



Isleta Pueblo News

Volume 7 Issue 9

September 2012

From the Desk of Governor Frank Lujan

First of all, I hope this newsletter finds each of you doing well. I first want to extend our sincerest condolences to the families who recently lost their loved ones. To the families of the Garcia's, the Jiron's and the Montoya's, "May our Creator bless them with spiritual bliss and may they have a peaceful eternal life".

On August 23, 2012, the Tribal Council approved the Employment Contract for Ms. Pamela Gallegos, who is now the Chief Executive Officer for the Hard Rock Hotel and Casino Albuquerque. It has been nearly a year since the former CEO left and it is now time to move forward and to expend all our energies to become a major economic development engine in gaming. I am confident that this will happen. Some of the details of the Contract include: a three (3) year contract with a base annual salary of \$227,500.00, an option to renew, a bonus plan (2% above the target value for the year) which, if earned, will be shared with all casino employees. In other words, if the target is thirty five million dollars (\$35,000,000.00) and the Hard Rock makes thirty seven million (\$37,000,000.00) dollars, then 2% of that amount is forty thousand (\$40,000) dollars to be shared by CEO and the casino employees. We believe this will give the CEO and the employees an incentive to be more productive and get rewarded for excellence in service. Overall, this will also benefit the Pueblo. For the example I gave, the Pueblo will receive an additional one million six hundred thousand (\$1,600,000.00) dollars in revenues. I ask you to please give Ms. Pam Gallegos your full support as we in Administration will surely do so.

During our St. Augustine Feast Day, the Tribal Council and my administration met to certify the candidates to fill the tribal council vacancy caused by the resignation of Mr. Robert Benavides. The vacancy was announced on August 15, 2012, therefore, in accordance with our Tribal Constitution, thirty (30) days following, a Special Election shall be held and that date is September 15, 2012. Registration for the special election is set for September 1, 2012, and will be for one day only. Eligible voters are those who registered and voted during general election. The following individuals who declared their candidacy and Council certified are:

Mr. Larry B. Jaramillo
Mr. Ron Olguin
Mr. Ralph Douglas Jiron

Best of luck to each of the candidates.

My Lieutnantents and I met with a number of state and congressional candidates running for office. As I mentioned in last month's newsletter, this year we anticipate some closely contested races. Some of the candidates who have visited with council to introduce themselves and explain their reasons for running are: Congressman Martin Heinrich (D) who is running for the US Senate seat to

replace retiring US Senator Jeff Bingaman. Also, I and former Councilman Robert Benavides met with Heather Wilson (R) who is also running for Senator Bingaman's seat against Heinrich. Michelle Lujan-Grisham (D) also visited the Council who is running for the US Representative seat vacated by Congressman Heinrich in District 1.

Also, Congressman Ben Ray Lujan stopped by. It is important to note Congressman Lujan has been appointed as Chairman of the Indian Affairs Committee. Although the Congressman is not in our district, he along with the noted candidates, have pro-Native American views.

In the state races, Senator Michael Sanchez (D) has visited us here at the Pueblo more than once. Senator Sanchez is our present representative in District 13 (Valencia County) and is currently the Senate Majority floor leader. Senator Sanchez was with us during the Governor's feast and also walked the procession along with his wife. I truly appreciate him and Representative Ken Martinez for taking part in our festivities. Ken Martinez (D) is our newest representative who will represent Isleta in the state legislature by virtue of redistricting. We are now in District 69 along with Laguna and Acoma and part of Zuni. Also visiting with us was David Chavez (R). Mr. Chavez was with us during the Governor's feast and also spent a few minutes with the council. Mr. Chavez is running as a Republican for the State District 13 Senate seat (Valencia County). Council Vice-President Joseph Lucero, Councilman Mark Dixon, and I attended a fund raiser for Governor Susana Martinez. We mentioned to Governor Martinez our desire to meet with her and discuss our tribal issues with her. I look forward to the meeting happening, despite the recent news articles which were released concerning an e-mail sent by Attorney Pat Rogers, New Mexico Chairman of the Republican Party, to high ranking members of Governor Martinez's administration. The e-mail was an insult to the tribes in New Mexico, and all Native American peoples throughout the US. The e-mail stated that "Governor Martinez dishonored General George Custer", for meeting with state tribal representatives during an education summit. We have asked Governor Martinez to repudiate the email.

In the past few days, Lt. Torres and I met with Congressman Jim Moran. Congressman Moran is from the State of Virginia and is currently the Chairman of the Appropriations Committee. Lt. Torres and I talked to him about the diversion dam, seeking help to settle the long-standing trespassing issue with Middle Rio Grande District, the continuing silt build up and other issues related to the dam. We gave him a tour of the dam as well as the Chical area. We showed him the area, as we have plans to install a sanitary sewer system in Chical and

Ranchitos. We also mentioned similar plans for development of the south reservation area adjacent to Los Lunas off of 1-25 and the need for an off ramp. These projects are high cost projects and will definitely require help from the federal and state governments. We are fortunate we get attention from such high ranking officials from the US Congress. We need to continue our dialog with them and seek their support.

Please feel free to stop by our office for voter information, as the deadline to register to vote for the General Election which will be on November 6, 2012, is on October 9, 2012.

In other news, an offer was made to the Pueblo of Isleta to purchase the piece of land owned by Mesa Del Sol, located to the north of the One Stop Convenience Store. The property is twenty three (23) plus acres. After numerous meetings, an offer of eight hundred and one thousand (\$801,000.00) dollars was agreed to between the Pueblo and Mesa del Sol. The Pueblo now has until September 17, 2012, to cancel the agreement if we choose to do so, which is known as a "Buyer's Right". Some of the development ideas are to perhaps go to a box retail store like a Target. We received a call of interest from Cabella's about a year ago. The property has a lot of potential.

Lastly, I want to put a rumor to rest that has been circulating for some time now. I was just asked yesterday, August 28th, if the Pueblo will issue a per capita distribution to tribal members (some say \$8-\$10 thousand dollars in December?). That would be a nice Christmas, however, sad to say...NOT true. How and where these rumors start are beyond me.

Have a wonderful September.

Irrigation Water Outlook for the Remainder of the Season

The Middle Rio Grande Conservancy District (District) stopped releasing stored water from El Vado Reservoir on Saturday, August 18th. Irrigation diversions will be dependent on the Natural Flow in the Rio Grande and releases of Prior and Paramount (P&P) water stored in El Vado for use by the Six Middle Rio Grande Pueblos only. Releases of P&P water will be used to supplement the Natural Flow in the Rio Grande.

Water deliveries to the Isleta will continue, but the ditches will not be full all the time. Scheduling of water deliveries to Isleta may be necessary. If this happens, irrigation water may only be available every other week. Please work with your Mayordomos to make sure everyone receives adequate water in a timely manner. This will require watering when the water is available including watering at night and during the week. Farmers are urged to cooperate and use the limited water supply wisely.

2012 Per Capita Distribution News

The majority of Per Capita checks were picked up on September 7th and 8th, 2012. The individuals eligible totaled 3,487 for a total cost of \$6,972,000. There are 200 checks yet to be distributed, they may be picked up at the Treasury Office at the Tribal Service Complex no later than February 28, 2013. All unclaimed checks will be null and void after this date and the funds will be returned to the General Account.

The following table shows the withholding of funds from individuals, purpose, and the amount for a total of \$171,985.95.

2012 Withholdings from Per Capita

18	Scram Bracelets / Detention Tracking	\$ 7,208.00
16	Jail Fees	\$ 9,983.00
107	Court Fines	\$ 20,896.00
61	Child Support	\$ 42,632.50
13	Restitution	\$ 6,330.42
1	Child Support Pending Court	\$ 1,000.00
1	Animal Control	\$ 700.00
58	Housing Payments	\$ 61,107.53
1	Conservation	\$ 970.00
SUBTOTAL		\$ 150,827.45
77	Acequia Madre	\$ 10,312.50
74	Cacique	\$ 10,846.00
427	TOTAL DEDUCTIONS	\$ 171,985.95

The Pueblo of Isleta Head Start & Child Care announces the sponsorship of the Child and Adult Care Food Program.

All participants in attendance will be offered the same meals with no physical segregation of, or other discriminatory action against any person, Non-Discrimination Statement: This explains what to do if you believe you have been treated unfairly. "In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjudication, 1400 Independence Avenue, SW, Washington, D.C. 20250- 9410 or call toll free (866) 632-9992 (Voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer."

STANDARDS FOR DETERMINING ELIGIBILITY EFFECTIVE FROM JULY 1, 2012 TO JUNE 30, 2013)

Meals will be provided at: (List center's name and addresses of all sites.)
Pueblo of Isleta Head Start & Child Care
2 Sagebrush St.

Household Size	FREE			REDUCED		
	Year	Month	Week	Year	Month	Week
1	14,521	1,211	280	20,665	1,723	398
2	19,669	1,640	379	27,991	2,333	539
3	24,817	2,069	478	35,317	2,944	680
4	29,965	2,498	577	42,643	3,554	821
5	35,113	2,927	676	49,969	4,165	961
6	40,261	3,356	775	57,295	4,775	1,102
7	45,409	3,785	874	64,621	5,386	1,243
8	50,557	4,214	973	71,947	5,996	1,384
For Each Additional Family Member	+5,148	+429	+99	+7,326	+611	+141

Isleta, New Mexico 87022

Media submitted to:
Isleta News

Date of submission:
August 16, 2012

MESSAGE FROM THE ISLETA TRIBAL POLICE DEPARTMENT

Top Ten Back To School Safety Tips

The biggest concern as kids go back to school are pedestrian-motorist injuries. Please be aware of speed zones around schools, school buses and children walking along rural roads.

