

Isleta Elder Center
 (505) 869-9770
 Monday - Friday
 8:00AM - 4:30PM

February 2019



Monday	Tuesday	Wednesday	Thursday	Friday
*All activities subject to change				
Please call the Elder Center with any questions regarding the calendar or to sign-up for activities.				Native American Day at the NM State Legislature 6:00AM - 3:00PM
2/4/2019	2/5/2019	2/6/2019	2/7/2019	2/8/2019
Open Activities: Exercise Equipment: Treadmill, Stationary Bikes Pool Table - Table Tennis TV/Movies <i>All other activities available at request</i>	Open Activities: Exercise Equipment: Treadmill, Stationary Bikes Pool Table - Table Tennis TV/Movies <i>All other activities available at request</i>	Scrapbooking: A look back in Elder Center Time <i>Photos & Supplies Will be Provided</i> 11:00AM - 12:00PM 1:00PM - 3:00PM Activities Room	Open Activities: Exercise Equipment: Treadmill, Stationary Bikes Pool Table - Table Tennis TV/Movies <i>All other activities available at request</i>	AARP: Safe Driver Course Presented by Ron Sarracino 12:30PM
2/11/2019	2/12/2019	2/13/2019	2/14/2019	2/15/2019
Chair Yoga 10:30AM - 11:30AM Activities Room Presented by: Shanti Yoga	Commodities Distribution #1 8:30AM - 3:30PM Coffee & Commodities Activities Room 	Open Activities: Exercise Equipment: Treadmill, Stationary Bikes Pool Table - Table Tennis TV/Movies <i>All other activities available at request</i>	Mass Activities Room - 11:30AM Valentines Shuffle! 1:00PM - 3:00PM See Flyer for More Information	Open Activities: Exercise Equipment: Treadmill, Stationary Bikes Pool Table - Table Tennis TV/Movies <i>All other activities available at request</i>
2/18/2019	2/19/2019	2/20/2019	2/21/2019	2/22/2019
 Elder Center Closed	Manzano Mesa Shuffleboard Exchange 10:30AM - 4:00PM 	Friendship Breakfast 9:00AM General Meeting 10:00AM Presenters: United Health Care & San Juan Center for Independence 	EARLY LUNCH - 11:00AM Monthly Outreach Community Training Topic: "What is a Caregiver?" 11:30AM - Activities Room STAFF MEETING - 12:30PM	February Birthdays Celebration 12:00PM - Dining Room Afternoon Movie & Snacks 1:00PM
2/25/2019	2/26/2019	2/27/2019	2/28/2019	
Open Activities: Exercise Equipment: Treadmill, Stationary Bikes Pool Table - Table Tennis TV/Movies <i>All other activities available at request</i>	Open Activities: Exercise Equipment: Treadmill, Stationary Bikes Pool Table - Table Tennis TV/Movies <i>All other activities available at request</i>	Afternoon Bingo 1:00PM Activities Room 	Commodities Distribution #2 8:30AM - 3:30PM Coffee & Commodities Activities Room Advisory Committee Meeting 9:00AM - Conference Room	