



Isleta Pueblo News

Volume 15 Issue 12

Pueblo of Isleta website: www.isletapueblo.com

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December 2020

Governor's Report

Ma gu wam,

The end of 2020 is upon us and I hope that you had a good Thanksgiving, but most of all a safe Thanksgiving. We have all seen the number of positive COVID-19 cases spike across New Mexico and here in our community. We all have a responsibility to protect one another, our elders and our children. I realize that family is most important, especially during the holidays, however, I must urge you NOT to host or attend gatherings of people you do not live with. Almost all recent COVID-19 cases have been due to attendance at gatherings such as birthday parties and family dinners, where multiple visitors in the home are having close contact with too many people. It is apparent that we have let our guard down and as a result, the COVID-19 virus is spreading quickly in our community.

In an effort to curtail the virus, we will begin closing more roads throughout the communities. I want to thank you for following all of the health orders which have been distributed thus far and I urge you to continue safe practices.

The tribal election information should be finalized by the time you receive this issue of the newsletter. I congratulate the new administration and tribal council and wish them patience and wisdom when serving their community. Thank you for taking the time to vote.

I want to offer my condolences to the families and friends of those who have recently passed. Needless to say there have been many who have left us this year.

Please accept my appreciation for supporting me and my administration these past two years. It has been a trying one with the COVID-19 pandemic and in trying to cover all aspects of need for the safekeeping of our people. I would also like to thank all the Pueblo of Isleta and Isleta Resort and Casino employees for their commitment and for going above and beyond in their commitment and back breaking work to serve the community when they were called upon. I especially thank my Lieutenants Jiron and Jaramillo and my Sheriffs Jojola and Lucero for their service. THANK YOU!

Hur kem.

Governor Max A. Zuni



PUEBLO OF ISLETA

A PLEA FROM THE ISLETA HEALTH CENTER

November 17, 2020

The COVID-19 virus is spreading rapidly in the Isleta Community. There have been at least **30 new positive cases in Isleta in the last 5 days**. Almost all positive cases have been due to attendance at gatherings such as birthday parties and family dinners, in addition to allowing multiple visitors in the home and having close contact with too many people. **People can be infected and contagious and feel completely normal** yet they can still spread the virus to others who may get very sick or die. COVID-19 is particularly dangerous and even deadly for the elders in the community.

In order to protect yourself, your family, the elders, and the community as a whole, I implore all community members to abide by the current Public Health Emergency Order 2020-03 and, in addition, observe the following preventive measures until further notice:

- 1) **Stay home as much as possible.** Only leave the home for absolutely essential needs.
- 2) Always wear a mask if you must leave the home or if you are around people you don't live with.
- 3) At all times, maintain at least 6 feet physical distance from all people you don't live with.
- 4) Do not allow any visitors or non-household members into the home unless absolutely necessary.
- 5) Wash or sanitize your hands regularly and disinfect frequently touched surfaces often. Do not touch your eyes, nose or mouth.
- 6) Limit close contact with vulnerable elders. If an elder requires care, designate one person to provide this and ensure both the caregiver and the elder wear a mask at all times. Avoid multiple persons being in close contact with elders.
- 7) Stay in your own room or area of the house if you have symptoms or have been in close contact of someone who has recently tested positive. Call the COVID-19 hotline 869-9720 to reach the Isleta COVID-19 Response Team for further guidance or advice.

MOST IMPORTANTLY: DO NOT HOST OR ATTEND GATHERINGS OF PEOPLE YOU DO NOT LIVE WITH! THIS INCLUDES THE UPCOMING THANKSGIVING AND CHRISTMAS HOLIDAYS. PLEASE CELEBRATE ONLY WITH THOSE YOU LIVE WITH. THIS IS OUR BEST DEFENSE TO LIMIT THE ONGOING SPREAD OF COVID-19 AND TO PROTECT THE COMMUNITY AND THE ELDERS.

Riley Nelson, M.D.
Tribal Health Officer

PUEBLO OF ISLETA VETERANS ASSOCIATION

Each year our association has hosted the South West Veterans Symposium at the Isleta Resort and Casino. Native American Veterans, usually approximately 600 from throughout the Southwest and locally attend this event. This year due to the pandemic we had to cancel. Hopefully this coming year COVID-19 gets under control so we may plan to host the symposium again.

As for Veterans Day, we honor and salute all the men and women who have served in our armed forces. They served with dedication to protect our freedom, liberty and democracy. We owe the veterans and their families gratitude who paid the ultimate price for our community and country.

Our association has applied and received a grant from the USDA Farm Agency to re-engineer our irrigation system and to provide crop management. So far, we have completed 2 of 6 tasks required under the grant.

We have also received capital outlay funding from the state of New Mexico to purchase a tractor along with implements. Additional funding was received to build a storage facility to house the equipment. We lobbied and received funding from the New Mexico State legislature to renovate our modular building. It will be used as a conference room and a small meeting space.

We have not had a general meeting since March of this year. Our officers meet occasionally and briefly to conduct business. We are hopeful that we will be able to meet soon.

In consideration for our wellbeing and safety, we have suspended all funeral details until the pandemic settles down.

We would like to thank Christine Abeita and her work crew who cut and hauled away weeds and brush at our center. We have had great support from that program.

LETTER FROM THE EDITOR

DEADLINE for January Newsletter articles is set for Thursday, December 17, 2020, at 4:30 pm. Articles may be dropped off at the Library or emailed to Nathaniel.Lujan@isletapueblo.com. Should you email your article, expect a confirmation email. If you do not receive a confirmation email, odds are it never made it to me and then it's time to panic, so call Nate at 505.869.9808.

People who wish to submit an article or flyer are responsible for generating their own article or flyer. Should you need help, please call the Library at 505.869.9808 and set up a date and time to sit down with a Library staff member who will help you throughout the process. The Library will NOT accept notes dropped off at the Library or information over the phone to generate your article.

PROBATES need to be published in the Newsletter for two consecutive months. Probates are considered court documents, therefore, all submitters must provide: 1) Name of Deceased, 2) Date of Deceased 3) Court Case # and 4) Date of Court Date. A Probate form can be found on the Newsletter Archive page at <http://www.isletapueblo.com/newsletters.html>.

CLASSIFIED ADS: The new administration has requested that the Newsletter start a Classified Ad section for Tribal members selling land, houses, mobile homes, vehicles, and farm equipment. Leasing of houses and mobile homes will be accepted. Smaller items which can be sold at the local flea markets or weekly yard sales will NOT be accepted.

Currently, this service is FREE to Tribal members. Land, houses, and mobile homes must be within the reservation boundaries. Ads must meet the 160 character limit. Ads that exceed the 160 characters will NOT be submitted into the Newsletter. A single picture may be submitted with the ad. Submitters of classified ads are responsible for generating their own ads as this is a FREE service.

As a reminder, Tribal business owners may submit a small flyer at no charge. Like the classified ads, business owners are responsible for generating their own flyers as this is a FREE service.

Classified ads and business flyers will be posted no more than two consecutive months. In the event where the Newsletter may exceed the 24-page limit, classified ads and business flyers will be “bumped” for newsletter articles. Again, this is a FREE service for Tribal members.


The Isleta Newsletter is owned and operated by the Pueblo of Isleta. Therefore, the Governor of the Pueblo of Isleta has the final say of all articles and contents within the Isleta Newsletter.

For additional questions, you may call the Library and speak with Nate or Diane at 505.869.9808.

Thank you,
Nathaniel Lujan

Newsletters may be found at the fifteen distribution locations listed below. Remember, Digital copies of the Newsletter may be obtained from the Newsletter archive at <http://www.isletapueblo.com/newsletters.html>

The fifteen Newsletter distribution locations are:

1. TR 2 & TR 22 - Chical SE of Community Hall
 2. TR 10 - Behind the old 47 Sales
 3. TR 1 & TR 5 – Ranchitos / Bosque Farms Reservations Line
 4. Ranchitos Park
 5. Post Office - Big Tree
 6. TR 82 & TR 84 - Teller Road
 7. TR 78 & TR 82 - Carlos Trujillo Sr.
 8. TR 90 @ Y - CF Padilla
 9. Mouse Town Park –
 10. Health Center – South end of Health Center Parking lot
 11. Library Sunlight & Moonlight Intersection
 12. TR 6 - 47 Intersection
 13. TR 12 - 47 & 147 intersection (Old Smoke & Save)
 14. TR 71 & TR 54 @ Y - Holiday Robot / Paved Road / Railroad Tracks
 15. TR 45 & TR 40 @ Y - Tata Mel (POI Signage)
- 

NAME CHANGE

SECOND NOTICE that in accordance with Pueblo of Isleta Tribal Court requirements the Petitioner **Joylene Hope Campos** has applied to the Pueblo of Isleta Tribal Courts, at the Tribal Services Complex, Bldg A, 3950 Hwy 47 SE, Albuquerque, NM 87105, for an ORDER FOR CHANGE OF NAME from **Cyenna Zaiyah Marsay Hawley to Zaiyah Treasure Marsay Cyenna Hawley**. Any person claiming in interest in this matter may be notify the Court in writing and/or attend the hearing. The hearing on this matter is scheduled for **Friday, November 20, 2020 at 10:45 a.m.** Any interested parties may contact the Tribal Court Clerk with any questions at 505-869-9699.

Wood Smoke and COVID-19

According to American Community Survey estimates, 130 households in Isleta (plus or minus 43 households) use wood the most to heat their home.

Wood smoke can irritate your lungs, cause inflammation, affect your immune system, and make you more prone to lung infections -- likely including SARS-CoV-2, which is the virus that causes COVID-19. According to information provided on the Centers for Disease Control's (“CDC”) website, people who currently have or who are recovering from COVID-19 may be at an increased risk of health effects from exposure to wood smoke due to compromised heart and/or lung function related to COVID-19.

If you are recovering from COVID-19, or are at increased risk for COVID-19, take steps to reduce your exposure to wood smoke.

Know the difference between symptoms from smoke exposure and COVID-19:

1. According to CDC guidance, some symptoms, like dry cough, sore throat, and difficulty breathing can be caused by both smoke exposure and COVID-19.
 2. Learn about CDC's list of symptoms of COVID-19.

Symptoms like fever or chills, muscle or body aches, and diarrhea are not related to smoke exposure. If you have any of these symptoms, the CDC COVID-19 Self-Checker can help you determine whether you need further assessment or testing for COVID-19. If you have questions after using the CDC COVID-19 Self-Checker, contact a healthcare provider. If you have severe symptoms, like difficulty breathing or chest pain, immediately call 911 or the nearest emergency facility. For more information about COVID-19, go to the CDC’s Coronavirus (COVID-19) webpage at: <https://www.cdc.gov/coronavirus/2019-ncov/index.html>

The CDC COVID-19 Self-Checker is available online at: <https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>

When you open the CDC COVID-10 Self-Checker tool, you will be prompted to provide answers to a series of questions. **For example**, if you are not feeling sick and say “No” to the following question, the Self-Checker tool will say to stay safe, monitor for symptoms and based on the answers given, you do not need to get tested for COVID-19 at this time:

In the last two weeks, did you care for or have close contact (within 6 feet of an infected person for at least 15 minutes) with someone with symptoms of COVID-19, tested for COVID-19, or diagnosed with COVID-19?

Health Beat Telemedicine
Now Available at the Isleta Health Center

Health Educator: Stephanie Barela, BS CHES CSST

Due to the COVID-19 Pandemic the Isleta Health Center is working hard at keeping the Isleta community healthy and safe by offering Telemedicine. Telemedicine is a pre-scheduled appointment that allows patients and healthcare providers to communicate via phone call. These appointments will allow you to speak with your provider and ask basic medical questions. Based on your medical needs your provider may schedule an in office appointment. Patients are still being required to schedule an in office visit for Well Child Visits and Sports Physicals. The Diabetes program will continue to offer Patients A1C screens by drive-thru testing. The provider will follow up by a Telemedicine appointment to discuss your condition.

With this new technology and in the interest of keeping our patients safe the Isleta Health Center is working toward offering video visits that will allow Providers to see the patient over a cell phone, tablet or computer.

Please contact the Isleta Health Center at (505) 869-3200 to find out more.

TRIBAL COUNCIL OFFICE



PHONE: 505-869-9746
FAX: 505-869-5276

PUEBLO OF ISLETA

P.O. BOX 1270
ISLETA, NM 87022

**CERTIFICATION OF THE 2020
GENERAL ELECTION
FOR THE 2021-2022 TERM**

The following are the results of the General Election held on **November 23, 2020, November 24, 2020, and November 28, 2020.**

Total Number of 2020 Eligible Voters	3817
Total Number of 2020 Registered Voters	1290
Total Number of 2020 Eligible Tribal Member Voters Who DID NOT Register	2527
Total Number of 2020 Tribal Member Voters	1019
Total Number of 2020 Registered Tribal members Who DID NOT Return to vote	271
Total Number of 2020 Votes for Governor	995
Total Number of 2020 Votes for Tribal Council	1014
Total Number of 2020 Registered Tribal Members Who DID NOT Vote for Governor	24
Total Number of 2020 Registered Tribal Members Who DID NOT Vote for Tribal Council	5
Total Number of 2020 Spoiled Ballots but given a replacement ballot	9

NUMBER OF CANDIDATE VOTES FOR GOVERNOR

Vernon B. Abeita (509) Joseph R. Lucero (486)

NUMBER OF CANDIDATE VOTES FOR TRIBAL COUNCIL

Joe Padilla(180)	David A. Lente (70)
M. Rodney Jones (105)	Kevin R. Lente Sr (59)
Lawrence “Larry” Lucero (105)	Fernando Abeita (51)
Herman Lente (98)	Edward T. Chiwewe Jr. (34)
Joyce A. Jojola (97)	Edward B. Calabaza (28)
Diane L. Peigler (97)	
Charlene F. Seidl (90)	

We, the undersigned, being all of the Poll Clerks for the Registration/Nomination of the General Election held on the November 23th, 24th, and 28th day of November 2020, do hereby certify that this Signature Roster contains all the qualified voters who registered and nominated during this General Election.

Nanette Cruz
Poll Clerk

Roberto Mariano
Poll Clerk

Laura E. Abeita
Poll Clerk

Sara Nuni
Poll Clerk

Adrienne Abate
Poll Clerk

Eugene
Sheriff

ATTEST: Anton Chawin
Tribal Council Secretary

CERTIFICATION

At a duly called meeting of the Isleta Tribal Council held on the 30th day of November 2020, the General Election Results are hereby certified with -6- voting in favor, -0- opposing and -0- abstaining.

APPROVED: Ken St
Tribal Council President

Max
Governor

ATTEST: Anton Chawin
Tribal Council Secretary

COVID-19:
Why is Testing So
Important?

