

Volume 16 Issue 6

Pueblo of Isleta website: www.isletapueblo.com

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June 2021

#### **Governor's Report**

Ma-gu-wam.

Hello to everyone and hope this newsletter finds everyone in good health. We would like to take the time to Congratulate all the students from Head Start to college for their accomplishment in completing their schooling. The past year has been tough for our students with having to attend school from home. Certainly sitting in front of the computer listening to instruction was a difficult task to stay focused. All your hard work and dedication is important to success. Once again, congratulations to all the 2021 Graduates! Keep up the good work and may you continue to be successful as you move forward.

As summer quickly approaches we want to remind our residents to drive the posted speed limits in the Village proper and other dirt roads within the community. Our road department wet the roads down to limit dust. With the warmer days the roads will dry up quicker after water has been applied. Please let us all do what we can to reduce dust. Administration has also removed some of the barriers to some roads to allow for farmers to safely move equipment from one location to another. Please keep in mind that although roads are open they are still limited to Tribal Residents only.

We would like to thank all of you for continuing safe practices procedure as we venture through this COVID pandemic. As you may be aware, the Centers for Disease Control (CDC) has lifted the mask wearing mandate and the State of New Mexico is following suit along with other restrictions being lifted. However, I want to remind you we have our own Public Health Order for the Pueblo of Isleta. The COVID Command Team has taken a lot of consideration on changes to the Public Health Order. We understand that graduations, birthdays, First Communions are coming up and want to be celebrated. Knowing that our community has had positive cases of less than ten per week for the past 2 months we feel that our Public Health Order can be changed as long as we continue safe practices with wearing masks, social/ physical distancing, and good hand hygiene. We will continue to follow our safe practices as stated in the Public Health Order. The new Public Health Order Dated May 19,

Many tribal members have called to inquire about renting facilities within the pueblo such as the Old Court House and Chical Hall. Unfortunately, we will not be renting out any pueblo facilities at this time. We will however, begin renting chairs and tables. Please contact the Recreation Center to reserve.

We want to inform the Community we will be having a Community meeting on June 19, 2021, from 9:00 a.m. to 12:00 p.m. at the Isleta Resort and Casino Ball Room. COVID Safe practice will be in place and followed. Please contact the Governor's office if you have any questions. Tribal Administration will prepare a presentation and provide an agenda for the upcoming meeting. Tribal Council has requested any question you may have for the meeting to be forwarded to the Tribal Council office via mail at P.O. Box 1270, Isleta, NM 87022 C/O Tribal Council. The questions can also be submitted via email to Rochelle. Mariano@isletapueblo.com or sara.zuni@ isletapueblo.com

After many years of service to our community we want to announce that the Isleta Volunteer Fire Department was officially established as a department within the Pueblo of Isleta on May 11, 2021. This is a big accomplishment for the fire department. With this official establishment, it will allow the department to move forward with seeking funding through different avenues such as grants. Congratulations to the Volunteers who keep our community safe. Thank you Fire Chief Lester Gary for your commitment and time to help complete this task.

Just a reminder that the East Mountains are still closed due to the dry weather conditions and high fire danger. Please continue to be safe with agriculture related fires and adhere to burn/no burn days.

Also, the Church will remain closed until further notice as the source of elevated radon inside the Church and mitigation measures are still being investigated. The Environment Department is working with the Tribal Air Monitoring Support Center from the Institute for Tribal Environmental Professionals on this investigation. If you have any questions regarding this issue you may contact the Environment Department at 505-869-9814.

Lastly, the Solid Waste Transfer Station will be open on Sundays starting June 6, 2021. Please continue to follow the Transfer Station's policies and procedures in the safe disposal of all materials including hazardous waste. For questions, please contact the Transfer Station at 505-869-4106.

We pray that the Great Spirit keeps you all safe and bless you all with a long and healthy life.

Haw-wuh, Vernon B. Abeita, Governor



2021 will provide you guidance in what restrictions are still in place and what is allowable within the public. If you have any questions, please feel free to contact the Governor's office at 505-869-3111 or the COVID line at 505-869-9720.

The Food and Drug Administration (FDA) has approved the Pfizer vaccinations to be administered for children 12 to 15 years of age. The Isleta Heath Center COVID team has started vaccinating children with the Pfizer vaccine. Reminder that the Pfizer is a 2 dose series. The second dose will be administered 28 days after the initial dose. The COVID team will schedule the second booster. Please register your children for their vaccine. Reminder if you have not received a vaccine and would like to get one call the COVID line at 505-869-9720 to schedule an appointment. adopted by Tribal Council Resolution No. 2020-016B on November 25, 2020, I hereby order that:

- A. All persons 2 years of age and older are required to wear a mask while in public, except when eating or drinking, exercising outdoors, or with members of the same household.
- B. Indoor mass gatherings of greater than 10 individuals are strictly prohibited.
- C. Outdoor mass gatherings of up to 30 individuals will be allowed with the following conditions:
  - Any outdoor activity of greater than 10 individuals will require a COVID-19 Safety Plan approved by the COVID-19 Mitigation Team before any activity is advertised and/or carried out at the Pueblo of Isleta.
  - Adherence to the COVID-19 Safety plan will allow continuation of activity during times of low transmission (less than 10 cases per 2-week period) of COVID-19 in the community.
  - With an approved COVID-19 Safety Plan, outdoor gatherings of no more than 30 individuals can social distance at a length of three (3) feet.
- D. Access is restricted to all non-residents, with the exception of tribal members of the Pueblo of Isleta.
  - All non-tribal members of the Pueblo of Isleta who do not lawfully reside within the exterior boundaries of the Pueblo of Isleta reservation will be denied access within the exterior boundaries of the Pueblo of Isleta reservation including the Isleta Pueblo Housing Districts, the Main Village area, and other housing areas within the Pueblo of Isleta.
- E. Access into the Pueblo of Isleta for essential services and services deemed necessary for day-to-day Pueblo of Isleta operations is permitted.
- F. A curfew is imposed for all persons lawfully residing within the exterior boundaries of the Pueblo of Isleta reservation between 9PM and 6AM.
  - Anyone who must travel due to work, essential service, or emergency situations during the curfew hours is exempt from this curfew order.

(Continued Next Page)

#### ISLETA, NM 87022

- G. The sale of prepared food, including but not limited to Indian Oven Bread or traditional food products, arts and crafts, agricultural and/or yard sales within the exterior boundaries of the Pueblo of Isleta is permitted. Vendors must abide by COVID-19 Safe Practices for all sales.
- H. Any person who travels outside of the state of New Mexico or is coming from outside the United States is not required, but recommended, to quarantine.
  - Travelers arriving into the Pueblo of Isleta should be tested for COVID-19 as soon as 3-5 days from return or arrival to determine status of COVID-19.
- I. Vaccinated persons with an exposure to someone with suspected or confirmed COVID-19 are not required to quarantine if all the following criteria are met:
  - Are fully vaccinated (i.e. ≥ 2 weeks following receipt of the second dose in a 2-dose series, or ≥ 2 weeks following receipt of one dose of a single-dose vaccine).
     Have remained asymptomatic since the current COVID-19 exposure.
- J. All persons who are not fully vaccinated with the COVID-19 vaccine will be ordered to quarantine after exposure to someone with suspected or confirmed COVID-19.
- K. Fully vaccinated persons who do not quarantine should still watch for symptoms of COVID-19 for 14 days following an exposure.
- L. All persons who test positive for COVID-19 are to voluntarily isolate and cooperate with contact tracing and investigation efforts to quarantine close contacts.

**NOTICE IS FURTHER GIVEN** that, pursuant to Section 40.10.1 of Title 40, Communicable Disease Code, all tribal law enforcement officers are hereby ordered to actively enforce all provisions of this Public Health Emergency Order.

**NOTICE IS FURTHER GIVEN** that all persons within the external boundaries of the Pueblo of Isleta must abide by the following additional preventive measures:

- 1. All persons should perform frequent hand washing with soap and water for at least 20 seconds, or frequently use a hand sanitizer that contains at least 60% alcohol.
- 2. All persons should maintain social and physical distancing, keeping at least 6 feet away from others when out of the home.
- 3. All persons should avoid touching their face, nose, eyes or mouth.
- 4. All persons who are experiencing symptoms of COVID-19 should get a COVID-19 test as soon as possible.
- 5. All persons eligible to receive the COVID-19 vaccine should receive the COVID-19 vaccine as soon as possible.

#### **Definitions:**

- 1. Mask: A facial covering designed to filter breathing through both the nose and mouth and thereby contain or limit respiratory droplets. A mask must snugly cover the face around both the nose and mouth, have 2 or more layers of washable, breathable fabric, completely cover your nose and mouth, and have a nose wire to prevent air from leaking out the of the mask. For more information:
- https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/about-face-coverings.html 2. Public: Any area outside of an individual's residence wherein one could come in close contact with
- someone not from the individual's household.
- 3. Mass gathering: Any public gathering, private gathering, organized event, or other grouping that brings together (ten) 10 or more individuals in a single room or connected space, personal residence, confined outdoor space. Businesses, workplaces, houses of worship, and places of lodging do not qualify as mass gatherings, but must adhere to all applicable Pueblo of Isleta policies, Public Health Orders and Executive Orders. "Mass gathering" does not include individuals who are public officials or public employees in the course and scope of their employment.
- 4. Essential services: services such as home health care, delivery trucks, emergency home repair services, public utilities, and Pueblo of Isleta operations.
- 5. Quarantine: used to keep someone who might be exposed to COVID-19 away from others. People who have had COVID-19 within the past 3 months or who are fully vaccinated are excluded from quarantining as long as no new symptoms develop. Quarantine period is endorsed by CDC to be 14-days, but can be shortened to 10 days without testing if there are no symptoms or after 7 days after receiving a negative test result (test must occur day 5 or later). Quarantine periods will be decided by the Tribal Health Officer or designee based on local transmission levels and needs.
- 5. Close Contact: an individual who is within 6 feet of someone who has COVID-19 for a total of 15 minutes or more, individual who provides care at home to someone who is sick with COVID-19, or individual who has had direct physical contact with someone who has COVID-19.
- 7. Fully vaccinated: ≥ 2 weeks following receipt of the second dose in a 2-dose series, or ≥ 2 weeks following receipt of one dose of a single-dose vaccine.

#### THE ISLETA PUEBLO HOUSING AUTHORITY WELCOMES

Guwazii hau'pah. Cia'yak'a eh'si, u'sh'stra hanu suu'tha, Aku'meh suu'tha. Greetings, my name is Eric DeLorme, my pronouns are he/ him/his. I am a citizen of the Pueblo of Acoma and a descendant of the Little Shell Tribe of Chippewa Indians of Montana.

I am thankful to say I have started a new career at the Pueblo of Isleta Housing Authority (IPHA) as the Homeownership Counselor/ Loan Agreement Counselor. My experience in Tribal Housing began in 2007 at the Pueblo of Acoma Housing Authority (PAHA) as the Development Administrative Assistant, and that is where I gained my knowledge at the micro-level as I observed the Development Manager set up the plan for Renovation & Rehabilitation projects. Some of the projects to mention included ADA accessibility, new roofing, plumbing, and stucco of traditional homes, mobile homes, and HUD homes. Seeing the gratitude being expressed on the faces of both families and the elderly is the reward of knowing their home was safe to reside in.

My educational journey started at the Southwestern Indian Polytechnic Institute (SIPI) where I earned an Associate of Science in Office Information Applications in 2006. In 2017, I graduated Cum Laude from the University of New Mexico (UNM) when I earned the Bachelor of Arts in Chicana Chicano Studies (CCS) with a minor in Communications. Currently, I am enrolled in the Master of Science (MS) in American Indian Studies (AIS) with a focus on Indigenous Rights and Social Justice. My research interests are Health Disparities, Reproductive Rights, Femicide, Traditional Tribal Governments, Citizenship/Certificate Degree of Indian Blood (CDIB), and bi-racial Pueblo Indian peoples.

Thank you for welcoming me aboard the Pueblo of Isleta and the Isleta Pueblo Housing Authority.

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Hello, I'm Here, Ready or Not!

My name is Dale Biondi. I was the IPHA Homeownership Counselor and recently moved into the IPHA Homeownership Coordinator position. I am originally from Wisconsin and am a tribal member of Bad River Band of Lake Superior Chippewa Indians.

