



Isleta Pueblo News

Volume 5 Issue 9

September 2010

GOVERNOR'S REPORT

The Tribal Administration met with Los Lunas School district representatives, which included Bernard Saiz, Los Lunas School District Superintendent, Dan Padilla, Los Lunas High School Principal, Mario Zuniga, Valencia High School Principal and their staff. The purpose of the meeting was to develop better communications and working relationships between the Pueblo of Isleta and Los Lunas School District. Superintendent Saiz assured us that despite the New Mexico State budget cuts, the school will make every effort to provide quality education to all students. I am happy to report that Native American students have made steady progress and have met AYP standards. School Administrators have requested that we work together and set up a informational meeting with parents, students, POI education staff and school administration. Hopefully we will have this meeting during the month of September. It will be important that every parent and student attend this meeting. Your support is imperative to your student's success.

Each year the number of students attending Los Lunas and Albuquerque

Public Schools has increased and this will require further community support for our students. We need to work together to increase our graduation rate. The Tribal Administration will continue to work with all students and schools in which our students are enrolled so that they may successfully complete their high school and possibly post-secondary education.

The Administration thanks the Mayordomos Manny Abeita, Scottie Jaramillo, Juan Jaramillo, Patrick Jojola, Joseph Lente and Michael Paquin for sponsoring the 2010 Saint Augustine Feast. Thank you also to your families and relatives who worked hard to prepare the food for the community members and visitors.

The Bureau of Indian Affairs delivered the list of REGISTERED VOTERS FOR THE UPCOMING Secretarial Elections on August 27, 2010. A copy of the voter lists are available for review at the Bureau of Indian Affairs in Albuquerque, the Tribal Governor's Office, the Elderly Center and the Isleta Clinic. The lists may not be copied nor removed from their location.

SAINT AUGUSTINE CHURCH



Religious Education classes for Grades 1-8 begin on Tuesday September 14, 2010 from 4:15-5:30 pm. The High School Confirmation classes begin on Sunday, September 12, 2010 after the 10:00am Mass. The registration fee will be \$20.00 per child. Registration will be held in the Religious Education Building on the following dates:

Sunday August 29th: After both masses

Sunday September 5th: After both masses

Tuesday September 7th: 5:30pm

Children who are entering the First Communion class must have attended the second grade class or a pre-First Communion class in order to receive the Sacrament of Holy Communion.

PUBLIC WORKS

Ma Gu Wam,

The Village Water Line Project is almost complete. Padilla Utility has worked hard to make sure that the roads stayed open in the evenings and that water shut offs were at a minimum. They have done a great job installing our new water lines to all the houses in the village.

If you receive a door hanger at your house, and you have no water, please call the number shown on the hanger and someone will be out to turn on your water. If no one is home when the water lines are connected, your water will not be turned on. This is to make sure that with the new water pressure, a line will not break or leak in your house when you are not there. It also allows us to bleed the line of any air so that your water will flow properly. This process should take about 20 minutes.

SEPTIC TANK OWNERS

Please remember that you must call in advance to have your septic tank pumped. If you request septic tank pumping on Monday, your tank will NOT be pumped by the end of the day.

There are over 600 tribal homes with septic systems. We make every attempt to keep the septic trucks always running in order to keep the systems that need pumping pumped out.

The trucks require maintenance each month and our drivers also earn vacation and do take time off so plan ahead.

There are many septic systems that are working properly, but the owners may not understand how they operate. If you get a door hanger that says that your septic system is working properly, it may not get pumped out. Please call, and we will send somebody out to explain how your system is supposed to work.

ROADS

The existing paved roads in the Village will be getting new surfacing! Thanks to stimulus funding the roads will be repaved and striped. These were the only roads that met the qualifications for stimulus funding.

Our roads department also received funding to purchase some new equipment. The Tribe will be purchasing a new road grader, loader, belly dump trailer, and a road sweeper with the stimulus money we received.

Our Roads Department will also be repairing the streets that are real bad. If you know of any bad pot holes or large cracks in any of the tribal roads, please let us know and we will put in a work order to have the road

repaired. The areas by the Head Start and Sunset Loop are the first areas that will be repaired.

SOLID WASTE

Things are moving along very well in the Solid Waste Department. We have switched vendors that haul our dumpsters from the transfer station. This change has saved the Tribe a lot of money. If you noticed, the dumpsters are now green instead of grey.

The trash trucks are twelve years old now and break down often. If your trash did not get picked when normally scheduled, it will be picked up the next day or as soon as one of our trucks is up and running.

The good news is that the Solid Waste Department has ordered two new trash trucks to replace the old ones! The bad news is that they take about six months to build and deliver. One will be a much smaller truck to be used in the village area.

The Public Works Department would like to thank you for your patience. Remember we provide services to each and every household every day.

We hope you have harvested an abundance of crops from your fields and gardens! Enjoy the Feasts!!

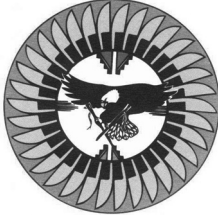

BLOOD QUANTUM

NO ADDITIONAL FUNDS FROM BIA OR IHS FOR INCREASED POPULATION AS A RESULT OF BLOOD QUANTUM CHANGES FROM ONE-HALF TO ONE-QUARTER

At the Community Meeting on July 25, 2010, Tribal Members asked if there would be increased funding from the Indian Health Service (IHS), Bureau of Indian Affairs (BIA), Department of Health & Human Services (DHHS), and Bureau of Indian Education (BIE) if the population increased due to a change of blood quantum from one-half to one-quarter for Tribal Membership.

On August 5, 2010 the Tribal Council wrote to each of the Federal Agencies asking the question regarding increased funding.

Following is a copy of the letter sent to IHS.

TRIBAL COUNCIL OFFICE		505-869-0457 FAX: 505-869-0454
PUEBLO OF ISLETA P.O. BOX 1290 ISLETA, NM 87022		
August 5, 2010		
ADM Richie Grinell Acting Area Director Albuquerque Area Indian Health Service 5300 Homestead Road NE Albuquerque, NM 87110 (505) 248-4500		
SENT VIA FACSIMILE AT (505) 248-4624, ORIGINAL SENT U.S. MAIL		
Re: Request for Information		
Dear ADM Grinell:		
The Pueblo of Isleta respectfully requests certain information from you regarding an important matter facing the Pueblo of Isleta, as explained below.		
On September 18, 2010, eligible tribal members will vote to amend the Pueblo of Isleta Constitution to lower the blood quantum from 1/2 Isleta blood to 1/4 Isleta blood. Based on data generated by the Pueblo of Isleta Census Department, there are currently 3,491 tribal members. If the blood quantum is lowered, it is anticipated that at least 1,247 new individuals will become tribal members.		
The Indian Health Service currently provides funds under P.L. 93-638 to the Pueblo of Isleta for its tribal members. If tribal membership is increased, will Indian Health Service increase the amount of funds to the Pueblo of Isleta? If so, approximately how much of any increase might be expected? Please explain how population of tribal members is considered in the funding provided to the Pueblo of Isleta.		
Please understand this is an urgent request on an important matter. The Pueblo of Isleta appreciates your assistance and looks forward to your response.		
Sincerely, PUEBLO OF ISLETA		
		
Robert Lucero, President Tribal Council		
cc: R.C. Begay, I.H.S. Tribal Liaison J. Robert Benavides, Governor		

The following three pages are the responses from Indian Health Service (IHS), Bureau of Indian Affairs (BIA), Department of Health & Human Services (DHHS), and Bureau of Indian Education (BIE) to the above letter.

The IHS responded that the amount of funds received by the Pueblo of Isleta will not be increased. See letter from IHS below.



DEPARTMENT OF HEALTH & HUMAN SERVICES

Public Health Service

Albuquerque Area Indian Health Service
5300 Homestead Rd, NE
Albuquerque, New Mexico 87110

AUG 24 2010

Mr. Robert Lucero
President, Tribal Council Pueblo of Isleta
P.O. Box 1290
Isleta, NM 87022

Dear Mr. Lucero:

I am in receipt of your letter dated August 5, 2010 regarding potential changes in the Pueblo of Isleta tribal membership requirements and if there would be any new additional funding from the Indian Health Service (IHS) if tribal membership increased. The Pueblo of Isleta funding would not increase due to an increase in tribal enrollment. The Albuquerque Area tribal shares methodology utilized the 2002 Active User Population count as a basis for determining the base funding amount for each Area tribe. This number included all active users at the Isleta facility residing within the contract health service delivery area, irregardless of tribal affiliation. I would also like to point out that since the IHS eligibility criteria is based on proven descent from a federally recognized Tribe, those potential new members referenced in your letter may already be receiving services at the Isleta facility.

