Isleta Pueblo News

Volume 4 Issue 9

Governor's Report

Greetings from all of us in Tribal Administration Office.

As the month of August ends, and we celebrated our annual feast days, we were delighted to have seen many of you enjoying the festivities during Saint Augustine Feast Day. We thank the Majordomos, their families and relatives for hosting this year's feast and for preparing the food for all who attended. Visitors that we spoke to thanked Isleta for a wonderful meal and for the hospitality they received.

We were unsuccessful in getting a carnival for the August 28th feast. Zuni Pueblo negotiated with the carnival people and paid a considerable amount of money which we were unable to match. However, we were able to get a few rides at a very low price for the September feast.

Now that school has started, the Administration along with the Department of Education, will work with the various school districts to make sure our students get the best education possible and that our students will have a better successful year with an increased number of graduates. It was disappointing to read in the Journal the low rate of graduates in the entire State of New Mexico. As parents and Tribal leaders, we need to support our students so that they get the education required to be successful. We will do what we can by working with the educators, parents and students and will be available to assist in anyway possible.

Administration, tribal council and program directors are continuing to meet deadline demands by submitting reports on grants and capital outlay funding received for various projects. Governor Richardson has been reporting on the state's shortfall and is looking for ways to cut back on capital outlay monies. Therefore, we are looking at ways to get projects going so that we don't loose any of our capital outlay monies. Some of the projects we are working on are the judicial complex, the Saint Augustine Church, replacement of waterlines for the Pueblo, and the construction of the Mouse Town Park. There are other projects also pending and not subject to loss of funding.

Other concerns which we have had to deal with are tribal water rights, the State proposal to change the voting policies of the Middle Rio Grande Board, which is not in the best interest for the Six Middle Rio Grande Pueblos. Isleta will be hosting a meeting with the MRGCD Board and the Six Middle Rio Grande Pueblos, to discuss the proposed Election Reform that has been the topic of discussions. This is a result of the success of tribes placing tribal members on the MRGCD Board. Tribal members and other non-Indian Board Members that received the support of the Middle Rio Grande Pueblos were successful in getting elected to the board. It is very critical that we as Pueblo people vote on this and all elections if we plan on keeping our water rights. Water is very important to the Pueblo people, not only for irrigation and drinking, but it also sustains our religion and our unique way of life. Please get involved and become informed on how you can help protect our rights.

Public Works

I hope your summer was an enjoyable one. The Public Works Department was busy tending to the many issues of the Tribe's infrastructure.

• Septic calls are still the highest demand. Once again please remember to call in for your septic pumping each time you need service. The reason we ask you to call is for tracking. As we attempt to develop programs to help with septic issues, we cannot include the people we do not know about. So please call in for your septic pumping.

Keep in mind that we do not always know where your septic tanks are located. Please keep your septic tank areas clear of weeds and debris. Please uncover your lids so our drivers may access the tank. Also keep in mind the trucks are large. If you have low hanging tree limbs, please keep them trimmed so that we can get the trucks in. We have experienced an unusual amount of water line breaks in the month of August. We appreciate your patience in times of repair. We may shut down water to your area for emergency repairs. If your area must have its water shut off for emergency repair, remember it is for your safety. As soon as the repair is made, the lines are sanitized and flushed out so that you can be sure that you are always getting clean fresh water.

Public Works has a new person working in the Facilities Maintenance Department. David Chavez is the supervisor and brings many years of experience from the City of Albuquerque and Isleta Casino and Resort. His role will be working on the upkeep of the Tribal buildings.

This is a short section this month as most of the departments have been preparing roads, ditches, and helping with cleanup projects. Enjoy the Feast!!

Important Notice

Census Office Requires Current Addresses for all Tribal Members

Pursuant to Tribal Council Resolution, the Pueblo of Isleta has made a request for an Election to be called by the Secretary of Interior to consider proposed amendments regarding blood quantum requirements in the Tribal Constitution.

The Pueblo must provide an updated list of names and addresses of all enrolled tribal members who will be 18 years of age or older as of November 7, 2009 to the U.S. Secretary of Interior. In order to vote in this important election, enrolled members must be registered to vote. The registration information will be mailed to the address that the Census Office has on file. Therefore, it is critical that the Census Office has each enrolled tribal member's correct mailing address, for purposes of participating in the election process.

If you have not updated your mailing address, please do so immediately to assure that the Census Office has your current address on file. It is very important that all enrolled members who will be 18 years of age or older as of November 7, 2009 update their addresses at this time.

Please let your family members know about updating their address in order to receive the official government mailings that will be sent regarding the Election that will be overseen by the Secretary of Interior. Please call the Census Office at 766-6625 or drop by the Census Office to have your mailing address updated. Thank you for your cooperation.

Mayordomo Update Regarding Acequia Madre Heading

It was with great pleasure to serve as mayordomos. We are very thankful that we had plenty of water. It makes us very happy to see all the green fields.

As we approach the end of our watering season for 2009, Fernando and I (Matt Lente) want to thank the farmers and everyone who has been involved for your cooperation in keeping our ditches safe and clean.

We would like to ask all farmers to take time and inspect all check gates, turn outs and valve stems on the main ditch both east and west ditches.

Please contact Abel with Natural Resources so that he can order any parts for the 2010 watering season. At this time please let Abel know which ditch you use to water your fields.

Natural resources phone number 505.869.5748 Their office is located behind the Fun Center north of the casino in the mobile buildings.

If you have any other concern question. feel free to contact

Fernando at 505.869.2890 Matt Lente at 505.440.0275

New Mexico Multicultural Red Ribbon Relay Run **Fact Sheet**

HISTORY:

The Red Ribbon Campaign began in 1985 after Enrique (Kiki) Camerna was assassinated by drug traffickers in Tijuana, Mexico. Students attending the high school where Kiki graduated started wearing ribbons to signify his bloodshed. The Red Ribbon became the symbol to reduce the demand for drugs and encourage the choice of a healthy lifestyle. Today, as a part of this national campaign, the New Mexico Red Ribbon Campaign continues to be a driving force in focusing statewide attention on substance abuse issues and solutions. The Santa Fe Community Partnership was chosen to coordinate the statewide Red Ribbon Campaign year-round.

