



# Isleta Pueblo News

Volume 8 Issue 1

January 2013

## Report from the Desk of Governor Frank Lujan

“Wishing and Praying for a Joyous New Year for each and every one of You.”

As the end of my term as Governor approaches, I thought that it would be appropriate to share with you my message to the incoming administration, as I believe that also, the People of Isleta should know and be informed of our accomplishments and unfinished business.

I want to congratulate Governor-Elect Eddie Paul Torres on his election to serve as our Tribal Governor for the years 2013 and 2014, and to all elected Tribal Council Members. I ask that you, the People of Isleta, will give your support to all our tribal leaders, as you have given to my administration. I also want to acknowledge the outgoing members of the Tribal Council. Thank you for your dedication, your tireless efforts, patience and for making positive decisions for the betterment of our Pueblo.

First, I should also inform you that as Governor-Elect Eddie Paul Torres is reading this report, I am somewhere in Spain, or I might be in Portugal. After six years of being a servant to the People of Isleta, I decided to take time off from tribal government and catch up on things I have been neglecting. Therefore, I decided to make this trip to spend some time with my son, Philip, who is finishing up his studies at the Unerversita De Granada in Spain.

Governor-Elect Torres, members of the newly elected Tribal Council, my administration set goals at the beginning of my term. We've worked hard to achieve these goals, but unfortunately some goals take time, and we therefore did not accomplish all we set out to do, as we just ran out of time. However, Governor-Elect Torres, I am confident, that with your support, what remains to be done will be accomplished.

We have a growing community, and with it growing needs, growing concerns, growing responsibilities. At the forefront are health, education, natural resources, economic development and gaming. The Pueblo has needs related to infrastructure and community development. I will explain in this article, where we stand, and hopefully the Tribal Council will support these initiatives.

The last two years of my administration, at times, has been very challenging with respect to ethical conduct expected of elected officials. I need not remind you of what I make reference. You have been elected to represent the People of Isleta, therefore, keep in mind that the ethical conduct of an elected official must be set to the highest standards, and I am confident, knowing each of you, that you have the utmost professionalism to honorably serve the Pueblo. During this past term, I have heard many tribal leaders, traditional leaders, religious leaders speak with emphasis on the

need of community togetherness, keeping safe our traditional values and practicing them, including speaking and improving on teaching our native language.

Many times I have heard our traditional and religious leaders speak of the hatred we have among ourselves, the jealousies we show towards each other, the respect we have lost for one another even within our own families and neighbors. We need to be good to one another, to help one another in times of need. I am happy to report that my administration developed a healthy relationship with our traditional leaders, always informing them of our initiatives, inviting them for advice and guidance so that projects could proceed. Thank you to all of them for their support.

You have a lot of work to do. I pray and will continue to pray that each of you as tribal leaders of our Pueblo, our servants, that you will be blessed with knowledge, health, that guidance will be given to you, and that you will use this knowledge and wisdom to make honest and wise decisions for the good of the people of Isleta. May the spirits be on your side, and as we always say, I am here if there is ever a time when you need help, as a son of our People, I am here in time of need.

### The Tribal Constitution

This is a priority. It is the most important document that we have to govern the affairs of the Pueblo. It has been shown time and time again, that the present constitution is vague, at times conflicting, and equal sharing of power is non-existent. With the hard work of the Constitution Amendment Task Force, this document is near ready to be presented to the Pueblo for comment, the first step to ratification. During the 2009 - 2010 term, all three branches of government met for three consecutive days to review the constitution and come up with a number of recommendations for changes in each of the three branches. Since then, the task force appointed by the council has worked long hours without compensation, taking time away from their families. I commend them whole heartedly. I, therefore, implore the council to allow the task force to proceed towards a special election to amend the constitution without further involvement of the council. It is the Constitution of the People for the People.

### Health

On 11/27/12, the Centers for Medicare and Medicaid Services (CMS) convened a tribal consultation meeting in Albuquerque regarding the State's proposed changes to the Medicaid Program. The State submitted a waiver request to enact the changes under the title, Centennial Care. CMS must review and approve state waivers to the Medicaid Program. Approximately fourteen

tribes were represented and there were approximately one-hundred individuals in the audience. Initial testimony focused on the tribes' feelings that the State consultation meetings, which are required by both state and federal law, were a notification of what the state was going to do, rather than a consultation to discuss issues/ideas.

The major objection to the State's waiver were the proposed mandatory enrollment of all Medicaid beneficiaries, including Native Americans, in managed care plans and the elimination of retroactive coverage. Currently, Native Americans are exempt and can “opt out” of managed care, which 80% currently do. Also, the current Medicaid plan allows eligible individuals to have health expenses covered retroactively for the previous 90 days. There was considerable discussion about difficulties encountered by tribes and I.H.S. managed care plans (e.g. administrative burden of executing contracts,

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## FROM GOVERNOR ELECT: EDDIE PAUL TORRES

I want to thank the people of Isleta for their support and confidence by entrusting in me the honorable position of Governor for the Pueblo of Isleta.

Our current administration will be working closely with our Tribal Council to make sure that there is a smooth transition as possible to the new incoming administration. I want to thank Governor Frank Lujan for his six years of public service to our community, first serving as 2nd lieutenant governor and then as our Governor.

Most of all, thank you to the people of Isleta, I've enjoyed building a relationship with you, and our relationship continues for another two years.

I do want to remind all of you that my goal was not just to become governor and get elected to this honorable office, my goal was to be governor to lead our tribe to prosper into the future. And that's what I plan to do with the help of our Great Spirit and our people.

I have seen a sense of urgency in our tribe right now that we've seen throughout Indian Country. Indian people are hurting; people are worried about their future. Those are the concerns we plan to begin working on immediately.

Our plan is to be a more effective leadership and govern together; Governor and tribal council to bring our tribe together.

I want to challenge each of you as proud Isleta tribal members, young and old alike, fulfill your potential, whether you're in school, working or retired, exceed your potential and fulfill your dreams.

God bless each one of you.

(Continued, Governor Frank Lujan)

slow payment of claims, etc.). It was also stressed that the elimination of retroactive coverage could leave lower income individuals with enormous/medical bills, exposing them to collection agency tactics. Even though many tribal representatives thought some provisions of the plan would be detrimental to all New Mexicans, they eventually concluded that it would be inappropriate for them to speak on behalf of persons other than Native Americans. Consequently, the door was left open for CMS to approve the plan, with exceptions specific to Native Americans.

In conclusion, the tribal consensus provided to CMS was the exemption of Native Americans from managed care and the continuation of retroactive coverage were the most essential points of opposition. The tribes' presence indicated a willingness to work with the State and/or CMS on health issues.

CMS indicated that they would be meeting with the State at CMS Headquarters to review the waiver request during the week of December 17, 2012, and that they would convene a conference call with the tribes sometime thereafter. While making no promises, CMS did appear to listen and were acceptable to the reasons for the depth of opposition from New Mexico's tribes.

Lastly, I ask that the governing body to continue to support preventive care, for example, diabetes, obesity, heart disease, and other health programs administered by the Health Clinic.

### Education

Education will always be a priority of the Pueblo. Presently, Ms. Geraldine Jojola has been promoted to the Executive Director position for the Department of Education. Ms. Jojola is a tribal member and has a Master's Degree in Education. We believe that she has all qualifications that are needed to help our students succeed in their pursuit of a quality education. The Pueblo of Isleta has to continue to develop a strong working relationship with the Los Lunas and Albuquerque Public School Districts. To insure that they are in compliance with state statutes that are of concern to our Native American students, specifically that monies, such as Impact Aid, received by schools is spent on Native American students. As all of us know, Native American students continue to rank at the low end of the spectrum compared to other ethnic groups, and I am therefore asking that the DOE will put forth all their efforts to raise the level of education for all our Pueblo of Isleta students.

Governor Torres will be spearheading upcoming meetings in preparation for the Pueblo of Isleta to take full control of the Isleta Elementary School via a grant or 638 contract. Most tribal operated schools are grant schools, and we believe that the best way to provide a quality education for our children is by creating new programs, implementing new methods of teaching, assuring that the administration and staff

are uniquely qualified, and by providing resources to accomplish these goals. Ms. Jojola has been given the task to assemble a meeting that will include both elementary and DOE school boards, the Bureau of Indian Education, the tribal administration, and other interested persons to begin this transition. I believe that this is the right approach in consideration of the unstableness of the elementary school that year after year has not met AYP. I ask that all those involved will give this matter serious consideration.

With the establishment of the Isleta Business Corporation, and Governor - Elect Torres' insistence in preference for hiring tribal members, we envisioned creating job opportunities, filling existing job vacancies, and promoting those students who have gone through the DOE's programs to give back to the community while earning decent wages. The vision is to train our youth early, continue to monitor their progress and to all those our students to become employable and productive tribal members. The DOE is working with IBC and Human Resources to identify the employment needs of the Pueblo so that tribal members may be recruited and placed into jobs to the fullest extent possible. We have made the IBC that when considering establishment of a business, entering into a partnership, to identify and train our tribal members, especially our students so that they may be prepared to lead our Pueblo to a prosperous future. The goal is to have all our tribal businesses be operated and managed by Isleta Tribal members.

I am more than happy to inform you that our traditional leadership has approved the use of technology to teach the Tiwa language to our Tribal members. Again, this will become a part of the curriculum for the elementary school, after-school and, or after-work program for any tribal member who wants to learn the language. Permission has been given to utilize computer systems, recording and video equipment for teaching the language. Of course, use of technology will have to be controlled in a manner that will allow only the students and teachers access to teaching materials. A tribal resolution is in place to memorialize this endeavor. We are all aware that our language is slowly dying and it is apparent that in our everyday conversation, English is the dominant spoken language. We have begun to identify the needs and the costs to operate an effective language program. These costs include computers, printers, video equipment, licenses, teachers' salaries, classrooms and other necessary miscellaneous supplies, and a budget will be developed and presented to Tribal Council. The Headstart Program has already implemented the teaching of the Tiwa language. Again, I ask the Tribal Council for full support as it was not easy convincing our traditional leaders to accept the teaching of our language.

