



# Isleta Pueblo News

Volume 12 Issue 6

Pueblo of Isleta website: [www.isletapueblo.com](http://www.isletapueblo.com)

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June 2017

## Greetings from the Office of the Governor

### Ma-gu-wam

I hope this issue of the newsletter finds you all in good health and spirits. May was a busy month for everyone with Mother's Day, graduations, end of year school events, and for my staff, meeting with tribal members to address their personal needs and issues. Congratulations to all the graduates. I am impressed with the growing number of graduates from college, high school, grade school and of course our graduating Head Start students, let's keep up this positive trend. I wish all of you great success and the ability to further your education and to find rewarding employment where you can apply your knowledge and dedication.

We were honored to host Archbishop Wester on May 24th. Archbishop Wester met with our administration and tribal council to listen to the needs of the pueblo and parish. Evening mass celebrated the Sacrament of Confirmation. Thank you to all the persons who assisted to make the potluck such a delicious and festive event.

At this time, we have set June 17th as the date for our governors' feast. Please join us on this special occasion beginning with mass at 8am, followed with a procession with Saint Augustine to bless the crops for 2017. We look forward to seeing all of you in your special feast attire.

Also, the Feast of Corpus Christi is scheduled the following day, Sunday, June 18th after the 8am mass. We will be calling on families to present these very special shrines to pay homage to the blessed Sacrament of the Eucharist.

I have asked our new Water Resource Manager, Jessica Tracy to provide some information on water related items to report to our tribal members:

### MRGCD Election

The Middle Rio Grande Conservancy District will hold elections for Board members on Tuesday, June 6, 2017. There are two open seats in Bernalillo County and one each in Sandoval and Socorro County. The Pueblo of Isleta may vote for the Bernalillo County seats. Of the two seats available, only one has an opponent. The Pueblo of Isleta endorses Karen Dunning for Position No. 3 – Bernalillo County.

It is very important to cast your vote in this election to make sure the Pueblos have representation on the MRGCD Board. Isleta's voting site is the Isleta Recreation Center from 7am to 7pm. Go to the MRGCD website for information on early voting or to locate your nearest voter site.

### Water in the River

This winter's snowpack is the greatest since 2005. Flow on the Rio Grande at the Otowi gage, upstream of Cochiti reservoir is projected at 133% percent of the 1981-2010 average according to federal forecasters at the Natural Resources Conservation Service.

There may be up to 5000 cfs in the Rio Grande on Isleta Pueblo for several weeks in late April through the entire month of May. These flows will top the banks of the river, flow onto the floodplain, and may cause problems with the levees at some locations. Isleta Water Resources and Natural Resources staff will be monitoring the high flows and notifying the MRGCD and US Army Corps of Engineers of any problems with the levees.

With standing water in the flood plain comes increased mosquito breeding. Please adhere to recommended health and safety practices to prevent mosquito bites.

The forecast for the rest of the summer calls for average rainfall and average temperatures

### Sediment

Due to the high flows in the Rio Grande this year, we have had problems with sediment entering the Peralta Main, Big and Middle Chical and Cacique canals for the past five weeks. These problems will be on-going while flows are high in the river. The District has been actively dredging all of these canals on a daily basis in an attempt to keep the water flowing and the sediment out of the canals. As a component of the Isleta Diversion Dam Settlement Agreement between the US Bureau of Reclamation, the District, and Isleta, a Preliminary Engineering Report is being developed to address the sediment issues surrounding the Diversion Dam. Several engineering solutions are being proposed to reduce the sediment entering the canals. This analysis is expected to take two years to complete.

Another aspect of the settlement is removal of historical sediment piles in several locations by MRGCD and Reclamation. This work is to begin along the Belen Highline Canal this summer. During this time, you may see large trucks hauling sediment on the southwest side of the Pueblo.

### Irrigation Water

The Middle Rio Grande Conservancy District (District) provides irrigation water to the Six Middle Rio Grande Pueblos and non-Indian farmers from Cochiti to Bosque del Apache National Wildlife Refuge. The water is stored in El Vado Reservoir in northern New Mexico near Chama. As of April 1, 2017 the Bureau of Reclamation has stored 14,687 ac/ft. of P&P water for use by the Six Middle Rio Grande Pueblos. Even though we have been blessed with a great snowpack and runoff, please remember to schedule water deliveries with your Isleta Mayordomos. Please work with your Mayordomos to make sure everyone receives adequate water in a timely manner. This will require watering when the water is available, including watering at night and during the week. Farmers are urged to cooperate with their Mayordomos and fellow farmers and use the irrigation water supply wisely.

### Subsurface Drains

Since May 2015, Isleta and the US Bureau of Reclamation have been monitoring groundwater levels in the Los Charcos, Butte Lateral, and Chical farm land areas. The purpose of the study is to determine if the construction of subsurface drains will improve crop production in these areas by lowering the groundwater. Work to date includes the installation of shallow monitoring wells to understand changes in groundwater levels. Additionally, soil analysis in the Los Charcos area has been performed, as have preliminary designs for a subsurface drain system. On May 2, 2017, the Water Resources Department hosted a meeting with Los Charcos Land Assignees to inform them of this project, and on May 3, 2017, presented to the Tribal Council for further project discussion and direction. In the coming weeks, additional surveying will occur in the Los Charcos area by a Pueblo contractor, and final designs will be developed. Construction on drains in the Los Charcos area is tentatively scheduled to begin this next non-irrigation season, between November 15, 2017 and March 1, 2018. As the project moves forward, additional meetings will be held with Land Assignees and the Council. Upon completion of the Los Charcos subsurface drain system, the Butte Lateral and Chical farmlands will be further investigated for a similar projects.

### Drought Relief Bill

Senator Tom Udall (D-NM) introduced the New Mexico Drought Preparedness Act of 2017 into the US Senate on May 2, 2017. The Act includes actions to acquire water in the Rio Grande Basin to benefit fish and wildlife, water quality, and river ecosystem restoration in the Basin; re-authorizations of Cochiti reservoir; a Middle Rio Grande basin study conducted by the National Academy of Science; and funding for Indian Irrigation Infrastructure Improvements for all 19 NM Tribes. The Six Middle Rio Grande Pueblo Coalition is monitoring the progress of this legislation.

If you have additional questions related to water issues at the Pueblo of Isleta, please contact my office, or the Water Resources Director, Jessica Tracy, at 869-5564, [poi36001@isletapueblo.com](mailto:poi36001@isletapueblo.com)

The tribal administration warns that children should not play around ditches, for their safety.

*In closing, I want to wish strength and wisdom to you all for the upcoming month. Happy Father's Day wishes to all the Dads. Enjoy your children, nurture them, teach them our language and the importance of growing up to be a responsible individual. These life lessons begin at home with you.*

Thank you,

Governor Benavides



LETTER FROM THE EDITOR

**Deadline for June Newsletter articles is set for Monday, June 19, 2017 at 4:30pm.** Articles may be dropped off at the Library or emailed to poi02002@isletapueblo.com. Should you email your article, expect a confirmation email. If you do not receive a confirmation email, odds are it never made it to me and then it’s time to panic, so call Nate at 505.869.9808.

People whom wish to submit an article or flyer are responsible for generating their own article or flyer. Should you need help, please call the Library at 505.869.9808 and set up a date and time to sit down with a Library staff member whom will help you throughout the process. The Library will NOT accept notes dropped off at the Library or information over the phone to generate your article.

**Probates** need to be published in the Newsletter for two consecutive months. Probates are considered court documents therefore all submitters must provide: 1) Name of Deceased, 2) Date of Deceased 3) Court Case # and 4) Date of Court Date. A Probate form can be found on the Newsletter Archive page at <http://www.isletapueblo.com/newsletters.html>.

Thank you,  
Nathaniel Lujan

Newsletters may be found at the sixteen distribution locations listed below. Remember, Digital copies of the Newsletter may be obtained from the Newsletter archive at <http://www.isletapueblo.com/newsletters.html>

The sixteen Newsletter distribution locations are:

- 1) The Administration Building (Governor’s Office): Receptionist Desk
- 2) Census Office: Receptionist Desk
- 3) Health Center: Lobby(Newsletter Stand)
- 4) Housing Department: Receptionist Desk
- 5) Department of Education: Receptionist Desk
- 6) New Recreation Center: Newsletter Stand
- 7) Old Recreation Center: Front Desk & Breakroom (Newsletter Stand)
- 8) Tribal Service Complex: Receptionist Desk
- 9) Tribal Service Complex: I.P.D. Dispatch Window
- 10) Tribal Service Complex: Tribal Courts Window
- 11) Elders Center: Receptionist Desk & Lunch Delivery
- 12) Head Start: Receptionist Desk
- 13) Library: Newsletter Stand
- 14) Ranchitos Park: Blue Box (see picture for example)
- 15) Old Head Start Complex: Blue Box (see picture for example)
- 16) Intersection of Tribal Road 82 & Tribal Road 84: Blue Box (see picture for example)



Isleta Newsletter & Classified Ads?!?

The new administration has requested that the Newsletter start a Classified Ad section for Tribal members selling land, houses, mobile homes, vehicles, and farm equipment. Leasing of houses and mobile homes will be accepted. Smaller items which can be sold at the local flea markets or weekly yard sales will NOT be accepted.

Currently, this service is FREE to Tribal members. Land, houses, and mobile homes must be within the reservation boundaries. Ads must meet the 160 character limit. Ads that exceed the 160 characters will NOT be submitted into the Newsletter. A single picture may be submitted with the ad. Submitters of classified ads are responsible for generating their own ads as this is a FREE service.

As a reminder, Tribal business owners may submit a small flyer at no charge. Like the classified ads, business owners are responsible for generating their own flyers as this is a FREE service.

Classified ads and business flyers will be posted no more than two consecutive months. In the event where the Newsletter may exceed the 24 page limit, classified ads and business flyers will be “bumped” for newsletter articles. Again, this is a FREE service for Tribal members.

DEADLINES for classified ads, business flyers, and newsletter articles can be found in the first paragraph of the “Letter from the Editor” article.

The Isleta Newsletter is owned and operated by the Pueblo of Isleta. Therefore, the Governor of the Pueblo of Isleta has the final say of all articles and contents within the Isleta Newsletter.

For additional questions, you may call the Library and speak with Nate or Tara at 505.869.9808.

PROBATE NEWS

**Second Notice – A petition to Probate the Estate of Jose (Joe L.) Jojola, deceased May 09, 2016. Case No. CV-16-PRO-00109,** has been filed with the Pueblo of Isleta Tribal Courts. Any person claiming an interest in the Estate may notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. A hearing on the matter is scheduled for **Wednesday, April 27, 2017 at 9:00 a.m.** Claims must be filed in writing with the Isleta Tribal Court Clerk, located at the Tribal Service Complex, 3950 Hwy 47 SE, Building A, Albuquerque, NM. Any questions regarding the matter may be directed to the Isleta Tribal Court Clerk at (505) 869-9699.

**First Notice – A petition to Probate the Estate of Maria Avelicia Salazar, deceased October 17, 2016. Case No. CV-17-PRO-00001,** has been filed with the Pueblo of Isleta Tribal Courts. Any person claiming an interest in the Estate may notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. A hearing on the matter is scheduled for **Wednesday, June 28, 2017 at 9:00 a.m.** Claims must be filed in writing with the Isleta Tribal Court Clerk, located at the Tribal Service Complex, 3950 Hwy 47 SE, Building A, Albuquerque, NM. Any questions regarding the matter may be directed to the Isleta Tribal Court Clerk at (505) 869-9699.


NAME CHANGE

**FIRST NOTICE** that in accordance with Pueblo of Isleta Tribal Court requirements the Petitioner Maria Catalina Zuni has applied to the Honorable Michelle Brown Yazzie, Tribal Court Judge of the Pueblo of Isleta, at the Tribal Services Complex, Bldg A, 3950 Hwy 47 SE, Albuquerque, NM 87105, for an ORDER FOR CHANGE OF NAME from Maria Catalina Zuni to Katherine Zuni Lucero. Any person claiming in interest in this matter may be notify the Court in writing and/or attend the hearing. The hearing on this matter is scheduled for Wednesday, May 31, at 11:00 a.m. Any interested parties may contact the Tribal Court Clerk with any questions at 505-869-9699.

CLASSIFIEDS

“Investment Property”

3 Bedroom, One bath house on ½ acre lot. House needs repairs, will sell as is. Located in the village proper. For more info; call (505) 203-1681.



2017

Isleta Eagles Cross Country

Children AGES 5-12



Mandatory

Parent/Guardian meeting:

Thursday, June 1<sup>st</sup> 5:30pm

Soccer Fields

at Isleta Recreation Center



Contact Philip Abeita @ [POI92013@isletapueblo.com](mailto:POI92013@isletapueblo.com) or 505-274-4009



### Daneen Beardsley



Daneen Beardsley, eleven-years-old, is a competitive BMX rider and recently qualified for the UCI World BMX Championships in Austin, Texas, April of this year. Daneen will be representing TEAM USA and is one of only thirty-two other BMX riders in her age group who qualified for this World Competition from the United States. Participants from over forty other countries will be attending the UCI World BMX Championships representing their countries. Last year the event was held in Medellin, Columbia and next year it will be held in Baku, the Republic of Azerbaijan. The last time the event was held in the United States was in the year 2001. Daneen currently races out of Duke City BMX in Albuquerque and is a member of the BMX Racing Team Aftershock.

Seven other riders from Duke City BMX also qualified for the World Championships. Many of these elite riders use this event as a stepping stone to represent the USA in the Olympic BMX competitions. The event will be held this year in Rock Hill, South Carolina from July 22-July 30, 2017. A Go Fund Me account has been set up to help these eight elite riders get to South Carolina. If you would like to contribute please look for “Team UCI World BMX Championship” on the Go Fund Me link. Any monetary amount given, will help to fund this trip for these eight riders and would be greatly appreciated.

Daneen is a resident of Isleta Pueblo, attends St. Charles Borromeo School, and is in the fifth grade. Daneen is the daughter of Caryn Romero, and granddaughter of Clem Romero and the late Trini Romero.

Good luck to Daneen and her fellow BMX riders. We are very proud of you for representing Team USA! Love Nana, Auntie, Mommy, Kaylee, Gabriel, Oats, and Holly.



Daneen and her mother Caryn.

### PRESS RELEASE

May 22, 2017

For more information, contact:  
Tamara Clover, Recruiter  
Combined BA/MD Degree Program, University of New Mexico  
Desk: 505-272-9479 Email: [tclover@salud.unm.edu](mailto:tclover@salud.unm.edu)

#### UNM Combined BA/MD Degree Program Congratulates Valencia County Graduate

The University of New Mexico’s Combined BA/MD Degree Program is pleased to congratulate medical school graduate Julian Benavidez, MD. An alumnus of Los Lunas High School, from the Isleta Pueblo and the Kewa Pueblo, Dr. Benavidez will be pursuing a residency internship in Pediatrics at the University of Colorado School of Medicine in Denver, Colorado.



Dr. Benevidez received two awards for his work as a student at the UNM School of Medicine. The first was for his outstanding performance during the Pediatrics clerkship. He also received the Practical Immersion Experience Community Service Award.

“We are proud of our medical school graduates who have entered this profession with the goal of serving their communities,” said Dr. Sapién Director of the BA/MD Program and Chief of Pediatric Emergency Medicine at UNM Hospital. “Our newest doctors will have a positive impact on the health of New Mexicans for years to come.”

Dr. Benavidez entered UNM in the 2009 BA/MD cohort. Currently celebrating its 10th anniversary, the Combined BA/MD Degree Program is one solution to the physician shortage in New Mexico. An admissions committee selects students based on their commitment to serving as doctors in New Mexico, as well their academic, extracurricular, and personal achievements.

UNM freshmen entering through the BA/MD program are provisionally accepted to medical school. Each student receives a last-dollar scholarship covering undergraduate tuition and living expenses. The scholarship also covers a book stipend and MCAT test preparation. Students benefit academically from BA/MD-specific advisors, active-learning classrooms, and a summer training program in rural communities around the state.

