



Isleta Pueblo News

Volume 5 Issue 12

December 2010

Governor's Report

First of all, we in the Governor's Administration want to Wish Each and Everyone of You and Your Families a Very Merry Christmas and a Happy New Year!!

We want to thank all the community members for taking time to vote during the federal, state and tribal elections. It is important that you vote, as each vote is critical. Tribes throughout Indian Country vote in hopes of electing candidates who will support Native American issues such as water rights, healthcare, education, law enforcement and other issues.

The Pueblo of Isleta chose not to endorse any candidate running for tribal, state or federal office. It is best to leave the decision up to the individual for whomever they wish to cast their vote. Without endorsing any candidate, Isleta did allow a number of candidates, both Democrats and Republicans, to campaign and hold political rallies and forums in Isleta. It is important that this be allowed so that our tribal community will be informed how these candidates will support Native American issues and concerns.

I was appointed to the transition team on Indian Affairs by newly elected Governor Susanna Martinez. This is an important position for Native Americans as we will be working and advising on saving and filling critical positions within the New Mexico Indian Affairs Department. This is not a paid position, and will end at the year when the new Governor is sworn into office in January 2011. I want to congratulate all the newly elected officials at the tribal, state and federal level.

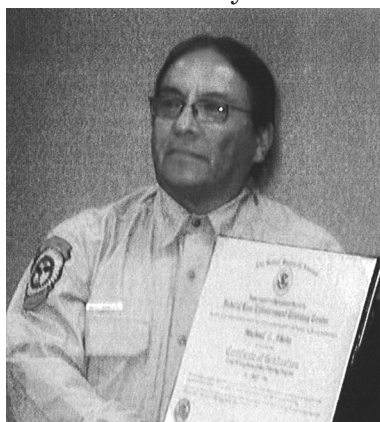
The waterline project is complete but with a few minor additions to the project continuing. The church project is on-going and will hopefully meet its deadline. There was a concern after a portion of the southwest wall by the choir sheered off. Safeguards have been installed to prevent further delays to the project. The judicial complex is on schedule and the road project for entry into the complex is near completion.

Again, Happy Holidays to Everyone!!!

DEPARTMENT OF NATURAL RESOURCES NEWS

CONGRATULATIONS to Arnold Chavez and Michael Abeita

On June 11, 2010 Department of Natural Resources Employees, Arnold Chavez and Michael Abeita successfully completed the sixteen week long Land Management Police Training Program at the Department of Homeland Security's Federal Law Enforcement Training Center in Artesia, New Mexico. Both employees were also certified in Wildland Fire Observations and Origin Scene Protection for First Responders (FI-110). In addition, Arnold and Michael completed the 40 hour BIA Police Follow-on Training Program, meeting the basic law enforcement training requirements on June 18, 2010. These Police Training programs set high standards of proficiency requirements that must be met in physical fitness, self defense tactics, firearms skill, driving, and criminal law. Out of a class of 26 students, Arnold and Michael were two of the 18 who successfully completed both Programs.



Michael Abeita

With completion of both programs, Arnold and Michael are the first fully certified Pueblo of Isleta Wildland Law Enforcement Officers (WLEOs) in the Resources Protection Division of the Department of Natural Resources. Arnold holds the position of Lieutenant WLEO and directly supervises Michael and two other employees, Dereck Lujan and Daniel Jiron who will also attend both law enforcement programs within the next 12 months.

The Wildland Law Enforcement Officers are directly responsible for patrolling the mountain forests, rangelands, bosque, and pinyon-Juniper woodland areas in order to protect all natural resources (wildlife, vegetation, cultural sites, etc.), Tribal member safety and Tribal property (boundary fences, rangeland facilities, etc.) by dealing with criminal activities such as poaching, illegal dumping, trespass, fire arson, etc., through enforcement of Pueblo of Isleta Law and Order Code, federal regulations, and state laws. The WLEOs also coordinate and cooperate with the Isleta Police Department and other federal/state law enforcement agencies as part of their duties.



Arnold Chavez

NEWS FROM THE CULTURAL AFFAIRS OFFICE

The success of the Isleta Photographic Exhibit at the Albuquerque Museum received attention from a wide audience all the way from New York and will now be featured at the Heye Museum of the American Indian in New York City.

After a review by the Board of the National Museum of the American Indian it has been determined that the museum will exclusively exhibit our Isleta photographs September 2011 through January 2012.

The Isleta travelling exhibit will have other venues thereafter: Heard Museum, Phoenix Arizona October 15, 2012 to January 2013 - Museum of Indian Arts and Culture, Santa Fe, New Mexico May 15, 2014 to September 15, 2014.

We are awaiting The Southwest Museum in Los Angeles to determine when they will confirm their venue.

The Cultural Affairs Office is working with Cynthia Graves of Guestcurator to market the exhibit for future venues. To view the exhibit online go to www.guestcurator.com.

The Cultural Affairs Committee has completed another year at the Old School building. We are working to upgrade the offices and auditorium to better accommodate our youth. We hope to have many new ventures in the old school building - it is our commitment to share and educate our young people for the benefit of their well being.

The Cultural Affairs Committee wishes everyone a very happy and prosperous New Year!

Submitted by Stephanie Zuni





COMMUNITY NOTIFICATION

Registration of Convicted Sex Offenders

TO: ANY AND ALL CONVICTED SEX OFFENDERS WHO RESIDE, ATTEND SCHOOL, ARE EMPLOYED WITHIN THE EXTERIOR BOUNDARIES OF THE PUEBLO OF ISLETA OR VISIT WITHIN THE EXTERIOR BOUNDARIES OF THE PUEBLO OF ISLETA FOR OVER 24 HOURS; OTHER PERSONS SUBJECT TO THE JURISDICTION OF THE PUEBLO OF ISLETA; AND COMMUNITY MEMBERS

The Pueblo of Isleta Police Department is dedicated to registering convicted sex offenders and providing community notification to protect the public. The Pueblo of Isleta Public Sex Offender Registry is located at: <http://isleta.nsopw.gov/> From this public registry, community members are able to obtain information regarding convicted sex offenders within their community. Additionally, this public registry allows any person to request email notification of the relocation of any sex offender back to the person's community.

If you are a convicted sex offender (Indian or Non-Indian, convicted of a sex offense in Isleta Tribal Court, State of New Mexico courts, other state courts, federal court, military court, and any other court) and if you have not registered with the Pueblo of Isleta, your failure to comply with registration is an offense under the Pueblo of Isleta Sex Offender Registration Ordinance, which provides:

Each violation ... by a sex offender who is an Indian shall be considered a crime and subject to punishment as a Class A Offense and in no event punishable less than the maximum penalty imposed by a Class B Offense Civil Penalty.

Each violation ... by a sex offender who is not an Indian shall also be considered a civil violation subject to enforcement by any means not prohibited by federal law, including, but not limited to the following:

1. Issuance of fines in these amounts: \$1,000 for the first offense; \$2,000 for the second offense; \$3,000 for the third offense; and \$4,000 for the fourth offense.
2. Civil contempt, and
3. Banishment in accordance with Pueblo of Isleta law.

Ordinance at Ch. 8. Furthermore the Pueblo of Isleta Sex Offender Registration Ordinance makes it a crime to

- (1) knowingly or attempting to harbor a convicted sex offender,
- (2) assist in eluding law enforcement, or
- (3) provide false information to law enforcement about a convicted sex offender. Id.

To register as a Sex Offender or to report a Sex Offender for failing to register contact the:

Sex Offender Registration Program
Isleta Police Department, PO Box 699
Isleta, NM 87022
Tel: (505) 869-3030
(505) 766-6653
Email: poi06006@isletapueblo.com

Pursuant to the Pueblo of Isleta Sex Offender Registry and Notification Ordinance (adopted on May 1, 2010 by Tribal Council Resolution 2010-066) and Public Law 109-248 (Adam Walsh Child Protection and Safety Act).

TRAFFIC DIVISION NEWS

Isleta Police Department Traffic Division

The Christmas Season is now upon us and we are all thinking of our Christmas shopping, dinner preparations, Christmas card mailings and thousands of other tasks that come with the season. Also with the season comes "Schools Out" and the children are out and about. Please be aware and drive carefully throughout the Pueblo watching out for our youth.

The Traffic Division has had a few changes since the last newsletter article submitted and here is a quick update. The division now consists of Officer Sharon Mitamura who was promoted to Supervisor/Lead Traffic Officer; Officer Darryl Chavez, and our newest officer, Officer Tim Zuni, joined the division in mid-July. We have also added an honorary junior officer as of October 17, 2010, when Miss Madison Zuni was born. CONGRATULATIONS TO THE PROUD PARENTS!!

The goals of the division are to ensure safety on the roadways throughout the Pueblo and traffic enforcement is key in accomplishing this end. So please obey all traffic laws - observe speed limits, watch for construction being done on State Road 47, obey traffic signals, traffic signs, etc. The Traffic Division and patrol officers will be out in force during the holiday season to ensure everyone enjoys a safe and joyous holiday season.

As part of the division's traffic enforcement duties, the officers will be participating in several mobilizations with the first being "DON'T SHATTER THE DREAM" which will begin December 20, 2010 and run through January 3, 2011. This mobilization is conducted by BIA and tribal law enforcement in Indian Country through January 3, 2011. The "Don't Shatter the Dream" Indian State Impaired Driving Mobilization is a joint effort by the BIA's Office of Justice Services (OJS), the Indian Affairs Indian Highway Safety Program (IHSP) and the U. S. Department of Transportation's National Highway Traffic Safety Administration (NHTSA) to reduce injuries and save lives. The campaign seeks to send a message across Indian Country that driving while impaired will not be tolerated throughout the holiday season, and that tribal officers are on alert to protect drivers on reservation roadways.

