2 in amount of \$8,736 with no new funding required.

**The Tribal Council requested our Tribal Attorney, Gary Brownell to draft a Probate Code & a Sample Will,** and to also update the Law and Order Code. The probate code has to include tribal customs, traditions, etc. The intent of a probate code is to ensure that the adjudication is conducted in our Tribal Court instead of being done in accordance with the State of New Mexico Probate Laws.

#### **Tribal Enrollment Committee Information:**

**Enrollment Committee By-Laws** were approved by the Tribal Council as follows:

Each member of the Enrollment Committee must be a currently enrolled member of the Pueblo of Isleta, must be at least 21 years of age, and may not be serving concurrently on the Isleta Tribal Council or in any elected or appointed position, and may not be employed by the Isleta Casino & Resort. In addition, they may not be employed by the Pueblo of Isleta, *if in the normal course of their duties, they come in contact with tribal members other than direct family members i.e., respite care giver, emergency relief.*

**Enrollment Policies:** On July 12, 2007 the Tribal Council approved the Enrollment Policies, as amended, for the Enrollment Department.

**Signatory Authority on Relinquishments** was approved by the Tribal Council as follows:

The Enrollment Committee Chair and Tribal Council Secretary will sign off on Relinquishment after the relinquishment process has been followed by the Enrollment Committee.

Census personnel will do all research on all membership applications.

After research has been conducted, the Enrollment Committee will follow requirements as stated in the Ordinance. The Tribal Council Secretary will then report findings and results to the Tribal Council.

**Member Identification Cards** for enrolled tribal members will be issued when they reach the age of 10.

**Blood Quantum Data** - There are 3,288 Tribal members enrolled in Isleta Pueblo.

**Descendant Identification Cards** - The Isleta blood quantum criteria is 1/4 for descendants and they will be issued identification cards.

**Replacement ID Cards** - There will be a \$10 fee for lost cards.

**Tentative Date for a Public Meeting**

**will be scheduled for October 20, 2007.** The Governor, Lieutenant Governors, Program Directors, and President and Vice-President of the Tribal Council will meet on August 6, 2007 to plan for the meeting.

**Comanche Ranch Operation/ Issues:** On July 2, 2007, a discussion took place on the issues regarding a memo received from Mark Dixon from the Tribal Environmental Department regarding safety concerns for the Tribal fence crew working at the Comanche Ranch area that the Department of Defense has identified as an old bombing site. There are unexploded ordnance scattered throughout the area and have yet to be cleaned up. The Council requested that all fence work be stopped until unexploded ordnance has been cleared from the

area.

On July 11, 2007, several issues related to the Comanche Ranch were agreed upon by Council as follows:

- The width of the road will be thirty (30) feet
- There will be one entrance gate only
- NM Travertine Mines has sixty (60) days to build the road
- It was unknown whether or not the BIA required the road to be surveyed for the fee to trust application process
- No utilities will be allowed on the road nor on the easement

On July 19, 2007, Mr. Martin Abeita was hired (on an emergency basis) by the Tribal Council to manage the Comanche Ranch operations.

# IT'S COMING.....ARE YOU READY FOR IT!

MARK YOUR CALENDARS!!

## Isleta Community Health Fair

### July 19, 2008

at the Isleta Health Center  
9am-Noon

Music by  
Looking at Country  
with Jennifer Jojola

Offering Isleta Community Members:

**PRIZES!!**

**Fun Jump for the Kids!**

**Excitement for All!!**

**EARLY DETECTION AND SCREENING**

**EDUCATION, FRUIT BASKET WALK,**

**RAFFLE PRIZES AND**

**MUCH MORE!!!**

**FREE T-SHIRTS FOR THE FIRST 200 PEOPLE!!!**

For more information contact  
Stephanie Schaefer  
869-4479  
sschaefer@islclinic.net



## 2008 EXPANDING THE CIRCLE (ETC)

'RESPECTING THE PAST & PREPARING FOR THE FUTURE'

June 7th -- 21st

Summer workshops for transition to college

This summary serves as an introduction to an exciting opportunity for Native high school seniors and juniors planning to go to college. The Learning Support Center at IAIA offers a two-week series of residential workshops for college transition—*Expanding the Circle: Respecting the Past and Preparing for the Future*. The program takes place at the IAIA campus from June 7 through June 21, 2008.

