



Isleta Pueblo News

Volume 14 Issue 7

Pueblo of Isleta website: www.isletapueblo.com

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July 2019

Governor's Report

Ma ku wam

Greeting to everyone! I hope that you all are enjoying the wonderful weather. It is great to see that the summer programs have gotten off to a good start and that we are able to provide these services to our community.

I wish to thank all the families and friends who helped to make our Governor's Feast a wonderful event. The day was abundant with relatives, friends and plenty of good food. Also, thank you to the various departments who provided assistance with the preparations for the Governor's Feast.

The Feast of Kateri Tekawitha will be celebrated on Sunday, July 14, 2019 at Saint Augustine Church, with mass scheduled at 9:00am. A feast will be held after mass in the Religious Education Building, so please come out and join us for this celebration of faith.

The Isleta Tribal Council is initiating a project for the building of hornos for people who live in the main village (village proper). The plan is to hold a lottery for the first two projects. Each person selected must: 1) submit their name at the Governor's Office by July 19, 2019; 2) must reside in the village proper where the horno will be built. Only one horno will be built per household. Two projects will be selected for the first drawing.

Recently, we have been experiencing problems with door-to-door sales people on the reservation. At this time, we are not issuing any vendor permits for this type of sales. Make certain to safeguard your financial and personal information until you know the validity of the sales company. If you are uncertain of visitation by any sales people or feel that you have been scammed, please call the Isleta Police Department at 505 869-3030.

There are a couple of agencies that have legitimate business within the reservation who may come by your home and these are: US Department of Agriculture for the Agricultural Census and the US Census Bureau. Please make certain to check the credentials or identifications of these people.

I am hopeful that this newsletter reaches you in time, before the 4th of July Holiday. Fireworks are a great part of the celebration, and this year only "legal" fireworks will be allowed. Fireworks that are marked "Caution" are considered legal (read the package labels for warning). Fireworks are not allowed in the mountains, rangelands or bosque areas and will be strictly enforced. Any damages or run-away fire caused by fireworks will be the financial liability of the responsible adult. Call 505 869-3030 Isleta Police Dispatch to see if it is a burn or no-burn day.

Firework Safety - If you must use fireworks, please follow these firework safety tips:

- Fireworks should not be used on "Red Flag Warning" days, as these days indicate extreme risk for fires. To keep current, go to www.weather.gov
- What and where to buy -Always buy fireworks from local vendors.
- Have a water source close by
- Supervision - Always have an adult present and never allow children to use fireworks.
- Use caution - Always use fireworks outdoors on a paved area clear from homes, trees, vegetation, and other combustible materials.
- Follow directions - Always read and follow directions carefully. Only light one firework at a time then move away quickly.
- Disposal - Dispose of used fireworks in a bucket of water.
- Do not attempt to make your own fireworks. Homemade fireworks (for example, ones made of the powder from several firecrackers) can lead to dangerous and unpredictable explosions.

In closing, I wish you all a happy and safe 4th of July holiday.

Max A. Zuni - Governor

RESOLUTION NO. 2019-051

2019 PER CAPITA DISTRIBUTION AUTHORIZATION

DATE OF ENACTMENT: MAY 30, 2019

AMOUNT: \$2,000 Dollars PER MEMBER

ELGIBLE MEMBERS, ENROLLED NOT LATER THAN THE DATE OF ENACTMENT OF RESOLUTION.

DISTRIBUTION

SATURDAY, September 14, 2019, at the Isleta Main Recreation Center from 8am to 12pm (noon).

Thereafter:

Treasury Office located at the Isleta Tribal Service Complex on NM 47 (Isleta Resort & Casino Area)

Monday, September 16, 2019 to Friday, December 20, 2019 during work days, 8am to 4:30pm..

Distributions not claimed or pickup by December 20, 2019, will be void and no longer available.

This is inclusive of mailings requested by receipt of an ORIGINAL notarized statement.

WITHHOLDING OF DISTRIBUTIONS:

Up to 100% of the Distribution. deduction priority in the following order:

Child Support, court fines, civil restitutions, incarceration bills. Tribal Court judgements for housing payments, unpaid Conservation Service bills, or ditch dues. Additionally, any and all outstanding judgments, fines, bills, and/or payments due to the Pueblo, with listings provided as of August 14, 2019, shall be subject to this withholding.

IMPORTANT NOTICE

***from Isleta Tribal Court for
2019 Per Capita
Withholdings***

**If you have a Judgment for
Child Support
or Restitution a Motion to
Withhold must be submitted
to the Tribal Court**

Note: Per Capita garnishments are for existing Judgements ONLY, you will be notified by mail or personal service if your case requires a hearing

**Deadline to file:
Friday, July 12, 2019
at 4:30 p.m.**

★No Exceptions★

- Motion form can be picked up at the Tribal Court or found On-line
- Motion can be filed in person or by fax

For more info call (505) 869-9699

LETTER FROM THE EDITOR

DEADLINE for August Newsletter articles is set for Tuesday, July 23, 2019, at 4:30 pm. Articles may be dropped off at the Library or emailed to poi02002@isletapueblo.com. Should you email your article, expect a confirmation email. If you do not receive a confirmation email, odds are it never made it to me and then it's time to panic, so call Nate at 505.869.9808.

People who wish to submit an article or flyer are responsible for generating their own article or flyer. Should you need help, please call the Library at 505.869.9808 and set up a date and time to sit down with a Library staff member who will help you throughout the process. The Library will NOT accept notes dropped off at the Library or information over the phone to generate your article.

PROBATES need to be published in the Newsletter for two consecutive months. Probates are considered court documents, therefore, all submitters must provide: 1) Name of Deceased, 2) Date of Deceased 3) Court Case # and 4) Date of Court Date. A Probate form can be found on the Newsletter Archive page at <http://www.isletapueblo.com/newsletters.html>.

CLASSIFIED ADS: The new administration has requested that the Newsletter start a Classified Ad section for Tribal members selling land, houses, mobile homes, vehicles, and farm equipment. Leasing of houses and mobile homes will be accepted. Smaller items which can be sold at the local flea markets or weekly yard sales will NOT be accepted.

Currently, this service is FREE to Tribal members. Land, houses, and mobile homes must be within the reservation boundaries. Ads must meet the 160 character limit. Ads that exceed the 160 characters will NOT be submitted into the Newsletter. A single picture may be submitted with the ad. Submitters of classified ads are responsible for generating their own ads as this is a FREE service.

As a reminder, Tribal business owners may submit a small flyer at no charge. Like the classified ads, business owners are responsible for generating their own flyers as this is a FREE service.

Classified ads and business flyers will be posted no more than two consecutive months. In the event where the Newsletter may exceed the 24-page limit, classified ads and business flyers will be “bumped” for newsletter articles. Again, this is a FREE service for Tribal members.

The Isleta Newsletter is owned and operated by the Pueblo of Isleta. Therefore, the Governor of the Pueblo of Isleta has the final say of all articles and contents within the Isleta Newsletter.

For additional questions, you may call the Library and speak with Nate or Tara at 505.869.9808.

Thank you,
Nathaniel Lujan

Newsletters may be found at the sixteen distribution locations listed below. Remember, Digital copies of the Newsletter may be obtained from the Newsletter archive at <http://www.isletapueblo.com/newsletters.html>

The sixteen Newsletter distribution locations are:

- 1) The Administration Building (Governor’s Office): Receptionist Desk

2) Census Office: Receptionist Desk

3) Health Center: Lobby(Newsletter Stand)

4) Housing Department: Receptionist Desk

5) Department of Education: Receptionist Desk

6) New Recreation Center: Newsletter Stand

7) Old Recreation Center: Front Desk & Breakroom (Newsletter Stand)

8) Tribal Service Complex: Receptionist Desk

9) Tribal Service Complex: I.P.D. Dispatch Window

10) Tribal Service Complex: Tribal Courts Window


11) Elders Center: Receptionist Desk & Lunch Delivery

12) Head Start: Receptionist Desk

13) Library: Newsletter Stand

14) Ranchitos Park: Blue Box (see picture for example)

15) Old Head Start Complex: Blue Box (see picture for example)

16) Intersection of Tribal Road 82 & Tribal Road 84: Blue Box (see picture for example)
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PROBATE NEWS

SECOND NOTICE – A petition to Probate the Estate of Alfred R. Jiron, deceased December 17, 2018. Case No. CV-PR-0184-2019, has been filed with the Pueblo of Isleta Tribal Courts. Any person claiming an interest in the Estate may notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. A hearing on the matter is scheduled for **Wednesday, July 17, 2019 at 9:00 a.m.** Claims must be filed in writing with the Isleta Tribal Court Clerk, located at the Tribal Service Complex, 3950 Hwy 47 SE, Building A, Albuquerque, NM. Any questions regarding the matter may be directed to the Isleta Tribal Court Clerk at (505) 869-9699.

SECOND NOTICE – A petition to Probate the Estate of Marie D. Peigler (Lola), deceased July 08, 2018. Case No. CV-PR-0191-2019, has been filed with the Pueblo of Isleta Tribal Courts. Any person claiming an interest in the Estate may notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. A hearing on the matter is scheduled for **Tuesday, August 13, 2019 at 1:30 p.m.** Claims must be filed in writing with the Isleta Tribal Court Clerk, located at the Tribal Service Complex, 3950 Hwy 47 SE, Building A, Albuquerque, NM. Any questions regarding the matter may be directed to the Isleta Tribal Court Clerk at (505) 869-9699.


PUEBLO OF ISLETA HIGHER
EDUCATION PROGRAM

STUDENT
ORIENTATION

The Higher Education Program
will be having a Mandatory
Student Orientation for new
students and current students
that have not yet attended
orientation.
- When -
July 11th: 5:30 p.m.
July 13th: 10:00 a.m.
July 18th: 5:30 p.m.
- Where -
The Educational Complex
Department of Education


For More Information Please
Contact the Higher Education
Program:
LISA SMITH
SCHOLARSHIP COORDINATOR
OR
JOHNNA SHIJE
SCHOLARSHIP ASSISTANT

Phone: (505)869-9790




LOS LUNAS YOUTH BASKETBALL LEAGUE

Serving the community of Los Lunas for over 25 years!



