



Isleta Pueblo News

Volume 16 Issue 5

Pueblo of Isleta website: www.isletapueblo.com

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May 2021

Governor's Report

Ma-Gu-Wam,

I hope this newsletter finds everyone doing well and in good health. As we enter into the month of May, I want to thank everyone for continuing COVID-19 safe practices. With all of your help, we as a community have been able to keep the number of positive COVID cases below 10 for the month of April, and we are continuing that good trend now in May. I want to encourage everyone who is 16 years and older to get vaccinated. It is very important to keep our community safe from COVID-19. The COVID Mitigation Team is working diligently to keep our community informed and to get tribal members vaccinated. Please contact the COVID line at 505-869-9720 to schedule a time for a vaccine.

As we battle through the pandemic, the virus has mutated to different variants. Although we are continuing safe practices to prevent the spread of COVID, these variants are just as dangerous as the original form of COVID. These variants of COVID have originated in different parts of the world and have been identified in the United States, New Mexico, and local communities. The only way to stop the spread of these variants is to continue COVID safe practices.

Vaccination status: To date we have 1,026 tribal members who have received the 1st and 2nd booster and we have 343 tribal members who have received the 1st booster. The vaccinations are available for all Tribal Members 16 years and older. I encourage our 16-45 age population to get vaccinated. I'm very happy to say that the majority of our population ages 46 to >76 have been vaccinated.

As we move forward with the vaccination efforts, we understand the concerns of the latest Johnson & Johnson/Janssen vaccines causing a rare form of blood clots. Blood clots in the brain are a very serious condition; however, at this time there are 6 cases out of approximately 7.5 million vaccines given. The COVID team has issued the following statement (on page 2) in regards to the Johnson & Johnson/Janssen Vaccine.

The Motor Pool building is complete. The building was designed to perform maintenance on tribal vehicles. The motor Pool building will house Construction and Operations which includes Transportation Service Division and Design and Construction. Other staff members from Public Works will be located at this new facility as well.

*El Vado and Prior & Paramount (P&P) Storage

Currently there is about 13,800 acre-feet (ac-ft) of P&P storage in El Vado. The April 1 target was 16,060 ac-ft. P&P storage began January 1 until early April. Inflows to El Vado are currently being bypassed to meet Rio Chama Acequia Association and

(Continued next page)

ISLETA STRONG

COVID-19 VARIANTS

Viruses, including the COVID-19 virus, change by mutating into new variants over time. Sometimes these variants emerge and go away. Other times, these variants can remain and circulate within an area.

The COVID-19 virus is a type of coronavirus that is a large family of viruses. These viruses get their name because they have a distinct crown-like spike on their surfaces. Scientists monitor changes in the virus, including the changes to the spikes on the surface which can affect how the virus spreads and infects people.

There are multiple variants of the COVID-19 virus that are circulating within the United States.

THE CDC HAS IDENTIFIED
FIVE VARIANTS OF CONCERN

B.1.1.7

This variant was first identified in the US in December 2020. This variant was initially detected in the United Kingdom in September 2020.

B.1.351

This variant was first identified in the US in January 2021. It was initially detected in South Africa in December 2020.

P.1

This variant was first identified in the US in January 2021. It was initially detected in travelers from Brazil.

B.1.427 and B.1.429

These two variants were first identified in California in February 2021.

Scientists are still working to learn more about the variants and more studies are needed to understand how easily they are spread, how the disease caused by these new variants differ, and how these variants affect therapies, vaccines, and tests.

What Can We Do?

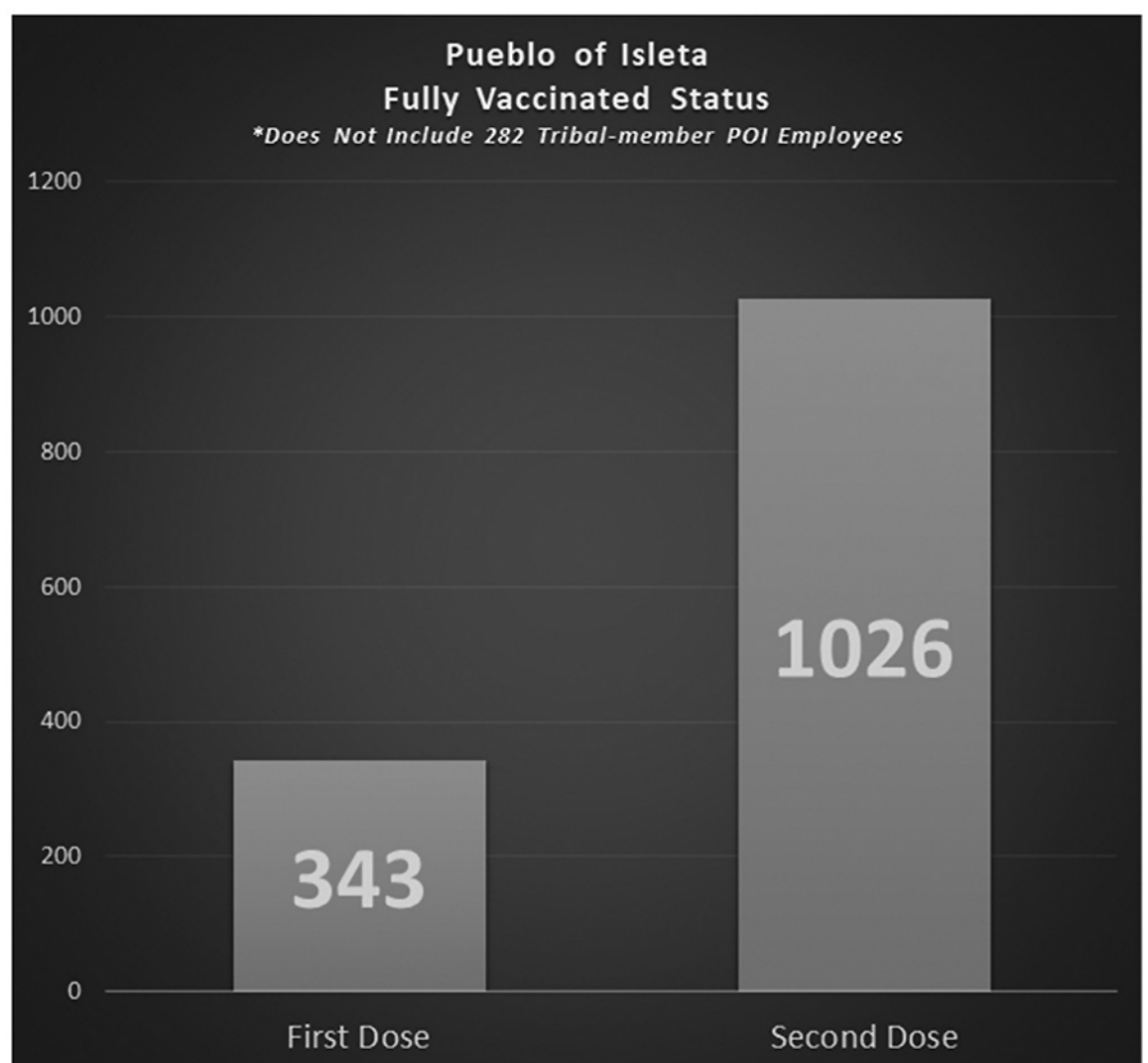
to protect ourselves?

It's very important to continue to practice COVID-19 safety such as getting the COVID-19 vaccine, physical distancing, wearing masks, washing hands often, and isolating and quarantining when cases and close contacts are identified.

Call 869-9720
to register to receive the COVID-19 vaccine, schedule a COVID-19 test, or report a positive COVID-19 case or exposure.

PUEBLO OF ISLETA

Source: Centers for Disease Control <https://www.cdc.gov/coronavirus/2019-ncov/transmission/variant.html>



Middle Rio Grande Conservancy District (MRGCD) direct diversion requirements and to move water to Elephant Butte. The remainder of the P&P amount will be stored towards the end of April and into early May to try and take from the peak runoff. When Brazos Falls near Tierra Amarilla starts to run, the peak of runoff is about 5-10 days away. Based on the May 1 forecast, storage might drop to the minimum amount of 14,500 ac-ft or increase to about 17,000 to 19,000 ac-ft.

Once the runoff passes, the water available for MRGCD will be from the main stem of the Rio Grande. The Rio Chama will contribute very little. Flows coming down the Rio Grande depends on how much Colorado needs to deliver under the Compact. Current Rio Grande at Embudo flows are about 400 cubic feet per second (cfs). Base flows later in the summer may be about 150-200 cfs. Rio Grande flows often have two peaks, one about the third week in May with NM runoff and one about the first week of June with Colorado runoff. Peaks might be earlier, smaller, and not last as long this year compared to most years, depending on weather.

Predictions: Modeling predicts P&P only operations in July or August. In 2020, P&P only operations did not begin until after MRGCD had run out of stored water in early September. The MRGCD will only have about 14,000-18,000 ac-ft of San Juan-Chama water storage this year and it will be provided in monthly increments, not all at once early in the year. Depending on the weather, P&P only operations might start in June or July. Non-P&P lands of the MRGCD will start experiencing shortages probably since late May or into June, and these shortages will increase until only P&P lands are receiving water.

P&P Releases: Deliveries of P&P from the natural flow of the river need to be rotated to the six middle Rio Grande Pueblos. Deliveries from P&P storage might be constant if the natural flow is close to the amount need to satisfy P&P lands. 16,000 ac-ft is only about 90 cfs for 90 days at El Vado, not including losses getting to the middle valley. Another possibility is to send two or three pulses of water (“block releases”) down to the Pueblos, possibly for a week at a time and spaces several weeks apart to supplement P&P deliveries. Decisions will be made when conditions are better know at the time.

*From Bureau of Indian Affairs, April 22, 2021.

Let us continue to pray for rain and may our creator keep our community safe and bless each and every one of us with a good life.

Haw-wuh.
Vernon B. Abeita



Isleta Pueblo News

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Diane Abeita

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ISLETA STRONG

**Johnson & Johnson/Janssen Vaccine Correspondence
from the Isleta Health Center**

If you have received the Johnson & Johnson (Janssen) COVID-19 vaccine within the past 3 weeks, please take note of the following information. We want to share additional information about this vaccine and the recent decision by the FDA and CDC to pause the administration of the vaccine. At this time, six cases of blood clot in the brain have been reported out of approximately 7.5 million Johnson & Johnson (Janssen) vaccine doses given in the United States. All six cases occurred among women between the ages of 18 and 48 years, and symptoms occurred 6 to 13 days after vaccination. Right now, these adverse events appear to be extremely rare, with a rate of less than 1 in a million.

If you received the Johnson & Johnson (Janssen) COVID-19 vaccine and develop severe headache, abdominal pain, leg pain, or shortness of breath within three weeks after vaccination, contact your healthcare provider or seek medical care. If it has been longer than three weeks after vaccination, still contact your healthcare provider or seek medical care, but the symptoms may or may not be related to this vaccine.

Your safety and well-being is a top priority for the Pueblo of Isleta. The Isleta Health Center currently reports any adverse events in the population we serve to the CDC.

Vaccination is the safest, most effective and most reliable way to keep yourself, your family, and your community healthy and safe from COVID-19.

WOOD AND BURN PERMITS

Permits will be available at the
Following locations without an Appointment:



Open Space Police Department
(3950 Hwy 47, Building E, 869-7564)

Governor’s Office
(117A TR 40, Next to the
Post Office, 869-3111)

Isleta Police Substation
(1001 Moonlight Street, 869-5387)

Scholarship Criteria for the 2021-2022 Tibien (Elk Mountain) College Fund

Purpose: In honoring the memory of our son and nephew, **Aaron Robert Dailey**, the Tibien College Fund will award one \$1000 scholarship for school year 2021-2022 to a college-bound or college student.

Criteria: Students eligible to apply for the Scholarship are graduating high school seniors or persons who graduated from high school within the last 4 years from the date of application, who are enrolled in a federally recognized tribe in New Mexico or California, and pursuing a college degree. Consideration will be given to academic achievement and the student’s community service record. Students should submit a scholarship application.

Amount: One Scholarship of \$1000 will be disbursed in two equal installments in August 2021 and January 2022. The disbursement will be made to the Financial Aid office of the recipient’s college.

Guidelines: The recipient must continue to attend classes and maintain a 2.5 grade-point average each semester.

Deadline: The application deadline is **August 3, 2021**. Applications must be received by that date to be considered. Award will be made no later than August 31, 2021.

Application Process: Call (505) 869-3836 or email swlopc@outlook.com for application.

Submit applications by August 3, 2021 to:
Sh’eh Wheef Law Offices
P.O. Box 167
Isleta, New Mexico 87022
or swlopc@outlook.com

LETTER FROM THE EDITOR

DEADLINE for June Newsletter articles is set for Wednesday, May 19, 2021, at 4:30 pm. Articles may be dropped off at the Library or emailed to Nathaniel.Lujan@isletapueblo.com. Should you email your article, expect a confirmation email. If you do not receive a confirmation email, odds are it never made it to me and then it's time to panic, so call Nate at 505.869.9808.

People who wish to submit an article or flyer are responsible for generating their own article or flyer. Should you need help, please call the Library at 505.869.9808 and set up a date and time to sit down with a Library staff member who will help you throughout the process. The Library will NOT accept notes dropped off at the Library or information over the phone to generate your article.

PROBATES need to be published in the Newsletter for two consecutive months. Probates are considered court documents, therefore, all submitters must provide: 1) Name of Deceased, 2) Date of Deceased 3) Court Case # and 4) Date of Court Date. A Probate form can be found on the Newsletter Archive page at <http://www.isletapueblo.com/newsletters.html>.

CLASSIFIED ADS: The new administration has requested that the Newsletter start a Classified Ad section for Tribal members selling land, houses, mobile homes, vehicles, and farm equipment. Leasing of houses and mobile homes will be accepted. Smaller items which can be sold at the local flea markets or weekly yard sales will NOT be accepted.

Currently, this service is FREE to Tribal members. Land, houses, and mobile homes must be within the reservation boundaries. Ads must meet the 160 character limit. Ads that exceed the 160 characters will NOT be submitted into the Newsletter. A single picture may be submitted with the ad. Submitters of classified ads are responsible for generating their own ads as this is a FREE service.

As a reminder, Tribal business owners may submit a small flyer at no charge. Like the classified ads, business owners are responsible for generating their own flyers as this is a FREE service.

Classified ads and business flyers will be posted no more than two consecutive months. In the event where the Newsletter may exceed the 24-page limit, classified ads and business flyers will be “bumped” for newsletter articles. Again, this is a FREE service for Tribal members.

The Isleta Newsletter is owned and operated by the Pueblo of Isleta. Therefore, the Governor of the Pueblo of Isleta has the final say of all articles and contents within the Isleta Newsletter.

For additional questions, you may call the Library and speak with Nate or Diane at 505.869.9808.

Thank you,
Nathaniel Lujan

Newsletters may be found at the fifteen distribution locations listed below. Remember, Digital copies of the Newsletter may be obtained from the Newsletter archive at <http://www.isletapueblo.com/newsletters.html>

The fifteen Newsletter distribution locations are:

1.

TR 2 & TR 22 - Chical SE of Community Hall

2.

TR 10 - Behind the old 47 Sales

3.

TR 1 & TR 5 – Ranchitos / Bosque Farms Reservations Line

4.

Ranchitos Park

5.

Post Office - Big Tree

6.

TR 82 & TR 84 - Teller Road

7.

TR 78 & TR 82 - Carlos Trujillo Sr.

8.

TR 90 @ Y - CF Padilla

9.

Mouse Town Park –

10.

Health Center – South end of Health Center Parking lot

11.

Library Sunlight & Moonlight Intersection

12.

TR 6 - 47 Intersection


13.

TR 12 - 47 & 147 intersection (Old Smoke & Save)

14.

TR 71 & TR 54 @ Y - Holiday Robot / Paved Road / Railroad Tracks

15.

TR 45 & TR 40 @ Y - Tata Mel (POI Signage)
- 

PROBATES

IN THE MATTER OF THE ESTATES OF: Case No. CV-PR-0082-2020
Frank Lucero (DOD: 12/22/1969) and
Isabel Lucero (DOD: 09/24/1989)

First Notice

TAKE NOTICE that in accordance with notice requirements, a Petition to Probate the Estate of **Frank and Isabel Lucero**, deceased **12/22/1969 and 09/24/1989**, has been filed in the Pueblo of Isleta Tribal Court. Any person claiming an interest in the Estate is hereby advised to notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. Claims must be filed in writing. A hearing in this matter has been scheduled for **Thursday, July 15, 2021 at 10:45 a.m.** at the Isleta Tribal Court, located at the Tribal Services Complex, 3950 Hwy. 47 SE, Building A, Albuquerque, NM. If you have any questions, please contact the Isleta Tribal Court at (505) 869-9699.

IN THE MATTER OF THE ESTATE OF: Case No. CV-PR-0087-2020
Ray Michael Abeita (DOD: 08/04/2020)

Second Notice

TAKE NOTICE that in accordance with notice requirements, a Petition to Probate the Estate of **Ray Michael Abeita**, deceased **08/04/2020**, has been filed in the Pueblo of Isleta Tribal Court. Any person claiming an interest in the Estate is hereby advised to notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. Claims must be filed in writing. A hearing in this matter has been scheduled for **Tuesday, April 20, 2021 at 1:30 p.m.** at the Isleta Tribal Court, located at the Tribal Services Complex, 3950 Hwy. 47 SE, Building A, Albuquerque, NM. If you have any questions, please contact the Isleta Tribal Court at (505) 869-9699.