Current user population data is used in calculating Indian Health Care Improvement funding allocations and also for new funding increases in the Contract Health Service program. Any future increases in these two line-item appropriations would be very difficult to project at the facility level and they may not be proportional to user population increases. I hope this information addresses your questions and concerns raised in your letter. If you need additional clarification or have questions, please feel free to contact me at 505-248-8003.

Sincerely,

A handwritten signature in black ink, reading "Riche K. Grinnell", is positioned above the typed name.

Riche K. Grinnell, M.P.H.
Assistant Surgeon General
Acting Director

cc: Robert Benevides, Governor Isleta Pueblo
R.C. Begay, IHS Tribal Liaison

There was no response from BIE. However, it should be noted that the Isleta Elementary School is operated by the BIE using Federal Funds, therefore, an increase should not be expected by the Tribe. Any increases to operational expenses under any circumstances would be borne by the BIE.

The BIA also responded that there would not be an increase of funding. See letter from BIA below.



United States Department of the Interior
BUREAU OF INDIAN AFFAIRS
SOUTHWEST REGION
1001 Indian School Road, N.W.
Albuquerque, New Mexico 87104



IN REPLY REFER TO:
360 – Branch of Tribal Government

AUG 16 2010

Robert Lucero, President
Isleta Tribal Council
P.O. box 1270
Isleta, New Mexico 87022

[Handwritten signature]
19 Aug '10

Dear President Lucero:

Thank you for your letter of August 5, 2010, requesting information regarding our response to your question as to how much of an increase in funding might be expected by the Pueblo of Isleta if the amendment to the Isleta Tribal Constitution is passed. By your estimates, the number of persons that will become eligible for membership, resulting from passage of the amendment, is at least 1,247 members.

Fiscal Years 2011-2013 have been designated by President Obama as a three-year freeze on non-security discretionary spending. The Office of Management and Budget (OMB) projects that this freeze will save \$250 billion over a decade. The Obama administration directed agencies to prepare as much as \$75 billion worth of discretionary budget cuts for 2012.

All Bureau of Indian Affairs programs fall within the non-security discretionary funding category. Information discussed in recent Tribal Budget Advisory Council (TBAC) meetings identified that while Tribal Priority Allocation (TPA) funding at the tribe and Agency level will remain consistent in 2012, that there will be cuts at the Regional and Central Office levels of the Bureau of Indian Affairs.

Requests for any new and increased funding through the Bureau of Indian Affairs must be made by the tribe directly to Congress, as Federal employees do not have the authority to request new funding over and above the caps established by OMB. The United States Government begins its process for justifying fiscal year budgets two years before it goes to Congress for actual appropriations. This year, we are providing information for the 2012 budget.

Continued next page

(Continued from page 4)

-2-

Several actions are on-going in 2010. First, the 2010 United States Census will be completed. Results from the Census may make funding available to the states in which an increase in funds may be made available. This additional funding will not be added through the BIA budget process and will require the tribes to work directly with the state where they are located to access new funding.

Second, tribal shares which are available to tribes for funds over and above the TPA tribal base level may be distributed to tribes based upon formulas which may include population as one of the factors, but is not usually the only criteria upon which funds are distributed. Population figures are based upon the last Indian Labor Force Report that was published. The last publication with population figures was dated 2005. No request for updates was asked for in 2007. Updated information on population updates was requested by Central Office to be submitted no later than May 2010. If past practice continues, it may be another year before this report is published.

Sincerely,



Regional Director

cc: Superintendent, Southern Pueblos Agency

The response from DHHS related to Social Services states that there would be an increase in the amount of funds received by the Tribe under a grant, but would be limited based on the number of children under the age of 21. According to the Tribal Treasurer, the Tribe receives about \$45,000 each year under this grant.



DEPARTMENT OF HEALTH & HUMAN SERVICES

ADMINISTRATION FOR CHILDREN AND FAMILIES
Regional Office VI
1301 Young St, Room 945
Dallas, TX 75202

August 12, 2010

Pueblo of Isleta
Tribal Council President
Robert Lucero
P.O. Box 850
Isleta, NM 87022

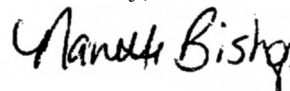
Dear Council President Lucero,

Thank you for your recent inquiry regarding the Isleta Pueblo's title IV-B grants in relation to the pending vote to reduce your tribal blood quantum from 1/2 Isleta blood quantum to 1/4 blood quantum. The title IV-B grants are a non-competitive grants offered to both State and Tribes through the Department of Health and Human Services (DHHS), Administration for Children and Families (ACF), Children's Bureau (CB).

With respect to Tribes, the amounts of these grants are based directly on the number of tribal members, under the age of 21, as the tribes choose to define their membership. You are correct in your assumption that if the number of tribal members, under the age of 21, increases, that both your title IV-B-1 and IV-B-2 grants will increase in proportionality. Without knowing an actual estimated number of new tribal members under the age of 21, I can not give you an estimate of an actual dollar amount.

I hope that this information provides useful in the Pueblo's decision-making process. If we can be of any further assistance, please feel free to contact our office at any time.

Sincerely,



Nanette Bishop
Program Specialist
Children's Bureau, Region VI

cc: Janis Brown, Regional Program Manager; CB, Region VI; Dallas, TX
Caroline Dailey, Social Services Director; Pueblo of Isleta; Isleta, NM

Acequia Madre

Isleta Main Ditch (Acequia Madre) wish to thank those members who have paid their Dues and Fines. The following list of members are showing a balance on their accounts. If you have any questions or issues about your account, please call the Ditch Mayordomos, Joe Lente at 967-3786 or Michael Paquin at 720-0394. Otherwise, payment of check or money order can be made payable to "Isleta Main Ditch" and mailed to P.O. Box 685, Isleta, New Mexico 87022

Abeita, Eleanor	Jiron, Delano	Lucero, Matthew Joseph
Abeita, Felipe	Jiron, Michael L.	Lucero, Michael A. (Michael B's Son)
Abeita, Fernando J.	Jojola, Alfred D.	Lucero, Pat Lynn
Abeita, Joseph C.or Frances	Jojola. Eddie (short)	Lucero, Robert L.
Abeita, Joseph Gabriel	Jojola, John D. Sr.	Lucero, Rosalee A.
Abeita, Joseph R. (Sonny)	Jojola, John Michael	Lujan, Benard D.
Abeita, Leroy	Jojola, Johnny T. (Sam's Son)	Lujan, Robert (Bart's Son)
Abeita, Lupita C.	Jojola, Joseph E. (Alfred's Bro)	Manner, Anna
Abeita, Marcelina(Lucero)	Jojola, Margaret L.	Martinez, Dorothy C.
Abeita, Marvin	Jojola, Mary Jane	Montoya, Francis
Abeita, Pauline F.	Jojola, Pat A.	Olguin, Patrick
Abeita, Pablo	Jojola, Richard C. (Lefty's Bro)	Overstreet, Jessie
Abeita, Ray M.	Jojola, Stella (Eloy)	Padilla, Chris
Abeita, Raymond Thomas	Jojola, Ted	Padilla, Clarence
Abeita, Roberta	Kirk, Kim	Padilla, Gabe F.
Abeita, Simon	Lente, Alberta	Padilla, Matthew by Raymond
Abeita, Sylvia	Lente, Alfred A.	Padilla, Paul L.
Abeita, Tom Jr.	Lente, David A	Padilla, Paula
Anzara, Ben	Lente, Jose Alcario (Estate of)	Papuyo, Jose Delano (Estate of)
Balenquah, Mary F.	Lente, Jose Seferino	Puhyesva, Demasia (Jiron)
Chalan, Mary Margaret (Zuni)	Lente, Michael A.	Richard, Ronald & Tina (Emily Schuler)
Cherino, Albert Jr.	Lente, Nick	Romero, Sofia Maria (Estate of)
Chewiwi, Louise (Abeita)	Lente, Terecita (Terry)	Salazar, Patty
Correo, Herman J.	Lucero, Alvin	Shattuck, August
Garcia, Jack L.	Lucero, Carmel	Shattuck, Paul
Glaser, Laurie A.	Lucero, Donald	Teller, Stella
Gonzales, Sharon E. (Lucero)	Lucero, Eugene	Trujillo, Jose Carlos
Histia, Miguelita	Lucero, Felipe	Wilson,Terri Z./Edwin L.
Jaramillo, Isidor	Lucero, Joe D.	Zuni, Allen
Jiron, Alex	Lucero, Joseph F.	Zuni, Floyd Alvin
Jiron, Charlie (Estate of)	Lucero, Kathleen B.	Zuni, Frank

ATTENTION! ATTENTION! ATTENTION!

ALL TRIBAL MEMBERS

If you plan to build, purchase a new home, or add to your existing home, this information is for YOU!

In January 2010, Tribal Council approved by resolution an amended version of the housing application.

This newer process protects YOU from disputes that may occur after you build or add to your existing home. Please plan on a minimum of ninety days to have the process completed. While this may seem like a long time it will help to ensure that all questions are answered and addressed to protect you, the homeowner.