### Natural Resources

Mr. Steve Abeita has been promoted to be

the next Director of the Natural Resources Department. As of this writing, Mr. Abeita (also, Capt. Abeita, US Army) is still serving in Afghanistan, and once he is released of his military duties, he will take over the operations of the Natural Resources Department. Mr. Abeita, an employee of the Natural Resources Department prior his call to active military duty, is well informed and knowledgeable about the Program.

One of the most pertinent issues is the trespass of the Isleta Diversion Dam. As most of you know, the Middle Rio Grande Conservancy District has been in trespass since on or about 1991. This was on the top of my "to do" list at the beginning of my term. My Lieutenant Governors and I have met with members of Congress, the BIA's Solicitor's Office, the BIA, Bureau of Reclamation, Secretary of Interior Ken Salazar, accompanied by our Tribal Attorneys in an effort to retrieve more information on the status of the diversion dam. We have made several field visits with the above individuals, have had numerous discussions, and to date, we are no where close to a resolution. One major issue is the issue of ownership. The POI has maintained all along that ownership is with the Pueblo. In the latest round of correspondence, the solicitor sided with the BOR, and stated that ownership is with the BOR. My hope is that this matter will come to a final resolution that will be favorable to the POI, and that we will not get drawn into a long legal battle.

Comanche Ranch will be in trust status by the end of December 2012. As of this writing, the BIA has all the necessary documents pertaining to the transfer from fee to trust land. Omitted from the transfer are four bombing sites on the ranch. The BIA has excluded these sites until all unexploded ordnances have been cleared. This work will be done under the NALEMP program. Critically important is the Tribal Council's approval of the sole source contract with Shaw for work on the Isleta Pueblo Ordinance Impact Area (IPOIA) and the bid package for Skyray and Hubble Crashes and the Los Lunas Air Force Range. I signed a modification to the NALEMP on September 12, 2012 that brought the total award to \$1,623,278.22. This is the largest award to any single tribe and the largest award in the history of the NALEMP.

Other Natural Resources Activities Approved in the mis-management claim include:

*Rangeland water development, distribution and storage.*

As part of the Tribal Council and Bureau of Indian Affairs approved Expenditure Plan, projects have been identified to include replace/improve thirty-two range wells, water tanks and waterlines. The Pueblo manages 177,00 acres of rangelands to graze over 2000 head of cattle. The grazing of cattle is an important traditional land use for the Pueblo. A needs assessment has been completed that revises the original estimated cost of \$1,500,00 to \$850,000

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(Continued, Governor Frank Lujan )

and identifies in detail, the number and location of rangeland and water improvement projects throughout the livestock thirty-two grazing units on the reservation. The proposed rangeland water improvement projects include replacing twenty existing windmills with solar-powered submersible pumps and panels, fencing the solar powered water pumping systems, installing twenty-six miles of waterlines, drilling four new wells and installing water tanks. Capital equipment purchases will consist of two new vehicles to replace existing fleet that have been costly to maintain/repair or are not suitable to effectively carry out implementation of these projects.

#### *Boundary fence realignment adjacent to Meadow Lakes Community*

The reservation boundary line has been resurveyed by Bureau of Land Management, and the current fence needs be relocated to the original boundary line. The boundary line needs to be moved right adjacent to home owners' property living along the boundary. We have met with representatives from Valencia County, BIA, and BLM and it has been confirmed the existing boundary markers on the ground indicate the original boundary line location. We have requested from the BIA, material to construct the new fence, either a pipe fence or welded wire fabric for a more durable fence. The cost for this project will be determined once the fence design has been confirmed.

#### *Elm tree eradication*

Non - native tree removal project, targeting dangerous trees that cause damage to infrastructure and over growth in agricultural areas with the hopes of putting agricultural lands back into production. Every work order is prioritized by emergency to remove trees, and capability to complete the work. (Targeted species are mostly Siberian elm trees) A total of fifty work orders have been completed from January to November. Most of these posed a threat

to homes infrastructure and, or were a safety hazard to homeowners, along with sixteen work orders on agricultural lands to be reclaimed and put into production.

#### *BIA - Jimmy Shack hazardous fuels reduction project*

This project is to promote growth to evergreen stands located in the Jimmy Shack area, by removal of large fuel loads and non-native vegetation using fire crew manual labor, as no machinery is allowed in the area. The total acreage to date is 100 acres thinned in 2012. Small slash piles have been prepped for future prescribed burn. There are plans to thin and additional 30 - 50 acres in 2013.

#### *Shade fuel break Manzano project.*

This project provides defensible space along the borders of the Manzanos to help control fires that may occur. The approach will consist of fire crews utilizing machinery to complete the task.

#### *Canal improvement project*

The IDIQ contract between POI and Kimo Constructors Inc. completed 80% of the Irrigation System Repair and Replacement project. This included R & R of broken and misaligned concrete panels, R & R of checks, crossing and turnouts, caulking of cracks in concrete panels, and welding repairs to turnouts and check structures. (Due to ongoing contract disputes between the Interior Department (BIA and BOR) and the Middle Rio Grande Conservancy District, no off-season improvements have been made to the irrigation systems by the District in 2011 or 2012.) Routine operations and maintenance i.e. mowing, dredging and water delivery, have been provided by the District during the irrigation season.

#### *River bank stabilization*

The River Access/Bankline Improvement Project plans and specifications have been delivered to POI tribal member contractors (Joe Padilla and KIMO Constructors) for

bid. The engineer of record will be meeting with staff to answer questions and discuss the project.

#### *POI Rio Grande silt removal*

The Silt Removal Project is in the planning and design phase. Tetra Tech is providing engineering services for this phase of the project. Bid documents will be completed and ready to advertise at the end of January 2013. Funding source for this project is NM Water Trust Board with POI matching funds from Settlement Fund.

#### *Field drainage system*

A proposal from Stetson Engineers for soil salinity evaluation and subsurface drain alignment has been submitted to the Procurement Director. A sole source justification has also been submitted. This project will complete salinity project that was initiated in 2007 to determine which irrigated lands will be improved for drain excavation & dredging projects

#### *Gaming*

The Pueblo of Isleta has made a decision to end our relationship with Hard Rock Las Vegas. As you, the Administration and Tribal Council, continue to meet on this issue, you will be given more legal details in ending this relationship and transitioning to the property's new identity. I supported to enter into a relationship with Hard Rock and I also support the decision to end this relationship. We will continue to compete with vigor and make our property successful. What you will be faced with is the position the State of New Mexico took with "free play". The state claims we owe approximately \$3.2 million in miscalculating free play. This is a complicated issue and presently, all gaming tribes are in mediation, which includes both the 2001 and 2007 compact tribes. It appears that POI will enter into arbitration for a resolution to this matter, and hopefully all decisions will be in our favor.

## Pueblo of Isleta Veterans' Association

On Wednesday, 16 January 2013, the Pueblo of Isleta Veterans' Association will hold its monthly meeting. However, the heating system at the Veteran's Association site (Old Headstart Building) is out of order, and at this time we have no meeting site...but if the heating system is repaired before 16 January 2013, or if the temperature rises another 30 degrees, the meeting will be at the Association site. Because of no heat, the December meeting was held at the Recreation Center, and we want to Thank Rick Giron for permitting us to use the Rec facilities. We will inform all concerned about the status of the heating problem and where we will be meeting.

During the month of December, the Association participated in the Luminaria Walk along with the Valencia High School ROTC program, and at the Pow-wow at the Rec Center, which was sponsored by the POI Library. We want to Thank Nate Lujan, Librarian, and his entire staff for their support of our Veterans... they donated all the monetary proceeds from the Pow-wow to the Association.

We are now preparing our capital outlay proposal which we will submit to the NM State Legislature requesting funds for the construction our Veterans' Center at our Los Charcos property. We have received a tremendous amount of support for our project from throughout the state, and State Representatives Alonzo Baldonado and Kelly Fajardo have stepped forth to introduce our proposal to the legislatures. We are very hopeful that the legislature will allocate some funding for our project.

The purpose of the Veterans Association is "to help our fellow veterans and their families", and if there are any questions about what the Association is all about, come to one of our meetings. Any veteran with an honorable military discharge, after paying a nominal annual fee of \$25 may become a member of the Veterans' Association. All monetary proceeds are kept within the Association to be used to help veterans and their families...or if you are not a Veteran and might be interested in helping out...you are welcome to sit in on our meetings.

For any questions, please call Ulysses Abeita at 307-1582.

Joe L. Jaramillo, Commander

## Annual Payments to Elected, Appointed and Board and Commission Members

On December 20th 2012 the Tribal Council voted and approved a motion to publish in the Isleta Newsletter the annual payments to date of individuals, elected, appointed, or serving on Boards and Commissions. Note: the figures presented may not match the budgeted amounts since the figures are what will be reported to government agencies in the form of W-2 and 1099-Misc. reporting requirements. These payments are the actual payments made on a calendar year basis and include payments made in 2012 some related to the last week of 2011 time period.

### ADMINISTRATION – Governor, Lieutenants and Sheriffs

### W2 Reporting

Taxes W/H - includes withholding of FICA, Medicare, Federal Taxes and State if applicable.

Other W/H - Employees elective withholding, health insurance choices, deferral of income in 401K participation.

LAST NAME	FIRST NAME	PAY TO DATE 12.21.2012	TAXES W/H	OTHER W/H	NET PAY
ADMINISTRATION					
Lujan	Frank E	90,101.60	27,852.34	2,951.98	59,297.28
Torres	Edward P	70,092.00	10,246.15	8,380.16	51,465.69
Chewiwi Jr.	Antonio	70,092.00	11,285.70	3,792.52	55,013.78
Chewiwi	Robert E	21,300.00	2,260.74	-	19,039.26
Lente	Herman E	5,800.00	486.43	-	5,313.57
TOTAL		257,385.60	52,131.36	15,124.66	190,129.58

### OTHER APPOINTED FULL TIME POSITIONS: TREASURY & TRIBAL COURTS

### W-2 Reporting

Same withholding instances as administration.

