



Isleta Pueblo News

Volume 14 Issue 3

Pueblo of Isleta website: www.isletapueblo.com



March 2019

Governor's Report

Ma Gu Wam,

First and foremost, I would like to thank everyone who came out to the community meeting held on February 2, 2019. The meeting was well attended by many community members and I thank you for the comments and suggestions that were provided. I intend on hosting another meeting hopefully in June, with presenters from the Assisted Living Center and Elderly Center, to name a couple. My thank you to - Harold Baugus, CEO Isleta Resort and Casino for his update on the Showroom Remodeling; the Acting Treasurer Eric DeFlon; Emmerson Vallo, Isleta Business Corporation, and Chief of Police Sylvester Stanley. Tribal Council President Joseph R. Lucero stated that Tribal Council will host their own community meeting in the near future. The gun locks are still available through the Isleta Police Department and you can call the office at 869-9704 or 869-9705 to arrange to pick those up.

On Sunday, February 3, 2019 the ditch associations met to appoint Mayordomos for 2019 growing season. I want to thank all of these gentlemen for accepting their appointments to ensure equitable water distribution to the farmers. The new mayordomos for the Chical Ditch Association are Nick Padilla and helper Darrell Jaramillo, the Acequia Ditch Association Mayordomo is Daniel Waseta Jr. and helper Matt Lente; the Cacique Ditch Association Mayordomo is Clint Jojola and helper David Schroeder.

This year has been a challenge as I continue to try to balance my time between meeting with Tribal Council, with state and public officials, program departments, our community members and attending the various tribal meetings. I want to assure you that if I am not available to meet with you, that my Lieutenants Eugene Jiron and Richard Jaramillo are totally capable to help discuss your needs and to help find a resolution for your concerns. My office staff is also available to assist you and help direct you, or to schedule an appointment with us (if you wish).

The recent snow fall is a great blessing, although it put a halt to operations for a day, we must consider the safety of our children and employees. We are hopeful the recent precipitation will ease the drought conditions we have been experiencing for several years. For the safety of our tribal members and employees, the mountains remain closed due to the impassable roads which are quite dangerous.

On February 25th, I have a scheduled meeting with the newly-elected New Mexico Governor Michelle Lujan-Grisham. Governor Lujan-Grisham has always been a great supporter of the Pueblo of Isleta and I look forward to meeting with her to discuss issues relative to the pueblo. Some of the topics being addressed at the state legislature are Education, the Yazzie Decision, pay increase for teachers, funding to educate and certify bilingual teachers; Cigarette Taxes, Clean Indoor Air Act, e-cigarette or vapor cigarettes; and Federal Impact Aid and how the funds are expended by schools. Governor Lujan-Grisham recently appointed Ms. Lynn Trujillo as the Cabinet Secretary for the Indian Affairs Department with the State of New Mexico. The Indian Affairs Department works closely with tribes and assist with funding applications through state coffers.

It's hard to believe that another school year will be coming to an end. I encourage all students to work diligently to meet their education challenges and look forward to seeing you all at the various end of school year events. Stay strong, stay warm, stay inspired.

In closing, I pray that the great spirit will keep up safe and healthy for many years to come.

Ma Gu Wam, Governor Max A. Zuni

2019 Fire Season beginning soon.

Isleta Pueblo Volunteer Fire Department

Fire Season coming soon! The Fire Department will be available 7 days a week to assist residents with agricultural burns. Burn permits are still required and instructions must be followed on burn permit.

For more info, call the numbers below. Burn permits are available at the Pueblo of Isleta Natural Resources Department located across the Clinic.

For more info call (505) 869-9725 or (505) 401-5119

Attention

2019 Burn and Wood Permits

Permits are now being issued at the
Department of Natural Resources Office ONLY.
You must have a burn permit before you burn.



Pueblo of Isleta Department of Natural Resources

6 Sagebrush St.
(Across from the Clinic)
Office Hours:
M-F 8:00 am - 4:30 pm
(505) 869-9817

2019 Pueblo of Isleta Mayordomos

Chical

- Head Mayordomo - Nick Padilla (505) 269-7987
- Helper - Darrell Jaramillo (505) 221-8362

Acequia

- Head Mayordomo - Daniel Waseta Jr (505) 433-8229
- Helper - Matt Lente (505) 440-0275

Cacique

- Head Mayordomo - Clint Jojola (505) 250-5337
- Helper - David Schroeder (505) 917-4516

ANNOUNCEMENT FROM : Nick Padilla
Annual Chical Ditch Cleaning
March 16, 2019
8 am @ the Waconda's

LETTER FROM THE EDITOR

DEADLINE for April Newsletter articles is set for WEDNESDAY, March 20, 2019, at 4:30 pm. Articles may be dropped off at the Library or emailed to poi02002@isletapueblo.com. Should you email your article, expect a confirmation email. If you do not receive a confirmation email, odds are it never made it to me and then it’s time to panic, so call Nate at 505.869.9808.

People who wish to submit an article or flyer are responsible for generating their own article or flyer. Should you need help, please call the Library at 505.869.9808 and set up a date and time to sit down with a Library staff member who will help you throughout the process. The Library will NOT accept notes dropped off at the Library or information over the phone to generate your article.

PROBATES need to be published in the Newsletter for two consecutive months. Probates are considered court documents, therefore, all submitters must provide: 1) Name of Deceased, 2) Date of Deceased 3) Court Case # and 4) Date of Court Date. A Probate form can be found on the Newsletter Archive page at <http://www.isletapueblo.com/newsletters.html> .

CLASSIFIED ADS: The new administration has requested that the Newsletter start a Classified Ad section for Tribal members selling land, houses, mobile homes, vehicles, and farm equipment. Leasing of houses and mobile homes will be accepted. Smaller items which can be sold at the local flea markets or weekly yard sales will NOT be accepted.

Currently, this service is FREE to Tribal members. Land, houses, and mobile homes must be within the reservation boundaries. Ads must meet the 160 character limit. Ads that exceed the 160 characters will NOT be submitted into the Newsletter. A single picture may be submitted with the ad. Submitters of classified ads are responsible for generating their own ads as this is a FREE service.

As a reminder, Tribal business owners may submit a small flyer at no charge. Like the classified ads, business owners are responsible for generating their own flyers as this is a FREE service.

Classified ads and business flyers will be posted no more than two consecutive months. In the event where the Newsletter may exceed the 24-page limit, classified ads and business flyers will be “bumped” for newsletter articles. Again, this is a FREE service for Tribal members.

The Isleta Newsletter is owned and operated by the Pueblo of Isleta. Therefore, the Governor of the Pueblo of Isleta has the final say of all articles and contents within the Isleta Newsletter.

For additional questions, you may call the Library and speak with Nate or Tara at 505.869.9808.

Thank you,
Nathaniel Lujan

Newsletters may be found at the sixteen distribution locations listed below. Remember, Digital copies of the Newsletter may be obtained from the Newsletter archive at <http://www.isletapueblo.com/newsletters.html>

The sixteen Newsletter distribution locations are:

- 1) The Administration Building (Governor’s Office): Receptionist Desk

2) Census Office: Receptionist Desk

3) Health Center: Lobby(Newsletter Stand)

4) Housing Department: Receptionist Desk

5) Department of Education: Receptionist Desk

6) New Recreation Center: Newsletter Stand

7) Old Recreation Center: Front Desk & Breakroom (Newsletter Stand)

8) Tribal Service Complex: Receptionist Desk

9) Tribal Service Complex: I.P.D. Dispatch Window

10) Tribal Service Complex: Tribal Courts Window

11) Elders Center: Receptionist Desk & Lunch Delivery

12) Head Start: Receptionist Desk

13) Library: Newsletter Stand

14) Ranchitos Park: Blue Box (see picture for example)

15) Old Head Start Complex: Blue Box (see picture for example)

16) Intersection of Tribal Road 82 & Tribal Road 84: Blue Box (see picture for example)



PROBATE NEWS

SECOND NOTICE – A petition to Probate the Estate of Joseph Gabriel Lujan, deceased October 16, 2015. Case No. CV-15-PRO-00147, has been filed with the Pueblo of Isleta Tribal Courts. Any person claiming an interest in the Estate may notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. A hearing on the matter is scheduled for **Wednesday, March 13, 2019 at 11:00 a.m.** Claims must be filed in writing with the Isleta Tribal Court Clerk, located at the Tribal Service Complex, 3950 Hwy 47 SE, Building A, Albuquerque, NM. Any questions regarding the matter may be directed to the Isleta Tribal Court Clerk at (505) 869-9699.

TRIBAL COURTS

A Remand hearing for Maria E. Chavez- Abeita v. Rufina Craven (Tribal Court Case No. CV-085-04/Appellate Case No. IAC-05-001) will be held on Tuesday, April 16, 2019 at 1:15 p.m.

CLASSIFIEDS

Need a place to plant a garden? I have a one acre plot next to the Acequia Madre. Good fertile soil, for details contact Eugene Abeita at (505)934-6538.

Pueblo of Isleta Elementary School and Department of Education

The Pueblo of Isleta Elementary School and the Department of Education Governing Board has vacancies to serve on the Pueblo of Isleta Elementary School/Department of Education Governing Board of Education until filled. This is a dual Board responsibility. Nominations are now being accepted. If any tribal member is interested in serving on the Governing Board of Education, please submit your Letter of Interest and Resume to the POI Tribal Council Secretary’s office at the POI Tribal Services Complex during normal business hours from 8:00 AM to 4:30 PM. If you should have any questions, please contact the Pueblo of Isleta Elementary School Principal at 505-869-2321 or the Department of Education at 505-869-9790.

Notice of Los Lunas Schools Public Hearing for Part II of the Application for the Title VI Formula Grant

Los Lunas Schools will hold a public hearing in conjunction with the Johnson-O’Malley Parent Night on Wednesday, April 10th beginning at 5:00pm. The meeting will be held at the Pueblo of Isleta Johnson-O’Malley portable located at 950 Moonlight Drive, Albuquerque, NM 87105. The purpose of the meeting will be to discuss and obtain public input regarding the content of Part II of the application of the Title VI Formula Grant (supporting Indian Education). If further information is needed, please contact Cathy Chavez at (505) 866-2440.

If you are an individual with a disability who is in need of a reader, amplifier, qualified sign language interpreter, or any other form of auxiliary aid or service to attend or participate in the hearing, please contact the Special Services Office at 505-866-2440 at least one week prior to the hearing.

WANTED - Isleta Community At Large:

Community Members that are interested in making a difference in the community by assisting the Isleta Health Center Community Health Assessment Team are needed to help prepare, disseminate, collect, evaluate and address the health needs of the community.

If you are interested please submit a letter of interest or recommendation to the Isleta Health Center Registration Desk or place in the Suggestion Box located in the Health Center’s main lobby.

The deadline for letters of interest and community recommendations to the Isleta Health Center is:

Friday, March 1, 2019

Questions please contact Stephanie Barela at SBarela@islclinic.net or call 505-869-4479.

ISLETA POLICE DEPARTMENT NEWS

Month two of 2019 has come and gone and it's been a busy one for all. Seems that Punxsutawney Phil was a little off course on his "early spring weather prediction"! Winter was definitely still making its presence felt with the wind, snow and cold the last couple of weeks of the month. Albuquerque reported over 100 crashes on the February 19 snow day and schools and government offices were closed.

Just a friendly reminder when this weather is upon us if you do not have to go out, please don't. The roadways can become treacherous and to avoid any mishaps or tragedies stay in, but if you must travel use extra CAUTION. That roadway that looks clear to you may just be disguising itself with black ice. Leave earlier than normal, SLOW DOWN, and maintain even greater distance between you and the other vehicle, not just in front of you but on each side and behind you. Of course there is always that aggressive driver who thinks he/she can handle anything but the end result proves otherwise.

The Law Enforcement Exploring Program attempted its first Meet and Greet on February 6, 2019 but turn-out was light due to religious activities taking place in the Pueblo that same week. On that note, we will be attempting another opportunity for our youth and parents to "Meet and Greet" the members of the Police Department who are anxiously looking to begin this worthwhile project. The new date for our "Meet and Greet" is scheduled for March 14, 2019 beginning at 5:30 p.m. at the Isleta Police Department. Those who are 14-17 are strongly encouraged to have a parent attend with you so they can learn about the program, its purpose, goals and expectations. Those 18 through 20 do not have to have parents present. Feel free to contact Officer Sharon Mitamura at 505-382-3459 for more information prior to the meeting. We hope to see many of our youth there!



CAMP TRIUMPH
Planning and preparations for Camp Triumph are beginning and we are hoping to have a camp full of activities. Last year we were unable to host a camp and saw how this affected our youth. In past years Camp Triumph was a success and our youth looked forward to the next camp in the following year. We have had the opportunity of working with Bernalillo County Sheriff Department's "Camp Triumph" and would like to continue working alongside with Bernalillo and other local agencies.

This year we would like to continue our camp under a new name that represents our Pueblo youth. We would greatly appreciate suggestions for our new camp name. Please submit your suggestion with a brief explanation on why we should select the name and the meaning of the name. Keep in mind we cannot duplicate another camp's name. Please send your suggestions attention to Detective Kathy Lucero or Ms. Danette Gabaldon at the Police Department.

We are looking forward to hosting a camp in June and July which will have at least 40 participants. So be on the lookout in May for our opening of applications. The age group will range from 9 to 15 years of age. Camp will be a four-days filled with fun activities and give our youth a chance to develop a variety of skills to help them resist the temptation of drug use and gang activity. We believe Camp can be the starting point for a lifetime of positive decisions and build a relationship with law enforcement. If you have any questions, please fill free to contact Detective Kathy Lucero at 869-9728.

CONSTRUCTION:

As many of you have already encountered, Highway 314 at Highway 147 is under construction. Present travel is blocked just north of the intersection and those traveling on Highway 147 can travel south only.

