



# Isleta Pueblo News

Volume 5 Issue 6

June 2010

## Governor's Report

Administration congratulates our 2010 graduating high school seniors for accomplishing their goals. We thank your parents for supporting your efforts in reaching your goals. As you continue your life's journey, your choice will be to join the workforce or continue your education. Whatever your choice may be, we in administration wish you the best. We also congratulate the graduates from various universities in your accomplishments. Lieutenants and I attended many graduations as time permitted and we were not able to attend all of them, due to the many important meetings we had to attend. Education is important as you will experience as you grow older. Some of you will become our next generation of leaders. There are many issues impacting Indian Country and a good education will help you to understand and intelligently confront these issues, along with the personal issues which you will be faced with in the years to come. God bless each and every one of you, and remember that there is good and bad in this world of ours. Be careful and be cautious and always do good for yourself and others.

As you may know by now, Tribal Council

passed a Resolution on May 13, 2010 to continue the Secretarial Election for membership of the quarter blood tribal members (descendants). I will schedule a community meeting to present the process of the Secretarial Election, and to inform the people who has the authority to call an election. There are many questions that need to be addressed in detail so that the people will decide the issues at hand. As your governor I have a responsibility to all the members of Isleta to exercise my duties under the constitution for which I was elected, and have a duty to the people to stay neutral on the issues, and to carry out the duties under the constitution to enforce council actions as prescribed by the laws and constitution of Isleta Pueblo. As a former police officer, I am held to a higher standard to uphold the standards of my position. There are approximately 3,500 tribal members; therefore it is imperative that you attend the meeting which I will schedule in the middle part of June after various activities have taken place in the pueblo.

During the month of May, President Obama scheduled Government-to-Government consultation meeting with tribal leaders

and his staffers. I attended all the meetings on education, law enforcement and health care. The meeting on education was the very productive and was well organized and met the requirements of how a real government - to - government consultation meeting should be. Most Governors were present for the educational meeting and many questions were directed to Ms. Martha Cantor and President Obama's staff. They all expressed a very positive interest in the tribe's issues and concerns. Position papers are being prepared for President Obama's review.

Lieutenants reported to me on the Grand Opening of the Hard Rock Hotel and Casino which was held for tribal members. It is good that so many of our people attended and enjoyed the day. Unfortunately, I couldn't attend as I do have a sister, Andrea, who is 81 years of age who is cared for in an assisted living facility in Las Vegas, New Mexico. She is in need of medical attention. As her guardian I have a responsibility to care for her needs. Therefore I missed the events at the Hard Rock Hotel and Casino. I was not sick and I was not at the Sandia Casino as was reported. No apologies needed.

## Restoration Update on the St. Augustine Church

Ed Crocker/Crocker Ltd

Under the guidance of the Pueblo of Isleta Governor's Office with valued advice coming from the Church Restoration Committee and the Cultural Committee, the restoration of the historic church is well underway.

The project is now in its third month is expected to take up to 15 months to complete. Residents of the Pueblo were no doubt surprised to see all the cement plaster and the bell towers removed within the first few weeks. These were necessary actions for two reasons: (1) without removing the cement plaster we could not assess the condition of the walls, and (2) the bell towers, along with other elements, were built of concrete block and were trapping water in the adobe walls.

Now that most of the concrete is gone, we have discovered that the walls are actually in much better shape that we expected and are essentially dry. We have been repairing the bases of the walls on the east and west sides with adobe, and have been doing investigations and design work to remedy some structural issues at the north end. So far, we have used over 6000 adobes in the repair and expect to use a total of about 30,000.

Among the most interesting things that we have noted is that the soils around the church have built up as much as 6 feet over the centuries. This is due to old mud plasters eroding off the walls, as well as the collapse of the old convento on the east side many years ago. Wind has also helped and we find thick deposits of fine blow-sand on the west side.

As you drive past the St. Augustine church today, you are able to get a glimpse back in history to walls that were built at least 300 years ago.





## Grandfather Plaque

The American Indian Veterans' Plaque, known as the "Grandfather Plaque", in Arlington National Cemetery

So reads the caption, "Dedicated to our Indian Warriors and Their Brothers who Have Served Us So Well. The Vietnam Era Veterans. We are Honored to Remember You. The Indigenous People of America".

This monument was installed at Arlington National Cemetery on Veteran's Day in 1986 after years of being shuffled around in the bureaucracy of the BIA . This was done through the efforts of the late Richard "Dickie" Baker. Baker, who is from Isleta was a former Marine who served in Vietnam.

The Grandfather Plaque has received little recognition, either at its original dedication in 1981 at the BIA Building or at its subsequent rebirth and installation in 1986 at Arlington Cemetery.

Pictured are the Indigenous Riders, veterans who ride their Harleys to Washington, DC on Memorial Day to visit the Vietnam Wall. The Indigenous Riders have made Isleta Casino and Hotel one of their official stops. This year, the veterans stayed at the hotel on May 21, 2010. We thank them for honoring our veterans and for sending us this picture. The tree behind the monument is a cottonwood tree planted by Dickie....and we owe it all to Richard "Dickie" Baker, USMC. Semper Fi! !!!



### 2010 Primary Election News

Republican N.M. Governor	Democratic N.M. Lt. Governor	Republican N.M. Lt. Governor	Republican U.S. House Dist. 2	Republican U.S. House Dist. 3
*Martinez - 51%	*Colon - 29%	*Sanchez - 40%	*Pearce - 85%	*Mullins - 71%
Weh - 28%	Rael - 24%	Cravens - 31%	Pirtle - 15%	Kokesh - 29%
Turner - 12%	Campos - 20%	Moore - 29%		
Domenici Jr. - 7%	Lopez - 15%			
Arnold-Jones - 3%	Ortiz y Pino - 12%			
State Representative Dist. 7	State Representative Dist. 8	State Representative Dist. 10	State Representative Dist. 49	
Democrats	Democrats	Democrat	Republican	
Andrew J. Barreras 1,262	Elias Barela 1,230	Henry "Kiki" Saavedra	Don Tripp (I) 467	
Benny L. Hodges. 951	Julian R. Luna 1,393	(I)...333		
Republican	Republican			
Timothy Lardner...1,603	Alonzo Baldonado 1,384			

### Pueblo of Isleta Tribal Multi-Hazard Mitigation Plan

The Pueblo of Isleta Office of Emergency Management is developing a Tribal Multi- Hazard Mitigation Plan (HMP). A HMP assesses the risks and hazards of natural occurring events such as flooding, severe wind, and wildfire. The HMP proposes mitigation options such as flood control measures or vegetation-fuels management projects to reduce the impacts of flooding and wildfire to human welfare. Walsh Environmental Scientists and Engineers LLC were contracted by the Pueblo of Isleta to develop the HMP.

Employees of Walsh Environmental have identified potential naturally occurring risks and hazards to Isleta. Walsh Environmental will develop maps and reports that quantify the hazards and risks. This information will be used to identify mitigation actions to reduce the risks and hazards. The HMP will be most effective when it is adopted by the Pueblo, New Mexico Department of Homeland Security and Emergency Management, communities, stakeholders, and interested parties.

Integrating the community into the process will be achieved at two public meetings. Public input into the HMP process is necessary to help prioritize natural occurring hazards and identify mitigation projects to reduce risks. The Pueblo of Isleta Office of Emergency Management and Walsh Environmental will be hosting the first of two open house meetings to discuss the HMP planning process.

The first meeting will be held on Tuesday, June 8, 2010 at the Recreation Center. The meeting starting time will be 6:00 pm and end about 7:30 pm. The purpose of this meeting will be to discuss the HMP planning process, determine risks and hazards, and identify ways to protect human welfare interest.

Based on the information obtained at the public meeting and other information gathering process, Walsh Environmental will develop a draft tribal HMP. The draft tribal HMP will be reviewed at the second public meeting which will occur on October 26 at the Recreation Center and start at 6:00 pm.

The public meetings are open to all those that wish to attend. Representatives of the project will be available to talk about the HMP planning process and appropriate practices to reduce the risk of property loss from naturally occurring events. For more information, please contact Vernon Abeita, Pueblo of Isleta Emergency Manager at (505) 869-4486 or Jerry Barker, Walsh Environmental, at 303-443-3282.

### Attentions...Veterans

The next Veterans Meeting will be on Wednesday, 16 June 2010 at 6:30 PM at American Legion Post 209. The old Headstart Building.



## New Mexico Department of Veterans Services State Benefits & Services

**Veterans Property Tax Exemption:** Any veteran who served a minimum of 90 days consecutive active duty has an honorable discharge and a legal resident of New Mexico qualifies for a \$4,000.00 reduction in the taxable value of their primary residence. This can also be used for a 1/3 discount when registering a vehicle in New Mexico if the veterans does not pay for property tax.

**Disabled Veteran Property Tax Exemption:** Any veteran who has been rated 100 % service connected disabled by the VA and a legal resident of New Mexico qualifies for a complete property tax waiver on their primary residence.

**Disabled Veteran License Plate:** Any veteran who has been rated 100% total and permanent disabled by the VA and a legal resident of New Mexico qualifies for two (2) fee waived military veteran license plate and fee waiver of vehicle registration. At time of application veteran must provide 100% award letter, DD214, proof of registration and insurance. Must be a New Mexico resident.

**Veterans License Plates:** Any veteran who was honorably discharged from the Armed Forces is eligible for a New Mexico veterans' license plate. A one time plate fee of \$17.00 is required. At time of application veteran must provide proof of registration, proof of insurance and a check or money order for the required amount.

**Disabled Veterans Hunting & Fishing License:** Any veteran rated 100% service connected disabled by the VA qualifies for a free lifetime small game hunting and fishing license in the State of New Mexico. At time of application veteran must provide 100% award letter and DD214. Must be a New Mexico resident.

