



## GOVERNOR'S REPORT

Ma-Gu-Wam

Administration for the month of July is business as usual. We meet with tribal members as well as non-Tribal members daily. If you have any issues or concerns call 869-3111 to schedule an appointment.

### Middle Grande Conservancy Project (sediment hauling)

Per the Agreement on the Removal of Spoil Materials from the Pueblo of Isleta between the Middle Rio Grande Conservancy District (MRGCD), US Bureau of Reclamation (Reclamation) and the Pueblo of Isleta, signed on October 21, 2016 (a.k.a. "Sediment Removal Agreement") the MRGCD and BOR have five years to remove over 233,000 cubic yards of legacy spoil materials along the Belen Highline, the Chical Lateral, and parts of the Peralta Main, and the Los Lunas Lateral. Per the Agreement, legacy spoil materials are considered to be silt and sediment deposited on Pueblo lands near these four canals before October 21, 2016. These piles were formed by original material excavated during canal construction, as well as by materials dredged from these canals over the years and left in place by MRGCD for decades. MRGCD and Reclamation have five years to remove legacy spoil materials in the above mentioned areas; they are currently in year one.

MRGCD and Reclamation and have been working together this summer to remove legacy spoil piles from the west side of the Belen Highline, near TR 100. This work is being done using MRGCD and BOR in-house labor and funding, with coordination by POI. From June 15, 2017 to July 20, 2017, approximately 37,785 cubic yards of sediment were removed from the Belen Highline and disposed in an old I-25 barrow pit located on-reservation, referred to as Pit E. The deposition of sediment in Pit E minimizes haul costs, and will allow for eventual rehabilitation of the land, restoring it from a deep depression back to its natural topography. Funding for grading and re-seeding of the Pit area is included in settlement.

The Sediment Removal Agreement also establishes a protocol for disposing of transitional spoil material by MRGCD. Transitional spoil material is new sediment being pulled from the irrigation system since October 21, 2016, and must be removed within one year of accumulation. You may have seen these new piles accumulating along the Peralta Main near the Isleta Diversion Dam since spring 2017. Transitional spoil materials are stockpiled near where it's dredged for drying, and within one year of its accumulation, will be transported to a disposal location (Pit E or other POI designated location).

Legacy spoil material hauling and disposal will continue this year until August 2017, and will resume again next year. During the irrigation off-season, MRGCD will be working to remove transitional spoil materials. This cycle will continue over the next several years.

If you have questions about this project, please direct them to the Water Resources Department Director, Jessica Tracy, 505-869-5564 or [poi36001@isletapueblo.com](mailto:poi36001@isletapueblo.com).

### Mis-Management Settlement

*The mismanagement Case was a Federal Supreme Court Case that was adjudicated between 2006-2007. Isleta Pueblo received \$40 million dollars for projects identified as the removal of ordnances, reclaimed water logged farm lands and the thinning project on the Isleta Manzano Mountains. These projects are on the planning stages. Upon completion and the go ahead to start will create jobs for our people.*

The Southwest Regional tournaments held at the Isleta Little League Baseball fields brought players from Louisiana, Texas, Colorado and here from New Mexico. A total of 6 teams, Texas west – Greater Helotes LL, Texas East – Sinton LL; Colorado – Westminster LL; Louisiana – Vidalia LL; New Mexico-Clovis American LL; New Mexico Host – Westgate LL. Tournament Director is Pam Stanley from the NM District 9. Also assisting was Eugene Jojola along with 5 other umpires.

On July 15, the Environment Division held their 4th Annual Environmental Fair. The fair was well organized and it was good to see exhibits from a number of Pueblo of Isleta departments. This event brought the community together and it was good to see everybody enjoying the day in good spirits and having a good time.

The Pueblo's Environment, Solid Waste, Natural Resources, Utilities, Social

Services, Diabetes Prevention, the Health Center, EMS, and the Volunteer Fire programs all had extravagant displays with lots of information on water quality, recycling, wildland fire, the public drinking water, septic systems, first aid and CPR and healthy eating. Some other highlights were the live animals, reptiles and the raptors. It was also good to see a lot of our neighboring Pueblos come out and showcase their Environment and Natural Resources programs. The Pueblos of Acoma, Sandia, San Felipe, Ysleta del Sur as well as the Mescalero Apache tribe all had wonderful exhibits.

There was a lot of educational material for all ages and was good to see our youth engaged in conversations and activities at the fair. It is important that our youth understand why we need to take care of the environment. Everything we do in one way or another is connected to the environment. It is important for us as adults to set good examples for our children so they learn how important our earth and water is to us as Pueblo people.

Thank you to everyone that assisted the Environment Division with their event. From the Recreation staff to the families helping in the kitchen, everybody worked hard to make our community and non-tribal guests feel welcomed here in Isleta. Hawuh.

In conclusion I want to thank Ruben Lucero for a wonderful and successful Environmental Fair. The turnout was great and everyone I spoke to enjoyed the event.

## Tribal Council Update

On July 17, the Isleta Tribal Council approved a \$750 per capita distribution to be given out to tribal members on Saturday, August 5, 2017 at the Isleta Recreation Center from 8 a.m. to 1 p.m.

As part of the distribution, the tribal council is asking tribal members to fill out a survey to help with suggested changes to the tribal constitution. The survey will take less than a minute to complete unless you fill out the Comment section.

The survey will need to be turned in at the check distribution tables **before** you pick up your check. A copy of the survey is attached to this article.

Tribal council members will be on hand the day of the distribution to answer any questions. Thanks, in advance, for your cooperation.

### Constitutional Amendment Survey

- Are you in favor of changing the registration and tribal election dates?  
YES ☐ NO ☐
- Are you in favor of absentee voting (allowing you to vote in case you'll be unavailable on the day of the tribal election)?  
YES ☐ NO ☐
- Are you in favor of establishing voting districts?  
YES ☐ NO ☐
- Are you in favor of establishing an election board that would oversee the tribal election?  
YES ☐ NO ☐
- Are you in favor of using voting machines for the tribal election?  
YES ☐ NO ☐

COMMENTS: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_



PUEBLO OF ISLETA  
PUBLIC SERVICES DEPARTMENT  
UTILITIES DIVISION

THE WATER LINE BROKE -  
WHAT DO I DO?

It's a horrible feeling to see water gushing out of the wall, ceiling or around your plumbing fixtures. Plan in advance to know where your water shut-off valve is located in your home. Every home should have a main isolation valve located inside the home that will (if it works) shut off the water so repairs can be made.

If you do not know where your interior isolation valve is, or it is faulty, the next step in an emergency is to contact the Pueblo of Isleta Public Services Department, Utilities Division, at 869-9782, during regular working hours. After hours and holidays, contact Isleta Police Department non-emergency number of 869-3030 and they will contact the personnel to assist you.

Staff will respond as quickly as they can. Know where your outside water isolation valve is – this will save time once they arrive on scene. Not knowing where this valve is will cause a delay in turning the water off for you. Staff will first have to locate the valve and if it is buried or broken, it could take a long time to get the water shut off to your home. Meanwhile, water is still leaking from whatever broke inside, potentially causing a LOT of damage to your home and belongings.

The Pueblo is NOT responsible for damage done to your home or belongings if a water leak happens. YOU are responsible to know where your isolation valve is located inside the home and test it periodically to ensure it will work when needed. This simple device can save a lot of damage, stress and repair bills.

If you cannot locate the interior isolation valve, contact Isleta Housing for assistance. They may be able to help you locate the device. If you do not have an isolation valve, ask if they can assist you with the installation of one.

Every structure that has water service has an exterior isolation valve installed somewhere on the property. Homeowners sometimes “extend” their own water lines: To another part of the home, a frost free, another home on the site or anyplace else they desired to do so. Do you know if you have several buildings on one service line? Do you know if there are two or more service lines coming into your dwelling? Where are the isolation valves located for each of those service lines?

The utilities division staff does not have an easy method to locate isolation valves to help in an emergency. Unless the homeowner takes the time to locate each and every isolation valve on the property (if more than one) and marks each device for use in an emergency, precious time will be wasted trying to find the valve(s). Please take the time to locate your valve(s) prior to needing them. Mark the location with a something – a larger rock painted blue would be a great way to do so. It could save you a lot of time, money and distress.

Contact Public Services, Utilities Division at 869-9782 for questions or assistance in locating and / or testing your exterior isolation valves.

2017 Per Capita Distribution

At a duly called meeting, the Tribal Council of the Pueblo of Isleta authorized an August 5th, 2017 Per Capita distribution for Tribal Members who are duly enrolled as of July 17, 2017. The Per Capita distribution will be in the amount of \$750 per Tribal Member. The distribution will be made on Saturday August 5th, 2017 from 8:00am to 1:00pm at the Pueblo of Isleta New Recreation building. After August 5th, 2017, Per Capita checks may be picked up at the Treasury Office located within the Tribal Service Complex building during normal business hours 8:00am to 4:30pm Monday – Friday. Distributions not picked up or requested before December 1, 2017 will be VOID and NO LONGER AVAILABLE. Tribal members requesting their Per Capita check be mailed or picked up by another individual must provide a current, Original Notarized Letter to the Treasury Office (copies will NOT be accepted). For this August 5th, 2017 Per Capita distribution, the Pueblo of Isleta shall not withhold or garnish any amount from any individual Tribal Member.

4<sup>TH</sup> ANNUAL ENVIRONMENTAL FAIR!

The 4<sup>th</sup> Annual Environmental Fair was a success! We had a very good turn out and it was good to see the community come out and enjoy the day with us! Thank you to all the Pueblo Departments that participated and thank you to Arnold and all the recreation staff that assisted with the fair.

We received a lot of positive feedback from many of the exhibitors and many of them are already looking forward to next year’s fair! Thank you all very much and see you next year!



Nuclear Issues Study Group  
Protecting New Mexico from All Things Nuclear



Art by Rachel Abeyta Morgan

- Demand Sandia National Labs clean up their Radioactive Dump
- Stop Nuclear Waste from being shipped to New Mexico
- Ban Uranium Mining

Join community members and students as we organize to protect our communities, our water and our land.

Our meeting will be held on August 15, 2017 at 5:00 p.m.  
At the Isleta Elder Center. For more information, please contact  
Hanna-Marie Lucero at 505-388-5769.  
Thank you!



PROBATE NEWS

**First Notice – A petition to Probate the Estate of Estella J. Jojola, deceased April 23, 2017. Case No. CV-17-PRO-00007,** has been filed with the Pueblo of Isleta Tribal Courts. Any person claiming an interest in the Estate may notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. A hearing on the matter is scheduled for **Wednesday, September 20, 2017 at 9:00 a.m.** Claims must be filed in writing with the Isleta Tribal Court Clerk, located at the Tribal Service Complex, 3950 Hwy 47 SE, Building A, Albuquerque, NM. Any questions regarding the matter may be directed to the Isleta Tribal Court Clerk at (505) 869-9699.

**First Notice – A petition to Probate the Estate of Frank H. Abeita, deceased July 27, 2008. Case No. CV-17-PRO-00008,** has been filed with the Pueblo of Isleta Tribal Courts. Any person claiming an interest in the Estate may notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. A hearing on the matter is scheduled for **Wednesday, September 20, 2017 at 10:00 a.m.** Claims must be filed in writing with the Isleta Tribal Court Clerk, located at the Tribal Service Complex, 3950 Hwy 47 SE, Building A, Albuquerque, NM. Any questions regarding the matter may be directed to the Isleta Tribal Court Clerk at (505) 869-9699.

**First Notice – A petition to Probate the Estate of Maria Eulalia Abeita, deceased November 26, 2016. Case No. CV-17-PRO-00009,** has been filed with the Pueblo of Isleta Tribal Courts. Any person claiming an interest in the Estate may notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. A hearing on the matter is scheduled for **Wednesday, September 20, 2017 at 10:00 a.m.** Claims must be filed in writing with the Isleta Tribal Court Clerk, located at the Tribal Service Complex, 3950 Hwy 47 SE, Building A, Albuquerque, NM. Any questions regarding the matter may be directed to the Isleta Tribal Court Clerk at (505) 869-9699.

**First Notice – A petition to Probate the Estate of Elsie H. Lucero, deceased April 9, 2017. Case No. CV-17-PRO-00010,** has been filed with the Pueblo of Isleta Tribal Courts. Any person claiming an interest in the Estate may notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. A hearing on the matter is scheduled for **Wednesday, September**

**27, 2017 at 2:45 p.m.** Claims must be filed in writing with the Isleta Tribal Court Clerk, located at the Tribal Service Complex, 3950 Hwy 47 SE, Building A, Albuquerque, NM. Any questions regarding the matter may be directed to the Isleta Tribal Court Clerk at (505) 869-9699.

**Second Notice – A petition to Probate the Estate of Michael Paquin, deceased March 14, 2017. Case No. CV-17-PRO-00006,** has been filed with the Pueblo of Isleta Tribal Courts. Any person claiming an interest in the Estate may notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. A hearing on the matter is scheduled for **Wednesday, June 14, 2017 at 2:45 p.m.** Claims must be filed in writing with the Isleta Tribal Court Clerk, located at the Tribal Service Complex, 3950 Hwy 47 SE, Building A, Albuquerque, NM. Any questions regarding the matter may be directed to the Isleta Tribal Court Clerk at (505) 869-9699.

**Second Notice – A petition to Probate the Estate of Jose Seferino Lucero, deceased September 17, 1979. Case No. CV-17-PRO-00004,** has been filed with the Pueblo of Isleta Tribal Courts. Any person claiming an interest in the Estate may notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. A hearing on the matter is scheduled for **Wednesday, September 27, 2017 at 10:00 a.m.** Claims must be filed in writing with the Isleta Tribal Court Clerk, located at the Tribal Service Complex, 3950 Hwy 47 SE, Building A, Albuquerque, NM. Any questions regarding the matter may be directed to the Isleta Tribal Court Clerk at (505) 869-9699.

