



Isleta Pueblo News

Volume 15 Issue 10

Pueblo of Isleta website: www.isletapueblo.com

Like us on Facebook

October 2020

Governor's Report

Ma gu wam,
Thank you for your continued efforts to ward off the COVID-19 Pandemic. Our community is holding steadfast to keep the positive cases to a minimum and this can only be made possible by your continued participation and cooperation. I commend you all for keeping our community safe.

In the September Issue of the Isleta Newsletter, we had informed you that there would be no celebration for the Saint Augustine Feast Days. However, with the coordination of the Saint Augustine Parish Council, Feast Sponsors from last year and our office, mass was held on August 28, 2020 to venerate the feast days of Saint Augustine. The gathering was quaint, with only the above groups participating. We look forward to next year, and hope to resume our feast day celebrations for all to enjoy.

Our office received many inquiries with regard to the tribal hunts. Please be informed that the hunts were designated and managed by the War Captains. We wish everyone whose name was drawn good luck and to be safe and successful in their hunt.

This is an election year for Pueblo of Isleta leadership. The Isleta Tribal Council Secretary is responsible for preparing all election arrangements. Make certain to register and vote or maybe even consider throwing your name in the hat to run for office.

In addition, the General Election will soon be upon us. The Secretary of State's Office is encouraging everyone to vote-by-mail in ballot or to vote early. There is election information for both Bernalillo County and Valencia County within this issue of the Newsletter. Early voting locations are listed and Election Day Poll Sites are designated.

VALENCIA COUNTY, BUREAU OF ELECTIONS

We wanted to share this link with you; it is for anyone that would like to request an absentee ballot to be mailed to them for the upcoming General Election. It is a universal link so it does not matter which county the voter resides in, the request will get to the correct county. If you have any questions, please let me know. Have a great day!

<https://portal.sos.state.nm.us/OVR/WebPages/AbsenteeApplication.aspx>

Candace R. Teague, Bureau of Elections Administrator, Valencia County
W (505) 866-2083

CEMETERY MAINTENANCE

With the recent heavy rains, many are discovering that graves at the cemetery have been settling and causing indentations where their family members are buried. Taking care of graves are up to the family members

and friends. In the past, we were able to provide some assistance to maintain the overall grounds. We will still provide assistance and services if requested.

May our heavenly father bless us all,
Governor Max Zuni

Pueblo of Isleta COVID-19 Testing Overview by Community

The table below shows the primary community of residence for patients tested at the Isleta Health Center. The category "Other" refers to patients who live outside of the boundaries of the Pueblo of Isleta community. Also included are the counts for special testing events coordinated for the Pueblo of Isleta community and its employees. These numbers are reported for the period beginning 3/16/2020 through 9/24/2020.

Community	3/16/20 through 3/31/20	April	May	June	July	August	9/01/20 thru 9/24/20	Totals	Percent
Isleta	4	27	35	91	75	26	42	300	32%
Bosque Farms	0	0	1	2	3	0	0	6	1%
Peralta	0	1	0	1	0	0	0	2	0%
Los Lunas	0	2	2	6	1	3	2	16	2%
Albuquerque	0	1	6	10	11	3	3	34	4%
Other	0	0	0	4	3	0	0	7	1%
Testing events, including community & employees	0	0	205	13	104	223	42	587	62%
Total Tests	4	31	249	127	197	255	89	952	

Pueblo of Isleta COVID-19 Testing - Daily Overview

for the period 3/16/20 through 9/24/20

Test Result	3/16/20 through 3/31/20	April	May	June	July	August	9/01/20 thru 9/24/20	Totals
Pending	0	0	0	0	0	0	2	2
Negative	3	28	247	130	200	266	91	965
Positive	1	3	2	0	3	0	4	13
Total Tests	4	31	249	130	203	266	97	980

Total Active Cases	Total Cleared Cases
4	9
Percent Negative Tests	Percent Positive Tests
98%	1%
Total Tests Completed	Daily Tests Administered per 100 people
980	9.8
Total Recovered	
9	

LETTER FROM THE EDITOR

DEADLINE for November Newsletter articles is set for Wednesday, October 21, 2020, at 4:30 pm. Articles may be dropped off at the Library or emailed to Nathaniel.Lujan@isletapueblo.com. Should you email your article, expect a confirmation email. If you do not receive a confirmation email, odds are it never made it to me and then it's time to panic, so call Nate at 505.869.9808.

People who wish to submit an article or flyer are responsible for generating their own article or flyer. Should you need help, please call the Library at 505.869.9808 and set up a date and time to sit down with a Library staff member who will help you throughout the process. The Library will NOT accept notes dropped off at the Library or information over the phone to generate your article.

PROBATES need to be published in the Newsletter for two consecutive months. Probates are considered court documents, therefore, all submitters must provide: 1) Name of Deceased, 2) Date of Deceased 3) Court Case # and 4) Date of Court Date. A Probate form can be found on the Newsletter Archive page at <http://www.isletapueblo.com/newsletters.html>.

CLASSIFIED ADS: The new administration has requested that the Newsletter start a Classified Ad section for Tribal members selling land, houses, mobile homes, vehicles, and farm equipment. Leasing of houses and mobile homes will be accepted. Smaller items which can be sold at the local flea markets or weekly yard sales will NOT be accepted.

Currently, this service is FREE to Tribal members. Land, houses, and mobile homes must be within the reservation boundaries. Ads must meet the 160 character limit. Ads that exceed the 160 characters will NOT be submitted into the Newsletter. A single picture may be submitted with the ad. Submitters of classified ads are responsible for generating their own ads as this is a FREE service.

As a reminder, Tribal business owners may submit a small flyer at no charge. Like the classified ads, business owners are responsible for generating their own flyers as this is a FREE service.

Classified ads and business flyers will be posted no more than two consecutive months. In the event where the Newsletter may exceed the 24-page limit, classified ads and business flyers will be "bumped" for newsletter articles. Again, this is a FREE service for Tribal members.


The Isleta Newsletter is owned and operated by the Pueblo of Isleta. Therefore, the Governor of the Pueblo of Isleta has the final say of all articles and contents within the Isleta Newsletter.

For additional questions, you may call the Library and speak with Nate or Diane at 505.869.9808.

Thank you,
Nathaniel Lujan

Newsletters may be found at the fifteen distribution locations listed below. Remember, Digital copies of the Newsletter may be obtained from the Newsletter archive at <http://www.isletapueblo.com/newsletters.html>

The fifteen Newsletter distribution locations are:

1. TR 2 & TR 22 - Chical SE of Community Hall
 2. TR 10 - Behind the old 47 Sales
 3. TR 1 & TR 5 – Ranchitos / Bosque Farms Reservations Line
 4. Ranchitos Park
 5. Post Office - Big Tree
 6. TR 82 & TR 84 - Teller Road
 7. TR 78 & TR 82 - Carlos Trujillo Sr.
 8. TR 90 @ Y - CF Padilla
 9. Mouse Town Park –
 10. Health Center – South end of Health Center Parking lot
 11. Library Sunlight & Moonlight Intersection
 12. TR 6 - 47 Intersection
 13. TR 12 - 47 & 147 intersection (Old Smoke & Save)
 14. TR 71 & TR 54 @ Y - Holiday Robot / Paved Road / Railroad Tracks
 15. TR 45 & TR 40 @ Y - Tata Mel (POI Signage)
- 

Turkey & Ham
Distribution One Time Only

DATES: Tuesday, November 17, 2020
Wednesday, November 18, 2020

Distribution only on November 17 &
November 18, 2020 NO EXCEPTIONS

WHERE: Isleta Pueblo Reception Center
2 Tribal Road Bldg. 191
Bosque Farms, NM 87068

Face mask required at all times, inside / outside.

TIME: 8:00 a.m. to 6:00 p.m.

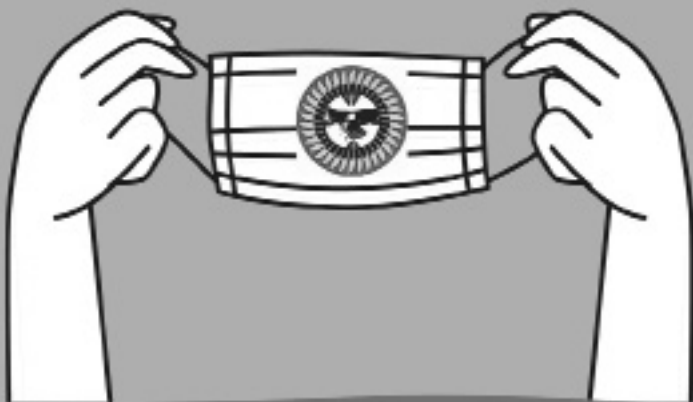
FOR: Tribal members living in Isleta Pueblo,
Los Lunas, Belen, Bosque Farms,
Albuquerque, Rio Rancho and
Bernalillo ONLY

*Individuals must provide proof of tribal membership.
Only one turkey & ham per household 18 yrs. &
over Head of Household your cooperation will
be appreciated.*

Thank you.
Max Zuni, Governor

Attention Tribal
Members Who Sew

Must live on Isleta Pueblo Reservation




Want To Earn Extra Money
Sewing Protective Fabric
Coverings (Cloth Mask)?

The Pueblo will pay \$8.00 per mask

If you are interested in sewing machine-
made face masks for the Pueblo of Isleta
please contact: Pueblo of Isleta
Procurement Office @ 505-869-7569.

Pueblo of Isleta Career Opportunities

Position Posting	Office Location	Closing Date
AGRICULTURAL IRRIGATION TECHNICIAN	Agricultural Division	Open Until Filled
ANIMAL CONTROL OFFICER	Police Department-Open Spaces	Open Until Filled
ANIMAL CRUELTY INVESTIGATOR	Police Department-Open Spaces	Open Until Filled
BUS DRIVER	Isleta Elementary School	Open Until Filled
BUS DRIVER- PART TIME	Head Start	Open Until Filled
CHR VAN DRIVER (Part Time)	Health Center Within Only	Open Until Filled
CLINICAL THERAPIST	Health Services	Open Until Filled
COLLEGE PEER TUTOR -REPOSTED	Department of Education	Open Until Filled
COMMUNITY HEALTH CASE MANAGER	Health Services	Open Until Filled
COMPUTER LAB INSTRUCTOR	Department of Education	Open Until Filled
COMPUTER TEACHER	Isleta Elementary School	Open Until Filled
COOK II	Elder Center Within Only	Open Until Filled
COURT CLERK	Tribal Court	Open Until Filled
COVID-19 CONTACT TRACER	Health Center	Open Until Filled
COVID-19 TEST COLLECTOR	Health Center	Open Until Filled
EMT-INTERMEDIATE	Health Services	Open Until Filled
EXECUTIVE DIRECTOR, GAMING REGULATORY	Gaming Regulatory	Open Until Filled
FEDERAL PROJECT MANAGER	Isleta Pueblo Housing Authority	Open Until Filled
FILE CLERK	Census Within Only	09/30/2020
FIRE CHIEF	Fire Department	Open Until Filled
GROUNDSCOOPER	C-Stores	Open Until Filled
GROUNDS MAINTENANCE WORKER	Public Works	Open Until Filled
HELP DESK TECHNICIAN	Treasury-MIS	Open Until Filled
HIGH SCHOOL PEER TUTOR-REPOSTED	Department of Education	Open Until Filled
HOME CARE ATTENDANT	Elder Center Within Only	Open Until Filled
HOME CARE ATTENDANT-PART TIME	Elder Center Within Only	Open Until Filled
HOME OWNERSHIP COUNSELOR	Isleta Pueblo Housing Authority	Open Until Filled
JOHNSON O'MALLEY COORDINATOR	Department of Education	Open Until Filled
LANGUAGE TEACHER	Language Director	Open Until Filled
MAINTENANCE TECHNICIAN	Public Works	Open Until Filled
MIS JUNIOR SYSTEMS ADMINISTRATOR	Treasury-MIS	Open Until Filled
PERSONAL CARE SERVICE AIDE (2 Positions)	Elder Center Within Only	Open Until Filled
PHYSICIAN-AMENDED	Health Center	Open Until Filled
PHYSICIAN/PEDIATRICIAN	Health Center	Open Until Filled
PLASTERER I, II or III	Housing Authority	Open Until Filled
PLUMBER	Housing Authority	Open Until Filled
PAINTER	Housing Authority	Open Until Filled
POLICE OFFICER-CERTIFIED	Police Department	Open Until Filled
PROCUREMENT DIRECTOR	Treasury	Open Until Filled
PROJECT ASSISTANT	Social Services	Open Until Filled
PUBLIC HEALTH & SAFETY SUPERVISOR	Health Center	Open Until Filled
REGISTERED NURSE	Health Center	Open Until Filled
SALES ASSOCIATE	C-Stores	Open Until Filled
SCHOOL COUNSELOR	Elementary School	Open Until Filled
SHIFT LEAD	C-Stores	Open Until Filled
SYSTEMS TECHNICIAN	Isleta Elementary	Open Until Filled
TREASURER	Treasury	Open Until Filled
UTILITY WORKER	Public Works	Open Until Filled



62A Tribal Road 90 SW
Albuquerque, NM 87105
Phone: (505) 916-0695
Fax: (505) 916-5243
www.cfpadilla.com

CURRENT JOB OPENINGS as of September 2020

Heavy Equipment Operators

Pipe Layers

Utility Superintendent

Laborers

EMPLOYMENT PROCESS
Indian Preference Applies

1. Complete New Hire Application

a. Application available for pick up at CF Padilla Office located at: 62A Tribal Road 90 SW, Albuquerque NM 87105

b. Application available upon request via email to Felicia Padilla, Office Manager at: felicia@cfpadilla.com

2. Pass a pre-employment drug screen

3. Must have a valid drivers license

*Once hired, employee must have the ability to travel.




Date: OCTOBER 3rd, 2020 Saturday

Time: 10am to 1pm

Place: Census office / Post office parking lot

Stop by IBHS booth and get a Red Ribbon tie for your car/truck to show your support in raising awareness of the devastating impact drugs/alcohol has had on our families and community.

Let us begin to talk to one another about what we can do to improve ourselves, our family experience, and community in sobriety, recovery and pueblo life.



OFFICIAL PUBLIC NOTICE

For Declaration of Candidacy for the 2021-2022 Term for Pueblo of Isleta
Tribal Governor and Tribal Council

Declaration of Candidacy for the 2021-2022 Term will be accepted, in person, at the Tribal Council Office, starting September 30, 2020 through Wednesday, October 14, 2020, closing at 12:00 p.m. Due to the COVID19 Pandemic, temperature screenings and face masks are required upon entering the building. Please call 505-869-9746 or 505-869-9695 at least 15 minutes prior to your arrival.

Pursuant to Resolution 2006-157, registering candidates shall be given the opportunity to be tested for illegal drugs, at the Pueblo's expense. The results of such testing, shall be posted at the polling site.

A listing of all eligible candidates running for Governor or Tribal Council will be made available to the Community on Wednesday, October 14th via posting of an Official Notice with a bulk mailing to follow.

Registration and Nomination (Primary Election) will be held on Saturday, October 24th and Sunday, October 25th, 2020 from 8 a.m. to 7 p.m. daily, at the Isleta Recreation Center Gymnasium.

Early Voting for the General Election shall be held Monday, November 23rd and Tuesday, November 24th, 2020 from 8 a.m. to 7p.m. daily, at the Isleta Recreation Center Gymnasium.

General Election Voting for Governor and Tribal Council will be held on Saturday, November 28th from 8 a.m. to 7 p.m. at the Isleta Rec Center Gymnasium.

Curb-side Service will be provided for the Voting events noted above for the elderly and disabled individuals in designated areas.

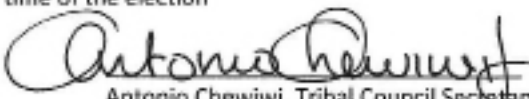
(If you participate in Early Voting, you do not have to return to vote on November 28th, 2020).

Pursuant to the Isleta Pueblo Constitution, Article IV – Executive Branch – Section 3, you must meet the following qualifications to run in the tribal elections for **Governor**:

1. Be an enrolled member of the Pueblo of Isleta
2. Live on the lands of the pueblo continuously for not less than five (5) years immediately preceding their candidacy for office
3. Never been convicted of a felony
4. Be at least thirty-five (35) years of age at the time of the election


Pursuant to the Isleta Pueblo Constitution, Article V – Legislative Branch – Section 4, you must meet the following qualifications to run in the tribal elections for **Tribal Council**:

1. Be an enrolled member of the Pueblo of Isleta
2. Live on the lands of the pueblo continuously for not less than five (5) years; except that this requirement shall not apply to persons whose absence resulted from military service or attendance at an institute of learning
3. Be at least twenty-five (25) years of age at the time of the election



Antonio Chewiwi, Tribal Council Secretary

ISLETA PUEBLO VOTERS ALLIANCE



September 22, 2020
For the People, By the People.

VOTE 11/28/2020 - POI General Elections
Ma Gu Wam,

Greetings to you all,

We are writing this letter to introduce our new community led, non-partisan organization, the Isleta Pueblo Voters Alliance (IPVA)! Our mission is to educate and empower our tribal members to vote during Tribal General Elections. Our vision is to provide a community platform that supports the efforts of educational voting, community outreach, and advocacy by encouraging and educating all generations to participate in tribal elections, and to exercise their right to vote for positive change and true representation.

We have the privilege of serving with volunteer community members such as: Janice Lucero, Pat Jaramillo, Rufina Abeita , Abel Orozco, Diane Abeita, Jennifer Lujan, Tiffany Jiron, and Brandi Lucero just to name a few and the list is growing!

Our primary goal for this election season, as our mission states, is to get out the Tribal Vote and build **#PuebloPower2020**. We will begin to do this by hosting community engagement meetings every 2 weeks on Saturday evenings. The next meeting is Saturday 10/3 @ 6:30 PM, to revisit the DRAFT ELECTION ORDINANCE. We plan to launch a digital campaign following an IPVA member in her voter registration and election journey to show community members how to register and vote. We also plan to host positive forums for Tribal Candidates and Tribal Community to have a voice, to learn, and to engage with one another about ways to work together to improve the community. Of course, those initiatives are the tip of the iceberg, but we look forward to working with you to develop other ideas! By continuing to engage and support the Tribal Vote, we empower our community and tomorrow's leaders. Please do not hesitate to contact us to learn more at isletapueblovotingalliance@gmail.com or on Facebook & Instagram!