As you may know, research studies of college persistence rates support a need for transition strategies for most students who begin college just after high school. The need is particularly apparent for American Indian students. In our work for student success here at the Learning Support Center at IAIA and with colleagues at other institutions, we have learned that the ability to make a success of the often jarring transition from high school to college is critical to student persistence. The difficulty of this transition seems to affect students regardless of academic achievement in high school.

Transition curricula are not new to the education field, and there is also a variety of materials that address the educational and cultural needs of Native students in an educational setting. However, little has been done to combine these components to address the particular needs of American Indian youth in their transition to a post-secondary experience. The *Expanding the Circle* curriculum is designed to offer a structured process and a set of culturally relevant activities that will facilitate successful transition for Native high school students to whichever college they plan to attend.

Post-secondary students who have successfully completed their first year of college are encouraged to apply to be mentors to the 2008 Expanding the Circle high school participants.

If you have questions after reading the summary, please feel free to contact Alissa Chavez, Program Manager at 505-424-2341, or by email at [achavez@iaia.edu](mailto:achavez@iaia.edu).

This summer, 20 program scholarships will be awarded to students selected to participate in the 2008 'Expanding the Circle' pre-college summer program. We are especially seeking current high school juniors and graduating seniors who have a commitment to pursuing higher education and who have shown potential to succeed in higher education. This potential can show itself in any number of ways. For example some students may have a stellar academic record and be less involved in the community; other students may excel in leadership or non-academic personal achievement and not be at the top of their class academically. All applications will be given careful consideration.

**Application Instructions:** Please fill out the **ETC Student Application** completely. In addition to the ETC Student Application you will need to include the following:

> A **one-page essay** (typed, double-spaced) beginning with one of these phrases:

- When I think about the future...
- Something I would like to change...
- My biggest concern about life after high school is...
- I believe in...
- My greatest hope/dream for the future...
- I feel most peaceful when...

> A **letter of recommendation** from a teacher, counselor or member of your community who knows you well and is aware of your plans to pursue higher education.

> A copy of your **unofficial high school transcripts**

Application packet must arrive at our office no later than Friday, May 23, 2008.

Mail to: Expanding the Circle 2008  
IAIA Learning Support Center  
83 Avan Nu Po Road  
Santa Fe, NM 87508

FAX to: 505-424-0909

Email to: [achavez@iaia.edu](mailto:achavez@iaia.edu)

**2008 Expanding the Circle Student Application**  
**Deadline for application: Friday, May 23, 2008**

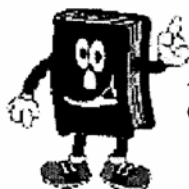
# Higher Ed. Info.

Any New Students Who Plan To Attend The Fall Term, Below Is A Listing Of Documents Required For The Fall Term:

**Application is due July 1, 2008**

Other  
Required  
Documents  
Due  
August 1, 2008

Certificate of Indian Blood (CIB)  
Class Schedule (from University/Institution)  
2008-2009 Student Aid Report (SAR-copy)  
Financial Needs Analysis (from Financial Aid Office)  
Degree Plan (from University/Institution)  
High School Transcript/GED/Diploma  
Rental Agreement/Statement (copy if on-campus housing)  
Acceptance Letter (from University/Institution)



Any Questions Please Call  
Cecelia Jaramillo at 869-2680 ext. 433

### Pueblo of Isleta Public Library

Spring has arrived! Everyone here at the Library hopes you enjoyed your Easter with your family and friends.

Just a quick note: As two staff members will be away at a conference in Las Cruces, resulting in a staff shortage, the Library will be open between the hours of 9:00AM to 6:30PM on the days of April 8-10, 2008.

The Library recently held two picture days for the holidays; one for St. Patrick's Day and the other for Easter. Both days were a success. We want to thank everyone who came out to have their pictures taken. The Easter Bunny thanks everyone as well. She had a great time and hopes to visit again next year. There are still some pictures that need to be picked up. Just stop by the library and ask a staff member for assistance. If you or your child did have your picture taken, you will be asked to sign a permission slip. This slip states that you are giving us permission to use your or your child's photo in upcoming promotional items, such as the newsletter, brochures, fliers and our online profile registered with MySpace.com. All the promotional items benefit the library. Once again, thank you everyone who have already signed the forms.

On March 14, 2008, Jennifer Zuni, Mary Jane Edaakie and Albert Jaramillo-Abeita chaperoned several students on a trip to the movie, "Dr. Seuss' Horton Hears A Who"; and after the movie, dinner at Dion's. This trip was a reward for the students who had worked so hard on completing their homework as well as devoting several hours to reading. Way to go students!

