

# Isleta Pueblo News

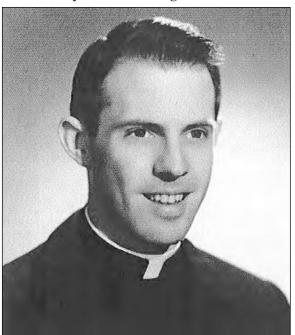
Volume 9 Issue 8 August 2014

#### From the Office of the Governor

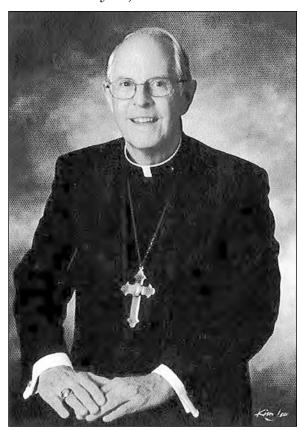
#### 50th Priesthood Anniversary Archbishop Michael J. Sheehan

July 11, 2014, parishioners, friends of Archbishop Michael J. Sheehan gathered to honor him for his service and to offer congratulations on his retirement with a special Mass and Lunch at the Catholic Center in Albuquerque, NM. Archbishop Michael J. Sheehan was installed as the eleventh Archbishop of Santa Fe on September 21, 1993 and during his tenure as the lead archdiocesan shepherd, he rebuilt the archdiocese during a tumultuous period and created a safe environment for all of his parishioners.

Archbishop Sheehan continues to strengthen New Mexico's four hundred years of faith with his extensive theological knowledge and deep fervor. The Pueblo of Isleta is especially grateful for his service and blessing during the four hundred anniversary of the St. Augustine Church.



July 12, 1964 in Rome



50 years later 2014 in Albuquerque, New Mexico

Archbishop Sheehan will submit his resignation to Pope Francis on the archbishop's seventy fifth birthday, July 9, 2014, per canon law, which requires diocesan bishops to submit their resignations to the pope on reaching age seventy-five. The special Mass honoring Archbishop Sheehan was attended by 1st Lieutenant Antonio Chewiwi and 2nd Lieutenant Isidor Abeita representing the Pueblo of Isleta.

#### 2014 State-Tribal Leaders Summit

Senate Bill 196 (2009/Pinto) State-Tribal Collaboration Act (STCA) requires the Governor of New Mexico meet with leaders of Indian nations, tribes and pueblos in a state-tribal summit to address issues of mutual concern. On July 17 and 18, the Pueblo of Laguna, Route 66 Hotel and Casino, was the site of the 5th Annual State-Tribal Leaders Summit. All 19 Pueblos were represented as well as Ysleta del Sur (TX), Fort Sill Apache, Navajo Nation, Mescalero and Apache Nations. Governor Susana Martinez was present with her staff and Cabinet Secretaries on the state side. Ron Solimon was the Summit Facilitator. Day one was a time for Tribal Leaders to engage in networking with state agencies to raise individual state-tribal issues. Cabinet Secretaries and their staffs were given the opportunity to listen to tribal leaders then discuss how they might be able to assist in addressing them. Thirty (30) minutes was

Day two was provided for Tribal Leaders to present in the following areas: Topic one-Consultation (Governor Eddie Paul Torres-Isleta), Topic two-Water Rights and Natural Resources (Pres. Ben Shelly, Navajo Nation, Charles Dorame-Tesuque, and Governor Stuart Paisano-Sandia); Topic three-Economic Development (Governor Richard Luarkie-Laguna); Topic four-Education (Governor Joseph Suina-Cochiti and Lt. Governor Kevin Shendo-Jemez).

allotted for this, good improvement from the

fifteen (15) minutes last year. This network

time was a good way for tribal leaders to

get introduced and perhaps continued work

post-summit.

Topic one, addressed positively and eloquently by Governor E. Paul Torres, was that of a non-committed government-to-government relationship with the State as required by STCA. The request to Governor Susana Martinez was sincere and simple:

- Capacity with the Indian Affairs Department, particularly with the alarming rate of personnel turnover which affects IAD's ability for on-going collaboration and communication with the State and tribes of New Mexico:
- Complications in the ICIP/TIF/CO process which has been affected by sudden changes in policy and procedures without clear communication to tribes; and
- Meaningful State-Tribal Summit outcomes with feedback from both tribal and state sides.

The task was to create a tribal/state workgroup to work with state governments and tribal entities working together and meeting quarterly to build mutual understanding real collaboration; evaluate the Indian Affairs Department and recommending changes to better meet the concerns of the tribes; evaluate the possibility of reviving the Indian Affairs Commission; review and evaluate the ICIP/TIF/CO progress; and then monitor and make quarterly reports to tribal and state leadership of the Summit annually.

The 19 Pueblos collaborated on uniform issues which were presented during the summit. The tribes of New Mexico want to move in a positive direction with the State in the areas addressed and hope that Governor Martinez will recognize, listen and adhere to the requests made by the tribal leaders.

The 2015 Summit was attended by: Governor E. Paul Torres, 2nd Lt. Governor Isidor Abeita, Tribal Council President Michael Lente and a majority of the Tribal Council.

#### **End Hunger in New Mexico Summit**

July 17-18, 2014, the New Mexico Association of Regional Councils organizing committee together with numerous Sponsors held a two day summit entitled "End Hunger in New Mexico" on July 17th and 18th at the Isleta Resort and Casino Conference Center, Isleta NM. The summit featured a broad range of keynotes, symposia, workshops and exhibitors on the exploration of issues related to hunger. The mission statement for the summit is "Building the awareness of hunger in the State of New Mexico by supporting underlying solutions that inspire self-sufficiency and community empowerment and support for a hungerfree tomorrow."

On the first day of the Summit Governor Susana Martinez, State of New Mexico, provided an overview of the critical state of hunger in New Mexico. Reporting the reality that New Mexico being one of the highest states facing food insecurity and New Mexico ranking 2nd in the Nation on senior hunger. Governor Martinez reported New Mexicans are having to make difficult choices between paying for food and paying for utilities or heating fuel; between paying for food or paying their rent or mortgage; betweenpayingforfoodorpayingformedicine or medical care; and choosing between paying for food and paying for transpo rtation. Governor Martinez applauded Mexicans New in supporting underlying solutions for a hunger-free tomorrow.

1st Lieutenant, Governor Antonio Chewiwi, on behalf of Governor Eddie P. Torres, welcomed all attendees to the Summit and provided the invocation. Lt. Chewiwi presented a Pueblo of Isleta Tribal Government Proclamation to the organizers of the Summit proclaiming that on this 17th day of July 2014, be remembered as the day the Pueblo of Isleta Tribal Government made a commitment to its community to continue to provide services in an effort to "End Hunger". (Continued next page)

From the Office of the Governor (Continued)

## Transfer of Administrative Control over (BIE) Isleta Elementary School

Governor Eddie P. Torres and the Tribal Council have been discussing the feasibility of transferring the operation and control of the Isleta Elementary School from the U.S. Department of the Interior, Bureau of Indian Education (BIE) to the Pueblo of Isleta. This is a serious undertaking which has been discussed and consideredeeeeeee since 2013. Both the Governor's Office, the Tribal Council and concerned community members have concluded that the Isleta Elementary School, as operated by the BIE, has not affected the desired level of educational achievement that can and should be provided to our children. In exercising our right to contract for the operation and control of our local school, we see this action as yet another example of our Tribe's right to self-determination and governance on issues and matters that affect our people.

During the April 10, 2014 regular meeting of the Isleta Tribal Council, Resolution Number 2014-020, was solidified to request the U.S. Secretary of the Interior to transfer the operation and control of the Isleta Elementary School from the Bureau of Indian Education to the Pueblo of Isleta. This means that the school would become a Tribally Controlled School allowing Isleta Pueblo to create and fulfill its educational aspirations for our Isleta Pueblo children.

We envision that in addition to offering state-of-the-art classroom instruction and equipment, we will compete with local communities to provide our local Educators with competitive professional salaries and provide Instructional Programs that will preserve, honor and instill a deep sense of pride in our local culture and traditional values and achieving high academic standards.

It is anticipated that the school will be under POI control by the beginning of the 2015-16 school year. At the direction of the Tribal Council, the POI has hired Febasa (Raincloud) Consulting to work on this exciting endeavor. Febasa Consulting is owned by POI Tribal member, Debbie Lente-Jojola.

Debbie Lente-Jojola and her associate Albert Cherino, Jr. (also a POI Tribal member), together have over 50 years of experience working with the U.S. Department of the Interior, Bureau of Indian Education (BIE); the University of New Mexico (UNM); New Mexico State University (NMSU); and New Mexico tribes. Mrs. Lente-Jojola and Mr. Cherino will be researching and working with the BIE, the POI Department of Education, and all related POI departments to write and submit the Tribally Controlled Grant School Application (as required under PL 100-297) which is due by February 28, 2015.

The Governor's office and the Isleta Tribal Council, intend to keep the Isleta community informed and involved as to the progress of this very worthy project. "Educating our youth is an important aspect of preserving the culture, customs, traditions and the future of the Isleta culture and community ..." (POI Resolution No. 2014-020). Accordingly, a Community Meeting will be scheduled at a time to be announced at the end of August at the Isleta Casino and Resort. All community members and interested parties are encouraged to attend—especially parents of elementary school age children.

#### 2014 Per Capita Distribution

At a duly called meeting the Tribal Council of the Pueblo of Isleta authorized the Per Capita distribution for 2014 for Pueblo of Isleta Tribal Members. The Per Capita distribution will be at \$1,400.00 per Tribal Member to be distributed in two installments; the first installment of \$700.00 on August 5, 2014 and the second installment of \$700.00 on December 9, 2014. The Pueblo of Isleta shall not withhold or garnish any amount of the first distribution from any individual. The Pueblo of Isleta shall withhold up to 75% of the second distribution from individuals who have outstanding Tribal Court judgments against them for unpaid housing payments, court fines, child support, civil restitutions, ditch dues, or incarceration bills as of October 31, 2014.