During the Governorship of Bruce King (1990-94), he initiated the Multicultural Red Ribbon Relay Run when he approached Navajo Nation President Peterson Zah. Governor King suggested the idea of a relay run from Window Rock, AZ into Albuquerque, during the NM State Fair on "Indian Day". The Navajo Nation Division of Behavioral Health was charged with organizing the relay run into Albuquerque, NM. At which time, only a few communities participated in the Multicultural Run.

• In 1997, Northwest New Mexico Fighting Back, Inc. took the lead in organizing and recruiting communities for the relay run into Albuquerque, NM. That year, 34 communities participated in the run.

• In 1998, Northwest New Mexico Fighting Back/Healthy Nations was informed that the funding for the Multicultural Red Ribbon Relay Run ended with the event hanging in the air to end. But Northwest New Mexico Fighting Back/Healthy Nations did not want the event to end just because of the funding and that the event was still going to take place with NWNMFB/HN & NCI providing most of the funding. The participating communities, with the new communities, solicited for their own funding to make the

event happen in their communities. The Relay Run took place with approximately 40 communities participating in the Relay Run and communities took ownership of the event.

• In 1999 & 2000 NWNMFB & NCI continue to provide technical assistance and leadership in organizing the Multicultural Red Ribbon Relay Run. The participating communities continued to seek out their own funding resources to finance the event in their communities.

MISSION: The mission of the New Mexico Red Ribbon Campaign is to support and encourage various prevention strategies in local communities.

Some of the objectives include:

- · Work with the New Mexico Red Ribbon Steering Committee to coordinate Red Ribbon activities during Red Ribbon week October 23-31.
- Provide technical assistance and support to community prevention programs.
- Organize community Red Ribbon trainings around the state.
- · Coordinate "New Mexico Red Ribbon Drug Free Day" and a Red Ribbon information booth at the New Mexico State Fair.
- Assist with the Multicultural Red Ribbon Relay Run.





News

Valencia Express

Greetings from the Johnson-O'Malley Staff

Let me begin by introducing myself. My name is Geraldine Jojola, and I am the new Supervisory Academic Counselor for the Pueblo of Isleta. I received my M.A. from the University of New Mexico in Special Education with an emphasis on Behavior and Learning disabilities. I served on the Indian Education Committee during the 2008-2009 SY. As the Academic Counselor, I will provide one-to-one educational counseling services for all Isleta students no matter what school they may attend. I am also responsible for maintaining operation of the Johnson-O'Malley program. If you have any questions regarding your right as a parent, Special Education process or laws, IEPs, career counseling or any other academic area in need of support, please feel free to contact me at the Johnson-O'Malley office.

The Johnson-O'Malley (JOM) program is a federally funded program that ensures that parents and students have a better understanding of the educational process, as well as enables students to receive academic support in areas of need. The JOM tutoring program was established as a program that was non-structural. The staff of two tutors had an extremely high number of students that required different levels of support. In order to make tutoring service available to a large population of students, it is imperative that we create a more effective approach to provide academic support that enables students to flourish in any academic area. We have made some changes to how the after-school tutoring program will function. Tutoring will be offered in block sessions each week, each one hour long. Our goal is to develop a program that allows students to obtain the necessary skills and confidence to become independent learners after completing 12 sessions or less with their tutor. Sessions are as scheduled:

Monday & Wednesday 3:00 pm-4:00 pm Monday & Wednesday 4:00 pm-5:00 pm Monday & Wednesday 5:00 pm-6:00 pm Tuesday & Thursday 3:00 pm-4:00 pm Tuesday & Thursday 4:00 pm-5:00 pm Tuesday & Thursday 5:00 pm-6:00 pm

These tutoring sessions are filled by appointment. Once a student is placed in the program, we ask for the parent's and/or guardian's commitment in maintaining weekly attendance. Once a student has completed their daily session, we ask that they be picked up or make arrangements to take advantage of the language program offered. This will allow the following group of students to receive appropriate small-group tutoring with minimal distractions. In addition to tutoring, we would like to incorporate a daily activity within each one-hour session, such as making flash cards. This activity will provide students with hands-on resources to take home to strengthen their knowledge and understanding of the concept. This portion of the program is still in the planning phase and we hope to have it incorporated soon.

We currently have two tutors on board. Their names are Jennifer Zuni and Bernadette Correa. Jennifer is the tutor for elementary age students and Bernadette is the tutor for middle and high school students and math. Mathematics is Bernadette's specialized area. She has a strong knowledge base and understanding of simple to complex mathematical concepts. Jennifer has a vast knowledge basis for all academic areas in elementary. Both ladies are excited to begin this year's tutoring program. We are collaborating with the Los Lunas Public School District to establish our presence and availability within the schools for our students. We have presented the Los Lunas School District with a Memorandum of Agreement, we are confident that we will have an established working relationship between our program and the Los Lunas Schools soon. There are, of course, some areas of concern that we must work through, such as the release of information. To obtain any information regarding your student, we are required by law to have a release of information for your student. We would like to follow up on the effects of our tutoring service while being able to make inquiries with your student's teacher regarding academic progress, as well as provide early intervention and advocacy services to prevent students from failing. We would also like to provide parent support and knowledge regarding the education process. We will be scheduling meetings with Albuquerque Public School District, to establish a supportive program to meet the needs of our Isleta students within that district, as well.

Johnson-O'Malley is also a program that provides academic opportunity to students through a variety of means. We are working on perhaps taking day trips once a month to different areas of interest with in New Mexico so students may experience the history of some of these locations while grasping a strong understanding of these sites. We ask that parents encourage students to participate in these activities. These trips will take place on Saturdays. If there is interest and an increase of student participation, we may look scheduling additional opportunities. Additional information will be provided soon.

In addition to in-state trips, we would like to take a group of students to Washington, D.C. during Spring break 2010. We are determined to find a minimum of 20 committed students to begin fundraising as soon as possible. The cost is an estimated \$1,600.00 per student. The cost includes round trip airfare, hotel accommodations, sightseeing transportation, all meals, admissions fee as well as accidental/ health insurance. If you have a student that is in middle or high school and they are interested in participating in this event, please contact us as soon as possible. We will schedule a meeting with all parents interested in having their student participate in this activity.

