

Isleta Pueblo News

Volume 13 Issue 6

Pueblo of Isleta website: www.isletapueblo.com

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June 2018

Governor's Report

Ma-Gu-Wam

Greetings from the Governor's Office. For all the Graduates of 2018, College, High School, Elementary, and Head Start, congratulations. For the College and High School Graduates some of you will probably join the work force while some will continue their education, we wish you all the best of luck. I want to thank all the students for not giving up on accomplishing your goals. No matter how bad things may be at times, do not ever give up for time will prevail and your achievements will be met, that is on education, or finding the right profession of your choice. Thanks to the Educators for your commitment and making this day possible for our graduates in meeting their goals of achievement. Thanks to the parents for all the support and patience you have given your children, may god bless all our students, parents and educators.

The Department of Education reports that 28 of our tribal members graduated from college, and 52 High School students received their High School diplomas. It is always good news when we hear the success stories of our Native Americans accomplishing their education. This is good news for Indian Country. Native students are becoming Attorneys, Teachers, Engineers, etc. and entering a work force that offers high paying jobs, good benefits, insurance, and retirement. Keep up the good work, your future depends on it.

As the drought continues, farmers are hoping for rain. We are thankful for the rain we got May 21, hopefully the rains will continue. Please pay attention while irrigating your fields, water usage is being monitored for waste.

The Governors feast will be on June 16, 2018, everyone is invited, reception will be at the new CCD building on the east side of the Saint Augustine Church, come over and have something to eat.

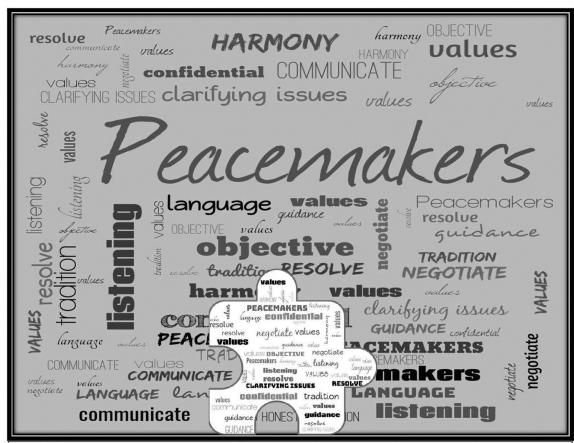
PUEBLO OF ISLETA VETERANS ASSOCIATION

A memorial dedication will be held at our Veteran's Center at 10:00 am on July 7, 2018.

The Veterans Association and the Americorps Group are working jointly to construct this memorial. This dedication is on behalf of the late Richard "Dickie" Baker USMC, who donated eight acres of his land assignment to the Isleta Veterans Association located at Los Charcos. As a proud Marine Corps Veteran his desire was for us to build a center to be used by all pueblo veterans. We are continuing to accommodate his request. We have been fortunate toward requesting and receiving State grants for capital improvements and in kind services from our pueblo government.

Raffle tickets are now available for sale to help fund the memorial project.

All veterans and the public are invited to attend.



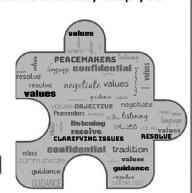
COMMUNITY CONVERSATION WITH

THE PEACEMAKERS

Learn more about the Peacemaking Process and how it may help you

Tuesday, June 26, 2018
Isleta Eldery Center
5:00pm

Refreshments will be served





Isleta Health Center
Medical Clinic News



Prepare for the new school year!

- **○** Does your child need sports participation clearance?
- **○** Are your child's immunizations up to date?

Call us today to make a summer appointment for your child's wellness visit or update their immunizations even if no sports participation clearance is needed!

869-4089

Please bring all required forms to the appointment. Patients under 18 years of age must be accompanied by a parent or legal guardian.

Thank you for your cooperation



Isleta Health Center Staff

LETTER FROM THE EDITOR

DEADLINE for July Newsletter articles is set for Tuesday, June 19, 2018 at 4:30pm. Articles may be dropped off at the Library or emailed to poi02002@isletapueblo.com. Should you email your article, expect a confirmation email. If you do not receive a confirmation email, odds are it never made it to me and then it's time to panic, so call Nate at 505.869.9808.

People whom wish to submit an article or flyer are responsible for generating their own article or flyer. Should you need help, please call the Library at 505.869.9808 and set up a date and time to sit down with a Library staff member whom will help you throughout the process. The Library will NOT accept notes dropped off at the Library or information over the phone to generate your article.

PROBATES need to be published in the Newsletter for two consecutive months. Probates are considered court documents therefore all submitters must provide: 1) Name of Deceased, 2) Date of Deceased 3) Court Case # and 4) Date of Court Date. A Probate form can be found on the Newsletter Archive page at http://www.isletapueblo.com/newsletters.html.

CLASSIFIED ADS: The new administration has requested that the Newsletter start a Classified Ad section for Tribal members selling land, houses, mobile homes, vehicles, and farm equipment. Leasing of houses and mobile homes will be accepted. Smaller items which can be sold at the local flea markets or weekly yard sales will NOT be accepted.

Currently, this service is FREE to Tribal members. Land, houses, and mobile homes must be within the reservation boundaries. Ads must meet the 160 character limit. Ads that exceed the 160 characters will NOT be submitted into the Newsletter. A single picture may be submitted with the ad. Submitters of classified ads are responsible for generating their own ads as this is a FREE service.

As a reminder, Tribal business owners may submit a small flyer at no charge. Like the classified ads, business owners are responsible for generating their own flyers as this is a FREE service.

Classified ads and business flyers will be posted no more than two consecutive months. In the event where the Newsletter may exceed the 24 page limit, classified ads and business flyers will be "bumped" for newsletter articles. Again, this is a FREE service for Tribal members.

The Isleta Newsletter is owned and operated by the Pueblo of Isleta. Therefore, the Governor of the Pueblo of Isleta has the final say of all articles and contents within the Isleta Newsletter

For additional questions, you may call the Library and speak with Nate or Tara at 505.869.9808.

Thank you,

Nathaniel Lujan

Newsletters may be found at the sixteen distribution locations listed below. Remember, Digital copies of the Newsletter may be obtained from the Newsletter archive at http://www.isletapueblo.com/newsletters.html

The sixteen Newsletter distribution locations are:

- 1) The Administration Building (Governor's Office): Receptionist Desk
- 2) Census Office: Receptionist Desk
- 3) Health Center: Lobby(Newsletter Stand)
- 4) Housing Department: Receptionist Desk
- 5) Department of Education: Receptionist Desk
- 6) New Recreation Center: Newsletter Stand
- 7) Old Recreation Center: Front Desk & Breakroom (Newsletter Stand)
- 8) Tribal Service Complex: Receptionist Desk
- 9) Tribal Service Complex: I.P.D. Dispatch Window
- 10) Tribal Service Complex: Tribal Courts Window
- 11) Elders Center: Receptionist Desk & Lunch Delivery
- 12) Head Start: Receptionist Desk
- 13) Library: Newsletter Stand
- 14) Ranchitos Park: Blue Box (see picture for example)
- Old Head Start Complex: Blue Box (see picture for example)
- 16) Intersection of Tribal Road 82 & Tribal Road 84: Blue Box (see picture for example)

PROBATE NEWS

First Notice – A petition to Probate the Estate of Jose I. Martin, deceased October 22, 2017. Case No. CV-17-PRO-00003, has been filed with the Pueblo of Isleta Tribal Courts. Any person claiming an interest in the Estate may notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. A hearing on the matter is scheduled for Wednesday, April 01, 2018 at 1:30 p.m. Claims must be filed in writing with the Isleta Tribal Court Clerk, located at the Tribal Service Complex, 3950 Hwy 47 SE, Building A, Albuquerque, NM. Any questions regarding the matter may be directed to the Isleta Tribal Court Clerk at (505) 869-9699.

NAME CHANGE

First NOTICE that in accordance with Pueblo of Isleta Tribal Court requirements the Petitioner **Ricky Gallegos** has applied to the Pueblo of Isleta Tribal Courts, at the Tribal Services Complex, Bldg A, 3950 Hwy 47 SE, Albuquerque, NM 87105, for an ORDER FOR CHANGE OF NAME from **Ricky Gallegos** to **Ricky Fransisco Ballejos**. Any person claiming an interest in this matter may notify the Court in writing and/or attend the hearing. The hearing on this matter is scheduled for **Wednesday, May 2, 2018 at 1:30 PM**. Any interested parties may contact the Tribal Court Clerk with any questions at 505-869-9699.

The Pueblo of Isleta Elementary School GOVERNING BOARD VACANCY

The Pueblo of Isleta Elementary School has vacancies to serve on the Pueblo of Isleta Governing Board. Nominations are now being accepted. If any tribal member is interested in serving on a dynamic, innovative, education school system, please submit your Letter of Interest and Resume to the POI Tribal Council Secretary's Office at the POI Tribal Services Complex during normal business hours from 8:00 am to 4:30 pm.

If you should have any questions, please contact the Pueblo of Isleta Elementary School Principal, Ms. Rebecca Vesely at 505-869-2321.

PUBLIC SERVICES DEPARTMENT SOLID WASTE PROGRAM

New Transfer Station Hours

Starting <u>Sunday</u>, <u>June 17</u>, <u>2018</u> the Transfer Station will no longer be open on Sundays. New hours of operation will be:

Monday – Friday 8:00 AM – 4:30 PM Saturday 7:00 AM – 4:00 PM Sunday CLOSED

The Transfer Station will be undergoing some improvements in 2018. Updates will be posted when the work is scheduled.

New Refuse Trucks



The Pueblo has purchased (2) new trash trucks that were delivered in April 2018 to service the community. After testing the new trucks in the field and working out a few adjustments with the vendor on both the trash compactors & arms, the new trucks are now actively hauling trash in the community.

NMED Recycling Grant Award

The Solid Waste Program has secured a New Mexico Environment Department (NMED) grant award of \$21,000 to purchase twenty (20) - three hundred (300) gallon recycling bins that will be used for additional centralized recycling locations being identified throughout the community. In addition, the grant also includes funding to purchase three hundred (300) sixty-five (65) gallon residential recycling containers that will allow the first phase of the recycling route expansion to residents located west of NM 47 in September 2018.

PUEBLO OF ISLETA DIAL-A-RIDE TRANSIT SERVICE EXPANSION

The Public Service Department partnered with the Rio Metro Regional Transit District to implement a Dial-a-Ride Transit Service within the Pueblo, to provide transportation from homes to destinations within the Pueblo between the hours of 9:00am to 2:00pm.

The Service was implemented on December 4, 2017 and to-date the service has NOT been utilized by the Community.

As a result, various changes will be implemented in July 2018.

