

Volume 16 Issue 7

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July 2021

# Governor's Report

Maguwam, Hello everyone, I hope everyone is keeping safe and healthy. We want to encourage everyone to still keep in mind the Pueblo of Isleta Health Order. As the State opens up more we want to remind our tribal members and residents that we are still requiring wearing masks, social distancing and good hand hygiene here within the Pueblo. We thank those individuals and families that are following the COVID-19 requirement of submitting a safety plan for your outdoor events.

We also want to encourage those who have not yet received a COVID-19 Vaccination to get the vaccination. The following are benefits of getting the Vaccine. They are effective and prevent individuals from getting and spreading the virus. It also helps individuals from getting seriously ill if you should happen to get the virus. Getting the vaccine also protects the people around you, especially family members who are at increased risk of illness from COVID-19. As more and more Tribal members and residents receive the vaccine, we can begin opening up more. Please see the COVID-19 At-A-Glance March 2020 - May 2021 graphic for additional information.

#### \*Irrigation Water Update

The Middle Rio Grande Conservancy District decided to release the District's San Juan Chama (SJC) allocation for this year, as opposed to carrying it over for next year. It's probably enough for about a 2-3 week supply, depending on weather and how tight the District is with their deliveries, it might last 4 weeks. The District will get another allocation of SJC water from Reclamation, maybe 3000-5000 ac-ft., depending if released on July 1 or the 15th.

The District's decision to use SJC water means that instead of a gradual transition to Prior and Paramount (P&P)-only operations, the transition will be abrupt. When the District runs out of SJC water, the transition to native-only flows will happen in the space of a day or two, and not gradual.

The decision to use SJC water means that, if native flows drop below (P&P) Demand, some releases for P&P demand will need to be made, as done in past years, in order to prevent shortages on P&P lands. The District releases as much as they need to supply the entire District demand and if natural flow is not enough to meet P&P demand at this time, a small amount of P&P water will be released to make up the difference. This will only be the case during the time SJC releases are being made by the District. If natural/native flows do not drop below P&P demand during the time SJC releases are being made, then no P&P water will be released, and the P&P lands will continue receiving their full supply from the natural flow of the river. Natural flow at Otowi, which is P&P supply as shown by the USGS graph continues to decline. P&P demand has been in the 250+ cfs range lately. So small amounts of P&P water may needed to be released.

A calendar is out for proposed scheduling/ rotation. Some pueblos would like to begin transitioning to this schedule prior to P&Ponly operations so as to make adjustments ahead of time while there is still water available for adjustments. How strict the rotation has to be will depend on how much natural flow is available for P&P. Rotation is based on a 10 day schedule. Gardens and orchards can be scheduled at 10 day intervals. Not all alfalfa and pasture can irrigate every 10 days; half can irrigate in one 10-day cycle, the other half can irrigate in the next 10 day cycle. So alfalfa and pasture are on a 20-day cycle, except possibly for new plantings.

How much natural flow is available after SJC releases ends will also inform decisions to do a constant P&P release from El Vado, or to do intermittent "block" releases, or some combination of the two.

Also, because the Wild Earth Guardians filed a 60 day notice of intent to sue regarding water supply management, there is going to be a lot of attention on how P&P operations are done. This includes return flow usage. The Pueblos (and Isleta) need to show that P&P operations are being as efficient as possible. But, we also need to make sure what we do actually works so that P&P lands are not shorted because of the potential for being precedent-setting. We will need good communications this summer to make this happen. (\*Above information comes from BIA Designated Engineer, June 16, 2021.)

Unfortunately with the conditions being faced for irrigation waters supply for Isleta, this heightens the need for Isleta to develop its own water plan not only for times of drought, but to address our long term strategy in how we use, management, and protect our water resources before adjudication is forced upon us. As part of developing our water plan, long overdue also is the development and implementation of a land use plan which determines how and where development is or is not allowed. This including limiting homesite development and the loss of agriculture land. The more agriculture land we take out of production, the more we don't use our most precious resource of water, because

the BIA before the end of September and CARES funding by end of December that can cover the costs of these projects. We will report more on both these projects as they go forward.

Due to the water supply situation not just for the eastside, please refrain from using our drinking water for outdoor use especially for gardens, washing vehicles, or watering down ground to try to control dust. Our community has been fortunate not to pay for water service, but we must seriously look at what the community responsibility is to help offset costs for operation and maintenance.

#### **Rangeland Water Supply**

We have also experienced some rangeland water supply issues from both theft and age of the wells. Since January, Range Units (RU) 3, 4, and 11 have had solar panel stolen and one of the wells' pump jack motor. Repairs have been made or are in the works to be completed and hopefully now tamper proof. Open Space patrol was adjusted to provide more presence. If you see any suspicious activity please report. Livestock water supply problems for Well 10T (RUs 2, 2A, 12) and Well 21T (RU 18) is being assessed by scoping with camera to view casing conditions and what may be cause. Additionally, depth to water,

drawdown, and recharge is being looked at as part of next steps to address problems. In RU 7A, the replacement of Well 18RWP was put on hold to re-assess the location to benefit wider distribution of supply. Concern about the location needs to be assess production concerns. In addressing all range livestock water problems and developments going forward, we will be working with Rangeland and RU permittees to implement range management plans which should have been incorporated with previous improvements afforded with Mismanagement Settlement funds. We are open to those RUs that would like to take

plans to maximize grazing use. As you all may be aware our Pastor for the St. Augustine Church, Father Graham Golden, was tragically killed in an automobile accident. Fr. Graham was assigned to

the initiative to develop range management

someone upstream or downstream surely will.

#### **Public Water Supply**

As reported in last month's newsletter from Public Works, our eastside water system and supply is being challenged due to the Chical Well being taken offline due to the presence and amount of Nitrate which violates Safe Drinking Water Act standards for potable use. We have assembled a team to address both determining a location and design for a replacement well. Additionally, the team is also working on implementing the Los Padilla's water project which is at 100% design which includes a new well, well house, and storage tank. A related challenge is being able to take advantage of remaining COVID funding provided by



Fr. Graham R. Golden, O.Praem.

Born: January 8, 1986 Vested: August 28, 2009 Solemn Vows: August 28, 2014 Ordained: June 20, 2015 Born to Eternal Life: May 21, 2021

the St. Augustine church in June of 2020 after Fr. George returned home to India. Fr. Graham was a Norbertine Priest and was living at the Nobertine Community of Santa Maria de la Vid Abbey. Fr. Graham joined our faith community in the midst of the global pandemic and served our community to the fullest. Fr. Graham was born January 8, 1986, Vested on August 28, 2009, took his Solemn Vows on August 28, 2014, was ordained on June 20, 2015 and Born to eternal life on May 21, 2021. Father Graham had an impact on many people young and old, in the community with his short time me here. Fr. Graham will be dearly missed. Brother Lorenzo was with Fr. Graham in the crash and was injured. Brother Lorenzo is out of the hospital and healing. We pray for Fr. Graham and his family and for the recovery of Brother Lorenzo.

We would like to introduce Father Stephen who was appointed by the Archdiocese of Santa Fe to serve as our Pastor for our Church here at St. Augustine. Fr. Stephen is also a Nobertine priest and lives at the Nobertine Community of Santa Maria de la Vid Abbey. Please welcome Fr. Stephen to our community.

The Pueblo of Isleta received 24.8 million dollars from the American Rescue Plan Act approved by congress for the relief of the coronavirus. The funding has guidelines that need to be followed. The general guidelines are as follows:

- Public Health
- Economic Hardship
- **Essential Workers**
- **Tribal Government Revenues**
- Water, sewer, and broadband
- infrastructures

The guidelines will be further developed for each section to identify the proper use of the funding received.

As the weather is warming up, community members are riding motorcycles, ATV, UTV, and side-by-sides. The Law is in place for individuals 18 and younger to wear helmets while operating or being a passenger of motorcycles, ATV, UTV, and side-by-sides. For the Safety of our children and the community, the Isleta Police Department will be enforcing the helmet law within the Pueblo of Isleta. If you have any questions about the helmet law, please contact the Isleta Police Department. Additionally, please do not operate any vehicle in the bosque, river floodplain, and especially riverbed. Any leakage of oil or fuel in the river bed violates the Clean Water Act and

# **COVID-19 AT-A-GLANCE** MARCH 2020 - MAY 2021

The Pueblo of Isleta COVID-19 Mitigation Team established in January 2021 has been collecting and analyzing the data specific to the COVID-19 virus. The data presented in this fact sheet is specific to the Pueblo of Isleta during the period of March 2020 to May 2021. The data is organized by COVID-19 testing, cases, and vaccinations.

#### SIGNIFICANT FINDINGS COVID-19 TESTING (DIAGNOSTICS)

**COVID-19 SURGE** The month with the greatest number of cases was November 2020. The time period of October through December 2020 accounted for approximately 74 % of the total cases.

**CASE DEMOGRAPHICS** Average Age: 40 YEARS Female: 53% Male: 47%

#### HOSPITALIZATIONS

84% of all hospitalizations occurred during the period of October December 2020.

The age category with the greatest number of hospitalizations is 60-74 years, with a total of 11 hospitalizations.

Average Age: 58 YEARS Female: 52% Male: 48%

#### DEATHS

5 out of the 8 deaths occurred in December 2020.

Average Age: 73 YEARS Female: 12.5% Male: 87.5%



#### Persons with signs or symptoms of COVID-19 are recommended to have diagnostic testing to determine if the persons have COVID-19. There are two (2) types of

COVID-19 tests used by the IHC COVID-19 Response Team, a rapid point-of-care and a PCR test that is sent to the lab for analysis.

The COVID-19 testing is continuous and includes symptom screening, surveillance, and testing for contact tracing/monitoring strategies at the Pueblo of Isleta.

**COVID-19 IMPACT** 

#### A COVID-19 case refers to a person who has tested and confirmed positive for COVID-19.

As of May 31, 2021, a total of 403 COVID-19 cases with a Pueblo of Isleta tribal affiliation have been identified. This includes residents and nonresidents.

- A total of 33 hospitalizations reported as a result of COVID-19.
- A total of 8 deaths recorded since March 2020.
- The greatest number of cases identified occurred during October 2020 through January 2021, which accounted for approximately 79 % of the total cases.



PUEBLO OF ISLETA - TOTAL CASES BY PUEBLO OF ISLETA - TOTAL CASES BY MONTH (2020-2021) AGE CATEGORY 200 180 160 NUMBER OF CASES 140 120 10-19 20-29 30-39 40-49 50-59 60-69 70-79 202 AGE CATEGOR **COVID-19 VACCINATIONS** Everyone 12 years of age and older is now eligible to get a COVID-19 vaccine. The IHC Vaccine Administration Team receives the COVID-19 vaccines from the Indian Health Service (IHS) as quickly as possible. The COVID-19 vaccines received from IHS are the Moderna, Pfizer, and Johnson & Johnson/Janssen vaccines.

- 2417 Moderna vaccines have been administered
- 1952 Pfizer vaccines haves been administered
- 300 Johnson & Johnson/Janssen vaccines have been administered
- In general, people are considered fully vaccinated 2-weeks after the second dose in a 2-dose series, such as the Pfizer or Moderna vaccines or 2-weeks after a single-dose vaccine, such as the Johnson & Johnson/Janssen vaccine.
- If you have a condition or are taking medications that weaken your immune system, you may NOT be fully otected even if you are fully vaccinated. Even after vaccination, you may need to continue taking all COVID-19

our water quality standards.

As we approach the 4th of July holiday are experiencing intense heat, we dry conditions and drought, BIA has administered a Stage 1 Fire restrictions. Along with the fire restrictions we will be implementing restrictions on fireworks within the Pueblo of Isleta. Fireworks will be prohibited within the mountains and rangeland areas on the east and west side. Please be cognizant of where you park vehicles or other motorized equipment to avoid starting a fire on dry vegetation.

Have a safe and wonderful holiday. May the creator guide, protect, and give you all a long and healthy life.

Haw-wooh, Vernon B. Abeita Governor

Safety precautions.



#### LETTER FROM THE EDITOR

**DEADLINE** for August Newsletter articles is set for Wednesday, July 21, 2021, at 4:30 pm. Articles may be dropped off at the Library or emailed to Nathaniel.Lujan@ isletapueblo.com. Should you email your article, expect a confirmation email. If you do not receive a confirmation email, odds are it never made it to me and then it's time to panic, so call Nate at 505.869.9808.

People who wish to submit an article or flyer are responsible for generating their own article or flyer. Should you need help, please call the Library at 505.869.9808 and set up a date and time to sit down with a Library staff member who will help you throughout the process. The Library will NOT accept notes dropped off at the Library or information over the phone to generate your article.

**PROBATES** need to be published in the Newsletter for two consecutive months. Probates are considered court documents, therefore, all submitters must provide: 1) Name of Deceased, 2) Date of Deceased 3) Court Case # and 4) Date of Court Date. A Probate form can be found on the Newsletter Archive page at http://www.isletapueblo. com/newsletters.html.

CLASSIFIED ADS: The new administration has requested that the Newsletter start a Classified Ad section for Tribal members selling land, houses, mobile homes, vehicles, and farm equipment. Leasing of houses and mobile homes will be accepted. Smaller items which can be sold at the local flea markets or weekly yard sales will NOT be accepted.

Currently, this service is FREE to Tribal members. Land, houses, and mobile homes must be within the reservation boundaries. Ads must meet the 160 character limit. Ads that exceed the 160 characters will NOT be submitted into the Newsletter. A single picture may be submitted with the ad. Submitters of classified ads are responsible for generating their own ads as this is a FREE service.

As a reminder, Tribal business owners may submit a small flyer at no charge. Like the classified ads, business owners are responsible for generating their own flyers as this is a FREE service.

Classified ads and business flyers will be posted no more than two consecutive months. In the event where the Newsletter may exceed the 24-page limit, classified ads and business flyers will be "bumped" for newsletter articles. Again, this is a FREE service for Tribal members.

The Isleta Newsletter is owned and operated by the Pueblo of Isleta. Therefore, the Governor of the Pueblo of Isleta has the final say of all articles and contents within the Isleta Newsletter.

For additional questions, you may call the Library and speak with Nate or Diane at 505.869.9808.

Thank you, Nathaniel Lujan

Newsletters may be found at the fifteen distribution locations listed below. Remember, Digital copies of the Newsletter may be obtained from the Newsletter archive at http://www.isletapueblo.com/newsletters.html

#### **Isleta Pueblo News**

#### PROBATES

IN THE MATTER OF THE ESTATE OF: Mary Margaret Schall (DOD: 02/27/21)

**First Notice** 

TAKE NOTICE that in accordance with notice requirements, a Petition to Probate the Estate of Mary Margaret Schall, deceased 02/27/2021, has been filed in the Pueblo of Isleta Tribal Court. Any person claiming an interest in the Estate is hereby advised to notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. Claims must be filed in writing. A hearing in this matter has been scheduled for Wednesday, September 08, 2021 at 9:15 a.m. at the Isleta Tribal Court, located at the Tribal Services Complex, 3950 Hwy. 47 SE, Building A, Albuquerque, NM. If you have any questions, please contact the Isleta Tribal Court at (505) 869-9699.

IN THE MATTER OF THE ESTATE OF: Andrew C. Padilla, Jr. (DOD: 12/26/2005) Case No. CV-PR-0023-2020

Case No. CV-PR-0049-2021

#### **First Notice**

TAKE NOTICE that in accordance with notice requirements, a Petition to Probate the Estate of Andrew C. Padilla, Jr., deceased 12/26/2005, has been filed in the Pueblo of Isleta Tribal Court. Any person claiming an interest in the Estate is hereby advised to notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. Claims must be filed in writing. A hearing in this matter has been scheduled for Thursday, September 09, 2021 at 9:30 a.m. at the Isleta Tribal Court, located at the Tribal Services Complex, 3950 Hwy. 47 SE, Building A, Albuquerque, NM. If you have any questions, please contact the Isleta Tribal Court at (505) 869-9699.

IN THE MATTER OF THE ESTATE OF: John Edward Keryte (DOD: 12/08/2020) Case No. CV-PR-0029-2021

#### **First Notice**

TAKE NOTICE that in accordance with notice requirements, a Petition to Probate the Estate of John Edward Keryte, deceased 12/08/2020, has been filed in the Pueblo of Isleta Tribal Court. Any person claiming an interest in the Estate is hereby advised to notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. Claims must be filed in writing. A hearing in this matter has been scheduled for Thursday, September 09, 2021 at 11:15 a.m. at the Isleta Tribal Court, located at the Tribal Services Complex, 3950 Hwy. 47 SE, Building A, Albuquerque, NM. If you have any questions, please contact the Isleta Tribal Court at (505) 869-9699.

IN THE MATTER OF THE ESTATE OF: Christine Ann Abeita (DOD: 12/09/2017) Case No. CV-PR-0034-2021

#### **First Notice**

TAKE NOTICE that in accordance with notice requirements, a Petition to Probate the Estate of Christine Ann Abeita, deceased 12/09/2017, has been filed in the Pueblo of Isleta Tribal Court. Any person claiming an interest in the Estate is hereby advised to notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. Claims must be filed in writing. A hearing in this matter has been scheduled for Thursday, September 30, 2021 at 9:30 a.m. at the Isleta Tribal Court, located at the Tribal Services Complex, 3950 Hwy. 47 SE, Building A, Albuquerque, NM. If you have any questions, please contact the Isleta Tribal Court at (505) 869-9699.

IN THE MATTER OF THE ESTATE OF: Margaret Erlinda "Linda" Zuni (DOD: 07/04/2019) Case No. CV-PR-0051-2021

Second Notice

**TAKE NOTICE** that in accordance with notice requirements, a Petition to Probate the Estate of Margaret Erlinda "Linda" Zuni, deceased 07/04/2019, has been filed in the Pueblo of Isleta Tribal Court. Any person claiming an interest in the Estate is hereby advised to notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. Claims must be filed in writing. A hearing in this matter has been scheduled for Monday, June 14, 2021 at 1:30 p.m. at the Isleta Tribal Court, located at the Tribal Services Complex, 3950 Hwy. 47 SE, Building A, Albuquerque, NM. If you have any questions, please contact the Isleta Tribal Court at (505) 869-9699.