### Water Resources Department

Ms. Tracy began at the Pueblo of Isleta on March 1st, as the Director for the newly created Water Resources Department. The Tribal Council determined a need for this new department upon settling the Isleta Diversion Dam (IDD) trespass issue with the US Bureau of Reclamation and the Middle Rio Grande Conservancy District. With the IDD settlement comes funding that will investigate modification of the dam and surrounding irrigation infrastructure for improved function and decreased sediment accumulation. The settlement also allows for riverine and bosque habitat restoration, and removal of historical sediment piles in various locations throughout the Pueblo. These activities require extensive project management, prompting the development of the Water Resources Department, and hiring of Ms. Tracy as the Director. The Director position reports directly to the Governor. Additionally, Pueblo leadership desires to have a dedicated department responsible for water resources and rights protection. As the department evolves and grows, so may opportunities for job creation.



Jessica Tracy  
Water Resources Director

Ms. Tracy has a Bachelor of Science degree in Geology from New Mexico State University and a Master of Water Resources degree from the University of New Mexico. She has worked in the natural resources management field for twenty-two years, including six years of water rights work for the New Mexico Office of the State Engineer, and the last six years as the water resources representative for Sandia Pueblo. Through her work, Ms. Tracy has developed a comprehensive understanding of water resource issues in the Middle Rio Grande and has established excellent working relationships with key water managers in the region, including the US Bureau of Indian Affairs, US Bureau of Reclamation, MRGCD, the six Middle Rio Grande basin pueblos, and others. Ms. Tracy has project management experience including applying for and administering grants and PL 93-638 contracts, developing and planning scopes of work, managing contractors and staff, and working with Tribal farmers, community members, leadership, and Council.

Isleta’s water resources garner increased attention by a variety of Middle Rio Grande stakeholders, and while this attention can be used to the Pueblo’s benefit, strong advocacy is important to ensure tribal interests and rights are protected. Ms. Tracy understands these dynamics and is committed to protecting Isleta’s Water Resources. Ms. Tracy’s office is housed in the Governor’s Office. Please stop by and get to know her.



ELECTION INFORMATION

2017 ELECTION OF THE BOARD OF DIRECTORS

POSITION NO. 3 – BERNALILLO COUNTY  
*Karen Dunning*  
*Pat McCraw*  
POSITION NO. 4 – BERNALILLO COUNTY  
*Joaquin Baca*  
POSITION NO. 6 – SOCORRO COUNTY  
*James Lee Martin*  
*Valerie Moore*  
POSITION NO. 7 – SANDOVAL COUNTY  
*Derrick J. Lente*  
*Orlando J. Lucero*

ABSENTEE VOTING BEGINS

Thursday, April 27, 2017 through Saturday, June 3, 2017

ABSENTEE APPLICATION LOCATIONS

LOCATION	ADDRESS	CITY
MRGCD General Office	1931 Second St SW	Albuquerque, NM 87102
Sandoval County Clerk	1500 Idalia Rd, Building D	Bernalillo, NM 87004
Bernalillo County Clerk	City/County Gov. Bldg. 6th Floor	Albuquerque, NM 87103
Valencia County Clerk	444 Luna Avenue	Los Lunas, NM 87031
Socorro County Clerk	Socorro County Courthouse	Socorro, NM 87801
MRGCD Division Office	2401 State Rd. 1	Socorro, NM 87801
MRGCD Division Office	25 General Edward Baca Rd	Belen, NM 87002
MRGCD Division Office	31 Carro De Caballos	Pena Blanca, NM 87041

EARLY VOTING BEGINS

Monday, May 22, 2017 through Saturday, June 3, 2017

**EARLY VOTING:** Any qualified elector may vote early in person beginning Monday, May 22, 2017 through Saturday, June 3, 2017, at any of the following early voting locations. These locations will be open Monday thru Friday from 8:00 a.m. to 5:00 p.m. and on Saturday June 3, 2017 from 8:00 a.m. to 5:00 p.m.

**Be further advised that May 29, 2017 is a Federal Holiday and “ALL” Early Voting Sites will be closed.**

LOCATION	ADDRESS	CITY
<b><u>Sandoval County</u></b>		
Cochiti Pueblo	255 Cochiti Street	Cochiti Pueblo, NM 87072
Sand Co Voting Machine Warehouse	800 South Hill Road	Bernalillo, NM 87004
<b><u>Bernalillo County</u></b>		
Los Ranchos City Hall	6718 Rio Grande Blvd NW	Los Ranchos, NM 87107
MRGCD District Office	1931 Second Street SW	Albuquerque, NM 87102
Harrison Middle School	3912 Isleta Blvd SW	Albuquerque, NM 87105
<b><u>Socorro County</u></b>		
Socorro Electric Coop	215 Manzanares Avenue	Socorro, NM 87801

ELECTION DAY

Tuesday, June 6, 2017

**POLLING TIMES FOR ELECTION DAY:** In accordance with [§73-14-24(c), NMSA 1978 Comp as amended], the polls shall be open at seven o’clock a.m. (7:00 a.m.) and close promptly at seven o’clock p.m. (7:00 p.m.)

LOCATION	ADDRESS	CITY
<b><u>Sandoval County</u></b>		
Cochiti Pueblo Community Room	255 Cochiti Street	Cochiti Pueblo, NM 87072
Santo Domingo Pueblo Library	Tesuque Street	Santo Domingo, NM 87052
San Felipe Pueblo Community Center	San Felipe Pueblo	San Felipe, NM 87001
Santa Ana Tribal Center	2 Dove Road	Bernalillo, NM 87004
Sandia Pueblo Library	236 Sandia Day School Road	Bernalillo, NM 87004
Sand Co Voting Machine Warehouse	800 South Hill Road	Bernalillo, NM 87004
Corrales Community Center	4324 Corrales Road	Corrales, NM 87048
<b><u>Bernalillo County</u></b>		
Raymond G. Sanchez Comm. Center	9800 Fourth Street NW	Albuquerque, NM 87114
Los Ranchos City Hall	6718 Rio Grande Blvd NW	Los Ranchos, NM 87107
Valley High School	1505 Candelaria Rd NW	Albuquerque, NM 87107
Washington Middle School	1101 Park Avenue SW	Albuquerque, NM 87102
MRGCD District Office	1931 Second Street SW	Albuquerque, NM 87102
South Valley Multi-Purpose Center	2008 Larrazolo Rd SW	Albuquerque, NM 87105
Polk Middle School	2220 Raymac Rd SW	Albuquerque, NM 87105
Harrison Middle School	3912 Isleta Blvd SW	Albuquerque, NM 87105
Isleta Pueblo Recreation Center	79 Tribal Road 40 SW	Isleta Pueblo, NM 87002
<b><u>Socorro County</u></b>		
La Promesa Elementary School	898 New Mexico Hwy 304	Veguita, NM 87062
Midway Elementary School	9 Midway Road	Lemitar, NM 87823
Socorro Electric Coop	215 Manzanares Avenue	Socorro, NM 87801

ELECTION CANVAS AND DECLARATION OF RESULTS

Friday, June 9, 2017

SWEARING-IN AND OATH OF OFFICE FOR NEWLY ELECTED DIRECTORS

Monday, June 12, 2017

Mosquito Awareness Information

This season we may have an unusually high mosquito population in the Pueblo. The following information is being provided in an effort to assist the community with awareness on how to protect yourself and answer some of the questions we have received about the West Nile Virus (WNV).

What is the West Nile Virus?

The West Nile Virus is a virus that can cause disease in people, birds, horses and other animals. This virus is spread by mosquito bites.

How do people get infected with the West Nile Virus?

By being bitten by mosquitoes that are carrying the virus. Mosquitoes become infected by feeding on birds that have the virus in their blood. Once a mosquito is infected, it can then pass on the virus to humans, animals and birds.

Can a person get the virus directly from people, birds or animals?

The virus is not spread person-to-person. There is also no evidence that a person can get the virus by touching a dead bird or animal with the virus.

Should you be tested for the West Nile Virus if you were bitten?

No, only a small percent of mosquitoes carry the virus. However you should see a doctor if you develop symptoms.

What are the symptoms of the West Nile Virus?

Symptoms don’t appear until 3 to 14 days after being bitten. Mild symptoms include fever, headache and body aches. In severe cases it can affect the central nervous system causing high fever, stiff neck, muscle weakness, disorientation, brain inflammation, coma and rarely death.

Is there treatment for West Nile?

There is no specific treatment for the West Nile Virus. Most people with mild illness recover in a few days. In more severe cases, patients are treated with supportive therapy, which can include hospitalization, intravenous fluids and respiratory support. A WNV vaccine for horses is now available. Please contact your local veterinarian for more details on how to acquire the vaccine.

How to protect yourself

For the longest protection, choose a repellent with 20-30 percent DEET for adults and less than 10 percent for children 2 to 12 years of age. Repellent should be applied to exposed skin and clothes only. Do not apply to cuts, wounds or sunburned areas. When applying to your face, spray the product onto your hands first, then apply to face. For repellents age 2 to 12, apply heavily to shoes, socks, pants, shirt, caps, and try not to apply directly to skin on children.

For more information, questions and concerns please contact the Environment Division at 505.869.7565

Prostate Cancer Awareness Presentation

Tuesday, June 13, 2017  
10:30am – 12:00pm  
@ Isleta Health Center

Prostate Cancer is the second most common cancer among men, and you probably know someone who has it or you may have been diagnosed with it yourself. Do you want to find out more about prostate cancer? Do you know how it’s diagnosed or what treatment plans are available?

Join us for the presentation that will include helpful information for both men and women dealing with this disease. We encourage people of all ages to join in, as we will be giving an overview of risks, symptoms, treatments and resources from the Prostate Cancer Support Association of New Mexico.

Call 505-869-4479 for more information.







## WOOHOO! Summer is Here!

As we end another busy school year I would like to take this opportunity to thank you all for the support you have given both to your child and to the Johnson O'Malley program and for helping to make my first year with Isleta's Johnson O'Malley program as the Academic Supervisory Counselor a wonderful experience. I'm looking forward to another year with even greater things to come! We hope to share your experiences to ensure that the program continues to improve and better serve all who participate or request services through our office.

Our partnership with parents is something we truly value. It was great seeing all of you attend our JOM events and we encourage you to continue to participate in our events with your children. The Just JOM newsletter and emails sent to parents is a great resource for you to stay updated this summer on upcoming events happening here at JOM. If you have not signed up your child with our program, please stop by our office and get your child signed up. In recognition of all graduating students, a banquet was held by the Department of Education in honor of their accomplishments on Wednesday, April 26th at the Isleta Resort and Casino. The evening started off with an opening prayer by 1st Lieutenant Max Zuni and a welcoming message to our seniors by Honorable Governor J. Robert Benavides. This year's Lifetime Educators were Martha Jojola and Leo Sangre. Keynote speaker for the banquet was award winning actor, stand-up comedian and motivational speaker Tatanka Means who offered his advice and support to the Graduates. The Air Force Academy Blue Steel Band from Colorado Springs, Colorado provided live entertainment for the event. Thank you Kathy Jojola for inviting a great band!

Graduating high school Seniors were recognized for their accomplishments with a certificate accompanied by a gift bag containing a Voyager Pro tablet and a Pullover. The Johnson O'Malley program wishes you much success in your endeavors.

### CONGRATULATIONS 2017 SENIORS!

#### Los Lunas High School

Andre Gabaldon	Isaiah D. Abeita	Matthew Lente
Andrew Abeita	Issaiah Abeita	Michael White
Andrew Montoya	Jacob Lucero	Skylor Jojola
Andrew McDaniel	Jaylen Danielson	Summer Benavidez
Brian Jiron Jr.	Jenna Coley	Taylor Lente
Brianna Jiron	Jillian Lucero	Taylor Sandoval
Christina Zuni	Juliana Saiz	Ricky Roybal
Darren Abeita	Lauren Taylor	
Estela Salinas	Marcus Cherino	

#### DaVita Medical Group

##### Big Congratulations to the 2017 University of New Mexico School of Medicine Graduates

I would like to thank my parents, family, friends, teachers, tribal community, and patients for all their love and support. I will be moving to Denver, Colorado to complete my residency in Pediatrics. My plans are to eventually return to New Mexico to work for either the UNM Children's Hospital or IHS. With warm regards, Julian.



Julian Benavidez,  
Doctor of Medicine  
Ashley Marie Zuni,  
Bachelor of Science in  
Dental Hygiene

*I also would like to extend my heartfelt appreciation to my parents, family, friends, the Pueblo of Isleta, and especially all my patients who helped me achieve my goal. This summer I have been selected to teach clinical rotations at the UNM Dental Hygiene School and I have also been accepted into graduate school at the UNM School of Medicine where I will continue my education to obtain a Master's Degree in Dental Hygiene. Once again, thank you all from the bottom of my heart, Ash.*

#### Valencia High School

Aliana Montoya	Charles Jojola	Hollie Jaramillo
Brandon Gaddy	Gabrielle Paquin	Malyka Muller
Michael Wilson		

#### Century High School

Jonathan Martinez	Gloria Zuni	Leon Martin
Mariah Lente	Elijah Lujan	Amber Richesin
Cody Pino	Andrew Zuni	

#### Menaul School

Catlyn Cheromiah

#### Next Gen Academy

Joshua Pulliam

#### Native American Community Academy

Angelina Henry  
Sonny Olguin

#### Public Academy for Performing Arts

Soorwhee Damacio Chewiwi

#### Sandia Prep

Alexander Smith

#### St. Pius X


Keanna Lucero

As the Summer months draw near, JOM will be busy with the Summer Bridge program. We still have a couple slots open if your child is interested in our Summer program. We will also have an Experiential Learning Opportunity in July for grades 6th through 12th to visit Crow Canyon in Colorado. So be sure to look out for our Just JOM newsletters or flyers!

I'd like to extend a very special thank you to Michelle Valdez, JOM's Administrative Assistant, for assisting and supporting me throughout the year to ensure the success of JOM. Also Thank You Department of Education for supporting the JOM program and as well as the community in the academic successes of your Isleta children. My thanks also goes to the JOM's Indian Education Committee, Cassandra Tafoya, RaeAnn Lucero, Marlow Martin, Adrianna Abeita and Patricia Lujan, who as parents have given me their support in achieving JOM's priorities.

Summer is a very special time for our children and is the source of many happy memories. I hope that you and your children enjoy many opportunities to have fun as a family in the weeks ahead. JOM wishes you a great summer full of fun and continuous learning.

Marsha Leno & Michelle Valdez



Isleta Behavioral Health Services & POI Collaborating Partnership

## Isleta Youth Summit: Summer Series

In Partnership with POI Departments, Service Providers, Local Resources, and collaborating Pueblo partnerships, the Isleta Behavioral Health Services Prevention Program is offering a Summer Series in June and July.

The Summer Series begins June 12th, offered for outside tribal communities. The specific Isleta dates will be held on **June 19th & July 17th**. The Summer Series will include Educational and Awareness Building around prevention topics such as: Drug & Alcohol, Domestic Violence & Bullying, Suicide Prevention & Mental Health Awareness. These are issues that we face within our communities.