We have received concerns and complaints due to a higher volume of traffic diverting off Highway 314 onto Tribal Roads and Isleta Police Department has been addressing this with additional personnel stationed at Tribal Road 84. IPD and Wildland officers have been working shifts when available to help address this problem.

DON'T DRINK AND DRIVE

The flowing of green beer and other beverages will be occurring this month

(March 17) and as the saying goes "everyone's a little bit Irish on St. Patrick's Day". Did you know 34 million Americans are of Irish descent? Just a little trivia for you. Isleta Police Department reminds everyone again "Don't Drink and Drive" during this celebration. Find a designated driver, Uber, etc. and don't run the risk of spending a good portion of your St. Paddy's Day behind bars.

In closing, a reminder the "Law Enforcement Meet and Greet" will be happening on March 14, 2019 at 5:30 p.m. at the Isleta Police Department and we are hoping for a good turnout. We are excited to get this program activated and provide guidance, mentorship, education and some experience in the field of law enforcement to the young people in Isleta with high hopes they will go on to serve as police officers for Isleta Police Department!

Keep an eye out for Officer/Civilian of the Quarter Achievement Awards which will be determined at the end of March and the announcement will be made in the April Newsletter. The new administration has implemented this program to recognize employees who have displayed qualities surpassing their normal duties.

As always, the department welcomes comments, questions and suggestions. So please do not hesitate to contact us.



HELP US DESIGN OUR FUN RUN/WALK T-SHIRT



Isleta Social Services is hosting a T-shirt design contest for their Child Abuse Awareness Fun Run/Walk which will be hosted in April.

The design must include: your favorite superhero and incorpo-



Theme: "Be a Hero— Take A Stand Against Child Abuse and Neglect"

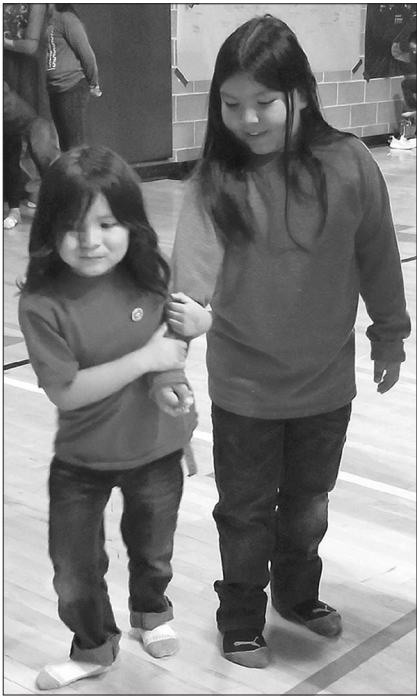
Deadline for submissions is Friday, March 15, 2019 @ 4:30 pm to Isleta Social Services. If you have any questions call Reyes Jiron at

PUEBLO OF ISLETA ELEMENTARY SCHOOL

February was a busy month for the students at the Pueblo of Isleta Elementary School. Our Fourth Grade Class is working once again with the New Mexico Fish and Wildlife Conservation Office's Native Fish Project. With assistance from the NMFWC Staff, students set up the fish tank, prepped the water, and the fish habitat. After an allotted time and testing to ensure fish safety, the students were able to welcome the new fish "Babies." Students take the responsibility of feeding and caring for the fish. They need to maintain and check water levels as well as run tests on the water quality. Students learn valuable lessons in science and math while working with the fish. In spring, after a successful growth period, students will release the fish back into the Rio Grande.



Following the class Valentine's Day parties, Pueblo of Isleta Elementary Students (POIES) showed some "LOVE" by donating new pairs of socks, as part of a small service project. The socks will be donated to a local homeless shelter. Students were treated to an afternoon "Sock Hop," in the POIES Gym, where the students danced to the musical sounds and lights of a disco ball provided by D.J. Holly Gilster, A.K.A. POIES Music Teacher. Students loved having a shared Physical Education Activity with all of their school mates and teachers.



On February 20, Isleta Elementary Staff hosted a Family Math Night at the school. Following a light supper at the kitchen, students and parents were given the opportunity to learn some new math games that involved using math. Thank you to the families that participated!

Student winners from Isleta Elementary School took their Science Fair Projects up to Santa Fe Indian School on February 26 to compete in the Regional Science Fair with other Northern and Southern Pueblo Schools. Since the newsletter went to press prior to our competition, we will share photos and results in the April Newsletter. On February 25 – 26 another group of POIES students participated along with teachers and Governing Board Members in the "Look across the Mountain III" Training, a collaboration between Parents,

Teachers, and Students, held at the Isleta Casino Ballroom. Students focused on STEAM Activities, Robotics, and Aeronautics during their sessions. Our testing window continues in March. Fourth Grade students have been selected to participate in the 2019 National Indian Education Study. They will be assessed on Monday, March 4th using the National Assessment of Educational Progress (NAEP).

(Continued Next Page)

Summer Program information is currently being finalized and scheduled. More information will be in the April newsletter. If you have any questions please call the D.O.E. Office at 869-9790.

New Mexico State University is an equal opportunity employer. All programs are available to everyone regardless of age, color, disability, gender, national origin, race, religion, sexual orientation or veteran status. NMSU and the USDA cooperating.

PUEBLO OF ISLETA HIGHER EDUCATION PROGRAM

Hello,

I would like to introduce myself. My name is Lisa Smith, and I am the new Scholarship Coordinator for the Department of Education. I am also an Isleta Pueblo Tribal Member and a Veteran of the United States Navy. I served with the Marines out of 1st MLG Camp Pendleton as a Navy Fleet Marine Force Corpsman. I am also an Alumni of the University of New Mexico.

I started with the Pueblo of Isleta in November of 2014 and was hired to work in the Johnson-O'Malley Program as the Academic Coach. While in the JOM Program, I spent two amazing summers working with children, grades K-8th in the Summer Bridge Program. In 2016, I became the Adult Education Coordinator and had the privilege and honor to work with students from the community and helped them obtain their GED or High School Equivalency.

I look forward to working with my community, and I hope to help all postsecondary education students set their ambitions high and achieve their goals! Please feel free to contact me at the Department of Education, located in the Educational Complex, right down the hall from the Isleta Pueblo Library! The address is: 950 Moonlight Dr. SW, Albuquerque, NM 87105. Our hours of operation are: Monday thru Friday from 8:00am to 4:30pm. Phone: (505) 869-9790.

Please mark your calendars for our upcoming events in **March**:

- Graduation Banquet RSVP's
- FAFSA Nights: March 4th and 18th
- Application Deadline: April 1st

Upcoming Events

Attention Students Higher Education Graduates:

Students if you have graduated (completed your degree) please call or e-mail the education office so we may proudly place you on our list for the upcoming "Graduation Banquet".

Information needed will be:

Name, Phone #, Address, University Name, Degree Completed

FAFSA Nights!!

- WHEN: March 4, 2019
 - TIME: 3pm – 6pm
 - WHERE: Education Department
- WHEN: March 18, 2019
 - TIME: 3pm – 6pm
 - WHERE: Education Department

Bring your 2016 taxes for enrollment of the SUMMER 2019.

Bring your 2017 taxes for enrollment of the FALL 2019.
(Please see our flyer)

Scholarship Information

Next Available Funding:
Summer 2019 Term

You must submit all required documents on the dates listed below. Funding ***will not*** be provided if documents are received after these deadline dates.

Summer Application Deadline

April 1, 2019

Summer Supporting Documents Deadline

May 31, 2019

It is the responsibility of the student to submit their required documents by deadline dates.

Isleta Higher Education Program
Application and checklist for
the 2019/2020 Academic year are
currently available.

Reminders:

► Please understand that once your file is complete with the Isleta Higher Education Program, your file will be reviewed to determine eligibility of funding. Your financial aid does take time to process and may require you to establish a payment plan with your institution to avoid being dropped from your courses.

► Students, it is extremely important you communicate with our office regarding any changes to your education.

► All students are required to submit Official Transcripts at the end of each and every term. You may order your official transcripts through your institution ahead of time and request the school process your request when *final grades post*.

****Failure to provide Official Transcripts may suspend your scholarship award****

I hope you find this information helpful and I hope you have a wonderful March!

If you have any questions or need further assistance, please do not hesitate to contact the Scholarship Program:

Lisa Smith, Scholarship Coordinator
poi08001@isletapueblo.com
Johnna Shije, Scholarship Assistant
poi08004@isletapueblo.com
Phone: (505) 869-9790

With great pleasure and excitement the
Pueblo of Isleta
Department of Education
announces the

Class of 2019 Graduation Banquet

Saturday, May 4, 2019
Isleta Resort and Casino
Doors will open at 1:30pm

Please contact us by April 5, 2019 if you or your student is
graduating from high school, college or
if you successfully completed
your GED/HiSET requirements!

Graduates: Please submit 3 photos (1-baby,
1-elementary/middle school, and 1 – graduate portrait).
Deadline for photos will be April 5, 2019.

Each graduate is welcome to bring three guests to the banquet.
Due to limited seating, additional seating will not be provided. Please
Contact the Department of Education at 505-869-9790 to RSVP.

HAVE YOU

COMPLETED

THE FAFSA?

Don't wait!

2019-2020

FAFSA NIGHT

WHEN:
MONDAY, MARCH 4, 2019 &
MONDAY, MARCH 18, 2019
3PM TO 6PM

WHERE:
DEPARTMENT OF EDUCATION
950 MOONLIGHT DR. SW
ALBUQUERQUE, NM 87105

FOR MORE DETAILS CONTACT THE
HIGHER EDUCATION PROGRAM AT
(505) 869-9790.

Assistance provided by:

THE UNIVERSITY OF
NEW MEXICO

Educational Opportunity Center

JOM News

The deadline is fast approaching for reimbursement for those High School students who have paid lab fees or purchased Pre-AP/ AP reading material. Remember, if you wish to be reimbursed you will need to have your original receipt, have a W-9 on file with the Department of Education/J.O.M., and fill out the reimbursement form issued by our office. The deadline for all required documentation is **April 1, 2019**.

JOM will be attending “Art Attack” during spring break.

- March 11th K – 6th grade
- March 12th K – 12th grade.
- March 13th 7-12th grade.

Each event is limited to 20 students. Lunch will be provided for each event. Students will need to have a signed permission slip to attend these experiential learning opportunities. Family Night for the month of March will be on Thursday, March 14, 2019 @ 5:00pm. We hope you will be able to join us for a night of family fun with board games. Board games will continue on the week of March 25th. We will be having 3 nights of board game tournaments.

- Monday, March 25, 2019 – K – 3rd, connect 4 @ 5:00 pm
- Tuesday, March 26, – 4th – 6th grade, checkers competition @ 5:00 pm
- Wednesday, March 27, 2019 – 7th – 12th grade, scrabble competition @ 5:00 pm

Space is limited for all board game events. Please call the J.O.M. office to reserve your student’s spot 505-869-9810.

Upcoming April events:

April Family Night: April 10, 2019

If you are needing any further information about our program, please contact the JOM office.

Department of Education Higher Education Board

The Department of Education is soliciting letters of interest from individuals interested in serving on the Higher Education Board. The HEB is established to assist the department with policies and procedures.




Any person interested in serving on the Higher Education Board is requested to submit a letter of interest and resume to the Department of Education (poi08100) no later than March 22, 2019. Applications will be accepted until the 5 vacancies are filled.

Send Letters of Interest To:
Isleta Pueblo Department of Education
950 Moonlight Drive
Albuquerque, New Mexico 87105

TIWA LANGUAGE WORD SEARCH

B U M C P K S M O P I G C L E P V S K U
L E R A J R R Z I M I F S N L F K L A A
K I L U U T A H X X E Z D I K F H I H E
H C V L B N E G E U G M X A N I A A L H
E S P E Y A W P A L M O F H A N D N I K
A K N A R B B A F U T A U E U G R E T Y
R W U O F B U A N I H C Q F G E U O U E
T X I S D I R T E I R P W A Y R A T L Y
Q V G P B N H Y T L A I O N E N M H T F
K H U P I A E S J O H E B D I A G H N U
S E N I T S E T N I N A L E K I B B E D
C I F Z T Y W S S Y H U S H H L K H P N
U R U H T I P S O E O A E T O S C N A A
E Y E B R O W N U H A A U O O U M S E Q
L I P S A H K T S W U X D E E M H X M E
J S Q E E U H B A J N M H K U E A X N U
P X U J V B A F Y O R Z Q A A A X C I H
S V H D U M S U F K W W Q M U U Z B H K
J M B W D U I L I T G S A O K S U D J W
I C H E E K U O B R F H L G O D D N D U

- | | | |
|--------------|--------------|------------|
| ANKLE | BELLY-BUTTON | BLOOD |
| CHEEK | CHIN | EARS |
| EUA | EUATUF | EYEBROW |
| EYKHEAU | EYNBAHEUTH | FAWA |
| FEUA | FINGERNAILS | HEART |
| HIP | HLEABABURU | INTESTINES |
| KAHLITU | KEUCHEU | KHA |
| KHADRU | KHU | KHUPIA |
| KNEE | LIPS | LIVER |
| MAKHEAU | MAUNWA | NASHEA |
| PALM-OF-HAND | PIEA | PITHURU |
| PIWA | SHIFA | SHOULDER |
| STOMACH | TENDONS | THIGH |
| TOENAILS | | |



DEPARTMENT OF EDUCATION'S BASIC EXCEL & OUTLOOK

Tuesday, March 19, 2019
1:00pm to 5:00pm

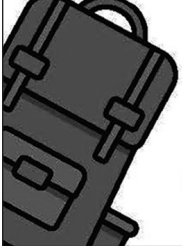


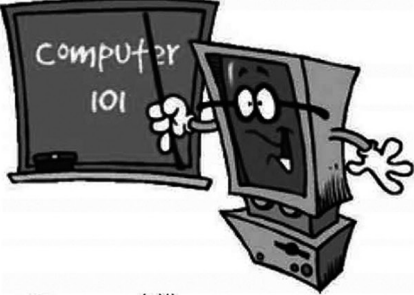
Location: DOE Computer Lab
950 Moonlight Drive SW
Albuquerque, NM 87105

Learn more about: Excel 2016 Basics, Working with Cells and Sheets, Formulas & Functions & Working with Data. Outlook Basics, Sending and Receiving Email, Organizing and Managing Email, Contacts and Calendars...