REGISTRATION STARTS
July 4th, 2019



KICK-OFF HOLIDAY SPECIAL
JULY 4th- 7th ONLY!!
\$55
FOLLOW and LIKE
Us on FB "LLYBL"

Keep a look out!!
LLYBL will be in the
4th of July Parade
and located at the DF
Park during the 4th of
July Celebration.

www.llybl.net*(505)916-1120*llyblleague@gmail.com



Updated:6 / 13/ 2019 (Internal Posting in BOLD) www.isleta.com

REQ	TITLE	DEPARTMENT	REMOVAL DATE
2058BR	TRAINING & DEVELOPMENT MANAGER	HUMAN RESOURCES	Internal 06/14/2019 External 06/21/2019
2059BR	TRAINING SPECIALIST	TRAINING	Internal 06/14/2019 External 06/21/2019
2060BR	RECREATION ATTENDANT	FUN CONNECTION	Internal 06/19/2019 External 06/26/2019
2062BR	TABLE GAMES FLOOR SUPERVISOR	TABLE GAMES	Internal 06/17/2019 External 06/24/2019
2063BR	TABLE GAMES DEALER (Part Time)	TABLE GAMES	Internal 06/17/2019 External 06/24/2019
2064BR	CASHIER SERVER - F&B CHILLS	F&B CHILL COFFEE BAR	Internal 06/19/2019 External 06/26/2019
2065BR	ROOMSERVICE CASHIER	F&B TIWA	Internal 06/19/2019 External 06/26/2019
2066BR	TIWA BARTENDER	F&B TIWA	Internal 06/19/2019 External 06/26/2019
2068BR	GROUNDKEEPER	GOLF COURSE MAINTENANCE	Internal 06/20/2019 External 06/27/2019
2061BR	IRRIGATION TECHNIICAN	GOLF COURSE MAINTENANCE	Internal 06/20/2019 External 06/27/2019
2067BR	COUNT SUPERVISOR	COUNT	Internal 06/19/2019 External 06/26/2019
1927BR	ADMISSIONS/ISSUE CLERK	BINGO	01/01/2020 or until filled
1963BR	PAYMASTER	BINGO	01/04/2020 or until filled
2005BR	MACHINE TECH-COUNT	COUNT	01/01/2020 or until filled
1750BR	CUSTODIAN (GRAVEYARD)	CUSTODIAL	09/27/2019 or until filled
1751BR	CUSTODIAN (GRAVEYARD)	CUSTODIAL	09/27/2019 or until filled
1749BR	CUSTODIAN (SWING)	CUSTODIAL	09/27/2019 or until filled
1998BR	BAKER I	F&B BAKERY	06/06/2020 or until filled
1753BR	FOOD ATTENDANT (BEVERAGE)	F&B BINGO SNACK BAR	01/04/2020 or until filled
1757BR	FOOD ATTENDANT (BEVERAGE)	F&B BINGO SNACK BAR	01/04/2020 or until filled
1805BR	FOOD ATTENDANT (BEVERAGE)	F&B BINGO SNACK BAR	01/04/2020 or until filled
1570BR	BANQUET SERVER (on-call)	F&B CATERING BANQUETS	10/31/2019 or until filled
1855BR	COOK I	F&B CATERING BANQUETS	01/04/2020 or until filled
1918BR	BARBACK-CENTER BAR	F&B CENTER BAR	01/01/2020 or until filled
1870BR	COOK I	F&B DELI	01/04/2020 or until filled
1871BR	COOK I	F&B DELI	01/04/2020 or until filled
1964BR	COOK I	F&B DELI	01/04/2020 or until filled
1965BR	COOK I	F&B DELI	01/04/2020 or until filled
1966BR	COOK I	F&B DELI	01/04/2020 or until filled
1967BR	COOK I	F&B DELI	01/04/2020 or until filled
1986BR	COOK I	F&B DELI	01/04/2020 or until filled
1987BR	COOK I	F&B DELI	01/04/2020 or until filled
1988BR	COOK I	F&B DELI	01/04/2020 or until filled
1989BR	COOK I	F&B DELI	01/04/2020 or until filled
1990BR	COOK I	F&B DELI	01/04/2020 or until filled
1991BR	COOK I	F&B DELI	01/04/2020 or until filled
1933BR	COOK II	F&B DELI	01/01/2020 or until filled
1934BR	COOK II	F&B DELI	01/01/2020 or until filled
1992BR	COOK II	F&B DELI	01/04/2020 or until filled
1993BR	COOK II	F&B DELI	01/04/2020 or until filled
1994BR	COOK II	F&B DELI	01/04/2020 or until filled
1995BR	COOK II	F&B DELI	01/04/2020 or until filled
1800BR	FOOD ATTENDANT	F&B DELI	01/04/2020 or until filled
1801BR	FOOD ATTENDANT	F&B DELI	01/04/2020 or until filled
1802BR	FOOD ATTENDANT	F&B DELI	01/04/2020 or until filled
1804BR	FOOD ATTENDANT	F&B DELI	01/04/2020 or until filled
1974BR	FOOD ATTENDANT	F&B DELI	01/04/2020 or until filled
1975BR	FOOD ATTENDANT	F&B DELI	01/04/2020 or until filled
1976BR	FOOD ATTENDANT	F&B DELI	01/04/2020 or until filled
1977BR	FOOD ATTENDANT	F&B DELI	01/04/2020 or until filled
1978BR	FOOD ATTENDANT	F&B DELI	01/04/2020 or until filled
1979BR	FOOD ATTENDANT	F&B DELI	01/04/2020 or until filled
1980BR	FOOD ATTENDANT	F&B DELI	01/04/2020 or until filled
1981BR	FOOD ATTENDANT	F&B DELI	01/04/2020 or until filled
1982BR	FOOD ATTENDANT	F&B DELI	01/04/2020 or until filled
1983BR	FOOD ATTENDANT	F&B DELI	01/04/2020 or until filled
1984BR	FOOD ATTENDANT	F&B DELI	01/04/2020 or until filled
1985BR	FOOD ATTENDANT	F&B DELI	01/04/2020 or until filled
1868BR	FOOD ATTENDANT (BEVERAGE)	F&B DELI	01/04/2020 or until filled
1869BR	FOOD ATTENDANT (BEVERAGE)	F&B DELI	01/04/2020 or until filled
1872BR	COOK I	F&B EMPLOYEE DINING	01/04/2020 or until filled
2000BR	EDR ATTENDANT	F&B EMPLOYEE DINING	01/01/2020 or until filled
1522BR	RESTAURANT CHEF	F&B EMPLOYEE DINING	01/04/2020 or until filled
1901BR	OFF-SITE ATTENDANT	F&B FUN CONNECTION	01/04/2020 or until filled
1867BR	COOK - PREP KITCHEN	F&B PREP KITCHEN	01/04/2020 or until filled
2036BR	COCKTAIL WAITRESS SPORTS BAR	F&B SPORTS BAR	05/28/2020 or until filled
2057BR	COCKTAIL WAITRESS SPORTS BAR	F&B SPORTS BAR	06/18/2019
1944BR	CASHIER -F&B STEAKHOUSE	F&B STEAKHOUSE	01/01/2020 or until filled
1631BR	SERVER - STEAKHOUSE	F&B STEAKHOUSE	01/01/2020 or until filled
1834BR	COOK I - TIWA	F&B TIWA	01/01/2020 or until filled
1939BR	COOK I - TIWA	F&B TIWA	01/01/2020 or until filled
1940BR	COOK I - TIWA	F&B TIWA	01/01/2020 or until filled
1941BR	COOK I - TIWA	F&B TIWA	01/01/2020 or until filled
1942BR	COOK I -TIWA	F&B TIWA	01/01/2020 or until filled
1860BR	COOK II	F&B TIWA	01/04/2020 or until filled
1397BR	SERVER - TIWA	F&B TIWA	01/04/2020 or until filled
1468BR	SERVER - TIWA	F&B TIWA	01/04/2020 or until filled
1936BR	SERVER - TIWA	F&B TIWA	01/01/2020 or until filled
1914BR	TIWA BUSER	F&B TIWA	01/01/2020 or until filled
1960BR	HDC SPECIALIST	F&B UTILITY	01/04/2020 or until filled
1961BR	HDC SPECIALIST	F&B UTILITY	01/04/2020 or until filled
1962BR	HDC SPECIALIST	F&B UTILITY	01/04/2020 or until filled
1911BR	STEWARD	F&B UTILITY	01/01/2020 or until filled
1935BR	STEWARD	F&B UTILITY	01/01/2020 or until filled
1958BR	STEWARD	F&B UTILITY	01/04/2020 or until filled
1959BR	STEWARD	F&B UTILITY	01/04/2020 or until filled
2018BR	ELECTRICIAN II	FACILITIES MAINTENANCE	01/01/2020 or until filled
1854BR	HVAC TECH II	FACILITIES MAINTENANCE	01/04/2020 or until filled
1826BR	LANDSCAPE SUPERVISOR	FACILITIES MAINTENANCE	01/04/2020 or until filled
1725BR	PLUMBER	FACILITIES MAINTENANCE	01/04/2020 or until filled
1922BR	BOWLING & RECREATION MECHANIC	FUN CONNECTION	01/01/2020 or until filled
1904BR	COUNTER RECREATION CASHIER	FUN CONNECTION	01/01/2020 or until filled

REQ	TITLE	DEPARTMENT	REMOVAL DATE
1886BR	HEAD GOLF PRO	GOLF COURSE OPERATIONS	01/04/2020 or until filled
2035BR	AGENT NIGHT - FRONT DESK	HOTEL FRONT DESK	01/04/2020 or until filled
2050BR	AGENT-FRONT DESK	HOTEL FRONT DESK	06/17/2019
1781BR	ATTENDANT LAUNDRY	HOTEL HOUSEKEEPING	01/04/2020 or until filled
2025BR	HEAVY DUTY TECHNICIAN-HOUSEKEEPING	HOTEL HOUSEKEEPING	01/04/2020 or until filled
1925BR	HOUSEPERSON	HOTEL HOUSEKEEPING	01/04/2020 or until filled
1999BR	LOBBY PORTER	HOTEL HOUSEKEEPING	01/04/2020 or until filled
1924BR	ROOM ATTENDANT	HOTEL HOUSEKEEPING	04/16/2020 or until filled
1954BR	ROOM ATTENDANT	HOTEL HOUSEKEEPING	04/16/2020 or until filled
2056BR	ROOM ATTENDANT	HOTEL HOUSEKEEPING	06/17/2019
1892BR	ROOM INSPECTOR	HOTEL HOUSEKEEPING	01/04/2020 or until filled
2051BR	IT MANAGER - APPLICATIONS	IT	06/16/2019
2026BR	IT SPECIALIST I	IT	01/04/2020 or until filled
2053BR	NETWORK ADMINISTRATOR	IT	06/09/2020 or until filled
2054BR	NETWORK SYSTEMS ADMINISTRATOR	IT	06/09/2020 or until filled
1921BR	LAKES GROUNDKEEPER	LAKES	01/01/2020 or until filled
2010BR	SLOTS FLOOR ATTENDANT	PALACE WEST	01/01/2020 or until filled
2055BR	ATTENDANT RETAIL	RETAIL MAIN	06/17/2019
2042BR	RETAIL SUPERVISOR	RETAIL MAIN	01/01/2020 or until filled
1405BR	SECURITY OFFICER I	SECURITY	01/01/2020 or until filled
1406BR	SECURITY OFFICER I	SECURITY	01/01/2020 or until filled
1418BR	SECURITY OFFICER II	SECURITY	01/01/2020 or until filled
1419BR	SECURITY OFFICER II	SECURITY	01/01/2020 or until filled
1420BR	SECURITY OFFICER II	SECURITY	01/01/2020 or until filled
1500BR	SECURITY OFFICER II	SECURITY	01/01/2020 or until filled
1501BR	SECURITY OFFICER II	SECURITY	01/01/2020 or until filled
1453BR	SLOTS FLOOR TECHNICIAN	SLOTS	01/01/2020 or until filled
1955BR	SLOTS FLOOR TECHNICIAN	SLOTS	01/01/2020 or until filled
1454BR	SLOTS LAB TECHNICIAN	SLOTS	01/01/2020 or until filled
2020BR	SURVEILLANCE AGENT	SURVEILLANCE	01/01/2020 or until filled
2048BR	SURVEILLANCE AGENT	SURVEILLANCE	01/01/2020 or until filled
2046BR	SR. MANAGER OF TABLE GAMES	TABLE GAMES	06/16/2019
1821BR	VALET ATTENDANT	VALET	01/04/2020 or until filled
1875BR	VALET ATTENDANT (graveyard)	VALET	01/04/2020 or until filled
1878BR	VALET ATTENDANT	VALET	01/04/2020 or until filled
1874BR	VALET ATTENDANT(graveyard)	VALET	01/04/2020 or until filled

