



Isleta Pueblo News

Volume 8 Issue 4

April 2013

Report from the Desk of Governor E. Paul Torres

Ma Gu Wam,

I hope that this newsletter finds all of you doing well, and in good health.

Summer Irrigation

The month of March finds our pueblo farmers getting ready for the planting season. The outlook for irrigation water does not look very promising. We currently have sufficient water, although, we are not sure if it will last for the entire season. We pray that the Great Spirit will bless us with plenty of rain to help us through the year. I will let all of you know of the water availability each month as we progress through the season.

Pueblo of Isleta Community Meeting

I am happy to inform everyone that our first community meeting, this year, will be on April 27th at the Hard Rock Albuquerque Casino Showroom from 9:00am to 12:00pm. I have plans to have at least three community meetings this year. I hope all of you can attend this first scheduled meeting.

Lieutenant Isidor Abeita attends the National Congress of American Indians

On March 5, 2013 thru March 8, 2013 Lt. Abeita attended the 113th National Congress of American Indians (NCAI) held in Washington, DC.

The 113th Congress got off to a fast start with the passage of key legislation to advance tribal sovereignty and improve the welfare of Indian and Alaska Native people. In an historic vote on February 28th, the House passed the Senate version of the reauthorization of the Violence Against Women Act including the restoration of tribal criminal jurisdiction over all persons who commit acts of domestic violence, dating violence, of violations of protection orders within Indian country. In January, Congress passed the Sandy Recovery Act of 2013, including an amendment to the Stafford Act where tribal governments now have the option to seek a federal emergency or major disaster declaration directly from the President of the United States.

It has been an extraordinarily successful start to the 113th Congress, and there are many Members of Congress, as well as the Administration, who deserve our sincere thanks. The success comes with broad support from both Republicans and Democrats, emphasizing the importance of bi-partisan engagement. Most importantly, tribal leaders and advocates have worked together cooperatively to educate Congress and the Administration. Let's keep up the good work together.

Appointment of Tribal Judges for 2013-2014

The Pueblo of Isleta is pleased to announce the appointment of a new Chief Judge and two Associate Judges to the Isleta Tribal Court. Former Lt. Governor Larry R. Lucero has been appointed Chief Judge. Renee Torres, Esq., and Joseph Little have both been appointed as Associate Judges. Their terms will last throughout to the end of 2014 to coincide with the term of the Governor's Administration. We congratulate their appointments and wish them success as judges. We also thank previous Chief Judge Ernest Jaramillo and Associate Judges Robert Medina and Aaron Choneska for their service as judges during the previous term.

Isleta Department of Education, Language Program

The Language Program is in the process of expanding its services. Currently, the Language Program provides community based language classes for all ages, instruction at the Isleta Head Start and the Native American Community Academy. The Language Program also hosts the Summer Language Program and applications shall be ready by Mid April 2013. The Pueblo of Isleta Department of Education Language Program has been working with the Bureau of Indian Education, Education Line Officer, Mr. Casey Sovo to establish a Memorandum of Agreement (MOA) for the Isleta Elementary School (IES). Through the MOA, the Language Program will work collaboratively with the staff at IES to provide Tiwa Language Instruction to Isleta students. This is a process that has been in the works for well over six years. It is with excitement and enthusiasm that we are progressing forward in working closely with the administration and staff of Isleta Elementary School.

The Language Program recently visited Acoma Pueblo Language program to get some ideas and share ideas as well. We will also be visiting Jemez and Cochiti Pueblos in April and Ysleta Del Sur in mid-June. The Interactive website is still in development and will hopefully be available in 2014.

Isleta Elementary School

As many of you are aware there are discussions about the Pueblo of Isleta taking over the Isleta Elementary School. The Isleta Elementary School has, in recent years, struggled with making Adequate Yearly Progress (AYP) and decreased enrollment. Through federal rules and regulations, the Pueblo has the right to request administrative control from the Bureau of Indian Education (BIE). However, the Pueblo of Isleta is vested in making the best

decision for our children and has decided to complete a feasibility study before taking action. In conjunction with the feasibility study we are also in the process of requesting technical assistance from the BIE through an Intergovernmental Personnel Act (IPA). Through the IPA, the Pueblo can submit a request to a government agency for an assigned or detailed government employee to assist with specific tasks, such as the feasibility study. On Thursday, March 21, 2013 Tribal Council approved a Resolution approving the feasibility study including: the first step in requesting for an IPA. Once the request for the IPA and Resolution is submitted to BIE, the Pueblo will wait for approval and notification. Once approved by the BIE, there will be a government employee assigned to complete the feasibility study. We anticipate the feasibility study to be complete within two years from the time it begins.

What is a feasibility study? A feasibility study is research developed to provide answers to key questions that guide in the decision making process. This study also analyzes and evaluates the potential of success. We firmly believe that in order to make an educated decision we must obtain and review all data as it pertains to the Isleta Elementary School. Upon completion of the study, a final decision will be made. If the Pueblo of Isleta decides to request for administrative control over Isleta Elementary School, there continues to be an approval process in place with BIE; the Pueblo does not simply assume immediate control over the school. This particular process ranges in length of time as well; it can take two years for Isleta Pueblo to assume administrative control of the Isleta Elementary School.

New Mexico State Highway 47 Project

The NM47 Highway Safety Improvement Project is on schedule and will not require any acquisition of Pueblo Land. The base course placement was completed on March 25, 2013. The asphalt paving is tentatively scheduled to start the week of March 25th and will last one week. The week of April 1st, the Contractor will complete any remaining paving and place the final seal coat layer across the full width of the driving lanes. Thereafter, the roadway will be striped and the median will be constructed at the Chical Road (Tribal Road 2) Intersection, on NM47 south of Chical Road. The median work will require a left lane closure in each direction, estimated for Wednesday, April 3rd through Monday, the 8th. We estimate the project completion the week of April 8th. Thank you for your patience, and if you have any questions or concerns please contact the following individual:

(Continued next page)

(continued from page 1)

Kathy Trujillo, Transportation Planner
Pueblo of Isleta
Department of Planning & Development
Office: 505-869-9683

Isleta Cemetery Improvements

In 2012, the Pueblo of Isleta purchased approximately 2.45 acres that is adjacent to the east side of the existing cemetery for the purpose of expanding the cemetery limits. In the fall of 2012, the Roads Department started cleaning up the area. A separate contractor was hired to remove the large cottonwood trees. Currently the Planning Department is working with the Governor's Office to have engineering plans created for the grading and drainage of the expanded area as well as a design for a new wall that will surround the entire property. The existing chain link fence will be removed and the new wall will be built using Isleta's Lava Block. New walk gates will be installed around the property along with two larger entrances to the north. The plans are currently at the 75% design phase and we hope to start construction this

summer. When the project is finished, the landscaping and maintenance will be taken care of by the Parks and Rec Landscaping Division who have already provided great ideas to make the cemetery look nice while paying respect to our departed loved ones.

Middle Rio Grande Conservancy District Election

The election, to fill several seats, with the Middle Rio Grande Conservancy District Board of Directors will take place this June 4, 2013. Candidates are currently working diligently to meet their declaration requirements to announce and register their names for candidacy. There are two seats which Isleta voters are eligible to vote for in Bernalillo County (for this election it does not matter which county the Isleta Pueblo voter resides in-Bernalillo/Valencia). The Coalition of the Six Middle Rio Grande Basin Pueblos (Water Coalition) supports Adrian Oglesby (Bernalillo County). For your information and support, Derrick Lente of Sandia and Isleta is also running in Sandoval County. A voter site on the Isleta Reservation has not been determined as yet,

however, we should know this information after April 22, 2013. By voting, you help support not only candidates running for office but help protect the Pueblo of Isleta water rights.

