



# Isleta Pueblo News

Volume 7 Issue 12

December 2012

## From the Desk of Governor Frank Lujan

I hope that all of you had a wonderful Thanksgiving, and I hope and pray that you will all have a joyous holiday season.

I want to congratulate 1st Lieutenant Governor Eddie Paul Torres on his election to serve as the next Pueblo of Isleta Governor. I have total confidence in his experiences and abilities, and I know that he will successfully lead the Pueblo towards a prosperous future. He has the utmost respect for the Pueblo of Isleta, its culture and traditions, and for all people. I also want to congratulate 2nd Lt. Gov. Antonio Chewiwi on his appointment to serve as 1st Lieutenant Governor. As of this writing, Governor - Elect Torres has not yet named the 2nd Lieutenant Governor. I'm sure Governor Torres will announce his selection as soon as possible.

Congratulations to all the newly elected Tribal Council members. This council brings a wealth of knowledge and experience, and it is my hope that these elected tribal leaders will work for each of us and not for their own personal well-being or agenda. I pray that the Creator will give them strength, knowledge, courage, give them patience and give them guidance, for this is what it takes to be an effective leader. Most important, that they will serve with honesty, work together and with pride. I believe that the Pueblo of Isleta will continue on the path to prosperity while preserving our customs and traditions.

There are many challenges and unfinished work that needs to be done. With the leadership of Governor-Elect Torres, projects that we started will be finished, new projects will start, legal challenges will be met with vigor, such as gaming and water rights. I ask that you give our leaders your support and encouragement.

I want to thank our Creator, and thank you for giving me the opportunity to serve as your Governor for the Pueblo of Isleta. Thank you for your prayers, for your support, for your encouragement to lead and fight to protect and preserve our customs and traditions, our sovereignty, our natural resources, and enhance our economic opportunities, provide health care, and work hard to provide educational opportunities for our people. I want to thank my Lieutenant Governors and their families for their hard work in working with me for you. The biggest THANK YOU goes to my mother, my children, my brother and sisters, and my entire family for their support. Lastly, to the wonderful and professional employees of the Pueblo, thank you for all you have done for our community and I know you will continue to provide services with pride and enthusiasm. You all became my friends. May God Bless each and every one of you and your families.

**HAPPY HOLIDAYS TO ALL OF YOU!!!**

The Pueblo of Isleta has recently asserted claims against I.H.S. and BIA for unpaid contract support costs dating back to 2006. As some of you may know, the issue of contract support costs against these agencies is currently being litigated in federal courts. Under the advice of our legal counsel, the Pueblo of Isleta is in the process of calculating contract support costs and filing claims with the agencies. This process will take some time, as Indian tribes from all over the Country are also filing similar claims. We hope to start receiving funds owed to the Pueblo of Isleta in the future based on our filings.

The University of New Mexico will be transferring title of the Pottery Mound property (13 acres) to the Pueblo of Isleta in early December. Pottery Mound is located southwest of the Isleta Reservation near Comanche Ranch and along the Rio Puerco. The Pueblo would like to thank everyone who has helped make this transfer a reality.

In the near future, Tribal Council and Governor's Office will determine whether to request the Department of Interior to put the land into trust status. The newly formed Isleta Department of Cultural and Historic Preservation will be the point of contact for management and preservation of this parcel.

Tribal Council has formally decided to discontinue the AmeriCorp grant effective November 30, 2012. The Pueblo of Isleta has been managing the grant for two years now. Based on events out of the control of the Pueblo, the Pueblo has decided to discontinue the grant until such time as the Pueblo has sufficient staff and other resources to manage the grant. The Tribal Council and Governor's Office will decide shortly whether to re-apply for an AmeriCorp grant in 2013. Thank you to all our tribal members who have participated in this federal program.

## *HAPPY HOLIDAYS!!!*

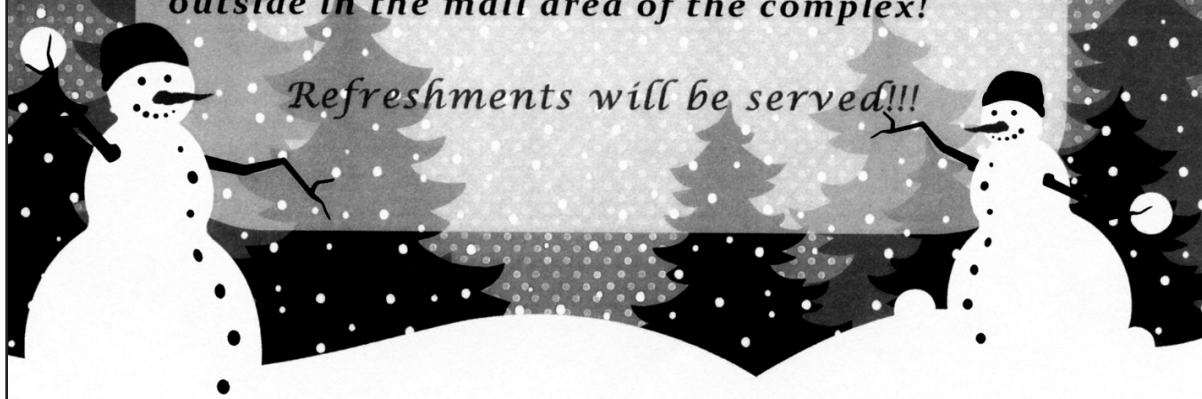
*You are invited to a Holiday Celebration hosted by the Pueblo of Isleta and the Isleta Business Corporation on Thursday, December 13th, 2012, at the Isleta Tribal Services Complex from 5:30 PM to 8:30 PM.*

*Santa Claus will be there handing out gifts to our children, door prizes, singing, and other activities will be on-going throughout the evening.*

*Come join us in bringing the community together to celebrate this joyous season.*

**PLEASE DRESS WARM—the event will be held outside in the mall area of the complex!**

*Refreshments will be served!!!*





PUEBLO of ISLETA

CERTIFICATION OF THE 2012 GENERAL ELECTION

The following are the results of the General Election held on **November 24, 2012.**

Total Number of 2012 Tribal Member Eligible Voters	2731	Total Number of 2012 Registered Tribal Members	
Total Number of 2012 Tribal Member Registered Voters	1098	Who DID NOT Vote for Governor	13
Total Number of 2012 Eligible Tribal Members Voters		Total Number of 2012 Registered Tribal Members	
Who DID NOT Register	1633	Who DID NOT Vote for Tribal Council	0
Total Number of 2012 Tribal Member Voters	890	Total Number of 2012 General Election	
Total Numbers of 2012 Registered Tribal Members		INVALID Nomination Ballot(s) for Governor	7
Who DID NOT Return to Vote	208	Total Number of 2012 General Election	
Total Number of 2012 Votes for Governor	877	INVALID Nomination Ballot(s) for Tribal Council	6
Total Number of 2012 Votes for Tribal Council	890	Unaccounted Ballot(s) for Governor	0
		Unaccounted Ballot(s) for Tribal Council	1

NUMBER OF CANDIDATE VOTES FOR GOVERNOR

Leonard Abeita (78)      Robert L. Lucero (240)      Edward Paul Torres, Sr.(552)

NUMBER OF CANDIDATE VOTES FOR TRIBAL COUNCIL

Edward Tony Abeita(24)	Regina D Jojola(4)	Diane L Peigler(24)	Fernando Abeita(51)
Beatrice J Lente(32)	Kenneth L Reid(12)	Jimmy Abeita(65)	Michael A Lente(67)
Barbara J Sanchez(87)	Juan Rey Abeita(62)	Michael (Charlie) Lente(20)	Charlene F Seidl(32)
Cynthia L Jaramillo(59)	Joseph R (Cougar) Lucero(50)	Verna Teller(52)	Larry B Jaramillo(80)
Marcelino A Lucero(3)	ReGina J Zuni(15)	C Phillip Jiron(48)	Ron Olguin(11)
Ralph Douglas Jiron(51)	Josephine Padilla(34)		

A Happy and Joyous Holiday Season

On behalf of the Isleta Realty Office staff, John, Faron, Patricia, Priscilla, Benny and Ray, here's wishing you and your families a Happy and Joyous Holiday Season. We thank you for giving us the opportunity to serve you and we look forward to serving you in the future. We would also like to congratulate the newly elected Tribal Officials and thank those leaving office for a job well done.

Americorps Food Drive...a Success

On behalf of the Pueblo of Isleta Americorps Program and the Department of Education, I would like to "Thank" everyone for their donation of non-perishable food items received in the last few weeks. Your food donations are sincerely appreciated, and I know that families who receive the food donations will be very grateful. To ensure neutrality in selecting families who may benefit from this project, our office has partnered with POI Social Services, Behavioral Health, and the WIC Office to select the families.

With Heartfelt Thanks, we would also like to thank all POI employees who have donated at their work sites. This project would not have been a success without your help.

Myra Garro, Workforce Program Coordinator

Ham Distribution

**DATES:** Monday, December 17, 2012 & Tuesday, December 18, 2012

**WHERE:** Isleta Elderly Center

**TIME:** 8:00 a.m. to 6:00 p.m.

**FOR:** Eligible Tribal Members living in Isleta Pueblo, Los Lunas, Belen, Bosque Farms, Albuquerque,Rio Rancho and Bernalillo ONLY!!

Individuals must provide proof of tribal membership. Only one ham per household. Your cooperation will be appreciated.  
Thank you! Frank Lujan, Governor

PUBLIC NOTICE

A Petition to Probate the Estate of Joseph A. Juancho Jr., deceased November 8, 2011, has been filed in the Isleta Tribal Courts. Any person claiming interest in the estate is hereby requested to notify the Isleta Tribal Court Clerk within thirty (30) days from the date of this notice being posted.

Claims must be filed in writing and filed with the Isleta Tribal Court. If you have any questions, contact the Isleta Tribal Court Clerk at (505) 869-9699.

Pueblo of Isleta Veteran's Association

The POI Veteran's Association .... Next meeting will be on Wednesday, 19 December 2012 at 6:30 PM. Tentative meeting site will be the Old Headstart, dependent on how low the temperature drops, as the heater went out. At that time we will continue discussion of our Veteran's Center project.