The top 10 tips you can give your children so they stay safe are:

1. Know your **home phone number and address**, a backup emergency number and **when to call 911**.
2. Don't ride with or talk to **strangers**, including any **untrustworthy people** or people the child doesn't know well.
3. Have a **companion** when walking to school; wear a **helmet** when biking to school.
4. If riding the bus, **arrive early, stay out of the street**, and don't bend down in front of the bus.
5. **Obey all traffic signals**, signs, and traffic officers whether walking, biking or riding the bus.
6. **Plan a route** to the bus stop, walk it with a parent and identify possible hazards.
7. Avoid dressing in **hoods or jackets with drawstrings** more than 3 inches long; these catch in playground equipment and can cause strangulation.
8. Practice **courtesy and sharing** on the playground; pushing, shoving and crowding frequently lead to injury.
9. **Don't give in to bullies**; tell the bully to stop and if it continues, walk away, then tell a teacher.
10. Don't accept any **medicine not prescribed** by a doctor or the school nurse and **don't ever share** your own prescription medicine.

Vernon Alvarez, Chief of Police
Pueblo of Isleta Police Department
P.O. Box 699 Isleta, New Mexico 87022
Mobile (505) 514-3760 Main (505) 869-9704
Office (505) 869-9707
Dispatch (505) 869-3030 / 3370 / 4943

E-WASTE COLLECTION

On September 25, 2012, the Pueblo of Isleta's Solid Waste Department in conjunction with Eight Northern Pueblos hosted an E-waste collection. The collection was held in the parking lot of the Isleta Health clinic welcoming not only tribal members, but also Valencia County residents.

E-waste collection is the recycling of electronic equipment. We collected over 50 old TV's, a number of computer monitors, computers computer towers, printers, cell phones, stereos, VCRs, cameras and other electronic items that were accepted for disposal. Many times disposal of these items is difficult and expensive. Together with the Eight Northern Pueblo consortia, the Solid Waste department was able to make this event free of charge to the community.

The Pueblo of Isleta's Solid Waste Department would like to thank all who participated to help make this event successful.

Jennie Olguin
Solid Waste Supervisor

Title VII Indian Education

Los Lunas/Valencia High Schools

WELCOME back to another school year. We hope that you had a restful summer vacation and are ready to return back to school with a positive attitude, which includes daily attendance and getting passing grades. As you returned back to school, you saw all the construction for the new addition which will include a new two story high school. This project should be completed in a couple of years. The first few days of school will be attempting to find a way to your classrooms, and as of today it looks like you are all doing a good job. As you are aware the passing periods are a little longer, but we continue to encourage you to get to your classrooms as quickly as possible and not be late. Parents and students, please read the rules and regulations for the upcoming school year as we want you to do your best in passing all your classes.

ABSENCES

It will be necessary to send a note on the day the student returns to school explaining the absence. Failure to bring the required note will result in the absence being counted as unexcused. MAKE UP WORK may be requested after the third consecutive absence by calling the counselor's office.

LLHS STAFF/PHONE NUMBERS

Los Lunas High School...505-865-4646

Principal

Mr. Dan Padilla

Assistant Principals

Mr. Kevin Benavidez, ext.6004

Ms. Leslie Gurule, ext.6012

Athletic Coordinator

Mr. Jason Baca, ext 6013

Counselors

Ms. Natalie Saiz, ext.6027

Ms. Gabrielle Torres, ext 6007 A to F

Ms. Ronda Flores, ext. 6016 G to M

Ms. Julie Macaferri-Rodrigues, ext. 6006 N to Z

Secretaries

Debra Selisky, ext 6002

Ms. Sandy Chavez, ext. 6144

Registrar

Ms. Cindy Giron, ext. 6008

Activities Director

Ms. Pam Davis, ext 6106/6128

Security

Mr. Mike Sprunk, ext 6011

Indian Education, Coordinator

Ms. Jeanette D. Garcia, 505-866-8291

REPORT CARD GRADING PERIODS 2012-2013

REPORT CARDS ISSUED

OCTOBER 2, 2012

NOVEMBER 14, 2012

JANUARY 11, 2013

FEBRUARY 27, 2013

APRIL 19, 2013

MAY 30, 2013

OPEN HOUSE - SEPTEMBER 20, 2012 from 6:00 -7:30 pm

PARENT/TEACHER CONFERENCES

OCTOBER 24-25-26,2012

JANUARY 23-24-25, 2013

EARLY RELEASE WILL BE EVERY FIRST WEDNESDAY OF EACH MONTH. 1/2 day of school on these Wednesdays.

Please feel free to stop by and visit your child's high school and or request a parent/teacher conference with your counselor.

Title VII Indian Education Contact:

Ben Analla, Los Lunas High School, Title VII, Indian Education
505-865-4646 ext 6145

banalla@llschools.net

LLHS...Mondays/Wednesdays/Fridays

Valencia H. S. ... Tuesdays & Thursdays..565-8755.(Please leave a message, Title VII office phone extension not hooked up yet.. Thank-you)



PUEBLO OF ISLETA
HUMAN RESOURCES DEPARTMENT
P.O. BOX 1270, ISLETA, NM 87022
PHONE: (505) 766-6621 FAX: (505) 869-7579
EMAIL: poi70103@isletapueblo.com
www.isletapueblo.com

THE PUEBLO OF ISLETA HUMAN RESOURCES ARE ACCEPTING APPLICATIONS FOR THE FOLLOWING VACANCIES:

- **Executive Director** — Pueblo of Isleta Gaming Regulatory Agency
- **IT Systems Administration** — MIS Department
- **Bus Driver** — RPT (25 Hours) Isleta Head Start & Child Care
- **Water/Wastewater Operator I/II** — Public Works Department
- **Medical Records Manager** — Isleta Health Clinic
- **Teacher** (2 Positions) Isleta Head Start & Child Care
- **Substitute Teacher(s)** Isleta Head Start & Child Care

For a complete position description, log on to www.isletapueblo.com, "Career Section" of the home page, or contact us at the above number if you have any questions. PUEBLO OF ISLETA is a Drug Free Employer. Successful completion of pre-employment drug screen and completed Back Ground Investigation is a condition of employment. **"It is the policy of the Pueblo of Isleta to give preference to qualified Isleta Pueblo Tribal Members."**

A Petition to Probate (No. PT-090-08)

the Estate of Frances Lucero- Aragon, deceased on March 5, 2004 has been filed in the Isleta Tribal Court. Any person claiming interest in the estate is hereby requested to notify the Tribal Court Clerk within 30 days from the date of this notice being posted.

NEW ADULT EDUCATION GED HOURS

Beginning immediately! New ABE — GED hours will be from 8 AM — 4:30 PM, Monday through Friday. I realize that this may cause problems for some of you who may not meet with me during these hours. For any questions, please call Ulysses Abeita 307-1582.





Beginning January 2, 2013 Solid Waste will begin picking up regularly scheduled routes on holidays.

With the exception of:
Thanksgiving, Day after Thanksgiving
Christmas, New Year's

**PLEASE BE SURE YOUR CANS ARE
OUT BY 7:00 A.M
ON YOUR REGULAR SCHEDULED DAYS!**

POI Department of Education - *Executive Director's report - Christle Bearheels-Ricketts*

SCHOLARSHIP PROGRAM - The Pueblo of Isleta Department of Education is pleased to announce the selection of a new Scholarship Coordinator, Jennifer Padilla. Ms. Padilla comes to the Department of Education from the Behavioral Health Program and is a welcome addition to the DOE. Ms. Padilla is a former POI Scholarship student who graduated with her Bachelor of Arts degree in Social Work from New Mexico Highlands University and a Master of Arts degree from New Mexico State University.

Ms. Padilla has jumped in feet first and is already working on Scholarship awards for the Fall 2012 semester. When all students have been processed for the semester, Ms. Padilla will be available to meet individually with students to review their degree plan and provide counseling and advisement. The POI Scholarship Program's goal is to assist students with achieving their degree within reasonable time constraints, as mandated by the Federal Government. Additionally, Ms. Padilla, along with Evangeline Chavez, Scholarship Assistant, will assist with any student who needs help filling out their Free Application for Federal Student Aid (FAFSA).

A POI Scholarship Handbook/Planner has been published and is ready to be picked up at the Department of Education. ALL POI Scholarship students and Isleta High School students will receive a copy of the Handbook, which is full of information from getting ready to apply to college and seeking financial aid to applying for the POI Scholarship. The new Scholarship application is also included in the Handbook.

WORKFORCE INVESTMENT ACT & AMERICORPS PROGRAMS - Also new to the POI Department of Education is our new Workforce Coordinator, Mrs. Myra Garro, who has been incredibly busy since she joined the DOE in March of this year.

Mrs. Garro handles the WIA Grant and AmeriCorps grant duties, which focus on the development of workforce skills, job placement and community volunteerism. Mrs. Garro can be seen out in the Pueblo community visiting with Site Supervisors and clients placed in various POI Departments and Programs.

Mrs. Garro holds a Bachelor of Science in Workforce Education and Training, a Master of Arts in Human Resources Development and an A.B.D in Educational Administration from New Mexico State University. Her resume outlines an extensive body of experience working with workforce development, human resource management, and educational training and support systems. Since the beginning of her employment at the POI Department of Education, Mrs. Garro has improved on both grant programs and is looking forward to lending her skills to clients seeking the GED.

COMPUTER LAB - Computer classes were offered this summer three evenings a week. Classes were held on Monday, Tuesday and Thursday evenings from 5 - 6:30 pm. Each class had a maximum seating allowance of five students, to allow for more one-to-one teaching. This summer's class was titled, "Basic Computer Class" and provided instruction and hands-on opportunities for students to learn the basics such as: turning on the computer, opening windows, setting up an email account, sending email and accessing the internet. This class runs to mid-October and two more classes will be added this Fall: Basic Word and Basic PowerPoint. Look for flyers in the community advertising the start up of these courses or call the Department of Education at 924-3170 to sign up.