LAST NAME	FIRST NAME	PAY TO DATE 12.21.2012	TAXES W/H	OTHER W/H	NET PAY
TREASURER					
Teller	Andrew	79,348.00	13,484.33	2,427.84	63,435.83
TRIBAL COURT JUDGES					
Jaramillo	Ernest C	70,092.00	11,744.36	9,398.16	48,949.48
Medina	Robert F	80,501.25	16,791.35	2,412.07	61,297.83
Choneska	Aaron E	59,891.64	9,053.53	2,920.16	47,917.95
TOTAL		210,484.89	37,589.24	14,730.39	158,165.26

### TRIBAL COUNCIL

### W2 Reporting

Taxes W/H - includes withholding of Federal Taxes and State if applicable.

Other W/H - Elective withholding includes repayment agreements related to tribal related balances. Ineligible for participation in the Pueblo's fringe benefits program.

LAST NAME	FIRST NAME	PAY TO DATE 12.21.2012	TAXES W/H	OTHER W/H	NET PAY
Abeita	Fernando J.	32,418.75	3,020.18	0.00	29,398.57
Abeita	J Leonard	26,587.50	1,459.64	729.99	24,397.87
Benavides	Jose R	12,800.00	864.55	120.00	11,815.45
Dixon	Mark D	29,462.50	3,176.79	5,729.99	20,555.72
Jaramillo	Cynthia L	24,333.50	2,146.56	0.00	22,186.94
Jaramillo	Larry	7,100.00	590.25	0.00	6,509.75
Jiron Sanchez	Barbara Jean	35,192.50	4,447.49	729.99	30,015.02
Lucero	Joseph R	33,999.50	4,516.00	729.99	28,753.51
Lujan	Fred R	29,725.00	3,079.50	0.00	26,645.50
Lujan	Moses E	23,690.50	1,251.76	0.00	22,438.74
Padilla	Josephine	30,500.00	3,440.22	0.00	27,059.78
Peigler	Diana L	1,600.00	281.70	0.00	1,318.30
Zuni	ReGina J	2,175.00	136.41	0.00	2,038.59
		289,584.75	28,411.05	8,039.96	253,133.74

### TRIBAL COUNCIL TYPE OF PAY

Council meetings \$25 per hour, greater than four hours is no more than \$200 per day. Committee and other meetings \$25 per hour not to exceed \$200 per day. Travel stipend \$200 per day.

LAST NAME	FIRST, MI	TOTAL PAY	COUNCIL MEETINGS	COMITTEES & OTHER	TRAVEL STIPENDS
Abeita	Fernando J.	32,418.75	23,925.00	5,293.75	3,200.00
Abeita	J Leonard	26,587.50	23,300.00	3,287.50	0.00
Benavides	Jose R	12,800.00	9,925.00	2,075.00	800.00
Dixon	Mark D	29,462.50	22,400.00	3,262.50	3,800.00
Jaramillo	Cynthia L	24,333.50	20,000.00	3,533.50	800.00
Jaramillo	Larry	7,100.00	6,900.00	200.00	0.00
Jiron Sanchez	Barbara Jean	35,192.50	24,550.00	6,842.50	3,800.00
Lucero	Joseph R	33,999.50	24,450.00	5,749.50	3,800.00
Lujan	Fred R	29,725.00	21,975.00	5,550.00	2,200.00
Lujan	Moses E	23,690.50	20,325.00	2,565.50	800.00
Padilla	Josephine	30,500.00	24,000.00	3,900.00	2,600.00
Peigler	Diana L	1,600.00	1,600.00	0.00	0.00
Zuni	ReGina J	2,175.00	1,625.00	550.00	0.00
		289,584.75	224,975.00	42,809.75	21,800.00

**OTHER APPOINTED PARTTIME APPELLATE COURT JUDGES 1099-MISC Reporting**

These appointed positions are considered by the Internal Revenue Service as independent contractors. They are personally responsible for reporting their income and payment of related taxes. Their rate of pay is \$115 per hour or fractions thereof. Chief Justice Johnsons pay is prorated at \$35 per hour to serve as court administrator.

LAST NAME	FIRST NAME	PAY TO DATE 12.21.2012	TAXES W/H	OTHER W/H	NET PAY
JOHNSON	WILLIAM	38,814.87			38,814.87
JARAMILLO	FRANCINE	17,718.49			17,718.49
JIRON	RICHARD	6,124.50			6,124.50
LUCERO	THOMAS	10,268.75			10,268.75
ZUNI-CRUZ	CHRISTINE	13,197.91			13,197.91
TOTAL		86,124.52	0.00	0.00	86,124.52

**BOARDS, COMMITTEES, AND COMMISSIONS**

1099-MISC REPORTING JANUARY 1, 2012 THROUGH SEPTEMBER 30, 2012

W-2 REPORTING OCTOBER 1, 2012 THROUGH DECEMBER 31, 2012

Through September 30, 2012 Board and Commission Members were paid as independent contractors and were responsible for payment of their own tax liabilities if any. After review by the Internal Revenue Service, the IRS made a determination that most Board and Commission Members were considered employees, albeit part-time. The exception is the Appellate Court Judges, Isleta Business Corporation Board and Tewa Lending Services Board.

Henceforth, all payments to board and commission members will be reported as W2 earnings.

Total Earnings - Combined of 1099 Payments and Gross Payments of W2 earnings.

1099 Payments No taxes were withheld, individual is responsible to report and pay any related liabilities.

W2 Payments - Gross Payments, less Taxes Withheld and Other Deductions relate to net payments to members. If there are no entries in these fields there has not been a claim of payments due made since October 1, 2012.

**BOARD & COMMITTEE PAYMENTS FOR 2012**

Total Earnings Gross 1099 Payments and W2 Payments

Taxes W/H FICA, Medicare, Federal, and State Taxes if applicable

The Pueblo pays matching contributions of FICA and Medicare contributions, total 7.65%

Members are not eligible to participate in the Pueblo's fringe benefits program.

MEMBER	TOTAL EARNINGS	1099 PAYMENTS	W-2 PAYMENTS	TAXES W/H	OTHER W/H	NET PAY W-2
030 - Aid To Tribal Government Census Committee W2						
JARAMILLO, JOSE EDUARDO	3,193.75	2,287.50	906.25	53.30	-	852.95
JARAMILLO, MARCELLA LORRAINE	1,662.50	950.00	712.50	40.27	-	672.23
JOJOLA, ANACITA F.	3,953.75	2,803.75	1,150.00	134.28	-	1,015.72
JOJOLA, JOHN D. JR	962.50	962.50	-	-	-	-
KIRK-LENTE, MELANIE	1,764.50	1,764.50	-	-	-	-
RAEL, CAROL JOANN	4,769.06	3,244.06	1,525.00	130.76	-	1,394.24
SELLS, CAROLINE	1,943.75	1,187.50	756.25	78.71	-	677.54
Total 030 - Aid To Tribal Government	18,249.81	13,199.81	5,050.00	437.32	-	4,612.68
080 - Department of Education W2 Education Board						
CHERINO, E. FRANCES	37.50	37.50	-	-	-	-
JONES, M. RODNEY	62.50	62.50	-	-	-	-
LUCERO, CHARLENE	175.00	175.00	-	-	-	-
WILSON, TERRY	212.50	212.50	-	-	-	-
Total 080 - Department of Education	487.50	487.50	-	-	-	-
100 - Housing Program POI W2 Housing Board						
LENTE-JOJOLA, DEBORAH J.	1,850.00	1,000.00	850.00	51.84	-	798.16
LUCERO, JOSE R	1,900.00	1,200.00	700.00	84.66	-	615.34
LUCERO, ROSE E.	1,537.50	812.50	725.00	42.50	-	682.50
OVERSTREET, PAUL	987.50	987.50	-	-	-	-
ZUNI, ALLEN	2,887.50	1,912.50	975.00	71.40	-	903.60
Total 100 - Housing Program POI	9,162.50	5,912.50	3,250.00	250.40	-	2,999.60
130 - JOM W2 Johnson O'Malley Board						
ABEITA, JEANETTE A.	400.00	400.00	-	-	-	-
LUJAN, KATHLEEN D.	400.00	400.00	-	-	-	-
MONTOYA, ODESSA	400.00	400.00	-	-	-	-
Olguin, Karen Spencer	350.00	350.00	-	-	-	-
ROYBAL, KAREN	400.00	400.00	-	-	-	-
Total 130 - JOM	1,950.00	1,950.00	-	-	-	-