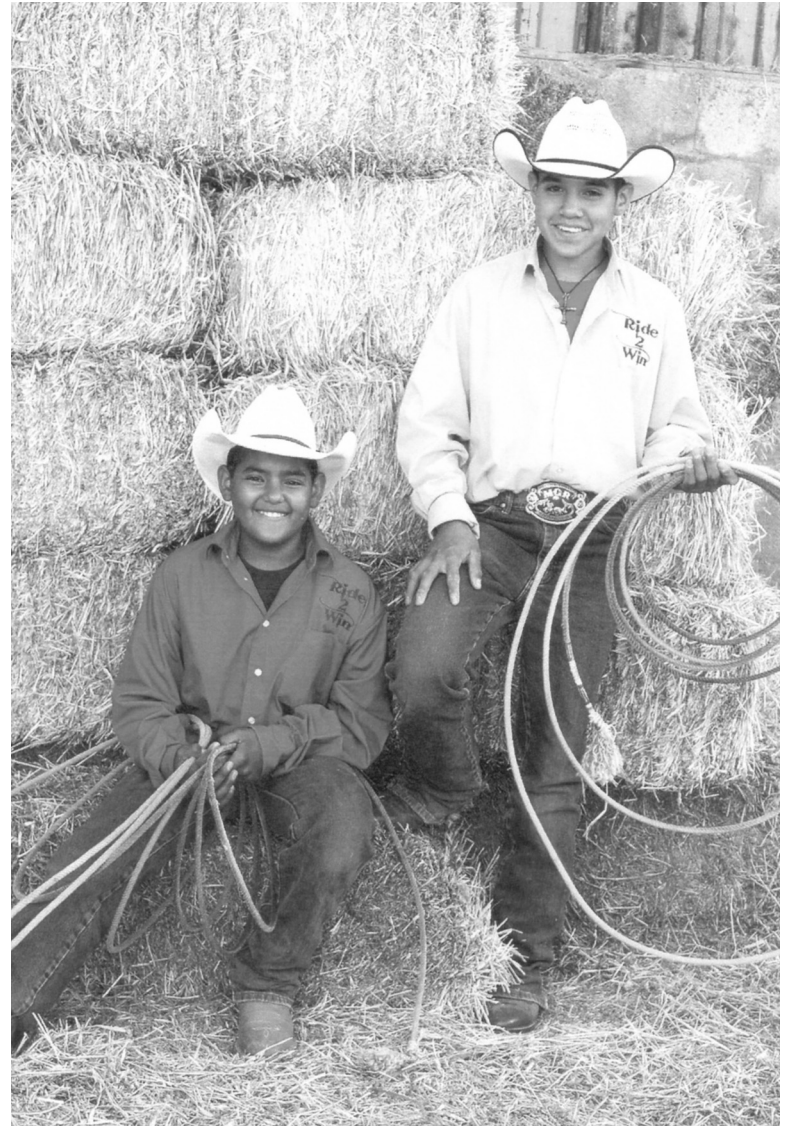
**Annual "Day Use" Pass at New Mexico State Parks, Admission to State Museum & Monuments:** Any veteran awarded a 50% or higher service connected disability may obtain one non-transferable annual day use permit at no charge for personal use only. Must be a New Mexico resident. At time of application veteran must provide 50% or higher award letter from the VA.

Veteran Service Officer may also assist a veteran with filing a claim to the VA for service connected disabilities; non service connected pensions; death pension, burial benefits, apply for a copy of DD214/ Discharge Papers.

Required Documents to bring with you are: VA Award Letters, DD214/Discharge Papers, New Mexico Drivers License.

Any questions, please call Theresa Zuni, Veteran Service Officer at 841-5346.

## National Wrangler Junior Rodeo Finals



Congratulations to Eddie P. Torres III and Clayton Torres. They both qualified for the "National Wrangler Junior Rodeo Finals" which will be held in Gallup, NM at the Red Rock State Park on June 27 —July 3, 2010. They have worked hard and are both dedicated to their sport. They qualified for team roping and the shooting competition. They will represent the Pueblo of Isleta with great enthusiasm and pride.

Thanks to the community for all your support during our fund-raising activities.



# THE SPA

Receive 50% OFF regular price spa and salon services

**Monday - Thursday in June**

**to All Isleta Tribal Members with tribal I.D.**

Please call 848-1976 or 848-1975  
to schedule your appointment or for more details

Offer applies to Isleta Casino & Resort ONLY. Employees must present their Isleta Casino & Resort badge prior to service. Services by availability only. Other discounts or promotions may not be applied.



Acequi Madre Mayordomos Update

On May 13th Joseph Lente and myself (Michael Paquin) were fortunate to take a tour of the intricate workings of the Middle Rio Grande Conservancy’s irrigations system North of the Pueblo. The tour was set up by Mr. Cody Walker from the Natural Resources Department and conducted by Mr. Randy Shaw, the Designated Engineer from the BIA and Mr. David Gensler from the MRGCD. It was fascinating and quite impressive to learn just what it takes in man hours and technology to deliver 60 cubic feet per second of water into our irrigation ditch system. We would like to thank Mr. Walker, Mr. Shaw and Mr. Gensler for taking the time to give us this tour.

We experienced an act of vandalism at the east ditch. The vandalism caused extensive damage to farmlands and to the ditch infrastructure. Thanks to the timely response by Lt Gov. Max Zuni, the staff of the Natural Resources Department, and the staff from Public Works Department, we were all able to make repairs quickly and keep the water downtime to a minimum. We have received many requests from the people who use the sand ditch that a number of gates and checks are leaking and/or need repair. Although we've been advised this ditch is not our responsibility and is the responsibility of each individual farmer who uses this ditch, we would like to try to help with these issues and we ask anyone who is experiencing problems to give us a call so we can generate a list of repairs and material needs. Contact Joseph Lente or Michael Paquin to request assistance.

As a reminder we are continually taking work orders for the East and West Main ditch. We have inherited an ongoing problem of delinquencies in collecting payment from members who owe money for annual ditch assessment fees and/or for not showing up for ditch work. We realize that some of you may not be aware that you have incurred an outstanding balance and may like to have your name removed from our list by settling your debt. Therefore we have attached a copy of the names and amount owed. You can contact Joseph Lente, Michael Paquin or Ralph Jojola to make payments and/or arrangements. Keep in mind that the annual ditch assessment fee is currently \$ 5.00 and the fee for not attending ditch work is currently \$ 30.00 per work day.

Total due in fines and assessments \$13,662.00

Checks can be made out to the “Isleta Main Ditch” and mailed to P.O. Box 685 Isleta, NM 87022.

With the irrigation season well underway we ask members of the community to remind children, grandchildren, and visitors to stay out of the ditches for their own safety.

Once again we thank you for your cooperation in these matters. If you have any questions or concerns, please call Joseph Lente at (505) 967-3786 or Michael Paquin at (505) 720-0394 .

Name		Amount	
Abeita, Felipe	\$210.00	Jiron, Michael L.	\$125.00
Abeita, James M.	\$125.00	Jojola, Alfred D	\$140.00
Abeita, Joseph C or Frances	\$40.00	Jojola, James A.	\$40.00
Abeita, Joseph Gabriel	\$225.00	Jojola, John D. Sr.	\$15.00
Abeita, Joseph R.	\$75.00	Jojola, John Michael	\$140.00
Abeita, Leroy	\$140.00	Jojola, Johnny T.	\$15.00
Abeita, Lupita C.	\$50.00	Jojola, Joseph E.	\$105.00
Abeita, Marcelina	\$40.00	Jojola, Margaret L.	\$10.00
Abeita, Marvin	\$140.00	Jojola, Mary Jane	\$15.00
Abeita, Nabahe	\$140.00	Jojola, Mary P.	\$10.00
Abeita, Pauline F.	\$140.00	Jojola, Pat A.	\$140.00
Abeita, Pablo	\$20.00	Jojola, Ralph	\$10.00
Abeita, Ray M.	\$140.00	Jojola, Richard C.	\$20.00
Abeita, Raymond Thomas	\$285.00	Jojola, Stella	\$20.00
Abeita, Roberta	\$336.00	Jojola, Ted	\$140.00
Abeita, Simon	\$345.00	Kokaly, Mary Lou	\$160.50
Abeita, Sylvia	\$20.00	Lente, Alberta	\$79.00
Abeita, Tom Jr.	\$20.00	Lente, Alfred A.	\$40.00
Anzara, Ben	\$140.00	Lente, Bartolo	\$59.00
Anzara, Melvin I	\$140.00	Lente, David A.	\$105.00
Anzara, Myron	\$105.00	Lente, Jose Seferino	\$140.00
Anzara, Ruben	\$71.00	Lente, Michael A.	\$173.00
Balenquah, Mary F.	\$130.00	Lente, Nick	\$110.00
Chalan, Mary Margaret (Zuni)	\$175.00	Lente, Tercita (Terry)	\$313.00
Chapman, Veronica S.	\$20.00	Lucero, Alvin	\$717.00
Cherino, Albert Jr.	\$335.00	Lucero, Carmel	\$627.00
Chewiwi, Louise (Abeita)	\$46.00	Lucero, Doris A.	\$20.00
Garcia, Jack L.	\$140.00	Lucero, Edward Fernando	\$105.00
Glaser, Laurie A	\$125.50	Lucero, Eugene	\$80.00
Gonzales, Sharon E. (Lucero)	\$10.00	Lucero, Felipe	\$20.00
Histia, Miguelita	\$15.00	Lucero, Joe D.	\$79.00
Jaramillo, Isidor	\$20.00	Lucero, Kathleen B,	\$75.00
Jiron, Charlie (Estate of)	\$74.00	Lucero, Matthew Joseph	\$313.00
Jiron, Delano	\$261.00	Lucero, Michael A.	\$385.00
		Lucero, Pat Lynn	\$145.00
		Lucero, Robert L.	\$70.00
		Lucero, Rosalee	\$140.00
		Lucero Stella	\$15.00
		Lujan, Benard D	\$20.00
		Lujan, Robert	\$431.00
		Manner, Anna	\$85.00
		Martinez, Dorothy C.	\$140.00
		Montoya, Francis	\$315.00
		Olguin, Joseph Richard	\$140.00
		Olguin, Patrick	\$140.00
		Overstreet, Jessie	\$15.00
		Padilla, Chris	\$245.00
		Padilla, Clarence	\$419.00
		Padilla, Gabe F.	\$35.00
		Padilla, Matthew	\$210.00
		Padilla, Paul L.	\$110.00
		Padilla, Paula	\$285.00
		Papuyo, Jose Delano	\$110.00
		Piro, Veronica	\$105.00
		Puhyesva, Demasia (Jiron)	\$20.00
		Richard, Ronald & Tina	\$140.00
		Romero, Sofia Maria (Estate of)	\$40.00
		Salazar, Patty	\$140.00
		Schroeder, Lee	\$20.00
		Shattuck, August	\$20.00
		Shattuck, Paul	\$135.00
		Shattuck, Romalda	\$20.00
		Teller, Stella	\$35.00
		Trujillo, Jose Carlos	\$140.00
		Wilson, Terri Z & Edwin L	\$370.00
		Zuni, Floyd Alvin	\$603.00



## USTRC JR LOOPER CHAMPION 6 & UNDER DIVISION

Tingley Coliseum April 3, 2010



Phillip Jiron, Jr 4 Years Old

Phillip likes roping his goats. He has been roping since the age of 2. When he's not roping his goats, he rides his favorite horse, Mae. Phillip is the son of Phillip and Leona Jiron. He is the Grandson of Doulgas Jiron, Frances Jiron, Alvin Lucero and Flora Griego.