S. Mitamura, Isleta Police Department Traffic Division

Don't Shatter the Dream!!



NEW Pueblo of Isleta Gas!!

Pueblo of Isleta One Stop
4050 HWY 47

Albuquerque, New Mexico 87105

The Pueblo of Isleta One Stop will now be serving its very own Pueblo of Isleta Gas. The same great quality gas found anywhere in Albuquerque but at a DISCOUNTED PRICE from the Pueblo.

"I believe that the direction of unbranded fuel at the One Stop gas station is going to bring excitement for the customers as well as the employees. According to the last report we should be able to price the fuel at a savings of five to six cents cheaper than branded fuel. This type of savings is going to send a statement to our customers that in today's world of economic downfall we want to try to help by pricing fuel at a discount to help put monies back in our customer's pocket."

Art Saiz, Director Travel Center & One Stop



Isleta Pueblo News

Editor: Ulysses Abeita
Asst. Editor: Beverly Piro
Published By:
Valencia Express

Hello from the Comanche Ranch

We have reached the end of 2010, and we are looking forward to the New Year 2011. The ranch has had a good calf crop this year, our steer calves averaged \$665.00 per head and our heifer calves averaged \$564.00 per head.

Out of 900+ cows we had a 80% calf crop this year so far, and we still have about 100 fall calves yet to brand which we will be doing in December. We were able to save about 80 top choice exceptionally nice replacement heifers.

This year we had to get rid of some old cull cows do to no teeth, old age, bad eyes, and not bred. We preg. checked most of the ranch cattle and they are bred back, we'll be in the high 90% due to good moisture and grasses this year, as well as the feed supplements that they were given. We only had to feed 25% out 100% due to the good forage the ranch got this year.

At the end of 2010 the Ranch Cattle Inventory will be right at about 1000 Breeding Cows, and 100 fall Calves as well as 75 Bulls.

As the manager of the Comanche Ranch I took over 4 years ago, and as now I have got the calf crop up from 30% to 90%, I feel like we have come a long ways in the quality of cattle we are running now but still feel like we can do better and there is room for improvement .

I am very proud to say we have made it in the New Mexico Stockman magazine twice this year and the Comanche Ranch is getting recognized throughout the Southwest and other parts of the United States as Native Cattle Producers. If anyone would like a copy of the New Mexico Stockman there will be copies at the governor's office.

The Council has passed a resolution to combine the Farm Conservation Enterprises with the Comanche Ranch, the council ask me to put a Farm & Ranch plan together to combine the two. I worked with a consulting firm called Blue Stone Strategy group we put together a 21 page plan, we are trying to bring the two together to utilize more of the feed from the farm to make it more of a profitable resource for both entities, we are trying to get the farm to be more profitable in the near future.

As of now the ranch is starting to show a profit each year, now with the two being combined we expect to show a profit with the Farm Conservation as well.

This is a 24/7 position and I am always seeking and working towards ways of improving as far as USDA Grants, NRCS (United States Department of Agriculture) this year we got roughly received about \$60,000 in grants for ranch improvements.

For the year 2011 I am currently working on getting grants for the farm and ranch both.

When I received the promotion to manage the farm as well as the ranch, I received a pay increase to compensate the responsibilities and work load I have to carry, during the election there were several allegations made that I am receiving \$95,000 a year which is totally untrue. As the manager of the Comanche Ranch and the Farm Conservation I will do my very best for the Pueblo of Isleta and its people to make both of these entities profitable in the years to come.

I would like to thank the tribal administration for their support throughout the year, I would also like to Thank TaTa Fred with Range Patrol for taking the time to come out to the Comanche Ranch and help with our cattle works and ranch improvements.

In would like to thank all the Tribal members for their interest and questions about the Comanche Ranch. If anyone has any further questions please feel free to call me at 505-917-4217

On behalf of myself Martin Abeita, my wife Gloria and the rest of the Ranch & Farm crew we wish you a Merry Christmas and a safe New Year.

PUEBLO OF ISLETA

CERTIFICATION OF THE 2011-2012 GENERAL ELECTION

The following are the results of the General Election held on Saturday, November 27, 2010.

Total Number of 2011-2012 Registered Voters	1347
Total Number of 2011-2012 Voting for Governor	1126
Total Number of 2011-2012 Voting for Tribal Council (1 unaccounted for ballot)	1124
Total Number of 2011-2012 Registered Tribal Members Who DID NOT Vote for Governor	0
Total Number of 2011-2012 Registered Tribal Members Who DID NOT Vote for Tribal Council	2
Total Number of 2011-2012 General Election INVALID Ballot(s) for Governor	8
Total Number of 2011-2012 Election INVALID Ballot(s) for Tribal Council	8

NUMBER OF CANDIDATE VOTES FOR GOVERNOR

Frank Lujan (467)
Alvino Lucero (460)
Larry Lucero (191)

Mark Dixon (70)	Barbara J. Sanchez (64)
Larry Jaramillo (49)	Allen Zuni (31)
Joe P. Anzara Jr. (29)	Evangeline M. Lente (28)
Fernando Abeita (65)	Jose Seferino Lente (36)
Josephine Padilla (56)	Marcus Amadore Lente (35)
Ernest Jaramillo (16)	Fred R. Lujan (86)
Diego Lujan (23)	Timothy E. Salvador (49)
Moses E. Lujan (55)	Donny Jaramillo (15)
Diana Peigler (53)	Leonard Abeita (82)
ReGina J. Zuni (55)	Joseph Richard (Cougar) Lucero (53)
Cynthia Jaramillo (57)	Douglas Jiron (20)
Robert Benavides (88)	



Isleta Cancer Education & Support Group

Education and support with a speaker or specific topic
scheduled for each meeting.

WHEN: 2nd Tuesday of each month

Next Meeting is December 14, 2010

TIME: 10:30am to Noon

PLACE: Isleta Elderly Center

FORMAT: Speaker or Video and Discussion



Everyone welcome!

Please contact Stephanie Barela @ 869-4479 if you have questions.



Pueblo of Isleta Public Library

Well, three Holidays (Halloween, Per Capita, & Thanksgiving) have passed and we got two more (Christmas & New Years) then we can all look forward to the Big Pay Day from Meh-Meh Sam in the form of a Tax Return. In the mean time, why don't you grab another blanket, throw another log on the fire, or scoot a little closer to the heater while you read the library's section of the Newsletter.

NEWS:

The month of December will be somewhat tricky for our Hours of Operation due to the Holidays and Traditional Dances. Here is our latest Operational Hour schedule for the month of December.

CLOSED:

Thursday, **December 24** in observance of Christmas Day.

Thursday, **December 31** in observance of New Year's Day.

Library Winter Hours:

Monday & Tuesday, December 20 & 21, the library will be OPEN from 8AM – 6:30PM.

Starting December 22 through December 30, the library will OPEN from 8AM – 4:30PM.

**If there should be any changes to our operational hours, changes will be posted on bulletin board located outside the library.*

It was brought to my attention in the month of November that the New Mexico Motor Vehicle Department (MVD) has stopped issuing Drivers Manual. Individuals hoping to obtain their N.M. Drivers License are directed to the M.V.D. website to download the Drivers Manual. So, to make life easier on everyone, we have downloaded both the English & Español manuals (3 English & 2 Español) and put them on our shelves for individuals to borrow while studying for the test. However, if the individual(s) should lose or not return the manual(s) they will be charged a fee of \$15 to cover the cost of colored paper & binder.

As reminder, the library also has the *None For The Road: DWI Awareness Program* DVD, which all individuals seeking to obtain their Drivers License must watch. These DVDs are part of the Reference Collection which means these are NOT allowed to leave the library premises for two reasons: 1) Previous copies were borrowed and NEVER brought returned and 2) The librarian must sign and stamp the individual's booklet after the individual has watched the DVD. All computers in our community computer lab have a DVD drive which allows one to watch the DVD with headphones. The only thing the library does NOT offer is the actual Driver's Test, so enjoy sitting in the waiting room of the MVD. Good Luck!!!

Since we are on the topic of vehicles, let me take this time to remind everyone that the library has an extensive collection of Chilton's Auto Repair Manuals ranging from 1986-2011. Manuals are for all makes and models known to mankind unless it is a "Frankenstein Vehicle" and has been pieced together. All Chilton Auto Repair Manuals are part of the Reference Collection which

means they are NOT to leave the library premises but we will be more than happy to make you Xerox copies.

Attention Guitar Players: The library has just received another huge order of Guitar Tablatures. This time around the Tablatures are more diverse, consisting of Country Artists such as Taylor Swift to Alan Jackson, and New Alternative Artists such as the Yeah Yeah Yeahs, The Black Keys, and Paramore. Tablatures are FREE to borrow but if not returned, individuals will be charged full price and account will be blocked until fine is paid in full. Very few libraries offer Guitar and Bass Tablatures so please do not ruin this for everyone. Thank you.

Once again, the Library and the M.I.S. Department will be giving FREE computers to the community. If you are interested in obtaining a FREE computer all you have to do is submit a 2 page essay to the library, stating how a computer would enhance the lives of you and your family. Computers are used PCs from the library and other departments. For further information, feel free to call the library and speak to a library staff member.

UPCOMING PROGRAMS:

The library will be conducting Christmas Activities on three nights in December; they are December 13, 14, & 16 from 4:30pm – 6pm. Supplies are limited on a first come, first serve basis and the activities are open to all patrons of all ages.