MEMBER	TOTAL EARNINGS	1099 PAYMENTS	W-2 PAYMENTS	TAXES W/H	OTHER W/H	NET PAY W-2
260 - Health Services W2 Health Board						
ABEITA, EDWINA	425.00	275.00	150.00	8.49	-	141.51
BRUNEAU, PATRICIA M	525.00	375.00	150.00	8.49	-	141.51
COTTEN, BERNADETTE	400.00	250.00	150.00	8.49	-	141.51
JOJOLA, GRACE	475.00	325.00	150.00	8.49	-	141.51
KUTICKA, JOSEPHINE M	425.00	275.00	150.00	8.49	-	141.51
NIEVES, PASQUALITA Z.	500.00	350.00	150.00	8.49	-	141.51
ROMERO, CARLOTTA	200.00	100.00	100.00	5.66	-	94.34
WACONDA, JOSEPHINE	425.00	275.00	150.00	8.49	-	141.51
Total 260 - Health Services	3,375.00	2,225.00	1,150.00	65.09	-	1,084.91
600 - Cultural & Historic Preservation W2 Cultural & Preservation Committee						
JARAMILLO, JUAN B. E.	8,312.50	6,337.50	1,975.00	165.78	-	1,809.22
JARAMILLO, VALENTINO	9,925.00	9,725.00	200.00	11.31	-	188.69
LUCERO, CELESTINO	6,550.00	5,425.00	1,125.00	63.57	-	1,061.43
LUCERO, JOE D.	5,937.50	4,862.50	1,075.00	60.74	-	1,014.26
LUJAN, JOSE IGNACIO	8,175.00	6,325.00	1,850.00	203.46	-	1,646.54
MARTIN, ISIDOR	5,212.50	4,312.50	900.00	50.86	-	849.14
WASETA, JOHN P D	9,362.50	7,362.50	2,000.00	284.40	-	1,715.60
ZUNI, AVELINO	6,962.50	5,987.50	975.00	55.09	-	919.91
ZUNI, MARILYN S.	6,105.00	6,105.00	-	-	-	-
Total 600 - Cultural & Historic Preservation	66,542.50	56,442.50	10,100.00	895.21	-	9,204.79
704 - Labor Relations Board W2						
DIXON, VICTORIA	3,810.23	2,897.73	912.50	81.33	-	831.17
GARCIA, RICHARD L.	4,780.56	3,530.56	1,250.00	148.49	-	1,101.51
JOJOLA, MICHAEL A.	3,187.38	2,474.88	712.50	46.57	-	665.93
LUCERO, MIRIAM	3,787.50	2,862.50	925.00	64.11	-	860.89
MILLER, GEORGIA Z.	3,956.22	2,956.22	1,000.00	56.51	-	943.49
Total 704 - Labor Relations Board	19,521.89	14,721.89	4,800.00	397.01	-	4,402.99
705 - Ethics Board W2						
ABEITA, JAMES	1,437.50	768.75	668.75	69.74	-	599.01
ABEITA, RAY WILLIAM	2,737.50	2,737.50	-	-	-	-
ANZARA, MICHAEL B.	1,643.75	543.75	1,100.00	161.36	-	938.64
CHAVEZ, JUAN L.	1,781.25	700.00	1,081.25	157.47	-	923.78
LENTE BURCH, SHARON	4,543.75	4,543.75	-	-	-	-
PEREZ, FLORENCE V.	1,962.50	743.75	1,218.75	83.60	-	1,135.15
SEIDL, CHARLENE F.	3,531.25	3,531.25	-	-	-	-
Total 705 - Ethics Board	17,637.50	13,568.75	4,068.75	472.17	-	3,596.58
900 - Governors Administration						
Water Board W2						
MONTOYA, RAMONA	50.00	50.00	-	-	-	-
SANCHEZ, BLANE	50.00	50.00	-	-	-	-
Total 900 - Governors Administration	100.00	100.00	-	-	-	-
976 - POI Boxing Commission W2						
ANZARA, DAVID	487.50	487.50	-	-	-	-
JOJOLA, CHARLES	487.50	487.50	-	-	-	-
976 - POI Boxing Commission	975.00	975.00	-	-	-	-
OTHER INDEPENDENT BOARDS CREATED BY THE PUEBLO						
<b>Tewa Lending Services, Inc.</b> <b>1099-Misc Reporting</b> Created to provide a home loan program to meet the needs of potential home owners that do not meet the thresholds of the Pueblo's HUD Program. Stipend set at \$50 per Meeting by the TLS Board.						
Tewa Lending Services, Inc. 1099- Misc						
Abeita, Shawn	550.00	550.00	-	-	-	-
Calabaza, Edward	550.00	550.00	-	-	-	-
Pedro, Ted	550.00	550.00	-	-	-	-
Peone, Charles Jr.	500.00	500.00	-	-	-	-
Steffen, Debbie	600.00	600.00	-	-	-	-
Total - Tewa Lending Services, Inc.	2,750.00	2,750.00	-	-	-	-
<b>Isleta Business Corporation – IBC</b> <b>1099-Misc Reporting</b> Created in 2010 to pursue other income sources for the Pueblo other than gaming revenue. Approved Charter set stipends of \$1,500 per month per member of the Board.						
Isleta Business Corporation 1099-Misc						
Culbertson, Harold	18,000.00	18,000.00	-	-	-	-
Fitting, James	18,000.00	18,000.00	-	-	-	-
Kovacs. Rafaela	18,000.00	18,000.00	-	-	-	-
Lucero, Nathan A.	18,000.00	18,000.00	-	-	-	-
Paquin, Michael	18,000.00	18,000.00	-	-	-	-
Total IBC Board Members	90,000.00	90,000.00	-	-	-	-
Total Board & Commission Payments	230,751.70	202,332.95	28,418.75	2,517.20	0.00	25,901.55

## ISLETA POLICE DEPARTMENT TRAFFIC DIVISION NEWS JANUARY 2013

# HAPPY NEW YEAR!!

from the Traffic Division

*We at the Traffic Division hope the holiday season was joyous and filled with wonderful memories for all and look forward to a safe and wonderful 2013.*

As part of the Division's ongoing efforts toward making the roadways of Isleta safe places to travel and in conjunction with the BIA Indian Highway Safety Program's "Don't Shatter the Dream" mobilization, the Traffic Division was an active participant in checkpoints and saturation patrols. The Traffic and Patrol Divisions participated in numerous saturation patrols during December 14, 2012 through January 1, 2013. A sobriety and safety checkpoint was conducted on December 21, 2012 on Highway 314 at the historical marker.

One of the highlights of this particular checkpoint was a visit from the newly appointed U.S. Assistant Secretary of Indian Affairs, Kevin Washburn. Chief William McClure (Southern Pueblos Agency, Bureau of Indian Affairs) and Max Dickens, Agent in Charge were also guest visitors. It was an honor to have these visitors observe the operations and the Traffic Division's dedication in the program. The BIA "Batmobile" was also on scene and provided a command center for the operations.

The checkpoint saw approximately 494 vehicles come through which resulted in an arrest and a good quantity of citations for such things as no insurance, no driver's license, suspended driver's license, no registration, to name a few. All in all, this was a successful operation. The Traffic Division also prepared packages of approximately 450 information brochures

and calendars and "Don't Shatter the Dream" tee shirts for distribution to those who came through the checkpoint. Young passengers were also gifted with a small package consisting of a "Traffic Junior Officer" badge, pencils, rulers and keychains of which approximately 150 packages were distributed. A special thank you to all who participated in putting these materials together for distribution as it was definitely a major undertaking.

Based upon statistics from the past few months, the Traffic Division still finds motorists traveling along our roadways continue to fail to observe clearly posted speed limits signs. Highways 47 and 314 continue to be major thoroughfares for violators and be assured the Traffic Division continually patrols these highways and will stop violators and issue citations. Speed and aggressive driving have been found to be major factors in crashes being investigated on our roadways.

On the rise is driver inattention which is fast becoming a major contributing factor to many of our crashes, and, of course, this is attributed to drivers attempting to utilize cellular phones, to include texting. Officers have also observed make-up application, shaving, reading a book or newspaper, eating, etc. being done by drivers on our roadways. Drivers are no longer in complete control of their vehicles and obviously their entire time and attention to the roadways is secondary.

### NOT A GOOD MIX!

Drinking and driving is still a problem and the myth that impaired drivers only drive at night after the bars have closed is just that ..... a MYTH! Impaired drivers are being detected and arrested at all times of the day and night. Early morning, mid-morning, noon, early afternoon..... they have been detected and arrested. So please

### DON'T DRINK AND DRIVE!!!!

The Traffic Division is earnestly asking your assistance in making this the safest year on the roadways of Isleta....let us all work together to make 2013 the best year ever. We are striving to reduce all crashes, increase arrests for DWI, and continue our never-ending battle with speed violators. We believe it is a joint effort from the community, surrounding communities and law enforcement to make our roadways safe!

### BEST WISHES FOR A SPECTACULAR 2013!!

CONTACT INFORMATION:  
Isleta Police Department Traffic Division  
Traffic Safety Officer Sharon K. Mitamura  
poi06056@isletapueblo.com  
(505) 869-9722  
(505) 382-1518

## NARROWBANDING OF THE PUEBLO OF ISLETA RADIO FREQUENCIES

Radio Frequency Public Safety narrowbanding is an national effort to ensure more efficient use of the VHF and UHF spectrum by requiring all VHF and UHF Public Safety and Industrial/Business land mobile radio (LMR) systems to migrate to at least 12.5 kHz efficiency technology by January 1, 2013.

On this date, the Isleta Police Department coordinated with our radio service provider, Advanced Communications, and all our POI service providers to have both their handheld and vehicle two-way radios narrowbanded as per the federal mandate. Currently, our present VHF radios operate using 25 kHz efficiency technology and those frequency bands are currently congested among public safety. Our POI EMS currently is on the UHF radio frequency spectrum. In a 911 type of event, our radio frequencies would be overwhelmed

by the number of agencies using the wide-band radio frequency bandwidth.

In preparing for this change, IPD and other departments have up-graded their hand held radios and vehicle radios that allow for system expansion or implementation of new systems to accommodate the narrow banding.

The migration to 12.5 kHz efficiency technology requires that our POI radio network licensees operate more efficiently, either on narrower channel bandwidths or increased voice paths on existing channels. This will allow creation of additional channels within the same spectrum, thereby supporting more users within our public safety radio frequency spectrum.

On the date of December 20, 2012, the Isleta Pueblo is in full compliance.

Vernon Alvarez, Chief of Police  
Pueblo of Isleta Tribal Police Department  
**Mailing address:** P.O. Box 699  
Isleta, New Mexico 87022



**Physical address:** 3950 Hwy 47  
Albuquerque, New Mexico 87105

**Mobile** (505) 514-3760  
**Main** (505) 869-9704  
**Office** (505) 869-9707  
**Fax: Main:** (505) 869-9756



## Happy New Year!!

### Department of Cultural and Historic Preservation Pottery Mound

#### Pottery Mound

The Regents of the University of New Mexico approved the transfer of Pottery Mound to the Pueblo of Isleta on Dec 11, 2012. Thanks to everyone and the University of New Mexico who worked together to make this transfer possible.

The Pueblo of Isleta Realty Office recorded the deed on 12/21/12.

Pottery Mound is a unique ancestral village. Some believe it was a major ceremonial center. Perhaps it was. Today, it continues to be a site worth protecting because of the strong cultural significance to our people and other Pueblo tribes. It is appropriate that it has been returned and is now part of the greater Comanche Ranch-Isleta holding.

Long known for its vast quantities of decorated pottery that gave the site its name, it was partially excavated between 1954 and 1962. Pottery Mound is listed on the New Mexico State Register of Cultural Properties and is clearly eligible for the National Register of Historic Places.

#### Archaeological excavation at St. Augustine Convento

Archaeological excavations at the Isleta church convento have revealed some startling discoveries. At the request of the Isleta Historic and Cultural Preservation Department and as a part of the planning process for the proposed construction at the CCD (Confraternity of Christian Doctrine) complex east of the present church, archaeological test excavations were carried out from September to November. The purpose of the tests was to ensure that no important cultural remains be disturbed during the planned building renovations. Michael Marshall, who has worked on a number of archaeological projects at Isleta, was contracted for the testing.