**Second Notice – A petition to Probate the Estate of Juanita Z. Lucero, deceased January 31, 1989. Case No. CV-17-PRO-00005,** has been filed with the Pueblo of Isleta Tribal Courts. Any person claiming an interest in the Estate may notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. A hearing on the matter is scheduled for **Wednesday, September 27, 2017 at 10:00 a.m.** Claims must be filed in writing with the Isleta Tribal Court Clerk, located at the Tribal Service Complex, 3950 Hwy 47 SE, Building A, Albuquerque, NM. Any questions regarding the matter may be directed to the Isleta Tribal Court Clerk at (505) 869-9699.

**Second Notice – A petition to Probate the Estate of Brian Nicolas Lucero Jr., deceased March 28, 2017. Case No. CV-17-PRO-00003,** has been filed with the Pueblo of Isleta Tribal Courts. Any person claiming an interest in the Estate may notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. A hearing on the matter is scheduled for **Wednesday, September 27, 2017 at 9:00 a.m.** Claims must be filed in writing with the Isleta Tribal Court Clerk, located at the Tribal Service Complex, 3950 Hwy 47 SE, Building A, Albuquerque, NM. Any questions regarding the matter may be directed to the Isleta Tribal Court Clerk at (505) 869-9699.

GUARDIANSHIP ACTION

**First Notice IS HEREBY GIVEN** of a pending guardianship action in the Pueblo of Isleta Tribal Court, In The Matter of **Naveah K. Fuse**, A Minor Child, and concerning **Vanessa Waseta** and **Jesus Castro**, Petitioners, **Case No. 17-GUA-00003.** GREETINGS: **Brandon Keith Fuse**, you are hereby notified that the above-named Petitioners have filed a Petition for Guardianship of **Naveah K. Fuse** born on **May 30, 2008** to **Salvieg F. Lucero** and **Brandon Keith Fuse**. Any claims of opposition against this Petition for Guardianship must be filed with the Pueblo of Isleta Tribal Courts within sixty (60) days after the date of first publication of this notice. The Pueblo of Isleta Tribal Court is located at the Tribal Service Complex, 3950 Hwy 47 SE, Building A, Albuquerque, NM. If you have questions, please contact the Pueblo of Isleta Tribal Courts at (505) 869-9699.

NAME CHANGE

**Second Notice** that in accordance with Pueblo of Isleta Tribal Court requirements the **Petitioner Earnest Jaramillo** has applied to the **Honorable Michelle Brown Yazzie**, Tribal Court Judge of the Pueblo of Isleta, at the Tribal Services Complex. Bldg A, 3950 Hwy 47 SE, Albuquerque, NM 87105, for an **ORDER FOR CHANGE OF NAME from Jose Ernesto Carlos to Ernest Charles.** Any person claiming in interest in this matter may be notify the Court in writing and/or attend the hearing. The hearing on this matter is scheduled for **Wednesday, August 02, at 9:00 a.m.** Any interested parties may contact the Tribal Court Clerk with any questions at 505-869-9699.

ISLETA TRIBAL COURT JURY TRIALS

On November 14, 2001, the Isleta Tribal Council passed Resolutions 2001-134 and 2001-135, which govern jury trials in the Tribal Court. These resolutions may affect you either as a juror or as a criminal defendant. Because you may be called as a potential juror in the near future, you should know your rights and duties. This article will tell you what you need to know about the Pueblo of Isleta Tribal Court jury system. According to the Tribal Council's resolutions:

1. A person accused of a crime may have a jury trial only if the crime is **punishable by jail**. There is no right to a jury trial in civil cases.
2. A person who wants a jury trial must request a jury at the time of arraignment.
3. Juries will have six members and two alternates. Prospective jurors will be randomly chosen.
4. You are qualified to be a juror if you are a member of the Pueblo and are at least eighteen years old.
5. Even if you are otherwise qualified, you may not serve on a jury if you are an elected or appointed official, you work for the Tribal Court, you work for the Pueblo's Police or Wildland department or wild land, or you have been convicted of a felony. If you fall into any of these categories and are summoned to serve on a jury trial, you must

appear and tell the Court why you are not qualified to serve. If you do not appear, the Court may fine you up to \$500.00.

6. Even if you are qualified to be a juror, the Court may disqualify you from jury duty if you have a legal or personal relationship with one of the parties, you are biased or prejudiced in some way (so that you will not be able to decide the case fairly), or for any other reason justifying dismissal. If you fall into any of these categories and are summoned to serve on a jury trial, you must appear and tell the Court why you should be disqualified. If you do not appear, the Court may fine you up to \$500.00.

7. The Court may excuse otherwise qualified individuals if they are participating in traditional activities within the community, if they are ill, if they are disabled, or for any other good reason. If you fall into any of these categories and are summoned to server on a jury trial, you must appear and tell the Court why you should be excused. If you do not appear, the court may fine you up to \$500.00.

8. Serving on a jury is your legal and civic duty — if you are summoned by the Court to serve on a jury, you must appear when summoned. If you do not come to Court for jury selection and service, the Court may fine you up to \$500.00.

9. Your employer may not punish you in

any way if you are summoned to jury duty. Any employer who discharges, disciplines, threatens otherwise coerces an employee who is to serve jury duty, may be held in contempt of court and penalized.

10. Jurors shall be paid \$50.00 per day for their jury service.

11. The Defendant who wants a jury trial will not pay any fees before the trial. However, if the Defendant is found guilty by a jury, the Defendant will pay Restitution to the Pueblo of Isleta for the cost of the trial. The restitution will be in addition to any fines or other sentencing requirements, and will include \$50.00 per trial day for court costs and \$50.00 per day per juror. (For example, a person convicted in a jury trial that lasts one day will be required to pay \$450.00 restitution: \$50.00 court costs + (8 jurors x \$50.00) = \$450.00.)

If you have any questions about juries or your rights or duties, please call the Tribal Court at 505-869-9699 for more information.

*A digital copy of this article and Resolution No. 2001-134, Pueblo of Isleta Jury Trial Rules and Procedures can be located at these two sites:*

*Tribal Community Web Page: <http://www.isletapueblo.com/tribal-community.html>*  
*Tribal Court Web Page: <http://www.isletapueblo.com/tribal-court.html>*





Faith Formation for Youth and Children

MISSION STATEMENT:

The St. Augustine Parish Religious Education Program provides continuing faith formation for children from First Grade through High School. This program assists, directs and helps parents, the primary educators, with ongoing education in their children’s formation.

Religious Education is a continuing process of “education of the different dimensions of faith.”

Our mission is to share with all parents and children the knowledge of our faith and beliefs. To share an experience of formation in Christ and to rekindle in all of us a community of God’s people.

ADMISSION:

Admission is open to all children whose parents or one parent is Catholic. In addition, the family must be current and registered parishioners.

REGISTRATION:

Registration is scheduled for the following Sundays: August 20th, August 27th, September 3rd, and September 10th after the 8:00 a.m. and 10:00 a.m. Masses.

The following records are needed for every student entering the program:

- 1. Baptism certificate (**only if student was baptized at a parish other than St. Augustine**).
- 2. First Communion Certificate (if student has received this sacrament) for registering for Confirmation.
- 3. Data on any medical problem that your child may have, along with any emergency contact information.

TUITION & FEES:

A Fee of \$20.00 per child will be due at the time of registration. A child will receive a textbook or bible as well as any related materials as needed. Our catechists volunteer their time and are not compensated for their work.

RELIGIOUS EDUCATION SCHEDULE OF CLASSES:

- 2nd Year Confirmation Students . . . . . Sundays:  
class held after the 8:00 am Mass.
- 1st Year Confirmation Students . . . . . Sundays:  
class held after the 10:00 am Mass.
- First Communion and Grade 2 . . . . . Tuesdays:  
4:14-5:30 pm
- Grade 1, Prep Class\*, Grades 4-7 . . . . Wednesdays:  
4:15-5:30 pm

\*Prep Class (ages 9-12) – Children who have never attended Religious Education classes in Grades 1-3.

SACRAMENTAL POLICIES:

It is our church policy that a child must have attended religious education Grades 1 and 2 before entering into a sacramental preparation class. We follow the Archdiocesan guidelines for determining the age and readiness of children for sacraments. **Children the age of thirteen (13) years and older who have not been baptized or have not made their First Holy Communion must attend RCIC** (Rite of Christian Initiation for Children) on Sundays with Shirley Zuni.

LETTER FROM THE EDITOR

**DEADLINE for September Newsletter articles is set for Wednesday, August 23, 2017 at 4:30pm.** Articles may be dropped off at the Library or emailed to [poi02002@isletapueblo.com](mailto:poi02002@isletapueblo.com). Should you email your article, expect a confirmation email. If you do not receive a confirmation email, odds are it never made it to me and then it’s time to panic, so call Nate at 505.869.9808.

People whom wish to submit an article or flyer are responsible for generating their own article or flyer. Should you need help, please call the Library at 505.869.9808 and set up a date and time to sit down with a Library staff member whom will help you throughout the process. The Library will NOT accept notes dropped off at the Library or information over the phone to generate your article.

**PROBATES** need to be published in the Newsletter for two consecutive months. Probates are considered court documents therefore all submitters must provide: 1) Name of Deceased, 2) Date of Deceased 3) Court Case # and 4) Date of Court Date. A Probate form can be found on the Newsletter Archive page at <http://www.isletapueblo.com/newsletters.html> .

**CLASSIFIED ADS:** The new administration has requested that the Newsletter start a Classified Ad section for Tribal members selling land, houses, mobile homes, vehicles, and farm equipment. Leasing of houses and mobile homes will be accepted. Smaller items which can be sold at the local flea markets or weekly yard sales will NOT be accepted.

Currently, this service is FREE to Tribal members. Land, houses, and mobile homes must be within the reservation boundaries. Ads must meet the 160 character limit. Ads that exceed the 160 characters will NOT be submitted into the Newsletter. A single picture may be submitted with the ad. Submitters of classified ads are responsible for generating their own ads as this is a FREE service.

As a reminder, Tribal business owners may submit a small flyer at no charge. Like the classified ads, business owners are responsible for generating their own flyers as this is a FREE service.

Classified ads and business flyers will be posted no more than two consecutive months. In the event where the Newsletter may exceed the 24 page limit, classified ads and business flyers will be “bumped” for newsletter articles. Again, this is a FREE service for Tribal members.

The Isleta Newsletter is owned and operated by the Pueblo of Isleta. Therefore, the Governor of the Pueblo of Isleta has the final say of all articles and contents within the Isleta Newsletter.

For additional questions, you may call the Library and speak with Nate or Tara at 505.869.9808.

Thank you,  
Nathaniel Lujan

Newsletters may be found at the sixteen distribution locations listed below. Remember, Digital copies of the Newsletter may be obtained from the Newsletter archive at <http://www.isletapueblo.com/newsletters.html>

The sixteen Newsletter distribution locations are:

- 1) The Administration Building (Governor’s Office): Receptionist Desk
- 2) Census Office: Receptionist Desk
- 3) Health Center: Lobby(Newsletter Stand)
- 4) Housing Department: Receptionist Desk
- 5) Department of Education: Receptionist Desk
- 6) New Recreation Center: Newsletter Stand
- 7) Old Recreation Center: Front Desk & Breakroom (Newsletter Stand)
- 8) Tribal Service Complex: Receptionist Desk
- 9) Tribal Service Complex: I.P.D. Dispatch Window
- 10) Tribal Service Complex: Tribal Courts Window
- 11) Elders Center: Receptionist Desk & Lunch Delivery
- 12) Head Start: Receptionist Desk
- 13) Library: Newsletter Stand
- 14) Ranchitos Park: Blue Box (see picture for example)
- 15) Old Head Start Complex: Blue Box (see picture for example)
- 16) Intersection of Tribal Road 82 & Tribal Road 84: Blue Box (see picture for example)







PUEBLO OF ISLETA  
Celebration of Annual Feast Days

St. Augustine, August 28, 2017  
San Agustinito, September 4, 2017  
With Vespers Night, September 3, 2017

Booth spaces available for both dates  
10x10=\$25.00 or 10x20=\$50.00

Contact Isleta Governor’s Office @ 505-869-3111



Health Beat:  
**Heat and Sun Safety**  
Shawnee Arciniega, Health Education Intern  
www.cdc.gov www.nmhealth.org  
505-869-4479 | shawnee.arciniega@islclinic.net

Summer is here! That means fun days under the sun at graduation parties, barbeques, swimming pools or other outdoor activities. It is important to practice heat and sun safety to reduce risk of heat stress or skin damage from the sun. Here are some key tips to remember.

**Be Sun Smart**

- \* Wear protective items such sunglasses and a hat to minimize exposure to the sun.
- \* Use sunscreen with a minimum of SPF 15 and reapply every couple of hours, especially when swimming (even if it's waterproof). Apply at least 30 minutes prior to any activity in the sun to allow absorption of the products. Check the expiration date; after two years, it's time to replace it. .
- \*Stay in the shade or use an umbrella to shield yourself from the sun.

**Beat the Heat**

- \* If possible, stay indoors between 10am – 4pm. The sun is at its highest and hottest point during these hours.
- \* Avoid areas with a lot of gravel and concrete as they tend to be hotter than greener areas.
- \* Stay hydrated! Extra fluids are needed during hot weather.
- \* NEVER leave children, pets, or the elderly in a car, no matter how brief. Temperatures within a car can rise 30 to 40 degrees within minutes on a 90 degree day, even with the windows down.
- \* If you are concerned about an individual left in a car in Isleta, notify the Police Department at 505-869-3030.

**Risks and Warnings**

Overexposure to heat and sun can cause immediate or future problems.

- \* Heat “illnesses”, like heat exhaustion or stroke, can become serious very quickly.
- \* Warning signs include: heavy sweating, weakness, dizziness, dehydration, or muscle cramps. If body temperature rises over 104 degrees, call 911 immediately.
- \* Everyone can develop sun burn, regardless of skin tone. Treat sun burned skin with a cool cloth, soothing lotions or aloe vera.
- \* Constant exposure to the sun's ultraviolet (UV) rays increases the aging process, risk of skin cancer, and skin discoloration.
- \* Regularly self-examine skin for unusual moles or suspicious markings, as they could be a sign of skin cancer. If needed, schedule an appointment at the Isleta Health Center, 505-869-3200.