I have worked in various government and non-profit positions consisting of Missouri Department of Social Service in the Human Resource Center and Office for Civil Rights; Larimer County Department of Human Services; Mental Health Center of Denver – Housing Specialist; Fort Collins Housing Authority - Program Management & Maintenance Department. I also have experience with Credit Verification for Mortgage Lenders and Mortgage Loan Processing.

- COVID-19 vaccine: the Advisory Committee on Immunization Practices (ACIP) has issued interim recommendations for the use of Pfizer-BioNTech, Moderna, and Johnson & Johnson COVID-19 vaccines for the prevention of COVID-19 in the United States.
- OVVID-19 Mitigation Team: the Pueblo of Isleta incident command structure comprised of Incident Commanders, Logistics Chief, Operations Chief, Planning Chief, Finance Chief, Safety Officer, and other essential representatives from the Pueblo of Isleta operations.
- COVID-19 Safety Plan: a formal operational plan for any outdoor activity that includes COVID-19 safe practices and guidelines that will be followed for anyone attending or participating in the activity.
   NOTICE IS FURTHER GIVEN that this Order shall take effect Wednesday, May 19, 2021 at 6:00 PM, and shall remain in effect until otherwise ended by a subsequent Public Health Emergency Order.

## ADDITIONAL ORDERS WILL FOLLOW AS CONDITIONS WARRANT, SO ORDERED THIS 19<sup>th</sup> DAY OF MAY, 2021.

Tribal Health Officer <sup>V</sup> Isleta Health Center, Public Health Services Director

Concur

Vernon Abeita, Governor

I enjoy working with people and helping them. I am a member of the American Red Cross and have been deployed on disasters such as Hurricanes, Floods, and Tornados. During my deployments I conducted Client Case Work in the field.

I am happy to be employed with Isleta Pueblo Housing Authority! I have met many of the residents and look forward to meeting all of you. Case No. CV-PR-0051-2021

#### PROBATES

IN THE MATTER OF THE ESTATE OF: Margaret Erlinda "Linda: Zuni (DOD: 07/04/2019)

#### **First Notice**

**TAKE NOTICE** that in accordance with notice requirements, a Petition to Probate the Estate of <u>Margaret Erlinda "Linda" Zuni</u>, deceased <u>07/04/2019</u>, has been filed in the Pueblo of Isleta Tribal Court. Any person claiming an interest in the Estate is hereby advised to notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. Claims must be filed in writing. A hearing in this matter has been scheduled for <u>Monday, June 14, 2021 at 1:30 p.m.</u> at the Isleta Tribal Court, located at the Tribal Services Complex, 3950 Hwy. 47 SE, Building A, Albuquerque, NM. If you have any questions, please contact the Isleta Tribal Court at (505) 869-9699.

IN THE MATTER OF THE ESTATE OF: Daniel P. Chewiwi (DOD: 10/17/2020) Case No. CV-PR-0126-2020

#### **First Notice**

**TAKE NOTICE** that in accordance with notice requirements, a Petition to Probate the Estate of **Daniel P. Chewiwi**, deceased **10/17/2020**, has been filed in the Pueblo of Isleta Tribal Court. Any person claiming an interest in the Estate is hereby advised to notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. Claims must be filed in writing. A hearing in this matter has been scheduled for **Thursday, July 29, 2021 at 9:15 a.m.** at the Isleta Tribal Court, located at the Tribal Services Complex, 3950 Hwy. 47 SE, Building A, Albuquerque, NM. If you have any questions, please contact the Isleta Tribal Court at (505) 869-9699.

IN THE MATTER OF THE ESTATE OF: Jose A.R. Jojola (DOD: 11/09/2020) Case No. CV-PR-0121-2020 & Case No. CV-PR-0123-2020

#### **First Notice**

**TAKE NOTICE** that in accordance with notice requirements, a Petition to Probate the Estate of <u>Jose A.R. Jojola</u>, deceased <u>11/09/2020</u>, has been filed in the Pueblo of Isleta Tribal Court. Any person claiming an interest in the Estate is hereby advised to notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. Claims must be filed in writing. A hearing in this matter has been scheduled for <u>Thursday. August 12, 2021 at 9:30 a.m.</u> at the Isleta Tribal Court, located at the Tribal Services Complex, 3950 Hwy. 47 SE, Building A, Albuquerque, NM. If you have any questions, please contact the Isleta Tribal Court at (505) 869-9699.

IN THE MATTER OF THE ESTATE OF: Ray John R. Lujan (DOD: 12/08/2020) Case No. CV-PR-0025-2021

Case No. CV-PR-0082-2020

#### **First Notice**

**TAKE NOTICE** that in accordance with notice requirements, a Petition to Probate the Estate of <u>John R. Lujan</u>, deceased <u>12/08/2020</u>, has been filed in the Pueblo of Isleta Tribal Court. Any person claiming an interest in the Estate is hereby advised to notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. Claims must be filed in writing. A hearing in this matter has been scheduled for <u>To Be Determined (TBD) at TBD</u> at the Isleta Tribal Court, located at the Tribal Services Complex, 3950 Hwy. 47 SE, Building A, Albuquerque, NM. If you have any questions, please contact the Isleta Tribal Court at (505) 869-9699.

IN THE MATTER OF THE ESTATES OF: Frank Lucero (DOD: 12/22/1969) and Isabel Lucero (DOD: 09/24/1989)

SECOND Notice

**TAKE NOTICE** that in accordance with notice requirements, a Petition to Probate the Estate of **Frank and Isabel Lucero**, deceased <u>12/22/1969</u> and <u>09/24/1989</u>, has been filed in the Pueblo of Isleta Tribal Court. Any person claiming an interest in the Estate is hereby advised to notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. Claims must be filed in writing. A hearing in this matter has been scheduled for <u>Thursday</u>, <u>July 15, 2021 at 10:45 a.m.</u> at the Isleta Tribal Court, located at the Tribal Services Complex, 3950 Hwy. 47 SE, Building A, Albuquerque, NM. If you have any questions, please contact the Isleta Tribal Court at (505) 869-9699.

#### LETTER FROM THE EDITOR

**DEADLINE for July Newsletter articles is set for Thursday, June 17, 2021, at 4:30 pm.** Articles may be dropped off at the Library or emailed to <u>Nathaniel.Lujan@</u> <u>isletapueblo.com</u>. Should you email your article, expect a confirmation email. If you do not receive a confirmation email, odds are it never made it to me and then it's time to panic, so call Nate at 505.869.9808.

People who wish to submit an article or flyer are responsible for generating their own article or flyer. Should you need help, please call the Library at 505.869.9808 and set up a date and time to sit down with a Library staff member who will help you throughout the process. The Library will NOT accept notes dropped off at the Library or information over the phone to generate your article.

**PROBATES** need to be published in the Newsletter for two consecutive months. Probates are considered court documents, therefore, all submitters must provide: 1) Name of Deceased, 2) Date of Deceased 3) Court Case # and 4) Date of Court Date. A Probate form can be found on the Newsletter Archive page at http://www.isletapueblo. com/newsletters.html.

**CLASSIFIED ADS:** The new administration has requested that the Newsletter start a Classified Ad section for Tribal members selling land, houses, mobile homes, vehicles, and farm equipment. Leasing of houses and mobile homes will be accepted. Smaller items which can be sold at the local flea markets or weekly yard sales will NOT be accepted.

Currently, this service is FREE to Tribal members. Land, houses, and mobile homes must be within the reservation boundaries. Ads must meet the 160 character limit. Ads that exceed the 160 characters will NOT be submitted into the Newsletter. A single picture may be submitted with the ad. Submitters of classified ads are responsible for generating their own ads as this is a FREE service.

As a reminder, Tribal business owners may submit a small flyer at no charge. Like the classified ads, business owners are responsible for generating their own flyers as this is a FREE service.

Classified ads and business flyers will be posted no more than two consecutive months. In the event where the Newsletter may exceed the 24-page limit, classified ads and business flyers will be "bumped" for newsletter articles. Again, this is a FREE service for Tribal members.

The Isleta Newsletter is owned and operated by the Pueblo of Isleta. Therefore, the Governor of the Pueblo of Isleta has the final say of all articles and contents within the Isleta Newsletter.

For additional questions, you may call the Library and speak with Nate or Diane at 505.869.9808.

Thank you, Nathaniel Lujan

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Newsletters may be found at the fifteen distribution locations listed below. Remember, Digital copies of the Newsletter may be obtained from the Newsletter archive at http://www.isletapueblo.com/newsletters.html

### **Isleta Health Center Program Postponements**

The Isleta Health Center (IHC) is doing our part to encourage social distancing, by continuing to postpone the following programs until further notice:

#### The IHC Programs below are postponed:

- ICAP Sewing Class on Thursday evenings
- ► ICAP Moccasin Making Class on Tuesday evenings
- Isleta Diabetes Prevention Exercise Classes (Eagle HIIT) held Mondays and Wednesdays
- Isleta Diabetes Weight Training held Tuesdays and Thursdays (Wellness Center available by appointments only)

#### The fifteen Newsletter distribution locations are:

- TR 2 & TR 22 Chical SE of Community Hall
- TR 10 Behind the old 47 Sales
- TR 1 & TR 5 Ranchitos / Bosque Farms Reservations Line
- 4. Ranchitos Park
- 5. Post Office Big Tree
- 6. TR 82 & TR 84 Teller Road
  - TR 78 & TR 82 Carlos Trujillo Sr.
- 8. TR 90 @ Y CF Padilla
- 9. Mouse Town Park –



- 11. Library Sunlight & Moonlight Intersection
- 12. TR 6 47 Intersection
- 13. TR 12 47 & 147 intersection (Old Smoke & Save)
- 14. TR 71 & TR 54 @ Y Holiday Robot / Paved Road / Railroad Tracks
- 15. TR 45 & TR 40 @ Y Tata Mel (POI Signage)





Address: Isleta Resort and Casino Attention: Human Resources Department 11000 Broadway Avenue SE Albuquerque, New Mexico 87105 Fax: 595 244-8232

#### OUR LOCATION

Isleta Resort and Casino is located 7 minutes south of downtown Albuquerque at Interstate 25 and Hwy 47, exit 215.

The Human Resources office can be found on the east side of the building through the Employee Entrance doors.

