



Isleta Pueblo News

Volume 8 Issue 8

August 2013

MA GU WAM;

Greetings from
Governor Eddie Paul Torres:

I hope that this News Letter finds all of you in good health. This month has been very busy for the Administration and Program Services. First of all, on behalf of the Administration, I extend our sincere condolences to the families of the loved ones that have passed away recently, our prayers are with you.

2013 New Mexico State and Tribal Leaders Summit, Mescalero NM.

On June 20-21, 2013, Governor Eddie Paul Torres and 1st Lt. Governor Antonio Chewiwi, along with Council President Michael Allen Lente, Council members; James Abeita, Juan Rey Abeita, Fernando Abeita and Josephine Padilla attended the State and Tribal leaders Summit hosted by the Mescalero Apache Tribe at the Inn of the Mountain Gods, Mescalero, NM.

The State-Tribal Collaboration Act (SB 196) requires the Governor of New Mexico meet with leaders of Indian nations, tribes and pueblos in a state-tribal summit to address issues of mutual concern. For the second time, Mescalero was the site for the New Mexico State-Tribal Leaders Summit at the Inn of the Mountain Gods.

The first day included an orientation and networking session where tribal entities were provided an opportunity to meet with individual State Department Secretaries and discuss mutual concerns and issues that affect their respective communities and provide resolution and or make recommendations to address concerns.

The second day was the actual discussion with Governor Susana Martinez on the four topic areas that all tribal entities have concerns on from the questionnaire responses that the Indian Affairs Department received: Indian Education; Health; Water Rights and Natural Resources; including Infrastructure and Economic Development. Each topic area had a State official provide an update of their Departments: Secretary Designee Hanna Skandera presented the Public Education Department (PED) update; Secretary Sedonie Squire presented the Department of Health and Human Services update; Secretary Scott Verhines along with (Governor) Tribal Liaison Myron Armijo of the State Engineers Office presented the Water Rights, and Secretary Ryan Flynn presented the Natural Resources updates; and Secretary Jon Barela presented the Infrastructure & Economic Development update.

On the tribal side, Governor Vincent Toya spoke about Education; Governor Eddie Paul Torres spoke on Health Care issues; Former Governor Perry Martinez spoke on Water Rights and Natural Resources and Governor Richard Luarkie spoke on Tribal

Infrastructure and Economic Development. Tribal recommendations were made in each of the areas of concern to Governor Martinez and the Departments on how we can work together. It was the consensus of the tribal leaders that this year's summit was more productive than the last two State Summits as it involved more dialogue and networking.

All Indian Pueblo Council drops nonprofit business status

By Staci Matlock: The New Mexican / Posted: Thursday, July 18, 2013 7:30 pm. Copyright © 2012 The New Mexican, Inc. Reprinted with permission. All rights reserved.

The governors of 20 pueblos decided Wednesday to dismantle the nonprofit business operations of the All Indian Pueblo Council based in Albuquerque, but the council will remain as a governing body.

A statement issued by the council Thursday said the decision won't affect organizations overseen by the council, including the Santa Fe Indian School and the Indian Pueblo Cultural Center in Albuquerque.

The council, which traces its roots to 1598, said it had decided to return to its original "cultural and leadership model." The council elected governors Phillip A. Perez of Nambe Pueblo and Myron Armijo of Santa Ana Pueblo as co-chairmen.

"This change presents many incredible opportunities for the future of Pueblo people," the statement said. "The Governors look forward to the opportunity to re-emerge as an even stronger and more vibrant advocate for our Pueblo Nations."

Calls to the council's offices in Albuquerque were answered by a machine referring questions to Armijo and Perez.

The pueblo governors make up the council, which serves to administer social service programs for the pueblos, according to the website. As a single body representing the pueblos, the council lobbied nationally and statewide for laws to benefit Pueblo people and other tribes. The council also worked on programs and applied for federal grants.

According to the group's 2011 constitution and bylaws, each pueblo paid an annual \$4,500 membership fee to the organization. The All Indian Pueblo Council consists of the governors of the pueblos of Acoma, Cochiti, Isleta, Jemez, Laguna, Nambe, Ohkay Owingeh, Picuris, Pojoaque, San Felipe, San Ildefonso, Sandia, Santa Ana, Santa Clara, Santo Domingo, Taos, Tesuque, Ysleta del Sur (in Texas), Zia and Zuni.

The council owns and operates the Santa Fe Indian School in Santa Fe. The middle and high school provides education and dormitories for students with affiliations to tribes all over the United States.

The Indian Pueblo Cultural Center in Albuquerque also was launched by the 19 New Mexico pueblos in 1976, "to showcase the history and accomplishments of the pueblo people from pre-Columbian to current time." It features a 10,000-square-foot museum.

A posting on the council's Facebook page Thursday morning, which was quickly removed, said, "It's a sad day in Pueblo Country, as of today the All Indian Pueblo Council is no longer!! 400+ years of tribal leadership has been dissolved by the current leadership..." the council's Facebook page was not available later in the day.

Pueblo officials later said the posting was incorrect. "The AIPC 501c3 has been dissolved, but not the organization of governors," said Pojoaque Pueblo Gov. George Rivera, a member of the council.

The group's website shows little activity. The last agenda posted there is from September 2012. The last news release posted on the site is from December.

The council's incorporation was granted nonprofit status in 1969, but has not been listed as an IRS nonprofit for several years.

The council is no longer listed in GuideStar, a website created by a group that gathers information about nonprofits registered with the Internal Revenue Service. It's last 990 form available on the GuideStar website was for the year 2001. The 990 is an annual report that certain federally tax-exempt organizations must file with the IRS. In 2001, the council listed grant revenues of \$4 million. About \$1 million went to administrative costs and \$3 million to social service programs.

Livestock Removal from all Range Units: 2-Year Moratorium on Grazing

The Pueblo of Isleta recently had a professional range assessment conducted by Prof D. Bailey of New Mexico State University. Professor Bailey is an expert on Rangeland Monitoring and Management, as well as Livestock grazing management. His assessment provided scientifically defensible evidence to what we already knew—our Ranges are in very poor condition, despite the recent rains our rangelands are on the precipice of being lost for generations.

In order for rangelands to be sustainable the vegetation must have to establish itself and grow. Right now what little we have is being hit hard by drought and over-grazing. The vegetation never has a chance to establish before it is eaten or washed away, the result is that when we do have rains it just causes flooding, washouts and erosion;

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and when we don't have rain (which sadly we have had little the past two years) we have near-desert conditions on the range. The end result is the same; we end up with malnourished cattle and a worsening system that doesn't have time to heal.

Please remember that Cattle aren't the only animals we have to think about on the ranges, everything that lives and depends on the ranges suffers as well, everything from our precious wildlife to native plants are at risk. Professor Bailey stated that some of the Ranges are in such poor condition that it may take decades for them to recover, maybe generations. Some of the other ranges are headed in that direction as well, and even the ones that are in good shape need rest.

This is one of the hardest decisions that we as leaders have had to make this year, but we have to think of not only our people now but of future generations, we were gifted this land by our ancestors and we must protect it so that our grandchildren's grandchildren will be able to use it. The land does not belong to just us, it belongs to everyone — past, present and future. We are in the worst drought since record keeping began over 100-years ago and strong measures must be taken to safeguard our lands for future use.

Therefore, after close consultation with tribal staff and the tribal council, we have no choice but to order the removal of all livestock from all Pueblo of Isleta Range Units immediately. Tribal Council has also ordered an emergency moratorium on all cattle grazing for two years. While some range units are in better condition than others, we are ordering the complete 100% removal of all livestock in order to be fair and equitable to all permittees, as well as to allow maximum rest for the Range.

I have ordered the Public Service Department-Range Section to coordinate these activities with permittees and to assist if possible, however as laid out in the Use Permit, the cattle are the ultimate responsibility of the permittee. Therefore:

- **100% REMOVAL OF ALL LIVESTOCK FROM ALL RANGE UNITS — NO EXCEPTIONS**

- Failure to remove cattle will result in the seizure and forfeiture of the livestock to the Pueblo of Isleta.

- Failure to comply with POI livestock policies, employee's directives and this order may also result in the loss of the permit.

- Failure to adequately care and provide for livestock can also result in the owner being charged with animal cruelty under the POI Law and Order Code: "Any person who recklessly or maliciously inflicts injury, pain, suffering, or death upon an animal, or subjects any animal to abandonment, cruel mistreatment, neglect, or deprivation of water or food is guilty of cruelty to animals. This is a Class D Criminal offense, punishable for up to sixty (60) days imprisonment, 120 hours of community service, a fine/

forfeiture not to exceed \$200.00, or any combination of the three." Code at 30-13-01.

- The removal of the livestock is the responsibility of the Permittee, however if assistance is needed, a request can be made through the Range Section, however the Pueblo will assume no liability if livestock are injured during assisted round-ups.

Again, please understand that we are not the only entities doing this, it is a sad fact of life these days and this drought, in one way or another, is affecting us all. I would like to extend my sincere appreciation for your support through these tough times, I hope and pray that this is only a temporary measure and that much needed rains will help us out of this drought soon. Thank you again for your support and for thinking of the future.

E. Paul Torres, Governor

Congresswoman Michelle Lujan-Grisham Visits with Tribal Governors

July 12, 2013, the Pueblo of Sandia hosted an informal meeting between Congresswoman Michelle Lujan-Grisham and Pueblo Governors. The meeting was attended by Governor Eddie Paul Torres and 1st Lt. Governor Antonio Chewiwi.

Congresswoman Lujan-Grisham addressed Pueblo Governors to assure them that she will continue promoting Indian interests on the agenda in Washington as part of her campaign promise.

Congresswoman Lujan-Grisham applauded tribal leadership for being engaged in the political process with their presence in Washington D.C. and indicated her doors will always be open to meet with tribal leaders.

As an introduction of her work as a freshman in Congress, she is allowed to be on two committees but requested special permission to be on three: Agriculture, Budget, and Government and Oversight.

As an update on the sequestration and current issues, Congresswoman Lujan-Grisham said sadly the Farm Bill didn't pass; it hurts dairy farmers, cuts the Food Stamp Program by 20%, and no assistance on drought relief. She voted against the Waste Water bill as it would be detrimental to New Mexicans. The Ryan Budget (a bill) has a section to remove I.H.S. from more cuts; Congresswoman says there should be NO cuts! There is a Drought Summit coming up that she would like tribal representation. On the Economic Enterprise, she said we need to protect our water and wants the Government to assist. There is heavy concern (if not fights) about fracking (mining), especially around the San Juan basin. This process is supposedly a safe way to produce natural gas, however there's still concern.

Congresswoman Lujan-Grisham asked the Tribal Governors to express their pueblo concerns. A majority of Governors stated that they want the Federal Government to

maintain the trust responsibility that was promised and to stop budget cuts. Another concern was for protection of Traditional and Cultural Properties (TCPs). In the Mt. Taylor area by Grants, Roca Honda Resources is doing some mining that is in a TCP area. This is in the U.S. Forest Service area and while they (USFS) don't need approval from tribes, tribes want to be consulted; they don't want the USFS to be their voice.

Congresswoman Lujan-Grisham stated that she wants to introduce a bill that protects the trust responsibility because the United States Federal Government has violated the treaties and agreements that were made "many moons ago," but she wants to try. She will need the assistance of tribal leaders, federal lobbyists and attorneys that work with tribes, for the framework. Most importantly, tribal sovereignty is a key factor and that there needs to be government to government relations at the Washington level. She will draft a bill for their review which needs to happen soon.

In her last statement, Congresswoman Lujan-Grisham thanked all Tribal Leadership in attendance and said she would like to come back to New Mexico to visit again with Tribal Leaders with this venue.

