Volume 12 Issue 9

Pueblo of Isleta website: www.isletapueblo.com

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September 2017

## Governor's Report

Ma gu wam,

### **Irrigation Infrastructure Act**

In 2009, the Rio Grande Pueblo Irrigation Infrastructure Improvement Project was authorized by Section 9106 of P.L. 111-11, the Omnibus Public Land Management Act (commonly referred as the "Irrigation Infrastructure Act". According to the US Bureau of Reclamation website, <a href="https://www.usbr.gov/uc/albuq/progact/NMPueblos/index.html">https://www.usbr.gov/uc/albuq/progact/NMPueblos/index.html</a>:

"Congress directed Reclamation to conduct a study and develop a list of recommended projects to repair, rehabilitate, or reconstruct irrigation and drainage facilities for the New Mexico Rio Grande Pueblos, in consultation with the Pueblos and in coordination with the Bureau of Indian Affairs, Natural Resources Conservation Service, and the U.S. Army Corps of Engineers.

"The intended benefits of the project are: water conservation, addressing potential water supply conflicts in the Rio Grande Basin through extending available water supplies and enhanced water management, increased agricultural productivity, economic benefits, safer facilities, and preservation of the culture of Indian Pueblos in New Mexico..."

While the Act was passed by Congress in 2009, very little funding has been appropriated. Since 2009, several years of patchwork funding to the various Rio Grande Pueblos and Tribes has resulted in surveying and other planning-level data to define the irrigation infrastructure projects and cost estimates needed to pursue construction funding under the Act. In July of 2017 a draft report consolidating this preliminary data was finally completed for all Rio Grande Pueblos and Tribes, including Isleta Pueblo. On August 9, 2017, Isleta Pueblo provided input and comments on the draft report to the US Bureau of Reclamation. It is expected that internal US Department of Interior reviews will take on the order of three months before the final report is routed to the applicable Congressional committees in late 2017.

Completion of this preliminary report is a vital first step in pursuing federal funding for irrigation infrastructure construction activities under this Act. To obtain funding, however, more work and diligence by the Pueblos and Tribes of New Mexico is needed. The leadership of each Pueblo and Tribe will have to work with various delegations to continuously push and lobby for this funding in the years to come.

If Isleta Pueblo community members are interested in reviewing the draft report, and sections applicable to Isleta Pueblo, please drop by the Water Resources Department located at the Governor's office.

I am pleased to report that, on Saturday, August 19, 2017 Archbishop Wester blessed the newly constructed CCD building along with church members. The building is near completion, however, a portion of the building was utilized for the August 28th feast day. We hope to have a formal opening sometime soon. Also, on August 19, 2017 we celebrated the Native American Ministry mass at the Cathedral Basilica of St. Francis of Assisi in Santa Fe. In attendance were tribal leaders from various pueblos along with Lt. Governor Max Zuni, Lt. Governor Andrew Teller, former Governor Paul Torres and Lt. Governor Isidor Abeita. It was a beautiful celebration.

In anticipation of our feast days, we are all looking forward to celebrating our customs and traditions. Let us give thanks to our Great Spirits for their blessings. I would like to thank the sponsors for the August 28th Feast Day – Mr. & Mrs. Jose Keryte, Mr. and Mrs. Phillip Jiron, Mr. & Mrs. Michael Sarracino and Mr. & Mrs. Charles

Lujan. It takes a great deal of preparation for this event added by the support and dedication of family and friends. Thank you to all!

The September 3rd and 4th Feast days are sponsored by the families of Lupita Chewiwi and Pauline Acoya. Thank you all for your participation. We hope you enjoy the day with friends and family.

We have a great event scheduled for Sunday, September 17th at the Isleta Lakes and RV Area – Family Fun Day from 11:00am to 7:00pm. There will be food, games, bouncy houses and prize drawings. Passes will be provided to each family. Look for posters and additional information – soon!!

I want to take this moment to give condolences to the families who have recently lost their loved ones. I wish you strength to endure your loss.

May the Great Spirit always guide you and keep you and your families safe.

Thank you, Governor Robert Benavides

## Constitutional Amendment Survey Results

The Constitutional Amendment Survey was handed out during the Per Capita Distribution on Saturday, August 5. Results will be used by tribal council during its talks to change the election process. A total of 915 tribal members participated in the survey and 80 people submitted comments.

An overwhelming majority of participants are in favor of establishing an election board (Question #4) and using voting machines during tribal elections (Question #5).

The tribal council is hoping to get more tribal members to take part in the election process by making it easier to register to vote, making voter registration year-round and introducing absentee voting.

As the tribal council moves forward, it will hold community meetings and publish additional articles in the newsletter.

Question #1 - Are you in favor of changing the registration and tribal

election dates? Yes – 429 (47%)

No - 470 (51%) Blank - 16

Question #2 - Are you in favor of Absentee Voting?

Yes - 537 (59%) No - 374 (40%)

Blank - 3

Double Marked - 1

Question #3 - Are you in favor of establishing voting districts?

Yes - 396 (43%) No - 506 (55%)

Blank - 13

Question #4 – Are you in favor of establishing an election board that would oversee the tribal election?

Yes - 602 (66%) No - 302 (33%)

Rlank = 11

Blank – 11

Question #5 – Are you in favor of using voting machines for the tribal election?

Yes - 572 (63%) No - 331 (36%)

**Blank** – 12

#### **GUARDIANSHIP ACTION**

SECOND NOTICE IS HEREBY GIVEN of a pending guardianship action in the Pueblo of Isleta Tribal Court, In The Matter of Naveah K. Fuse, A Minor Child, and concerning Vanessa Waseta and Jesus Castro, Petitioners, Case No. 17-GUA -00003. GREETINGS: Brandon Keith Fuse, you are hereby notified that the above-named Petitioners have filed a Petition for Guardianship of Naveah K. Fuse born on May 30, 2008 to Salvieg F. Lucero and Brandon Keith Fuse. Any claims of opposition against this Petition for Guardianship must be filed with the Pueblo of Isleta Tribal Courts within sixty (60) days after the date of first publication of this notice. The Pueblo of Isleta Tribal Court is located at the Tribal Service Complex, 3950 Hwy 47 SE, Building A, Albuquerque, NM. If you have questions, please contact the Pueblo of Isleta Tribal Courts at (505) 869-9699.

#### **NAME CHANGE**

FIRST NOTICE that in accordance with Pueblo of Isleta Tribal Court requirements the Petitioner Adrianna Abeita has applied to the Pueblo of Isleta Tribal Courts, at the Tribal Services Complex. Bldg A, 3950 Hwy 47 SE, Albuquerque, NM 87105, for an ORDER FOR CHANGE OF NAME from Brianna Jasmyne Miller to Brianna Jasmyne Abeita. Any person claiming in interest in this matter may be notify the Court in writing and/or attend the hearing. The hearing on this matter is scheduled for Wednesday, September 13, 2017 at 2:30 p.m. Any interested parties may contact the Tribal Court Clerk with any questions at 505-869-9699.

#### **PROBATE NEWS**

First Notice – A petition to Probate the Estate of Marcelina Marie Garcia, deceased April 11, 2017. Case No. CV-17-PRO-00002, has been filed with the Pueblo of Isleta Tribal Courts. Any person claiming an interest in the Estate may notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. A hearing on the matter is scheduled for Wednesday, September 13, 2017 at 10:00 a.m. Claims must be filed in writing with the Isleta Tribal Court Clerk, located at the Tribal Service Complex, 3950 Hwy 47 SE, Building A, Albuquerque, NM. Any questions regarding the matter may be directed to the Isleta Tribal Court Clerk at (505) 869-9699.

First Notice – A petition to Probate the Estate of Albert Cherino, Jr., deceased December 29, 2016. Case No. CV-17-PRO-00013, has been filed with the Pueblo of Isleta Tribal Courts. Any person claiming an interest in the Estate may notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. A hearing on the matter is scheduled for Wednesday, November 22, 2017 at 9:00 a.m. Claims must be filed in writing with the Isleta Tribal Court Clerk, located at the Tribal Service Complex, 3950 Hwy 47 SE, Building A, Albuquerque, NM. Any questions regarding the matter may be directed to the Isleta Tribal Court Clerk at (505) 869-9699.

Second Notice – A petition to Probate the Estate of Estella J. Jojola, deceased April 23, 2017. Case No. CV-17-PRO-00007, has been filed with the Pueblo of Isleta Tribal Courts. Any person claiming an interest in the Estate may notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. A hearing on the matter is scheduled for Wednesday, September 20, 2017 at 9:00 a.m. Claims must be filed in writing with the Isleta Tribal Court Clerk, located at the Tribal Service Complex, 3950 Hwy 47 SE, Building A, Albuquerque, NM. Any questions regarding the matter may be directed to the Isleta Tribal Court Clerk at (505) 869-9699.

Second Notice – A petition to Probate the Estate of Frank H. Abeita, deceased July 27, 2008. Case No. CV-17-PRO-00008, has been filed with the Pueblo of Isleta Tribal Courts. Any person claiming an interest in the Estate may notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. A hearing on the matter is scheduled for Wednesday, September 20, 2017 at 10:00 a.m. Claims must be filed in writing with the Isleta Tribal Court Clerk, located at the Tribal Service Complex, 3950 Hwy 47 SE, Building A, Albuquerque, NM. Any questions regarding the matter may be directed to the Isleta Tribal Court Clerk at (505) 869-9699.

Second Notice – A petition to Probate the Estate of Maria Eulalia Abeita, deceased November 26, 2016. Case No. CV-17-PRO-00009, has been filed with the Pueblo of Isleta Tribal Courts. Any person claiming an interest in the Estate may notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. A hearing on the matter is scheduled for Wednesday, September 20, 2017 at 10:00 a.m. Claims must be filed in writing with the Isleta Tribal Court Clerk, located at the Tribal Service Complex, 3950 Hwy 47 SE, Building A, Albuquerque, NM. Any questions regarding the matter may be directed to the Isleta Tribal Court Clerk at (505) 869-9699.

First Notice – A petition to Probate the Estate of Elsie H. Lucero, deceased April 9, 2017. Case No. CV-17-PRO-00010, has been filed with the Pueblo of Isleta Tribal Courts. Any person claiming an interest in the Estate may notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. A hearing on the matter is scheduled for Wednesday, September 27, 2017 at 2:45 p.m. Claims must be filed in writing with the Isleta Tribal Court Clerk, located at the Tribal Service Complex, 3950 Hwy 47 SE, Building A, Albuquerque, NM. Any questions regarding the matter may be directed to the Isleta Tribal Court Clerk at (505) 869-9699.

## LETTER FROM THE EDITOR

DEADLINE for September Newsletter articles is set for Wednesday, September 20, 2017 at 4:30pm. Articles may be dropped off at the Library or emailed to poi02002@isletapueblo. com. Should you email your article, expect a confirmation email. If you do not receive a confirmation email, odds are it never made it to me and then it's time to panic, so call Nate at 505.869.9808.

People whom wish to submit an article or flyer are responsible for generating their own article or flyer. Should you need help, please call the Library at 505.869.9808 and set up a date and time to sit down with a Library staff member whom will help you throughout the process. The Library will NOT accept notes dropped off at the Library or information over the phone to generate your article.

**PROBATES** need to be published in the Newsletter for two consecutive months. Probates are considered court documents therefore all submitters must provide: 1) Name of Deceased, 2) Date of Deceased 3) Court Case # and 4) Date of Court Date. A Probate form can be found on the Newsletter Archive page at http://www.isletapueblo.com/newsletters.html.

**CLASSIFIED ADS**: The new administration has requested that the Newsletter start a Classified Ad section for Tribal members selling land, houses, mobile homes, vehicles, and farm equipment. Leasing of houses and mobile homes will be accepted. Smaller items which can be sold at the local flea markets or weekly yard sales will NOT be accepted.