You will be able to pick up your application at the Public Works office located at the Old Elementary School in Building 627. The process will be explained to you at that time and that you may then proceed with your home building project.

It is important to follow all the steps in order. Any attempts to complete the steps out of order will only delay the process. All Tribal Departments that have anything to do with land, housing, etc., must be included in the application process. You will need to visit each individual department.

Some of the questions that will be addressed are,

1. is the house in a, or near a religious area, or
2. is there water, electric, sewer, or natural gas utilities close by, or
3. can IHS help with utilities?

These are some of the questions that will be answered during the application process.

When the application process is complete and all signatures are obtained, the application will be submitted to Tribal Council for approval. Once approved, the entire package will be placed in a database with the Records Department for future verification, if ever needed.

For further information on this application process, you may call 724-6658.

LOS LUNAS / VALENCIA HIGH SCHOOLS TITLE VII INDIAN EDUCATION

Welcome back to the 2010-2011 school year. We hope your summer vacation went well and you are all ready to "hit the books". There are some changes that have been made, so please read the 2010/2011 student handbook that your child was given at registration. If you did not get the student handbook, please stop by the counselor's office. The rules and standards outlined in the handbook have been developed to protect the rights of everyone, to ensure that all students and staff are treated with respect and to assure that our school operates in a safe and orderly manner. We wish all students to have a enjoyable and successful school year.

COMING TO A SCHOOL NEAR YOU!!!!

PARENTS...you will soon be able to monitor your student's attendance, grades and assignments from any web connection. You will also be able to stay current on happenings at school by reading the online school bulletin for events and activities.. Please stay tuned for information on how and when to sign up for this exciting new service, and **BE SURE TO UPDATE YOUR EMAIL ADDRESS** on the parent contact portion of your STUDENT'S EMERGENCY FORM.

The Los Lunas School District Superintendent/Asst.Superintendent/Truancy/Transportation/Two Board members/LLHS/Valencia School Principals/ Gov.Benavides/Lt. Gov.Lujan/Tribal Judge/ Isleta Higher Education, JOM, Truancy, and Los Lunas Title VII Indian Education held a meeting to discuss educational concerns on how we can help serve students within the upcoming 2010-2011 school year. This meeting was very productive as a lot of input was discussed.

PHONE NUMBERS.. ADMINISTRATION AND SCHOOL SITES

LOS LUNAS HIGH SCHOOL

(505) 565-4646

Mr. Dan Padilla, Principal
Mr. Andrew Saiz, Asst. Principal
Mr. Leroy Baca , Asst. Principal
Ms.Leslie Gurule, Asst. Principal
Ms. Jane Owensby, Secretary

COUNSELORS

Ms. Natalie Saiz ext. 6027
Etta Cavalier ext. 6007
Ms. Ashley Aragon ext. 6006
Ms. Ronda Flores ext. 6016
Ms. Cindy Giron..Register ext. 6008
Mr, Ben Analla Title VII Ind. Educ.
ext.6145

VALENCIA HIGH SCHOOL

(505) 565-8755

Mr. Mario Zuniga, Principal
Ms. Cathy Hines, Asst. Principal
Mr. Colin Taylor, Asst. Principal
Mr. Jasper Matthews, Asst. Principal
Ms. Vivian Garcia, Secretary

COUNSELORS

Ms. Margo Rivera ext. 6208
Ms. Teresa Garde ext. 6206
Mr. Peter Scherer ext. 6209
Mr. Ben Analla, Title VII Ind. Educ.

UPCOMING EVENTS...

9/1- Early Release Day—All schools
9/6- No school—Labor Day
9/6-10-Homecoming week.."GO TIGERS"
9/9- Community Pep Rally..Crowning of Homecoming Queen-6:30
9/9- Student Pep Rally,.Gym
9/10- Homecoming Game..Tigers vs Bloomfield
9/11- Homecoming Dance
7:00 pm to 11:00 pm..school gym
9/20- Open House at Valencia High School - 6:00 pm
9/23- Open House at Los Lunas High School - 6:00 pm
9/13- "APPLYING TO COLLEGE" SENIORS AND PARENTS..
6:30 p.m. LIBRARY
10/4- "SELECTINGYOUR COLLEGE" JUNIORS, SOPHOMORES & PARENTS..6:00 PM LIBRARY
What to ask at a College Fair; PSAT & SCHOLARSHIPS; Preparing for the ACT/SAT
10/6- Early release for all students

Valencia High School is looking forward to the 2010-2011 school year. With the population of 1027 students, this year's graduation is expected to be much bigger than last year's inaugural graduation! Presently there are 171 seniors who are slated to graduate. There are approximately 30 students who are being encouraged to catch up on credits, in order to graduate with their class this May. Isleta students who are behind on credits need to check with their counselor and use the many supports there are offered to these students.

This year Valencia High is offering a variety of interventions to help students succeed. One new intervention is called "Working Lunch". Some days of the week, certain core classes will offer extra time to students who are falling behind or are in need of moving ahead. Other students who are not in need of these services will be offered longer lunch times. The intervention time is held with the same teacher, of the same class, that the students are in need.

Students are encouraged to take dual-enrollment classes, both while taking a class at VHS or going to a community college for classes. Twenty-five different students are taking classes on community college campuses this semester. Classes are free through the collaboration of the New Mexico Public Education Department and the Higher Education Department. Students are attending not only the University of New Mexico-Valencia Campus community college, but also Central New Mexico

community college. We are hoping more students will be planning to take advantage of earning college credits before graduating high school.

All students are encouraged to register for ACT (Academic College Test) and/or SAT (Scholastic Aptitude Test) through the web sites:

Studentact.org or sat.collegeboard.com

Valencia High School Fall Dates to Remember

October 8

College Day will be held Friday, October 8, 10:00-11:15 open to all seniors. Colleges from New Mexico and throughout the southwest will be visiting and offering information about application and financial aid.

October 16

The PSAT (Preliminary Scholastic Aptitude Test) will be free to all sophomores and juniors. It will be held at Valencia High Saturday, October 16, Any student outside of VHS must pre-register through VHS in order to take the test.

Athletics:

The Valencia High School Cross-Country team is still looking for new members. The team remains small, only filling the varsity level and Junior-varsity level, without a "C" team. Any student who enjoys running is encouraged to call Coach Lynette Padilla at the school, 565-8755.

Any graduation questions parents, guardians or students may have can be asked of Ms. Rivera, this year's senior counselor, 565.8755, Extension 6208 or e-mailed to mjrivera@lsschools.net.

Report card schedule will be published in next month's Isleta Pueblo Newsletter.

Tutoring services are available at the Johnson O'Malley complex by appointment..please call..924-3189.

We look forward to helping all students and parents through out the school year..

Isleta Pueblo News



Editor: Ulysses Abeita

Asst. Editor: Beverly Piro

Published By:

Valencia Express



ISLETA POLICE DEPARTMENT

Chief of Police
Vernon Alvarez

Burglary Prevention Tips

Burglars go through neighborhoods looking for places to break into. News papers piled up outside of the door or in the front yard or stuffed mailboxes are only a few things that burglaries look for. In the evening, they will look for darkened houses or lights that have been left on too long. The following burglary prevention tips will help to make you and your family safer while also showing you how to become a part of the Isleta Police Team - so that we may serve and protect the Pueblo of Isleta - our community - together.

Burglary Prevention

The burglary basics:

- Make your home look occupied, and make it difficult to break in.
- Lock all outside doors and windows before you leave the house or go to bed. Even if it is for a short time, lock your doors.
- Leave lights on when you go out. If you are going to be away for a length of time, connect some lamps to automatic timers to turn them on in the evening and off during the day.
- Keep your garage door closed and locked.
- Don't allow daily deliveries of mail, newspapers or flyers build up while you are away. Arrange with the Post Office to hold your mail, or arrange for a friend or neighbor to take them regularly.
- Arrange for your lawn to be mowed if you are going away for an extended time.
- Check your locks on doors and windows and replace them with secure devices as necessary.
- Pushbutton locks on doorknobs are easy for burglars to open. Install deadbolt locks on all your outside doors.
- Sliding glass doors are vulnerable. Special locks are available for better security.
- Other windows may need better locks. Check with a locksmith or hardware store for alternatives.

Don't tempt a thief:

- Yard equipment, tools, barbecues and bicycles are best stored out of sight.

- Always lock your garden sheds and garages.
- Use curtains on garage and basement windows.
- Never leave notes on your door such as "Gone to Walmart" or other shopping destinations.

Locks...get the best:

- No lock, regardless of its quality, can be truly effective. Key-in dead bolt locks provide minimum security. Ask a locksmith for advice on your situation.
- Change locks immediately if your keys are lost or stolen.
- When moving into a new home, have all locks changed.