Isleta Health Center,
Stephanie Barela, 869-4479

TESTING IS THE BEST WAY TO
HELP PREVENT THE SPREAD
OF COVID-19

- Testing lets you know your status of COVID-19 at the time of testing although results may take longer.
- It identifies positive COVID-19 cases quickly. This allows people to get treatment early and inform the person they must stay away from others and isolate in order to reduce the risk of spreading the virus.
- It helps investigators determine who might be a close contact of the infected person so that those people can quarantine and get tested to potentially prevent the spread.

PLEASE ANSWER ALL CONTACT
TRACER PHONE CALLS AND ANSWER
QUESTIONS HONESTLY.

20% OF CORONAVIRUS
INFECTIONS ARE ASYMPTOMATIC,
BUT ARE STILL CONTAGIOUS.

- That is, 1 in 5 people with COVID19 have no symptoms at all, but can infect others. So, even though you might feel completely fine, you could still be getting others sick, which is why it is important to get tested even if you feel normal.
- You could also spread the virus if you are pre-symptomatic, meaning that you might feel fine right now, but you could be COVID19 positive and still spread the virus before you start to feel any symptoms. Because of this, it is very important to always wear a mask when around others, wash your hands often, not touch your eyes, nose, or mouth, and stay at least 6 feet away from others. Simply being near someone who is COVID19 positive can infect you with the virus, even if the person feels normal!

*Help Keep Isleta Healthy, get tested
for COVID19!*

Infection Prevention

Infection prevention and control has always been an important part of public health and safety. But as the global fight against COVID-19 rages on, the world's communities are reminded just how important. Help us celebrate all the infections prevented and lives saved by our IPs this year!

Clean Hands



STATE OF NEW MEXICO
PUEBLO OF ISLETA
ISLETA TRIBAL COURT

FILED
IN MY OFFICE THIS
NOV 13 2020
[Signature]
CLERK, ISLETA TRIBAL COURT
Administrative Order: 0004-2020

AMENDED TRIBAL COURT LIMITED OPERATIONS PLAN AND
ADMINISTRATIVE ORDER

Court operations are substantially curtailed to help keep the public and our employees safe during the COVID-19 pandemic. We have entered an unprecedented time and are working hard to understand how best to go forward with court with the growing outbreak of COVID-19 for the Pueblo of Isleta and the Tribal Court. We are closely monitoring recommendations and practices from the Centers for Disease Control and Prevention to protect the public's health. To minimize the health impacts of COVID-19 to our community, we are implementing a variety of emergency strategies to increase social distancing and slow the spread of the disease. We understand these actions will have a tremendous impact on all members of our community.

Therefore, the court hereby affirms and declares:

HEALTH EMERGENCY – Recognizing the State of emergency declared by the Pueblo of Isleta due to the COVID-19 virus, this emergency standing order shall be in effect for Isleta Tribal Court immediately, and shall remain in effect until rescinded by the Isleta Tribal Court Chief Judge. This order shall apply to all persons who are transacting business with Isleta Tribal Court including but not limited to attorneys, parties, witnesses and jurors.

1. Courthouse Lobby Access:

The Courthouse lobby shall be closed until further notice. Only persons with scheduled appointments shall be allowed to check-in with a court clerk at the main Court house lobby door, at their respective scheduled appointment time.

Visitors who do not have a scheduled hearing or appointment will need to contact the Court Clerk's office at 505-869-9699, prior to coming to the Court house.

2. Filings:

To minimize contact, the court strongly urges the public to file electronically or by US mail.

For existing cases you may file electronically via fax or email to:

Fax: 505-869-9747

Email: denise.lucero@isletapueblo.com

To file by U.S. mail, send to:

Mailing Address: P.O. Box 729
Isleta, NM 87022

New Petitions:

New Petitions which require a filing fee will be required to be sent via US mail. Filing fees can be made in form of money order or cashier's check. The submitting party must include a phone number, mailing address, and/or email address at which they can be reached.

Restraining/Protective Order Petitions or Matters regarding Children will be accepted by the Tribal Court on the designated dates and times by appointment only. Please call the court to schedule an appointment to file at 505-869-9699.

Tuesdays: 8:30 a.m. to 10:30 a.m.

Thursdays: 2:30 p.m. to 4:30 p.m.

(Reminder: Any new Petition requires a filing fee. If the matter is an emergency contact 911.)

3. Civil Hearings: The court has found good cause to conduct All civil hearings virtually.

- A. Litigants will receive a Notice of Hearing with instructions on how to appear by phone or video conference (via the Zoom app).
- B. Litigants are asked to contact the court to update their most current contact information to include: phone number and email address.

4. Criminal Hearings:

- A. No criminal in custody defendants shall be transported until further notice.
- B. All criminal hearings, including first appearances on mandatory arrest charges, shall be conducted virtually.

5. Traffic Hearings: Arraignments and bench trials - the Court has found good cause to conduct all traffic hearings virtually.

- A. Defendants with a contact information sheet on file will receive a Notice of Hearing with instructions on how to appear.
- B. If Defendant's do not receive a notice, Defendants are asked to contact the court to update their current contact information to include: phone number and email address.

6. **Probation:** The Probation Department shall continue to supervise and ensure compliance of services, of any individuals on probation or otherwise ordered by the Court to receive services through and/or report to the Probation Department. All check-ins will be done telephonically until further notice. Please contact the Probation Officers at the provided numbers to make an appointment or to check-in.

Gerald Bush: Office: 505-869-7576
Cell: 505-916-4026

or

Jeff Jiron: Office: 505-869-9701
Cell: 505-554-0481

7. **Community Service:** Community service will be suspended until further notice. For any questions regarding community service please contact Christine Abeita, Community Service Work Supervisor at 505-869-9031.

8. **How to pay Fines and Court Costs:**

To minimize contact, the court strongly urges the public to file electronically or by US mail.

- A. Traffic fines and court cost can be paid online at www.citepayusa.com or mailed to P.O. Box 729, Isleta, NM 87022.
- B. Criminal fines, court costs, Soberlink and GPS devices can be paid on online at www.citepayusa.com or mailed to P.O. Box 729, Isleta, NM 87022 by money order or cashier's check.
- C. **In person payments** shall be accepted on the designated dates and times below, by appointment only. Please call the court to schedule an appointment to pay at 505-869-9699.

Tuesdays: 8:30 a.m. to 10:30 a.m.

Thursdays: 2:30 p.m. to 4:30 p.m.

The court staff and judges will continue to monitor the court's and the community's needs during this time, making adjustments as needed and provide further updated orders.

SO ORDERED this 13th day of November, 2020.


Verna Teller, Chief Judge

Amended by Tribal Court, November 12, 2020

Hello from the Yonan An Cultural Center!

Although our doors are not yet open to the public, we are busy at work behind the scenes organizing the Pueblo of Isleta archive and planning for an exciting year ahead. Once it becomes safe to do so, we look forward to a full schedule of cultural programs and learning opportunities at Yonan An, including storytelling, roundtable discussions, public lectures, study groups, arts workshops, and gallery exhibitions--with a special emphasis upon introducing these resources to Isleta's students, who will learn from our shared efforts and will carry their knowledge into the future. In the meantime, Department of Cultural and Historic Preservation staff have identified and begun to carry out several key components of our work that foster a deep level of community engagement and accessibility while maintaining a commitment to community safety and social distancing.

Yonan An Archivist Cassandra Smith invites all interested Isleta community members to share memories of your time at the Isleta Day School, including stories of your favorite teachers and classroom experiences, athletics, arts programs, and more. Ms. Smith also invites all tribal members who may be interested in contributing to a community heritage garden to reach out to her as well. As always, she may be reached by phone at (505) 869-5376 and by email at cassandra.smith@isletapueblo.com.

The Department of Cultural & Historic Preservation wishes you all a safe and healthy holiday season. Please remember to wear your mask, socially distance, and wash your hands often. We understand how different the holiday season will be without all family members, but it is better to be safe and stop the spread of COVID-19.

Warmest wishes,
Department of Cultural & Historic Preservation

Do these 6 things if you're quarantined at home

Stephanie Barela, Isleta Health Center, 869-4479
<https://wexnermedical.osu.edu/blog/do-these-6-things-if-youre-quarantined-at-home>

Self-quarantine is a preventive measure to keep someone who may have been exposed to COVID-19 from transmitting it to others. Quarantine is a method used for patients who are not sick but may become sick. COVID-19 Symptoms usually appear within 2 weeks or less after exposure or infection. Some people never experience any symptoms so they are asked to self-quarantine for at least 14-days to allow time to confirm that they are not infected and to prevent the possibility of spreading it to others.

During self-quarantine you should:

- Stay home unless you absolutely must leave, such as for essential medical appointments
- Separate yourself from other household members and pets
- Use a separate bedroom and bathroom if possible
- Do not share utensils, dishes, cups/glasses, bedding, towels, and other personal items

If you have been advised by a health care provider to go into quarantine or if you are opting to do it on your own, below are some things you can do to care for yourself at home.

1. Meals and Household Items

Make sure you have everything you need to go about your daily life during the recommended quarantine period.

- Food
- Medication
- Toiletries
- Other household items

If you need assistance, ask a friend or family member who may be able to help. Any items should be left at your front door to prevent exposure to the person assisting. If you do not have someone that can help you, contact the Isleta Health Center COVID Line at 869-9720. You should avoid leaving quarantine to grocery shop, refill medications or purchase necessities. The Isleta Health Center is here to help.

2. Keep a Diary

Write down how you feel every day to help identify subtle trends that we would not be aware of if you were not logging them. In the case of COVID-19, look for basic cold and flu symptoms such as runny nose, congestion, cough, shortness of breath, fever and occasionally gastrointestinal issues.

3. Stay Active and Busy

Quarantine can be a lonely place, so you want to make sure you have ways to keep yourself busy. This could be with a few good books, movies or streaming services. There are so many opportunities to interact with people virtually through social media channels, video messaging or simply just picking up the phone and calling someone. Be sure to exercise, eat a healthy diet and stay well hydrated. Watch your sleep habits also, do not stay up all night and sleep through the day.

4. Practice Social Distancing at Home

Remember to wash your hands for 20 seconds with soap and water or use hand sanitizer when necessary. You should stay in a separate room from others in your home and wear a mask if you have to be near them; Avoid sneezing or coughing around each other and make sure you are not sharing food or drinks.

5. Clean High-Touch Surfaces

It is important to keep high-touch surfaces clean by wiping down items such as doorknobs, light switches, sink & toilet handles. Other high touch items like your cell phone, TV remote and other devices should also be wiped down frequently to help prevent the spread of germs.

6. Call Your Health Care Provider

If you believe you have had a significant exposure to COVID-19, you are advised to contact your healthcare provider. If you are a patient at the Isleta Health Center, call our COVID Line at (505) 869-9720, they can provide recommendations to keep you and your loved ones safe, especially if at any time you become uncomfortable with your symptoms. If you are in distress and experiencing difficulty breathing, chest pain or confusion, call 911 immediately.

Position Posting	Office Location	Closing Date
ACCOUNTANT	Health Center	11/20/2020
ADMINISTRATIVE ASSISTANT II	Elder Center Within Only	11/20/2020
AGRICULTURAL IRRIGATION TECHNICIAN	Agricultural Division	Open Until Filled
ANIMAL CONTROL OFFICER	Police Department-Open Space	Open Until Filled
ANIMAL CRUELTY INVESTIGATOR	Police Department-Open Space	Open Until Filled
ASSISTANT CRIME VICTIM ADVOCATE	Prosecutor	12/06/2020
BEHAVIORAL HEALTH MANAGER	Health Center	11/20/2020
BUS DRIVER	Isleta Elementary School	Open Until Filled
BUS DRIVER- PART TIME	Head Start	Open Until Filled
BUSINESS MANAGER	Isleta Elementary School	Open Until Filled
CAREGIVER I	Assisted Living	Open Until Filled
CHILD CARE PROVIDER	Head Start	Open Until Filled
CHR VAN DRIVER (Part Time)	Health Center Within Only	Open Until Filled
CLINICAL THERAPIST	Health Center	Open Until Filled
COMMUNITY HEALTH NURSE	Health Center	11/20/2020
COMPUTER LAB INSTRUCTOR	Department of Education	Open Until Filled
COVID-19 CONTACT TRACER - Reposted	Health Center	Open Until Filled
COVID-19 MEDICAL ASSISTANT	Health Center	Open Until Filled
COVID-19 TEST COLLECTOR	Health Center	Open Until Filled
DISPATCHER	Police Department	11/20/2020
DIRECTOR PROCUREMENT	Procurement	Open Until Filled
ELEMENTARY SPECIAL EDUCATION TEACHER	Isleta Elementary School	Open Until Filled
EMT-INTERMEDIATE	Health Services	Open Until Filled
EXECUTIVE DIRECTOR - EDUCATION	Department of Education	Open Until Filled
FEDERAL PROJECT MANAGER	Isleta Pueblo Housing Authority	Open Until Filled
HAVC TECHNICIAN	Public Works	11/20/2020
GROUND MAINTENANCE WORKER	Public Works	Open Until Filled
HELP DESK TECHNICIAN	Treasury-MIS	Open Until Filled
HOME CARE ATTENDANT-PART TIME	Elder Center Within Only	Open Until Filled
HOME OWNERSHIP COUNSELOR	Isleta Pueblo Housing Authority	Open Until Filled
HR WIOA WORKER ADULT (2 Positions)	Human Resources	Open Until Filled
LANGUAGE TEACHER	Language Directory	Open Until Filled
MAINTENANCE FOREMAN	Public Works	11/20/2020
MAINTENANCE TECHNICIAN	Public Works	Open Until Filled
PERSONAL CARE SERVICE AIDE (2 Positions)	Elder Center Within Only	Open Until Filled
PHYSICIAN-AMENDED	Health Center	Open Until Filled
PHYSICIAN/PEDIATRICIAN	Health Center	Open Until Filled
PLUMBER	Housing Authority	Open Until Filled
PAINTER	Housing Authority	Open Until Filled
POLICE OFFICER-CERTIFIED	Police Department	Open Until Filled
PRINCIPAL / EPA	Isleta Elementary School	Open Until Filled
PUBLIC HEALTH & SAFETY SUPERVISOR	Health Center	Open Until Filled
REGISTERED NURSE	Health Center	Open Until Filled
SALES ASSOCIATE	C-Stores	Open Until Filled
SCHOOL COUNSELOR	Elementary School	Open Until Filled
SCHOLARSHIP ASSISTANT	Department of Education	12/04/2020
SCHOLARSHIP COORDINATOR	Department of Education	12/04/2020
SHIFT LEAD	C-Stores	Open Until Filled
SHOP-MOTOR POOL CREW SUPERVISOR	Transportation Department	11/20/2020
SYSTEMS TECHNICIAN	Isleta Elementary	Open Until Filled
UTILITY FOREMAN	Public Works	11/20/2020
UTILITY WORKER	Public Works	Open Until Filled

Isleta Community Health Needs Assessment

VEHICLE INJURY PREVENTION

Seat Belts and Child Safety Seats

www.cdc.gov www.safekids.org


Stephanie Barela, BS CHES CSST, 869-4479

In 2019, the Isleta Health Center conducted a Community Health Needs Assessment Survey to provide information on our community’s health. Based on the survey results 93% of respondents stated they always wear their seat belt when driving or riding in a car. Great job with vehicle injury prevention Isleta Community! CDC states that 86% of front seat passengers and drivers in the U.S. wear a seat belt. In New Mexico 91% wear seat belts. Motor vehicle crashes are a leading cause of death for those under the age of 54 in the U.S. and most crash-related deaths occur to drivers and passengers, (CDC.gov). It is important to always wear your seat belt while driving and ensure all younger children are in the appropriate child safety or booster seat. The Isleta Community Health Needs Assessment results state that 75 % always check to see if a child is properly buckled in the appropriate child safety seat. Isleta is doing an “ok” job of this, but

we could be doing much better. Let us all do our part in preventing injuries, by ALWAYS buckling up and ALWAYS assuring children are properly buckled in the appropriate child safety seat.