CHANGES WILL INCLUDE THE FOLLOWING:

1) EXTENDED HOURS OF OPERATION: 8:00AM - 4:00PM, M-F

2) EXPANDED DESTINATIONS OUTSIDE THE PUEBLO BOUNDARY:

Los Lunas, Bosque Farms and Peralta (Walmart and other Grocery Stores, Businesses, Doctor's Offices)

At this time, the Dial-a-Ride Transit Service cannot be extended outside of the areas noted above. The service will continue to be evaluated and changes made to effectively serve the needs of the Community utilizing the resources currently available to the Program.

Expanding this Transit Service is contingent upon increased ridership, which is required to pursue additional Federal Grant Funding, and to justify additional Pueblo Funding.



For service to Albuquerque, take Bus Route 208 or the New Mexico Rail Runner Express

and Peralta. Monday-Friday, 8 a.m. - 4 p.m.



Stop by our booth at the **Isleta Environmental Fair July 14th, 10 a.m - 2 p.m.**



Learn about our services & enter to win one of three \$50 Dion's Gift Cards



ANIMAL CONTROL

Parvo (Parvovirus)

"Parvo" or Parvovirus, is a highly contagious and serious disease making its presence known here in Isleta this year. To date we have had at least a dozen calls with questions about the signs of parvovirus. Parvovirus is a serious disease cause by a virus. The virus attacks the lining of the small intestine that helps absorb nutrients. It affects puppies, dogs and wild canids like foxes and coyotes. The virus is spread by dog to dog contact and contact with contaminated feces/stool, environments or people. The virus can contaminate food and water bowls, collars, leashes and the hands, clothing and footwear of people who handle infected animals. The virus is resistant to heat, cold, humidity and drying which allows it to survive for long periods of time.

All dogs are at risk for contracting parvovirus, but puppies less than four months of age and those dogs that have not been vaccinated against parvovirus have a greater risk of contracting the disease. Dogs that have been infected with parvovirus often are said to be lethargic (lazy and not active); have a loss of appetite; will have a fever; vomiting; and often bloody diarrhea. Vomiting and diarrhea can cause rapid dehydration and most deaths from parvovirus will occur 48 to 72 hours after onset of clinical signs. Physical examination and fecal testing by a veterinarian is the only way to confirm a dog has parvovirus. There is no specific drug available that will kill the virus. Treatment is intended to support the infected dog in effort to combat dehydration by replacing electrolyte and fluid loss. Because parvovirus is highly contagious it is necessary to isolate infected dogs. Proper disinfection of the areas where infected dogs are housed is essential to control the spread of the disease. Using 1 part bleach to 30 part water solution has been found to reduce the parvovirus in contaminated surfaces and areas reducing the chance of infection of other dogs.

Vaccination is the best prevention. It is extremely important to vaccinate as young puppies are very prone to contracting parvovirus. It is best to consult with a veterinarian on which vaccination program is best for your dog. An owner will spend a little bit of money to get a dog its vaccines, but much less expensive for a vaccine than it is to treat a dog for parvovirus. One individual who treated their dog who had parvovirus spent approximately \$500 to get it treated. With that said it is important and your duty as an owner to have your pets vaccinated as recommended by a veterinarian.

By Isleta Animal Control. **a portion of this information was taken from the American Veterinary Medical Association, Parvovirus pamphlet.





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Published By:
Valencia Express

Isleta Career Opportunities



Updated: May 25, 2018 (Internal Postings in BOLD)

www.isleta.com			
REQ	<u>TITLE</u>	DEPARTMENT	REMOVAL DATE
1633BR	ATTENDANT FLOOR- SLOTS	SLOTS	Internal 06/01/2018 External 06/08/2018
1634BR	ATTENDANT FLOOR-SLOTS	SLOTS	Internal 06/01/2018 External 06/08/2018
1652BR	COOK-DELI	F&B	Internal 06/01/2018 External 06/08/2018
1653BR	COOK-DELI	F&B	Internal 06/01/2018 External 06/08/2018
1651BR	COOK-DELI	F&B	Internal 06/01/2018 External 06/08/2018
1650BR	COOK-DELI	F&B	Internal 06/01/2018 External 06/08/2018
1649BR	COOK-DELI	F&B	Internal 06/01/2018 External 06/08/2018
1648BR	COOK-DELI	F&B	Internal 06/01/2018 External 06/08/2018
1647BR	COOK-DELI	F&B	Internal 06/01/2018 External 06/08/2018
1646BR	COOK-DELI	F&B	Internal 06/01/2018 External 06/08/2018
1645BR	COOK-DELI	F&B	Internal 06/01/2018 External 06/08/2018
1628BR	COORDINATOR PROMOTIONS-MARKETING	MARKETING SPECIAL EVENTS	Internal 06/01/2018 External 06/08/2018
1637BR	COSMETOLOGIST - SPA	SPA SALON	Internal 05/28/2018 External 06/04/2018
1640BR	HEAVY DUTY CLEANER-F&B	F&B UTILITY	Internal 05/29/2018 External 06/05/2018
1638BR	MASSAGE THERAPIST - SPA	SPA THERAPY	Internal 05/28/2018 External 06/04/2018
1636BR	POOL ATTENDANT	POOL MAINTENANCE	Internal 05/28/2018 External 06/04/2018
1656BR	RECRUITING MANAGER	HUMAN RESOURCES	Internal 06/01/2018
1631BR	SERVER - STEAKHOUSE	F&B STEAKHOUSE	Internal 05/28/2018 External 06/04/2018
1635BR	SUPERVISOR - SPA	SPA MANAGEMENT	Internal 05/28/2018 External 06/04/2018
1639BR	SUPERVISOR BOWLING AMUSEMENT	FUN CONNECTION	Internal 05/29/2018 External 06/05/2018
1655BR	TRAINING COORDINATOR	HUMAN RESOURCES	Internal 06/01/2018 External 06/08/2018
1599BR	AGENT-SURVEILLANCE	SURVEILLANCE	29-May-18
1600BR	AGENT-SURVEILLANCE	SURVEILLANCE	29-May-18
1625BR	ATTENDANT FLOOR-SLOTS (part-time)	SLOTS	29-May-18
1626BR	ATTENDANT FLOOR-SLOTS (part-time)	SLOTS	1-Jun-18
1627BR	ATTENDANT FLOOR-SLOTS (part-time)	SLOTS	29-May-18
1573BR	ATTENDANT ROOM	HOTEL HOUSEKEEPING	29-Dec-18
1429BR	BAKER-F&B MAIN	F&B BAKERY	29-Dec-18
1541BR	BAR BACK	F&B SPORTS BAR	29-Dec-18
1402BR	BEVERAGE SERVER	F&B BEVERAGE SERVICES	29-Dec-18
1542BR	BEVERAGE SERVER	F&B BEVERAGE SERVICES	29-Dec-18
1544BR	BEVERAGE SERVER	F&B BEVERAGE SERVICES	29-Dec-18
759BR	BOWLING MECHANIC	FUN CONNECTION	20-Oct-18
1582BR	CAPTAIN SHIFT MANAGER	SECURITY	6-Jun-18
1325BR	CASHIER -F&B STEAKHOUSE	F&B STEAKHOUSE	3-Aug-18
1489BR	CASHIER -F&B STEAKHOUSE	F&B STEAKHOUSE	2-Jan-19
1602BR	CLERK FLOOR-BINGO	BINGO	8-Jun-18
1604BR	CLERK ISSUE- BINGO	BINGO F&B SPORTS BAR	8-Jun-18 29-Dec-18
1547BR 1548BR	COCKTAIL SERVER COCKTAIL SERVER	F&B SPORTS BAR F&B SPORTS BAR	29-Dec-18
1549BR	COCKTAIL SERVER COCKTAIL SERVER	F&B SPORTS BAR	29-Dec-18
1549BR 1482BR	CONCESSIONS ATTENDANT - CHILI RISTA	F&B DELI	29-Dec-18
1402BR 1416BR	CONCESSIONS ATTENDANT - DAUBERS	F&B BINGO SNACK BAR	12-Jan-19
1463BR	CONCESSIONS ATTENDANT - DAUBERS CONCESSIONS ATTENDANT- CHILI RISTA	F&B DELI	29-Dec-18
1481BR	CONCESSIONS ATTENDANT- CHILI RISTA	F&B DELI	29-Dec-18
1494BR	CONCESSIONS ATTENDANT- FUN CONNECTION	F&B FUN CONNECTION	29-Dec-18
1449BR	COOK-DELI	F&B DELI	29-Dec-18
1526BR	COOK-EDR	F&B EMPLOYEE DINING	29-Dec-18
1595BR	COORDINATOR PROMOTIONS-MARKETING	MARKETING SPECIAL EVENTS	
1386BR	CUSTODIAN (Graveyard)	CUSTODIAL	20-Dec-18
1387BR	CUSTODIAN (Graveyard)	CUSTODIAL	20-Dec-18
1380BR	CUSTODIAN (Graveyard) DATABASE MANAGER EXECUTIVE HOST	CUSTODIAL	20-Dec-18
1630BR	DATABASE MANAGER	MARKETING MANAGEMENT	1-Jun-18
1619BR	EXECUTIVE HOST	MARKETING PLAYERS CLUB	1-Jun-18
1395BR	GUEST ROOM ATTENDANT	HOTEL HOUSEKEEPING	29-Dec-18
1534BR	GUEST ROOM ATTENDANT	HOTEL HOUSEKEEPING	29-Dec-18
1550BR	GUEST ROOM ATTENDANT	HOTEL HOUSEKEEPING	29-Dec-18
1377BR	HEAVY DUTY TECHNICIAN-HOUSEKEEPING	HOTEL HOUSEKEEPING	29-Dec-18
1607BR	HOTEL SHUTTLE DRIVER	VALET	31-May-18
1572BR	IRRIGATION TECHNICIAN	GOLF COURSE MAINTENANCE	
1493BR	LABORER-GOLF COURSE	GOLF COURSE MAINTENANCE	25-May-18
1614BR	LANDSCAPE TECHNICIAN	GOLF COURSE MAINTENANCE	25-May-18
1564BR	PREVENTION MAINT TECHNICIAN	FACILITIES MAINTENANCE	25-May-18
1615BR	REPRESENTATIVE GUEST SERVICE	MARKETING PLAYERS CLUB	31-May-18
1522BR	RESTAURANT CHEF	F&B EMPLOYEE DINING	30-Dec-18
1324BR	SERVER - STEAKHOUSE	F&B STEAKHOUSE	3-Aug-18
1397BR	SERVER - TIWA	F&B TIWA F&B TIWA	1-Jun-18 1-Jun-18
1468BR	SERVER - TIWA	I GD TIWA	1-Juli-10