**We Are All Very Proud of Phillip.**



## Isleta Behavioral Health Services — Prevention Program

P.O. Box 508 Isleta, NM 87022 (505) 869-5475

Summer is finally here!!! Among the many fun things for youth to participate in from various Pueblo programs, I have one more thing to choose from. Isleta Behavioral Health Services — Prevention Program (formerly known as Project Venture) has many outdoor activities planned for the months of June through August (please see calendar — Tiwa Language Camp and Warehouse 508 activities are listed as well. For more information about Warehouse 508 please visit [www.warehouse508.org](http://www.warehouse508.org) ). To kick off the summer we are joining with the Santa Fe Mountain Center ([www.santafemc.org](http://www.santafemc.org) ) for a 3- day camping trip for 18 youth. Other activities include in-door rock climbing and white water rafting!!!!

The Prevention Program is funded through the Substance Abuse Prevention

and Treatment Block grant. Experiential Activities are used and designed to challenge participants to develop positive problem-solving skills enhancing self-concepts and developing effective social interactions that will combat substance use. It includes several components:

- Hands-on cooperative activities and games;
- Service learning projects;
- Family involvement;
- Traditional culture and language;
- Outdoor and wilderness challenge by choice opportunities.

Students learn by doing. We place a strong emphasis on helping participants understand their role and value in their community allowing them to acquire the skills and attitudes needed to contribute to the larger good. Participants are encouraged

to be ACTIVE, utilizing all of their senses while they are learning and experiencing. Most often, activities will involve both the mind and body in some type of appropriate challenge.

In addition, we offer to any student, 10 years or older, activities after school, during holidays, some weekends and spring and summer breaks, as scheduled. Outdoor activities include hiking, caving, rock climbing, fishing and camping. Parents and community members are invited to participate in community events and service learning activities. Isleta culture and traditions are emphasized and incorporated in events and activities.

If you have any questions or would like to attend any or all activities, please feel free to call Jennifer Padilla, Prevention Coordinator, at 505 869-5486.

## Isleta Community Action Team Isleta Behavioral Health Services

P.O. Box 508 Isleta, NM 87022 (505) 869-5475

The Indigenous people of North America were nearly obliterated by disease, war, and genocide during the period of European colonialism. Our numbers were reduced from an estimated 250 million to just over a million people. Many of the survivors and our descendants struggled to resist federal efforts to terminate our special status and limited sovereignty. We endured the boarding school era, during which the federal government overtly worked to eradicate tribal languages and culture and "Americanize" Native young people by removing them from elders, family, and community. American Indians and Alaska Natives also experienced grinding poverty and the social ills that accompany it.<sup>1</sup>

Though the efforts of many foreigners negatively impacted Native Americans it seemed to strengthen traditional and cultural beliefs, ways of living and the willpower to survive. Fostering resilience in young people is not a new concept for us — the Native American... even further, the Isleta people. Traditionally, resilience has been cultivated by focusing on four developmental areas (Heavy Runner and Morris (1997)<sup>2</sup>:

1. "Spirituality"--living according to the belief in the interrelatedness of all things
2. "Mental well-being"--having clear thoughts
3. "Emotional well-being"--balancing all emotions
4. "Physical well-being"--attending to the physical self

The western worldview entices us to believe we are individuals capable of taking care of ourselves on our own but when grounded in the beliefs of the Isleta culture it is apparent any individual, young and old, must have others to depend on. The conflicting worldviews of the Westerners and the Isleta people place the

health and wellness of our community in a vulnerable position — if programs work independently of other programs WE reach only a handful of people and may miss the root cause of social issues. If service providers work independently of the members of the community we are providing services in WE miss the voice of the people.

The Isleta Community Action Team aims to bring awareness to foreign ways of dealing with social issues such as drugs, alcohol, suicide and violence and strives to incorporate more of an Isleta approach to bring health, wellness and balance for our entire community. Together service providers and community members talk about the issues we see and brainstorm ideas to address them — our guiding hand is the Isleta culture.

I encourage you to take interest in our continued survival, come to an Isleta Community Action Team Meeting and work together to slowly diminish the ill affects of drugs, alcohol, suicide and violence. We must take care of each other rather than depend on others to do that for us and we must work together.

Contact Jennifer Padilla, Prevention Coordinator, at (505) 869 5486 is interested in learning more about the Isleta Community Action Team (ICAT) and when the next ICAT meeting will be.

<sup>1</sup>Nurturing Resilience and School Success in American Indian and Alaska Native Students. ERIC Digest by Strand. Joyce A. - Peacock, Thomas D.

<sup>2</sup>HeavyRunner, I., & Morris, .I. S. (1997). Traditional native culture and resilience. Research Practice, 5(1). Minneapolis: University of Minnesota. Center for Applied Research and Educational Improvement (CAREI College of Education and Human Development. Retrieved November 18, 2002, from <http://vt-ww.coled.umn.edu/carei/Reports/Rpractice/Spring97/raditional.htm>



# Isleta Pueblo Housing Authority is Recruiting New Board Members for its Native Lending Institution

Are you interested in becoming a board member of a Native Lending Institution being developed by the Isleta Pueblo Housing Authority?

## Native Lending Institution Mission:

The mission of the Native Lending Institution will be to promote the economic growth of the Isleta Pueblo community by creating homeownership and small business opportunities for the Isleta Pueblo community.

*The board of directors shall consist of 5 persons. Directors shall consist of one community member and four professional members preferably with financial or business backgrounds. Board members must meet at least one of the following criteria: 1) be Native American, 2) live in the Isleta Pueblo community service area, or 3) work/ own in a business in the Isleta Pueblo community service area.*

## Description of Board Duties

The Board of Directors of the Native Lending Institution will serve as the governing body of the Institution. Board members will serve 2 year terms. The Board will meet at least quarterly.

Board members will have the following roles and responsibilities:

1. Uphold the bylaws of the Native Lending Institution.
2. Define and oversee the mission of the organization and ensure that this mission is carried out on behalf of the community.
3. Ensure that the events and programs of the organization are relevant to its mission and monitor their effectiveness.
4. Provide strategic guidance to the organization.
5. Ensure financial solvency and help raise resources.
6. Ensure continuous board improvement. Each member of this board shall commit to the following:
  - Fully attend at least three board meetings per year.
  - Serve on one or more committee and attend at least 75 percent of the meetings.
  - Understand board member roles and responsibilities and become sufficiently knowledgeable about the organization and its operations to make informed decisions.
  - Read all materials sent to the board and come prepared to provide meaningful dialogue at all board and committee meetings.
  - Arrive at meetings on time and stay for the full agenda unless notification is provided in advance to the board or committee chair.
  - Ask for clarification on any matters or material not understood before making a decision.
  - Listen carefully and respectfully to

other board members and staff with objectivity.

- Actively support the policies and goals adopted by the board, speaking with one unified voice.
- Act as a liaison between the Native Lending Institution and the community.

Specific Board members will serve as overseers of the following:

1. Overseer of Financial Management - The overseer of the organization's financial management system. This Board member shall work with the steering committee to develop and manage an annual budget.
2. Leader of Public Relations-This Board member will oversee the development of all print, web, radio, and multi-media materials pertinent to the Native Lending Institution and the events it sponsors. This board member is responsible for ensuring that all public relations material upholds the mission and standards of the organization.
- 3 Overseer of Fundraising - This board member will oversee fundraising efforts. They will help recruit and retain members for the fundraising committee and will help manage the organization's fundraising database, manage the creation

and content of fundraising material and ensure that organization supporters are recognized for their contributions.

4. Overseer of Events - This board member will oversee community events and work with committee event chairs to ensure that the overall message of the event is consistent with the mission of the organization. This board member will also actively work with the communities and other organizations to recruit partnerships for new events.
5. Board and Committee Recruitment- This board member will oversee the recruitment of new volunteers and board members.

Board members will be expected to attend training on Native Lending institutions.

If you are interested in serving as a board member please send a letter of interest to:  
**Sheila D. Herrera**  
**Home Loan Program Manager/**  
**Homeownership Counselor**  
**Isleta Pueblo Housing Authority**  
**Poi40103@isleta pueblo.com**  
**(505) 869-4153 Ext. 378**  
**Facsimile: (505) 869-0654.**

## ENTER TO WIN!

### CONTEST FOR NAME AND LOGO FOR PROPOSED NATIVE LENDING INSTITUTION

The Isleta Pueblo Housing Authority (IPHA) is holding a contest for a name and logo for its proposed native lending institution. The institution will lend money to tribal members for home purchasing, construction, rehabilitation and refinancing, and provide financial education services to the Isleta community. This contest gives community members a chance to be part of the development of the new lending institution.

The contest is open to Isleta tribal members, their families, and employees of the Pueblo of Isleta, Pueblo of Isleta entities, and the Isleta Pueblo Housing Authority. Entries may be submitted by using the following form or by email to the attention of Sheila Herrera, Home Loan Program Manager at IPHA, at poi40103@isletapueblo.com. An entry may include a short paragraph explaining the proposed name and/or logo.

Entries are due by 4:30 p.m. on June 30, 2010. Winning Prizes will go to the winning Name, Winning Logo and top runners up. IPHA has the right to cancel the contest or to choose a name and logo not submitted by any entry.

#### ENTRY FORM FOR IPHA CONTEST

Name: \_\_\_\_\_Telephone Number:\_\_\_\_\_

Mailing address:\_\_\_\_\_

Email address:\_\_\_\_\_

Proposed Name: \_\_\_\_\_

Draw Proposed Logo (use separate page if necessary):  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Explanation of Name or Logo:\_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Submit entry to the attention of Sheila Herrera, Home Loan Program Manager at the IPHA Office, by hand delivery, mailing to P.O. Box 760, Isleta, N.M. 87022, or email to poi40103@isletapueblo.com.



## ISLETA COMMUNITY GARDEN CELEBRATION

Isleta Behavioral Health Services (IBHS) is sponsoring a community event entitled, "Nurturing of the Garden Celebration". This is the first time IBHS has partnered with Pueblo of Isleta community members to create a community garden.