#### PUEBLO OF ISLETA Resolution No. 2014-020

#### Request Secretary of Interior to Transfer Operation of Isleta Elementary School

The following resolution was passed at a duly called meeting of the Tribal Council of the Pueblo of Isleta:

**WHEREAS**, the Pueblo of Isleta is a federally recognized Indian tribe with a written Constitution adopted pursuant to the Indian Reorganization Act and with inherent powers of self-government;

**WHEREAS**, Article V, Section 2(c), of the Pueblo of Isleta Constitution authorizes the Tribal Council to "negotiate and enter into agreements with the Federal Government, State and local governments..."

WHEREAS, the Isleta Elementary School is operated by the U.S. Bureau of Indian Education;

**WHEREAS**, the Isleta Elementary School is an educational facility for the education and benefit of Isleta youth;

**WHEREAS**, educating our youth is an important aspect of preserving the culture, customs, traditions and the future of the Isleta culture and community; and

**WHEREAS**, federal law authorizes the Secretary of Interior to transfer operation of a BIE school to an Indian tribe pursuant to 25 U.S.C. 2504(b).

**WHEREAS**, Tribal Council finds it is in the best interest of the Pueblo of Isleta to request the Secretary of Interior to transfer operation of the Isleta Elementary School to the Pueblo of Isleta.

**NOW THEREFORE BE IT RESOLVED**, that the Tribal Council hereby requests the Secretary of Interior to transfer operation of the Isleta Elementary School to the Pueblo of Isleta.

**BE IT FURTHER RESOLVED**, that the Pueblo of Isleta requests the Secretary of Interior to make a determination whether the school is eligible for assistance to the Pueblo, pursuant to 25 U.S.C. 2504(b).

**BE IT FINALLY RESOLVED**, that the Governor and POI staff are authorized to do all that is necessary to effectuate the intent of this Resolution, including negotiation with BIE on proposed funding and development of a plan to assume operation of the Isleta Elementary School, with such proposed funding and plan to be presented to Tribal Council prior to adoption.

#### CERTIFICATION

We, the undersigned officials of the Pueblo of Isleta, hereby certify that the foregoing Resolution was duly adopted by the Pueblo of Isleta Tribal Council at a regular meeting held on the 10th day of April, 2014, with a quorum present, with -9- voting for, -2- opposing, and -1- abstaining.

Tribal Council President

Pueblo of Isleta Governor

ATTEST: Tribal Council Secretary

#### **PUBLIC NOTICE**

A Petition to Probate the Estate of Jose Marcelino Zuni, deceased on November 11, 2011, Case No. CV – PR – 0074 - 2104, has been filed in the Pueblo of Isleta Tribal Courts. Any person claiming an interest in the Estate is hereby requested to notify the Pueblo Tribal Court Clerk within thirty Days of this notice being posted. A hearing in this court date is pending.

Claims must be filed in writing with the Isleta Tribal Court Clerk. If you have any questions, please contact the Tribal Court Clerk at (505) 869 – 9699.

SECOND NOTICE – A petition to Probate the Estate of Jose Edward Jojola, deceased March 30, 2010, Case No. CV – PR- 0925 – 2013, has been filed in the Pueblo of Isleta Tribal Courts. Any person claiming an interest in the Estate is hereby requested to notify the Pueblo of Isleta Tribal Court Clerk within thirty (30) days of this notice being posted. A hearing in this matter has been set for August 31, 2014 at 2:00 PM.

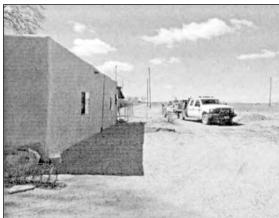
Claims must be filed in writing with the Isleta Tribal Court Clerk. If you have any questions, please contact the Tribal Court Clerk at (505) 869 – 9699.

SECOND NOTICE - Take Notice that in accordance with Pueblo of Isleta Tribal Court requirements, the Petitioner Timothy Lucero, has applied to the Isleta Tribal Courts, at the for an Order for Change of Name, for minor child, from Manuel Vicente Platero Chavez to Manuel Vicente Lucero. Any person claiming an interest in this matter may notify the Isleta Tribal Court in writing and/or attend the hearing. The hearing on this matter has been set for Thursday, August 28, 2014 at 10:00 AM. Any interested parties may contact the Isleta Tribal Court Clerk with any questions at (505) 869 – 9699.

#### Siberian Elm Tree Project Comes to an End

Public Services Department, Resources Division has reached the end of the Siberian Elm Tree Eradication project. It has been a successful project for the pueblo with over 200 work orders completed September 2011from March 2014. The Resources Division has reclaimed approximately 100 acres of land. Using the cut and treat method removing the nonnative species in overgrown fields, and hazardous trees. Unfortunately, we have expended all the funding for this project, therefore, we stopped taking work order requests to cut and treat Siberian Elm trees. If you should have any questions please feel free to contact Frank Jiron, Forest Supervisor at 505-869-7563.





## ISLETA ELDER CENTER VETERAN SUPPORT SERVICE PROGRAM

# Now Accepting Applications for: <u>Care Giving Member Positions</u> Providing Care for Veterans and Military Families

Service Description: The Legacy Corps is a national direct AmeriCorps project which operates in 9 states at 15 project sites. Members provide 8-10 hours of caregiver support services per week to Veterans and/or military family members who are care taking of a family member that resides in Isleta Pueblo. Hours are flexible and training is provided. This is a one year term at quarter-time of 450 hours per year. Preference is given to veterans and military family members. Must be 18 yrs of age and older, commit to a one year contract. Must be willing to have a criminal background check. All POI employees are eligible to apply.

Contact: Reyes Jiron, Veteran Service Coordinator @ Isleta Elder Center @ 505-869-9770 Ext. 9030

### **Veteran Support Service Program**

Now Accepting New Client Referrals.

Providing Care, Support and Assistance for Pueblo
of Isleta Veterans-includes ALL Ages,
from Any Conflict or War.

Service Description: The Legacy Corps is a direct National AMERICORPS project which operates in 9 states-at 15 project sites. Members provide 8-10 hours per week of caregiver support, assistance, companionship, and advocates for caregivers of Veterans and/or family members in need of assistance who reside on Isleta Pueblo. Hours are flexible and training is provided for members, Caregivers and/or family members seeking alternative assistance in caring for Veterans and/or Family Members of Veterans.

Contact: Reyes Jiron-Veteran Service Coordinator @ Isleta Elder Center @ 505-869-9770 Ext. 9030

#### Pueblo of Isleta Veterans' Association

The Association may have completed moving all that it needs or wants from the old meeting site (the Old Headstart Bldg.) to the future, permanent location in Los Charcos.

The State of New Mexico has finally released our 2013 Capital Outlay Funds. The Association members met with the Tribal Planning Department staff, and soon, work on utility hookup and renovation of the module building will be starting ... hopefully, maybe, by 11 November 2014 (Veteran's Day), the building will be ready for occupancy, and finally, the tribal veterans will have a home. Until the time we have a permanent home, the Association will continue to meet at the Recreation Center on the third Wednesday of each month at 6:00 PM. Any veteran, with an honorable discharge may attend the meetings.

The Association mission is to help our fellow veterans and their families. While trying help Veterans, we have found that there are many Veterans who do not have their DD-214. Basically a DD-214 is a brief history of a Veteran's military service, which includes the name of the Veteran, home address, dates of enlistment and discharge, type of discharge (honorable, dishonorable, or other), overseas duty assignments, medals and honors earned, etc.

For a Veteran, and for the family, a DD-214 is a very important document, just as is a birth certificate, driver's license, etc. A Veteran will need a DD-214 to apply for Veteran services from the Veterans' Administration, VA Medical facility, NM Depart of Veterans' Services and other Veterans service organizations. At time of death, a DD-214 must be provided by a family member for military funeral services, which includes a funeral flag, headstone, etc.

Keep your DD-214 in a "safe place". If you cannot find your DD-214 ... it can be replaced. Call one of the Veterans Service Officer's (VSO's), Ulysses Abeita at 307-1582, Marcus Lujan at 514-7332, or Theresa Zuni, NM Dept. of Veteran's Services, 841-5346 at the Los Lunas Office, and one will be ordered for you.

Any other inquiries on Veteran issues, call one of the above.

#### 2014 PER CAPITA DISTRIBUTION

#### FIRST DISTRIBUTION TUESDAY AUGUST 5th, 2014

\$700.00

NO WITHOLDINGS ON THE FIRST DISTRIBUTION, EXCEPT VOLUNTARY WITHOLDINGS

ISLETA MAIN RECREATION CENTER 8AM - 5PM

## SECOND DISTRIBUTION TUESDAY DECEMBER 9th, 2014 \$700.00

WITHOLDINGS OF UP TO 75% ON THE SECOND DISTRIBUTION

TRIBAL COURT JUDGEMENTS, UNPAID HOUSING PAYMENTS, COURT FINES, CHILD SUPPORT, CIVIL RESTITUTIONS, DITCH DUES, OR INCARCERATION BILLS AS OF OCTOBER 31, 2014

ISLETA MAIN RECREATION CENTER 8AM - 5PM

DISTRIBUTIONS MAY BE PICKED UP AT THE TREASURER'S OFFICE UP UNTIL FEBRUARY 28, 2015, MONDAY THRU FRIDAY 8:00 AM - 4:30 PM

DISTRIBUTIONS NOT CLAIMED BY FEBRUARY 28th, 2015, WILL BE VOID AND NO LONGER AVAILABLE

THIS WILL BE A NON-TAXABLE EVENT, THE SOURCE OF FUNDS ARE FROM PUEBLO LEASES & RIGHT OF WAY PAYMENTS

TREASURY OFFICE PHONE: (505) 869-1808

FAX: (505) 869-5275

#### **Animal Control News**

Hello Dear Friends.

