



# Isleta Pueblo News

Volume 11 Issue 8

Pueblo of Isleta website: [www.isletapueblo.com](http://www.isletapueblo.com)

August 2016

## FROM THE OFFICE OF THE GOVERNOR

### MA GU WAM

#### INDIAN PUEBLO CULTURAL CENTER – ALBUQUERQUE

On Tuesday, July 5, 2016 at the Indian Pueblo Cultural Center in Albuquerque, U.S. Senator Martin Heinrich was joined by Pueblo and Navajo Tribal Leaders to support the introduction of the Patrimony Act and highlight the urgent need to stop the theft and sale of priceless Native religious and cultural items in international markets.

The Patrimony Act would prohibit the exportation of sacred Native American items and increase penalties for stealing and illegally trafficking tribal cultural patrimony. Lastly, the Act would allow private repatriation of Native American cultural objects by persons in possession and would allow for that person to be immune from criminal prosecution of the person if such items were repatriated to an Indian tribe or Indian tribes by not later than 2 years after the date of enactment of the law.

The Pueblo of Isleta was represented by 1st Lieutenant Antonio Chewiwi at the event.

#### Dog Head Fire – Manzano Mountains U.S. National Forest

June 14, 2016, preliminary investigative findings by the U.S. Forest Service showed

that the forest fire in the Manzano near the 4th of July campground possible started with equipment operating in the forest service lands on a thinning project, which is called the Isleta Collaborative Landscape Restoration Project. Nearly 18,000 acres were burned and a dozen homes burned by the fire.

Governor Eddie P. Torres, Pueblo of Isleta, made the following statement: On behalf of the Pueblo of Isleta, I want to share our sadness and regret at the destruction brought on by the Dog Head fire. The people of Isleta Pueblo wish to express our heartfelt sympathy for those who lost homes or other property in the fire. I am just very thankful that there was no loss of life or serious injuries from the fire. As you have heard from the Forest Service, the fire may have accidentally resulted from a piece of equipment being operated by the Pueblo of Isleta forestry crew. This preliminary conclusion is a distressing one for the Pueblo because our forestry crew in cooperation with the Forest Service and the Chilili Land Grant have worked for years to make our shared environment healthier and to reduce the risk of fire. This work has involved forest thinning and mulching of the resultant debris or “slash” using a large machine known as a masticator. In

operation, the masticator moves across the forest floor and grinds the slash into a mulch. There is no fire hazard posed by normal operation of this machine, but in this case it may have struck a rock or some other solid object in the slash that sparked the blaze. The Pueblo will continue to cooperate fully with the Forest Service’s investigation of the fire as we try to determine exactly what happened. The multi-party effort to improve forest health in our shared area has been an excellent cooperative project among neighbors and despite this terrible unfortunate fire, I hope it will continue. We share this forest environment and it is important that we work cooperatively to make it as healthy and safe as possible.

#### Message from the Governor:

*The past months have presented great challenges for the People of Isleta, of the good with the bad, the wonderful with the tragic, the love with the loss, and the life with the death. As a community we have embraced it all, and plan for our future from valued experiences. The People of Isleta will continue to grow from these experiences and build a positive future. I thank you for your continued positive spiritual thoughts and support.*

## Isleta’s Female Youth Qualifies for BMX’s 2017 State Games of America

10 year old BMX Racer, Daneen Beardsley, granddaughter of Clem Romero and the late Trini Romero and youngest child of Caryn Romero has qualified to race in the State Games of America to be held in Grand Rapids, Michigan in August 2017.

Daneen’s first exposure to BMX racing was in May of this year when she went to watch a friend race. Watching her friend race led to her taking an interest in BMX racing. Now a member of Team Aftershock Racing, she practices weekly and races on Sundays at the Duke City BMX facility.

Since there are few female BMX racers, Daneen must compete against boys and is the only female racer in her class. After winning a ribbon in her first competitive race, she has since won numerous trophies for placing second and third. In the New Mexico State Games, Daneen placed third which secured her a spot in the upcoming State Games of America.

Besides racing, Daneen loves hiking and trail running in the Sandia Mountains with her mother whom is a hiking guide and trail runner. Daneen will be attending fifth grade at the St. Charles Borromeo Catholic School in Albuquerque where she plans on participating in both track and basketball this upcoming school year. She is also an altar server at St. Charles Borromeo Catholic Church.

Daneen’s grandmother Clem, mother Caryn, and her siblings Kaylee Chavez and Gabriel Beardsley are very proud of her and her accomplishments.

“Congratulations baby! We love you!”



*Daneen enjoying the moment before a race at the Duke City BMX facility.*

## ATTENTION:

### ALL PUEBLO OF ISLETA TRIBAL MEMBERS

PLEASE UPDATE YOUR  
INFORMATION AT THE PUEBLO  
OF ISLETA CENSUS OFFICE:

MAILING ADDRESS

PHYSICAL ADDRESS

You may call the Census Department @ 505-869-9766 if you have any questions.

## Isleta Pueblo News



#### Editor:

Nathaniel Lujan

#### Asst. Editor:

Tara Abeita

#### Published By:

Valencia Express

PROBATE NEWS

**First Notice – A petition to Probate the Estate of Norman Eugene Piro, deceased January 25, 2007. Case No. CV-16-PRO-00068,** has been filed with the Pueblo of Isleta Tribal Courts. Any person claiming an interest in the Estate may notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. A hearing on the matter is scheduled for **Tuesday, August 23, 2016 at 01:30 p.m.** Claims must be filed in writing with the Isleta Tribal Court Clerk, located at the Tribal Service Complex, 3950 Hwy 47 SE, Building A, Albuquerque, NM. Any questions regarding the matter may be directed to the Isleta Tribal Court Clerk at (505) 869-9699.

**First Notice – A petition to Probate the Estate of Petra I. Lujan, deceased December 27, 2014. Case No. CV-16-PRO-00048,** has been filed with the Pueblo of Isleta Tribal Courts. Any person claiming an interest in the Estate may notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. A hearing on the matter is scheduled for **Thursday, August 25, 2016 at 10:00 a.m.** Claims must be filed in writing with the Isleta Tribal Court Clerk, located at the Tribal Service Complex, 3950 Hwy 47 SE, Building A, Albuquerque, NM. Any questions regarding the matter may be directed to the Isleta Tribal Court Clerk at (505) 869-9699.

**First Notice – A petition to Probate the Estate of Mary Rosalie Chiwewe, deceased May 25, 2016. Case No. CV-16-PRO-00066,** has been filed with the Pueblo of Isleta Tribal Courts. Any person claiming an interest in the Estate may notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. A hearing on the matter is scheduled for **Wednesday, October 5, 2016 at 10:00 a.m.** Claims must be filed in writing with the Isleta Tribal Court Clerk, located at the Tribal Service Complex, 3950 Hwy 47 SE, Building A, Albuquerque, NM. Any questions regarding the matter may be directed to the Isleta Tribal Court Clerk at (505) 869-9699.

**First Notice – A petition to Probate the Estate of Joe M. Trujillo, deceased May 08, 2016. Case No. CV-16-PRO-00067,** has been filed with the Pueblo of Isleta Tribal Courts. Any person claiming an interest in the Estate may notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. A hearing on the matter is scheduled for **Thursday, October 13, 2016 at 10:00 a.m.** Claims must be filed in writing with the Isleta Tribal Court Clerk, located at the Tribal Service Complex, 3950 Hwy 47 SE, Building A, Albuquerque, NM. Any questions regarding the matter may be directed to the Isleta Tribal Court Clerk at (505) 869-9699.

**Second Notice – A petition to Probate the Estate of Jose Ignacio Abeita, deceased October 28, 1992. Case No. CV-16-PRO-00045,** has been filed with the Pueblo of Isleta Tribal Courts. Any person claiming an interest in the Estate may notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. A hearing on the matter is scheduled for **Wednesday, August 17, 2016 at 9:00 a.m.** Claims must be filed in writing with the Isleta Tribal Court Clerk, located at the Tribal Service Complex, 3950 Hwy 47 SE, Building A, Albuquerque, NM. Any questions regarding the matter may be directed to the Isleta Tribal Court Clerk at (505) 869-9699.

**Second Notice – A petition to Probate the Estate of Edwina Isabella Jojola, deceased March 02, 2016. Case No. CV-16-PRO-00029,** has been filed with the Pueblo of Isleta Tribal Courts. Any person claiming an interest in the Estate may notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. A hearing on the matter is scheduled for **Thursday, August 18, 2016 at 9:00 a.m.** Claims must be filed in writing with the Isleta Tribal Court Clerk, located at the Tribal Service Complex, 3950 Hwy 47 SE, Building A, Albuquerque, NM. Any questions regarding the matter may be directed to the Isleta Tribal Court Clerk at (505) 869-9699.

**Second Notice – A petition to Probate the Estate of Carmelita Zuni, deceased May 05, 2016. Case No. CV-16-PRO-00053,** has been filed with the Pueblo of Isleta Tribal Courts. Any person claiming an interest in the Estate may notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. A hearing on the matter is scheduled for **Tuesday, September 20, 2016 at 9:00 a.m.** Claims must be filed in writing with the Isleta Tribal Court Clerk, located at the Tribal Service Complex, 3950 Hwy 47 SE, Building A, Albuquerque, NM. Any questions regarding the matter may be directed to the Isleta Tribal Court Clerk at (505) 869-9699.

**First Notice – A petition to Probate the Estate of Richard Thomas Lente, deceased June 02, 2015. Case No. CV-16-PRO-00073,** has been filed with the Pueblo of Isleta Tribal Courts. Any person claiming an interest in the Estate may notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. A hearing on the matter is scheduled for **Tuesday, October 04, 2016 at 09:00 a.m.** Claims must be filed in writing with the Isleta Tribal Court Clerk, located at the Tribal Service Complex, 3950 Hwy 47 SE, Building A, Albuquerque, NM. Any questions regarding the matter may be directed to the Isleta Tribal Court Clerk at (505) 869-9699.

*Probates need to be published in the Newsletter for two consecutive months. Probates are considered court documents therefore all submitters must provide: 1) Name of Deceased, 2) Date of Deceased 3) Court Case # and 4) Date of Court Date. A Probate form can be found on the Newsletter Archive page at <http://www.isletapueblo.com/newsletters.html> Should you have additional questions regarding the Probate process, please call the Library at 505.869.9808 and speak with Nathaniel Lujan.*

ISLETA TRIBAL COURT “PEACEMAKING PILOT PROJECT”

ISLETA TRIBAL COURT NEEDS QUALIFIED PERSONS TO ACT AS PEACEMAKERS.

IF YOU ARE INTERESTED IN BEING A PEACEMAKER PLEASE STOP BY THE COURTHOUSE AND PICK UP AN APPLICATION.

What is PEACEMAKING?

Peacemaking is a voluntary and confidential process in which a qualified peacemaker helps parties communicate to resolve problems between them. Peacemakers are trained to guide participants through the resolution process; they help the parties to come up with agreements by listening to all points-of-view, clarifying issues and interests, and facilitating open and honest discussion. Peacemakers do not take sides; and have no personal interest in the outcome of the process.

What happens in PEACEMAKING?

Peacemaker will describe the process and ask each party for a commitment to participate. Each party is invited to discuss their perspective on the situation and what they hope to achieve through peacemaking. The peacemaker helps parties identify specific issues as they explore possibilities for settling differences. Parties then negotiate which ideas for resolution are mutually acceptable and satisfy the needs of all parties. A written agreement ends the session. The written agreement signed by all parties is taken before the court for approval.

