



Isleta Pueblo News

Volume 3 Issue 10

September 2008

Governor's Report

On August 9, 2008 the Pueblo of Isleta Tribal Council and Administration held a community meeting at the Isleta Casino and Resort Hotel Ballroom. The meeting lasted from 9:00 am to approximately 3:30 pm. The Tribal Council and Administration extends a 'thank you' to the over 300 members who attended, and thank you for your input and ideas on moving Isleta forward. Constructive meetings are meaningful and important in planning for Isleta's future. If Isleta intends to move forward in the best interest of our children and grandchildren, we must identify what we want in the way of change. It's no secret that we are unhappy with our system of government. Unfortunately, the Pueblo of Isleta Constitution, which governs our Pueblo, was crafted by the Federal Government for the Bureau of Indian Affairs in the 1940's for tribes to consider. Isleta adopted its constitution in 1948, and therefore it is no wonder that we are unhappy with our government. It's like trying to repair a 2008 vehicle with tools made in 1948, it doesn't work. A documentary aired about three months ago on Channel 5 (PBS), which described a constitution adopted by tribes in other states which is similar to that of Isleta's constitution. Since the arrival of the Europeans to the new world Native Americans have been studied in an attempt to find weaknesses with our way of life, making us victims of the federal system. Some of you may remember the late Mescalero Apache President Wendell Chino as he described the federal mandate on self-determination. Mr. Chino held nothing back and described self-determination as SELF-DESTRUCTION. Unfortunately for Indian Country this self-destruction is happening. The trust responsibility of the federal government is at its lowest, and continues to go lower. This is evident in the great decrease in federal funding. Southern Pueblo's Agency is at its lowest and is presently functioning with a skeleton crew. Programs are being cut and are not expected to be filled, and are being moved to the Regional Office, where tribes are complaining that services are being ignored. What must Isleta do to overcome and prepare for change? It's here and changes on how the federal government deals with Indian tribes will continue to happen on a negative note for Indian tribes. Let us not wait till it's too late... the time to act is now.

During the meeting we informed the tribal members of the projects that have been completed, and on those projects that are now pending. Some of these projects were started in the years 2005 are now being completed in 2008. These include the Elementary School, Isleta Lakes renovation, Golf Course Club House, Fun Connection, hotel, new gas station, traffic lights at major intersections, baseball fields and parks, new waste treatment plant, and the Rail Runner Station which will be completed by October 2008. Projects pending are road repair projects, construction of a judicial complex, an educational complex, Pueblo water system and highway safety projects along State Roads 47, 314 and Coors Road which will include a new overpass over the rail road on Coors Road, relocation of Palace West and projects reflected on the Mis-Management Award Funds.

Gaming Tribes negotiated for a thirty-seven year compact which will help with economic development, infrastructure, education, employment, and other critical needs for our community. However, we cannot rely on gaming alone for funding, and we must be leery of what

the US Government intends to do with its so called trust responsibility for Native People. We have to look for other resources to generate income for Isleta. We advised you at the meeting of various economic proposals such as oil exploration, solar, and wind energy, basalt, electric plants, gravel and cinder, a cement plant and other proposals which continue to come before the Tribal Council.

Again, thank you for a very organized and productive meeting. Only with your help, will Isleta move forward in a productive manner. I remember our elders' conversations years back, when they described Isleta as passionate, caring, considerate and full of wisdom. They talked of how other tribes journeyed to Isleta for advice from our elders. I know that times have changed; however, we can make changes for the future of our people if we make a serious attempt to try. If I have offended anyone with my report, forgive me, I am but a person like you, with hopes of changes for a better community.

The Department of Education along with Administration has been working with the Los Lunas and Albuquerque Public Schools to encourage our students to continue with their education. I want to apologize to the students at Valencia High School for missing our meeting on August 25, 2008. I promise I will be there to meet with you in the very near future. I am encouraging parents to please support your children by sending them to school and with their home work. If you are in need of any assistance in the education of your children, please contact Garry Martin the Department of Education at 869-2680, or call me at 869-3111 and I will direct you for assistance.

On August 29, 2008 I was the Keynote Speaker at the Albuquerque Public School's 2nd Annual Parent/Teacher Conference held at the Marriott Hotel. It was an honor to speak before the parents and teachers. However, I have to give credit to the Department of Education, Truancy and Counselors for their hard work, and being recognized for their support of the public school programs. We succeeded this year with the high number of students who graduated. Let us work for next year and help all our students graduate. We need your support, help your child get an education.

On August 20, 21, and 22, 2008, I attended the Domenici Public Policy Conference held at the New Mexico State University, in Las Cruces, New Mexico. I was appointed to the Pete Domenici Legacy committee in January. There were many important speakers that talked of Senator Domenici's accomplishments including the three semi-truck loads of documents that will be delivered to the Domenici Library to be built at the NMSU campus. I was interested with one speaker particularly, James Baker, former US Secretary of State and former White House Chief of Staff. Mr. Baker talked about Social Security and its future. I thought of our children and grandchildren, and what kind of a future they will have if Social Security runs out as he mentioned. You hear many politicians describe Social Security as not running out, but reality tells us something is not being told to the public that Social Security is in trouble. If you receive your Social Security notices you will notice changes in eligibility. Again, they talk about raising the age limit to receive your full annuity.