Our Traditional leaders expressed concern about face book postings referencing traditional customs and practices, which were interpreted as demeaning to spiritual beliefs and practices. Our spiritual beliefs and practices are meant to instill in our youth hopes of strengthening our customs and traditions, and doing good for one another for the betterment of future generations to come. Our traditional leaders humbly ask that we protect our spiritual beliefs and hold sacred those values within our hearts.

In closing, we hope that the information provided in this month's newsletter answers any question or concerns that you may have. May you have a very enjoyable month and we ask the creator to protect our people wishing you all good health, happiness and prosperity.

Governor E. Paul Torres and Staff.

HUD's Public and Indian Housing Suspends Section 184 Loan Program

"The purpose of this memorandum is to provide lenders, tribes, and tribally designated housing entities with an update on the Fiscal Year (FY) 2013 Federal budget. HUD administers the Section 184 Indian Housing Loan Guarantee Program through the Office of Native American Programs.

All HUD programs are currently operating under a Continuing Resolution (CR) that expires on March 27, 2013. On February 27, 2013, an error in the credit subsidy calculation was discovered and corrected. Based on the revised credit subsidy rate, HUD determined that the budgetary resources provided for the Section 184 Program under the CR had been exhausted. HUD is therefore suspending issuance of firm commitments for Section 184 program borrowers and lenders who will now need to work towards finding other financing options.

HUD encourages you to share this letter with your tribal government principals and members. Additionally, HUD will make every effort to share additional information as it becomes available, and will be ready to offer assistance and guidance to all Section 184 stakeholders."

Comment by Eric Schmeider (NM Tribal Homeownership Coalition): This is bad news. Probably no new funding until Congress passes and the President signs a Continuing Resolution covering the rest of the Fiscal Year. This should occur by March 27th at the latest. But 184 funding could be limited and under-funded for the Fiscal Year and beyond.

NM Indian Livestock Days

Route 66 Casino & Hotel, Albuquerque, NM

May 14-16, 2013

Online Registration & Payment for Individuals, Exhibitors & Sponsors Available Soon

Indian Livestock Days began in the 1970's and was initially called All Indian Livestock School. It was discontinued in 1978 and reestablished in 1985, at the request of tribal livestock producers. Originally the event was held in April and hosted on the main NMSU campus in Las Cruces. In 1996, the location was moved around the four-corners area to make it easier for clientele to attend the event. This event has grown from approximately 65 attendees in 1996, to 230 attendees in 2012. New Mexico Indian Livestock Days is now an annual event held in May, conducted by NMSU Cooperative Extension Service.

What makes New Mexico Indian Livestock Days unique? The people in general. Tribal members raising livestock face many challenges-- not enough land, not enough feed on the land they have, and not enough water, just to name a few. One of their main challenges is to remain true to their ancestors and their religious beliefs. With that being said, it does not hold them back, it just makes more of a challenging experience, and it means much more to them than the average cattleman.

The program is a grassroots program driven by clientele needs and interest. The planning committee is made up of Extension Agents which service the Native American population, tribal members of the various tribes in New Mexico, and NMSU CES State Specialists.

Kathy Landers, County Program Director
McKinley County Extension Service
Phone: (505) 863-3432
Email: kalanders@nmsu.edu

PUEBLO OF ISLETA TRIBAL COURTS PETITION TO PROBATE

A Petition to Probate the Estate of Robert Lujan, deceased on October 24, 2009, has been filed in the Isleta Tribal Courts. Any person claiming an interest in the Estate is hereby requested to notify the Pueblo of Isleta Tribal Court within thirty (30) days from the date of this notice being posted.

Pueblo of Isleta Tribal Court Clerk may be reached at 505-869-9697.

PROPERTY FOR SALE

1.876 Acres Located at 1625 Highway 314 Property has water and septic, as well as an electric pole ready for hook-up. Asking price is \$18,500. Will consider cash and a good running tractor in trade. Property is a nice piece of farmland...ready for a family to build their future!

The Deal Won't Last Long But the Land Will Last Forever!

Call Lloyd for terms and details at 505-974-3429

Isleta Pueblo News



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Asst. Editor: Beverly Piro
Published By:
Valencia Express



TIWA LENDING SERVICES

Tiwa Lending Services is a Native Community Development Financial Institution (CDFI) that was incorporated January 6, 2011. It is a non-profit entity whose mission is to promote the economic growth of the Isleta Pueblo community by creating homeownership and small business opportunities for the Isleta community. Tiwa Lending Services currently operates out of the Isleta Pueblo Housing Authority (IPHA) Offices located at Tribal Road 61 #3.

Tiwa Lending Services took over the Isleta Home Loan Program effective March 2012. Services' goals are to seek additional funding from federal and state governments, private foundations and various organizations for its lending and financial services activities.

Tiwa Lending Services (TLS) is expanding its target market, loan products and development services, and would like to update its market study of 2012 by conducting another round of surveys that would supplement the current market study. William Guevara from First Nations Oweesta Corporation will be in town to distribute and collect surveys onsite at the Child Abuse Awareness Parade and BBQ held at the Recreation Center. All participants who complete a survey form will be entered into a drawing to win a gas card and the drawing will be held at the end of the day. Participants need not be present to win, but will be notified immediately and recognized in the upcoming newsletter for their participation. TLS in the coming weeks may ask employees working at some of the Tribal Enterprises to complete a survey also.

For further information on Tiwa Lending Services products or services, please contact Sheila Herrera at (505) 869-4153 ext. 9341.

TIWA LENDING SERVICES IS COMMITTED TO HELPING ISLETA FAMILIES BECOME ECONOMICALLY INDEPENDENT.

Pueblo of Isleta Veterans' Association Capital Outlay Funds

The 2013 NM Legislative session is over, and we're happy to report that the legislators have been good to the Pueblo of Isleta Veterans Association. The Association was awarded \$188,000 in capital outlay funds. Most of the funds will be used to set up the old MIS module at the Richard "Dickie" Baker Field in Los Charcos. This will include the installation of a waste water disposal system, utility hook ups, driveway construction and what ever else that these funds will possibly pay for. The MIS module was donated to the Association by the Tribal Administration.

If you haven't noticed, the Tribal Enterprise has begun tractor work on the south end of the Baker Field, getting ready for spring planting. This is a part of the future plans, which eventually will someday be the site of the Richard Baker Memorial Veterans' Center. The completion of the Center is still a few years down the road. For now the MIS module which will be incorporated into the master plan will be the beginning of the permanent site.

The next meeting of the Veterans' Association will be on 17 April 2013. Since the heater at the old Headstart stopped working, and the weather has not changed to warm, we've been meeting at the Natural Resources building conference room, thanks to Capt. Steve Abeita (USA). Supposedly, our next meeting should be wherever place Capt. Steve designates. Check the weather... if all is warm, we may meet at our old Headstart site.

Any honorably discharged veteran may join the Association for a mere annual fee of \$25. For more info, any questions, please call Ulysses at 307-1582.

Animal Control Report:

We will be having our Spring Rabies Shot Clinic on April 17, 2013. From 9am-11:30am we plan on being set up at the Health Center, and at the old courthouse in the plaza from 1pm-3pm. Your pet must be at least 3 months old to receive the rabies vaccine. All pets must also be on a leash.

Also, if your dog or cat goes missing, please contact Animal Control right away. When we do pick up an animal off the street, we do our best to identify the animal and where it might have come from. However, the majority of animals we pick up do not have tags. If we cannot identify it, it will be transported to Valencia County Animal Shelter. If we are able to identify it and nobody is home, we will leave a note at that residence. On the note, we will advise them that their animal has been picked up, that we attempted to return it, but unfortunately nobody was home and it was transported to the shelter.

Since the beginning of the year, Animal Control has transported well over 100 animals to Valencia County Animal Shelter. Only 5% of the animals that are taken to the shelter are reclaimed by their owners. About 13% of the animals are adopted by a new family. Approximately 33% of the animals are sent to various "rescue" organizations and about 49% are euthanized at the shelter's discretion. Puppies and kittens make up 33% of the euthanized animals. That is why it is important to call Animal Control immediately, if your pet has gone missing.

