



Isleta Pueblo News

Volume 11 Issue 10

Pueblo of Isleta website: www.isletapueblo.com



November 2016

FROM THE OFFICE OF THE GOVERNOR

MA GU WAM

Testimony of E. Paul Torres on Protection of Patrimony

Indian Pueblo Culture Center, Albuquerque, NM – October 18, 2016, Governor E. Paul Torres publicly thanked U.S. Senators Tom Udall (D-N.M.), John McCain (R-Ariz.) and Martin Heinrich (D-N.M.) for recently introducing a Senate Concurrent Resolution 49 in support of efforts to stop the theft, illegal possession or sale, and export of Tribal cultural items. The bipartisan Protection of the Rights of Tribes to stop the Export of Cultural and Traditional (PROTECT) Patrimony Resolution is a good expression of Congress's condemnation of the theft, illegal possession or sale, transfer, and export of Tribal cultural items. It calls for the implementation of several measures to identify and stop the illegal trafficking of Tribal cultural patrimony, and secure repatriation of exported items to the rightful Native American owners.

Governor Torres announced that last year the All Pueblo Council of Governors passed APCG Resolution No. 2015-12 and 2015-13 calling on the United States government to consult with Native Americans to address international repatriation and to take affirmative actions to stop the theft and illegal sale of tribal cultural items both domestically and internationally. APCG continues to note that Pueblo Indian tribes of the Southwestern United States have been disproportionately affected by the sale of tribal cultural items both domestically and internationally in violation of Federal and tribal law.

More recently, the New Mexico legislature passed a joint memorial authorizing the New Mexico Attorney General to consult with Indian tribes of New Mexico to create stronger state laws to stop the theft and illegal sale of tribal cultural items within the State of New Mexico. Last month an initial meeting was held in Santa Fe between the New Mexico Attorney General and the Indian tribes of New Mexico, where many concrete recommendations were put forth for discussion.

Governor Torres emphasized that the Pueblo of Isleta believes that both the state and federal governments need to strengthen their respective laws in order to prevent this kind of illegal activity from occurring. It is a major problem for our communities, our livelihood, and our way of life. Governor Torres expressed his hope that this bipartisan Senate Concurrent Resolution 49 will be voted on by the Senate and fully implemented.

Agreement of Compromise and Settlement Regarding the Isleta Diversion Dam

Isleta Pueblo NM – October 21, 2016 – In a historical setting, under a canopy erected on the east bank of the Rio Grande by



Governor E. Paul Torres providing a welcome and opening statement at the Settlement Agreement Event



Reclamation Commissioner Estevan Lopez & Governor E. Paul Torres signing of Agreement

the Isleta Diversion Dam, a Settlement Agreement was signed and entered into by the United States of America, acting by and through the Bureau of Reclamation (BOR), the Bureau of Indian Affairs (BIA), the Middle Rio Grande Conservancy District (MRGCD) and the Pueblo. The settlement agreement, and the related agreements and documents that are part of it, resolves the Pueblo of Isleta's claims for past trespass, problems with sediment accumulation at the Dam and in irrigation ditches fed by the Dam, and provides the Bureau of Reclamation with an easement going forward for the use of Pueblo lands for the Diversion Dam, subject to certain conditions. The Pueblo recognizes the importance of the Diversion Dam to the MRGCD, and particularly to downstream farmers, including Isleta farmers, who receive water diverted by the Dam, and the Pueblo desires to continue to maintain and improve the excellent working relationship that have developed with the MRGCD over the past couple of years.

The Settlement also requires the removal of sediment piles that have accumulated for decades along the Peralta Main canal, the Belen Highline canal, the Los Lunas Lateral, and the Chical Lateral, and the MRGCD will commit to preventing the re-accumulation of such sizable piles and to remove spoil on a regular basis. In addition under the Settlement, the Pueblo will be paid the sum of \$5 million dollars

by the Bureau of Reclamation; Bureau of Reclamation and MRGCD will provide \$10 million dollars in funds and/or services to improve the infrastructure, functioning and operation of the Dam and Associated Irrigation facilities; and Reclamation will provide \$4 million dollars in funds and/or services for bosque and riverine habitat restoration work. The settlement also terminates the perpetual easement that the Pueblo granted in 1959 for the 74 acre Peralta silting basin.

The settlement took over a year to negotiate, and these negotiations were often difficult. However, the agreements that were ultimately hammered-out provide for much needed improvements to the dam to address the sediment problem and will allow for needed restoration work on our reach of the river and our bosque.

The Settlement Agreement was signed by: Estevan Lopez, Commissioner, U.S. Department of the Interior, Bureau of Reclamation; William Walker, Regional Director, Southwest Regional Office, U.S. Department of the Interior, Bureau of Indian Affairs, Mike Hamman, CEO, Middle Rio Grande Conservancy District and E. Paul Torres Governor, Pueblo of Isleta.

Governor E. Paul Torres expressed his sincere appreciation to all participants involved in the Settlement Agreement, the People of Isleta for their support and acknowledged the Interior Secretary Sally Jewell, Deputy Secretary Mike Conner, and the Reclamation Commissioner Estevan Lopez for making resolution of the diversion dam, a priority.

Pueblo of Isleta Turkey Distribution

Governor Eddie Paul Torres has scheduled November 8 & 9, 2016, 8:00 am to 6:00 pm for Thanksgiving Turkey Distribution and December 13 & 14, 2016, for Ham Distribution; both distributions will take place at the Isleta Recreation Center Game Room on specified days. The distribution will be made to enrolled Isleta Tribal members residing in Isleta Pueblo, Los Lunas, Belen, Bosque Farms, Albuquerque, Rio Rancho and Bernalillo. Please provide proof of Isleta tribal membership. Distribution will be restricted to one turkey, one ham per household. As always, thank you for your cooperation.

Message from Governor Eddie Paul Torres

Let us take time to reflect that, as much has been given us, much will be expected from us, let us give and share from our hearts as well through deeds of kindness and compassion. My sincere condolences to our families who have lost loved ones. I pray for a joyous and safe Thanksgiving to all.

PROBATE NEWS

Second Notice – A petition to Probate the Estate of Carmel O. Salazar, deceased October 02, 2015. Case No. CV-16-PRO-00090, has been filed with the Pueblo of Isleta Tribal Courts. Any person claiming an interest in the Estate may notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. A hearing on the matter is scheduled for **Thursday, November 11, 2016 at 9:00 a.m.** Claims must be filed in writing with the Isleta Tribal Court Clerk, located at the Tribal Service Complex, 3950 Hwy 47 SE, Building A, Albuquerque, NM. Any questions regarding the matter may be directed to the Isleta Tribal Court Clerk at (505) 869-9699.

Probates need to be published in the Newsletter for two consecutive months. Probates are considered court documents therefore all submitters must provide:
1) Name of Deceased,
2) Date of Deceased
3) Court Case # and
4) Date of Court Date

A Probate form can be found on the Newsletter Archive page at <http://www.isletapueblo.com/newsletters.html> Should you have additional questions regarding the Probate process, please call the Library at 505.869.9808 and speak with Nathaniel Lujan.

TAKE NOTICE that in accordance with Pueblo of Isleta Tribal Court requirements the Petitioner Joe Edward Lujan (Chewiwi) has applied to the Honorable Vincent Knight Tribal Court Judge of the Pueblo of Isleta, at the Tribal Services Complex. Bldg A, 3950 Hwy 47 SE, Albuquerque, NM 87105, for an ORDER FOR CHANGE OF NAME from (No Name) Lujan to Joe Edward Chewiwi. Any person claiming an interest in this matter may notify the Court in writing and/or attend the hearing. The hearing on this matter is scheduled for October 18, 2016 at 2:45 p.m. Any interested parties may contact the Tribal Court Clerk with any questions at 505-869-9699.



PURCHASED/REFERRED CARE

Please present your
PRC referral when you check
in for your appointment. Failure
to do so may
result in billing errors.
If you receive a bill,
bring it to
PRC immediately.

For more information,
Call PRC at 869-4488.

LETTER FROM THE EDITOR

Deadline for December Newsletter articles is set for Monday, November 21, 2016 at 4:30pm. Articles may be dropped off at the Library or emailed to poi02002@isletapueblo.com. Should you email your article, expect a confirmation email. If you do not receive a confirmation email, odds are it never made it to me and then it's time to panic, so call Nate at 505.869.9808.

People whom wish to submit an article or flyer are responsible for generating their own article or flyer. Should you need help, please call the Library at 505.869.9808 and set up a date and time to sit down with a Library staff member whom will help you throughout the process. The Library will NOT accept notes dropped off at the Library or information over the phone to generate your article.

Probates need to be published in the Newsletter for two consecutive months. Probates are considered court documents therefore all submitters must provide: 1) Name of Deceased, 2) Date of Deceased 3) Court Case # and 4) Date of Court Date. A Probate form can be found on the Newsletter Archive page at <http://www.isletapueblo.com/newsletters.html>.

Thank you,
Nathaniel Lujan

Newsletters may be found at the sixteen distribution locations listed below. Remember, Digital copies of the Newsletter may be obtained from the Newsletter archive at <http://www.isletapueblo.com/newsletters.html>

- The sixteen Newsletter distribution locations are:
- 1) The Administration Building (Governor's Office): Receptionist Desk
 - 2) Census Office: Receptionist Desk
 - 3) Health Center: Receptionist Desk
 - 4) Housing Department: Receptionist Desk
 - 5) Department of Education: Receptionist Desk
 - 6) New Recreation Center: Newsletter Stand
 - 7) Old Recreation Center: Front Desk
 - 8) Tribal Service Complex: Receptionist Desk
 - 9) Tribal Service Complex: I.P.D. Dispatch Window
 - 10) Tribal Service Complex: Tribal Courts Window
 - 11) Elders Center: Receptionist Desk & Lunch Delivery
 - 12) Head Start: Receptionist Desk
 - 13) Library: Newsletter Stand
 - 14) Ranchitos Park: Blue Box (see picture for example)
 - 15) Old Head Start Complex: Blue Box (see picture for example)
 - 16) Intersection of Tribal Road 82 & Tribal Road 84: Blue Box (see picture for example)



The Isleta Police Department
Invites you to attend

NEIGHBORHOOD
COMMUNITY
MEETING



November 12, 2016
9:00AM
at
Isleta Recreation Center
Game Room

FOR ALL PUEBLO OF ISLETA COMMUNITY MEMBERS
Refreshments will be served

Isleta Veterans Association

Greetings from the Pueblo of Isleta Veterans Association

We have been busy with various projects, trying to get our property and new building in order. We still have many pending projects, i.e. security systems, landscaping, internet installation, etc. We are hopeful that within the next 60 days, 90% of these projects will have been completed.

The Association members have been invited by the Los Lunas Veterans of Foreign (VFW) Post 9676, and the Blue Star Mothers of New Mexico, to participate in the annual Veterans Day activities, November 11, 2016 at Daniel Fernandez Park, honoring World War II and Korean War Veterans. Mr. Phillip Lucero is the last World War II Veteran we hve listed from Isleta. We have no record of any surviving Korean War Veterans. If you know of any surviving WW II or Korean War veterans, please call the numbers below. This event, which starts at 9 AM is open to the public.

The Pueblo of Isleta Veterans have been invited by the St. Augustine Holy Communion students and staff to attend mass at 8 AM at St. Augustine Church on Sunday, November 13, 2016. A breakfast will be served after the mass at the Court House across from the church. This gesture is a "Thank You" to all our Pueblo Veterans for their service to our country. The Association wants to extend a "Thank You" to the students and staff for this honor. We appreciate all your hard work and kindness.

We would like to congratulate one of our members, Capt. Steve Abeita, who has been promoted to the rank of Major, who is currently serving in the US Army. Again, congratulations to you Major Abeita, and to your family! Needless to say...this is a "major" accomplishment! We Thank You and Appreciate your service to our country.

The following is a list of our Association members. If you wish to join the Association, dues are \$10 per year, payable in January. Any honorably discharged veteran may join the Association. Meetings are on the first and third Wednesday of each month, at 6 PM at the POI Veterans Center located at 4101 Hwy. 314 North, Los Lunas...actually Los Charcos, NM. During the month of January, 2017, an election of new officers will take place.

For any questions, or information on the Associations, or veterans issues, you may call 573-3733, 514-7332 or 264-4110.