Space is limited to 10

In order to RSVP you must submit a class registration form...

For more information please contact: Kathy Jojola, Education Technology Tech. at poi08003@isletapueblo.com or Lisa Smith, Scholarship Coordinator at poi08001@isletapueblo.com or at (505) 869-9790.





Updated: 2 / 18 / 2019 (Internal Posting in BOLD)
www.isleta.com

<u>REQ</u>	<u>TITLE</u>	<u>DEPARTMENT</u>	<u>REMOVAL DATE</u>
1916BR	CALL CENTER AGENT	CALL CENTER	Internal 02/25/2019 External 03/04/2019
1913BR	TEAM MEMBER-COUNT	COUNT	Internal 02/25/2019 External 03/04/2019
1914BR	BUSSER	F&B TIWA	Internal 02/25/2019 External 03/04/2019
1911BR	STEWARD	F&B UTILITY	Internal 02/25/2019 External 03/04/2019
1912BR	OUTSIDE SERVICE	GOLF COURSE OPERATIONS	Internal 02/25/2019 External 03/04/2019
1908BR	ROOM ATTENDANT	HOTEL HOUSEKEEPING	Internal 02/18/2019 External 02/25/2019
1909BR	COSMETOLOGIST	SPA	Internal 02/25/2019 External 03/04/2019
1915BR	TABLE GAMES FLOOR SUPERVISOR	TABLE GAMES	Internal 02/25/2019 External 03/04/2019
1898BR	TEAM MEMBER-COUNT	COUNT	01/04/2020 or until filled
1907BR	TEAM MEMBER-COUNT	COUNT	01/04/2020 or until filled
1750BR	CUSTODIAN (GRAVEYARD)	CUSTODIAL	09/27/2019 or until filled
1751BR	CUSTODIAN (GRAVEYARD)	CUSTODIAL	09/27/2019 or until filled
1748BR	CUSTODIAN (SWING)	CUSTODIAL	09/27/2019 or until filled
1749BR	CUSTODIAN (SWING)	CUSTODIAL	09/27/2019 or until filled
1678BR	BEVERAGE SERVER	F&B BEVERAGE SERVICES	01/04/2020 or until filled
1679BR	BEVERAGE SERVER	F&B BEVERAGE SERVICES	01/04/2020 or until filled
1692BR	FOOD ATTENDANT (BEVERAGE)	F&B BINGO SNACK BAR	01/04/2020 or until filled
1753BR	FOOD ATTENDANT (BEVERAGE)	F&B BINGO SNACK BAR	01/04/2020 or until filled
1757BR	FOOD ATTENDANT (BEVERAGE)	F&B BINGO SNACK BAR	01/04/2020 or until filled
1805BR	FOOD ATTENDANT (BEVERAGE)	F&B BINGO SNACK BAR	01/04/2020 or until filled
1828BR	BANQUET CAPTAIN	F&B CATERING BANQUETS	10/31/2019 or until filled
1570BR	BANQUET SERVER (on-call)	F&B CATERING BANQUETS	10/31/2019 or until filled
1829BR	BARTENDER	F&B CATERING BANQUETS	10/31/2019 or until filled
1855BR	COOK I	F&B CATERING BANQUETS	01/04/2020 or until filled
1900BR	BARBACK-CENTER BAR	F&B CENTER BAR	01/04/2020 or until filled
1835BR	RESTAURANT MANAGER	F&B CENTER BAR	01/04/2020 or until filled
1784BR	SUPERVISOR - BAR	F&B CENTER BAR	01/04/2020 or until filled
1720BR	CONCESSIONS SUPERVISOR	F&B DELI	01/04/2020 or until filled
1870BR	COOK I	F&B DELI	01/04/2020 or until filled
1871BR	COOK I	F&B DELI	01/04/2020 or until filled
1579BR	FOOD ATTENDANT	F&B DELI	01/04/2020 or until filled
1800BR	FOOD ATTENDANT	F&B DELI	01/04/2020 or until filled
1801BR	FOOD ATTENDANT	F&B DELI	01/04/2020 or until filled
1802BR	FOOD ATTENDANT	F&B DELI	01/04/2020 or until filled
1804BR	FOOD ATTENDANT	F&B DELI	01/04/2020 or until filled
1868BR	FOOD ATTENDANT (BEVERAGE)	F&B DELI	01/04/2020 or until filled
1869BR	FOOD ATTENDANT (BEVERAGE)	F&B DELI	01/04/2020 or until filled
1903BR	SUPERVISOR F&B	F&B DELI	02/21/2019
1872BR	COOK I	F&B EMPLOYEE DINING	01/04/2020 or until filled
1522BR	RESTAURANT CHEF	F&B EMPLOYEE DINING	01/04/2020 or until filled
1901BR	OFF-SITE ATTENDANT	F&B FUN CONNECTION	02/19/2019
1867BR	COOK - PREP KITCHEN	F&B PREP KITCHEN	01/04/2020 or until filled
1765BR	COOK STEAKHOUSE	F&B STEAKHOUSE	01/04/2020 or until filled
1782BR	CASHIER - F&B TIWA	F&B TIWA	01/04/2020 or until filled
1845BR	CASHIER - F&B TIWA	F&B TIWA	01/04/2020 or until filled
1857BR	CASHIER - F&B TIWA	F&B TIWA	01/04/2020 or until filled
1859BR	COOK I	F&B TIWA	01/04/2020 or until filled
1860BR	COOK II	F&B TIWA	01/04/2020 or until filled
1861BR	COOK II	F&B TIWA	01/04/2020 or until filled
1846BR	ROOMSERVICE CASHIER	F&B TIWA	01/04/2020 or until filled
1468BR	SERVER - TIWA	F&B TIWA	01/04/2020 or until filled
1760BR	ELECTRICIAN	FACILITIES MAINTENANCE	01/04/2020 or until filled
1854BR	HVAC TECH II	FACILITIES MAINTENANCE	02/22/2019
1826BR	LANDSCAPE SUPERVISOR	FACILITIES MAINTENANCE	01/04/2020 or until filled
1823BR	LANDSCAPE TECHNICIAN I	FACILITIES MAINTENANCE	01/04/2020 or until filled
1824BR	LANDSCAPE TECHNICIAN II	FACILITIES MAINTENANCE	01/04/2020 or until filled
1825BR	LANDSCAPE TECHNICIAN III	FACILITIES MAINTENANCE	01/04/2020 or until filled
1725BR	PLUMBER	FACILITIES MAINTENANCE	01/04/2020 or until filled
1759BR	PREVENTION MAINT TECHNICIAN (graveyard)	FACILITIES MAINTENANCE	01/04/2020 or until filled
1904BR	COUNTER RECREATION CASHIER	FUN CONNECTION	02/22/2019
1887BR	GREENS KEEPER	GOLF COURSE MAINTENANCE	01/04/2020 or until filled
1886BR	HEAD GOLF PRO	GOLF COURSE OPERATIONS	01/04/2020 or until filled
1830BR	SHOP CLERK	GOLF COURSE OPERATIONS	01/04/2020 or until filled
1781BR	ATTENDANT LAUNDRY	HOTEL HOUSEKEEPING	01/04/2020 or until filled
1905BR	HOUSEPERSON	HOTEL HOUSEKEEPING	02/21/2019
1836BR	PORTER LOBBY EVENING-HOUSEKEEPING	HOTEL HOUSEKEEPING	01/04/2020 or until filled
1885BR	COMPENSATION & CLASSIFICATION ANALYST	HUMAN RESOURCES	03/04/2019
1906BR	EXECUTIVE HOST	MARKETING PLAYERS CLUB	02/22/2019
1856BR	COORDINATOR PROMOTIONS-MARKETING	MARKETING SPECIAL EVENTS	02/27/2019
1404BR	SECURITY OFFICER I	SECURITY	01/01/2020 or until filled
1405BR	SECURITY OFFICER I	SECURITY	01/01/2020 or until filled

<u>REQ</u>	<u>TITLE</u>	<u>DEPARTMENT</u>	<u>REMOVAL DATE</u>
1406BR	SECURITY OFFICER I	SECURITY	01/01/2020 or until filled
1407BR	SECURITY OFFICER I	SECURITY	01/01/2020 or until filled
1418BR	SECURITY OFFICER II	SECURITY	01/01/2020 or until filled
1419BR	SECURITY OFFICER II	SECURITY	01/01/2020 or until filled
1420BR	SECURITY OFFICER II	SECURITY	01/01/2020 or until filled
1500BR	SECURITY OFFICER II	SECURITY	01/01/2020 or until filled
1501BR	SECURITY OFFICER II	SECURITY	01/01/2020 or until filled
1849BR	CLERK SHIPPING RECEIVING	SHIPPING AND RECEIVING	01/04/2020 or until filled
1626BR	SLOTS FLOOR ATTENDANT (part-time)	SLOTS	03/01/2019
1625BR	SLOTS FLOOR ATTENDANT(part-time)	SLOTS	03/01/2019
1894BR	TABLE GAMES DEALER Part Time	TABLE GAMES	01/04/2020 or until filled
1821BR	VALET ATTENDANT	VALET	02/21/2019
1878BR	VALET ATTENDANT	VALET	02/21/2019
1874BR	VALET ATTENDANT(graveyard)	VALET	02/21/2019
1875BR	VALET ATTENDANT(graveyard)	VALET	02/21/2019

Now Hiring

**Isleta Travel Center &
Isleta One Stop**

**Sales Associates: (2)Full Time
(2)Part Time (1)On-Call**

***Requires a NM Alcohol Servers Permit, if you
don't have one we will help you get certified***

**Maintenance Technician:
(1)Full Time (1)Part Time**

**Work +30hours and get PTO and
Benefits!**

**Deadline to Apply is March 8th
@ IBC Office, Tribal Service
Complex**

FUNDED BY THE
DEPARTMENT OF LABOR

YOUTH EMPLOYMENT
OPPORTUNITY

The Isleta WIOA Supplemental Youth Services Program is hiring youth, ages 14-24 to work as a summer WIOA Youth worker. This program gives participants the opportunity to work in an assigned POI department for up to 130 hours. Youth will earn \$7.89/ hr. and will attend a one-day employability skills training.

Eligibility:

- Must be Native American, Alaskan, or Hawaiian Indian
- Must be 14 - 24 years of age
- Must live on the reservation or within Bernalillo or Valencia County

Priority will be given to low-income applicants.
Accepting applications until positions are filled.

CONTACT US FOR AN
APPLICATION

Natasha Jiron
HR Generalist/ WIOA & Summer Intern Coordinator
(505) 869-9792
poi70105@isletapueblo.com



Pueblo of Isleta
Human Resources

Pueblo of Isleta Career Opportunities

Position Posting	Office Location	Closing Date
ARCHITECTURAL TECHNICIAN	Housing Authority	02/25/2019
BUS DRIVER- Part Time (Reposted)	Head Start/Early Head Start/Child Care	03/04/2019
CARPENTER	Housing Authority	02/25/2019
CARPENTER (Temp)	Housing Authority	02/25/2019
CHILD/ADOLESCENT THERAPIST (Reposted)	Health Center	02/26/2019
CHILD CARE PROVIDER	Head Start/Early Head Start/Child Care	02/27/2019
COMMUNITY SERVICE SUPERVISOR	Tribal Court	Within Only 02/20/2019
COOK	Head Start/Early Head Start/Child Care	02/22/2019
COURT CLERK	Tribal Court	02/22/2019
DESIGN/CONSTRUCTION PROJECT MANAGER	Public Services/Design & Construction	02/20/2019
DISPATCHER	Police Department	02/22/2019
HIGHWAY SAFETY POLICE OFFICER (Reposted)	Police Department	02/26/2019
LABORER	Housing Authority	02/25/2019
LABORER (Temp)	Housing Authority	02/25/2019
MENTOR TEACHER	Head Start/Early Head Start/Child Care	02/07/2019
MENTAL HEALTH/ADDICTIONS COUNSELOR (Reposted)	Health Center	02/26/2019
NUTRITIONIST COORDINATOR	Head Start/Early Head Start/Child Care	02/25/2019
PAINTER	Housing Authority	02/25/2019
PERSONAL CARE SERVICE AIDE (Occasional)	Elder Center	Continuously Accepting Applications

(Continued Next Page)

Pueblo of Isleta Career Opportunities, Continued

PHYSICIAN	Health Center	Open Until Filled
PHYSICAL THERAPIST	Health Center	Open Until Filled
PLUMBER	Housing Authority	02/25/2019
POLICE OFFICER (2 Positions)	Police Department	Open Until Filled
PROJECT ASSISTANT	Social Services	Within Only 02/20/2019
REGISTERED NURSE (PRN)	Health Center	Open Until Filled
RESIDENTIAL PROJECT MANAGER	Housing Authority	02/20/2019
SPECIAL EDUCATION TEACHER	Head Start/Early Head Start/Child/Care	Open Until Filled
TEACHER	POI Elementary School	Continuously Accepting Applications
TEACHER or TEACHER ASSISTANT	Head Start & Child Care	Within Only 02/20/2019
TEACHER (Substitute Positions)	POI Elementary School	Continuously Accepting Applications
TEACHER	Head Start & Child Care	Open Until Filled
TIWA LANGUAGE COORDINATOR	Department of Education	Within Only 02/20/2019
TIWA LANGUAGE TEACHER	POI Elementary School	Open Until Filled
TRANSFER STATION ATTENDANT (Reposted)	Public Works	Within Only 02/14/2019
VETERAN SUPPORT SERVICE PROGRAM MEMBER	Elder Center	Open Until Filled
WATER RESOURCES SPECIALIST	Water Resources	02/25/2019
WATER/WASTEWATER OPERATOR	Utilities Division	02/22/2019

Wanted:

SUMMER INTERNS

Contact: Natasha Jiron
(505) 869-9792
poi70105@isletapueblo.com

Eligibility: Must be an Isleta tribal member and current college student who has completed at least 12 college credit hours.