Title	Location	Address	City , State	Date Posted <del>•</del>
Cook I (Chili Ristra)	0330 - F&B CHILI RISTRA	11000 Broadway SE	Albuquerque, NM	5/21/2021
Slots Floor Technician	0100 - SLOTS OPERATIONS	11000 Broadway SE	Albuquerque, NM	5/21/2021
EDR Attendant	0370 - F&B EMPLOYEE DINING	11000 Broadway SE	Albuquerque, NM	5/20/2021
Call Center Agent	0210 - HOTEL RESERVATIONS	11000 Broadway SE	Albuquerque, NM	5/20/2021
Pool Attendant	1365 - POOL MAINTENANCE	11000 Broadway SE	Albuquerque, NM	5/19/2021
Banquet Manager	0340 - F&B CATERING & BANQUETS	11000 Broadway SE	Albuquerque, NM	5/19/2021
Retail Supervisor	0495 - RETAIL MANAGEMENT	11000 Broadway SE	Albuquerque, NM	5/19/2021
Catering Manager	0220 - HOTEL SALES	11000 Broadway SE	Albuquerque, NM	5/19/2021
Cook II (Employee Dining)	0370 - F&B EMPLOYEE DINING	11000 Broadway SE	Albuquerque, NM	5/18/2021
Housekeeping Supervisor	0230 - HOTEL HOUSEKEEPING	11000 Broadway SE	Albuquerque, NM	5/17/2021
Assistant Superintendent	0701 - GOLF COURSE MAINTENANCE	11000 Broadway SE	Albuquerque, NM	5/14/2021
Sr. Director of Human Resources	1510 - HUMAN RESOURCES	11000 Broadway SE	Albuquerque, NM	5/14/2021
Cook III (Embers)	0315 - F&B EMBERS	11000 Broadway SE	Albuquerque, NM	5/14/2021
Security Officer I	0180 - SECURITY	11000 Broadway SE	Albuquerque, NM	5/12/2021
Security Officer II	0180 - SECURITY	11000 Broadway SE	Albuquerque, NM	5/12/2021
Accounts Receivable Clerk	1560 - ACCOUNTING	11000 Broadway SE	Albuquerque, NM	5/12/2021
Maintenance Mechanic	0701 - GOLF COURSE MAINTENANCE	11000 Broadway SE	Albuquerque, NM	5/11/2021
Superintendent	0701 - GOLF COURSE MAINTENANCE	11000 Broadway SE	Albuquerque, NM	5/11/2021
Retail Attendant	0400 - RETAIL ENCHANTMENT	11000 Broadway SE	Albuquerque, NM	5/7/2021
Room Attendant	0230 - HOTEL HOUSEKEEPING	11000 Broadway SE	Albuquerque, NM	5/7/2021
Houseperson	0230 - HOTEL HOUSEKEEPING	11000 Broadway SE	Albuquerque, NM	5/7/2021
Outside Service	0700 - GOLF COURSE OPERATIONS	11000 Broadway SE	Albuquerque, NM	5/6/2021
Banquet Server	0340 - F&B CATERING & BANQUETS	11000 Broadway SE	Albuquerque, NM	5/6/2021
Bartender (Banquets)	0340 - F&B CATERING & BANQUETS	11000 Broadway SE	Albuquerque, NM	5/6/2021
Spa Manager	0595 - SPA MANAGEMENT	11000 Broadway SE	Albuquerque, NM	5/5/2021
Shuttle Driver	0250 - HOTEL GUEST SERVICE	11000 Broadway SE	Albuquerque, NM	5/5/2021
Count Member	0160 - CASH OPS COUNT	11000 Broadway SE	Albuquerque, NM	5/4/2021
Count Supervisor	0160 - CASH OPS COUNT	11000 Broadway SE	Albuquerque, NM	5/4/2021
Custodian	1355 - CUSTODIAL	11000 Broadway SE	Albuquerque, NM	5/3/2021
Floor Beverage Server	0390 - F&B FLOOR BEVERAGE	11000 Broadway SE	Albuquerque, NM	5/3/2021
Restaurant Chef (Banquets)	0340 - F&B CATERING & BANQUETS	11000 Broadway SE	Albuquerque, NM	5/3/2021
Banquet Captain	0340 - F&B CATERING & BANQUETS	11000 Broadway SE	Albuquerque, NM	5/3/2021
Executive Chef	0395 - F&B MANAGEMENT	11000 Broadway SE	Albuquerque, NM	5/3/2021
Food Attendant (Beverage) - Daubers Grill	0331 - F&B DAUBERS GRILL	11000 Broadway SE	Albuquerque, NM	4/30/2021
Cook I (Panda Express)	0329 - F&B PANDA EXPRESS	11000 Broadway SE	Albuquerque, NM	4/30/2021
Cook I (Panda Express)	0329 - F&B PANDA EXPRESS	11000 Broadway SE	Albuquerque, NM	4/30/2021
Banquet Server	0340 - F&B CATERING & BANQUETS	11000 Broadway SE	Albuquerque, NM	4/30/2021
Food Attendant (Beverage) - Chili Ristra	0330 - F&B CHILI RISTRA	11000 Broadway SE	Albuquerque, NM	4/28/2021
<u>Food Attendant (Chili Ristra)</u>	0330 - F&B CHILI RISTRA	11000 Broadway SE	Albuquerque, NM	4/28/2021
Cook I (Employee Dining)	0370 - F&B EMPLOYEE DINING	11000 Broadway SE	Albuquerque, NM	4/23/2021

#### Isleta Pueblo News

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Bartender Cart	0335 - F&B GOLF COURSE GRILL	11000 Broadway SE	Albuquerque, NM	4/23/2021
Barback (Sports Book Bar)	0327 - F&B SPORTS BOOK BAR		albuquerque, NM	4/23/2021
Cook I (Panda Express)	0329 - F&B PANDA EXPRESS	11000 Broadway SE	Albuquerque, NM	4/21/2021
Beverage Server	0390 - F&B FLOOR BEVERAGE	11000 Broadway SE	Albuquerque, NM	4/21/2021
Shipping & Receiving Clerk	1580 - SHIPPING & RECEIVING	11000 Broadway SE	Albuquerque, NM	4/16/2021
Laundry Attendant	0270 - HOTEL LAUNDRY	11000 Broadway SE	Albuquerque, NM	4/13/2021
Food Attendant (Beverage) - Panda Express	0329 - F&B PANDA EXPRESS	11000 Broadway SE	Albuquerque, NM	4/12/2021
Food Attendant (Beverage) - Chili Ristra	0330 - F&B CHILI RISTRA	11000 Broadway SE	Albuquerque, NM	4/12/2021
Server (Embers)	0315 - F&B EMBERS	11000 Broadway SE	Albuquerque, NM	4/9/2021
Server (Embers)	0315 - F&B EMBERS	11000 Broadway SE	Albuquerque, NM	4/9/2021
Bartender (Embers)	0315 - F&B EMBERS	11000 Broadway SE	Albuquerque, NM	4/9/2021
Server (Embers)	0315 - F&B EMBERS	11000 Broadway SE	Albuquerque, NM	4/9/2021
Slots Floor Attendant	0100 - SLOTS OPERATIONS	11000 Broadway SE	Albuquerque, NM	4/9/2021
Slots Floor Attendant	0100 - SLOTS OPERATIONS	11000 Broadway SE	Albuquerque, NM	4/9/2021
EDR Attendant	0370 - F&B EMPLOYEE DINING	11000 Broadway SE	Albuquerque, NM	4/9/2021
Cook I (Employee Dining)	0370 - F&B EMPLOYEE DINING	11000 Broadway SE	Albuquerque, NM	4/9/2021
Cook I (Prep)	0385 - F&B PREP KITCHEN	11000 Broadway SE	Albuquerque, NM	4/9/2021
Guest Service Representative	1150 - MARKETING PLAYERS CLUB	11000 Broadway SE	Albuquerque, NM	4/9/2021
Surveillance Agent	0170 - SURVEILLANCE	11000 Broadway SE	Albuquerque, NM	4/9/2021
Food Attendant (Beverage) - Panda Express	0329 - F&B PANDA EXPRESS	11000 Broadway SE	Albuquerque, NM	4/9/2021
Table Games Dealer	0120 - TABLE GAMES	11000 Broadway SE	Albuquerque, NM	4/8/2021
Valet Attendant	0250 - HOTEL GUEST SERVICE	11000 Broadway SE	Albuquerque, NM	4/7/2021
<u>Steward</u>	0386 - F&B UTILITY KITCHEN	11000 Broadway SE	Albuquerque, NM	4/2/2021
HDC Specialist	0386 - F&B UTILITY KITCHEN	11000 Broadway SE	Albuquerque, NM	4/2/2021
Busser (Embers)	0315 - F&B EMBERS	11000 Broadway SE	Albuquerque, NM	4/2/2021
<u>Expeditor</u>	0315 - F&B EMBERS	11000 Broadway SE	Albuquerque, NM	4/2/2021
Call Center Agent	0210 - HOTEL RESERVATIONS	11000 Broadway SE	Albuquerque, NM	3/31/2021
Sports Book Writer/G.S.R.	1150 - MARKETING PLAYERS CLUB	11000 Broadway SE	Albuquerque, NM	3/31/2021
Table Games Floor Supervisor	0120 - TABLE GAMES	11000 Broadway SE	Albuquerque, NM	3/15/2021
Irrigation Technician	0701 - GOLF COURSE MAINTENANCE	11000 Broadway SE	Albuquerque, NM	3/1/2021
Landscape Technician	0701 - GOLF COURSE MAINTENANCE	11000 Broadway SE	Albuquerque, NM	3/1/2021
HVAC TECH II	1350 - FACILITIES MAINTENANCE	11000 Broadway SE	Albuquerque, NM	2/9/2021
Plumber II	1350 - FACILITIES MAINTENANCE	11000 Broadway SE	Albuquerque, NM	2/9/2021

## White Eagle Electrical Services LLC (505)917-6933

100% NATIVE OWNED Licensed and Bonded Electrical Contractor EE-98 License #397349 Licensed and qualified local electricians New Commercial, Retail, and Office estimates Property Management maintenance agreements Troubleshooting Sign repair including neon Code upgrades Office and exterior lighting including parking lot lighting Energy saving Solar energy Hookups for appliances and air conditioner units Ceiling fan and lighting repair 24-hour service







Call 869-4488

## Pueblo of Isleta Career Opportunities

**Position Posting** 

#### Office Location

**AUTO & DIESEL MECHANIC BUS DRIVER BUS DRIVER- PART TIME** CAREGIVER II CHR COORDINATOR CHR VAN DRIVER COMPUTER TEACHER COOKI **CUSTODIAN DISPATCHER - REPOSTED** FEDERAL PROJECT MANAGER **GROUNDS MAINTENANCE WORKER** HEAVY EQUIPMENT TECHNICIAN HVAC TECHNICIAN LIFEGUARD (1 Position) MOTOR POOL FLEET SUPERVISOR PAINTER **PARKS & MAINTENANCE WORKER** PERSONAL CARE SERVICE AIDE (2 Positions) PHYSICIAN-AMENDED PLUMBER POLICE OFFICER I CERTIFIED - REPOSTED **RECORDS CLERK REGISTERED NURSE (Part-Time) - REPOSTED RESIDENTIAL PROJECT MANAGER - REPOSTED ROADWAY MAINTENANCE WORKER I - REPOSTED** ROADWAY MAINTENANCE WORKER II SALES ASSOCIATE - REPOSTED SCHOOL COUNSELOR SHIFT LEAD SOCIAL SERVICES DIRECTOR

**Construction Operation** Isleta Elementary School Head Start Assisted Living Facility Health Center Health Center Isleta Elementary School Isleta Elementary School Public Works **Police Department** Housing Authority **Public Works Construction Operations Public Works** Parks & Recreation **Construction Operations** Housing Authority Parks & Recreation Elder Center Within Only Health Center Isleta Pueblo Housing Authority Police Department Tribal Administration Within Only Health Center Housing Authority **Construction Operations Construction Operations** C-Stores Isleta Elementary School C-Stores Social Services

**Closing Date** 06/04/2021 06/04/2021 **Open Until Filled Open Until Filled** 06/01/2021 06/04/2021 06/04/2021 06/04/2021 Open Until Filled 06/01/2021 **Open Until Filled Open Until Filled Open Until Filled Open Until Filled Open Until Filled** 06/04/2021 **Open Until Filled** 06/04/2021 **Open Until Filled Open Until Filled Open Until Filled** 06/01/2021 05/28/2021 **Open Until Filled Open Until Filled Open Until Filled Open Until Filled Open Until Filled** 06/04/2021 Open Until Filled 06/04/2021





## SCHOOL BUS

**DRIVERS** \*\*Class B CDL School Bus/Passenger Endorsement Required\*\*

Pay Range \$14.52-\$19.60

#### FULL-TIME-IES PART-TIME-HEADSTART Pueblo of Isleta Human Resources

ieblo of Isleta Human Resources isletapueblo.com/careers

## NOW HIRING CUSTODIANS

Pay Range \$12.00-\$16.20/hr.







## KEEPING OUR COMMUNITY BEAUTIFUL

Pueblo of Isleta Human Resources isletapueblo.com/careers 505-869-7584



#### Dear community partners,

New Mexico Gas Company needs your help spreading the word. We know many of our customers have been impacted by the pandemic and are in need of assistance. New Mexico Gas Company has established a \$1.2 million assistance fund to help incomequalifying residential customers and small business owners who have fallen behind on their bills because of issues related to the pandemic.

On the residential side, customers can apply for assistance through New Mexico Gas Company's Heat New Mexico program. This residential assistance program provides qualified residential customers with a one-time payment of \$150 toward their natural gas bill. Information can be found on our website <u>www.nmgco.com/en/assistance</u>.

NMGC has also established a small business COVID-19 relief fund to assist locally owned New Mexico businesses affected by the pandemic with financial assistance. Small business owners who qualify will be eligible for a one-time credit of up to \$250. Small business owners can apply online at www.nmgco.com/SmallBusiness/CovidRelief.

Customers that have fallen behind on their bills are encouraged to contact to New

## Pueblo of Isleta UXO / HAZMAT DEPARTMENT Native American Lands Environmental Mitigation Program

The Pueblo of Isleta UXO/HAZMAT/NALEMP Department aims to make the community safer by cleaning up munitions left by the United States Military. By removing the debris left, we can help preserve the land and keep it safe for future generations.



Shown above are just some of the munitions found on the reservation.

Munitions can be found by anyone, and can be in forms such as ammunition, bombs, hand grenades, etc. If you come across anything of this manner PLEASE contact Clint Lente, UXO/ HAZMAT Manager at (505) 869-5748.

**DO NOT** try to move or touch anything yourself as it can be very dangerous.

Make sure to always follow the 3 R's of Explosive Safety:

#### Recognize -

that what you have found is a munition and is dangerous

#### Retreat -

do not touch, move, or disturb it. Leave the area.