Currently, this service is FREE to Tribal members. Land, houses, and mobile homes must be within the reservation boundaries. Ads must meet the 160 character limit. Ads that exceed the 160 characters will NOT be submitted into the Newsletter. A single picture may be submitted with the ad. Submitters of classified ads are responsible for generating their own ads as this is a FREE service.

As a reminder, Tribal business owners may submit a small flyer at no charge. Like the classified ads, business owners are responsible for generating their own flyers as this is a FREE service.

Classified ads and business flyers will be posted no more than two consecutive months. In the event where the Newsletter may exceed the 24 page limit, classified ads and business flyers will be "bumped" for newsletter articles. Again, this is a FREE service for Tribal members.

The Isleta Newsletter is owned and operated by the Pueblo of Isleta. Therefore, the Governor of the Pueblo of Isleta has the final say of all articles and contents within the Isleta Newsletter.

For additional questions, you may call the Library and speak with Nate or Tara at 505.869.9808.

Thank you, Nathaniel Lujan

Newsletters may be found at the sixteen distribution locations listed below. Remember, Digital copies of the Newsletter may be obtained from the Newsletter archive at http://www.isletapueblo.com/newsletters.html

The sixteen Newsletter distribution locations are:

- The Administration Building (Governor's Office): Receptionist Desk
- 2) Census Office: Receptionist Desk
- 3) Health Center: Lobby(Newsletter Stand)
- 4) Housing Department: Receptionist Desk
- 5) Department of Education: Receptionist Desk
- 6) New Recreation Center: Newsletter Stand
- 7) Old Recreation Center: Front Desk & Breakroom (Newsletter Stand)
- 8) Tribal Service Complex: Receptionist Desk
- 9) Tribal Service Complex: I.P.D. Dispatch Window
- 10) Tribal Service Complex: Tribal Courts Window
- 11) Elders Center: Receptionist Desk & Lunch Delivery
- 12) Head Start: Receptionist Desk
- 13) Library: Newsletter Stand
- 14) Ranchitos Park: Blue Box (see picture for example)
- 15) Old Head Start Complex: Blue Box (see picture for (example)
- 16) Intersection of Tribal Road 82 & Tribal Road 84: Blue Box (see picture for example)



## Pueblo of Isleta Veterans

Pueblo of Isleta Veterans Honors the late Technical Sergeant 5 Filipe Salazar, US Army World War II Veteran.



On Friday, 18 August 2017 at 5:00 PM the Pueblo of Isleta Veterans Association held a special meeting, which included the family and friends of late Filipe Salazar, Tech Sgt. 5, US Army World War II Veteran.



Col. Stephen Keppler, US Army, Commander of Valencia High School ROTC Program, along with the POIVA presented the following military medals, "on behalf of the United States Army and the United States of America", to the family of Tech Sgt. Filipe Salazar:

- The Purple Heart for Combat Wounds
- The American Campaign Medal
- The Pacific Theater Medal
- The World War II Victory Medal
- The Combat Infantry Badge

Filipe Salazar served during World War II and due to uncertain glitches in in the US Army and, or Veterans Administration bureaucracy, Filipe Salazar was never awarded the medals he deserved.

Also, Frieda Zuni-Apodaca presented to the POIVA framed pictures and articles of his father, Fred Zuni, who served in the US Army in World War II, and participated in the Normandy invasion. These items will become the permanent collection of POIVA military history collection.

### Pueblo of Isleta Cemetery Designation of **Burial Area for POI Veterans**

After discussions between POIVA Commander Fred R. Lujan and Gov. Robert Benavides, with Commander Lujan requesting a designated burial space for POI Veterans at the POI Cemetery, and Gov. Benavides honoring the request, members of the POIVA met with 1st Lt. Gov. Max Zuni on 20 August to designate an area at the POI Cemetery for the burial of POI Veterans.

The area designated is the Northeast corner of the cemetery, within the newly expanded area of the cemetery.

For more information, such as designation of where Veterans graves should be aligned you may call Fred R. Lujan at 573-3733, Michael B. Lucero at 288-4098, James Keryte at 331-6818 or Ulysses Abeita at 264-4110, or for further information on the designated Veterans grave area you may call 1st Lt. Gov. Max Zuni at 869-3111.

The next POIVA meeting will be on 6 September 2017 at 6 PM. Any honorably discharged veterans may join the POIVA for an annual fee of \$10.00. For POIVA information, please call 573-3733, or 264-4110.

**HUITT-ZOLLARS** 

## VILLAGE SEWER DESIGN SURVEY ACTIVITY NOTIFICATION

## Pueblo of Isleta - Village Sewer Line Improvement **Project** Project No. 374-15-3090

In an effort to improve sanitary sewer lines throughout the Village Area, surveyors from the Engineering/Survey Company Huitt-Zollars will be surveying sanitary services and cleanouts in Village Area streets and in resident's yards. They will need to enter front and side yards to survey the individual sanitary service connections for each house. Surveyors will wear orange/ yellow safety vests. The survey will be used to support the design phase of this project.

Dates: 8/29/17 - 3/09/18

Location: Village Area – Extending West to NM 314 &

**Extending South to Recreation Center.** 

Work Hours: 7:00 AM – 5:00 PM Work Activity: Surveying

If you have any questions, concerns, or would like to see the project area, please call:

Edwin Jaramillo - Pueblo of Isleta -PSD – Utilities Division – 869-9781

Faron Candelaria – Pueblo of Isleta – PSD - Survey & Mapping Division – 869-0710



#### Construction Labor Needed

Isleta Casino & Resort Remodel

## Must Apply at:



## DESCRIPTION

Construction Laborers clean and/or prepare construction sites to keep the job moving and eliminate possible hazards. Work closely with the site supervisor

## RESPONSIBILITIES

Responsibilities may include but are not

Move, secure, install, build, load, or unload materials as directed by the site supervisor Move items from place to place, according to project plans or direction from the site

Move dirt or other material as directed in

## QUALIFICATIONS

- Experience on commercial construction
- Tools of your trade
- Documentation to show you are legally eligible to work in the US
- Experience on commercial construction
- Verifiable work history Able to pass a drug test

## WEBSITE LINK

http://www.peopleready.com/jobdescription/Construction-Laborer-Albuquerque-NM-351

## ADDRESS

8900 San Mateo Blvd. NE Albuquerque, New Mexico

## PHONE

505.348.3082

#### **EMAIL ADDRESS** 351-br@peopleready.com

**BRANCH#** 

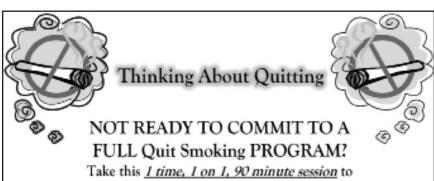
## **BRANCH HOURS**

Monday - Friday; 6:30 a.m. - 5:00 p.m.

## ADDITIONAL INFO

We are an equal opportunity employer

One of the nation's fastest-growing cities, Albuquerque was named after the viceroy of New Spain, the Duke of Albuquerque. Livestock, farming, hightech and even manufacturing industries thrive there



increase your motivation to quit!

Call Stephanie, Health Educator @ 869-4479 to Sign Up Isleta Health Center

## **Isleta Career Opportunities**



Open Until Filled

### \*\*PLEASE NOTE: POSITIONS ARE OPENED UNTIL FILLED\*\*

Vickie Carrion 244-8206 or Andrea Fuentes 724-3920

www.isleta.com

Updated: August 25, 2017 (Internal Postings in BOLD)

Auto req	TITLE	DEPARTMENT	DIVISION
	ATTENDANT CONTROL COUNTER-FC	FUN CONNECTION	AMENITIES
	ATTENDANT LAUNDRY	HOTEL HOUSEKEEPING	HOTEL
	ATTENDANT ROOM	HOTEL HOUSEKEEPING	HOTEL
1334BR	COSMETOLOGIST - SPA	SPA SALON	HOTEL
1344BR	RECEPTIONIST - SPA	SPA SALON	HOTEL
1343BR	REPRESENTATIVE GUEST SERVICE	MARKETING PLAYERS CLUB	MARKETING
1342BR	REPRESENTATIVE GUEST SERVICE	MARKETING PLAYERS CLUB	MARKETING
759BR	2ND MECHANIC	FUN CONNECTION	AMENITIES
1264BR	ADMIN ASST HOUSEKEEPING	HOTEL HOUSEKEEPING	HOTEL
1308BR	ATTENDANT CONCESSIONS - CHILI RISTA	F&B DELI	FOOD &BEVERAGE
1340BR	ATTENDANT LAUNDRY	HOTEL HOUSEKEEPING	HOTEL
1335BR	ATTENDANT RETAIL(Full Time)	RETAIL MAIN	RETAIL
1311BR	ATTENDANT VALET	VALET	HOTEL
1312BR	ATTENDANT VALET	VALET	HOTEL
1328BR		VALET	HOTEL
	ATTENDANT VALET (Part time)	VALET	HOTEL
1147BR	ATTENDANT CONCESSIONS - CHILI RISTA		FOOD &BEVERAGE
1273BR	BARTENDER - STEAKHOUSE	F&B STEAKHOUSE	FOOD &BEVERAGE
1262BR	CASHIER - F&B TIWA	F&B TIWA	FOOD &BEVERAGE
1325BR	CASHIER -F&B STEAKHOUSE	F&B STEAKHOUSE	FOOD &BEVERAGE
1313BR	CHEF	F&B TIWA	FOOD &BEVERAGE
1330BR	CLERK ISSUE-BINGO	BINGO	GAMING
1307BR	CONCESSIONS SUPERVISOR	F&B DELI	FOOD &BEVERAGE
1337BR	CONCIERGE	VALET	HOTEL
1306BR	COOK/SERVER COOK-BANQUET	F&B GOLF COURSE	FOOD &BEVERAGE
1243BR	COOK-BANQUET	F&B CATERING BANQUETS	FOOD &BEVERAGE
1204BR	COOK-BANQUET	F&B CATERING BANQUETS	FOOD &BEVERAGE
1242BR	COOK-DELI	F&B DELI	FOOD &BEVERAGE
1232BR	DEALER TABLE GAMES (Part Time)	TABLE GAMES	GAMING
1153BR	MACHINE TECH-COUNT	COUNT	GENERAL & ADMINISTRATION
1292BR	MAINTENANCE TECHNICIAN	LAKES	AMENITIES
1294BR	MAINTENANCE TECHNICIAN	LAKES	AMENITIES
1293BR	MAINTENANCE TECHNICIAN	LAKES	AMENITIES
1214BR	MANAGER - STEAKHOUSE	F&B STEAKHOUSE	FOOD &BEVERAGE
1338BR	MANAGER SURVEILLANCE	SURVEILLANCE	GAMING
1288BR	MASSAGE THERAPIST - SPA (Part- Time)	SPA THERAPY	HOTEL
828BR	PORTER-CUSTODIAL (SWING)	CUSTODIAL	FACILITIES
830BR	PORTER-CUSTODIAL(GRAVEYARD)	CUSTODIAL	FACILITIES
1317BR	SECURITY OFFICER I	SECURITY	GAMING
1224BR	SECURITY OFFICER II	SECURITY	GAMING
1322BR	SERVER BEVERAGE	F&B BEVERAGE SERVICES	FOOD &BEVERAGE
1323BR	SERVER BEVERAGE	F&B BEVERAGE SERVICES	FOOD &BEVERAGE
1304BR	SPA REPRESENTATIVE	POOL MAINTENANCE	FACILITIES
1101BR	SUPERVISOR HOUSEKEEPING	HOTEL HOUSEKEEPING	HOTEL
1298BR	SUPERVISOR SHIFT - PALACE WEST SLOTS	PALACE WEST	GAMING
1175BR	SUPERVISOR SHIFT TIWA	F&B TIWA	FOOD &BEVERAGE
1326BR	TIWA LINE COOK	F&B TIWA	FOOD &BEVERAGE
1203BR	TIWA LINE COOK	F&B TIWA	FOOD &BEVERAGE
1245BR	TIWA LINE COOK	F&B TIWA	FOOD &BEVERAGE
1247BR	TIWA LINE COOK	F&B TIWA	FOOD &BEVERAGE
1246BR	TIWA LINE COOK	F&B TIWA	FOOD &BEVERAGE