IN THE MATTER OF THE ESTATE OF: Daniel P. Chewiwi (DOD: 10/17/2020)

Case No. CV-PR-0126-2020

#### **Second Notice**

TAKE NOTICE that in accordance with notice requirements, a Petition to Probate the Estate of Daniel P. Chewiwi, deceased 10/17/2020, has been filed in the Pueblo of Isleta Tribal Court. Any person claiming an interest in the Estate is hereby advised to notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. Claims must be filed in writing. A hearing in this matter has been scheduled for Thursday, July 29, 2021 at 9:15 a.m. at the Isleta Tribal Court, located at the Tribal Services Complex, 3950 Hwy, 47 SE, Building A, Albuquergue, NM. If you have any questions, please contact the Isleta Tribal Court at (505) 869-9699.

#### The fifteen Newsletter distribution locations are:

- 1. TR 2 & TR 22 - Chical SE of Community Hall
- TR 10 Behind the old 47 Sales 2.
- TR 1 & TR 5 Ranchitos / Bosque Farms 3. **Reservations** Line
- **Ranchitos** Park 4.
- Post Office Big Tree 5.
- TR 82 & TR 84 Teller Road 6.
- TR 78 & TR 82 Carlos Trujillo Sr. 7.
- TR 90 @ Y CF Padilla 8.
- Mouse Town Park -9.
- 10. Health Center - South end of Health Center Parking lot
- 11. Library Sunlight & Moonlight Intersection
- 12. TR 6 - 47 Intersection
- TR 12 47 & 147 intersection (Old Smoke & Save) 13.
- TR 71 & TR 54 @ Y Holiday Robot / Paved Road / 14. **Railroad Tracks**
- TR 45 & TR 40 @ Y Tata Mel (POI Signage) 15.



IN THE MATTER OF THE ESTATE OF: Jose A.R. Jojola (DOD: 11/09/2020)

Case No. CV-PR-0121-2020 & Case No. CV-PR-0123-2020

#### Second Notice

**TAKE NOTICE** that in accordance with notice requirements, a Petition to Probate the Estate of Jose A.R. Jojola, deceased 11/09/2020, has been filed in the Pueblo of Isleta Tribal Court. Any person claiming an interest in the Estate is hereby advised to notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. Claims must be filed in writing. A hearing in this matter has been scheduled for Thursday, August 12, 2021 at 9:30 a.m. at the Isleta Tribal Court, located at the Tribal Services Complex, 3950 Hwy. 47 SE, Building A, Albuquerque, NM. If you have any questions, please contact the Isleta Tribal Court at (505) 869-9699.

(Continued, next page)

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IN THE MATTER OF THE ESTATE OF: Ray John R. Lujan (DOD: 12/08/2020) Case No. CV-PR-0025-2021

#### Second Notice

**TAKE NOTICE** that in accordance with notice requirements, a Petition to Probate the Estate of <u>John R. Lujan</u>, deceased <u>12/08/2020</u>, has been filed in the Pueblo of Isleta Tribal Court. Any person claiming an interest in the Estate is hereby advised to notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. Claims must be filed in writing. A hearing in this matter has been scheduled for <u>To Be Determined (TBD)</u> at <u>TBD</u> at the Isleta Tribal Court, located at the Tribal Services Complex, 3950 Hwy. 47 SE, Building A, Albuquerque, NM. If you have any questions, please contact the Isleta Tribal Court at (505) 869-9699.

IN THE MATTER OF THE ESTATE OF: Antonette Clarice Abeita (DOD: 07/22/1999) Case No. CV-PR-0042-2021

#### First Notice

**TAKE NOTICE** that in accordance with notice requirements, a Petition to Probate the Estate of <u>Antonette Clarice Abeita</u>, deceased <u>07/22/1999</u>, has been filed in the Pueblo of Isleta Tribal Court. Any person claiming an interest in the Estate is hereby advised to notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. Claims must be filed in writing. A hearing in this matter has been scheduled for <u>To Be Determined (TBD) at</u> <u>TBD</u> at the Isleta Tribal Court, located at the Tribal Services Complex, 3950 Hwy. 47 SE, Building A, Albuquerque, NM. If you have any questions, please contact the Isleta Tribal Court at (505) 869-9699.

IN THE MATTER OF THE ESTATE OF: Joseph Cruz Abeita (DOD: 01/16/2018)

Case No. CV-PR-0043-2021

#### First Notice

**TAKE NOTICE** that in accordance with notice requirements, a Petition to Probate the Estate of <u>Joseph Cruz Abeita</u>, deceased <u>01/16/2018</u>, has been filed in the Pueblo of Isleta Tribal Court. Any person claiming an interest in the Estate is hereby advised to notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. Claims must be filed in writing. A hearing in this matter has been scheduled for <u>To Be Determined (TBD)</u> at <u>TBD</u> at the Isleta Tribal Court, located at the Tribal Services Complex, 3950 Hwy. 47 SE, Building A, Albuquerque, NM. If you have any questions, please contact the Isleta Tribal Court at (505) 869-9699.

#### A WORD FROM ELIJAH SMALL...

#### Hired: Bosque and Riverine Restoration Manager

We are pleased to announce the recent hiring of Elijah Small as the Bosque and Riverine Restoration Manager within the Water Resources Department. Originally from Sioux Falls, South Dakota, Elijah holds a Bachelor of Science in Field Biology from the University of Wisconsin River Falls and a Master's of Science in Natural Resource Management from New Mexico Highlands University. Elijah has spent the last ten years working for Tribal nations, non-profits and the US Fish and Wildlife Service in the fields of Fisheries, Forestry, Restoration Ecology and community organizing. If you happen to be at the water resources department or down in the Bosque, please stop by and ask for an introduction. Elijah would be happy to meet you and learn more about Isleta and all the great people who live here, as well as talking to you about the Bosque restoration project.

Elijah Small was brought on to manage the Bosque restoration project that resulted from a settlement in 2016 with Bureau of Reclamation and the Middle Rio Grande Conservation District. This project will include creating defensible spaces around the train track and other high-risk fire areas, removing invasive species, planting native species, creating new wildlife habitat and reconnecting the Rio Grande to the floodplain. This project will be implemented over the course of the next 10-15 years and will require routine maintenance on a yearly basis beyond the implementation phase. For more information on the restoration project, contact Elijah Small at 505-869-9623.

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### WATER RESOURCES ATTN: FARMERS IRRIGATION WATER SUPPLY

Despite an optimistic weather outlook, more extreme weather conditions than originally forecasted have resulted in the need to plan for irrigation water shortages possibly beginning in early July 2021. The Pueblo of Isleta Water Resources Department is monitoring the water supply situation daily, and is working with the MRGCD, BOR, BIA, and other Rio Grande water operations managers to maximize the amount of water to be available for Isleta farmers. With limited water in the system, strict rotations and irrigation schedules will be necessary. Please abide by the schedule and please do not take water out of turn.

Without a significant change in the weather pattern and monsoon rains, the MRGCD will have to begin Prior and Paramount (P&P) only irrigation deliveries in early July. This means that the only farmers allowed to irrigate will be the six middle Rio Grande pueblos. The natural flow of the Rio Grande, return flows from upstream MRGCD drains, and P&P releases will be rotated and coordinated to maximize Pueblo irrigation. Water deliveries to Isleta will be routed as much as possible through the riverside drains from Angostura Diversion Dam north of Bernalillo to prevent unauthorized non-Indian irrigation. Irrigation water for the Acequia Madre farmers will be delivered through the Indian Lateral # 1 at the north boundary of Isleta. Irrigation water for the Chical, Ranchitos, and Los Charcos farmers will be diverted at the Isleta Diversion Dam.

Depending on the irrigation water available at Isleta, not all of the Pueblo canals will have water in them every day during the rotation periods. Likewise, it is possible that under the worst case scenario, there will not be enough water to irrigate all of Isleta's farm land. Isleta majordomos and farmers may have to decide amongst themselves which canals will receive irrigation water and on what days during this time. Isleta farmers will likely have to make decisions on which fields and crops are most important to irrigate. It is possible that small vegetable farms will be able to water in ten-day rotations and larger pastures will be subjected to 20 day rotations. All farmers should plan on working closely with their majordomos, MRGCD irrigation system operators (ISOs), and each other.

Please note that the 2021 irrigation season will likely exhaust all water stored in upstream reservoirs; there may be no carryover storage for 2022. Without substantial monsoon rains and a good snowpack this winter, irrigation water supply for the 2022 irrigation season will be at significant risk. Farmers are urged to plan accordingly.

Communication is going to be key during these times. Please communicate efficiently, respectfully, and in a timely manner with your majordomos and the POI Water Resources Dept. to schedule irrigation or inquire about the dynamic water situation. Keep in mind that the above described irrigation plans can change depending on weather and monsoon rainfall.

# (505)917-6933 (505)259-4178 Jpirowees@gmail.com

New Commercial, Retail, and Office estimates Property Management maintenance agreements Troubleshooting Sign repair including neon Code upgrades Office and exterior lighting including parking lot lighting Energy saving Solar energy Hookups for appliances and air conditioner units Ceiling fan and lighting repair 24-hour service

whiteeagleelectricalservices.com

Contact the POI Water Resources Dept. at 505-869-7566 or your majordomo to understand how water shortages may affect your irrigation practices.



Please report the information to PRC within 72 hours.

# Pueblo of Isleta Career Opportunities

#### **Position Posting**

ACCOUNTING TECHNICIAN **ACCOUNTING ASSIST 1- REPOSTED AUTO & DIESEL MECHANIC BUS DRIVER- PART TIME** CAREGIVER (2 positions) CARPENTER I, II, or III - REPOSTED COOK I **COURT CLERK - REPOSTED** CUSTODIAN DISPATCHER FEDERAL PROJECT MANAGER GENERAL COUNSEL HEALTH INFORMATION CLERK **HVAC TECHNICIAN** MOTOR POOL FLEET SUPERVISOR **OPEN SPACE CADET** PAINTER **PARKS & MAINTENANCE WORKER** PERSONAL CARE SERVICE AIDE (2 Positions) PHYSICIAN-AMENDED PLUMBER POLICE OFFICER I CERTIFIED - REPOSTED **REGISTERED NURSE (Part-Time) - REPOSTED ROADWAY MAINTENANCE WORKER II** SALES ASSOCIATE - REPOSTED SHIFT LEAD SHIFT SUPERVISOR SOLID WASTE OPERATOR

**Office Location** Treasury Assisted Living Facility **Construction Operations** Head Start Assisted Living Facility Housing Authority Isleta Elementary School **Tribal Court** Within Only Public Works Police Department Housing Authority Legal Department **Health Services** Public Works **Construction Operations** Police Dept/Open Space Within Housing Authority Parks & Recreation Elder Center Within Only Health Center Isleta Pueblo Housing Authority Police Department Assisted Living **Construction Operations** C-Stores C-Stores Assisted Living Solid Waste

**Closing Date** 06/29/2021 06/30/2021 **Open Until Filled Open Until Filled Open Until Filled Open Until Filled Open Until Filled** 07/02/2021 **Open Until Filled Open Until Filled Open Until Filled** 07/09/2021 06/30/2021 **Open Until Filled Open Until Filled** 07/16/2021 **Open Until Filled Open Until Filled** 06/22/2021 **Open Until Filled Open Until Filled Open Until Filled** 06/22/2021 06/25/2021



# NOW HIRING CUSTODIANS

# Pay Range \$12.00-\$16.20/hr.





### KEEPING OUR COMMUNITY BEAUTIFUL

ueblo of Isleta Human Resources isletapueblo.com/careers 505-869-7584



#### OUR LOCATION

Isleta Resort and Casino is located 7 minutes south of downtown Albuquerque at Interstate 25 and Hwy 47, exit 215.

The Human Resources office can be found on the east side of the building through the Employee Entrance doors.

Title	Location	Address	City , State	Date Posted •
Supervisor F & B (Panda Express)	0329 - F&B PANDA EXPRESS	11000 Broadway SE	Albuquerque, NM	6/16/2021
Assistant Restaurant Manager (Chile Ristra)	0330 - F&B CHILI RISTRA	11000 Broadway SE	Albuquerque, NM	6/16/2021
Cashier (Embers)	0315 - F&B EMBERS	11000 Broadway SE	Albuquerque, NM	6/15/2021
Front Desk Agent	0205 - HOTEL FRONT DESK	11000 Broadway SE	Albuquerque, NM	6/15/2021
Cook I (Embers)	0315 - F&B EMBERS	11000 Broadway SE	Albuquerque, NM	6/15/2021
Cook I (Chili Ristra)	0330 - F&B CHILI RISTRA	11000 Broadway SE	Albuquerque, NM	6/14/2021
Cook I (Chili Ristra)	0330 - F&B CHILI RISTRA	11000 Broadway SE	Albuquerque, NM	6/14/2021
Banquet Manager	0340 - F&B CATERING & BANQUETS	11000 Broadway SE	Albuquerque, NM	6/14/2021
Employee Relations Manager	1510 - HUMAN RESOURCES	11000 Broadway SE	Albuquerque, NM	6/14/2021
Call Center Agent	0210 - HOTEL RESERVATIONS	11000 Broadway SE	Albuquerque, NM	6/8/2021
Groundskeeper	0701 - GOLF COURSE MAINTENANCE	11000 Broadway SE	Albuquerque, NM	6/8/2021
BSA Compliance Technician	1540 - COMPLIANCE	11000 Broadway SE	Albuquerque, NM	6/8/2021
Cook I (Banquets)	0340 - F&B CATERING & BANQUETS	11000 Broadway SE	Albuquerque, NM	6/8/2021
Sous Chef (Banquets)	0340 - F&B CATERING & BANQUETS	11000 Broadway SE	Albuquerque, NM	6/8/2021
Supervisor F & B (Chili Ristra)	0330 - F&B CHILI RISTRA	11000 Broadway SE	Albuquerque, NM	6/4/2021
Promotions Manager	1195 - MARKETING MANAGEMENT	11000 Broadway SE	Albuquerque, NM	6/4/2021
Administrative Assistant III	1195 - MARKETING	11000 Broadway SE	Albuquerque,	6/2/2021
Staffing Specialist	MANAGEMENT 1510 - HUMAN RESOURCES	11000 Broadway SE	NM Albuquerque,	6/2/2021
Employee Relations Specialist	1510 - HUMAN RESOURCES	11000 Broadway SE	NM Albuquerque,	6/2/2021
Table Games Floor Supervisor	0120 - TABLE GAMES	11000 Broadway SE	NM Albuquerque,	6/1/2021
Plumber II	1350 - FACILITIES	11000 Broadway SE	NM Albuquerque,	6/1/2021
Irrigation Technician	MAINTENANCE 0701 - GOLF COURSE	11000 Broadway SE	NM Albuquerque,	6/1/2021
Landscape Technician	MAINTENANCE 0701 - GOLF COURSE	11000 Broadway SE	NM Albuquerque,	6/1/2021
Custodial Assistant Supervisor	MAINTENANCE 1355 - CUSTODIAL	11000 Broadway SE	NM Albuquerque,	6/1/2021
Sports Book Writer/G.S.R.	1150 - MARKETING PLAYERS	11000 Broadway SE	NM Albuquerque,	6/1/2021
Steward	CLUB 0386 - F&B UTILITY	11000 Broadway SE	NM Albuquerque,	6/1/2021
HDC Specialist	KITCHEN 0386 - F&B UTILITY	11000 Broadway SE	NM Albuquerque,	6/1/2021
Busser (Embers)	KITCHEN 0315 - F&B EMBERS	11000 Broadway SE	NM Albuquerque,	6/1/2021
	0315 - F&B EMBERS	-	NM Albuquerque,	6/1/2021
Expeditor     Valet Attendant	0250 - HOTEL GUEST	11000 Broadway SE	NM Albuquerque,	
_	SERVICE	11000 Broadway SE	NM Albuquerque,	6/1/2021
Server (Embers)	0315 - F&B EMBERS	11000 Broadway SE	NM Albuquerque,	6/1/2021
Bartender (Embers)	0315 - F&B EMBERS	11000 Broadway SE	NM Albuquerque,	6/1/2021
Slots Floor Attendant	0100 - SLOTS OPERATIONS	11000 Broadway SE	NM Albuquerque,	6/1/2021
Slots Floor Attendant	0100 - SLOTS OPERATIONS	11000 Broadway SE	Albuquerque,	6/1/2021
<u>Table Games Dealer</u>	0120 - TABLE GAMES 0370 - F&B EMPLOYEE	11000 Broadway SE	Albuquerque,	6/1/2021
EDR Attendant	0370 - F&B EMPLOYEE 0370 - F&B EMPLOYEE	11000 Broadway SE	NM	6/1/2021
Cook I (Employee Dining)	0370 - F&B EMPLOYEE DINING	11000 Broadway SE	Albuquerque, NM	6/1/2021
Cook I (Prep)	0385 - F&B PREP KITCHEN	11000 Broadway SE	Albuquerque, NM	6/1/2021
Guest Service Representative	1150 - MARKETING PLAYERS CLUB	11000 Broadway SE	Albuquerque, NM	6/1/2021
Food Attendant (Beverage) - Panda Express	0329 - F&B PANDA EXPRESS	11000 Broadway SE	Albuquerque, NM	6/1/2021
Food Attendant (Beverage) - Panda Express	0329 - F&B PANDA EXPRESS	11000 Broadway SE	Albuquerque,	6/1/2021