A Hunter Education Class....

has been scheduled in your area. New Mexico law requires anyone under the age of 18 to successfully complete a Hunter Education Class before purchasing a firearm hunting license or applying for a firearms hunt through the public draw.

Class Dates: **March 9, 10 2019**

Class Location: **Isleta Rec Center**

Class Times: **8AM - 4:30pm**




Online Registration Opens: **February 18, 19**

You must obtain a Customer ID Number from the Department of Game and Fish website prior to registering for a Hunter Education course. To obtain your CIN and register for the class, log onto the following website:

<https://onlinesales.wildlife.state.nm.us>

Contact: **Philip Aberta**
At: **505-859-9484**

www.wildlife.state.nm.us Rev. 02/11

Follow us on    Keyword: nmdgf

New Mexico Hunter Education

Funded by the Department of Labor

Employability skills training

Job search assistance

Resume writing assistance


Mock interviews

Free CareerScope Assessment

Referrals to local programs & resources

250 hours of paid work experience

Pueblo of Isleta WIOA Program



Employment and Training Services

Eligibility:

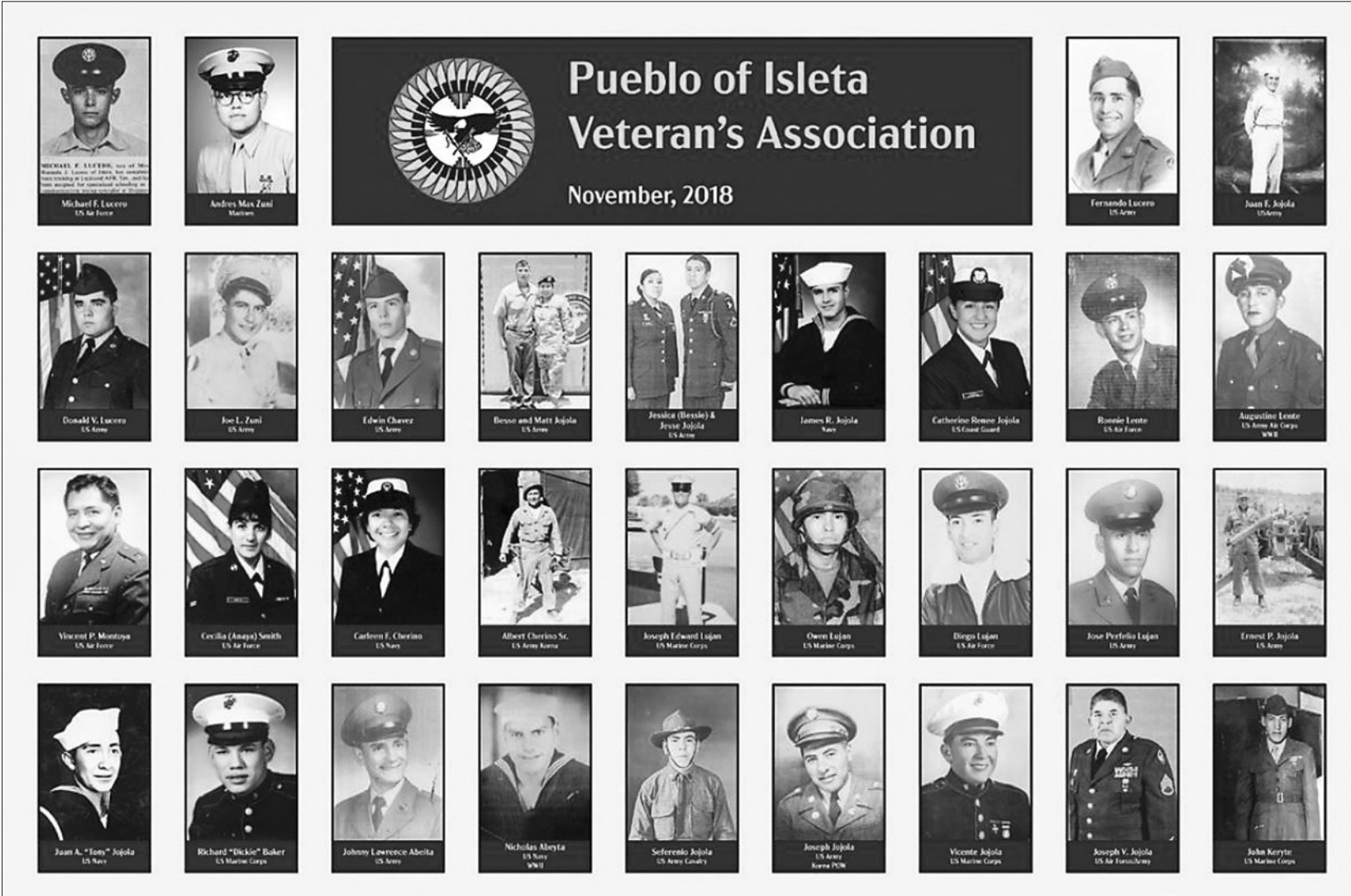
- Must be 18 yrs. or older
- Must be Native American, Hawaiian, or Alaskan Native
- Must be a resident of Bernalillo or Valencia county
- Must be low income, unemployed, or underemployed
- Must be registered for the selective services if born after 1960, male, and 18 years +

NATASHA JIRON
(505) 869-9792

HOW do you REDUCE YOUR RISK FOR A STROKE:

Take steps to control certain Chronic Conditions (high blood pressure, high cholesterol, diabetes, obesity)

- Quit Smoking! Call 869-4479 to sign up for Freedom From Smoking or Thinking About Quitting.
- Eat Healthier! Call 869-4093 to speak with the Nutritionist.
- Get Active! Call 869-4595 to sign up for the Diabetes programs or go to the Isleta Rec.
- Manage Your Chronic Disease! Call 869-4479 to sign up for the MYCD 6 Session program Starting 2/24/2016.
- Limit your Alcohol Intake! Call 869-5475 to help manage your drinking.



PUEBLO OF ISLETA VETERANS ASSOCIATION

REMINDER!!!! We need your veteran’s photo in order to complete another panel. It takes 31 photos for each panel. We have only received a few. We are asking for photos of veterans in military uniform. This includes those who are currently serving, as eventually they will become veterans upon their discharge. These photos will be placed in the museum once it is completed. The location is at the old elementary school which is currently under renovation.

The photos can be dropped off at the Governor's office. Place the photos in an envelope and make sure the name of the veteran is on the back along with the name of the branch of the military served. The photos can be returned upon completion of the project.

To date we are still trying to complete the name list of all the Isleta pueblo veterans. Please take time to give us the names. We are trying to complete our data base as we were requested by the Native American Museum in Washington DC. To submit the name list. It is part of the Smithsonian Museum where all tribal veteran's names will be listed. Based on our current data there are: 214 surviving veterans, and 317 deceased.

So far we only have 93 photos.

Thank you.

Isleta Behavioral Health Services:

Isleta

CULTURAL ARTS

Program

STARTING: MARCH 7TH, 2019

THURSDAY EVENINGS | TIME: 5:30–8:00

In collaboration with POI Community members, knowledgeable in certain craft areas, young adult / adult participants will be provided Cultural Arts activities to gain skills, confidence and a sense of cultural identity.

AGES: 17–24 & 25+ YEARS OLD

SEWING FOR YOUNG ADULT / ADULTS

Sign-ups on a first come first served basis

Tools and basic materials are provided

FOR MORE INFORMATION CONTACT IBHS: 505.869.5475

COMMUNITY

LANGUAGE NIGHT &

CULTURE SHOWCASE

Bring your families

and join us!

March 28, 2019

6:30 pm - 7:30 pm

Islata Elementary

School

Games in Tiwa



Pueblo of Isleta Public Library

Greetings from your friendly librarians! Happy Spring! Punxsutawney Phil the groundhog predicted a faster approaching spring, so bring on the warmer weather. The library has been busy these past months in preparation for our Summer Reading Program and monthly programs. We are working diligently to offer you innovative programs with a library twist.

News

The library will be closed on Friday, March 8th from 8:00am-12pm for our monthly staff meeting. Sorry for the inconvenience this may cause. During this time we will be discussing upcoming library programs, improving library services and finalizing Summer Reading Program details. If you have any suggestions, feedback or concerns please feel free to speak with a library staff member. We are always happy to hear from our community.

The Pueblo of Isleta Public Library is looking for adults 18 and over to join our Library Board. Volunteer as a Library Board member and voice your ideas, opinions and concerns for the betterment of the Library and community. This will look great on your resume. The Library is asking for at least 3 people to attend two meetings throughout the year. You will be contacted about upcoming meetings. If you are interested in becoming a member, please give Nathaniel Lujan a call at the Library 505-869-9808.

If you can't make it into the library to check out a book, take advantage of our eBook service! Library patrons now have access to Overdrive. Overdrive is a free service offered to you by the Pueblo of Isleta Public Library that allows you to borrow eBooks and audiobooks anytime, anywhere. You will need your library card number and pin to log on Overdrive. Download the mobile app Libby to start enjoying this free service or simply log on to overdrive.com. If you have any questions about our services please give us a call at 505-869-9808 or come in and visit us.

Free music! Don't forget to take advantage of our Freegal Music service. Log on with your library card number and pin to starting downloading and streaming music legally. Library patrons receive 3 free downloads each week and UNLIMITED streaming of music with NO AD interruptions. Log on to freegalmusic.com or download the Freegal Music app. If you have any questions about this service or would like to learn more about it, please give the library a call at 505-869-9808.

Upcoming

Are you ready for the madness? Join in on the NCAA March Madness at the library with 4 events taking place in March and April.

- **March 19th-** Turn in your NCAA College Basketball Bracket by 12pm. Earn points by picking the winning team of each game. The person with the most points will win a prize.
- **March 28th-** Learn how to make fried pickles and jalapeno poppers appetizers for your game days from 5pm-6:30pm. This is open to 10 adults 18 and over. **Sign up starting March 19th.**
- **April 4th-** Craving something sweet? Learn how to make basketball cake pops from 5pm-6:30pm. This is open to 10 library patrons 16 and over. **Sign up starting March 19th.**
- **April 6th-** Viewing party on a big screen! Bring your family and friends to watch one of the final four games at the library. Snacks and drinks will be provided. *Game time to be announced.*

For more information on any of the

March Madness programs, please give the library a call at 505-869-9808 and speak with Rebekah or by email at poi02008@isletapueblo.com.


The Library will be taking part in the Language and Cultural Showcase taking place on March 28th at the Isleta Elementary from 6:00pm-8:00pm. This will feature different performances from various native communities, food, booths, games, and much more. We would like to invite the community to this special event. The Spring Break vibe is in the air! All schools will officially be on Spring Break during the week of March 11th-15th. During this time the library may be busier and louder than usual. We apologize in advance and will be on top of minimizing the noise for our patrons. We would also like to offer our conference room, which is available for all patrons any day. For conference room reservations, please give the library a call at 505-869-9808.

Spring Break activities and crafts will be offered during the week of March 11th-14th Monday through Thursday. This will be open to ages 6 years old and up from 1pm-3pm. No need to sign up for activities or crafts. Students are always welcomed to come visit the library and take advantage of what we offer: Computers, Wii U, Xbox 360, board games, UNO, and much more. We require students to read before hopping on to computers or game consoles. We usually ask students to read for 30 minutes during regular school days, but since it is Spring Break we will require students to read for 15 minutes. Please call the library at 505-869-9808 for more information on the activities and crafts. We wish you a fun and relaxing Spring Break!

MARCH 19TH

Come to the library and fill out your bracket for the **2019 NCAA College Basketball Tournament** by **12:00 PM 3/19/19**

Earn points by picking the winning team of each game



MARCH 28TH


Learn how to make delicious appetizers to enjoy at your March Madness Party

Fried Pickles and Jalapeño Poppers

Sign ups start 3/19

Open to first 10 adults (18 and older)

5:00-6:30 p.m.




APRIL 4TH

Come make basketball cake pops!

Open to the first 10 adults (16 and older)

Sign ups start 3/19

5:00-6:30 p.m.

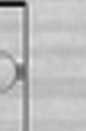


APRIL 6TH


Bring your family and friends to watch one of the Final Four games at the Library!


Enjoy snacks and drinks!