The Isleta Health Education and CHR programs normally offer a Child Safety Seat Program for the Isleta Community twice a year to educate on the installation and proper child safety seat to use. With social distancing in place for COVID-19 the Child Safety Seat Clinics have been canceled until further notice. The Isleta Health Educator is available for over the phone or virtual child safety seat checks, to assist with proper installation of your child safety seat.

Please call, 869-4479, to schedule your Virtual/Telephone Child Safety Seat Check. Also, see the CAR SEAT CHECK UP-Top 5 Things to do at Home to learn tips to keep your child safe.



62A Tribal Road 90 SW
Albuquerque, NM 87105
Phone: (505) 916-0695
Fax: (505) 916-5243
www.cfpadillallc.com

CURRENT JOB OPENINGS as of November 2020

- Heavy Equipment Operators
- Pipe Layers

- Utility Superintendent
- Laborers

EMPLOYMENT PROCESS
Indian Preference Applies

1. Complete New Hire Application

a. Application available for pick up at CF Padilla Office located at: 62A Tribal Road 90 SW, Albuquerque NM 87105

b. Application available upon request via email to Felicia Padilla, Office Manager at: felicia@cfpadillallc.com

2. Pass a pre-employment drug screen

3. Must have a valid drivers license

*Once hired, employee must have the ability to travel.

Safe Wood-Burning Practices

When using your wood burning appliance, follow these guidelines for safe operation:

- Keep flammable items, like curtains, furniture, newspapers, and books, away from your appliance.
- Only use newspaper, dry kindling and all-natural or organic fire starters. Never start a fire with gasoline, kerosene, or charcoal starter.
- Do not burn wet or green (unseasoned) wood.
- Many wax and sawdust logs (available commercially) are made for open hearth fireplaces only. Check your wood stove or fireplace insert operating instructions before using artificial logs.
- If you use manufactured logs, choose those made from 100-percent compressed sawdust.
- Build hot fires. For most appliances, a smoldering fire is not safe or efficient.
- Keep the doors of your wood-burning appliance closed unless loading or stoking the live fire. Harmful chemicals, like carbon monoxide, can be released into your home.
- Regularly remove ashes into a covered, metal container. Store the container outdoors on a nonflammable surface.
- Keep a fire extinguisher handy.
- Check your local air quality forecast before you burn.

What Not to Burn

These materials can release toxic or harmful chemicals when burned, and may damage your appliance:

- Household trash, including cardboard, plastics, foam and the colored ink on magazines, boxes, and wrappers
- Coated, painted, and pressure-treated wood
- Ocean driftwood, plywood, particle board, or any wood with glue on or in it
- Wet, rotted, diseased, or moldy wood
- Plastic, asbestos, rubber, manure and animal remains

Good Fire Building

Burn only dry, split, well-seasoned wood. Properly seasoned wood is darker, weighs less, and sounds hollow when hit against another piece of wood.

SOURCE: Information in this article is from the U.S. Environmental Protection Agency’s Burn Wise website. You may contact Environment Department at 869-7565 with questions about burning wood for home heating or indoor air quality concerns.



PUEBLO OF ISLETA
Workforce Innovation & Opportunity Act (WIOA) Program

CALLING ALL APPLICANTS FOR THE WIOA ADULT PROGRAM!

APPLY NOW

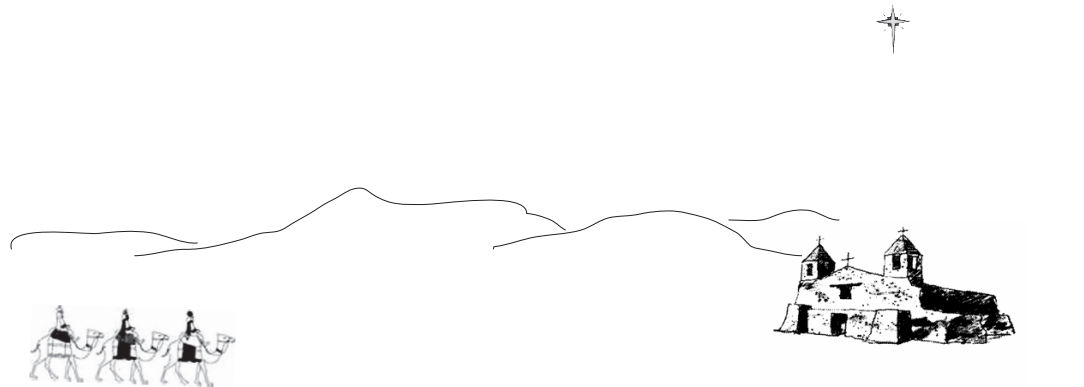
Funded by the U.S. Department of Labor


- 250 HOURS OF PAID WORK EXPERIENCE AT A POI DEPARTMENT
- FREE CAREERSCOPE ASSESSMENT
- JOB SEARCH ASSISTANCE
- REFERRALS TO LOCAL PROGRAMS AND RESOURCES

Eligibility Criteria:

- Must be 18 years or older.
- Must be Native American, Alaskan, or Hawaiian Native.
- Must be a resident of Bernalillo or Valencia County.
- Must be low-income, unemployed, or underemployed.
- If born after the year 1960, male, and 18 years or older, must be registered for the selective services.

Call (505) 869-9792 for more information. Go to <https://www.isletapueblo.com/careers/wioa/> for an application.





Isleta Pueblo News

Editor:
Nathaniel Lujan

Asst. Editor:
Diane Abeita

Published By:
Valencia Express

Opportunity for Public Comment
December 1, 2020

Notice that the Pueblo of Isleta Environment Department anticipates receiving a request to review use of Dredge and Fill Permits and will be preparing a Tribal Certification or Denial Pursuant to Section 401 of the Federal Clean Water Act

The Federal Clean Water Act (CWA) Section 404 authorizes discharges of dredged or fill material into waters of the United States, including wetlands, and/or work or structures in navigable waters of the United States. The US Army Corps of Engineers (Corps) has issued nationwide permits (NWP) for specific types of projects. More information on nationwide permits is available online at:

<http://www.spa.usace.army.mil/Missions/Regulatory-Program-and-Permits/NWP/>

Pursuant to the Federal Clean Water Act Section 401, the Environment Department will be reviewing a request for Tribal water quality certification for use of nationwide permits within the exterior boundaries of the Pueblo of Isleta. The proposed activity would be conducted under nationwide permit 6, survey activities and nationwide permit 33, temporary construction, access, and dewatering.

Brief summary of the proposed project known as Isleta Diversion Dam Fish Passage

- The Fish Passage Project, along with the Dam, Sediment Reducing Modifications and Bosque Restoration, is an element of the 2016 Global Settlement Agreement between the Pueblo of Isleta, U.S. Bureau of Reclamation, and Middle Rio Grande Conservancy District.
- The Fish Passage Project will be built with the goal of providing upstream passage for the endangered Rio Grande silvery minnow as per the 2016 Biological Opinion.
- During January 2021 or in March 2021, the U.S. Bureau of Reclamation will be conducting exploratory drilling into the river bed, collecting core samples to identify sediment and geologic structure.
- Temporary ramps and mats will be added for heavy equipment travel including a drilling rig that will drill 4 to 8 holes from 9-inches to 12-inches in diameter, 40 feet down.
- All equipment that goes in channel will be certified cleaned prior to work and any temporary fill used to construct ramps will be removed.
- Flows in the Rio Grande will be managed and diverted to the west side of the river.
- Proposed work dates are January 13, 2021 through January 27, 2021.
- Potential for adverse effects to cultural and natural resources is not expected.

This notice serves to notify the public that the Environment Department will be preparing a recommendation to Governor for his signature regarding the request for certification under Section 401 of the Clean Water Act. Environment Department’s recommendation will be reviewed by the Pueblo’s General Counsel. The purpose of the certification is to reasonably ensure that the permitted activities would comply with Pueblo of Isleta Surface Water Quality Standards, including the antidegradation policy.

The Environment Department will accept written comments regarding the Tribal certification for use of Nationwide Permits 6 and 33 until 4:30 p.m. on Friday, January 8, 2021. The Environment Department will consider all comments received in its preparation of the recommendation to Governor.

Comments may be submitted electronically or by hard copy (mailed or hand-delivered) to:

Ramona M. Montoya
PUEBLO OF ISLETA
Environment Department

Physical address:
6 Sagebrush St
Albuquerque NM 87105
(505) 869-7565 office
(505) 869-7594 fax
Ramona.Montoya@isletapueblo.com

Mailing address:
PO Box 1270
Isleta NM 87022
*Environment Department
office location is east of
Isleta Health Center*

Water News: 2020 Irrigation Season in Review
and 2021 Irrigation Season Outlook

2020 Irrigation Season in Review:

Despite the optimistic irrigation water supply outlook in early 2020, winter mountain snowpack gave way to a warmer than average Spring, leaving our streams and rivers with a dismal runoff. On top of that, the monsoon storms, which generally provide much needed rain in late Summer and early Fall, did not produce any significant moisture for New Mexico. These warm, dry conditions resulted in the need to plan for irrigation water shortages from mid-August through October, making this past irrigation season stressful and uncertain. Unfortunately, the dry conditions that we have been dealing with are expected to continue into this Winter and the 2021 Irrigation Season, with the real potential of 2021 being one of the driest years on record.

2021 Irrigation Season Outlook:

The Pueblo of Isleta Water Resources Department (“WRD”) continues to diligently monitor the water supply situation and will be working with the Six Middle Rio Grande Pueblos Coalition, the Middle Rio Grande Conservancy District (“MRGCD”), the Bureau of Reclamation (“BOR”), the Bureau of Indian Affairs (“BIA”), and other Rio Grande water operations managers to maximize the amount of water made available for Isleta farmers. We should anticipate limited water in the system, rotations and 24-7 irrigation schedules. The extent of these measures is yet to be determined, but planning ahead will help our community and irrigators make it through another difficult water year.

The 2020 irrigation season exhausted all water stored by major water operations managers, such as the MRGCD, in upstream reservoirs. Therefore no carryover storage will be available for 2021. Without a 2020 monsoon season, a good snowpack for 2021, and cool temperatures ensuring a normal 2021 Spring runoff, the water supply for the 2021 Irrigation Season will be at significant risk. Please keep in mind that the 2021 water outlook can change depending upon weather patterns over the next few months. We will keep the community and irrigators informed as this data becomes available.

POI Water Project Updates:

- Installation of a new Peralta Main Headgate

This Winter and Spring there will be considerable activity going on at the Isleta Diversion Dam. The dam will be going through some significant changes in upcoming years, beginning with a new Peralta Main headgate, which will alleviate sediment in the Eastside canals. The new Peralta headgate will be located roughly 700ft downstream from the existing headgate, and is anticipated to significantly reduce sediment load. This will be one of the first phases of the Isleta Diversion Dam Modification Project, with construction anticipated to begin in early 2021.

- Exploratory Drilling in the Rio Grande

Exploratory drilling in the main stem of the Rio Grande will also be happening at the dam. This drilling will be conducted by the BOR to support development of a fish passage at the dam, aimed at providing upstream passage for the Silvery Minnow and other fish. The drilling will go on for two weeks and will likely take place in mid-January or early March.

For updates on next year’s water outlook or ongoing projects, please contact WRD at 505-869-7566 or 505-503-0530. Stay well and stay hydrated.



NATURAL RESOURCES

Coronavirus Food Assistance Program 2

Signup for the Coronavirus Food Assistance Program 2 (CFAP 2) began on Sept. 21, 2020 and will continue through Dec. 11, 2020. CFAP 2 provides eligible producers with direct financial assistance due to market disruptions and associated costs because of the COVID-19 pandemic. Check out our [brief video](#) about the program.

CFAP 2 is a separate program from the first round of the Coronavirus Food Assistance Program, now referred to as CFAP 1. Farmers and ranchers who participated in CFAP 1 will not be automatically enrolled and must complete a new application for CFAP 2. Details on how to apply can be found on [farmers.gov/cfap/apply](#).

CFAP 2 Eligible Commodities Finder

Many more commodities are eligible for CFAP 2 than CFAP 1. Interested in finding the Coronavirus Food Assistance Program 2 payment rates for the eligible commodities you grow or raise? Our new, easy-to-use [CFAP 2 Eligible Commodities Finder](#) makes finding payment rates specific to your operation simple. From yam to alpaca farmers – and everyone in between – the payment rate information you need is just a few clicks away. Try it today on your desktop, tablet, or mobile device.

Call Center

A call center is available for producers who would like additional one-on-one support with the CFAP 2 application process. Please call 877-508-8364 to speak directly with a USDA employee ready to offer assistance. The call center can provide service to non-English speaking customers. Customers will select 1 for English and 2 to speak with a Spanish speaking employee. For other languages, customers select 1 and indicate their language to the call center staff.

Disaster Assistance for 2020 Livestock Forage Losses

Producers in Bernalillo, Cibola, Sandoval & Valencia County are eligible to apply for 2020 Livestock Forage Disaster Program (LFP) benefits on native pasture.

LFP provides compensation if you suffer grazing losses for covered livestock due to drought on privately owned or cash leased land or fire on federally managed land.

County committees can only accept LFP applications after notification is received by the National Office of qualifying drought or if a federal agency prohibits producers from grazing normal permitted livestock on federally managed lands due to qualifying fire.


You must complete a CCC-853 and the required supporting documentation no later than January 30, 2021, for 2020 losses.

For additional information about LFP, including eligible livestock and fire criteria, contact the Los Lunas USDA Service Center at 505-865-4643 or visit [fsa.usda.gov](#).

Lisa M. Garay
County Executive Director
Valencia-Cibola Co.
Bernalillo-Sandoval Co.


USDA- Farm Service Agency
505-865-4643 x 2
Fax 877-450-0860

Join Today!



JOIN 4-H TODAY!