Reminder to students and parents that J.O.M. and the Library are working together on another incentive program; this time it's for bowling and pizza at the Isleta Fun Connection. The same rules apply as

with the movie and pizza; Completion of homework earns a single point; Reading for 15 minutes earns an additional point. Homework must be completed before any additional reading. If a student does not have homework they are encouraged to read for 15 minutes to earn their point. A student can only earn two points in one day by having both homework and a 15 minute reading session. March 17 was the first day the students began earning points towards the bowling. That reward will take place on Friday, April 18, 2008. The last day to earn points is April 17. Currently we have many participants working towards this goal, which we are very proud of. Unfortunately we can only take the first 20 students that reach 30 points. Good luck students!

Mother's Day is coming up and we haven't forgotten about our moms. We will be doing arts & crafts for Mother's Day from May 5-8, 2008. And that's not all. We will be having another photography session on Wednesday, May 7, 2008, from 11:00 AM to 8:00 PM. Once again we will construct our own backdrop and will be capturing the pictures with a digital camera. The prints will be ready the next day after 1:00PM. Those who have not had their picture taken will be asked to sign a permission slip as well. The photos make great Mother's Day gifts. We invite everyone to stop in and give us your best pose for the camera.

As always we like to promote reading here at the library, but we also encourage a break now and then, which is why the staff came up with the idea of Movie Night. Beginning April 2 and continuing every two weeks after, we will be showing a movie; each different from the other. The first movie will be "Ratatouille"; April 16 will be "Transformers"; April 30 will be "Big Daddy". (Movie is subject to

change upon availability.)

On March 11, we began our Story Time and currently we have a small group of young readers. Although much of the participants are children, we encourage everyone to come in; all ages are welcome to come in, relax and share a story. This is a great chance to spend some quality time with your child. If they see you're interested in a book, they will take to that enthusiasm. Please join us; Tuesday and Thursday evenings from 5:30PM to 6:30PM. Story time is not limited to the staff reading to the group; in fact, we love it when one of our group members chooses to sit in the "reading chair" and share their favorite book with us.

The Library Board and Teen Library Board each held their first meeting in February; both at their respective times. This first meeting proved successful and has given a promising future. The adult members addressed all items brought before them; still there are the select few that would have to take a little more consideration, such as the possibility of making the availability of the Albuquerque Journal online. There is a yearly fee and the members chose to think over the reality of the online use. Would people actually use it? The Teens addressed issues regarding the After School Homework Program; as well as the rules and codes of conduct while attending the library. However, both boards addressed and agreed upon the many suggestions of DVDs and CDs to be placed on the shelves for check out. Though these two boards operate as separate entities, they serve the same purpose. They are the voice of the community. If there is a particular book, magazine, DVD, CD that you'd like to see in our collection, just speak with them. They will bring it to the attention and discuss the possibility of adding it to the collection. The adult Library Board will have their next meeting

on Wednesday, April 9 at 5:30PM and the Teen Library Board will be meeting a week later on April 16 at 4:30PM.

Mother Earth provides us with so much and we seldom give back. This year Earth Day falls on Tuesday, April 22. In observation of Earth Day we will plant flower seeds for our participants to take home. A pack of seeds will also be given to you to beautify your home.

As some of you might know, the Isleta Pueblo Newsletter is now available in PDF format. All you need is a valid e-mail address and Adobe Reader, which you can download for free at [www.adobe.com](http://www.adobe.com). Just send us a message (through mspace.com) or an email, letting us know that you would like the monthly newsletter e-mailed to you. E-mail requests should be sent to [poi\\_library@hotmail.com](mailto:poi_library@hotmail.com). Please include your first and last name and the e-mail address you would like the newsletter sent to. We will add you to our distribution list and send out the newsletter as soon as it's available to us. Please remember that the distribution address will be different from the library's primary e-mail ~ so any comments, request, messages, etc, received in that inbox will be deleted immediately. Should you need to contact any of the staff at the library, feel free to reach us at [poi\\_library@hotmail.com](mailto:poi_library@hotmail.com) or at the library's telephone number.