#### Report -

Contact the UXO/HAZMAT Division and provide as much information as possible about the location. Coordinates are the best.





Mexico Gas Company to enter into a payment plan tailored to their needs.

In addition, New Mexico Gas Company will reopen its 22 payment centers across the state on Monday, May 3, providing customers with better access to options for paying their natural gas bills, setting up payment plans and receiving information on available payment assistance.

More information can we found on our website at <u>www.nmgco.com</u> or by contacting our Call Center at 1-888-664-2726.

Thank you,

Erica Smith-Gray

Supervisor, Call Center New Mexico Gas Company 505-697-3477 office 505-850-4325 cell erica.smithgray@nmgco.com



If you are in need of assistance, do not hesitate to call me Monday thru Friday from 8 a.m. to 4:30 p.m.

Pauline Lucero, Benefits & Billing Manager Isleta Elder Center Office: 505-869-9770 Email: pauline.lucero@isletapueblo.com



of Engineers

# Did you call for an Ambulance?

Please report the information to PRC within 72 hours.

Dear Pueblo of Isleta Community:

I hope this memo finds you and your families doing well and staying safe. The Census office is now located in the village proper north of the Governor's office. Our address is 123 Tribal Road 40, Isleta, NM 87022. Hours of operation are Monday-Friday 8:00am to 4:30pm.

#### **Tribal Identification Cards:**

Tribal Identification cards will be issued every Tuesday and Thursday by appointment.

**Reminder**\*\* ALL TRIBAL IDENTIFICATION CARDS HAVE AN EXPIRATION DATE OF FIVE (5) YEARS.

\*\*ALL REQUIRED DOCUMENTS MUST BE ON FILE WITH THE TRIBAL ENROLLMENT/CENSUS OFFICE PRIOR TO RECEIVING A TRIBAL IDENTIFICATION CARD. \*\*

#### Certificate of Verification Forms (CIB):

Tribal Certificate of Verifications for Enrolled Tribal Members may be requested at the Tribal Enrollment/Census Department Monday – Friday 8:00am – 4:30pm.

#### Birth and Certificates:

State of NM Birth Certificates may be obtained through the Census/Tribal Enrollment Department. We will continue to make monthly visits to New Mexico Vital Statistics on behalf of tribal members. An Authorization form must be signed and notarized at the Census/Tribal Enrollment Department giving Director or Enrollment Clerk authorization to obtain Birth Certificate on behalf of Tribal Member. The cost for each certified certificate is \$10.00 each with cash, check or money order payable to: NM Vital Records Office. P.O. Box 25767 Albuquerque, NM 87125

#### Death Certificates:

There have been many questions regarding the death certificate process. As a reminder, The Pueblo of Isleta, Census/Tribal Enrollment Department will kindly assist family members in the completion of death certificates of all Tribal Members. Paperwork needs to be completed by the family before starting the process on the state system. Paperwork can be picked up at the Census office.

Once the death certificate has been approved and registered with the NM State Vital Records Office, an Authorization form must be signed and notarized at the Census/Tribal Enrollment Department giving Director or Enrollment Clerk authorization to obtain Death Certificate on behalf of the family.

All Certified Death Certificate copies are \$5.00 each with cash, check or money order payable to: NM Vital Records Office. P.O. Box 25767 Albuquerque, NM 87125

#### NM Vital Office Locations:

Santa Fe Office: 2554 Camino Entrada Santa Fe, NM 87505

#### Residence Ordinance:

Applications are available at the Census/Tribal Enrollment Department for any non-tribal member to reside within the Pueblo of Isleta Reservation. An Enrolled Tribal Member 18 years and older may sponsor ONE non-member per household.

Reminder for those who have been approved, both the tribal

### DEPARTMENT OF CULTURAL AND HISTORIC PRESERVATION

Ma-gu 'wam from the Department of Cultural and Historic Preservation! Summer will soon be here, and we are excitedly preparing for a busy season of activities at the Yonan An Cultural Center. You'll find some of our upcoming goings-on listed below. Community members who are interested in participating in any of the following activities are encouraged to contact POI Archivist Cassandra Smith at (505) 869-5376 or <u>cassandra.smith@</u> isletapueblo.com. As ever, all requests for confidentiality will be respected.

• If you are a community member with farming experience, gardening knowledge, or are interested in learning more about Isleta's agricultural practices and putting that knowledge to use, consider being a part of the up-and-coming Isleta Heritage Garden Planning Group! Our first meeting will be at 11:00 a.m. on Wednesday, June 16, in accordance with POI COVID-safe practices. Yonan An Cultural Center is located at 71 Tribal Rd. 40.

• Calling all cooks and bakers! If you have a special recipe for posole, chicken and rice, soupa, red or green chile stew, or other traditional dish that you'd like to share, let us know. Once we are able to gather together and share a meal safely, we look forward to beginning a series of Isleta cooking workshops here at Yonan An.

• All interested tribal members are warmly invited to participate in a community interview project that we will get underway this summer. Initially envisioned as a documentation of tribal members' personal collections of Isleta pottery and family histories of pottery-making, we now plan for this project also to document community members' stories of life in Isleta during COVID, an important period of time in the history of the pueblo.

• Community members with class photos, school memorabilia, and other memories of the Isleta Day School are encouraged to consider sharing those with the POI Archive. Built by tribal members who worked with the Civilian Conservation Corps in the 1930s and opened in 1940, the Isleta Day School building is now home to the Yonan An Cultural Center and POI Archive. Archivist Cassandra Smith is interested in housing and exhibiting some of the tribal history associated with the school in a special Isleta Day School Archival Collection.

• Lastly, be sure to keep your eyes open for a two-part ¡COLORES! series airing this month. Focusing on the history of agriculture along the life-giving Rio Grande, "Albuquerque's Roots" features photographs from the POI Archive. Part 1 will broadcast at 4:00 p.m. on Saturday, June 12, on Channel 5.1 and at 8:00 p.m. on Friday, June 18, on Channel 9.1. Part 2 will broadcast at 4:00 p.m. on Saturday, June 19, on Channel 5.1 and at 8:00 p.m. on Saturday, June 19, on Channel 5.1 and at 8:00 p.m. on Friday, June 19, on Channel 5.1 and at 8:00 p.m. on Friday, June 19, on Channel 5.1 and at 8:00 p.m. on Friday, June 25, on Channel 9.1. ¡COLORES! is a production of New Mexico PBS/KNME-TV.

Herkim! We look forward to hearing from you soon!



member and non-tribal member are required to sign the Agreement, which will need to be notarized by our office. The Agreement will be effective for five (5) years. Once the Agreement is executed, it will be placed in your file.

If you are unsure if your agreement is up to date, please contact Census/Tribal Enrollment office.

#### Address Updates:

Due to a large number of returned mail, the Tribal Enrollment/ Census Office would like to remind everyone to please update all current addresses with our office. An original notarized letter with updated address can be mailed to P.O. Box 880, Isleta, NM 87022.

Please contact the Pueblo of Isleta Census/Tribal Enrollment Department at (505) 869-9766 if you have any questions.

Census/Tribal Enrollment Staff, Nanette Coriz, Director Ashlee Abeita, Enrollment Clerk Savannah Lovato, File Clerk

#### \*\*WILL BE CERTIFIED UPON HIRE\*\*

## Starting Pay \$12.00 PART-TIME UP TO 20 HRS/WEEK

Pueblo of Isleta Human Resources isletapueblo.com/careers 505-869-7584

#### **Isleta Pueblo News**

#### June 2021

#### ANIMAL CONTROL

As you saw in the last newsletter, the Animal Control Division is fully staffed. We currently have 3 animal control officers and 1 animal cruelty investigator, who serves as the supervisor. Being that this is the first time in a while that we have had a full staff, you will notice increased patrols from animal control.

Not only are officers responding to calls made by Pueblo residents, but we are also looking for other violations of the Amended and Restated Animal Ordinance. This ordinance can be found, in full, on the Official Pueblo of Isleta government website.

https://www.isletapueblo.com

Just click on the POI REGULATIONS ORDINANCES AND STANDARDS tab in the upper right corner.

The bulk of our calls involve a dog running loose. Some of them are chasing people, others are attacking domestic animals, livestock or fowl and many are just roaming and end up being found by one of your neighbors.

Many times Animal Control is called to pick up the dog. If you discover your dog or cat is missing, please call 869-7564. If we do pick up your animal, in most cases, we take it to a local shelter.

In order for you to get your animal back, you must first contact Animal Control and obtain a signed release form from one of the animal control staff. When you go to the shelter, you will be required to pay a fee. The longer your animal is in the shelter, the higher the fee, so please contact us as soon as you notice your animal is missing.

One last thing to remember is allowing your animal to run loose is a violation of the Tribal Animal Ordinance. According to Section 3.F. of the Amended and Restated Animal Ordinance, "No animal is allowed to run at large, roam or create a nuisance on another person's property or public areas of the Pueblo. All animals must be within the control of their owner, confined or physically restrained in a manner that they cannot escape."

The best thing you can do for your pet is to make sure it stays safe and at home with you.

## CALL for APPLICANTS

Any tribal member interested in serving on the following Boards/Committees is encouraged to submit a Letter of Interest, along with a resume to the Tribal Council Office.

- Isleta Health Board
- **Tribal Enrollment Committee**
- **Sponsorship/Donation Committee**

If you have any questions, please contact the Tribal Council Office at 505-869-9746.





receive a 21 day trial. Access renewal will be given at a later

#### Page 9



Apply at: Ancestrallands.org, Click "Join" then "Leadership Opportunities"



Please Note: The Tribal Council Office kindly requests that all Letters of Interest and Resumes be mailed or emailed to the following addresses:

MAILING ADDRESS **ATT: Tribal Council** P.O. BOX 1270 Isleta, NM 87022

#### EMAIL ADDRESS

poitribalcouncil@gmail.com



Give the library a call at (505)-869-9808 to get an invitation via email. You can also make an appointment with us and we'll walk you through the process of getting started on your creative journey.

#### E. coli news from Environment Department

Environment Department staff collects water quality samples each month and carefully reviews the results when they come in from the laboratory. In April 2021, measurements of  $E.\ coli$  bacteria were good for each location where water quality samples are collected.  $E.\ coli$  is one of many important indicators of surface water quality.

According to the Pueblo's surface water quality standards, the concentration of  $E.\ coli$  should be less than 88 colonies per 100 milliliters (ml) of water. At or below this level, the Pueblo's religious, traditional, and recreational uses of the water are considered suitable. Such uses may involve immersion, intentional or incidental ingestion of water, and require protection of sensitive and valuable aquatic life and riparian habitat.

*E. coli* results shown in the table below for April 2021 stand out because the values are low. Also shown are statistical values for October 1, 2019 through September 30, 2020 by location for purposes of comparison.

Table. E. coli measurements	by location,	in MPN/100 ml
-----------------------------	--------------	---------------

Location	Amril 92, 0001	Oct 1, 2019 – Sept 30, 2020*				
Location	April 23, 2021	Median	Maximum	Minimum		
Rio Grande at South Boundary	20	488.4	1,017	112.3		
Rio Grande at 240 Wasteway	20	359	754	133.4		
Indian Interior Drain at 240 Wasteway	45.9	93.2	389	14.8		
Rio Grande at NM Highway 147	31	307.6	1,081	107.6		
Rio Grande at BNSF Railroad Bridge	75	178.2	1,296	73.3		
Rio Grande west of Isleta Lakes	31	117.8	5,172	62.7		
Albuquerque Riverside Drain at North Boundary	54.6	104.6	246	34.1		

\* Environment Department did not collect surface water quality samples in March, April, or May 2020 due to the coronavirus pandemic.

The Pueblo of Isleta surface water quality standard for *E. coli* bacteria is 88 colonies per 100 milliliters of water. The laboratory that measures *E. coli* for the Pueblo reports results in units known as "most probable number (MPN)," which is acceptable for purposes of water quality monitoring. The median is the mid-point where half of the values are higher and half the values are lower than the number shown for the period of time indicated. The maximum is the highest measurement and the minimum is the lowest measurement for the period of time indicated.

On April 23, 2021, flow in the Rio Grande at NM Highway 147 was recorded at 720 cubic feet per second (cfs); on March 9, 2021, flow was lower at 436 cfs.

For questions about surface water quality, contact the Environment Department at 869-7565.