Game time to be announced




NCAA MARCH MADNESS





For more information please contact Rebekah by phone at 869-9808 or by email at poi02008@isletapueblo.com



Recap

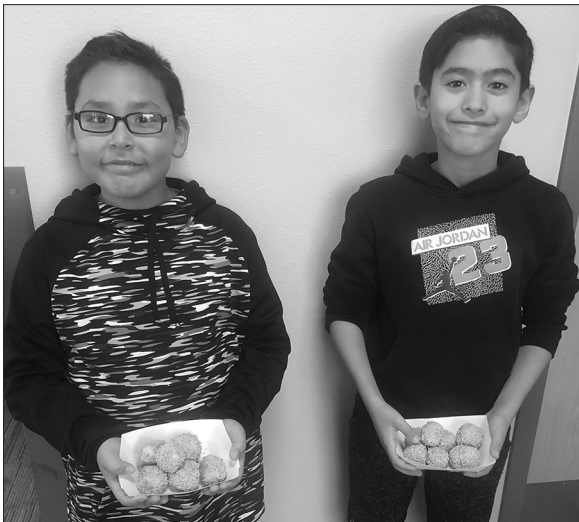
On February 5th and 6th library staff member Cheyenne hosted two nights to celebrate Chinese New Year “Year of the pig”. 6 Student participants learned how to make sesame seed balls, a Chinese dessert. 6 Adult participants learned how to make



An adult Chinese New Year participant showing us her yummy results of her Sticky Rice Cakes.

sticky rice cakes. Both of these desserts symbolize good luck and fortune in hopes it will “stick” with you throughout the year. Everyone in attendance enjoyed learning how to make a dessert from a different culture. Thank you all for joining us!

The library hosted our first ever “Singles”



Two Chinese New Year food participants showing off their Sesame Seed Ball desserts.

event on Saturday, February 23rd. We celebrated the 90’s and 00’s with various 90’s/00’s themed games, had classic music videos playing “MTV style”, enjoyed a nacho bar and displayed different pictures of trends, which brought back memories for the participants. This was a public event and different communities represented including the Isleta community, Los Lunas and Laguna community. The first 10 sign ups received a themed bag, which included Pogs with a slammer, Mini M&M’s, Too Tart candy sprays, a slap bracelet and a throwback movie. We would like to thank everyone who attended and took advantage of this free event. Not many events like this take place around the community and if you happen to venture out to an event like this you have to pay and not everyone is into the “bar” scene.



Library staff member Cheyenne showing the students participants how to mix and roll their Sesame Seed ball desserts.

Connect with the Pueblo of Isleta Public Library

Library website:
www.isletapueblo.com/whats-new.html
Facebook:
www.facebook.com/IsletaPuebloLibrary
Sapchat: poipublib






ISLETA LITTLE LEAGUE

Last day to register your child is March 16th, 2019 you can register on the web at <https://tshq.bluesombrero.com/isletalittleleague>


Opening day will be on March 23rd, 2019 at the Little League Fields at 11:00am

**ANY QUESTIONS PLEASE
CALL CHARLES LUJAN
505-270-0884**





BRAZILIAN JIU JITSU CLASSES



WHEN
MONDAY, MARCH 4TH, 2019

WHERE
NEW ISLETA RECREATION CENTER

DAYS OF CLASSES:

MONDAY/WEDNESDAY

YOUTH AGES 7-13

TUESDAY/THURSDAY

ADULTS: INCLUDING AGES 14-17 WITH PARENTAL CONSENT

TIME OF CLASSES:

5:00-6:00PM

FOR MORE INFORMATION, CALL THE RECREATION CENTER 505-869-9777
"Building a Healthy Community"

Scout Pack #1572



Ready or not spring is around the corner! The Scout Pack #1572 is looking forward to the warm weather so we can get out, enjoy the sunshine and do some outdoor activities! Here's what we've been up to!

We ended the month of October with a Scout Halloween party! We put on our favorite Halloween costumes, played musical chairs, ate tons of sugar, had a dance off, and a donut eating contest. We had an awesome time. We also went trick-or-treating with our Scout family on Halloween night. We collected a bag full of candy and got to scare each other a few times. A few of the scouts even got to meet Pennywise!



For the month of November, we checked out the Marigold Dia De Los Muertos parade in the South Valley. The streets were filled with people celebrating this day. We enjoyed watching the different floats and people dressed for the occasion as they marched in the parade. It was definitely something to see.



We explored Meow Wolf in Santa Fe in November. As the scouts and their families began their journey by climbing through a fire place, we wiggled our way into tiny closets that led us out a refrigerator door and into a maze through a forest! Oh gosh! It was a fun experience!



The Scouts hand decorated Christmas decorations for a tree that was raffled off to a family for the annual Reaching for A Star event. We'd like to thank the Pueblo of Isleta Truancy office for donating the tree. We hope the family that received the tree enjoyed it as

much as we enjoyed making the decorations. We also participated in the annual Memorial Walk in December. The Scouts recited the Pledge of Allegiance at the beginning of the ceremony. We helped out by carrying food & drinks to the tables, picked up trash, and assisted in cleaning up. The Scouts also assisted with the raffle. We look forward to being a part of this event next year.



As the year winded down we celebrated Christmas with a potluck. We had a meal with our family that included enchiladas, beans and taquitos just to name a few of the foods we had. We also decorated Christmas cookies that were graciously made by our Scout mom, Shannon. We got pretty competitive with our designs, some were too pretty to eat! Thank you Shannon for this lesson in decorating and the yummy cookies.

We ended 2018 by assisting with the St. Augustine Church Luminaria display. We'd like to thank all the Scouts, our families, and community members that helped with this project, we couldn't have done it without you. I hope that you enjoyed looking at the traditional luminaria display. It was our pleasure to be involved with this event. It made us proud to be part of our community.



We took a trip to the Natural History Museum in January. We were able to have a guide walk us through the museum and explain some of the exhibits. It was interesting to learn some of the behind the scene stories to the displays. We learned even more about our favorite dinosaurs.

Did you get to see the Lunar eclipse? We returned back to the Natural History Museum to view the eclipse through the telescopes provided by the museum. The moon looked like you could just reach out and touch it! As the sky grew dark, we waited in anticipation for its return. Some of us went home, pulled out some blankets and laid back to watch its magnificent return. This experience will be a story to share with future generations.



In February, we had the pleasure of having Captain Johnny Leyba and Lt. Harry Croneberger teach our scouts about First Responder training. The scouts were able to learn how to wrap bandages and the do's and don'ts of first aid. The Scouts especially liked making a stretcher out of a blanket and tree limbs. We hope we don't ever have to use this skill but if they do, the Scouts will be prepared. Again thank you Captain Leyba and Lt. Croneberger for taking time out of your busy schedule.



The Scouts participated in the Lobo Scout Night. Our scouts were able to go into the Lobo tunnel and high five the Lobo and Fresno players as they took a break for half time! They also got to say hi to the UNM Cheerleaders. They were excited to meet both! Coach Paul Weir thanked the scouts for coming out to show their support. The most exciting part of this night was when the Scouts got to go onto the court, they were announced and got to wave on the big screen!



We have also been busy with fundraising. Our hope is to go camping at the end of the summer. We'd like to thank our family and friends for supporting our children. We'd also like to say thank you to Chical Haystack for letting us host a fundraiser at their store. Our efforts wouldn't be the same without the family and community support! Once again thanks!

Wow our Scouts have been up to a lot! If you want to join the excitement, please contact us. We have a wonderful time! We welcome you & your family to join us, come check it out! We are now accepting female members to join Scout Pack #1572. If you think you or your child (5-10 year-old) may be interested in the fun, please feel to contact Patricia @ 203-6454. We are currently meeting on Sundays, times and locations vary from week to week.

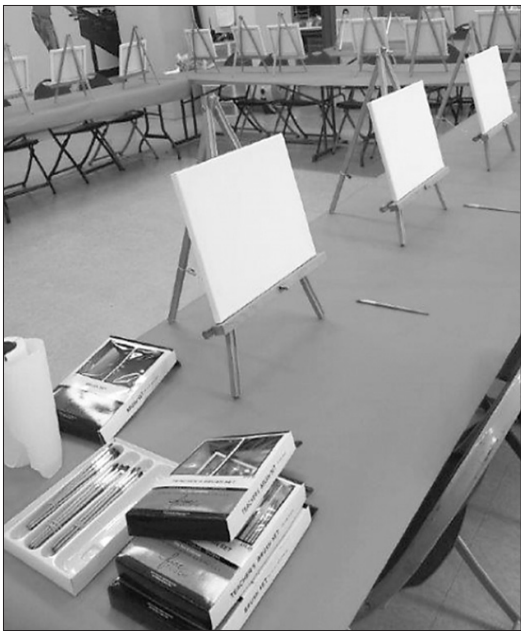
News for Isleta Parks and Recreation:



Isleta Eagles Basketball News: Our boys played an away game February 9th and won against the Laguna Braves. It was a very exciting game and the boys played their best. Our girls basketball team were able to do a meet & greet session with the Lady Lobos this month. They were very excited to meet the players along with getting their autographs. The Lobo’s donated the team tickets and we would like to thank Coach Brianna Roybal for setting this up for our girls. Our next home game will be Saturday, March 2, 2019 at 10am. We invite our community to come out and show your Eagle Pride!!

Community Night Events:

Paint Night with Nicholas Otero: Mr. Otero, a well-known local artist from Los Lunas and the art teacher for Bosque Farms Elementary taught us landscape painting techniques using acrylics paints. We had over 25 participants for our first paint night event!! We were able to learn the basics of painting a landscape scene with the blending of lots of colors. We also provided a lasagna dinner before class and enjoyed mingling with one another while discussing our portraits. We are showcasing our beautiful canvas’ here at the Rec Center. Come on in and see some of the paintings that are displayed in our lobby. Thank you to LeeAnne Zuni and Meredith Platero who made sure we had a very delicious meal consisting of lasagna, salad, and chocolate covered strawberries. We do plan to have more painting classes in the spring which brings our community together, look out for the flyers!!



The Rec Center hosted the Isleta Headstart Valentine Dance in our gym on February 15, 2019. This was the first dance held in over ten (10) years. It was a great turn out for a family night out. The Recreation Staff decorated the gym with a huge Valentine heart balloon arch display. The Head Starters enjoyed their first Valentine Dance with their families. One of the famous songs of all Baby Shark, doo, doo, doo, doo, doo!! We look forward to hosting many more community events and as always, invite everyone to participate and attend!





Upcoming Events at the Recreation Center:

On March 4th, 2019, we will start our new Brazilian Jiu Jitsu Classes which will be instructed by Tribal member, Matthew Zuni. Matthew has 10 years experience in Jiu Jitsu under Gracie Barra. We welcome him in teaching our community and look forward to building a very successful and beneficial program for our community. We had a mandatory meeting on February 14 for student sign ups and already have an estimated 20 new students who are eagerly anticipating the classes to begin. The high number in interested participants already shows that the community is excited in this form of martial arts. Classes will be held at the New Recreation Center.

What is Brazilian Jiu Jitsu?? It is a martial art and combat sport system that focuses on grappling with particular emphasis on ground fighting. Brazilian Jiu-Jitsu was developed from Kodokan judo ground fighting (newaza) fundamentals that were taught by a number of Japanese individuals. Brazilian Jiu-Jitsu eventually came to be its own defined combat sport through the innovations, practices, and adaptation of judo/jujutsu.







Save The Date!

4th Annual

Native Youth

Empowerment Symposium



Tuesday, April 02nd 2019

Grade 7-College students



Pueblo of Isleta Resort & Casino Grand Ballroom
11000 Broadway SE-Albuquerque, NM 87105

Inspired by Generation Indigenous (GEN-I), the 4th annual Native Youth Empowerment Symposium is an opportunity to interact with Native youth, Tribal leaders, and industry experts representing non-profits, government agencies, tribal services and education.

Hosted by the Pueblo of Isleta in collaboration with Tiwa Lending Services (TLS).

For more information or to register please contact Tiwa Lending Services at (505) 916-0556.

Lunch
Provided



PUEBLO OF ISLETA

NMSU to host artificial insemination workshop in Los Lunas

New Mexico State University Southwest Beef Reproductive Management Program is launching a new artificial insemination school to help cattlemen manage their reproductive program.

“AI is a largely under-utilized technology in New Mexico,” said Craig Gifford, NMSU Extension beef cattle specialist. “There has been a really big misconception that AI is just for dairy cattle, and isn’t used in a big pasture situation. But there are big ranches that use it and continue to use it, indicating that AI is profitable in this type of production system.”

The next NMSU AI School will be in Los Lunas from April 10-12, at Southwest Event Center on State Highway 6, west of Los Lunas. The course will be taught by Gifford; Marcy Ward, NMSU Extension livestock specialist; and other NMSU Extension specialists and agents.

“There will be classroom presentations from 9 a.m. to 5 p.m. Wednesday and Thursday, April 10-11, and hands-on palpating of cows on Friday, April 12,” said Newt McCarty, NMSU Extension’s Valencia County agricultural agent. “This is a great opportunity for cattlemen to learn this breeding method.”

Topics during the two-day classroom session will include female cow reproductive anatomy, estrus-synchronization and semen handling.

“We will practice handling of the semen straws from the nitrogen tank to thaw unit,” Gifford said. “We will have actual cow reproductive organs for the participants to see the anatomical structures and understand how AI works. Plus, we will use our cow model to practice the AI procedures.”

The third day, participants will put into action what they learned in the classroom as they work with live cows.

Registration fee is \$285, which includes an ABS Artificial Insemination handbook. Contact McCarty at 505-565-3002 before April 1 to register. Alternatively, visit nmbeef.nmsu.edu for online enrollment. For those who attended Tucumcari AI school, the one-day, hands-on workshop is \$185.

“This type of program taught in neighboring states runs \$500-plus, but we are trying to keep costs as low as we can,” said Gifford. “The handbook itself is worth this registration fee. The participants will be able to take it home as a reference manual.”

Besides providing all of the teaching material, ABS Global, a world leader in providing bovine genetics, reproduction services and technologies, has donated the equipment for the school, such

as the semen tanks, thawing units, practice semen straws and guns.

“We can’t thank ABS Global enough for their contribution,” Gifford said. “Without their generosity, it would have been very difficult to host these schools.”

This is the second AI school NMSU has held this year. The first was in Tucumcari Feb. 26-27.

“We have added the hands-on palpating day to the Los Lunas school, because we have access to live cows thanks to all the help from the folks at the SW Event Center,” Gifford said. “Anyone who attended the Tucumcari school can attend Friday to practice on cows.”