Instagram:
<https://www.instagram.com/isletapueblovotersalliance>

Facebook:
<https://www.facebook.com/IPVAlliance>

In Solidarity,
Isleta Pueblo Voters Alliance
isletapueblovotingalliance@gmail.com

Become a volunteer or member. Email us and we will send you a form.



Coming together as a community.
#ICOUNT2020

We're More Than A Thrift Store.


Goodwill Industries of New Mexico is a local nonprofit organization that helps New Mexicans get jobs in the community and gain access to specialized social services.

No matter where you are in the state, Goodwill Industries of New Mexico is working in your community.

Our lineup of programs and services allows us to help thousands of New Mexicans every year.

All of our programs and services are offered free of charge to those who qualify.

Visit our locations across New Mexico to donate, shop, and learn more about our programs and services.



Our Free Programs And Services.

Gateway To Work
A personalized path to success that focuses on those who are ready, willing, and committed to joining the workforce.

GoodJobs
Designed to help individuals find long-term employment in the community that meets their needs, abilities, and interests.

GoodSkills
Comprehensive job skills training with live classroom instruction.

ThriftWorks
Temporary paid skills training.

Senior Community Service Employment Program
Provides low-income seniors 55+ with work experience and training in order to assist them in securing employment.

Homeless Veterans' Reintegration Program
Focuses on placing homeless veterans into long-term employment, as well as providing social services.


Veteran Family Services
Provides employment, job training, and comprehensive case management to veterans and their family members.

Supportive Services for Veterans Families
Helps stabilize housing for very low income veterans and their families who are homeless or at risk of homelessness.

Brain Injury Case Management
A short-term program providing support and services to individuals with traumatic and acquired brain injuries.

TRIBAL COUNCIL OFFICE

PHONE: 505-869-9746
FAX: 505-869-5276



PUEBLO OF ISLETA
P.O. BOX 1270
ISLETA, NM 87022
PUEBLO OF ISLETA
RESOLUTION NO. 2020-059

ADOPTING THE PUEBLO OF ISLETA ELECTION ORDINANCE

At a duly called meeting of the Tribal Council of the Pueblo of Isleta, the following resolution was passed:

WHEREAS, the Pueblo of Isleta (the "Pueblo") is a federally recognized Indian Tribe with a written constitution adopted pursuant to the Indian Reorganization Act and with inherent powers of self-government;

WHEREAS, the Pueblo is governed by a Governor and Tribal Council made up of elected representatives who act in accordance with the Pueblo of Isleta Tribal Constitution ("Constitution");

WHEREAS, Article V, 2 (e) of the Constitution authorizes Tribal Council to "enact ordinances to protect the peace, safety, property, health, and welfare of the members of the Pueblo";

WHEREAS, Article V, Section 2 (g) of the Constitution authorizes the Tribal Council to "prescribe and establish necessary rules and regulations for the conduct of pueblo elections"; and

WHEREAS, the Tribal Council finds it is in the best interest of the Pueblo to enact this Election Ordinance, establishing rules and procedures for the conduct of Pueblo elections that are fair, impartial, transparent, and ensure the sanctity of the ballot and the right to vote.

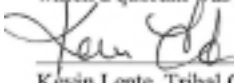
NOW THEREFORE BE IT RESOLVED, that the Election Ordinance presented to Tribal Council and attached to this Resolution is hereby adopted substantially in the form presented.

BE IT FURTHER RESOLVED, that this Election Ordinance shall take effect immediately.

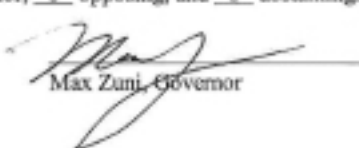
BE IT FURTHER RESOLVED, that to the extent that this Resolution is inconsistent with any prior resolution of the Pueblo, this Resolution shall govern and apply, and such conflicting prior resolution is hereby superseded and repealed.

CERTIFICATION

We, the undersigned, do hereby certify that the foregoing Resolution was passed at a duly called meeting of the Tribal Council of the Pueblo of Isleta, held on the 24th day of September, 2020 at which a quorum was present, with -6- voting for, -0- opposing, and -0- abstaining.




Kevin Lente, Tribal Council President



Max Zuni, Governor

ATTEST:



Antonio Chewiwi, Tribal Council Secretary

Isleta Community Health Needs Assessment

Suicide Prevention

Kaylee Chavez,
Isleta Health Center, 869-3200

The Isleta Community Health Needs Assessment 2019 administered by Isleta Health Center, found that approximately 8.6% of community members have thought about suicide and approximately 4.2% of community members have attempted suicide. Safety and protection trumps confidentiality in any crisis and it is important to understand the issues concerning suicide and mental health in order to help others in crisis and make our community stronger. It is to understand the risk factors and warning signs related to suicide. Risk factors do not cause or predict a suicide attempt but increase the likelihood that someone will consider, attempt, or die by suicide.

Risk factors include:

- Mental disorders,
- Alcohol and other substance use disorders,
- Hopelessness,
- Impulsive/aggressive tendencies,
- History of trauma or abuse,
- Major physical illnesses,
- Previous suicide attempts,
- Job or financial loss,
- Loss of relationship(s),
- Family history of suicide,
- Easy access to lethal means,
- Local clusters of suicide,
- Lack of social support/sense of isolation,
- Stigma associated with asking for help.

Warning signs can help determine if someone is at risk for suicide and include:

- Talking about wanting to die or kill themselves,
- Looking for a way to kill themselves,
- Talking about feeling hopeless or having no reason to live,
- Talking about feeling trapped or in unbearable pain,
- Talking about being a burden to others,
- Increasing the use of alcohol or drugs,
- Acting anxious or agitated,
- Sleeping too little or too much,
- Withdrawing or isolating themselves,
- Showing rage or talking about seeking revenge,
- Extreme mood swings.

If you or someone you know exhibits any of these signs, please seek help.

- Agora Hotline 505-277-3013
- Text Hotline 741741
- 1-800-273-TALK(8255)
- Isleta Behavioral Health Clinic 505-869-5475
- 911

You're invited!

ROBOT Building Party

Bring a friend, make new ones, and build a **ROBOT** with **GIRL SCOUTS**—it's all **FREE!**

Girl Scouts of New Mexico Trails can't wait to meet you and your girl at the Robot Building Party!

Virtual Meeting Dates:

September 26th October 10th October 24th November 7th November 21st

Register for the event at www.nmgirlscouts.org

Contact Ashley Manzer 505-923-2510 or amanzer@nmgirlscouts.org



2020 GENERAL ELECTION BERNALILLO COUNTY



Bureau of Election

OCT 06, 2020, TUESDAY

VOTER REGISTRATION
CLOSES AT 5:00PM

OCT 06, 2020, TUESDAY

ABSENTEE MAILING
STARTS AT 8:00AM

OCT 27, 2020, THURSDAY

ABSENTEE MAILING
ENDS AT 5:00PM

OCT 17, 2020, SATURDAY

EARLY VOTING
STARTS AT 10:00AM

OCT 31, 2020, SATURDAY

EARLY VOTING
ENDS AT 7:00PM

NOVEMBER 03, 2020, TUESDAY

ELECTION DAY
7:00AM TO 7:00PM

TRIBAL RESERVATION EARLY VOTING SITES

ISLETA ELDERLY CENTER, NO POLL SITE for Early Voting & Election Day

1.TOHAIJILEE DESIDERIO CENTER, 117 Tribal Rd 7036, ToHajiilee, NM

OPERATION DATES & HOURS: Monday Oct 19 – Friday Oct 23 - 10:00am- 4:00pm
Monday Oct 26 – Friday Oct 30 - 10:00am- 4:00pm

EARLY VOTING SITES: Beginning Saturday, October 17, 2020

- 2. 98th & CENTRAL SHOPPING CENTER, 120 98th St NW, Suite B101, B102
- 3. ALAMEDA WEST, 10131 Coors Blvd NW Suite C-02
- 4. ANDALUCIA SHOPPING CENTER, 5600 Coors Blvd NW, Suite C-5
- 5. BERNALILLO COUNTY Visitor & Cultural Center, 6080 Isleta Blvd SW,
- 6. CARACOL PLAZA, 12500 Montgomery Blvd NE, Suite 101
- 7. CENTRAL MERCADO, 301 San Pedro Dr, SE, Suite B,C,D,E
- 8. DASKALOS SHOPPING CENTER, 5339 Menaul Blvd NE
- 9. FOUR HILLS SHOPPING CENTER, 13140 Central Ave SE, Suite 1420
- 10. HOLLY PLAZA, 6500 Holly Ave NE, Suite B-6
- 11. LOS ALTOS PLAZA, 4200 Wyoming Blvd NE, Suite B-3
- 12. LOS RANCHOS VILLA, 6601 4th Street NW, Suite E, F
- 13. PETROGLYPH PLAZA, 8201 Golf Course Rd NW Suite D-1
- 14. SOUTH VALLEY MULTI PURPOSE SENIOR CNTR, 2008 Larrazolo Rd, SW
- 15. THE SHOPPES AT 6001 SAN MATEO, 6001 San Mateo Blvd, Suite B-3
- 16. TIJERAS CITY HALL, 12 Camino Municipal, Tijeras, NM 87059
- 17. WEST BLUFF SHOPPING CENTER, 5201 Ouray Rd NW, Suite D-2

OPERATION DATES & HOURS:

Saturday Oct 17 – 10:00am to 7:00pm
Monday Oct 19 – Saturday Oct 23 – 10:00am to 7:00pm
Monday Oct 26 – Saturday Oct 30 – 10:00am to 7:00pm

18. CLERK’S ANNEX, 1500 Lomas Blvd NW, Suite A – Beginning Tuesday Oct 06, 2020

OPERATION DATES & HOURS:

Tuesday Oct 06 – Friday Oct 09 – 8:00am to 5:00pm
Monday Oct 12 – Friday Oct 16 – 8:00am to 5:00pm
Saturday Oct 17 – 10:00am to 7:00pm
Monday Oct 19 – Saturday Oct 24 – 10:00am to 7:00pm
Monday Oct 26 – Saturday Oct 31 – 10:00am to 7:00pm

NOVEMBER 03, 2020, Tuesday
Total Election Day Poll Sites - 70

ELECTION DAY
OPENS - 7:00am to 7:00pm

- 98th & Central - 120 98th St NW, Suite B101 & B102 87121

Alameda West - 10131 Coors Blvd. NW Suite C-02 87114

Andalucia Shopping Center - 5600 Coors Blvd NW, Suite C-5 87120

Bernalillo County Visitor Center - 6080 Isleta Blvd SW 87105

Caracol Plaza - 12500 Montgomery NE Suite 101 87111

Central Mercado - 301 San Pedro Dr. SE Suites B, C, D and E 87108

Clerk’s Annex - 1500 Lomas NW, Suite A 87104

Daskalos Center - 5339 Menaul Blvd NE 87110

Desiderio Community Center - 117 Tribal Rd. 7036 ToHajiilee 87026

Four Hills Shopping Center - 13140 Central Ave SE Suite 1420 87123

Holly Plaza Shopping Center - 6600 Holly Ave NE Suite B6 87113

Los Altos Plaza - 4200 Wyoming NE Suite B-3 87111

Los Ranchos Villa - 6601 4th St NW Suites E & F 87107

Petroglyph Plaza - 8201 Golf Course Rd NW Suite D1 87120

South Valley Multi Purpose Senior Center - 2008 Larrazolo Rd SW 87105

The Shoppes at 6001 San Mateo - 6001 San Mateo NE Suite B3 87109

Tijeras City Hall - 12 Camino Municipal, Tijeras, NM 87059

West Bluff - 5201 Ouray Rd NW Suite D-2 87120

A. Montoya Elementary School - 24 Public School Rd, Tijeras, NM 87059

Adobe Acres Elementary School - 1724 Camino Del Valle SW 87105

Albuquerque High School - 800 Odelia Rd NE 87102

Arroyo Del Oso Elementary School - 6504 Harper Dr NE 87109

Bandelier Elementary School - 3309 Pershing Ave SE 87106

Bellehaven Elementary School - 8701 Princess Jeanne Ave NE 871

Chaparral Elementary School - 6325 Milne Rd NW 87120
- Cibola High School - 1510 Ellison Dr NW 87114

CNM Work Force Training Center - 5600 Eagle Rock Ave NE 87113

Del Norte High School - 5323 Montgomery Blvd NE 87110

Double Eagle Elementary School - 8901 Lowell Dr NE 87122

Duranes Elementary School - 2436 Zickert Rd NW 87104

Eisenhower Middle School - 11001 Camero Rd NE 87111

Eldorado High School - 11300 Montgomery Blvd NE 87111

Forest Meadow Baptist Church - 54 HWY 217 Tijeras 87059

Garfield Middle School - 3501 6th St NW 87107

Hayes Middle School - 1100 Texas St NE 87110

Herman Sanchez Community Center - 1830 William St SE 87102

Highland High School - 4700 Coal Ave SE 87108

Holiday Park Community Center - 11710 Comanche Rd NE 87111

Hubert H Humphrey Elementary School - 9801 Academy Hills Dr NE 87111

Jackson Middle School - 10600 Indian School Rd NE 87112

Jefferson Middle School - 712 Girard Blvd NE 87106

Kennedy Middle School - 721 Tomasita St NE 87123

La Cueva High School - 7801 Wilshire Ave NE 87122

La Mesa Elementary School - 7500 Copper Ave NE 87108

Lyndon B Johnson Middle School - 6811 Taylor Ranch Rd NW 87120

Madison Middle School - 3501 Moon St NE 87111

Manzano High School - 12200 Lomas Blvd NE 87112

Manzano Mesa Elementary School - 801 Elizabeth St SE 87123

Mckinley Middle School - 4500 Comanche Rd NE 87110

Montezuma Elementary School - 3100 Indian School Rd NE 87106

Continued Next Page

Mountain View Community Center - 201 Prosperity Ave SE 87105
North Star Elementary School – 9301 Ventura St NE 87122
Onate Elementary School - 12415 Brentwood Hills Blvd NE 87112
Pajarito Elementary School - 2701 Don Felipe Rd SW 87105
Polk Middle School - 2220 Raymac Rd SW 87105
Raymond G Sanchez Community Center – 9800 4th St 87114
Rio Grande High School - 2300 Arenal Rd SW 87105
Rudolfo Anaya Elementary School - 2800 Vermejo Park Dr SW 87121
Sandia High School - 7801 Candelaria Rd NE 87110
Taylor Middle School - 8200 Guadalupe Tr NW 87114
Truman Middle School - 9400 Benavides Rd SW 87121

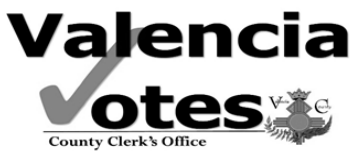
Valle Vista Elementary School - 1700 Mae Ave SW 87105
Valley High School - 1505 Candelaria Rd NW 87107
Van Buren Middle School - 700 Louisiana Blvd SE 87108
Ventana Ranch Elementary School – 6801 Ventana Village Rd NW 87114
Vista Grande Community Center - 15 La Madera Rd, Sandia Park, NM 87047
Volcano Vista High School - 8100 Rainbow Blvd NW 87114
Washington Middle School - 1101 Park Ave SW 87102
West Mesa High School - 6701 Fortuna Rd NW 87121
Zuni Elementary School - 6300 Claremont Ave NE 87110

WHO CAN VOTE? *Eligible Voters registered as any Party IS ELIGIBLE TO VOTE ONLY*
FOR MORE INFORMATION – Bernalillo County Clerk’s Office – 505-243-VOTE (8683) or clerk@bernco.gov. Visit BerncoVotes.org and follow us on Facebook and Twitter.

Deadline to submit absentee application by mail
For the November 3, 2020 General Election, mailed absentee applications must be received by the Clerk's Office by Tuesday, October 20, 2020.

Returning your completed absentee ballot
Absentee ballots will be mailed to voters who have submitted an absentee application starting on October 6, 2020. Voters may return their completed absentee ballot by mail or by hand delivery. Please note that in either case, the absentee ballot must be completed and inserted into the envelope, signed and the last 4 digits of the voter's SSN entered under the privacy flap, and the envelope must be sealed.

- By Mail - Voters are urged to complete the absentee ballot, sign it and enter the last 4 digits of their SSN under the privacy flap, and mail it back as soon as possible. Absentee ballots must arrive by 7 p.m. on Election Day, November 3, 2020. The Clerk's Office recommends that absentee ballots be mailed no later than October 27, 2020. After that, please hand deliver the absentee ballot to a voting convenience center as outlined below.
- By Hand Delivery - Completed absentee ballots may be delivered to the [Clerk's Annex](#) from October 6-16, 2020 (Monday through Friday, 8 a.m. to 5 p.m.); or to any of the [18 Early Voting Convenience Centers](#) open from October 17-31, 2020 (Monday through Saturday, most locations open 10 a.m. to 7 p.m.); or to any of the [70 Election Day Voting Convenience Centers](#) open November 3, 2020 from 7 a.m. to 7 p.m.;
- or to Bernalillo County's Mobile Voting Unit which will be set up inside Gate 3 (Copper and San Pedro) at the New Mexico State Fair Grounds (October 6-16, 2020, Monday through Friday 8 a.m. to 5 p.m. and October 17-31, 2020, Monday through Saturday 8 a.m. to 5 p.m.)
- **Isleta Governor/Administration Office will be open to Isleta voters to drop off absentee mail ballot ONLY from October 19-30, 2020, Monday through Friday 8 a.m. to 4 p.m.**



VALENCIA COUNTY GENERAL ELECTION 2020

CHECK YOUR REGISTRATION STATUS @ NMVote.org

- **YOUR VOTER INFORMATION**
- **POLLING LOCATIONS**
- **SAMPLE BALLOTS (when available)**

ABSENTEE BY MAIL BEGINS OCTOBER 6TH, 2020

LAST DAY TO REQUEST AN ABSENTEE BALLOT IS OCTOBER 20TH, 2020

Valencia County Clerk
PO Box 969
Los Lunas, NM 87031

IN PERSON VOTING – COUNTY CLERK’S OFFICE

MONDAY – FRIDAY 8AM TO 5PM

OCTOBER 6TH, 2020 – OCTOBER 30TH, 2020

OCTOBER 31ST 10AM TO 6PM

444 Luna Avenue, Los Lunas, NM 87031

EARLY VOTING, MONDAY – SATURDAY 10AM TO 6PM OCTOBER 17TH – OCTOBER 31ST

Belen Community Center, 305 Eagle Ln. Belen, NM 87002

Bosque Farms Public Library, 1455 W Bosque Loop Bosque Farms, NM 87068

Valencia County Administration Offices, 444 Luna Avenue Los Lunas, NM 87031

Voting Convenience Centers (VCC’s):
(All voters in the county may vote at any one of these locations, regardless of where they live. Voters are not assigned to a specific polling place.)

