

# Isleta Pueblo News

Volume 3 Issue 12

December 2007

## Governor's Report

On November 11, 2007 the Ranchito's Park was officially opened and was dedicated in the name of Manuel Valdez, a World War II Veteran. It is an honor to give recognition to all veterans who served in the military to defend this great country of ours. Lieutenants Max Zuni and Frank Lujan, along with members of the Tribal Council, were present for the dedication. Unfortunately, I was in Denver attending the National Congress of American Indians (NCAI) Conference. The Lieutenants advised me that neighborhood community members were present and very thankful for the park. When I first took office, several community members had called me and asked if the play grounds could be worked on so that the children could have a place to play. After visiting several play grounds, I contacted Mr. Rick Giron, Director of Parks and Recreation to inquire what we could do to improve the playgrounds that were in very bad condition. Rick advised me that we should contact legislators in Santa Fe and ask for capital outlay money through the State of New Mexico, which we did. To date, Isleta has received over one million dollars to create, not only playgrounds, but parks. Rick advised me that he would create a maintenance department to maintain all the parks. I want to thank Rick and the maintenance crew for the hard work and dedication you all have put into making this program possible. We have two more parks to complete, the Chical and Mouse Town parks. All monies to build the parks has come from State of New Mexico Capital Outlay monies. No tribal funds were used, except to pay for employee wages.

On November 24, 2007, the Isleta Travel Center had a grand opening with gasoline special selling for \$2.79 per gallon on that day. Radio stations 106.3 The Range and 98.5 Big Oldies were on site to promote the grand opening. I was advised

that the center drew in a good sized crowd and several vendors provided promotional items for give-aways. Lieutenants Zuni and Lujan were present for the grand opening.

Tribal Council has authorized a per-capita distribution to be held on December 10-11, 2007, see attached article on per-capita. Tribal council and administration met with AT&T to negotiate a right-of-way renewal, which has allowed us to make enough money for the distribution. Due to the confidentiality clause in the agreement with AT&T, the total amount settled cannot be disclosed to the public. As I had advised you on the October newsletter, monies generated through natural resources and rights-of-way can be used for per capita distribution, without being taxed by the federal government. Monies received from tribal businesses such as the casino, gas station, etc., is taxable by the federal government. This means if you receive a per-capita payment from these resources, you would have to pay taxes for all monies received in your household. The money you will be receiving IS NOT taxable. In the future, it will become difficult to meet the demand for per-capita due to the limited revenues through taxation on rights-of-way, pipelines, electric and cable easements. Although we have natural resources such as sand, gravel, lava and timber, we have yet to decide if that is the direction we will go. The possibility of natural gas is promising, however, we as a community have to decide what is in the best interest for Isleta. We have been contacted by several companies for oil and gas exploration and we are told that we hold a very large basin of natural gas. However, a portion of the basin extends off of our reservation and drilling is taking place to the extract the gas from this basin. The larger portion of this basin is located on our reservation.

I have also been contacted by PNM on the possibility of building an electric plant on the reservation that would bring in additional money to the tribe. Another project being discussed is the possibility of generating solar energy. The question of location for these projects would have to be clearly evaluated so that they wouldn't interfere with tribal business. One possible location would be at Comanche Ranch or near the reservation's North boundary line near the casino. These locations will be discussed at a general meeting to be held at the beginning of next year.

On November 10, 2007, I traveled to Denver, Colorado to attend the NCAI convention. Diane Peigler and Ronald Olguin, council members, joined me later that week. Elections for Chairman, Vice-Chairman and other positions were taking place. The Pueblo of Isleta cast 130 votes, which are based on our population with an additional vote per tribal leader. Ron and I are the delegates for Isleta to cast the 130 votes, making our presence necessary.

We attended some very important meetings with tribal leaders concerning funding for various programs, law enforcement, health care, JOM, education, housing and other issues impacting Indian Country. Several bills are being proposed for the next legislative session at the federal level. I will be contacting our Senators and Congressional delegates on bills we support or oppose. Tribes throughout Indian Country are preparing for elections by encouraging tribal members to register for the upcoming elections. Your vote is very important and we encourage you to make sure you are registered to vote. Your vote really makes a difference.

## FY2007 Per Capita Distribution

The Isleta Tribal Council approved a per capita distribution of \$1,500.00 per eligible member. The Per Capita distribution will occur on Monday, December 10, 2007 and Tuesday, December 11, 2007 from 8:00am to 6:00pm. The distribution will take place at the Isleta Recreation Center.

The Isleta Tribal Council has also directed that the Isleta Tribal Court withhold up to 75% of the per capita distribution of individuals who have outstanding judgments against them for unpaid child support, housing delinquencies, judgments and social services minor guardianship. Additionally, the cost of jail incarcerations will be deducted up to 75%. Members born between January 1, 2007 and December 31, 2007 must be registered no later than January 31, 2008 in order to receive a distribution for the year 2007. Members who do not receive their checks on December 10-11, may pick up their checks at the Treasurer's Office during regular business hours until February 28, 2008. Checks that are not distributed by February 28, 2008 will be void and no longer available for distribution.

### Release of checks:

It is impossible for the staff to know everyone's family members, therefore, anyone who wishes to pick up a distribution check for friend or family member, must have a notarized letter even if it is for your immediate family member(s).

Please bring your Isleta Tribal ID or your Driver's License with you. Checks for minor children will be released to the parent or legal guardian as indicated on the tribal roll database. The attached form must be presented with signature to certify guardianship. If you anticipate any problems ensuring the proper release of the checks for individuals in your legal care, please provide copies of the court documents that prove your custodial relationship to the Isleta Treasurer's Office as soon as possible or bring them with you on distribution day. We will arrange to have those checks held for the appropriate individual. Since personal situations can change from one year to the next, we must have a copy of the custodial paperwork on file each year. For elderly members who are home bound, the Isleta Elderly Center will be available to deliver checks or arrange to bring those elders to the Recreation Center so they can receive their checks on distribution days.

Members requesting that their per capita check be mailed, can send a notarized letter no later than February 28, 2008. All letters should be addressed to the Isleta Treasurer's Office at P.O. Box 1270, Isleta, NM 87022.

Mailings will not begin until after December 12, 2007.

The Per Capita distributions you receive are not a distribution from the Isleta Casino and Resort enterprises. The revenues used for Per Capita distribution are provided through careful negotiation with businesses operating on the Pueblo's lands and other revenues collected by the Pueblo of Isleta.

2007  
Pueblo of Isleta  
Per Capita Distribution Record Sheet  
  
(Please Print)

NAME: \_\_\_\_\_ TRIBAL ID#: \_\_\_\_\_  
ADDRESS: \_\_\_\_\_  
DATE OF BIRTH: \_\_\_\_\_ CHECK #: \_\_\_\_\_  
BLOOD DEGREE: \_\_\_\_\_  
  
I, \_\_\_\_\_, have primary custody and am responsible for the following minor(s) and will pick up their checks.  

NAME OF MINOR	D.O.B.	TRIBAL ID#	BLOOD DEGREE	CHECK #
1. _____	_____	_____	_____	_____
2. _____	_____	_____	_____	_____
3. _____	_____	_____	_____	_____
4. _____	_____	_____	_____	_____
5. _____	_____	_____	_____	_____
6. _____	_____	_____	_____	_____
7. _____	_____	_____	_____	_____

  
I, \_\_\_\_\_, certify that I have received per capita distribution check(s) for the name(s) listed on this sheet.  

Signature \_\_\_\_\_ Date \_\_\_\_\_

Isleta Pueblo Public Library

- The Isleta Pueblo Public Library would like to say, Thank You, to the parents & guardians of the many children that use the Library's Resource on a daily basis. Without your help things in the month of November would not have gone so smoothly. As you might know we at the Library have created a Log In/Log Out Sheet for all Students and guardians to sign as they enter & leave the library.
- The Library staff has updated the Isleta Pueblo Public Library Policies. At this moment, Governor R. Benavidez, is overlooking our final draft and once he approves our Policies we will send a copy home with your child/children so you may have a copy. The latest news concerning the Library, the Library's hours of operation, and the Library's Contact information can be found on the Library's my space page at [www.myspace.com/isleta\\_pueblo\\_library](http://www.myspace.com/isleta_pueblo_library)!
- In the New Year, the Isleta Pueblo Library will start up a Video Collection & Music Collection. The public's suggestions will be greatly appreciated and taken into consideration. However, movie rating & parental guidance will be followed to prevent any future conflicts. Suggestions can be made by via in-house visit, email at [poilibrary@hotmail.com](mailto:poilibrary@hotmail.com). and myspace (inbox or comment).
- The Library is required by the New Mexico State Library to form a Library Board consisting of a minimum of three community members (preferably non-politically related). Members of the Library Board will meet quarterly at the Isleta Pueblo Library. Members will discuss Library Policies, Book Suggestions, Video Suggestions, Music Suggestions, and Parent/Guardian Complaints. For more information of the duties, please contact the Library at (505) 869-8119 and speak with Nathaniel Lujan.
- The Library will also be forming a Teen Library Board that is not required by the New Mexico State Library but is highly suggested by the New Mexico State Library. Again, the Library will be looking for a minimum of three community members that will meet quarterly at the Isleta Pueblo Library. Members will discuss Library Policies, Book Suggestions, Video Suggestions, Music Suggestions, and Parent/Guardian Complaints, and Teen Complaints. For more information of the duties, please contact the Library at (505) 869-8119 and speak with Nathaniel Lujan.
- The Library is currently working on a way to digitize the Monthly Isleta Newsletter so we can email the newsletter to those individuals who would like the newsletters emailed to them. Stay tuned for more information and please bear with us.