There are several reasons for a producer to use AI to breed their cow herd.

“It is a way to minimize the cost for smaller herd operators while getting some of the best genetics in the world without having to buy a bull,” Gifford said. “It can also be used if the producer wants to change direction of the breeding program by selecting genetics specific for the desired results.

“It is also a way to utilize terminal crosses in this arid environment. You

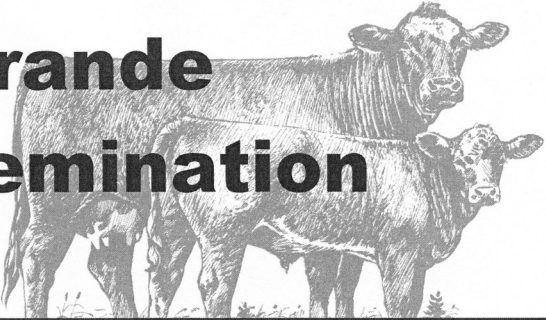
might be able to use a bull through AI that you would not necessarily want to keep the daughters of, but it might improve the calf’s muscle and frame score and make them more marketable. Additionally, the benefits of getting cows calving earlier in the season can increase profitability in both fall-weaned market calves and replacement females.”

Another reason is to control bovine Trichomoniasis, a sexually transmitted disease.

“In trich-prone areas of the state, this might be a management tool,” Gifford said. “A pregnant cow can’t catch trich. So having her bred before release to graze in areas where she could come in contact with an infected bull will help prevent the disease from spreading.”

After evaluating the participation demands at the Tucumcari and Los Lunas schools, Gifford hopes to offer this program at other locations around the state. “If the demand is there, we will continue to host these schools. Get in contact with your local County Extension Office and let them know if you are interested.”

Middle Rio Grande Artificial Insemination Training



Southwest Event Center, 24 Dalies Rd, Los Lunas, NM 87031

THREE DAY TRAINING!


Provided by NMSU Valencia County Cooperative Extension Service and NMSU Extension Animal Sciences and Natural Resources

April 10 9:00am – 5:00pm Classroom topics include: anatomy, estrous cycle, synchronizing and heat detection	April 11 9:00AM – 5:00PM Classroom topics include: equipment and facilities, ordering semen, health/nutrition, semen handling and tank management	April 12 9:00am – 3:00pm Hands on passing rods with live cattle
-----------------------------------------------------------------------------------------------------------------------------	-------------------------------------------------------------------------------------------------------------------------------------------------------------------	------------------------------------------------------------------------------


Instructors:
Dr. Craig Gifford, NMSU Extension Beef Specialist
Dr. John Wenzel, NMSU Extension Veterinarian
Dr. Marcy Ward, NMSU Extension Livestock Specialist
Steve Lucero, Sandoval County Extension Agent

****To RSVP Call 565-3002 Class Limited to 25 Participants****

THREE DAY TRAINING COST \$285
Includes training manuals
Online registration at nmbeef.nmsu.edu (available early March)



BE BOLD. Shape the Future.
College of Agricultural, Consumer and Environmental Sciences
Cooperative Extension Service



USA

ABS Global
Sponsored Event

If you are an individual with a disability and need auxiliary aid or service contact Newt McCarty at 505.565.3002 by March 20, 2019.
New Mexico State University is an equal opportunity/affirmative action employer an educator. NMSU and the U.S. Department of Agriculture Cooperating.

WE ARE HERE TO SERVE
Isleta Health Center Team
(505)869-3200

National Native American HIV/AIDS Awareness Month

Lisa Cherino, Clinical Therapist, Isleta Behavioral Health Services

This is National Native American HIV/AIDS Awareness Month, a time of observance to raise awareness about the impact that HIV/AIDS has had on American Indians. “HIV” stands for Human Immunodeficiency Virus. The HIV virus destroys the body’s immune system, resulting in AIDS. “AIDS” stands for Acquired Immunodeficiency Syndrome. The end result of HIV infection when your body is no longer able to fight off other opportunistic infections.

HIV and AIDS are not transmitted through casual contact (that is, where no blood or body fluids are involved). HIV is what gets passed from person to person. People don't "catch AIDS"; they "become infected with HIV". HIV lives in blood and other body fluids that contain blood or white blood cells. Health officials noted that the best way to stop the spread is to know your HIV status, avoid or delay sexual activity, decrease the number of sexual partners, always use latex condoms during sex, avoid sharing needles or equipment to tattoo, body pierce or inject drugs, testing at least annually if sexually active, and getting into and continuing with health care if infected. People have gotten HIV through:

- Unprotected sexual intercourse with an HIV-infected person.
- Sharing drug injection needles
- Being accidentally stuck by needles or sharp objects
- Infected blood used in transfusions
- Pregnancy, childbirth, and/or breastfeeding, where the virus is passed from mother to child.
- Transplanted organs from infected donors.

We hope this National Native American HIV/AIDS awareness month will bring awareness of the presence of HIV and AIDS in our Native communities. Of the 39,782 HIV diagnoses in the U. S. in 2016, 1% (243) were among American Indian and Alaska Native (AI/AN) populations. Of those, 81% (198) were men, and 19% (45) were women (information taken from Center for Disease Control <http://www.cdc.gov>). Please call New Mexico AIDS Services that provides comprehensive services, support, and prevention education at (505) 938-7102 for more information.

NMSU to host Valencia County Home and Garden Expo in Peralta

PERALTA – Need some motivation for spring cleaning, gardening and organization? Here's a solution! Find motivation and inspiration by attending the Valencia County Home and Garden Expo Saturday, March 16.

New Mexico State University's College of Agricultural, Consumer and Environmental Sciences will host a day of workshops and demonstrations of activities for the home and garden from 8 a.m. to 2:30 p.m. at the Peralta Methodist Church Community Education Building, 25 Wesley Road in Peralta. The \$5 attendance fee includes lunch.

The event is hosted by NMSU's Cooperative Extension Service in Valencia County and the Valencia County Extension Master Gardeners.

“This event is a great way to start the spring gardening season,” said Newt McCarty, NMSU Extension agricultural agent in Valencia County. “We have two tracks of sessions dedicated to garden and home activities.”

The day will open with “Healthy Plants, Healthy Hearts: Building Community with Horticulture” by Marisa Thompson NMSU Extension Horticulture Specialist.

“Gardening is a very broad activity and can be frustrating, therapeutic, overwhelming and at the same time rewarding. Each year we work to bring new and engaging gardening topics and I feel we have accomplished that with this year’s presenters” McCarty said.

During the garden track sessions will include Mulch of Magic, Grapes 101, Vermicomposting and Flowers of the Month and Their Meaning.

“We are excited about the diversity of hands-on workshops we are offering for the person needing inspiration inside the home,” said Laura Bittner, Extension family and consumer sciences agent in Valencia County.

“The home track workshops will provide opportunities to gain ideas on how to organize and declutter, use garden products and improve relationships through better understanding of personality types. We are also very excited for a workshop on wine pairing provided by Gill Giese, NMSU viticulturist specialist.”

The home track sessions will include food preservation, home organization, wine pairing and chocolate therapy.

Please call 505-565-3002 to RSVP for the
Valencia County Home and Garden Expo.



New Mexico State University Master Food Preserver Vicky Husband talks about ways to preserve fresh vegetables during the Valencia County Home and Garden Expo. This year's Expo will be Saturday, March 16, at the Peralta Methodist Church Community Education Building, 25 Wesley Road in Peralta. (NMSU photo by Jane Moorman)



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MARCH 22 | 8PM

TICKETS STARTING AT \$20



**MAVIS
STAPLES**

MARCH 29 | 8PM

TICKETS STARTING AT \$20



**michael
mcdonald**

APRIL 5 | 8PM

TICKETS STARTING AT \$40











Tickets for all shows are on-sale now at Isleta Casino Box Office. All shows are 21 years and older.






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resort + casino

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<div><div>Isleta Elder Center</div><div>(505) 869-9770</div><div>Monday - Friday</div><div>8:00AM - 4:30PM</div></div> <div><div>March</div><div>2019</div></div> <div></div>				
Monday	Tuesday	Wednesday	Thursday	Friday
*All activities subject to change Please call the Elder Center with any questions regarding the calendar or to sign-up for activities.				3/1/2019 Open Activities: Exercise Equipment: Treadmill, Stationary Bikes Pool Table - Table Tennis TV/Movies - Board Games <i>All other activities available at request</i>
3/4/2019 Pah-Tol: Indian Board Game with Isleta Elementary Students 1:00PM - 2:30PM Activities Room	3/5/2019 Shuffleboard 9:00AM - 4:00PM Activities Room	3/6/2019 Shuffleboard Activities Room 9:00AM - 4:00PM Pah-Tol: Indian Board Game with Isleta Elementary Students 1:00PM - 2:30PM	3/7/2019 Open Activities: Exercise Equipment: Treadmill, Stationary Bikes Pool Table - Table Tennis TV/Movies - Board Games <i>All other activities available at request</i>	3/8/2019 Scrapbooking: A look back in Elder Center Time <i>Photos & Supplies Will be Provided</i> 11:00AM - 12:00PM 1:00PM - 3:00PM Activities Room
3/11/019  Chair Yoga 10:30AM - 11:30AM Activities Room Presented by: Shanti Yoga	3/12/2019 Commodities Distribution #1 8:30AM - 3:30PM Coffee & Commodities Activities Room 	3/13/2019 Open Gym at Isleta Rec Center 1:00PM - 4:00PM Shuffleboard & Pickleball	3/14/2019 Mass Activities Room - 11:30AM 	3/15/2019 St. Pattys Shenanigans 1:00PM - 3:00PM Activities Room 
3/18/2019 Open Activities: Exercise Equipment: Treadmill, Stationary Bikes Pool Table - Table Tennis TV/Movies - Board Games <i>All other activities available at request</i>	3/19/2019 Manzano Mesa Shuffleboard Exchange 10:30AM - 4:00PM AARP TAX HELP DAY 9:00AM - 4:00PM FIRST COME - FIRST SERVE	3/20/2019 Friendship Breakfast 9:00AM General Meeting 10:00AM Isleta Police Department: Chief of Police & Officers Meet & Greet/Q & A Session	3/21/2019 EARLY LUNCH - 11:00AM Monthly Outreach Community Training Topic: "Caregiver Stress Busters" 11:30AM - Activities Room STAFF MEETING - 12:30PM	3/22/2019 Prescription & Drug Abuse Disposal Presentation By: Stephanie Barela 1:00PM Activities Room
3/25/2019  Chair Yoga 10:30AM - 11:30AM Activities Room Presented by: Shanti Yoga	3/26/2019 Open Activities: Exercise Equipment: Treadmill, Stationary Bikes Pool Table - Table Tennis TV/Movies - Board Games <i>All other activities available at request</i>	3/27/2019 Afternoon Bingo 1:00PM Activities Room 	3/28/2019 Commodities Distribution #2 8:30AM - 3:30PM  Coffee & Commodities Activities Room Advisory Committee Meeting 9:00AM - Conference Room	3/29/2019 March Birthdays Celebration 12:00PM - Dining Room  Afternoon Movie & Snacks 1:00PM

Menu

Isleta Elder Center



MARCH

2019

Monday	Tuesday	Wednesday	Thursday	Friday
IMPORTANT REMINDERS!! Please call ahead of time to cancel Home Delivered Meals. This saves time and money. Thank you. Congregate meals age 55+ free of charge. Persons ages < 55 the suggested donation is \$5.00 however any donation is appreciated.			3/1/2019 Red Enchilada Ground beef or turkey 2 oz Shredded cheddar 1 oz Corn tortilla 2 oz Red chile puree 1/4 c Peas 1/2 c Fresh fruit	
3/4/2019 Macaroni Stew Ground beef 3 oz Stewed tomato 1/2 c Mixed vegetable 1/2 c WW elbows 1/2 c WW crackers = 24 g Fresh fruit	3/5/2019 Breakfast Burrito Pork sausage or ham 2 oz Scrambled egg 2 ea Rice 1/2 c WW tortilla 8" Mixed vegetable 1 c Fruit cup 1/2 c	3/6/2019 Pinto Beans Red chile 1/2 c Blue corn mash 1 c Sweet rice w/raisins = 2 grain eq and 1/2 c fruit Ash Wednesday	3/7/2019 Grilled Ham and Cheese Sandwich Shaved ham 2.5 oz Sliced cheese .5 oz Tomato soup 1/2 c Steamed cauliflower 1/2 c WW bread slices = 56 g Fruit salad = 1/2 c fruit	3/8/2019 Egg Salad Sandwich WW bun = 56 g Carrot salad 1 c Tomato/cucumber 1 c Cheese stick 1 oz Fresh fruit
3/11/2019 Rice Stew w/Beef Ground beef 3 oz Rice 1/2 c Mixed vegetable 1/2 c Green chile 1/2 c WW crackers = 24 g Fresh fruit	3/12/2019 Spaghetti with Meatsauce Ground beef or turkey 3 oz Marinara sauce 1/2 c Tossed salad 1 c Wheat noodles 1/2 c Garlic breadstick = 26 g Fruit cup 1/2 c	3/13/2019 Pork Loin Sliced pork 3 oz Capri vegetable 1 c Stuffing 1/2 c Brown gravy 1 oz Peach cobbler = 1/2 c fruit and 1 grain eq	3/14/2019 Chicken Noodle Soup Diced chicken 3 oz WW noodles 1/2 c Mixed vegetable 1 c Bread or crackers = 26 g SF gelatin w/fruit = 1/2 c fruit	3/15/2019 Torta and Beans Pinto beans (M/MA) 1 c Torta w/red chile 1/2 c Spinach with egg 1/2 c Fry bread = 2 grain eq Trail mix (raisin, nut, cranberries) 1/4 c
3/18/2019 Chicken Sandwich Breaded chicken patty 3 oz Slice american cheese .5 oz WW bun = 56 g Mixed vegetable 1 c Fruit cup 1/2 c	3/19/2019 Green Chile Cheesburger Ground beef patty 4 oz Sliced american cheese .5 oz Winter vegetable 1 c Diced green chile 1/8 c Lettuce/tomato 1/8 c WW bun = 56 g Fresh fruit	3/20/2019 Vegetable Beef Stew Ground beef 3 oz Mixed vegetables 1/2 c Tossed salad 1 c Bread stick = 56g Fresh fruit	3/21/2019 Chicken Caesar Salad Chicken 3 oz Chopped romaine 1 c Cucumber/tomato 1 c Crouton 1 oz Biscuit = 56 g Fresh fruit EARLY LUNCH	3/22/2019 Baked Fish Fish fillet 3 oz Potato wedge 1/2 c Steamed broccoli 1/2 c WW roll = 56 g Fruit cup 1/2 c 
3/25/2019 Garbanzo Bean Stew Ground beef 2 oz Garbanzo beans (M/MA) 1/2 c Diced tomato 1/2 c Mixed vegetable 1/2 c Garlic biscuit = 56 g Fresh fruit	3/26/2019 Teriyaki Chicken Bowl Diced chicken 3 oz Steamed rice 1 c Oriental veggies 1 c Fortune cookie Fresh fruit	3/27/2019 Meatloaf Ground beef 3 oz Mashed potato 1/2 c Steamed carrot 1/2 c Brown gravy 1 oz WW roll = 56 g Fresh fruit	3/28/2019 Chicken Quesadilla Shredded chicken 2 oz Cheddar cheese 1 oz WW tortilla 8" Stewed tomato 1/2 c Celery sticks 1 c Fresh fruit	3/29/2019 Spaghetti w/Marinara Sauce WW noodle 1 c Marinara sauce 1/2 c Green beans 1/2 c Fruit smoothie 1 c