Animal Control is on call afterhours, for all dog bite emergencies. In case of an emergency, please contact Isleta Dispatch at 869-3030.

If you have any questions or concerns, please feel free to contact us with your issue. Office 869-7564

Final Legislative Update on HB 376 – *Native Americans in Medicaid Managed Care*

By Edward Calabaza

HB 376, also known as the *Medicaid Bill*, stalled in committee and did not pass the Senate. As the dust settles from this year's legislative session, it remains unclear what the impacts will be for citizens of New Mexico's tribes who are currently enrolled in Medicaid.

As we reported in the last newsletter, HB 376 passed successfully through the House at the end of February.

When it was introduced in the Senate, it was assigned to three committees – Senate Indian Affairs, Senate Judiciary and Senate Finance. This is widely regarded as the "kiss of death" among legislative circles because bills very rarely make to the floor for a vote going through three committees. It passed the first two, unanimously, but stalled in the Senate Finance Committee.

The chairman there, John Arthur Smith, refused to hear the bill or to send it to the Senate Floor for a final vote. Tribal leaders and non-profit advocacy groups made a last ditch effort by calling or sending letters to the senator's office, but to no avail. The session ended on March 16 without a vote.

Isleta's senator, Michael Sanchez, sits on the Senate Judiciary Committee and voted in favor of the bill.

Tribal leaders and tribal health employees throughout the state, and here in Isleta, are trying to figure out what this all means for tribal members on Medicaid and where they will fit into the state's newly introduced Centennial Care program.

Currently, there is a 90-day one-time managed care disenrollment window. The bill would have reduced that to a 30-day window.

The issue is sure to be a topic of discussion at this year's State Tribal Summit to be held June 20-21.

Los Lunas School District News

As the end to another school year approaches...we need to continue to encourage students to keep track of their daily school assignments and keep up with daily attendance. Seniors... check with their counselors to make sure that you have taken all the required tests and all requirements for graduation are in order. Many scholarships are still open so apply for as many as you can.

We would like to Thank All Students/Parents/Grandparents, Governor E. Paul Torres, the Isleta Recreation staff, Police Department, CHR, Los Lunas Mayor Robert Vialpando, and the VHS Jaguar and the LLHS Tiger Mascot for being at the Pow-wow and for all your help. A special Thank You to Ms. Sally Miller (LLHS Library Aide) and her two daughters, who volunteered to assist in our Native American Club concession and also Mr. James Jojola who volunteered along with the LLHS ROTC to post colors; to Mr. and Mrs. Isadore Jaramillo, who donated the oven bread, and Josie Weldon who donated the fry bread. And to all those who helped out, we apologize if we left your name out...but we do **THANK YOU!!!**

Summer School Information for LLHS & VHS E20/20

Los Lunas H.S.... Summer School will be at Los Lunas Middle School

Valencia H.S. ... Summer School will be at Valencia H.S.

May 20th — July 3rd ... Monday Through Friday

Morning Session 8:00 AM — 11:30 AM

Lunch 11:30 AM — 12:00 PM

Afternoon Session 12:00 PM — 3:30 PM

No Transportation will be Provided

Cost : \$75.00 per 1/2 credit. This is a non-refundable fee due before student is placed on the summer school list.

E20/20 Summer school is offered for Credit Recovery Only.

Courses offered are:

First & Second semester credit recovery ...

, Algebra I, Algebra II and Geometry

First & Second semester credit recovery...

English I, English II, English III and English IV.

Attendance — Students must maintain excellent school attendance. TWO (2) absences will result in dismissal from the program and loss of credit. Tardiness to class will not be tolerated.

Summer School Rules and Policies. Students must follow all school personnel and school rules as outlined in the Student Behavior Handbook including the District Computer and Internet Code of Conduct.

APRIL SCHOOL CALENDAR

1st No School/April Break

3rd Early Release

10th LLHS & VHS Native American Junior Day at UNM.
Students with good attendance and grades will attend.

13th LLHS Prom at Hard Rock Casino/Hotel

18th NHS Induction @ 6:30 PM in LLHS Auditorium

24th College Fair for all juniors

25th Drama. "New Director's One Act Play"

26th - 27th Eye of the Tiger Festival @ 7:00 PM in LLHS Auditorium

27th Valencia HS Prom at Hard Rock Casino/Hotel

29th Academic Letter Ceremony @ 6:30 PM in LLHS Gym

Parents...if you have any educational concerns, please call Ben Analla, Los Lunas Title VII Indian Education at below phone numbers.

Los Lunas HS 565-8755

Valencia HS 865-4646

VALENCIA HIGH SCHOOL

310 Bonita Vista Blvd., Los Lunas, NM 87031

Phone: (505) 565-8755 Fax: (505) 565-8762

Dear Parents of Seniors,

Graduation is quickly approaching. Congratulations will be in order, but first, all seniors need to make sure they have met all graduation requirements.

If students are working on E2020 Credit Recovery courses, those courses must be completed by Wednesday, May 8, 2013 at 3:00pm (NO Exceptions). E2020 Credit Recovery is available every day after school in Room 405 from 2:30pm until 4:30pm, and late arrival Wednesday mornings from 7:25am until 8:25am. Unmet course requirements will prevent students from participating in the graduation ceremony. **Graduation will be held at the UNM Pit on Saturday, May 18, 2013 at 9:00am. Students must meet at the UNM Pit by 8:00am.**

Because of the Lottery Scholarship, seniors are urged to apply to at least one New Mexico College. Kim Griego, our Registrar, will send transcripts and test scores to colleges upon student request. Final transcript requests will be made during Senior Check-Out on Friday, May 10, 2013. Senior Check-Out will run from 8:00am until 11:00am.

The New Mexico Legislative Lottery Scholarship is available to all seniors who begin attending a state college during the fall semester after graduating high school. To keep the New Mexico Legislative Lottery Scholarship, incoming freshmen must pass 12 hours of college credit their fall semester with a 2.5 semester GPA. Most New Mexico state colleges offer a Bridge Scholarship to help incoming freshmen pay their fall tuition costs. After your student has submitted the FAFSA, contact the financial aid offices of the colleges of your choice to make sure that everything is in order.

Additionally, college athletes need to register with the NCAA Clearing House. Males over the age of 18 need to register with Selective Service in order to be eligible to receive financial aid. This can be done online.

Please feel free to contact the counselors at any time. Please also check out our school website for more resources. Go to llschools.net, click on "Valencia High School", then in the left hand column of links, click on "Counseling". You will find a great deal of information on college admissions and scholarship opportunities.

Thank you for your continued involvement. We look forward to seeing you at the **Senior Awards Robing Ceremony on Tuesday, May 14, 2013 at 6:30pm in the VHS Gym** and then at the **UNM Pit for Graduation on Saturday, May 18, 2013** (Additional information attached). If interested, the Renaissance Committee will be selling flower bouquets inside the UNM Pit on the day of graduation, near each of the entrance areas. The cost of these bouquets ranges between \$15.00 & \$20.00 each. Questions regarding flower bouquets can be directed to Diane Silva, the Activities Coordinator.

Diplomas will be available for pick up by the student only, inside the UNM Pit, on the West side, for one hour following the graduation ceremony. Tables will be alphabetically arranged by student last name. A signature sheet must be signed by the individual student, prior to the release of the diploma. Diplomas that are not picked up after the ceremony can be picked up at the Registrar's Office the following Monday — Friday from 2:45-3:15 pm. Students who have any outstanding fines or fees will not be issued a diploma.

**There will be a Senior
Parent Meeting to go
over graduation
Tuesday, April 2, 2013
@ 6:00pm
VHS Cafeteria**

CONGRATULATIONS FELLOW GRADUATES!!!