**For more information call IBHS @ 505.869.5475.**

**Open to Youth Ages: 10-17 yrs.**

**Incentives for Attendance**

**Snacks & Refreshments provided**

**REGISTER NOW!**

Isleta Behavioral Health Services & POI Collaborating Partnership Prevention Program



## HIGHER EDUCATION

### CONGRATULATIONS TO ALL GRADUATES

- Aveda Institute:  
Jessica Abeita – Certificate in Cosmetology
- Brown Mackie College:  
Charlotte Smiley
- Brookline College:  
Roseanna Perez – Bachelor of Science in Criminal Justice  
Angela Piro – Associate of Science in Criminal Justice
- Carrington College:  
Francine Jaramillo – Certificate in Medical Billing and Coding
- Central New Mexico community College:  
Felicia Jojola – Associate of Applied Science in Criminal Justice  
Brianna Roybal – Associate of Applied Science
- Fort Lewis College:  
Jared Jojola – Bachelor of Arts in Environmental Studies
- Institute of American Indian Arts:  
Damian Price – Bachelor of Fine Arts
- New Mexico Highlands University:  
Monique Martinez – Master of Business Administration with a concentration in Marketing
- New Mexico State University:  
Jeramiah Danielson - Bachelor of Science in Computer Science
- New Mexico State University Dona Ana Community College:  
Shawnee Arciniega – Associate of Arts and an Associate of Applied Science in Public Health
- PIMA Medical Institute:  
Mellerie Abeita – Certificate as a Dental Assistant  
Wilberta Lane – Certificate as a Medical Assistant
- Syracuse University:  
Ricardo Carbajal – Bachelor of Arts in Psychology and a Minor in Native American Studies
- University of New Mexico:  
Justine Lente – Bachelor of Business Administration with a Concentration in Accounting  
Branden Keryte – Bachelor of Arts in Criminology  
Nicole Zuni – Bachelor of Business Administration

- University of New Mexico Valencia Campus:  
Jacqueline Abeita – Associate of Applied Science in Computer- Aided Drafting
- University of Phoenix  
Benjamin Jensen – Master in business Administration with a concentration in Finance
- Wayland Baptist University:  
Anthony Abeita – Master of Business Administration
- Graduates please remember to bring in a copy of your completed degree and or Official Transcripts to complete or close off your file.
- “Kick Start to College Nights”:**
- \* I would like to thank all those who was able to attend our Kick Start to College Night. Those students who attended both nights were entered for a grand prize. Winners were:
- |               |                          |
|---------------|--------------------------|
| Stacy Norvell | RCA 7” Tablet            |
| Kyle Valdez   | Survival Kit             |
| Rebecca Lente | UOP College Survival Kit |
- \* Hope to see you all at our upcoming events.

- Deadline Dates for the Fall 2017 Term:**
- Application – (All students are required to submit )  
Deadline Date: **July 1st**
  - Due to the 2017/2018 academic year all students must submit a new POI/HEP Supplemental Scholarship Application.
- > Other Required Document Deadline Date (CONTINUING STUDENTS): **August 31st**
- Class Schedule (must meet degree analysis)
  - Official Transcripts
  - Updated degree analysis, failure to submit may delay funding.
  - FNA (Financial Needs Analysis)
- > **NEW STUDENTS:**
- Please contact the POI Higher Education Program at (505) 869-9790 or via email at:
- Cecelia Jaramillo, Scholarship Coordinator  
poi08001@isletapueblo.com
  - Kathleen Jojola, Scholarship Assistant  
poi08004@isletapueblo.com

## READY FOR SCHOOL?



Make sure to schedule your child’s comprehensive eye examination before the back to school rush! Keep in mind up to 25% of school-age children have some type of difficulty with their vision.

Our optometrist, Dr. Bartlett, is here full time and glad to get your glasses prescription updated. Please call the Isleta eye clinic at 505-869-4080 to schedule an eye exam.

Here is a brief questionnaire to determine if your child needs an eye examination:

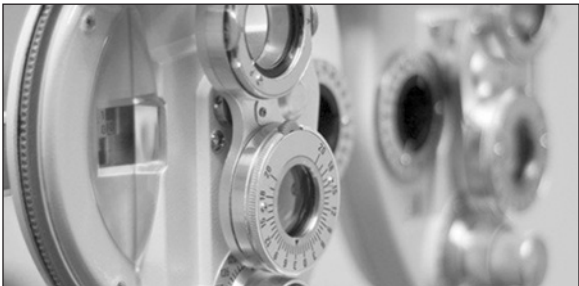
**Does your school-age child:**

- Lose place while reading?
- Turn or tilt head to use one eye only?
- Avoid close work?

- Hold reading material closer than normal?
- Have headaches?
- Use finger to maintain place when reading?
- Tend to rub eyes?
- Omit or confuse small words when reading?
- Struggle to complete homework?
- Make reversals when reading/writing?
- Consistently perform below potential?

**Does your pre-schooler:**

- Have an eye that ever appears to be out of proper alignment?
- Tend to bump into objects?
- Have red eyes or lids?
- Rub eyes frequently?
- Have excess tearing?
- Turn or tilt head to use one eye only?
- Have encrusted eyelids?
- Have frequent styes?
- Avoid coloring, puzzles or detailed activities?
- Experience difficulty with eye-hand-body coordination?





## Pueblo of Isleta Career Opportunities

Position Posting	Location	Closing Date
ACADEMIC COACH,	Dept. of Education,	Open Until Filled
ARCHITECTURAL TECHNICIAN,	Housing Authority,	Open Until Filled
BUS DRIVER (2 Part-time),	Head Start & Child Care,	Open Until Filled
BUSINESS MANAGER,	Head Start & Child Care,	Open Until Filled
BUSINESS MANAGER,	Isleta Elementary School,	Open until Filled
CARPENTER,	Housing Authority,	WITHIN ONLY-Open Until Filled
CARPENTER,	Housing Authority,	Open Until Filled
CAREGIVER I (*Temporary Part-Time),	Assisted Living Facility,	Open Until Filled
CAREGIVER II,	Assisted Living Facility,	Open Until Filled
CAREGIVER II (*Temporary Part-Time),	Assisted Living Facility,	Open Until Filled
CHILD CARE PROVIDER,	Head Start & Child Care,	Open Until Filled
CLINICAL THERAPIST,	Health Center,	Open Until Filled
COMMUNITY HEALTH NURSE,	Health Center,	Open Until Filled
COURT CLERK	Appellate Court,	Open Until Filled
CUSTODIAN,	Elder Center,	WITHIN ONLY-Open Until Filled
CUSTODIAN,	Tribal Services Complex,	Open Until Filled
CUSTODIAN SUPERVISOR	Health Center,	Open Until Filled
DATA COORDINATOR,	Head Start and Child Care,	Open Until Filled
<b>NEW</b> DENTAL ASSISTANT,	Health Center,	05/30/2017
<b>NEW</b> EXECUTIVE ASSISTANT,	Health Center,	05/30/2017
HOME OWNERSHIP COUNSELOR,	Housing Authority,	Open Until Filled
HVAC TECHNICIAN,	Housing Authority	Open Until Filled
IN-HOME CARE ATTENDANT,	Elder Center,	WITHIN ONLY-Open Until Filled
LABORER (4-Tmp Pstns NTE: 6 mo.),	Housing Authority	Open Until Filled
LIFEGUARD (2-POSITIONS, 32 HRS),	Recreation Center,	Open Until Filled
<b>NEW</b> NURSE EDUCATOR,	Health Center,	Open Until Filled
<b>RE-ADVERTISE</b> OFFICE CLERK,	Elementary School,	Open Until
PAINTER,	Housing Authority,	Open Until Filled
PARK MAINTENANCE WORKER (Occasional Psn),	Recreation Center,	Open Until Filled
PC TECHNICIAN II,	Health Center,	Open Until Filled
PERSONAL CARE SERVICE AIDE (Occasional),	Elder Center,	Continuously Accepting Applications
PHYSICAL THERAPIST,	Health Center,	Open Until Filled
PHYSICIAN,	Health Center,	Open Until Filled
PLUMBER,	Housing Authority	Open Until Filled
<b>NEW</b> QUALITY IMPROVEMENT/RISK MGMT.COORDINATOR,	Health Center,	05/30/2017
REGISTERED NURSE (RPT),	Health Center,	Open Until Filled
SUMMER LIFEGUARD (2 Pstns),	Parks & Recreation,	Open Until Filled
TEACHER - COMPUTER,	POI Elementary School,	Open Until Filled
TEACHER-ELEMENTARY SCHOOL,	POI Elementary School,	Continuously Accepting Applications
TEACHER II-EARLY HEAD START,	Head Start & Child Care,	Open Until Filled
TIWA LANGUAGE INSTRUCTOR	Head Start & Child Care,	Open Until Filled
TIWA LANGUAGE TEACHER,	Elementary School,	Open Until Filled
VETERAN SUPPORT SERVICE PROGRAM MEMBER,	Elder Center,	Open Until Filled

PUEBLO OF ISLETA

# ELDER CENTER



AGES 60 & OLDER

## FATHER'S DAY

COOKOUT AND FISHING

### JUNE 17, 2017

10:00AM - 3:00PM

JOIN US & ENJOY THE DAY AT THE ISLETA LAKES

FOR MORE INFORMATION: (505)869-9770

**Free Transportation**

FREE FOOD  
FUN GAMES & PRIZES

LARGEST CATCH OF THE DAY COMPETITION

THE FIRST 30 PARTICIPANTS TO SIGN - UP WILL RECEIVE A FISHING LICENCE FOR THE DAY, COURTESY OF THE ELDER CENTER.

SIGN - UP DEADLINE

## FRIDAY

### JUNE 9, 2017

### Another Recovery Technique (ART) Group

An Isleta Behavioral Health Services Program



#### Quilting For Calm & Comfort

The ART (Another Recovery Technique) Group at Isleta Behavioral Health Services (IBHS) recently took on an exciting new project: they learned how to make quilts. With the generosity of Savella Lucero, who donated the fabric and her knowledge, members of the ART Group created lovely quilts to give to the residents at the Isleta Assisted Living Facility. Lap robes are quilts or blankets that are the perfect size to cover the lap and keep a person's feet and legs warm. Each lap robe is colorful, warm, and one of a kind.

The ART Group provides additional support and encouragement to individuals that are overwhelmed with living problems such as grief, substance abuse, domestic violence, or other life challenges. Please join us for upcoming projects in the ART Group. Call IBHS at 869-5475 for more information.







A PUEBLO OF ISLETA CONSTRUCTION COMPANY IS SEEKING  
QUALIFIED INDIVIDUALS TO JOIN OUR TEAM.

Velocity Build LLC (VBLLC) is a Civil Site Contractor specializing in Wet Utilities (Water & Sewer), Site Civil, Mass Earthwork, and site concrete.

CONSTRUCTION PROJECT MANAGER

Posted 5/17/17

The ideal candidate’s primary task will be performing oversight of progress on construction projects, with consideration for timeliness and cost-efficiency. This individual will be the Primary Point of Contact on Projects and will be responsible for budgeting, organization, scheduling, implementation, as well as, working with field personnel to complete and close out the projects.

Project Manager Duties Will Include:

- Project start coordination
- Pre-con and Progress meeting attendance
- Contract review
- Project Implementation per company policy
- Supervise Field Superintendents/Foreman
- Review of all Sub, Supplier invoices
- Oversight on use/recruitment of Subcontractors
- Issuance of Subcontracts
- Supervision of Subcontractors
- Must be able to analyze and manage project budgets
- Must be able to manage several projects simultaneously
- Analyze, manage, and Mitigate Project/Company Risks
- Handle all correspondence of Projects
- Prepare submittals, RFI’s, Change Orders, etc.
- Close out of Projects
- Reporting to Company Management
- Enforcement of Company Policies and Procedures
- Project Compliance with State, Tribal, and Federal Law
- Additional Duties as Directed by Company Management

Desired Skills and Experience:

Must possess Leadership and Human Resources Management Skills, must possess excellent Organizational skills, and must possess an understanding of Construction Law as it applies to projects, be Ethically responsible, and carry oneself in a professional manner in the office and the field. The ability to read, analyze, and interpret business periodicals, professional journals, technical provisions, and government regulations and law. The ability to write reports, business correspondence, and procedure manuals, if needed. The ability to effectively present information and respond to questions from groups of managers, clients, customers, and the general public. The ability to calculate figures and amounts.

Education Minimum: GED or High School Diploma

Minimum Five (5) years verifiable previous experience as a Project Manager Or Minimum of Three (3) years Project Manager and Two (2) years as an Estimator, or Construction Superintendent, all verifiable

Must Be Proficient in Microsoft Office (Word, Excel, PowerPoint, Project, etc.), have general experience with Adobe .pdf files, AutoCAD, .dwg files, be proficient with estimating programs (company uses ProContractor, and will provide training to bring up to speed, if needed)

Must Be Proficient in reading plans, as-built plans, as well as online plans.

Must be willing to work in a team environment as part of a team in a fast paced, time sensitive environment, be willing to handle multiple tasks and responsibilities, and also be acceptable to ongoing change within the company.

Must have a clean New Mexico Driving Record and a valid New Mexico Driver’s License

Must be able to pass a pre-employment Drug Screening and sign a non-compete agreement

Position is open until filled. Salary Depends on Experience

VBLLC is an Equal Opportunity Employer

Applications can be picked up, and delivered with a resume, to our office at: 62B Tribal Road 90 (1/4 mile south of Exit 213 on Interstate 25) Albuquerque, NM 87105

Visit our website at [www.velocitybuildllc.com](http://www.velocitybuildllc.com)

CONSTRUCTION ESTIMATOR

Posted 5/17/17

The ideal candidate’s primary task will be gathering information for jobs to be bid by the company. Preparing and performing all facets of the bidding process. Utilize company Pro-Contractor software to build and perform estimating tasks.

Estimation Duties Will Include:

- Active Project search for bidding opportunities

- Analyzing projects for bid
- Collaboration with other Project Estimators
- Review Projects for in-depth for estimates
- Attend Pre-Bid Meetings for Estimates, contact Subs, & Suppliers
- Preparation/Submittal of Bids Follow up and reporting on Bids
- Additional Duties as Directed by Company Management

Desired Skills and Experience:

Must possess Leadership and Estimating Skills, must possess excellent Organizational skills, and must possess and understanding of estimating as it applies to project bids, the ability to calculate figures and amounts, be ethically responsible in bidding, and carry oneself in a professional manner.

Education Minimum: GED or High School Diploma

Minimum Three (3) years verifiable previous experience as a Construction Estimator in related construction type.

Must Be Proficient in Microsoft Office (Word, Excel, PowerPoint, Project, etc.), have general experience with Adobe .pdf files, AutoCAD, .dwg files, be proficient with estimating programs (company uses ProContractor, and will provide training to bring up to speed, if needed)

Must Be Proficient in reading plans, as-built plans, as well as online plans.

Must be willing to work in a team environment as part of a team in a fast paced, time sensitive environment, be willing to handle multiple tasks and responsibilities, and also be acceptable to ongoing change within the company.

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Visit our website at [www.velocitybuildllc.com](http://www.velocitybuildllc.com)



## Construction Labor Needed

Isleta Casino & Resort Remodel

### Must Apply at :



A TRUEBLUE COMPANY

DESCRIPTION

Construction Laborers clean and/or prepare construction sites to keep the job moving and eliminate possible hazards. Work closely with the site supervisor.

RESPONSIBILITIES

Responsibilities may include but are not limited to:  
Move, secure, install, build, load, or unload materials as directed by the site supervisor.  
Move items from place to place, according to project plans or direction from the site supervisor.  
Move dirt or other material as directed in plans or by supervisor

QUALIFICATIONS

- Experience on commercial construction sites
- Tools of your trade
- Documentation to show you are legally eligible to work in the US
- Experience on commercial construction sites
- Verifiable work history
- Able to pass a drug test

WEBSITE LINK

<http://www.peopleready.com/job-description/Construction-Laborer-Albuquerque-NM-351>

ADDRESS

8900 San Mateo Blvd. NE  
Albuquerque, New Mexico

PHONE

505.348.3082

EMAIL ADDRESS

[351-br@peopleready.com](mailto:351-br@peopleready.com)

BRANCH #

351

BRANCH HOURS

Monday - Friday; 6:30 a.m. - 5:00 p.m.

ADDITIONAL INFO

We are an equal opportunity employer.

One of the nation's fastest-growing cities, Albuquerque was named after the viceroy of New Spain, the Duke of Albuquerque. Livestock, farming, high-tech and even manufacturing industries thrive there.