PUEBLO OF ISLETA Housing Authority

Beware of Strangers in Your Neighborhood Report Suspicious Activity

In an effort to curb suspicious and criminal activities occurring in the subdivision areas and other residential areas, "No Trespass" signs are being posted in all subdivision and residential areas of the Pueblo. The signs will give notice to all persons that they are trespassing if they are not a household member, guest or visitor of a resident residing in the area. The signs are intended to keep unauthorized persons from entering residential areas.

Additionally, surveillance by both the Isleta Police Department and private security in the subdivisions will increase. You are encouraged to report all suspicious activity to either the Isleta Police Department or the surveillance officer on duty. The company providing the surveillance service is Golden Eagle Security Agency. They will be driving marked vehicles with their logo.

Both the signs and increased surveillance are for the purpose of protecting the safety of community members and residents. We hope to make your neighborhood a safe place to live by discouraging gang activity and criminal related activities.

All homebuyers and tenants of homes managed by the Isleta Pueblo Housing Authority are reminded that homebuyers and tenants will be held responsible for their household members, guests and visitors. Persons observed loitering in a residential area will be asked their name and what home they are a resident, guest or visitor of. Please remind your children that they should check with you before inviting guests to your home.

The Pueblo of Isleta, the Isleta Pueblo Housing Authority, the Sunset Hills Neighborhood Watch Association and the Police Department are working on other activities to curb and prevent criminal activities. You will be informed of these activities as progress is made on them.

If you are interested in sitting on a task force which plans crime-prevention activities or have any questions regarding this letter, please contact the Isleta Pueblo Housing Authority office at (505) 869-4153.

When you call the office please ask for Frances L. Sandoval, Homeownership Counselor Coordinator or Al Lopez, Homeownership Counselor.

Isleta Pueblo Housing Authority

Edward P. Torres, Sr.
Executive Director

Isleta Police Department

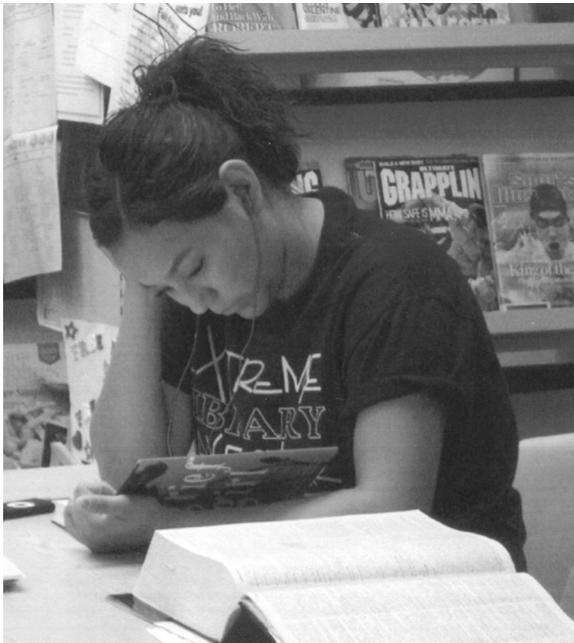
George B. Jojola
Chief of Police

Pueblo of Isleta Public Library

Hello Everyone from the Pueblo of Isleta Public Library!

We hope you are in good health and spirit. We are in full swing with our After School Program. We have many patrons dropping in for homework help, research needs, computer assistance and simply keeping up with current events from our periodicals. We are happy to see them use the many resources we have available.

Students are taking advantage of our homework incentive, "FALL FUN" that we have going for August which is a trip to Hinkle Family Fun Center on September 12, 2008. They have until September 11 to collect 30 points. In order to go on the trip, they have to complete their homework or read for 15 minutes. Homework must be completed before any reading points are to be awarded. So far we have 51 students actively working on collecting their points! This is AWESOME! Keep putting in that hard work guys! Ages range from Kindergarten through 12th grade. Students with a considerable amount of homework may be given extra points, upon completion. The amount of effort put into the work will also be a reason to award a certain amount of points. Additional points are given at the staff's discretion. Students not already working toward the incentive trip are encouraged to start soon. At this point they are closer to their goal. **Any student who wishes to begin collecting points will have to work even harder at attaining 30 points.**

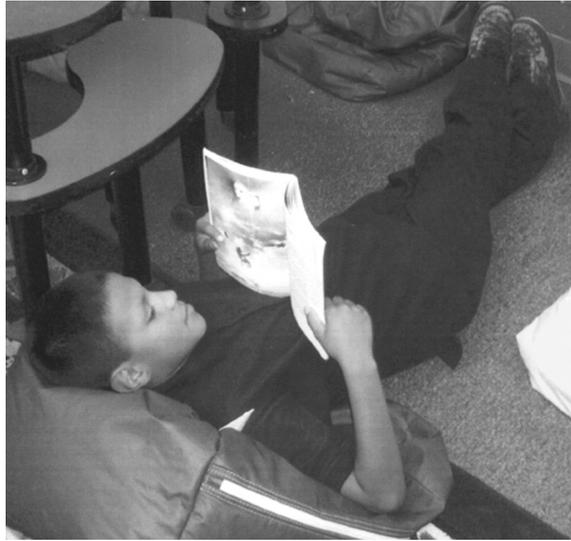


Monique Abeita lost in her book and her music.