July/August Water Outlook for the 2013 Irrigation Season

The Middle Rio Grande Conservancy District (District) provides irrigation water to the Six Middle Rio Grande Pueblos and non-Indian farmers from Cochiti to Bosque del Apache National Wildlife Refuge. In the event of a water shortage, water is stored in El Vado Reservoir in northern New Mexico near Chama for use by Pueblo farmers only. As of June 1, 2013 the Bureau of Reclamation had stored approximately 17,200 ac/ft. of Prior & Paramount (P&P) water for use by the Six Middle Rio Grande Pueblos. As of July 19, there is 14,148 ac/ft. of P&P water left in storage in El Vado Reservoir.

Due to the continuing drought, irrigation deliveries for non-Indian farmers were or have been curtailed the first week in July. After July 1st, irrigation water will no longer be delivered to non-Indian irrigators, unless the natural flow exceeds the irrigation demand of the Six Middle Rio Grande Pueblos.

Irrigation water for Isleta will be dependent on the natural flow in the Rio Grande and P&P releases from El Vado Reservoir. The heavy rains on July 19 and 20 increased the flow in the Rio Grande at Isleta Diversion Dam from 70 cfs to over 1300 cfs! If the monsoon rains continue through August, the P&P water in storage might last through November 15, when the irrigation season ends.

2013 NEW MEXICO LEGISLATURE INDIAN AFFAIRS COMMITTEE

On July 15, 2013, Governor Eddie Paul Torres hosted the Indian Affairs Committee meeting at the Pueblo of Isleta Resort and Casino. *(Continued on next page)*

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The New Mexico Legislative Council created the Indian Affairs Committee (IAC) on April 30, 2013. The IAC addresses issues and policies that affect Native Americans in New Mexico. In view of the fact that the IAC aims to address issues and policies relating principally to New Mexico's Native American population, the IAC strives to conduct its meetings in locations that are accessible to the state's tribal members and their leaders. Moreover, meeting at the various Indian nations, tribes and pueblos in New Mexico facilitates government-to-government cooperation. The IAC meetings are essential to the work of the legislature in addressing the issues affecting New Mexico's Native American population.

In attendance were IAC members:

- Rep. Sandra D. Jeff, Co-Chair
- Sen. John Pinto, Co-Chair
- Rep. Eliseo Lee Alcon
- Rep. Alonzo Baldonado
- Rep. Sharon Clahchischilliage
- Rep. Patricia A. Lundstrom
- Rep. James Roger Madalena
- Sen. Richard C. Martinez
- Rep. Jane E. Powdrell-Culbert
- Sen. Nancy Rodriguez
- Sen. Benny Shendo, Jr.

Advisory Members

- Rep. Ernest H. Chavez
- Rep. Zachary J. Cook
- Rep. Georgene Louis
- Rep. Patricia Roybal Caballero
- Rep. Nick L. Salazar

Indian Affairs Committee Agenda items included:

- **Save the Children: Delivering Success for Native American Children** Presenter: Rich Bland, Senior Director, Policy and Advocacy
- **Issues of Concern to the Middle Rio Grande Pueblos and How the State Legislature Can Help** Presenter: Eddie Paul Torres, Governor, Pueblo of Isleta
- **Cross-Deputization/Dual Endorsement of Tribal Police Officers and Questions of Jurisdiction, Enforcement of Protective Orders and Full Faith and Credit: A Perspective from the Pueblo of Isleta** Presenter: Kevin Mariano, Chief of Police, Pueblo of Isleta

The Indian Affairs Committee and Tribal Leaders agreed to continued collaboration on mutual issues of concern toward resolution.

Pueblo of Isleta Community Meeting

Governor Eddie Paul Torres has scheduled the next Community Meeting for August 10, 2013, from 9:00 am to 12:00 noon at the Isleta Resort and Casino.

The agenda for the meeting will include the following Program Services reports.

PUBLIC SERVICES DEPARTMENT

- REALTY / ENVIRONMENT / RESOURCE PROTECTION / TRANSPORTATION
 - COMMUNITY DEVELOPMENT / UTILITIES - SHAWNA BALLEY, EXECUTIVE DIRECTOR
- PUBLIC SAFETY DEPARTMENT**
- POLICE DEPARTMENT - KEVIN MARIANO, CHIEF OF POLICE
 - FIRE DEPARTMENT - ROBERT JOJOLA, FIRE CHIEF

MESSAGE FROM THE GOVERNOR:

In closing, I whole heartedly appreciate your continued support and understanding. Only by working together can we continue to lay a solid foundation for our people and our future generations to enjoy a healthy prosperous life. Thank you for allowing me to serve you, Eddie Paul Torres, Governor, Pueblo of Isleta.

July/August Water Outlook for the 2013 Irrigation Season

The Middle Rio Grande Conservancy District (District) provides irrigation water to the Six Middle Rio Grande Pueblos and non-Indian farmers from Cochiti to Bosque del Apache National Wildlife Refuge. In the event of a water shortage, water is stored in El Vado Reservoir in northern New Mexico near Chama for use by Pueblo farmers only. As of June 1, 2013 the Bureau of Reclamation had stored approximately 17,200 ac/ft. of P&P water for use by the Six Middle Rio Grande Pueblos. As of July 19, there is 14,148 ac/ft. of P&P water left in storage in El Vado Reservoir.

Due to the continuing drought, irrigation deliveries for non-Indian farmers were or have been curtailed the first week in July. After July 1st, irrigation water will no longer be delivered to non-Indian irrigators, unless the natural flow exceeds the irrigation demand of the Six Middle Rio Grande Pueblos.

Irrigation water for Isleta will be dependent on the natural flow in the Rio Grande and P&P releases from El Vado Reservoir. The heavy rains on July 19 and 20 increased the flow in the Rio Grande at Isleta Diversion Dam from 70 cfs to over 1300 cfs! If the monsoon rains continue through August, the P&P water in storage might last through November 15, when the irrigation season ends.

A plan has been developed by the Pueblos, the Bureau of Reclamation (BOR) and the Bureau of Indian Affairs for irrigation deliveries to Isleta and the other five Middle Rio Grande Pueblos. Instead of block releases or rotation, a constant flow of no less than 250 cfs will be maintained in the Rio Grande. The Natural Flow should be about 150 cfs, RGSM releases will be 200 cfs and the P&P release will be between 50 and 200 cfs, depending on the monsoon rains and the actual farm delivery demand.

Water deliveries to the Acequia Madre and Butte Lateral have been fairly consistent and there have been no shortages experienced by Isleta farmers on this canal. The water to charge these canals is diverted at the Angostura Diversion Dam near Algodones and then flows through the north and south valleys of Albuquerque before entering Isleta on the north boundary.

Water deliveries to the Chical, Cacique, and Los Charcos areas will be diverted at the Isleta Diversion dam. The diversions will alternate between the Peralta Main and the Belen Highline on a bi-weekly basis.

Water deliveries to Isleta farmers the rest of the irrigation season will vary depending on rainfall and the ditches may not be full all the time. Scheduling of water deliveries with the Isleta Mayordomos will be required. Please work with your Mayordomos to make sure everyone receives adequate water in a timely manner. This will require watering when the water is available, including watering at night and during the week. Farmers are urged to cooperate with their Mayordomos and fellow farmers and use the limited water supply wisely. When your Mayordomo schedules you to receive water, don't wait, use the water immediately or you may not get it again for several days!

- Terms used in this article:
- Cubic Foot of Water — 7.48 gallons.
 - Cubic Foot per Second (cfs) - this is how much water passes a fixed point every second.
 - Acre foot of water (ac/ft) — the amount of water needed to cover an acre with one foot of water — 325,851 gallons.
 - RGSM — Rio Grande silvery minnow.
 - P&P — Prior and Paramount. This term is used to define the water right of the Six Middle Rio Grande Pueblos.

Stage II Fire Restrictions Lifted

The Bureau of Indian Affairs-Southern Pueblos Agency has lifted the Stage II Fire Restrictions for the Pueblo, allowing open burning as well reopening the mountains to the public. You will still need a wood permit to get wood products (Remember Wood Permits are good for one month) or a burn permit to burn if you don't already have one (Burn Permits are good for one year). If you need either, please come to the Public Services Department located on Sage Brush Street just east of the Health Clinic. If you have any questions you may contact us at 869-9782.

Public Services Department, Resources Division
Forest Supervisor, Frank Jiron

NEWS FROM THE ISLETA TRIBAL COURT

The Pueblo of Isleta Tribal Court currently has eight employees which include: Chief Judge Lawrence R. Lucero, Associate Judge Joseph Little, and Associate Judge Renee Torres. It also has one Probation Officer Eulalia Lucero, three Court Clerks, Dana Jiron, Denise Lucero, and Lorinda Castillo. One Process Server, Vera Lente. One Bailiff, Jim Goff, one front desk Receptionist, Philana Abeita, and a new Court Administrator, Darlene Valdez. The court's goal is to shift focus on reviewing its policies and procedures to develop a more efficient and effective court system while educating the community. As a result many changes will be taking place that the Isleta Tribal Court wants to inform the community about.

New Procedures for Notice of Court Dates and Service of Process

As of July 1, 2013, a new procedure went into effect that the Isleta Tribal Court will no longer personally serve parties with notices or pleadings. To ensure the court remains a neutral party in all matters, parties are now responsible for making sure their witnesses appear in court for any hearing associated with a case. Overall, the court will not be assisting either side to make their case by serving witnesses with notices to appear.

The court also determined that personally serving individuals for court dates are not necessary or an efficient means of utilizing valuable court resources. To streamline this process, the court clerk will issue Notice of Hearings to all parties before leaving the courtroom. Therefore, all parties are expected to wait for their notice and notify the court of any change in address. In the event a subpoena needs to be issued that is used to ensure a parties'

appearance; a judge can sign them in open court upon request. *Any party* may request a subpoena, however it must be served either in-person by a representative of the party, by mail, or facsimile. In order for a subpoena to be valid, a "Certificate of Service" form must also be attached and filed with the court. Any individual who is served with a subpoena and does not appear for court, may be subject to a bench warrant being issued.

Overall, *parties should no longer expect to be personally-served for court dates*. However, there may be some cases where personal service is necessary.

One of the biggest obstacles the court is experiencing is outstanding obligations to the court involving unpaid fines, fees, costs, and community service hours. In June, the court published a notice in the newsletter asking individuals with outstanding obligations to contact the court immediately to comply with previous judgments and orders. Since only a few individuals have come forward, the court is beginning to mail out notices to individuals to appear for an Order to Show Cause.

The overall goal of the Isleta Tribal Court is to establish a court system that is fair to all parties and efficient. The court will continue to provide information that helps the community better understand how the court currently operates as it moves forward. If you have any questions, you may call the Tribal Court at 869-9699.

Respectfully, Chief Judge
Lawrence R. Lucero

Isleta Pueblo Housing Authority

The Isleta Pueblo Housing Authority is accepting applications for the Home Improvement Program (HIP) for safety or sanitation repairs, renovations, and replacement of a home for substandard dwellings. Applications are available at the Isleta Pueblo Housing Authority Office. After submission of the application with all required documentations it will be determined if you meet the "eligible" criteria for the HIP Program.

Documentation required with the application:

1. Copy of C.I.B. (Certificate of Indian Blood)
2. Proof of Income (Last year's Tax Return, SSI Award Letter, etc.)
3. Most Important: Proof of ownership to either the existing home and/or land.
4. Provide documentation if the applicant is stating family member has disability or is handicap (Letter from a "Doctor", Veterans' Administration, or Social Security, etc.)

If you have any questions or need assistance, please contact Bernadette Lente, Executive Assistant at (505) 869-4153 Ext. 9345.



Isleta Cancer Education & Support

Support the Health of your Family
Educate Yourself on Cancer and Reduce Your Risk

2nd Tuesday
of each month....

10:30am to Noon

ISLETA HEALTH CENTER

SMALL CONFERENCE ROOM

DATE	TOPIC	SPEAKER	ORGANIZATION
8/13/2013	Communication	Mary Ellen	PLTC
9/10/2013	Support	Mary Ellen	PLTC
10/8/2013	Clinical Trials	Sydney Goosing	New Mexico Cancer Care Alliance
11/12/2013	Nutrition & Cancer	Amber Abhold	Isleta Health Center
12/10/2013	Survivors Panel	Cancer Survivors	TBD

Contact Stephanie Barcla @ 869-4479 with any questions.

