# **Isleta Pueblo News**

Volume 11 Issue 6

Pueblo of Isleta website: www.isletapueblo.com

June 2016

#### From the Office of the Governor

#### MA GU WAM:

#### **Congratulations GRADUATES!**

You should be very proud of yourselves for not only excelling in your academic pursuits but also developing all-round skills and attaining those qualities of a responsible citizen with positive values, public spirit and instilled confidence to pursue those life-long interests and personal aspirations along life's learning journey.

My gratitude goes to the parents and teachers for their concerted efforts and support in enhancing the whole-person development of these young people, in grooming them for future leadership, and most of all, in helping to develop these fine young persons with a compassionate mind and caring heart.

Thank you for allowing us to share and celebrate your educational achievements; Governor Torres, 1st Lt. Antonio Chewiwi, 2nd Lt. Isador Abeita

#### NATIONAL MUSEUM OF THE AMERICAN INDIAN

May 21, 2016 - Governor Eddie Paul Torres, Chairman of the All Pueblo Council of Governors, was the guest speaker at the Crow Canyon Archaeological Center dinner on May 21st, at the National Museum of the American Indian in Washington, DC. Governor Torres spoke on the collaboration between the Crow Canyon Archaeological Center and the Pueblos in New Mexico and the partnership in helping to build understanding and a mutuallybeneficial working relationship between archaeologists and tribal partners to protect cultural resources and traditions. The Crow Canyon Archaeological Center sponsored Governor Eddie Paul Torres' participation.

#### ST. AUGUSTINE PARISH OFFICES AND CLASSROOMS (CCD)

May 6, 2016 – The Public Services Department and Governor's Administration hosted an official Ground Breaking Ceremony at the site of the St. Augustine Parish Offices and Classroom. Ms. Shawna Ballay, PSD, Executive Director, announced the project Architect/Designer as Atkin Olshin, Schade Architects, Santa Fe, NM and General Contractor, Longhorn Construction Services, Inc., Albuquerque, NM. The official construction start date for the project is May 10, 2016 with a one year completion schedule. The construction contract price is \$2.9M. Governor Eddie Paul Torres announced that the day was a historical date in the ongoing living history of the Pueblo of Isleta. **UNM Health Center-Albuquerque NM** April 12, 2016 – UNM Health Science Center (UNM-HSC) celebrated a Capstone event of a pilot Community-Engaged curriculum in which students connected with the community of Isleta to learn about the community and work towards finding community solutions to heath care priorities. As part of the process UNM HSC students met with Governor Torres and Tribal Council to provide their findings for



Left to right: Ulysses Abeita, Councilman, 2nd Lt. Isador Abeita, Verna Teller, Council President Daniel Waseta, Cultural Affairs, Father George Pavamkott, Governor Eddie P. Torres, Barbara Sanchez, Councilwoman, 1st Lt. Antonio Chewiwi, Michael Lente, Councilman



Left to right: Ms. Ashley Zuni, UNM HSC student, 2nd Lt. Isador Abeita Tribal Council review and approval. The Pueblo of Isleta was represented at the Capstone event by 2nd Lieutenant Isador Abeita.

#### **COMMUNITY MEETING MAY 14, 2016**

As Governor of the Pueblo, I along with the Tribal Council want to thank our community membership for their support by attending the Governor's Community meeting which was held at the Isleta Resort and Casino on Saturday, May 14, 2016. The meeting served to provide an update of Tribal government services being provided to our community by our Tribal work force. I sincerely welcome and encourage your continued participation and appreciate your comments and suggestions for continued improvement of tribal government.

processional will follow mass, with a feast, traditional dances and vendor booths available throughout the day. Vendors are welcome to sell their wares or food, for a small fee. We are looking forward to having you join us in the celebration.

In preparation for the Feast Day the Governor

#### **GOVERNOR'S FEAST DAY JUNE 18, 2016**

We are eagerly making plans for the Pueblo of Isleta Governor's Feast scheduled for Saturday, June 18, 2016. We are looking forward to sharing this wonderful day and celebrate the day with a mass at St. Augustine Church at 8:00 a.m. Α

and Tribal Programs/Departments are planning a coordinated community cleanup of the village proper to show our pride and respect in our community. Everyone is invited to participate in this worthwhile endeavor. Dates for the community cleanup will be posted.

#### **Message from Governor Eddie Paul Torres**

Thank you Great Spirits, Mother Earth for showing us ways to live in peace and harmony, for sharing time with family and friends. The past months have been very hard for the Pueblo with the loss of love ones. Let us take time to remember our dearly departed brothers and sisters in our prayers and hold in your hearts fond memories. May the Great Spirit always guide you and look over you.

#### LETTER FROM THE EDITOR

Deadline for July Newsletter articles is set for Monday, June 20, 2016 at 4:30pm. Articles may be dropped off at the Library or emailed to poi02002@isletapueblo.com. Should you email your article, expect a confirmation email. If you do not receive a confirmation email, odds are it never made it to me and then it's time to panic, so call Nate at 505.869.9808.

People whom wish to submit an article or flyer are responsible for generating their own article or flyer. Should you need help, please call the Library at 505.869.9808 and set up a date and time to sit down with a Library staff member whom will help you throughout the process. The Library will NOT accept notes dropped off at the Library or information over the phone to generate your article.

Probates need to be published in the Newsletter for two consecutive months. Probates are considered court documents therefore all submitters must provide: 1) Name of Deceased, 2) Date of Deceased 3) Court Case # and 4) Date of Court Date. A Probate form can be found on the Newsletter Archive page at http://www.isletapueblo. com/newsletters.html.

#### Thank you,

#### Nathaniel Lujan

Newsletters may be found at the sixteen distribution listed below. locations Remember, Digital copies of the Newsletter may be obtained from the Newsletter archive at http://www.isletapueblo.com/newsletters. html

The sixteen Newsletter distribution locations are:

- 1) The Administration Building (Governor's Office): Receptionist Desk
- 2) Census Office: Receptionist Desk
- 3) Health Center: Receptionist Desk
- 4) Housing Department: Receptionist Desk
- 5) **Department of Education: Receptionist Desk**
- 6) New Recreation Center: Newsletter Stand
- 7) Old Recreation Center: Front Desk
- 8) Tribal Service Complex: **Receptionist Desk**
- 9) Tribal Service Complex: I.P.D. **Dispatch Window**
- 10) Tribal Service Complex: Tribal **Courts Window**
- 11) Elders Center: Receptionist Desk & Lunch Delivery
- 12)Head Start: Receptionist Desk

### PROBATE NEWS

First Notice – A petition to Probate the Estate of Edwina Isabella Jojola, deceased March 02, 2016. Case No. CV-16-PRO-00029, has been filed with the Pueblo of Isleta Tribal Courts. Any person claiming an interest in the Estate may notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. A hearing on the matter is scheduled for Wednesday, June 22, 2016 at 10:00 a.m. Claims must be filed in writing with the Isleta Tribal Court Clerk, located at the Tribal Service Complex, 3950 Hwy 47 SE, Building A, Albuquerque, NM. Any questions regarding the matter may be directed to the Isleta Tribal Court Clerk at (505) 869-9699.

First Notice – A petition to Probate the Estate of Dolores F. Abeita, deceased August 08, 1998. Case No. CV-16-PRO-00022, has been filed with the Pueblo of Isleta Tribal Courts. Any person claiming an interest in the Estate may notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. A hearing on the matter is scheduled for Tuesday, July 26, 2016 at 09:00 a.m. Claims must be filed in writing with the Isleta Tribal Court Clerk, located at the Tribal Service Complex, 3950 Hwy 47 SE, Building A, Albuquerque, NM. Any questions regarding the matter may be directed to the Isleta Tribal Court Clerk at (505) 869-9699.

First Notice – A petition to Probate the Estate of Joseph L. Jaramillo, deceased May 02, 2016. Case No. CV-16-PRO-00055, has been filed with the Pueblo of Isleta Tribal Courts. Any person claiming an interest in the Estate may notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. A hearing on the matter is scheduled for Thursday, August 25, 2016 at 09:00 a.m. Claims must be filed in writing with the Isleta Tribal Court Clerk, located at the Tribal Service Complex, 3950 Hwy 47 SE, Building A, Albuquerque, NM. Any questions regarding the matter may be directed to the Isleta Tribal Court Clerk at (505) 869-9699.

First Notice – A petition to Probate the Estate of Petra I. Lujan, deceased December 27, 2014. Case No. CV-15-PRO-00048, has been filed with the Pueblo of Isleta Tribal Courts. Any person claiming an interest in the Estate may notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. A hearing on the matter is scheduled for Thursday, August 25, 2016 at 10:00 a.m. Claims must be filed in writing with the Isleta Tribal Court Clerk, located at the Tribal Service Complex, 3950 Hwy 47 SE, Building A, Albuquerque, NM.

09:00 a.m. Claims must be filed in writing with the Isleta Tribal Court Clerk, located at the Tribal Service Complex, 3950 Hwy 47 SE, Building A, Albuquerque, NM. Any questions regarding the matter may be directed to the Isleta Tribal Court Clerk at (505) 869-9699.

Second Notice – A petition to Probate the Estate of Edwina Isabella Jojola, deceased March 2, 2016. Case No. CV-16-PRO-00029, has been filed with the Pueblo of Isleta Tribal Courts. Any person claiming an interest in the Estate may notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. A hearing on the matter is scheduled for Wednesday, June 22, 2016 at 10:00 a.m. Claims must be filed in writing with the Isleta Tribal Court Clerk, located at the Tribal Service Complex, 3950 Hwy 47 SE, Building A, Albuquerque, NM. Any questions regarding the matter may be directed to the Isleta Tribal Court Clerk at (505) 869-9699.

Second Notice – A petition to Probate the Estate of Philip Cherino, deceased June 17, 2007. Case No. CV-16-PRO-00028, has been filed with the Pueblo of Isleta Tribal Courts. Any person claiming an interest in the Estate may notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. A hearing on the matter is scheduled for Wednesday, June 22, 2016 at 1:30 p.m. Claims must be filed in writing with the Isleta Tribal Court Clerk, located at the Tribal Service Complex, 3950 Hwy 47 SE, Building A, Albuquerque, NM. Any questions regarding the matter may be directed to the Isleta Tribal Court Clerk at (505) 869-9699.

Second Notice – A petition to Probate the Estate of Josie J. Zuni, deceased February 11, 2015, Case No. CV-16-PRO-00035, has been filed with the Pueblo of Isleta Tribal Courts. Any person claiming an interest in the Estate may notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. A hearing on the matter is scheduled for Tuesday, July 5, 2016 at 9:00 a.m. Claims must be filed in writing with the Isleta Tribal Court Clerk, located at the Tribal Service Complex, 3950 Hwy 47 SE, Building A, Albuquerque, NM. Any questions regarding the matter may be directed to the Isleta Tribal Court Clerk at (505) 869-9699.

Probates need to be published in the Newsletter for two consecutive months. Probates are considered court documents therefore all submitters must provide: 1) Name of Deceased, 2) Date of Deceased 3) Court Case # and 4) Date of Court Date. A Probate form can be found on the Newsletter Archive page at http://www. isletapueblo.com/newsletters.html Should you have additional questions regarding the Probate process, please call the Library at 505.869.9808 and speak with Nathaniel Lujan.

- 13)Library: Newsletter Stand
- 14) Ranchitos Park: Blue Box (see picture for example)
- Old Head Start Complex: Blue Box 15) (see picture for example)
- Intersection of Tribal Road 82 & 16) Tribal Road 84: Blue Box (see picture for example)



Any questions regarding the matter may be directed to the Isleta Tribal Court Clerk at (505) 869-9699.

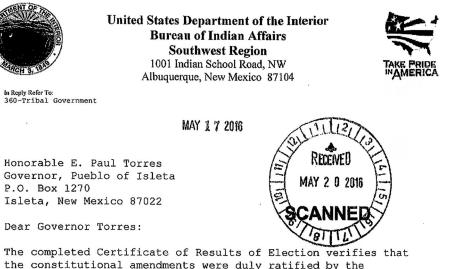
Second Notice – A petition to Probate the Estate of Jean Renae Gonzales, deceased August 04, 2014. Case No. CV-16-PRO-00018, has been filed with the Pueblo of Isleta Tribal Courts. Any person claiming an interest in the Estate may notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. A hearing on the matter is scheduled for Tuesday, June 21, 2016 at



# June 2016

# **TRIBAL COUNCIL**

The Pueblo of Isleta is in receipt of the Certificate of Approval from the Bureau of Indian Affairs for the Secretarial Election that was held on April 6, 2016. The amendment was duly adopted by the majority of qualified voters who cast ballots in the April 6, 2016 election and the results were found to be valid by the BIA. Please see the information below.



the constitutional amendments were duly ratified by the qualified voters of the Isleta Pueblo. The election was carried out properly in accordance with the applicable federal regulations pursuant to 25 C.F.R. Part 81.

As shown by my signature of the Certification of Approval, the proposed Amendment, Article II Membership is approved. Enclosed for your records are the following items from the Isleta Pueblo Secretarial Election conducted on April 6, 2016.

- 1. Authorization letter dated January 19, 2016;
- 2. Certificate of Results of Election;
- 3. Proposed Amendment;
- 4. Certificate of Approval.

There were 569 challenges that were denied and/or dismissed. Of the 569 challenges, 308 were deemed challenges received by individuals who were eligible voters and submitted a registration form, 189 were challenges submitted by eligible voters but no proof of submission of registration, 41 were noneligible voters, 28 were illegible and/or with no return address, and three (3) were untimely challenges .

We conclude that the amendment was duly adopted by a vote of 775 for and 554 against, with three (3) ballots found spoiled. The 30% voter participation threshold required by Federal regulation and the Pueblo's constitution was met because more than 30% of those members registered to vote in the election did in fact cast ballots.