With over 100 adult volunteers and more than 400 youth members, the Valencia County 4-H Program supports young people from elementary school through high school with programs designed to grow confident, capable, and caring youth with the life skills to thrive in today's world and succeed in their boldest dreams for tomorrow. Working in partnership with New Mexico State University, 4-H programs are research backed and offer life changing experiences to youth in Valencia County and around the world!





BOSQUE FARMS 4-H CLUB
Enrollment is open for the 2020-2021 4-H Year
Contact: Toma Shaver (505)307-2273
toma.l.shaver@gmail.com

or

For more information contact:

Valencia County CES Office
404 Courthouse Road | Los Lunas, NM 87031
valencia@nmsu.edu
505-565-3002





BE BOLD. Shape the Future.
College of Agricultural, Consumer and Environmental Sciences

New Mexico State University is an equal opportunity/affirmative action employer and educator. NMSU and the U.S. Department of Agriculture cooperating.

To Join 4-H in Valencia County:


1. Enrollment is completed at the club level. Review the club list and choose a club that meets your family's schedule. Contact the volunteer club leader and attend the meetings. Open Enrollment period is October 1st through January 15th for youth ages 9-19. Children 5-8 years of age are encouraged to enroll in a special introductory program called Cloverbuds.
2. Next, select your 4-H Projects. We require all new members to take the "Welcome to NM 4-H" project. A wide variety of projects are available to youth of all ages. Review the 4-H Project Short List: https://aces.nmsu.edu/4h/projects/documents/nm-4-h-proj-and-lit-materials-short-list-2017-2018_200b-3b.pdf.
3. Club leaders will have enrollment and combined release forms available at club meetings. Forms can also be found: <https://aces.nmsu.edu/4h/forms.html>.
4. Turn in your filled out forms to your club leader.
5. Congratulations! You are now a Valencia County 4-H member!

White Eagle Electrical Services LLC

(505)917-6933
(505)259-4178
Jpirowees@gmail.com

100% NATIVE OWNED
Licensed and Bonded Electrical Contractor EE-98
License #397349
Licensed and qualified local electricians
New Commercial, Retail, and Office estimates
Property Management maintenance agreements
Troubleshooting
Sign repair including neon
Code upgrades
Office and exterior lighting including parking lot lighting
Energy saving
Solar energy
Hookups for appliances and air conditioner units
Ceiling fan and lighting repair
24-hour service

Merry Christmas




whiteeagleelectricalservices.com

During the Pandemic, we should be cleaning and disinfecting more often. It is important that you do not inject or ingest these chemicals into your body. Please remember to keep ALL chemicals out of children's reach. If any cleaning or disinfectant solution is swallowed or injected, please contact the NM Poison Control immediately.

NM Poison Control
1-800-222-1222

POISON



1-800-222-1222
NEW MEXICO POISON & DRUG INFORMATION CENTER

DECEMBER

Pueblo of Isleta Elementary

Betty Lora, Acting Principal

Dates to Remember:

*12/17 - End of 2nd. 9 week period.

*12/21-01/01 Christmas Break

01/4-5 Staff Development

01/6 Student online classes begin.



Coronavirus Safety Procedures:

Wear a mask

Wash your hands frequently

Maintain 6ft. of distance

Clean AND disinfect frequently touched surfaces daily.



WISHING YOU A
MERRY CHRISTMAS
&
HAPPY NEW YEAR

We are uncertain as to what the new year will bring but will keep you informed of any changes to our current school status.

Merry Christmas, and enjoy your family time.

Acting Principals Message:

IPad and Chrome book s must be handle d with care. We have received two tablets and two chrome books that were damaged beyond repair. Parents, please spend some time with your child/children showing them how to gently hold their devise and store it in a safe place. Thank you!



Happy Birthday

Kendal Peshlakai 12/02
Tori Jojola 12/02
Jacob Jojola 12/03
Demaris Garcia 12/05
Antonio Lucero 12/07
Jordynn Edaakie 12/09
Eppie Lente 12/12
Tristen Clovis Lucero 12/15
Abrianna Griego 12/17
Madalynn Minns 12/20
Emilia Jojola 12/25
Marita Brown 12/25



PARTICIPANTS WILL NEED A DEVICE TO ACCESS THE PODCAST ON AND AN INTERNET CONNECTION. FOR THE MEETINGS, PARTICIPANTS WILL ALSO NEED TO ACCESS ZOOM.

THIS MONTH WE WILL BE LISTENING TO: CONSPIRACY THEORIES BY PARACAST NETWORK

PODCASTS CAN BE FOUND FREE ON APPLE PODCASTS, SPOTIFY, GOOGLE PODCASTS, OR ONLINE



PUEBLO OF ISLETA PUBLIC LIBRARY

PODCAST CLUB

CONSPIRACY THEORIES

DECEMBER 1ST-16TH

TO SIGN-UP CONTACT ASHLEY OR DIANE AT THE LIBRARY @ (505)869-9808 OR AT ASHLEY.MORALES@ISLETAPUEBLO.COM OR DIANE.ABEITA@ISLETAPUEBLO.COM

OPEN TO ANYONE 18 AND OLDER WEEKLY DISCUSSIONS WILL BE HELD OVER ZOOM EVERY WEDNESDAY @ 5:00PM

CHRISTMAS & NEW YEARS



SERVICE SCHEDULE

Wednesday, Thursday and Fridays trash and recycle routes will be collected on Wednesday December 23rd and Wednesday December 30th. Have carts out by 7AM and have a Merry Christmas and Happy New Year!



PUEBLO OF ISLETA SOLID WASTE DIVISION

KEEP ISLETA BEAUTIFUL!

869-4106

Dear St. Augustine Parish Family,

As I approach five months as your pastor, I am filled with gratitude at the opportunity to serve in such a beautiful place among inspiring people. At the same time, I am saddened by the distance and separation that has kept us from being able to get to know one another and celebrate together. Knowing the joys that have been and will be shared gives me hope to continue each day, even if what unites us is not always visible.

The heaviness of the COVID pandemic became a little more real as we laid to rest the first member of our community to die from the virus on the same day I draft this letter. Given all that has happened in 2020, it may feel strange to focus on gratitude as we approach Thanksgiving. This is a time where our gratitude is often buried by disappointments, losses, uncertainties or even fears. Sometimes the absence of the very things and people we love help us to see with more clarity the gifts that have blessed our lives in the past. They inspire us to hope in what God has in store for the future. In fact, that is the very spirit of the season of Advent (Beginning December 29), a time of longing, anticipation, and preparation.

Our ability to hope in what is to come is rooted in how we can find gratitude in what has been, and even in what we have now. I know we all wish we could just go back to how things were. The spiritual journey does not move backward. It moves forward toward God. All the struggles of our current time prepare us for something that is to come. Our fondness for what has been inspires us for what will be. It is there that we find freedom in our hope. This year has been one of fasting, not feasting. We haven’t been able to share in each other’s joys, and we have been distant in one another’s sorrows. We have gone without many feasts, gatherings, traditions, and the moments that mark our life and form our identity. And yet, this time of fasting from what we enjoy purifies and clarifies our hearts—it helps us to see what we wish to cherish and carry into the future. Now is a time that helps us not only to see who we have been, but who we desire to become.

Now is also a time of trust. Although we are distant from our sacraments, traditions and time together—the things that form us as one—we are not apart from God. His Spirit unites us no matter what challenges we face. Right now every life is experiencing similar struggles. In our separation, God opens our heart to solidarity. Although it may not always be obvious, when we trust in the presence of God even in our darkness, we have hope in the light to come.

Where I find hope is not just in remembering beautiful things of the past, but is in so many of you who I see making real sacrifices of love to care for your families and community. Those of you caring for elders and those who are vulnerable, those of you turning life upside-down to support children in their ongoing education, those of you checking on neighbors or helping with the distribution of goods, services etc. Even though today may feel dark, there are abundant lights burning brightly in each of our homes.

As we come to celebrate the coming holidays, let us be grateful of all we have had so that we may trust in the future for which we hope.

Please be assured of my daily prayers for all of you. Let us hold one another in prayer. Your brother in Christ and St. Augustine,

Fr. Graham

PS – In this letter you will find ways we can stay connected during this time!

Staying Connected as a Family of Faith

- **Communication**
 - **Check out our new website!**
www.isletachurch.org
 - See detailed parish announcements and updates
 - Find links to our live streamed masses
 - Sign up for online giving
 - **Follow us on Facebook:**
<https://www.facebook.com/St.AugustineChurch.Isleta.Pueblo>
 - See live stream mass at 9am on Sundays
 - Stay up-to-date on parish announcements
- **Spiritual Formation**
 - **Advent Reflection Booklets and Missals**
 - We have advent reflection booklets and the missal inserts in the parish office. If you would like one, please give us a call.
 - **Thanksgiving Day Mass (Thursday, November 26th)**
 - 10am live streamed on Facebook
 - **Virtual Advent Reflections**
 - Our Norbertine Abbey is producing a series of virtual advent reflections. You will be able to find them, and participate in related activities, on our parish website and facebook page.
 - **Rosary Novena**
 - Join us for a Rosary Novena to our Blessed Mother to pray for health, healing, and unity in our community.
 - Live streamed on Facebook
 - Daily at 3pm beginning December 4th and concluding on December 12th as we celebrate Our Lady of Guadalupe. On the 12th, the Rosary will be followed by a mass in celebration of Our Lady.
 - **Our Lady of Guadalupe (Saturday, December 12th)**
 - 3:30pm Mass (following the conclusion of the Rosary Novena at 3:00pm)
 - **Christmas Celebration Schedule to be determined**

Giving in Gratitude this Season

I know the pandemic has impacted the finances of many members of our community. Like our families, our parish is facing difficulty in paying our bills. Our church is blessed by the significant support it has received from our Pueblo leadership. Our beautiful facilities and their upkeep and maintenance are generously provided by the Pueblo. We are blessed by the fact that the majority of our activities are overseen by volunteers who give us their time and talent. However, as a separate non-profit organization, we are still responsible for many day-to-day expenses including salaries and benefits, program materials, and certain utilities.

I would never expect a family to put giving to the church above providing for the basic needs and wellbeing of their home. What we give in no way impacts the right we have to services from the Church, and what or how we give does not reflect how much God loves us. However, sharing the resources we have is one way to give thanks for the blessings God has bestowed on us. Giving is a way to recognize our connection to and participation in something much greater than ourselves.

The significance of any gift is not in its size—some of our most dedicated givers only share a small amount each month. The significance of a gift is in the intention of the heart that has shared it.

We are all capable of giving. Some of us give of our time, others talent, and others treasure and some all three. One gift that we can always offer is the gift of prayer. Even if you are not able to make a physical gift, we can never underestimate the power of prayer. Please pray for the wellbeing of our community and parish.

The beauty and the challenge of church ministry is that it is dependent on the generous hearts of the community that forms the Church. We are the Body of Christ, and as such our strength depends on all of us. What we offer may feel small or insignificant as an individual, but when we give together we see the power of what God does through the unity we share as a community of faith. In our giving and receiving we recognize that everything we are and everything we have is a gift from God given in service to him.

I am so grateful for the profound generosity of so many in our community. I know your gifts are not given without sacrifice. I trust God will continue to care for and watch over us all. In gratitude,

Fr. Graham

PS - In this letter you will see a list of ways to support our community financially.

Opportunities to Give

Giving Tuesday

We all know of the spending craze that happens after Thanksgiving: Black Friday, Small Business Saturday, Cyber Monday, etc. What many of us may not know about is Giving Tuesday. This day gives us the opportunity to give back to the important organizations and groups in our lives. This year Giving Tuesday is on December 1st and our parish will be participating!

You can invite friends and family to contribute as well!

- Visit www.santafe.igivecatholic.org
- Search for “St. Augustine” under parishes or “Isleta” under location
- Select our parish and make a one-time contribution!
- You can also find links on our website and facebook

Regular Collection Envelopes

As we have not been able to gather in person to celebrate the Mass, many of our parishioners have not been able to bring their usual contributions. You are still welcome to mail your contribution to the parish or drop it off at the office. If you don’t have an envelope number and would like us to track your contributions for tax purposes, please contact the office.

Online Giving

If you are tired of writing checks or are not able to mail or deliver contributions, but you still want to give, try our new online giving!

- Visit www.isletachurch.org/give
- Make either a onetime donation or a recurring gift.
- You can use a credit card, bank account withdraw, and other options



Pueblo of Isleta Public Library

Happy Holidays, Merry Christmas and a Happy New Year to everyone near and far! December is upon us and we are near the end of 2020. What a year it has been and I'm sure everyone is ready to leave it all behind and bring in 2021. Just to think that in the past year we have witnessed major historic events in our lifetime and life will possibly never be the same again. With that said we can approach 2021 with new insight and new beginnings for us all.

News

With the upcoming holidays, winter weather and unforeseen circumstances the Library hours are subject to change at any given moment and a notice will be sent out as soon as we know. Please follow us on our Social Media platforms for up-to-the-minute updates on Library closures. We will be closed on the following days:

Friday, December 25th- LIBRARY CLOSED: In observance of the Christmas Holiday. We would like to wish everyone a Merry Christmas and Happy Holidays!

Friday, January 1st- LIBRARY CLOSED: New Year's Day. The Library Staff would like to wish you and your family a Happy New Year with happiness and good health. Remember to be safe and responsible.

With the recent rise of COVID cases the library once again will have to make adjustments to the Library's business hours of operation. Please continue reading for the updated business hours for the library. Recent changes will be made permanent for the rest of the calendar year. We have also had to make changes to library staff schedules that include teleworking from home.

Join us for our Virtual Family Story Time every Wednesday at 10:30 am. Story time will take place over Zoom and is open for ages 16 months - 5 years old. For each month a calendar will be available with the schedule of books and crafts. For the month of December, crafts will include a paper plate wreath, Popsicle stick wagon, melted snowman and so much more. Supplies for the crafts will have to be picked up prior to the Story time through our curbside service. If you would like to sign up please call the library at 505-869-9808 or email Cheyenne at Cheyenne.Castillo@isletapueblo.com.

Library information is posted at the front of the library with COVID-19 business Hours of Operation, library Wi-Fi and Library Mobile Apps.

The Library is offering a contactless curbside service as well as computer use by appointment only for essential use. Curbside services will be Monday-Thursday from 10am to 5pm and Friday 10am to 4pm. To check out material please download our mobile app Librista.



To make a computer appointment please call the library to set up a time, as space is limited. Appointments will be based on one-hour increments so please come prepared. When visiting the library please remember to wear a mask at all times, patrons' temperature will be taken before entering the library. Sanitation stations have been set up throughout the library, and computer workstations must be disinfected before and after use. Patrons will enter at the front entrance of the library and will exit on the north side of the library. We

greatly appreciate your patience at this time as we are adjusting to a new normal. If you have any questions or concerns feel free to contact the library at 505-869-9808. To drop off any library materials please use our drop off box, which is located in the front of the library. Drop off material will be quarantined for three days, disinfected and then checked in.

