

Isleta Pueblo News

Volume 11 Issue 9

Pueblo of Isleta website: www.isletapueblo.com

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September 2016

MESSAGE FROM THE GOVERNOR:

I want to take the opportunity to thank all our program service workers and community members for their help with the Community Clean Up on Friday, August 26, 2016 in preparation for our Annual St. Augustine Feast. It is good to see our community come together and celebrate the Mass for Saint Augustine our Patron Saint and participate in the Procession, Tribal Dance and feast.

On behalf of the People of Isleta I want to thank the Mayordomos and families for their commitment and hard work in hosting the St. Augustine feast: Greg Jojola –Natseway, Vernon Zuni, Jeremy Abeita, Lurlaine Chavez, Mary Eastman, and Michael Valdez. Thank you all for an enjoyable and memorable feast.

Eyes and Ears of the World on Isleta Governor



Governor Torres at the Democratic National Convention in Philadelphia, PA

Photograph taken by Michael Coleman of the Albuquerque Journal/Journal Washington Bureau.

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On Thursday, July 28, 2016, at 4:30 p.m., the eyes and ears of the nation and the world were situated on Isleta Pueblo Governor E. Paul Torres, as he addressed the Democratic National Convention from Philadelphia, Pennsylvania. Governor Torres was one of three Democrats who were invited to deliver invocations at the opening of the last night's festivities. Governor Torres opened up his prayer in our native Tiwa language and then translated it into English for the benefit of the people of the world to hear. In his prayer, Governor stated:

"Great Spirit, we seek your blessings and guidance on this convention and the diverse group of people gathered here from across this great nation of ours. Keep us mindful of the importance of this endeavor to the country and to the democracy under which we are so privileged to live. Allow us to appreciate our diversity, to respect difference

in our cultures, traditions, beliefs, and to show tolerance and understanding of others, even as we grapple with the difficult issues facing our country. Give us the courage to put aside our differences and unite in the face of challenges and adversity. Teach us to respect Mother Earth, recognizing the wonderful way that she can provide for us when we do so. Thank you for all you have given us, and particularly for the extraordinary bounteous and beautiful country we share, Amen."

We are indeed fortunate and proud to have one of our traditional leaders address this nation and world in the language of our forefathers. His prayers are powerful reminders of our Native American beliefs, culture and traditions that we share with all the people of this great nation. He serves as a great reminder to our children that a man of humble beginnings can grow up to walk across the national stage to address the people of the world. His inspiration was ever so evident in the tears of those of us who gathered around our televisions to witness this historical event.

Native American Mass – Santa Fe, New Mexico

Santa Fe, New Mexico – On Saturday, August 20, 2016, Governor Torres and Second Lt. Governor Abeita attended the annual Native American Mass held at the Cathedral Basilica of St. Francis of Assisi in Santa Fe. Gov. Torres and Lt. Gov. Abeita represented the Pueblo of Isleta along with other pueblo representatives.

The Native American Mass is a Catholic-Native American themed mass. Almost everyone helping to serve and celebrate the mass are from among several New Mexico tribes. Native people serving as altar servers, liturgy readers, Eucharistic (communion) ministers, and choir singers. Governor Eddie P. Torres and 2nd Lt. Governor Isidor Abeita helped serve the mass.

The Mass was celebrated by Archbishop, John C. Wester. Archbishop Wester was installed as the 12th Archbishop of Santa Fe on June 4, 2015 following Archbishop Michael Sheehan's retirement.



Governor Joseph M. Talachy, Pueblo of Pojoaque and Governor Eddie P. Torres, Isleta Pueblo, carrying the GIFT.

BOSS LIFT - NM National Guard

National Guard Armory, Sandoval Co., NM - On July 29, 2016, twenty four bosses, employers and supervisors of New Mexico National Guard service members participated in a "Boss Lift," coordinated by the New Mexico for Employer Support for the Guard and Reserve (ESGR).

"The purpose of the Boss Lift Program is to show employers what the military does, and by doing so, make them stronger advocates for ESGR. These bosses were nominated by their employees, who are also Guard members, so that their bosses can see first-hand some things Guard members do. The Pueblo of Isleta was nominated for this event by Captain Steve Abeita, who is on temporary leave from the Pueblo of Isleta while serving in the National Guard. The employers were given a tour of the facilities and equipment utilized by the National Guard.

As a highlight these bosses were airlifted in a National Guard UH-60 Black Hawk helicopter and provided an exhilarating

(Continued next page)



(Left to right) 1st Lt. Antonio Chewiwi, flight crew members, Ms. Shawna Ballay, Director of Public Service

flight of the Sandia Mountains. During a luncheon employers were recognized and received Certificates of Support for the Guard and Reserves. 1st Lieutenant Antonio Chewiwi and Ms. Shawna Ballay, Director Public Services represented the Pueblo of Isleta at the event.

New Mexico Annual Conference on Aging – August 23-24, 2016

ISLETA PUEBLO – On Tuesday, August 23rd and Wednesday 24th, 2016, the NM Aging and Long-Term Service Department and the NM Conference on Aging held their 38th annual Conference on Aging at the Isleta Resort and Casino Conference Center. The NM Conference on Aging provided a unique forum for honoring New Mexico's older adults and their contributions. The

event provided a wide variety of topics and was attended by over 1,400 participants from throughout the State. 1st Lieutenant Governor Antonio Chewiwi opened the conference with an invocation and opening remarks.

Message from Governor Eddie Paul Torres

During these special days of celebration let us all be mindful and give thanks to our Great Spirits for all the gifts of Creation. For all that we have been blessed with to live a good life here on this Mother Earth. May the Great Spirit always guide you and look over you.



Isleta Health Center: PARTNERS IN YOUR HEALTHCARE HOW CAN WE HELP YOU?

HEALTH FAIR 2016

Sponsored by Isleta Health Center

Saturday - October 15th

@ Isleta Health Center 10:00am — 1:00pm BOOTHS * JUMPER * Presentations

- ➤ Learn Common Misconceptions
- Hear about services offered by the Health Center
- ➤ Listen to Presentations by different departments & have a chance to WIN raffle prizes!
- 10:30am-10:50am Medical Clinic
- 11:00am-11:20am How Can PRC Help You?
- 11:30am-11:45am EMS: Our Process
- 12:00pm-12:20pm Medical Records Processes
- 12:30pm-12:45pm Community Health Nursing

For more information contact Stephanie Barela at 869-4479 or sbarela@islclinic.net

2016 Per Capita Distribution

At a duly called meeting, the Tribal Council of the Pueblo of Isleta authorized a 2016 Per Capita distribution for **Pueblo of Isleta Tribal** Members who have been a recognized tribal members for at least one year prior to August 15, 2016. The Per Capita distribution will be in the amount of \$1,000.00 per Tribal Member and will be distributed in one payment. The distribution will be made on Saturday September 24, 2016 from 8:00 am to 12:00 pm at the Pueblo of Isleta New Recreation building. After September 24th, Per Capita checks may be picked up at the Treasury Office located within the Tribal Service Complex Building during the normal business hours of Monday-Friday from 8:00 am to 4:30 pm. Distributions not picked up or requested before December 1, 2016 will be VOID and NO Longer available. Tribal Members that are requesting for their Per Capita check to be mailed or picked up by another individual must provide an Original Notarized Letter to the Treasury Office (copies will NOT be accepted.) The Pueblo of Isleta may withhold up to 100% of this distribution from individuals who have outstanding Tribal Court judgments against them for unpaid housing payments, SCRAM monitors, court fines, child support, civil restitutions, or incarceration bills as of August 12, 2016. Voluntary Tiwa Lending Loans are also subject to withholding per notarized authorization.

LETTER FROM THE EDITOR

Deadline for October Newsletter articles is set for Wednesday, September 21, 2016 at 4:30pm. Articles may be dropped off at the Library or emailed to poi02002@ isletapueblo.com. Should you email your article, expect a confirmation email. If you do not receive a confirmation email, odds are it never made it to me and then it's time to panic, so call Nate at 505.869.9808.

People whom wish to submit an article or flyer are responsible for generating their own article or flyer. Should you need help, please call the Library at 505.869.9808 and set up a date and time to sit down with a Library staff member whom will help you throughout the process. The Library will NOT accept notes dropped off at the Library or information over the phone to generate your article.

Probates need to be published in the Newsletter for two consecutive months. Probates are considered court documents therefore all submitters must provide: 1) Name of Deceased, 2) Date of Deceased 3) Court Case # and 4) Date of Court Date. A Probate form can be found on the Newsletter Archive page at http://www.isletapueblo.com/newsletters.html.

Thank you,

Nathaniel Lujan

Newsletters may be found at the sixteen distribution locations listed below. Remember, Digital copies of the Newsletter may be obtained from the Newsletter archive at http://www.isletapueblo.com/newsletters.html

The sixteen Newsletter distribution locations are:

- 1) The Administration Building (Governor's Office): Receptionist Desk
- 2) Census Office: Receptionist Desk
- 3) Health Center: Receptionist Desk
- 4) Housing Department: Receptionist Desk
- 5) Department of Education: Receptionist Desk
- 6) New Recreation Center: Newsletter Stand
- 7) Old Recreation Center: Front Desk
- 8) Tribal Service Complex: Receptionist Desk9) Tribal Service Complex: I.P.D. Dispatch Window
- 10) Tribal Service Complex: Tribal Courts Window
- 11) Elders Center: Receptionist
- Desk & Lunch Delivery
 12) Head Start: Receptionist Desk
- 13) Library: Newsletter Stand
- 14) Ranchitos Park: Blue Box (see picture for example)
- Old Head Start Complex:
 Blue Box (see picture for example)
- 16) Intersection of Tribal Road 82 & Tribal Road 84: Blue Box



PROBATE NEWS

First Notice - A petition to Probate the Estate of Frances Aragon, deceased March 05, 2005. Case No. PT-090-08, has been filed with the Pueblo of Isleta Tribal Courts. Any person claiming an interest in the Estate may notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. A hearing on the matter is scheduled for Thursday, October 20, 2016 at 10:00 a.m. Claims must be filed in writing with the Isleta Tribal Court Clerk, located at the Tribal Service Complex, 3950 Hwy 47 SE, Building A, Albuquerque, NM. Any questions regarding the matter may be directed to the Isleta Tribal Court Clerk at (505) 869-9699.

First Notice - A petition to Probate the Estate of Alvin Peterson, deceased June 30, 2015. Case No. CV-15-PRO-00103, has been filed with the Pueblo of Isleta Tribal Courts. Any person claiming an interest in the Estate may notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. A hearing on the matter is scheduled for **Tuesday**, October 25, 2016 at 09:00 a.m. Claims must be filed in writing with the Isleta Tribal Court Clerk, located at the Tribal Service Complex, 3950 Hwy 47 SE, Building A, Albuquerque, NM. Any questions regarding the matter may be directed to the Isleta Tribal Court Clerk at (505) 869-9699.

Second Notice - A petition to Probate the Estate of Petra I. Lujan, deceased December 27, 2014. Case No. CV-16-PRO-00048, has been filed with the Pueblo of Isleta Tribal Courts. Any person claiming an interest in the Estate may notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. A hearing on the matter is scheduled for Thursday, August 25, 2016 at 10:00 a.m. Claims must be filed in writing with the Isleta Tribal Court Clerk, located at the Tribal Service Complex, 3950 Hwy 47 SE, Building A, Albuquerque, NM. Any questions regarding the matter may be directed to the Isleta Tribal Court Clerk at (505) 869-9699.