Another program that is forthcoming and will be available in both the Computer Lab and the Distance Learning Classroom is the

Accuplacer Test. The DOE has applied to be a site administrator for the Accuplacer test that is currently utilized by Central New Mexico Community College (CNM) to determine student's skill level in math, reading and writing. The DOE will use this tool to assist students who require tutoring services or to advocate on behalf of students in the high schools to get the academic help they need. In order to better serve the community, students in middle school, high school and incoming college Freshmen will be encouraged to come to the DOE to take the Accuplacer test on a regular schedule.

The DOE staff is here to assist students of all ages gain access to educational opportunities. The following is a directory of staff and their positions.

- Executive Director*
Christle Bearheels-Ricketts
- Administrative Assistant*
Leona Jiron
- Scholarship Coordinator*
Jennifer Padilla
- Scholarship Assistant*
Evangeline Chavez
- Supervisory Academic Counselor*
Geraldine Jojola
- Office Clerk*
Beverly Piro
- Workforce Coordinator*
Myra Garro
- Adult Basic Education Coordinator*
Ulysses Abeita
- Education Technology Technician*
Paul Lujan

The Board of Education has two (2) vacancies that will be advertised. Any interested parties should submit a letter of interest along with a resume to the POI Tribal Council for consideration. Current Board members include: Charlene Lucero, President; Terry Wilson, Secretary and Frances Cherino, Member.

Pueblo of Isleta Veterans' Association Meeting

The next meeting of the Association will be on Wednesday, 19 September 2012 at 6:30 PM. The Association is making "slow, positive" progress on construction of a Veterans' Center at the Richard "Dickie" Baker site in Los Charcos. We need input and support from our veterans on this project. For the next meeting, we have invited two of our NM State Representatives who sponsored our capital outlay proposal during the 2012 Legislative session. We need to update our reps on the progress we've made, and again seek their support on this project.

Any veteran with an honorable discharge may join the Association, which includes an annual fee of \$25.

Any questions...please call Ulysses at 307-1582 or e-mail uabeita@yahoo.com.

Theresa Zuni, Veterans Service Officer, at POI Tribal Library

Theresa Zuni, NM Department of Veterans' Services, Veterans Service Officer, will be at the Pueblo of Isleta Library on September 19, 2012 from 1:00 PM - 4:00 PM, and again on October 17, 2012, to assist veterans, spouses, widows and children of veterans in filing claims with the Department of Veterans Affairs, i.e. Compensation and Pension; provide further information and referrals to other veteran benefit agencies.

Theresa has NM State Veterans' Benefits information on:

- Veterans' Property Tax
- Vietnam Veteran Scholarship
- In-State tuition for Veterans
- Veterans' License Plates
- Apprenticeship Training
- On-the-Job Training (OJT)
- Exemption from Excise Taxes on Vehicle Purchases
- World War II and Korean Veterans' High School Diploma
- Children of Deceased Veterans (Tuition at post-secondary school)

The above is only a partial list of benefits available.

Please bring with you a copy of a DD214, and any correspondence you may have received from the Veterans Administration.

For more information, you may call Theresa at 505-841-5346.



VALENCIA COUNTY BUREAU OF ELECTION 2012 GENERAL ELECTION

October 9, 2012 TUESDAY
October 9, 2012, TUESDAY
November 2, 2012, SATURDAY
October 20, 2012, SATURDAY
November 3, 2012, SATURDAY
November 6, 2012, TUESDAY

VOTER REGISTRATION CLOSES AT 5:00PM
ABSENTEE MAILING STARTS AT 8:00AM
ABSENTEE MAILING ENDS AT 5:00PM
EARLY VOTING STARTS AT 10:00AM
EARLY VOTING ENDS AT 6:00PM
GENERAL ELECTION DAY 7:00AM TO 7:00PM

EARLY VOTING SITES: Beginning Saturday, October 20, 2012

1. Valencia County Courthouse, 444 Luna Ave. Los Lunas, NM 87031
2. Belen Community Center, 305 Eagle Ln., Belen, NM 87002

OPERATION DATES & HOURS: October & November
Tuesday's-Saturday's 10:00AM-6:00PM
Ends on November 3, 2012 at 6:00PM

ABSENTEE VOTING SITE: Beginning Tuesday, October 9, 2012
1.) Valencia County Courthouse, 444 Luna Ave.
Los Lunas, NM 87031

OPERATION DATES & HOURS: Monday-Friday 8:00AM-5:00PM
Until Absentee Closes on November 2, 2012

WHO CAN VOTE? All eligible Valencia County registered voters.

QUESTIONS- Valencia County Clerk's Office — (505)866-2080 or (505)866-2079

VALENCIA COUNTY ABSENTEE VOTING FOR 2012 GENERAL ELECTION

Vote Absentee at Valencia Clerk's Bureau of Elections Office on October 9, 2012 thru November 2, 2012. Starts @ 8:00am and ends @ 5:00pm. Or request for an absentee application and you can vote in the privacy of your own home. All you need to do is fill out an absentee application and mail it to the address marked on the application or you can drop it off at the Valencia County Clerk's BOE Office, 444 Luna Avenue, Los Lunas, NM 87031.

Please remember to mark General on the absentee application in the Election box area.

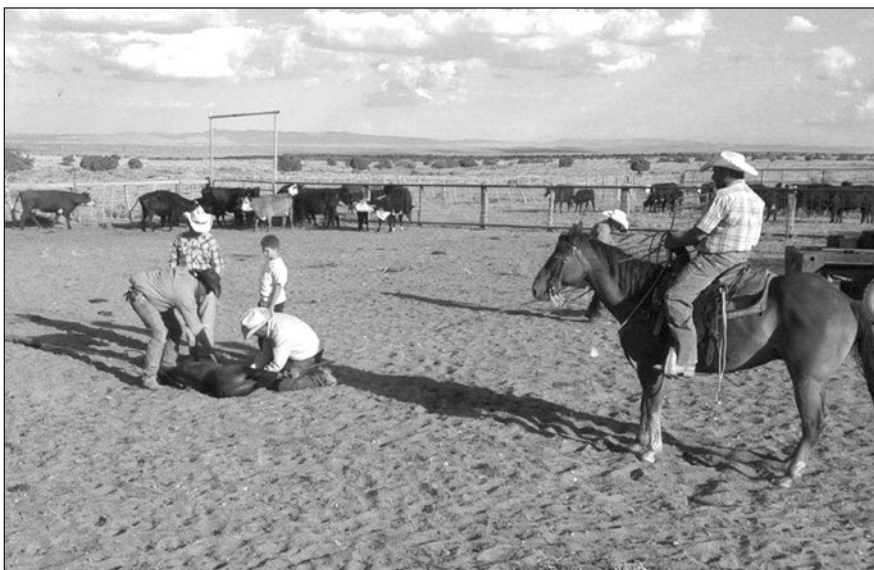
All eligible Valencia County registered voters can vote in the 2012 General Election.

**If you have any questions,
please call 505-866-2080**

Isleta Business Corporation — Comanche Ranch Roudup

The Isleta Business Corporation (IBC) Would Like to thank everyone who came out to the Comanche Ranch Roundup" that was held on the evening of July 27th. Thanks to IBC staff, Ranch Manager Martin Abeita and his staff for a well-planned event. Sitting down to a delicious meal and enjoying great conversation with good people made this event a success. Once again thank you for your participation.

D. Judy Abeita-Chavez
IBC Executive Assistant





Pueblo of Isleta Public Library

Greetings from the Library Staff! Hope you all enjoyed the feast days.

News

Great news! The Library will now be open on Saturdays from 9am-1pm.

Afterschool homework program has been a great success since the school year has started. Our Library staff will help the children on any homework they need assistance with. We have all the resources here at the Library. We now have a form that needs to be filled out by a parents / guardians in case of any emergency and to be up to date with current contact information.

Upcoming

Expo New Mexico State Fair is just days away and your library is celebrating with some good ol state fair fun. Bring your family and friends to come win State Fair passes starting September 11. 1st place receives 2 All Day Weekend Ride Passes and 2nd place will win 2 Children's Admission & 1 Adult Admission Pass. All events taking place will happen from 5pm-6pm. Kicking off the program will be a biggest bubble gum blowing contest on September 11. On September 12 we will be having a pie eating contest (35 pies-1 per contestant). Ending the State Fair program is a celebrity lookalike contest. For children 4 years old and younger we will be having a coloring contest with a state fair themed coloring sheet. Coloring must be done at the Library.

The State Fair Parade is Saturday, September 15, and your Library, along with Isleta Recreation Center, Behavioral Health, and the Isleta Language Program, will be participating in the parade. This year's theme is "Meet me at the Fair". Keep a look out while you watch the parade and give us a big smile and wave.



New Mexico Tribal Libraries Foundation Golf Tournament at Tanoan Country Club. Registration line for the golf teams.



Most honest team at the New Mexico Tribal Libraries Foundation Golf Tournament.



A little patron during Open House checking out our new kid friendly computers in our Children's Room.

Our first Incentive Field Trip for the 2012-2013 school year is set. We will be going to the Balloon Fiesta's Special Shapes Glowdeo & Fireworks show. We will also be having dinner at Fuddruckers, all paid for by the Library. Children Pre-K to 12th grade can start earning points on September 17 by reading and doing homework at the Library. Children must earn 25 points by October 11. We will be taking the first 20 students on Friday, October 12.

If you have any questions on any programs mentioned, please feel free to call the Library at 505-924-3192.