News Release:

November 30th, 2016 at 6:00pm- 6:45pm. The Pueblo of Isleta Veterans Association have invited Mr. Chavez, to speak on the subject of Farming and the new concepts of Soil Health dynamic principles that farmers can use this spring. Mr. Chavez has conducted over 73 full day workshop on Soil Health principles and farming concepts throughout the state of New Mexico. He also has 39 years experience with soil science, and experience working with the USDA Soil Health Division.

He recently got back from the Harvest Festival held at the Nenahnezad Navajo Chapter House. Where they want him to go back and speak to other Navajo Chapter Houses/Groups.

Anyone that is interested in attending the Soil Health presentation at the POI-Veterans Group building on NM-314 is more than welcome to attend. Mr. Chavez will be conducting a full days Soil Health presentation to farmers throughout the area at the Tome, NM community center this next January.

Contact Numbers for the POIVA:
(505) 264-4110 or (505)573-3733

POI Veterans Association - Members As of October 2016

- Fred R. Lujan, Commander, USMC

Mike Lucero, Vice Commander, NAVY

Ulysses Abeita, Adjutant, USMC

David Calberg, Finance Officer, AIR FORCE

Marcus Lujan, Sgt. At Arms, ARMY

Joe L. Jaramillo, Chaplain, AIR FORCE

Steven Abeita, Judge Advocate, ARMY

Hubert Abeita, ARMY

Joseph H. Abeita, ARMY

Juan Rey Abeita, ARMY

Dan Abeyta, ARMY

Shashanna Aureshon, ARMY

Arturo Baldonado, ARMY/AIR FORCE

Ruperto Baldonado, ARMY

Edwin Chavez, ARMY

Antonio Chewiwi, Air Force

Carlene Cherino, NAVY

Dempsey Dreis, ARMY

Richard Eichaily, ARMY

Patrick Fincher, ARMY

Donald D. Fogal, NAVY

Marvin Garcia, ARMY

James Garley, ARMY

Darryl Jojola, ARMY

Jessie Jojola, ARMY

Jose V. Jojola, AIR FORCE/ARMY

Mike J. Jojola, ARMY

Myron Jojola, ARMY

Phillip Jojola, AIR FORCE

Evelyn Juancho, ARMY

Sonya Juancho, ARMY
- Stephen Keppler, ARMY

James Keryte, USMC

Ronald Keryte, ARMY

Mike Kirk, USMC

James Lucero, ARMY

Leroy Lucero, USMC

Lee Roy Lucero, USMC

Robert A. Lucero, AIR FORCE

Robert L. Lucero, AIR FORCE

Albert Lujan, AIR FORCE

Diego Lujan, AIR FORCE

Ernest Lujan, USMC

Moses Lujan, ARMY

Sammy Lujan, ARMY

Benigno Martinez, NAVY

Matthew Mead, ARMY

Ken Miller, USMC

David Otero, NAVY

Leo Sangre, USMC

Mary Joanna Sarracino, ARMY

Arnold Sena, ARMY

Paul Shattuck, USMC

Cecelia Smith, AIR FORCE

Lisa Abeita Smith, ARMY

John Sorrell, COAST GUARD

Eddie Paul Torres, NAVY

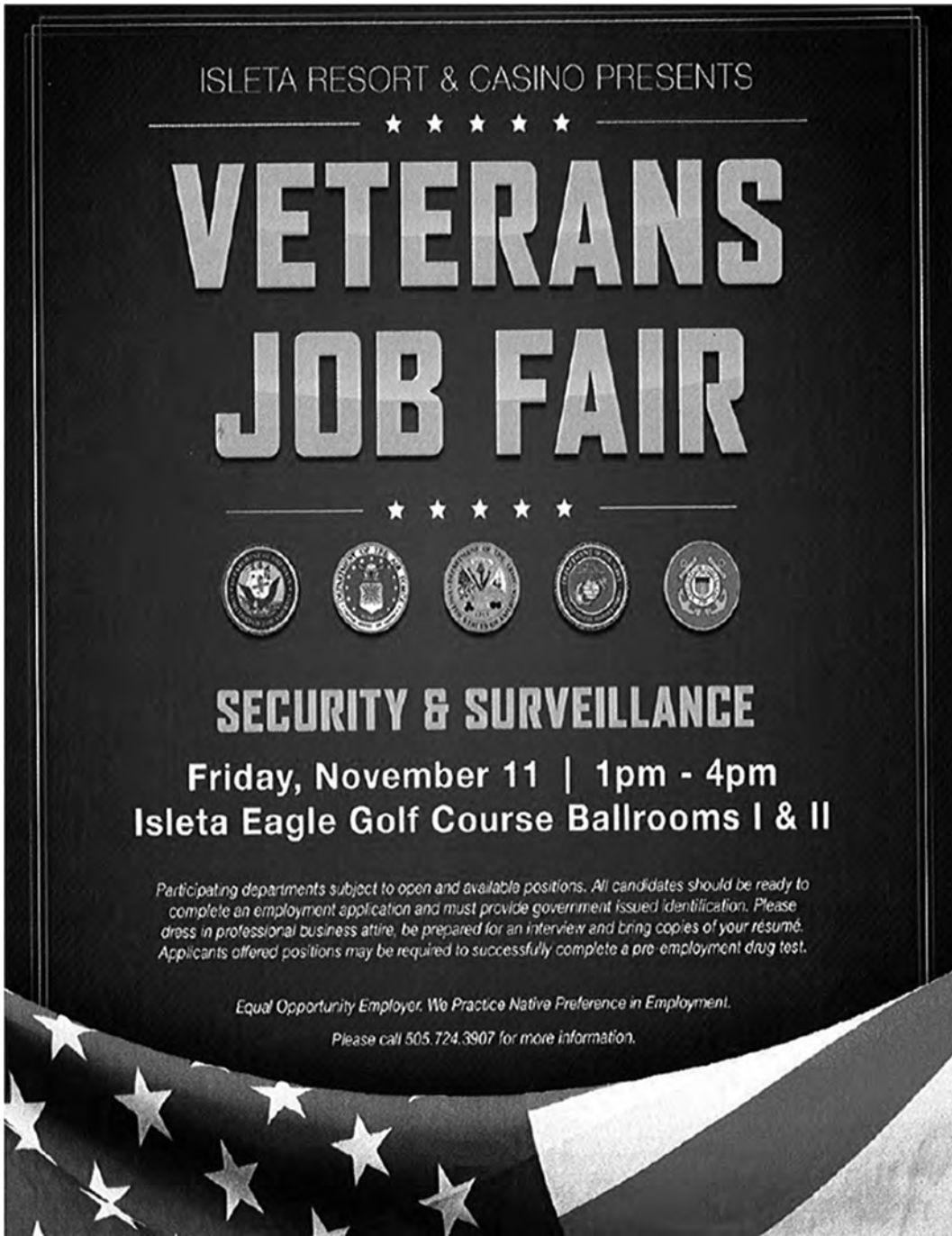
Abel Vargas, ARMY

Don Wade, ARMY

Elaine Zuni, ARMY

Max Zuni, USMC

Theresa Zuni, ARMY





****PLEASE NOTE: POSITIONS ARE OPENED UNTIL FILLED****

www.isleta.com
Mari Valenzuela 724-3920 or Vickie Carrion 244-8206

Updated:October 24, 2016
(Internal Postings In BOLD)

Auto req ID	TITLE	DEPARTMENT	DIVISION
1012BR	CHEF-BANQUET	F&B CATERING BANQUETS	FOOD & BEVERAGE
1011BR	SUPERVISOR FUN CONNECT FB	F&B FUN CONNECTION	FOOD & BEVERAGE
1010BR	ATTENDANT CONCESSIONS - FUN CONNECTION	F&B FUN CONNECTION	FOOD & BEVERAGE
1009BR	ATTENDANT CONCESSIONS - FUN CONNECTION	F&B FUN CONNECTION	FOOD & BEVERAGE
1008BR	ATTENDANT CONCESSIONS - FUN CONNECTION	F&B FUN CONNECTION	FOOD & BEVERAGE
1007BR	ATTENDENT CONCESSIONS - CHILI RISTA	F&B DELI	FOOD & BEVERAGE
1005BR	ATTENDENT CONCESSIONS - CHILI RISTA	F&B DELI	FOOD & BEVERAGE
1004BR	ATTENDENT CONCESSIONS - CHILI RISTA	F&B DELI	FOOD & BEVERAGE
1003BR	EXECUTIVE CHEF	F&B BAKERY	FOOD & BEVERAGE
1002BR	SOUS CHEF - PREP KITCHEN	F&B PREP KITCHEN	FOOD & BEVERAGE
1001BR	ATTENDENT CONCESSIONS - CHILI RISTA	F&B DELI	FOOD & BEVERAGE
1000BR	ATTENDENT CONCESSIONS - CHILI RISTA	F&B DELI	FOOD & BEVERAGE
999BR	ATTENDENT CONCESSIONS - CHILI RISTA	F&B DELI	FOOD & BEVERAGE
774BR	SERVER BEVERAGE	F&B BEVERAGE SERVICES	FOOD & BEVERAGE
613BR	AGENT-SURVEILLANCE	SURVEILLANCE	GAMING
849BR	CASHIER - F&B TIWA	F&B TIWA	FOOD & BEVERAGE
614BR	AGENT-SURVEILLANCE	SURVEILLANCE	GAMING
611BR	AGENT-SURVEILLANCE	SURVEILLANCE	GAMING
636BR	COOK-BANQUET	F&B CATERING BANQUETS	FOOD & BEVERAGE
888BR	BUSSER - STEAKHOUSE	F&B STEAKHOUSE	FOOD & BEVERAGE
866BR	CASHIER - CAGE	CAGE	GENERAL & ADMINISTRATION
821BR	SERVER - STEAKHOUSE	F&B STEAKHOUSE	FOOD & BEVERAGE
916BR	UTILITY-F&B	F&B UTILITY	FOOD & BEVERAGE
902BR	SERVER - BANQUET	F&B CATERING BANQUETS	FOOD & BEVERAGE
808BR	COOK-DELI	F&B DELI	FOOD & BEVERAGE
975BR	TEAM MEMBER-COUNT	COUNT	GENERAL & ADMINISTRATION
881BR	FLOOR TECHNICIAN-SLOTS	SLOTS	GAMING
848BR	SERVER - TIWA	F&B TIWA	FOOD & BEVERAGE
814BR	TIWA LINE COOK	F&B TIWA	FOOD & BEVERAGE
850BR	DEALER TABLE GAMES--Part Time	TABLE GAMES	GAMING
889BR	FOOD RUNNER II - STEAKHOUSE	F&B STEAKHOUSE	FOOD & BEVERAGE
669BR	BARTENDER - STEAKHOUSE	F&B STEAKHOUSE	FOOD & BEVERAGE
619BR	COOK STEAKHOUSE	F&B STEAKHOUSE	FOOD & BEVERAGE
935BR	IT SPECIALIST II	IT	GENERAL & ADMINISTRATION
995BR	ATTENDANT VALET	VALET	HOTEL
759BR	2ND MECHANIC	FUN CONNECTION	AMENITIES
485BR	SUPERVISOR - 777	F&B SPORTS BAR	FOOD & BEVERAGE
997BR	ATTENDANT 505 EXPRESS RETAIL	RETAIL MAIN	HOTEL
953BR	ATTENDENT CONCESSIONS - CHILI RISTA	F&B DELI	FOOD & BEVERAGE
950BR	SUPERVISOR SURVEILLANCE	SURVEILLANCE	GAMING
371BR	SUPERVISOR CENTER BAR	F&B CENTER BAR	FOOD & BEVERAGE
998BR	ATTENDENT CONCESSIONS - CHILI RISTA	F&B DELI	FOOD & BEVERAGE
952BR	ATTENDENT CONCESSIONS - CHILI RISTA	F&B DELI	FOOD & BEVERAGE
954BR	ATTENDENT CONCESSIONS - CHILI RISTA	F&B DELI	FOOD & BEVERAGE
827BR	PORTER – CUSTODIAL (SWING)	CUSTODIAL	FACILITIES
831BR	PORTER – CUSTODIAL (GRAVEYARD)	CUSTODIAL	FACILITIES
832BR	PORTER – CUSTODIAL (SWING)	CUSTODIAL	FACILITIES
829BR	PORTER – CUSTODIAL (SWING)	CUSTODIAL	FACILITIES
830BR	PORTER – CUSTODIAL (SWING)	CUSTODIAL	FACILITIES
828BR	PORTER – CUSTODIAL (SWING)	CUSTODIAL	FACILITIES