Second Notice - A petition to Probate the Estate of Norman Eugene Piro, deceased January 25, 2007. Case No. CV-16-PRO-00068, has been filed with the Pueblo of Isleta Tribal Courts. Any person claiming an interest in the Estate may notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. A hearing on the matter is scheduled for Wednesday, September 07, 2016 at 03:00 p.m. Claims must be filed in writing with the Isleta Tribal Court Clerk, located at the Tribal Service Complex, 3950 Hwy 47 SE, Building A, Albuquerque, NM. Any questions regarding the matter may be directed to the Isleta Tribal Court Clerk at (505) 869-9699.

Second Notice - A petition to Probate the Estate of Richard Thomas Lente, deceased June 02, 2015. Case No. CV-16-PRO-00073, has been filed with the Pueblo of Isleta Tribal Courts. Any person claiming an interest in the Estate may notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. A hearing on the matter is scheduled for Tuesday, October 04, 2016 at 09:00 a.m. Claims must be filed in writing with the Isleta Tribal Court Clerk, located at the Tribal Service Complex, 3950 Hwy 47 SE, Building A, Albuquerque, NM. Any questions regarding the matter may be directed to the Isleta Tribal Court Clerk at (505) 869-9699.

Second Notice - A petition to Probate the Estate of Mary Rosalie Chiwewe, deceased May 25, 2016. Case No. CV-16-PRO-00066, has been filed with the Pueblo of Isleta Tribal

Courts. Any person claiming an interest in the Estate may notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. A hearing on the matter is scheduled for Wednesday, October 5, 2016 at 10:00 a.m. Claims must be filed in writing with the Isleta Tribal Court Clerk, located at the Tribal Service Complex, 3950 Hwy 47 SE, Building A, Albuquerque, NM. Any questions regarding the matter may be directed to the Isleta Tribal Court Clerk at (505) 869-9699.

Second Notice - A petition to Probate the Estate of Joe M. Trujillo, deceased May 08, 2016. Case No. CV-16-PRO-00067, has been filed with the Pueblo of Isleta Tribal Courts. Any person claiming an interest in the Estate may notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. A hearing on the matter is scheduled for Thursday, October 13, 2016 at 10:00 a.m. Claims must be filed in writing with the Isleta Tribal Court Clerk, located at the Tribal Service Complex, 3950 Hwy 47 SE, Building A, Albuquerque, NM. Any questions regarding the matter may be directed to the Isleta Tribal Court Clerk at (505) 869-9699.

Probates need to be published in the Newsletter for two consecutive months. Probates are considered court documents therefore all submitters must provide: 1) Name of Deceased, 2) Date of Deceased 3) Court Case # and 4) Date of Court Date. A Probate form can be found on the Newsletter Archive page at http://www. isletapueblo.com/newsletters.html Should you have additional questions regarding the Probate process, please call the Library at 505.869.9808 and speak with Nathaniel Lujan.

2016 General Election

OCTOBER 11, 2016 TUESDAY OCTOBER 11, 2016 TUESDAY NOVEMBER 4, 2016 FRIDAY

VOTER REGISTRATION ABSENTEE MAILING ABSENTEE MAILING

CLOSES AT 5:00PM STARTS AT 8:00AM **ENDS** AT 5:00PM

OCTOBER 22, 2016, SATURDAY **EARLY VOTING** NOVEMBER 5, 2016, SATURDAY **EARLY VOTING**

STARTS AT 8:00AM **ENDS** AT 8:00PM

GENERAL ELECTION DAY NOVEMBER 8, 2016, TUESDAY 7:00AM - 7:00PM

TRIBAL RESERVATION EARLY VOTING SITES - Beginning Saturday October 22, 2016

1. ISLETA ELDERLY CENTER, Building 79, Tribal Rd 40, Isleta, NM

OPERATION DATES & HOURS: Saturday Oct 22 – 8:00am to 5:00pm Tuesday Oct 25 – Saturday Oct 29 – 8:00am to 5:00pm

Tuesday Nov 1 – Saturday Nov 5 – 8:00am to 5:00pm

EARLY VOTING SITES:

Beginning Saturday, October 22, 2016

- 1. 98th & CENTRAL SHOPPING CENTER, 120 98th St NW, Suite B101, B102
- 2. CARACOL PLAZA, 12500 Montgomery Blvd NE, Suite 101 3. CENTRAL MERCADO, 301 San Pedro Dr SE, Suite B,C,D,E
- 4. DASKALOS SHOPPING CENTER, 5339 Menaul Blvd NE
- 5. FIESTA DEL NORTE, 6001 San Mateo Blvd NE Suite B-3
- 6. FOUR HILLS SHOPPING CENTER, 13140 Central Ave SE, Suite 1420
- 7. HOLLY PLAZA, 6500 Holly Ave NE, Suite A-6
- 8. LOS ALTOS PLAZA, 4200 Wyoming Blvd NE, Suite B-2
- LOS RANCHOS VILLA, 6601 4th Street NW, Suite K
- 10. BERNALILLO COUNTY VISITOR & CULTURE CENTER, 6080 Isleta Blvd SW
- 11. PETROGLYPH PLAZA, 8201 Golf Course Rd NW Suite D-1
- 12. SOUTH VALLEY MULTI PURPOSE SENIOR CNTR, 2008 Larrazolo Rd SW
- 13. SUN COUNTY PLAZA, 9421 Coors Blvd NW, Suite G & H
- 14. TIJERAS CITY HALL, 12 Camino Municipal Tijeras
- 15. UNIVERSITY OF NEW MEXICO, Student Union Building, Lobo A & B
- 16. WEST BLUFF SHOPPING CENTER, 5201 Ouray Rd NW, Suite D-2
- 17. DESIDERIO CENTER, 117 Tribal Rd 7036, ToHajiilee (Tuesday -Fri 10am-8pm, Saturday 8am-12pm)

OPERATION DATES & HOURS: Saturday Oct 22 - 8:00am to 8:00pm

Monday Oct 24 – Saturday Oct 29 – 8:00am to 8:00pm Monday Oct 31 - Saturday Nov 5 - 8:00am to 8:00pm

17. CLERK'S ANNEX, 1500 Lomas Blvd NW, Suite A - Beginning Tuesday October 11th OPERATION DATES & HOURS: Tuesday Oct 11 - Saturday Oct 15 - 8:00am to 8:00pm

Monday Oct 17 – Saturday Oct 22 – 8:00am to 8:00pm Monday Oct 24 - Saturday Oct 29 - 8:00am to 8:00pm Monday Oct 31 – Saturday Nov 5 – 8:00am to 8:00pm

WHO CAN VOTE? Eligible Voters registered VALENCIA COUNTY VOTERS - Call Valencia County 505-866-2073 for poll sites information QUESTIONS - Bernalillo County Clerk's Office - 505-468- 1291 MESSAGE - POLL WORKERS needed for the General Election, Please call 505-468-1291 option 4 or www.bernco.gov.clerk and apply.



PURCHASED/REFERRED CARE

Please present your PRC referral when you check in for your appointment. Failure to do so may result in billing errors.

> If you receive a bill, bring it to

PRC immediately.

For more information, Call PRC at 869-4488.

Notify Purchased/Referred Care (PRC) within 72 hours of receiving Hospital Emergency or **Urgent Care services!**

FIRST RESPONDERS DAY

official Proclamation By dated July 27, 2016, the Isleta Tribal Council and Isleta Governor proclaimed July 29, 2016, as Pueblo of Isleta Law Enforcement and First Responder Appreciation Day. The Proclamation was read to our First Responders by Lt. Governor Isidor Abeita at the end-of-year Isleta Recreation Center Bar-B-Que and picnic held at the Jose Bartolo Valdez Memorial Park on Friday July 29, 2016. Our First Responders were present and were personally thanked for the enormous sacrifices they make each time they are called out on an emergency call. We need to remember that these are the people we call on to help the



Lt. Gov. Isidor Abeita reading the First Responders Proclamation.

community whenever there is a fire, whether at a home or on our rangeland; to assist our elderly when they have a fall in their home, to transport the sick and disabled to local hospitals; to respond to an automobile accidents, domestic violence cases, and on and on and on. They accomplish these tasks with integrity and respect ever mindful that their lives are on the line. We owe a debt of gratitude to each of our Pueblo's First Responders and this Proclamation is a wonderful way to honor these men and women.

TRIBAL COUNCIL OFFICE



PHONE: 505-869-9746 FAX: 505-869-5276

P.O. BOX 1270
ISLETA NM 87022

PROCLAMATION

WHEREAS, the Pueblo of Isleta is a federally recognized Indian tribe within inherent power of self-government;

WHEREAS, the Pueblo of Isleta provides the following services to this community: law enforcement, emergency medical services, wildland law enforcement, wildland firefighters, a volunteer fire department, and animal control officers which are collectively "Law Enforcement and First Responders";

WHEREAS, the Law Enforcement and First Responders are dedicated to public service and put their lives at risk for the safety and protection of our community and its members: and

WHEREAS, the Pueblo of Isleta acknowledges these brave Law Enforcement and First Responders for the dedication and commitment each has to our community.

THEREFORE, BE IT RESOLVED AND PROCLAIMED, that the Pueblo of Isleta hereby proclaims July 29, 2016, as Pueblo of Isleta Law Enforcement and First Responder Appreciation Day.

THEREFORE BE IT FURTHER RESOLVED that the Pueblo of Isleta supports the efforts.

This Proclamation is hereby executed this $\underline{27^{th}}$ day of July, 2016, at the Pueblo of Isleta, New Mexico.

SIGNED: Isran Chita St. Gov.

Verna Teller, President of Tribal Council

Ulysses Abeita, Secretary of Tribal Council



Lt. Gov. Abeita and members of Isleta's First Responders at the Picnic and Bar-B-Que in their honor.



Smile Ladies! Bernadette Romero, Myra Garro, Jessica Tenorio, and Rochelle Zuni all volunteer to serve at the picnic.



Lt. Gov. Abeita; Ms. Reyes Lucero and daughter, Councilwoman Barbara Sanchez, honoring the First Responders.



Members of Isleta's Volunteer Fire Department after a full round of hot dogs and hamburgers.



Officers Linda Milane, IPD and Darryl Chavez, Wildland Officer grabbing some hot dogs.

Saint Kateri Tekakwitha Comes to Isleta

On a beautiful sunny day in 1656 in a place now called Auriesville, New York, a little baby girl was born to a Mohawk chief and a Catholic Algonquin mother. The Mohawk father called his baby, Sunshine.

In 1660, a smallpox epidemic swept through the Mohawk village and claimed the lives of Sunshine's parents and little brother. Orphaned at age four, Sunshine was adopted by her uncle and aunt. The smallpox affected her eyesight and left her face severely scarred. From that time, the little girl was given the name Tekakwitha, which means one who puts things in order or in place because she had difficulty seeing even for a very short distance before her. To this day she is known by the name Tekakwitha. Besides being left with poor vision she was very frail physically.

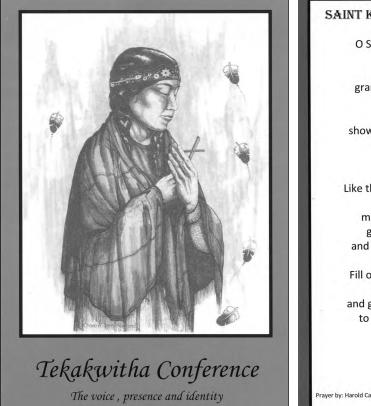
Her village was infested with the smallpox infection so the Mohawks had to relocate on the north side of the Mohawk River to a place, Caughnawaga, Today known as Fonda, New York. It was in this village at the age of 20, Tekakwitha asked for baptism from a Jesuit priest known as Blackrobes. At baptism, she was given the name Catherine, Kateri in the Mohawk language.

Despite the rejection, ridicule and abusive behavior toward her, Tekakwitha pursued her dream. She wanted to know more about the god of the Blackrobes. The Blackrobes recognized her to be unique, prayerful, courageous and strong. To protect and encourage her faithfulness to mass and prayer, the priests helped her to leave her people and make a long tiresome journey north to a place now called Kahnawake where she would be free and safe to practice her faith.

