



Isleta Pueblo News

Volume 9 Issue 10

Pueblo of Isleta website: isletapueblo.com

October 2014

Message from the Governor

SAINT AUGUSTINE FEAST DAYS:

I am very happy to report our Pueblo, along with many visitors from surrounding communities, gathered in the village plaza to enjoy and celebrate Saint Augustine feast days on August 27-28, 2014 and the feast of San Agustinito on September 3-4, 2012. Our feast commenced with church services by Father Bob Campbell, Dean of Deanery C Archdiocese of Santa Fe and Father George, followed by a procession in the Plaza with the statue of St. Augustine and San Agustinito. The Plaza was filled with carnival rides and vendors providing a memorable experience for all who attended. We are especially thankful for the blessings offered by traditional leaders by honoring all with traditional dances for both feast days.

I wish to extend my sincere appreciation on behalf of our people to the Mayordomos and their families who Sponsored of the feast days and prepared a wonderful traditional meal. The Mayordomos for the August 27-28, 2014 Feast were: Dominic Cherino and Jessica Jiron, Robert and Laura Edaakie, Terence and Reyannon Lujan, Devin Trujillo and Kateri Lucero. Mayordomos for the September 3-4, 2014 Feast were: Veronica Balenquah and Michael Allen Lente. Thank you all for a pleasant and memorable feast and foremost, for helping preserve our customs and traditions for all to enjoy.

7th Annual Tribal Leadership Conference - September 16-17, 2014

The American Indian Law Center, AILC, held a two day conference at the Isleta Resort and Casino which brought together tribal justice, service and policy personnel from throughout the state to gain an update on a variety of legal subject matter affecting Tribal Criminal Justice in Indian Country. The conference was presented through the efforts of Ms. Helen B. Padilla, Director of the American Law Center and her staff. The two day conference provided an overview of Tribal Court Internal Policies and Controls; Investigating Crime in Indian Country and Prosecuting Cases; Tribal Law and Order Act of 2010 and Violence Against Women Reauthorization Act of 2013 and how the UNM School of Law can help recruit, train, and facilitate the placement of Native American lawyers to best serve Native American children and families. Pueblo of Isleta Governor Eddie Paul Torres provided opening remarks and invocation at the start of the conference.

2014 Southwest Regional Veterans Conference - September 22-23-24, 2014

The Southwest Native American Veterans Association, along with the Pueblo of Isleta Veterans Association hosted the first of its kind conference for Native Veterans and



Governor Torres addressing Native Students at Los Lunas High School

their families at the Isleta Resort and Casino. The three day conference commenced with posting of colors by the Isleta Veterans Color Guard followed by an invocation by Governor Eddie Paul Torres, Pueblo of Isleta. The conference was attended by distinguished guests from Congressional, State and Tribal Leadership; Southwest Native American Veterans Association Board; Office of Tribal Government Relations; Center for Cabinet Secretary, New Mexico Department of Veterans Services; Acting Director, New Mexico VA Health Care System; Director Albuquerque VA Regional Office; Director, Santa Fe National Cemetery; Director, Albuquerque Area Indian Health Service. The Keynote address was made by Congressman Steve Pearce. The Conference served as an excellent venue for providing veterans and families valuable information on veteran benefits and services.

Governor Torres Address to Native American High School Students

Governor Eddie Paul Torres addressed Native American students at the Los Lunas High School on September 10, 2014 and students at the Valencia High School on September 17, 2014 to offer words of encouragement to our youth as they prepare for the challenges of the future. Governor Torres told students that a lifelong commitment begins early in life and their motivation begins with strong family and community ties that serves as the means to develop oneself physically, mentally and socially. It is the time to develop the principles of life, make career decisions and begin the pursuit of career objectives, to decide what they want from life and enable them to achieve success in their fields of interest. Governor Torres encouraged all students to pursue their educational pursuits by participating in the scholarship programs and Internship opportunities being offered by the Pueblo of Isleta.

U.S. Congressional Representative Michelle Lujan Grisham

Governor Eddie Paul Torres and members

of the Tribal Council hosted a meeting with U.S. Congressional Representative Michelle Lujan Grisham on September 24, 2014 to provide her a tour and information on the Pueblo of Isleta Lava Block Plant, a positive economic venture for the tribe. The recently automated lava block plant will enable the tribe to produce lava blocks to meet the demand for energy efficient housing for pueblo residents. As an economic venture the pueblo envisions marketing the lava block commercially to other Native American housing entities. Representative Michelle Lujan Grisham applauded and supports the tribe's innovative economic business venture and means to meet the tribe's housing needs.



Governor Torres and U.S. Congressional Representative Michelle Lujan Grisham touring the Isleta Lava Block plant.

Pueblo of Isleta 4th Quarter Community Meeting

Governor Eddie Paul Torres has scheduled a Community Meeting for November 15, 2014 to report on the state of Pueblo affairs for 2014. The meeting will be held at the Isleta Resort and Casino.

Message from Governor Eddie Paul Torres

Let us all give thanks as a Community, in prayer to our Great Spirits, our Heavenly Father, and give heartfelt thanks for all the blessings of Life they've bestowed upon us. May our families and friends all be blessed with joy and health as we as Pueblo People who shared and celebrated traditional feast days in honoring of the Great Spirits.

PUEBLO OF ISLETA
ISLETA TRIBAL COURT

PROCESS FOR NAME CHANGE OF MINOR CHILD

1. Upon the filing of a petition by the parent or guardian of a minor child (under 18 years of age), for a name change, the Court shall set a hearing in approximately 60 days.
2. Petitioner must serve the minor child's other parent/guardian with a copy of the Petition for Name Change.
3. Petitioner must complete the Certificate of Service form on the back side of the petition and file it with the court after the other parent has been served.
4. Petitioner must then publish a notice of the name change in the local newspaper once a month for two months, at least fourteen (14) days prior to the hearing. (See the example notice below).
5. Petitioner must file the proof of publication with the court prior to the hearing for review by the judge.
6. At the hearing the Court will hear from both parents and any other interested parties.
7. If and/or when the Court signs an Order granting the name change, the Petitioner must file the name change with the County Clerk to be recorded.

EXAMPLE OF NOTICE

Notice must be published in the local/county newspaper once a month for two (2) months. Proof of publication must be filed with the Court.

NOTICE OF CHANGE OF NAME

TAKE NOTICE that in accordance with Pueblo of Isleta Tribal Court requirements, the Petitioner Alberta Jaramillo (name) has applied to the Honorable _____ (Judge), Tribal Court Judge of the Pueblo of Isleta, at the Tribal Services Complex, Bldg. A, 3950 Hwy. 47 SE, Albuquerque, NM 87105, for an **ORDER FOR CHANGE OF NAME** of the minor child John David Abeita (*child's name*) to John David Jaramillo (*new name*). Any person claiming an interest in this matter may notify the Court in writing and/or attend the hearing. The hearing on this matter is scheduled for _____ (date), at _____ (time). Any interested parties may contact the Tribal Court Clerk with any questions at (505) 869-9699.

PUBLIC NOTICE

SECOND NOTICE - A Petition to Probate, with Lucy A. Zuni being appointed as administrator, the Estate of Jose Marcelino Zuni, deceased November 21, 2011, Case No. CV – PR - 0074 – 2014, has been filed in the Pueblo of Isleta Tribal Courts. Any person claiming an interest in the Estate is hereby requested to notify the Pueblo of Isleta Tribal Court Clerk within thirty (30) days of this notice being posted. A court hearing for this matter has been scheduled for **October 1, 2014 at 9:30 AM**.

Claims must be filed in writing with the Isleta Tribal Court Clerk. If you have any questions, please contact the Tribal Court Clerk at (505) 869 – 9699.

SECOND NOTICE - A Petition to Probate the Estate of Juan Phillip Chewiwi, deceased November 13, 2008, Case No. PR – CV – 0072 – 2014, has been filed in the Pueblo of Isleta Tribal Courts. Any person claiming an interest in the Estate is hereby requested to notify the Pueblo of Isleta Tribal Court Clerk within thirty (30) days of this notice being posted. A court hearing for this matter has been scheduled for Wednesday, **October 29, 2014 at 3:30 PM**.

Claims must be filed in writing with the Isleta Tribal Court Clerk. If you have any questions, please contact the Isleta Tribal Court Clerk at (505) 869 – 9699.

SECOND NOTICE - A Petition to Probate the Estate of Joe A. Waseta, deceased May 31, 2014, Case No. CV – PR – 0094 -2014, has been filed in the Pueblo of Isleta Tribal Courts. Any person claiming an interest in the Estate is hereby requested to notify the Pueblo of Isleta Tribal Court clerk within thirty (30) days of this notice being posted. A court hearing for this probate has been scheduled for **Tuesday, September 23, 2014 at 2:00 PM**.

Claims must be filed in writing with the Isleta Tribal Court Clerk. If you have any questions, please contact the Tribal Court Clerk at (505) 869 – 9699.

A Petition to Probate the Estate of Floyd L. Jojola, deceased June 30, 2013, Case No. CV – PR – 0113 -2014, has been filed in the Pueblo of Isleta Tribal Courts. Any person claiming an interest in the Estate is hereby requested to notify the Pueblo of Isleta Tribal Court Clerk within thirty (30) days of this notice being posted.

Claims must be filed in writing with the Isleta Tribal Court Clerk. If you have any questions, please contact the Isleta Tribal Court Clerk at (505) 869-9699.

A Petition to Probate the Estate of Jose Dolores Abeita, deceased December 29, 2006, Case no. CV – PR – 0093 – 2014, has been filed in the Pueblo of Isleta Tribal Courts. Any person claiming an interest in the Estate is hereby requested to notify the Pueblo of Isleta Tribal Court Clerk within thirty (30) days of this notice being posted.

Claims must be filed in writing with the Isleta Tribal Court Clerk. If you have any questions, please contact the Isleta Tribal Court Clerk at (505) 869-9699.

(Continued next page)

23 SEP 2014 AM 11:21



IN THE TRIBAL COURT
PUEBLO OF ISLETA
ISLETA, NEW MEXICO

In the Matter of the Estate of:

RONNIE LENTE, Deceased

Case No. CV-PR-0112-2014

NOTICE OF HEARING

A **PROBATE** hearing is scheduled for **TUESDAY, NOVEMBER 18, 2014** at **09:00 AM** before the Honorable **Lawrence Lucero** of the Isleta Tribal Court. **YOU ARE HEREBY ORDERED** to appear at the time as shown above. At this time, all witnesses will be heard, all evidence will be presented, and all arguments shall be made before the Court.

Failure to appear may result in a default judgment for the plaintiff or a dismissal of the complaint may be entered on behalf of the defendant.

NOTE: ALL PARTIES MUST CHECK-IN WITH THE COURT CLERK PRIOR TO EACH COURT SESSION. FAILURE TO APPEAR MAY RESULT IN A DEFAULT JUDGMENT OR A BENCH WARRANT MAY BE ISSUED.

Subject Name/Signature acknowledging receipt and acknowledgment upon hand-delivery:

Date: 09/23/2014

CourtClerkName Signature

THE TRIBAL COURT COMPLIES WITH THE AMERICANS WITH DISABILITIES ACT. IT IS COUNSEL'S OR A PRO SE PARTY'S OBLIGATION TO NOTIFY THE CLERK OF THE COURT AT LEAST FIVE (5) DAYS BEFORE ANY HEARING OF THE ANTICIPATED ATTENDANCE OF A DISABLED PERSON SO THAT APPROPRIATE ACCOMMODATIONS CAN BE MADE

PUBLIC NOTICE (Continued)

SECOND NOTICE - Take Notice that in accordance with Pueblo of Isleta Tribal Court requirements, the Petitioner, **Brittanie Lucero**, has applied to the Isleta Tribal Courts for an **Order for Change of Name, for minor child, from Elfonzo Fermin Chavez to Elfonzo Fermin Perea. Case No. is CV – NC – 0106 – 2014.** Any person claiming an interest in this matter may notify the Pueblo of Isleta Tribal Court Clerk in writing and/or attend a hearing which has been scheduled for October 14, 2014 at 2:00 PM.

If you have any questions, please contact the Pueblo of Isleta Tribal Court Clerk at (505) 869 – 9699.