# ISLETA ELEMENTARY

Another school year has been successfully completed and now we head into the Summer months and our Summer Programs. Students will be able to continue with the 21st Century Learning and the Extended School Year Programs for the month of June. The programs will run on Tuesdays, Wednesdays and Thursdays using the Early Release Schedule from 7:30 A.M. – 12:30 P.M. Transportation will be provided for morning pickup and afternoon drop-off. Breakfast and lunch will also be provided for all participating students. The 21st Century Program will offer a combination of “Tutoring” and “Enrichment” Activities for all our Kindergarten through Sixth Grade students. A special field trip has also been scheduled for mid-June to the “Pottery Mounds.” The School Staff will be working with the Isleta Culture Committee to make this a fun and educational experience. All students participating in our Summer Programs will have the opportunity to work with a special group of teachers and instructors from the International Youth Fellowship, (IYF), during the last week of the programs. Students will have special courses in music, art, cooking, martial arts, and wellness. The special event will conclude with an evening Talent Show and dinner. We hope that our students will join us.

Enrollment for School Year 2017/2018 is currently being accepted. Students receive daily course work in “Core Subject Areas” and have “Specials” for Music, Tiwa Language, Library, Physical Education, Computer Lab, and Art. The School Day begins at 8:00 A.M. and ends at 3:00 P.M. Bus transportation is provided to all students living within the Isleta Community. Breakfast and Lunch is also provided to every child.

It has been a very long process, but we will be celebrating the beginning of the school year with 28,000 square feet of newly resurfaced playground areas at POIES. Construction began in late May and will continue until completion in late June. The students and staff are eagerly anticipating the recess changes.

The Fourth through Sixth Grade students traveled on May 3rd to Boca Negra Canyon, part of the Petroglyph National Park Area near Albuquerque. Students and staff hiked the paths and had lessons delivered by the Park Ranger and a trained Guide. Students learned about the history of

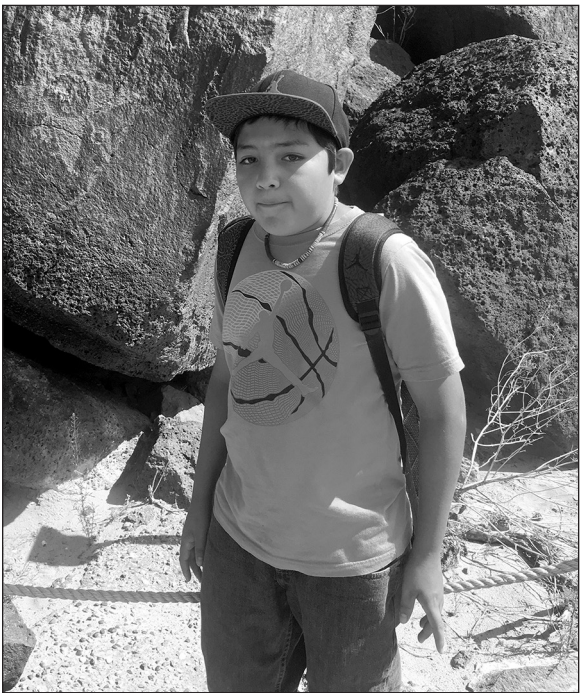


*Fifth grade students enjoy the view from above Boca Negra Canyon.*

the park and about the geology of the surrounding the area. The Fourth Grade Students were awarded their certificates and cards to support “Every Kid In A Park,” a special program sponsored by the National Parks Service that provides Fourth Grade students free access to Federal Lands and



*Playground construction begins!*



*A student stopped to take a quick picture while hiking in Boca Negra Canyon at the Petroglyph National Monument.*

Waters for them and their guests. The Pueblo of Isleta Elementary students were able to visit the parks thanks to a special grant called “A Ticket to Ride.” The students and staff also had access to special “Trunk” Lessons on Desert Mammals and Pottery-Making with the Park Rangers. We hope this is the beginning of long partnership, and look forward to more park visits in the fall!



*Students of pottery class learning how to smooth clay.*

Sixth Grade students visited the San Felipe Pueblo on May 1st to participate in their Feast Day and to support one of their dancing classmates. The students and staff were thankful for the hospitality shared by their classmate’s family. They also toured the Los Lunas Middle School on May 2nd and had an introduction of their middle school life to come.



*Fifth Graders waiting for the final solar race results!*

Fifth Grade Students partnered with PNM in Albuquerque to design, build and race “Solar Cars.” Following several work sessions, students held a competition between the classroom teams on our school campus. Three teams were declared as finalists for the big day at “Explora” on May 5th. A fourth team was selected to serve as an alternate based on design and construction of their solar car. The following teams represented the Pueblo of Isleta Elementary School:



*5th Grade Students Team “Lobos”, the first place winners of the solar car races.*

- First Place - “Lobos,” Anthony Otero-Riley, Edward Reano, Dylan Lente and Ualzonha Abeita  
Second Place – “Softball Sisters,” Aurianna Olguin, Kendra Edaakie and Ashlyn Jojola  
Third Place – “Flame Throwers” Shannon Padilla and Everett Baca  
Alternate – “She-Whiff-Tui” Isaac Jiron, Alyssa Lucero and Destiny Little

The Fifth Grade Students then travelled to Albuquerque to race against other teams from across the PNM Region. The “Lobos” brought home two trophies, winning First Place for Speed and Third Place Overall. Congratulations to our Fifth Grade Students!

May has been the month for fitness here at school. A big THANK YOU to all of the students and families that participated in our first ever Family Fitness Fun Night on May 10th. We had healthy Chef Salads to eat and everyone had a lot of fun trying out some new activities in the gym. Thank you to the Diabetes Awareness and I.H.C. Staff that provided health information and screenings for us. We plan on a fall activity next school year.

Fifth and Sixth Grade students challenged the Staff to a game of basketball on May 12th. We enlisted the help of some of the other departments and Mr. Wild’s son, Benjamin. A big thank you to the officers from the Isleta Police Department and our Recreation Department Staff.





*An Isleta Elementary School student sinks her free throw from the line during our staff vs students’ basketball game.*

We also want to thank all the family and community members that came out to cheer everybody on. Everyone gave it their all, and there was some pretty fancy shooting on both sides of the court. The final score was Visitors 71, Home 34. Great game!

The Isleta Police Department also hosted an “Ice Cream Social” for the Pueblo of Isleta Elementary Students on May 18th. Students got time to meet the officers of this community, learn about their important



*Participants of the Staff VS Students basketball game.*

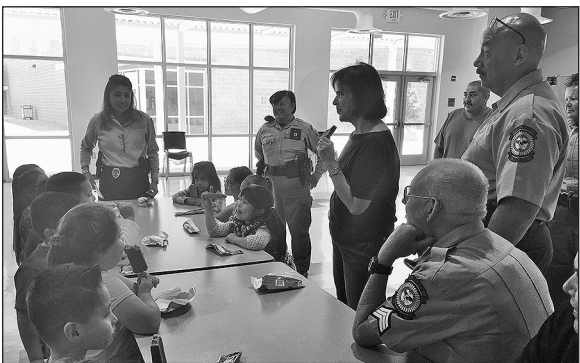


*Parachute fun during our field day.*



*Students having a chat with Detective Kat during our Ice Cream Social.*

work and talk with them. They also got to ask questions. The burning question of the day...”What is your favorite kind of donut?” The kids and officers seem to really enjoy their time together.



*Kindergarten students loved asking questions to the police officers during our Ice Cream social.*

Field Day started off a bit chilly, but the kids soon heated up the gym and classrooms in fierce competition. Students challenged each other in horseshoes, beanbag toss, golf-ball shake, and hula-hoop pass in the classrooms and with scooter races, football toss, crab ball and parachute popcorn in the gym. After their barbeque lunch, students competed in relay races between the classes. Thanks to all that made it a fun day for the kids and to all that could join us.

**Red Recumbent Bike Missing**

On Tuesday morning March 21, 2017 my son’s therapy bike was stolen from our backyard. He has Cerebral Palsy and uses this bike for his exercise. The bike is red with a black basket and a pig horn. The seat and handlebars are black. I am requesting that be returned to me. No questions asked. If found or if you know the whereabouts please contact the police at 505-869-3030.



Here is a similar bike. Missing bike includes the black basket and pig horn.

Thank You  
To Our Families, Friends and to our Community  
We are so Very Grateful and  
Full of Appreciation  
To You All  
With A Special Thank You going  
To Patricia and her 2nd Year Confirmation Class  
The Isleta Veterans Association  
IPD Officer Robbin and  
Tara at the Isleta Library  
And one more Thank You goes to the one who  
Returned our son 's Bike !  
Again, We Thank You All !

**LIMITED-TIME OFFER!**  
**SAVE 5¢/gallon**



**Cash Only**

**At  
Isleta Travel Center  
and  
Isleta One Stop**





## Pueblo of Isleta Public Library

Greetings Isleta Community. We would like to congratulate all 2017 graduates!, We would like to wish good luck to all College, High School, Middle School and Elementary school graduates. Now comes your next adventure in life. Enjoy your summer while it lasts. As for the Library, we will be busy with the Summer Reading Program from June 5th to July 21st. All our focus will be on SRP for June and July therefore other programs will come again starting in August.

### News

If you visited the Library within the last month you may have noticed our computer layout is different. Our layout now consists of all computers in a half circle with the computers facing the General Area bookshelves. This created more room within our Library. We also added updated iMacs and moved our older iMacs to the teen room and children’s room.

We would like to apologize for the long waited Wi-Fi connection The Library Wi-Fi was down for a couple of weeks due to an upgrade in our connection and Wi-Fi generator program. We appreciate your patience and recognize your need for Wi-Fi, which is why we upgraded to a faster connection. Come back to the Library! We will be happy to issue you a password for your laptop and cell phone. We would like to advise you that we will not give Wi-Fi passwords over the phone. You must come into the Library and receive a password.

Due to a recent theft at the Library, Library patrons should take precaution while visiting the Library. A Library staff member’s car was broken into and unfortunately left undriveable. Because of this incident we ask you to store personal belongings in a safe and discreet place in your car. If you see any suspicious activity around the Education and Library complex please call the Isleta Police Department at 505.869.3030.

The Library would like to welcome our new Summer Workers! They will be helping out the Library’s Summer Reading Program and Summer Meal program as well as helping out at the front desk. Please be patient with our new workers as they will be learning the ins and outs of the Library.

As a reminder while visiting the Library, please do not leave children or pets in a hot car. Sometimes a quick trip to print out papers, make copies or fax may take longer than expected due to unforeseen technical difficulties. Please do not take the chance. Thank you for your understanding.

### Upcoming

Our Summer Reading Program will be in full effect starting on Monday, June 5. We will have a Library full of students so our noise level may be louder than usual. Please be patient with us. We will have our junior group in the morning from 9:00am to 12:00pm and our youth group from 1:00pm-4:00pm. Currently our Summer Reading Program is full, but do not feel discouraged to put your child on our waiting list. Our last day for accepting students will be on June 21st. If you have any questions or concerns pertaining to the Summer Reading Program please give us a call at 505.869.9808.

The Library will be host to the Summer Meal program once again. Breakfast will be served from 8:00am-9:00am and Lunch will be served from 11:30am-1:00pm. All meals are FREE for ages 1-18 years old. All meals MUST be eaten in the Library Art Room and cannot be taken home due



Our new computer layout in our General Computer lab.

to strict policies with Bernalillo County Meal Program. If you have any questions or concerns please give the Library a call at 505.869.9808.

### Recap

On May 10th we surprised our Homework Help program participants with a small party. We started off our party playing a photo scavenger hunt. The students were put in two groups and were given a list of items to take a picture of. The team that finished the fastest won the game. The students had so much fun with the first

scavenger hunt Library staff ended up coming up with another scavenger hunt with clues throughout the Library. The clues were made up of riddles and clues that led them to a golden ticket, which was hidden in the children’s room on the bulletin board behind a flyer. The last game we played was our version of Silent Library. The objective of the game is to be quiet while doing silly things to make you laugh. The group that stayed the quietest won. We ended the party with hot dogs, chips and cupcakes!

# Summer Meal Program

## Pueblo of Isleta Public Library

950 Moon Light Drive, Albuquerque, NM 87105

Starting: May 31st to July 28th!

**KIDS 18 AND UNDER EAT FREE BREAKFAST & LUNCH!**

*All meals must be eaten on site!*

**Monday thru Friday**

**Dates: June 5th to July 21st**

• **Breakfast : 8am-9am (Library Art Room)**

**Dates: May 31st to July 21st**

• **Lunch: 11:30am-1:00pm (Library Art Room)**

**Please call 505.869.9808 for more information!**



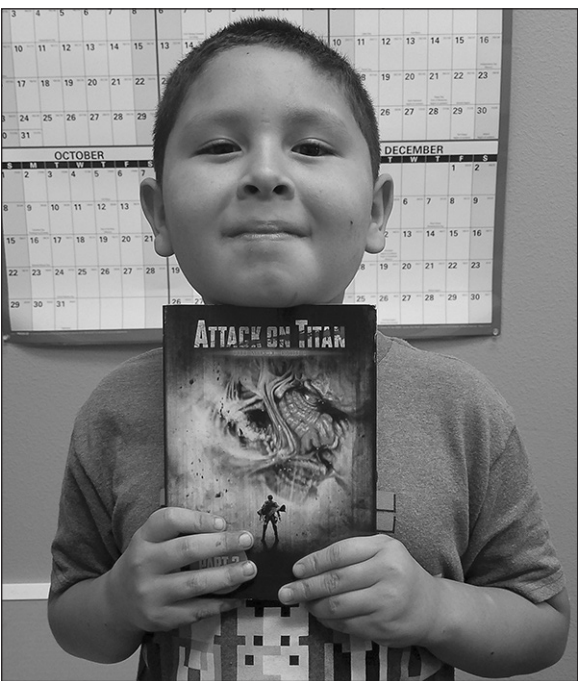




*The Library’s Homework Help Program students taking it easy on a half day of school enjoying snowcones.*

The Library staff would like to thank all the students who attended regularly and kept the Library staff on their toes. We would like to wish them a fun and safe summer!

On May 5th Peralta Playhouse from Peralta visited the Library with a group of 10 students. Library staff member Diane read them the book, “Bunny’s Book Club”, by Annie Silvestro. After the story was read they did a paper plate bunny craft for them to take home. The Library also presented the students with a gift bag with their own copy of the book. Thank you to Peralta Playhouse for visiting our Library. They have been collaborating with our Library for many years and we are always excited to see new faces.



*A participant of our Manga Book Club who won the movie Attack on Titan based on a book during Anime Bingo. Congratulations!*

On May 12th Library staff member Diane and Christino represented the Library at the Isleta Animal Control Rabies Clinic. We handed out Library bags, which consisted of upcoming programs. Ten lucky people received a \$5 OFF token in their bag. So if you received one and have not yet looked in the bag, you better do so. You might have been one of the lucky Library patrons who get to use this token toward a fine. Tokens are given out during special promotional opportunities so if you happen to see our Library table at community events come by and ask about a \$5 OFF token.

Our Manga Book Club started on May 2nd and ended on May 30th. Library staff member Cheyenne met with 6 students who read 4 different books every Tuesday of the month. The students were assigned a Nook tablet with all four books downloaded. Each week the students engaged in book discussions and activities such as Anime Bingo, button making with their favorite characters and screen-printing. Thank you for all who participated. For some, it is not easy to dedicate yourself to read a book let alone a book club. We admire your reading spirit and hope to continue bringing in Library patrons with our book clubs.

**Pueblo of Isleta Public Library  
Hours of Operation:**

Library Hours  
Mon-Thurs - 8:00 a.m. - 6:30 p.m.  
Friday - 8:00 a.m. - 4:30 p.m.  
Saturday - 9:00 a.m. - 1:00 p.m.

Closed on Sundays, all federally recognized Holidays and also Isleta traditional Holidays. Please contact library for more information on closures.