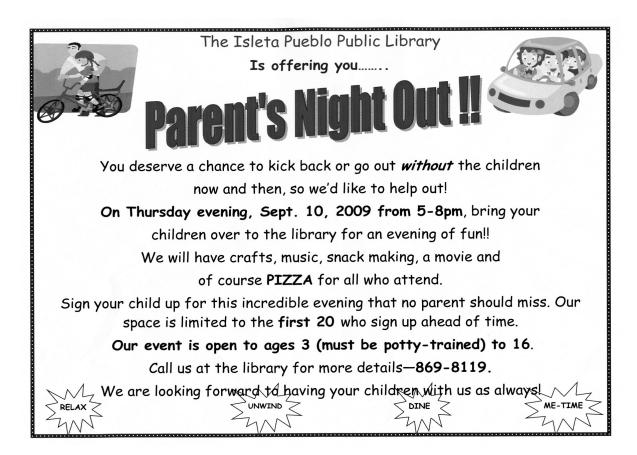
The tutoring center and Johnson-O'Malley program are currently housed in the Old Isleta Elementary School, the administrative office is located in the southwest end of the main building and the tutoring center is located in the first barrack number 630 located on the southeast side of the school. Also, we do have monthly parent meetings that are scheduled on the second Saturday of each month. It is important for parents and students to attend these meetings so that you may take an active role in deciding how the program will meet the need of your student. If you have any questions or suggestions, please contact us at 924-3189. We are looking forward to working with you and your student.

Pueblo of Isleta Department of Education J.O.M Tutoring

is Back!

The J.O.M Program is once again offering tutoring services to all J.O.M eligible students grades K-12th. Two tutors, elementary tutor and math tutor, are available to help your student succeed in school starting Monday August 24, 2009! Tutoring is available **by appointment only** and will be offered on a first come first serve basis.

If you are interested in signing up your student for tutoring OR if you have questions regarding the tutoring services, feel free to give us a call at 924-3185 or 414-2866 and speak with either Jennifer or Bernadette.



Parks & Recreation

Although summer is not officially over, when the children went back to school for the 2009/2010 season, we have begun what is considered our fall program. Once again, we are offering an after-school program at both Old Rec Center at Pickle Heights and at the New Rec Center, as well. The difference being those involved at the Old Rec Center will be picked up at school and also taken home. Those children at the New Rec Center will be picked up at the Elementary School but will NOT be taken home. Remember all children 12 and under must be picked up by no later than 6:00 pm unless accompanied by an adult. For those children who are involved in Cross Country at "Big Mama Hill", we will continue taking those children to practice if they need a ride. It is my understanding that our Elementary School is dropping that activity as a school function because of budget cutbacks. Those children involved will be taking instruction from volunteer parent coaches and not from Coach Montoya. We at the Rec Center will do what we can to make it happen. Good Luck.

Archery

As promised in last month's newsletter, I would report back to everyone on this year's Isleta Archery 3-D Shoot over at the forest next to River off the Isleta Lakes. Like past years, once again this was very well attended with over 90 Archers coming from throughout the Southwest and the furthest being from the State of Ohio. The State of Colorado was very well represented. One of the highlights from the shoot was on the longest distance shootout being won by one of the local archers by the name of Jason Gonzalez Jr. Like always, I would like to extend my sincere gratitude to our volunteer coaches headed by Isleta Club President Paul Jiron, Vice President Joe Jiron, Master of Ceremonies Mel Lucero, and Eugene Jiron who once again assisted in setting up the course. It was one beautiful event that so many people enjoy coming to, especially because of our facilities at the lake, our hotel, and of course the Casino. There was, in addition to those listed above, so many volunteers who assisted with the scoring and food sales, etc., that this event could not go on without you and we thank you all. Once again the Pueblo of Isleta put their best foot forward as we had another show case event. Pictured are several of the Archers who participated in the event along with one of many 3-D targets that made this shoot so successful. One of several comments that I heard from some of the participants is, "We enjoyed that natural setting and obstacles that the River provided to all who participated".







For those of you who helped with the annual clean up of the Plaza in preparation for our Pueblo of Isleta Feast days, our Governor Robert Benavides, Lt. Governor Max Zuni, and Lt. Governor Frank Lujan once again send their sincere thank you to all who helped with this much needed clean up. All of you who participated (about 60) people did an outstanding job, which allows us to, once again, put our best foot forward as we get ready to welcome all of our visitors and guests who will be joining us for our annual feast days. All who helped were also treated to a barbecue of hamburgers, baked beans, potato chips, watermelon and a drink as a small token of Governor's thanks and appreciation for your assistance. Pictured on the first picture is Governor Benavides welcoming and thanking those who participated, along with the other picture with Pueblo members enjoying the food and each other's company over at Jose Jojola and Celso Montoya Park over in the Church/Village Neighborhood.



Park Management

Once again, I am happy to report that the building of the park in the Mousetown Neighborhood is about 40 percent complete. At the time of this going to print, we have already built two shade structures, a ponding or water holding reservoir, and planted 12 trees. Although we may not be able to open by the target day of Veterans Day on November 11, 2009 we are moving as quickly as possible. The sticking point is the back order of the playground equipment and barbecue grills. We are hoping to place the equipment in its proper place prior to seeding the entire park before the end of this year's growing season. We will keep our fingers crossed and hopefully we can and will try to make that opening target date. Pictured below are pictures from the park in the Mousetown Neighborhood Park as the staff continues to plug away through the building process. Here they are planting the last of twelve trees that will help shade this beautiful park setting.



Swimming

Once again the swimming pool is open after our summer scrubbing and cleaning of the pool deck and locker room after a busy summer program. With regret, we must once again close the Dry Saunas for a few days in both men and women locker rooms for some minor repairs. Remember, prior to going in any of the swimming pool facilities it is a must and a health issue that everyone use proper swim attire, shower prior to using any of the facilities, Dry Sauna, Steam Room, Jacuzzi pool and regular pools. Also as equally important, is that the light stay on in the dry saunas so when our staff is making the rounds they can see clearly in the rooms. Remember, it is for your safety and our well-being as a Health Facility. Also, please keep in mind, we are not your guardians who must constantly pick up after yourselves. At one time or another people have had run-ins with our staff because they have been caught leaving towels in the lockers, urinating in the dry sauna room and throwing debris on the floors for us to clean up after. This is all of your facilities, please take care of it. All it takes is for one or two people to ruin it for everyone. And please, if you see anyone abusing the building, equipment, whether it is one of our parks, or doing graffiti anywhere in our Pueblo of Isleta, please report it to someone of authority. The Governors and Judges have assured us they will prosecute to the fullest.