With things changing daily library staff is closely monitoring the COVID-19 situation and as a result library programs and services are being impacted. We will continue to keep you updated and informed about upcoming programs and services as more information comes along. Below is a list of our new hours of operation.

Library Temporary Covid-19 Hours of Operation

Monday –Friday: 8am-4:30 pm
Saturday: CLOSED

Curbside Hours

Elderly: 10am-11am
General: 11am-5pm

Library staff members are on site to answer any questions or address any concerns you


may have and we are always open to any suggestions you might have to help us better serve the community. Please don't hesitate to give us a call at 505-869-9808.

Library Access from Home

During this time we encourage the use of our digital services. If you ever have questions or need help accessing our online services. Please call us at the library at 869-9808 during regular business hours or message us on social media (FB, Snapchat, & Instagram).

The Library's digital services give cardholders 24/7 free access to eBooks, audiobooks, music, and periodicals (NY Times). So you can maximize your reading, and listening experience at home. We've got you covered.

The library online services will ask you to enter your library barcode number which is located on the back of your library card and a pin or password. If you do not have a pin or password set up with us you can call the library during business hours and a staff member can help you set that up over the phone.



Paint Night with the Library!

* GRAB A CUP OF HOT CHOCOLATE (OR TEA) AND COME AND JOIN THE LIBRARY OVER ZOOM TO HAVE A RELAXING PAINT NIGHT


Paint night will take place on December 17 from 5:30-6:30pm

OPEN TO THE FIRST 10 PATRONS 18& OVER TO CALL AND SIGN UP AT THE LIBRARY


Paint night will take place over zoom

* PATRONS WHO SIGN UP WILL RECEIVE A HOT CHOCOLATE MAKING KIT!

Supplies will be provided



For more information please contact Cheyenne at the Library at 869-9808 or by email at cheyenne.castillo@isletapueblo.com



Below is a list of the digital services the library has to offer.

To search our library collection and view your account you can download the Librista app on your iPhone, Android and Kindle devices. This feature will let you see what library material is available, let you search our library collection and view your account. New York Times online is now available to our library patrons for FREE. Find breaking news, multimedia, reviews & opinions on Washington, business, sports, movies, travel and so much more. New York Times will be available on library computers, library Wi-Fi or if you are at home you can access through the library website and click on the icon located on the general library section.

The library now has Lynda.com, which is FREE online training on various computer software’s and programs. The Lynda.com Online Training Library is a massive online training resource. Using their thousands of videos, members are able to learn – self-paced and on-demand – topics ranging from Google, Zoom and so much more. Members must have a Library card in order to utilize the Lynda.com site. The link to Lynda.com may be found on our Library website at <http://isletapueblo.com/library.html>. Just click on the “Start Learning Click Here” button to start your digital continuing education.

Download the mobile app Libby to start borrowing and reading ebooks and audiobooks for FREE. Put your library in your pocket with Libby. To access this app you will need your library barcode and password.

Free Music! Take advantage of our Freegal Music service. Log on with your library card number and pin to start downloading and streaming music. Library patrons receive 3 free downloads each week and UNLIMITED streaming of music with NO AD interruptions. Log on to freegalmusic.com.

com or download the Freegal Music app. If you have any questions about this service or would like to set up a password please give the library a call at 505-869-9808.

For additional help and information library staff members have made YouTube videos featuring the library’s digital services and how to utilize them. Check them out by visiting the library’s YouTube page at www.youtube.com/user/poilibrary.

Upcoming

The Library will once again be hosting a Podcast Club starting December 1st through the 16th. December’s podcast selection will be on Conspiracy Theories by Paracast Network. A conspiracy theory is a belief that some covert but influential organization is responsible for a circumstance or event. The podcast will go over topics like the Titanic, Tupac Shakur, the Mandela Effect, Area 51 just to name a few. Were are not saying were are conspiracy theorists or experts on the topics but we find them interesting and would like to spark a discussion. This program is open to anyone 18 and older. Weekly discussions will be held over zoom every Wednesday at 5:00pm. Participants will need a device to access the Podcast and an Internet connection. For the meetings, participants will also need access to zoom. Podcast can be found FREE on Apple Podcast, Spotify, Google Podcast or Online. To sign-up or if you have any questions, please contact Ashley or Diane at the Library at 505-869-9808 or by email at Ashley.Morales@isletapueblo.com or Diane.Abeita@isletapueblo.com.

Library staff member Cheyenne will be hosting a Virtual Paint Night at the Library on December 17th starting at 5:30pm. Join us and grab a cup of hot chocolate (or tea) and gather around for a relaxing paint night over zoom. This program is open to the first 10 patrons 18 & over that call and sign up. This program is FREE and all supplies will be provided. Patrons who sign

up will also receive a Hot Chocolate making kit, so don’t waste any time and sign up. For more information please contact Cheyenne at the library at 505-869-9808 or by email at Cheyenne.Castillo@isletapueblo.com. The library will be hosting a high school and college-gearred program for the month of January. Join us on January 14th at 5:30 pm via zoom. Learn how to utilize your tablet for the upcoming semester. What note apps to use and how to organize your notes. This program is open to all college student and the first five students who sign up and attend the program will receive a Starbucks gift card. Participants will also be entered to win a gift card for a notes app from the Apple store or Google store. Sign-ups will begin January 4th. If you have questions or would like to sign up please contact Bekah or Shaypof at 505-869-9808 or by email at Rebekah.Lovato@isletapueblo.com or Shaypof.Ybarra@isletapueblo.com.

Recap

The After School Program is currently full with five students per session. Students have been staying busy with daily homework and crafts. For the month of November students made turkey Mason jar luminaries, brownie in a mug, beaded Indian Corn, dancing corn, donut cheerios and apple dipped turkeys just to name a few. Library staff is also in the process of filling in the December calendar of activities and crafts. If you have any questions regarding the After School Program please feel free to call the library at 505.869.9808. The month of November went by so fast and library staff was busy with computer appointments, working curbside and helping with Turkey and Ham distribution for the community. We are looking forward to December and jumping right into new library programs and we are also planning for the upcoming year. If you have any suggestions or ideas about library programs please feel free to call us of share with a library staff member.

VIRTUAL FAMILY STORY TIME CALENDAR

SUN	MON	TUE	WED	THU	FRI	SAT
			VIRTUAL FAMILY STORY TIME 10:30AM BOOK PAPER PLATE WREATH			
6	7		VIRTUAL FAMILY STORY TIME 10:30AM BOOK POPSICLE STICK WAGON			
	14		VIRTUAL FAMILY STORY TIME 10:30AM BOOK MELTED SNOWMAN			19
20	21		VIRTUAL FAMILY STORY TIME 10:30AM BOOK POM POM ORNAMENTS			26
	28		VIRTUAL FAMILY STORY TIME 10:30AM BOOK COTTON BALL PENGUIN	31		

DECEMBER



NEWSLETTER
ISLETA POLICE DEPARTMENT
December – 2020

The last month of the year 2020 and what a year 2020 has been so far. Though we have all been through many trials and tribulations we continue to find strength and forge on.

At the time of this submission, we have had changes emplaced to include teleworking for many employees, the temporary closing of the Isleta Casino, Isleta Golf Course, and Isleta Lakes.

The Isleta Police Department, Isleta Dispatch, EMS etc., however, continue to function as usual and are dedicated to serving the community in the best way we can. Because of COVID-19, please be advised we will be responding to non-emergent calls in a different manner by minimizing face-to-face contact so that we are able to maintain the safety of all concerned.

If you have a serious emergency, a life or death situation, we will be on scene to assist in every way possible. For those calls not requiring an officer to be on scene but a report needs to be taken, these may be handled over the telephone. We ask for your understanding in these instances.



INDIAN HIGHWAY SAFETY PROGRAM

IHSP Traffic Division continues to monitor and enforce the roadways throughout the Pueblo of Isleta maintaining safety for all with traffic enforcement. The “CLICK IT OR TICKET MOBILIZATION” which ended November 29, 2020 was enforcement of seatbelt and child restraints. This was a national mobilization and because of COVID-19 was delayed from its usual time earlier in the year. Though this mobilization ended November 29, please continue to “Buckle Up” throughout the year.

A reminder to all if you are celebrating---

“PLEASE DON’T DRINK AND DRIVE!”

COMMUNITY RESOURCE OFFICER/D.A.R.E. PROGRAM

Community Resource/D.A.R.E. Officer H. S. Powers has been conducting the D.A.R.E. presentations/instruction virtually to second grade classes on Monday and Thursday. Though a bit of a challenge and adjustment to the virtual interaction the program appears to be successful and we are encouraged as it is a wonderful program for the children.

COVID-19

Isleta Health Center issued a plea to the community to please observe all safety precautions in helping to blunt the trend of COVID-19 in the Pueblo. There has

been an increase in the number of cases surfacing and we must work together to reverse the trend. The daily curfew (9:00 p.m. to 6:00 a.m.) is in place and we ask everyone to observe it. There should be no one out and about during these hours with the only exception of those going to or returning from work. Non-Tribal/non-residents are also not allowed to be on the Pueblo as is clearly instructed by the many signs placed throughout the Pueblo. We must protect our elderly, those who are medically compromised, the children..... **EVERYONE!**

**STAY HOME – MASK UP –
SAFE DISTANCING – WASH
HANDS FREQUENTLY
– AVOID GATHERINGS
PLEASE!**

**Though the Christmas Holidays
may be far from the norm this
year, the Isleta Police Department
extends sincere wishes to all for a
safe and wonderful holiday filled
with Love, peace and happiness.
Merry Christmas and a toast to a
better 2021!!**



**ISLETA POLICE
DISPATCH**

Hello Isleta Pueblo. Just a reminder that COVID-19 is in our community. In effort to reduce spread to our first responders we want to inform everyone that when calling 911/Isleta Communications you will be screened with questions pertaining to COVID-19 symptoms. We ask that everyone who calls to cooperate while we gather information from the callers. In the event the call taker doesn’t ask you questions pertaining to COVID-19 symptoms and you **ARE** experiencing symptoms, please inform the call taker.

When all possible, we ask that you step out of your home when making contact with any first responders. Remember to **ALWAYS** wear your mask and **ALWAYS** maintain social distancing.

“We wear ours, so please wear yours”

Wood & Burn Permits

**Wood permits will be given out by
appointment only.**

Please call 869-7564



**Burn permits are not being
issued at this time due to**

**STAGE 1
Fire
Restrictions.**





BOSQUE FARMS 4-H CLUB

Toma Shaver, Organizational Leader 505-307-2273 or toma.l.shaver@gmail.com

This awesome 4-H Club meets the 2nd Wednesday of every month (ZOOM until further notice) at the Bosque Farms Community Center. Bosque Farms 4-H is a family oriented club and encourages participation from parents. We welcome Cloverbuds!

LIVESTOCK~BAKING~ARTS & CRAFTS~SHOOTING SPORTS~WELDING~ROCKETRY~DOG TRAINING. and more

This club chooses to participate in many community service activities ranging from food baskets during holiday seasons to preparing cards and care packages for deployed servicemen. We visit with residents (and decorate for the season) at Sierra Vista Assisted Living Center throughout the year.



Wear a Mask When You Are in Public
It is Very Important to reduce your Risk of COVID-19
Mask Tips: How to Select

DO choose masks that

- Have two or more layers of washable, breathable fabric
- Completely cover your nose and mouth
- Fit snugly against the sides of your face and don't have gaps

DO NOT choose masks that

- Are made of fabric that makes it hard to breathe, for example, vinyl
- Have exhalation valves or vents, which allow virus particles to escape
- Are intended for healthcare workers, including N95 respirators or surgical masks

Special Situations: Children

- If you are able, find a mask that is made for children
- If you can't find a mask made for children, check to be sure the mask fits snugly over the nose and mouth and under the chin
- Do NOT put on children younger than 2 years old

Special Situations: Glasses

If you wear glasses, find a mask that fits closely over your nose or one that has a nose wire to limit fogging

Caution: Gaiters & Face Shields

Evaluation is on-going but effectiveness is unknown at this time

Evaluation is on-going but effectiveness is unknown at this time

Do NOT wear a mask

- Around your neck
- On your forehead
- Under your nose
- Only on your nose
- On your chin
- Dangling from one ear
- On your arm

How to take off a mask

- Carefully, untie the strings behind your head or stretch the ear loops
- Handle only by the ear loops or ties
- Fold outside corners together
- Be careful not to touch your eyes, nose, and mouth when removing and wash hands immediately after removing



Isleta Historical Society

Protect the Land · Preserve the Culture · Honor the Ancestors

This continues a monthly series of articles about historic Isletans and significant happenings at Isleta. The Isleta Historical Society is interested in your reaction to these stories and encourages you to contact us with ideas for future publications. Visit us on Facebook and Instagram @isletahistoricalsociety or email us at isletahistoricalsociety@gmail.com. We will not use any information without your permission. Thank you!

Members: Randy Jiron, Kateri Jojola, Malcolm Ebright, Valentino Jaramillo, Rick Hendricks, and Ted Jojola

The “Spanish Flu” Pandemic of 1918-1920 and Other Epidemics and Isleta Pueblo - Part 2

At the time the Spanish flu hit, scientists did not know what a virus was. Doctors first thought the disease was caused by a bacterium. A virus is about twenty times smaller than a bacterium — too small to see under a microscope, so there was no way of detecting the virus. Nevertheless, in 1799 Edward Jenner was able, through trial and error, to discover a vaccine against smallpox, another virus. Today scientists understand more about viruses, but COVID-19 is a new and highly contagious one. Pharmaceutical companies are working furiously to come up with a safe and effective vaccine which is expected in the next few months.



Edward Jenner

The Spanish flu was not the first disease to hit Native Americans hard. In 1491 before the arrival of Columbus, the Native population of the Americas was over 112 million, and by 1650 it had been reduced to less than 6 million due to the arrival of infectious diseases to which the Indians had no immunity. For centuries, smallpox epidemics were a regular occurrence in the world, in the United States, and at Isleta Pueblo. As one scholar put it, “smallpox was as ancient a scourge as the Spanish conquistadores.”