Recap

New Mexico Tribal Libraries Golf Tournament was a success. We had a total of 20 teams who participated in the tournament. They received a polo golf shirt, a mini cooler filled with golf gear and breakfast and lunch. Acoma Learning Center, Laguna Public Library, Santa Ildefonso Community Library, Jemez



Library staff member cutting the cake for Open House at the Library and Education Complex.

Community Library, and Isleta Pueblo Public Library make up the New Mexico Tribal Libraries Foundation. We held a silent auction and raffle which benefited the foundation. We also had a celebrity

guest, Steven Michael Quezada from Breaking Bad. Thank you to all the Golfers that participated and also to Tanoan Country Club for providing us with your beautiful facility.

The Library was a water station for the August 22 Diabetes “Locomotion 70’s Disco” Fun Run. There was total all 180 runners and walkers that participated. We handed out water bottles and cheered everyone on as they completed up to 3 miles. The library will be a water station yet again for the upcoming Fun Walk/Run September 26. Thank you to everyone who showed up to the Library and Education Complex open house August 23. We gave tours of the facility, gave out information on the programs the Library offers, gave out new Library cards and enjoyed burgers, hotdogs and cake. It was great to see new faces. Stay up to date with our Facebook page: www.facebook.com/IsletaPuebloLibrary

Pueblo of Isleta Public Library

Hours of Operation:
Monday-Thursday: 8:00am-6:30pm
Friday: 8:00am-4:30

Mailing and Physical Address:
950 Moonlight Drive
Albuquerque, NM 87105

Phone:
(505) 924-3192

Email: poi02002@isletapueblo.com
Web Address: www.isletapueblo.com/library2.html
Youtube: www.youtube.com/user/poilibrary



2012 NM State Senior Olympics

Pueblo of Isleta
Game Results



*Indicates Qualified for National Competition in Cleveland, Ohio
(June, 2013)

Archery:

*Herman Lente	1st Place
*Gloria Analla	1st Place

Basketball (Free-throw):

Lorenzo Jojola	1st Place
Shirley Jojola	4th Place
Gloria Analla	5th Place

Basketball (3-pt.):

Shirley Jojola	3nd Place
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Golf:

*John M. Jojola	4th Place
*Juan R. Jojola	4th Place
*Kenneth Jojola	2nd Place
Carlos Zuni	4th Place
*Patty Jojola	1st Place

Horseshoes:

*Lorenzo Jojola	1st Place
*Rose Zuni	2nd Place

Recreational Events:
(Frisbee (Distance):

Lorenzo Jojola	1st Place
Marie Kirk	1st Place
Gloria Analla	5th Place

Frisbee (Accuracy):

Lorenzo Jojola	3nd Place
Shirley Jojola	1st Place
Lillian Jaramillo	1st Place
Marie Kirk	1st Place
Gloria Analla	4th Place

Huachas (cont.)

Lorenzo Jojola	1st Place
LaVern Doyle	1st Place

Elsie Lucero	1st Place
Josephine Velardez	1st Place
Lillian Jaramillo	2nd Place
Isabel Carpio	3nd Place

Softball Throw:

Lorenzo Jojola	1st Place
Gloria Analla	3nd Place

Shuffleboard (Singles)

*LaVern Doyle	1st Place
*Alberta Lente	1st Place
*Elsie Lucero	2nd Place
*Priscilla Reyna-Jojola	2nd Place
*Pauline Lente	3nd Place
*Marie Kirk	3nd Place
*Lupita Chewiwi	4th Place
Rosie Papuyo	5th Place
Rose Zuni	5th Place

Shuffleboard (Double)

*Isabel Carpio/Rose Zuni	1st Place
*Alberta Lente /Marie Kirk	2nd Place
*Lillian Jaramillo /Jose Martinez	2nd Place

Track: (400M est.)

Lorenzo Jojola	2nd Place
Priscilla Reyna-Jojola	1st Place
Marie Kirk	1st Place
Lupita Chewiwi	5th Place
LaVern Doyle	5th Place

Track: (800M est.)

LaVern Doyle	1st Place
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ISLETA ELDER CENTER

Have you ever wondered if you or your loved one may have Memory loss? Most elders have some type of memory loss. Memory loss can be temporary due to lack of oxygen, dehydration, stress, depression, medications or other medical conditions. Or, it may be Alzheimer's, Dementia or age related dementia. The most common forms of irreversible dementias are Alzheimer's and Vascular Dementia. Here are 10 basic warning signs of Alzheimer's:

1. Memory loss that disrupts daily life

2. Challenges in planning or solving problems

3. Difficulty completing familiar tasks at home, at work or at leisure

4. Confusion with time or place

5. Trouble understanding visual images and spatial relationships

6. New problems with words in speaking and writing

7. Misplacing things and losing the ability to retrace steps

8. Decreased or poor judgment

9. Withdrawal from work or social activities

10. Changes in mood and personality

Writing down your observations along with the frequency will help to assist in identifying whether it is a problem or not. Sometimes one family member notices changes initially while other siblings may not. Sharing concrete examples, written down, may trigger other family members to remember other examples of memory loss. If your loved one exhibits any of the ten (10) warning signs, a clinical evaluation is essential. You must make an appointment with their **primary doctor**. It would be advantageous for you and other family members to develop a list of specific changes observed in your loved one prior to the doctors visit. The key determining factor in pursuing a diagnosis is the first warning sign: **Is the memory loss disrupting their daily life?** If so, obtaining a diagnosis is important in determining what is causing the memory loss. It may be something reversible or irreversible. Medications

The difference between Alzheimer's and typical age-related changes:	
Signs of Alzheimer's	Typical age-related changes
Poor judgment and decision making	Making a bad decision once in a while
Inability to manage a budget	Missing a monthly payment
Losing track of the date or the season	Forgetting which day it is and remembering later
Difficulty having a conversation	Sometimes forgetting which word to use
Misplacing things and being unable to retrace steps to find them	Losing things from time to time

may assist a person with dementia to stay functioning at a higher level longer; therefore enhancing their quality of life.

Deborah Gustafson, MS, PhD, Associate Professor at New York Downstate Medical Center, Brooklyn NY in partnership with the AASTEC (need to spell out) along with trained surveyors conducted a study titled the "Heart and Mind Study" in Isleta Pueblo in 2011. The tribal council recently approved the release of the study results for community presentation.

To promote community wide awareness on the issue of Alzheimer's and Dementia, the Elder Center will conduct two days of workshops to include Dr. Gustafson's presentation on the Heart and Mind Study. The following events and services are offered to all community members:

October 24, 2012 6pm — 7:00pm
"Heart and Mind" — Dr. Gustafson-Study Results

Purpose; How the survey was conducted; Methods used; Measuring Cardiovascular Risks-Physical functioning and disability and cognitive impairment; Study group characteristics; overall health; impairments; social network; education; cardiovascular risks; self-reported medical history; Hypertension; overweight and obesity; genotype; conclusion; and future efforts.

October 25, 2012 9am to 4pm
Workshops

- Comparison of Memory Loss/Dementia/Alzheimer's
- Stages of Dementia
- Panel Discussions / Members that have cared for loved one with memory loss
- Family Involvement and Other Caregiver Supportive Services
- Isleta Health Clinic — What can we do?
- Isleta Judicial System - Legal Support / Guardianship
- Power of Attorney/Advanced Directives/Conservatorship

October 26, 2012 9am to 3pm
Trade Fair

Vendors to include: Alzheimer's Association, Hospice, Local, County, and State-wide services, Durable Medical Equipment, Caregiver resources and materials, etc.
For more information or to register call the Elder Center at 766-6644. Lunch will be provided on both days.
Following the workshops, the Elder Center will offer a monthly support group for families on the third Tuesday of the month from 4-6pm along with private counseling for families by appointment with an experienced consultant.

POI - Elder Center Activities Calendar September 2012

September 3:	Elder Center Closed — Labor Day Holiday	September 15-18:	National Indian Council on Aging Conference (NICOA)-Albuquerque, NM
September 4:	Elder Center Closed — Pueblo of Isleta Feast Day (St. Augustinito)	September 17:	Elder Field Day: "Senior Day" at NM Expo - NM State Fair Grounds -10 am
September 5:	Elder Field Day: Bingo at Hard Rock — 10:30 am	September 19:	Laguna Feast Day
September 6:	Catholic Mass — 11:30 am	September 19:	Commodities
September 11:	Shopping Assistance: Wal-Mart — 10:00 am	September 20:	Friendship Coffee/Breakfast served 9:00 am — 9:30 am
September 9-12:	Special Event: Elder Trip to Laughlin, Nevada Herrera Coaches/POI Elder Center	September 20:	General Meeting — District Attorney Lemuel Martinez (Fraud/Scams)
September 13:	Senior Olympic - 2012 POI Athletes Awards Ceremony, Elder Center 5:30 pm-7:30pm (by invitation only)	September 24:	Commodities
		September 25:	Advisory Board Meeting — 10am — 12 noon (Open to the Public)
		September 26:	"End of Summer" - Banana Splits - 1:00 pm

Note:
1) Enhance Fitness (Monday, Wednesday & Friday) 10:30 am — 11:30 am

ISLETA POLICE DEPARTMENT TRAFFIC DIVISION NEWS

The Isleta Police Department Traffic and Patrol Divisions participated in the "Drive Sober or Get Pulled Over" Mobilization. As part of the Indian Highway Safety Program grant, the department conducted DWI Saturation Patrols and a sobriety checkpoint during the period of August 17 through September 3, 2012. As the program is still underway at the time of this submission, no statistical data is available. The Department will also be participating in the 100 Days and Nights of Summer through the end of September as part of the National Highway Traffic Safety Administration (NHTSA) program.

The Traffic Division will also be participating in a carseat clinic at the Isleta Health Center on September 8, 2012 as all four members of the division are certified carseat technicians. With this in mind if anyone has questions or concerns regarding the proper installation or obtaining information regarding child seat safety, please do not hesitate to contact us. Please leave a message at 869-9722 or contact the Isleta Police Department Dispatch Center and leave a message (869-3030).