We are working on our capital outlay proposal...hopefully, the NM State Legislature will be kind enough to appropriate \$2,500,000 to help with the construction of our proposed Veteran's Center in Los Charcos. We recently met with our State Representatives, Alonzo Baldonado and Kelly Fajardo, and we have received enthusiastic support for our project. Rep. Baldonado will be submitting our proposal to the State Legislature. We hope to meet with other legislative representatives in the near future, who will support our project.

The Association would like to extend a big "Thank You" to the Hard Rock Casino Albuquerque for the Veteran's Day Celebration on behalf of our Veterans and their families. Also, we want to thank the Americorps Volunteers:

- Brandon Tewaheftewa
  - Sydney Abeita
  - Felicia Romero
  - Gilbert Henry
  - Juan Delgado
- And Myra Garro, Americorps Coordinator

If you have any questions on Veterans issues...call Ulysses at 307-1582.

Theresa Zuni, NM Department of Veterans Service Officer

Theresa will commence with her schedule to meet with Veterans at the POI Library starting in January 2013. Times and dates of when Theresa will be available will be published in the Newsletter.

For further information, call Theresa at 505-841-5346.

PUBLIC NOTICE

A Petition to Probate (No. CV-PR-0668-2012) the Estate of Wesley L. Abeita, deceased November 8, 2001, has been filed in the Isleta Tribal Court. Any Person claiming interest in the estate is hereby requested to notify the Tribal Court Clerk within 30 days from the date of this notice being posted.

# PUEBLO of ISLETA DIRECTORY

Name / Dept.	Direct #	Ext
<b>ADMINISTRATION</b> Fax # 869-7596		
<b>Front Desk</b>	<b>869-3111</b>	<b>3111</b>
Front Desk Backup		9330
First LT. - Eddie Paul Torres, Sr.	869-9761	9761
Governor Frank Lujan	869-3994	3994
Montoya, Elaine	869-9762	9762
Second LT - Tony Chewiwi	869-9763	9763
Sutherland, Carmela	869-9760	9760

<b>APPELLATE COURTS</b> Fax# 869-9758		
Appeals, Admin	869-9692	9692
Appellate Chief Justice	869-9693	9693

<b>ATTORNEY</b> Fax # 869-7591		
<b>Cherino, Miriam</b>	<b>869-9716</b>	<b>9716</b>
Padilla, Pablo		9716

<b>CENSUS</b> Fax# 869-7597		
Chavez, April	869-9765	9765
<b>Jiron, Chris</b>	<b>869-9766</b>	<b>9766</b>
Lujan, Michelle		9362
Mariano, Nanette		9361

<b>CONSERVATION</b> Cell #		
Main Number	869-0903	620-8670

<b>CULTURAL AFFAIRS</b> Fax # 869-7581		
Jaramillo, Valentino	869-9768	9768
<b>Lucero, Natellia</b>	<b>869-9767</b>	<b>9767</b>

<b>DEPARTMENT OF EDUCATION</b> Fax # 869-7573		
Abeita, Ulysses		9316
Chavez, Evangeline	869-9793	9793
DOE-Conf Room		9317
DOE-Data Specialist		9311
DOE-Distance Learning Lab		9314
DOE-File Room		9315
Garro, Myra	869-9792	9792
<b>Jiron, Leona</b>	<b>869-9790</b>	<b>9790</b>
Lujan, Paul	869-9795	9795
Padilla, Jennifer	869-9794	9794
Vacant - DOE Director	869-9791	9791
<b>LANGUAGE PROGRAM</b>		
Language Program 1	869-9779	9779
Language Program 2	869-9780	9780
Language Program 3		9352
<b>JOM PROGRAM</b>		
Jojola, Geraldine		9360
<b>Piro, Beverly</b>	<b>869-9810</b>	<b>9810</b>
Vacant - JOM Tutor	869-9778	9778

<b>ELEMENTARY SCHOOL</b>		
Main Number	869-2321	

<b>HUMAN RESOURCES</b> Fax # 869-7579		
Calderon, Douglas 'Olin'	869-7588	7588
Jiron, Carol	869-7587	7587
Lujan, Dolores	869-9764	9764
<b>Mosteller, Amber</b>	<b>869-7584</b>	<b>7584</b>
Padilla, Iris	869-7585	7585
Records Assistant		9359
Romero, Bernadette	869-7586	7586

<b>Health Center</b>		
Main Number	869-3200	

<b>ELDERLY CENTER</b> Fax # 869-7593		
Chavez, Renee		9336
Chiwiji, Lynette	869-9773	9773
Elderly, Kitchen	869-9774	9774
Jaramillo, Nicole		9333
Jiron, Edna		9334
Jojola, Clem	869-9769	9769
Jojola, Jeffery	869-9772	9772
Jojola, Rita	869-9771	9771
Lucero, Elizabeth		9337
Lucero, Patricia		9338
<b>Salazar, Terry</b>	<b>869-9770</b>	<b>9770</b>
Tewaheftewa, Natasha		9332
Zuni, Shirley		9339

<b>FIRE DEPARTMENT</b>		
Fire Dept.-Kitchen	869-9725	9725
Jojola, Robert	869-9724	9724

<b>HEADSTART</b> Fax # 869-7578		
Class Room 1 / Child Care		9365
Class Room 2		9366
Class Room 3		9367
Class Room 4		9368
Class Room 5		9369
Class Room 6		9370
Class Room 7		9371
Class Room A		9300
Class Room B / 1 Yr. Old		9372
Class Room C		9301
Gonzales, Rebecca	869-9802	9802
Headstart, Conf Room		9303
Headstart, Garage		9304
Headstart, Kitchen		9306
Home Visitors		9308
<b>Jojola, Lila</b>	<b>869-9796</b>	<b>9796</b>
Jojola, Patty	869-9806	9806
Pesina, Andrea	869-9804	9804
Romero, Sandra	869-9801	9801
Sanchez, Molly	869-9797	9797
Santana-Price, Jessica	869-9803	9803
Shije, Laura	869-9800	9800
Sick Bay		9309
Socialization Room		9805
Staff Lounge		9310
Therapy Room		9070
Vacant-HDSTRT-Disab Cord	869-9799	9799
Vacant-HDSTRT-Mental Hlth	869-9807	9807
Vacant-HDSTRT-Nutrtn Cord	869-9805	9805
Valdez, Michelle	869-9798	9798

<b>HOUSING</b> Fax # 869-7595		
Herrera, Sheila		9341
Vacant - HM Loan Asst		9349
James, Denny		9342
Jojola, Rachel		9343
Knight, Patricia		9344
Lente, Bernadette		9345
<b>Lente, Joanne</b>	<b>869-4153</b>	<b>4153</b>
Lujan, Renee	869-9775	9775
Rader, Muoi		9348
Sandoval, Frances		9350
Sangre, Leo		9351
Scott, Lisa	869-9776	9776
Vigil, David		9347

Updated: November 8, 2012



Name / Dept.	Direct #	Ext
<b>HARD ROCK CASINO &amp; RESORT</b>		
Hard Rock Main Number	724-3800	
Fun Connection	724-3866	
Golf Course	848-1900	
Hotel	848-1999	
Lakes	244-8102	
<b>REGULATORY</b> Fax # 244-8253		
Aragon, Darlene	724-3940	
Benavides, Jody	724-3934	
Chewiwi, Dorella	724-3936	
Crespin, Frank	724-3932	
Dolan, Tab	724-3834	
Esquibel, Marlene	724-3955	
Finch, Melissa	724-3935	
Jojoba, Jeanette	724-3927	
Lujan, Colleen	724-3924	
Montoya, Odessa	724-3926	
<b>Receptionist</b>	<b>244-8139</b>	
Regulatory Conference Room	724-3942	
Sanchez, Patrick	724-3943	
Smith, Kristie	724-3946	
Speidel, Priscilla	724-3945	
Torres, Shannon	244-8186	
Vacant Regulatory	724-3938	
Vacant Regulatory	724-3944	

<b>IBC</b> Fax # 869-9755		
<b>Abeita-Chavez, Judy</b>	<b>869-9729</b>	<b>9729</b>
Correa, Erline	869-7568	7568
Gutierrez, Keyna	869-9685	9685
IBC Cubical -1		9001
IBC Cubical -2		9002
Martin, Robert 'Chip'	869-9731	9731
Mishra, Elli	869-9682	9682
Owens, Jamie	869-9749	9749
Ruffin, Brandi	869-9748	9748
<b>COMANCHE RANCH</b> Cell #		
Abeita, Martin	917-4217	
<b>ONE STOP</b> Fax # 869-5841		
One Stop Counter		9004
One Stop Office	869-5425	5425
<b>TRAVEL CENTER</b> Fax # 869-3151		
Travel Center - Office	869-9686	9686
Travel Center - Counter		9005

<b>LIBRARY</b> Fax # 869-8119		
Library Courtesy Phone		9302
<b>Library Front Desk</b>	<b>869-9808</b>	<b>9808</b>
Lujan, Nathaniel	869-9809	9809

<b>MIS</b> Fax # 869-7592		
Brieno, RD	869-5262	5262
Daniels, CJ	869-5263	5263
Flores, Raul	869-9688	9688
Grieb, Ralph	869-5265	5265
Honeycutt, Terry	869-5266	5266
Jaramillo, Karen	869-5267	5267
Vacant - Network Admin	869-5264	5264
<b>Zuni, Elaine</b>	<b>869-5261</b>	<b>5261</b>
Zuni, Melanie	869-5268	5268

<b>NATURAL RESOURCES</b> Fax # 869-7594		
Abeita, Catherine	869-7560	7560
Chavez, Arnold	869-7561	7561
Chewiwi, Darin	869-7562	7562
Jiron, Frank	869-7563	7563
<b>Jojoba, Roberta</b>	<b>869-2710</b>	<b>2710</b>
Lente, David	869-9690	9690
Lucero, Ruben	869-7564	7564
Lujan, Randy	869-7566	7566
Montoya, Ramona	869-7565	7565
Vacant - Eviron Resp Mgr.	869-7567	7567
Vacant - NR Director	869-5748	5748
Walker, Cody	869-9623	9623
Zuni, Ryan	869-9689	9689