CALL FOR APPLICANTS

Any Isleta Tribal Member who is interested in serving on the Tiwa Lending Services’ (TLS) Board of Directors is encouraged to submit a Letter of Interest along with a resume to our office.

Applicants must be 18 years or older and cannot have any current loans with TLS.

To submit your Letter of Interest and resume please use one of the following:

**Mail: Tiwa Lending Services
PO Box 1270 Isleta, NM 87022**

Email: Sheila@tiwalending.org
with **TLS Board** in the Subject Line

If you have any questions, please call us at 505-916-0556.

VALLE DE ORO NATIONAL WILDLIFE REFUGE

Call for Artists

Valle de Oro National Wildlife Refuge, located in the South Valley of Albuquerque, is opening their new Visitor Center in late Fall of 2021. Along with an exhibit space, community meeting spaces, pond and amphitheater, the Visitor Center will also feature a small Nature Store run by The Friends of Valle de Oro National Wildlife Refuge.

The Friends of Valle de Oro are currently seeking artists from the Pueblo of Isleta to sell their work in the Nature Store. The Friends are interested in art for wholesale purchase, and may also be able to accommodate some short-term consignment pieces. We are accepting submissions of all varieties and are particularly in need of jewelry and small items featuring wildlife, plants as well as the local landscape and culture.

Any artists interested in being featured in the store can contact Hannah Redwood at hannah@friendsofvalledeoro.org or (505)-226-6212.



Address: Isleta Resort and Casino
Attention: Human Resources Department
11000 Broadway Avenue SE
Albuquerque, New Mexico 87105
Fax: 595 244-8232

OUR LOCATION
Isleta Resort and Casino is located 7 minutes south of downtown Albuquerque at Interstate 25 and Hwy 47, exit 215.
The Human Resources office can be found on the east side of the building through the Employee Entrance doors.

| <input type="checkbox"/> Title | Location | Address | City , State | Date Posted ▼ |
|---|--------------------------------|-------------------|-----------------|---------------|
| <input type="checkbox"/> <u>Cook I (Panda Express)</u> | 0329 - F&B PANDA EXPRESS | 11000 Broadway SE | Albuquerque, NM | 4/21/2021 |
| <input type="checkbox"/> <u>EDR Attendant</u> | 0370 - F&B EMPLOYEE DINING | 11000 Broadway SE | Albuquerque, NM | 4/21/2021 |
| <input type="checkbox"/> <u>Beverage Server</u> | 0390 - F&B FLOOR BEVERAGE | 11000 Broadway SE | Albuquerque, NM | 4/21/2021 |
| <input type="checkbox"/> <u>Shipping & Receiving Clerk</u> | 1580 - SHIPPING & RECEIVING | 11000 Broadway SE | Albuquerque, NM | 4/16/2021 |
| <input type="checkbox"/> <u>Receptionist</u> | 1510 - HUMAN RESOURCES | 11000 Broadway SE | Albuquerque, NM | 4/15/2021 |
| <input type="checkbox"/> <u>Staffing Specialist</u> | 1510 - HUMAN RESOURCES | 11000 Broadway SE | Albuquerque, NM | 4/15/2021 |
| <input type="checkbox"/> <u>Supervisor F & B (Panda Express)</u> | 0329 - F&B PANDA EXPRESS | 11000 Broadway SE | Albuquerque, NM | 4/13/2021 |
| <input type="checkbox"/> <u>Laundry Attendant</u> | 0270 - HOTEL LAUNDRY | 11000 Broadway SE | Albuquerque, NM | 4/13/2021 |
| <input type="checkbox"/> <u>Food Attendant (Beverage) - Panda Express</u> | 0329 - F&B PANDA EXPRESS | 11000 Broadway SE | Albuquerque, NM | 4/12/2021 |
| <input type="checkbox"/> <u>Food Attendant (Beverage) - Chili Ristra</u> | 0330 - F&B CHILI RISTRA | 11000 Broadway SE | Albuquerque, NM | 4/12/2021 |
| <input type="checkbox"/> <u>Server (Embers)</u> | 0315 - F&B EMBERS | 11000 Broadway SE | Albuquerque, NM | 4/9/2021 |
| <input type="checkbox"/> <u>Server (Embers)</u> | 0315 - F&B EMBERS | 11000 Broadway SE | Albuquerque, NM | 4/9/2021 |
| <input type="checkbox"/> <u>Bartender (Embers)</u> | 0315 - F&B EMBERS | 11000 Broadway SE | Albuquerque, NM | 4/9/2021 |
| <input type="checkbox"/> <u>Server (Embers)</u> | 0315 - F&B EMBERS | 11000 Broadway SE | Albuquerque, NM | 4/9/2021 |
| <input type="checkbox"/> <u>Slots Floor Attendant</u> | 0100 - SLOTS OPERATIONS | 11000 Broadway SE | Albuquerque, NM | 4/9/2021 |
| <input type="checkbox"/> <u>Slots Floor Attendant</u> | 0100 - SLOTS OPERATIONS | 11000 Broadway SE | Albuquerque, NM | 4/9/2021 |
| <input type="checkbox"/> <u>Cook II (Chile Ristra)</u> | 0330 - F&B CHILI RISTRA | 11000 Broadway SE | Albuquerque, NM | 4/9/2021 |
| <input type="checkbox"/> <u>EDR Attendant</u> | 0370 - F&B EMPLOYEE DINING | 11000 Broadway SE | Albuquerque, NM | 4/9/2021 |
| <input type="checkbox"/> <u>Cook I (Employee Dining)</u> | 0370 - F&B EMPLOYEE DINING | 11000 Broadway SE | Albuquerque, NM | 4/9/2021 |
| <input type="checkbox"/> <u>Cook I (Prep)</u> | 0385 - F&B PREP KITCHEN | 11000 Broadway SE | Albuquerque, NM | 4/9/2021 |
| <input type="checkbox"/> <u>Guest Service Representative</u> | 1150 - MARKETING PLAYERS CLUB | 11000 Broadway SE | Albuquerque, NM | 4/9/2021 |
| <input type="checkbox"/> <u>Surveillance Agent</u> | 0170 - SURVEILLANCE | 11000 Broadway SE | Albuquerque, NM | 4/9/2021 |
| <input type="checkbox"/> <u>Food Attendant (Beverage) - Panda Express</u> | 0329 - F&B PANDA EXPRESS | 11000 Broadway SE | Albuquerque, NM | 4/9/2021 |
| <input type="checkbox"/> <u>Table Games Dealer</u> | 0120 - TABLE GAMES | 11000 Broadway SE | Albuquerque, NM | 4/8/2021 |
| <input type="checkbox"/> <u>Shop Clerk</u> | 0700 - GOLF COURSE OPERATIONS | 11000 Broadway SE | Albuquerque, NM | 4/7/2021 |
| <input type="checkbox"/> <u>Valet Attendant</u> | 0250 - HOTEL GUEST SERVICE | 11000 Broadway SE | Albuquerque, NM | 4/7/2021 |
| <input type="checkbox"/> <u>Steward</u> | 0386 - F&B UTILITY KITCHEN | 11000 Broadway SE | Albuquerque, NM | 4/2/2021 |
| <input type="checkbox"/> <u>HDC Specialist</u> | 0386 - F&B UTILITY KITCHEN | 11000 Broadway SE | Albuquerque, NM | 4/2/2021 |
| <input type="checkbox"/> <u>Busser (Embers)</u> | 0315 - F&B EMBERS | 11000 Broadway SE | Albuquerque, NM | 4/2/2021 |
| <input type="checkbox"/> <u>Expeditor</u> | 0315 - F&B EMBERS | 11000 Broadway SE | Albuquerque, NM | 4/2/2021 |
| <input type="checkbox"/> <u>Cashier (Embers)</u> | 0315 - F&B EMBERS | 11000 Broadway SE | Albuquerque, NM | 4/2/2021 |
| <input type="checkbox"/> <u>Employee Relations Specialist</u> | 1510 - HUMAN RESOURCES | 11000 Broadway SE | Albuquerque, NM | 4/1/2021 |
| <input type="checkbox"/> <u>Call Center Agent</u> | 0210 - HOTEL RESERVATIONS | 11000 Broadway SE | Albuquerque, NM | 3/31/2021 |
| <input type="checkbox"/> <u>Sports Book Writer/G.S.R.</u> | 1150 - MARKETING PLAYERS CLUB | 11000 Broadway SE | Albuquerque, NM | 3/31/2021 |
| <input type="checkbox"/> <u>Outside Service</u> | 0700 - GOLF COURSE OPERATIONS | 11000 Broadway SE | Albuquerque, NM | 3/17/2021 |
| <input type="checkbox"/> <u>Table Games Floor Supervisor</u> | 0120 - TABLE GAMES | 11000 Broadway SE | Albuquerque, NM | 3/15/2021 |
| <input type="checkbox"/> <u>Custodial Assistant Supervisor</u> | 1355 - CUSTODIAL | 11000 Broadway SE | Albuquerque, NM | 3/8/2021 |
| <input type="checkbox"/> <u>Database Manager</u> | 1130 - MARKETING DATABASE | 11000 Broadway SE | Albuquerque, NM | 3/8/2021 |
| <input type="checkbox"/> <u>Irrigation Technician</u> | 0701 - GOLF COURSE MAINTENANCE | 11000 Broadway SE | Albuquerque, NM | 3/1/2021 |
| <input type="checkbox"/> <u>Landscape Technician</u> | 0701 - GOLF COURSE MAINTENANCE | 11000 Broadway SE | Albuquerque, NM | 3/1/2021 |
| <input type="checkbox"/> <u>Lakes Cashier</u> | 0780 - LAKES | 11000 Broadway SE | Albuquerque, NM | 2/12/2021 |
| <input type="checkbox"/> <u>HVAC TECH II</u> | 1350 - FACILITIES MAINTENANCE | 11000 Broadway SE | Albuquerque, NM | 2/9/2021 |
| <input type="checkbox"/> <u>Plumber II</u> | 1350 - FACILITIES MAINTENANCE | 11000 Broadway SE | Albuquerque, NM | 2/9/2021 |
| <input type="checkbox"/> <u>Plumber III</u> | 1350 - FACILITIES MAINTENANCE | 11000 Broadway SE | Albuquerque, NM | 2/2/2021 |
| <input type="checkbox"/> <u>Custodian</u> | 1355 - CUSTODIAL | 11000 Broadway SE | Albuquerque, NM | 10/16/2020 |
| <input type="checkbox"/> <u>Security Officer I</u> | 0180 - SECURITY | 11000 Broadway SE | Albuquerque, NM | 10/16/2020 |
| <input type="checkbox"/> <u>Security Officer II</u> | 0180 - SECURITY | 11000 Broadway SE | Albuquerque, NM | 10/16/2020 |

Pueblo of Isleta Career Opportunities

| Position Posting | Office Location | Closing Date |
|---|---------------------------------|-------------------|
| ACTIVITIES COORDINATOR | Elder Center | Open Until Filled |
| ADMINISTRATIVE ASSISTANT | Department of Education | 04/28/2021 |
| BUS DRIVER- PART TIME | Head Start | Open Until Filled |
| CAREGIVER II | Assisted Living Facility | Open Until Filled |
| CHR COORDINATOR | Health Center | 04/29/2021 |
| CHR VAN DRIVER (2 Positions - 1 Part Time, 1 Full Time) | Health Center | 04/29/2021 |
| CUSTODIAN | Public Works | Open Until Filled |
| COVID-19 SUPPORT COORDINATOR | Health Center Within Only | 04/23/2021 |
| DENTAL HYGIENIST | Health Center | 04/29/2021 |
| DISPATCHER - REPOSTED | Police Department | 04/26/2021 |
| EMT INTERMEDIATE | Health Center | 04/29/2021 |
| FAMILY SOCIAL WORKER | Social Services | Open Until Filled |
| FEDERAL PROJECT MANAGER | Isleta Pueblo Housing Authority | Open Until Filled |
| GROUPS MAINTENANCE WORKER | Public Works | Open Until Filled |
| HEAVY EQUIPMENT TECHNICIAN | Construction Operations | Open Until Filled |
| HVAC TECHNICIAN | Public Works | Open Until Filled |
| LEAD CUSTODIAN | Health Center | 04/29/2021 |
| LIFEGUARD (1 Position) | Parks & Recreation | Open Until Filled |
| PAINTER | Housing Authority | Open Until Filled |
| PERSONAL CARE SERVICE AIDE (2 Positions) | Elder Center Within Only | Open Until Filled |
| PHYSICIAN- AMENDED | Health Center | Open Until Filled |
| PHYSICIAN/PEDIATRICIAN (Part Time) | Health Center | Open Until Filled |
| PLUMBER | Isleta Pueblo Housing Authority | Open Until Filled |
| RECORDS CLERK/ RECEPTIONIST- REPOSTED | Elder Center | Open Until Filled |
| REGISTERED NURSE (Part-Time) - REPOSTED | Health Center | Open Until Filled |
| ROADWAY MAINTENANCE WORKER I - REPOSTED | Construction Operations | Open Until Filled |
| ROADWAY MAINTENANCE WORKER II | Construction Operations | Open Until Filled |
| SALES ASSOCIATE - REPOSTED | C-Stores | Open Until Filled |
| SHIFT LEAD | C-Stores | Open Until Filled |
| SHOP- MOTOR POOL SUPERVISOR- REPOSTED | Construction Operations | Open Until Filled |
| SYP AQUATIC AIDE (3 Positions) | Parks & Recreation | 04/30/2021 |
| SYP RECREATION AIDE (16 Positions) | Parks & Recreation | 04/30/2021 |
| SYP WEED & LITTER | Parks & Recreation | 04/30/2021 |
| WATER RESOURCES PROTECTION SPECIALIST | Water Resources | 05/03/2021 |

POI Summer Internships

WE ARE
HIRING!

Get valuable work experience
while working in your community.

- Must be an Isleta tribal member.
- Must be a high school senior, or a college student enrolled in an accredited college.

If you're interested in a summer internship with
the Pueblo of Isleta visit
https://isletapueblo.formstack.com/forms/summer_internship

Contact: Natasha Jiron
Phone: (505) 869-9792
3950 NM-47 Suite C, Albuquerque, NM 87105
Deadline: May 14, 2021

Looking For

WIOA YOUTH
WORKERS

Applications Due By May 14, 2021

- GET WORK EXPERIENCE IN A POI DEPARTMENT
- PAYS \$10.00/HR

- Must be Native American, Hawaiian, or Alaskan Native.
- Must be 14-24 years of age.
- Must reside within Bernalillo and Valencia County
- If male, 18 years of age or older, and born after the year 1960 must be registered for the selective services.
- Priority for low-income applicants.

Applications available at
<https://www.isletapueblo.com/careers/wioa/>
Email applications to Natasha.jiron@isletapueblo.com or hand-deliver to the POI Human Resources Office at 3950 NM-47, Albuquerque, NM 87105.

Call 869-9792 for additional information.

Funded by the U.S. Department of Labor

PUEBLO OF ISLETA
PUBLIC WORKS DEPARTMENT

The Public Works Department is creating Guidelines for our staff to use when assisting Tribal members in an emergency situation. An emergency is defined as “an immediate issue that could cause Health and Safety issues or cause additional damage to the home if not responded to in a timely manner”.

Some examples of an emergency are: A water leak that the resident cannot isolate, sewer backing up into the home affecting all toilets, sewer coming out of a septic tank or sewer clean-outs onto the ground, gas leak (call 911 first), main line water leak, main line sewer blockage, re-lighting a furnace, hot water heater leak, electrical wiring exposure and more.

Non-emergency issues are: A single plumbing fixture such as a kitchen/bathroom sink, bathtub/shower drain, laundry room drain or one toilet backing up when two or more are available; faucets, spigots or frost frees that have a small leak, toilet leaking water (not filling up, constantly running or cycling quickly), swamp cooler water line leaking or cooler over-flowing and more.

After normal working hours, weekends, Holidays or Administrative days, please contact Isleta Dispatch at 505-869-3030 if you have an emergency and they will contact the Public Works on-call staff. If you suspect a gas leak, call 911 and follow their instructions.

To have any non-emergency issues or emergencies occurring during normal working hours taken care of, please call the Public Works Department office at 505-869-5170 and submit a work order. The issue will be handled as soon as possible based on a priority and work load basis.

A high volume of septic pumping work orders are called in daily. The Public Works Department has a list of failing septic systems that require a weekly pumping. These systems will remain on the weekly pumping list until required repairs can be made. If you are requesting a pumping for maintenance purposes, please be aware that having the tank pumped out too frequently can cause damage to your entire septic system. A septic tank needs the “bugs” that grow in the tank to help treat the in-coming waste from your home. Once removed, the “bugs” inside the tank must build-up over time in order to properly treat the in-coming waste.

If you have a 1,250 gallon septic tank, with a family of 4 living in the home, your tank should be pumped out once every 3.4 years. If 2 people live in the home, the tank should be pumped every 7.5 years. Our septic truck driver has copies of a chart showing the recommendations for pumping out a septic tank and will share the information with you. The driver will check your septic system

and if the sludge level in the tank is at the correct level, your tank will not be emptied as it is not necessary to do so. Call our office at 869-5170 for more information.