ELECTION DAY, NOVEMBER 3, 2020 7AM TO 7PM

- VCC1- Ann Parish Elementary School 112 Meadowlake Rd. Los Lunas, NM 87031
VCC2- Belen Community Center 305 Eagle Ln. Belen, NM 87002
VCC3- Belen Public Library 333 Becker Ave. Belen, NM 87002
VCC4- Bosque Farms Public Library 1455 W Bosque Loop Bosque Farms, NM 87068
VCC5- Daniel Fernandez Campus-Century School 32 Sun Valley Rd. Los Lunas, NM 87031
VCC6- Del Rio Senior Center 351 Rio Communities Blvd., Belen, NM 87002
VCC7- Don Jose Dolores Cordova Cultural Center 426 Jarales Rd. Jarales, NM 87023
VCC9- Fred Luna Senior Center 197 Don Pasqual Los Lunas, NM 87031
VCC10- Logsdon Hall 19676 Hwy 314 Belen, NM 87002
VCC11- Los Lunas Schools Administration 119 Luna St. Los Lunas, NM 87031
VCC22- Manzano Vista Fire Department 311 El Cerro Mission Rd., Los Lunas, NM 87031
VCC23- Meadowlake Community Center 100 Cuervo Ln., Los Lunas, NM 87031
VCC12- Peralta Elementary School 3645 State Hwy 47 Peralta, NM 87042
VCC13- Pueblo of Isleta Veterans Center 4001 Hwy 314 Los Lunas, NM 87031
VCC14- Tome Dominguez de Mendoza Community Center 2933 HWY 47 Los Lunas, NM 87031
VCC15- UNM Valencia Campus 280 La Entrada Rd, Los Lunas, New Mexico 87031
VCC21- Valencia County Administration Offices, 444 Luna Avenue Los Lunas, NM 87031

2019-2020 New Mexico Adult Education Fact Sheet

State Funding: \$6,235,900.00
Federal Funding: \$4,153,357.00
Total Funding: \$10,389,257.00
State Expenditure per Adult Ed Student: \$655.03
State Expenditure per K-12 Student: \$9,784.00

Source: State Budget & U.S. Census

ADULT EDUCATION IS EFFECTIVE

836 students unemployed at entry entered the workforce and generated \$11,487,659 in wages after the second quarter of exiting program.
Source: Department of Workforce Solutions & LACES

655 HSE graduates generated an estimated \$6,130,800 in additional earnings (\$180.00 additional weekly earnings x 655 graduates x 52 weeks)
Source: Bureau of Labor, U.S. Department of Labor and LACES

1,463 students transitioned to college or vocational training with increased earnings of \$5,553,548 (\$73.00 additional weekly earnings x 1,463 transitioning x 52 weeks)
Source: Bureau of Labor Statistics, U.S. Department of Labor and eDEAR

\$11,487,659 + \$6,130,800 + \$5,553,548 = \$23,172,007 (FY19-20 RETURN)

\$6,235,900 (FY 19-20 State INVESTMENT)

371% Return on Investment*

*Note: Computation of ROI amount is conservative and does not include public assistance savings or increased tax revenue

DEMOGRAPHICS

Ethnicity

10% American Indian-553

4% Asian-325

2% Black-193

72% Hispanic-6890

11% White-1051

1% Other-107

Age

3% 16-18 (1351)

14% 45-54 (1245)

13% 55-59 (361)

47% 25-44 (4465)

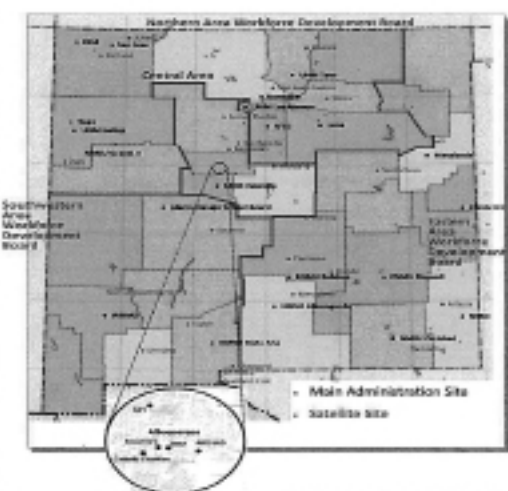
19% 19-24 (1777)

4% 60+ (321)

Source: NM Higher Education LACES Database 2020

2019-2020 New Mexico Adult Education Fact Sheet

The New Mexico Higher Education Department served 9,520 adult learners during program year 2019-2020, onset year of the COVID pandemic. Six hundred fifty-five (655) adult students received their High School Equivalency credential and 1,463 enrolled in postsecondary education. Fifty-six percent achieved a measurable skill gain during the program year, which in adult education equals an advance of approximately two (2) grade levels. Seven thousand five hundred fifty-eight (7,558) adult learners were employed during the second quarter after program exit.



ADULT EDUCATION PROGRAMS AND STUDENTS	
New Mexico Corrections Department	1,369
Northern Workforce Region	
Dine College-Shiprock	52
Luna Community College	72
NMSU-Grants	109
Northern New Mexico College	108
Sage Lifelong Learning	86
San Juan College	330
Santa Fe Community College	908
UNM-Gallup	96
UNM-Los Alamos	107
UNM-Taos	107
Subtotal	1,995
Central Workforce Region	
Albuquerque Adult Learning Center	198
Catholic Charities	455
Central New Mexico-CNM	1,460
Southwestern Indian Polytechnic Institute	282
UNM-Valencia	386
Subtotal	2,761
Eastern Workforce Region	
Clovis Community College	376
ENMU-Roswell	867
ENMU-Ruidoso	64
Mescalands Community College	29
New Mexico Junior College	413
NMSU-Alamogordo	94
NMSU-Carlsbad	219
Subtotal	2,062
Southwestern Workforce Region	
NMSU-Dona Ana	1,213
Western New Mexico University	120
Subtotal	1,333
TOTAL	9,520

POPULATION SERVED

Basic Literacy (2,286) Grade Equivalent 0-3.9
Basic Education (3,476) Grade Equivalent 4-8.9
Adult Secondary-HSE Preparation (230) Grade Equivalent 9-12.9
English Language Acquisition, ELA (3,528)

The New Mexico Higher Education Department, Adult Education Division serves adults 16 years of age and older who need support to strengthen core academic and workplace readiness skills. The 24 Adult Education programs in the state provide education and training opportunities to help all eligible New Mexicans:

- Strengthen core literacy, numeracy, digital literacy, and workplace readiness skills
- Earn a High School Equivalency Credential (HSE)
- Learn English as a Second Language (ESL) and Civics
- Become college ready and enter a career pathway
- Enhance parent and caregiver ability to effectively support children's learning needs

NEW MEXICO HIGHER EDUCATION DEPARTMENT

Stephanie Rodriguez
Acting Cabinet Secretary
2044 Galisteo St. Suite 4 Santa Fe, NM 87505-2100

Frances Bannowsky, J.D.
Director of Adult Education
(505) 476-8437 office

Meet the Department of Education Board

Higher Education Students please meet with the Department of Education Board for a ZOOM Meeting on Tuesday, October 13th @6:00. Bring up questions, concerns, and Recommendations. Please fill out a Google form at www.facebook.com/PuebloofIsletaDepartmentofEducation a link will be sent to you. If you have any questions please call the Department of Education @ (505) 869-9790.

WE ARE HERE TO SERVE

Isleta Health Center Team

(505) 869-3200

Covid19 Glossary

Stephanie Barela, Health Educator 869-4479

www.diffen.com

www.dictionary.com

www.cdc.com

Have you been hearing several words lately in regards to the Covid19 outbreak that are confusing? Several words have been used interchangeably, which is not always accurate. Medical terminology can be confusing but using the words properly is important during this time, so let us break them down for you:

Pandemic vs. Epidemic:

- Epidemic** refers to an increase, often sudden, in the number of cases of a disease above what is normally expected in that population in that area.
- Pandemic** refers to an epidemic that has spread over several countries or continents, usually affecting a large number of people. In the past century, there have been four pandemics caused by the new influenza virus, but Covid19 is the first caused by a new corona virus.

Respirator vs. Ventilator:

- Respirator** is a masklike device, usually of gauze, worn over the mouth, or nose and mouth to protect from exposure to biological aerosols including viruses and bacteria. In healthcare, filters out virus particles as they breathe in so they are not infected with COVID-19. CDC recommends that healthcare professionals wear an N95 respirator that fits tightly around the nose and mouth in order to reduce the wearer's exposure to airborne particles, from small particle aerosols to large droplets.
- Ventilator** is a machine that helps people breathe, it pumps oxygen into the lungs and removes carbon dioxide.

Quarantine vs. Isolation:

- Quarantine** separates and restricts the movement of people who were exposed to a contagious disease to see if they become sick.
- Isolation** separates sick people with a contagious disease from people who are not sick.

Social Distancing:

- Social Distancing** also called "physical distancing", means keeping a safe space between yourself and other people who are not from your household. To practice **social** or **physical** distancing, stay at least 6 feet (about 2 arms' length) from other people who are not from your household in both indoor and outdoor spaces. If you must go somewhere, wear a face covering; see the Health Beat Article on making your own face covering.

2019-2020 LLHS Teacher of the Year

Ms. Andrea Tenorio of the Pueblo of Isleta was selected as LLHS teacher of the year for the 2019-2020 school year. She is a graduate of LLHS and of New Mexico State University with honors.



Ms. Tenorio teaches AP English. She is a sponsor for the Students Council in which she guides and works with her students to contribute to their school and community.

She is called upon for providing her talents to create many unique presentations for school projects.

Andrea is the daughter of Michael and Ruth Tenorio.

Census Office

Dear Isleta Tribal Members,

On behalf of the Census Office and the Office of the Governor we thank you for participating in the 2020 Census. We have been working on the 2020 Census as a partner to the U.S. Census Bureau since May of 2019. Tribal leadership has been working on the 2020 Census beginning with Tribal Consultation in 2016 and other phases leading up to the enumeration of 2020 .

At that time the Governor Zuni appointed Mrs. Nanette Coriz and Ms. Ashlee Abeita as the Tribal Liaisons to assist with the 2020 Census. This year the census was conducted differently in Native American communities giving us the ability to respond online, by phone or using a paper questionnaire. There is still time to respond. You have until September 30th , to use the online response form at 2020census.gov and you can call 844-330-2020. If you still have the paper form you can make sure it is post-marked by October 7th and send it in.

This was the first time in history that native Americans had the ability to self-respond to the census. In the past you may recall that someone, usually a non-native person would knock on your door and ask you the questions. This year we had multiple ways to respond and we had workers from the community who were able to help you. This change represents a positive move in the right direction by giving jobs to the people who know the community best and who also know the people. There is much to learn and improve and we recognize that. However, our direct participation in the management of the 2020 Census gives us greater direction over one of the most important peacetime efforts in our country.

We regret the opportunities that were lost due to the COVID-19 pandemic. We had events and information to share but could not in light of the pandemic. But the most important issue is that everyone was safe and healthy.

We thank our leaders for all that they have done to support the effort of the 2020 Census. The census means resources and political power for our community. We also thank our Complete Count Committee members and the numerous individuals who helped us with events and sharing information.

Don't forget to stop by the Census Department and pick up your Incentives. Also, Starting October 12, 2020 come by to pick up your thank you gift. If you have any questions please call 505-869-9766.

Nanette Coriz
Census/Tribal Enrollment Direct

Ashlee Abeita
Census/Tribal Enrollment Clerk

Pueblo of Isleta Department of Education “Educational Assistance” Fund 2020 Summary

The Pueblo of Isleta recognizes the need to provide families with supplemental funding to assist their child/children in their education. Through the Department of Education, specific guidelines have been developed to assist qualifying tribal members striving to reach high levels of district, local and state academic standards. These guidelines are used to provide monetary support to students and adults in need of educational assistance.

32 applicants

28 – In Priority C (Private Institutions)

- 1 student at Canon Christian Academy
- 1 student at Calvary Christian Academy
- 2 students at Christ Lutheran
- 1 student at Hope Christian
- 1 student Evangel Christian Academy
- 7 students at Holy Ghost School
- 2 students at Immanuel Lutheran School
- 1 student at Menaul Schools
- 2 students at Our Lady of Fatima
- 1 student at St. Charles Borromeo Catholic
- 2 students at St. Mary’s Schools
- 2 students at St. Thomas Aquinas Catholic School
- 5 students at St. Pius X

4 – In Priority F (Adult Education Special interest, & Career Development Classes)

- 2 Adults attended an online class at CNM to get a certificate in Emergency Medical Technician (EMT)
- 1 Adult attended classes and training to maintain her current licensure with the New Mexico Counseling Board.
- 1 Student attended a Sociology Class for dual credit for High School at UNM-Valencia

**PUEBLO OF ISLETA
ADULT EDUCATION PROGRAM**


**EVER WONDER WHAT
CAREER BEST
COMPLIMENTS YOUR
ABILITIES?**

**Careerscope is an assessment that
helps you determine what career fits
you the best.**

**YOU CAN DO IT IN THE COMFORT
OF YOUR HOME.**

For more information contact:
Valerie Keryte - Adult Education Coordinator
Phone: (505) 869-9790

A decorative graphic at the bottom of the flyer featuring a large black hexagon, several smaller grey hexagons, a cluster of small grey triangles, and a circular logo on the left containing a stylized bird or sunburst design.



Pueblo of Isleta
Elementary

Robert Torrez,
Principal

Dates to Remember

Conferences - via phone/virtual/ in person - No instruction on that day	10/7
Fall Break - No School	10/8-9

Second Grade News:

2nd Grade has gotten off to a wonderful start! So far we have learned about engineering/building structures, the three states of matter, and animal classification in Science. Math has kept us busy learning about expanded form, standard form, base ten, and odd and even numbers. Our math daily highlight is our estimation jar. Students love guessing how many items are in the jar and winning a prize for the closest estimation. We have read the following stories – Henry and Mudge, Dogs, Diary of a Spider, and You Are Finally Here. RAZ kids has been a great hit with the students, as it allows them access to an unlimited amount of e-books on their Ipad. I am so thankful to all my students and families who are so eager to learn and share their daily lives with 2nd grade. So far I have seen wonderful pets like snakes, hamsters, rabbits, dogs and cats! The children have shared their homes and families and I have truly enjoyed learning about everyone. Ms. Rosana

Fourth Grade News:

The fourth graders have adjusted well to virtual learning. In math we did a review on place value and rounding. They are now going into multiplication.

In science they are learning about heat transfer and how particles move.

In Social studies we have been learning about Geography and now will be moving onto U.S. Landscapes.

Ms. Ortiz

First Grade News: I am amazed at how my first grade students have come along during this time of Covid. It delights me to work with Parents and Guardians to help your child succeed and master first grade. It's great to see their cute little faces and getting to know their different personalities on google classroom. The students have been diligent in sending in their completed work assignments. Their drawings that have been assigned, are amazing and express who they are and the community that they live in. The staff at our school works very hard as a team to help each and every student as well as their Parents/ Guardians. Way to go team!!!!

Kindergarten News:

Ms. Melendrez's Kindergarten class is learning about letters and their sounds, numbers, animal habitat, making friends and sharing.

I have had great support with parents and grandparents! Thank you! I hope to see my kindergarteners in person soon.

Principals Message:

We have had some minor technology and internet issues, but are working through them. Thank you for your patience as we are all learning and adjusting to these difficult times.

It is important that our students are ready for instruction by 8:30 each morning.

Some ideas that may help:


1. Get up and get dressed just like when school is in session.
2. Dedicate a specific space for learning.
3. Find a distraction-free zone that has excellent light, low noise, and a comfortable temperature.
4. Be prepared. Have your school supplies and materials ready for the day's instruction. You might want to keep them in your backpack so that they are readily available.
5. Tech issues - If you are still having issues with your devices, please know that we are here to help! Call the office and we will offer assistance by phone and/ or ask that you bring your device in so that Jared can have a look at what the issue may be.

August, September and October Birthdays

Aug. - Miles Benavidez 8/2 *Kyllen Nez – 8/3 *Damian Garcia 8/4 *Christian Lente – 8/11 *Abrienne Lucero 8/18 *Cree Sam -8/23 *Emanuel Garcia 8/25 *Yahnozha Abeita 8/26 *Raymond Jojola 8/31

Sept. *Julian Brown 9/2 *Zoe Zuni 9/5 *Amiyah Jojola 9/8 *Danian Mariano 9/8 * Charisma Padilla 9/10 *Adam Castillo 9/14 *Ali Panteah 9/23

Oct. –* Dondre Ramos 10/4 * D'Lyla Fonseca 10/26



Ms. Ragland: Students are remembering to log on every day, and are now on a routine to learning. I am so pleased with the progress that my students have made thus far! Great job kiddos! Keep up the good work!

The University of New Mexico-Valencia

ENGLISH 1110
FREE ONLINE CLASS


CALL 505-925-8560 TO SCHEDULE
THE FREE PLACEMENT TEST

Apply online at www.unm.edu/apply

Infection Prevention
October 18-24, 2020

Infection prevention and control has always been an important part of public health and safety. But as the global fight against COVID-19 rages on, the world's communities are reminded just how important. Help us celebrate all the infections prevented and lives saved by our IPs this year!

Clean Hands



Stop the spread of germs

Hello Isleta Elementary School Community:

Library classes have been going on since the end of August/first of September for all our students. The library classes should be on your student's *Google Classroom* page with the days of the week/times for their classes. Library classes cover a wide range of topics designed to support literacy skills, so vital for student success. **Please encourage your student(s) to attend all their library sessions.**

Library books are also available for students to check out virtually or with a phone call. Library books can be delivered on the school bus routes or arrangements can be made for pick-up at school. Please go to the Pueblo of Isleta Elementary Library webpage for an overview, and step by step instructions for checking out library books remotely:
<https://www.isletaelementary.org/library>

Mrs. Fryar

Librarian POIES

POIES Online Library Check Out Has Started!!!