## **Pueblo of Isleta Career Opportunities**

NURSE EDUCATOR,

POSITION	Department,	Closing Date
ACADEMIC COACH,	Department of Education,	Open Until Filled
ARCHITECTURAL TECHNICIAN,	Housing Authority,	Open Until Filled
BUS DRIVER (2 Part-time),	Head Start & Child Care,	Open Until Filled
CHILD CARE PROVIDER,	Head Start & Child Care,	Open Until Filled
CHR VAN DRIVER,	Health Center,	Open Until Filled
CLINICAL THERAPIST,	Health Center,	Open Until Filled
COMMUNITY HEALTH NURSE,	Health Center,	Open Until Filled
CUSTODIAN,	Tribal Services Complex,	Open Until Filled
DATA COORDINATOR,	Head Start and Child Care,	Open Until Filled
HVAC TECHNICIAN,	Housing Authority,	Open Until Filled
IN-HOME CARE ATTENDANT,	Elder Center,	WITHIN ONLY-Open Until Filled
LANGUAGE COORDINATOR,	Department of Education,	WITHIN ONLY-Open Until Filled

Health Center,

### **POSITION**

PAINTER,

PERSONAL CARE SERVICE AIDE (Occasional),

PHYSICAL THERAPIST,

PHYSICIAN,

PLUMBER,

REGISTERED NURSE (RFT),

ROADWAY MAINTENANCE WORKER I, II, III, IV,

SPECIAL EDUCATION TEACHER,

NEW-SPECIAL PROJECTS COORDINATOR,

TEACHER-ELEMENTARY SCHOOL,

TEACHER II-EARLY HEAD START.

TIWA LANGUAGE TEACHER (2 positions),

TIWA LANGUAGE TEACHER,

RE-ADVERTISED WATER/WASTEWATER APPRENTICE, Public Services-Utilities Div.,

VETERAN SUPPORT SERVICE PROGRAM MEMBER, Elder Center,

## Department,

Housing Authority,

Elder Center,

Health Center,

Health Center, Housing Authority,

Health Center,

Public Services-Transportation Div.,

POI Elementary School,

Tribal Court,

POI Elementary School,

Head Start & Child Care,

Department of Education,

Elementary School,

#### **Closing Date**

Open Until Filled

Continuously Accepting Applications

Open Until Filled

Open Until Filled

Open Until Filled Open Until Filled

08/28/2017

**Continuously Accepting Applications** 

09/07/2017

Continuously Accepting Applications

Open Until Filled

WITHIN ONLY-Open Until Filled

Open Until Filled

WITHIN ONLY-Open Until Filled

Open Until Filled

September 2017



## World Breastfeeding Week 2017

Thank you! Our event was a success because of everyone who came out to support breastfeeding in the community.





Thank you to the staff at Isleta Health Services for supporting, promoting and protecting breastfeeding, we appreciate you!



-WIC Staff





Celebrating Breastfeeding Families in our Community The Pueblo of Isleta WIC Office celebrated World Breastfeeding Week 2017 by recognizing breastfeeding families and breastfeeding supportive professionals in our community. Our event had fun, food, prizes, and information about breastfeeding for the entire community. Mothers were honored for their hard work and dedication. Our WIC clients are amazing!

## **Optometry Department Change to Optical Store Hours**





Due to the increased volume of patients getting glasses in the eye clinic, our hours for frame selection, glasses orders, adjustments, and repairs will change starting Monday July 3, 2017.

### Below are the specific changes:

- 1. Patients will be able to take care of their optical/ glasses needs Monday-Friday between the hours of 1:00pm to 4:00pm only.
- 2. Patients will no longer be able to walk back to the optometry office and will be required to check in at the front desk.
- 3. The afternoon store hours are on a **first come first** serve basis and is considered a walk-in clinic.

This change will allow the optometry staff to better serve patients while allowing the optometrist full time attention to provide comprehensive eye exams. We will accept the first **EIGHT** patients who check in.

We thank you for your patience. Feel free to contact us with any questions or concerns at (505) 869-4080. Thank you for letting us take care of your vision and eye health.



## WIC NOTES

## Cavity Keep Away

Dental health is important for everyone, including pregnant women and infants.

## Did you know you can catch a cavity?

Cavities are made by germs in our mouth that feed on the sugar we eat.

The germs can pass from person to person through spit. Keep the mouth germs away and you'll keep the cavities away!

## Here are a few ideas to keep those cavity causing germs away.

- √ Visit your dentist *during* pregnancy. Dental treatment is safe.
- Wipe baby's gums twice a day, in the morning and right before

- $\sqrt{}$  Clean pacifier and bottle with soap and water, *not spit*.
- Give only water in the bottle at bedtime.
- First tooth-> baby gets her own toothbrush.
- Only use a dab (the size of a grain of rice) of fluoride toothpaste every time you brush your baby's teeth.
- Take baby to dentist before his first birthday.
- √ Each family member uses his or her own toothbrush, spoon, fork and cup.
- √ Choose gum or mints that have Xylitol (Zy-lih-tall) in them.
- $\sqrt{}$  Health foods help keep cavities away.

(Adapted from cda foundation)

**WIC Nutrition** 

## 26th Annual Multi-Cultural



## Red Ribbon Relay Run

August 23, 2017

#### **Isleta Community Members:**

The Multi-Cultural Red Ribbon "Drug Free" Relay Run Committee welcomes your community in participating in the 26th Annual Red Ribbon Relay Run. This annual activity is to promote wellness and continue with our efforts to increase the awareness of the affects of alcohol and drug use has in our communities and throughout the state.

We look forward to your participation in this year's relay run within the Isleta community, 9/6/17 FUN WALK at the Isleta Rec, 9/7/17 RELAY RUN within Isleta and 9/8/17 RUN from Bataan Park into the NM State Fair grounds. Enjoy these days together, WEAR RED during these days in support of your community efforts, be safe and aware of one another's efforts for a healthy, active community.

We thank you for your past and present participation in the unified effort to promote awareness and fight against alcohol and drugs within your community. If you have any questions, please call me at (505) 869-5475 or (505) 270-8498.

Respectfully, Santana Titla, IBHS NM State Red Ribbon Coordinator





## 26th ANNUAL MULTI-CULTURAL RED RIBBON RELAY RUN

"UNITED WE RUNTO BE DRUG-FREE"

August 31st – September 8, 2017

#### RUNNERS REGISTRATION FORM

Name:	Age:
Address:	<u>.</u>
Phone #:	Community:
Male() Female()	T-Shirt Size:
Days Running:WednThurFrida	sday Sept. 7, 2017 – Isleta community relay run 8am
	IBHS: (505) 869-5475
YesNo I give Isleta Beh photo for use in the monthly Pue	navioral Health Services authorization to take and use my blo newsletter.
List Any Medical Problems:	_
* * * * * * * * * * * * *	* * * * * * * * * * * * * * * * * * * *
WAIVE	ER OF RESPONSIBILITY
Isleta Behavioral Health Services	and all rights for damages I may have against the Pueblo of s / The State of New Mexico / MCRR Planning Committee articipating Agents for all injuries sustained by my
Participants Signature	Date
Parent / Guardian Signature if	under 18 Date



www.agcensus.usda.gov

U.S. Department of Agriculture National Agricultural Statistics Service



## **NEW MEXICO**

In the 2012 Census of Agriculture, 5,509 American Indian farms and ranches were counted producing just under \$150 million in New Mexico.

## Were you counted?

USDA's National Agricultural Statistics Service will again be counting all farmers and ranchers in the U. S. including Native Americans who grow crops or raise livestock. These counts are the basis for future agricultural funding in our state. No one is too small to be counted.

Make sure you are counted: Your Census survey will arrive in December. Complete the form and mail it back in the supplied return envelope.

PUEBLO OF ISLETA
PUBLIC SERVICES DEPARTMENT
UTILITIES DIVISION

#### LEAD AND COPPER SAMPLING

The Environmental Protection Agency (EPA) requires testing for Lead and Copper in drinking water on a scheduled basis. The Eastside and Subdivision water systems have been scheduled for testing in 2017. The sampling cannot take place without the cooperation of the residents in the area as they are the ones that collect the water sample. The Pueblo of Isleta appreciates the homeowners' assistance in obtaining these samples.

The Pueblo is required to submit a total of 10 samples for the Eastside water system and 10 samples for the Subdivision water system. The sampling sites are selected based on the homes plumbing system: When it was installed, the type of piping used and if lead solder was utilized. EPA breaks down the various plumbing systems by "tiers".

Tier 1 samples are from single family homes that have copper piping with a lead based solder used to connect the pipes together, installed after 1982 but before the Lead based solder was banned in 1986; and/or served by a lead service line (galvanized).

Tier 2 locations are the same as Tier 1, except multi-family dwellings or buildings may be included in the sampling and not just single family residences.

Tier 3 sites are single family structures with copper pipes having lead solder, installed before 1983.

If you own a home constructed after 1987 you should not be concerned about lead leaching into your drinking water supply due to the materials used in the plumbing system, which is why EPA does not recommend using your home as a sampling site.

A total of 10 samples from each water system will be sent to Houston, Texas for analysis of the water. The EPA laboratory reports the results to the Pueblo of Isleta and each residence that had a water sample submitted should receive information on their water sample results.

The Utilities Division of the Public Services Department is currently updating all the Lead and Copper sampling plans for the Pueblo of Isleta. Both Eastside and Subdivision water systems sampling plans should be completed this year. Lead and Copper sampling plan updates for the Los Charcos and Westside water systems are also underway.

If your home meets the above criteria for a sampling site and you are interested in having your water tested for Lead and Copper as a part of this EPA program, please contact Mr. Edwin Jaramillo at 505-869-9782.

## TR 82 Water Project Update

October 2017 is the much anticipated start date for the construction of a new 6" water main to be installed along TR 82 from TR 78 to TR 84.

The Pueblo of Isleta in-house "force account" crew consisting of Phillip Jiron, Brian Jaramillo and Rafael Anchondo will be the construction team completing the work, with the help of POI utility workers. The work will consist of a new 6" water main, fire hydrants, valves and service lines to each residence along the roadway.

Detours and road closures are going to be necessary to complete the work during the project. TR 82 is a very narrow road in places and it is going to take the cooperation of area residents to make this project work.

The engineering for the project was done by Indian Health Services (IHS) and they will oversee the construction phase as well.

## Village Sewer Design Survey Underway "Village Sewer Line Improvement Project"

The Public Services Department – Utilities Division has been funded through the State of New Mexico to hire an engineer to design the Village Sewer Line Improvement Project. The project area includes the homes within the Village Proper and extends as far south to the Rec Center/Lagoons and west to NM 314. This project also includes planned sewer expansion to approximately 16 additional homes that are not currently on the public wastewater system.

Huitt-Zollar Survey crews are working in the Village area of the Pueblo of Isleta and will be locating sewer mains, manholes, sewer service lines (from your home to the main line) and clean-outs.

The survey crews need to locate the clean-out caps that are on your property as a part of this project. If you know where your clean-outs are, if you have more than one sewer service line and additional sets of clean-outs, please let the surveyors know this information.

It is important for the survey crews to locate ALL the clean-outs, service lines, main lines and manholes all through the Village and surrounding area to help in the design of an efficient replacement sewer system for the Pueblo.

If you know where your clean-outs are, or if know you do not have any clean-outs, please let the survey crews know this vital information. Marking your clean-outs with paint or a wooden stake would be beneficial as well. If you know you have more than one sewer service, please mark both of the lines/clean-outs for the surveyors. If there are more than one set of clean-outs due to the distance from your residence to the sewer main line, mark these as well. Any information you can share with the surveyors would be welcome!