What are the qualifications of a PEACEMAKER?

A peacemaker must have high ethical standards and demonstrate leadership qualities. A peacemaker should be a good listener and able to communicate and understand various positions of parties in peacemaking sessions. Knowledge of cultural values and laws is a plus, but not required.

Benefits of PEACEMAKING:

**Fair, Neutral and Confidential:** Peacemaking is a voluntary process; it provides a neutral, respectful and confidential setting where both parties can openly discuss their views on the dispute. Parties have an equal say in the process.

**Allows the Parties to Determine the Solution:** Parties decide settlement terms, not the peacemaker. The peacemaker assists the participants in reaching a voluntary, mutually acceptable resolution. There is no determination of guilt or innocence. No legal arguments are made. No judges or spokespersons are allowed.

**Avoids Unnecessary Court/Litigation and Saves Time and Money:** Peacemaking can save the parties and the court major financial expense. Parties can avoid the cost and uncertainty of a lawsuit. Peacemaking may satisfactorily resolve all issues important to the parties.

**Improves Communication & Restores Peace:** Peacemaking offers a problem-solving approach to complaints and reduces family disruptions. Peacemaking usually occurs in the early stages of a conflict, is informal, and is often completed in 1 or 2 meetings. Peacemaking can bring the parties back together and reestablishes “peace” and “harmony” between the parties.

**Compensation:** The court will compensate the peacemaker.

## News from the Comanche Ranch:



*Future Cowboys & Cowgirls (JOM student), staff, Comanche Ranch staff and service providers pose for a photograph during a Comanche Ranch Field Trip.*

My how the time has flown by! The year is already half over and we are gearing up to begin marketing this year’s calf crop. Because there were some difficulties with the breeding season last year our calf crop is not what it has been in the past, some calves were born in November of 2015 and the cows are still having calves now. With this age and size difference it makes it very difficult to market the calves. Ideally we would like to market the calves as being uniform. This means the calves are similar in size and age. Right now the calves are uneven and we may have to sell some in the fall and again in the spring. In the future we hope to have a uniform calf crop and we can accomplish this by having a 60 to 90 day breeding season. This means putting the bulls into the herd on a certain date then removing them 60 to 90 days later. In this way the cows will all have their calves within a 60 to 90 window. In future articles I will discuss the various methods of marketing calves that I have used in the past.

We would like to welcome aboard Dr. Manny Encinias as a consultant for the ranch. A little about Dr. Encinias:

- 5th generation rancher from Moriarty, NM
- 2002-2014 Extension Beef Cattle Specialist for NMSU
- Academic pedigree includes: BS in Animal Science, MS in Reproductive Physiology, Ph.D in Beef Cattle Nutrition

Dr. Encinias will be assisting us in formulating a short and long term ranch plan that will be all inclusive of all activities of a ranch this size. This will include but not be limited to animal health and nutrition; range management; marketing; genetics; improved efficiency. We look forward to having valuable input from Dr. Encinias as we look towards improving the ranch in all areas.

We were pleased and honored to have the tribal JOM program bring some students to the ranch for a field trip. Dr. Encinias was on hand to give a talk on cattle; Newt McCarty, the NMSU Valencia County Extension Agent and his summer intern Sierra, gave a lesson in branding and ear tagging. Sierra also gave a presentation on the care of horses; Nick Lyle, ranch hand, gave a demonstration on horse hoof care; Marvin Jiron Jr., Calvin Zuni, Stuart Romero, ranch hands, all pitched in to teach the future cowboys and cowgirls how to handle a rope and a good time was had by all. Backpacks were provided to all by NMSU and a few students walked away with ropes and caps. We look forward to having more groups of students come out and visit in the future. As we began the visit I asked the students to raise their hand if they had any experience with livestock or growing any crops and only 1 out of 13 raised their hand. This was disturbing to me. We as Native people, particularly Pueblo people, come from an agriculture background handed down through the generations. It is my sincere wish that we do not lose sight of that. If the Comanche Ranch can be used as a teaching tool to anyone that is interested in livestock, please do not hesitate to come out and participate. If anyone ever has any questions do not hesitate to contact me at 917-4217. We cannot lose sight of our long and proud heritage of being able to produce our own food. When we are able to feed ourselves, that is called Food Sovereignty. Being able to grow and harvest our own foods also promotes a healthier diet and lifestyle. We here at the ranch are committed to being able to supply our own people with a natural product and we are looking at various ways to getting our products into your homes.

Until the next time, happy trails to you all and may the Creator bless you with a long life, good fortune and good health.

## LETTER FROM THE EDITOR

**Deadline for September Newsletter articles is set for Wednesday, August 24, 2016 at 4:30pm.** Articles may be dropped off at the Library or emailed to [poi02002@isletapueblo.com](mailto:poi02002@isletapueblo.com). Should you email your article, expect a confirmation email. If you do not receive a confirmation email, odds are it never made it to me and then it’s time to panic, so call Nate at 505.869.9808.

People whom wish to submit an article or flyer are responsible for generating their own article or flyer. Should you need help, please call the Library at 505.869.9808 and set up a date and time to sit down with a Library staff member whom will help you throughout the process. The Library will NOT accept notes dropped off at the Library or information over the phone to generate your article.

Probates need to be published in the Newsletter for two consecutive months. Probates are considered court documents therefore all submitters must provide: 1) Name of Deceased, 2) Date of Deceased 3) Court Case # and 4) Date of Court Date. A Probate form can be found on the Newsletter Archive page at <http://www.isletapueblo.com/newsletters.html>.

Thank you,

Nathaniel Lujan

Newsletters may be found at the sixteen distribution locations listed below. Remember, Digital copies of the Newsletter may be obtained from the Newsletter archive at <http://www.isletapueblo.com/newsletters.html>

The sixteen Newsletter distribution locations are:

- 1) The Administration Building (Governor’s Office): Receptionist Desk

- 2) Census Office: Receptionist Desk
- 3) Health Center: Receptionist Desk
- 4) Housing Department: Receptionist Desk
- 5) Department of Education: Receptionist Desk
- 6) New Recreation Center: Newsletter Stand
- 7) Old Recreation Center: Front Desk
- 8) Tribal Service Complex: Receptionist Desk
- 9) Tribal Service Complex: I.P.D. Dispatch Window
- 10) Tribal Service Complex: Tribal Courts Window
- 11) Elders Center: Receptionist Desk & Lunch Delivery
- 12) Head Start: Receptionist Desk
- 13) Library: Newsletter Stand
- 14) Ranchitos Park: Blue Box (see picture for example)
- 15) Old Head Start Complex: Blue Box (see picture for example)
- 16) Intersection of Tribal Road 82 & Tribal Road 84: Blue Box (see picture for example)





PLEASE READ YOUR APPOINTMENT LETTER ATTACHED TO YOUR REFERRAL CAREFULLY. IT HAS A LOT OF GOOD INFORMATION TO GET YOU TO YOUR APPOINTMENT ON TIME.

**QUESTIONS? CALL 869-4488**



## Pueblo of Isleta Higher Education Program

Greetings all!!! My name is Cecelia Jaramillo and I am the Scholarship Coordinator for the Pueblo of Isleta. Some of you may remember me from the past. It is such an honor to be back. I am eager and excited to continue working with the community. My experiences in higher education include working with the Pueblos for the past 13 years. In my spare time I love to be with my family. I look forward to sharing my experiences to assist students with their educational needs. If you have any questions or educational needs please do not hesitate to contact me at (505) 869-9794 or by email at poi08001@isleta pueblo.com. When you get a chance please come by to say hello, I do look forward to meeting with each and everyone one of you! Let’s begin with critical information:

### Supporting documentation deadline date for Fall 2016: Wednesday, August 31, 2016, NO EXCEPTIONS!!!

1. New/returning and continuing students must submit applications **by the respective deadline date**. Funding will NOT be provided if documents are received after established deadline dates (per policy).

2. New and returning students are informed that they are required to submit additional documentation. This documentation includes (in no particular order):

- Class schedule
- Financial Needs Analysis (FNA) – The FNA is a financial document that provides us with information regarding your eligibility of campus based aid along with the total allowable cost for attendance established by the institution including any and all financial resources available to the student; including loans and the expected family contribution (EFC). **WE STRONGLY DISCOURAGE ACCEPTANCE OF LOANS because loans are a resource and the student is solely responsible for repayment.**
- Official Transcript
- Degree Plan
- Certificate of Indian Blood
- High school diploma/GED test scores
- Acceptance Letter
- Student Aid Report (FAFSA)

If the student is a continuing student and has received funding for previous terms they will be required to submit the following:

- Class schedule
- Official transcripts
- Student Aid Report (New Academic Year)
- Financial Needs Analysis

3. Priority occurs based on receipt of all required documentation; hence a complete file. A determination of your funding will be assessed at that time.

4. A budget sheet will be created, total cost of attendance and resources will be added into the budget sheet to determine your award amount.

5. The Higher Education staff will create a purchase requisition which will be submitted to the Pueblo of Isleta Treasurer’s Office to initialize payment.

6. Authorized Department of Education personnel will retrieve checks for dispersal either by hand-delivery or via certified mail.

7. Award letters will be emailed out to you at this time.

Once the check is delivered to the institution, the financial aid office is responsible for dissemination of your remaining financial award. Please understand that each university/institution is different and they have their own policy and procedure for releasing funds. This process may be lengthy taking several weeks. In addition, some institutions will vary attendance/enrollment requiring students to complete

a minimum of two-weeks of class prior to beginning the disbursement process.

*As a requirement for eligibility, it is your responsibility to notify the Higher Education staff of any changes in enrollment status or changes in the class schedule. If you have changes they could potentially jeopardize your future eligibility for further financial assistance.*

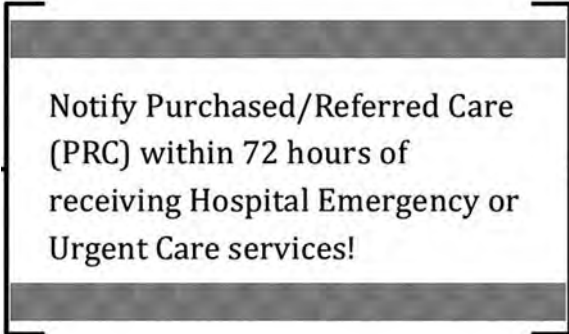
**Communication is very important!!!  
Always keep in contact with us  
when needed!!!**

Cecelia Jaramillo, Scholarship Coordinator  
poi08001@isletapueblo.com

Kathleen Jojola, Scholarship Assistant  
poi08004@isletapueblo.com

Phone: (505) 869-9790  
Fax: (505) 869-7573

**Spring/Winter Semester/Term;**  
Application due **November 1, 2016**. All supporting documents due **December 31, 2016**.





# Native Biz Business Idea Contest

*Ideas Take Flight*

**Deadline to submit your Business Idea is July 29th,  
Pitch Day and Awards – August 4, 2016**

The best ideas win prizes, but all participants will receive coaching on their idea and build the community of Native American entrepreneurs.

**There will be three winners:**

- Grand Prize Winner
- Most Innovative Idea
- Best Student Business Idea


For a list of prizes visit [stemuluscenter.org/nativebiz](http://stemuluscenter.org/nativebiz)

The competition is open to all. Participants can be individuals or teams, high school or college students, or community members. Teams are required to have at least one Native American member or submit an idea that benefits the Native community.