Pueblo of Isleta Career Opportunities

Position Posting	Location	Closing Date
NEW - WILDLAND FIRE CREW BOSS.	Natural Resources.	Open Until Filled
NEW - RECEPTIONIST,	Gaming Commission. WITHIN ONLY	10/24/2016
RE-ADVERTISED - BUSINESS MANAGER	Head Start & Child Care.	Open Until Filled
RE-ADVERTISED - LAND SURVEY TECHNICIAN.	Survey & Mapping.	Open Until Filled
RE-ADVERTISED - LABORER (4-Tmp Pstns NTE:6mo)	Housing Authority.	Open Until Filled
RE-ADVERTISED - BUSINESS MANAGER.	Isleta Elementary School.	Open Until Filled
CARPENTER.	Housing Authority,	Open Until Filled
CHILD CARE PROVIDER.	Head Start & Child Care.	Open Until Filled
CHR VAN DRIVER (Part-Time)	Health Center.	Open Until Filled
CLINICAL APPLICATION COORDINATOR.	Health Center,	Open Until Filled
DATA MANAGER.	Head Start.	Open Until Filled
DISABILITIES COORDINATOR.	Head Start & Child Care.	Open Until Filled
EDUCATION ASSISTANT.	POI Elementary School.	Open Until Filled
EMT-INTERMEDIATE (2 positions).	Health Center,	Open Until Filled
EMT PARAMEDIC (PRN/Occasional).	Health Center,	Open Until Filled
FACILITIES COORDINATOR,	Head Start & Child Care,	Open Until Filled
FITNESS INSTRUCTOR,	Recreation Center,	Open Until Filled
HOME VISITOR,	Head Start,	Open Until Filled
HVAC TECHNICIAN,	Housing Authority,	Open Until Filled
INTERNAL AUDITOR,	Gaming Commission,	10/21/2016
LANGUAGE COORDINATOR,	Dept. of Education,	Open Until Filled
LIFEGUARD (2 Positions),	Recreation Center,	Open Until Filled
LIFEGUARD (4 Positions 30 hr wk)	Recreation Center	Open Until Filled

Position Posting

NUTRITIONIST,
PERSONAL CARE SERVICE AIDE,
PHYSICAL THERAPIST,
PHYSICIAN,
PLUMBER,
RANCH HAND (Seasonal)
RANGELAND/IRRIGATION OPERATOR,
TEACHER - COMPUTER,
TEACHER-ELEMENTARY SCHOOL,
TEACHER HEAD START,
TEACHER II - EARLY HEADSTART,
TEACHER - MENTOR HEADSTART,
TIWA LANGUAGE INSTRUCTOR,
TIWA LANGUAGE TEACHER,
UNEXPLODED ORDNANCE /HZMAT,
VETERAN SUPPORT SERVICE PROGRAM MEMBER.
WILDLAND FIRE CREW (4 Positions)
WILDLAND FIRE SQUAD BOSS,

Location

Health Center,
Elder Center,
Health Center,
Health Center,
Housing Authority,
Comanche Ranch, WITHIN-
Public Services, WITHIN ONLY-
POI Elementary School,
POI Elementary School,
Head Start & Child Care,
Head Start & Child Care,
Head Start & Child Care,
Head Start & Child Care,
Elementary School,
Natural Resources Division,
Elder Center
Natural Resources Division,
Natural Resources,

Closing Date

Open Until Filled
Continuously Accepting Applications
Open Until Filled
Open Until Filled
Open Until Filled
Continuously Accepting Applications.
Open Until Filled
Open Until Filled
Continuously Accepting Applications
Open Until Filled
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FOR MORE INFORMATION
CONTACT:
(505) 869-9770

PUEBLO OF ISLETA
ELDER CENTER



THE ISLETA ELDER CENTER IN PARTNERSHIP WITH ISLETA RESORT & CASINO WILL ISSUE A GOLDEN EAGLE PASS TO TRIBAL MEMBER ELDERS 65 PLUS YEARS OF AGE.

THE PASS WILL ALLOW YOU TO ENJOY 5 FREE PASSES TO THE FOLLOWING
ISLETA RESORT & CASINO VENUES:
ISLETA EAGLE GOLF COURSE
FUN CONNECTION
ISLETA LAKES

TRIBAL MEMBER ELDERS WILL ALSO RECEIVE "ONE" FREE BIRTHDAY LUNCH OR DINNER OF YOUR CHOICE (NOT TO EXCEED \$20) AT ANY RESTAURANT AT THE ISLETA RESORT & CASINO.

COME VISIT THE ISLETA ELDER CENTER FOR YOUR "GOLDEN EAGLE PASS."
PASSES MUST BE RENEWED ANNUALLY, COUNTING FROM THE DATE OF ISSUE.
PLEASE BRING YOUR TRIBAL IDENTIFICATION CARD AND STATE ISSUED DRIVER'S LICENSE/ID.

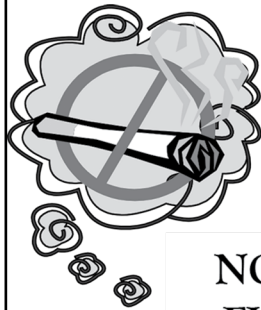
24-HOUR
NURSE ADVICE LINE
1-877-725-2552

Available 24 hours a day, 7 days a week, 365 days a year and is
FREE to all established Isleta Health Center patients!

If you need answers to health related concerns and aren't sure if you need to visit the walk-in clinic, go to an urgent care facility, or call 911*, then use this toll-free number. When you speak with a Registered Nurse, please follow the nurse recommendations for home care or the need for health facility care.

***CALL 911 FOR LIFE THREATENING EMERGENCIES**
This includes, but is not limited to: chest pains, severe injury
and/or bleeding, and severe breathing problems.

NOTE: You must notify Purchased/Referred Care staff within 72 hours if you are seen at any facility other than the Isleta Health Center.



Thinking About Quitting



NOT READY TO COMMIT TO A
FULL Quit Smoking PROGRAM?
Take this *1 time, 1 on 1, 90 minute session* to
increase your motivation to quit!

Call Stephanie, Health Educator
@ 869-4479 to Sign Up
Isleta Health Center



- ⇒ PRC will assist with pay-
ment for medical services
only.
- ⇒ PRC does not cover Durable
Medical Equipment (DME)
like Orthopedic braces,
crutches, wheelchairs,
hospital beds.
- ⇒ PRC does not cover Labs at
other facilities.
- ⇒ PRC does not cover phar-
macy, rehab services or
long term care facilities.

Call PRC for more
information.
869-4488



PRC

Patients are responsible for notifying
PRC of any follow up appointments,
continued or referred care, or any
additional procedures the specialist
may recommend.

Please provide as much notice as
possible to allow us to enter the
information, request the orders,
and mail out to you prior to your
appointment.

Questions? Please call 869-4488

Isleta Pueblo News



Editor:
Nathaniel Lujan
Asst. Editor:
Tara Abeita
Published By:
Valencia Express

News from the Comanche Ranch:

The weather is turning cooler and the days are getting shorter. During this time of year we have weaned and separated all the calves that will soon be going to market, as well as culled the old cows. Right now the cattle market is in a slump with prices taking a down turn. I am closely watching the oil market as well as the political situation to see if there are any indicators that the market will rebound anytime soon. Perhaps the biggest factor in the price of cattle is supply and demand. While demand has been steady there is an over-supply of cattle on the market today. This is what's known as a "buyers market", the buyers are in control and can pick and choose the type and amount of cattle they wish to purchase. As I continue to monitor the cattle market I may be forced to hold off on selling this year's calf crop and wait to see if things will rebound in the spring of 2017. Fortunately we have some pasture that was held in reserve for just such an event.

As we head into cooler weather it is necessary to adjust the feeding of the livestock. By feeding I do not mean the feeding of cow hay or alfalfa. What I mean is putting out supplements such as protein and mineral blocks to make certain that the cattle are getting their proper amounts. When the grass goes dormant like it is now there is less protein in the plants however the protein needs of the cattle remain the same or go up especially if the cows are bred and carrying a calf. Thanks to our consultant, Dr. Manny Encinias of C2 Consulting, a feeding program to fit the needs of the ranch has been developed. While the results will not be seen immediately the goal is to have a healthier, more productive herd in the coming years.

As always, here's wishing good health and longevity to you and your families. Take care of yourselves and each other, life is precious and should not be wasted. Have a happy and joyful Thanksgiving, happy trails to all.

St. Augustine Parish
Isleta Pueblo
Ministry of Consolation



MISSION STATEMENT

We are a ministry of consolation at St. Augustine Parish to offer spiritual comfort and support to families who have experienced the loss of a loved one. We will continue to honor and respect our traditional teachings.

OBJECTIVES:

1. To assist our spiritual leader in Christ with his duties to render pastoral care and/or services.
2. To assist families with hospitality and Christian fellowship after the liturgy and burial services when requested.
3. The bereavement group will offer informal continuing support.

With Sympathy
*"In times of sorrow God's quiet waters
of hope and courage flow"*

Illegal Dumping



Is a crime, violators will be fined, and privileges may be revoked. The Pueblo's transfer station continues to see garbage dumped at our gate after business hours. Leaving garbage bags outside our gates is not permitted at our disposal facility. Any persons observed dumping garbage outside our gate will be fined and/or banned from using the Tribal disposal site. Your immediate attention and cooperation will avoid loss of your privileges and save you money.

For your convenience, transfer station is open Sunday - Saturday 8 am - 4:30pm. Thanks you, from the POI Transfer Station



Turkey Distribution

Date: November 8th & 9th 2016

Time: 8 a.m. - 6 p.m.

Location: Isleta Recreation Center Game Room

All tribal members are allowed

ONE TURKEY PER

HOUSEHOLD ONLY

THANKSGIVING

Ham Distribution

Date: December 13th & 14th 2016

Time: 8 a.m.– 6 p.m.

Location: Isleta Recreation Center Game Room

All tribal members are allowed

ONE HAM PER

HOUSEHOLD ONLY

Did you call for an Ambulance?

Please report the information to PRC within 72 hours.

869-4488

Purchased/Referred Care provides a referral for 1 visit at a time.

Questions? Call PRC at 869-4488

Tribal Nations Conference Youth

As a selected White House Tribal Nations Conference Youth Delegate, Alexander Smith, 17, spent September 25-27 in Washington, DC, for the White House Tribal Nations Conference and Youth Gathering. The Center for Native American Youth in partnership with the White House selected 100 applicants from across the United States’ Generation Indigenous population to attend this year’s event. The event started on Sunday evening with a reception in the Treaty Room at the White House where youth delegates were mentored by Olympic Gold Medalist Billy Mills of the Oglala Lakota (Sioux) Tribe. Monday the youth delegates had front row seating at the Tribal Nations Conference held at Mellon Auditorium where 567 federally recognized tribes had the opportunity to interact directly with high-level Federal Government officials, which included a speech from President Obama. The event concluded on Tuesday with a Tribal Youth Gathering that included a panel discussion on Environment and Climate Change with Secretary Sally Jewell. Below is an excerpt from a paper Alex recently wrote on his experience:

I don’t know how many people fit in Mellon Auditorium, which is where the main conference was, but walking into a room six stories tall, packed with tribal leaders, some of whom took five planes from remote, Arctic tribes (while in the midst of preparing to be materially cut off from society for four months due to severe winters), put it all into perspective. Each one of the leaders that had shared the auditorium with me represented hundreds, or sometimes thousands of lives: struggles, prayers, and dreams.

It struck me then, sitting in a grand, Romanesque hall: Indian Country is big, hundreds of tribes big. It is so big, that for most of history, it has endured turmoil within a Tribe and between Tribes, but now

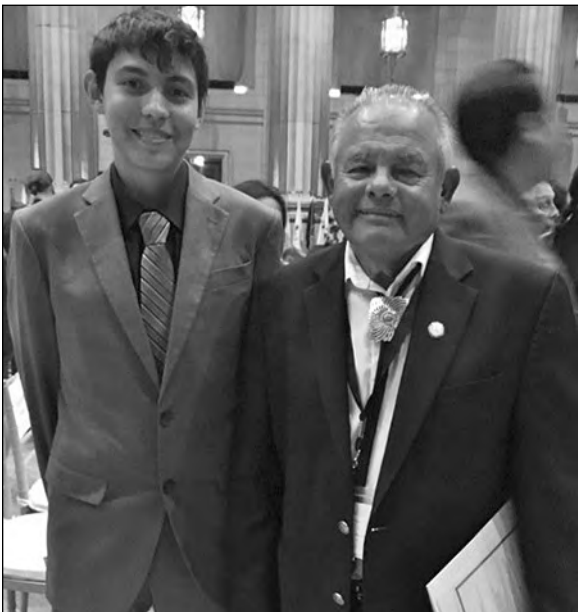
it is clearly different. Now, Indian Country is working toward rising together, toward fighting for what is right. There are many associations, branches of government, and everyday, hard-working people, some native and some not, fighting for Indian Country.