This event is to be held Thursday, July 1, 2010, from 9am to 2pm. The location of the Celebration will be outside, next to the garden, on the west side of the Isleta Health Clinic. Food, refreshments, and community speakers will be present.

Bring your tools, hat, sunscreen, and appetite for this celebration. The garden is located west of the Isleta Health Clinic and is visible from the 1-25 road exit.

The garden was leveled and plowed by Phillip Jiron, Robert Trujillo, and Ralph Jojola. IBHS is very grateful to these tribal members, for their efforts in helping to create this community garden. A special thanks goes out to the Sunny Fence

"Cultivating Our Traditions through farming"

Company, who donated materials and labor, in the creation of the circular garden fence. This garden would not have been possible without these generous contributions. The staff of IBHS sponsored a fund raiser in May to start the creation of this garden.

The purpose of this garden is to acknowledge the historic and cultural legacy that farming has represented to Isleta and all Pueblo tribal communities. Additionally, the garden will promote wellness amongst clients, staff, and the community. Wellness is promoted through teaching skills such as nurturing, teamwork, and cooperation, in addition to education about eating healthy and staying active. IBHS wishes to extend the nurturing and caring of this community field to Isleta community members. All steady participants will share in the field's food harvest during the Summer and Fall harvests, according to their labor & contributions toward weeding

and irrigating of this community garden.

The crops that have planted in this field are: Black, Blue, and White Indian Corn, Water Melons, Indian Melons, Yellow Squash, Zucchini, Peas, Carrots, Onions, Tomatoes, Cucumbers, Cantaloupes, Pumpkins, Sunflowers, Green Chilies, Yellow Hots, and Basil.

IBHS is also putting out a call for artists, to create and submit a Design Logo. The selected artwork design will be placed upon a large sign at the community garden site and will commemorate the community garden.

Contact Eloisa Dewahe at 869-5475, for further information and for future scheduling of weeding and irrigation activities.

WE WANT YOU TO COME AND JOIN US AT THE "ISLETA COMMUNITY GARDEN CELEBRATION" EVENT !!!

Article: Stan Zuni, IBHS



Stephanie Cherino, Eddie Torres, Krystal Lucero and Brain Serna planting the crops.



Willie Waquie and Stan Zuni checking the field banks.



Brian Serna, Krystal Lucero and Eddie Torres all irrigating the garden.



### *Isleta Community Garden Cultivating Traditions Through Farming*



*Come One, Come All and Enjoy  
Yourself at the community garden*



*Working of the soil & watering the Garden behind  
the Isleta Behavioral Health Services Building  
On the Northwest side of Health center*



*Thursday, July 1, 2010  
9 am to 2pm*

*Entertainment and storytelling*



*Food will be provided to all participants*



*Bring your tools, sunscreen, hat(s), appetite,  
stories and knowledge*

*For More Information call Behavioral  
Health Services at (505) 869-5475*





## Parks & Recreation

The unofficial start of summer is upon us with the culmination of the Memorial Day Weekend. Although the Recreation Centers were both closed, some of our staff were busy with the Grand Opening of the "Purple Heart Memorial Park over at the Mousetown Neighborhood. Because our children are still in school at our Pueblo of Isleta Elementary School until June 2, 2010, our summer program will begin on Monday, June 7, 2010 until July 30, 2010. The program will operate from 9:00 am until 3:00 pm Monday through Friday. Although the program begins at 9:00 am we will however start picking up children at designated sites throughout the Reservation as early as 7:15 am. Children can also be dropped off as early as 7:00 am. If some of you parents are working and don't have a place for your children to be dropped off or are concerned about their safety by possibly being at home by themselves after 3:00 pm, we can hold your child till 5:30 pm if warranted. Please call Rick Giron if you are in need of this type of service. For more information regarding pick —up and drop off points, please call Lil. Bern at 869-8557. All of our major field trips will be held on

Fridays. Children must attend the Rec program at least 3 days to qualify going to our major field trips. The only exception will be those children attending summer school. All children will be broken down into age categories with 4 & 5 year olds attending the program over at Old Rec. with Andrena Martin, 6 & 7 year olds together, 8 & 9 year olds. 10 & 11 year olds, and 12 & up all together at the New Rec Center. **Reminder;** there are several groups offering different type of programs whether it be the Library, Diabetes or our Recreation Program. The important thing is, which ever you as parents choose for the children to attend are not very important but it is important that the children get involved in one of the programs. Let us all try to keep our children's minds and body's active to insure they keep developing as children and adults. The worst thing is to leave children at home behind the television and snacking all day. **Don't forget,** we are also serving free breakfast and lunch everyday Monday through Friday. Breakfast is served from 7:30 am until 8:30 am and lunch from 11:30 am until 1:00 pm for all people 18 years old and younger.

### Purple Heart Memorial Park

On Monday, May 31, 2010 (Memorial Day) was the official grand opening of the Purple Heart Memorial Park over at the Mousetown Neighborhood. Before our day's celebration was done, we had approximately 400 Pueblo members and guest come visit our new park site. The program began with our tribal member Joe C. Jaramillo serving as the Master of Ceremonies, and we were led in our traditional prayer by Lt. Governor Max Zuni, and Governor Robert Benavides also spoke about the progress we have made on the Reservation especially with our Parks & Recreation program, which now has dedicated eight (8) parks to the system. The Atrisco Heritage Academy High School USMC, JROTC program led by Retired USMC, Jim Flores led the Posting of the Colors. The group also did a beautiful routine in Marching and Rifle handling. Great Job. Mr. Blas Falcon, USMC, Vietnam Veteran and Purple Heart recipient and Director of the Veteran's Center was the Key Note Speaker. Also speaking at the event was our own Parks & Recreation Director, Rick Giron who also asked all three of our current Governors, Robert Benavides Lt. Governor Max Zuni, Lt. Governor Frank Lujan, former Governor Fred Lujan and Council member Diego Lujan to lead us in the unveiling of the new park sign that will adorn the park for years to come. Tribal member Marcus Lujan and current American Legion Post 209 member closed the event with the playing of taps on his Bugle. Also, all of the most current and known list of Purple Heart Recipients from our Pueblo of Isleta were named by our Master of Ceremonies, Joe C. Jaramillo. If anyone knows of or has any questions about Purple Heart Recipients from our Pueblo please contact Ulysses Abeita at 869-2680. A semi-permanent list is being worked on that will eventually be part of our park site. After everything was said and done, everyone present was treated to a barbecue of hamburgers, baked beans, potato salad, chips, cake and refreshments. Pictured below are several action shots of the day's events.







### Swimming Pool News

With summer upon us the swim program is recruiting anyone interested in beginning a swim team to represent the Pueblo of Isleta in competition. Anyone interested please call Lin Onsaie or Lee Ann Lente at 869-8557. Also swim Lessons are to begin and they are as follows: For those ages 6-16 years old they will be on June 7th through the 10th and June 14th through the 17th Monday through Thursday at 5:45 pm until 6:15 pm. Mom and Tot Program is for children 6 months old to 5 years old will begin on June 7th with parent orientation at 5:30 pm-6:30 pm and Lessons being on June 8 through the 10th and June 14th through the 17th at 5:30 pm to 5:50 pm. Adult Swim Lessons will be on June 21st through June 24th and June 28th through the 30th at 6:00 pm until 7:00 pm. Monday through Thursday. July Lessons will be the first 2 weeks on the month. For more information please call the Swim Program at 869-8557.

### Park Management

Memorial Day 2010 was the grand opening of our 8th park being added to our Parks & Recreation Department. As mentioned in last month's newsletter, I could not be any prouder of a group of guys then my Park Management Crew of Seven. In fact, an apology goes out to Jose Pedro Jojola who was left out inadvertently when I listed the crew by name in last month's newsletter and somehow he was left out. Anyway, our next opening of any addition to the park system will be the Chical Baseball Field slated for dedication and opening on the 4th of July weekend 2010 if all goes as planned.



### Adult Basketball

For those young adults and adults the basketball program has begun. Carl Anderson League Director reports a record number (16) of teams have registered for the league, which began in earnest on Sunday May 23rd. All adult games are played on Sunday's beginning at 10 am until the last games being played at 1:00 pm. All 16 teams play every Sunday. If anyone is interested in watching some stiff competition please come on by. If anyone is interested in playing although the registration for new teams is closed, please contact Carl at 869-8557 and see if he can't match you up with a team in need of players. Next month we will feature some pictures of the program.



## Karate one Testing:

Students from the Karate Program at the Isleta Recreation Center have recently undergone a comprehensive physical and written testing. The Blue, Purple and Brown Belts have gone through a 5 hour physical test and a 2 hour written test. The white to yellow belts have gone through a 3 hour physical testing and a 2 hour written test.

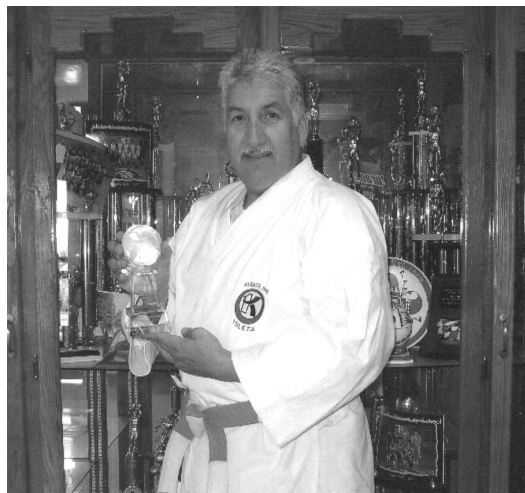


Listed are all the students that tested under Renshi Clarence Chavez, 6th degree black belt in Karate and Kobudo (Japanese weapons) and associated with Karate One International.

Back Row (L-R) Jeff Otero-Yellow Belt, Connor Chavez-3rd Brown Belt, Alaynna Loretto-Yellow Belt, Jenna Coley-Yellow Belt, Mikey Vigil-Purple Belt.

Middle Row (L-R) Catherine Chavez-2nd Brown Belt, Sensei Chavez-Instructor, Sensei Yeats-Assistant, Briana Roybal-2nd Brown Belt.

Front Row: (L-R) David Roybal-2nd Brown Belt, and Dominic Jojola-Yellow Belt.



If you have any questions about the Pueblo Of Isleta, Karate program you can contact Mr. Chavez at: 869-8557 at IRC or 866-4360 at home.