Old St. Nick (Santa Claus) will be taking pictures at the Isleta Library on Wednesday, December 15 from 2pm – 6pm. The library will offer two FREE 3x5 pictures, which will be ready for pick up on Friday, December 17 after 2pm. So, have your children start working on their Christmas wish list and have them clean their rooms because Santa is watching.

On Wednesday, December 29 the library will have a small "Bond B" celebration from 1pm – 3pm at the library. This is our way of showing you, the community, appreciation for supporting your library during November's Election Day. If any of you are curious about the results for Bond B:

Bernalillo (Isleta Votes): For – 221 while
Against – 66

Valencia (Isleta Votes): For – 127 while
Against - 37

Those 103 community members who voted against Bond B and your local library, we still love you and you are all still welcome to visit and use the free resources which the other 696 community members help make possible for you and the rest of the community to utilize.

RECAP:

Friday, November 19, the library took twelve hard working students who did their homework & read throughout the month of November to watch *Harry Potter and the Deathly Hollows* or *MegaMind*. Many of the older students (Middle School & High School) wanted to watch *Harry Potter* while the younger group wanted to watch *MegaMind*. After the movies we all met at Furr's Fresh Buffet for dinner, then made our way back to the Little Island we call home. Everyone had so much fun that we forgot to pose for a quick picture.



Elders working on their Fruit Bouquets



One Group working on Thanksgiving Center Pieces



Students w/the Finished Project

The Library staff decided to make Thanksgiving Center Pieces with the community on Monday, November 22. Fourteen individuals took advantage of this activity and made some beautiful center pieces for their Thanksgiving table. Information and dates of similar activities can be found in our Upcoming Programs section of the monthly Newsletter, Flyers within the community, and on our bulletin board located outside the library. We will also be happy to share upcoming information with you over the phone if that form of communication works best for you. All you have to do is call the library at 505.869.8119. I hope to see you in here for one of our future programs.

Like the schools and other community programs, the library decided to have an intimate Thanksgiving Dinner for the community. Those individuals that visited the library on Tuesday evening, November 23 were treated to a Mexican dinner of Beef Tacos, Tostadas, Taquitos, Spanish rice, and Pinto beans. Some patrons decided to stay and have dinner with the other patrons while others made plates to take home. Again, this was our way of thanking the community for helping us during our time of need.



Thanksgiving Dinner @ the P.O.I. Public Library

The next morning, November 24, we were graced with the presence of the Elders from the Elders Center. Since Thanksgiving Day was the very next day, we decided to make Fruit Bouquets with them. This way they could have something to take over to the Thanksgiving dinner they were invited to OR they could eat it later that evening as a snack. After the activity, a couple of the Elders wanted to make Thanksgiving cards while others wanted to read some books on the shelf. All in all, we all had fun and enjoyed their company. I hope we can share more days like this in the future.

On a final note have a Fun, Safe, Happy, Jolly Christmas and a Happy New Year. For those of you planning to hit the "Egg Nog" a little hard PLEASE BE RESPONSIBLE



An Elder taking the time to read a book on birds

enough to CALL or USE a DESIGNATED DRIVER!!! Take care and be safe, from YOUR Tribal Public Library.

Library Operating Hours & Info:

Monday – Thursday: 8AM – 8PM

Friday: 8AM -4:30PM

Weekends: CLOSED

Winter Hours:

December 20 & 21: 8AM – 6:30pm

December 22 through December 30: 8AM – 4:30PM

Phone: 505.869.8119

Fax: 505.869.7690

Email: poi02002@isletapueblo.com

Web Address: isletapueblo.com/library2.html

Attention Isleta Students

The Pueblo of Isleta Youth Employment Program currently has positions available for students enrolled in Work Study.

Eligibility Requirements are:

- Must be an Isleta Tribal member.
- Must be ages 16 - 18.
- Must be enrolled in the Work Study Program at Los Lunas or Valencia High School.

Youth learn job skills and receive on-the-job training while they are employed with the Pueblo of Isleta Departments.

For more information please contact Mary Abeita at 766-6652.

**Come in and get
your picture taken
with Santa!**

At the Isleta Pueblo Public Library!



When:
December 15, 2010
Time: 2-6 p.m.



Pictures will be
available for pick up on
Friday, December 17,
2010.



Park & Recreation

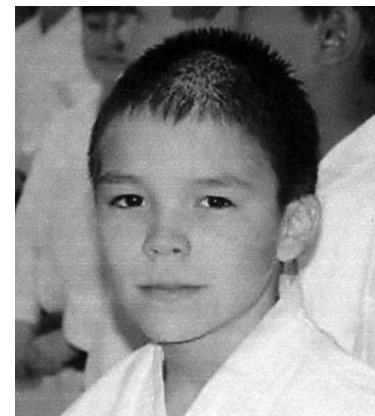
As the holiday season approaches (Thanksgiving & Christmas) the time for everyone to start thinking and doing something about New Year's Resolutions and possibly doing something about losing a few pounds and changing our eating habits to being a lot healthier is upon us. In reality, we don't need to wait until the New Year to get started. Come by and see one of our personal trainers that can get you going to a healthier you. November saw a lot of diverse activity starting with the Isleta Karate Tournament that we hosted on November 6, 2010 followed by the Grand Opening of the World War II Memorial Park in the Chical neighborhood held on November 11th, Veteran's Day. Also our children who represented the New Rec. Center in the New Mexico State and Region X USATF Cross Country meets on November 13th in Albuquerque and on November 21st, in Phoenix, Arizona did really well in representing the Pueblo of Isleta. These activities were followed by the Per Capita and Turkey distribution that took place at the New Rec. gymnasium. Also in November the Elderly held their annual Arts & Crafts Fair on Saturday, November 20, 2010. Although the gym was filled with some outstanding vendors selling their wares, attendance could have been a lot better. Competition from another Arts/Crafts Fair held at the Golf Course may have been an issue in keeping the attendance numbers down. Needless to say, it was still an outstanding Arts/Crafts Fair. Great Job Elderly.

Karate

Our karate Instructor, Clarence Chavez (6th degree black-belt) hosted the first Funakoshi Shotokan Karate Tournament ever held in the United States on Saturday, November 6, 2010. at the New Rec. Center. Like all the tournaments hosted by us, attendance for this tournament event was well attended with over 500 visitors and spectators. For those competing, we had over 135 take part in the event. Our participants from our Pueblo of Isleta did very well with several of own placing. Our very own David Roybal, who is a member of the program became the Junior Grand Champion. David took medals in all events (Sparring, Kata, and Weapons). He has been with Renshi Clarence Chavez for over 5 years in training and has competed locally and nationally. This tournament brought in competitors from around the country (Kentucky, New York, California, New Mexico, Texas, Colorado, Florida, and Mexico). Next year's 2nd Funakoshi Karate Tournament will be held in Kentucky. (Pictured is David Roybal, Junior Grand Champion. Pictured are the Grand Champion Jena Coley, David Roybal, Terrence Harris, Dominic Jojola, Darrian Grives, Darin Lucero, Shihan K. Funakoshi, Sarah Lente, Alaynna Loretto, Renshi Clarence Chavez, Instructor, Connor Chavez, Mike Garcia, Kaylee Pesina) are many members from our Karate Program with Shotokan Shihan K. Funakoshi, who is the great grandnephew of Gichin Funakoshi 1868-1957, who was the founder of Shotokan Karate and was considered the "Father of Modern Day Karate". If you would like to know more about participating in the program please contact Mr. Chavez at 869-8557 or at 866-4360. Classes are held every Tuesday, Thursday and Friday starting at 5:30 pm.

Junior Grand Champion — David Roybal, who is a member of the Karate One of Isleta martial arts school. David took gold medals in all events (Sparring, Kata and Weapons). He has been with Renshi Clarence Chavez for over 5 years in training and has competed nationally and locally.

David competed in the First Funakoshi Karate tournament that was held at the Isleta Recreation Center on the Pueblo of Isleta. The event brought in competitors from around the country (Kentucky, New York, California, New Mexico, Texas, Colorado and Florida) and from Mexico. Next year for the 2nd Funakoshi Karate tournament will be held in Kentucky.



David Roybal

If you would like to know more about tournaments or the program at the Isleta Recreation Center please contact Mr. Chavez 866-4360

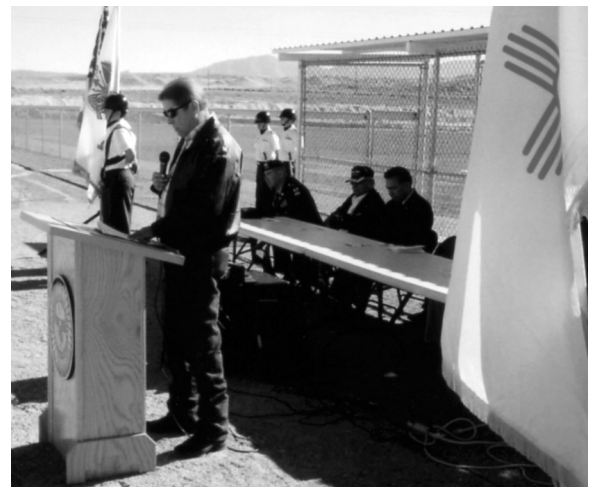


Front Row (L-R): Jena Coley, David Roybal, Terrence Harris, Dominic Jojola, Darrian Grives, Second Row (L-R): Darin Lucero, Shihan K. Funakoshi, Sarah Lente, Alaynna Loretto, Back Row (L-R): Renshi Clarence Chavez, Instructor, Connor Chavez, Mike Garcia, Kaylee Pesina)

World War II Memorial Park

On Thursday, November 11th, Veteran's Day we had the grand opening of the World War II Memorial Park located in the Chical Neighborhood. The park is the baseball field that will be used primarily by our Senior Little League players and by our adult semi-pro teams. Festivities for the grand opening began with a welcoming by Commander Joe L. Jaramillo followed by Chaplain Joe C. Jaramillo handling the Master of Ceremonies duties. The Los Lunas High School Army ROTC did the posting of the Colors. Lt. Governor Max Zuni did the invocation in our Tiwa language followed by Father George Pavamkott with the park blessing. Kyle Lujan did the pledge of allegiance in Tiwa and English. Our speakers were Governor Robert Benavides, Lt. Governor Frank Lujan and District 1 County Commissioner Art De La Cruz. Our very own, Captain Steven Abeita, US Army who had many wonderful words of wisdom to share with all who attended, did the keynote address. After all was said and done, the unveiling of the New Park sign, everyone was treated to a barbecue of hamburgers, baked beans, chips, cake and a drink. Over 300 people were in attendance. Pictured is a collage of pictures of the grand opening of the park.