Everyone welcome!

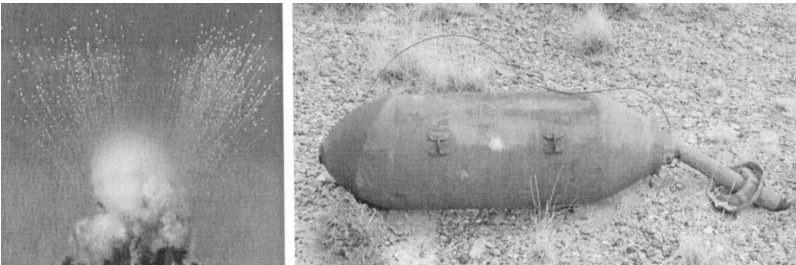
Unexploded Ordnance
Amnesty Period

Ordnance "bombs" have been brought into housing areas as souvenirs. Do not assume a bomb is a dud because it did not explode. One of the most pressing concerns is that some of these "live" bombs/shells may be located in the pueblo, these items are extremely dangerous, even the practice bombs or shells may contain an explosive spotting charge which could maim or kill if they go off.

1. Do not touch it!

2. Leave the area.

3. Report it to the
Resources Division



If you or know of anyone who has information on these objects, please call the Resources Division. The contact may remain anonymous and no one will be prosecuted for having these items. We need to get these unsafe items off the Pueblo! We appreciate your cooperation.

Call
HAZMAT/UXO Technician
Resources Division
(505)869-7560

PUEBLO OF ISLETA
Resolution No. 2013-068
Emergency Range Protection Plan

The following resolution was passed at a duly called meeting
of the Tribal Council of the Pueblo of Isleta:

WHEREAS, the Pueblo of Isleta is a federally recognized Indian Tribe with a written Constitution originally adopted in 1947 and amended in 1970 and 1990 pursuant to the Indian Reorganization Act and with inherent powers of self-government; and

WHEREAS, the Pueblo of Isleta Tribal Council is the Legislative Branch of the Pueblo of Isleta Tribal Government pursuant to Pueblo of Isleta Constitution, Article V, Section 2(e), which authorizes it "To enact ordinances, subject to approval by the Secretary of the Interior, to protect the peace, safety, property, health, and general welfare of the members of the Pueblo of Isleta..." and

WHEREAS, the Pueblo of Isleta Tribal Council has the inherent power to otherwise manage and control the lands and resources of the pueblo for the best interest of the pueblo; and

WHEREAS, the Isleta Tribal Council has authority over the Natural Resources of the Pueblo of Isleta including the 32 Range Units located on the Pueblo; and,

WHEREAS, it is the desire of the Pueblo of Isleta to preserve and protect, through proper grazing management, the land, water, forage, wildlife, recreational, cultural and sacred sites of the Pueblo rangelands and to improve, build-up and rehabilitate these resources where they have deteriorated, so that these vital and renewable resources are available for future generations; and,

WHEREAS, it is the desire of the Pueblo of Isleta to promote proper and efficient use of the Pueblo's range lands and mountains that is fair and equitable to tribal members, including future generations; and,

WHEREAS, the Pueblo of Isleta's Public Services Department Range Section is the delegated authority and has the responsibility to enforce laws and regulations for management on grazing lands and livestock; and,

WHEREAS, a severe drought is now impacting the entire southwest region of the United States, including the Pueblo of Isleta, this drought is compounding other environmental factors which are leading to precarious range conditions which endanger livestock and threaten the sustainability of the ranges; and,

NOW THEREFORE, BE IT RESOLVED THAT, the Pueblo of Isleta Tribal Council hereby adopts the following steps as part of an on-going and developing Emergency Range Protection Plan; and,

BE IT FURTHER RESOLVED THAT, this Emergency Range Protection plan — will include the following policies:

1. 100% removal of all livestock from Range Units.
2. Reduction of stocking rates as recommended in the assessment
3. Reestablishment of Range Units dependent on reassessment criteria
4. Establishment of a full-time Range Technician to monitor range conditions across the Pueblo of Isleta

BE IT FURTHER RESOLVED THAT, the Pueblo of Isleta Public Services Department is responsible for enforcement and supervision of the Range Units and ensuring all necessary steps are taken to protect the lands for future generations, and,

BE IT FURTHER RESOLVED THAT, that to the extent that this Resolution is inconsistent with any prior resolution, this Resolution shall govern and apply, and such conflicting prior resolution or order is hereby superseded and repealed; and,

BE IT FURTHER RESOLVED THAT, the invalidity or unenforceability of any clause of this Resolution shall not affect the validity or enforceability of any other clause of this Resolution; and,

BE IT FURTHER RESOLVED THAT, that the Pueblo of Isleta Tribal Council may amend this authorization as it deems necessary and proper; and,

BE IT FINALLY RESOLVED, that the Pueblo of Isleta Governor is authorized to do all that is necessary to effectuate the intent of this Resolution.

CERTIFICATION

We, the undersigned officials of the Pueblo of Isleta, hereby certify that the foregoing Resolution was duly adopted by the Pueblo of Isleta Tribal Council at a regular meeting held on the 18th day of July , 2013, with a quorum present, with -10- voting for, -1- opposing, and -0- abstaining.

____Tribal Council President ____Pueblo of Isleta Governor
 ATTEST: ____Tribal Council Secretary

PUBLIC NOTICE

A Petition to **Probate the Estate of Norman Ronald Blythe, deceased on September 3, 2012**, has been filed in the Pueblo of Isleta Tribal Courts. Any person claiming an interest in the Estate is hereby requested to notify the Pueblo of Isleta Tribal Court Clerk within thirty (30) from the date of this notice being posted.

Claims must be filed in writing with the Isleta Tribal Courts. If you have any questions, please contact the Tribal Court Clerk at (505) 869-9699.

PUBLIC NOTICE

A Petition to **Probate the Estate of Patsy C. Jojola, deceased on January 16, 2013, Case No. CV-PR-0763-2013**, has been filed in the Pueblo of Isleta Tribal Courts. Any person claiming an interest in the Estate is hereby requested to notify the Pueblo of Isleta Tribal Court Clerk within thirty (30) days from the date of this notice being posted.

Claims must be filed in writing with the Isleta Tribal Courts. If you have any questions, please contact the Tribal Court Clerk at (505) 869-9699.

PUBLIC NOTICE

A Petition to **Probate the Estate of Romalda Lucero, deceased on June 14, 2004, Case No. CV-PR-08 — 58 — 2013**, has been filed in the Pueblo of Isleta Tribal Courts. Any person claiming an interest in the Estate is hereby requested to notify the Pueblo of Isleta Tribal Court Clerk within thirty (30) days from the date of this notice being posted.

Claims must be filed in writing with the Isleta Tribal Courts. If you have any questions, please contact the Tribal Court Clerk at (505) 869-9699.

Call for Submissions

Do you or your family have a connection to Albuquerque Indian School? The Indian Pueblo Cultural Center is looking for memorabilia, objects, photographs and other items relating to the Albuquerque Indian School for use in an upcoming exhibition due to open October 3, 2013.

The IPCC will host an Albuquerque Indian School Retrospective exhibition featuring informational panels with text and photographs, objects and memorabilia, photographs depicting daily life and school activities and a look to the future of the entire campus now known as the AIS District, or AISD.

If you are an AIS alumni, teacher, staff person or a relative who has items or stories you would like to share in our year-long exhibition, please contact Deborah Jojola at (505) 724-3564 or djojola@indianpueblo.org or Amy G. Johnson at (505) 724-3546 or ajohnson@indianpueblo.org.

Deadline for submissions is Friday, September 13, 2013.

Visual Assessment of Rangeland Conditions at Isleta Pueblo

Conducted by Derek W. Bailey
on July 9 and 10, 2013

Prepared for the Isleta Pueblo July 15, 2013

Introduction:

The purpose of this report is to describe conditions observed on the rangeland pastures of the Isleta Pueblo on July 9 and 10, 2013. Derek Bailey, Randy Lujan and Warren Edaakie toured the eastern pastures of the Isleta Pueblo on July 9 and the western pastures on July 10. Pastures were observed while driving along roads in the pastures. Periodic stops were conducted to collect measures of forage stubble heights as well as visually observe forage utilization levels, rangeland condition and signs of active erosion.

Drought:

The rangeland pastures of the Isleta Pueblo are experiencing severe drought. Last year (2012) and 2011 were the first and third driest years recorded at the Albuquerque airport during last 20 years (since 1983). In 2012, annual precipitation was 5.46 inches, which is 64% of normal precipitation (8.52 inches). In 2011, annual precipitation was even lower at 4.72 inches (55% of normal). It is very unusual for such dry years to occur consecutively. Two such extremely dry years (2011 and 2012) have not occurred consecutively in Albuquerque since the 1950's. Extreme drought can result in considerable mortality of perennial grasses and significant reductions in forage production (Holechek et al. 2011).

Pastures on the western half of the Isleta Pueblo did not have any signs of vegetative growth during 2013. No grass green up was observed in the western pastures. On the eastern half of the Isleta Pueblo, the majority of the pastures showed at least some evidence on new grass growth in 2013 (green up). Some areas have new leaves that were up to 1.5 inches in length. Although the green up observed in the eastern pastures is encouraging, much more precipitation is needed to ensure that the rangeland pastures recover from the drought conditions and that forage production returns to normal levels.

Utilization:

Forage utilization is defined as the percentage of the annual forage growth that has been removed by grazing or other factors. Table 1 lists the overall utilization level of the pastures at the Isleta Pueblo that were observed on July 9 and 10, 2013. This utilization reflects the grazing of forage produced in 2012. This overall utilization rating is reflective of areas within a pasture that livestock can graze. Several pastures had areas that were far from water and received little or no grazing. The desired forage utilization levels for perennial grasses in arid/semi-arid areas such as the Isleta Pueblo is less than 40% (light category). Thirty percent utilization is often desired when arid/semi-arid pastures are grazed yearlong (Holechek and Galt 2000).

Table 1. Overall forage utilization levels observed in areas that cattle graze within pastures of the Isleta Pueblo on July 9-10, 2013.

Pasture Name		Utilization	%	Comments
Number	Community Pasture	Severe	80-100	
2	Well	Light	20-40	
2A	South Hubble	Light	20-40	
2B	North Hubble	Light	20-40	
3	Lower Peralta	N/E		
4	Paquita	Heavy	60-80	Some areas of slight use east of I-25 in NE corner
5	Cave Mesa	N/E		
6	Cat Mesa	Moderate	40-60	
6A	Huning Tract	Heavy	60-80	East half of pasture received little or no use
6B	Cat Mesa			
7	North Rio Puerco	Moderate	40-60	
7A	South Rio Puerco	Light	20-40	
7C	North Rio Puerco	Light	20-40	
8	Wind Mesa	Heavy	60-80	Slight to light use on west end of pasture
9	Five Forty	Severe	80-100	Light to moderate use on west end of pasture
9A	Five Forty	Heavy	60-80	
9B	Five Forty			
9C	Five Forty			
10	Perea	Heavy	60-80	
11	Upper Peralta	Heavy	60-80	West 1/3 of pasture has received little use
12	Guadalupe Mountain	Heavy	60-80	Only evaluated gentle slopes on west end of pasture
13	Hells Canyon			
14	Barren Mountain	Heavy	60-80	Areas of slight to light use over 3 miles from water
14A	Barren Mountain	Light	20-40	
15	West Hubble	Heavy	60-80	
16	Rio Grande	Heavy	60-80	
17	South Rio Grande	Severe	80-100	
18	Goats Spring	Heavy	60-80	
19	Boundary	Heavy	60-80	

Many of the pastures at the Isleta Pueblo have been grazed at heavy or severe utilization levels (Table 1). Continual sustained grazing at heavy and severe levels will result in rangeland degradation with a reduction in perennial vegetative cover. Active erosion will increase as perennial vegetative cover declines. Invasive plants and noxious weeds often increase in areas that have sustained heavy or severe grazing levels. Areas that have been moderately grazed have reached or exceeded desired levels. Continued grazing after reaching moderate levels will reduce the vigor of vegetation. In fragile desert areas, especially with sandy soils, it is important to keep grazing at light levels, between 20 to 40% utilization. The pastures that were rated as light utilization could quickly exceed desired levels if the drought continues.