If you have an interest in animals or simply love pets other than our human selves. This is our common interest. The truest fact is, we as humans speak for those who cannot speak for themselves. We share our hearts and our world, our homes with our pets and our love of nature. Most times we succeed in doing so. Our pets love unconditionally and we provide them with food, shelter and return their love. They live out their natural lives in our care and we are better people for having been blessed with them in our lives.

Other times, life with a pet does not go as smoothly as we would like. They may roam, get lost, become ill, or develop behavioral problems. We may fall on hard times and can barely feed ourselves, never mind provide for them. In worst cases they may be stolen from the people they have known and loved all their lives. It is under these circumstances, the times when we need the most help that we should contact Isleta Animal Control Officers and the Valencia County Animal Shelter. The fact is, our ACO's here in Isleta protect our pets right along with us. Do they enforce laws? Of course. The laws are made for our protection and the protection of our loved ones, the ones that have no voice. They help us understand what we face as a people in the way of disease that can be passed from wild animals to our domesticated loved ones. They teach how to provide for and protect the pets in our care. They provide free clinics to prevent disease such as rabies vaccination, clinics to spay and neuter our pets to prevent overpopulation of animals. In addition to all of this and most importantly, the ACO's and the Valencia Animal Shelter truly care about the animals and their job to protect them.

Are animals brought to the Shelter? Yes, of course they are. It is here friends that we can make you a promise. No one human being, be it volunteers, Animal Control Officer or County Official wants to see a pet euthanized. The purpose of the shelter is to provide temporary shelter, food and safety for your pets until they can be reunited with their loved ones or when surrendered by the owner. When that is not possible, the staff, volunteers and rescue groups work endlessly to re-home a pet in safe environments, or are transferred out to other states requesting animals, but only after all means have been exhausted, every possibility of returning a pet to its original home. If and only if all of this fails will an animal sadly be put down or if the animal has showed aggressive behavior problems towards humans or other animals.

If you lose a pet or one has gone missing, Isleta Animal Control (505-869-7564), should be the first call you make. They are appointed to help, not to harm and do so in the most caring of ways.

And lastly, please do visit the shelter to better understand why it exists. In all honesty, it can be difficult to see so many misplaced pets in this environment, but you can use it as a learning tool. Learn what you can do to keep your own pets safe and healthy. Volunteers are always welcomed at VCAC. There are many ways to help. You can donate your time by fostering an animal or perhaps walking a dog for exercise and fresh air. Bathers and groomers are always welcomed. There is no shortage of opportunity to assist at the Shelter.

In closing, perhaps just one statistic. In 2013 close to 500 animals were brought to the Valencia County Animal Shelter from Isleta Pueblo. Please do not let your pet become one of these statistics. Learn how to be a responsible pet owner. Insure that your pet receives preventive immunization against disease. If your pet(s) is in need of an ID tag, the Isleta Animal Control offers free ID tags for your pets, and most importantly, spay or neuter your pets. Never release your pet out on its own if it is ill or has needs you cannot provide. Call for help first. By doing so you are protecting not just your pet and your family, but your community as well. Isleta Animal Control still has a supply of Rabies Vaccination available, call to set up an appointment to get your pet vaccinated 505-869-7564.

Valencia County Animal Control is open to the public Tuesday through Saturday from 9 to 5. 505-866-2479, located at 1209 Highway 314, Los Lunas NM 87031

Visit the face book page: Volunteers of the Valencia County Animal Shelter.

#### Surveying & Mapping Division

June 2013 marked monumental changes for the Realty office, including our official name change to Surveying and **Mapping Division** under the Public Services Department. New appointments include, division manager, Candelaria bringing 16 years of experience in drafting/surveying, and Ernie Salazar, NM registered land surveyor. With input from Ray Jojola, AutoCad Tech, Priscilla Chewiwi, Land Survey Tech, Benedict Lente, Land Survey Tech, Patricia Lujan, Admin Clerk, and Margaret Lujan, Land Survey Tech, the division is revising inner department documents and procedures to



modernize and streamline our customer service. Our division is in high demand for land transactions and the assistance of other divisions on various surveying & mapping projects throughout the community. To keep up-to-date on industry changes, the staff recently attended a GIS course at SIPI for assistance in preserving the 1980 mapping onto an aerial photobase. These revisions and detailed mappings require land assignees in land negotiations to consider access to property when dividing parcels of land. If you do not have any reasonable alternative for entering and exiting your property other than going across your neighbor's property, both parties must come to an agreement of an easement for right-of-way. Also, please be advised that all land transactions must be registered with the Surveying & Mapping Division and require



approval of Governor/ Lt. Governor to be considered a valid transaction. If you have any questions concerning land assignments, please do not hesitate to contact the Surveying & Mapping Division at 869-0710.

#### SALVEIG LUCERO

November 25, 1978 - June 16, 2014

On June 16th, Salveig "Sally" Lucero was called to join our heavenly Father above.

Sally was known to be a loving, phenomenal, and overall wonderful person. She was known as a free-spirit, easy going, and full of life by all those who knew her. She leaves behind her daughter, mother, grandmother, aunts, uncles, cousins and many friends.

Sally will forever be in our hearts and in the hearts of all who were fortunate



to have known her. We love you "Sally" and will miss you tremendously. Keep watching over us from heaven. We will be together again one day.

The family would like to thank Father George, Tribal Administration, Elder Center, the community at large, as well as family and friends for all their thoughts, prayers, and support in this difficult time.

May God bless each and every one of you.

-THE LUCERO FAMILY

#### Darian Jaramillo, New Principal at Valencia High School

Darian Jaramillo is coming to Los Lunas from Alamogordo, NM where she was raised and graduated from Alamogordo High School. She attended NMSU where she received her Bachelor's Degree in Elementary Education. She began her teaching career in Albuquerque, NM at Susie Rayos Marmon Elementary where she taught 5th grade, and coached track at Valley High School. She made her way to Las Vegas, NV where she taught everything from Kindergarten to 6th grade math/reading. While in Las Vegas, she earned her Master's Degree in Education. In 2002, Darian returned to Alamogordo where she taught High School English. She received her Educational Administrative License from the University of the Southwest, becoming Alamogordo High School's assistant principal for 3 years and then the High School Principal for 3 years.

Mrs. Jaramillo comes from a family of educators with both of her parents being teachers, counselors, and coach, as well as her husband being a math teacher and football coach at Los Lunas High School. It is very important to her that ALL students are pushed to their highest potential. Every student should have the opportunity to learn at school and leave Valencia High School prepared for college and whatever career they want to pursue.

Mrs. Jaramillo is happily married to Tony Jaramillo, and has two daughters — Taylor, 19 and Lauren, 16. Taylor attends Colorado Mesa University pursuing a degree in nursing and Lauren will be a junior at Los Lunas High School. Mrs. Jaramillo enjoys spending time with her family, watching sports, playing golf, traveling, and attending all of the extra-curricular activities that VHS students participate in. She looks forward to working with the community of Los Lunas and the Isleta Pueblo. She has ties to a NM Pueblo tribe as her mother-in-law and husband are members of the Laguna Pueblo. Mrs. Jaramillo wants to express to everyone that they are very welcome to come visit her and our school and to be sure and come support all of our VHS kids in their schooling, sporting events, concerts, and competitions. GO JAGUARS!

#### Tony Jaramillo, Math/Football Coach at Los Lunas High School

Tony Jaramillo was born and raised in Alamogordo, NM, as well. He initially attended New Mexico Highlands University and then transferred to Arizona State University in Phoenix where he graduated with his Bachelor's Degree in Secondary Math. Mr. Jaramillo taught and coached in Phoenix, Arizona for a number of years and then moved back to New Mexico where he taught and coached in Moriarty. Mr. Jaramillo made his way back to Alamogordo High School where he continued teaching high school math and coaching football, baseball, and middle school track.

Much of Mr. Jaramillo's extra time has been spent coaching, but he also enjoys playing golf and going to sporting events. He is extremely excited to be in Los Lunas and working with the students and athletes of Los Lunas High School. He is going from being an Alamogordo Tiger to a Los Lunas Tiger. Much of his time this summer has been spent preparing the LLHS football team for their upcoming season. He is a member of the Laguna tribe, so he is very excited about living closer and being able to attend Feast Days and Dances.

#### Pueblo of Isleta Department of Education

We are looking for Isleta Tribal Members to serve on the Pueblo of Isleta Board of Education. Please submit a letter of interest and resume to Pueblo of Isleta Tribal Council. If you prefer, you may submit your letter of interest and resume via e-mail to poi90101@isletapueblo.com or Fax#869-5276. For more information, please contact Rochelle Mariano or Sara Zuni, Tribal Council at 869-9695.

The next scheduled meeting for the DOE Board of Education will be as follows: August 13, 2014. Meeting will start at 5:30pm at the Tribal Complex Conference Room.

#### Title VII Los Lunas High / Valencia High

WELCOME BACK TO ANOTHER SCHOOL YEAR to all our students at Los Lunas and Valencia High Schools. We hope you had a nice summer and are all ready for the new school year.

A few reminders before school starts:

Any students that need to make up credits need to talk to your counselor as soon as possible and make arrangements to attend Isleta E2020. Ms. Hudson, Isleta E2020 teacher, has some students already assigned, so you need to get signed up with your counselor as soon as possible. We hope to have two sessions when the afterschool program begins at Isleta Library.