Note: Although I realize that we all get paid for doing our job, I would like to extend a special thanks and appreciation to **Johnny Montoya** and assisted by **Roberta Chavarillo** and **Carl Anderson** for the beautiful clean up job they did after this year's summer program. The New Rec Center came out so outstanding that most hospitals would love to have their floors and gymnasium looking like ours. **Thanks for a Job Well Done.**

News Release: Isleta Recreation Center

Clarence Chavez, Karate Program

Recreation Center Instructor Inducted to Masters Hall of Fame

The Leaders in the Martial Arts Community came together at the Masters Hall of Fame to Recognize Excellence in the Martial Arts community this month. The award ceremony was held in the Long Beach Convention Center in Long Beach, Ca.

Clarence L. Chavez, 6th degree black belt with the Isleta Recreation Center was nominated by Mr. Dan Sawyer 9th degree black belt from Las Vegas, Nevada, for his life long achievement and dedication to the martial arts. He was also recognized by the title as Renshi (Master). Shihan Dan Hect, Chairman and CEO of the

Masters Hall of Fame presented the award to the inductees.

The Masters Hall of Fame nominees are martial arts leaders that mentor, teach and demonstrate excellence, honesty, and loyalty in all aspects of their lives. "As an organization, the Masters Hall of Fame believes it has a responsibility to develop excellence in the martial arts; and to recognize martial artists that embrace life as other exceptional martial artists have done in the past."

Giving back to the community is central in Clarence's life. He has served to promote the New Mexico AAU karate program, teaching self-defense to the Valencia county girl scouts groups. He is also a member of the Belen Elks Lodge, and an active member of the St. Clemente Catholic Church. Clarence teaches martial arts classes for a nominal fee to kids, teens and young adults on the Pueblo of Isleta, recreation center for last 11 years.

Clarence continues to do everything he can to promote and



educate the public about Japanese/Okinawan martial arts for kids and young adults. His greatest motivation and inspiration are his twins (children) who are also involved in the martial arts. Facing challenges and achieving each new success is his way of showing them that anything is possible.

Pueblo of Isleta Public Library

Hello fellow Pueblo members,

Well, summer has come and gone which means it is back to school for our youth and hopefully, lower electricity bills. Hopefully, you went on a peaceful vacation to rejuvenate for the last third of the year...I know my library staff sure did.

NEWS:

As of August 10, 2009, the library has returned to their regular business hours which are 8 AM to 8 PM, Monday through Thursday and 8 AM to 4:30 PM on Friday.

Along with the return of our normal business hours is the After School Homework Program. Currently, the first incentive program is underway which is an outing to Albuquerque Indoor Karting or a round of miniature golf at Golfernoggins. However, the Albuquerque Indoor Karting has some restrictions of being seven years of age and a height requirement of fifty-one inches. The Incentive program is open to all ages and twenty-eight points must be obtained from doing homework and/or reading at the library afterschool. The last day to acquire points is Thursday, September 24. HINT: You get more points for doing homework first!!! For more information, please stop by the library and talk to your local librarian.

On August 26, the youth of the library delivered Greeting Cards which they created for the Elders down at the Elders Center to show appreciation for them. This was done in the spirit of the late Dyan Jojola, who cared for the Elders dearly. We should all show them how much we value their presence in our lives.

A couple of dates to remember due to the library being closed are September 4 and 7 due to religious reasons and Labor Day.

UPCOMING LIBRARY PROGRAMS:

September 9th – Desiree Sanchez will be conducting a Youth Presentation at the Library from 5PM to 5:15PM. Her fifteen minute presentation is targeted toward the tween and teen age groups. SNACKS will be provided, so stop by for a quick bite.

September 10th – Mary Jane and the Library staff are offering the parents of our wonderful children some well deserved time off. Yes, time off!!! On Thursday, September 10th from 5 to 8PM the library will host "Parent's Night Out". This is a chance to have an evening out without your children. We are planning an evening of fun for children ages 3 (must be potty-trained) to 16 years old. We will do crafts, make snacks, play games, watch a movie, and eat pizza for dinner. Space is limited to the first twenty children, so sign up soon. Take advantage of this time out for yourself.

September 25th – The first After School Homework Incentive Program comes to an end. The twenty lucky participants will attend one of two family fun venues; Albuquerque Indoor Karting or



Your Pueblo women softening their elbows at the Mary Kay Night in August.

Golfernoggins. Afterwards, we will head over to Burger King for dinner.

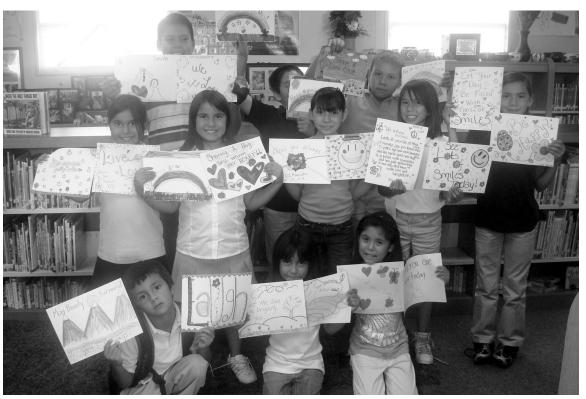
October 1st – Come in and participate in an event that is "All About You" on Thursday, October 1 from 5 -8PM. Enjoy a relaxing evening with different vendors that relate to home and beauty. The library thought of a convenient way to get vendors such as Mary Kay, Avon, Tupperware, and also hoping to add candles, jewelry and many more. If you are a representative of any other related businesses, please feel free to join us. Refreshments will also be served for your enjoyment. This is a 16 years and older event. Any of the sales representatives may also provide a job opportunity for people looking for a little extra cash on the side. For more information, contact Natasha at the library, 505.869.8119.

October 12th -16th - Is a fun filled week dedicated to the ever popular children's book, Where the Wild Things Are. During the week the story will be read, participants will be encouraged to create their very own

skit based on the story, and they will also be given the supplies to create their very own character from the story. Participants of the week long program will be rewarded with their very own copy of the award winning book and will also be shuttled to the featured film on opening night which is October 16. This is a perfect opportunity for many of you to share this memorable moment with your loved ones. Adults are welcomed and encouraged to attend, after all, it is open to all ages.

October 23rd – The Annual Halloween Carnival will be held at the Recreational Center and once again the Library will be a participant. The theme of our booth is a SECRET, so if you want to see what we have up our sleeves, you better attend the Carnival.