Isleta Career Opportunities



1621BR	SUPERVISOR CALL CENTER	HOTEL CALL CENTER	29-May-18
1616BR	SUPERVISOR FLOOR TABLE GAMES	TABLE GAMES	28-May-18
1622BR	SUPERVISOR GUEST SERVICE	MARKETING PLAYERS CLUB	29-May-18
1479BR	SUPERVISOR SHIFT SLOTS	SLOTS	29-May-18
1423BR	TABLE GAMES DEALER	TABLE GAME	8-Jun-18
1596BR	TEAM MEMBER-COUNT	COUNT	1-Jan-19
1613BR	TEAM MEMBER-COUNT	COUNT	1-Jan-19
1624BR	TEAM MEMBER-COUNT	COUNT	1-Jan-19
1393BR	TIWA LINE COOK	F&B TIWA	26-Oct-18
1559BR	TIWA LINE COOK	F&B TIWA	29-Dec-18
1311BR	VALET ATTENDANT	VALET	29-Dec-18
1312BR	VALET ATTENDANT	VALET	29-Dec-18
1328BR	VALET ATTENDANT	VALET	29-Dec-18
1333BR	VALET ATTENDANT	VALET	29-Dec-18
1452BR	VALET ATTENDANT(GRAVEYARD)	VALET	29-Dec-18

Pueblo of Isleta Career Opportunities

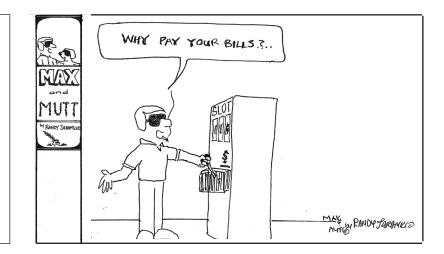
Position Posting Office Location **Closing Date** ARCHITECTURAL TECHNICIAN, Housing Authority, Open Until Filled ASSOCIATE JUDGE, Tribal Courts, Open Until Filled Head Start & Child Care, **NEW - BUSINESS MANAGER,** Open Until Filled Open Until Filled CAREGIVER II (3-Positions), Assisted Living Facility, CLINICAL APPLICATION COORDINATOR, Health Center, Open Until Filled CLINICAL THERAPIST. Open Until Filled Health Center, COMPLIANCE INSPECTOR, Gaming Regulatory, Open Until Filled Facilities Management' CUSTODIAN, Open Until Filled Open Until Filled RE-ADVERTISEMENT DENTIST, Health Center, Elementary School, Continuously Accepting Applications EDUCATION ASSISTANT, Open Until Filled EXECUTIVE DIRECTOR, Department of Education, Natural Resources, WITHIN ONLY-NEW - FENCE CREW LABORER, 05/29/2018 Open Until Filled HR BENEFITS SPECIALIST (Temporary), Human Resources, SUMMER AQUATICS AIDE/ LIFEGUARD POSITION, Recreation Center, Open Until Filled NUTRITIONIST, Health Center, Open Until Filled NUTRITIONIST COORDINATOR, Head Start & Child Care, Open Until Filled NURSE MANAGER, Health Center, Open Until Filled OPTOMETRIST, Health Center, Open Until Filled PARK MAINTENANCE WORKERS (5 Full Time & 1 Occ.), Open Until Filled Parks & Recreation, PARK MAINTENANCE WORKERS (OCC), Parks & Recreation, Open Until Filled PERSONAL CARE SERVICE AIDE (Occasional), **Continuously Accepting Applications** Elder Center, Open Until Filled PHYSICAL THERAPIST, Health Center, PHYSICIAN, Health Center, Open Until Filled Open Until Filled PLUMBER, Housing Authority, POLICE OFFICER-CERTIFIED, Police Department, Open Until Filled POLICE SERGEANT, Police Department, Open Until Filled NEW - RANGELAND MANAGEMENT TECHNICIAN, Natural Resources, Open Until Filled REGISTERED NURSE (PT-20hpw), Open Until Filled Health Center, **NEW - REGULATORY MONITOR,** Elder Center, WITHIN ONLY-Open Until Filled ROADWAY MAINTENANCE WORKER I (Groundskeeper), Open Until Filled Public Works, WITHIN ONLY-POI Elementary School, SPECIAL EDUCATION TEACHER, Continuously Accepting Applications SPECIAL EDUCATION TEACHER I or II, Head Start & Child Care, Open Until Filled TEACHER I or II-EARLY HEAD START, Head Start, Open Until Filled TEACHER-ELEMENTARY SCHOOL, Continuously Accepting Applications POI Elementary School, TEACHER-HEAD START, Head Start & Child Care, Open Until Filled Department of Education, WITHIN ONLY-TIWA LANGUAGE INSTRUCTOR Open Until Filled Open Until Filled TIWA LANGUAGE TEACHER, Elementary School, VETERAN SUPPORT SERVICE PROGRAM MEMBER, Open Until Filled Elder Center, NEW - VOLUNTEER PROGRAM MANAGER, Elder Center, WITHIN ONLY 05/29/2018 WILDLAND FIRE CREW (3 Positions), Natural Resources WITHIN ONLY-Open Until Filled



To apply for IBC positions click on application link at http://www.isletapueblo.com/careers. html ,complete application, and submit to IBC. Or call **Isleta Business Corporation** at 505-869-7568.

Current Open IBC Positions:

Sales Associate, Open Until Filled



Lucas Lente

When you put your mind to it, the possibilities are endless!



The Mighty Tiger Battalion

In recognition of your outstanding contribution to the Los Lunas High School Army JROTC Tiger Rifle Marksmanship Team, during the 2017-2018 school year. You are commended for your adventurous curiosity towards trying new things, thus resulting in discovery of new things about yourself. Thank You for your significant sacrifice of time and effort to develop skills in a very challenging technical sport and for representing our unit in a most positive manner. You set a PR of 430 this year. HOOAHH!

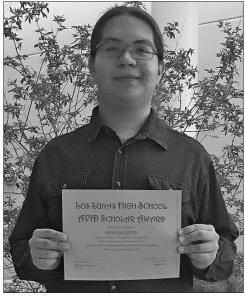


End of Year Let I Appreciation Award

For recognition of your significant commitment to the Mighty Tiger Battalion during the 2017-2018 school year – Your efforts have contributed a great deal toward making our battalion what it is today – simply THE BEST.

We hope to see you again next year as an eager Let II cadet. But, until then, thank you for all you do and best of luck in all your future endeavors.

Proud Parents of Lucas are: David and Evangeline Lente



Los Lunas High School Avid Scholar Award and Academic Letter Award

Upon recommendation of the Administration and Faculty for Outstanding Accomplishments and Excellence: 3.7 GPA, 2017-2018 School Year



Excellence Award – Los Lunas High School Army Junior ROTC

PUEBLO OF ISLETA RECREATION CENTER

MARTIAL ARTS



The students of the Pueblo of Isleta Recreation Center Martial Arts Program recently attended the Region 10 Karate Tournament in Albuquerque, NM. The students pictured from left to right: Ms. Jojola took first place in sparring and in kata (forms), Mr. Jaramillo took first place in sparring (kumite) and Kata (forms), along with Ms. Jaramillo taking first place in Kata (forms) and second in sparring (kumite). Mr. Chavez, their martial arts coach, was taking the photograph. Students from around the state of New Mexico, Texas and Colorado were in attendance at the tournament.

Next month these students will be testing for advanced belts in

Blue belt, Green belt and Orange belt. Along with several other students in the class.

If you are interested or have questions you can contact Mr. Chavez at 505-866-4360 or at the IRC at 505-869-9777.

SWIMMING POOL NEWS

Summer is here and the Summer Rec program is in full swing! This means that the pool will be getting a lot of use from the children of Isleta and we will have new hours. Our new hours will be Monday-Thursday from 6:00am to 6:45pm. Friday hours will be 6:00 am to 5:30pm. Saturday hours will remain 10:30am- 3:00pm. Each day we will be closed from 12:00pm- 1:00pm for shift change and clean up. The change of hours will take place June 4th, 2018. These new hours are going to accommodate more of our summer swimmers. This gives more time to come in and cool off in our main pool, or relax in the hot tub. If you have small children, our wading pool is perfect for them being kept at 90° F. For those sore muscles and aching joints our hot tub is kept at 104° F.

With the hours changing, some of our program times will be changing with them. Water aerobics will remain on Tuesday morning and evenings from 7:00am- 8:00am, and 4:30pm-5:30pm. Adult lap swim will remain on Monday, Wednesday, and Friday mornings from 6:30am- 7:30am. Swim training is still going on, but will be less frequent due to the high pool usage. The first June session is full, but we are taking signups for the second session of June. It is a first come, first serve so sign up as quickly as possible. Make sure to sign up online, or come into the pool office to get registered. We look forward to spending the summer with everyone and hope to see you in soon!

Attention Students Higher Education Graduates:

Congratulations to all Graduates!

Tristin Povijua, Certificate in Automotive Technology, Associates of Applied Science in Integrated Studies, Central New Mexico Community College

Dominique Garcia, Certificate as a Pharmacy Technician, Central New Mexico Community College

Haylee Ann Ryan Abeita, Certificate in Phlebotomy, Central New Mexico Community College

Angela Zuni, Associate of Applied Science in Radiography, PIMA Medical Institute

Anna Ritter, Associate of Arts in Elementary Education, University of New Mexico – Valencia Campus

Amanda Jiron, Associates in Business Management, Concentration in Human Resources Management, Cornell University

Everett Paquin, Associate of Applied Science in Heating, Ventilating, Air Conditioning and Refrigeration Technology, Central New Mexico Community College

Alexandria Cambridge, Associate of Arts in Early Childhood Multicultural Education, Central New Mexico Community College

Christine Jojola, Associate of Arts in Human Services, Psychology, Sociology, Criminology and Liberal Arts, Central New Mexico Community College

Isabel Romero, Associate of Applied Science in Culinary Arts, Central New Mexico Community College

Michelle Mirabal – Jojola, Associate of Science in Integrated Studies, General Studies, Liberal Arts, Pre-Law and Sociology, Central New Mexico Community College

Amberrose Papuyo, Associate of Arts in Human Services, Associate of Integrated Studies, Central New Mexico Community College

Gabrielle Lucero, Associate of Science in Mathematics, University of New Mexico – Valencia Campus

Nicole Zuni, Bachelor of Business Administration with a Concentration in Accounting and Minor in Economics, University of New Mexico **Andrea Wilson,** Bachelor of Science in Community Health Education, Minor in Psychology, University of New Mexico

April Padilla, Bachelor of Science in Communicative Disorders, Minor in Chemistry, Bachelor of Art in Psychology, University of New Mexico

Kendra Lente, Bachelor of Science in Criminology, University of New Mexico

Diane Piegler, Bachelor of Art in Political Science, University of New Mexico

Adelene Armenta, Bachelor of Science in Biology, Minor in Chemistry, Bachelor of Art in Psychology, Minor in Biology, University of New Mexico

Albert A. Abeita Sr., Bachelor of Science in Native American Studies (Honors), Bachelor of Art in Criminology (Honors), University of New Mexico

Marcheyelle Armenta, Bachelor of Applied Science in Criminal Justice, Western New Mexico University

Sonya Sami, Bachelor of Science in Nursing, National American University

Tracee Abeita – Torres, Bachelor of Business Administration, Concentration in General Management, University of New Mexico

David Garcia, Bachelor of Science in Nursing, Brookline College

Basa Cowdin, Bachelor of Science in Sports and Health Science with a Concentration in Exercise Science, American Military University

Cassandra Abeita, Masters in Accounting, University of New Mexico, School of Anderson

Juliann Abeita, Masters of Legal Studies in Indigenous Peoples Law, University of Oklahoma College of Law

Erica Abeita, Master of Science in Nursing and Family Nurse Practitioner, University of New Mexico

FAFSA

Educational Opportunity Center (EOC) Please call (505) 277-2203

Take in your 2015 taxes for enrollment of the SUMMER 2018. Take in your 2016 taxes for enrollment of the FALL 2018

Scholarship Information

Next Available Funding: Fall 2018 Term
Every Student must turn in a new Application for funding.
You must submit all required documents on the dates listed below.
Funding <u>will not</u> be provided if documents are received after these deadline dates.