It's back to school time, which also means science fair projects are coming up. We know that these projects can become frustrating, time consuming and stressful to some students and parents. We'd like to remind parents that we do offer an extensive collection of resources dedicated to science and the projects; all of which are available for check out. The library has books with many project ideas and steps to ease the stress of the science fair project process.

The library is in need of its own symbol. Although we do like the tribe's official seal, we would like to have our own symbol; something that represents us. That is why we are seeking out those that are artistically inclined to design an emblem. The individual that can

come up with the most original design will not only receive an award, but will see their work displayed at the library, as well as any functions in which we represent the library.



Donovan Yazzie relaxing with a good book of spooky stories.

CALLING ALL ARTISTS!! The library will be taking part in a fundraiser to be held on Saturday, October 25, 2008 at the Isleta Casino & Resort. A committee of six Tribal Libraries will be hosting the event; the Pueblo of Isleta Public Library will be one of those libraries. We will be selling tickets to attend the fundraiser and gala. The cost of a single ticket is \$75 and \$500 for a table of eight. The purchase of a ticket will include a fabulous dinner, entertainment provided by Jemez's Black Eagle Drum Group; they are the recipients of the 2004 Grammy Award for the Best Native American Music Album; As well other Native American performing artists. Ticket holders will also have an opportunity to participate in a live and silent auction. Those attending the auctions only will be charged a mere \$5 at the door. This is also a great opportunity to learn about the tribal libraries as well as your library. This fundraiser is the reason we are seeking out all local artists who are willing to donate a piece of their work for the silent or live auctions. It is tax exempt. All proceeds will be divided among the six participating tribal libraries. For more information on how to go

about donating, obtaining a tax exempt form for a donation or to purchase a ticket, please contact Nathaniel Lujan at the library.

Do you remember the saying "It takes a village to raise a child?" This is very true. It takes a coordinated effort of the educators, parents and many others, including us here at the library to ensure our children's success in school. We are assisting as much as we can, but the parent involvement is also vital. If you or the teachers know of certain areas that your child is struggling in, please let us know so that we can target those areas.

The library is adding a new policy when it comes to the computers. Starting Tuesday, September 2, 2008 any individual who wishes to use the computers must have a library card. If you do not have a card or previously owned a card, you will be asked to fill out a registration form.

A couple of reminders: Before the students are allowed to use a computer, we ask that they finish their homework first. If they do not have homework, they are required to read for 15 minutes. On Fridays the library closes at 4:30 p.m., as well as D.O.E. There are still some children here after hours, leaving them with no adult supervision. A couple of our computers are equipped with Adobe Photoshop. For those of you who are unfamiliar with the program it deals with digital photo editing. The use of the library printer will be limited to 15 sheets. Individuals needing to print more must get a staff member's approval before printing. Photocopying is available and limited to 25 sheets. Please remember these sheets are free of charge but by printing out excessive amount of documents, we run out of ink faster. Running out of ink means buying more cartridges. They are not cheap. And when that happens we'll have to stop the free use of the printer.

Isleta Pueblo Public Library

Contact Information:

Phone Number: (505)869-8119

Fax Number (505)869-7690

E-mail: poi_library@hotmail.com

Web Address: www.myspace.com/isleta_pueblo_library



A group of ladies taking a break from homework.

**HOME RENOVATION PROJECT
GROUND BREAKING CEREMONY**

On August 26, 2008 the Isleta Pueblo Housing Authority held a ground breaking ceremony at the home renovation project of Jose and Mary Keryte. This project is the first Lava Block project in Isleta Pueblo. Lava Block is a building block made from volcanic cinder and cement. These blocks have been tested to have an insulation rating of R-50. This is the start of green building for Isleta Pueblo. This highly energy efficient type of construction will save the homeowner at least 50 percent on their heating and cooling bill. Another advantage with "Lava Block Homes" is the cost savings for construction, which is about 50 percent of a regular frame home. This allows IPHA to provide assistance to more families in the future.

The Isleta Tribal Council on August 25, 2008, approved a Memorandum of Agreement with Habitat for Humanity, Lava Living, LLC., and Pueblo Of Isleta. This agreement allows for the old cinder and gravel plant to be used for the production of Lava Blocks. It also allows for Habitat to team-up with the Isleta Pueblo Housing Authority to construct Lava Block Homes for eligible tribal members and their families. This is the start of a very exciting and very important project for the Pueblo of Isleta.



Mr. & Mrs. Jose (Mickey) Keryte, the very first family to have a Lava Block home.



From left: Cyrus Toll (HUD Representative), Habitat for Humanity: Bob Wiseman, Mary Anderson, Board President, and Bill Brown, Vice President.



Governor Robert Benavides with Lt. Douglas Jiron and Tribal Council members Barbara Sanchez and Mark Dixon.