October 26th - 29th – The library staff will be making creepy and gross after-school snacks with whoever has the stomach to hold down such snacks. Participants will not only devour the stomach tickling snacks; they will also be given the recipes to take



Youth showing off their cards which they made for the Elders.

home and share with their friends, family, ghosts, goblins, zombies, and gremlins... yes, I said GREMLINS!!!

OTHER RELATED LIBRARY NEWS:

The Pueblo of Isleta Public Library will once again be a participant in the Tribal Libraries Fundraiser along with five other tribal libraries. This year, the fundraiser will take place at Route 66 Casino. Profits from the fundraiser will divided into equal portions for the participating tribal libraries. Each tribal library will decide on how they want to spend their share. As for us, we put our money into all-ages programs for the community like what was mentioned above. The fundraiser consists of dinner, entertainment, silent auction, live auction, and a dance after the festivities. Tickets to attend the fundraiser cost \$75 per plate, or \$500 for a table which sits up to eight people; resulting in a discount of \$100. If you happen to be a person who has a fever and the only prescription is dancing, then have we got a deal for you; where you only pay \$10 to get your dance on. For more information, please read the flyer posted in this month's newsletter or give your local library a call at 505.869.8119. Stay tuned for the latest news and further information for the on the 2009 Tribal Libraries Fundraiser.

If you are an artist and would like to donate an art piece or are a person who is very generous with your money and would like to make a donation to our library fundraiser, please call the library so we may put you in contact with the Maureen Wacondo, the fundraiser's accountant. To be honest, we will be grateful for any donation.

The library has officially added another member to the library family and her name is Dawn LeBeau. Be sure to congratulate her on getting the job and share your future program ideas with her.

There are also two more part time additions to the library family through New Mexico Workforce Connection in Belen and Isleta's own Youth Employment Program. The two ladies are Tiffany Jiron and Shadi Sangre. Tiffany has worked with the library under the Youth Employment Program earlier this year and will be with us until late October. Shadi Sangre is a work study student and will be with the library until the end of the year. Again feel free to share any program ideas with them as well.

REMINDER:

The library is back to its normal business hours which are:

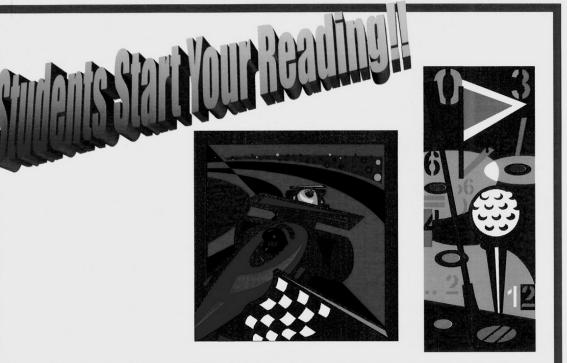
8AM - 8PM, Monday through Thursday, and 8AM - 4:30PM on Friday. The library is still CLOSED on the weekends.

The Pueblo of Isleta Public Library contact information is: Phone: 505.869.8119 Fax: 505.869.7690

Email Address: poi02002@isletapueblo.com Web Address: www.myspace.com/isleta_ pueblo_library



New Faces at the Library: from left to right Dawn LeBeau, Shadi Sangre, & Tiffany Jiron



THE ISLETA PUEBLO PUBLIC LIBRARY AFTER SCHOOL READING PROGRAM IS OFFERING YOU A FREE NIGHT OUT TO ALBUQUERQUE INDOOR KARTING OR GOLFERNOGGINS INDOOR MINIATURE GOLF AND FOR DINNER BURGER KING

FRIDAY, SEPTEMBER 25, 2009

EARN 28 POINTS FOR A CHANCE TO RACE OR GOLF. POINTS ARE SIMPLY EARNED BY DOING YOUR HOMEWORK OR READING FOR 20 MINUTES. BE SURE TO START RIGHT AWAY BECAUSE ONLY THE FIRST 20 LUCKY STUDENTS WILL BE ABLE TO GO.

GET TO THE FINISH LINE BY THURSDAY, SEP. 24TH

*Restrictions Apply toAbg Indoor Karting for ages 7 and up and must be 51** tall in order to race **Isleta Pueblo News**

TIGER WOODS WINS SECOND ANNUAL NOTAH BEGAY III FOUNDATION CHALLENGE

Native American Youth True Winners



Verona, N.Y. (August 24, 2009) — Tiger Woods, the world's No. 1 golfer, outshot an all-world foursome that included Camilo Villegas, Mike Weir and Notah Begay III to win the second annual Notah Begay III (NB3) Foundation Challenge. Taking nine skins and \$230,000 during the 18 holes played on Monday, Woods successfully outplayed both the field and the challenging Atunyote Golf Club course at Turning Stone Resort & Casino in Verona, N.Y. The tournament raised at least \$750,000 for the Notah Begay III Foundation.

"Today the whole thing was about bringing awareness to what Notah is trying to do," said Woods shortly after the Challenge concluded. "It's great to see what he's doing. He's put his heart, soul and passion into it."

Featuring some of the world's top golfers, this year's event created expectations of an exciting day of golf. The players involved did not disappoint, thrilling the crowd of 3,000 with thunderous drives and dazzling short iron play. Early on, it was tournament host Begay III who drew some of the loudest cheers with great chips on both the first and third hole. It was near the middle of the round, when the group halved five consecutive holes starting with the ninth, that the intensity of play began to pick up. A great second shot from 75 yards out and a 10-foot birdie putt by Villegas broke the game open, giving him six skins and \$180,000 with a single shot on the 15th. Now trailing, Woods birdied three consecutive holes following Villegas' move to the top, reclaiming the lead with only the daunting 18th left to play. With Villegas and Woods both playing to seal up the victory, it was fitting that Begay III, at his own Foundation's tournament, played a great chip from the fringe and followed with a birdie putt to take the final skin and \$70,000.

While Woods took home the most skins during today's round, the true winners of the NB3 Foundation Challenge are the Native American communities that benefit from the Foundation's efforts to improve the health and wellness of youth on Indian reservations nationwide.

Funds raised during the NB3 Foundation Challenge are used to develop and promote sustainable and innovative sports and wellness programs to fight the disproportionate incidence of obesity and diabetes among Native American youth. To date, the Foundation has implemented year-round soccer and golf programs engaging hundreds of Native American youth in New Mexico alone.