The latest news concerning the Library, its policies, hours of operation and contact information can be found on the Library's Myspace profile page at [www.myspace.com/isleta\\_pueblo\\_library](http://www.myspace.com/isleta_pueblo_library). Isleta Pueblo Public Library

Contact Information:

Phone Number: (505) 869 - 8119

Fax Number: (505) 869 - 7690

E-mail Address: [poi\\_library@hotmail.com](mailto:poi_library@hotmail.com)

Web Address: [www.myspace.com/isleta\\_pueblo\\_library](http://www.myspace.com/isleta_pueblo_library)

Operation Hours:

Monday-Thursday: 8am - 8pm

Friday: 8am - 4:30pm

Saturday & Sunday: Closed



Christina Zuni is all smiles for St. Patrick's Day.



Say "Cheese" everyone!





Several students of the After School Homework Program doing some arts and crafts.



The Easter Bunny takes time to have her picture taken with the classroom.



Estevan and Nadia Abeita posing with the Easter Bunny.



The kids are excited to see "Horton Hears A Who"

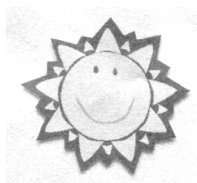


Alex Edaakie enjoys his reward.

# 2008 SUMMER PROGRAM

Presented by  
the Department of Education / Johnson O'Malley

**June 9th, 2008-August 1st, 2008**



## ***Activities include:***

- ***Field Trips***
- ***Garden Project***
- ***Fishing***
- ***And More***

**The DOE/JOM Summer Project is open to all Native American Students K-12.  
Registration starts at the beginning of April and closes on May 16th, 2008.  
Space is Limited !**

If you or someone you know would like to sign up for the summer program or have any questions, please call Jennifer or Bernadette at 869-2680.



## RECREATION

Now that spring is here, the participation in the Recreation programs continues to remain high. Many of you are continuing your New Year's Resolutions and that's great. Many of you just want to get ready for the hot weather that will bring out the shorts and bathing suits. You all have the perfect opportunity to get in shape and stay healthy and hopefully keep diabetes and obesity in check. Too often, when diabetes and obesity are talked about, we as Native Americans are talked about as the high-risk end of it. Let's stay strong, continue to workout, watch our diets (eat healthy) and get all of our young children doing the same thing, **EXERCISING**. We can make this a statistic that we can all live without. What do you say, we all do it together!

### Spinning Classes

For those of you that have been actively involved in our daily spin classes, you have already noticed our new spin bikes. Our Council approved the purchase of 6 much-needed new bikes at a tune of almost \$8,000. Council, we all thank you for these bikes that are already being used at a record pace. Hopefully, in the near future we will get to replace all the old bikes that have many thousands of miles on them.

### Park Management

We recently completed the park at Pickle Heights. It turned out absolutely beautiful. However, it will remain closed until the grass is completely grown out. We expect that to be somewhere in early May. Please be patient with us. We also have recently begun the refurbishing of the old park in the Chical Neighborhood. This park in the next few weeks will begin a much-needed transformation that will make all the residents proud to have such a park located in their neighborhood. That park will also have some grass with automated sprinklers, shade structures, barbecue grills, water fountain, and a parking lot. We will also be reconfiguring the playground equipment that is already there. Pictured below is Park Superintendent Robert Lujan along with Assistant Park Superintendent Robert Apodaca doing an inspection of the recently completed park at Pickle Heights.



### Special Events

Every Wednesday on early release day, the New Rec. Center continues to offer special events that take our children out to places like the Museum, Albuquerque Zoo, Movies etc. just to name a few. All we ask is that the child sign up prior to the event and get permission slips signed by the parent or guardian. On March 24th and 25th during spring break we also took children to the Fun Connection and the Albuquerque Zoo. We apologize for the rest of the week of spring break but the New Mexico Senior Olympics for Indian Country took place at the New Rec. Center. This resulted in having the rest of the program closed to insure the safety of the Elderly was not jeopardized in any way. These Senior Olympics were very well attended by many of

the Tribes from throughout New Mexico. We had most of the staff assisting with the Olympics to also insure that we the Pueblo of Isleta were placing our best foot forward and show-casing our beautiful facility. Many of our visitors were absolutely amazed with our facilities and wondering why they didn't have facilities like this on their Reservations. This I believe is a great compliment to our fore-fathers, Governors, and Councilors who had the vision to plan and follow through with our building plan that ultimately affects all residents, especially the children from the Pueblo of Isleta in a positive way. Pictured below are many of the Elderly involved in Shuffle Board, Pitching of Washas, and the Health Fair that was all Part of Senior Olympics.