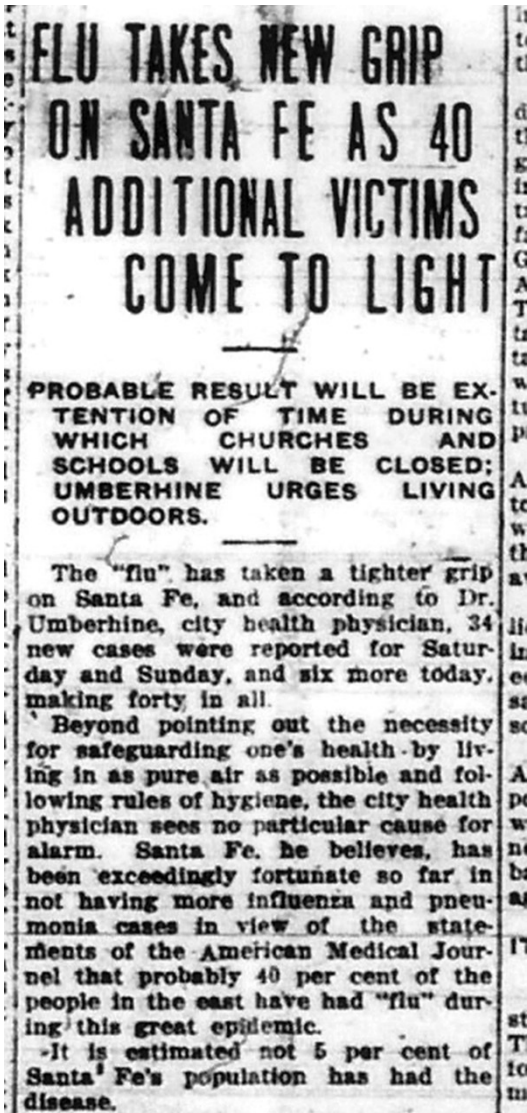
Smallpox invaded the Upper Rio Grande Valley repeatedly during Spanish Colonial times and during Mexican rule. In 1849, New Mexico Indian Affairs Commissioner James S. Calhoun noted that smallpox had existed in most pueblos for the past twenty years and “the mortality is frightful.” He requested that the government employ doctors to undertake “a thorough vaccination of the Pueblos.” Isleta suffered the disease in 1877 and again in 1888 when vaccine arrived, belatedly, from Ft. Wingate.

Native Americans were especially vulnerable because of their contact with white people and because the federal government was lax and haphazard in vaccinating Indians. The US government had no general plan, little foresight, and extremely limited success in combatting smallpox in the pueblos. The Office of Indian Affairs provided few medical services for the general health needs of the Pueblo

Indians. Vaccination was an exception, but when it did happen the motives had little to do with the health of the Indians. First came the concern that then Pueblo Indians would infect nearby communities. Indian Agent Benjamin Thomas told the governor of Isleta, “you people ... will not be allowed to spread the smallpox all over the country.” The second reason for vaccinating the pueblos was to protect the teachers and their students in the day-schools and the boarding schools.

In 1898 there were nineteen government day schools in seventeen of the nineteen pueblos. Teachers in the day schools provided most of the government’s medical assistance, such as it was, to the pueblos. The agents sometimes hired a physician to go to the pueblos, but the expense had to be approved in Washington. The Indian agent never had a doctor on his staff. Thus, as we saw in last month’s article, it was an improvement in bureaucratic funding when Indian Agent Phillip T. Lonergan found the funds to hire Dr. Richardson to visit Isleta in the fall of 1918 at the height of the Spanish flu pandemic.

The 1897-1899 smallpox epidemic was particularly severe. It came from Mexico and infected communities in southern New Mexico first. When these communities requested vaccine from Governor Lew Wallace, he sent enough for a few thousand people, but promptly ran out of funds. When smallpox spread to Santa Fe, it was unchecked by a vaccination campaign because the city treasury was empty, and payment of the city physician was delinquent.



The disease first struck Isleta in January 1898 and lingered until August. Of the 387 cases of smallpox at Isleta, 85 ended in death. The population of Isleta in 1899 was 1,200, and by 1900 it had declined to 1,043. The death rate was 22% of cases and 7% by population. The failure of the Pueblo Agency to mount an early successful vaccination campaign was the single most critical factor in the emergence of the epidemic. Until 1880, vaccination of the Pueblo Indians was done by vaccine crusts, that is, scabs, from prior vaccinations. These were shipped from the east and had a long shelf life. In contrast, the vaccine points made from bovine vaccine, though superior in convenience and cleanliness, only had a shelf life of one to two weeks. In 1898 vaccine points were available in Santa Fe at Fischer’s Drug Store but getting the vaccine points repackaged and mailed out to the day-school teachers, and used before the vaccine’s effectiveness expired, was another matter.

The first request for vaccine points seems to have been made in 1897 by the physician at the Santa Fe Indian School, who was vaccinating all students because smallpox had broken out in Albuquerque. “Indian Agent Walpole, entering on his duties in July, responded to the teachers request for vaccine by ordering the vaccine points from Washington and forwarding them to the pueblos on arrival. However, none of Walpole’s vaccine point shipments were effective.” When Walpole realized, finally, that the vaccine points were useless, he reverted to vaccine crusts which he ordered and distributed to several pueblos in January 1899. These proved effective, but by 1899 precious weeks and months had been lost, during which the majority of pueblo deaths in the epidemic occurred.

The Importance of Nursing

While vaccination was the first defense against smallpox, a secondary, and often overlooked defense was nursing. There never was a cure for smallpox once you were infected, but effective nursing often enabled the patient’s own biological defenses to overcome the virus. Indians who contracted smallpox without nursing tended to die of starvation, dehydration, or secondary infection, and at a much higher rate than whites. Non-Indians often had the benefit of nurses, doctors, and family members who provided nourishment, fluids, sheets, blankets, medicines, baths, and encouragement against the fever, delirium, and exhaustion that were the symptoms of smallpox. There were exceptions to the lack of nursing in the pueblos, such as the hospital at San Felipe, which provided medical care to the Indians there. At Hopi, many of those Natives agreed to be treated by their physician. Out of the 632 Hopis who had smallpox, 412 were willing to receive treatment and of that number only 24, or 6%, died. Of the 220 patients who did not receive any care 163, or 74%, succumbed to

smallpox. Similarly, elsewhere, in such notorious epidemics as the Aztecs in 1519-1520, the Hurons in 1636-1640, the Cherokees in 1738, and the Mandan in 1837-1838, rates of death were 50 to 90 percent or higher as compared to 20 to 25 percent mortality rate among unvaccinated non-Indians.

There is little record of how much nursing was provided by the Pueblo Indians themselves. Most nursing was provided by the day-school teachers, though teachers caught up in the epidemic reacted differently. Some devoted themselves to nursing, as did Annie M. Sayre, the teacher at Laguna. She labored for months for the sick, going from house to house, looking for unreported cases, giving directions, and administering medicines. Laguna governor José Antonio Paisano said of her, “she was the only one who care[d] for our people ... she is the only ‘hero’ of the smallpox.” Other day-school teachers who nursed the sick were Emma Dawson at Jemez, Mrs. J.B. Grozier at Cochiti, and Cora A. Taylor at Acoma. On the other hand, several male teachers evaded nursing duties. James Hovey at Isleta simply ignored the epidemic, which was one reason for the high death toll of eighty-five at Isleta.



Two English boys, 13 years old, the one on the right was vaccinated, the other was not.

Another hero of the 1898-1899 smallpox epidemic was Mary Dissette, a resourceful and tough-minded teacher at the Zuni day school from 1888-1897. After the government took over the mission school in 1897, she was transferred to teach at the Santa Fe Indian School. When she learned about the smallpox crisis at Zuni she contacted the governor of New Mexico, the Commissioner of Indian Affairs, and the Indian Rights Association, finally receiving an appointment on special detail as a nurse. She arrived at Zuni in January 1899 and stayed for about three months. Working with the missionary, a contract physician, and day school employees, Dissette set up a dispensary in the pueblo, distributing salves, disinfectants, beef broth, garments, and medicines. Her team visited as many as 450 victims a day, caring for the sick and providing them a diet and some medicines. By the third week in January the number of smallpox victims was reduced significantly, and the virus had run its course. Mary Dissette’s selfless work at Zuni saved many lives. She is recorded as another hero of the smallpox epidemic of 1898-1899.

The epidemic of 1898-1899 was one of the most catastrophic in the late nineteenth century. The responsibility for the epidemic lay with the federal government. The commissioners and Indian agents were fatefully behind the times regarding smallpox research. They were unaware of the discovery of glycerinated vaccine, one of the most important advances in the history of combatting smallpox. It was a liquid vaccine where the vaccine material was placed in a glycerine solution, a mild antiseptic. It was reliable for about twelve weeks after production. The impact of the smallpox epidemic of 1898-1899 was reduced to a large degree by the nursing efforts of Emma Dawson, Cora Taylor, Mrs. J.B. Grozier, and especially, Mary Dissette. The last outbreak of smallpox virus in the US occurred in 1949, and the World Health

Assembly declared smallpox eradicated in 1980. May it be so for the novel COVID-19 virus in the near future.

We think you might find the following resources interesting: Laura Spinney, *Pale Rider: The Spanish Flu of 1918 and How it Changed the World* and John M. Barry, *The Great Influenza: The Story of the Deadliest Pandemic in History*.

Again, we want to thank everyone who has been reading these articles. We invest a great deal of time and energy into these articles and we do so because we are interested and passionate about the topics we cover. We believe that by sharing these stories with the community it may instill a sense of confidence in who we are as Isletans. We are grateful for all of our readers and have been receiving feedback from the community. Some of you have even reached out with ideas about what topics to cover next or areas of interest for the Historical Society to dig deeper into. We thank you for your interest in the stories we are telling about the Pueblo and the people and encourage you to reach out to us with any information, ideas or comments that you feel would be helpful to us. We will soon be publishing on our social media platforms so be on the lookout for that content. Again, any information is greatly appreciated and will not be used without your permission. Thank you!



What to Expect if You Receive a COVID-19 Contact Tracer Phone Call

www.healthline.com
Stephanie Barela, BS CHES CSST, 869-4479

Contact tracing is a public health strategy that involves identifying everyone who may have been in contact with a person who has the coronavirus this also includes the positive person. Contact tracers collect information and provide guidance to help contain the transmission of disease. It starts when the Health Center or local department of health gets a report of a confirmed case of the coronavirus in its community and gives that person a call. It is crucial during this time to answer your phone. You may not recognize the number, it might be a contact tracer calling to let you know that someone you have been near has tested positive for the coronavirus. Ignoring calls from contact tracers could put you at risk of unknowingly transmitting the virus to your loved ones and others.

The contact tracer usually provides information on how to isolate, when to get tested, signs and symptoms. During your conversation with a contact tracer, you will be asked an array of questions. For example, family, employment, places and people you have been around. This helps identify people that may have been exposed to the virus. The interview can take anywhere from 30 minutes to a few hours, depending on how complex it is.

If you are the person who tested positive for COVID-19 you will be asked who you have been in contact with two days prior to the onset of symptoms. This is because the infectious time is believed to be 2 days before symptom onset. The Contact

tracer will ask the person if they are socially distancing and other precautionary measures, wearing a face mask, staying 6 feet away, and hand hygiene. Socially distancing and places they have been. It’s a relatively straightforward process,

If the Positive person has not been adhering to the prevention guidelines and has been getting together with others, not wearing a mask, traveling, working close to others and not washing their hands, the interview can get a lot more involved. The person might need to review their calendar, create a timeline of everywhere they have been, and figure out how long they spent with different individuals.

After the case interview, the contact tracers will call the people who have been around and potentially exposed to the coronavirus by the person who tested positive. They are given recommendations on how to safely quarantine or isolate, where to get tested, and what to do if they become sick. If they’re not already sick, we still need to self-quarantine to prevent the spread of COVID. Just because you feel fine, you can still spread the virus to others.

Reaching contacts of positive cases can be difficult:

1. People do not answer their phone,
2. Return messages
3. Contact information is incorrect.
4. The number of contacts they have had
5. Fear of getting in trouble

Please help keep Isleta healthy, thank you.

PARKS AND RECREATIONAL CENTER

Well we've made it to December!!! This crazy year (2020) is almost over and I for one am glad to see 2020 end. This has been a challenging year for each and everyone one of us and I'm sure we are all looking forward to 2021 with much anticipation and hopes that it will be a better year for us here in the pueblo and for everyone around the world. We continue to offer our services and programs and we are making adjustments as necessary.

RECREATION – The educational/recreational program we are providing is still doing well. The children in that program have been able to keep up with their mandated school work in a safe environment and this program has also given the parents of the children in that program the opportunity to go back to work during these trying times. We are glad that this program has been able to help these children and offered some relief to some parents. When the covid cases start to decrease and things start to get better, that is when we will consider increasing the participation numbers in this program. We know that more children and parents need this program, but we also want everyone to know that our priority is to make sure that the children in our program stay safe and that our staff is also safe and increasing our numbers makes it more challenging.

PARK MAINTENANCE – The parks maintenance crew is in the process of prepping the fields for the upcoming little league season. I know that it has yet to be determined if there will be a season or not but we are planning on starting off the year as if it will be a normal year. If it is decided to have the little league season our parks will be ready to go. In case you have not noticed the parks crew has also been busy putting up shelters over the seating areas at the ball fields. We are hoping that this will make it

Isleta Recreation Center
Spaces are limited
SPINNING CLASS



THURSDAY'S | Starting October 8, 2020
Time 5:45pm TO 6:30pm

Attention

EFFECTIVE
OCTOBER 20TH,
2020

ATTENTION:
EFFECTIVE TUESDAY,
OCTOBER 20TH, 2020 OUR
HOURS HAVE CHANGED
FOR BOTH FITNESS WEST
AND MAIN RECREATION
CENTER. THIS IS FOR THE
SAFETY AND WELL BEING
FOR EVERYONE. THANK
YOU FOR YOUR
UNDERSTANDING.

Face masks remain
mandatory for all fitness
activities.

MAIN
RECREATION
CENTER

(505) 869-9777

New Hours

Monday -Friday
7:00am – 6:00pm

Fitness West

(505) 869-5741

New Hours

6:00am – 5:00pm

MORNINGS & EVENINGS

FITNESS
HOURS

*ALL GROUP
CLASSES ARE
POSTPONED
UNTIL FURTHER
NOTICE.

THANK YOU

more enjoyable for the spectators once league play starts back up. The parks are still closed for use but it seems that people are still finding their way in and they are leaving trash. Please obey the signs and be proud of your pueblo. Pick your trash and throw it away no matter where you are in the pueblo. The portable restrooms have also been removed from the parks. These are pretty expensive to have in our parks and being that our parks are currently closed, it will be saving the POI some money. We will have them put back in the parks when the parks are officially open again. The other reason we had them removed is because the hand sanitizer and toilet paper was being stolen from them and they were also being used for illegal activity. Once again we will have them put back in the parks when use of the parks resumes.

SPORTS ACTIVITIES – Unfortunately it’s been a challenge to do sports activities during this pandemic, but our sports coordinator has figured out how to coordinate and have some running challenges. We are looking forward to planning and having more of these types of running activities. The weather has been very good and having tribal members get out to run and walk is awesome and good for their health. Please keep your eyes open for upcoming runs and fitness fun challenges. Once again we are hoping that the new year gets better for all of us and if it does we look forward to provide different types of league play and many other sports activities as well.