Please pick up your school supplies at the Isleta JOM office.

Registration dates were mailed out so please make it a point to be on time and get your new class schedule.

Please sign up for the Native American club as we will have elections for the upcoming year.

Each school will have a Native American table so please stop by the table and pick up important information.

Valencia H S has a new Principal, Ms Darian Jaramillo, coming from Alamogordo where she was the principal for the past 3 years. She is married to Mr. Tony Jaramillo who will be a math teacher and coach at Los Lunas High School. They are both excited to be within our area, so please stop by and visit them.

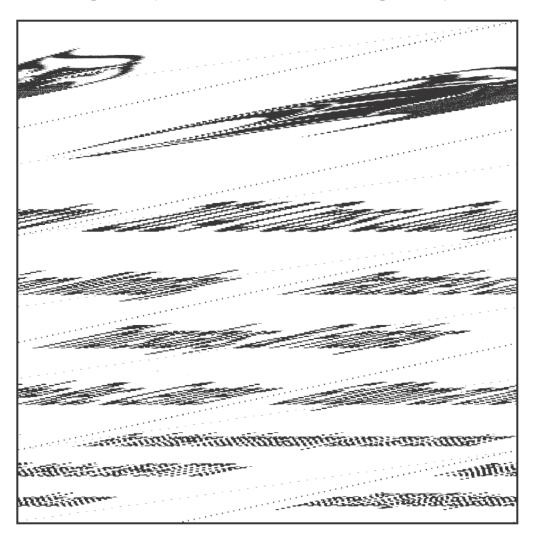
Parents please make note of our monthly Title VII Indian Education Parent/student/teacher meetings. You can pick up this information at the registration table.

We are looking at a new and exciting year so please have a positive attitude in attending school daily and keeping up with all your classes. We will be encouraging all students to sign up for sports, clubs and student council.

We are all looking forward to seeing you for another school year.

If you have any questions or concerns, please contact me at; banalla@llschools. net

Los Lunas High School, 865-4646 ext 6145 / Valencia High School, 565-8755

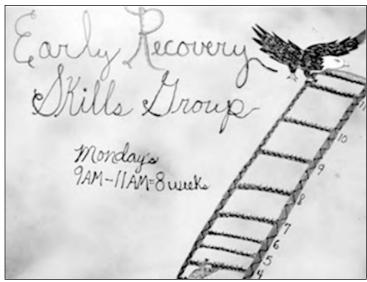


#### Isleta Health Center - Behavioral Health Services

Submitted by: Lisa Kaye Cherino • Phone: 869-5475

The Early Recovery Skills (ERS) group, facilitated by Behavioral Health Services therapist Lisa Kaye Cherino, LISW, LADAC, is an 8 week course held every Monday and Friday throughout the year from 9:00AM-11:00AM. The ERS group teaches the substance abuse matric series, has set rules and provides relapse prevention tools for learning about personal responsibility in making changes for a sober lifestyle. It is also an interactive group using video media, open discussions, storytelling and incorporates art activities to enhance the meaning of recovery. The ERS goal is to help individuals become aware of their personal "CHOICE" to be substance free.

IBHS would like to share the ERS group members' creative art activity in defining what "RECOVERY" means to them. With group member's permission, below are their art drawings. For more information of the IBHS services please contact (505) 869-5475.

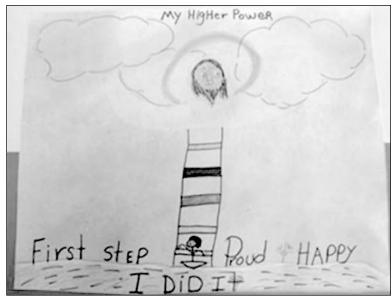


"Wise Eagle and Sister Mouse"

The Eagle is represented as a sponsor in recovery. The Eagle can see everything far away and can give warnings for relapse prevention. Sister mouse can only see what is right in front of her. Sister mouse must stay focused in recovery to take one step at a time. If sister mouse looks too far ahead she might become overwhelmed. She could slip back to her old ways that we call "Relapse".

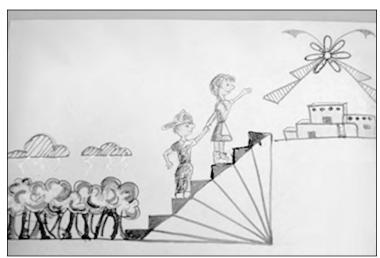


"Even a Rose Can Grow From the Pavement"
This is about growing out into a beautiful individual even when the world seems impossible to adjust.



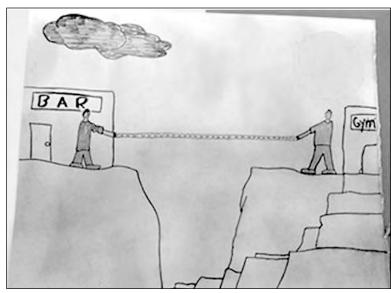
"Higher Power"

God is my higher power. My recovery and I did it! One step at a time! I am very proud and happy of myself!



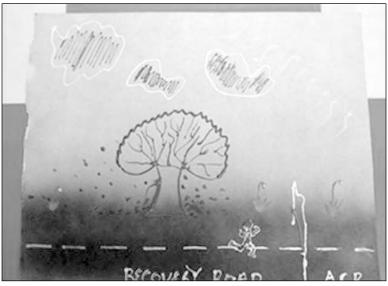
"Steps of Recovery"

Each day is a step forward. It takes time to get back to the top. Once you get to the middle, you can look back and forward and make your choice. The steps are the "Steps of Recovery." The forest is the "jungle" full of chaos.



"Tug of War"

The picture depicts the struggle with recovery. It might feel like you are playing "tug-of-war" with yourself. The canyon is showing how one side can pull you into a hole away from the other side. The steps represent that even though you may fall in the hole, you can always "RECOVER."



"Recovery"

Recovery is my way of having a sober life. It means to run for health and to make every step count to the road of recovery. So, remember every step you take in life. The clouds represent to relieve stress. The tree means life. The sun shows you where you are going to give you light to see.

#### ISLETA ELEMENTARY SCHOOL BOARD MEMBERS

Joseph Lucero, Board Chairman Patrick Jaramillo, Member Michelle Jojola, Member Tricia Jojola, Member Rebecca Meehan, Board Secretary • Tribal Council Liaisons: Larry Jaramillo, Juan Rey Abeita

**AUGUST 2014** 

#### Registration for 2014-2015 School Year

Summer is just about over and it's time to register your kids for the new school year! Registration will take place at Isleta Elementary School on July 31st, August 1st, August 4th and August 5th from 9:00am to 3:00pm. Remember to bring your child's current immunization records, as well as any change of address information or court documents in reference to legal guardianship (if applicable). The first day of school is Thursday, August 7th and we look forward to seeing all the kid's smiling faces again this year!

#### Position Vacancies at IES

There are several vacancies at this time: *Principal*, *Business Tech*, Counselor, Secretary, and Teacher (2). If you or anyone you know is interested in applying, please visit www.bie.edu/jobs.

#### School Board Member Recruitment

We are currently recruiting for new Isleta Elementary School Board members. To serve as a member, you must meet the following criteria:

Be an enrolled member of a federally recognized tribe

- Be a tribal member or descendant of Isleta Pueblo
- Be a parent or guardian of a child enrolled at IES
- Must not be an employee of Isleta Elementary School
- Must be at least 18 years old
- Must submit to the Bureau of Indian Education (BIE) background check requirement
- Person must be confirmed by the Pueblo of Isleta Tribal Council

If you are interested in serving on the IES Board, you may pick up and submit an application on the registration dates noted above, or any time after the school year begins.

#### **Next School Board Meeting**

Although IES Board Meetings are generally held the 2nd Tuesday of each month, our next meeting is scheduled for Tuesday, August 19th at 6:00pm at the IES library. As always, everyone is welcome to attend the monthly meetings. You may also send any comments and/or concerns to the Isleta Elementary School Board e-mail address: IES\_SchoolBoard@outlook.com at any time.

Thank you and we hope to hear from you soon!

### TACL Ph #s 866-8319 866-8320 975-4202 TACL Graduation

Transition of Adults to Community Living

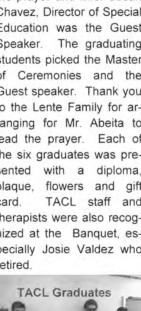
To provide young adults between the ages of 18 and 21 the opportunity to learn life skills through educational experiences in their community and to improve their ability to function interdepen-society to their maximum potential.

TACL Los Lunas School Special Services P.O. Box 1300 Los Lunas, N. M.87031

#### Summer Lunch

TACL students are eating at

students graduated from the TACL program on 16, 2014. The Graduation Banquet was held at RIBs Restaurant with 60 guests attending. Mr. Brian Baca, Assist. Supt of Special Education was the Master of Ceremo-Isidore Abeita, Gov. of Isleta Pueblo led the prayer and Mrs. Susan Chavez, Director of Special Education was the Guest Speaker. The graduating students picked the Master of Ceremonies and the Guest speaker. Thank you to the Lente Family for arranging for Mr. Abeita to lead the prayer. Each of the six graduates was presented with a diploma, plaque, flowers and gift TACL staff and card. therapists were also recognized at the Banquet, especially Josie Valdez who





both enthusiastic about the program and are a great asset to the TACL Team. Another graduate of Los Lunas High School will start the program in July.

#### 865-4634: Child and Adult abuse prevention services, aging and long term services 865-4634. Parenting groups and resource library are available. Call for more information. **Midwest NM Community Action Program**

549 Don Pasqual Rd NW Los Lunas, NM 87031 865-9697 Food boxes, commodities, utility ssistance, EFSP, LIHEAP, Child and Adult Care Food Program. Call for more information.