## Isleta Elementary School

### Principal's Message

Greetings from the Isleta Elementary School! Our students and staff are ready for summer vacation after a busy year filled with academics, assessments and various activities. On behalf of the students and staff, I would like to thank the following Pueblo of Isleta Tribal Programs that have worked with our students throughout the year: Project Venture, Diabetes, Headstart, Higher Education, Truancy, Social Services, EMS, CHR, Library and Police Department.

Our Kindergarten Jump Start program was held June 7-11, 2010 with the Pueblo of Isleta Headstart. Our new kindergarten students were able to become familiar with our school and staff. We look forward to working with our new students and their families throughout the next school year. Our 21st Century Summer School program will be held July 6-29, 2010 from 8:00 a.m. to 2:00 p.m., Monday through Thursday. Our staff will provide reading and math instruction. We would also like to encourage community artisans to sign up to provide cultural enrichment issues during our summer program.

On behalf of all of our students and staff, I would like to congratulate Mrs. Patricia Jojola for providing 35 years of service to the students of Isleta Pueblo. Mrs. Jojola retired from the Isleta Elementary School after teaching various grades, ending with first grade. We truly appreciate her dedication and commitment to our students and staff. Mrs. Jojola will be missed; however, we wish her a happy and restful retirement with her family!

Our staff will be working throughout the summer to participate in various professional development activities to provide a well-rounded education for the students of Isleta. Our 2010-2011 school year will begin on August 16, 2010. Registration will be held at the end of July. All new students must submit a certificate of Indian blood, state birth certificate, social security card, physical and current immunization record to register. If you have any questions, please call the Isleta Elementary School at (505) 869-2321. Have a safe and restful summer!



## 2010 Summer Math Camp



Starting on **July 6th 2010**, the Department of Education • Johnson- O'Malley Program will be offering a Summer Math Camp! This program is designed for students who lack confidence in math skills, struggle with understanding the concepts, and need a refresher to boost their confidence and grades. We will be starting with **basic skill** practice in multiplication, long division, fractions, decimals, percents, etc. Sessions will be an hour long every day until July 20th, 2010. Your student will work in a small group setting with another student and the Tutor to strengthen their knowledge of math. This program was created to target students in grades 2nd-12th who are struggling with their understanding of Mathematics. Many times when students are having trouble in math, it is because their basic math foundation is shaky. Don't wait until the new school year has already started!

This program is open to all Native American  
Students in public, private,  
or BIA schools. If you'd like your student to participate  
in this program OR if you have any questions,  
please give Bernadette a call at 924-3189  
or send her an email at [poi13002@isletapueblo.com](mailto:poi13002@isletapueblo.com)



## TRAFFIC DIVISION NEWS

### Isleta Police Department Traffic Division

#### TRAFFIC ENFORCEMENT PLANNED FOR JUNE

SCHOOL DISMISSAL is just around the corner meaning drivers need to have a greater awareness of our children in neighborhoods. The excitement of summer vacation sometimes means our children have play and fun in mind and may forget about safety. The Traffic Division is once again asking you to drive safely and carefully remembering a safe speed limit in residential neighborhoods is 15 mph.

The new Hard Rock Albuquerque is preparing to open with official opening June 11, 2010. The new venue is sure to bring increased traffic in the area with visitors to the establishment. Observance of the speed limits in this area by drivers is essential and the Traffic Division will be conducting traffic enforcement on State Road 47 from the north reservation line to the south reservation line. Please remember the speed limit from the 38 milemarker north is 55 mph and the speed reduces to 45 mph as you approach the commercial entrance to the hotel/casino. Stop sign/traffic light, and seatbelt violations will also be a priority in traffic enforcement. "Click It Or Ticket" is now in progress and many more traffic safety mobilizations will be conducted throughout the summer to include DWI and Seatbelt Checkpoints. With summer vacation and many new teenage drivers, a focus on teenage drivers will also be a priority for the Traffic Division based on some of the statistics revealed below:

A study by the Allstate Foundation, has found that while today teen drivers have similar attitudes and behaviors behind the wheel to teens in 2005, shifts have taken place in unexpected areas. The survey was conducted by online interviews among 1,063 teens.

Highlights from the study found:

Texting is teen's biggest distraction behind the wheel.

- More than 49% of teens report texting as a distraction, up from 31% in 2005
- 82% of teens report using cell phones while driving, 23% admit to drinking and driving
- More than 60% of teens worry about getting into a car accident, but still admit to practicing distracting or harmful actions while driving

Girls express a new need for speed.

- Nearly half (48%) of girls admit they are likely to speed more than 10 m.p.h. over the limit, versus 36% of boys
- 16% of girls describe their driving as aggressive, up from 9% in 2005

More girls than boys report that they will drive distracted in the future.

- 51% of girls use a cell phone to talk, text or email while driving, versus 38% of boys
- 84% of girls are likely to adjust music while driving, versus only 69% of boys

Driving aggression and speeding among teen boys is decreasing.

- 13% of boys describe their driving as aggressive, down from 20% in 2005
- 19% of boys admit to speeding 10 m.p.h. or more over the speed limit, down from 25% in 2005
- Fewer boys (46%) report being in car crashes in 2009 compared to 58% in 2005

Teens still feel "it's them, not me" when it comes to aggressive driving.

- A majority of teens (65%) are confident in their own driving skills
- 77% of teens admit they have felt unsafe with another teen's driving
- 82% of teens want to be known as a safe/skilled driver
- Only 23% of teens agree that most teens are good drivers

Fewer teens are willing to speak up in risky driving situations.

- Only 59% of teens will speak up if

they are scared or uncomfortable as a passenger

- Girls are less likely to speak up than boys - 53% of girls reported they would say something about someone's driving, versus 66% of boys

Just a reminder distracted driving contributes to crashes and the Traffic Division cannot emphasize the need to keep your entire time and attention to the roadway. Distracted driving, i.e., cell phone usage, adjusting the radio station, fumbling with CDs, etc., are citable offenses.

**Help us keep the roadways on the Pueblo of Isleta safe for everyone!**

Contact Information:

Isleta Police Department Traffic Division  
Sharon K. Mitamura, Supervisor  
poi06053@isletapueblo.com  
(505) 724-9282  
(505) 382-1518 Cell

## ***Listen, Learn, & Pass it On!***

Tiwa Language classes offered to any and all Isleta people who want to learn the Isleta Tiwa Language. Classes are at the Old Elementary School and everyone is encouraged and welcome to attend.

### **Tiwa 201 Intermediate and Tiwa 301 Advanced**

Monday: 6pm to 8pm

Tuesday: 5:30pm to 8pm (total immersion class)

Thursday: 6pm to 8pm

Saturday: 9am to 11am

### **Tiwa 101 Beginning Tiwa**

Monday: 6pm to 8pm

Tuesday: 6pm to 8pm

Thursday: 6pm to 8pm

Saturday: 9am to 11am

**\*\*Also available by appointment.**



### **Language Program**

Paul Lujan  
P.O. Box 1270  
Isleta Pueblo, NM 87022

Phone: 505-924-3187  
Fax: 505-869-7690  
E-mail: poi08200@isletapueblo.com

*For More information Please contact Paul Lujan.....*



**Native Ways Family Program  
Isleta Behavioral Health Services**  
(505) 869-5475

Isleta Behavioral Health Services (IBHS) participated in the National Child Abuse Prevention float activity with Isleta Social Services on April 24, 2010. IBHS would like to thank all the parents and children who participated in our float with the theme of

**"Children Are Our Tomorrow."**



The picture above is an adobe home that gives the message "All children deserve a safe and nurturing home, they are our future!" Isleta Behavioral Health Services received 2nd place in the float contest by Isleta Social Services.



It is all of our responsibility as a community to keep children safe. If you suspect abuse, neglect, or someone in your family has just been physically or sexually abused, please call Isleta Pueblo Social Services at 869-2772. Physical or sexual abuse is a crime, no matter who does it.



IBHS is looking forward to next year's Child Abuse float parade in 2011 to join with other community agencies in promoting National Child Abuse Awareness and Prevention. We are thankful for the families who volunteered to make our float successful!

**PUEBLO OF ISLETA  
DEPARTMENT OF EDUCATION  
LANGUAGE PROGRAM**



**Summer Language Camp  
6 Week Program**



**Date:** June 21, 2010 through July 30, 2010

**Time:** 9:00am to 3:00pm Monday through Friday

**Age:** (Two age groups for this program)

Group 1: 13-18

Group 2: 6-12

**Instructors:** Lena Abeita, Carol Lucero, and  
Barbara Trujillo

Language Lessons in the morning hours with craft time in the afternoon. Lunch provided by the summer lunch program.

Craft Themes:

Week 1: Planting and Crops

Week 2: Pottery

Week 3: Animals

Week 4: Foods

Week 5: Numbers and Colors

Week 6 Sewing (girls) Bow Guards (boys)



**Registration begins: May 24, 2010 Ends: June 18, 2010**

registration forms can be picked up at the Education Office

The Summer Language Camp has teamed up with Isleta Behavioral Health (Jennifer Padilla) to provide incentive field trips for Summer Language Camp participants.

**DEPARTMENT OF EDUCATION  
LANGUAGE PROGRAM**

P.O. Box 1270  
Isleta, New Mexico 87022

Phone: 505-924-3187  
Fax: 505.869.7690  
E-mail: poi08200@isletapueblo.com

**Preserving Language for  
culture and tradition**

**Congratulations to all  
2010 College Graduates**

**Certificates**

David Balenquah, Certificate, Electrical Trades, CNM

Gabriel Johnson, Certificate, Culinary Arts, SIPI

Kimberlee Kirk-Zuni, Certificate, Hair & Makeup Artist, Paul Mitchell School

Thomas Zuni, Certificate, Fitness Specialist, San Diego City College

**Associates Degrees**

Tanya Garcia, Associates of Arts & Sciences, Vision Care Technology, SIPI

Joseph F. Anzara, Associates of Applied Science, Criminal Justice, CNM

Marcelina Anderson, Associates of Applied Science, Integrated Studies, CNM

Leilani Lucero, Associates, General Studies, CNM

Stephanie Lujan, Associates of Applied Science, Photonics Technology &  
Certification, Electronics Technology, CNM

Pete Montoya, Associates of Arts, Criminal Justice, ITT

**Bachelor Degrees**

Allison Abeita, Bachelor of Science, Criminal Justice, NMSU

Warren Edaakie, Bachelor of Science, Agriculture, NMSU

Joseph Nicolas Padilla Jr., Bachelor of Science, Agriculture, NMSU

Emma Chinana, Bachelor of Arts, Architecture, UNM

Nathan Lujan, Bachelor of Arts, University Studies, Concentration Native  
American and Library Studies, UNM

Andrew N. Zuni, Bachelor of Fine Arts, Major Media Arts, Minor Music, UNM

Gabriella Lujan, Bachelor of Arts, Criminal Justice, ITT

**Masters Degrees**

Jennifer Padilla, Masters, Social Work, NMSU



## Native Ways Family Program

### Isleta Behavioral Health Services

(505) 869-5475

The Native Ways Family Program (NWFP) is a parenting group held every Wednesday for 8 weeks from 5:00 PM-7:00 PM that began on March 24, 2010 and will end on May 12, 2010. The NWFP parenting group has started its second year providing the community members of Isleta Pueblo NWFP parenting skills and support. The NWFP parenting group discussions have focused on family values, discipline and spending quality time with children to enhance communication in families.