Erica Abeita
University of New Mexico
College of Nursing
Bachelor of Science Nursing

Derek Abeita
Central New Mexico Community College
Certificate, Plumbing and Gas Fitting

Juliann Abeita
Edmonds Community College
Associate of Technical Arts, Paralegal Studies

Marcelina Anderson-Zuni
University of New Mexico
Bachelor of Arts in Political Science, Minor Anthropology and (Graduated Summer 2012)
Central New Mexico Community College
Associate of Arts in Business
Certificate, Payroll Clerk

Helen Baca
Brown Mackie College
Associate of Applied Science,
Criminal Justice

Lorinda Castillo
Brookline College
Bachelor of Arts, Criminal Justice

Cynthia Jaramillo
University of New Mexico
Bachelor of Arts, Native American Studies,
Concentration: Leadership & Building Native Nations, Minor: History, Concentration in Southwest History

Denise Jojola
Kaplan University
Bachelor of Science, Health and Wellness

Kateri Jojola
University of New Mexico
Bachelor of Arts, Psychology Minor Sociology

Brandon Keryte
New Mexico Military Institute, Roswell
Associates of Science, Criminology

Audrena Abeita
Central New Mexico Community College
Certificate, Child Development

Kimberly Lujan
Brown Mackie College
Associates of Applied Science, Paralegal Studies

Leon Sanchez
Albuquerque Barber College
Certificate, Barber School

Blaine Trujillo
New Mexico Institute of Mining and Technology
Bachelor of Science in Mechanical Engineering

Melanie Valdez
New Mexico Highlands University
Bachelor of Arts, Social Work

Leah Wade
Lewis University
Bachelor of Arts, Criminal/Social Justice

Ashley Zuni
University of New Mexico - Valencia Campus
Associates of Science, General Science

Matthew Zuni
University of New Mexico
Bachelor of Arts, Art Studio, Minor Political Science

Melanie Zuni
UNM Continuing Education
Certificate, Web Developer

Joseph Wade
PSI
Electrical Contractor's License,
Completion Business and Law Course

Sincere congratulations from the Isleta Higher Education Program! All the hard work you put into and effort and many sacrifices you made do not go unnoticed by this department.

To the community of Isleta, when you see these individuals please congratulate them as this is a HUGE accomplishment. It won't hurt to guilt them into working for their community... our home should be where every Isleta graduate is warmly welcomed to exercise the competence, skill and education they rightfully earn as a student. Graduates—next stop...the Isleta Human Resources Department!! We need you!!

Sincerely,
Isleta Higher Education Program

Your Career Service Can Start Here!
Pueblo of Isleta is Looking for You

You have an employment EXTRAVAGANZA in your back yard. If you are a recent college graduate, you may be qualified for employment within your community.

The Pueblo of Isleta, Human Resource Department would like to venture to unite the local graduates with employing departments.

Please consider visiting with the Human Resource Department Recruiter, located at the Pueblo of Isleta NEW Tribal Complex.

- Browse through the vacancy list, you may find something interesting and worthwhile
- Bring an updated resume
- Bring copies of your transcripts
- And, take the time to complete an employment application conveniently in our office

Inquiry and learn about career opportunities in YOUR community.

Vacancies are posted regularly at <http://www.isletapueblo.com/career-opportunities.html>, or email us at poiemployment@isletapueblo.com

IMMEDIATE OPENINGS

Business & Finance
Social Work
Education
Health Administration
Law Enforcement

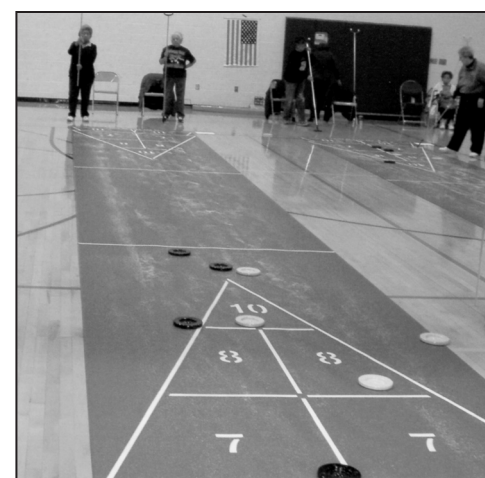
Discover Your Potential with US!
Pueblo of Isleta, Human Resources Department
505-869-7584
Email: poiemployment@isletapueblo.com

Parks & Recreation

As March 2013 comes to an end, it's one that was very action packed for us here at the Pueblo of Isleta Parks & Recreation Department. It all started with us being the host site for the local Senior Olympic qualifying Games and continued with a National Certification Training for some of our Personal Trainers, Basketball Games and Tournaments for our Elementary School Age Children who participate in the SPA League, and culminated with our Los Lunas/Valencia High School Pow Wow, and Annual Easter Egg Hunt on Saturday March 30, 2013. April 2013 looks like it will be much of the same action packed with the Child Abuse Awareness Month and all of their activities, the Bernie Jojola Memorial Run, and the Child Abuse Awareness Parade and barbecue coming up on Saturday April 20th,

Local Senior Games

Once again the Pueblo of Isleta Parks & Recreation facilities were utilized for the local qualifying games for our Elders who participated in a number of activities ranging from Archery, Basketball, Frisbee Accuracy, Washas, Soccer kick, and just about everyone's favorite, shuffleboard. Once again Renee Chavez did an outstanding job organizing the events so as to qualify our Elders for the State Senior Olympics to be held this summer in Las Cruces, New Mexico. A number of our seniors did just that and will compete with everyone from throughout the State of New Mexico. Who says that competition is only for the youth and young adults? Pictured is a collage of photos depicting some of the indoor events that took place throughout the month of March.



Basketball Games

Over the month of March our elementary age school children have been participating in what is known as March Madness throughout the country. The youth have participated in several tournaments in which both Boys and Girls from our Pueblo have taken at least one 1st place finish. Congratulations to all who participated in this year's program. Now that the program after one year of absence is under our auspices the program has once again really taken off and has had tremendous support not only from children participating but lots of support in family members going to most of the games. It really is nice especially when we are playing elsewhere that we have a large contingency supporting our children at those games. Pictured are our 3rd and 4th grade girls who are coached by Brittany Benavides and assisted by Raeann Jojola. They finished in 1st place in the final tournament that we hosted, and our 5th and 6th grade girls who took 1st place in the Jemez Invitational Tournament.



(Continued next page)

National Training

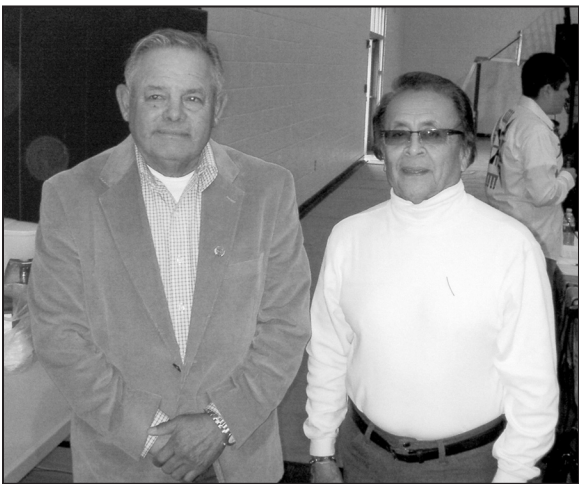
In an effort to keep our employees trained and current in a number of activities, we were fortunate to have National Training Certification Classes in two different categories, one of which was "Walking Strong Trainer", and the second was "Medical Conditions & Exercise" given by the Native American Fitness Council out of Flagstaff, Arizona. Because we hosted the training we were able to have four of our employees get certified at no cost to us which would have been about \$845.00 per student. Incidentally, we had about 25 people from throughout the country not only take this training but also used our Hardrock Hotel and Casino as their lodging. Many of those who were here had nothing but great things to say about our facilities and the hospitality.