It was in this place that Kateri Tekakwitha was able to deepen her prayer life, attend mass and serve and visit her people. She practiced many devotions and penances which led to her declining health and finally on Wednesday of Holy Week, she spoke her last words, 'Jesus I love you.' On April 17, 1680, at the age of 24, Kateri Tekakwitha returned to her Creator. Shortly after dying, her disfigured face became clear and she was beautiful.

There are many accounts that after her death there were countless miracles performed through her intercession. Many of the sick were cured and many prayers were answered. The formal process for canonization of Kateri Tekakwitha began in 1932. In 1943, Pope Pius XII declared her Venerable. On June 21, 1980 Pope John Paul II beatified Venerable Kateri Tekakwitha and raised her among other blesseds.

In 2006, a young boy, Jacob Finkbonner suffered a life threatening flesh-eating bacterium. There were many prayers through the intercession of Blessed Kateri Tekakwitha prayed among the Kateri Circle members on the Lummi Reservation and also throughout the continent among the Kateri Circle members and of the Tekakwitha Conference. A first class relic of Blessed Kateri Tekakwitha was also placed on little Jake's body while he was still in Seattle Children's Hospital. A long process of investigation took over a number of years. Finally, on December 17, 2011 Pope Benedict XVI approved a first class miracle attributed to Blessed Kateri Tekakwitha. On February 18, 2012, our Holy Father



announced the date of canonization for seven (7) blesseds and among the names was Blessed Kateri Tekakwitha.

of Indigenous Catholics of North America

On October 21, 2012, thousands gathered in St. Peter's Square to witness the words by Pope Benedict XVI that one of our own, Kateri Tekakwitha, member of the Mohawk/Algonquin Nations and Turtle Clan was proclaimed to the world as one of the new Saints in our Holy Mother Church.

May we always keep prayers of praise and thanksgiving in our hearts and lips because we finally have a Saint we can call our own. Kateri Tekakwitha, Native American Saint of North America.

In October 2012, Michael J. Sheehan, Archbishop of Santa Fe, officially established the Shrine of Saint Kateri Tekakwitha in

SAINT KATERI TEKAKWITHA PRAYER O Saint Kateri, Lily of the Mohawks, Your love for Jesus, so strong, so steadfast, grant that we may become like you. Your short and painful life showed us your strength and humility. Grant that we may become forever humble like you. Like the bright and shining stars at night, we pray that your light may forever shine down upon us, giving light, hope, peacefulness and serenity in our darkest moments. Fill our hearts, Saint Kateri Tekakwitha with your same love for Jesus and grant us your strength and courage to become one like you in Heaven. Amen. Pray: One Our Father One Hail Mary One Glory Be rayer by: Harold Caldwel 2225 North Bolton Avenue Alexandria, LA 71303-4408

our Church of Saint Augustine, here in Isleta Pueblo. Governor Torres officially welcomed Saint Kateri Tekakwitha on November 10, 2012.

Isleta Pueblo now has two patron Saints in Saint Kateri Tekakwitha, Feast Day July 14, and Saint Augustine, Feast Days August 28 and September 4.

It is with great pride and reverence that we have accepted St. Kateri into our midst. It has been said that St. Kateri espouses "togetherness." We all should hope and pray that she will bring togetherness among our families here at Isleta for the good of our community and our Church.

Saint Kateri, Pray for us! Saint Augustine, Pray for us!

St. Kateri Circle, St. Augustine Parish (Source: Sister Kateri Mitchell, National Tekakwitha Conference)





Thinking About Quitting

NOT READY TO COMMIT TO A
FULL Quit Smoking PROGRAM?
Take this 1 time, 1 on 1, 90 minute
session to increase your motivation to

Call Stephanie, Health Educator @ 869-4479 to Sign Up Isleta Health Center

PUEBLO OF ISLETA PUBLIC SERVICES DEPARTMENT UTILITIES DIVISION

WHY IS MY SEPTIC SYSTEM BACKING UP?

As you can see in the photo, tree roots can and will find a way into your sewer service lines, septic tanks and leach (drain) lines. This is the number one culprit when reports of multiple "back-ups" of sewage occur. Tree Roots infiltrations can result in the need for service line and/or leach line replacement. Septic tanks have been damaged by the tree roots as well, potentially causing the tank itself to be damaged to the extent it needs to be replaced. This is expensive and can be eliminated by a few simple steps taken by the homeowner.

In order to help prevent tree roots or other damage to your septic system, please read the information below for some guidelines on how to properly care for your septic system. The septic system consists of your service line piping going from the home to the tank, the tank itself and the leach line which allows the "water" from the tank to be dispersed over a large area for treatment. Some systems also have a filter installed prior to the leach line to remove larger particles from the liquid that could block the leach line piping. Due to high groundwater levels, some systems have a "mound" system that includes a pump to send the liquid out to the leach line dispersal area.

- 1. Plant grass or sod in the area around your septic tank and leach (drain) lines. The grass has a short root system that will not harm your tank or leach lines.
- 2. Remove any trees or shrubs that are on or next to your system. Roots from trees can penetrate to a depth of 20 feet and can spread two to four times the diameter of the tree crown the roots will find their way to "moisture" in order to survive, cracking pipes or finding the tiniest entrance into the piping to obtain the moisture.
- 3. Keep kitchen grease such as bacon fat, deep fryer oil, and flour out of your drain lines. This material is not broken down easily and can end up blocking the drain pipes included as a part of your leach lines. Grease/flour will also "clump" inside the septic tank, potentially blocking the inlet portion of the tank and "backing up" the sewer service line into your home.
- 4. Baby wipes, even if flushable, are not good for your septic system. Paper towels, shop towels, sanitary products are all items that will end up in your septic tank. Throw these and other paper products in the trash to keep your tank functioning properly. These items may be bio-degradable but not in an instant it takes up to 120 days.



- 5. Space out laundry loads over the course of the week if possible. An average load of laundry uses 47 gallons of water. One load per day rather than 7 loads on a Saturday makes a big difference to your septic system!
- 6. Septic tanks DO NOT need to be pumped out every month, every six months or annually. The tank should look "full" if operating properly. You should be able to see the inlet piping with the liquid just below the bottom of the pipe. Routine maintenance pumping should only have to be done every two to five years, depending on how heavily it gets used.
- 7. There is no need to "add" anything to your septic system. Rinsing out used yogurt containers or flushing down old expired yeast is beneficial to your septic system. These products have a lot of natural bacteria in them that will not harm anything. There is no need to buy products at the store to add into your system.
- 8. Some septic tanks include have a filter unit installed to help prevent solids from entering the leach line system. These filters need to be removed and cleaned every six months or so. If you are not sure if your system has a filter or you want instructions on how to properly remove and clean the filter, call our office at 869-9782 and request a work order be put in the system for that service.

If you have questions or concerns about your septic system, please feel free to call the office at 869-9782. The office staff is very knowledgeable and can assist you with most issues.

The Utilities Division is pleased to share some great news with all of you. Mr. Kevin Jojola, one of the apprentices, recently obtained his Water I Certification. Mr. Jojola has been with the division for just about one year and is currently studying hard for taking his Wastewater I exam in September. Please congratulate Mr. Jojola on a job well done!

A reminder to all of you to help us find your home when you put in a work order and request a service. Sometimes we cannot locate the home and no call back number was provided. Please make sure your house has an address displayed on it that is easy to see and in good condition. If your home is located "off" the main road, please have some kind of a marker or a mailbox out on the main road that displays your address properly and clearly. Include a phone number when you call in the work order so if there are any questions contact can be made with you for additional information.

The Utilities division staff has been out flushing hydrants to ensure a safe drinking water supply. The Pueblo has approximately 241 hydrants in use throughout the four water systems. Flushing is a necessary portion of maintaining water main lines and causes some temporary water issues. If you notice the water is "dirty" or dark in color, please open up any exterior water faucets or frost frees until this is no longer an issue. Sometimes when we are flushing the main lines to remove any sand or built-up material from inside the pipe, the sand or other material can enter your water service



line prior to being purged from the piping at the hydrant the flushing is occurring at. By opening up any exterior faucets, you will remove the material from your service line. If you have any concerns, please call us at 869-9782 and someone will assist you.

Help Us Keep The Trash Trucks Up and Running

Do not throw yard waste into the trash cans. Yard waste may include rocks, dirt, tree branches/limbs, etc.



Excessive amounts of these items causes damage to the Trash Trucks.

Some yard waste is acceptable if it is **bagged**, such as weeds and bush clippings.

For more information, please contact our office at (505) 869-4106 or (505) 869-9782. Thank you, from the Solid Waste Crew.



Also, as a friendly reminder we ask the following:

- Please do not put ashes (hot or cold) in your trash cart
- · Please bag your kitty litter
- Please have your trash cart out no later than 7:00 am on your trash route day
- Please bag all diapers (children's and adults')
- Please DO NOT overfill you trash carts! For safety reasons, our drivers are not allowed to exit their vehicle to pick up trash bags that are not placed in the cart. Please make sure your lid can close.

DIVISION OF NATURAL RESOURCES PUBLIC SERVICES DEPARTMENT

OFFICE: 505 869-7560 FAX: 505 869-7594

Unexploded Ordnance Education/Outreach Meeting

The Division of Natural Resources has scheduled a public outreach meeting to provide an update to the Pueblo of Isleta Community regarding the on-going unexploded ordnance (UXO) removal projects funded by the U.S. Army Corp of Engineers (USACE). We would like to demonstrate/show the public some of the samples and dangers of ordnance found on the Pueblo. This meeting will better prepare anyone who might encounter a UXO on how to recognize, retreat, and report any UXO findings.

Date: Monday, September 19, 2016 Time: 5:30pm-7:30pm Location: Rio Grande Room -Isleta Resort & Casino Hotel

Agenda:

- 1. Status of Native American Lands Environmental Mitigation Program Work
- 2. Unexploded Ordnance Safety/Reporting Procedures
- 3. Upcoming Projects
- 4. Questions

For more information please contact: Division of Natural Resources at (505)869-9817

WIC Program

World Breastfeeding Week was a success! Thank you to all of the families that celebrated with us on Friday August 12th. We appreciate all of your hard work and dedication.

Thank you to the businesses and organizations that sponsored our event, and for supporting breastfeeding families in our community.

- Isleta Business Center
- Isleta Health Services
- Native American Professional Parent Resources (NAPPR)
- New Mexico Breastfeeding Task Force
- Pueblo of Isleta WIC

September is National Childhood Obesity Awareness Month

1 in 3 children in the U.S. is overweight or obese which can cause health problems throughout their lifetime. Families can get healthier together by:

- Staying active walking, biking, jumping and playing together
- Limiting screen time keep time spent on tablets, video games and watching TV to less than 2 hours a day
- Choose healthy foods increase fruits, vegetables and whole grains while decreasing sugary drinks and packaged foods

Pueblo of Isleta WIC can help!

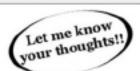
The WIC Nutrition and Breastfeeding Program offers a healthy food package as well as nutrition counseling and information tailored to your family's needs. We know you want your family to be healthy and happy and we are here to support you every step of the way.