SWIMMING POOL UPDATE – The contract has been awarded to the vendor that will be re-plastering our swimming pool, so you should be seeing work on the pool starting very soon. I am still hoping that everything (re-plaster, painting, hiring of staff, etc.) will all be complete in January, at the latest the end of January so that we can look into re-opening the pool then. Please keep in mind that we will need to have everything, especially the staff issues, in place before we can open the



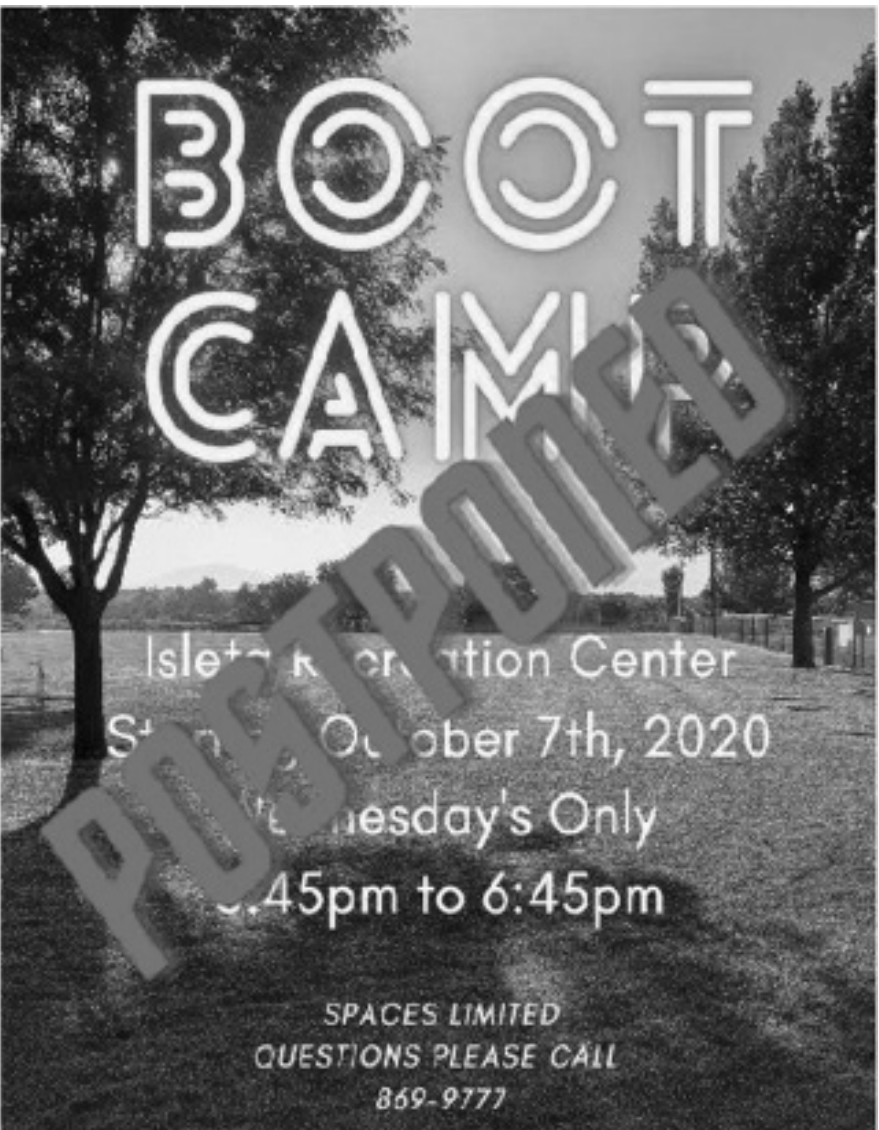
pool and we are still looking for Lifeguards or individuals interested in becoming Lifeguards. So once again if you or anyone you know might be interested in working as a Lifeguard or would like to be trained to be a Lifeguard for our pool, please have them contact me (Arnold Sena) at (505) 869-9777.

FITNESS – Both of our fitness facilities (New Rec and Old Rec) have been working diligently to make sure all gym users are safe during exercise, with mopping and sanitizing after each guest use. We want everyone to know that your health and safety is our highest priority. With that being said, the holidays are right around the corner and not to mention New Year’s Resolutions. Fitness staff are available to assist all our community with your

fitness needs and goals, no goal is too big or unattainable. We would love to see new faces as well as our regulars. Please don’t be intimidated to come in and try something new. We are all friends and family here, and are here to help everyone. Remember you get what you put into it (effort), “so if you don’t show, you’ll never know”. Operations will remain at 25% and Face masks are mandatory, no exceptions. Remember we are all in this together.

If you have any concerns, questions, ideas or you just want to say HI, please feel free to contact us at 869-9777, we would love to hear from you.

We hope everyone has a safe and joyous holiday.



3 Key Steps to Take While Waiting for Your COVID-19 Test Result

To help stop the spread of COVID-19, take these 3 key steps NOW while waiting for your test results:

1 Stay home and monitor your health.

Stay home and monitor your health to help protect your friends, family, and others from possibly getting COVID-19 from you.

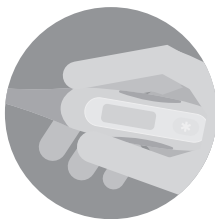
Stay home and away from others:

- If possible, stay away from others, especially people who are at higher risk for getting very sick from COVID-19, such as older adults and people with other medical conditions.
- If you have been in contact with someone with COVID-19, stay home and away from others for 14 days after your last contact with that person.
- If you have a fever, cough or other symptoms of COVID-19, stay home and away from others (except to get medical care).



Monitor your health:

- Watch for fever, cough, shortness of breath, or other symptoms of COVID-19. Remember, symptoms may appear 2-14 days after exposure to COVID-19 and can include:
 - Fever or chills
 - Cough
 - Shortness of breath or difficulty breathing
 - Tiredness
 - Muscle or body aches
 - Headache
 - New loss of taste or smell
 - Sore throat
 - Congestion or runny nose
 - Nausea or vomiting
 - Diarrhea



2 Think about the people you have recently been around.

If you are diagnosed with COVID-19, a public health worker may call you to check on your health, discuss who you have been around, and ask where you spent time while you may have been able to spread COVID-19 to others. While you wait for your COVID-19 test result, think about everyone you have been around recently. This will be important information to give health workers if your test is positive.

Complete the information on the back of this page to help you remember everyone you have been around.

3 Answer the phone call from the health department.

If a public health worker calls you, answer the call to help slow the spread of COVID-19 in your community.

- Discussions with health department staff are **confidential**. This means that your personal and medical information will be kept private and only shared with those who may need to know, like your health care provider.
- Your name will not be shared with those you came in contact with. The health department will only notify people you were in close contact with (within 6 feet for more than 15 minutes) that they might have been exposed to COVID-19.



CS 318271-A 07/27/2020

cdc.gov/coronavirus

Isleta Behavioral Health Clinic Services for the Community

Are you someone who believes that Isleta Behavioral Health *can only* help people who have alcohol or drug problems or who are ordered to get counseling by the Tribal Court? If so, then there is a whole part of Isleta Behavioral Health that you have yet to discover.

The term behavioral health is used to describe the connection between how we behave and the overall health of our mind, body, and spirit. Sometimes life can be a little overwhelming, especially now more than ever. Wouldn't it be nice to just have someone listen? Our goal at Isleta Behavioral Health is to help people lead healthier, happier, and fuller lives. If you are struggling with stress, depression, anxiety, anger, relationship problems, grief, or other challenges in life, perhaps we can help.

This service is available to children and adult community members of the Pueblo of Isleta. We are located in the back of the building at the Isleta Health Clinic.

Call us today at 505-869-5475
WE ARE HERE TO SERVE

Isleta Health Center Program Cancellations

Health Educator: Stephanie Barela, BS CHES CSST, 869-4479

The Isleta Health Center (IHC) is doing our part to encourage social distancing, by continuing to cancel all of our programs until further notice:

The IHC Programs below are canceled:

- ▶ All IBHC Prevention activities
- ▶ ICAP Sewing Class on Thursday evenings
- ▶ ICAP Moccasin Making Class on Tuesday evenings
- ▶ Isleta Diabetes Prevention Exercise Classes (Eagle HIIT) held Mondays and Wednesdays
- ▶ Isleta Diabetes Weight Training held Tuesdays and Thursdays
- ▶ Isleta Health Support Group, 2nd Tuesday of the month, 12/8/20 CANCELED

Think About The People You Have Recently Been Around

If you test positive and are diagnosed with COVID-19, someone from the health department may call to check-in on your health, discuss who you have been around, and ask where you spent time while you may have been able to spread COVID-19 to others. This form can help you think about people you have recently been around so you will be ready if a public health worker calls you.

Things to think about. Have you:

- Gone to work or school?
- Gotten together with others (eaten out at a restaurant, gone out for drinks, exercised with others or gone to a gym, had friends or family over to your house, volunteered, gone to a party, pool, or park)?
- Gone to a store in person (e.g., grocery store, mall)?
- Gone to in-person appointments (e.g., salon, barber, doctor's or dentist's office)?
- Ridden in a car with others (e.g., Uber or Lyft) or took public transportation?
- Been inside a church, synagogue, mosque or other places of worship?



Who lives with you?

Who have you been around (within 6 feet for more than 15 minutes) in the last 10 days? (You may have more people to list than the space provided. If so, write on the front of this sheet or a separate piece of paper.)

[illegible]

What have you done in the last 10 days with other people?

Activity	Location	Date
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Daniel Chewiwi

We are saddened to share the news of the death of Isleta tribal member and our relative, Daniel Chewiwi, on October 17, 2020. Daniel was born on November 06, 1972 and lived in Isleta Pueblo his whole life. He was preceded in death by his parents, Phillip Chewiwi and Bertha Natseway, as well as his sister, Joann Chewiwi. Daniel was a cook at various places throughout his career and carried his passion for cooking into his personal life. He was known for cooking treats and big meals and sharing his creations with family and neighbors. He enjoyed visiting with family and friends, fishing and hunting, and enjoying all the small things in life. His sense of humor was one of a kind and we will miss his big booming laugh that filled the room. Daniel is survived by his extended Chewiwi and Natseway families, as well as many friends, who will miss him greatly.



Isleta Health Support Group December Meeting Canceled

During these difficult times I want you to know that you are not forgotten. I really miss seeing the group and although the group has not met it is my hope that we can start meeting again in 2021, either over the internet, the phone, or in person.

Please reach out to me if you have any questions, concerns, or just to let me know how best the group can support you.

We are working hard to determine ways to stay connected, we hope to continue with the group as soon as possible.

Please call 869-4479 if you are interested in being contacted once decisions are made.

For information please contact
Stephanie Barela
869-4479

Although we are all doing our part to keep safe, there may be an instance where you come in to contact with someone who is sick.
The following pertains to those situations:

• I heard someone I have seen recently has tested positive for the virus. Do I need to be tested?

- o First, REMAIN CALM. It is a very scary and uncertain time right now, but please be assured that the Isleta Health Center is working hard to ensure the safety of everyone. We are closely monitoring and doing extensive contact tracing on every person who tests positive at our facility so that we can inform those who are at risk of getting the virus timely and efficiently.
- o You likely DO NOT need a test if you have NOT been a “close contact” of the person who has tested positive. To be considered a close contact, you must have been within 6 feet of the person for more than 15 minutes (with or without a mask).

• If you receive a phone call informing you that you have been deemed a close contact of a person who is positive, here is what you should do:

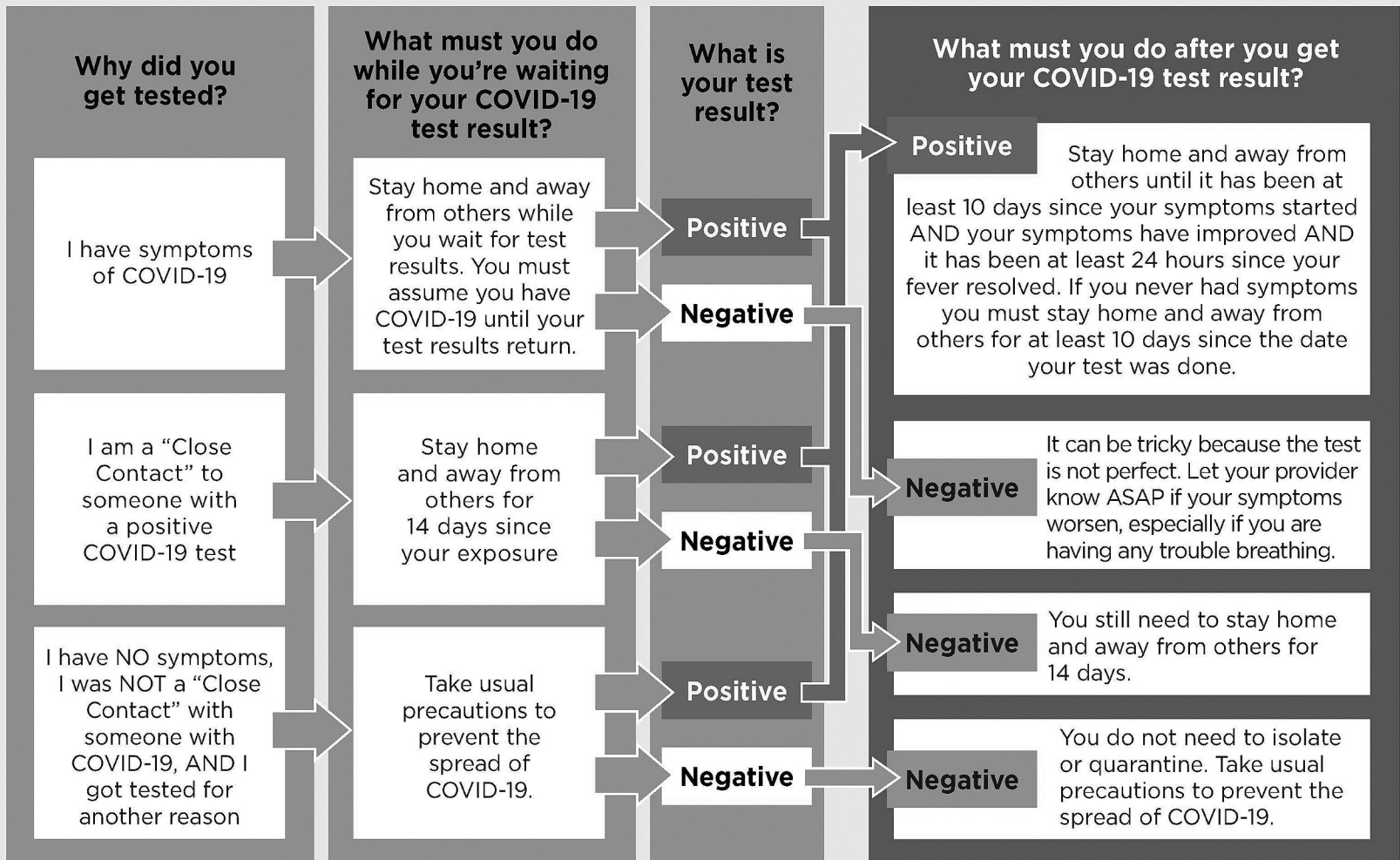
- o If you are not at home, you should immediately return home to begin your 14-day quarantine period.
- o Reach out to the Isleta COVID-19 hotline, 505-869-9720. It can then be determined if you are INDEED a close contact and if so, whether you should be tested.
- YOU DO NOT NEED TO get tested immediately after being informed you have been in close contact with a person who has tested positive.
- The reason for this is that it takes some time for the virus to be detectable in your body if you have become infected. This time frame

is 7-10 days after you have been in contact with the person known to have the virus. Therefore, as long as you have no symptoms, it is recommended to wait 7-10 days after having close contact so that you won’t be tested too early (as this can lead to your test coming back as negative, when you still could be positive). Call 505-869-9720 if you develop symptoms at any point during your quarantine.