Targeting the Outside:

- Have adequate exterior lighting. A motion-sensitive light is recommended for backyards.
- Trim trees and shrubs so that they cannot be used as hiding places for intruders.
- Make sure your door hinges are on the inside.

Windows:

- Most windows can be pinned for security.
- Drill a 3/16" hole on a slight downward slant through the inside window frame and halfway into the outside frame - place a nail in the hole to secure the window.

Alarms:

- An alarm system is excellent for home security. It provides peace of mind to homeowners, especially while on vacation. There is a wide variety of alarm systems on the market. Go to Radio Shack and talk to a salesman.
- Make several inquiries to different companies for the best security system available to you.

If Your Home Is Broken Into:

If you come home to find an unexplained open/broken window or door:

- Do not enter - the perpetrator may still be inside.
- Use a neighbor's phone to call police.
- Do not touch anything or clean up until the police have inspected for evidence.

- Write down the license plate numbers of any suspicious vehicles.
- Note the descriptions of any suspicious persons.

Other precautions you should take:

- Never leave keys under doormats, flowerpots, mailboxes or other "secret" hiding places -- burglars know where to look for hidden keys.
- Keep a detailed inventory of your valuable possessions, including a description of the items, date of purchase and original value, and serial numbers, and keep a copy in a safe place away from home -- this is a good precaution in case of fires or other disasters. Make a photographic or video record of valuable objects, heirlooms and antiques. Your insurance company can provide assistance in making and keeping your inventory. Take PICTURES of your property as it may end up in a Pawnshop or sold to person who maybe checking with the police to see if it is not stolen.
- Trim your shrubbery around your home to reduce cover for burglars.
- Be a good neighbor. If you notice anything suspicious in your neighborhood, call 911 immediately.
- Mark your valuables with your driver's license number with an engraver you can borrow from your precinct. Marked items are harder for a burglar to dispose of and easier for police to recover.
- Form a Neighborhood Watch Group. We can help you work with your neighbors to improve security and reduce risk of burglary.
- Consider installing a burglar alarm system.

The MOST important thing YOU can do is CALL THE POLICE to report a CRIME or any SUSPICIOUS activity. You have to be the eyes of your neighborhood. And remember you can always remain a pair of anonymous eyes!

Remember the three L's of Crime Prevention: LIGHTS, LOCKS & the LAW!

Light up your residence, lock your doors at all times, and call the Law when you see something suspicious.

Hello from Comanche Ranch

Fall is on its way, and having gone through spring and summer, the Ranch has been doing very well this year. We have had some good rains this year and along with a good snowfall last winter, and with the late summer monsoon rains, we have had some very good grass. The south part of the ranch has had a little more than the north. The rain gauges that we have set up throughout the ranch indicate that we have had as much as three inches of rain in some areas. Some of the arroyos have had as much of three feet of water running at a time. Sometimes, all this rain makes it hard to get off the ranch at times.

The cattle on the Ranch are doing very well. Last year was very dry as we had very little rain and, along with the very hot weather, it was hard on the cattle. Due to the very hot days, the grass dried out faster than usual and we used more supplements this year than we did last year. As far as this year we have only used 75% less supplements. This will help with the 2010 Ranch budget. We will need to feed a little during the last few months of this year to get us through the winter.

Last month we sold sixty-one head calves. These were last year's fall calves which were born in 2009 December and 2010 January. We had thirty heifers and forty steers. From these we keep back twelve of the heifers for replacements. The number of calves we sold were eighteen heifers and forty-three steers. They went to La Junta Colorado Winter Livestock. The Ranch did very well as the cattle market is doing very well this year. You can log on to the Winter Livestock Market and see what the cattle market is doing on a weekly basis. The sales are every Tuesday, or you can even watch them being sold live. When we sell the Comanche Ranch calves this fall, the sales are usually just for calves only. I will let you know when and what dates the sales are, so if any of you are interested you can watch the sales online.

The inventory on the ranch is just under 1000 head of breeding cows and around sixty replacement heifers. This will bring the cow count just over 1000 head. This is where the ranch needs to stay so we do not overgraze the ranch. We also have 75 bulls. Our calf crop is going to be in the nineties for the 2010. We had a lot of late calves due to the dry year in 2009. We branded around 700 calves this last spring. As we ride through the different pastures we have noticed that we have a lot of late calves so we will need to get them branded this fall. At the end of this fall I will have an accurate count on the calf crop. We will let you know how the ranch did as far as income for the 2010 year as soon as this information is available.


There have been some people contacting me and asking if the Ranch would be able to buy their alfalfa or other crops off their farms. The Comanche Ranch is buying hay from the Isleta Conservation Services. At this time we do not buy from private farms. The Governor, Lt. Governors, Tribal Council and I are working on some ideas to see if there is a way to help the farmers in the Pueblo of Isleta in the future.

At the end of July my wife Gloria was in a bad barrel racing horse accident. Her horse tripped and rolled over the top of her and she was hospitalized for three weeks. I would like to thank everybody for all their prayers and support for her recovery. The doctors say she should make a 100% recovery.

I have attached the sales invoice for your review from the August 2010 cattle sales.

If anyone has any questions or concerns about the Ranch, please feel free to call. I will be happy to answer any questions or concerns. My phone number is 505-917-4217.

Comanche Ranch Manager
Martin Abeita

BUYER	HEAD	DESCRIPTION	TRAN	TAG	AVG	TOTAL	PRICE	AMOUNT
86-1	1	BWF STR	46	6589	375	375	130.00 C	487.50
93-4	1	RED HFR	51	6588	255	255	310.00 H	310.00
93	18	MIX STR	148	6584	548	9880	128.00 C	12,646.40
33-6	24	MIX STR	149	6585	665	15980	115.00 C	18,377.00
8-2	4	MIX HFR (HPTG)	150	6587	467	1870	107.50 C	2,010.25
67	13	MIX HFR	151	6586	583	7580	106.50 C	8,072.70
TOTAL SALES	61					35940		41,903.85
<u>Type</u>	<u># / Head</u>	<u>Tot WGT</u>	<u>Avg WGT</u>	<u>Avg / CWT</u>	<u>Avg / Head</u>	<u>Total</u>		
HFR	18	9705	539	107.09	577.39	10,392.95		
STR	43	26235	610	120.11	732.81	31,510.90		
DEDUCTIONS								
CO BRAND INSPECT FEED	(33.55) (215.64)	CO HEALTH INSPECT INSURANCE	(6.10) (18.30)	COMMISSION YARDAGE	(640.50) (18.00)			
* - Buyer#8 is Winter Livestock								
<u>Message(s)</u>								
Seller attests, by cashing this check, that all livestock referenced by this document are of USA origin.								
			Winter Livestock, Inc.			Total Seller Amount		
			Phone: 719-384-4491			\$ 40,971.76		
			30425 East Hwy 50			This Check Amount		
			La Junta, CO 81050			\$ 40,971.76		
			www.WinterLivestock.com					
WE APPRECIATE YOUR BUSINESS								

Are you man enough to walk in her shoes?

Isleta Social Services
PO Box 1270
Isleta, NM 87022
505-869-2772

Isleta's Fight Against Abuse In Relationships

October 2010 is Domestic Violence Awareness Month

Join us in the Fight Against Abuse In Relationships. Isleta Community Service Providers are sponsoring a "Walk A Mile In Her Shoes" on Tuesday, October 5, 2010 at 6 p.m. located at New Rec Center Soccer Field/Walking Path.

This is an awareness promotion event to bring attention to relationship violence in our community. This event will have men volunteer to wear woman's shoes as they walk the mile course. It will also encourage males to support the woman in their lives who have suffered from emotional, physical, sexual, or financial abuse.

We are calling for donations of women's shoes with heels for this event, preferably sizes 9 thru 12. Please drop off your donations at Isleta Social Services or Tribal Administration Office.

We appreciate your support. If you have any questions, please don't hesitate to give us a call.

To register for this fun - filled event, please contact Nadine at Social Services at 505-724-9226.



Parks & Recreation

Although it is still officially summer until September 22nd, we have already begun our fall after-school program for those wanting to participate. We begin this program on the first day of the brand new school year. After-school programs do make a difference to our children's development. Students who are interested in being at the Old and New Recreation programs can sign up anytime for this program. The program over at the Old Rec Center at Pickle Heights will pick children up at the Elementary School and take them home upon the day's completion. Those who want to be involved at the New Rec Center will be picked up at our Isleta Elementary School but will need to be picked up by a parent or guardian by 6:00 p.m. at the New Rec Center. The following is a list of activities that are being offered for the first semester of school. Starting with homework first, the children are assisted by our 3 Nanas (Marie, Abie and Gloria) if they so choose, to get their homework done prior to engaging in fun activities. Some of the activities that will be offered are: Table games, swimming, pool, ping pong, arts/crafts, Wii games, movies, kids' birthday celebration, music, karaoke, and break dancing, and field trips on Friday early release days. We will also provide them with some type of snack to carry them over until they are picked up and taken home. Come by and join us. Let's not be couch potatoes.

