Solution States States

Volume 7 Issue 5

From the Desk of Governor Frank Lujan

As we are now into spring and we encounter warmer longer days, let us make a sincere attempt to develop warmer and good long lasting feelings amongst each other, to develop a peaceful, caring social environment. And as the days get warmer and longer, we tend to spend more time outdoors and be more carefree...let us be safe. As indicated by the below project descriptions we have made great progress for the good of our Pueblo. Keep in mind that we are here to serve you, and we will strive to do better and work harder.

ST. AUGUSTINE CHURCH RESTORATION WINS AWARD

The restoration of the St. Augustine Church has been awarded the Architectural Heritage Preservation Award from the State of New Mexico Historic Preservation Division and the New Mexico Heritage Preservation Alliance. The award is given for the preservation, restoration, stabilization or rehabilitation of historically significant buildings, structures and objects or other efforts to protect them. Receiving this award recognizes the efforts and contributions of Crocker Ltd., Neil Carter and Associates, and the Pueblo of Isleta for maintaining the church's history, its preservation, and architectural design. It is quite an honor to receive this award especially when no funding or consultation was provided by any state or federal agency. It is a testament to the working relationship among the project teams and committees of Crocker, Carter, and Isleta who participated on the restoration which made all this possible. The 40th Annual Heritage Preservation Awards Ceremony will be held May 18 in Santa Fe.

FIRST NATIVE AMERICAN SAINT WILL SOON BE CANONIZED

Archbishop Michael J. Sheehan of the Archdioceses of Santa Fe and Father George of Saint Augustine Church visited with Governor Frank Lujan to announce that Saint Augustine Church has been selected to have a permanent shrine for blessed Kateri Tekakwitha, who is about to become an official saint of the Roman Catholic Church. A pilgrimage to the Vatican in Rome will occur on October 21, 2012 when Kateri Tekakwitha will be officially canonized as the First Native American Saint, thereafter a celebration is planned in Isleta Pueblo on November 11, 2012, to place a permanent shrine

for Saint Kateri Tekakwitha in our beloved Saint Augustine Church. Governor Frank Lujan expressed deep gratitude and appreciation for the honor bestowed upon our people in being selected to have the permanent shrine for Saint Kateri Tekakwitha.



ISLETA CEMETERY EXPANSION

A planned project to expand the Pueblo cemetery is near to becoming a reality. Negotiations with land owners, who own property adjacent to the existing cemetery, are promising in the acquisition of property for the planned expansion. Governor Frank Lujan wanted to publicly acknowledge community members: Pat Olguin, Seferino R. Abeita, Gregory A. Abeita, William P. Abeita and Michael L. Abeita for their contribution to the community. Site development for the cemetery expansion will occur in the very near future.

PUEBLO OF ISLETA FUNDED CAPITAL PROJECTS 2012 - 2015

On April 20, Tribal Council approved the Pueblo of Isleta-Funded Capital Projects 2012-2015. This 4-year plan calls for: 1) design and construction of the Transition House in 2012; 2) re-development of the Elderly Facilities Site in 2012; 3) design and construction of 2 units of the 10 bedroom Long Term Care Facility (or Assisted Living Facility) in 2012-2013; 4) design and construction of the new Elderly Center in 2012-2014; 5) design and construction of the Reception Hall in 2012-2013; and 6) design and construction of St. Augustine Church new Office & CCD Building in 2012-2014.

Thanks to Tribal Council's support and funding appropriations for those needed and vital Tribal facilities, we are working hard to put them on the ground as expeditiously as possible.

May 2012

The Transition House will be built in the Village by the end of this year. To accommodate construction of the Long Term Care Facility and the new Elderly Center, the 3-acre Elderly Facilities Site, including the existing Elderly Center, will be re-developed this summer. An architect has been selected to design the 2-unit Long Term Care Facility and the new Elderly Center. Construction of the Long Term Care Facility will begin late this year and complete next summer. The new Elderly Center will be built in 2014.

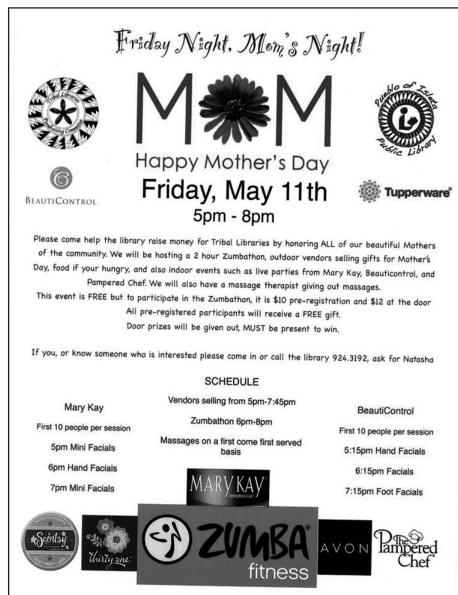
This year a Reception Hall will be designed and is proposed to be located at the former Elementary School site to accommodate Tribal members' receptions for birthdays, weddings, graduation, etc. It is estimated that the hall will be built in 2013. At St. Augustine Church, the existing Office and CCD Buildings will be demolished and re-built on the same site in 2013-2014.

CEO FOR HARD ROCK CASINO AND HOTEL ALBUQUERQUE

A CEO for the Hard Rock has been selected and we are presently in final contract negotiations with this person. We hope to be able to announce the selection, after acceptance of terms by both the Pueblo of Isleta and the CEO candidate. We will keep you posted.

DITCH SAFETY

Just a safety reminder to parents, grandparents and care givers of children: The ditches are back in operation for the 2012 irrigation season and we urge everyone to be careful not to become victims of the "Ditch Witch". Please warn your little ones to stay away from the ditches, running water or not.



ISLETA TRIBAL ENROLLMENT/CENSUS OFFICE ATTENTION: INDIVIDUAL INDIAN MONEY (IIM) ACCOUNT HOLDERS

The Office of Special Trustee (OST) for American Indians in conjunction with the Isleta Tribal Enrollment/Census Office is attempting to locate Isleta Pueblo tribal members with an Individual Indian Money (IIM) account or for whom per capita judgment funds are held.

There are two lists: one contains the names of adults whose whereabouts are unknown and their per capita share is held in a tribal trust holding account, the other is a list of individuals with an IIM account whose current address is unknown.

Minors with an IIM account may access their funds upon reaching 18 years of age, providing they are able to manage their financial affairs on their own. Individuals not able to manage their financial affairs, as defined in 25 CFR 115.002, should be reported to the BIA Social Services, Southern Pueblos Agency, at (505) 563-3748 at least 120 days prior to their 18th birthday. The Social worker will need to assess whether the individual's account should be supervised as an adult.

The Tribal Enrollment Office has the form OST 01-004/6 to give any minors who reach the age of 18 to complete for access to their account. The account holder will need to sign and date the form on or after their 18th birthday. The account holder may request all of their IIM funds and the account will be closed or they may request a voluntary hold. Under the voluntary hold option, the account holder may request funds for a one time disbursement, indicating the amount to be disbursed, or they may schedule payments of their IIM account funds. The frequency for the scheduled payments may be disbursed monthly, quarterly, weekly or bi-weekly, indicating the exact dollar amounts. The payments may also be made to a third party.

The account holder may also choose a method of payment in the form of direct deposit or by check, which will be mailed to the address indicated on the statements that were mailed to the account holder by the OST.

For information on updating your account, or to request a form, please contact April V. Abeita, Tribal Enrollment Coordinator at (505) 766-6624 or Peter J. Fredericks, Fiduciary Trust Officer at (505) 563-3564.

ADDRESS UNKNOWN/MINORS/ADULTS

Isleta Pueblo members with an IIM whose **address is not** current or is unknown as of April 23, 2012.

Last Name	First Name	Middle Name
Abeita	Amber	
Abeita	Joann	Christine
Abeita	Ryan	
Abeita	Terrence	Μ
Anzara	Shawn	С
Benavidez	Sterling	L
Chewiwi	Dawn	
Cuestas	Ray	Р
Garcia	Cheryl	J
Garcia	Steven	E
Garcia	Phylicia	
Garcia	Ryan	J
Jojola	Clarise	Ν
LeBeau	Kitu	\mathbf{S}
Lente	Gabrielle	Ν
Lente	Sara	А
Lente	Sierra	\mathbf{S}
Lente	Steven	J
Lucero	Jacob	Р
Montoya	Thur-Shaan	J
Montoya-Jojola Jr.	Andrew	Μ
Olguin	Trinity	Ι
Ramirez	Laticia	J
Valdez	Cody	С
Yalch	Justin	А

Paternity OrdinanceCommunity Meeting

Saturday, May 12, 2012 Hard Rock Hotel Ballroom 9:00am to 11:00am. This will be the Community's opportunity to provide comments or questions regarding the Paternity Ordinance.



JOB ANNOUNCEMENT Executive Director Open until Filled - Salary Commensurate with experience

Executive Director

Tiwa Lending Services, Inc. (TLS), a Native American CDFI located on the Pueblo of Isleta, is seeking a qualified candidate for the position of Executive Director. TLS is a non-profit focusing on providing lending products to the Isleta Pueblo community. The qualified candidate should possess the following:

• A minimum of 10 years progressive experience in management and/or leadership preferably in the finance industry.