Fall Application Deadline July 1, 2018
Fall Supporting Documents Deadline August 31, 2018

It is the responsibility of the student to submit their required documents by deadline dates.

Isleta Higher Education Program Application and checklist for the 2018/2019 Academic year are currently available.

Upcoming Events

Save the date for our First Annual College Career, K-12 School Choice, and Tribal Collaborative Employability Training Saturday, January 12, 2019 Isleta Casino

Reminders:

- √ Please understand that once your file is complete with the Isleta Higher Education Program, your file will be reviewed to determine eligibility of funding. Your financial aid does takes time to process and may require you to establish a payment plan with your institution to avoid being dropped from your courses.
- $\sqrt{}$ Students it is extremely important you communicate with our office regarding any changes to your education.
- $\sqrt{}$ All students are required to submit **Official Transcripts** at the end of each and every term. You may order your official transcripts through your institution ahead of time and request the school process your request when *final grades post*.

Failure to provide <u>Official Transcripts</u> may suspend your scholarship award

If you have any questions or need further assistance, please do not hesitate to contact the Scholarship Program:

Cecelia Jaramillo, Scholarship Coordinator poi08001@isletapueblo.com

Kathleen Jojola, Scholarship Assistant poi08004@isletapueblo.com

Phone: (505) 869-9790



The Pueblo of Isleta Environment Division would like to thank Isleta Elementary School for working together on two projects. The first program we partnered with was Earth Force, a non-profit organization that provides environmental educational programs that center around civic action and problem solving strategies. It also fosters young people to be good stewards to the land, to their community and to the environment. Through this program students learned to identify environmental strengths and issues our community faces, especially water quality issues in the Rio Grande.

We also partnered with U.S. Fish & Wildlife Service with their outreach program called "Native Fish in Classroom." Through this program, students learned about the many different native fish species found in the Rio Grande, basic water quality testing and caring for their own native fish in their classrooms. U.S. Fish & Wildlife Service had nine schools participating this

year around the state and two of these schools were Pueblo schools. We were very excited to bring this program to Isleta and we hope we can continue to be a part of this program.

Both Programs ended with field trips to the Rio Grande where the students were greeted by Lt. Governor Max Zuni. He talked to the students on the importance of taking care of our land, water and the environment. The last day of the Native Fish in Classroom program, the students said their good-byes to the fish they raised in their classrooms and released them in to the Rio Grande. Thank you to Julia Bernal of Earth Force and Angela James of U.S. Fish & Wildlife Service for partnering with the Pueblo and bringing and sharing these great programs with our youth.



April 20, 2018 – 6th graders from Isleta Elementary on a field trip with Earth Force learning about water quality and environmental challenges.



May 10, 2018 – 4th & 5th graders from Isleta Elementary greeted by Lt. Governor Max Zuni on the U.S. Fish & Wildlife Service field trip to the Rio Grande.



May 10, 2018 – Students from Isleta Elementary who participated with the Native Fish in Classroom program through USFWS, getting ready to release the fish they raised in their classrooms in the Rio Grande.

Johnson - O'Malley

The Pueblo of Isleta Johnson – O'Malley program would like to congratulate the following 2018 graduates!! May this be the beginning of your successful journey!

Alexander Edaakie Isaiah Jojola Jared Lujan Alyssa Abeyta Andrea Nasia-Janae Mora Jasmine James Ashley Jaramillo Jessica Epiceno Audrey Sandavol Joshua Bear Ground Briana Lynn Mariano Katlin Begay Cameron Ward Keionna K. Lujan Cera Abeita Madaline Montoya Damion Zuni Makayla Piro Darren Martin Marissa Benavides David Roybal Melaine Ortiz Deanna Jojola Merceades Armenta Deidra Zuni Nikolas Povijua Delcennia Baxendale Patrick Augustine Jr. Dominic Baca Phylicia Garcia Douglas Natseway Rebecca Lente Dylan Nathan Lucero Sara Lente Elizabeth Brock Sara Roybal Everette Jaramillo Savannah Lovato Gabriel Cauy Abeita Tyler Olguin

Thomas Becenti

Tyler Jaramillo

Zachary J. Abeita

Hannah Lucero

Hayley Torres

Isaiah Chavez



Pueblo of Isleta JOM Indian Education Committe Vacancy

The JOM program is looking for an parent/guardian to serve on the IEC committee for the program. If you are interested or would like to nominate an individual please contact the office at 505-869-9810. We will be accepting nominations up until Saturday, August 4, 2018. Once we have received the nominations then parents will have an opportunity to vote at our first Family Night for the up-coming 2018-2019 school year. If you have any questions please contact Michelle Valdez or Kristle Gonzales @ 505-869-9810.



ISLETA RESORT & CASINO



Isleta Resort & Casino proudly unveiled one of its greatest new resources: an expanded health clinic for employees. The facility is an upgrade to a smaller clinic, which used to be located deep in the bowels of the resort. The Clinic is located in the hotel of Isleta Resort & Casino, adjacent to the swimming pool area. The public entrance is at the south side of the building where parking is available. This means there is increased convenient access for those who use the facility.

So who can visit The Clinic? The Clinic at Isleta Resort & Casino is available only to the employees of the Pueblo of Isleta and Isleta Resort & Casino and will provide service for routine walk-ins or urgent care type illnesses. Family members of POI and IR&C who are covered under the POI/IRC Blue Cross and Blue Shield plan may be treated at the Clinic. The Clinic can treat patients ages 2 years and older. The clinic does not have the capacity to treat patients under 2 years of age. The Clinic's purpose does not permit treating patients who are on Medicare and/or Medicaid. There is no co-pay for clinic visits.



The Clinic will provide service for routine walk-in or urgent care type illnesses. Common reasons for clinic visits include:

- Ear, nose, and throat ailments
- Upper/lower respiratory conditions
- Cold/Flu/Strep Throat symptoms
- Routine clinical evaluations
- Blood pressure checks
- Gastrointestinal ailments
- Minor skin irritations/conditions
- Minor health issues requiring immediate medical attention
- In the event of an emergency or lifethreatening situation during normal clinic hours, the clinic will coordinate transfer of a clinic patient to the nearest hospital via 911.
- Other clinical services may be provided as the need requires.

The Clinic is open Monday through Friday, 7:00 a.m. to 4:00 p.m., and it is closed on Saturdays, Sundays, and holidays.







Pueblo of Isleta Public Library

Congratulations to all students who were promoted and graduated from all schools. This is your stepping stone to many more accomplishments yet to come. With graduation parties coming up, come check out our variety of cookbooks for ideas for side dishes, utilize our computers to make graduation invitations, congratulation cards and check out our variety of music for graduation dances. In other words, come see what YOUR library offers for FREE.

News

The Library is gearing up for our Summer Reading Program, which kicks off June 11th through July 25th. During this time the library may be busier and louder than usual. Juniors will be meeting in the mornings from 9:00am-12:00pm and Youth will meet starting at 1:00pm-4:00pm. For the month of June Juniors will be going on two field trips, one on June 15th to see the new Incredibles 2 movie and Explora on June 28th. The Youth will be going to Gravity Park on June 14th and Meow Wolf on June 29th. Calendars of activities for each program can be found at the library front desk.

Library staff has had extensive training with our new library system. We would like to remind library users that you have access to the phone app for free. Android phone users can download the app: "Atriuum on the Go" (Blue Logo). Apple users can download the app: "Librista" (stack of books logo). Both apps give you instant access to search the library catalog from your mobile device. Search for DVDs, CDs, and more. Access My Items to manage your account and renew items. You can also upload a "selfie" so we know who the library card belongs to. To have access to these feature you will need to set up a password on your library account. If you would like help accessing this service, please call the library and set up a one on one time to receive training. Give us a call 505.869.9808 to get started.

Starting June 1st the library will be offering Freegal Music to all library patrons. Library users will have the opportunity to download 3 legal songs each week for FREE. Freegal only offers Sony Music Artists and music selection may be limited. All music downloaded is yours to keep and transferable to your mobile devices. This is your opportunity to build up your music collection. You will need your library card number and password to log into Freegal Music. Please speak with a library staff member about setting up a password. If you have any questions about Freegal Music, give the library a call and speak with a staff member at 505.869.9808.

Join us on Wednesday June 6th for a short presentation on our new Online Catalog and Freegal Music. We would like to encourage you all to join us to learn about these new services. We will be having a day session from 1:00-1:30pm and an evening session from 5:30pm-6:00pm. No need to sign up. We will discuss the benefits of having your library card, accessing our online catalog, viewing your library account, Easy to use app for your phone, what is Freegal, and how to download songs. If you have any questions or are unable to attend but would like one on one training, please give the library a call and set up a time with a staff member at 505.869.9808,

The Library will be adding a small addition to the library on the children's side of the library. A small retractable shade will be added to the children's outdoor section of



Botball team showing off their 3rd place win and judges award along with library staff members.

the library. This will be utilized for shade on days when we do activities for the kids, Storytime and Summer Lunch Program. Shade has been built and designed by the Pueblo of Isleta Parks crew.

Upcoming

The library will be hosting the Summer Lunch Program provided by Bernalillo County. We will be serving breakfast and lunch for children ages 1-18 years old in our Art Room. Breakfast will be served from 8:00am-9:30am starting June 4th and lunch will be served from 11:30am- 1:00pm starting May 30th. All meals are FREE and must be eaten on site. If you have any questions regarding this program you may give the library a call at 505.869.9808.