Distribution:

Several pastures have areas that have received little or no use. These areas are often 2 or 3 miles from water. Holechek (1988) recommends that areas farther than 2 miles from water should not be included in stocking rate calculations and should be considered as ungrazeable. Bailey (2004) suggests that water developments are one of the most powerful tools to improve livestock grazing distribution. The Isleta Pueblo has several water developments planned, which should greatly increase the area that cattle can graze. Improving grazing distribution can reduce overall grazing levels and increase sustainable stocking rates for livestock.

Pasture 4 has a small area east of Interstate 25 in the northeast corner of the pasture that has received only slight

or light use. The eastern half of Pasture 6A has received little or no grazing. The west and northwest areas of pasture 8 have received only slight to light use. Pasture 8 currently only has one water source, which limits areas where cattle can graze. Planned water developments in Pasture 8 could potentially improve sustainable grazing capacity of this pasture by over 25%. Similarly, a water development at the west end of Pasture 11 could significantly improve rangeland conditions and forage availability. Pasture 14 has some potential to increase forage availability if water could be developed in the northern portion of the pasture. Pasture 9, which has been grazed severely over most of the acreage, has a small area on the western end of the pasture that has received only light to moderate levels of grazing.

Cattle:

Cattle body condition was observed during the visual inspection of rangeland conditions. Cattle body condition is typically rated using a 1 to 9 scale, where 1 is emaciated and near death and 9 is obese. Cows nursing calves in pastures grazed at heavy or severe levels were almost always thin with body condition scores of 2.0 to 3.0. It will be very unlikely that these cows will become pregnant until they gain weight and their body condition scores improve to a 4 or greater level (Selk 1988). Typically, an improvement in one unit of body condition score will occur when a cow gains about 90 lbs. Dry cows (no calf) and bulls were in much better condition with scores from 3.5 to 6.0.

Recommendation:

Concurrent with the Executive Order of Governor Torres, I believe that cattle should be removed from all pastures within the Isleta Pueblo. The pastures should be rested from grazing from now until at least October 2013. The most beneficial time to provide rest from grazing for perennial grasses and other forages is during the period active growth. The monsoon precipitation season has begun, and hopefully the rains that normally occur this time of year will provide the forages sufficient moisture to grow. Figure 1 lists three categories of pastures: yellow, orange and red. Pastures that were grazed at light or moderate levels are rated in the yellow (caution) category. The yellow category pastures almost certainly can be grazed again this fall if rainfall levels are average or favorable. The orange (concern) category pastures were grazed at heavy levels. The vigor of the vegetation in orange category pastures has almost certainly been adversely affected by the heavy grazing levels. However, these pastures may recover sufficiently during the rest period from July to October 2013 to be grazed again if precipitation is adequate. I recommend that the yellow and orange pastures be assessed again in October 2013 at the end of the 2013 forage growing season to determine if cattle can graze the pastures.

Pastures in the red (very concerned) category should not be grazed for at least two (2) years. These pastures have been grazed at a severe level. Virtually, all of the above-ground biomass has been removed from perennial grasses. Even normally unpalatable shrubs, such as Mormon tea (*Ephedra* spp.), have been grazed heavily. Pastures 1, 9 and 17 were categorized as red and are extremely overgrazed. The rangeland condition in the red pastures may have crossed a threshold where perennial vegetative cover and productivity may be reduced permanently. Active erosion is a serious issue in the red pastures, and it will likely get much worse if grazing continues and the pasture does not recover. There is a chance that the red pastures will recover if livestock are removed immediately, and the pastures receive favorable rainfall. The red pastures (1, 9 and 17) should be evaluated again in the fall of 2014 (after the growing season) to assess their recovery. It will require 2 to 5 years and perhaps longer for the red category pastures to recover sufficiently to be grazed by cattle in a sustainable manner.

References:

Bailey, D. W. 2004. Management strategies for optimal grazing distribution and use of arid rangelands. *Journal of Animal Science* 82:E147-E153.

Holechek, J. L. 1988. An approach for setting the stocking rate. *Rangelands* 10(1):10-14.

Holechek, J. L., and D. Galt. 2000. Grazing intensity guidelines. *Rangelands* 22:11-14.

Holechek, J. L., R. D. Pieper, and C. H. Herbel. 2011. *Rangeland management: principles and practices*. Upper Saddle River, NJ: Prentice Hall. p. 444.

Selk, G. E. 1988. Relationship among weight change, body condition and reproductive performance of range beef cows. *Journal of Animal Science* 66:3153-3159.

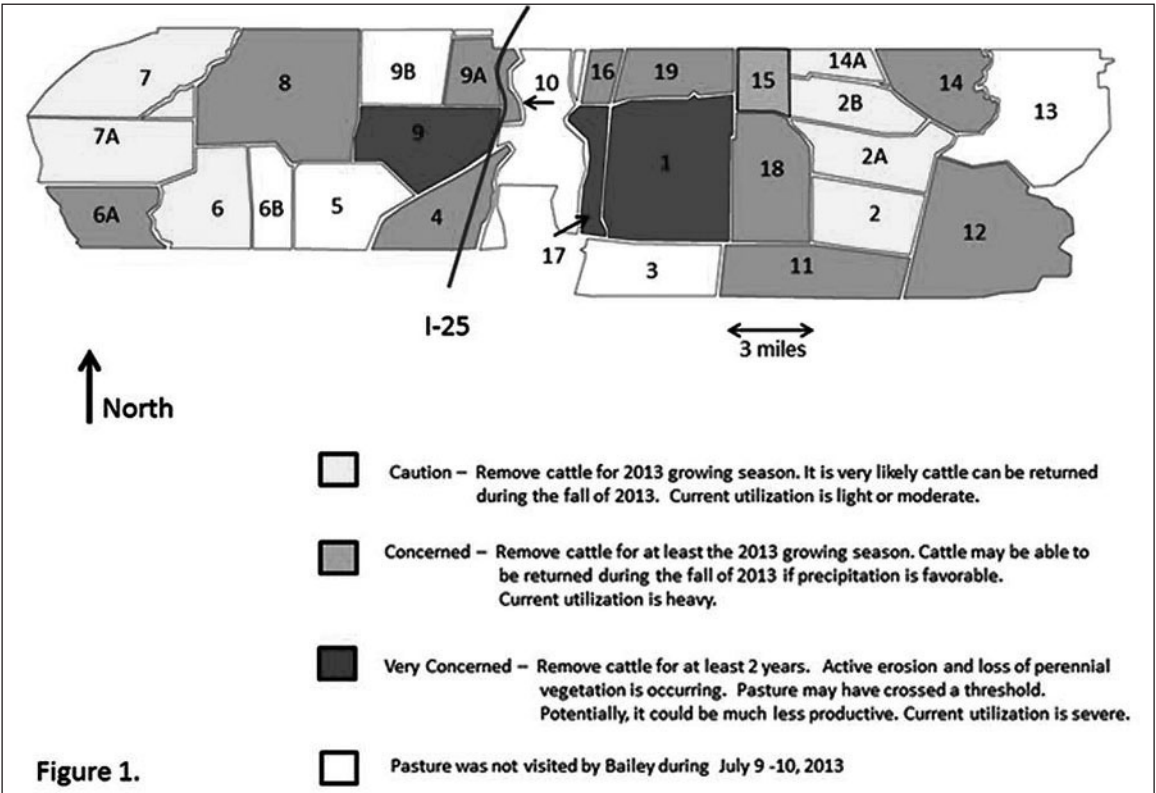
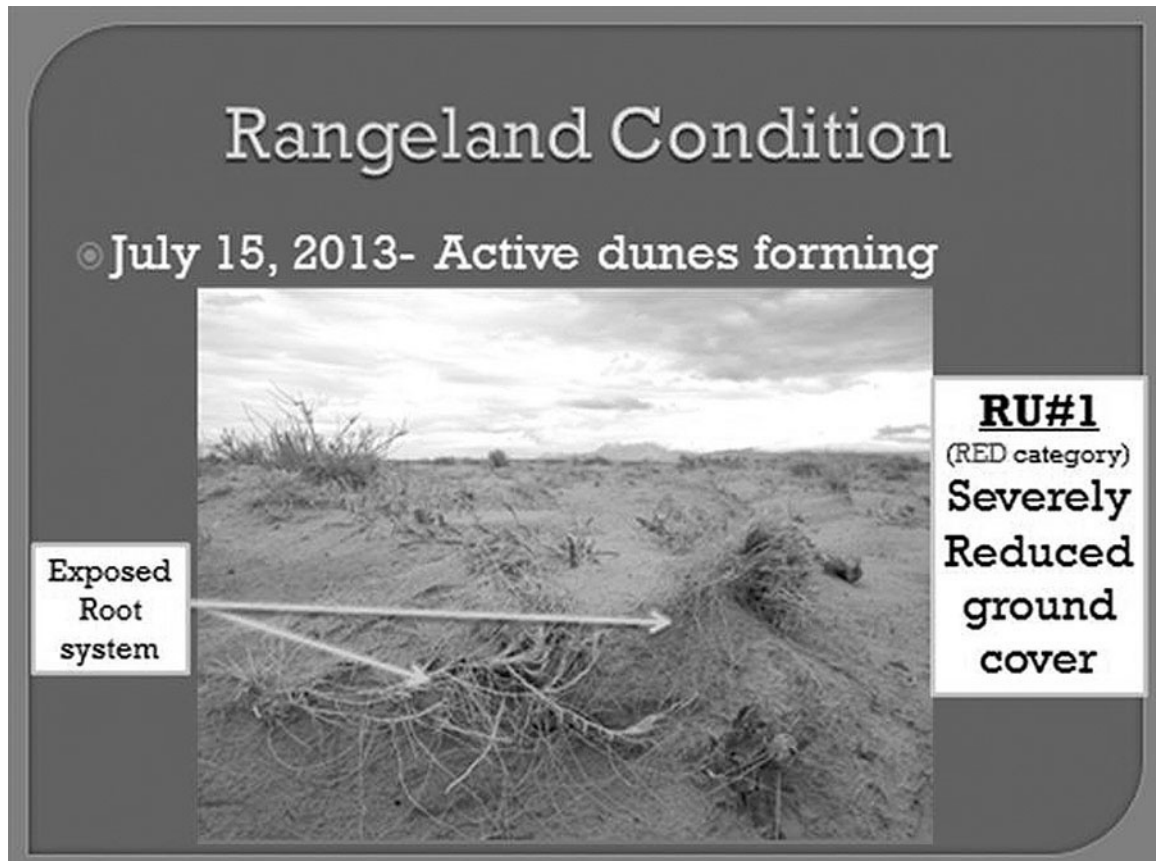
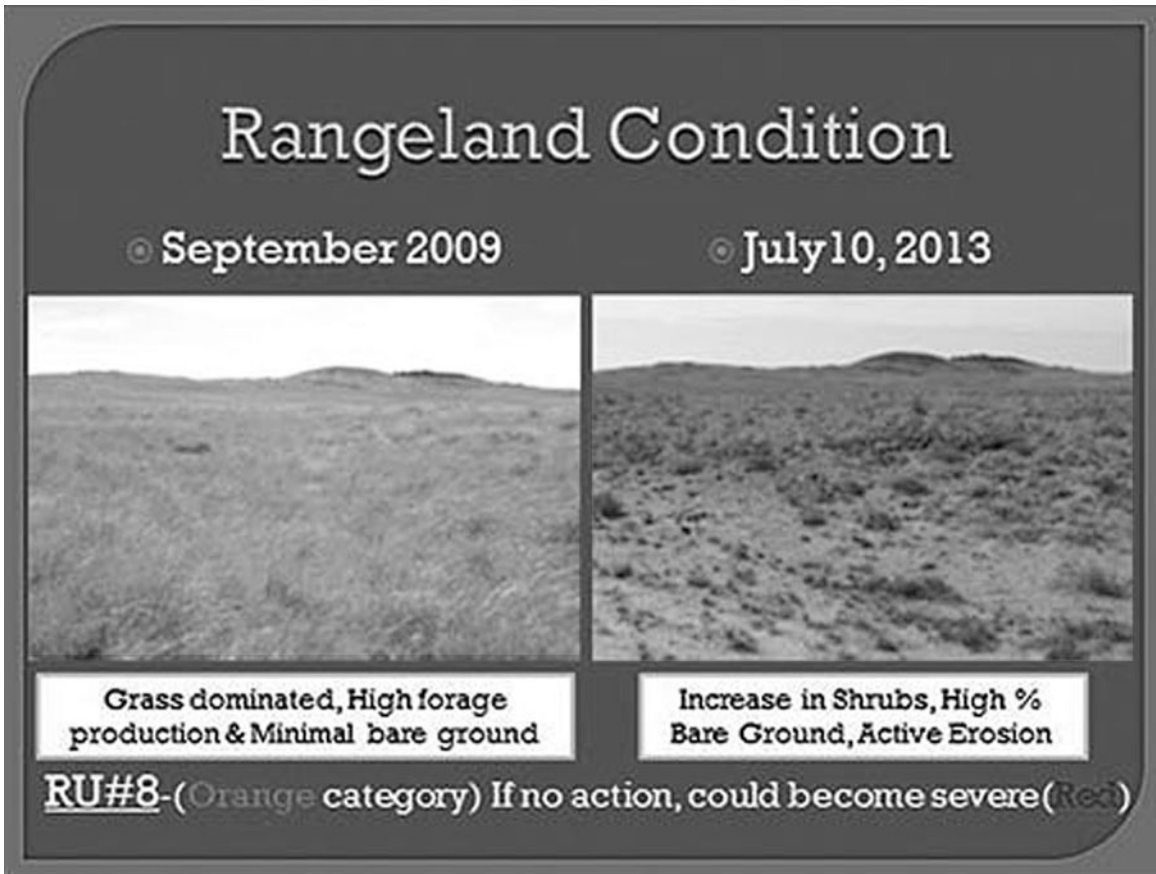
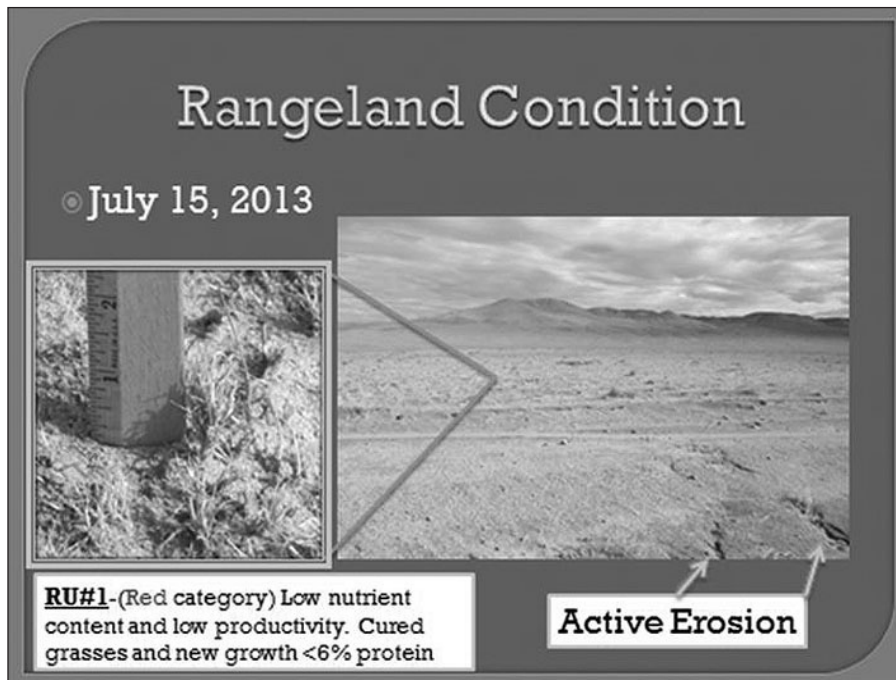