Break Dancing

As mentioned earlier, beginning August 31st Carl Anderson will be offering free break dancing lessons to both male and females who are interested, every Tuesday at 4:30 pm. at the New Rec Center. This program

Park Management

With the start of our monsoon season (lots of rain) our park system has really taken a beating with extreme heat, grub worm and fungus that attacks healthy parks when you have the right combination of all elements. Hardest hit is the Robert David/Fred Zuni Park at the Chical Neighborhood. With rains coming in so late, our park system was caught off guard for spraying against all of the above elements. We are however dealing with the situation and minimizing the affects on most of the parks.

Administrative Assistant for the Governor, Elaine Montoya and a resident of the Chical Neighborhood, did confirm that when many parts of Albuquerque area and some parts of the Pueblo of Isleta were missing the rains, their neighborhood was getting pounded. Pictured right is our Chical Baseball Field that will be dedicated on November 11th, Veteran's Day. They, too, took a hit with the extreme heat, grub worm, and fungus. For a new park that is in need of lots of water (every hour for just a few minutes) during germination, it is a terrible recipe for grub and fungus when you get inundated with too much rain. Pictured above is park management employee Robert Alderete treating the baseball field for these elements. Needless to say, Assistant Park Superintendent Robert Apodaca says, these are some factors they must continually deal with if we are to have a great park system that we can all be proud of. The Chical Baseball field will be ready for the grand opening in November, but future monies must be available for a rigorous fertilization program, if we are to avoid any future battles as we are currently experiencing. Several parks in Albuquerque and Bernalillo County have been devastated by this battle to keep our parks lush, green and beautiful.

will be for all ages young and old who want to be involved. Parents, this is just another way that we are trying to reach those kids who say "there is nothing for me to do, or they only offer programs for little kids".

Basketball Program

This year the Isleta Elementary School Principal said they (Elementary School) would be offering the after school Cross Country and Basketball program for their students ONLY. These duties have been handled by or assisted by the New Rec Center for over 10 years and have involved all Pueblo members who participate in or out of our Elementary School system. Traditionally, all BIA Elementary Schools throughout the State run this program for their own school and the New Rec Center in the past handled these duties for the school. Being this is something new to the Rec program, our three coaches, Bernie Jojola, Carl Anderson and Feather Anderson, are looking to filling the void by establishing a Basketball league for the mid-school and high school students who don't play varsity sports and for those pueblo students who are of elementary age and don't attend our Pueblo of Isleta Elementary School. If anyone is interested, both male and females, please contact any of our three coaches at 869-8557 to express your interest and sign up. Once a determination is made that we do have enough students to participate, we will work hard to get them involved in some type of league whether is be the County, City League, Valencia County League, or AAU Basketball programs. Bottom line, we want all pueblo students involved, if they so choose to play. The Adult Basketball Program that

is part of our Summer Program and played every Sunday is coming down to an end. League Director, Carl Anderson, says that this year's program is the most competitive to date with some fierce competitive games being played as they try to put themselves in a favorable position for the final seating for tournament play. Games are played on Sunday's beginning at 10 am, 11 am, 12 pm, and 1:00 pm.

YOGA

A free community yoga program is being offered for men and women every Saturday from 9:00 am until 10:25 at the New Rec Center. Yoga will help with stretching, building strength, reduce back and neck pains, develop flexibility in joints and muscles. The workouts are healthy, that are not too hard and yet not too easy. Our Instructor is Jennifer Fay, RYT-200, who has been teaching for over 3 years. She is registered with the Yoga Alliance, trained in vinyasa flow-style yoga, and formerly a practitioner of Chinese martial arts, since 1986. Anyone interested is asked to wear comfortable athletic clothing that will allow you to move freely. Please no baggy t-shirts because they will fall over your nose when you touch your toes. Be ready to practice barefoot.

For more information, please contact Jennifer at jfay_abq@yahoo.com or by phone at 299-2905. This program has really taken off and at last count had 12 Pueblo members involved. Next month I will have several pictures to show off our latest program.



End of Summer Fun Day and Barbecue



As I promised in last month's newsletter, that due to time constraints I was unable to get any pictures about the end of summer "fun day and barbecue". Well, on that particular day we had over 600 participants come through our gates and enjoy our Pueblo of Isleta hospitality where all who were hungry were treated to hamburgers, baked beans, potato chips and watermelon. The children present really enjoyed all the activities offered to them. Activities included: Plinko, face painting, Arts/Crafts display of summer works, Cake Walk, Wheel of Fortune, two different Jumpers, water slide, relay races with water balloons, and last but not least the most favorite of all activities, the Dunk Tank. Pictured below is a collage of pictures that were taken on that day and not available for print until today. Also I would like to extend publicly a special kudos to Kimberly Chiwewe for doing such an outstanding job dealing with our (breakfast and lunch) summer food service program. Having to deal with so many State and Federal regulations and inspections can at time be cumbersome but she always pulls through. Great Job New Mama to be, (January 2011) Kimberly Chiwewe. Also on special Note: She will be contacting all Pueblo of Isleta Departments for the planning of the upcoming Halloween Party. This should be in early to mid-September. Like always, this Halloween Extravaganza could not be what it has become without all departments participating. Thank you.





Isleta Pueblo Public Library

Hello, Isleta Pueblo! I sure hope everyone had a great summer. Fall is just around the corner, and school is in full session. Good Luck to all our students, may you have a good school year. Study hard and stay out of trouble. Remember, the library is always here to help, whether it's homework, computers, or maybe even a science fair project. Just ask for help, and we will be happy to assist you. We hope to see you soon.

NEWS

The library will be closed on **Monday, September 6, 2010**, for Labor Day.

During the past months the library has weeded its Audiobook collection and now has brought it up to date. Like the regular books, Audiobooks have a loan period of 30 days and are free to borrow. Feel free to stop by and take a look at our latest audio material.

Now that our inventory is complete, we will be sending out notices of overdue materials and unpaid fines. Please return overdue items or pay unpaid fines to bring your account to good standing. Thank you.

Don't forget about our **FREE BOOK BOX**, we even included **FREE AUDIO BOOKS** for those of you who are interested.

Since the new school year has started for everyone, let us take this time to remind everyone about our library policies, especially since it deals with the youth of our community.

- All students are required to sign in as soon as they arrive at the Library. Students are required to provide a contact number, in case of an emergency or early library closures.
- Middle school students and younger, will need to be picked up by 6:30 p.m., Monday-Thursday, or the Isleta Police Department will be notified as a safety precaution.
- High school students must be picked up by 7:45 p.m., Monday-Thursday, or the Isleta Police Department will be notified as a safety precaution.
- ALL students who walk will be sent home at 6:00 p.m., Monday-Thursday, or the Isleta Police Department will be notified as a safety precaution.

UPCOMING PROGRAMS

On Tuesday, September 7, 2010, students will have a chance to start earning points for an incentive field trip to a UNM Football game against UTEP. Points are earned by finishing their homework first and/or reading for at least 20 minutes a day. The first 10 lucky students who earn their points will attend this game on Saturday, October 2, 2010. (30 points are required).

On Monday, September 13, 2010, the toddlers will also have a chance to earn points for an incentive field trip to attend Story Time Live Presented by Nickelodeon at Popejoy Hall. They will have stories from Dora the Explorer, The Backyardigans, Wonder Pets and Ni Hao Kai-lan. To earn points, parents are asked to please bring in their toddlers for a story time at the library. We have set aside two story time sessions for your convenience. The

first story time session will start at 5:00 p.m. and the second story time session will start at 5:45 p.m. The toddlers will need to sit in on one of these times and listen to a story, then participate in an activity. It will take no longer than 45 minutes per session. One story time session will equal one point. The first 10 lucky toddlers who earn their points will attend this wonderful field trip on Friday, October 8, 2010. (12 points are required).

Well, I guess it's never too early to start planning our Halloween Carnival Booth – Be on a lookout for our booth at the Isleta Recreation Center.



Another community member who can now do all her homework on her own computer.

On November 6, 2010, our Annual Tribal Library Fund Raiser will take place at the Hard Rock Casino Hotel. This event is organized by and will benefit the following libraries: Acoma, Jemez, Laguna, San Ildefonso, Santo Domingo, Okhay Owiengheh and of course our own, Isleta Library. Our goal is to raise funds not met by current funding, such as those needed for operational expenses and library expansion. Tickets will be on sale for this night of fun. There will be a Banquet style meal, entertainment, and Silent and Live art auctions. Here's where we need the help of our local artists. We are once again asking for donations of your wonderful art for the silent and live auctions. With the help of our community this fundraiser is sure to be a success. We hope many of you can attend. Contact us for more information.

RECAP

Like I said, we are always here to help with homework and tutoring. So come in and take advantage of all our great resources we have available here at our local library. We look forward to providing you with the tools you need to succeed in school.