Position Posting	Office Location	Closing Date
AQUATICS COORDINATOR - REPOSTED	Recreation	06/17/2019
BUS DRIVER (Part Time)	Head Start/Early Head Start/Child Care	06/28/2019
CLINICAL THERAPIST	Health-Behavioral Health	06/27/2019
COURT CLERK	Tribal Court	Open Until Filled
INTERNAL AUDITOR	Gaming Regulatory Agency	06/27/2019
ROADWAY MAINTENANCE WORKER I	Public Works	06/21/2019
MEDICAL RECORDS CLERK	Health-Medical Records	06/27/2019
PROJECT COORDINATOR	Social Services	06/14/2019
CHILD CARE PROVIDER	Head Start/Early Head Start/Child Care	06/28/2019
CARPENTER - REPOSTED	Housing Authority	Open Until Filled
CARPENTER (Temporary Full Time)	Housing Authority	Open Until Filled
CHS CLERK I	Health Center	06/13/2019
COMMERCIAL ELECTRICIAN - REPOSTED	Public Services/Utilities Division	Open Until Filled
COMMUNITY HEALTH NURSE - REPOSTED	Health Center	Open Until Filled
CONSTRUCTION PROJECT MANAGER (2 Positions)	Planning Department	Open Until Filled
DESIGN & CONSTRUCTION DIVISION MANAGER - REPOSTED	Public Services/Design & Construction	Open Until Filled
EDUCATION ASSISTANT	POI Elementary School	Continuously Accepting Applications
ENVIRONMENTAL TECHNICIAN	Environmental Department	Within Only, Open Until Filled
FITNESS INSTRUCTOR	Recreation Center	06/13/2019
GRANT & CONTRACT ADMINISTRATOR - AMENDMENT	Administration	Open Until Filled
HEAD LIFEGUARD - REPOSTED	Recreation Center	Open Until Filled
HOME OWNERSHIP COUNSELOR	Housing Authority	06/11/2019
HUMAN RESOURCES RECRUITMENT SUPERVISOR	Human Resources	Open Until Filled
LIFEGUARD (2 Positions) - REPOSTED	Recreation Center	Open Until Filled
LIFEGUARD (3 Positions - 30 hrs. per week) - REPOSTED	Recreation Center	Open Until Filled
LIFEGUARD (Part Time - 20 hrs. per week) - REPOSTED	Recreation Center	Open Until Filled
OPTOMETRIST	Health Center	Open Until Filled
PAINTER - REPOSTED	Housing Authority	Open Until Filled
PC TECHNICIAN II	MIS	06/25/2019
PERSONAL CARE SERVICE AIDE (Occasional)	Elder Center	Continuously Accepting Applications
PHYSICIAN	Health Center	Open Until Filled
PHYSICAL THERAPIST	Health Center	06/04/2019
PLUMBER - REPOSTED	Housing Authority	Open Until Filled
POLICE OFFICER - REPOSTED	Police Department	Open Until Filled
PROBATION/CHILDREN's INTERVENTION PROBATION OFFICER	Tribal Court	Within Only, 06/05/2019
REGISTERED NURSE (Part Time, 6 hrs. per week) -AMENDMENT	Health Center	Open Until Filled
SEPTIC TRUCK DRIVER	Public Services Division	06/13/2019
SPECIAL EDUCATION TEACHER - REPOSTED	Head Start/Early Head Start/Child Care	06/28/2019
TEACHER	POI Elementary School	Continuously Accepting Applications
TEACHER (Substitute Positions)	POI Elementary School	Continuously Accepting Applications
TIWA LANGUAGE COORDINATOR	Department of Education	Within Only, Open Until Filled
TIWA LANGUAGE TEACHER	POI Elementary School	Open Until Filled
TRUANCY COORDINATOR	Truancy	Within Only, 06/13/2019
VETERAN SUPPORT SERVICE PROGRAM MEMBER	Elder Center	Open Until Filled



Want to earn your HiSET/GED
The Pueblo of Isleta Adult Education can help.

The Adult Education Program can provide you with the following services:

- Placement in HiSET/GED classes
- Basic school supplies
- Resources for adult learners
- Pretesting and testing services

Upon completion of the GED program, these services are available:

- Employability skills
- Transition into Higher Education

Contact Information:
Valerie Keryte, Adult Education Coordinator
Phone: (505) 869-9790,
Email poi02001@isletapueblo.com

Department of Education Robotics - Coding & Lego Connects in July

Summer School at the Albuquerque Academy has been a wonderful experience for our students. It is awesome to see many of our students energized and excited about learning, and ready to go back the next day.

Thank you parents for making a difference in your sons' and daughters' education.

Kids develop better social skills and show improved behavior when their parents are involved at school. Research shows that parent involvement can help improve the quality of schools, and raise teacher morale.

Please review your son/daughter's theme for the week and note the field trip days. Please talk with teachers, parents are always welcome to chaperone on our field trips.

July 1st — 5th there will be no summer program, enjoy the week and come back energized for more technology and learning.

Wednesday, July 17th, we will have "Open House from 3:00 — 4:30 for Johnson O'Malley and the Language Program at the Isleta Elementary School. Projects will be displayed along with several dance presentations in the gymnasium at 3:45. All projects can be taken home after our open house. Thursday, July 18th will be the last day of our summer program. All students and staff will be off to see an afternoon game at the Isotopes Stadium.

Have a happy and safe summer! Get rested and ready to go in August! Thank you for making a difference in your child's education.

*Marian Serna, Director
Department of Education*



PUEBLO OF ISLETA HIGHER EDUCATION PROGRAM

Scholarship Application Deadline is: July 1st for Fall Term 2019!

The deadline for all Other Required Documentation is due AUGUST 31st, for the Fall Term 2019

Do not forget to get your Class Schedule and Degree Plan Signed by your Academic Advisor

Contact the Higher Education Program:
Lisa Smith Scholarship Coordinator or
Johnna Shije Scholarship Assistant
(505)869-9790



**<Code
Talkers/>**

Introduction to Robotics and Coding July 8-10, 2019

Codetalkers is partnering with the Department of Education and its summer program to offer students a new course, "Introduction to Robotics and Coding."

This week-long program in July will provide 3rd to 8th-grade students an opportunity to set up and program their own robot with step-by-step instructions and examples of programming processes.

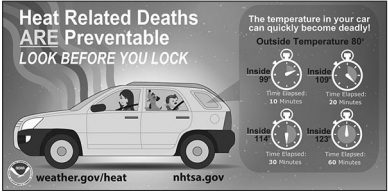
Students will pair in teams of two and work together on the app-enabled robot Sphero SPRK+ using its draw and drive commands as well as scratch blocks. The 6th-8th graders will also be introduced to more advanced coding using JavaScript commands.

These hands-on courses will provide students a foundation on how robots work, how they are programmed and provide resources to encourage continued learning in coding.

After July, this partnership will extend beyond the summer program to older grades and professional development for tribal school teachers and administration. This is a meaningful partnership between Codetalkers and the Pueblo of Isleta as the co-founders are both tribal members.

ISLETA POLICE DEPARTMENT NEWSLETTER

It seems summer has arrived as the temperatures are steadily climbing upward. With temperatures rising please do not leave children unattended in parked vehicles. Keep in mind at 70 degrees on a sunny day, after a half hour, the temperature inside a car is 104 degrees. After an hour, it can reach 113 degrees. When temperatures outside range from 80 degrees to 100 degrees, the temperature inside a parked car in direct sunlight can quickly climb between 130 to 172 degrees.



Heat can be dangerous for pets as well, please ensure they have shade and plenty of water if they are outdoors for extended periods of time. Refrain from running/walking of your pet(s) on hot pavement as it can burn the sensitive pads on their feet.



Since our last newsletter the Police Department has added three new members to its family.



We welcome Christino Howlingcrane to the Isleta Communications Center. Christino transferred from the Isleta Truancy Department and is a community member of the Pueblo of Isleta. He graduated from the Native American Community Academy (NACA) in 2013. Christino is involved with traditional activities within the community, enjoys outdoor activities, and going to the gym.

The Police Department welcomes two cadets who are also community members of the Pueblo of Isleta, Janel Jojola and Leandra Abeita. As noted in last month's newsletter, Janel was a Detention Officer at the Valencia County Detention Center and Leandra was a Detention Officer at the Metropolitan Detention Center. They are currently going through training and will be attending the academy soon.



CONGRATULATIONS!



Officer Crystal Abeita has been promoted to Sergeant and was honored at a promotion ceremony on June 10, 2019 at the Isleta Police Department and was accompanied by her family members. Sgt. Abeita has been with this department for approximately seven years and has been a dedicated officer throughout her career. We congratulate you, Sgt. Abeita



FORMERLY CAMP TRIUMPH

The Isleta Camp formerly known as Camp Triumph for youth, is scheduled for July 16 through the 19th and applications will soon be available. This is a worthwhile program for the youth of the community and we hope to have a great turnout.

FROM THE DESK OF CHIEF STANLEY

The Police Department is holding a monthly "Meet and Greet/Coffee with the Chief" session in an effort to provide

information and updates on community events. The Police Department will be hosting a National Night Out scheduled for August 6 with time and place to be determined. National Night Out is an annual community-building campaign that promotes police-community partnerships and neighborhood camaraderie.

Chief Stanley would also like to warn community members of reports by other community members of sales representatives that have been encountered and are determined or adamant of selling their product. These individuals may insist of entering your home, but always be aware of the dangers of strangers in your home. If you are interested in the product, request for proper authorization permits to sell within the boundaries of the Pueblo of Isleta and proper identification to verify employment by company being represented.