Mailing and Physical Address:  
950 Moonlight Drive SW  
Albuquerque, NM 87105  
Phone: 505-869-9808 Fax: 505-869-8119  
Email: poi02002@isletapueblo.com  
Facebook Page:  
[www.facebook.com/IsletaPuebloLibrary](http://www.facebook.com/IsletaPuebloLibrary)  
Web Address:  
[www.isletapueblo.com/library2.html](http://www.isletapueblo.com/library2.html)  
YouTube: [www.youtube.com/user/poilibrary](http://www.youtube.com/user/poilibrary)  
Pinterest: [www.pinterest.com/poilib](http://www.pinterest.com/poilib)



# SPAY & NEUTER CLINIC

## June 23, 24, 25, 2017

**Cost:**  
\$30.00 = Dog  
\$20.00 = Cat

**180 slots available**  
60 slots per day

To reserve your space or  
for information call  
Isleta Animal Control @  
**505-869-7564**

*Space is limited, calls will be taken  
until spots are filled or June 1, 2017*

**Sponsored by:**


# Pueblo of Isleta



## 4th ANNUAL ENVIRONMENTAL FAIR

AT THE ISLETA RECREATION CENTER

**When: Saturday July 15, 2017**  
**Time: 10am - 2pm**

Food, fun, prizes and entertainment for  
the whole family!





2017 Youth Summer Recreation Program Information

Summer Program Dates –

This year our summer program will run for 8 weeks. The summer program begins on Monday, June 5th, 2017 and will run through Friday, July 28th, 2017. The center will be closed on Tuesday, July 4th, 2017 for the Independence Day Holiday.

Summer Program Participant Registration –

All summer program participants must be registered in order to participate in the summer program. The 2017 Summer Program registration started on April 3rd, 2017 and is on-going, so stop in at the center Monday through Friday or anytime during the summer to register your child.

Summer Program Times –

The actual program times will be from 9:00 am to approximately 3:00 pm daily. All children should be picked up by parents and/or Guardians by 3:00 pm, except the children of working parents and/or Guardians. **IMPORTANT INFORMATION** – We will be extending our morning hours this year from 7:00 am to 9:00 am and our afternoon hours from 3:00 pm to 5:45 pm to allow working parents the opportunity to drop off their children early before work and to pick them up later after they get out of work. **PARTICIPANT DROP OFF TIMES FOR WORKING PARENTS and/or GUARDIANS** – Working parents and/or guardians can drop off their child(ren) at the center in the mornings between 7:00 am and 9:00 am daily. *(We will not be picking up and/or dropping off children to and from their homes this summer!)*

**WE ARE UNABLE TO TRANSPORT REGISTERED PARTICIPANTS TO AND FROM THEIR HOMES TO THE CENTER THIS SUMMER! PARENTS AND/OR LEGAL GUARDIANS WILL BE REQUIRED TO DROP OFF THEIR CHILD(REN) AT THE CENTER DAILY AND THEY WILL ALSO BE REQUIRED TO PICK UP THEIR CHILD(REN) FROM THE CENTER WHEN THE PROGRAM ENDS DAILY AS WELL!**

Participant Sign In and Sign Out –

All registered participants being dropped off and picked up from the rec center will need to be signed in and out daily on the daily sign-in and sign-out sheet. Those sign-in sing-out sheets are located in the Recreation Center Lobby. Parents and/or Legal Guardians are required to sign-in and sign-out their children every day.

Summer Food Service Program –

We will once again be serving free breakfast and lunches to all children ages 18 years and younger this summer. The lunch program will begin on Monday, June 5th, 2017 and the breakfast program will begin on Tuesday, Jun 6th, 2017. Both programs the breakfast and lunch program will run through the end of the summer program (July 28th, 2017).

Field Trip/Major Event Eligibility Information –

All children must be present at least 3 times per week to be eligible for the field trips/major events. Exceptions: Registered participants that are attending summer school. We want all participants to enjoy

the field trips, but we want to make sure that participants are not just showing up for the field trips only, they need to be here to participate in the daily activities as well.

Swimming Pool Hours this summer –

The swimming pool summer hours will be as follows:

Monday through Friday

- Open Morning Session 8:30 am to 12:00 am
- Closed Lunch Hour 2:00 noon to 12:45 pm
- Open Afternoon Session 1:00 pm to 2:30 pm

All Tribal members and POI employees are more than welcome to drop in and use the swimming pool during our normal hours of operation, but keep in mind that between the hours of 9:00 am and 3:00 pm Monday through Friday the primary users of the pool will be the children that are registered in our summer program. Days and times are subject to change as needed.

End of Day –



The recreation program is officially over at 3:00 pm daily and parents and or legal guardians that are not working are required to pick their children by 3:00 pm daily. **PARTICIPANT PICK UP TIMES FOR WORKING PARENTS and/or**

**GUARDIANS** – Working parents and/or guardians can pick up their child(ren) from the center between 3:00 pm to 5:45 pm daily if needed. *(We will not be picking up and/or dropping off children to and from their homes this summer!)*

**WE ARE UNABLE TO TRANSPORT REGISTERED PARTICIPANTS TO AND FROM THEIR HOMES TO THE CENTER THIS SUMMER! PARENTS AND/OR LEGAL GUARDIANS WILL BE REQUIRED TO DROP OFF THEIR CHILD(REN) AT THE CENTER DAILY AND THEY WILL ALSO BE REQUIRED TO PICK UP THEIR CHILD(REN) FROM THE CENTER WHEN THE PROGRAM ENDS DAILY AS WELL!**


SWIMMING POOL INFORMATION

It is now June and the summer season is booming. Swim training (lessons) have started back up with multiple sessions being offered over the course of the summer. Sign up at any time on our website that is listed below this article and you will be added to our roster. The classes are still a first come, first served basis and free to all tribal members. Sessions will be provided as classes fill up and coincide with the availability of staffing. This means that if you signed-up but haven't received a



**Girl Scouts.****BOY SCOUTS**  
**OF AMERICA**

# Adult Volunteers Needed





We (Lt. Governor Zuni and Arnold Sena) were recently approached about the possibility of starting a Boy Scout and/or a Girl Scout troop here on the pueblo, but the only way we can do this would be with the help of quality adult men and women volunteers.

If you are interested in leading a Boy Scout or Girl Scout Troop and you have the extra time to commit to doing so, please contact me

**(Arnold Sena, Pueblo of Isleta, Parks & Rec. Dept. Director) at 869-9786,**

so I can put your name on a list of individuals that are interested. If we get enough volunteers and interest we would like to start this

in late June or early July 2017.





session yet, you will be added to our wait list. This allows us to keep your spot in order to get the first available session. If you are signed up please wait until you have finished your session to sign-up again. If you have any trouble signing-up please feel free to come by the Aquatics office. <http://isletapueblo.com/swimlesson.html>

As many may know, we have been short-staffed over the past few months. Our staff has been doing a great job at keeping up with the demands of the pool and the cleanliness of the facility. This summer we anticipate being fully staffed and able to provide even better service to the Pueblo. With the upcoming Summer Rec program Dante's Swim Adventures will continue to be a staple in our programs allowing children to play games, learn to swim, and reach the other side of the pool safely. If your child is not in the Summer Rec program and would like to participate, come in to the pool office and we can sign you up.

Water aerobics continues to be one of our most popular programs as our instructor Cayden Sharp has created workouts that can be enjoyed by all ages. It is a fun way to burn calories with your friends while enjoying great music. Come down and join our growing class on Mondays and Wednesdays from 5:15 pm to 6:15 pm and Fridays from 3:00 pm to 4:00 pm.

**Boy Scouts and Girl Scouts**

If you are interested in leading a Boy Scout or Girl Scout Troop and you have the extra time to commit to doing so, please contact me (Arnold Sena, Pueblo of Isleta, Parks & Recreation Department Director) or leave me a message at 869-9786, so I can put your name on a list of individuals that are interested. If we get enough volunteers interested we would like to start this in June or July 2017. (See Flyer)

**Karate**

The six kids that tested went through all nine (9) sections of testing which took just over 5 hours to complete and also a written test that encompasses history of karate, definitions of karate and other martial arts questions about karate styles and techniques and sparring (fighting). Anyone that is interested in joining the karate group please contact Mr. Chavez at 866-4360 or drop in on the classes held on Tuesday, Thursday and Friday at 5:30pm at the Isleta Recreation Center.



*Photographed from Left to Right M. Price, Q. Walker, R. Price, S. Jaramillo, M. Herrera, and G. Jaramillo, also Mr. Chavez our Karate Instructor at the Isleta Recreation Center.*



*Karate one sparring photos, part of the testing is sparring and using the techniques that Mr. Chavez has taught them.*

Pueblo of Isleta Parks & Recreation Department

# 2017 Youth Summer Recreation Program

**NEW REC CENTER INFORMATION**

**WHEN:** June 5<sup>th</sup> to July 28<sup>th</sup>

**WHO:** 6 years old and up.

**WHERE:** New Rec Center

**TIMES:** 9 am to 3 pm (Early Drop off and late pick up available for working parents.)

**REGISTRATION INFORMATION**

**WHEN:** Starts April 3<sup>rd</sup>, 2017 (Monday – Friday)

**WHERE:** New Rec Center

**TIMES:** During normal operating hours.

**OLD REC CENTER INFORMATION**

**WHEN:** June 5<sup>th</sup> to July 28<sup>th</sup>

**WHO:** 4 and 5 years olds (only).

**WHERE:** Old Rec Center (Pickle Heights)

**TIMES:** 9 am to 2:30 pm

**REGISTRATION INFORMATION**

**WHEN:** Starts April 3<sup>rd</sup>, 2017 (Monday – Friday)

**WHERE:** New Rec Center

**TIMES:** During normal operating hours.

**SUMMER FUN AT THE RECREATION CENTERS!**

Join us this summer for lots of fun activities at the rec centers. There will be fieldtrips, daily swimming, indoor and outdoor games and activities, nature walks and much much more. Breakfast and lunch will be provided daily to all participants.

For more information about the summer program and the important changes to this year's summer program, please read the newsletter and/or contact the New Recreation Program at 869-9777.

**This is general information for more details call 869-9777.**



**Isleta Resort & Casino recently signed up to participate in the 2017 Heart Walk!**

Pueblo of Isleta community members are invited to walk alongside the resort in the fight to make healthier, longer lives possible for everyone.

Heart Walk is so much more than an event. It's an opportunity to change the future and make a positive impact in the lives of those who are affected by heart disease and stroke. Chances are, you also know someone who has been affected by heart disease or stroke. One in three Americans has some form of cardiovascular disease and stroke is the leading cause of disability in the United States. Those statistics can begin to change by walking and raising funds for the American Heart Association.

If you would like to join Team Isleta, simply follow this link: <http://www2.heart.org/goto/IsletaResortandCasino>

There is no fee to sign up! The walk takes place Saturday June 10th at Balloon Fiesta Park. Festivities begin at 7:30 a.m., and the walk begins at 8:00 a.m. After the walk is an outdoor health fair, as well as a DJ, food and fun interactive games for children and families!

### *Tips for Night Driving From the Isleta Health Center's Optometry Clinic*

**1. Never wear tinted lenses while driving at night**

– So called night driving lenses with any amount of tint or polarization only reduce the already limited amount of light available to your eyes making driving more hazardous.

**2. Wear lenses with Anti Reflective (AR) coating**

– AR coatings minimize distracting internal lens reflections which can be significantly more noticeable at night.

**3. Have regular eye exams and ensure your eyewear prescription is up to date**

– Even slightly uncorrected refractive errors can make night time driving more difficult.

**4. Make sure your corrective lenses are clean**

– Dirty lenses can limit your view and induce glare.

**5. Make sure your windshield is clean**

– As with corrective lenses, dirty windshields will also limit your view and induce glare.

**6. Make sure your head lights are clean and properly aligned**

– Dirty headlights can reduce efficacy by 75%.

JOIN TEAM ISLETA

FOR THE 2017

# Heart Walk

SATURDAY, JUNE 10<sup>TH</sup>

BALLOON FIESTA PARK

Admission to the walk is FREE!  
Ceremonies begin at 7:30am | Walk starts at 8am

Sign up by June 7th in HR or online at [www2.heart.org/goto/IsletaResortandCasino](http://www2.heart.org/goto/IsletaResortandCasino) and receive a FREE Team Isleta T-Shirt!

Join us after the walk for an outdoor Health Fair, DJ, Food and fun games for children and the whole family!

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isleta.com



ISLETA<sup>TM</sup>

resort + casino

**Isleta Resort & Casino June 2017**

The exciting expansion plans at Isleta Resort & Casino continue to move along as planned this month. Work is underway at the main entrance, which is currently closed for access while construction crews demo and put in place a new look for the resort. The new grand entrance is expected to be open by early August.

Once completed, Phase II of the construction begins with an all-new bingo facility. The new structure will give bingo players an uninterrupted, exclusive place to play their favorite games. Additionally, the site will share expanded food and beverage options with Triple Sevens Saloon. That facility is set to be expanded to four times its current capacity.

Overall, the construction is expected to last approximately 18 months. It will include a redesigned casino floor, increased dining options, and much more.

"This is an exciting time for Isleta Resort & Casino and the Pueblo of Isleta. We feel the renovation will greatly enhance our position in the Albuquerque gaming market," said Isleta Resort & Casino CEO Harold Baugus.

You may have also noticed a new buzz at the Isleta Eagle Golf Course. Last month the resort pulled the wrappers off of a fleet of 100 new golf carts. The new fleet was desperately needed, as previous carts were slowly starting to fail to meet the needs of guests on the course.



Isleta Resort and Casino construction

Isleta Resort and Casino construction



# MILLION DOLLAR FUN IN THE SUN

## WIN CASH & CARS

Plus

### \$10,000 UP FOR GRABS EVERYDAY!

DRAWINGS HELD EVERY 15 MINUTES | EVERYDAY  
10AM TO 8PM | JUNE 18 - AUGUST 26.

Actual vehicle not shown. Management reserves the right to cancel or modify promotion at any time.

## JENGANTIC CASH GIVEAWAY

NOW - JUNE 17

STACK IT OR CRASH IT  
PLAYING JENGANTIC CASH GIVEAWAY!

DRAWINGS EVERY HOUR FRIDAY & SATURDAY | 2PM - 10PM  
FOR YOUR CHANCE TO WIN YOUR SHARE OF OVER

# \$250,000

Management reserves the right to cancel modify promotion at any time.

ISLETA LAKES & RV PARK

## Whisker's CATFISH DERBY

JUNE 3 - JULY 9  
REEL IN YOUR

# \$1,000 CATFISH!

NOW WITH EVEN MORE TAGGED CATFISH TOTALING OVER \$20,000 IN CASH!  
TAGGED CATFISH AVAILABLE WITH DOLLAR AMOUNTS RANGING FROM \$5 - \$500!

PEEL N' WIN!

Friday, June 30 | 8am - 8pm While Supplies Last

Earn 250 points playing Slots, Tables, Poker, or Bingo and receive a 12 pack of soda with a peel and win sticker for a chance to win up to

# \$1,000!

Redemption will be available on a first come, first served basis while supplies last.

## ISLETA

resort • casino

11000 BROADWAY SE | ALBUQUERQUE, NM 87105 | 505.724.3800 | ISLETA.COM

# WE ARE SURVIVORS

Stephanie Barela, Health Educator  
869-4479 □ sbarela@islclinic.net

## An Informative and Healing Occasion at Annual Cancer Survivor's Day Event

Every year in June, people all over the country CELEBRATE National Cancer Survivor's Day. On May 9th, the Pueblo of Isleta Community Cancer Support group took part and held their 3rd Cancer Survivor's Day event at the Isleta Health Training Center. Although it was a month early, the support group believes any time is the right time to celebrate cancer survivors in our community.

The evening began with an opening song by Thunder Knife Drum Group from Isleta. Following was a very informative presentation on cancer prevention/early detection by Den Openden, a long-time collaborator of the cancer support group and a cancer education advocate. She reminded us that cancer is not a death sentence and that the sooner it is detected the more likely one is to survive the disease. Of course, our event could not continue without recognizing the cancer survivors in the community, including the cancer support team members made up of family and friends who helped them during their recovery.