<b>POLICE DEPARTMENT</b> Fax # 869-9756		
<b>Abeita, Mary</b>	<b>869-9704</b>	<b>9704</b>
Capt - Mariano, Kevin	869-9711	9711
Chief - Alvarez, Vernon	869-9707	9707
Gomez, Vince	869-9713	9713
<b>Jiron, Juana</b>	<b>869-9705</b>	<b>9705</b>
Jiron, Theresa	869-9708	9708
Jojoba, Edwina	869-9702	9702
Lt - Miller, DJ	869-9706	9706
Maestas, Gerald	869-9694	9694
Mitamura, Sharon	869-9722	9722
Officer, 1	869-9742	9742
Officer, 2	869-9743	9743
Officer, 3	869-9744	9744
Officer, 4	869-9745	9745
PD Booking	869-9733	9733
PD Briefing	869-9728	9728
PD Evidence	869-9737	9737
PD Lobby		9898
Sgt - Mallon, Darin	869-9714	9714
Sgt - Milane, Linda	869-9740	9740
Sgt - Powers, Stu	869-9712	9712
Sgt - Reyes, Juan	869-9710	9710
Traffic Officer 1	869-9709	9709
Traffic Officer 2	869-9723	9723
Vacant - Detective	869-9741	9741
Vacant - PD	869-7570	7570
Vacant - Sgt	869-9739	9739
Valencia, Bernadette	869-9703	9703
<b>DISPATCH</b> Fax # 869-7582		
Emergency Dispatch	869-3030	
Sosa, Dennis	869-7570	7570

<b>POST OFFICE</b>		
Main Post Office Number	869-3907	

<b>PUBLIC WORKS</b> Fax # 869-9687		
<b>Receptionist</b>	<b>869-9782</b>	<b>9782</b>
Candelaria, Michael		9356
Chavez, David		9357
Chavez, Patrick	869-9781	9781
Lente, David M		9355
Abeita, Nadine		9353
Transfer Station	869-4106	4106
Water Treatment Office		9089
Water Treatment Plant	869-3906	
Weldon, James		9358

<b>REALTY</b> Fax # 869-9759		
Candelaria, Faron	869-5277	5277
Chewiwi, Priscilla	869-5278	5278
Jojoba, Ray	869-5279	5279
Lente, Benny	869-5280	5280
<b>Lujan, Patricia</b>	<b>869-0710</b>	<b>0710</b>
Romero, John	869-5281	5281

<b>RECREATION CENTERS</b> FAX #		
Pickle Heights	869-5741	869-7612
<b>Main Rec Center</b>	<b>869-8557</b>	<b>869-0323</b>
Rick Giron	Cell # 362-2844	

<b>SOCIAL SERVICES</b> Fax # 869-7575		
Abeita, Pat	869-5282	5282
Daily, Caroline	869-5283	5283
Gomez, Lynn	869-5284	5284
Lucero, Larry	869-5285	5285
Newell, Frances	869-5287	5287
Social Serv Financial	869-9754	9754
Social Serv Financial 2	869-5286	5286
<b>Wacoda, Nadine</b>	<b>869-2772</b>	<b>2772</b>
Yalch, Jackie	869-5288	5288



Name / Dept.	Direct #	Ext
<b>ST. AUGUSTINE CHURCH</b>		
Main Church Number	869-3398	

<b>TRIBAL COUNCIL</b>		<b>Fax # 869-5276</b>
Council President	869-9717	9717
Council Public Conf Room	869-9720	9720
Council Secretary	869-9718	9718
Council Work Area	869-9719	9719
Mariano, Rochelle	869-9695	9695
<b>Zuni, Sara</b>	<b>869-9746</b>	<b>9746</b>

<b>TRIBAL PLANNING</b>		<b>Fax # 869-9732</b>
Ballay, Shawna	869-9683	9683
Vacant - Planning	869-7589	7589
Lente-Browning, Michelle	869-9684	9684
<b>Vacant - Admin Asst.</b>	<b>869-4964</b>	<b>4964</b>
Vacant - Planning Director	869-4965	4965

<b>TRUANCY</b>		<b>Fax # 869-7574</b>
Truancy Main Number	869-3870	

<b>TRIBAL SERVICES COMPLEX</b>		
<b>Abeita, Laura</b>	<b>869-5295</b>	<b>5295</b>
Jiron, Marvin	869-5274	5274
Torres Jr., Eddie	869-9730	9730
TSC - Conference Room A		9734
TSC - Conference Room B		9735
TSC - Fitness Center	869-9726	9726
TSC - Shipping & Rec	869-9805	9805

<b>TREASURY</b>		<b>Fax # 869-5275</b>
Begay, Gilbert	869-5290	5290
Benavidez, Frances	869-5291	5291
Cereceres, Loraine	869-5292	5292
Chavez, Lurlaine	869-5293	5293
DeFlon, Eric	869-5294	5294
Elliott, Patty	869-5296	5296
Esser, Charlotte	869-5297	5297
Jaramillo, David	869-5299	5299
Montoya, Sandra	869-5260	5260
Serna, Lucas	869-5270	5270
Steffen, Debrah	869-5271	5271
Teller, Andrew	869-5272	5272
Vacant - Treasury	869-5289	5289
<b>Valdez, Renay</b>	<b>869-1808</b>	<b>1808</b>
Vetter, Cyndi	869-5273	5273

<b>PROCUREMENT</b>		<b>Fax # 869-7580</b>
Anzara, Kristin	869-9738	9738
Jojola, Patty	869-5269	5269
<b>Lente, Valerie</b>	<b>869-7569</b>	<b>7569</b>
Lucero, Maggie	869-9691	9691

<b>TRIBAL COURTS</b>		<b>Fax # 869-9747</b>
Choneska, Aaron		9699
Jaramillo, Ernest		9699
Jiron, Dana	869-9696	9696
Jiron, Edwina	869-9697	9697
<b>Lucero, Denise</b>	<b>869-9699</b>	<b>9699</b>
Lucero, Eulalia	869-9701	9701
Medina, Robert		9699
Receptionist - Tribal Courts		9899
Tribal Courts-Conf. Room	869-9736	9736
Vacant - Tribal Courts		9053

<b>WIC</b>		<b>Fax # 869-7571</b>
Blea, Becky		9320
Dominguez, Conference		9321
Dominguez, Mary	869-9811	9811
Esquibel, Janelle		9322
Flores, Darlene		9323
Kiraly, Jeanette		9325
Lanes, Heidi	869-9812	9812
<b>WIC Main Number</b>	<b>869-2662</b>	<b>2662</b>
WIC, Assessment Office		9324
WIC, Exam Room		9327
WIC, Kitchen		9326
WIC, Recep1		9328
WIC, Recep2		9329

## Language Program:

We would like to thank everyone who took the time to complete our survey during the turkey distribution. All data is being inputted in the computer and will be shared once it is all compiled.

Please don't forget about our language classes currently being offered. Please see advertisement in this news letter. If you have any questions please feel free to call 505-869-9795

## ***Listen, Learn, & Pass it On!***

Tiwa Language classes offered to any and all Isleta people who want to learn the Isleta Tiwa Language. Classes are at the Old Elementary School and everyone is encouraged and welcome to attend.

### **Tiwa 101 Beginning Tiwa**

Monday thru Friday

10am to 11am & 1pm to 2pm

**\*\*Also available by appointment.**

### **Tiwa 201 Intermediate and Tiwa 301 Advanced**

Monday: 6pm to 8pm

Tuesday: 5:30pm to 8pm (total immersion class)

Thursday: 6pm to 8pm

Saturday: 12pm to 2pm

The Department of Education Language Program has began discussions with Tribal Officials and Leaders regarding the implementation of technology as a teaching and learning tool for the Tiwa Language Classes. Please keep in mind, these new changes will occur slowly over time. We will keep everyone informed as this process takes shape and these new methods are implemented.

## Language Program

Department of Education Phone: 505-869-9795  
P.O. Box 1270 Fax: 505-869-7573  
Isleta Pueblo, NM 87022 E-mail: poi08200@isletapueblo.com

*For More information Please contact Paul lujan.....*





ISLETA TRIBAL ENROLLMENT/CENSUS OFFICE  
ATTENTION: INDIVIDUAL INDIAN MONEY (IIM) ACCOUNT HOLDERS

The Office of Special Trustee (OST) for American Indians in conjunction with the Isleta Tribal Enrollment/Census Office is attempting to locate Isleta Pueblo tribal members with an Individual Indian Money (IIM) account or for whom per capita judgment funds are held.

There are two lists: one contains the names of adults whose whereabouts are unknown and their per capita share is held in a tribal trust holding account, the other is a list of individuals with an IIM account whose current address is unknown.

Minors with an IIM account may access their funds upon reaching 18 years of age, providing they are able to manage their financial affairs on their own. Individuals not able to manage their financial affairs, as defined in 25 CFR 115.002, should be reported to the BIA Social Services, Southern Pueblos Agency, at (505) 563-3748 at least 120 days prior to their 18th birthday. The Social worker will need to assess whether the individual's account should be supervised as an adult.

The Tribal Enrollment Office has the form OST 01-004/6 to give any minors who reach the age of 18 to complete for access to their account. The account holder will need to sign and date the form on or after their 18th birthday. The account holder may request all of their IIM funds and the account will be closed or they may request a voluntary hold. Under the voluntary hold option, the account holder may request funds for a one time disbursement, indicating the amount to be disbursed, or they may schedule payments of their IIM account funds. The frequency for the scheduled payments may be disbursed monthly, quarterly, weekly or bi-weekly, indicating the exact dollar amounts. The payments may also be made to a third party.

The account holder may also choose a method of payment in the form of direct deposit or by check, which will be mailed to the address indicated on the statements that were mailed to the account holder by the OST.

For information on updating your account, or to request a form, please contact April V. Abeita, Tribal Enrollment Coordinator at (505) 869-9765 or Peter J. Fredericks, Fiduciary Trust Officer at (505) 563-3564.

Pueblo of Isleta Gaming Regulatory Agency  
New Employees

PATRICK SANCHEZ - Executive Director of Pueblo of Isleta Gaming Regulatory Agency.