Looking for other options for your workout plan? Come to the library and check out our variety of Fitness bags. Sports and Endurance bags: Hurdles, Agility ladder, Perfect Push Up, and Quick Cones. In Home Gym: Slim Sculpting, Cardio and Conditioning Yoga, 10 Pounds Down with Jessica Smith, and Lean Body Circuits. Cardio Bags: Power Series Triple H DVD. Piloxing, Chair Resistance Band, and Zumba Tone up. All bags include workout equipment, drill cards, fitness books, workout programs, and DVD's. Workout bags have a two week check out period. Late fees are \$2 each day a bag is late with a max fine of \$50 (Value of the bag). If you have any questions about our Fitness bags, please give us a call at 505.869.9808.

The library now offers cake pan bags for check out! Cake pan bags will come complete with a specialty cake pan, instructions, piping bag, icing tips, and decorating tips. These are available for check out with a one-week check out period. One bag per adult library account. A \$2 late fee will be applied for each day the bag is late with a max fine of \$50 (Value of the bag). Please be courteous to other patrons and wash and clean supplies in bag so that it may be ready for the next patron to use. We have a total of 13 specialty cake pan bags. Come to the library and check out our selection.

Cake pan bags can be found in the General nonfiction area. If you have any questions regarding our cake pans please give us a call at 505.869.9808.

Recap

We would like to congratulate our Botball team "18-0654 Islanders" for placing 3rd place in the New Mexico Botball Regional Tournament which took place on April 21st at the UNM-Valencia campus. They had a long day starting at 6:00am and ending at 4:00pm. There was a total of 8 teams from around New Mexico who competed in the tournament. Overall points for this competition included onsite presentation, online documentation, and tournament results. Our team also received a Judges Choice award for being the only team to get "bot guy" (red plush toy) into the tram which was a total of 250pts on its own. The team has qualified for the International Botball tournament in Indian Wells, California on July 25th- July 29th. This will be a part of the Global Conference on Educational Robotics. We would like to thank the community for the continued support for our team. In May's issue of the newsletter the library recapped the Botball program mentioning the students that are involved. We would like to sincerely apologize to Alyshia Abeita. We mistakenly put the incorrect last name.

Manga Cooking Book Club took place every



Manga Cookbook member having fun making her Onigiri Rice Ball.



Manga Cookbook members making Onigiri Rice Balls from the animated tv series Pokemon.

Tuesday in May from 4:30pm-6:30pm. This was open to 8 people ages 10 and up. Library staff member Cheyenne taught the participants how to make 5 Manga inspired food dishes such as Onigiri Rice, Rice Porridge, a Milkshake, Sumire original Fried Chicken Wrap, and Onigiri Rice Balls. Come check out our Manga and Anime collection of books and movies. We update that section regularly and host Manga book clubs showcasing our collection.

On May 8th the library held its first trivia night featuring the Friends TV Show. Library staff members Tara and Diane created a total of 6 "Friends" themed games with 4 teams present. We played a variety of games such as video questions, hum that song, name that song, who said it, how well do you know your friend, and lastly we played our version of the lightning round. Dinner was provided celebrating a Friends theme including the Joey special (Two pizzas), Phoebes chocolate chip cookies (Nestle Toll House). We gave out prizes to the top two teams. Second place received a cheesecake to share and the first place winner won two travel coffee mugs with hazelnut and french vanilla coffee. We also displayed books which we felt the Friends cast would check out based on their interests. We concluded our program on May 15th with a friends paint night. The friends had the choice to paint either half of a moon or sun which came together as one piece. We would like to thank all the participants for joining us both nights.



Friends Paint and Coffee Night taken place on May 15th.

Every Thursday in May we held a sweet treat competition called "Nailed it". This concept came from the Netflix series called Nailed it where home bakers would compete in challenges that were based on presentation and taste. We had a total of three teams who were given a new challenge each week. The first challenge was a cake pop rose made of cake and fondant. The second challenge was a rice krispy graduation cake made with fondant. The last challenge was to make a cake out of fruit with the icing being cool whip. We would like to thank all the participants who were able to join us and compete in this friendly competition.



Friends Trivia Game Night teams writing down the answers to what they think their friend will say.





Finished paintings during our Paint and Coffee Night.



Nailed it team taking pictures of their accomplished cake pop flowers.



Nailed it team proud of their graduation rice krispy cake putting their own twist on colors and style.



Nailed it team showing us their cake pop flowers.

On May 18th we took our Homework Help students on their last incentive field trip to the Water Park at Wyndham Hotel formally known as Hotel Cascada. The students swam for a couple of hours and then enjoyed dinner at Furr's Buffet. We would like to thank the students who attended our program and kept on track with their homework and reading. We hope to see you all next school year with tons more homework.

During our Summer Reading Program registration we encountered some questions and concerns regarding our registration process. We know how early you all show up to register your children and we appreciate your support for our program. We thank you for voicing your opinion. We will be addressing these questions and concerns with library staff for next year's Summer Reading Program registration.

May 16th the library staff was recertified for First Aid and CPR Training. We all got a refresher on the procedures of CPR on adults, children and infants. We gained necessary knowledge in case of an emergency at the library.

Optometry Services



We would like to inform you that Dr. Bartlett is no longer with the Isleta Health Center's Optometry Department. We wish him well and thank him for his five years of service to the Pueblo of Isleta Health Center.

To ensure your continued care please contact Optometry services @869-4080

THANK YOU -Isleta Health Center Optometry Department

Pueblo of Isleta Elementary School

The month of May was packed with activities at Isleta Elementary School. All Kindergarten through Sixth Grade Students completed the final Spring NWEA Testing to measure academic growth from Fall to Spring. Thanks Students for working so hard!

The Fifth Grade Students traveled again to Kirtland Air Force Base to participate in the DOD STAR Base Activities on May 4th, May 14th and May 16th. Students learned about robotics, chemistry, physics, and research. We also plan to continue our DOD STAR Base Activities in School Year 2018-2019.

Many thanks to PNM! They once again sponsored our students and provided workshops in building solar cars. The Fifth Grade Students held their own local completion. The winners and supporters then traveled on May 11th to the Explora Science Center in Albuquerque for the State Solar Car Competition. Teams competed with other Pueblo schools. Each team consisted of three to four members who measured, designed and engineered their own solar cars within a course of three days. Eric Carpio, Elijah Zuni, and David Castro, Team "The Three Little Indians, placed 3rd in Design. Winners of the fastest solar car went to Jose Trujillo, Josiah "Jojo" Jojola, and Lawrence Lucero, of Team "Rez Kids." A big thank you to Paul Morgan and Teri Tewaheftewa from PNM for their time, patience, and knowledge.



3rd Place Winners: Team The Three Little Indians





Winners of the fastest Car went to Team Rez Kids pictured above posing with POI Governor Robert Benavidez



On May 6th, the Pueblo of Isleta Elementary School sponsored a team of runners and walkers in the Annual "Run for the Zoo." A team of fifty students, staff and parents participated on Team Isleta Elementary. Way to go!

Kindergarten through Second Grades visited Explora for a day of Science Fun on their field trip on May 7th.





On May 8th, the Pueblo of Isleta Students, Staff, Parents and Community were treated to a very special set of events. World reknown Violinist, Jack Glatzer performed two concerts at POIES. The morning concert was geared towards the younger students. Mr. Glatzer provided demonstrations with his violin and shared his expertise with our younger students and a group from the Head Start. The afternoon concert with the corresponding Native American Art Picture Show was an expose' of music written by Native American Composers.



Wonders on Wheels, (WOW) visited our campus on May 9th. Kindergarten through Sixth Grade Students enjoyed touring the museum and the hands-on materials that focused on Native American Culture, Art and History. Much of the exhibit was about the Pueblo Communities.

We had to say good-bye! Fourth and Fifth Graders worked all year with the U.S. Fish

and Wildlife Conservation Office along with the Isleta Environment Office on the "Native Fish in the Classroom" Project. Two tanks were set up with seven native Students worked on Science species. Lessons that focused on "fish" and our local environment. Students were able to watch the "live" births of one of their species and learned how to support the various species within the tank environment. May 10th was the final "Release Day," at the Rio Grande. Students, along with Fish and Wildlife Staff. Environment Staff. Lt. Governor Zuni and POIES Staff traveled to the river for the release and special lessons for Science and Tiwa Language. Students wrote special poems to celebrate the occasion.

Head Start Students had their final transition visit to on May 14th for their Annual Field Day with the Kindergarten Students. We look forward to working with our new Kindergarten Students in August 2018.

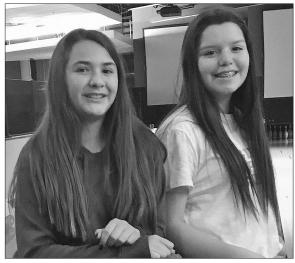
Field Day for Isleta Elementary was on May 17th. Students enjoyed a day of swimming and kickball, along with time in the gym at the Isleta Recreation Center. Thanks to our Rec Staff for their help and support!







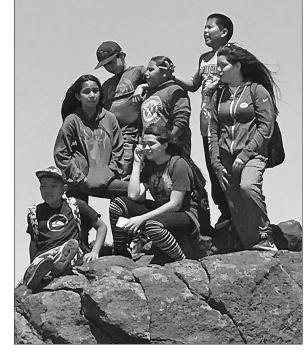
On May 21st, Sixth Graders began their last week at POIES with a trip to the Isleta Fun Center for bowling and games, followed by a catered lunch provided by Rudy's Barbeque. The Rites of Passage Celebration for the Sixth Grade Promotion and Awards was held during the evening of May 23rd. Refreshments were served following the program.





Third Grade through Sixth Grade Students traveled to the Petrogylph National Monument as part of the National Parks "Every Kid in a Park Transportation Grant," (received by the school), to hike, observe and learn about our local volcanoes that are located within the park. Fourth Grade through Sixth Grade Students will be visiting Chaco Canyon in June, during the school's Summer Program.







Sixth Grade Students also completed their final project with "Earth Force," and the Isleta Environmental Department on April 20th. Students traveled to the Rio Grande where they conducted water sampling and research. Lt. Governor Zuni and Ulysses Abeita, Tiwa Language Instructor also provided information and lessons.







The school's local Spelling Bee was also hosted April 30th. Students will compete against CENAC Pueblo Schools in the fall.





The Pueblo of Isleta Elementary School's Summer Program will begin on Tuesday, June 5th and conclude on June 28th. Course work will include intervention for Reading, Language Arts and Mathematics along with a variety of enrichment classes, such as Tiwa Language, art and pottery-making. Classes will follow the half-day schedule, 8:00 a.m. – 12:30 p.m. Breakfast and lunch meals will be provided through the Summer Meal Program at the POI Public Library.