Archaeological excavations included 10 test pits (approximately 1.0 by 1.0 m) scattered in the area from the east church courtyard into the present courtyard and east-walled compound of the CCD complex. One test pit, directly east of the compound's driveway was enlarged over a 4- by 7-meter area, and included 3 deep pits, up to 13.1 ft in depth. The findings here greatly surprised everyone.

Excavations here revealed a great deal of early pottery, other artifacts, and structural remains extending to a depth of 13.1 ft. What were exposed were the possible remains of the original 1612-1629 Isleta mission complex and deep cultural deposits associated with this complex dating to the 1600s and 1700s. What has been found here is the first archeological evidence that a Pre-Revolt Colonial (1600s) period settlement existed at Isleta.

Two massive masonry foundation walls were found at depths of 4.3 to 6.1 ft below the surface. The lower east wall is 55 centimeters (cm) thick and 60 cm high and was capped by adobe blocks. The upper west wall is 80 cm thick and 60 cm high, and was

also capped by adobe block construction. Both walls probably date to the late 1600s. They are oriented north-south and were both foundations for massive Colonial period structures. It is likely that these walls were part of the 17th century mission and possible church complexes.

The west wall crosses the excavation area without cross walls, which shows that it was a large room consistent with a church nave. The lower east wall has a perpendicular east wall, which is either part of a roomblock or possible buttress. The upper construction of both walls was adobe block, the patterns of which are visible at the top of the masonry foundations. The walls clearly supported a massive construction of the Pre-Revolt Colonial period (1600s), and are no doubt, part of the early San Antonio de Isleta mission complex.

Under the two walls is construction debris of an earlier 1600s period building. This debris was at the lowest levels, extending from about 8.2 to 13.12 ft below the surface. This construction debris was dumped over the edge of a former bench, which once existed in the area of the CCD driveway entrance. This dismantled building was probably on the adjacent bench edge in the present area of the CCD courtyard. Based on the rubble found here, the building or buildings were probably part of the early 17th century mission establishment built in 1612-1629. The building was made of adobe block and jacal. The interior walls of the building were white plastered, and in some areas were over-painted in solid red. Occasional molded, fired bricks, which are rare in early New Mexico Colonial architecture, were found in the rubble. Also present in the rubble are red sandstone spalls, which are likely trim from a sandstone accent or decorative feature in the building. Numerous fragments of selenite (semi-translucent gypsum) were found, which were likely window glazing. The use of adobe blocks, fire-bricks, selenite windows and other associated artifacts including iron nails, Spanish and Mexican Majolica pottery, olive jar fragments, and a partial candlestick suggest that this building was probably the earliest Colonial mission structure built at Isleta Pueblo. It was likely dismantled in the early 1600s and replaced by a more substantial building.

Above all this is an 18th century circular adobe room, about 4.0 meters in diameter that was built over the earlier 17th century structures. This room may have been a granary or animal pen built in the 18th century. Artifacts from this upper level date to the 1700s and 1800s. The most common ceramics in the upper levels is Isleta Red-banded pottery that was made until the 1930s.

The reason we are able to date the early structures and upper deposits is that they are associated with pottery that we know the age of. These include the glaze-painted pottery that stopped being made by 1700 to the Isleta red banded pottery that was



made after that. In fact, the stratigraphic deposits exposed here reveal an unbroken ceramic sequence from the early 1600s to the present day, with the exception of the Pueblo Revolt period hiatus (1680-1709). Thus, the development of Isleta Pueblo ceramic styles for approximately 400 years is represented in the artifact collections that were recovered.

What we have found is the presence of an early 1600s mission complex. This complex was erected under the direction of Juan de Salas from 1612 to 1629. It is rather remarkable that such deep deposits and important early Colonial period remains were identified in a small 4 by 7 meter area in the East Convento compound. In this rather small test area, deep pits extending to 4 meters in depth revealed over four centuries of cultural deposition including the rubble of an elaborate early colonial adobe building (with painted walls, selenite windows and fired-brick details), superimposed by two massive masonry foundations, great volumes of midden fill, capped over with a circular adobe room and more midden.

Isleta Pueblo and the Colonial Isleta Mission complex is one of the most important cultural-historical sites in the Rio Grande, and has been recognized as potentially eligible for nomination as a World Heritage site. The fact that these early cultural remains were previously unknown is probably because much of the area was covered by later buildings and development, including the demolition of earlier buildings and the leveling of the area for later construction. As a result, these early remains were deeply buried along the eastern edge of the convento compound.

Despite the rather remarkable discoveries at the site to date, it should be recognized that the archeological tests represent only a few windows into the subterranean cultural landscape of the area. What we have revealed has created as many questions as answered, some of which we hope to eventually answer.



## NEW in 2013 for the Public Works Department

Wow, another year has come and gone. We stay very busy here at IPW with keeping the Pueblo's important infrastructure running smoothly. Water line breaks and sewer back-ups alone keep our crews on alert at all times.

I work at my desk and think of all the work that the PW staff has accomplished in the past years and can hardly believe how much work has been done to improve the quality of life here at Isleta. There is a long list of projects we have taken on and completed, many of which you have never heard of, or even thought we have taken on. Many times a water line will break and it is repaired within hours. Unfortunately there are many times when informing all the residents in the affected area is not possible.

I have wondered over the last 3 years of how to let everyone know what work the Public Works staff spends their days keeping the Pueblo operating efficiently.

So.....for 2013 Isleta Public Works has entered the social media world to keep everyone informed of all that happens AS it happens.

Beginning January 14, 2013 you can log on to the new Isleta Public Works web site at



[www.isletapublicworks.com](http://www.isletapublicworks.com)

OR you will be able to follow IPW on Facebook

OR you can follow us on Twitter @isletapublic

Isleta Public Works is doing all we can to keep you informed of what services we can perform, as well as what type of work that we are doing that affects you!

There will be regular updates and we will keep you informed of changes as they happen. Please check our site for changes within the Department.

## ISLETA APPELLATE COURT JUSTICES

The Pueblo of Isleta is looking for qualified Tribal Members to serve on the Pueblo of Isleta Appellate Court. The Isleta Appellate Court is governed by the Ordinance Establishing Number, Salary, Qualifications, Term of Office, Vetting Process and Superintending Authority of the Isleta Appellate Court Justices, approved by Tribal Council on August 12, 2011 and subsequently approved by BIA that year.

**Educational Requirement.** The minimum educational requirement for an Appellate Court Justice shall be a High School Graduate. Preference shall be given to a licensed attorney who has practiced in the field of Native American Indian law. However, those possessing relevant experience may be considered despite not being a licensed attorney. Preference shall be given to individuals who have a Tribal Court certification from an accredited institution.

### Other Relevant Qualifications.

- a. Experience in Federal Indian law and Tribal law, litigation, Trial Court and Tribal Court experience.
- b. General knowledge of Indian tribes, including the Pueblo of Isleta.
- c. Knowledge of courts that administer justice, including criminal and civil court systems.
- d. Ability to hear court cases and render oral and written decisions based on interpretation of the law and findings of fact.
- e. Ability to interpret laws, including the Pueblo of Isleta Tribal Constitution, Tribal Ordinances, Tribal Council resolutions, Law and Order Code, and other relevant law.
- f. Successful completion of drug screening test and criminal background check. Individuals with felony convictions shall not be considered for the position.

Please submit your letter of interest, resume and credentials to Tribal Council office at the Tribal Services Complex at 3950 Highway 47, Bldg. D or in person.

## Isleta Health Center Community Health Representatives (CHR)

Season's Greetings! All of us here on the CHR team hope everyone had a great Christmas and we wish all of you good health and happiness in the coming New Year.

The CHR Department has a few reminders for 2013:

- We transport patients to medical, physical therapy, and dialysis appointments.
- 24 hours advance notice is required for all transportation needs.
- You are required to complete a Transportation Form, which will be kept on file for your transportation needs.
- If you use a wheelchair, please ensure that you have an aide to assist you at your appointments.
- We deliver medications from the IHC Pharmacy to people that are homebound, our elderly, and people that cannot drive or have had surgery and cannot get to the Pharmacy. This service also requires 24 hours advance notice.
- We do not deliver medications (narcotics) that require an ID for pick up at the IHC Pharmacy.
- Medications are delivered only to the patient and a signature is required upon receipt. CHR staff will not leave medications with anyone other than the patient.

Office hours are 8:00am to 4:30pm. Transportation hours are from 8:15 am to 2:30 pm. Medication deliveries are made in the afternoons. We can be reached at 869-4485; if there is no answer, please leave a message or call 869-3200 and leave a message with the receptionist.

Thank you for your cooperation!

CHR Staff: Frances Anchondo, Manager

Ron Jojola, Van Driver Verna Chavez, Van Driver

### Prevention is the Key to Staying Healthy

1. Wash Hands Often with Soap and Warm Water.
2. Cough into your hand, elbow, or tissue, not toward another person.
3. If you have flu-like symptoms, stay home until at least 24 hours after your fever is gone (without fever-reducing medicines).
4. Avoid touching your eyes, nose and mouth.
5. Avoid contact with sick people.

## Isleta Pueblo News



**Editor:** Ulysses Abeita

**Asst. Editor:** Beverly Piro

**Published By:** Valencia Express

## Pueblo of Isleta Higher Education Program

The Pueblo of Isleta Higher Education Program (also known as the Scholarship Program) provides *supplemental* financial assistance to Isleta community members for some higher educational costs.

The Isleta Higher Education Program (IHEP) General Policy and Provisions (Resolution 2008-197) indicates the length of time supplemental funding lasts:

1. If you are an enrolled student seeking a **bachelor's degree** requiring four or fewer academic years to complete, supplemental funding will NOT exceed more than five (5) academic years once you begin your program
2. If are an enrolled student seeking a **master's degree** requiring two or fewer academic years to complete, supplemental funding will NOT exceed more than two (2) academic years once you begin your program
3. If you are a **doctoral candidate**, supplemental funding will NOT exceed more than three (3) years once you begin your program

The IHEP may waive the time limits for hardship caused by special circumstances.