• A minimum of 5 years progressive responsible experience in management and leadership roles in private business. May substitute up to 5 years Tribal and other Government experience for private business experience.

• Ability to administer private, nonprofit corporations, including an understanding of the legal responsibilities and constraints of such corporations.

• Experience in grant writing and managing grants, contracts, and donations.

• Experience in financial management, fund accounting and reporting including automated processing systems.

• Excellent communication skills including strong writing, speaking, and listening skills.

Ability to lead meetings and delegate responsibilities.

• Experience in establishing and maintaining effective working relationships with tribal, federal, state, regional and local agencies/corporations, community leaders, and the general public.

• Ability to work with people from varied cultural, economic and educational backgrounds, specifically rural American Indian reservation communities and tribal members.

• Knowledge of the principles and practices of financial analysis, mortgage and credit loans, and auditing procedures and terminology.

• Candidate must obtain or possess a New Mexico driver's license and be willing to submit to a criminal background check upon hire and pass standard drug tests.

Interested persons should submit a resume and two professional references to the Board President, Ted Pedro, at tedpedro@nmnabec.org. The American Indian Chamber 2401 12th Street NW Ste 5 South Albuquerque, NM 87104.Questions regarding this announcement may also be directed to Mr. Pedro at 766-9545.

Woo Hoo!!!! They're here...by that I mean the Channel Catfish...they swim in the morning...so Isleta Lakes has officially started the catfish season!!!

The Channel Catfish Are Here! Both sunrise and Turtle Lakes have been stocked to capacity on Tuesday, April 24. Fishing is excellent with catfish ranging 2 lbs. and up. Best baits are stink baits, worms and chicken liver. Trout are still active during the early morning hours and begins to slow as temperatures rise. Best baits for trout are salmon eggs, garlic and salmon peach power bait. Also, largemouth bass are being caught on worms. Come try your luck. Summer hours are 6 AM - 8 PM, seven days a week. For more information, please call us at 505-244-8102. Come and spend the day with us! Please relay this information to all your friends, neighbors... Hope to see you soon!

Isleta Business Corporation

Position Announcement

Chief Executive Officer

Attachment A

Isleta Business Corporation (IBC), a business entity of the Pueblo of Isleta, is seeking a qualified, team oriented, and enthusiastic candidate for the position of Chief Executive Officer. The position is established to advance the "Isleta Economy" through long-term economic growth, business development, and diversification both on and off Pueblo of Isleta (POI) lands.

Summary of Responsibilities:

Responsible to manage all aspects of the Isleta Business Corporation (IBC). Currently, this includes oversight of a workforce of approximately 33 employees, all company assets, existing businesses and future business development opportunities. Existing business operations include two C-Stores/Gas Stations, a 90,000 acre Ranch/Farm operation with approximately 2000 head of cattle, and IBC Administration Team. Development of business plans, policy objectives, and strategy for the creation of new businesses within the Pueblo of Isleta. CEO will manage business development efforts and tribal enterprises on and off the reservation.

Education/Experience:

High School Diploma/or GED required. Must possess Business Degree. (MBA preferred)

Must possess 10 years business management experience.

 Experience with business investment and/or private equity, due diligence and financial evaluation.

Executive experience in small business management, finance, mergers and acquisitions, legal, personnel management, sales and marketing; experience with agribusiness is a plus.

• Experience with tribal economic development, SBA 8(a), Hub Zone and the National Minority Supplier Development Council preferred. Experience with tribal government and tribal law preferred.

Salary: Depending on experience

<u>Tribal Preference</u>: Isleta Business Corporation (IBC) is an equal opportunity employer with Tribal Preference policies. All applicants are considered on the basis of their ability to perform the job without regard to individual race, religion, color, sex, age, national origin, disability, marital or veteran status, or any other protected status. IBC is a drug free workplace. Background checks will be conducted.

Applications will be accepted no later than May 7, 2012, at 4:30 p.m. For questions, you may contact IBC Administration at 505-869-9729. See Attachment "E" for the Application Process

Insurance Sales Associate

Attachment B

Isleta Business Corporation (IBC), a business entity of the Pueblo of Isleta, is seeking a qualified, team oriented, and enthusiastic candidate for the position of Insurance Sales Associate. Employee will report to the Chief Executive Officer.

Summary of Responsibilities:

Entry level position to work with and receive training to promote, market, and solicit medical, dental, vision, property & casualty insurance to new and existing customers. Analyze customers' insurance needs, complete applications for submission to carriers, answer underwriting questions, deliver policies when issued, become involved if claim problems arise and secure renewal information as needed by type of policy written. Provide on-going support to clients.

The Insurance Sales Associate will be expected to perform at a high level of integrity and ability to demonstrate professionalism at all times. On-going communication, reporting and interaction through regularly scheduled meetings; electronic methods with potential customers, clients and Management will be expected.

· Strong work ethic; strong organizational skills; excellent verbal, interpersonal and public communications skills and ability to maintain a positive outlook

- Knowledge of MS Office Products (Word, Excel, Outlook).
- Entrepreneurial spirit, drive and ambition
- · Bilingual candidates are encouraged to apply
- Able to travel on an as needed basis
- · Able to take initiative and work with minimal supervision

• Pursuit of a professional designation Certified Insurance Counselor, Accredited Adviser in Insurance, Associate in Risk Management, Chartered Property Casualty Underwriter preferred.

Qualifications:

1. Education: Must possess a High School Diploma or GED. A Bachelor Degree in Business Administration or Marketing preferred or 6-years of experience in a related field.

Salary: Depending on experience

<u>Tribal Preference</u>: Isleta Business Corporation (IBC) is an equal opportunity employer with Tribal Preference policies. All applicants are considered on the basis of their ability to perform the job without regard to individual race, religion, color, sex, age, national origin, disability, marital or veteran status, or any other protected status. IBC is a drug free workplace. Background checks will be conducted.

Applications will be accepted no later than May 14, 2012, at 4:30 p.m. For questions, you may contact IBC Administration at 505-869-9729. See Attachment "E" for the Application Process

COMANCHE RANCH

Attachment C

*Applications/Resumes are being accepted to generate a roster for future vacancies

Position Title:	Comanche Ranch Hand
Department:	Comanche Ranch
Level of Responsibility:	Reports to Ranch
	Manager/Ranch Foreman
FLSA Classification:	Part-time/Non-exempt
Grade:	A2 — (Minimum \$9.98/hr)
Open: April 30, 2012	Closing Date:Open continuously

General Responsibilities:

The Ranch Hand performs moderate to strenuous job duties related to the efficient and productive management of Comanche Ranch.

Essential Duties and Responsibilities:

- Brands and vaccinates cattle.
- $\sqrt{}$ Herds cattle to identified sites.
- $\sqrt{}$ Pull calves and assesses condition of newborns
- $\sqrt{}$ Builds, inspects, and maintain fences.
- $\sqrt{}$ Inspects windmills, watering troughs and feed containers.
- Performs horsemanship and horseshoeing duties.
- Reports safety issues or concerns to the Manager/ Foreman.
- Remains on-call to respond to emergency situations
- $\sqrt{}$ Other duties as assigned

Knowledge. Skills and Abilities:

- Valid NM state driver's license, which must remain active while employed by the Isleta Business Corporation.
- $\sqrt{}$ Must possess personal saddles and tack.
- $\sqrt{}$ Knowledgeable of basic livestock management including vaccination methods.
- $\sqrt{}$ Ability to use horseman and livestock skills.
- $\sqrt{}$ Ability to live on a ranch located in a remote and rural setting and respond to 24/7 duty calls.

- $\sqrt{}$ Basic windmill and water line set up and maintenance experience.
- $\sqrt{}$ Must be in good physical health and be able to perform strenuous work, and heavy lifting.

Working Conditions:

- $\sqrt{}$ Works outdoors in all types of weather.
- $\sqrt{}$ Ability to lift up to 100lbs.
- $\sqrt{}$ Nature of work requires incumbent to walk, stoop, lift, carry, and ride for long periods of time.
- $\sqrt{}$ Work hours are frequently long.
- ✓ During peak seasons for Comanche Ranch, there is increased workload; therefore, employees may not request leave during peak seasons.

Qualifications

Educational Requirements: High School Diploma or GED preferred.

Experience Requirements: Must possess two or more years of ranch or agriculture related experience.

Due to the nature of the business; employee will be required to work holidays, weekends and extended hours.

Tribal Preference: Isleta Business Corporation (IBC) is an equal opportunity employer with Tribal Preference policies. All applicants are considered on the basis of their ability to perform the job without regard to individual race, religion, color, sex, age, national origin, disability, marital or veteran status, or any other protected status. IBC is a drug free workplace. Background checks will be conducted. *** See Attachment E for details about the Application Process — for questions about this posting you may contact IBC Human Resources Dept., 505-869-9729.**

POSITION ANNOUNCEMENT Attachment D

*Applications/Resumes are being accepted to generate a roster for future vacancies

Position Title:	C-Store Sales Associate
Department:	One Stop/Travel Center
Level of Responsibility:	Reports to Store Manager
	or Assistant Store Manager
FLSA Classification:	Full-Time/Non-Exempt
Grade:	A2 - \$10.22 (minimum)
Posting Period	
Open: April 30, 2012	Open continuously

General Responsibilities:

The C-Store Sales Associate interacts with and serves customers, handles purchase transactions, and provides superior customer service through the efficient operation of the store.