**ISLETA PUEBLO
PUBLIC LIBRARY**

wants you!

For: Fall Fun!!

Be rewarded for reading and doing your homework! Beginning **August 11, 2008**, for every **15 minutes** of reading or completion of your homework we will give you **one** point. If you have **30 points** by **Sept. 12, 2008**, the library will take you on a fun-filled trip to **Hinkle Family Fun Center and Dinner!** That's all it takes. Reading and homework. Something you do anyway.. For More Information call :

Isleta Pueblo Public Library 869-8119





Isleta Head Start & Child Care

MEMO

TO: Parents, Guardians and Families with Children ages 3-10 years
FROM: Jessica Santana-Price, Head Start & Child Care Mental Health & Social Services Case Manager
DATE: September 2008
RE: Free Parenting Classes Sponsored by Youth Development, Inc. (YDI Valencia)

YDI Valencia is offering **FREE PARENTING CLASSES** through the Dare to be you Program for parents, guardians, and families with children ages 3-10 years. Food will be offered to all who attend. In addition, YDI Valencia is giving **\$150** to first time participants upon completion of 11 sessions. Children are strongly encouraged to attend. Call **(505) 924-3160** as soon as possible to reserve a seat or answer any questions you may have. Space is limited to 15 families. YDI Valencia will have sessions beginning Oct 21, 2008 at the Isleta Head Start & Child Care Center.

A curriculum will be taught to parents, guardians, families and children to provide them with more skills for dealing with the everyday stressors of life.

All parents, guardians and families are encouraged to sign up for this wonderful opportunity. Please notify me of your attendance as soon as possible before **October 21, 2008**. I can be contacted at (505) 924-3160.

I hope to see you take advantage of these free classes and collect your \$150!!!!

Food, Family, Fun



**Pueblo of Isleta-Higher Education Program
Has A New Phone Number**

PO Box 1270
Isleta, NM 87022

PH: 505-924-3186
Fax: 505-869-7629

Cecelia Jaramillo, Director ext. 433
poi08004@isletapueblo.com

Leona Jiron, Scholarship Assistant ext. 436
poi08090@isletapueblo.com

Recreation

Now that September is upon us, our fall program is beginning to pick up steam. The first couple of weeks have been somewhat uneventful because the children have just begun school and we believe they too were getting back into the swing of things. On Wednesday, August 27, 2008 (early release day) our children were treated to the first field trip of the fall program. Bernadette Benavidez and Kim Chiwewe reported that all who attended the "Build a Bear" field trip had a great time and also made some great arts/crafts projects. Also, with the start of September the Nanas, Abenita, Marie, and Gloria, will once again be on board from 1 pm until 5 pm for the after school arts/crafts program. Our summer

arts/crafts program was once again such a great success, this was evident when four of our children (Kyle Salazar, Shay Padilla, Rocky Garcia, Leandra Abeita) who were entered in the California Indian Museum and Cultural Center Native Youth Poster Contest took first place. Next month, I will report in more detail about our children who won these awards. In two weeks, we will be bringing the Animal Adventure Workshop to the Rec. Center. The workshop will take place in our gymnasium. Everyone is invited. For those who are registered in the after school program, we are planning a field trip to the State Fair.

Park Management/Little League

Once again I am happy to report that our park system continues to grow. Pictured below is our park in the Chical neighborhood that has been totally renovated as a brand new park. In addition to adding some new playground equipment, we placed three (3) new shade structures, a lazy river that will help with flood erosion, several barbecue grills, new trees and a new fully automated sprinkler system. Although the park will not be officially dedicated with a grand opening until November 11, 2008 on Veteran's Day, if the grass is fully grown prior to that date we will open for all children and families to enjoy. Pictured below are four different angles of our new park at the Chical Neighborhood.



Additionally, we have begun work on the Little Leagues fields across the street (west) from the Rec. Center as well as the T-ball field behind (east) the Rec. Center. We are currently installing the automated sprinkler system and if all goes well we will be seeding the grass within the next 2 weeks. Our goal is to have the best park system in the State of New Mexico that we all can be proud of. Pictured below are the two Little League fields that have recently had twenty (20) trees added to the parkland. Prior to our fields having sprinklers being added, the Pueblo of Isleta hosted the 5th Annual Little League Baseball Tournament for 9-12 year olds. League Director and tournament coordinator Bernie Jojola reports that the tournament was one of the finest we have hosted up to this point. The tournament was very well attended with the Farmington Rockies winning the first place trophy followed by the Paguete Cubs in 2nd place and the Isleta Wildcats taking 3rd place honors. The Sportsmanship award went to the Mesita Demons. Part of the All Tournament Team selection went to our Cheyenne Lucero and Cello Chavez, Congratulations.



Cross Country

Those children who are participating in the Elementary School's Cross Country program will be able to get a ride to and from the program with our recreation vans. Children will be transported to and from the recreation center ONLY. Roberta Chavarillo will be the person who will be assisting the program in this endeavor. If you parents are in need of other special arrangements, please contact Roberta directly at 869-8557.