Call us at 505 869-2662

Pueblo of Isleta Career Opportunities

Position Posting Location Closing Date RE-ADVERTISED - TRAVEL COORDINATOR, 09/06/2016 Procurement, NEW- ADULT EDUCATION COORDINATOR, Dept. of Education, 09/02/2016 RE-ADVERTISED - IN-HOME CARE ATTENDANT, Elder Center, WITHIN ONLY-08/26/2016 **NEW - SPECIAL EVENTS & COMMUNICATIONS Health Center** 09/01/2016 **ASSISTANT NEW - QUALITY IMPROVEMENT/RISK Health Center** 08/31/2016 MANAGEMENT COORDINATOR, NEW - DENTIST. Health Center, Open Until Filled NEW- CLINICAL APPLICATION COORDINATOR, Health Center, 08/31/2016 **NEW-IRRIGATION TECHNICIAN,** Natural Resources Division, WITHIN ONLY-08/25/2016 AMERICORPS VISTA POSITIONS, POI Elementary School, By Laguna Community Foundation Open Until Filled **BUSINESS MANAGER**, Head Start & Child Care, CARPENTER, Open Until Filled Housing Authority, CHILD CARE PROVIDER, Head Start & Child Care, Open Until Filled CHR VAN DRIVER (Part-Time), Health Center, Open Until Filled CUSTODIAN, Facilities Management, WITHIN ONLY-Open Until Filled DISABILITIES COORDINATOR, Head Start & Child Care, Open Until Filled DESPATCHER, Police Department, Open Until Filled EMT-INTERMEDIATE (2 positions), Health Center, Open Until Filled EMT PARAMEDIC (PRN/Occasional), Health Center, Open Until Filled FACILITIES COORDINATOR. Head Start & Child Care, Open Until Filled FITNESS INSTRUCTOR, Open Until Filled Recreation Center, Housing Authority, HVAC TECHNICIAN, Open Until Filled HOME VISITOR, Head Start, Open Until Filled Isleta Pueblo Housing Authority, Open Until Filled LABORER, LIFEGUARD (2 Positions), Open Until Filled Recreation Center, LIFEGUARD (4 Positions-Summer Hire), Recreation Center, Open Until Filled Open Until Filled Recreation Center, LIFEGUARD (4 Positions 30 hr wk), LIFEGUARD (Regular Part-Time, Recreation Center, **Continuously Accepting Applications** Health Center, NURSE EDUCATOR, Open Until Filled Open Until Filled PC TECHNICIAN II, Health Center, PERSONAL CARE, SERVICE AIDE, Elder Center, **Continuously Accepting Applications** PHYSICAL THERAPIST, Health Center, Open Until Filled Housing Authority, PLUMBER, Open Until Filled RANCH HAND (Seasonal), Comanche Ranch, WITHIN-**Continuously Accepting Applications** REGISTERED NURSE, Health Center, Open Until Filled SERGEANT - POLICE, Police Department, 08/29/2016 TEACHER - COMPUTER, POI Elementary School, Open Until Filled TEACHER-ELEMENTARY SCHOOL, POI Elementary School, **Continuously Accepting Applications** TEACHER HEAD START, Head Start & Child Care, Open Until Filled TEACHER II-EARLY HEADSTART Head Start & Child Care, Open Until Filled TEACHER - MENTOR HEADSTART Head Start & Child Care, Open Until Filled TIWA LANGUAGE INSTRUCTOR, Head Start & Child Care, Open Until Filled VETERAN SUPPORT SERVICE PROGRAM MEMBER, Elder Center, Open Until Filled UNEXPLODED ORDNANCE/HZMAT Natural Resources Division, 08/29/2016 WILDLAND FIRE SQUAD BOSS, Natural Resources Division, 08/29/2016

Suggestions or Comments?



PUEBLO OF ISLETA HEALTH CENTER

Health Education Department

Do you want to learn about certain health topics?

Do you see a need in the community for a certain type of training?

Please let your local Health Educator know!

Stop by the Isleta Health Center and drop your health training topic suggestions or comments in the "Suggestions, Comments or Complaint Box" located inside the main entrance (on your right as you enter).

Or, you may e-mail me at sbarela@islclinic.net



Isleta Health Center

Health Educator, Stephanie Barela @ 505-869-4479

Purchased/Referred
Care provides a
referral for 1 visit
at a time.

Questions?

Questions? Call PRC at 869-4488

PRC

Patients are responsible for notifying PRC of any follow up appointments, continued or referred care, or any additional procedures the specialist may recommend.

Please provide as much notice as possible to allow us to enter the information, request the orders, and mail out to you prior to your appointment.

Questions? Please call 869-4488

Pueblo of Isleta Higher Education Program

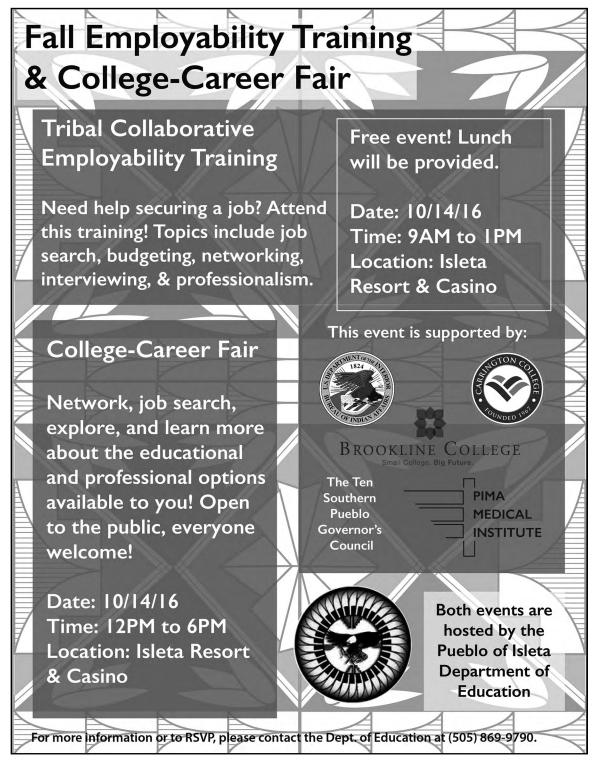
FASFA Free Application for Federal Student Aid

Please accept this as official notification effective immediately. Raymond Archibeque will no longer be providing assistance to complete vour FASFA. Mr. Archibeque was employed by the New Mexico Educational Opportunity Center (EOC). Unfortunately, their funding to continue providing services was denied causing this office to close their doors. If you have not completed your FASFA we strongly urge you to contact your financial aid office at your prospective institution. We will be reaching out to partners in attempts to continue providing this service. We will keep you informed.

Program File Review

We are providing review of your files to ensure adequate academic progress of current active students. We may be requesting additional supportive documents for your files.

We will contact you via e-mail.







Pueblo of Isleta Public Library

With summer coming to an end, the warm weather is slowly disappearing and school in full swing, please remember to slow down at the school zones and turn off your phones. Pokémon Go can wait. We at the Library have created exciting Library programs to share with you that fit the seasonal changes and upcoming holidays. Our calendar is slowly filling up with programs for adults, teens and children. Be sure to visit the Library, our Website and our Facebook Page and see what you can sign up for.

News

The Library will be closed on Saturday September 3rd and Monday, September 5th in observance of Labor Day. All Library material checked out Thursday September 1st will be due on Tuesday September 6th.

The Library will be having our monthly staff meeting on Wednesday, September 7th. We usually close on days of our staff meetings but we will remain open for this meeting. We will be discussing upcoming programs. Should you have any program ideas you would like to share with us please let us know! We like hearing your feedback and ideas for programs and service improvements.

Recently we had some confusions and about miscommunications borrowing ("checking out") privileges. As a friendly reminder to our Library patrons, you must be present to check out Library Material. You cannot have someone else check out for you. We do not put any holds on Library Media, which is a first come first serve basis. Also you must have your Library card when you are checking out. We apologize for any miscommunication this may have caused. Our General Policies can be found in the Library and on the Library website. We also have them available at the front desk if you wish to take one home. Thank you for your understanding.

What is Lynda.com? Lynda.com is an Online Training site with tons of computer training opportunities. You can watch videos at your own pace using the tools provided to learn a wide range of programs such as Microsoft Word, Excel, Power Point, iMovie on the Mac and Photoshop just to name a few. The Library has purchased 5 licenses for our patrons to use. Use your Library card number and password to login to Lynda. com. The link can be found on the Library's website. Click on the "Start Learning, Click here" button and you will be directed to the Lynda.com page. If you have any questions about this service or would like help using it please come by the library or give us a call at 505-869-9808 and we will be happy to assist you.

If you would like extra help on the computers or would like help in a specific area such as making a flyer, card or working on iMovie. The Library staff is here to help! Book a Librarian is a free service offered to all our patrons. We will do our best to help you understand and learn something new. Phone help, tablets, iPad and iPod help, Microsoft word and much more are just a few examples of what the Library staff can help you with. Give the Library a call to set up a date and time which will best work for you.

Halloween is just around the corner! Last year the Library hosted a Haunted House based on the Goosebumps Movie. This year we have a Haunted House in the works and are excited to announce that our Haunted House will be on Saturday



Nate snapping a picture of NALSIG while the others are busy being Librarians.

October 29th. Last year as we planned and hosted the Haunted House we did not expect to have the amount people attend! We had approximately 300 people enter the haunted house with some who repeatedly came in. We are planning to make this year's haunted house a little scarier and more exciting with a theme that is sure to give you the spooks. We hope you all plan to join us with your friends and family! We are not responsible for making kids, teens, or adults cry.

Upcoming

Join us every Monday at 10:30am for Family Story Time. Diane will read a book and do a small activity with the families and children whom attend. Family Story Time is geared towards children ages 16 months to 5 years old but everyone is welcomed! No sign up is required. For more information on the book and activity for that day please call Diane at the Library 505-869-9808.

Harry Potter Book Club-Chamber of Secrets starting Monday, September 12th ending Thursday September 30th from 5:30pm-6:30pm. Great News! The Harry Potter Book club will now be open for Adults and ages 9 years old and up. This is book two of the Harry Potter series. This program was requested by the children of the past book club who were excited to hear that Kyle was going to continue the Harry Potter Adventure. There will be 10 open spots available for sign up. Please call Kyle at the Library at 505-869-9808 or email at poi02007@isletapueblo.com.

Scooby Snacks September 20th from 5:00pm-6:30pm. In celebration of Scooby Doo's Birthday month in September the Library will be making Scooby Snacks for you and your dog to enjoy. Valeri will show you simple ingredients to make a dog treat with as well as make a treat for yourself. This program is open to the first 10 patrons. Call the Library and speak with Valeri to sign up 505-869-9808 or by email at poi02009@isletapueblo.com.

DIY Bath Bombs and Facial Scrub Thursday, September 22nd from 5:30pm-6:30pm. Treat yourself to a DIY spa treatment at home. Cheyenne will show you how to make your own facial scrub and bath bombs. This is open to the first 10 patrons 13 years old and up. So grab your significant other or your BFF and sign up for this program before it fills up. Call the Library at 505-869-9808 or email Cheyenne at poi02008@isletapueblo.com.

State Fair Food Program- September 28th from 5:00pm-6:30pm. Did you miss out on tasting deep fried Oreos at the State Fair? Forgot to grab a funnel cake on the way out of the fair? Join us as we make our own Funnel Cakes and Deep Fried Oreos at the Library. We will learn how to use a fryer and taste the fried yumminess! This is open to the first 10 adults to sign up. You may call the Library and speak with Tara for more information or to sign up call 505-869-9808. You may always drop her an email at poi02005@isletapueblo.com.

Teens 13 years old and up! We have a program just for you. We will be taking 10 students to the New Mexico Slaughter House on October 14th. What do you have to do? Come to the Library and read 4 scary stories from our collection of ghost story books. After you are done you must write 4 synopsis or summaries of what you read and submit to Christino. Scary stories must come from the Pueblo of Isleta Public Library's book collection. The NM Slaughter house is one of the scariest haunted houses in Albuquerque. You can turn in your synopsis starting September 19th. If you have any questions please call the Library and ask for Christino 505-869-9808.