**Optometry Department  
Change to Optical Store Hours**



Due to the increased volume of patients getting glasses in the eye clinic, our hours for frame selection, glasses orders, adjustments, and repairs will change starting **Monday July 3, 2017**.

- Below are the specific changes:**
1. Patients will be able to take care of their optical/ glasses needs **Monday-Friday** between the hours of **1:00pm to 4:00pm only**.
  2. Patients will no longer be able to walk back to the optometry office and will be required to check in at the front desk.
  3. The afternoon store hours are on a **first come first serve basis** and is considered a walk-in clinic.

This change will allow the optometry staff to better serve patients while allowing the optometrist full time attention to provide comprehensive eye exams.

We thank you for your patience.  
Feel free to contact us with any questions or concerns at (505) 869-4080. Thank you for letting us take care of your vision and eye health.



**CLINIC CLOSURE NOTICE:**  
**BE SURE TO MARK YOUR**  
**CALENDAR**

Please be advised that the Isleta Health Center will be **CLOSED ALL DAY** on:  
**Thursday, \*August 17, 2017\*** for:  
**Mandatory Employee Training.**

If the Isleta Health Center is **CLOSED** and you are experiencing a life threatening emergency such as chest pain, severe injury/bleeding, or severe breathing problems, **CALL 911** immediately.

URGENT CARE FACILITIES		
Please call facility for hours and to ensure they accept your insurance plan.		
First Nations Community Health 5608 Zuni Road SE ABQ, NM 87108 505-262-2481	Presbyterian Urgent Care on Isleta Boulevard 3436 Isleta Blvd. SW ABQ, NM 87105 505-462-7777	Presbyterian Pediatric Urgent Care @ Presbyterian Hospital 1100 Central Ave. SE ABQ, NM 87106 505-841-1819
NextCare Urgent Care 200 Rio Bravo Blvd. SE ABQ, NM 87105 505-545-6138	Urgent Care - Davita Medical Grp @ Journal Center 5150 Journal Center Blvd. NE ABQ, NM 87109 505-262-7000	UNM Adult Urgent Care 2211 Lomas Blvd. NE ABQ, NM 87106 505-272-9646

**Thank you.**  
**Normal operating hours will resume on**  
**August 18, 2017**

**\*\*You must notify the PRC (Purchased/Referred Care) office at 869-4488 within 72 hours if you are seen at any facility other than the Isleta Health Center.\*\***





**\*\*PLEASE NOTE: POSITIONS ARE OPENED UNTIL FILLED\*\***  
*Vickie Carrion 244-8206 or Andrea Fuentes 724-3920*  
[www.isleta.com](http://www.isleta.com)  
Updated: July 21, 2017 (Internal Postings in BOLD)


Auto req ID	TITLE	DEPARTMENT	DIVISION
1308BR	ATTENDANT CONCESSIONS - CHILI RISTA	F&B DELI	FOOD & BEVERAGE
1312BR	ATTENDANT VALET	VALET	HOTEL
1311BR	ATTENDANT VALET	VALET	HOTEL
1309BR	ATTENDANT VALET	VALET	HOTEL
1310BR	ATTENDANT VALET (Part time)	VALET	HOTEL
1313BR	CHEF	F&B TIWA	FOOD & BEVERAGE
1307BR	CONCESSIONS SUPERVISOR	F&B DELI	FOOD & BEVERAGE
1299BR	DEALER - POKER Part-Time	POKER	GAMING
1305BR	HEAVY DUTY CLEANER-F&B	F&B UTILITY	FOOD & BEVERAGE
1282BR	HVAC	FACILITIES MAINTENANCE	FACILITIES
1281BR	HVAC	FACILITIES MAINTENANCE	FACILITIES
1288BR	MASSAGE THERAPIST - SPA	SPA THERAPY	HOTEL
1283BR	PREVENTION MAINT TECHNICIAN	FACILITIES MAINTENANCE	FACILITIES
1314BR	SOUS CHEF-BANQUET	F&B CATERING BANQUETS	FOOD & BEVERAGE
1304BR	SPA REPRESENTATIVE	POOL MAINTENANCE	FACILITIES
759BR	2ND MECHANIC	FUN CONNECTION	AMENITIES
1264BR	ADMIN ASST HOUSEKEEPING	HOTEL HOUSEKEEPING	HOTEL
1302BR	AGENT-SURVEILLANCE	SURVEILLANCE	GAMING
1235BR	SUPERVISOR- PREVENTION MAINTENANCE	FACILITIES MAINTENANCE	FACILITIES
1303BR	AGENT-SURVEILLANCE	SURVEILLANCE	GAMING
1227BR	ATTENDANT CONCESSIONS - CHILI RISTA	F&B DELI	FOOD & BEVERAGE
1148BR	ATTENDANT CONCESSIONS - CHILI RISTA	F&B DELI	FOOD & BEVERAGE
1147BR	ATTENDANT CONCESSIONS - CHILI RISTA	F&B DELI	FOOD & BEVERAGE
1228BR	ATTENDANT CONCESSIONS - CHILI RISTA	F&B DELI	FOOD & BEVERAGE
1194BR	ATTENDANT LAUNDRY	HOTEL HOUSEKEEPING	HOTEL
1206BR	ATTENDANT RETAIL(part-time)	RETAIL MAIN	RETAIL
1297BR	ATTENDANT ROOM	HOTEL HOUSEKEEPING	HOTEL
1301BR	ATTENDANT ROOM	HOTEL HOUSEKEEPING	HOTEL
1296BR	CASHIER - CAGE	CAGE	GENERAL & ADMINISTRATION
1208BR	COOK - PREP KITCHEN	F&B PREP KITCHEN	FOOD & BEVERAGE
1243BR	COOK-BANQUET	F&B CATERING BANQUETS	FOOD & BEVERAGE
1204BR	COOK-BANQUET	F&B CATERING BANQUETS	FOOD & BEVERAGE
1242BR	COOK-DELI	F&B DELI	FOOD & BEVERAGE
1300BR	FLOOR TECHNICIAN-SLOTS	SLOTS	GAMING
1229BR	HEAVY DUTY TECHNICIAN-HOUSEKEEPING	HOTEL HOUSEKEEPING	HOTEL
1169BR	HOUSEMAN-HOUSEKEEPING	HOTEL HOUSEKEEPING	HOTEL
1268BR	IT SPECIALIST II	IT	GENERAL & ADMINISTRATION
1153BR	MACHINE TECH-COUNT	COUNT	GENERAL & ADMINISTRATION
1279BR	PORTER-CUSTODIAL (GRAVE)	CUSTODIAL	FACILITIES
828BR	PORTER-CUSTODIAL (SWING)	CUSTODIAL	FACILITIES
830BR	PORTER-CUSTODIAL(GRAVEYARD)	CUSTODIAL	FACILITIES
1259BR	REPRESENTATIVE GUEST SERVICE	MARKETING PLAYERS CLUB	MARKETING
918BR	SECURITY OFFICER I (PART TIME)	SECURITY	GAMING
1220BR	SECURITY OFFICER II	SECURITY	GAMING
1219BR	SECURITY OFFICER II	SECURITY	GAMING
1218BR	SECURITY OFFICER II	SECURITY	GAMING
371BR	SUPERVISOR CENTER BAR	F&B CENTER BAR	FOOD & BEVERAGE
1295BR	SUPERVISOR FLOOR TABLE GAMES	TABLE GAMES	GAMING
1101BR	SUPERVISOR HOUSEKEEPING	HOTEL HOUSEKEEPING	HOTEL
1298BR	SUPERVISOR SHIFT - PALACE WEST	PALACE WEST	GAMING
1203BR	TIWA LINE COOK	F&B TIWA	FOOD & BEVERAGE
1245BR	TIWA LINE COOK	F&B TIWA	FOOD & BEVERAGE
1247BR	TIWA LINE COOK	F&B TIWA	FOOD & BEVERAGE
1246BR	TIWA LINE COOK	F&B TIWA	FOOD & BEVERAGE
1248BR	TIWA LINE COOK	F&B TIWA	FOOD & BEVERAGE
1191BR	UTILITY-F&B	F&B UTILITY	FOOD & BEVERAGE
1186BR	UTILITY-F&B	F&B UTILITY	FOOD & BEVERAGE

Pueblo of Isleta Career Opportunities

POSITION	Department,	Closing Date
ACADEMIC COACH,	Dept. of Education,	Open Until Filled
NEW- ADMINISTRATIVE ASSISTANT I,	Treasury Office, WITHIN ONLY-	07/25/2017
NEW- ANIMAL CONTROL OFFICER,	Public Services/Natural Resources,WITHIN ONLY-	07/26/2017
ARCHITECTURAL TECHNICIAN,	Housing Authority,	Open Until Filled
BUS DRIVER (2 Part-time),	Head Start & Child Care,	Open Until Filled
CHILD CARE PROVIDER,	Head Start & Child Care,	Open Until Filled
CLINICAL THERAPIST,	Health Center,	Open Until Filled
COMMUNITY HEALTH NURSE,	Health Center,	Open Until Filled




POSITION	Department,	Closing Date
DATA COORDINATOR,	Head Start and Child Care,	Open Until Filled
GRANTS COORDINATOR,	Treasury Office,	07/24/2017
HVAC TECHNICIAN,	Housing Authority,	Open Until Filled
IN-HOME CARE ATTENDANT,	Elder Center, WITHIN ONLY-	Open Until Filled
NEW - LANGUAGE COORDINATOR,	Dept. of Education, WITHIN ONLY-	07/31/2017
NURSE EDUCATOR,	Health Center,	Open Until Filled
NEW- OUTREACH MANAGER,	Elder Center, WITHIN ONLY-	07/31/2017
PAINTER,	Housing Authority,	Open Until Filled
PERSONAL CARE SERVICE AIDE (Occasional),	Elder Center,	Continuously Accepting Applications
PHYSICAL THERAPIST,	Health Center,	Open Until Filled
PHYSICIAN,	Health Center,	Open Until Filled
PLUMBER,	Housing Authority,	Open Until Filled
REGISTERED NURSE (RFT),	Health Center,	Open Until Filled
SPECIAL EDUCATION TEACHER,	POI Elementary School,	Continuously Accepting Applications
TEACHER-ELEMENTARY SCHOOL POI,	Elementary School,	Continuously Accepting Applications
TEACHER II-EARLY HEAD START,	Head Start & Child Care,	Open Until Filled
TIWA LANGUAGE TEACHER (2 positions),	Department of Education, WITHIN ONLY-	Open Until Filled
TIWA LANGUAGE TEACHER,	Elementary School,	Open Until Filled
VETERAN SUPPORT SERVICE PROGRAM MEMBER,	Elder Center,	Open Until Filled



### Construction Labor Needed

Isleta Casino & Resort Remodel

#### Must Apply at :



A TRUEBLUE COMPANY

**DESCRIPTION**

Construction Laborers clean and/or prepare construction sites to keep the job moving and eliminate possible hazards. Work closely with the site supervisor.

**RESPONSIBILITIES**

Responsibilities may include but are not limited to:  
Move, secure, install, build, load, or unload materials as directed by the site supervisor.  
Move items from place to place, according to project plans or direction from the site supervisor.  
Move dirt or other material as directed in plans or by supervisor

**QUALIFICATIONS**

- Experience on commercial construction sites
- Tools of your trade
- Documentation to show you are legally eligible to work in the US
- Experience on commercial construction sites
- Verifiable work history
- Able to pass a drug test

**WEBSITE LINK**  
<http://www.peopleready.com/job-description/Construction-Laborer-Albuquerque-NM-351>

**ADDRESS**  
8900 San Mateo Blvd. NE  
Albuquerque, New Mexico

**PHONE**  
505.348.3082

**EMAIL ADDRESS**  
[351-br@peopleready.com](mailto:351-br@peopleready.com)

**BRANCH #**  
351

**BRANCH HOURS**  
Monday - Friday; 6:30 a.m. - 5:00 p.m.

**ADDITIONAL INFO**

We are an equal opportunity employer.

One of the nation's fastest-growing cities, Albuquerque was named after the viceroy of New Spain, the Duke of Albuquerque. Livestock, farming, high-tech and even manufacturing industries thrive there.

### Tips for Night Driving

#### From the Isleta Health Center's Optometry Clinic

**1. Never wear tinted lenses while driving at night**  
– So called night driving lenses with any amount of tint or polarization only reduce the already limited amount of light available to your eyes making driving more hazardous.


**2. Wear lenses with Anti Reflective (AR) coating**  
– AR coatings minimize distracting internal lens reflections which can be significantly more noticeable at night.

**3. Have regular eye exams and ensure your eyewear prescription is up to date**  
– Even slightly uncorrected refractive errors can make night time driving more difficult.

**4. Make sure your corrective lenses are clean**  
– Dirty lenses can limit your view and induce glare.

**5. Make sure your windshield is clean**  
– As with corrective lenses, dirty windshields will also limit your view and induce glare.

**6. Make sure your head lights are clean and properly aligned**  
– Dirty headlights can reduce efficacy by 75%.



### Thinking About Quitting

NOT READY TO COMMIT TO A FULL Quit Smoking PROGRAM?

Take this 1 time, 1 on 1, 90 minute session to increase your motivation to quit!

Call Stephanie, Health Educator  
@ 869-4479 to Sign Up  
Isleta Health Center



WELL, THE GOOD NEWS IS THE DROUGHT IS OVER.