Based on the availability of ingredients/produce or other unforeseen circumstances, menus are subject to change.

Isleta Elder Center



Apply Today




Applications & assistance is available for LIHEAP (Low Income Home Energy Assistance Program). LIHEAP is a federally-funded program that helps low-income households with their home energy bills such as gas, electric, propane, or firewood. *There is no deadline to apply, however, you can only apply once a year.*

The New Mexico LIHEAP program may be able to offer you one or more of the following types of assistance:

- Bill payment assistance.
- Energy crisis assistance.
- Weatherization and energy-related home repairs.

For Elders 60+ years of age, please call or visit:
Pauline Lucero, Benefits & Billing Manager
Monday thru Friday 8 a.m. to 4:30 p.m.
505-869-9770 ext. 9339

If you know of anyone under the age of 60 that would benefit from this program, please have them visit their nearest State Health and Human Services Department, or call 505-841-2300.





2019

Presented by New Mexico Senior Olympics

Calling
National Qualifiers and All
Native American Elders 50+!

When: April 24-25, 2019

Where: Santa Fe Indian School

\$15.00 Registration Fee

Contact your Senior Program Directors

- 10 Sports Offered
- 1st, 2nd & 3rd place awards - 5-year age division
- Lunch on your own
- Health Fair with Screenings
- Join in the Parade of athletes to compete for the Team Spirit Award
- Statewide Torch Relay

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For more information, please call or visit:
Pauline Lucero, Benefits & Billing Manager
Monday thru Friday 8 a.m. - 4:30 p.m.
505-869-9770 ext. 9339 or call the phone number listed at the bottom.

HELP IS HERE!

Do you have Medicare Part A and B & New Mexico Medicaid?
If you do, we may be able to help you.

DO YOU NEED:

- Do you need help with **DENTAL CARE**?
- Do you need help with **DENTURES** or **FALSE TEETH**?
- Do you need help with **EYE GLASSES & HEARING AIDS**?
- Do you need **TRANSPORTATION** to your doctors?
- Do you need **HEALTH CARE PRODUCTS** like vitamins, allergy medicine, cough medicine, adult diapers, walkers and more?
- **Life Alert Necklace**


No cost to you!
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1-505-747-2346 JR or Robin Trujillo





St. Augustine Parish
Isleta Pueblo
Ministry of Consolation



MISSION STATEMENT

We are a ministry of consolation at St. Augustine Parish to offer spiritual comfort and support to families who have experienced the loss of a loved one. We will continue to honor and respect our traditional teachings.

OBJECTIVES:

1. To assist our spiritual leader in Christ with his duties to render pastoral care and/or services.
2. To assist families with hospitality and Christian fellowship after the liturgy and burial services when requested.
3. The bereavement group will offer informal continuing support.

*With Sympathy
"In times of sorrow
God's quiet waters of hope and
courage flow"*

Stephanie Barela, Health Educator - <http://www.eatright.org> - Phone: 505-869-4479

1. Eat Breakfast

2. Make ½ Your Plate Fruits and Vegetables

3. Watch Portion Sizes

4. Be Active

5. Fix Healthy Snacks

6. Get to Know Food Labels

7. Consult an RDN

8. Follow Food Safety Guidelines

9. Drink More Water

Quench your thirst with water instead of drinks with added sugars. Don't drink your calories. Stay well hydrated by drinking plenty of water.

10. Get Cooking

Prepare foods at home to stay healthy and save money.

Learn some cooking and kitchen basics, like how to dice an onion or cook dried beans.

11. Dine Out without Ditching Your Goals

You can eat out and stick to your healthy eating plan! The key is to plan ahead, ask questions and choose foods carefully. Compare nutrition information, if available, and look for healthier options that are grilled, baked, broiled or steamed.

12. Enact Family Meal Time

Plan to eat as a family at least a few times each week. Set a regular mealtime. Turn off the TV, phones and other electronic devices to encourage mealtime talk. Get kids involved in meal planning and cooking and use this time to teach them about good nutrition.

13. Banish Brown Bag Boredom

Whether it's a lunch for work or school, prevent brown bag boredom with easy-to-fix, healthy lunch ideas. Try a whole-wheat pita pocket with veggies and hummus or a low sodium vegetable soup with whole grain crackers or a salad of mixed greens with low-fat dressing and a hardboiled egg.

14. Explore New Foods and Flavors

Switch up your food choices by making a point to choose a fruit, vegetable or whole grain that is new for you and your family. This will add more nutrition and eating pleasure by expanding your range of food choices.

15. Eat Seafood Twice a Week

Seafood—fish and shellfish—contains a range of nutrients including healthy omega-3 fats. Salmon, trout, oysters and sardines are higher in omega-3s and lower in mercury.

16. Cut Back on Added Sugars

Foods and drinks with added sugars can contribute empty calories and little or no nutrition. Reviewing ingredients on the food label can help you identify sources of added sugar.

Visit www.ChooseMyPlate.gov for more information.

Thursday, March 7th from 8:00-11:00am

You can sign up on the www.bloodhero.com website and look for the Isleta Health Center event or call Stephanie Barela at 869-4479 if you need help.



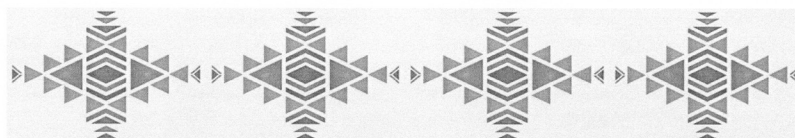
LAST YEAR, the Isleta Health Center had a Blood Drive, where 14 employees made lifesaving donations that

potentially helped 54 people!!

WAY TO GO!! Let's beat last year's numbers.

Please sign up to DONATE and

HELP SAVE LIVES!!



2019 All Indian Game Day

Presented by: New Mexico Senior Olympics

When: April 24th & 25th 2019

Where: Santa Fe Indian School

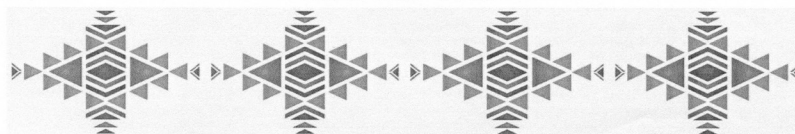
Sports Offered


Archery	Race Walk 1500M
Field—Discuss	Frisbee Accuracy
Field—Shot Put	Field—Long Jump
Power Walk 1500M	Road Race 5K
Shuffleboard	Track 100M & 400M
Softball Distance Throw	

Sport Scholarship Opportunity available through the Isleta Elder Center Senior Olympic Program

**SCHOLARSHIP LIMITED TO THE FIRST 30 ATHLETES TO REGISTER
BEFORE THE DEADLINE: FRIDAY MARCH 15, 2019**

FOR MORE INFORMATION CALL OR SEE MONIQUE (ACTIVITIES
COORDINATOR) AT THE ELDER CENTER
505-869-9770






2019 Meeting Schedule

Pueblo of Isleta Community Cancer Support Group

@ Isleta Health Training Center (behind the Health Center)

10:30am to 12:00pm or 5:00pm-6:30pm (Changes every other meeting)



*Meetings usually change every other time from 10:30am-12:00pm to 5pm-6:30pm in the Isleta Health Training Center (Building behind the Isleta Health Center)

DATE	TOPIC	SPEAKER	LOCATION	Refreshments
1/8/2019 10:30am – Noon	Supporting Your Whole Life with Resources	Diana Goodman, LL DOH	Isleta Health Training Center	Sign up to bring snacks/drinks, 2 people a session.
1st Friday 2/1/2019 8:30am – 1pm	6th Annual Go Red For Native Women Heart Health Summit	American Heart Association Call 485-1315 to register	Albuquerque Convention Center	American Heart Association
☎ Contact Stephanie at 869-4479 to register for Heart Health Summit ☎				
1st Tuesday 3/5/2019 5pm – 6:30pm	EVENING SESSION Parkinson's Disease	Cindy S Brown, LBSW, CDP Home Instead	Isleta Health Training Center	Potluck
4/9/2019 10:30am – Noon	Dealing with Chronic Pain	Anjie Cureton, UNM	Isleta Health Training Center	Sign up to bring snacks/drinks, 2 people a session.
5/14/2019 5pm-7:30pm	EVENING SESSION 5th Annual Isleta Cancer Survivors Day Event	Balloon Release/ Survivor Celebration	Isleta Health Training Center	Potluck
6/11/2019 10:30am – Noon	Better Breathing with American Lung	Rebecca Padilla American Lung Association	Isleta Health Training Center	American Lung Association
7/9/2019 5pm-6:30pm	EVENING SESSION To Be Determined		Isleta Health Training Center	Potluck
8/13/2019 10:30am – Noon	Prepare to Care	Shanna Nicole Lapsley Associate State Director of Community Outreach	Isleta Health Training Center	Sign up to bring snacks/drinks, 2 people a session..
9/10/2019 5pm – 6:30pm	EVENING SESSION Rumatooid Arthritis	Dr. Steier NM Cancer Center	Isleta Health Training Center	Potluck
10/8/2019 10:30am – Noon	9yr Anniversary Celebration of Group <i>Established October 2010</i>		Isleta Health Training Center	POTLUCK
1st Tuesday 11/5/2019 5pm-6:30pm	EVENING SESSION To Be Determined		Isleta Health Training Center	Potluck

Topics are subject to change.

Contact Stephanie Barela to sign up and to learn more!
Also call to sign up for refreshments (2 people a session).
Phone: 869-4479 | Email: sbarela@islclinic.net

Tips for Night Driving From the Isleta Health Center's Optometry Clinic

1. Never wear tinted lenses while driving at night

– So called night driving lenses with any amount of tint or polarization only reduce the already limited amount of light available to your eyes making driving more hazardous.

2. Wear lenses with Anti Reflective (AR) coating

–ARcoatingsminimizedistracting internal lens reflections which can be significantly more noticeable at night.

3. Have regular eye exams and ensure your eyewear prescription is up to date

– Even slightly uncorrected refractive errors can make night time driving more difficult.

4. Make sure your corrective lenses are clean

– Dirty lenses can limit your view and induce glare.

5. Make sure your windshield is clean

– As with corrective lenses, dirty windshields will also limit your view and induce glare.

6. Make sure your head lights are clean and properly aligned

– Dirty headlights can reduce efficacy by 75%.

Spay Neuter 2019



2019 Spay and Neuter Clinic to be held April 7, 2019

Must be Resident of Isleta

Dog or Cat must be at Least 10 Weeks of age

No Animals older than 8 years

Co-Pay of \$40.00 for Dogs

Co-Pay of \$20.00 For Cats

Must Pay in Advance !!

Spay and Neuter is Back! We would like to announce that Isleta Animal Control has once again teamed up with Rocky Mountain Puppy Rescue to offer a Clinic on April 7, 2019. For more information and to sign up your animal, contact Isleta Animal Control at the number below!!

Isleta Animal Control

505-869-7564

\$40.00



Thinking About Quitting



NOT READY TO COMMIT TO A FULL Quit Smoking PROGRAM?

Take this 1 time, 1 on 1, 90 minute session to increase your motivation to quit!


Call Stephanie, Health Educator @ 869-4479 to Sign Up Isleta Health Center

OH GREAT... I need a Colonoscopy

I was seen in the Clinic last week and was told I need a Colonoscopy. All that came to mind is WHY?

WHY IS IT SO IMPORTANT?

Colorectal Cancer is the second leading cause of cancer death in the United States. 134,000 people will be diagnosed with this disease, and about 49,000 will die from it. Colorectal Cancer is most frequently diagnosed among adults aged 65 to 74 years. The average age a provider will recommend a colonoscopy is 50 years of age. The Colonoscopy is an in/out procedure.