To help protect the septic or sewer service line from backing up, DO NOT flush anything down the toilet other than toilet paper. Paper towels, shop towels, feminine hygiene products, baby wipes, flushable wipes and any other similar items should never be flushed down the toilet. Kitchen grease, flour and items ground up through a garbage disposal unit can also create blockages. Grease can cool in the lines and build-up to the point where the pipe becomes blocked. Flour and water make a paste-like material which can also build-up along the inside of the piping, blocking the flow. Garbage disposals “grind” up material and add this to the drain lines – big chunks can accumulate in the lines and create blockages. It is better to throw these items in the trash and prevent drain lines from becoming blocked. Remember to allow the grease to cool off prior to throwing it in the trash.

Pharmaceuticals and outdated medications should not be flushed down the toilet. Call your pharmacy for advice on how to properly dispose of these items. Medications flushed down toilets into a septic tank can have a negative effect on the “bugs” living inside the tank. Medications flushed down that enter a sewer main line end up at a treatment facility. Recent data shows that some of the medications pass through the treatment facility and are then sent into the environment, potentially having an impact on wildlife.

A leaking toilet wastes a lot of water. If your home is connected to a sewer main, the extra water coming into the treatment facility increases the costs of treatment. A leaking toilet on a septic system creates a hydraulic over-load and flooding of your leach line area. Flooding of a leach line area will require repairs to the system. Replacing or repairing a saturated leach field is costly - It is much less expensive to repair the leaking toilet.

To help prevent your leach line area from becoming saturated, spread out your laundry loads. Running a load once per day is much better for your system then doing 4 or 5 loads in a single day. Help protect your septic system from potential issues by limiting your water usage, paying attention to what is put down the drain and what is flushed down the toilet. A septic system is a big investment and repairs to a system can be very expensive.

If you have any questions, please call the Public works office at 505-869-5170.

ISLETA PUEBLO VOTERS ALLIANCE

MaGuWam, Greetings! We are writing this letter to re-introduce our community supported, volunteer-led organization, the Isleta Pueblo Voters Alliance (IPVA)! Since our inception, our mission has been to educate and empower our tribal members to vote during tribal elections. Our vision is to provide a community platform that supports the efforts of educational voting, community outreach and advocacy by encouraging all generations to participate and exercise their right to vote for positive change and true representation.

We have the privilege of serving with volunteer community members such as: Janice Lucero, Pat Jaramillo, Rufina Abeita, Abel Orozco, and Jennifer Lujan, just to name a few and the list is growing!

IPVA would like the opportunity to reconnect and build on the success of our election year 2020. Thank you so much for your support and interest in our activities to get out the Tribal Vote and build #PuebloPower2020 such as:

- “Coffee with the Candidate” which gave 119 Pueblo of Isleta (POI) community members the opportunity to get to know and hear from POI’s gubernatorial and tribal council candidates
- Community meetings, which began in June of 2020
- Participation in educational meetings, polls, and questionnaires to engage the community in responding to Tribal Council Draft Ordinance Requests for feedback
- Providing feedback, suggestions and solutions for POI Tribal Council DRAFT Election Ordinance

- Engaged in “Get out the Vote” for our 2020 National Elections and to self respond to the 2020 Census
- Shared information about COVID-19 resources for tribal members

We truly hope you were able to gain valuable insight and knowledge. It is our goal to continue to make these spaces safe and inclusive so that we can share thoughts and ideas to manifest change.

In 2021, our goal is to continue to further build from our experiences and take what we’ve learned to improve our processes, communication, and engagement.

We appreciate your continued support and look forward to sharing more updates with you soon!

If you have an interest in becoming a volunteer or want to support IPVA, contact us by sending an email to isletapueblovotingalliance@gmail.com or leave a message at (575) 418-3782.

Follow us on Facebook
@IsletaPuebloVotersAlliance & on
Instagram
@isletapueblovotersalliance to stay
up to date!

In Community. Kher-kem/ Ha’wuu,
Isleta Pueblo Voters Alliance



Submit an application for rental assistance and/or utilities by applying at the IPHA office or at its website at POI Facebook. IPHA will also make applications available by email.

Department of Education

The Department of Education would like to hear from you. We are working to improve our programs and services to align with community needs around education, educational supports, higher education, language programs, career and professional development services. Please complete our community assessment by visiting:

https://isletapueblo.formstack.com/forms/educ_lang_assess

If you would like to participate in a focus group, please contact our office at 505-869-8790.

As we move into the month of May it is hard to believe that another group of students will be celebrating some especially important milestones. Many of you may know someone graduating from college or high school, a major accomplishment. Others may be celebrating rites of passage from Head Start to Kindergarten, elementary school to middle school and middle school to high school. We would like to congratulate all students and families on their achievements. We are proud of you!

To our graduating high school students, deciding to attend college or vocational school can open the door to endless opportunities. The Department of Education would like to support you in reaching your education and career goals. Please contact our department if you would like support in career advisement, college planning, and applying for scholarships.

The Pueblo of Isleta provides also supplemental funds to relieve the financial burden of tuition so you can stay focused on your studies. The deadline to apply for funding to attend a secondary institution in the Fall 2021 is July 1st. For more information, visit the Pueblo of Isleta website and select Educational Programs or call 505-869-9790 or use the link https://isletapueblo.formstack.com/forms/department_of_education_scholarship_application_fall_2021spring_2022



Please contact the Department of Education if you are interested in earning your Associates Degree in Early Childhood Education no

later than May 31st. We are looking for motivated students to join a cohort of Early Childhood educators at UNM-Valencia Campus.

Benefits to the program include:

- Graduate with your Associates in 15 months
- An opportunity to work at the Isleta Head Start

Pueblo of Isleta Veterans Association Higher Education Sponsorship Criteria

As per the Charter of the Isleta Pueblo Veterans Association, the Pueblo of Isleta Veterans Association, henceforth referred to as POI/VA, was formed in 2010 and encompasses veterans who have served in the United States armed forces with honor and heroism during times of war and peace. As a nonprofit charity, POI/VA provides assistance to member veterans, spouses and pueblo members at large. The services include but are not limited to financial support for scholarships.

It is the goal of POI/VA to fulfill the mission of the organization by providing two (2) \$1,000 scholarship awards to senior high school students per academic year, recognizing outstanding academic achievement, extracurricular participation and exceptional leadership as well as the desire to serve in the United States military. This is a one-time scholarship award.

The POI Department of Education will support the goal of POI/VA of awarding scholarships by providing information on high school seniors majoring in the preferred fields, providing scholarship award information to school counselors, posting of award flyers and assisting in following up with Isleta tribal member recipients who are being funded primarily through the POI Higher Scholarship Award program.

Preferences for scholarship awards are as follows:

- o Preference will be given to students attending accredited public institutions in New Mexico; out-of-state institutions will be secondary;
- o Preference will be given to Pueblo of Isleta tribal members;
- o Preference will be provided to students pursuing higher education or a vocational education;
- o Preference will be provided to students on a need-only basis and if there is not a need-only student, the award will be given to a no-need student;

High school senior students endeavoring to pursue a scholarship from POI/VA will follow the following process:

- Students must provide a letter of interest summarizing their extracurricular participation, evidence of exceptional leadership in their school or community, and a copy of their transcript showing a GPA of 3.0 or better;
- Students shall submit at least two (2) letters of recommendation/support;
- Students must provide an acceptance letter from the institution in which he/she has enrolled by April;
- The scholarship award will be used for tuition purposes only. The award will be made out to the name of the institution and the student. Should the award recipient drop out or is suspended during the first year, the student must return the entire scholarship amount to POI/VA. The student must sign an agreement assuring POI/VA that he/she will return the full scholarship award should good standing not be achieved;
- The recipient will provide a copy of each semester/quarter transcript to POI/VA within three weeks after the end of each semester/quarter of the first year to demonstrate good academic standing.

Submittal of scholarship information will be made to:

POI/Veterans Association Scholarship Committee
P.O. Box 338
Isleta, NM 87022

Questions concerning the scholarship award will be made to:

Ulysses Abeita at 505-264-4110 or Fred Lujan at 573-3733

JOM

May Family Night

Way to go Students! You made it thru a challenging school year. What a better way to celebrate than with an evening of educational fun. In honor of National Pizza Party Day, the May Family Night event will consist of pizza making and game playing. Students will make their own pizza for the double celebration. The evening will not stop there! Students will continue the event with trivia on Kahoots and scavenger hunts for prizes! May family night will be held on Thursday, May 20, 2021 at 5:30 PM. To sign up, visit the link: Family Night Sign Up.

Call 505-869-9810 for more information.

Tutoring Program

Don't let those low grades hold you back! Contact the JOM program to get set up with a tutor before the school year ends. Submit a registration form to: <https://isletapueblo.formstack.com/forms/tutoring>.

Call 505-869-9810 for question or more information.

FAFSA Support

Are you or someone you know in need of help filling out their FAFSA forms?

Are you a first year college student and FAFSA forms got you stumped?

Don't Sweat it!

The Department of Education has you covered. You may call 505-869-9790 to make an appointment for in person support at the DOE office or for virtual and after hours support, sign up for an appointment at: <https://isletapueblodepartmentofeducation.setmore.com/>

Visit: www.Isletapueblo.com Tab: **Educational Services** for DOE updates, links, events, and all other information.

The Department of Education would like to congratulate all 2021 graduating Seniors on their well-earned success. Best wishes on your next adventure.

DEPARTMENT OF CULTURAL AND HISTORIC PRESERVATION

Ma-gu ‘wam from the Department of Cultural and Historic Preservation and a BIG thank you to all Isleta community members who have reached out to us in recent weeks regarding activities here at the Yonan An Cultural Center! As we all continue to exercise proper health and safety precautions, DCHP staff members are hopeful that we will be able to expand our activities to include a wide variety of community-accessible programming soon. Some of the plans we currently have in the works are listed below:

- Isleta Heritage Garden Planning Committee: If you are a community member with farming experience, gardening knowledge, or are interested in learning more about Isleta’s agricultural practices and putting that knowledge to use, consider being a part of the up-and-coming Isleta Heritage Garden Planning Committee! Additionally, keep your eyes open for a two-part series that will broadcast in June on ¡COLORES! on New Mexico PBS/KNME-TV Channel 5.1. It is called “Albuquerque’s Roots” and looks at the history of agriculture along the life-giving Rio Grande and features photographs from the POI Archive.
- Isleta Community Interview and Photo Archive Project: Community members with stories of life in Isleta during COVID, personal collections of Isleta pottery, or family histories of pottery-making they’d like to share with the POI Archive are warmly invited to participate in an ongoing interview and photo-documentary project that will get underway in June.
- Isleta Day School Archival Collection: Community members with class photos, school memorabilia, and other memories of the Isleta Day School are encouraged to consider sharing those with the POI Archive. Built by tribal members who worked with the Civilian Conservation Corps in the 1930s, the Isleta Day School building is now home to the Yonan An Cultural Center and POI Archive. Accordingly, DCHP staff members have a special interest in housing and exhibiting some of the tribal history associated with the school in a special Isleta Day School Archival Collection.

Isleta community members who are interested in participating in any of the programs above are encouraged to contact POI Archivist Cassandra Smith at (505) 869-5376 or cassandra.smith@isletapueblo.com. As ever, all requests for confidentiality will be respected.

Herkim! We look forward to hearing from you soon!

2021 Fire Season

Isleta Pueblo Fire Department

Fire season is here! The Isleta Pueblo Fire Dept. will be available to assist and stand-by for community members with agricultural burns. Burn permits will be required, instructions on burn permit must be followed. For more info contact the numbers listed below.

505-869-9725

505-869-9724

Isleta Dispatch 505-869-3030

ENGINEERING THE FUTURE

at Valley High School

Be Prepared for a 4- and 5-star Occupation in New Mexico!

What is Engineering the Future?

Engineering the Future at Valley High School has the benefits of a small engineering program within a large comprehensive high school. Its cohort model uses the design process and project-based learning to develop engineering mindsets.

Who is eligible?

This magnet program at Valley High School is open to ALL students entering 9th, 10th or 11th grade in the fall. Students who live outside VHS’s attendance zone will need to complete the transfer process through APS.

Why should I be a part of the program?





Engineering the Future students gain valuable skills and experiences not available elsewhere. Students find and solve problems, work with resiliency to overcome obstacles and become resourceful when seeking solutions to individual or global problems. Students also learn to express ideas in multiple formats. Together, these skills help students post-graduation.

What if I am interested in sports, clubs and after-school programs?

Students enrolled at VHS through the Engineering the Future magnet program are eligible to participate in ALL sports, clubs and after-school programs. Current Engineering the Future students are members of the Valley Academy, MESA, football, band, soccer, gamers club, basketball, Upward Bound, baseball, theater, cheer, AVID and more.

What will I be able to do after graduating from the program?

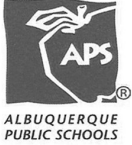
Graduates of Engineering the Future will have the skills to choose the career paths that best suit their interests. Occupations directly associated with the program include app, web and software developers, cybersecurity and IT specialists, data analysts, architects and a range of engineering fields.



Kaliska - Engineering the Future, Valley Academy, MESA, Varsity Soccer

Ricky - Engineering the Future, Football, Baseball

Contact Ron Worley to begin registration at worley_r@aps.edu or (505) 345-9021 ext. 54015!





PUEBLO OF ISLETA

SOLID WASTE

DIVISION

WINDY SEASON HAS ARRIVED!

It’s WINDY SEASON! We want to let you know to be prepared for early closures. We ask that you please do not come to the Transfer Station on very high wind days as we may close early. We do this for safety reasons as well as to KEEP ISLETA BEAUTIFUL. Lots of times trash is blown out of vehicles during transport and it litters our community, also this pollutes our range lands and can be harmful to cattle that may eat the trash. Poor visibility and dust can impair vision and cause damage to your eyes leading to accidents or injuries. This precaution is taken for your safety, livestock and community in mind, we appreciate your understanding and cooperation.

PLEASE BAG ALL TRASH & RECYCLABLES FOR CURBSIDE SERVICE

- USE CLEAR BAGS FOR RECYLING. THEY CAN BE PURCHASED WHERE TRASH BAGS ARE SOLD, THEY ARE CLEAR AND LABELED RECYLING BAGS.
- PLEASE KEEP GLASS, STYROFOAM AND FOOD SOILED PAPER PRODUCTS OUT OF THE RECYCLE BINS SUCH AS USED NAPKINS, PAPER PLATES AND PIZZA BOXES.
- PLEASE KEEP OUT GARBAGE, FOOD, YARDWASTE AND GROCERY BAGS.
- DO NOT USE YOUR RECYCLE BIN FOR GARBAGE.



REDUCE
REUSE
RECYCLE

KEEP ISLETA BEAUTIFUL

869-4106

Thank you,
Truancy Staff
Yolanda Abeita
Jared Jojola
Melissa Abeyta
Kaylee Jojola



From the health office

First and foremost, I would like to thank everyone for doing their part in preventing the spread of COVID-19. So far, we have not had any positive cases within our school, nor has it been reported within our student’s homes as we continue with remote learning. With that said, let’s keep up the good work and continue to practice our safety precautions which include: limiting our contacts, wearing our masks correctly (covering the nose and fitting securely under the chin), practicing social distancing, keeping 6ft away from others and washing our hands for at least 20 seconds, counting, wim-ah, wi-see.. especially after blowing our noses, coughing, or sneezing in order to kill germs. If soap and water are not readily available, use an ethyl alcohol-based hand sanitizer that contains at least 60% alcohol to sanitize your hands.

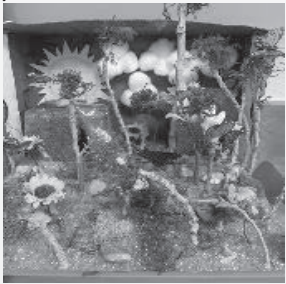
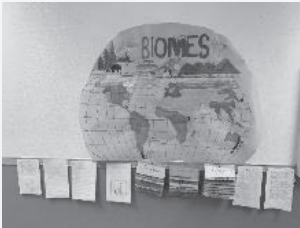
We’re in this together!!

Kher-Kem,

Ms. Nicole, Health Assistant



Our 3rd grade class just finished a unit on The Earth’s Biomes. They picked a biome to research and wrote an essay. They also made a diorama of the biome they researched. In addition, they also made foldables with information on all biomes. Currently we are studying the Water Cycle. Students are very excited to learn all about it. In Social Studies students are learning about the Nations Symbols and are researching the symbol that they chose. They are working hard! Good Job Third Grade! I am so proud of all of you!!!



Second grade’s reading focus this month was legends and folktales from around the world. Comparing and contrasting cultural stories was interesting. Thank you to Mathayus Jaramillo’s family for inviting our special guest, Max Zuni, to share two special local folktales. A recent science project was a labeled penguin poster. Students researched different species of penguins and included an abundance of information on their posters. They were outstanding! We just started our plant life-cycle unit. Students are sprouting bean plants at home and observing the changes.

As the school year comes to a close, student maturity and growth has been impressive. I am so proud of this 2nd grade class! Through a difficult and bumpy year, we have cultivated patience, understanding, and compassion for one another.

Keep shining 2nd grade!

5th Grade News:

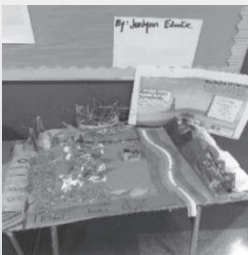
Students love history! 5th graders wrapped up their unit on the Industrial Revolution in America. They learned how and why the revolution began in Great Britain and the sequence of events that led to its arrival in America. Students were able to explore the effects of manufacturing, medicine, social thoughts, and living conditions that were both positive and negative. Life in the past, current and future effects of technological advances were part of open classroom discussions. Keep up the good work 5th graders!