Mr. Sanchez was formerly the Executive Director at Tesuque Gaming Commission. He also served as Director of Investigations and Compliance at Santa Ana. Mr. Sanchez has approximately eleven (11) years of experience in the Gaming Industry with much of that experience in the Compliance and Investigative Departments. Mr. Sanchez brings valuable gaming experience along with great knowledge and insight in the Gaming field. Mr. Sanchez is married with 3 grown children and resides in Bernalillo, New Mexico.

MELISSA FINCH-Inspector

Before coming to Isleta Gaming Regulatory Agency, Melissa worked in Poker at Hard Rock Casino Albuquerque. Melissa was a Poker Supervisor for 14 years and prior to Poker she worked in the Cash Handling Departments for 4 years. She enjoyed working in Poker. She expressed meeting a lot of nice people and learned many aspects of gaming. Melissa resides in Albuquerque with her husband and three children. Melissa is a member of Ohkay Owingeh.

AMBER MOSTELLER-Receptionist

Before coming to the POI Regulatory Agency, Amber worked in the Human Resources Department for approximately 7 months. Amber feels that she obtained great knowledge and valuable working experience with the HR department that she will apply in her position with the Pueblo of Isleta Gaming Regulatory Agency.

Amber is a Isleta Pueblo Tribal Member and is recently married with one daughter. Amber is enthusiastic to be working for the Pueblo of Isleta Regulatory Agency.

ADDRESS UNKNOWN ADULTS

Isleta Pueblo members with an IIM whose address is not current or is unknown as of **October 19, 2012.**


Last Name	First Name	Middle Name
Abeita	Amber	M
Abeita	Jacqueline	R
Abeita	Joann	C
Cuestas	Ray	P
Garcia	Cheryl	J
Garcia	Steven	E
Johnson	Elizabeth	A
Torres	Susan	Rae

ADDRESS UNKNOWN MINORS

Isleta Pueblo members with an IIM whose address is not current or is unknown as of **October 19, 2012**

Last Name	First Name	Middle Name
Abeita	Ryan	
Abeita	Terrence	M
Anzara	Shawn	C
Chewiwi	Dawn	
Garcia	Phylicia	
Hightower	Garrett	M
Hightower	Melody	B
Jojola	Clarise	N
Jojola	Darren	I
LeBeau	Kitu	S
Lente	Sierra	S
Lente	Steven	J
Montoya	Thur-Shaan	J
Montoya-Jojola	Andrew	M
Olguin	Trinity	I
Ramirez	Laticia	J
Valdez	Cody	J
Yalch	Justin	A
Yaska	Jamila	O

ICES



Isleta Cancer Education & Support

Support the Health of your Family  
Educate Yourself on Cancer and Reduce Your Risk

WHEN:

Second Tuesday of the Month:

Cancer Survivors Panel/Holiday Party

December 11, 2012

TIME:


10:30am to Noon

PLACE:

ISLETA HEALTH CENTER

Please contact Stephanie Barela @ 869-4479 if you have questions.

Please join us!



Everyone welcome!

Support the Health of Your Family  
Get Educated on Cancer and Reduce Your Risk!



## Isleta Higher Education Program Isleta Department of Education

PO Box 1270  
Isleta, NM 87022  
P: (505) 869-9790 F: (505) 869-7573

The Isleta Higher Education Program (IHEP) is undergoing internal changes to refine delivery of supplemental funding. To be compliant with current IHEP policy and provisions, students who received a supplemental scholarship for Fall 2012 were requested to submit missing required documents. For purposes of clarity, the term missing is defined as "not present or included when expected or supposed to be". Just as every academic institution requires specific documentation or other requests of applicants - including meeting deadlines - the IHEP has similar requirements. Please be confident in the IHEP that all identifying information is kept confidential according to the Family Educational Rights and Privacy Act (FERPA) (20 U.S.C. § 1232g; 34 CFR Part 99), a Federal law that protects the privacy of student education records. The law applies to all schools (and/or programs) that receive funds under an applicable program of the U.S. Department of Education ([www2.ed.gov](http://www2.ed.gov)).

According to IHEP policy and provision, required documents are to be submitted by 12/1/12 for the Spring 2013 semester. The IHEP acknowledges unofficial and official transcripts cannot be provided by the 12/1/12 deadline as ALL students are still attending classes beyond this date. An exception will be made pertaining to unofficial and official transcripts ONLY and the deadline will be extended to accommodate when the student has access to his/her Fall 2012 grades. Usually, grades are available to the student ONE WEEK after final exams are administered. It is expected every student provide unofficial grades in a timely manner and request official transcripts be provided to the IHEP once final grades are posted. Be informed the IHEP has access to ALL institution exam dates and will hold every student accountable accordingly.

Because the IHEP policy and provisions require a number of documents to be submitted by certain deadlines it is strongly encouraged every student begin securing such documents at least TWO MONTHS prior to the IHEP deadline for the respective term he/she is applying for supplemental assistance. Students who begin the process any later run the risk of being unable to provide required documentation by IHEP deadlines thus resulting in being ineligible to receive supplemental assistance. **It will always be the responsibility of the student to contact the IHEP at least two months prior to the respective IHEP deadline date to make sure he/she has submitted required documents and other requirements so to be eligible to receive supplemental funding for the respective term.**

Once the student inquires, the IHEP is responsible for correctly informing students of what documentation he/she must submit and must do so in a timely manner. Further, the IHEP is responsible for informing students of their appropriate program standing – good standing, probation, or suspension – what each is defined as and what expectations, if any, must be met for continued supplemental assistance. In addition, the IHEP is responsible for informing students and the community of any foreseeable changes affecting funding and or expectations of scholarship recipients. Lastly, it is always expected every person who walks through our doors be treated with respect and dignity and that treatment be reciprocated.

Currently, the IHEP is experiencing a high volume of walk-ins, phone calls, and correspondence thus we are kindly requesting everyone's patience and understanding in how we address each request/inquiry. Be assured we are working diligently to respond in a timely manner.

Jennifer Padilla, LMSW  
Scholarship Coordinator  
Isleta Higher Education Program  
Isleta Department of Education

## Los Lunas/Valencia High School Title VII Indian Education

Ben Analla – LLHS / Robin Candelaria – VHS

### Calendar of Events

- November 26 - Senior Meeting for Graduation. Cap & Gown Invitations
  - November 27 - December 12 - MAP Testing for Freshmen & Sophmores. English I, II and Math
  - December 1 - Deadline for Senior Portraits to be published in the yearbook
  - December 5 - Early Release
  - December 6 - Drama Production – Night of Comedy
  - December 7 - Fine Arts Festival for invited Middle School students
  - December 12 - Native American Club Staff Appreciation Breakfast @ 6 AM
  - December 14 - 2012 - ASVAB Results Interpretation to Seniors
  - December 20 - Final Exams for 1st, 2nd, 3rd periods of Semester I
  - December 21 - Final Exams for 4th, 5th, 6th periods of Semester I
  - December 24 - January 6 - Winter Break
  - January 7, 2013 - Staff Returns for Semester II
  - January 8, 2013 - Students Return
  - January 23-25, 2013 - Parent Teacher Conferences (Next step Plans and Student Registrations will be Signed by Parents/Guardians at this time)
  - January 28, 2013 - VHS FAFSA Night @ 6:30 PM
  - February 11, 2013 - VHS Advanced Placement Night @ 6:00 PM in the Library
  - February 21, 2013 - VHS EXPO @ 6:00 PM in the Cafeteria
- Also...the Los Lunas High School Tiger Basketball Holiday Tournament will be on December 28 & 29 @ Los Lunas High School Gymnasium.

...the Los Lunas High School Tigers Football Team is Undefeated!!!! Their next game is on Saturday, December 1, at Aztec. The winner of that game will play for the State Championship!!!!

**FROM THE LOS LUNAS SCHOOL DISTRICT...May you all have a Safe and Happy Holiday!!!**

## Picture Day with Santa!

Santa Claus will be making an early stop at the Isleta Pueblo Public Library!

Come in to get your picture taken with Santa Claus on  
Tuesday, December 11 from 2-6p.m.

Parents will receive two **FREE** 3x5 photos.

If you have any question please feel free to contact the Library at, 924-3193 or 869-9808

Pueblo of Isleta Public Library  
950 Moon Light Dr.  
Albuquerque, NM 87105  
Email: [poi02002@isletapueblo.com](mailto:poi02002@isletapueblo.com)  
Facebook: [www.facebook.com/IsletaPuebloLibrary](http://www.facebook.com/IsletaPuebloLibrary)







## POI NEW ELDER CENTER AND ASSISTED LIVING FACILITY PROJECT

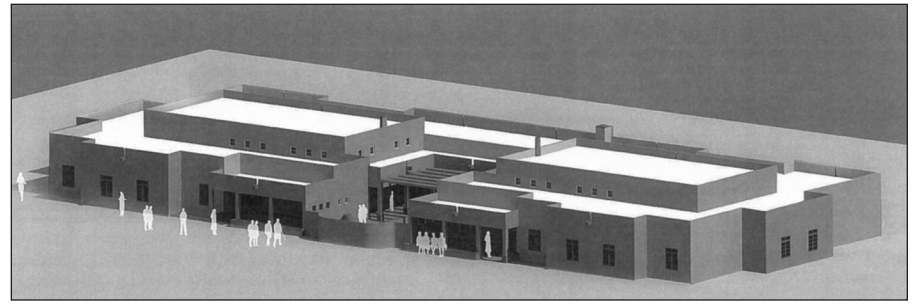
Here in our Pueblo, our history shows that we have always taken care of our elders in every way possible. In the past, when the time came, families took care of elders by either moving in with their loved one or moving the elder in with their caregivers. Today, family members singlehandedly or with a multitude of support systems such as the Elder Center, provide the daily care.