My decision constitutes a final agency action.

Congress established a time limit of 45 days in which the Secretary may decide a challenge to a Secretarial election. 25 U.S.C. § 476(d)(2). The Assistant Secretary-Indian Affairs revised the Secretarial election regulations in 2015 (See 80 Fed. Reg. 63094, Oct. 19, 2015). In order to ensure compliance with statutory 45-day time limit, the revised regulations provide that: "The Authorizing Official will review election results and challenges . . . The Authorizing Official's decision to approve or disapprove the governing document or amendment is a final agency action." 25 C.F.R. § 81.45; 81.45(f). Pursuant to the revised regulations, today's decision is a final agency action that is not "subject to appeal to a superior authority in the Department." 25 C.F.R. § 2.6.

Sincerely

Regional Director



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10:00AM - 3:00PM LOCATION: ISLETA LAKES FOR DADS 60 & OLDER HORSESHOES & WASHERS GAMES PASS PROGRAM DAY OUT FISHINING WITH THE GUYS TRIBAL MEMBERS 65 & OLDER

cc: Michael Black, Director, Bureau of Indian Affairs

# CERTIFICATE OF APPROVAL

#### Secretarial Election

Isleta Pueblo

April 6, 2106.

I, William T. Walker, Regional Director, Southwest Regional Office, Bureau of Indian Affairs, by virtue of the authority granted to the Secretary of the Interior by the Indian Reorganization Act of 1934 (48 Stat. 988, 25 U.S.C. §477), as amended, and further delegated to me by 3 I.A.M. 4, 1.4(B) hereby approve the foregoing Amendment to Article II, Membership Sections I, II, III, and IV to the Isleta Pueblo Constitution. This amendment was duly adopted by a majority of qualified voters who cast ballots in the April 6th, 2016 election,

Regional Director, Southwest Region

Albuquerque, New Mexico

Date: 17 May 2016



Notify Purchased/Referred Care (PRC) within 72 hours of receiving Hospital Emergency or **Urgent Care services!** 

Auto req TITLE

#### **Isleta Career Opportunities**



#### \*\*PLEASE NOTE: POSITIONS ARE OPENED UNTIL FILLED\*\*

Staffing Specialist: Mari Valenzuela 724-3920 or Vickie Carrion 244-8206 www.isleta.com

> Updated: May 26, 2016 (Internal Posting In BOLD)

#### DEPARTMENT

DIVISION

ID	IIIE	-
797BR	CASHIER SERVER - F&B CHILLS	F
798BR	TEAM MEMBER-COUNT	C
796BR	ATTENDANT ROOM	H
795BR	REPRESENTATIVE GUEST SERVICE	N
794BR	SUPERVISOR CONCESSION	F
791BR	BUFFET ATTENDANT	F
789BR	PROMOTIONS & SPECIAL EVENTS MANAGER	N
788BR	SUPERVISOR - BAR	F
787BR	SECURITY OFFICER II	S
786BR	MASSAGE THERAPIST - SPA	S
780BR	CASHIER - LAKES	L
776BR	PORTER-CUSTODIAL	C
756BR	DEALER TABLE GAMES	Т
616BR	COOK - PREP KITCHEN	F
617BR	COOK-DELI	F
536BR	PT ATTENDANT FLOOR- SLOTS	S
721BR	ATTENDANT FLOOR-SLOTS	S
692BR	CLERK ISSUE-BINGO	В
774BR	SERVER BEVERAGE	F
712BR	ATTENDANT FLOOR-SLOTS	S
754BR	ATTENDANT FLOOR-SLOTS	S
682BR	PT ATTENDANT FLOOR- SLOTS	S
680BR	REPRESENTATIVE GUEST SERVICE	Ν
751BR	MANAGER SALES HOTEL	H
746BR	DEALER TABLE GAMES	Т
720BR	PT ATTENDANT FLOOR- SLOTS	S
715BR	CAPTAIN SHIFT MANAGER	S
636BR	COOK-BANQUET	F
719BR	SPA REPRESENTATIVE	P
619BR	COOK STEAKHOUSE	F
779BR	ATTENDANT FLOOR-SLOTS	S
439BR	DIRECTOR FACILITIES	F
793BR	ATTENDANT CONCESSIONS - DAUBERS	F
785BR	ATTENDANT CONCESSIONS - FUN CONNECTION	F
782BR	ATTENDANT ROOM	F
792BR	ATTENDENT CONCESSIONS - CHILI RISTA	F
784BR	ATTENDANT ROOM	F
770BR	SUPERVISOR FLOOR TABLE GAMES	Т
652BR	SUPERVISOR BINGO	B

F&B CHILL COFFEE BAR COUNT HOTEL HOUSEKEEPING MARKETING PLAYERS CLUB F&B DELI F&B TIWA MARKETING MANAGEMENT F&B CENTER BAR SECURITY SPA THERAPY LAKES CUSTODIAL TABLE GAMES F&B PREP KITCHEN F&B DELI SLOTS SLOTS BINGO F&B BEVERAGE SERVICES SLOTS SLOTS SLOTS MARKETING PLAYERS CLUB HOTEL SALES TABLE GAMES SLOTS SECURITY F&B CATERING BANQUETS POOL MAINTENANCE F&B STEAKHOUSE SLOTS FACILITIES MAINTENANCE F&B BINGO SNACK BAR F&B FUN CONNECTION HOTEL HOUSEKEEPING F&B DELI HOTEL HOUSEKEEPING TABLE GAMES BINGO

**FOOD & BEVERAGE GENERAL & ADMINISTRATION** HOTEL MARKETING FOOD & BEVERAGE **FOOD & BEVERAGE** MARKETING **FOOD & BEVERAGE** GAMING HOTEL AMENITIES FACILITIES GAMING FOOD & BEVERAGE FOOD & BEVERAGE GAMING GAMING GAMING FOOD & BEVERAGE GAMING GAMING GAMING MARKETING HOTEL GAMING GAMING GAMING FOOD & BEVERAGE FACILITIES FOOD & BEVERAGE GAMING FACILITIES FOOD & BEVERAGE FOOD & BEVERAGE HOTEL FOOD & BEVERAGE HOTEL GAMING GAMING

# **Pueblo of Isleta Career Opportunities**

#### POSITION

NEW - DENTIST, NEW - BACKGROUND INVESTIGATION TECH, NEW - EMT-INTERMEDIATE (2 positions), **NEW - NUTRITIONIST,** NEW - MIS MANAGER, **R&ADVERTISE - DISPATCHER,** NEW - TEACHER HEAD START, BUS DRIVER (PART-TIME), CAREGIVER I (Part-time), CAREGIVER II (RFT). CHILD CARE PROVIDER, COMMERCIAL ELECTRICIAN, COOK ASSISTANT (TEMP/NTE 90 days), DENTAL ASSISTANT, DISABILITIES COORDINATOR, ELEMENTARY TEACHER, EMT PARAMEDIC (PRN/Occasional), FACILITIES COORDINATOR, HEALTH COORDINATOR, HVAC TECHNICIAN, IN-HOME CARE ATTENDANT, LAND SURVEY TECH AIDE, (20-HR WK),

#### Department,

Health Center, Human Resources Health Center, Health Center, Health Center, Police Department, Head Start, Headstart & Child Care, Assisted Living Facility, Assisted Living Facility, Headstart & Child Care, Public Services, POI Elementary School, Health Center, Headstart & Child Care, POI Elementary School, Health Center, Head Start, Headstart & Child Care, Housing Authority, Elderly Center, Surveying & Mapping,

**Closing Date** 

06/06/2016 06/06/2016 **Open Until Filled** 06/01/2016 06/02/2016 **Open Until Filled Open Until Filled Open Until Filled** 05/25/2016 **Open Until Filled Open Until Filled Continuously Accepting Applications Open Until Filled Open Until Filled** 

#### **Isleta Pueblo News**

LAND SURVEY TECHNICIAN AIDE (2 Part-time Term),	Survey & Mapping.	Open Until Filled
	Gaming Commission,	05/25/2016
	Recreation Center,	Open Until Filled
	Recreation Center,	Open Until Filled
	Recreation Center,	Open Until Filled
	Recreation Center,	Continuously Accepting Applications
	Heath Center,	Open Until Filled
	Recreation Center,	Open Until Filled
	Elder Center,	Continuously Accepting Applications
	Health Center,	Open Until Filled
	Housing Authority,	Open Until Filled
	Police Department,	Open Until Filled
PROBATION/CHILDREN'S INTERVENTION OFFICER,	•	Open Until Filled
	Comanche Ranch, WITHIN-	Continuously Accepting Applications
	Health Center,	Open Until
	POI Elementary School,	Open Until Filled
	Health Center,	Open Until Filled
	POI Elementary School,	Open Until Filled
	Head Start,	Open Until Filled
VETERAN SUPPORT SERVICE PROGRAM MEMBER, I		Open Until Filled

# Prep Spotlight: Haley Benjamin is a natural in the pool

The Isleta Pueblo News (Newsletter) has been granted permission by the Durango Herald (DurangoHerald.com) to share this article of Haley Benjamin. Article published Mar 28, 2016

Benjamin 'just gets it' in the pool, prepares for strong future



Photo by: Jerry McBride/Durango Herald

At 15 years-old, Haley Benjamin of Animas High School already owns a pool record at Colorado Mesa University in Grand Junction.

By Joe Fries Herald staff writer

It takes some of us years to realize our talents. Finding the thing we love, the thing we are naturally good at, is an important search for all of us, though it may take years to reveal itself.

While it might have taken Animas High School sophomore Haley Benjamin a bit longer than her peers to figure out what she's good at, it didn't take long for anyone to see that she's a natural.

At 15, Benjamin is already a decorated swimmer for the Durango Swim Club. She's been crowned twice as a Colorado state champion.

As a 14-year-old, she set a record at an NCAA Division II university's pool that still stands.

also the 13-14 year-old state champion in the mile swim and the 500 meter freestyle. In the same year, at age 14, she broke the 500 freestyle record at Colorado Mesa University's pool. The record she broke was held by a collegiate swimmer, and none of the NCAA Division II women swimmers have bested her effort since.

"My dad pointed out the time and told me to go for it," Benjamin said. "I thought he was just joking around, but when it was over and I actually broke the record, I didn't know what to think. I'd never done anything like that, so it was neat. They took my picture and I have a plaque up there."

In 2015, Benjamin qualified for the Swimming Junior Nationals in San Antonio. For someone with a lot of raw talent, but a bit light on experience, the trip was about much more than results in the pool. Benjamin was just getting comfortable on the bigger stage.

"I just remember everyone being so serious and I think the nerves affected me a bit," said Benjamin, the daughter of Arin and Gwin Benjamin. "It was like a professional meet with the stands full of people and nobody was messing around. By the time it was over, I realized that these were the types of meets that I wanted to be at so I better start taking it a bit more seriously."

Along with her state championship mile time and Colorado Mesa pool record, she has been selected to the Colorado All-Star she goes to the Olympic Trials in Omaha later this year. No matter what happens, Benjamin knows she's where she belongs. "I think a lot about what my life would be like if I never discovered swimming," she said. "When it gets tough, it's easy to convince myself to stick with it because swimming is just what I'm good at."



Photo by: Jerry McBride/Durango Herald



She's been to Junior Nationals and is pushing toward qualifying for the Olympic trials this summer in the 400 freestyle. The most amazing thing about Benjamin is that she hasn't even been swimming for five years. She's just getting her feet wet.

"I kind of just stumbled upon it because I had a friend who swam at the time, and I just started going with her when I was about 11," Benjamin said. "I started going to meets and I realized that this is something I like to do. When I started really enjoying it, I began improving and learning more. I don't want to say it was easy for me, it was just something I was able to do naturally." At the 2014 Western Slope Championships, Benjamin won the 400 Individual Medley, 200 freestyle and 100 freestyle. She was Team and is a zone, sectional and Junior National qualifier.

Earlier this year, she was asked to attend an invite-only meet at the University of Denver, where she placed second in the 200 butterfly and first in the 400 and 800 meter freestyle.

"The consistency of her work ethic is something really special about Haley," Durango Swim Club head coach Alex Martinek said. "She doesn't miss a practice and if there's any a time when we don't meet as a team, I know she'll be putting in the work on her own. Her technique is perfect and she loves to race. She just gets it." Benjamin and the Durango Swim Club will be in Arizona this weekend for an open water race, but an upcoming meet in Colorado Springs will play a role in whether Photo by: Jerry McBride/Durango Herald

Haley Benjamin of Animas High School and swims for the Durango Swim Club is this week's Prep Player of the Week.

Amy Analla Mondragon of Durango is the biological mother of Haley. Amy is the daughter of Richard F. Analla, Paraje / Laguna, NM and Bernadette Zuni-Cotton, Isleta Pueblo. Haley is their granddaughter. Article is courtesy of Joe Fries and Jerry McBride of Durango Herald, Durango, Colorado. (PARKS & RECREATION DEPARTMENT DIRECTOR):

Summer is here and once again we (Isleta Pueblo Parks & Recreation Department) will be having a Summer Recreation Program for the youth of the Pueblo. Our staff is anxiously awaiting the arrival of your children for this year's Recreation Program.

I want to thank all of you in advance for choosing to send your children to the Rec Center and also for trusting our staff with your children this summer.

We've assembled an outstanding team of dedicated staff to care for and engage your child this summer. Our goal this summer and always is to provide your children with new and exciting experiences through supervised and structured activities in a safe and welcoming environment.

On any given day this summer your children may be participating in variety of exciting and enriching activities and events. We are looking forward to having your children be part of this great experience! It is our hope that your children develop lasting relationships with new friends and mentors from their experiences this summer. We are excited about the opportunity to get to know your children this summer and create fantastic memories for them and we are looking forward to a happy and safe summer.