This is the very beginning of the design work being done for the Pueblo of Isleta. The goal is to replace the existing old clay sewer main piping with new pipes, replace service lines from the main sewer line to each residence, and replace or add new manholes as needed.

Thank you all for your cooperation during this surveying project.

If you have any questions, please contact Edwin Jaramillo Pueblo of Isleta Public Services Utility Division Manager 505-869-9781 505-264-2354

## Transit Services Coming to the Pueblo of Isleta

The Pueblo of Isleta and the Rio Metro Regional Transit District are pleased to announce two new transit services coming to the Pueblo in December. A new weekday bus route will connect the Pueblo of Isleta and Valencia County communities to Downtown Albuquerque, providing three northbound and three southbound trips during times that the Rail Runner does not operate mid-day. On the Pueblo of Isleta, the bus route will stop at the Rail Runner Station and a proposed stop near the Rio Grande bridge on NM 147.

Rio Metro, again in partnership with the Pueblo of Isleta, will also be bringing its "Dial-a-Ride" service to the Pueblo. This service will operate on weekdays from approximately 9:00am-2:00pm and provide trips to and from destinations within the Pueblo. To use the Dial-a-Ride service, residents will be required to call Rio



Metro dispatch and schedule their trip in advance. An accessible van will then arrive on the date/time of their reservation and take them to their destination.

More information about both services will be provided in October and November as details are finalized. Look for future updates in this newsletter, flyers posted at various locations on the Pueblo including their website and social media, and on Rio Metro's website, www.riometro.org

## The Pueblo of Isleta Elementary School

Welcome Back Students, Staff, Parents and Community Members! We are excited about our new school year! School opened on August 14th and proves to be a year full of fun and learning for the students of Isleta Elementary School. Students have the opportunity to participate in rigorous Core Academics as well as Music, Computer Lab, Art, Physical Education, Library and Tiwa Language.











Wednesday, August 23rd kicked off our Spirit Days with "Crazy Hair Day!" Some of our students out did themselves with their creativity. Thank you Parents for supporting this fun activity.

On Thursday, August 31st, the school hosted its Annual Open House from 5:00 - 7:00 P.M. Student work was displayed in the classrooms, and Parents and Community Members got their chance to play on the new playground. Thank you to whom took the opportunity to visit.

A big "Thank-You" to the J.O.M. Staff for preparing School Supplies and hosting additional "Parent Trainings" for our POIES Students. The supplies looks great in our new backpacks!!!

We will be hosting our first Family Night of the school year on Wednesday, September 13th from 5:00 – 7:30 p.m. The night will focus on "Science." We will be serving a light supper, beginning at 4:30 p.m. We have two special groups sharing the evening with us. *Explora* will be here to bring some family friendly science experiments and activities. Also joining us will be the *Albuquerque Astrological Society*. We will be the first school to host the brand new **Planetarium**. There will be three shows during the evening. There is a 25 seat limit for each show. The shows will begin at 5:30 p.m., 6:00 p.m., and 6:30 p.m. We hope that you will be able to join us.

As part of our School-wide Title I Program, we will be posting information about our school staff and programs. The Pueblo of Isleta Elementary School is very fortunate to be fully-staffed with Highly Qualified Teachers. Over the next few months, we will be introducing our staff to you and sharing information about them.

Louise LaPahe, our Second Grade Teacher is beginning her third year at the Pueblo of Isleta Elementary School. Ms. LaPahe comes to us from the Hopi Reservation, and has been working in the Field of Education for fourteen years. She completed her Bachelor of Arts Degree, (BA) Arizona State at University and her Master of Arts Degree, (MA) at Northern



Arizona University. She holds a Level Three, Instructional Leader K-8 License from the State of New Mexico, with endorsements in Reading and ELL/TESOL. We are very fortunate to have her on our staff. Ms. LaPahe states, "I enjoy teaching because I am able to share my love of learning and utilize my knowledge to help students achieve their goals."

Betty Lovato is our Kindergarten Teacher. She has begun her second year of Kindergarten, after completing her first year as our Third Grade Teacher. A Los Lunas, NM native, Mrs. Lovato has shared her skills as a teacher for 34 years in one of our local communities. She attended the University of New Mexico where she completed both her Bachelor's and Master's Degrees. Mrs. Lovato also holds an Early Childhood Endorsement.

Mrs. Lovato shared, "After taking a year off for retirement, I realized I missed

being around children. My return has been a positive one! I love this community and the children."



## HIGHER EDUCATION

## All Students:

All students will need to submit **All Required Documents** (see Scholarship Checklist on Isleta Higher Education website) to be determined for eligibility on/or before deadlines dates:

#### §100.6 When are my documents due?

(a) You must submit all required documents on the following dates to receive consideration for a grant. Funding *will not* be provided if documents are received after these deadline dates.

Full Academic Year: Application due July 1st (August – May) Supporting documents Due

August 31st

Fall Semester/Term: Application due July 1st (August – December) Supporting documents Due

August 31st

Spring/Winter Semester/Term: Application due November 1st (January – May) Supporting documents Due

December 31st

Summer Semester/Term: Application due April 1st (May – July) Supporting documents Due

May 31st

Student please be respectful of application and document deadlines. To be considerate of all funding all deadlines are enforced. It is the responsibility of all students to submit all documents by deadline dates.

Any students needing transition support do not hesitate to call our office.

### Reminders:

- √ The Pueblo of Isleta Higher Education Program will be hosting the annual "Tribal Collaborative Employability Training". This training will be held at the Isleta Golf Course on October 13, 2017 from 9am 2pm. Please call our office to sign up.
- $\sqrt{}$  Students the "Student Mandatory Orientation" meeting will start up again in November. All students should have the opportunity to complete the Mandatory Orientation prior to the end of 2017. Please watch out for posted dates.
- √ Students all loans are strongly discouraged. Student loans are considered a resource. Students are responsible for repayments of any loans incurred by the student. The POIHEP is not responsible for loan payment.
- √ Students it is extremely important you communicate with our office regarding any changes to your education, such as your class schedule, e-mail, phone number, etc.....
- √ All continuing students are required to submit Official Transcripts at the end of each term. \*Failure to provide Official Transcripts may suspend your scholarship award\*

If you have any questions or need further assistance, please do not hesitate to contact the Scholarship Program:

Cecelia Jaramillo, Scholarship Coordinator poi08001@isletapueblo.com

Kathleen Jojola, Scholarship Assistant poi08004@isletapueblo.com

Phone: (505) 869-9790

## AFTER SCHOOL PROGRAM

## ISLETA BEHAVIORAL HEALTH SERVICES – Prevention Program

## Ages 8—15 years olds Weekly Groups Transportation Provided Group Incentives

ROPES COURSE / CULTURAL ACTIVITIES / INFORMATION & AWARENESS SESSIONS /
OUTDOOR EXPERIENTIAL LEARNING / HIKING / COMMUNITY EVENTS /
INCENTIVE TRIPS & MUCH MORE





**Program Begins** 

August 21, 2017 @ 4:30 p.m.



Isleta Behavioral Health Services, 505.869.5475



## Pueblo of Isleta Public Library

Greetings Isleta Feast Beasts! We hope you had a great St. Augustine feast day with your family and you got your fiesta burger fix. Now to prepare for September 4th Feast Day! Support your local vendors and grab a snow cone or a fiesta burger. Since Summer Reading Program has ended we have been busy with our homework help program. We have also been planning programs for children, teens and adults so be sure to Read all about it!

### News

The Library will be closed on Saturday September 2nd and Monday September 4th in observance of Labor Day. All Library media checked out on Thursday August 31 will be due on Tuesday September 5th. Sorry for any inconvenience this may cause. Enjoy your three day weekend.

The Library will be closed on September 6th from 8:00am-12:00pm for our monthly staff meeting. We will discuss upcoming programs. The holiday months are coming up so keep a look out for family programs, more book clubs, arts and crafts and much more!

The Pueblo of Isleta will be receiving transit services starting in December! Thanks to Rio Metro Regional Transit District, Isleta community members will have the pleasure of bus routes connecting from the Pueblo of Isleta to Valencia County communities, and Downtown Albuquerque. Another service will be the "Dial-a-Ride" service to the Pueblo of Isleta community. This service will operate weekly from approximately 9:00am-2:00pm and will provide trips to and from destinations around the Pueblo. Details are still in the works but we wanted to share the news with you all since lack of transportation was the main concern on our most recent Library survey results. This will open the doors for more Library programs in the future for our community.

## **Upcoming**

Family story time is back! We are inviting you to join Diane every Monday at 10:30am for children 16 months- 5 years old. This program gives the opportunity for parents and caregivers to introduce their children to reading. Family story time is designed for parents or caregivers to participate with their children. No sign up required! If you have any questions please call Diane at the Library 505.869.9808 or email poi02006@ isletapueblo.com.

If you love Japanese Culture and like reading Manga books we have some exciting news. Cheyenne will be hosting another Manga book club on our Library tablets. Starting on September 5th every Tuesday and Thursday from 5:15pm-6:15pm. This will be open to 5 students ages 10 and up. Join in on book discussions and play Japanese games. Cheyenne will also be teaching participants how to use chopsticks, and write Japanese calligraphy. Sign up now as space as limited. If you have any questions, please give Cheyenne a call at the Library at 505.869.9808 or by email at poi02008@isletapueblo.com.

We will be offering two sewing classes in September. On September 6th will be our first children's sewing class. This will be open to 5 participants ages 10 and up. Participants will learn how to sew on a sewing machine. They will learn the basics and learn how to make a lanyard for a school ID or library card. All sewing machines and supplies will be provided. Registration has already begun for this class, so please call

the library or stop by to sign up today! If you have any questions please give Tara a call at the Library 505.869.9808 or by email at poi02005@isletapueblo.com.

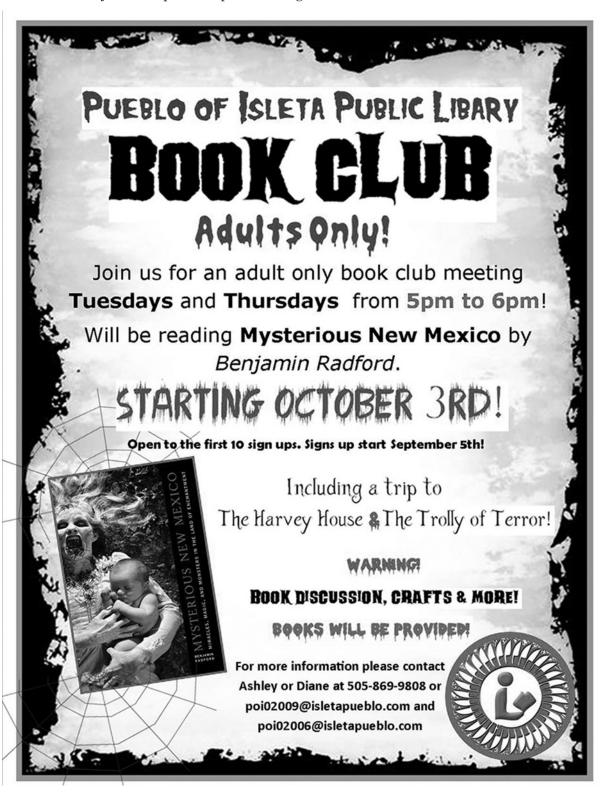
Our second sewing class will be on Monday, September 11 & Wednesday, September 13. This will be open to 5 participants ages 16 and up. Basic sewing machine knowledge required. Participants will learn how to make a Kimono Jacket. Just in time for your fall wardrobe. On September 11th the class we will be taking a trip to Wal-Mart to pick out fabric. Transportation will be provided. On September 13th we will begin sewing. All sewing machines and supplies will be provided. Registration has already begun for this class, so please call the library or stop by to sign up today! If you have any questions or concerns please give Tara a call at the Library 505.869.9808 or by email at poi02005@isletapueblo.com.