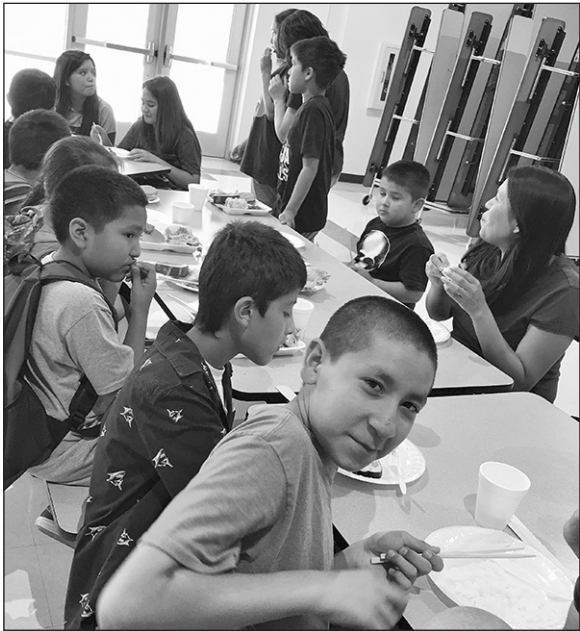
WRP 11-16-17



## Pueblo of Isleta Elementary School

Our Summer Break is almost over and we are ready to go “Back to School!” The Pueblo of Isleta Elementary School will begin classes on Monday, August 14, 2017. We are still accepting enrollment applications for Kindergarten through Sixth Grade Students. Students enrolling will need to complete the Enrollment Application, and provide copies of their Birth Certificate, Tribal Enrollment Letters or Certificate of Indian Blood, (CIB), and Health Records with a Physical if entering Kindergarten, or as a new student. We hope that you consider the Pueblo of Isleta Elementary School for your child’s educational needs. We offer small class sizes with highly qualified teachers and also offer “Specials” for Art, Music, Computer Lab, Library and Physical Education. If you have any questions, please contact the school at 505-869-2321.

The Summer Program was a great success! During the final week of June, the school hosted a group from the International Youth Fellowship, (IYF). They shared their many talents and skills with our POIES students. They provided special classes in the areas of Dance, Science, Art, Mind Lecture, Korean Cooking and Korean Culture. The students and staff learned how to make a type of Korean Sushi called “Gimbap,” and were able to taste-test many other traditional Korean dishes.



### Talent Show Event



The students and staff held a Talent Show Event on the last day of the Summer Program to showcase some of the things they had learned during the Summer and to share their many talents with their parents and the community. Students sang, danced, demonstrated their skills in archery and showed everyone just how much fun “Science” could be. We are hoping that this is the first of many cultural exchanges with IYF.





The Pueblo of Isleta Elementary School has a newly resurfaced playground! Pending the final inspections, students should be able to enjoy the artificial grass surface when school begins. The playground has been specially cushioned and is designed to stay cooler in our hot sun. The students have eagerly waited for this project to be completed. A big “Thank-you” to the Exerplay and Forever Lawn Work Crews that spent the hottest part of our summer completing this project, and to the Pueblo of Isleta and Governing Board for their help and support.

*We have many fun activities planned for the early part of the school year including a “Fall Family Fitness Night,” our Annual “Family Science Night,” and field trips to some of our National Parks. We invite you to join us!*

August 2017

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

September 2017

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

October 2017

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

November 2017

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

December 2017

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

January 2018

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

2017-2018 School Calendar

Pueblo of Isleta Elementary School

180 School Days

1000 Moonlight Drive

505 869-2321 (Fax) 505 869-1625

Albuquerque, NM 87105

Aug 1-Aug 11

Professional Development Days

Aug 14

First Day of School for Students

Aug 23

Early Dismissal 12:30

Aug 28

Feast Day-No School

Aug 31

Open House

Sep 4

Labor Day-Feast Day

Sep 13

Early Dismissal 12:30

Sep 27

Early Dismissal 12:30

Oct 11

Early Dismissal 12:30

Oct 25

Early Dismissal 12:30

Nov 8

Early Dismissal 12:30

Nov 10

Veteran's Day-No School

Nov 22

Early Dismissal 12:30

Nov 23-24

Thanksgiving -No School

Dec 13

Early Dismissal 12:30

Dec 18-Jan 2

Christmas Break

Jan 2

Professional Development-No School

Jan 3

Students Return

Jan 10

Early Dismissal 12:30

Jan 15

MLKing Birthday - No School

Jan 18

Parent Teacher Conferences

Jan 24

Early Dismissal 12:30

Feb 14

Early Dismissal 12:30

Feb 19

President's Day-No School

Feb 28

Early Dismissal 12:30

Mar 12-Mar 16

Spring Break

Mar 28

Early Dismissal 12:30

Mar 30

Good Friday-No School

Apr 2

Professional Development-No School

Apr 11

Early Dismissal 12:30

Apr 25

Early Dismissal 12:30

May 9

Early Dismissal 12:30

May 23

Early Dismissal 12:30

May 25

Last day

February 2018

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28			

March 2018

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

April 2018

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

May 2018

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

June 2018

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

July 2018

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

Grading Periods - Report Cards

Oct 16

End of first quarter-45 days

Oct 25

Parent Teacher Conferences

Jan 9

End of second quarter-46 days

Jan 18

Parent Teacher Conferences

Mar 23

End of third quarter-46 days

Apr 4

Report Cards / Conferences (OPT)

May 25

End of fourth quarter- 43

May 25

Report Cards

Parent Advisory Meetings

Sept 7

Parent Advisory Committee

Oct 5

Parent Advisory Committee

Nov 5

Parent Advisory Committee

Dec 7

Parent Advisory Committee

Feb 1

Parent Advisory Committee

Mar 1

Parent Advisory Committee

Apr 5

Parent Advisory Committee

May 3

Parent Advisory Committee

OTHER EVENTS

Aug 31

Open House

Oct 27

Halloween Carnival

Jan 6

King's Day

Apr 1

Easter Sunday

May 13

Mother's Day

May 18

Field Day

May 22

Rites of Passage

May 24

Awards Ceremony

No School

Early Release

Parent Advisory Meetings

Professional Development (No school for students)

End of Grading Period

Parent Teacher Conferences

First & Last Day of School



## HIGHER EDUCATION

### All Students:

All students will need to submit **All Required Documents** (see Scholarship Checklist on Isleta Higher Education website) to be determined for eligibility on/ or before deadline dates:

§100.6 When **are my documents due?**  
(a) You must submit all required documents on the following dates to receive consideration for a grant. Funding ***will not*** be provided if documents are received after these deadline dates.

Full Academic Year: (August - May)  
Application due July 1st  
Supporting documents Due August 31st

Fall Semester/Term: (August – December)  
Application due July 1st  
Supporting documents Due August 31st

Spring/Winter Semester/Term:  
(January – May)  
Application due November 1st  
Supporting documents due  
December 31st

Summer Semester/Term:(May – July)  
Application due April 1st  
Supporting documents due May 31st

Student please be respectful of application and document deadlines. To be considerate of all funding all deadlines are enforced. It is the responsibility of all students to submit all documents by deadline dates.

### Reminders:

- Students it appears there is an increasing amount of students requesting student loans after being awarded their “Isleta Pueblo Supplement Scholarship”. Student loans are very much discouraged. The Pueblo of Isleta Scholarship program will not be responsible for repaying any loans. Receiving student loans do affect your supplement scholarship funding and also affects an over award on your account from your institution. We have been in contact with the institutions and they have informed us the students awards will be returned to Isleta Pueblo as the student has over exceeded their Institution budget.
- Students it is extremely important you communicate with our office regarding any changes to your education, such as your class schedule, e-mail, phone number, etc.....
- All continuing students are required to submit **Official Transcripts** at the end of each term. ***\*Failure to provide Official Transcripts may suspend your scholarship award\****

If you have any questions or need further assistance, please do not hesitate to contact the Scholarship Program:

Cecelia Jaramillo, Scholarship Coordinator  
poi08001@isletapueblo.com

Kathleen Jojola, Scholarship Assistant  
poi08004@isletapueblo.com  
Phone: (505) 869-9790

**Delsin Jaramillo**  
Son of Richard Jaramillo  
8th grader going to 9th Grade

On July 8-12, 2017, Delsin attended the Global Conference of Educational Robotics (G.C.E.R.) in Norman, Oklahoma for the International BotBall Tournament. Sixty-five teams from around the world competed including Delsin as One Person Team. Botball is a competition where participants build robots and are given the task of coding the robots to conduct specific task. This is all done with the help of sensors. Scoring was based on moving game pieces throughout the course to score the most points in two minutes.

Delsin first got into robotics at the age of six while playing with Legos. However, he never saw himself in the robotics field or let alone thought about what he wanted to do with his future, until he met Creighton Eddington, Los Lunas middle school robotics teacher. With Mr. Eddington’s patience and guidance, his interest and skills in robotics blossomed to the point where Botball became his immediate goal. In the beginning, Delsin admits that it was challenging having to work with everything in the kits but his imagination did not allow him to fail.

Throughout his experience, he learned that teamwork is the main concern of working together and the synchronism of the group leads to success. However, due to unforeseen circumstances with teammates, Delsin found himself as one person team in Norman, Oklahoma.

In the seeding rounds of the International Botball Tournament, his top score was 9 and was ranked 59th while other teams scored 200 points or more. In the double elimination bracket, Delsin along with his bot won a total of 4 rounds and placed between the 9th and 16th place. After all had concluded, he was awarded the “Rookie Team Award” despite being a one person team and was given an invitation to attend next year’s G.C.E.R. International Botball Tournament.

When ask to reflect on his overall experience, Delsin said, “I feel like I still won because sometimes in life the most rewarding thing other than winning is losing and having to learn from the experience in order to improve.”

He then went on to thank Mr. Eddington for giving him the opportunity and taking the time out of his life to make his students better. Lastly, he would like for his family to know that none of this would have been possible if it were not for their love and support.





**Pueblo of Isleta Elementary School**

**NOW ENROLLING**

**Grades K-6 Students**

For the

**2017-2018 School Year**

**Register Early-Be Ready**



**Stop by the school to pick up enrollment packets**

**7:30-3:30 M-F**

**Call 869-2321**

**For more information**





**Isleta Health Center**  
*Medical Clinic News*



### Prepare for the new school year!

☞ Does your child need an annual school check-up or sports participation clearance?

☞ Are your child's immunizations up to date?

Call us today to make a summer appointment for your child's wellness visit or update their immunizations even if no sports participation clearance is needed!

**869-4089**


Please bring all required forms to the appointment. Patients under 18 years of age must be accompanied by a parent or legal guardian.

THE MEDICAL CLINIC DOES NOT ACCEPT  
WALK-IN PATIENTS FOR PHYSICALS.

Thank you for your cooperation




Isleta Health Center Staff




**Isleta Health Center**  
*Medical Clinic News*

## Pediatric Fluoride Treatments



As of July 2017, the Medical Clinic will be providing Fluoride Treatments for all children ages 9, 12, 18 and 24 months during their scheduled Well Child Visits, as recommended by the US Preventive Services Task Force.



**Marcus “Whee-Bu” Martin**

12/30/1985-07/01/2017

Thank you to all family, friends and the community for being there for our loss when our beloved Marcus was called to our creator. He will forever be missed. He was a LOVING father, son, brother, nephew, uncle, and cousin. His sense of humor will never be forgotten and all the good times we had.

*God called your name so gently  
That only you could hear  
No one heard the footsteps  
Of the Angel drawing near...  
Softly from the shadows,  
There came a gentle call,  
You closed your eyes  
And went to sleep  
You quietly left us all.*



*May you Rest in Paradise Marcus until  
we meet again.*

**Dear Pueblo of Isleta Community:**

On behalf of my family, I would like to send my sincerest gratitude for all your love, prayers, and contributions at the passing of my daughter Naomi Martinez. Naomi was a strong woman and will be missed by all of her loved ones. She has two children Paula and John Paul as well as two grandchildren. She also had many relatives from Laguna, Jemez, and Taos come to the funeral.



We would especially like to thank the following people for all their help during Naomi's funeral: Father George, Mark Dixon and the Natural Resources crew, Isleta EMTs, Lovelace Kindred Hospice, Tony and Sharon Jaramillo, choir members, and Tutu Frances for conducting the rosary.

There are countless others from the village, whose generosity was such a blessing to us. We extend our love and blessing to all of you whom came to help send Naomi off in such a heartfelt and loving way.

Sincerely, *Vera Lente and family*

**Tata Joe D. Lucero**

Tata Joe D Lucero was a handsome man, from his looks to his personality. He was born on June 22, 1917, and this year we were so blessed to celebrate his one hundredth birthday. He was a father, grandfather, great grandfather, god father, and uncle to many people, but most of all he was our leader.

During his life he accomplished many wonderful things, along the way he met our loving and gorgeous mother / grandmother Nana Guadalupe Lucero. Together they had five beautiful daughters and one handsome son whom took qualities of each of their parents to pass on to their children (a total of sixteen grandchildren). From the grandchildren, a new generation was born in twenty-four great grandchildren. Even though most of the great grandchildren were too young to know him well, they knew him enough to love and respect him.

We hope to keep our The-eh and Che-ee's qualities alive as we continue to practice and partake in our family traditions. Some of the last words he shared with us was "we all have to go, but we will all be together in the end, I love all of you."

We will never forget what our The-eh taught us and will continue to value the memories we had with him. He waited for 4th of July to come around so he could go out in a bang. We love you and we're going to miss you very much Tata, you will always and forever be our Teh-eh Bro. - Elyza Zuni

From Tata Whe-tus family we want to thank our community for all the help and support you have given us. We appreciate you all. Thank you from the bottom of our hearts. - Virginia, Norbert, Stephanie, Antone, and Ruffles.







## Pueblo of Isleta Public Library

With the summer beach body season over, we can now turn our attention and focus to our winter transformation and school mindset. On a side note, incoming freshman, the “Freshman 15” is not myth! With that said, let’s move on to some library news!

### News

The library will be closed from 8:00am-12:00pm on August 2nd due to our monthly staff meeting. We will take this time to review and discuss our Summer Reading Program as well as plan upcoming library programs for the community and public.

St. Augustine Feast is just around the corner. Because we have not heard of any POI closures at this time, please keep a look out for library signage and FB posts of any closures. Of course, you can always give us a call at the library at 505.869.9808 and we will be happy to relay any information we may have.

Join the Library team! The Library will be creating a Library Board open to anyone 16 years old and up. Volunteer as a member of the Library board of the Pueblo of Isleta Public Library and voice your ideas, opinions and concerns for the betterment of library services for the community. The library is asking for at least 3 people to attend two meetings throughout the year. You will be contacted about upcoming meetings. If you are interested, please give Nathaniel Lujan a call at the Library 505.869.9808.