Swimming

A Parent & Tot class will be held in September. Classes begin with an adult only, one- hour parent orientation on September 15, 2008. This particular class will be from 9:00 am to 10:00 am. Tots will be in the water with parents beginning September 16th through 19th and 22nd through 26th from 9:00 am to 9:20 am. Tots must be between the ages of 6 months to 5 years of age and be accompanied by one adult. Slots are limited, so please call and reserve a place in the class. The pool office number is 869-8557.

Tribal Libraries Fundraiser and Gala Event

Saturday, October 25, 2008

Join us to learn about and
Support Tribal Libraries

Entertainment Featuring:

Native Music by Black Eagle Drum Group- 2004
Grammy Award Winner for Best Native American Music Album

Fabulous Dinner

By Isleta's Class A Chefs

Live and Silent Art Auction

Of Work by Well Known Native Artists

"Tribal Libraries: Where Dreams Take Flight"

At the New Isleta Casino

Resort Hotel Event

Center

From 6-10pm

For more information or tickets call:

Teresa Naranjo (505) 753-7326

Tamara Sandia (505) 834-9171

Nathaniel Lujan (505) 869-8119

Please RSVP by October 10, 2008.



***Seating is limited to the
first 200 event tickets sold.**



Pueblo of Isleta, Department of Education Entrepreneurship Seminar 10-Week Program

Do you want to start your business and develop a business plan? Do you want to meet and network with local business leaders and entrepreneurs? Do you want to learn more about Business Development Centers? Then, you should apply and attend the 1st Annual Entrepreneurship Seminar!

The Pueblo of Isleta, Department of Education is holding its 1st Annual Entrepreneurship Seminar for students who are in Grade 6 — Grade 12 and adults that are able to attend the entire program. The Seminar will be held at the POI, Department of Education, Computer Lab. Dates TBA.

The Entrepreneurship Seminar is a 10-Week program, which focuses on helping students seek business opportunities, developing a business plan and learn the basic business components such as sales, marketing, finance and banking. Each week, you will hear guest speakers from local resources such as investment banking, Business Development Center, and local business owners.

Sample Day- held one-day per week

6:00 — 6:30pm	Lecture/Discussion: Marketing — What is marketing?
6:30 — 7:30pm	Guest Speaker: Ted Pedro, Director of American Indian Chamber of Commerce of New Mexico
7:30 — 8:00pm	Lecture/Discussion: Marketing — Market Research and Break- even analysis

Application

1. Applications are available at: POI, Department of Education PO Box 1270, Isleta Pueblo, NM 87022
2. For any questions, please contact Kathleen Yeppa at 505-924-3185 or by Email POI08003@isletapueblo.com

JOM Program

There will be a Johnson — O'Malley/Native American Programs meeting on Saturday, September 13, 2008 at 9 AM at the Old Isleta Elementary School JOM Tutoring Room #630. This meeting is open to all JOM eligible students and their parents/guardians.

The tentative agenda will include:

- Election of two more members for the JOM Indian Education Committee. Any parent/guardian of a JOM eligible student is eligible to serve on the JOM/IEC.
- The 2009 Calendar Year budget. The JOM Program would like to have input from students, parents/guardians on how JOM funds should be spent... or how not spent and how the JOM Program assists our students with their education.
- JOM plans for the 2008 — 2009 school year. The JOM Program has again brought back the home/school liaisons and has a new site for the after-school tutoring program.
- We will also have a presentation on the successful 2008 Summer Science Program...and plans on how to continue and have a better program for the summer of 2009.

Also, we can have a discussion on any relevant education topic brought to the table. And as always...**there will be coffee and donuts.**

The JOM Program staff has visited with administrators at Bosque Farms Elementary School, with students and staff at Manzano Vista Middle School and Valencia High School. We are also in constant communication with Los Lunas High School administrators and students, and with Albuquerque Public Schools Indian Education Program. We plan to be more involved with students and school administrators and have a major impact in the public schools' education process. Of course, to be a total success, we need parental/guardian involvement...without parental/guardian involvement we are limited on how we can help a student.

For any questions on JOM, please call Ulysses or Beverly at 869-2680.

Department of Education Computer Lab Computer Classes

Days : Tuesday and Wednesday
Subject : Introduction to Excel /Office 2007
Time : 8:00 AM — 9:00 AM

Days : Monday and Wednesday
Subject : Introduction to Word/Office 2007
Time : 9:00 AM — 10:00 AM

Days : Tuesday and Thursday
Subject : Intermediate Word/Office 2007
Time : 3:00 PM — 4:00 PM

Please Contact the DOE Computer Lab
at (505) 924-3185 X 440 for any questions.

AMERICAN LEGION POST #209

The next American Legion Post #209
meeting will be at 10:00 AM (1000 hours)
on Saturday, 20 September 2008
at the American Legion Post.

There is a lot of old business and old
business to discuss...and we need
your input. Bring a fellow veteran with you.
Any questions, please call
Commander Theresa Zuni at 841-5346,
Ulysses at 869-2680.