*Below are minimum qualifications that are required for the position. Please contact IBC Human Resources Department for a job description which reflects more detail on the Essential Duties, Responsibilities, Knowledge, Skills and Abilities.

Qualifications:

- High school diploma or GED preferred. Isleta Tribal Member preferred
- Must be 21 years of age.
- Must possess a valid driver's license preferred
- Must possess a minimum of 1-year, cash handling and customer service experience.
- Basic calculator and computer skills preferred
- Must successfully pass a pre-employment drug/alcohol Test and background investigation
- Must be able to obtain Alcohol Distribution License

Tribal Preference: Isleta Business Corporation (IBC) is an equal opportunity employer with Tribal Preference policies. All applicants are considered on the basis of their ability to perform the job without regard to individual race, religion, color, sex, age, national origin, disability, marital or veteran status, or any other protected status. IBC is a drug free workplace. Background checks will be conducted.

*See Attachment E for details about the application process For questions contact IBC Human Resources -505-869-9685

Attachment E

IBC Employment Application Process — How to Apply

Where to obtain an employment application — Physical Locations:

- ✓ Isleta Business Corporation, Human Resources Department, located at the new Tribal Services Complex, located immediately south of the Hard Rock Casino. M — F, 8 a.m. — 4:30 p.m.
- √ One Stop C-Store 3950 State Rd., Hwy 47 SW, Isleta, NM Monday — Sunday — 6 a.m. — 10 p.m.
- $\sqrt{10}$ Travel Center C-Store 3950 State Rd., Hwy 47 SW, Isleta, NM Monday — Sunday — 6 a.m. — 12 a.m.

Submit Employment Application/Resume using any one of these methods below:

- ✓ US Mail: Isleta Business Corporation, Attn: Human Resources, P.O. Box 819, Isleta, NM 87022
- √ Fax: Isleta Business Corporation, Attn: Human Resources, 505-869-9755
- ✓ Email: IBCEMPLOYMENT@ISLETAPUEBLO.COM Send Resume to this email address.
- √ Hand Deliver to: Isleta Business Corporation, Human Resources Department, located at the new Tribal Services Complex, located immediately south of the Hard Rock Casino.
 M — F, 8 a.m. — 4:30 p.m.

Important! Please make sure your application/resume is submitted within the closing date reflected on Position Announcement.

For questions about this posting, you may contact our office at 505-869-9729.

Thank you for expressing interest in our Organization!

Wanted Junk Cars Will pay cash. Call Patrick Jojola @ 449-8245

FREEDOM FROM SMOKING

Stop Smoking in 8 Sessions CONTACT Stephanie Barela at 869-4479 to sign up for Freedom From Smoking Be the next Isleta Tribal Member to take back control of your life and sign up now!!

SIGN UP NOW CALL 869-4479

Free Nicotine Replacement Therapy for clinic patients who attend every session

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Pueblo of Isleta Johnson-O'Malley Program

Can you believe! There are only a few more weeks of school. Graduation is upon us and the Annual Graduation Banquet is definitely going to be one that you're not going to forget. We have purchased some wonderful gifts for this year's high school graduates. Our students have worked tremendously hard to reach this goal. It is of course the beginning of a new chapter. Some of our students will continue their education and attend while other students will join the workforce. Whichever path they choose, we wish them nothing but the best!

If you are a high school graduate and you did not attend the banquet we have your gift waiting for you. **There is a deadline in place to retrieve your gift. The deadline is June 1, 2012.** In the event that gifts are not picked up by this deadline, these remaining items will be utilized as incentives for JOM eligible students. Also, there is no guarantee that gifts will be made available to graduates after this date.

April Activities:

National JOM Art Contest: We know Isleta has plenty of talented artists. It would be awesome to have one of our students take first place! You may submit your art work to the JOM program and we can submit it on your behalf. Submission Instructions:

> Theme: "JOM an Everlasting Educational Gift"

This contest is open to all. Artwork must be no larger than 8 1/2 x 11". The artist should include an interpretation of their artwork. Don't include any text in the artwork. Please include your NAME, AGE and address with your artwork so that the NJOMA can contact the winning entries.

There are three prize awards. The first place winner will receive \$300.00, second place \$200.00 and honorable mention \$100.00. Entries must be received by the NJOMA by June 22, 2012.

Easter Activity Night: On Thursday, April 5, 2012 we held an Easter Activity Night for our JOM Students and their families. We provided eggs for coloring, arts and crafts, and Easter-themed door prizes and baskets. We had a total of 69 parents and students that attended this event. It was quite exciting to have so many people attend this wonderful event. We greatly appreciate your participation in these activities.

NJOMA Conference Meeting Update: On April, 11, 2012 we headed north to Okhay Owingeh for the NJOMA Conference planning meeting. During this meeting we discussed the importance of advertisement, donations, vendor booths, budgets, hotel contracts, workshops, registration fees, venues, meals, scholarships, volunteers and entertainment. Currently, we have two separate strands; one is the student strand and the other is the adult strand. Students will participate in activities and workshops that correspond to their interests and needs. Adults will also participate in activities and workshops geared to increase their professional knowledge. We are seeking volunteers and donations for the silent auction. The items donated will be auctioned off and all money raised will support the student Scholarships. We strongly encourage students to apply for the Pyle/Ellis Scholarship, Chief Old Person Scholarship, and the Two Stars Blue Bird Scholarship. More information regarding scholarships is available at www. njoma.com. The next meeting we will attend will be a Face-to-Face Meeting with the National JOM Board members on Friday, April 27, 2012.

National Garden Month: In celebration of National Garden Month JOM hosted an activity night and invited students and their families to join us in planting seeds, flowers and vegetables. Students also enjoyed making worm farms to take home. This was the best part of the evening!

"Chimpanzee" the Movie: We had a wonderful evening on April 20 with students. We ventured to Century 24 to see this great movie.

Chaco Canyon: At this point in time we have not gone to Chaco Canyon and the response has been overwhelming. We are excited to take the drive to the Four Corners area; a place that is so rich in history and has been deemed one of the world's most mysterious

places. We have had several parents request if they can follow us up to Chaco Canyon and of course, they are more than welcome to join us on this adventure.

May Activities:

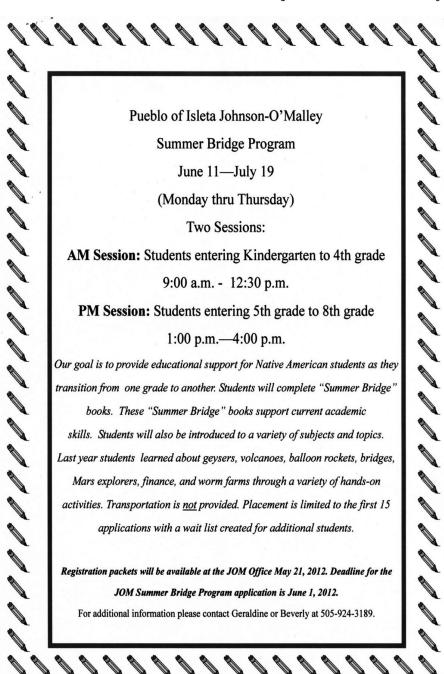
Graduation Banquet: In honor of all graduates a dinner will be held at the Hard Rock Casino and Hotel on May 3, 2012. The JOM Program purchased gifts for all graduating high school students. As mentioned before, if students do not attend the banquet they may visit the JOM Office located at the new Department of Education to receive their gift. There is a deadline imposed in which students may pick up their gift. That deadline is June 1, 2012. Remaining items will be utilized as incentives for remaining JOM Eligible students. We do not guarantee that gifts will be available after 4:30 p.m. on June 1.

Mother's Day Activity: Students are welcome to join us on the evening of May 10, 2012 to make gifts for their Mom. There is no fee and all supplies will be provided by our program.

Summer Bridge Program: During the month of May we will be planning activities for the Summer Program. The program will run for 6-weeks and will be held at the Old JOM Tutoring Building, Monday through Thursday. We will have two sessions and each session will be limited to the first 15 applicants and all others will be placed on a waiting list. The Summer Bridge Program will have a strong academic emphasis. However, this program does not qualify as Summer School. Applications will be available May 21 and the deadline is June 1, 2012. **Please note: TRANSPORTATION IS NOT PROVIDED.**

If you have any questions or concerns please do not hesitate to contact us at 505-924-3189 or stop on by the new location.