The high point of the event were the messages, poems, and prayers of encouragement and remembrance that participants had the opportunity to write on stickers, which we placed on the balloons released at the end of the evening. The balloons were not only an acknowledgment of cancer survivors, but also a reminder of those who have lost the battle with cancer. As the balloons climbed, we watched our dreams, hopes, and prayers being carried to the Creator.

It was indeed a heartfelt and healing occasion, and the POI Community Cancer Support group thanks everyone who participated and helped to make the night a success. Thank you to Governor Benavides for the moving invocation and to the Thunder Knife Drum Group who regaled us with their beautiful songs. I especially want to thank the POI Community Cancer Support group and planning committee - Lupita Chewiwi, Mary Ann Johnson, Barbara Marquez, Frances McElhaney, and Yolanda Serna for their time in planning this event.

In closing, I would like to extend an open invitation to all community members to attend our monthly POI Cancer Support Group. We meet the 2nd Tuesday of each month at the Isleta Health Center's conference room at 10:30am. However, keep in mind that we do meet in the evening three times a year. Please call 869-4479 for more information.

**NEXT MEETINGS:**

- Tuesday, June 13th | 10:30am – 12pm:  
“**Prostate Cancer**” (2nd most common cancer among men) @ Health Center conference room.
- Tuesday, July 11th | 10:30am – 12pm:  
“**Child’s Understanding of Cancer/Chronic Illness**” @ Health Center conference room.
- Tuesday, August 8th | 6:00 – 7:30pm:  
“**Familial/Hereditary Cancer Risk Assessment**”@ Health Training center (located behind the main Health Center facility).



**TIWA**  
LENDING SERVICES

# NEW DATE!!

EDUCATING THE COMMUNITY TOGETHER

## Financial Education Classes

### \$Thinking Money\$

( Free Classes )

**First Class:**  
**June 20, 2017**

**Class Times:**  
**12:00pm-1:30pm**  
**5:30pm-7:00pm**

- 1 class a week, for 11 weeks.
- Two sessions will be offered daily to accommodate schedules.
- Classes held every Tuesday
- Classes will take place at the Governor's office.

Tiwa Lending Services will be offering free financial education classes to the community. These classes will help to educate and promote financial stability and independence through group learning and outreach. The classes will consist of a variety of topics geared toward building your wealth and creating financial knowledge for yourself and family.

---


**Class Topics**

• Super Saving	• Buying Smarter	• College/Tuition
• Relating With Money	• Insurance Buying	• Retirement
• Cash Flow Planning	• Negotiating Deals	• Mortgages
• Getting Rid of Debt	• Stocks, Bonds, and	• Fraud
• Credit	Mutual Funds	

For more information on upcoming events and classes check us out at:

**Call us to register:**  
**(505)-916-0556**

Please call Sheila or Miranda to register so that arrangements can be made to order your books and supplies. Thank you!



tiwalending.org

• Home Loans • New Construction • Renovations



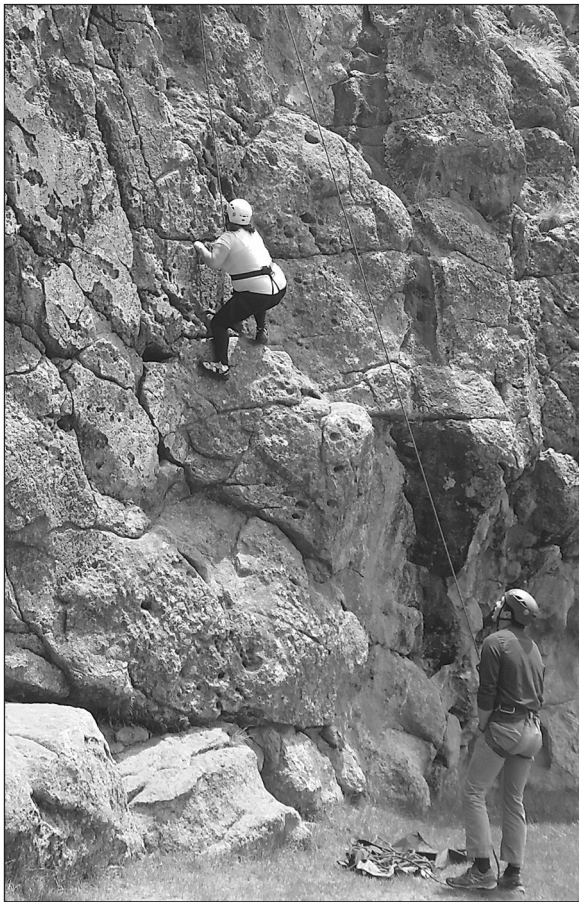


## Pueblo Women Rising IBHS Support Group

The Pueblo Women Rising group has been focusing on physical and mental health during the months of April and May. In April, we participated in the annual pilgrimage to Tomé Hill. It was a beautiful day to exercise and gain a deeper connection to our spirituality. In May, we were blessed with the opportunity to attend a day of rock climbing at Los Conchas. It was an incredible experience that challenged us in many ways, with the most obvious challenge being with our physical bodies. Rock climbing requires that we utilize our strength to climb. The emotional challenge is to trust our belay team and defeat negative self-talk. Although this is a safe activity with rock climbers assisting, it can be scary to try new activities and push ourselves out of our comfort zone. All the women did a wonderful job in achieving goals on this day, even if it was to climb three feet off the ground!

We also took a hike along the stream and did an activity using rocks, sticks and leaves to signify what we learned about ourselves on this day and how we are going to carry these lessons with us in the future. We are so grateful to the Santa Fe Mountain Center (SFMC) for providing us with the staff that facilitated the activity and the gear necessary to make this a safe and successful event. We will have more outings with the SFMC this summer and fall.

If you have any questions or would like to join the Pueblo Women Rising, please feel free to contact Krystal Lucero at 869-5483 or klucero@islclinic.net.



Rock Climbing at Los Conchas.

### Fun Summer Snack for Kids

#### Peanut Butter Dip

Kids love to dunk fruits and vegetables in this dip.

½ cup creamy peanut butter    ½ cup plain lowfat yogurt  
½ teaspoon cinnamon

1. Place all ingredients into a small mixing bowl.
2. Stir until fluffy.

Try dipping sliced carrots, celery, apples, pears or bananas.

Children under three choke easily on raw vegetables. To prevent choking cook vegetables enough to make them easy to chew. Cool before serving.

WIC Nutrition

## Invitation Announcement Pueblo of Isleta Head Start & Child Care Center

The Isleta Head Start & Early Head Start programs invite you to join our family by completing an application for the upcoming 2017-2018 program year. Applications will be accepted beginning **May 1, 2017.**

*Mission: To develop the whole child in all comprehensive areas reflecting the traditional Isleta culture and language. A safe, positive, healthy, and family-centered environment is supported with: a highly competent staff; parental enrichment and enhancement of their child's education; a structured developmentally appropriate learning environment; strengthened community collaboration; & sustained stakeholder communications.*

### Options for you and your child:

#### Head Start – 3 to 5 years old

A 6-hour, 5 day-a-week program. Classrooms are equipped with hands-on, age appropriate materials and qualified teachers. Transportation services are available for those who live at least a ¼ mile from the Head Start & Child Care building and within the Isleta Reservation boundaries, with the exception of those who reside East of NM 314.

#### Early Head Start- Prenatal to 3 years (3 options to choose from)

1. Home Based for Pregnant Mothers: Home visits from a Home Visitor who brings information and materials about pregnancy & child development.

2. Home Based for Parent & Child Birth to 3 years:  
Weekly 90-minute home visits from a Home Visitor who provides information and materials about parenting and child development. Bi-weekly Socialization activities in a group setting (i.e. fun walks, field trips, child development, & more).

3. Classrooms ages 3 months to 3 years:  
A 6-hour, 5 day-a-week program. Classrooms are equipped with hands on, age appropriate materials and qualified teachers. *There are no transportation services available for this option.*

### Call to schedule an appointment to apply. You need to bring ALL of the following:

- √ **Tribal Identification w/CIB #** (required if residence is outside of the Isleta Reservation)
- √ **Proof of Residency** to ensure your physical residence is within the Program's service area (New Mexico Driver's License, Utility Bill, Government/ Tribal ID)
- √ **Proof of income for previous 12 months** (Such as: Public Assistance Award Letter, 2016 tax forms, W-2, 26 paystubs, etc.)
- √ **Proof of Child's Birth** (State issued birth certificate, CIB Letter, Baptismal Certificate)
- √ **A copy of your child's IFSP/IEP** (if applicable)
- √ **For Prenatal option, Pregnant Mothers need to provide proof of pregnancy**

If you have any questions, please don't hesitate to call us at **869-9796.**

We look forward to working together with you and your family to make your child's learning fun and successful!



## Isleta Elder Center: May Recap

We are zooming right through 2017! The April winds blew in the wonderful May rain and blooming flowers to let us all know that the spring season is now here. Spring fever took over the Isleta Elder Center as our staff worked together as a team to clean our center and make it sparkle for our seniors. The Elder Center celebrated Mother’s Day with a luncheon at El Pinto Mexican Restaurant in Albuquerque on May 12, 2017. We were blessed to have celebrated this special occasion with over 70+ mothers, che-ees, & all forms of mothers alike from the community. Mother’s Day is always a joyous time as we remember and thank all the women who have played such important and special roles in our lives. Thank you El Pinto Restaurant and their staff for hosting a great event as well as everyone who came to have lunch with us.

As the temperature begins to rise we all need to be more aware & cautious of the different types of snakes around the pueblo. We were fortunate to have Tata Virgil Lucero and Louie Montano of Animal Control visit our center during our General Meeting in May. These two Animal control officers presented to our elders on snake awareness, prevention, and safety tips, which was very informative. Some tips we have to pass on are: keep your yards clean of debris, when planting or watering always stay cautious of snakes in the plants, and ensure that any and all cracks in your walls or house doors are fixed. If you do encounter a snake DO NOT try to remove it on your own and call Animal Control at (505)869-7564 or the Isleta Police Department (505)869-3030. As a reminder, a snake can still bite up to an hour after being killed due to their muscular reflexes. We are looking forward to having Animal Control back again in July 2017 to inform us on rabies and dog awareness. Thank you again Tata Virgil and Louie!

As we approach the summer season, personal/family vacations are just around the corner and we were excited to have Dr. Cumby back and give us some health tips for when on travel. Dr. Cumby explained the importance of always having water handy especially in your vehicle for long drives. Staying hydrated is a key factor to preventing heat exhaustion. Always wear sunscreen or try to incorporate sunscreen into your daily outdoor activities to insure that you are protected from the sun’s harmful rays during the spring & summer seasons.

Here at the elder center we have many visitors walk in and out of our doors. During May we had a group of visitors from the Friendship Force Exchange who were visiting the Pueblo on a tour called: A Journey from Ancestral Puebloan Prehistory through Contemporary Puebloan Culture. Lt. Max Zuni along with this group of visitors, was able to take a tour around our Pueblo and stop in at various programs throughout our community. This was a great opportunity for these individuals who may not have ever visited a pueblo, to learn, listen, and receive a better understanding of our pueblo’s rich history & culture. This group was able to visit the Isleta Elder Center and learn about how the elders of our community play a crucial and important role in maintaining our language, culture, history, and overall way of life. This was a great reminder that we would not have the great blessings we have today without all the hard work of elders before us. Upon arrival to the Elder Center, the group was led on a tour of our facility by our Director Rita Jojola. Ms. Jojola discussed the various types of programs the Elder Center offers to the older adult population of our community and discussed the need as well as importance of elder care services. We received many great compliments for the hard work and dedication of the Isleta Elder Center team as well as the beauty of our facility.

### Upcoming events for the month of June 2017:

- Isleta Elder Center Activities Room:  
June 1, 2017: Staff Meeting  
June 8, 2017: Catholic Mass  
June 12, 2017: Senior Olympic Meeting & Discussion: NM State Senior Olympics  
June 14, 2017: General Meeting: Special Presentation by the Isleta Natural Resources & Environmental departments  
June 14, 2017: Health Discussion with Dr. Cumby – Cardiac Awareness  
June 16, 2017: Father’s Day Fishing & Cookout – Isleta Lakes  
June 19, 2017: Isleta Picture sharing: community photos  
June 26, 2017: Shuffleboard Practice exchange  
June 28, 2017: Afternoon Bingo Day  
June 29, 2017: Isleta Elder Center Advisory Committee Meeting  
June 30, 2017: Isleta Elder Center: Senior flea market in the patio.



*Pictures from our Mother’s Day luncheon at El Pinto Restaurant.*



*Snake Awareness Presentation with Tata Virgil Lucero and Louie Montano of Animal Control.*

### Major Field Trip: Adults 60 & Older

- June 13, 2017: Sandia Pueblo Feast trip  
June 21, 2017: Zoo & Botanical Gardens Trip

We look forward to the upcoming month! As always we encourage all seniors to come into the center and utilize all of our available resources & participate in our events. We look forward to working with you! For more information about any of the Isleta Elder Center’s upcoming activities and event, please contact us at (505) 869-9770. Please see our Elder Center monthly calendar for listed times & dates. All dates and events are subject to change. Upcoming flyers for our events will be made available on the Pueblo of Isleta website at [isletapueblo.com](http://isletapueblo.com)

*( Continued Next Page )*



### Isleta Elder Center Exercise/Recreation & Senior Olympics

Mondays: Shuffleboard Practice  
Isleta Elder Center: Activities Room  
1:30pm – 3:30pm

Tuesday evenings: Shuffleboard Practice  
Isleta Recreation Center: Gym  
5:30pm – 7:00pm

Thursdays: Estimated Time Practice & Morning walk  
Isleta Recreation Center: Walking Track  
9:00am – 10:00am

Thursdays: Exercise Basics  
Isleta Elder Center: Activities Room  
2:00pm – 3:00pm

Mondays, Wednesdays, & Fridays: Enhance Fitness Classes with Bernadette Jojola

Location: Isleta Rec. Center Gym  
Monday Time: 10:30am – 11:30am  
Wed. & Friday Time: 9:00am – 10:00am

### Behavioral Health Services Prevention Program @ Isleta Health Center

Phone: 505.869.5475

**MSPI GRANT OBJECTIVE:**  
**INCREASE ACCESS TO PREVENTION ACTIVITIES**

The second quarter, January through March of 2017, of the newly funded Methamphetamine and Suicide Prevention Initiative Grant, awarded through the Indian Health Services, has been yet another successful one. One of the MSPI Grant Objectives was to “Increase access to prevention activities for youth...”and the second quarter included many community collaborations, in-school prevention, after school prevention, and service learning projects. Major accomplishments from this quarter were the Spring Break Prevention activities and upcoming Summer Programs.

#### Recap of Quarter 2: Spring Break and MSPI Updates

Spring Break for students typically entails staying home, taking a break from waking up early, relaxing and so forth; however, the intent of the Spring Break activities was to keep the youth engaged and provide the opportunity to share some experience. All thirteen of the enrolled youth shared brand new experiences with their peers. Two major activities were participating at the Santa Fe Mountain Center’s Ropes Course Facility and learning how to make adobes. Community member, Brian Jojola, taught the youth the adobe making process. The youth learned the benefits of using adobes rather than modern construction materials. The youth became interested in the idea of adobes to build an horno and made over 6 dozen adobe to start that process. Six of the youth had the opportunity to attend the Honoring Native Life Youth Summit where they learned more about Mental Health Awareness and participated in GONA activities. GONA, Gathering of Native Americans, focuses on increasing the strengths of Native youth and community, healing the past, and building the future. The participants in the after school program (ASP) are busy with preparations for the Community Garden with tasks that include the addition of landscaping, preparing soil beds, and gathering materials to begin worm composting.

#### Quarter 3: April – June 2017, Summer Programming

Summer programming consists of a life skills program geared around Prevention Activities, Prevention Awareness, and Education. The youth will again participate in the High/Low Ropes courses, team building activities, white water rafting, hiking, camping, rock climbing and attending Youth Summits.