Isleta Pueblo Public Library

Contact Information:  
Phone Number: (505) 869-8119  
Fax Number: (505) 869-7690  
Email: [poilibrary@hotmail.com](mailto:poilibrary@hotmail.com)  
Web Address:  
[www.myspace.com/isleta\\_pueblo\\_library](http://www.myspace.com/isleta_pueblo_library)

Operation Hours:  
Monday - Thursday: 8am - 8pm  
Friday: 8am - 4:30pm  
Saturday & Sunday: Closed

Happy Holidays

HAM DISTRIBUTION

**DATES:** December 10th, 11th, 12th, 13th & 14th, 2007

**WHERE:** Governor's Office Tribal Road 40 Bldg. #117-A

**TIME:** 7:30 a.m. to 6:00 p.m. each day, except for Fridays 7:30 a.m. to 4:30 p.m. (office will be open during lunch hours)

FOR: Tribal members (1/2 enrollment) living in Isleta Pueblo, Los Lunas, Belen, Bosque Farms, Albuquerque and Bernalillo ONLY!!

Gift certificates will be issued for hams.  
Individuals must provide proof of tribal membership.

ONLY ONE HAM PER HOUSEHOLD!  
YOUR COOPERATION WILL BE APPRECIATED  
THANK YOU!

Robert Benavides, Governor  
Robert Benavides, Governor



## The Dyan Jojola Story

Dyan, Your Work Continues  
by Colleen Keane.  
November 29, 2007

During her short life of 50 years, Dyan Jojola worked on numerous causes to improve the quality of life for the people of Isleta and all native people of New Mexico. She was well known throughout the Pueblo and the state of New Mexico for her work with the elderly and children around education, health and environmental reforms. She energetically and passionately advocated for better health care, dental services, distance learning, technology and literacy.

During the day, she was either on the phone with legislators, speaking at a community meeting, teaching a class on culture, volunteering at Head Start or picking up a group of children to take them to a special event. One day, she brought 40 children to KNME-TV to watch a television documentary about basketball champions from Shiprock, New Mexico and to introduce them to other PBS programs. She called them "my kids".

She also had a special way of bringing people from native and non-native organizations together to solve a problem or revitalize a service. One day she brought KNME-TV, Channel 27 and SIPI together to get serious about distance learning for native communities. At another meeting, she brought members of various education departments and television channels together to see what could be done to protect public access to information. Senator Joe Carraro and Senator Linda Lovejoy joined the discussion in a crowded Isleta Casino dining room. She would tell us, "You guys are the brains, I know you will figure something out." But, Dyan was really the brains behind it all.

Her tragic death left us without a champion for Native American issues and causes. Having been honored to be her friend --- one who had the opportunity to work with her on numerous projects, I don't think she can truly rest unless she knows that her work continues and her children and her elderlies are taken care of. Some of her work is carrying on with help of New Mexico leaders, like Senator Joseph Carraro.

This past legislative session, 2007, a bill began moving through the state legislature with the support of Senator Carraro and his staff.

The bill, the Dyan Jojola Senior Citizen Handicap and Communication Access project, proposes to do two major things. It will (once funded) provide handicap access at senior citizen homes in the communities of To'Hajiilee and Isleta. And, it will establish wireless Internet access for the To'Hajiilee and Isleta Senior

Centers created by Sacred Wind Communications, Inc. (The bill was not funded in the 2007 legislative session. Another effort will be made to get it passed in 2008.)

Dyan was always concerned about the elders; if they were safe in their homes and if they could get information when they needed it. The handicap access part of the project will renovate elders' homes, while the wireless component will bring the To'Hajiilee and Isleta Senior Citizen Centers into a movement called the Internet to the Hogans, initiated by former State Senator Leonard Tsosie, now Council Delegate Tsosie of the Navajo Nation. The Internet to the Hogans movement began as an effort to bring wireless communication to Navajo homes. Once funded, the Dyan Jojola Project will extend the effort to bring high speed Internet connectivity to native communities. Working with an Internet to the Hogans partner, Sacred Wind Communication, Inc., high-speed internet capability will be established at the To'Hajiilee and Isleta Senior Citizen Centers. With high-speed Internet, seniors will have ability to email their grandchildren at college, get medical information, and learn about native and non native news around the country.

Dyan was well known at the New Mexico state legislature advocating for native rights and programs. She pretty much lived up at the state capitol during sessions. I learned many of the ins and outs of the state legislature (I don't know if you ever learn all of them) following Dyan around during several legislative sessions. It's really the only way to learn the legislative process. She would say "follow me," and wouldn't look around to see if I was behind her. If I wanted to keep up, that was up to me. It was not always easy to keep up with her.

She zipped through the halls, down staircases and up elevators. All in 15 minutes she would visit a legislative aide, stop in to another legislator's office to ask to make a phone call, then move on to the basement to ask the Sergeant at Arms if she could "pretty, pretty please" speak to a Senator. The Senator would come out smiling, usually, and be presented with a freshly baked loaf of Isleta bread. She always had a loaf of Isleta bread to give a Senator or a Representative. Somehow, the bag she carried the bread in was never empty.

This past 2007 session, I could sense Dyan's presence in the now familiar halls and staircases. As I carried the draft Dyan Jojola Senior Citizen Project bill from one office to another, (like she used to do so many others), it was uncanny that legislators were readily available to consider it.

At one point, as I walked into Senator Carraro's office, I expected to just leave the draft bill, but his assistant James said, "Senator Carraro wants to see you."

Right at that moment, he was talking about Dyan's bill. Addressing me, he said, "Here's what you need to do," he told me. "Letters of support from the senior citizens and community people are needed." I'm sure Dyan was looking over my shoulder, smiling that prize winning smile of hers. I think Senator Carraro was her very favorite Senator.

The next day, letters came in from several seniors at the To'Hajiilee and Isleta. Bundling them up, I faxed them to James, Senator Carraro's Assistant, who brought them to the attention of the Senator. To Senator Carraro and the co-chairman of the Legislative Finance Committee, the Isleta Senior Citizens wrote:

"Our own Dyan Jojola worked with us and advocated for us and we will never forget her. Her visits to us at the senior citizen center were always filled with enthusiasm and great ideas. She often accompanied us on trips to the legislature, where she would introduce us and be our guide. We are asking that she be honored with Senator Carraro's Amendment to the House Bill 2 in order for her work to continue." Signed the Elders of the Pueblo of Isleta, Ruth Johnson, Marie Kirk, Rose Zuni, Mary M. Schall, Alberta Lente, Josephine Velardez, Lupita DeCora and Isabel Cooka.

"I would like your support on the House Bill 2 to comply with the Americans with Disability Act of 1990 for the elders of To'hajiilee and Isleta Pueblo. This would be a great honor for Isleta people on behalf of our dear Dyan Jojola, who was so good to us elders," signed Rose M. Zunie.

Many other letters of support came from the To'Hajiilee Senior Citizen program. Individually signed by many of the seniors was a special note of thanks to Senator Joseph Carraro: "Special thanks on sponsoring this effort in assuring (compliance with) the Americans (for) Disability Act of 1990 in honor of Dyan Jojola Senior Citizen project," signed Marie Chackee, Dollie Sandoval, Rose Platero, Dorothy Begay, Roy Alonzo, Selina Chavez, Lupe Sandoval, Rena Charley, Lolita Platero, Bessie Garcia, Nelsie Chavez, Betty Platero, Jack Platero and John Sandoval and Tonita and Dennell Kirkpatrick.