TAKE NOTICE that in accordance with Pueblo of Isleta Tribal Court Requirements, the Petitioner, **Alberta Jaramillo**, has applied to the Pueblo of Isleta Tribal Courts for an Order for **Change of Name for minor child, from John David Abeita to John David Jaramillo. Case No. is CV – NC – 0157 – 2014.** Any person claiming an interest in this matter may notify the Pueblo of Isleta Tribal Court Clerk in writing and/or attend a hearing. A court hearing for this matter is pending.

If you have any questions, please contact the Pueblo of Isleta Tribal Court Clerk at (505) 869-9699.

TAKE NOTICE that in accordance with Pueblo of Isleta Tribal Court Requirements, the Petitioner, Alberta Jaramillo, has applied to the Pueblo of Isleta Tribal Courts for an **Order for Change of Name for Minor Child, from Jason Abeita, Jr. to Jaden Isaiah Jaramillo. Case No. CV – NC – 0156 – 2014.** Any person claiming an interest in this matter may notify the Pueblo of Isleta Tribal Court Clerk in writing and/or attend a hearing. A court date for this hearing is pending.

If you have any questions, please contact the Pueblo of Isleta Tribal Court Clerk at (505) 869-9699.

**Pueblo of Isleta
TRADITIONAL DEER HUNT**

Bucks ONLY spike or better
October & November 2014

Must be a Tribal Member male 18 yrs. or older for Rifle Hunts. Each hunter must choose ONE specific hunt date only.

Bow Hunt — October 1-5, 2014
Rifle Hunt — October 24-26, 2014
(East Manzano Mountain Area)

Senior Hunt 60+ — November 28-30, 2014 (Rio Puerco Area)

125 names will be drawn for the Rifle hunt,
Bow & Senior Hunt will be unlimited.

If you would like to enter the drawing, please submit your name at the Division of Natural Resources office beginning Friday, September 26, through Thursday, October 16, 2014 between the hours of 8:00 a.m. — 4:30 p.m.

**Drawing will be held Friday,
October 17, 2014.**

Please have your Tribal ID# available.
If you have any questions, please contact the
Resources Division office at
(505) 869-9817.

NOTE: No wood hauling will be allowed during the hunts.

Pueblo of Isleta Public Services Department

As a Reminder: The Pueblo of Isleta Public Services Department is located at the Tribal Service Complex Office C122 Planning Office. Call 505-869-9782 for all work orders including but not limited to:

- Septic Pumping and Back Ups.
- Water Leaks outside the home
- Trash Pick Up
- Delivery of Trash Cans
- Grading of Roads
- Delivery of Sand and Gravel

The following may be picked up at Public Services office (Tribal Service Complex):

- Home Site Applications
- Burn Permits
- Wood Permits for on the Isleta Reservation

The following may be picked up at Resources Division office (Across the Clinic):

- Wood Permits for the National Forest Lands adjacent to the southern boundary of East Mountain Tribal Lands. Valid for 1 cord of firewood, access is only on weekends from 7am to 4pm. Tribal Members only first come first serve basis.

Leona Jiron, Executive Assistant
Public Services Department
Email: poi17503@isletapueblo.com
Ph: 505-869-4964

**PUEBLO OF ISLETA
DEPARTMENT OF EDUCATION
TIWA LANGUAGE PROGRAM**

**After School Program****Course Objectives:**

Provides an introduction to the Isleta Tiwa language: listening, speaking and grammatical

When: Starting September 15, 2014
Monday, Wednesday, and Thursday.

Time: 3:30pm - 5:30pm

Ages: 8 to 10 (Max capacity 15)

Registration forms available at the Department of Education Language Program

**DEPARTMENT OF EDUCATION
TIWA LANGUAGE PROGRAM**

P.O. Box 1270
Isleta, New Mexico 87022

Phone: 505-869-9795
Fax: 505-869-7573
E-mail: poi08200@isletapueblo.com

**Preserving Language for
culture and tradition**

PUEBLO OF ISLETA
BIA SOUTHERN PUEBLOS AGENCY
SECRETARIAL ELECTION
 PROPOSED CONSTITUTIONAL AMENDMENTS
 SEPTEMBER 20, 2014



OFFICIAL RESULTS

AMENDMENT NO. 1	POLLING PLACE	ABSENTEE	HAND TALLY	TOTAL	%
YES	212	115	12	339	67.396%
NO	109	50	5	164	32.604%
TOTALS	321	165	17	503	100.000%
AMENDMENT NO. 2	POLLING PLACE	ABSENTEE	HAND TALLY	TOTAL	%
YES	155	95	5	255	50.696%
NO	167	70	11	248	49.304%
TOTALS	322	165	16	503	100.000%
AMENDMENT NO. 3	POLLING PLACE	ABSENTEE	HAND TALLY	TOTAL	%
YES	181	95	7	283	56.262%
NO	140	70	10	220	43.738%
TOTALS	321	165	17	503	100.000%
AMENDMENT NO. 4	POLLING PLACE	ABSENTEE	HAND TALLY	TOTAL	%
OPTION 1	245	125	11	381	75.595%
OPTION 2	39	21	2	62	12.302%
NO CHANGE	39	19	3	61	12.103%
TOTALS	323	165	16	504	100.000%
AMENDMENT NO. 5	POLLING PLACE	ABSENTEE	HAND TALLY	TOTAL	%
OPTION 1	206	113	11	330	65.737%
OPTION 2	54	27	2	83	16.534%
NO CHANGE	63	24	2	89	17.729%
TOTALS	323	164	15	502	100.000%
AMENDMENT NO. 6	POLLING PLACE	ABSENTEE	HAND TALLY	TOTAL	%
OPTION 1	106	67	6	179	35.375%
OPTION 2	114	51	8	173	34.190%
NO CHANGE	105	47	2	154	30.435%
TOTALS	325	165	16	506	100.000%
AMENDMENT NO. 7	POLLING PLACE	ABSENTEE	HAND TALLY	TOTAL	%
YES	237	130	11	378	75.299%
NO	83	35	6	124	24.701%
TOTALS	320	165	17	502	100.000%
AMENDMENT NO. 8	POLLING PLACE	ABSENTEE	HAND TALLY	TOTAL	%
YES	218	115	13	346	69.478%
NO	103	48	1	152	30.522%
TOTALS	321	163	14	498	100.000%
AMENDMENT NO. 9	POLLING PLACE	ABSENTEE	HAND TALLY	TOTAL	%
YES	180	101	11	292	57.822%
NO	143	64	6	213	42.178%
TOTALS	323	165	17	505	100.000%
AMENDMENT NO. 10	POLLING PLACE	ABSENTEE	HAND TALLY	TOTAL	%
YES	237	130	13	380	75.547%
NO	86	34	3	123	24.453%
TOTALS	323	164	16	503	100.000%
AMENDMENT NO. 11	POLLING PLACE	ABSENTEE	HAND TALLY	TOTAL	%
YES	189	103	11	303	60.119%
NO	133	62	6	201	39.881%
TOTALS	322	165	17	504	100.000%
AMENDMENT NO. 12	POLLING PLACE	ABSENTEE	HAND TALLY	TOTAL	%
YES	262	137	13	412	81.584%
NO	61	28	4	93	18.416%
TOTALS	323	165	17	505	100.000%

VOTER PARTICIPATION					
REGISTERED VOTERS	BALLOTS CAST POLLING PLACE	BALLOTS CAST ABSENTEE	BALLOTS CAST HAND TALLY	TOTAL BALLOTS CAST	VOTER PARTICIPATION %
907	326	165	17	508	56.01%
	SPOILED BALLOTS AT POLLING PLACE	SPOILED/REJECTED BALLOTS ABSENTEE	SURRENDERED ABSENTEE BALLOTS		
	25	2	3		

CERTIFICATION


We, the undersigned Election Officials hereby certify that the above to be a true and accurate abstract of the votes cast in the Secretarial Election held on Saturday September 20, 2014. We further certify that said election was held in accordance with part 81, Title 25 of the Code of Federal Regulations (CFR)

Raymond Fry
 RAYMOND FRY, OFFICER-IN-CHARGE
Diego G. Lujan
 DIEGO G. LUJAN-MEMBER
Elizabeth M. Kirk
 ELIZABETH M. KIRK-MEMBER
Michael Jojola
 MICHAEL JOJOLA-MEMBER

9/20/2014
DATE

SIGNED

John Antonio
 JOHN ANTONIO- BIA SOUTHERN PUEBLOS AGENCY
Richard Jaramillo Jr.
 RICHARD JARAMILLO, JR.-MEMBER
Francine Jaramillo
 FRANCINE JARAMILLO-MEMBER
 MICHELLE LUJAN-MEMBER



**PUEBLO OF ISLETA
DEPARTMENT OF EDUCATION
TIWA LANGUAGE PROGRAM**

Adult Language Classes

Classes by: Tata Larry

Mondays: 6:pm—8:pm Thursdays: 6:pm—8:pm
Tuesdays: 6:pm—8:pm Saturdays: 9:am—11:am

Classes by: Carol Lucero

Tuesday: 6:pm—8:pm Wednesday: 6:pm—8:pm
Thursday: 6:pm—8:pm

Classes by: Bernadette Cotton

Tuesday: 6:pm—8:pm Wednesday: 6:pm—8:pm

Please take advantage of these opportunities.
→ Classes for all levels
→ Offered to all those of Isleta lineage

For more information please contact the Department of Education

Listen - Learn & Pass it on

DEPARTMENT OF EDUCATION
TIWA LANGUAGE PROGRAM

P.O. Box 1270
Isleta, New Mexico 87022

Phone: 505-869-9790
Fax: 505-869-7573
E-mail: poi23084@isletapueblo.com

Preserving Language for
culture and tradition

HONOR OUR HEROES

Thank a Veteran

The Veteran Support Services Program @ The Isleta Elder Center is requesting anyone wishing to 'Thank A Veteran' for their services who are either currently on active duty or have been discharged from any of the United States Military Branches are invited to participate.

Please deliver all Thank you notes/cards/memos/etc. to:

Reyes A. Jiron-Veteran Support Services Coordinator at the Isleta Elder Center (during normal business hours).

Thank you cards are due no later than October 13, 2014.

***Photographs of our U.S. Veterans are also greatly accepted and appreciated to go along with the Thank you notes.**

If you have any questions or concerns please contact:
Reyes A. Jiron-Senior Companion Outreach/Veteran Support Services Coordinator at:
(505) 869-9770 or email to
poi23084@isletapueblo.com

Credit Recovery Program

The credit recovery program at the Pueblo of Isleta site has been up and running for over two weeks for this 2014-2015 school year. We have four students from Valencia High School (VHS) and three from Los Lunas High School (LLHS) who are attending regularly. Century High School students have been made aware that the program is also available for them, should they opt to work after hours. The counselors are in contact with parents to recruit as many students as are in need. These students are working on a combination of the following classes depending on each student's need: English Language Arts for grades 9-11, Pre-Algebra and Algebra, Integrated Science, Biology, NM History, US History, or World History.

The Recreation Director Rick Giron, again, has graciously authorized use of a recreation van and driver to pick up VHS students from the east side of the river who do not have a ride to the Department of Education where the program is held. The Department of Education has allowed the use of their state of the art computer lab to the students.

It is because of the cooperation between the Los Lunas School District and the Pueblo of Isleta that many students can avail themselves of this wonderful and convenient credit recovery opportunity.

SECONDARY REPORT CARD GRADING PERIODS 2014-2015

Grading Period	Progress Report	End of Grading Period	Teacher Deadline	Report Cards Issued
G-1	9/3/14	9/23/14	9/24/14	9/30/14
G-2	10/15/14	11/4/14	11/5/14	11/12/14
G-3	11/25/14	12/19/14	1/5/15	1/12/15
G-4	1/27/15	2/18/15	2/19/15	2/25/15
G-5	3/11/15	4/09/15	4/10/15	4/16/15
G-6	4/30/15	5/21/15	5/21/15	5/28/15

ADULT FLU SHOTS NOW AVAILABLE AT THE HEALTH CENTER COME TO THE ISLETA HEALTH CENTER AND GET A FLU SHOT!

- For Established Patients only
- Sign in at Reception for a 'Nurse Walk-in'
- State that you need a flu shot only

As of September 23, 2014, children's flu shots were not yet available. Please contact the Isleta Health Center at 869-3200 for updated information.

