Volume 15 Issue 9

Pueblo of Isleta website: www.isletapueblo.com

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September 2020

Governor's Report

Ma gu wam,

Greetings to you all. I hope you are all keeping safe and well. My administration has been working diligently to keep our community members safe from the pandemic. We have been doing our best to keep our programs operational by providing a safe environment for those who seek services. I want to also stress that all tribal members need to continue safe guidelines by staying home, wearing a mask, practice social distancing, washing of hands and keeping high traffic areas sanitized. Additional signage has been put in place for public notice reminding everyone of the curfew. When visiting the Pueblo of Isleta buildings, it is a good practice to call in advance so you can be informed of the department's entry protocol for services or appointment scheduling.

Recently, Pueblo of Isleta staff were tested for COVID-19 at the State Fair Grounds and I am happy to report that all tests results were negative. There were two of our staff members prior to this testing, who work in separate programs, that contracted the virus and those employees have completed the recommended quarantine period and are now cleared to return to work. In addition, POI buildings continue to be sanitized on a regular schedule and have been since early May. As stated, we are trying to do our best to keep the public safe, please do your part to help keep COVID-19 at bay. I must commend you all for doing your part thus far as evidenced by the minimal number of people that have been infected by the virus. We are especially thankful that no deaths have been contributed by the virus here at the Pueblo of Isleta.

Regarding Community Testing events - The Isleta Health Center will conduct testing on the third Thursday of each month (except October, which will be on 10/22/20 instead). The testing will be held from 9 am to 11 am. The location right now is the Main Recreation Center. To Pre-Register, please call 505 869-4595. NO ON SITE OR DAY OF REGISTRATION.

Masks have been purchased for distribution to tribal members and will be given to the public at various events, while supplies last. If you are in need of a face covering, contact our office at 505 869-3111 and we can assist you to acquire a mask,

Recently, we have lost a few of our tribal members and I extend my condolences to the families who are having to endure their loss. At this point, all we can do is offer our prayers for the deceased and their surviving families. Stay strong during these trying times and take care of family.

As stated in the July Newsletter, we will not be celebrating the feast of Saint Augustine in August nor September. I will miss the excitement and interaction with community in sharing this joyous occasion.

Road construction will begin along State Road 47 the end of August 2020. Please read the Road Construction information following this article (page 3).

May our heavenly father bless us all, Governor Max Zuni

Pueblo of Isleta COVID-19 Testing Overview

The table below shows the total counts and statistics of COVID-19 tests completed and the status of the positive cases for the period beginning 3/16/2020 through 8/14/2020. The report is inclusive of all tests conducted for the Pueblo of Isleta (POI), including those that live outside the boundaries of POI community and its employees.

Test Result	3/16/20 through 3/31/20	April	May	June	July	August through 8/14/20	Totals
Negative	3	28	247	130	200	176	784
Positive	1	3	2	0	3	0	9
Total Tests	4	31	249	130	203	176	793

Total Active Cases	Total Cleared Cases
0	9
Percent Negative Tests	Percent Positive Tests
99%	1%
Total Tests Completed	Daily Tests Administered per 100 people
793	7.93
Total	Recovered
	9

Pueblo of Isleta COVID-19 Testing Overview by Community

The table below shows the primary community of resident for patients tested at the Isleta Health Center.

The category "Other" refers to patients who live outside of the boundaries of the Pueblo of Isleta community.

Also included are the counts for special testing events coordinated for the Pueblo of Isleta community and its employees.

These numbers are reported for the period beginning 3/16/2020 through 8/14/2020.

Community	3/16/20 through 3/31/20	April	May	June	July	August through 8/14/20	Totals	Percent
Isleta	4	27	35	91	75	11	243	31%
Bosque Farms	0	0	1	2	3	0	6	1%
Peralta	0	1	0	1	0	0	2	0%
Los Lunas	0	2	2	6	1	1	12	2%
Albuquerque	0	1	6	10	11	2	30	4%
Other	0	0	0	4	3	0	7	1%
Testing events, POI employees, etc.	0	0	205	13	104	165	487	62%
Total Tests	4	31	249	127	197	179	787	

LETTER FROM THE EDITOR

DEADLINE for October Newsletter articles is set for Tuesday, September 22, 2020, at 4:30 pm. Articles may be dropped off at the Library or emailed to Nathaniel. Lujan@isletapueblo.com. Should you email your article, expect a confirmation email. If you do not receive a confirmation email, odds are it never made it to me and then it's time to panic, so call Nate at 505.869.9808.

People who wish to submit an article or flyer are responsible for generating their own article or flyer. Should you need help, please call the Library at 505.869.9808 and set up a date and time to sit down with a Library staff member who will help you throughout the process. The Library will NOT accept notes dropped off at the Library or information over the phone to generate your article.

PROBATES need to be published in the Newsletter for two consecutive months. Probates are considered court documents, therefore, all submitters must provide: 1) Name of Deceased, 2) Date of Deceased 3) Court Case # and 4) Date of Court Date. A Probate form can be found on the Newsletter Archive page at http://www.isletapueblo.com/newsletters.html.

CLASSIFIED ADS: The new administration has requested that the Newsletter start a Classified Ad section for Tribal members selling land, houses, mobile homes, vehicles, and farm equipment. Leasing of houses and mobile homes will be accepted. Smaller items which can be sold at the local flea markets or weekly yard sales will NOT be accepted.

Currently, this service is FREE to Tribal members. Land, houses, and mobile homes must be within the reservation boundaries. Ads must meet the 160 character limit. Ads that exceed the 160 characters will NOT be submitted into the Newsletter. A single picture may be submitted with the ad. Submitters of classified ads are responsible for generating their own ads as this is a FREE service.

As a reminder, Tribal business owners may submit a small flyer at no charge. Like the classified ads, business owners are responsible for generating their own flyers as this is a FREE service.

Classified ads and business flyers will be posted no more than two consecutive months. In the event where the Newsletter may exceed the 24-page limit, classified ads and business flyers will be "bumped" for newsletter articles. Again, this is a FREE service for Tribal members.

The Isleta Newsletter is owned and operated by the Pueblo of Isleta. Therefore, the Governor of the Pueblo of Isleta has the final say of all articles and contents within the Isleta Newsletter.

For additional questions, you may call the Library and speak with Nate or Diane at 505.869.9808.

Thank you, Nathaniel Lujan

Newsletters may be found at the fifteen distribution locations listed below. Remember, Digital copies of the Newsletter may be obtained from the Newsletter archive at http://www.isletapueblo.com/newsletters.html

The fifteen Newsletter distribution locations are:

- 1. TR 2 & TR 22 Chical SE of Community Hall
- 2. TR 10 Behind the old 47 Sales
- 3. TR 1 & TR 5 Ranchitos / Bosque Farms Reservations Line
- 4. Ranchitos Park
- 5. Post Office Big Tree
- 6. TR 82 & TR 84 Teller Road
- 7. TR 78 & TR 82 Carlos Trujillo Sr.
- 8. TR 90 @ Y CF Padilla
- 9. Mouse Town Park –
- 10. Health Center South end of Health Center Parking lot
- 11. Library Sunlight & Moonlight Intersection
- 12. TR 6 47 Intersection
- 13. TR 12 47 & 147 intersection (Old Smoke & Save)
- 14. TR 71 & TR 54 @ Y Holiday Robot / Paved Road / Railroad Tracks
- 15. TR 45 & TR 40 @ Y Tata Mel (POI Signage)

Aaron Robert Daily Scholarship Recipient

Congratulations to John Thomas Begay, the 2020-2021 Recipient of the Aaron Robert Dailey \$1000 Scholarship. Mr. Begay will be attending New Mexico State University (NMSU) this fall to pursue a degree in business and environmental science. The Tibien College Fund Committee is honored to award this scholarship in memory of Aaron Robert Dailey, who received his business degree from NMSU and pursued a business career in the medical marketing field. The Scholarship was sponsored by Sh'eh Wheef Law Office.

Thank you,

CALL for APPLICANTS

Any tribal member interested in serving on the following Board is encouraged to submit a Letter of Interest, along with a resume to the Tribal Council Office.

Isleta Elementary School Governing Board

The deadline for submittals is no later than September 11, 2020

If you have any questions, please contact the Tribal Council Office at 505-869-9746.

Please Note: The Tribal Council Office kindly requests that all Letters of Interest and Resumes be mailed or emailed to the following addresses:

MAILING ADDRESS

P.O. BOX 1270 Isleta, NM 87022

EMAIL ADDRESS

poitribalcouncil@gmail.com

Have you heard about the 2020 Census?

WE WILL BE CALLING YOU.

The Pueblo of Isleta Complete Count Committee and the NM Mexico Native Census Coalition will be calling tribal members to inquire about the 2020 Census forms, which have been dropped off in our community.

THIS IS NOT A SCAM.

We are calling as a reminder to complete the Census, which is so vital for our community as it helps account for accurate data to fund so many of our programs. The data collected is used to help fund IHS, Head Start, school breakfast and lunch programs, and so much more. We will also be asking if you need help with the form. And a big thanks to those who have already completed the form you are helping your community.

Please contact the Census/Tribal Enrollment Department if you did not receive a form or have any other questions at 505-869-9766

Thank you for your participation in the 2020 Census!

Our Community is counting on it.

-Isleta Census/Tribal Enrollment Department

Health Beat Telemedicine Now Available at the Isleta Health Center

Health Educator: Stephanie Barela, BS CHES CSST

Due to the COVID-19 Pandemic the Isleta Health Center is working hard at keeping the Isleta community healthy and safe by offering Telemedicine. Telemedicine is a pre-scheduled appointment that allows patients and healthcare providers to communicate via phone call. These appointments will allow you to speak with your provider and ask basic medical questions. Based on your medical needs your provider may schedule an in office appointment. Patients are still being required to schedule an in office visit for Well Child Visits and Sports Physicals. The Diabetes program will continue to offer Patients AIC screens by drive-thru testing. The provider will follow up by a Telemedicine appointment to discuss your condition.

With this new technology and in the interest of keeping our patients safe, the Isleta Health Center is working toward offering video visits that will allow Providers to see the patient over a cell phone, tablet or computer.

Please contact the Isleta Health Center at (505) 869-3200 to find out more.

Wellbriety Group

September 9th, 2020

<u>Time:</u> 4:00pm

Location: Training Center

Virtual option will also be available

For more information: 869-5475



ISLETA HEALTH CENTER COVID-19 Helpful Tips

COVID-19 <u>spreads</u> mainly from person to person through respiratory droplets produced when an infected person coughs, sneezes, talks, or raises their voice (e.g., while shouting, chanting, or singing). These droplets can land in the mouths or noses of people who are nearby or possibly be inhaled into the lungs.

Cloth face coverings provide source control – that is, they help prevent the person wearing the mask from spreading COVID-19 to others. The main protection individuals gain from masking occurs when others in their communities also wear face coverings.

The cloth face coverings recommended here are not surgical masks or respirators. Currently, those are critical supplies and should be reserved for healthcare workers and other first responders.

Let's protect each other. A few measures we can take.

- 1. If you are sharing a space, all staff in that area need to wear a mask.
- 2. If someone is entering your office, for your safety and theirs wear your mask.
- 3. If you are taking off your mask, remember hand hygiene before and after applying a mask.
- 4. Store your mask daily.
- 5. If you are placing your mask on your desk, clean and disinfect the area.

Storyline Online

Free, Easy to Use, and Great Storytelling!!!



Simply go to: https://www.storylineonline.net/library/

Storyline Online is an award- winning children's literacy site that streams videos of stories being read aloud by well-known actors. Even though there is a "Buy this Book" option, you do **NOT** have to purchase anything; the site is free.