Our **remote** school library check out has started. If you are interested in a library book(s) here are the procedures:

1. Go to the Pueblo of Isleta Elementary Library webpage at: <https://www.isletaelementary.org/library>
2. Click on the **link** to see our library catalog of books (Destiny).
3. After you find the book(s) you want, you will need to fill out a form/submit for every book you want to check out. Fill out the form accurately to get the book(s) you want.
4. If you have any questions you can send them to poiescheckout@poies.org
5. Our bus drivers will have the books when they deliver lunches/classwork. **It is the student's responsibility to pick up/return the book(s) from/to the bus drivers.**
6. If you do NOT live by a bus stop, you can call me at 505-869-2321, ext. 1213 to schedule a drive by pickup at the school.
7. Happy Reading..... Ms. Fryar

The more that you read,
The more things you will know.
The more that you learn,
The more places you'll go.
-Dr. Seuss

Music classes

Kindergarten through second grade have been learning about steady beat with different songs including ones in different languages. We have been using body percussion to keep the steady beat! In the upper grade classes, we have been learning how to play the recorder. Along with that, we are learning rhythm and reading music. It has been an exciting start to the year in taking on this new way of learning! We will continue to gain musical knowledge throughout the year.

Physical Education NEWS:

Virtual learning has created challenges for physical education classes. However, the activities are guided by national standards. Students have received several pieces of equipment to help them develop skills and improve fitness levels. I also encourage students to engage in physical activity away from the computer screen.

Fifth Grade News:

Regardless of the challenges that we are facing this school year I am proud to say 5th graders are working very hard and are fast learners getting into the routine of remote learning. There are 18 students in 5th grade along with very supportive parents. I would like to give a special shout out to all my 5th grade families. It has been tough for all of us and we take it day by day. You're all doing a wonderful job supporting education. Our studies this month have been learning about the Hubble Space Telescope and how engineers and scientists work together to solve problems. We have also been traveling to the past to discover Native American regions pre-Columbian period. Great job students, you are the best!!!!

Ms. Jaramillo

Sixth Grade News:

The 6th Grade class is hard at work. They recently completed a unit titled World's Early People. They did an amazing job creating a display representing an early culture. The students are currently writing about their personal experiences during the pandemic in the form of a children's book. We have discussed the tragedies, as well as the rainbows that have surfaced during this time. The goal is to have the students one day be able to share their experiences with others in the future.

Third Grade ROCKS!!!!

A Huge shout out goes to third grade as they are working hard in language arts, math, science and social studies. Most students have been on google meet for the past 4 weeks. They seem to be adapting to our new way of learning. This coming week students will work on Science, **How Animals Live, Grow and Change**, Social Studies, they will begin a unit on **Communities**. In **Math**, we will continue to work on **Place Value, estimating and break apart numbers**. It is so good to see students learning and showing up on google classroom and being serious about learning. **I am eagerly looking forward to seeing my students in the actual classroom soon!**

NOT ALL MASKS ARE MADE THE SAME


How do I know if my mask fits correctly or if I am wearing my mask correctly?

1. It should fit over your nose and mouth and secure it under your chin
2. Try to fit it snugly against the sides of your face
3. Make sure you can breathe easily
4. CDC does not recommend use of masks or cloth masks for source control if they have an exhalation valve or vent

DO choose masks that



Have two or more layers of washable, breathable fabric




Completely cover your nose and mouth



Fit snugly against the sides of your face and don't have gaps

DO NOT choose masks that



Are made of fabric that makes it hard to breathe, for example, vinyl




Have exhalation valves or vents, which allow virus particles to escape



Are intended for healthcare workers, including N95 respirators or surgical masks

Pueblo of
Isleta

Long
Range
Transportation
Plan



WILSON
& COMPANY

today

→ 2040

virtual public meeting

The Pueblo of Isleta Construction Services Department has hired Wilson & Company, Engineers & Architects, Inc., as our consultant to update our road inventory database and update our Long Range Transportation Plan for the Pueblo. We are asking the community to contribute their feedback for this very important effort as it impacts how we invest our transportation funding from the Federal Highway Administration and the Bureau of Indian Affairs.

The project team will present the proposed transportation projects to be included in the LRTP, and ask your feedback

Wednesday, October 14, 2020

4:30-6:00 PM

<https://global.gotomeeting.com/join/200081013>

Unable to attend the meeting? Email your comments to Jim Townsend, Wilson & Company, at jim.townsend@wilsonco.com before November 1st, 2020

Review the proposed project map on the following page

→

What is the Road Inventory?

The Road Inventory Features Data System (RIFDS) is a comprehensive database of all transportation facilities within the Pueblo of Isleta that are eligible for Tribal Transportation Program funding administered through the Federal Highway Administration. The Construction Services Department has to maintain an up-to-date inventory of our roads in the Bureau of Indian Affairs RIFDS database to assist us in our project planning, justify expending funds on roadway maintenance, and to invest in additional transportation needs such as widening or improving a road, building a path and installing a sidewalk.

Our current efforts resulted in updating the database of 735.3 miles of roadway information that was in the RIFDS database. Additionally, the Pueblo added 200 new entries that totaled an additional 545 miles of new roadways that were not in the RIFDS system. Once the Bureau of Indian Affairs accepts the inputs, the RIFDS become "Official" and are eligible for federally funded activities. This is important as a road has to be in the RIFDS system in order for the Pueblo to use federal Tribal Transportation Program funds for the maintenance activities and expenses associated with that road.

What is a Long Range Transportation Plan?

The Long Range Transportation Plan (LRTP) is a planning process to research, draft and develop a path forward for multimodal transportation investment within the Pueblo of Isleta. The LRTP defines a set of goals to provide funding guidance in order to improve overall transportation system conditions, and direct funding towards the types of investments that are needed most. The LRTP also identifies short and long-range transportation improvement strategies that will address current and future transportation needs according to Tribal, Federal, and State government policies.

As required by the statutory requirement 25 CFR 170, developing a LRTP is necessary because it serves as the defining vision for the region's transportation needs. The LRTP is required to be updated every five years. Our Pueblo of Isleta LRTP has not been updated since 2004. Multimodal transportation spending includes investing in infrastructure and strategies to improve mobility for those that drive, bicycle, walk, fly, use transit, and ship freight. The strategies developed in the LRTP assist to develop a direction forward relating to future land use, economic development, traffic demand, transportation system safety, health and social needs over a 20-year period.

The LRTP update process

Once the inventory update is complete, we will have a comprehensive understanding of our road system. Historically, we have focused much of our Tribal Transportation Program (formally Indian Reservation Roads or IRR) program funds to maintain our roads, which includes purchasing equipment, hiring staff, purchasing materials and hiring contractors. Based on our updated inventory, we are working to understand how we should best spend our federal funding to address our maintenance needs; enhance our roads; improve shoulders and install sidewalks for our members that walk and bicycle in the community; and as we recently started, provide transit in the community.

We need your help in order for us to understand your opinions on our transportation system, and your thoughts on priorities. This information will be used to help us define a draft program that we will obtain additional public input on in the future.

→

vision and goals

↑ The Vision and Goals of the Transportation Plan help to keep us focused on what is important to the community

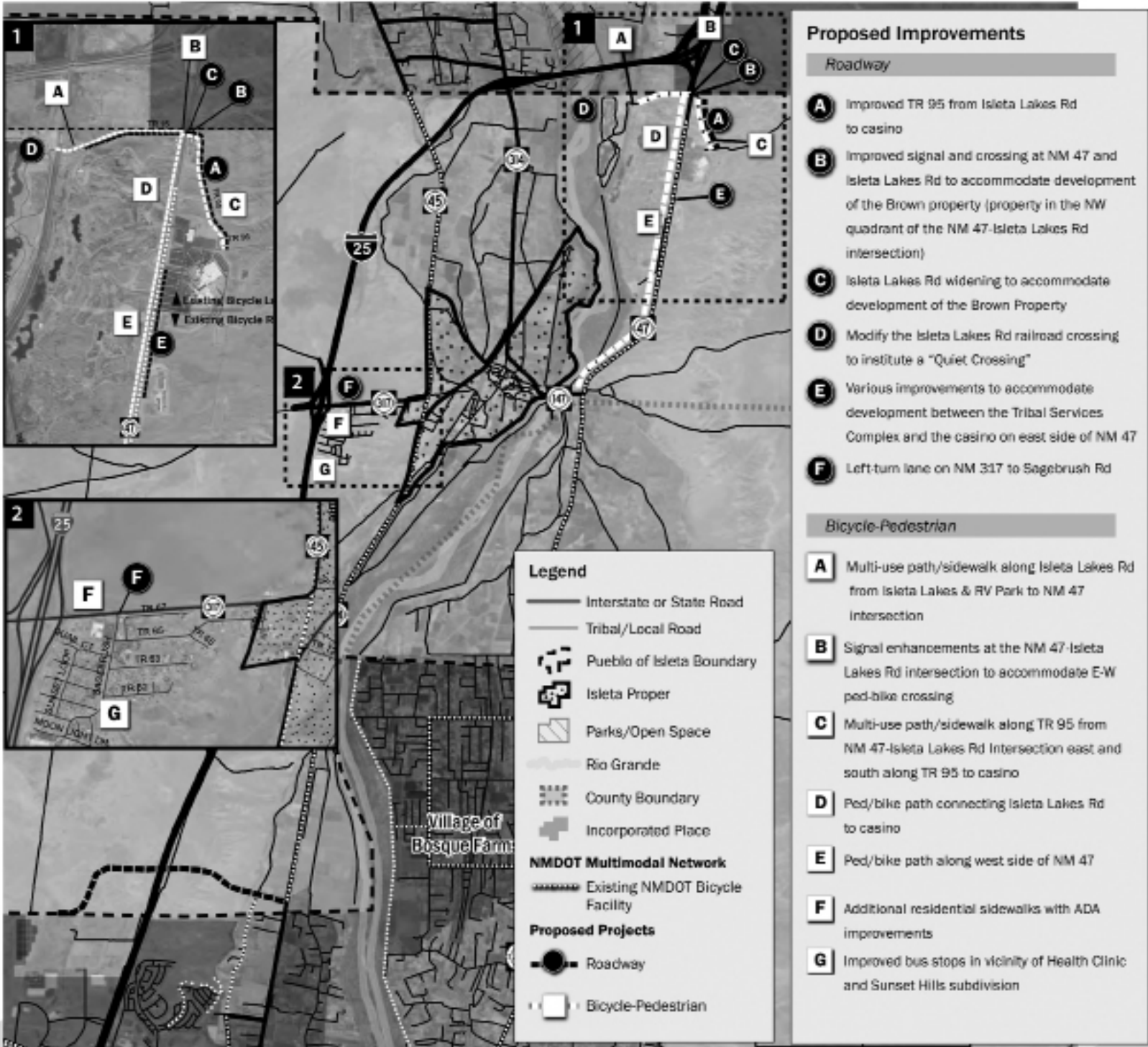
vision

The transportation system within the Isleta Pueblo will be an interconnected network of roads, trails and supporting infrastructure to provide a sustainable, reliable and safe system that accommodates all users that may drive, walk, bicycle, use transit or other modes of travel.

- goal 1
- Maintain the existing transportation system.
- goal 2
- Provide for connectivity, growth and development within the Pueblo.
- goal 3
- Standardize improvements made by new development.
- goal 4
- Provide mobility for all transportation modes.
- goal 5
- Promote economic development.
- goal 6
- Enhance safety.
- goal 7
- Enhance quality of life through improved transportation modes.

proposed projects

In addition to the proposed projects shown on the map below, the LRTP will include various Transportation Engineering studies required to determine where exclusive turn lanes, traffic signals and various other safety and operational improvements are warranted within the Pueblo. The LRTP will also include the estimated funding that is required to design and construct these improvements.



PUBLIC WORKS DEPARTMENT

Winterizing your Water Lines & Exposed Pipes

It is getting to be that time of year when everyone should prepare for colder temperatures. Any exposed water lines need to be protected from freezing. Swamp cooler lines hooked up to spigots or frost frees should be removed from the fixture, the line drained and the frost free or spigot shut-off.

Any exposed water lines, such as a water service line, coming out of the ground and going into a modular home need to be protected. Properly installed heat tape is one of the best methods to protect piping. Insulation can also be used to “wrap” the exposed piping and help prevent it from freezing. Keep in mind, any exposed water or sewer lines under your home are subject to freezing. Installing heat tape or wrapping the pipes with insulation combined with keeping the skirting in good repair, will go a long ways to help protect your pipes from freezing.

Locate the water shut-off to your residence. In the event you have to call Public Works (505-869-5170) to shut off your water due to any kind of leak, the crew will need to know exactly where the exterior shut-off is located. There is no “magic” tool to enable staff to locate your isolation valve. If you don’t know where it is, staff will have to spend time attempting to locate the valve. Once the valve is located the crew will attempt to close the valve. If the valve is inoperable for any reason, water will continue to flow through to your home, potentially causing flooding. Public Works is NOT liable for any damages caused by a water leak. Each homeowner is responsible to know where their isolation valve(s) are located at and ensure they are in working condition. There should be an interior isolation valve for your use in the event of a water leak inside the home. These valves are sometimes located near the hot water heater. Knowing if you have an interior isolation valve and keeping it in working condition could prevent a lot of damage in the event of a water leak inside your home. If Public Works arrives to shut-off your exterior water isolation valve(s), the residence will be out of water until repairs are completed. Public Works does NOT do any work inside the home or on the spigots attached to the house. Housing would have to be contacted to handle any interior leaks.

Some homes may have more than one service line to supply water to the home. If there are multiple water supply lines, there should also be multiple isolation valves. Some homes may have a separate isolation valve leading to a frost free – this valve won’t work to stop the flow of water to the residence but if your frost free breaks, the frost free hydrant can be isolated and the home should still have water. Become familiar with your exterior water service lines and isolation valves. If you would like Public Works to assist you in locating your exterior water service line(s) and shut-off(s); call our office at 505-869-5170 and request a work order to have your exterior water isolation valve(s) located and exercised. Exercising the valve at least annually will increase the chance the valve would be operational in an emergency. Public Works has a work order system in place and your request will be entered into the system. Keep in mind, it may take a while for our staff to respond to your request as we have a large volume of calls for service. Emergencies are always a priority; other service calls are handled as time and staffing allow.

Upcoming Utility Projects

The Public Works Department is excited to announce TWO utility projects that are expected to begin construction in mid-November, 2020.

The first project will be the Village area sewer replacement project. The existing sewer main lines throughout the Village will be slip-lined in areas where possible. The slip-lining process will eliminate the need to excavate all the existing sewer main lines and sewer service lines. Slip-lining material can be installed inside the existing sewer lines, using existing manholes to gain access to the piping.

Where the sewer main has dropped, creating a sag in the line, the piping will have to be excavated and replaced. There may also be a few other problem areas that will need to be dug up and replaced. Sewage manholes will either be replaced or rehabilitated as condition warrants. All residential sewer service lines will be replaced, including clean-outs.

Contractor bids to perform the work for the Pueblo are due on October 1, 2020. Once the bid is awarded, actual construction is expected to begin around mid-November. The contractor will be working closely with the Pueblo of Isleta staff and residences. There will be times

where streets will need to be closed for the contractor to perform the work. Sewer service lines will be out of service while the service piping from the home to the main line is “slip lined” and tied into the sewer main. Each homeowner will know in advance when this type of work will be done in their area and the contractor will discuss how the process will work prior to connecting your home to the sewer line.

If you have any questions about the project, please feel free to contact the Public Works Department at 505-869-5170.

The second project involves replacing the existing water main line from Highway 314 and TR 90, along the length of TR 90 to Highway 45; then along the shoulder of Highway 45 to TR 076. There will be new fire hydrants installed along the way and the new water line will be connected to all the existing water lines along the route.

Homes in this area will benefit from having a more reliable water source, increased water pressure and additional fire hydrants in the event they are needed. Public Works employees will be installing the new water lines, saving the Pueblo the cost of installation.

Fight against COVID-19

The Department of Public Works Custodial and Maintenance teams have been putting in extra effort to help prevent the spread of COVID-19. Using germicidal spray to wipe down door handles and other commonly touched areas in offices, the Custodial team has taken on the extra responsibility to protect employees and visitors.

Constructing stands to hold the hand sanitizer dispensers and quickly supplying individual departments with supplies requested, the Custodial team continues to work hard to keep up with the extra work required during the pandemic.

The Maintenance crew has built Plexiglas shields, installed wireless doorbells and kept up with all the other requests for assistance received on a daily basis. Having the Plexiglas shield and doorbells allow office staff and visitors an extra measure of protection from potential exposure to the Coronavirus.

The Department of Public Works will continue to work hard to do what we can to protect employees and visitors to the Pueblo of Isleta buildings.

Isleta Recreation Center
Spaces are limited
SPINNING CLASS



THURSDAY'S | Starting October 8, 2020
Time 5:45pm TO 6:30pm

Environment Department

Greetings,

We hope everyone is well and adjusting to life as it is changing every day for the safety of our community.

As all of you may know, this year’s Environmental Fair was cancelled due to the COVID-19 pandemic. It was a tough decision to make, but we wanted to ensure the safety of our community. Although we could not explore decorated booths or see cool birds and lizards, we still wanted to educate our community about various environmental organizations that exist in and around the state of New Mexico. That is why we came up with the idea to create an Environmental Fair bag with an activity book. Inside the activity book were puzzles, crosswords, activities, and coloring pages created by various environmental organizations that usually have an exhibit at the Environmental Fair. There were also items such as pencils, water bottles, stickers and many more goodies included inside the bag.

Within a couple of weeks, we were able to give out more than 200 bags to the youth of our community. We saw many appreciative smiles and received a lot of positive feedback about the bags and are happy that we could still provide environmental education. If we are unable to have an Environmental Fair next year, we look forward to creating another activity book with more organizations involved. Best regards,



Environmental Trainee, Heaven Lucero on the first day of the Environmental Fair bag drive-thru.



An Environmental Fair bag with an activity book that was created in collaboration with various environmental organizations.

What to do if you find a used needle outdoors

People, especially children, must never touch or pick up needles found on the ground. Discarded needles can be harmful. Needles or hypodermic needles are also known as syringes or sharps.