Children, Youth, and Families Department (CYFD)

Resources in Valencia County

(505) 866-1621: Provides assistance for child care payments (505)

#### Youth Development Inc.

865-0345 www.ydinm.org

The primary focus of the division is to provide prevention services that encourage a healthy and safe living environment. Education, prevention, and social services include: Medicaid enrollment, VIDA food program, underage drinking prevention, parenting classes, teen pregnancy prevention, low cost car seat program, and financial assistance for youth sports programs.

#### **Valencia County Domestic Violence Shelter**

P.O. Box 1095

Belen, NM 87002 Office: 864-3202

24-Hour Crisis Line: 864-1383

Services include emergency shelter, 24-hour crisis line, counseling, child witness program, support groups, education, and community outreach.

#### **NM Works**

222-0801 Provide work program activities and support. Call for more information.

#### **Human Services Department**

100 S 5th St

Belen, NM 87002 864-5200

Medicaid, health insurance for children and pregnancy, food stamps, TANF, GA, LIHEAP.

#### Housing

3445 Lambros Loop

Los Lunas, NM 87031 839-3854

Services include assistance for section 8 housing, homelessness, family self-sufficiency, owner-occupied rehabilitation. Call for more information.

#### NMPCA-Medicaid Enrollment Program-YDI

428 South Los Lentes Road

Los Lunas, NM 87031

(505) 865-3999 valencia-eet@ydinm.org

The Medicaid Enrollment Program enrolls eligible children in both Medicaid and the State Children's Health Insurance Program (SCHIP). Families receive assistance in the enrollment process to ensure that children receive appropriate health care. YDI enrolls over 200 children per month and during the enrollment process refers families to other social service and health care service providers.





### Parks & Recreation

As we approach our last few days of the summer program for 2014, many of the children have expressed disappointment because they have really had a great time and this means the start of school is just around the corner. Once again I thank all the parents for sending your children to the program. I honestly believe that we have given them a good combination of fun things to do, educational field trips and of course the best and most attended field trip, Cliff's Amusement Park. Because of the high numbers of children we had attending on a daily basis, it was imperative to have a couple of groups gone everyday on some type of field trip. The children really enjoyed this process because it got so many of them off the reservation. We also had the opportunity to host the Wings of America Running Camp

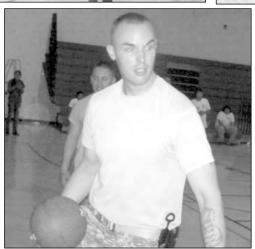
that was held here for 2-days along with assisting our Isleta Police Department and the U.S. Department of Justice with Camp Triumph for the youth of Isleta Pueblo. Also as mentioned in last month's newsletter, I would share some information about the State and District Little League Softball Tournament. Parents and children: Please note that we will be closing our New Rec. facility the day after per-capita distribution which is

Wednesday, August 6th through Friday, August 15th. We will be busy cleaning, sanding our gym floor, varnishing it along with stripping and waxing the floors. Also the swimming pool will be emptied and scrubbed down as well. Again this is a yearly ritual that we must do in order to protect the integrity of this facility. Pictured are many of the children involved in either Wings of America Running Camp playing one of the many games they had for them in the gym, along with pictures of the Police, and Military personnel who were the mentors for Camp Triumph.

















#### State District Little League Tournament

The Little League season has come to an end. League Director, Vernon Abeita reports that he had 151 players registered with Little League. The Pueblo of Isleta had 3 teams play in All-Stars in Major Softball, Senior Softball and Senior Baseball. The District 9 All-Star Tournament was held in Isleta with 4 different divisions playing to move on to the State All-Star Tournament. Isleta Major Softball team played hard during the tournament. The defense was great but fell short to South Valley 8-2 and then lost Westgate 11-1. Westgate moved on to win the Major Softball Tournament coming from behind in the loser's bracket.

Our Senior Softball team dominated the tournament playing a double header with Mt. Taylor (Laguna) and won the tournament to move on to the State Tournament. The Senior Softball Division had 3 District Championships.

Isleta Senior Baseball team received an "Advance without play" waiver from Little League International from Williamsport, PA. With this waiver, it allowed the Senior Baseball team to play in the State Tournament. Our Senior baseball team received our first ever District 9 baseball title.

Isleta Little League was selected to host the State Senior Softball Tournaments here in our Pueblo which were held July 12th through July 14th. Teams came from Pojoaque Valley, Albuquerque (Petroglyph), Dine/Gallup, and Isleta Pueblo. Isleta played Petroglyph and took their first win. Isleta then played Silver City but fell short which put Isleta in the loser's bracket. Isleta rallied in the loser's bracket and defeated Pojoaque Valley which advanced allowed them to advance to the championship game. In the championship game Isleta battled hard but lost to Silver City who advanced to the Regional Tournament in Vidalia, LA.





The State Senior Baseball Tournament was held at South Valley Little League on July 19th to July 24th, 2014. Due to heavy rains that left the South Valley field under water, the tournament was moved to the Big Baseball field at Chical Neighborhood. Our Isleta Senior team took advantage of playing in their home field and defeated Dine/Gallup with a score of 6-5. The games were moved back to the South Valley on Sunday. Isleta played hard the next

2-days but lost to Deming on Sunday and to North Valley Monday night. The Major Softball team was managed by Christine Abeita and coached by Krysta Lucero and Charles Lujan. Senior Softball was managed by Terrie Wilson and coached by Paulette Waseta and Robert Mariano. Senior Baseball was managed by Ryan Lujan and coached by Joe Lucero







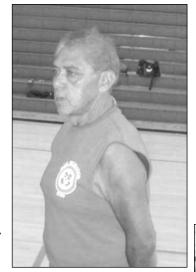


and Edwin Zuni. Congratulations to all of our teams, coaches and managers, you represented this great Pueblo of Isleta with honor, and we all are so proud of you.

On a closing note: During District Tournament play, we the Parks & Recreation Department received many compliments on the playing condition of our fields and our beautiful parks. This is a great testament to the hard and dedicated work my Park Management staff under the direction of Robert Apodaca and Assistant Donald Lucero has taken. Staff, Great Job. Pictured above is a collage of shots from Tournament play here on our Pueblo of Isleta.

#### **Summer Recreation**

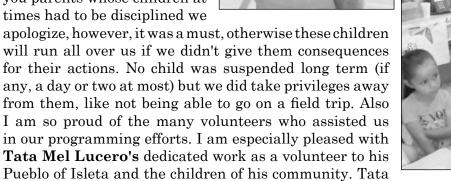
This summer program was one of our toughest because of high number of children in attendance everyday, but my staff was up to the challenge. I am so proud of them of the job they performed. Again, it is not to say we didn't have any problems, but considering how big our program has become, they weren't too bad. We did deal with disciplinary problems swiftly and efficiently. For those of you parents whose children at times had to be disciplined we















Mel was part of the 6 & 7 year old age group leaders. It was especially refreshing that when Lead

employee for the 6 & 7 year old group, Roberta Chavarillo left us for other employment, he continued, and this added some stability to those two Rec. Leaders (Brianna Abeita-Sanchez and Akasha Jiron) who took charge of the group. Tata Mel, from the bottom of heart I thank you, and I am sure the people of this Pueblo would thank you as well once they read this article. Brianna and Akasha, thank you for stepping up as well. Pictured below is Tata Mel in the gym insuring the children are safe and taken care of. Also several pictures from our Arts/Crafts Program headed up by Nana's Abenita, Gloria, and Marie with Art projects depicting the 4th of July.

#### Parents & Children/Reminder

We will be closed the day after per-capita distribution (Wednesday, August 6th) for a much needed clean-up until Saturday, August 16th. We will clean, sand, and varnish our gym floor, strip and wax all the tile floors and do some minor repairs. The swimming pool will also be emptied and scrubbed. The after-school program will begin on Monday, August 18th at both locations New Rec. and Old Rec. Both programs will pick up children at school, but Old Rec. program actually takes the children home at the end of the day. For Old Rec program particulars, please call Kimberly Chiwewe at 382-0208. For New Rec. you can call us at 869-9777. Don't forget, Cross Country coach Phillip Abeita is still looking for those interested in being part of the Cross Country team. He has jumped the gun a bit and has started practice on Mondays and Thursdays at 6:00 pm. However, there is still time to be a part of this program. For more information Phillip can be reached at new Rec. at 869-9777.



### Pueblo of Isleta Public Library

Happy Feast Time, People of the Island. I hope you fortunate people enjoyed your first round of Per-Capita because the people at IRS are happy for you and their "job security" come April next year.

#### **NEWS:**

During the month of June the Library was awarded a \$31,000 "Grant" from our Isleta Resort & Casino for new Library Furniture and Shelving. The Library has already purchased and received the new Library tables and chairs for both the General Collection and Teen Room sections. This may be the first time the Library has ever received brand new Library tables and chairs, so PLEASE be gentle with our new furniture as we do not know when we will blessed with new furniture again. Our new shelves have been purchased but we are told to expect them in 2-3 months, so come October the Library should have hopefully undergone a major "facelift". Of course, none of this would have been possible without the aid and support of our Library Tribal Council Liaison, Council Woman Barbra Sanchez who has been supporting the Library heavily this past year both locally and at the State level with the New Mexico State Library.

The Library will be a participant in the Isleta Resort & Casino's collaboration with the Kutz 4 Kidz, which is an Exclusive event for the Kids of the Pueblo of Isleta where they will receive FREE Haircuts and Free Backpacks (first 200 Kids). This event will take place on Sunday, August 3 at the Isleta Hotel Grand Ballroom from 10 am to 2 pm. All that we ask for is that parents, PLEASE DO NOT leave your children unattended, despite how tempting the Casino may be. The Library will have a booth and a possible game for the families while they are waiting for their turns at a haircut. Should your family be taking advantage of this opportunity, be sure to visit our booth.