As mentioned above, the funding for the Dyan Jojola Senior Citizen project, did not get approved during this session. But, getting a bill passed usually takes more than one try. A request will be made again during

the 2008 session.

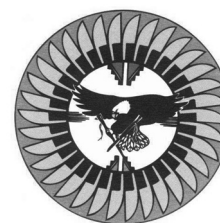
As a tribute to Dyan, we'll keep working at it, until it is passed. It is one way Dyan's work will continue.

In 2005 and in 2006, Dyan's work and life were acknowledged by the New Mexico State Legislature and the State of New Mexico.

On November 4th 2005, Dyan received the 2005 New Mexico Distinguished Public Service Award for exceptional contributions to improve public service in New Mexico. The First Lady, Mrs. Barbara Richardson acknowledged her contributions in the Albuquerque Journal on August 27, 2005; "Dyan was an individual who was committed to improving the lives of children so they would have opportunities that otherwise might not have been open to them. Dyan's Mother, Mrs. Mary Jane Jojola, her family and her lifelong partner William Jemerson accepted the award on her behalf.

Then on February 4th, 2006 Senate Memorial Bill 19, sponsored by Senator Leonard Tsosie, was read in the public during the 47th New Mexico State legislature honored Dyan in a memorial along with R.C. Gorman and Pablita Velarde recognizing the contributions of three important New Mexicans to the culture and quality of life for all New Mexicans. Dyan's mother, Mrs. Mary Jane Jojola, her family and her lifelong partner William Jemerson accepted the award on her behalf.

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### Isleta Pueblo News

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## Recreation

The Recreation program was in full swing with a number of special events taking place in the month of November. In early November the gymnasium was busy with early morning Basketball practice sessions for the Albuquerque Thunderbirds and then quickly shifted gears and continued in the evening with the Isleta Eagle Volleyball Tournament.

Also on Veterans Day, November 11, 2007, the park at Ranchitos was officially dedicated and opened as the Jose Manuel Valdez Park. Also held in the gym in mid November was the Annual Elderly Arts/Crafts Fair as well as several Predator Awareness Classes held by our own Karate Instructor, Clarence Chavez and Dr. Kathy Ulrick from the Family Rape Crisis Center.

### Jose Manuel Valdez Park

It's now official; the Park at the Ranchitos Neighborhood has been completed and dedicated to the late Jose Manuel Valdez. On November 11, 2007, a celebration in his honor had a number of dignitaries that included i.e.: Lt. Governor Max Zuni, Lt. Governor Frank Lujan, Master of Ceremonies, Joe Jaramillo, Post Chaplain John Sorrell, Commander from Post 72 Sardo Sanchez, VC from Post 95 Butch Harris, and new Commanders from our newly established Post at Isleta and coordinators of the event, Ulysses Abeita and Theresa Zuni. Mr. Valdez was a US Army PFC (private first class) who served in WWII from October 6, 1942, to December 12, 1945. He was stationed with the 1124th MP Company in Guam. This celebration, which was attended by some 300 family, friends, Veterans and fellow Pueblo Members, not only named the park in his honor but it gave us another reason to rededicate ourselves to the youth and families of our community which ultimately benefit.

Everyone in attendance was also treated to a barbecue, which included hamburgers, potato chips, baked beans, and cake. Congratulations to the Valdez family. Pictured below is some of the action that took place with Lt. Zuni, Lt. Lujan, as well as fellow Tribal member and Master of Ceremonies Joe Jaramillo, Post 72 Commander Sardo Sanchez, and VC Butch Harris prior to the unveiling of the Park. The first picture is many friends and family members who took part in the unveiling of the park sign. The second picture is many of the decedents of Jose Manuel Valdez who were on hand for the dedication.



### Volleyball

The Annual Volleyball Tournament once again turned out to be a great success as the official start of our Volleyball League. Tournament Coordinator, Coach Carlos Montoya and assisted by Carl Anderson both agree that all who played really enjoyed the fierce competition. Once again we had 9 teams competing for the bragging rights as the team to beat until the start of regular League play. The bragging rights go to the team that was run by Devin Trujillo, "The Slammers", 2nd place went out to the Outsiders and Tribal Council took 3rd place. If the Volleyball Tournament is an indication of what is anticipated for league play, Carl Anderson, League Director anticipates a strong and competitive season.

### Predator Awareness Classes

In light of the cowardly act that took place against one of our fellow Elders, the forces led by Judge Verna Teller, Councilor Diane Peigler, and the Isleta Karate Club are now offering Predator Awareness and Women's Self-Defense classes. The two-day class, which began with Dr. Kathy Ulrick has become so popular that our Karate Instructor, Clarence Chavez has added several Women's Self defense classes to already completed program. If interested please contact Clarence Chavez on Tuesdays, Thursdays or Fridays between the hours of 5 pm until 8 pm at 869-8557.

### Christmas Program

Although the Recreation Center will be closed during some traditional events that take place during the Holiday Break, the staff is still planning some special events for those children wishing to partake. Currently, a Christmas Caroling event for our children and Elders will take place as well at the Elderly Center, as well as a Caroling and hayride is being planned for Friday, December 21, 2007 starting at about 5 pm in the evening. Also a field trip to see the Nutcracker hosted by the New Mexico Symphony is being planned. For more information please contact Bernadette Benavidez, Yolie Chavez, Feather Anderson, Roberta Chavarillo or any of our (Nanas) Arts/Crafts Instructors at 869-8557.



## Elderly Center News

The Elderly Program has been busy getting into the holiday spirit, with a successful Arts and Crafts Fair in November. A big thank you goes out to the Recreation Center staff for hosting us and providing us with a beautiful space to hold our event. We also thank our vendors and our customers--we did quite well in our fund raisers for the Day Care and the Senior Olympics programs. Both programs are gearing up for new participation and we want to encourage the community to come by the Center to learn about how to become involved. Adult Day Care is all about providing fun activities in a social atmosphere for our elder elders. The Senior Olympics program is much the same, with sports and games available to challenge any level of fitness for those who are age 50 and better. The Senior Olympics kicks off the new year March 26 & 27, 2008, with the All Indian Game Days, to be held here at Isleta. Tribal elders from all over New Mexico will be here to participate. In April and May, our 2nd annual local games will be held.

Another big thank you is in order to the Senior Arts Program for sponsoring Los Reyes de Albuquerque mariachis to play for us at our Thanksgiving celebration, November 14th, Senior Arts, Inc., is very generous in providing artists and musicians for senior programs throughout Bernalillo County.

Holiday activities in December include the annual Christmas dinner at the Santa Fe Indian School, Thursday, December 13th. Please call the Center if you would like to join us on the bus. Our own Christmas Party will be held the following week on the 20th. We will be holding our traditional gift exchange, and all the community is welcome to participate. Please see Alberta or Gloria to sign up and to choose a name. The Center will be closed for activities and meals from December 25th through January 1st. We will reopen on January 2nd.

The planning process for what is being referred to as the Elderly Assisted Living facility is moving right along. We expect to have a contract with our architectural firm, ASCG, Inc., very soon. The design phase has begun! While it will not be a nursing home, it will provide care for those with a nursing home level of care need. There will be private rooms for 10 to 12 elders, with 24-hour supervision by nurse's aides. Doctor and nurse visits will be made as needed. The planning committee hopes to utilize the space between the Elderly Center and the old elementary school for this project.

Employment with the Elderly Program is rewarding and fulfilling. Currently we have several openings for caregivers as well as a "home chores" handyman. We have a special need for weekend caregivers. The Isleta Personal Care Program hires home attendants for Medicaid clients, and there is always weekend work. Please go by the Isleta Human Resources office in the Tribal Administration building to apply. Elders need you!

ISLETA ELDERLY PROGRAM

The Bo Sangre Honor Roll

CALL FOR NOMINATIONS!

Volunteers, aged 60 or older, who have made a significant contribution to enrich the lives of the Isleta elderly.

Nominations will be accepted until December 24, 2007. Two honorees will be selected by the Isleta Elderly Center Advisory Board. The awards will be presented in January. Advisory Board members and Elderly Center staff are not eligible to be a candidate for this award. They are also not eligible to nominate candidates.

Name of Nominee \_\_\_\_\_

Age \_\_\_\_\_ Address \_\_\_\_\_

Phone \_\_\_\_\_

Nominated by \_\_\_\_\_ Phone \_\_\_\_\_

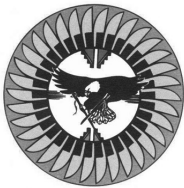
1. What civic / volunteer organizations does the nominee belong to?