## Isleta Pueblo News

<u>Food Attendant (Beverage) - Chili Ristra</u>	0330 - F&B CHILI RISTRA	11000 Broadway SE	Albuquerque, NM	6/1/2021
Laundry Attendant	0270 - HOTEL LAUNDRY	11000 Broadway SE	Albuquerque, NM	6/1/2021
Food Attendant (Chili Ristra)	0330 - F&B CHILI RISTRA	11000 Broadway SE	Albuquerque, NM	6/1/2021
Table Games Dealer	0120 - TABLE GAMES	11000 Broadway SE	Albuquerque, NM	6/1/2021
Lakes Cashier	0780 - LAKES	11000 Broadway SE	Albuquerque, NM	5/31/2021
Admissions/Issue Clerk	0140 - BINGO	11000 Broadway SE	Albuquerque, NM	5/31/2021
Food Attendant (Panda Express)	0329 - F&B PANDA EXPRESS	11000 Broadway SE	Albuquerque,	5/31/2021
Supervisor F&B (Fat Burger)	0328 - F&B FAT BURGER	11000 Broadway SE	Albuquerque,	5/31/2021
RESTAURANT MANAGER (FAT BURGER)	0328 - F&B FAT BURGER	11000 Broadway SE	Albuquerque,	5/31/2021
IT Manager - Applications	1550 - MIS (IT)	11000 Broadway SE	NM Albuquerque, NM	5/28/2021
Food Attendant (Fat Burger)	0328 - F&B FAT BURGER	11000 Broadway SE	Albuquerque, NM	5/27/2021
Cook I (Fat Burger)	0328 - F&B FAT BURGER	11000 Broadway SE	Albuquerque	5/27/2021
Valet Supervisor	0250 - HOTEL GUEST SERVICE	11000 Broadway SE	Albuquorquo	5/24/2021
Cage Cashier	0150 - CASH OPS CAGE	11000 Broadway SE	Albuquerque,	5/24/2021
Network Administrator	1550 - MIS (IT)	11000 Broadway SE	NM Albuquerque,	5/24/2021
Cook I (Chili Ristra)	0330 - F&B CHILI RISTRA	11000 Broadway SE	Albuquerque,	5/21/2021
Slots Floor Technician	0100 - SLOTS OPERATIONS	11000 Broadway SE	Albuquerque,	5/21/2021
EDR Attendant	0370 - F&B EMPLOYEE	11000 Broadway SE	Albuquerque,	
		-	NM	5/20/2021
<u>Pool Attendant</u>	1365 - POOL MAINTENANCE	11000 Broadway SE	NM	5/19/2021
_] <u>Retail Supervisor</u>	0495 - RETAIL MANAGEMENT 0370 - F&B EMPLOYEE	11000 Broadway SE	NM	5/19/2021
<u>Cook II (Employee Dining)</u>	0230 - HOTEL	11000 Broadway SE	NM	5/18/2021
Housekeeping Supervisor	HOUSEKEEPING	11000 Broadway SE	MM	5/17/2021
Assistant Superintendent	0701 - GOLF COURSE MAINTENANCE	11000 Broadway SE	INM	5/14/2021
Cook III (Embers)	0315 - F&B EMBERS	11000 Broadway SE	INIM	5/14/2021
Security Officer I	0180 - SECURITY	11000 Broadway SE	Albuquerque, NM	5/12/2021
Security Officer II	0180 - SECURITY	11000 Broadway SE	Albuquerque, NM	5/12/2021
Maintenance Mechanic	0701 - GOLF COURSE MAINTENANCE	11000 Broadway SE	Albuquerque, NM	5/11/2021
Superintendent	0701 - GOLF COURSE MAINTENANCE	11000 Broadway SE	Albuquerque, NM	5/11/2021
Retail Attendant	0400 - RETAIL ENCHANTMENT	11000 Broadway SE	Albuquerque, NM	5/7/2021
Room Attendant	0230 - HOTEL HOUSEKEEPING	11000 Broadway SE	Albuquerque, NM	5/7/2021
Houseperson	0230 - HOTEL HOUSEKEEPING	11000 Broadway SE	Albuquerque, NM	5/7/2021
Outside Service	0700 - GOLF COURSE OPERATIONS	11000 Broadway SE	Albuquerque, NM	5/6/2021
Banquet Server	0340 - F&B CATERING & BANQUETS	11000 Broadway SE	Albuquerque, NM	5/6/2021
Bartender (Banquets)	0340 - F&B CATERING & BANQUETS	11000 Broadway SE	Albuquerque, NM	5/6/2021
Spa Manager	0595 - SPA MANAGEMENT	11000 Broadway SE	Albuquerque, NM	5/5/2021
Shuttle Driver	0250 - HOTEL GUEST SERVICE	11000 Broadway SE	Albuquorquo	5/5/2021
Count Member	0160 - CASH OPS COUNT	11000 Broadway SE	Albuquerque	5/4/2021
Custodian	1355 - CUSTODIAL	11000 Broadway SE	Albuquerque	5/3/2021
Floor Beverage Server	0390 - F&B FLOOR BEVERAGE	11000 Broadway SE	Albuquerque	5/3/2021
Restaurant Chef (Banquets)	0340 - F&B CATERING &	11000 Broadway SE	Albuquerque,	5/3/2021
Banquet Captain	BANQUETS 0340 - F&B CATERING & BANCHIETS	11000 Broadway SE	Albuquerque,	5/3/2021
Food Attendant (Beverage) - Daubers Grill	BANQUETS 0331 - F&B DAUBERS GRILL	11000 Broadway SE	Albuquerque,	4/30/2021
Cook I (Panda Express)	0329 - F&B PANDA EXPRESS	11000 Broadway SE	Albuquerque,	4/30/2021
Cook I (Panda Express)	0329 - F&B PANDA EXPRESS	11000 Broadway SE	Albuquerque,	4/30/2021
	0329 - F&B PANDA EXPRESS 0340 - F&B CATERING &	-	NM	
Banquet Server	BANQUETS	11000 Broadway SE	NM	4/30/2021
<u>Food Attendant (Beverage) - Chili Ristra</u>	0330 - F&B CHILI RISTRA	11000 Broadway SE	NM	4/28/2021
<u>Food Attendant (Chili Ristra)</u>	0330 - F&B CHILI RISTRA 0370 - F&B EMPLOYEE	11000 Broadway SE	NM	4/28/2021
<u>Cook I (Employee Dining)</u>	DINING	11000 Broadway SE	Albuquerque	4/23/2021
Bartender Cart	0335 - F&B GOLF COURSE GRILL	11000 Broadway SE	INIM	4/23/2021
Beverage Server	0390 - F&B FLOOR BEVERAGE	11000 Broadway SE	Albuquerque, NM	4/21/2021



505-869-7584



# WHAT IS ADDICTION?

Addiction is a chronic disease when left untreated causes lasting damage to the person with the addiction as well as to family and community. Addiction is also known as chemical dependency.

People can develop an addiction or chemical dependency to many substances that include alcohol, methamphetamine, cocaine, marijuana, and opiates such as heroin and pain pills. It is important to remember that alcohol is also considered a drug and people can and do become addicted to alcohol.

Addiction is classified as a brain disease because abuse of alcohol and/or drugs changes the brain. Addiction is dependence on something that is physically or psychologically habit-forming. It is difficult for the addict to stop using alcohol/drugs because of the withdrawal that happens when the use stops. A hangover or withdrawal is a severe physical and psychological shock.

People with addictions have an intense focus on using certain substances such as alcohol or drugs until the addiction takes over their lives. The changes in the brain cause addicts to have powerful cravings and make it hard for them to stop using alcohol and/or drugs, even when they know continued use causes problems.

The destruction of the disease of addiction is real and the changes to brain chemistry are frightening. Sobriety or recovery often seems impossible to the addict, family, friends, and community. Untreated addiction is a tragedy that has a devastating ripple effect on children, parents, communities, and nations.

#### <u>Remember there is no shame in having</u> <u>an addiction –</u> <u>the shame is in doing nothing about it!</u>

Isleta Behavioral Health 505-869-5475







Please present your PRC referral when you check in for your appointment. Failure to do so may result in billing errors. If you receive a bill, bring it to PRC immediately.

For more information, Call PRC at 869-4488.

# 2021 Tribal Youth Environmental Summer Workshop

July 16, 2021 Held Virtual with Zoom Application





High School Students (8<sup>th</sup> grade & up):

Join us for a 1-day environmental workshop!

Learn about the environment through presentations and hands-on instructions.

Wildlife Ecology-Water Quality-GIS-Traditional Ecological Knowledge

Registration Form due by July 2, 2021

**More Information:** Visit <u>www.enipc-oeta.org</u>. or Contact Karmen Badonie, <u>Karmen@enipc.org</u>. (505) 692-7073

Sponsored by Eight Northern Indian Pueblos Council, Inc.





#### Hello everyone,

Here is an update regarding the elevated radon inside the Church. As a reminder, during the Pueblo's 2021 annual radon testing event, results from the lab indicated the Church contained elevated levels of radon. The Church was then closed for everyone's safety. The investigation being conducted by the Environment Department is continuing.

Radon measurements from June 2021 showed that radon concentrations inside the Church can quickly be reduced to outdoor levels simply by opening windows and doors. These findings have confirmed that with proper ventilation, radon concentrations can be lowered. Environment Department continues to work closely with the Tribal Air Monitoring Support Center at the Institute for Tribal Environmental Professionals who are looking into acquiring a radon monitoring device for the Pueblo to borrow and utilize. A single measurement process requires 48 hours or more of exposure and thorough quality control procedures for the deployment of radon measurement kits. Once the source of elevated radon is located, a mitigation plan will be developed to vent the radon to the outdoors.

#### **Important Points:**

• Radon is a radioactive gas that cannot be removed or destroyed, but should be vented to outdoor air.

• Long-term continuous exposure to radon can affect human health. An example of this would be years of exposure such as breathing it in every day in your home which is somewhere you eat, sleep, and spend most of your time living.

• Immediate radon mitigation: Increase air flow in your home by opening windows and using fans and vents to circulate air. Seal cracks in floors and walls with plaster, caulk, or other materials designed for this purpose.

If you are interested in getting a radon test kit or would like further information about radon, contact Environment Department 505-869-9814.

Address				
	Street Address or PO Box #	City	State	Zip Code
Telephone / Cell	#:	Email:		
Do you have inter	rnet access/connection? Circle.	Yes,Oor	No? <b>()</b>	
Would you have a	access to a laptop, tablet, or IP	ad? Circle. Y	esOor No?⊙	
If ves, please inc	dicate type (laptop, tablet, IPac	d or other):		

The Tribal Youth Environmental Summer Workshop (TYESW) is about learning how to care for the environment through hands-on activities. A number of Native American environmental professionals working with local Tribes and Pueblos will serve as instructors for the 1-day long experiential learning. State, Federal, and Tribal government representatives will present internship, scholarship and job opportunities.

The environmental field offers numerous job opportunities: clerical, administrative, technical work, entrepreneurship, and can also lead to employment in such areas as Natural Resources, Forestry, Resources Management, Conservation, Wildlife Management, Farming, Agricultural and Mapping.

If possible, scan and email your SNIP form. For more information contact Karmen Badonie at (505) 692-7073 or <u>karmen@enipc.org</u>. Once we receive your SNIP, we will send you workshop instructions, please make sure your contact information is correct and legible.



Notify Purchased/Referred Care (PRC) within 72 hours of receiving Hospital Emergency or Urgent Care Services...

Call 869-4488



**NEWS RELEASE** For immediate release

**CONTACT:** Judy Robinson judy.robinson@state.nm.us 505-469-5496

June 8, 2021

### Programs keep families in homes, students in school

PED urges NM families to apply for mortgage, rent, utility help

SANTA FE – The Public Education Department is urging eligible New Mexico families to apply for two programs to help pay the mortgage or rent and keep the lights on so children will not be uprooted from their local schools:

- The federal Emergency Rental Assistance program was created to reduce evictions or utility service cut-offs due to financial challenges related to the COVID-19 pandemic.
- The New Mexico Homeowner Assistance Fund offers grants of up to \$10,000 to maintain housing and reduce housing cost delinquency related to the pandemic.

"This has been an incredibly difficult year for so many New Mexico families that lost jobs or income due in one way or another to the pandemic," Public Education Secretary Ryan Stewart said. "We owe it to our children to keep their families intact and in their homes so they can focus, as they should, on their education without fear of being suddenly uprooted."

Under the Emergency Rental Assistance program, the state of New Mexico is distributing nearly \$170 million to pay back, current or future rent and utility bills for eligible families.

Eligible households may receive up to 15 months of assistance plus three additional months -- if funding is available -- to ensure housing stability. Assistance awards can be used for unpaid, current and future rent and utilities, although priority will be placed on paying past-due rent and utilities.

The Emergency Rental Assistance Program was established by the Consolidated Appropriations Act of 2021. In New Mexico, the Department of Finance and Administration has been administering the program since April 5 in partnership with the City of Albuquerque.

Renters across the state are eligible for the program -- except for residents of Bernalillo and Doña Ana counties and those who live in a pueblo or tribal area. Those two counties, as well as tribal governments, will administer their own Rental Assistance Programs, which can be accessed through links at <u>RentHelpNM.org</u>.

An application for rental assistance may be submitted by either an eligible household or by a landlord on behalf of that eligible household. In general, funds will be paid directly to landlords and utility service providers. If a landlord does not wish to participate, funds may be paid directly to the eligible household.

Landlords and utility providers are encouraged to download a W9 and submit it to the Department of Finance and Administration via ERAVendor.Relations@state.nm.us as soon as possible to ensure a streamlined process for receiving payment.

In addition, the <u>New Mexico Homeowner Assistance Fund</u> -- a \$1 million, six-month pilot program co-sponsored by the state and the New Mexico Mortgage Finance Authority -- was announced this week and is the first state program specifically for homeowners.

The assistance covers past-due and current mortgage payments for income-eligible New Mexicans who have experienced a financial hardship associated with the COVID-19 health crisis.

The New Mexico Homeowner Assistance Fund replaces the COVID-19 Homeowner Assistance Program, which also served homeowners with housing cost assistance payments. The Mortgage Finance Authority will make payments directly to mortgage or loan servicers, escrow companies, or other housing providers. To be eligible for the program, household income must not exceed 100 percent of the area median income.

STATE OF NEW MEXICO

#### **Public Education Department**

MICHELLE LUJAN GRISHAM, GOVERNOR Ryan Stewart, Cabinet Secretary

(505) 869-2321 505-869-1625 ELEME

Joe Robledo III, Principal DearParents/Guardians: for Registration JumpStart Summer School 2021 is now open and online. It is a single form to fill out then submit. Go to: https:// www.isletaelementary.org/onlinergistration download or stop by the school for a registration form.

Once at the website, you will also see the registration packet for the upcoming school year 2021-2022. You can fill it out and send in or you can download and print and hand deliver.

**PUEBLO OF ISLETA** 

ELEMENTARY SCHOOL

1000 MOON LIGHT DRIVE

ALBUQUERQUE, NM 87105

We are available from 7:00 am to 3:00 pm Monday through Thursday and 7:00 am to 2:30 on Fridays. We will continue to fog the entire building on Friday afternoons.

Please be safe, wear your masks, don't forget to social distance, and wash your hands! Respectfully, Mr. Robledo III, Principal

### **TRUANCY**

#### Summertime is upon us!

We know everyone is ready to get back to "normal" life, spending time with family, friends, and ready to spend time outside enjoying this summer weather. There are many family group activities that can be Covid-safe and that follow CDC guidelines such as: The New Mexico Museum of Natural History & Science, Explora, Albuquerque Zoo, the Aquarium, Botanic Garden and Tingley Beach.

There are ways to continue with learning and education through online libraries, online reading groups and now that businesses are opening back up (and following CDC guidelines) you can go back to your local library and check out books. There is also Khan Academy and various other online learning tools to help keep your child engaged in learning throughout the summer.

As always, the Truancy Department is here to support you and your educational goals and needs not just during the school year, but year-round.

If you have not filled out a ROI (Release of Information) form for your school-aged child/ren, please come by the Truancy Department located at the Tribal Complex and fill one out. You will automatically be entered into a raffle to win some great back-to-school prizes!

Have a safe and great Fourth of July everyone!



Applications can be made online at <u>housingnm.org</u> or by calling 505.308.4206 or toll-free 866.488.0498 to request a paper application.

More information about both programs, including income eligibility and frequently asked questions, are available on the Department of Finance and Administration website.

Other assistance programs available right now to eligible New Mexicans include:

- Connectivity: The Emergency Broadband Benefit program provides a \$50 monthly credit on the cost of high-speed internet (\$75 for households on tribal land) and a one-time credit of \$100 to buy a digital device. For more information, including an FAQ and a list of participating providers: fcc.gov/emergency-broadband-benefit-program.
- Health care: Lower your costs and sign up for health care at Healthcare.gov or call 800-318-2596. If you lost your insurance, get help with the cost of COBRA coverage here: DOL.gov/general/topic/health-plans/cobra
- Food: Connect with New Mexico's Supplemental Nutrition Assistance Program at Supplemental Nutrition Assistance Program (SNAP) | New Mexico Human Services Department (state.nm.us) Students ages 1-18 can also pick up free grab-and-go summer

Continued, Next Page

(New Mexico Public Education Continued)

meals at more than 700 sites across New Mexico. Find one near you: <u>summerfoodnm.org</u>.

- Unemployment: Get an extra \$300 per week and unemployment benefits extended until Sept. 6. Sign up at the <u>New Mexico Department of Workforce Solutions</u>
- Free COVID-19 vaccine: Get an appointment for a free shot near you at <u>vaccinenm.org</u>. You can also sign up at <u>Sweepstakes | NMDOH (vax2themaxnm.org)</u> for a new statewide vaccination incentive program that is offering a total of \$10 million in prize money, free travel packages, state parks passes and more.

The New Mexico Public Education Department partners with educators, communities and families to ensure that all students are healthy, secure in their identity and holistically prepared for college, career and life. Currently, the NMPED serves more than 317,000 students in 187 districts and charter schools. Find an abundance of resources for administrators, educators, families and students at <u>New Mexico Public Education Department (state.nm.us)</u> or follow the PED <u>at NMPublicEducationDepartment</u> on Facebook and @NMPED on Twitter.



# Health Beat Why Donate Blood?

Stephanie Barela, 869-4479 www.vitalant.com Isleta Health Center, Health Educator

While COVID-19 has changed many of our day-to-day activities, one thing remains the same: Blood is the most precious gift that anyone can give another person – the gift of life. We need your help to ensure patients in our community have the blood they need! **June 14th is World Blood Donor Day** help us celebrate by signing up to donate today!