The new school year is upon us which means all students planning on attending the Library's Homework Help program will have to reregister with the Library again. A lot of changes can take place in 365 days. With that said, Registration will begin on Monday, August 4th and will continue on throughout the school year. We would like to be informed of any allergies, multiple contact numbers, emergency contacts, possible behaviors issues, and any specific educational needs.

With this year's Summer Reading Program completed, the Library staff will be revisiting our regularly scheduled monthly meetings which take place the first Wednesday of each month. Our first Staff meeting will be to discuss upcoming programs for adults and students as well as possible department improvements, and will take place on Wednesday, August 6th. This will mean that the Library will be CLOSED from 10:30 am to approximately 3:30 pm. Patrons may conduct Library business from 8 am to 10:30 am and 3:30 pm to 6:30 pm on



Junior S.R.P. showing off their Super Hero Capes.

that particular day. Should you have any suggestions for programs or department improvements, please send an email to Nate Lujan at poi02002@isletapueblo.com or you may call the Library (505.869.9808) and speak to him yourself. Together we can create a Library that meets your needs, while making other Pueblos and Communities envious.

We have noticed that many of our Patrons are having difficulties with the Isleta Resort & Casino's online application procedure. So, when Annelle Lerner, Director of Human Resources of the Isleta Resort & Casino and Agnes Abeita, Benefits Specialist of I.C.R., visited the Library as part of a "Pueblo Tour", we took advantage of the opportunity to share our Patrons' many frustrations and complaints about their online application. This unofficial meeting has resulted in a collaboration attempt to teach or give the Library staff insight to some of the issues which our Patrons are facing. By no means, will this collaboration lead to the Library staff becoming experts with the Casino's online application, so please voice your frustrations to the proper personnel. The Library staff is making an honest attempt at learning a confusing procedure, so we may provide you with better support.



A Youth Group posing w/their Noodle Tower for the team building exercise.

Over the winter months, the Library has acquired a great amount of jackets, beanies, and other winter apparel from students and library patrons who left such items behind to be forgotten and never claimed. With the fall and winter seasons around the corner, our collection will without a doubt increase,

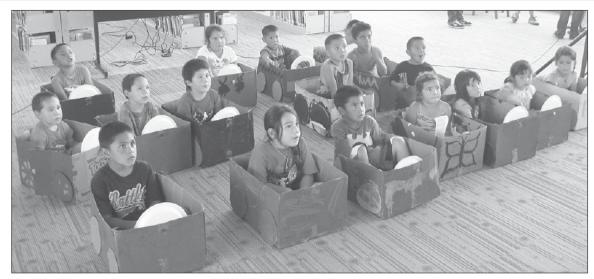
therefore we will be donating all unclaimed lost and found winter apparel to First Nations in Albuquerque on Friday, August 15. Should you be missing your favorite or "lucky" casino jacket, you may want to visit the Library and sift through our lost and found items before then.



Another Youth S.R.P. Group messing around w/a Camera.



One of the Youth making an attempt at the Optical Illusion Challenge.



Junior S.R.P. enjoy a "Drive-In" Movie w/their Man Mad Cars.

#### UPCOMINGPROGRAMS:

The Library staff is still recuperating from the Summer Reading Program, and as a result they are transitioning over to the regular Library business. However, Library Aide, Diane Abeita is already working on an Adult Book Reading Club which will focus on the Popular Award Winning Musical, Wicked: The Untold Story of the Witches of Oz. Participants of the Book Club will read a selected book related to the Musical and will meet a total of six times throughout a month and half duration to discuss their assigned readings. Participants that attend five of the six book discussions will earn a ticket to attend the Wicked Musical at UNM's Popejoy Hall in the month of October. Of course, the Library will also treat the participants to dinner before the show, so their stomachs will not be growling throughout the musical. Should you have additional questions regarding this Book Club, please call the Library and speak with Diane Abeita or you may send her an email at poi02006@isletapueblo.com.

The Library has decided to mix up how we conduct our Computer Classes. In the past, we conducted Computer Classes at certain times on a certain subject. However, we noticed that many of the participants had a hard time keeping pace and needed more one-on-one help. So, in an attempt to provide a better service to those who desire the one-on-one help versus the classroom atmosphere, Tara Abeita (Library Aide II) has created a "Book A Librarian" service. With this service, Patrons can request a one-on-one class on a certain subject related to computers and we will assign the best Library Personnel to meet your needs. The first consultation will determine what help your looking for, what goal you want to accomplish, and which date and time that will work best for you and the assigned Should you have additional questions regarding this new service, please call the Library and speak with Tara Abeita or you may send her an

Library Personnel. email at poi02005@isletapueblo.com. Zia Bernalillo Market **Farmers** 

Grow, Eat, Buy, Local

Shop Tuesdays & Fridays with your neighbors & friends!

Through October!

COMING SOON!

ZIA SAN YSIDRO

GROWERS MARKET

on Sundays starting August 17

> **TUESDAYS & FRIDAYS** 4 pm - 7 pm

335 S. Camino del Pueblo (Main Street) South of OLOS Church/BHS gym in Bernalillo

For further information: 505-553-3290

Please join us for great selection of fresh, locally grown, non-GMO foods, food products and crafts, community events and local entertainment.







Additional Programs are coming, for the most current and up to date information pertaining to the Library, you may visit the Library's Facebook page at www.facebook. com/IsletaPuebloLibrary or visit website at www.isletapueblo.com/library. html Of course you can always look for our Library program flyers posted throughout the community or wait for next month's newsletter.

#### RECAP

The Library's 2014 Summer Reading Program concluded on Friday, June 25th with a screening of the Library Commercial created by the Youth S.R.P. and the two Harlem Shake Videos by both the Junior and Youth S.R.P. groups. All families of the S.R.P. participants were invited to attend the event, where we fed them dinner, handed out the S.R.P. "Yearbooks", & their very own copy of the videos while we all laughed with the students at the videos.

All Library Commercials and both Harlem Shake videos will be posted on the Library's YouTube Channel at www.youtube.com/ user/poiLibrary for your viewing pleasures. We would also like to make them available for check from the Library as well.

This year's S.R.P. theme was Photography and Yearbook. Before the S.R.P. started, the entire Library staff took a crash course Photography class with the Albuquerque business, AP Camera and Repair. With our new found photography skills, we shared our focusing, lighting, aperture, shutter speeds, and other various photography tricks to the students who took that knowledge and provided some amazing photographs.

Each day started with a twenty minute reading group session then we broke off into the photograph lessons. After the lessons, we created both photograph and fun activities which would create photogenic opportunities for our yearbook. Some of the activities, skits based on their books, water days at the Park with the aid of the Isleta Parks and Recreation Department, capture the flag Nerf Gun Wars, Real Life Mario Kart in back of the Library/Education Complex, a trip to the Laguna Pueblo Library, and a Field Trip to the Tent Rocks National Monument. In the midst of all these fun activities, each student read two age appropriate books from cover to cover with their reading groups and probably did not know it. So, I hope you parents enjoyed that aspect of the S.R.P.

As always, we are also open to ideas and suggestions for next year's S.R.P. We hope to have a theme selected by November, so we can start working on our Curriculum come January when the new Pueblo of Isleta Budget kicks in.

Hopefully, you enjoyed this month's Pueblo of Isleta Public Library Newsletter Article. Until the next time, remember we serve everyone at our Library from the "Big Baller to the Small Fry" said best by Hip Hop artists, Atmosphere.

Isleta Health Center
"HEALTH BEAT"
Stephanie Barela, Health Educator
505-869-4479

#### Community Health Fair 2014 Review

On July 12th, the Isleta Health Center, with the support of POI Head Start, held our 10th Annual Community Health Fair. This Year's theme was *Pueblo of Isleta – Partners in Your Healthcare*' and we hope that we were able to deliver to you all that the Isleta Health Center and the Pueblo has to offer when it comes to your health.

After taking off a year in 2013, this year's fair returned to its original location, the Isleta Health Center, and took place from 9:00am to 12:00pm. First, we want to apologize for any confusion about the location change, especially if you showed up at the Recreation Center and didn't find us there! Secondly, we changed the location because we decided to scale down the event in order to focus on the great programs the Health Center and the Pueblo of Isleta has to offer; additionally, it was also a great opportunity to showcase our wonderful facility as well.

We consider this "open house" a success, with about 205 community members stopping by, who all had a chance to take part in different screenings and were able to receive information on different health topics, check their children's immunization records, and gain more knowledge of Isleta Health Center's policies and procedures. Besides the 30+ booth participants, we also had the Isleta Police Department with the DWI BAT Mobile available to walk in and explore, as well as the Isleta EMS ambulances and the CHR program vans out for viewing. Finally, we had a rock climbing wall, a healthy snack, and several raffle prizes from local establishments such as gift certificates from Abuelita's in the South Valley and a comfortable pair of slippers from Red Wing Shoe Store.

The Isleta Health Center and Isleta Head Start would like to thank the Health Fair Planning Committee, our 30 plus exhibitors, and everyone else who helped to make the Isleta Community Health Fair a great success.