#### WATER RESOURCES

#### Water Resources Updates

Irrigation season is in full swing and conditions on the ground are continuing to point toward a challenging irrigation season. Peak spring runoff is likely behind us with average streamflow levels in the Rio Grande being well below average. The peak runoff occurred around mid-May around 1,500 cubic feet per second (CFS), with lower flows likely to persist moving forward. On a good note, the National Oceanic and Atmospheric Association (NOAA) is predicting that an above average monsoon is shaping up. This would be a real blessing for all of us in New Mexico, so keep your fingers crossed.

For now, and moving forward, please work with your Mayordomos to make sure everyone receives adequate water in a timely manner. This will require watering when the water is available, including watering at night and during the week. Farmers are urged to cooperate with their Mayordomos and fellow farmers and use the irrigation water supply wisely.

#### P&P Water

The final storage volume for Prior and Paramount (P&P) lands has been determined and is 15,428 acre/ft. Last year, the P&P volume was just above 16,000 acre/ft and it was enough to get us through irrigation season, but by a thin margin since we didn't have much of a monsoon season. If we do have a good, wet monsoon season, we should be just fine. Again, please use the irrigation water supply wisely, cooperate with your Mayordomos, and stick to the irrigation schedules.

#### **MRGCD** Election

The Middle Rio Grande Conservancy District will hold elections for Board members on Tuesday, June 8, 2021 from 7:00 a.m. to 7 p.m. There are two open seats in Bernalillo County and one each in Sandoval and Socorro County. It is very important to cast your vote in this election to make sure the Pueblos have representation on the MRGCD Board.

If you have any further questions, please don't hesitate to contact the Pueblo's Water Resources Department at 505-869-7566.

Stay well, stay safe, and stay hydrated.



utility and rental assistance, as funding is available. For more information, see www. cabq.gov/family/services/health-socialservices.

#### **HELP** New Mexico, Inc.

HELPNM-Cares provides stabilization/emergency assistance to community members who have been directly impacted by COVID-19 in the following counties: Bernalillo, Colfax, Mora, San Miguel, Torrance, Rio Arriba, Los Alamos, Sandoval, Santa Fe and Taos. Services include assistance towards rent or mortgage, food, utilities (gas, electric, water and propane), medical and other identified needs. For information, visit www.helpnm.com. utility bills for income-qualifying New Mexico residents. To apply, visit a New Mexico Human Services office, visit the YES New Mexico portal at www.yes.state. nm.us, or call New Mexico Human Services customer service, toll free, at 1-800-283-4465.

St. Vincent De Paul

Roman Catholic aid organization assists with electricity, gas and some water accounts. Contact your local Roman Catholic parish for more information. experiencing financial hardship as a result of the COVID-19 crisis. As such, the grant is designated for qualifying renters outside the city limits of Albuquerque, but within the county of Bernalillo. The grant covers rent and renters' utility payments, which will be applied toward past rent and utilities due April 2020 through December 2021, for up to six months of rental and utility assistance payments. For more information, visit www.bernco.gov/ economicdevelopment/rent.aspx.



Please carefully read your appointment letter which is attached to your referral.

It has valuable information to get you to your appointment on time...

Questions? Call 869-4488



New Mexico GAS COMPANY® AN EMERA COMPANY

nmgco.com/assistance



## WE NEED YOUR SUPPORT TO PROTECT OUR AIR

THIS EXISTING ASPHALT PLANT IN MOUNTAIN VIEW IS SIMILAR TO THE PROPOSED NEW MEXICO TERMINAL SERVICES PLANT



## **IMPORTANT NOTICE** TO RESIDENTS OF MOUNTAIN VIEW

The City of Albuquerque Environmental Health Department has issued an air pollution permit to allow **<u>another</u>** hot mix asphalt plant near your home.

## Why Should We Care about **This Asphalt Plant?**

In addition to adding to the pollution in all of Mountain View, the New Mexico Terminal Services asphalt plant would potentially impact the health of residents of Mountain View, and especially neighbors south of Clark Road Southwest, and the Valle de Oro National Wildlife Refuge.

> MOUNTAIN VIEW NEIGHBORHOOD ASSOCIATION MOUNTAIN VIEW COMMUNITY ACTION FRIENDS OF VALLE DE ORO

#### Friends of Valle de Oro National Wildlife Refuge 7851 2nd St. SW Albuquerque, NM 87105

We live in an area that is already overburdened with toxic and hazardous industries. Asphalt plants produce volatile organic compounds (VOCs) that threaten the heart and the pulmonary system. The plant would have heavy petroleum odor, produce noise, fugitive dust, and excessive light for those who live nearby.

People to contact with your comments: City of Albuquerque Environmental Health Department Ryan Mast, Director, mast@cabq.gov, (505) 768-2000 Mara Burstein, Deputy Director in charge of Air Quality, mburstein@cabq.gov Enrico Gradi, Deputy County Manager in charge of the County Planning Department and Community Services, egradi@bernco.gov, (505) 314-0385 Steven Michael Quezada, Bernalillo County Commissioner, District2@bernco.gov, or cpowers@bernco.gov

## LET'S TALK!

Contact us so that we know you want to participate in stopping the New Mexico Terminal Services Hot Mix Asphalt Plant!

#### For more information:

Marla Painter, Mountain View Community Action - marladesk@gmail.com ; 505-877-5017 Nora Garcia, Mountain View Neighborhood Association - ngarcia49@yahoo.com; 505-414-1621 Aryn LaBrake, Friends of Valle de Oro National Wildlife Refuge - aryn@friendsofvalledeoro.org; Office: 505.750.3383

Online Petition: https://bit.ly/stoptheasphaltassault

Contact List Sign-Up: https://bit.ly/mvcoalition



## **Counseling Can Help**

The Behavioral Health Clinic is open for direct patient contact with careful adherence to protocols as established by the Isleta Health Center to include:

**Purchased/Referred Care** (PRC) provides a referral for one visit at a time. Questions

Call PRC at 869-4488

Patients must wear a face mask at all times when in the facility and when in your vehicle checking in for your appointment

All patients must check in at the front of the Isleta Health Center where your temperature will be taken and you will receive a wristband and instructions how to proceed

- Please arrive 15 minutes ahead of your appointment time
- Patients and staff maintain social distancing at all times
- Lobby and offices are sanitized before and after each patient visit Talking to others is always helpful and talking with a professional therapist can really help - especially during this difficult time.

Call 869-5475- Make an appointment to meet with a therapist - see if counseling can help.

Sometimes you can't wait - If you or someone you know is having a mental health crisis, call 1-800-273-8255 for the National Suicide Prevention Lifeline. You can also text HOME to 741-741 for free, 24-hour support from the Crisis Text Line.

Give time and attention to all your health needs – physical, emotional, and mental.





## **CALL FOR APPLICANTS**

Any Isleta Tribal Member who is interested in serving on the Tiwa Lending Services' (TLS) Board of Directors is encouraged to submit a Letter of Interest along with a resume to our office.

Applicants must be 18 years or older and cannot have any current loans with TLS.

## Did you know?

## The WB-57F Crash Site

On June 27, 1972 a Navy aircraft broke at high altitude during a training mission. Both of the plane's engines, as well as many pieces were recovered.

The debris field of the crash was scattered over 850 acres of land on the Pueblo of Isleta.



The WB-57F was used for high altitude atmospheric sampling and radiation detection for nuclear test monitoring. Shown above is a WB-57F from 1978.



Among the debris found was the pilot's helmet with the name still on it.

Have you been told a story of a plane crash on the reservation? If so, we would love to hear it and investigate the story. Please contact the UXO/ HAZMAT Department at (505)869-5748 with any tips or findings.



To submit your Letter of Interest and resume please use one of the following:

Mail: Tiwa Lending Services PO Box 1270 Isleta, NM 87022

Email: Sheila@tiwalending.org with TLS Board in the Subject Line

If you have any questions, please call us at 505-916-0556.



Fire season is here! The Isleta Pueblo Fire Dept. will be available to assist and stand-by for community members with agricultural burns. Burn permits will be required, instructions on burn permit must be followed.

For more info contact the numbers listed below.

505-869-9725 505-869-9724 Isleta Dispatch 505-869-3030

### PUEBLO OF ISLETA PUBLIC WORKS DEPARTMENT

#### JUNE 2021 Article

## Residents on the East side of the Rio Grande!

The Pueblo of Isleta Public Works Department is asking for your cooperation. One of the wells that normally provides you with drinking water is out of service. The Department has been working since last fall to design a replacement well and seeking the funds necessary to construct the new well.

All of the Eastside water system is being impacted by the loss of this well. There are two wells currently in service to provide water on the East side of the Rio Grande River, from the Northern boundary to the Southern boundary of the Pueblo. Both wells are located above the Casino area and require treatment to lower the level of natural Arsenic in the raw waters and to disinfect the water prior to sending it into the distribution system.

With the higher temperatures, water usage on the Eastside has increased. In April 2021 8,483,750 gallons of water was produced by these two wells to provide water to everyone on the Eastside of the river. The residential area, which includes Lobumtee, Ranchitos and Chical used 5,408,419 gallons in April 2021. (64% of water produced went to residential areas.)

As of May 16, 2021 water produced by the two wells since April 30, 2021 was 5,237,375 gallons; with 3,533,216 gallons going to the residential areas. (67% to residential areas.) We predict water usage for the month of May will increase to the amount of 10,147,415 gallons produced. This is a daily average of 327,336 gallons per day. History has June and July will be much higher.

The water we provide to your residence is expensive to pump out of the ground and the raw waters need to be treated to lower the level of natural Arsenic below the Safe Drinking Water Act (SDWA) limitation. The raw water goes through media filtration to help lower the arsenic level. The media inside each filter unit needs to be changed out once it no longer effectively lowers the arsenic level of the raw water. The more waters we treat, the sooner the media has to be replaced. In March, 2021 the Pueblo had the media replaced in all four treatment vessels at a cost of over \$72,800. In mid-May, several valves and actuators on two of the arsenic treatment vessels had to be replaced, at a cost of just over \$20,000.

The Public Works Department needs your cooperation to conserve water usage throughout the entire Eastside water system area. Please limit the amount of outdoor watering. If you have a large garden, please don't use the treated water provided to you from the Pueblo, use irrigation waters or install a shallow well for irrigation purposes. Limit the uses of swimming pools, we all know that maintaining a swimming pool takes a lot of maintenance to keep the pools clean and healthy. If maintenance is not kept up water must be drained and refilled. In the current situation we are in, we recommend utilizing the Recreation swimming pool as it is intended for the public's use.

serves the Los Charcos area. The Shea Whiff water system serves the West side of the Rio Grande River including the Village, Mousetown, Pickle Heights, Subdivision and Los Padillas.

In 2020 the Eastside water system (includes the Casino, Hotel, Lakes, and Golf Course) had an average daily population of 9,804. Keep in mind, due to Covid 19 most of the commercial entities were closed down. The average population for daily visitors was 7,400 persons prior to Covid. Employees at these various entities averaged 1,230 people, prior to Covid. There are an estimated 1,174 residents on the Eastside water system.

The Eastside wells produced a total of 98,325,825 gallons of water in 2020. The commercial area used 35,903,470 gallons of that and the residential area used 62,422,355 gallons. The most water was produced in July, with the residential area using 7,772,607 gallons or **6,621 gallons per person.** Compared to December 2020 when the residential area used 3,246,398 gallons or **2,765 gallons per resident.** 

The Los Charcos area wells produced a total of 2,318,200 gallons of water in 2020. There are approximately 86 residents that use the water. In July, 380,700 gallons of water was produced by the wells. 80,100 gallons was produced in December of 2020. The average person used **931 gallons each in December.** In July, the average person used **4,427 gallons**.

The Shea Whiff water system produced a total of 131,143,600 gallons in 2020. There are approximately 3,382 residents; prior to Covid an average of 200 visitors to the area and 107 workers. In June the wells produced 14,867,700 gallons and 7,227,000 gallons in February 2020. *The average person used 2,137 gallons in February and in June, the average person used 4,396 gallons.* 

All residents are strongly discouraged from using the treated water provided by the Pueblo for non-potable uses. As you can see from the information above, water usage more than doubles in the summer. Please do your part to save our potable water supply!

Public Works will not install any new outside faucets unless it is affecting your daily household use for the health of you and your families. However, we will repair any leaks so not to waste our precious potable water supply.

We encourage you to wash your vehicle at a local car wash, water gardens and landscaped areas with surface irrigation water and/or install a shallow well.

The Pueblo needs the cooperation of each and every resident within the Pueblo boundaries to help limit water usage. Please help conserve as much water as possible.