Isleta Health Center's Annual Blood Drive, Thursday, June 10, 2021 located at the Isleta Health Training Center from 8:30am-12pm. Schedule your appointment at www.vitalant.org, click on Donate in the left hand corner and then click on Donate Blood and type in **Sponsor Code: IHC**. If you need assistance with registering, please call Stephanie Barela at 869-4479.

1. **Patients need your gift of life!** Every day donors must give blood in order to supply all the people in New Mexico that need it. SAVE A LIFE-GIVE BLOOD!

2. It is a great way to learn your blood type; when you donate, your blood is typed for free.

3. You get a mini-physical; Donors have their blood pressure, pulse, hematocrit (anemia screening), temperature checked, and a COVID test. The entire donation process will take approximately 60 minutes.

4. **Volunteer Work;** It is a convenient way to do volunteer work in your community.

5. **Celebrate your good health;** Donate on your birthday, anniversary, or other special occasions with others.

6. It is A Big Morale Booster; one of the few things you can do to save another person's life.

7. **One donation goes a long way;** your single donation may be separated into several blood products to help treat up to four different patients.

- o **Red Cells:** anemia, kidney dialysis, surgery
- o Plasma: burn victims, shock, liver disease
- o Platelets: leukemia, cancer, surgery
- o Cryoprecipitate: hemophilia

8. **Donors help support special blood programs**; Frequent small transfusions of Red Cells are needed to provide life-sustaining oxygen for the immature lungs of tiny babies.

- o Premature infant care
- o Rare donor registry
- o Pheresis program
- o Plasma for manufacture of blood clotting factors, immune ("gamma") globulin, albumin





Traffic & Project itself will be worked in various locations in each week. Notifications to residents will be sent out one week in advance.

#### **Isleta Pueblo News**

#### July 2021

#### PUEBLO OF ISLETA PUBLIC WORKS DEPARTMENT JULY 2021 Article

In April of this year, TLC began working on the Village Sewer Line Project. А total of 45 new sewer service lines with clean-outs have already been installed at residences located west of TR 40, with a few along TR 33 completed as well. There are approximately 200 sewer service lines included in this project. Any old clay or cast iron sewer service line within the project area will be replaced with a new 4" pvc sewer service line and clean-outs. Some homes have more than one sewer service line and these are also being replaced as necessary.

Thirteen manholes have been rehabilitated thus far with many more to go. The rehabilitation of a manhole includes cleaning, re-building interior benches, leak testing and then an application of a new coating to the interior. All manholes located within the project boundary will be raised to proper grade using concrete risers and/or rings. A total of 8 new manholes are expected to be installed in various locations.

The sewer main lines throughout the area will be slip lined. The slip lining process will be completed from one manhole to the next. TLC will notify residents when the section of main line in their area is due to be slip lined. NO water can enter the sewer main line during this process or the material will fail. Please cooperate with the contractor to ensure the project is a success.

If a main line cannot be slip lined due to various reasons, such as a sag in the line, excavation of that section of line will need to be performed by the contractor. Please be aware that some of the sewer main lines are over 20' deep and extra precautions need to be taken when excavating to such a deep depth.

There will also be 17 "E-1" grinder pump systems installed during the project. Existing homes currently on a septic tank in the project area will be upgraded to an E-1 unit. Piping from the E-1 unit will connect to a sewer main line, allowing the existing septic system to be properly abandoned.

Pueblo of Isleta staff have been collecting GIS information and taking photos, to have a permanent record of new sewer service lines installed. The crew coordinates closely

### VILLAGE SEWER LINE PROJECT

with the contractor on a daily basis. They are also responsible for all line locates called in to NM 811.

The project continues with 10 hour work days Monday through Thursday. If necessary and permission is given, TLC will work on Fridays to help stay on schedule. The project is expected to be completed by the middle of September, 2021.

Please use extra caution when in the areas of construction. Obey all traffic signs and speed limits, you may just save a life!







### **Pueblo of Isleta Animal Control**

In the June 2021 newsletter, we discussed Section 3. F. of the truth is that sometimes dogs behave very differently away from their home then they do in the presence of their owner. Allowing your dog(s) to roam loose and attack people and animals endangers the public, animals and your dog. It could also lead to costly fines and other court penalties. You may be asking yourself, "If I have tried to keep my dog in the yard and it won't stay in, what do I do?" If your dog is a "fence jumper" or is kept outside and you don't have a fence, build an outdoor kennel for it. You can also put your dog on a cable line or can leash your dog to the property. For those of you who chose this option, please make sure your dog's leash is at least 8 foot long. Also feel free to call Animal Control for recommendations on how you can keep your dog confined to your property. We would much rather meet you for the first time to assist you in complying with the law, than come out and investigate you for a violation involving your dog.

#### Page 12

Amended and Restated Animal Ordinance which prohibits dogs from running at large. According to the ordinance ""No animal is allowed to run at large, roam or create a nuisance on another person's property or public areas of the Pueblo. All animals must be within the control of their owner, confined or physically restrained in a manner that they cannot escape." What that means is that a pet owner cannot allow their dog to leave their property, without being on a leash that is controlled by a person. It also means that a pet owner cannot leave their dog outside with the fence gate open. Even if you believe your dog never leaves the yard, it could still walk out of the open fence and roam freely.

Also, if you know that your dog(s) is able to leave your yard by jumping the fence or walking through an opening in the fence and you've taken no action to prevent it, that is the same as leaving the gate open. When dogs are allowed to roam loose they often leave poop in other people's yard and chase cars. In some cases roaming dogs chase and attack people or attack and kill other people's livestock, poultry, dogs and cats. Most pet owners don't believe their dog(s) would attack a person or animal; however, the

To have an animal control officer survey your property and make recommendations to you, please call Isleta Police dispatch at 869-3030. Together we can make the Pueblo a safe place for people and animals.



## Waterford Upstart works!

On average, graduates enter kindergarten reading at nearly a first-grade level

#### Your child will learn!

The program builds academic skills and routines so your child is ready to be confident and successful at school

#### It costs you nothing!

Thanks to generous support from our partners, we provide everything you need to complete the program

# Reserve your child's spot now!

waterfordupstart.org/register 888-982-9898

Native American children born between 9/1/2016 - 8/31/2017 are eligible.



#### Faron Candelaria Jr



Faron Candelaria Jr., captured the year-end team roping title in the New Mexico High School Rodeo Association (NMHSRA). He is pictured here with the NMHSRA Queen Magdalena Lujan.

Faron Candelaria, Jr. will have the honor of representing the state of New Mexico and his hometown of Isleta Pueblo at this year's National High School Finals Rodeo (NHSFR). The event takes place in Lincoln, NE beginning July 18th and runs through July 24th.

Faron Jr is the son of Faron Sr and Amoretta Candelaria. Through much hard work, he has earned a spot as a Competitive Team Roper with the New Mexico High School Rodeo Association. Faron Jr, along with his partner, Calvin Taylor, recently won the State Championship during the State Finals held in Lovington, NM. This qualified them for the event in Lincoln in July.

Faron Jr, his parents, and family would like to take this opportunity to show our appreciation and say thank you to his extended Isleta family, friends, and the community for all the continued support.

Faron Jr, would like to express a positive quote to all the young kids to "Never give up on what you really want to do, follow your dreams and believe in yourself."



**Friendly Reminder** We are sending this friendly reminder for our programs and services available here at Tiwa lending Services. Our mission is to provide innovative products, education, and development services to improve social and economic growth for the Pueblo

of Isleta.

### **TR 28** John Please Call Trujillo (505) 944-5299 House 34

Chicken Eggs .....Price 3.00 Dozen Chicken Eggs 18 pack..... for \$5.00 Duck Eggs......6 for \$3.00 Turkey Eggs......6 for \$3.00 Nubian Buck for Rent .....100.00/month Citronella bug repellant All Natural.....\$5.00 per bottle

3 Ducks..... \$10.00 Each Roosters.....\$10.00 Each Nubian Doe with 2 kids \$450.00 All Natural Hand Sanitizer made with essential oils \$5.00 each Hand Made Soap Coffee scrub soap......\$5.00/bar Gardener.....\$5.00/bar Charcoal.....\$5.00/bar Lavender.....\$5.00/bar Orange Peel.....\$5.00/bar

**Consumer Loans:** Personal Credit Builder Emergency Credit Repair **Debt** Consolidation Home improvements Schooling Holiday

#### **Home Loans:**

**New Construction** Home Purchase Refinance Renovation Remodel Home Improvements **Development Services: Budgeting & Savings** Credit & Collections Affordability **Reducing** Debt Building vs. Buying POI & BIA Process

Let us assist you in achieving your financial goal(s), call Tiwa Lending Services at 505-916-0556.

# 

#### Isleta Pueblo News



#### Aaron Robert Dailey Scholarship – The Tibien (Elk Mountain) College Fund

#### \$1,000 Scholarship for Native Americans (2021-2022)

#### **Eligibility:**

- 1. Must be an enrolled member of a federally recognized tribe in New Mexico or California pursuing a college degree.
- 2. Must have at least a 2.5 GPA.
- Must be a high school senior or have graduated from high school within the last 4 years.
- 4. Must be accepted to a college/university.
- 5. Must be enrolled for a minimum of 12 credit hours per semester, or 6 hours and working part time.
- 6. Must maintain a 2.5 GPA.
- 7. Family members not eligible.

Thank you to our partner sponsors: Donald & Janice Leach

DEADLINE: AUGUST 3, 2021 John Begay is currently a college student at the New Mexico State University, pursuing a double major in Business and Environmental Science.

"My three main goals while pursuing my education are to double major, graduate with honors and most importantly graduate debt free". John Begay

#### Email <a href="mailto:swlopc@outlook.com">swlopc@outlook.com</a> for an application



Call to Sign Up or Information: IBHC @ 869-5475

Adult 'Mental Health First Aid' Trainings Similar to traditional 'First Aid' and CPR, 'Mental Health First Aid' teaches individuals how to help those <u>experiencing mental health challenges</u> or <u>crises</u>

WHO:	Community Members- 12 community members at a time (per training session) COVID Specific Protocols Implemented
WHAT:	Training on mental health first aid in Isleta (Youth Curriculum available upon request)
WHEN:	Thursday & Friday, July 29 <sup>th</sup> & 30 <sup>th</sup> , 8:30 – 12:30 each day (8-hr Certification Course)
WHERE:	Isleta Health Center: Training Center (Modular Building on Westside of Clinic)

WHY: Mental health challenges – such as depression, anxiety, psychosis and substance use – are shockingly common in the United States. In fact, <u>more than one in five American</u> <u>adults will have a mental health problem in any given year</u>. The National Council for Behavioral Health certifies individuals throughout the nation, including IBHS, to provide Mental Health First Aid sources to premere their communities with the

# Dear Governor Abeita and Members of the Isleta Pueblo Community,

Hello! I am honored and humbled to have been asked by Archbishop Wester and Abbot Joel Garner to serve as your Pastor of St. Augustine parish here at Isleta. Admittedly, the circumstance surrounding my coming to be among you is sad; the sudden, tragic death of my Norbertine confrere and classmate Fr. Graham Golden has traumatized all of us deeply. That said, it is my fervent hope that, while I cannot replace Fr. Graham (or Fr. George, for that matter), I can serve you effectively as a minister and spiritual companion at your parish. To that end, by the Grace of God I will do my level best to respond to and meet your pastoral needs, and I sincerely look forward to getting to know all of you better over the coming weeks and months.

Indeed, we are faced with a number of challenges at present. In addition to the devastating loss of Fr. Graham, as a parish community we continue to struggle with a radon problem in the church building itself, an ongoing COVID-19 pandemic and the never-ending fallout from the Archdiocese's financial issues, amongst other difficulties...but where there are challenges, I believe God also offers opportunities. Thus, I am fully confident that, together and with the Holy Spirit's guidance and aid, we can meet and overcome these obstacles in creative, life-giving ways. As equal members of this parish and the mystical Body of Christ, we each have a part to play in the stewardship of our local Church community, and every parishioner has talents and ideas to offer. Therefore, what I am asking for is your help: as I am fond of saying, the Catholic Church is everyone's responsibility. Let us then labor together as "coworkers in the vineyard" to make St. Augustine the sort of joyful and vibrant Christian community that we-and others-would want to be a part of!

As I am sure that some of you are curious about me, a relative newcomer to your community, permit me to furnish a few details about myself. My family is of Bavarian and Polish ancestry, and mostly live in the Upper Midwest. I am originally from Sault Ste. Marie, Michigan, and I attended St. Norbert College, Michigan State University (Go Green!) and Catholic Theological Union for my higher education. I joined the Norbertines of New Mexico in 2009, and was ordained in 2016. Since ordination, I have served as Associate Pastor at Holy Rosary Parish, as Prior at Santa María de la Vid Abbey and as Instructor of English, humanities and religion at CNM. In my free time I enjoy watching sports (especially college football, basketball and hockey), going to the movies and reading books and magazines at Starbucks. Llike both Old and New Mexican food but Italian food is my favorite. I'm a big fan of rock music, especially classic rock from the '60s and '70s. And one last detail...I really love hats.



provide Mental Health First Aid courses to prepare their communities with the <u>knowledge and skills to help individuals who are developing a mental health problem or</u> <u>experiencing a mental health crisis</u>. Identified on SAMHSA's National Registry of Evidence-Based Programs and Practices, the training helps the public better identify, understand and respond to signs of mental illnesses. For more information on Mental Health First Aid, visit <u>www.mentalhealthfirstaid.org</u>.

#### Adult Mental Health First Aid: Program Overview

- <u>What is Mental Health First Aid</u> (MHFA)?
- <u>Mental Health Problems in the United</u>
   <u>States</u>
- Mental Health First Aid Action Plan
- <u>Understanding Depression and Anxiety</u>
- <u>Mental Health First Aid Action Plan for</u> <u>Depression and Anxiety</u>
- Mental Health First Aid Action Plan for Depression and Anxiety
- Panic Attacks
- <u>Traumatic Events</u>

- Symptoms of Anxiety
- <u>Understanding Psychosis</u>
- <u>Mental Health First Aid Action Plan</u>
- Psychosis
- Disruptive or Aggressive Behavior
- <u>Understanding Substance Use Disorders</u>
- Mental Health First Aid Action Plan
- Overdose
- <u>Withdrawal</u>
- <u>Substance Use Disorders</u>
- <u>Using your Mental Health First Aid</u> <u>Training</u>

Finally, I do want to thank personally Governor Abeita, Shirley Zuni and all the parishioners, volunteers and staff of St. Augustine for making me feel so welcome, especially during this difficult time; I very much appreciate your kindness and generosity.

May God bless you, and I hope to see all of you around the parish soon!

Sincerely yours in Sts. Norbert, Augustine, Kateri Tekewitha and Santa María de la Vid,

Rev. Stephen A. Gaertner, O.Praem.

# Volunteer Firefighters Needed



Applications are now being accepted for The Pueblo of Isleta Fire Department. Applications can be picked up at the Pueblo For more information feel free to call the Fi 505-974-5385

Isleta Human Resource Office epartment at 505-869-9724 or



- material from the roof, gutters, and on and under the deck to help prevent embers from igniting your home. • SCREEN areas below decks and porches with 1/8"
- wire mesh to help prevent material from accumulating underneath.
- COVER exterior attic and soffit vents with 1/8" wire mesh to help prevent sparks from entering your home.
- **ENCLOSE** eaves to help prevent ember entry.
- **INSPECT** shinales or roof tiles. **REPLACE** missing shingles

# MAKEA DIFFERENCE!

Increase your wildfire safety. Make simple low-cost changes to your home and landscape starting today.

### **ISLETA FIRE DEPARTMENT**

3950 Hwy 47 Albuquerque, NM 87105 505 - 869-9724



The purpose and vision of the Pueblo of Isleta Volunteer Fire Department is to provide to the community and its members and the general public who visit the Pueblo the highest level of Care and Respect in a time of need

and to maintain a well-organized relationship with the community in fire prevention, minimize fire loss and damage to the community and its members.

The mission of the Pueblo of Isleta Fire Department is to serve the community by providing efficient and effective protection of life and property from the adverse effects of fire, medical emergencies, and other hazardous situations.

The members of the Pueblo of Isleta volunteer Fire Department are a diverse group joined together in a common cause, providing a valued and outstanding service to the Pueblo of Isleta.

Currently the fire department consists of 7 Volunteer members and 1 paid Fire chief. All members are fire fighters in both structural and wildland. We currently have 1 EMT-Basic and 1 EMT-Paramedic.

The activities of the Fire Department consist of:

Protecting the life, property and natural resources of the Pueblo of Isleta by responding to emergencies. The members of the fire department come to the station to maintain the apparatus and assure the equipment is fully operational and ready to respond to a call for service. Training is ongoing in all areas pertaining to the job. Members come into the station for station coverage which decreases the amount of time to respond to a call for service.

We conduct fire extinguisher training to the community and employees of the Pueblo and work with Head, Elementary and Department of Education conducting fire drills/ fire extinguisher inspection and training. We conduct trainings with Isleta Casino and are working with Pueblo buildings for Occupancy loads and establishment of an ongoing Fire Evacuation plans.

The fire department will be receiving a new 2000-gallon water tender early July. We are currently updating all fire apparatus with required equipment. The department is continuously recruiting for membership. Our primary source of membership is to come from the Pueblo. We will be reaching out to the public outside of the Community. The members that may come onto the Department from outside the Pueblo will be Station Coverage members, meaning they will be required to cover station duty on an hourly and daily basis. If you would like to join a growing department within the Pueblo please feel free to contact 505-869-9724 or

or tiles. COVER ends of tiles with bird stops or cement to help prevent ember penetration during a wildfire.

#### **Tips for Landscaping Around Your Home**

- **REMOVE** dead vegetation and other flammable materials, especially within the first 5 feet of the home.
- **KEEP** your lawn hydrated and maintained. If it is brown, cut it down to help reduce fire intensity.
- **PRUNE** tree limbs so the lowest branches are 6 to 10 feet above the ground to help reduce the chance of fire getting into the crowns of the trees.
- **MOVE** construction material, trash, and woodpiles at least 30 feet away from the home and other outbuildings.
- DISPOSE of branches, weeds, leaves, pine needles, and grass clippings that you have cut to reduce fuel for fire.