Geraldine and Beverly



Parks & Recreation

With the start of May 2012 it's the beginning of our hiring and planning process for our busy summer youth recreation program. The whole month of March 2012 was dedicated to receiving job applications from our youth in the community who were at least 16 years old and up, who were interested in working for the summer recreation program. During April 2012 the applicants were screened for eligibility and those who qualified were given an interview opportunity. Now in May 2012 the actual selection of those candidates is made and all are given a background check, and drug and alcohol screening. Once that is all complete all new employees will go through some training prior to our program's beginning which is June 4, 2012. Also from May 1, 2012 through June 4, 2012 parents can register all those children who are interested in coming to the Recreation programs. In the last day of March 31st and the month of April 2012, many other activities took place which included the Little League Grand Opening and Parade of Teams, the Pinewood Derby with our local Boy Scout troop headed by our very own tribal member Vernon Abeita. Also on the



very same day the Easter Egg Hunt took place and on Saturday, April 21st, the Social Services Department's Child Abuse Awareness Parade and barbecue took place. Also in April 2012 the local Senior Olympic qualifying events took place and the first ever Job Fair headed up by the Isleta Human Resources Department was also part of activities that the New Rec. hosted as well. Pictured is one of our seniors (Josephine Velardez) practicing her Frisbee accuracy throws.

Little League Opening and the Parade of Teams

Because of when our news articles are due and although the Little League Opening and Parade of Teams were on March 31st we really didn't have an opportunity to report on that grand opening. I did briefly mention that they took place and I would report in more detail on this newsletter. Well as faith would have it, we had former Lt. Governor Max Zuni lead the activities with a traditional blessing in our native tongue and Father George lead us in prayer, and blessing of all the coaches and athletes. Lt. Governor Antonio Chewiwi addressed the coaches and athletes on the importance of being involved in athletics, becoming good students, and protecting and utilizing the beautiful facilities that the Governors and Council wholeheartedly support in making our youth the best they can be. New League Director Vigil Lucero introduced all the teams and managers and Tribal member and former band member of the "West wind" band Tony Jaramillo sang our National Anthem a cappella and Trevor Yepa (former member of the Black Eagle Band who won a Grammy) from Jemez Pueblo sang the "flag song" in his native tongue. After all was said and done, all athletes, parents, and visitors and spectators were treated to a barbecue. Pictured is a collage of pictures depicting all the teams and activities that took place.















Summer Program

Our annual summer program will begin in earnest on June 4, 2012 at 9:00 am for both Old Rec. who will house the 4 & 5 year old program and New Rec. who will house everybody else who is 6 years old and older. At the New Rec. Center they will be broken down into age groups which are as follows: 6 & 7 year olds, 8 & 9 year olds, 10 & 11 year olds and 12 and up together. On the June 4th, the first day of the summer program we will begin serving free lunches to all who come to the program and on Tuesday June 5th we will begin serving the breakfast program as well. That will continue throughout the summer program which is scheduled to end on July 31st. All breakfast and lunches are cold cereal or muffins, and cold sandwiches. They are all made by the Albuquerque Public Schools Main Cafeteria and meet or exceed nutritional guidelines as set forth by the federal government. Anyone ages 1 through 18 years old is eligible to receive a free lunch. Like always, all children will be



required to attend at least 3 times per week to qualify for attending our major field trips which are held every Friday. The only exception to this rule is those children who are attending summer school. Major field trips will take us to places like: Cliff's Amusement Park, Hinkle Family Fun Center and It'z Amusement Park. Besides these major field trips, we will also be taking our children to many other educational field trips in their smaller age group categories. Within the first week of our program the staff will publish a schedule of those activities and events. Our first field trip of the summer will be on Friday, June 8th going to Cliff's Amusement Park. All children will be required to be here by 9:00 am so they can be processed and tagged prior to all field trips.

Easter Egg Hunt

As mentioned in an earlier paragraph, the inaugural Easter Egg Hunt took place on Saturday, April 7th. Over 300 children were on hand along with approximately 150 adults and chaperones to witness the children gobble up the 5000 plus plastic eggs that were filled with candies and in some cases dollar bills. The children were broken down into three (3) different categories and 3 different sites within our park system at the New Rec. Center. They were 5 years old and under together, 6, 7 & 8 year olds together and 9 to 12 year olds together. Because of such great demand, next year we may add a new category that will include our





Elderly, 55 years old and up. All in all, the activity was one that brought the community as a whole together to have something festive and fun for everyone who attended to enjoy. The Easter Bunny made an appearance and took pictures with many of our children. Pictured are several of those pictures.

Social Services Dept. Child Abuse Awareness Parade and Barbecue

The Social Services Department Child Abuse Awareness Parade and barbecue was once again a big and very successful event. As Caroline Dailey, Director for the Social Services Department said, "The whole idea behind the event is to bring a higher level of awareness of abuse and neglect to all of our tribal members. We must do what we can to protect our children, who are our most valued resource". She also would like to thank all of you who participated in the event and whose level of commitment continues to be real and passionate



towards making changes that are positive, and our community much safer for all peoples we serve. An event of this magnitude



could not become a reality without all departments getting involved and putting our best foot forward. Also special thanks go out to the volunteer cooks: Amadeo Pohl, Randy Giron, Cookie Taylor, Ben Sanchez, Rick Giron, and Chuck and Troy Salazar for always being there in helping this great Pueblo of Isleta in this Annual Event. The results for the floats in the parade are as follows: 1st. Place-Isleta Police Department, 2nd Place-Isleta Elderly Center, and 3rd Place-Tribal Administration. Pictured are several pictures of this year's event.

Aquatic Program / Summer 2012

Parent & Tots Classes and Adult & Child Swim Lessons Summer Swim Lessons:

Swim Lessons are offered for adults and

Swim Lessons are offered for adults and children during summer only. Space is limited. If you are interested you must sign up either in person or call the Aquatic office at 869-8557.

Adults must 16 years of age and older to sign up for lessons. Eight (8) one (1) hour lessons are conducted in June, July and August.

Lessons are scheduled Monday through Thursday from $6{:}00~\mathrm{pm}$ to $7{:}00~\mathrm{pm}.$

Lessons are offered: **June** 18-21 and 25-28 or **July** 16-19 and 23-26, or **August** 20-23 and 27-30.

Children must be 6 to 15 years of age to sign up for lessons. Eight (8) thirty (30) minute lessons are conducted in June, July, and August.

Lessons are scheduled Monday through Thursday from 5:30 pm to 6:00 pm. Lessons are offered June 4-7 and 11-14 or July 9-12 and 16-19, or August 13-16 and 20-23.

Aquatic Did You Know Segment?

Did you know chemical balance and a smooth filter process are a few reasons why showering is required when getting into the water? Chemicals on our bodies and hair, if not washed off, imbalance the chemicals in the water. Additional chemicals are added to rebalance the water chemicals. Non-swimwear breaks down in the water and clogs the filters. The chemicals in the material of clothing that is not swimwear causes imbalance of chemicals.

Did you know the lack of stability and the danger possibilities are why outside flotation devices are not allowed in the pools? Swimming causes exhaustion which could cause a person to slip off or out of the floatation device. Floatation devices may also have punctures which will cause deflation.

Did you know that parents/guardians required to accompany a child in the wading pool assist the emotional and physical stability of the child? Children can easily loose their footing in the wading pool. With a guardian present they can assist in stabilizing their footing. Children are naturally put at ease if their parents are in the pool supporting them.

Please remember all rules and requirements are set in place for safety reasons. We want all guests to have a safe and enjoyable visit. Come see us soon!

Parent & Tot Classes:

Parent & Tot Classes teach parents skills to help their tots adjust to the water to enjoy a lifetime of aquatic fun and exercise. Tots must be 6 months old to 5 years of age to be enrolled in the class. Each tot must be accompanied by a responsible adult. Space is limited. If you are interested you must sign up either in person or call the Aquatic Office at 869-8557. The class consists of eight (8) sessions. **The first is a one hour Parent Orientation adults only Class**. All remaining sessions are in the water for 20 minutes. Classes are offered:

June: Parent Orientation on June 18th from 9:00 am to 10:00 am. June 9-12 and 25-28 from 9:30 am to 9:50 am.

July: Parent Orientation on July 16th from 5:30 pm to 6:30 pm. July 17-19 and 23-25 from 5:30 pm to 5:50 pm.

August: Parent Orientation August 20th from 1:00 pm. to 2:00 pm, August 21-23 and 27-30 from 1:30 pm to 1:50 pm.



- This event is sanctioned by the Amateur Athletic Union of the U.S., Inc.
- Rules used will be the New: AAU Sports Open Tournaments.
- First time used in New Mexico-
- Styles will include TaeKownDo, Karate-Do, Shotokan, Shorin Ryu, WuShu, TaiChi, WingChun

Park Management

As I have mentioned in the past and probably will continue throughout the year, if anyone witnesses any vandalism to our parks please call the Isleta Police Department immediately. We had the Climbing Rock over at the Purple Heart Park in Mousetown painted with graffiti. Once again the Governors and our Tribal Judges have assured us they will prosecute those caught to the fullest letter of the law. Remember, anytime they vandalize the parks, they are stealing money from all tribal members because it is with tribal dollars that we must make a mend to all vandalism. Also, if you take a dog to the parks please keep them on a leash and please clean up after them. It is our own children who are playing in these parks especially the toddlers, are those who pick up just about anything they can and in some instances put things in their mouths. **Please help us keep our parks clean and beautiful for everyone to enjoy.**

Native Business:

The Life-Giving and Crushing Power of Debt

Debt is something owed to another party and most often is accompanied by an interest rate charged to the borrower for the use of money. In business, debt is good when you have a source of repayment. Debt is bad when a clear source of repayment does not exist. Start ups are most often capitalized by savings from the entrepreneur, money from friends and family, or home equity. There is no one-correct way to use money; each borrower has to decide for themselves. This article simply illustrates best practices to remember when thinking about borrowing money.