Figure 1.





**This Report was created
by Dr. Derek Bailey**

B.S. Animal Science, Colorado State University, 1980

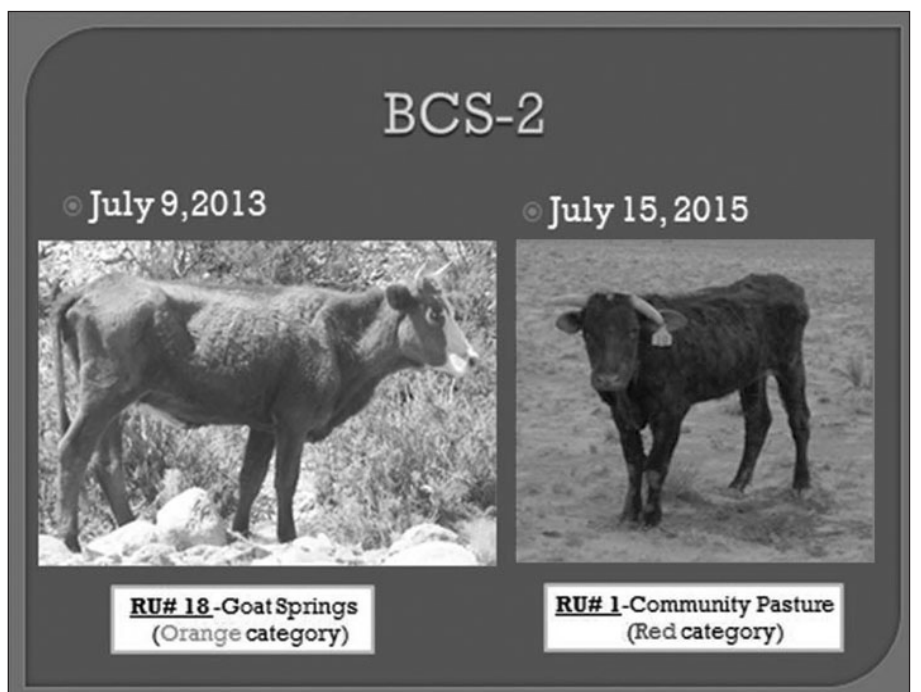
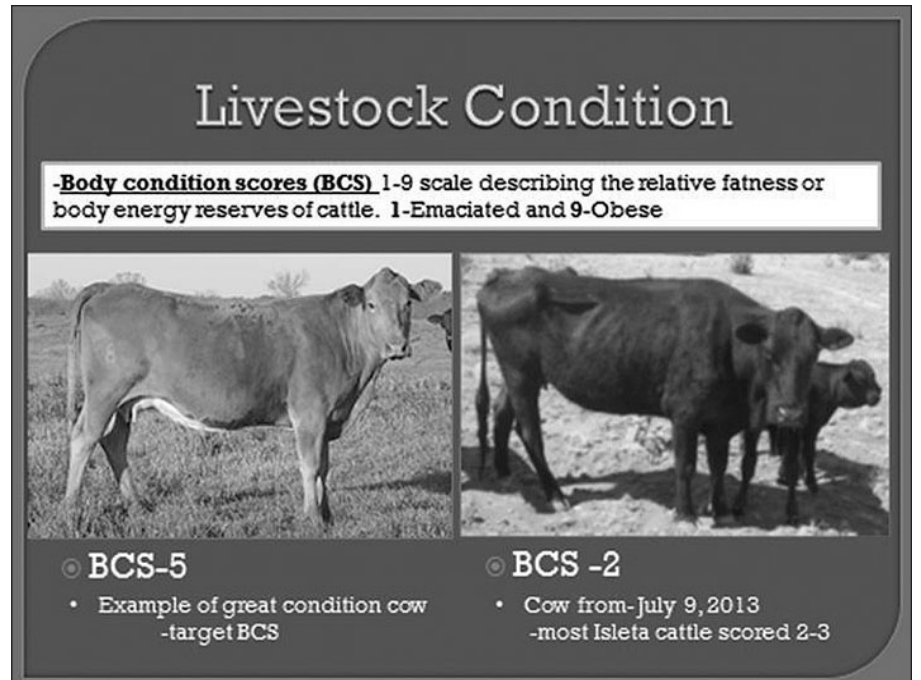
M.S. Animal Science, Colorado University, 1985

Ph.D., Range Science, Colorado University, 1988

Title Professor, Chihuahuan Desert Rangeland Research Center Director, CDRRC, Animal and Range Sciences

Expertise Ecology and Conservation, Livestock, Range and Public Lands

Expertise Detail Livestock grazing management, animal behavior, range animal nutrition, rangeland cattle production, livestock-wildlife interactions and rangeland monitoring and management



MEDICAID EXPANDS & SCI ENDS IN 2014

This is the second in a series of articles about health care changes coming in 2014.

Medicaid, which already provides health coverage to 91,000 Native Americans in New Mexico, is on the verge of expanding coverage to even more people in 2014. Medicaid is a joint federal-state program which is available to individuals and families with low incomes. As part of the federal health care reform law, states were offered the opportunity to expand their Medicaid program. New Mexico, along with many other states, decided to take advantage of this opportunity. What does this mean for you? Since Medicaid is free to those who qualify, it means you may be eligible for health coverage at no cost to you.

Historically, Medicaid has favored pregnant women and children. Beginning in 2014, anyone age 19-64, regardless of gender, who meets the income criteria will be eligible for Medicaid. This will prove particularly helpful to single adults and couples without children. Many of these individuals, approximately 40,000, are now covered by the State Coverage Initiative (SCI). The bad news is, SCI will end after December, 2013. The good news is, an estimated 94% of those with SCI currently will qualify under the expanded Medicaid program in 2014.

So who will qualify? Any adult, age 19-64, with an income below 138% of the federal poverty level (FPL). Federal poverty level is determined by household size and household income. For a single adult, an annual household income of about \$15,800 (or about \$1,321 per month) will qualify for Medicaid coverage. For a family of four, an income of about \$32,490 a year (or about \$2,708 per

month) qualifies for Medicaid. In addition, children up to age 19 can qualify if their household income is below 300% of FPL. If you want to know if your household situation meets Medicaid eligibility criteria, you can contact the Benefits Coordinator at Isleta Health Center or contact any state human service office.

So you may be asking, why should I get Medicaid if I can receive services from the Indian Health Service or Isleta Health Center? The answer is simply that it helps your community and may provide you greater coverage. With Medicaid you have guaranteed health benefits which you can use at any I.H.S., tribal or most other health care facilities. If you use an I.H.S. or tribal facility, Medicaid will reimburse that facility, which increases funding and enables the development of more and better services for everyone in the community. Even if you use a non-tribal facility, Native Americans with Medicaid have no co-pays or deductibles. In addition, Medicaid benefits prevent depletion of Contract Health Service funds, which in Isleta were recently reduced by over \$150,000 due to the federal sequester. Also, you'll have access to health services even if you're not eligible for Contract Health Services. Many descendants and those living a distance from the Pueblo may be ineligible for Contract Health Services, but with Medicaid they have health coverage regardless of tribal enrollment or residence location.

Medicaid expansion is one of several changes expected in 2014. The Isleta Health Board and Isleta Health Center are helping to explain these changes in a series of newsletter articles and community presentations. Keep your eyes and ears open - there's more to come!