Park Management

Beginning immediately, we the Parks & Recreation Department have taken over the maintenance of most ground maintenance in our public buildings here at the Pueblo of Isleta. One of those buildings is our new public library over at Pickle Heights neighborhood. Since we have taken over this endeavor we have had to fix the irrigation system and really clean up all the over growth of weeds and blow sand. With fixing and beautifying the Library we have experienced another problem. Someone is stealing lots of the plants and shrubs that make up that whole landscape around the Library. Please, if anyone knows of those people responsible for the removal of these plants, please let us know or report them to the Isleta Police Department. You can remain anonymous. Remember, any time things are stolen or vandalized they are stealing from all Tribal members.

High School POW WOW

On Saturday, March 23rd, we were the host site for the Los Lunas/Valencia High School POW WOW that was in honor of those graduating Native students from both high schools. Once again Counselor Ben Analla who heads up the Native American Programs for both high schools was at his best with the preparation of this annual pow wow held here at the Pueblo of Isleta Parks & Recreation gymnasium. The program had two different drum groups and a number of dancers from several tribes along with the Color Guard from Los Lunas High School leading the procession into the gymnasium. Governor Eddie Paul Torres did the official welcoming and Tata Robert Padilla did the prayer in our Native tongue. Although the weather was bad (wind), there were a number of vendors selling and displaying their wares along with some traditional food that was available for sale, and everyone who attended really had a great time. As Mr. Ben Analla said, "The purpose was to honor those graduating seniors and their parents from both high schools who persevered to this final chapter of their public education." Pictured are a number of photos depicting the event with the first being of Governor Eddie Paul Torres and Counselor Ben Analla who has coordinated the event since its inception for a number of years.



Ticket Giveaway

Our first winner of the concert giveaway made possible by Tribal Councilor Juan Rey donating his tickets was given to Vicky Johnson. She was able to go to the Sarah Evans Concert held at the Hard Rock Hotel and Casino just by being involved and participating in our programs. For those of you who are interested in winning tickets in the future, you must be registered and participating in one of the many programs that we do offer at the Rec. Center. Of all those people participating we will draw one set of tickets for two people to attend. Once you have won a set of tickets you will not be eligible for 3 months for the next drawing. For more information please contact Rick Giron at 869-8557. Pictured is Rick Giron presenting our first winner Vicky Johnson with her Sarah Evans Concert tickets.



Easter Egg Hunt

Our Annual Easter Egg Hunt will be held on Saturday, March 30, 2013. We will have 3 different categories for those children to participate in. They are 5 years of age and under, 6 to 9 year olds, and 10 to 12 years of age. If all goes well we are planning a surprise Elderly Hunt for those 60 years of age and older. I will report more on the outcome in next month's newsletter.



Pueblo of Isleta Public Library

Happy Belated Spring Time, People of the Island. Hopefully everyone is coping with their allergies just fine while others are being extremely cautious with their yard and ditch fires.

NEWS:

As most of you noticed the weather is starting to heat up, so with that said, we would like to remind all you parents, guardians, aunts, uncles, older brother/sisters, and baby sitters NOT to leave your children unattended in your vehicles. This has always been a major problem in the Library Parking Lot mainly because adults think they will be in and out of the Library but they starting talking to friends or sifting through the returned material. Leaving your vehicle running with the air conditioner on is just as bad as leaving your child in the vehicle with the windows up. Like previous years, should we come across vehicles with unattended children in it, we will take your license plate number and report it to the Isleta Police Department. The Library has a drop box in the parking lot if you do not want to unbuckle your children. The Library strives to be family friendly and we encourage and appreciate it when you bring your children into the Library.

The Library is still searching for a couple of community members to serve on the Library Board and Teen Library Board. At the moment we have two respectful community members and we are looking for a third to meet the quorum requirement set forth in the Library Board Bylaws. Members will meet a minimum of two times but no more than four times this calendar year, for approximately two to three hours per board meeting. Members will help the Librarian update Library Policies, review challenged materials, provide input on new material, help create new programs for the community, and work with our Tribal Council Liaison. Should you be interested in becoming a Library Board Member, please contact the Librarian at 505.869.9808.

Once again the Library will be participating in the Social Service's month long Anti-Child Abuse Awareness Program. We will be hosting the first event of the Program at the Isleta Recreational Center's Soccer Field on Tuesday, April 2 from 4pm to 6pm. The event will require a parent/guardian and child team to partake in five crazy timed games. Registration forms may be picked up at the Library, Recreational Centers, and the Governor's Office. We hope to see you all at our MXC Event.

We will also be assisting Patricia Abeita of Social Services with the Grocery Bingo at the Old Court House on the evening of Tuesday, April 16 at 5:30pm. I believe the Grocery Bingo is free but there was talk of charging a brand new toy which will be donated to the Isleta Police Department so Police Officers will have something in their units for children during stressful times. For more information about the Grocery

Bingo, you may call the Social Service Department at 505.869.2772.

Unfortunately, this year the Library will not have a float in this year's Anti-Child Abuse Awareness Parade on Saturday, April 20 in the village of Isleta, starting at 9am from the Isleta Recreational Center. However, we will have a booth at the bar-b-que where we will pass out information and calendars of our upcoming Summer Reading Program along with Snow Cones. To reiterate the last sentence, we will be giving out literature on our upcoming Summer Reading Program, NOT registering. Registration for our Summer Reading Program will be on Friday, May 17, but next month's newsletter article will have more information or you may ask us at the bar-b-que, should we not be too busy.

UPCOMING PROGRAMS:

Due to the success and great feedback from both parents and students on the Library and Old Recreation Center's After School Program collaboration, we have decided to continue our works together and have created another Incentive Program. This time around we will be taking those students who earned the required points to Gravity Park followed by dinner at Golden Corral. Like all Incentive Programs, students may earn points by reading for thirty minutes which would equal one point or do their homework which equal one to three points based on the amount and difficulty of the homework. The Old Recreational Center will give additional points for participating in physical and new recreational activities. Students may start earning points on Monday, March 25 and their last day to earn points is Thursday, April 25. Parents and Guardians, should this sound interesting to you and your child, you may pick up a registration packet at the Library or at the Old Recreational Center with Eugene Jojola. For more information you may call a Library Staff at 505.869.9808 or Eugene Jojola at 505.869.5741.

On the morning of April 11 (Thursday) the Children's Room of the Library will be CLOSED due to a collaborative program with the Isleta Head Start & Child Care's Home Base Parents and Students. The program will be led by Library Aide, Dawn LeBeau which will consist of a story, age appropriate craft, Library Tour, lunch, and

gift bags for both the parent and child. If you are unsure if your child is a home base student or not, please contact Rebecca Gonzales of the Isleta Head Start & Child Care at 505.869.9796.

Finally, on Earth Day, Monday, April 22 the Library will be hosting two Butterfly Crafts in the Art Room at the Library. The first program will be at 10AM and will be exclusively for the Elders of both the Adult Day Care and the Congregant Group should they want to attend this craft. The second craft time slot will be open to the public at 4:30pm and will be a first come first serve



*Wii U Spring Break Tournament
Competition on Just Dance 4.*

basis, however, families will be given a higher priority. Should you have further questions, you may call the library and speak to Natasha or Tara at 505.869.9808.

RECAP:

The first collaborative After School Incentive Homework Program between the Library and the Old Recreational Center was successful despite the rough start. In the end, twenty students earned the required twenty-five to attend the field trip to Hinkle Family Fun on the first day of their Spring Break. Half the group spent their time in the paint ball arena and the other half spent their time on the unlimited attractions. For dinner they were treated to Furr's Fresh Buffet where they ate almost everything in sight due to all the running around all day. Hopefully, the students went to sleep early and gave their parents a nice peaceful evening. At this time, the Library would like to Thank the Old Recreation Staff as well Rick Giron and whoever else that was involved in making this collaboration a success.