The Pueblo of Isleta Elementary School is currently accepting Enrollment Applications for the 2018/2019 School Year. Applications may be picked up at the front desk of the school. New student enrollment requires the following documents: Certificate of Indian Blood (C.I.B.), Birth Certificate, and Immunization Records along with the completed Enrollment Application. If you have any questions, please call LaCrisha at 505-869-2321.



POIES hosted a group of special visitors on April 23rd. The U.S. Department of Education along with officials from the Bureau of Indian Education and the Department of the Interior visited our school and met with the Governing Board, Tribal Administration, Tribal Council and School Administration. The focus of the visit was our Tiwa Language Program and working as a Collaborative Team.

Health Beat:

June is Men's Health Month

Stephanie Barela, Health Educator

Menshealthweek.org,

http://www.idph.state.il.us/menshealth/healththreats.htm#3

Phone: 505-869-4479

Men are much less likely to go to the doctor and get the treatment they need, which is why it is important to celebrate June as Men's Health Month. This is a time not only to celebrate our fathers, husbands and brothers, but also to heighten their awareness of preventable health problems and increase early detection and treatment of disease. Healthier men live happier, longer lives. According to the CDC, the top three causes of death in Native American males is cancer, heart disease, and unintentional injuries, so do what you can to decrease your risk of these:

CANCER

- 1. Quit Smoking, Contact Stephanie at the Isleta Health Center, 869-4479 to help you quit.
- Get screened for prostate cancer. Early detection saves lives. Discuss with your our doctor whether you should have a prostate cancer screening.
- 3. Get screened for colon cancer. Start prevention health screenings at age 50 or earlier if you have a family history of colon cancer or have other risk factors.

HEART DISEASE

- 1. Treat high blood cholesterol by, keeping a healthy weight, and getting regular exercise. If in spite of your best efforts, your cholesterol remains high, discuss with your doctor medications that may help.
- 2. Eat a Healthy diet, low in saturated fat and cholesterol and high in fiber.
- 3. Manage your <u>diabetes</u> and <u>high blood pressure</u>. Modest changes to your diet can help to reduce your risk of developing these diseases. If you already have one of these diseases, keep your blood sugar levels under control.
- 4. Learn the signs and symptoms for a heart attack and seek help right away if you think you are having a heart attack.
 - Chest discomfort: This discomfort is usually in the center of the chest and can last for a few minutes or come in waves. It can feel like uncomfortable pressure, squeezing, fullness or pain.
 - Upper Body Discomfort: This can include pain or discomfort in one or both arms, the back, neck, jaw or stomach.
 - Shortness of Breath: This may occur before or in conjunction with chest discomfort.
 - Other: Some people may break out in a cold sweat; feel nauseated or light-headed.

UNINTENTIONAL INJURIES

 Unintentional injuries are simply accidents. Though a leading cause of death for men— many unintentional injuries can be easily prevented. Injuries in this category include, for example, injuries due to falls, fire and impaired driving.

Falls

- Exercise regularly. Exercise programs like Tai Chi that increase strength and improve balance are especially good.
- Drink only in moderation.
- Ask your doctor or pharmacist to review your medicines both prescription and over-the counter — to reduce side effects and interactions.
- Have your eyes checked by an eye doctor at least once a year.
- Improve the lighting in your home.
- Reduce hazards in your home that can lead to falls.

Fires

- Install Smoke Alarms: Approximately half of home fire deaths occur in homes without smoke alarms.
- Double Check Safety of Heating Units: Most residential fires occur during the winter months.
- Drink in Moderation: Alcohol use contributes to an estimated 40 percent of residential fire deaths.

Impaired Driving

- Never drink and drive
- Limit your driving distractions (don't text and drive)

Notice to Patients who are referred to AIH:

Dear Patients,

Any patients referred to Albuquerque Indian Health Center will be required to register and check in at the patient registration desk. For patients who have never been seen at the Albuquerque Service Unit, they must create a chart and be assigned a medical record number. In order to create a chart they must have:

- 1. Driver's license or valid picture ID card
- 2. CIB, Tribal ID card, or signed letter of discordancy from the tribe
- 3. Social Security Card
- 4. Birth Certificate
- 5. Medicaid/Medicare/Insurance card (if applicable)

Thank you

-Albuquerque Indian Health Center



Soon it will be time for our children to return to school and as you may know most schools require documents for the school registration process. The most common documents needed are the Sports Physical Form and Immunization Records.

Did you know that the Health Center can easily provide these documents for you?

If the parent or legal guardian will not be able to bring the child to the clinic and they need to have someone else bring them they will need to have the "Parent/Legal Guardian Authorization for Minor to Receive Care Form" completed and signed to receive the requested documents.

If you have any questions or concerns please call Medical Records @869-4389 we are here to assist you in filling out the required forms

THANK YOU

-Medical Records Department

Wellness Health Services, LLC

(Culturally Competent Home Health Care)

CURRENTLY RECRUITING:

CERTIFIED NURSING ASSISTANTS

- Salary Range: \$14.00 \$17.00 per hour
- Mileage reimbursement for travel

Send resume to:

Wellness Health Services, LLC 4300 Carlisle Blvd, NE Albuquerque, NM 87107

Email jtoya@msn.com if you have questions or require further information

WE ARE SURVIVORS

Stephanie Barela, Health Educator 869-4479 □ sbarela@islclinic.net

4th Annual Isleta Cancer Survivor's Day Event

Every year in June, people all over the country CELEBRATE National Cancer Survivor's Day. On May 8th, the Pueblo of Isleta Community Cancer Support group took part and held their 4th Cancer Survivor's Day event at the Isleta Health Training Center. Although it was a month early, the support group believes any time is the right time to celebrate the cancer survivors in the community.

The evening began with an opening prayer by Thunder Knife and then a very informative presentation on cancer and physical activity by Dr. Cindy Blair from UNM. Then Yolanda Serna and Rose Lente reminded us that cancer is not a death sentence. Following that cancer survivor discussion panel, all of the cancer survivors and caregivers were recognized, as way to show our support and appreciation for all that they do for our loved ones. After that there was a touching presentation on St. Peregrine by Mike Abeita.

The high point was the messages, poems, and prayers of encouragement and remembrance that participants had the opportunity to write on stickers that were then placed on balloons that we released at the end of the evening. The balloons were not only an acknowledgment of cancer survivors, but also a reminder of those who have lost their battle with cancer. As the balloons were released, we watched our dreams, hopes, and prayers being carried up to the Creator.

It was indeed a heartfelt and healing occasion and the POI Community Cancer Support group thanks everyone who participated and helped to make the night a success. Thank you to Governor Benavides for the moving invocation and to Thunder Knife Drum Group who regaled us with their beautiful songs. I especially want to thank the POI Community Cancer Support group and planning committee - Mary Ann Johnson, Barbara Marquez, Frances McElhaney, Lupita Chewiwi, Yolanda Serna, Mike Abeita, Clem Romero and Rose Zuni for their time in planning this event.

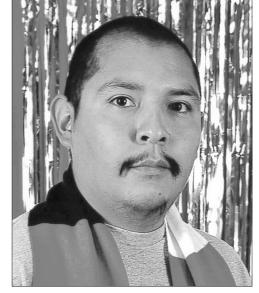
In closing, I would like to extend an open invitation to all community members to attend our monthly POI Cancer Support Group. We meet on the 2nd Tuesday of each month at the Isleta Health Center at 10:30 a.m. However, do keep in mind 3 times a year we meet in the evening. We will be meeting on June 12th, from 10:30-Noon, to learn about Parkinson's disease, July 10th we will meet from 10:30-Noon to learn about "Coping with Cancer" and then in August we will meet in the Evening from 6-7:30pm and learn about "Native American Cancer Data, What it means to you". Everyone is welcome to attend our meetings. Please call for more information (869-4479).



Joshua N. Cambridge

The family of Joshua N. Cambridge, better known as "Josh", would like to thank everyone for their outpouring of support for the unexpected passing of our loved one. He was an amazing, funny, handsome and hardworking young man. A son, brother, uncle, grandson, and cousin who will be greatly missed by all who knew him, loved him, appreciated him and had become a part of his life. He is now joined by the hand of God, his grandfather Lalo,

have passed before him.



cousins Kenneth, Evangeline, and many other loved ones whom

From the Cambridge and Abeita family, we thank you and may the Creator bless and watch over your family.

Albuquerque S.A.N.E.

Sexual Assault Nurse Examiners

A Great Community Resource

As a part of April's Sexual Assault Awareness Month, the Isleta Health Center staff recently received a presentation by Albuquerque SANE. The staff learned about the services they offer and how this wonderful resource is available to the Isleta Community.

Albuquerque SANE (Sexual Assault Nurse Examiners) is a community non-profit organization which is located in Downtown Albuquerque. At SANE, survivors of sexual assault and domestic violence can receive medical and forensic services 24 hours/day/365 days/year. They serve patients of all ages and there are no fees for their services. No proof of identity or proof of insurance are required and SANE can provide interpreter services when needed. SANE can also assist with transportation for those patients who have limited resources. Patients are provided services by specially trained nurses in a comfortable environment with the assistance of a trained advocate from the Rape Crisis Center. All services that SANE provides are optional for the patients, so when a patient goes to SANE the nurse will explain what services are available and then discuss with the patient about which of the services they wish to receive. The patient can then give consent for the exam or refuse. It is not necessary to report to law enforcement to get a SANE exam.

SANE is located at 625 Silver Ave., SW on the 2nd Floor. The phone number to Dispatch so you can request an exam is 505-884-7263 and line is available 24 hours a day. Walkins as a general rule are discouraged because nurses are not available if they do not have a case to see, calling in advance makes certain that a nurse will be available to greet the patient upon their arrival.

Our hope is that the Isleta Community becomes aware of these services and uses them if needed.

AUDIOLOGY NOTICE



For your convenience Isleta Health Center's Audiology Department has a Drop-Off Box located next to the Optometry Department.

For hearing aid repairs and/or battery payments, please use the envelopes provided located next to the drop off box. The box will be checked each clinic which occurs on Wednesdays.

Battery Purchases:

Please call **(505) 807-9805** and leave a detailed message including your name, Date of Birth, current phone number, mailing address and state that you are aware of the price for the batteries.

Hearing Aid Repairs:

Place the hearing aid in the envelope provided and fill out your name, DOB, current phone number, mailing address and a brief description of the problem you are having with the hearing aid. If possible please call (505) 807-9805 and leave a message that the hearing aid has been placed in the drop box.

Thank you

-Audiology Department

ELDERS

May was a very fun and busy month at the Elder Center. It began with a Cinco De Mayo celebration. The staff provided the lunch, potluck style which consisted of enchiladas, taquitos, guacamole, salsa and much more! It was the perfect Cinco De Mayo meal! As our guests enjoyed their meal, we had Romano Enrique sing for the crowd! It was quite the treat.