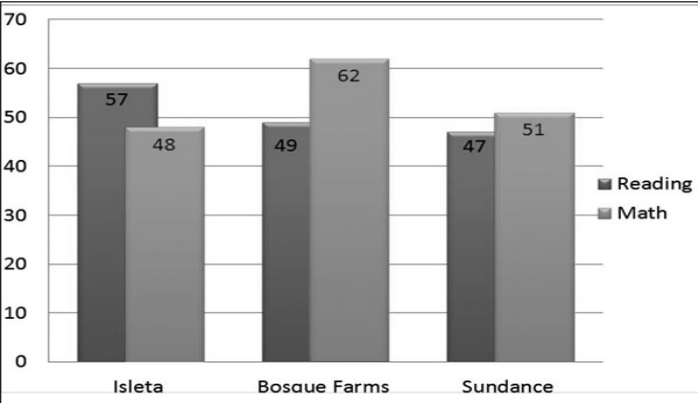


Isleta Elementary School

1000 Moonlight Drive
Albuquerque, NM 87105
505-869-2321 Office 505-869-1625 Fax

What a fast summer! Our first day of school at Isleta Elementary School is Monday, August 5, 2013, just around the corner. New and returning students must register by Friday, August 2, 2013. Applications are available at Isleta Elementary School Monday thru Friday 8 a.m. to 3 p.m. We are also looking for interested parents/guardians who would like to serve on our Isleta Elementary School Board for 2013-2014 School Year. Parents/Guardians can pick up a registration form at the IES front office.

From the Charts, you will see how our students performed on the New Mexico Standard Based Assessment last school year 2012-2013. Our students tested well and we are proud of their performance!



Our goal is to keep on improving our scores and we hope you bring your child back for another awesome school year here at Isleta Elementary School! We will also be offering an afterschool program for SY 2013-2014 for all IES students. Go EAGLES! Shawna Castillo, School Principal

Pueblo of Isleta Veterans Association

"Veterans, helping Veterans and their families."

At its monthly meeting on July 17, 2013 at the Recreation Center the Association unanimously voted to lower the annual dues from \$25 to \$10, effective immediately. Any veteran with an honorable discharge may join the Association.

Lately, though progress is slow, we (slowly) have been working on developing a permanent Veterans Center at our field in Los Charcos. The POI Administration donated the MIS Module to be moved to the property to be utilized as part of the veteran's complex, but due to unexpected circumstances, at Hwy. 314 and Interstate 25, there was an accident, and therefore, only three of the four sections made it to the property. We have no details on how the accident occurred or who was at fault. The only thing we can confirm is that the fourth section of the modular was a total loss, and we can only be thankful that no persons were injured. This is just another one of them unexpected occurrences that slows down progress.

As has been reported, the POIVA was awarded \$188,000 Capital Outlay Funds by the NM State Legislature, and these will be for the veterans building project. Our first major project, which was started this spring was the planting of andropogon sorghum, or simply, sudan grass, which will be sold to bring revenue for the Association.

Another project which we will soon be undertaking is identifying the resting places tribal members who are buried at the tribal cemetery. Once we identify our passed veterans, hopefully we can attach a military bio to the name. Of course this will require some help from living family members.

In the July Newsletter, under the title "Isleta Veterans", "...the Isleta Veterans Association is creating a living record of Isleta Veterans to honor their service and to preserve their memory for future generations..." This is an ongoing project, and if you have any pictures and a short bio of a Veteran, submit to Steve Abeita,

3rd Grade Reading		3rd Grade Math	
Advanced (356-380)	1	Advanced (359-380)	0
Proficient (340-355)	17	Proficient (340-358)	19
Nearing Proficiency (332-339)	9	Nearing Proficiency (328-339)	8
Beginning Step (300-331)	2	Beginning Step (300-327)	2
4th Grade Reading		4th Grade Math	
Advanced (452-480)	1	Advanced (453-480)	0
Proficient (440-451)	14	Proficient (440-452)	9
Nearing Proficiency (426-439)	13	Nearing Proficiency (429-439)	14
Beginning Step (400-425)	1	Beginning Step (400-428)	6
5th Grade Reading		5th Grade Math	
Advanced (552-580)	1	Advanced (551-580)	0
Proficient (540-551)	12	Proficient (540-550)	8
Nearing Proficiency (528-539)	5	Nearing Proficiency (529-539)	6
Beginning Step (500-527)	0	Beginning Step (500-528)	4
6th Grade Reading		6th Grade Math	
Advanced (652-680)	1	Advanced (653-680)	1
Proficient (640-651)	11	Proficient (640-652)	11
Nearing Proficiency (628-639)	11	Nearing Proficiency (630-639)	10
Beginning Step (600-627)	1	Beginning Step (600-629)	2
4th Grade Science		3rd Grade Writing	
Advanced (456-480)	0	Advanced (653-680)	0
Proficient (440-455)	12	Proficient (640-652)	28
Nearing Proficiency (430-439)	12	Nearing Proficiency (630-639)	1
Beginning Step (400-429)	5	Beginning Step (600-629)	0

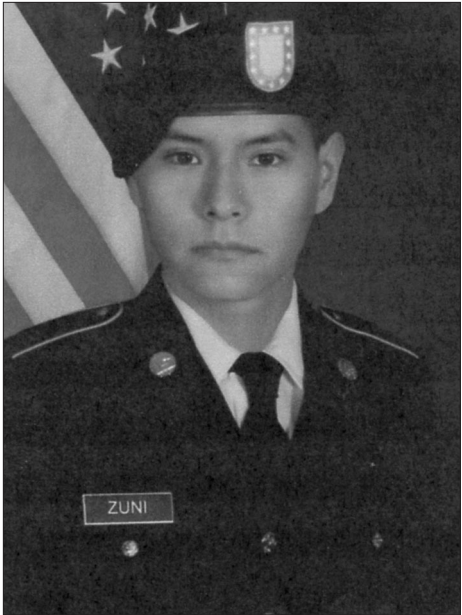
Judge Advocate at SteveAbeita@gmail.com.

And, as always, the Association continues with its mission, "to help Veterans and their families".

Next meeting will be on Wednesday, 21 August 2013, at 6:30 PM (1830 hours) at the POIVA Center, which is the old Headstart Building in Chical.

Any questions, concerns about POIVA...call Ulysses at 307-1582.

We are proud to announce our son PV2 Zuni, Lawrence graduated from the United States Army, D CO 35TH EN BN 1ST PLT "WARLORDS", on April 19, 2013 from Fort Leonard Wood, Missouri. He is now stationed at Fort Polk, Louisiana. We are very proud that he has chosen to serve our Country and we pray that he will return home safely. Please keep all of the Soldiers in your prayers, and always thank a Veteran for their service to our Country. He is the son of Carol and Joseph Jojola, and the son of David Zuni. His Grandparents are Alvino and Reyes Lucero and the late " Ta-Ta Marcelino, and Nana Lucy Zuni. We wish him the best, from Mom and Dad, his sisters and brothers, all his aunts and uncles.





PUEBLO OF ISLETA PUBLIC LIBRARY

Happy Belated Mansoon Season, People of the Island (Literally). Hopefully, everyone by now has finished up their roof repairs before the next storm or the spaghetti night.

NEWS:

The Library will be CLOSED for a short period of the day (10:30am to 2pm) on Wednesday, July 31 so the Library staff may start planning the late summer/early fall programs for both the Homework Help Program and Computer Classes for the Adults.

A quick reminder to all you parents and guardians who plan on sending your child/children to the Library for the Homework Help Program that you MUST complete an Emergency Contact Form otherwise we will NOT accept your child/children. This is mainly a precautionary effort for those unfortunate accidents, which occur at the Library and its premises. Upon completing the Emergency Contact Form you will also be required to sign an acknowledgment form stating that you received both the Library's General Library & Computer Usage Policies and have discussed the rules with you child/children.

As for all you general library patrons, the first school to start its classes is Monday, August 5, so you can be sure to expect a loud library for the first two to three weeks of August. We, the Library staff, will try our best to control the students, but with all honesty the month of August is our busiest time with the students, as many of them will attend the library but will eventually dwindle down. So, please accept our advanced apologies.

For the second half of year the Library will be offering Computer Classes as requested by you the general library patron in our Technology Surveys conducted throughout the summer. Our first class will be on Emails, meaning learning about all the FREE email providers, set up accounts, composing, sending, and receiving correspondence; adding attachments; and setting up/syncing emails accounts on smart phones, tablets, and computers. Classes will most likely start in September (dates have not been determined yet) but you may start registering now by simply calling (869.9808) or visiting the library. Space is limited so be sure to get you name on the list.

Some of you might know from previous Library Articles in this very Newsletter that our Library Aide of six years, Natasha Abeita will be leaving our Team to pursue a profession in the Nursing field. Natasha has played a key role in the Library's success over the past three years as our Library has received National recognition in the Library Profession and therefore, we wish Natasha and her family the best with her career change. Perhaps, one day should you decide to increase your family, you may find her assisting your new family member in her nursing scrubs.

Natasha's replacement has been selected but due to the Human Resources' Policies pertaining to the Drug Test and Background checks, I am unable to share any information with you at this moment but the individual will be starting on August 5. So, be sure to welcome our new team member and remember to take it easy on the person for a week or so until he/she learns the ins and outs of our library.

RECAP:

Our 2013 Summer Reading Program (S.R.P.) has finally come to and end. Like previous years, this year S.R.P. had a curriculum, which



WIA Worker Dimitri Trujillo helping Youth students with their Reading Logs.

was based on Baking Cakes and Cake Decorating. Our goal for creating a curriculum is not only to introduce new things to the students but also to start inputting the idea of attending college in their young minds. Another thing we try to implement is the family bonding aspect by creating an end of the program event where the children showcase what they have learned during our six-week program.

This summer we brought in three professional instructors who were Terri for Los Luna's Terri's Sweet Garden who taught the students how to create their very own chocolate molds. Our second instructor of the summer was Pat of The Specialty Shop located in Albuquerque who taught a class at our Library and one at her store. Our third instructor was Margaret Catlin, the Wilton Cake Decorating instructor at both Hobby Lobby and Michael's in Albuquerque who conducted a three-day crash course at our Library. We would also like to acknowledge Tribal member Christina Lujan of the Isleta Casino & Resort and Sweet Tooth who unexpectedly volunteered her time to help the students with their brainstorming and creative edible creations for their finals while dropping off and picking up her children from the S.R.P.

The final for both the Jelly Beans (Toddler) & Baker's Dozens (Youth) was a cake challenge at the Library where each child



Margaret Catlin, Wilton Instructor, conducting a Cake Decorating Class with the Youth.



Mother & Son working on Jelly Bean Cake Final.



Grandmother & Grandson working on Jelly Bean Cake Final.



Father & Son working on their Dinosaur Cake for the Final.



Grandmother & Granddaughter working on Baker's Dozen Final.

brought in one person from the family to help them create their final cake in a one hour time event. As you can see in the various pictures both the participants had fun while sharing the same frustrations. Winners of the Jelly Bean Final were: 1st Place – Thur-Shun Jiron, 2nd Place – Santana Routzen, 3rd Place – Jayden Zuni. Winners of the Baker’s Dozen Challenge were: 1st Place – Travis Abeita, 2nd Place – Jasmine James, 3rd Place – Elizabeth Waseta. We here at the Library would like to congratulate these students as well as the rest of the participants and their family members in partaking in this fun event.

A Summer Reading Program would not be complete without some sort of reading element. Every day the students were required to read for 20 minutes then complete a reading log, which served as a reading comprehension exercise. In order to ensure the students participated in these daily exercises, reading logs were their “tickets” to attend the field trips.

To encourage extra curricula reading outside the library, students were given the option of reading books and completing book reports throughout the six-week program. This year we had nine students who submitted book reports, however only three won prizes, which all the students voted on in the beginning of the S.R.P. as a motivation factor. In first place with eleven book reports was Jasmine James who won a Samsung Tab 3 7” Tablet, in second place with 8 book reports was Jason Padilla who selected a Samsung Chromebook, and in third place was Darren Martin with six Book Reports who received a silver 16GB iPod Touch 5th generation. Congratulations to all the students who participated in book report contest.