**A FLU SHOT IS THE BEST WAY TO PROTECT AGAINST
GETTING THE FLU THIS WINTER!**

23rd Annual Multicultural Red Ribbon Relay Run

The 23rd Annual Multicultural Red Ribbon Relay Run (MCRRR) started on September 3rd and ended on the 12th at the New Mexico State Fair's Indian Village. The Isleta Community Action Team (ICAT), comprised of POI Departments/Service Providers and Community members, hosted a Information Dissemination on September 3rd to make the community aware of the upcoming Red Ribbon Run activities. The Isleta Public Library also helped reach out to community members by offering a chance to be included in a drawing for Travis Tritt Concert tickets. Congratulations to Dennis Zuni, who won the drawing and to Library staff for their help. On the September 4th Feast Day, another Dissimination Booth was setup at the plaza with information about the history of the Red Ribbon Run and another chance to register for the run.



The community of Isleta hosted 3 days of running. On September 10th, the runners loaded up in vans and we began the journey to Bernardo. This leg of the run started off with 12 runners, with 5 more joining throughout the day. There were representatives from the Behavioral Health Services, Isleta Recreation Center, Social Services, POI Police Department, as well as POI Tribal Council, MIS, Cultural Affairs. Lastly, we had several community members that participated too. The Isleta Police Department were able to escort runners on Interstate 25, through the pueblo, then on in to the village.



The runners arrived at the Health Center around 1:30 and after a short break, proceeded on to St. Augustine Church. Here, Father George greeted the runners and offered a prayer. After 38 miles were run, our participants were ready for a Community Potluck at the Old Courthouse. Spaghetti and salad was served by Behavioral Health Services staff members,



as well as POI Treasury personnel and community members. Governor Torres and both Lieutenant Governors were present. They offered words of encouragement and thanked our runners for being part of the Red Ribbon Run. Throughout the day runners were greeted with honks, whistles, cheers and signs of support and people wearing red!

Day two started out from St. Augustine Church where the 15 mile trek from Isleta Pueblo to Bataan Park in Albuquerque ended by 10:00am. Once at the park,



Behavioral Health staff greeted the runners with breakfast burritos, bagels and cream cheese, orange juice, fruit and hot coffee.

On the 3rd day the runners met again at Bataan Park to begin the last leg of the relay, which concluded at the State Fair's Indian Village. Again, the runners were greeted by various community hosts and served sack lunches. Lt. Governor offered a prayer in Tiwa. Both Lieutenants Abeita and Chewiwi, as well as Tribal Council Member Juan Rey Abeita were present. In conclusion, the 23rd Annual Multicultural Red Ribbon Relay Run was a great success. A huge thank you goes out to Governor Torres and his Administration Staff for being supportive of Behavioral Health's events. Behavioral Health would also like to thank the following:

Governor's Office/Administration Staff
Isleta Tribal Council
Isleta Resort & Casino
Isleta Business Corporation, One Stop
Isleta Police Department
St. Augustine Church, Father George
Isleta Recreation Department
Isleta Social Services
Isleta Treasury Office
Isleta Public Library
Isleta Diabetes Prevention Program
Isleta Health Center/ Health Education
Pueblo of Isleta Community Members

**All Supporters of Red Ribbon
Relay Run Activities!**

Pueblo of Isleta Veterans Association

We're very happy to report that the SW Region Veterans Conference at the Isleta Casino & Resort during the week of September 21 was a huge success, and our mission "Veterans Helping Veterans and Their Families" was fulfilled. The Pueblo of Isleta Veterans Association, along with the SW Native American Veterans were sponsors of the conference. POIVA Commander Fred R. Lujan was the Vice-Chairperson for the event and our color guard, Michael B. Lucero, Marcus Lujan, Phillip Jojola, and James Keryte, posted and retrieved colors for the event...and then not to be out done, Capt. Steve Abeita (USA) delivered a very inspirational speech on Wednesday. US Rep. Steve Pearce on Monday, Capt. Steve Abeita on Wednesday "it was the Steve and Steve show" ...should've been there...

We estimate that there were well over 600 veterans and their families who attended the three-day conference, who went away being more knowledgeable about veterans issues and benefits that are available. We will soon be planning for next year's event which will be even better and bigger. We want to thank everyone who helped making this event a success ...The Isleta Resort & Casino Staff, and former POI Governor Frank Lujan who put the Golf Tournament together.

The POIVA met with tribal planning staff, to but what else...plan on the next move to renovating the modular at the Richard Baker Field in Las Charcos. We were hopeful that the modular would be available for move in by Veterans' Day...but maybe Christmas, New Year's, or just simply say soon...

If you are an honorably discharged veteran from one of the US Armed Services and would like to know more about the conference, what else the POIVA is doing ... the next meeting will be on 17 October 2014 at 6:00 PM (1800) hours at the Recreation Center.

FIRE WOOD PERMITS

Fire wood permits will be available beginning on 9/15/2014 from the Resources Division office from 9:00 a.m. - 4:00 p.m Monday through Friday, **TRIBAL MEMBERS ONLY** first come first serve basis.

Permits are for National Forest lands adjacent to the Southern boundary of East Mountain Tribal Lands and are valid for one (1) cord of firewood, free of charge.

Access to cutting units will be strictly regulated by Pueblo of Isleta Wildland Law Enforcement Officers as well as Forestry staff.

Access will be on weekends **ONLY from 7:00a.m. - 4:00p.m.**

Only down material may be removed, **NO** cutting of live trees allowed.

All persons entering National Forest lands are subject to Federal laws.

Please call 869-9817 with any questions.

JUNK CAR REMOVAL
Will pay cash on titled
vehicles!!!

CALL Pat Jojola at 304 -8244

Drowsy Driving
Tidbit

Isleta Health Center
Health Educator,
Stephanie Barela, 869-4479

Have you ever driven while you were drowsy... chances are you probably have. Next time think twice before you get behind the wheel when you are having trouble staying awake. The Center of Disease Control (CDC) says that there are about 100,000 crashes each year due to drowsy driving. This attributes to 40,000 injuries and about 1,500 deaths a year.

STAY SAFE and
DON'T DRIVE
DROWSY!!



The summit will provide education and awareness on Men's wellness, healthy relationship, parenthood, roles and responsibilities of a family member and domestic violence awareness. For more information call Isleta Behavioral Health Services at 505-869-5475.

REGISTRATION

Name: _____ Phone Number _____
Program: _____ Email Address _____

I give Isleta Behavioral Health Services authorization to take and use my photo for use in the monthly Pueblo newsletter. Please initial _____ Yes _____ No

Parks & Recreation

As September comes to a close that means summer is now officially over. That also means the New Mexico State Fair has ended and our focus now becomes our next big event in our "Halloween Extravaganza." This event is scheduled for Friday, October 24th from 5:00 pm until 8:00 pm, which is the week before Halloween. Coordinators Kimberly Chiwewe, MaryAnn Carpio and newcomer to the event Rochelle Zuni promise this will be the best event to date. All booth spaces for this event have been taken by participating departments. If anyone has questions regarding this event, please call any one of our coordinators for further assistance. Also happening the day before the Halloween Extravaganza (October 23rd) will be our annual pumpkin picking event over in Estancia, New Mexico. Once we return with the pumpkins they will be made available to anyone on a first come first serve basis, one per person. Also as September comes to an end, Cross Country Coach Phillip Abeita reports that the Cross Country team is doing great and has been competitive in every meet. His practices which are held every Monday through Thursday are very well attended. Competitive Meets are held on Saturdays.

New Mexico State Fair

Once again the Pueblo of Isleta was well represented in the 23rd Annual Multicultural Red Ribbon Run that ends with the final leg of the run from Bataan Park in Albuquerque to the State Fair Grounds at Indian Village. This year's theme "United We Run, To Be Drug Free" was a great way for communities coming together to make a difference. Isleta Parks & Recreation Fitness Coordinator Bernadette (Lil Bern) Jojola said it was hot but still very enjoyable with about 15-20 runners participating from Bernardo, New Mexico to Isleta on September 10th, and from Isleta to Bataan Park on September 11th, and the final leg on September 12th from Bataan Park to Indian Village on the New State Fair Grounds. Bernadette reports, it was great to see some of our youngsters get involved with the run which will help with this tradition continuing for years to come. Pictured are the runners representing our Pueblo of Isleta leg from Bernardo, New Mexico as they run to and past our Governor's Offices to the Plaza in the Village.



Cross-Country Team

Coach Phillip Abeita reports that his Cross-Country team representing the Pueblo of Isleta in our Southern Pueblo League has really been doing well. He says that many of his team members have done well coming in 2nd and 3rd place in many categories from 5 year olds to 12 years of age. His team has consistently been at about 33 members who have practiced diligently and made many of the meets to Santo Domingo, Jemez, San Felipe, and Zia Pueblos. Keep up the great dedicated work; you all make us so proud. Pictured below is a collage of pictures from the Santo Domingo Meet held on Saturday, September 20th.



Beverly Piro's Remarkable Weight Loss

Come early morning (5:30 am) Monday through Friday over at Old Rec. in Pickle Heights you can find our very own tribal member Beverly Piro huffing and puffing as she has now dedicated her life to working out and losing those pounds that took years to put on. When I first saw Beverly several weeks ago at a tribal function, I could not believe my eyes that it was Beverly. When asked about her recent weight loss (since January 2014) she said she has already shed 68 pounds by working out every morning Monday through Friday under the direction of Fitness Coordinator Bernadette (Lil Bern) Jojola. She also does Spin Classes with Ray Mora every Monday and Wednesday evening over at New Rec. Center. One thing I had to do, was start doing things for myself she explained. I always looked out after everyone else but myself. Her doctor also said she was borderline diabetic with high blood pressure. Since her weight loss, as a result of her workouts she has done away with any high blood pressure pills and any talk about being borderline diabetic. She is also watching what she eats and tries to follow good healthy diet and she stays away from fast-foods. Her goal for this year is to drop a total of 100 pounds before year ends. Beverly, we at both Recreation facilities are so proud of you and what you have accomplished so far. You are becoming an inspiration for others to follow. Pictured is Beverly along with her Personal Trainer and Fitness Coordinator Bernadette Jojola.



Park Management

As the growing season comes to a slow down our Park Management crew has been busy re-doing the medians on Highway 47 in front of the Tribal Complex. After the recent rains the landscaping really took a big hit with washouts. A lot of the decorative soil was just too small to withstand the recent rains. Our park management crew has been busy replacing a lot of the red decorative soil with some bigger landscaping materials that can withstand some of the rains that we may experience in the future. Also with the rains came lots of weeds. They too have been cleaning that up as well. Pictured are some of our crew members doing the necessary replacement of materials to keeping the roadway looking fresh and beautiful.



Aqua Zumba is Coming

Beginning Thursday, October 2nd at 1:00 pm we will be offering an Aqua Zumba Class. From that point on, classes will be every Tuesday and Thursday at 1:00 pm. We are definitely targeting our Elders and anyone else who can come in at this time. Our instructor is Patricia Lucero, a 62 year old NM Native American. She has been teaching Zumba for over 6 years. She personally in 1988 was weighing over 400 lbs. 10 years later in 2008 she was down to 300 lbs. As of September 22, 2014 she is at 150 lbs. She knows what it is to struggle with diabetes type 1 and type 3. Through a lot of hard work (Zumba) and watching her diet she has become what she is today. She is coming to our Pueblo of Isleta to share her story and help anyone who wants to fight obesity and diabetes through this Aqua Zumba class that she will be offering. As she mentioned, "I am personally a work in progress. I love Zumba and it's my passion". She also said she can help those who need that little extra push to get over that hump that they may be experiencing in weight loss. She will be offering this class strictly as a volunteer to our program. For more information please call 869-9777.

Halloween Extravaganza

As mentioned earlier our big event for the month of October is our annual Halloween party at the Isleta Parks & Recreation Gymnasium. The event is for everyone young and old. It is our way to bring all ages together for a fun-filled wholesome event. This year's event will begin at 5:00 pm until 8:00 pm. It will include a pumpkin carving contest (all ages); Costume Contest (all ages) and a Best Booth Contest for all who participate. 1st and 2nd place awards will be given out in every category. Food sales will be made available by our Isleta Parks & Recreation Cross Country Team. So please come hungry. Also one of the favorite traditional events at this event will be our "Cake Walk" put on by Isleta Parks & Recreation Department. Coordinators of the event say over \$500.00 dollars worth of pastries will be available for anyone to grasp should you land on the proper number called. Special Note: We are also asking for donations of canned goods on this special day. The proceeds will go to the Social Services Department's preparation of the Thanksgiving Food Drive. What do you say, come join us and forego other events to be part of a fun filled evening? Make it your family night. This event is for all Pueblo residents only.