A highlight of the Tribal Nations Conference was listening and briefly speaking with Secretary Sally Jewell. Being a high school student, authenticity is almost non-existent in my day-to-day experience so Secretary Jewell’s compassion, deep understanding,



Alex Smith with Gold Medalist, Billy Mills at the White House Tribal Nations Conference and Youth Gathering.

and strong listening skills were admirable, to say the least. I particularly took interest in the panel discussion on the environment and sustainability that she participated in as these issues are of great importance to me.



Alex takes a photograph with P.O.I.’s Governor Torres in Washington, D.C.

Another highlight was shaking President Obama’s hand but I don’t like to brag. Prior to this experience, I had never considered returning home to help my tribe after getting a post-secondary education but this experience has changed that. I realize that I am not alone, that there are plenty of people ready to work on our problems, and that Indian Country has only recently started working together to show its true strength, and this opened my eyes to the possibilities. I recommend applying to be a youth delegate for the Tribal Nations Conference to every native youth, as it has been life changing.

Alex is a senior at Sandia Preparatory School in Albuquerque and his family is very proud of him as he recently scored in the top 1% in the Nation on his SAT. He is interested in Energy Resources Engineering and Civil Engineering. He is the son of Thomas and Cecilia (Anaya) Smith and the grandson of Andy Trujillo and the late Eileen Trujillo of Isleta and of Daniel and Virgie Anaya of Artesia, NM.

Pueblo of Isleta Higher Education Program

Don’t Forget

Spring /Winter Semester Term
Students Application due November 1st
All Students Supporting documents due December 31st

FERPA

Any student who wishes to share a family member or spouse access information from your file:

Must have a signed FERPA with the person listed on the form.

It is required the FERPA form be up-dated each and every year.

Remember...

Continuing Students **Must** Submit
Official Transcripts
Class Schedule
After each and every term funded.

FREE EVENT

The Los Lunas Schools Title VII Native American Program and the Pueblo of Isleta Department of Education will be hosting a College & Career Fair on Saturday, January 21, 2017 from 9am – 1pm at the Isleta Eagle Golf Course.

The Purpose of this event is to provide information about educational and employment opportunities to high school students, community members and the general public.

NOVEMBER EVENTS AT ISLETA RESORT & CASINO



NOW - NOVEMBER 19
PICK A LEAF FROM THE MONEY TREE AND WIN YOUR SHARE OF
\$100,000
FRIDAY & SATURDAY DRAWINGS EVERY 30 MINUTES | FROM 10AM - 10PM

4TH ANNUAL
PUEBLO MARKET
NOVEMBER 26 | 9AM - 6PM

Kick off your Holidays with us! Free and open to the public. Over 200 artist featuring Traditional Arts, Food, Pueblo Dancers and much more.
A Cultural Experience for the Entire Family.

For more information please call
Ron Martinez Looking Elk at 505-250-5996



TRACY BYRD
DECEMBER 10 | 8PM
TICKETS ON-SALE AT ISLETA CASINO BOX OFFICE OR HOLDMYTICKET.COM
\$30 LOWER LEVEL STANDING ROOM ONLY
\$35 RESERVED SEATING



LeAnn Rimes
DECEMBER 14 | 8PM
TODAY IS CHRISTMAS TOUR 2016
TICKETS ON SALE AT ISLETA CASINO BOX OFFICE OR HOLDMYTICKET.COM
21 YEARS OR OLDER
\$50 VIP SEATING | \$40 RESERVED SEATING



Black FRIDAY
HOT SEAT DRAWINGS

Over 55 Drawings!
Make Black Friday easy this year and choose your gift from our shopping cart! We've loaded it up with exciting gifts, free play and cash!
DRAWINGS HELD EVERY 30 MINUTES
FROM 5PM NOVEMBER 24 THRU 10PM NOVEMBER 25

Management reserves the right to change or cancel any promotion at anytime without notice.
For complete details please see Isleta Eagle Players Club.

LIKE US ON


FOLLOW US ON


isleta.com





Recruiting Volunteers for 2016-2017 Program Year

The AmeriCorps Veterans Legacy Program is a federal service program funded by the Corporation for National and Community Service. Legacy Corps is a branch of AmeriCorps; it is a national program administered by the University of Maryland that supports family caregivers with respite (substitute) care. Legacy Corps is an internationally-recognized, award-winning program. Outcomes measures for Legacy Corps show significant benefits for both the member volunteer (civic engagement, employment) and the family caregiver (stress levels). For over 10 years Legacy Corps was funded as a general in-home respite program; the program now focuses on veteran and military families.



Complete 450
hours in a year

Earn \$200 a
month Stipend

Upon completion
of hours receive
an Educational
Award of
\$1,527.78

Provide
Companionship-
level care for
veterans and
veteran families

Must be 18 years
and older

ISLETA ELDER CENTER

Rebecca Gonzales-
Legacy Coordinator
Tribal Road 40
Building 79
Isleta, NM 87022

505-869-9770

Pueblo of Isleta Elementary School

Students at the Pueblo of Isleta Elementary School were busy in October! Our Red Ribbon Campaign was a huge success. Students learned about the effects that drugs and alcohol can have on families and individuals. The students had fun participating in a poster contest, door decorating competition and a red ribbon balloon launch. POIES also hosted their first “Fun Run and Walk,” in support of this initiative. We want to thank the Isleta Police Department, the Isleta Health Center and the Behavioral Health Department for their support in these activities.

A big **THANK YOU** goes out to all the parents and community members that attended the monthly events: Red Ribbon Kick-off Assembly and Play performed by students in Ms. Jaramillo’s Fifth Grade Class, Fall Festival, Parent/Teacher Conferences and the Scholastic Book Fair. It was a big success and a lot of fun.

POIES Students are learning the importance of giving back in their community. Ms. Hope Campos, School Counselor asked students to bring in stuffed animals that were new or gently used that could be donated to the Isleta Police Department and other agencies within the community. Students responded with **431 stuffed animals!** Second Graders collected 113 of that total, and received a pizza party for bringing in the most. All of the classes received donuts, just for participating. We are so proud of our students! We will be hosting our “Annual Canned Food Drive” during the month of November.

Students got into the spirit of things during “Crazy Hair Day” and “Favorite Football Jersey Day”. We have some very creative students and parents at the Pueblo of Isleta Elementary School. Students and staff also supported “Breast Cancer Awareness Day,” on October 7th by wearing pink. November 9th will be our next scheduled “Spirit Day” so “Wear your Crazy/Fun Socks Day!”

The school’s Thanksgiving Dinner will be held on Friday, November 18th at noon. Traditional turkey, stuffing, mashed potatoes, cranberry sauce and pumpkin pie will be served to our families. The school will be on a Thanksgiving Break from Wednesday, November 23– Friday, November 25, 2016. School will resume on Monday, November 28, at 8:00 A.M. We hope that our students can enjoy their time off with their family.

We will have some special guest instructors from the National Park Services beginning in November. The Park Rangers will be visiting the classrooms to provide special lessons on New Mexico History, Geology and other special topics. We will be learning about some of the features of our New Mexico National Parks in preparation of a field trip to visit two of them during this school year. We are all very excited!



If you are receiving bills for medical
services, bring them to PRC.

RED FLAG...if you are receiving the
bill, then PRC is not being billed!

**Call 869-4488
for more information.**



Pueblo of Isleta Public Library HOLIDAY FOOD DRIVE

Bring in non-perishable food to the library
between November 1st—November 20th to
receive **\$5.00 IN FINE FORGIVENESS** for
every 3 cans donated.

Food Items must be non-perishable
or canned goods.

- No expired food
- No damaged food
- No commodities

*All donations will benefit members in the community
in collaboration with the Isleta Recreation Center.*

For more information please call the
Library at 505.869.9808

FROM THE DESK OF Arnold Sena (PARKS & RECREATION DEPARTMENT DIRECTOR):

I'm sure that all of you have noticed the season change. The cold air is finally here so make sure and bundle up your children as well as your selves. Keep warm, eat healthy, get your flu shots and wash your hands frequently. These are just a few things that will help you from getting sick this winter season.

October was a busy month for us, not only did we have our everyday activities (Afterschool Youth Rec Program, Spin Classes, Swimming Pool Activities, Fitness Instructors Helping Tribal Members, etc.) taking place daily but we also played host to the Domestic Violence Social Services Grocery Bingo and our Annual Halloween Carnival. Hosting and putting together events like these takes a lot of work and requires lots of planning, organizing and coordination. I want to take this opportunity to thank my staff for all that they do for the Parks & Recreation Department and the Pueblo. Great Job Everyone! Thank you for making my first year with the Pueblo of Isleta a great year, your help and professionalism has made transition here an easy one. The Parks crew has done an outstanding job of keeping our parks and fields at the top of the list in the state. The aquatics staff is working hard on getting trained, so they can offer classes and other structured activities in the very near future. My fitness instructors are working hard like always trying to keep tribal members healthy and fit with spin classes, putting people on programs, working people out and working out with people, setting up cross country meets, taking tribal members to cross country meets and providing good solid advice when needed, they have also started working with the Elder Center to provide fitness opportunities for our elders. Also, my Rec staff just keeps plugging away by providing good solid programs and activities for the youth that attend our afterschool programs

daily. The Nanas are doing their thing as well, they do a good job of providing arts & crafts activities for the youth that attend our programs daily. Last but not least, my facilities maintenance person does a great job of keeping up with our center and keeping it looking good for all patrons that use our facility daily. **THANK YOU ALL FOR THE GREAT WORK YOU DO FOR ALL OF US HERE IN THE PUEBLO!!!**

The Domestic Violence Social Services Grocery Bingo had a great turnout like always as did the Annual Halloween Carnival. I am hoping to have pictures from both of these events for our next newsletter.

The Youth Cross Country Team did well and brought home 6 trophies, great job everyone and I want to give a special thanks to Antonio Garcia and Phillip Abeita and all the other volunteers that helped. They all did a wonderful job at coaching and encouraging the Youth Cross Country Team. Take a look at the hardware they brought home this year. We are proudly displaying these trophies at the Rec Center, so please drop by the center and take a look at them when you get a chance.



Trophies acquired by Isleta's 2016 X-Country Team.

**Parks & Recreation Department
Notes to be Aware of:**

- They will be giving out Turkeys again this year so keep your eyes open for more information on this. It's my understanding that they will be giving the Turkeys out on Tuesday, November 8th and Wednesday, November 9th, 2016 from 8 am to 6 pm. Once again keep your eyes and ears for more information on this.
 - The Parks Crew has shut off the water fountains in the parks for the winter season. As all of you probably know this is done every year to keep the fountains and the water lines from freezing and busting. Thank you for your patience and understanding.
 - We have also removed port-a-potties from the following parks (Church, Mousetown, Pickle Heights and Parks/Fields around the Rec. Center). After talking with my parks superintendent we determined that the port-a-potties at these parks are rarely used during the winter months, so for budgetary reasons we are having them removed from the parks we listed. I hope that this does not cause too much of an inconvenience. Once again, thank you for your understanding.
 - The Recreation Center started a can food and non-perishable food item food drive. This started at the Halloween Carnival and we want to continue this Food Drive through November 18th, 2016. We are hoping to donate whatever we get to organizations/ departments that can use these items for the needy clientele they deal with on a daily basis. Please drop off your can food or non-perishable food items at the Rec Center. I want to thank all of you that participate in this worthy endeavor.
 - Remember our beautiful swimming pool is open Monday through Saturday, so please stop in and take advantage of the pool. The pool hours are as follows:
 - o Mondays: 7 am to 11 am and 2 pm to 6:30 pm
 - o Tuesdays: 8:30 am to 11:00 am and 2 pm to 6:30 pm
 - o Wednesdays: 7 am to 11 am and 2 pm to 6:30 pm
 - o Thursdays: 8:30 am to 11:00 am and 2:00 pm to 6:30 pm
 - o Fridays: 7 am to 11 am and 2 pm to 5:30 pm
 - o Saturdays: 10:30 am to 1:30 pm
- Keep in mind that we also have a dry sauna, steam room and Jacuzzi. These are very therapeutic and can help with our daily stress. Hope to see you here taking advantage of our aquatic amenities!
- Our Co-Ed Volleyball League sign up has started. If you are interested in getting into our Co-Ed Volleyball League, please call the Rec Center at 869-9777 and talk to Vanessa Martin, she will be running the league again this year and can give you any

- information you need concerning this great fun league. Please see attached flyer for more information.
- Our Youth (Boys or Girls) Basketball sign ups have started. If you have children interested in signing up for the boys Basketball Team you can call the Rec Center at 869-9777 and talk to John Matt Jojola. If your child is interested in signing up for the Girls Basketball Team you can call the Rec Center at 869-9777 and talk to Keenan Gurule. See attached flyers for more information.
- As always if you have any concerns, questions or if you need any additional information please feel free to contact us at the New Rec Center at 869-9777. I would love to hear from you!