#### SUMMER PROGRAM INFORMATION

SUMMER PROGRAM DATES – This year our summer program will run for 8 weeks. The summer program begins on Monday, June 6th, 2016 and will run through Friday, July 29th, 2016. The center will be closed on Monday, July 4th, 2016 for the Independence Day Holiday.

#### SUMMER PROGRAM REGISTRATION

Registration has been on going the whole month of May and will continue to be ongoing until we reach capacity. Program capacity is based on participant to staff ratios and as long as we have enough staff to meet the participants to staff ratios. We are currently still accepting registration forms for this year's summer program, so please get your children registered in the summer program as quickly as possible.

#### SUMMER PROGRAM HOURS OF **OPERATION**

The Summer program hours of operation for all registered participants are 9:00 am to 3:00 pm Monday through Friday. However, the center will be open as early as 7:00 am for working parents that need to drop off their children to get to work on time.

#### FREE SUMMER FOOD SERVICE PROGRAM

We will once again be serving the breakfast and lunches to all children ages 18 years and younger this summer. The lunch program will begin on Monday, June 6th, 2016 and the breakfast program will begin on Tuesday, June 7th, 2016. Both programs the breakfast and lunch programs will run through the end of the summer program (July 29th, 2016). Please contact the center for serving times.

#### SWIMMING POOL INFORMATION AND HOURS

The swimming pool will be open starting this summer for registered participants, all tribal members and POI employees.

The swimming pool hours of operations will be as follows:

#### Monday through Friday

- **Open Morning Session** 8:30 am to 12:00 pm
- Closed Lunch Hour 12:00 noon to 12:45 pm
- **Open Afternoon Session** 1:00 pm to 4:30 pm

Tribal members and POI employees are more than welcome to drop in and use the swimming pool during our normal hours of operation, but keep in mind that between the hours of 9:00 am and 3:00 pm Monday through Friday the primary users of the pool will be the children that are registered in our summer program. Days and times

are subject to change as needed.

**Importance** Notice: Our swimming pool days and hours will be extended as additional pool staff is hired.

#### END OF DAY DISMISSAL FROM PROGRAM

All registered participants will be dismissed at 3:00 pm daily. At 2:45 pm registered participants will be brought into the gymnasium for program review and announcements prior to departing the facility. All registered participants will be required to leave the facility by 3:00 pm unless otherwise worked out with the Department Director.

Should you have any additional questions about the program, please contact the Rec Center and talk to one of our staff members or myself, we can be reached at 869-9777.

Again, thank you for choosing Pueblo of Isleta Parks & Recreation!

#### PARENT/LEGAL GUARDIAN MEETING

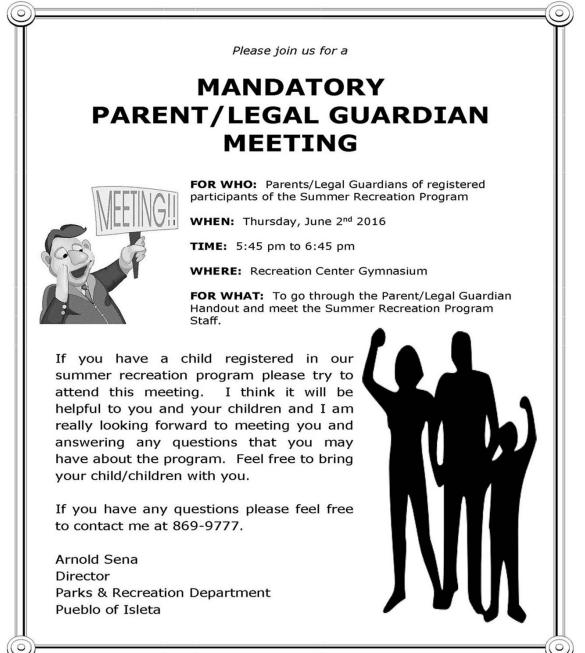
FOR WHO: Parent/Legal Guardians of registered participants of the Summer **Recreation Program** 

WHEN: Thursday, June 2nd 2016

TIME: 5:45 pm to 6:45 pm

WHERE: New Rec Center Gymnasium

FOR WHAT: To go through the Parent/ Legal Guardian Handout and meet the Summer Recreation Program Staff.



#### PARTICIPANT SIGN IN AND SIGN OUT PROCESS

All registered participants being dropped off and picked up from the rec center will need to be signed in and out daily on the daily sign-in and sign-out sheet. Those sign-in sign-out sheets are located in the Recreation Center Lobby. Parents and/ or Legal Guardians are required to sign-in and sign-out their children every day.

#### June 2016

If you have a child registered in our summer recreation program please try to attend this meeting. I think it will be helpful to you and your children and I am really looking forward to meeting you and answering any questions that you may have about the program. Feel free to bring your child/children with you. **RECREATION CENTER OPEN HOUSE/** SWIMMING POOL PARTY

I would like to invite all of you to our Open House/Swimming Pool Party on Thursday, June 2nd, 2016 from 6:30 pm to 8:30 pm. We want to give you and your families an opportunity to enjoy the recreation center and the swimming pool.

As most of you know unfortunately the swimming pool has been closed for a few months, mostly due to recent staff resignations, but I am very excited to tell you that we finally have some of our new swimming pool staff hired and cleared to work.

So once again we are inviting all of you to join us at the Recreation Center for an evening of fun at the recreation center capped off with a pool party for all to enjoy. We will have NACHOS and drinks that evening for those of you that are able to join us.

Please come meet our friendly and happy recreation and swimming pool staff, we are really looking forward to seeing you here and hearing from each of you.

#### **TELL US HOW WE ARE DOING!**

Feel free to contact me and give me your feedback to let us know how we are doing. I feel it's important to hear from the clients we serve and even the clients that don't use our services. Your feedback, your suggestions, your ideas and most of all your voice is important to us, please give me a call or email me with your input. I can be reached at 869-9777 or by email at poi91001@isletapueblo. com looking forward to hearing from you.



I would like to invite all of you to our Open House/Swimming Pool Party on Thursday, June 2<sup>nd</sup>, 2016 from 6:30 pm to 8:30 pm. We want to give you and your families an opportunity to enjoy the recreation center and the the swimming pool.



As most of you know unfortunately the swimming pool has been closed for a few months, mostly due to recent staff resignations, but I am very excited to tell you that we finally have some of our new swimming pool staff hired and cleared to work.

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Please come meet our friendly and happy recreation and swimming pool staff, we are really looking forward to seeing you here and hearing from each of you.

If you have any questions please feel free to contact me at 869-9777.

Arnold Sena Director Parks & Recreation Department Pueblo of Isleta

# Los Lunas High Girls Softball Team



# ma

- ⇒ PRC will assist with payment for medical services only.
- ⇒ PRC does not coverDurable Medical Equipment (DME) like Orthopedic braces, crutches, wheelchairs, hospital beds.

**Back Row:** Head Coach Paul Cieremans, Coach Robb Sexsmith, Coach Desi Garcia, Coach Tano Zamora

Middle Row: Tatianna Jiron, Jill Lucero, Elizabeth Brock, Deidra Zuni, Rebecca Lente, Taylor Sandoval

> **Front Row:** Shannen Abeita, Marissa Weldon, Samantha Lente

- $\Rightarrow$  PRC does not cover Labs at other facilities.
- ⇒ PRC does not cover pharmacy, rehab services or long term care facilities.

**Call PRC for more** information. 869-4488

# Isleta Pueblo News Isleta Ladies Eagles Basketball



The Isleta Lady Eagles finished their basketball season in style. They did a great job in the games and at practice and enjoyed their time with Coach Keenan Gurule. A big thank you to Isleta Rec., Keenan and the many parents who supported the team.

	LOS LU BASKET	NA S BALL
· · · · · · · · · · · · · · · · · · ·	YOUTH BASKETE	BALL CAMP
DATES: June 27th-June	30, 2016	
TIMES: 1:00-4:00		
<b>GRADES:</b> The Camp is for S		
LOCATION: LOS LUNAS H	IGH SCHOOL MAIN	GYM and AUX GYM
<ul><li>Campers</li><li>Awards</li></ul>	otwork, Passing Fundaments s will also play competitive g Ceremony will be held on th	als, Dribbling Fundamentals, Shooting Fundamental ames each day
INSTRUCTORS: Los Lunas Ti	gers Boys Basketball Coachir	ng Staff and High School Players
<b>REGISTRATION FEE:</b> \$40	per player	
MA LOS LUNAS BOYS BASKETBALL COACH TRAY	AIL REGISTRATION FORM BOOSTER CLUB; 1011 ME FOR MORE INFORMAT VIS JULIAN (505) 321-9786	SA LOOP NW; LOS LUNAS, NEW MEXICO 87031
	<b>Registration F</b>	orm
Name:	Phone #:	Email

\_\_\_\_ Grade starting in Fall: \_\_\_\_\_ School attending in the Fall: \_\_\_\_

Emergency contact (name and number)

**Insurance Waiver** 

I hereby authorize the directors of the Los Lunas Tigers Basketball Camp to act for me according to their best judgment in any emergency requiring medical attention. I hereby release the Los Lunas Tigers Basketball Camp and its agents from any cause of action I may have during this basketball camp.

Parent or Guardian's Signature:

Age:





#### Discover your perfect "fit." Attend a FREE CarFit Checkup!

CarFit is a FREE, interactive and educational program that teaches participants how to make their personal vehicle "fit" them to increase safety and mobility when they hit the road.

- > Review 12 key areas of your fit to your car such as adequate space from the steering wheel, proper seat belt use, and properly adjusted head restraints.
- > Learn how to use and adjust your safety devices.
- > Each checkup takes about 20 minutesthis is not a driving test or mechanical inspection.

To schedule your 20-minute appointment, please call the appropriate number listed on the right. Appointment spaces are limited, so don't wait!

For more information, visit www.car-fit.org.

CarFit is an educational program developed by AAA, AARP, and the American Occupational Therapy Association.

Get it & forget it. CenturyLink<sup>®</sup> High-Speed Internet. 3 Years. 1 Price. 0 Contract. Get surfing with speeds up to 20 Mbps. (may not be available in your area) mo. FOR 3 YEARS Requires Unlimited Nationwide Calling.\* Surf, stream & share on all vinning Norton<sup>™</sup> AntiVirus at no extra cost answers when you need them h 24/7 tech support

AARP Driver Safety's **CarFit Event** 

June 25, 2016 9 AM - 1 PM Location Del Webb - Alegria 901Cottonwood Circle Bernalillo

Cross streets: Santiago and 528 (Pat D'Arco Hwy)

(North of Idalia and South of the 550)

To schedule your appointment, call:

**Phone Number AARP Info Center** 505.830.3096

Hello my fellow tribal members, I have been a carrier of the Albuquerque Journal for the past 20 years. If you would like to receive home delivery of the Albuquerque Journal. There are 2 subscriptions you could receive. Daily is Sunday through Saturday (7 days a week) or, Weekends only (Friday, Saturday and Sunday). If interested please contact Phillip Jiron at 505-414-1153.



# Located at 19 El Cerro Road

# Los Lunas NM 87031

# We offer Complete Auto Repair and Service

Computer diagnostic - Engine Repair - Transmission repair

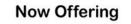
Radiator & Heating systems - Tune ups - Brakes- Oil Change

#### Please call for weekly specials!

(10% Tribal member discount with Tribal ID, teacher discount, first responders & military discount)

Isleta Tribal member owned

# ISLETA GRILL @47



GRAB-N-GO

### At Travel Center & One Stop Gas Stations



Call: 855-234-5735 Come in: 4411 San Mateo Blvd NE Suite E6, Albuquerque Please mention RAF ID: JETHOM8 CenturyLink®

\*Service and offer are not available everywhere. Rate is available to new CenturyLink® High-Speed Internet ("HSI") customers who sign up by 9/30/2016. A one-time activation for HSI and professional installation fee for HSI (if selected) applies; self installation is available at no charge. After 36 months, standard monthly rate will apply. Depending on your location, promotiona discounts may not applyto partial month of service. Rate excludes taxes, fees and surcharges which are based on standard, not promotional, rate. CenturyLink-provided modem may be required for High-Speed Internet lease (\$9.99/mo. fee) or a one-time rchase (\$99.99) option available (S&H applies). If customer cancels one of the required bundled services during promotion all promotional rates are void. Customer must remain in good standing and offer terminates if customer changes their account in any manner. Credit approval and deposit may be required. Additional restrictions may apply. CenturyLink may change, cancel, or substitute offers and services, or vary them by service area, at its sole discretion without notice. All products and services listed are governed by tariffs, terms of service, or terms and conditions posted at centurylink.com. See centurylink com/help for taxes. res and such areas. HSI — Customers must accept HSI buscriber Agreement prior to using service. Listed Internet speeds vary due to conditions outside of network control, including customer location and equipment, and are not guaranteed. See centurylink.com/internetpolicy for additional network performance information. Direct connection and speed claims are based on CenturyLink providing HSI customers with a dedicated, virtual circuit connection between their homes and the CenturyLink central office. Norton' AntiVirus Online — With these services, customer receives the right to use the products on the specified number of PCs during customer's subscription term with CenturyLink, which begins upon initial installation and activation of the product. These services include protection updates and/or new product features as available throughout the subscription term, subject to acceptance of either the Norton License Agreement or Terms of Service, whichever is applicable, included with these products and available for review at www.symantec.com. Features may be added, modified, or removed during the service period. Customers subscribing to CenturyLink5 Internet basic service (without features) or other ISPs are not eligible for Norton" AntiVirus Online. © 2015 Symantec Corporation. All Rights Reserved. Symantec, the Symantec Logo, the Checkmark Logo, Norton, and Norton 360 are trademarks or registered trademarks of Symantec Corporation or its affiliates in the U.S. and other countries. 02016 CenturyLink. All Rights Reserved. The name CenturyLink and the pathways logo are tradem CenturyLink. All other marks are the property of their respective owners. T216QWFI T216QWFLY6623

#### **Breakfast Burritos & Breakfast Sandwiches** (6am – 10am)

ABQ Turkey, Grilled Ham & Cheese, Carne Adovada Burrito and Seasoned Beef & Bean Burrito

(11am - 2pm)

505.869.9835

#### Isleta Educational Assistance Fund

The Pueblo of Isleta recognizes the need to provide families with supplemental funding to assist their child/children in their education. Applications shall be reviewed the third week of January, March, June and September. The education-funding year shall reflect school year – August through July.