2. Does the nominee serve as a role model in the community? If so, how?

3. List three qualities that best describe the nominee.

4. Please enclose a short biography on the nominee, which includes information about family, achievements, and activities in which the nominee is involved. Include that which makes him/her a special person, who should be recognized for their work.

\* Note: Selection of honorees will be by secret ballot at the December Advisory Board meeting. Members will prioritize the nominees and award 5 points for their first choice, 4 points for their second choice, 3 points for their third and so on.



Isleta Health Center  
**1-877-725-2552**  
24 Hour Nurse Advice Line

Unsure whether or not to take your child or yourself to the doctor, or emergency room?

**Call Isleta's Nurse Line and speak with a registered nurse.** When you or your child is ill or injured and you want help quickly, call this line and speak with a nurse. Someone is there to answer your health-related questions 24 hours a day, 7 days a week, 365 days a year. This service is **FREE** for ALL Isleta Health Center patients.

So whether you have a question as simple as whether or not you have a cold or allergies, or as worrisome as your child waking up at 2am with a high fever and you need to know whether or not to wait until the morning to call the clinic or if you should go to the emergency room now,

**CALL THIS NUMBER and THEY WILL HELP YOU ANSWER YOUR QUESTIONS!!!**

**FREE to ALL ISLETA HEALTH CENTER PATIENTS**

# ISLETA ELEMENTARY SCHOOL

## Principal's Message

Isleta Elementary School's annual science fair was held on November 27th. We are proud to say that approximately 140 projects were entered in kindergarten through sixth grade!

The results are:

### KINDERGARTEN:

- 1st PLACE - "Seeds, seeds, seeds" - Celeste Lucero  
 2nd PLACE - "Building" - Destiny Jiron, Thur-shaan Montoya, and Isaac Gonzales  
 3rd PLACE - "Floods" - Elyza Zuni, Jacob Jojola, Terrance Harris

### 1st GRADE:

- 1st PLACE - "Which Seeds Sprout Faster" - Zachary Abeita  
 2nd PLACE - "Three Soil/Bean Terrarium" - Marisa Abeita  
 3rd PLACE - "Bubbles" - Kevin Abeita, Ashley Natseway

### 2nd GRADE:

- 1st PLACE - "Crystals" - Mercedes Armenta  
 2nd PLACE - "Are There Germs in Water?" - Alaynna Loretto  
 3rd PLACE - "How Leaves Change Colors in the Fall" - Isiah Chavez

### 3rd GRADE:

- 1st PLACE - "The Power of the Sun" - Andrew McDaniel  
 2nd PLACE - "Effects of Friction on Speed" - Jackson McLaughlin  
 3rd PLACE - "Collecting & Polishing Hard & Soft Rocks" - Anastasia Yepa

### 4th GRADE:

- 1st PLACE - "Cloud Formation" - Antonio Dailey & Deshaun Hogue  
 2nd PLACE - "Coke or Pepsi" - Shawna Esquibel  
 3rd PLACE - "Can You Make Paper?" - Kariah Williams

### BEHAVIORAL AND SOCIAL SCIENCE

- 1st PLACE - "Does Smell and Sight Affect Taste?" - Breana Abeita-Sanchez (6th grade)  
 2nd PLACE - "Do We All Lose if Education Doesn't Win?" - Briana Roybal (5th grade)

### CHEMISTRY

- 1st PLACE - "Maggots" - Kaitlyn Thompson (5th grade)  
 2nd PLACE - "Effect of Water Temperature on Alka Seltzer" - Christopher Abeita (5th grade)  
 3rd PLACE - "Which Detergent Works Best?" - Dawn Chewiwi (6th grade)

### EARTH & PLANETARY SCIENCE

- 1st PLACE - "When Lightening Strikes" - LaCrisha Cuaron (5th grade)  
 2nd PLACE - "Polar War" - Gabrielle Lucero ( 6th ) grade  
 3rd PLACE - "Gravity & Mass" - Bobby McLaughlin (5th grade)

### ENGINEERING: ELECTRICAL & MECHANICAL

- 2nd PLACE - "Add a Switch" - Iziah Waseta (5th grade)

### ENVIRONMENTAL MANAGEMENT

- 2nd PLACE - "What is Biodegradable?" - Toshio Herrera (5th grade)

### ENVIRONMENTAL SCIENCES

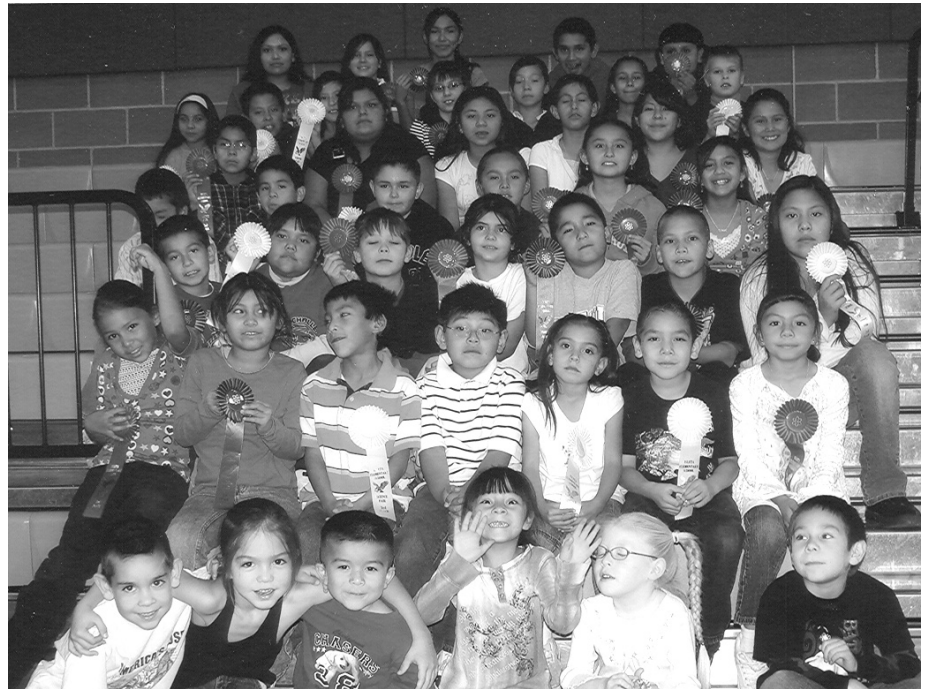
- 2nd PLACE - "Isleta or IS "LEAD" a" - Ahily Orozco (5th grade)

### MATHEMATICAL SCIENCES

- 2nd PLACE "The Perfect Shot: The Science of Basketball" - Justin Morris (6th grade)  
 3rd PLACE - "Binomials & the Foil Method" - Lexys Pino - (5th grade)

### MEDICINE AND HEALTH SCIENCE

- 1st PLACE ~ Which Food Drying Method Works Best: Electric or Traditional?" - Taylor Jojola (5th grade)  
 2nd PLACE - "PH are We Balanced?" - Janai Campos (5th grade)  
 3rd PLACE - "Taste Buds vs. Smell" - Savannah Trujillo - (5th grade)



### PLANT SCIENCE

- 2nd PLACE - "Which Liquid Will Make A Plant Sprout Faster?" - Nicholas Trujillo (6th grade)  
 3rd PLACE - "Does Music Matter?" - Angelo Esquibel- (5th grade)