IT'S A BIG WORLD. LET'S PROTECT IT TOGETHER.



Visit www.firewise.org for more information.



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505-974-5385.

# Did you call for an Ambulance?

# Please report the information to PRC within 72 hours.



#### News

In observance of the Fourth of July the Library will be closed on Monday, July 5th. Library media checked out on Thursday, July 1st and Friday, July 2nd will be due on Tuesday, July 6th. If you need to renew library material, please remember that you can renew using our Librista Mobile App. Have a safe and fun Fourth of July! Notices and reminders will be posted in the Library and on our Social Media outlets.

There will be NO Summer Reading Program (SRP) from June 28th – July 5th. Enjoy your Fourth of July week. We will resume SRP on Tuesday, July 6th.

In the past, snakes have been spotted around the Library/Education Complex. Please, watch where you step, have lunch and sit down. Please report any snake sightings to the Library staff or the Department of Education staff. We ask that you DO NOT try to handle the situation on your own due to reports of venomous snakes. Remember that little snakes are the most venomous, so please keep that in mind. We will have Isleta Animal Control handle the situation that have the proper equipment and strategies to properly handle snakes. Thank you in advance for your cooperation with this matter. We want everyone to be safe.

As a reminder while visiting the Library, please do not leave children, elderly, or pets in a hot vehicle. Sometimes a quick trip to print out papers, make copies or fax may take longer than expected due to unforeseen circumstances. Please do not take the chance. Thank you for understanding.

Our Family Virtual Story time will be taking a break this June and July. Story time will begin in August with story times every Wednesday starting at 10:30am and activities such as crafts will follow. We hope by this time we can have in-person story time once again. We will continue to keep you updated as the time comes closer. If you have any questions about our story times give the library a call and speak with Cheyenne at 505-869-9808 or email at Cheyenne.Castillo@isletapueblo.com.

Get a Library card with the Pueblo of Isleta

# **Pueblo of Isleta Public Library**

We hope you all are enjoying the summer heat, hopefully, with a nice dip in the pool or staying fresh inside with the air conditioning on. Also to pass the time, don't forget to check out a good book, movie or download an e-book from our online catalog. Keep reading this month's article to learn more about our FREE services we have to offer here at the library. Have a safe and fun summer! Make memories and enjoy the little things in life.

patrons' temperature will be taken before entering the library. Sanitation stations have been set up throughout the library, and computer workstations must be disinfected before and after use. Patrons will enter at the front entrance of the library and will exit on the north side of the library. We greatly appreciate your patience at this time as we are adjusting to a new normal. If you have any questions or concerns feel free to contact the library at 505-869-9808. To drop off any library materials please use our drop off box, which is located in the front of the library. Drop off material will be quarantined for three days, disinfected and then checked in.

With things changing daily library staff is closely monitoring the COVID-19 situation and as a result library programs and services are being impacted. We will continue to keep you updated and informed about upcoming programs and services as more information comes along. Below is a list of our new hours of operation.

#### Library Temporary COVID-19 Hours of Operation

Monday –Thursday: 8am to 6:30pm Friday: 8am to 4:30pm Saturday: CLOSED **Curbside Hours** Elderly: 10am-11am General: 11am-5pm

Library staff members are on site to answer any questions or address any concerns you may have and we are always open to any suggestions you might have to helps us better serve the community. Please don't hesitate to give us a call at 505-869-9808.

#### Library Access from Home

During this time we encourage the use of our digital services. If you ever have questions or need help accessing our online services. Please call us at the library at 869-9808 during regular business hours or message us on social media (FB, Snapchat, & Instagram).

The Library's digital services give cardholders 24/7 free access to eBooks, audiobooks, music, magazines and periodicals (NY Times), so you can maximize your reading, and listening experience at home. We've got you covered. breaking news, multimedia, reviews & opinions on Washington, business, sports, movies, travel and so much more. New York Times will be available on library computers, library Wi-Fi or if you are at home you can access through the library website and click on the icon located on the general library section.

The library now has LinkedIn Learning formally known as Lynda.com, which is FREE online training on various computer software and programs. The LinkedIn Learning Online Training Library is a massive online training resource. Using their thousands of videos, members are able to learn - self-paced and on-demand - topics ranging from Google, Zoom and so much more. Members must have a Library card in order to utilize the LinkedInLearning.com site. The link to LinkedinLearning.com may be found on our Library website at http:// isletapueblo.com/library.html. Just click on the "Start Learning Click Here" button to start your digital continuing education.

Download the mobile app Libby to start borrowing and reading eBooks and audiobooks for FREE. Put your library in your pocket with Libby. To access this app you will need your library barcode and password.



Youth Program starting off the week with a little friendly competition!

Public Library and take advantage of our FREE services. We are a PUBLIC library and everyone is welcomed to use our services.

The Library is offering a contactless curbside service as well as computer use by appointment only for essential use. Curbside services will be Monday-



Thursday from 10am to 5pm and Friday 10am to 4pm. To check out material please download our mobile app Librista.

To make a computer appointment please call the library to set up a time, as space is limited. Appointments will be based on 30-minute increments so please come prepared. When visiting the library please remember to wear a mask at all times, The library online services will ask you to enter your library barcode number which is located on the back of your library card and a 4 digit pin or password. If you do not have a 4 digit pin or password set up with us, you can call the library during business hours and a staff member can help you set that up over the phone.

Below is a list of the digital services the library has to offer.

To search our library collection and view your account you can download the Librista app on your iPhone, Android and Kindle devices. This feature will let you see what library material is available, let you search our library collection and view your account. New York Times online is now available to our library patrons for FREE. Find



Junior Program enjoying lunch out on the patio!

#### July 2021

#### **Isleta Pueblo News**

Free Music! Take advantage of our Freegal Music service. Log on with your library card number and pin to start downloading and streaming music. Library patrons receive 3 free downloads each week and UNLIMITED streaming of music with NO AD interruptions. Log on to freegalmusic. com or download the Freegal Music app. If you have any questions about this service or would like to set up a password please give the library a call at 505-869-9808.

For additional help and information library staff members have made YouTube videos featuring the library's digital services and how to utilize them. Check them out by visiting the library's YouTube page at www. youtube.com/user/poilibrary.

#### Upcoming

Our After School Program registration for the upcoming 2021-2022 school year will be in August. Transportation to the Library will be available for Bosque Farms Elementary ONLY as the other students have bus stops near the Library. Stay tuned for more information to come as we approach the new school year. If you have any questions regarding our After School Program give us a call at 505-869-9808.

Soon the Library will be working on programs for the community starting in August. The Library staff has discussed many program ideas, but we like to hear from you! If you have any suggestions or ideas please feel free to share with a library staff member, we are always on the look out for new program ideas. Some of the programs we have done in the past include computer classes, book clubs, for adults, teens, and tweens, painting, beading, sewing, Do-It-Yourself crafts, food programs and much more. We appreciate your suggestions and feedback.

#### Recap

The library is now a month into our Summer Reading Program and things are off to a great start. Students were welcomed back the first week and didn't skip a beat as both our Junior and Youth programs are very independent and were excited to see old friends and make new friends for the summer. The Library staff presented the rules and to get to know each other. We played a variety of icebreakers that included a life size Janga, a Saran Wrap Mystery Ball, and Minute to Win It games. The Junior Program 3 to 6 year olds have been busy learning about the U.S.A., for the month of June students have learned about New Mexico, California, Texas and Louisiana. Each week we go over the state symbols and landmarks followed with story time and a craft. Week one we explored New Mexico by making a Hot Air Balloon and an Adobe Ginger Bread House. Week two was all about California with a DIY light up Tropical Reef, a personal Hollywood star and a yummy California Candy Sushi Roll. Finishing up the month was Texas and Louisiana with crafts such as a Cowboy Boot, Cowboy Hat Cake Pop, and Mardi Gras Mask and Sherbet Floats. Students also got to cool off with a Water Day at the Park where they played with water balloons, a splash pad and water laser tag. Our Junior Group is looking forward to many more activities and their final major field trip to Urban Air and Dion's on July 19th and 20th.

reading groups. This year with our reading groups students are different ages so we have included an audio book to follow along with since students are at different reading levels. This way they can listen to the audio book and follow along. This also introduces them to different methods of reading a book. Each day student's read 45 minutes of their book and after have 15 minutes of discussion. This year we had 4 curriculums for students to choose from during registration: Science, Building & Creating, Monster Movie Makeup and Mythology & Astrology. All groups got to attend a mini field trip for the month of June. Mini field trips were based on the curriculum for each group and what they have been learning.



Junior Program broke the ice by playing a game of Janga!



Youth Program Mythology & Astrology Group!



Junior Program exploring the California Ocean and making a tropical reef!



Youth Program playing Janga as an icebreaker to get to know one another!



Youth Program playing Minute to Win It for an icebreaker.



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Our Youth Program for ages 7-14 have been working in their group curriculums and



Story time and a nature walk to learn

Youth Program Science Group!

Continued Next Page



Youth Program Building & Creating Group!

Below are updates from each group.

**Building & Creating:** Students have been working on creating a city, making an epoxy mold, designing a maze and putting together a bristle bot. Building & Creating students went to Art Attack to create a ceramic art piece and also learned about a pottery kiln and the firing process.

**Monster Movie Makeup:** Students received a Special Effects Makeup kit and went over what was inside the kit as well as an introduction to shading. Students then got to apply their newly learned skills to face shading skulls and dolls, and at the end of the month students learned how to Comic Book Face Paint and used makeup to create an optical illusion. Monster Movie Makeup students enjoyed a movie and got to see what goes into doing a scene when using makeup and how it shapes the characters.

**Science**: Students began the month making a lava lamp, creating a invisible message, learned about edible chemistry, did a egg drop and built a bridge. Science students went to the Escape room as they have been learning about Forensic Science.

**Mythology & Astrology:** Students have been learning about Olympic gods, Constellations, Heroes, Monsters, the Norse gods and also making a Viking Helmet, Viking Ship and Viking Shields. Mythology & Astrology students took a trip to the museum to learn more about the stars and planets.

Our Youth Group is looking forward to many more activities and their final major field trip to Top Golf on July 24th.





This year has been an unpredictable one for us all and we are finally coming to an end. We are excited to announce a new start for 2021-2022 school year. We will begin transitioning back to full in person services for the upcoming school year and plan to serve our children and families using the best safety practices as possible. The programs that we offer are:

Early Head Start- Center based and Home based: Ages prenatal to 3 years old

Head Start- Ages 3 to 5 years old (Must turn 5 before August 31, 2021)

Child Care- Full day care and afterschool care: Ages 16 months-5 years old

The following documentation is required for completion of a new application:

- Proof of Birth (Birth Certificate, CIB letter, Baptismal Certificate)
- Tribal Identification (CIB, Tribal ID)
- Proof of Residency (New Mexico Driver's License, Utlity Bill, Tribal ID)
- Proof of Income for the previous 12 months (W-2, 2020 income tax forms, 1 year of paystubs, etc.)
- Proof of Child's Health Insurance
- A Copy of your child's IFSP or IEP if applicable
- **Proof of Pregnancy** (For pregnant mothers only)

If you would like to schedule a application for yourself or child, you may call the center at (505) 869-9796.





Please carefully read your appointment letter which is attached to your referral.

It has valuable information to get you to your appointment on time...

Questions? Call 869-4488

#### July 2021

## ST. AUGUSTINE RELIGIOUS EDUCATION PROGRAM

Students from the St. Augustine Religious Education Program received the Sacrament of First Communion on Saturday, May 29, 2021. Pictured are several students of the 23 communicants who were enrolled in our program this year. I would like to take the time to thank all students for your commitment in attending in-person classes. Also, thank you to all parents, guardians and grandparents who made every effort to make sure they came to class each week. We hope to see all the children return for classes in the fall to continue their faith journey. We also had nineteen students receive the Sacrament of Confirmation. We pray that our Heavenly Father will guide them to continue to grow strong in their faith as compassionate and responsible adults. Thank you to our teachers and aides who volunteered their time and talent to help the children prepare for the reception of these sacraments. They enjoy teaching the Catholic Faith to the children of our community. Every child touches our hearts with joy. May you all have a fun and safe summer,

Margaret Zuni (Director of Religious Education)



Stephanie Ortiz



Ambrozette Benvides



Sophia Padilla



Jayden Lucero







Matteo Torres





Cameron Lucero



#### Luterio Jojola



Anthony Flores

**Timothy Panteah** 



### **ISLETA POLICE DEPARTMENT** JULY – 2021

Half of 2021 is gone! The weather is definitely HOT and we are in a drought situation, so please ensure you are aware of fire and fireworks restrictions for the Pueblo. One careless act can result in unwanted tragedies.

#### WELCOME NEW EMPLOYEES:

This month we have several new members to the Department to introduce:



Jazmine Olivas recently joined the Department in the Communications Division. Jazmine was born and raised in Albuquerque NM. During the past year she worked with security dispatch. She states she is grateful to begin her law enforcement career with the Isleta Police Department. Jazmine just purchased her first home on her own in Albuquerque. She enjoys spending her spare time working on her home, spending time with her family and boyfriend. Jazmine enjoys outdoor activities such as backpacking and camping.

We also welcome **Tanika Grant** to the Communications Division. Tanika is originally from Albuquerque but has resided in Rio Rancho since 2001. She is married with three children and





A new member to the Police Department, Patrol Division is **Anthony Castro.** Anthony is originally from Fullerton, California but has resided in Isleta approximately sixteen years and is of Tribal descent. Anthony is 21 years old and is a 2018 graduate of Valencia High School. Anthony states he is thankful for the opportunity to become a part of the Police Department and is looking forward to protecting and serving the people and Pueblo of Isleta.



**David Roybal** is no stranger to many as he was introduced as he was employed approximately two and a half years ago. At that time he joined the Isleta Police Department's Security Division. He is now transitioning to the Department as a police cadet and like Anthony, will be attending the academy soon. David is 21 years old, born and raised in the Pueblo of Isleta. He is excited to serve the community in a new capacity as a police officer. David says, "I greatly appreciate this opportunity!"

\_\_\_\_\_

Torch Run. Six members of Isleta Pueblo and K-9 Officer Bradley Killough from Bosque Farms Police Department braved the scorching sun and ran from Chical Haystack to the interstate overpass on Highway 45.



L-R: Ofcr J. Janis, K9 Ofcr B, Killough (BFPD), K9 Ofcr L. Lujan (IPD), Ofcr K. Martin (IPD), Sgt. M. Martin (IPD), O. Trujillo (Isleta Pueblo), and B. Tower (IPD Dispatch)



Ofcr K. Martin carrying the torch



First group in Second group catching up

three grandchildren. She has worked in Corrections/Law Enforcement since 2004 and is currently pursuing a Bachelor's degree in psychology specializing in dual diagnosis. She plans eventually to assist at risk communities with mental health and substance abuse disorders and bring awareness through education. She states she is grateful to be able to serve this wonderful community and appreciates all the warm welcomes thus far.



#### INDIAN HIGHWAY SAFETY PROGRAM

The IHSP Traffic Division continues in its endeavors to ensure the roadways in the Pueblo and the thoroughfares for commuters remain safe for traveling motorists. They are ever vigilant for drivers who are speeding, failing to observe traffic signs and signals. Erratic and aggressive drivers are also on their radar as are those who are driving under the influence.

Speeding, distracted driving and driving under the influence are key factors leading to crashes. The interstate was deadly last month for drivers with investigations into fatal crashes. Please watch your speeds, do not text and drive and, most importantly, do not drink and drive.

#### TORCH RUN

We congratulate and appreciate the individuals who ran in sizzling heat for Isleta's "leg" of the



YAY! WE MADE IT!!

#### **Isleta Pueblo News**



NEXT LEG OF THE RUN: Members of Juvenile Probation, Bernalillo County Fire Department and APD Traffic taking the last leg for the Southwest Region. Their destination is Civic Plaza.



The Isleta Police Department together with various departments are in the planning stages for the Second Annual National Night event to be held August 3, 2021. As we were given a green light to plan for the event, we are in crunch mode and need any and all who can help out with this community event.

**National Night Out** is an annual community-building campaign that promotes police-community partnerships and neighborhood camaraderie. The Isleta Police Department has included the many departments who assist in finding resources to assist those in need.

Businesses/organizations and individuals who like to donate/contribute to the cause are welcome and much appreciated. Items for raffle prizes, door prizes, food, and money contributions are welcome. Our First Annual National Night Out was held in August of 2019 and, of course, due to COVID restrictions, we were unable to hold the event last year. We feel 2019 was successful and want to continue with the event this year. There will food, games and information booths for all. The event will be held at the Recreation Center from 5:00 pm to 8:00 pm. PLEASE NOTE: At this time COVID-19 precautions are planned and will be in place for the event.

If you are interested in helping with this event, have a booth (first come/first serve basis), or donate, please contact:

Officer Sharon K. Mitamura Sharon.mitamura@isletapueblo.com (505) 382-3459 or leave a message at the Police Department

You may also contact members of the Donation Committee if you have donations:

Charlotte Smiley – Victim Services – 869-9838

Chief Lester Gary – Isleta Fire Department – 869-9724

We are looking forward to making this a success and hope to see our community members there. More information will be posted throughout the Pueblo.