## LLHS/VALENCIA HIGH SCHOOL

### TITLE VII INDIAN EDUCATION NEWS

Spring break is over and we have only eight more weeks for the 2008 school year. Seniors count down towards the last 36 days of your high school year!!!!!! Students please make sure to stay on top of all your classes as the days will past quickly. Tutoring is still available at the Isleta Department of Education complex and here at the high school with arrangements made with your classroom teacher. Make these arrangements for tutoring as soon as possible.

#### DATES OF ACTIVITIES..

April 3... Senior parents/grandparents/staff/ Native American Club Pow-wow planning meeting at 6:00 pm in the LLHS cafeteria. We are asking for ALL families to help plan for this event.

April 3. .National Honor Society. Induction ceremony @ 6:00 pm in the school auditorium.

April 4... CNM Open House.. CNM will host a open house for all students attending school at their campus, starting @ 9:00 am

April 4 & 5.. LLHS cheerleaders will be competing at the UNM Pit. Two of our Isleta students, Stephanie Gonzales, Junior, and Ashley Jiron, Senior, are on the team. GOOD LUCK LLHS CHEERLEADERS!!!!!!!

APRIL 7.. LLHS Golf Team will host their tournament at the Isleta Golf Course. Harold Jiron, Junior, Christopher Armijo, Junior, Vaquel Seaton, Senior, Jessica Bridge, Junior and Kattie Nez, Junior, are all on the LLHS Golf Team..GOOD LUCK TEAM!!!!!!!

APRIL 9. ..LLHS College/Career Day, 8:00 am to 12:15 noon, for all grades to be held in the main gym.

April 10 ... New Mexico Coalition Against Domestic Violence class presentation. "Our Circle is a Violence Prevention Education Program," designed for young adults, which focuses on the issue of teen dating, self-esteem and power control violence. The Isleta Pueblo Social Services ( Ms. Lynn Gomez/Chavez) LLHS Title VII Indian Education help sponsor these presentations for students here at LLHS.

April 11... Senior Panoramic Picture Day @ 12:20 at the football field.

April 12.. LLHS Native America Club 7<sup>th</sup> Annual Senior/parents/grandparents/staff Pow-wow starting @ 1:00 pm until 10:00 pm at the Isleta Pueblo Recreational Complex. This Pow-wow is for ALL 2008 graduating Seniors. Please come and support our graduating Seniors and parents.

April 14.. UNM Junior Day. UNM will host juniors on a visit to UNM and meet different educational department representatives.

April 14..Academic Letter Ceremony @ 6:30 pm in the LLHS Gym.

April 24..PROM fashion show during lunches.

April 25..Last day for PROM Tickets and Guest Forms due by 1:00 pm.

April 28—May 3..PROM Safety and Prevention week sponsored by LLHS, YDI and Valencia County DWI Task Force.

April 28..Final Graduation Meeting for seniors and Parents @ 6:00 pm

April 30..Yearbook distribution night 6:30 pm-8:30 pm in the cafeteria.

May 3...PROM 2008 from 7:30 pm-11:30 pm followed by Post Prom Party at the Movies from 12:00-3:00 am

May 6... LLHS Title VII Indian Education and Isleta JOM Senior Banquet @ the Isleta Golf Complex.

May 11..Mothers Day Mass for Seniors/parents @ St. Augustine Church, Isleta Pueblo, 10:00 am Graduates are expected to wear full graduation attire for the Mass

May 11 Baccalaureate @ 2:00 pm in the LLHS auditorium.

May 14..Final day of school for seniors: countdown @ 2:25 pm in the front patio.

May 15..Seniors Honors Ceremony @ 6:30 pm in the main gym.

May 17..GRADUATION 2008 @ 9:00 am @ Willie Chavez Stadium

As always, we continue to invite parents to be involved as much as possible in your child's education. Together we can make a difference. If you have any questions/concerns, feel free to call Mr. Analla, LLHS Indian Education, Title VII Office @ 865-4646 ext 272,e-mail b.analla @llschools.net