Submit your idea to [stemuluscenter.org/nativebiz](http://stemuluscenter.org/nativebiz)

For more information contact Kerri Eichwald at  
**(505) 224-4000, Ext. 53299**

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[stemuluscenter.org](http://stemuluscenter.org)

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## Faith Formation for Youth and Children



### MISSION STATEMENT:

The St. Augustine Parish Religious Education Program provides continuing faith formation for children from First Grade through High School. This program assists, directs and helps parents, the primary educators, with ongoing education in their children’s formation.

Religious Education is a continuing process of “education of the different dimensions of faith.”

Our mission is to share with all parents and children the knowledge of our faith and beliefs. To share an experience of formation in Christ and to rekindle in all of us a community of God’s people.

### ADMISSION:

Admission is open to all children whose parents or one parent is Catholic. In addition, the family must be current and registered parishioners.

### REGISTRATION:

Registration is scheduled for the following Sundays: August 14th, August 21st, and September 11th, after both Masses.

The following records are needed for every student entering the program:

1. Baptism certificate (if student was baptized at a parish other than St. Augustine).
2. First Communion Certificate (if student has received this sacrament) for registering for Confirmation.
3. Data on any medical problem that your child may have, along with any emergency contact information.

### TUITION & FEES:

A Fee of \$20.00 per child will be due at the time of registration. A child will receive a textbook or bible as well as any related materials as needed. Our catechists volunteer their time and are not compensated for their work.

### RELIGIOUS EDUCATION SCHEDULE OF CLASSES:

1st Year Confirmation Students . .  
Sundays: class held after the 10:00am Mass.

First Communion and Grade 2  
Tuesdays: 4:14-5:30pm (Location: Language Program Bldg)

Grades 1, Prep Class, Grades 4-7  
Wednesdays: 4:15-5:30pm (Location: Language Program Bldg)

Prep Class (ages 9-12) Children who have never attended Religious Education classes in Grades 1-3  
Wednesdays: 4:15-5:30pm (Location: Language Program Bldg)

### SACRAMENTAL POLICIES:

It is our church policy that a child must have attended 2 consecutive years of religious education instruction (i.e. 1st and 2nd Grades) before entering into a sacramental preparation class. We follow the Archdiocesan guidelines for determining the age and readiness of children for sacraments. Children the age of thirteen (13) and older who have not been baptized or made their First Holy Communion must attend RCIC (Rite of Christian Initiation for Children) on Sundays with Shirley Zuni.

## Pueblo of Isleta Elementary School



**Enrollment for School Year 2016/2017 for the Pueblo of Isleta Elementary School is currently being accepted.** Enrollment packets are still available at the POIES Front Desk, and we are able to assist with your child’s application. If you have any questions about enrollment or busing, please call the school at 505-869-2321.

Kindergarten and new enrolling students will need the following documents to complete their application:

- \* **Certificate of Indian Blood (C.I.B.) or Tribal Verification Letter**
- \* **Updated Immunization Record**
- \* **Birth Certificate**
- \* **School Physical (Kindergarten or New Students)**
- \* **Social Security Card (If not enrolled at Isleta)**

School begins on **Monday, August 8, 2016 at 8:00 A.M.** We hope you see you then!

## Isleta Health Center Medical Clinic News

### Prepare for the new school year!

- **Does your child need a physical exam?**
- **Are your child’s immunizations up to date?**

Call us today to make a summer appointment for your child’s physical exam or update their immunizations!

**869-4089**

Please bring all required forms to the appointment. Patients under 18 years of age must be accompanied by a parent or legal guardian.

**THE MEDICAL CLINIC DOES NOT ACCEPT WALK-IN PATIENTS FOR PHYSICALS.**

**Thank you for your cooperation.  
Isleta Health Center Staff**



**\*\*PLEASE NOTE: POSITIONS ARE OPENED UNTIL FILLED\*\***

Staffing Specialist:  
Mari Valenzuela 724-3920 or Vickie Carrion 244-8206  
[www.isleta.com](http://www.isleta.com)

Updated: July 15, 2016  
(Internal Postings In BOLD)

Auto req ID	TITLE	DEPARTMENT	DIVISION
876BR	SECURITY OFFICER II	SECURITY	GAMING
875BR	SECURITY OFFICER II	SECURITY	GAMING
874BR	SECURITY OFFICER II	SECURITY	GAMING
873BR	SECURITY OFFICER II	SECURITY	GAMING
872BR	SECURITY OFFICER II	SECURITY	GAMING
871BR	SECURITY OFFICER II	SECURITY	GAMING
870BR	SECURITY OFFICER II	SECURITY	GAMING
869BR	SECURITY OFFICER II	SECURITY	GAMING
868BR	SECURITY OFFICER II	SECURITY	GAMING
867BR	SECURITY OFFICER II	SECURITY	GAMING
865BR	EXECUTIVE CHEF	F&B BAKERY	FOOD & BEVERAGE
864BR	CONVENTION & BANQUET SERVICE COORDINATOR	HOTEL SALES	HOTEL
863BR	1ST ASST GOLF PROFESSION	GOLF COURSE OPERATIONS	AMENITIES
861BR	ATTENDANT CONCESSIONS - CHILI RISTA	F&B DELI	FOOD & BEVERAGE
860BR	ATTENDANT CONCESSIONS - CHILI RISTA	F&B DELI	FOOD & BEVERAGE
859BR	ATTENDANT CONCESSIONS - CHILI RISTA	F&B DELI	FOOD & BEVERAGE
858BR	ATTENDANT CONCESSIONS - CHILI RISTA	F&B DELI	FOOD & BEVERAGE
857BR	ATTENDANT CONCESSIONS - CHILI RISTA	F&B DELI	FOOD & BEVERAGE
856BR	SUPERVISOR FUN CONNECT FB	F&B FUN CONNECTION	FOOD & BEVERAGE
855BR	ATTENDANT CONCESSIONS - FUN CONNECTION	F&B FUN CONNECTION	FOOD & BEVERAGE
854BR	ATTENDANT CONCESSIONS - FUN CONNECTION	F&B FUN CONNECTION	FOOD & BEVERAGE
853BR	ATTENDANT CONCESSIONS - FUN CONNECTION	F&B FUN CONNECTION	FOOD & BEVERAGE
852BR	FLOOR TECHNICIAN-SLOTS	SLOTS	GAMING
848BR	SERVER - TIWA	F&B TIWA	FOOD & BEVERAGE
847BR	SUPERVISOR PW F&B	F&B PALACE WEST	FOOD & BEVERAGE
692BR	CLERK ISSUE-BINGO	BINGO	GAMING
774BR	SERVER BEVERAGE	F&B BEVERAGE SERVICES	FOOD & BEVERAGE
536BR	PT ATTENDANT FLOOR-SLOTS	SLOTS	GAMING
754BR	ATTENDANT FLOOR-SLOTS	SLOTS	GAMING
666BR	DIRECTOR IT	IT	GENERAL & ADMINISTRATION
682BR	PT ATTENDANT FLOOR-SLOTS	SLOTS	GAMING
720BR	PT ATTENDANT FLOOR-SLOTS	SLOTS	GAMING
789BR	PROMOTIONS & SPECIAL EVENTS MANAGER	MARKETING MANAGEMENT	MARKETING
779BR	ATTENDANT FLOOR-SLOTS	SLOTS	GAMING
636BR	COOK-BANQUET	F&B CATERING BANQUETS	FOOD & BEVERAGE
822BR	ATTENDANT FLOOR-SLOTS	SLOTS	GAMING
619BR	COOK STEAKHOUSE	F&B STEAKHOUSE	FOOD & BEVERAGE
849BR	CASHIER - F&B TIWA	F&B TIWA	FOOD & BEVERAGE
845BR	ADMINISTRATOR APPLICATIONS II - IT	IT	GENERAL & ADMINISTRATION
814BR	TIWA LINE COOK	F&B TIWA	FOOD & BEVERAGE
812BR	UTILITY-F&B	F&B UTILITY	FOOD & BEVERAGE
851BR	SERVER BEVERAGE	F&B BEVERAGE SERVICES	FOOD & BEVERAGE
846BR	ATTENDANT CONCESSIONS - CHILE RISTA 2 - PW	F&B PALACE WEST	FOOD & BEVERAGE
837BR	ATTENDANT CONCESSIONS - CHILI RISTA	F&B DELI	FOOD & BEVERAGE
850BR	DEALER TABLE GAMES--Part Time	TABLE GAMES	GAMING

### Pueblo of Isleta Career Opportunities

Position Posting	Location	Closing Date
AMERICORPS VISTA POSITIONS	POI Elementary School, By Laguna Community Foundation	
BUSINESS MANAGER,	Head Start & Child Care,	Open Until Filled
CARPENTER,	Housing Authority,	Open Until Filled
CHILD CARE PROVIDER,	Head Start & Child Care,	Open Until Filled
CHR VAN DRIVER (Part-Time),	Health Center,	Open Until Filled
DATA CLERK,	Head Start & Child Care,	Open Until Filled
DISABILITIES COORDINATOR,	Head Start & Child Care,	Open Until Filled
ELEMENTARY TEACHER,	POI Elementary School,	Continuously Accepting Applications
EMT-INTERMEDIATE (2 positions),	Health Center,	Open Until Filled
FACILITIES COORDINATOR,	Head Start & Child Care,	Open Until Filled
FITNESS INSTRUCTOR	Recreation Center,	Open Until Filled
HOME VISITOR,	Head Start,	Open Until Filled
HVAC TECHNICIAN,	Housing Authority,	Open Until Filled
IN-HOME CARE ATTENDANT,	Elderly Center,	Open Until Filled
LABORER	Isleta Pueblo Housing Authority,	Open Until Filled
LAND SURVEY TECH AIDE. (20-HR WK),	Surveying & Mapping	Open Until Filled
LAND SURVEY TECHNICIAN AIDE (2 Part-time Term),	Survey & Mapping,	Open Until Filled



Position Posting	Location	Closing Date
LIFEGUARD (2 Positions),	Recreation Center,	Open Until Filled
LIFEGUARD (4 Positions-Summer Hire),	Recreation Center,	Open Until Filled
LIFEGUARD (4 Positions 30 hr wk),	Recreation Center,	Open Until Filled
LIFEGUARD (Regular Part-Time),	Recreation Center,	Continuously Accepting Applications
NURSE EDUCATOR.	Health Center,	Open Until Filled
PERSONAL CARE SERVICE AIDE,	Elder Center,	Continuously Accepting Applications
PLUMBER,	Housing Authority,	Open Until Filled
POLICE OFFICER,	Police Department,	Open Until Filled
RANCH HAND (Seasonal),	Comanche Ranch, WITHIN-	Continuously Accepting Applications
REGISTERED NURSE,	Health Center,	Open Until Filled
TEACHER - COMPUTER,	POI Elementary School,	Open Until Filled
TEACHER HEAD START,	Head Start & Child Care,	Open Until Filled
TEACHER II-EARLY HEADSTART	Head Start & Child Care,	Open Until Filled
TEACHER-MENTOR HEADSTART,	Head Start & Child Care,	Open Until Filled
TIWA LANGUAGE INSTRUCTOR,	Head Start & Child Care,	Open Until Filled
TRAVEL COORDINATOR,	Procurement,	07/22/2016
VETERAN SUPPORT SERVICE PROGRAM MEMBER,	Elder Center,	Open Until Filled



**Pueblo of Isleta Veterans Association  
and the Pueblo of Isleta present...**

**FREE**

*Lunch and Business Counseling*

**For Veteran Entrepreneurs  
and those who support them**



**August 13, 2016**

**Lunch and Program                      9:30 - 2:00**  
**Followed by Individual Business Counseling**


**At the Isleta Resort and Casino**

**Call 505-573-3733 to pre-register**  
**WALK-INS WELCOME**





Funded in part through a cooperative agreement with the U.S. Small Business Administration  
Reasonable accommodations will be made for persons with disabilities



⇒ PRC will assist with payment for medical services only.