**PUEBLO OF ISLETA
ISLETA POLICE DEPARTMENT
CRIMINAL INVESTIGATIONS DIVISION**
P.O. Box 699, Isleta, NM 87022
505.869-9714 Fax 505.869.9756
Cell: 410-9279

**NATIONAL TAKE BACK INITIATIVE
BRING IN UN-USED OR UNWANTED
MEDICATIONS AND DROP-OFF**

**ISLETA RECREATION CENTER
SATURDAY, SEPTEMBER 27th, 2014
10:00 A.M. TO 2:00 P.M.**

The abuse of prescription drugs is the fastest-growing drug problem in the United States. Expired, unused, and unwanted controlled substances in our homes pose unacceptable risks to public health and safety. A recent survey shows that over seventy percent of people who have abused prescription pain relievers obtained them from friends or relatives.

In an effort to address this problem and reduce the risks posed by prescription drugs in our communities, the Drug Enforcement Administration (DEA), and The ISLETA POLICE DEPARTMENT are coordinating an opportunity for the public to surrender pharmaceutical controlled substances and other medications to law enforcement officers for destruction. Collection boxes and the retrieval of surrendered pharmaceuticals will be provided by DEA. Destruction of the materials will be accomplished in accordance with all applicable federal and state laws and regulations.

**SERVING OUR PEOPLE
IN INDIAN COUNTRY**

Isleta Health Center
Behavioral Health Services Prevention Program
Phone: 505.869.5475

A Simple Request Turns Into a Family Message to the Community

Before the Red Ribbon Run, IBHS received a request: "Can you make us a staff to use for Red Ribbon this year?" Everett Jaramillo accepted the challenge and then it turned into a family goal to complete the task together. The Staff has many symbols on it to which we all can relate. A message that was inspired by the family, a message that was placed on the staff, a message for most to adhere to.



The Eagle: Symbolizes strength, courage and leadership;

The Butterfly: Represents transformation, ability to change and accept change;

The Bear: Represents Strength, Courage and Healing;

The Cornstalk: Represents good crops, food and eating healthy;

The Snake: Wraps around the earth, holds it together; as well as the community;

The Rain Clouds/Lightning: Needed for healthy life, everything needs rain/water to grow and nourish. It cleanses, by washing away the bad.

A huge Thank You to the Jaramillo Family: Edwin, Antoinette, Everette, Glorianna and Minewa for accepting the task and creating something that has meaning, that has a certain message, that has power for anyone to hold, heal, and reassure that there is still much more healthy life ahead, for everyone.

Alliance names scholarship for teaching artist who died

by Stacey L. Evans

John Jaramillo touched many lives through his kind spirit and powerful dance performances.

"He was a very gentle communicator. When I would observe him in the classroom, his teaching was seamless," said Michele Mummert, director of the Institute for Educators and Teaching Artists at the Alliance Theatre in Midtown. Jaramillo was a teaching artist with the organization.

"He valued each person and he was very genuine with everyone he interacted with. He made you feel important, unique and special."

Jaramillo, a Lithonia resident, died June 6 from leptomenigeal disease.

Recently the institute dedicated an in-school professional learning residency scholarship in honor of Jaramillo, so that his form of "joyful learning," as Mummert called it, would carry on.

"It was devastating to learn about his illness," she said. "He and [his wife] Therra kept such a positive attitude throughout the whole thing. He touched all of our lives. We were a very close group that worked collaboratively to plan lessons and training. We wanted to keep John with us each year and keep his work with us. We wanted to do something lasting and significant."

The scholarship will be awarded annually to a teacher and his/her students in grades pre-kindergarten through second grade, providing a teaching artist in his or her classroom for 12 sessions. The program uses drama and theatrical techniques to enhance student learning.

"The idea is that the teaching artist provides tools that teachers will see them use, and so the teacher learns new ways of teaching," said Mummert.

Jaramillo, a Pueblo Indian and professional dancer, incorporated movement into his lessons.

"He would integrate whole body learning, which is very beneficial to brain development," said Therra Gwyn Jaramillo. "The arts help to engage children in a way that sitting in a lecture or reading a text book simply doesn't. John had a great respect for teachers and when he got to help them accomplish goals with students, it made him really happy."

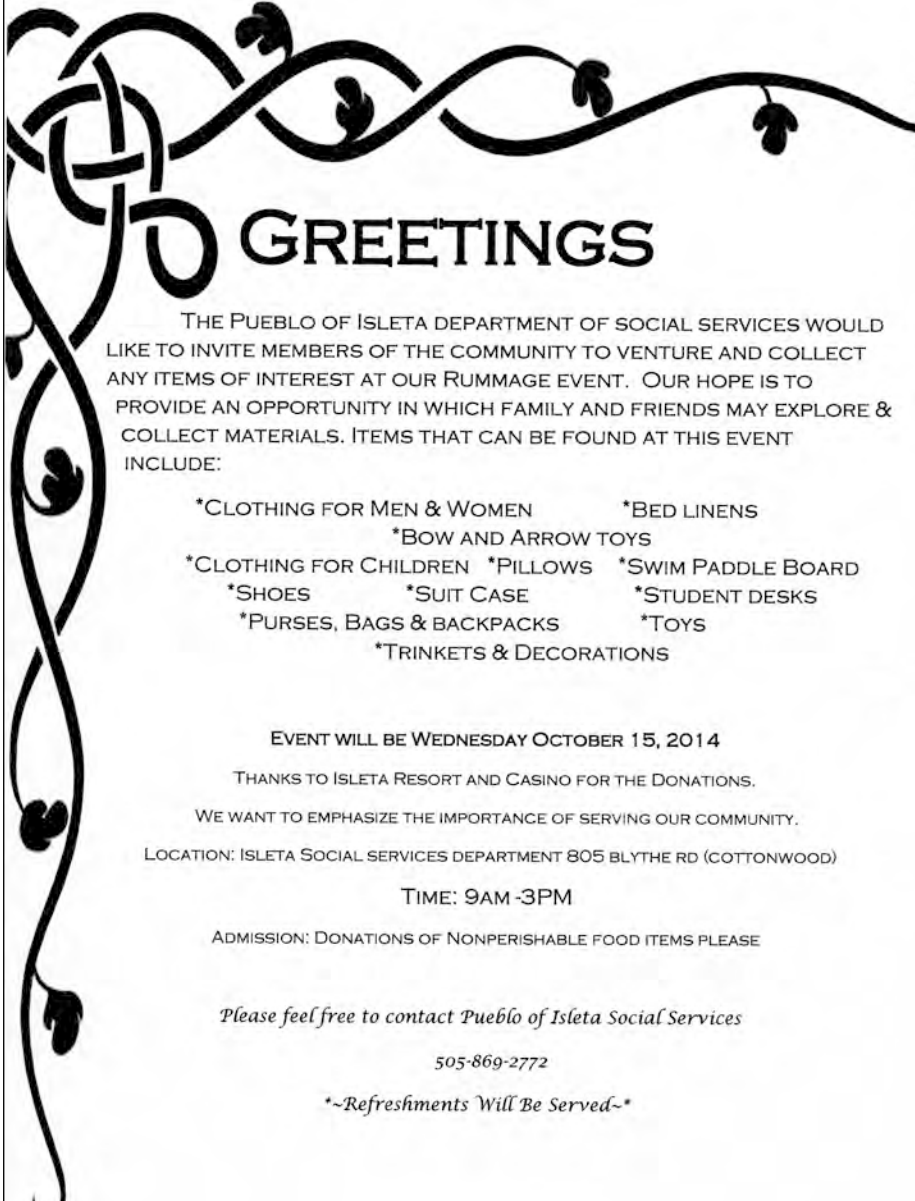
In addition to his work with the Alliance, Jaramillo performed in and taught dance in schools across metro Atlanta for over 20 years. He also performed throughout the U.S., Canada, Mexico, England and Spain with flamenco and Native American dance groups.

"It means everything to me to know that all the work that John did over the past two decades with children, that some of it will continue in his name," his wife said. "He dedicated his life to expanding horizons of people he performed for and worked with. It's nice to know that will keep happening and his name will be attached to it. I'm so touched. He would have been so humbled by this."

The first scholarship will be awarded this fall to a teacher and classroom at Winnona Park Elementary in Decatur.



John Dominic Jaramillo is the son of the late Dominic and Agnes Jaramillo and brother of Westwind Patrick Jaramillo and Joann Jaramillo-Henry.



GREETINGS

THE PUEBLO OF ISLETA DEPARTMENT OF SOCIAL SERVICES WOULD LIKE TO INVITE MEMBERS OF THE COMMUNITY TO VENTURE AND COLLECT ANY ITEMS OF INTEREST AT OUR RUMMAGE EVENT. OUR HOPE IS TO PROVIDE AN OPPORTUNITY IN WHICH FAMILY AND FRIENDS MAY EXPLORE & COLLECT MATERIALS. ITEMS THAT CAN BE FOUND AT THIS EVENT INCLUDE:

*CLOTHING FOR MEN & WOMEN	*BED LINENS
*BOW AND ARROW TOYS	
*CLOTHING FOR CHILDREN	*PILLOWS
*SHOES	*SUIT CASE
*PURSES, BAGS & BACKPACKS	*STUDENT DESKS
*TRINKETS & DECORATIONS	*TOYS
*SWIM PADDLE BOARD	

EVENT WILL BE WEDNESDAY OCTOBER 15, 2014

THANKS TO ISLETA RESORT AND CASINO FOR THE DONATIONS.

WE WANT TO EMPHASIZE THE IMPORTANCE OF SERVING OUR COMMUNITY.

LOCATION: ISLETA SOCIAL SERVICES DEPARTMENT 805 BLYTHE RD (COTTONWOOD)

TIME: 9AM -3PM

ADMISSION: DONATIONS OF NONPERISHABLE FOOD ITEMS PLEASE

Please feel free to contact Pueblo of Isleta Social Services

505-869-2772

~Refreshments Will Be Served~



Greetings to everyone! October is among us. The changing of the weather and the leaves on the trees is something to look forward to, if you love the cooler weather. If not, why not warm up with some coffee or hot cocoa and come check out a nice book from the Library.

News

The Library will be closed from 8:00am-12:00pm on Wednesday, October 1st due to our monthly staff meeting to discuss upcoming programs for children, teens and adults and to help better improve our services to the community. If you have any ideas for programs, please come speak to a Library staff member. Our drop box will be open for those dropping off Library material during these hours. The Internet and the phone lines will be down during this time as the MIS department makes upgrades to our Internet Services.

Should your children visit the Library during their Fall Break and decide to stay all day, please provide them with a meal or snack, as the Library does not have meals to give to children.

Upcoming

The Library will once again be participating in this year's Halloween Carnival at the Isleta Recreation Center. This will take place October 24th from 5:00pm-8:00pm. Every year our theme for our booth has been a secret so you all will be amazed and excited when the day comes. This year it remains a secret with ONE clue. The clue is: Blinky, Pinky, Inky, and Clyde will race you to your power pellet!

This year for our Halloween Crafts Cheyenne will be conducting a craft on how to make Halloween Lanterns. This will take place Tuesday, October 28 from 4:30pm-5:30pm and is open to the first 15 families. For more information please call the Library and speak with Cheyenne at 869-9808.

Diane will be getting your hands messy with a Creepy Mummy Pizza Snack on Thursday October 30th from 4:30pm-5:30pm and is open to the first 30 participants of all ages! For more information please call the Library to talk to Diane at 869-9808.

Our Homework Help Incentive Program is coming to an end. Last day to earn points was September 26th. The first 10 students who have earned 30 points will go to a Lobo football game October 10th. Students will make their own Lobo spirit gear to sport and cheer for the Lobos at the game. Congrats to the students who have earned this field trip by reading and completing homework at the Library.