Ms.Jaramillo

Ms. Tomac 1st Grade

These are some of the projects the students have completed throughout the year. 1st grade students you are amazing!!!!!!

The Places You May Go!!!!!!!



We would like to introduce our new Systems Technician Mr. Michael Saavedra. A little background about Mr. Saavedra. “I was born and raised here in Albuquerque’s South Valley and got my Associate degree in IT Systems administration. I have as a systems administrator since 2015 in places such as Nusenda Credit Union, Indian Pueblo Cultural Center, and Isleta’s own tribal complex, and did some systems engineering for the MSP group TIG working with various clients such as St. Pius High School and Coral Community Charter Elementary School.”

These are some of the things students in 4th grade are studying:

Science - Changes to Earth’s Surface: The Earth’s surface changes constantly, in countless ways. Some of the changes are gradual and some more violent and abrupt.

Hands-on activity at home - investigate the effect of slope erosion.

Social Studies - reading about the different regions in the United States.

Math - Two dimensional shapes such as triangles, angles, and lines.

Ms. Ortiz

The 6th Graders have been working very hard to prepare to move on to 7th Grade! They realize that this will be a huge change for them, going from a small and nurturing environment to a much bigger school filled with exciting new adventures! We are currently reading "Doll Bones," a chapter book that takes the students on a somewhat chilling journey! So far, the mystery has not been revealed. I guess we will have to finish the book to find out what the real truth to the mystery is! In math the students are learning to create tables and graphs to present and analyze data. Time is moving quickly, so all the students need to attend class daily so that we may complete our work and be better prepared to take on middle school!



PUEBLO OF ISLETA LAW AND ORDER CODE

THE PUEBLO OF ISLETA RECOGNIZES THROUGH ITS PUBLIC SAFETY AND LAW AND ORDER CODE THAT PARENTS NEED TO BE HELD ACCOUNTABLE WHEN THEY FAIL TO SEND THEIR CHILDREN TO SCHOOL. TO WIT, THE CODE STATES:

30-05-06 FAILURE TO SEND A CHILD TO SCHOOL:

- A. Any person who, without justification or excuse, fails to send or deliver a child under his or her care and supervision to school is guilty of a failure to send a child to school.
- B. Any person found guilty of failing to send a child to school is guilty of a Class E Misdemeanor. Each day of school missed shall be considered a separate offense.

- CLASS E MISDEMEANOR is punishable by:***
- 1. *up to thirty (30) days imprisonment,*
 - 2. *up to sixty (60) hours of community service,*
 - 3. *a fine/forfeiture not to exceed one-hundred dollars (\$100.00),*
 - 4. *or any combination of the three.*



With over 100 adult volunteers and more than 400 youth members, the Valencia County 4-H Program supports young people from elementary school through high school with programs designed to grow confident, capable, and caring youth with the life skills to thrive in today’s world and succeed in their boldest dreams for tomorrow. Working in partnership with New Mexico State University, 4-H programs are research backed and offer life changing experiences to youth in Valencia County and around the world!



**NEWSLETTER
ISLETA POLICE DEPARTMENT
MAY – 2021**

The fifth month of the year already?! My, how time flies even under a pandemic, but everyone seems to be holding their own and we all hope it will soon be over and life can resume to normal.

WELCOME NEW EMPLOYEES:

We welcome new members to the Open Space/Animal Control Division, Vincent Medley, Jeffrey Kmatz and returning Anthony Abeita.



Vincent Medley – Animal Control Investigator recently joined the Division as of April 12, 2021. He is a 20 year veteran of the animal care and animal law enforcement industry. Vincent’s approach to enforcement blends a combination of traditional case investigation, citizen education and working with citizens to solve to their animal welfare issues. He started in the City of Dallas where he served Field Operations Supervisor. In Dallas he created the animal cruelty investigations team, which resulted in a 90% conviction rate in animal cruelty cases. After Dallas for 6 years, Vincent moved to Houston to work for the Bureau of Animal Regulation and Care. As the BARC Administration Manager, he was responsible for the Field Enforcement Operations and animal cruelty and dangerous dog investigations. While there he established a successful dangerous/aggressive dog program that held owners accountable for injuries they caused to animals and humans, and partnered with the Houston SPCA to investigate animal cruelties. After leaving Houston, Vincent moved to San Antonio to serve as the Assistant Director of the Animal Care Services Department. There he served as the Local Rabies Control Authority and Chief of the department Enhanced Enforcement Strategic Plan. Vincent created a comprehensive enforcement program that included animal cruelty investigations, dangerous/aggressive dog investigations, civil and criminal processes for citations and bite cases and a Comprehensive Neighborhood Sweeps Initiative that provided increased enforcement, veterinary services and animal welfare education to pet owners in areas in need. Vincent’s most recent position was in the City of Philadelphia, Pennsylvania where he served for 3 years as the Executive Director of the Animal

Control Care and Control Team, a non-profit organization contracted to perform animal control for the City of Philadelphia. Vincent is honored to now be an employee of the Pueblo and is excited to be part of the team providing animal welfare services and enforcement to the community.



Anthony Abeita is not a new face with the department as he previously served as an animal control officer. He transferred to the Security Division for a short time but has returned to Animal Control as of March 29, 2021.



Jeffrey Kmatz joined the Animal Control Division March 22, 2021. He states he grew up hunting, fishing and training military working dogs in a law enforcement family. Jeffrey attended school for automotive technology but has always been interested in working as a public servant.

INDIAN HIGHWAY SAFETY PROGRAM

IHSP Traffic Division continues to monitor and enforce the roadways throughout the Pueblo of Isleta maintaining safety for all with traffic enforcement. The majority of construction of Highway 47 is coming to an end and we are hopeful is completed by the time this newsletter is distributed. There may be some delays and in that event we ask everyone to obey and road signs, speed limit changes and watch for construction workers who may be continuing with finishing work on the project.

The “Click It or Ticket It” mobilization will be underway from May 17 through June 6, 2021 and seatbelts and proper restraints for children will be scrutinized heavily during this time. Officers are constantly monitoring traffic violations throughout the year but a special emphasis during this time frame is a nationwide project.



COMMUNITY SAFETY

SPEEDING within the community is a concern with many residents as complaints have been called in. In the early morning a Traffic Officer has been posted in the village area to watch for violators as there are some children who board buses to attend schools outside of the Pueblo. The Community Resource Officer is assigned to monitor school bus pickups in the morning as well. Please heed the speed limit signs clearly posted through the Pueblo and watch for children boarding or de-boarding from school buses.

REMEMBER: IF THE STOP SIGN IS EXTENDED OUT AND FLASHING LIGHTS ARE VISIBLE, THE BUS IS STOPPED TO PICK UP/DROP OFF CHILDREN. PLEASE DO NOT ATTEMPT TO GO AROUND OR PASS THE BUS IN THE OPPOSITE DIRECTION AS CHILDREN MAY BE CROSSING THE ROADWAY.

The construction area on Highway 47 should be coming to a close soon but if the orange barrels/posts are up, PLEASE SLOW DOWN and observe all reduced speed limit signs.

Help us keep everyone safe!

COVID-19

As always please take precautions and follow the guidelines for staying safe.

If you have tested positive for the virus, PLEASE STAY HOME AND QUARANTINE! Quarantine means exactly that.....quarantine. No travel outside the home, isolate yourself from family members, follow safety protocols, etc. Together we can keep the community members safe and work to continue to lower our numbers here.

Remember also, CURFEW is still in effect and non-Tribal and non- residents must not be in the Pueblo.

Members of the Police Department continue to serve the members of the community, following safety protocols and strive to keep the community safe. So please:

**STAY HOME – MASK UP –
SAFE DISTANCING – WASH
HANDS FREQUENTLY
– AVOID GATHERINGS
PLEASE!**

CAR HEAT DEATHS
(as taken from “The Zebra” website article)

Hot Car Death Statistics in 2020

By Taylor Covington Updated April 22, 2021

Is it dangerous to leave a child in a hot car?

Every summer across the country, summer temperatures spike above a hundred degrees. What can seem like just a few minutes in a car with the windows down can quickly become a life threatening situation. As studies have shown, even with the windows rolled down, cool temperatures outside can still heat a car to dangerous temperatures. Because children and pets don’t have the ability to unlock car doors or escape car seats, they are the highest risk of dying while trapped in a hot car. "Non-traffic injuries and fatalities present an important threat to the safety and lives of very young children," says Amber Rollins, Director of KidsandCars.org. "Continued education, engineering modifications, advocacy, and legislation can help continue to prevent these incidents and must be incorporated in overall child vehicle safety initiatives."

Hot car statistics in 2020

In 2019, The Zebra ran a national survey to further examine a 2002 study regarding the effect of high temperatures inside vehicles. The study found rolling down a window a bit, or "cracking" open the window, did not help to cool down the car's interior. The Zebra's survey aimed to discover if people still held the assumption that this behavior helped to mitigate the threat of potential heatstroke to a victim left inside the car.

- 13.4% of people believed cracking open a window would eliminate the threat.
- 24.8% of people believed cracking open a window would mitigate the threat.
- 61.9% of people believed cracking open a window had no effect on the threat.

Our survey on the impact of in-vehicle heat revealed:

- 15.3% of men between the ages of 55 and 64 thought cracking a window would eliminate the threat of heatstroke completely.
- 17% of women aged between 25 and 34 believed cracking a window would eliminate the threat of heatstroke completely.
- 25.4% of people from Southern states believed cracking a window would mitigate the threat of heatstroke completely.
- 57.9% of people from states in the Midwest correctly guessed that cracking a window does not affect the threat of heatstroke.

Child heatstroke occurrences

- Pediatric Vehicular Stroke (PVS), also known as child heatstroke, has killed 38 children already in last year in 2019.
- In 2018, 52 children died in the U.S. while trapped in a hot car.
- Since 1998, 813 pediatric vehicular stroke fatalities have occurred.

- For children in the United States under age 14, heatstroke is the second most common cause of death, after car crashes.
- Children’s body temperature heats three to five times faster than adults', making a child more likely to die in a hot car.
- Between 1998 and 2002, California saw the most cases of pediatric vehicular stroke, followed by Texas and Florida.
- In 2019, most US child heatstroke deaths occurred in Texas and Florida.

Hot car death statistics for pets

- From 2018-2019, 78 pets suffered heat stroke and died in a hot car.
- Dogs with broad, short skulls (also known as brachycephalic breeds) are especially susceptible to heatstroke.
- Pugs and bulldogs are more likely to die while trapped in a hot car.
- Dogs with heart conditions, as well as overweight or underweight dogs, are also more likely to exhibit symptoms of heatstroke.

Signs of heatstroke in dogs

If your dog is experiencing any of the following symptoms, bring them to a cool area as soon as possible and provide them water:

- Excessive, rapid breathing or panting
- Bright pink gums
- Decreased energy
- Rapid heartbeat

Hot car death statistics

From 1998 to 2018, researchers at No Heat Stroke studied media reports from nearly 800 pediatric vehicular heatstroke deaths. The following is a breakdown of the circumstances that led to the fatalities:

- 54% of the children were forgotten in the car seat by a babysitter.
- 26.3% of the children gained access into the car on their own and got trapped.
- 18.9% of the children were knowingly left in the car by a child care provider at daycare.
- 0.9% of the children were found in the car without anyone knowing how they got there.

The same research from No Heat Stroke ranked states by their respective pediatric vehicular heatstroke deaths per capita. Here are the top ten states from that report:

| State | Deaths Per Capita |
|-------------|-------------------|
| Mississippi | 32.46 |
| Louisiana | 31.66 |
| Arizona | 29.32 |
| Arkansas | 29.07 |
| Oklahoma | 28.81 |
| Alabama | 27.73 |
| New Mexico | 27.54 |
| Florida | 26.52 |
| Kentucky | 26.24 |
| Tennessee | 24.02 |

What happens in a hot car?

Once the human body reaches a core temperature of 104 degrees Fahrenheit, heatstroke may occur, causing toxins to flood the body and leading to cell death. At 106°, the body begins to convulse. Once the

body temperature reaches 108°, irreversible brain damage is likely.

The interior of a closed car heats quickly because sunlight heats up elements inside, such as the dash, upholstery, steering wheel, and more, according to [tonoheatstroke.org](https://www.tonoheatstroke.org/)— especially if the color of the vehicle is darker. Those elements release their heat into the air (heat rises), increasing the temperature inside the car.

How hot do cars get in the sun? Studies on temperature in hot cars


In a time-lapse study conducted in 2002 by the American Academy of Pediatrics, a dark blue mid-sized sedan was used to test the increased temperature inside of the sedan over a one-hour period.

The study established:

- Opening or “cracking” the windows had little effect to cool the interior.
- Two-thirds of the most rapid heating occurred in the first 20 minutes.
- Vehicle interior color was probably the biggest factor in how quickly the interior temperature increased.
- **Even when outside temperatures averaged 61° F during the first hour of testing, the inside of a parked car could exceed 105° F.**

The Isleta Police Department urges everyone who travels with their children and/or pets, please do not leave them in the car. Let’s keep them safe and avoid an unnecessary tragedy. Officers have on occasion discovered children and pets left in a vehicle while parked at the Casino and other locations. Keep in mind, though it may feel cool outside the temperatures inside can be significantly higher as illustrated above.


Need a new driver's license?



Did you know you can renew on line even if you're 79 or older?

Just visit mvdonline.com

Upload your medical report or eye exam results, if required. MVD will notify you when it's been accepted, and then complete the process using the renew/replace option.





Summer Reading Program Registration is here, are you ready? Registration started on April 26th and will go through till May 7th. Read more about it in our upcoming section of our article. Schools will be letting out this month and the library may be busier than usual throughout the day. Especially with the library being a summer meal site for the youth from ages 1 to 18 years old. Please be aware of your surroundings in the parking lot, around the library and in the neighborhood as children may be out enjoying their Summer Break. Hotter days are slowly creeping up on us; please remember not to leave children elderly, or pets in the car. Temperatures can rise in a matter of minutes, even with a cracked window.

On Thursday, May 6th the library will be having their monthly staff meeting from 8:30am to 10:30am. We schedule our staff meetings every first Thursday of the month. We will be discussing our upcoming Summer Reading Program, new library services; the library will remain open during this time so feel free to drop in. We will be discussing library services and addressing any concerns before our Summer Reading Program starts.

The Library will be closed on Monday, May 31st in observance of Memorial Day. All library media checked out on Thursday, May 20th will be due on Tuesday, June 1st. Enjoy your three-day weekend!

The library's Overdrive now has MAGAZINES, books and audiobooks all in one place! Overdrive is now offering a new format in the same app or website that now include magazines. Over 3,000 titles, including top titles like US Weekly,

National Geographic, Good Housekeeping, Vanity Fair and Rolling Stone. So don't forget to try out Overdrive and read your favorite magazine today. If you have any questions or need help with Overdrive please give us a call or send us a message and a library staff member will be happy to help you.

The library recently got a new online resource called Skillshare for patrons to use for FREE. No matter what 2021 brings, you can spend it creating something meaningful. Skillshare allows you to explore thousands of classes, get access to inspiring classes and the support of a creative community. If you would like to try out Skillshare please give the library a call and we can send you an invite to your email. Or make an appointment and we can show you an introduction to Skillshare and get you all set up. If you would like to know more about Skillshare, please feel free to call the library at 505-869-9808 and talk to a library staff member.

Summer is just around the corner and once again the library will be a site for the Summer Meal Program. Here is what we know so far. The Summer Meal program will start on Wednesday, May 26th and will end on Friday, August 6th. Meals will be provided for FREE to children 1 year old to 18 years old. Meals are limited and served on a first come first served basis. We are predicting that the meals will be a grab and go similar to last year so youth will have to be present in order to receive a meal. We will continue to share information about the Summer Meal Program as it comes in and keep you updated.

Join us for our Virtual Family Story Time every Wednesday at 10:30 am. Story time will take place over Zoom and is open for ages 16 months- 5 years old. For each month a calendar will be available with the schedule of books and crafts. For the month of May crafts will include a craft that corresponds to the story. Supplies for the crafts will have to be picked up prior to the Story time through our curbside service. Please see our calendar featured in this newsletter for more details. If you would like to sign up please call the library at 505-869-9808 or email Cheyenne at Cheyenne.Castillo@isletapueblo.com.

The Library is offering a contactless curbside service as well as computer use by appointment only for essential use. Curbside services will be Monday-Thursday from 10am to 5pm and Friday 10am to 4pm. To check out material please download our mobile app Librista.



To make a computer appointment, please call the library to set up a time, as space is limited. Appointments will be based on 30-minute increments so please come prepared. When visiting the library please remember to wear a mask at all times, patrons' temperature will be taken before entering the library. Sanitation stations have been set up throughout the library, and computer workstations must be disinfected before and after use. Patrons will enter at the front entrance of the library and will exit on the north side of the library. We greatly appreciate your patience at this time as we are adjusting to a new normal. If you have any questions or concerns feel free to contact the library at 505-869-9808. To drop off any library materials please use our drop off box, which is located in the front of the library. Drop off material will be quarantined for three days, disinfected and then checked in.