• I have been tested for the virus, what should I do now?

- Below is a great chart to help you understand what you should do while you are awaiting your test results as well as what you should do once you do receive your results.

WHAT TO DO WHILE WAITING FOR YOUR COVID-19 TEST RESULT



www.cdc.gov/coronavirus



www.coronavirus.gov



www.ihs.gov



Coronavirus Hotline 1-855-600-3453

For non-health related COVID-19 questions 1-833-551-0518

Isleta Heath Center Pharmacy



As the Holidays are quickly approaching, we would like to remind everyone that the IHC Pharmacy will be closed:

- Friday, December 25, 2020 – Christmas Day
- Friday, January 1, 2021 – New Year’s Day

Please remember you can use the refill line for your refills by calling 869-4590

If you have any questions or concerns please do not hesitate to call us at 869-4473 and we will be happy to answer them.

THANK YOU



Thinking About Quitting



Cooped up at home? Maybe this is the right time to Quit Smoking.

Take this 1 time, 1 on 1, 90 minute session over the phone, to increase your motivation to quit and give you some Tips and Tricks to help you do this!

Call Stephanie, Health Educator @ 869-4479 learn more

Isleta Health Center



Frequently Asked Questions about COVID-19 November 17, 2020

- **What is COVID-19?**
 - o COVID-19 is a highly infectious and fast-spreading disease caused by a new form of coronavirus that was identified in late 2019.
 - o There is currently NO vaccine to prevent COVID-19.
 - o Symptoms associated with this illness vary from person to person. Some people who become infected will not experience any symptoms at all. However, the majority of people do develop symptoms and their effects can range from mild to severe and in certain cases, have resulted in extreme health complications and death. Positive cases of COVID-19 are currently rising at an alarming rate in the Isleta community.
 - o The most common symptoms include cough, headache, body aches, fever/chills and loss of sense of taste and smell.
- **How do people get the virus?**
 - o Because this is a new virus and illness, we are still studying and learning about how spread and infection occurs. We do know that the main form of spread is from person to person.
 - Between people who are in close contact with one another (within about 6 feet).
 - Through respiratory droplets produced when an infected person coughs, sneezes, or talks.
 - These droplets can land in the mouths or noses of people who are nearby or possibly be inhaled into the lungs.
 - o Studies conducted by the CDC indicate that COVID-19 may be spread by people who are not showing symptoms. That includes people who are pre-symptomatic (they have not yet developed symptoms) and those that are asymptomatic (they never develop symptoms of COVID-19). Case investigation data in New Mexico suggest that pre-symptomatic and/or asymptomatic spread is common. This makes it much harder to prevent the spread of COVID-19 because people may not know that they have the disease and can easily and unknowingly spread it to others.
- **What can I do to help prevent further spread of the virus?**
 - o Just like with many other illnesses, the best way to protect yourself from COVID-19 is to avoid exposure to the virus that causes COVID-19. This requires taking steps to protect yourself and to protect others.
 - Wear a mask or cloth face covering. In the Pueblo of Isleta, everyone is required to wear a face covering when in public except when drinking, eating, or under medical instruction. Masks and cloth face coverings may prevent people who do not know they have the virus from transmitting it to others. Wearing a mask is a sign of respect for other people and demonstrates your desire not to be a

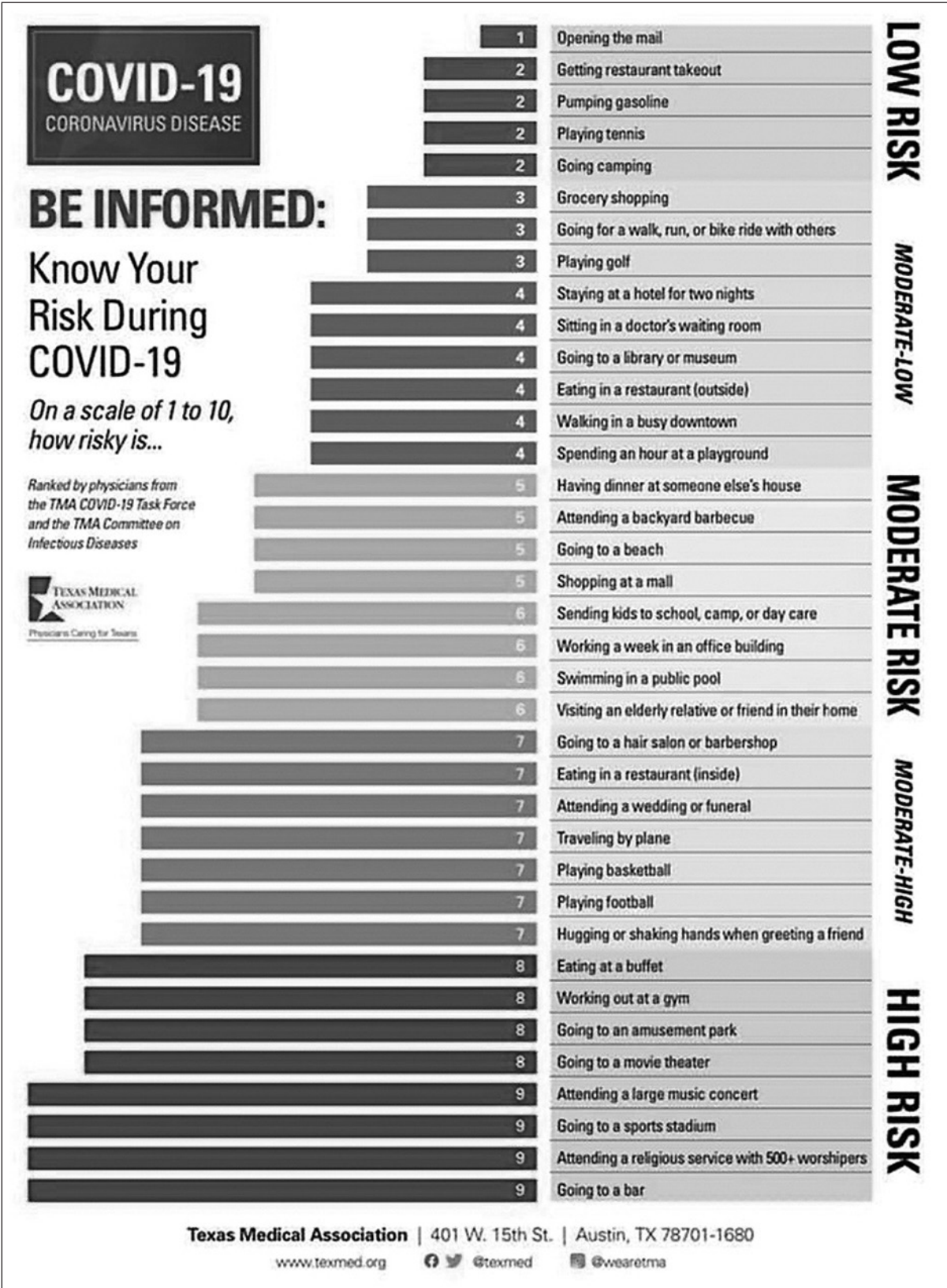
source of infection for them, just as you would like for them to be looking out to protect you.





- Do not host or attend gatherings of people you don't live with.
- Clean your hands often and avoid touching your eyes, nose, and mouth with unwashed hands.
- Wash with soap and warm water for at least 20 seconds or if you are unable to wash your hands, use an alcohol-based hand sanitizer with more than 60% alcohol.
- Cover your coughs and sneezes.
- Stay home except for essential purposes like getting groceries and/or to seek healthcare.
- Stay home if you are sick and avoid close contact with other people who are sick.
- Practice social distancing by keeping at least 6 feet of distance between yourself and others.
- Clean and disinfect frequently touched surfaces.

- **What activities are safe for my family and I to partake in?**
 - o Below is a great resource to gauge whether or not certain activities are

safe. With the numbers of infected people increasing at an alarming rate in the Isleta community as well as in the state of New Mexico, the best recommendation at this time is to **STAY HOME** and stay safe. Only venture out for essential needs including work, healthcare appointments, and shopping for necessities.

- o This is also not a good time to be hosting family “get-togethers” such as birthday parties, anniversary dinners or other gatherings that normally would be attended by multiple families. Data has shown that family gatherings have been the main source of infection here in Isleta in the recent weeks. **PLEASE DO NOT HOST OR ATTEND GATHERINGS.**
- o With the holidays around the corner, many families are accustomed to gathering and enjoying the company of relatives. However, this year, **IT IS NOT SAFE TO DO SO.** Please keep holiday activities limited to those people within your immediate household. This will help ensure the safety and health of yourself and your loved ones.



DECEMBER ²⁰²⁰ ISLETA HEALTH CENTER					
Questions? Call 869-3200					
SAT/	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
DP=Diabetes Prevention Program: 869-4595 BHS=Behavioral Health Services : 869-5475P		1 The Ripple Effect : 9:00 - 12:00pm Virtual Session. For more information please call: 869-5475 	2 The Ripple Effect : 9:00 - 12:00pm Virtual Session. For more information please call: 869-5475 Wellbriety Group: 4:00 -5:00pm > Virtual Session. For more Information please call: 869-5475	3 <div>CLINIC OPENS AT 9:50am</div> Podiatry Clinic: 8:00-4:30pm	4
5/6	7 Podiatry Clinic: 12:30-4:30 pm The Ripple Effect : 9:00 - 12:00pm Virtual Session. For more information please call: 869-5475	8 The Ripple Effect : 9:00 - 12:00pm Virtual Session. For more information please call: 869-5475	9 The Ripple Effect : 9:00 - 12:00pm Virtual Session. For more information please call: 869-5475 Wellbriety Group: 4:00 -5:00pm > Virtual Session. For more Information please call: 869-5475	10 <div>CLINIC OPENS AT 9:50am</div> Podiatry Clinic: 8:00-4:30pm	11 Influenza Vaccination Week Dec. 6 - 12, 2020 
12/13	14 Podiatry Clinic: 8:00-4:30 pm The Ripple Effect : 9:00 - 12:00pm Virtual Session. For more information please call: 869-5475	15 The Ripple Effect : 9:00 - 12:00pm Virtual Session. For more information please call: 869-5475	16 The Ripple Effect : 9:00 - 12:00pm Virtual Session. For more information please call: 869-5475 Wellbriety Group: 4:00 -5:00pm > Virtual Session. For more Information please call: 869-5475	17 <div>CLINIC OPENS AT 9:50am</div> Podiatry Clinic: 8:00-4:30pm	18
19/20	21 Podiatry Clinic: 12:30-4:30 pm The Ripple Effect : 9:00 - 12:00pm Virtual Session. For more information please call: 869-5475	22 The Ripple Effect : 9:00 - 12:00pm Virtual Session. For more information please call: 869-5475	23 The Ripple Effect : 9:00 - 12:00pm Virtual Session. For more information please call: 869-5475 Wellbriety Group: 4:00 -5:00pm > Virtual Session. For more Information please call: 869-5475	24 <div>CLINIC OPENS AT 9:50am</div> Podiatry Clinic: 8:00-4:30pm	25 Clinic Closed 
26/27	28 Podiatry Clinic: 8:00-4:30 pm The Ripple Effect : 9:00 - 12:00pm Virtual Session. For more information please call: 869-5475	29 The Ripple Effect : 9:00 - 12:00pm Virtual Session. For more information please call: 869-5475	30 The Ripple Effect : 9:00 - 12:00pm Virtual Session. For more information please call: 869-5475 Wellbriety Group: 4:00 -5:00pm > Virtual Session. For more Information please call: 869-5475	31 <div>CLINIC OPENS AT 9:50am</div> Podiatry Clinic: 8:00-4:30pm	National Handwashing Awareness Week Dec. 6 - 12, 2020 

Isleta Health Center

WELCOMES YOU BACK!

PATIENTS CAN NOW SCHEDULE APPOINTMENTS WITH THEIR PROVIDER

ALL ISLETA Health Center Providers are offering either Telemedicine (Over the Phone) or in Person Visits,

CALL NOW to learn more and to schedule an Appointment

(505) 869-3200

. Most General Health Appointments can be Done Over the Telephone

Well Child Visits

A Key to Healthy Kids

Naturally, we bring our kids to the clinic when they're sick. Did you know it's important to bring them in when they are well, too?

Well child visits help:

PREVENT PROBLEMS

The clinic team will:

❖ Find health problems early

❖ Make sure shots are current

❖ Review healthy eating

❖ Check on the child's safety

TRACK GROWTH AND DEVELOPMENT

The doctor will measure:

❖ Height and weight

❖ How your child learns and grows

❖ Milestones

❖ Mental and social health

BRING UP CONCERNS

You can talk to your doctor about your child's:

❖ Behavior

❖ Sleep

❖ Eating

❖ Growth

❖ Ability to get along with others

❖ Learning, thinking and problem solving

❖ Physical activity

CREATE A TEAM APPROACH

You and the clinic team can:


❖ Build trust in each other

❖ Help when well and help when sick

❖ Work together for your child and family needs

❖ Find other resources to help your child

"Well child visits help give your child the best chance to grow into a healthy adult."



Now, more than ever, it's important to keep up with your children's vaccinations!

WHEN SHOULD I BRING MY CHILD FOR A WELL VISIT?

BIRTH TO 15 MONTHS OLD

2—5 DAYS OLD 1 mo. 2 mo. 4 mo. 6 mo. 9 mo. 12 mo. 15mo.

18 MONTHS TO 3 YEARS OLD


3 to 6 YEARS OLD

3 yr. 4 yr. 5 yr. 6 yr. 8 yr.

PRETEEN AND TEEN

9—12 yr. 13—16 yr. 17—20 yr.

CONTINUE YEARLY WELL VISITS INTO ADULTHOOD



We are Here to Serve
Isleta Health Center Team
(505) 869-3200

Source: www.healthychildren.org