Many of you know that the library has upgraded our WIFI system to a new and improved connection. Some of our patrons have also encountered some issues. Please be advised that we are aware of the issue and will continue troubleshooting. We understand the frustrations that come along with trying to get work done on your personal devices while trying to connect to the internet therefore we would like to thank you in advance for your patience.

### Upcoming

Homework Help Program registration will begin on Tuesday, August 1st and will remain open until all 25 spaces are filled. We will be accepting students K-12th grade. Please come to the library to fill out a registration form. Program will begin as soon as school starts. Unfortunately we do not provide transportation. Our homework help program is designed to help students with their homework in a safe and comfortable environment. Library staff members are not certified tutors and are unavailable to provide one-on-one services with all students. However, library staff is well equipped with various resources and acquire the knowledge to provide such Homework Help services for students. If you have any questions or concerns please give us a call at 505.869.9808.

The library will be planning programs for children, teens, and adults in the upcoming weeks and months. Please keep your eyes and ears open. We are excited to share our knowledge with you. You can always refer back to our library website, library Facebook, Isleta Newsletter, and library flyers throughout the community. All our programs are open to the community and public.

The library will be hosting a Solar Eclipse program starting August 14th with many activities including arts and crafts, snacks, and video clips on how a solar eclipse works.

This will be open for all ages. This program will end with the viewing of the Solar Eclipse on Monday, August 21st at the Library at approximately 11:30am. Please do not look directly at the solar eclipse as this may cause damage to your eyes. The Library will have some proper eyewear for those who want to view the solar eclipse at the library. Time of events and activities are still being planned. Please call the library for more up to date information. If you have any questions or concerns give us a call at 505.869.9808.

### Recap

The Summer Reading Program ended on July 19th with their final presentation including presentations of model buildings from the Youth program and footage of our Animal Sleepover with our Junior program. Our Youth program ages 7-17 years old worked on models of buildings they thought were missing from the community. The final resulted in a wide range of different models such as a Hospital, Homeless Shelter, a Mall, Fire Station, Nerf Arena, and an Amusement Park. Each group gave a 10 minute presentation of why they chose to build it, where it will be located in the community and more details as to what they included in their buildings. Throughout the

summer they built different models such as Zombie Apocalypse shelter and a sugar cube Igloo. Along with the model of the Igloo, we attempted to turn that model into a life size Igloo with donated gallon milk jugs. Unfortunately that was an “epic fail”. Due to limited supplies and construction issues the students and staff were unable to make it happen. We would like to thank our library patrons who donated the milk jugs for this project. We would also like to thank Ernie Salazar and Anadine Jojola from Isleta Mapping and Surveying. They were able to share some tips on planning a building and give insight to their job.

Our Junior program focused on various animations from popular movies such as Toy Story, Moana, Lilo and Stich, and Finding Nemo just to name a few. Every day we read them a story, did a craft, and got daily exercise playing outside. We also had a special day where all the Juniors bought in their favorite stuffed animal for a sleepover at the Library. All in all, the Summer Reading Program was a success and received some positive feedback along with some feedback and suggestions for improvement for next summer. We would like to wish the students a great school year!

**BACK TO SCHOOL**

**Pueblo of Isleta Public Library**

**AFTER SCHOOL PROGRAM**

- Enrollment Registration starts August 1st at 8 a.m.
- Limited to 25 students
- Grades K-12
- Come in to register at library
- After school time frames are from  
**2:30 p.m. to 5:30 p.m. on**  
**Half Days— 12:30 p.m.— 5:30 p.m.**

For more information contact Isleta Library  
Phone: (505) 869-9808  
e-mail— poi02002@isletapueblo.com







PARKS & RECREATION

Our 2017 Summer Program just ended and based on the feedback we received from the children that participated in this year's summer program it seems as though the program was a success. There were lots of smiles and from what I saw, there were lots of happy children again this summer. Unfortunately, this summer we were unable to pick up and return the children to and from their homes for the summer program and I was a little concerned that our program attendance would take a dip, but much to our surprise we still had very good attendance this summer. I want to thank all the parents and guardians for being so understanding of our situation and for making sure that they got their children here for this year's summer program. I truly appreciate your continued support and I'm sure that your children enjoyed their time with us. Over-all the summer was very good, we did have some minor issues that we had to deal with which is normal, but the children were fairly well behaved and the staff did a good job of dealing issues that came up.

Our summer field trips (Cliff's, Main Event, Isotopes Park, Hotel Cascada Water Park, Movies, Explora, The Tram, Ninja Core, Gravity Park, Roller King, Ice Skating, Build A Bear, and many more) are always a big draw, the children really seem to enjoy all the summer fieldtrips that they attend. We also had two camps for the children this summer which required participants to be physically active and involved. One was a basketball camp and the other was a running camp. Both camps were free to all participants and were well attended. It was great to see the kids in the summer rec program being physically active while participating. We look forward to the return of these camps next summer.

ANOTHER GREAT SUMMER!

Keep in mind that the summer recreation program is just a small part of what the Parks & Recreation Department does throughout the year. We also offer fitness program and opportunities for young adults, adults and elders at both the old rec (Pickle Heights) and new recreation centers. During the summer, the Old Rec houses our summer program for 4 & 5 year olds which is really a great program for that age group. We also have an awesome pool with a great aquatic staff so make sure to come down to take advantage of our aquatic programs.

PARKS MANAGEMENT/MAINTENANCE DIVISION

The Parks Management and Maintenance Division also do a wonderful job of taking care of the parks and other facilities within the Pueblo. These guys work their tails off in the heat of summer and the cold of winter but are rarely recognized. So, be sure to visit our beautiful well-groomed parks with the blooming plants and baseball fields with the lush green grass. These guys take great pride in their work and it shows which is why whenever there is a special project that needs that special attention to detail, they are the ones we call to make it a reality. It is awesome to know that we as a community can always count on their help and support. I would like to take this opportunity to personally thank them for the wonderful job they do for me and all of us year round. I encourage all of you to do the same, when you see our crew working around the pueblo, please take a minute to tell them hi and to let them know that you appreciate the things they do around the pueblo. I'm sure they will appreciate it. The

Parks crew consist of: Ron Abeita, Darren Chiwewe, Patrick Jiron, Tyler Jiron, Andrew Jose Jojola, Brian Lente, Donald Lucero, Isidor Lujan, Nick Padilla and Ted Rockwell.

In July there were a couple of big tournaments held at our fields and everyone I talked to commented on the great conditions of the fields and parks and how these fields were the best kept fields their children have played on. Some of these individuals were from out of state, so this is just another testament to the great job that our Parks crew does.

**OLD REC (PICKLE HEIGHTS)** – The Old Rec Center has a steady flow of users that come in for help with their various aches and pains. Not only does Mike Trujillo (Fitness Coordinator) and his staff of Fitness Instructors (Steven Abeita, Antoinette Emily Lucero and Constance “Connie” Olguin) do an outstanding job of healing the clients but they are always ready and willing to help their clients’ fitness needs. A good portion of their clients are 50 years young and they provide me with positive feedback about staff’s work ethics. With that said, please take advantage of their eagerness to help the clients. Our summer recreation program for 4 & 5 year olds that’s housed at the Old Rec center is a very good program for those young energetic children. Kim Chiwewe and her staff (Mary Carpio and Nathan Piro) were really good with the young ones. I’ve watched them and they were extremely patient and very caring with the kids in the program. The staff did a great job this summer.

**NEW RECREATION CENTER** – As mentioned earlier the summer program went well. Kids were happy and the summer staff (Brandon Abeita, Darren Abieta, Chalmarye Casquito, Chantelle Castillo, Andre Gabaldon, Edward Gonzalez, Keenan Gurule, Bryanna Jiron, Jacob Lucero, Vanessa Martin, Andrew Hunter, Yael Morgan, Jason Padilla, Augusta Piro, Makayla Piro, Merridith Platero, Cameron Zuni, Diedra Zuni, LeeAnn Zuni) did a good job this summer. The Nanas (Gloria Abeita and Abenita Abeita) did projects and activities all summer long with the children in the recreation program. The students were able to take home and share with their parents and / or guardians a lot of their projects which they enjoyed making with the Nanas.

Our Fitness Coordinator Bernadette Jojola and Fitness Instructors Mike Lente, Ray Mora, John Matt Jojola were busy with clients all summer long. They even made time to work with some of the kids in the recreation program. If you haven’t had a chance to talk with our fitness staff, please do so as they are very knowledgeable and always willing to help anyone with their health and fitness needs. Stop in sometime and allow our fitness staff to help you with any of your fitness needs.

UPCOMING EVENTS

**KUTS 4 KIDS – Sunday, August 13th, 2017 from 11 am to 3 pm at the Recreation Center**



PRESENTS

FREE  
EVENT / ADMISSION



Kutz4Kidz

kutz4kidz.org

Sunday, August 13  
11am - 3pm

The 2017 Kutz 4 Kidz Back to School Event is a charity project aimed at providing free haircuts, backpacks, and school supplies for underprivileged children in our community, just in time for back to school.

dreambigabq.org

BACK 2  
SCHOOL  
EVENT

**CONTACT**  
For Information  
(505) 869 - 9777

Free Hair Cuts  
School Supplies  
Health Screenings  
Entertainment  
Fun & Games

**PUEBLO OF ISLETA**  
PARKS AND RECREATION  
DEPARTMENT  
RECREATION CENTER  
TRIBAL ROAD 40, BLDG 60  
ISLETA, NM



This is an awesome event for all the children (Kindergarten through 12 grade) within the Pueblo, to get them ready for school. Bring your son, daughter, niece, nephew, grandson, or granddaughter so they may get a haircut and school supplies. They will be looking sharp when they go back to school. This event will be providing the following for children that attend:

- Free Hair Cuts
- Backpack filled with School Supplies (While they last)
- Free Health Screenings to ALL children. Parents / Guardians If Possible.
- Fun, Games, and Entertainment

This is a great event to get the children in our community ready for the upcoming school year. So be sure to come to the recreation center and join in on all the fun, **after all it is FREE!**

**SWIMMING POOL NEWS**

The summer season is almost over for us here at the Aquatics center, and it has been a very eventful and successful summer! The summer recreation program has officially ended, with the children of the pueblo getting a tremendous amount of use out of the pool. Our water aerobics class has continued through the summer creating a welcoming environment for members of all ages to exercise and have fun. We have also finished our third swim training session which was largely successful due to the hard work of our staff.

We are pleased to announce that this swim training session had a lot of participation from the community. This was our third session of the summer and yet another group of children can now swim due to the combined efforts of our staff. Tribal members could not be happier with the individualized training their child received and highly recommend it to their friends and family. What many people don't know is that this training is not only for children, our instructors can also train adults in refining their techniques, or just improving overall swimming skills. Your instructor will make an individual lesson plan starting at the level you are at and improving from there. Sign up online at the link below the article to start your private Swim Training Session! Swim workouts are also available at any time upon request to avid swimmers.

In other news this has been a very action-packed summer for our lifeguards, there has been many prevented drownings. A year ago when the pool was first reopened we would lend out all of our life jackets to children who did not know how to swim (as many as 35 lifejackets at a time were given out!) This summer we saw a drastic change, after working with the children and offering lessons and other programs to teach them to swim we were only giving out an average of 5 life jackets per swim session and many more goggles were given out because the children no longer fear the water! This is a testament to the vast improvement to the swim skills of the pueblo members and their children. You guys are doing great and we hope to see even more people in the pool this winter!

The children of the pueblo were treated to a pool party with the lifeguard twice over the

summer. The party included games (sharks and minnows, pool volleyball, and marko polo) and competitions with the lifeguards.

**SWIMMING POOL UPDATES AND CHANGES**

With the summer season coming to a close the pool will now have new hours. Starting August 7th we will be open from 5:30am to 9:30am on Monday, Wednesday, and Friday mornings. On Tuesday and Thursday mornings we will be open from 6:30am to 9:30am. Monday thru Thursday afternoon hours will be from 2:00pm to 6:45pm. Friday evening hours will be from 2:00pm to 5:30pm. Saturdays will remain 10:30am to 3:00pm. We have made these adjustments based on the request of our patrons, last year's attendance, and looking back at the most popular times the pool was used. This new schedule is centered around the needs of the community and we are always open to suggestions. Feel free to come in to talk to us about any programming ideas or our scheduling.

Now that the summer season is ending, we are changing the water aerobics times to accommodate more tribal members. Due to the request of community members, the new

times are going to be 5:30am on Monday, Wednesday, and Friday mornings every week. Come in to get your day started the right way with a good workout, and a lot of fun. Our instructor Cayden Sharp is looking forward to seeing you there!

The week after Summer Rec ends will be a cleaning week meaning we will be closed. This will start on July 29th and will end on August 7th. We will be open that following Monday the 7th at our new winter hours. During this cleaning week we will be draining the spa and wading pool to resurface them and hopefully make them look nicer. In addition we will be draining the main pool a little bit to fit the pool lights. All of the tasks will be done by our own professional staff.

Finally we would like to thank our summer and veteran lifeguards for their hard work. Our summer Lifeguards will no longer be continuing with us as our summer comes to an end. Elizabeth Brock, Hunter Tower, and Gema Andrade are our summer lifeguards this year and did an amazing job. We would also like to thank all of the tribal members that came in this summer to make it one of our most successful summers yet, without you our summer would not have been a success.

**Isleta Eagles Cross Country**

**2017**



**Cross Country Practice Schedule**

**Monday & Wednesday–SOCCER FIELDS**

**Tuesday & Thursday–BIG MAMA HILL**

**@ 5:30 pm**

Registration is still available for children who are interested in competing during the XC schedule as well as those who want to condition during the off season of another sport. No child will be refused from running with the team.

**Contact Philip Abeita**

**[POI92013@isletapueblo.com](mailto:POI92013@isletapueblo.com) or 505-274-4009**



PUEBLO OF ISLETA  
PUBLIC SERVICES DEPARTMENT  
UTILITIES DIVISION

WHERE DOES ALL THE WATER GO?