To remain eligible for continued supplemental funding, you must submit specific required documents for each term and comply with the following scholarship recipient requirements:

1. Maintain a 2.5 grade point average (GPA)
2. Maintain minimum credit hours earned as a full-time or part-time student, established by the institution you are attending

Students not meeting either/or will result in academic probation\* for the next immediate term student is requesting supplemental funding. Academic probation means an advisory warning that improved performance is necessary for continued supplemental funding.

To remove probationary status the student must meet ALL the above scholarship recipient requirements during the term he/she is on academic probation.

The IHEP will place students on academic suspension if ONE or MORE of the following occur(s):

1. Failure to fulfill scholarship recipient requirements while on academic probation
2. Exceeding MAXIMUM TIME FRAME as determined by BOTH IHEP and the Federal Department of Education - Pell Grant guidelines
3. Not making Satisfactory Academic Progress according to the institution the student is enrolled in

Students placed on academic suspension WILL NOT be considered eligible for reinstatement before the completion of the suspension period. Students **may be**

**subject to suspension or dismissal if they fail to provide official transcripts** from institutions previously attended AND funded by the IHEP. Unsealed official transcripts and facsimiles/email attachments of transcripts are NOT official transcripts.

For students **who have never before applied** to the IHEP the following required documents must be provided:

1. IHEP supplemental scholarship application for the respective academic year
2. Isleta Census Office documentation indicating at least 1/4 degree of Isleta Tribal Blood
3. An official high school transcript/diploma showing a graduation date or a GED certificate showing a passing score
4. A letter of acceptance from your institution - provisional/contingent acceptance letters are unacceptable
5. A class schedule for the respective term - all courses enrolled in MUST be applicable to securing the degree you are working on
6. A degree plan - an institution document listing ALL courses needed to complete chosen degree
7. A Student Aid Report (SAR) for the respective academic year student is attending classes - provided once student completes the Free Application for Federal Student Aid (FAFSA)
8. A Financial Needs Analysis (FNA) for the respective academic year -completed by the institution's financial aid office

For continuing students **who are current recipients of an IHEP supplemental scholarship** the following required documents must be provided:

1. IHEP supplemental scholarship application for the respective academic year
2. Unofficial transcripts for the term currently funded - this should be provided immediately once grades are posted and will act as an official document UNTIL official transcripts are provided
3. Official transcripts to include up to the last term funded
4. A SAR for the respective academic year student is attending classes
5. A FNA for the respective academic year
6. Updated Degree Plan, if changes have been made by the institution
7. A class schedule for the respective term

**IHEP deadlines are as follows:**

FALL

**July 1** IHEP SUPPLEMENTAL SCHOLARSHIP APPLICATION  
**August 1** REQUIRED DOCUMENTS

SPRING

**November 1** IHEP SUPPLEMENTAL SCHOLARSHIP APPLICATION

**December 1** REQUIRED DOCUMENTS

SUMMER

**April 1** IHEP SUPPLEMENTAL SCHOLARSHIP APPLICATION

**May 1** REQUIRED DOCUMENTS

The IHEP receives funding from two sources: the Bureau of Indian Education and the Pueblo of Isleta. On average 350 Isleta tribal members and 65 Isleta descendants receive supplemental assistance each term. The IHEP funds are always subject to budgetary constraints, thus never a guarantee. Supplemental scholarship awards may change from term to term and sometimes without prior notification to the student. No one should ever depend on IHEP funding as a guaranteed sole source to cover any portion of educational costs.

In general, one's total cost of attendance includes tuition/fees, books/supplies, room/board, transportation, personal/miscellaneous, and childcare costs and sometimes can amount up to \$15,000 per term. It will never be the responsibility of IHEP to cover all costs of educational expenses. The IHEP maximum supplemental award is based on a dependent student living on campus (University of New Mexico criteria). Because higher education is costly, students are expected to find other means of funding to cover educational expenses then apply to the IHEP for supplemental funding. Supplemental funding means only a portion of one's total cost of attendance will be covered by the IHEP award. However, it will always be the responsibility of the student and/or his/her parents/guardians to pay any costs incurred as a result of attending an institution of higher education.

The Pueblo of Isleta and the IHEP understand investing in one's education is always key to creating sound minds and good hearts therefore building a healthy and strong community. Thank you to every student who is excelling in your educational journey as you are making a great name for our community. The IHEP is always here to assist you in any way.

I am available for any questions or to provide further clarification pertaining to the IHEP supplemental scholarship application process.

Jennifer Padilla, LMSW  
Scholarship Coordinator poi08001@isletapueblo.com  
P: (505) 869-9790  
F: (505) 869-7573

\*Academic probation is an INTERNAL term IHEP uses to describe an IHEP scholarship recipient's standing - to NOT be confused with satisfactory academic progress according to the institution the student is attending.



## CONGRATULATIONS FELLOW GRADUATES!!!

### Andrea Pesina

Bachelor of Arts in Early Childhood  
Multicultural Education  
New Mexico Highlands University,  
December 2012

### Iris Padilla

Bachelor of Science in Business  
Concentration: Human Resources  
University of Phoenix, November 2012

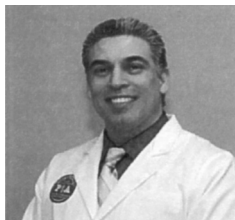
### Charlotte Smiley

Associates of Applied Science in  
Paralegal Studies  
Brown Mackie College, November 2012

### Lydia Peralta

Associates of Arts in Teacher Education  
Concentration: Elementary Education  
Central New Mexico Community College

### Hakon Hansen



Son of Gert Hakon Hansen  
and Betty Lou Keryte  
Nephew to Jose L. AKA "Snookie,"  
and Angelina Keryte  
Bachelors of Clinical Health Services  
Physician Assistant  
University of Washington  
School of Medicine  
Northwest Medex, October 2012

### Joshua Zuni

Bachelor of Science in  
Civil Engineering  
New Mexico State University

### Valerie Keryte

Bachelor of Arts in Sociology  
Minor: Human Services  
& Social Policy  
University of New Mexico,  
December 2012

### Leslie Velardez-Jaramillo

Associates of Applied Science  
in Surgical Technology

Sincere congratulations from the Isleta Higher Education Program! All the hard work you put into and effort and many sacrifices you made do not go unnoticed by this department.

To the community of Isleta, when you see these individuals please congratulate them as this is a HUGE accomplishment. It won't hurt to guilt them into working for their community ☺... our home should be where every Isleta graduate is warmly welcomed to exercise the competence, skill and education they rightfully earned as a student. Graduates - next stop...the Isleta Human Resources Department!!!! We need you!!

Sincerely,  
Isleta Higher Education Program

## Drowsy Driving Tidbit

Isleta Health Center  
Health Educator,  
Stephanie Barela, 869-4479

Have you ever driven while you were drowsy... chances are you probably have. Next time think twice before you get behind the wheel when you are having trouble staying awake. The Center of Disease Control (CDC) says that there are about 100,000 crashes each year due to drowsy driving. This attributes to 40,000 injuries and about 1,500 deaths a year.

**STAY SAFE and  
DON'T DRIVE  
DROWSY!!**

## Freedom from Smoking

Take Back Control of Your Life!

### 8 sessions to STOP SMOKING!

Session 1  
(Thinking about Quitting)  
Session 2  
(On the road to freedom)  
Session 3  
(Wanting to quit)  
Session 4 (QUIT DAY)  
Session 5  
(Winning Strategies)  
Session 6  
(The new you)  
Session 7  
(Staying Off)  
Session 8  
(Let's Celebrate)

### Want to Stop Smoking?

**SIGN UP FOR  
FREEDOM FROM SMOKING  
STARTS, JANUARY 7, 2013**

AT THE ISLETA REC CENTER AT 5:30



**Contact  
Stephanie Barela  
at 505-869-4479**



**weekly prizes!**

**Help from Others  
that are going  
through the  
same thing!**

**Nicotine Replacement Therapy  
for those clinic patients  
that attend the weekly sessions!**



Sponsored by the  
Isleta Health Center

# Holiday Celebration—Isleta Tribal Services Complex

By Judy Abeita-Chavez

On behalf of POI, IBC and the Planning Committee, I would like to take this opportunity to thank all of the Community Members, Tribal Leaders, Directors, Managers, Employees and most importantly our Children for participating in the Holiday Event that was held at the Tribal Services Complex on December 13th—everyone made this event a success!

THANK YOU to all of our sponsors who generously gave gifts and money to support this event. THANKS to all the volunteers who gave their time to help in any way they could in planning this event.

Special thanks to the people who volunteered their time to participate on the Planning Committee—THANK YOU so much for your hard work and dedication to this project. (Laura Abeita, Patricia Lujan, Holly Shije, Sara Zuni, Rochelle Mariano, Laura Shije, Rebecca Gonzales, Caroline Dailey, Nadine Waconda, Renay Valdez, Carol Jiron, Juana Abeita, Eddie Paul Jr., and Marvin Jiron.

Thank you to Nathaniel Lujan (Library) and Rick Giron (Rec Center) for your part in helping us with this event—you went above and beyond. Also a BIG THANK YOU to Sam Abeita for volunteering his talented DJ Services—everyone loved it! Thank you to Lt. Antonio Chewiwi for making himself available to give the invocation and welcoming our community and guests.

Thank you to Monica Jojola, Montech Inc., Lorraine Y. Chavez Insurance Agency, Isleta Business Corporation, POI Administration, POI Tribal Council, POI Departments, Landscape Technologies, Admiral, Pepsi, Blue Sky, Fusion, Frito Lay, Joni's Bakery, and Manny's Bakery for your generosity.