Through the Pueblo of Isleta Department of Education, specific guidelines have been developed to assist **qualifying tribal members** striving to reach high levels of district, local and state academic standards. These guidelines shall be used to provide monetary support to students and adults in need of educational assistance.

Assistance may be provided for the following categories: (Priority will be given to category A, then B and so forth). If you require additional assistance or an application please contact Beverly Piro, Administrative Assistance III at 505-869-9790 or poi08101@ isletapueblo.com.

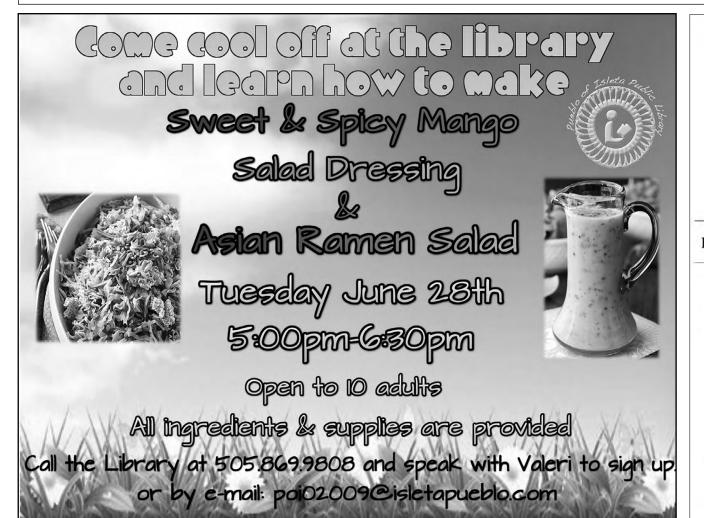
Priority A Students K-12	Priority B Students K-12	Priority C Students K-12	Priority D Students K-12	Priority E Group Trips	Priority F Adult Education
Tutoring, Study Skills, Test Preparation 70% of Total Up to \$1,000	Ed. Materials & Supplies (Children with Disabilities) 70% of Base Up to \$1,000	Cost to attend Private Institutions 30% of Base Up to \$3,000	Extra-curricular activities (Chess, band, sports, science fair, etc.) 70% of Base Up to \$500.00	Educ. Programs or Trips outside of the regular classroom 50% of Base Up to \$500.00	Special Interest, & Career Development Classes 70% of Base Up to \$500.00
Must be accredited by NM Public Education Department Unavailable through other resources Submit letter, application, and teacher recommendation	<ul> <li>Materials &amp; supplies used in Special Ed. Classrooms to reinforce learning at home.</li> <li>Unavailable through other resources</li> <li>Submit letter, application, and teacher recommendation</li> </ul>	<ul> <li>Support to attend private schools</li> <li>Submit letter, application, acceptance and/or enrollment letter; &amp; official document showing tuition and fees required.</li> </ul>	<ul> <li>Financial support of extra-curricular activities (Band, chess, sports, science fairs, etc.)</li> <li>Submit letter, application, itemized list of materials, equipment, &amp; costs due to family after fundraising)</li> </ul>	<ul> <li>Educ. groups, must submit all info. together: (Letter, application, list of participants, informational packet of trip) &amp; expenses.</li> <li>Cost Allowed: (Travel, if applicable, tuition, registration, &amp; other incidentals</li> </ul>	<ul> <li>For classes unavailable through Isleta Adult Ed., WIA or computer classes.</li> <li>Students/Adults must submit letter, application indicating course info., cost, institution, and justification for class</li> </ul>

All **enrolled tribal members** who reside within a 60-mile radius of Isleta Pueblo are eligible to apply. PROVISIONS:

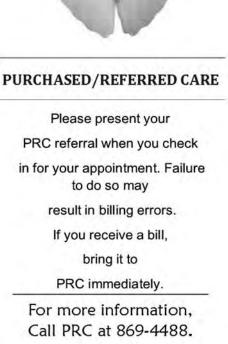
• Individuals and groups must select one category to apply as only one request per school year (August – July), per individual will be awarded.

- Approved requests shall be granted provided funding is available.
- Approved requests not granted due to shortage of funds shall be first priority in the category once the funding is replenished.
- The assistance may be used to purchase equipment or uniforms, pay transportation or registration fees, or pay for any other expenses associated with the activity.
- All students/adults with approved requests are required to submit follow-up documentation.
- In the event the student/adult fails to do so, the amount due may be filed with tribal courts.
- Tribal members enrolled in the educational institutions beyond high school receive financial assistance for their educational expenses. Therefore, such student shall not be eligible for additional financial assistance.
- Dates of announcement shall occur yearly in the months of January, March, June and September.

Approved by Tribal Council on May 31, 2001, October 18, 2005 and Amended to Remove Category (G) on August 5, 2015







#### June 2016

#### **Pueblo of Isleta Elementary School News**

Early enrollment for School Year 2016/2017 for the Pueblo of Isleta Elementary School has begun. Enrollment packets were sent home with students and additional packets are available at the POIES Front Office. Staff will be offering assistance with the applications during the summer break. We would like to have all of the student information updated and in place, prior to the school start in August. All Kindergarten and new enrolling students will need the following documents to complete their application:

- \* Certificate of Indian Blood (C.I.B.)or Tribal Verification Letter
- \* Updated Immunization Record
- \* Birth Certificate
- \* School Physical (Kindergarten or New Students)
- \* Social Security Card (If not enrolled at Isleta)

Summer School Applications are also still available for students that are currently enrolled. Summer School will begin on June 7 and continue Tuesday, Wednesday and Thursday morning through June 30th. Breakfast and lunch will be served at the POI Public Library. Transportation will be provided. If you have any further questions, please contact the school at 505-869-2321.

Mary Benavidez and Carla Cherino, Sixth Graders, qualified to participate in the "New Mexico Battle of the Books." Both girls traveled to Santa Fe on April 30th to compete against teams from around the state. Congratulations Mary and Carla!

Kindergarten through Third Grade Students enjoyed a field trip to the Rio Grande Zoo in Albuquerque on May 16th. The Fourth, Fifth and Sixth Graders visited the Aquarium and the Botanical Gardens on May 20th. The staff and students really enjoyed the trips!



Pueblo of Isleta Elementary Third, Fourth, Fifth and Sixth Graders competed in a Local Spelling Bee on May 9th. Local winners, Eric Carpio, Third Grade, Greg Zuni, Fifth Grade, Mary Benavidez, Sixth Grade, and Kylie Jaramillo. Sixth Grade represented POIES in the Regional CENAC Spelling Bee Competition, held at Jemez Day School on May 12th. Congratulations to all of the Spelling Stars! A BIG-Hip-Hip-Hooray for Kylie Jaramillo who came in First Place in the Sixth Grade Division and brought home a trophy! We are very proud of you all!



Field Day was held at the Isleta Recreation Center on May 18th. Due to rain, all of the activities were moved inside. Students had Tug-A-War with the Staff, Relay Races, Frisbee Toss, Limbo, Elephant Trunk Bowling and a variety of other competitions. A Special Thank You to the POIES Staff that organized and set up all of the events, and to the Rec Staff that hosted us!





and recorded their observations in their Science journals. They reluctantly released the butterflies to fly freely.

# Isleta Health Center Optometry Clinic

It's that time of the year again! If you would like your child to get their eyes examined before school starts, please give us a call at 505-869-4080.



We look forward to 'seeing you'!





DATES / TIMES / TOPICS June 16<sup>th</sup> 🖲 Health Training Center Leadership & Empowerment TIME: 9:00 - 3:00

June 27<sup>th</sup> @ Health Training Center **Education & Empowerment** TIME: 9:00 - 3:00

July 11th @ Health Training Center Drug Abuse, DV & Mental Health TIME: 9:00 - 3:00

July 25<sup>th</sup> @ Health Training Center

TOPIC TBD TIME: 9:00 - 3:00

Isleta Behavioral Health Services &

POI Collaborating Partnership:

# Isleta Youth Summit: Summer Series

In Partnership with Pueblo of Isleta (POI) departments and service providers, local resources, and other collaborating Pueblo partnerships, the Isleta Behavioral Health Services Prevention Program is offering a 4 day Summer Series throughout summer 2016.

Beginning June 16th, the Summer Series will take place every other Thursday throughout June and July 2016. The Summer Series will include educational and awareness building around prevention areas such as drug, alcohol, and meth use and its impacts, domestic violence & bullying, and suicide prevention & mental

# **Community Garden**

May, 2016

Planting season is finally here!!! The community garden is coming along thanks to the continued donations and volunteers. We planted our first crop on May 24, 2016 using the lasagna gardening method which consist of layering clay, leaves, manure and other soil amendments then created a moisture retainer with alfalfa/straw and mulch. This process provides a sponge like bed full of organic matter and moisture; an ideal home for vegetables. Although it feels late in the season to plant, careful observation of the weather system strongly suggests we are about one month behind in season evidenced by high winds and large temperature fluctuations throughout the month of May. Soon we will be informing the community about when we will plant. A lot of work has gone into the community garden and the hope is we will continue to receive support.

Thank you to everyone who has contributed in your own unique way!

The community garden planning committee meets every Tuesday at 3:00 pm in the community garden. All are welcome to attend. Come dressed and prepared to garden!

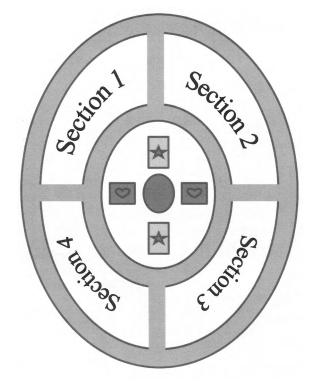
We are still asking for the following \*donations to make our soil and provide protection from the weather:

- Leaves 1.
- 2. Old hay, straw, or alfalfa bales (the kind that cannot be fed to animals)
- 1. Grass clippings
- 2. Any berry transplants
- 3. Any fruit bearing or nut bearing tree transplants

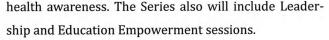
\*For your convenience we can pick up any donations just give us a call!!

The community garden is also a great place to secure community service hours!!

Please call (505) 869-5475 and ask to speak to Jennifer Padilla for more information about the community garden.



Section 1: Raised Garden Beds Section 2: Corn using Traditional Rows Section 3 & 4: Soil Rebuild Walking Path Raised Herb Garden Beds Free Standing Charcoal/Wood Burning Grills Fire Pit



For more Information call IBHS @ 505.869.5475 Open to Youth Ages: 10-17 yrs. **Incentives for Attendance** 

Snacks & Refreshments provided

P.O. Box 580 / OI Sagebrush St Isleta, New Mexico 87022 Phone: 505.869.5475 Fax: 505.869.5489

**Prevention Program** REGISTER NOV



# DATES / TIMES / TOPICS

<u>June 16th @ Health Training Center</u> Leadership & Empowerment TIME: 9:00 — 3:00

Registration/Opening: 9:00-9:30			
Speaker 1: 9:30 — 10:30			
Speaker 2:	10:40 — 11:40		
Lunch:	12:00 — 1:00		
Speaker 3:	1:00 — 2:00		
Speaker 4:	<b>2:10 — 3:00</b>		
Lunch: Speaker 3:	12:00 — 1:00 1:00 — 2:00		

Isleta Behavioral Health Services & POI Collaborating Partnership: Prevention Program

P.O. Box 580 / OI Sagebrush St. Isleta, New Mexico 87022 Phone: 505.869.5475 Fax: 505.869.5489 Isleta Behavioral Health Services & POI Collaborating Partnership

# Isleta Youth Summit: Summer Series #1

In Partnership with Pueblo of Isleta (POI) departments and service providers, local resources, and other collaborating Pueblo partnerships, the Isleta Behavioral Health Services Prevention Program is offering a 4 day Summer Series throughout summer 2016.

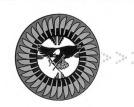
#### **LEADERSHIP & EMPOWERMENT**

This session will look at the Leadership within the Pueblo of Isleta through the Tribal Administration, Tribal Council and other successes that the Pueblo currently has. Participants will learn about their leadership roles and their duties to enlighten them to seek their own successes throughout life and to build their self confidence, their goals and dreams through empowerment speeches and presentations.

#### For more Information call IBHS @ 505.869.5475

Open to Youth Ages: 10-17 yrs. Incentives for Attendance Snacks & Refreshments provided

**REGISTER NOW!** 



# DATES / TIMES / TOPICS

June 27<sup>th</sup> @ Health Training Center

Education & Empowerment TIME: 9:00 — 3:00

Registration	legistration/Opening: 9:00-9:30			
Speaker 1:	9:30 — 10:30			
Speaker 2:	10:40 — 11:40			
Lunch:	12:00 — 1:00			
Speaker 3:	1:00 — 2:00			
Speaker 4:	2:10 — 3:00			

Isleta Behavioral Health Services & POI Collaborating Partnership

# Isleta Youth Summit: Summer Series #2

In Partnership with Pueblo of Isleta (POI) departments and service providers, local resources, and other collaborating Pueblo partnerships, the Isleta Behavioral Health Services Prevention Program is offering a 4 day Summer Series throughout summer 2016.