Based on efforts of an Assisted Living Committee comprised of many tribal members as well as several studies conducted from 2004-2007, both the previous and current Tribal Council have acted on the Committee's recommendations by approving the following resolutions:

1. **2008-Resolution** designates 3 acres of land, bordered generally by Tribal Road 40 to the east, Tribal Road 60 to the west, Tribal Road 61 to the north, and the Old School Cafeteria to the south.
2. **2009-Resolution** approves a Three Year Development Plan and Financial Allocation to construct an Assisted Living Facility and new Elderly Center

Here are some highlights of the project's accomplishments:

- A consultant is on board to develop the management aspects of the Assisted Living Facility. To our advantage, the consultant is Kathy Correa, a tribal member. Kathy is highly qualified to provide expert consultation as she has administered many Assisted Living Facilities in her 20+ year career. Currently, she is the administrator for a facility that cares for over 100 clients. Kathy will be leading the development of a Comprehensive Management Plan for our new facility.
- The Tribal Planning and Development Department is overseeing all aspects of the design and construction for both the Elderly Center and Assisted Living Facility. For the past five (5) months the Planning Department has been meeting on a weekly basis with the our design consultant, NCA Architects, to review and develop the landscaping, building layouts, space programming needs, open space considerations, alternative energy measurements, and utility infrastructure for both facilities. This project's design is taking into consideration an overall campus style setting that will eventually tie into the Elementary School and the newly proposed Reception Halls that will be located south of this project. Following is the anticipated schedule:



*Schematic View of the West Side of the Newly Proposed Elderly Center*

- o Design Plans and Contract Documents Complete — March 2013
- o Publicly Advertise and Bid Project for Construction — March/April 2013
- o Start Construction — May 2013 (9-12 months)
- o Complete Construction — February/March 2014
- o Facility Opening — Spring 2014
- The Planning Department secured \$700,000 in NM Tribal Infrastructure Funds (TIF) and is currently working with our contractor, Sacred Power, to complete the demolition of all existing buildings on the project's designated property. In addition, Sacred Power will be completing the installation of all the new utilities as well as constructing the new parking lots, sidewalks, access road, and new curb/gutter. The majority of the project's infrastructure will be complete prior to the buildings being constructed.

Adding this level of elder care (24 hours, 7 days a week) will offer a continuum of services to our community. In our efforts to open this facility in the Spring of 2014, we intend to meet with the community to answer any questions you may have regarding the Comprehensive Management Plan, level of care, client costs, client eligibility, and construction schedule updates. Please mark your calendar for the first community meeting:

**PUEBLO OF ISLETA, ASSISTED LIVING FACILITY  
PROJECT OVERVIEW- PRESENTATION  
WHERE: ISLETA ELDER CENTER, KIVA ROOM  
WHEN: JANUARY 8, 2013  
TIME: 6:30 PM -8:30 PM**

## Congratulations to Gloria Zuni: X Country Runner



We would like to Congratulate Gloria "Ta-hee" Zuni for her accomplishments in Cross Country. She's 13 years old and currently in 8th grade at LLMS. She is the daughter of the late Jacob Zuni, Jennifer Zuni and Grand-Daughter of Leonard and Rosie Abeita. Gloria began running X-Country at the age of six. Gloria started running with the The Isleta Eagles and has enjoyed it since.

With hard work and determination Gloria received a spot this year on the LLHS Varsity Cross Country Team. She works hard at running by going to practice and keeping a 3.5 GPA. The LLHS Varsity Girls X-Country team ran in The District Meet which was held in Grants and the LLHS Varsity Girls Team became District Champions and made it to State which was held at Rio Rancho High School. All the girls did Awesome at the meet and we would to congratulate each of them. WAY TO GO TIGERS!



Gloria would also participate in the USATF Junior Olympic since the age of nine. She ran for USATF Regionals on November 17, 2012 for the NM Roadrunners Team and came in 18th place which gave her the opportunity to run in USATF Nationals. Gloria and two other teammates helped their team make it to Nationals by coming in the top twenty and they placed 3rd as a team. Nationals will be held at NM Balloon Fiesta Park on December 8th. Good Luck to all The Isleta Runners and NM Roadrunners Team at Nationals.

Gloria Lettered in LLHS Varsity Girls X-Country and also received a trophy for Most Improved Rookie this X-Country season. We are all so proud of Ta-hee and her accomplishments. We will continue to support her and wish her the best of luck in the future. Thank you to all for your love and support in her running over the years.

We Love You Heta and keep it up,  
Mom, Mike, Pe-suun, Teh-eah Leonard, and Chee-ee Rosie





## St. Kateri Shrine in Isleta

by Alan Cherino, Photos by Sara Zuni & Shawna Ballay

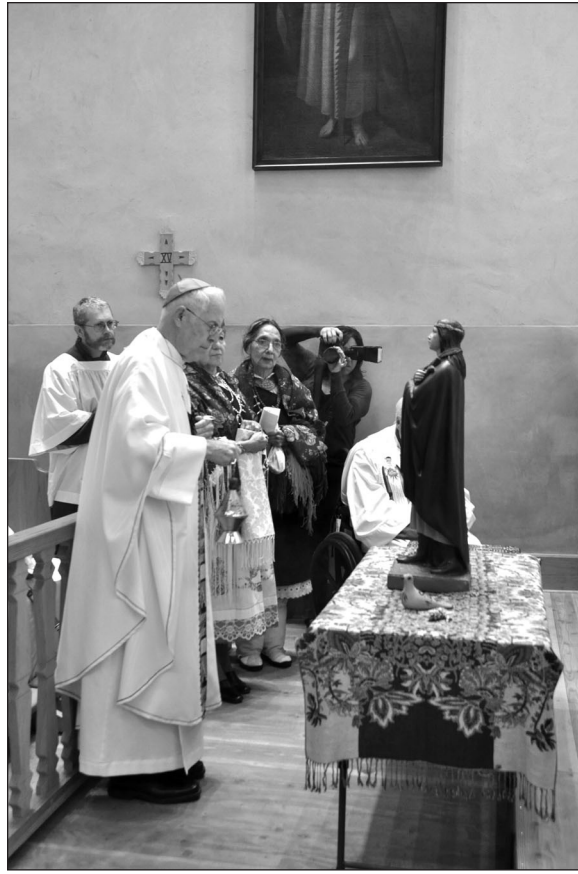
November 10th was a cold and windy day but it did not stop the Enshrinement Mass and Celebration for St. Kateri Tekakwitha here at our church, St Augustine. St. Kateri was canonized a saint by Pope Benedict XVI on October 21 in Rome, Italy. But prior to her canonization, Archbishop Michael Sheehan selected the St. Augustine Church in Isleta to be the permanent Shrine of St. Kateri Tekakwitha.

The mass was well-attended with several religious leaders from the Archdiocese and the Norbertine Abbey community. Also in attendance were tribal officials, and many parishioners and visitors from the surrounding communities. Some people even traveled from distant cities of New Mexico, and we had some visiting priests from Pennsylvania! The tent which was set up on the west side of the church courtyard was completely full and set up with TV monitors for people there to watch the mass.

The Mass was followed with our own Isleta traditional dances and a traditional meal. The Isleta Kateri Circle and the St. Augustine Parish were very happy and grateful for our traditional dance to be offered in honor of St. Kateri Tekakwitha. The day concluded with a procession around the plaza with St. Kateri and bringing her to her new home inside the church near the Baptismal font.

The Isleta Kateri Circle, who have been praying and campaigning for many years for Kateri's sainthood, were the primary sponsors for the day's celebration. Of course, no event of this nature is pulled off alone. Many thanks to everyone for their time, dedication, hard work, and contributions that made the day possible!

May God Bless our Pueblo community!



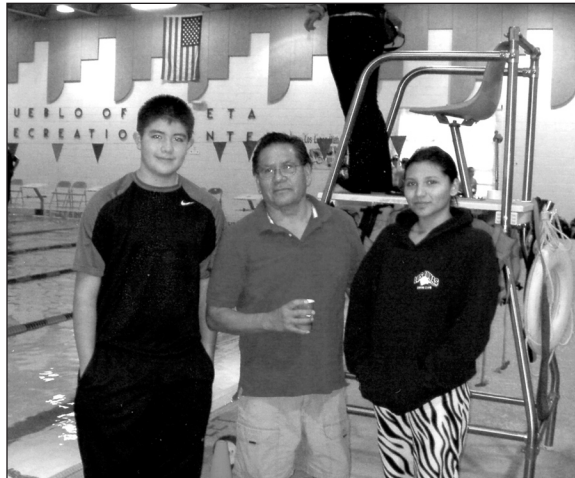


## Parks & Recreation

The month of November was in a sense a transition month where children were leaving the Cross Country Program (outdoors) and now moving into the Basketball Program where they will spend more time indoors especially in the early evenings when it really gets cold. Also in November we hosted a High School Swim Meet featuring (10) ten High Schools from throughout the State of New Mexico. Also in November we were the host site for the National General Election that took place in our Games-room and the Mandatory Sign-ups for Health coverage which took place in our gymnasium from November 13th through November 16th. And because of our time restrictions for turning in newsletters the Pow-Wow being held in our gymnasium on Friday, November 30th will be reported in next month's newsletter. As we now begin December activities our gymnasium will be the host site for "Train the Trainer" Physical Activity on December 13th. Also we will be hosting on two consecutive weekends December 15th and December 22nd High School Basketball Games for the Native American Community Academy which many of our tribal high school students belong to. I'm confident that we will be seeing many of our tribal members attending these basketball games. Lastly, our transition into winter sports was completed by the beginning our Adult Volleyball which is being held in our gymnasium every Sunday from 11:00 am until 3:00 pm.

### High School Swim Meet

On Saturday November 17th our Natatorium was the host site for a High School Swim Meet that featured teams from Los Lunas, Valencia, St. Pius, Gallup, Socorro, Miriamura, Pedro Vista, Farmington, Hope and Belen High Schools. St. Pius came out on top with both Girls and Boys competition but our Los Lunas Team which we coach here at our Pueblo of Isleta came out 2nd and 3rd respectively in the Boys and Girls competition. Two of our very own tribal members (Adeline Armenta representing Valencia High School and Orion Zuni representing Los Lunas High School) were part of that competition which had several of their family members cheering them on. Incidentally, Adeline placed 2nd in the 100-Butterfly Stroke and 5th in the Backstroke and Orion placed 2nd in the 400 Free Relay and 8th out of 31 swimmers in 50-Free Stroke. Congratulations to both of you. You make us very proud. Pictured are both Adeline Armenta and Orion Zuni with Coach Lindred Onsaie prior to beginning the meet. Pictured is a collage of pictures depicting the swim event.