"It's time we do more to stop the obesity and

diabetes epidemic among Native American youth," said Begay III. "Through the Challenge, we have a unique opportunity to shine a national spotlight on this issue. Our goal is to create a national youth health and wellness movement among tribal nations, and I am excited about the momentum for change I have seen today."

The NB3 Foundation Challenge is made possible by a collaboration between the Oneida Indian Nation and the San Manuel Band of Serrano Mission Indians, two tribal nations donating time and resources to create a more promising future for Native American youth.

"The event was a rare opportunity for the entire central New York region to shine in the international spotlight as four premier athletes put their mark on the Atunyote Golf Club," said Oneida Indian Nation Representative and CEO Ray Halbritter. "As with our own upcoming Turning Stone Resort Championship, all proceeds went to charity. It is gratifying to be able to host an event that showcases our region, provides an economic boost to businesses throughout our community, and at the same time raises hundreds of thousands of dollars for much needed charities. The Oneida Indian Nation was proud to host this historic event."

"This tournament is a demonstration of the commitment that Indian tribal nations have made to elevate health and wellness in their communities across this nation," said Chairman James Ramos, San Manuel Band of Serrano Mission Indians. "Our efforts today will have a positive impact on the health and well being of future generations of Native people and our communities."

For more information on the Foundation and the Challenge, visit: www.notah.com.

Key Background

About the Notah Begay III Foundation

The Notah Begay III Foundation is a 501(c)3 nonprofit organization that was started in 2005 by 4-time PGA TOUR winner and Stanford University graduate, Notah Begay III. The mission of the Foundation is to reduce the incidence of obesity and diabetes and advance the lives of Native American youth through sports and wellness programming. To carry out this mission, the Foundation supports the development of sustainable and innovative programs designed by Native Americans for Native American youth that promote physical fitness, wellness and leadership development. For more information on Notah Begay III and the Foundation, visit: www.notah.com.

About Turning Stone Resort & Casino

A premier four-season, destination resort in Upstate New York, the Oneida Indian Nation's Turning Stone Resort and Casino is conveniently located about 30 miles east of Syracuse at NYS Thruway exit 33. Turning Stone was named "Most Excellent Resort" by Condê Nast Johansens in 2007 and Casino of the Year by the Academy of Country Music in 2009. The resort offers world class gaming, golf, entertainment, accommodations and spa facilities and has earned AAA four-diamond ratings for The Lodge, The Tower Hotel and Wildflowers restaurant. The Atunyote Golf Club is the annual host of The Turning Stone Resort Championship, a PGA Tour event. Turning Stone's entertainment and meeting venues include the 5,000-seat Event Center, the 800-seat Showroom and the Conference Center.

For more information and reservations, call (315) 361-7711 or 1-(800) 771-7711, and visit turningstone.com.

About the Oneida Indian Nation

The Oneida Indian Nation is a federally recognized Indian nation in Central New York. A founding member of the Haudenosaunee Confederacy (also known as the Six Nations or Iroquois Confederacy), the Oneida Indian Nation sided with the Americans in the Revolutionary War and was thanked by Congress and President George Washington for its loyalty and assistance. Today, the Oneida Nation consists of about 1,000 enrolled Members, most of them living in Central New York. The Nation's enterprises, which employ nearly 5,000 people, include Turning Stone Resort and Casino, the SavOn chain of gas stations and convenience stores, a 1,500-head Angus beef herd, a deep discount store, three marinas, and Four Directions Media, which includes a national weekly newspaper and a 3D animation studio. Proceeds from these enterprises are used to rebuild the Nation's economic base and provide essential services, including housing, health care, and education incentives and programs to its Members. Visit www.OneidaIndianNation.com for more information on the tribe.

About the San Manuel Band of Serrano Mission Indians

The San Manuel Band of Serrano Mission Indians is a federally recognized American Indian tribe located near the city of Highland, Calif. The Serrano Indians are the indigenous people of the San Bernardino highlands, passes, valleys and mountains who share a common language and culture. The San Manuel reservation was established in 1891 and recognized as sovereign nation with the right of self-government. Since time immemorial, the San Manuel tribal community has endured change and hardship. Amidst these challenges the tribe continued to maintain its unique form of governance. Like other governments, it seeks to provide a better quality of life for its citizens by building infrastructure, maintaining civil services and promoting social, economic and cultural development. Today San Manuel tribal government oversees many governmental units including the departments of fire, public safety, education and environment. Visit www.sanmanuelnsn.gov for more information on the tribe.

LOS LUNAS / VALENCIA HIGH SCHOOLS

Welcome back students, to the 2009/2010 school year. We hope you all had a good summer vacation and are ready to tackle the upcoming school year.

Parents/students, please read the 2009-2010 student handbook. Rights and responsibilities are a part of the life of every high school. The student handbook describes very clearly what we expect for our students and staff. For all of us who are part of the Los Lunas School District community, there are certain guidelines that we must follow in our daily activities while on our school campus. Ideally, we would like all students to be involved in the life of each school, participating in a wide variety of programs and activities. However, we also know that it is necessary to set limits for students and to establish clear guidelines for students behavior and well-defined consequences for violations of these standards.We hope all students enjoy your years in high school and set educational goals for yourself.

We would like to welcome Mr. Dan Padilla, our new LLHS Principal. We had the opportunity for Mr. Padilla to meet with Gov. Benavides, Isleta Pueblo, and discuss important educational goals for our Native American students. Meetings will be set up at different times through out the school year with both principals, LLHS and Valencia High School. We were fortunate to also have our new Los Lunas Superintendent, Bernard Saiz, along with Mr. Padilla, meet with students and parents at the August 1st meeting at the Isleta Elementary School.

New changes have been implemented to help and support our Native American students for the upcoming school year. The Los Lunas Title VII Indian Education Program, Isleta Pueblo and the Los Lunas schools are working together to provide access to resources to assist students in all aspects of academic achievement. This year the Title VII will be at Los Lunas High School on Tuesdays, Thursdays and Fridays..(office in the school library) and Mondays and Wednesdays at Valencia High School (office in the Freshman Academy). We will work closely at both schools with counselors, administrators, teachers, security and parents.

Mark your calendar...