The facts are that every year, water usage goes up in the summer months. We all know the summers are hot and dry – and if we want to have a garden or a green lawn we need to water it to keep it growing, right?

So what effect does all the water usage have on the Pueblo’s water supply?

First, thank you to those that use the ditch water or a private well to irrigate their properties. This saves a LOT of “expensive” water. Think about the costs associated with using the water that is supplied to your home by the Pueblo; there is a real cost associated with your drinking water supply.

First a well has to be properly designed and constructed. Electricity is needed to operate the pump with a motor to bring the water up out of the ground which then sends it through a well house. Necessary treatment of the raw water occurs at the well house to provide safe drinking water for you to enjoy. Most of the water is then stored in a tank until needed, providing you with fire protection (in most areas) and sufficient water for all the residents to use.

From the storage tank, water is piped to various areas via distribution lines. The pipes have isolation valves and various fittings installed to get the water to the areas that need it. Fire hydrants are located along most of the larger main lines to provide fire protection for your homes. Flush hydrants are at dead-end main lines so the “old” stale waters can be removed as necessary to ensure you have a safe and reliable drinking water supply. Flush hydrants and fire hydrants are NOT to be used to water livestock or for irrigation purposes. A water system requires a lot of money in electrical, treatment (disinfection and arsenic removal), repairs, operation and maintenance costs to continually provide you with a safe and reliable water supply right at your tap!

Here is an example of how much water in 2017 the various residential areas of the Pueblo utilize, based on meters located at well sites throughout the Pueblo.

Eastside Area:	January usage:	3,494,248 gallons
	June usage:	7,428,810 gallons

That is more than double the amount of gallons pumped from wells in June.

Los Charcos Area:	January usage:	55,200 gallons
	June usage:	280,100 gallons

How many people reside in this area?

Subdivision Area:	January usage:	2,546,000 gallons
	June usage:	4,981,000 gallons

If there are 1,000 residents, that’s almost 5,000 gallons per person, for the month of June.

Westside Area:	January usage:	4,631,300
	June usage:	10,792,100

Wow – more than double the usage comparing January to June.

Please help the Pueblo save its precious resource, water. Use a less expensive water source than your Pueblo supplied water – use ditch/drain water if available or invest in a small irrigation pump to supply your garden or lawn with the water it needs to flourish.

Let’s all do our part to conserve water and save money!

If you have any questions, please contact Edwin Jaramillo at 869-9782 and he can help you find an alternative water source that will benefit both you and the Pueblo.


# Attention Pueblo of Isleta

## Survey Work on the Pueblo

The Public Services and Water Resources Departments have hired a consultant, Huitt Zollars/BHI to conduct surveys on the irrigation system throughout the Pueblo. Data collection will include canals, drains, ditches, field corners, fence boundaries, and all irrigation point features (turnouts, culverts, etc).

**This work will begin the week of July 17th and is scheduled through the next 14-16 months.**

**The priority data collection area is Los Charcos.**



Please contact  
Faron Candelaria @  
869-5277 if you  
have any questions  
or concerns.

**SEPTIC SYSTEM OWNERS**

If you own a home with an on-site wastewater treatment (septic) system, here are some guidelines for you to help keep your system working at peak efficiency.

1. Do NOT allow trees to grow in or around your septic tank or leach lines. Tree roots can and will cause damage to piping and the tank itself.
2. Do NOT flush baby wipes, paper towels, or any other products down the toilet and into the septic system. These items can create blockages in the piping causing the flow to back-up into your home. Even some toilet tissue products can create problems – best practice to prevent blockages is to throw items into the trash and not flush them down the toilet.
3. GREASE or flour washed down the drain is the number one cause of blockages in the sewer service lines between your home and the septic system. Drain grease into a container and allow it to completely cool. Dispose of the grease in the trash to help prevent blockages from occurring in your piping system.
4. Sewer tank maintenance (pumping of the tank) is based on the number of people living in the home. If your tank and leach lines are in good operating condition, and you have a family of four living in the home, the tank should be pumped out once every 3 years. More frequent pumping removes the necessary bacteria used to treat the incoming wastes from the tank, causing the system to operate inefficiently.
5. The Pueblo currently has a septic pumper unit that operates on Wednesdays and Fridays only. Call the office at 869-9782 at least a day in advance if you want to have your tank pumped out.
6. An “overflowing” tank (liquid spilling onto the ground) is not considered an emergency. Residents with septic system issues must contact the office on a regular basis to schedule a pumping prior to the system overflowing. The Pueblo will NOT service your tank unless you call for a pumping.

Please feel free to contact the Public Services Department, Utilities Division, if you have any questions at 869-9782.







## Isleta Elder Center:

We hope everyone was able to enjoy their month of July with fireworks, barbecues and lots of family fun! July seemed to quickly fly by and now we are heading into August full swing! We have had a very busy month here at the Isleta Elder Center. We spent a lot of time focused around the Senior Olympics, as well as carrying on with our regular planned activities. Some of which included our general meeting, public hearing, AARP Smart Driver Course, monthly bingo and an elder exchange visit on the Railrunner. With all of the exciting activities that took place, most of our time was focused around the Senior Olympics. We were excited to see many of our Elders come in and practice shuffleboard, 8-ball pool, huachas, table tennis and track events. It is such a wonderful feeling to see our elders staying active. The New Mexico Senior Olympic (NMSO) games are highly anticipated every year by our Elders of the community. This year the NMSO were held in Albuquerque which allowed for us to register our largest group by far, 47 participants! Our Elders work tirelessly to ensure that they are prepared to play their best games in several events such as shuffleboard, golf, bowling and huachas (washers).

On Saturday July 22, we held a public hearing to get community input on our Senior Olympic Travel policy. During our public hearings this is your opportunity to voice your opinion on matters that effect our community members. We appreciate those who took the time out of their morning to come and discuss and give input on our policy. As a thank you to those who came out to our public hearing we raffled off tickets to the Grits and Glamour Tour featuring Pam Tillis and Lorrie Morgan. Congratulations to our lucky winners and also thank you to Councilman Juan Rey Abeita who donated the tickets! We would also like to remind everyone 50 years and older that the Isleta Elder Center has partnered up with Mr. Ron Sarracino of AARP to provide you with a safe driver course. Mr. Sarracino goes over safety tips for driving, how to always be aware of your surroundings as well as how to be prepared when on the road. We have had a full class each time Ron has come to our center. The classes happen every other month so stay tuned for our September date and sign up early because space is limited. Thank you again Ron!

For our general meeting this month we were very fortunate and excited to welcome back Animal Control officers, Tata Virgil Lucero and Louie Montano. The safety and awareness of dog handling is a very important topic that we all need to be educated on. Remember, not all dogs are friendly and if provoked in even the smallest ways can be dangerous and very harmful. Only pet dogs you are familiar with and if you see a stray dog on the loose please report it to our Animal Control officers. We were also gracious to have Dr. Cumby swing by for a helpful presentation on hygiene care. Dr. Cumby is always full of informative and interesting information that she enjoys discussing with our community; so please do not be hesitant to join us for one of her many health discussions!

As always we look forward to having you come in and participate in our many exciting activities that take place at the Elder Center!



**Isleta Pueblo News**

**Editor:**  
Nathaniel Lujan

**Asst. Editor:**  
Tara Abeita

**Published By:**  
Valencia Express





August 2017 Upcoming Events:

- August 6, 2017: Senior Olympic Meeting & Discussion: NM State Senior Olympics Results

August 9, 2017: NM Rail Runner exchange: South Valley Senior Center visits Isleta

August 10, 2017: Catholic Mass

August 15, 2017: Movie Screening - South Western/Western

August 16, 2017: General Meeting: Presenter to be announced.

August 23, 2017: Afternoon Bingo & Popcorn

August 25, 2017: Patio Market – Local Farmers Market

August 31, 2017: Isleta Elder Center Advisory Committee Meeting

August TBD, 2017: Staff Meeting

August TBD, 2017: Health Discussion with Dr. Cumby

**Matter of Balance Classes: 4 Week Program, 2 times per week, 2 hour sessions – August Dates**

August 22, 2017: Class 1 - Introduction

August 24, 2017: Class 2 – Exploring thoughts & concerns about falling
- August 29, 2017: Class 3 – Exercise & fall prevention

August 31, 2017: Class 4 – Assertiveness & Fall Prevention

**August 2017: Isleta Elder Center Exercise/Recreation & Senior Olympics**

Tuesday evenings: Shuffleboard Practice  
Isleta Recreation Center: Gym 5:30pm – 7:00pm

Thursdays: Estimated Time Practice & Morning walk  
Isleta Recreation Center: Walking Track  
9:00am – 10:00am

Thursdays: Exercise Basics  
Isleta Elder Center: Activities Room 2:00pm – 3:00pm

Mondays, Wednesdays, & Fridays: Enhance Fitness Classes with Bernadette Jojola  
Location: Isleta Rec. Center Gym  
Monday Time: 10:30am – 11:30am  
Wed. & Friday Time: 9:00am – 10:00am

**Major Field Trip: Adults 60 & Older**

August 21, 2017: Abo, Grand Quivira, Quarai, Ruins & Monuments - Mountainair, NM

2017 New Mexico Senior Olympic State Summer Games



This year the 2017 New Mexico Senior Olympic State Summer Games were held in Albuquerque, NM, during the week of July 19 – 23, 2017. This year’s Summer Games hosted over 1,100 Senior Athletes from around New Mexico as well as athletes from 8 different states. Each year athletes 50 and older compete in a variety of sport events that include archery, air gun shooting events, cycling, bowling, basketball events, golf, shuffleboard, track/field events, & more. The Isleta Senior Olympic Program had great community support in the 2017 Summer Games, as Team Isleta had over 40 athletes registered.

The 2017 Isleta Team competed in over 25 different events at this year’s summer games. These individuals were true advocates for our community as they displayed spirit, strength, & sportsmanship as competitors. Team Isleta had was made up of both veteran & rookie athletes. There were 13 individuals who were first time participants in Senior Olympic Competition. Throughout the course of the Summer Games there are a number of special events that place, with the main event being the opening ceremonies.

This year the Pueblo of Isleta was proud to have Lillian Jaramillo run a leg of the Senior Olympic Torch at the Opening Ceremonies. Ms. Jaramillo has been an avid participant in Senior Olympics and has competed in a number of National Senior Games. It was an honor to watch Lillian run the torch as she represented all of Team Isleta and our community with true athletic spirit.

Within the first 2 days of competition Team Isleta had already earned over 25 medals in a variety of sport events. With events taking place throughout the course of a week, it is hard not to anticipate that the 2017 Isleta Team will have earned over 40 medals during the NM State Summer Games. These individuals have really shown our community that at any age you can still be competitive and have fun. It is not the medals that make Team Isleta champions, it is the sure will to be active and never limit their ability to still play. The beauty of the Senior Olympics is watching these individuals rise above any challenges or limitations they may have.

Throughout the year these athletes work hard and practice at each of their respective sports with a goal of competing at the New Mexico State Summer Games. For many of these athletes this year was a preparation for the 2018 NM State Senior Olympic Games when competitors qualify for the 2019 National Senior Games.

Thank you to all of this year’s participants for being such great athletic ambassadors for the Pueblo of Isleta.  
WE ARE PROUD OF YOU ALL!

“You don't stop playing because you grow old, you grow old because you stop playing.”

2017 TEAM ISLETA:

Abeita, Edward	Jojola, Cynthia	Martinez, Jose
Abeita, Beverly	Jojola, Shirley	Montoya, Ramona
Abeita, Lawrence	Jojola, Joyce	Padilla, Paul
Abeita, Ronald L.	Jojola, Joseph	Padilla, Reyes (Rae)
Abeita-Gonzales, Roberta	Lente-Jojola, Debra	Padilla, Theresa (Terry)
Analla, Gloria	Reyna-Jojola, Priscilla	Papuyo, Rosie
Lente-Burch, Sharon	Keryte, George	Parton, Michael
Carpio, Leanora Isabel	Kirk, Marie	Pedro, Georgia
Doyle, Lavern	Lente, Alberta	Salazar, Terry
Jaramillo, Lillian	Lente, Beatrice (Betty)	Sarracino, Ronald
Johnson, Mary Ann	Lente, Herman	Velardez, Jospheine
Jojola, Charles	Lente, Pauline	Wilson, Edwin
Jojola, Patricia	Lucero, James	Zuni, Ann
Jojola, Michael	Lujan, Diego	Zuni, Carlos
Jojola, Patty	Lujan, Elaine M.	Zuni, Rose
Jojola, Kenneth	Martin, Carol	



Adult Day Services Calendar  
August 2017



Mon	Tue	Wed	Thu	Fri
Commodities August 8th & August 31st	1.) 10-11 Chair Exercises 11-12 Make Picture Frames 1-3 Continue w/ Frames	2.) 10-11 Morning Walk 11-12 Wind Chimes/ String beads 1-3 Continue w/ Chimes	3.) 10-12 Water painting 1-3 Hand Massages/ Manicures	4.) 10-2 Field Trip- Wal-Mart & Lunch
7.) 10-2 Field Trip Coronado Mall & Lunch	8.) 10-11 Nutrition Education w/ Tina 11-12 Crossword Puzzles 1-3 Plastic Canvas Crafts	9.) 10-11 Chair Exercises 11-12 Paint Ceramics 1-3 Continue Painting	10.) 10-11:30 Coffee & Conversation 11:30-12 Catholic Mass 1-3 ADS Choice	11.) 10-11 Sew Scarfs 11-12 Chair Exercises 1-3 Afternoon Walk
14.) 10-11 Morning Walk 11-12 ADS Choice 1-3 Open Activity	15.) 10-12 Make Aprons 1-3 Continue w/ aprons	16.) 10-12 General Meeting 1-3 Open Activity	17.) 10-11Reminiscing 11-11:30 Balloon Tennis 1-3 Sew back scarfs	18.) 10-11 Ice Breaker Activity 11-11:30 Rock painting 1-3 Continue painting
21.) 11:30-2 Field Trip 5 Sandoval Commodity Distribution Warehouse	22.) 10-11 Make Lanyards with sorted beads 11:30 12 Relaxation 1-3 Continue w/ Lanyards	23.) 10-11 Make Shawls 11-11:30 Chair Exercise 1-3 Continue w/Shawl Activity	24.) 10-12 Bake pies 1-3 Cut out patters For hand bags 1-3- Table games	25.) 10-11 Story time 11-11:30 Chair Exercise 1-3 Open activities Table games, sewing, etc.
28.) Closed St. Augustine Feast	29.) 10-11Cut out animal Patterns for pillows 10-11 Pottery Painting 11-11:30 Chair exercise	30.) 10-11 Make Huggable Animal Pillows 11-11:30 Chair exercise 1-3 Continue with activity	31.) 10-11 Clothes Pin Crosses 11-12Outdoor short walk 1-3 Table games	For Further Assistance: Emma Abeita 869-9770