A business owner should consider using debt when they need dollars to increase the delivery of a product or service to meet demand from existing or new customers. If it is an existing business, often contracts for service or orders for more products are inhand. An entrepreneur would borrow money after they have demonstrated at least one or more successful transactions and need money to increase their workforce or purchase equipment to take their business to the next level of operating size. A brand new business without a history of sales usually has a high level of expertise in the respective industry and elects to borrow money when there is a relationship with a customer that guarantees sales at start-up.

An entrepreneur should be cautious about borrowing money when a good idea comes with a large price tag for start up. This often means the individual needs to use some sort of debt borrowed from a 3rd party to spend on things they think they need to get started. My advice, as a seasoned lender, is to not borrower at start-up if you can help it and instead start as small as possible. Often an entrepreneur will find their sales are slower to make or longer to collect than they initially thought. This requires patient capital; meaning if they used their own money or the money from family that does not need to be paid back until enough profits are generated, they will have more time for their business to mature. At the beginning, if an entrepreneur borrows money from a 3rd party (like a bank), they are required to make monthly payments which include principal and interest which often lessens the amount of time a business can take to mature. These obligations (monthly payments) must be met on time and in the full amount owed or the borrower may trigger a series of compounding problems such as late fees, an increase to their loan's interest rate or worse- be declared in default where the lender requests immediate payment. I nese consequences caused by late or nonpayment consume cash that otherwise would be retained in the business. A business dies if it runs out of cash.

Jim Stanley is a tribal member of the Quinault Nation, Past-Vice President of the Quinault Nation Enterprise Board, and board member of the Northwest Native American Chamber. He is a senior lender with Craft3, a non-profit Ioan fund lending to Sovereign Nations and tribal member owned businesses. Jim freely shares his knowledge and can be reached for comment at: jstanley@craft3.org.

Memoirs from the Battle Field

During this economic downturn I have witnessed companies crippled by the shockwave of recession. I share with you lessons from survivors.

• Face reality and think worst case scenario. Hoping for positive results is not a management strategy. Putting off tough decisions in some cases may increase the likelihood of total business failure.

 Look big picture; devise a strategy for recovery and base short term decisions on your long term strategy. "Winging-it" from day to day will not work and is likely to waste valuable resources.

• Recognize that which needs to be done and follow through.

• Be patient, stick to your strategy, and make small changes when necessary but do not continuously change strategy when things get tough.

• Increase the mobility of people during crisis. Help them move to more productive

jobs within the company or encourage them to find work outside of the company where their skills can be compensated.

The alternative option to the points mentioned above is to hold onto an overhead structure that is not supported by sales and continue doing things the same -as the world changes. Over time, sometimes a short period of time, the company and personal resources of the company owner will be depleted until the business fails. Everybody loses in total business failure. This is a very sad thing to witness and unfortunately I have seen it too many times as companies ignore reality and ultimately close their doors when they may have had the option of surviving if they committed to acting on tough decisions.

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Pueblo of Isleta Public Library

An early Happy Mother's Day to all you hard working mommies out there at home and work. A great big THANK YOU for all that you do every day. Your unconditional love is always the BEST. Thank you to all the wonderful mommies. Lots of love and hope your Mother's Day is just as beautiful as you are.

News

With that said, the Library has set a very special date aside just for our wonderful moms. Our theme is "Friday Night, Mom's Night" set for Friday, May 11, 2012, from 5:00 p.m. to 8:00 p.m. We will be hosting a huge array of vendors, such as Mary Kay, Avon, BeautiControl, Toni & Guy, The Pampered Chef, Tupperware, Scentsy Candles, Terri's Sweet Garden and yes, even Zumba.

The Tribal Libraries Fundraising Committee is asking for your support. Please come help the library raise money for Tribal Libraries. We will be hosting a 2 hour Zumbathon outside in the parking lot, outdoor vendors will be selling special mother's day gifts, such as jewelry, candy, Secentsy Candles, Tupperware, Avon, just to name a few. We will also have a massage therapist on sight giving massages. Mary Kay and BeautiControl will do mini facials and hand facials. Food vendors will also be set up to sell. This event is free, but to participate in the Zumbathon, there will be a \$10.00 pre-registration fee or \$12.00 at the door. All pre-registered participants will receive a free gift. Door prizes will be given away, You MUST be present to win.

This year's End of the School Year Field Trip is set for Hinkle Family Fun Center and Furr's Buffet! So start earning your points; you must earn 25 points by May 17, to go on this fun end of the school year field trip. Note: Only the first 25 students who earn their points will be able to attend. So, come in and start reading and/or doing your homework.

Here is some good news: the Library might become a site for the summer lunch program, if approved. Let's hope so, keep your fingers crossed.

The Library has access to Facebook again, so make sure you check out the Library Facebook for more information and great programs to come.

You are now able to check your library account online at: webopac.infovision software.com/isleta. With this, you are now able to search for library items and renew any library material.

Patron Login: Library Card Number Password: Library Pin* *First, you will need to set up a pin at the Library

By receiving this, you acknowledge the new rules, which are effective immediately.

Upcoming

Be a Star! Make sure you register your child on **Monday, May 21**, for our 2012 **Summer Reading Program**. Spaces are limited to 20 toddlers, ages 3-7 (must be potty trained) and 30 youth, ages 8-17.

Spaces fill up fast, so make sure you come in early. Registration starts at 8:00 a.m. This year's theme is based around theatre and acting. The students will be working towards a final performance at the end of the program. Each week will consist of different activities getting them prepared to put on their very own production of traditional Native American stories. Note: A child will be dropped from the program if they miss more than 3 days. Also, we will have the week of 4th of July off.

The Summer Reading Program will start June 11th and end August 2nd. The youth will start at 9:00 a.m. to 3:00 p.m. and the toddlers will start at 10:00 a.m. to 3:00 p.m., Monday – Friday. A tentative calendar of events and activities will be posted. If you have any questions, please stop by the library or call 924-3192 for more details. Our 25th Anniversary has been postponed. We will announce the date as soon as it is confirmed.

Recap

We had so much fun at our Magic Show here at the Library during the Child Abuse Prevention month, we had a good turn out and everyone had a good little family night out with food, drinks, and live entertainment. The magician Tall Paul from the Magic & Juggling Show was amazingly funny he had us laughing all evening. Our theme was "Let's Help Child Abuse Disappear".

We had some awesome students from Peralta Play House stop by to visit our new library, we read a good book to them and made a nice little craft to take home. Thank you for coming over to visit, it was nice having you here. Come Again! Remember what the Lorex said, Let's help take care of Mother Earth, recycle, turn off the lights, shut the water, and plant trees.

Thank you to all the students who participated in the Teen Talk Forum. A special Thank You to Social Services, Behavioral Health, and Project Venture. Thank you for leading our teens in the right direction. And to all you teens out there, continue to be strong-willed and you will succeed in every goal you set. Stay strong and focused.

We hope you come in soon to enjoy all the resources we have to offer. Stay tuned for more great programs to come. Enjoy a good book!



Pueblo of Isleta Public Library Hours of Operation

Monday- Thursday: 8:00am- 6:30pm Friday: 8:00am- 4:30pm Mailing and Physical Address: 950 Moonlight Drive Albuquerque, NM 87105 Phone: (505) 924-3192 Email: poi02002@isletapueblo.com Web Address: www.isletapueblo.com/library2.html Facebook: www.facebook/IsletaPuebloLibrary Online Catalog: webopac.infovisionsoftware.com/isleta





Los Lunas High School / Valencia High School Title VII Indian Education Ben Analla - 865-4646 ext. 6145

Congratulations to all the Los Lunas/ Valencia High School graduating Seniors and their parents/grandparents. We wish you all the very best in your future endeavors.

Summer School...Please have your child to check with their counselors to see if they need summer school. They need to do this as soon as possible. SUMMER SCHOOL WILL BE HELD AT LOS LUNAS MIDDLE SCHOOL. (Due to remodel of Los Lunas High School). All students that plan to attend summer school must complete the summer school registration BEFORE MAY 4, 2012.

The Los Lunas summer school program will run two sessions (semesters). Session I..May 29th to June 4th Session II.. June 15th to July 3rd. 8:00 am to 2:30 pm, lunches from 11:00 to 11:30.

The E2020 program for Los Lunas/Isleta is offered to all students who will attend Los Lunas High School in the fall of 2012 and need credit recovery. Any student who does not meet the qualification must be approved by administration. Students must complete all of the work during the summer session (Exceptions may be granted for District Alternative Campuses or by approval from the campus principal.)

NOTE...NO SCHOOL BUS TRANSPORTATION WILL BE PROVIDED.

Important dates..

April 30th .. Academic Letter Awards.. 6:30..gym

May 13th ...Los Lunas and Valencia High School

Seniors/Parents & Grandparents Mass at St. Augustine Church, Isleta Pueblo, 10:00 am. Seniors please wear your cap & gown and be at the church by 9:30.