Easy to use: click on the title you want, choose your preferred video player and start.

NOTICE TO PUEBLO OF ISLETA RESIDENTS AND BUSINESS OWNERS



ROAD WORK TO BEGIN ON NM 47

Beginning on Monday, August 24th, construction on NM 47 between Chical Rd (TR 2) and Tribal Rd 6 will get underway. The project is expected to finish in early spring of 2021. The work will consist of widening the existing roadway to both sides of the road to provide a 14' center two-way left turn lane, 8' shoulders, improved driveways and improvements to existing MRGCD drainage facilities.

Access at turnouts and driveways will be maintained throughout the project. Completion of the driveway construction will take place in each phase following the placement of the main roadway paving and will be completed in consultation with home owners and Assignees.

CONSTRUCTION PHASING AND SCHEDULE:

Phase 1 – East side of NM 47 Segment 1 & 2 from Chical Rd to TR 4 – Starts Aug 24, 2020 and runs until mid-Oct

Phase 2 - West side of NM 47 Segment 1 & 2 from Chical Rd to TR 5 - Starts mid-Oct and runs until early Dec

Phase 3 - East side of NM 47 Segment 3 from TR 10 to NM 147 - Starts early Dec and runs to early January of 2021

Phase 4 – West side of NM 47 Segment 3 from TR 10 to NM 147 – Starts early Jan 2021 and runs until early Feb2021

Phase 5 - Final Surfacing and pavement markings on all segments - Starts early February until mid-March 2021

Contractor: Star Paving Company

PO Box 12333 Albuquerque, NM 87195 Ph: 505-877-0380 Fax: 505-877-6655

Project Contacts:

Star Paving Company

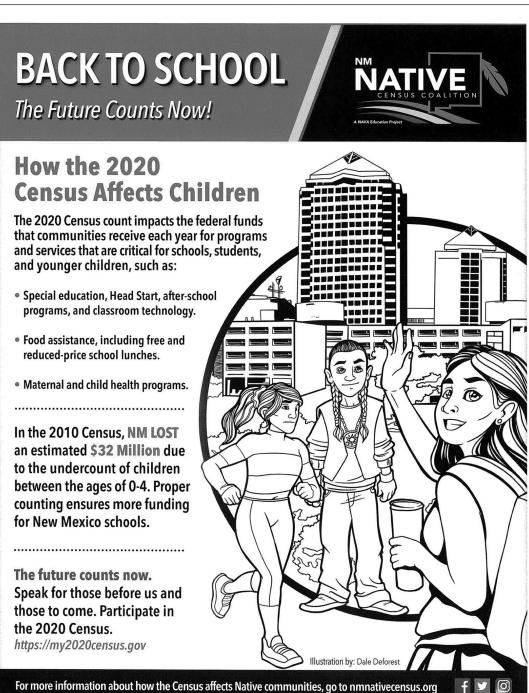
Project Manager Dick Rowles (505) 991-4619 / drowles@starpaving.com
Project Superintendent Estevan Miera (505) 991-3001 / esteva@starpaving.com
Traffic Control Ray Molina (505) 991-4610

Pueblo of Isleta

Project Manager: Dale Kleinsmith (505) 228-4106 Community Outreach James Weldon (505) 933-1225 Project Oversight Kathy Trujillo (505) 206-9934

Bohannan-Huston (Construction Management and Inspection)

Construction Manager Juan Samaniego (505) 504-2205 Construction Inspector Claude Romero (505) 238-2423



Pueblo of Isleta Career Opportunities

Position Posting	Office Location	Closing Date
AGRICULTURAL IRRIGATION TECHNICIAN	Agricultural Division	Open Until Filled
AGRICULTURAL IRRIGATION TECHNICIAN -TEMP	Agricultural Division	Open Until Filled
ASSISTANT MANAGER C-Store	C-Store	Open Until Filled
BUS DRIVER- PART TIME	Head Start	Open Until Filled
CAREGIVER I	Assisted Living	Open Until Filled
CAREGIVER II (2 Positions)	Assisted Living	Open Until Filled
CARPENTER I, II, OR III	Isleta Pueblo Housing Authority	Open Until Filled
CHR VAN DRIVER (Part Time)	Health Center	Open Until Filled
COMMUNITY HEALTH CASE MANAGER	Health Services	Open Until Filled
COMPUTER TEACHER	Isleta Elementary School	Open Until Filled
COVID-19 MEDICAL ASSISTANT	Health Center	Open Until Filled
COVID-19 TEST COLLECTOR	Health Center	Open Until Filled
DENTAL ASSISTANT	Health Services	Open Until Filled
DIRECTOR, LANGUAGE	Language Department	Open Until Filled
DIRECTOR, PUBLIC HEALTH SERVICES	Health Services	Open Until Filled
EMS MANAGER	Health Services	Open Until Filled
EXECUTIVE DIRECTOR, GAMING REGULATORY	Gaming Regulatory	Open Until Filled
FEDERAL PROJECT MANAGER	Isleta Pueblo Housing Authority	Open Until Filled
FIRE CHIEF	Fire Department	Open Until Filled
GROUNDS KEEPER	C-Store	Open Until Filled
HOME OWNERSHIP COUNSELOR	Isleta Pueblo Housing Authority	Open Until Filled
LABORER	Isleta Pueblo Housing Authority	Open Until Filled
LANGUAGE TEACHER	Language Director	Open Until Filled
NURSE EDUCATOR -REPOSTED	Health Center	Open Until Filled
PHYSICIAN-AMENDED	Health Center	Open Until Filled
PLASTERER I, II or III	Housing Authority	Open Until Filled
PLUMBER	Housing Authority	Open Until Filled
PAINTER	Housing Authority	Open Until Filled
PARAMEDIC (1 Part Time / 1 Fill Time - REPOSTED	Health Center	Open Until Filled
POLICE OFFICER-CERTIFIED	Police Department	Open Until Filled
PRC MANAGER - REPOSTED	Health Center	Open Until Filled
PROCUREMENT DIRECTOR	Treasury	Open Until Filled
PROJECT ASSISTANT	Social Services	Open Until Filled
PUBLIC HEALTH & SAFETY SUPERVISOR	Health Center	Open Until Filled
REGISTERED NURSE	Health Center	Open Until Filled
SALES ASSOCIATE	C-Store	Open Until Filled
SHIFT LEAD	C-Store	Open Until Filled
SECURITY OFFICER- REPOSTED	Police Department	Open Until Filled
TREASURER	Treasury	Open Until Filled
UTILITY WORKER	Public Works	Open Until Filled



Pueblo of Isleta Vocational Program News

Greetings Students and Community members, Happy Fall!

The Commercial Driver's License (CDL) Class A is rolling on and the English 1110 has been extended and accepting students!

No charge 100% OFF

UNIVERSITY OF NEW MEXICO Valencia Campus 505-925-8560

The class will begin October 12. Apply now online at www.unm.edu/ apply or call 925-8560.



Education is the most powerful weapon which you can use to change the world."

Submitted by: Fran Mershon

Greetings People of Isleta from Animal Control

We hope everyone is doing well and safe. Listed below are a few things that Isleta Animal Control would like to announce to our community. As we all know, the COVID-19 pandemic has disrupted normalcy on daily operations of the pueblo. Please be patient with our tribal government as we proceed into the future.

Animal Control remains on a 7 day operational work schedule from 6 a.m. to 6 p.m. In our community, pets are still running at large in residential and rural areas. It is important to keep your pets on your property. Otherwise, fines may be issued even if it is a first violation of the Isleta Animal Ordinance. All pets require a current Rabies vaccination and must have an identification tag or embedded microchip on their body. This will assist Animal Control in returning your canine back to you in the event a pet is lost, missing etc. For individuals that have been issued citations or have an upcoming court hearing with Animal Control a check or money order for your fine can be sent by mail to the Treasurer's office. Please include the citation number on the memo area of the payment. Please be aware of the 30 payment submission for any citation fees you may owe. Otherwise, citations will be provided to tribal court for an appearance.

Our partnership with the Valencia County Animal Shelter (VCAS) is continuing to expand. VCAS is an integral component to Animal Control. They provide the food, water, and shelter for Isleta's animal intakes as well as providing pets to foster families throughout New Mexico and Colorado through their adoption program. The animal shelter is open Tuesday-Saturday from 9 a.m. to 5 p.m. or you can call (505) 866-2479 to schedule an appointment. Valencia County Animal Shelter has their own operational work schedule and fees associated with animal release, adoption, and animal surrender.

Thank you everyone for your patience and cooperation.

Best regards, Isleta Animal Control



During the Pandemic, we should be cleaning and disinfecting more often. It is important that you do not inject or ingest these chemicals into your body. Please remember to keep ALL chemicals out of children's reach. If any cleaning or disinfectant solution is swallowed or injected, please contact the NM Poison Control immediately.