August 2017

Isleta Elder Center Menu

	8/1/2017	8/2/2017	8/3/2017	8/4/2017
	Chicken Posole Diced Chicken 3 oz, Hominy 1/2 c Red chile 1/4 c Mixed Veggies 1/2 c 2-6" WW Tortillas Fresh Fruit	Macaroni Casserole w/ mixed vegetables 2 oz cheddar cheese, 1 c mixed vegetables, 1/2 c pasta Diced Peach w/Cottage Cheese 1 Oatmeal Raisin cookie	Pinto Beans (M/MA) 1 c Green Chile w/pork .5 oz pork 1/2 c green chile Winter veggies 1 c WW Bread Fruit Cup	Beef/Potato Burrito w/corn G.Beef 2 oz, Potato 1/4 c Corn 1/4 c, Shred Cheese 1 oz Zucchini 1/2 c 1-9" WW Tortilla Fresh Fruit
8/7/2017	8/8/2017	8/9/2017	8/10/2017	8/11/2017
Garbanzo Beans w/Ground Beef G.Beef 2 oz, Garbanzo beans 1/2 c California Veggies 1 c Biscuit 1 ea Fruit Cup = 1/2 c	Southwest Chicken Salad Chicken 2 oz, Shred Cheddar 1 oz Chopped Romaine Lettuce 1 c Blackbean and Corn Salsa 1/2 c Tomato 1/2 c, Avocado 1/8 c Banana Bread Square = 2 grain eq LF Ranch Dressing 1.5 oz Fresh Fruit	Cream of Potato & Ham Soup w/Green Chile 2 oz ham, 1/2 c potato, GC 1/4 c Steamed Carrots 1/2 c Garlic breadstick = 56 g Cottage Cheese w/Peaches 1 oz cottage cheese 1/8 c Diced Peaches 1/2 c	Meatball Sandwich Meat balls 3 oz Shredded Mozzarella .5 oz Marinara Sauce 1/2 c WW Bun = 56 g Green Beans 1/2 c Fresh fruit	Breaded Fish Breaded Fish 3 oz = 1 grain eq Mixed Veggies 1 c Fruit crisp = 1/2 c fruit and 1 grain eg Tartar sauce packet
8/14/2017	8/15/2017	8/16/2017	8/17/2017	8/18/2017
Vegetable beef stew G.beef 3 oz, mixed veggie 1/2 c Potato 1/2 c Biscuit 1 ea Rice and Raisins (1/2 c rice, 1/4 c raisin)	Ham and "fried" potato Ham 3 oz Roasted Red Potato 1/2 c Mixed Veggies 1/2 c WW Tortilla 9" Fresh Fruit	Green Bean Stew w/ g.beef 3 oz ground beef, 1/2 c green bean Steamed Carrots 1/2 c WW Roll = 56 g Fruit Cup 1/2 c	Egg Salad Sandwich = 2 boiled egg, 1 slice ww bread Pasta Salad w/mixed veggies 1 c Celery sticks 1 c Fresh Fruit	Red Chile Chicken Adovada Chicken 3 oz, Red Chile 1/2 c Spanish rice 1/2 c Squash/Zucchini 1 c Tortilla 1 ea Fresh Fruit
8/21/2017	8/22/2017	8/23/2017	8/24/2017	8/25/2017
Bean and Cheese Burrito Bean 1 c (M/MA) Shred cheese 1 oz. 9" Tortilla California veggies 1 c Fresh Fruit	Chicken Chowder w/Green chile Diced Chicken 3 oz, Potato 1/4 c Steamed Winter Veggies 1 c Green chile 1/4 c Corn Bread = 2 grain eq Fresh fruit	BBQ Pork Loin 3 oz Pork Brussels sprouts 1 c Applesauce Cake = 2 grain eq Fresh Fruit	Hamburger 3 oz burger patty WW Bun = 56 g Lettuce/Tomato = 1/8 c Sweet Potato Fries 1/2 c Baked Beans 1/2 c Fresh Fruit	Baked Breaded Chicken 3 oz Rice Pilaf 1/2 c Lima Beans 1/2 c Steamed Carrot 1/2 c
8/28/2017	8/29/2017	8/30/2017	8/31/2017	
St. Augustine Feast Isleta Elder Center - Closed 	Rice Stew 3 oz ground beef, 1/2 c rice Mixed Vegetables 1 c WW Bread Slice = 26 g Fresh Fruit	Turkey Tacos 2 oz g.turkey, 1 oz shred cheese 2 Hard Taco Shell Lettuce/Tomato 1/8 c Pinto beans 1/2 c Yellow squash 1/2 c Sopa w/cranberries = 2 grain eq and 1/2 c fruit	Roast Beef Sliders Beef 3 oz, WW Bread 56g Potato Salad 1/2 c Carrot Salad w/raisins 1 c (1/4 c raisin = fruit)	



**Calendar Notes:**

**Commodity Dates:**  
**Tuesday, Aug. 8, 2017**  
**Thursday, Aug. 31, 2017**

**NM Rail Runner Senior Program Exchange:**  
S.Valley Senior Center Visits Isleta Elder Center  
**Wednesday, Aug. 9, 2017**  
Time: 9:30am - 3:00pm


**Catholic Mass**  
**Thursday, August 10, 2017**  
Location: Elder Center  
Special Guest: Father Emmanuel Peralta Parish  
Activities Room  
Time: 11:30 am


**General Meeting:**  
**Tiwa Lending Presentation**  
**Wednesday, August 16, 2017**  
Location: Elder Center  
Activities Room  
Time: 10:00am - 12:00pm

**Health Discussion w/Dr. Cumby**  
**Thursday, August 17, 2017**  
Location: Elder Center  
Activities Room  
Time: 1:00pm - 2:00pm

**Abo, Grand Quivira, & Quarai Ruins & Monuments**  
**Monday, Aug. 21, 2017 - All Day Trip**  
Please bring: Sun Block, water, snacks, umbrella, ect.  
Time: 8:00am - 4:00pm

**St. Augustine Feast Day**  
**Monday, August 28, 2017**  
**ISLETA ELDER CENTER - CLOSED**





Activities Calendar  
Isleta Elder Center  
(505) 869-9770

2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<div>1</div> <div>Morning Walk Elder Center: 9:00am - 10:00am</div> <div>Afternoon Exercise: Basic Exercises 1:00pm - 2:00pm</div>	<div>2</div> <div>Learn Shuffleboard @ Elder Center 9:00a.m. - 12:00p.m.</div> <div>Enhance Fitness Class Isleta Rec. Center 9:00am - 10:00am</div>	<div>3</div> <div>Morning Walk Elder Center: 9:00am - 10:00am</div> <div>Afternoon Exercise: Basic Exercises 1:00pm - 2:00pm</div>	<div>4</div> <div>Learn Washers &amp; Table Tennis @ Elder Center 9:00a.m. - 12:00p.m.</div> <div>Enhance Fitness Class Isleta Rec. Center 9:00am - 10:00am</div>
<div>7</div> <div>Enhance Fitness Class Isleta Rec. Center 10:30am - 11:30am</div> <div>Staff Meeting 1:00pm - 3:00pm</div>	<div>8</div> <div>Morning Walk Rec. Center: 9:00am - 10:00am</div> <div>Commodity Distribution 8:30am - 4:00pm</div>	<div>9</div> <div>NM Rail Runner Senior Program Exchange: 8:00am - 3:00pm</div> <div>Enhance Fitness Class Isleta Rec. Center 9:00am - 10:00am</div>	<div>10</div> <div>Catholic Mass Special Guest: Father Emmanuel Peralta Parish 11:30am</div>	<div>11</div> <div>Open Activity Room: 8:00am - 4:00pm</div> <div>Enhance Fitness Class Isleta Rec. Center 9:00am - 10:00am</div>
<div>14</div> <div>Senior Olympics Meeting Isleta Elder Center 10:00am - 12:00pm &amp; 5:30pm - 7:00pm</div>	<div>15</div> <div>Movie Day: Native American Documentaries 10:00am - 3:30pm</div> <div>Open Activity Room: 1:00pm - 4:30pm</div>	<div>16</div> <div>General Meeting: Tiwa Lending Presentation Elder Finances Elder Center 10:00a.m. - 12:00p.m.</div>	<div>17</div> <div>Health Discussion With Dr. Cumby 11:00am - 12:00pm</div> <div>Afternoon Exercise: Basic Exercises 1:00pm - 2:00pm</div>	<div>18</div> <div>Learn how to setup &amp; use an email: 10:00am - 12:00pm</div> <div>Enhance Fitness Class Isleta Rec. Center 9:00am - 10:00am</div>
<div>21</div> <div>Abo, Grand Quivira, &amp; Quarai Ruins Day Trip All Day</div>	<div>22</div> <div>Matter of Balance Workshop: Class #1 Introduction 1:30pm - 3:30pm</div>	<div>23</div> <div>Afternoon Bingo &amp; Popcorn 1:30pm - 3:30pm</div> <div>Enhance Fitness Class Isleta Rec. Center 9:00am - 10:00am</div>	<div>24</div> <div>Matter of Balance Workshop: Class #2 Exploring Thoughts &amp; Concerns about Falling 1:30pm - 3:30pm</div>	<div>25</div> <div>Elder Patio Market Arts,Crafts, &amp; Farmer's Market 9:00am - 3:00pm</div>
<div>28</div> <div>ST. AUGUSTINE FEAST DAY ELDER CENTER CLOSED</div>	<div>29</div> <div>Matter of Balance Workshop: Class #3 Exercise &amp; Fall Prevention 1:30pm - 3:30pm</div>	<div>30</div> <div>Open Activity Room: 8:00am - 4:00pm</div> <div>Enhance Fitness Class Isleta Rec. Center 9:00am - 10:00am</div>	<div>31</div> <div>Matter of Balance Workshop: Class #4 Assertiveness &amp; Fall Prevention 1:30pm - 3:30pm Advisory Committee Meeting Isleta Elder Center 9:00am Commodity Distribution 8:30am - 4:00pm</div>	

**WIC**

505.869.2662



Thank You!

A big thank you to everyone who has shown their love and support for our coworker and friend Becky Torres. Our fund raiser for her family was a huge success thanks to the generosity of the Pueblo of Isleta community and the surrounding areas.

We would like to acknowledge our fund raiser sponsors who made it possible to raise money to support Becky and her family:

- Jerry’s Market
- Albertson’s Stores #917, 919 and #922
- S&J in Los Lunas
- Herman Lente (for donation of pottery for our upcoming raffle)
- And the many other people who donated money, time and supplies.

Becky continues to improve every day. She and her family greatly appreciate all of the love, prayers and support as she navigates her journey to recovery.

**World Breastfeeding Week Celebration**


**Who:** Pregnant and breastfeeding moms and families, as well as community members interested in supporting breastfeeding

**What:** Annual Breastfeeding Celebration

**When:** Friday August 11th 11am-2pm

**Where:** Pueblo of Isleta WIC Office, 4 Sagebrush across from Isleta Health Center

**Join us for food, fun and prizes, all are welcome!**



**Aging and Long-Term Services Department to Host 39th Annual New Mexico Conference on Aging**

Conference held August 15-16 at Isleta

SANTA FE, NM – The New Mexico Aging and Long-Term Services Department (ALTSD) will host the 39th annual ‘New Mexico Conference on Aging’ August 15 - 16 at the Isleta Resort and Casino Conference Center in Albuquerque. Pre-registration is currently underway for the event and closes August 7.

The New Mexico Conference on Aging offers older adults, caregivers and professionals who work with them a chance to learn and have fun in an environment that encourages independence and dignity. The theme for the 2017 conference is “Supporting Active Aging: Today – Tomorrow – *Beyond*”.

**Who should attend:**

- Older New Mexicans
- Volunteers
- Senior Center Staff
- AAA Staff
- Professionals

- Board Members
- Care Managers
- Aging Network Providers
- Caregivers
- Paraprofessionals

**Conference Activities:**

The annual two-day event supports active aging throughout the state and provides participants an opportunity to network, share expertise, and discuss strategies, challenges, and best practices. The conference features two full days of keynote speakers, targeted breakout sessions, informative educational programs, and exhibits.

**Registration:**

Participants can register for the conference online or by mail. Registration forms and additional conference information are available on the event website at <http://www.nmaging.state.nm.us/2017-conference-on-aging.aspx> or by calling 866-842-9230 (toll free) or 505-383-3901.

**11 hours of Continuing Education Units (CEUs) are available for participants.**

For conference sponsorship information, contact Crystal Lucero at (505) 383-3905 or [crystal.lucero@state.nm.us](mailto:crystal.lucero@state.nm.us)



**Health Beat: Fresh Produce Guide**  
Shawnee Arciniega, Health Education Intern  
[www.foodsafety.gov](http://www.foodsafety.gov) <http://www.berkeleywellness.com> [www.washingtonpost.com](http://www.washingtonpost.com)  
505-869-4479 | [shawnee.arciniega@isclinic.net](mailto:shawnee.arciniega@isclinic.net)

Many fruits and vegetables are in season this time of year. They are essential to a healthy body and balanced diet. However, it is best to follow some guidelines before buying, using and consuming them.