Halloween time is almost here, which means goblins, pumpkins and scares. This will also bring a spooky book club for all you scary stories fans. This will be open to 10 adults. Sign up starting September 5th. Book club meetings will be on Tuesdays and Thursday from 5pm to 6pm starting

on October 3rd. Book of choice will be, "Mysterious New Mexico", by Benjamin Radford. Participants will also get to experience a trip to the Harvey House in Belen, NM and as an added incentive for attending the book club meetings, we will be taking participants on the Trolley of Terror in Albuquerque. Other than book discussions there will be some Halloween/ fall inspired crafts. Books will be provided for all participants. For more information please call the library and speak with Ashley or Diane 505.869.9808. They can also be reached by email at poi02009@ isletapueblo.com or poi02006@isletapueblo. com.

#### Recap

Kyle hosted a book club with our Library tablets featuring, "Series of Unfortunate Events" by Daniel Handler. This was a 4 week program with book club meetings every Tuesday and Thursday. Kyle had a total of 5 participants who were able to take home a tablet, which the book was downloaded onto. Then they compared and contrast the books to the Netflix series. Thank you to all who participated!



Christino hosted a Solar Eclipse program that took place on August 16th through August 21st. On August 16th participants filmed their version of the man on the moon. The following day participants made their own rockets with matches, foil and a skewer. Most of the rockets worked while others did not. On August 18th students made moon sand out of flour and baby oil which they got to play with. On Saturday August 19th they made galaxy slime and made pinhole viewers. August 21st was the day of the eclipse. All participants got solar eclipse glasses to view this historic event. We also had the viewing of the eclipse displayed on our TV as seen from NASA which everyone enjoyed. Thank you to all who participated and were able to enjoy this event with us.

On August 17th the library set up a table at the Sundance Open house. Ashley and Tara were there to promote our library programs and services within the Library offered to the public. Many students from Isleta attend Sundance Elementary and we were happy they visited the library table with lots of excitement to hear about our upcoming programs. The library staff will be attending Isleta Elementary Open House, Bosque Farms Elementary, and hopefully some of the high schools open houses. If you happen to attend, come visit our table. We have lots of great programs coming up as well as some \$5 OFF library tokens.

## Pueblo of Isleta Public Library Hours of Operation:

Library Hours

Mon-Thurs - 8:00 a.m. - 6:30 p.m. Friday - 8:00 a.m. - 4:30 p.m. Saturday - 9:00 a.m. - 1:00 p.m.

Closed on Sundays, all federally recognized Holidays and also Isleta traditional Holidays. Please contact library for more information on closures.

Mailing and Physical Address:

950 Moonlight Drive SW Albuquerque, NM 87105

Phone: 505-869-9808 Fax: 505-869-8119

Email: poi02002@isletapueblo.com

Facebook Page: www.facebook.com/ IsletaPuebloLibrary

Web Address:

www.isletapueblo.com/library2.html

YouTube:

www.youtube.com/user/poilibrary

Pinterest:

www.pinterest.com/poilib

## **Isleta Pueblo News**



Editor:
Nathaniel Lujan
Asst. Editor:
Tara Abeita

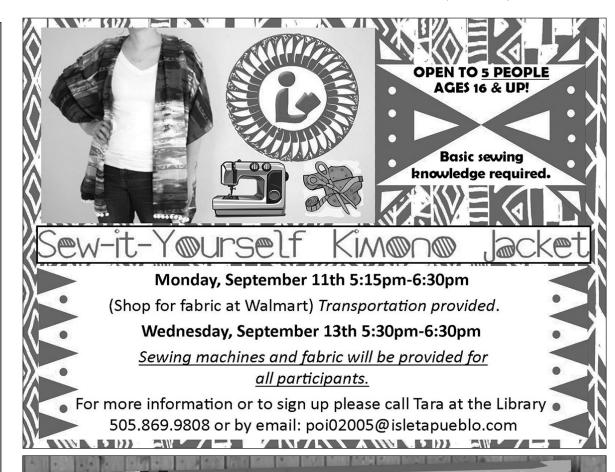
Published By: Valencia Express

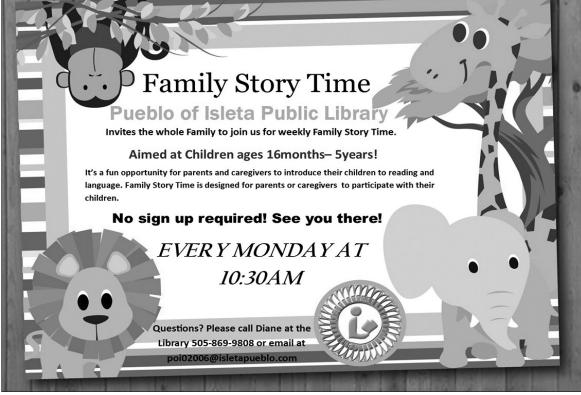


Solar Eclipse Program participants making a match stick rocket.



August 21st Eclipse viewing at the Pueblo of Isleta Public Library. The Library was able to purchase Solar Eclipse glasses in advance for people who were in our program and also shared with visitors who came into the library that day.





## ISLETA RECREATION CENTER

The year is flying by quickly, school has started and we've already begun our fall after-school program for those wanting to participate.

## AFTERSCHOOL RECREATION PROGRAM

This program runs every afternoon Monday through Friday after school until approximately 5:30 pm. The program offers reading & homework time, swimming, pool, arts & crafts, fun activities, fieldtrips and more. If you are interested in enrolling your child(ren) into our afterschool program, please contact the recreation center at 869-9777 for information on how you can get your child(ren) enrolled into the program. These types of programs make a difference to our children's development. The sign up for this program is on-going. Come by and get your child(ren) enrolled.

#### CROSS COUNTRY PROGRAM

The Cross Country Program started in early August and right now they have approximately 25 members on the team. For more information concerning the Cross Country Program contact Philip Abeita at 274-4009. Registration is still available for children who are interested in competing. No child will be refused from running with the team. Practice is held on Mondays and Wednesdays at the Soccer Fields north of the recreation center and on Tuesdays and Thursdays at Big Mama, all practice times start at 5:30 pm. The first meet was held at San Felipe Pueblo on August 26th and there are still 6 more meets that will be taking place the next 2 months.

## BOYS AND GIRLS BASKETBALL PROGRAMS

Practice and sign-ups for both the boys and girls basketball teams will be this month. Stop by or call the recreation center at 869-9777 and talk to Keenan Gurule (Girls Team) or John Matt Jojola (Boys Team) to get more information concerning these teams. They both do a very good job at teaching the kids the fundamentals of the sport. Information about the start of the the season will be given out as soon as the schedule is completed. We want to make sure that everyone who is interested in participating in the basketball program gets an opportunity to do so, but we also want to make sure that everyone practices, it's only fair that all participants practice.

## OPEN GYM FOR BASKETBALL (Adults)

Come join us for some good hoops every Wednesday evening. Wednesday evenings from 5:30 pm until 8 pm or until everyone gets tired. There are some great basketball games going on here in the gymnasium. We've had as many as 25 to 30 people come down to play on Wednesday evening before and currently they've been getting 13 to 18 people. It's a great way to stay in shape and the competition is good. Come join us, you won't be disappointed.

## ADULT EVENING RECREATION PROGRAMS

We are in the planning stages of our adult evening sports leagues, please keep your eyes and ears open for more information. You are more than welcome to contact the center to get general information about upcoming sports leagues for adults, if you do call you can ask for Vanessa Martin (869-9777). She will be heading up these leagues

again this year and she's got some great ideas for some new leagues for this year.

## PARKS & RECREATION PARK MANAGEMENT DIVISION

Like always the parks crew has done and continues to do a great job of taking care of our park and various other properties around the Pueblo. The parks crew is out in the elements (good and bad) all day, year round making sure that things always look great. In late July we hosted a Regional Softball Tournament for the young ladies. This tournament had teams from Louisiana, Texas, Colorado and New Mexico and every time I went across the street to see how the games were going I overheard the spectators talking about how beautiful the fields looked and how well kept they were. I can't say enough about our Parks crew they really take great pride in their work and it definitely shows. Please respect our parks and if you ever see anyone abusing our parks please contact IPD. We have some of the best parks in the southwest and I know our crew wants to keep it that way. Great Job Parks & Recreation Division!

#### **SWIMMING POOL NEWS**

The summer season is officially over, and we here at the Isleta Aquatics Center would like to thank each person that came in and helped make it the best summer yet! Our hours continue to be on the winter schedule in order to accommodate as many tribal members as possible. Following the end of the summer we had our annual cleaning week. In this week we are able to clean up and repair things in the pool area that got the most use during the summer. This year we focused on replacing all of the lights inside the main pool, and we will continue to work on replacing the lights in the spa and wading pool. We also drained the Hot Tub and wading pool in order to resurface and acid wash these. The Hot Tub has shown the most dramatic change, as this is the first time this has been done in years. The deck and main pool grates were power washed as well making the pool look brand new again. We would like to thank our

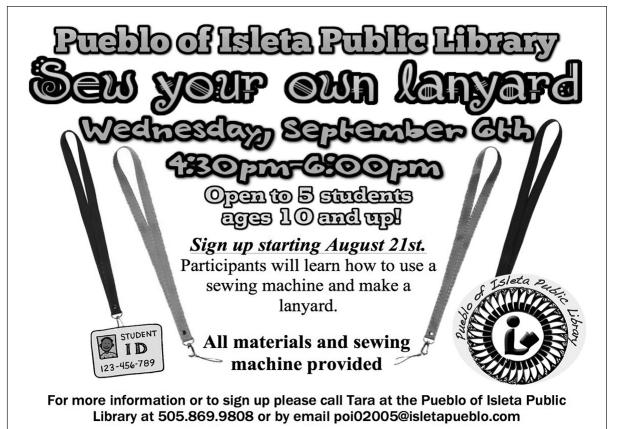
staff for the hard work, and encouraging everybody to come and see how good the Aquatics Center looks now.

Swim lessons continue to be very popular. This past month's lessons had 5 participants, which means 5 new children were able to learn how to swim or improve their swimming skills. We encourage all tribal members to sign up for this upcoming month, we welcome adults and children to take these swim training sessions. Whether you are looking to improve your existing skills, refine competition techniques, or want to learn how to swim, this training is for you. We have multiple instructors who specialize in their own area of expertise. This remains to be a free program for all tribal members, we hope to see you here.

Water aerobics is in the early mornings on Monday, Wednesday, and Friday in order to accommodate those early birds that like to start their day with a nice workout, stretch, and a lot of fun. This program is for all fitness levels and all ages. It is done in the shallow end of the pool ensuring that anyone can participate. It is low impact on the joints, and we have easy access into the pool. Come check it out!

#### **Kutz 4 Kidz Event Thank You!**

For those of you that were unable to attend the Kutz 4 Kidz event that took place on August 13th, 2017 here at the Recreation Center, you missed a great event for the youth of our community. I want to personally thank Mr. Kevin Banks and his Dream Big Non-Profit Organization for making this event happen for us and the youth here in the Pueblo. Mr. Banks and all his donors (too many for me to mention) donated countless hours planning an organizing this event, he found donors to donate food, coordinated with Albuquerque Barber College to get barbers and hair stylists to cut the hair for the kids, found sponsors to donate backpacks and school supplies to put it those backpacks, got Texas Roadhouse to donate food and their time to feeding the kids, coordinated with Bobbi's Homestyle Catering to get all the



volunteers to feed for this event, and helped bring a number of law enforcement agencies (Isleta Police Department, Albuquerque Police Department, Valencia County Sheriff's Office, etc.) to name a few agencies together to help transport VIP children to and from this event. He also worked with health care professionals to give health screening to the youth that needed and wanted a screening. He did so many things to help make this event a reality and I can't thank him enough. I will apologize right now if I forgot to mention any other organizations that may have been involved in this event, I'm sure I probably left out a number of people and or organization that helped put this together.