**CO-ED VOLLEYBALL
LEAGUE IS BACK!**

GAMES BEGIN THE WEEK OF NOVEMBER 1ST

**GAME DAYS: EVERY TUESDAY
& THURSDAY NIGHTS**

LOCATION: ISLETA REC CENTER

FREE REGISTRATION OPEN TO ALL!

**REGISTRATION
STARTING SEPTEMBER 1ST - OCTOBER 24TH**

MONDAY-FRIDAY 7:30AM- 8:00PM

FOR MORE INFO CALL REC CENTER @ 505-869-9777

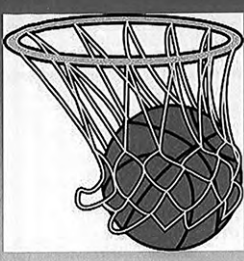

Girls Basketball Registration



Starting **October 17th, 2016**
3rd- 4th grade & 5th- 6th grade

LOCATION: Isleta Rec Center
TIME: 4:00pm– 5:30pm
DAYS: Monday–Thursday
FOR MORE INFO: Contact Keenan Gurule @ 869-9777 or 859-2432





Isleta Elementary Boys Basketball 2017 Season

Boys 3rd-4th grades
Boys 5th-6th grades

Registration begins: October 24, 2016
Location: Isleta Recreation Center

Open gym will begin on November 2, at the Isleta Rec Center on Mondays and Wednesdays from 4:00pm– 5:00pm.

For more information, please contact John Jojola at the Rec Center @ 869-9777

JOM

Wow, can you believe that we are already in November? The air is getting cooler and the nights are getting longer. It's officially fall, but while Mother Nature is starting to slow things down in preparation for winter, life at JOM could not be any more active.

With the first nine weeks of school concluding, we would like to remind parents that their Parent Teacher Conferences are a great time to take an active role in your students' educational life. The educational process cannot be a success with the collaboration between the teacher, student, and parent / guardians towards a common goal of academic success. We encourage parents to actively follow your student's progress.

Despite the crazy September weather the JOM staff attended open houses at various high schools, middle schools and elementary schools throughout the Los Lunas School District. It was an opportunity for students, parents and school staff to meet the JOM staff and learn about services the JOM program provides for Native American students in the district. Student's and parent's proven commitment to education helps the student achieve, and the services JOM provides helps support the student. The JOM staff appreciates the support that we receive from families to make our work with students productive.

In the month of September JOM had several events such as a family night and Homework 101 which numerous families attended and were provided information pertaining to homework help. They were given manipulatives to aid their students in math, science, and language arts. Items which they received were maps, clock, dictionary, thesaurus, multiplication and measurement charts.

In return, Parents and students were requested to provide us with feedback on what new experiential learning opportunities and literacy book that the JOM program



JOM students at Disney's The Lion King play at UNM's Popejoy Hall,

could provide them with at our upcoming family and literacy nights. Some suggestions were native storytelling, mother son or father daughter nights, stress reliefs for parents, drawing, science, and map reading classes. As for experiential learning they suggested a field trip to Santa Fe Plaza and Meow Wolf in Santa Fe or Old Town. Literacy book suggestions are Dr. Martin Luther King Jr.'s bio, Goosebumps, Geronimo, Magic Tree House, horror and Disney books.

For the month of October, several experiential learning opportunities and one family night were held for the students and their families. Our biggest hit was the Lion King at Popejoy Hall and McCall's Pumpkin Patch. Thirty students and five chaperones attended the Lion King. Thirty-two students and six chaperones went to McCall's Pumpkin Patch located in Moriarty, NM. Our Family night hosted in collaboration with Detective Kathy Lucero encompassed on Halloween safety was a success. Thank you, very much Detective Lucero.

As Thanksgiving approaches, I am reminded how blessed the JOM program is to have the support from the entire JOM families and community. The students, parents, extended family members and of course the Department of Education staff have been amazing to work with. Be sure to look out for our flyers and



A JOM student at our Family Night: Halloween Safety.

JOM newsletter of our future events in the coming months. Enjoy the time that you have to create special memories with your family during the coming weeks and months as the holidays approach. If you have any questions or concerns, contact the JOM program.

HAPPY HOLIDAYS EVERYONE!

20

ROCK
YOUR
MOCS

16

1 MILE WALK 5K RUN @ISLETA BEHAVIORAL HEALTH SERVICES

NOV. 15 ★ WARM UP 5:30 ★ WALK/RUN 5:45 PM

CONTACT SANTANA TITLA 869-5475 OR 270-8498



20

ROCK
YOUR
MOCS

16

1 MILE WALK 5K RUN @ISLETA BEHAVIORAL HEALTH SERVICES

NOV. 15 ★ WARM UP 5:30 ★ WALK/RUN 5:45 PM

CONTACT SANTANA TITLA 869-5475 OR 270-8498



4th Annual Rock Your Mocs Fun Run/Walk

November 15, 2016

5:30 PM - REGISTRATION | 5:45 PM - RUN/WALK BEGINS

REGISTRATION FORM

Please Check: ☐ RUN (3miles) ☐ WALK (1mile)

Name: _____ Age: _____

Address: _____

Phone #: _____ Email: _____

Male ☐ Female ☐

List Any Medical Problems: _____

PARTICIPANT CONSENT (Please check Yes or No for the following statements).

Yes	No	Statement
<input type="checkbox"/>	<input type="checkbox"/>	I agree to allow my photo to be taken during the event for documentation/media.
<input type="checkbox"/>	<input type="checkbox"/>	I agree to allow personal statements to be used for event documentation/media.
<input type="checkbox"/>	<input type="checkbox"/>	If youth is under 18, I allow my son/daughter too fully participate in the event.

WAIVER OF RESPONSIBILITY

I hereby waive and release any and all rights for damages I may have against the Pueblo of Isleta Behavioral Health Services and other sponsoring and participating agents for all injuries sustained by my participation In said events.


Participant Signature


Date


Parent / Guardian Signature (if under 18 years of age)

Date

Isleta Behavioral Health Services | Santana Titla or Kory Kie (505) 869-5475







Awareness and Education

Dangers and Risks associated with burning treated lumber and railroad ties in your outdoor oven

Treated lumber and railroad ties are both wood products that have been treated with toxic chemicals that could potentially be harmful. They are treated for their intended use only and to be able to withstand the out-door environments from the weather to insects. Some of the chemicals listed are a known human Carcinogen. The chemicals that are used to treat wood pallets and railroad ties are:

- Creosote
- Arsenic
- Chromium
- Pesticides
- Formaldehyde

Baked goods that are baked in ovens that have been heated by treated lumber could potentially absorb these chemicals.



Burning railroad ties and other treated lumber in your outdoor oven cause humans to be exposed to these toxic chemicals by inhalation, ingestion and skin absorption.



Although material like wood pallets may be easily obtainable and affordable for baking, it may not be the safest.

We cannot tell tribal members what kind of material to burn, however we can recommend to burn wood that has not been treated with chemicals.



If you have any questions regarding this issue, please feel free to contact Pueblo of Isleta Environment Division.

Ramona Montoya
Environment - Division Manager
Ph. 505-869-7565
Email: poi36871@isletapueblo.com

Ruben Lucero
Environment - Environmental Technician
Ph. 505-869-9819
Email: poi36873@isletapueblo.com

PUBLIC SERVICES DEPARTMENT

Utilities Division News



Mr. Kevin Jojola downloading information on the location of a fire hydrant into a GPS device.

The Utilities Division is pleased to announce that Mr. Kevin Jojola has successfully passed his Wastewater 1 Operator Exam given by the State of New Mexico. Mr. Jojola attended a four day short school in Albuquerque for basic wastewater and took the exam for Wastewater Level 1 Operator in September. The entire community should be proud of the achievements of Mr. Jojola! Mr. Jojola started as an apprentice for the Pueblo of Isleta on July 27, 2015. He has since worked very hard to obtain both a Water 1 Operator Certification and a Wastewater 1 Operator Certification. Once his official certification paperwork is received, Mr. Jojola will be promoted within the Department to an Operator position. Please congratulate Mr. Jojola for a job well done.

Water Line Project to Begin Soon

A waterline installation project should be underway for TR 82 in the next few months. A new 6" water main line is set to be installed from TR 78 to TR 84, along TR 82.

A few weeks ago a "drone" was flown above TR 82 to obtain survey data as part of the design for the water line. Once the design is completed, the project will be sent out for construction companies to bid on. When the project is awarded, the date for construction to begin will be announced.

The road will need to be closed at times due to the construction process. The roadway itself is very narrow in places and to properly install the new water main line, detours will be set up to allow the construction crews adequate room to work. There will be plenty of signs to warn of the closures and marked "detour" routes. Please be patient during the construction project.

New customer service lines will tie into the 6" water main line and include a meter and a meter box with an isolation valve for each residence in the project area. Fire hydrants will also be installed to protect area residents and their property as a part of the project. Indian Health Services (I.H.S.) are the Engineers for this project and will ensure the project is completed in a safe, timely manner for all involved.

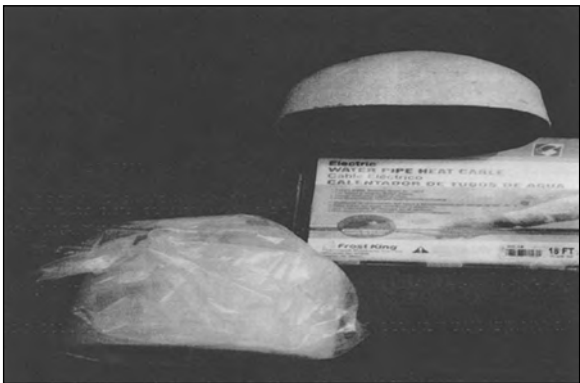
If you have any questions about this project, please feel free to contact the Utilities Division at 869-9782.

COLD WEATHER IS ON THE WAY

With cold weather on the way, it is time to check the condition of pipe insulation, heat tape and any other equipment you have to help prevent your plumbing pipes from freezing.

Take the time now to test any heat tape, install new pipe insulation if needed and remember the service line to the swamp cooler. Most homeowners are good about turning off the water supply to the swamp cooler but as added protection you should remove the water supply line at the valve and allow the line to drain completely. You could also remove the entire water supply line from the swamp cooler and store it inside during the colder months.

Locate the water isolation valve for your residence. There should be a water turn-off inside your home — try to locate this now and see if it will operate properly. If not, take the time to have this replaced prior to an emergency situation. If there is a leak on the outside of the home and you need to contact the Utilities Division to turn the water supply off at the main isolation valve, do you know where this valve is? The Utilities Division staff will need to know exactly where the exterior isolation valve is located in order to turn off the water in an emergency situation. It's a great idea if you could install a post (painted blue) or similar



to mark where the isolation valve is. If snow is on the ground it will be easy to locate the post and know where to start digging to find the turn-off valve and get the water shut off.

If you do not know where the isolation valve is, the Utilities staff will have to spend time trying to locate the valve. Meanwhile, if it's an emergency, water will be running, potentially causing damage to your property. Some homes have more than one water service so there may be more than one isolation valve involved.

Call us at 869-9782 if you would like assistance in locating and testing the isolation valve. Our staff can also assist with figuring out if your residence has more than one water service line in use, and if it does, which valve turns off which areas of your home.

CONTAMINATED DRINKING WATER

Water normally will flow in one direction, from the public water supply through the customers cold or hot water plumbing to the faucet, washer, shower, etc. When water flows in the reverse direction, this is called "backflow", and is usually caused by back-siphonage or backpressure.