Congratulations to our essay contest winners. Five lucky families were selected for a free PC. They are: Victoria Abeita, Christopher Cambridge, Benjamin Cambridge, Fia Lucero, and Evangeline Gallegos. Congratulations, we hope the computers will be very helpful to you and your family.

We are back to our regular business hours 8:00 a.m. to 8:00 p.m. Monday – Thursday 8:00 a.m. to 4:30 p.m. every Friday.

The library is closed on Saturday and Sunday.

Please visit us soon for any of your library needs. We are here to help.



Here are a few of our computer recipients.



ADRIA NICOLE HELMICH RECEIVES FELLOWSHIP

Adria Helmich, Isleta Tribal Member, graduated on April 29, 2010 from the University of Michigan. She received a Master's Degree in Health Management and Policy. On June 1, she began her Fellowship at RML Specialty Hospital in Chicago/Hinsdale, IL. While at the university she served as the class representative of her program.

Adria received her undergraduate degree in Biochemistry from the University of Norte Dame in 2007. Adria was a recipient of Bill and Linda Gates Scholarship Fund. Last summer she interned with the National Health Services in Cambridge, England.

Adria is the daughter of Bill Helmich and Elthia Lucero.



IPPL

VS.



Zone



Go to a **UNM Lobos** game with
The Isleta Pueblo Public Library

Our **September After School Homework Incentive** is sure to
score points with our readers!

The plan is... **Beginning Sept. 7 thru Oct. 1, 2010,**
collect 30 points for reading or homework and we'll take you
to the **UNM vs. UTEP game on Oct. 2!**

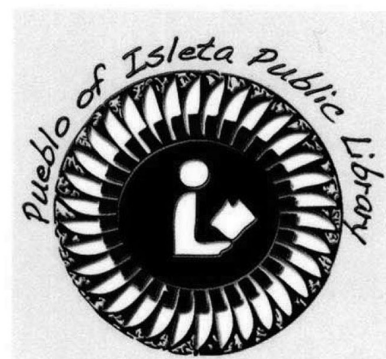
You can get **one point for twenty minutes** of reading or for
doing your homework here at the library
(large amounts of homework may get more points)

This program is open to the public.

Space is limited, so the **first 10** to reach the goal of **30 points**
will be the winners!

Transportation
and Dinner at
Dion's will be
provided on Game
Night!

For more
information
contact
the library at
869-8119.



Pueblo of Isleta Veterans Organization

Next Meeting: Wednesday, 15 September 2010 at 6:30 PM

It is now final...the American Legion Post 209 is now officially the Pueblo of Isleta Veterans Association. The major change is that we will now lower our annual dues from \$32 to \$25...and we will be keeping all dues for the benefit of our Veterans' Association. As a American Legion Post, we were required to send almost 90% of our annual dues to support the American Legion headquarters. Still, as before, any veteran with an honorable discharge may join the organization.

...and then...there will be refreshments...

Our mission has not changed...we are here to help our fellow veterans, their families and dependents. If you need help with veterans claims, info on veterans' benefits...call Theresa Zuni, NM State Veterans' Service Officer at 841-5346...or Ulysses.

We look forward to seeing you at our next meeting.

For any further information, you may call Ulysses at 307-1582.

Remembering our Veterans...



Jose P. Benavidez

Served in WWII, is shown here receiving one of his many awards. Benavidez spent his Army tour in Europe and was highly decorated.



Santiago J. Jojola

Served in WWII, shown here with a couple of his Army buddies...looks like somewhere in Europe.

ISLETA PUEBLO HOUSING AUTHORITY

The Isleta Pueblo Housing Authority will be hosting its 1st Annual Housing Fair on October 9, 2010. The event will take place at the Isleta Lakes music park starting @ 10:00 a.m. Booth space will be available for local and area businesses. Due to the final planning still in progress, the detailed information to tribal members will not be available until September 5, 2010.

Pueblo of Isleta Tribal Multi-Hazard Mitigation Plan

The Pueblo of Isleta Office of Emergency Management is developing a Tribal Multi-Hazard Mitigation Plan (HMP). A HMP assesses the risks and hazards of natural occurring events such as flooding, severe wind, and wildfire. The HMP proposes mitigation options such as flood control measures or vegetation-fuels management projects to reduce the impacts of flooding and wildfire to human welfare. Walsh Environmental Scientists and Engineers LLC were contracted by the Pueblo of Isleta to develop the HMP.

Employees of Walsh Environmental have identified potential naturally occurring risks and hazards to Isleta. Walsh Environmental will develop maps and reports that quantify the hazards and risks. This information will be used to identify mitigation actions to reduce the risks and hazards. The HMP will be most effective when it is adopted by the Pueblo, New Mexico Department of Homeland Security and Emergency Management, communities, stakeholders, and interested parties.

Integrating the community into the process will be achieved at two public meetings. Public input into the HMP process is necessary to help prioritize natural occurring hazards and identify mitigation projects to reduce risks. The Pueblo of Isleta Office of Emergency Management and Walsh Environmental will be hosting the first of two open house meetings to discuss the HMP planning process.

The first meeting will be held on Tuesday, June 8, 2010 at the Recreation Center. The meeting starting time will be 6:00 pm and end about 7:30 pm. The purpose of this meeting will be to discuss the HMP planning process, determine risks and hazards, and identify ways to protect human welfare interest.

Based on the information obtained at the public meeting and other information gathering process, Walsh Environmental will develop a draft tribal HMP. The draft tribal HMP will be reviewed at the second public meeting which will occur on October 26 at the Recreation Center and start at 6:00 pm.

The public meetings are open to all those that wish to attend. Representatives of the project will be available to talk about the HMP planning process and appropriate practices to reduce the risk of property loss from naturally occurring events. For more information, please contact Vernon Abeita, Pueblo of Isleta Emergency Manager at (505) 869-4486 or Jerry Barker, Walsh Environmental, at 303-443-3282.

Johnson-O' Malley (JOM) Program

Greetings from the staff of the Johnson-O' Malley (JOM) Program. It has been an awesome beginning for the school new year. There are many activities and events we are working on for this school year.

School supply distribution

We began the school year with basic school supply distribution for JOM eligible students and mandatory meetings for parents. During our meetings it was our time to inform parents about the Johnson-O'Malley program including the history, the concept behind JOM, the Indian Education Committee's roles and responsibilities, the importance of parent involvement, as well as providing parents information about our contracting process. We were able to assist 373 students in both elementary and high school with basic school supplies. This was an increase of approximately 75 students from last year. We have had an overwhelming request for calculators. We are working to get more of these items in as soon as possible. During our meeting we asked parents or guardians to complete contact sheets, the needs assessment form and sign release of information documents. These documents will allow the JOM staff to provide educational support at the schools. We were pleased to have the ladies from the Pueblo of Isleta Truancy Department attend our meetings, as well. If your student has not received school supplies, there is still time, however, parents or guardians are still required to meet with us for approximately 45 minutes so we can discuss all information shared during the mandatory meetings.

Tutoring

We will begin providing tutoring services on Tuesday, September 21, 2010. "This will allow students to settle and adjust to their new learning environments. We will begin enrollment for tutoring on September 7th, the day after Labor Day. The program will replicate last year's model; students will be placed on a short-term intense tutoring plan for six weeks. Prior to receiving services, it is imperative that we obtain the release of information document from parents or guardians. This document is extremely important as it will allow us to monitor the effectiveness of our tutorial services. We will also offer homework help from 5:30-6:15, Monday thru Friday.

Attention Parents of students at N.A.C.A and Valencia High School

Bernadette Correa will be at each school to provide academic support for your student. She will be at N.A.C.A on Monday and Fridays from 9:00am-10:00am. We are working on getting a schedule in place for Valencia High School. Please contact our office at 924-3189 to verify times for Valencia High School. We will be working with the middle schools to get times schedule soon.

Reimbursements

Once again we will offer reimbursements for lab fees, SAT testing, and ACT testing. Parents must pay out of pocket and submit an original receipt for dues paid. Please allow a minimum of two weeks to receive a reimbursement. Please note: reimbursements are paid directly to the student in the form of a check.

School Uniform Drive

Help us help others. We know there are many families that need additional support finding uniforms for their students. We are requesting everyone and anyone to donate unwanted used school uniforms so another child can be prepared for school. We are also accepting gently used coats and jackets for all school age children.

IEC Parent Meeting

The Johnson-O'Malley Program held its first monthly meeting for this school year. It was great to have seventeen people attend this meeting in addition to two staff members. However, we really do need more parents to be involved in the Johnson-O'Malley Program. As I informed all the parents that attended our mandatory meetings, we need to work together and build that relationship to ensure that your student achieves academic excellence. Elections were held for two positions on the Indian Education Committee. We would like to welcome Kevin Cherino to the Indian Education

Committee. The other position was filled, however, the second elected member decided to step down. We will be holding another election for the Indian Education Committee at the IEC parent meeting scheduled for September 18, 2010 at 9:00 a.m. We will be discussing student activities and events we have scheduled for the first couple of months during our parent meeting. We will also discuss the end of the end of the year educational trip.