Cross Country

The Pueblo of Isleta Cross Country team representing the New Rec. Center was formed to get those children involved who don't attend our Elementary School. The team, which was coached by parent volunteers Michael and Margo Jiron, Vernon and Christine Abeita who had 33 children participating in the program. Because the Elementary School would not allow any of our children who were not attending our POI Elementary School to participate many of our parents still wanted their children involved and formed the team under the auspices of the New Rec. Center program. Their ability to participate against all of the Southern Pueblo Agency Schools had to get approval by a committee representing all the schools was unanimous. Also because our POI Elementary School had a new cross country practice field developed close to the elementary school, the children representing the New Rec. program continued business as usual practicing at Big Mama Hill in the Chical Neighborhood. The following listing is the results from the NM State and Region X USATF meets for our children.

Yoga

This is a reminder; we are offering yoga classes every Saturday morning at the New Rec. Center at 9:00 am until 10:25 am. Our instructor, Jennifer Fay, reports that more of you have taken advantage of the class but there is room for more students.

4 & 5 Year Old Program

Our Nanas Abenita, Gloria, and Lena will begin offering a program for those 4 & 5 year olds whose parents have nothing for them to do in the afternoons. The program will be on Mondays and Wednesdays from 1:00 pm until 4:30 pm. They will do arts/crafts, story telling, teaching of our native language, swimming in the kiddy pool, picture bingo dancing, singing, movies and snacks. Again, this is for those children who parents would like them busy doing something other than staying at home in front of the television. For more information about the program's starting

State Results: held at the Albuquerque Academy on 11/13/2010

3K Bantam Girls: 65 total runners.
Marissa Weldon 1st place Time: 11:27:49

3K Bantam Boys: 78 total runners.
Isiah Chavez 9th place Time: 11:25:26
Patrick Mariano 19th place Time: 11:56:35
Michael Zuni 44th place Time: 13:12:77
Xavier Abeita 55th place Time: 14:02:62

3K Midget Girls: 41 total runners.
Morgan Davenport 4th place Time: 11:28:66
Bryanna Jiron 10th place Time: 11:46:86
Gloria Zuni 12th place Time: 12:00:03
Tatianna Jiron 13th place Time: 12:01:09
Victoria Abeita 21st place Time: 12:15:64
Mariah Lente 31st place Time: 13:49:44

3K Midgets Boys: 45 total runners.
Issaiah Abeita 27th place Time: 12:25:09
Marcello Chavez 28th place Time: 12:28:34
Phillip Sangre 40th place Time: 14:57:68

4K Youth Boys: 33 total runners.
Daniel Jiron 19th place Time: 15:39:75

Note: All runners qualified to compete in the Region X Championship.

Note: We had 2 runners who qualified to compete in the National Junior Olympic XC Championships on December 11, 2010 in Hoover, Alabama. They are: Marissa Weldon and Isiah Chavez.

Region X Junior Olympic Championship results: held on 11/21/2010 in Phoenix, Arizona.

3 K Bantam Girls: 128 total runners.
Marissa Weldon 3rd place Time: 11:50:70

3 K Bantam Boys: 123 total runners.
Isiah Chavez 18th place Time: 11:51:06
Patrick Mariano 42nd place Time: 12:53:23
Michael Zuni 64th place Time: 13:33:01
Xavier Abeita 98th place Time: 15:36:18

3 K Midget Girls: 100 total runners.
Tatianna Jiron 24th place Time: 12:19:65
Bryanna Jiron 26th place Time: 12:26:11
Gloria Zuni 33rd place Time: 12:33:49
Victoria Abeita 41st place Time: 12:51:40
Mariah Lente 72nd place Time: 14:06:54
Morgan Davenport 85th place Time: 15:25:92 (injured pulled hamstring)

3 K Midget Boys: 79 total runners.
Issaiah Abeita 32nd place Time: 12:24:98
Marcello Chavez 42nd place Time: 12:56:22
Phillip Sangre 64th place Time: 14:56:73

4 K Youth Boys: 75 total runners.
Daniel Jiron 36th place Time: 15:07:84

Congratulations to all the runners: We wanted to post several pictures of the runners, but at the time of print, pictures were not available. You all really make us proud.

date, please call the Nanas at 869-8557. **Food Drive:** the Arts/ Crafts and Nanas are now accepting donations of non-perishable food items, blankets etc. for baskets to be given to the needy of our community. If anyone is interested in donating, please call or drop off the items at the New Rec. Center anytime before December 18th.

Special Note: Although we dedicated the New World War II Memorial Baseball Field, we ask everyone to please stay off the field until springtime. We still have the park closed while the grass continues to take hold. We have noticed people have been jumping the fence to utilize the park and a tremendous amount of damage is being done to it. Please stay out of that park. The damage may delay the use of the park in the spring. Thank you.

Los Lunas Title VII Indian Education

The Los Lunas Title VII Indian Education Program and students wish all "A MERRY CHRISTMAS AND HAPPY NEW YEAR"

2010-2011 Native American Club officers
Los Lunas/Valencia High Schools

VALENCIA HIGH SCHOOL

KIRSTYN ABEITA, Senior	President
ANDREA WILSON, Junior	Vice President
STARLYNE TRUJILLO, Junior	Secretary
ASHLEY SANGRE, Junior	Treasurer
BELINDA LUCERO, Sophomore	Student Rep.
Sponsor	Ms. Andrea Chavez

LOS LUNAS HIGH SCHOOL

TIMOTHY ABEITA, Senior	President
MEAGAN LUCERO, Senior	Vice President
THANIA JOJOLA, Senior	Secretary
DONOVAN JOJOLA, Sophomore	Treasurer
JARED JOJOLA, Sophomore	Club Rep.
Sponsor	Ben Analla

Upcoming dates to remember,

December 1	early release day--all schools
December 6	(Monday) "PAYING FOR COLLEGE" a evening session for all high school seniors and parents 6:30 pm - 7:45 pm..LLHS library
December 8	LLHS Native American Club sponsors their yearly "STAFF APPRECIATION BREAKFAST" All clubs at Los Lunas High School honor all staff with goodies in appreciation for the hard work they do. The Native American Club serves Native foods to our staff, and club members begin serving breakfast starting at 6:00 am. All club members will take home to their parents a certification of THANK-YOU'S for helping with the food preparation.
December 20 & 21	Final exams for all student classes
December 22 to January 4	Winter break
January 5, 2011	Students return back to school
January 18	No school
January 27/28/29, 2011	Parent/student conferences
February 2	Early release day...1/2 day of school

Some News from Valencia High School

December 2010

Parent/Student Events

Wednesday December 1: early release day, VHS out at noon.

A Few Fall Sports Update

Friday October 29, the Valencia Cross-Country team will be traveled to Gallup. The girl’s team came in 2nd, losing by one point, but earning their way to the state meet. The boys’ team only qualified one runner, Allen Quezada.

Saturday November 6: State Cross-Country Meet at Rio Rancho, NM: VHS Girl’s Cross-Country came in 4th place. Class 4-A Team totals were Los Alamos (42), Albuquerque Academy (88), St. Pius(123), with Gallup(159) and Miyamura (181). This is the second year the school has had the girl’s varsity team and which is the highest level of state outcome for any team at VHS. We are very proud of Nisa Rason (All-State Athlete, placing 3rd overall), Grace Vickers, Maria Rascon (Sr.), Tania Orozco, Belinda Lucero, Jordon Koontz (Sr.) and Alicia Lopez (Sr.). Also, Allen Quezada had a great showing earning All-State, 10th place.

Valencia’s football team did play in the playoffs for the first time in VHS history, but were unable to get a seat at the state tournament.

Financial Aid and College Readiness Meetings

Another College Connection Night: presented by NM Educational Assistance Foundation, Sylvia Vigil- Raines, Friday Dec 9, 6:30 PM in the library.

All seniors and juniors are encouraged to sign up for the ACT before the deadlines of January 7th for the February 12th test, March 4th for the April test, and May 6th for the June test.

Tutoring

After school tutoring will be available next semester at Valencia High School. Please call your counselor for details.

Food Drive

The Renaissance Program continues its food drive up to the holiday break.

QUALITY HEALTH MANAGEMENT

Serving the Healthcare Community.

Dental Assistant Program
Taking Students NOW!!!