⇒ PRC does not cover Durable Medical Equipment like Orthopedic braces, crutches, wheel-chairs, hospital beds.

⇒ PRC does not cover Labs at other facilities.

⇒ PRC does not cover pharmacy, rehab services or long term care facilities.

**Call PRC for more information.**

**869-4488**





**Thinking About  
Quitting**

**NOT READY TO COMMIT TO A  
FULL Quit Smoking PROGRAM?**  
Take this 1 time, 1 on 1, 90 minute session to increase your motivation to

**Call Stephanie, Health Educator  
@ 869-4479 to Sign Up  
Isleta Health Center**

**PRC**

Patients are responsible for notifying PRC of any follow up appointments, continued or referred care, or any additional procedures the specialist may recommend.

- Please provide as much notice as possible to allow us to enter the information, request the orders, and mail out to you prior to your appointment.

Questions? Please call 869-4488





## PUEBLO OF ISLETA PUBLIC LIBRARY

Hello People of the Island! Well, we are halfway through the summer season and many of the students are gearing up for another school year. The Library like many programs have completed its summer programs and are preparing for the school year as well. Be sure to continue reading our news portion of the article as we have so many new changes that may benefit you and your student(s).

### NEWS

We are very excited to provide our Library members with the wide range of online training programs on Lynda.com which is FREE online software training with your Pueblo of Isleta Library Card (password must be created with Library). We have licenses for 5 simultaneous users!

The Lynda.com Online Training Library is a massive online training resource. Using their thousands of videos, members are able to learn – self-paced and on-demand – topics ranging from Excel and PowerPoint to Tumblr and CSS. Pueblo of Isleta Public Library has purchased 5 licenses. Members must have a Library card in order to register and utilize the Lynda.com site. If you have any questions, please call the Library. The link to Lynda.com may be found on our Library website at <http://isletapueblo.com/library.html> Just click on the “Start Learning, Click Here” button to start your digital continuing education.

You may have noticed the various construction projects taking place at and near the Library complex. Well, the Library is supposedly going to get High Speed Internet (100 fiber optic lines) which mean faster internet and Wi-Fi for your school and personal needs. The Library has been told we were to get this High Speed Internet in July but then it got pushed back to August. So, please be patient as it is coming.

Do not forget the Library has a conference room with internet, phone (w/conference call capabilities), projector (w/HDMI & sound capabilities), projector screen, dry erase board, and a bulletin board. This a perfect space for group meetings, study groups, and group projects. The conference room is available to the public should you reserve it. Reservations may be made by calling the Library at 505.869.9808. A one week notice would be nice but should you be lucky you may be able to reserve it on the day you call.



*P.O.I. Fire Department posing for a quick picture w/the Youth Interviewers after their interview on the Dangers of Fire.*

# WE NOW OFFER FITNESS BAGS FOR CHECK-OUT!

THESE BAGS INCLUDE EVERYTHING YOU NEED FOR YOUR NEXT WORK OUT.

\*YOU MUST BE 16 OR OLDER TO CHECK OUT A BAG

\*ALL BAGS ARE AVAILABLE FOR A 1 WEEK CHECK-OUT

MOST BAGS INCLUDE WORK OUT EQUIPMENT, DRILL CARDS & BOOKS PERTAINING TO TARGET AREA

FOR MORE INFORMATION CALL US AT 869.9808



*Junior student enjoying one of the daily outdoor activities for the Junior S.R.P.*

<h3>SPORTS ENDURANCE</h3> <ul style="list-style-type: none"><li>• Hurdles</li><li>• Agility Ladder</li><li>• Perfect Push-Up</li><li>• Quick Cones</li></ul>	<h3>IN-HOME GYM</h3> <ul style="list-style-type: none"><li>• Prenatal Yoga</li><li>• Lean Body Circuits</li><li>• Slim Sculpting</li><li>• 10 Pounds down with Jessica Smith</li><li>• Cardio &amp; Conditioning Yoga</li></ul>	<h3>CARDIO</h3> <ul style="list-style-type: none"><li>• Power Series Triple H DVD</li><li>• Piloxing</li><li>• Chair Resistance Band</li><li>• Zumba Tone Up</li></ul>
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*Junior students enjoying the company of one of four summer WIA Workers at the Los Lunas Park.*

Enrollment for our After School Homework Help Program will start on Monday, August 8th, starting at 8 am. Please note that we have set a limit of twenty-five (25) students for this program. The main reason being for safety reasons and so we may provide the best service with an equal balance of Library staff to the student ratio. Students and parents will be required to follow the After School Homework Program Policies set forth, otherwise, students will be dropped and the spot will be given to the next student on the waiting list. Should you have additional questions, please call the Library at 505.869.9808.

On Friday, August 5th, the Library will be CLOSED from 10 am to 2 pm due to us hosting the August, Native American Library Special Interest Group (NALSIG) meeting. On this day, various Tribal Librarians and their staff will be visiting our Library to discuss issues which we Tribal Libraries face in our communities. This is a great networking opportunity for our Library staff and it allows us to showcase



*Junior students asleep on the bus after their Grand Finale Field Trip to the Hotel Cascada Water Park.*

our Library and services to our colleagues. Once our meeting concludes we will reopen and will close at 4:30 pm. Thank you for understanding with this matter.

**UPCOMING**

The only program planned for the month of August is the monthly Food Program which is the “No Mess Dinner” that is great for tailgating and outdoor activities. For example, contents such as BBQ chicken, asparagus, and other item will be prepped and cooked in foil on a grill. This particular program will be hosted by Christino Howlingcrane. Ingredients will be provided



*Some of the Youth S.R.P. behind the KRQE News Desk during the Field Trip to the Channel 13 news studio.*



*KRQE Weather Forecaster, Kristen Currie showing the Youth students how she conducts the weather segment.*

by the Library but you will do the cooking and cleaning. Space is limited to ten (10) spots. To reserve your spot, call the Library at 505.869.9808 starting Monday, August 1st.

Story time for the Isleta Head Start, Early Head Start, and Child Care will resume late September or early October. Story time for the general public will also resume on the same week. Stay tuned for further details.

**RECAP**

Our Grand Finale for our Summer Reading Program took place on Tuesday, July 26th, with a showing of the Youth’s News broadcast episode which they worked on through our six week program. The Juniors (3 – 6 year olds) had the opportunity to be the extras or subjects in some of the stories with interviews being various individuals from other programs / departments. The first segment of the news broadcast was actual real information for the parents and guardians pertaining to school start dates, tax free weekend, J.O.M. free school supplies distribution, and various after school programs. All commercials for the commercial break were also created by the Youth program students.

We hope to upload the news broadcast episode to the Library’s YouTube channel at [www.youtube.com/user/poiLibrary](http://www.youtube.com/user/poiLibrary) It will be broken into three or more parts. This year’s Summer Meal Program concluded on Friday, August 5th. The Library was a host site for the Bernalillo Country Meal Program which provided our community with both breakfast and lunch throughout the summer. Meals were prepared by the Albuquerque Public Schools

(APS). Together we feed 160 students which consisted of the both Library programs, both J.O.M. Summer Bridge programs, all the Language program classes, the Isleta Elementary Summer School students, the E 20 20 Recovery program students, and the general public. Thank you for following the rules set forth by Bernalillo County which reflects positively for the Library as a host site come the summer of 2017.

**Pueblo of Isleta Public Library**  
**Hours of Operation:**

Library Hours

Mon-Thurs - 8:00a.m. - 6:30p.m.  
Friday - 8:00a.m. - 4:30p.m.  
Saturday - 9:00a.m. - 1:00p.m.

Closed on Sundays, all federally recognized holidays and also Isleta traditional Holidays. Please contact library for more information on closures.

Mailing and Physical Address:

950 Moonlight Drive Albuquerque, NM 87105  
Phone: 505-869-9808  
Fax: 505-869-8119  
Email: [poi02002@isletapueblo.com](mailto:poi02002@isletapueblo.com)

Facebook Page:  
[www.facebook.com/IsletaPuebloLibrary](http://www.facebook.com/IsletaPuebloLibrary)  
Web Address:  
[www.isletapueblo.com/library2.html](http://www.isletapueblo.com/library2.html)  
YouTube: [www.youtube.com/user/poilibrary](http://www.youtube.com/user/poilibrary)  
Pinterest: [www.pinterest.com/poilib](http://www.pinterest.com/poilib)



**PURCHASED/REFERRED CARE**

Please present your PRC referral when you check in for your appointment. Failure to do so may result in billing errors. If you receive a bill, bring it to PRC immediately.

**For more information, Call PRC at 869-4488.**

FROM THE DESK OF Arnold Sena (PARKS & RECREATION DEPARTMENT DIRECTOR):

We made it through another summer! This year’s summer program gave me the opportunity to meet the parents, grandparents, brothers, sisters, aunts, uncles and many other individuals associated with the children whom attended our summer recreation program. I also got the opportunity to meet, listen, talk, and interact with the children of our community which I truly enjoyed. This was a good summer for the children and staff. Like every summer, we had some minor problems and issues which needed to be addressed, but overall we provided the best service possible to the Pueblo of Isleta. With that said, I would like to thank the parents and guardians for trusting us with your children throughout the summer.

I definitely want all of you to know that planning activities and working with approximately 220 children daily between the ages of 4 to 16 is no easy task. The staff took the kids on numerous field trips this summer, such as the Isotopes Park, Rio Grande Zoo, Explora Learning Center, Cliff’s Amusement Park, Gravity Park, and other places. The children enjoyed everywhere they went and had a good time. At this time, I want to thank and commend this year’s summer program staff for doing a good job with the children this summer. GREAT JOB GUYS!

The Nanas continued to do their thing by working with the children throughout the summer. Together they created various art and crafts projects. It was wonderful to see the children stop by to check on the Nanas.

The Parks and the Weed and Litter Crew did an awesome job this summer, as always. Hopefully many of you have had the opportunity to visit and enjoy our parks within the pueblo, which are available for public use. If not, you need to do so, the parks look amazing. I want to thank them for doing such a great job with the parks and fields. AWESOME JOB GUYS!

The fitness facilities at both the New and Old Rec Centers are constantly being used and for good reason, because they have awesome equipment and staff. Like always, the staff at both facilities are available to help all individuals whom frequent the facilities. Our fitness staff are here to help people with their daily fitness needs, so be sure to ask them for help about proper equipment usage, form, exercises, and latest physical activity trends. Our goal is to make sure the equipment is being used properly and no one is hurting themselves.

Aquatics

As many of you know, the pool is under new management. The new aquatics coordinator is Chris Avila. He was the aquatics trainer for the City of Albuquerque and created the Red Shirt System for Albuquerque pools. This system has made city pools safer, and he is now doing the same for Isleta. Chris’s interests include MMA fighting, rock climbing, and many other recreational activities.