NM Poison Control 1-800-222-1222

Pueblo of Isleta Departr	ment Directory
Department	Phone #
Governors Office	869-3111
Assisted Living Facility	869-5560
Census	869-9766
Conservation	382-8138
Court - Tribal	869-9699
Court - Appellate	869-9692
Cultural Affairs	869-9767
Dept. of Education (Adult Education, Higher Education, JOM, & Language)	869-9790
Elder Center	869-9770
Elementary School	869-2321
Emergency Service (Medical or Police)	911
Head Start & Child Care Program	869-9796
Health Center	869-3200
Behavioral Health	869-5475
CHR	869-4482 / 869-4485
Dental	869-4499
Diabetes	869-4595
Pharmacy	869-4473 / 3200
Pharmacy Refill Line	869-4590
Housing Authority Human Resources	869-4153
	869-7584 244-8139
Gaming Commission Isleta Business Corporation	869-9729
OneStop	869-5425
Travel Center	869-9686
Isleta Resort & Casino	724-3800
Fun Connection	724-3866
Golf Course	848-1900
Hotel (1-877-747-5382)	848-1999
Lakes	244-8102
Library	869-9808
Library Natural Resources	869-9808 869-9817
Library Natural Resources Police Department	869-9808 869-9817 869-9704 / 869-9705
Library Natural Resources Police Department Police Dispatch	869-9808 869-9817 869-9704 / 869-9705 869-3030 / 911
Library Natural Resources Police Department Police Dispatch Police Community Anonymous Hotline	869-9808 869-9817 869-9704 / 869-9705 869-3030 / 911 264-7258
Library Natural Resources Police Department Police Dispatch Police Community Anonymous Hotline Post Office - Isleta	869-9808 869-9817 869-9704 / 869-9705 869-3030 / 911 264-7258 869-3907
Library Natural Resources Police Department Police Dispatch Police Community Anonymous Hotline Post Office - Isleta Public Defender	869-9808 869-9817 869-9704 / 869-9705 869-3030 / 911 264-7258
Library Natural Resources Police Department Police Dispatch Police Community Anonymous Hotline Post Office - Isleta	869-9808 869-9817 869-9704 / 869-9705 869-3030 / 911 264-7258 869-3907 869-9825
Library Natural Resources Police Department Police Dispatch Police Community Anonymous Hotline Post Office - Isleta Public Defender Public Services Department	869-9808 869-9817 869-9704 / 869-9705 869-3030 / 911 264-7258 869-3907 869-9825 869-9782
Library Natural Resources Police Department Police Dispatch Police Community Anonymous Hotline Post Office - Isleta Public Defender Public Services Department Design & Construction Environment Survey & Mapping	869-9808 869-9817 869-9704 / 869-9705 869-3030 / 911 264-7258 869-3907 869-9825 869-9782 869-9684
Library Natural Resources Police Department Police Dispatch Police Community Anonymous Hotline Post Office - Isleta Public Defender Public Services Department Design & Construction Environment Survey & Mapping Transportation	869-9808 869-9817 869-9704 / 869-9705 869-3030 / 911 264-7258 869-3907 869-9825 869-9782 869-9684 869-7565
Library Natural Resources Police Department Police Dispatch Police Community Anonymous Hotline Post Office - Isleta Public Defender Public Services Department Design & Construction Environment Survey & Mapping Transportation Waste Management - transfer station	869-9808 869-9817 869-9704 / 869-9705 869-3030 / 911 264-7258 869-3907 869-9825 869-9782 869-9684 869-7565 869-0710 869-9683
Library Natural Resources Police Department Police Dispatch Police Community Anonymous Hotline Post Office - Isleta Public Defender Public Services Department Design & Construction Environment Survey & Mapping Transportation Waste Management - transfer station Utilities / Septic Plumbing	869-9808 869-9817 869-9704 / 869-9705 869-3030 / 911 264-7258 869-3907 869-9825 869-9782 869-9684 869-7565 869-0710 869-9683 869-4106
Library Natural Resources Police Department Police Dispatch Police Community Anonymous Hotline Post Office - Isleta Public Defender Public Services Department Design & Construction Environment Survey & Mapping Transportation Waste Management - transfer station Utilities / Septic Plumbing Prosecutor Office	869-9808 869-9817 869-9704 / 869-9705 869-3030 / 911 264-7258 869-3907 869-9825 869-9782 869-9684 869-7565 869-0710 869-9683 869-4106 869-5170 869-9710
Library Natural Resources Police Department Police Dispatch Police Community Anonymous Hotline Post Office - Isleta Public Defender Public Services Department Design & Construction Environment Survey & Mapping Transportation Waste Management - transfer station Utilities / Septic Plumbing Prosecutor Office Recreation and Fitness	869-9808 869-9817 869-9704 / 869-9705 869-3030 / 911 264-7258 869-3907 869-9825 869-9782 869-9684 869-7565 869-0710 869-9683 869-4106 869-5170 869-9710
Library Natural Resources Police Department Police Dispatch Police Community Anonymous Hotline Post Office - Isleta Public Defender Public Services Department Design & Construction Environment Survey & Mapping Transportation Waste Management - transfer station Utilities / Septic Plumbing Prosecutor Office Recreation and Fitness Recreation (Pickle Heights)	869-9808 869-9817 869-9704 / 869-9705 869-3030 / 911 264-7258 869-3907 869-9825 869-9782 869-9684 869-7565 869-0710 869-9683 869-4106 869-5170 869-9710 869-9717
Library Natural Resources Police Department Police Dispatch Police Community Anonymous Hotline Post Office - Isleta Public Defender Public Services Department Design & Construction Environment Survey & Mapping Transportation Waste Management - transfer station Utilities / Septic Plumbing Prosecutor Office Recreation and Fitness Recreation (Pickle Heights) Social Services	869-9808 869-9817 869-9704 / 869-9705 869-3030 / 911 264-7258 869-3907 869-9825 869-9782 869-9782 869-9684 869-7565 869-0710 869-9683 869-9683 869-9710 869-9710 869-9710
Library Natural Resources Police Department Police Dispatch Police Community Anonymous Hotline Post Office - Isleta Public Defender Public Services Department Design & Construction Environment Survey & Mapping Transportation Waste Management - transfer station Utilities / Septic Plumbing Prosecutor Office Recreation and Fitness Recreation (Pickle Heights) Social Services St. Augustine Church	869-9808 869-9817 869-9704 / 869-9705 869-3030 / 911 264-7258 869-3907 869-9825 869-9782 869-9684 869-7565 869-0710 869-9683 869-4106 869-5170 869-9710 869-9710 869-9777
Library Natural Resources Police Department Police Dispatch Police Community Anonymous Hotline Post Office - Isleta Public Defender Public Services Department Design & Construction Environment Survey & Mapping Transportation Waste Management - transfer station Utilities / Septic Plumbing Prosecutor Office Recreation and Fitness Recreation (Pickle Heights) Social Services St. Augustine Church TIWA Lending	869-9808 869-9817 869-9704 / 869-9705 869-3030 / 911 264-7258 869-3907 869-9825 869-9782 869-9782 869-9684 869-7565 869-0710 869-9683 869-9683 869-9710 869-9710 869-9710
Library Natural Resources Police Department Police Dispatch Police Community Anonymous Hotline Post Office - Isleta Public Defender Public Services Department Design & Construction Environment Survey & Mapping Transportation Waste Management - transfer station Utilities / Septic Plumbing Prosecutor Office Recreation and Fitness Recreation (Pickle Heights) Social Services St. Augustine Church TIWA Lending Treasury	869-9808 869-9817 869-9704 / 869-9705 869-3030 / 911 264-7258 869-3907 869-9825 869-9782 869-9684 869-7565 869-0710 869-9683 869-9683 869-9710 869-9777 869-5741 869-2772 869-3398 916-0556
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Updated: 01/13/2020





Pueblo of Isleta Public Library



AFTER-SCHOOL

PROGRAM

STARTS ON MONDAY, SEPTEMBER, 14TH

TIME &
SCHEDULE TBD
AT A LATER DATE

FOR STUDENTS KINDERGARTEN AND UP

The library will follow all COVID policies and procedures during in person program. Staff and students will were a mask at all times and

Registration starts on August 26th.

Limited slots available.
Registration is open to ALL and a live drawing will be done on Wednesday,
September 9th at 4pm to fill spots.

Program schedule will be based on how local schools are following COVID policies and procedures.

Option 1: Will be in person with a maximum of 5 students per session
Option 2: Virtual program via Zoom

- Homework help
- Reading/reading activities
- Incentive programs
- Activities/crafts
- FREE snacks



For more information please call the library at 505-869-9808

IMPORTANT INFORMATION FOR ISLETA IRRIGATORS

On August 17, 2020, Pueblo leadership met with the MRGCD to discuss the remainder of the irrigation season. Continuous high temperatures and lack of monsoon moisture have created very difficult conditions for the river and all water users. Though MRGCD is continuing to deliver to all users, the District is operating at between 50 to 70 percent of normal operations, using Rio Grande Compact (RGC) debit water stored in El Vado Reservoir authorized for MRGCD's emergency use on July 17th. This water was made available through the Rio Grande Compact Commission (RGCC), with the NM Interstate Stream Commission/Office of the State Engineer implementing the RGCC's emergency use authorization.

Emergency releases of the RGC debit water will cease on September 7th, Labor Day. After September 7th there may be substantially less water available from natural flow of the river. The Six Middle Rio Grande Pueblos will still have access to 6,042 acre feet (af) of stored Prior and Paramount (P&P) water in El Vado Reservoir for the month of September, in the event that natural flows cannot satisfy P&P demand.

After Sept 7th, the MRGCD will continue to divert natural flow for all users, if possible, until October 1st. However, if natural flow in the river remains at its present low levels, it is likely that non-Indian farmers will not be provided with any irrigation water, and the MRGCD will enter "P&P Only Operations". The MRGCD will then continue to supply the Six Middle Rio Grande Pueblos with irrigation water, either from the natural flow of the Rio Grande if sufficient to satisfy P&P demand, or from stored P&P water in El Vado Reservoir allocated for September.

On October 1st, the MRGCD is expecting to cease all irrigation deliveries, regardless of the natural flow, except for delivery of P&P water to the Six Middle Rio Grande Pueblos. The MRGCD expects to deliver P&P water through October 31 for the Pueblos, and possibly into early November, using whatever natural flow is present. There is no October storage allocation for P&P water in El Vado Reservoir, therefore satisfaction of October's P&P demand will be completely dependent on natural flow.

For Isleta farmers planning fall plantings, please be aware that natural flows may at times be lower on both the west and east sides of the river. The MRGCD Hydrologist believes that even with the reduced flows there will continue to be adequate water for Isleta irrigators in September. However, advance scheduling and coordination will help all users water efficiently. Please plan your watering accordingly.

For the rest of this irrigation season, it will be especially important to work with your Mayordomo to schedule irrigation water. Farmers should plan on taking delivery of water throughout the week days and at night, especially the rest of August and September. Farmers must all work together with the Mayordomos so that everyone has a successful year during this time of extreme drought.

Let's all pray for good monsoon rains in August and September to supplement the flows in the Rio Grande and replenish the soil moisture on Isleta rangelands.

Chical Mayordomos:

Leon Chiwewe-261-0007 Leonard Abeita-908-5101

Cacique Mayordomos:

Ben Garcia-389-0429 Calvin Jiron-307-3825

Acequia Madre Mayordomos:

Daniel Waseta Jr-433-8229 Jonathon Piro-259-4178 or 917-6933

Isleta Elementary Library Student Checkout

- 1. During remote learning, the POIES Library will be providing access for students to check out library books to support their classroom work and for their personal enjoyment. The maximum number of books students may check out at one time will be based upon their grade:
- Kindergarten and First Grade: 2 books at a time
- Second, Third, and Fourth: 3 books at a time
- Fifth and Sixth: 4 books at a time
 Students will need to return ALL books

before they may check out more books.

Remote checkout started on Thursday, August 20, 2020.

These are the procedures to checking out books:

- 1. Go to the Pueblo of Isleta Elementary Library webpage at: https://www.isletaelementary.org/library
- 2. Click on the <u>link</u> to see our library catalog of books (Destiny).
- 3. You can look for books by title, subject, author, or keyword; just remember Destiny will NOT find what you want if the word(s) are not spelled correctly. Also, once you find the book you want, look to the far right of the page to see if a copy is available, such as 2 of 2 available.
- 4. After you decide what you want, go back to the library webpage, scroll to the bottom, and fill out the library checkout form. You will need to fill out a form/submit for every book you want to check out. Fill out the form accurately in order to get the book(s) you want. This is the best way to ensure you get the books you want.
- 5. If you have any questions or just want a general topic (such as books about dogs for 2nd graders, fun books for kindergarten, or any Wimpy Kid book, etc.), you can send that in the checkout email at the top of the page: poiescheckout@poies.org
- 6. Books will be wiped down with a bleach/sanitizer solution when checked out/returned.
- 7. Our bus drivers will have the books when they deliver lunches. It is the student's responsibility to pick up/return the book(s) from/to the bus drivers.
- 8. If you do NOT live by a bus stop, you can call me at 505-869-2321, ext. 1213 to schedule a drive by pickup at the school.
- 9. Books will be transported in a bag with the student's name/grade. Please keep books in the bag when not using and **return** them in the bag.
- 10. Please allow up to a 48 hour turn around before your books are ready.
- 11. If you have any questions, please call me at 505-869-2321, ext. 1213.
- 12. Thank you for your patience as we work through this process.

Ms. Fryar, POI Elementary Librarian



Pueblo of Isleta Elementary Robert Torrez,

Principal

Bus schedule

7:00 – 10:00 deliver breakfast and classroom materials

11:00 – 12:30 deliver lunch and pickup classroom materials.

1:00 - 2:00 deliver and pickup classroom materials.

September Newsletter

Virtual Learning

The staff at POIES are excited to be back and are eagerly awaiting to see the beautiful faces of our students in our classrooms and hallways. Until then, teachers are teaching classes by sending lesson plans, packets, and reaching out to parents and students virtually and/or through emails, facetime, and phone calls from 8:00-3:00.

Communication between the school, families, regular ed. classrooms, and elective teachers is dire. We hope to have our laptops and tablets issued by the second week in September for online teaching. This should help alleviate the many calls families have been receiving.

Teachers received staff development on setting up their virtual classroom.

This is new to all of us! Thank you for your patience and understanding!



August 20 · Remote Library Checkout

Students will be allowed to remotely checkout books by going to the school web page at:

https://isletaelementary.org/library.