The event was a huge success, all the kids received backpacks with school supplies, the ones that needed and wanted haircuts were able to get them for free. All the kids were fed and there were a lot of smiling faces and happy people. I hope we have the good fortune to make this a yearly event.

Once again I want to thank Mr. Kevin Banks, his family, and all the people and organizations that helped make this event a special event for the youth of our community. It was awesome and wonderful to see everyone work together to help the kids in our community.







## 2017 Isleta Cross Country



The Isleta Cross Country Team would like to remind hunters to be aware and mindful while Dove Hunting this month (September). On Tuesday & Thursday, the Team practices at Big Mama starting at 5:30 pm to about 6:30 pm.

With that said, feel free at attend and show your support for our team at our Cross Country meets.

Thank you for understanding and good luck with your Dove Hunting.



## **Cross Country Schedule 2017**

Saturday, August 26 <sup>th</sup> San Felipe Pueblo
Saturday, September 2 <sup>nd.</sup> Cochiti Pueblo
Saturday, September 9 <sup>th.</sup> Santa Clara Pueblo
Saturday, September 16 <sup>th</sup> Jemez Riverside
Saturday, September 23 <sup>rd</sup> Jemez Day School
Saturday, September 30 <sup>th</sup> Tsiya Day School
Saturday, October 7 <sup>th</sup> Laguna- FINALS



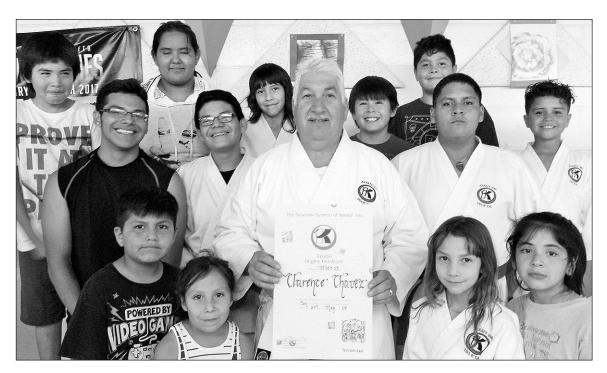




#### KARATE PROGRAM

The Isleta Recreation Center Karate program is celebrating the promotion of Sensi Clarence Chavez to 3rd degree black belt in Nihon Jujitsu. Sensi Chavez recently tested for his 3rd degree black belt in Albuquerque and has been teaching Karate, Judo, Kobudo (weapons) and conducting lady's self-defense classes at the Pueblo of Isleta Recreation Center for over 21 years. In this time Sensi Chavez has also tested and promoted to 7th degree black belt in Karate, and Kobudo (weapons).

The Karate program is now looking for new students that are at least 8 years and above. Contact Sensi Chavez at 869-9777 IRC, or 866-4360 home. Leave a message and phone number to be contacted.







Acoma

Cochiti

Isleta

Jemez

Laguna

Nambe

Ohkay Owingeh

**Picuris** 

Pojoaque

August 18, 2017

Kind Greetings,

The Indian Pueblo Cultural Center is excited to announce the **38**<sup>th</sup> **Annual Native American Student Art Show & Sale**. This showcase will be held in our south rotunda November 4<sup>th</sup>, 2017 thru January 5<sup>th</sup>, 2018.

The Native American Student Art Show was created to promote arts and culture to our youth. They are the bearers of our culture and have unique and honest perspectives to share. Through art they will be able to share those perspectives, explore their own creativity, and delve into their understandings of this year's theme. We are eager to invite the diversity, vibrancy, and creativity of our school aged children to our center.

This year's theme, *The Power of Stories*, correlates with our current temporary exhibition *Long Ago*. Story telling is a fundamental part of our existence as Pueblo People as a way to pass down our histories and knowledge over generations. Our lives are filled with stories and there are many amazing ways to share them thru the arts.

Each year we offer prize money to winners in each category. This year, we are excited to announce that due to increased sponsorship and support we are able to offer a total of \$1,340 in prize money. Each artist may choose to sell their work during this show; 100% of each sale will return directly to the young artist.

We invite all interested Native American students to be part of this show and sale!

Guidelines and forms for participants are found in attached packet for copying and dispersal. Entries will be accepted at the Indian Pueblo Cultural Center thru Friday October 20<sup>th</sup> 2017 at 4 PM. If you have any questions or need additional information, please contact me directly at 505-724-3564 or <a href="mailto:RMoore@indianpueblo.org">RMoore@indianpueblo.org</a>

Respectfully,

Rachel Moore Curator of Exhibitions

Sandia

San Felipe

San Ildefonso

Santa Ana

Santa Clara

Santo Domingo

Taos

Tesuque

Zia

Zuni

## CHECK YOUR SKIN ONCE A MONTH FOR:

## Cancer

- · A sore that doesn't heal
- A growth you haven't noticed before
- Change in the border of a spot: spread of color, redness or swelling into surrounding skin
- Itchiness, tenderness or pain from a mole
- Change in sensation (painful, tender)
- A brown or black colored spot with uneven margins or a new mole
- A small, smooth, shiny, pale or way lump that may bleed
- · Large areas with oozing or crust
- A flat red spot or a lump that is scaly or crusty

## When looking at a mole, remember the ABCDE Rule:

Asymmetry
Border irregularity
Color that is not uniform
Diameter greater than 6mm
(about the size of a pencil eraser)
Evolving size, shape or color





## Family Appreciation Day

You're invited to join Isleta Resort & Casino for a large Family Appreciation Day at the Isleta Lakes Music Park. The event, scheduled for September 17th, takes place from 11:00 a.m. until 7:00 p.m. Pueblo of Isleta tribal members are invited to attend with their immediate family. Four wristbands will be issued per family. Every participant must have a wristband, which may be picked up at the Isleta Governor's Office. Pickup begins September 5 - September 15th, during the hours of 8:00 a.m. and 4:00 p.m. The office is located at 117 A Tribal Road 40. For any questions or concerns, please call (505) 869-3111. Shuttle service is also available for easy access, taking place at the back parking lot of the Isleta Fun Connection.

The event is only open for Isleta community members, as well as Resort employees, celebrating the tremendous amount of support from the Pueblo of Isleta and Resort employees. The event falls in the same week as the Resort celebrates 31 years of successful business.

The Resort & Casino's 31st birthday comes amid a \$40 million renovation, expected to last 18-24 months. The work began in March with closure of the Resort's main entrance. The front doors are expected to reopen in late September.

"We want to publicly thank all of our employees for their extra hard work and assisting during the time when our main entrance was closed. That was a crucial component of the renovation, and our employees did a fantastic job," said Isleta Resort & Casino CEO Harold Baugus.

The next steps in the renovation include closing the Bingo Showroom entrance, so construction on that area may begin.

## **Pediatric Fluoride Treatments**



As of July 2017, the

Medical Clinic will

be providing Fluoride

Treatments for all

children ages 9, 12, 18

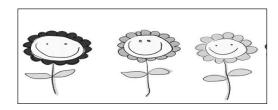
and 24 months during

their scheduled Well Child

Visits, as Recommended

by the US Preventive

Services Task Force.



## Johnson O'Malley (JOM)

Welcome back to another school year! I hope students enjoyed their summer and are relaxed, recharged and ready to start another year of learning. The JOM staff is truly excited about working with the community once again!

Before planning the upcoming school year, we enjoyed the summer with 28 Summer Bridge students. The Summer Bridge program provided students Kindergarten through eighth grade with extended learning opportunities through thematic learning over a 6-week period to ensure students continue to attain and sustain academic progress. Throughout the week the students were able to relate each activity to the theme in which they were able to enjoy experiential learning opportunities to places such as Meow Wolf, an art museum located in Santa Fe, Gravity Park, the Sandia Tram, Rio Grande Zoo and Pueblo of Isleta Department programs.

Students also enjoyed STEM (science, technology engineering and math) projects. Students learned about the weather patterns and how snow, tornados, thunder and volcanos are created when there is a shift in the system. Students built their own bridge and race cars. The students had so much fun when it was time to test their bridges with weights and raced their cars. It was more exciting to see the enthusiasm in each student as they built each of their projects.

Before we share just how busy we've been with the JOM program, we are grateful and appreciative for all the individuals who participated in our Summer Bridge program. We had several departments participate throughout our Summer Bridge Program which allowed our students to visit their departments, introduce them to various positions within their department and provided activities and resources for the students.

The JOM staff would like to take this opportunity to send out a huge THANK YOU. Without the transportation support from Arnold Sena and the recreational staff at the Pueblo of Isleta Recreation Program our children would not have been able to experience educational learning field trips. Thank you very much! We would also like to thank the following departments for their time and dedication during our career week; Chief Kevin Mariano, Clem Jojola and their officers at the Isleta Police Department, Isleta Fire Department, RaeAnn Jojola-Lucero and Thomas Zuni with the Diabetes program, Mary O'Hara and Sue Chavez with the Behavioral Health program, Nathan Lujan with the Isleta Library and 1st Lt. Max Zuni & Paul Lujan who did storytelling and introduced animals in the TEWA language. With many thanks we wish you and your departments much success in your future endeavors.

Upon the completion of the Summer Bridge program, we had taken nine middle and high school students to Crow Canyon located in Cortez, Colorado. Throughout the one week, the students were exposed to the field of Archeology and took a field trip to Mesa Verde. Students assisted in the excavation of a recent site discovered in 2016.

With no time to rest from all our digging and hiking it was back to business with JOM's Back-to-School Supply distribution. As you know, this is a great time for you to get to know us and the services we provide through the JOM program. During these mandatory meetings you will get a short overview of the history of JOM, budget information, eligibility requirements and learn about services provided to students. This is also a great opportunity to update all your contact information so we are able to communicate important information about on-going activities and services within the program.

We also want to say THANK YOU to the Education Department who every year takes time out of their busy schedule every year to help JOM prepare and distribute over 700 back packs full of school supplies to our students. Last but not least, we had three Interns with the JOM program during the summer, Philana Abeita, Mariah Montoya and Damacio Chewiwi who provided so much support to the JOM program. THANK YOU INTERNS, your help was greatly appreciated. YOU ROCK!

We welcome and value the positive energy and dedication to excellence in education by working diligently to ensure that when your children return to school, resources are in place to support their learning. The JOM staff have started planning and preparing for your students wonderful educational opportunities for the remainder of the year. We are also working on two initiatives with the New Mexico Public Education Department and Isleta's Higher Education program to implement College and Career Readiness and an Early Warning System in the Los Lunas School District. Students in grades 6th through 12th are encouraged to participate and can sign up at the JOM office.

As a reminder, in order to build bridges for our children, all stake holders in education have responsibilities to provide the resources needed to ensure students flourish in the school system. The JOM program is here to support the bridges that students will travel over so that they experience many educational opportunities we have to offer and find their passion to seek and gain knowledge.

We are delighted that your students are part of our JOM community. Parents and families are important partners in our students' education and we look forward to continuing our work together. The success of our students depends on your support and we thank you in advance for all your hard work.

### HOME SERVICES PROGRAM

Starting October 3rd, I will assist elders in the application process to pay for utility bills. Documents required at time of application. Income Qualified (must earn less than 150% of 2017 Federal Poverty Guidelines).

- PNM Home Energy Checkup Program
  - Proof of Income on all household adults.
  - o A valid picture ID for all adult members in household.
  - o Identification information on children in home
- DHHS Low Income Home Energy Assistance Program (LIHEAP)

o Proof of Identification Head of Household (Driver's license, State ID, Tribal ID w/ photo)

Proof of Income:

• Employment 3 most recent Pay Check Stubs

Social Security
 2016 Award Letter or recent Bank Statement w/ Direct

deposit

• SSI 2016 SSI Benefit letter

• Self Employed 2016 Tax returns and notarized statement of earnings

Unemployment Benefits History Report

Not Employed Notarized Statement explaining financial situation
 Other Papaigns retirements restal income veteran's not

 Other
 Pensions, retirements, rental income, veteran's payments, child support, Indian monies - Per Capita payments

o Information on ALL household members: Names, Date of Birth, Social Security numbers

One Utility Bill: PNM, Gas Co of New Mexico, Propane, Wood
 Information on Decourage/Accepts: Cook on bond, sheeking accepts

• Information on Resources/Assets: Cash on hand, checking account, savings

account, CD, Stocks/Bonds, Retirement, Livestock

- Central New Mexico Housing Corporation Weatherization Program on Indian Lands \*Requires certification of home ownership.
  - o Proof of Income:

• Employment 3 most recent Pay Check Stubs

Social Security
 2016 Award Letter or recent Bank Statement w/ direct

deposit.