IBHS Community Garden has a different appearance than in past years. The garden received some landscaping features that include mulched walking paths, mulched areas to decrease weed growth, and raised garden beds. Planting was took place in late May. Stay tuned for more garden updates.

IBHS Prevention Youth Summit Summer Series for ISLETA Youth ages 10 - 17 is set for June 19th and July 17th, and incentives and lunches are included. The Youth Summit is hosted in collaboration with POI Service Providers. For questions about registration, please call IBHS @ 505.869.5475.



## Mosquito Awareness

### Pueblo of Isleta Environment Division

The 3 D’s of protection from mosquitoes



#### Drain

Many mosquito problems in your neighborhood are likely to come from water-filled containers that you can help to eliminate. All mosquitoes require water in which to breed. Be sure to drain any standing water around your house.

All the following will help

- Dispose of any tires. Tires can breed thousands of mosquitoes
- Clear roof gutters of debris
- Clean pet water dishes regularly
- Check and empty children’s toys
- Repair leaky outdoor faucets
- Change the water in bird baths at least once a week
- Avoid water collecting on pool covers
- Empty water collected in tarps around the yard or on woodpiles
- Plug tree holes
- Even the smallest of containers that can collect water can breed hundreds to thousands of mosquitoes

#### Dress

Wear light colored, loose fitting clothes.. Studies have shown that some of the 174 mosquito species in the United States are more attracted to dark clothing and most can readily bite through tight-fitting clothing. When practical, wear long sleeves and pants.

#### Defend

Choose a mosquito repellent that has been registered by the Environmental Protection Agency. Four repellents that are approved and recommended are:

- DEET(N,N-diethyl-m-toluamide)
- Picaridin(KBR 3023)
- Oil of lemon eucalyptus(p-methane 3, 8- diol, or PMD)
- IR3535
- Common names are: OFF, Cutter, REPEL and Bull Frog

#### Here are some rules to follow when using repellents:

- Read the directions and use according to the label
- Apply repellent sparingly, only to exposed skin
- Keep repellents away from eyes, nostrils and lips.
- Do not inhale or ingest repellents
- The American Academy of Pediatrics suggests that repellents can be used on children as young as 2 months of age. Generally, the AAP recommends concentrations of 10% or less, unless disease risk is imminent, then concentration can be increased to 30% or less
- Avoid applying repellents to portions of children’s hands that are likely to have contact with their eyes or mouth
- Repellents can be used by pregnant or nursing women
- Never use repellents on wounds or irritated skin
- Wash repellent-treated skin after coming indoors

If you have any questions, please contact the Environment Division at 869-7565.



### St. Augustine Parish Isleta Pueblo Ministry of Consolation

#### MISSION STATEMENT

We are a ministry of consolation at St. Augustine Parish to offer spiritual comfort and support to families who have experienced the loss of a loved one. We will continue to honor and respect our traditional teachings.














*With Sympathy*  
“In times of sorrow God’s quiet waters of hope and courage flow”



Adult Day Services Calendar  
June 2017

\*\*Activities for adult day service participants only



Mon	Tue	Wed	Thu	Fri
<i>*Calendar Subject to Change</i>  <i>June Birthday- Ta-Ta Whee-Tuh June 22nd</i>	<i>For more information Emma Abeita 869-9770 Nicole Abeyta 869-9770</i>	<i>Commodities June 8th &amp; June 27th</i>	1.) 10-12 Sew Aprons 1-3 Continue	2.) <i>Field Trip</i> 10-2 Wal-Mart & Lunch <b>Walmart</b> 
5.) 10-11 Chair Exercises 11-12 Make souvenirs 1-3 Continue 	6.) 10-11 Nutrition Education w/ Tina 11-12 Open Activity 1-3 ADS Choice	7.) 10-11 Chair Exercises 11-12 Plastic Canvas Crafts 1-3 Continue 	8.) 10-11:30 Coffee & Conversation 11:30-12 Catholic Mass 1-3 Card/board games Commodity Distribution 8:30am- 4:30pm	9.) 10-12 Sew Pillows 1-3 Continue 
12.) 10-11 Chair Exercises 11-12 Sew Shawls 1-3 Continue 	13.) 9-2 Sandia Feast 	14.) 10-11 Morning Walk 11-12 Paint Pottery 1-3 Continue 	15.) 10-12 Outdoor Games 1-3 ADS Choice	17.) 10-11 Chair Exercise 11-12 Make Summer Wreaths <i>Fathers Day Cookout Isleta Lakes 10am-3pm</i>
19.) 10-2 Field Trip Commodity Warehouse 	20.) 10-11 Chair Exercise 11-12 Lollipop Trees 1-3 Continue	21.) 10-12 General Meeting 1-3 Canvas Painting 	22.) 10-11 ADS Choice 11-3 ADS Closed  <i>Staff Meeting/Training</i>	23.) 10-2 Field Trip ADS Picnic 
26.) 10-11 Morning Walk 11-12 ADS Choice 1-3 Open Activity 	27.) 10-12 Sew Purses 1-3 Continue Making Purses Commodity Distribution 8:30am-4:30pm	28.) 10-11 Chair Exercises 11-12 Make Baby Blankets 1-3 Continue 	29.) 10-12 Card/Board Games 1-3 Ice Cream Social	30.) 10-11 Chair Exercises 11-12 Patriotic Crafts 1-3 Continue 

Calendar Notes:

Homebound Deliveries:

Please Call Before 10:00a.m. to CANCEL meals.

Congregate Meals:

Offered Daily From: 12:00p.m. - 1:00p.m. Salad Bar included

\*\*\* Menu is subject to change.

\*\*\* All meals are prepared with LOW SALT & SUGAR.

For More Information:

Activities : Eugene Jojola

Adult Day Care: Emma Abeita  
Nicole Abeyta

Food Services: Robyn Kowice

June 2017



Monthly Menu  
Isleta Elderly Center  
(505) 869-9770

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CONGREGATE MEALS Salad Bar offered daily  ** Menus Subject to change based on availability	Please call ahead of time to cancel Home Delivered Meals. This saves time and money. Thank You. 		6/1/2017 Salisbury Steak w/brown gravy Beef Patty 4 oz Brown gravy 1 oz Mashed Potato 1/2 c Brussels Sprouts 1/2 c WW Dinner Roll = 56 g Fresh Fruit	6/2/2017 Macaroni Beef Stew Beef 3 oz, WW Macaroni 1/2 c Stewed Tomato 1/4 c Broccoli/Cauliflower 1 c WW Bread = 56 g Fresh Fruit
6/5/2017 Breakfast Sandwich Scrambled Egg 1 c, Turkey Sausage 1.5 oz, Cheese .5 oz English muffin = 56 g Hash Brown Potato 1/2 c Fruit crisp = 1/2 c fruit and 1 grain eq	6/6/2017 Posole Diced Pork or chicken 3 oz Hominy 1/2 c, Red Chile 1/2 c WW Roll = 56 g Fresh Fruit	6/7/2017 Beef/Potato Burrito w/corn G.Beef 2 oz, Potato 1/2 c Corn 1/4 c, Shred Cheese 1 oz Beets 1/2 c 9" WW Tortilla Fresh Fruit	6/8/2017 Chicken Chowder Diced Chicken 3 oz, Potato 1/4 c Mixed Veggies 1 c Corn Bread = 56 g Fresh Fruit	6/9/2017 Ham and Cheese Croissant Sandwich Ham 2 oz, cheese 1 oz Chilled Pork and Beans 1/2 c Cucumber/Tomato Salad 1 c Fresh Strawberries 1/ 2 c
6/12/2017 Breaded Fish 3 oz = 1 grain eq Rice Pilaf 1/2 c Mixed Veggies 1 c Fresh Fruit	6/13/2017 Pork Loin 3 oz Stuffing 1/2 c Brown Gravy 1 oz Country veggies 1 c WW Dinner roll = 56 g Fresh Fruit	6/14/2017 Frito Pie w/ Cheese 2 oz beef, 1/2 c bean (V) 1 oz cheese Lettuce/Tomato 1/4 c Tri Colored peppers w/Onions 1/2 c Oatmeal Cookie Fresh fruit	6/15/2017 Chef Salad Turkey 2 oz, Cheese 1 oz Spring Mix 1 c Tomato/Cucumber 1 c Garlic Breadsticks = 26 g Fruit cup 1/2 c Croutons 1 oz Ranch dressing .9 oz	6/16/2017  <b>Cooks Choice</b>  <b>Father's Day Event Isleta Lakes</b>
6/19/2017 Vegetable beef stew G.beef 3 oz, mixed veggie 1/4 c Potato 1/4 c Tossed Salad w/dressing 1 c WW Roll = 56 g Fruit crisp = 1/2 c fruit and 1 grain eq Low Fat Italian dressing .9 oz	6/20/2017 Hot Roast Beef Sandwich Beef 3 oz, WW Bread 24g Gravy 1 oz Mashed Potato 1/2 c Mixed Veggies 1/2 c Banana Bread square = 1 grain eq Fresh Fruit	6/21/2017 Chicken and Black Bean Burrito Chicken 3 oz Black bean/corn 1/2 c Rice in burrito 1/2 c Steamed Carrots 1/2 c Baked Apples 1/2 c	6/22/2017 Tuna Salad Sandwich 3 oz Tuna Salad 1 Bun = 56g Potato Salad 1/2 c Carrot sticks 1 c Fresh fruit  Staff Meeting 12:30 pm	6/23/2017  <b>Delivery of 5 Day Meal box only</b>  <b>No Congregate Meals</b>
6/26/2017	6/27/2017	6/28/2017	6/29/2017	6/30/2017

Kitchen Closed starting June 23 through July 5, 2017  
No Home Delivered or Congregate Meals



Calendar Notes:

Commodity Dates

June 8 & 27, 2017

Location: Isleta Elder Center

Time: 8:30am - 4:00pm

Catholic Mass

Thursday, May 11,, 2017

Location: Elder Center

Time: 11:00am

Sandia Pueblo Feast

Day Trip: Ages 60 & older

Tuesday, June 13, 2017

Location: Sandia Pueblo.

Time: 9:00am - 3:30pm

General Meeting:

Isleta Natural Resources

Wednesday, June 14, 2017

Location: Elder Center

Time: 10:00am - 11:00am

Health Discussion:

With Dr. Cumby

Wednesday, June 14, 2017

Location: Elder Center

Time: 11:00am - 12:00pm

Father's Day Event

Cookout & Fishing

Friday, June 16, 2017

Location: Isleta Lakes

Zoo & Botanical Gardens

Trip: Ages 60 & older

Wednesday, June 22, 2017

Location: ABQ Zoo & Botanical gardens

Time: 9:00am - 3:30pm

Admission ages 65+: \$8.00

Reg. Admission: \$15.00

Admission is for entry to all parks

June

2017

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Isleta Elder Center Hours:  
Monday - Friday  
8:00am-4:30pm

\*\* Activities are Subject to change

6/5/2017	6/6/2017	6/7/2017	6/1/2017	6/2/2017
Enhance Fitness - 10:30am-11:30am Isleta Rec Center: Arobics Room	Open Activities Room 8:00am-4:30pm	Enhance Fitness-9:00am-10am Isleta Rec Center: Arobics Room	Estimated Time Practice & Morning Walk - Isleta Rec Center: Walking Track- 9:00am-10:00am	Enhance Fitness-9:00am-10am Isleta Rec Center: Arobics Room
Shuffleboard Practice 1:30pm-3:30pm Isleta Elder Center: Activities Room	Shuffleboard Practice 5:30pm-7:30pm Isleta Rec Center: Gym	Open Activities Room 8:00am-4:30pm	Excerise Basics 2:00pm-3:00pm Isleta Elder Center: Activities Room	Open Activities Room 8:00am-4:30pm
6/12/2017	6/13/2017	6/14/2017	6/8/2017	6/9/2017
Enhance Fitness - 10:30am-11:30am Isleta Rec Center: Arobics Room	FIELD TRIP Sandia Pueblo Feast Ages 60+ 9:00am-3:30pm	Enhance Fitness-9:00am-10am Isleta Rec Center: Arobics Room	Estimated Time Practice & Morning Walk - Isleta Rec Center: Walking Track- 9:00am-10:00am	Enhance Fitness-9:00am-10am Isleta Rec Center: Arobics Room
NM State Senior Olympic Meeting & Discussion- 10:00am-12:00pm & 5:30pm-7:00pm	Shuffleboard Practice 5:30pm-7:30pm Isleta Rec Center: Gym	General Meeting Natural Resources: Presentation 10:00am-11:00am Dr. Cumby: Cardiac Awareness 11:00am-12:00pm	Catholic Mass - 11:00am Excerise Basics 2:00pm-3:00pm Isleta Elder Center: Activities Room Commodity Distribution: 8:30am - 4:30pm	Open Activities Room 8:00am-4:30pm
Shuffleboard Practice 1:30pm-3:30pm Isleta Elder Center: Activities Room				
6/19/2017	6/20/2017	6/21/2017	6/15/2017	6/16/2017
Enhance Fitness - 10:30am-11:30am Isleta Rec Center: Arobics Room	Open Activities Room 8:00am-4:30pm	Enhance Fitness-9:00am-10am Isleta Rec Center: Arobics Room	Estimated Time Practice & Morning Walk - Isleta Rec Center: Walking Track- 9:00am-10:00am	Enhance Fitness-9:00am-10am Isleta Rec Center: Arobics Room
Isleta Picture Sharing: Community Photos: 1:30pm-3:30pm	Shuffleboard Practice 5:30pm-7:30pm Isleta Rec Center: Gym	Field Trip Zoo & Botanical Garden Ages 60+ 9:00am-3:30pm	Excerise Basics 2:00pm-3:00pm Isleta Elder Center: Activities Room	Fathers Day Event Isleta Lakes 10:00am-3:00pm
Shuffleboard Practice 1:30pm-3:30pm Isleta Elder Center: Activities Room			Staff Meeting All Afternoon	
6/26/2017	6/27/2017	6/28/2017	6/22/2017	6/23/2017
Enhance Fitness - 10:30am-11:30am Isleta Rec Center: Arobics Room	Open Activities Room 8:00am-4:30pm	Enhance Fitness-9:00am-10am Isleta Rec Center: Arobics Room	Estimated Time Practice & Morning Walk - Isleta Rec Center: Walking Track- 9:00am-10:00am	Enhance Fitness-9:00am-10am Isleta Rec Center: Arobics Room
Shuffleboard Practice 1:30pm-3:30pm Isleta Elder Center: Activities Room	Shuffleboard Practice 5:30pm-7:30pm Isleta Rec Center: Gym	Afternoon Bingol 1:30pm-3:30pm Isleta Elder Activities Room	Isleta Elder Center Advisory Committee Meeting 9:00am Excerise Basics 2:00pm-3:00pm Isleta Elder Center: Activities Room	Isleta Elder Center Flea Market on the Patio - 9:00am-3:00pm
	Commodity Distribution: 8:30am - 4:30pm			Shuffleboard Practice Exchange Time - 10:00am - 2:00pm

WIC

505.869.2662

Tips for Supporting Breastfeeding

1.

Talk about breastfeeding with your family. Mothers, grandmothers, aunties, sisters and cousins all have valuable experiences to share that can help you in your mothering journey.
2.

Ask for help from your family and your community. Each culture has its own customs around pregnancy, childbirth, the post partum period and breastfeeding designed to support new families.
3.

Combine new and old ideas and ways of doing things. Traditions should be celebrated, not forgotten. Talk to your elders about ways to incorporate traditional ways into your life in away that makes you feel comfortable.
4.

Celebrate parents and all types of families. Families make communities, and strong families are powerful.
5.

Take ideas about how to support breastfeeding to your elders in the community and get involved. It takes every generation to make changes that will benefit all families.