Bus drivers will deliver their books during their regular deliveries. Or you may call 505-869-2321 ext.1213 to arrange a drive-up pickup.

Date to Remember:

First day of Instruction	8/12	
Remote Library Checkout	08/20	
Technology Distributed	09/08	
No School	08/28	
No School	09/04	







ISLETA POLICE DEPARTMENT NEWSLETTER

Children have now returned to school in one format or another and adjustment is in store for all – teachers, students and parents. The same is true for our Community Resource Officer and Dare Instructors as they will be conducting "virtual presentations/instruction" for the program. Officer Powers will be working on these presentations for the Elementary School students so stay tuned.

In the July Newsletter we announced the Officer and Civilian of the First Quarter and below they are pictured receiving their awards. Congratulations again gentlemen!

OFFICER OF THE FIRST QUARTER



Officer Jonathan P. Abeita
CIVILIAN OF THE FIRST QUARTER



Security Officer David Roybal



Officer Harry S. Powers also received his award for Twenty Years of Service to the Isleta Police Department. Congratulations again sir!

IHSP NEWS

The Isleta Traffic Division is now fully staffed with a total of four traffic officers. We welcome the two newest officers:

Officer Daniel Tenorio began on July 27, 2020 of this year and is from the Santo Domingo Pueblo. He has had five years law enforcement experience graduating from the Federal Law Enforcement Center in Artesia, New Mexico in 2015. He then received his New Mexico State Certification through the Department of Public Safety in Santa Fe, New Mexico in 2016.

Officer Bryson Nastacio is our newest traffic officer and has six years experience in law enforcement. Bryson states he enjoys being a law enforcement officer and

SAFETY TIPS

Safer NM Website:

It's the Law – EVERYONE in a car must be properly belted in all seating positions.

Seat belts and child safety seats save lives, and Safer is dedicated to efforts which increase their proper use. The NHTSA reports that using child safety seats decreases the risk of death by an estimated 71% for infants and 54% for older children.

V CHILD HI	IDER AGE 1			
A CHILD UNDER AGE 1				
Must ride in a rear-facing child safety seat in a back seat. If the vehicle has no back seat, a child under age 1 can ride in a front seat if the air bag is deactivated or if the vehicle does not have an air bag deactivation switch. IMPORTANT: The National Highway Traffic Safety Administration recommends NEVER putting a rear-facing child safety seat in front of a front passenger air bag.				
CHILD AGE 1 through 4 years	CHILD UNDER 40 pounds			
Must ride in a Must ride in a child safety seat. Must ride in a				
CHILD AGE 5 through 6 years	CHILD UNDER 60 pounds			
Must ride in a child safety seat or booster seat.	Must ride in a child safety seat or booster seat, regardless of age.			
CHILD AGE 7 through 12 years	CHILD AGE 13 through 17 years			
Must be properly restrained in a child safety seat, booster seat, or seat belt. (see below for proper seat belt fit)	Must ride in a seat belt.			

Seat Belts are appropriate for your child if:					
The lap belt fits across a child's upper thighs and hips (not the abdomen); AND	The shoulder strap fits across the center of a child's chest (not the neck); AND	The child can sit all the way back with knees bent over the seat edge.			

serving the community he works for. He is grateful for the opportunity to work for the Pueblo of Isleta and hopes to make a difference in the community. During his time off, Bryson enjoys spending time with family.

Both have experience in the traffic division area and are a welcome asset to the IHSP Division.

WELCOME ABOARD GENTLEMEN!

With the Traffic Division now being fully staffed, you can be assured you will see them out there enforcing traffic laws, investigating crashes, arresting drivers under the influence, etc. They just completed a saturation patrol on August 13 and are now scheduled to begin a new saturation patrol operation, so beware - -

"DRIVE SOBER OR GET PULLED OVER"

August 21 through September 7, 2020

HIGHWAY 47 CONSTRUCTION PROJECT

Upon the publication of this newsletter, road construction on Highway 47 will have already begun (August 24, 2020) and is expected to carry on through February 2021. The Isleta Police Department will have officers monitoring traffic for safety precautions and/or traffic enforcement. Please pay heed and obey all construction road signs and be mindful of the workers in the area.



REMINDER

Curfew for the Pueblo is still in effect and signs are placed throughout the Pueblo reminding everyone of such. Please obey the curfew restriction and help us maintain a safe, secure and healthy Pueblo.

Best Ways to Clean Masks



BOILING:

- Boil in water for five minutes-10 minutes.
- Depending on the cloth of your mask, a few rounds of boiling could damage it or affect To ensure your mask remains breathability. functional after boiling, you'll need to inspect it closely.

WASHING MACHINE:

- Wash in hot water laundry cycle, along with your clothes.
- Pay attention to the temperature, 140 degrees Fahrenheit can destroy most viruses. It is recommended to use this temperature for treating contaminated clothes and fabrics. No matter what your machine is capable of, you should still continue to wash your masks. Make sure you load your machine with appropriate amount of soap and complement it with any laundry booster (Chlorine, color-safe bleach, or OxiClean).

HOT WATER AND BLEACH SOLUTION:

- Soak your face mask for five minutes in a solution of one teaspoon of bleach for every quart of hot water. Temperature doesn't matter, since the bleach killing the virus.
- To make sure you get rid of any leftover bleach, take the mask out of the solution and rinse it under a tap for 10 to 15 seconds - any temperature. After that, soak it in clean water for another **five minutes**. You can hang your mask to dry or put them in the dryer at high temperature. You'll want to make sure your mask is clear of bleach when you put it on. Inhaling any residual fumes from it could damage your airways or worsen any respiratory condition.

STORAGE IS EVERYTHING:

- Sanitizing your mask won't change a thing if you don't store it properly.
- Once you have a clean mask, put it in a closed plastic container or a new zip-close bag by itself. If you want to go the extra mile, write on the bag or stick a note to the container with details about when you last sanitized the mask and the method vou used. This will prevent cross-contamination and you'll be able to tell for sure if the mask is safe to use or not.

WASH YOUR HANDS!

- Remember that social (or physical) distancing, washing your hands, and staying home are the best ways to help slow the *spread of* coronavirus.
- Wearing and using homemade cloth face masks is another way you can help support our health and the health of the community. Let's work together as a community and help prevent the spread of COVID-19.

Isleta Health Center

We're More Than A Thrift Store.

Our Free Programs And Services.

Goodwill Industries of New Mexico is a local nonprofit organization that helps New Mexicans get jobs in the community and gain access to specialized social services.

No matter where you are in the state, Goodwill Industries of New Mexico is working in your community.

Our lineup of programs and services allows us to help thousands of New Mexicans every year.

All of our programs and services are offered free of charge to those who qualify.

Visit our locations across New Mexico to donate. shop, and learn more about our programs



Gateway To Work

A personalized path to success that focuses on those who are ready, willing, and committed to joining the workforce.

Homeless Veterans Reintegration Program

Focuses on placing homeless veterans into long-term employment, as well as provides social services.

GoodJobs

Designed to help individuals find long-term employment in the

Veteran Family Services Provides employment, job

community that meets their needs, abilities, and interests

raining, and comprehensive case nagement to veterans and their family members.

GoodSkills

Comprehensive job skills training

Supportive Services for

Helps stabilize housing for very low income veterans and their

with live classroom instruction

families who are homeless or at risk of homelessness.

TrialWorks Temporary paid skills training.

Brain Injury Case Manager

A short-term program providing support and services to individual with traumatic and acquired brain

Senior Community Service **Employment Progra**

Provides low-income seniors 55+ with work experience and training in order to assist them in securing



Dangers of Drinking Hand Sanitizer

Drinking any hand sanitizer can seriously harm you and those that contain methanol can kill you. Methanol is a type of alcohol that's used to make chemicals like fuel and pesticide and it is very toxic to the human body. It destroys our cells and the nerves in our brains.





Safe use of hand sanitizers that don't contain methanol prevents the spread of the COVID-19 virus. Don't ever drink hand sanitizers and if they contain methanol, throw them away!

Some hand sanitizers have been found to contain toxic methanol, even if it isn't listed on the label. Remember to keep hand sanitizers out of the reach of children & if ingested, immediately get medical help or contact a Poison Control

For more information and to find a list of products that contain methanol, visit https://www.ihs.gov/coronavirus/safety/



Pueblo of Isleta Public Library

Greetings Isleta Pueblo Community! I hope you all are transitioning well to the new school schedule and the new norm. We would like to give a shout out to all the parents, grandparents, older siblings, family support and community for stepping up and helping our students with the new school year. I'm sure many of you had to adjust schedules, set up at home classrooms, hook up Wi-Fi, go out and buy devices and have a crash course on virtual learning. We see you and all your hard work and it has not gone unnoticed, we would like to say thank you and keep up the good work!

News

With things changing daily and unforeseen circumstances the library was closed for two weeks last month. During this time we still did our best to help the community with our series of virtual programs that were held for the month of August. Please remember that the community is always in our thoughts and the library staff is working daily to find solutions to help assist anyway we can. We would like to thank you for your continued patience and following all COVID policies and procedures.

The library will be closed on Monday, September 7th in observance of Labor Day. All library media checked out on September 3rd will be due on September 8th. We apologize for any inconvenience this may cause. Enjoy your Labor Day weekend and stay safe!

Family Story Time is back after taking a little break with the Summer Reading Program and everything going on. However it will look a little different for the time being. Starting Wednesday, September 16, we will be doing a Virtual Story Time every Wednesday at 10:30 am with library staff member Cheyenne. Participants will meet via Zoom and an invite will be sent out prior to the story time. You will need to sign up for this program in advance to get Zoom meeting information and any supplies need for the crafts. Cheyenne will read a story and engage toddlers and families in an activity. This program gives the opportunity for parents and caregivers a chance to introduce their children to reading. If you would like to sign up for this program please give Cheyenne a call at the library at 505.869.9808 or by email at Cheyenne.Castillo@isletapueblo.com

Library information is posted at the front of the library with COVID-19 business Hours of Operation, library Wi-Fi and Library Mobile Apps.

The Library is offering a contactless curbside service as well as computer use by appointment only for essential use. Curbside services will be Monday-Thursday from 10am to 5pm and Friday 10am to 4pm. To check out material please download our mobile app Librista.



To make a computer appointment please call the library to set up a time, as space is limited. Appointments will be based on one-hour increments so please come prepared. When visiting the library please remember to wear a mask at all times, patrons' temperature will be taken before entering the library. Sanitation stations have been set up throughout the library, and computer workstations must be disinfected before and after use. Patrons will enter at the front entrance of the library and will exit on the north side of the library. We greatly appreciate your patience at this time as we are adjusting to a new normal. If you have any questions or concerns feel free to contact the library at 505-869-9808.

To drop off any library materials please use our drop off box, which is located in the front of the library. Drop off material will be quarantined for three days, disinfected and then checked in. With things changing daily library staff is closely monitoring the COVID-19 situation and as a result library programs and services are being impacted. We will continue to keep you updated and informed about upcoming programs and services as more information comes along. Below is a list of our new hours of operation.

Library Temporary Covid-19 Hours of Operation

Monday –Thursday: 8am-5:30 pm Friday: 8am-4:30 pm Saturday: Closed

Curbside Hours Elderly: 10am-11am General: 11am-5pm

Library staff members are on site to answer any questions or address any concerns you may have and we are always open to any suggestions you might have to helps us better serve the community. Please don't hesitate to give us a call at 505-869-9808.

Library Access from Home

During this time we encourage the use of our digital services. If you ever have questions or need help accessing our online services. Please call us at the library at 869-9808 during regular business hours or message us on social media (FB, Snapchat, & Instagram).

The Library's digital services give cardholders 24/7 free access to eBooks, audiobooks, music, and periodicals (NY Times). So you can maximize your reading, and listening experience at home. We've got you covered.