#### **EDUCATION & EMPOWERMENT**

This session will look into the leadership within the Pueblo, through the Department of Education and other Tribal programs and through community members who are currently seeking post-secondary education. Participants will learn about education, careers, and important life skills which will enlighten them to seek their own successes throughout life in order to build participants self confidence, goals & dreams through empowerment.

# **Health Beat**

Stephanie Barela, Health Educator 869-4479  $\square$  sbarela@islclinic.net

#### Lung Cancer: Myths and Facts

**Myth:** If You've Smoked for Years, the Damage Is Done **Fact:** It's never too late to stop smoking. Quitting has almost immediate benefits, including improved circulation and lung function. Risk of lung cancer begins to decline over time. Ten years after quitting, former smokers cut their risk of developing lung cancer by up to 50%.

Myth: Low-Tar or 'Light' Cigarettes Are Safer Than Regular

**Fact:** Light, ultra-light, and low-tar are just as dangerous as regular cigarettes. And beware of menthol: Some research suggests that menthol cigarettes may be more dangerous and harder to quit. Their cooling sensation can allow smokers to inhale more deeply.

**Myth:** Smoking Marijuana Doesn't Increase Lung Cancer Risk

**Fact:** Marijuana smoking may increase lung cancer risk, but more research is needed. Many people who use marijuana also smoke cigarettes, and there is some evidence that the combined use may increase a smoker's risk for lung cancer even more.

**Myth:** Antioxidant Supplements Protect You From Cancer

**Fact:** Based on population studies, a diet rich in fruits and vegetables with antioxidants may help protect against cancer. But when researchers tested antioxidant supplements, they unexpectedly found an increased risk of lung cancer among smokers who took betacarotene supplements. Talk to your doctor before taking any supplements.

**Myth:** Pipes and Cigars Don't Cause Lung Cancer **Fact:** Smoking pipes or cigars increases not only lung cancer risk but also the risk for cancers of the mouth, throat, and esophagus. Cigar smoking puts you at much greater risk of both heart disease and lung disease. Cigars are just as toxic, maybe more so, than cigarettes.

**Myth:** Smoking Is Your Only Lung Cancer Risk Factor **Fact:** The second leading cause of lung cancer, after tobacco smoke, is an odorless radioactive gas called radon. Emitted from rock and soil, it can seep up into homes and other buildings. The only way to know if you're living with dangerous levels is to test your house or office for it. Call your state or county health department for information.

Myth: Talcum Powder Causes Lung Cancer

**Fact:** Researchers have found no association between lung cancer and breathing in talcum powder. However, occupational exposure to asbestos, arsenic, and other substances do increase lung cancer risk.

**Myth:** If Diagnosed With Lung Cancer, Quitting is Pointless

**Fact:** Continued smoking decreases the effectiveness of cancer treatment and may make side effects worse. Smokers undergoing surgery, for example, have more trouble healing than ex-smokers. Those who smoke

while undergoing radiation for cancer of the larynx are

lung cancer by 20% or more, studies show. In addition,

exercise improves lung function and reduces the danger of other diseases, including heart disease and stroke.

#### For more Information call IBHS @ 505.869.5475

**REGISTER NOV** 

Open to Youth Ages: 10-17 yrs.

Incentives for Attendance Snacks & Refreshments provided

Isleta Behavioral Health Services & POI Collaborating Partnership: Prevention Program

P.O. Box 580 / DI Sagebrush St. Isleta, New Mexico 87022 Phone: 505.869.5475 Fax: 505.869.5489 less likely to regain normal voice quality. In some cases, quitting can cut the risk of a second cancer forming.Myth: Exercise Doesn't Affect Lung Cancer RiskFact: Regular physical activity may reduce the risk of

**Myth:** Air Pollution Is a Leading Cause of Lung Cancer **Fact:** Tobacco is by far the leading cause of lung cancer. But air pollution has been recognized as a cancer causing agent by the World Health Organization and of the 3.2 million deaths air pollution causes worldwide, 223,000 are from lung cancer.

# Interested in learning more about how to quit using commercial tobacco? Call Stephanie @ 869-4479.

Source:http://www.webmd.com/lung-cancer/ss/slideshow-lung-cancer-risks



# Pueblo of Isleta Public Library

Greetings to all far and near. June is here and summer is creeping its way into your homes with warmer days and evenings. Time to work on your air conditioners and get your car a/c's fixed. Since the days are going to get warmer please remember to never leave your child or pet in your vehicle. The temperature in a car can get 10 to 20 degrees hotter than it really is. Always be safe and cautious!

#### News

The Library will be closed on Saturday June 4th in preparation for our upcoming Summer Reading Program, which will start on Monday June 6th. The Library will also be closed on Saturday June 25th.

Our Library was visited by Carmelita Aragon and Deanna Dekle from the New Mexico State Library the Hitchhiker. The Hitchhiker is a news source, which provides happenings and news in New Mexico libraries such as public, academic, school and special. During their visit they had nothing but nice things to say about our Library and our Library programs. They highlighted some of the fun signs we have hanging in the library and also commented on our coupon swap book, which patrons can access to on the daily. If you would like to read the short blog about the library please visit the website: http:// hitchhiker.nmstatelibrary.org/visit-isletapublic-library/

#### Upcoming

Our Summer Reading Program will begin on Monday June 6th and end on July 26th with a final performance. We will not have SRP June 27th through July 4th. As many of you know this is our busiest time of year. We will have children in the Library all day. Please be patient with us as we will be tending to children while also helping patrons in the Library.

We are looking forward to meeting your children and seeing familiar faces. I am sure they are just as excited as we are. This year our Junior Summer Reading Program will based on Wellness, Fitness and Sports. This age group will range from 3 years old to 6 years old. Curriculum will include daily Storytime, hands on activities, Water Fun Days, Park Days, and of course, field trips! We are currently filled up with 20 students enrolled, however you are more than welcome to put your child's name on the waiting list.

Our Youth Summer Reading Program will based on Broadcasting News. This age group will range from 7 years old to 18 years old. Curriculum will include Grade Level Reading Groups, News Stories, Filming, Editing, Water Fun Days, and Field Trips! The kids will be visiting news channel KRQE/KASA FOX to meet news anchors and a weather forecaster. They will be able to learn from the professionals. 9:00am and Lunch will be served from 11:30am-1:00pm. All meals must be eaten on site. If you have any questions or concerns please give the library a call at 505.869.9808.

Looking for something to do this Summer? Come to the Library and learn something new during our Adult Food Program. This will take place on Tuesday June 28th from 5:00pm-6:30pm. What does the menu look like? Library staff member Valeri will be teaching you how to make Asian Ramen Salad and Sweet and Spicy Mango Salad Dressing. This is open to 10 adults. All ingredients and supplies will be provided. You may sign up starting June 1st. For more information please call the Library at 505.869.9808 and speak with Valeri to sign up.

#### Recap

American Girl Book Club May 11th- Diane concluded her final meeting with her 3 month American Girl Book Club with a girls night out at the Justice Store at the Coronado Mall. The participants attended book club meetings and joined in on crafts made especially for their American Girl Dolls. They were able to purchase what they wanted from the Justice Store with a \$30 gift card, which was awarded to them from the Library for completing the Book Club. We would like to thank the participants for joining the program and sharing your feedback with the Library staff. This was definitely a memorable one for the books!

Mother's Day Craft May 5th- Cheyenne hosted a night dedicated to making mom, aunt, or grandma a gift for Mother's Day. Since we were unable to tell you what the craft was beforehand because we would spoil the surprise, we can spill the beans now. Participants made a coffee cup designed and painted with nail polish. The technique Cheyenne taught them was a tie-dye technique that had the kids excited to try. They dried fast and the kids were able to take them home that day to surprise someone that weekend of Mother's Day.



Two participants putting nail polish in a tie-dye formula to place on their coffee cups.

Laser Tag Club May 10th- May 28th- Kyle and our Library Intern Taney hosted a Laser Tag club which was every Tuesday and Thursday of the month of May. This was open to 10 participants ages 9 years old and older. This program was created to prepare for a Laser Tag event held at Hinkle Family Fun Center on Saturday May 28th. They had three games: Capture the flag, midnight madness, and every man for himself. Thank you to all that participated and represented the Library in this event! You are awesome.

Beginners Sewing Class May 17th, 19th and 24th- Tara hosted a beginners sewing program. Participants were able to learn differences of fabrics and learn how to use a sewing machine. For some it was their first time and for others this was a refresher class. They learned how to sew their own maxi skirt. Some ran into some problems and found a new best friend, the seam ripper. For those people who sew, you know what I mean. We had a total of 5 participants. Every participant was able to finish a skirt to take home. Thank you for all your hard work and determination to finish these skirts while learning the basics of learning how to use a sewing machine.

Salsa and Chips Adult Food Program May 25th- Tara and Christino hosted our adult food program which was open to 10 adults. We had 5 people attend due to last



Our job is to keep children occupied during the summer while learning something new while having a blast! We offer a safe environment for your child with friendly staff to help in making this Summer Reading Program experience fun and exciting not only for your child but for parents as well. If you have any questions about the Summer Reading Program please give the Library a call at 505.869.9808.

During this time we will also be a site for the Summer Breakfast and Lunch Program. This program provides breakfast and lunch for all children ages 1-18 years old. Breakfast will be served from 8:00am-

A family putting together their DIY Pocket Fishing Kit.

(Continued next page)

#### **Isleta Pueblo News**



The finished Maxi Skirt from one of our beginners sewing program participant. It came out nice!



Cutting out her skirt during our Beginners Sewing Program.





Mother and daughter showing off their Maxi skirts they made during our Beginners sewing program. Good Job!

cancellations minute and other commitments. That didn't stop us from getting our salsa on! Participants learned how to make salsa, mango salsa and grilled corn guacamole! Of course you cannot have salsa without any chips. So we taught them how to make baked tortilla chips simply made from store bought corn tortillas and vegetable oil brushed on with a dash of salt. Everyone was able to take home about 2 cups of each salsa and guacamole. Thank you for everyone who attended and learned something new and exciting! Plus it was super easy to make. As quoted from a participant, "Watch out Sadie's, we can make our own salsa now."





Smelling the fresh salsa she just made during our salsa and chips program.



A couple reading the directions and prepared their ingredients during our salsa and chips program.

students received help and assistance on daily homework and reading. Why not do homework in a safe environment with all the resources available for you. Please keep us in mind next school year!

#### Pueblo of Isleta Public Library Hours of Operation: Library Hours

Mon-Thurs - 8:00a.m. - 6:30p.m. Friday - 8:00a.m. - 4:30p.m. Saturday - 9:00a.m. - 1:00p.m. Closed on Sundays, all federally recognized holidays and also Isleta traditional Holidays. Please contact library for more information on closures.

Mailing and Physical Address:

950 Moonlight Drive Albuquerque, NM 87105 Phone: (505)-869-9808 Fax: 505-869-8119 Email: poi02002@isletapueblo.com

Facebook Page:

www.facebook.com/IsletaPuebloLibrary Web Address:

www.isletapueblo.com/library2.html YouTube: www.youtube.com/user/poilibrary Pinterest: www.pinterest.com/poilib

Learning how to sew on her fabric that she picked out.

Mother and Daughter finishing off their grilled corn guacamole during our salsa and chips program.

Homework Help Program Incentive Field Trip May 20th- This was our end of the school year field trip for our homework help program students. The students were treated to see the Angry Birds Movie at Century Rio 24 and dinner at Fuddruckers. The students could not stop talking about the movie and how funny it was. Thank you to all the students who attended our program and took the initiative to get homework done. Throughout the school year we had a homework help program where



PLEASE READ YOUR APPOINTMENT LETTER ATTACHED TO YOUR REFERRAL CAREFULLY. IT HAS A LOT OF GOOD INFORMATION TO GET YOU TO YOUR APPOINTMENT ON TIME.

QUESTIONS? CALL 869-4488.

# Isleta Elder Center:

It's hard to believe that May 2016 has already gone by and that the summer season is about to begin. The Isleta Elder Center is grateful for the continued support from our community members, fellow Pueblo of Isleta Programs, & surrounding businesses throughout this year. The Elder Center has been fortunate to host a number of various community events in the year 2016 and like any program we appreciate how involved our community is when it comes to supporting our elders. Throughout May, events such as the 2016 Isleta Senior Games & 2016 "Just for Moms" Mother's Day event both took place at Isleta Elder Center as well as at various venues throughout our community.

To start off the month of May, the Isleta Elder Center in collaboration with Isleta Recreation Program, Isleta Golf Course, & Isleta Fun Connection, worked together to host the 2016 Isleta Senior Games. This year we had 43 registered participants competing in various sports throughout the games. Athletes competed in over 20 sporting events in this year's games, qualifying them to compete at the 2016 New Mexico Senior Olympic Games in Roswell, NM, during the month of July. All of the athletes who participated in this year's games are true ambassadors for living proactive life styles through their continued dedication in being involved with the Isleta Senior Olympic Program. Each of the athletes are constantly supporting others to be involved as well as demonstrating true nature of sportsmanship in encouraging one another to never give up. Thank you to everyone involved in this year's Senior Games and for your support in making this event a success.









the morning of the event. There were also delicious treats, drinks, and various goodies provided by the Isleta Recreation Program & Elder Program. The afternoon was filled with some competitive BINGO as well as root beer floats for the participants involved. A special Thank you to both the Isleta Recreation Program & CNM Cosmetology students in making this a great event for the women of our community.

#### Upcoming Events for June 2016:

# Early Voting: May 21st, 2016 – June 7th, 2016

The Isleta Elder Center is a host site for the 2016 Primary Election for Bernalillo County Voters. The voting site is located in the Isleta Elder Center Activities Room.