It is hard to believe "Summer Vacation" has ended and the children are back in school. Please take extra care watching for our youth in neighborhoods, along roadways, at bus stops, and at the schools. Keep in mind that officers will be in these areas as well watching for drivers speeding and/or failing to obey posted signs for school zones. They will also be monitoring the school bus zones so please be aware of the rules of the road for the safety of our children and all who travel the roadways.

With every new school year, there is the addition of new drivers attending Driver Education and getting in their required hours of driving time. Remember this is a new and exciting experience for these novice drivers and they might not be as focused as they should be, so it is up to the "seasoned" drivers to be vigilant and aware of these youthful drivers. Please take a moment to read information published by NHTSA.

The National Highway Safety Administration Information on Teen Drivers:

A Comprehensive Approach to Teen Driver Safety

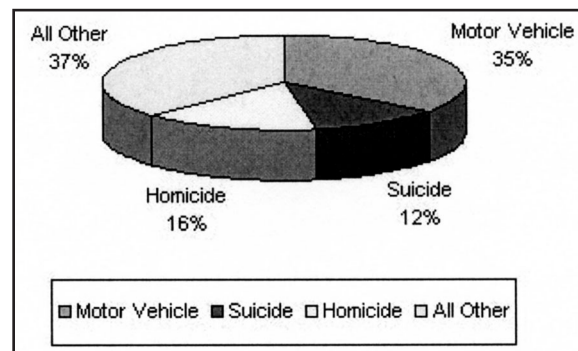
NHTSA has developed a multi-tiered strategy to prevent motor vehicle-related deaths and injuries among teen drivers: increasing seat belt use, implementing graduated driver licensing, reducing teens' access to alcohol, and parental responsibility.

Leading Cause of Death for Teens

The heart of NHTSA's mission is keeping families safe on America's roadways. Young drivers, ages 15- to 20-years old, are especially vulnerable to death and injury on our roadways - traffic crashes are the leading cause of death for teenagers in America.

Mile for mile, teenagers are involved in three times as many fatal crashes as all other drivers.

Leading Causes of Death for Teens



We Know the Causes

Research shows which behaviors contribute to teen-related crashes. Inexperience and immaturity combined with speed, drinking and driving, not wearing seat belts, distracted driving (cell phone use, loud music, other teen passengers, etc.), drowsy driving, nighttime driving, and other drug use aggravate this problem.

The Objective of this Site

We've designed this site to provide you with the fundamental resources and information you'll need to help promote what research clearly shows reduces teen crashes -

- Increasing seat belt use,
- Implementing graduated driver licensing, and
- Reducing teens' access to alcohol.

We've designed the template materials so they are quick and easy to customize to promote your teen program. You'll find talking points, earned media tools, collateral materials and various other marketing materials designed to be tailored to maximize your local outreach efforts to various key audiences.

It's not just good parenting, it's a matter of life and death. You need to talk to your kids about traffic safety early and often -

before they reach driving age. When your teenager begins driving, we recommend that you set rules and then clearly outline the consequences of breaking the rules.

We know that getting through to your teen can be tough, but research tells us that teens listen to their parents, and that you influence your kid's driving habits. Remind your teenager that driving is a privilege - a privilege they will lose if they don't drive by your rules.

Set the standard

You need to teach safe driving behavior from the beginning. As the parent, you can start by modeling safe driving behavior anytime you drive your kids anywhere, even before they begin to drive.

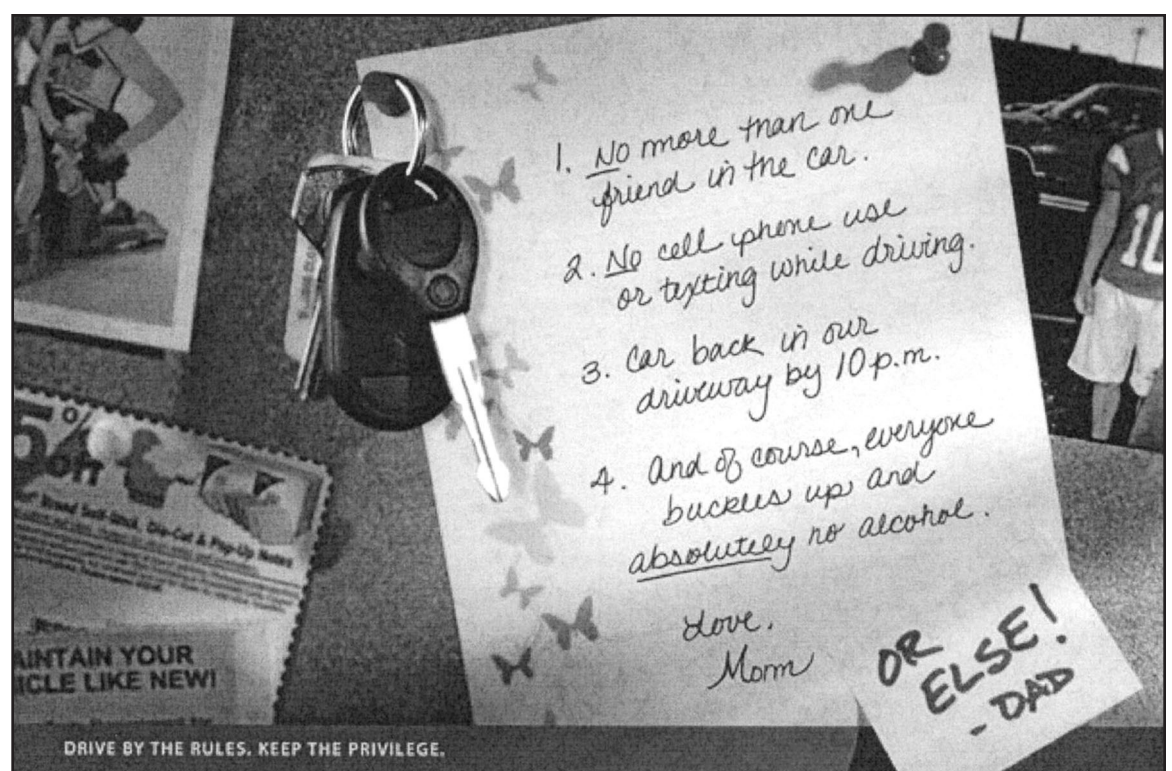
Talk to your teen about safety issues and the rules you are setting. Explain each one of your rules and the consequences for breaking it. Write up a contract with your teen driver to make sure they drive by the rules and drive as safely as possible. Include the most important issues. Here's how:

Spell out the rules

1. Alcohol: Absolutely No Alcohol
2. Seat belts: Always Buckle Up!
3. Cell phone/texting: No talking or texting while driving
4. Curfew: Have the Car in the Driveway by 10 p.m.
5. Passengers: No more than one at all times
6. Graduated Drivers License: Follow the state's GDL law
7. Parental Responsibility: Set your house rules and consequences

CONTACT INFORMATION:

Isleta Police Department Traffic Division
Traffic Safety Officer Sharon K. Mitamura
poi06056@isletapueblo.com
(505) 869-9722 (505) 382-1518



Parks & Recreation

Although summer isn't officially over (until 21st of September), September 2012 is the beginning of our Fall/Winter Program. August 2012 was the month that our summer program ended (August 2nd) and we hosted the per capita distribution on August 7th and 8th with absolutely no problems, and then we immediately thereafter closed until August 20th for general clean-up and major swimming pool renovation. Once the program did begin we immediately jumped into the Cross Country Running season now being headed up by our very own lifeguard turned cross country coach, Alyssa Jojola and assisted by our newest employee Phillip Abeita. Because cross country begins so quickly Alyssa had an organizational meeting for those children and parents interested in the program during the time we were closed in mid August. Incidentally, the first meet of the season will be hosted by the Pueblo of Isleta on Saturday, September 8th at Big Momma Hill. Anyone interested in volunteering for the meet can make contact with Alyssa at 933-4573. We can use all the extra help for concession sales, spotters, and finish judges.

Closure of the New Rec.

During the time we were closed for general maintenance and clean-up we had the gymnasium cleaned, sanded and varnished once again making it look like a brand new wood floor was recently installed, and the swimming pool (Big Pool) tank was totally emptied and gutted out and then resurfaced. This should have the pool be good to go for the next several years. Again this is done to insure that we keep our facility in tip top shape and we are protecting the investment you have entrusted in me as your Director. During the time the main pool was resurfaced and new lights installed a cloud of dust was generated by the contractors removing the old plaster from the surface of the pool. Because of this a thick layer of dust was deposited throughout the entire pool area which ultimately allowed us to (for the first time) to clean all of the ceiling rafters, vents, walls and equipment. A drivable lift and a towable compressor were rented to blow off the dust which had accumulated not only during construction but over the years since this facility had been open which is now over 16 years old. Lifeguard Alyssa Jojola immediately became the volunteer and took a lesson on the lifts operation controls and became the official lift driver/operator. When all was said and done, all of our female lifeguards took control and became the crew in charge of cleaning up the dust and insuring our Natatorium was back in beautiful shape prior to us reopening the pool. Also, Head Maintenance Technician James Keryte also stripped and waxed all the floors and painted most of the building. What didn't get finished while we were closed is being tackled now until he is completed. Pictured is our very own lifeguards Thurby Valencia and Alyssa Jojola maneuvering the lift that allowed cleaning the vents, rafters and ceilings in the swimming area. The succeeding picture has Kaitlyn Chavez untangling the pressure hose to continue with the job at hand plus one of an empty pool that was totally resurfaced.