<b>APRIL is CANCER CONTROL MONTH</b> <b>Early Detection is the Key to Beating Cancer</b> Cancer is the <u>second leading cause of death among Americans</u> . It is important to do what you can to help prevent this disease. The easiest and most important thing is to find <u>cancer as early as possible</u> . This is done usually by different early detection methods. Below are several of them.			
Cancer	Risk	Early detection	When to get tested
Colorectal Cancer	Personal or family history	Screening	Mid age or earlier if dr. suggests
Skin Cancer	Family history or frequent sun exposure	Inspect skin regularly for growths or changes	Ask your doctor
Oral Cancer	Smoker or excessive alcohol consumption	Regular check ups at the dentist and doctor.	Ask your doctor or dentist about checking the tissues I your mouth as a part of your routine exam.
Prostate cancer	Increases with age.	No symptoms until later stage. Blood test and a digital rectal exam.	Regular screening that you should ask your doctor for.
Breast Cancer	Personal and family history.	Monthly Self Breast Exams. Medical exam and Mammograms	Women in their 40s should receive mammograms.  Women in their 20s and 30s should have a clinical breast exam (CBE) by their doctor, preferably every 3 years. Starting at age 40, women should have a CBE by a doctor every year.
Cervical Cancer	<ul style="list-style-type: none"> <li>• Giving birth to many children.</li> <li>• Having many sexual partners.</li> <li>• Having first sexual intercourse at a young age.</li> <li>• Smoking cigarettes.</li> <li>• Oral contraceptive use ("the Pill").</li> </ul>	Pap smear test	Done during routine pelvic exam.
Uterine and Ovarian Cancer	Abdominal pain, abdominal bloating or abnormal bleeding.	Not found by Pap Smear.	Talk to your doctor if concerned.
<b>CONTROL YOUR RISK FOR CANCER BY BEING AWARE</b> <i>Adapted from Maureen Welcker's, " Early Detection Helps Defeat Cancer," Nov/ Dec 2005. Deacon Digest.</i>			

## Johnson O'Malley Outdoor Science Summer Program



The Johnson O'Malley Program is offering an Outdoor Science Program for students grades K-12. During the summer, the students will participate in different hands- on activities in and around the Isleta Pueblo. They will be visiting sites along the Rio Grande River and become familiar with the different plants and animals that occupy the area. We will be conducting many different fun and exciting experiments throughout the summer. A different topic will be studied each week and at the end of the week we will be taking the students on field trips related to that topic or have guest speakers come and have presentations. We are looking forward to going out into nature, getting our hands dirty, and learning about our environment outside of a classroom.

The program will also be working with the Elderly Center to plant a garden consisting of fruits and vegetables that are native to the pueblo and New Mexico culture. The students will be given journals to record experiments and activities and document interesting facts they learn from field trips and presentations. They will learn to use scientific tools like microscopes to look at water, or binoculars to observe the wildlife of the Rio Grande. We have many more fun things planned for this summer so please let us know if you have any questions!

The Outdoor Science Program will be lead by the JOM Tutors, Jennifer Zuni and Bernadette Correa, and will start on June 9<sup>th</sup>, 2008 and end on August 1<sup>st</sup>, 2008. Registration is now open and if you are interested in signing up your child or children, please feel free to stop by the Department of Education and pick up a registration/information packet. *There are limited spaces available in the program so please turn in the registrations as soon as possible. ALL registrations must be submitted by May 16<sup>th</sup>. 2008.* Or, if you have any questions please feel free to call either Bernadette or Jennifer at 869-2680.



WIC NOTES

Basic Newborn Care

Breastfeeding

Your decision to breastfeed is the natural and best choice for your baby.

Routine matters:

- > Breastfed newborns need to nurse frequently—at least eight times a day, every two or three hours on average.
- > But all babies are different; so don't be surprised if your infant wants to nurse only an hour after his last feeding.
- > At night, don't let your baby sleep longer than five hours without nursing until she is at least a month old.
- > Allow your baby to finish nursing at the first breast first, then offer the other breast if baby still seems hungry. Letting your baby finish at the first breast allows her to receive the high calorie hindmilk.

New moms often don't feed their babies until they cry, but tears are actually a sign that you have waited too long. Some babies will even become exhausted from sobbing and end up nursing poorly by the time they are finally brought to the breast.

Early signs of hunger:

- arousal from sleep
- flexing of his arms and legs
- rooting
- bring a hand to his mouth and
- moving his mouth or tongue.

Newborn Skin

Most infants experience some temporary rashes and blemishes within a few day or weeks after birth. These conditions are nothing to worry about. In most cases there is no treatment. Your baby's skin will clear on its own.

**Cradle Cap-** Is brownish-yellow crusty patches on the scalp, forehead, and eyebrows and behind the ears.

**Treatment:** Apply a doctor recommended dandruff shampoo for 5 minutes; rinse, dry and brush off scales w/ a baby brush.