*“One of the best things about traditions is being able to leave it to our children, especially our daughters. Keep the tradition alive and support our daughters to breastfeed”.*  
-Caroline Jim

Breastfeeding and Native American Culture

Women of the Pueblo have been mothering through breastfeeding throughout history. Providing nourishment, comfort and safety at the breast was an extension of the ways and customs that were passed down from mother to daughter.

Native Americans are working hard to reclaim the traditions and knowledge that used to be handed down so easily in the past.

There is value in learning the ways of our ancestors. Sharing stories and mothering wisdom bonds families and strengthens our communities.

For more info: [www.nativemothering.com](http://www.nativemothering.com)

Rest in Heaven

Stella A. Jojola ( Chee-ee)  
12/16/1929~04/23/2017

Some People Search, Crave and Desire All Preciousness of Life, but I Realize That Chee-ee Was All That and Much Much More ~ Just So Very Precious!

The Stories That She Shared About The Long Days Of Weaving Beside Her Sister and Many Other Amazingly Strong Women And Friends, The Stories of The Many Years of Being Happily Married to Grandpa, Traveling and Raising Their Daughter. Thank You Chee-ee For Raising Our Entire Family and For Always Being So Warm, Loving and Caring To Those Who Came Your Way.

Thank You To You All For Being a Loved one, a Friend and A Special Part Of Her Life or Even a Memory. Special Thank You To St. Augustine Church, Father George, St. Augustine Choir, Nana Francis Abeita For Reading Her Rosery, Her Brothers and Sisters, Many Nieces and Nephews, Grandchildren, Great Grandchildren, Her Daughter, Her Extended Family Members, Pueblo of Isleta Police Dept.~ Sergeant Milone and Officer Thornton, Isleta C.H.R.,Isleta EMT'S.. Kami, Jerry and Lee. The Elderly Center, Annie Coots From Isleta Health Center, All The Men That Helped At The Cemetery and Everyone I Didn't Mention ~

May God Bless Each And Everyone of Us With A Lifetime Of Happiness and Peace.

We Love You Chee-ee  
Love, Stella Jojola's Family  
P.S Tell Your Loved Ones They are Loved and Prove it





Isleta Community Health Education & Promotion Partnership (ICHEPP)

Fall Prevention Survey

Please fill out only ONE survey. If you have already filled out one, please do not fill out another.

Please fill out this survey to assist the Isleta Community Health Education & Promotion Partnership (ICHEPP) with program planning. ICHEPP provides health education and health promotion services to the Isleta community and to do this we need your assistance in determining if there is a need in the community for **Fall Prevention**.

✓ Check one box for each question:

1. Are you an Isleta Tribal Member/Patient at Isleta Health Center? ☐ YES ☐ NO

2. What is your age?

<input type="checkbox"/> 50-59	<input type="checkbox"/> 80-89
<input type="checkbox"/> 60-69	<input type="checkbox"/> 90-99
<input type="checkbox"/> 70-79	<input type="checkbox"/> Over 100

3. In the past 12 months, have you fallen? ☐ YES ☐ NO

**If you answered yes to question #3, please answer question #4, #5 and #6**

4. How many times have you fallen? \_\_\_\_\_

5. Why do you think you fell? \_\_\_\_\_

6. Did any of these falls result in an injury? ☐ YES ☐ NO

**Cut out survey and return to the Isleta Health Center. Thank you!**



**Isleta Health Center**  
**Pharmacy Prescription Refills**

The staff at the Isleta Health Center Pharmacy knows how important it is that you receive your doctor prescribed medications in a timely manner and we work diligently to get them to you when you need them. However, did you know that it could take up to 24 hours to refill your prescriptions? With this in mind, we would like to encourage you to use our automated **Prescription Refill Line** to help better serve you.

**Refill Information:**

1. Refills take 24 hours to refill if you have adequate refills on your prescription and if your prescription is not expired.
2. If you have no refills and/or your prescription is expired, please feel free to use the refill line. We will contact your doctor's office for you.
3. If we are contacting your doctor at an outside facility other than the Isleta Health Center, it may take anywhere from 24 to 72 hours to have your refills approved. This is normal practice at outside doctor's offices.

**Refill Line Advantages:**

1. You do not need to come into the clinic to request refills.
2. You do not have to wait to speak to a live person.
3. 24-hour access allows you to call at any time that is convenient for you.

**Refill Line Directions:**

1. You will need your prescription number available for each medication\* to be refilled. The prescription number can be found on your medication label as follows:

Prescription number

Refill telephone number is on your medication label.

\*If your prescription number ends in a letter, only enter the number.

2. **No prescription number?** No problem. Simply leave us a message. Please include your name, date of birth, the medications you need refilled, and a telephone number in case we need to reach you for further questions.

**Prescription Refill Line: 505-869-4590**

**Health Beat**

Stephanie Barela, Health Educator  
869-4479 • sbarela@islclinic.net  
Reference: www.cdc.gov

**June is Men's Health Month**

Celebrate National Men's Health Month and Week (June 12-18, 2017) by taking these important steps to stay healthy:

**Get Good Sleep**

Adults need 7-9 hours of sleep. Not getting enough sleep is associated with motor vehicle and machinery-related accidents and several chronic diseases and conditions such as:

- Diabetes
- Cardiovascular Disease
- Obesity
- Depression

**Quit Smoking Commercial Tobacco**

Quitting smoking has immediate and long-term benefits. It will improve your overall health and lower your risk for heart disease, cancer, lung disease and other smoking-related illnesses.

- **Interested in learning how to quit using commercial tobacco? Call Stephanie @ 869-4479.**

**Move More**

According to CDC, "adults need at least 2 ½ hours of moderate intensity aerobic activity every week and muscle strengthening activities that work all major muscle groups (legs, hips, back, abdomen, chest, shoulders and arms) on two or more days a week."

**Eat Healthy**

Eat a variety of fruits and vegetables every day. There are many vitamins and minerals in these foods, which help protect you from chronic diseases. Also, limit foods and drinks high in calories, sugar, salt, fat and alcohol.

**Decrease Your Stress**

If you feel overwhelmed and out of control, this is NOT healthy and you need to lower your stress level. Take care of yourself. Avoid drugs and alcohol, and find support and stay active.

**Stay Healthy**

See your doctor or nurse for checkups. Certain diseases and conditions may not have symptoms, so checkups help identify issues early or before they can become a problem. Keep track of your numbers for blood pressure, blood glucose, cholesterol, body mass index (BMI) or any others you may have. If your numbers are high or low, your doctor or nurse can explain what they mean and suggest how you can get them to a healthier range.

**Get Vaccinated**

No matter your age, we all need immunizations to stay healthy. Even if you had vaccines as a child, the immunity can fade with time, so there are recommendations that are based on a variety of factors, including age, overall health and your medical history. Talk with your doctor about what you need.


**Isleta Pueblo News**



**Editor:**  
Nathaniel Lujan  
**Asst. Editor:**  
Tara Abeita  
**Published By:**  
Valencia Express



JUNE 2017		ISLETA HEALTH CENTER			Questions? Call 869-3200
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT /
<div>Men's Health Week is June 12-18!</div> <div>How long has it been since you've been to the doctor?</div> <div>Call your doctor this week to make a check up appointment and make sure you're staying healthy for you and your family!</div>			<div>1</div> <div>CLINIC OPENS AT 9:50am</div> <div>Grief Group: 1-2p @ BHS.</div> <div>Express Endurance: 5:30-7:30p @ DPP Wellness Center.</div> <div>Alcoholics Anonymous: 6-7p @ Health Training Center.</div> <div>Express Endurance: 5:30-7:30p @ DPP Wellness Center.</div>	<div>2</div> <div>Early Recovery Skills: 9-10a @ BHS.</div> <div>Another Recovery Technique (ART): 10-11a @ BHS.</div> <div>Alcoholics Anonymous: 11-12p @ BHS.</div> <div>Another Recovery Technique (ART): 1-3:30p @ BHS.</div>	<div>3 / 4</div>
<div>5</div> <div>Early Recovery Skills: 9-10a @ BHS.</div> <div>Another Recovery Technique (ART): 10-11a @ BHS.</div> <div>Alcoholics Anonymous: 11a-12p @ BHS.</div> <div>Women's Path to Recovery: 1-2:30p @ BHS.</div> <div>Young Leaders Youth Krew: 4:30p @ BHS.</div>	<div>6</div> <div>Pueblo Women Rising: 10-11a @ BHS.</div> <div>Acu-Detox: 1-2p @ BHS.</div> <div>Pueblo Men Rising: 2-3:30p @ BHS.</div> <div>Express Endurance: 5:30-7:30p @ DPP Wellness Center.</div>	<div>7</div> <div>Young Leaders Youth Krew: 4:30p @ BHS.</div> <div>DPP Walking Group: 5:30-6:30p @ DPP Wellness Center.</div>	<div>8</div> <div>CLINIC OPENS AT 9:50am</div> <div>Grief Group: 1-2p @ BHS.</div> <div>Express Endurance: 5:30-7:30p @ DPP Wellness Center.</div> <div>Alcoholics Anonymous: 6-7p @ Health Training Center.</div> <div>Express Endurance: 5:30-7:30p @ DPP Wellness Center.</div>	<div>9</div> <div>Early Recovery Skills: 9-10a @ BHS.</div> <div>Another Recovery Technique (ART): 10-11a @ BHS.</div> <div>Alcoholics Anonymous: 11-12p @ BHS.</div> <div>Another Recovery Technique (ART): 1-3:30p @ BHS.</div>	<div>10 / 11</div>
<div>12</div> <div>Early Recovery Skills: 9-10a @ BHS.</div> <div>Another Recovery Technique (ART): 10-11a @ BHS.</div> <div>Alcoholics Anonymous: 11a-12p @ BHS.</div> <div>Women's Path to Recovery: 1-2:30p @ BHS.</div> <div>Young Leaders Youth Krew: 4:30p @ BHS.</div>	<div>13</div> <div>Pueblo Women Rising: 10-11a @ BHS.</div> <div>Acu-Detox: 1-2p @ BHS.</div> <div>Pueblo Men Rising: 2-3:30p @ BHS.</div> <div>Express Endurance: 5:30-7:30p @ DPP Wellness Center.</div> <div>POI Community Cancer Support 'Prostate Cancer' Presentation: 10:30a—12p. @ Health Center conference room.</div>	<div>14</div> <div>Young Leaders Youth Krew: 4:30p @ BHS.</div> <div>DPP Walking Group: 5:30-6:30p @ DPP Wellness Center.</div>	<div>15</div> <div>CLINIC OPENS AT 9:50am</div> <div>Grief Group: 1-2p @ BHS.</div> <div>Express Endurance: 5:30-7:30p @ DPP Wellness Center.</div> <div>Alcoholics Anonymous: 6-7p @ Health Training Center.</div> <div>Express Endurance: 5:30-7:30p @ DPP Wellness Center.</div>	<div>16</div> <div>Early Recovery Skills: 9-10a @ BHS.</div> <div>Another Recovery Technique (ART): 10-11a @ BHS.</div> <div>Alcoholics Anonymous: 11-12p @ BHS.</div> <div>Another Recovery Technique (ART): 1-3:30p @ BHS.</div>	<div>17 / 18</div>
<div>19</div> <div>Early Recovery Skills: 9-10a @ BHS.</div> <div>Another Recovery Technique (ART): 10-11a @ BHS.</div> <div>Alcoholics Anonymous: 11a-12p @ BHS.</div> <div>Women's Path to Recovery: 1-2:30p @ BHS.</div> <div>Isleta Youth Summit (Behavioral Health): 9a—3p @ Health Training Center.</div>	<div>20</div> <div>Pueblo Women Rising: 10-11a @ BHS.</div> <div>Acu-Detox: 1-2p @ BHS.</div> <div>Pueblo Men Rising: 2-3:30p @ BHS.</div> <div>Express Endurance: 5:30-7:30p @ DPP Wellness Center.</div>	<div>21</div> <div>Young Leaders Youth Krew: 4:30p @ BHS.</div> <div>Diabetes Prevention "Mind. Body. Spirit" Fun Walk/Run: Registration starts at 4:30p @ DPP Wellness Center.</div>	<div>22</div> <div>CLINIC OPENS AT 9:50am</div> <div>Grief Group: 1-2p @ BHS.</div> <div>Express Endurance: 5:30-7:30p @ DPP Wellness Center.</div> <div>Alcoholics Anonymous: 6-7p @ Health Training Center.</div> <div>Express Endurance: 5:30-7:30p @ DPP Wellness Center.</div>	<div>23</div> <div>Early Recovery Skills: 9-10a @ BHS.</div> <div>Another Recovery Technique (ART): 10-11a @ BHS.</div> <div>Alcoholics Anonymous: 11-12p @ BHS.</div> <div>Another Recovery Technique (ART): 1-3:30p @ BHS.</div>	<div>24 / 25</div>
<div>26</div> <div>Early Recovery Skills: 9-10a @ BHS.</div> <div>Another Recovery Technique (ART): 10-11a @ BHS.</div> <div>Alcoholics Anonymous: 11a-12p @ BHS.</div> <div>Women's Path to Recovery: 1-2:30p @ BHS.</div> <div>Young Leaders Youth Krew: 4:30p @ BHS.</div>	<div>27</div> <div>Pueblo Women Rising: 10-11a @ BHS.</div> <div>Acu-Detox: 1-2p @ BHS.</div> <div>Pueblo Men Rising: 2-3:30p @ BHS.</div> <div>Express Endurance: 5:30-7:30p @ DPP Wellness Center.</div>	<div>28</div> <div>Young Leaders Youth Krew: 4:30p @ BHS.</div> <div>Community Healthy Cooking Class (DPP): 5:00p @ Diabetes Kitchen.</div>	<div>29</div> <div>CLINIC OPENS AT 9:50am</div> <div>Grief Group: 1-2p @ BHS.</div> <div>Express Endurance: 5:30-7:30p @ DPP Wellness Center.</div> <div>Alcoholics Anonymous: 6-7p @ Health Training Center.</div> <div>Express Endurance: 5:30-7:30p @ DPP Wellness Center.</div>	<div>30</div> <div>Early Recovery Skills: 9-10a @ BHS.</div> <div>Another Recovery Technique (ART): 10-11a @ BHS.</div> <div>Alcoholics Anonymous: 11-12p @ BHS.</div> <div>Another Recovery Technique (ART): 1-3:30p @ BHS.</div>	



AGES 10 & UP

LOOSE FIT CLOTHING REQUIRED.

1 IN 4 AMERICAN WOMEN WILL BE ASSULTED WITHIN HER LIFETIME.

FEE: FREE

SAT. JUNE 10<sup>TH</sup>

WOMENS SELF DEFENSE CLASS

Domestic violence- is a pattern of abusive or coercive behaviors that may include, but are not limited to:

\* Physical assaults

\* Verbal abuse


\* Emotional abuse


\* Sexual abuse


\* Harassment

\* Threat or harm

Claim Your Power







Isleta Rec. Center


Aerobics Room

Saturday June 10,


2017

@

9:00a-12:30p



Thinking About Quitting



NOT READY TO COMMIT TO A FULL Quit Smoking PROGRAM?


Take this 1 time, 1 on 1, 90 minute session to increase your motivation to quit!

Call Stephanie, Health Educator @ 869-4479 to Sign Up

Isleta Health Center

Isleta Health Center

Medical Clinic News



Prepare for the New School Year

The staff at the Health Center's Medical clinic encourages all parents to start scheduling their children's annual wellness visits. Give us a call if you answer YES to any one of the following:

Is your child due for their annual wellness visit?

Will your child participate in Athletics in the coming school year?

Do you need to update your child's immunizations?

Call today to make a summer appointment for your child's annual wellness visit or to update their immunizations. Please note that even if adolescents/teens do not need a sports physical, we still recommend an annual health check-up.

Please bring all required forms to the appointment. A parent or legal guardian must accompany all patients under 18 years of age.

CALL: 869-4089

THE MEDICAL CLINIC DOES NOT ACCEPT WALK-IN PATIENTS FOR WELLNESS VISITS.