Swimming Pool News

August swim lessons were cancelled due to the resurfacing project. Because of school schedules for our instructors (UNM and CNM) we will not be able to reschedule these classes until swim lessons normally return in June of 2013. We apologize to those who were scheduled for lessons but it was unavoidable because of the nature of our funding and the need to get the job done ASAP.

Halloween Extravaganza

At the present time we are in early stages of once again formulating the Halloween Party that was cancelled last year due to funding shortfalls. Right now a meeting has been set for September 7th at the New Rec. Center with all Pueblo Departments expressing interest in once again reviving the event. Kimberly Chiwewe along with MaryAnn Carpio will once again be chairing this event. We will keep everyone posted as we proceed with this event's date and time.

State Fair Parade

We are now for the first time getting involved in this year's State Fair Parade. We are in collaboration with the Library, Behavioral Health and the Language Program in building a float that will be in the parade on Saturday, September 15th. We hope that our float that is being built is something that everyone from the Pueblo of Isleta will be proud of. The theme for this year's parade is "Meet Me At the Fair" Hopefully we will see many of our pueblo residents at this year's State Fair Parade which will fall right in line with this year's theme.



PUEBLO OF ISLETA POLICE DEPARTMENT

REPORTING A CRIME – EMERGENCY AND NON-EMERGENCY.

If you've been the victim of a crime or think you have witnessed one, you should report it to the police straight away. Your information could be used to prevent other crimes and help keep other people safe. Find out about the different ways of reporting a crime.

EMERGENCIES - Dial 911

If you've just seen a serious crime being committed, then you should DIAL 911 as soon as possible. Your call should be answered within ten seconds. A dispatcher will ask you to describe what has happened and where you are. They may ask if you need any other emergency services, such as an ambulance. If the situation is an emergency, a police officer will come to the scene to talk to you. They'll ask you to explain what happened, and they can help you decide what to do next.

Reporting non-emergency crimes

If you want to report a minor crime, such as a stolen mobile phone or missing property, you should call the Isleta police dispatcher to have an officer take a report. By not using 911 for minor crimes, you're making sure that people in genuine emergency situations can reach the police quickly.

Non-emergency crimes can include:

- vandalism
- graffiti
- abandoned cars
- Unknown people in your area

Giving a statement

Whether you reported an emergency or non-emergency, you will have to give a statement to the police. That means that you'll have to tell an officer what happened to you or what you saw.

They may ask you questions or ask you to repeat yourself, to make sure the statement is as accurate and as detailed as possible. When you've finished giving a statement, the police will usually read it back to you to make sure that their written account matches yours.

If you agree, you'll sign the statement and get a crime reference number. If you want to contact the police about the same incident in the future, you'll need to keep that reference number in a safe place.

If you're a victim of theft, you'll need to use the reference number when you tell your insurance company.

How to report crime anonymously

If you want to report a crime, but do not want to be identified to the police, call or text message to the Isleta-Crime-Tip-Hotline at; (505) 264-7258

REMEMBER! You can call Isleta-Police-Crime-Tip-Hotline at any time (505) 264-7258

PLEASE KEEP THESE ISLETA POLICE DEPARTMENT DISPATCH TELEPHONE NUMBERS IN A HANDY PLACE BY YOUR TELEPHONE.

(505) 869-3030

(505) 869-3370

(505) 869-4943

You can also submit an anonymous crime-tip message via Email at: Crimetiphotline@isletapueblo.com

21st Annual Red -Ribbon Relay Run



September 12, 2012-Wednesday

Bernardo to St. Augustine Church (approximately 32 miles)
free Lunch At Hard Rock Casino for All Participants

September 13, 2012-Thursday

St. Augustine Church to Bataan Park (approximately 17 miles)
Free Brunch at Park for All Participants

September 14, 2012-Friday

Bataan Park to Indian Village at State Fair Grounds
(approximately 2 1/2 miles) Free Entrance to The State Fair for All Participants

“UNITED WE RUN TO BE DRUG FREE”

We gather from four directions and unite through a multi-cultural relay run to strengthen ourselves in a complete circle; mentally/emotionally, physically, spiritually and socially. We take this lead initiative in becoming visible to combat the drug & alcohol issues affecting our communities.

This is a state-wide event in which participants from most tribal communities run far distances as a relay team. The runners from Alamo begin on their reservation and run to Bernardo. That is where the Isleta runners begin. On the final day of the run is when all the participating runners gather from each tribe and run as a group to the Indian Village.

It's always a fun time and a great experience!

COME JOIN US! ALL RUNNERS WILL RECEIVE A FREE T-SHIRT!

For More Information & Registration,
Please call IBHS at (505) 869-5475 or contact
Krystal-klucero@islclinic.net or Eloisa-edewahe@islclinic.net

Johnson-O'Malley Program

Greetings! It is hard to believe that we just kicked off the 2012-2013 school year. Where did our summer go? We have been extremely busy these past couple of months and we apologize for not providing updates over the summer. There are a couple of things that we would like to share with you. We have kept super busy over the summer with the Summer Bridge Program, updating the student count, school supply distribution, working on the National JOM Conference and we were also able to squeeze a trip to the Santa Fe Penitentiary in there as well.

Summer Bridge Program.

The Summer Bridge Program kicked off June 11 and ended July 19. The Summer Bridge Program was geared for students in grades Kindergarten through 8th grade. We had two groups, the morning group consisted of students that were in grades K-4th. The afternoon group included those students those that were in grades 5th-8th grade. We utilized a transitional workbook that prepared students for the new school year. The workbook itself included a variety of academic exercises, these exercises assisted in the retention of previous knowledge. The book also helped to build a strong academic foundation for the upcoming school year. Students also participated in hands-on learning activities and outdoor collaborative activities that kept them physically active. It is always an awesome experience when we are able to provide a direct service to students.

Student Count Update

For years and years you have probably heard people talking about JOM and the "frozen" student count. The JOM student count has been frozen since 1995. In December, as a result of the 2012 Appropriations Act at the Department of the Interior, a clause was included that indicated that the House wanted an updated student count for JOM. The Bureau of Indian Education (BIE) was given six months to provide the House with an updated student count. This deadline fell on or about June 20, 2012. Prior to submission of the revised student counts BIE hosted Consultation Hearings across the US to gain input from individual Tribes affected by unlocking the student count. Unfortunately, we were unable to attend these Consultation Hearings.

We have heard from Lloyd Tortalita, the Region II JOM Representative that the discussions allowed for communication to begin as it pertained to changes and requirements for updating our student counts. Several key issues, such as funding levels and the June deadline were a few concerns that were discussed. Our numbers depend upon verified eligibility of a student. As required by most federally funded programs we are required to have a CIB on file as a means of eligibility verification for those served by the JOM program. Over the past years, many parents have graciously provided copies of these documents. However, we are still lacking a few. If we

are unable to verify eligibility of students served, our student count will decrease and our funding dollars may also be cut. So, at this point in time it is extremely important to have student's verified eligibility document on file. We have been informed that the student count deadline has been extended to October 2012. Based on data provided from Los Lunas Public Schools and past data base information we were able to generate a count of 680 potentially eligible students located in 61 different school sites. At this point in time, we asking parents to please contact us if their students are enrolled in any Los Lunas Public School or if they are Isleta Tribal Members enrolled in Albuquerque Public Schools. Eligible students must either a member of a Federally Recognized Tribe OR have at least 1/4 degree Native American Blood and recognized by the Secretary of the Interior as eligible for services.

School Supply Distribution

Once again we were pleased to provide school supplies for all JOM Eligible students. We

have only provided supplies to 372 students. Last year we had a greater turn out. Each student has been required to bring in their Certificate of Indian Blood. Parents/guardians were also required to attend one of 18 scheduled meetings to review a PowerPoint presentation about JOM and the services that we provide. If you have not received school supplies for your student please do not hesitate to contact us at 505-924-3189 to schedule an appointment. It is not too late!!!

Calculators

Calculators are available on a first come first serve basis. JOM students are eligible to receive a calculator once as a middle school student and again as a high school student. Middle school students are eligible for a basic scientific calculator Ti-30Xa or equivalent and high school students are eligible for either a Ti-83 or Ti-84 calculator. The student is required to have their teacher sign a verification document which is provided by the JOM Program, for

(Continued next page)

3 out of 4 Child Safety Seats Are Used Incorrectly.

Could yours be one of them?



Have your child safety seat or booster seat inspected for recalls, broken parts, improper installation, and appropriateness for your child. Learn the child restraint law in New Mexico. There is no charge for this service.

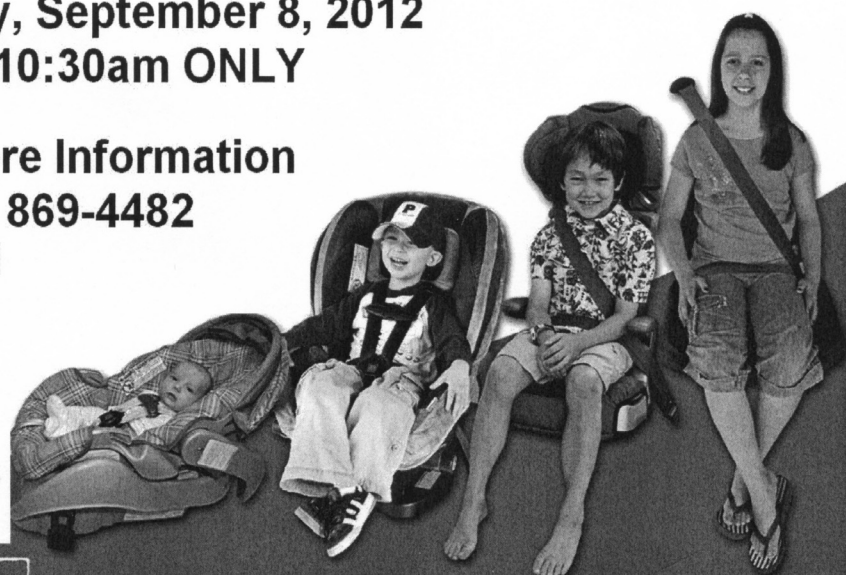
Isleta Health Center

#1 Sagebrush Rd, Isleta Pueblo, NM

Saturday, September 8, 2012
8:30am-10:30am ONLY

For More Information
Call 869-4482

ThinkFirst NM
Bike Safety
and Helmet
Distribution
for 1st 50 kids



SAFER
New Mexico Now

(JOM Continued)

the course that requests the device. The student must submit the verification letter, a copy of their class schedule, and have a CIB on file. If you have recently purchased one of the above listed calculators and have not received one in the past you are eligible to receive a reimbursement for the cost of the device. However, you are still required to have the same documents submitted in addition to a reimbursement request form with the original receipt.