Recap

The Pueblo of Isleta Public Library was a host for the Native American Special Interest Group (NALSIG) meeting which was held on August 5th. Tribal Libraries from all over the state were in attendance. Zuni, Laguna, Sandia, San Ildefonso, Tesuque Pueblo, State Library and many more joined us as we discussed Library Programs and grants and budgets and annual reports that were due. We also discussed the upcoming election and the importance of voting for Bond B which provides support for New Mexico Libraries. We would like to thank you in advance for supporting the Library and its efforts to provide programs and services for the community for free.



The Library on location at a Pokéstop with some fun for Sunset Hills during the Pokémon Go event.

On August 12th the Library hosted a Pokémon Go event which took place in the Sunset Hills neighborhood. Library staff members Cheyenne and Kyle welcomed Pokémon Go trainers from different teams and prepared for the Pokemon Hunt. After walking around the neighborhood they retreated back to the Library gym to battle each other with the newly captured or evolved pokemon. The Library provided pizza and Pokémon themed cookies and cupcakes. They ended they program smashing a Poke ball piñata.

On August 31st Library staff member Christino hosted a BBQ program where 10 patrons learned how to make dinner in foil. He also showed them how to make a homemade BBQ sauce to put on your chicken as it is on the grill. The participants had a fun time taking this opportunity to share some grilling secrets and sharing some recipes.

Pueblo of Isleta Public Library Hours of Operation:

Library Hours

Mon-Thurs - 8:00a.m. - 6:30p.m. Friday - 8:00a.m. - 4:30p.m. Saturday - 9:00a.m. - 1:00p.m.

Closed on Sundays, all federally recognized holidays and also Isleta traditional Holidays. Please contact library for more information on closures.

Mailing and Physical Address: 50 Moonlight Drive Albuquerque, NM 87105

Phone: 505-869-9808 Fax: 505-869-8119

Email: poi02002@isletapueblo.com

Facebook Page:

www.facebook.com/IsletaPuebloLibrary

Web Address:

www.isletapueblo.com/library2.html

YouTube:

www.youtube.com/user/poilibrary

Pinterest:

www.pinterest.com/poilib



FAMILY STORY TIME

The Pueblo of Isleta Public Library invites the Whole Family to join us for weekly Family Story Time.

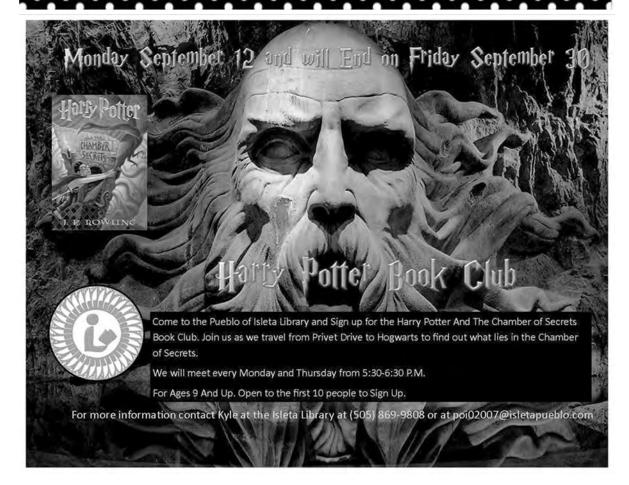
Aimed at children ages 16months-5 years!

Family Story Time is a free service of the Pueblo of Isleta Public Library. It's a fun opportunity for parents and caregivers to introduce their children to reading and language. At our Family Story Time, children will do activities (puppets, fingerplays, songs, and crafts) that promote development and learning. Family Story Time is designed for parents or caregivers to participate with their children.

No sign up required! See you there!

EVERY MONDAY AT 10:30AM

Questions? Please call Diane at the Library 505-869-9808







UNITED WE RUN TO BE

"DRUG FREE" 25th Annual Multicultural Red Ribbon Relay Run

Isleta Relay Run Schedule

09/07/16

09/08/16

Bernardo

Isleta, St. Augustine Church Bataan Park, Alb.

Isleta, St. Augustine Church

09/09/16

Red Ribbon Run will conclude @ State Fair Grounds (Indian Village, Gate 3) from Bataan Park

DEPARTURE TIMES:

Any Interested Runners!

Contact Isleta Behavioral Health

(2) (505) 869.5475 by Sept. 2nd.

Wednesday, Sept. 7th: Meet @ IBHS by 6:00, departure to Bernardo 6:15.
Thursday, Sept. 8th: Meet @ IBHS by 7:00, departure to Church 7:15.
Friday, Sept. 9th: Meet @ IBHS by 9:45, Otherwise, All runners convene @ Bataan Park 10:45.





25th ANNUAL MULTI-CULTURAL RED RIBBON RELAY RUN

"UNITED WE RUNTO BE DRUG-FREE"

September 7-9, 2016

RUNNERS REGISTRATION FORM

Name:	Age:
Address:	
	ommunity:
Male () Female () T-S	hirt Size:
Thursday,	, Sept. 7, 2016 – Bernardo/Belen to Isleta Church Sept. 8, 2016 – Isleta Church to Bataan Park ot. 9, 2016 – Bataan Park to Fair Grounds
YesNo - I give Isleta Behavior photo for use in the monthly Pueblo ne	ral Health Services authorization to take and use my wsletter.
List Any Medical Problems:	
*****	*****
WAIVER O	OF RESPONSIBILITY
Isleta Behavioral Health Services / The	rights for damages I may have against the Pueblo of e State of New Mexico / MCRR Planning Committee oating Agents for all injuries sustained by my
Participants Signature	Date
Parent / Guardian Signature if under	18 Date

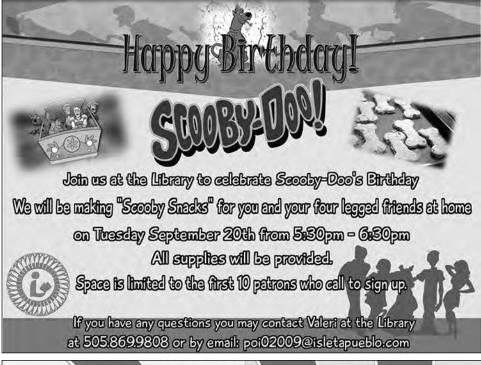


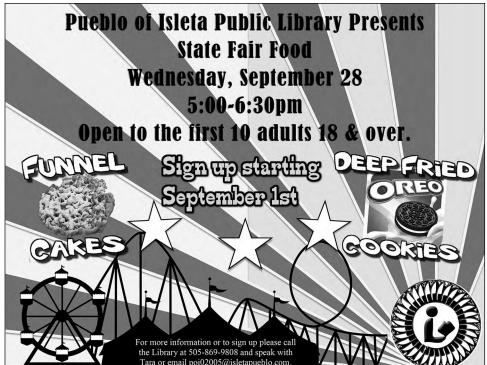
PLEASE READ YOUR APPOINTMENT LETTER ATTACHED TO YOUR REFERRAL CAREFULLY. IT HAS A LOT OF GOOD INFORMATION TO GET YOU TO YOUR APPOINTMENT ON TIME.

QUESTIONS? CALL 869-4488.









2016 Karate Camp

This team along with others from the Albuquerque area attended the 2016 Karate Camp. The Isleta Recreation Center and Mr. Clarence Chavez saw an opportunity for our martial artists to participate in the training of several styles of martial arts, (Nihon Jujitsu, Kobudo, and various styles of karate). They were also trained by a special guests black belts from the FBI, New Mexico Woman's Correctional Center, and 9th degree black belt among others. The two days of training seminar classes were broken into beginners and advanced martial artists with varying degrees of level difficulty.



Students from the Isleta Recreation Center Karate program with their instructor Mr. Clarence Chavez in the center.



Pictured: Front Row L-R: S. Jaramillo, R. Price and C. Cherino Back Row L-R: M. Cherino, M. Price, Sense Clarence Chavez, Shihan Ray Barrera, Sense Jeff Reisinger, and J. Coley.



Mr. Barrera defending an attack from C. Cherino prior to illustrating a Judo wrist grab.



Karate includes self-defense against a weapon with a weapon. M. Price deflects an attack from a knife, while cutting the Albuquerque student's ribs with a knife in his right hand.



Karate includes the use of weapons for protection. C. Cherino is defending herself with a use of a knife while J. Coley throws a punch. Meanwhile 8th degree black belt John Riddle observes.



Training in Karate must include defending against a weapon. R. Price orange belt, defending himself from a knife attack from S. Jaramillo yellow belt.

ATTENTION!!

WANNA GET IN SHAPE?

"The first step to reaching progress in your fitness level is to create a base of aerobic fitness From Spinning News

What a better way to reach your fitness progress and goals than to join a Spin class?

Motivation, endurance, a challenge, a healthy heart, speed, and just a GREAT workout are things that Spinning will assist you with!

COME-ONE-COME-ALL! Spinning
is for everybody!
Get measured for a bike! Challenge
yourself!
COME during lunch!

Beginners, no worries, this class is a great kick-start to a great healthy lifestyle.

Feel you are *advanced*? Spin will challenge ALL!
It's all up to you!

"I believe that true success is within reach when we, as individuals, begin to reshape how we see ourselves and the world."
By Luciana Marcia-Vincion, Spinning Master Instructor



Karate Do also includes Judo wrist techniques. M. Cherino is illustrating how to defend against an attack using a twisting wrist technique on a student from the Albuquerque school with 9th degree black belt Ray Barrera observing.

Isleta Elder Center: September 2016

As the end of the summer season quickly approaches, there are many new and exciting fall events that will be taking place at the Isleta Elder Center in September 2016. These events include a Pottery Mold Giveaway, N.I.C.O.A. Aging Conference, Enhance Fitness Program, and much more. With the weather changes and summer rains on the rise, we would like to remind everyone to stay safe and be mindful of their surroundings as these types of weather changes can create tripping hazards around homes or walking areas.

Free Pottery Molds Giveaway: Starting September 8, 2016

The Elder Center is looking to giveaway FREE Pottery Molds to Isleta community members beginning on September 8, 2016. We have a large storage container full of pottery molds ranging in various styles & sizes being offered to all community members free of charge. Community members are responsible for the pickup & hauling of their selected molds as the Elder Center will not provide these services. This event is on a first come, first served basis. This is a great offer for anyone who may be interested in pottery making as hobby or pottery business opportunity.



POI Animal Control – Dog Safety Awareness



Elder Dog Safety 2016

N.I.C.O.A. Aging Conference - Niagara Falls, NY: September 12 – 16, 2016

The National Indian Council on Aging, Inc. (NICOA) is a 501(c)(3) not-for-profit charity founded in 1976. Their mission is to advocate for improved comprehensive health, social services and economic wellbeing for American Indian and Alaska Native (AI/AN) Elders. NICOA provides testimony before federal, state and tribal policy makers on behalf of older Native Elders. NICOA represents over 484,502 American Indian and Alaska Native Elders 55 years and older across the United States and Alaska.

The conference is the Elders' forum; the place to voice concerns and to receive up to date information and resources to



2016 Senior Olympic Dinner

help Elders age at home and in their own communities. NICOA works closely with the U.S. Department of Health and Human Services and the Department of Labor to advocate for grant funded programs and services such as Title VI Services for Native Americans (OAA Title VI), Indian Health Services, Medicare/Medicaid, Social Security, Senior Community Service Employment Program and others.

Keynote speakers from federal, state and tribal programs and departments will be present to provide program updates and listen to the aging needs of AI/AN Elders. Informational workshops are provided by service providers and Aging Network professionals with the experience in providing services to AI/AN Elders. The workshop sessions include caregiver support, health, nutrition, transportation, disease prevention, Long Term Services and Supports, employment and training, financial assistance, and much more. Members of the Isleta community, Advisory Committee, and Elder Center Management Team will be attending this year's conference.