The library online services will ask you to enter your library barcode number which is located on the back of your library card and a pin or password. If you do not have a pin or password set up with us you can call the library during business hours and a staff member can help you set that up over the phone.



Below is a list of the digital services the library has to offer.

To search our library collection and view your account you can download the Librista app on your iPhone, Android and Kindle devices. This feature will let you see what library material is available, let you search our library collection and view your account.

New York Times online is now available to our library patrons for FREE. Find breaking news, multimedia, reviews & opinion on Washington, business, sports, movies, travel and so much more.

New York times will be available on library computers, library Wi-Fi or if you are at home you can access through the library website and click on the icon located on the general library section.

The library now has Lynda.com, which is FREE online training on various computer software's and programs. The Lynda.com Online Training Library is a massive online training resource. Using their thousands of videos, members are able to learn – self-paced and on-demand – topics ranging from Google, Zoom and so much more. Members must have a Library card in order to utilize the Lynda.com site. The link to Lynda.com may be found on our Library website at http://isletapueblo.com/library.html. Just click on the "Start Learning Click Here" button to start your digital continuing education.

Download the mobile app Libby to start borrowing, reading ebooks and audiobooks for FREE. Put your library in your pocket with Libby. To access this app you will need your library barcode and password.

Free Music! Take advantage of our Freegal Music service. Log on with your library card number and pin to start downloading and streaming music. Library patrons receive 3 free downloads each week and UNLIMITED streaming of music with NO AD interruptions. Log on to freegalmusic.com or download the Freegal Music app. If you have any questions about this service or would like to set up a password please give the library a call at 505-869-9808.

For additional help and information library staff members have made YouTube videos featuring the library's digital services and how to utilize them. Check them out by visiting the library's YouTube page at www.youtube.com/user/poilibrary.

Upcoming

The After School Program is in the works for the month of September. Our program will follow the lead of how schools are following their policies and procedures for COVID. If given the okay we want to have a maximum of 5 students per session for the After School Program. As an example we would have one group of five students meet every Monday and Wednesday and another set of five students meet every Tuesday and Thursday to join at the library and go over homework, engage in reading and participate in crafts or activities with a library staff member. If things don't go as plan we also have a Plan B where the After School Program will be done on a virtual platform. The library will follow all COVID policies and procedures and practice social distancing. This includes students and library staff wearing a mask at all times, as well as cleaning and disinfecting throughout the program. The After School Program will start on Monday September 14th. Parents or guardians will have to pre-register their kids for this program. Since space is limited we will have an open registration for all, starting on Wednesday, August 26, 2020 and will do a live drawing on Wednesday, September 9, 2020 at 4:00 pm to fill the spots for the program.

As mentioned in last month's article, the library is getting a new printer and it has arrived. With the new printer library patrons will see some changes that include having your library card to print, Bluetooth access to print from a device, and 15 FREE prints per day for every library patron and so much more. To go over all this information about our new printer and how it works library staff member Kyle will be hosting a Zoom meeting for our library patrons. This program will be on Thursday, September 17th at 5:30 pm. To sign up or if you have any questions regarding this program please call the library and speak with Kyle or you can also send an email to Kyle.Lujan@isletapueblo.com.

Exciting news, the library will be hosting a virtual paint night for adults! Library staff member Ashley will be showing participants a guided instructional lesson on how to paint a picture using canvas and acrylic paints. The Adult Paint Night will be on September 16th at 5:30pm on Zoom. Participants will need an Internet connection and a device compatible with Zoom. The program will be open to the first 7 sign-ups, 18 and up. All supplies will be provided and will need to be picked up at the library by September 15th at 6:00 pm. Sign ups will start on Tuesday September 8th. If you would like to sign up or have any questions please contact Ashley at the library at 505.869.9808 or email to Ashley.Morales@isletapueblo.com.

Recap

August Virtual Programs

On Thursday, August 6th library staff members Diane & Ashley hosted a How To Use Zoom In 2020 virtual program to community members. This program started our month of virtual program in August. Participants learned how to set up a meeting, join a meeting, invite participants, screen sharing and so much more. There was a total of 5 participants that joined, everyone was prepared and had excellent questions for us.

On Tuesday, August 11th library staff members Rebekah and Ashley shared their knowledge on Google Docs. Participants were given an overview on how to understand Google Docs. Google Docs is a great tool to help with school, work and for personal use.

On Wednesday, August 19th library staff member Shaypof introduced our Virtual Library to participants. Which she explained how to access and use Freegal, NY Times and Libby. Our virtual library is available for you to use at anytime and is FREE to all library patrons. At any time if you need help accessing these services please give the library a call and we will walk you through it and answer any questions you may have.

On Thursday August 20th library staff member Cheyenne explained the in's and out's of different tech devices. The goal was to teach participants the differences between such devices so participants would be knowledgable on what would be best for their needs before going out and buying something that might not be what they expected. We all know how expensive new technology can be and sometimes it's not what we expected, so we wanted to give you the scoop on tech devices.

Last but definitely not least, library staff members Ashley & Rebekah taught a session on how to use Lynda.com. Lynda.com is a FREE online training resource library that teaches a variety of computer software and programs. Participants learned how to access and use Lynda.com where they are able to learn at their own pace and on-demand on various topics. Lynda.com is available to library patrons at anytime. If you would like to learn more please call the library at 505.869.9808 and we will be happy to assist you with Lynda.com or any other service.

We would like to thank everyone who participated in our virtual programs and we plan on continuing our virtual programs until we can all meet again in person. If you have any suggestions or ideas about virtual programs, please give us a call at 505.869.9808 and share your thoughts with us!



Isleta Historical Society



This continues a monthly series of articles about historic Isletans. The Isleta Historical Society is interested in your reaction to these stories, and we encourage you to contact us with ideas for future publications. Please email us at isletahistoricalsociety@gmail.com or call the Governor's office at (505) 869-3111 (mention the Isleta Historical Society) or visit us on Facebook and Instagram @isletahistoricalsociety. We will not use any information without your permission. Thank you!

Members: Randy Jiron, Kateri Jojola, Malcolm Ebright, Valentino Jaramillo, Rick Hendricks, and Ted Jojola

Historic Agriculture and Stock Raising in Isleta – Part 2

While Isleta continued to reap abundant harvests after adopting improved farm implements and modern farming practices, pueblo politics again hindered progress somewhat. In 1916 Superintendent Lonergan sent Pablo Abeita a list of thirtyfive Isletans and the farm machinery they wanted—such as mowers, hay rakes, plows, and wagons — asking Pablo the likelihood that each of these individuals would pay back the loan for their purchases. Lonergan was trying to help Isletan farmers improve their production and increase their income so that they could repay the loan. Many farmers acquired the basic equipment they needed and paid back the loans, but Lonergan was hampered by Governor Juan P. Lente's resistance to the program. Lente was not alone in this resistance. Even as late as the 1930s Indian Superintendents and agricultural agents noted "a traditional Pueblo fear of outside influence in the native agricultural programs." After all, the pueblos, including Isleta, had been farming and raising stock well before the arrival of the Americans — or the Spanish — in the Southwest.

By 1933, however, Isleta was considered, along with Laguna, as the most progressive of all the pueblos. As with all farming, however, Isleta farmers were subject to periods of drought and insect infestation. In 1920 Pablo Abeita wrote that "the frost has killed all the fruit and we have had no rain for three months and millions of grasshoppers are making their appearance," and again in 1925, "the river [the Rio Grande] is getting very low, the drought is great, and there appeared millions of grasshoppers." Drought and grasshoppers seemed to go together, and it seemed the only remedy was rain. Another remedy allowing farmers to ride out the fluctuations in the weather and the price of alfalfa was proposed by Pablo Abeita in the mid-1920s. Isleta progressives, led by Pablo Abeita, proposed to pay farmers for their alfalfa at a higher price than market out of the pueblo funds, and then sell the hay in a few months when the market price had risen. The plan was approved by Superintendent Marble but was vetoed by Isleta treasurer Antonio Abeita who refused to sign the necessary papers.

A few decades later the political climate changed at Isleta, as the pueblo became more open to BIA agricultural programs. Beginning in 1956, Isleta formed a farm aid association called a conservation enterprise, that assisted farmers in purchasing agricultural equipment, leveling their land in order to expand irrigation, and acquiring improved varieties of seeds. Isleta's conservation enterprise consisted of a five-member governing committee approved by the tribal council. The success of the project was due to two men: John B. Caldwell, soil conservationist with the BIA, and former

Isleta governor John D. Zuni. Zuni was governor in 1960 with Diego Abeita as his second lieutenant governor. Diego Abeita became a leading water rights advocate and will be the subject of a future article in this series. After a long history of antagonism between the pueblo and the BIA, this project was a success story due in part to the personalities of Zuni and Caldwell. Pueblo members remember Caldwell, who died recently, as a good-natured man, always laughing, but not afraid to get his hands dirty if necessary. Zuni was a methodical hard-working farmer who kept a diary off and on from October 1948 to May 1966, documenting the income and expenses of his farming and livestock business.

Zuni farmed several tracts of land, raising winter wheat, alfalfa, and oats, and used the equipment he acquired to cut and bale other farmers' crops. For example, during the third cutting of hay in July 1962, Juan D. Zuni cut and baled hay for Bautista Zuni, Juan B. Jiron, Remijo Zuni, and Esquipula Jojola, receiving an average of 16 cents per bale. With this cash income, in addition to what he made selling his own hay, Zuni was able to pay off the loan for the equipment, such as the baler. Like many pueblo ranchers and farmers, John D. Zuni kept track of the livestock he sold and how much he received, the weight of the animal, and the price per pound. For instance, in October of 1949 he sold a 455 lb. steer at 20 cents/lb. for \$91, a 365 lb. steer at 20 cents/ lb. for \$73, six calves weighing 2,000 lbs. at 20 cents/lb. for \$400, and a 545 lb. steer at 17 cents/lb. for \$92.65.

Stock Raising at Isleta

Farmers like John D. Zuni often supplemented their income and their diet by raising cattle, sheep, and goats. With Isleta's abundant pastures sheep-raising was customary in the mid to late 1800s when Isletan ranchers like Ambrosio Abeita owned large flocks of sheep. Ambrosio, who served as governor of Isleta in 1856, lost 3,200 ewes that were grazing near the Rio Puerco in a Navajo raid. On November 5, 1856, the Navajos captured the entire flock. A group of men followed them, but as they came in sight of the band, the Navajos were able to capture one of the men, Jose Manuel Lujan, captive. The fate of Lujan is not known, but this story serves to illustrate the size of some flocks and the perils of raising sheep. Ambrosio Abeita's large flocks of sheep were an exception, however: most Isletans had few if any, relying primarily on farming for subsistence.

Cattle breeding gained prominence at Isleta as Texas cattleman Charles Goodnight introduced Texas Longhorns, Angus, Herefords, and other breeds into the pueblo. Soon most Isletan farmers started breeding their own small herds, putting them out to pasture in the summer and keeping them in corrals and feeding them hay they harvested over the summer and fall.



Men Preparing to Brand a Cow, 1908, photographer unknown, Courtesy of the Library of Congress

The popularity of stock-raising brought with it the problem of cattle invading planted fields and destroying crops. Until the invention of barbed wire in 18?? fences were not strong enough to withstand the onslaught of hungry animals. Isleta pueblo employed several methods for protecting crops from livestock. Many acequias like the Chical Ditch Association chose a few members as stock riders with the responsibility of rounding up all stray stock throughout the crop season. Another way of controlling livestock was focused on trespassing animals of outsiders. Governor Pasqual Abeita described the process in a 1934 letter to John Collier, Indian Affairs Commissioner, in 1934: "[The war captain] has ... charge of ... land used for grazing our stock ... he and his sub-officers ride around the boundary of the land and run off any stock not belonging to the pueblo ... and ... would fine the parties for damages." While the war captains continued to police the pueblo boundaries, in the mid-1930s the pueblo began issuing more grazing permits or leases, the payments for which were deposited in pueblo funds.