### Youth Basketball

Although our youth basketball league better known as the SPA League doesn't officially begin with practice until early December many of our youth are already making their way into some unofficial practice sessions with the Rec. leaders who will be coaching them this season. The kids are getting anxious for some competitive programming to begin. For many of those children not partaking in early basketball shootouts they have continued to migrate into the afterschool Arts/Crafts Program that continues to be a main staple in our afternoon sessions. Also at least once a week the children are treated to a field trip outside the Pueblo of Isleta usually taking them to the Zoo, movies or possibly for bowling and pizza party. None the less they continue to remain active especially after they have completed their home-work prior to indulging in fun activities.

### Park Management

Although for the most part our growing season in the parks has basically come to a halt we will still be out watering the parks at least once per week. This keeps our root system strong and vibrant but can cause those using the parks to be a little bit slippery and at times icy. Please be careful when you are out there and please continue to report to us or the Police Department any vandalism that you might see or witness. Bottom line, vandals are stealing from all Pueblo members because it takes a lot of money and time to repair the damages that we may incur. Please help us keep the best and most beautiful parks in the condition that we have achieved.

### Adult Volleyball League

Now that the adult volleyball league has begun, we now have games being played every Sunday morning beginning at 11:00 am

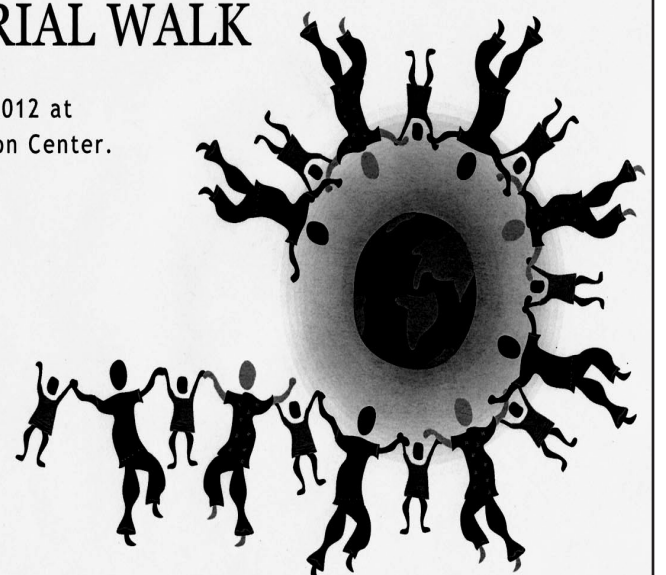
and running until 3:00 pm. Carl Anderson coordinator, reports that the league is off to a great start with some good competitive games being played. If Pueblo members are bored on Sundays or just want to get away from the routine football games come by and witness some good competition being played here in our gymnasium.

We will be celebrating the LIFE and DREAMS of Isleta Community Members

## 4<sup>TH</sup> ANNUAL LIGHT THE PATH MEMORIAL WALK

December 14, 2012 at  
Isleta Recreation Center.  
Starting at 5:00 pm

"I am one light  
in my  
community, but  
together we are  
brighter"



Purchase your tags for the Luminaria bags to Remember Your Loved Ones \$1.00 a tag. All proceeds benefit the Bereavement Fund for Isleta Community Members: Contact: Jennifer Sandoval at 869-5475 at Behavioral Health



**Is your Propane Supplier  
letting you down?**

**Maybe it's time for  
a change to....**

**VALENCIA  
PROPANE**  
*The Energy Company*

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- **Free Tank Switch outs**
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**PLATINUM  
SERVICE**

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Propane Service!  
(505) 865-0300**

limited offer. Some restrictions apply. Call our office for more details

## **Pueblo of Isleta Johnson-O'Malley Program**

Beverly's new Phone Number: 505-869-9810 Fax: 505-869-7573

Geraldine's Email: poi08102@isletapueblo.com

Beverly's Email: poi02003@isletapueblo.com

### **Winter Literacy Night**

Tis' the season to bundle up with a nice hot cup of cocoa and read a good book. JOM will be sponsoring another Literacy Night on Tuesday, December 11, 2012. We will be giving away brand new FREE BOOKS to all JOM eligible students. 5:00 p.m. — 7:30 p.m. (ALL AGES)

### **Tamale Making Activity**

We're doing it again! This year we will be offering an activity for students and their parents to come by and learn how to make tamales. This activity will take place on Saturday, December 15, 2012. Come by and learn how to make tamales. Supplies and ingredients will be provided. 9:00 a.m. — 2:00 p.m. (ALL AGES)

### **Christmas Activity Night**

December 17, 2012 we will have our Christmas Activity Night. Come and spend family time making arts and crafts for the holiday season. We will have snacks available. 5:30 p.m. — 8:30 p.m. (ALL AGES)

### **River of Lights Display**

Friday, December 21, 2012 we will be taking a group of students to the River of Lights Display. We will be leaving the OLD JOM TUTORING Building at 5:00 p.m. If your student is interested in attending please come by the Department of Education and complete a permission slip. We will not "hold" places for students. Space is limited. IF parents are interested in attending, they may do so however, they will be responsible for paying the adult admission of \$10.00 once they arrive to the Botanical Garden.

### **Reimbursements**

If you have a request for a reimbursement for PE Uniforms, ACT/SAT Testing fees or lab fees please submit them by December 14, 2012. The contract year for JOM, as mentioned before begins January 1 and ends December 31. Our financial books for the 2012 Contract Year will be closing. Failure to submit reimbursement requests may result in delay or inability to process reimbursement.

### **Phone Number Change**

Please note: **OUR PHONE NUMBER HAS CHANGED!!!**

**NEW NUMBER IS 505-869-9810.** If you have any questions please give us a call.

*Have a wonderful Holiday season  
Beverly and Geraldine*



## **Health Beat HAND WASHING AWARENESS WEEK Keep Kids' Hands Clean**

Isleta Health Center, Health Educator:  
Stephanie Barela 869-4479

"Keep Kids' Hands Clean, Albuquerque Journal, Dec 6, 2011"

Hand Washing Awareness Week is December 2-8, 2012. Do you ever talk to your kids about the importance of keeping their hands clean? If you said yes, GOOD, KEEP IT UP! Studies have shown that washing your hands will really help keep your children healthy. It is estimated that 80% of all colds and flu are contracted from our fingers. The best and simplest way to avoid getting sick is to wash our hands! There was a study done in Denmark, where half the children were taught proper hand washing techniques and required to wash up with hand sanitizer with ethanol three times a day and half were not. The children with the proper skills missed 26% less school and had 22% fewer illnesses. There was also a study done in Delaware, Ohio, Tennessee and California, which showed a 19.8% reduction in school absence when both teachers and students used alcohol gel hand sanitizer when they entered or left the school.

**Now that you know how important it is to WASH YOUR HANDS, use these tips to keep you and your family healthy:**

- Scrub your hands, fingers and fingernails for 20-30 seconds (about the length of singing the ABCs). When done washing your hands, make sure to dry them with a clean towel.
- Keep your fingers away from your eyes, ears, nose and mouth. These are the entryway in to your body for germs. Our eyes are the most at risk for absorbing viruses. Cut down on rubbing your eyes and shut them tightly or walk away when someone sneezes or coughs near you.
- Play outside in the sun and be active. Sunshine delivers vitamin D, which fights against flu and colds and exercise boosts the immune system, elevating the production of killer T-cells, by as much as 300%. Plus, the deep breathing can help clear your nasal passage, which keeps you from getting congested.
- Drink hot beverages and keep your feet warm. Keeping yourself warm during the cold months has been shown through the UK's Cardiff University's study to cut down on getting as cold. In the study, people who had their feet chilled in ice water were more than twice as likely to develop a cold. Similarly, a University of Vienna study discovered that sauna and possibly even hot tub users are less likely to catch a cold.

So, start preparing for the cold and flu season and bundle up, stay warm and wash your hands!





## Pueblo of Isleta Public Library

"Happy Festivest to the Rest of Us" People of the Island!!! Now, that your American & Tribal duties to Vote as a Colonized Tribal Member has come to an end. Now we can all worry about balancing our check books for the next three or so months and placing our bets on how long it will take for Mother Nature to knock down on all those Campaign Signs.

### NEWS:

The Library has undergone ANOTHER phone number change (3rd number in 1 calendar year). Our new phone number provided to us by the people at MIS and Century Link is **505.869.9808** so please disregard the number on all your Library Cards. Once the Library gets more money we shall purchase new Library Cards with the proper contact information.

December's After School Homework Program Field Trip Date to the River of Lights has changed to Saturday, December 15. The reason for the change is so that students and their families may partake and enjoy the Behavior Health's Memorial Walk on the Friday, December 14th. For more information on the River of Lights Field Trip, please read the article under the Upcoming Programs section.

Come November 30th the Library will be losing three seasonal employees due to the end of both the AmeriCorp Program and WIA Program. So, if you thought our service with seven employees was slow then let me break it to you nicely by letting you know it will get slower over the next few months with only four employees.

As some of you might recall, the Library was a site for Voter Registration for the Presidential Elections for both Bernalillo & Valencia Counties. When the County Clerks called and visited the library to get the totals of newly registered Community Members, I gave them a total of Zero which was embarrassing especially knowing that many Community Members were not registered nor did they care to register. Just thought some of you might find that stat somewhat interesting.

Despite the lack of newly registered Community Members, Bond B, a Bond that gave this Tribal Library and other Libraries (School, Academic, Public, & other Tribal Libraries) money to purchase new equipment and furnishings for their libraries was passed!!! So, to those of you who voted and Supported Bond B, I would like to personally Thank you and will continue to make this library something for you to be proud of while others can be envious of.

As you all know, the Christmas/Winter Dances and Holidays are upon us which means there will be MANY CLOSURE DATES for the Library, so be sure to hold onto this newsletter article with your life. On December 24 (Christmas Eve) the Library will be opened until NOON. The Library will be **CLOSED ALL DAY** on the following days: Tuesday, **December 25** (Christmas Day); Friday, December 28; Saturday, **December 29**; and Tuesday, **January 1**.