- Before You Buy**
- ✓ Verify the product is mostly free from bruising or blemishes.
  - ✓ Leafy produce should not be wilted or show significant insect damage along the edge of the leaves.
  - ✓ Root vegetables should not appear shriveled or have many eyes/roots.
  - ✓ Fruits, with the exception of apples, should not be hard and have a sweet fragrance. These properties indicate ripeness, so if purchasing to consume at a later day, choose fruit with greater firmness.
  - ✓ Try to buy a variety of differing colored produce for an optimal selection of nutritional qualities. For example, oranges, yellow bell peppers, purple onions and cucumbers.

- Before You Try**
- ✓ Before (and after) handling produce, wash hands with warm water and soap.
  - ✓ **Wash Produce:** rinse under running water while gently “scrubbing” the product with your hands for 5 – 10 seconds.
  - ✓ Wash produce even if you are going to peel it.
  - ✓ If a product says “prewashed” or “ready to eat”, it is not necessary to wash again but can be.
  - ✓ Soaps or specified washes are neither recommended nor necessary. All substances used in produce farming are water soluble, meaning they dissolve with water.
  - ✓ A scrub brush may be used on tougher items like watermelons or cucumbers.
  - ✓ Dry the produce with a paper towel or clean cloth.
  - ✓ Using a small pairing knife, or other utensil, cut off bruises, damage or eyes.



- Storage & Supply**
- ✓ Store vegetables and fruits separate from one another.
  - ✓ Vegetables should be kept in an open manner. Plastic bags or storage containers without airflow will increase the rate of rotting.
  - ✓ Do not refrigerate (uncut):
    - Avocado, watermelon, bananas, peaches, nectarines, tomatoes, potatoes, onions, winter squash, garlic
  - ✓ Refrigerate all other produce
  - ✓ Fridge temperature should be 40°F or lower.
  - ✓ Do not keep near raw meat, poultry, seafood and eggs.

## Tips for Night Driving From the Isleta Health Center’s Optometry Clinic

- 1. Never wear tinted lenses while driving at night**
  - So called night driving lenses with any amount of tint or polarization only reduce the already limited amount of light available to your eyes making driving more hazardous.
- 2. Wear lenses with Anti Reflective (AR) coating**
  - AR coatings minimize distracting internal lens reflections which can be significantly more noticeable at night.
- 3. Have regular eye exams and ensure your eyewear prescription is up to date**
  - Even slightly uncorrected refractive errors can make night time driving more difficult.
- 4. Make sure your corrective lenses are clean**
  - Dirty lenses can limit your view and induce glare.
- 5. Make sure your windshield is clean**
  - As with corrective lenses, dirty windshields will also limit your view and induce glare.
- 6. Make sure your head lights are clean and properly aligned**
  - Dirty headlights can reduce efficacy by 75%.

### Isleta Community Health Education & Promotion Partnership (ICHEPP)



## Fall Prevention Survey

Please fill out only ONE survey.  
If you have already filled out one,  
please do not fill out another.

ICHEPP provides health education and health promotion services to the Isleta community. This survey will assist in determining if there is a need in the community for Fall Prevention.

**Please fill out the questionnaire and place in the comment box by August 21, 2017.**

- ☒ Check one box for each question: Initials: \_\_\_\_\_ Birth Date: \_\_\_\_\_
1. Are you an Isleta Tribal Member/Patient at Isleta Health Center? ☐ YES ☐ NO
2. What is your age?
- |                                |                                   |
|--------------------------------|-----------------------------------|
| <input type="checkbox"/> 50-59 | <input type="checkbox"/> 80-89    |
| <input type="checkbox"/> 60-69 | <input type="checkbox"/> 90-99    |
| <input type="checkbox"/> 70-79 | <input type="checkbox"/> Over 100 |
3. In the past 12 months, have you fallen? ☐ YES ☐ NO
- If you answered yes to question #3, please answer question #4, #5 and #6***
4. How many times have you fallen? \_\_\_\_\_
5. Why do you think you fell? \_\_\_\_\_
6. Did any of these falls result in an injury? ☐ YES ☐ NO

**Cut out survey and return to the Isleta Health Center. Thank you!**





# 2016-2017 Isleta Head Start Transition Ceremony



## 2017-2018 School Calendar

August 2017						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

September 2017						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

October 2017						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

November 2017						
S	M	T	W	T	F	S
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

December 2017						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

January 2018						
S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

**Pueblo of Isleta Head Start**  
Early Head Start & Child Care  
2 Sagebrush Rd.  
Albuquerque, NM 87105  
(505)869-9796

Aug 21	First Day of School for Students
Aug 28	St Augustine Day
Sep 4	Observance Labor Day
Sep 13	Professional Development Day No school
Oct 6-9	Fall Break - No School
Nov 6	Parent Teacher Conference
Nov 23-24	Thanksgiving Vacation
Dec 18-Jan 2	Winter Break
Jan 2	Professional Development Day No School
Jan 15	Martin Luther King, Jr. Day
Feb 14	Professional Development Day No School
Feb 19	Presidents' Day
Mar 12-March 16	Spring Break
Mar 30-April 2	April Break - No School
May 9 No School	Professional Development Day
May 28	Memorial Day
Jun 1	Last Day for Head Start
Jun 13 No School	Professional Development Day
Jul 31	Last Day Early Head Start

Half Day Release at 12:00pm No PM Transportation  
Dec 15

February 2018						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28			

March 2018						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

April 2018						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

May 2018						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

June 2018						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

July 2018						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

### Home Visits & Parent Teacher Conferences

During weeks of :  
Nov 6 Parent Teacher Conferences  
Feb 12 Home Visits  
May 14 Parent Teacher Conferences

### Other Events

Sep 27 Open House  
Oct 18 Family Night  
Nov 15 Family Night  
Dec 13 Family Night  
Jan 17 Family Night  
Feb 21 Family Night  
Mar 21 Family Night  
Apr 18 Family Night  
May 16 Family Night  
Jun 20 Family Night  
Jul 18 Family Night

### Category of Events

First & Last Day of School  
Holidays /No school  
No School  
Professional Development Days  
Parent Teacher Conferences or Home Visits



August 2017					
ISLETA HEALTH CENTER					
Questions? Call 869-3200					
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT /
	<b>1</b> Pueblo Women Rising: 10-11a @ BHS. Acu-Detox: 1-2p @ BHS. Pueblo Men Rising: 2-3:30p @ BHS. Express Endurance: 5:30-7:30p @ DPP Wellness Center.	<b>2</b> Young Leaders Youth Krew: 4:30p @ BHS. DPP Walking Group: 5:30-6:30p @ DPP Wellness Center.	<b>3</b> <div>CLINIC OPENS AT 9:50am</div> Grief Group: 1-2p @ BHS. Express Endurance: 5:30-7:30p @ DPP Podiatry Clinic: 8:30-4:30p @DPP Alcoholics Anonymous: 6-7p @ Health Training Center.	<b>4</b> Early Recovery Skills: 9-10a @ BHS. Another Recovery Technique (ART): 10-11a @ BHS. Alcoholics Anonymous: 11-12p @ BHS. Another Recovery Technique (ART): 1-3:30p @ BHS.	<b>5 / 6</b>
<b>7</b> Early Recovery Skills: 9-10a @ BHS. Another Recovery Technique (ART): 10-11a @ BHS. Alcoholics Anonymous: 11a-12p @ BHS. Women's Path to Recovery: 1-2:30p @ BHS. Young Leaders Youth Krew: 4:30p @ BHS. Podiatry Clinic : 12:30-4:30p @DPP	<b>8</b> Pueblo Women Rising: 10-11a @ BHS. Acu-Detox: 1-2p @ BHS. Pueblo Men Rising: 2-3:30p @ BHS. Express Endurance: 5:30-7:30p @ DPP Wellness Center. POI Community Cancer Support— Familial/Hereditary Cancer Risk Assessment : Presented by Anita Kinney,	<b>9</b> Young Leaders Youth Krew: 4:30p @ BHS. DPP Walking Group: 5:30-6:30p @ DPP Wellness Center.	<b>10</b> <div>CLINIC OPENS AT 9:50am</div> Grief Group: 1-2p @ BHS. Express Endurance: 5:30-7:30p @ DPP Podiatry Clinic: 8:30-4:30p @DPP Wellness Center. Alcoholics Anonymous: 6-7p @ Health Training Center.	<b>11</b> Early Recovery Skills: 9-10a @ BHS. Another Recovery Technique (ART): 10-11a @ BHS. Alcoholics Anonymous: 11-12p @ BHS. Another Recovery Technique (ART): 1-3:30p @ BHS. WIC Screening : (DPP) 11:00-2:00p	<b>12 / 13</b>
<b>14</b> Early Recovery Skills: 9-10a @ BHS. Another Recovery Technique (ART): 10-11a @ BHS. Alcoholics Anonymous: 11a-12p @ BHS. Women's Path to Recovery: 1-2:30p @ BHS. Isleta Youth Summit (Behavioral Health): 9a—3p @ Health Training Center. Podiatry Clinic : 12:30-4:30p @DPP	<b>15</b> Pueblo Women Rising: 10-11a @ BHS. Acu-Detox: 1-2p @ BHS. Pueblo Men Rising: 2-3:30p @ BHS. Express Endurance: 5:30-7:30p @ DPP Wellness Center.	<b>16</b> Young Leaders Youth Krew: 4:30p @ BHS. Community Healthy Cooking Class (DPP): 5:00p @ Diabetes Kitchen.	<b>17</b> <div>CLINIC CLOSED</div> Express Endurance: 5:30-7:30p @ DPP Wellness Center. Alcoholics Anonymous: 6-7p @ Health Training Center.	<b>18</b> Early Recovery Skills: 9-10a @ BHS. Another Recovery Technique (ART): 10-11a @ BHS. Alcoholics Anonymous: 11-12p @ BHS. Another Recovery Technique (ART): 1-3:30p @ BHS.	<b>19/ 20</b>
<b>21</b> Early Recovery Skills: 9-10a @ BHS. Another Recovery Technique (ART): 10-11a @ BHS. Alcoholics Anonymous: 11a-12p @ BHS. Women's Path to Recovery: 1-2:30p @ BHS. Young Leaders Youth Krew: 4:30p @ BHS. Podiatry Clinic : 12:30-4:30p @DPP	<b>22</b> Pueblo Women Rising: 10-11a @ BHS. Acu-Detox: 1-2p @ BHS. Pueblo Men Rising: 2-3:30p @ BHS. Express Endurance: 5:30-7:30p @ DPP Wellness Center.	<b>23</b> Young Leaders Youth Krew: 4:30p @ BHS. DPP Walking Group: 5:30-6:30p @ DPP Wellness Center.	<b>24</b> <div>CLINIC OPENS AT 12:00pm</div> MADATORY EMPLOYEE TRAINING 8-12 Grief Group: 1-2p @ BHS. Express Endurance: 5:30-7:30p @ DPP Podiatry Clinic: 8:30-4:30p @DPP Alcoholics Anonymous: 6-7p @ Health Training Center.	<b>25</b> Early Recovery Skills: 9-10a @ BHS. Another Recovery Technique (ART): 10-11a @ BHS. Alcoholics Anonymous: 11-12p @ BHS. Another Recovery Technique (ART): 1-3:30p @ BHS.	<b>26 /27</b>
<b>28</b> <div>CLINIC CLOSSES AT 12:00PM</div> Early Recovery Skills: 9-10a @ BHS. Another Recovery Technique (ART): 10-11a @ BHS. Alcoholics Anonymous: 11a-12p @ BHS. Women's Path to Recovery: 1-2:30p @ BHS. Young Leaders Youth Krew: 4:30p @ BHS. Podiatry Clinic : 12:30-4:30p @DPP	<b>29</b> Pueblo Women Rising: 10-11a @ BHS. Acu-Detox: 1-2p @ BHS. Pueblo Men Rising: 2-3:30p @ BHS.	<b>30</b> Young Leaders Youth Krew: 4:30p @ BHS.	<b>31</b> <div>CLINIC OPENS AT 9:50am</div> Grief Group: 1-2p @ BHS. Podiatry Clinic: 8:30-4:30p @DPP Wellness Center. Alcoholics Anonymous: 6-7p @ Health Training Center.	<b>Reminder:</b>  “DPP” = Diabetes Prevention Programs @ 869-4595.  “BHS” = Behavioral Health Services @ 869-5475.	



# Freedom From Smoking

NEED HELP STOPPING SMOKING?

THE ISLETA HEALTH CENTER’S

## Freedom From Smoking

STARTS THIS FALL

8 SESSION PROGRAM  
5:30PM –7PM IN THE  
SMALL CONFERENCE ROOM  
AT THE ISLETA HEALTH CENTER



### Weekly Prizes!

→ Nicotine Replacement Therapy for those clinic patients who attend weekly sessions!

→ Get support from others that are going through the same thing.

**CONTACT:**  
**Stephanie Barela @ 505-869-4479**  
for more information or to reserve your spot in this class!



Sponsored by the Isleta Health Center

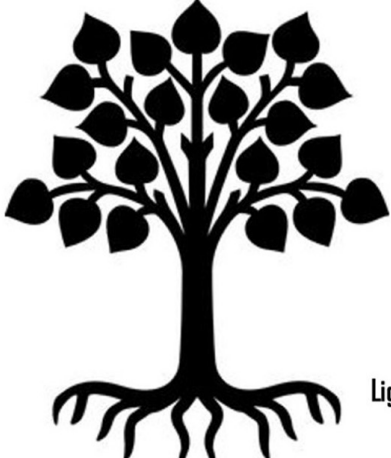
# CANCER

It affects all of us .

Support those in the community who have felt the effects of cancer personally or through loved ones at the

**Isleta Community Cancer Support Group**

<b>Tuesday,</b> <b>Aug. 8, 2017</b> <b>6pm-7:30pm</b> <b>Isleta Health Training Center</b>	<b>Topic:</b> <b>“Familial/Hereditary Cancer Risk Assessment”</b>	<b>Speaker:</b> <b>Anita Kinney,</b> <b>UNM Professor</b>
---	--	---



**Contact**  
**Stephanie Barela**  
**869-4479**

Light Refreshments Provided