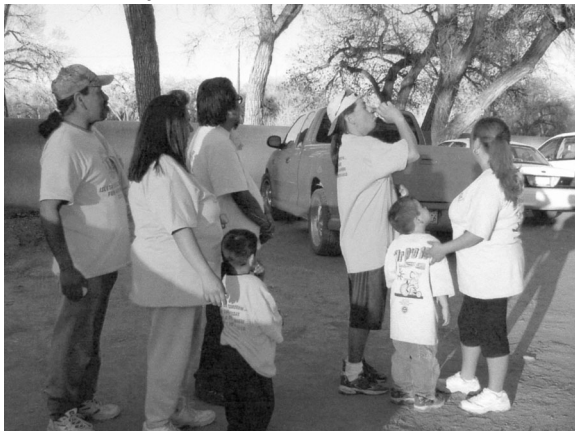
The NWFP parenting group provides the meals and would like to give a big shout out to our cooks, Martha Lucero and her daughter, Michelle Jojola, for their catering services.

Since spring is in the air the NWFP parenting group joined in with other local fun/walk activities organized by Isleta Pueblo Diabetes Program and Isleta Pueblo Social Services. Pictured below is the Isleta Pueblo Diabetes Program "Jiggle Walk"

event where the NWFP parenting group is involved with their children to promote family fun with fitness.



Pictured is the Child Abuse Awareness Month walk activity at Isleta Pueblo Social Services. The NWFP parenting group of quality walking time promoting healthy relationships to keep children safe in our community.



Regular physical activity makes you feel stronger and more energetic. It also benefits families to use recreational activities for

family time. There are many things families can do together for outdoor fun!



Let's visualize health and healing in our families. By helping our children we help ourselves to become positive role models and to keep children safe all throughout their lifetime.

NWFP parenting group provides family prevention focusing on healthy parenting skills and emphasizing family wellness. The NWFP parenting group is excited to offer another year of parenting services for the Pueblo of Isleta. The next NWFP parenting group will begin during the month of June 2010 at the Isleta Behavioral Health Services lobby. We encourage families to attend by signing up for the next NWFP parenting group.

Please call us at (505) 869-5475.

## Summer is finally here and so is the 3rd Annual Outdoor Science Program!

**Come spend some time during the summer learning about science in the best classroom there is: the outdoors!**

### Students will learn about:

- Habitats, the animals and plants that live in them, and create their own habitats.
- Examine Water Samples and see all the little creatures that inhabit them.
- Make water filters.
- Experiments and how to create their own science projects.
- Rockets, how they fly, how shape affects flight, and create rockets using what they've learned.
- Last day field Trip

The Outdoor Science Program will begin June 7th, 2010 and end on June 25, 2010. There will be two sessions, a Morning Session for students in grades K-3rd and an Afternoon Session for students in grades 4th-12th. The program is designed to teach students about the world around them in a very hands on environment. Students will get dirty! If you have a child that is interested in science or the environment or who likes to catch frogs, bugs, and snails, give us a call and sign them up!

**Registration is open now and closes on June 4th, 2010. Please call Bernadette at 924-3189 or send an email to [poi13002@isletapueblo.com](mailto:poi13002@isletapueblo.com) if you have any questions or need a registration packet. Space is limited!**



## Isleta Public Library

Hello people of Isleta,

If you haven't noticed already, but lately the weather has been pretty nice. Hopefully, the wind has blown itself away and nothing but long, warm summer nights are ahead. Almost all of the students are out of school for the summer and we hope that everyone had a great school year. Another year older, another grade ahead; some may be starting a new school next year or maybe some of you are finished. Whatever the case, we all like to give everyone a big congratulation.

**We are also on our Summer Hours now until school starts up again Monday to Thursday: 8:00- 6:30**

**Friday: 8:00- 4:30**

**Saturday & Sunday: CLOSED**

The Library will be closed on Friday, July 2nd and Monday, July 5th

### NEWS

We opened our Summer Reading Program registration on Monday, May 24th and all sixty spots filled up that same day. We do have

a waiting list started and if any of you would like to put your child on it please call in as soon as possible. If any registered student should be dropped for any reason the first person on the waiting list will be called and so on. After June 30th we will be taking no more students on the waiting list. Due to our limited capacity we are unable to take more than the sixty students that we already have. We are sorry for the inconvenience.

Need a computer but don't have the money to get one? Well, the library and M.I.S. department have rounded up eleven recycled desktop computers to give away to the community. All you need to do is submit an essay no longer than two pages to the library explaining how a computer would benefit you and your family. Articles will be read and judged by the library board, teen library board, and library staff. The deadline for the articles is Friday, July 30 and the winners will be notified and announced on Friday, August 13. If you should have further questions about this "contest", please call the library at 505.869.8119 and talk to a library staff member. Good luck to all of you submitters.

The staff here at the library conducted an inventory of the entire collection. Our collection grows bigger and bigger each year and we are glad to see so many of you coming in and making use of the resources. We have mailed out letters that show any books that you have not returned or unpaid dues. If you have lost the books or have any questions please come in and get this taken care of so your name will be cleared. Some letters were returned because of a wrong address and we have some with no address at all. Here is a list of those people. Please come in or call to update your information. Thank you.

Abeita, Nathan J.P.  
Abeita, Priscilla  
Anderson, Tehya Dawn  
Analla, Elexyas M.  
Astorga, Bridgett R.  
Begay, Kirby J  
Benavidez, Bernadette  
Cassola, Crystal Rose  
Caston, Elissa  
Chavez, Aiden Paul  
Chavez, Candice Nichole  
Chavez, Marcos Jose  
Cherino, Glorianna

Chewiwi, Dawn  
Chewiwi, Rhealyn  
Chinana, Tanya R.  
Epiceno, Sesar  
Fisher, Victoria O.  
Francis, David J.  
Garcia, Martin  
Garcia, Brandy R.  
Garcia, Rose Ann  
Gasper, Patrick Jr L.  
Hansen, Henrik  
Jojola, Deanna  
Jojola, Devan N.

Jojola, Louisa A.  
Jojola, Mary-Terres  
Jojola, Michael A.  
Jojola, Raymond R.  
Jiron, Bryanna  
Jiron, Jeremy  
Lente, Kara  
Lucero, Larissa  
Lucero, Maria D.  
Lucero, Pae-Poo-You S  
Lujan, Jared  
Lujan, Kyle A. L.  
Martin, Desi

Moqunino, Ronald N.  
Morrow, Eliza  
Montoya, Cubathee  
Montoya, Garrett  
Padilla, Chris R.  
Padilla, Mary D.  
Pesina, Marissa  
Stapleton, Jon  
Sandoval, Audrey R.  
Vallo, Joaquin P.  
Whatley, Fenyx  
Zuni, LeeAnne M.

### UPCOMING

As of right now we have no upcoming programs, except for the Summer Reading Program. We will be concentrating on these students for June and July and will kick back up with our Library Programs in August. If you have any suggestions for some new programs, please feel free to come in. We have a comment box by the door if you wish to express your opinion anonymously.

### RECAP

On May 1st, we held our 2nd Annual Flea Market. We had vendors with a lot of different things to sell. The library was selling food and we would like to thank all of you that came and supported your library. All of the money made is going straight to future library programs. Also, a big thank you to the vendors who came out and brought all of their things, we hope you made a profit.

Since we had an extra piñata and two bags of candy left over from the Easter Holiday Activities, we decided to have a small Cinco de Mayo fiesta with a slight educational twist. First, we started off by busting the Easter Egg piñata, then played a round of musical chairs to the likes of the Ricky Martin, Selena, Ritchie Valens, Gloria Estefan, and the songs Low Rider and

Tequila. To end the fiesta we had two rounds of tug of war where one side was the French army and the other was the Mexican Army (not the Spanish Army who is from Spain). The participants enjoyed the spur of the moment fiesta planning, perhaps come August we shall reenact the Pueblo Revolt of 1680.



*Living 'la Vida Loca' on Cinco de Mayo*

The week before Mother's Day, we held arts and crafts for the students to work on for their moms. We planted flowers, made cards, wrote poems, and made other hand made projects. We hope that all the mothers who received one of these, enjoyed it.

In the month of May we got a visit from the librarians from the State Library. They

were impressed with how well we are in tune with the community and how we can make use of the little space we have here. Apparently, our layout of our library is very welcoming, meaning once you come into the library, you end up staying longer than you intended to. They were also impressed with the number of teens that we bring into our library, our technology upgrades, and our social networks, such as business email, web site, Google Map, and MySpace. We also received great feedback for our promotional efforts in the form of putting



*Proud Winners of 1,000+ Tickets*



up the blue road signs, articles in the tribal newsletter, flyers, and the participation in other department fairs. The amount of collaboration the library does with other departments left them in awe but credit should be given to all the departments who collaborated with us to make those services possible to the community. However, they did bring to our attention that our Collection Development Policy has not been updated since 2004 and therefore we were asked to update it. So, if there is anything you as community members feel the library should get more information on, please inform us so the resources may benefit you and the rest of the community.

As you know, we had to reschedule our bread baking class to May 22nd. A lot of work goes in to baking bread and we had some very eager students excited to learn about the process. Mary Jane did a good job of teaching this tradition to young members of this community. One student, Bernie Jaramillo, learned how to clean, start, and warm the oven. He can now take what he learned and help his own family. They also learned the different styles of baking the bread such as the rabbit, flower, braid, and Dolly Parton. Thank you everyone who came and helped and each student that participated. Thank you to the Language Department for letting us use their building.