Reimbursements

At this time the JOM Program is reimbursing for lab fees, ACT test fees, SAT test fees and PE Uniforms. Lab fees do not include FFA fees but do cover art courses, science, and other required courses. Students are eligible for monetary reimbursement of a PE uniform only if the student is enrolled in middle school or are classified as a freshman in high school. The uniform must be purchased directly from the school site or a specific uniform store authorized by the school. Uniforms purchased at Big 5, Kmart, Wal-Mart or any other retail store are not allowable. An original receipt with a reimbursement request form must be submitted to the JOM Office. The student must also have a CIB on file to process the reimbursement.

National Johnson-O'Malley Association Conference

Many of you may recall we had mentioned in the past that we were assisting with the NJOMA Conference. Most importantly we, Beverly and Geraldine are Co-Chairs for the student strand. We have been meeting with other Region II Coordinators and Representatives to plan this year's conference. The conference will be held October 14 - October 16 at the Marriott Hotel in Albuquerque. We have planned three full days of events for students. The first day will include a variety of activities that support "Health and Wellness", the second day's activities cover "History and Culture" and the last day will include "College Prep". We are extremely excited because we will be working not only with local students but students from around the United States including Alaska and Hawaii. We are seeking volunteers for this conference. Volunteers may be assigned to be ushers, room monitors, chaperones, activity assistants or runners. More specifically we are in need of 28 volunteers for the off-site student field trip scheduled for Monday, October 15 from 8:00 am to 5:30 pm. Volunteers must be 18 years of age or older. If you are interested in volunteering, please contact us as soon as possible.

Trip to Madrid, NM & "Old Main"

On Friday the 13th of July, we took a group of parents and a few students on a trip they will never forget. We started our day with a drive through Madrid, NM once known as a ghost town now transformed because of the beautiful sceneries and set for one of

Disney's well known movies "Wild Hogs". Our short stop included a visit to Maggie's Café and a glimpse into what use to be an old coal mine. Soon we found ourselves traveling north towards what use to be the Santa Fe Penitentiary. The location of one of the United States worse prison riots ever!

The prison, now vacated held a somber and melancholy ambience. It was riddled with busted windows, rust and burn marks in odd locations far too difficult for the sane to understand. Some corridors and cell blocks we visited had an overwhelming smell of what seemed to be religious oils or recently burned candles. Visions of miracle inscriptions appear upon church walls where an ash angel is seen as a reminder of faith and belief in something grand; a place of calm...a place to forget about the violence that erupted February 2, 1980. We took a tour along with about 40 other individuals of the prison facility. Prison guards told stories of how all control was lost and over-crowding conditions lead to the riot. Cameras were welcomed, but still images could never replace the images that our restless minds created as we listened to stories of tragedy and suffering. As we ventured from Cell Block 2 we were taken to a pod cell, the pod cell held three times

its authorized inmates. The building looked like a scene from a horror movie. It was completely burned from one end to another. While we visited this room, we were told that several movies were filmed in that building.

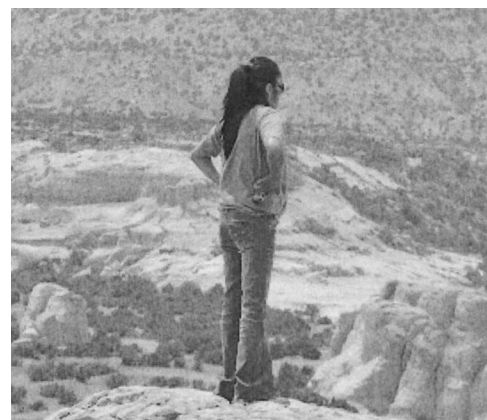
We were guided to the far back of the facility out beyond the burned building where Adam Sandler had filmed the movie, The Longest Yard. We heard about several other films shot there and were prohibited to enter certain structures. Was it because they were dilapidated or was it because something more existed within those buildings?

Literacy Night and IEC Meeting

We have a literacy night and parent meeting scheduled for September 18, 2012 at the New Department of Education from 5:00 pm to 8:00 pm. JOM eligible students are invited to join us in an evening of free books and snacks. Bring your entire family along. There will be information available about all the other programs and services offered by the Pueblo of Isleta Department of Education. It will also be a great time to meet everyone!!! If you have any questions, please contact us at 505-924-3189.

Geraldine & Beverly

Women's Path to Recovery



You are invited to become part of the collective wisdom and healing force of Women's Path to Recovery, a women's support group. We focus on issues of self-esteem, addiction and co-dependency.

We are using the healing concepts developed by Charlotte Kasl as outlined in the book "Yes You Can! 16 Steps for Discovery and Empowerment" This program is about Healing from Trauma and Addiction with Love, Strength and Power.

"Attending these meetings has, more than any other single thing I've done, encouraged me to speak my truth, not just think it. As a result, I have been better able to speak with a strong voice and articulate my reality: "I see what I see, I know what I know, and I feel what I feel."

Where: Isleta Behavioral Health Services

When: Tuesdays 10:00- 11:30 a.m.

Who: Any woman in recovery, or who wishes to work toward recovery; this group helps women focus on discovery & empowerment.

For more info:

**Call Emily Stafford or
Jennifer Sandoval at IBHS 869-5475**

Health Beat:
Health Educator: Stephanie Barela (505) 869-4479
MayoClinic.com

West Nile Virus

West Nile Virus is an infection transmitted by mosquitoes. You may or may not know if you have been infected because there is a chance that you may not experience any symptoms. However, some people who become infected with West Nile virus develop a life-threatening illness that includes inflammation of the brain. These severe signs and symptoms need immediate attention, where the mild signs and symptoms of a West Nile virus infection generally go away on their own. Your risk for getting West Nile Virus increases when you are exposed to mosquitoes where West Nile virus exists. Protect yourself from mosquitoes by using mosquito repellent and wearing clothing that covers your skin to reduce your risk.

Symptoms

Most people infected with the West Nile virus have no signs or symptoms. Only about 20% of people with West Nile develop a mild infection called West Nile fever. Common signs and symptoms of West Nile fever include:

- Fever
- Headache
- Body aches
- Fatigue
- Skin rash (occasionally)
- Swollen lymph glands (occasionally)
- Eye pain (occasionally)

Serious Infection Signs and Symptoms

In less than 1% of infected people, the virus causes a serious neurological infection. Such infection may include inflammation of the brain (encephalitis) or of the brain and surrounding membranes (meningoencephalitis). Serious infection may also include infection and inflammation of the membranes surrounding the brain and spinal cord (meningitis), inflammation of the spinal cord (West Nile poliomyelitis) and acute flaccid paralysis — a sudden weakness in your arms, legs or breathing muscles. Signs and symptoms of these diseases include:

- High fever
- Severe headache
- Stiff neck
- Pain
- Disorientation or confusion
- Tremors or muscle jerking
- Lack of coordination
- Convulsions
- Stupor or coma

Signs and symptoms of West Nile fever usually last a few days, but sign and symptoms of encephalitis or meningitis can linger for weeks, and certain neurological effects, such as muscle weakness, may be permanent.

When to See a Doctor

Mild symptoms of West Nile fever usually resolve on their own. If you experience signs or symptoms of serious infection, seek medical attention right away. A serious West Nile virus infection generally requires hospitalization.

Causes

When a mosquito bites an infected bird, the virus enters the mosquito's bloodstream and eventually moves into the salivary glands. When an infected mosquito bites an animal or a human, the virus is passed into the host's bloodstream, where it may cause serious illness. Birds are the main animal reservoirs for the virus, and the mosquitoes are the transmitters (vectors). Humans and other animals don't pass the virus on to other humans or animals.

Risk factors

Your overall risk of getting West Nile virus depends on these factors:

- **Time of year.** The majority of cases in the United States have occurred between the months of July and September.
- **Geographic region.** West Nile virus has been reported in most of the United States but the Western and Midwestern states have had the highest incidence rates.
- **Time spent outside.** If you work or spend time outdoors, you have a greater chance of being bitten by an infected mosquito.

Risk of Serious Infection

Even if you are infected, your risk of developing a serious West Nile virus-related illness is extremely small — less than 1 percent

of people who are bitten become severely ill. And most people who do become sick recover fully. You're more likely to develop a severe or fatal infection based on:

- **Age.** Adults over the age of 50 are at higher risk of infection.
- **Health.** Those who have a weakened immune system, such as from receiving an organ transplant, are at greater risk of infection.

Prevention

Avoid exposure to mosquitoes and eliminate mosquito-breeding sites. To help control West Nile virus:

- Eliminate standing water in your yard. Mosquitoes breed in pools of standing water, unclog roof gutters, empty unused swimming pools, change water in birdbaths at least weekly, remove old tires or any unused containers that might hold water and serve as a breeding place for mosquitoes.
- To reduce your own exposure to mosquitoes:
 - Avoid unnecessary outdoor activity when mosquitoes are most prevalent, such as at dawn, dusk and early evening.
 - Wear long-sleeved shirts and long pants when you go into mosquito-infested areas.
 - Apply mosquito repellent with DEET to your skin and clothing.