Lastly, the Library staff would like to acknowledge the aid of this year’s WIA Workers who were Taylor Jojola, Dimitri Trujillo, and Vanessa Bitsillie, and Seasonal employee Valeri Schroder for helping make this year’s S.R.P. a fun successful program.



Sisters posing by their Butterfly Cake for the Jelly Bean Final.



A Youth Student with her Watermelon Cake for the Baker’s Dozen Final.

Pueblo of Isleta Hours & Business Info:

Monday – Thursday: 8am to 6:30pm
Friday: 8am to 4:30pm
Saturday: 9am to 1pm
Sunday: CLOSED

Phone: 505.869.9808
Fax: 505.869.8119
Email: poi02002@isletapueblo.com

Isleta Elder Center
Activities Calendar
August 2013

- August 1: Catholic Mass — Elder Center — Kiva Room - 11:30 am
 - August 2: Elder Field Day: Jemez Pueblo Feast — 10 am
 - August 5: Nickel Bingo w/ Adult Day Care — 1 pm
 - August 6: Per Capita Distribution — Recreation Center
 - August 6: Shuffleboard @ Manzano Mesa Multigenerational Center
Lunch in Albuquerque — 10:30 am
 - August 8: Commodities
 - August 9: Shopping Assistance: Wal-Mart & Lunch in Albuquerque — 10 am
 - August 13: Elder Field Day: Isleta Golf Course — Tour and Lunch — 10 am
 - August 20-21: NM Conference on Aging — Isleta Casino & Resort
 - August 22: Elder Field Day: Morning Drive to Placitas/ Picnic — 9 am
 - August 22: Isleta Diabetes & Obesity Prevention Advocacy Group (IDOPAG) Meeting — Elder Center — Kiva Room - 1 pm — 3pm
 - August 23: Food Handlers Training — Isleta Casino & Resort — 10 am
 - August 27: Commodities
 - August 28: Center Closed — St. Augustine Feast
 - August 29: Laughlin Trip — Planning Meeting — Elder Center — Kiva Room — 11 am
 - August 30: Monthly Birthday Celebration! — 12 noon
- Other:**
- August 4: Santo Domingo Feast
 - August 10: Acomita Feast

Elder Center News

Hello everyone! The Elder Center has been working hard on trying to get feedback on our Food Services Department. We recently conducted a survey where we evaluated how the elders view our services on an array of subjects, from the food that we serve to the packaging that it comes in. One thing that we got an overwhelming response on is that elders preferred traditional foods, such as soups and stews. In response to that particular subject our kitchen recently prepared a traditional meal of rabbit stew made up of rabbit meat and blue corn meal. The response that we got from the congregate members was a positive one and many of our members reminisced of how they used to eat rabbit meat all the time when they were young. We would like to thank those who participated in the survey for their input and we want them to know that we are continuously working on trying to fulfill their wants and needs. Thank you and God bless.



The Elder Center kitchen staff working hard to pack meals for the homebound elders.

NOTICE OF PUBLIC HEARING
ELDER AND DISABLED
TRANSPORTATION PUBLIC COMMENT
AND DISCUSSION FORUM

Date: Tuesday, August 13th, 2013
Time: 6:00 p.m. – 7:00 p.m.
Location: Elder Center / Kiva Room

Please join the Isleta Elder Center and staff for a Public Forum to Discuss Elder and Disabled Transit Problems and Solutions within the Community. If you need transportation or assistance to the public meeting please contact the Elder Center at 505.869.9770 to make arrangements.

NOTICE OF PUBLIC HEARING

WIC NOTES

—August is World Breastfeeding Month—

Thank you to all of our WIC moms who participate in our World Breastfeeding Day Activities!

We congratulate you on your choice to continue the tradition of breastfeeding.

What you can do before you give birth to prepare for breastfeeding

What dad can do

A woman who is thinking about how to feed her baby values her partner's advice. A father's approval and support of breastfeeding can boost the mother's confidence and help her to overcome challenges. But supporting a woman's choice to breastfeed is not the father's only role. Although the bond between mother and baby is important, so is the bond between father and baby. Babies need cuddles and hugs from their dads, too! In fact, skin-to-skin contact helps baby and father bond much like it does for mother and baby.

To prepare for breastfeeding, the most important thing you can do is have confidence in yourself. Committing to breastfeeding starts with the belief that you can do it!

Other steps you can take to prepare for breastfeeding:

1. Get good prenatal care, which can help you avoid early delivery. Babies born too early often need special care, which can make breastfeeding harder.
2. Tell your health care provider and POI WIC about your plans to breastfeed.
3. Take a breastfeeding class. Pregnant women who learn about how to breastfeed are more likely to be successful than those who do not. POI WIC breastfeeding classes offer pregnant women and their partners the chance to prepare and ask questions before the baby's arrival.
4. Talk to your health care provider about your health. Discuss any breast surgery or injury you may have had. If you have depression or are taking medications, discuss treatment options that can work with breastfeeding.
5. Tell your health care provider that you

would like to breastfeed your newborn baby as soon as possible after delivery. The sucking instinct is very strong within the first hour of life.

6. Talk to fathers, partners, and other family members about how they can help. Partners and family members can:

- o Support the breastfeeding relationship by being kind and encouraging.
- o Show their love and appreciation for all of the work that is put into breastfeeding.
- o Be good listeners when a mother needs to talk through breastfeeding concerns.
- o Make sure the mother has enough to drink and gets enough rest, help around the house, and take care of other children at home.
- o Give emotional nourishment to the child through playing and cuddling.

Tips for getting off to a good start

After you have the baby, these steps can help you get off to a great start:

- Breastfeed as soon as possible after birth. Ask for the hospital lactation consultant to come help you.
- Ask the hospital staff not to give your baby formula, unless it is medically necessary.
- Contact POI WIC so we can immediately answer questions and offer assistance.
- Allow your baby to stay in your hospital room all day and night so that you can breastfeed often. Or, ask the nurses to bring you your baby for feedings.
- Avoid giving your baby any pacifiers or artificial nipples so that he or she gets used to latching onto just your breast.

Bringing your baby to the breast to latch

Did you know?

Some babies latch on right away and, for some, it takes more time.

When awake, your baby will move his or her

head back and forth, looking and feeling for the breast with his or her mouth and lips. The steps below can help you get your baby to "latch" on to the breast to start eating. Keep in mind that there is no one way to start breastfeeding. As long as the baby is latched on well, how you get there is up to you.

- Hold your baby, wearing only a diaper, against your bare chest. Hold the baby upright with his or her head under your chin. Your baby will be comfortable in that cozy valley between your breasts. You can ask your partner or a nurse to place a blanket across your baby's back and bring your bedcovers over you both. Your skin temperature will rise to warm your baby.
- Support his or her neck and shoulders with one hand and hips with the other. He or she may move in an effort to find your breast.
- Your baby's head should be tilted back slightly to make it easy to suck and swallow. With his or her head back and mouth open, the tongue is naturally down and ready for the breast to go on top of it.
- Allow your breast to hang naturally. When your baby feels it with his or her cheek, he or she may open his or her mouth wide and reach it up and over the nipple.
- At first, your baby's nose will be lined up opposite your nipple. As his or her chin presses into your breast, his or her wide, open mouth will get a large mouthful of breast for a deep latch. Keep in mind that your baby can breathe at the breast. The nostrils flare to allow air in.
- Do not put your hands on your baby's head. As it tilts back, support your baby's upper back and shoulders with the palm of your hand and pull your baby in close.

The WIC program is here to provide you the information and support you need to breastfeed. We work for you and are honored to be a part of your family's lives.

Heidi Lanes,
WIC Nutrition Coordinator

Back By Popular Demand!



Elder Center Out-Of-State Trip



October 13-16, 2013

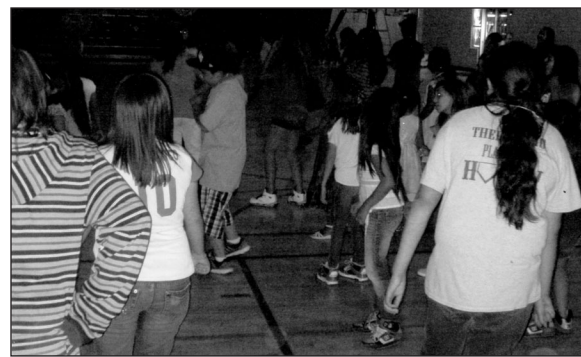
\$119 Double Occupancy

\$149 Single Occupancy

For more information call Renee Chavez, Activities Coordinator at 869-9770!
Planning Meeting scheduled on Thursday, August 29, 2013—11:00 a.m.
Elder Center—Kiva Room

Parks & Recreation

As we now approach August 2013 and by the time everyone receives this newsletter, our Summer Program for 2013 will be but a memory. With our children scheduled to go back to school on Monday August 5th and Per Capita Distribution set up for Tuesday, August 6th it was necessary to close our summer program on July 31, 2013. It's not to say that we didn't end the program with a bang? With a death in the village the Vacation Bible School which was set up for Monday through Friday July 22nd through the 26th at the Church was forced to look for a new venue which ultimately was held here at the New Rec. Center. As I recap the month of July 2013 it was finally an added relief to have our swimming pool finally opened for everyone to use and enjoy. Once again all of our children were treated to some fun filled major field. Also, like all Fridays during the summer program, all those in attendance were treated to the major field trips that took them to the Movies to see the box office hit "Despicable Me 2", Roller Skating at Roller Skate City in Albuquerque, and a dance that everyone really enjoyed in our very own gymnasium. Because of our early deadline we are scheduled for our final major field trip of the summer to go to "Cliff's Amusement Park" on Friday July 26th. I will report on this trip in next month's newsletter. For those of you parents and children who were involved in the Little League Baseball and Softball program, we were honored to host the 13-15 year old Girls State Softball Tournament here at our very own Governor's Baseball/Softball Complex. As a secondary note, and one of two field trips that the children who had an opportunity to be involved really enjoyed was going to the opera in Santa Fe, New Mexico. Pictured right is DJ Ian Telahaftewa playing the music for our dance, and above him are many of our children as they were doing some line dancing which they really enjoyed.



Aquatic News

Having lost the whole month of June to cracks and holes developing in the swimming pool, we were forced to close the pool for about 1 month to actually have the whole swimming tank resurfaced. Although we are still investigating the cause of the problem, it was refreshing and very well appreciated by all of our participants and tribal members to once again have our very own pool back in full swing. While our pool was closed several of our groups went in to Albuquerque to utilize the pools there. Although the children enjoyed going outside the reservation to go swimming, the problem we dealt with was the need now to contract out for unscheduled transportation and the need to pay (although minimal) for entrance to these swimming pools. Needless to say we are back at our own pool and once again everyone is happy. On a very important note, Head Lifeguard LeeAnn Lente is conducting a training seminar for 3 potential lifeguard candidates who are hoping to be employed by us once the 23 hours of training requirements are fulfilled and passing all written and practical testing. Two of the three candidates are tribal members from our Pueblo of Isleta. Pictured are our children from the summer program doing just that, Enjoying the swimming pool and the other pictures are of the training class taking place for potential guards.



Vacation Bible School

As I mentioned earlier, because of a death to one of our tribal members we were asked to host the vacation bible school which was scheduled at the church so traditional ceremonies could continue. Although this put a kink in our scheduling process, we were honored and privileged to be able to help this beautiful well planned program of events that took place. The class itself was taught by 9 students and 1 instructor, all from the State of California. The children were treated to a number of fun filled activities and all will be receiving a children's bible for completing the class. Pictured are many of our children really involved with the instruction that took place.