When backflow happens, contamination of the pipes inside your home and possibly the main water lines occurs. Imagine drinking the water that was once in a swimming pool, livestock tank or chemical mixing tank !

Back-siphonage may occur due to a loss of pressure in the water system during a fire, main line break or a shutdown of the system for repairs. A reduction of the pressure creates a vacuum in the piping, allowing the water to reverse direction. If a garden hose was in use to fill up a livestock tank or a chemical mixing tank, any liquid in the tank will be drawn back into the garden hose, through the interior plumbing and back into the water main lines; contaminating the drinking water supply for the entire area.

Back pressure may be created when using well water to supply water for irrigation and the pipes are tied into the main distribution system from the Pueblo and your well water. If the pump is creating a higher pressure than the main line water pressure, the well water (non-potable) could be pumped into the Pueblo water distribution system, creating a contaminated water supply.



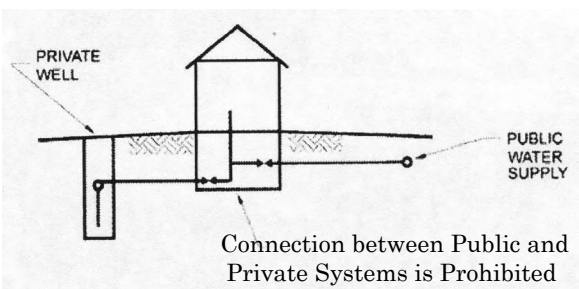
To prevent any potential contamination of YOUR water supply, keep the ends of hoses from being submerged into tanks, pools and other containers. Purchase and install a hose bib type vacuum breaker (see photo) on all the spigots and frost frees at your residence. These are inexpensive and available at hardware stores.

If you have an underground lawn irrigation system, an approved backflow prevention assembly is required to protect the water supply. Contact us at 869-9782 if you have any questions.



If you utilize a well or ditch water for irrigation, be sure to have separate piping for supplying the water to the area involved. DO NOT use the same pipes, even if you have "valving" in place to supply the water to the different areas. Contact us at 869-9782 if you have any concerns about how the piping is installed.

CONNECTION BETWEEN TWO SYSTEMS





Pueblo of Isleta Public Library

Greetings to all! This month we set our clocks back an hour for daylight savings time. The good news is that we get to sleep for an extra hour. The bad news, it's November and we will be eating everything in sight until the end of the year! Don't forget that the Library carries Fitness workout bags and healthy eating cook books to help you maintain your fitness goals.

News

The Library will be closed on November 2nd from 8:00am-12:00pm for our monthly staff meeting. The year is almost over and we will be discussing the end of the year programs for adults and children. This will include our Holiday programs. Please check the Library's website and Facebook page for an update of programs coming up.

In observance of Veterans Day the Library will be closed on November 11th. Thank you to all who have served to protect our country and also to those currently serving in the military. We admire your bravery and courage.

The Library will also be closed on November 24th, 25th and 26th for Thanksgiving break. Enjoy your turkey dinner and Black Friday shopping. Remember. Our staff is here to help you with whatever new devices you may purchase during Black Friday.

Upcoming

In collaboration with the Isleta Recreation Center we will be accepting canned food donations. Donate 3 canned food items or non-perishable food items and receive a \$5 off token. Please double check expiration dates and damage on items before donating. Thank you in advance for your consideration and charity during this time of year. It is greatly appreciated. You will be helping someone in need this holiday season.

DIY Anthology Book Program. Every Tuesday starting November 15th-December 13th from 5:00pm-6:00pm. Students will compile collections of different types of writing into a book that will be a reflection of themselves. This will be open to 10 tweens and teens ages 10-17 years old. What kind of writing? Some examples of what will go into these books are personal reflections, lyrics from songs, poems, drawings, and much more. You will have control of your book, which will become a treasure for years to come. If you are interested please call the Library and speak with Tara at 505-869-9808.

Calendar Making Class. Every Thursday starting November 10th from 5:00-6:00pm. Come learn how to make your own 2017 Calendar for next year. All supplies will be provided. Learn how to use Microsoft publisher to create a personalized calendar featuring 12 of your most treasured photos. Hang the Calendar at work or at home to give it that special touch to brighten up a room. This program is open to 6 adults. Basic computer knowledge preferred but not required. For more information or to sign up please call Tara or Diane at 505-869-9808.

Please keep up to date on programs and events we are having by visiting the Library's website and our Facebook page. All flyers and information will be posted on these websites and bulletin boards throughout the community. If you have any questions you can give us a call at the Library 505-869-9808.

Recap

October was a busy month for the Library. We hosted a variety of programs every week celebrating Halloween. On October 6th Library staff member Christino hosted our first creepy snack, which was held on October 6th. Everyone in attendance learned how to make Halloween chocolate bark made out of semisweet chocolate, candy eyeballs, candy corn, and Halloween sprinkles. This was a quick and easy snack to make and was fun for all the patrons and families that attended.

Our second creepy snack took place on October 13th where patrons and families learned how to make popcorn hands made



Showing off her creepy hands she made for our creepy snack program held on October 13th.



Filling up their plastic hands with popcorn to finish up their creepy hands on Creepy snack day.



Adding candy eyes to her purple chocolate bark for our creepy snack day.

out of plastic gloves, popcorn, candy corn and spider rings. Library staff member Diane had our whole Library smelling like popcorn. This program was a hit with the kids who indulged on the popcorn hands

and got to take extra popcorn home. Thanks to all who were able to attend our creepy snacks program. Hope you all had a fun and safe Halloween night.

Our Pokémon Go Club started the month of October with meetings with the Los Lunas Public Schools on October 5th and the Isleta Elementary on October 12th which were both half days of school. The students met at the Library and were taken to areas around Daniel Fernandez Park and we made our way back through Bosque Farms. The students in attendance shared their Pokémon Go experiences with new students who signed up that day. Many caught new Pokémon that were registered into their Pokedex which made them yell and scream in excitement after they caught them. Los Lunas Schools will meet on November 2nd and Isleta Elementary will meet on 9th. There are still slots available if your child is interested to joining this club. For more information please give the Library a call at 505-869-9808.



Brainstorming how he is going make this Storm trooper costume into a Deadpool Costume.

The Halloween Costumes that were donated were used for our DIY Halloween Costume making program held on October 20th and 21st. We know Halloween Costumes can get pricey. This program was designed for students who weren't able to afford a costume. They utilized our supplies, donated costumes and also made costume accessories out of cardboard and whatever we had laying around. This was their time to be creative and that is exactly what happened. Some examples of what the students made were Deadpool, a zombie, a robot, a pirate and others made props such as play knives, swords and chains. A huge thank you to everyone that donated Halloween costumes and accessories. You made a lot of students smile. Other costumes that were donated were given to those who were in need and could not afford a costume. Teens attended the New Mexico Slaughter house on October 21st with Library Staff members Christino and Cheyenne. The students read 4 scary

stories and turned in 4 synopsis to secure their spot on this field trip. We had some that were excited and some that were not sure how to feel going through a scary Haunted House.

They started off the walkthrough being separated and put in cages as a scare tactic. Then they made their way through different parts of the house trying to escape



Happy faces until they entered the Slaughter House Haunted House in Albuquerque.

clowns, zombies, demons and possessed creatures. They all had fun, expressing how they were scared at first, but the interaction and the storyline of the Haunted House made it a fun experience. Thank you to all the teens that were brave enough to experience one of New Mexico’s scariest Haunted House walkthrough. Did you know, Halloween is the second most celebrated and grossed Holiday behind Christmas? With that said, the Library took part in the Isleta Elementary Fall Festival and the Rec’s Halloween Carnival. Hopefully, those whom attended our booths enjoyed our creativity on a small budget. Our Fall Festival was a Witch Face where participants whom wanted their treats had to reach into the Witches’ nose to pull it out. It may have been gross but the expressions were priceless and put a smile on everyone’s twisted faces. Our Halloween Carnival was small and based on the Tic-Tac-Toe game with a Halloween Twist of bones and body parts as the game pieces. The layout was



The Library Afterschool Homework help students attending our field trip to the Hotel Cascada Water Park patiently waiting in line.

that of a Witch Doctor Hut, to help hype our Haunted House which was the following night at the Library. We wanted to take a different approach to Halloween Carnival booth whereas in year’s past it was more kid friendly. Therefore, we decided to go with a more chilling theme. Hopefully, you all enjoyed our creativity and our booth was just as memorable as year’s past. Our 2nd Annual Library Haunted House was held on Saturday October 29th. Unlike last year we decided on a scarier theme. This year we created 8 themes: Nightmare on Elm St, Texas Chainsaw Massacre, Halloween Michael Myers, Annabelle, The Conjuring 2, IT, the Blair Witch Project, and The Ring. This program kept us busy during the months of September and October and it turned out to be a fun stress reliever for the staff. All the Library staff participated as a different character in the Haunted House along with many volunteers. Thank you to all that help us make this free event



Having fun in the pool for our homework help program field trip. possible. We are already brainstorming what to do for next year’s Halloween Haunted House.

Pueblo of Isleta Public Library
Hours of Operation:

Library Hours
Mon-Thurs - 8:00 a.m. - 6:30 p.m.
Friday - 8:00 a.m. - 4:30 p.m.
Saturday - 9:00 a.m. - 1:00 p.m.

Closed on Sundays, all federally recognized Holidays and also Isleta traditional Holidays. Please contact library for more information on closures.

Mailing and Physical Address:
950 Moonlight Drive SW
Albuquerque, NM 87105

Phone: 505-869-9808
Fax: 505-869-8119
Email: poi02002@isletapueblo.com

Facebook Page:
www.facebook.com/IsletaPuebloLibrary

Web Address:
www.isletapueblo.com/library2.html

YouTube:
www.youtube.com/user/poilibrary

Pinterest:
www.pinterest.com/poilib



Refresh your driving skills with the
AARP SMART DRIVER™ COURSE!

- You will learn:
- Defensive driving techniques
 - Proven safety strategies
 - New traffic laws and rules of the road

Plus, there are no tests to pass. You simply sign up and learn. Upon completion you could receive a multi-year discount on your car insurance.*

DATE(S) & TIME(S)

NOV. 21, 2016
1 to 5pm

LOCATION

ISLETA
ELDER CENTER

TO REGISTER

(505)869-9770

FOR DRIVERS 50 YRS. & OLDER
CLASSROOM COURSE:

\$15 for AARP members • \$20 for non-members

For more information visit www.aarp.org/drive

TOYOTA This program is supported by a generous grant from Toyota to AARP Foundation.



*Upon completion you may be eligible to receive an auto insurance discount. Other restrictions may apply. Consult your agent for details.

D17174(314)

Child Safety Seat Clinic

3 OUT OF 4 CHILD SAFETY SEATS ARE USED INCORRECTLY.
Could yours be one of them?

Learn How to Properly Install Your Child’s Car Seat to Keep Them Safe!*

WHEN:

Saturday, November 5th, 2016
10:00am – 12:00 Noon

We will end right at noon, please come no later than 11:40.

WHERE:

Isleta Health Center @
1 Sagebrush Street, Isleta

Have your child safety seat or booster seat inspected for recalls, broken parts, improper installation, and appropriateness for your child. Learn the restraint law in New Mexico. There is no charge for this service.

***Must have child and car seat present!**

CALL 869-4479
FOR MORE INFORMATION



ISLETA ELDER CENTER -
HOME SERVICE PROGRAM

We welcome two new staff members who have joined our Program: Dorothy Becenti and Rafelita Lucero. As we acknowledge new staff, we also want to thank a couple of former staff members who have resigned – Carol Jojola and Wilberta Lane. Wishing you well in your new ventures.

Home Services provides a large range of services to elders (60 years & older) who meet the criteria.

Home Services Program
(Non-Medical Services)

Qualifying Criteria: Elders 60 years of age or older with two (2) or more ADLs; or a younger disabled person under the age of 60 who has two (2) or more ADLs, lives with their elder parents who are responsible for providing support services.

Attendants provide 3 - 4 hours of service per week to clients in the comfort of their home.

Light housekeeping: mopping, sweeping, vacuuming, dusting, dish washing, laundry and meal preparation, etc.

Personal Care services: bathing, showering, dressing, grooming and medication reminders.

Transportation: Coordinates services and at times will assist clients with errands and outings.

Advocacy: referrals for Public Assistance and/or provides information and assistance.

Respite Care: provides relief to a full-time caregiver of a frail homebound elder 60 years or older who are unable to perform two (2) or more ADLs. Services are the same as described above.