*Community Members enjoying the Grocery Bingo @ the Library.*



*Community Members at the Story Telling Night @ the Library.*



*Students & Families taking part in the Thanksgiving Gourd Project.*

### UPCOMING PROGRAMS:

The Last After School Homework Incentive Program Field Trip has been scheduled to the River of Lights on Saturday, December 15th. The Library will taking fifteen lucky students who have earned their twenty-five points for doing homework & reading at the library to the River of Lights Spectacular. The students will also be treated to dinner at the 66 Diner on Central. Even though the first day to earn points started on November 14th, there is still time for your students to squeeze in BUT they will have to work harder than the others since they got a late start. For more information on the program please call the library at 505.869.9808.

We have received word via Facebook Inbox that Santa Claus will be visiting the Library of the Little Island on Tuesday, December 11 from 2pm to 6pm for Holiday Pictures. So, put on your best clothes, get your hair did, and bring your Christmas Wish List to the man himself. Santa Pictures will be ready



*Two Girls taking part of the Halloween "Meat Head" Creepy Snack Program.*

for pick up at 2pm on Monday, December 17. For more information please call the library at 505.869.9808.

Because the people who visited Santa here at the Library were so thoughtful and nice in years past, we were able to convince the Man in Red to roll with the Library down to the Tribal Service Complex for their Community Christmas Party on Thursday,





*A student showing off his Thanksgiving Gourd Center Piece.*

December 13 from 5:00-7:00pm. Santa and the Library will be taking pictures with those individuals who visit the complex for the FREE Christmas Event. I believe there will be gifts for kids and maybe jackets for the children as well as door prizes. For more information, you may contact Judy Abeita-Chavez at 505.869.9729, Sara Zuni at 505.869.9746, or Laura Abeita at 505.869.5295.

The Library will also be conducting Christmas Crafts on December 17-19 from 4 to 5pm. There will be competitive Gingerbread House which will need to be done at the Library with whichever material we decide to provide. Individuals or families will have two days to make their Gingerbread house and there will be prizes for first through third which will be geared toward some family fun. The other Christmas Craft will be a Christmas

Ornament which everyone can take home to put onto their own Christmas Trees.

We will be planning a Game Tournament of some sort during the Winter Break. Games, Consoles, Tournament Formats, and dates have not been determined yet. Please, look for our flyers throughout the community as time gets closer OR you can check the Library's Facebook Page for more update news. If you or your children have any suggestions for the Tournament(s) please come by and speak with the Library Staff.

#### **RECAP:**

I know Thanksgiving has gone and passed hopefully like you leftover Turkey but the Library would like to give Thanks to many people and Departments for making our first American Indian Heritage Month Program a success, they are:

Juana Jiron of the Isleta Police Department, Yolanda Abeita of Truancy, Mike Abeita of the Range Patrol, Celestino Lucero & Joe Lucero of the Language & Culture Preservation Committee, Ulysses Abeita of the Department of Education & POI Veterans Association, Lynette Chewiwi & Nichole Jaramillo of the Elders Center, the entire Recreational Center Staff (both New & Old), and the P.O.I. Veterans Association. We would like to give a VERY SPECIAL THANK YOU to Veterans: Joe E. Jarmillo, Ulysses Abeita, Jesse Jojola, and Juan Rey Abeita for participating in the Veterans Video. Without your help the month of November would have been boring with only a bleak Thanksgiving and Black Friday to look forward to.

Perhaps, when you last visited the Library/Education Complex during the last couple of weeks you took notice of the cleanliness of the entire Complex both inside and outside.

Before the Recreation's Landscaping Crew took on the task of making this place look like a place of business, the Complex looked like a Scary Haunted Building in a Jungle of Weeds. Now, you can walk over to the library without getting attacked by tumble weeds and bull heads. Let's not forget the GREAT Job done by the Maintenance Crew of Public Works and how clean the inside of the Library is because of them your feet do not get stuck to the restroom floors. So, the next time you see the Recreation Landscaping or the Maintenance Crews out and about be sure to let them know they did a GOOD JOB at the Library/Education Complex because when I tell them they think I have to say it but when it comes from you the community members it tends to have more meaning to them.

#### **Pueblo of Isleta Public Library Hours of Operation:**

Monday-Thursday: 8:00am – 6:30pm  
Friday: 8:00am – 4:30pm  
Saturday: 9:00am – 1:00pm  
Sunday: CLOSED

#### **Contact Information:**

Physical Address:  
950 Moon Light Drive  
Albuquerque, NM 87105

Phone: (505) 869.9808  
Fax: (505) 869.8119

Email:  
poi02002@isletapueblo.com  
Web Address:  
www.isletapueblo.com/library2.html  
Facebook:  
www.facebook.com/IsletaPuebloLibrary  
YouTube:  
www.youtube.com/user/poilibrary

## **RING IN THE HOLIDAYS WITH HEALTHIER MEALS**

Holidays usually involve enjoying food and beverages with family and friends. Read on for shopping, cooking and baking tips that can help keep you on track for healthy eating habits this season and into the new year.

### **SMART SHOPPING:**

- ▶ Plan ahead! Prepare and freeze some of your holiday dishes in advance to limit last minute shopping and impulse buying. Make your shopping list and stick to it!
- ▶ Eat a healthy meal or snack before shopping. You'll be less tempted to buy treats.
- ▶ Stock up on festive foods such as deep, bright colored veggies and fruits.
- ▶ Look at labels and compare which products are lower fat and sodium, yet higher in fiber.

### **SMART COOKING:**

- ▶ Fry less; drain fat off when cooking; try fat-free cooking sprays.
- ▶ Baste meat with fruit juice or broth instead of fat.
- ▶ Chill the meat drippings to skim fat off when making gravy.
- ▶ Sides: try these tips to cut the fat and use less butter...cook the stuffing outside the turkey and add diced veggies or fruits; make mashed potatoes with fat-free or low-fat milk/buttermilk/sour

cream or low sodium broth; dress up sweet potatoes with small amounts of pineapple, raisins, apple juice or other fruits.

- ▶ Use sharp flavored cheese and use less, or try low fat (2% milk) cheese.
- ▶ Try using mashed beans or chickpeas to make dips with low fat.

### **SMART BAKING:**

- ▶ Replace fat in recipes (butter, oil, shortening) with fruit puree or unsweetened applesauce. Try replacing 1/2-3/4 of the fat for a more acceptable texture.
- ▶ If you add nuts, toast them to enhance flavor & use less.
- ▶ Add healthy whole grains with subbing 1/2 of the white flour with whole wheat.
- ▶ For pies, leave off the top crust or try an oat crisp topping and use less butter than the recipe calls for; crumb crusts made of graham, vanilla or chocolate wafers or gingersnap cookie crumbs can have less fat than a pastry crust.
- ▶ Try less sugar and use powdered

skim milk to make up the required dry ingredients; could sub half the sugar with artificial sweetener.

- ▶ Cinnamon, nutmeg, cloves or vanilla can enhance sweetness so less sugar is needed.

Purchasing and preparing healthy foods that are low in fat, sugar, sodium and high in fiber is your gift to family and friends, as well as to yourself. Eat slowly so you have time to feel full before dishing up that second serving, and enjoy your company! Make physical activity part of the celebration. Indoor activities like charades and dancing or outdoor activities, even a walk after eating, can liven up a party and add to the health benefit. HAPPY HOLIDAYS!





## “12 Scams of Christmas” Alerts Shoppers to Online Traps

It's getting to be that time of year when many of us will be spending a little extra time online doing financial transactions like Christmas shopping and checking our bank accounts. McAfee, the company behind the popular virus scan software has released their 12 Scams of Christmas to help alert consumers to the most common online shopping traps.

1. Social media scams -- Cybercriminals know social media networks are a good place to catch you off guard because we're all "friends," right? Scammers use channels, like Facebook and Twitter, just like email and websites to scam consumers during the holidays. Be careful when clicking or liking posts, while taking advantage of raffle contests, and fan page deals that you get from your "friends" that advertise the hottest Holiday gifts, installing apps to receive discounts, and your friends' accounts being hacked and sending out fake alerts. Twitter ads and special discounts utilize blind, shortened links, many of which could easily be malicious.

2. Malicious Mobile Apps -- As smartphone users we are app crazy, downloading over 25 billion apps for Android devices alone. But as the popularity of applications has grown, so have the chances that you could download a malicious application designed to steal your information or even send out premium-rate text messages without your knowledge.

3. Travel Scams -- Before you book your flight or hotel to head home to see your loved ones for the holidays, keep in mind that the scammers are looking to hook you with too-good-to-be-true deals. Phony travel Webpages, sometimes using your preferred company, with beautiful pictures and rock-bottom prices are used to get you to hand over your financial details.

4. Holiday Spam/Phishing -- Soon many of these spam emails will take on holiday themes. Cheap Rolex watches and pharmaceuticals may be advertised as the "perfect gift" for that special someone.

5. iPhone 5, iPad Mini and other hot holiday gift scams -- The kind of excitement and buzz surrounding Apple's new iPhone 5 or iPad Mini is just what cyber crooks dream of when they plot their scams. They will mention must-have holiday gifts in dangerous links, phony contests (example: "Free iPad") and phishing emails as a way to grab computer users' attention to get you to reveal personal information or click on a dangerous link that could download malware onto your machine.

6. Skype Message Scare -- People around the world will use Skype to connect with loved ones this holiday season, but they should be aware of a new Skype message scam that attempts to infect their machine, and even hold their files for ransom.

7. Bogus gift cards -- Cybercriminals can't help but want to get in on the action by offering bogus gift cards online. Be wary of buying gift cards from third parties; just imagine how embarrassing it would be to find out that the gift card you gave your mother-in-law was fraudulent!

8. Holiday SmiShing "SMiSishing" is phishing via text message. Just like with email phishing, the scammer tries to lure you into revealing information or performing

an action you normally wouldn't do by pretending to be a legitimate organization.