As well as new outlook on management, you can also expect new programming. Currently the aquatic staff has created a program called Dante’s Swimming Adventures (DSA). This program evaluates and improves upon swimming skills for

children. As of right now it is only for children in the recreation program, but we are looking to branch out and get more children involved. DSA is a pre-requisite to the swim training program that we are developing. We will hopefully be offering these training sessions between the winter and fall seasons of this year. We will also host a swim competition for the children in the DSA program.

Another program we are offering is a Junior Lifeguard Program. We will be hosting our first Junior Lifeguard Seminar August 2nd – 4th. This program allows children to shadow the lifeguards and learn the basic skills of being a lifeguard. During this seminar the children will participate in Ring Bouie competitions and tube swims. The children will also get the opportunity to learn rotations & surveillance, entries, how to activate the Emergency Action Plan (EAP), how to perform CPR, rescue breathing, how to save a choking victim, different types of rescues, assists, escapes, back boarding, and the importance of gloving up.

Along with new management the pool is cleaner than it has ever been. The PH in the main pool is at a constant 7.5 ppm (parts per million) and the chlorine is held

constant between 2-4ppm. The pool is also kept at a comfortable temperature; it will always be between 82 and 85 degrees. So come try our new and improved pool and take part in our new programming. We look forward to seeing you!

IMPORTANT INFORMATION

The New Rec Center’s hours of operation will be limited for the first week of August due to in-house maintenance and cleaning. Signage of the hours of operation will be posted, so please take note of this temporary change. We will resume our normal hours of operation during the second week of August.

As always, should you have any questions or need additional information please contact us at the New Rec Center at 869-9777.

If you are receiving bills for medical services, bring them to PRC.

**RED FLAG**....if you are receiving the bill, then PRC is not being billed!

**Call 869-4488 for more information.**

# NATIVE YOUTH

## IN FOOD & AGRICULTURE

### SOUTHWESTERN REGIONAL SUMMIT

SANTA CLARAN HOTEL - ESPANOLA, NEW MEXICO

# AUGUST 19 - 21, 2016

The Southwestern Regional Summit will bring Native youth ages 15-18 together for a one-of-a-kind learning experience about the issues they will be facing as the next generation of food & agriculture leaders in the Southwestern region. This program is open to both enrolled Tribal youth and Tribal descendants.



# APPLICATIONS Due JULY 29, 2016

Applications available online at [indianaglink.com/youth](http://indianaglink.com/youth).  
Apply online at <http://goo.gl/forms/9zOlxrAfAGHShkMJ2>.

For questions contact Kelsey Ducheneaux at 605-850-4079 or [kducheneaux@outlook.com](mailto:kducheneaux@outlook.com).



SANTA CLARAN  
HOTEL • CASINO

UNIVERSITY OF  
ARKANSAS  
School of Law  
Indigenous Food & Agriculture Initiative



ALBUQUERQUE, NEW MEXICO

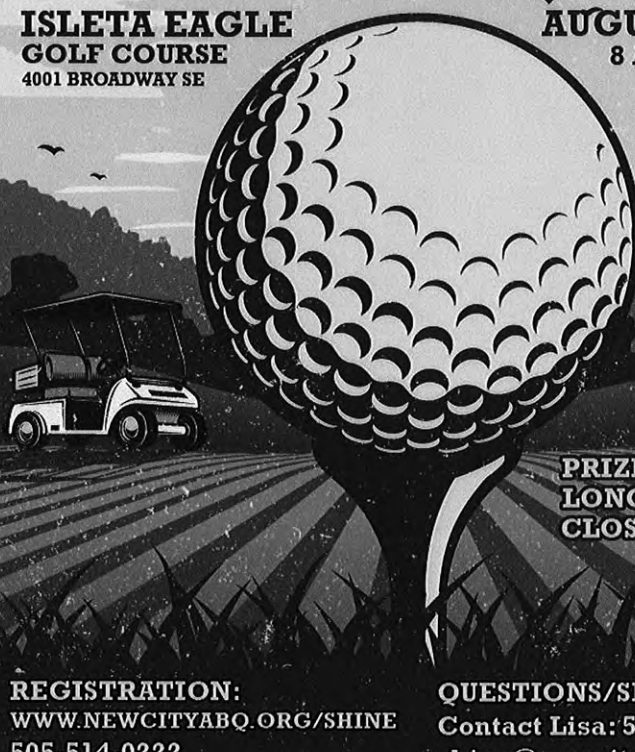
THE  
INAUGURAL  
INVITATIONAL

Shine

BENEFITTING  
CHILDREN & SCHOOLS OF ALBUQUERQUE

ISLETA EAGLE  
GOLF COURSE  
4001 BROADWAY SE

AUGUST 13, 2016  
8 AM SHOTGUN



PRIZES, RAFFLES,  
LONG DRIVE, &  
CLOSEST TO PINS

REGISTRATION:  
WWW.NEWCITYABQ.ORG/SHINE  
505-514-0222

QUESTIONS/SPONSORSHIP  
Contact Lisa: 505-514-0222  
shine@newcityabq.org

\*ATTENTION!!\*

WANNA GET IN SHAPE?

*"The first step to reaching progress in your fitness level is to create a base of aerobic fitness ....."*  
*From Spinning News*



What a better way to reach your fitness progress and goals than to join a Spin class?

Motivation, endurance, a challenge, a healthy heart, speed, and just a GREAT workout are things that Spinning will assist you with!

*COME-ONE-COME-ALL! Spinning is for everybody! Get measured for a bike! Challenge yourself! COME during lunch!*

*Beginners*, no worries, this class is a great kick-start to a great healthy lifestyle.

Feel you are *advanced*? Spin will challenge ALL! It's all up to you!

*"I believe that true success is within reach when we, as individuals, begin to reshape how we see ourselves and the world."*  
*By Luciana Marcia-Vincion,*  
*Spinning Master Instructor*

(Class dates & times: Mon.! Wed.12:00, 5:10p, 6:10p; Tues.! Thurs. 5:30a, Sat./Sun.1:00p)

2016 XC Season



Cross Country season is just around the corner, and any children (ages 5-12) interested in joining may contact Antonio Garcia at the Rec. Center (505-869-9777), or Phillip Abeita and/or Alyssa Jojola.

Practice starts at 6 pm on Monday, July18th at Soccer Field at the Rec. Center.



\*ATTENTION!!\*

Need a challenge?

"Performance in a Spinning® class is about combining training and trust to achieve your goals. You should feel as challenged physically as you are engaged emotionally and mentally in the class experience. "

RUNNERS!



Find yourself at a plateau?

"Without a goal, training becomes stagnant and meaningless; it's merely an exercise in motion." Make it a goal to block out time for a Spinning class, jump-start your goals again!

Bored?

"The Spinning program itself is distinguished from other group exercise programs because of its "in-the-moment" approach to self-exploration, the demanding disciplined focus on technique and perseverance and its creativity, continuity and consistency."

Want to quicken your pace?

"If you're a runner, you may even benefit more from the Spinning program than might a cyclist. Want to run faster? Spinning classes will do the trick."

*"There is no question the Spinning program makes you stronger without the impact," says Thomas Miller, multi-sport coach and nine-time Ironman competitor*

Beginner or intermediate, Spin class is for all! Stop by during lunch! Challenge yourself! Get measured for a bike! Ride with us *and see results in your runs!*

(Class dates & times: Mon.! Wed. 12:00p, 5:10p, 6:10p; Tues.! Thurs. 5:30a, Sat./Sun. 1:00p)

PUEBLO OF ISLETA

# ARTISAN

## MARKET

Isleta Resort & Casino is proud to feature the

### Pueblo of Isleta Artisans

Artists from the Isleta Pueblo will be in the Convention Foyer showcasing their unique hand-crafted goods.

Tuesday, September 13 | 11am - 3pm

Wednesday, September 14 | 8am - 3pm

Thursday, September 15 | 8am - 2pm

For more information, please contact Ron Martinez Looking Elk at [rmartinezlookingelk@gmail.com](mailto:rmartinezlookingelk@gmail.com)

LIKE US ON

FOLLOW US ON

[isleta.com](http://isleta.com)

## ISLETA

resort + casino

Whether you've dreamt of a sunset ceremony, a small intimate gathering or a grand affair, let Isleta Resort & Casino help you create and plan the wedding of your dreams.

Book your wedding reception by September 30th, 2016 and receive a complimentary Jr. Suite, \$119 guest room rates, 15% off spa services for your bridal party, complimentary reception with Chips & Salsa or a complimentary wedding couple's spa package. Book your reception with 350 guests or more and receive both!

Offer valid only on new bookings. Must mention this promotion. Must meet required food and beverage minimums.

## ISLETA

resort + casino

11000 Broadway SE Albuquerque, NM 87105 | [Isleta.com](http://Isleta.com) | 505.244.8200

WORLD BREASTFEEDING WEEK 2016

# BREASTFEEDING

A KEY TO SUSTAINABLE DEVELOPMENT

WIC Program  
505.869.2662

August 2016

### World Breastfeeding Week 2016

**“Breastfeeding: A Key to Sustainable Development”**

The theme of World Breastfeeding Week 2016 focuses on how breastfeeding impacts the health of our communities in several areas, including: nutrition and food security, health and survival, environment and climate change, and productivity and empowerment in the workplace.

*“We know that breastfeeding improves the lives of millions of children and ultimately benefits families, communities, and societies. Our challenge now is to make breastfeeding work in the workplace too. Together, we can help working women to breastfeed and reap the benefits for themselves, for their children, and for the health and well-being of future generations.”*

-World Health Organization World Breastfeeding Message  
<http://www.who.int/topics/breastfeeding/en/>

### WIC Program and Breastfeeding

#### Did you know...?

WIC offers breastfeeding support. We are here to provide prenatal breastfeeding education, breastfeeding help when baby is born and beyond, and quality breast pumps that help you to continue breastfeeding after you return to work or school.

## World Breastfeeding Week Events

...

Pueblo of Isleta WIC  
Friday August 12th, 11 am-2 pm  
Open and free to the public, come and help us celebrate!

### The BIG Latch On 2016

Dar a Luz Birth Center Saturday  
August 6th 2016 8:30 a.m.-11 a.m.  
7708 4th St NW Los Ranchos de Albuquerque NM 87107  
Moms and babies latch on around the world at the same time. Join other moms and be part of a movement to help break the previous year's record.

Get involved! By breastfeeding your children, supporting other breastfeeding moms and families, and advocating for community change we can make a difference

**Purchased/Referred Care provides a referral for 1 visit at a time.**

**Questions?**  
Call PRC at  
869-4488



**Hands Only CPR**  
**Project Heart Start**  
**Non-certification CPR Course**



**August 9, 2016**  
**6:00pm-7:30pm**  
**Health Training Center**  
**@ Isleta Health Center**

**LEARN COMPRESSION ONLY CPR**

Contact Stephanie Barela for more information or to sign up at 869-4479.  
This training will take place during the POI Community Cancer Support monthly meeting. **ALL WELCOME!**



**Interested in earning your GED? The Department of Education's Adult Education Program can help!**

We assist with placement in GED classes, basic school supplies, resources for adult learners, one-on-one tutoring, pretesting & testing services, & transport services to classes and exams as needed. Come visit us in the Department of Education today to learn more!

Once you complete your GED program, we assist with employability skills, and can help you transition into the workforce or higher education.



For more information, contact Adult Education Coordinator Annita Lucchesi at (505) 869-9790, or [POI02001@IsletaPueblo.com](mailto:POI02001@IsletaPueblo.com).