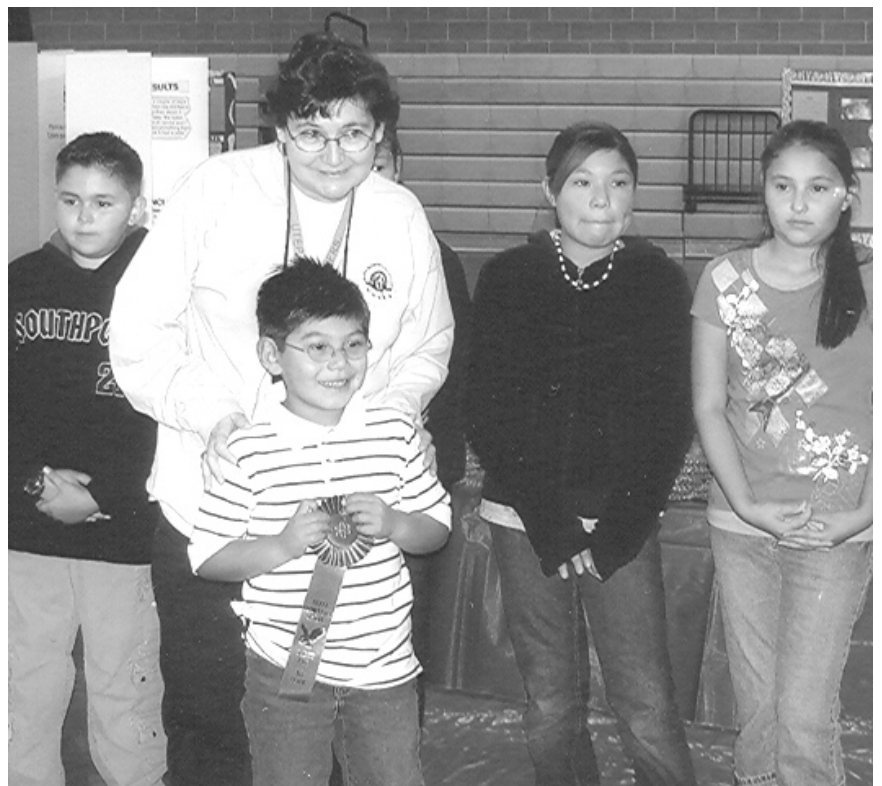
### TEAM PROJECTS

- 1st PLACE - "What Parts of the Body Does Leukemia Affect?" - Krysta Lucero & Rebekah Lovato  
 2nd PLACE - "Which Nut Has the Most Energy?" - Ashley Morales & Mariah Montoya  
 3rd PLACE - "Chew it Twice" - Bryce & Lucas Jojola-Jiron

As you can see, our students are exploring the many areas of science. We would like to thank Charlene Lucero from our Student Parent Staff Pride organization. Ms. Lucero helped organize science fair workshops for our students with the Explora Museum and Sandia National Laboratories.

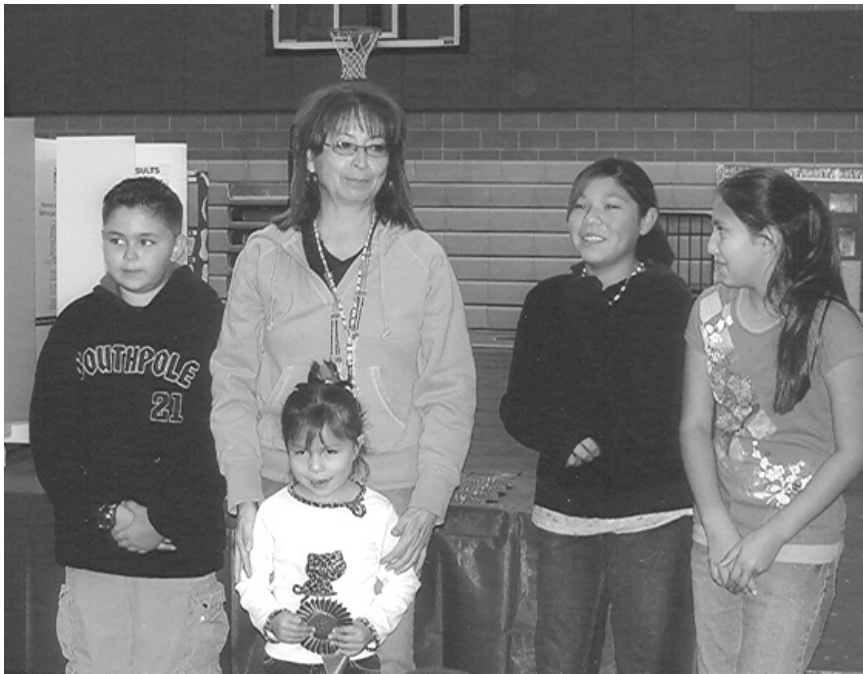
Thank you parents, for your support with our science fair! Our annual Christmas dinner will be held on Thursday, December 13th and our Christmas program will be held on Wednesday, December 19th at 6:00 p.m.

Please come by and visit the school!