Cleaning up discarded needles must be done carefully to protect human health and the environment.

If a used or discarded needle is found on Isleta tribal land, please call Isleta Police Dispatch at 869-3030 to report the location so that a qualified tribal employee can safely collect and dispose of the discarded needle.

Individuals who use needles for insulin shots or other medical uses are expected to dispose of their used needles appropriately in sharps containers that individuals have to purchase themselves.



An exclamation mark within a triangular border is the international symbol for caution. Always exercise caution if you see a discarded needle.

If you have any questions about this article, please contact Environment Department at 869-7565.



ATTENTION HUNTERS

It’s hunting season, if you are lucky enough to draw a hunt and blessed with good fortune to tag out, please respect the life you taken.

DO NOT THROW AWAY HEADS AND HIDES IN THE TRASH!

Their lives are precious. Treat them with respect, don’t treat them like trash. We will bury your heads, hides and remains and give them back to our Mother Earth, the way we were taught by our elders. Please don’t let our ways of respecting the lives of the big game animals fade away. Bring remains to the Transfer Station and let an attendant know and we will bury them. Call 869-4964 for more information.



Photo of bull elk head thrown away in the trash. The horn poked through the trash bag, we noticed it, recovered it and buried it.



Pueblo of Isleta Public Library

Spooky season has arrived and fall is among us! Halloween will be here soon and the library has a variety of Halloween/Fall material to meet your needs.

News

In addition to the After School Program the library will now be allowing students Junior High and up to use the Library during the day for school purposes only from 8am to 3pm. This will be an independent work study based program. Students may come in during this time and utilize our resources to attend school. Students will have to have their own transportation and may bring lunch if they choose. Just like the After School Program, students must wear a mask and have their temperature taken upon arrival as well as practice all COVID policies and procedures. Spots are limited to 7 students per day and will be at a first come first serve basis. Please take note that students that attend during the day will be responsible for bringing their own device, knowing their assignments, and completing their school work. The library staff is always available for help at the student's request. If students misbehave library privileges can be taken away and their spot can be offered to another student. If you have any questions or would like additional information please call the library at 505-869-9808.

The After School Program currently has spots available for elementary aged students. The Monday/Wednesday session has 2 spots available and the Tuesday/Thursday session has 6 spots available. The



Homework help in progress!



After School Program in session!

After School Program is for 3pm to 5:30 pm in person where students come in and work on homework as well as participates in reading, crafts and activities. If you would like to sign up please call the library at 505.869.9808.

Family Story time is in full swing and we would like to invite all the families to join us every Wednesday at 10:30am. You will need to sign up for this program in advance to get Zoom meeting information and any supplies need for the crafts. Cheyenne will read a story and engage toddlers and families in an activity. This program gives the opportunity for parents and caregivers a chance to introduce their children to reading. If you would like to sign up for this program please give Cheyenne a call at the library at 505.869.9808 or by email at Cheyenne.Castillo@isletapueblo.com



Mixing up a batch for the DIY soap craft!

Library information is posted at the front of the library with COVID-19 business Hours of Operation, library Wi-Fi and Library Mobile Apps.

The Library is offering a contactless curbside service as well as computer use by appointment only for essential use. Curbside services will be Monday-Thursday from 10am to 5pm and Friday 10am to 4pm. To check out material please download our mobile app Librista.

To make a computer appointment please call the library to set up a time, as space is limited. Appointments will be based on one-hour increments so please come prepared. When visiting the library please remember to wear a mask at all times, patrons temperature will be taken before entering the library. Sanitation stations have been set up throughout the library, and computer workstations must be disinfected before and after use. Patrons will enter at the front entrance of the library and will exit on the north side of the library. We greatly appreciate your patience at this time as we are adjusting to a new normal. If you have any questions or concerns feel free to contact the library at 505-869-9808. To drop off any library materials please use our drop off box, which is located in the front of the library. Drop off material will be quarantined for three days, disinfected and then checked in.

With things changing daily library staff is closely monitoring the COVID-19 situation and as a result library programs and services are being impacted. We will continue to keep you updated and informed about upcoming programs and services as more information comes along. Below is a list of our new hours of operation.

Library Temporary Covid-19 Hours of Operation

Monday –Thursday: 8am-5:30 pm
Friday: 8am-4:30 pm
Saturday: Closed

Curbside Hours

Elderly: 10am-11am
General: 11am-5pm

Library staff members are on site to answer any questions or address any concerns you may have and we are always open to any suggestions you might have to helps us better serve the community. Please don't hesitate to give us a call at 505-869-9808.

Library Access from Home

During this time we encourage the use of our digital services. If you ever have questions or need help accessing our online services, please call us at the library at 869-9808 during regular business hours or message us on social media (FB, Snapchat, & Instagram).

The Library's digital services give cardholders 24/7 free access to eBooks, audiobooks, music, and periodicals (NY Times). So you can maximize your reading, and listening experience at home. We've got you covered.

The library online services will ask you to enter your library barcode number which is located on the back of your library card and a pin or password. If you do not have a pin or password set up with us, you can call the library during business hours and a staff member can help you set that up over the phone.

Below is a list of the digital services the library has to offer.

To search our library collection and view your account you can download the Librista app on your iPhone, Android and Kindle devices. This feature will let you see what library material is available, let you search our library collection and view your account. New York Times online is now available to our library patrons for FREE. Find breaking news, multimedia, reviews & opinion on Washington, business, sports, movies, travel and so much more. New York Times will be available on library computers, library Wi-Fi or if you are at home you can access through the library website and click on the icon located on the general library section.

The library now has Lynda.com, which is FREE online training on various computer software's and programs. The Lynda.com Online Training Library is a massive online training resource. Using their thousands of videos, members are able to learn – self-paced and on-demand – topics ranging from Google, Zoom and so much more. Members



Setting up for the Virtual Adult Paint Night!



Virtual Paint Night participant showing off her finished product!



Virtual Paint Night participant rendition of the Northern Lights!

must have a Library card in order to utilize the Lynda.com site. The link to Lynda.com may be found on our Library website at <http://isletapueblo.com/library.html>. Just click on the “Start Learning Click Here” button to start your digital continuing education.

Download the mobile app Libby to start borrowing, reading ebooks and audiobooks for FREE. Put your library in your pocket with Libby to access this app you will need your library barcode and password. Free Music! Take advantage of our Freegal Music service. Log on with your library card number and pin to start downloading and streaming music. Library patrons receive 3 free downloads each week and UNLIMITED streaming of music with NO AD interruptions. Log on to freegalmusic.com or download the Freegal Music app. If you have any questions about this service or would like to set up a password please give the library a call at 505-869-9808. For additional help and information library staff members have made YouTube videos featuring the library’s digital services and how to utilize them. Check them out by visiting the library’s YouTube page at www.youtube.com/user/poilibrary.

Upcoming

For the month of October library staff members Ashley and Diane will be hosting a Podcast Club. For this month’s selection we will be discussing Missing & Murdered: Finding Cleo podcast, which focuses on missing and murdered indigenous child Cree girl named Cleo. This will be a month

long program with weekly discussions for adults 18 and older. If you would like to sign up please call the library at 505-869-9808 and speak with Ashley or Diane you can also send an email to Ashley.Morales@isletapueblo.com or Diane.Abeita@isletapueblo.com.

>>>

PUEBLO OF ISLETA

PUBLIC LIBRARY

STUDENT HOURS!

<<<

STUDENT HOURS

8 AM - 3 PM

Lunch will NOT be provided

Students are welcome to bring their own

• 7 slots available for independent study and wi-fi usage for educational purposes only

• Open to middle school through college students

SPOTS STILL AVAILABLE FOR AFTER SCHOOL PROGRAM GRADES K-5TH

FROM 3PM-5:30PM

FOR MORE INFORMATION OR TO SIGN UP PLEASE CALL THE LIBRARY

>>>

LIBRARY APPS TO

HELP YOU STUDY

<<<

Meet Libby

Place an app on your library

Free online Ebooks and Audio books!

lynda.com

Free online learning service!

F

Free online music streaming and download!

Atrium®

Free online Library catalog!

Browse the Library's collection all online!

TO SCHEDULE YOUR VISIT AT

THE LIBRARY

Call 869-9808

Recap

The After School Program is off to a great start and it is nice to see all the students once again. For the time being we are limited to the amount of students we can allow in the program. We hope in the near future that will change and we can open the program up to more students. Students come in daily from 3:00 pm to 5:30 pm to work on homework, engage in reading and activities. Library staff members have been busy working on calendars and preparing daily for the After School Program. The month of September was full of crafts like DIY Soap and a Perler Bead activity as well as a movie day with the showing of Disney’s Mulan. The Virtual Adult Paint Night was definitely one to remember. It was great seeing everyone coming together to participate in our program. The theme for the night was “Northern Lights” that included a colorful sky, mountains and a lake. It was awesome to see everyone’s creativity and how each picture was unique and special. We hope to have more programs similar to this one in the near future so keep a look out throughout the community and on our social media accounts. We would like to thank all are participants for making our program complete. On Thursday September 17th library staff member Kyle explained how to use the library’s new printer. As mentioned in last month’s article the library got a new printer for patrons to use at their convenience. Some of the new features include wireless printing, updated scanner and USB connection port. Please remember that you must have your library card on hand to access the printer. If at any time you need help or have any questions please ask a library staff member.

PUEBLO OF ISLETA PUBLIC LIBRARY

PODCAST CLUB

OCTOBER 1ST-OCTOBER 28TH



This October we will listen to
CBC Podcasts: Missing and Murdered: Finding Cleo



DISCLAIMER
SENSITIVE
SUBJECT MATTER
WILL BE
DISCUSSED IN THIS
PODCAST

WEEKLY DISCUSSIONS WILL BE HELD
ON ZOOM EVERY WEDNESDAY
STARTING AT 5PM.

ZOOM MEETINGS WILL BE RECORDED
TO CREATE OUR OWN DISCUSSION
PODCAST



Participants will need a
device to access the
podcast on and an internet
connection. For the
meetings, participants will
also need to access zoom.

PODCASTS CAN BE
FOUND FREE ON APPLE
PODCASTS, SPOTIFY,
GOOGLE PODCASTS, OR
ONLINE

Participants must be over 18.
To sign-up please contact Ashley or Diane at the library
at (505)869-9808 or at
ashley.morales@isletapueblo.com or

PUEBLO HARVEST CHALLENGE RUN

**100, 75, 50 MILE
RUN/WALK CHALLENGE**
STARTS: SEPTEMBER 21, 2020
ENDS: OCTOBER 23, 2020



Step 1: Register by sending NAME, D.O.B. ADDRESS, GENDER, AGE & which distance you will be participating in to: George.Waquie@isletapueblo.com or contact George Waquie at the New Recreation Center at 869-9777

Step 2: Download the Nike Run App or any running app & create an account if you dont have one already. We will need a screenshot of your progress once again contact George Waquie if you are unable to access the Nike App.

Step 3: ADD "Pueblo Harvest"
Only if you log on to Nike app

Step 4: We will then send you an invite to join.

USE THE APP EVERY TIME YOU RUN/WALK TO TRACK YOUR MILES!

First place for each distance will receive the Top prize for all other PARTICIPANTS they will get a small incentive

"BUILDING A HEALTHY COMMUNITY"



Storyline Online

Free, Easy to Use, and Great
Storytelling!!!



Simply go to:
<https://www.storylineonline.net/library/>

Storyline Online is an award-winning children’s literacy site that streams videos of stories being read aloud by well-known actors. Even though there is a “Buy this Book” option, you do **NOT** have to purchase anything; the site is free.

Easy to use: click on the title you want, choose your preferred video player and start.

ISLETA POLICE DEPARTMENT NEWSLETTER



Fall officially arrived for the area on September 22, 2020 at 7:30 a.m. but the temperatures have not been truly indicative of that. Soon there will be a crispness in the air and the leaves changing colors will become more noticeable. Time to start thinking of getting the fireplaces ready, fall clothing and changing over to heaters.

The year 2020 has definitely been anything but normal but it seems everyone is adjusting to the “new norm” for now. Children’s classrooms have become the family living room, kitchen, bedroom etc. and it is a definite transition and hardship for some. Not all are naturally acclimated to the “new norm of schooling” but everyone does the best they can which is all we can do.

We know the traditional holidays are only just around the corner and it seems there will be changes there as well. For the non-traditional types such as Halloween, there are no guarantees restrictions will be lifted so please stay informed and abide by the rules set out for keeping everyone safe. We want to have fun but also want everyone to stay safe and well.



Congratulations to Virgil Lucero (Open Space) and Leon Abeita, Isleta Police Department (photo unavailable) who graduated from the Federal Law Enforcement Training Center on October 1, 2020. The two were in training for the past three months and now will be ready for the next step, Certification by Waiver in Santa Fe, New Mexico. Well done gentlemen!

CONSTRUCTION AREA

Everyone is probably aware of the road construction taking place on Highway 47 and with that we want to remind motorists to obey the signs you encounter. The speed limit has been reduced to 35 mph in the area and there are posted speed limit signs at the beginning of the north end as well as the south end of the construction area. Keep in mind (going south) once you get past the cones does not mean you can accelerate to whatever speed you believe it should be. The speed limit remains 35 mph going south until you enter Bosque Farms and going north until you get past Tribal Road 6. Until you see another posted speed limit sign that changes the speed, you must remain at the speed of the last sign you saw – 35 mph. The reduction in speed is for the safety of all: construction workers,



Congratulations to Officer Kenneth Martin and Officer Leandra Abeita who successfully completed their Certification by Waiver at the State’s Law Enforcement Police Academy. These officers worked diligently and continuously the past three weeks to complete this course of instruction to become state certified. Good job!



residents coming off of Tribal Roads onto Highway 47, as well as those of you traveling north or south on Highway 47. Traffic will be congested during peak traffic hours but please maintain the proper speed limit in the area. Maintain that cushion of safety between you and the driver in front of you and hopefully the person behind you will do the same. We have had a few traffic crashes in this area already and need all to do their part to maintain safety.

REMINDER

Curfew for the Pueblo is still in effect and signs are placed throughout the Pueblo reminding everyone of such. Please obey the curfew restriction and help us maintain a safe, secure and healthy Pueblo.



For those of you who frequent the Isleta Resort and Casino and are not aware there are only certain types of protective masks being allowed. Please be sure you have the correct mask or you will be not be able to enter the Casino. This went into effect September 21, 2020

IN AN EFFORT TO ENHANCE YOUR SAFETY

**PROPER MASKS
MUST BE WORN**

BEGINNING SEPTEMBER, 21

MASKS BELOW WILL NO LONGER PERMITTED

Any type of mask with a valve

Any type of mask with vents

Any type of bandana

Any type of goggles

ACCEPTABLE AND SAFE

Medical masks without any valves

1 ply cloth masks without any vents

N95 masks without any vents

Masks will be provided for a limited time.

Smart. Safe. Consistent.
because we care.

PARKS AND RECREATION

Can you believe it's already October 2020! The year is flying by, probably because we lost much of the year 2020 to the COVID-19 Virus. This virus has really caused a lot of chaos here in the pueblo and around the whole world, but the human race as a whole are very resilient beings and like always we are finding ways to deal with and beat this virus down every day. Like always we will survive this too!

A QUICK REMINDER TO ALL – Please continue to stay safe and follow all CDC, NMDOH, and Pueblo guidelines that are set for our safety and the safety of those around us! Please wear your masks at all times.

The Parks & Recreation Department continues to move forward every day. More and more people are starting to frequent our facilities and Parks every day, this is obviously a good sign that things are starting to trend upward in a positive direction. We are starting to offer more activities to both youth and adults every day. We have also upgraded the facilities some since many of you have last visited us. Our gymnasium floor has been re-done, it looks great and remember it's open for all tribal members to use. The countertops here at the recreation center have been replaced throughout the facility, the old countertops served their purpose. The Weight Room floor has also been replaced with a new floor that has more cushion which will be better for the user of our Weight room. We have also replaced the Spa/Jacuzzi heater, the previous heater had not been working correctly for quite some time, so this needed to be done.

We are also working on a few other projects here at the center that we are hoping to get completed before the end of the year. Those projects are replacing the fire control panel, replacing our antiquated security cameras and plastering the swimming pool in our facility. These projects have been on the docket since before the COVID Virus hit the world, but they were all halted due to the COVID Virus. Now that the world is starting to open up again these projects are starting to move forward.

PARKS MAINTENANCE – This division continues to plug away, they maintain the beautiful parks that we have all seen and used around the Pueblo. As of right now a number of parks or their amenities are still roped off and are unable to be used, we are hoping to re-open them soon. Thank you for your patience with this, I'm sure all of you know that the amenities in the parks are roped off for all of our safety. The crew continues to work hard daily no matter what, but having extra eyes out there checking on things is always helpful, so if any of you see anything that needs to be worked on in our parks please don't hesitate to bring it to our attention. Call me Arnold Sena at (505) 869-9777, if I'm not in please leave me a message.

RECREATION PROGRAM – On September 21st we started an all-day Education/Recreation Program for the 15 participants that were selected through a lottery process. Children are able to attend this program from 8am to 5:30pm daily. Recreation staff makes sure that the participants are logged in and doing their online education requirements. Once they are done with their schooling for the day,

our staff will provide recreational activities for the participants until their parents come to pick them up from the center. All participants are provided breakfast and lunch daily. We hope that this program provides some aide to parents that need to return to work and to the children with their school work. If you are interested in finding out more about this program or other programs please contact the center at (505) 869-9777.

FITNESS – The Isleta Recreation Center is extremely happy to present new flooring in the weight room. Giving a new spacious layout and welcoming feel. Our staff is looking forward to your visit and are available to assist you in your fitness needs and goals. Our hours of operation are from 6:00am to 7:00pm, Monday thru Thursday. Open 6:00am to 6:00pm on Fridays and Closed on Saturdays and Sundays.

Be on a look out for classes to resume in October.

- Aerobics will start October 6th Tuesday mornings at 9:00am to 10:00am.
- Boot Camp classes will start October 7th on Wednesday evenings from 5:45pm to 6:45pm and
- Spin Classes will start October 8th Thursday evenings from 5:45pm to 6:45pm.

Face Masks will remain required during activities as well as social distancing will remain enforced. Classes will be limited, so make sure you are ready. Please call Thomas Zuni at (505) 869-9777 about

the requirements to participate in the programs.