**HOME SERVICES PROGRAM**

Patricia L. Lucero,  
Home services manger

Home Services provides a range of services to elders who meet the minimal criteria: 60 years or older with 2 or more ADLs (Activities of Daily Living Limitations). Public Assistance Services-elders 60 years and above; with no ADLs. Elder must live and reside within the Pueblo of Isleta.

**Home Services Program (Non-Medical Services)**

Qualifying Criteria: Elders 60 years of age or older with two (2) or more ADLs; or a younger disabled person under the age of 60 who has two (2) or more ADLs, lives with their elder parents who are responsible for providing support services.

Attendants provide 3 - 4 hours of service per week to clients in the comfort of their own home. Light housekeeping: mopping, sweeping, vacuuming, dusting, dish washing, laundry and meal preparation, etc.

Personal Care services: bathing, showering, dressing, grooming and medication reminders.

Transportation: available to assist clients with errands and outings.

Advocacy: referrals for Public Assistance or providing information and assistance.

Respite Care: provides relief to a full-time caregiver of a frail homebound elder 60 years or older who is unable to perform two (2) or more ADLs. Services are the same as described above.

**Home Chores (Position Vacant; if interested, contact Pueblo of Isleta Human Resources.)**

Provides services to frail elders who request home repairs, yard work, window & ceiling cleaning, chopping wood, and minor home modifications. Referrals for home repairs and handicap modifications are submitted to Director, then referred to Housing Authority. Work Orders can be submitted by calling the Isleta Elder Center.

**Benefits Assistance**

Application and referral for Public Resources. Again, this is for elders 60 years and above.  
Resources includes: Commodities, Food stamps, Low Energy Assistance Program, New Mexico Weatherization Program on Tribal Lands, PNM Good Neighbor Fund, PNM Home Check Program, POI Housing, POI Tribal Programs etc....

**What are Activities of Daily Living Limitations?** Assistance required for: eating, bathing, dressing, taking medicine and going to the bathroom.

For more information on Home Services, contact Jeff Jojola, Operations Manager 869-9770 for referral to our program. We ask that if you know of someone who is in need and meets our criteria, please refer a family member, friend or neighbor.

## Johnson O'Malley Program

Welcome to another school year! I hope everyone had a restful and relaxing summer break and you feel recharged and ready to learn. I know the staff is looking forward to working with everyone. As for the staff, we had a productive and enjoyable summer with 18 students in the Summer Bridge program. Students were given the opportunity to learn, go on fieldtrips, have fun and it allowed the students to continue working on their academic skills and maintain their current knowledge base. These students were very motivated to learn. Congratulations students on your accomplishment of participating and completing the program. We also want to say, "Thank You" to all of the parents and grandparents for supporting and bringing your student during the 6 week program. I'm sure their projects proved constructive and rewarding to many of you.

The staff is excited as we look forward to another school year working with the community. It gives us the opportunity to learn, grow, and understand a little more together. In preparation of the upcoming school year, the staff has been working on getting school supplies for our School Supply Distribution. **Parents or legal guardians must attend one of the following meetings and a CIB must be on file for your student.** Dates and times are as follows: August 1st-4th at 9:00 a.m., 11:00 a.m., 1:00 p.m., 3:00 p.m., and 5:30 p.m. Last chance to pick up your school supplies is August 6th at 9:00 a.m., 10:30 a.m. or 12:30 p.m. Yes, it's that time again so that means classes are just around the corner!

With all the possible school related items one might buy, something that is vital for school success is something that cannot be bought, that is... EFFORT. Students, please make school a priority by committing to earn better grades and be engaged or participate in more activities. Being involved with your community is a great place to practice skills needed for future employment, some skills such as attendance, responsibility, communication skills and work habits can be strengthened.

With a renewed sense of purpose, and with a continuing quest to do our best, students please plan on going to school each day with a positive attitude. Students will also be encouraged by their parents, teachers and coaches each day. Parents can share in the new school year by asking specific questions at meal time, keeping in touch with the school and our office through newsletters, flyers, web pages, emails, phone calls or visits.

There is no limit to what we can achieve if we work together. There is a tremendous value in being prepared, confident, and an active part of each student's education. Let's set our goals high, and enjoy the feeling of reaching them together! Welcome back everyone. Let's have a great year!

### Upcoming School Start Dates

Isleta Elementary: August 8, 2016  
Los Lunas Public Schools: August 11, 2016  
Albuquerque Public School: August 11, 2016 and  
Santa Fe Indian School: August 15, 2016 (check-in day is August 14, 2016)  
Native American Community Academy: August 15, 2016 (Open House will be held on August 11, 2016)

### QUOTES TO THINK ABOUT

Success starts small, but the more you feed it and water it with a winning attitude, the bigger and faster it grows.

What you do today will determine where you stand tomorrow. If the roots are weak, the tree will fall down. Create a strong foundation.

## Isleta Health Center NOTICE: Proof of Eligibility for Services

Isleta Health Center is federally funded and provides health services to persons of Native American descent. Proof of Native American descent must be maintained in our patient files as evidence of eligibility for services. Common forms of evidence include a valid Certificate of Tribal Enrollment, a Tribal Membership Card, or a Certificate of Indian Blood.

A recent audit of patient records revealed that the Health Center is not in full compliance with this federal requirement and must take the necessary actions to correct the matter. As a result, letters are being sent to patients whose accounts do not have a copy of their tribal enrollment verification on file. We ask for your help by providing a copy of your Tribal Enrollment Certificate or Tribal Membership Card within 30-days of receipt of the letter.

Thank you!

# Suggestions or Comments?


Let me know your thoughts!!


**PUEBLO OF ISLETA HEALTH CENTER**  
Health Education Department

Do you want to learn about certain health topics?  
Do you see a need in the community for a certain type of training?

**Please let your local Health Educator know!**

Stop by the Isleta Health Center and drop your health training topic suggestions or comments in the "Suggestions, Comments or Complaint Box" located inside the main entrance (on your right as you enter).  
Or, you may e-mail me at [sbarela@isclinic.net](mailto:sbarela@isclinic.net)

**Isleta Health Center**  
Health Educator, Stephanie Barela @ 505-869-4479



## Refresh your driving skills with the AARP SMART DRIVER™ COURSE!

You will learn:

- Defensive driving techniques
- Proven safety strategies
- New traffic laws and rules of the road

Plus, there are no tests to pass. You simply sign up and learn. Upon completion you could receive a multi-year discount on your car insurance.\*

DATE(S) & TIME(S)

August 22, 2016  
from: 1:00 PM to 5:00 pm


LOCATION



ISLETA  
ELDER CENTER

TO REGISTER

Call (505) 869-9770  
Bring Drvr's Lic. & AARP Card

**CLASSROOM COURSE:**  
\$15 for AARP members • \$20 for non-members  
For more information visit [www.aarp.org/drive](http://www.aarp.org/drive)

 This program is supported by a generous grant from Toyota to AARP Foundation.

 **DRIVER SAFETY**   
Real Possibilities

\*Upon completion you may be eligible to receive an auto insurance discount. Other restrictions may apply. Consult your agent for details.

D17174(314)



## 2016 New Mexico State Senior Olympics Recap: July 13 – 16, 2016

During the month of July 2016, the Pueblo of Isleta Senior Olympic Team traveled to the 2016 New Mexico State Senior Games held in Roswell, NM. These athletes traveled in hopes of qualifying for the 2017 National Senior Games Competition, to not only represent our pueblo but also the State of New Mexico. Each of these individuals worked hard and dedicated their time throughout the year in preparation of their various sporting events. Over 1000 athletes traveled from around New Mexico in hopes of reaching the same goal.

Our pueblo was very fortunate to have had 27 athletes participate in this year’s NM State Senior Olympic Games, competing in various sports throughout the course of the week. Athletes from our community competed in various age categories ranging from 50 years – 90+ years. These individuals showed true ambition by fighting through the cruel Roswell heat and overcoming the large amount of competition in their various sports. These men & women of our community are true ambassadors for living a healthy, active lifestyle for all ages.



Some of the P.O.I. N.M. State Senior Olympic participants.



Elders with their game faces.



Our elders in action.



Team medal winners.

I am proud to announce that only through their hard work, team efforts, and all around dedication, did these athletes earn over 30 medals & various recognitions at this year’s State competition. These athletes have demonstrated that there’s no stopping at any age and that you only become stronger as you get older. Congratulations Team Isleta!!! You guys continue to be the best and we all look forward to seeing you all on the National Podiums in 2017.

A Special Thank You to everyone that helped support the Isleta Senior Olympic Team throughout this year. I appreciate the encouragement, dedication, and time that you have given in helping these athletes in practicing and staying active during this year. Your collaborative efforts with our program have helped keep the Athletic Torch alive in our community and it only continues to burn brighter for future athletes.

- Isleta Recreation Center: Director, Arnold Sena & Staff
- Isleta Park Staff
- Isleta Elder Center, Director, Rita Jojola, & Staff
- Isleta Elder Center Advisory Committee
- Isleta Fun Connection: Jackie Keryte & Staff
- Isleta Golf Course: Ramon Valdez, Onawa (OJ) Garcia, & Staff
- Isleta Police Department & Staff
- Isleta Social Services Department
- St. Augustine Church & Father George

### 2016 NM State Senior Olympic Athletes:

Team Isleta	
Abeita, Lawrence	Analla, Gloria
Carpio, Isabel	Jaramillo, Lillian
Jojola, John M.	Jojola, Kenneth
Jojola, Patty	Jojola, Rudy
Jojola, Shirley	Lente, Alberta
Reyna-Jojola, Priscilla	
Lente, Betty	
Lente, Herman	Lente, Pauline
Lente, Sharon	Lucero, Elsie
Lujan, Diego	Lujan, Elaine
Martin, Carol	Martinez, Jose
Padilla, Paul	Padilla, Reyes
Padilla, Terry	Velardez, Ray
Zuni, Ann	Zuni, Rose



P.O.I. medal winners of the N.M. State Senior Olympics

# Isleta Elder Center: July 2016



Isleta Veterans' Association enjoying a meal at the Elders' Independence Day Celebration.

Summer is here and there have been many events at the Isleta Elder Center to heat up the season. To start off the month, the Isleta Elder Center hosted our Independence Day Celebration. This was a great event with an evening full of live music, dancing, and of course great food. There were over 100 people in attendance for the celebration. We would like to say "Thank You" to the Isleta Veteran's Association for a beautiful presentation of colors as well as Charles Lente, Tony Jaramillo, & Patty Lente, for donating their time in providing live music for the event. There was also great effort and hard work contributed by the Isleta Elder Center Staff in making the event a success.

During the remainder of the month, the Isleta Elder Center hosted a series of various discussions and presentations. In the early part of July, Dr. Cumby made a visit to the Elder Center and had an open health discussion with our pueblo's elders on the topic of diabetes. It was a great discussion as Dr. Cumby talked about the effects of diabetes in older adults and discussed various methods older adults can take to maintain or reduce their risk of diabetes. As diabetes has been an ongoing epidemic among Native Americans, this discussion was a great opportunity for our participants to ask questions and hear more information from one of our very own community doctors.