• SSI 2016 Benefit letter

• Self Employed 2016 Tax returns and notarized statement of earnings

• Unemployment Benefits History Report

• Not Employed Notarized Statement explaining financial situation

o Proof of Ownership:

- Mortgage Statement (If applicable)
- Statement of Occupancy (Pueblos Only)
   One Proof of Home Occupancy in a require
- One Proof of Home Ownership is required
- o Rental Property Copy of Rental Agreement & Landlord Proof of ownership
- o Most recent Electric & Gas or Propane Bill
- o Picture ID for everyone over 18 years of age
- o Date of Birth for all members of the household

For information and/or appointment (Elders 50 years and older), please contact: Patricia L. Lucero, Home Services Manager at 869-9770 Extension: 9338.

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# Household Hazardous Waste Collection Event

Saturday September, 9<sup>th</sup> 2017 9:00 A.M. – 1:00 P.M.

@ Health Center parking lot



What can you bring?

- Solvents
- Pesticides
- Motor oil
- Other household chemicals
- Old Paint
- Auto/Household batteries
- Gasoline
- Electronic-Waste (anything with a plug)

Please do not mix chemicals. Label if possible. For liquids bring in quantities of one gallon or less.

Questions? Call POI Environment 869-7565

## Health Beat: National Suicide Prevention Week

Shawnee Arciniega, Health Education Intern

http://www.suicidology.org | https://suicidepreventionlifeline.org | http://www.eachmindmatters.org

505-869-4479 shawnee.arciniega@islclinic.net

Sept. 3rd – Sept. 9th is National Suicide Prevention Week; Sept. 10th is World Suicide Prevention Day. The blue and turquoise ribbon represents suicide awareness and prevention. During this week, wear these colors or the ribbon to show your support for those who have been affected by suicide.



## **Warning Signs**

Do you believe a loved one is contemplating suicide? Are you having suicidal thoughts? Sometimes it's hard to tell, so it's good to know the warning signs. Use the acronym **IS PATH WARM**.

<u>Ideas of suicide:</u> expressing suicidal thoughts or desires to die

<u>Substance</u> abuse: excessive use of drugs or alcohol <u>Purposeless</u>: no reason for living or a burden to others <u>Anxiety</u>: panicked, restless

Trapped: feeling there is no other solution to problems

Hopelessness: feeling circumstances will not improve

Withdrawing: unresponsive to family, friends or society. Sleeping too much or too little.

Anger (uncontrolled): easily enraged or seeking revenge

Recklessness: partaking in risky behaviors

Mood changes: dramatic mood swings or constantly feeling down

Express your concern and ask your loved one if s/he is thinking about suicide. Listen to what they have to say and express empathy rather than offer advice. In crisis, call a chat line immediately to speak with a counselor or 911. Do not leave a suicidal person alone.

Chat Lines				Non-Crisis Help
National Suicide Prevention Lifeline	Crisis Text Line	Veterans Crisis Line	LGBTQ Crisis Line	Isleta Behavioral Health
1-800-273-TALK (8255)	Text <b>START</b> to 741-741	1-800-273-8255 <b>Press 1</b> or Text 838-255	866-488-7386	505-869-5475  Schedule an appointment with one of our counselors.

Isleta Health Center Behavioral Health Services Prevention Program Phone: 505.869.5475

## RecapofQuarter3:SummerProgramming

Quarter 3 began in April and ended in June 2017, which was midway through our Summer Programming. During Quarter 3, the Spring Semester After School Program ended and the Summer Program began. Prevention Activities, Prevention Awareness, and Education were all included in the Summer Program. The youth participated in a variety of activities that included the High/Low Ropes course at Santa Fe Mountain Center (SFMC), working with SFMC staff on Disc Golf in Los Alamos, team building activities, white water rafting and camping, hiking, planting the community garden, and hosting our own Youth Summit Summer Series. Three older youth attended the "7th Annual THRIVE Youth Conference" in Portland, Oregon. Two youth. Glorianna Jaramillo and Lucas Jiron, were in the Youth Ambassador We R Native track, and Minewa Jaramillo was in the Digital Storytelling track.

Our program annually offers the community garden to youth, clients of IBHS, and/or community members. Although we had little participation from community members and clients, we incorporated our Summer Program with the Community Garden. The youth planted, watered, and pulled weeds while they learned that gardens take patience, positive energy and the right resources for growth. The youth have helped the IBHS Community Garden take on a different appearance than in past years. The garden received some landscaping features that include mulched walking paths, mulched areas to decrease weed growth, and raised garden beds. The Natural Resources department helped us with some landscaping features. If anyone is interested in joining the Community Garden efforts for next planting season, get in contact with IBHS @ 505.869.5475. This way we can plan out the fall schedule and lead into spring scheduling as well.

IBHS Prevention Youth Summit Summer Series for ISLETA Youth ages 10 - 17 was held on June 19 and July 17 and included incentives and lunches. The Youth Summit was hosted in collaboration with POI Service Providers. The Summit Series provided information and education on Mental Health, Domestic Violence, Healthy Relationships and Bullying. While the summit focused on education, experiential learning games were used to help youth improve communication skills. We are very grateful to Lt. Governor Max Zuni, and his staff for providing the pizza and salad to our Youth participants.

At the close of our summer program, we travelled up north through Abiqui to El Vado dam and participated in a white water rafting/camping overnight trip. The youth learned the basics of rafting and kayaking on the Rio Chama. This trip was a wonderful opportunity to build a stronger connection and create a beautiful memory. We began our adventure near the El Vado Dam and spent two days and 25+ miles on the river, often with heavy rain clouds, thunder, and lightening in the distance. Some youth had the opportunity to venture out on single kayaks. Day two was very exciting as we made our way through the toughest spots on the river. Our group did a great job, listening to our guides instructions on when to paddle, which directions to take and so on. For many of the youth, this was their first experience of this kind. At the end of the trip, everyone had their own exciting stories to share and look forward to the next adventures.

September 2017

## Isleta Elder Center Menu

September 2017	Is	sleta Elder Center Men	nu	
				9/1/2017
CONGREGATE MEALS	Congregate meals age	Please call ahead of time		Pepperoni Pizza
Salad bar offered daily	55+ free of charge.	to cancel Home		2 M/MA
		Delivered Meals.		and 2 grain eq, 1/2 c Veggie
Based on the availability of	Persons ages < 55 the	This saves time		Caprese salad - Mozzarella cheese
ingredients/produce or other	suggested donation	and money.		Fresh basil, Grilled squash and
unforseen circumstances,	is \$5.00 however any	* Contraction of the contraction		Zucchini, Balsalmic demi glaze
menus are subject to change.	donation is appreciated.	Thank you.		Fresh fruit
9/4/2017	9/5/2017	9/6/2017	9/7/2017	9/8/2017
LABOR DAY	Sloppy Joe on WW Bun	Vegetable Beef Stew	Tuna Salad Sandwich	Crispy Mac n Cheese w/Chicken
	3 oz G. turkey	G. beef 3 oz	Tuna salad 3.5 oz	Diced chicken 2 oz, Shred
444	WW bun = 56 g	Mixed veggies in stew 1 c	WW bun = 56 g	cheddar 1 oz, 2 Grain eq
1117	Steamed carrots 1/2 c	Biscuit = 56 g	Potato salad 1/2 c	California veggies 1 c
	Sloppy Joe mix 1/2 c	Baked apples 1/2 c	Carrot salad w/raisins 1 1/4 c	Fruit cup
Elder Center Closed	Fresh fruit		( = 1 c Veggie & 1/2 c Fruit)	
	Early Lunch			
9/11/2017	9/12/2017	9/13/2017	9/14/2017	9/15/2017
Teriyaki Chicken	Turkey and Cheese Sandwich	Pork Loin 3 oz	Meat and Potatoes	Beans with Pork and Green Chile
Chicken 3 oz	Turkey 3 oz, Sliced cheese .5 oz	Stuffing 1/2 c	Cubed beef 2 oz, potato 1 c	Pork 3 oz, Beans 1/2 C
Oriental veggies 1 c	WW hot dog bun = 56 g	Brown gravy 1 oz	Green chile 1/8 c	Green chile in stew 1/4 c
Brown rice 1/2 c	3 bean salad 1/2 c	California veggies 1 c	Cheese cubes 1 oz	Bread = 2 grain eq
Fruit cup	Carrot sticks 1 c	Peach crisp = 1/2 c fruit	WW roll = 56 g	SF gelitan w/fruit
Oatmeal cookie 1 ea	Fresh fruit		Fresh fruit	= 1/2 c fruit
9/18/2017	9/19/2017	9/20/2017	9/21/2017	9/22/2017
Beef Barley Stew	Chicken Fajita	BBQ Sandwich	Red Beef Enchilada	Turkey and Noodle Casserole
2 oz beef, barley 1/2 c (M/MA)	2 oz Chicken, Shred cheese 1 oz,	Shredded pork 3 oz	G. turkey 2 oz, Cheese 1 oz	3 oz diced turkey, 1/2 c Pasta
Cabbage 1/2 c	Fajita veggie 1/2 c	WW bun = 56g	Red chile 1/2 c, Corn tortilla 1 oz	Winter veggie mix 1/2 c
Steamed carrots 1/2 c	Yellow squash 1/2 c	Brussels sprouts 1/2 c	Steamed veggie 1/2 c	Beets 1/2 c
WW dinner roll = 56 g	2 ea 6" WW tortillas	Sweet potato fries 1/2 c	Fruit cup 1/2 c	WW roll = 56 g
Fresh fruit	Fresh fruit	Fresh fruit		Fruit cup 1/2 c
9/25/2017	9/26/2017	9/27/2017	9/28/2017	9/29/2017
Spaghetti	Grilled Ham & Cheese	Indian Tacos	Chef Salad w/ Ranch	Carne Adovada (Pork/Red Chile
Ground turkey 3 oz	3 oz Ham	G.turkey 2 oz, Shred cheese 1 oz	Diced chicken 2 oz	Pork 3 oz
Marinara sauce 1/2 c,	Cheese slice .5 oz, WW slice = 56 g	Pinto 1/2 c, Red chile puree 1/2 c	Shred cheese 1 oz, Salad 1 c	Red chile puree 1/2 c
WW spaghetti noodle 1/2 c	Tomato basil soup 1/2 c	Shred lettuce/tomato 1/8 c	Cherry tomato 1/2 c	Brussels sprouts 1/2 c
Mixed vegetables 1/2 c	Peas 1/2 c	Fresh fruit	Cucumber 1/2 c	Rice w/cilantro 1/2 c
Garlic bread = 26 g	Fresh fruit		Garlic bread stick= 56 g	Fruit crisp = 1/2 c Fruit and
Fresh fruit			Croutons - 1 oz	1 Grain eq
			Fresh fruit	

## St. Augustine Church Announces Silent Auction

The St. Augustine Church will be holding a silent auction for an armoire and two decorative doors. Details for the silent auction will be forthcoming in the church bulletin, POI church website (http://isletapueblo.com/st-augustine-church.html), fliers posted at the Governor's Office and community bulletin boards, and the next issue of the Isleta Newsletter.