Program Summary

- Sterilization & Safety
 - Basic Dental Sciences
 - Chairside Assisting
- Radiography Certification
 - Front Office Training
 - Externship Experience

Added Program Benefits

- Job Placement
 - Clinical Placement
 - Life Skills
- Case Management
 - Professional Skills Training
 - Hands-On Experience

Length of Program is ten (10) weeks of Instruction and eight (8) weeks internship.

Successful completion of this program will prepare student for immediate employment in the field of dentistry. All students will be prepared for New Mexico Dental Assisting Certifications.

Healthcare Business Office Training

Are you interested in working in the healthcare field?

Are you a people person?
Are you lookingfor a career change?

Or just looking to get back into the Workforce?

Then this class is for you!

- Mondays -Fridays 8:00 am-2:40 pm
- Great opportunities to train for front office positions in hospitals, veterinary offices, dental offices, and more!
 - Most starting salaries at \$10.00 an hour
 - For further information contact:

Quality Health Management
Office: (505) 292-1582 Fax: (505) 856-7698

Isleta Behavioral Health Services

P.O. Box 508 Isleta, NM 87022 (505) 869-5475

YOUTH Suicide & Substance Abuse Prevention

Isleta Behavioral Health Services (IBHS) submitted a grant proposal to OptumHealth New Mexico for Suicide and Substance Abuse Prevention services for at-risk Native American Youth and was chosen for funding. The total 3-year funding award is for **\$177,740.00 and is expected to reach 60+ Isleta Pueblo youth between the ages of 10-18 years.**

The first objective is to implement an in-school substance abuse prevention curriculum for grades 6th-9th at four selected schools. Youth will develop positive life skills including risk assessment, decision making, refusal and drug resistance skills, while enhancing anti-drug norms and attitudes.

The next objective takes a look at Historical Trauma and how past events have taken a toll on our Pueblo community, particularly youth and education. By using culturally appropriate interventions and incorporating indigenous values and practices protecting against drug use, youth will create a stronger self and community based on youth driven advocacy and policy change.

The following activities will be implemented:

- Outdoor activities: SNOW BOARDING, STAR GAZING, HIKING, MOUNTAIN BIKING, CAMPING, ROPES COURSE, CULTURAL SITE VISITS and RAFTING
- COMMUNITY GARDENING
- YOUTH PHOTOGRAPHY
- INVITED COMMUNITY GUEST SPEAKERS
- Trips to WAREHOUSE 508 and other youth driven coalitions and community centers

IBHS is excited and proud to be working side-by-side with the JOHNSON O'MALLEY PROGRAM, ISLETA TRUANCY and ISLETA RECREATION & FITNESS. For more information about this new funding and/or how to get you and your child involved please contact **(505) 869-5475 and ask to speak to Juan Rey Abeita or Jennifer Padilla.**

Domestic Violence Prevention Initiative

After conducting a community needs assessment IBHS submitted a proposal to Indian Health Services and received over **\$250,000.00 to address domestic violence in Isleta Pueblo.** The target population for advocacy services will be survivors of domestic violence and the community at large with prevention activities focusing on service providers, tribal law enforcement, tribal courts and interested community members.

Funding will be used for the following:

- Employ 2 part-time victim advocates
- Provide the Isleta Community with a Domestic Violence Summit
- Coordinate efforts amongst existing agencies to create a more integrated and consistent response to domestic violence problems in the community and
- Coordinate training for first responders to domestic violence calls

On June 7th IBHS hosted a meeting with representatives from Isleta Police Department (IPD), Isleta Social Services (ISS), Isleta Tribal Courts (ITC) and Isleta Head Start (IHS). Those in attendance were Vernon Alvarez, Chief of Police; Vince Gomez, Grant Coordinator for IPD; Caroline Dailey, Director of ISS; Eulalia Lucero, Probation Officer for ITC; and Jessica Santana-Price, Mental Health Services Manager for IHS.

For more information about the Domestic Violence Prevention Initiative contact Jennifer Padilla at (505) 869-5475.

Isleta Community Action Team (ICAT)

Please join us for the **2nd Annual Light the Path Memorial Walk on December 29, 2010 from 5:30pm — 8:30 pm** at the Isleta Recreation & Fitness main center in the Pueblo. Last year's event was extremely successful with ICAT raising more than \$600 and memorializing 600+ individuals by placing name tags on luminarias.

This year ICAT is raising awareness about the many lives substance abuse and suicide claim in our Pueblo. The idea is to provide a positive and supportive environment where community members can remember loved ones and receive information about preventing substance abuse and suicide.

To memorialize a loved one or to receive more information about this event please contact IBHS at (505) 869-5475. All names will be printed and displayed on a luminaria the night of December 29th. Monies raised will be used to provide more ICAT sponsored substance abuse and suicide prevention community events.

A special THANK YOU to the members of ICAT and other Pueblo departments who have been willing to work with IBHS in planning and implementing the 2nd Annual Light the Path Memorial Walk!!! Please join us for a night of live entertainment, food and door prizes.

Social Services

Teen Dating Violence

On November 15th, 2010, Isleta Social Services facilitated a forum for the teens and parents of Isleta Pueblo with the primary focus being on "Teen Dating Violence," and having healthy dating relationships. The presentation was held at the Albuquerque Hard Rock Casino & Resort with special guest, Rod Kaskalla presenting, who works with the Pueblo of Nambe Domestic Violence Program. Those who participated were High School students from Los Lunas High School, Valencia High School, St. Pius X High School and NACA. Attendees were given information on what constitutes a healthy relationship as well as ways to recognize what an unhealthy relationship looks like. Both parents and students that were able to participate had the opportunity to voice their concerns and opinions regarding issues of Domestic Violence they have seen or may be aware of. All participants who attended were also able to give their feedback on how helpful the presentation was, and what community programs can do to make future events like this be more accommodating and/or more successful for the youth of Isleta. We were pleased with the participation of the students as well as the parents and hope to see more participants at future presentations. Isleta Social Services would like to thank those that participated and welcome ideas for future events that may be helpful to our community. Our teens and parents have suggested the following "Teen Talks" for future presentations and/or annual workshops:

- Dealing with parental/familial drug and/or alcohol abuses in the home
- Young mom and dad support groups
- School bullying
- Self-esteem and confidence building resulting in healthy self-advocacy
- Dealing with peer pressure
- Effective communication with families, communication with parents regarding "teen issues."
- College preparation and leaving home

Isleta Social Services is in the process of planning the next "Teens Talk" forum to include these awesome ideas from our teens and parents. Please stay tuned for more information regarding the date and location.

If you would like to be involved with future events, please call Isleta Social Services at 869-2772.

Dear Isleta Community,

It is with sincere regret that I need to inform you that I am no longer working as your Nutritionist as of Dec. 1st. It was a very difficult decision as I have greatly enjoyed getting to meet & know you during my 7 yrs. of employment with the Diabetes Prevention Programs.

It has been an honor getting to work with the wonderful staff in all your facilities & in serving this community. Out of my 30+ years working, my time here has been the most memorable & special because you all have made it so. Your welcoming me here has meant so much & I thank you for that...Her-kim!

I will truly miss all of you & hope our paths cross somewhere down the road. I wish you good health, peace & happiness in your lives.
Fondly,
Terri Elisberg

Johnson-O'Malley Program

Greetings from the staff of the Johnson-O'Malley Program. We hope everyone is doing great. The hustle and bustle of the holiday season is at hand as we prepare for the end of the 2010! We have plenty of wonderful activities planned for our Native American students and their awesome families. We are working diligently to end our contract year on a positive note. We have faced many challenges since the beginning of the school year and have the strength, commitment and dedication to push right through. Here is a rundown of all the services that we have provided since the beginning of the school year:

A little JOM History: Not Just School Supplies

As many of you all discovered at our mandatory back-to-school meetings, JOM is so much more than just school supplies. At the beginning of the school year we requested all parents meet with us either at one of the scheduled meetings or individually. During these meetings we informed parents about the history of the Johnson-O'Malley Program and why it is so important for parents and students to become involved in the program. For those of you that are not aware of what JOM is about, here is a brief history explaining what the Johnson-O'Malley Program is.

The Johnson-O'Malley Program is a federally funded program that provides educational support to meet the unique and specialized needs of Native American students enrolled in Public Schools. The Johnson-O'Malley Act was signed over 75 years ago. One of the original intents of the JOM Act was to supplement finances for public schools that provided educational services to Native American students. Why was this important? Well, for public schools to provide educational services to Native American students they needed supplemental funds. As we are all aware Indian Reservations are tax-exempt, which means those Indian students living on reservations and attending public schools did not generate money for the school districts. So the federal government decided to assist school districts financially, this also "encouraged" school districts to accept and educate Native American children. So you still have questions? Let us explain a little more...

As the history of Indian Education has transpired, the Johnson-O'Malley contract has grown into what is known as a "Self-Determination" contract. A "Self-Determination" contract is a contract, which allows the implementation and accountability to shift from outside a Native American community to the actual Native Community involved or affected. Also, as a component of "Self-Determination" we have a true interest and investment in the education of our children, we know what is best for our children. It gives us the ability to empower our parents and our students. We, as parents, know what goals we would like our children to reach. It allows us to create a path to work towards those goals. It is our duty as parents to decide what types of services our students need to reach academic success. Many school districts will obtain the JOM contract. The Los Lunas Public Schools does not hold the JOM contract due to the fact that the Pueblo of Isleta has that contract. Under

our contract we serve all Native American students enrolled in the Los Lunas Public School district and only the Isleta students enrolled in the Albuquerque Public School District. APS also has a JOM contract.