**Infant Acne-** Pinhead-sized pimples (white or yellowish dots on a red base) on your baby's face, back, chest, or belly.

**Treatment:** None. Creams and ointments will just irritate your baby's skin. The acne will clear on its own in a few weeks.

**Milia-**Little white bumps on the nose, forehead, and cheeks. These whiteheads look raised but are actually flat to touch.

**Treatment:** None. Just keep your baby's skin clean and dry and they will go away in two to four weeks.

**Miliaria-** A raised rash of small clear or white fluid-filled blisters that result from skin secretions.

**Treatment:** None. Just keep your baby's skin clean and dry, and it will disappear within two weeks.

**Toxic Erythema-**Red splotches with yellowish-white bumps in the center that appear the day after birth. Similar in appearance to insect bites.

**Treatment:** None. Keep your baby's skin clean and dry, and they will disappear within two weeks.

Mini-Manicures

Your baby's fingernails grow so fast that they can actually be a danger to her. Still, bringing a sharp object near those tiny fingers is nerve-racking for new moms. Use baby nail scissors, which are less likely to hurt him if your aim is off. The best times to attempt a manicure are after a bath when her nails are soft or when she is sleeping and more apt to lie still. Gently press down on the pads of her fingers before you clip so the skin isn't in the way. Between trims, use a soft emery board to smooth rough edges.

Bath Time

Until your baby's umbilical-cord stump falls off, you should give him sponge baths only. Put a waterproof pad or a thick towel on the floor or on the table and gather your supplies: Two bowls of warm water, washcloths, and a baby cleanser. Gently rub your baby with a wet washcloth, being sure to clean the creased in his neck, arms, and legs. Use soap only on parts that seem especially dirty- and not on the face- then rinse with a clean washcloth. Dry him right away so he won't get cold.

Postpartum Depression

Mothers that have symptoms of major depression that last longer than two weeks have postpartum depression. It is important new moms talk about their feelings with family, friends, and their health care providers. You should bring up your feeling even if your doctor does not ask.

New mothers should seek help if they have any of the following signs:

- > Feeling very sad, anxious, or cranky
- > Emotional stress that interferes with caring for self or family.
- > Frequent crying.
- > Not feeling up to doing everyday tasks.
- > Loss in interest in food, or overeating.
- > Loss of interest in grooming (dressing, bathing, fixing hair).

- > Trouble sleeping or sleeping too much.
- > Loss of pleasure or interest in things that use to be fun or interesting.
- > Trouble concentrating or remembering things.
- > Trouble making decisions.
- > Overly worried about new baby or lack of interest in new baby.
- > Thoughts of self-harm or suicide.
- > Fear of harming your baby.

Is postpartum depression the same as the "baby blues"?

No. The baby blues usually begin 3-5 days after delivery and may last up to two weeks. The symptoms, liked trouble sleeping, crying, sadness and mood changes, go away on their own.

About 7 out of 10 new moms will have some symptoms of the baby blues.

Heidi Lanes

WIC Nutrition Coordinator

Some content condensed from baytalk volume 1 2008

Baby Basics Birthing Class

For any expectant moms, the Isleta Health Center will put on our next Baby Basics Birthing class in late July, so contact Stephanie Schaefer to sign up, 869-4479.

We'll discuss breathing exercises, comfort measures, breastfeeding and MUCH MORE.

SIGN UP NOW!!

Thanks to Kristyn Yepa, Janette Kiraly, Carolyn Abeita and Dr Cumby, the birthing class on March 19th was great!!

# Health Beat

## NEW FACES at THE CLINIC

Health Educator: Stephanie Schaefer, 869-4479  
The Isleta Health Center has several new employees at the clinic and I wanted to let them introduce themselves to you. Please come into the Clinic and meet these new FACES:



Hi! My name is Anne Vardy and I've lived in Los Lunas all my life. I have been in the optometry field for 6 1/2 years. I am the new optometry tech in the optometry clinic at the Health Center. I am looking forward to working with your community.



Hello, my name is Bridget Baca. I am the new Medical Records Manager for Isleta Health Center. I am from Los Lunas and have worked for many years in the medical field. I am glad to be a working part of this community, and look forward to working with everyone.



Hi, my name is Traci Tafoya. I am a new MA in the Medical clinic. Before working here, I was a MA at UNMH for 3 years. I am a tribal member of Isleta Pueblo and I am happy to be here.



Hi, my name is Melinda Ivey. I am the new registered nurse in the Medical Clinic, before I came to work for Isleta Pueblo I worked at UNMH as team leader for the medicine specialties clinic.