#### Tuesdays – Saturdays 8:00am – 5:00pm

# June 10, 2016: Health Discussion with Dr. Cumby & Dr. Lil – 11:00am – 12:00pm

Dr. Cumby & Dr. Lil visit the Isleta Elder Center each month to have an open discussion with the elders of our community about various health topics or concerns. This is a great opportunity for anyone to come and join this comfortable environment where questions about various health topics surrounding our community can be discussed. The topic for June's discussion will be on "Diabetes". Discussions are held in the Isleta Elder Center Activities Room. surroundings and to know what to do in a worst case scenario. Join us as the Isleta Animal Control Department will be hosting a Snake Awareness & Safety presentation to the elders of our community in the Isleta Elder Center Activities Room from 10:00am – 12:00pm. Come meet with department's officers and learn how their department can help you when it comes snakes.

#### June 17, 2016: "Just for Pops" Father's Day Event – 10:00am – 3:00pm

This year the Isleta Elder Center will be hosting our 2016 "Just for Pops" Father's Day event at the Isleta Lakes. This event is for all the Ta-tas, Meh-mehs, Teh-ehs, and men 60 & older to join. Free admission for those that sign up at the Isleta Elder Center before June 17, 2016. Enjoy a day by the lake with the guys of our community. Come and play a game of horseshoes/washers and eat from a BBQ menu created just for you. If you are 65 & older and would like to fish during the event use your "Golden Eagle Pass" to get a free fishing license for the day. If you do not yet have a pass, please contact Jeff Jojola (505) 869-9770 for more information.

#### June 21, 2016: Story Telling Night "My Pueblo Life" – 5:30pm – 7:00pm

Each series of the Elder Center's Story Telling Night titled "My Pueblo Life" is an opportunity for all community members & families to listen about the various transitions, cultural changes, as well as the history of our community through life experiences from the elders of our pueblo. In June, the Isleta Social Services Program and Isleta Elder Center will collaborate for the 3rd part of this exciting series. Doors open at 5:30pm, so come and get your seat early.

Our Mother's Day event "Just for Moms" was a great opportunity for the Isleta Elder Center to give back to the elder women of our community. During the event mothers of our community were treated to a day of relaxation, pampering, and of course BINGO. Each of the community members who participated were given an opportunity to receive a free manicure from a group of CNM Cosmetology students throughout

#### June 15, 2016: General Meeting – Snake Awareness & Safety: Isleta Animal Control

As summer quickly approaches and the heat begins to set in, various types of snakes have already begun to come out of hibernation. Various areas of our community are affected by these reptiles and reports of snakes are starting to be called in. It is always important to be aware of your

#### June 22, 2016: NM Rail Runner South Valley Senior Center Visitors – 9:00am – 3:00pm

The Isleta Elder Center will be hosting a group of visitors from the S. Valley Senior Center through the New Mexico Rail Runner Senior Center Exchange Program. These visitors will be arriving at the Isleta Rail Runner stop near the Isleta Lakes and will be visiting the Isleta Elder Center for the day. Visitors will be taking a tour of our new facility as well as having lunch and participating in an afternoon of activities. Join us as we welcome our northern neighbors and meet some new people and possibly see some old friends.

#### June 27, 2016: Bosque Farms Senior Visitors & Fry Bread Making 101 – 10:00am – 12:00pm

Throughout the 2016 year, the Bosque Farms Senior Center has visited the Isleta Elder Center on numerous occasions. Each visit has given our neighboring visitors a greater appreciation of our community and our environment. During their upcoming visit to our center, participants will take part in a cultural exchange by making fry bread with elders of our community. Come be a part of a great cultural exchange opportunity and enjoy some awesome company with our southern neighbors.

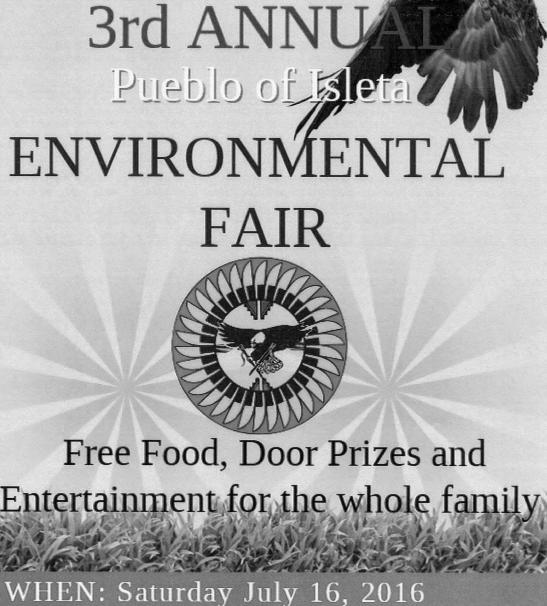
#### June 28, 2016: Power of Attorney Clinic by the Senior Citizen's Law Office of New Mexico - 10:00am - 12:00pm

If you have ever needed assistance with or had questions about what a Power of Attorney actually is, this free clinic is for you. The Senior Citizens Law Office of New Mexico will be conducting a FREE **Power of Attorney Clinic** to assist seniors in executing financial and health care powers of attorney. Please bring names of people you wish to appoint as your agent, their address, and phone numbers with you to the clinic. This free clinic will be located in the Isleta Elder Center Activities Room.

#### June 30, 2016: Isleta Elder Center's July 4th Celebration – 5:00pm – 7:00pm

The Isleta Elder Center will host our July 4th Celebration in the evening of June 30, 2016. During this day the Isleta Elder Center will not be hosting our usual congregate lunch in the dining room as we will be serving a delicious evening dinner for those who take part in the evening celebration. However, the usual Home Delivered Meals will still be sent out on the usual schedule. The evening will be filled with fun festivities as well as a delicious BBQ dinner for participants. If you would like to be part of this great evening, please R.S.V.P. by June 27, 2016. For more information please contact the Elder Center at (505) 869-9770.

If you are interested or would like to be involved in any of our upcoming activities please contact the Isleta Elder Center at (505) 869-9770.



10am to 2pm WHERE: New Rec Center

E-WASTE COLLECTION: Bring unwanted items with <sup>w</sup> you to the fair to recycle! TV's, electronics, microwaves, computer parts, etc.

# Senior Citizens' Law Office

To conduct a Power of Attorney Clinic (To assist seniors in executing financial and health care



powers of attorney)

(Please bring names of people you wish to appoint as your agent, their address, and phone numbers with you to the clinic)

> June 28, 2016 (Tuesday) 10:00 a.m. to 12:00 p.m. At Isleta Pueblo Elder Center

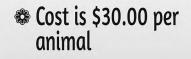
# July 15, 16, 17, 2016

To reserve your space or for information call Isleta Animal Control @ 505-869-7564

Space is limited, calls will be taken until spots are filled or July 1,2016

> ROCKY MOUNTAIN PUPPY RESCUE

Brought to you by:



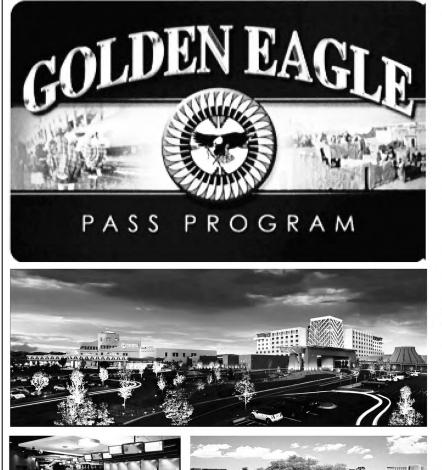
Pet must be current with rabies shots

120 slots available 40 slots per day



# June 2016 Adult Day Services

Mon	Tue	Wed	Thu	Fri
<u>Information call- 869-9770</u> Emma Abeita - extension 9022 Nicole Abeyta -9333	Tata-Joe D. Lucero 22nd	1 10:00-11:00 Father's Day Cards/ 11:00-11:45 Sewing 1:30-2:00 Chair exercise	2 10:00 to 11:00 Apron Sewing Or Napkin Holder 11:15 to 11:35 Chair exercise 1:00-2:00 continue with a.m. activity	3 10:00-11:00 Planting party/ <u>ADS and</u> <u>Assistant Living</u> ADS will go over! 1:00–2:00 Canvas Napkin
6 10:00 to 12:00 Intergeneration Collaboration Youth and Elders/ Icebreaker Activities 1:00—2:00 Sewing Napkin Holders	7 10:00 to 12:00 Intergeneration Collaboration Youth and Elders/ Open activities 1:00-1:30 Sewing 2:00-2:30 Exercise	8 10:00–11: 15 Sewing/ Pot Holders 11:15-11:35 Chair Exercise 1:00 to 2:00 continue Pot Holder sewing	9 10:00 to 11:00 for ADS by ADS Staff Hand Massages and Manicures <u>11:00–12:00 Mass</u> 1:00 to 2:00 Continue Manicures by ADS Staff	10 10:30-3:00 <u>Walmart Shopping</u>
13 10:00 to 2:00 Sewing/Cookie Mix Gift Bag For Father's Day, Son, etc 1:30 p.m. Chair exercise	14 10:00–11:00 Beading w/ large beads 11:15-11:45 Chair exercise 1:00-2:00 Sewing projects	15 9:00:10:00 Friendship Breakfast <u>10:00-11:30 General Meeting</u> <u>1:00-2:00 Social time</u>	16 10:00-11:00 Beading w- large beads 11:00 Early lunch–ADS Early Day Home 11:30	17 10:00 to 11:00 Baking Day/ Cookies 1:30– 2:00 Chair exercise
20 10:00-11:00 Painting a picture of scenery 1:00-2:00 Relaxation time, Reading or Television time	21 10:00-11:00 a.m. By Stephanie Barela Community Health Ed. <u>Presentation: Arthritis</u>	22 10:00-11:30 Fourth of July Paper Lanterns Ice Cream cone cup with fruit 1:00 to 2:00 Table games	23 10:00 to 11:30 Hand towel decorating w/ Margaret Lente Basic leather work w/ Marvin Garcia	24 10:00 to 11:00 Outdoor Painting Sewing-Canvas 11:15 am to 11:45am Exercise 1:00-2:00 Social Time
27 10:-00-12:00 Bosque Farm Senior Center, visiting with ADS , Activities– Eugene Jojola's group! <u>Fry Bread Making</u> 1:00– 2:00 Free Choice activities	28 10:00-12:00 <u>Power of Attorney/ Clinic</u> 1:00-2:00 Sewing variety of Canvas projects	29 10:00–11:30 Rice Krispy Treats, Flags , Stars 1:00–2:00 Magazine or Books socialize	30 Summer Music ! By Charles Lente and Tony Jaramillo <u>Music in the Patio</u> 10:00 a.m11:30 a.m.	June 30th 4th of July Evening Event Elder Center 5:00 to 7:00 p.m.





THE ISLETA ELDER CENTER IN PARTNERSHIP WITH ISLETA RESORT & CASINO WILL ISSUE A Golden Eagle Pass to tribal member elders 65 plus years of Age.

THE PASS WILL ALLOW YOU TO ENJOY 5 FREE PASSES TO THE FOLLOWING ISLETA RESORT & CASINO VENUES: ISLETA EAGLE GOLF COURSE FUN CONNECTION



#### June 2016

#### Remember Me

Speak of me as you have always done. Remember the good times, laughter and fun.

Share the happy memories we've made. Do not let them wither or fade.

I'll be with you in the summer's sun And when the winter's chill has come.

I'll be the voice that whispers in the breeze. I'm peaceful now, put your mind at ease.

I've rested my eyes and gone to sleep, But memories we've shared are yours to keep.

Sometimes our final days may be a test, But remember me when I was at my best.

Although things may not be the same, Don't be afraid to use my name.

Let your sorrow last for just a while. Comfort each other and try to smile.

I've lived a life filled with joy and fun. Live on now; make me proud of what you'll become. ~Anonymous

The family of Adelle Lujan would like to express our heartfelt gratitude and appreciation to our relatives, many friends and community for the support and prayers during this difficult time. Just as the famous singer Adele, you only needed to hear the name "Adelle" and you knew who she was. She was a wonderful mom, sister and daughter; and a beautiful person that was kind, caring and always happy. She had a contagious laughter that will be hard to forget. She will be missed so much it's hard to believe she's gone and is now our Guardian Angel looking over us.

Adelle Lujan

March 21, 1977 - May 1, 2016

Adelle is survived by her children Iris and Aubrey Lujan, sisters Agatha and Farrah, mother Bernadine and many nieces, nephews, aunts and uncles.

May God Bless each and every one of you.

# **Recruitment Announcement**

Pueblo of Isleta Head Start & Child Care Center

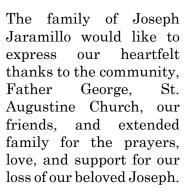
Is your child 0-5 years old?

Are you interested in signing your child up for Early Head Start or Head Start services?

Is your schedule so busy during the week that you don't have time to schedule an appointment?

If you answered yes, then bring ALL of your documents (see list below) to the 3rd Annual Environmental Fair at the Recreation Center on Saturday, July 16, 2016 from 10am-2pm!

\* **Tribal Identification w/CIB #** (required if residence is outside of the Isleta Reservation)



"Dad, you left us beautiful memories,

Your love is still our guide Although we cannot see you, You're always at our side."



The family of Rafaela "Lita" Jaramillo would like to extend our heartfelt gratitude and appreciation to family, friends, and the Isleta Community for all your support and prayers during our time of sorrow at the loss of our Mother, Grandmother, and Sister.



May our Creator bless you and keep you safe.