POLICE AND FIRE OLYMPICS LAS VEGAS, NEVADA

The Isleta Police Department is anticipating taking a team to represent Isleta in the Police and Fire Olympics in Las Vegas, Nevada. We are asking for your support by participating in the Bowling Fundraiser scheduled for Saturday, July 13, 2019 at Skidmore's Holiday Bowl. We appreciate your participation and/or donations.



Bowling Tournament Fundraiser

9-PIN NO TAP
4 MEMBER TEAMS
\$25 PER PERSON (\$100 TEAM)

HELP ISLETA POLICE DEPARTMENT SEND REPRESENTATION TO THE POLICE OLYMPIC GAMES IN LAS VEGAS, NV

@ SKIDMORE'S HOLIDAY BOWL
7515 LOMAS BLVD NE
ALBUQUERQUE, NM 87110
JULY 13, 2019
REGISTRATION: 8:30 AM
TOURNAMENT STARTS: 9:00 AM
CONTACT: SHARON (505) 382-3459

NAME OF TEAM: _____
CONTACT MEMBER: _____
CONTACT NUMBER: _____
PAYMENT: _____

Made with PosterMyWall.com

ISLETA RECREATION CENTER



The Isleta Recreation hosted the annual N.A.C.A. Pow-Wow. We had many visitors come in to watch to the dancers perform and listen to the music. It was an all-day event with concession selling delicious fry bread!!

Parks and Recreation Crew: The crew has been a doing awesome job cleaning up the Isleta Head Start area, keeping up with the baseball fields and other projects that were added for the summer.



Before Clean up



After Clean Up

Summer Recreation Program News:

Two weeks into the summer program!! Children are doing a lot here at Summer Rec. They have done science activities such as tie-dying shirts, lava lamps, making volcanoes, and slime making. Children learned how to make cupcakes, brownies, rice crispies treats, and their favorite smores!! Other crafts they have made are bird houses by using their milk cartons from lunch, paracords bracelets, and pottery making. Children have been to several fieldtrips such as the Natural History Museum, Explora, Ninja Force, Dollar Movies, and to Cliff's. While the children are here at the Rec, they are doing different types of exercises and games with our Fitness team, Thomas and Kyle. The children have been getting some Tiwa time with their groups and are picking up a few words every day.



The younger groups had the opportunity to hear two stories from Governor Zuni when they visited during their nature walk to the Governor's office.

Groups 4 & 5/6 & 7: Science Days: Children learned the process of mixing a concoction to erupt a volcano. They also learned that lava rocks come from the volcanoes and that we use them to build our bread ovens. Another science project was making tie dying shirts. Children were able to add colors and twist the shirt it into a spiral form and see the final product.



Group 8 & 9: Culture Day at Jemez Historic Site. The site is one location that protects the ancient village of Gisewa and the church. Children got to stand at the San Jose De Los Jemez mission church, then went to enjoy and play in the Jemez Springs.



Kenny Thomas visits Rec Program:

We had a very special visitor in our facility on Monday, June 10th. Kenny Thomas, former Lobo Men’s basketball and NBA player visited the Summer Rec Program and talked with our participants. He answered lots of questions that the kids had such as, have you played against Michael Jordan? He answered with, “yes!” They also asked if he played against the very popular Stephen Curry, however Kenny Thomas has been retired from the NBA for a number of years but he did play against his father, Dell Curry. We are very grateful that the kids received this amazing opportunity!



Annual Summer Rec Program Training:

Our summer training for the youth WIAO and regular Rec. staff consisted of First Aid & CPR training with the Isleta Casino & Resort, defensive driving with the Isleta Police Department, and Good Touch / Bad Touch discussions with the Social Services Department. We also went over cleaning techniques and schedules for the Recreational Center and its many activity vans. WIAO workers went over the summer calendar activities with the Recreational leads in an effort to help create a smooth operational summer recreation program.



Notice! Notice!
Recreation Summer Hours Change

Recreation Summer Hours

Effective June 17th, 2019
Monday - Thursday Hours 6:00am - 8:00pm
Friday Hours 6:00am - 6:00pm
Saturday Hours 7:30am - 4:00pm

Pickle Heights Recreation Location Hours
Hours will still remain the same.

Monday - Thursday 3:30am - 8:00pm
Friday 3:30am - 6:30pm

Isleta X-Country
Preseason

- Pre-registration has begun!
 - Come to the Isleta Rec Center to pick up a registration packet
 - July will have practices on Monday, Wednesday, and Fridays at 6:15 p.m. at the Rec Center
 - Open to grades K - 6th
- For more information call the Rec Center at : (505) 869-9777



Pueblo of Isleta Public Library

We hope the summer has been treating you well so far. Keep yourself, your family and pets hydrated during these hot days! A friendly reminder not to leave children, elderly, or pets in a vehicle. A “quick visit” to the library can easily turn into a long one if you run into an old friend. Anything can happen in a matter of minutes, especially in the heat. We want our patrons to be safe. Enjoy the rest of the summer!

News

In observance of the Fourth of July the Library will be closed on Thursday, July 4th. Library media checked out on Tuesday July 2nd will be due on Friday, July 5th. If you need renew library material, please remember that you can renew using our Librista Mobile App. Have a safe and fun Fourth of July! Notices and reminders will be posted in the Library and on our Facebook page and SnapChat. There will be no Summer Reading Program (SRP) from July 1st-5th. Enjoy your Fourth of July week. We will resume SRP on July 8th.

Snakes have been spotted slithering around the Library/Education Complex. Watch where you step, have lunch and sit down. Please report any snake sightings to either the Library front desk or DOE front desk. We ask that you DO NOT try to handle the situation on your own due to reports of venomous snakes. Remember that little snakes are the most venomous and not as cute as they look. We will have Isleta Animal Control handle the situation whom have the proper equipment and strategies to properly handle snakes. Thank you in advance for your cooperation with this matter. We want everyone to be safe.

The Library has been busier than usual with summer programs taking place at the Library/Education Complex. Please be aware of your surroundings around the Library/Education Complex and community. The Library is the central hub for the Summer Meal Program for programs taking place in this area. Summer Reading Program at the Library, JOM, Language Programs, Summer Bridge, and Summer School at the Isleta Elementary School will be in session throughout the day. Along with the summer boost of children everywhere, construction will be taking place behind our complex and south of us in the housing area. Please be mindful and courteous while driving to and from our complex. Drive slowly, look both ways, and stay alert of children and families during the day. Please report any suspicious activity to the police at 505-869-3030.

Get a Library card with the Pueblo of Isleta Public Library and take advantage of our FREE services. We are a PUBLIC library and everyone is welcomed to use our services.



Freegal Music- Download the Freegal Music app or visit freegalmusic.com. Log in with your library card number and pin. Browse through 1,000's of Sony Music artists and download songs or music videos. Each library patron has 3 FREE download credits each week. Each patron has UNLIMITED music streaming with no skip limits or random ads pop-ups.



Renew online with the Librista App- Download the Librista app or visit isletapueblo.booksys.net/opac/pipl/index.

[html#menuHome](#). Log in with your library card number and pin. Browse our library catalog and see what is available. Create a book bag of items you would like to checkout. View your library account and see what loans you have, due dates, fines and renew library material at the push of a button. **Atrium on the go users can now download the Librista app for more features.**



Ebooks and Audiobooks- We have ebooks and audiobooks available to Pueblo of Isleta

Public Library patrons. Visit nm.overdrive.com or download the Libby app and log on with your library card number and pin. All patrons are allowed 4 loans per card. Read or listen to books from your mobile device or desktop.

Take advantage of these FREE services. If you are having trouble with any of the services listed above, we can assist you. Call the library at 505-869-9808 and set up a time with a librarian to help you set up, navigate, and download books to your mobile device or visit the library.

We are not only about books! Come check out our variety of Fitness Bags and Cake Pan Bags.

Fitness Bags: All bags are available with all necessary equipment and a variety of books to help you out. You must be 16 or older to check out a bag. All bags have a 1-week check out.

Sports Endurance: Hurdles, Agility Ladder, Perfect Push-Up and Quick Cones

In-Home Gym: Prenatal Yoga, Lean Body Circuits, Slim Sculpting, 10 Pounds down and Cardio & Conditioning

Cardio: Power Series Triple H DVD, Piloxing, Chair Resistance Band and Zumba Tone Up

If you have questions about our Fitness bags give us a call at 505-869-9808.

Cake Pans: All bags are available with a specialty cake pan, piping tips, disposable piping bags, decorating booklet, and instructions. You must be 18 and older to check out a bag. All bags have a 1-week check out. We have a variety of pans available such as: A football, a cross, dinosaur, heart, pumpkin, soccer ball, teddy bear, 3D Book, Gingerbread Man, Two Round pans, and a t-shirt cake pan. One bag per patron, 18 and over. All bags have a 1-week check out. For more information give us a call at 505-869-9808.

Upcoming

Summer Meal Program began on May 30th and will end on August 2nd. This meal program is sponsored by APS and Bernalillo County and offers free meals to ages 1-18 years old. Meals will be served at the Library in the Library Art Room. Breakfast will be served from 8am-9am and Lunch will be served from 11:30am-

1:00pm. All meals MUST BE eaten at the Library, no exceptions. If you have any questions regarding the Summer Meal Program please give us a call at 505-869-9808.