-Isleta Health Center

SOCIAL SERVICE

As the month of April approaches, the Pueblo of Isleta Social Services Department will be hosting a number of child abuse awareness campaigns to address Child Abuse & Neglect prevention. April is nationally designated, as “Child Abuse Prevention Month” and we would like to invite the community to participate in these activities which are designed to bring our community together to celebrate the joy and value and of our children.

Our theme this year is- **“Be a Hero-Take a Stand Against Child Abuse and Neglect”** as this illustrates a positive message of support and commitment to our community’s children. There are many resources available for children and families. The very best way to prevent child abuse is through education. Come and Participate in local child abuse prevention activities to help raise awareness on this critical issue in our community. Please refer to the calendar of events listed below:

- **Tuesday, April 2nd, 2019 (4:45 pm – 5:30 pm)- Mass Intention for Victims of Child Abuse & Neglect & Dinner** The Event will take place at Children’s Mass @ St. Augustine Church. Dinner will be served in the CCD Building immediately following mass.
- **Saturday, April 13th, 2019 (8AM – 1PM)- Child Abuse & Neglect Community Summit** The event will take place at the CCD Building. Breakfast will be served.
- **Tuesday, April 16th, 2019 (5PM - 6:30 pm)- Super Hero Fun Walk/Run** Registration for the 1 mile, 2 mile, and 3 mile courses begins at 5PM; Walk/Run begins at 5:30 pm. *Participants are encouraged to dress up as their favorite Super Hero. All courses will start and finish at Isleta Social Services-Cottonwood.
- **Thursday, April 25th, 2019 (5:30 pm – 7PM)- Child Abuse & Neglect Grocery Bingo** This event will be held at the Isleta Recreation Center-Gymnasium. Dinner will be served.
- **Sunday, May 5th, 2019 (8AM – 10:30 am)- Mass Intention for Foster Care Providers & Breakfast** The event will take place at 8AM mass @ St. Augustine Church. Breakfast will be served at the Old Courthouse immediately following the 8AM service.

The department of Isleta Social Services would like to Thank You and express our sincerest gratitude for all your support and we hope to see you at all of our functions. Please contact our office at (505) 869-2772 for any additional information.

Optometry Services



Optometry Services available to IHC Patients:

- Frame and lens selection
- Frame repair and adjustment
- Ordering glasses and contact lenses

Optometry will accept prescriptions for glasses and contacts from outside providers as long as the prescription is not expired.

If you have questions or concerns please contact Optometry services @869-4080

THANK YOU
-Isleta Health Center Optometry Department

CONGRATULATIONS, JACQUILINE YALCH

Congratulations to Jacqueline Yalch, 2019 Child Welfare & Juvenile Justice Excellence Award recipient. The Children’s Court Improvement Commission of the NM Supreme Court recognized Ms. Yalch as a member of the Children’s Court community as she has contributed significantly to her field and demonstrated outstanding dedication, leadership, knowledge and integrity in the field of social work and the Indian Child Welfare Act (ICWA) compliance.

The award was presented during the 26th Annual Children’s Law Institute on January 9, 2019.



Ms. Yalch, ICWA Coordinator with Isleta Social Services is also an active participant of the NM Child Welfare Partners group which is comprised of Tribal Child Welfare professionals, CYFD leaders, members of the NM Tribal-State Judicial Consortium and other community agencies.

She is an active member and Co-Chair of the NM Tribal Indian Child Welfare Consortium since its establishment in 2015. The Consortium is a collaborative of Tribal workers from all tribes and pueblos of NM, as well as Ysleta del Sur in Texas. Through their joint efforts, the Consortium has worked to increase collaboration and improve relationships between Native communities and state government leaderships.

Ms. Yalch and President Donalyn Sarracino of Acoma received the Champion for Native Children Award on behalf of the NM Tribal Indian Child Welfare Consortium from the National Indian Child Welfare Association in Anchorage, Alaska recognizing the consortiums direct service and efforts in ICWA compliance.

Ms. Yalch and the consortium officer’s will be presenting as keynote speakers at the 37th Annual Protecting Our Children National American Indian Conference on Child Abuse and Neglect on the Well-being of Native Children: Lessons from New Mexico in Albuquerque in March.

5th Annual
Isleta Cancer Survivors
Day Event

MAY 14, 2019 ♦ 5:00 - 7:30 p.m.

@ the Isleta Health Training Center

(located behind the main Health Center building)




Call Stephanie Barela for
more information
869-4479.


NEEDED:

We are looking for cancer survivors and/or cancer caregivers to participate on a speaker’s panel. Please call if interested!

ALL ISLETA COMMUNITY WELCOME!!


Balloon Release, Music, Presentation,
Prizes, Activity & More!

MARCH 2019							Questions? Call 869-3200								
SUN		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SA			
<div>"DPP" = Diabetes Prevention Programs - 869-4595</div> <div>"BHS" = Behavioral Health Services - 869-5475</div>				<div>March Madness Fun Run/Walk</div> <div>Saturday, March 16th</div> <div></div> <div>Registration begins at 7:30AM</div> <div>Fun Run/Walk begins at 8:00AM</div> <div>DPP Wellness Center</div>								<div>1</div> <div>Early Recovery Skills: 9-10a @ BHS.</div> <div>Another Recovery Technique (ART): 10-11am @ BHS.</div> <div>Alcoholics Anonymous: 11-12pm @ BHS.</div> <div>Another Recovery Technique (ART): 1-3:30pm @ BHS</div>		<div>2</div>	
<div>3</div>		<div>4</div> <div>Podiatry Clinic: 12:30-4:30 pm</div> <div>Early Recovery Skills: 9-10am @ BHS.</div> <div>Another Recovery Technique - 10-11am @BHS</div> <div>Alcoholics Anonymous: 11-12 @ BHS.</div> <div>Women's Path to Recovery: 1-230pm @BHS</div> <div>Interactive "Anger" Group: 2:30pm @BHS</div> <div>Youth -ICAP 4:30-6:30pm @BHS.</div> <div>Eagle Hit: 5:30-7pm @DPP Wellness</div>		<div>5</div> <div>Pueblo Women Rising: 10-11a @ HS.</div> <div>Bringing Peace Women's Grp: 11:30-12:30 @BHS</div> <div>Pueblo Men Rising: 2-3:30p @ BHS.</div> <div>Youth -Power Skills 4:30-6:30 @BHS</div> <div>Iron Eagle Fitness: 5:30-7:30pm @DPP Wellness Center</div> <div>POI Community Cancer Support—</div> <div>Parkinson's Disease: 5-6:30pm @ IHC Training Center</div>		<div>6</div> <div>Youth-Life skills 4:30-6:30pm @BHS</div> <div>Eagle Hit : 5:30-7pm @DPP Wellness Center</div>		<div>7</div> <div>CLINIC OPENS AT 9:50am</div> <div>Podiatry Clinic: 8:00-4:30pm @DPP</div> <div>Circle of Security Parenting Grp: 2-4pm @BHS.</div> <div>Iron Eagle Fitness: 5:30-7:30pm @DPP Wellness Center</div> <div>IHC Blood Drive 11am @IHC Training Center (go to: www.bloodhero.com)</div>		<div>8</div> <div>Early Recovery Skills: 9-10am@ BHS.</div> <div>Another Recovery Technique (ART): 10-11am @ BHS.</div> <div>Alcoholics Anonymous: 11-12pm @ BHS.</div> <div>Another Recovery Technique (ART): 1-3:30pm @ BHS</div>		<div>9</div>			
<div>10</div>		<div>11</div> <div>Podiatry Clinic: 8:00-4:30 pm</div> <div>Early Recovery Skills: 9-10am @ BHS.</div> <div>Another Recovery Technique - 10-11am @BHS</div> <div>Alcoholics Anonymous: 11-12 @ BHS.</div> <div>Women's Path to Recovery: 1-2:30pm @BHS</div> <div>Interactive "Anger" Group: 2:30pm @BHS</div> <div>Youth -ICAP 4:30-6:30pm @BHS.</div> <div>Eagle Hit: 5:30-7pm @DPP Wellness</div>		<div>12</div> <div>Pueblo Women Rising: 10-11a @ BHS.</div> <div>Bringing Peace Women's Grp: 11:30-12:30 @BHS</div> <div>Pueblo Men Rising: 2-3:30p @ BHS.</div> <div>Youth -Power Skills 4:30-6:30 @BHS</div> <div>Iron Eagle Fitness: 5:30-7:30p @DPP Wellness Center</div>		<div>13</div> <div>Youth-Life skills 4:30-6:30pm @BHS</div> <div>Eagle Hit: 5:30-7pm @DPP Wellness Center</div>		<div>14</div> <div>CLINIC OPENS AT 9:50am</div> <div>Podiatry Clinic: 8:00-4:30pm @DPP</div> <div>Circle of Security Parenting Grp: 2-4pm @BHS.</div> <div>Iron Eagle Fitness: 5:30-7:30pm @DPP Wellness Center</div>		<div>15</div> <div>Early Recovery Skills: 9-10am @ BHS.</div> <div>Another Recovery Technique (ART): 10-11am @ BHS.</div> <div>Alcoholics Anonymous: 11-12pm @ BHS.</div> <div>Another Recovery Technique (ART): 1-3:30pm @ BHS</div>		<div>16</div>			
<div>17</div>		<div>18</div> <div>Podiatry Clinic: 12:30-4:30 pm</div> <div>Early Recovery Skills: 9-10am @ BHS.</div> <div>Another Recovery Technique - 10-11am @BHS</div> <div>Alcoholics Anonymous: 11-12 @ BHS.</div> <div>Women's Path to Recovery: 1-2:30pm @BHS</div> <div>Interactive "Anger" Group: 2:30pm @BHS</div> <div>Youth -ICAP 4:30-6:30pm @BHS.</div> <div>Eagle Hit: 5:30-7pm @DPP Wellness</div>		<div>19</div> <div>Pueblo Women Rising: 10-11a @ BHS.</div> <div>Bringing Peace Women's Grp: 11:30-12:30 @BHS</div> <div>Pueblo Men Rising: 2-3:30p @ BHS.</div> <div>Youth -Power Skills 4:30-6:30 @BHS</div> <div>Iron Eagle Fitness: 5:30-7:30pm @DPP Wellness Center</div>		<div>20</div> <div>Circle of Security Parenting Grp: 9-11am @BHS.</div> <div>Youth-Life skills 4:30-6:30pm @BHS</div> <div>Community Healthy Cooking: 5-7pm @Health Center Kitchen</div> <div>Eagle Hit: 5:30-7pm @DPP Wellness Center</div>		<div>21</div> <div>CLINIC OPENS AT 9:50am</div> <div>Podiatry Clinic: 8:00-4:30pm @DPP</div> <div>Circle of Security Parenting Grp: 2-4pm @BHS.</div> <div>Iron Eagle Fitness: 5:30-7:30pm @DPP Wellness Center</div>		<div>22</div> <div>Early Recovery Skills: 9-10am @ BHS.</div> <div>Another Recovery Technique (ART): 10-11am @ BHS.</div> <div>Alcoholics Anonymous: 11-12pm @ BHS.</div> <div>Another Recovery Technique (ART): 1-3:30pm @ BHS</div>		<div>23</div>			
<div>24</div>		<div>25</div> <div>Podiatry Clinic: 8:00-4:30 pm</div> <div>Early Recovery Skills: 9-10am @ BHS.</div> <div>Another Recovery Technique: 10-11am @BHS</div> <div>Alcoholics Anonymous: 11am--12pm @ BHS.</div> <div>Women's Path to Recovery: 1-2:30pm @BHS</div> <div>Interactive "Anger" Group: 2:30pm @BHS</div> <div>Youth -ICAP 4:30-6:30pm @BHS.</div> <div>Eagle Hit: 5:30-7pm @DPP Wellness</div>		<div>26</div> <div>Pueblo Women Rising: 10-11a @ BHS.</div> <div>Bringing Peace Women's Grp: 11:30-12:30 @BHS</div> <div>Pueblo Men Rising: 2-3:30p @ BHS.</div> <div>Youth -Power Skills 4:30-6:30 @BHS</div> <div>Iron Eagle Fitness: 5:30-7:30pm @DPP Wellness Center</div>		<div>27</div> <div>Circle of Security Parenting Grp: 9-11am @BHS.</div> <div>Youth-Life Skills 4:30-6:30 @BHS</div> <div>Eagle Hit: 5:30-7pm @DPP Wellness Center</div>		<div>28</div> <div>CLINIC OPENS AT 9:50am</div> <div>Podiatry Clinic: 8:00-4:30pm @DPP</div> <div>Circle of Security Parenting Grp: 2-4pm @BHS.</div> <div>Iron Eagle Fitness: 5:30-7:30pm @DPP Wellness Center</div>		<div>Community At Large Interested Request Letter</div> <div>Due to Health Center by Friday, March 1, 2019</div> <div>3/7/19 - 5:30pm Puberty Education "Parent Night "at Isleta Elementary School</div> <div>3/29/19 - 12-3pm Puberty Ed for 4,5 and 6 graders at Isleta Elementary School</div>					




Pueblo of Isleta
Community Cancer
Support Group

Support the health of your family.
Educate yourself on cancer.
REDUCE YOUR RISK!



<div>Tuesday, March 5th</div> <div>5-6:30pm</div> <div>NEW LOCATION: Isleta Health Training Center</div>	<div>Parkinson's Disease</div> <div>Cindy Brown, Home Instead</div> <div>ALL WELCOME!</div> <div>Please Note: 1st Tuesday of the month</div>	<div>POTLUCK</div> <div>Please bring a main dish a side or dessert</div>
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Contact
Stephanie Barela
869-4479

ALL WELCOME

I got my
FLU
SHOT

Have you?

It's not too late to get your Flu
Shot...

Call the Isleta Health Center
today and set up an
Appointment.

869-3200