#### HEAT PRECAUTIONS

With temperatures soaring in the 90s and 100s, we caution all to be sure to take all the necessary precautions. As taken from the weather.gov/heat website, here are some tips:



Sadly, we still hear of incidents where children and pets are left unattended in vehicles. There have been a couple of incidents in Isleta. There can be criminal charges filed if a child or animal is left in a vehicle on a hot day. This was discussed in a previous newsletter but a reminder with the heat being experienced is necessary. The following were taken from Twitter and ktvz.com







# WHAT IS GRIEF?

Grief is the natural reaction to loss. While everyone experiences some form of grief and loss, it is also an intensely personal experience. It is the emotional suffering we feel when we lose something or someone we love. The pain of the loss can feel overwhelming and we may suddenly experience unexpected emotions from shock or anger to disbelief, guilt, and deep sadness. The pain of grief is not limited to our emotional suffering but our physical health can also suffer, making it difficult to sleep, eat, or even think straight. These are common reactions to loss—and the more significant the loss, the more intense our grief will be. Loss of a cherished dream

Many are enduring losses during this challenging time of the Pandemic. While we usually associate grief with the death of a loved one, any loss can cause grief, including:

- Divorce or relationship breakup
- Loss of health
- Loss of a job
- Loss of financial stability
- A miscarriage
- Retirement
- Death of a pet

- Serious illness of a loved one
- Loss of a friendship
- · Loss of safety after a trauma
- Selling or moving away from the family home

Whatever the cause of the grief, there are healthy ways to cope with the pain that, in time, can ease our sadness and help us come to terms with our loss, find new meaning, and eventually move on with our lives.

#### Seek help if you:

- 1. Feel like life isn't worth living
- 2 Wish you had died with your loved one
- 3. Blame yourself for the loss or for failing to prevent it
- 4. Feel numb and disconnected from others for more than a few weeks
- 5. Are having difficulty trusting others since your loss
- 6. Are unable to perform your regular daily activities

#### Call Isleta Behavioral Health Clinic at 869-5475



# Isleta Historical Society

Protect the Land • Preserve the Culture • Honor the Ancestors

This continues a monthly series of articles about historic Isletans and significant happenings at Isleta. The Isleta Historical Society is an independent, inclusive group looking to broaden understanding through vigorous research, interviews, visits to museums and other historical sites etc. We are interested in your reaction to these stories and encourage you to contact us with ideas for future publications. Visit us on Facebook and Instagram @isletahistoricalsociety or email us at isletahistoricalsociety@gmail.com. We will not use any information without your permission. Thank you!

Members: Randy Jiron, Kateri Jojola, Malcolm Ebright, Valentino Jaramillo, Rick Hendricks, and Ted Jojola

#### The Quest for the Crest: The Patenting and Use of the Isleta Mountain Tract – Part One

When the former Isleta governor Ambrosio Abeita appeared before the New Mexico Surveyor General to describe the boundaries of Isleta's land grant, he was careful to delineate with precision Isleta's eastern boundary: the espinaza (spine or crest) of the Manzano Mountains. However, when Deputy Surveyor John Garretson surveyed the grant in the mid 1850s, he placed the eastern boundary in the foothills, not the crest, depriving Isleta of about 21,000 acres of mountain land. It took over two decades of bureaucratic wrangling beginning in the 1900s to correct the error, but in the meantime pueblo members continued using the mountain. Some, like Domingo Jojola, built cabins on the mountain. Many grazed sheep and gathered resources like herbs and wood for firewood, fence posts, and vigas. Most importantly, the pueblo continued holding ceremonies and dances that depend on the mountain. In this twopart series we will tell the story of how Isleta was able to regain the mountain tract and how Isletans have used the mountain over the years. In this month's article we discuss the surveying rules and practice for surveying a mountain as a boundary and examine the experience of Sandia Pueblo, which also had a mountain for an eastern boundary, but was not able to get title to Sandia Peak.

#### Surveying the Mountain

It was common practice for Hispanic land grant petitions to cite a mountain as a boundary because the uplands were where the common lands with its resources, including grazing land, were located. While it was not as prevalent for pueblo grants of four-square leagues (17,400 acres) to be bounded by a mountain, both Isleta and Sandia grants were bounded on the east by the mountains. In Sandia's case, the eastern boundary was the Sierra de Sandia. or Sandia Mountain. In other cases, like tracts within the Tierra Amarilla grant, the peak was the cuchilla, or knife (edge). Using terms like espinaza (spine) and cuchilla (knife [edge]), indicates a clear intent by the grant petitioners that the peak or crest of the mountain be surveyed as the boundary, not the foothills. Hispanic surveying practice prior to the US invasion was always to survey to the crest, peak, or highest point when a mountain or hill was called for as a boundary. Viewed from the perspective of the times, it would be absurd to survey to the foothills and deprive the settlers of the resources of the mountain. That was why Isleta leaders like Pablo Abeita were so adamant and determined to have the Isleta survey redone and to have a patent issued for the mountain tract. A good example of Hispanic surveying practice in regard to a mountain is the Elena Gallegos grant which adjoins the Sandia grant on the south and also had the

Sandia Mountains as an eastern boundary. The Elena Gallegos grant was a community grant with the crest of Sandia Peak always considered to be its eastern boundary, both in Hispanic practice and as surveyed by the Surveyor General. As historian Marc Simmons noted, "the eastern limit of the [Elena Gallegos] grant was identified only as the Sandia Mountains, by which the colonial settlers understood, the summit of the range."

Several smaller grants in the Santa Fe area also referred to mountains and hills as boundaries (sierras and lomas or cerros). In every case it was the highest point or peak that was called for. Early New Mexico settlers intended that the hill or mountain be included in the grant because they needed the woodland resources on the mountain and besides, without the mountain or hill there would be very little left of the grant. This was true for Hispanic grants as well as grants to Pueblos.



Red Hills with Pedernal

Another approach for understanding early surveying practice in New Mexico is to look at cases where a mountain was the boundary between two grants. In 1766 the Piedra Lumbre grant in Rio Arriba County was made to Pedro Martín Serrano with the Cerro Pedernal as a southern boundary. This is the flat-topped mountain that appears in many of Georgia O'Keeffe's paintings. It was intended that the top of the Pedernal be the boundary, for when the Juan Bautista Valdez grant was made to the south, it simply referred to the boundary of the Martín's as the northern boundary. Thus, the boundary at the top of the Pedernal would give each grant the mountainside it needed for its resources. If the Piedra Lumbre grant placed the boundary at the foothills then the Valdez grant would include then entire Cerro Pedernal, depriving the Piedra Lumbre grant of the mountain.

attacks. This applied to both Hispanic and Pueblo grants. Empty public domain was a liability, providing an avenue of attack on Spanish settlements and on the pueblos.

Thus, it is clear that in Spanish-colonial and Mexican-period New Mexico, when a hill or mountain was specified for a boundary, it was always the summit or crest that was considered the actual boundary, unless the boundary call specifically referred to the foothills, as in el pie de la cuchilla (the foot of the ridge) or la falda de la sierra (the skirt of the mountain). This is also the rule or guideline that surveyors follow today.

The Sandia grant, whose eastern boundary was also the mountain, is a good example of a Pueblo grant made by the Spanish government to settle unoccupied land and protect nearby settlements from attack.

# The Sandia and Isleta Grants' Eastern Boundary

Since Sandia, also a Tiwa-speaking pueblo, was subject to a similar mistaken survey as Isleta was, it is interesting to compare the history of the two pueblos to determine why Sandia had such a different outcome. The Pueblo of Sandia had a long history of occupation of its homelands prior to the Pueblo Revolt and the subsequent return to New Mexico by Diego de Vargas. Many Sandia people left the pueblo and moved to Hopi (along with some Isletans) and constructed a pueblo called Payupki on Second Mesa. In 1748, several Franciscan priests traveled to Hopi to bring back the Sandias and resettle them in their old pueblo.



The concept of public domain or government land was radically different in eighteenth and nineteenth-century New Mexico. Now we have the Forest Service and the Bureau of Land Management (BLM) managing the public domain for the use of the general public, charging fees for some uses and prohibiting others. In contrast, the Spanish and Mexican governments of New Mexico wanted to privatize through land grants as much of the public domain as possible to establish settlements that would act as buffer zones to protect against Plains Indian

Making the Sandia Pueblo Grant Drawing by Glen Strock

New Mexico governor Codallos y Rabal made a new grant to about 350 Sandia Indians in 1748 at the site of their old pueblo and ordered Lieutenant Governor Bernardo Bustamante to establish the boundaries. Bustamante made the eastern boundary the Sierra Madre called Sandia. At the time it seemed clear that the lieutenant governor meant the crest or peak of the Sandias, because he noted that the grant would include "the pastures, woods, waters, and watering places," which — especially the woods — were found only on the

#### July 2021

mountain. However, when Deputy Surveyor Ruben Clements performed a hasty survey of the grant in 1859, he did not place the eastern boundary at the crest, but simply drew a line from the northern boundary to the southern boundary. It appears the eastern boundary was little more than a line drawn on paper, not a survey on the ground. But the result was the same as with the Isleta mountain tract: although both pueblos continued to use their mountain tracts, they did not own it. The land had not been patented to them. However, the difference between each pueblo's approach to remedying this injustice is startling.



Sandia Pueblo Grant Map by Molly O'Halloran

Both Sandia and Isleta were surveyed at the same time, but Isleta began pointing out the error and requesting a new survey as early as 1899, while Sandia waited until 1983 to make its claim. In the meantime, Sandia Mountain remained public domain and became dotted with 600 acres of inholdings as non-Indians filed small-holding claims, building homes on land that rightfully belonged to Sandia Pueblo. These inholders including many powerful people such as the governor of New Mexico - were an important lobby against Sandia's claim of ownership, arguing in the press that the pueblo was planning to evict them or cut off their access easements. Isleta, on the other hand, began pursuing its claim to the mountain in 1899, and kept the pressure on for over two decades, largely through the efforts of Pablo Abeita, Bautista Zuni, and the lawyer Richard Hanna.

More on Isleta's quest for the crest in next month's article.

Again, we want to thank everyone who has been reading these articles. We invest a great deal of time and energy into these articles, and we do so because we are interested and passionate about the topics we cover. We believe that by sharing these stories with the community it may instill a sense of confidence in who we are as Isletans. We are grateful for all of our readers and have been receiving feedback from the community. Some of you have even reached out with ideas about what topics to cover next or areas of interest for the Historical Society to dig deeper into.



Juan Bautista Zuni, Pablo Abeita, and Marcelino Abeita, 1918, Delancy W. Gill, photographer, courtesy of National Anthropological Archive, neg. no NAA GN 02004

We thank you for your interest in the stories we are telling about the Pueblo and the people and encourage you to reach out to us with any information, ideas, or comments that you feel would be helpful to us. We will soon be publishing on our social media platforms so be on the lookout for that content. Again, any information is greatly appreciated and will not be used without your permission.

Thank you!

# **NEWAT THE LIBRARY!**

THE PUEBLO OF ISLETA PUBLIC LIBRARY WILL NOW BE OFFERING MAGAZINES ON OVERDRIVE, A FREE SERVICE THAT ALLOWS YOU TO CHECK OUT MAGAZINES, BOOKS AND AUDIOBOOKS ALL IN ONE PLACE! YOU CAN ACCESS OVERDRIVE BY GOING TO HTTPS://NM.OVERDRIVE.COM/ YOU WILL NEED YOUR LIBRARY CARD NUMBER AND PIN TO LOG ON. YOU CAN SET UP YOUR PIN AT THE LIBRARY.



# **Counseling Can Help**

The Behavioral Health Clinic is open for direct patient contact with careful adherence to protocols as established by the Isleta Health Center to include:

- Patients must wear a face mask at all times when in the facility and when in your vehicle checking in for your appointment
- All patients must check in at the front of the Isleta Health Center where your temperature will be taken and you will receive a wristband and instructions how to proceed
- Please arrive 15 minutes ahead of your appointment time
- Patients and staff maintain social distancing at all times
- Lobby and offices are sanitized before and after each patient visit
- Talking to others is always helpful and talking with a professional therapist can really help - especially during this difficult time.

You can also download the Libby mobile app that corresponds to OverDrive to access Magazines, E-Books and Audio books right from your mobile device!



If you need help accessing OverDrive or the Libby app, visit the Library or call us at (505)869-9808



Call 869-5475- Make an appointment to meet with a therapist - see if counseling can help.

Sometimes you can't wait - If you or someone you know is having a mental health crisis, call 1-800-273-8255 for the National Suicide Prevention Lifeline. You can also text HOME to 741-741 for free, 24-hour support from the Crisis Text Line.

Give time and attention to all your health needs physical, emotional, and mental.



# **ISLETA PARKS AND RECREATION**

The July 4th Holiday is almost here as a reminder to everyone it's still very dry out so please be responsible with any fireworks you may be using. Remember fireworks can cause fires and we all know the problems fires can cause to our land and our air quality. Please be safe and responsible with your fireworks if we are allowed to use them this year.

Things are continuing to get better every day here in the Pueblo and around the country, hopefully all of us have received or will be getting our covid vaccinations. If we all continue to do our part (vaccinations, mask wearing, social distancing, small gatherings only) we will continue to beat this thing.

We here in the Parks & Recreation Department are doing all we can to make sure all our participants are safe when they come to utilize our facilities. We are still following the mandated mask wearing directive and we are also keeping any group use numbers low, this includes the numbers for our youth program this summer.

#### **RECREATION PROGRAM SECTION -**

(From LeeAnn Zuni, Activities Coordinator)

It's really nice to have the Summer Recreation Program back this year and its feels good to be providing recreational activities to the youth of the Pueblo once again. Unfortunately, this year's program has been scaled back in numbers for safety reason. We have met our scaled back number of 50 participants and we also have a waiting list as well. This summer program is different than previous years with no fieldtrips being offered at this time for the children due to Covid-19 safety precautions, we continue to monitor this daily and if things progress it may be possible that some field trips will be allowed next month. We will keep parents posted if we are able to take field trips. Our Summer Recreation Youth Leaders have modified their activities to be centralized using all areas of the recreation center. Each of the five age groups follow a daily rotation of activities outdoors and indoors every day. The daily activities consist of croquet, badminton, kickball, Frisbee golf, nature walks, batting cages, swimming, arts & crafts, snack making, movies and much more. We would like to say Thank-you to the Department of Education for having Explora come out and do some stem activities every Friday. Here are some of the highlights of daily activities:









# AGES 1- 17

**TIMES: 11AM-1PM** 

Available to <u>ALL</u> youth

Youth must be present. Meals are limited and served on a first come first served basis

# THE PUEBLO OF ISLETA PUBLIC LIBRARY WILL BE A SITE FOR MEAL DISTRIBUTION

If you have any questions please contact the library at (505) 869-9808



#### **Isleta Pueblo News**

#### **SPORTS SECTION** – (From Coach George Waquie, Sports Coordinator)

We are off to a good start this summer here at the rec center. The first thing we have coming up is a Department challenge run/ walk, each participant is responsible for 30 miles. Each team has to complete 300 total miles on the Nike run club app. We are very excited that we received 10 teams which will include Health Clinic, Parks & Recreation, Head Start, Police, Rangeland, Water Resources, Department of Education, Census, Governor's Office, Tribal Council, Truancy, Treasury, Human Resources and Public Works. Some of these departments are being combined to make sure that they have a 10 members team. This event is running from June 21st to July 21st, good luck to everyone. The Corn Hole Challenge had a very good turnout (Approximately 30 Participants) for a first time event, that event took place in late June. Sign-ups for our Mini Triathlon are still going on until July 30, 2021. To sign-up for this event please come to the recreation center. This is the first time we have this type of event, if the turnout is good we will consider making this an annual event. All parts (swimming, biking, running) of this event will take place here at the recreation center and for safety purposes it will need to be scheduled. We encourage all of you to come out and see your fitness level. Remember, this is a mini triathlon and there is no pressure except to get a good workout. Come to the center and start training with our staff to help you get prepared for this event, our staff is always available to help you out. Stay safe and healthy!

#### **AQUATICS CENTER** – (From Josh Roybal, Aquatics Coordinator/Manager)

Greetings everyone! We are still doing lane swimming by appointment and would like to encourage anyone interested to call the Rec Center at 505-869-9777 to reserve your lane! Appointments are available in 1hr increments from 6:30am to 5:30pm, Tuesdays and Thursdays. We are proud to partner with the Summer Youth Recreation Program and we have the youth participants utilizing the pool in different sessions from 9:00am-3:00pm Mondays, Wednesdays, and Fridays until the end of July. This means lanes are unavailable to book between 9:00am and 3:00pm on Mondays, Wednesdays and Fridays so we can accommodate the youth in our recreation program. We are still taking applications for lifeguards and are looking for staff for the upcoming fall season. For anyone interested in applying or for any

cool and available for all your fitness needs. Some food for thought... Approximately 400 people die in the United States every year due to heat stroke. So please listen to your body and take your health seriously. Remember that our staff is trained to help and answer any questions that you may have. Now that things are getting better we will be starting up classes again, so keep your eyes and ears open and sign up for the future classes we will be offering. See you very soon and stay safe.

# **PARKS MAINTENANCE** – (From Donald Lucero, Parks Superintendent)

First of all, I want to thank the tribal members that have been calling in to compliment the Parks crew on the great job that they are doing with the parks, that's an obvious testament to the great job that the staff is doing daily, we really appreciate the compliments! The Parks are looking great once again! It's nice to see our tribal members out there using the parks with their families. After last year this is a welcomed site. We have sprayed down the playground equipment, play areas, benches and tables and will continue to spray them down for safety reasons, of course. As mentioned our staff is doing a wonderful job and the Weed and Litter Crew has been a great help as well. The young men that work the weed and litter crew have been busting their butts every day during the summer to keep the weed population down to a minimum and to help keep our parks and grounds looking good. Once again, I want to thank all of our staff that is working with the Parks Maintenance Division.

I can't stress enough how wonderful it is to see everyone out and about throughout the Pueblo once again. It's also good to see people back in our facilities working out using the gym, swimming etc. It's a great feeling to see many of you back again. Having the children here for our summer program is the ultimate, seeing their smiling faces here in the facility, watching them playing games and hearing them say hi to us (staff) whenever they pass us in the halls of the facility brings us all so much joy. It's wonderful to see things getting a little more back to normal. Please continue to be safe and also follow all covid safe practices so that we can all get back to normal. Thank you for your support!

Arnold Sena

Parks & Recreation Department Director 869-9777



questions about the Lifeguard certification or for information about swim lessons and other aquatic programming, please call 505-869-9783.