*Thank you to all of our Sponsors and Volunteers for your time, gift donations, gift cards, refreshment donations, and door prizes.*

- |  |  |
|--|--|
| Admiral                                | Melanie Zuni                             |
| Amanda Abeita                          | Michael-Paquin, Landscape Technologies   |
| Amanda Jiron                           | Miram Cherino                            |
| Blue Sky                               | Monica Jojola, MonTech Inc.              |
| Candido Chavez                         | Pablo Abeita                             |
| Charlotte Esser                        | Patricia Lujan                           |
| Community Services Workers             | Paula Abeita-Segura                      |
| David Gonzales                         | Pepsi Cola                               |
| Deborah Steffen                        | POI Education Dept.                      |
| Diabetes Program                       | POI Elderly Program                      |
| Dolores Lujan                          | POI Finance Dept.                        |
| Dolores R. Abeita                      | POI Headstart Program                    |
| Eddie Paul Torres, Jr.                 | POI Human Resources Dept.                |
| Elaine Zuni                            | POI Library                              |
| Elle Mishra                            | POI Natural Resources Dept.              |
| Eric DeFlon                            | POI Planning Department                  |
| Erline Correa                          | POI Police Dept.                         |
| Frito Lay                              | POI Realty Dept.                         |
| Fusion                                 | POI Recreation Center                    |
| Gloria Lena Abeita                     | POI Regulatory                           |
| Hard Rock Hotel/Casino                 | POI Social Services Dept.                |
| Holly Shije                            | POI Treasury Dept.                       |
| Hon. William Johnson, Appellate Courts | POI Tribal Administration                |
| IBC Travel Center & One Stop           | POI Tribal Council                       |
| Ida Vallejos                           | POI WIC Office                           |
| IHS Clinic--Isleta                     | POI Public Works Dept.                   |
| Joni's Bakery—Tony & Joni Abeita       | Sam I Am DJ Services—Sam Abeita          |
| Judy Abeita-Chavez                     | POI Truancy Dept.                        |
| Keyna Gutierrez                        | Tribal Services Complex Facilities Mgmt. |
| Kristen Anzara                         | Rochelle Mariano                         |
| Laura Abeita                           | Renay Valdez                             |
| Laura Shije                            | Sandra Montoya                           |
| Leona Jiron                            | Sara Zuni                                |
| Lisa Olguin                            | Lynette Padilla                          |
| Lori Cereceres                         | Summer Aldrich                           |
| Lorraine Y. Chavez Insurance Agency    | Lisa Olguin                              |
| Lurlaine Chavez                        | Raul Flores                              |
| Manny's Bakery                         | Sgt. Juan Reyes, IPD                     |
| Margaret Kline                         | Valerie Lente                            |
| Frances Benevidez                      |  |

**On December 14, 2012**  
**Cheryldine M. Valencia**  
**AKA “Thurby”**

Graduated from the United States Coast Guard Company KILO-187 in Cape May, New Jersey.

She is the daughter to Terrance & Bernadette Valencia, and Granddaughter to Jose L. AKA “Snookie” & Angelina Keryte.

She is currently stationed in East Moriches, New York.

**We are very proud of you!!!**

Thank you to those who have served and those who continue to serve our Country!!



**Be Inspired to  
make a difference  
in Your Isleta Community!**

Isleta Social Services is  
looking for foster families to  
provide love and support  
to Isleta children.

Please contact 869-2772  
for more information.



## Health Beat HELMET SAFETY

Health Educator:  
Stephanie Barela, 869-4479

On December, 7, 2012, the 4th grade students at Isleta Elementary School learned about bicycle and helmet safety. The Isleta Health Educator teamed up with Albuquerque Parks and Rec to offer the 4th grade students a presentation on bike safety and then the opportunity to try out their newly learned skills through participating in a BIKE RODEO. A bike rodeo is a skills course, which provides a fun and safe environment for a class to learn various bike safety skills and practice them. This rodeo consisted of a bike riding course designed to simulate actual road conditions, a stop sign to help practice their starting and stopping, as well as using their directional signals, a chance to practice their skills when they are approached by a dog and many other important bike safety skills.

Bike riding is a lot of fun, but accidents happen. Every year, about 300,000 kids go to the emergency room because of bike injuries ([www.kidshealth.org](http://www.kidshealth.org)). Some of these injuries are so serious that children die, usually from head injuries. A head injury can mean brain injury and as the 4th graders learned; **OUR BRAIN IS THE MOST IMPORTANT PART OF OUR BODY**, so we need to **PROTECT IT!!** That's why it is so important to **wear your bike helmet**. Wearing one doesn't mean you can be reckless, but a helmet will provide some protection for your head and brain in case you fall down.

The most important skills the 4th graders learned were:

- STOP and Look Left, Right, Left, before crossing the street
- Use your hand signals when turning

### Hand signals. (Use left hand.)



- If you are ever chased by a dog while your are riding your bike, you should stop pedaling and coast (continue to move forward without using your pedals), if the dog continues to chase you, get off your bicycle and put it between you and the dog and back up slowly.
- **ALWAYS WEAR A HELMET!!**

*THANK YOU ALBUQUERQUE PARKS AND REC.  
Chuck Malagodi and the Isleta 4th grader classes.*



## Isleta Public Library

Winter is officially here! It's the time to whip out your big jackets and warm up some hot cocoa. Hope you enjoyed your holidays filled with warmth in your hearts and family near.

It is a New Year and we wish you all the best in all of your future endeavors. Blessings to you all!

We would like to thank everyone who helped and supported our Native American Heritage Month activities. We are proud to announce that the Library raised \$584.26 for the Isleta Elder Center at the first ever Grocery Bingo held at both the Elder Center and the Library. This money will be going towards a field trip of their choice with the Elders. We also raised \$711.99 for the Isleta Veterans Association at the 1st Annual Celebrating Indigenous Communities Powwow. The money will be going to the future construction of their future facility. We had a great response to these events and we are looking forward to next year!

During the winter months the Library will be asking parents to please come pick up your children at 5:30pm due to it getting dark so early.

Santa made his way to the library and stopped by to take pictures. If you have not yet come to the Library to pick up the pictures you took with Santa, they are here waiting for you. Drop by the Library and pick them up and while you visit us come take a look at our new books, movies, and cd's.

Christmas crafts were a hit this year. We started off with a Gingerbread house contest with 3 places. All the houses were very creative and it was competitive. There were many families that came in to work on them which made their chances greater. We would like to thank everyone to came to participate and congratulations to the winners. 1st place- Nicole and family, 2nd- Clarise and Lucretia Jojola and 3rd- Clarinda and October Trujillo. The last day of crafts everyone made Christmas tree pinecone ornaments. We painted the pinecones green and decorated them with sequins and glitter.

## Have a great start of the New Year!

### Pueblo of Isleta Public Library Hours of Operation:

Monday-Thursday: 8:00am-6:30pm

Friday: 8:00am-4:30pm

Saturday: 9:00am- 1:00pm

Mailing and Physical Address:

950 Moonlight Drive Albuquerque, NM 87105

Phone: (505) 924-3192

Email: [poi02002@isletapueblo.com](mailto:poi02002@isletapueblo.com)

Facebook Page: [www.facebook.com/IsletaPuebloLibrary](http://www.facebook.com/IsletaPuebloLibrary)

Web Address: [www.isletapueblo.com/library2.html](http://www.isletapueblo.com/library2.html)

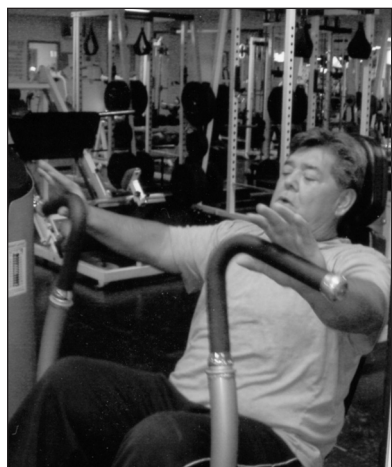
YouTube: [www.youtube.com/user/poilibrary](http://www.youtube.com/user/poilibrary)



## Parks & Recreation

As we close out December 2012 we are saying goodbye to a month that was filled with lots of special events that were hosted by the New Rec. Center. The Elementary School age children have been busy almost on a daily basis with basketball practice for the up-coming 2013 S.P.A. Youth Basketball Season. Also in December we hosted the Indian Health Services Physical Activity PAK Training where we had about 35 individuals from through-out Indian Country and as far away as Minnesota come for this worth while training seminar. Four of our staff members took advantage of this training which may be repeated for all new staff members prior to the Summer 2013 program. The purpose of the training was for "Staying on the Active Path in Native Communities a Lifespan Approach" is a strategy that refines an effective and efficient method to package, implement, evaluate and disseminate culturally appropriate physical activities for American Indian/Alaska Natives and their communities. Also in December we were the host Site for the Memorial Walk put on by the Behavior Health Department and the host Site for the evening Church Services on Christmas Eve because of a scheduling conflict at St. Augustine Church. The Memorial Walk event was very well attended and I'm sure that the Behavior Health Dept will talk about this activity in their newsletter report.

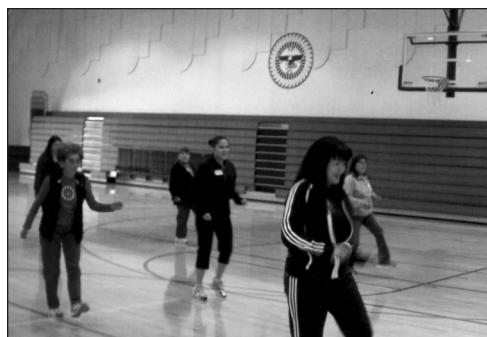
### New Year's Resolutions



It is that time of the year as we close out 2012 and bring in 2013 and hopefully some New Year's Resolutions that will make us a lot healthier then ever before. Prior to making new resolutions evaluate yourself on this past year's resolutions. How did you do? Did you accomplish what you wanted? What were your shortfalls? Why did you accomplish some goals and not others? What can you do to make exercise an everyday part of your life? Remember when you do make your New Year's Resolutions don't go on with over kill and discourage yourself in the first few days. Start off slowly and work your way up. Initially we should be doing a lot of stretching exercises prior to walking, running swimming and or weightlifting. If any of you need assistance please contact one of the many personal trainers at both facilities (Old Rec. and New Rec.) that are part of our staff. Don't be afraid or embarrassed to ask for help and or assistance. It will make it a lot safer for everyone and they can help you achieve your goals. Pictured left is Kenneth Lujan who was pictured the day after Christmas at the New Rec. Center. He is to that point where he has made working out an everyday part of his life whether it's working out at Old Rec. or at New Rec., he says it's a must for him. Let him serve as an inspiration for all of us.