A vaccine is available to protect horses from West Nile virus, but there is currently no vaccine for humans.

WIC Breastfeeding Corner
Women, Infants, and Children Program

You may have heard in the news recently that there is an effort to try to get infant formula out of hospitals. Currently, across America, hospitals receive infant formula as well as other promotional items-at no cost- from big pharmaceutical companies. The pharmaceutical companies also offer hospital staff things like free pens, coffee mugs, notepads, free meals, etc. This is an effort by the drug company to promote the medications and infant formula that they manufacture. Though this practice seems harmless, it is not. The concern with hospitals giving out free formula is that it gives the impression that the hospital staff is endorsing a particular brand. In addition, the brand of infant formula that is given to new mothers in the hospital is more expensive than the generic brand or store brand formulas. Further, for a mother who is trying to get breastfeeding off to a good start, the use of formula in the early weeks can really affect her milk production.

Several hospitals in New Mexico have become more breastfeeding friendly by getting rid of the formula advertising bags. These 'diaper' bags come with samples of infant formula and are filled with advertising from the formula company. The Albuquerque hospitals that have received awards in the past year for getting rid of formula advertising bags are: **Presbyterian Hospital and University of New Mexico Hospital.**

Mothers who are trying to breastfeed need support from family and friends and qualified help from a lactation consultant or breastfeeding peer counselor-Not free samples of infant formula!

For more information, see the website: www.BantheBags.org

The Pueblo of Isleta WIC office is open to the public!
We have a breastfeeding peer counselor and a lactation consultant on staff!

WIC Office Hours
Monday, Wednesday, Thursday, and Friday: 8 to 4:30 pm
Tuesday 8 to 6 pm
Call WIC at **#869-2662.**



REDUCE YOUR RISK Get Smart. Get Fit. Get Checked.

Isleta Health Center, Health Educator:

Stephanie Barela 869-4479

(Information from the "Guide to Preventable Cancers")

The key to leading a long healthy life is to get smart, get fit and get checked! We can all play a part in reducing our risk for cancer by choosing a healthy lifestyle that avoids commercial tobacco and includes healthy food choices, exercise, and protection against too much sun, moderate alcohol consumption and regular cancer screenings. Learn about ways to PREVENT OR REDUCE YOUR RISK FOR CANCER in this section in the Newsletter and come to the Isleta Cancer Education and Support Meeting, which are the 2nd Tuesday of the Month from 10:30-noon at the Isleta Health Center.

TESTICULAR CANCER

Testicular Cancer is the most common cancer in men age 20-35, but if it is found early it is very treatable and often curable. This kind of cancer occurs in about half as many young American Indian/Alaska Native men, as in young white men, however the change of being diagnosed with it is still there, so it is important to learn the symptoms of testicular cancer and how to check yourself. Then you will know if a symptom occurs and you can get checked by your health care professional quickly.

RISK FACTORS

- Men with a personal history of undescended testicle (at least one testicle was not in the scrotum at time of birth) or abnormal development of the testes.
- Men who are infected with HIV (Human Immunodeficiency Virus).
- Men who have Klinefelter syndrome (a genetic disorder in men caused by having extra X chromosomes).
- Men with a personal or family history of testicular cancer.

Men who are white are much more likely to develop testicular cancer than men of other races and ethnicities.

RISK REDUCUTION AND EARLY DETECTION

- Ask your health care professional to examine your testicles as part of routine physical exams.
- Perform testicular self-exam once a month, especially if you are at higher risk of developing testicular cancer.

SYMPTOMS (Talk to your doctor if you have any of these symptoms)

- A painless lump or swelling in either testicle.
- A change in how the testicles feel.
- Dull aching in the lower abdomen or groin.
- Pain or discomfort in a testicle or in the scrotum.
- Sudden collection of fluid in the scrotum.

TREATMENT

- Surgery
- Radiation
- Chemotherapy

(Treatment depends on Stage, type of testicular cancer, size of the tumor and extent of lymph node involvement)

**SUPPORT THE HEALTH OF YOUR FAMILY.
EDUCATE YOURSELF
ON CANCER AND REDUCE YOUR RISK.**

WIC NOTES

Healthy Tips for Picky Eaters

Do any of these statements remind you of your child?

"Charlie will only eat peanut butter sandwiches!"

"Michael won't eat anything green, just because of the color"

"Bananas used to be Amber's favorite food, now she won't even touch them."

Your child may eat only a certain type of food or refuse foods based on a certain color or texture. They may also play at the table and may not want to eat. Don't worry if your child is a picky eater. Picky eating is common for many children. As long as your child has plenty of energy and is growing, he or she is most likely eating enough to be healthy. If you have concerns about your child's growth or eating behavior, talk to your child's doctor and your WIC staff.

How to cope with picky eating

Your child's picky eating is temporary. If you don't make it a big deal, it will usually end before school age. Try the following tips to help you deal with your child's picky eating behavior in a positive way.

- **Let your kids be "produce pickers."** Let them pick out fruits and veggies at the store.
- **Have your child help you prepare meals.** Children learn about fruits and veggies and get excited about tasting them when they help make them.
- **Try to make meals a stress-free time.** Talk about fun and happy things. If meals are times for family arguments, your child may learn unhealthy attitudes towards food.
- **Offer Choices.** Rather than ask, "Do you want broccoli for dinner?" ask "Which would you like for dinner, broccoli or cauliflower?"
- **Offer the same foods for the whole family.** Don't be a "short-order cook," making a different meal for your child. Your child will be just fine even if he or she does not eat a meal now and then. This teaches your child good family values.
- **Don't make a big deal about food.** During meals do not overly react positively or negatively when your child eats or does not eat a particular food. Make meal time conversation about happy things other than food.

Trying new foods. Your child may not want to try new foods. It is normal for children to reject foods they have never tried before. Here are some tips to get your child to try new foods:

- **Small portions, big benefits.** Let your kids try very small portions of new foods that you enjoy. Give them a small taste at first and be patient with them. When they develop a taste for more types of foods, it's easier to plan family meals
- **Offer only one new food at a time.** Serve something that you know your child likes along with the new food. Offering more new foods all at once could be too much for your child.
- **Be a good role model.** Try new foods yourself. Describe their taste, texture, and smell to your child.
- **Offer new foods first.** Your child is most hungry at the start of a meal.
- **Sometimes, new foods take time.** Kids don't always take to new foods right away. Offer new foods many times. It may take up to a dozen tries for a child to accept a new food.

Make Food Fun!

- Cut a food into fun and easy shapes with cookie cutters.
- Encourage your child to invent and help prepare new snacks.
- Name a food your child helps create - like "Maria's Salad" or "Peter's Sweet Potatoes."

This is your WIC office. Come by -we would love to hear your ideas on how you make your family meal time fun.

Heidi Lanes, WIC Nutrition Coordinator



Isleta Health Center Calendar Questions? Call 869-3200 **September 2012**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
HELP SAVE YOUR CHILD'S LIFE <u>Call 869-4482 to sign up for the Car Seat/Bike Helmet Safety event on September 8th from 8:30-10:30am at the Isleta Health Center (Parking Lot).</u>						1
2	3	4	5	6	7	8 Car Seat Clinic and Bike Helmet Safety 8:30-10:30 @ Isleta Health Center Call 869-4482 to make an appointment!
9	10 Freedom From Smoking Session 1 5:30-7pm at the Isleta Rec Center Call 869-4479	11 ICES (Isleta Cancer Education and Support) Skin Cancer 10:30-noon at the Clinic Diabetes Support Group Meeting 6pm-7pm at the Isleta Health Center	12	13	14	15
Red Ribbon Run Call 869-5475 for more Information						
16	17 Freedom From Smoking Session 2 5:30-7pm at the Isleta Rec Center	18	29	20	21	22
23	24 Freedom From Smoking Session 3 5:30-7pm at the Isleta Rec Center Call 869-4479	25	26 <i>Fur Sure</i> 80's Fun Walk/Run – Sign in 6:30 @ Diabetes Prevention Wellness Center	27	28 IDOPAG- Isleta Diabetes Obesity Prevention Advocacy Group Mtg 10am to 11:45 am at the Isleta Health Center	29
30						

Freedom from Smoking

Take Back Control of Your Life!

8 sessions to STOP SMOKING!

Session 1
(Thinking about Quitting)

Session 2
(On the road to freedom)

Session 3
(Wanting to quit)

Session 4 (QUIT DAY)

Session 5
(Winning Strategies)

Session 6
(The new you)

Session 7
(Staying Off)

Session 8
(Let's Celebrate)

Want to Stop Smoking?

SIGN UP FOR FREEDOM FROM SMOKING STARTS, SEPTEMBER 10TH

AT THE ISLETA REC CENTER AT 5:30

Contact


Stephanie Barela

at 505-869-4479

weekly prizes!

Help from Others that are going through the same thing!

Nicotine Replacement Therapy for those clinic patients that attend the weekly sessions!



Sponsored by the Isleta Health Center



Isleta Cancer Education & Support

Support the Health of your Family
Educate Yourself on Cancer and Reduce Your Risk

WHEN:
September 11, 2012

TIME:
10:30am to Noon

PLACE:
ISLETA HEALTH CENTER
(LARGE CONFERENCE ROOM)

TOPIC:
SKIN CANCER

SPEAKER:
CHRISTINE BROWN

NEW MEXICO DEPARTMENT OF HEALTH
Please contact Stephanie Barela @ 869-4479 if you have questions.

Please join us!



Everyone welcome!

Support the Health of Your Family
Get Educated on Cancer and Reduce Your Risk!