**FITNESS SECTION** – (From Mike Trujillo, Fitness Manager and Thomas Zuni, Fitness Coordinator)

Summer is here folks and it's a hot one! This is a reminder to stay hydrated and if you are planning on doing any type of outdoor exercises or activities, try to get things done in the morning time. When it is somewhat cool and if you are unable to do your activities in the morning, please visit the recreation center and/or our Fitness West Facility (Old Rec). Both facilities are available for your use and with this heat it's probably better that you go indoors to do your workouts. Both facilities are clean,

# Weekday Schedule LUNES A VIERNES

Schedule Effective May 7th, 2021

Horario efectivo a partir del 7 de mayo del 2021

#### **READING THE SCHEDULE**

- 1. Decide whether you are going north (at top) or south (at bottom).
- 2. On the left-hand side, find the station from which you are leaving.
- 3. Read across to find the times the Rail Runner departs from that station.
- 4. From there, read down to find what time the Rail Runner will arrive at the station to which you are traveling.

#### **COMO LEER EL HORARIO**

- 1. Decida si va a ir al norte (en la parte de arriba) o al sur (en la parte de abajo).
- 2. En el lado izquierdo, encuentre la estación desde la cual usted sale.
- 3. Lea para encontrar los horarios en los que sale el Rail Runner de la estación.
- 4. Desde allí, lea para encontrar la hora en la que el Rail Runner llegará a la estación hacia la cual usted se dirige.

#### **Title VI**

The Rio Metro Regional Transit District is committed to its Title VI obligations. We do not discriminate on the basis of race, color or national origin in the delivery of service. To obtain more information on our nondiscrimination obligations or to file a Title VI complaint, contact us at 809 Copper Ave. NW, ABQ, NM 87102.

El Distrito de Tránsito Regional de Río Metro cumple con las obligaciones del Título VI. No discriminamos por raza, color ni origen nacional al brindar nuestros servicios. Para obtener más información sobre nuestros deberes antidiscriminatorios o para presentar un reclamo del Título VI, contáctenos en 809 Copper Ave. NW, ABQ, NM 87102.

ESTACIONES DE TREN	North	bound /	rumbo	norte			S	hown are de	parture time i	unless otherv	vise noted
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Belen	-	-	5:39A	6:35A	8:04A	-	3:35P	-	5:51P	7:01P	7:57P
Los Lunas	-	-	5:49A	6:46A	8:15A	-	3:46P	-	6:01P	7:12P	8:08P
Isleta Pueblo	-	-	6:02A	6:59A	8:27A	-	3:59P	-	6:16P	7:26P	8:22P
Bernalillo County	-	-	6:10A	7:06A	8:35A	-	4:06P	-	6:29P	7:35P	8:31P
Downtown ABQ	4:32A	5:02A	6:22A	7:19A	8:42A	9:35A	4:26P	5:34P	6:48P	7:42P	8:38P
Montaño	4:41A	5:11A	-	7:29A	-	9:44A	4:35P	5:43P	6:58P	-	-
Los Ranchos / JC	4:47A	5:17A	6:34A	7:36A	-	9:50A	4:41P	5:49P	7:06P	-	-
Sandia Pueblo	4:52A	5:22A	-	7:42A	-	9:55A	4:46P	5:54P	7:12P	-	-
Downtown Bernalillo	5:01A	5:31A	-	7:52A	-	10:03A	4:54P	6:07P	7:26P	-	-
Sandoval / US 550	5:05A	5:35A	6:46A	7:58A	-	10:08A	4:59P	6:12P	7:31P	-	-
Kewa	5:25A	5:55A	7:05A	8:18A	-	10:28A	5:19P	6:34P	7:50P	-	-
SF County / NM 599	5:48A	6:18A	7:24A	8:39A	-	10:51A	5:43P	6:57P	8:13P	-	-
Zia Road	5:58A	6:28A	-	8:49A	-	11:01A	5:53P	7:07P	8:23P	-	-
South Capitol	6:08A	6:38A	7:40A	8:56A	-	11:11A	6:00P	7:17P	8:33P	-	-
Santa Fe Depot	6:13A	6:43A	7:45A	9:01A	-	11:16A	6:05P	7:22P	8:38P	I	-
READ DOWN LEA HACIA ABAJO											

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Santa Fe Depot	-	-	5:39A	7:13A	1:02P		4:15P	5:04P	5:30P	6:46P	9:00
South Capitol	-	-	5:43A	7:18A	1:07P	-	4:20P	5:09P	5:35P	6:51P	9:05
Zia Road	-	-	5:49A	7:25A	1:14P	-	4:27P	-	5:42P	6:58P	9:12
SF County / NM 599	-	-	6:01A	7:37A	1:26P	-	4:39P	5:26P	5:54P	7:10P	9:24
Kewa	-	-	6:19A	7:55A	1:44P	-	4:57P	-	6:12P	7:28P	9:42
Sandoval / US 550	-	-	6:38A	8:14A	2:03P	-	5:16P	6:02P	6:31P	7:47P	10:01
Downtown Bernalillo	-	-	6:43A	8:18A	2:07P	-	5:20P	-	6:35P	7:51P	10:05
Sandia Pueblo	-	-	6:52A	8:27A	2:16P	-	5:29P	-	6:44P	8:00P	10:14
Los Ranchos / JC	-	-	6:57A	8:32A	2:21P	-	5:34P	6:14P	6:49P	8:05P	10:19
Montaño	-	-	7:02A	8:37A	2:26P	-	5:39P	-	6:54P	8:10P	10:24
Downtown ABQ	4:45A	5:30A	7:10A	8:45A	2:42P	4:30P	5:50P	6:25P	7:02P	8:18P	10:32
Bernalillo County	4:53A	5:41A	7:19A	-	2:50P	4:38P	5:57P	-	7:09P	-	-
Isleta Pueblo	5:01A	5:49A	7:27A	-	2:57P	4:45P	6:06P	-	7:17P	-	-
Los Lunas	5:13A	6:06A	7:39A	-	3:10P	4:58P	6:22P	-	7:31P	-	-
Belen	5:24A	6:17A	7:50A	-	3:20P	5:08P	6:33P	-	7:42P	-	-
READ DOWN											
LEA HACIA ABAJO											
						••••••	••••••	•		<b>ignated Q</b> n silencioso	
										train doe	

0:00

Train arrives but does not continue El tren llega a destino pero no con

Health Beat SUMMER WEATHER EYE CARE Dr. Mitchel Anderson, OD, Optometrist Phone: 505-869-4080

As the seasons change and the weather heats up, many of us ClearEyes as well. Just be careful using drops that say, "Get the spend time outdoors working in our fields, gardens and tending red out" as sometimes this can cause a rebound effect where

Shown are departure times, unless otherwise noted.

Horario demuestra tiempos de salida a no ser que se indique lo contrario.

to our animals as well as other fun outdoor activities such as camping, hiking, sports and recreational activities. During this time, it is important to remember our eye health, in the heat of the summer; it is especially important to wear UV protection, the sun emits UV rays that can be damaging to our eyes over our lifetimes. The more we protect our eyes with sunglasses, the better eye health we will have.

#### It is more common for our eyes to get itchy and drier during this time.

If your eyes are feeling dry, there are many types of eye drops you can use. As an optometrist, I always recommend using "Artificial Tears" or "Lubricant Eye drops". You can use these types of eye drops 4 times per day to help your eyes feel more comfortable. If you feel the need to use these eye drops more than 4 times you will need to look for preservative-free eye drops that come in small vials instead of the typical bottle.

If your eyes are feeling itchy, I recommend the following over the counter eye drops: Ketotifen, Zaditor, Alaway, or Opcon-A. These drops usually work the best, but feel free to try Visine or

your eyes get even more red when you stop using them.

Following these tips can help you to fully enjoy your summer this year while also promoting healthy eyes and comfortable vision.

### "July is UV Safety Awareness Month"

### Have a Healthy and Happy UV Safety Awareness Month **Remember to WEAR YOUR SUNGLASSES!**



# Saturday Schedule HORARIO DEL SÁBADO

TRAIN STATIONS	#702	#704	#706	#708	#710
Belen	7:24A	12:30P	5:40P	7:43P	10:35P
Los Lunas	7:34A	12:40P	5:50P	7:53P	10:45P
Isieta Pueblo	7:45A	12:51P	6:01P	8:04P	10:56P
Bernalillo County	7:53A	12:59P	6:09P	8:12P	11:03P
Downtown ABQ	8:04A	1:14P	6:20P	8:23P	11:11P
Montailo	8:13A	1:23P	6:29P	8:32P	-
Los Ranchos / JC	8:19A	1:29P	6:35P	8:38P	-
Sandia Pueblo	8:24A	1:34P	6:40P	8:43P	-
owntown Bernalillo	8:32A	1:42P	6:48P	8:51P	-
Sandoval / US 550	8:36A	1:46P	6:52P	8:55P	-
Kewa	8:54A	2:04P	7:10P	9:13P	-
SF County / NM 599	9:15A	2:25P	7:31P	9:34P	-
Zia Road	9:26A	2:36P	7:42P	9:45P	-
South Capitol	9:34A	2:44P	7:50P	9:53P	-
Santa Fe Depot	9:39A	2:49P	7:55P	9:58P	-

ESTACIONES DE TREN	aouun	bound aa	ituruay /	salaaaa	umba su	
TRAIN STATIONS	#701	#703	#705	#707	#709	#711
Santa Fe Depat	-	10:00A	3:05P	-	8:10P	10:14P
South Capitol	-	10:05A	3:10P	-	8:15P	10:19P
Zia Road	-	10:13A	3:18P	-	8:23P	10:27P
SF County / NM 599	-	10:22A	3:27P	-	8:32P	10:36P
Kewa	-	10:40A	3:45P	2	8:50P	10:54P
Sandoval / US 550	-	10:58A	4:03P	-	9:08P	11:13P
Downtown Bernalillo	-	11:01A	4:06P	-	9:11P	11:16P
Sandia Pueblo	-	11:10A	4:15P	-	9:20P	11:25P
Los Ranchos / JC	-	11:15A	4:20P	-	9:25P	11:30P
Montaño		11:21A	4:26P	-	9:31P	11:36P
Downtown ABQ	6:30A	11:31A	4:39P	6:51P	9:41P	11:45P
Bernalillo County	6:40A	11:41A	4:50P	7:01P	9:51P	-
Isleta Pueblo	6:48A	11:49A	4:58P	7:09P	9:59P	-
Los Lunas	6:59A	12:00P	5:09P	7:20P	10:10P	-
Belen	7:09A	12:10P	5:19P	7:30P	10:20P	-

Schedule Effective May 7th, 2021

Harario efectivo a partir del 7 de mayo del 2021

# Sunday Schedule HORARIO DEL DOMINGO

TRAIN STATIONS	₩702	#704	#706
Belen	7:24A	12:30P	5:40P
Los Lunas	7:34A	12:40P	5:50P
Isleta Pueblo	7:45A	12:51P	6:01P
Bernalillo County	7:53A	12:59P	6:09P
Downtown ABD	8:04A	1:14P	6:20P
Montaño	8:13A	1:23P	6:29P
Los Ranchos / JC	8:19A	1:29P	6:35P
Sandia Pueblo	8:24A	1:34P	6:40P
owntown Bernalillo	8:32A	1:42P	6:48P
Sandoval / US 550	8:36A	1:46P	6:52P
Kewa	8:54A	2:04P	7:10P
SF County / NM 599	9:15A	2:25P	7:31P
Zia Road	9:26A	2:36P	7:42P
South Capitol	9:34A	2:44P	7:50P
Santa Fe Depot	9:39A	2:49P	7:55P

TRAIN STATIONS	#701	#703	#705	#707
Santa Fe Depot	-	10:00A	3:05P	8:10P
South Capitol	-	10:05A	3:10P	8:15P
Zia Road	-	10:13A	3:18P	8:23P
SF County / NM 599	-	10:22A	3:27P	8:32P
Kewa	-	10:40A	3:45P	8:50P
Sandoval / US 550	-	10:58A	4:03P	9:08P
owntown Bernalillo	-	11:01A	4:06P	9:11P
Sandia Pueblo	-	11:10A	4:15P	9:20P
Los Ranchos / JC		11:15A	4:20P	9:25P
Montaño	-	11:21A	4:26P	9:31P
Downtown ABQ	6:30A	11:31A	4:39P	9:41P
Bernalillo County	6:40A	11:41A	4:50P	-
Isleta Pueblo	6:48A	11:49A	4:58P	-
Los Lunas	6:59A	12:00P	5:09P	-
Belon	7:09A	12:10P	5:19P	-

# >>> Free Bus Connections

Present your valid mobile or printed New Mexico Rail Runner Express ticket and ride most buses for free. If you're riding the train free and are planning on making a connection, ask a Ticket Agent for a bus transfer slip.



# Anxiety

Worry, fear, and apprehension are an everyday part of life. In fact, anxiety in certain situations is useful as it makes us more aware and careful of our surroundings so that potential danger can be avoided. Who has not been anxious or worried when faced with the unknown such as a job interview, walking down a dark alley, going to the dentist, or maybe even being pulled over by the police for speeding? Then when the situation or incident is over, the anxiety or fear generally goes away. However, for some people, the anxiety does not go away and sometimes gets worse over time. Some people get chest pains, have nightmares, or may even be afraid to leave home.

- Muscle tension and/or excessive sweating

People with excessive anxiety tend to worry too much about a number of things such as personal health, work, social interactions, and everyday routine life circumstances. Some of the symptoms for excessive anxiety include:

- Feeling restless, wound-up, or on-edge
- Fatigue •
- Concentration problems; mind going blank
- Irritable or cranky much of the time

- Constant worry about the future or regrets about the past
- Difficulty falling or staying asleep •

Some people with severe anxiety experience panic attacks and have these symptoms, too:

- Heart palpitations, a pounding heartbeat, • or a faster than usual heart rate
- Excessive sweating
- Trembling or shaking
- Sensations of shortness of breath, smothering, or choking
- Feelings of impending doom
- Feelings of being out of control

When anxiety persists, call us - we are here to serve.

Isleta Health Center Behavioral Health: 505-869-5475

# POI VETERANS ASSOCIATION

Hello to all! We have not had a meeting since March of 2020, however, our first meeting of the year was held on June 17, 2021 at 6pm at the Veterans Center in Los Charcos. Hopefully, the pandemic will continue to settle down.

One of the frequent questions asked is what the difference is between Memorial Day and Veterans Day. Memorial Day is celebrated the last day in May and is the holiday set aside to pay tribute to those who died serving in the military. Veterans Day falls on November 11 and is designated as a day to honor all who have served in the military. As of this date, we have 283 deceased and 265 veterans surviving. Our records indicate the following were Killed in Action (K.I.A.) while serving in the military:

- Jose Chewiwi, Army, WWII, KIA Europe
- Robert David, Army, KIA Vietnam
- Jose Raphel Lucero, USMC, WWI, KIA Saipan
- Jose B. Valdez, Army, WWII, KIA

On Memorial Day, we hosted a funeral detail • and presented flags to the families of the following veterans below who passed away during the pandemic: •

- John Keryte
- Robert Frank Jojola
- Michael Anzara
- Carlos Zuni

We will provide interment flags to the remaining families at a later date. Also, on Memorial Day, we replaced stick flags at the cemetery by the headstones of all veterans who passed away. This is a yearly event.

June 12, 2021 was Women Veteran's Day. We proudly commemorate all 29 tribal members who have served and some still serving in the military to defend our country. They are as follows:

- Bernice Abeita, Army
- Jessica Abeita, Air Force
- Cassandra Baca, Air Force
- Elizabeth Blanchard, Navy
- Shirley Blanchard, Navy
- Carleen Cherino, Navy

Sharon Lucero English, Marine Corps

July 2021

- Paulette Valdez Friend, Army
- Julia Grosenbach, Navy
- Miquela F. Hista, Army
- Catherine Renee Jojola, Coast Guard
- Christina Jojola, Army
- Jennifer Marie Jojola, Coast Guard
- Jessica Besa Jojola, Army
- Magelita Jojola, Army
- Sonya R. Juancho, Army
- Delores Abeita Kline, Marine Corps
- Karen Lujan, Navy
- April Padilla, Army
- Mary Conception Padilla, Army
- Joanna Evelyn Sarracino, Army
- Maria Felicita Schroeder, Navy
- Cecelia Anaya Smith, Air Force
- Lisa Abeita Smith, Navy
- Verna Tabet, Navy
- Cherydine M. Valencia, Coast Guard
- Kimberly Yaska, Navy
- Elaine Zuni, Army
- Theresa Zuni, Army

If we have missed someone, please let us know.

We currently have 3 projects ongoing. We are remodeling the modular building the pueblo gave us. We are hoping the contractor will complete the project in about 3 weeks. We plan to utilize the building as a conference room on a rental basis. As soon as this project is completed, we will start the maintenance/storage facility to house the newly purchased tractor along with farming implements. The building will be 40 ft. by 60 ft. Both projects are being built with funding from the State of New Mexico. The third project is a

USDA grant to realign the irrigation system and to vegetate the 4 acres of farm land.

We usually host a symposium on Veterans Day, November 11th, but again this year, we will have to postpone until next year.

# FLAG ETIQUETTE: Honoring the Flag Code

On June 22, 1942, Congress passed a joint resolution, later amended on December 22, 1942 that encompassed what has come to be known as the U.S. Flag Code.

• Members of the armed services and veterans are asked to stand attention and salute when their flag is passing in a parade or being hoisted or lowered, civilians should place their right hand over their heart.

• The flag should not be displayed on days when the weather is inclement.

• The flag should never touch anything beneath it, such as the ground, the floor, water, or merchandise.

• On a platform, the flag should be above and behind the speaker, with the union uppermost and to the observer's left.

• When displayed from a staff in a church or auditorium, the flag should occupy the position of honor and be placed at the speaker's right as he or she faces the audience.



- o **Memorial Day,** (half-staff until noon), the last Monday in May
- o Flag Day, June 14
- o Father's Day, third Sunday in June
- o Independence Day, July 4
- o Labor Day, first Monday in September
- o Constitution Day, September 17
- o **Columbus Day**, second Monday in October
- o Navy Day, October 27
- o Veterans Day, November 11
- o Thanksgiving Day, fourth Thursday



• When flown at half-staff, the flag should be first hoisted to the peak for an instant, and then lowered to half-staff. It should again be raised to the peak before it is lowered for the day. Half-staff is one half the distance between the top and bottom of the staff.