Another strategy for managing livestock on pueblo lands was the community herd. This herd was managed by trustees who managed the acquisitions of cattle for the pueblo, their branding with the CH brand, and their sale, which provided funds for the pueblo.

Recently, there has been a renaissance in farming in Isleta Pueblo as well as the Navajo Nation, a side effect of the Covid-19 pandemic with most people staying home. Farming is one of the healthiest activities available while people are sheltering in place. One example of this renaissance of farming at Isleta is Kateri Jojola, who, with the help of Randy Jiron, and her family, are farming her late grandfather, Jose "Eddie" Jojola's (son of Esquipula Jojola) land. Over the last three years the Jojola family has been cleaning up the land, cutting back elm (a highly invasive species), and restoring the soil in what Kateri calls "a revitalization of the land." The family is farming seven plus acres of land that includes a half-acre dedicated to growing fruits and vegetables, which they

plan to expand on after this summer. Previously, five acres of land stood idle for six years and this year all was replanted and is now being restored. The Jojola family, like many others in Isleta, own cattle and hold a lease to graze the rangelands. She is just one of many new farmers or those who have expanded their acreage recently.



Jojola Gardens, May 2020, Newly Planted Garden



Jojola Gardens, June 2020, Blue Corn Maturing

Again, this month we are requesting information about silversmithing and jewelry-making at Isleta. Many of the old photos in our archives depict women wearing intricate, stunningly beautiful necklaces. We would like to know more about how they were crafted. We would also like to know how families exchange jewelry with one another when their children marry. Is anyone still working with silver? Do you have examples of silver or other jewelry that was handed down in your family? Any information is greatly appreciated.

Thank you!



PUEBLO OF ISLETA TRIBALMEMBERS For a limited time you are able to cash in your unwanted change for a



Did you get counted?

Did you fill out your 2020 Census Questionnaire?

The 2020 Census questionnaire packet was left at your door step with your unique 12 Digit census ID number.

If you did not receive a questionnaire with a 12-digit ID

Number, have questions, or need help in filling out the form, please contact the Census/Tribal Enrollment Office at



Isleta Pueblo Counts!

505-869-9766 or the Governors Office at 505-869-3111.



WE ARE HERE TO SERVE

Isleta Health Center Team (505)869-3200

Covid19 Glossary

Stephanie Barela, Health Educator 869-4479 www.diffen.com www.dictionary.com www.cdc.com

Have you been hearing several words lately in regards to the Covid19 outbreak that are confusing? Several words have been used interchangeably, which is not always accurate. Medical terminology can be confusing but using the words properly is important during this time, so let us break them down for you:

Pandemic vs. Epidemic:

- **Epidemic** refers to an increase, often sudden, in the number of cases of a disease above what is normally expected in that population in that area.
- **Pandemic** refers to an epidemic that has spread over several countries or continents, usually affecting a large number of people.

In the past century, there have been four pandemics caused by the new influenza virus, but Covid19 is the first caused by a new corona virus.

Respirator vs. Ventilator:

- Respirator is a masklike device, usually of gauze, worn over the mouth, or nose and mouth to protect from exposure to biological aerosols including viruses and bacteria. In healthcare, filters out virus particles as they breathe in so they are not infected with COVID-19. CDC recommends that healthcare professionals wear an N95 respirator that fits tightly around the nose and mouth in order to reduce the wearer's exposure to airborne particles, from small particle aerosols to large droplets.
- **Ventilator** is a machine that helps people breathe, it pumps oxygen into the lungs and removes carbon dioxide.

Quarantine vs. Isolation:

- Quarantine separates and restricts the movement of people who were exposed to a contagious disease to see if they become sick.
- **Isolation** separates sick people with a contagious disease from people who are not sick.

Social Distancing:

• Social Distancing also called "physical distancing", means keeping a safe space between yourself and other people who are not from your household. To practice social or physical distancing, stay at least 6 feet (about 2 arms' length) from other people who are not from your household in both indoor and outdoor spaces. If you must go somewhere, wear a face covering; see the Health Beat Article on making your own face covering.

PUEBLO OF ISLETA ELDER CENTER - FOOD DELIVERY PROCESS

Hello everyone, hope everyone in our community is doing well and staying safe. So sorry for the inconvenience in our sudden closure on July 29th through August 14th. Due to this closure, our August food box delivery happened only once in August. However, we are back on schedule to deliver twice in September. Here are some pictures to illustrate how food boxes are prepared.













Our clients receiving a safe food box is very important to us. Therefore, our packaging process includes: *wearing a mask at all times*wearing gloves at all times*staying 6 feet apart*using meal trucks equipped with cold units to ensure that meats and cold items remain at safe temperatures while on route*no contact with clients when delivering boxes*items are unloaded into a box or container left by the recipient outside their door* no entry into the home is allowed. If you have any questions, please call (505) 869-9770.



Join us in this Alcohol and Drug Free prevention event run or walk challenge!!

29th Annual Red Ribbon Multicultural Relay Run

Call Isleta Behavioral Health Clinic and register!!

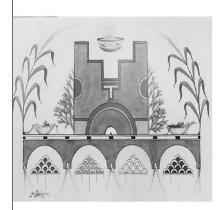
869-5475

Info we need:

Name. Contact # and email. Miles you will run in the month of September.....5 miles, 10, 20, 30, ..100? Then send us a screenshot of completed miles via app or fitbit/apple

watch.

More information to follow.



Virtual

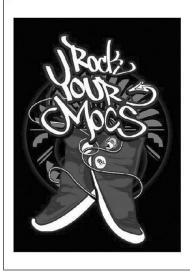
Isleta Inaugural Indigenous Peoples Day

Fun Run

5K and 10K

OCTOBER 12, 2020

Save The Date!!



Virtual
Standard Annual Isleta Rock Your Mocs
5K Fun Run & Walk

November 15 - 21st, 2020

We have some exciting news coming up!!!!!

Save The Date!!

Isleta Health Center

Do you or someone you know have a drinking problem?

Alcohol use is not a problem for everyone but it can become a problem if you are not aware of the signs. It helps if you know the signs so you can do something about it before it becomes a problem. If you are curious whether your alcohol use might be a problem, take a moment to answer these questions:

In the past 6 months to a year, did you

- End up drinking more, or longer, than you intended
- Tried to cut down or stop drinking but continued to use alcohol
- Drive a car or operate heavy machinery while drinking or "buzzed"
- Have to drink more than you used to in order to get the same effect
- Continue to drink even if you felt depressed, anxious, or guilty
- Continue to drink even though you had health problems because of the alcohol
- Continue to drink even though it caused problems with family, friends, and/or the job
- Spend a lot of time figuring out how you would get your next drink
- Experience hangovers that got worse each time you drank
- Ever have a drink the following day just to "steady your nerves" or to "take off the edge"

If you answered "yes" to any of these questions, it may be time to seek help...

Isleta Health Center Behavioral Health Clinic 505-869-5475

Vaccinations for Preteens and Teens, Age 11-19 Years

Getting immunized is a lifelong, life-protecting job. Make sure you and your healthcare provider keep your immunizations up to date. Check to be sure you've had all the vaccinations you need.

Vaccine	Do you need it?
Chickenpox (varicella; Var)	Yes! If you haven't been vaccinated and haven't had chickenpox, you need 2 doses of this vaccine. Anybody who was vaccinated with only 1 dose should get a second dose.
Hepatitis A (HepA)	Yes! If you haven't been vaccinated, you need 2 doses of this vaccine. Anybody who was vaccinated with only 1 dose should get a second dose at least 6–18 months later.
Hepatitis B (HepB)	Yes! This vaccine is recommended for all people age 0–18 years. You need a hepatitis B vaccine series if you have not already received it.
Haemophilus influenzae type b (Hib)	<i>Maybe.</i> If you haven't been vaccinated against Hib and have a high-risk condition (such as a nonfunctioning spleen), you need this vaccine.
Human papillomavirus (HPV)	Yes! All preteens need 2 doses of HPV vaccine at age 11 or 12. Older teens who haven't been vaccinated will need 2 or 3 doses. This vaccine protects against HPV, a common cause of genital warts and several types of cancer, including cervical cancer and cancer of the anus, penis, and throat.
Influenza (Flu)	Yes! Everyone age 6 months and older needs annual influenza vaccination every fall or winter and for the rest of their lives.
Measles, mumps, rubella (MMR)	Yes! You need 2 doses of MMR vaccine if you have not already received them. MMR vaccine is usually given in childhood.
Meningococcal ACWY (MenACWY, MCV4)	Yes! All preteens and teens need 2 doses of MenACWY vaccine, the first at age 11–12 years and the second at age 16 years. If you are a first-year college student living in a residence hall, you need a dose of MenACWY if you never received it or received it when you were younger than 16. If you have a high-risk health condition, you will also need boosters if your risk is ongoing. Ask your healthcare provider if you have a risk factor.
Meningococcal B (MenB)	Yes! Teens who want to be protected from meningitis type B are recommended to receive 2 doses of MenB vaccine starting at age 16. Teens with certain risk conditions (such as a non-functioning spleen) should be vaccinated also, and receive boosters if their risk is ongoing. Ask your healthcare provider if you have a risk factor.
Pneumococcal (Pneumovax, PPSV23; Prevnar, PCV13)	<i>Maybe.</i> Do you have an ongoing health condition? If so, check with your healthcare provider to find out if you need one or both of the pneumococcal vaccines.
Polio (IPV)	Yes! You need a series of at least 3 doses of polio vaccine if you have not already received them. Polio vaccine is usually given in childhood.
Tetanus, diphtheria, and whooping cough (Tdap; Td)	Yes! All preteens and teens (and adults!) need a dose of Tdap vaccine, a vaccine that protects you from tetanus, diphtheria, and whooping cough (pertussis). After getting a dose of Tdap, you will need a Tdap or tetanus-diphtheria (Td) shot every ten years. If you become pregnant, you will need another dose of Tdap during every pregnancy, preferably during the third trimester.

immunization action coalition

Will you be traveling outside the United States? Visit the Centers for Disease Control and Prevention's (CDC) website at wwwnc.cdc.gov/travel/destinations/list for travel information, or consult a travel clinic.



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Saint Paul, Minnesota • 651-647-9009 • www.immunize.org • www.vaccineinformation.org

www.immunize.org/catg.d/p4020.pdf \bullet Item #P4020 (5/20)

Thinking About Quitting

Cooped up at home? Maybe this is the right time to Quit Smoking.

Take this <u>1 time, 1 on 1, 90 minute session</u> over the phone, to increase your motivation to quit and give you some Tips and Tricks to help you do this!