With things changing daily library staff is closely monitoring the COVID-19 situation and as a result library programs and services are being impacted. We will continue to keep you updated and informed about upcoming programs and services as more information comes along. Below is a list of our new hours of operation.



**SUMMER MEAL
PROGRAM**

MAY 26 – AUGUST 6TH

Breakfast and lunch will be provided

**MONDAY-FRIDAY
TIMES: TBD**

Available to ALL youth

AGES 1– 18

Youth must be present.

Meals are limited and served on a
first come first served basis

**THE PUEBLO OF ISLETA PUBLIC
LIBRARY WILL BE A SITE FOR
MEAL DISTRIBUTION**

If you have any questions please contact
the library at (505) 869-9808

Library Temporary Covid-19 Hours of Operation

Monday –Thursday: 8am to 6:30pm
Friday: 8am to 4:30pm
Saturday: CLOSED
Curbside Hours
Elderly: 10am-11am
General: 11am-5pm

Library staff members are on site to answer any questions or address any concerns you may have and we are always open to any suggestions you might have to help us better serve the community. Please don't hesitate to give us a call at 505-869-9808.

Library Access from Home

During this time we encourage the use of our digital services. If you ever have questions or need help accessing our online services, please call us at the library at 869-9808 during regular business hours or message us on social media (FB, Snapchat, & Instagram).

The Library's digital services give cardholders 24/7 free access to eBooks, audiobooks, music, magazines and periodicals (NYTimes), so you can maximize your reading and listening experience at home. We've got you covered.

The library online services will ask you to enter your library barcode number which is located on the back of your library card and a 4 digit pin or password. If you do not have a 4 digit pin or password set up with us you can call the library during business hours and a staff member can help you set that up over the phone.

Below is a list of the digital services the library has to offer.

To search our library collection and view your account you can download the Librista app on your iPhone, Android and Kindle devices. This feature will let you see what library material is available, let you search our library collection and view your account.

New York Times online is now available to our library patrons for FREE. Find breaking news, multimedia, reviews & opinions on Washington, business, sports,

movies, travel and so much more. New York Times will be available on library computers, library Wi-Fi or if you are at home you can access through the library website and click on the icon located on the general library section.

The library now has LinkedIn Learning formally known as Lynda.com, which is FREE online training on various computer software and programs. The LinkedIn Learning Online Training Library is a massive online training resource. Using their thousands of videos, members are able to learn – self-paced and on-demand – topics ranging from Google, Zoom and so much more. Members must have a Library card in order to utilize the LinkedInLearning.com site. The link to LinkedInLearning.com may be found on our Library website at <http://isletapueblo.com/library.html>. Just click on the “Start Learning Click Here” button to start your digital continuing education.

Download the mobile app Libby to start borrowing and reading ebooks and audiobooks for FREE. Put your library in your pocket with Libby. To access this app you will need your library barcode and password.

Free Music! Take advantage of our Freegal Music service. Log on with your library card number and pin to start downloading and streaming music. Library patrons receive 3 free downloads each week and UNLIMITED streaming of music with NO AD interruptions. Log on to freegalmusic.com or download the Freegal Music app. If you have any questions about this service or would like to set up a password please give the library a call at 505-869-9808.

For additional help and information, library staff members have made YouTube videos featuring the library's digital services and how to utilize them. Check them out by visiting the library's YouTube page at www.youtube.com/user/poilibrary.

Upcoming

Summer Reading Program Registration will be open starting Monday, April 26th through Friday, May 7th. We will

be doing a lottery registration this year. Registration will be open to everyone for two weeks and on May 7th there will be a live drawing to fill all the spots. Space is limited and we feel that this option will give everyone an equal chance to reserve a spot in the program. While honoring the social distancing protocol set by the CDC.

Lottery Information

- 20 participants will be selected for the Youth program 7-17 years old.
- 20 participants will be selected for the Junior Program 3-6 years old (must be potty trained).
- All participants must be entered into the lottery drawing to be eligible for the drawing.

Some reminders to keep in mind during registration:

- Only Parents/Legal Guardians of students are allowed to sign up students for the Summer Reading Program.
- Juniors 3 year olds MUST be potty-trained.
- We will be asking for BASIC information on registration forms along with a list of allergies and people you give permission to sign out your child.
- Our youth program will feature 4 different curriculums. During registration you will be given a packet with information on the 4 curriculums and calendars. You will need to go over program descriptions with your child so they can choose which program interests them the most.

If you have any questions regarding our Summer Reading Program please give us a call at the library and speak with a staff member at 505-869-9808.

Summer Reading Program is coming fast and we are excited to share with you all our new themes for our youth and junior programs. We are also excited to announce that this year's program will be IN-PERSON here at the library. Summer Reading Program will start June 7th and end July 23rd. (Continued Next Page)

MAY

PUEBLO OF ISLETA PUBLIC LIBRARY
STORYTIME: EVERY WEDENDAY AT
10:30AM

VIRTUAL FAMILY STORY TIME
CALENDAR

| SUN | MON | TUE | WED | THU | FRI | SAT |
|----------------------|--------------------------|--------------------------------|---|-----|-----|------------|
| 2 | 3 | 4 | 5 VIRTUAL FAMILY STORY TIME AT 10:30AM Book Craft: Flower pot card | 6 | 7 | 1 8 |
| 9 MOTHERS DAY | 10 | 11 SIDEWALK CHALK PAINT | 12 VIRTUAL FAMILY STORY TIME AT 10:30AM Book Craft: Sidewalk Chalk Paint | 13 | 14 | 15 |
| 16 | 17 | 18 Bird Feeder | 19 VIRTUAL FAMILY STORY TIME AT 10:30AM Book Craft: Bird Feeder | 20 | 21 | 22 |
| 23 30 | 24 31 MEMORIAL DAY | 25 Paper Plate Whale | 26 VIRTUAL FAMILY STORY TIME AT 10:30AM Book Craft: Paper plate Whale | 27 | 28 | 29 |

Our Junior Program 3-6 years old, students will be taking a reading road trip around the U.S.A. We will be reading our way and making stops in New Mexico, California, Texas, Louisiana, Florida, and New York. Along the way we will be learning about state symbols, food, and landmarks. With a daily schedule of story time, crafts, activities, playtime and field trips to insure our day is busy and filled with fun. No need to pack just make sure to pre-register to be entered into the drawing for a spot in the program.

Our Youth Program, ages 7-17 years old, will feature 4 different themes to choose from. We will be accepting 20 students with 5 spots available for the mentioned programs below.

- **Science:** Library staff members Shappof and Isaac will be leading this program and here is what they have to say about the program. Science is something we deal within everyday life. So, let's learn about science together! Experiments that make you go "WOW"! I wonder why it does that? We will be doing amazing experiments that range from solidifying fingerprints to making astronaut ice cream! You will not only have fun doing these experiments but also learn interesting facts along the way. If you have any questions regarding our curriculum you may contact Shappof Ybarra 505-869-9808 or by email at Shappof.ybarra@isletapueblo.com.
- **Building and Creating:** Library staff member Ashley will be leading this program and here is what she has to say about the program. Join us this summer in exploring the fields of architecture and engineering. We will be creating and designing our own projects, as well as building them. We will work with different building materials while creating multiple projects. You will get to bring your own style and get creative with the building projects. We will also learn some engineering by build kits from the companies: Brown Dog Gadgets and KiwiCo. A few of our building projects include bristle bots, DIY basketball game, and a marshmallow catapult! If you have any questions regarding this curriculum you may contact Ashley Morales at (505) 869-9808 or by email at Ashley.Morales@isletapueblo.com.
- **Monster Movie Makeup:** Library staff member Cheyenne will be leading this program and here is what she has to say about the program. Always wondered how to create your favorite movie monsters or how to create the best special effects makeup for your Halloween costume? Come and join Cheyenne's summer reading program group! This summer we will be going over different special effects makeup to ramp up your Halloween costume or to create videos. Each week we will be going over different forms of special effects makeup, such as, face paint, prosthetics, and DIY recipes to make fake blood and prosthetics. During the month of June we will learn how to create certain types of shading and lighting to create optical illusions, from creating puppet type features, to making it seem like you have a floating head. Also, during this time we will be having a mini field trip! During the month of July we will be creating zombie looks using everyday items and professional type

NEW AT THE LIBRARY!

THE PUEBLO OF ISLETA PUBLIC LIBRARY WILL NOW BE OFFERING MAGAZINES ON OVERDRIVE, A FREE SERVICE THAT ALLOWS YOU TO CHECK OUT MAGAZINES, BOOKS AND AUDIOBOOKS ALL IN ONE PLACE!

YOU CAN ACCESS OVERDRIVE BY GOING TO [HTTPS://NM.OVERDRIVE.COM/](https://nm.overdrive.com/)

YOU WILL NEED YOUR LIBRARY CARD NUMBER AND PIN TO LOG ON. YOU CAN SET UP YOUR PIN AT THE LIBRARY.



Magazines now available!

Libby.
The one-tap reading app from our library.

Download on the App Store | GET IT ON Google Play

You can also download the Libby mobile app that corresponds to OverDrive to access Magazines, E-Books and Audio books right from your mobile device!

Meet Libby.
The one-tap reading app from your library



If you need help accessing OverDrive or the Libby app, visit the Library or call us at (505)869-9808





makeup to make gruesome looks. Lastly, we will be creating our own monster looks by using professional tools and prosthetics. If you have any questions regarding this curriculum you may contact Cheyenne Castillo at (505) 869-9808 or by email at Cheyenne.Castillo@isletapueblo.com.

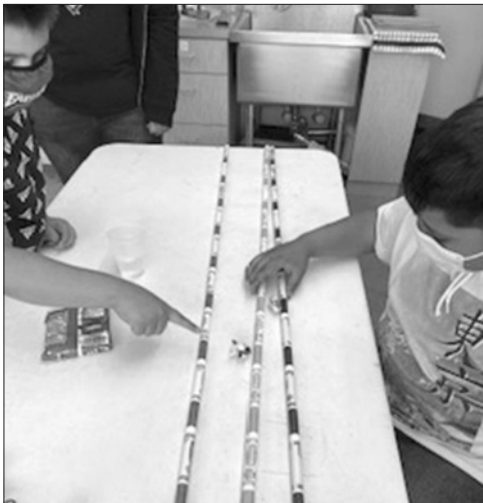
• **Mythology and Astrology:** Library staff member Kyle will be leading this program and here is what he has to say about the program. If you are interested in learning more about Thor, Hercules, or the Zodiacs. This program will be centered on different mythologies from Greece, Egyptian, Norse and Astronomy. The mythologies will consist of the students learning about the different creation stories from each mythology, the gods and goddesses, heroes vs. monsters. The students will create Trojan horses, Viking shields, and Mummies during the week of each mythology. In Astronomy the students will learn the different phases

of the moon, the constellations, and planets. During the week of Astronomy the students will create a planet model, galaxy snowglobes. If you have any questions regarding this curriculum you may contact Kyle Lujan at (505) 869-9808 or by email at Kyle.Lujan@isletapueblo.com.

Recap

The library’s Embroidery Program kicked off in April and was the library’s first IN-Person program and we couldn’t be more excited. The class filled up fast with a total of five participants signing up for the program. For the first session participants learned the 10 basic hand stitches using the library’s new online resource of SkillShare. Participants were then given an embroidery project to work on and to practice their 10 basic stitches and more. Participants meet every Thursday to work on their embroidery project and share any tips and advice when doing embroidery.

The After School Program students are enjoying the warmer days and springtime crafts. Students are excited to be back at school and attending the After School Program here at the library. Library staff has been busy getting kids from their bus stops, working on homework, crafts, and outdoor activities.



After School Students testing out their Bristle Bots!



After School Program students making Fruit Spring Rolls!

SKILL SHARE.

Make sure you spend your 2021 making or learning something meaningful with the library's new online service, **SKILLSHare!**

Choose from thousands of on-demand classes ranging from design, photography, freelancing and much more!



Members will receive a 21 day trial. Access renewal will be given at a later date if intersted.

Give the library a call at **(505)-869-9808** to get an invitation via email. You can also make an appointment with us and we'll walk you through the process of getting started on your creative journey.



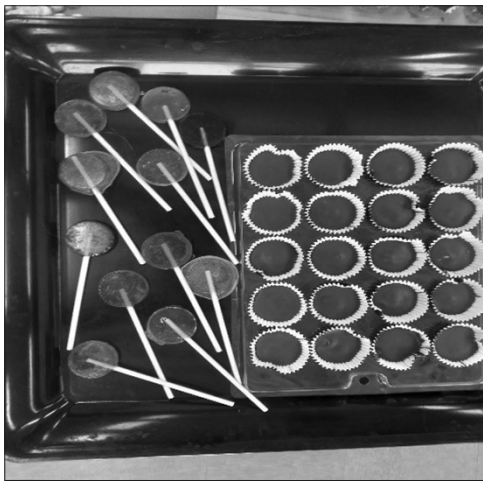
Parks & Recreation Department

May 2021 already, wow, this year seems to be moving rather quickly! It's really nice to see things here in the pueblo, the state and around the world are starting to get better. COVID cases seem to be decreasing daily everywhere which is a good thing. Hopefully it's because more people are getting vaccinated, wearing their masks and practicing social distancing whenever possible. If we all continue to do our part to keep ourselves and everyone around us safe, we will continue to beat this thing. Keep it up and good job everyone!

RECREATION DIVISION PROGRAM

Youth Distant Learning Program – This program is still going on. We still have kids here in the pueblo that are in need of distant learning support and fortunately we are able to help the children registered in this program with their distant learning.

Besides their distant learning, this month the students also learned various techniques of making chocolate candies and lollipops. They enjoyed sampling the chocolates in class, from milk chocolate, white chocolate, dark chocolate and even a birthday cake flavored chocolate. Students learned how to use some candy molds, different colors of chocolate to decorate with, and used a mold to make peanut butter cups. They also learned how to make lollipops by using Jolly Rancher candies which they melted in a microwave and poured into a mold. Take a look at some of the pictures.



Students enjoyed Easter activities before the Easter weekend. They did an Easter Scavenger hunt, they were given clues in eggs to help them find their Easter treasure. We also had the children color eggs using shaving cream and food coloring. This is a great technique to use to color eggs if you don't have vinegar in the house. Some eggs came out marbled, some a whole different color than what was used, somehow using yellow color, and the egg just came out white. Students also got a surprise visit from the Easter bunny before going home, as you can see in the picture. It looks like they liked the Easter Bunny.

Summer Recreation Program – we are planning our summer recreation program; all the individuals that entered their names into the drawing to participate in this program will be drawn in early May, please come by the center to see if your child's name was drawn to participate in

the summer recreation program. For more information, call the center at 869-9777.

FITNESS DIVISION

The Recreation Center (Main) has been working on different options for your workout comforts. Currently additional space is available for exercise, outdoors on the east patio. We have laid out flooring outside in the east patio just outside the weight room for your exercise needs. That area is now available for tire flipping, sled pushing and Kettlebell workouts. Remember all our staff at both of our facilities (Main Recreation & Old Recreation/Pickle Heights) are fully capable of assisting you with your workout goals, no matter if your goals are to bulk up, tone up or just to stay active and preventing injury. We are here for you. Please reach out to us at either 869-9777 (Main Rec.) or 869-5741 (Old Rec.). We look forward to your visit and remember, no appointment is needed to use the facility, but if you are looking for a one on one session we can schedule a time that works best for you. Looking forward to hearing from you.

Mike Trujillo and Thomas Zuni

SPORTS PROGRAM DIVISION

We just finished up the Family Fun Run at the recreation center. As many of you have noticed these runs have been virtual runs. It's unfortunate but that is the only way we can do these for now for safety reasons. It is nice to see all the participation. Our Fun Run had approximately 75 participants which is an awesome turn out. It was great to see all the families, and a special thanks to Michael Toya for designing the fine art to put on the shirt. Please mark your calendars for our next run which will be the Bernie Run.

The Bernie Run will be starting April 24th and will end on May 1st, 2021. We hope to see all your names in this run and even more names and keep in mind that this is a virtual event/run. Good luck to everyone

that is participating in any of our events and stay safe. Keep your eyes open for other activities and events that we will be offering. If you want more information, please contact the center at 869-9777 and ask for Coach Waquie.

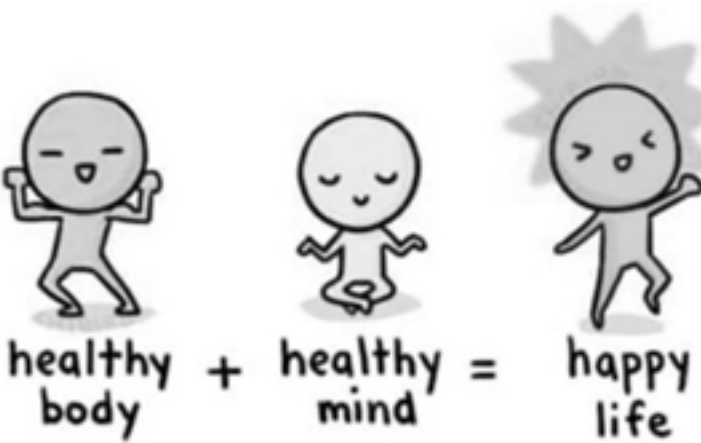
AQUATICS DIVISION

If you haven't already, please call and schedule a time to come swim in our newly refurbished swimming pool. Unfortunately, we are still not able to take large groups because of the COVID rules, but we are able to schedule times for lap swimming or just to relax in our Jacuzzi and our dry saunas which are also available for use. Please make sure that you call and talk to someone in our aquatics center to schedule time to use any of these amenities (Main Swimming Pool, Wading Pool, Jacuzzi, and Dry Saunas). It's unfortunate but due to COVID-19 virus we have to schedule the use of these amenities to make sure we don't exceed numbers for safety reasons. Thank you for your patience and understanding.