Enhance Fitness Program: Starting September 19, 2016

During the month of September the Elder Center in collaboration with the Recreation Program will begin to offer a specialized exercise program for older adults through the New Mexico Senior Olympics Office called Enhance Fitness as well as offer a scheduled swimming pool session weekly. A full hour of fun, Enhance Fitness focuses dvnamic cardiovascular strength training, balance, and flexibility — everything older adults need to maintain health and function as they age. Enhance Fitness will be offered 3 times a week in the New Recreation Center Gym and is a great opportunity for adults 50 & older in our community looking to get started with an exercise program.

Upcoming Activities: September

September 5: Elder Center Closed – Labor Day Holiday

September 7: Staff Meeting

September 8: Catholic Mass

September 12 & 27: Commodity Dates

September 20: Afternoon at Isleta Eagle Golf Course Driving Range

September 21: Friendship Breakfast & General Meeting: Computer Basics w/Eugene Jojola & AARP Medicare Presentation



2016 Senior Olympic Cake

September 23: Afternoon Movie Showing

September 27: Afternoon Bingo

September 28: Elder Health discussion with Dr. Cumby & Dr. Lil

September 29: Advisory Board meeting September 30: Afternoon Dance with "In The Highest" Band

Please note that the listed events are subject to change. If you have any questions about any of the upcoming events please contact the Isleta Elder Center at (505) 869-9770.



- ⇒ PRC will assist with payment for medical services only.
- ⇒ PRC does not coverDurable Medical Equipment (DME) like Orthopedic braces, crutches, wheelchairs, hospital beds.
- ⇒ PRC does not cover Labs at other facilities.
- ⇒ PRC does not cover pharmacy, rehab services or long term care facilities.

Call PRC for more information. 869-4488

8003



Adult Day Services Activities ADS Participants ONLY - September 2016

Mon	Tue	Wed	Thu	Fri
September Birthday Mr. Chapa September 28th	September Commodities September 12th & 27th	*Calendar Subject to Change *For more information Call Emma Abeita or Nicole Abeyta @ 869-9770	1) 10-12 Paint Pottery 1-3 Continue w/ Pottery	2) 10-2 Field Trip Wal-Mart & Lunch Walmart Save money. Live better.
5) Closed For Labor Day LABOR DAY	6) 10-12 Crafts for Arts & Crafts Fair 1-3 Continue w/ Crafts	7) 10:30-2 Field Trip 5 Sandoval Food Distribution & Lunch	8) 10-12 Crafts For Arts & Crafts Fair 1-3 Continue W/ Crafts	9) 10-12 Chile Roasting & Chile Eating 1-3 Nickel Bingo
12) 10-12 End of Summer Wreaths 1-3 Continue	13) 10-11 Morning Walk 11-12 Picture Frames 1-3 Continue & Finish Frames	14) 10-12 ADS Choice 12-3 Open Activity	15) 10-11 Clothes Pin Crosses 1–3 Continue w/ Crosses	16) 10-12 Make Lanyards 1-3 Continue w/ Lanyards
19) 10-12 Paint Pottery 1-3 Continue w/ Pottery	20) 10-11 Chair Exercises 11-12 Crafts for Arts & Crafts Fair 1-3 Continue w/ Crafts	21) 10-11 Morning Walk 11-12 Paint Pottery 1-3 Continue w/ Pottery	22)9-10 Friendship Breakfast 10-12 General Meeting 1-3 Card/Board Games	23) 10-12 Open Activity 1-3 ADS Choice
26) 10-12 Water bottle night Lights 1-3 Continue w/ Lights	27) 10-11 "Hoarding Presentation" 11-12 Plastic Canvas 1-3 Plastic Canvas Activity	28) 10:30-3 Field Trip Isleta Casino & Resort Bingo Matinee	29) 10-11 ADS Choice 11:30-3 ADS Closed	30) 10-12 Sun Catchers 1-3 Popsicle stick earring Holders

September 2016

Isleta Elder Center Menu

September 2016		isieta Eider Center Menu		
•			9/1/2016	9/2/2016
f you know that you will not be home, please call to cancel your home delivered meal. This saves on time and money. We kindly ask for 24 hours notice on cancelled meals.	Congregate meals age 55+ free of charge. Persons ages < 55 the suggested donation is \$5.00 however any donation is appreciated.		Chicken Strips 3 oz chicken and 1 grain eq Steamed Cauliflower 1/2 c Roasted Red Potato 1/2 c Corn Bread = 1 grain eq Fresh Fruit BBQ Sauce 2 oz	Tuna Salad Sandwich Tuna 3 oz, Bun = 56 g Celery Sticks 1 c Carrot Salad 1 c Fresh Fruit
9/5/2016	9/6/2016	9/7/2016	9/8/2016	9/9/2016
LABOR DAY Elder Center Closed	Beef Stroganoff over Noodles 3 oz beef, egg noodle 1/2 c Country Veggies 1 c WW Bread = 26 g Fresh Fruit	Bean and Cheese Burrito Bean 1 c (M/MA) Shred cheese 1 oz. 9" Tortilla California veggies 1 c Fresh Fruit Staff Meeting 12:30	Salisbury Steak w/brown gravy Chopped beef steak 3 oz Brown gravy 1 oz Mashed Potato 1/2 c Brussels Sprouts 1/2 c WW Dinner Roll = 56 g Fresh Fruit	Turkey and Potato Bake Diced Turkey 3 oz, Sliced Potato 1/2 c Peas/Carrots 1/2 c Biscuit = 56 g Fresh Fruit
9/12/2016	9/13/2016	9/14/2016	9/15/2016	9/16/2016
Macaroni Stew 3 oz g.beef, elbow pasta 1/2 c Stewed tomato in stew 1/2 c Mixed Veggie 1 c 6" WW tortilla = 31g Fresh Fruit	Cheese Burger Burger patty 3 oz, sliced cheese .5 oz WW Bun = 56 g Lettuce/Tomato 1/8 c Roasted Red Potato 1/2 c Fresh Fruit	Smothered Breakfast burrito 1 c scrambled egg, 1 oz cheese, diced ham 1 oz, potato 1/2 c Red chile sauce 1/2 c Mixed vegetables 1/2 c Fruit crisp = 1/2 c fruit	Hot Roast Beef Sandwich Beef 3 oz, WW Bread 24g Gravy 1 oz Mashed Potato 1/2 c Vegetable Medley 1/2 c Rice and raisins = 1/2 c fruit and 1 grain eq	Green Chile Stew 3 oz pork, 1/2 c potato Green Chile in Stew 1/4 c Winter Veggie 1/4 c Biscuit = 56 g Fresh Fruit
9/19/2016	9/20/2016	9/21/2016	9/22/2016	9/23/2016
Meatloaf 3 oz ground beef	Chicken and Rice Soup	Pork tamale w/red chile	Sloppy Joe on WW Bun	Chef Salad w/ ranch
Mashed Sweet Potato 1/2 c	3 oz diced chicken, 1/2 c rice	2 oz pork in tamale, 1 oz pork in chile	3 oz g.beef or turkey	Diced Ham 2 oz
Brown Gravy 1 oz California Veggies 1/2 c WW Roll = 56 g Fresh Fruit	Red chile 1/2 c Mixed veggie 1 c WW Crackers 24 g Fresh Fruit	1/2 c red chile, =1 grain eq Black bean salsa 1/2 c 6" WW Tortilla Fresh Fruit	WW Bun = 56 g Steamed Carrots 1/2 c Sloppy joe mix 1/2 c Baked apple w/cinnamon 1/2 c	Shred Cheese 1 oz, Salad 1 c Cherry tomato 1/2 c Cucumber 1/2 c Garlic Bread stick= 56 g Croutons - 1 oz Fresh Fruit
9/26/2016	9/27/2016	9/28/2016	9/29/2016	9/30/2016
Spaghetti w/Meat Sauce 3 oz G.beef, 1/2 c WW noodle Marinara sauce 1/2 c Green Beans 1/2 c Garlic Bread = 24 g	Ham and Cheese Sandwich Ham 2 oz, Sliced Cheese 1 oz WW Bun = 56 g Potato Salad 1/2 c Carrot Sticks 1 c	Turkey Franks Frank 3 oz, Bun = 56 g Baked Beans 1/2 c Chuckwagon Corn 1/2 c Red Apple	Pork Posole Diced Pork 3 oz, Hominy 1/2 c Red chile 1/4 c Mixed Veggies 1/2 c Biscuit = 56 g	Chicken Fajita 2 oz chicken Shred cheese 1 oz, Fajita Veggie 1/4 c Yellow squash 1/2 c Refried 1/2 c 2 ea 6" WW Tortillas
Fruit Cup = $1/2$ c	Fresh Orange		Fresh Fruit	Fruit Cup 1/2

Isleta Head Start & Early Head Start

NOW ACCEPTING APPLICATIONS

For the 2016-2017 program year!!

**Head Start applications are accepted for children ages 3 years (as of August 31, 2016) up to 5 years of age

**Early Head Start applications are accepted for families that are Prenatal up to age 30 months

Early Head Start Center-Based option can accept children as early as 3 months (classroom age assignment may vary dependent upon the need demonstrated by applications received)

Early Head Start Home-Based option assigns a Home Visitor to each family who provides weekly activities, education, & support in the home. This option is open for Expecting Mothers and children up to 3 years of age.

**The following items are *needed* to fill out an application:

- √ Tribal Identification w/CIB #

 (REQUIRED if residence is outside the reservation)
- √ Proof of Residency(New Mexico Driver's License,Utility Bill,

Government/Tribal ID)

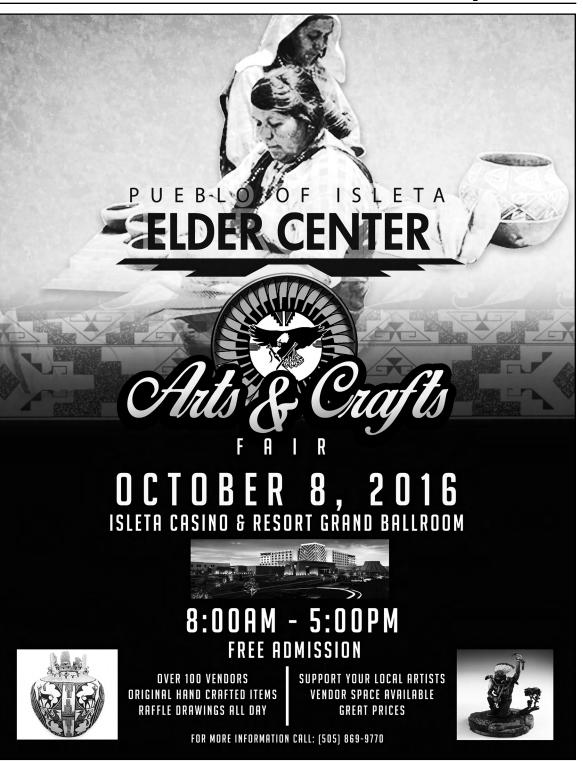
- √ Proof of income for previous 12 months (Such as: Public Assistance Award Letter, 2015 tax forms, W-2's, paystubs for last 12 months, etc.)
- ✓ Proof of Child's Birth (State issued Birth Certificate, CIB
 Letter, Baptismal Letter)
- A copy of your child's IFSP/IEP (if applicable)
- √ For Prenatal option, Pregnant

 Mothers need to provide proof

 of pregnancy

Please do not delay, call **869-9796** and schedule your application appointment today!

There are still slots available for the HEAD START program. Please make an appointment to complete your child's application ASAP as program staff will have limited availability to take applications during the month of August due to Professional Development training.



Native American Organic Farm Training Program



Be one of the new Native American farmers to enjoy organic certification!