#### We would also like to thank all of our donors:

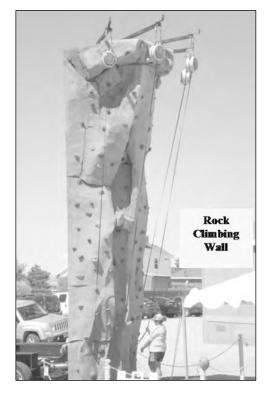
Crystal Springs Bottled Water Whole Foods Grocers Einstein's Bagels Isleta Behavioral Health Presbyterian Health Plan Lovelace Health Plan Isleta CHR Red Wing Shoes (Nob Hill)
Abuelita's (South Valley)
Chili's (Los Lunas)
Burritos Alinstante
Benny's Mexican Restaurant
Sona's Restaurant

Sopa's Restaurant Isleta Health Education

## It was a FANTASTIC DAY!! THANK YOU for joining us!! If you happened to miss it this year, MAKE SURE YOU CATCH IT NEXT YEAR!!



Traditional blessing by Joe D. Lucero to start the 2014 Isleta Community Health Fair With Health Fair emcee Ron Jojola





Purchased / Referred Care Pictured: Antionette Peralta and Wendi Abeita



Childhood Immunization Review
Guests checked their children's immunization records.
Pictured: Rebecca Meehan and Val Baca



Optometry Department Pictured: Tanya Garcia, Amanda Benavidez-Abeita, and guests



Diabetes Prevention Program Pictured L-R: Guests, Lois Coomer, and Eugene Jojola



Community Health Representatives Booth Pictured: Frances Anchondo and Marcel Pecastaing



"Exit Booth" Where guests turned in their Health Fair Evaluations for a healthy snack and prizes! Exit Booth managed by POI Head Start & Childcare Staff

#### Community Health Fair 2014 - Review Continued Tobacco Usage Rates In Isleta

Stephanie Barela, Health Educator 505-869-4479

The Health Education Department here at the Isleta health Center is constantly working on finding out how many people in Isleta use commercial tobacco on a daily basis. A survey which is given out almost yearly in order to assess Isleta commercial tobacco usage rates was once again offered to guests at this year's Isleta Community Health Fair. The question on the survey was, "Have you smoked at least one cigarette for non-ceremonial purposes in the last 30 days?" Thank you to everyone who answered this question! These answers not only help to determine the smoking rates in Isleta, but they also help us fund events such as the community health fair and Tobacco Use Prevention and Cessation program, and help us to educate the community.

#### MOST OF YOU DO NOT SMOKE!!

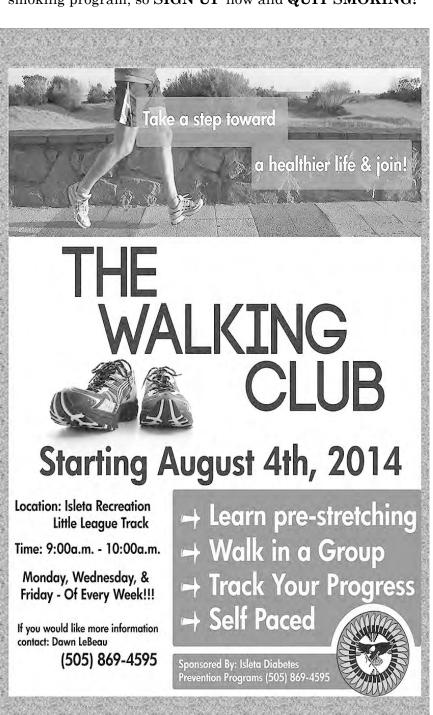
**Ninety Percent (90%)** of those that filled out the evaluation noted that they **do not smoke**. So although at times it may feel like "everybody is doing it," they are not!

Along with the above mentioned survey question, we also offered a *Commercial Tobacco Use Survey* at the *Freedom From Smoking* booth and from that survey we are able to determine several things about the smoking rates in Isleta:

- The average age of those that filled out the *Commercial Tobacco Use Survey* at the 2014 Health Fair was 41 years old.
- Of those surveyed, 70% were female and 30% were male.
- Of the two genders surveyed, 96% of males in Isleta DO NOT smoke compared to 93% of females in Isleta who don't smoke. These survey results suggest that adults in Isleta Pueblo may be smoking even less than the national rate, where only 79.5% of males and 84.2% of females don't smoke, according to the CDC website. The number of non-smokers in Isleta is much higher and has actually increased in the past four years. In 2012, the Isleta tobacco survey results showed 77% of those surveyed did not smoke at all, while 84% did not smoke in 2011 and only 60% in 2010 said they did not smoke. This year the results were great, with 87% of those surveyed stating that they are not a smoker. These results are very promising and it is great to know that less people are harming their bodies with commercial cigarettes.
- Most of the people from Isleta that filled out the survey said they do not live in a household where someone smokes (75% said they don't vs. 25% said they do). This is GREAT! This means that MOST of you know that the smoke is harmful to those around you.
- Most of those surveyed did not know about the Isleta Health Center's Freedom From Smoking Program (64% did not, while 36% did). The Isleta Health Center has been offering this 8 session program to help people quit smoking since 2006. This program is offered a few times a year at the Isleta Health Center.

The next group starts September 22, 2014 at 5:30. Call 869-4479 for more information and to sign up.

• 46% of those surveyed said that they have attempted to quit smoking in the past, while 54% said they have not. Of those that attempted to quit, 69% attempted cold turkey and 19% attempted using the Isleta Health Center's Freedom From Smoking Program. If you are interested in quitting smoking, studies show that people are more likely to quit with a quit smoking program, so **SIGN UP** now and **QUIT SMOKING!** 



### Isleta Health Center Behavioral Health Services Prevention Program

Submitted by: Kory Kie Phone: 869-5475

#### Summer Is Winding Down for IBHS Prevention Program

At the end of June, two of our youth were chosen as representatives for the "4th Annual Youth THRIVE Conference" in Portland, Oregon. Glorianna Jaramillo and Gloria Zuni were chosen because of their great leadership skills, being positive mentors for younger participants, and their continued participation with the Isleta Behavioral Health Prevention Program (IBHS-PP). At the THRIVE conference, Glorianna was involved in the Video Production Workshop and the experience she gained in this workshop will enable her to use her newly obtained skills not only personally, but also to help our own IBHS-PP Multimedia Class. Gloria, on the other hand, was engaged in the WE R NATIVE Ambassador Workshop. Furthermore, we are extremely excited to announce that as of June 27th, Gloria Zuni, is a newly appointed Youth Ambassador for We R Native (wernative.org). With this newly appointed ambassadorship, Gloria has made a commitment to help promote We R Native, as well as plan, implement and evaluate community events through the Isleta Behavioral Health Services Prevention Program to try to make changes within her own community. This ambassadorship is a year long journey, so let's all cheer her on with positive encouragement and words of advice to help her with this yearlong iourney.



July started out on a good note and was a busy month. With the 4th of July holiday to the Monsoon Season beginning. Of course, we have been very thankful for all of the moisture; it has helped our community garden out tremendously. The Prevention Youth Group also hosted a series of Grocery Bingo and Food Sales to help fundraise for an incentive trip for the youth. We are thankful for all the donations and the community's support for our youth.

The summer has also been dedicated to the Tiwa Summer Language Program. At the Language Program, a series of presentations were provided to age groups of 10-17 years old. The presentation series included: Bullying, Healthy Relationships (Teen Dating Violence), Suicide Awareness/Education, Domestic Violence Awareness, and Gender Identity (Male/Female Roles within Native Communities-Isleta). The girl's class was taught how to make blue corn

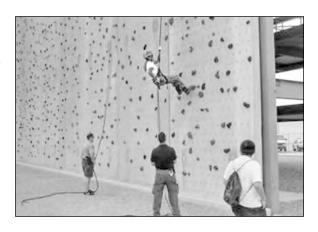


tortillas with "tamale filling." They were able to recognize the importance of learning traditional cooking and the importance of learning from their female role models to help them in the future. As an incentive, the



Summer Language Program along with the Prevention Program went on a Overnight Rafting/Camping outing. There were 19 youth participants and 4 adult chaperones on our trip to Northern New Mexico.

The week of July 21-24th, our youth group was a part of Camp Triumph. Camp Triumph, which featured 50 registered youth participants from Isleta, was hosted by the United States Attorney's Office/Department of Justice in collaboration with other Law Enforcement Service Providers, as well as our own Isleta Police Department. A HUGE THANK YOU goes out to the Pueblo of Isleta Tribal Administration, Tribal Council, Police Department, Social Services and Truancy offices. Without the resources these departments contributed, this would not have been such a successful week! Awesome work!



Finally, ten members of the IBHS-PP youth group were involved with the Coalition to Stop Violence Against Native Women (CSVANW) Youth Summit. We provided a presentation on bullying and offered experiential education/learning activities for other native youth participants that were also in attendance.



We are currently finalizing plans for the next IBHS-PP Isleta Youth Summit to be held on August 16th & 17th. The goal of the summit is to empower youth to create change within their native communities by developing leadership skills. The summit will include discussions on many topics affecting Native youth today, including bullying, suicide, substance abuse, and health issues. We will include a "Community



Potluck" on the agenda, so we encourage community members to bring their favorite potluck item! All Isleta youth are invited to sign up and be a part of this no-cost Prevention Youth Summit.

Again, we want to thank all of our youth participants for being a part of our program. To reaffirm their positive choice in being involved, they are reminded of their commitment to the Prevention Program as well as their own well being. Thank you to parents also for encouraging, supporting, and allowing your children to be a part of this program. This program is offered to any native youth ages 10-17 years old. If more information is needed about the program, or about events, please contact IBHS @ 505.869.5475. Thank you.

#### WIC NOTES

#### Watermelon

Everyone loves a big piece of thirst quenching watermelon on a hot day; it is so refreshing.

Did you know that it is nutrition packed, too? Yes, watermelon is 92 percent water, but that other 8 percent is filled with good nutrition and health benefits.