If you have any questions or would like more information, please call our office at 505-869-5170.



- **REMOVE** leaves, pine needles, and other flammable material from the roof, gutters, and on and under the deck to help prevent embers from igniting your home.
- SCREEN areas below decks and porches with 1/8" wire mesh to help prevent material from accumulating underneath.
- **COVER** exterior attic and soffit vents with 1/8" wire mesh

## YOU CAN MAKE A DIFFERENCE!

Increase your wildfire safety. Make simple low-cost changes to your home and landscape starting today.

#### HOW MUCH WATER DOES ISLETA PROVIDE TO RESIDENTS?

The Eastside water system serves residents and businesses on the East side of the Rio Grande River. Los Charcos water system

- to help prevent sparks from entering your home.
- **ENCLOSE** eaves to help prevent ember entry.
- **INSPECT** shingles or roof tiles. **REPLACE** missing shingles or tiles. **COVER** ends of tiles with bird stops or cement to help prevent ember penetration during a wildfire.

#### **Tips for Landscaping Around Your Home**

- **REMOVE** dead vegetation and other flammable materials, especially within the first 5 feet of the home.
- **KEEP** your lawn hydrated and maintained. If it is brown, cut it down to help reduce fire intensity.
- **PRUNE** tree limbs so the lowest branches are 6 to 10 feet above the ground to help reduce the chance of fire getting into the crowns of the trees.
- **MOVE** construction material, trash, and woodpiles at least 30 feet away from the home and other outbuildings.
- **DISPOSE** of branches, weeds, leaves, pine needles, and grass clippings that you have cut to reduce fuel for fire.





## Visit **www.firewise.org** for more information.



© 2018 National Fire Protection Association / November 2018



#### News

The library may be busier than usual with the IN-PERSON Summer Reading Program and Summer Meal program taking place. Please be aware of your surroundings around the Library/Education Complex and community. The Library is a central location for the Summer Meal Program so there will be an increase of traffic during this time as well as construction taking place near the library. Please be mindful and courteous while driving to and from our complex. Drive slowly, look both ways and stay alert of children and families during the day.

The library will be hosting the Summer Meal Program provided by Bernalillo County. Our Summer Meal Program will begin on Wednesday, May 26th and end Friday August 6th. All meals are FREE to children ages 17 and under and are offered to the community and public. Youth must be present. Meals are limited and served on a first come first served basis. Please remember the library must follow all rules set forth with Bernalillo County to be in compliance for the meal program. All meals will be served daily, Monday-Friday from 11am to 1pm. If you have any questions about this program, please give the library a call at 505-869-9808.

The Library would like to welcome our new Summer Workers! They will be helping out the Library's Summer Reading Program and Summer Meal Program as well as helping out the front desk. Please be patient with our new workers, as they will be learning the ins and outs of the Library.

As a reminder while visiting the Library, please do not leave children, elderly, or pets in a hot vehicle. Sometimes a quick trip to print out papers, make copies or fax may take longer than expected due to unforeseen circumstances. Please do not take the chance. Thank you for understanding.

Our Family Virtual Story time will be taking a break this June and July. Story time will begin in August with story times every Wednesday starting at 10:30am and activities such as crafts will follow. We hope by this time we can have in-person story time once again. We will continue to keep you updated as the time comes closer. If you have any questions about our story times, give the library a call and speak with Cheyenne at 505-869-9808 or email at Cheyenne.Castillo@isletapueblo.com.

#### Pueblo of Isleta Public Library

Well, Hello Summer! School is out, family vacations have started and days are getting hotter. Congratulations to all students who were promoted and graduated from all schools. This is your stepping stone to many more accomplishments yet to come. Don't forget to schedule your computer appointments for those graduation invitations, pictures and congratulation cards. The library staff is here to help you out!

The library staff is here to help you out!

prepared. When visiting the library please remember to wear a mask at all times, patrons' temperature will be taken before entering the library. Sanitation stations have been set up throughout the library, and computer workstations must be disinfected before and after use. Patrons will enter at the front entrance of the library and will exit on the north side of the library. We greatly appreciate your patience at this time as we are adjusting to a new normal. If you have any questions or concerns feel free to contact the library at 505-869-9808. To drop off any library materials please use our drop off box, which is located in the front of the library. Drop off material will be quarantined for three days, disinfected and then checked in.

With things changing daily library staff is closely monitoring the COVID-19 situation and as a result library programs and services are being impacted. We will continue to keep you updated and informed about upcoming programs and services as more information comes along. Below is a list of our new hours of operation.

#### Library Temporary COVID-19 Hours of Operation

Monday –Thursday: 8am to 6:30pm Friday: 8am to 4:30pm Saturday: CLOSED Curbside Hours Elderly: 10am-11am General: 11am-5pm

Library staff members are on site to answer any questions or address any concerns you may have, and we are always open to any suggestions you might have to help us better serve the community. Please don't hesitate to give us a call at 505-869-9808.



The Library is offering a contactless curbside service as well as computer use by appointment only for essential use. Curbside services will be

Monday-Thursday from 10am to 5pm and Friday 10am to 4pm. To check out material please download our mobile app Librista.



To make a computer appointment please call the library to set up a time, as space is limited. Appointments will be based on 30-minute increments so please come Meals are limited and served on a first come first served basis

## THE PUEBLO OF ISLETA PUBLIC LIBRARY WILL BE A SITE FOR MEAL DISTRIBUTION

If you have any questions please contact the library at (505) 869-9808

#### June 2021

#### Library Access from Home

During this time we encourage the use of our digital services. If you ever have questions or need help accessing our online services, please call us at the library at 869-9808 during regular business hours or message us on social media (FB, Snapchat, & Instagram).

The Library's digital services give cardholders 24/7 free access to eBooks, audiobooks. music, magazines and periodicals (NY Times), so you can maximize your reading, and listening experience at home. We've got you covered.

The library online services will ask you to enter your library barcode number which is located on the back of your library card and a 4 digit pin or password. If you do not have a 4 digit pin or password set up with us, you can call the library during business hours and a staff member can help you set that up over the phone.

#### Below is a list of the digital services the library has to offer.

To search our library collection and view your account you can download the Librista app on your iPhone, Android and Kindle devices. This feature will let you see what library material is available, let you search our library collection and view your account. New York Times online is now available to our library patrons for FREE. Find breaking news, multimedia, reviews & opinions on Washington, business, sports, movies, travel and so much more. New York Times will be available on library computers, library Wi-Fi, or if you are at home you can access through the library website and click on the icon located on the general library section.

The library now has LinkedIn Learning formally known as Lynda.com, which is FREE online training on various computer software and programs. The LinkedIn Learning Online Training Library is a massive online training resource. Using their thousands of videos, members are able to learn - self-paced and on-demand - topics ranging from Google, Zoom and so much more. Members must have a Library card in order to utilize the LinkedInLearning.com site. The link to LinkedinLearning.com may be found on our Library website at http:// isletapueblo.com/library.html. Just click on the "Start Learning Click Here" button to start your digital continuing education.

Download the mobile app Libby to start borrowing and reading ebooks and audiobooks for FREE. Put your library in your pocket with Libby. To access this app you will need your library barcode and password.

After School Students waiting for the school bus!



After School Students working on a Solar System!



After School Students working on an Egg Science Experiment!

#### Upcoming

Summer Reading Program will begin on Monday, June 7th. Our Junior program will begin at 9:00 and end at 11:30pm. Our Youth program will begin at 1:00pm and end at 4:00pm. Both programs are currently full at the moment, however you are more than welcome to put your child on the waiting list. If a child decides our program is not for them or misses more than 3 days they will be dropped from our program, and will move on to our waiting list.

Our goal is to keep children occupied during the summer while learning something new while having a blast! We offer a safe environment for your child with friendly staff to help in making this Summer Reading Program experience fun and exciting not only for your child but also for parents as well.

Calendars, schedules, new policies and

#### Recap

Our Summer Reading Program lottery registration started on Monday, April 26th and ended on Friday May 7th with a live drawing done at 10am and was then posted on our Facebook page. We filled 20 spots for the Youth program and 20 spots for the Junior program. Our Youth program filled up fast and our Junior program had 5 spots open until they were filled. This year each program will be divided into two groups of 10 students that will come Monday/ Wednesday or Tuesday/Thursday. We are currently still taking names for our waiting list for each program. For more information or questions about our Summer Reading Program give us a call at 505-869-9808.

The library's Embroidery Program came to an end on Thursday, May 6th. Participants were introduced to our online resource Skillshare and learned the 10 basic stitches of embroidery. They also had access to Skillshare to explore and learn new skills. We would like to thank all the participants for joining our first in-person program here at the library. More library adult programs to come! Please give us a follow on our social media accounts for up to the minute updates about library programs, news and events. For the month of May the After School Program worked on a Solar System, an Egg Experiment and Kewi Co. Stem projects. The Library staff would like to give a shout out to our After School Program students. They finished out the school year and are ready to have a fun summer. It was a very interesting school year to say the least, but we made it and we can't wait to see what next year brings. The Library staff would like to wish all students a safe and fun summer!

Free Music! Take advantage of our Freegal Music service. Log on with your library card number and pin to start downloading and streaming music. Library patrons receive 3 free downloads each week and UNLIMITED streaming of music with NO AD interruptions. Log on to freegalmusic. com or download the Freegal Music app. If you have any questions about this service or would like to set up a password please give the library a call at 505-869-9808.

For additional help and information library staff members have made YouTube videos featuring the library's digital services and how to utilize them. Check them out by visiting the library's YouTube page at www. youtube.com/user/poilibrary.

program description are available on the library's website at https://www. isletapueblo.com/tribal-programs/ library/2021-library-summer-readingprogram-srp/.

If you have any questions about our Summer Reading Program or would like to put your child on the waiting list, give the library a call at 505-869-9808.

Our After School Program registration for the upcoming 2021-2022 school year will be in August. Transportation to the Library will be available for Bosque Farms Elementary ONLY as the other students have bus stops near the Library. Stay tuned for more information to come as we approach the new school year. If you have any questions regarding our After School Program give us a call at 505-869-9808.



ISLETA POLICE DEPARTMENT JUNE - 2021

WOW! Starting the halfway point for 2021 and it seems to have gone by too guickly. The Isleta Police Department hopes everyone is staying healthy and well. Isleta Head Start had their transitional event and Isleta Elementary held their graduation event. Congratulations to all of these young people on taking the next step in their education.

#### WELCOME NEW EMPLOYEES:



We welcome the newest member to the Isleta Police Department Communications Division - Shayla Howard. Shayla is originally from Peralta, but has been traveling and recently returned home. She comes from a background in transportation and financial risk operations. During her time off she is kept busy with her daughter, dog and few siblings. Shayla enjoys anything outdoors ranging from the lake to the mountains as long as it is with family and friends. She is very excited about this opportunity to serve the members of the Pueblo of Isleta.

#### WELCOME SHAYLA!

#### **INDIAN HIGHWAY SAFETY PROGRAM**

The "Click It or Ticket It" mobilization was completed June 6, 2021 but we still remind everyone enforcement of seatbelts and child restraints continues. So ensure your children are in proper child restraints and adults are buckled up as well.

The Traffic Division strives to maintain safety on the roadways and continue issuing citations for speed and careless motorists. Please remember to have all documents, i.e., driver's license, current registration and insurance available at all times. By law these must be readily available on demand, and if you do not have them a citation is likely. The Division continues to strive for compliance of traffic laws for the safety of all who travel the roadways. Complaints come in almost daily regarding "speeders" in the neighborhoods so we ask you to slow down. Children are done with school and not having to sit in virtual class, so they will probably be outdoors and near roadways - PLEASE BE VIGILANT.

#### As taken from the website: WHAT IS A GRADUATED DRIVER'S LICENSE?

Even though getting one's driver's license is a rite of passage for every teenager, the fact remains that traffic crashes are the leading cause of death among teens in New Mexico. For that reason, all teens in New Mexico under the age of 18 are subject to a graduated driver licensing system. The system permits teens to begin driving with certain conditions, such as driving late at night or with too many passengers, which are gradually relaxed as they mature and develop greater driving skills. The purpose is to ease beginning drivers into the skills and responsibilities necessary to be a responsible, safe motorist.

#### Why Does New Mexico Have Graduated Driver Licensing?

Traffic crashes are the leading cause of death among teens in New Mexico. Approximately 5,000 teen drivers are injured or killed every year. Even though teen drivers make up only 7% of licensed drivers in New Mexico, they are the drivers in 16% of the crashes.