PARKS MAINTENANCE DIVISION

As you may have noticed our parks are looking really awesome, thanks to all of our Parks Maintenance staff. Each and every one of our Parks Maintenance team members has had a part in making our parks look so nice. Unfortunately, I haven't publicly thanked them or recognized them for their work and efforts, so today I want to make sure and thank Donald Lucero, Ted Rockwell, Ron Abeita, Ron Jojola, Jon Stapleton, Ernest Correa, Alex Jaramillo, Stephanie Jiron, Alvin Olguin and Jamaine Madrid. These individuals make up our Parks Maintenance Division. Please thank them for the wonderful job they do with our parks, I'm sure they would appreciate it.

If you have any questions, concerns or comments about the Parks & Recreation Department, please contact me at 869-9777. I would love to hear from you!



healthy body + healthy mind = happy life

HEALTHY MIND, HEALTHY BODY

“We are just two Pueblo women trying to uplift and inspire during these hard times.” Tiffany and Nana Fina Jiron started a Healthy Mind and Healthy Body Challenge on March 8, 2021 through April 19, 2021. Their intent was to start this challenge for all Pueblo of Isleta tribal members and residents by living by example on ways we take care of ourselves and each other.

We all come from the same ketu and when we experience hardship, loss, and grief, we all feel it. We wanted our people to start moving their bodies and making better food choices. The COVID-19 Pandemic showed us nationwide which ethnicity was hit the hardest. Native American communities were hit the hardest with COVID-19 cases than the rest of the nation because of our health issues. It was time we try and change our lives for our future and for our families.

We are happy to announce that we had a total of 52 participants who committed to the challenge and to themselves! The buy in was \$20.00 from each participant and the winner takes the entire pot. Huge Congratulations to the first-place winner Warren Edaakie. He lost the most weight in the 6-week challenge.

We offered check in’s, helpful tips, and did weekly giveaways donated from Amanda Jiron, Oriana Sanchez, Tiffany and Nana Fina Jiron. Thank you, Arnold Sena and his staff for allowing participants to safely weigh in at the Isleta Rec Center.

Next one is set for May 1st-May 31st. Contact Nana Fina or Tiffany if you are interested in joining @ email: healthymind.healthybody21@gmail.com. Khudkem.

ISLETA HEALTHY MIND & HEALTHY BODY CHALLENGE

May 1, 2021-May 31, 2021

Zoom Meeting TBA for more details

**St. Augustine Parish
Isleta Pueblo
Ministry of Consolation**



MISSION STATEMENT

We are a ministry of consolation at St. Augustine Parish to offer spiritual comfort and support to families who have experienced the loss of a loved one. We will continue to honor and respect our traditional teachings.

PUEBLO OF ISLETA

WE NEED YOUR HELP!



POI
Volunteers are needed to help fight the effects of Covid-19 in our community. Are you interested?

ME
I would love to help on my spare time. Who do I call???

POI
That's GREAT news!! For more information call 505.321.8739. We hope to see you soon!!

ME



 **PUEBLO OF ISLETA**

PUEBLO OF ISLETA PUBLIC LIBRARY



Summer Reading Program 2021

JUNE 6TH - JULY 23RD

| JUNIORS | YOUTH |
|---------------------|---------------------|
| 3yrs-6yrs | 7yrs-14yrs |
| Road Trip U.S.A | Multiple Curriculum |
| 9am to 12pm | 1pm to 4pm |
| Open to 20 students | Open to 20 students |

Open Lottery Registration starts April 26th through May 7th!

Registration must be completed by PARENT or GUARDIAN NO EXCEPTIONS!
To register please call the library.
For more information please call the Library @ 505.869.9808



Isleta Historical Society

Protect the Land • Preserve the Culture • Honor the Ancestors

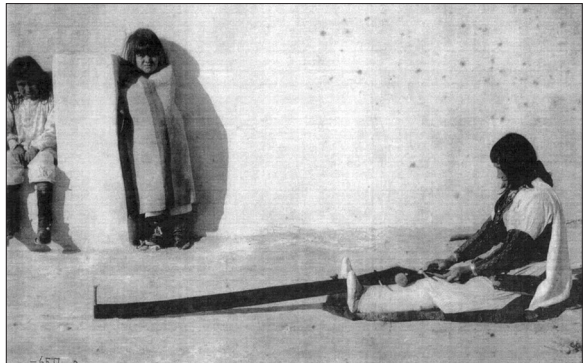
This continues a monthly series of articles about historic Isletans and significant happenings at Isleta. The Isleta Historical Society is an independent, inclusive group looking to broaden understanding through vigorous research, interviews, visits to museums and other historical sites etc. We are interested in your reaction to these stories and encourage you to contact us with ideas for future publications. Visit us on Facebook and Instagram @isletahistoricalsociety or email us at isletahistoricalsociety@gmail.com. We will not use any information without your permission. Thank you!

Members: Randy Jiron, Kateri Jojola, Malcolm Ebright, Valentino Jaramillo, Rick Hendricks, and Ted Jojola

Isleta Weaving, Clothing, and Tanning - Part 1

The Pueblos have been weaving clothes, blankets, sashes, and cotton mantas (shawls and dresses) since the mid-700s, eight centuries before the arrival of the first Spaniards in the Southwest.

The Pueblos did not begin weaving with wool until the Spanish brought the first sheep to New Mexico with Coronado in 1540 and Oñate in 1598. The Natives soon adopted wool into their weaving tradition, which employed a vertical loom. At Isleta, the belt loom was also popular for making smaller items like belts.



Isleta Woman with Belt Loom

The Spanish brought Churro sheep whose wool is especially suited for weaving because its long straight fibers can be handspun into yarn, and its low lanolin content makes it easier to dye than a greasy wool that is difficult to clean. In the early colonial period men were the primary weavers, many of them working in the obrajes, or workshops, run by corrupt governors or encomenderos who took advantage of cheap labor to produce woven goods for export.

In 1788, Viceroy Jacobo Ugarte y Loyola reported that New Mexico’s chief exports were hides, coarse textiles, and livestock. He recommended that new industries be encouraged, particularly weaving. In the early 1800s, authorities in Mexico City and New Mexico decided that one way to stimulate the textile industry was to import skilled craftsmen to instruct local weavers to improve the quality and quantity of New Mexico cloth. So, in 1807, the Bazán brothers, two master weavers from Mexico City, arrived in Santa Fe to instruct New Mexicans in the fine points of their craft. In the decree authorizing the training program, the viceroy specified that the craftsmen chosen must be free of any weakness for strong drink and must be of the highest moral character. He directed the weavers to conduct a six-year training program and to remain in New Mexico until the governor certified that they had trained enough disciples to carry on their work. In 1809 Ricardo Bazán asked New Mexico governor José Manrique to be released from the contract four years early because the brothers had completed the training of their students, teaching them everything that the Bazán brothers knew. The governor proposed a test whereby the students, including Ricardo Bazán’s sons, weave a sample piece by themselves,

without assistance from the master weavers. Only the two alcaldes of Santa Fe were present for this test. The samples were sent to the viceroy, who released the Bazán brothers from their contract. Thus by 1810 there were from five to ten more weavers in Santa Fe. Presumably, they taught their weaving skills to others, including the nearby Pueblo Indians.

Traditionally, Isleta men were the principal weavers, producing blankets, shirts, and kilts. They used the up-right looms. When women did weave, they employed the waist (or belt) looms and turned-out belts, garters, and chongo ties. Over time, Isletans began to trade with the Hopis for their mantas. The increased availability of manufactured goods and of trade items led to a decline in the number of male weavers. By 1920, there are no men listed as weavers in the census; though there are eight women, ages ranging from 35 to 69 with the average age being 53 years. One of the weavers named is Maria Marcelina Martin, daughter of Joseph Manuel Martin and Josefita Martin who originally came from Laguna Pueblo in the 1879-1880 migration. Maria Marcelina Martin married Esquipula Lente; they raised five children including a daughter, Lupita Lente. Lupita’s daughter, Juana Bautista Papuyo, married Juan Jose Jojola. The Jojolas had a son and named him Theodore who became Ted Jojoa, PhD, Distinguished and Regents Professor at UNM.

The Tewa Weavers

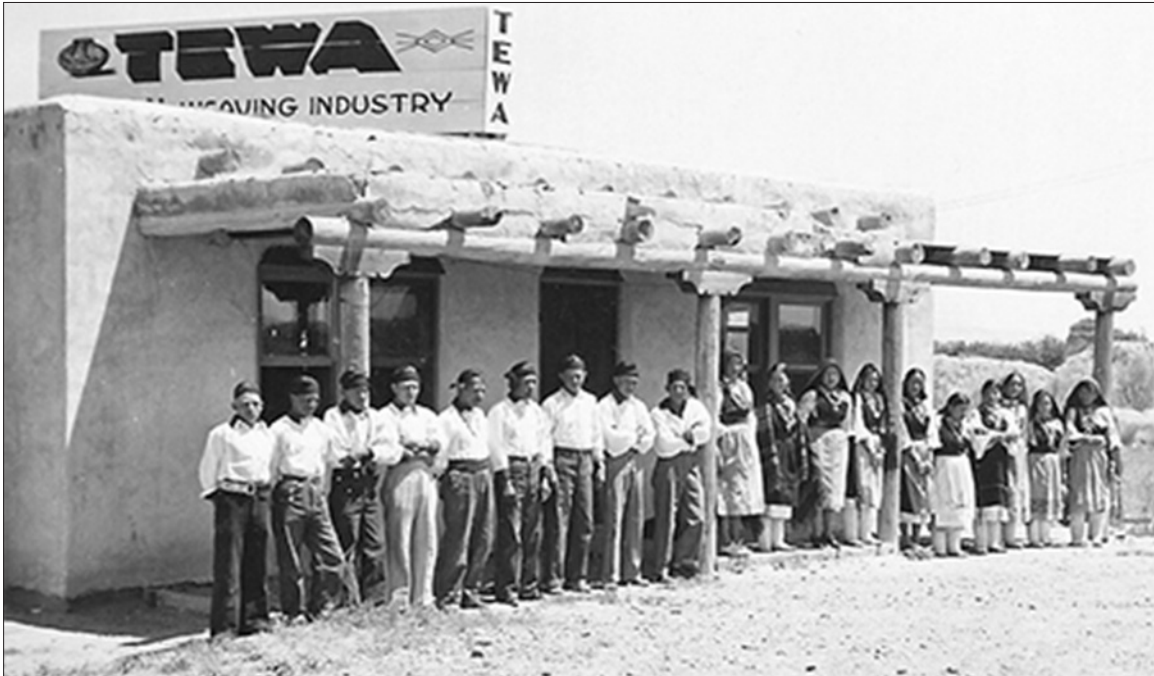
According to the historic notes of Isleta member Diego Abeita (1905-1984), the Tewa Weaving Industry store was opened at Isleta in 1938. It was established by August George Seis, the son of a German immigrant. In 1903 they moved to Isleta where they established and ran the post office and a trading post. They lived in the village until 1936. Like many early entrepreneurs of that era, they quickly seized on the opportunity to gain a livelihood by trading with Native people for their crafts in exchange for dry goods. They

also opened a trading post at Fort Wingate, Arizona.

The Tewa weaving enterprise was likely the result of recruitment among Isleta students from the Albuquerque Indian School. Many of the young girls who were enrolled at AIS were afforded the opportunity to study textiles through the Native Arts and Crafts Department. This program was created in the late 1920s by instructor, Ellen Lawrence, who had learned weaving growing up in the Appalachian Mountains. The classes comprised both Navajo rug weaving as well as Pueblo embroidery and weaving. The department was one of the few Indian Boarding School programs that employed Native instructors. The Tewa Weaving store was originally housed in an adobe structure near the present-day railroad junction of State Roads 314 and 147. The fact that it was on the edge of the village, along what was then historic Route 66 and old Highway 85, gave it easy access to tourists on the Fred Harvey auto coach tours.

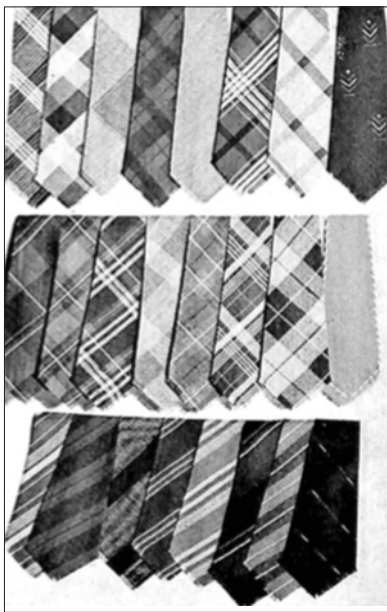
According to the grandson, Ralph Seis, the name “Tewa” translated to “the original” weavers. The name referred to the old traditions of the Pueblo. The employees were all from Isleta. The manager of the sewing department was Isadora (Lucero) Ladd. Other employees included Seff (Jose) Jaramillo, Stella Jojola and Elberta Lente, among others. The looms were large and hand operated. They produced cloth that was 60 inches wide using a “flying shuttle” process. Stringing the warps and bobbins were also done by hand. The wool they used was commercial grade and shipped by the Clasgens family from New Richmond, Ohio. From large pieces of cloth, employees cut, pieced, sewed, and embroidered them into smaller items.

The store specialized in hand-made articles. The wares were custom made to order and delivered through the postal service. There were two markets created for these goods. For the Pueblos, they wove mantas for ceremonial usage. These were shipped



Tewa Weaving Industry

as far away as Hopi. For tourists, they specialized in woven ties, aprons, and moccasins. Because the local demand for ties — considered formal and business wear — was low, most were shipped out-of-state.



The wholesale enterprise established a niche market among small and large retail outlets throughout the region and nation. The items were sold to the Fred Harvey chain, at curio shops along Route 66 as well as casinos in Las Vegas, Nevada. They also did embroidery for Levi Strauss when back-pocket designs were popular.

When the business outgrew its space in the early 1940s, it relocated to the Barelas



neighborhood near downtown Albuquerque. It first moved to 724 2nd Street and then relocated further up the block to 906 4th Street. Throughout all of this, Isleta employees remained loyal and moved with the business. As demand for their woven products waned, the Tewa Weavers Industry was forced to diversify. They branched out as jobbers to Navajo silversmiths, many from Alamo, by providing them with raw silver and turquoise. Sales from that jewelry helped offset the lack of demand for the weaving wares. At its peak, the business had as many as fifty employees.

Tewa Weavers closed in 1989. Many of the looms were sold and used by the traditional Hispanic weavers from Chimayo. In this roundabout way, its legacy continued.

Many thanks to Ted Jojola for the Tewa Weavers narrative and photographs and to

Ralph Seis, grandson of August Seis, who was interviewed for the Tewa Weavers story. As always, thanks to Dikki Garcia for his in-depth genealogy, providing information about the weavers listed in the 1920 census.

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Again, we want to thank everyone who has been reading these articles. We invest a great deal of time and energy into these articles, and we do so because we are interested and passionate about the topics we cover. We believe that by sharing these stories with the community it may instill a sense of confidence in who we are as Isletans. We are grateful for all of our readers and have been receiving feedback from the community. Some of you have even reached out with ideas about what topics to cover next or areas of interest for the Historical Society to dig deeper into. We thank you for your interest in the stories we are telling about the Pueblo and the people and encourage you to reach out to us with any information, ideas, or comments that you feel would be helpful to us. We will soon be publishing on our social media platforms so be on the lookout for that content. Again, any information is greatly appreciated and will not be used without your permission. Thank you!

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LET’S CELEBRATE
Isleta CANCER SURVIVORS & CANCER CAREGIVERS
Stephanie Barela, Health Educator | 869-4479 | sbarela@islclinic.net
<https://www.cdc.gov/cancer/dcpc/prevention.htm#protect>

6th Annual Isleta Cancer Survivor’s Day Event

Every year in June, people all over the country CELEBRATE National Cancer Survivor’s Day. Due to Isleta’s busy June schedule, the Isleta Health Center celebrates its Cancer Survivors in May. From 2015-2019, the Isleta Health Center has celebrated those affected by Cancer during an annual event we offer on the 2nd Tuesday in May. Although it is a month earlier than the National Cancer Survivor’s Day, the Isleta Health Support Group believes any time is the right time to celebrate the cancer survivors in the community.

In continuing with COVID-19 safety measures and avoiding gatherings, we will instead offer our Cancer Survivors and Cancer Caregivers a little something in place of our regular event. If you are affected by Cancer, contact Stephanie to receive “a little something” to honor you. COME BY THE HEALTH CENTER ON MAY 11th between the hours of 8am - 4pm and drive-thru the Outdoor Pharmacy Pick-Up Line or the Outdoor Medical Check-In Line TO PICK UP a goody bag, while supplies last. We look forward to continuing our regular tradition next year. We know it is important to celebrate, remember and honor our cancer survivors and cancer caregivers in the community and remind ourselves that cancer is NOT a death sentence.