Home Chores (Currently Position is Vacant)

Provides services to frail elders who meets requirements for: minor home repairs, yard work, window & ceiling cleaning, chopping wood, and minor home modifications. Referrals for home repairs and handicap modifications are submitted through Elder Center Director with referral to Housing Authority. Work Orders can be submitted by calling the Isleta Elder Center.

Benefits Assistance

Application and referral for Public Resources for elders 60 years and above.

Resources: Commodities, EBT Food stamps, Low Energy Assistance Program, New Mexico Weatherization Program on Tribal Lands, PNM Good Neighbor Fund, PNM Home Check Program, POI Housing, POI Tribal Programs, Social Security, SSI, etc....

Submitted by:
Patricia L. Lucero, Home Services Manager

ISLETA HEALTH CENTER *News!*

BEGINNING NOVEMBER 3rd















NEW
THURSDAY
LOBBY
HOURS

NOTICE TO ALL PATIENTS:
The Health Center's main lobby
doors will open **9:50 a.m.** for all
patient services on Thursday
mornings only.



ADS Activities Calendar
November 2016

Mon	Tue	Wed	Thu	Fri
<i>Calendar Subject to Change</i> 	1) 10-12 Open Activity 1-3 ADS Choice All Saints Day	2) 10-11 Chair Exercises 1-3 Yarn pumpkins 	3) 10-12 Lanyards/Beading 1-3 Continue w/ Beading	4) 10-12 Sew Shawls 1-3 Continue w/ Shawls ADS Choice 
7) 10-11 Chair Exercises 11-12 Board Games 1-3 Sew Scarfs	8) 10-11 Chair Exercises 11-12 Veteran's Day Activity 1-3 Continue w/ Activity Election Day	9) 10-11 Behavioral Health Visit 1-3 Sew Pillows 	10) 10-11 Thanksgiving Activities 11:30-1 Thanksgiving Lunch	11) Closed Veteran's Day
14) 10-11 Chair Exercises 11-2 ADS Outing	15) 10-11 Introduction to Art w/ Ken Tiger 1-3 Sew Aprons 	16) 10-12 General Meeting 1-3 Card/Board Games	17) 10-11:30 Coffee & Conversation 11:30-12 Catholic Mass 1-3 Thanksgiving Crafts	18) 10-11 Chair Exercises 1-3 Nickel Bingo
21) 10-2 Field Trip Wal-Mart & Lunch 	22) 10-12 Bake Pumpkin Pies 1-3 Continue & Eat 	23) 10-11 Chair Exercises 11-12 Turkey Crafts 1-3 Continue w/ Crafts 	24) Closed 	25) Closed
28) 10-11 Chair Exercises 11-12 ADS Choice 1-3 Open Activity 	29) 10-12 Plastic Canvas Crafts 1-3 Movie TBA	30) 10-3 Field Trip Isleta Casino & Resort Bingo Matinee 	Commodities November 10th & November 30th	For more information Emma Abeita 869-9770 Ext.9022 Nicole Abeyta 869-9770 Ext.9333 

Calendar Notes:

Homebound Deliveries:

Please Call 24 HOURS IN ADVANCE to CANCEL meals.

Congregate Meals:

Offered Daily From: 12:00p.m. - 1:00p.m. Salad Bar included





*** Menu is subject to change.

*** All meals are prepared with LOW SALT & SUGAR.

For More Information:

Activities : Eugene Jojola

Adult Day Care: Emma Abeita Nicole Jaramillo

November 2016			 Monthly Menu Isleta Elderly Center (505) 869-9770	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	11/1/2016 3 Bean Chile = 3 oz M/MA Roasted Red Potato 1/ 2c Mixed Vegetable 1/2 c Corn Bread = 56 g Fruit cup = 1/2 c	11/2/2016 Tuna Salad on Leaf Lettuce 2 oz tuna 1 Deviled egg Chilled Pork n Beans 1 c Carrot Salad 1 c WW Crackers = 56 g Fresh Fruit	11/3/2016 BBQ Sandwich 3 oz beef brisket WW bun = 56 g Sweet Potato Fries 1/2 c Mixed Veggies 1/2 c Apple Salad w/walnuts and raisins 1/2 c	11/4/2016 Chicken Corn Casserole Chicken 3 oz, Corn 1/2 c Peas/Carrots 1/2 c Biscuit = 56 g Fresh Fruit
11/7/2016 Ham and Cheese Roll up 2 oz Ham, 1 oz cheese 1 - 10" WW Tortilla Tossed Salad w/tomato 1 c Fresh Broccoli 1 c Fresh Fruit	11/8/2016 Liver and Onions Liver 4 oz, grilled onion 1/2 c Roasted Red Potato 1/2 c WW Dinner Roll Fresh Fruit	11/9/2016 Vegetable Beef Soup 3 oz beef, 1/2 c veggies Beets 1/2 c WW Crackers = 56 g Fresh Fruit	11/10/2016 Turkey 3 oz Mashed/Gravy 1/2 c, 1 oz Green Beans 1/2 c Red or Green Chile w/pork 1/8 c Stuffing 1/4 c, Bread=56g Jellied Cranberry 1/8 c Pumpkin Pie 1 ea	11/11/2016 Center Closed 
11/14/2016 Rice Stew 3 oz ground beef, 1/2 c rice Mixed Vegetables 1 c WW Crackers 24 g Fresh Fruit	11/15/2016 Turkey and Potato Bake Diced Turkey 3 oz, Sliced Potato 1/2 c Peas/Carrots 1/2 c Biscuit = 56 g Fresh Fruit	11/16/2016 Cheese Burger Burger patty 3 oz, sliced cheese .5 oz WW Bun = 56 g Lettuce/Tomato 1/8 c Chuckwagon corn 1/2 c Steamed Carrot Fresh Fruit	11/17/2016 Egg Salad Sandwich = 2 boiled egg, 1 slice ww bread Pasta Salad w/broccoli & Cauliflower 1 c Celery sticks 1 c Fresh Fruit	11/18/2016 Red Chile Beans 6 oz 2 oz Beef, 1/2 c Beans Red Chile Puree 1/8 c Mixed Vegetables 1 c Corn Bread 1 ea Fresh Fruit
11/21/2016 Italian Beefy Mac 3 oz g,beef or turkey Marinara Sauce 1/2 c Mixed Veggies 1/2 c Garlic Breadstick Fresh Fruit	11/22/2016 Beef & Chicken Taquitos = 1.5 oz chicken, 1.5 oz beef = 2 grain eq Pinto Beans 1/2 c Zucchini/Squash 1/2 c Fresh Fruit	11/23/2016 Chicken and Rice Soup 3 oz diced chicken, 1/2 c rice Steamed Carrots 1/2 c Beets 1/2 c WW Crackers 24 g Fresh Fruit	11/24/2016 	11/25/2016 CENTER CLOSED
11/28/2016 Chicken Fajita 2 oz chicken Shred cheese 1 oz, Fajita Veggie 1/4 c Yellow squash 1/2 c Refried Beans 1/2 c 2 ea 6" WW Tortillas Fruit Cup 1/2	11/29/2016 Grilled Ham n Cheese Sandwich 2 oz ham, 1 oz cheese, 2 WW bread = 56g Tomato Soup 1/2 c Mixed Veggie 1/2 c Baked apples w/cinnamon 1/2 c	11/30/2016 Spinach Salad with Chicken Spinach 1 c, Diced Chicken 3 oz Blue cheese crumbles .5 oz Craisins 1/8 c, Walnut 1/8 c Cherry tomato 1 c Garlic Bread stick = 56 g Fresh Fruit Fat Free Raspberry Vinegrette	If you know that you will not be home, please call to cancel your home delivered meal. This saves on time and money. We kindly ask for 24 hours notice on cancelled meals. Thank you. 	
Congregate meals age 55+ free of charge. Persons ages < 55 the suggested donation is \$5.00 however any donation is appreciated.				

Calendar Notes:

Enhance Fitness Classes
Every Monday, Wednesday & Friday
10:30a.m. - 12:00p.m.
New Recreation Center Gym

Important Dates:

Commodity Dates:
November 10 & 30, 2016
8:30am - 4:00pm
Isleta Elder Center


General Election Day
November 8, 2016
7:00am - 7:00pm

Thanksgiving/Veteran's Day Luncheon Event:
November 10, 2016
Elder Center
Ceremony Starts: 11:30a.m.
Luncheon Starts: 12:00p.m. - 1:00p.m.

General Meeting:
Pueblo of Isleta Tribal Elections
Political Forum
November 16, 2016
Elder Center Activities Room
10:00a.m. - 12:00p.m.

Special Presentation:
Isleta Language Prgam
Language Teaching Tools
Cartoons in Tiwa
November 17, 2016
Elder Center Activities Room
11:00a.m. - 12:00p.m.

Isleta Elder Center Closure
Nov. 11, 2016: Veteran's Day
Nov. 24 & 25, 2016:
Thanksgiving Holiday

<div><div>November2016</div><div><div>Activities Calendar Isleta Elder Center (505) 869-9770</div></div></div>				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Closed Activities Room for NM Voting Oct. 18, 2016 - Nov. 8, 2016	1 Closed Activities Room for Early Voting .	2 Enhance Fitness Class New. Recreation Center 10:30am - 12:00pm	3 Closed Activities Room for Early Voting .	4 Enhance Fitness Class New. Recreation Center 10:30am - 12:00pm
7 Enhance Fitness Class New. Recreation Center 10:30am - 12:00pm	8 General Election Day: Isleta Elder Center Activities Room 7:00a.m. - 7:00p.m.	9 Enhance Fitness Class New. Recreation Center 10:30am - 12:00pm	10 Isleta Elder Center's Thanksgiving Luncheon 11:30am - 1:00pm Commodity Date: 8:30a.m. - 4:00p.m.	11 Elder Center Closed Veteran's Day
14 Enhance Fitness Class New. Recreation Center 10:30am - 12:00pm Shuffleboard Practice Isleta Elder Center: 1:30p.m. - 4:00p.m.	15 Cultural Movie Presentation: All Day Sceening & Popcorn Activities Room	16 Friendship Breakfast 9:00am - 10:00am General Meeting: Pueblo of Isleta Tribal Elections Political Forum 10:00a.m. - 12:00p.m. Activities Room	17 Special Presentation: Isleta Language Program Language Teaching tools Cartoons in Tiwa 11:00a.m. - 12:00p.m.	18 Isleta Senior Trip: Theater/play/Performance & Dinner 4:00p.m. - 9:00p.m. Dinner in ABQ (IEC will not provide Lunch)
21 Enhance Fitness Class New. Recreation Center 10:30am - 12:00pm Shuffleboard Practice Isleta Elder Center: 1:30p.m. - 4:00p.m.	22 Open Activities Room Pool Table, Exercise Equipment, Table Tennis & More 8:00a.m. - 4:00p.m.	23 Enhance Fitness Class New. Recreation Center 10:30am - 12:00pm Mass @ Elderly Center: Activities Room 11:00a.m	24 Elder Center Closed Thanksgiving Day	25 Elder Center Closed Happy Thanksgiving!!!
28 Enhance Fitness Class New. Recreation Center 10:30am - 12:00pm Shuffleboard Practice Isleta Elder Center: 1:30p.m. - 4:00p.m.	29 Isleta Shopping Day & Lunch: 9:00a.m. - 4:00p.m. Lunch in ABQ (IEC will not provide Lunch)	30 Enhance Fitness Class New. Recreation Center 10:30am - 12:00pm Commodity Date: 8:30a.m. - 4:00p.m. Isleta Elder Center Confrence Room	Isleta Pueblo's Turkey Distribution Monday, Nov, 8 & Tuesday, Nov, 9 Isleta Recreation Center: 8:00a.m. - 6:00p.m. Isleta Pueblo's Tribal Election Saturday, November 26, 2016 Isleta Elder Center: 8:00a.m. - 7:00p.m. ONE DAY ONLY	

THANK YOU!

From Dr. Emily Rothman



Thank you for your 14 years of service, Dr, Rothman

As many of you have heard, I accepted a position at the Canoncito Band of Navajos Health Center in To'Hajiilee. This was an extremely difficult decision, and I will miss all of you greatly, but I feel that I can make a positive contribution to the Community of To'Hajiilee as they are transitioning from IHS to a 638 tribal clinic.

I have known so many of you for a great number of years, and I am incredibly grateful that you have included me as a part of your lives, families and the community as a whole. I am so proud to have served the Pueblo of Isleta, and I value the lessons I learned while working with you. Thank you for the opportunities you provided me to learn and grow as a physician and a person.