Hi, I am Dawn Elkins M.A. I have been a Medical Assistant for 16 years and in the last 6 years I have worked in podiatry. I have also worked in family practice and internal medicine. I live in Lemitar, NM with my nephew and commute to work with the dental hygienist, Donna Ulibarri Peralta.

1-877-725-2552  
24 Hour Nurse Advice Line  
*Free*  
for all Isleta Health Center Patients

- Call any time of the day
- Don't waste time going to the Clinic for minor health problems, call and find out what to do.
- Get quick and accurate medical advice
- Don't call 911 in for minor problems, call this number and find out what to do.





## American Legion Post 209 Meeting...

A lot of things are happening at the American Legion Post 209, and the Saturday, 19 April 2008 meeting at 1000 is very important. We need all Post 209 Legion members, as well as any veterans who may want to join the Post 209, to attend.

The end of Legion officers' one year term is soon to expire. During the April meeting we will have nominations for Commander, Vice-Commander, Finance Officer, Adjutant and Sergeant-at-Arms. Elections will be held during the May meeting. Every Legion member should have by now received information and a ballot in the mail.

The next important items for discussion will be the park dedication in the Pickle Heights-Sunset Hills area, and also, the always continuing renovation work on the American Legion Post.

Theresa Zuni has moved to work for the NM Veterans Commission, and, for any questions on veterans issues, she can be reached at 841-5559, and, or call Ulysses at 869-2680.

## Freedom From Smoking



**Quit Smoking in 8 Sessions**  
**SIGN UP FOR THE NEXT CLASS**

**Free Nicotine Replacement**

**Therapy for all tribal members**

**Contact Stephanie Schaefer,**

**869-4479**

## Chance of a Lifetime

I would like to recognize my daughter, Ashlee Abeita, a junior who attends Albuquerque High School. She has been in JROTC since her freshmen year. The unarmed drill team is the first Army JROTC team from New Mexico to compete in the National High School Drill Team Championships. The competition will be held in Daytona Beach, Florida - May 3, 2008. Two years ago, the team got second place in the state competition, which qualified them for the regionals. Last year they took fourth in regionals, qualifying for nationals. They practice every day during school and on Sundays. They will also have the state drill meet at Albuquerque High School on April 12. They have been recognized in the Journal, February 26, 2008 and on KRQE News March 18, 2008. We are very proud of them and their accomplishments. Good luck to the whole team!

Very proud parent! Love you Ashlee!

Renee Anzara

## FOR SALE

Male Chihuahua 2 years - Tan and White, House-Trained  
— \$150 Call Clifford at 304-9936

## WANTED

Junk Cars & Trucks  
Will Haul Away for Free  
Will Pay Cash on Titled Vehicles  
Call Pat at 452-7980



## ISLETA EMS needs your HELP!!!

Please fill this out and return it to the Clinic or the Police Dept.

**Does the 911 dispatch system have your correct address and phone number?**

**If not, will they get to you on time in an EMERGENCY?**

Please turn in your Address and Phone #s to either the clinic or to the Police Department/911 Department so we can update your information, or call Angie (A-L) or Cornelia (M-Z) at 868-3200. 911 tries to update the addresses every 6 months, however we need your help in doing this!!

Name \_\_\_\_\_ Nickname \_\_\_\_\_

Physical Address \_\_\_\_\_

I do not know my physical address ☐

PO Box \_\_\_\_\_ Phone# \_\_\_\_\_

# of people in house \_\_\_\_\_ and # of phone lines in house \_\_\_\_\_

What to do when you are experiencing an emergency:

1. Call 911
2. Tell them you are in Isleta and then give them your physical address
3. Then state your complaint, i.e. crash, medical issue, etc
4. Then give them your age and medical History

**Please make sure your House # is visible on your house so that in an Emergency, EMS can reach you quickly, If you do not have a house #, then please contact the EMS 911 dispatch in order to receive one. This information will be shared with Health Departments, EMS and 911 Dispatch ONLY.**

May 2008

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
American Stroke Month	Asthma and Allergy Awareness Month	Healthy Vision Month	National High Blood Pressure Education Month	1	2 y	3
4	5	6	7	8	9	10
11	12 Woman Check Up Day	13	14	15	16	17
18	19	20	21	22	23	24
National EMS Week						
25	26	27	28	29	30	31

ISLETA PUEBLO NEWSLETTER  
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