(Continued on the next page)

State Softball Tournament

On Saturday, July 13th through Wednesday, July 17th we were the host site for the 13-15 year old Girls State Softball Tournament. Although none of our own Isleta teams in that age group made it to the tournament, it was an honor and privilege for us to host such a high caliber tournament. The exposure we received and the comments about our beautiful well manicured facility was something that former Governor Frank Lujan wanted us to pursue and see of our facilities. When tournaments of this caliber are issued out to communities like Isleta, we must in a sense bid on them. With the exposure we recently received we shouldn't have any problems attracting future events to our Pueblo of Isleta. Also, our Little League program gained some great exposure and benefit by playing host and selling concessions. They are hoping to eventually raise enough money to have score boards installed. The winners of the tournament which had to go to the extra if game, was eventually won by the girls from Las Vegas, New Mexico by beating the team from Silver City, New Mexico. Congratulations to Las Vega and all the teams who made it to this tournament. Because we had so much positive exposure I felt it was imperative to have our Park Management crew who prepared the fields to be showcased to be featured as part of this story. Pictured at top is Felipe Brian Johnson on the Sandpro tractor preparing the infields which were immaculate, next to him is Brian Lente on the Lawn mower tractor designing the grass cut to checkered boards, and below them is Kaylene Jojola loading the Cushman car with the equipment and debris utilized to keep our complex in beautiful condition. Congratulations, to you three. You really made us proud as you helped showcase our complex and our Pueblo of Isleta. Next to them are two different teams, one having warm-up batting drills on the grass prior to playing and the other team walking in to the complex as they first arrived to our pueblo.



Three Special Events

Although summer time is better known for playing baseball, going swimming and enjoying the outdoors, we were the host site for several 3 on 3 basketball tournaments held on the weekends here at the Pueblo of Isleta. Coach Carl Anderson said that the reason for a 3 on 3 basketball tournament as opposed to a team league play is to keep it more local and more in control of the rowdiness that many times comes of adult basketball leagues. At this point everyone involved is getting plenty of exercise in this league and it also helps fill a void on some weekends that people who aren't doing anything constructive can sign up for on that particular weekend. The impromptu games are signed up for on that day. Carl reports that in the beginning we started with 3 or 4 teams, and at times have had as high as 9 teams participating. All games are played in a double elimination match format. Men and women do participate together. Pictured are several of our participant's high flying each other as they complete one of the rounds.



The second special activity taking place is of the children who were taken to the opera in Santa Fe, New Mexico. Like so many people have said about the opera, "you either love it or hate it" once you have experienced it. Well, I am glad to report that our children who experienced it, really loved it so much, that by the time we were invited to the second outing everyone was again eager to sign up for the event. Both outings had many of our children being taken home well after midnight but they were back the very next day a bit sluggish but eager to continue with their regular scheduled activities. All children were also treated to dinner either at Furr's Cafeteria or at the children's favorite place "McDonald's". Pictured left are many of those who participated in first opera outing.

The third special activity is of that of our involvement in the Cross Roads Running Program hosted by several of our Pueblos inclusive of the Pueblo of Isleta. Cross Country Coach Phillip Abeita says as of late several of the Pueblos, in addition to the regular running event, have set up "Challenge Courses" that make them more competitive and fun at the same time. Some have added mud pits that you must navigate through in order to complete your run. Those children and adults who have participated have had a blast doing so and are eagerly awaiting the next running challenge event.

Note: Coach Phillip Abeita is planning a second running event that will include a challenge course in late August or early September here at our Pueblo of Isleta. If you all can remember several months back, we were the host site of the start of this year's Cross Roads running events as we honored former pueblo employee and pueblo member Bernie Jojola. Pictured are several of our participants as they navigated through a mud pit at the run at San Felipe Pueblo and the second picture is of them hamming it up because they completed the run. **Good Job.**

In closing, you can tell that the Pueblo of Isleta Parks and Recreation Department has been extremely busy. In fact there are several other news worthy events that took place at the New Rec. facility that didn't get any print because of our time constraint i.e.; Pueblo of Isleta Veteran's Group Meeting and barbecue, and the involvement of the 1st year Medical students from the University of New Mexico out visiting and engaging in activities with our Pueblo members here at the Rec. Center. We will get them some print next month.

Two Special Notes: I would first and foremost publicly like to thank all of our employees, and especially our summer youth Rec. aides, and our outstanding volunteer Tata Mel Lucero who was with us all summer long (helping with the 6 and 7 year old program) for doing such an outstanding job keeping our children busy and engaged. Everyone who works here did their part to make this program a success, from the Park Management crew, to our lifeguards, early morning staff, our weekend and evening crew who makes this program possible. It's not to say that we didn't experience problems, but we did overcome and persevere and my hat goes out to all of you staff members. On a second note: The New Rec. Center will be closed the day after per capita distribution which is Wednesday, August 7th until Saturday, August 17th so we can clean, sand, strip and varnish the gym floors, paint and wax the main building for the upcoming Fall and Winter program. Sorry for any inconvenience but it is imperative that we do this, especially after the busy summer program that we just are completing. We must do our part to protect your investment in this building that you have put in charge of. Thanks, Your Director of the Parks & Recreation Department, Rick Giron.



Pueblo of Isleta Johnson-O'Malley School Supply Distribution

It's that time of the year again...time to pick up school supplies for your student. Distribution will take place at the New Department of Education.

Mandatory meetings schedule:

Thursday, August 1st at 9:00 am, 11:00 am, 1:00 pm, 3:00 pm and 5:00 pm.
Friday, August 2nd at 9:00 am, 11:00 am, 1:00 pm, 3:00 pm and 5:00 pm.
Saturday, August 3rd at 9:00 am, 11:00 am, 1:00 pm, and 3:00 pm.

Monday, August 5th at 9:00 am, 11:00 am, 1:00 pm, 3:00 pm and 5:00 pm
Tuesday, August 6th at 9:00 am, 11:00 am, 1:00 pm, 3:00 pm and 5:00 pm
Wednesday, August 7th at 9:00 am, 11:00 am, 1:00 pm, 3:00 pm and 5:00 pm
Thursday, August 8th at 9:00 am, 11:00 am, 1:00 pm, 3:00 pm and 5:00 pm
Friday, August 9th at 9:00 am, 11:00 am, 1:00 pm, 3:00 pm and 5:00 pm

ABSOLUTE LAST CHANCE:

Saturday, August 10th at 9:00 am, 11:00 am, 1:00 pm, and 3:00 pm.



Parents or legal guardians must attend one of the above sessions. Also, a Certificate of Indian Blood must be provided for eligible student prior to receiving school supplies. School supplies will not be distributed after the August 10th date. This year Los Lunas Public School's Indian Education has provided a limited number of backpacks, these will be available to Los Lunas students on a first come, first serve basis while supplies last.

If you have any questions please contact **Beverly or Brandon** at 505-869-9790.

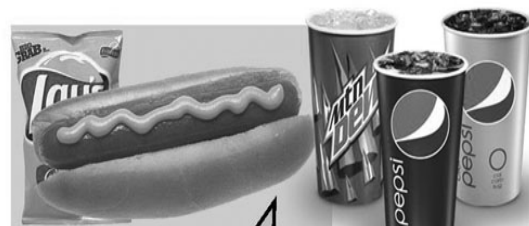
*Eligible students are all Native American students ¼ degree Indian Blood enrolled in Los Lunas Public Schools or Isleta students, ¼ degree or more enrolled in Albuquerque Public Schools.



ISLETA BUSINESS
CORPORATION

ISLETA TRAVEL CENTER ONE STOP

**CIGARETTE
DRIVE THRU
NOW OPEN**



\$3 Combo

Med. Soft Drink

Small Hot Dog & Chips

at



**Easy access off I-25
Exit 215**

Isleta Health Center Calendar				Questions? Call 869-3200		AUGUST 2013	
SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT	
				1 Str8 Rez: 4:30-6pm @ Isleta Behavioral Health Services (IBHS).	2	3	
4	5 Early Recovery Skills: 9-11am @ IBHS. Young Leaders Youth Krew: 5-6:30pm @ IBHS.	6 Women's Path to Recovery: 9-11:30am @ IBHS. Grief & Loss Group: 2-4pm @ IBHS. Adult Wellness: 5-6pm @ IBHS.	7 Parent Group: 9-11am @ IBHS. Acupuncture Detox: 1-2pm @ IBHS.	8 Str8 Rez: 4:30-6pm @ IBHS.	9	10	
11	12 Early Recovery Skills: 9-11am @ IBHS. Young Leaders Youth Krew: 5-6:30pm @ IBHS.	13 Women's Path to Recovery: 9-11:30am @ IBHS. Isleta Cancer Education & Support (ICES): 10:30-12pm @ Health Center, w/Mary Ellen of People Living Through Cancer, "Communication" Adult Wellness: 5-6pm @ IBHS.	14 Parent Group: 9-11am @ IBHS. Anger Management Skills: 1-3pm @ IBHS. Acupuncture Detox: 1-2pm @ IBHS.	15 Str8 Rez: 4:30-6pm @ IBHS.	16	17	
18	19 Early Recovery Skills: 9-11am @ IBHS. Young Leaders Youth Krew: 5-6:30pm @ IBHS.	20 Women's Path to Recovery: 9-11:30am @ IBHS. Grief & Loss Group: 2-4pm @ IBHS. Adult Wellness: 5-6pm @ IBHS.	21 Parent Group: 9-11am @ IBHS. Acupuncture Detox: 1-2pm @ IBHS.	22 ***** ISLETA HEALTH CENTER WILL BE CLOSED 8am-12pm (ANNUAL ALL-STAFF TRAINING) ***** Diabetes & Obesity Prevention Advocacy Group: 1-3pm @ Elder Center Str8 Rez: 4:30-6pm @ IBHS.	23	24	
25	26 Early Recovery Skills: 9-11am @ IBHS. Young Leaders Youth Krew: 5-6:30pm @ IBHS.	27 Women's Path to Recovery: 9-11:30am @ IBHS. Adult Wellness: 5-6pm @ IBHS.	28 Parent Group: 9-11am @ IBHS. Anger Management Skills: 1-3pm @ IBHS. Acupuncture Detox: 1-2pm @ IBHS.	29 Str8 Rez: 4:30-6pm @ IBHS.	30	31	



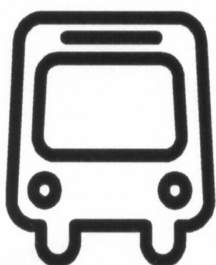
Isleta Health Center News

Optometry Clinic:

The Isleta Health Center's Optometry Clinic now has a full time Optometrist, Dr. Scott Bartlett. Dr. Bartlett has been with us since March 2013 and provides eye exams Monday through Friday. He has worked at Santo Domingo Pueblo and the Navajo Nation prior to coming on staff at the Isleta Health Center.

Make sure to get your annual eye exam and get those glasses updated before the back to school rush! Dr. Bartlett does provide care for glaucoma, cataracts, and diabetes. Limited medically necessary contact lenses are available, but contact lens exams are evaluated on a case by case basis. Sign up for your routine eye exam today! Call 869-4080 for more information.

Community Health Representatives (CHR):



Due to Employee Training,
there will be
NO CHR TRANSPORTS on
between 8am and 1pm
THURSDAY AUGUST 22nd



Freedom From Smoking

8 sessions to STOP SMOKING!

- Session 1**
(Thinking about Quitting)
- Session 2**
(On the road to freedom)
- Session 3**
(Wanting to quit)
- Session 4 (QUIT DAY)**
- Session 5**
(Winning Strategies)
- Session 6**
(The new you)
- Session 7**
(Staying Off)
- Session 8**
(Let's Celebrate)



Want to Stop Smoking?

SIGN UP FOR FREEDOM FROM SMOK- ING

Contact
Stephanie Barela
at 505-869-4479



weekly prizes!
Help from Others
that are going
through the
same thing!

Nicotine Replacement Therapy
for those clinic patients
that attend weekly sessions!



Sponsored by
Pueblo of Isleta
Health Center