We will once again be taking 15 adults on the Ghost Tour of Old Town Albuquerque October 17th at 10pm. Adults earned their way on this trip by reading 4 short stories from a book at the Library and writing 4 short synopsis on what they read. We will be taking our 15 participants to Fuddruckers then we will make our way to

Old Town Albuquerque for the Ghost Tour. Participants will be able to take pictures while on the tour. We will review them and they will be posted on our Facebook page. You can check out last year's Ghost Tour pictures on our Library Facebook Page: www.facebook.com/IsletaPuebloLibrary.

Recap

September 3rd the Library participated with Behavioral Health's Road Block giving awareness to the Annual Red Ribbon. We helped hand out pink gift bags which were donated to the Library from the Isleta Casino and resort. Along with these bags was information and flyers of Behavioral Health Programs and Library programs. Participants that stopped to receive a bag also were asked if they had their Library card with them. Library Patrons who showed us their Library card were entered in a drawing to win two tickets to Travis Tritt. These tickets were donated by Tribal Council Member Juan Rey Abeita. Thank you Juan!! Congrats again to Denise Zuni who was the winner of these tickets and had her Library card with her.

Our Halloween Costume Sewing class is currently in progress. Participants went to Hobby Lobby and Savers to pick out Materials for their costume and enjoyed dinner at Furr's Buffet on September 16th. We have a wide range of ideas of costumes. The Flash, Bell from Beauty and the Beast, Elsa from Frozen, The Joker, Superwoman, Goku from Dragonball Z and 2p Russia. Participants have been cutting out patterns and learning to sew. We are very excited for the outcome of these costumes and we will give you all the news once participants have finished, and post pictures on our Facebook page on October 17th and you can vote on what costume you like the best. The winner with the most "likes" on their picture will win a gift card to the Isleta Fun Connection.

Diane's Wicked Book Club has been in progress for all of September. Participants of this Book Club will be having dinner and attending the Award Winning Musical "Wicked" at Popejoy Hall October 3rd. Participants had to attend 4 out of the 5 Book Club reading discussions in order to attend the showing of "Wicked" at Popejoy Hall. Keep a look out for more book clubs soon to be hosted at the Library.

Pueblo of Isleta Public Library Hours of Operation:

Library Hours

Mon-Thurs - 8:00a.m. - 6:30p.m.
Friday - 8:00a.m. - 4:30p.m.
Saturday - 9:00a.m. - 1:00p.m.
Closed on Sundays, all federally recognized holidays and also Isleta traditional Holidays.

Please contact library for more information on closures.

Mailing and Physical Address:

950 Moonlight Drive Albuquerque, NM 87105

Phone: (505)-869-9808

Fax: 505-869-8119

Email:
poi02002@isletapueblo.com

Facebook Page:
www.facebook.com/IsletaPuebloLibrary

Web Address:
www.isletapueblo.com/library2.html

YouTube:
www.youtube.com/user/poilibrary

UPDATE!

Car Seat Clinic is postponed until further notice.

Due to contracts not yet in place, the October 18th Car Seat / Child Safety Seat Clinic is postponed until further notice.

Please contact Frances Anchondo (869-4482) or Stephanie Barela (869-4479) for more information.

KEEP AN EYE OUT FOR MORE INFORMATION TO COME!!

Eugene N. Abeita Receives High School Diploma

It was a great surprise to Mr. and Mrs. Leo Abeita, the grandparents of Eugene, when they got a phone call on the morning of September 25, 2014 from Los Lunas School District, informing the family that their request for Los Lunas School District administrators to present Eugene with his Los Lunas High School diploma at home was acceptable. Eugene completed all his graduation requirements, working hard on all his required course work as a home bound student.



Father George, 1st Lt. Governor A. Chewiwi, Ben Analla, and Eugene.

Arriving at the home with high school diploma, and cap and gown in hand from the Los Lunas School District Central Office were, Charles Tabet, School Board President, Dana Sanders, Interim Superintendent, Brian Baca, Assistant Superintendent/Special Services Director, Claire Cieremans, Chief Financial Officer, and Valerie Otero, Director of Federal Programs; from Los Lunas High School, Dan Padilla, Principal, Nancy Blackney-Lopez, Eugene's Advisory Teacher and IEP



Eugene and LLHS Principal Dan Padilla.

Facilitator, Pat Powers, IEP Facilitator, Sandra Cleveland, Eugene's Math Teacher, Mike Chavez, Eugene's Assistant, Jeanette Cordova, Special Services Secretary, Ben Analla, Title VII Native American Liaison, and last but not least the Los Lunas High School Tiger Mascot (Pete Candelaria). They were joined by Pueblo of Isleta 15t Lt. Gov. Antonio Chewiwi, St. Augustine Pastor, Father George Pavamkoh, and from the Department of Education (DOE), Geraldine Jojola, Executive Director, Beverly Piro, Administrative Assistant, and DOE staff, Paul Lujan, Erica Jaramillo, Bernadette



1st Lt. Governor Chewiwi, Eugene, Ben Analla and LLHS principal Dan Padilla.



Eugene with Pendleton Blanket.

Cotton, Johanna Jojola, and Kathy Jojola, and including many aunts, uncles, cousins and friends. The DOE staff presented to Eugene a Pendleton blanket and an achievement award.

In quick haste, Ms. Abeita, with the help of many relatives and friends prepared a super - grand graduation dinner, and to add to the festivities, again in quick haste, an evening of dancing was included. Even Dr. Riley Nelson, Eugene's doctor from the Isleta Health Clinic joined the evening festivities.



Eugene and Ben Analla.

Now that Eugene is a high school graduate, he says that "he needs to get a job, although he will miss school and he would not mind at all going back to school". But then, he enjoys staying home and helping his grandparents with the many chores around the house. And on weekends, or maybe Monday or Thursday evening, he will sit in front of the TV with his Grandpa Leo watching his favorite football team, the Washington Redskins.



Eugene With Grandparents and LLHS Tiger Mascot.

The family would like to say "Thank You" to everyone who made all this possible, and who took time from their busy schedules to make this a special day for Eugene. On Sunday, September 28, 2014, they were still not sure who made all this possible. Ms. Abeita said that "it all started with the early morning phone call, and one thing led to another...a graduation ceremony and even an evening of dancing. Mr. and Ms. Abeita, could not find the words to express their gratitude to everyone who made Eugene's graduation a reality. All they can say is "Thank You, and May You all be Blessed".

Eugene, the son of Chris Carpio and the late Amanda Abeita, is a special person who has overcome many adversities in life...many more than most people will in their entire lives. We wish him well, and always our prayers are for his well-being. Congratulations to the new Graduate!!!!

ROXANNE JARAMILLO — BANKS, Director of the Denver Finance Center at the U.S. Small Business Administration.

Ms. Roxanne J. Banks is the Director of the Denver Finance Center at the U.S. Small Business Administration (SBA), Denver, CO. She oversees execution of all financial management operations and procurement functions for SBA internal operations. She is responsible for oversight of programmatic accounting for a variety of loan programs, administrative accounting, financial reporting and cash collections. She is the agency Senior Procurement Executive with oversight of all acquisition functions and serves as the primary advisor to the Chief Acquisition Officer. She represents SBA on the federal Chief Acquisition Officer Council and the Small Business Procurement Advisory Council and is a member of the SBA Management Board. She assumed her position in May 2013 and is a member of the Senior Executive Service.

Ms. Banks began her career in 1984 as a student hire at Kirtland AFB, NM. Upon completion of her undergraduate degree, Ms. Banks was selected into the Air Force's Copper Cap Intern Program at the Aeronautical Systems Center, Wright-Patterson AFB, OH. In 1992, she transferred to Brooks AFB, TX as a Contracting Officer at the Human Systems Center.

From 1997 to 2002, Ms. Banks was assigned at the Office of the Deputy Under Secretary of Air Force (Contracting), Pentagon, Washington, DC where she supported the Air Force Program Executive Officer for Logistics & Information Systems and the Air Force Senior Acquisition Executive for a wide range of contract policy issues. During this time, she was selected for a detail assignment at the Executive Office of the President overseeing contract administration of information technology services for White House systems. Ms. Banks also performed a special detail at the Office of the Under Secretary of Defense (Acquisition Reform) overseeing Performance Based Services Acquisition initiatives.

In 2002, Ms. Banks was assigned as Deputy Director of Contracting at the Air Force's Space & Missile Systems Center (SMC), Detachment 12, Kirtland AFB., NM where she led contract operations for several multi-million dollar programs within the DoD Space Test Program, the Rocket Systems Launch Program, and the Space Vehicles Operations Division. Ms. Banks later became the Deputy Team Lead for the Air Force Inspection Agency to perform an independent management review of the Air Force's Warfighter Urgent Needs process under the direction of the Air Force Inspector General.

In 2006, Ms. Banks was selected as the Director of Contracting for the Joint National Integration Center, Colorado Springs, CO, which was later renamed the Missile Defense Integration and Operations Center (MDIOC), under the


Missile Defense Agency. She oversaw all acquisition and contracting operations for a contract portfolio valued at over \$5 billion. Ms. Banks served until 2013 as Business Advisor to the MDIOC Deputy Director and several other senior MDA leads, including Directors for Advanced Technology; Ground Test Support; Warfighter Strategic Integration, Modeling and Simulation; Space Tracking and Surveillance Systems; and the Chief Information Officer.

Ms. Banks holds a Bachelor's degree in business administration from the College of Santa Fe, Santa Fe, NM and completed her Master's degree in business administration at the University of St Mary's, San Antonio, TX. She earned a second Master's degree in National Resource Strategy from the Industrial College of the Armed Forces. Ms. Banks completed the Advanced Program Manager's Course, Defense Systems Management College, the Senior Acquisition Course through the Defense Acquisition University and Leadership for a

Democratic Society at the Federal Executive Institute. Ms. Banks became a member of the Defense Acquisition Corps in 1999 and is Level 3 certified in Contracting, and Level 1 certified in Program Management.


Along with numerous annual performance awards, Ms. Banks has been recognized with the Air Force Notable Achievement Award (1998), Commendation for Performance, Executive Office of the President (1999), Award for Excellence, Office of the Under Secretary of Defense (Acquisition Reform) (2000), Outstanding Contracting Unit Award, Air Force Space & Missile Systems Center (2003), and Commendation for Special Performance, Missile Defense Agency (2010).

Roxanne J. Banks is formerly Roxanne Jaramillo of Isleta Pueblo. She graduated from St. Catherine's High School in Santa Fe, and the daughter of Ernest and Josephine Jaramillo



JOHNSON-O'MALLEY Program

Events!



October 9, 2014

IEC MEETING/ACTIVITY NIGHT

IEC Parent Meeting/Halloween Activity Night! Please join us for a night of information, fun, food, and good company! This IEC meeting/Activity Night will consist of program updates, yummy fall foods (like Posole), Halloween themed games, and of course our activity. The activity chosen for this month is creating your own trick-or-treat bags (while supplies last)! We will have everything you need to customize your own bag that you can take trick-or-treating. Names will be taken at this even for those wanting to join our refer a parent incentive program.

6PM - 7:30PM

Please call 869-9785 for more information or questions. Doors open at 5:30PM - at the JOM Classroom located behind the DOE complex)

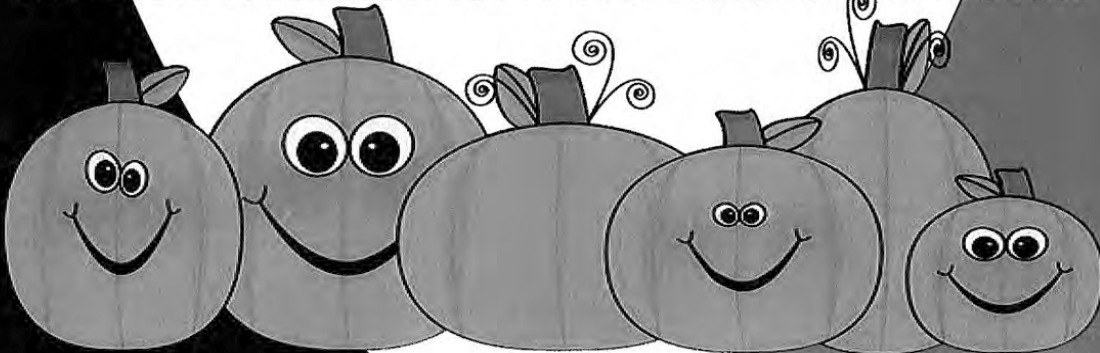
October 25, 2014

JOM Field Trip - McCall's Pumpkin Patch!