At this time some members of the Indian Education Committee are planning to attend the National JOM Conference in Billings, Montana during the last week in October. The staff of the JOM Program has also submitted their educational requests to Tribal Council for review. Conferences such as these are important; they provide students learning opportunities while introducing them to other Native American students from around the United States. Valuable information is shared among JOM Programs from across the country. National Board Members elections are also held at this time. Educational issues and concerns are addressed during many of the workshops offered at these conferences. Last year the Pueblo of Isleta Johnson-O'Malley Program received a national award as an Exemplary Program.

Johnson-O'Malley Open House and Educational Game Night

The JOM Program will be hosting an educational game day and open house on Monday, October 4th from 5:00 pm to 8:00 pm. Come meet the staff of the JOM Program and enjoy a tasty treat. We will have tons of educational games for students and parents to enjoy.

Educational Trip for the Month of September

We are planning to take a group of middle and high school students to Kasha-Katuwe Tent Rocks National Monument on Saturday, September 25, 2010. We will leave the Tutoring Center at 7:30am. We will take students on a short hike followed by a sit-down session to discuss goal setting for this academic year. We will also incorporate writing and self-reflection activities. This trip is geared for middle and high school students. It will be on a first come, first serve basis. Parent permission slips will be available at the JOM Tutoring center.

If you have any questions or concerns, please do not hesitate contacting our office at 505-924-3189, or stopping by the office located at the Old Elementary School.

Geraldine, Bernadette and Beverly

Freedom from Smoking

Take Back Control of Your Life!

<p>8 sessions to help you STOP SMOKING!</p> <p>Session 1 (Thinking about Quitting)</p> <p>Session 2 (On the road to freedom)</p> <p>Session 3 (Wanting to quit)</p> <p>Session 4 (QUIT DAY)</p> <p>Session 5 (Winning Strategies)</p> <p>Session 6 (The new you)</p> <p>Session 7 (Staying Off)</p> <p>Session 8 (Let's Celebrate)</p>	<p>Want to Stop Smoking?</p> <p>SIGN UP FOR FREEDOM FROM SMOKING.</p> <p>SESSIONS HELD AT THE ISLETA HEALTH CENTER</p> <p>NEW CLASS STARTING SEPTEMBER 22, 2010</p> <div style="display: flex; justify-content: space-between; align-items: center;"> <div style="text-align: center;"> <p>Contact Stephanie Barela at 505-869-4479</p></div> </div>
---	---

weekly prizes!

Help from Others that are going through the same thing!

Nicotine Replacement Therapy for those clinic patients that attend the weekly sessions!

Mental Health 1st Aid Training

In the month of August The Isleta Community Action Team (ICAT) provided two Mental Health 1st Aid trainings to the Isleta Community. Over 40 community members and service providers attended the trainings which were hosted by the Isleta Head Start Program and the Isleta Health Center. The trainings, provided by Dr. Michael DeBernardi and Dr. Raymond "Ande" Anderson of the Life Link Training Institute, provided participants with a lot of valuable information that they can use to make a positive impact in the community. For example, did you know that one out of every four adults in the United States experience a mental disorder every year? This means that virtually everyone knows more than one person who is or has experienced a mental health issue.



More important than knowing how many people have a mental disorder is knowing what you can do to help, which is exactly what this training provided. Participants learned the 5-Step Action Plan or ALGEE, and applied it to a number of mental health disorders including depression, substance abuse, panic attacks and more. As part of the training each participant received a Mental Health First Aid USA manual, a certificate, and two free lunches!

MENTAL HEALTH FIRST AID ACTION PLAN	
A	Assess for risk of suicide or harm
L	Listen non-judgmentally
G	Give reassurance and information
E	Encourage appropriate professional help
E	Encourage self-help and other support strategies.



The evaluations of the training were excellent and the most common response was that we need to train more people on the pueblo! When Angie Jojola was asked what she thought of the training she said “Mental Health First Aid Training was Great! Learning the knowledge and skills to respond in a mental health emergency and to be able to offer support to someone who is in distress is a wonderful tool to know. I wish more of the community and programs would have attended. It was truly an “Eye Opener”!”

Community member Cheryl Hunt believes that the Mental Health First Aid was important, so important in fact that everyone in the pueblo should attend. “We really need more people to be aware of

ALGEE and actually use it in the community,” Cheryl said. “Every teacher, police officer, tribal court, elder care worker, and EMT need to become skilled with using ALGEE. We should be teaching this to our young people too.”

ICAT is committed to bringing more important trainings, community celebrations and youth development opportunities to Isleta. If you would like to see more trainings like this one, or a training on another topic offered in the Isleta Community, call or email Brian Serna at 869-5477 or bserna@islclinic.net.



Tewa Women United

14th ANNUAL GATHERING FOR MOTHER EARTH

Tap into the passion of love & light in natural laws to create community unity in a **FREE social event**, celebrating a world anew. **Tewa Women United** invites all communities to bring their families and friends to the **14th Annual Gathering for Mother Earth**. The Gathering will take place starting **Saturday, September 25th with a sunrise ceremony and Healing Relay Run, at 7:00 am; program & entertainment from 9:30 am to 6:00 pm on Sat., & ending at 12:00 pm on Sunday the 26th**, located at the **Pojoaque Pueblo Gathering Grounds**, just west of Hwy 285/84 near Pojoaque High School.

We are looking for food and arts & crafts vendors, healers and practitioners of all types, and organizations to partner with us in the exciting multicultural event. We are also in need of performers & entertainers as well as plenty of volunteers to help us. A **Registration Form** is attached for anyone wishing to register for any of the above-mentioned activities. We are also inviting

anyone who would like to join the **Healing Run**, to please register for that as well. More information about that activity is attached.

The Saturday evening communal meal entrees include the traditional "sister" foods of beans, corn, squash and other fresh garden treats. In years past, we have had fresh salmon. Farmers & growers are also invited, free-of-charge, to bring the fruits of their harvests and set up tables to sell.

Kids activities and storytelling are also part of this exciting annual free multicultural event. So please join us for ceremony, fun & celebration.

We look forward to seeing you and your family at the GATHERING FOR MOTHER EARTH. For more information, please call Kathy Sanchez @ 505-747-3259, ex. 1203, Elisa Lucero, Event Coordinator @ 505-470-8592 or visit www.tewawomenunited.org.



14th Annual GATHERING 4 MOTHER EARTH SEPTEMBER 25 & 26, 2010

REGISTRATION, DONATION AND VOLUNTEER FORM
FOR MORE INFORMATION CALL 505-747-3259
FAX: 505-747-4067

www.tewawomenunited.org



◆ ARTS, FOOD, INFO, PRODUCE SPACES & VOLUNTEER INFO MUST BRING OWN TABLES, CHAIRS & COVERS

_____ ARTS & CRAFTS	\$20.00 (WITH RAFFLE DONATION- FOR BOTH DAYS)
_____ INFORMATION/RESOURCE	FREE
_____ PRODUCE SPACE	FREE
_____ HEALING SPACE / TENT	FREE (WE ARE EXPANDING THE SPACE!)
_____ FOOD BOOTH	\$20.00 (FOR BOTH DAYS)
_____ HEALING EARTH RELAY RUN	FREE (SATURDAY MORNING)
_____ I WANT TO VOLUNTEER	

NAME: _____ PHONE _____

ADDRESS: _____

E-MAIL ADDRESS _____

◆ RAFFLE DONATION

DONATED ITEM _____ VALUE _____

DONATED BY _____ PHONE _____

ADDRESS _____

EMAIL ADDRESS: _____

TAX DEDUCTIBLE: _____ YES _____ NO (WE'LL PROVIDE A RECEIPT)

◆ PROGRAM AD (MUST BE BLACK & WHITE AND CAMERA READY)

_____ BUSINESS CARD \$25.00 Contact Name _____

_____ 1/4 Page \$50.00 Org./Bus. Name _____

_____ 1/2 Page \$100.00 Address _____

Phone _____

Email _____

MAKE CHECKS OR MONEY ORDERS PAYABLE TO:

TEWA WOMEN UNITED
MAIL TO: PO BOX 397
SANTA CRUZ, NM 87567

WIC Notes:

Enzymes

Do any of these sound familiar to you?

- You used to be able to eat anything you wanted without giving it a second thought but now you have a mental list of foods you know will give you trouble.
- You occasionally feel bloated after you eat - like you have to unbutton your pants or loosen your belt.
- You avoid certain restaurants or certain types of food.
- You occasionally experience intestinal gas.
- You have irregular bowels - occasional constipation

This could be due to a lack of digestive enzymes. Digestive enzymes are naturally produced within your body. But sadly, there are far too many people whose enzyme stores become depleted for one reason or another. Then you can't digest your food optimally. The cycle of occasional bloating, indigestion, and other minor digestive issues begins.