9. Phony E-tailers -- Phony e-commerce sites, that appear real, try to lure you into typing in your credit card number and other personal details, often by promoting great deals. But, after obtaining your money and information, you never receive the merchandise, and your personal information is put at risk.

10. Fake charities -- This is one of the biggest scams of every holiday season. As we open up our hearts and wallets, the bad guys hope to get in on the giving by sending spam emails advertising fake charities.

11. Dangerous e-cards -- E-Cards are a popular way to send a quick "thank you" or holiday greeting, but some are malicious and may contain spyware or viruses that download onto your computer once you click on the link to view the greeting.

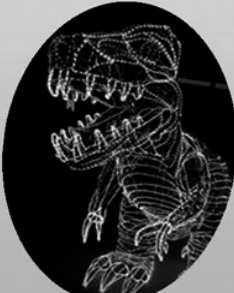


12. Phony classifieds -- Online classified sites may be a great place to look for holiday gifts and part-time jobs, but beware of phony offers that ask for too much personal information or ask you to wire funds via Western Union, since these are most likely scams.


Vernon Alvarez  
Chief of Police  
Isleta Pueblo Tribal Police Department  
Office: (505) 869-9707  
Mobile: (505) 514-3760



# River of Lights

Join us for our next incentive trip for the holidays  
to the  
“River of Lights” at the Albuquerque BioPark  
on December 15, 2012. Starting  
November 14, 2012 the students will begin  
earning their points by either completing their  
homework assignment or reading for 20 minutes,  
each are equivalent to one point. We will pick the  
first 15 students who complete 25 points by  
December 13, 2012. The fieldtrip also includes  
dinner at “66 Diner”. This will be the last incentive  
trip for the fall semester, we hope you do your best  
to attend this fieldtrip with us! If you have any  
questions, please feel free to contact the library at  
924-3192 or 869-9808.  
Pueblo of Isleta Public Library  
950 Moon Light Dr.  
Albuquerque, NM 87105  
E-mail: poi02002@isletapueblo.com



**PUEBLO OF ISLETA**  
**HUMAN RESOURCES DEPARTMENT**  
P.O. BOX 1270, ISLETA, NM 87022  
PHONE: (505) 869- 7587 FAX: (505) 869-7579  
EMAIL: poi70103@isletapueblo.com  
www.isletapueblo.com "Careers"

**The Pueblo of Isleta Human Resources are  
continuously accepting applications for the  
following positions:**  
Administrative Assistant  
Team Cook I  
Police Officer  
Sergeant of Police  
Equipment Operators  
Home Service Program Transporter  
Elderly Companion Outreach Coordinator  
Home Attendants  
EMT — Intermediate  
CHR Van Driver (Occasional)

**"It is the policy of the Pueblo of Isleta to give  
preference to qualified Isleta Pueblo Tribal  
Members"**



## WIC Notes

### 3 Simple Ways to Sooth a Crying Baby

You changed your baby's diaper, fed him, burped him, and held him. But he is still crying. What to do? For starters, try to stay calm; sometimes babies just cry. In fact, the average 6 week old cries over 2 hours a day. Here are some ways to help calm your baby- so you both will feel better.

1. **Skin-to-skin contact.** Take baby's clothes off —you can leave the diaper on. Hold him against your bare skin on your chest. Cover yourselves with a light blanket. Babies find Skin-to-skin contact very soothing because they can gear your voice and heartbeat and smell your skin. Dads will love doing this too.

2. **Motion.** Rock your baby in your arms, or sit in a rocking chair with her. You could also put her in a baby sling and walk around the house. He'll love the gentle motion and being close to you.

3. **Soothing sounds.** Hold your baby close and whisper soothing words into her ear. This will remind her of the background noises she heard when she was in the womb.

### When is My Baby Ready for Solid Foods?

Your baby is ready to try solid food when she can do all of these thing and is around **6 months old.**

- ✓ He can sit up with some help
- ✓ He can hold his head steady
- ✓ He puts his fingers or toys in his mouth.

## Helpful Baby Tips

✓ He opens his mouth to show he wants food.

✓ When you try feeding him baby food, he can close his lips around the spoon and swallow food.

If your baby cannot do all of these things, it is best to wait. If your baby was born early or if there is a history of food allergies in your family, talk to your doctor or WIC about the best time to introduce baby foods.

**What NOT to Feed Your Baby**  
**Cow's Milk** - Your baby can't digest it yet.

**Egg Whites**- They may cause allergic reactions

**Honey**- It can cause serious illness

**Hot dogs, nuts, seed, popcorn, whole grapes, dried fruit, raw hard vegetables, peanut butter, and candy-**  
They can cause choking.

### 5 Tips for Serving Baby Food:

1. **Feed baby from a bowl, not from the jar or container.** Germs from his mouth can spoil the food. Throw out any food left in the bowl when baby's done.

2. **Store the opened jar or container in the refrigerator.** If your baby does not eat the food in two days, throw it out.

3. **Keep foods plain.** Your baby does not need salt, spices, sugar, butter or other flavors.

4. **Use a spoon.** It is important for your baby to learn to eat from a spoon. While feeding him, let him hold a spoon too so he can get used to it. He may try to feed himself.

### 5. Don't put baby food in a bottle.

Food in a bottle, like infant cereal, is dangerous. It can cause choking and cause your baby to become overweight.

### WIC Tips:

- Add pureed baby food from the store to your own home-cooked mashed food which can make it easier for your baby to move from pureed to mashed food. It will also stretch your budget since you can get baby food from WIC.

- **Fruit Juice.** Babies do not need juice or other sweetened drinks. Juice has a lot of sugar and not many nutrients. Plus, juice can leave your baby too full for healthier foods. It's best to give your baby mashed fruit. If you do serve him juice, put it in a cup and give no more than 2 ounces a day. Never give juice in a bottle. It causes tooth decay and overweight babies.

The WIC Staff wishes to thank Governor Lujan, Lt. Governor Torres, Lt. Governor Chowiwi and the Tribal Council for the Thanksgiving turkeys.

WIC Nutrition Coordinator  
Heidi Lanes



## Food For Thought

Food is such a big part of the holidays, why not take advantage of the time spent in the kitchen and talk to your children about food. Talking about food with children can be fun. Ordinary moments can provide a great chance to teach children about making healthy food choices - and to spend time together.

### Try some of these conversation starters with your children:

*In the Kitchen:*

- Can you help me find the ingredients we need for this recipe?
- Let's make a rainbow salad with colorful vegetables!

*At the store:*

- Sweet potatoes are my favorite food because they remind of when....
- On our shopping list there's a fruit that red, shiny, crunchy and round. Will you help me find it?
- Let's look at the labels to check which cereal has less sugar.

### Healthy Food on a Budget

*You can make healthy cost-friendly choices one small step at a time.*

- Make a shopping list. Keep the list in a place that's easy to see so you can add to it any time. Children can help write or draw the items on the list and check things off while shopping.
- Shop for generic or store brands
- These usually cost less than name brand and taste just as good.
- Start the day with a healthy breakfast. A healthy breakfast gives the whole family energy to stay focused all day. It can also be the most affordable meal of the day, weather you make it at

home or participate in a public school breakfast program. You can get creative with breakfast too—try a breakfast burrito with beans, salsa, low-fat and a whole-wheat tortilla.

- Buy fruits and vegetables in season.
- Buy in bulk and stock up on sale items.
- Create a weekly menu - by planning ahead you save money and make food last longer.
- Buy frozen and canned fruits and vegetables. Pick canned foods that are labeled "in its own juice", "no sugar added", or "low sodium."
- Choose low-cost sources of protein. Dried beans, peas, and lentils; canned fish, eggs, and peanut butter are healthy, inexpensive sources of protein.

### Whether you are preparing food, sharing a meal, or shopping together, you can make food a part of happy family memories.

Heidi Lanes, WIC Nutrition Coordinator





## Isleta Health Center Calendar Questions? Call 869-3200 **December 2012**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5	6	7	8
National Clean Hands Week						
9	10	11 Isleta Cancer Education and Support (ICES) Christmas Party and Cancer Survivor Panel 10:30am-1pm @ Clinic	12	13	14 <b>Memorial Walk</b> 5pm-9pm at the Isleta Rec Center "I am one light in my community, together we are brighter."	15
16	17	18	19	20	21	22
23	24 CHRISTMAS EVE	25 CHRISTMAS DAY Clinic Closed	26	27	28	29
30	31 New Year's Eve	<b>New Year's Resolution Time, Want to Quit Smoking?</b> <b>Sign up For FREEDOM FROM SMOKING, 869-4479,</b> <b>Starting <u>January 7th, 2013 at 5:30</u> at the Isleta Rec Center!!</b>				

### 2nd Annual Isleta Cancer Conference

**SATURDAY, MARCH 2nd, 2013**

**Door Prizes 9am-4pm 16yrs old and over**  
**at the Old Court House**

## LEARN ABOUT CANCER

- What is Cancer?
- Cancer among Native Americans
- Cancer Risk and Risk Reduction
- Isleta Specific Cancer #s

**CALL Isleta •And MORE!**

**Health Center**

**869-4479**

**PRIZES, Tshirts, FOOD and More!**

Must  
Pre-Register

Lunch Served to  
PRE-Registered  
Participants

## Freedom from Smoking

Take Back Control of Your Life!

### 8 sessions to STOP SMOKING!

- Session 1  
(Thinking about Quitting)
- Session 2  
(On the road to freedom)
- Session 3  
(Wanting to quit)
- Session 4 (QUIT DAY)
- Session 5  
(Winning Strategies)
- Session 6  
(The new you)
- Session 7  
(Staying Off)
- Session 8  
(Let's Celebrate)

### Want to Stop Smoking?

**SIGN UP FOR  
FREEDOM FROM SMOKING  
STARTS, JANUARY 7, 2013**

**AT THE ISLETA REC CENTER AT 5:30**

**Contact  
Stephanie Barela  
at 505-869-4479**

**weekly prizes!**  
 Help from Others  
 that are going  
 through the  
 same thing!

**Nicotine Replacement Therapy  
 for those clinic patients  
 that attend the weekly sessions!**



Sponsored by the  
Isleta Health Center