For the second half of Spring Break the Library hosted two three-day Game

GRAVITY PARK

Sign Up Starts March 25, 2013

Earn Points at both the Library & Old Rec Center

ONLY the FIRST 30 participants to reach 30 points will attend

All points are earned through Homework, Reading, & Participation

For more Info please contact Library staff @ (505)869-9808 or Eugene Jojola @ (505)869-5741

**30
POINT
INCENTIVE
FIELD TRIP**

Tournaments. Tara hosted the children-friendly Nintendo Game Tournament in the Childrens Room. Winners of the Nintendo Tournament were Jonelle(\$30 to Best Buy), Iris (\$20 to Target), & Travis (\$10 to Wal-Mart). Gilbert hosted the much competitive Xbox 360 Game Tournament which came down to tie breaker for third place. The winners were Nathan (\$30 to Gamestop), Samuel (\$20 to Target), and Justin (\$10 to Wal-Mart). Congratulations to the winners and better luck next time to the other competitors.

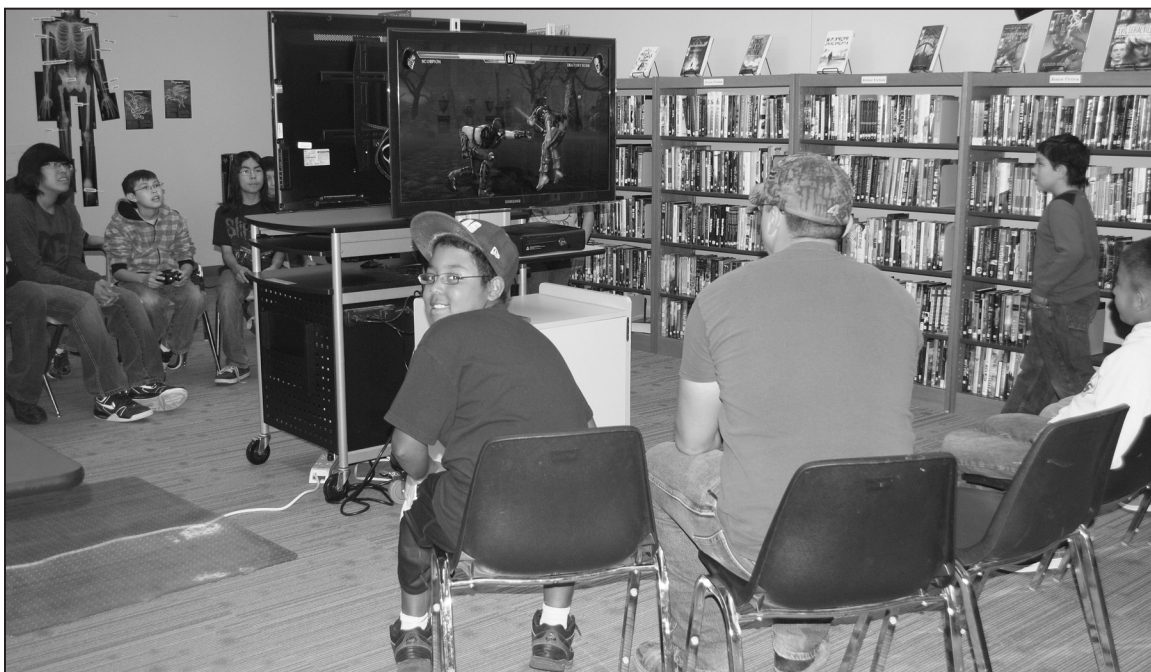
On the evening of March 19, Dawn hosted the Isleta Head Start & Child Care Fatherhood Program at the Library. The theme of the program was Dr. Seuss where they read a Dr. Seuss story, did a "Thing" Hand Craft, took a Library tour, ate dinner, received gift bags, and won door prizes. After the



Isleta Headstart Fatherhood Program at the Library.

program, we had one father with a child and two Grandfathers with grandchildren sign up Library Cards. We hope that everyone was pleased with the program and that we can host another Fatherhood program in the future.

This year we changed things up a bit with our Easter Pictures with the Easter Bunny. Instead of printing one hundred plus photos we had patrons provide us with an email address and sent them digital copies instead. This saved us money with unclaimed photos and parents/guardians had digital copies of



Our 2013 Spring Break Game X-Box 360 Tournament.

their photos which they seemed to enjoy because they were able to text and email photos to other family members or post them on social network sites. If you did not receive your photos via email, please call Natasha at 505.869.9808 and have your email address in hand.

For our Easter Craft, patrons got to create their own Despicable Me Easter Minion. Everyone loved their Easter Minion because it was so "Fluffy" although it was a challenge for many. Much Thanks to Tara for all the sewing preparation and making the Library look like a sweat shop with the sewing machine set up in plain sight.

The Library held a secret Easter Egg hunt on the afternoon of March 28 for the patrons that were at the Library at the very moment. Parents and children were surprised by the spur of the moment Easter Egg Hunt and were overwhelmed with the amount of eggs. This year we played tricks on the children by putting candy in the Gold and Silver Prize Eggs and put the prizes in the regular plastic eggs. Our reasons were because the

older kids would only look for the Gold and Silver Eggs whereas the younger kids did not know better and were satisfied with the regular plastic eggs. It was priceless to see the disappointment on the older children faces when they open the prized eggs and got only jelly beans.

Well, I hope you enjoyed our April Newsletter Article and are inspired to come in and give us a visit in person. Until next month, stay safe, be safe, and pay your taxes.

Pueblo of Isleta Hours and Info: Hours of Operations:

Monday – Thursday: 8:00am – 6:30pm
Friday: 8:00am – 4:30pm
Saturday: 9:00am – 1:00pm
Sunday: CLOSED

Mailing & Physical Address:

950 Moon Light Dr. SW
Albuquerque, NM 87105
Phone: (505) 869-9808
Fax: (505) 869-8119
Email: poi02002@isletapueblo.com

DISCOUNTS ON SOCIAL EVENTS FOR TRIBAL MEMBERS!

- **Reduced Food & Beverage Minimums**
- **Reduced Room rate of \$109*** (upon availability)
- **Complimentary Use of In-House Up Lighting & Bubble Bars** (\$249 value)
- **Reduced Children's Meals At A Special Rate of \$7.95****
- **Complimentary Use Of Screen & Projector** (\$425 value)
- **Complimentary Upgraded In-House Linens** (valued at \$5 per table)
- **We Can Assist With Floral Center Pieces Which Would Be Charged At Our Cost**

*Room rate does not reflect applicable 6% tax. **Food and beverage pricing subject to 18% service charge and 6% tax.

Please Contact Hotel Sales (505) 244-8200



MANAGEMENT RESERVES THE RIGHT TO
CANCEL OR MODIFY PROMOTION AT ANY TIME.



Isleta Elder Center Activities Calendar April, 2013

- April 1: **POI Local Games - Make-Up Day - Recreation Center**
- Indoor Activities - 9:00 am Basketball (Free-Throw and 3-pt.) and Frisbee Accuracy
 - Outdoor Activities - 10:00 am Soccer Kick; Softball Throw; and Frisbee Distance
- April 3: **Elder Field Day: Albuquerque Museum** (Free Admission) - 9:30 am Lunch in **Old Town** (On your own) - 12:00 noon
- April 4: Senior Olympics State Games - **Athletes Meeting** - 10:00 am
- April 4: **Catholic Mass** - 11:30 am
- April 5: Deadline: **Early Bird Registration** - State Games
- April 8: **Commodities**
- April 8: **Shopping Assistance**: - Wal-Mart & Lunch (on your own)
- April 10: **Bingo** @ Hard Rock - 11:00 am
- April 11: "Earth Day" **Planning Meeting** - 10:00 am
- April 16: **Shuffleboard** @ Manzano Mesa Multigenerational Center/Lunch - 10:30 am
- April 18: **Friendship Breakfast** - 9:00 am
- April 18: **General Meeting** (Speaker/Topic: TBD) - 10:00 am - 12 noon
- April 19: "Earth Day" Activity
- April 22: **Commodities**
- April 24: **NMICOA Quarterly Meeting** - Jemez Pueblo
- April 29: **Advisory Committee Meeting** - 10:00am-12 noon
- April 30: **Shuffleboard** @ Manzano Mesa Multigenerational Center/Lunch - 10:30 am

Temporary Job Opportunity!