The food you put into your mouth is a complex mixture of fats, proteins, and carbohydrates, along with vitamins, minerals, and other components. You need a robust supply of digestive enzymes to process food as it passes through your intestines. To absorb these nutrients into your bloodstream, you've got to break these large molecules down into smaller bits. The digestive enzymes are specialized proteins, each designed to break apart a specific type of molecule in your food. For example, there are:

- Lipases - to break down fat
- Amylases - to break down large carbohydrate chains
- Proteases - to break down protein
- Lactases - to break down milk products

Enzyme Depletion

All too often, diminished levels of your normal digestive enzymes are the root cause of less-than-optimal digestive function. Here are a few of the many common reasons that your enzymes might be depleted.

- A generally unbalanced diet, without the right mix of carbohydrates, fats, and proteins
- Inadequate vitamin or mineral intake
- Poor eating habits - rushing through meals, not chewing thoroughly
- Exposure to artificial food additives, colorings, and preservatives
- The aging process - as you advance into middle age, a certain degree of enzyme depletion becomes almost inevitable

With all these possible factors contributing to enzyme depletion, it's no wonder that minor digestive complaints are so common. Fortunately, there are a number of steps you can take today to make sure your digestive

tract has maximal support to do its job. It begins when you take your first bite.

Chewing

First of all, the chewing process mashes your food into small pieces and partially liquefies it, making it easier to digest. Secondly, when food hits your mouth, it stimulates saliva production. Saliva contains its own digestive enzymes, so the longer you chew, the more time these enzymes have to get to work while your food is still in your mouth. This makes it easier on your stomach and small intestine. There's also a third reason to chew your food thoroughly. The chewing process stimulates a reflex that primes your pancreas and other digestive organs to do their job. It's a brilliantly designed part of the automatic communication system that keeps your body's organs working in harmony. While we're on the subject of chewing, there's another important change you can make to save your digestive tract lots of stress.

Avoid Chewing Gum

Chewing gum interferes with the coordinated digestive tract reflexes. Every time you put a stick of gum in your mouth and start to chomp, your brain thinks you're eating

food. So it sends signals to your stomach, pancreas, and other digestive organs to get them ready for the digestive process. Your pancreas is fooled into manufacturing a batch of the digestive enzymes your brain thinks you'll need. If you keep this pattern going month after month, your pancreas gets exhausted from the repeated over-production. Then it won't be able to produce the digestive enzymes you need when you actually require them.

Unfortunately, even if you follow these important health habits, your digestive enzymes could still become depleted. You may need some extra help with your digestive process.

Enzyme Supplement

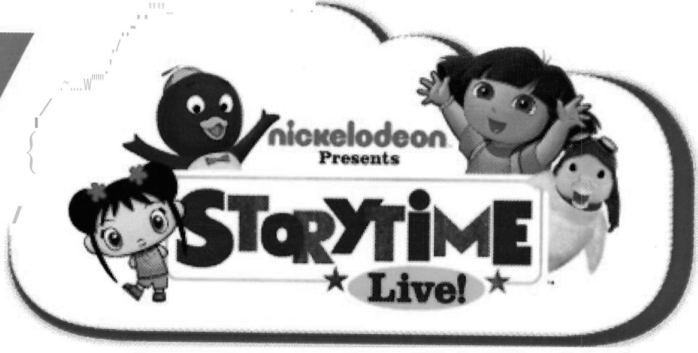
Fortunately, you can give your natural enzymes a boost with a supplement that you consume at meal times. It should contain a mixture of different types of enzymes, to help digest all the components of your diet: lipases for fats, proteases for proteins, amylases for carbohydrates, and lactases for milk products.

If you have any questions please contact our office at 924-3180.

Cara Garner, WIC Nutritionist

S
t
o
r
y

M
e




**Friday,
October
8th**


Starting September 13th, we will start our incentive program for those students between the ages of 3 and 7. The students are required to sit in for story telling and participate in an activity afterwards. This will take no longer than 30 minutes. After they come to at least 12 of the 16 story times, they've earned a spot to go to **Nickelodeon presents Story Time live at Pope joy Hall.** This is a musical adventure that has stories from **Dora the Explora, The Backyardigans, Wonder Pets, and Ni-Hao and KaHan.** We will also provide dinner at McDonalds. To guarantee a spot you will need 12 story times.

**Story Times are
Monday thru Thursday at 5pm and 5:45pm**

*Students cannot attend more than one story times in a day.



For more information,
please feel free to call
the Library Staff at
869-8119



WIC Breastfeeding Corner

Breast Milk Sugars Give Infants a Protective Coat

A recent study from researchers at the University of California found that a portion of human milk is not digested by infants. Researchers say that the purpose of these indigestible sugars is to influence the type bacteria in the infant's gut-which provides the infant with protection from harmful bacteria. These indigestible sugars promote growth of good bacteria in the infant's intestines and they serve as a trap for harmful bacteria in the infant's gut. Toxic bacteria and viruses bind to sugars on human cells and can cause illness in the infant. When the complex sugars from human milk are present, harmful bacteria binds to the sugars instead of human cells. The harmful bacteria are then carried out of the body without causing harm to the infant.

An article appearing in the New York Times online states:

"The details of this three-way relationship between mother, child and gut microbes are being worked out by three researchers at the University of California, Davis — Bruce German, Carlito Lebrilla and David Mills. They and colleagues have found that a particular strain of bacterium, a subspecies of *Bifidobacterium longum*, possesses a special suite of genes that enable it to thrive on the indigestible component of milk."

"The indigestible substance that favors the bifido bacterium is a slew of complex sugars derived from lactose, the principal component of milk. The complex sugars consist of a lactose molecule on to which chains of other sugar units have been added. The human genome does not contain the necessary genes to break down the complex sugars, but the bifido subspecies does, the researchers say in a review of their progress in today's *Proceedings of the National Academy of Sciences*. The proteins in milk also have special roles. One, called Alpha-lactalbumin, can attack *tumor* cells and those infected by viruses by restoring their lost ability to commit cell suicide."

"Such findings have made the three researchers keenly aware that every component of milk probably has a special role. 'It's all there for a purpose, though we're still figuring out what that purpose is,' Dr. Mills said. 'So for God's sake, please breast-feed.'"

Source: *The New York Times* online article 8/2/2010 --By Nicholas Wade

Original research appears in: *Proceedings of the National Academy of Sciences*, December 2, 2008 / vol. 105 / no. 48

Breastfeeding makes a difference in your health and the health of your child. If you need help or encouragement with breastfeeding your child, call the Isleta WIC office at #924-3180.

WANTED — JUNK CARS

Do you want to get rid of that junk car sitting in your backyard that hasn't been started since...?

Do you want it to be hauled away at no charge to you?

Do you want to make a few dollars? Call Pat at 452 - 7980

Cancer 101 For Isleta Employees and Tribal Members

September 8, 9, and 10, 2010 10 am-noon OR
October 5, 6, and 7 5:30pm-7:30pm

NO REGISTRATION FEE!!

PRIZES!!!!

**Wednesday, September 8, 2010 10am-12 or
October 5, 2010 5:30-7:30pm**

"Cancer among Native Americans" and
"What is Cancer"

**Thursday, September 9, 2010 10am-12 or
October 6, 2010 5:30-7:30pm**

"Cancer Screening and Early Detection" and "Cancer
diagnosis and Staging"

**Friday, September 10, 2010 10am-12 or
October 7, 2010 5:30pm-7:30pm**

"Cancer Risk and Risk Reduction" and
"Basics of Cancer Treatment"

Presented by Michelle Suina

For more information and to Sign up, please call
Stephanie Barela, 869-4479

(date and times are subject to change, so Sign Up
and you will be notified)



A Partnership Between The Center for Native American Health, NCI Cancer Information Service and UNM Cancer Research and Treat-

Notice

The Isleta Pueblo Housing Authority is in the process of accepting and updating housing applications for all tribal members who did not update their housing application for the year 2010.

You may pick up an application at our office between the hours of 8:00 a.m. to 4:30 p.m., if you are interested in being placed on the Waiting List for housing assistance.

If you have any questions please contact our office at 869-4153.

October 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5 Cancer 101 5:30-7:30 869-4479 to sign up	6 Cancer 101 5:30-7:30 869-4479 to sign up	7 Cancer 101 5:30-7:30 869-4479 to sign up	8	9
10	11	12	13	14	15	16
17	18	10	20	21	22	23
24	25	26	27	28	29	30

PRSRT STD
U.S. POSTAGE PAID
ISLETA, NM 87022
PERMIT NO. 2

ISLETA PUEBLO NEWSLETTER
P.O. Box 1270
Isleta, New Mexico 87022