AP Parent night...Aug. 31st...7:00 pm LLHS UNM Senior day...September 26th

Recruiters on campus...A & B Lunch..cafeteria—will be announced Scholarships: check bulletin board.. counseling office Letters of recommendation: " Personal Profile form for letter of recommendation" (give at least 2-3 weeks notice) available in the counseling office.

Open House..LLHS September 21st 6:00-7:00pm Applying to college workshop..Senior Parent Night..

September 28th..6:30 pm LLHS library College Day ..LLHS..Oct lst..LLHS cafeteria

College Fair.. Albuquerque Convention Center

Over 200 colleges. October 11th...12:00 pm-3:00pm SAT next test date...Oct 10th Register by Sept. 18th www.collegeboard.org (school code # 320-410)

ACT next test day: Oct 24th..Register by Sept.19th

www.actstudent.org (school code # 320-410 Navigating the college process..Junior Parent night Nov. 2nd -6:30 pm LLHS library

Financial Aid workshop..Must know information for Seniors & Parents..Dec. 7th..6:30 LLHS Library

We hope all our students had an enjoyable summer and are ready to continue their education. If you should have any questions or need assistance, feel free to call the Los Lunas Title VII Indian Education Program @ 865-4646 ext. 272.

SEPTEMBER IS CHOLESTEROL EDUCATION MONTH

This is a wake-up call to make sure you know your cholesterol level and how to keep it under control, without medication if possible!

Cholesterol is the fatty substance in blood that can build up in the arteries that feed the heart and brain. This increases the risk of heart attack and strokes, yet you can make some healthy lifestyle changes to lessen that risk. It's not enough to know just what your total cholesterol number is (goal: less than 200 mg/dl). Your cholesterol is made up of two kinds:

▶LDL ("bad") because it deposits cholesterol in the arteries (goal: less than 100 mg/dl and less than 70 mg/dl for people with heart disease or other risk factors

► HDL ("good") helps remove "bad cholesterol" from arteries to prevent blockage (goal: greater than 50 mg/dl for women and

greater than 40 mg/dl for men)

With this in mind, your heart-smart goal is obvious: maintain high levels of HDLs and low levels of LDLs. But how do you do this?

To increase HDL cholesterol.....

- ► Stay physically active (at least 30 minutes most days of the week)
- ► Aim for a healthier weight
- ▶ Include Omega-3 fatty acids such as found in fatty fish twice a week
- ► If you smoke, quit!

To decrease LDL cholesterol.....

► Reduce your fat intake, especially saturated animal fats from meats, whole milk, cheese, egg yolks, lard, butter, shortening

► Substitute with unsaturated fats, especially monounsaturated vegetable sources from olive oil, canola oil, nuts and avocados (caution: too much may cause weight gain)

► Eat less trans fatty acids found in margarine, crackers, cakes, cookies, etc

► Eat more soluble fiber: oats, barley, dried beans/lentils, vegetables, fruits

For more information, contact:

Terri P. Elisberg, RD/Nutritionist, Isleta Diabetes Prevention Programs 869-4093

Los Lunas High School

Community of Isleta Pueblo,

I am Dan Padilla, new Principal at Los Lunas High School. I am writing this letter to introduce myself as well as to extend my thanks to all members of the Isleta Pueblo for their warm welcome.

I am looking forward to working with all parents of Isleta Pueblo and the Los Lunas High School Community. I am a graduate of New Mexico Highlands University where I received both a Bachelor of Arts and a Master of Arts in Education and Administration. I began my career as a Vocational Education teacher in the Kern High School District of California in 1972. I returned to New Mexico in 1976, and have been actively involved in education since. I was a secondary administrator for 19 years at Socorro High School, Socorro, New Mexico. While there, I was a high school counselor, athletic director, vice-principal and principal. During my last 2 years I held the position of middle school principal and athletic director for the Pecos Independent School District, Pecos, New Mexico.

I am very excited about the partnership between Los Lunas High School and the Pueblo of Isleta. Thus far, our partnership has proven to be very productive. This has been demonstrated through several meetings with members of the Isleta community. I wish to extend my sincere thanks to Governor Robert Benavides, Lt. Governor Frank Lujan, Mr. Ben Analla and Ulysses Abeita for supporting our community and all Native American students of Los Lunas High School.

I wish to encourage all our parents to become involved in our school's educational process for building a stronger partnership, and encourage all students to proudly maintain their cultural heritage. In closing I extend an invitation to all parents of Isleta Pueblo to visit Los Lunas High School and should any concerns arise, please to do not hesitate to call. I may be reached at (505-865-4646) or email me at dpadilla@llschools.net Respectfully,

Dan Padilla, Principal Los Lunas High School "Home of the Tigers"

Not Feeling Well

- 1. Call Nurse Advice Line 1-877-725-2552
 - 2. Follow Recommendations of Nurse

a. If he/she recommends you see a physician within a time span and the clinic is not open during that time and you do not have other insurance coverage which requires you to go somewhere else, go to NM Quick Care and present your Tribal ID. b. If he/she recommends you see a physician within a time span that the clinic is open, then go to the clinic. 3. Contact the Contract Health (CHS) office (869-4488) within 72 Hours

If you do not follow these 3 requirements, you may be held Financially Responsible for any charges incurred at Quick Care.

Quick Care

Located: 1400 Main Street, Suite D in Los Lunas at the intersection of Main Street and Los Cerritos in the shopping center behind Quizno's.

Open: Monday through Friday until 9pm and Saturday & Sundays 10am -6pm

Need: Pueblo Census ID Card, which shows "I" Number (Financial Assistance can only be provided to enrolled tribal members and their Native American [minor] children and spouses.)

QUICK CARE is an URGENT CARE Service and should not be used for routine medical needs; it is not an emergency room. If the Nurse Advice Line recommends you go to an emergency room, then do so and report it to Contract Health within 72 hours. Individuals with insurance coverage should follow the rules of their coverage and may not be eligible for this Quick Care service.

Health Beat

Health Educator:

Stephanie Barela, 869-4479

This month is National Cholesterol Education Month. Let's all make a point this month to learn our numbers and know our risk. The next time you are at the clinic ask for a lipid profile, which is a measurement of your cholesterol and triglyceride levels. All adults over the age of 20 should have a lipid profile.

Here is what your cholesterol numbers mean:

Total cholesterol(mg/dL):

Less than 200 is desirable

200-239 is borderline high: Depending on your other risk factors, you may be at a higher risk for heart disease. Talk to your doctor about your overall risk for heart disease.