The following is for those of you who are worried that you might miss your short bossy doctor with the cold hands. Or in other words, for one last time, doctor's orders!

1. Exercise is my favorite medicine.
2. Laugh or cry in life. (I hope you choose to laugh with me!)
3. Be kind to yourself! It's much easier to build on a positive than a negative.
4. When you feel the stress or pressure overwhelming you, or making your shoulders tense, or your blood pressure rise, take a deep breath. If you can, close your eyes and imagine yourself in a calm and beautiful place, such as the Mountains, near the Ocean, or simply in bed. As you breathe out, feel the stress leaving your body, and as you breathe in, let the peaceful feelings move into every part of your body.
(To be clear, I do not recommend closing your eyes if you are driving!)

And if that doesn't work, or you just need a hug, remember that I'm not that far away!

With so much love and gratitude,
Dr. Rothman

ISLETA HEALTH CENTER
505 - 869-3200

Cold and Flu Season Is Here...
Are You An **Established** Patient
of Isleta Health Center?

Please remember that only **established** patients are eligible to access **Same-day** appointments and **Walk-in** services to address urgent care needs, when available.

It is encouraged that any Isleta tribal member who expects to access **Same-day** or **Walk-in** services, complete a new patient application as soon as possible. Please do not wait until you are in a situation where you need urgent care attention.

Suggestions or Comments?

Let me know your thoughts!!

PUEBLO OF ISLETA HEALTH CENTER
Health Education Department

Do you want to learn about certain health topics?
Do you see a need in the community for a certain type of training?

Please let your local Health Educator know!

Stop by the Isleta Health Center and drop your health training topic suggestions or comments in the "Suggestions, Comments or Complaint Box" located inside the main entrance (on your right as you enter).
Or, you may e-mail me at sbarela@islclinic.net

**Isleta Health Center**
Health Educator, Stephanie Barela @ 505-869-4479

Isleta Health Center – Q&A series

The Isleta Health Center is conducting a series of "Questions & Answers" to explain the reasons for its administrative and clinic processes. If you have questions which you would like to have answered in this forum please feel free to send them to:
Isleta Health Center
Attn: Administrative Services
P.O. Box 580, Isleta, NM 87022
Or simply drop off at the Patient Registration desk.

Why do they do that?

Question #1: Why am I required to complete a new patient application to establish care?

Answer: The Isleta Health Center is federally funded and provides services to qualified Native Americans. Proof of patient eligibility must be maintained in our patient files and is collected during the new patient application process.

Question #2: What information is required with a new patient application?

Answer: The following documents are required with the new patient application.

- ▶ Valid driver's license or state issued identification card
- ▶ Birth Certificate
- ▶ Social Security Card
- ▶ Certificate of Indian Blood, Tribal enrollment letter, or Tribal ID
- ▶ Proof of residency such as utility bill, rental agreement, etc.

Question #3: Why do I need to go through the Registration process every time I check in for services?

Answer: The primary purpose is to collect your accurate and complete information and to acquire your signatures for your Assignment of Benefits, Consent to Care, and receipt of our Notice of Privacy Practice. This process is to comply with both federal/state laws and healthcare accreditation standards. It is the first step to assuring our provision of high quality patient care, especially in matters where your primary care provider must contact you immediately to give you explicit medical instructions.

Question #4: Why do I need to provide my Medicare, Medicaid, and/or private insurance card at the time of register?

Answer: Your primary care provider may need to issue you a referral for immediate medical care to an outside facility. The Health Center's care coordinators must rely on your insurance information to effectively coordinate your care through your insurance network to reduce potential medical costs to you and your family.

Question #5: Why must I accompany my child to his/her appointment?

Answer: By law, only a parent or legal guardian can give consent for treatment on behalf of a minor (17 years or younger). Minors seeking care for family planning services, pregnancy or prenatal/postnatal care , STD, HIV/AIDS testing, or mental health treatment do not need parental consent.

Question #6: Can I send my child to his/her appointment with a relative or care giver?

Answer: Yes you can, however, the parent or legal guardian must have an active Parent/Legal Guardian Authorization for Minor to Receive Care form on file with the Medical Records department. The form must list the specific name(s) of the person you authorize. Forms are valid for up to one year from date of signature.

Isleta Health Center
Health Education
Stephanie Barela
Phone: 869-4479

National Walk To School Day 2016

October 5th marked the 20th Annual Walk to School Day and with the help of the Health Center’s Health Education staff, Isleta Elementary Kindergarten and 6th grade classes were shown how to be safe pedestrians. The students learned not only the importance of stopping at the edge of the street every time, but they also learned to think, to look left-right-left before crossing, to continue to look while crossing the street, and finally, to listen for vehicles. Further, kindergarteners were taught to never cross the street alone and to always hold hands with someone who is older. After honing these skills, the 6th graders buddied up with the kindergarteners and went on a safe pedestrian walk through the neighborhood. Research shows the simple act of crossing the street can be very dangerous and with another busy Halloween night coming up, this was an opportune time for the students to learn these skills.

There are millions of trick-or-treaters out in the streets every year and it is reported that the most dangerous day of the year for child pedestrians is Halloween. On average, two times as many child pedestrians die on this day than any other day (5.5 deaths on Halloween, versus 2.6 deaths any other day of the year) according to the Children’s Safety Network. For these reasons, it is very important for us to discuss good walking safety habits with our children.



Annual Community Health Fair 2016 Review

On Saturday, October 15th the Isleta Health Center (IHC) held its 11th Annual Community Health Fair. This year’s theme was Pueblo of Isleta – Partners in Your Healthcare: How Can We Help You?, and with that, the foremost goal of the fair was to convey to you everything IHC has to offer when it comes to your individual health and the overall health of the community.





This year’s fair was held again at our facility as a way to remind everyone what services Isleta Health Center has to offer in a more familiar setting. There were presentations from various departments that were informative and eye-opening to those who attended. And although this year’s attendance was down from previous years, we are happy that those able to make it could leave with a wealth of health knowledge.


From the evaluations received, it was determined that everyone enjoyed themselves and learned a lot. As always, these evaluation forms help IHC staff to identify the services most used, how these services can be improved, and what the service needs of the community are. If you are interested in filling out a Health Center evaluation form, even if you did not attend the health fair, please stop by and see the Reception/Patient Registration staff at the Health Center.



**Thank you to everyone that participated in the
Isleta Health Center’s health fair!
Hope to see you all for the next one in 2018!**

Thank you to Crystal Springs Bottled Water for the water donation.

ISLETA HEALTH CENTER					
NOVEMBER		Questions? Call 869-3200		2016	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY/ SUN
	1 Women's Support Grp: 10-11a @ BHS. Acu-Detox: 1-2p @ BHS. Creating Process of Change: 2-4p @ BHS. Str8 Rez: 5-7p @ BHS.	2 Circle of Security Parenting: 9-11a @ BHS. Anger Management Skills: 1-2p @ BHS. Young Leaders Youth Krew: 4:30p @ BHS. Walking Club: 5:30p @ DPP Wellness Center.	3 Grief Group: 1-2p @ BHS. Circle of Security Parenting: 2-4p @ BHS. Express Endurance: 5:30p @ DPP Wellness Center.	4 Early Recovery Skills: 9a-11a @ BHS. Another Recovery Technique (ART): 1-4p @ BHS.	5 / 6 <u>SATURDAY NOV. 5</u> Child Safety Seat Clinic 10:00am to 12:00pm at IHC Parking Lot. Please arrive no later than 11:40 in order to complete the process!
7 Early Recovery Skills: 9-11a @ BHS. Women's Path to Recovery: 1-2:30p @ BHS. Young Leaders Youth Krew: 4:30p @ BHS.	8 Women's Support Grp: 10-11a @ BHS. POI Community Cancer Support Group FALL POTLUCK: 10:30-12p @ Health Center kitchen. Bring ideas for 2017! Acu-Detox: 1-2p @ BHS. Creating Process of Change: 2-4p @ BHS. Express Endurance: 5:30p @ DPP Wellness Center.	9 Circle of Security Parenting: 9-11a @ BHS. Anger Management Skills: 1-2p @ BHS. Young Leaders Youth Krew: 4:30p @ BHS. Walking Club: 5:30p @ DPP Wellness Center.	10 Diabetes Program: Dental Education Class: 845a @ Health Center's small conference room. Grief Group: 1-2p @ BHS. Circle of Security Parenting: 2-4p @ BHS. Express Endurance: 5:30p @ DPP Wellness Center.	11  HEALTH CENTER CLOSED	12 / 13
14 Early Recovery Skills: 9-11a @ BHS. Women's Path to Recovery: 1-2:30p @ BHS. Young Leaders Youth Krew: 4:30p @ BHS.	15 Women's Support Grp: 10-11a @ BHS. Acu-Detox: 1-2p @ BHS. Creating Process of Change: 2-4p @ BHS. Rock Your Mocs Run/Fun Walk: Registration at 5pm / Run/Walk starts at 5:45p @ Behavioral Health Services.	16 Circle of Security Parenting: 9-11a @ BHS. Anger Management Skills: 1-2p @ BHS. Young Leaders Youth Krew: 4:30p @ BHS. Healthy Cooking Class (DPP): 5:30-7p @ Health Center Kitchen.	17 Grief Group: 1-2p @ BHS. Circle of Security Parenting: 2-4p @ BHS. Express Endurance: 5:30p @ DPP Wellness Center.	18 Early Recovery Skills: 9a-11a @ BHS. Another Recovery Technique (ART): 1-4p @ BHS.	19 / 20
21 Early Recovery Skills: 9-11a @ BHS. Women's Path to Recovery: 1-2:30p @ BHS. Young Leaders Youth Krew: 4:30p @ BHS.	22 Women's Support Grp: 10-11a @ BHS. Acu-Detox: 1-2p @ BHS. Creating Process of Change: 2-4p @ BHS. Str8 Rez: 5-7p @ BHS. Express Endurance: 5:30p @ DPP Wellness Center.	23 Circle of Security Parenting: 9-11a @ BHS. Anger Management Skills: 1-2p @ BHS. Young Leaders Youth Krew: 4:30p @ BHS. Walking Club: 5:30p @ DPP Wellness Center.	24 <i>THANKSGIVING DAY</i> 	25 <i>THANKSGIVING OBSERVED</i> 	26 / 27
28 Early Recovery Skills: 9-11a @ BHS. Women's Path to Recovery: 1-2:30p @ BHS. Young Leaders Youth Krew: 4:30p @ BHS.	29 Women's Support Grp: 10-11a @ BHS. Acu-Detox: 1-2p @ BHS. Creating Process of Change: 2-4p @ BHS. Str8 Rez: 5-7p @ BHS.	30 Circle of Security Parenting: 9-11a @ BHS. Anger Management Skills: 1-2p @ BHS. Young Leaders Youth Krew: 4:30p @ BHS. Walking Club: 5:30p @ DPP Wellness Center.	TUESDAY, NOVEMBER 15TH 2016 Rock Your Mocs Fun Run/Walk @ Isleta Behavioral Health Services 5:30 PM - Registration 5:45 PM - 		




**Pueblo of Isleta
Community Cancer
Support Group**

Support the health of your family.
Educate yourself on cancer.
REDUCE YOUR RISK!

2nd Tuesday of the month!
NOVEMBER 8, 2016
10:30 am – 12:00 noon
Isleta Health Center Kitchen

FALL POTLUCK!
Bring a dish and let's eat!
“Planning Ideas for 2017”

Contact me if you have questions:
Stephanie @ 869-4479

Please join us!  Everyone welcome!

Thanksgiving at Isleta

TIWA RESTAURANT
THANKSGIVING BUFFET 11AM - 7PM
Join us this Thanksgiving and savor the rich flavors you have come to enjoy in TIWA including roast young hen turkey, honey baked ham, roast loin of pork, and more of your Thanksgiving favorites!
Only \$19⁹⁵ per person | Children 12 & under \$9⁹⁵

EMBERS STEAKHOUSE
THANKSGIVING BUFFET 11AM - 7PM
Enjoy a young hen turkey dinner with soup or salad while dining in an intimate setting. Embers Steakhouse will also have it's regular menu available filled with all your favorite entrées.
Only \$19⁹⁵ per person | Children 12 & under \$9⁹⁵



Thank You for Your Service
NOVEMBER 11
All active & retired military personnel will receive a Veterans Day hat beginning at 8am while supplies last.



Actual hat not shown.

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