Zachary Abeita and Mrs. Jaramillo

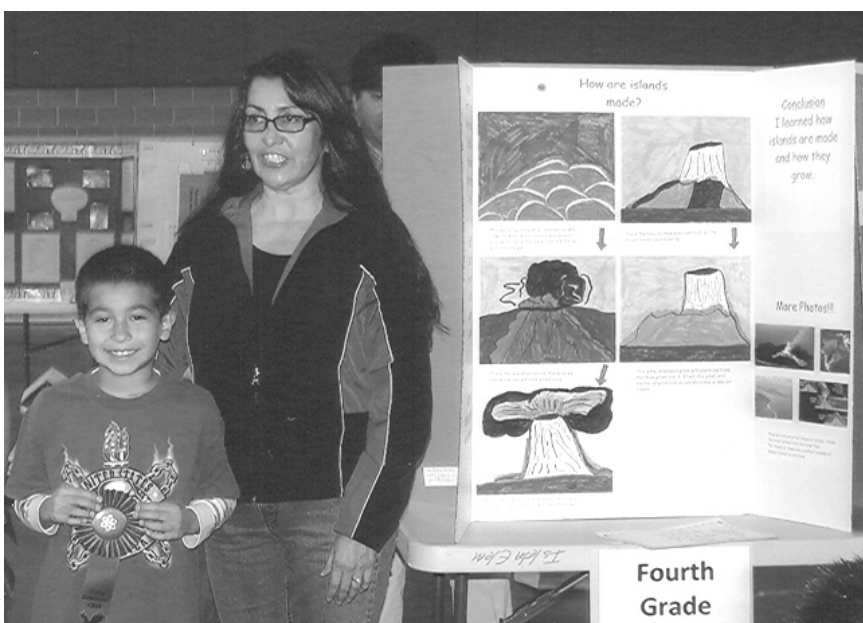




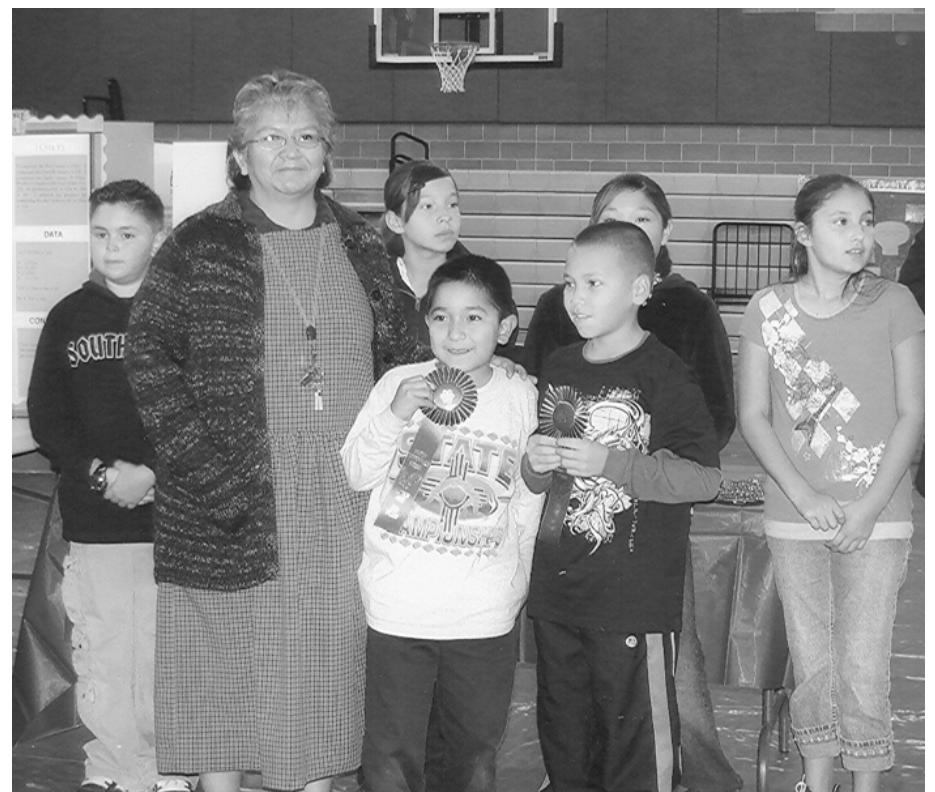
Celeste Lucero and Mrs. Chavez



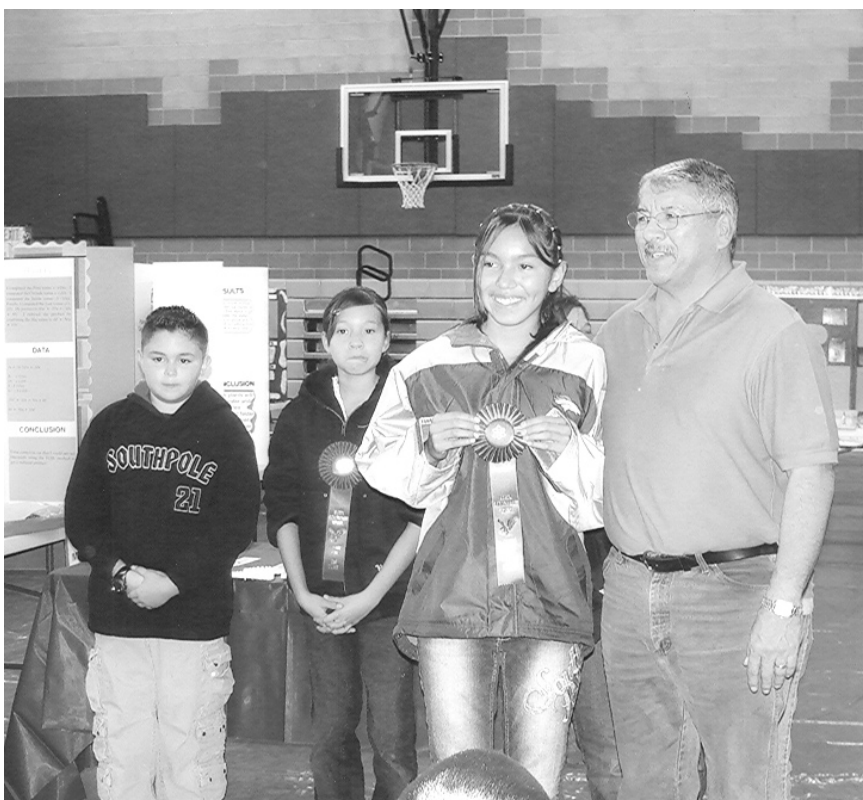
Merceades Armenta and Mrs. King



Andrew Mc Daniel and Ms. Abeita



Antonio Dailey-Deshaun and Ms. Martinez



Breana Abeita-Sanchez and Mr. Sedillos



Janai Campos - Taylor Jojola - Savannah Truillo  
Ms Gonzales - Dr. Shutiva





THE WHITE HOUSE  
WASHINGTON

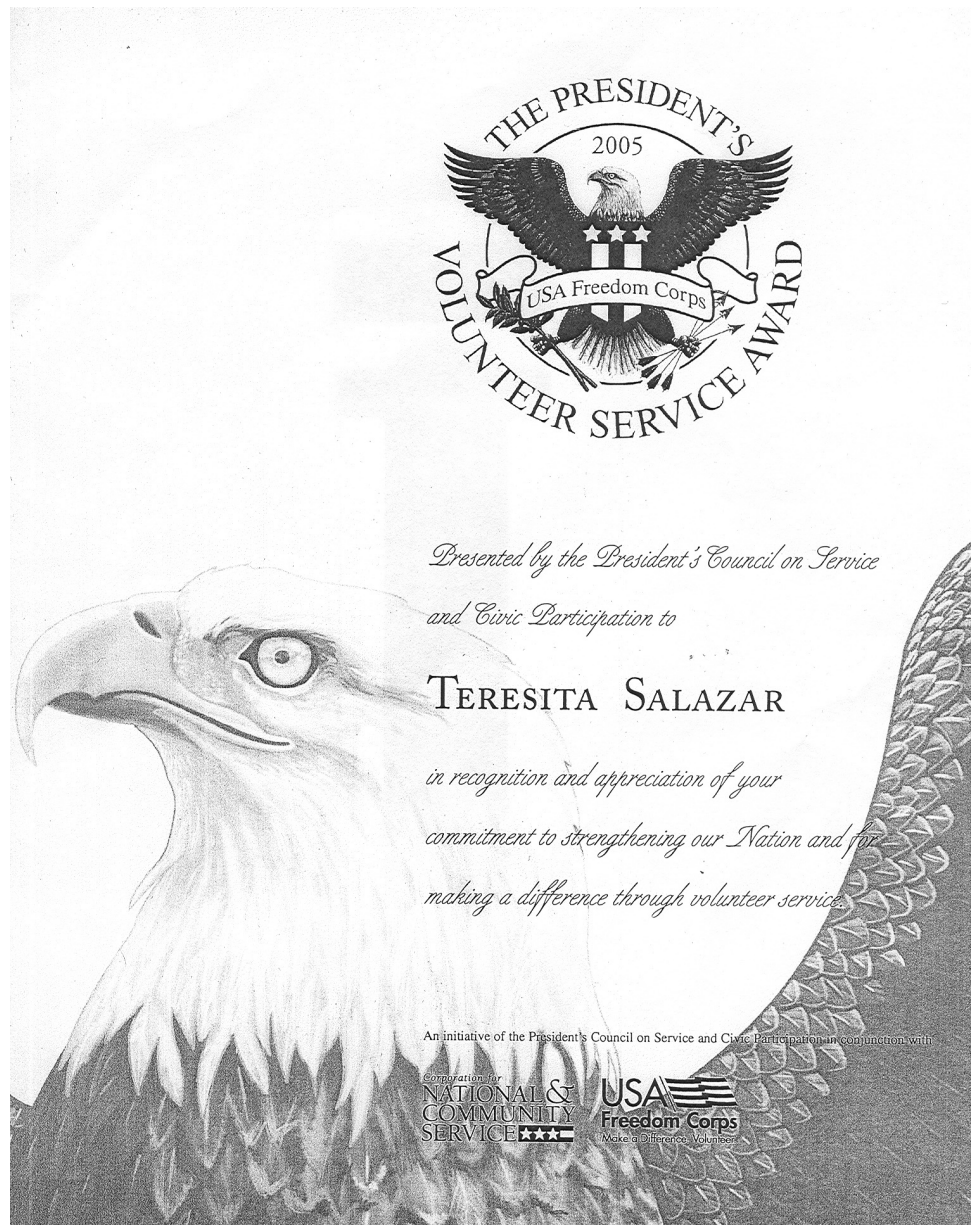
Congratulations on receiving the President's Volunteer Service Award from the President's Council on Service and Civic Participation. Through service to others, you demonstrate the outstanding character of America and help strengthen our country.

In January 2002, I called on all Americans to dedicate at least two years, or 4,000 hours, over the course of their lives to serve others at home or abroad. I congratulate you and all Americans who have answered this call and have earned a Gold Award from the President's Council. Americans of all ages can serve others in countless ways, such as mentoring a child, caring for an elderly neighbor, teaching someone to read, cleaning parks, and creating safer neighborhoods.

My Administration encourages every American to help their communities and our country. Through the USA Freedom Corps and the President's Council, we are building a culture of service, citizenship, and responsibility in America that will last for decades to come. Americans continue to serve and are part of the gathering momentum of millions of acts of kindness and decency that are changing America, one heart and one soul at a time. Your actions are part of this change. I urge you to continue serving your neighbors and earn the President's Call to Service Award. I also hope that you will ask your friends, family, and colleagues to join you in serving your community and our Nation.

May God bless you, and may God continue to bless America.

Sincerely,



## Los Lunas High School...Time to get ready for Graduation!!!

**Graduation is just right around the corner. It is time to get organized and stay organized!!!**

Seniors applying for admission to colleges should be requesting applications directly from the school. This should be done as soon as possible. The counseling office has addresses for all colleges in the United States and school profiles for most. Our reference "College Handbook" provides a one-page summary of all colleges. If you are applying to several colleges, I recommend keeping an individual file for each college.

NMSU, UNM, Eastern NM, NM Highlands, NM Tech and Central NM Community College provide on-site registration at our school. **THE APPLICATION FEE IS WAIVED ONLY AT THIS TIME. TAKE ADVANTAGE OF THIS SERVICE!**

### Financial Aid

Money to help pay for post-secondary education comes in many forms. There are scholarships federal grants, federal loans, state loans, co-op programs, college work study and there is the Pueblo of Isleta Higher Education Program. You may call Cecilia Jaramillo at the POI Higher Ed office at 869-2680. Assistance for applying for the FAFSA is available every Wednesday here at the high school and at the POI Higher Ed office. Check with Ben Analla at 865-4646, extension 272, or with Cecilia Jaramillo for the exact times and for more information on financial aid.

Remember also...

Colleges need transcripts...you must request them from the school counselor and you must send them to the school. Transcripts are not sent automatically.

Recruiters and Admissions Representatives... attend college fairs or meet with recruiters and/or admissions representatives when they visit the high school.