• In the United States, no other flag should be placed above the American Flag.

- The American Flag should be at the center and the highest point when displayed with a group of state flags.
- The flag is a symbol of respect, honor, and patriotism. It may be displayed on any day of the year. The custom is to display the flag only from sunrise to sunset, but it may be displayed at night- if illuminated.

• On Flag Day, June 14, to retire old or worn flags, you may contact the POI Veteran's Association to retire your flag.

• The flag should be displayed on all days, especially on:

- o New Year's Day, January 1
- o **Inauguration Day**, January 20
- o **Martin Luther King Jr.'s Birthday**, third Monday in January
- o Lincoln's Birthday, February 12
- o **President's Day,** third Monday in February
- o Easter Sunday, variable
- o **Mother's Day**, second Sunday in May
- o **Armed Forces Day,** third Saturday in May

in November

o Christmas Day, December 25

o And such other days as may be proclaimed by the President of the United States and on state holidays.

These are just a few standards of respect. There are many more.

We would like to recruit some more veterans to join our Pueblo of Isleta Veteran's Association, especially to take part in our color guard functions. For more information, please contact Commander Fred R. Lujan at 505-573-3733 or Vice Commander Mike Lucero at 505-288-8421.

#### Thank you!

We hope you all have a safe and happy 4th of July!

#### Breastfeeding takes a community!

What can we do to promote, support and protect

#### breastfeeding?

- 1. Ensure that healthcare systems and workers provide unbiased, consistent breastfeeding information and support for the first 1000 days
- 2. Improve and enforce parental social protection policies that support optimal breastfeeding
- 3. Ensure that all workplaces protect and support working parents to achieve their breastfeeding goals
- 4. Galvanize action to increase access to breastfeeding access and support

**Partners/Family**-educate ourselves and each other about breastfeeding and how important support at every level is to breastfeeding success

**Community**-disseminate breastfeeding information to the wider community and get involved in local government. Studies show that when parents are supported there is an increase in breastfeeding rates. Support includes adequate family leave for both parents, access to social safety nets and flexible workplace policies.

Workplace/Government-talk to your HR department at your workplace about the policies that support breastfeeding. Even if you aren't pregnant or breastfeeding, let your workplace know that these policies are important and supported by the community. If you are in a management position consider how your organization supports families and how it can improve.

For more info visit WABA-Global-Day-of-Parents-2021-Statement.pdf

Pueblo of Isleta WIC Nutrition Program 505.869.2662



#### World Breastfeeding Week Celebration

Due to the ongoing Covid-19 pandemic we will be celebrating this year by honoring our breastfeeding families at WIC appointments and checking in with the community to ensure further support of local breastfeeding friendly policies and practices. While we are not able to have our annual event look for breastfeeding supportive messages and information on our web page, in and outside the WIC office and throughout the community.

#### Happy World

Breastfeeding Week 2021!

July 2021

YOUR 3 MONTH CHALLENGE ESSAY'S & POEM

#### Challenge 1 May 2021 Essay topic: What does fitness mean to you? Poem Topic: Childhood Vs. Today Due to the Elder Center No Later Than: May 24, 2021

#### Challenge 2 June 2021

Essay topic: Nutrition while cooking with traditional foods. Poem Topic: Fond Memories of your Childhood Days Due to the Elder Center No Later Than: June 24, 2021

#### Challenge 3 July 2021

Essay Topic: How you spent your summer as a child Poem Topic: Celebrating Feast Days Due to the Elder Center No Later Than: July 23, 2021

# NM Poison Control

During the Pandemic, we should be cleaning and disinfecting more often. It is important that you do not inject or ingest these chemicals into your body. Please remember to keep ALL chemicals out of children's reach. If any cleaning or disinfectant solution is swallowed or injected, please contact the NM Poison Control immediately.

1-800-222-1222





The Transfer Station will be closed Sunday July 4<sup>th</sup> & Monday July 5<sup>th</sup> for Fourth of July. Monday & Tuesdays trash will both be collected on Tuesday July 6<sup>th</sup>.

Saturday & Sunday 7am – 3:00pm 2 vehicle max limit allowed at one time. Mask are required at all times. May close early due to high winds. Last big load accepted 15 minutes before closing time. KEEP ISLETA BEAUTIFUL! 869-4106



KEEP ISLETA BEAUTIFUL! 869-4106

## Know Your Numbers, You Are Important, You Are Worth It CHOLESTEROL

Stephanie Barela, Health Educator

Phone: 505-869-4479

"Know Your Numbers, You're Worth It" Positive Promotions Booklet 4/19; www.heart.

High Cholesterol is one major controllable risk factor for Coronary Heart Disease, Heart Attack and Stroke. If you have other risk factors, such as smoking, high blood pressure or diabetes, your risk increases even more.

The Isleta Health Center wants to remind you that we care about you, your family and the health of the community. We will be focusing the next few months on a new campaign called "Know Your Numbers Health Campaign" that is geared towards educating the community on what risk factors you need to control to improve your health. Important key markers of health are cholesterol, blood pressure, blood sugar, body mass index (BMI), hormones and waste circumference. Knowing your numbers and understanding what they mean can greatly improve your health and reduce the risk of disease. There are resources made available to help you understand what these numbers mean and how to stay healthy. You can come by the Isleta Health Center to pick up a "Know your Numbers" booklet, read articles placed in the monthly newsletter, and watch for educational signage posted throughout the community.

One key health marker is cholesterol, a waxy substance that comes from two sources, which is your liver and foods such as meat, poultry and dairy products. Your body needs cholesterol to build cells, make vitamins and other hormones, as well as, help circulate the blood, so some cholesterol is good, but too much can be a problem. Foods that are high in Saturated and Trans Fats can cause your liver to produce more cholesterol than normal, which then may cause a healthy cholesterol level to become one that is unhealthy. When the amount of cholesterol in your blood increases, so does the risk to your health, high cholesterol can cause a higher risk of cardiovascular disease, such as heart disease and stroke. That is why is it important to have your cholesterol tested, so you know your cholesterol levels.

There are two types of cholesterol, LDL cholesterol, which is bad, and HDL, which is good, a simple way to remember this is:

- LDL Looser (low-density lipoprotein)
- HDL-Happy(High-densitylipoprotein)

Too much LDL and not enough HDL can lead to a slow buildup of cholesterol in the arteries that feed the heart and brain. This buildup can form a thick, hard deposit on the inside of the arteries, which causes them to narrow and become less flexible, known as atherosclerosis. This makes it harder for blood to get to the heart and other parts of your body; it can also increase the chance of a blood clot, which can block one of these narrowed arteries that can lead to a heart attack or a stroke. **Triglycerides** (*Type of fat (lipid*) found in your blood) Less than 150mg/dL Normal 150-199 mg/dL Borderline High 200-499 mg/dL High 500mg/dL and over Very High

**Total Blood Cholesterol:** Less than 200 mg/dL Desireable 200-239 mg/dL Borderline High 240 mg/dL and over High Blood Cholesterol

It is important to:

- **Check** your cholesterol levels. It's key to know your numbers and assess your risk.
- **Change** your diet and lifestyle to help improve your levels.
- **Control** your cholesterol, with help from your doctor if needed.

According to the Know Your Numbers Booklet, the recommended Screening Schedule for those 20yrs and older is every 4-6 years or more frequently as directed by your healthcare professional or if you're at increased risk for heart disease and stroke.

Call the Isleta Health Center (869-3200) today to see if you are due for a cholesterol check.

### Isleta Health Center Program Postponements

The Isleta Health Center (IHC) is doing our part to encourage social distancing, by continuing to postpone the following programs until further notice:

# The IHC Programs below are postponed:

- ICAP Sewing Class on Thursday evenings
- ICAP Moccasin Making Class on Tuesday evenings
- Isleta Diabetes Prevention Exercise Classes (Eagle HIIT) held Mondays and Wednesdays
- Isleta Diabetes Weight Training held Tuesdays and Thursdays (Wellness Center available by appointments only)





- 2. How addicted am I to nicotine?
- 3. Using over-the-counter (OTC) Nicotine Replacement Therapy (NRT)
- 4. Free NRT & assistance @ Quit Line 1-800 QuitNow or enroll at
- QuitNowNM.com 5. Pros and Cons of Quitting Smoking... Identifying Barriers and Motivators

LDL (Bad) Cholesterol: Lower than 100mg/dL - BEST 100-129 mg/dL - Near or above optimal 130-159mg/dL - Borderline High 160-189 mg/dL - HIGH

HDL (Good) Cholesterol: Less than 40mg/dL increases a man's risk for heart disease Less than 50mg/dL increases a woman's risk for heart disease

- 6. Closing Backdoors
- 7. Introduction to The Guide to Help you Quit Smoking
- 8. Preview of Pack Tracks using them to cut back before Quit Day
- 9. Preparing a Quit Kit tool for surviving the first two weeks after quitting
- 10. Using a Calendar to reward yourself (optional)
- 11. Dealing with Losing your Best Friend the Cigarette
- 12. How to support your friend or family member who is Thinking About Quitting
- 13. Other tools to help you quit: Freedom From Smoking® Online at www.ffsonline.org

Call Stephanie, Health Educator @ 869-4479 to Sign Up Isleta Health Center

Sessions are now available in person or over the phone

Healt	<i>2021</i> Meeting Schedule <b>Isleta Health Support Group</b> Isleta Health Center (Day time sessions, receive Temperature Check from Under Tent, Before entering to the Front Doors and let registration desk know you are here for the Group. Nighttime sessions, receive Temperature Check Before entering the Isleta Health Training Center) 10:30am-noon or 5:00pm-6:30pm (Alternating Months) *Meetings usually change every other time from 10:30am-12:00pm to 5pm-6:30pm at the Isleta Health Center											
DATE	TOPIC	*See all dates/times in schedule below. SPEAKER	LOCATION									
7/6/2021 1 <sup>st</sup> Tuesday of the Month 5pm-6:30pm	<b>EVENING SESSION</b> Grief Presentation	Lisa Cherino	Presented at Isleta Health Center Training Center Or On-line at home									
8/10/2021 10:30am – Noon	Meditation/Depression Lisa Cherino		Presented at Isleta Health Center Training Center Or On-line at home									
9/14/2021 5pm – 6:30pm	<b>EVENING SESSION</b> End of life issues/Hospice	Cindy Brown Home Instead	Presented at Isleta Health Center Training Center Or On-line at home									
10/12/2021 10:30am-12	Basic Diabetes Education	Andrea Wilson Fitness Instructor Isleta Diabetes Prevention Program	Presented at Isleta Health Center Training Center Or On-line at home									
11/9/2021 5pm-6:30	Risk from Potential/Actual Releases of Pollutants into the Environment	Risk from Potential/ActualReleases of Pollutants intoIsleta Environmental Department										
12/14/21 10:30-noon	Kidney Disease	Cindy Brown Home Instead	Isleta Health Center To Be Determined									
Topics & Location & Subject t Change EVERYON WELCOM	<i>vre</i> <i>o</i> Due to Limited Spa <i>NE</i> SEATS MUST B	e Barela to sign up and learn more! KS REQUIRED! ace in order to Social Distance, SE RESERVED AHEAD OF ease Call in Advance.	Phone: 869-4479   Email: <u>sbarela@islclinic.net</u> OR attend On-line/over phone https://puebloofisleta.my.webex .com/join/mis Join by Phone at 415-655-0001 Access Code 126 401 5131									

**Well Child Visits** 

#### A Key to Healthy Kids

Naturally, we bring our kids to the clinic when they're sick. Did you know it's important to bring them in when they are well, too?

Well child visits help:

PREVENT PROBLEMS

The clinic team will:

- Find health problems early
- Make sure shots are current
- ✤ Review healthy eating
- Check on the child's safety

TRACK GROWTH AND DEVELOPMENT The doctor will measure:



"Well child visits help give your child the

ow, more than ever, it's important to ke up with your children's vaccinations!

**Your 3 Month Fitness Challenge** The Next Challenge Begins in May 2021 Through July 2021 ESSAY'S & POEM Essay to be 2 paragraphs long or more for each topic. Poem: As you know many feelings go into a poem make it yours. Can be as long as you like. Send in your Essay & Poem: POI Elder Center P.O Box 1270 Isleta, NM 87022 

- Height and weight
- How your child learns and grows
- Milestones
- Mental and social health

#### BRING UP CONCERNS

You can talk to your doctor about your child's:

- Behavior
- Sleep
- Eating
- \* Growth
- Ability to get along with others
- Learning, thinking and problem solving
- Physical activity

#### **CREATE A TEAM APPROACH**

You and the clinic team can:

- Build trust in each other
- Help when well and help when sick
- Work together for your child and family needs
- Find other resources to help your child

Source: www.healthychildren.org

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#### WHEN SHOULD I BRING MY CHILD FOR A WELL VISIT?

#### BIRTH TO 15 MONTHS OLD

 $2{-}5$  DAYS OLD  $\,$  1 mo.  $\,$  2 mo.  $\,$  4 mo. 6 mo. 9 mo. 12 mo. 15mo. 18 MONTHS to 3 YEARS OLD

3 to 6 YEARS OLD

3 yr. 4 yr. 5 yr. 6 yr. 8 yr.

#### PRETEEN AND TEEN

9—12 yr. 13—16 yr. 17—20 yr.

**\*\*CONTINUE YEARLY WELL VISITS INTO ADULTHOOD\*\*** 



We are Here to Serve Isleta Health Center Team (505) 869-3200

You may also drop off at the POI Elder Center Hours: 8:00 a.m call ahead of time so someone can meet you when you drop it off.

Attn: Kimberly Chiwewe

4:30 p.m. Please

Please include your name & phone number on your essay & poem. Let's have some fun make this enjoyable. Topics for each month are on the back side of this page. Also the due dates are mentioned.

#### PRIZES HAVE BEEN PURCHASED

As you all know the first fitness challenge was a walk/run challenge the 3 top people that did the most miles received Stationary bikes.

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JU	JULY 2021 ISLETA HEALTH CENTER Questions? Call 869-3200											
SAT/SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY							
869-4595	Health Services : Monda F	Vellness Summer Program July 1st - July 23rd y - Thursday - 9:30am - 2:30pm riday - 9:30am 12:00pm nore information please call: 869-5475	ISLETA HEALTH SUPPORT GROUP Grief Presentation Tuesday, July 6, 2021 Isleta Health Training Center RSVP by July 6th Contact Stephanie Barela 869-4479 sbarela@islclinic.net	1 <i>CLINIC OPENS AT 9:50am</i> Podiatry Clinic - 8:00 - 4:30	2 July is UV Safety Month							
3/4 Happy 4thin of July	<sup>5</sup> Clinic Closed In observance of Independence Day Isleta Health Center will be closed Monday July, 5th 2021	6 The Ripple Effect : 9:00 - 12:00pm For more information please call: 869-5475 Afterschool Peacemaking Collaborative Program: 3:30-5pm For more information please call: 869-5475	7 The Ripple Effect : 9:00 - 12:00pm For more information please call: 869-5475 Wellbriety Group: 11:00 -12:00pm For more Information please call: 869-5475 Afterschool Peacemaking Collaborative Program: 3:30-5pm For more information please call: 869-5475	8 <i>CLINIC OPENS AT 9:50am</i> Podiatry Clinic - 8:00 - 4:30	9							
10/11	12 Podiatry Clinic - 8:00 - 12:00 The Ripple Effect : 9:00 - 12:00pm For more information please call: 869-5475	13 The Ripple Effect : 9:00 - 12:00pm For more information please call: 869-5475 Afterschool Peacemaking Collaborative Program: 3:30-5pm For more information please call: 869-5475	14 The Ripple Effect : 9:00 - 12:00pm . For more information please call: 869-5475 Wellbriety Group: 11:00 -12:00pm > For more Information please call: 869-5475 Afterschool Peacemaking Collaborative Program: 3:30-5pm For more information please call: 869-5475	<b>15</b> <i>CLINIC OPENS AT 9:50am</i> <b>Podiatry Clinic</b> - 8:00 - 4:30	16							
17/18	<b>19</b> <b>Podiatry Clinic</b> - 8:00 - 12:00 <b>The Ripple Effect</b> : 9:00 - 12:00pm For more information please call: 869-5475	20 The Ripple Effect : 9:00 - 12:00pm For more information please call: 869-5475 Afterschool Peacemaking Collaborative Program: 3:30-5pm For more information please call: 869-5475	21 The Ripple Effect : 9:00 - 12:00pm For more information please call: 869- 5475 Wellbriety Group: 11:00 -12:00pm For Information please call: 869-5475 Afterschool Peacemaking Collaborative Program: 3:30-5pm For more information please call: 869-5475	<b>22</b> <i>CLINIC OPENS AT 9:50am</i> <b>Podiatry Clinic</b> - 8:00 - 4:30	23							
24/25	26 Podiatry Clinic - 8:00 - 12:00 The Ripple Effect : 9:00 - 12:00pm For more information please call: 869-5475	27 The Ripple Effect : 9:00 - 12:00pm For more information please call: 869-5475 Afterschool Peacemaking Collaborative Program: 3:30-5pm For more information please call: 869-5475	28 The Ripple Effect : 9:00 - 12:00pm For more information please call: 869- 5475 Wellbriety Group: 11:00 - 12:00pm For Information please call: 869-5475 Afterschool Peacemaking Collaborative Program: 3:30-5pm For more information please call: 869-5475	<b>29</b> <i>CLINIC OPENS AT 9:50am</i> <b>Podiatry Clinic</b> - 8:00 - 4:30	30							



WELCO



Isleta Health Training Isleta Behavioral Health Center ALL WELCOME. Temperature checks will be done at the Training Center https://puebloofisleta.my.webex.com/join/mis but must pre-register! Join by Phone at 415-655-0001 Access Code 126 401 5131 Must pre-register to attend in person or to receive online access. Please RSVP by July 6th. Contact **Stephanie Barela** "TIM" 869-4479 MASKS REQUIRED sbarela@islclinic.net

Appointment (505) 869-3200

Telephone Visits are still available in many situations.