Our contract year begins January 1 and ends December 31. The process of applying for a contract begins in August. Under the federal guidelines we are required to have input from parents, this is met by requiring parents to complete a needs assessment. In August, as a part of the school supply distribution we request parents complete the Needs Assessment. Based on the Needs Assessment the foundation for the new contract year is put in place. An educational plan and proposed budget is created in collaboration with the Indian Education Committee (IEC). The IEC is a group of elected parents that assist in the planning and execution of the JOM contract. By October 31 the proposed contract and budget is forwarded to Bureau of Indian Education (BIE). The educational plan and proposed budget wait approval. When the President's Budget is approved and our contract is granted we will receive a letter from BIE informing us of the approval and amount of the award. This normally occurs in January. Last year the award amount for JOM was \$55,415. Our JOM Program has approximately 750-800 eligible students. This breaks down to about \$69.00-\$74.00 per student, not very much for an entire year of services. As our contract year winds down here are a list of services we provide: Back to school supply distribution, tutoring, educational trips, liaison services, and reimbursements.

Whew...so much information in such little time. We could go on and on about the history of JOM but there are other things we would like to share with you.

School Supply Distribution

At the beginning of the school year we gave school supplies to over 435 students. We provided cinch sacks and water bottles that sported the JOM logo and contact information to all these students. In addition to the basic school supplies we also provided close to 25 students with TI-83/84 calculators. These calculators are quite expensive and can cost up to 125.00/each. Based on last year's numbers we planned on providing supplies for about 300 students which was about 50 more students. We ran out of supplies and made another purchase for additional supplies. It was great to see an increase in the number of students that received school supplies. There are students out there that have not received their supplies; we have a few supplies remaining. You are more than welcome to come by and pick up supplies if you have yet to do so. It was awesome to provide supplies for so many students.

Tutoring

Our tutoring program seemed to have its own hang ups early on. Over the summer months after the summer programs ended the tutoring building became home to some unwanted guests. We had some mice take up residency in the tutoring building and due to the health risks involved with the mess they made we had to begin tutoring a few weeks later than what we would have liked. We had a professional cleaning company come and decontaminate the facility and remove hazardous material that these rodents left

behind. To end on a positive note! We have successfully provided tutoring services to several students. We have also added another block to the tutoring schedule. This block runs from 5:30- 6:30pm Monday thru Thursday. We have also purchased additional educational games and resources for students to utilize. Parents and students are more than welcomed to come to the tutoring center to utilize any of these awesome games that support learning.

Educational Trips

It is our goal to provide students with experiential learning opportunities. For many of our students going and visiting places that they have never been is one of the best educational experiences ever. We took a group of students to Chama to ride the Cumbres & Toltec Railroad. Our students learned so much from this experience. They learned how the trains operate, the importance of train/railroad communication and the history of the railroad in Northern New Mexico. We rode the train to Ossier, Colorado and back to Chama, NM. They enjoyed a wonderful lunch and were able to meet and spend time with students from other schools.

In November we had the pleasure of taking students to Bodies the Exhibition being held at the Albuquerque Convention Center. It was a wonderful way to expose students to actual human bodies and the body systems. We asked that parents use their own discretion to determine if their student would be respectful and appreciate such displays. The students that participated on this trip are interested in the medical field or had other interests as it may have pertained to family illness and such.

We had seven students total, four were high school students and three were in middle school. We planned on taking students to the National JOM Conference in Billings, Montana in October. However, the approval process took quite a bit longer than we expected. We received word three days before the conference that travel was approved. Students, parents and staff had given up and were not ready to attend this event on such short notice. We decided that these students will attend next year's National JOM Conference. True disappointment!

We have several interesting educational trips in the planning stages and more information will follow soon. Students that attend trips are required to complete a mini-project or report about what they have learned.

Reimbursements

Reimbursements for the beginning of the school year are coming to an end, if you are requesting a reimbursement for the first semester of school these must be submitted as soon as possible.

Reimbursements include ACT fees, SAT fees and Lab Fees. The **original receipt** from the school must be submitted to the JOM office as soon as possible. It can take up to two weeks to receive a reimbursement. We must have a CIB on file to process a reimbursement.

***Please note: At this time we are not reimbursing for graduation expenses.**

(Continued next page)

Family Activity Night

In October, we held our first family activity night for this school year. Students and their parents were invited to the JOM tutoring center for an evening of exciting games and fun activities. Everyone enjoyed games, even the adults! We had a race to wrap the perfect mummy. Teams of two were timed and required to wrap one another with rolls of toilet paper to make a life size mummy. We had lots of laughs! The other game geared for adults was the doughnut eating contest. Contestants were required to eat a doughnut hanging from a string with no hands. If the doughnut dropped the contestant was disqualified. Everyone had such an awesome time with plenty of laughs.

In November, we had a Thanksgiving Activity night, we provided a wonderful Thanksgiving Dinner to all that attended. Students made placemats for Thanksgiving and wrote their recipe for how to cook a turkey. They also decorated mini-people paper cut-outs and included what they were thankful for. We also held our parent meeting this same evening.

No Joke, This Really Happened

Over Halloween weekend the Old Elementary School was broken into and vandalized. The damage was severe. This is the third time that this building was the target of such ruthless, disappointing and unbelievable acts. The first time the building was broken into was towards the end of summer. The vandals gained entry and dispersed several fire extinguishers in the main hall. Unfortunately, Teacher Barbara from the Language program was forced to move her class outside to the grassy area to conduct her instruction. The toxic chemicals were too much to be around. Thankfully hazmat was able to take care of the hazardous chemicals and residue left behind from the culprits.

Within one week they hit again! The second time these individuals entered the building they targeted the classroom that Teacher Barbara was using. The individuals stole snacks from the classroom that were purchased for the students participating

in the language program. All the children were disappointed and upset that someone would steal from them.

The third break in occurred over Halloween weekend. On Friday, October 29, the JOM Program had an activity night in the tutoring building. Before leaving the premises we did a complete check to ensure that everything was locked up. Upon returning on Monday, we discovered that once again these same ruthless and disrespectful individuals came back. This time they caused an excessive amount of damage to the JOM Administrative office and the classroom used by the Boy scouts, not to mention the halls. These individuals got their sticky fingers on fire extinguishers. They gained access to our office, sprayed fire extinguisher in every corner including all over the computers and desks. These sticky finger culprits also stole several items from the JOM Administrative Office. They stole several Ti-83/84 calculators, a green camera, an I-pod dock (pink, white and black), and several sets of Bic Mark-It Markers, Sharpie Highlighters, a computer headset, a large unopened container of coffee and a juice box. They also stole several tents from the Boy scouts classroom. The cost of clean-up was tremendously high.

It is particularly disappointing because it appears that the individuals are from within our own community. On several occasions there have been groups of teenage boys and girls in or around the area of the Old Elementary. As parents, it is most definitely OUR responsibility to know where our children are and what they are doing, no matter the age. There seems to be more and more students roaming around from program to program with no intent to participate. IF your teen says they are involved in certain programs, contact the programs directly to make sure the student is where they are suppose to be. Here at the JOM Office, tutoring is provided on a sign-up basis. Students are assigned a time to come and receive services. These sessions are only 1-hour long.

We believe that students from our community know who is behind these callous acts. It's not humorous and it's definitely not cool. The programs affected are here for the

children. You are essentially hurting the community and your peers when malicious acts such as these take place. If you have any information regarding the break-ins, please contact the Isleta Police Department.

Up-coming events

The next round of educational trips will be to the Albuquerque Botanical Garden for the River of Lights Display on December 3 and 10. We are looking for parents to chaperone this event. Participation is available on a first come first serve basis. Dinner will be provided prior to attending this event.

Christmas Activity/Literacy Night — December 16th

Once again the J.O.M Program will be having a Christmas Activity/Literacy Night. We will be having arts & crafts, games, and of course Santa will be here! Families of J.O.M eligible students can stop by and enjoy good times and even take a picture with Santa Claus. As we did last year, we will have books available for students in all reading levels. We believe that every student should have a collection of books at home to practice and improve their reading. The book that they receive from J.O.M can be the start of their library or an addition to one they already have!

Working together for a better tomorrow!

We are also working with Jennifer Padilla and Juan Rey Abeita from Isleta Behavioral Health Services to develop an intervention/prevention program to help youth cope with suicide and drug use. There will be additional information available as this program begins to take shape. Any questions regarding this particular program, please contact Jennifer Padilla or Juan Rey Abeita at 505-869-5475.

If you are interested in any of the activities that are coming up in December, or any that might be in the works, please do not hesitate to give us a call 505-924-3189. We love to see new faces! We hope everyone has enjoyed their holidays so far and continue to have a safe and joy filled Christmas.

Geraldine, Beverly and Bernadette

ISLETA EARLY HEAD START

Introducing the Early Head Start Home-Based Option

Imagine your child two years from now, five years, ten years, as an adult. What do you want for your child? What do you want your child to learn? What kind of person do you want your child to be?

The Early Head Start home-based program option was created to help you help your child reach these goals—and others you may not have dreamed of yet. We believe in you! We are here to support you.

Once a week, a home visitor will come to your home. Your home visit will last 90 minutes. You, your spouse or partner, your child's brothers and sisters, and any other household members can all take part.

You will talk together about your child and how things are going for your family. Together you will plan activities for you to do with your child during home visits and during the week between visits.

Over time, as you get to know one another, you will become partners in helping your child grow and learn.

Twice a month, you and your child will meet with other children and parents. You will have time to get to know one another and share interesting experiences. Your home visitor will be there too. We call these meetings "socializations."

You can also take part in the program in other ways. One of the special things about Early Head Start is that mothers and fathers are truly involved. Your program, like every Early Head Start program, is designed to meet the needs of its children, families, and the community.