We will be taking students in grades K-6th to the pumpkin patch. There they will learn about harvesting and the growth cycle of plants. Students will also get to learn about the history of Halloween and why people carve pumpkins. Spots are limited. This event will run from 9AM to 3PM.

We invite our students to join us later in the evening for some spooky fun! We will be returning to McCall's with students in grades 7th-12th for the Haunted Barn, Haunted Maze, and Zombie Hunt! This event starts at 4PM. This can be a very scary event, so make sure your student is okay with going. Spots are limited.

SIGN UP STARTS OCT 6TH TO THE 17TH



Johnson-O'Malley Program

Happy October everyone! I don't know about you, but I certainly am starting to feel the chill of fall in the air. Just a few quick updates and reminders for this month.

First, our 1.0.M Contract has been completed and submitted to the BIA for approval. I want to thank you all for taking time to complete those Needs Assessments. Without those, we would not be able to create a contract that meets all of your students' needs. Also, many of you left very encouraging thank you comments on your assessments and I THANK YOU very much for those!

Second, we will be having our next Parent/IEC Meeting and Activity Night on October 9th starting at 6PM. The theme for this Activity Night will be, of course, Halloween! Bring the kiddos in to make their own trick-or-treat bags and enjoy the yummy food! We will also be starting the Refer a Parent Program at this time. If you have any questions, please let me know!

Third, our October field trip this month will be to the McCall's Pumpkin Patch. This trip will be split into two sessions. The morning session will be for students in grades K to 6th and the evening session for students in grades 7th to 12th. In the morning we will take students to the pumpkin patch where they will learn about harvesting, traverse the corn maze, learn why pumpkins are carved for Halloween, and the story behind Halloween itself. In the evening, students will also learn about the history of Halloween, as well as, the origins of ghost and folk stories. Each student will be given a short folk/ghost story to read and tell. Then, we will be taking them on an adventure through the Haunted Farm, Haunted Barn and even experience a Zombie Hunt! For more information, please contact me.

And last but not least, please remember that we will be taking students to the Coast to Coast College Tour held at the Isleta Resort and Casino on the evening of October 8th. Your student must be registered to attend so please contact me (if they are attending with the JOM Program) or visit the Coast to Coast website to register if they are attending on their own.

I hope that everyone has a wonderful and safe Halloween! See you at the Activity Night!

Isleta Pueblo News



Editor:
Ulysses Abeita

Asst. Editor:
Beverly Piro

Published By:
Valencia Express

BERNALILLO COUNTY – Bureau of Election 2014 GENERAL ELECTION

OCTOBER 07, 2014, TUESDAY	VOTER REGISTRATION	<u>CLOSES</u> AT 5:00PM
OCTOBER 07, 2014, TUESDAY	ABSENTEE MAILING	<u>STARTS</u> AT 8:00AM
OCTOBER 31, 2014, SATURDAY	ABSENTEE MAILING	<u>ENDS</u> AT 5:00PM
OCTOBER 18, 2014, SATURDAY	EARLY VOTING	<u>STARTS</u> AT 8:00AM
NOVEMBER 01, 2014, SATURDAY	EARLY VOTING	<u>ENDS</u> AT 8:00PM
NOVEMBER 04, 2014, TUESDAY	PRIMARY ELECTION DAY	7:00AM TO 7:00PM

TRIBAL RESERVATION EARLY VOTING SITES – Beginning Saturday October 18, 2014

- ISLETA RECREATION CENTER, Building 60, Tribal Rd 40, Isleta, NM**
OPERATION DATES & HOURS: Saturday Oct 18 – 8:00am to 5:00pm
Tuesday Oct 21 – Saturday Oct 25 – 8:00am to 5:00pm
Tuesday Oct 28 – Saturday Nov 01 – 8:00am to 5:00pm
- TOHAJIILEE DESIDERIO CENTER, 117 Tribal Rd 7036, ToHajiilee, NM**
OPERATION DATES & HOURS: Saturday Oct 18 – 8:00am to 5:00pm
Tuesday Oct 21 – Saturday Oct 25 – 8:00am to 5:00pm
Tuesday Oct 28 – Saturday Nov 01 – 8:00am to 5:00pm

EARLY VOTING SITES: Beginning Saturday, October 18, 2014

- 98th & CENTRAL SHOPPING CENTER, 120 98th St NW, Suite A5
 - GLENWOOD VILLAGE, 12611 Montgomery Blvd NE, Suite A1-A2
 - CENTRAL & JUAN TABO PLAZA, 11816 Central Av SE, Suite C
 - FIESTA DEL NORTE SHOPPING CENTER, 6001 San Mateo NE, Suite B3
 - WEST BLUFF SHOPPING CENTER, 5201 Quray NW, Suite D2
 - DASKALOS SHOPPING CENTER, 5339 & 5339A Menaul Blvd NE
 - SOUTH VALLEY MULTI GEN CENTER, 2008 Larrazolo Rd SW
 - LOS RANCHOS VILLA, 6601 4th ST NW, Suite L&M
 - MONTGOMERY CROSSING, 8510 Montgomery Blvd NE, Suite A6
 - PASEO CROSSING SHOPPING CENTER, 8000 Paseo Del Norte NE, Suite A3
 - PETROGLYPH PLAZA, 8201 Golf Course Rd NW Suite C-1
 - RIO BRAVO SENIOR MEAL SITE, 3910 Isleta Blvd SW
 - WILLOW CENTER, 955 San Pedro Drive SE, Suite 955
 - SUN COUNTY PLAZA, 9445 Coors Blvd NW, Suite G & H
 - TIJERAS CITY HALL, 12 Camino Municipal – Tijeras
 - UNIVERSITY OF NEW MEXICO, Student Union Building, Acoma A & B 2nd flr
- OPERATION DATES & HOURS:** Saturday Oct 18 – 8:00am to 8:00pm
Monday Oct 20 – Saturday Oct 25 – 8:00am to 8:00pm
Monday Oct 27 – Saturday Nov 01 – 8:00am to 8:00pm
- CLERK'S ANNEX, UNION SQUARE, 111 Union Square – **Beginning Tuesday October 7th**
OPERATION DATES & HOURS: Tuesday Oct 07 – Saturday Oct 11 – 8:00am to 8:00pm
Monday Oct 13 – Saturday Oct 18 – 8:00am to 8:00pm
Monday Oct 20 – Saturday Oct 25 – 8:00am to 8:00pm
Monday Oct 27 – Saturday Nov 01 – 8:00am to 8:00pm

QUESTIONS – Bernalillo County Clerk's Office – 505-468- 1291

Suggestions, Comments or Complaints?

Let me know
your
thoughts!!

PUEBLO OF ISLETA HEALTH CENTER

Do you want to learn about certain health topics?
Do you see a need in the community for a certain type of training?

Please Let Your Local Health Educator Know!

Stop by the Isleta Health Center and submit your health training topic suggestions to the "Suggestions, Comments or Complaints Box" located at the Reception Desk. Or, you may e-mail me at sbarela@islclinic.net!



Isleta Health Center

Health Educator, Stephanie Barela @ 505-869-4479

Isleta Health Center
Behavioral Health Services Prevention Program
Phone: 505.869.5475

Domestic Violence Awareness Month - October

October is Domestic Violence Awareness month.

Domestic violence can happen to anyone at any time. It can happen to young people, elderly and couples who are married, living together or who are dating. Domestic violence affects people of all socioeconomic backgrounds and education levels, families, children and community. The damage that is created in domestic violence situations can be far reaching and devastating. "How can I help?" is a question often asked. Learning about domestic violence and understanding abuse is the first step to ending it.

What is domestic violence? Domestic violence can be defined as a pattern of behavior in any relationship that is used to gain or maintain power and control over an intimate partner. Domestic Abuse is physical, sexual, emotional, economic or psychological actions or threats of actions that influence another person. This includes any behaviors that frighten, intimidate, terrorize, manipulate, hurt, humiliate, blame, injure or wound someone.

What are the signs?

According to the U.S. Department of Justice, domestic violence may include:

- Physical abuse such as slapping, kicking, hitting, shoving, or other physical force.
- Sexual abuse including rape, sexual assault, forced prostitution, or interfering with birth control.
- Emotional abuse such as shouting, name-calling, humiliation, constant criticism, or harming the victim's relationship with her or his children.
- Psychological abuse including threats to harm the victims' family, friends, children, co-workers, or pets, isolation, mind games, destruction of victims' property, or stalking.
- Economic abuse such as controlling the victim's money, withholding money for basic needs, interfering with school or job, or damaging the victim's credit.

**WOMEN ARE
MORE LIKELY TO
BE KILLED BY
THEIR INTIMATE
PARTNERS
THAN BY ANY
OTHER TYPE OF
PERPETRATOR.**

Several or all of the above forms of violence and abuse may take place.

A strong connection has been found through research indicating a link between domestic violence and animal abuse: A correlation between animal abuse, family violence and other forms of community violence has been established. Child and animal protection professionals have recognized The Link®, noting that abuse of both children and animals is connected in a self-perpetuating cycle of violence. When animals in a home are abused or neglected, it is a warning sign that others in the household may not be safe. In addition, children who witness animal abuse are at a greater risk of becoming abusers themselves. Visit: What Is The Link®? <http://www.americanhumane.org/interaction/support-the-bond/fact-sheets/understanding-the-link.html>

If You Are a Victim of Domestic Violence; develop a safety plan or get to a safe place if you or family is in danger. The most difficult step for you to take is to admit that you are being or have been abused by your partner. The physical and emotional suffering you experience may have long- and short-term effects. You may feel trapped, alone, and that you have lost control of your life. Regardless of your reactions, it is important to remember that every victim is different, as is every response to domestic violence. The reactions you are having to your abuse are normal. Your safety is the first priority.

The Isleta Behavioral Health can help you develop a safety plan personalized for your situation. **If you are in immediate danger, call 911.** Learn about domestic violence and the resources that are available by contacting Isleta Behavioral Health Services at 869-5475 or stop by our offices located on southwest side of the Isleta Health Clinic. Here are other local resources that are available:

- New Mexico Coalition Against Domestic Violence Hotline: 1-800-773-3645 (Statewide)
- Women's Community Association/Shelter from Domestic Violence: 247-4219 (Albuquerque)
- New Mexico Domestic Legal Help Line: 1-877-974-3400 (Toll Free - Statewide) 243-4300 (Albuquerque)
- New Mexico Coalition of Sexual Assault Programs: 1-888-883-8020 (Statewide) 883-8020 (Albuquerque)
- Morning Star - Advocacy Program for Native American Women: 232-8299 (Albuquerque)

IBHS will be hosting a Community Summit on Monday October 13, 2014 at the Isleta Golf Course. The summit will provide education and awareness on Men's wellness, healthy relationship, parenthood, roles and responsibilities of a family member and domestic violence. For more information call Isleta Behavioral Health Services at 505-869-5475.

Other ways to prevent domestic violence

- Raise awareness about domestic and sexual violence through formal and informal forums.
- Learn how to respond appropriately if someone discloses to you. Help is available. Contact IBHS, Isleta police department, Isleta Social Services, family members or friends.
- Educate youth about violence and violence prevention, and how to help a friend. Support legislation that assists victims and increases accountability for the batterer.

Build awareness to prevent Domestic Violence, know how to help someone in need.

National Domestic Violence Hotline
1-800-799-SAFE (7233)
1-800-787-3224 (TTY)

Sources:

United States Department of Justice; Domestic Violence Awareness Project; National Domestic Violence Hotline; NM Coalition Against Domestic Violence; American Human Association; American Society for the Prevention of Cruelty to Animals (ASPCA)

Need Help in Securing a Job?

Attend the Collaborative Employee Training

Learn How To:

- Network
- Interview
- Be positive, persistent and proactive
- Choose what to wear (Professional attire)
- Job search

Isleta Resort and Casino Rio Grande Room

**October 8, 2014
9:00 - 1:00pm**

**Hosted by:
Pueblo of Isleta,
Department of Education**

Free Event

Lunch will be provided.
Please contact Isleta
Department of Education
505.869.9790
Please RSVP by October 1, 2014



Presented by






Trusted. Respected. Preferred.