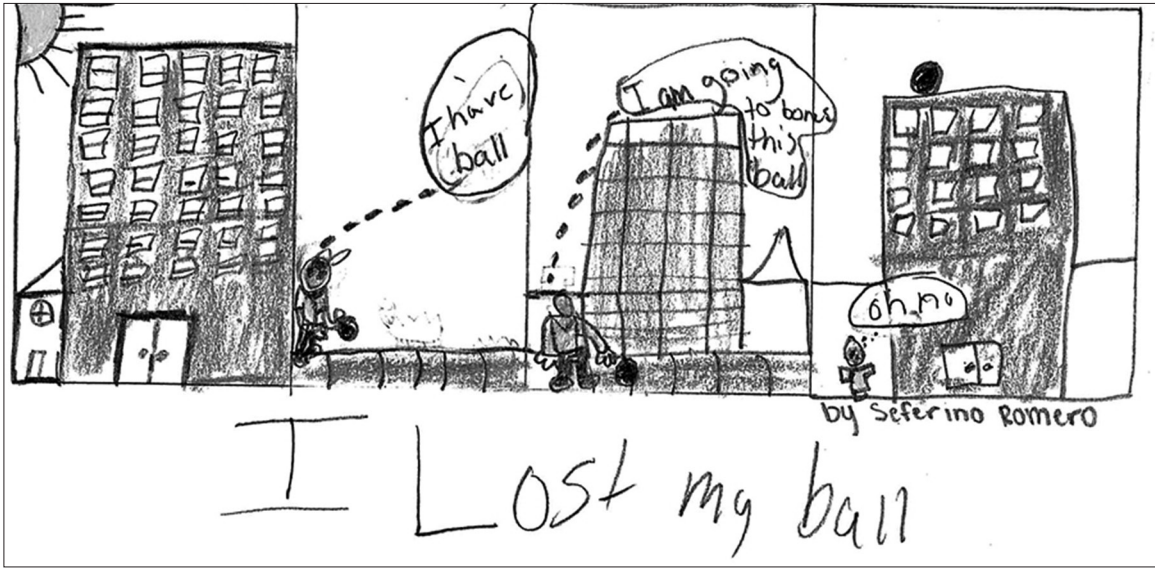
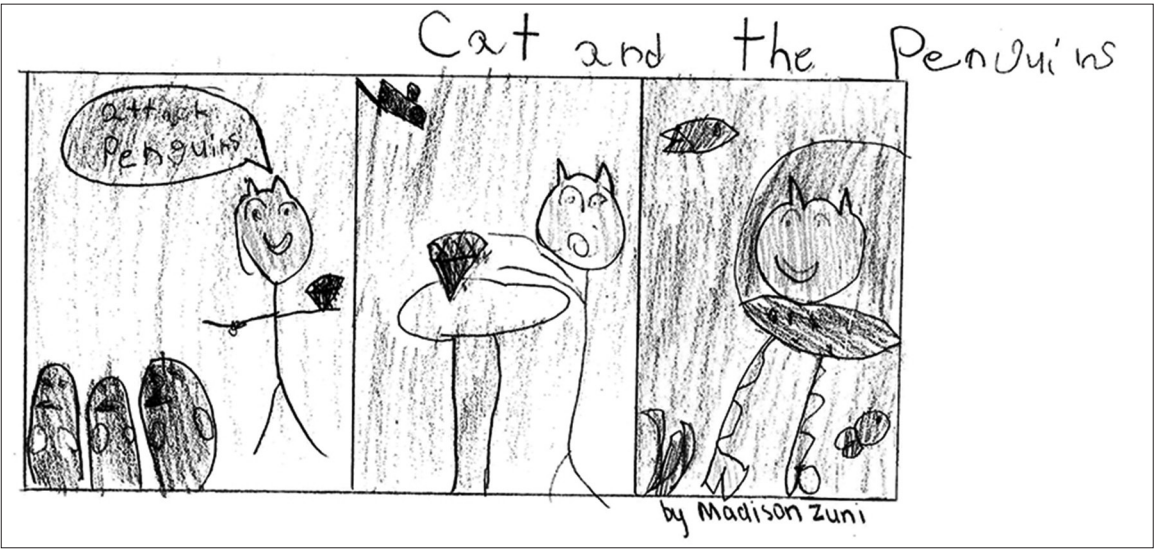
Recap

The first day of Summer Reading Program can be nerve racking for our Junior program but this year our students were very independent considering they are only between the ages of 3-6 years old. The Library staff presented the rules and made them feel comfortable by playing games such as hot potato and playing with a variety of toys. They have been working on two cardboard projects for the month of June. Their first cardboard project was a kitchen set including a refrigerator, sink, and stove. They were able to help design and put it together with duct tape, cardboard and paint. Their second cardboard project was making a cardboard car. They were able to customize it with their painting skills and added steering wheels on their box cars. At the end of the month of June they celebrated their new set of wheels with a “drive in movie” at the library and snow cones. They will be taking their final field trip on July 25th to the South Valley Aquatics Center and Dion’s.

Our Youth Program for ages 7-14 have been working in their group curriculums and reading groups. We separate our reading groups by age which gives us the opportunity to find a book in their reading level. The students read 30 minutes each day and then break up into their groups of interest. This year we had 5 curriculums for students to choose from during registration: Animals, Art, Film, Cooking and Travel. For their first major field trip they went to Main Event and had lunch at Fuddruckers. They were able to mingle with everyone and make new friends. Below are updates from each group.

Art: Our Art Group has worked on three projects so far and their creative side is shining. They went on a mini field trip to Bosquejos to learn Acrylic 101 and enjoyed a Frappuccino’s.





The group also learned how to make a comic strip which are featured in this month's newsletter.

Film: Our Film group has been learning how to do Tutorials. So far they have done two challenges and filmed it and took a field trip to Empire Board Game Library in Nob Hill to film and give it a review. Videos will be available to view on our Library YouTube Channel: [youtube.com/user/poilibrary](https://www.youtube.com/user/poilibrary).

Travel: Our Travel Group has traveled to Great Britain. They learned the culture, had a Tea Party, played tennis, and had a Harry Potter Day. They also visited Italy and learned the language, made pizza,

played soccer, and made Italian Cream Soda.



Cooking: Our Cooking group has been working on many recipes since they started and have been adding them to their recipe books. They also learned about different spices and how to use them.



Animals: Our Animal group learned about Shelter Animals and why they end up in the Shelter. The students made blankets to donate to pets in need at the Bernalillo County Animal Care Services. They finished off the month learning about Pets. They made a Pet Safe book of the do's and don'ts of having a pet what their pets can and cannot eat.



Our Youth Group is looking forward to many more activities and their final major field trip to Cliffs Amusement Park on July 26th.

Junior SRP Icebreaker week and Field Trip to A Park below and Peter Piper’s Pizza.



**Pueblo of Isleta Public Library
Hours of Operation**

Library Hours:
Mon-Thurs - 8:00a.m. - 6:30p.m.
Friday - 8:00a.m. - 4:30p.m.
Saturday - 9:00a.m. - 1:00p.m.

Closed on Sundays, all federally recognized Holidays and also Isleta traditional Holidays.
Please contact library for more information on closures.

Phone: 505-869-9808
Fax: 505-869-8119
Email: poi02002@isletapueblo.com
Facebook Page: www.facebook.com/IsletaPuebloLibrary
Web Address: www.isletapueblo.com/library2.html
YouTube: www.youtube.com/user/poilib
Pinterest: www.pinterest.com/poilib
Snapchat: poipubliclib



Heat Related Deaths ARE Preventable

LOOK BEFORE YOU LOCK

The temperature in your car can quickly become deadly!

Outside Temperature 80°

Inside 99° Time Elapsed: 10 Minutes	Inside 109° Time Elapsed: 20 Minutes
Inside 114° Time Elapsed: 30 Minutes	Inside 123° Time Elapsed: 60 Minutes

[weather.gov/heat](https://www.weather.gov/heat)

[nhtsa.gov](https://www.nhtsa.gov)

WE ARE HERE TO SERVE
Isleta Health Center Team

Fall Prevention

Remembering When Curriculum,
CDC/National Fire Protection Agency

Stephanie Barela, Health Educator, 869-4479

Have you ever fallen, or known someone who has fallen? Whether you were injured or not, you could develop of fear of falling, which could cause you to limit your activities, which leads to reduced movement or mobility and loss of physical fitness, which in turn increases your actual risk of falling (CDC). Falls are the most common cause of nonfatal injuries and hospital admissions for trauma, which actually can be prevented. Falls are usually an accident that could have been prevented. The “Remembering When” curriculum, from the National Fire Protection Agency, informs people the importance of fall and fire prevention, there is a list of Fall Messages that may help people prevent being-injured from falls.

Please review these tips to help lower you chances of being-injured in a fall:

1. Exercise Regularly:
- a. Exercise builds strength and improves your coordination and balance.

b. Tai Chi is exercise that has been proven to help reduce fall risk.

c. Ask your doctor about the best physical exercise for you.
2. Take your time.
- a. Get out of chairs slowly.

b. Sit a moment before you get out of bed.

c. Stand and get your balance before you walk.

d. Be aware of your surroundings.
3. Keep walking areas and stairs clear.
- a. Be sure to remove electrical cords, shoes, clothing, books, magazines, clutter.
4. Improve the lighting around your home
- a. Use nightlights to light the path between your bedroom and bathroom.

b. Turn on the lights before using the stairs.

c. See an eye specialist once a year.

• Keep flashlights or battery-operated lanterns close by.

• Make sure outdoor walkways are brightly lit at night.
5. Use non-slip mats in the bathtub.
- a. Use non-slips mats on shower floors.

b. Have grab bars installed on the wall in the tub and shower and next to the toilet.

c. Wipe up spills immediately
6. Be aware of uneven surfaces around the home.
- a. Throw rugs must have rubber, non-skid backing.

b. Smooth out wrinkles and folds in carpeting.

c. Be aware of uneven sidewalks and pavement outdoors.

d. Ask a friend to clear ice and snow from stairs and walkways.

e. Use handrails when available.
7. Stairways.
- a. Stairways should be well lit from both top and bottom.

b. Have easy to grip handrails installed along the full length of both sides of the stairs.
8. Wear sturdy, well-fitting shoes.
- a. Low-heeled shoes with non-slip soles are the best.

b. These are safer than high heels, thick-soled athletic shoes, slippers or stocking feet.



ISLETA HEALTH CENTER

COMMUNITY SUMMIT

&

FARMER'S MARKET

Saturday, August 17, 2019

9am-1:30pm

Isleta Religious Education Building

at St. Augustine Catholic Church.

(NOTE LOCATION CHANGE)

Farmers Market Following in Church Yard

Fresh Produce. Local Products.

Door Prizes, Drawings, Food,

T-Shirts and More

Learn Results of the Community Health

Assessment Survey

Please Contact


Stephanie Barela 869-4479

Growing A

Healthy Community

Sponsored by:

Isleta Health Center



ISLETA HEALTH CENTER

Farmer's Market

@ St. Augustine Church

Please complete form & Return to the Isleta Health Center

or e-mail form to sbarela@islclinic.net by July 31, 2019.

Space is limited.

Contact Stephanie with any questions at 869-4479.

Each booth will have 1 table & 1 chair, unless

otherwise requested. NO ELECTRICITY AVAILABLE.

What are you Selling?

Contact Person:

Phone #:

E-Mail:

Other:

Sponsored by:

Isleta Health Center

Please Contact

Growing A

Healthy Community

JOHNSON O’MALLEY

We are hoping that all our families and students are having a fabulous summer. Our end of the year bash was a success! Thank you to everyone who came out to collect their five free books from the JOM literacy night. Thank you Darryl Anzara for providing yummy Piccadilly’s to our families.

This year the JOM program has incorporated a STEAM curriculum for the Summer Bridge program. We have done some fun experiences in the past few weeks, students have done projects such as “Protect Yourself” where they had to create a safe cushion, using particular recycled materials for their egg and drop it at the same distance to see if their cushion protected their egg. Another project that was “smooth as ice”, a group of students made their own fudge and had to test their cooling rate to see which fudge created crystals faster, the one in the freezer or the one in the refrigerator. We also attended the New Mexico Museum of Natural History and Science for science week. While at the museum the students were able to go into the Planetarium to watch a show about the “Little Star That Could”, and the Dyna Theater to watch “Volcanos Alive” in 3D.