Your program will look to you and other parents for ideas to help shape the program policies and experiences for children and families.

We are looking for children ages 0 – 35 months who are Isleta Native/Descendant or who reside on the reservation. We have several slots waiting to be filled by families in this community.

We also have a program option for pregnant mothers, who are Isleta Native/Descendant, reside on the reservation, or who are expectant mothers of Isleta children.

For more information or to schedule an appointment to complete an application, call us immediately at 924-3160!



Pueblo of Isleta Veterans' Association

PUEBLO OF ISLETA WORLD WAR II

Pueblo of Isleta Veterans' Association Meets on Third Wednesday.

The Pueblo of Isleta Veterans' Association, which was at one time American Legion Post 209, will hold its next meeting on Wednesday 15 December 2010 at 6:30 PM at the old Headstart Building in Chical.

Since our change over from the American Legion, the Association has lowered its annual dues from \$32 to \$25 per year...and that's not all...all the dues stay within the Association. As an American Legion Post, we were obligated to send \$25 to national headquarters and we kept \$6. Any honorably discharged veteran may join the Association.

We look forward to having you at our next meeting. For more info, call Ulysses at 307-1582.



Johnnie B. Lujan

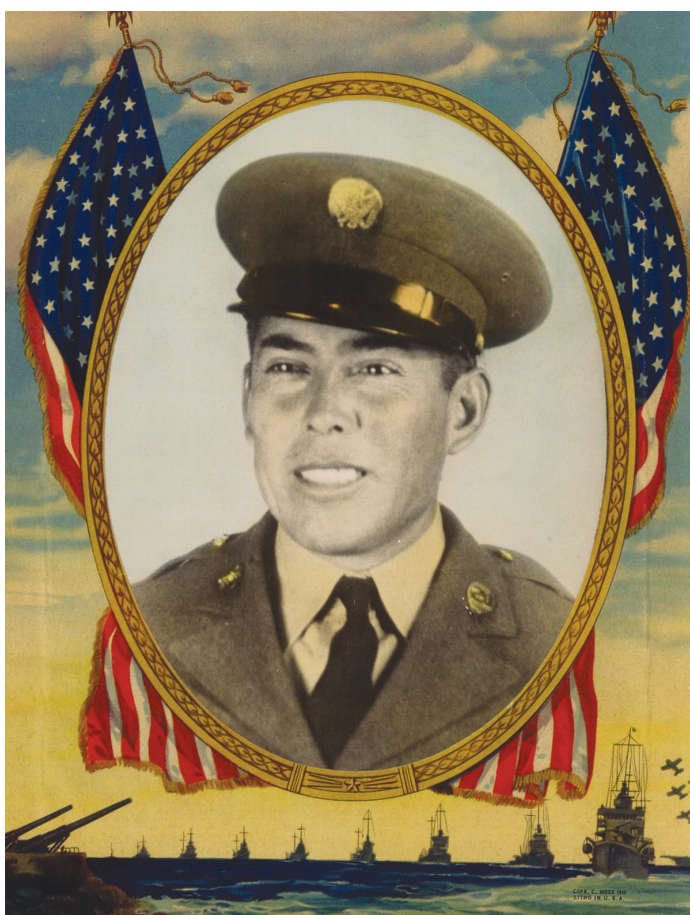
US Army/Air Corps. Served from 1942 — 1945 in Flight "C" 319th Fighter Squadron.



PFC Fred Zuni

US Army. Served from 12 August 1941 to 31 October 1945. PFC Zuni was a Machine Gunner and was Wounded in Action during the Invasion of Normandy in June 1944.

Esquipula Lujan was born June 10, 1911 here at Isleta Pueblo to Padro and Sanida Lujan. Esquipula was also known as "Pula" or "To-To Pula" by many people here at Isleta. Esquipula was drafted on February 21, 1942 at the age of 31. He was assigned to the United States Army a member of the 3460 Ordnance Medium Automotive Maintenance Company at Ft. Bliss, Texas. Esquipula served during World War II. His company was shipped off to Germany where he served for 2 years during the war. On December 31, 1945 Esquipula received orders to return state side and on January 15, 1946 he was Honorable Discharged from the Army and Military Service. Esquipula received the



Esquipula Lujan.

"American Theater Ribbon", "European-African Middle Eastern Ribbon", "Good Conduct Medal", "MM Rifle Medal", "Lapel Button", and "Victory Medal". Esquipula is survived by his Sons: Ted Lujan, Kenneth Lujan, Paul Lujan, and Daughter: Melissa Lucero. Grandchildren: Jacque Lujan, Melinda Lujan, Blossom Lujan, Michael Lucero, Nicole Lucero, Maureen Lujan, and Brandon Lujan. Great Grandchildren: Myah Martin, Kairi Lucero, Isaac Sangre, Jade Lucero, and Isaiah Martin.



PFC Jose Alcario Sangre

US Marine Corps. Served from 27 December 1942 to November 16, 1945. Served with the "Corps" as a Mortar Crewman, Rifleman, and Anti-Aircraft Machine Gun Crewman in the South Pacific. PFC Sangre was Wounded in Action on 13 June 1945.

ISLETA ELDERLY CENTER NEW EMPLOYEE

Hello, my name is Renee Chavez and I am the newly hired Activities Coordinator for the Isleta Elderly Center. Since I was born and raised in Albuquerque's South Valley and attended Rio Grande High School, I would like to begin by saying how excited and privileged I feel to be here to serve the Elders of Isleta Pueblo. I am married and have one daughter and two grandchildren. It is my belief that family is a gift that should always be treasured.

I am recently retired from the City of Albuquerque, Department of Senior Affairs, where I worked for 22+ years. My most recent position was Project Director for the Foster Grandparent Program (FGP). I have experience in developing recreational programs; promotion of services and activities; recruitment and management of volunteers, but primarily, providing direct service to Elders. During my years of service, I developed strong relationships with community partners and varied resources and look forward to utilizing these contacts to best assist me in my new position.

I would like to extend an invitation to the Isleta Community to please come by and visit with me at the Elderly Center or call me at 869-6661. I am interested in hearing about the different types of activities, field trips, guest speakers/topics, and ideas that you may have that will assist me in planning program activities. Also, if you have a talent and/or skill that you would like to share, I would love to have you provide a demonstration and possibly extend it to a weekly or monthly class. I know there is a lot of talent and expertise out there and what better way to encourage community and family.

In closing, I would like to invite ALL Elders 60+ to join us for a wonderful hot and nutritious meal served daily at 12:00 noon at the Isleta Elderly Center. This is a wonderful opportunity to visit with friends and family while enjoying the great meal. It is also an opportunity for me to meet you in person and hear what your comments are and/or to get your ideas.

I look forward to working with the Isleta Community.

Renee Chavez
Activities Coordinator, Isleta Elderly Center

Isleta Elderly Center Activities Calendar December 2010

A special invitation to the elders of our community!

The listed events are offered to elders of our community 60 years and older.

*December 7:	Wal-Mart (Shopping)	10:00 am - 2:00 pm
*December 7:	Caregiver Support Group	2:00 pm - 4:00 pm
*December 8:	Coronado Mall (Christmas Shopping)	10:00 am - 2:00 pm
*December 13:	Center Activity: "Make Your Own Christmas Centerpiece - Ginger Bread House"	9:00 am - 12:00 noon
December 14:	Cancer Support Group "Dealing w/the Holidays"	10:30 am — 12:00 noon
December 16:	General Meeting for Elders	9:00 am-12:00 noon
December 17:	Christmas Party "Winter Wonderland"	6:00 pm -9:00 pm
	Hors d'oeuvre / Entertainment / Dance / Santa	
	Please RSVP by December 13, 2010	

December 24: **Center Closed**

December 31: **Center Closed**

* = transportation available upon request.

Call Renee Chavez, Activities Coordinator at 869-6661 to schedule for transportation or for more information on these and/or other center activities.

Dementia and Alzheimer's Family Support Project

December 4:	Meet with families Call to register and select time	10:00 am — 4:00 pm
December 7:	Support Group Meeting Registration not required	4:00 pm — 6:00 pm
December 18:	Meet with families Call to register and select time	10:00 am — 4:00 pm
	To schedule a meeting call Barbara Owens, Family Support Specialist at (505) 379-9266.	

Freedom from Smoking

Take Back Control of Your Life!

8 sessions to help you
STOP SMOKING!

Session 1
(Thinking about Quitting)
Session 2
(On the road to freedom)
Session 3
(Wanting to quit)
Session 4 (QUIT DAY)
Session 5
(Winning Strategies)
Session 6
(The new you)
Session 7
(Staying Off)
Session 8
(Let's Celebrate)

**Want to
Stop Smoking?
SIGN UP FOR
FREEDOM FROM SMOKING.
SESSIONS HELD AT THE
ISLETA HEALTH CENTER
NEW CLASS STARTING IN 2011
@ THE CLINIC**



Contact
Stephanie Barela
at 505-869-4479



weekly prizes!

Help from Others
that are going
through the
same thing!

Nicotine Replacement Therapy
for those clinic patients
that attend the weekly sessions!

Albuquerque Family Advocacy Center

Abuse Training

Presented by: Dr. Renee Ornelas

December 16, 2010

Large Conference room at the Clinic.

Snacks provided.

Contact Stephanie Barela, 869-4479

**What to
Watch out for and
Patterns to look for in Sexual Abuse
and
General Signs and Symptoms**

**8am-9am for Providers,
what to look for and what to do if
you suspect abuse**

**9am-10am for general
Health Center Staff and Community,
general training on abuse**



Isleta Health Center

Call to sign up, space is limited!
Stephanie Barela, Health Educator
Isleta Health Center
505-869-4479

Health Beat

Are you a Freedom Fighter?