Don't forget!!! The Annual College/Career Day at Isleta Pueblo sponsored by LL Title VII Indian Education/POI - JOM Program will be held on Saturday, January 26, 2008 from 9 AM - 12 PM at the Recreation Center Gymnasium. **ALL STUDENTS ARE WELCOME TO ATTEND.** There will be a Senior/Parent meeting at 10:00 am to discuss financial aid, higher education and graduation dates. Come visit with recruiters admission representatives and employers from across New Mexico. Students are encouraged to have a resume for employers. (Door prizes will be offered throughout the day...)

Letters of recommendation...provide a profile on yourself to the person writing the letter of recommendation so that a good letter of recommendation can be written on your behalf.

College Entrance Exams...meaning the ACT and/or SAT. Check with the school to which you are applying to see which test is required. The POI - JOM Program will reimburse you for testing fees... save your receipts and submit them to Beverly or Ulysses at the JOM Office (869-2680).

And of most importance...Check with your counselor to make sure that all your credits are current and accounted for...

### Important Dates:

December 8, 2007 - JOM Meeting at POI Education Complex at 9:00 AM. This is an important meeting. There will be elections for two parents to serve on the JOM Indian education Committee.

December 18 - 19, 2007 - Final Exams...half days...

December 20, 2007 - January 4, 2008 - Winter Break

January 7, 2008 - Staff Professional Development Day...half day

January 11, 2008 - Report card issued

January 12, 2008 - JOM/Title VII meeting.

January 21, 2008 - Martin Luther King Day...No School!

As always, we continue to invite parents to be involved as much as possible in your child's education. Together we can make a difference. If you have any questions or concerns, feel free to call Ben Analla, LLHS Indian Education Title VII Indian Education @ 865-4646.





WIC NOTES

*The WIC staff wishes to thank Governor Benavides, Lt. Zuni and Lt. Lujan for making our Thanksgiving dinners more festive by providing the Butterball turkey gift certificates.*

\*\*\*\*\*

Bribing Children to Eat

Do you ever find yourself saying:

"If you finish your peas, you can have some ice cream."

or

"If you behave at the doctor's or WIC office we will go to McDonalds after. "

**We do not want to bribe our children with food.** Food is not a reward for good behavior. Bribing creates an unhealthy relationship with food and can lead to more serious problems, like overeating.

Dessert is often used to bribe children.

- Don't promise your child a dessert if she eats her dinner. If you reward dessert for eating dinner, she may overeat twice: Once when she eats her dinner to get dessert, and a second time when she eats dessert when she is already full.
- Don't have dessert every day.
- Here is a suggestion: At dinner, put a serving of dessert at each plate along with the other foods and let your child decide when to eat it.
- Children will eat the dessert first, discover they are still hungry, and go on to eat the rest of their meal.

Children haven't yet learned adults' strange idea that dessert marks the end of the meal. Presenting them right off of the bat with dessert lets them decide how they are going to eat.

Families should always eat together. Make mealtimes pleasant and relaxed.

Spend this time talking with your children.

By sharing meals as a family you can help your child deal with life's challenges.

Source: Ellyn Satter's *How to get your kid to eat, but not too much*



*From the entire WIC staff-Mary, Heidi, Becky, Carolyn, Janelle, Diane, and Janette Merry Christmas and best wishes for a safe and prosperous New Year.*

Fire Arm Safety

***Fire Arm safety is everyone's responsibility***  
Esquipula Garcia and I came into the 3rd grade classes at the Isleta Elementary School to teach them about fire arm safety. During his presentation, Mr. Garcia educated the kids on what to do if they see a fire arm:

- Stop!
- Don't Touch
- Leave the Area
- Tell an Adult

Health Educator:  
Stephanie Schaefer, 869-4479

WORKFORCE INVESTMENT ACT (WIA) PROGRAM  
PUEBLO OF ISLETA

WIA PROGRAM SERVICES

***Vision of the WIA Program: It is our vision that the WIA Program be administered in a manner consistent with the traditional cultural values, beliefs, and Ways of the people it is designed to serve.***

The Workforce Investment Act (WIA) is serving Native Americans residing on the Isleta Reservation with Job Search, Resume Building, and Interview skills. For Job Search, we have a list of current job openings in Albuquerque, Kirtland AFB, Bureau of Indian Affairs, U.S. Forest Service and surrounding areas, including Los Lunas, Belen, Bosque Farms, etc. Assistance with applying online is available. You will need to complete a work history and bring a current resume. Fax machine and computer are available for building and faxing your resume. This is our core services and eligibility is not required.

Currently we have 4 youth working in the after school program. Each youth works 18 - 20 hours per week. They are reaching their program goals by attending a session of Resume Building and Job Search, customer service, etc. We have 2 adults working full time and they will be receiving training. They are required to attend workshops provided by the WIA Program. One Classroom Training individual is enrolled at CNM in Auto Mechanics. Two Classroom Training participants have received Dental Assistant Certificates from Quality Health Management and have passed their state exams and we are very proud of them!

The WIA program has moved to the Tribal Administration Bldg. We are located next to Human Resources.

**You may apply at the WIA Program, 8:00 a.m. - 4:30 p.m., Monday - Friday. For more information contact Mary Abeita at the WIA Program, 766-6652.**

Workforce Investment Act  
Pueblo of Isleta

WIA SERVICES

**JOB SEARCH !  
ON LINE APPLICATIONS !**

**BUILDING YOUR RESUME !**

**INTERVIEWS AND INTERVIEW SKILLS !**

**If you need assistance with your resume or are searching for a job, please come by the WIA office.**

**We have current job openings in the surrounding areas and we will assist you in applying online.**

**We are located at the Tribal Administration Bldg. next to Human Resources.**

**Contact No: 766-6652  
Office Hours: 8:00 a.m. - 4:30 p.m.**

**Eligibility is not required for Core Services.**



## Health Beat

"Your kids are watching you... wear your SEAT BELT!"  
Health Educator: Stephanie Schaefer, 869-4479

Do you put your seatbelt on EVERY TIME you get into the car? Well, as the 3rd grade students learned, it's ONE OF THE MOST IMPORTANT things you can do to PREVENT INJURY!!! I am working with the 3rd graders on injury prevention. They have learned about pedestrian safety, bicycle safety and seatbelt safety and will soon learn about fire arm safety. After learning about seatbelt safety, the Isleta Elementary School 3rd graders put on their first Seatbelt Survey. Each survey was done separately by the different classes. The first survey was done by Mrs. Largo's class on October 16, 2007 from 12:45-1pm, the second was done by Ms. Gaizer's class on October 27, 2007 at 1-1:15 and the 3rd survey was done by Mrs. Abeita's class on November 9, 2007 from 1-1:15. Each survey took place in front of the clinic. The students kept track of how many individuals were wearing their seatbelt. The 3rd graders had a great time of promoting safety by educating the community about the importance of wearing their seatbelts. They held up signs about the importance of wearing your seatbelt. The survey results are:

Mrs. Largo's

76 drivers wore their seatbelts, but 14 did not (**84% wore seatbelts**)  
20 passengers wore their seatbelts, 9 did not (**69% wore seatbelts**)  
6 children were restraint and one was not (**86% of children were in car seats**)

Mrs. Gaizer's

39 drivers wore their seatbelts, but 17 did not (**70% wore seatbelts**)  
33 passengers wore their seatbelts, 8 did not (**80% wore seatbelts**)  
3 children were restraint and one was not (**75% of children were in car seats**)

Mrs. Abeita's

62 drivers wore their seatbelts, but 19 did not (**77% wore seatbelts**)  
39 passengers wore their seatbelts, 5 did not (**89% wore seatbelts**)  
4 children were restraint and 0 were not (**100% of children were in car seats**)

If you add it all up, all together **78% of the drivers and 81% of the passengers were belted and 87% of the children were in car seats.** This is pretty good, but WHAT ABOUT THE 12%, 19% and 13% that were not belted?

THERE IS STILL A LOT OF WORK TO BE DONE, we need to have 100% of Isleta wearing seatbelts! YOUR KIDS ARE WATCHING, SO TEACH THEM GOOD HABITS AND BUCKLE UP!!!!

PLEASE, BUCKLE UP and TEACH YOUR KIDS TO BUCKLE UP TOO!!!!

### Make a New Year's Resolution that will make a DIFFERENCE

SIGN UP FOR FREEDOM FROM SMOKING  
AND STOP SMOKING FOR GOOD!!

or / and

SIGN UP FOR THE STEP OR SPINNING  
CLASSES AND MAKE A HABIT OF  
STAYING FIT

Health Educator:  
Stephanie Schaefer, 869-4479

The start of a New Year is the perfect time to stop a bad habit or start a good one.