- Reap profits! Increase customers!
 - Assure your farm is sustainable!

Free Organic Certification Sessions

[making it easier to gain the valuable USDA organic certification label]

Pueblo of Isleta Casino, VIP Overlook Room September, 27, 4-6 PM OR September 29, 4-6 PM

RSVP

Phone, Text, or Email - Raphael Nevins **505.463.3152**

healthyfuturesinc@gmail.com

Hosted by Healthy Futures Inc

Health Beat

Stephanie Barela, Health Educator @ 869-4479

7 MORE Cancer Warning Signs You Should NEVER Ignore

- UNUSUAL VAGINAL BLEEDING
 - ❖ Are you bleeding and it is not part of your usual period?
 - Have spots on your skin changed size, shape or color?
 - . Do you have a spot that looks different than the other spots on your body?

This could be caused by many things, but tell your doctor if you're bleeding between periods, after sex or have bloody discharge. Also, talk to a doctor if you have already gone through menopause and you are bleeding.

MOUTH ISSUES

* Do you have white or red patches or sores in your mouth?

See your doctor if these sores/patches don't heal after a couple of weeks, especially if you smoke. Also look for a lump in your cheek, trouble moving your jaw, or mouth pain.

WEIGHT LOSS

❖ Have you lost 10 or more pound without trying?

See your doctor if you have lost weight and you haven't changed your eating or exercise habits. This could be stress or a thyroid problem, but it is not normal to lose more than ten pounds without even trying. It could be the first sign of cancer of the pancreas, stomach, esophagus or lung.

- FEVER
 - . Do you have a fever that won't go away?
 - . Does your fever have no obvious cause?

See your doctor. Sometimes it is just a sign that your body is fighting an infection or a side effect of some medicines, but if it won't go away and you can't seem to find a reason why you have it, it could be a sign of a blood cancer, like leukemia or lymphoma.

HEARTBURN or INDIGESTION

- ❖ Do you have a burning feeling in your stomach or indigestion that will not go away?
- ❖ Do the changes you made in your habits to decrease your indigestion not seem to be helping?

Often times, people get heartburn or indigestion due to diet or stress, but if your lifestyle changes don't seem to help decrease these symptoms your doctor might want to do some tests to look for a cause. It could be a sign of stomach cancer.

FATIGUE

* Are you extremely tired all the time and rest doesn't seem to help?

Talk to your doctor if you feel very tired all the time and it doesn't help when you rest. Several things can make you tired and many of them are not serious, but fatigue is one early sign of some cancers like leukemia. Some colon and stomach cancers cause blood loss that you can't see, which can make you feel very tired.

TROUBLE SWALLOWING

❖ Do you have a hard time swallowing?

It could be a common cold, acid reflux or even some medicine that can make it hard to swallow once in a while, but if it doesn't get better with time or antacids, see you doctor. This can also be a sign of throat or esophagus (pipe between mouth and stomach) cancer. Doctors can do exams



We would like to kindly remind all of our patients and visitors that the area directly in front of the Isleta Health Center is at all times **designated for the pick-up and drop-off of patients ONLY**. Further, this area must also be clear for Emergency Medical Services, if needed.

If you are visiting us for any other reason, such as to pick up prescriptions, referrals, or eye glasses please use the available parking spaces for your business at the Health Center. Your cooperation is very much appreciated.

Thank you,

Isleta Health Center Safety Committee

St. Augustine Parish Isleta Pueblo Ministry of Consolation



MISSION STATEMENT

We are a ministry of consolation at St. Augustine Parish to offer spiritual comfort and support to families who have experienced the loss of a loved one. We will continue to honor and respect our traditional teachings.

OBJECTIVES:

- 1. To assist our spiritual leader in Christ with his duties to render pastoral care and/or services.
- 2.To assist families with hospitality and Christian fellowship after the liturgy and burial services when requested.
- 3. The bereavement group will offer informal continuing support.

With Sympathy
"In times of sorrow God's quiet waters
of hope and courage flow"



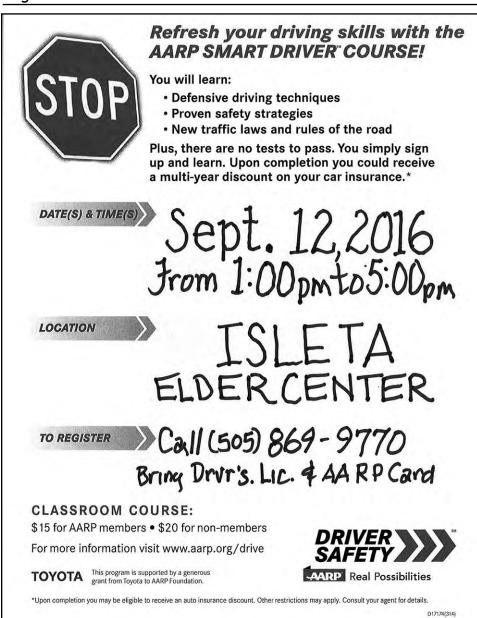
Isleta Health Center

NOTICE:

Proof of Eligibility for Services

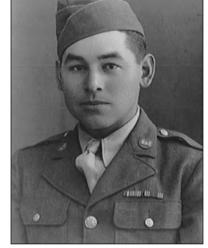
Isleta Health Center is federally funded and provides health services to persons of Native American descent. Proof of Native American descent must be maintained in our patient files as evidence of eligibility for services. Common forms of evidence include a valid Certificate of Tribal Enrollment, a Tribal Membership Card, or a Certificate of Indian Blood.

A recent audit of patient records revealed that the Health Center is not in full compliance with this federal requirement and must take the necessary actions to correct the matter. As a result, letters are being sent to patients whose accounts do not have a copy of their tribal enrollment verification on file. We ask for your help by providing a copy of your Tribal Enrollment Certificate or Tribal Membership Card within 30-days of receipt of the letter. Thank you!



Alex Jiron

The family of Alex Jiron would like to express our sincere appreciation to family and friends; Isleta Honor Guard; Marla Jim and the Isleta Health Clinic; Delores Lucero from the post office; and Father George Pavankott and the Isleta community for their hard work, prayers, love, and support. We also want to give special thanks to relatives that traveled from Japan, Minnesota, and Colorado; Martha Marilyn Jojola for food preparations; and Daryl Reckaway and Ray Abeita for their untiring love and care for Alex.



Carlota Jiron and family

Edwina Marie Chiwewe

Sunrise: 09-12-1959 Sunset: 03-17-2016

The family of the late Edwina Marie Chiwewe (Thurn-a-pof) would like to express our sincere gratitude and appreciation to our Isleta, Laguna and Acoma Pueblo family and friends; to Isleta Governor E. Paul Torres and his staff; Father George Pavankott, O. Praem; the St. Augustine Church choir; our traditional Fathers, Lloyd Tortalita from Acoma and Wesley Fernando from Mesita Village in Laguna Pueblo; Robert and Claudia Abeita; John D. Jojola Jr., for reciting



the Holy Rosary; present and former employees of the BIA and Office of the Special Trustee (OST); especially her former supervisor, Debbie Meisner, from Washington State; Gilbert & Lucy Lopez from El Paso, Texas, who are the parents of Edwina's godson, Gilbert Jr.; the staff at the Isleta Health Center and the Isleta community as a whole, for your on-going support and prayers during our time of sorrow and subsequent loss. We ask our heavenly Father to give you all good health and many blessing to you and your families and to comfort those of you, who like us, have endured the sorrow and subsequent loss of a loved one. We pray that our heavenly Father looks down upon all of you, consider the kindness and generosity you have bestowed upon our family in our time of loss and shower you with his grace and blessings.

Diane Chiwewe and Family

Partnership Opportunity Home Fire



Preparedness Campaign

A home fire can strike anywhere, anytime. Fires can leave families without their home and personal belongings and, in many cases, cause serious injury and even death. Nearly 1,000 times a day, fire departments are called to a home fire. Someone dies in a home fire seven times a day, and a fire-related injury is reported every 40 minutes.

Often, these injuries or deaths occur because people aren't prepared. For example, not having a working smoke alarm greatly increases the risk of fire related death and injury. In fact, three of every five home fire deaths occur in homes without a working smoke alarm.

Additionally, people don't often know how to respond when a smoke alarm sounds. Instead of immediately evacuating, they attempt to confirm a fire, try to fight the fire on their own or ignore the alarm altogether.

Fires spread rapidly. A small flame can turn into a major fire in less than 30 seconds and can completely engulf a home in two minutes. Because people have very little time to escape, they must take smoke alarm warnings seriously.

The Solution

Through the Home Fire Preparedness Campaign, the Red Cross will arm families with fire prevention and preparedness tools and information— ultimately reducing injuries and decreasing needless loss of life. Working with an array of national and local partners, this campaign will combine grass roots neighbor-to-neighbor engagement with comprehensive national marketing and public relations outreach to ensure people across the country receive preparedness tools and information.

Over the next five years, the Home Fire Preparedness Campaign aims to reduce the number of fire deaths and injuries in the U.S. by 25 percent through visiting more than 1.6 million homes to install smoke alarms, replace smoke alarm batteries, complete home safety checklists and help families and individuals develop a disaster plan.

Home Fire Preparedness Campaign

Our campaign will focus on:

- **Community Canvassing:** Volunteers will go door-to-door, meeting with families across the country to install smoke alarms, replace smoke alarm batteries, complete fire safety checklists and help develop disaster plans.
- Youth Engagement: Using technology and interactive programming, we will reach young people in classrooms and afterschool programs to teach youth about the science of fire and explain how to prevent fires and what to do if a fire occurs.
- National Marketing and Public Relations Outreach: Through national outreach, we will motivate ordinary people to take action to save themselves, their families and their neighbors by checking smoke alarms and practicing a home evacuation when an alarm goes off.

Focus on Vulnerable Populations

Home fires don't impact everyone equally. The elderly, disabled, youth and low-income populations are more likely to be impacted by fires in their homes than the general population. The Home Fire Preparedness Campaign will specifically emphasize reaching the most at-risk populations and communities across the country.

Join Us

Each year, the Red Cross responds to nearly 70,000 disasters—most of which are home fires. By supporting the Home Fire Preparedness Campaign through Home Fire Relief, you can help save the lives of people affected by home fires. Your gift enables the Red Cross to provide critical recovery services to those impacted by home fires, and it will also provide communities with lifesaving tools and information to support home fire prevention efforts.

Home Fire Solution: Smoke Alarms

- Nearly 5 million homes in the U.S. do not have smoke alarms.
- Over 60 percent of home fire deaths occur in homes without a smoke alarm or without a working smoke alarm.
- Having working smoke alarms can double a person's chances of surviving a home fire.

Please contact your relationship manager for more information. David M. Lente, POI Safety Coordinator

Phone: 505-869-9822

Email: poi90203@isletapueblo.com



ATTENTION!!!

If you are interested in applying for USDA foods through Five Sandoval Indian Pueblos, Inc. Food Distribution Program. On Thursday September 8, 2016, the Five Sandoval Indian Pueblos, Inc. Food Distribution Program staff will be at the Isleta Elderly Center from 9:00 a.m. to 12:00 p.m. to process applications for eligibility (certification ONLY for New and Recertification) As in the past, if you work for low pay or are not working at all; receive public or general assistance payments; and are on SS or SSI and or Retirement residing within the areas such as: Isleta Pueblo, Bosque Farms, Peralta, Belen, Los Lunas and Los Chavez.

The following documents are required to complete the application process:

- · Social Security cards for all household members
- Full Month's Check Stubs (MOST RECENT) for all employed members and/or proof of self employment income earned monthly/yearly
- · Award Letters for Public assistance (551, TANF, etc.), General Assistance, Social Security, VA, unemployment, retirement, etc.
- Current Utility Bill/Proof of Physical Street Address

All other required forms/information will be provided for completion upon request and should be returned to the Food Distribution Program office for processing. For more information, please call (505) 867-3710.