Armoire. The armoire used to be in the old church sacristy for many years and was used to store clothing and other religious articles. The shelves are badly worn and could use refinishing or replacement. (Color: Dark Brown / Overall Dimensions: Height 69 3/4", Width 102", Depth 33")

Decorative Doors. Two solid-wood decorative doors; might have been installed in the old priest's quarters or parish office, and were made to swing open (swivel hinges remain attached). They are in good condition. (Color: Medium-Brown, Stained / Overall Dimensions (without hinges attached): Height: 80", Width: 36", Thickness: 1 3/4")





## Richard D. Olguin

The Family of Richard D. Olguin, would like to express our sincere appreciation to everyone who reached out to us, during the difficult time of his passing.

On August 17th Richard left us to join our Heavenly Father, his Parents and Brothers, to rest in eternal paradise. Richard was a generous man to all those who crossed his path. He is loved very much and missed dearly by his Sisters, Nieces, Nephews,



Great Nieces & Nephews and numerous extended family members.

Until we meet again, We Love You PaPa/MehMeh!

## The difference between Alzheimer's and typical age-related changes:

## Signs of Alzheimer's

Poor judgment and decision making

Inability to manage a budget

Losing track of the date or the season

Difficulty having a conversation

Misplacing things and being unable to retrace steps to find them

## Typical age-related changes

Making a bad decision once in a while

Missing a monthly payment

Forgetting which day it is and remembering later

Sometimes forgetting which

word to use

Losing things from time to time

## **Emergency Responders**

POI emergency responders are not able to properly attend to elders who are unresponsive and alone in the home at the time of an emergency. Here is a sample of an Emergency Contact Form that should be placed on the refrigerator. Emergency responders were notified that these forms are being distributed by the Elder Center. Fill out an Emergency Contact Form for your use or the use of your elder relative, friend or neighbor (use the sample here, or come by the Elder Center for a form with a protective cover).

## Please keep posted on refrigerator.

Emergency contact information provided on the back of the page is to be used by Emergency Responders in the event that the elder who lives here cannot answer important questions at the time of an emergency.

## **ELDER EMERGENCY CONTACT FORM**

### Isleta Elder Center

## **Emergency Contact Information**

Name:		DOB:	
Physical Address:			
Name of Primary Doctor:		Phone:	
Hospital Preference:	eference:Address:		
	Family Emergency Co	ntacts	
1:Name		_ Relationship	
Phone Home	Work phone	Cell	
2: Name		_ Relationship	
Phone Home	Work phone	Cell	
3: Name		Relationship	
Phone Home	Work phone	Cell	







Main Number (505) 869-9770

TUESDAY WEDNESDAY THURSDAY FRIDAY MONDAY Calendar Notes: · Friendship Coffee Activi- Enhance Fitness @ Isleta Commodity Distribution Tuesday, September 12th & Thursday, September 21st ties Room 8:30am-Rec Center 9:00am-8:00am-3:00pm 9:30am 10:00am No general meeting For September Open Activities Room Upcoming Events: Elder Center Arts & Crafts Fair-October 8th 1:00-4:00pm Center Closed Friendship Coffee Activi- Staff Meeting 12:30pm- Shuffleboard Practice Ac- Enhance Fitness @ Isleta tivities Room 9:00amties Room 8:30am-Rec Center 9:00am-3:00pm Labor Day 12:00pm 10:00am 9:30am Shuffleboard Practice Isleta Feast San Enhance Fitness @ Isleta Open Activities Room @Isleta Rec Center Gym Agustinito 1:00pm-4:00pm 5:30pm-7:00pm Rec Center 9:00am-10:00am 12 13 14 15 Shuffleboard Practice @ Enhance Fitness @ Isleta Shuffleboard Practice Ac- Catholic Mass 11:30 am Enhance Fitness @ Isleta Rec Center 10:30amtivities Room 9:00am-Rec Center 9:00am-Isleta Rec Center Gym 5:30pm-7:00 pm 12:00pm 10:00am Sr. Day @ State Fair- Enhance Fitness @ Isleta Open Activities Room (Transportation Provided) 1:00pm-4:00pm Rec Center 9:00am-10:00am Shuffleboard Practice @ . Shuffleboard Practice Ac- Friendship Coffee Enhance Fitness @ Isleta Enhance Fitness @ Isleta Rec Center 10:30am-Isleta Rec Center Gym tivities Room 9:00am-8:30am-9:30am Rec Center 9:00am-5:30pm-7:00 pm 12:00pm 10:00am 11:30 am NMICOA Dinner & Dance AARP Smart Course w/ Enhance Fitness @ Isleta Sandia — RSVP Open Activities Room Ron Sarracino 1:00pm-Rec Center 9:00am-Attendees Departs at 4pm 1:00pm-4:00pm 10:00am 5:00pm 25 26 28 29 27 Enhance Fitness W/ Ber- Shuffleboard Practice @ Shuffleboard Practice Ac- Enhance Fitness @ Isleta Isleta Elder Center Advinadette Jojola @ Isleta tivities Room 9:00amsory Committee Meeting Rec Center 9:00am-Isleta Rec Center Gym 5:30pm-7:00 pm Rec Center 10:30am-12:00pm 9:00am 10:00am 11:30 am Enhance Fitness @ Isleta Open Activities Room Rec Center 9:00am-1:00-4:00pm 10:00am

September 2017

## **ISLETA HEALTH CENTER**

Questions? Call 869-3200

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT / SUN
Reminder:  "DPP" = Diabetes Prevention Programs @ 869-4595.  "BHS" = Behavioral Health Services @ 869-5475.	NATIONAL S  Pueblo Women Rising: 10-11a @ BHS. Acu-Detox: 1-2p @ BHS. Pueblo Men Rising: 2-3:30p @	6 Morning Group Exercise: 6-7am @DPP Wellness Center Young Leaders Youth Krew: 4:30-6:30p @ BHS.		1 Early Recovery Skills: 9-10a @ BHS. Another Recovery Technique (ART): 10-11a @ BHS. Alcoholics Anonymous: 11-12p @ BHS. Another Recovery Technique (ART): 1-3:30p @ BHS.  8 Early Recovery Skills: 9-10a @ BHS. Another Recovery Technique (ART): 10-11a @ BHS.	2 / 3 2 / 3
Happy Labor Day II	BHS. Freedom From Smoking: (Session 1) 5:30pm @Isleta Health Center (Call 869-4479 to learn more.)	DPP Walking Group: 5:30-6:30p @ DPP Wellness Center.	Podiatry Clinic: 8:30-4:30p @DPP Wellness Center.  Alcoholics Anonymous: 6-7p @ Health Training Center.	Alcoholics Anonymous: 11-12p @ BHS.  Another Recovery Technique (ART): 1-3:30p @ BHS.	
11 Early Recovery Skills: 9-10a @ BHS. Another Recovery Technique (ART): 10-11a @ BHS. Alcoholics Anonymous: 11a-12p @ BHS. Women's Path to Recovery: 1-2:30p @ BHS. Podiatry Clinic: 12:30-4:30p @DPP Young Leaders Youth Krew: 4:30-6:30p @ BHS.	Pueblo Women Rising: 10-11a @ BHS. Acu-Detox: 1-2p @ BHS. Pueblo Men Rising: 2-3:30p @ BHS. POI Community Cancer Support: 10:30am @Isleta Health Center Kitchen Freedom From Smoking; (Session 2) 5:30pm @Isleta Health Center	Morning Group Exercise: 6-7am @DPP Wellness Center Fun Run/Walk Registration: 4:30pm @DPP Young Leaders Youth Krew: 4:30-6:30p @ BHS. Community Healthy Cooking Class (DPP): 5:00p @ Diabetes Kitchen.	Podiatry Clinic: 8:30-4:30p @DPP Wellness Center. Alcoholics Anonymous: 6-7p @ Health Training Center. Head Lice 101 Presentation: 2:30-3:30pm @Isleta Elementary School (All Parents Welcome— Head Start & IES).	15 Early Recovery Skills: 9-10a @ BHS. Another Recovery Technique (ART): 10-11a @ BHS. Alcoholics Anonymous: 11-12p @ BHS. Another Recovery Technique (ART): 1-3:30p @ BHS.	16/ 17
18 Early Recovery Skills: 9-10a @ BHS. Another Recovery Technique (ART): 10-11a @ BHS. Alcoholics Anonymous: 11a-12p @ BHS. Women's Path to Recovery: 1-2:30p @ BHS. Podiatry Clinic: 12:30-4:30p @DPP Young Leaders Youth Krew: 4:30-6:30p @ BHS.	Pueblo Women Rising: 10-11a @ BHS.  Acu-Detox: 1-2p @ BHS.  Pueblo Men Rising: 2-3:30p @ BHS.  Freedom From Smoking; (Session 3) 5:30pm @Isleta Health Center  CHILD PASSENGER SAFETY	20 Morning Group Exercise: 6-7am @DPP Wellness Center Young Leaders Youth Krew: 4:30-6:30p @ BHS. Community Healthy Cooking: 5-6:30pm @Health Clinic Kitchen  WEEK-SEPT 18-22: "Is your chi."	CLINIC OPENS AT 9:50am  Grief Group: 1-2p @ BHS.  Podiatry Clinic: 8:30-4:30p @DPP  Alcoholics Anonymous: 6-7p @ Health Training Center.	22 Early Recovery Skills: 9-10a @ BHS. Another Recovery Technique (ART): 10-11a @ BHS. Alcoholics Anonymous: 11-12p @ BHS. Another Recovery Technique (ART): 1-3:30p @ BHS.	23 /24
25 Early Recovery Skills: 9-10a @ BHS. Another Recovery Technique (ART): 10-11a @ BHS. Alcoholics Anonymous: 11a-12p @ BHS. Women's Path to Recovery: 1-2:30p @ BHS. Podiatry Clinic: 12:30-4:30p @DPP Young Leaders Youth Krew: 4:30-6:30p @ BHS.	26 Pueblo Women Rising: 10-11a @ BHS. Acu-Detox: 1-2p @ BHS. Pueblo Men Rising: 2-3:30p @ BHS. Freedom From Smoking; (Session 4 - QUIT DAY) 5:30pm @Isleta Health Center	27 Morning Group Exercise: 6-7am @DPP Wellness Center Open House Diabetes 101: 4-6pm @DPP Wellness Center Young Leaders Youth Krew: 4:30-6:30p @ BHS. DPP Walking Group: 4:30-5:30p @ DPP Wellness Center. Freedom From Smoking; (Session 5) 5:30 @Isleta Health Center	28 CLINIC OPENS AT 9:50am  Grief Group: 1-2p @ BHS. Podiatry Clinic: 8:30-4:30p @DPP Wellness Center.  Alcoholics Anonymous: 6-7p @ Health Training Center.  National Fall Prevention Day	29 Early Recovery Skills: 9-10a @ BHS. Another Recovery Technique (ART): 10-11a @ BHS. Alcoholics Anonymous: 11-12p @ BHS. Another Recovery Technique (ART): 1-3:30p @ BHS.	30 / 31



## NEED HELP QUITTING SMOKING?

THE ISLETA HEALTH CENTER'S FROM STOCKING

STARTS TUESDAY, SEPT 5, 2017

8 Session Program
5:30pm –7pm in the
Small Conference Room
At the Isleta Health Center



- → Nicotine Replacement Therapy for those clinic patients who attend weekly sessions!
- → Get support from others that are going through the same thing.

CONTACT:
Stephanie Barela @
505-869-4479
for more information or to
reserve your spot in this class!

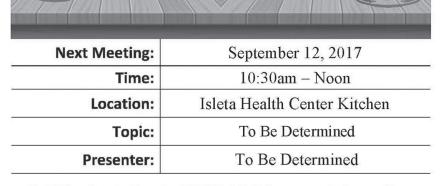




## Pueblo of Isleta Community Cancer Support Group

Support the health of your family. Educate yourself on cancer. REDUCE YOUR RISK!





We meet on the 2<sup>nd</sup> Tuesday of the month!

Coffee and Conversation

Call Stephanie Barela @ 869-4479 for more information.

Please join us!



Everyone welcome!