Isleta Social Services

October is Domestic Violence Awareness Month

In honor of Domestic Violence Awareness month, Isleta Social Services is promoting safe, respectful, and equitable relationships while providing access to support services. Domestic Violence is an issue that many choose not to speak of, but it is an issue in our pueblo. There are many different forms of abuse and many ways to protect one self. If you or any one you know is in an abusive relationship, please seek assistance. As a community, it's all of our responsibility to take initiative to break the cycle of violence. In support of Domestic Violence Awareness, Isleta Social Services will host an array of events during the month of October. Please keep a look out for dates and details about the events as bulletins will be posted throughout the pueblo. In addition, Social Services would like to announce a newly funded grant program made possible by a grant awarded by the Office of Justice Programs and the Office on Violence Against Women that will allow for Social Services to provide supervised visitation and safe exchanges between non-custodial parents and their children. The Pueblo of Isleta's Multi-Disciplinary Team (MDT) through a community collaborative approach applied for this grant under the Fiscal Year 2013 Coordinated Tribal Assistance Solicitation (CTAS). The services to be provided under this grant are services to victims and survivors and their dependent children of domestic violence, sexual assault, stalking, dating violence, and intimate partner violence. The recipients of these services will be Native American individuals and families residing within the boundaries of the Pueblo of Isleta. With this program we are going to incorporate our culture and tradition and in doing so, we consulted with a respected tribal leader to inquire what name or term would best represent the program and its purpose. After some thought, our tribal leader explained when a mother bird is protecting her young she fans out her wings in protection from the elements or imminent danger. The mother bird does this to ensure their safety and wellbeing; K'ea-wah. With careful consideration, we felt this name best describes the intent of the supervised visitation and safe exchange program. The program is designed to ensure that children are able to maintain relationships with their absent parents without incidents of violence. We would also like to humbly ask our community for assistance in designing a logo that represents our culture and tradition that also reflects the program's purpose. There will be an art contest and we are asking for contestants to submit their entry no later than October 17, 2014 at the designated drop off locations. We would also appreciate feedback from the community and will be asking that tribal members complete a short survey that will be distributed within the month. The results of the survey will assist in developing policy and procedures for the program.

Thank you in advance for your participation.

****ART CONTEST****

Please help us design a logo for our new program. Entries must be culturally relevant and in reflection the program name and purpose.

K'ea-wah

Please submit entries no later than October 17th.

Drop off locations:

Social Services

Library

Recreation Centers

Governor's Office

Winner will be announced at the Halloween Carnival on October 24th at the Big Rec.

The following provides a comparison between healthy and unhealthy relationship behaviors:

Healthy VS.**Unhealthy Relationships****Healthy**

- Allows for individuality
- Does not try to change partner
- Does not try to control partner
- Kind, understanding, & loving
- Believes in equality
- Brings out partner's best qualities
- Does not speak negatively about them and expresses their strengths
- Has individual high self-esteem
- Accepts and values the relationship
- Willing to be open minded and accepting of partner's opinions
- Open communication

Unhealthy Relationships

- Trying to change people; untrusting & jealous
- Needing others to feel secure & happy; clinginess
- Refusing to commit; playing mind games
- Uses gender
- Extremely afraid to let go
- Controlling; wanting all of one's attention
- Controlling personal appearance
- I'm the boss. Making all the decisions; not willing to listen to partner's opinion
- Demands unconditional love
- Isolation-keeping one away from family & friends; restricting social interaction

Violence can be...**Physical:**

Hitting, slapping, punching, or kicking

Financial:

Controlling most or all of the money

Sexual:

Unwanted touching/forces you to have sex

Social:

Spreading rumors, using religion/culture to control, or going through your phone

Verbal/Mental:

Threats, name calling, put downs

Disclaimer: These are some of the many ways relationships differ. If you don't fit this criterion it doesn't mean that you're in a healthy or unhealthy relationship, if you or any one you know is in an abusive relationship, please seek assistance.

Pueblo of Isleta Social Services
505-869-2772

Pueblo of Isleta Police Department
505-869-3030

National Domestic Violence Hotline
1-800-799-7233

Domestic Violence Resource Center Albuquerque
505-843-9123

Valencia Shelter for Domestic Violence
505-565-3100

WIC NOTES

Safety Matters when Baby is on the Move

As your baby nears her **six-month** birthday, she will begin crawling, playing with toys, and eating solid foods. These activities can be fun for you and your baby, but can also expose her to new dangers in the home.

Here are some tips to keep your baby safe as she starts to get her move on:

1. Crawl around where your baby will crawl. Looking from your baby's level will help you find items that are dangerous. Babies aren't picky about what they put in their mouth—chipped paint, coins and even bugs! So look at every corner of the floor as well as tables and shelves that baby will soon be able to pull-up to.
2. Cover electrical outlets with outlet covers. Put electrical cords and cords on window blinds out of your baby's reach.
3. Put child safety locks on cabinets that contain dangerous or breakable items. Some moms keep a lower cabinet away from the stove just for baby. Fill it with toys and safe wooden spoons, plastic bowls and measuring cups.
4. Keep small objects like hard candies, coins, small toys and items that could break into pieces out of your baby's reach.
5. When your baby begins to eat solid foods, make sure they are soft and cut into very small pieces. Give your baby small amounts of food at one time and make sure baby sits upright while eating.
6. Never leave your baby alone while he is eating. A choking baby may not be able to cry or cough, so you can't rely on his sounds to let you know he is choking.

Segments taken from *Live Well* digest.2014

Starting Solid Foods Safely

How will I know when my baby is ready to start eating solid foods?

Your baby is ready to eat solid foods when he can hold up his head, sit up with support and show interest in your foods. The American Academy of Pediatrics (AAP) suggest starting a baby on solid around 6 months.

How much food should I feed my baby?

Your baby may only eat a taste at first, the amount she eats will increase slowly. Remember that your baby is in charge of how much to eat—follow his appetite by not pushing him to finish what is in his bowl.

Should I keep breastfeeding one she starts on solids?

Yes! The AAP recommends breastfeeding until baby is at least one year old.

What is a good first food for my baby?

Start with iron-rich fortified infant cereals. Never put cereal in a bottle - this can cause choking. Your baby needs to learn to eat from a spoon.

How will I know if my baby is full?

Watch your baby to see if he is pulling away, closing his mouth or leaning back. These are all signs he is full and finished eating.

If you have any questions on feeding your infant or child just give your WIC office a call. We love to talk about kids!

Heidi Lanes, WIC Nutrition Coordinator 869-2662

Early Detection is the Key to Beating Cancer

Cancer is the second leading cause of death among Americans. It is important to do what you can to help prevent this disease. The easiest and most important thing is to find cancer as early as possible. This is done usually by different early detection methods. Below are several of them.

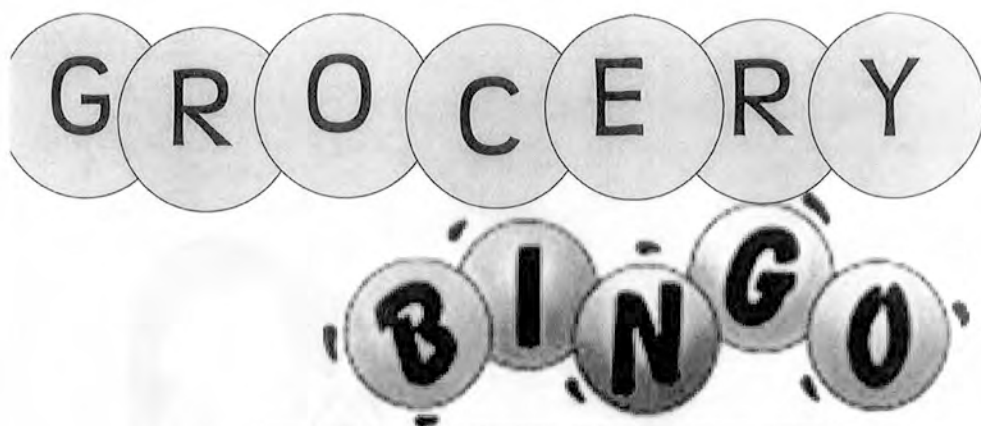
Cancer	Risk	Early detection	When to get tested
Colorectal Cancer	Personal or family history	Screening	Mid age or earlier if doctor suggests
Skin Cancer	Family history or frequent sun exposure	Inspect skin regularly for growths or changes	Ask your doctor
Oral Cancer	Smoker or excessive alcohol consumption	Regular check ups at the dentist and doctor.	Ask your doctor or dentist about checking the tissues I your mouth as a part of your routine exam.
Prostate cancer	Increases with age.	No symptoms until later stage. Blood test and a digital rectal exam.	Regular screening that you should ask your doctor for.
Breast Cancer	Personal and family history.	Monthly Self Breast Exams. Medical exam and Mammograms	Women in their 40s should receive mammograms. Women in their 20s and 30s should have a clinical breast exam (CBE) by their doctor, preferably every 3 years. Starting at age 40, women should have a CBE by a doctor every year.
Cervical Cancer	<ul style="list-style-type: none"> • Giving birth to many children. • Having many sexual partners. • Having first sexual intercourse at a young age. • Smoking cigarettes. • Oral contraceptive use ('the Pill'). 	Pap smear test	Done during routine pelvic exam.
Uterine and Ovarian Cancer	Abdominal pain, abdominal bloating or abnormal bleeding.	Not found by Pap Smear.	Talk to your doctor if concerned.

If you are interested in hearing more about CANCER

Please sign up for the 3rd Annual Isleta Cancer Education Conference scheduled for November 8th.

SIGN UP with Stephanie Barela at 869-4479

Adapted from Maureen Welcker's "Early Detection Helps Defeat Cancer" Nov/ Dec 2005; Deacon Digest.



October is Domestic Violence

Awareness Month

In hopes of bringing Awareness in the area of Domestic Violence, the Pueblo of Isleta Social Services is hosting a

Grocery Bingo

&

Pancake Social Brunch

Date: Sunday - October 26th, 2014

Location: Isleta Elderly Center

Time: 11:30 am—12:30 pm

Admission: Emergency Kit Items, Travel Kits, Diapers and/or Hygiene Items



Themed Grocery Baskets for Winners

STOP THE VIOLENCE

Pueblo of Isleta Health Center,
Health Education
505-869-4479 sbarela@islclinic.net

Dangers of Smoking While Using Oxygen

SAFETY RISKS around OXYGEN TANKS:

- Fire needs oxygen to burn. The more oxygen there is in the air, the easier and more quickly everyday items — furniture, clothing, bedding — will burn.
- Normal air contains 21% oxygen, while supplemental oxygen can contain up to 100% oxygen.
- Oxygen itself is not flammable, but fires can easily ignite and burn quickly with it.
- NEVER smoke around Oxygen tanks!
- Hang No Smoking Signs/Decals in your home and on doors to inform people of oxygen in use.
- Do not use electric appliances, such as a hair dryer or electric razor around Oxygen Tanks.
- Never apply any oily substance, such as petroleum based lip products, Vaseline, Blistex or Chap Stick, to your nose, lips or lower part of your face.

FIRE HAZARD

- Smoking while on oxygen increases the risk of fire.
- Once ignited, fires burn hotter and more rapidly in oxygen-rich surroundings. This leads to larger fires that are harder to extinguish and more difficult to escape.
- Sparks created from striking a match or lighter are enough to ignite a fire while oxygen is in use.
- Fires endanger the lives of people who are on oxygen, others in the home or surrounding area and emergency personnel who respond to the fire.
- About 45 people die each year in the United States, and more than 1,000 are burned from fires fueled by home oxygen equipment, mostly caused by smoking, according to the Quincy-based National Fire Protection Association.

MORE RISKS

- After oxygen is turned off, increased oxygen levels still linger on the hair, skin and clothing of anyone receiving oxygen therapy. This creates the danger of serious burns on the head and face if smoking materials are brought toward the mouth and burns on the remainder of the body if clothing ignites.
- People who require supplemental oxygen generally suffer from serious heart or respiratory diseases. Continuing to smoke is likely to worsen the medical condition that necessitates oxygen.

Contact the Isleta Health Center, 869-4479, to learn more about their *Freedom From Smoking* program to help you quit smoking.

http://www.boston.com/news/local/massachusetts/articles/2010/05/12/fire_officials_warn_of_oxygen_tank_dangers/ L:/Quality Education/Patient Education/Oxygen Safety and Care Fact Sheet Updated Sep 2010.doc



ISLETA HEALTH CENTER

"Did you know?"