We are looking forward to our upcoming weeks of Summer Bridge where our students will be doing technology with LEGO education to learn robotics. The program will also be heading to Santa Fe to visit Meow Wolf during art week.



WABA | WORLD BREASTFEEDING WEEK 2019

Breastfeeding takes a community!

- 1. Inform people about the link between breastfeeding and gender-equitable social support/protection for parents
- 2. Anchor parent friendly and gender equitable values as social norms in order to support and protect breastfeeding
- 3. Engage with community organizations and person to person for a wide reaching impact
- 4. Galvanize action to increase access to gender-equitable social support in order to advance breastfeeding

What does this mean and what can we do?

Partners/Family-educate ourselves and each other about the links between parental leave, family friendly workplace practices, etc. and breastfeeding rates.

Community-disseminate breastfeeding information to the wider community and get involved in local government. Studies show that when parents are supported there is an increase in breastfeeding rates. Support includes adequate family leave for both parents, access to social safety nets and flexible workplace policies.

Workplace/Government-talk to your HR department at your workplace about the policies that support breastfeeding. Even if you aren’t pregnant or breastfeeding, let your workplace know that these policies are important and supported by the community. If you are in a management position consider how your organization supports families and how it can improve.

For more info visit www.worldbreastfeedingweek.org

World Breastfeeding Week Celebration

Who: Pregnant and breastfeeding moms and families, as well as community members interested in supporting breastfeeding

What: Annual Breastfeeding Celebration

When: Friday August 9th 11am-2pm

Where: Pueblo of Isleta WIC Office, 4 Sagebrush St, across from Isleta Health Center

Join us for free food, fun, and prizes!



St. Augustine Parish
Isleta Pueblo
Ministry of Consolation



MISSION STATEMENT

We are a ministry of consolation at St. Augustine Parish to offer spiritual comfort and support to families who have experienced the loss of a loved one. We will continue to honor and respect our traditional teachings.

OBJECTIVES:

- 1. To assist our spiritual leader in Christ with his duties to render pastoral care and/or services.
- 2. To assist families with hospitality and Christian fellowship after the liturgy and burial services when requested.
- 3. The bereavement group will offer informal continuing support.

With Sympathy
“In times of sorrow
God’s quiet waters of hope and
courage flow”

Pueblo of Isleta

6th Annual



July 13th 2019 Saturday

Environmental Fair

10am-3pm


Location: Isleta Rec Center
Environmental Exhibits
Earth Friendly Activities

Food and fun for the Whole Family!


Birds, reptiles, wildlife and much more!

SAVE THE DATE!

FOR MORE INFO PLEASE CALL THE PUEBLO OF ISLETA ENVIRONMENT DEPARTMENT AT 505-869-9819



Sponsored by
Isleta Diabetes Prevention Program
"Total Body Health"



Change Your Life

Class Starts
Tuesday, July 2, 2019

Earn Incentives

We will be there with you every step of the way!

6/22/19 through 6/28/19-Pre-Measurements
8/26/19 through 8/30/19-Post-Measurements

- 8 Week Program
- Personal Goal Setting
- Group Setting
- Circuit Training

Classes are held
Tuesday and Thursday Evenings
5:30pm-7:30pm

For more information or would like to join, please contact Travis Lente: 869-4595

WE ARE HERE TO SERVE
Isleta Health Center Team

UV Safety Awareness Month

https://www.va.gov/QUALITYOFCARE/education/UV_Safety_Awareness_Month.asp

Tanya Garcia, Isleta Health Center Optometry

Summer has arrived and while the sun is shining bright, it's a golden time to highlight July as UV Safety Awareness Month!

We all love to take in those warm summer rays, but everyone must remember to protect their skin and eyes from the damaging effects of the sun.

The sun emits radiation known as UV-A and UV-B rays. Both types can damage your eyes and skin:

- UV-B rays have short wavelengths that reach the outer layer of your skin
- UV-A rays have longer wavelengths that can penetrate the middle layer of your skin

By learning the risks associated with too much sun exposure and taking the right precautions to protect you and your family from UV rays, everyone can enjoy the sun and outdoors safely.

Here are the harmful things unprotected sun exposure can do:

- Cause vision problems and damage to your eyes
- Suppression of the immune system
- Premature aging of the skin
- Skin cancer

Fortunately, there are things you can do to minimize the risk that comes with sun exposure.

1. Cover Up: Wearing a Hat (preferably wide brimmed) or other shade-protective clothing can partly shield your skin from the harmful effects of UV ray exposure. Proper clothing may include long-sleeved shirts, pants, hats, and Sunglasses - for eye protection.

2. Stay in the Shade: The sun's glare is most intense at midday. Staying in the shade between the hours of 10 a.m. and 4 p.m. will further protect your skin. The sun can still damage your skin on cloudy days or in the winter. For this reason, it is important to stay protected throughout the year.

3. Choose the Right Sunscreen: This is extremely important. The U.S. Food and Drug Administration's (FDA) new regulations for sunscreen labeling recommend that your sunscreen have a sun protection factor (SPF) of at least 15, and should protect against both Ultraviolet A (UV-A) and Ultraviolet B (UV-B) rays.

4. Use the Right Amount of Sunscreen: According to the National Council on Skin Cancer Prevention, most people apply only 25-50 percent of the recommended amount of sunscreen. When out in the sun, it is important that you apply at least one ounce (a palm full) of sunscreen every two hours. You should apply it more often if you are sweating or swimming, even if the sunscreen is waterproof.

By taking the proper precautions and following this advice, you and your loved ones can enjoy the sun. If you are having any problems after being in the sun, be sure to talk to your healthcare provider.

Enjoy the outdoors this summer and remember to protect your eyes and the skin you are in!

Attention Grandparents!

Is your grandchild staying with you for the summer?
Are you looking for a quick and healthy lunch option for them?
Look no further! The Elder Center is going to provide YOU a free delicious meal & your grandchild will get one too! Mingle with peers and let your lunch time worries melt away!



The Elder Center in collaboration with BERNCO are excited to announce the **SUMMER LUNCH PROGRAM!**

The Summer Lunch Program Dates & Times:

Monday June 3 - Friday July 26, 2019

From 12:00PM - 1:00PM

Monday - Friday

Elder Center Dining Room



To ensure each child receives a meal, please call the Elder Center (505-869-9770) 24 hours in advance to secure a lunch meal!

Elders 55 Years of Age & Older will receive a FREE meal provided by the Elder Center	Children from the age 1 to 18 will receive a FREE meal provided by BERNCO
---	--

NO MEALS ARE ALLOWED TO LEAVE THE PREMISES

THERE WILL BE NO DELIVERY FOR CHILDREN MEALS

CHILDREN MUST BE WITH AN ELDER AT ALL TIMES DURING LUNCH

SANDIA

Resort & Casino

Invites You To The

2019 Native Senior Prom

Dinner & Dance

Thursday September 26, 2019

Event: 6:00PM—10:00PM
Dinner with Entertainment to Follow

Sandía Casino Ballroom

Menu Choice of: Thyme Roasted Chicken Breast OR New York Strip Steak	EVENT IS OPEN TO SENIORS 50 YEARS OF AGE & OLDER Dress to Impress: Theme: PROM ATTIRE
---	---

PRICE is \$25.00 Per Person

The Isleta Pueblo Tribal Administration is sponsoring 40 randomly selected attendees. Names will be drawn on 8/30/19

If your name was not drawn you must pay \$25.00 to the Elder Center before 9/5/19



Transportation Will Be Provided Upon Request

Call or Visit the Elder Center to Sign-Up!

If you are interested, there is a block of rooms reserved for this event.
\$89.00 for a Double Queen Room—YOU MUST MAKE RESERVATIONS IN ADVANCE & A CREDIT CARD WILL BE NEEDED FOR THE RESERVATION.
Call 505-796-7500 if you would like to make a reservation
BOOKING CODE: NATIVE SENIOR PROM

Healthy Cooking Class

Come join the Diabetes Team as we prepare a **Healthy Recipe!**


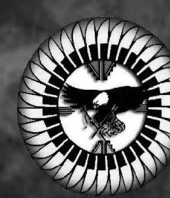


Wednesday, July 17, 2019


5:00pm-7:00pm

Located-Isleta Health Center Kitchen

For more information call: 869-4595



Sponsored by:
Isleta Diabetes Prevention Programs
"Total Body Health"



Put Your Best Foot Forward!



Podiatry Education Class

Tuesday, July 23, 2019

2:30pm-3:15pm

Located-Health Center Large Conference Room

For more information call: 869-4595



Sponsored by:
Isleta Diabetes Prevention Programs
"Total Body Health"

Head Start, Early Head Start, and Child Care

Important Dates

July 4, 2019- Independence Day (NO School)
July 12, 2019- Last day of program for Early Head Start & Child Care
*Water day will be every Friday until the end of the program July 12th



COME JOIN OUR PROGRAM!
APPLY NOW @ 02 SAGEBRUSH STREET ISLETA, NM 87022
CALL (505) 869-9796 TO SET UP AN APPOINTMENT




**ISLETA HEAD
START &
EARLY HEAD
START**

**Early Head Start: Prenatal-3 years old
(Home Based & Center Based Option)
Head Start: 3-5 years old**

You will need to bring **ALL** of the following:

- Proof of Child's Tribal Identification/CIB
- Proof of Residency
- Proof of Income (2018 W2s, 2018 Income Tax forms, 12 months of Check Stubs)
- Proof of Child's birth or Proof of pregnancy(Prenatal Home Based)
- Proof of Permanent Employment or School Schedule for Early Head Start Center Based ONLY

Sponsored by:
Isleta Diabetes Prevention Programs
"Total Body Health"



*Spring
into a healthier YOU
with a
Diabetes Class!*

Thursday, July 18, 2019
5:00pm-6:00pm

Located-At the Training Center
The Training Center is located West of the Clinic,
North of the Wellness Center

For more information call: 869-4595

Health Beat:
**Isleta Community
Health Needs Assessment,
Summit and Farmers Market**

Stephanie Barela, Health Educator
Phone: 505-869-4479

Have you completed Isleta Health Center's Community Health Needs Assessment? If not, you are in luck...the survey time has been extended until July 15th, so please help the Isleta Health Center improve the health of the community by completing the Survey. We are asking all Isleta community members to participate, this includes POI and Casino Employees. One survey per person, please.

The Isleta Community Assessment Survey can be accessed via www.IsletaPueblo.com or by completing the electronic survey monkey at <https://www.surveymonkey.com/r/IsletaCHA>. Or you can find a version in paper form at the Isleta Health Center, at the Governor's Office or at several other locations throughout the community.