The Pueblo of Isleta will be sending interested individuals to work as Sweeper/Laborers with a private contractor to remove debris from the Manzano Mountains, Isleta Pueblo Ordinance Impact Area.

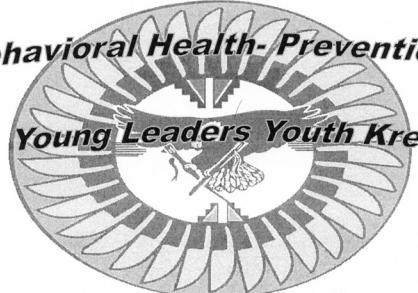
This employment is considered arduous, as employees may be required to lift heavy objects weighing up to 15lbs or more, be able to stand and walk for extensive periods of time, and endure all types of outdoor weather conditions.

This job is temporary. If you are interested and meet the qualifications stated, please stop by the POI, Human Resources Department and submit a resume.

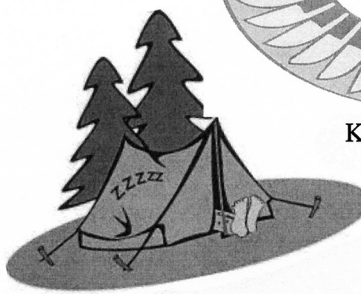
Contact Myra Garro, Workforce Program Coordinator for more information at 505-869-9792.

2013 Meeting Schedule Ideas			
ICES Isleta Cancer Education & Support 2nd Tuesday of the Month 10:30-noon at the Isleta Health Center			
4/9/2013	Support and Guidelines	Stephanie Barela	Isleta Health Center
5/14/2013	People Living Through Cancer	Mary Ellen	PLTC
6/11/2013	Stress Management	Anjie Cureton	UNM
7/9/2013	"Fun with Cancer-Fighting Foods."	Deb Openden	Breast Cancer Resource Center
8/13/2013	Communication	Mary Ellen	PLTC
9/10/2013	Support	Mary Ellen	PLTC
10/8/2013	Clinical Trials	Sydney Goosing	New Mexico Cancer Care
11/12/2013	Nutrition and Cancer	Amber Abhold	Isleta Health Center
12/10/2013	Survivors Panel	Cancer Survivors	TBD

Topics are Subject to Change. CONTACT Stephanie Barela to Sign Up and to Learn More 869-4479



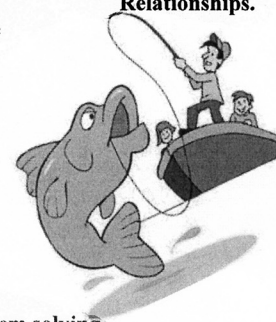
Isleta Behavioral Health-Prevention Program
Young Leaders Youth Krew



KIDS NEEDED!!

The youth program is aimed to reduce risk factors and increase protective factors. This program also deals with Prevention; Alcohol, Substance Abuse, Violence- Domestic, Relationships.


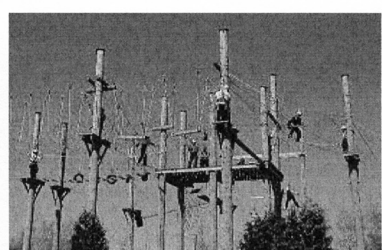
The YLYK group needs active participants; incentives are an excellent opportunity as a reward, based on attendance and participation.



THESE INCENTIVES INCLUDE:

- Outdoor adventures (Hiking, Fishing, Rock Climbing, Repelling)
- Summer Camps
- Fun trips
- Movie Nights
- Experiential Activities- Learning leadership, problem solving

In order for these events to happen; more kids are needed on a regular basis

If you have any question, feel free to call Jennifer Sandoval- Prevention Coordinator @ 505.869.5481 or Kory 505.869.5487

505-869-5475



Isleta Behavioral Health Services Welcomes You
To Join the 4th Year of
The Community Garden:



"Planting Party"

Join Us on Friday, May 17, 2013
Behavioral Health Services
(Isleta Health Clinic)
Time: 9:00 A.M.-1:00 P.M.
Activities: Planting

We will feed you for all your hard work!

Please call Kory @ 869-5475 by 5/3/12 to confirm that you will join us on this day.

Come Help Plant: Corn, Squash, Beans, Melons, Chili, and Tomatoes



Isleta Community Garden is Maintained by the efforts of:
The Isleta community, community workers,
collaborating departments and the
Young Leaders Youth Krew (YLYK)

If you need more information
contact Isleta Behavioral Health
Services @ 505.869.5475

Car Seat Clinics

Health Educator, Stephanie Barela
869-4479 ■ sbarela@islclinic.net

Have you ever been to a Car Seat Clinic? What is it? Why do we have them?

The purpose of a Car Seat Clinic, also known as a Child Safety Seat Check, is to educate parents, grandparents and guardians on properly installing and the proper use of their child/grandchild's car seat. If the car seat is out of date, recalled or not appropriate for the child, there is a possibility that the car seat may be replaced if there are seats available, but a car seat clinic **does not just give car seats away**. There are guidelines we must go by and we are not allowed to give away car seats freely. Our Child Passenger Safety Technicians (Frances Anchondo-869-4482 and Stephanie Barela-869-4479) are available by appointment year round. Each appointment can take up to an hour. Your child and the car seat **MUST** be present in order complete the car seat check. During each Car Seat Check, we will **Inspect – Educate**:

- review the suitability of the child car seat
- ensure the harness is properly fitting with the child
- demonstrate the correct installation
- discuss injury prevention
- answer any questions

Why is it important to use Child Safety Seats for your child?

Motor vehicle injuries are the leading cause of death among children in the United States, but many of these deaths can be prevented. Placing children in age- and size-appropriate car seats and booster seats reduces serious and fatal injuries by more than half, according to the Centers of Disease Control (www.CDC.com). In the United States during 2009, 1,314 children ages 14 years and younger died as occupants in motor vehicle crashes, and approximately 179,000 were injured. One CDC study found that in one year, more than 618,000 children ages 0-12 rode in vehicles without the use of a child safety seat, booster seat or a seat belt at least some of the time. Not only are parents not insuring the child to be in a safety seat, but if they do put them in a safety seat, it is usually used incorrectly. One study found that 72% of nearly 3,500 observed car and booster seats were misused in a way that could be expected to increase a child's risk of injury during a crash. Not only do we see national studies that show a high number of car seats being incorrectly installed, but every year at Isleta Health Center's Car Seat Clinics, we see many car seats incorrectly installed. In February's Car Seat Clinic in Isleta, there were 12 car seats inspected, 9 of which were incorrectly used, which is a 75% misuse rate. This shows how important it is to get your child's car seat checked, to insure the safety of it. Schedule an appointment with us, to insure that your child is safe in their car seat.

PREVENT INJURY—BUCKLE UP!!

Health Educator, Stephanie Barela
869-4479 ■ sbarela@islclinic.net

Do you put your seatbelt on **EVERY TIME** you get into the car? Well, as the 4th grade students learned, it's **ONE OF THE MOST IMPORTANT** things you can do to **PREVENT INJURY!!!** After learning about seatbelt safety, the Isleta Elementary School 4th graders put on their first Observational Seatbelt Survey on November 9th, 2012 and Mrs. King's 4th grade class just had the 2nd seatbelt survey for the school year on March 22, 2013. Both surveys took place in front of the clinic. The students kept track of how many individuals were wearing their seatbelt. The 4th graders had a great time promoting safety by educating those that passed about the importance of wearing their seatbelts. They held up signs promoting seatbelt use and noticed that if they inform people about the importance of wearing their seatbelt, they can make a difference and people will be safer.