One important step in surviving Cancer is catching the disease early, through regular cancer screening and early detection. Cancer screening means checking your body for cancer before you have symptoms. Getting regular screening tests are important in finding breast, cervical, and colorectal cancers early, when treatment is likely to work best. For certain people it is also important to get regular lung cancer screenings. Along with regular cancer screenings, it is important to watch your body for symptoms and warning signs of cancer, such as:

Symptoms & Warning Signs of Cancer:

- Unexplained weight loss
- Fatigue
- Night sweats
- Loss of appetite
- A sore that does not heal.
- Unusual bleeding or discharge.
- Recurrent fever
- Enlarged lymph nodes

- Swelling in the neck
- Obvious change in a wart or mole.
- Thickening or lump in the breast or elsewhere.
- Indigestion or difficulty in swallowing.
- Nagging cough or hoarseness.
- New, persistent pain
- Recurrent nausea or vomiting
- Change in bowel or bladder habits (constipation/diarrhea)/ blood in urine or stool.
- Persistent bloating
- Non-healing skin blemishes

It is also very important to do what you can to **lower your risk of getting cancer**. These steps will decrease the chance of you getting cancer and help you stay healthy longer:

- Avoid Commercial Tobacco (Quit Smoking, Dipping or Chewing
 - o Take the Isleta Health Center’s Thinking About Quitting Program (869-4479).
- Protect your skin (Skin Cancer is the MOST COMMON type of cancer in the US)
 - o Wear sunscreen ☐Seek shade ☐Wear hat ☐Wear Sunglasses ☐Wear Long sleeves
- Limit the amount of alcohol you drink (Liver, Breast, Mouth, Throat and Colorectal Cancer are all shown to be linked to increased alcohol intake).
- Keep a healthy weight (research shows that being overweight increases your chance of cancer).
- Get tested for Hepatitis C (Over time chronic Hepatitis C can lead to liver cancer).



Don't Forget about your Screenings & Preventive Appointments

Prevention is an important way to keep yourself healthy, so please don't forget the importance of:

- continuing your child's Well Child Checks
 - dental cleanings
 - mammograms
 - pap tests
 - bone mineral density tests
- colonoscopies
 - prostate cancer screening
 - blood pressure screening
 - BMI screenings
 - Other important health prevention steps

Below is a list of important screenings and appointments that should not be postponed. Doctor's offices now have safety measures in place such as screening and testing for COVID-19, wearing masks, practicing physical distancing, processes to minimize contact and taking additional cleaning/disinfecting measures. It is important that you do not hesitate to see your Health Care Provider during this time, especially if you are living with a condition that may put you at risk for certain diseases.

| SCREENINGS & APPOINTMENTS | |
|---------------------------|--|
| CHILDREN | PEDIATRIC CHECK-UPS WELL CHILD VISITS Keeping our children healthy and up-to-date on their vaccines is important to their overall health. |
| WOMEN | PAP TESTS (with or without human papillomavirus-HPV) Can detect certain cancers of the cervix, as well as, viral conditions that put women at higher risk for cervical cancer. If your test is normal, you should have a Pap test every 3 to 5 years, unless you have a history of abnormal Pap tests, in that case you should get it done more frequently. MAMMOGRAMS A yearly mammogram (or more or less frequent, as recommended by your doctor) Important step in early detection of breast cancer. BONE MINERAL DENSITY TESTS As women age, their bones get thinner and the risk for fractures increases. This test assesses your risk and helps your doctor decide if you need calcium supplements or other treatment for bone mineral loss. |
| MEN | PROSTATE CANCER SCREENING Men should follow their doctor's instructions on getting tested for prostate cancer regularly. |
| MEN & WOMEN | COLONOSCOPY: Detects Colon Cancer, which if treated early can be managed effectively. Men and women should get colonoscopies starting at age 45. BLOOD PRESSURE SCREENING BODY MASS INDEX (BMI) Follow your doctor's guidance on getting regular blood tests for factors relevant to heart disease risk, such as: BLOOD SUGAR CHOLESTEROL CORONARY ARTERY CALCIUM C-REACTIVE PROTEIN OTHER FACTORS AS YOUR DR SUGGESTS. |



Counseling Can Help

The Behavioral Health Clinic is open for direct patient contact with careful adherence to protocols as established by the Isleta Health Center to include:

- Patients must wear a face mask at all times when in the facility and when in your vehicle checking in for your appointment
- All patients must check in at the front of the Isleta Health Center where your temperature will be taken and you will receive a wristband and instructions how to proceed
- Please arrive 15 minutes ahead of your appointment time
- Patients and staff maintain social distancing at all times
- Lobby and offices are sanitized before and after each patient visit
Talking to others is always helpful and talking with a professional therapist can really help – especially during this difficult time.

Call 869-5475- Make an appointment to meet with a therapist - see if counseling can help.

Sometimes you can't wait - If you or someone you know is having a mental health crisis, call 1-800-273-8255 for the **National Suicide Prevention Lifeline.** You can also text HOME to 741-741 for free, 24-hour support from the **Crisis Text Line.**

Give time and attention to all your health needs – physical, emotional, and mental.

Isleta Health Center Program Postponements

The Isleta Health Center (IHC) is doing our part to encourage social distancing, by continuing to postpone the following programs until further notice:

The IHC Programs below are postponed:

- ▶ ICAP Sewing Class on Thursday evenings
- ▶ ICAP Moccasin Making Class on Tuesday evenings
- ▶ Isleta Diabetes Prevention Exercise Classes (Eagle HIIT) held Mondays and Wednesdays
- ▶ Isleta Diabetes Weight Training held Tuesdays and Thursdays
(Wellness Center available by appointments only)

Telemedicine Now Available at the Isleta Health Center

Health Educator: Stephanie Barela, BS CHES CSST

During the COVID-19 Pandemic, the Isleta Health Center is working hard at keeping the Isleta community healthy and safe by offering Telemedicine. Telemedicine is a pre-scheduled appointment that allows patients and healthcare providers to communicate via phone call. These appointments will allow you to speak with your provider and ask basic medical questions. Based on your medical needs your provider may schedule an in office appointment. Patients are still required to schedule a face-to-face visit for Well Child Visits and Sports Physicals.

Please contact the Isleta Health Center at (505) 869-3200 to find out more.



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Join us in unlocking the **2nd key** to financial success during our **5 Keys to Financial Success Workshops!**

Our 2nd Key Workshop is co-hosted with Shawn Spruce via Zoom on **Wednesday, May 5th at 5:30 p.m.—7:30 p.m.**

To register, please email Miranda@tiwalending.org or call 505-916-0556.

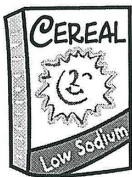


Health Beat: Take Healthy Steps to Lower High Blood Pressure

Stephanie Barela, Health Educator
Honoring the Gift of Heart Health Curriculum
Department of Health and Human Services
National Institute of Health
Phone: 505-869-4479

To PREVENT
high blood pressure:

- 1. Aim for a healthy weight.**
Try not to gain extra weight.
Lose weight if you are overweight. Try losing weight slowly, about half a pound to 1 pound each week until you reach a healthy weight.
- 2. Be active every day.**
You can walk, dance, use the stairs, play sports, or do any activity you enjoy.
- 3. Use less salt and sodium in cooking.**
Buy foods marked “sodium free,” “low sodium,” or “reduced sodium.” Take the salt shaker off the table.
- 4. Eat more fruits and vegetables, whole grain breads and cereals, and lowfat dairy products.**
- 5. Cut back on alcohol.**
Men who drink should have no more than one or two drinks each day. Women who drink should have no more than one drink a day. Pregnant women should not drink any alcohol.



To LOWER
high blood pressure:

- 1. Practice these steps:**
 - Maintain a healthy weight.
 - Be active every day.
 - Eat fewer foods high in salt and sodium.
 - Eat more fruits and vegetables, whole grain breads and cereals, and lowfat dairy products.
 - If you drink alcoholic beverages, do so in moderation.
- 2. Take your medicine the way your doctor tells you.**
- 3. Have your blood pressure checked often.**



ISLETA HEALTH CENTER

New Patient Application Process

The Isleta Health Center is federally funded and provides health services to eligible American Indians living within the Pueblo of Isleta and surrounding communities as defined by the Pueblo of Isleta. Patients seeking to establish their health care at the Isleta Health Center can do so through the new patient application process. Applications can be obtained from the Patient Registration desks located in the main clinic or the Behavioral Health clinic.

The following documents must be submitted with each new patient application in order to properly identify a person and their eligibility for care at the Isleta Health Center.

- Valid Driver’s license, or other government-issued photo identification
- Birth Certificate
- Social Security Card
- Certificate of Indian Blood (CIB), valid Tribal ID, or other Tribal enrollment letter
- Proof of residency (Utility bill, rental agreement, etc.)
 - o Non-Isleta tribal members residing on the Isleta Pueblo must submit a “Permission to Reside on Pueblo Letter”
 - o For enrolled Isleta members not living within the designated service area, a letter stating their “Community Ties”

Acceptance of new patients is based on clinic availability as each new patient is scheduled an initial appointment for a comprehensive visit with one of our physicians. A letter of acceptance along with the patient’s first appointment letter will be mailed once their eligibility is determined. It is important that this appointment be kept, as the patient will not be considered *an established patient* until the first visit is completed. Once a patient has established their care, they will be eligible for walk-in services and same-day appointments.

Special consideration is made for newborn children within 60-days of birth, whose completed applications are expedited immediately. Eligibility for newborn children is determined through the new patient application process and includes the receipt of the following documents.

- Proof of Birth
- Hospital discharge forms
- Insurance cards
- Mother’s valid Driver’s license, or other government-issued photo identification
- Mother’s valid Tribal Identification card, enrollment letter, or CIB
- Father’s valid Driver’s license, or other government-issued photo identification
- Father’s valid Tribal Identification care, enrollment letter, or CIB
- For Unwed parents, a notarized “Declaration of Paternity”

Furthermore, newborn children can be considered eligible for services under their parent’s tribal enrollment document. However, please be aware that once a child reaches the age of nineteen (19), they must be prepared to provide their own evidence of American Indian status to continue their health care services through adulthood.

For more information on the new patient application process, please contact the Patient Registration desk at (505) 869-3200.

Isleta Cancer Survivors Day Event for 2021

As we continue to practice COVID-19 safety measures we have decided to offer our

Cancer Survivors and Cancer Caregivers
a little something in place of our regular Event.

If you are affected by Cancer contact Stephanie to receive “a little something” to honor you:

Come to the Health Center TO PICK IT UP **while supplies last on Tuesday, May 11, 2021 between the hours of 8:00am – 4:00pm**
Outdoor Pharmacy Pick Up Line or Outdoor Medical Check in Line Drive-Thru

Next Year We Look Forward to Continue with our Tradition.



Call Stephanie Barela for more information 869-4479.

|  | | <div>2021 Meeting Schedule</div> <div>Isleta Health Support Group</div> <div>Isleta Health Center</div> <div>(Day time sessions, receive Temperature Check from Under Tent, Before entering to the Front Doors and let registration desk know you are here for the Group. Nighttime sessions, receive Temperature Check Before entering the Isleta Health Training Center)</div> <div>10:30am-noon or 5:00pm-6:30pm (Alternating Months)</div> | |  | |
|--|--|--|---|---|--|
| <div>*Meetings usually change every other time from 10:30am-12:00pm to 5pm-6:30pm at the Isleta Health Center</div> <div>*See all dates/times in schedule below.</div> | | | | | |
| DATE | TOPIC | SPEAKER | LOCATION | | |
| 1 st Friday 2/5/2021 10am– 12pm | 8 th Annual Go Red For Native Women Heart Health Summit | American Heart Association Call 869-4479 to register | On-line at home or On-line Presented at Training Center | | |
| 3/9/2021 5pm – 6:30pm | EVENING SESSION Poison Prevention <i>National Poison Prevention</i> | Jacqueline Kakos NM Poison Center | On-line at home or On-line Presented at Training Center | | |
| 4/13/2021 10:30am – Noon | Mission Nutrition <i>National Nutrition Month</i> | Ernestine Trujillo, MS, RD, LD UNM Comprehensive Cancer Center | On-line at home or Isleta Health Center Kitchen | | |
| 5/11/2021 5pm-7:30pm | EVENING SESSION Advance Directives and Power of Attorney | Mike McGuire Senior Citizen Law Office | On-line at home or On-line Presented at Training Center | | |
| 6/8/2021 10:30am – Noon | Parkinson’s Disease | Cindy Brown Home Instead | On-line at home or Presented at Isleta Health Center Kitchen | | |
| 7/6/2021 <i>1st Tuesday of the Month</i> 5pm-6:30pm | EVENING SESSION Grief Presentation | Lisa Cherino | On-line at home or Presented at Training Center | | |
| 8/10/2021 10:30am – Noon | Meditation/Depression | Lisa Cherino | On-line at home or Presented at Training Center | | |
| 9/14/2021 5pm – 6:30pm | EVENING SESSION End of life issues/Hospice | Cindy Brown Home Instead | Isleta Health Center To Be Determined | | |
| 10/12/2021 10:30am-12 | Basic Diabetes Education | Andrea Wilson Fitness Instructor Isleta Diabetes Prevention Program | Isleta Health Center To Be Determined | | |
| 11/9/2021 5pm-6:30 | Risk from Potential/Actual Releases of Pollutants into the Environment | Isleta Environmental Department | Isleta Health Center To Be Determined | | |
| 12/14/21 10:30-noon | Kidney Disease | Cindy Brown Home Instead | Isleta Health Center To Be Determined | | |
| Topics & Location are Subject to Change EVERYONE WELCOME. | | Contact Stephanie Barela to sign up and learn more! MASKS REQUIRED! Due to Limited Space in order to Social Distance, SEATS MUST BE RESERVED AHEAD OF TIME, Please Call in Advance. | | Phone: 869-4479 Email: sbarela@islclinic.net OR attend On-line/over phone https://puebloofisleta.my.webex .com/join/mis Join by Phone at 415-655-0001 Access Code 126 401 5131 | |

Pueblo of Isleta

Head Start, Early Head Start,

and Child Care Center

2 Sagebrush Street,

Albuquerque, NM 87105

P.O. Box 579 Isleta, NM 87022

(505) 869-9796

MAY CALENDAR

May 14, 2021– Last Day for Head
Start

Weekend of May 14th– TBD

Head Start Transition Ceremony

May 31, 2021– Memorial Day (CLOSED)

Thinking About Quitting

Cooped up at home? Maybe this is the
right time to Quit Smoking.

Take this 1 time, 1 on 1, 90 minute session over
the phone, to increase your motivation to quit and
give you some Tips and Tricks to help you do this!

Call Stephanie, Health Educator
@ 869-4479 learn more

Isleta Health Center



505-869-9770

Menu Instructions Included

May Menu - Food Box #1



| Day 1 | Day 2 | Day 3 | Day 4 | Day 5 |
|----------------------|----------------------|-----------------------|----------------------|----------------------|
| ROLLED CHICKEN TACOS | BEEF POTATO STEW | HAM & CHEESE ROLL UP | HOT DOGS | TUNA ON CROISSANT |
| 6 TAQUITOS | 4oz GROUND BEEF | 6oz HAM | 2 HOT DOGS | 9oz TUNA |
| 1/2c REFRIED BEANS | 3/4c CARROTS | 2 SLICES CHEESE | 1/2c GREEN BEANS | 1/2c STEWED TOMATO |
| 1/2c CHUCKWAGON | 2 POTATOES | 1/2c BROCCOLI | 2 HOT DOG BUNS | 2 TRAIL MIX |
| 4 SALSA PKTS | 5 CRACKERS | 2 TORTILLAS | 2 BAKED CHIPS | 2 CROISSANTS |
| | | | | |
| Day 6 | Day 7 | Day 8 | Day 9 | Day 10 |
| SLOPPY JOES | BAKED CHICKEN | VEGETABLE BARLEY SOUP | BBQ RIB SANDWICH | CHICKEN QUESADILLA |
| 4oz GROUND BEEF | 2 CHICKEN THIGHS | 1/2c BARLEY | 4 RIB PATTIES | 6oz DICED CHICKEN |
| 1c SLOPPY JOE MIX | 1/2c RICE PILAF | 1c 5 WAY VEGETABLE | 6oz TATER TOTS | 1/2c GREEN BEANS |
| 1/2c BROCCOLI | 1/2c CHATEAU BLEND | 1/2c DICED TOMATO | 1/2c CHUCKWAGON | 1/2c SHREDDED CHEESE |
| 2 HAMBURGER BUNS | 2 DINNER ROLLS | 5 CRACKERS | 2 HAMBURGER BUNS | 2 TORTILLAS |
| | | | 4 BBQ SAUCE | 4 SALSAS |
| | | | | |
| Day 11 | Day 12 | Day 13 | Day 14 | |
| GRILLED CHEESE | CHICKEN PARMESAN | BEEF TIPS | MINESTRONE SOUP | |
| 4 SLICES OF CHEESE | 2 CHICKEN PATTIES | 6oz BEEF STEW MEAT | 3/4c MACARONI | |
| 3/4c CARROTS | 1/2c MASHED POTATOES | 1/2c GRAVY | 1/2c KIDNEY BEANS | |
| 4 SLICES OF BREAD | 1/2c BROCCOLI | 1c EGG NOODLES | 1/2c DICED TOMATOES | |
| | 1/4c SHREDDED CHEESE | 1/2c CHATEAU | 1/2c 5 WAY VEGETABLE | |
| | 1/2c MARINARA SAUCE | | 2 DINNER ROLLS | |

COVID-19 Testing Frequently Asked Questions

1 Why is testing important?

Viral tests can tell someone if they have the virus that causes COVID-19. The sooner someone learns they have the virus, the sooner they can isolate from others to prevent the spread and receive any needed medical attention.