#### WIC

505.869.2662

#### **Breastfeeding and Native American Culture**

Women of the Pueblo have been mothering through breastfeeding throughout history. Providing nourishment, comfort and safety at the breast was an extension of the ways and customs that were passed down from mother to daughter.

Native Americans work hard to reclaim the traditions and knowledge that was handed down so easily in the past.

There is value in learning the ways of our ancestors. Sharing stories and mothering wisdom bonds families and strengthens our communities. For more info: www.nativemothering.com

> One of the best things about traditions is being able to leave it to our children, especially our daughters. Keep the tradition alive and support our daughters to breastfeed".

Caroline Jim

- \* **Proof of Residency** to ensure your physical residence is within the Program's service area (New Mexico Driver's License, Utility Bill, Government/Tribal ID)
- \* Proof of income for previous 12 months
   (Such as: Public Assistance Award Letter, 2015 tax forms, W-2, 26 paystubs, etc.)
- \* **Proof of Child's Birth** (State issued birth certificate, CIB Letter, Baptismal Certificate)
- \* A copy of your child's IFSP/IEP (if applicable)
- \* For Prenatal option, Pregnant Mothers need to provide proof of pregnancy

If you have any questions, please don't hesitate to call us at **869-9796.** 

We look forward to working together with you and your family to make your child's learning fun and successful! 1. Talk about breastfeeding with your family. Mothers, grandmothers, aunties, sisters and cousins all have valuable experiences to share that can help you in your mothering journey.

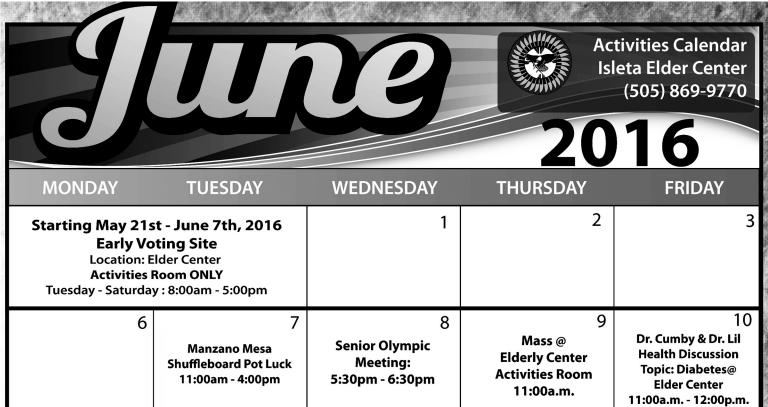
2. Ask for help from your family and your community. Each culture has it's own customs around pregnancy, childbirth, the post partum period and breastfeeding designed to support new families.

3. Combine new and old ideas and ways of doing things. Traditions should be celebrated, not forgotten. Talk to your elders about ways to incorporate traditional ways into your life in a way that makes you feel comfortable.

4. Celebrate parents and all types of families. Families make communities, and strong families are powerful.

5. Take ideas about how to support breastfeeding to your elders in the community and get involved. It takes every generation to make changes that will benefit all families.

June 2016		Isleta Elder Center Menu	I	
		6/1/2016	6/2/2016	6/3/2016
CONGREGATE (dining room) MEAL		Chicken & Rice Soup	Salisbury Steak w/brown gravy	Macaroni Beef Stew
INCLUDES A FULL SALAD BAR DAILY!		Diced Chicken 3 oz, Rice 1/2 c	Chopped beef steak 3 oz	Beef 3 oz, WW Macaroni 1/2 c
FORGETI	Based on the availability of	Peas/Carrots 1 c	Brown gravy 1 oz	Stewed Tomato 1/4 c
He co	ingredients/produce or other unforseen circumstances,	9" WW Tortilla	Mashed Potato 1/2 c	Broccoli/Cauliflower 1 c
If you know that you will not be	menus are subject to change	Fruit Cup = $1/2$ c	Brussels Sprouts 1/2 c	WW Bread = 56 g
home, please call to cancel your	5		WW Dinner Roll = 56 g	Fresh Fruit
home delivered meal, this saves on time and money!			Strawberries & Bananas 1/2 c	
6/6/2016	6/7/2016	6/8/2016	6/9/2016	6/10/2016
Pork Posole	Beef/Potato Burrito w/corn	Chicken Chowder	Turkey Franks	Hot Roast Beef Sandwich
Diced Pork 3 oz, Hominy 1/2 c	G.Beef 2 oz, Potato 1/4 c	Diced Chicken 3 oz, Potato 1/4 c	Frank 3 oz, Bun = 56 g	Beef 3 oz, WW Bread 24g
Red chile 1/4 c	Corn 1/4 c, Shred Cheese 1 oz	Corn on Cob = $1/2$ c	Baked Beans 1/2 c	Gravy 1 oz
Mixed Veggies 1/2 c	Beets 1/2 c	Steamed baby carrots 1/4 c	Potato salad 1 c	Mashed Potato 1/2 c
WW Crackers	Glazed Lemon Bar 1 ea	Corn Bread = 56 g	Fruit Crisp = 1/2 c fruit &	Vegetable Medley 1/2 c
Banana Bread Square 1 ea Fresh Fruit	Fresh Fruit	Fruit cup = 1/2 c	1 grain eq	Rice and raisins = 1/2 c fruit and 1 grain eq
6/13/2016	6/14/2016	6/15/2016	6/16/2016	6/17/2016
Garbanzo Beans w/Ground Beef	Baked Chicken 3 oz	Red Chile Stew	Cheeseburger	Tuna Salad Sandwich
G.Beef 2 oz, Garbanzo beans 1/2 c	Rice Pilaf 1/2 c	Beef 3 oz, Potato 1/2 c	Burger 3 oz, Sliced Cheese .5 oz	Tuna 3 oz, 2 WW Bread = $56g$
Carrots/Peas 1/2 c	Normandy veggies 1 c	Red chile $1/4$ c	Lettuce/Tomato 1/8 c	Cucumber/Tomato Salad 1 c
Squash $1/2 c$	WW Dinner Roll = 26 g	Green Bean 1/2 c	Roasted Red Potato 1/2 c	Carrot Sticks 1 c
9" WW Tortilla	Melon 1/2 c	9" WW Tortilla	Cauliflower/Broccoli 1/2 c	Ambrosia Salad w/walnuts
Fruit Cup = 1/2 c		Peaches w/cottage cheese	Fresh Fruit	(Fruit cocktail 1/2 c)
		Peach 1/2 c, cottage cheese 1/4 c	Staff Meeting 12:30 pm-2:30 pm	
6/20/2016	6/21/2016	6/22/2016	6/23/2016	6/24/2016
Vegetable beef stew	Pork Loin 3 oz	Sweet Potato Black Bean Soup	Bean and Cheese Burrito	Ham and Cheese Sandwich
G.beef 3 oz, mixed veggie 1/2 c	Mashed Potato 1/2 c	Sweet Potato 1/2 c	Bean 1 c (M/MA)	Ham 2 oz, Cheese 1 oz
Potato 1/2 c Tossed Salad w/dressing 1 c	Brown Gravy 1 oz Country Veggies 1/2 c	Black Bean 1 c (M/MA) Mixed Vegetable 1/2 c	Shred cheese 1 oz. 9" Tortilla Spinach w/onions 1/2 c	2 WW Bread = 56 g 3 Bean Salad 1 c
French Bread = 56 g	WW Dinner roll = $24 \text{ g}$	Corn Bread = $56 \text{ g}$	Yellow Squash 1/2 c	Carrot Sticks 1 c
Fresh Fruit	Sweet Rice w/ Raisins 3/4 c	Fruit cup = $1/2$ c	Banana Bread square 1 ea	Melon 1/2 c
6/27/2016	6/28/2016	6/29/2016	6/30/2016	
	Tilapia w/Lemon Wedge	Green Bean Stew	Frito Pie G.beef 2 oz, Pinto 1/2 c	Congregate meals eligibility age
Spaghetti				55+ free of charge
G.beef or Turkey 3 oz	Tilapia 3 oz	G. Beef 3 oz, Green Bean 1/2 z	Red Chile 1/4 c	, , , ,
Marinara Sauce 1/2 c, WW Spaghetti noodle 1/2 c	Rice Pilaf 1/2 c Orange Glazed Carrots 1/2 c	Coleslaw 1 c WW Dinner Roll = 56 g	Shred cheese 1 oz, Corn Chips 1 oz Lettuce/Tomato 1/8 c	
Tossed Salad w/dressing 1 c	Roasted Red Potato 1/2 c	Fruit Cup = $1/2$ cp	Mixed Veggie 1/4 c	Congregate meals for persons
Garlic Bread = 26 g	French bread = $24 \text{ g}$	ran orb r/ ob	Apple crisp = $1/2$ c fruit, 1 grain eq	under 55 suggested cost of
Fruit Cup = $1/2$ cp	Mixed Berries 1/2 c		Due to the 4th of July	meal is \$5
			Evening Celebration at the Elder Center	
			<u>We will</u> deliver meals but <u>no congregate</u>	Congregate=Elder Center Dining
			meals will be served	congregute=bluer center Dilling



				·····
13 Shuffleboard Practice @ Elder Center 10:00a.m 12:00p.m. 8 - Ball Pool Pactice 2:00pm -4:00pm	Est. Walk Practice14 Rec. Center 9:00am - 10:00am Washers Practice Elder Center 2:00pm - 4:00pm	General Meeting: 15 Snake Awareness/Safety Isleta Animal Control 10:00am - 12:00pm Friendship Breakfast 9:00am -10:00am	Est. Walk Practice 16 Rec. Center 9:00am - 10:00am Staff Meeting 12:30pm - 2:30pm	17 <b>"Just for Pops"</b> Father's Day Event Isleta Lakes 10:00a.m 3:00p.m.
20 Shuffleboard Practice @ Elder Center 10:00a.m 12:00p.m. AARP Smart Driver Course 1:00pm - 5:00pm	21 Story Telling Night: My Pueblo Life Series 5:30pm - 7:30pm 8 - Ball Pool Pactice 2:00pm -4:00pm	22 S.Valley Senior Center Visitors Elder Center 9:00a.m 3:00p.m.	Est. Walk Practice 23 Rec. Center 9:00am - 10:00am Horseshoe Practice Elder Center 2:00pm - 4:00pm	24 Movie Day: Native American History ALL DAY SHOWINGS Starts @ 9:00am
27 Bosque Farm's Senior Center Visit: Fry Bread Making 10:00am - 1:00pm	28 Power of Attorney Workshop: Senior Citizen's Law Office NM 10:00am - 12:00pm	29 OPEN ACTIVITIES ROOM Isleta Elder Center 8:00am - 4:30pm	July 4th 3() Evening Celebration Isleta Elder Center 5:00pm - 7:00pm Advisory Board Meeting 9:00am	



# ISLETA HEALTH CENTER

"Did you know?"

# Do you know about the 24-hour Nurse Advice Line?

- Have you ever wondered what to do when the Health Center is closed and you aren't feeling well?
- Have you ever wondered if you were in an emergency situation and should call 911?
- Have you been unsure if you needed to visit the walk-in clinic or make an appointment?

If you need answers to health related concerns and aren't sure if you need to visit the walk-in clinic or call 911, use the toll-free **NURSE ADVICE LINE\***. When you speak with a Registered Nurse, please follow the nurse recommendations for home care or the need for health facility care.

# NURSE ADVICE LINE 1-877-752-2552

This line is available 24 Hours A Day, 7 Days A Week, 365 Days A Year and is available for FREE to ALL Isleta Health Center patients!

#### <u>\* CALL 911 FOR LIFE THREATENING EMERGENCIES</u> This includes, but is not limited to: chest pains, severe injury and/or bleeding, and severe breathing problems.

**NOTE:** You must notify Purchased/Referred Care staff (formerly CHS) within 72 hours if you are seen at any facility other than the Isleta Health Center.

#### Isleta EMS

505-869-4486 Kamilia Elsisie EMT-P, MPH, EMS Manager

#### How you can help EMS find your house in an emergency.

Have you ever called 911 during an emergency? If you have then you know it can feel like an eternity before anyone arrives. There are many different factors that can affect a response time, such as, where the 911 unit is responding from, caller disconnection, wrong address given, and not being able to identify a house due to a lack of numbering or good lighting. These are just a few examples that EMS crews and dispatchers deal with on a daily basis. You can help by making your house more visible and easier to find for EMS. First, take a good look at your house from the street. Is your house number visible from the road? Are your house numbers reflective? Is your street sign or Tribal Road number visible? Is there enough light to make your residence visible at night? Is there something that distinguishes your house from others nearby? Below are some ideas/guidelines you can follow to make some simple changes, so you can help EMS help you.

Help EMS help you, by doing the following for your residence:

Have easy to read numbers
 approximately 4 inches
 in bainty



# HOME SERVICES PROGRAM

Patricia L Lucero, Home services manger

Home Services provides a range of services to elders who meet the minimal criteria: 60 years or older with 2 or more ADLs (Activities of Daily Living Limitations). Public Assistance Serviceselders 60 years and above; with no ADLs. Elder must live and reside within the Pueblo of Isleta.

# Home Services Program (Non-Medical Services)

Qualifying Criteria: Elders 60 years of age or older with two (2) or more ADLs; or a younger disabled person under the age of 60 who has two (2) or more ADLs, lives with their elder parents who are responsible for providing support services.

Attendants provide 3 - 4 hours of service per week to clients in the comfort of their own home. Light housekeeping: mopping, sweeping, vacuuming, dusting, dish washing, laundry and meal preparation, etc.

Personal Care services: bathing, showering, dressing, grooming and medication reminders.

Transportation: available to assist clients with errands and outings.

Advocacy: referrals for Public Assistance or providing information and assistance.

Respite Care: provides relief to a full-time caregiver of a frail homebound elder 60 years or older who is unable to perform two (2) or more ADLs. Services are the same as described above.