Our Cinco De Mayo event was a big hit with our elders & we hope you join us for our future celebrations!

Mother's Day:

This year we held our annual Mother's Day luncheon at El Pinto in Albuquerque on May 10. Every year we have a phenomenal turn out of women sharing this day with us, this year was no different and 50 women were a part of the event. The staff also provided transportation to nearly all 50 of our participants this year, we always make sure we accommodate all of our elders when it comes to their transportation needs. Our meal at El Pinto was delicious as always, but our meals are always so much more enjoyable when we are surrounded by relatives and good conversation. Looking at the group of women we had, there were smiles and laughter all around! Thank you to all of the women who spent their afternoon with us.



We would like to thank Tata John D. Jr for giving our opening prayer, it is always a joy to hear his words.







On Friday May 11th the Isleta Casino & Resort graciously donated flower arrangements for our elder clients. The arrangements were delivered by several of our staff members who all said that the elders were very happy and thankful to receive the flowers. Thank you Isleta Casino & Resort for always showing your endless support to our elders! Your work is always appreciated!







This month we also kicked off our Isleta Senior Games. Our Senior Olympians are in full swing with their games and are steadily preparing to dominate in the New Mexico Senior Olympics Summer Games. Our Olympians have been tirelessly playing and practicing at their favorite sports. During June we will be offering more practice for specific game areas so please check the calendar for dates and times. If you would like to request a practice time for an event that is not listed on the calendar, please call Monique Lujan at 869-9770 ext. 9336.

Coming up in June: Father's Day Event

Our annual Father's Day luncheon will be held on June 14, 2018 from 11:00AM – 2:00PM. The venue is to be determined. The event will be limited to the first 50 men age 60 years and older. Sign-ups will begin on Tuesday May 29, 2018. Guests are allowed but must pay for their meal at their own expense. More updated information will be posted at the Elder Center and common community spaces when a venue is selected.

MENU ISKETA EKDER GENTER



131	era elder	CLHHEL		
Monday	Tuesday	Wednesday	Thursday	Friday
	IMPORTANT REMINDERS!!			6/1/2018
This saves time ar Congregate meals age 55+ free suggested donation is \$5	cancel Home Delivered Meals. ad money. Thank you. e of charge. Persons ages < 55 the .00 however any donation is reciated.	GREMINDER CONTROL OF THE PROPERTY OF THE PROPE		Mac and Cheese w/Ham Ham 2 oz Shredded cheddar 1 oz WW elbows 1 c Winter veggies 1 c Fresh frut
6/4/2018	6/5/2018	6/6/2018	6/7/2018	6/8/2018
Beef Barley Stew Cubed beef 2 oz Barley (M/MA) 1/2 c Mixed veggies 1 c WW roll = 56 g Fresh fruit	Bonkers Ground beef 2 oz Diced potato/corn 1 c WW tortilla 8" Cheddar cheese cubes 1 oz Fresh fruit	Baked Ham Ham 3 oz Sweet potato 1/2 c Mixed vegetable 1/2 c Stuffing 1/2 c WW roll = 56 g Fresh fruit	Chicken Caesar Salad Chicken 3 oz Chopped romaine 1 c Tomato/Cucumber 1 c Cheddar biscuit = 56 g Fresh fruit	Bean and Cheese Burrito Pinto beans 1 c (M/MA) Shredded cheddar 1 oz WW tortilla 8" California veggies 1 c Fruit cup
6/11/2018	6/12/2018	6/13/2018	6/14/2018	6/15/2018
Meatloaf Ground beef 3 oz Mashed potato 1/2 c Brown gravy 1 oz Steamed carrots 1/2 c WW roll = 56 g Fresh fruit	Club Sandwich and Soup Shaved ham and turkey 3 oz Sliced cheese .5 oz WW bun = 56 g Minestrone soup = 1 c veggie Fresh fruit	Chicken Adovada Chicken 3 oz Red chile puree 1/4 c Roasted red potato 1 c Tortilla 8" Cottage cheese w/peaches 1/2 c	Chile Dog Beef frank 2 oz Red chile beans 1/2 c WW bun = 56 g French fries 1/2 c Sugar free gelatin w/ fruit = 1/2 c fruit	Egg Salad Sandwich Egg salad 3 oz WW bread = 56 g Vegetable pasta salad (Carrots, celery, olives) 1 c Fresh fruit
6/18/2018	6/19/2018	6/20/2018	6/21/2018	6/22/2018
Macaroni Stew Ground beef 3 oz Stewed tomato in soup 1/2 c Green beans 1/2 c Biscuit = 56 g Fresh fruit	Teriyaki Chicken Bowl Diced chicken 3 oz Oriential veggies 1 c Brown rice 1 c Fruit cup 1/2 c Fortune cookie	Red Beef Enchilada Ground beef 2 oz Shredded cheddar 1 oz Corn tortilla 2 oz Red chile puree 1/2 c Chuckwagon corn 1/2 c Fresh fruit	Potato Stew Cubed beef 3 oz Diced potato 1/2 c Steamed carrot 1/2 c Wheat crackers = 26 g Rice pudding w/raisins 1/2 c	Beans w/Green Chile and Pork 3 oz Pinto beans 1/2 c Green chile 1/2 c Corn bread = 2 grain eq Fruit cup 1/2 c
6/25/2018	6/26/2018	6/27/2018	6/28/2018	6/29/2018
Vegetable Beef Stew Ground beef 3 oz Mixed veggies in stew 1 c Bread stick = 56 g Fresh fruit	Chicken Fajita Chicken 2 oz Shredded cheddar 1 oz Flour tortilla 8" Fajita veggies 1/2 c Steamed zucchini 1/2 c Fruit cup = 1/2 c	Cream of Potato & Ham Soup 2 oz ham, 1/2 c potato Mixed vegetables 1/2 c WW roll = 56 g String cheese 1 oz Fresh fruit	Chicken Patty w/Gravy Breaded chicken patty 3 oz Stuffing 1/2 c Mixed veggie 1 c Fruit cup 1/2 c Country gravy 1 oz	Tuna Salad Sandwich Tuna salad 3 oz WW bread slices = 56 g Potato salad 1/2 c Three bean salad 1/2 c Fresh fruit



Isleta Elder Center (505) 869-9770 Monday – Friday

8:00am - 4:30pm





Monday	Tuesday	Wednesday	Thursday	Friday
				6/1/2018
				Activities Room Closed
	*All activities subject to change Please call the Elder Center with any questions regarding the Calendar or to sign-up for activities.			e le leure
6/4/2018 Activities Room Closed	6/5/2018 ISO: Bowling - Singles 11:00AM - Isleta Fun Connection	6/6/2018 Open Activties Room 9:00AM - 3:00PM	6/7/2018 ISO: Bowling - Doubles 11:00AM - Isleta Fun Connection	6/8/2018 Estimated Time Walk/Run 9:00AM Meet at South Rec Center Track
	Manzano Mesa Silver Shufflers Shuffleboard Summer Party 11:00AM	All activities avaliable upon request	Mass: 11:30AM	
6/11/2018	Commodities 8:30AM - 3:30PM	6/13/2018	6/14/2018	
Morning Exercise: Treadmil/Exercise Equipment Demo 9:00AM -11:00AM	6/12/2018 Shuffleboard Practice 9:00AM - 3:00PM	Recreational Events Practice Soccer Kick - Softball Throw - Frisbee Throw Meet at Elder Center - 9:00AM	Father's Day Event 11:00AM - 2:00PM More Info To Come	6/15/2018 Estimated Time Walk/Run 9:00AM Meet at South Rec Center Track
6/18/2018	6/19/2018	6/20/2018	6/21/2018	6/22/2018
Open Activties Room 9:00AM - 3:00PM <i>All activities avaliable upon request</i>	Shuffleboard Practice 9:00AM - 3:00PM	Friendship Breakfast 9:00AM General Meeting 10:00AM Topic to be announced	*Staff Meeting* 12:30PM	Estimated Time Walk/Run 9:00AM Meet at South Rec Center Track
6/25/2018	6/26/2018	6/27/2018	6/28/2018	6/29/2018
Morning Exercise: Treadmil/Exercise Equipment Demo 9:00AM -11:00AM	Shuffleboard Practice 9:00AM - 3:00PM	Recreational Events Practice Soccer Kick - Softball Throw - Frisbee Throw Meet at Elder Center - 9:00AM	Open Activties Room 9:00AM - 3:00PM All activities avaliable upon request	Estimated Time Walk/Run 9:00AM Meet at South Rec Center Track
	I			



Do you or someone you know need help with your **finances**?

We don't say no. We say, let's keep trying.

If your credit isn't perfect and you're looking for your dream home, emergency cash needs, or just need guidance to get your financial life in order, we can help.

At **Tiwa Lending Services**, we are a different kind of lender working with people to build a stronger community one loan at a time.

We aren't a traditional bank. We are a Native Community Development Financial Institution (CDFI). We offer a credit builder loan program starting at \$500.00.

Eligibility requirements:

- > Enrolled Tribal member
- Minimum age 18
- > Proof of income
- Checking or Savings account with bank institution

Let us help you get where you want to be. Your financial success is very important to us.

Call, email, or visit us:

Tiwa Lending Services 505-916-0556 Building 117A Tribal Road 40 Isleta, NM 87022 www.tiwalending.org



Sheila Herrera, Executive Director Miranda Lente, Loan Assistant

Seasonal allergies (hay fever)

Commodities 8:30AM - 3:30PM

Allergies are an abnormal response of the immune system. People who have allergies have an immune system that reacts to a usually harmless substance in the environment. This substance (pollen, mold, and animal dander, for example) is called an allergen.

Allergies are a very common problem, affecting at least two out of every 10 Americans

Spring time brings budding trees, green grass, and of course, weeds.

With seasonal allergies, also called hay fever and allergic rhinitis, there are some strategies you can try to keep some of your symptoms under control. Bothersome symptoms include sneezing, congestion, runny nose and itchy eyes.

Try to reduce your exposure to the things that trigger your allergy symptoms.

Stay indoors on windy days.

If possible delegate lawn mowing and weed pulling.

Remove the clothing you have worn outside and shower to rinse the pollen form your skin and hair.

Don't hang laundry outside. Pollen can stick to sheets and towels.

Wear a pollen mask if you do outside chores.

Take extra steps when pollen counts are high.

Check your local TV, newspaper or internet for current pollen counts and forecasts.

Close windows and doors at night or any other time when pollen counts are high.

Avoid outdoor activities in the early morning when the pollen counts are highest.

If high pollen counts are forecasted start taking your allergy medication before your symptoms start.

Pueblo of Isleta WIC 505.869.2662



June 2018

Happy Father's Day

Dads, uncles, and grandpas around the world will be celebrating all that fathers do this month. Thank you for doing your best to raise healthy families in our community!

Healthy families are the framework for a great life but what does healthy look like?