Thank you for taking time to read about our library department; be sure to visit us soon.

Pueblo of Isleta Pueblo  
Public Library Business Information:  
**SUMMER HOURS**

Monday – Thursday:  
8:00 a.m. to 6:30 p.m.

Friday: 8:00 a.m. to 4:30 p.m.

Saturday and Sunday: **CLOSED**

Phone: (505) 869-8119

Fax: (505) 869-7690

Email: poi2002@isletapueblo.com

Web Address: <http://www.isletapueblo.com/library2.html>

The Library will be closed on Friday,  
July 2nd and Monday, July 5th



*"Uno, Dos, Tres, PULL!!!"*



*Cooling Off @ Hinkle Family Fun Center*



*"I think it needs more newspapers and less wood"*

**Isleta Pueblo  
News**



**Editor:** Ulysses Abeita  
**Asst. Editor:** Beverly Piro  
**Published By:**  
Valencia Express



**Congratulations Nathan**



## EATING SUGGESTIONS TO PREVENT A STROKE

### AMERICAN STROKE MONTH

Making healthy food choices which are lower in sodium (salt) and fat (saturated fats, trans fat & cholesterol) can help to lessen your risk of stroke. Here's how....

Low fat cooking at home with fresh, frozen or canned (reduced sodium or no salt added) products allows more control compared to eating out or buying convenience & processed items. Use more herbs & spices which don't contain salt: garlic, pepper, basil, oregano, Mrs. Dash or your own salt-free seasoning mixture, chili, lemon juice, etc.

The DASH (Dietary Approaches to Stop Hypertension) eating plan suggests including plenty of fruits & vegetables (4 1/2 cups) & fat-free or low-fat dairy foods (2-3 cups) each day to lower blood pressure.

#### To lower your SODIUM INTAKE, choose LESS:

- ▶ salt & seasonings containing salt (garlic salt, onion salt, lemon pepper)
- ▶ convenience & processed foods (TV dinners), instant or dehydrated items (instant gravy & potatoes); salty snack foods (chips, pretzels, crackers)
- ▶ smoked or cured meats (bacon, ham, lunchmeats, corned beef, hot dogs)
- ▶ processed cheese (Velveeta) & cheese spreads
- ▶ regular canned or dried soups (Ramen) & broth
- ▶ sauerkraut, olives, pickles, relish & items in a brine
- ▶ regular condiments (catsup, mustard, soy sauce, BBQ sauce, bottled salad dressings)

#### To lower your SATURATED FAT & CHOLESTEROL INTAKE, choose LESS:

- ▶ animal sources- fatty cuts of red meat & pork; sausage, bacon, hot dogs, lunchmeats
- ▶ whole milk products: cheese, cream cheese, sour cream, ice cream
- ▶ hardened (hydrogenated) fats: lard, shortening, salt pork, butter, margarine
- ▶ egg yolks (limit to 3 per week); skin on poultry
- ▶ Baked goods, pastries, doughnuts, high fat crackers & snack chips

Shop for low fat or fat-free forms of the above items. Look for products which say "no trans-fatty acids" (mainly found in margarines, crackers, baked goods). Bake, broil, grill, boil (less frying) & try your favorite recipes prepared with lower fat ingredients. Include omega-3 fatty acids found in certain fatty fish (salmon, sardines, tuna, mackerel) twice a week. Heart healthy fats are olive oil, canola oil, olives, nuts & avocado yet be mindful of their calories.

Terri P. Elisberg, RD, LD, CDE, Nutritionist  
Isleta Diabetes Prevention Programs  
869-4093 telisberg@islclinic.net

## FRUIT AND VEGGIES

There's a huge variety of fresh produce available during the summer and it's not too late to get started! Aside from being delicious, low calorie and full of vitamins, minerals and fiber, eating 5 or more servings a day may help protect you from chronic diseases, including stroke, heart disease and certain cancers.

### SAVE TIME & MONEY!

- ▶ Pick ones that require little peeling or chopping-- ready to grab when tempted to snack on something less healthy.
- ▶ Buy "in season" when less expensive, store properly & freeze or can excess.
- ▶ Make vegetable based one-pot meals using beans or smaller amounts of meat.
- ▶ Grab & go! Make a fruit roll-up with whole wheat tortilla, thin spread of peanut butter & add your favorite fruit.

### TRY THESE SUPER SNACKS WITH A TWIST:

#### 1 MINUTE BANANA SPLIT

Cut a banana lengthwise & place in a dish. Top with 1 or 2 scoops of vanilla or

or lemon frozen yogurt, strawberries, crushed pineapple & non-dairy whipped cream

#### TORTILLA TREATS

Bake tortillas until lightly browned, about 5 minutes. Top with a mixture of low-fat cream cheese, honey or sweetener, raisins and chopped apples; sprinkle with cinnamon sugar (sweetener)

#### CRAZY CURRY VEGETABLE DIP

Mix in a bowl, plain low-fat yogurt, a little low-fat ranch dressing, some shredded carrots, minced green onions, pinch of sugar, and dash of curry powder. Taste & chill. Thread a colorful variety of veggies on skewers & serve with dip.

#### THE 45-SECOND FRUIT SALAD SNACK

Stir together mandarin oranges, a sliced banana, cut-up apple & a few frozen blueberries for a color, refreshing, fast salad or snack!

Terri P. Elisberg, RD, LD, CDE  
Nutritionist, Diabetes Prevention Programs  
Pueblo of Isleta

## SAVE THE DATE

### Isleta Health Center's Annual Community Health Fair

**July 17, 2010**  
**at the**  
**Isleta Recreation**  
**Center**  
**9am-Noon**  
**Early Detection**  
**and Screening**  
**Prizes and MORE!**



## Workforce Investment Act (WIA) News

First of all, I would like to thank the following individuals and programs for their contribution and donations to the 31st National Indian and Native American Employment & Training Conference that was held at the Marriott in Albuquerque on April 25 — 30, 2010. We had a successful conference and the attendees enjoyed Cultural Night and Fun Night here at Isleta. I really appreciate all the hard work the Recreation staff did to make the evenings a memorable and enjoyable experience for the grantees and their families. Conference attendees were here from every state including Alaska, Hawaii and Canada. They have spoken highly of the Pueblo of Isleta and they said everyone was very friendly and helpful. They also stated that we have a beautiful Recreation facility. My thanks goes to the following individuals that assisted me with the conference:

- Governor Robert Benavides for his welcome speech at Cultural Night.
- Isleta Casino & Resort for a donation of a \$1500 Scholarship Award and numerous donations.
- Tribal Administration for their donation.
- Rick Giron and the Recreation staff for allowing us to utilize the Recreation Center and for assisting us with all the activities.
- Martha Lucero for catering the banquet and providing traditional food.
- Stephanie Zuni for a donation.
- EMS and Isleta Police Dept.
- Nana's Gift Shop for a donation.
- Indian Tee-Pee for their donation.
- Ron Martinez Looking Elk
- Conroy Chino
- HR (Veronica Johnson, Bernadette Romero, Carol Jiron, and Roberta Denton) for allowing me to attend all the planning meetings and conference and assisting me with the WIA program. I appreciate your help.

On a sad note, unfortunately we will not be able to have a youth program this summer. Our funding has not been released for the next year and we are still in the process of working on our grant. I hope to start the youth program in July or August for youth 16 and over. Our adult program will be on hold until July when we receive our funding for the 2010-2011.

The Isleta Tribal Youth Employment Program (ITYEP) is recruiting Isleta youth that are enrolled in a Work Study Program at local high schools. Youth that need to work 180 hours for one credit for graduation should contact the ITYEP. I will need a letter from your teacher stating that you are enrolled in a work study program. This is a year round program. If you need more information please call me at 766-6652.

We have two individuals attending the National Ironworkers Training Program for American Indians in Chicago, Ill. beginning June 1 — August 12, 2010. This is a Pre-Apprenticeship Program and they will receive

a certificate and a job at the completion of the program. We have several individuals enrolled in CNM, The Contractor's School, and UNM for certificates, journeyman's license, contractor's license and Medical training.

The WIA program has resources available for job search and building resumes. We have served 122 people in the past year with Core Services. We assist individuals that need training. Our Work Experience (WE) program for adults and youth has been successful. Adults and youth enrolled in the WE and Classroom Training Program received employment and training in job skills. A few adults entered permanent employment after finishing the WIA Program. Youth have continued their education after exiting the WIA Program and some have received their high school diplomas. Our performance measures are job retention and entered employment. We are accomplishing our goals and I am very proud of our youth and adults for achieving their goals.

Mary Abeita, Workforce Investment Act

### Prevention is the Key to Staying Healthy

1. Wash Hands Often with Soap and Warm Water.
2. Cough into your hand, elbow, or tissue, not toward another person.
3. If you have flu-like symptoms, stay home until at least 24 hours after your fever is gone (without fever-reducing medicines).
4. Avoid touching your eyes, nose and mouth.
5. Avoid contact with sick people

### Isleta Language Program

Mah-wan!

## After School Program

Location:  
Old Elementary  
School.

The Isleta Language Program is offering a After School Language Program Monday thru Thursday for grades K – 12 for those who are interested in Learning to speak the Isleta Language.

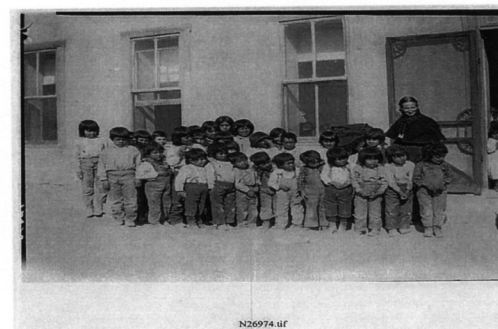
- 3 pm – 6 pm  
Monday, Tuesday, and Thursday
- 2 pm – 6 pm Wednesday
- Must be of Isleta Blood to attend.



#### Isleta Language Program

For more information  
contact Paul Lujan  
at the Department of  
Education

Phone: 505-924-3187  
Fax: 505-869-7690





# Isleta Community Health Fair A Healthy Body and Spirit Stay Smoke Free

**July 17, 2010**

at the **ISLETA REC CENTER**

9am-Noon

Offering Isleta Community Members:

**PRIZES!!**

**Fun Jump for the Kids!**

**Rock Climbing Wall**

**Excitement for All!!**

**EARLY DETECTION AND SCREENINGS**

**NUTRITION, MASSAGE THERAPY,**

**DIABETES EDUCATION,**

**FRUIT BASKET WALK,**

**RAFFLE PRIZES,**

**AND**

**MUCH MORE!!!**



**Isleta Health Center**

**and**

**Isleta Head Start**

**Keeping our Community Healthy**

For more information contact

Stephanie Barela

869-4479

sbarela@isclinic.net

Face Painting,  
Balloons,  
Climbing Wall  
Food  
and FUN!!