The results they found from observing the vehicles are interesting. Isleta is not being as safe as we have been in the past. The number of people wearing their seatbelts is down in some areas and up in others. The December 2012 results **SHOW US THAT MANY DRIVERS ARE** being safe and wearing their seatbelt, however, when it comes to the passengers in the vehicle, they are not being as safe. Ninety-four percent (94%) of the drivers wore their seatbelt (Dec 2012 results), compared to only 74% of the drivers in Spring 2011, which is great that it went up, but then the results from the most recent survey in March went down, with only 82% if the drivers wearing their seatbelt. The most concerning part of the results show that only 64% of the passengers wore their seatbelt, compared to 67% in Spring 2012 and a saddening 22% in Spring of 2011.

Looking at these results can hopefully open our eyes to how unsafe we are being. Seatbelts reduce serious crash-related injuries and death by about 50% (www.cdc.gov). Motor vehicle crashes are the #1 cause of death for those 5 years old to 34 and wearing your seatbelt can help reduce this risk, so it is **VERY** important that **EVERYONE** in the vehicle wear a seatbelt, not just the driver, but also the passengers!! Here are some tips:

- Use seatbelts on every trip, no matter the distance.
- Make sure children are properly buckled up in a seatbelt, booster seat or car seat. Contact Isleta Health Center Car Seat Technicians, Stephanie 869-4479 and Frances-869-4482, to get your car seat checked and make sure your child is in the appropriate car seat.
- Have all children 12 and under in the back seat.
- Never seat a child in front of an air bag.
- Place children in the middle of the back seat when possible, because it is the safest spot.

PLEASE BUCKLE UP and TEACH YOUR KIDS TO BUCKLE UP TOO!!!!



Isleta Health Center Calendar Questions? Call 869-3200 April 2013						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Early Recovery Skills Group 9-11am @ IBHS	2 Pre Measurements for Destina- tion Health – 4:30 to 6:30 pm DPP Wellness Center	3 Early Recovery Skills Group 9-11am @ IBHS	4 Pre Measurements for Destination Health – 4:30 to 6:30 pm DPP Wellness Center	5	6
7	8 Early Recovery Skills Group 9-11am @ IBHS Beginning of Destination Health Walking Program	9 Isleta Cancer Education and Support (ICES) 10:30-noon @ Clinic Isleta Diabetes Support Group 6:00 – 7:00 pm DPP Wellness Center	10 Early Recovery Skills Group 9-11am @ IBHS	11	12	13
14	15 Early Recovery Skills Group 9-11am @ IBHS	16	17 Early Recovery Skills Group 9-11am @ IBHS	18	19	20
21	22 Early Recovery Skills Group 9-11am @ IBHS	23	24 Early Recovery Skills Group 9-11am @ IBHS	25	26 IDOPAG Advocacy mtg 1 to 3 pm Lg. Con- ference room	27
28 Making Strides Against Breast Cancer Walk @ Cottonwood Mall Contact Maria Jim 869-4864	29 Early Recovery Skills Group 9-11am @ IBHS	30	IBHS- Isleta Behavioral Health Services	DPP-Diabetes Prevention Program		

Health Beat

Health Educator, Stephanie Barela
869-4479 □ sbarela@islclinic.net

2nd Annual Isleta Cancer Education
Conference Postponed until Fall

The Isleta Cancer Education and Support Group (ICES) planned to have their 2nd Annual Cancer Education Conference in March 2013, but due to Traditional Activities, the conference was postponed. We plan to reschedule the conference for October or November of this year. Those who attend this conference will not only learn about what cancer is, what the risks are for cancer and how to reduce them, understand the latest on cancer, and also learn about talking with your loved ones about cancer, but those who attend will also learn about the number of cancer cases in Isleta. There will be door prizes and other great incentives, so keep an eye out for the new conference date or CALL me at 869-4479 to get on the contact list for when a date is chosen.

How can injuries to children in
motor vehicles be prevented?

www.CDC.gov

Child safety seats reduce the risk of death in passenger cars by 71% for infants, and by 54% for toddlers ages 1 to 4 years.

•Know the stages:

- **Birth through Age 2** – Rear-facing child safety seat. For the best possible protection, infants and children should be kept in a rear-facing child safety seat, in the back seat buckled with the seat's harness, until they reach the upper weight or height limits of their particular seat. The weight and height limits on rear-facing child safety seats can accommodate most children through age 2, check the seat's owner's manual for details.
- **Between Ages 2-4/Until 40 lbs** – Forward-facing child safety seat. When children outgrow their rear-facing seats (the weight and height limits on rear-facing car seats can accommodate most children through age 2) they should ride in forward-facing child safety seats, in the back seat buckled with the seat's harness, until they reach the upper weight or height limit of their particular seat (usually around age 4 and 40 pounds; many newer seats have higher weight limits-check the seat's owner's manual for details).
- **Between Ages 4-8 OR Until 4'9" Tall** – Booster seat. Once children outgrow their forward-facing seats (by reaching the upper height and weight limits of their seat), they should ride in belt positioning booster seats. Remember to keep children in the back seat for the best possible protection.
- **After Age 8 AND/OR 4'9" Tall** – Seat belts. Children should use booster seats until adult seat belts fit them properly. Seat belts fit properly when the lap belt lays across the upper thighs (not the stomach) and the shoulder belt fits across the chest (not the neck). When adult seat belts fit children properly they can use the adult seat belts without booster seats. For the best possible protection keep children in the back seat and use lap-and-shoulder belts.

- All children younger than 13 years should ride in the back seat. Airbags can kill young children riding in the front seat. Never place a rear-facing car seat in the front seat or in front of an air bag.
- Place children in the middle of the back seat when possible, because it is the safest spot in the vehicle.

ISLETA BEHAVIORAL HEALTH SERVICES

PO Box 580 - Isleta, NM 87022
(505) 869-5475

Parenting Group

The Parenting group is for eight weeks and is facilitated by Isleta Behavioral Health Services. In the parenting group you will learn parenting is an active process of teaching your family values and rules. We know that all families have different problems. The parenting group is an opportunity to learn about problem solving techniques. This is how come the parenting group is offered only in a group format.

Goals of the Parenting Group:

- Share openly about your parenting styles to learn from each other.
- Feel comfortable in a group setting with others.
- Participate in presenting handout assignments related to topics.
- Learn problem solving for improved communication.
- Teach your cultural values to your family.

Schedule:

- Parenting group is for 2 hours for 8 weeks.
- Every Wednesday from 9:00AM-11:00AM
- IBHS transportation can be provided.
- This is an informal group and there is no restroom breaks, but you can freely go when needed.

Attendance:

- Upon completion of 8 weeks, you will receive a certificate.

Early Recovery Skills Group

The Early Recovery Skills (ERS) group is for eight weeks facilitated by the Isleta Behavioral Health Services. We would like to invite you to feel welcomed. In the ERS group you will learn early recovery skills for relapse prevention. We know that all addictions are difficult and all individuals have different problems. We hope you feel comfortable in the group to share about how you are learning to live day by day with your continued recovery. The ERS group is a safe place for you to be with other group members and is offered only in a group format.

Goals of the Early Recovery Skills (ERS) Group:

- Share openly about your addiction to learn from each other.
- Feel comfortable in a group setting with others.
- Participate in presenting handout assignments and topics.
- Learn problem solving for relapse prevention.

Schedule:

- Early Recovery Skills (ERS) Group is for 2 hours for 8 weeks.
- Every Monday from 9:00AM-11:00AM
- IBHS transportation can be provided.
- This is an informal group and there is no restroom breaks, but you can freely go when needed.

Attendance:

- Certificates will be given at the completion of the group.

Early Recovery Skills Group (ERS) Evaluation

Did you learn new recovery skills in your group to take back with you?

What was your favorite part of the group?

What would you change in the group?

Any comments you would like to share with us?