- 1. Communication-every person in a family needs to feel heard.
- 2. Teamwork-working together towards shared goals builds trust.
- 3. Respect-everyone is valuable.
- 4. Affection-show love in a variety
- 5. Time Together-Spending time together builds relationships and opens lines of communication.

For more information go to https://www.kidsmatter.edu.au/



Easy Father's Day Breakfast

WIC Mini Egg and Cheese Tortilla Cups

Ingredients: 4 servings, adjust as needed

4 eggs

1/4 cup sour cream or milk

1/2 cup shredded cheese, any kind

Diced veggies (green chile, broccoli, bell pepper, onion, etc.)

1 extra large or 4 small tortillas

- 1. Heat oven to 350
- 2. Using a glass, tin can, etc. press through tortillas until you have small round circles, press each tortilla round into a greased muffin tin. Set aside.
- 3. In medium bowl whip eggs and sour cream until combined. Add half the cheese, salt and pepper.
- Pour equal amounts of egg mixture into the muffin tins on top of the tortilla. Add veg-
- Bake at 350 for 10 minutes, add remaining cheese and bake for an additional 3-5 minutes until cheese is bubbly and tortillas are golden. Remove and serve warm.



Starting Soon!

EDUCATING THE COMMUNITY TOGETHER

Financial Education Classes \$Thinking Money\$



First Class: June 20, 2018

Class Times: 12:00pm-1:30pm 5:30pm-7:00pm

- 1 class a week, for 11 weeks.
- Two sessions will be offered daily to accommodate schedules.
- Classes held every Wednesday.
- Classes will take place at the Governor's office.

Call us to register: (505) 916-0556

Please call Sheila or Miranda to register so that arrangements can be made to order your books and supplies. Thank you!

Tiwa Lending Services will be offering free financial education classes to the community. These classes will help to educate and promote financial stability and independence through group learning and outreach. The classes will consist of a variety of topics geared toward building your wealth and creating financial knowledge for yourself and family.

Class Topics

- Super Saving
- Buying Smarter
- College/Tuition
- Relating With Money Insurance Buying
- Retirement
- Cash Flow Planning Getting Rid of Debt
- Negotiating Deals · Stocks, Bonds, and
- Mortgages Fraud

- Credit
- Mutual Funds

For more information on upcoming events and classes check us out at:



NOTICE DRIVER SAFETY CLASSES

PLEASE BE INFORMED THAT THE DRIVER SAFETY CLASSES CURRENTLY HELD ATTHE ISLETA ELDERLY CENTER HAS BEEN MOVED TO A NEW DATE. STARTING IN AUGUST, CLASSES WILL BE HELD ON THE 3RD FRIDAY OF THE MONTH. CLASSES WILL BE HELD EVERY OTHER MONTH. THEREAFTER IT WILL BE OCTOBER, DECEMBER AND SO ON. CLASS HOURS ARE FROM 1:00 TO 5:00 PM.

ANYONE 50 YEARS AND OLDER ARE WELCOME TO ATTEND. PLEASE CALL THE ELDERLY CENTER, 869-9770 TO SIGN UP FOR THE CLASS.



Thinking About Quitting

NOT READY TO COMMIT TO A FULL Quit Smoking PROGRAM?

Take this 1 time, 1 on 1, 90 minute session to increase your motivation to quit!

Call Stephanie, Health Educator @ 869-4479 to Sign Up Isleta Health Center



St. Augustine Parish Isleta Pueblo Ministry of Consolation



MISSION STATEMENT

We are a ministry of consolation at St. Augustine Parish to offer spiritual comfort and support to families who have experienced the loss of a loved one. We will continue to honor and respect our traditional teachings.

> With Sympathy "In times of sorrow God's quiet waters of hope and courage flow'

UNE 2018

Questions? Call 869-3200

ISLETA HEALTH CENTER

SAT/SUN **MONDAY TUESDAY** WEDNESDAY **THURSDAY FRIDAY** Thinking About Quitting **June is Men's Health MARK YOUR CALENDARS** Morning Group Fitness: 6-7am @ DPP NOT READY TO COMMIT TO A FULL "QUIT SMOKING" PROGRAM? Early Recovery Skills: 9-10a @ BHS. Isleta Health Center's Community **Awareness Month!** Take this 1 time, 1 on 1, 90 minute session Another Recovery Technique (ART): 10-11a Health Fair Saturday, July 28, 2018 to increase your motivation to quit! @Isleta Health Center Alcoholics Anonymous: 11-12p @ BHS. "DPP" = Diabetes Prevention Programs @ 869-4595 10:00 am - 1:00pm Call Stephanie, Health Educator Another Recovery Technique (ART): 1-3:30p @ BHS. "BHS" = Behavioral Health Services @869-5475 **0**869-4479 to Sigh Up 4 Podiatry Clinic: 8am-4:30 pm @DPP 2/3 CLINIC OPENS AT 9:50am Morning Group Fitness: 6-7am @DPP Early Recovery Skills: 9-10am @ BHS. Morning Group Fitness: 6-7am Podiatry Clinic: 8:30-4:30p @DPP Pueblo Women Rising: 10-11a @ BHS. @DPP Wellness Center Another Recovery Technique (ART): 10-11am Early Recovery Skills: 9-10a @ BHS. Acu-Detox: 1-2p @ BHS. Express Endurance: 5:30-7:30pm @DPP Another Recovery Technique (ART): 10-11a Expressions: 1-2pm @BHS Alcoholics Anonymous: 11am--12pm @ BHS. Express Endurance: 5:30-7:30pm Alcoholics Anonymous: 6-7p @ Health (Closed Group) Women's Path to Recovery: 1-2:30p @ BHS. Training Center Young Leaders Youth Krew: 4:30 Interactive "Anger" Group: 230pm @BHS Young Leaders Youth Krew: 4:30-6:30p @ BHS. Alcoholics Anonymous: 11-12p @ BHS. Pueblo Men Rising: 2-3:30p @ BHS. Another Recovery Technique (ART): 1-3:30p @ BHS. 9/10 **11** Podiatry Clinic: 12:30-4:30 pm @DPP 13 CLINIC OPENS AT 9:50am Morning Group Fitness: 6-7am @DPP Early Recovery Skills: 9-10am @ BHS. Morning Group Fitness: 6-7am Pueblo Women Rising: 10-11a @ BHS. Wellness Center @DPP Wellness Center Podiatry Clinic: 8:30am-4:30 pm @DPP Another Recovery Technique (ART): 10-11am Acu-Detox: 1-2p @ BHS. Early Recovery Skills: 9-10a @ BHS. Diabetes Ed Class 8:45-9:15am @Isleta @ BHS. Expressions: 1-2pm @BHS Pueblo Men Rising: 2-3:30p @ BHS. Another Recovery Technique (ART): 10-11a Health Center Training Center (Closed Group) Alcoholics Anonymous: 11am--12pm @ BHS. Express Endurance Cooking: 5:30-7:30pm Express Endurance: 5:30-7:30pm Women's Path to Recovery: 1-2:30p @ BHS. Young Leaders Youth Krew: 4:30 @DPP Wellness Center Alcoholics Anonymous: 11-12p @ BHS. -6:30p @ BHS. Interactive "Anger" Group: 230pm @BHS Alcoholics Anonymous: 6-7p @ Health Another Recovery Technique (ART): 1-POI Community Cancer Support: Young Leaders Youth Krew: 4:30-6:30p @ 10:30am-12:00 @IHC Kitchen Topic: Training Center. Parkinson's Disease 16/17 18 Podiatry Clinic: 8am-4:30 pm @DPP 19 22 **CLINIC OPENS AT 9:50am** Morning Group Fitness: 6-7am Morning Group Fitness: 6-7am @DPP Early Recovery Skills: 9-10am @ BHS. Pueblo Women Rising: 10-11a @ BHS. @DPP Wellness Center Another Recovery Technique (ART): 10-11am Wellness Center Podiatry Clinic: 8:00-4:30p @DPP Expressions: 1-2pm @BHS Early Recovery Skills: 9-10a @ BHS. @ BHS Acu-Detox: 1-2p @ BHS. Alcoholics Anonymous: 11am--12pm @ BHS. (Closed Group) Another Recovery Technique (ART): 10-11a Express Endurance: 5:30-7:30pm @DPF Pueblo Men Rising: 2-3:30p @ BHS. Young Leaders Youth Krew: 4:30 Interactive "Anger" Group: 230pm @BHS Alcoholics Anonymous: 6-7p @ Health Express Endurance: 5:30-7:30pm -6:30p @ BHS. Alcoholics Anonymous: 11-12p @ BHS. Women's Path to Recovery: 1-2:30p @ BHS. Training Center Another Recovery Technique (ART): 1-Community Healthy Cooking: 5-Young Leaders Youth Krew: 4:30-6:30p @ 3:30p @ BHS. 7pm @Health Center Kitchen 23/24 27 CLINIC OPENS AT 9:50am Morning Group Fitness: 6-7am @DPP Early Recovery Skills: 9-10am @ BHS. Morning Group Fitness: 6-7am Pueblo Women Rising: 10-11a @ BHS. Another Recovery Technique (ART): 10-11am @DPP Wellness Center Wellness Center Express Endurance: 5:30-7:30pm @DPP Early Recovery Skills: 9-10a @ BHS. Acu-Detox: 1-2p @ BHS. Expressions: 1-2pm @BHS Alcoholics Anonymous: 6-7p @ Health Alcoholics Anonymous: 11am--12pm @ BHS. Another Recovery Technique (ART): 10-11a Pueblo Men Rising: 2-3:30p @ BHS. (Closed Group) 30 Young Leaders Youth Krew: 4:30 -6:30p @ BHS. Training Center. Interactive "Anger" Group: 230pm @BHS Podiatry Education Class 2:30pm Alcoholics Anonymous: 11-12p @ BHS. Women's Path to Recovery: 1-2:30p @ BHS. Another Recovery Technique (ART): 1-Young Leaders Youth Krew: 4:30-6:30p @ Express Endurance: 5:30-7:30pm 3:30p @ BHS.



Pueblo of Isleta Community Cancer Support Group

Support the health of your family. Educate yourself on cancer. REDUCE YOUR RISK!



Parkinson's Disease

By: Cindy S. Brown, LBSW, CDP Home Instead

<u>June 12, 2018</u>

@ 10:30 a.m. in the Isleta Health Center Kitchen!

For information call Stephanie Barela @ 869-4479.



Isleta Health Center

Keeping Isleta Healthy

HEALTH FAIR 2018

Saturday - July 28th 10:00am - 1:00pm

@Isleta Health Center

COME LEARN ABOUT PROGRAMS IN YOUR COMMUNITY, AS WELL AS HOW TO STAY HEALTHY.

information please contact

Stephanie Barela @505-869-4479

For more