May 14th & 15th...Senior finals

May 15th ...SENIOR COUNT DOWN!! LLHS

soccer field, 2:25 pm

May l6th...Senior check-out, 8:00 am to 11:00 am.. All school fines must be paid.

May 17th..Senior Honors Program, 5:30 pm. Gym

May 18th..Senior graduation practice,

8:00 am/Senior fun day at Cliff's

Amusement Park, Albuquerque.. May 19th..GRADUATION, 1:00 PM @ UNM PIT, Albuquerque.

May 22nd & 23rd..Finals for 9th through 11th

grades.

May 23rd ...Last day of school.



TIME: 7:30 - 11:30 a.m. daily

PLACE: Los Lunas High School, Building H-1

FOR: Soon to be 6th through 9th graders, girls and boys (school district immaterial)

<u>COST</u>: \$20 for T-shirt, awards and daily refreshments. Please reserve no later than 14 May to ensure availability of the correct sized T-shirt

<u>DRESS</u>: T-shirts and jeans with sneakers; also head covering and personal water bottle, marked with full name; further suggest sunscreen and sunglasses.

<u>ACTIVITIES</u>: Included are introductions to the JROTC activities of: drill; health and fitness training; map orienteering; first aid training; competition rifle marksmanship; wilderness survival; obstacle course negotiation; rope-bridging; and team/character building events.

INSTRUCTORS: Current JROTC cadets under the supervision of LLHS School District JROTC teachers.

<u>REGISTER</u> by contacting First Sergeant (Ret) Melvin Crites, 865-4646, Ext. 6194, 908-1494 or e-mail <u>mcrites@llschools.net</u>

PUEBLO OF ISLETA DEPARTMENT OF EDUCATION LANGUAGE PROGRAM



2012 Summer Language Camp 6 Week Program



Date: June 11, 2012 through July 20, 2012 Time: 9:00am to 3:00pm Monday through Thursday Age: (Two age groups for this program) Group 1: 14-18 (max # of students 20) Group 2: 10-13 (max # of students 20)

Language Lessons in the morning hours with craft time in the afternoon. Lunch provided by the summer lunch program.

Registration begins: May 7, 2012 Ends: June 4, 2012 registration forms can be picked up at the Education Office Space is limited so all applications will be accepted on a first come first serve basis.



The Summer Language Camp has teamed up with Isleta Behavioral Health—Prevention Program to provide incentive field trips for Summer Language Camp participants.

DEPARTMENT OF EDUCATION LANGUAGE PROGRAM

P.O. Box 1270 Isleta, New Mexico 87022 Phone: 505-924-3187 Fax: 505.869.7690 E-mail: poi08200@isletapueblo.com

Preserving Language for culture and tradition

May 2012



News Release

The Middle Rio Grande Conservancy District Contact: Tom Thorpe at (505) 382-9306

MRGCD Facing Water Shortage Strict Water Scheduling to be Enforced

Albuquerque — The Middle Rio Grande Conservancy District is now facing a possible water shortage for the 2012 season.

Spring runoff has been less than expected and almost 1/3 of this year's flow in the Rio Grande has been lost to evaporation, earlier than normal irrigation by upstream users and a lack of spring rains.

"We may have to begin releasing water from storage at El Vado Reservoir six weeks earlier than normal" says MRGCD Hydrologist David Gensler. "This could result in the District exhausting its stored water by mid-August" Gensler adds.

The implications for the MRGCD and its irrigators are extremely serious.

The MRGCD Board of Directors has instructed District personnel to work closely with irrigators and to assist irrigators with water conservation measures.

Board Chairman Derrick Lente says "The District will maintain strict adherence to priority right water deliveries."

Lente noted that if extreme conservation measures are needed, Water Bank issuances will stop first followed by non-pueblo irrigators and finally pueblo users.

Should the MRGCD exhaust its stored supply of water, the District will continue to divert natural flow of the Rio Grande, but these flows are likely to be minimal and may not be enough to meet the needs of irrigators, including the Pueblo lands.

"With cooperation and assistance from irrigators, and a little luck from Mother Nature, I believe we can stretch our store water supply so that irrigators can get their allotments of water", Gensler says.

The MRGCD also must deal with requirements under the Rio Grande Compact which governs water usage and storage. This complicated legal document does not allow for storage of water at El Vado by the District when Elephant Butte falls below 400,000 acre feet. Elephant Butte is currently below the 200,000 acre feet level.

Isleta He	Health Beat alth Center, Health Educator: Stephanie Barela 869-4479	
	Stroke Warning Signs Know the signs of a stroke	
Stroke is a medical emergency. Every second counts:		
Đ-	Sudden numbness or weakness of the face, arm or leg, especially on one side of the body	
3=?	Sudden confusion, trouble speaking or understanding	
\otimes	Sudden trouble seeing in one or both eyes	
	Sudden trouble walking, dizziness, loss of balance or coordination	
E	Sudden, severe headache with no known cause	

MAY is STROKE AWARENESS MONTH!

If you or someone with you has one or more of these signs, don't delay! Immediately call 9-1-1.Come to the clinic if you have tingling or numbness.

Come to the emergency room if you can't move your arm or leg, you have a facial droop, have slurred speech or one side of your body is paralyzed.

Check the time so you'll know when the first symptoms appeared.

REMEMBER STR as another way to remember ways to recognize a STRoke:

S- Ask person to SMILE T- Ask the person to TALK,

speak a simple sentence coherently ("It is sunny out today") R-Ask person to Raise Both Arms

If the person has difficulty with any of these asks or if they stick out their tongue and it is crooked, these are all indicators of a stroke and you could call 911 immediately.

Myron Tenorio Jr. Isleta/San Felipe

We are proud to announce that our son Myron Tenorio Jr. has been selected to participate in the 2012 Down Under Sports Tournament to be held in Australia this summer. Myron is of Isleta and San Felipe and will be representing the State of New Mexico.

Myron will be a participant on the Cross Country team. He will be an ambassador of not only our community and state but also our country. He will be 1 of 300 participants representing our country. He will be competing with 3,000 cross country runners from other countries in 2 tournaments.



Myron has been running for nearly most of his life. He started at the early age of 6 at our very own Isleta Elementary School. He started in Kindergarten and continued through his elementary years until he graduated from the 6th grade.

Myron continued to run cross country through middle school at the Santa Fe Indian School. Now a sophomore he continues to wear his Braves uniform with pride. This past cross country school year he qualified at District to run for State finals in Rio Rancho. He ran the 5k (3 miles) in 17:42. He also received the honor of SFIS Up and Coming award for 2012.

Myron is an outstanding athlete. He currently plays JV basketball and just started Track and Field while maintaining a 3.25 gpa. He has worked hard to get to this point. It is an honor to receive this invitation. He had to meet certain criteria academically, with a qualifying time, and with the recommendation from his athletics department.

We wish him the best. He has made his whole family proud. Myron is the son of Myron Tenorio Sr. and Randy & Carolyn Jim, grandson of Betty Sangre and Raymond & Sandra Abeita and great grandson of Filomena Embrey and Leo & Frances Sangre.

Myron's trip is costly and mostly earned by fundraisers and donations. Please help send him on this once in a lifetime opportunity. We will have several fundraisers between now and June 1st. If you would like to make a donation please feel free to contact Carolyn at 203-7828. All it takes is \$1 to help make it one step closer to reaching his funding goal. Any donation amount will be accepted.

Pueblo of Isleta Veterans Association

The next meeting will be on Wednesday, May 16, 2012 at 6:30 PM.

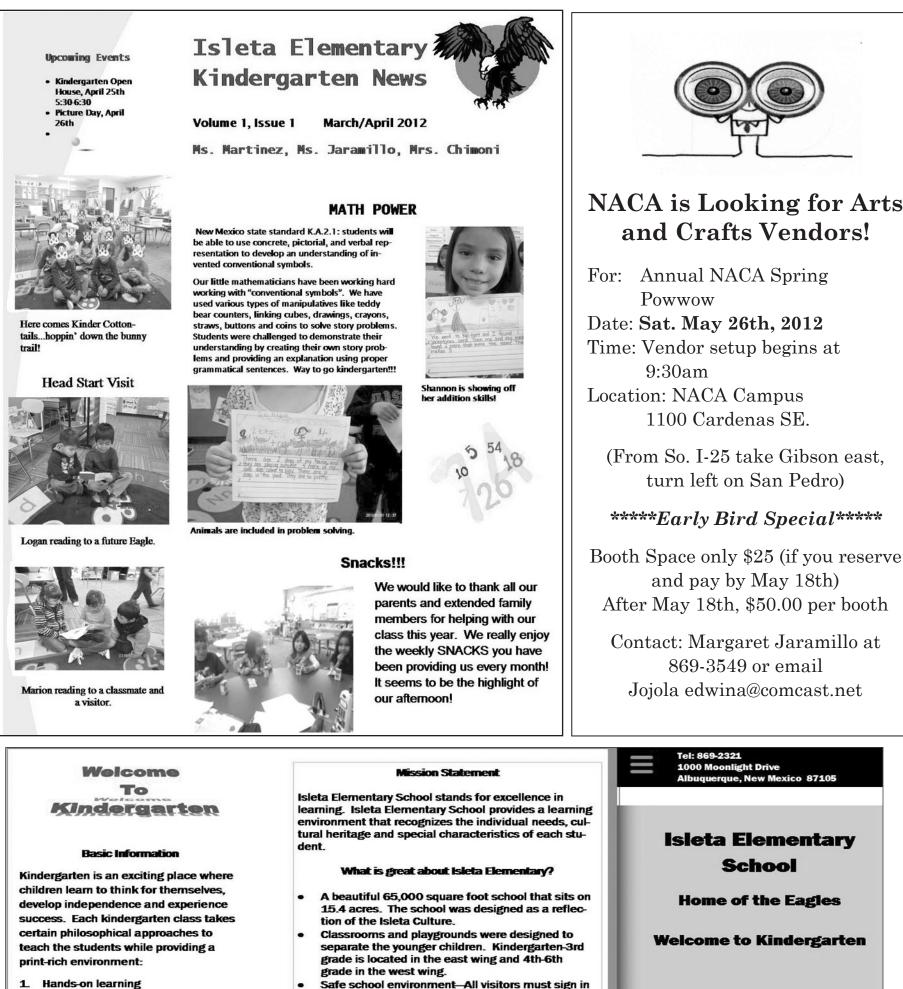
Some of the topics for discussion will be:

• The slow progress on our move to the Richard Baker Veterans Property in Los Charcos. Look for land leveling, set-up of portable building, etc.

• Continuation of pursuit of capital outlay funds from the 2013 state legislative session...

- HIS/VA Memorandum
- And a lot of other Veteran issues.

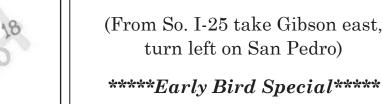
For further info: call Ulysses Abeita @ 307-1582



- 2. Cooperation and turn-taking
- Expressing ideas and needs 3.
- 4. **Respecting rights of others**

At Isleta Elementary, we believe that our high quality kindergarten program provides a safe nurturing environment. Our program helps children develop knowledge and skills in all developmental areas (physical, intellectual, emotional, and social) while helping to establish a foundation for lifelong learning.

We look forward to teaching your child and making Kindergarten a happy experience.



Booth Space only \$25 (if you reserve and pay by May 18th) After May 18th, \$50.00 per booth

Contact: Margaret Jaramillo at 869-3549 or email Jojola edwina@comcast.net

que, New Mexico 87105

Isleta Elementary

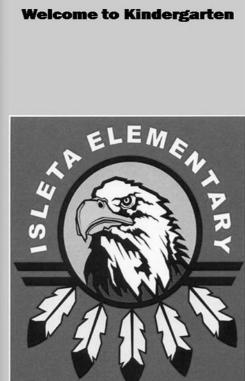
School

Home of the Eagles

Tel: 869-2321 1000 Moonlight Drive

- Safe school environment-All visitors must sign in at the front office and wear a visitors badge. Security cameras are placed throughout the school.
- IES provides school supplies and materials for each student.
- Each classroom has reading and math educational programs for academic enhancement through computers
- A Bilingual Program teaches cultural arts and the Tiwa language.
- Isleta Elementary works closely with Community rograms such a ne F Program. brary, Behavior Health, Diabetes, Head Start, Language Dept., Department of Education and many more.
- A Parent Resource room will be available to families 2012-13 school year. The Parent Resource Room will assist you with materials, training, and resources to support your child's learning.

Phone: 505-869-2321 Fax: 869-1625



Isleta Pueblo News

Scholarships Available for Upcoming 'Conference on Aging'

Annual Senior Conference scheduled for August 2012

Santa Fe, NM – The New Mexico Conference on Aging is awarding sixteen full scholarships and ten partial scholarships to assist adults age 55 or older who otherwise would not be able to attend the conference.

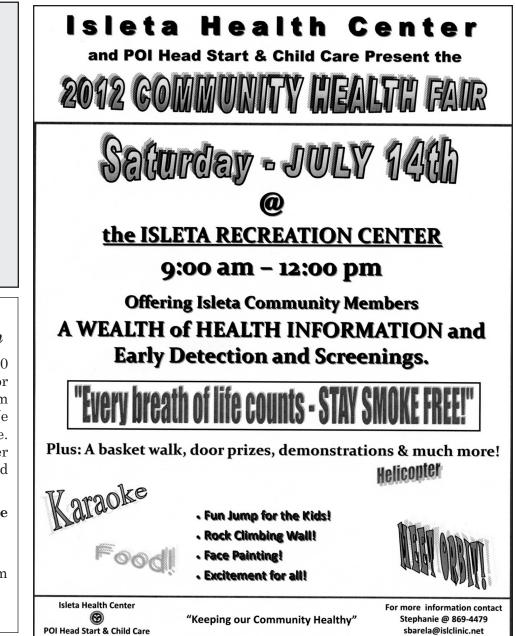
"Our annual conference on aging is a wonderful opportunity for seniors, caregivers, and professionals to come together and learn from experts, and from each other," says Secretary Retta Ward of the New Mexico Aging and Long-term Services Department. "These scholarships are a good opportunity for New Mexico seniors and we invite applications from throughout the state." The Conference on Aging, held each year in August, provides older adults, caregivers and the professionals who work with them the opportunity to learn and have fun in an environment that supports independence and dignity. More than 1,200 individuals are expected to attend the Conference, which features workshops, interactive exhibits and a two-day Health & Enrichment Fair. The Conference also includes a variety of entertainment reflecting New Mexico's cultural diversity.

Full scholarships include conference registration fees, lodging and meal costs. An individual must live 80 miles or more from the Conference site (The Hard Rock Conference Center) to apply for a full scholarship. Partial scholarships include registration fees and a lunch gift card.

All applications should be sent to Evone D. Gallegos, NM Conference on Aging, 1015 Tijeras NW, Suite 200, Albuquerque, NM 87102. Questions may be directed to Gallegos at 505-222-4523 or through email at evone.gallegos@state.nm.us. Applications must be received no later than May 25,2012 to be considered. Applications can be downloaded from the NM Aging & Long-Term Services Department website: www.nmaging. state.nm.us.

POI — Elder Center Activities Calendar May, 2012

- May 1: POI Local Games Shuffleboard (Singles) Rec. Cntr. 9am
- May 2: POI Local Games Shuffleboard (Doubles) Rec. Cntr. 9am
- May 3: POI Local Games Archery Baseball Fields 9am
- May 3: Catholic Mass Elder Center 11:30 am
- May 3: Early Bird Registration Deadline NMSO
- May 4: Commodities
- May 4: Cinco de Mayo Celebration and Chili Cook-Off— Elder Center - 10am
- May 8: Shopping Assistance Wal-Mart & Lunch 10am
- May 8: Shuffleboard Practice/Lunch Manzano Mesa 10:30 am
- May 9: Elder Staff Meeting 8am
- May 10: Friendship Coffee and Breakfast 9am
- May 10: Poker /Games 1pm
- May 11: Mother's Day Lunchon "Tea Party" and "Fancy" Hat Contest 12 noon
- May 16: Bingo @ Hard Rock Casino
- May 17: General Meeting 10 am 12 noon Health Care and Nutrition Update
- May 18: Fundraiser Adult Day Care 11 am
- May 22: Shuffleboard Practice/Lunch Manzano Mesa 10:30 am
- May 28: Center Closed Memorial Day Holiday
- May 29: Commodities
- May 29: Advisory Board Meeting 10 am 12 noon Open to the Public!
- May 29: Ice Cream Social 1pm



Diabetes Support Group

A new beginning... Diabetes Support Group for people with diabetes and their loved ones.

Every 2nd Tuesday of the Month! 6:00 PM – 7:00 PM Isleta Health Center Diabetes Kitchen

Fro more information: 869-4595

WIC Breastfeeding Corner Women, Infants, and Children Program

Our second **M.O.M.S**. group will meet May 8th from 10:30 to 12:30. The Isleta WIC Office will be hosting a brunch for breastfeeding mothers and pregnant women. The acronym **M.O.M.S**., stands for **M**oms **O**ffering **M**oms **S**upport. We all know how challenging being a new mother can be. This group provides an opportunity for you to meet other mothers and share your experiences with parenting and breastfeeding.

The Pueblo of Isleta WIC office is open to the public!

WIC Office Hours

Monday, Wednesday, Thursday, and Friday: 8 to 4:30 pm **Tuesday 8 to 6 pm** Call WIC at **#924-3180**.

WIC NOTES

Gestational Diabetes and Low-Calorie Sweeteners.

Gestational diabetes occurs when high blood sugar levels develop during pregnancy. This happens when the mother's body can't make and use all of the insulin it needs to "process" blood sugar normally. Because gestational diabetes can hurt you and your baby, you need to start treatment quickly. Treatment for gestational diabetes always includes special meal plans and scheduled physical activity. It may also include daily blood glucose testing and insulin injections. You will need help from your doctor, nurse educator, and other members of your health care team so that your treatment for gestational diabetes.

While gestational diabetes is a cause for concern, the good news is that you and your health care team work together to lower your high blood glucose levels. And with this help, you can turn your concern into a healthy pregnancy for you, and a healthy start for your baby.