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, religious creed, disability, age, political beliefs, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits, Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available In languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Form, (AD-3027) found online at: http://www.ascr.usda.gov/complaint filing cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information

requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

(1) mail: U.S. Department of Agriculture
Office of the Assistant Secretary for (

Office of the Assistant Secretary for Civil Rights

1400 Independence Avenue, SW Washington, D.C. 20250-9410;

(2) fax: (202) 690-7442; or

(3) email: program.intake@usda.gov

This institution is an equal opportunity provider. Revised 10/2015



960-D Highway 550 Bernalillo, NM 87004 Telephone: (505) 867-3710 Fax: (505) 867-2082

September 2016

		September 2016		
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			CERTIFICATION-COCHITI PUEBLO 9:00 AM - 12:00 PM @ ELDERLY CENTER	"CLOSED"
			"CLOSED"	
			For	
			Inventory	
"CLOSED" Holiday * ICLOSE OF	6 9:00 AM - 12:00 PM @ ELDERLY CENTER OFFICE/STORE CERTIFICATION & PICK UP 8:30-4:30	7 COCHITI 8:30-12:00 SAN FELIPE 12:30-4:00 (OFFICE/STORE) CERTIFICATION & PICK UP 8:30 - 4:30	8 CERTIFICATION-ISLETA PUEBLO 9:00 AM - 12:00 PM @ ELDERLY CENTER "CLOSED" For Truck Delivery USDA	"CLOSED"
12	13	14	15	16
CERTIFICATION-KEWA PUEBLO 9:00 AM - 12:00 PM @ TRIBAL OFFICE ISLETA 8:30-4:00	OFFICE/STORE CERTIFICATION	KEWA (SD) 8:30-4:00	OFFICE/STORE CERTIFICATION	"CLOSED"
(OFFICE/STORE) CERTIFICATION & PICK UP	& PICK UP 8:30-4:30	(OFFICE/STORE) CERTIFICATION & PICK UP 8:30-4:30	& PICK UP 8:30-4:30	
8:30-4:30	20	21	22	23
OFFICE/STORE	ZIA 8:30-12:00 JEMEZ	OFFICE/STORE CERTIFICATION	KEWA (SD) 8:30-4:00	"CLOSED"
CERTIFICATION & PICK UP 8:30-4:30	12:30-4:00 (OFFICE/STORE) CERTIFICATION & PICK UP 8:30-4:30	& PICK UP 8:30-4:30	(OFFICE/STORE) CERTIFICATION & PICK UP 8:30-4:30	CEOOLD
26	27	28	29	30
OFFICE/STORE	ISLETA 8:30-4:00	OFFICE/STORE	JEMEZ 8:30-4:00	"CLOSED"
CERTIFICATION & PICK UP 8:30-4:30	(OFFICE/STORE) CERTIFICATION & PICK UP 8:30-4:30	CERTIFICATION & PICK UP 8:30-4:30	(OFFICE/STORE) CERTIFICATION & PICK UP 8:30-4:30	

OFFICE HOURS: Monday through Thursday 7:00 a.m. - 12:00 p.m. & 1:00 p.m. - 6:00 p.m. "CLOSED FRIDAYS"

ISSUANCE HOURS: 8:30 a.m.-12:00 p.m. & 1:00 p.m. - 5:00 p.m. LAST SIGN IN: 11:30 a.m. & 4:30 p.m.

CLOSED: 12:00 p.m. – 1:00 p.m. (LUNCH)

This institution is an equal opportunity provider.

HOME SERVICES PROGRAM

Starting October 3rd, I will assist elders in the application process to pay for utility bills. Documents required at time of application. All resources are Income Qualified (must earn less than 150% of 2016 Federal Poverty Guidelines).

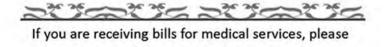
- PNM Home Energy Checkup Program
 - o Proof of Income on all household adults.
 - o A valid picture ID for all adult members in household.
 - o Identification information on children in home
- DHHS Low Income Home Energy Assistance Program (LIHEAP)
 - o Proof of Identification Head of Household (Driver's license, State ID, Tribal ID w/ photo)
 - o Proof of Income:
 - Employment 3 most recent Pay Check Stubs
 - Social Security- 2016 Award Letter or recent Bank Statement w/ Direct deposit
 - SSI 2016 SSI Benefit letter
 - Self Employed 2015 Tax returns and notarized statement of earnings
 - Unemployment Benefits History Report
 - Not Employed Notarized Statement explaining financial situation
 - Other -Pensions, retirements, rental income, veteran's payments, child support, Indian monies - Per Capita payments
- Information on ALL household members: Names, Date of Birth, Social Security numbers
 - One Utility Bill: PNM, Gas Co of New Mexico, Propane, Wood
 - Information on Resources/Assets: Cash on hand, checking account, savings account,CD, Stocks/Bonds, Retirement, Livestock
- Central New Mexico Housing Corporation

 Weatherization Program on Indian Lands
 *Requires certification of home ownership.
- Proof of Income:
 - Employment 3 most recent Pay Check Stubs
 - Social Security -2016 Award Letter or recent Bank Statement w/ direct deposit.
 - SSI 2016 Benefit letter
 - Self Employed 2015 Tax returns and notarized statement of earnings
 - Unemployment Benefits History Report
 - Not Employed Notarized Statement explaining financial situation
- Proof of Ownership:
 - Mortgage Statement (If applicable)
 - Statement of Occupancy (Pueblos Only)
 - One Proof of Home Ownership is required
 - Rental Property Copy of Rental Agreement
 & Landlord Proof of ownership
 - o Most recent Electric & Gas or Propane Bill
 - o Picture ID for everyone over 18 years of age
 - o Date of Birth for all members of the household

For information and/or appointment (Elders 60 years and older), please contact:

Patricia L. Lucero,

Home Services Manager, at 869-9770 Extension: 9338



bring them to PRC.

RED FLAG....if you are receiving the bill, then PRC is

not being billed!

Call 869-4488 for more information.



ISLETA HEALTH CENTER

SEPTEMBER

Questions? Call 869-3200

2016

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Grief Group: 1-2p @ BHS. Circle of Security Parenting: 2-4p @ BHS.	2 Early Recovery Skills: 9a- 11a @ BHS. Another Recovery Tech- nique (ART): 1-4p @ BHS.
Labor Day Health Center CLOSED	6 Women's Support Grp: 10-11a @ BHS. Acu-Detox: 1-2p @ BHS. Creating Process of Change: 2-4p @ BHS. Str8 Rez: 5-7p @ BHS. Express Endurance Wk. 10: 5:30p @ DPP Wellness Center. Destination Health Packet Pick Up/Drop Off Wk. 3: Call 869-4595 for more info.	7 Circle of Security Parenting: 9-11a @ BHS. Anger Management Skills: 1-2p @ BHS. Young Leaders Youth Krew: 4:30p @ BHS. Walking Group: 5:30p @ DPP Wellness Ctr.	8 Grief Group: 1-2p @ BHS. Circle of Security Parenting: 2-4p @ BHS. Express Endurance/Last Class: 5:30p @ DPP Wellness Center.	9 Early Recovery Skills: 9a- 11a @ BHS. Another Recovery Tech- nique (ART): 1-4p @ BHS.
Early Recovery Skills: 9-11a @ (BHS). Women's Path to Recovery: 1-2:30p @ BHS. Young Leaders Youth Krew: 4:30p @ BHS. Destination Health Packet Pick Up/Drop Off Wk. 4: Call 869-4595 for more info.	Women's Support Grp: 10-11a @ BHS. POI Community Cancer Support Group: 10:30-12 noon @ small conference room, Health Center. Acu-Detox: 1-2p @ BHS. Creating Process of Change: 2-4p @ BHS. Express Endurance Post Measurements: @ DPP Wellness Center.	14 Circle of Security Parenting: 9-11a @ BHS. Anger Management Skills: 1-2p @ BHS. Young Leaders Youth Krew: 4:30p @ BHS. Walking Group: 5:30p @ DPP Wellness Ctr.	15 Grief Group: 1-2p @ BHS. Circle of Security Parenting: 2-4p @ BHS.	16 Early Recovery Skills: 9a- 11a @ BHS. Another Recovery Tech- nique (ART): 1-4p @ BHS.
Early Recovery Skills: 9-11a @ (BHS). Women's Path to Recovery: 1-2:30p @ BHS. Young Leaders Youth Krew: 4:30p @ BHS. Destination Health Packet Pick Up/Drop Off Wk. 5: Call 869-4595 for more info.	Women's Support Grp: 10-11a @ BHS. Acu-Detox: 1-2p @ BHS. Creating Process of Change: 2-4p @ BHS. Healthy Cooking Class (DPP): 4:30p @ Health Center Kitchen (869-4595 for info). Str8 Rez: 5-7p @ BHS.	21 Circle of Security Parenting: 9-11a @ BHS. Anger Management Skills: 1-2p @ BHS. Young Leaders Youth Krew: 4:30p @ BHS. Walking Group: 5:30p @ DPP Wellness Ctr.	22 Grief Group: 1-2p @ BHS. Circle of Security Parenting: 2-4p @ BHS.	23 Early Recovery Skills: 9a-11a @ BHS. Another Recovery Technique (ART): 1-4p @ BHS.
26 Early Recovery Skills: 9-11a @ (BHS). Women's Path to Recovery: 1-2:30p @ BHS. Young Leaders Youth Krew: 4:30p @ BHS. Destination Health Packet Pick Up/ Drop Off Wk. 6: Call 869-4595 for more info.	Women's Support Grp: 10-11a @ BHS. Acu-Detox: 1-2p @ BHS. Creating Process of Change: 2-4p @ BHS. Str8 Rez: 5-7p @ BHS.	28 Circle of Security Parenting: 9-11a @ BHS. Anger Management Skills: 1-2p @ BHS. Young Leaders Youth Krew: 4:30p @ BHS. Walking Group: 5:30p @ DPP Wellness Ctr.	29 Grief Group: 1-2p @ BHS. Circle of Security Parenting: 2-4p @ BHS.	30 Early Recovery Skills: 9a- 11a @ BHS. Another Recovery Tech- nique (ART): 1-4p @ BHS.



Pueblo of Isleta Community Cancer Support Group

Support the health of your family. Educate yourself on cancer. REDUCE YOUR RISK!



2nd Tuesday of the month!



	100		
9/13/2016 10:30am – Noon	Child's Understanding of Cancer/Chronic Illness	Mary O'Hara Child Adolescent Therapist	Small Conference Room
10/11/2016 10:30am – Noon	HPV Vaccine	Dorine Conley	Small Conference Room
11/8/2016 10:30am – Noon	Potluck Planning for 2017 Contact me if you have topic ideas!!	Group	Health Center Kitchen

Topics are subject to change. CONTACT Stephanie Barela to sign up and to learn more @ 869-4479

Please join us!



Everyone welcome!

24-HOUR NURSE ADVICE LINE 1-877-725-2552

Available 24 hours a day, 7 days a week, 365 days a year and is FREE to all established Isleta Health Center patients!

If you need answers to health related concerns and aren't sure if you need to visit the walk-in clinic, go to an urgent care facility, or call 911*, then use this toll-free number. When you speak with a Registered Nurse, please follow the nurse recommendations for home care or the need for health facility care.

* CALL 911 FOR LIFE THREATENING EMERGENCIES

This includes, but is not limited to: chest pains, severe injury and/ or bleeding, and severe breathing problems.

NOTE: You must notify Purchased/ Referred Care staff within 72 hours if you are seen at any facility other than the Isleta Health Center.