Health Beat

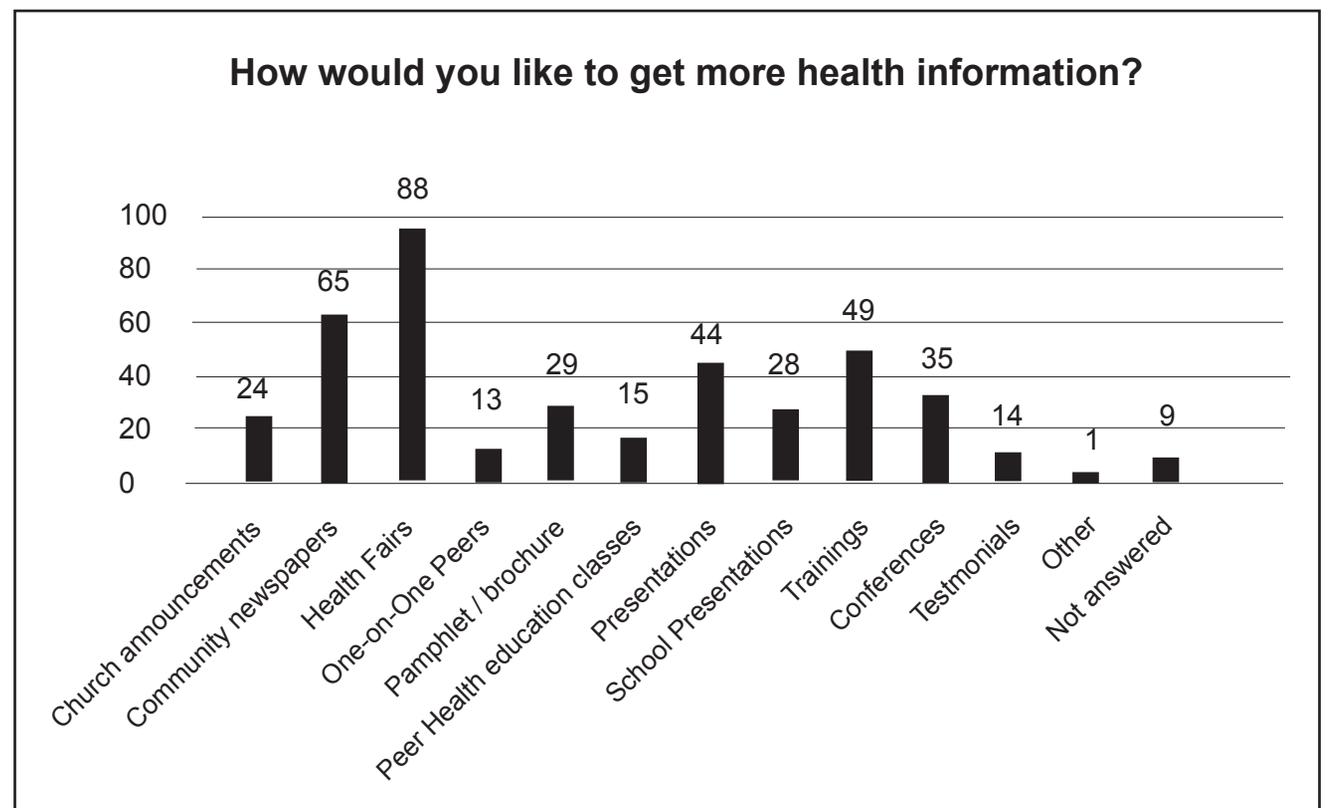
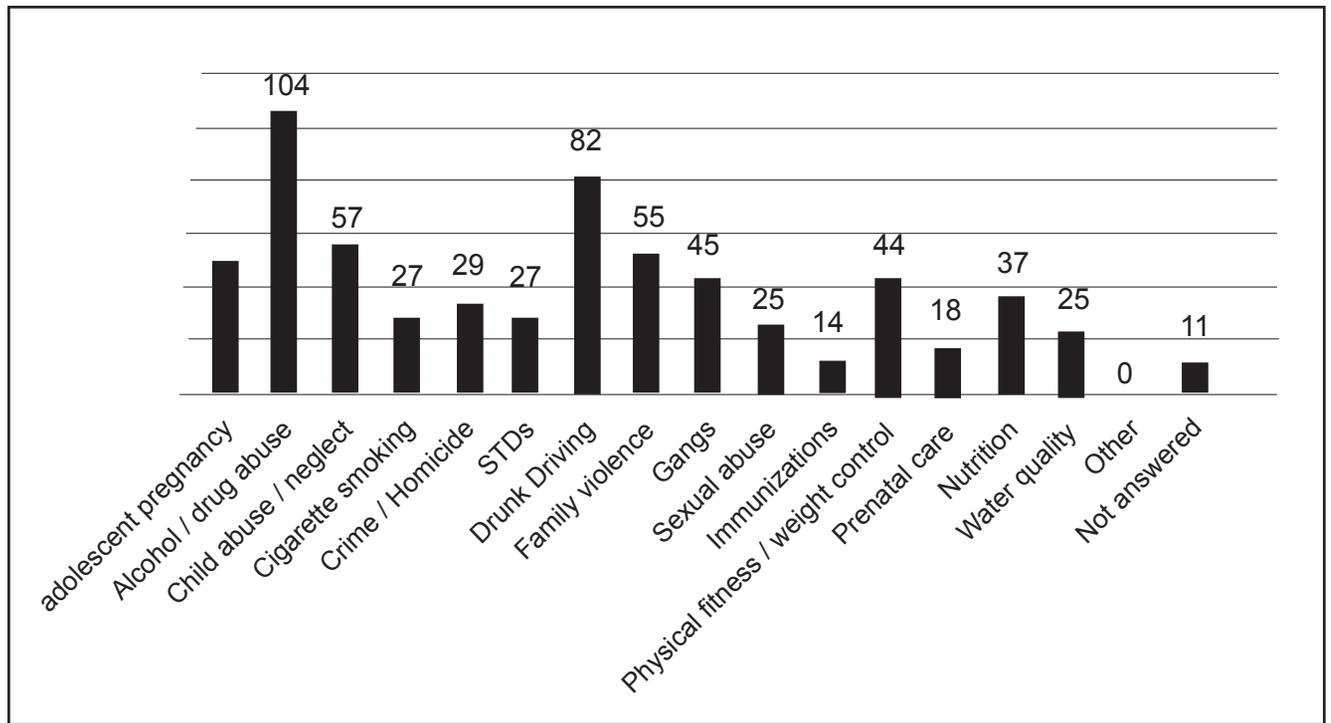
Health Educator:
Stephanie Barela, 869-4479
Kristyn Yepa
(gathered and analyzed the data)