# Home Chores (Position Vacant; if interested, contact Pueblo of Isleta Human Resources.)

Provides services to frail elders who request home repairs, yard work, window & ceiling cleaning, chopping wood, and minor home modifications. Referrals for home repairs and handicap modifications are submitted to Director, then referred to Housing Authority. Work Orders can be submitted by calling the Isleta Elder Center.

#### **Benefits Assistance**

Application and referral for Public Resources. Again, this is for elders 60 years and above.

Resources includes: Commodities, Food stamps, Low Energy Assistance Program, New Mexico Weatherization Program on Tribal Lands, PNM Good Neighbor Fund, PNM Home Check Program, POI Housing, POI Tribal Programs etc....

What are Activities of Daily Living Limitations? Assistance required for: eating, bathing, dressing, taking medicine and going to the bathroom.

For more information on Home Services, contact Jeff Jojola, Operations Manager 869-9770 for referral to our program. We ask that if you know of someone who is in need and meets our criteria, please refer a family member, friend or neighbor.

- in neight
- Numbers should be a contrasting color to the background
- Numbers should be illuminated or made of reflective material
- If the residence has a porch, numbers should be displayed on the outer wall or a post closest to the street
  - Display numbers on both sides of the mailbox, as well as the front
- Numbers should be visible
   within a 3 foot circumference
   of the front entrance



If you are receiving bills for medical services, bring them to PRC.

**RED FLAG**....if you are receiving the bill, then PRC is not being billed!

Call 869-4488 for more information.

#### Isleta Health Center **Behavioral Health Services Prevention Program** Phone: 505.869.5475

#### **MSPI GRANT OBJECTIVE: INCREASE ACCESS TO PREVENTION ACTIVITIES**

The second quarter of the newly funded 2016 Methamphetamine and Suicide Prevention Initiative Grant has been yet another successful one. One of the MSPI Grant Objectives was to "Increase access to prevention activities for youth ... "and the second quarter included many community collaborations, in-school prevention, after school prevention, and service learning projects. One of the major accomplishments from this quarter was the Spring Break Prevention activities for Isleta Elementary School, NACA, and Los Lunas School District students for two consecutive weeks.

#### Spring Break: Isleta Elementary, NACA & Los Lunas Schools

Spring Break for students typically entails staying home, sleeping in late, and relaxing in general. However, with our Spring Break activities, we wanted to keep our youth engaged and provide them with the opportunity to share some new experiences. Shared experiences during spring break included equine therapy, high/low ropes course activities, cultural



Equine Therapy, Ava Leading the Horse



activities, and collaboration to assist Isleta Social Services in preparation for their Child Abuse Prevention Campaign. Equine therapy, provided by our own BHS Program Manager, consisted of topics based on historical trauma and culture. Historical trauma was related to assimilation, loss of language, and the boarding school era. The youth were able to understand historical trauma and the impact it still has today. One considerable example is the importance of language and personal identification as a member of the Pueblo of Isleta and their clan as well as the meaning of their individual Indian name. Tatas Max Zuni, Juan Jaramillo, Ignacio, and Avelino Zuni, who serve under the Pueblo's Cultural Preservation Department & Cultural Committee, provided the cultural activities. The Committee's expertise and knowledge of culture and storytelling allowed the youth to learn and have hands on opportunities with the different practices. Those activities included rattle making, bow guards, cookie baking, earring making, and storytelling. The stories they told were about our origin, our identity, and our history. Other messages from the stories described the multiple societies and their roles that are present in our current day traditions. At the end of the week, we assisted the Social Services Department with their campaign on Child Abuse Prevention.

A Special Thank You goes to the Service Providers, the individuals, and most importantly to the families and youth who were involved in the Spring Break Weeks. As one of the elders expressed, "as long as one individual picks up on one topic, and can carry that on, we know that they are learning something".



Youth, Completed "The Ladder" Ropes Challenge

# Isleta Health Center

**NOTICE:** Proof of Eligibility for Services

Isleta Health Center is federally funded and provides health services to persons of Native American descent. Proof of Native American descent must be maintained in our patient files as evidence of eligibility for services. Common forms of evidence include a valid Certificate of Tribal Enrollment, a Tribal Membership Card, or a Certificate of Indian Blood.



A recent audit of patient records revealed that the Health Center is not in full compliance with this federal requirement and must take the necessary actions to correct the matter. As a result, letters are being sent to patients whose accounts do not have a copy of their tribal enrollment verification on file. We ask for your help by providing a copy of your Tribal Enrollment Certificate or Tribal Membership Card within 30-days of receipt of the letter.

We thank you for your cooperation.

Take this 1 time, 1 on 1, 90 minute session to increase your motivation to quit!

Call Stephanie, Health Educator @ 869-4479 to Sign Up Isleta Health Center

#### JOHNSON- O'MALLEY PROGRAM

#### The Johnson-O'Malley program proudly welcomes the new Supervisory Academic Counselor...Marsha Leno!!!

Please allow me to take this opportunity to introduce myself to you. I have been hired to serve as the Supervisory Academic Counselor with the Department of Education, Johnson O'Malley program. My name is Marsha Leno, I am from the Pueblo of Zia. I currently reside in the Pueblo of Acoma where I am married with 2 children and recently became guardians to 3 more. Before I transitioned into this position, I worked for the Pueblo of Acoma Education Department as their Student Support Coordinator for the JOM, Higher Education and Adult Education programs. My experience comes from serving the Acoma community as an advocate for students and those with special needs, Acoma Co-Chair on the Indian Parent Advisory Council within the Grants Cibola County School District, Secretary for the Pueblo of Acoma Governor's Scholarship Foundation and as a parent. I hold a Bachelor's degree in Project Management, with minors in Computer Aided Drafting and Semi-Conductor Technology. My commitment to the Pueblo of Isleta is to provide quality educational services and advocacy for the community. With great enthusiasm, I am looking forward to the experience of working and meeting the People of Isleta. Please don't hesitate to contact me at (505) 869-9785 or poi08102@ isletapueblo.com if I can be of assistance.

#### **Pueblo of Isleta Department of Education 2016 Graduation Banquet**

On Thursday, April 28th the Department of Education held its annual Graduation Banquet at the Isleta Resort and Casino. The evening started off with an Opening prayer by 1st Lieutenant Governor Antonio Chewiwi and a welcoming message to our seniors by Honorable Governor E. Paul Torres. A video was shown in honor of 3 Lifetime Educators of the Year; Ms. Dorothy Martinez, Ms. Terri Denipah and Ms. Emma Abeita whom have been committed to education for 30+ years. Keynote speaker for the banquet was award winning actor, stand-up comedian and motivational speaker Tatanka Means who offered his advice and support to the Graduates.

The Johnson O'Malley program presented graduating High School Seniors with a certificate, Voyger Pro Tablet and T-shirt to the following Seniors:

Andrew Abeita, Isaac Abeita, Marcelina Abeita, Victoria Abeita, Wayne Abeita, Lehuanani Ayau, Samantha Carillo, Santiago Chavez, Waymon Coho, Antonio Dailey, Dominique Garcia, Lane Gatewood, Kasey Givens, Michelle Hurtado, Antoine Jaramillo, Aarika Jiron, Rachel Jojola, Cassandra Lilly, Mariah Lente, Gabrielle Lucero, Hanna-Marie Lucero, Brandon Lujan, Ivan Lujan, Dominic Mariano, Isaih Munoz, Dustin Nicholls, Joe Ortiz, Gabriel Paquin, Ciara Piro, Zerrick Ponder, Andres Rascon, Stephanie Reid, Caslyisisa Salazar, Valentine Wilson, Carmeron Zuni and Cheyenne Zuni.

The Higher Education program presented College Graduates with a certificate and pottery or artwork of their choice to the following individuals:

Adrianna Abeita, Cassandra Abeita, Ryan Garcia, Cynthia Jaramillo, Kaitlin Jaramillo, Deborah Jiron, Jacqueline Jiron, Robert Mariano, Jr., Diane Peigler, Karen Roybal, Lisa Smith, Melanie Valdez and Cheryl Dixon-Zuni.

The Adult Education program presented their Graduates with a laptop to the following students:

Bethany Abeita, Joseph Abeita, Anthony Lujan, Darren Lujan, Crystalin Perea, Joshua Cambridge and Cheyenne Whippi.

#### Congratulations to these hard working individuals for their efforts!

Overall, this event was a huge success and the Isleta Education Department would like to thank all of Tribal Administration, parents, graduates and everyone else for making this event memorable for the graduates.



#### **CONGRATULATIONS CLASS OF 2016!**

2016 Summer Bridge Program

Summer Bridge Program will begin Monday, June 6, 2016 thru Thursday, July 14, 2016 Monday - Thursday Grades K-3rd 9:00am to 12:00pm Grades 4th- 8th 1:00pm to 4:00pm

#### Applications still available at the Departmentof Education Building

# **Junior Youth Empowerment**



A few young ladies from Isleta took the time on a bright Saturday morning to pick up trash around their neighborhood. The girls are part of the junior youth empowerment group that will be planning and announcing other activities for Isleta youth ages 11-15. For more information contact Athena Pratt at 831-664-6284.

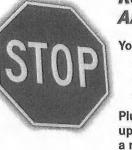
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#### **Isleta Pueblo News**

June 2016

1SLETA HEALTH CENTER 7						
JUNE Questions? Call 869-3200 2016						
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		
		1 Circle of Security Parenting: 9-11a @ BHS. Anger Management Skills: 1-2p @ BHS. Young Leaders Youth Krew: 4:30p @ BHS.	2 Grief Group: 1-2p @ BHS. Circle of Security Parent- ing: 2-4p @ BHS.	3 Early Recovery Skills: 9-11a @ BHS. Another Recovery Tech- nique (ART): 1-4p @ BHS.		
6 Early Recovery Skills: 9-11a @ Behavioral Health (BHS). Women's Path to Recovery: 1-2:30p @ BHS. Young Leaders Youth Krew: 4:30p @ BHS.	7 Women's Support Grp: 10-11a @ BHS. Acu-Detox: 1-2p @ BHS. Creating Process of Change: 2-4p @ BHS. Str8 Rez: 5-7p @ BHS.	8 Circle of Security Parenting: 9-11a @ BHS. Anger Management Skills: 1-2p @ BHS. Young Leaders Youth Krew: 4:30p	9 Grief Group: 1-2p @ BHS. Circle of Security Parent- ing: 2-4p @ BHS.	<b>10</b> Early Recovery Skills: 9-11a @ BHS. Another Recovery Tech- nique (ART): 1-4p @ BHS.		
<b>13</b> Early Recovery Skills: 9-11a @ Behavioral Health (BHS). Women's Path to Recovery: 1-2:30p @ BHS. Young Leaders Youth Krew: 4:30p @ BHS.	14 POI Community Cancer Support Group: 10:30a-12p @ IHC, small conf. room. Women's Support Grp: 10-11a @ BHS. Acu-Detox: 1-2p @ BHS. Creating Process of Change: 2-4p @ BHS. Str8 Rez: 5-7p @ BHS.	<b>15</b> Circle of Security Parenting: 9-11a @ BHS. Anger Management Skills: 1-2p @ BHS. Young Leaders Youth Krew: 4:30p @ BHS.	16 Grief Group: 1-2p @ BHS. Circle of Security Parent- ing: 2-4p @ BHS.	<b>17</b> Early Recovery Skills: 9-11a @ BHS. Another Recovery Tech- nique (ART): 1-4p @ BHS.		
20 Early Recovery Skills: 9-11a @ Behavioral Health (BHS). Women's Path to Recovery: 1-2:30p @ BHS. Young Leaders Youth Krew: 4:30p @ BHS.	21 Arthritis Presentation: 10-11a @ Elder Center (Stephanie Barela, IHC Health Education). Women's Support Grp: 10-11a @ BHS. Acu-Detox: 1-2p @ BHS. Creating Process of Change: 2-4p @ BHS. Str8 Rez: 5-7p @ BHS.	22 Circle of Security Parenting: 9-11a @ BHS. Anger Management Skills: 1-2p @ BHS. Young Leaders Youth Krew: 4:30p @ BHS.	23 Grief Group: 1-2p @ BHS. Circle of Security Parent- ing: 2-4p @ BHS.	24 Early Recovery Skills: 9-11a @ BHS. Another Recovery Tech- nique (ART): 1-4p @ BHS.		
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#### Refresh your driving skills with the AARP SMART DRIVER COURSE!

You will learn:

- Defensive driving techniques
- Proven safety strategies
- · New traffic laws and rules of the road

Plus, there are no tests to pass. You simply sign up and learn. Upon completion you could receive a multi-year discount on your car insurance.\*

DATE(S) & TIME(S)

June 20, 2016 1:00 pm to 5:00

# Freedom From Smoking **PROGRAM NOW!**

### **GROUPS ARE USUALLY SCHEDULED TWICE A** YEAR. SIGN UP NOW!

**98% OF THE PARTICIPANTS THAT ATTENDED EVERY** SCHEDULED SESSION, QUIT SMOKING!!



➔ Nicotine Replacement Therapy for those clinic patients who attend weekly sessions!

→ Get support from others that are going through the same thing.

CONTACT: Stephanie Barela @ 505-869-4479 for more information or to reserve your spot in this class!



Sponsored by the Isleta Health Center LOCATION

### Isleta Elder Center

**TO REGISTER** 

# **Contact Number:** 505-869-9770

#### **CLASSROOM COURSE:**

\$15 for AARP members • \$20 for non-members

For more information visit www.aarp.org/drive

TOYOTA This program is supported by a generous grant from Toyota to AARP Foundation.



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\*Upon completion you may be eligible to receive an auto insurance discount. Other restrictions may apply. Consult your agent for details.