Please return all completed surveys to the Isleta Health Center by **JULY 15, 2019**, then attend the Isleta Health Center Community Health Summit on August 17th from 9am-noon at St. Augustine Church, to learn about several topics that were on the survey, as well as to hear the results of the survey. This event will end at noon and a Community Farmer's Market will follow until 1:30pm.

Please contact Stephanie Barela @ 869-4479 with questions, to receive additional information or to pre-register for the event in order to reserve your T-Shirt, Bag or Apron.

THANK YOU!

Optometry Services



Optometry Services available to IHC Patients:

- Frame and lens selection
- Frame repair and adjustment
- Ordering glasses and contact lenses

Optometry will accept prescriptions for glasses and contacts from outside providers as long as the prescription is not expired.

If you have questions or concerns please contact Optometry services @869-4080

THANK YOU
-Isleta Health Center Optometry Department

Isleta Pueblo News



Editor:
Nathaniel Lujan
Asst. Editor:
Tara Abeita
Published By:
Valencia Express

Pueblo of Isleta Elderly Center

Mission Statement

To provide opportunities that involve and assist Seniors to improve their quality of life with dignity and to share their wisdom with the Community.

Phone Number (505) 869-9770
Fax Number (505) 869-7593

CONGREGATE MEALS (Community Dining) Individuals 55 years of age and older are welcome to enjoy lunch at the Center five days a week: 12pm to 1pm. We provide meals that meet the one-third daily RDA requirement. A full salad bar and drinks are included. For those under the age of 55, a friendly donation is required. Menus can be viewed in the Isleta Pueblo Newsletter.

HOME DELIVERED MEALS A hot lunch is offered to homebound elders age 60 and over with one or more ADLs or with a written doctor’s note that state he/she is homebound and is unable to cook for themselves and unable to attend the congregate meal site due to a health condition or disability.

CENTER ACTIVITIES The Elder Center is a great place to have fun and enjoy your day. We have a full schedule of activities that are planned each day. Activities such as arts & crafts, pottery, water colors, music, line dancing, exercise classes, games, puzzles, water therapy, field trips, bingo, special events, shopping trips, educational classes, intergenerational activities, and health education and screenings.

SENIOR OLYMPICS Year round practice is offered for the following Senior Olympic activities (for individuals age 50+): Air Gun, rifle and pistol; Archery; Basketball Free Throw; Bowling; 8 Ball Pool; Fun Events; Golf; Horseshoes; Race walk; Recreational Events; Road Race, 5K & 10K; Shuffleboard; Table Tennis; and Track & Field. Local competitions are held annually in April and May. Participants who place 1st, 2nd or 3rd in the local games are eligible to register for the New Mexico Senior State Games held annually in July. Participants are also able to qualify for the National Senior Olympic Games held every other year. Local games are offered every year March—May.

BENEFITS ASSISTANCE Provides assistance in application and referral to Public Resources: IPHA, Social Security, SSI, PNM Home Energy Checkup, Commodities, Medicare, and Human Services Department-Medicaid, Food Stamps, Cash Assistance, Low income Energy Assistance and SCHIP. Benefits assistance includes (but not limited to): obtaining, assisting, and submitting client application(s).

Isleta Elder Resource Room is filled with useful information from POI departmental news to outside resources. We also have videos and books that can be checked by visiting our Receptionist. We have a computer available to our Elders who wish to come in use for their convenience. Monthly activities and trips are advertised for all Elders to enjoy. Some of our activities require a sign-up, so come by and visit our Resource Room, located next to our Receptionist desk.

TRANSPORTATION Individuals 60 years of age and older or disabled adults can request transportation assistance for shopping, paying bills, post office visits, banking, medical appointments, hair appointments, and visiting neighbors/friends/family. Transportation is also provided to attend Center related activities or to have lunch here on site or to visit other tribal programs in which they need assistance. Transportation services must be requested 24 hours in advance by calling the Isleta Elder Center.

ADULT DAY SERVICES Individuals 60 years of age and older or an individual with one or more ADLs are welcome to attend ADC Monday thru Friday 9am to 3pm. Elders are transported daily to participate in a schedule filled with a breakfast, activities, snacks, special projects, exercising, and lunch. Variety of field trips are planned during the month.

HOME SERVICES Individuals 60 years of age or older can qualify for Home Services. Home Attendants provide services to clients 3 hours per week in the comfort of their home. Services include housekeeping: mopping, vacuuming, dusting, dishwashing, laundry and meal preparation, and Client Care Services: bathing, showering, dressing and grooming and medication reminders.

RESPITE CARE provides relief to the full-time caregiver of a frail homebound elder age 60 years of age or older who are unable to perform two or more Activities of Daily Living. Services include housekeeping in addition to personal care: bathing, showering, dressing, meal preparation and medication reminders.

PERSONAL CARE SERVICES PCS assists elders and/or disabled adults over the age of 21. PCS enables an individual to live in the comfort of their home and maintain the highest level of independence. PCS services are provided to qualified individuals five to seven days a week. The client has an option to choose a person to be their PCS Aide or one can be assigned to them. All PCS Aides will become an employee of the Pueblo of Isleta through Isleta Elder Center Personal Care Services. PCS Aides must successfully pass a Criminal History Screening and drug test. He/she must be eighteen years of age or older. In addition, a PCS Aide must become certified in First Aid and CPR and pass a written competency test within the first 30 days of hire.

PCS include but limited to: Mobility Assistance, Meal Prep. and Assistance, Household Services, Cognitive Functioning, Bathing/Hygiene/Grooming/SkinCare, Medication Reminders, Support Services, (i.e. transportation, shopping, errands, etc.)

LEGACY VETERAN’S SUPPORT The Veteran Support Service Program offers support services and/or Respite In-Home Care services for Veterans and or eligible military family members with 5 hours of services per week. A volunteer will provide home services, preparing meals, transportation (requested thru Isleta Elder Center), and guidance in light exercises which may include walking to maintain mobility. Companionship, storytelling, playing games and other leisure activities are also included. Members receive monthly training on a variety of topics such as: VA benefits, coping strategies, medical and physical intervention topics.

SENIOR COMPANION PROGRAM A Senior Companion helps frail elders 60 years of age and older live independently by providing support to family caregivers who assist elders with daily tasks. They encourage elders to remain active, provide a watchful eye, often develop a friendship that lasts a lifetime, and assist with daily tasks necessary to maintain an elder’s independence. Service hours are provided on an average from 3 to 5 hours a week.

CLIENT CARE COORDINATION Care Coordination is a comprehensive in-home assessment to determine the needs of frail elders or individuals with a need for services. The Operation’s Manager will meet with families to assess the needs of the individual and provide linkages of services and resources. Determine eligibility for services such as: Personal Care Services, Adult Day Care, Home Delivered Meals, Home Services, Senior Companion, Legacy Veterans Support, and other Public Resources.

CAREGIVER TRAINING is offered monthly to individuals who care for their loved ones.

FITNESS CORNER provides stationary bikes & treadmills for elders Monday thru Friday, 8am-4pm.

For more information to request any of our services listed, please call our Outreach Manager.

Isleta Health Center



Nursing Services Update

Beginning Monday, July 1, 2019, the Isleta Health Center Nurse Clinic will no longer accept walk-in appointments. In order to better serve you and provide the highest quality of service patients will be required to call and schedule an appointment in advance; scheduled appointments will allow the nursing staff to prepare for your visit and help expedite the process.

Nurse Clinic Hours: Mon., Tues., Wed., & Fri.: 9:00AM-11:30AM & 1:00PM-3:30PM. Thurs: 1:00PM-3:30PM.

If you need to make a nurse-only appointment, please call 869-4089.

Thank you
-Medical Dept.

MENU				
ISLETA ELDER CENTER				
JULY 2019				
Monday	Tuesday	Wednesday	Thursday	Friday
7/1/2019	7/2/2019	7/3/2019	7/4/2019	7/5/2019
Macaroni Stew Ground beef 3 oz Elbow pasta 1 c Stewed tomato 1/2 c Mixed vegetable 1/2 c Fresh fruit	4th of July Celebration Lunch starting at 12:00 	Tuna Salad Sandwich w/Grapes Tuna salad 3 oz WW bread slices = 56 g Golden mandarine salad 1/2 c Carrot coins 1 c		Taco Salad Ground beef 2 oz Shredded cheddar cheese 1 oz Shredded lettuce/tomato 1 c Black bean and corn 1/2 c Corn tortilla chips 1 oz Fresh fruit
7/8/2019	7/9/2019	7/10/2019	7/11/2019	7/12/2019
Chicken and Rice Soup Diced chicken 3 oz Brown rice 1 c Chateau vegetables 1 c WW crackers = 24 g Fresh fruit	Chef Salad w/CROUTONS Diced turkey 2 oz Shredded cheddar cheese 1 oz Romain mix 1 c Cucumber/tomato 1 c Fruit cup 1/2 c	QUARTERLY KITCHEN MEETING NO MEALS SERVED	Posole Pork 3 oz Red chile puree 1/2 c Hominy 1/2 c Wheat tortilla 6" Fruit crisp = 1/2 c fruit and 1 grain eq	Grilled Ham and Cheese Shaved ham 3 oz American cheese .5 oz Tomato soup 1/2 c Carrot sticks 1 c Fresh fruit
7/15/2019	7/16/2019	7/17/2019	7/18/2019	7/19/2019
Spaghetti with Meatsauce Ground beef 3 oz Marinara sauce 1/2 c WW spaghetti noodle 1/2 c Winter vegetable 1/2 c Fresh fruit	Green Chile Enchilada Chicken 2 oz Shredded cheddar cheese 1 oz Green chile 1/2 c Corn tortilla 2 oz Pinto beans 1/2 c Fresh fruit	BBQ Pork Pork 3 oz Baked beans 1/2 c Brussels sprouts 1/2 c WW roll = 56 g Fresh fruit	Turkey and Cheese Sandwich Shaved turkey 2 oz Cheddar slice 1 oz Croissant 1 oz Carrot salad 1 c Fruit cup 1/2 c EARLY LUNCH	Pork Loin Pork 3 oz Sweet potato casserole w/pineapple and walnut Stuffing 1/2 c Brown gravy 1 oz
7/22/2019	7/23/2019	7/24/2019	7/25/2019	7/26/2019
Chicken Adovada Chicken 3 oz Red chile puree 1/2 c Winter vegetable 1/2 c WW tortilla 6" Fresh fruit	Beans w/Green Chile and Pork Pork 3 oz Pinto beans 1/2 c Green chile 1/2 c Corn bread = 2 grain eq Fruit cup 1/2 c	Sloppy Joe Ground beef 3 oz Sloppy joe mix 1/2 c WW bun = 56 g Green beans 1/2 c Cottage cheese w/ peaches 1/2 c	Lasagna Ground beef or turkey 2 oz Mozzarella/cottage cheese 1 oz Marinara sauce 1/2 c Spinach 1/2 c Noodle 2 oz Fruit cup 1/2 c	Frito Pie Ground beef 2 oz Shredded cheddar cheese 1 oz Pinto beans 1/2 c Red chile puree 1/2 c Corn chip 1 oz Fresh fruit Happy Birthday
7/29/2019	7/30/2019	7/31/2019	IMPORTANT REMINDERS!!	
Ham and Broccoli Casserole Ham 3 oz Rice 1/2 c Broccoli 1 c Cream of mushroom soup 1/8 c WW crackers = 24 g Fruit cup 1/2 c	Baked chicken Baked chicken thigh 3 oz Baked potato 1/2 c Steamed carrot 1/2 c WW roll = 56 g Fresh fruit	Shepard's Pie w/Red Chile Ground beef 3 oz Mixed vegetable 1/2 c Mashed Potato 1/2 c Red chile 1/4 c Tortilla 8" Fruit cup 1/2 c	Please call by 9 AM to cancel Home Delivered Meals. This saves time and money. Thank you. Congregate meals age 55+ free of charge. Persons ages < 55 the suggested donation is \$5.00 however any donation is appreciated.	