Needs Assessment

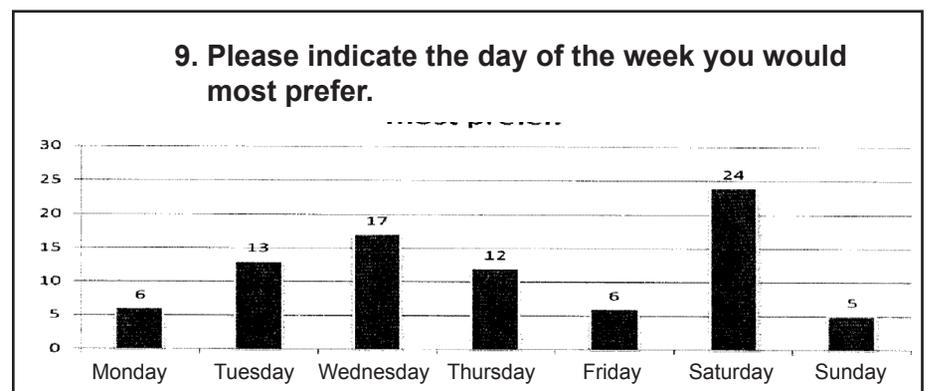
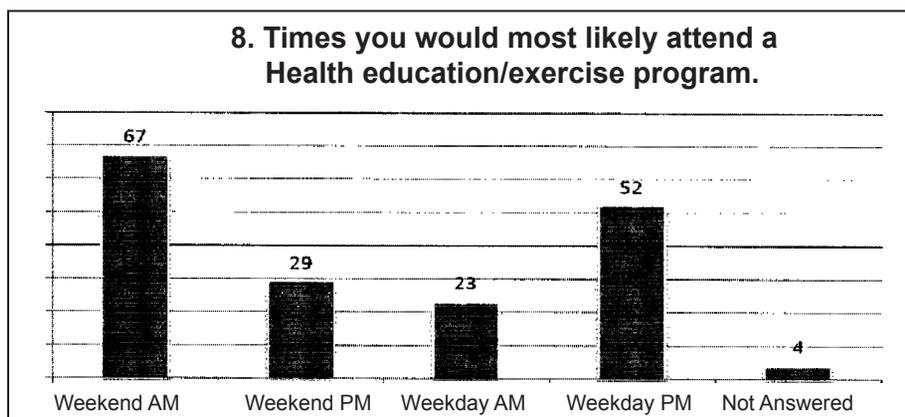
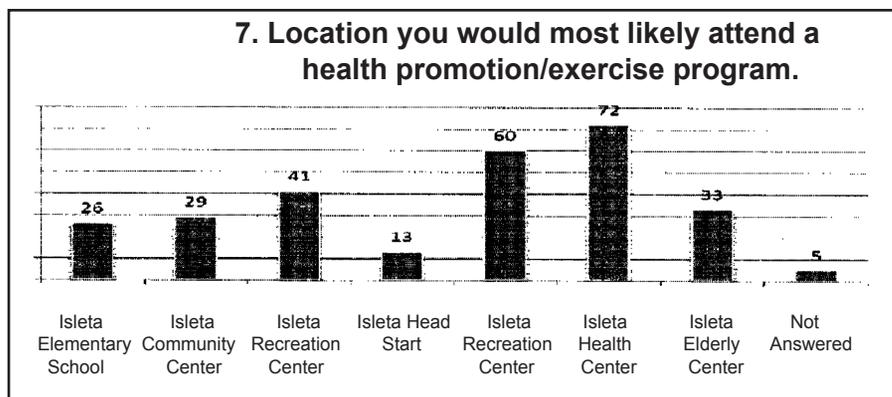
Thank you to everyone who filled out the Needs Assessment that was given out at July's Health Fair. These surveys are very helpful for us in knowing what programs we should offer and when and where to have them. We were able to gather a lot of good information and thought that you might like to see what we learned. The majority of the people that filled out the needs assessment were female (95-female, 23 male and 22 didn't answer). The majority were between the ages of 25-44 years old (nine 18-24yr, fifty-four 25-44yr, forty-nine 45-64yr, twenty-one 65+yr, 7 no answer). The majority of the participants said their health was good (27-excellent, 44-Very Good, 48 Good, 14 Fair, 2-poor and 5 didn't answer). When asked which health factors you think are most important in Isleta, people marked the answers shown on the top chart.