Did you know about the 24-hour Nurse Advice Line?

- Have you ever wondered what to do when the Health Center is closed?
- Have you ever wondered if you were in an emergency situation and should call 911?
- Have you been unsure if you needed to visit the walk-in clinic or make an appointment?

If you need answers to health related concerns and aren't sure if you need to visit the walk-in clinic or call 911, use the toll-free **NURSE ADVICE LINE®**. When you speak with a Registered Nurse, please follow the nurse recommendations for home care or the need for health facility care.

NURSE ADVICE LINE
1-877-752-2552

This line is available 24 Hours A Day, 7 Days A Week, 365 Days A Year and is available for FREE to ALL Isleta Health Center patients!

*** CALL 911 FOR LIFE THREATENING EMERGENCIES**
This includes, but is not limited to: chest pains, severe injury and/or bleeding, and severe breathing problems.

NOTE: You must notify Purchased/Referred Care staff (formerly CHS) within 72 hours if you are seen at any facility other than the Isleta Health Center.

**PUEBLO OF ISLETA
DEPARTMENT OF EDUCATION
TIWA LANGUAGE PROGRAM**



Adult Language Classes

Classes by: Tata Larry

Mondays: 6:pm—8:pm Thursdays: 6:pm—8:pm
Tuesdays: 6:pm—8:pm Saturdays: 9:am—11:am

Classes by: Carol Lucero

Tuesday: 6:pm—8:pm Wednesday: 6:pm—8:pm
Thursday: 6:pm—8:pm

Classes by: Bernadette Cotton

Tuesday: 6:pm—8:pm Wednesday: 6:pm—8:pm
Please take advantage of these opportunities.
→ Classes for all levels
→ Offered to all those of Isleta lineage

For more information please contact the Department of Education

Listen - Learn & Pass it on

DEPARTMENT OF EDUCATION
TIWA LANGUAGE PROGRAM

P.O. Box 1270
Isleta, New Mexico 87022

Phone: 505-869-9790
Fax: 505-869-7573
E-mail: po08200@isletapueblo.com

*Preserving Language for
culture and tradition*

Connecting the Past to the Present for the Future



**ISLETA
LANGUAGE PROGRAM**
LISTEN | LEARN | PASS IT ON

CLASS TIMES:

MONDAY, TUESDAY, THURSDAY
5:00-8:00 PM

SATURDAY
9:00-11:00 AM

LOCATION:

FOR MORE INFO:

**Think your exposure to secondhand smoke
doesn't put you at risk?
Think again!**

Stephanie Barela
Isleta Health Center, Health Educator

*Even just a small amount of
secondhand smoke can put
you more at risk for
getting lung disease (Cancer).*

Researchers from American Journal of Respiratory and Critical Care Medicine did a study on the genes in cells from people's airways and found that breathing even a little cigarette smoke can affect the genes, which in turn can result in Lung Disease (Cancer). The scientists examined genes from heavy smokers and those who were exposed to only a little smoke. They saw the same type of changes in both, although the amount was less in people who breathed less smoke.

**This is a warning for light smokers or people who
breathe secondhand smoke:**

"Don't think that it's not affecting you. Your lung cells know it. They are behaving abnormally. And for some individuals who are at risk, they are more susceptible for developing lung disease", warns researcher Ronald Crystal.

Article adapted from U.S. Department of Health and Human Services HealthBeat.

2014 ICES Schedule Isleta Cancer Education & Support 2nd Tuesday of the Month

10:30 - Noon at the Isleta Health Center

Date	Topic	Speaker	Organization
10/14/2014	Prevention	Joseph Toledo	Jemez Pueblo
11/11/2014	Canceled due to Veteran's Day		
12/9/2014	Canceled due to Per Capita		

CONTACT Stephanie Barela to Sign Up and to Learn More 869-4479

Health Beat

Stephanie Barela, Health Educator
869-4479 □ sbarela@islclinic.net

GET YOUR KIDS THE HPV VACCINE NOW TO PREVENT CANCER LATER

Why does my child need the HPV vaccine?

HPV is short for human papillomavirus. There are four types of this common germ that can be prevented by a vaccine (shot). It is recommended for preteen boys and girls at age 11 or 12, so they are protected before ever being exposed to this virus. If your preteen/teen hasn't gotten the vaccine yet, make an appointment at the clinic for them to get it.

HPV vaccines offer the greatest health benefits to individuals who receive all three doses. They are given in a series of 3 shots over 6 months. It is very important to complete all 3 shots to get the best protection. If your son or daughter hasn't started or finished the HPV vaccine series yet—it's not too late! Now is a good time to ask their doctor or nurse about vaccines for your preteens and teens. Call the Health Center to make a Nurse appointment to make sure your children are up to date on their vaccines.

Reference: www.cdc.gov

Isleta Health Center Calendar Questions? Call 869-3200							October 2014	
SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT		
	<p>DPP = Diabetes Prevention Program. Please call 869-4595 for further information on any of the Diabetes programs.</p> <p>BHS = Behavioral Health Services. Please call 869-5475 for further information on any of the BHS programs.</p> <p><i>October is National Breast Cancer Awareness Week!</i> <i>October 19-25 is National Pharmacy Week!</i></p>		<p>1 Parent Group: 9-11am @ BHS. Anger Management Skills: 1-3pm @ BHS.</p>	<p>2 Women's Path to Recovery: 1-2:30pm, BHS. Grief Group: 1-2pm @ BHS. Str8 Rez: 4:30-6pm @ BHS. Moderate/High Risk Diabetic Group Exercise: 5:30 @ Wellness Center.</p>	<p>3 Early Recovery Skills: 9-11am, BHS <i>Last day to RSVP for Wellness Series with DPP.</i></p>	4		
5	<p>6 Early Recovery Skills: 9-11am @ BHS. Young Leaders Youth Krew: 4:30-6:30p @ BHS. Freedom From Smoking Session 3: 5:30-7p @ Health Center. Diabetic Group Exercise: 5:30pm @ DPP Wellness Center.</p>	<p>7 Women's Support Group: 10-11am @ BHS. Acu-Detox: 1-2pm @ BHS. Adult Wellness: 5-6pm @ BHS. Moderate/High Risk Diabetic Group Exercise: 5:30 @ DPP Wellness Ctr.</p>	<p>8 Parent Group: 9-11a @ IBHS. Anger Management Skills: 1-3pm @ BHS. Diabetic Group Exercise: 5:30pm @ DPP Wellness Center. Healthy Cooking Class: 5:30-7pm @ call DPP for info. NATIONAL WALK TO SCHOOL DAY!</p>	<p>9 Women's Path to Recovery: 1-2:30pm, BHS. Grief Group: 1-2pm @ BHS. Str8 Rez: 4:30-6pm @ BHS. IDPOG Mtg: 5pm, @ DPP Office. Moderate/High Risk Diabetic Group Exercise: 5:30 @ Wellness Center.</p>	<p>10 Early Recovery Skills: 9-11am, BHS <i>T-shirt design due for Men's conference. Call DPP at 869-4595 for info.</i></p>	11		
12	<p>13 Early Recovery Skills: 9-11am @ BHS. Young Leaders Youth Krew: 4:30-6:30p @ BHS. Diabetic Group Exercise: 5:30pm @ DPP Wellness Center. Freedom From Smoking Session 4: 5:30-7p @ Health Center.</p>	<p>14 Women's Support Group: 10-11am @ BHS. Isleta Cancer Education & Support (ICES): 10:30-12pm, @ IHC. Cancer Prevention w/ Joseph Toledo. Acu-Detox: 1-2pm @ BHS. Moderate/High Risk Diabetic Group Exercise: 5:30 @ DPP Wellness Ctr. Freedom From Smoking Session 5: 5:30-7p @ Health Center.</p>	<p>15 Parent Group: 9-11am @ BHS. Anger Management Skills: 1-3pm @ BHS. Diabetic Group Exercise: 5:30pm @ DPP Wellness Center. Wellness Series: 5:30pm @ DPP Wellness Center; call for info.</p>	<p>16 Women's Path to Recovery: 1-2:30pm, BHS. Grief Group: 1-2pm @ BHS. Str8 Rez: 4:30-6pm @ BHS. Moderate/High Risk Diabetic Group Exercise: 5:30 @ Wellness Center.</p>	<p>17 Early Recovery Skills: 9-11am, BHS <i>Last day to register for Men's Diabetes Conference. Call DPP at 869-4595 for info.</i></p>	18	<p>CAR SEAT CLINIC POSTPONED! Stay tuned for more info or call 869-4489.</p>	
19	<p>20 Early Recovery Skills: 9am @ BHS. Young Leaders Youth Krew: 4:30-6:30pm @ BHS. Diabetic Group Exercise Fitness Assessment: 5:30 @ DPP. Freedom From Smoking Session 6: 5:30-7p @ Health Center.</p>	<p>21 Women's Support Group: 10-11am @ BHS. Acu-Detox: 1-2pm @ BHS. Adult Wellness: 5-6pm @ BHS. Moderate/High Risk Diabetic Group Exercise Fitness Assessment: 5:30-6:45pm @ Wellness Center.</p>	<p>22 Parent Group: 9-11am @ BHS. Anger Management Skills: 1-3pm @ BHS. 5K Super Heroes Unite 2 Fight Fun Run/Walk: 5:30 @ DPP Wellness Center.</p>	<p>23 Women's Path to Recovery: 1-2:30pm @ BHS. Grief Group: 1-2pm @ BHS. Str8 Rez: 4:30-6pm @ BHS. Post Measurements for Both Diabetic Exercise Groups: 5:30 @ Wellness Ctr.</p>	<p>24 Early Recovery Skills: 9-11am, BHS</p>	25		
26	<p>27 Early Recovery Skills: 9am @ BHS. Young Leaders Youth Krew: 4:30-6:30pm @ BHS. Freedom From Smoking Session 7: 5:30-7p @ Health Center.</p>	<p>28 Women's Support Group: 10-11am @ BHS. Acu-Detox: 1-2pm @ BHS. Adult Wellness: 5-6pm @ BHS.</p>	<p>29 Parent Group: 9-11am @ BHS. Anger Management Skills: 1-3pm @ BHS.</p>	<p>30 Women's Path to Recovery: 1pm @ BHS. Grief Group: 1-2pm @ BHS. Str8 Rez: 4:30-6pm @ BHS. <i>Last day to sign up for a ride or a babysitter for the 3rd Annual Isleta Cancer Education Conference. CALL 869-4479!</i></p>	<p>31 Early Recovery Skills: 9-11am, BHS</p>			

Early Detection is the Key to Beating Cancer

Cancer is the second leading cause of death among Americans. It is important to do what you can to help prevent this disease. The easiest and most important thing is to find cancer as early as possible. This is done usually by different early detection methods. Below are several of them.

Cancer	Risk	Early detection	When to get tested
Colorectal Cancer	Personal or family history	Screening	Mid age or earlier if doctor suggests
Skin Cancer	Family history or frequent sun exposure	Inspect skin regularly for growths or changes	Ask your doctor
Oral Cancer	Smoker or excessive alcohol consumption	Regular check ups at the dentist and doctor.	Ask your doctor or dentist about checking the tissues I your mouth as a part of your routine exam.
Prostate cancer	Increases with age.	No symptoms until later stage. Blood test and a digital rectal exam.	Regular screening that you should ask your doctor for.
Breast Cancer	Personal and family history.	Monthly Self Breast Exams. Medical exam and Mammograms	Women in their 40s should receive mammograms. Women in their 20s and 30s should have a clinical breast exam (CBE) by their doctor, preferably every 3 years. Starting at age 40, women should have a CBE by a doctor every year.
Cervical Cancer	<ul style="list-style-type: none"> Giving birth to many children. Having many sexual partners. Having first sexual intercourse at a young age. Smoking cigarettes. Oral contraceptive use ("the Pill"). 	Pap smear test	Done during routine pelvic exam.
Uterine and Ovarian Cancer	Abdominal pain, abdominal bloating or abnormal bleeding.	Not found by Pap Smear.	Talk to your doctor if concerned.

If you are interested in hearing more about CANCER

Please sign up for the **3rd Annual Isleta Cancer Education Conference** scheduled for November 8th.

SIGN UP with Stephanie Barela at 869-4479

Adapted from Maureen Welcker's "Early Detection Helps Defeat Cancer" Nov/ Dec 2005; Deacon Digest.