Call Stephanie, Health Educator @ 869-4479 learn more

Isleta Health Center

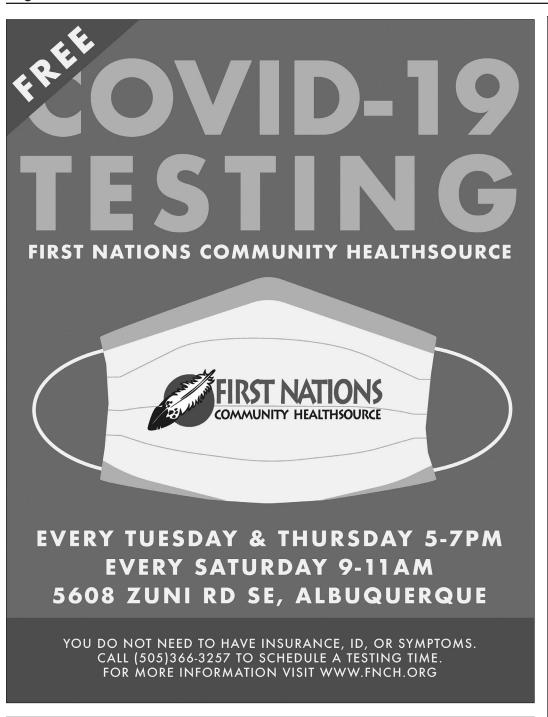
Isleta Health Center Program Cancellations

Health Educator: Stephanie Barela, BS CHES CSST, 869-4479

The Isleta Health Center (IHC) is doing our part to encourage social distancing, by continuing to cancel all of our programs until further notice:

The IHC Programs below are canceled:

- ► All IBHC Prevention activities
- ► ICAP Sewing Class on Thursday evenings
- ► ICAP Moccasin Making Class on Tuesday evenings
- ► Isleta Diabetes Prevention Exercise Classes (Eagle HIIT) held Mondays and Wednesdays
- Isleta Diabetes Weight Training held Tuesdays and Thursdays
- ► Isleta Health Support Group, 2nd Tuesday of the month, 9/8/20 CANCELED
- ► Healthy Cooking Class will be Virtual this Month, look for more information in the Newsletter.



Well Child Visits

A Key to Healthy Kids

Naturally, we bring our kids to the clinic when they're sick. Did you know it's important to bring them in when they are well, too?

Well child visits help:

PREVENT PROBLEMS

The clinic team will:

- · Find health problems early
- . Make sure shots are current
- · Review healthy eating
- Check on the child's safety

TRACK GROWTH AND DEVELOPMENT

The doctor will measure:

- Height and weight
- How your child learns and grows
- Milestones
- . Mental and social health

BRING UP CONCERNS

You can talk to your doctor about your child's:

- Behavior
- Sleep
- Eating Growth
- Ability to get along with others
- Learning, thinking and problem solving
- Physical activity

CREATE A TEAM APPROACH

You and the clinic team can:

- Build trust in each other
- . Help when well and help when sick
- Work together for your child and family needs
- Find other resources to help your child

Source: www.healthychildren.org

"Well child visits help give your child the best chance to grow into a healthy adult."



WHEN SHOULD I BRING MY CHILD FOR A WELL VISIT?

BIRTH TO 15 MONTHS OLD

2-5 DAYS OLD 1 mo. 2 mo. 4 mo. 6 mo. 9 mo. 12 mo. 15mo. 18 MONTHS to 3 YEARS OLD

3 to 6 YEARS OLD

3 yr. 4 yr. 5 yr. 6 yr. 8 yr.

PRETEEN AND TEEN 9—12 yr. 13—16 yr. 17—20 yr.

**CONTINUE YEARLY WELL VISITS INTO ADULTHOOD **



We are Here to Serve Isleta Health Center Team (505) 869-3200



PUEBLO OF ISLETA WIC

505.869.2662

September 2020

Breastfeeding During Emergencies

Around the world and throughout history mothers and their infants have experienced emergencies of every kind. Whether it's from natural disasters, war and violence, or unexpected family events, breastfeeding can save lives. Did you know that...

- 1. In emergency situations almost 95% of infant and child deaths are caused by diarrhea from contaminated water and an unsanitary environment.
- 2. Infant formula requires sanitary water and fuel to sterilize bottles, nipples and the formula itself. Water and electricity are often compromised during emergency situations.
- Human milk is full of antibodies that fight 3. infection and lowers your baby's risk and severity of illness.
- 4. Breastfeeding releases hormones that help lower stress for both mom and baby. Mothers who are stressed and malnourished can still make plenty of milk for their babies.

For more info visit http://www.usbreastfeeding.org/ emergencies

Make a Plan

Ask yourself these questions to get started:

- How will I get emergency alerts 1. and notifications?
- 2. What is my shelter plan?
- What is my evacuation route? 3.
- What is my family/household 4. communication plan?

Benefits of Breastfeeding During **Emergencies**

- No worries about contaminated 1. formula or water for baby.
- 2. Breast milk is always accessible and at the right temperature.
- 3. Consistent warmth and comfort for baby during a stressful time...
- 4. Helps keep baby healthy so you have one less thing to worry about.

Isleta Community Health Needs Assessment

Suicide Prevention

Kaylee Chavez, Isleta Health Center, 869-3200

Isleta Community Health Assessment 2019 administered by Isleta Health Center, found that approximately 8.6% of community members have thought about suicide and approximately 4.2% of community members have attempted suicide. Safety and protection trumps confidentiality in any crisis and it is important to understand the issues concerning suicide and mental health in order to help others in crisis and make our community stronger. It is to understand the risk factors and warning signs related to suicide. Risk factors do not cause or predict a suicide attempt but increase the likelihood that someone will consider, attempt, or die by suicide.

Risk factors include:

- Mental disorders,
- Alcohol and other substance use disorders.
- Hopelessness,
- Impulsive/aggressive tendencies,
- History of trauma or abuse,
- Major physical illnesses,
- Previous suicide attempts,
- Job or financial loss,
- Loss of relationship(s),
- Family history of suicide,
- Easy access to lethal means,
- Local clusters of suicide,
- Lack of social support/sense of isolation,
- Stigma associated with asking for help.

Warning signs can help determine if someone is at risk for suicide and include:

- Talking about wanting to die or kill themselves,
- Looking for a way to kill themselves,
- Talking about feeling hopeless or having no reason to live,
- Talking about feeling trapped or in unbearable pain,
- Talking about being a burden to others,
- Increasing the use of alcohol or drugs,
- Acting anxious or agitated,
- Sleeping too little or too much,
- Withdrawing or isolating themselves,
- Showing rage or talking about seeking revenge,
- Extreme mood swings.

If you or someone you know exhibits any of these signs, please seek help.

- Agora Hotline 505-277-3013
- Text Hotline 741741
- 1-800-273-TALK(8255)
- Isleta Behavioral Health Clinic 505-869-5475
- 911





Securing today and tomorrow

Dear Tribal Community Partners,

These are unprecedented times for our Nation and Indian Country. I am writing today to let you know that the Social Security Administration remains committed to providing uninterrupted benefits and vital services to tribal members, especially during the COVID-19 pandemic. Despite the challenges government and businesses face at this time, we want Indian Country to know that we remain ready and able to help by phone with most Social Security

Tribal members can speak with a representative by calling their local Social Security office or our National 800 Number at 1-800-772-1213 (TTY 1-800-325-0778) between 8:00 am -5:30 pm. Monday through Friday. We provide local office phone numbers conveniently online with our Social Security Office Locator. Most services with SSA are available online, but we know that many people still rely on phone or in-person assistance.

Although our offices are not providing service for walk-in visitors, we may be able to schedule an appointment for limited, critical issues if we cannot help someone by phone and if they cannot get the information they need or conduct their business online. Please encourage tribal members to call or take advantage of our secure and convenient online services.

We will continue to work closely with you and the tribal communities each day to benefit Indian Country and Alaska Natives (www.ssa.gov/people/aian). No matter where you are in life's journey, Social Security can help you and your family secure today and tomorrow.

Nancy A. Berryhill Tribal Consultation Official

Renee Ferguson **AIAN Executive Champion** Assistant Regional Commissioner

For Elders 60+ years of age who may need assistance, please call 869-9770 and ask for: **Fauline Lucero**, Benefits & Billing Manager Isleta Elder Center - Monday thru Friday 8 a.m. to 4:30 p.m.

Tribal Lifeline

Customers living on federally recognized Tribal Lands* can receive up to \$34.25 off phone or Internet service.

Lifeline is a federal program that helps lower the cost of your monthly phone or Internet bill.

ELIGIBILITY

You may qualify for a discount if you live on federally recognized Tribal lands* AND can provide proof of any ONE of the following:

- Your income is at or below 135% of the
- federal poverty guidelines, OR You participate in any ONE of these
- government benefit programs: **Supplemental Nutrition Assistance**
- Program (SNAP)
- Federal Public Housing Assistance (FPHA)
- · Veterans Pension and Survivors Benefit
- Supplemental Security Income (SSI)
- Bureau of Indian Affairs General Assistance
- Tribal Head Start (income based)
- Tribal Temporary Assistance for **Needy Families (Tribal TANF)**
- · Food Distribution Program on Indian

WHAT IS A HOUSEHOLD?

You can have multiple households at one address, for example:

- · Four adult family members that live at the same address, but do not share income and expenses, may each have their own
- If you share housing with someone who already receives Lifeline, complete the Household Worksheet that is available on our website, or through your phone or Internet company.

*Lifeline's Tribal Lands is defined in 47 CFR \$54,400 (e). Go to Lifeline Support.org and select "Tribal Lands" for more information.



Universal Service
Administrative Administrative Co.

THREE WAYS TO APPLY

OR



APPLY ONLINE Find the online application at CheckLifeline.org. If you live in CA, OR, or TX work with your provider to apply.



MAIL YOUR APPLICATION Print an application from www.LifelineSupport.org.



CONTACT A PHONE OR INTERNET COMPANY Find a company that provides Lifeline at www.LifelineSupport.org. Click Companies Near Me.

HOW TO SHOW YOU ARE ELIGIBLE

You may need to show proof that you qualify for Lifeline, such as:

- A copy of your pay stub or tax return to prove your income is at or below 135% of the federal poverty guidelines.

TIPS FOR APPLICANTS ON TRIBAL LANDS

- · Check the "Tribal Lands" Box.
- · Provide a Tribal ID Number if an SSN is unavailable.
- · Your Lifeline company can help determine whether your
- Ask your service provider about Tribal Link-Up. You may be able to get up to \$100 toward your connection to home service. NOTE: An applicant living at a residence without an identifiable address will be

asked to provide Geo-coordinates for the physical location. If you don't have this information, you can provide USAC a map that identifies the location of the residence, landmarks, and distances. LIFELINE SUPPORT CENTER

(800) 234-9473 | 9 AM-9 PM ET | 7 DAYS PER WEEK LifelineSupport@usac.org | www.LifelineSupport.org

For Elders 60+ years of age who may need assistance, please call 869-9770 and ask for: **Fauline Lucero**, Benefits & Billing Manager Isleta Elder Center - Monday thru Friday 8 a.m. to 4:30 p.m.

ISLETA HEALTH CENTER UPDATES

Thank you for Helping to Keep Our Community Safe

Hours of Service:

Monday, Tuesday, Wednesday, and Friday (8:00am to 4:30pm)
Thursday (10:00am to 4:30pm)
Main Phone Line: 505-869-3200

Due to the COVID-19 pandemic, please call ahead for any changes or instructions on how to access care. For medical emergencies or after hours, call 911

**Reminder: You must have your face mask on

What is new at the Isleta Health Center?

- ▶ Please provide your cell phone number when you are checking in at the front for temperature check and wristband.
- ▶ Isleta Health Center has purchased two exterior buildings one is for the Pharmacy Drive Thru, and the other for front reception.
- ▶ The Isleta Health center now has an entrance and exit only, to enter the parking lot please use the north east entrance and to exit please use the southeast.
- ▶ Please let your provider know if you are having the following symptoms: Fever, Cough, Shortness of breath, Sore throat, Headache, Muscle pain, Chills, Repeated shaking with chills, Nausea, Vomiting, Diarrhea, Congestion and Loss of taste or smell.
- ▶ Let your provider know if you have traveled out of state or traveled to a "Hot Spot". **What is a hot spot?** A hot spot is not a public health term, but has been used to describe areas with a particularly large cluster of COVID-19 cases.
- ▶ Please remember face masks are required at all times when on the IHC campus, this includes while you are in your vehicle being assisted by staff and visiting Pharmacy. While in the building a mask must be worn at all times, if a person removes their mask while waiting for their provider their appointment may be cancelled.