SPORTS – This is an update from my Sports Coordinator George Waquie who is working very hard to try and bring sports activities. This is creating a challenge once again due to the COVID Virus. We will get things back it is just going to take some time. Thank you for your patience.

I hope everyone is staying safe and healthy. We are really excited to be starting some activities here at the recreation center. We recently had the gym floor resurfaced and it looks great. We would like to welcome anyone in who wants to begin working out. We can help you get started. Our virtual Pueblo Harvest run/walk challenge has started. It will run from September 21st through October 23rd. We have 15 tribal and POI participants in the 100-mile category, 9 participants in the 75-mile category and 15 participants in the 50-mile category! Let's see who comes out on top! I miss the kids coming to the recreation center to work on their game. It is very important we keep our kids active to stay in shape and remain healthy! Hope to see them soon, be safe! Coach Waquie

AQUATICS – We were working on getting the swimming pool re-plastered prior to the shut down, but once again that project was halted. We have been given the green light to proceed with this project and we are in the process of getting bids. Once we secure those bids we can meet to select a contractor



EXERCISE WITH US!

**ISLETA RECREATION
AEROBICS**

Spaces are limited
Tuesday's at 9:00am to 10:00am
Starting October 6th, 2020

QUESTIONS PLEASE CALL
ISLETA RECREATION CENTER
505-869-9777

FACE MASK will be
REQUIRED and
SOCIAL
DISTANCING will
be ENFORCED !

to do the work. We've replaced a heater for the Spa/Jacuzzi, fixed leaks and did some upgrading in the pump room. Staff have repainted the trim in the aquatics center and will be repainting the deck as well. All these upgrades are definitely needed. When everything is completed, we will start looking to fill our positions in the Aquatics center. Hopefully some or all restrictions will be lifted soon, so the community can once again enjoy the Aquatics center here at the Recreation Center. If anyone has questions about the pool, please do not hesitate to contact me at 869-9777 and I will do my best to answer your questions.

Now a few words from my Assistant Aquatics Coordinator.

Hello my name is Constance "Connie" Olguin and I am the Assistant Aquatics Coordinator for the Pueblo of Isleta. I would like to give you a brief explanation of my aquatics background:

My swimming career started when I was 6 years old in Kindergarten. The recreation center here just opened up in 2006 and my parents knew my love for the water. Since then I have competed in City of Albuquerque Swimming and High School meets. Isleta Pueblo at one time had a swim team named "Isleta Sharks". I went on to compete twice in the NAIG (North American Indigenous Games) in Winnipeg, Canada and Denver Colorado with Team New Mexico. Along with my teammates we've earned gold, silver, and bronze medals. I've also swam with my Los Lunas High School swim team which all my training has been here at this facility.

Swimming has always been and will be a passion of mine and I hope to pass it down to my daughter. I would also love to help educate our community about water safety and teach them how to swim. With that being said, our aquatics department has not been kept up through the past 8 years. Keep in mind the pool has been opened for 20 years and had original equipment that needed to be updated. We're doing our very best to open by the New Year 2021. Please bear with us, since COVID-19 hit in March we had to push a lot back.

We are currently looking for lifeguards to hire for our future opening. If you are interested, please contact Connie for more information at New Rec (505) 869-9777.

The biggest challenge we are currently facing right now that could slow down the re-opening of our Aquatic Center is hiring certified staff (Lifeguards)!!! PLEASE PLEASE PLEASE if any of you know anyone that is interested in becoming a Lifeguard here at our Aquatics Center or if any one of you are personally interested in becoming a Lifeguard here, please contact Connie or myself at (505) 869-9777 for more information.

POISON

Help

1-800-222-1222

NEW MEXICO POISON & DRUG
INFORMATION CENTER



BOOT
CAMP

Isleta Recreation Center
Starting October 7th, 2020
Wednesday's Only
5:45pm to 6:45pm

SPACES LIMITED
QUESTIONS PLEASE CALL
869-9777

HIRING
LIFEGUARDS

-HEAD LIFEGUARD
-FULL-TIME LIFEGUARDS
-PART-TIME LIFEGUARDS

BENEFITS: HEALTH INSURANCE,
VACATION/SICK LEAVE, 401K

Isleta Recreation Center
Tribal Road 40 Bldg. 60
Isleta NM, 87022

Contact for more information:
505-869-9777

"Building a Healthy Community"





Isleta Historical Society

This continues a monthly series of articles about historic Isletans. The Isleta Historical Society is interested in your reaction to these stories, and we encourage you to contact us with ideas for future publications. Please email us at isletahistoricalsociety@gmail.com or call the Governor's office at (505) 869-3111 (mention the Isleta Historical Society) or visit us on Facebook and Instagram @isletahistoricalsociety. We will not use any information without your permission. Thank you!

Members: Randy Jiron, Kateri Jojola, Malcolm Ebright, Valentino Jaramillo, Rick Hendricks, and Ted Jojola



Diego Abeita, 1904 - 1984

Diego Abeita was a farmer and rancher and a leading advocate for pueblo water rights as a long-time chairman of the waters rights committee of the Six Middle Rio Grande Pueblos. He fought to protect Pueblo water rights, learning the intricacies of modern water law but staying grounded in spiritual importance of water to all Pueblo people. His philosophy about the crucial importance of water was summed up in a report Diego wrote for Isleta governor Seferino Lente in 1975: "We [pueblo people] have a deep feeling that our entitlement to water is a God-given heritage to enjoy all we need — from the clouds, from the snow, from the rain, from the rivers and streams, and from the ground — for all our needs — present and in the future." Regarding the land, Abeita wrote in a speech delivered by Governor Juan B. Abeita, "an Indian is an Indian because of the land, that he has land, the way he feels about the land, and the way the land holds the Indian people together."

Abeita was born Juan Diego Abeita to Louis Abeita and Maria Jiron in 1904. He would be the oldest of five children, including Nicolas Antonio, Jose Lalo, Juan Rey Patricio, and Rufina Isadora. Their father, Louis Abeita was the tribal policeman discussed in a previous article, who was tragically killed in 1921 while attempting to arrest a fugitive from Albuquerque.

Diego Abeita graduated from the Albuquerque Indian School and from Albuquerque High School, and then attended the University of New Mexico where he majored in English literature and minored in history. His training stood him in good stead when he was asked at his deposition in 1968 about pueblo ceremonies connected to water. To avoid discussing details of Pueblo ceremonialism, he cited the poem, "Dancing for Rain at Cochiti" by Witter Bynner. Diego would have graduated from UNM in 1929, but left school early to work for lawyer and judge Richard Hanna

of the firm Hanna and Wilson. Richard Hanna had served as Special Attorney for the Pueblo Indians and was one of the leading lawyers advocating for Pueblo land and water rights. The Pueblo Lands Board was then in session and Hanna hired Diego Abeita to review the amount of the awards made by the board and determine whether they were fair.

The purpose of the Pueblo Lands Board was to adjudicate encroachments on Pueblo land by non-Indians. If the non-Indians met requirements for establishing title, they would retain the land and the pueblo would be paid its market value. It was the monetary awards to the pueblo that were at issue because, not only would the pueblo lose the land, but the awards it received were usually a fraction of the appraised value, whereas the awards made to non-Indian encroachers was invariably at market value. Diego Abeita's job was to review the awards to the pueblos — not just Isleta Pueblo — and determine if they were fair and based on the appraised value. Diego testified at his deposition in 1968, "there were literally hundreds of [parcels] of land that I went over and advised Judge Hanna what I thought was a conflict and what was all right." Diego Abeita's work in reviewing these compensation awards formed the basis of Hanna's protest against the unfairness of the Pueblo Lands Board.

Richard Hanna had protested from the beginning the unfairness of the Pueblo Lands Board's proceedings, especially the rule that did not allow attorneys for the pueblos (like himself) to appear before the board. Upon the completion of the board's proceedings, Hanna led the movement to review the board's findings and provide for increased awards. As a result, Congress held hearings in Albuquerque and other cities, which led to a congressional bill to be submitted to Congress to increase the compensation levels for the pueblo. Hanna testified at the hearings, and his testimony was based in part on Diego Abeita's work. As Abeita testified in his deposition, "I reviewed what the appraisal actually was and, in some instances there was some conflict between what the award was and what the appraisal was. The idea was to come up with a solution that would correct these inequities to the Indian Tribes."

As a result of Hanna's advocacy and Diego Abeita's groundwork — Pablo Abeita testified forcefully as well — the Senate hearings led to a compensation bill that approximately doubled the initial awards to the pueblos. In addition, Hanna convinced the Congressional committee that the lands board's compensation to Isleta for loss of then Peralta tract that was once part of the Lo de Padilla grant was too low; accordingly, Congress appropriated \$47,751 as additional compensation to Isleta Pueblo.

Working with Richard Hanna was the

perfect preparation for a young man who would spend a lifetime advocating for Native land and water rights. As chairman of the Irrigation Committee of the Six Middle Rio Grande Pueblos, Diego learned about large-scale, upriver irrigation projects that impacted downstream pueblo communities. In 1951 Diego led a successful protest against a diversion from a tributary of the Jemez River that would have carried water destined for Zia and Jemez Pueblo farmers into the Rio Puerco watershed and away from the pueblos. Abeita drafted a resolution that outlined its objections to the project, which convinced federal officials to scrap it.



Rio Grande River

Two years later in 1953, Diego was more positive about the benefits of water storage in El Vado Dam built by the Middle Rio Grande Conservancy District (MRGCD). The MRGCD was established in 1925 by progressive businessmen and lawyers from Albuquerque to protect property from periodic flooding and to improve agriculture by draining swampland and by building new dams, dikes, canals, and drains. Diego recommended, on behalf of the Irrigation Committee, that the conservancy district, of which he was also a member, store water in El Vado Reservoir to help offset the water shortage at Isleta and other pueblos due to several years of drought.



El Vado Dam

Besides his honorary positions, Diego Abeita worked a variety of jobs to make a living. Besides farming and raising cattle, he made sets for the motion picture industry, was a mercantile proprietor, and when he was age thirty-five, worked for Tewa Weavers. Founded in 1938 and first located in Isleta, Tewa Weavers specialized in hand-dyed wool products, including blankets, dolls, and beaded moccasins. When they moved to downtown Albuquerque they attracted a wide clientele, including, they say, Levi Strauss of Levi's fame.



Agnes Louise Abeita

Diego was married to Lottie Gunn from Laguna, and they had two children, Richard, and Agnes Louise. Richard became an airline pilot working for Northwest Airlines. Louise became a poet and accomplished writer. Many of her poems

were anthologized, and her children’s book *I am a Pueblo Indian Girl*, written under her Indian name, E-Yeh-Shure’ (Blue Corn) sold between 45,000 to 50,000 copies. Louise was also a long-time beloved teacher, so well liked that she was universally known as “teacher Louise.” His grandchildren are Linda Jiron and Suzanne “Beetle” Chiwiwi and Jessica and Becky Abeita.



Illustration from *I am a Pueblo Indian Girl*

Diego Abeita lived in two worlds. As lawyer Thomas Garrity noted at Diego’s deposition, Abeita “had an unusual opportunity to see both cultures and know and actually learn

both cultures.” Many remember Diego Abeita as so proficient that he could write on the blackboard behind his back as he was giving a lecture. Diego was a hero who helped improve conditions at the pueblo, just as Miguel Trujillo was a hero who was instrumental in obtaining the right to vote for the pueblos. We discussed Miguel Trujillo in an earlier edition, and it would be well to remember both men, Miguel as well as Diego, as we approach the important November 3 election. Just as Diego Abeita brought about change by his advocacy, so too can we by exercising our right to vote — a right that Miguel Trujillo fought so hard for.

Thanks to Richard (Dikki) Garcia for his help with the genealogy of Diego Abeita.

Again, this month we are requesting information about silversmithing and jewelry making at Isleta. Many of the old photos in our archives depict women wearing intricate, stunningly beautiful necklaces. We would like to know more about how they were crafted. We would also like to know how families exchange jewelry with one another when their children marry. Is anyone still working with silver? Do you have examples of silver or other jewelry that was handed down in your family? Any information is greatly appreciated. Thank you!



Pueblo of Isleta veterans Association

As of this date we have not had a membership meeting due to the pandemic. Only the association officers have met to conduct business.

Our grant has been approved by the Farm Agency (USDA) to improve the four acres of our farm land to include a new irrigation system. We will be required to pay a certain percentage of the project cost. We are also working toward acquiring a tractor along with implements and a storage building with funds from the NM state legislature.

We continue to acquire higher education applications from high school students who plan to go to college. Our veteran’s association scholarship is \$1,000 which will be submitted to the institution of higher learning for tuition cost. For more information, you may contact Frances Mershon, Pueblo of Isleta, Department of Education, Vocational Coordinator at (505) 869-9790 or Ulysses Abeita at (505) 264-4110.

The fifth photo panel has been completed. We are pursuing to get a binder of all five photo panels soon we hope. Also, the photos that were provided by the family members are available by calling Fred Lujan at (505) 573-3733.



JOM

October Family Activity

JOM ELIBIBLE STUDENTS

DRIVE-UP PICK-UP

OCTOBER 19-OCTOBER 23

PLEASE CALL TO RESERVE YOUR STUDENTS SUPPLIES NO LATER THAN FRIDAY OCTOBER 16TH

Ceramic Art Goodies Safe family fun

950 Moonlight Drive
Albuquerque NM 87105
505-869-9810

Made with PosterMyWall.com

Hello JOM families!

I hope everyone is getting used to the new learning experience. Thank you to all the families that were patient with us during school supply distribution. Remaining supplies will be available by appointment only. All documents (contact sheet, assessment, and one release per child) need to be emailed prior to isletapueblojom@gmail.com

Tutoring

JOM will be offering tutoring via Zoom, please call the office @ 505-869-9810 to request a referral form. The schedule will be as follows:
Mon & Wed- 2pm – 3pm- 6th- 12th grade (Subject to be determined by need)
Tues & Thurs- 2pm -3pm- Kindergarten- 5th grade (Subject to be determined by need)

Los Lunas Public schools are also offering tutoring sessions for Century and Los Lunas High schools. Below is the information for those sessions. They are still finalizing the schedule for Los Lunas and Valencia Middle School, and Valencia High school. Information will be sent out through your student’s robocall/email from the different schools.

Century High School

Math Tutoring Tuesdays from 3-5 pm. Here is the link to the zoom:

Topic: Mr. Ohle's After School Tutoring Zoom Meeting

Time: Tuesdays from 3-5 pm

Join Zoom Meeting

<https://lsschools-net.zoom.us/j/93708015532?pwd=c2NyMElQUzBVMkZMSEdZVEVGWEhTUT09>

Meeting ID: 937 0801 5532
Passcode: chsrocks

Los Lunas High School

Tutoring for Algebra 1 and Algebra 2 students on Tuesdays and Thursdays from 4pm-6pm.

Topic: Mr. McKenney's Algebra 2

Time: This is a recurring meeting Meet anytime
Join Zoom Meeting

<https://lsschools-net.zoom.us/j/98021786756?pwd=RitWZFY5SDcvYnV3Sn0ybWZqZnMxdz09>

Meeting ID: 980 2178 6756
Passcode: 011051

White Eagle Electrical Services LLC

(505)917-6933

(505)259-4178

Jpirowees@gmail.com

100% NATIVE OWNED

Licensed and Bonded Electrical Contractor EE: 985 License #307348

Licensed and qualified local electricians

New Commercial, Retail, and Office estimates

Property Management maintenance agreements

Trouble-shooting

Sign repair including neon

Code upgrades

Office and exterior lighting including parking lot lighting

Energy saving

Solar energy

Hookups for appliances and air conditioner units

Ceiling fan and lighting repair

24-hour service

Happy Halloween

<https://whiteeagleelectricalservices.com/>

Sp Adobe Spark

Isleta Health Center Website Announcement

Isleta Health Center is happy to announce our new website focused on the Community and the latest updates on COVID-19.

Visit us at www.islclinic.com

- COVID-19 Information
- Public Health Notices
- Letters from the Governor
- POI Testing Overview
- POI Testing by Community
- Upcoming Events
- About Us

ISLETA HEALTH CENTER
A Message from Dr. Nelson

Influenza (Flu) season is around the corner, and this season it will be especially important for everyone in the Isleta community to get a flu shot. The Centers for Disease Control (CDC) is recommending all people age 6 months and older receive the flu vaccine before October 31st. If most people can get their flu shot before the end of October, the Isleta community will be better protected from an influenza outbreak. In addition, if most influenza vaccine is provided early in the season, the Isleta Health Center (IHC) will be better able to address the ongoing COVID-19 pandemic and prepare for the possibility of a COVID-19 vaccine later in the season. Please note that IHC has changed its flu shot clinic this year in an effort to increase access to the vaccine and increase patient and staff safety—please see the Flu Shot Drive Thru announcement in this newsletter for more information. The science is clear: The flu shot can prevent the flu. The flu shot cannot and does not cause the flu. Please get your flu shot soon!

As we proceed into the winter months, IHC will continue to review and revise protocols and processes to ensure the health and safety of our patients and staff. For example, it is likely that the IHC lobby will soon return to limited use for some patients with appointments and patients who do not have infectious/respiratory symptoms. Going forward, it will be very important for all of us to ensure we continue to wear a mask at all times while in public, maintain at least 6 feet of physical distance from others, avoid large groups, avoid unnecessary travel, and keep our hands and frequently touched surfaces clean. If we all continue to follow these guidelines, we can reduce the burden and prevent the spread of both influenza and COVID-19 this season.

Riley Nelson M.D.
Isleta Health Center Medical Director

Health Beat
Telemedicine
Now Available at the
Isleta Health Center

Health Educator: Stephanie Barela,
BS CHES CSST

Due to the COVID-19 Pandemic the Isleta Health Center is working hard at keeping the Isleta community healthy and safe by offering Telemedicine. Telemedicine is a pre-scheduled appointment that allows patients and healthcare providers to communicate via phone call. These appointments will allow you to speak with your provider and ask basic medical questions. Based on your medical needs your provider may schedule an in office appointment. Patients are still being required to schedule an in office visit for Well Child Visits and Sports Physicals. The Diabetes program will continue to offer Patients A1C screens by drive-thru testing. The provider will follow up by a Telemedicine appointment to discuss your condition.

With this new technology and in the interest of keeping our patients safe the Isleta Health Center is working towards offering video visits that will allow Providers to see the patient over a cell phone, tablet or computer.