240 or higher is high: you are at risk for clogged arteries and a heart attack. See your doctor to determine your risk for heart

raising my own child."

rules.'

disease. LDL Cholesterol is BAD cholesterol. KEEP IT LOW!!

- Less than 100 is optimal or ideal.
- 100-129 is near optimal/above ideal
- 130-159 is borderline high
- 160-189 is high
- 190 and above is very high

HDL Cholesterol is GOOD cholesterol. THE **HIGHER THE BETTER!**

Keep it above 40

Triglycerides are another type of fat in the blood. They come from fat that you eat and are made in the body. Triglycerides are made when you take in too many calories or eat a diet too high in carbohydrates. When you have high triglycerides, you have a higher risk for heart disease.

Here is what your triglyceride numbers mean:

Less than 150 is NORMAL.

150-199 is borderline-high. You may be at an increased risk for heart disease. To lower your level, aim for a healthy weight and be more physically active.

200-499 is high. Weight control and physical activity are very important to lower your level. Watch out for other heart disease risk factors such as overweight and obesity, diabetes, low HDL and high blood pressure.

Over 500 is VERY HIGH!! ALERT! See your doctor immediately. This level requires attention to prevent severe problems with your pancreas

NATIVE WAYS FAMILY PROGRAM by

Isleta Behavioral Health Services P.O. Box 580 Isleta, NM 87022 (505) 869-5475



Isleta Community Members,

The Native Ways Family Program is a new addition to the many services Isleta Behavioral Health Services (IBHS) offers to the members of Isleta Pueblo. On June 12, 2009 IBHS met with Tribal Court Judges and staff, Truancy and Isleta Social Services to introduce the parent and child curriculum and brainstorm on how best to deliver appropriate and culturally relevant services to our participants.

According to Sanders (2008) family risk factors such as poor parenting, family conflict and marriage breakdown strongly influence children's risk of developing various forms of mental disorders (psychopathology). Specifically, a lack of warm, positive relationships with parents; insecure attachment; harsh, inflexible, or inconsistent discipline practices; inadequate supervision of and involvement with children; marital conflict and breakdown; and parental psychopathology increase the risk that children will develop major behavioral and emotional problems (as cited by Sanders, 2008).

Understanding such risk factors and the pertinent inclusion of Isleta's language, culture and traditions, IBHS has worked diligently on providing education focusing on healthy parenting skills, family wellness and appropriate avenues of communication from parent to child and vice versa. In addition, IBHS understands the need for a healthy community for its children to grow up in, therefore, prevention in the areas of alcohol, non-traditional tobacco and other drugs are included in both parents and child groups.

So far, the Native Ways Family Program has served and graduated over 60 parents and children from the Pueblo of Isleta. Our next cohort begins September 30, 2009 at 5:00pm at the Isleta Health Clinic. ANYONE AND EVERYONE IS WELCOMED TO ATTEND OUR FAMILY PROGRAM. Each session lasts 8 weeks and is held each Wednesday consecutively for 2 hours. Dinner is always served at no cost to the participants. We encourage interested parents, guardians, aunts, uncles, and grandparents and their children to register beforehand by calling IBHS at (505) 869-5475 to secure your spot.

Here is what past participants stated about the Native Ways Family Program:

• "It really helped me to know that I am not the only one who has problems.a waste of my time, but now • "We were able to talk about our discipline actions with our kids and

• "I learned a lot from those who are

parents - things I plan to use while

SEPTEMBER IS CHOLESTEROL EDUCATION MONTH

Know Your Cholesterol Numbers - Know Your Risk - Give Yourself Some TLC

• "I thought it was going to be I say it wasn't. I would feel comfortable enough to offer any make better house and disciplinehelp to the people I met."

• "You made me realize that • "I learned how to be a better parent." I'm a good parent!"

• "I learned to get along with and listen to my children so that our lives come together as a family."

NEW FACES AT THE CLINIC Health Educator: Stephanie Barela, 869-4479



Clorissa Willie is the new pharmacy technician at the Isleta Health Center. Clorissa is from Arizona and now lives here in Isleta. She used to work for Express Scripts. She is a proud new parent of new baby girl. Clorissa is excited to start meeting new people here in the community.



Brian Serna, MA, MAC, LMHC, LADAC is the new clinical supervisor for IBHS. He is a native New Mexican and is returning home after spending three years in Oregon. As a child, Brian grew up in Los Lunas and is happy to be in familiar surroundings. Brian, his wife and two children are currently living in Santa Fe, but he hopes to move closer once he sells his home in Oregon. Outside of work, he is enjoying eating as much green chile as possible and teaching his son how to catch lizards-a skill he mastered growing up in Valencia County.

In addition to his work in IBHS, he is also a national trainer and consultant in Evidence Based Practices (EBPs) for treating mental health and substance abuse issues. He has worked in behavioral health and public health in Santa Fe and Albuquerque and has degrees from NMSU and UNM.



Isleta Pueblo Housing Authority

I am proud to announce to you that the Isleta Pueblo Housing Authority has been approved by the Federal Government to receive 2 million dollars of stimulus money. This money will be used to build 20 new "Lava Block" homes at the new sub-division by the Isleta Elementary School. This project will begin in October after the engineering and design have been completed. I want to thank the Tribal Council for their support on this project, and also the IPHA staff and the Grant's Coordinator Cheryl Dixon for all of their hard work.

On a different note, I am announcing to all Tribal Member house holds that the IPHA will no longer be doing weekend calls. Waterline and sewer line problems will be taken care of by the Public Works Department during the week and including weekends. Any problems that arise within the home over the weekend will be taken care of by Housing on Monday morning. Your option will be to call a private company to take care of the problem at your own expense. IPHA will continue to respond to emergency calls which involve a life threatening situation on weekdays and weekends. Thank you for your understanding.

Being that summer is coming to an end, it will be time to shut down air conditioners and start up heaters. Elderly 62+, Handicapped and Disabled individuals will have priority. Other Tribal Members 62 and younger will be charged a Service Fee of \$25.00, money order or cashier's check (no personal checks), that will be due before service is provided.

FRESH HOME GROWN CHILI FOR SALE!!! CALL MARVIN JIRON AT 869-FOR ORDERS. I CAN ALSO ROAST CHILI FOR YOU.



October 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31



ISLETA PUEBLO NEWSLETTER P.O. Box 1270 Isleta, New Mexico 87022