Other Services

- Dental: Please call (505) 869-4499 to schedule.
- Optometry: Please call (505) 869-4080 to schedule an appointment to pick-up/and or look at eyeglasses.
- Pharmacy Drive-thru services are still in effect: Please call refill line @869-4590 for all medications at one time. Allow 48hr turnaround time for your prescriptions.
- Behavioral Health: Please call 505-869-5475 or 505-869-5477, if you need information on services, or if you need someone to talk to.
- ALL other Services: Call 505-869-3200

COVID-19 is a rapidly evolving situation. The Isleta Health Center (IHC) will provide updated information and guidance as it becomes available. The IHC is taking all precautions and following New Mexico Department of Health and CDC guidelines.

For questions pertaining to COVID-19, please call the Coronavirus Hotline or the Isleta Health Center's Nurse Advice Line.

24 Hour Coronavirus Hotline 1-855-600-3453 www.nmhealth.org

Isleta Health Center's Nurse Advice Line 505-869-3200 Monday - Friday 8:00am - 4:30pm



KEEP ISLETA HEALTHY



PREVENT COVID

- · STAY HOME AND ONLY GO OUT IF YOU HAVE TO.
- WEAR A FACE MASK WHEN YOU ARE OUTSIDE OF YOUR HOME.
- WASH YOUR HANDS OFTEN WITH SOAP & WATER FOR 20 SECONDS
- USE HAND SANITIZER IF YOU DON'T HAVE SOAP & WATER.
- DISTANCE YOURSELF AT LEAST 6 FEET FROM OTHERS.
- DON'T TOUCH YOUR EYES, NOSE, OR MOUTH.

-Isleta Health Center

Tuesday, August 18, 2020 For Immediate Release



Mark Hinkle, Acting Press Officer press.office@ssa.gov

News Release

SOCIAL SECURITY

The IRS Extends Deadline to Ensure People with Children Receive \$500 Economic Impact Payments

The IRS has extended its deadline to September 30, 2020, for people to provide information to the IRS using its Non-Filer Tool at www.irs.gov/coronavirus/non-filers-enter-payment-info-here. People should do this if they:

- receive Social Security retirement, survivors, or disability benefits, or Supplemental Security Income (SSI) payments;
- did not file a 2019 or 2018 tax return;
- have a qualifying child under age 17; and
- did not already enter information in the IRS' Non-Filer Tool for themselves and at least one child.

If someone already entered information in the IRS' Non-Filer Tool before, and even after, the IRS' previously announced deadlines (April 22 if receiving Social Security; May 5 if receiving SSI) they do not need to do anything. The IRS will automatically make an EIP payment in October 2020 based on the information provided to them.

Read the IRS' August 14 press release at www.irs.gov/newsroom/irs-takes-new-steps-to-ensure-people-with-children-receive-500-economic-impact-payments for more information.

For other Social Security information, please visit the agency's COVID-19 web page at www.socialsecurity.gov/coronavirus/.

To get more Social Security news, follow the Press Office on Twitter @SSAPress.

This press release was produced and disseminated at $\overline{\text{U.S.}}$ taxpayer expense.

For Elders 60+ years of age who may need assistance, please call 869-9770 and ask for:

Fauline Lucero, Benefits & Billing Manager

Isleta Elder Center – Monday thru Friday 8 a.m. to 4:30 p.m.

St. Augustine Parish

Isleta Pueblo
Ministry of Consolation



MISSION STATEMENT

We are a ministry of consolation at St. Augustine Parish to offer spiritual comfort and support to families who have experienced the loss of a loved one. We will continue to honor and respect our traditional teachings.

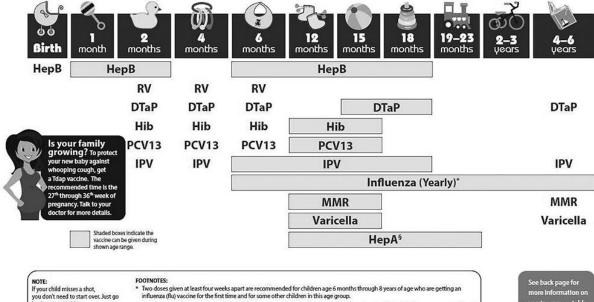
Vaccination protects against these 14 diseases

In recent months, families have been doing their part by staying at home as much as possible to help stop the spread of COVID-19. As communities open up, it's important your child goes in for their well-child visit. These well-child visits are essential for many reasons.

Did you know that there were several outbreaks of measles and whooping cough in recent years? These diseases are extremely contagious and can be very serious, especially for babies and young children. As schools and daycares also begin to reopen, protecting children against these and other diseases makes these vaccinations particularly important.

Not sure what vaccines are needed when? Check out this <u>easy to read schedule</u> on cdc.gov Call your doctor's office to see what special measures they might have in place. Many offices and clinics are taking extra steps to see children safely during this time Vaccination protects against these 14 diseases, which used to be prevalent in the United States.

2020 Recommended Immunizations for Children from Birth Through 6 Years Old



NOTE:
If your child misses a shot,
you don't need to start over. Just go
back to your child's
doctor for the next shot.
Talk with your child's doctor
if you have questions
about vaccines.

⁵ Two doses of HepA vaccine are needed for lasting protection. The first dose of HepA vaccine should be given between 12 months 23 months of age. The second dose should be given 6 months after the first dose. All children and adolescents over 24 months of who have not been vaccinated should also receive 2 doses of HepA vaccine.

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If your child has any medical conditions that put him at risk for infection or is traveling outside the United States, talk to you child's doctor about additional vaccines that he or she may need.

gan See back page for more information on onths and this of age vaccines that prevent them.

For more information, call toll-free 1-800-CDC-INFO (1-800-232-4636) or visit www.cdc.gov/vaccines/parents







Vaccine-Preventable Diseases and the Vaccines that Prevent Them

Disease	Vaccine	Disease spread by	Disease symptoms	Disease complications
Chickenpox	Varicella vaccine protects against chickenpox.	Air, direct contact	Rash, tiredness, headache, fever	Infected blisters, bleeding disorders, encephalitis (brain swelling), pneumonia (infection in the lungs)
Diphtheria	DTaP* vaccine protects against diphtheria.	Air, direct contact	Sore throat, mild fever, weakness, swollen glands in neck	Swelling of the heart muscle, heart failure, coma, paralysis, death
Hib	Hib vaccine protects against Haemophilus influenzae type b.	Air, direct contact	May be no symptoms unless bacteria enter the blood	Meningitis (infection of the covering around the brain and spinal cord), intellectual disability, epiglottitis (life-threatening infection that can block the windpipe and lead to serious breathing problems), pneumonia (infection in the lungs), death
Hepatitis A	HepA vaccine protects against hepatitis A.	Direct contact, contaminated food or water	May be no symptoms, fever, stomach pain, loss of appetite, fatigue, vomiting, jaundice (yellowing of skin and eyes), dark urine	Liver failure, arthralgia (joint pain), kidney, pancreatic and blood disorders
Hepatitis B	HepB vaccine protects against hepatitis B.	Contact with blood or body fluids	May be no symptoms, fever, headache, weakness, vomiting, jaundice (yellowing of skin and eyes), joint pain	Chronic liver infection, liver failure, liver cancer
Influenza (Flu)	Flu vaccine protects against influenza.	Air, direct contact	Fever, muscle pain, sore throat, cough, extreme fatigue	Pneumonia (infection in the lungs)
Measles	MMR** vaccine protects against measles.	Air, direct contact	Rash, fever, cough, runny nose, pink eye	Encephalitis (brain swelling), pneumonia (infection in the lungs), death
Mumps	MMR**vaccine protects against mumps.	Air, direct contact	Swollen salivary glands (under the jaw), fever, headache, tiredness, muscle pain	Meningitis (infection of the covering around the brain and spinal cord), encephalitis (brain swelling), inflam- mation of testicles or ovaries, deafness
Pertussis	DTaP* vaccine protects against pertussis (whooping cough).	Air, direct contact	Severe cough, runny nose, apnea (a pause in breathing in infants)	Pneumonia (infection in the lungs), death
Polio	IPV vaccine protects against polio.	Air, direct contact, through the mouth	May be no symptoms, sore throat, fever, nausea, headache	Paralysis, death
Pneumococcal	PCV13 vaccine protects against pneumococcus.	Air, direct contact	May be no symptoms, pneumonia (infection in the lungs)	Bacteremia (blood infection), meningitis (infection of the covering around the brain and spinal cord), death
Rotavirus	RV vaccine protects against rotavirus.	Through the mouth	Diarrhea, fever, vomiting	Severe diarrhea, dehydration
Rubella	MMR** vaccine protects against rubella.	Air, direct contact	Sometimes rash, fever, swollen lymph nodes	Very serious in pregnant women—can lead to miscar- riage, stillbirth, premature delivery, birth defects
Tetanus	DTaP* vaccine protects against tetanus.	Exposure through cuts in skin	Stiffness in neck and abdominal muscles, difficulty swallowing, muscle spasms, fever	Broken bones, breathing difficulty, death

^{*} DTaP combines protection against diphtheria, tetanus, and pertussis.

SEPTEMBER 2020 ISLETA HEALTH CENTER Questions? Call 869-3200

SAT/	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	National Cholesterol Education Month Know your Cholesterol & Blood Pressure Numbers.	1	2	3 CLINIC OPENS AT 9:50am Podiatry Clinic: 8:00-4:30pm	4
5/6	CLINIC CLOSED * Topor * Doy	8	9 Wellbriety Group 4:00pm @IHC Training Ctr. Virtual option will also be available For more information please call: 869-5475	10 CLINIC OPENS AT 9:50am Podiatry Clinic: 8:00-4:30pm	11
12/13	14 Podiatry Clinic: 8:00-4:30 pm	15	16 Wellbriety Group 4:00pm @IHC Training Ctr. Virtual option will also be available For more information please call: 869-5475	17 CLINIC OPENS AT 9:50am Podiatry Clinic: 8:00-4:30pm	18
19/20	21 Podiatry Clinic:: 12:300-4:30 pm	22	23 Wellbriety Group 4:00pm @IHC Training Ctr. Virtual option will also be available For more information please call: 869-5475	24 <i>CLINIC OPENS AT 9:50am</i> Podiatry Clinic: 8:00-4:30pm	Child Passenger Safety Week Is your child in the correct Child Safety Seat? Call: 869-4479 to find out
26/27	28 Podiatry Clinic:: 8:00-4:30 pm .	29	30 Wellbriety Group 4:00pm @IHC Training Ctr. Virtual option will also be available For more information please call: 869-5475	National Prostate Health Month Eat Healthy Move More Quit Smoking Get Regular	DP=Diabetes Prevention Program: 869-4595 BHS=Behavioral Health Services : 869-5475P



Isleta Health Support Group September Meeting Canceled

We are working hard to determine ways to stay connected. Due to the COVID19 Pandemic our September meeting is canceled. We hope to continue with the group as soon as possible.

Please call 869-4479 if you are interested in being contacted once decisions are made for the group.

Stay Healthy!



ISIOTA HOAITH CONTOR WELCOMES YOU BACK! PATIENTS CAN NOW SCHEDULE APPOINTMENTS WITH THEIR PROVIDER

are offering either Telemedicine
(Over the Phone) or in Person Visits,

CALL NOW to learn more
and to schedule an

Appointment
(505) 869-3200

ALL ISLETA Health Center Providers

. Most General Health Appointments can be Done Over the Telephone