Isleta Health Center Health Educator
Stephanie Barela, 869-4479

**Are you fighting to stay smoke free?
Have you stopped smoking, but still
have the occasional urges and
struggles?**

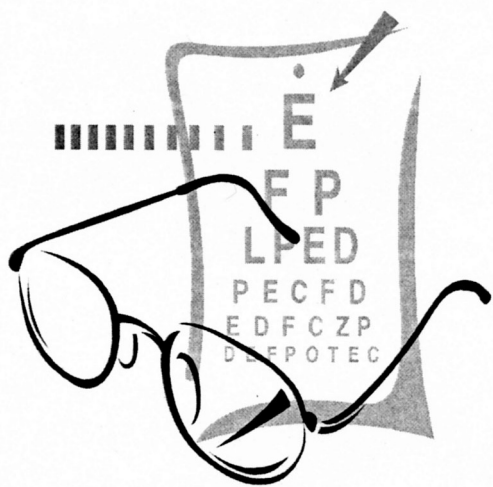
Join the Freedom Fighters Support Group to help you stay smoke free. We will meet 3 times a year at a Restaurant and share suggestions and tips on ways to stay smoke free.

Who: Former Smokers [this group is for people that are no longer smokers, if you are still a smoker and want to stop, then sign up for Freedom From Smoking (869-4479)]
What: Support Group that will meet quarterly at a Restaurant to share tips, support and suggestions on how to stay smoke free
When: March 28, 2011 at 5:30
Where: To be announced, probably Casa De Pizza
Why: Support to stay smoke free and meet others that are staying smoke free

Call Stephanie Barela at 869-4479 to sign up.

Isleta Health Center OPTOMETRY NEWS

Due to an increase in patient visits to the optometry department, we will be limiting the days we take orders for glasses to Mondays and Fridays only.



Please call 869-4080 if you have any questions or need to schedule an appointment.

Thank you,
Isleta Health Center Staff



WIC NOTES

They're here again...the holidays that is. With the holidays come family, friends and food. An unwelcome visitor can also make an appearance... food poisoning.

You may have heard of the salmonella outbreak this summer that led to the recall of eggs in many parts of the country.

Safe food-handling practices include:

- Eggs should be cooked thoroughly, until the whites and yolks are firm.
- For dishes containing eggs the internal temperature of the dish should reach 160 degrees F.
- Thoroughly clean your hands, as well as the surfaces and utensils that come into contact with raw eggs - an important step for avoiding cross-contamination.
- Separate eggs from other foods in your grocery cart, grocery bags and in the refrigerator to prevent cross-contamination.
- Keep eggs in the main section of the refrigerator, not the door. The temperature of the refrigerator should be between 33 and 40 degrees F.
- Eggs accidentally left at room temperature should be discarded after two hours, or one hour in warm weather.

*Here is the recipe from this month's WIC Nutrition Education Class.
It is so tasty we wanted to share it with the entire community.*

WIC Pumpkin Bread. Makes 1 loaf

Ingredients: 1-3/4 cups all-purpose flour
1 tsp. baking soda
3/4 tsp salt
1 tsp nutmeg
1 tsp cinnamon
1-1/2 cups sugar
2 eggs, beaten
1 cup of fresh pumpkin OR 8 ounces of canned pumpkin
• 1/4 cup water if pumpkin is fresh OR
• 1/3 cup water if pumpkin canned
1/2 cup vegetable oil
1/2 cup chopped pecans

DIRECTIONS: Preheat oven to 350 F. Combine flour, soda, salt, cinnamon, nutmeg and sugar in large mixing bowl. Add eggs, water, oil and pumpkin. Stir until blended. Add nuts. Mix well. Pour into two 9x5" loaf pans. Bake 1 hour. Cool slightly and take out of pans to let cool on a rack. This tastes best if you wrap, refrigerate and wait a day to eat it. It keeps well in the refrigerator and can be frozen.

Christmas Dinner Game: Thankful 4s

We spend so much time preparing for Christmas sometimes the true meaning of the holiday gets lost. Here is a fun game you can play with your entire family that will remind us all to count our blessings.

1. Cut large number 4s from paper (almost any kind of paper will do i.e. printer paper, construction paper).
2. Place one on each person's plate.
3. Just before dinner, have everyone write the things they are thankful for on their cutouts.
4. Go around the table and take turns sharing your list.

For a festive way to display your family's Thankful Fours, punch holes in each one, tie on a ribbon or string, and hang your creations from the Christmas tree, or light fixture, along a banister, or in a window.

*The WIC staff wishes to thank the
Tribal Council, Governor Benavidez,
Lt. Zuni and Lt. Lujan for the
Thanksgiving turkeys.*

*WIC staff also wishes everyone a Merry Christmas and Safe and
Happy New Year!*

Heidi Lanes, WIC Nutrition Coordinator


Catherine Denise Chewiwi

August 07, 1970 - November 06, 2010

The children and family of Catherine Chewiwi would like to extend their appreciation for the support received from the community during Catherine's passing. She was an extraordinary person with a big heart and bright smile.

We will miss everything about her and the person she was - our Mommy, Gramma, Auntie Cat, a wonderful

girlfriend, mother-in-law, cousin, sister, niece, and friend. Thank you to all who provided support and comfort to us throughout our loss. Words cannot begin to describe our gratitude. We pray that she will watch over you and your families as well

"Death is at once
The end of the body's
Old journey"

"And the beginning of the soul's
New journey." Author unknown

Interested in receiving emails regarding upcoming events at the Isleta Health Center?

Email Sbarela@islclinic.net to get on the list OR Call 869-4479

Not Feeling Well

1. Call Nurse Advice Line 1-877-725-2552
2. Follow Recommendations of Nurse
 - a. If he/she recommends you see a physician within a time span and the clinic is not open during that time and you do not have other insurance coverage which requires you to go somewhere else, go to NM Quick Care and present your Tribal ID.
 - b. If he/she recommends you see a physician within a time span that the clinic is open, then go to the clinic.
3. **Contact the Contract Health (CHS) office (869-4488) within 72 Hours**

If you do not follow these 3 requirements, you may be held Financially Responsible for any charges incurred at Quick Care.

Quick Care

Located: 1400 Main Street, Suite D in Los Lunas at the intersection of Main Street and Los Cerritos in the shopping center behind Quizno's.

Open: Monday through Friday until 9pm and Saturday & Sundays 10am -6pm

Need: Pueblo Census ID Card, which shows "I" Number (Financial Assistance can only be provided to enrolled tribal members and their Native American [minor] children and spouses.)

QUICK CARE is an URGENT CARE Service and should not be used for routine medical needs; it is not an emergency room. If the Nurse Advice Line recommends you go to an emergency room, then do so and report it to Contract Health within 72 hours. Individuals with insurance coverage should follow the rules of their coverage and may not be eligible for this Quick Care service.


Eileen C. Trujillo

You are the sunshine of our lives and the core of our hearts. Though you are gone we still have you watching over us. We think of you every day and smile and laugh about all the great times we had. We go on with what you have taught us. We miss you so much but you are now our guardian angel. You had so much love for your grandchildren and were so very proud of your family. Whenever anyone needed a helping hand, you were there.

If anyone needed a laugh, you were there. Through your own struggles you were there for all of us. You cared for everyone and had so much faith. This you have taught us and left us to continue to be strong like you. We will forever have you in our hearts while you guide our way. We love you mom!

On behalf of Eileen C. Trujillo's family we sincerely thank the community for your support throughout the loss of a very special woman. She will forever be missed and forever be loved.

HEALTH SERVICES

CONTRACT HEALTH SERVICE

NOTICE TO ALL PATIENTS BEING REFERRED BY ISLETA HEALTH CENTER TO CONTRACT HEALTH PROVIDERS

A patient may be referred by an Isleta Health Center doctor or dentist when the service needed cannot be provided at Isleta Health Center.

A referral to another health care provider-DOES NOT GUARANTEE that Contract Health Services (CHS) will authorize payment. Payment authorization is separate and dependent upon the individual's eligibility for the CHS program, the CHS care priorities, and the patient's coverage by or eligibility for alternate financial resources.

Alternate financial resources include private insurance, Medicare, Medicaid, Workers Compensation, motor vehicle insurance, Veterans Administration, Children's Medical Services, etc.

Individuals who are determined to be ineligible under the CHS Program WILL BE RESPONSIBLE FOR PAYING any expenses incurred with a health care provider via the referral.

Eligibility under the Isleta CHS Program is determined by a number of factors, including enrollment as a member of the Isleta tribe, residence on or near the Isleta reservation, age (minor/adult status), and marriage to an enrolled Isleta member.

For more information regarding Contract Health Services, please call the CHS Office at (505) 869-4488 between the hours of 8:00 AM - 4:30 PM, Monday through Friday.

Early in Pregnancy & Late In Pregnancy

Early in Pregnancy

Nutrition/Oral Health
Common Discomforts
Pregnancy and Exercise
Relation Tips
Keeping yourself safe and healthy
Stages of Labor
When to Call your Doctor

Late in Pregnancy

Stages of Labor
Breathing Techniques
What Happens Late in Pregnancy
Comfort Techniques and Positions
Labor Video
Signs of Labor

**Call to get more
information
and to sign up!!**

2 Session class on Pregnancy and Labor



Contact
Stephanie Barela
at
505-869-4479



January 2011

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Happy New Year				1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	37	28	29
30	31					

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