As July continued, the Isleta Tribal Courts hosted a special presentation for the Isleta Elder Center's monthly General Meeting. This special presentation was on the topic of probate. This was a great opportunity for the older adults in our community to listen and understand the probate process when it comes to our tribal courts. Participants also learned about the process on how to prepare a will. What was unique about this presentation was the presenters. The Isleta Tribal Court Judges donated their time to visit with our participants and present on the topic of probate. This was a great time for our participants to meet our Tribal Court Judges and become familiar with them. Thank You to Judge Rodney Jones & Judge Vincent Knight for your informative presentation.

## August 2016: Upcoming Isleta Elder Center Activities & Events

**August 5, 2016: Dog Safety & Awareness Presentation - Animal Protection of NM 10:00am - 12:00pm - Activities Room**

The Isleta Elder Center is hosting a Dog Safety & Awareness Presentation from Animal Protection of New Mexico in collaboration with the Isleta Animal Control Department. The presentation will discuss & demonstrate various safety tips when encountering a stray or aggressive dog. This is a great interactive presentation where participants will be able to practice what they learned on live trained therapy dogs from APNM presenters.

**August 11, 2016: Catholic Mass 11:00 am - 12:00 pm - Activities Room**

**August 17, 2016: General Meeting: Money Smart Presentation - NICOA 10:00am - 12:00pm - Activities Room**

The National Indian Council on Aging will be providing a Senior Financial Workshop for our August General Meeting. This workshop will discuss various financial topics affecting older adults. This is a great opportunity to learn about senior financial exploitation, identity theft, and tips on how to prepare for unexpected financial



Dancing the Night Away to the music of Charles Lente, Tony Jaramillo, & Patty Lente.

losses. As times are continuously changing and finances become harder to manage, this workshop may benefit you by providing more information on how to plan for your financial future. Don't miss out, join us for a great workshop!

**August 19, 2016: Isleta Senior Olympian Celebration 5:00pm - 7:00pm - Isleta Elder Center**

**August 23, 2016: Movie Presentation: Native American Films/Documentaries All Day Event - Activities Room**  
We will serve free popcorn!

**August 24, 2016: AARP Presentation for Native Americans - Introduction to AARP 11:00am - 12:00pm - Isleta Elder Center**

**August 29, 2016: Power of Attorney Follow up Presentation: Senior Citizen's Law Office of NM 10:00am to 12:00pm - Activities Room**

The Senior Citizen's Law Office of New Mexico will host a follow up presentation on Powers of Attorney for both Finances & Healthcare. A **power of attorney (POA)** or **letter of attorney** is a written authorization to represent or act on another's behalf in private affairs, business, or other legal matters. This is a FREE presentation and we will have attorneys available to help you with legal questions you may have regarding this topic. Notarized individuals will also be onsite to help you with your Power of Attorney Forms. If you would like to fill out a Power of Attorney form during the presentation, please bring the following:

- Names of people you wish to appoint as your agent
- Their Address & Phone Numbers

**August TBA, 2016: Elder Health discussion with Dr. Cumby Time TBA - Activities Room**

**August 2016: Major Isleta Elder Center Day Trips**

August 12, 2016: Santa Clara Pueblo Feast Day Trip

August 26, 2016: Santuario de Chimayo Trip

**August 2016: Other Events**

August 23 - 24, 2016: 38th Annual New Mexico Conference on Aging Isleta Casino & Resort

Isleta Health Center's  
**COMMUNITY HEALTH FAIR**  
is coming!

**Mark Your Calendars:**  
**Saturday, October 15, 2016**  
**10:00 am - 1:00 pm**

**ISLETA HEALTH CENTER**

Isleta Health Center ☺ Partners in Your Health Care.  
"How can we help you?"



**Pre-Registration Underway for  
38th Annual  
Conference on Aging**

Albuquerque, NM—Pre-registration is underway for the 38th annual New Mexico Conference on Aging, which is scheduled for August 23-24 at the Isleta Resort & Casino conference center. The event, sponsored by the New Mexico Aging and Long-Term Services Department, provides education on trends, issues and resources relevant to older adults, family caregivers and professionals who work with them.

“More than ever, people are thinking about living life on their own terms as they age, and this year’s Conference on Aging reflects that,” said Aging and Long-Term Services Department Cabinet Secretary Myles Copeland. “The conference’s general session features national leaders sharing strategies for making our later years our best years.”

Approximately 1,400 individuals are expected to attend the conference, which features more than 40 workshops, 60 interactive exhibits and a health & enrichment fair. This year’s theme is Supporting Active Aging Today-Tomorrow-Beyond.

The conference features two general sessions:

- On Tuesday, August 23rd, Bill Thomas, MD, AARP visiting scholar, author, entrepreneur, musician, teacher, farmer and physician, will present “Disruptive Aging.” Dr. Thomas is internationally known for his health care systems initiatives. He will discuss new ideas, best practices, and models that can help people change the way they view aging, as well as transform the experience of aging.
- On Wednesday, August 24th, Ellen Caylor-Schneider, a consultant with the National Council on Aging and co-facilitator of the National Falls Prevention Resource Center, will present “Success Strategies to Reduce Older Adult Fall Risks.” Ms. Schneider will discuss the growing magnitude and impact of older adult falls; proven interventions; and tools for screening, assessing and referring older adults to appropriate resources.

The conference will also recognize individuals and organizations through its awards program, and will include a variety of entertainment reflecting New Mexico’s cultural diversity.

**The cost of the two-day conference is:**

**Standard Rate:** Pre-Registration: \$95; On-site Registration: \$105

**Older Adult Rate:** (Age 55 and older): Pre-Registration: \$35; On-site Registration: \$45

**Student Rate,** Pre-Registration: \$35; On-site Registration: \$45

**Day registration is also available:**

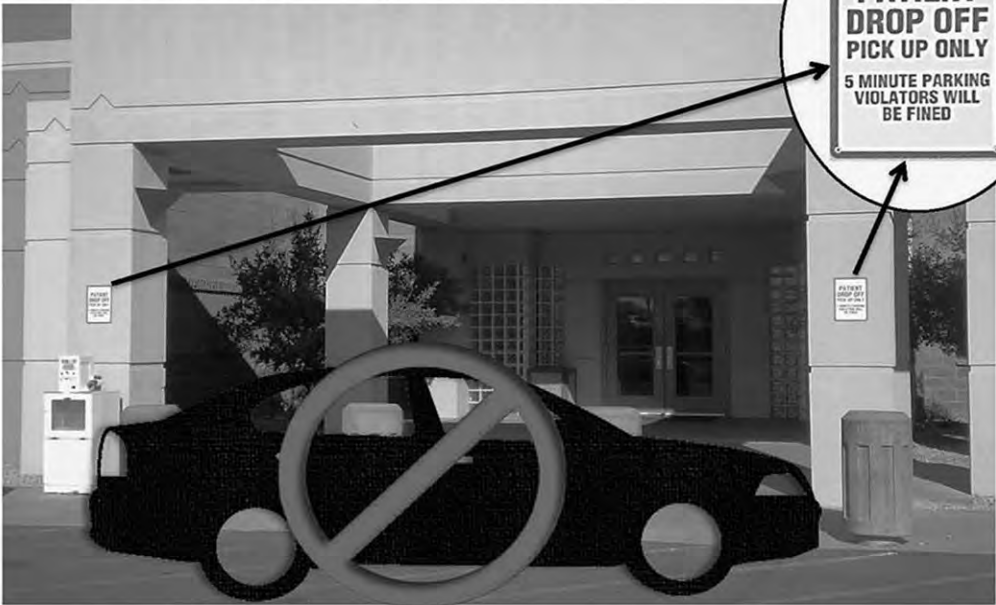
**Standard Rate, Pre-Registration:** \$50 per day; On-site Registration: \$60 per day

**Older Adult Rate (Age 55 and older):** Pre-Registration: \$20 per day; On-site Registration: \$30 per day

**Student Rate, Pre-Registration:** \$20 per day; On-site Registration: \$30 per day

More information can be found at [www.nmaging.state.nm.us](http://www.nmaging.state.nm.us) or by calling 866-842-9230 or 505-383-3900.

**ISLETA HEALTH CENTER  
Patient Pick Up / Drop Off Only**



We would like to kindly remind all of our patients and visitors that the area directly in front of the Isleta Health Center is at all times **designated for the pick-up and drop-off of patients ONLY.** Further, this area must also be clear for Emergency Medical Services, if needed.

If you are visiting us for any other reason, such as to pick up prescriptions, referrals or eye glasses please use the available parking spaces for your business at the Health Center. Your cooperation is very much appreciated.

Thank you,  
Isleta Health Center  
Safety Committee

**Hands Only CPR  
Project Heart Start  
Non-certification CPR Course**



**August 9, 2016  
6:00pm-7:30pm  
Health Training Center  
@ Isleta Health Center**



**LEARN COMPRESSION ONLY CPR**

Contact Stephanie Barela for more information  
or to sign up at 869-4479.

This training will take place during the POI  
Community Cancer Support monthly meeting.

**ALL WELCOME!**



<div><div></div><div><div>Adult Day Services Calendar</div><div>August 2016</div><div>For ADS Participants ONLY</div></div></div>				
Mon	Tue	Wed	Thu	Fri
1) 10-11 Chair Exercises 11-12 Make Stick Horses 1-3 Continue with Horses	2) 10-12 Plastic Canvas Activity 1-3 Water Balloon Toss	3) 10-11 Morning Walk 11-12 Sew Pillows 1-3 Continue w/ Pillows	4) 10-12 Water Painting 1-3 Manicures & Hand Massages	5) 10-12 Dog Safety & Awareness Presentation 1-3 Button Bowls
8) 10-2 Wal-Mart & Lunch 	9) 10-12 ADS Choice 12-3 ADS Closed 12:30-3 Staff Meeting	10) 10-11:30 Visit w/ Assisted Living Facility 1-3 Water Balloon Toss	11) 10-11:30 Coffee & Conversation 11:30-12 Catholic Mass 1-3 Card/Board Games	12) 10-12 Picnic @ Isleta Lakes 1-3 ADS Choice
15) 10-12 Diabetic Screening & Diabetes Education 1-3 Make Basket Wraps	16) 10-12 Discussion w/ Social Services 1-3 Bead work	17) 9-10 Friendship Breakfast 10-12 General Meeting Money Smart Presentation 1-3 Nature Walk	18) 10-11 Chair Exercises 11-12 Summer Wreaths 1-3 Continue w/ wreaths	19) 10-11 Morning Walk 11-12 Flower Pot Wind Chimes 1-3 Continue
22) 10-2 Sewing With Stephanie- Indian Shirts	23) 10-11 Chair Exercises 11-12 Sewing 1-3 Movie Presentation: Native American Films	24) 10-11 Chair Exercises 11-12 Paint Ceramics 1-3 Continue w/ Ceramics	25) 10-12 Sewing/ Beadwork 1-3 Continue	26) 10-12 Make Fry Bread 11-12 Eat & Enjoy/ Social Time 1-3 Nickel Bingo
29) 10-12 Power of Attorney Follow up Presentation 1-3 Puzzles & Games	30) 10-11 Morning Walk 11-12 Summer Crafts 1-3 Continue w/ Crafts	31) 10-12 Isleta Library 1-3 Open Activity	*Calendar subject to Change Emma 869-9770 ext. 9022 Nicole 869-9770 ext. 9333	Commodities August 11th & August 25th

**Health Beat**  
Stephanie Barela, Health Educator @ 869-4479

8 Cancer Warning Signs You Should NEVER Ignore

CHANGES IN YOUR SKIN

- \* Do you have a new spot on your skin?
- \* Have spots on your skin changed size, shape or color?
- \* Do you have a spot that looks different than the other spots on your body?