Based on the availability of ingredients/produce or other unforeseen circumstances, menus are subject to change.















Isleta Elder Center




(505) 869-9770


Monday - Friday

8:00AM - 4:30PM




Monday	Tuesday	Wednesday	Thursday	Friday
7/1/2019	7/2/2019	7/3/2019	7/4/2019	7/5/2019
Summer Lunch Program Monday - Friday 12:00PM Children 1 to 18 Years of Age Accompanied by an Elder	4th of July Celebration Lunch: 12:00PM Music: 12:30PM 	Family Feud Game Day 1:00PM - 3:00PM Win PRIZES! 	FOURTH of JULY Elder Center CLOSED	
7/8/2019	7/9/2019	7/10/2019	7/11/2019	7/12/2019
Grandparents & Grandkids Bingo! 1:00PM Bingo Donations Requested	Shuffleboard Practice 9:00AM - 12:00PM 1:00PM - 4:00PM Activities Room 	Dr. Lieby Visits the Elder Center! 12:00PM	Mass Activities Room 11:30AM 	Morning Exercise Walk at West Rec Walking Track 9:00AM
7/15/2019	7/16/2019	7/17/2019	7/18/2019	7/19/2019
	Movie Day Century Rio 24 Lunch & Movie 11:00AM - 4:30PM	Friendship Breakfast 9:00AM General Meeting 10:00AM 	<u>Early Lunch - 11:00AM</u> . Monthly Caregiver Training: Fire & Safety In the Home 11:30AM - 12:30AM - Activities Room <u>Staff Meeting - 12:30PM</u>	Advisory Committee Meeting 9:00AM - 11:00AM
7/22/2019	7/23/2019	7/24/2019	7/25/2019	7/26/2019
 Board Game Competition 1:00PM - 3:00PM Activities Room	Shuffleboard Practice 9:00AM - 12:00PM 1:00PM - 4:00PM Activities Room 		Tenative: NMICOA Quarterly Meeting More Details to Come	July Birthdays Celebration 12:00PM - Dining Room 
7/29/2019	7/30/2019	7/31/2019	Please call the Elder Center with any questions regarding the calendar or to sign-up for activities.	
Afternoon Art 1:00PM - 3:00PM Activities Room 	Commodities Distribution #2 8:30AM - 3:30PM 	Afternoon Bingo 1:00PM 	<i>*All activities subject to change</i>	

Questions? Call 869-3200						
JULY 2019  ISLETA HEALTH CENTER						
SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT
	1 Podiatry Clinic: 12:30-4:30 pm Early Recovery Skills: 9-10am @ BHS. Another Recovery Technique - 10-11am @BHS Interactive "Anger" Group: 2:30pm @BHS Youth Summer Program: 9-3pm @BHS Eagle HIIT Week 10: 5:30-7pm @DPP Wellness	2 DM Clinic w/Medical: 8:30-12 @DPP Another Recovery Technique (ART): 1-3:30pm @ BHS. Youth Summer Program: 9:00-3:00 @BHS Iron Eagle: 5:30-7:30 @DPP Wellness	3 DM Clinic w/Medical: 8:30-12 @DPP Youth Summer Program: 9:00-3:00pm @BHS Eagle HIIT Week 10: 5:30-7pm @DPP Wellness	4 CLINIC CLOSED HAPPY 4TH OF JULY	5 DM Clinic w/Medical: 8:30-12 @DPP Early Recovery Skills: 9-10am@ BHS. Youth Summer Program: 9:00-3:00pm @BHS Another Recovery Technique (ART): 10-11am @ BHS. Another Recovery Technique (ART): 1-3:30pm @ BHS	6
7	8 Podiatry Clinic: 8:00-4:30 pm Early Recovery Skills: 9-10am @ BHS. Another Recovery Technique - 10-11am @BHS Interactive "Anger" Group: 2:30pm @BHS Youth Summer Program: 9-3pm @BHS NO Eagle HIIT	9 DM Clinic w/Medical: 8:30-12 @DPP Another Recovery Technique (ART): 1-3:30pm @ BHS. Youth Summer Program: 9:00-3:00 @BHS Iron Eagle: 5:30-7:30 @DPP Wellness	10 DM Clinic w/Medical: 8:30-12 @DPP Youth Summer Program: 9:00-3:00pm @BHS Eagle HIIT Post Measurements: 10:30-7pm @DPP Wellness	11 CLINIC OPENS AT 9:50am Podiatry Clinic: 8:00-4:30pm @DPP Dental Education: 2:30-3:15 @IHC Training Center Iron Eagle: 5:30-7:30 @DPP Wellness Wellbriety Group: 6-7:30pm @BHS	12 DM Clinic w/Medical: 8:30-12 @DPP Early Recovery Skills: 9-10am@ BHS. Youth Summer Program: 9:00-3:00pm @BHS Another Recovery Technique (ART): 10-11am @ BHS. Another Recovery Technique (ART): 1-3:30pm @ BHS	13
14	15 Podiatry Clinic: 12:30-4:30 pm Early Recovery Skills: 9-10am @ BHS. Another Recovery Technique - 10-11am @BHS Interactive "Anger" Group: 2:30pm @BHS Youth Summer Program: 9-3pm @BHS NO Eagle HIIT	16 DM Clinic w/Medical: 8:30-12pm@DPP Another Recovery Technique (ART): 1-3:30pm @ BHS. Youth Summer Program: 9:00-3:00 @BHS Iron Eagle: 5:30-7:30 @DPP Wellness	17 DM Clinic w/Medical: 8:30-12 @DPP Youth Summer Program: 9:00-3:00pm @BHS Eagle HIIT Week 10: 5:30-7pm @DPP Wellness Community Healthy Cooking: 5-7pm @Health Center Kitchen NO Eagle HIIT	18 CLINIC OPENS AT 9:50am Podiatry Clinic: 8:00-4:30pm @DPP Iron Eagle: 5:30-7:30 @DPP Wellness Wellbriety Group: 6-7:30pm @BHS Diabetes Education Class: 5:00-6pm @IHC Training Center	19 DM Clinic w/Medical: 8:30-12 @DPP Early Recovery Skills: 9-10am@ BHS. Youth Summer Program: 9:00-3:00pm @BHS Another Recovery Technique (ART): 10-11am @ BHS. Another Recovery Technique (ART): 1-3:30pm @ BHS	20
21	22 Podiatry Clinic: 8:00-4:30 pm Early Recovery Skills: 9-10am @ BHS. Another Recovery Technique - 10-11am @BHS Interactive "Anger" Group: 2:30pm @BHS Youth Summer Program: 9-3pm @BHS Eagle HIIT Pre-Measurements: 10:30-7pm @DPP Wellness	23 DM Clinic w/Medical: 8:30-12pm @DPP Another Recovery Technique (ART): 1-3:30pm @ BHS. Youth Summer Program: 9:00-3:00 @BHS Iron Eagle: 5:30-7:30 @DPP Wellness Podiatry Education Class: 2:30-3:15 @IHC Lg. Conference Room NO Iron Eagle Class	24 DM Clinic w/Medical: 8:30-12 @DPP Youth Summer Program: 9:00-3:00pm @BHS Eagle HIIT Pre-Measurements: 10:30-7pm @DPP Wellness July is UV Safety Month 	25 CLINIC OPENS AT 9:50am Podiatry Clinic: 8:00-4:30pm @DPP Iron Eagle: 5:30-7:30 @DPP Wellness Wellbriety Group: 6-7:30pm @BHS NO Iron Eagle Class	26 DM Clinic w/Medical: 8:30-12 @DPP Early Recovery Skills: 9-10am@ BHS. Youth Summer Program: 9:00-3:00pm @BHS Another Recovery Technique (ART): 10-11am @ BHS. Another Recovery Technique (ART): 1-3:30pm @ BHS	27
28	29 Podiatry Clinic: 12:30-4:30 pm Early Recovery Skills: 9-10am @ BHS. Another Recovery Technique - 10-11am @BHS Interactive "Anger" Group: 2:30pm @BHS Youth Summer Program: 9-3pm @BHS Eagle HIIT Week 1: 5:30-7pm @DPP Wellness	30 DM Clinic w/Medical: 8:30-12 @DPP Another Recovery Technique (ART): 1-3:30pm @ BHS. Youth Summer Program: 9:00-3:00 @BHS Iron Eagle: 5:30-7:30 @DPP Wellness NO Iron Eagle Class	31 DM Clinic w/Medical: 8:30-12 @DPP Youth Summer Program: 9:00-3:00pm @BHS Eagle HIIT Week 1: 5:30-7pm @DPP Wellness	National Youth Sports Week July 15th - 21st 		Isleta Community Cancer Support Forgetfulness, When to worry, When to not—Cindy Brown, CLSW, CDP Tuesday, July 9, 2019 5:00-6:30pm Isleta Health Training Center "DPP" = Diabetes Prevention Programs - 869-4595 "BHS" = Behavioral Health Services - 869-5475




**Pueblo of Isleta
Community Cancer
Support Group**

Support the health of your family.
Educate yourself on cancer.
REDUCE YOUR RISK!




Tuesday, July 9, 2019 5pm-6:30pm Isleta Health Training Center	Forgetfulness, When to worry, When not to Cindy Brown, CLSW, CDP Home Instead ALL WELCOME!	Potluck, Bring a dish to share, but if not, come Anyway!
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**Contact
Stephanie
Barela**




ALL WELCOME



Isleta Health Center
Medical Clinic News



Prepare for the new school year!


 Does your child need sports participation clearance?
 Has your child had their annual wellness visit?
 Are your child's immunizations up to date?

Call us today to make an appointment for your child's annual wellness visit or update their immunizations even if no sports participation clearance is needed!

869-4089

Please bring all required forms to the appointment. Patients under 18 years of age must be accompanied by a parent or legal guardian.

Thank you for your cooperation



Isleta Health Center Staff