Please contact the Isleta Health Center at
(505) 869-3200 to find out more.

Isleta Community Health Needs Assessment
VEHICLE INJURY PREVENTION

Seat Belts and Child Safety Seats
www.cdc.gov www.safekids.org
Stephanie Barela, BS CHES CSST, 869-4479

In 2019, the Isleta Health Center conducted a Community Health Needs Assessment Survey to provide information on our community’s health. Based on the survey results 93% of respondents stated they always wear their seat belt when driving or riding in a car. Great job with vehicle injury prevention Isleta Community! CDC states that 86% of front seat passengers and drivers in the U.S. wear a seat belt. In New Mexico 91% wear seat belts. Motor vehicle crashes are a leading cause of death for those under the age of 54 in the U.S. and most crash-related deaths occur to drivers and passengers, (CDC.gov). It is important to always wear your seat belt while driving and ensure all younger children are in the appropriate child safety or booster seat. The Isleta Community Health Needs Assessment results state that 75 % always check to see if a child is properly buckled in the appropriate child safety seat. Isleta is doing an “ok” job of this, but we could be doing much better. Let us all do our part in preventing injuries, by ALWAYS buckling up and ALWAYS assuring children are properly buckled in the appropriate child safety seat.

The Isleta Health Education and CHR programs normally offer a Child Safety Seat Program for the Isleta Community twice a year to educate on the installation and proper child safety seat to use. With social distancing in place for COVID-19 the Child Safety Seat Clinics have been canceled until further notice. The Isleta Health Educator is available for over the phone or virtual child safety seat checks, to assist with proper installation of your child safety seat.

Please call, 869-4479, to schedule your Virtual/Telephone Child Safety Seat Check. Also, see the CAR SEAT CHECK UP-Top 5 Things to do at Home to learn tips to keep your child safe.



Car Seat Checkup

Top 5 Things to Do at Home

- ☐ **Right Seat.** This is an easy one. Check the label on your car seat to make sure it’s appropriate for your child’s age, weight and height. Like milk, your car seat has an expiration date. Just double check the label on your car seat to make sure it is still safe.
- ☐ **Right Place.** Kids are VIPs, just ask them. We know all VIPs ride in a back seat, so keep all children in a back seat until they are 13.
- ☐ **Right Direction.** Keep your child in a rear-facing car seat for as long as possible, until they reach the highest weight or height allowed by your car seat manufacturer. Many kids will be 2 years or more when they outgrow their rear-facing car seat. Move your child to a forward-facing car seat when they are too tall or heavy for a rear-facing convertible seat. Make sure to adjust the harness straps and attach the top tether after you tighten and lock the seat belt or lower attachments (LATCH) after making the change.
- ☐ **Inch Test.** Once your car seat is installed, give it a good shake at the base. Can you move it more than an inch side-to-side or front-to-back? A properly installed seat will not move more than an inch.
- ☐ **Pinch Test.** Make sure the harness is tightly buckled and coming from the correct slots (check car seat manual). Now, with the chest clip placed at armpit level, pinch the strap at your child’s shoulder. If you are unable to pinch any excess webbing, you’re good to go.

Please read the vehicle and car seat instruction manuals to help you with this checklist. If you are having even the slightest trouble, questions or concerns, don’t worry. Certified child passenger safety technicians are waiting to help or even double check your work.

Visit safekids.org to find a car seat inspection event in your community.

Reviewed 2019

Best Ways to Clean Masks



BOILING:

- Boil in water for **five minutes-10 minutes**.
- Depending on the cloth of your mask, a few rounds of boiling could damage it or affect breathability. To ensure your mask remains functional after boiling, you'll need to inspect it closely.

WASHING MACHINE:

- Wash in hot water laundry cycle, along with your clothes.
- Pay attention to the temperature, 140 degrees Fahrenheit can destroy most viruses. It is recommended to use this temperature for treating contaminated clothes and fabrics. No matter what your machine is capable of, you should still continue to wash your masks. Make sure you load your machine with appropriate amount of soap and complement it with any laundry booster (Chlorine, color-safe bleach, or OxiClean).

HOT WATER AND BLEACH SOLUTION:

- Soak your face mask for five minutes in a solution of **one teaspoon of bleach for every quart of hot water**. Temperature doesn't matter, since the bleach killing the virus.
- To make sure you get rid of any leftover bleach, take the mask out of the solution and rinse it under a tap for 10 to 15 seconds - any temperature. After that, **soak it in clean water for another five minutes**. You can hang your mask to dry or put them in the dryer at high temperature. You'll want to make sure your mask is clear of bleach when you put it on. Inhaling any residual fumes from it could damage your airways or worsen any respiratory condition.

STORAGE IS EVERYTHING:

- Sanitizing your mask won't change a thing if you don't store it properly.
- Once you have a clean mask, put it in a closed plastic container or a new zip-close bag by itself. If you want to go the extra mile, write on the bag or stick a note to the container with details about when you last sanitized the mask and the method you used. This will prevent cross-contamination and you'll be able to tell for sure if the mask is safe to use or not.

WASH YOUR HANDS!

- Remember that social (or physical) distancing, washing your hands, and staying home are the best ways to help slow the **spread of coronavirus**.
- Wearing and using homemade cloth face masks is another way you can help support our health and the health of the community. Let's work together as a community and help prevent the spread of COVID-19.

Isleta Health Center

Happy Medical Assistant Week October 19–23, 2020

Medical Assistants are at the heart of health care! Every year Medical Assistants Recognition Week is celebrated the third full week of October. Medical Assistants Recognition Week 2020 is October 19–23rd and Medical Assistants Recognition Day is October 21, 2020.



National Pharmacy Week October 18-24, 2020

We would like to give a special thanks to the Isleta Health Center Pharmacy staff. During COVID-19, they have continued patient services by creating a drive-up drop off and pick-up area. They have continued to ensure the safety and wellbeing of our patients through this tough time.

The IHC Pharmacy staff fill and dispense medications and related supplies, according to physicians' prescriptions. The pharmacists are responsible for verifying all prescriptions for accuracy and drug interactions. They also counsel patients regarding appropriate use of medication(s). Pharmacists often collaborate with other healthcare professionals to make therapy changes, monitor, review, and evaluate patient effectiveness of medications. Pharmacy Technicians help greatly by answering phones, entering prescriptions, filling medication as well as keeping medications stocked and ordered, so that services can continue with no issues.



October 2020 is Dental Hygiene month

Smile everybody! October is Dental Hygiene month. We would like to recognize Christine, Merel and Erica our dedicated Hygienists here at the Isleta Dental Clinic, and extend our gratitude for everything they do to keep our teeth happy and healthy. During October, let's also remember the importance of a healthy oral hygiene routine. We can make sure we have the right tools, such as a soft toothbrush and floss. Also, if it's been more than 6 months since your last dental cleaning, now is a great time to give the Dental Clinic a call and schedule a visit with your hygienist. We are always happy to see you!
-The POI Health Center Dental Team



Smile everybody!

Celebrate Physical Therapy Month October 2020

Let's all take a minute to recognize how Physical Therapists and Physical Therapist Assistants can help transform society by restoring and improving motion in people's lives.



During the Pandemic, we should be cleaning and disinfecting more often. It is important that you do not inject or ingest these chemicals into your body. Please remember to keep ALL chemicals out of children's reach. If any cleaning or disinfectant solution is swallowed or injected, please contact the NM Poison Control immediately.

NM Poison Control
1-800-222-1222



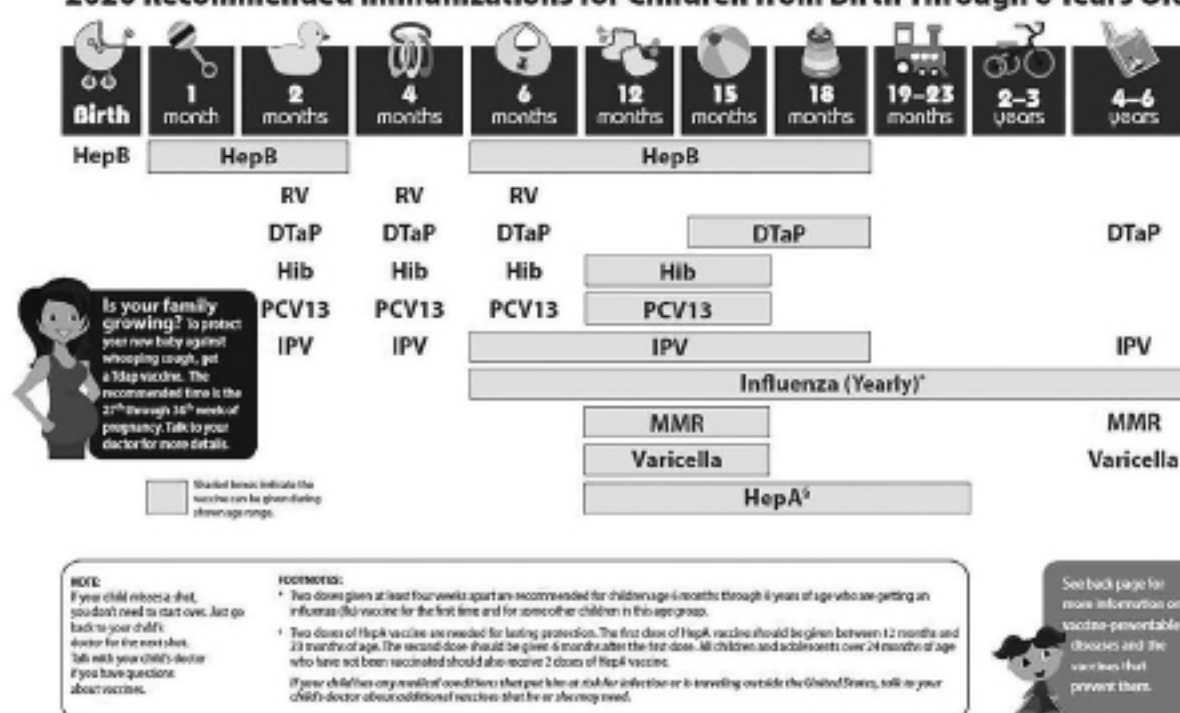
Vaccination protects against these 14 diseases

In recent months, families have been doing their part by staying at home as much as possible to help stop the spread of COVID-19. As communities open up, it's important your child goes in for their well-child visit. **These well-child visits are essential for many reasons.**

Did you know that there were several outbreaks of measles and whooping cough in recent years? These diseases are extremely contagious and can be very serious, especially for babies and young children. As schools and daycares also begin to reopen, protecting children against these and other diseases makes these vaccinations particularly important.

Not sure what vaccines are needed when? Check out this [easy to read schedule](#) on [cdc.gov](#). Call your doctor's office to see what special measures they might have in place. Many offices and clinics are taking extra steps to see children safely during this time. Vaccination protects against these 14 diseases, which used to be prevalent in the United States.

2020 Recommended Immunizations for Children from Birth Through 6 Years Old



For more information, call toll-free
1-800-CDC-INFO (1-800-232-6243)
or visit
www.cdc.gov/vaccines/imzparents/



U.S. Department of
Health and Human Services
Centers for Disease
Control and Prevention



American Academy
of Pediatrics

Vaccine-Preventable Diseases and the Vaccines that Prevent Them

Disease	Vaccine	Disease spread by	Disease symptoms	Disease complications
Chickenpox	Varicella vaccine protects against chickenpox.	Air, direct contact	Rash, tiredness, headache, fever	Infected blisters, bleeding disorders, encephalitis (brain swelling), pneumonia (infection in the lungs)
Diphtheria	DTaP* vaccine protects against diphtheria.	Air, direct contact	Sore throat, mild fever, weakness, swollen glands in neck	Swelling of the heart muscle, heart failure, coma, paralysis, death
Hib	Hib vaccine protects against <i>Haemophilus influenzae</i> type b.	Air, direct contact	May be no symptoms unless bacteria enter the blood	Meningitis (infection of the covering around the brain and spinal cord), intellectual disability, epiglottitis (life-threatening infection that can block the windpipe and lead to serious breathing problems), pneumonia (infection in the lungs), death
Hepatitis A	HepA vaccine protects against hepatitis A.	Direct contact, contaminated food or water	May be no symptoms, fever, stomach pain, loss of appetite, fatigue, vomiting, jaundice (yellowing of skin and eyes), dark urine	Liver failure, arthralgia (joint pain), kidney, pancreatic and blood disorders
Hepatitis B	HepB vaccine protects against hepatitis B.	Contact with blood or body fluids	May be no symptoms, fever, headache, weakness, vomiting, jaundice (yellowing of skin and eyes), joint pain	Chronic liver infection, liver failure, liver cancer
Influenza (Flu)	Flu vaccine protects against influenza.	Air, direct contact	Fever, muscle pain, sore throat, cough, extreme fatigue	Pneumonia (infection in the lungs)
Measles	MMR** vaccine protects against measles.	Air, direct contact	Rash, fever, cough, runny nose, pink eye	Encephalitis (brain swelling), pneumonia (infection in the lungs), death
Mumps	MMR** vaccine protects against mumps.	Air, direct contact	Swollen salivary glands (under the jaw), fever, headache, tiredness, muscle pain	Meningitis (infection of the covering around the brain and spinal cord), encephalitis (brain swelling), inflammation of testicles or ovaries, deafness
Pertussis	DTaP* vaccine protects against pertussis (whooping cough).	Air, direct contact	Severe cough, runny nose, apnea (a pause in breathing in infants)	Pneumonia (infection in the lungs), death
Polio	IPV vaccine protects against polio.	Air, direct contact, through the mouth	May be no symptoms, sore throat, fever, nausea, headache	Paralysis, death
Pneumococcal	PCV13 vaccine protects against pneumococcus.	Air, direct contact	May be no symptoms, pneumonia (infection in the lungs)	Bacteremia (blood infection), meningitis (infection of the covering around the brain and spinal cord), death
Rotavirus	RV vaccine protects against rotavirus.	Through the mouth	Diarrhea, fever, vomiting	Severe diarrhea, dehydration
Rubella	MMR** vaccine protects against rubella.	Air, direct contact	Sometimes rash, fever, swollen lymph nodes	Very serious in pregnant women—can lead to miscarriage, stillbirth, premature delivery, birth defects
Tetanus	DTaP* vaccine protects against tetanus.	Exposure through cuts in skin	Stiffness in neck and abdominal muscles, difficulty swallowing, muscle spasms, fever	Broken bones, breathing difficulty, death

*DTaP combines protection against diphtheria, tetanus, and pertussis.

** MMR combines protection against measles, mumps, and rubella.

Last updated January 2020 - CS14238.6



KEEP ISLETA HEALTHY



PREVENT COVID

- STAY HOME AND ONLY GO OUT IF YOU HAVE TO.
- WEAR A FACE MASK WHEN YOU ARE OUTSIDE OF YOUR HOME.
- WASH YOUR HANDS OFTEN WITH SOAP & WATER FOR 20 SECONDS
- USE HAND SANITIZER IF YOU DON'T HAVE SOAP & WATER.
- DISTANCE YOURSELF AT LEAST 6 FEET FROM OTHERS.
- DON'T TOUCH YOUR EYES, NOSE, OR MOUTH.

-Isleta Health Center

Isleta Health Center Program Cancellations
Health Educator: Stephanie Barela, BS CHES CSST, 869-4479

The Isleta Health Center (IHC) is doing our part to encourage social distancing, by continuing to cancel all of our programs until further notice:

The IHC Programs below are canceled:

- All IBHC Prevention activities
- ICAP Sewing Class on Thursday evenings
- ICAP Moccasin Making Class on Tuesday evenings
- Isleta Diabetes Prevention Exercise Classes (Eagle HIIT) held Mondays and Wednesdays
- Isleta Diabetes Weight Training held Tuesdays and Thursdays
- Isleta Health Support Group, 2nd Tuesday of the month, 10/13/20 CANCELED

Isleta Health Center
Friendly Reminders

- ✓ Flu Shots are in, call to make an appointment to get yours.
- ✓ Face Masks are required at all times when on IHC campus, this includes while you are in your vehicle being assisted by staff and visiting Pharmacy.
- ✓ While in the building a mask must be worn at all times, if a person removes their mask while waiting for their provider their appointment may be canceled.
- ✓ Please provide your cell phone number when you are checking in at the front for temperature check and wristband.
- ✓ For questions pertaining to COVID-19, please call the Coronavirus Hotline or the Isleta Health Center COVID Line @869-9720.

24 Hour Coronavirus Hotline
1-855-600-3453
www.nmhealth.org

PLEASE GET A FLU SHOT THIS YEAR!!
Isleta Health Center
Stephanie Barela 869-4479
<https://www.cdc.gov/flu/prevent/keyfacts.htm>

Why should people get vaccinated against the flu?

The flu is an illness, also called influenza, which many people get during November to April. It can cause fever, chills, body aches, and a cough. The flu affects people differently, with some people affected for 2-3 weeks, while according to the CDC;

“Millions of people get the flu every year, hundreds of thousands of people are hospitalized and thousands to tens of thousands of people die from flu-related causes every year. An annual seasonal flu vaccine is the BEST WAY to help protect against the flu.”

Those having to be hospitalized can overwhelm our Health Care System, especially now, with having to also deal with COVID-19. This is one reason why getting your flu vaccination this year is so important. It has been shown to have many benefits, which include reducing the risk of flu illnesses, hospitalizations and even the risk of flu-related death. The people at high risk for complications from the flu are:

- Babies and kids under 5
- People older than 65
- Adults and kids who have health problems, such as diabetes or asthma

These individuals definitely need a flu shot, but it is also important for **everyone** to get a flu shot so they are less likely to get the flu and less likely to transfer it to someone who is more at risk.

How do flu vaccines work?

Flu vaccines cause antibodies to develop in the body about two weeks after vaccination. These antibodies provide protection against infection with the viruses that are used to make the vaccine. The seasonal flu vaccine protects against the influenza viruses that research indicates will be most common during the upcoming season.

DO I NEED A FLU SHOT EVERY YEAR?

Yes, even if you got a flu shot last flu season, you will need to get a new shot this season because every year the flu virus changes and a new vaccine will be helpful in fighting the new strain.

WHAT IF I GET THE FLU?