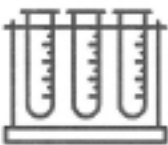
2 When should someone get tested?

- As soon as possible if they have symptoms (fever, cough, trouble breathing, headache, chills, muscle pain, congestion or runny nose, nausea or vomiting, diarrhea, sore throat).
- 3-5 days after exposure to COVID-19. Examples of exposure include: being within 6 feet for a total of 15 minutes or more with someone with COVID-19; hugging, kissing, or sharing utensils with an infected person; being sneezed or coughed on by an infected person; or attending large social gatherings.



3 What do the test results mean?

- A **positive result** on a viral test means the person likely had COVID-19 at the time of the test.
 - A **negative result** on a viral test means the person likely did not have COVID-19 at the time of the test, or the test was taken too early in the infection to be detected.
- The virus can stay in the body without showing on a test for up to 2 weeks after exposure.



5 Can someone catch the virus from getting tested?

It is very unlikely that someone will get COVID-19 from getting a test. Viral tests involve a simple nose or mouth swab and will not expose the person to the virus. All testing sites require patients to wear masks and stay 6 feet apart. In addition, most testing sites are taking steps to circulate air to make testing safe for everyone.



4 Where can I get tested for COVID-19?

- Those with symptoms of COVID-19 should contact their healthcare provider for information.
- Those without symptoms should contact their local tribal health department for the latest information on testing. COVID-19 tests are available at no cost.



Isleta Health Center
Call 869-9720 to be scheduled for a COVID-19 test.

Effective February 1, 2021
Source: CDC

WEAR RED ON FRIDAY
MAY 7th for
National High Blood Pressure
(Hypertension)
Education Month


The Isleta Health Center Staff is wearing RED on Friday, May 7th to bring awareness on High Blood Pressure. This month’s health promotion is to save lives by educating the public on cardiovascular risks and how to prevent them. You can help us by encouraging everyone to take at least one heart healthy action today.

- Get your blood pressure checked for the first time this year
- Ask someone you love to get their blood pressure checked
- Go for a long walk
- Don’t add salt to your meal
- Call 869-4479 to learn tips to quit commercial tobacco use



By coming together to reduce high blood pressure, we reduce the risk for heart attack and stroke. **WEAR RED ON FRIDAY, MAY 7th** to promote the importance of Lowering your Blood Pressure.

HYPERTENSION

How to reduce the risks:



- Reduce your salt intake
- Engage in regular physical activity
- Maintain a healthy weight
- Eat fresh natural foods
- Don't smoke
- Follow medical advice




#KnowYourNumbers

NM Poison Control

During the Pandemic, we should be cleaning and disinfecting more often. It is important that you do not inject or ingest these chemicals into your body. Please remember to keep ALL chemicals out of children’s reach. If any cleaning or disinfectant solution is swallowed or injected, please contact the NM Poison Control immediately.

1-800-222-1222



POISON
Help
1-800-222-1222
NEW MEXICO POISON & DRUG
INFORMATION CENTER

Pueblo of Isleta WIC Program
505.869.2662

May 2021

Happy Mother’s Day!

Mother’s Day Breakfast Ideas (Easy for little helping hands)

1. Yogurt Parfait– layer yogurt, favorite fruit and granola
2. Peanut butter toast-choose whole grain bread for extra nutrition
3. Juice and cereal-WIC cereals are made with whole grains and are low in sugar
4. Bagel with cream cheese-whole wheat bagels are just as tasty but have more fiber than the white varieties
5. Toaster waffles with fruit on top-waffles marked whole wheat are just as easy to prepare as the refined versions
6. Toast with avocado-choose whole grain bread to add nutrients and flavor

WIC News

Exciting things have been happening at WIC! Our caseload is growing every month as we serve our community.

For the months of June through September we will be offering \$35.00 a month per client (over age 1) to purchase fruits and vegetables.

We are still offering car-side and drive-thru services in order to provide the best service while keeping clients and staff as safe as possible.

You may qualify for WIC if:

- You receive Medicaid, SNAP or TANF
- You have an infant up to age 1 or a child up to age 5
- You have had a baby in the last 6-12 months

We have flexible and extended appointment times so call us today!

WIC is here to help! We offer nutrition counseling, tips and ideas on fun ways to make eating healthier, healthy food packages, and breastfeeding information and support.

Well Child Visits

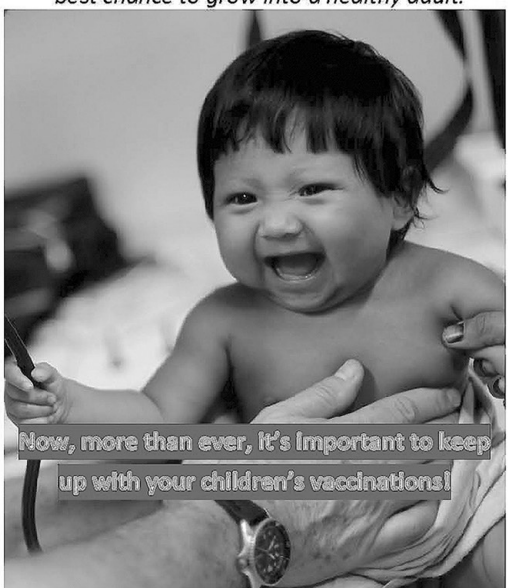
A Key to Healthy Kids

Naturally, we bring our kids to the clinic when they’re sick. Did you know it’s important to bring them in when they are well, too?

Well child visits help:

- PREVENT PROBLEMS
- TRACK GROWTH AND DEVELOPMENT
- BRING UP CONCERNS
- CREATE A TEAM APPROACH

“Well child visits help give your child the best chance to grow into a healthy adult.”




Now, more than ever, it's important to keep up with your children's vaccinations!

WHEN SHOULD I BRING MY CHILD FOR A WELL VISIT?

| BIRTH TO 15 MONTHS OLD | | | |
|--------------------------|-----------|-----------|--------|
| 2—5 DAYS OLD | 1 mo. | 2 mo. | 4 mo. |
| | 6 mo. | 9 mo. | 12 mo. |
| | | | 15mo. |
| 18 MONTHS to 3 YEARS OLD | | | |
| 3 to 6 YEARS OLD | | | |
| 3 yr. | 4 yr. | 5 yr. | 6 yr. |
| | | | 8 yr. |
| PRETEEN AND TEEN | | | |
| 9—12 yr. | 13—16 yr. | 17—20 yr. | |

****CONTINUE YEARLY WELL VISITS INTO ADULthood****



We are Here to Serve
Isleta Health Center Team
(505) 869-3200

Source: www.healthychildren.org

ISLETA HEALTH CENTER MENTAL HEALTH AWARENESS MONTH

Katelynne Johnson, Experiential Educator,
Isleta Behavioral Health

In honor of May being “Mental Health Awareness Month,” the Isleta Behavioral Health’s (IBHC) Youth Prevention Program will be hosting a two-part workshop series focusing on Indigenous youth’s mental and behavioral wellness through Mindfulness. In its most basic form, Mindfulness is a mental state achieved by focusing one’s awareness on the present moment, while acknowledging and accepting one’s feelings, thoughts, and bodily sensations. Mindfulness can be a useful practice for individuals of all ages, but it is most effective amongst younger populations, as it:

- helps develop emotional and social awareness
- improves ability to focus
- promotes stress and anxiety management
- increases compassion and kindness towards others

During our workshops, participants will learn various techniques on how to effectively cope and manage stress and anxiety using experiential learning tools such as, guided mediation and yoga. The workshop program will supply all necessary materials for participation.

Workshops will take place at the Isleta Health Center in late May/early June and are open to the Isleta community with the target age range of 8-17 years. Limited spots are available and will be offered on a first-come, first-served basis. Registration can be completed by contacting our main office at 505-869-5475. These workshops will be sponsored by the Native American Subcommittee (NASC) under the New Mexico Indian Affairs Department. Workshop updates will be available on our Facebook page “Isleta Behavioral Health Prevention Program.”

In other news, our Youth Prevention Program has returned to IN-PERSON instruction for both spring and summer months! The program is open to all Isleta tribal members ages 8 to 17, but we are currently on a WAITING LIST for spring (due to COVID-19 restrictions), with open enrollment for the summer. Isleta youth will be educated on a framework guided by: culture and tradition, experiential education, service ethic, and community cohesion. Education topics will include substance and alcohol use prevention, leadership and skill development, mental health awareness, and the Tiwa language. Other services provided include transportation to and from the

program, peer mentorship and internship opportunities, support services/POI resources, case management/individual counseling referral.

Currently, we are operating according to our spring schedule, which offers programming two days a week on Tuesday and Wednesday afternoons from 3:45 pm-5:00pm. Tuesday programming is focused on prevention education and awareness. Wednesdays are in collaboration with the Isleta Peacemakers, a tribal court entity dedicated to promoting peace and cultural preservation within our tribal community through the transmission of the Tiwa language. During summer months, the program schedule will be extended to four days per week (9:00am-3:00pm), with occasional weekend experiential outings, including hiking, rafting, rock climbing, college visits, visits to cultural sites and museums, and camping.

Our program is dedicated to adhering to all safe COVID-19 practices advised by the CDC and the Pueblo of Isleta.

Any questions pertaining to the program can be directed to the Isleta Behavioral Health Clinic at 505-869-5475.

Stay healthy, Isleta!

Why is now a good time to try quitting commercial tobacco?



It is always a good idea to quit commercial tobacco use. Commercial tobacco use dramatically increases the risk of many serious health problems, including both respiratory problems and cardiovascular diseases. Quitting is especially important at this time to reduce the harm caused by COVID-19.

Quitting commercial tobacco helps to reduce the interaction between your mouth and hands. Continually bringing a cigarette, chew, or other tobacco product to your mouth increases the risk of introducing harmful germs into your body.

After quitting commercial tobacco use there are immediate positive effects on your health, including impact on the lungs and cardiovascular

functions. The risk of other negative health effects, such as chronic obstructive pulmonary disease (COPD) and cancer, are greatly reduced while quality of life is drastically increased. These improvements help your body to respond to infections and reduce the risk of developing more severe symptoms. Over time, people who quit smoking and commercial tobacco use see many benefits to their health.

If you are interested in quitting and would like free support, call 1-800-QUIT NOW or visit www.QuitNowNM.com.

| Time after quitting | Health Benefits |
|---------------------|--|
| Minutes | Heart rate drops |
| 24 hours | Nicotine level in blood drops to zero |
| Several days | Carbon monoxide level in the blood drops to the level of someone who does not smoke |
| 1 to 12 months | Coughing and shortness of breath decrease |
| 1 to 2 years | Risk of heart attack drops sharply |
| 3 to 6 years | Added risk of coronary heart disease drops by half |
| 5 to 10 years | Added risk of cancers of the mouth, throat, and voice box drops by half Risk of stroke decreases |
| 10 years | Added risk of lung cancer drops by half after 10-15 years Risk of cancers of the bladder, esophagus, and kidney decreases |
| 15 years | Risk of coronary heart disease drops to close to that of someone who does not smoke |
| 20 years | Risks of cancers of the mouth, throat, and voice box drops to close to that of someone who does not smoke Risk of pancreatic cancer drops to close to that of someone who does not smoke Added risk of cervical cancer drops by about half |



Isleta Behavioral Health Clinic Services for the Community

Are you someone who believes that Isleta Behavioral Health can only help people who have alcohol or drug problems or who are ordered to get counseling by the Tribal Court? If so, then there is a whole part of Isleta Behavioral Health that you have yet to discover.




The term behavioral health is used to describe the connection between how we behave and the overall health of our mind, body, and spirit. Sometimes life can be a little overwhelming, especially now more than ever. And would it be nice to just have someone listen? Our goal at Isleta Behavioral Health is to help people lead healthier, happier, and fuller lives. If you are struggling with on-going stress, depression, anxiety, anger, relationship problems, grief, or other challenges in life, perhaps we can help.

This is a service that is available to children, adult and elderly community members of the Pueblo of Isleta. We are located in the Southwest corner at the Isleta Health Clinic.

We Are Here To Serve
Call us today at 505-869-5475

Virtual Programs Offered to Date:

- Ripple Effect-Intensive Outpatient Program,
- Grief/Loss Support, Wellbriety and Youth Prevention Groups

| MAY 2021 ISLETA HEALTH CENTER Questions? Call 869-3200 | | | | | |
|--|---|---|---|---|--|
| SAT/SUN | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| 1/2 | 3 Podiatry Clinic - 8:00 - 12:00 The Ripple Effect : 9:00 - 12:00pm Virtual or Limited in person Session. For more information please call: 869-5475 | 4 The Ripple Effect : 9:00 - 12:00pm Virtual or Limited in person Session. For more information please call: 869-5475 Afterschool Peacemaking Collaborative Program: 3:30-5pm For more information please call: 869-5475 | 5 The Ripple Effect : 9:00 - 12:00pm Virtual or Limited in person Session. For more information please call: 869-5475 Wellbriety Group: 11:00 -12:00pm > Virtual Session. For more Information please call: 869-5475 Afterschool Peacemaking Collaborative Program: 3:30-5pm For more information please call: 869-5475 | 6 CLINIC OPENS AT 9:50am Podiatry Clinic - 8:00 - 12:00 | 7 |
| 8/9 | 10 Podiatry Clinic - 8:00 - 12:00 The Ripple Effect : 9:00 - 12:00pm Virtual or Limited in person Session. For more information please call: 869-5475 | 11 The Ripple Effect : 9:00 - 12:00pm Virtual or Limited in person Session. For more information please call: 869-5475 Afterschool Peacemaking Collaborative Program: 3:30-5pm For more information please call: 869-5475 | 12 The Ripple Effect : 9:00 - 12:00pm Virtual or Limited in person Session. For more information please call: 869-5475 Wellbriety Group: 11:00 -12:00pm > Virtual Session. For more Information please call: 869-5475 Afterschool Peacemaking Collaborative Program: 3:30-5pm For more information please call: 869-5475 | 13 CLINIC OPENS AT 9:50am Podiatry Clinic - 8:00 - 12:00 | 14 |
| 15/16 | 17 Podiatry Clinic - 8:00 - 12:00 The Ripple Effect : 9:00 - 12:00pm Virtual or Limited in person Session. For more information please call: 869-5475 | 18 The Ripple Effect : 9:00 - 12:00pm Virtual or Limited in person Session. For more information please call: 869-5475 Afterschool Peacemaking Collaborative Program: 3:30-5pm For more information please call: 869-5475 | 19 The Ripple Effect : 9:00 - 12:00pm Virtual or Limited in person Session. For more information please call: 869-5475 Wellbriety Group: 11:00 -12:00pm > Virtual Session. For more Information please call: 869-5475 Afterschool Peacemaking Collaborative Program: 3:30-5pm For more information please call: 869-5475 | 20 CLINIC OPENS AT 9:50am Podiatry Clinic - 8:00 - 12:00 | 21 |
| 22/23 | 24 Podiatry Clinic - 8:00 - 12:00 The Ripple Effect : 9:00 - 12:00pm Virtual or Limited in person Session. For more information please call: 869-5475 | 25 The Ripple Effect : 9:00 - 12:00pm Virtual or Limited in person Session. For more information please call: 869-5475 Afterschool Peacemaking Collaborative Program: 3:30-5pm For more information please call: 869-5475 | 26 The Ripple Effect : 9:00 - 12:00pm Virtual or Limited in person Session. For more information please call: 869-5475 Wellbriety Group: 11:00 -12:00pm > Virtual Session. For more Information please call: 869-5475 Afterschool Peacemaking Collaborative Program: 3:30-5pm For more information please call: 869-5475 | 27 CLINIC OPENS AT 9:50am Podiatry Clinic - 8:00 - 12:00 | 28 |
| 29/30 | 31 Podiatry Clinic - 8:00 - 12:00 The Ripple Effect : 9:00 - 12:00pm Virtual or Limited in person Session. For more information please call: 869-5475 |  |  |  Isleta Health Support Group Date: May 11, 2021 Time: 5:00 - 6:30pm Place: IHC Training Ctr. Call 869-4479 to reserve a place | DPP=Diabetes Prevention Program: 869-4595 BHS=Behavioral Health Services : 869-5475 |

Isleta Health Center


WELCOMES YOU BACK!

PATIENTS CAN NOW SCHEDULE APPOINTMENTS WITH THEIR PROVIDER

ALL ISLETA Health Center Providers are offering either Telemedicine (Over the Phone) or in Person Visits, CALL NOW to learn more and to schedule an Appointment

(505) 869-3200

Most General Health Appointments can be Done Over the Telephone



Isleta Health Support Group

Tues., May 11, 2021

5pm-6:30pm

Isleta Health Training Center

(Pink Building Behind the Isleta Health Center)

<https://puebloofisleta.my.webex.com/join/mis>

Join by Phone at 415-655-0001

Access Code 126 401 5131


Evening Session

Advance Directives & Power of Attorney

Virtual Training

Cristobal Munoz, Senior Citizen Law Office

ALL WELCOME, but must pre-register!



Masks Required

ALL WELCOME

Must pre-register to attend in person (limit 9) .

Please RSVP by May 10th.

Contact Stephanie Barela 869-4479 sbarela@islclinic.net