Have your doctor check your skin for any unusual marks. He can examine your skin and remove a small piece (biopsy) to take a closer look for cancer cells.

NAGGING COUGH

- \* Do you have a cough that doesn’t go away or do you cough up blood?

Often it is caused by postnasal drip, asthma, acid reflux, or an infection. But if yours doesn't go away or you cough up blood -- especially if you are a smoker -- see your doctor. He may test mucus from your lungs or do a chest X-ray to check for lung cancer.

BREAST CHANGES

- \* Do you notice any breast changes-lumps, nipple changes or discharge, redness or thickening, or pain in your breasts?

Your doctor can do an exam and may suggest a mammogram, MRI, or maybe a biopsy.

BLOATING

- \* Do you have a full, bloated feeling that doesn’t get better?

Have your doctor check it, constant bloating in women may be a sign of ovarian cancer. He can do a pelvic exam to look for the cause.

PROBLEMS WHEN YOU PEE

- \* Do you need to pee for often?
- \* Do you leak or have a weak stream?

Have your doctor check it; usually these are a sign of an enlarged prostate, but it could also be prostate cancer. He can do an exam and a special blood test called a PSA.

SWOLLEN LYMPH NODES

- \* Are your lymph nodes (small bean-shaped glands) swollen?

When these glands on our neck, armpits and other places in our body are swollen it often means you are fighting on infection (cold or strep throat), but some cancers (lymphoma and leukemia) can also cause swelling.

BLOOD WHEN YOU USE THE BATHROOM

- \* Do you see blood in the toilet after you go to the bathroom?

Talk to your doctor! Bloody stool is likely due to swollen, inflamed veins called hemorrhoids, but there’s a chance it could be colon cancer. Blood in your pee could be a urinary tract infection, or kidney or bladder cancer.

TESTICLE CHANGES

- \* Do you notice a lump or swelling in your testicles?

Talk to your doctor right away! The most common sign of testicular cancer is a painless lump. Sometimes though, a man may just have a heavy feeling in his lower belly or scrotum or think his testicles feel larger. Your doctor can do a physical exam and an ultrasound



Carmelita Chaves Zuni



The family of the late Carmelita Chaves Zuni wish to express our sincere gratitude and appreciation to our Isleta and Sandia Pueblo relatives and friends; to Governor E. Paul Torres and his staff; to Father George Pavankott; Dr. Rothman and Marla Jim from the Isleta Health Clinic; to our dear Karla Trujillo, Respite Worker, staff of the Isleta Elder Center; the Isleta Paramedics; and the Isleta community as a whole, for your continuous support and prayers during our time of sorrow and subsequent loss of our family matriarch. Your thoughtfulness will always remain within our hearts. May our Heavenly Father bless each and every one of you and always keep you in his loving care.

Mama

*Mama, today I said a heartfelt prayer for you,  
to thank God for blessing me with a lifetime  
of your tenderhearted love.*

*I thanked Him for the care you showed me through  
the many years; for the closeness we  
shared and enjoyed in time of laughter and tears.*

*And so I want to thank you, Mama, from the deepest  
depths of my heart for all you did for me.  
I thank God for giving me the best Mother  
there could be!*

*You will always remain forever in my heart  
and with my unconditional love,*

Your hita, Kana (aka Freida)

**Isleta Head Start & Early Head Start  
NOW ACCEPTING APPLICATIONS  
For the 2016-2017 program year!!**

- \*\*Head Start applications are accepted for children ages 3 years (as of August 31, 2016) up to 5 years of age**
- \*\*Early Head Start applications are accepted for families that are Prenatal up to age 30 months**

Early Head Start Center-Based option can accept children as early as 3 months (classroom age assignment may vary dependent upon the need demonstrated by applications received)

Early Head Start Home-Based option assigns a Home Visitor to each family who provides weekly activities, education, & support in the home. This option is open for Expecting Mothers and children up to 3 years of age.

**\*\*The following items are needed to fill out an application:**

- ✓ Tribal Identification w/CIB # (REQUIRED if residence is outside the reservation)
- ✓ Proof of Residency  
(New Mexico Driver's License, Utility Bill, Government/Tribal ID)
- ✓ Proof of income for previous 12 months  
(Such as: Public Assistance Award Letter, 2015 tax forms, W-2's, paystubs for last 12 months, etc.)
- ✓ Proof of Child's Birth (State issued Birth Certificate, CIB Letter, Baptismal Letter)
- ✓ A copy of your child's IFSP/IEP (if applicable)
- ✓ For Prenatal option, Pregnant Mothers need to provide proof of pregnancy

Please do not delay, call **869-9796** and schedule your application appointment today!

**There are still slots available for the HEAD START program. Please make an appointment to complete your child's application ASAP as program staff will have limited availability to take applications during the month of August due to Professional Development training.**

**24-HOUR  
NURSE ADVICE LINE  
1-877-725-2552**

**Available 24 hours a day, 7 days a week, 365 days a year and is  
FREE to all established Isleta Health Center patients!**

If you need answers to health related concerns and are not sure if you need to visit the walk-in clinic, go to an urgent care facility, or call 911\*, then use this toll-free number. When you speak with a Registered Nurse, please follow the nurse recommendations for home care or the need for health facility care.

**\*CALL 911 FOR LIFE THREATENING EMERGENCIES**  
**This includes, but is not limited to: chest pains, severe injury  
and/or bleeding, and severe breathing problems.**

**NOTE: You must notify Purchased/Referred Care staff within 72 hours if you are seen at any facility other than the Isleta Health Center.**

ISLETA HEALTH CENTER				
AUGUST		Questions? Call 869-3200		
2016				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b> Early Recovery Skills: 9-11a @ (BHS). Women's Path to Recovery: 1-2:30p @ BHS. Young Leaders Youth Krew: 4:30p @ BHS.	<b>2</b> Women's Support Grp: 10-11a @ BHS. Acu-Detox: 1-2p @ BHS. Creating Process of Change: 2-4p @ BHS. Str8 Rez: 5-7p @ BHS. Express Endurance Workout: 530-7p @ DPP Wellness Center.	<b>3</b> Circle of Security Parenting: 9-11a @ BHS. Anger Management Skills: 1-2p @ BHS. Young Leaders Youth Krew: 4:30p @ BHS. Diabetes Walking Club: 530p @ DPP Wellness Center.	<b>4</b> Grief Group: 1-2p @ BHS. Circle of Security Parenting: 2-4p @ BHS. Express Endurance Workout: 530-7p @ Diabetes Wellness Center.	<b>5</b> Early Recovery Skills: 9a-11a @ BHS. Another Recovery Technique (ART): 1-4p @ BHS.
<b>8</b> Early Recovery Skills: 9-11a @ (BHS). Women's Path to Recovery: 1-2:30p @ BHS. Young Leaders Youth Krew: 4:30p @ BHS.	<b>9</b> Women's Support Grp: 10-11a @ BHS. Acu-Detox: 1-2p @ BHS. Creating Process of Change: 2-4p @ BHS. Str8 Rez: 5-7p @ BHS. Express Endurance Workout: 530-7p @ DPP Wellness Center. POI Community Cancer Support Group: Project Heart Start: Hands Only CPR Training, 6-730p @ Health Training Center (IHC).	<b>10</b> Circle of Security Parenting: 9-11a @ BHS. Anger Management Skills: 1-2p @ BHS. Young Leaders Youth Krew: 4:30p @ BHS. Diabetes Walking Club: 530p @ DPP Wellness Center.	<b>11</b> Grief Group: 1-2p @ BHS. Circle of Security Parenting: 2-4p @ BHS. Express Endurance Workout: 530-7p @ Diabetes Wellness Center.	<b>12</b> Early Recovery Skills: 9a-11a @ BHS. Another Recovery Technique (ART): 1-4p @ BHS.
<b>15</b> Early Recovery Skills: 9-11a @ (BHS). Women's Path to Recovery: 1-2:30p @ BHS. Young Leaders Youth Krew: 4:30p @ BHS. Destination Health Pre-Measurement Week: @ DPP Wellness Center.	<b>16</b> Women's Support Grp: 10-11a @ BHS. Acu-Detox: 1-2p @ BHS. Creating Process of Change: 2-4p @ BHS. DPP Healthy Cooking Class: 430p @ Kitchen. Str8 Rez: 5-7p @ BHS. Express Endurance Workout: 530-7p @ DPP Wellness Center.	<b>17</b> Circle of Security Parenting: 9-11a @ BHS. Anger Management Skills: 1-2p @ BHS. Young Leaders Youth Krew: 4:30p @ BHS. Diabetes Walking Club: 530p @ DPP Wellness Center.	<b>18</b> Grief Group: 1-2p @ BHS. Circle of Security Parenting: 2-4p @ BHS. Express Endurance Workout: 530-7p @ Diabetes Wellness Center.	<b>19</b> Early Recovery Skills: 9a-11a @ BHS. Another Recovery Technique (ART): 1-4p @ BHS.
<b>22</b> Early Recovery Skills: 9-11a @ (BHS). Women's Path to Recovery: 1-2:30p @ BHS. Young Leaders Youth Krew: 4:30p @ BHS. Destination Health Week: Packet Pick-Up @ DPP Wellness Center.	<b>23</b> Women's Support Grp: 10-11a @ BHS. Acu-Detox: 1-2p @ BHS. Creating Process of Change: 2-4p @ BHS. Str8 Rez: 5-7p @ BHS. Express Endurance Workout: 530-7p @ DPP Wellness Center.	<b>24</b> Circle of Security Parenting: 9-11a @ BHS. Alliance Support/Rez Café: 10-1130a @ DPP Administration office. Anger Management Skills: 1-2p @ BHS. Young Leaders Youth Krew: 4:30p @ BHS. Diabetes Walking Club: 530p @ DPP Wellness Center.	<b>25</b> HEALTH CENTER CLOSED 8:00am to 12:00pm ONLY for annual all-staff training. Grief Group: 1-2p @ BHS. Circle of Security Parenting: 2-4p @ BHS. Express Endurance Workout: 530-7p @	<b>26</b> Early Recovery Skills: 9a-11a @ BHS. Another Recovery Technique (ART): 1-4p @ BHS.
<b>29</b> Early Recovery Skills: 9-11a @ (BHS). Women's Path to Recovery: 1-2:30p @ BHS. Young Leaders Youth Krew: 4:30p @ BHS. Destination Health Week: Packet Pick- Up & Drop-Off @ DPP Wellness Center.	<b>30</b> Women's Support Grp: 10-11a @ BHS. Acu-Detox: 1-2p @ BHS. Creating Process of Change: 2-4p @ BHS. Str8 Rez: 5-7p @ BHS.	<b>31</b> Circle of Security Parenting: 9-11a @ BHS. Anger Management Skills: 1-2p @ BHS. Young Leaders Youth Krew: 4:30p @ BHS.		



PUEBLO OF ISLETA

ELDER CENTER

Senior Companion Program

YOU CAN MAKE A DIFFERENCE!

VOLUNTEER 20 - 40 HOURS A WEEK!!!

Are You age 55 or older? | WE NEED YOUR HELP!

BENEFITS INCLUDE:

- Stipend for those who are income eligible
- Mileage & Meal Reimbursment
- Paid Holidays & Trainings

"All you need to know is how to be a Friend."

TO VOLUNTEER OR FOR MORE INFORMATION, CONTACT: (505) 869-9770