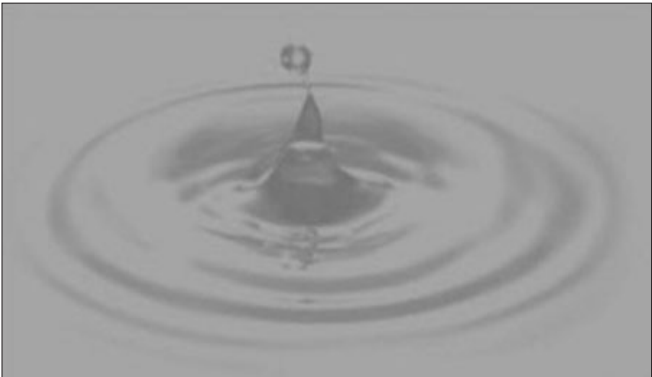
If you start to feel the symptoms of the flu (fever, chills, body aches, cough), and are in a high-risk category, then you should contact your Medical Provider for advice. You can also start taking these steps to feel better:

- Get a lot of rest
- Drink lots of liquids (water, chicken broth, and other clear fluids)
- Take medicine your doctor may have prescribed you, or just take certain over the counter drugs to help ease your fever, aches, and pains
- You may need to see a doctor if you have trouble breathing, your muscles hurt, or you feel confused

The Ripple Effect IOP

(Intensive Outpatient Program)
Isleta Health Center Behavioral Health Clinic
505-869-9026

“Just as ripples spread out when a single pebble is dropped into water, the actions of individuals can have far-reaching effects.” Dalai Lama



The Ripple Effect Intensive Outpatient Program (IOP) program is 90 days in length and is a viable treatment alternative to a residential treatment center for community members with chemical dependency issues. An individual spends a minimum of 12 hours per week engaged in education, individual therapy sessions, and group counseling and participates in a Recovery Peer Support group. Medication Assisted Therapy (MAT) is a tool available to our patients with alcohol or opioid dependencies. Patients complete an in-depth substance use assessment and treatment plan to address specific needs.

The Ripple Effect IOP gives patients the opportunity to live at home while they engage in treatment activities at the Behavioral Health Clinic. Individuals with a long history of addiction, who fight a constant urge to use, and have difficulty with sustained abstinence benefit from this structured program.

The Ripple Effect IOP meets on Mondays, Tuesdays, and Wednesdays from 9 a.m. to noon with individual counseling sessions scheduled as needed.

Intensive Outpatient Program (IOP)

Pros:

- Patients live at home and continue with daily activities such as work, childcare, social activities.
- Schedules are more flexible for counseling sessions.
- Patients practice coping skills and make positive changes while still in treatment.

Cons:

- Patients face the same influences, risks and triggers to use drugs and/or alcohol.
- Drugs/alcohol are readily available.
- Daily life distractions compete with focus on recovery.

If you or someone you know has a problem with alcohol or drugs...there is help...space is limited in the Ripple Effect IOP and it is full right now - call and schedule an appointment for an assessment to get on the waiting list for the next cycle. Covid safety protocols followed.

505-869-5475

Isleta Pueblo News



Editor:
Nathaniel Lujan
Asst. Editor:
Diane Abeita
Published By:
Valencia Express

Well Child Visits

A Key to Healthy Kids

Naturally, we bring our kids to the clinic when they're sick. Did you know it's important to bring them in when they are well, too?

Well child visits help:

PREVENT PROBLEMS

The clinic team will:

- ❖ Find health problems early
- ❖ Make sure shots are current
- ❖ Review healthy eating
- ❖ Check on the child's safety

TRACK GROWTH AND DEVELOPMENT

The doctor will measure:

- ❖ Height and weight
- ❖ How your child learns and grows
- ❖ Milestones
- ❖ Mental and social health

BRING UP CONCERNS

You can talk to your doctor about your child's:

- ❖ Behavior
- ❖ Sleep
- ❖ Eating
- ❖ Growth
- ❖ Ability to get along with others
- ❖ Learning, thinking and problem solving
- ❖ Physical activity

CREATE A TEAM APPROACH

You and the clinic team can:

- ❖ Build trust in each other
- ❖ Help when well and help when sick
- ❖ Work together for your child and family needs
- ❖ Find other resources to help your child

Source: www.healthychildren.org

“Well child visits help give your child the best chance to grow into a healthy adult.”



Now, more than ever, it's important to keep up with your children's vaccinations!

WHEN SHOULD I BRING MY CHILD FOR A WELL VISIT?

BIRTH TO 15 MONTHS OLD				
2—5 DAYS OLD	1 mo.	2 mo.	4 mo.	
	6 mo.	9 mo.	12 mo.	15mo.
18 MONTHS TO 3 YEARS OLD				
3 to 6 YEARS OLD				
3 yr.	4 yr.	5 yr.	6 yr.	8 yr.
PRETEEN AND TEEN				
9—12 yr.	13—16 yr.	17—20 yr.		

CONTINUE YEARLY WELL VISITS INTO ADULTHOOD



We are Here to Serve
Isleta Health Center Team
(505) 869-3200

WIC NEWS

October 2020

Pueblo of Isleta WIC Program
505.869.2662

WIC Benefits

The POI WIC Program has been ensuring our clients continue to receive benefits and services while working hard to keep clients and staff as safe as possible. We are always taking new clients and serve all eligible New Mexico residents. Spread the word to your friends and family and let them know about our services for:

- pregnant, breastfeeding and post partum women
 - infants up to 1 year old
 - children from ages 1 to 5 years old
- People receiving the following may already qualify:
- Medicaid
 - SNAP
 - TANF

WIC offers food packages with a variety of nutrient dense foods, infant formula, nutrition education and breastfeeding education and support.



WIC Shopping Tips

Follow these steps to make your WIC shopping experience easier:

Before you go to the store:

1. Know your balance (if you do not have a receipt you can get one at the store customer service counter)
2. Make sure you have your WIC card and know your PIN #
3. Take your WIC food brochures with you for guidance

At the store:

1. Calculate prices and ounces with a calculator while shopping
2. If items are unavailable on the shelf ask store staff to check the inventory (not all items may be moved from inventory to shelves yet)
3. Separate WIC foods and non WIC foods at the register
4. Keep your most current receipt with your WIC card so you always have an updated balance
5. Report any issues in obtaining your WIC foods to WIC staff so we can help identify and solve the problem

Happy Shopping!

Mable Calra (Roque) Jojola



Mable Calra (Roque) Jojola

Our mother Mable Clara (Roque) Jojola was born in Natchitoches, Louisiana, on September 3, 1926. Her family moved to New Mexico when she was a teenager. In August 1947 she met our father at the Belen Fiesta. On April 23, 1948 they were married, and she started her new life on the Isleta Pueblo. For the past 72 years she has called Isleta her home, and the residents of Isleta her family. She was Mom, Grandma (Chee-ee), Auntie, Friend to everyone. Her door was always open to anyone and everyone. There was always room in her home for one more. It touched our hearts to see so many people run up to her with open arms to hug her and acknowledge her with so much respect.

In her younger years she was very active in the Church, Community Events, Schools, and family events. But, with age and time, she got tired, weak and dementia set in. In 2016 she was admitted to Assisted Living, where on August 21, 2020, she closed her eyes for the last time.

On behalf of the entire Jojola Family, we would like to say thank you to the residents of Isleta Pueblo for allowing our Mother to remain a part of the community for 72 years. Thank you to Natalie Abeita and staff for your love and support. She will be missed, but she is at peace. She loved each and every one of you. Joseph V., Elaine, Charles, Michael, Billy, Ronald, Richard, Patrick (deceased), Denise, and Andrew. May she rest in Peace.



Thinking About Quitting

Cooped up at home? Maybe this is the right time to Quit Smoking.

Take this 1 time, 1 on 1, 90 minute session over the phone, to increase your motivation to quit and give you some Tips and Tricks to help you do this!

Call Stephanie, Health Educator
@ 869-4479 learn more

Isleta Health Center

ISLETA SOCIAL SERVICES

Greetings Everyone! We hope everyone is doing well. During this time of uncertainty and possible financial hardships, Isleta Social Services is happy to announce that we are assisting those families in need with a few items. If you or someone you know is in need of the following items, please contact our department. We have a limited amount of items on hand and will be distributed on a first come, first serve basis.

- Pampers (range in sizes: Preemie, 1, 2,3, and 4)
- Baby wipes
- Adjustable disposable adult briefs (sizes: small/medium and XL)
- Infant snacks
- Nestle NAN baby formula
- Enfamil baby formula
- Similac baby formula
- Good Start baby formula
- Small jars of baby food
- Gerber puffs snacks
- Gerber Organic rice cereal
- Gerber Lil crunchie mild cheddar snacks
- Travel bassinet
- Nature Valley granola bars
- Clorox
- Bottled water

Please call the office at 505-869-2772 to arrange pick up. **Reminder: A face mask or covering is required when you get off your vehicle to retrieve your items.**

ISLETA HEALTH CENTER UPDATES

Thank you for Helping to Keep Our Community Safe

Hours of Service:

Monday, Tuesday, Wednesday, and Friday (8:00am to 4:30pm)
Thursday (10:00am to 4:30pm)
Main Phone Line: 505-869-3200

Due to the COVID-19 pandemic, please call ahead for any changes or instructions on how to access care. For medical emergencies or after hours, call 911. ****Reminder: You must have your face mask on**

What is new at the Isleta Health Center?

- ▶ Please provide your cell phone number when you are checking in at the front for temperature check and wristband.
- ▶ Isleta Health Center has purchased two exterior buildings one is for the Pharmacy Drive Thru, and the other for front reception.
- ▶ The Isleta Health center now has an entrance and exit only, to enter the parking lot please use the north east entrance and to exit please use the southeast.
- ▶ Please let your provider know if you are having the following symptoms: **Fever, Cough, Shortness of breath, Sore throat, Headache, Muscle pain, Chills, Repeated shaking with chills, Nausea, Vomiting, Diarrhea, Congestion and Loss of taste or smell.**
- ▶ Let your provider know if you have traveled out of state or traveled to a “Hot Spot”. **What is a hot spot?** A hot spot is not a public health term, but has been used to describe areas with a particularly large cluster of COVID-19 cases.
- ▶ **Please remember** face masks are required at all times when on the IHC campus, this includes while you are in your vehicle being assisted by staff and visiting Pharmacy. While in the building a mask must be worn at all times, if a person removes their mask while waiting for their provider their appointment may be cancelled.

Other Services

- Dental: Please call (505) 869-4499 to schedule.
- Optometry: Please call (505) 869-4080 to schedule an appointment to pick-up/and or look at eyeglasses.
- Pharmacy Drive-thru services are still in effect: Please call refill line @869-4590 for all medications at one time. Allow 48hr turnaround time for your prescriptions.
- Behavioral Health: Please call 505-869-5475 or 505-869-5477, if you need information on services, or if you need someone to talk to.
- ALL other Services: Call 505-869-3200

COVID-19 is a rapidly evolving situation. The Isleta Health Center (IHC) will provide updated information and guidance as it becomes available. The IHC is taking all precautions and following New Mexico Department of Health and CDC guidelines.

For questions pertaining to COVID-19, please call the Coronavirus Hotline or the Isleta Health Center’s Nurse Advice Line.

ISLETA HEALTH CENTER
Optometry Department Welcomes

Dr. Mitchel Anderson, Optometrist

Dr. Mitchel Anderson is happy to join the Pueblo of Isleta Health Clinic as the new Optometrist. He graduated with his Doctor of Optometry degree from Midwestern University in Phoenix, Arizona. He completed a residency at the Santa Fe Indian Hospital, specializing in treatment of eye disease including diabetic eye disease and glaucoma. He recently moved to Los Lunas and is excited to care for the eyes of the wonderful community here in Isleta. When not working, he enjoys spending time outdoors, hiking and camping with his wife and three young children.



-Isleta Optometry Department

24 Hour Coronavirus Hotline

1-855-600-3453

www.nmhealth.org

Isleta Health Center’s Nurse Advice Line

505-869-3200

Monday - Friday

8:00am - 4:30pm

WEAR A FACE MASK CORRECTLY

✓

Wear your mask all the way up, close to the bridge of your nose and all the way down under your chin. The mask should fit snug around your face without gaps. Masks should be made of two or more layers of washable, breathable fabric.

✓

✗

Do not wear the mask below your nose.

✗

✗

Do not leave your chin exposed.

✗

✗

Do not wear a mask loosely with gaps on the sides.

✗

✗

Do not push your mask under your chin onto your neck.

✗

ALBUQUERQUE AREA SOUTHWEST TRIBAL EPIDEMIOLOGY CENTER

WWW.AASTE.C-ET

WEARS SHOULD! DO FOR THE MOST UP-TO-DAT% INFORMATION?

CDC

www.cdc.gov/coronavirus

1-855-600-3453

Coronavirus Hotline

www.coronavirus.gov

www.hhs.gov

Join us in this Alcohol and Drug Free prevention event run or walk challenge!!

29th Annual Red Ribbon Multicultural Relay Run

Call Isleta Behavioral Health Clinic and register!!

869-5475

Info we need:

Name, Contact # and email. Miles you will run in the month of September.....5 miles, 10, 20, 30, ..100?

Then send us a screenshot of completed miles via app or fitbit/apple watch.

More information to follow.

Virtual

Isleta Inaugural Indigenous Peoples Day

Fun Run

5K and 10K

OCTOBER 12, 2020

Save The Date!!

Virtual

8th Annual Isleta Rock Your Mocs

5K Fun Run & Walk

November 15 - 21st, 2020

We have some exciting news coming up!!!!

Save The Date!!

Isleta Health Center

Do you or someone you know have a drinking problem?

Alcohol use is not a problem for everyone but it can become a problem if you are not aware of the signs. It helps if you know the signs so you can do something about it before it becomes a problem. If you are curious whether your alcohol use might be a problem, take a moment to answer these questions:

In the past 6 months to a year, did you

- End up drinking more, or longer, than you intended
- Tried to cut down or stop drinking but continued to use alcohol
- Drive a car or operate heavy machinery while drinking or “buzzed”
- Have to drink more than you used to in order to get the same effect
- Continue to drink even if you felt depressed, anxious, or guilty
- Continue to drink even though you had health problems because of the alcohol
- Continue to drink even though it caused problems with family, friends, and/or the job
- Spend a lot of time figuring out how you would get your next drink
- Experience hangovers that got worse each time you drank
- Ever have a drink the following day just to “steady your nerves” or to “take off the edge”

If you answered “yes” to any of these questions, it may be time to seek help...

Isleta Health Center
Behavioral Health Clinic
505-869-5475

OCTOBER ²⁰²⁰ ISLETA HEALTH CENTER					
Questions? Call 869-3200					
SAT/SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<div>October 3rd is National Depression Screening Day Call 869-5475</div> <div>DP=Diabetes Prevention Program: 869-4595 BHS=Behavioral Health Services: 869-5475P</div>	<div>OCTOBER Breast Cancer AWARENESS MONTH</div> <div>Get Screened. Early detection</div>	<div>OCTOBER IS NATIONAL DOMESTIC VIOLENCE AWARENESS MONTH</div> <div>TAKE A STAND AGAINST DOMESTIC VIOLENCE</div>	<div>1</div> <div>CLINIC OPENS AT 9:50am</div> <div>Podiatry Clinic: 8:00-4:30pm</div>	<div>2</div>
3/4	<div>5</div> <div>Podiatry Clinic: 12:30-4:30 pm The Ripple Effect: 9:00 - 12:00pm @IHC Training Center</div>	<div>6</div> <div>The Ripple Effect: 9:00 - 12:00pm @IHC Training Center</div>	<div>7</div> <div>Wellbriety Group: 4:00pm @IHC Training Center > Virtual option will also be available, For more information please call: 869-5475 The Ripple Effect: 9:00 - 12:00pm @IHC Training Center</div>	<div>8</div> <div>CLINIC OPENS AT 9:50am</div> <div>Podiatry Clinic: 8:00-4:30pm</div>	<div>9</div>
10/11	<div>12</div> <div>Podiatry Clinic: 8:00-4:30 pm The Ripple Effect: 9:00 - 12:00pm @IHC Training Center</div>	<div>13</div> <div>The Ripple Effect: 9:00 - 12:00pm @IHC Training Center</div>	<div>14</div> <div>Wellbriety Group: 4:00pm @IHC Training Center > Virtual option will also be available, For more information please call: 869-5475 The Ripple Effect: 9:00 - 12:00pm @IHC Training Center</div>	<div>15</div> <div>CLINIC OPENS AT 9:50am</div> <div>Podiatry Clinic: 8:00-4:30pm</div>	<div>16</div>
17/18	<div>19</div> <div>Podiatry Clinic: 12:30-4:30 pm The Ripple Effect: 9:00 - 12:00pm @IHC Training Center</div>	<div>20</div> <div>The Ripple Effect: 9:00 - 12:00pm @IHC Training Center</div>	<div>21</div> <div>Wellbriety Group: 4:00pm @IHC Training Center > Virtual option will also be available, For more information please call: 869-5475 The Ripple Effect: 9:00 - 12:00pm @IHC Training Center</div>	<div>22</div> <div>CLINIC OPENS AT 9:50am</div> <div>Podiatry Clinic: 8:00-4:30pm</div>	<div>23</div>
24/25 31	<div>26</div> <div>Podiatry Clinic: 8:00-4:30 pm The Ripple Effect: 9:00 - 12:00pm @IHC Training Center</div>	<div>27</div> <div>The Ripple Effect: 9:00 - 12:00pm @IHC Training Center</div>	<div>28</div> <div>Wellbriety Group: 4:00pm @IHC Training Center > Virtual option will also be available, For more information please call: 869-5475 The Ripple Effect: 9:00 - 12:00pm @IHC Training Center</div>	<div>29</div> <div>Podiatry Clinic: 8:00-4:30pm</div>	<div>30</div>



Isleta Health Support Group

October Meeting Canceled

We are working hard to determine ways to stay connected. Due to the COVID19 Pandemic our October meeting is canceled. We hope to continue with the group as soon as possible.

Please call 869-4479 if you are interested in being contacted once decisions are made for the group.

Stay Healthy!



Contact
Stephanie
Barela

Isleta Health Center

WELCOMES YOU BACK!

PATIENTS CAN NOW SCHEDULE APPOINTMENTS WITH THEIR PROVIDER

ALL ISLETA Health Center Providers are offering either Telemedicine (Over the Phone) or in Person Visits,

CALL NOW to learn more

and to schedule an Appointment

(505) 869-3200

Most General Health Appointments can be Done Over the Telephone