**Food!!**

**Puppet Show:**  
9:30-10 and 11-11:30

1 T-shirt per Evaluation  
while supplies last

## Electrical Cords

With computers, monitors, printers, fax machines, clocks, lamps, space heaters, and radios, offices these days can quickly become congested with cords and cables. Electrical cords and cables require special care, or they can easily become tripping and fire hazards. Look around your office and answer the questions below:

- Are electrical cables, cords and plugs clean and free from kinks, cuts, chemical damage, fraying and tears?
- Do you carry equipment at its base and never by its cord?
- Do you use extension cords only temporarily (i.e. remodeling, maintenance)? If you need them longer than temporarily, you need permanent wiring.
- Do you avoid running cords through holes in walls, ceilings, floors, doorways or windows?
- Do you replace damaged and defective cords?

If you have any "no" answers, your office may have an electrical hazard.

## ACT IN TIME TO HEART ATTACK SIGNS

# Heart Attack Warning Signs

### LEARN WHAT A HEART ATTACK FEELS LIKE.

**Act fast. Call 9-1-1.**

**It could save your life.**

Treatments can stop a heart attack as it is happening. They work best if given within 1 hour of when heart attack signs begin. If you think you are having a heart attack, call 9-1-1 right away.

### KNOW THE HEART ATTACK WARNING SIGNS:

Your chest hurts or feels squeezed



One or both arms, your back, or stomach may hurt.



You may feel pain in the neck or jaw.



You feel like you can't breathe.



You may feel light-headed or break out in a cold sweat.



You may feel sick to your stomach.

### YOU MAY NOT BE SURE IT IS A HEART ATTACK.

A heart attack may not be sudden or very painful. You may not be sure what is wrong. But it is important to check it out right away.



**ACT FAST.  
CALL 9-1-1.**



Call 9-1-1 in 5 minutes or less. Do not drive yourself to the hospital.



When you call 9-1-1, an emergency vehicle arrives right away. Treatment can begin at once.

### TO HELP SURVIVE A HEART ATTACK, TAKE THESE STEPS:

- 1** Learn the heart attack warning signs, and act fast if you feel them.
- 2** Talk with family and friends about the warning signs and the need to call 9-1-1 right away.
- 3** Ask your doctor about your heart attack risk and how to lower it.



## WIC NOTES

### Important Baby Milestones By the End of 3 Months

Babies develop at their own pace, so it's impossible to tell exactly when your child will learn a given skill. The developmental milestones listed below will give you a general idea of the changes you can expect, but don't be concerned if your own baby's development takes a slightly different course.

#### Social and Emotional

- ▶ Begins to develop a social smile
- ▶ Enjoys playing with other people and may cry when playing stops
- ▶ Becomes more expressive and communicates more with face and body
- ▶ Imitates some movements and facial expressions

#### Movement

- ▶ Raises head and chest when lying on stomach
- ▶ Supports upper body with arms when lying on stomach
- ▶ Stretches legs out and kicks when lying on stomach or back
- ▶ Opens and shuts hands
- ▶ Pushes down on legs when feet are placed on a firm surface
- ▶ Brings hand to mouth
- ▶ Takes swipes at dangling objects with hands
- ▶ Grasps and shades hand toys

#### Vision

- ▶ Watches faces intently
- ▶ Follows moving objects
- ▶ Recognizes familiar objects and people at a distance
- ▶ Starts using hands and eyes in coordination

#### Hearing and Speech

- ▶ Smile at the sound of your voice
- ▶ Begins to babble
- ▶ Begins to imitate some sounds
- ▶ Turns head toward direction of sound

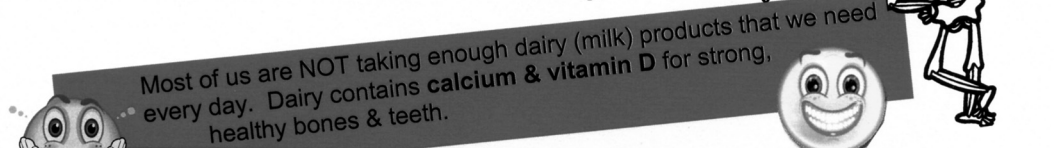
#### Health Watch

Alert your child's doctor or nurse if, by the end of 3 months of age, your child displays any of the following signs of possible developmental delay. Most infants do well with therapy when a developmental delay is detected early.

- ▶ Does not seem to respond to loud noises
- ▶ Does not notice her hands by 2 months
- ▶ Does not follow moving objects, with eyes by 2 to 3 months
- ▶ Does not grasp and hold objects by 3 months
- ▶ Does not smile at people by 3 months
- ▶ Cannot support head well by 3 months
- ▶ Does not reach for and grasp toys by 3 to 4 months
- ▶ Does not babble by 3 to 4 months
- ▶ Does not bring objects to mouth by 4 months
- ▶ Has trouble moving one or both eyes in all directions
- ▶ Crosses eyes most of the time (occasional crossing to the eyes is normal in these first months)
- ▶ Does not pay attention to new faces, or seems very frightened by new faces or surroundings
- ▶ Experiences a dramatic loss of skills he or she once had

Heidi Lanes, WIC Nutrition Coordinator

## JUNE IS NATIONAL DAIRY MONTH!

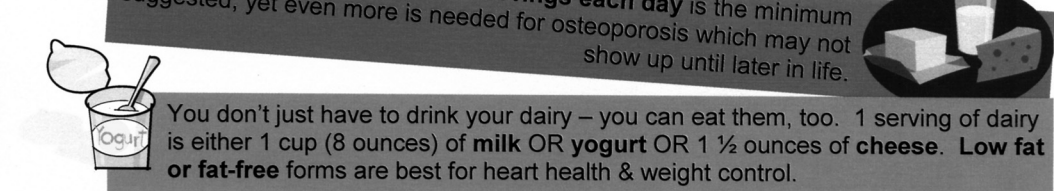


Most of us are NOT taking enough dairy (milk) products that we need every day. Dairy contains **calcium & vitamin D** for strong, healthy bones & teeth.

Research has shown that calcium can reduce the risk of hypertension (high blood pressure), kidney stones, cardiovascular (heart) disease, colon cancer, osteoporosis (fragile bones) & may help with weight management.

So how much is enough? **3 servings each day** is the minimum suggested, yet even more is needed for osteoporosis which may not show up until later in life.

You don't just have to drink your dairy – you can eat them, too. 1 serving of dairy is either 1 cup (8 ounces) of **milk OR yogurt OR 1 ½ ounces of cheese**. **Low fat or fat-free** forms are best for heart health & weight control.



### Recipe

#### Baked Mozzarella Sticks

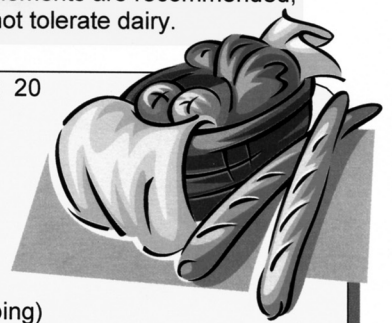
Makes 6 servings (2 cheese sticks is a serving); prep time: 20 minutes cook time: 5-6 min.

#### INGREDIENTS:

- 1 (12 ounce) pkg reduced-fat Mozzarella string cheese
- 1 egg
- 1 teaspoon Italian seasoning
- 8 tablespoons panko (Japanese) bread crumbs or regular type
- ½ cup prepared marinara sauce, warmed (optional for dipping)

#### INSTRUCTIONS:

Position rack in upper third of oven & preheat to 350 degrees. Line a baking sheet with foil & spray lightly with cooking spray. In small bowl, whisk egg until foamy. In small non-stick skillet, mix Italian seasoning with bread crumbs & place over medium heat. Cook & stir bread crumbs until lightly browned, about 5 minutes. Dip each piece of string cheese in egg until coated & then into toasted bread crumbs, coating completely. Place on baking sheet 1 ½ inches apart. Spray string cheese lightly with cooking spray. Bake 5-6 minutes or until heated through. Cheese may melt slightly & lose shape. Simply press back into place.



Pueblo of Isleta  
Diabetes Prevention Programs  
"TOTAL BODY HEALTH"

For more information contact,  
Terri P. Elisberg, RD, LD, CDE,  
(505) 869-4093

Past Freedom From Smoking Participants Continued Support

## Freedom Fighters



### Continued Support for Staying Smoke Free

3<sup>rd</sup> Tuesday of month 5:30-6:30 at  
the Isleta Health Center,  
Small Conference Room  
(north entrance)

**FOR PAST FREEDOM FROM  
SMOKING PARTICIPANTS**

June 15, 2010

5:30-6:30pm

Call Stephanie to Sign Up and learn  
more  
869-4479



July 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 508 Camp Rock Star 1-4pm 508 H.O.P.E. Mural 1-3pm Hype 508 Quarterly Magazine 5-7pm	2	3
4	5 Week 3 TIWA Language Camp	6 TFK Mountain Biking (10:00am-3:00pm) 508 Camp Rock Star 1-4pm Hype 508 Quarterly Magazine 5-7pm	7 508 Extreme Sports Photography 4-6pm	8 508 H.O.P.E. Mural 1-3pm 508 Camp Rock Star 1-4pm Hype 508 Quarterly Magazine 5-7pm	9 Fishing	10
11	12 Week 4 TIWA Language Camp	13 508 Camp Rock Star 1 -4pm Hype 508 Quarterly Magazine 5-7pm	14 NIYLP International Camp 508 Extreme Sports Photography 4-6pm	15 NIYLP International Camp 508 Camp Rock Star 1-4pm	16 NIYLP International Camp BBQ	17 NIYLP International Camp
18 NIYLP International Camp	19 NIYLP International Camp Week 5 TIWA Language Camp	20 NIYLP International Camp 508 Camp Rock Star 1-4pm	21 NIYLP International Camp	22 508 Camp Rock Star 1-4pm	23	24
25	26 Week 6 TIWA Language Camp	27	28	29	30 End of TIWA summer camp BBQ	31

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