**START THE YEAR OUT RIGHT** and make 2008 a healthier year for you and your family by taking advantage of what the Isleta Health Center has to offer.

**Are you a smoker and not quite sure how to quit?** Don't worry, you are not alone. So far the Isleta Health Center has helped 13 people STOP SMOKING FOR GOOD with the help of the Freedom from Smoking Sessions. The Isleta Health Center has these sessions available for you! These 8 Sessions, will teach you how to STOP SMOKING! New sessions will start in January.

**SIGN UP NOW BY CONTACTING** Stephanie Schaefer at 869-4479

**Are you interested in starting  
the habit of staying fit?**

The Beginner Step and the Spinning Classes are just the thing for you. The Step class starts on January 8, 2008 and the spinning class starts January 10, 2008 at 5:30.

**SIGN UP NOW BY CONTACTING**  
Carlos or Elissa at 869-4595

**Make 2008 A HEALTHIER YEAR**



**Freedom from Smoking**

Classes  
Starting  
January  
2008

**Want to Stop Smoking, but  
aren't sure how?**

**SIGN UP FOR THE  
FREEDOM FROM SMOKING SESSIONS**

**Sessions are Once a Week at the Isleta Health  
Center, either in the evening or during the day.**

<p><b>8 sessions to help you STOP SMOKING!</b></p>	<p>Orientation (Thinking about Quitting)</p> <p>Session 1 (On the road to freedom)</p> <p>Session 2 (Wanting to quit)</p> <p>Session 3 (QUIT DAY)</p>	<p>Session 4 (Winning Strategies)</p> <p>Session 5 (The new you)</p> <p>Session 6 (Staying Off)</p> <p>Session 7 (Let's Celebrate)</p>
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**To learn more and to sign up  
call Stephanie Schaefer  
at 869-4479**



**Isleta Health Center**

Keeping Our Community Healthy



GET YOUR FLU SHOT TODAY

Health Educator: Stephanie Schaefer, 869-4479

**WHAT IS THE FLU and WHO NEEDS THE FLU SHOT?**  
The flu is an illness, also called influenza, that many people get during November to April. It can cause fever, chills, body aches, headaches, earaches and sinus problems. It usually lasts about 2-3 weeks, but for some people it could last longer and make them very sick. The people that really need to be careful not to get this illness are:

- Babies and kids under 5
  - People older than 65
  - Adults and kids who have health problems, such as diabetes or asthma.
- These people definitely need a flu shot, but it is also important for everyone else to get a flu shot, so they are less likely to get the flu and less likely to transfer it to someone that it more at risk.

GETTING THE FLU SHOT, DO I NEED IT EVERY YEAR?

If you get the flu shot, you will be protecting your body from this illness, or at least protecting yourself from getting a bad case of the illness for 1 year. Even if you got a flu shot last year, you will need to get a new shot this year, because every year the flu virus changes and a new vaccine will be helpful in fighting the new strain.

HOW DOES THE FLU SPREAD?

When people cough, sneeze or even laugh, they send tiny little germs flying in the air, they are so small you may not be able to see them. The germs will get into your body by putting your fingers in your mouth with these germs on them, or simply by breathing in the air that may have the germs. This is why washing your hands often and covering your mouth when you cough is so important to help reduce the spread of germs.

WHAT IF I GET THE FLU?

If you start to feel the symptoms of the flu (fever, chills, body aches, headaches, earaches and sinus problems) than you may want to go to the Isleta Health Center and see your doctor. Your doctor will either take a long cotton swab and get a sample of the gunk in your nose and throat and send it to the lab to get it tested or your doctor will be able to tell based on your symptoms if you have the flu. If your doctor does say you have the flu, you can start taking these steps to feel better:

- Get a lot of rest.
- Drink lots of liquids (water, chicken broth, and other fluids).
- Take medicine your doctor may have prescribed you, or just take certain over the counter drugs to help ease your fever, aches, and pains.
- You may need to see the doctor if you are having trouble breathing, your muscles hurt or if you feel confused.

**COME INTO THE HEALTH CENTER AND GET A FLU SHOT!!** Getting it is an easy way to protect against getting the flu this winter. Please come in to the ISLETA HEALTH CENTER as a walk in and sign in for Nurse Only. Mark that you are here for a Flu Shot.

Protect yourself and those around you from getting attacked by the flu this year.

<http://www.kidshealth.org/kid/illinjure/flu/flu.html>  
<http://www.kidshealth.org/kid/illinjure/flu/flushot.html>

ISLETA HEALTH CENTER

All Isleta Pueblo Health Care Recipients

The staff at Isleta Medical and Dental clinics wants to meet the needs of all patients, and in order to do this, it is important that patients keep their scheduled appointments.

We have a significant percentage of patients who miss their scheduled appointments. This contributes to extended wait times for other patients to make an appointment, resulting in them not receiving timely medical care.

In the event you cannot keep your appointment, it is very important to call and cancel as far in advance as possible so that someone else may be given that appointment time. Also, please note that if you call to cancel, it may take several months to be rescheduled.

If you miss your medical appointment (do not show), it will be your responsibility as the patient to call the clinic to reschedule. You will not automatically be given another appointment.

To meet the health needs of all the patients, please remember that the Walk-in clinic is designed for acute injuries and/ or illnesses. It is not to be used for missed appointments or cancellations.

In order to respect and protect patient confidentiality, HIPPA (Health Insurance Portability & Accountability Act) must be followed. If the adult patient, being seen by the provider would like a family member to be with them during the appointment, that family member must accompany the patient to the room. Once the patient is in the room, visitors will not be given any information regarding the patient being seen, nor will be permitted in the medical area.

Please note that all patients under 18 years old must be accompanied by a parent or legal guardian (examples of exceptions to this requirement include any form of abuse, birth control, pregnancy testing/prenatal care, sexually

Don't feel so well? Is it a COLD or the FLU?

Health Educator: Stephanie Schaefer, 869-4479

It's that time of year, when the weather is getting chilly and we are all spending more time indoors. Being in such enclosed areas, we are more prone to catching or giving illnesses. So you aren't feeling well and you aren't sure what it is, possibly a cold or the flu? You are probably thinking to yourself, what is the difference anyway? Well let me help you out:

	Cold	Flu
Cause	Exposure to a virus in the respiratory tract.	Any of the many types of the influenza virus.
Symptoms	Scratchy throat, then sneezing and a runny nose. Can also include cough, fever and being tired.	Will cause fevers, headaches, body aches, pains, chills and being very tired. It can also include a scratchy throat and runny nose.
Treatment	Get plenty of rest and drink a lot of liquids. May take Tylenol or Over the Counter Drug if there are no contraindications (OTC). Over the counter cold medications not recommended in children under 6 years old.	Similar to treatment for a Cold, but make sure you are getting an extra amount of rest and drinking plenty of liquids.
Usual Course	Most feel better after a week.  Seek medical attention if short of breath, fever longer than 2 days or have other medical conditions or treatments that may complicate your course (immune suppressive conditions or medications --examples may include uncontrolled diabetes, treatments for rheumatoid arthritis, chemotherapy, etc.)	May last up to 2 weeks.  Seek medical attention if short of breath, fever longer than 2 days or have other medical conditions or treatments that may complicate your course (immune suppressive conditions or medications--examples may include uncontrolled diabetes, treatments for rheumatoid arthritis, chemotherapy, etc.)
How you feel	Most are able to function around the house and at work.	Many miss up to a week of work or school.
When to look for it?	Occurs throughout the year.	Mainly occurs in late fall and winter.



transmitted disease testing and/or treatment). In the event that the parent/legal guardian is not able to accompany the child, a consent form may be picked up at the appointment desk, or may be faxed to you upon request by calling (505) 869-4089 or for dental (505) 869-4499. A picture ID and/or a contact number to reach the parent/guardian to confirm consent must be submitted with the consent form.

As a reminder all name changes and legal custody documents must be submitted to patient registration so updates can be made. Patients are responsible to update any address and/or telephone changes.

Thank you for your cooperation and adherence to these regulations. Your assistance with these matters will ensure that all patients receive confidential and consistent health care. The staff at IHC also want to say “thank you” for allowing us to meet your medical and dental needs.



January 2008

Cervical Health Awareness Month	National Blood Donor Month	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30 Blood Drive at the Clinic 2-5pm Call 869-4479 to sign up	31	National Glaucoma Awareness Month	National Birth Defects Prevention Month
30	31					

ISLETA PUEBLO NEWSLETTER  
P.O. Box 1270  
Isleta, New Mexico 87022

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