#### New Mexico Graduated Driver Licensing (GDL)

All teens under age 18 must complete graduated licensing to get a New Mexico driver permit and license. There are three stages to GDL.

#### Stage 1: Instructional Permit

To get an instructional permit, a teen must be at least 15 years old, and go into a MVD Field Office with the following documents: Proof of having completed or of being enrolled in a state-approved driver education program; Proof of identity, identification number and New Mexico residency, to include:

> One (1) proof of identification number, and One (1) proof of identity, and Two (1) proofs or New Mexico residency.

At least one of the 'proof of identity' or 'proof of identification number' documents must also show the teen's date of birth.

At the MVD Field Office the teen and the parent/guardian will complete and sign an instructional permit application. Then, the teen must:

Stage 2; and

o Not drink and drive. Even a .02 percent concentration of alcohol barely one drink - could result in a 6-month license revocation for drivers under age 21.

#### **Stage 2: Provisional License**

To get a provisional license, a teen must be at least 15 <sup>1</sup>/<sub>2</sub> years old and have successfully completed Stage 1. At the MVD Field Office the teen and the parent/guardian will complete and sign a provisional license application. In signing the provisional license application, the teen and the parent verify that the teen:

- Has completed Stage 1 successfully;
- Has been driving only with an adult 21 years or older who has been licensed for at least 3 years;
- Has not been convicted of a traffic violation\* in the 90 days preceding application for a provisional license; and
- Has not been drinking and driving.

#### Then, the teen must:

- Provide a 'Certificate of Completion' from a state-approved driver education school that includes a 3-hour DWI component.
- Provide the GDL driving log that • shows the teen has completed the practice driving component of 50 hours behind the wheel training, 10 of which are at night. The driving log must be signed by the parent or guardian.

Pass a road skills exam. If the teen has taken a road skills exam with a contracted 'Driver Education School,' the teen must provide the Certificate of Completion with the test scores.

#### Once the provisional license is issued, the following conditions apply:

The teen driver must hold the provisional license for at least 12 months.

Unless a licensed driver age 21 or older is in the vehicle, a provisional license-holder may not have more than one passenger in the vehicle under the age of 21 who is not an immediate family member.

The teen driver may not operate a motor vehicle between the hours of midnight and 5 a.m. unless accompanied by a licensed driver age 21 or older. Exceptions are permitted for school, employment, family and medical need, or religious functions (licensees must carry a statement from the appropriate school, or religious official, employer, doctor, or parent/ guardian).

Help us keep everyone safe!

#### DRIVER LICENSE INFORMATION FOR YOUTH:

Each year there are new drivers on the roads and some may be a bit inexperienced and tentative when driving. Please have patience and remember we all had to go through this phase if you encounter a "new" driver.

As listed in the SAFER New Mexico Now website, drivers under the age of 18 go through stages of graduated licensing. Officers in the past have encountered youthful drivers and adults who are not clear on the laws.

Pass a vision test

Pass a written test or provide a • 'Certificate of Completion' from a stateapproved driver education school that includes a 3-hour DWI component

- Pay an instructional permit application fee
- Once the teen gets the instructional permit, the teen must:
  - o Hold the instructional permit for at least six months;
  - o Complete a state-approved driver education program;

o Drive with an adult 21 or older who has been licensed for a minimum of 3 years;

o Complete 50 hours of supervised driving practice, including 10 hours at night;

o Maintain a clean driving record for the 90 days preceding application for

#### Stage 3: Full License

To get a full-unrestricted license, the teen and the parent/ guardian must complete and sign a driver license application. In signing the driver license application, the teen and the parent verify that the teen:

- Has completed Stage 2 successfully;
- Has not been convicted of a traffic violation\* 90 days preceding application for a full license;
- Does not have any traffic violations\* pending at the time of application for a driver license; and

• Has not been found guilty or have an offense pending involving the use of alcohol or drugs during the provisional period.

If the teen is 18 years or older, only the teen needs to sign the application.

Parents of aspiring teen drivers, please review this information from Safer New Mexico Now and ensure all understand the guidelines. If you are stopped and are not following these guidelines you will be cited and it is important your driver does not have violations on his record.

#### 2021 Graduates

The past year and a half has been anything but normal and graduation ceremonies had to improvise, be it drive through or virtual, but none-the-less these young men and women have worked hard to earn their diplomas.

The Isleta Police Department congratulates all 2021 graduates and their families but are reminding all if you are planning to have celebrations, the Public Health Order and Curfew Ordinance will be enforced. Please be aware of the most recent order and follow the guidelines.



## Make sure this is the only thing flying high after graduation.

Underage drinking is illegal. Have a safe and sober senior week.

To report underage drinking, call the Maryland State Pulice at 643-360-3700





### Greetings from the Isleta Truancy Department,

First and foremost, Congratulations to the Class of 2021! We all know that this school year was difficult and at times different, but you've all managed to be successful and will be moving on to the next grade. Kudos to all the parents and family members who continued to support their students as they pushed through this 2020-2021 school year. Woo-Hoo!

The Truancy Department continues to work with Los Lunas Public Schools, Albuquerque Public Schools, Isleta Elementary School, and Native American Community Academy all year round. Many of our students attend school during the summer to enhance their learning. We would like to remind you that it is important to continue learning throughout the summer. Make sure to take advantage of the programs offered throughout the Pueblo of Isleta Departments!

Enjoy your summer and continue to stay safe!

"What lies behind us, and what lies before us are small matters compared to what lies within us"

Ralph Waldo Emerson
 Thank you,
 Isleta Truancy Department



Made with PosterMyWall.com

## Telemedicine Now Available at the Isleta Health Center

Health Educator: Stephanie Barela, BS CHES CSST

During the COVID-19 Pandemic, the Isleta Health Center is working hard at keeping the Isleta community healthy and safe by offering Telemedicine. Telemedicine is a pre-scheduled appointment that allows patients and healthcare providers to communicate via phone call. These appointments will allow you to speak with your provider and ask basic medical questions. Based on your medical needs your provider may schedule an in office appointment. Patients are still required to schedule a face-to-face visit for Well Child Visits and Sports Physicals.

Please contact the Isleta Health Center at (505) 869-3200 to find out more.

### PURCHASED/REFERRED CARE

Please present your PRC referral when you check in for your appointment. Failure to do so may result in billing errors. If you receive a bill, bring it to PRC immediately.

> For more information, Call PRC at 869-4488.





## Isleta Historical Society

Protect the Land • Preserve the Culture • Honor the Ancestors

This continues a monthly series of articles about historic Isletans and significant happenings at Isleta. The Isleta Historical Society is an independent, inclusive group looking to broaden understanding through vigorous research, interviews, visits to museums and other historical sites etc. We are interested in your reaction to these stories and encourage you to contact us with ideas for future publications. Visit us on Facebook and Instagram @isletahistoricalsociety or email us at isletahistoricalsociety@gmail.com. We will not use any information without your permission. Thank you!

Members: Randy Jiron, Kateri Jojola, Malcolm Ebright, Valentino Jaramillo, Rick Hendricks, and Ted Jojola

#### Isleta Weaving, Clothing, and Tanning - Part 2

#### **Pueblo Cotton Weaving**

The Pueblos have been weaving with cotton since the mid-700s. When the Spanish first colonized New Mexico in 1598, they encountered a skilled labor force in the Pueblos, who already had a sophisticated weaving tradition. This was just one of the fine arts that the Natives practiced. In addition to woven textiles decorated by a variety of techniques, discussed in this article, there were vigorous traditions in painted pottery; shell, stone, and bone jewelry; and mural paintings. Most of this art was made by part-time craftspeople, trained within their home communities, for use within the pueblo. As we saw with Isleta silversmiths, most of them were also farmers.



Department of Indian Art, Carlisle Indian School

The names of Isleta weavers and dressmakers are found in the 1920 Isleta census. They include weavers Gertrudes Abeita (43), Rufina Chiwiwi (49), Dolores Jojola (46), Marcelina Lente (54), Lola Roybal (68), Lupe Trujillo (69), Regina L. Velarde (58), and Juana T. Zuni (35), and dressmaker Lina L. Padilla (32). Another Isleta seamstress who made the distinctive Isleta-style white cotton shirts with crocheted front and red undershirt was Gertrude Jojola. These Isletan weavers and seamstresses were part of a long tradition of textile craftspeople going back to their ancestors, the cliff-dwellers, or Anasazi people. Their crafts began with finely made sandals, baskets, and fiber bags. Then by 850 A.D., they began weaving cotton cloth on a loom.



Prehistoric Pueblo yucca-fiber shoe-sock, Chaco Canyon

By the time of the arrival of the Spanish in the late 1500s, Natives were still weaving, but not as much with the intricate openwork and damask of pre-contact days, though plain weaves were produced in abundance. The Spanish chroniclers of their incursions into Indian Country barely mention textiles, but that omission is probably not because they were not there but because the Spanish were looking for other things. Indeed, all the clothes worn by the Pueblo Indians were either from cotton or animal skins. Cotton mantas were common and were taken as tribute by the Spanish encomenderos assigned to each pueblo. The usual tribute paid to an encomendero was a bushel of shelled corn and a cotton manta from every household in the village, paid twice a year. This was especially burdensome in times of drought when farmers barely had enough for their own families. Excessive tribute demands of two bushels of corn and two cotton mantas a year was one of the causes of the 1680 Pueblo Revolt. During the 18th and 19th centuries, cotton weavers stopped making damask and openwork weaves and turned to embroidery and brocading as well as the plain and diagonal weaves that carried through from the beginning, one-thousand years ago.

#### Isleta Clothing

By the late nineteenth century, typical men's dress usually consisted of a flat-

When Special Agent Henry R. Poore visited Isleta in the early 1890s, he commented that Isleta, unlike other pueblos, was "a hat wearing community. Broad brimmed light felt hats have taken the place of a red handkerchief tied in a band around the head [in the other pueblos]." Isleta's hats took all sizes and shapes. Influenced by its proximity to Albuquerque, Isleta men appreciated the practical aspect of a hat, shading the face, keeping the sun out of one's eyes, and providing a sweat band. Even the young boys all wore hats. Today many men wear baseball caps.



Young Boys with Felt Hats

Up until the 1960s, most Isleta women wore their traditional dress on a daily basis. First women donned the "Indian Shirt" that had long sleeves and extended down to their knees. They often sewed these shirts out of a calico print cotton material. Over that, women wore a kwah'tim (manta), a black robe that passed under the left arm and fastened on the right shoulder. Isleta women often purchased or traded their mantas from the Hopi. They then placed a na'kuiru (sash), that they might have woven themselves, around their waists. On their feet, they wore kurb'matehd, boots of white buckskin, that they wrapped over their calves. Like most American women,



Man's white cotton crocheted overblouse with red cotton under blouse, Gertrude Jojola

brimmed felt hat, a white cotton shirt with a crocheted front (under which a red shirt was worn for special occasions), white cotton pants often tucked into leather leggings, and moccasins or boots.



Typical Men's Dress, 1800s

Isleta women began to choose pants over the dress because of pants' mobility and functionality.

## The Selling of Isleta-Made Textiles and Leather Goods

Some seamstresses and weavers had their own shops where they sold to the public, others brought their wares to the buyers, mostly in other pueblos. Jessie Overstreet had a shop on Highway 45 on the west side between the pueblo and the freeway, and Margie Jojola set up her shop on the south corner of the plaza. In 1938, Isadore Lucero and others founded the Tewa Weavers, who specialized in wool and leather products, including blankets, moccasins, and dolls. They were noted for their fine embroidery and had a store on the Isleta plaza before moving to Albuquerque, as discussed in last month's article.



Isletan Mary Maruja with Beaded Necklace and Water Pot on Her Head, 1903, Frank Churchill, photographer, NMAI, negative no. N26985 Randy Jiron's parents, Juan B. and Lupita Jiron, made a living selling to customers in Zuni and Hopi as well as San Felipe, Santo Domingo, Acoma, and Laguna Pueblos. Juan tanned buckskins, and Lupita sewed men's and women's shirts, dresses, mantas, and aprons, both formal and everyday kitchen aprons. Juan would buy as many as 200 hides a year from meat processing plants and tan them the old-fashioned way and using oxalic acid, soaking the skins using the brains to help remove the hair and flesh, before he started scraping the hide with a draw knife. Lupita was part of a small collective of women who sewed independently but cooperated in purchasing materials and in selling the finished products to the pueblos. Besides Lupita, the group included Marcelina Zuni, Jessie Zuni, and Isabel Zuni. Two of them would purchase materials in bulk in Juarez, Mexico and two of them would travel to their customers in the pueblos and Hopi while the others kept sewing. Lupita Jiron kept a calendar showing Pueblo feast days and the days the teachers received their checks — good days to bring their wares for sale. Juan B. often went on these trips, selling his buckskins for \$75, but later his soft, finely tanned buckskins sold for \$200. Tanning hides is labor-intensive, as anyone who has done this work knows, and Juan Jiron's buckskins were the best, according to his customers.