Some interesting information is that a large majority of you stated that they do not smoke cigarettes daily (80% of Isleta Community Members that filled out the Needs Assessment DO NOT smoke cigarettes daily). It is good to know that, because often people feel that the number is much higher and therefore feel like they are the only one not smoking, which as you can see, is not true. Most people DO NOT smoke commercial cigarettes.

When asked how you would like to get more health information, a large majority of you enjoy getting health information through health fairs. This information is helpful for us, because then we know what are the best ways to reach you with information that will help you stay healthy.



A few questions dealt with when and where you would most likely attend a health program. Those who filled out the survey answered it as shown below:



PLEASE HELP US BETTER SERVE YOU! If you did not fill out the survey at the Isleta Community Health Fair, Please Fill it out and turn it in at the Isleta Health Center. THANKS

Pueblo of Isleta

Health Needs Assessment

Sex: Male Female

Age: 18-24 25-44 45-64 65+

1. Would you say your health in general is:
 Excellent Very Good Good Fair Poor

2. Has your doctor ever told you that you have any of the following health conditions (please check any that apply):
 Arthritis Heart Disease Depression
 Breast Cancer Prostate Cancer Diabetes/Dialysis
 Other Cancer High blood pressure Asthma
 Osteoporosis Lung Disease Other: _____

3. Which of these health conditions do you think are most important in Isleta? You may select as many as **5** conditions.
 _____ Heart disease/cardiovascular disease/stroke _____ Depression/Suicide
 _____ Diabetes _____ Injuries/death from violence
 _____ Chronic liver disease/cirrhosis _____ Lung disease
 _____ Alcohol/drug addiction _____ Pneumonia/influenza
 _____ Cancer- specify: _____ Other: _____

4. Which of these health factors do you think are the most important for community members in Isleta? You may select as many as **10**
 Adolescent pregnancy Drug abuse Housing Pesticides
 Alcohol abuse Drunk driving Immunizations Physical fitness/weight control
 Child abuse/neglect Family violence Jobs Pollution
 Cigarette smoking Gangs Nutrition Prenatal care
 Crime Homicide Sexual abuse Occupational health/safety
 Toxic waste Water quality Other _____
 Sexually transmitted diseases

5. Do you smoke commercial cigarettes daily? Yes No Sometimes

6. How would you like to get more health information? You may select as many as **5**.
 Church announcements Presentations
 Community newspapers School presentations
 Health fairs Trainings
 One-on-one peer discussion/word of mouth Conferences
 Pamphlet/brochure Testimonials (listening to personal experiences)
 Peer health education classes Other: _____

7. Please check the location you would most likely attend a health education program.
 Isleta Elementary School Isleta Recreation Center (new)
 Isleta Community Center Isleta Health Center
 Isleta Recreation Center (old) Isleta Elderly Center
 Isleta Head Start

8. Please check the times you would most likely attend a public health program:
 Sunday AM _____ (time?) Saturday AM _____
 Sunday PM _____ Saturday PM _____
 Weekday AM _____
 Weekday PM _____
 Please indicate which weekday you would most prefer:

THANK YOU FOR HELPING US BETTER ASSIST THE COMMUNITY!!!
 Community Health Committee Needs Assessment

WIC Breastfeeding Peer Counseling Corner

Thank you to all of the families who joined us on August 5th in celebration of World Breastfeeding Week.

We also want to thank the One Stop for donating ice and the Library for joining us for lunch.

We especially want to thank Governor Benavidez, Lieutenant Governor Zuni, and Lieutenant Governor Lujan who continually support the tradition of breastfeeding.



WIC Breastfeeding Peer Counseling: # 924-3180

**America's on the move
 September Campaign**

A national movement that encourages everyone to take steps towards a healthier way of life

By making small, simple changes to your daily eating and activity choices, you can start building proven habits that will positively affect your weight and health.

**LET'S ALL Take STEPS
 this September
 to move towards a healthier way to live!!!
 Stephanie Barela 869-4479**

October 2008

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
"Talk about Prescriptions" Month	Halloween Safety Month	Dental Hygiene Month	1	2	3	4
5	6	7	8 Stop America's Violence Everywhere Day	9	10	11
Fire Prevention Week						
12	13	14	15	16	17 National Mammogram Day	18
19	20	21	22	23	24	25
National Health Education Week						
26	27	28	29	30	31	

ISLETA PUEBLO NEWSLETTER
P.O. Box 1270
Isleta, New Mexico 87022

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