Recently a WIC participant who developed gestational diabetes, asked about using low-calories sweeteners during pregnancy. "Can pregnant women safely consume low-calorie sweeteners?"

Yes. Pregnant women, whether or not they have gestational diabetes, may safely use low-calorie sweeteners. A significant body of scientific data and years of testing show low-calories sweeteners are safe for the



entire family and are not linked to adverse health reactions.

Here is a list of low-calorie sweeteners approved by FDA: Aspartame, Neotame, Saccharin, Sucralose, Stevia, and Acesulfame potassium. You do not have to memorize the names of the sweeteners, as long as the low-calorie sweetener products you purchases are "mainstream" you can rest assured they are safe to consume.

Of course, always consult your health care provider, diabetes educator or dietitian for specific dietary advice.

One Bowl Chocolate Cake

By making this simple cake from scratch, you can use healthful oil, whole-wheat flour, and no-calorie sweetener.

Ingredients:

- 3/4 cup(s) whole-wheat pastry flour
- 2 tablespoon(s) whole-wheat pastry
- flour, combined with above flour
- 1/4 cup Splenda Sugar Blend for Baking OR 1/2 cup(s) sugar
- 1/3 cup(s) unsweetened cocoa
- powder
- 1 teaspoon(s) baking powder
 1 teaspoon(s) baking soda
- 1 teaspoon(s) baking soda
- 1/4 teaspoon(s) salt
- 1/2 cup(s) nonfat buttermilk

- 1/4 cup Splenda Sugar Blend for Baking OR 1/2 cup(s) packed light brown sugar
- 1 large egg, lightly beaten
- 2 tablespoon(s) canola oil
- 1 teaspoon(s) vanilla extract
- 1/2 cup(s) hot strong black coffee
- Confectioner's sugar, for dusting

Directions:

1. Preheat oven to **350** degrees F. Coat a 9-inch round cake pan with cooking spray. Line the pan with a circle of wax paper.

Whisk flour, Splenda (or granulated 2. sugar), cocoa powder, baking powder, baking soda and salt in a large bowl. Add buttermilk, Splenda (or brown sugar), egg, oil and vanilla. Beat with an electric mixer on medium speed for 2 minutes. Add hot coffee and beat to blend. (The batter will be quite thin.) Pour the batter into the prepared pan. 3. Bake the cake until a skewer inserted in the center comes out clean, **30 to 35 minutes**. Cool in the pan on a wire rack for 10 minutes; remove from the pan, peel off the wax paper and let cool completely. Dust the top with

powdered sugar before slicing.

Heidi Lanes

WIC Nutrition Coordinator

REDUCE YOUR RISK Get Smart. Get Fit. Get Checked.

Isleta Health Center, Health Educator: Stephanie Barela 869-4479 (Information from the "Guide to Preventable Cancers")

The key to leading a long healthy life is to get smart, get fit and get checked! We can all play a part in reducing our risk for cancer by choosing a healthy lifestyle that avoids commercial tobacco and includes healthy food choices, exercise, and protection against too much sun, moderate alcohol consumption and regular cancer screenings. Learn about ways to PREVENT OR REDUCE YOUR RISK FOR CANCER in this section in the Newsletter.

Lung Cancer

Lung cancer is the leading cause of cancer death for both men and women. In 2009, approximately 15% of all new cancer diagnoses were lung cancer and lung cancer was 28% of all cancer deaths. According to the "Guide to Preventable Cancers" booklet, men have a 1 in 13 chance of developing lung cancer in their lifetime and women have a 1 in 16 chance. In Native Americans, lung cancer is the 2nd most common cancer, with prostate cancer being the #1 cause in men and breast cancer being the #1 cause in women. The #1 risk factor for developing lung cancer is smoking commercial cigarettes. In the general population, the number of people who smoke commercial cigarettes has gone down; however, this is not the case in many native communities.

"The term 'Tobacco' can refer to commercial tobacco as well as to traditional tobacco. Commercial tobacco is a blend of tobacco leaves and many commercial additives. This manufactured tobacco is used in cigarettes, loose tobacco, chew and other products. When these products are smoked and inhaled or held in the mouth, over time they may cause cancer....The occasional ceremonial use of traditional tobacco is not known to pose a cancer risk." (Guide to Preventable Cancers, pg 14)

RISK FACTORS

- People who smoke commercial tobacco
- People exposed to second hand smoke
- People who have exposure to substances such as arsenic, radon or asbestos
- People whose occupations expose them to radiation
- Peopled exposed to air pollution

RISK REDUCUTION AND EARLY DETECTION

- Stay away from commercial tobacco in any form
- Avoid second-hand smoke
- Create smoke-free environments in your home and community
- Eat lots of fruit and vegetables
- Be physically active and exercise regularly

SYMPTOMS

- Persistent cough
 - Sputum (spit) streaked with blood
- Chest pain
- Recurring pneumonia or bronchitis
- Weight loss and loss of appetite
- Hoarseness

TREATMENT- (determined by the type, either small cell or non-small cell, the size of the tumor and if it has spread)

Surgery is usual treatment for localized disease

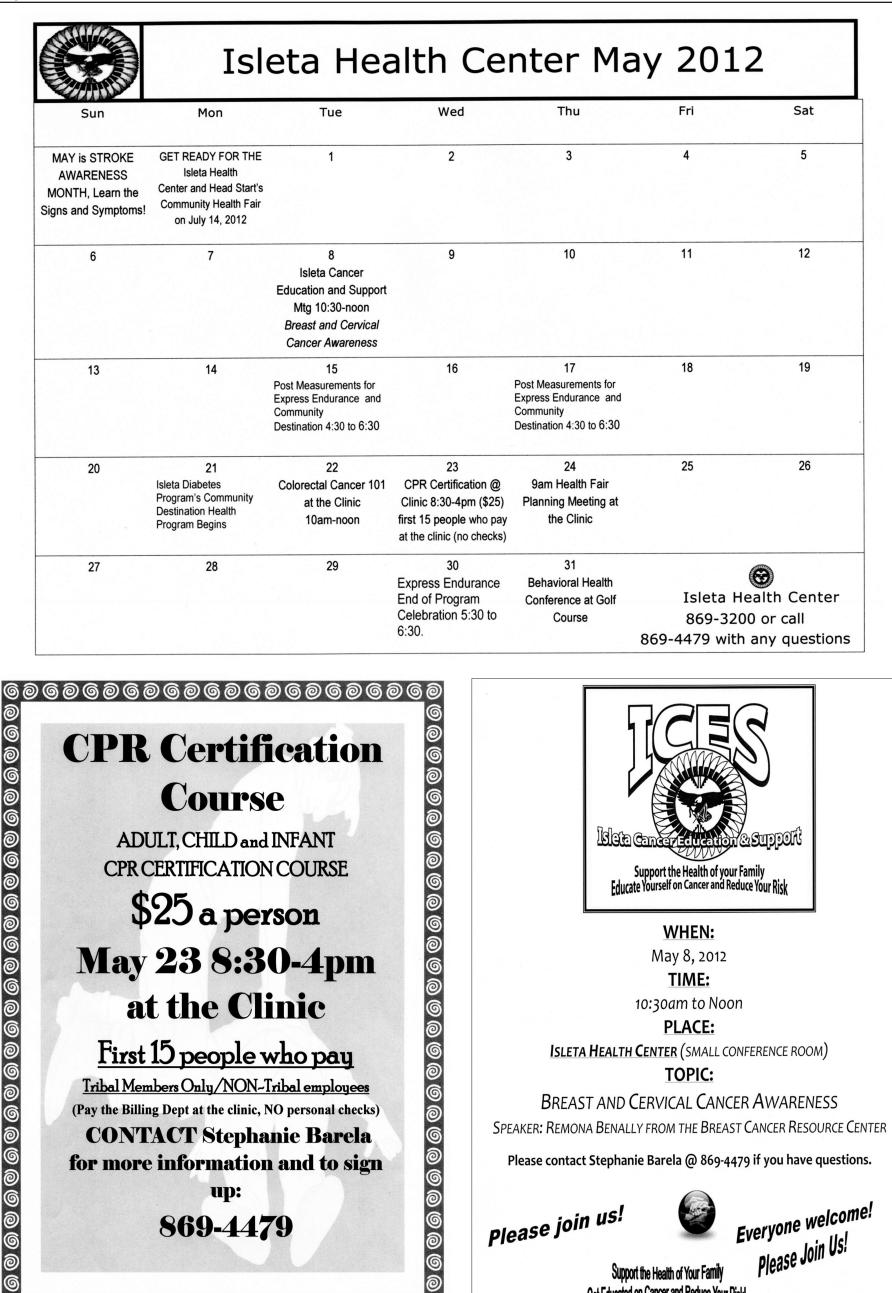
• Radiation and chemotherapy are sometimes used in combination with surgery for later stages.

Quit Smoking and Reduce Your Risk of Lung Cancer, **SIGN Up** for Freedom from Smoking, Call 869-4479

SUPPORT THE HEALTH OF YOUR FAMILY. EDUCATE YOURSELF ON CANCER AND REDUCE YOUR RISK.

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Get Educated on Cancer and Reduce Your Risk