#### Health Benefits of Watermelon:

- 1. Watermelon is alkaline forming in the body. There are a host of benefits to this.
  - · Skin more elastic, youthful.
  - Deeper more restful sleep.
  - · Abundant physical energy.
  - · Suffer from fewer colds, headaches, flues.
  - · Good digestion.
  - · Less arthritis.
  - · Reduction of candida (yeast) overgrowth.
  - · Increased mental acuity, mental alertness.
- 2. Watermelon is the lycopene leader among fresh fruits and vegetables. They are rich in lycopene -an important antioxidant, the red pigment also found in tomatoes, apricots, pink grapefruit, and papaya. It has been found to be helpful in reducing the risk of prostate, breast, and endometrial cancers, as well as lung and colon cancer according to research.
- 3. Being a very good source of potassium; it helps muscle and nerve function. Can ease inflammation that contributes to conditions like asthma, atherosclerosis, diabetes, colon cancer, and arthritis.
- **4.** Watermelon is a certified heart healthy food by the American heart Association. A word of caution:
  - Eating large amounts of lycopene-rich foods (tomatoes and watermelon) may cause gastrointestinal disturbances such as nausea, vomiting, diarrhea, indigestion and bloating.
  - Due to the high water content, eating lots of watermelon will most likely lead to frequent need to urinate.

- Some people may experience watermelon allergy symptoms from mild to severe hives, facial swelling, diarrhea or anaphylaxis.
- Watermelon is high in sugar. If you have diabetes, The American Diabetes Association says you may eat watermelon as a fruit selection provided you are following the guidance of your health care provider.

#### How to Pick a Good Watermelon:

- · Make sure it feels heavy for its size.
- Check out the bottom of the watermelon; this should have a flat, creamy yellow spot which is where the watermelon sat on the ground while ripening. If this spot is white or green, it may not be ripe as it was picked too soon.
- The melon should have a faint aroma and the end should be soft.

#### Watermelon Banana Split

A healthy twist to an old favorite

#### Ingredients

2 bananas

1 watermelon medium sized

1 cup fresh blueberries

1 cup diced fresh pineapple

1 cup sliced fresh strawberries

1/4 cup caramel fruit dip (optional)

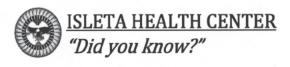
1/4 cup nuts (optional)

#### Instructions

Peel bananas and cut in half lengthwise then cut each piece in half. For each serving, lay 2 banana pieces against sides of shallow dish. Using an ice cream scooper, place three watermelon "scoops" in between each banana in each dish. Remove seeds if necessary. Top each watermelon "scoop" with a different fruit topping. If desire, drizzle with caramel fruit dip. Sprinkle with nuts.

Makes 4 servings.

Heidi Lanes, WIC Nutrition Coordinator



## Did you know about the 24-hour Nurse Advice Line?

- Have you ever wondered what to do when the Health Center is closed?
- Have you ever wondered if you were in an emergency situation and should call 911?
- Have you been unsure if you needed to visit the walk-in clinic or make an appointment?

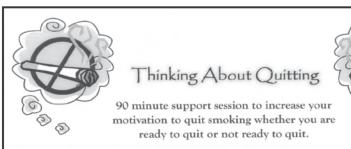
If you need answers to health related concerns and aren't sure if you need to visit the walk-in clinic or call 911, use the toll-free NURSE ADVICE LINE\*. When you speak with a Registered Nurse, please follow the nurse recommendations for home care or the need for health facility care.

# NURSE ADVICE LINE 1-877-752-2552

This line is available 24 Hours A Day, 7 Days A Week, 365 Days A Year and is available for FREE to ALL Isleta Health Center patients!

\* CALL 911 FOR LIFE THREATENING EMERGENCIES
This includes, but is not limited to: chest pains, severe injury and/or bleeding, and severe breathing problems.

NOTE: You must notify Purchased/Referred Care staff (formerly CHS) within 72 hours if you are seen at any facility other than the Isleta Health Center.



#### You will receive (free):

- $\bullet\,$  The Guide to Help You Quit Smoking your own personal workbook
- Help in identifying your barriers to quitting commercial tobacco
- Help in identifying your personal motivations for quitting
- Pack Tracks to identify the kind of commercial tobacco smoker you are

#### Topics Covered include:

- 1. Am I ready to quit .....on a scale of 1-to-5?
- 2. How addicted am I to nicotine?
- 3. Using over-the-counter (OTC) Nicotine Replacement Therapy (NRT)
- Free NRT & assistance @ Quit Line 1-800-QuitNow or enroll at QuitNowNM.com
   Pros and Cons of Quitting Smoking... Identifying Barriers and Motivators
- 6. Closing Backdoors7. Introduction to The Guide to Help you Quit Smoking
- 8. Pre-view of Pack Tracks using them to cut back before Quit Day
- 9. Preparing a Quit Kit tool for surviving the first two weeks after quitting
- 10. Using a Calendar to reward yourself (optional)
- 11. Dealing with Losing your Best Friend the Cigarette
- How to support your friend or family member who is Thinking About Ouitting
- 13. Other tools to help you quit: Freedom From Smoking® Online at www.ffsonline.org

Call Stephanie, Health Educator

@ 869-4479 to Sign Up

Isleta Health Center

Is	sleta Health	Center Calendar	Questions? Call	869-3200 Au	gust 20	14
SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT
	Want to quit smoking? Sign up for the next Freedom From Smoking session beginning September 22nd. Call 869-4479 to sign up!  COMING UP: 3rd Annual Isleta Cancer Education Conference this Fall! Call Stephanie at 869-4479 for more information.				1 Early Recovery Skills: 9-11am @ BHS.	2
3	4 Early Recovery Skills: 9-11am @ BHS. Young Leaders Youth Krew: 4:30-6:30p @ BHS.	5 Women's Support Group: 10-11am @ BHS. Acu-Detox: 1-2pm @ BHS. Adult Wellness: 5-6pm @ BHS. Group Exercise Class: 5:30-6:30pm @ Diabetes Wellness Center.	6 Parent Group: 9-11am @ BHS. Anger Management Skills: 1-3pm @ BHS.	7 Women's Path to Recovery: 1-2:30 pm @ BHS. Grief Group: 1-2pm @ BHS. Str8 Rez: 4:30-6pm @ BHS.	8 Early Recovery Skills: 9-11am @ BHS.	9
10	11 Early Recovery Skills: 9-11am @ BHS. Young Leaders Youth Krew: 4:30-6:30p @ BHS.	12 Women's Support Group: 10-11am @ BHS. Isleta Cancer Education & Support (ICES): 10:30-12pm @ IHC, Small Conf. Room. "Prostate Seed Implantation" with Dr. Guo. Acu-Detox: 1-2pm @ BHS. Adult Wellness: 5-6pm @ BHS. Group Exercise Class: 5:30-6:30pm @ Diabetes Wellness Center.	13 Parent Group: 9-11a @ IBHS. Anger Management Skills: 1-3pm @ BHS.	14 Women's Path to Recovery: 1-2:30pm @ BHS. Grief Group: 1-2pm @ BHS. Str8 Rez: 4:30-6pm @ BHS.	15 Early Recovery Skills: 9-11am @ BHS.	16
17	18 Early Recovery Skills: 9-11am @ BHS. Young Leaders Youth Krew: 4:30-6:30 p @ BHS.	19 Women's Support Group:10-11am @ BHS. Acu-Detox: 1-2pm @ BHS. Adult Wellness: 5-6pm @ BHS. Group Exercise Class: 5:30-6:30pm @ Diabetes Wellness Center.	20 Parent Group: 9-11am @ BHS. Anger Management Skills: 1-3pm @ BHS.	21 — ISLETA HEALTH CENTER CLOSED 8AM—12PM FOR ANNUAL STAFF TRAINING Isleta Diabetes/Obesity Prevention Advocacy Group: 1-2pm, Health Center, large conf. room. Women's Path to Recovery: 1-2:30pm @ BHS. Grief Group: 1-2pm @ BHS. Str8 Rez: 4:30-6pm @ BHS.	<b>22 Early Recovery Skills:</b> 9-11am @ BHS.	23
24	25 Early Recovery Skills: 9-11am @ BHS. Young Leaders Youth Krew: 4:30-6:30pm @ BHS.	26 Women's Support Group: 10-11am @ BHS. Acu-Detox: 1-2pm @ BHS. Adult Wellness: 5-6pm @ BHS. Group Exercise Class: 5:30-6:30pm @ Diabetes Wellness Center.	27 Parent Group: 9-11am @ BHS. Anger Management Skills: 1-3pm @ BHS.	28 Women's Path to Recovery: 1-2:30pm @ BHS. Grief Group: 1-2pm @ BHS. Str8 Rez: 4:30-6pm @ BHS.	29 Early Recovery Skills: 9-11am @ BHS.	30



## WANT TO QUIT SMOKING?

SIGN UP FOR THE ISLETA HEALTH CENTER'S

# freedom From Smoking

PROGRAM NOW!

STARTS MONDAY, SEPTEMBER 22ND AT 5:30PM

97% OF PARTICIPANTS
THAT ATTENDED EVERY SCHEDULED SESSION
QUIT SMOKING!!



→ Nicotine Replacement Therapy for those clinic patients who attend weekly sessions!

→ Get support from others that are going through the same thing.

#### CONTACT: Stephanie Barela @ 505-869-4479

for more information or to reserve your spot in this class!





Isleta Cancer Education & Support Group

## Prostate Seed Implantation

Dr. Guo

**New Mexico Cancer Center** 

August 12, 2014 10:30 to Noon

ISLETA HEALTH CENTER
SMALL CONFERENCE ROOM

SIGN IN AT REGISTRATION AND GET A VISITOR BADGE

Please join us!



Everyone welcome!

Please contact Stephanie Barela @ 869-4479 if you have question