### Physical Activity Kit (PAK)

As mentioned earlier, we were the host site for this training that was very well received by all those in attendance. In fact, I am considering bringing these trainers back to assist me with a training package prior to the Summer 2013 Program for all of our Summer Youth workers. The primary goal of the PAK is to increase the time spent in Moderate to Vigorous Physical Activity (MVPA) by promoting both age and culturally appropriate physical activities across the lifespan in Native communities. These physical activities are appropriate across age spans (young children, young people, adults/family and older adults) and include various levels of activity: warm-up (flexibility), cardiovascular, strength, and cool-down flexibility. The training included some classroom sessions and lots of physical activities in the gymnasium. Pictured is a collage of pictures depicting the training event.



### Basketball

Now that the New year has begun, the children will now start entering the fun part of the season, actually playing basketball games against other teams. For your information, most games will be played on Fridays or Saturdays so the children's school schedule is not disrupted. Also in January, 2013 we will be the host site for the Native American Community Academy High Basketball games. These games will be played on Saturday afternoons and may of the children on the team are from our Pueblo of Isleta. Please come out and support them as well.

### Park Management

Once again we are asking for assistance in trying to catch those individuals who are vandalizing our park system. Our parks have had lots of graffiti, sprinklers kicked and broken, sprinkler heads stolen and our park benches carved into with sharp objects. When this type of activity takes place they are stealing from all tribal members because ultimately it's your money through Council Appropriations that pays for all the repairs. Let's help insure that all of our Pueblo members get to enjoy the most beautiful park system in the Southwest.

### Pueblo of Isleta Is Accepting Applications for Child Care

Eligibility Criteria is Based upon Work, Job Training, or Educational Program

- \* Parents working and gainfully employed
- \* Parents enrolled in a Job Training Program or
- \* Parents enrolled in an Educational Program

Co Payments will be determined prior to completion of Application

#### You will need to bring:

- \*Application
- \*Birth Certificate
- \*Social Security Card
- \*1 month Proof of Income
- \*School or work Schedule
- \*Certificate of Indian Blood (CIB)

For More Information Call:  
Isleta Pueblo Head Start &  
Child Care Center  
505-869-9796





## WIC Notes

### What is flu?

Influenza, commonly shortened to "flu," is an extremely contagious respiratory illness caused by influenza viruses. Flu appears most frequently in winter and early spring. The flu virus attacks the body by spreading through the upper and/or lower respiratory tract.

### What's the difference between a cold and flu?

The common cold and flu are both contagious viral infections of the respiratory tract. Although the symptoms can be similar, **flu is much worse**. A cold may drag you down a bit, but the flu can make you shudder at the very thought of getting out of bed.

Congestion, sore throat, and sneezing are common with colds. Both cold and flu bring coughing, headache, and chest discomfort. **With the flu, though, you are likely to run a high fever for several days and have headache, myalgia, fatigue, and weakness.** Usually, complications from colds are relatively minor, but a severe case of flu can lead to a life-threatening illness such as pneumonia.

### How is flu spread?

The flu virus is spread from person to person through respiratory secretions and typically sweeps through large groups of people who spend time in close contact, such as in daycare facilities, school classrooms, college dormitories, military barracks, offices, and nursing homes.

Flu is spread when you inhale droplets in the air that contain the flu virus, make direct contact with respiratory secretions through sharing drinks or utensils, or handle items contaminated by an infected person. When the flu virus is on your skin it can infect you when you touch or rub your eyes, nose, or mouth. That's why frequent and thorough hand washing is a key way to limit the spread of influenza. Flu symptoms start to develop from one to four days after infection with the virus. The flu is not caused by cold weather.

Specific strains of flu can be prevented by a flu vaccine, either a flu shot or nasal spray flu vaccine. In addition, antiviral medications are available to prevent flu. These medications may help reduce the severity and the duration of flu and are best used within the first 48 hours of flu symptoms. Condensed from Web MD. For more about the flu, visit webmd.com

**What Foods Help Fight the Flu?** If you are already suffering with the flu, you may be wondering if there's a "flu diet". Food has the power to heal and strengthen our immune system, allowing us to recover from illness more quickly. Of course, proper nutrition is necessary for maintaining good health. But when your body battles flu symptoms for days or even weeks, your diet becomes even more essential in helping you achieve a speedy recovery. It's critical that necessary vitamins and minerals be included in your daily diet to help you build your strength.

Whether you are sick with the flu or not, protein is always necessary to keep your body strong. **Proteins** are essential to help your body maintain and build strength. Lean meat, poultry, fish, legumes, dairy, eggs, and nuts and seeds are good sources of protein.

By eating foods high in protein, we also get the benefit of other healing nutrients such as vitamins B6 and B12, both of which contribute to a healthy immune system. Vitamin B6 is widely available in foods, including protein foods such as turkey and beans as well as potatoes, spinach, and enriched cereal grains. Proteins such as meats, milk, and fish also contain vitamin B12, a powerful immune booster.

Minerals such as selenium and zinc work to keep the immune system strong. These minerals are found in protein rich foods such as beans, nuts, meat, and poultry.

Heidi Lanes

WIC Nutrition Coordinator

The entire WIC Staff wishes to thank Governor Lujan, Lt Governors Torres and Chewiwi and the Isleta Tribal Council for the Christmas hams.

This recipe was so well liked by our WIC Education classes, we wanted to share it with you. Please give it a try.

### WIC APPLESAUCE CAKE

1/2 cup butter, softened	3/4 tsp nutmeg
1 cup sugar	1/2 tsp salt
1 egg (WIC Food)	1/2 tsp ground cloves
1 1/2 cups flour	1 1/4 cups applesauce (WIC Food)
1 1/2 tsp baking soda	1/2 cup raisins (optional)
1 tsp cinnamon	1/2 cup chopped walnuts (optional)

Cream together butter and sugar until well mixed. Beat in egg. In small bowl stir together flour, baking soda, cinnamon, nutmeg and cloves. Gradually add to creamed mixture. Beat applesauce into creamed mixture. Stir in raisins and nuts. Pour into greased and floured 9x5 inch loaf pan. Bake at 350° for 1 hour. Cool in pan 10 minutes. Remove from pan, cool on wire rack. Sprinkle with powdered sugar, if desired.

*People with higher intakes of fruit have lower rates of heart disease, obesity and cancer. The fiber in fruit may be responsible for some of these benefits. Apples and applesauce are a good source of fiber.*

## 2<sup>nd</sup> Annual Isleta Cancer Conference

**SATURDAY ● MARCH 2<sup>nd</sup>, 2013**

**9am-4pm @ the Old Court House**

### LEARN ABOUT CANCER

- What is Cancer?
  - Cancer among Native Americans
  - Cancer risk and risk reduction
  - **Isleta specific cancer numbers**
  - **And more!** 16yrs old & over
- Door Prizes**
- Call Isleta Health Center  
to REGISTER: 869-4479.**

**Learn  
Heart Saver  
CPR**

**Must  
Pre-Register  
by Feb. 8, 2013!  
SPACE LIMITED FOR THE FIRST 75  
WHO PRE-REGISTER!**

**Lunch  
Served!**

**PRIZES, Tshirts, FOOD and More!**




Isleta Health Center Calendar

Questions? Call 869-3200

January 2013

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2 IBHS Parenting Group 9:00AM-11:00AM Every Wednesday	3	4	5
6	7 Freedom From Smoking Session 1 5:30pm Isleta Rec Center	8 Isleta Cancer Education and Support (ICES) 10:30-12 "The Big C, It's not a secret Anymore" Leslie Kaufman, PLTC	9 IBHS Parenting Group 9:00AM-11:00AM Every Wednesday	10	11	12
13	14 Freedom From Smoking Session 2 5:30pm Isleta Rec Center	15	16 IBHS Parenting Group 9:00AM-11:00AM Every Wednesday	17	18	19
20	21 Freedom From Smoking Session 3 5:30pm Isleta Rec Center	22	23 IBHS Parenting Group 9:00AM-11:00AM Every Wednesday	24	25	26
27	28 Freedom From Smoking Session 4 5:30pm Isleta Rec Center	29 Freedom From Smoking Session 5 5:30pm Isleta Rec Center	30 IBHS Parenting Group 9:00AM-11:00AM Every Wednesday	31	New Year's Resolution Time, Want to Quit Smoking? Sign up For FREEDOM FROM SMOKING, 869-4479, Starts <u>January 7th, 2013 at 5:30</u> at the Isleta Rec Center!!	



Isleta Cancer Education & Support Group

**WHEN:**  
2<sup>nd</sup> Tuesday of Each Month  
Next Meeting is January 8, 2013

**TIME:**  
10:30am to Noon

**PLACE:**  
**ISLETA HEALTH CENTER SMALL CONFERENCE ROOM**

Speaker: Leslie Kaufman, People Living Through Cancer

*“The Big C, It’s not a Secret Anymore”*

**Please join us!**



**Everyone welcome!**

Please contact Stephanie Barela @ 869-4479 if you have questions.

2013 Meeting Schedule Ideas			
ICES Isleta Cancer Education & Support 2nd Tuesday of the Month 10:30-noon at the Isleta Health Center			
Date	Topic	Speaker	Organization
1/8/2013	The Big C, It's Not a Secret Any More	Leslie Kaufman	PLTC
2/12/2013	Tips for Supporting People with Cancer	Mary Ellen	PLTC
3/12/2013	A caregivers experience with death and dying	John Barton	Breast Cancer Resource
4/9/2013	To Be Determined (TBD)	TBD	TBD
5/14/2013	People Living Through Cancer	Mary Ellen	PLTC
6/11/2013	Stress Management	Anjie Cureton	UNM
7/9/2013	"Fun with Cancer-Fighting Foods."	Deb Openden	Resource Center
8/13/2013	TBD	TBD	TBD
9/10/2013	TBD	TBD	TBD
10/8/2013	Clinical Trials	Sydney Goosing	New Mexico Cancer Care
11/12/2013	Nutrition and Cancer	Amber Abhold	Isleta Health Center
12/10/2013	Survivors Panel	Cancer Survivors	TBD
Topics are Subject to Change. CONTACT Stephanie Barela to Sign Up and to Learn More 869-4479			