• • •

Again, we want to thank everyone who has been reading these articles. We invest a great deal of time and energy into these articles, and we do so because we are interested and passionate about the topics we cover. We believe that by sharing these stories with the community it may instill a sense of confidence in who we are as Isletans. We are grateful for all of our readers and have been receiving feedback from the community. Some of you have even reached out with ideas about what topics to cover next or areas of interest for the Historical Society to dig deeper into. We thank you for your interest in the stories we are telling about the Pueblo and the people and encourage you to reach out to us with any information, ideas, or comments that you feel would be helpful to us. We will soon be publishing on our social media platforms so be on the lookout for that content. Again, any information is greatly appreciated and will not be used without your permission. Thank you!



## NEWAT THE LIBRARY!

THE PUEBLO OF ISLETA PUBLIC LIBRARY WILL NOW BE OFFERING MAGAZINES ON OVERDRIVE, A FREE SERVICE THAT ALLOWS YOU TO CHECK OUT MAGAZINES, BOOKS AND AUDIOBOOKS ALL IN ONE PLACE! YOU CAN ACCESS OVERDRIVE BY GOING TO HTTPS://NM.OVERDRIVE.COM/ YOU WILL NEED YOUR LIBRARY CARD NUMBER AND PIN TO LOG ON. YOU CAN SET UP YOUR PIN AT THE LIBRARY.



## Anxiety

Worry, fear, and apprehension are an everyday part of life. In fact, anxiety in certain situations is useful as it makes us more aware and careful of our surroundings so that potential danger can be avoided. Who has not been anxious or worried when faced with the unknown such as a job interview, walking down a dark alley, going to the dentist, or maybe even being pulled over by the police for speeding? Then when the situation or incident is over, the anxiety or fear generally goes away. However, for some people, the anxiety does not go away and sometimes gets worse over time. Some people get chest pains, have nightmares, or may even be afraid to leave home.

People with excessive anxiety tend to worry too much about a number of things such as personal health, work, social interactions, and everyday routine life circumstances. Some of the symptoms for excessive anxiety include:

- Feeling restless, wound-up, or on-edge
- Fatigue
- Concentration problems; mind going blank
- Irritable or cranky much of the time
  - Muscle tension and/or excessive sweating
- Constant worry about the future or



Magazines



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If you need help accessing OverDrive or the Libby app, visit the Library or call us at (505)869-9808



regrets about the past

Difficulty falling or staying asleep

Some people with severe anxiety experience panic attacks and have these symptoms, too:

- Heart palpitations, a pounding heartbeat, or a faster than usual heart rate
- Excessive sweating
- Trembling or shaking
- Sensations of shortness of breath, smothering, or choking
- Feelings of impending doom
- Feelings of being out of control

When anxiety persists, call us – we are here to serve.

Isleta Health Center Behavioral Health: 505-869-5475

## ISLETA PARKS AND RECREATION

June is here, nice mornings and warm afternoons! Our parks are open and looking great thanks to our Parks Maintenance Division and the great job they are doing In case you haven't heard, our daily. swimming pool is also open and being used by tribal members, our summer recreation program will be starting on June 7th, 2021. Also, our recreation staff did a wonderful job with the youth that are here doing their online schooling this past school year. The fitness section staff is plugging away and getting ready to start some new programs for all of you to participate in. Our sports section is still offering events/activities while signing up tribal members for future events and activities while keeping safety in mind.

Please remember that we are still practicing and promoting temperature checks, band wearing, social distancing, mask wearing, hand sanitizing and small group gathering here in the Parks & Recreation Department. We will continue to do so for safety reasons, so please continue to follow our safety rules for your safety and for the safety of those around you as well.

I want to personally thank everyone who has participated in our events and activities, taken advantage of our beautiful parks, who frequents our facilities to work out, swim or other reasons. In addition, I want to thank all the children that have been here faithfully throughout the school year working on their online schooling.

It's wonderful to see people out and about again. Our numbers here at our facilities have increased and continue to increase daily which is very promising to see. I've said it before and I'll say it again, 2020 was a tough year for all of us, but 2021 has shown lots of promise. I think it's because all of us have been doing our part to make things better and safer for everyone around us. Good Job everyone!

**FITNESS SECTION** – The Isleta Recreation Center Fitness facility and Fitness West are both here to assist you with your fitness needs and goals. Our staff are constantly increasing their knowledge and skill in exercise and nutrition to better assist you with any questions you may have. We encourage you to make your health a priority, especially in these times of change, by making the proper adjustments adjusting mentally and physically, so everything else will fall into place. Remember exercise is



please remember that we will continue to practice social distancing, as well as mask wearing in our facilities. Thank you and we look forward to your visit, see you soon.

**SPORTS SECTION** – I'm very excited about what we have been able to do so far here at the Rec Center. The Corn Hole Challenge is still postponed for now, but we are looking forward to having it as soon as we are able to. In the meantime, we are still accepting team registration for this event for the following age groups: 6-9 yrs. old, 10-14, 15-18, Adults and Elders. If you want to have a good time this is a great opportunity to join in.

The Bernie run was a virtual run and went very well. We had a total of 75 participants, thanks to all the participants that were involved. It was nice to have runners from other Pueblos like Jemez, Zuni, Santa Ana, San Ildelfonso, Zia, Hopi, Arizona, and San Felipe take part in this event. This event gives us an opportunity to celebrate Bernie Jojola, he was a good coach and mentor to many kids here, he taught all of us to laugh and love one another. If you haven't picked up your shirt for the Bernie Run, please do so here at the Rec Center. The following are some of the up-coming events that we have planned:

• POI Department Challenge Run/ Walk – We would like to encourage all departments get involved in this event.

• Mini Triathlon – We are also getting ready to do a Mini Triathlon. If you need help training for this, we are here to help you. Contact Josh in the pool for assistance with swimming, contact Thomas or Cubs for assistance with cycling and fitness, and contact Coach Waquie for help with running. All these individuals will be available to help you train for this Mini Triathlon. For more information about this event contact the recreation center at 869-9777.

I hope you all are doing well and staying safe, Coach Waquie signing out.

**RECREATION SECTION** – Distance Learning Program is learning about germs! Parents and teachers know the struggle of trying to get young kids to clean their hands. It's just not that easy to explain to them what germs are and how they work. So, our students did a science experiment on why it is Important to wash your hands with Soap? They used water, glitter to represent the germs and dish soap to do the experiment. They used one finger that was dipped in dish soap and put into water to see what happens. With their shocking little faces, they were able to see how the soap spread the glitter away from their dipped finger. With the observation of the experiment, it showed the students on how germs can spread if we do not properly wash our hands. They also rubbed glitter as germs on their hands and placed on paper to see how much their hands can spread germs on their tables.



you sneeze, cough, or blow your nose, and after you have been to a public place. Hand sanitizer is a good solution when you can't get to a sink.

**Earth Day Activities** - Students planted various seeds from flowers to vegetables. They did research on their seeds they planted on how much water and sun their plants need while growing. They also made Earth Day posters and wrote what Earth Day means for them. Some students also picked up trash at the playground and were little upset because of the litter at the parks where they play and went into discussion about trash they see on the roads.



one of the best ways to clear and strengthen your mind. Here's a quick tip, if you feel intimidated to exercise alone bring a friend or family member. It will help motivate you, and we hope it will help motivate them as well. We are a community with amazing facilities and services, so we are encouraging you to utilize them. Also,

Students also watched an anime show on Netflix: Cells at work. They learned how our human body reacts to viruses and how it fights the viruses to keep us healthy. **Helpful Tip to keep germs away:** By washing hands thoroughly with soap and water for at least 20 seconds. Do it anytime



#### June 2021

#### Isleta Pueblo News



have shown that your education, all of you have shown that your education is very important to you. We learned a lot this school year from ABC's, learning how to read, multiplication, fractions, research papers, Spanish, and various artwork and enjoying your classmates' company. We stuck together through this Covid-19 pandemic and adapted to on-line schooling and you all did great. We will miss all of you and the adventures we had here at the recreation center and thank you for being great students and a great family! Have a great summer and always do your best in school. We will miss you!

Love, LeeAnne and Meredith

















**Summer Recreation Program** – The Summer Recreation Program will take place this year and will be primarily held at the recreation center. The program will start on June 7th and run through July 30th, 2021. The actual program will start at 9 am to 3 pm, but parents can drop off their children at 7:30am and pick them up by 5:30pm. We were only able to register 50 children in the summer program this year due to COVID restrictions and we apologize. If your child did not get into program, we do have a waiting list if you would like to sign your child up just in case someone drops out and you are still interested in getting in.



Please keep in mind to follow safety road signs due to our youth being outside using the recreation ballfields every day or on walks in surrounding areas. Thank you for your cooperation.

**PARKS MAINTENANCE** – Just completed fertilizing all parks and athletic fields. They are staying on top of the grass cutting as usual and all playground equipment, park benches, shelters etc. have been sprayed down and can be used.

Please be careful, it's my understanding that rattlesnakes are out so please be on the lookout for them and stay away from them if you see any. All is well with Parks Maintenance Division.

**AQUATICS CENTER** – Greetings everyone! The Pool has been busy the past few weeks and time slots for lap swim have been filling up more and more! We would like to encourage anyone interested to call the Rec Center at 505-869-9777 to reserve your lane! Appointments are available in lhr increments from 6:30am to 5:30pm,



Isleta Aquatics has also begun to offer swim lessons, children and adults are welcome and encouraged to learn to swim with one of our staff and enjoy our beautiful Aquatic facility!

Last but not least, Isleta Aquatics is currently still looking to fill our final lifeguard positions for summer, the job is posted on the POI website. For anyone interested in applying or for any questions about the Lifeguard certification or for information about swim lessons and other aquatic programming, please call 505-869-9783.



Friendly Reminder from the ISLETA CASINO & RESORT EMPLOYEE CLINIC

WARMER WEATHER SIGNALS START OF SNAKE SEASON

"BE ON THE LOOKOUT" URGES NEW MEXICO POISON CENTER



It's snake season in New Mexico, and the New Mexico Poison and Drug Information Center has some tips to keep you safe:

- Always be aware of your surroundings.
- Walk in areas where the ground is clear so you can see where you step.
- Be aware of where you sit especially in shady areas.
- Wear protective clothing, such as long pants and hiking boots.
- Wear gloves when using your hands to move brush or rocks. Don't reach into cracks in rocks, animal burrows or





under bushes.

- Don't walk around at night or sleep on the ground - snakes are most active at night.
- Don't tease, kill or handle a rattlesnake.
- If you encounter a snake, don't panic or blindly run away. Look carefully where you are going.
- Call the New Mexico Poison Center for poisoning emergencies, questions about poisons, or for information about poison prevention, 24 hours a day, toll free at 1-800-222-1222.

• For removal of the snake call: Animal Control at Isleta Pueblo Wildland Enforcement Officers Dispatch 505-869-3030 June 2021

Every May, the Administration for Community Living leads our nation's observance of Older Americans Month. The theme for 2021 is "Communities of Strength."

Older adults have built resilience and strength over their lives through successes, failures, joys, and difficulties. Their stories and contributions help to support and inspire others. This OAM, we will celebrate the strength of older adults and the Aging Network, with special emphasis on the power of connection and engagement in building strong communities.

There are many things we all can do to nurture ourselves, reinforce our strength, and continue to thrive. Connecting with others is one

of the most important—it plays a vital role in our health and well-being, and in that of our communities. From finding joy in small things and sharing our stories, to looking at the big picture and giving to others, join us in promoting the ways we are connected and strong.

## Giving Special Thanks to our Isleta Pueblo Elders

In conjunction with Older Americans Month, the Elder Advisory Committee is proud to acknowledge our Elders once again. This year we are proud to acknowledge seven of our Elders who are 95 years of age and older. We pay special tribute to them for always instilling the importance of who we are as Isleta people and for passing on their knowledge and wisdom to so many. Presenting our wonderful Elders:

*Ms. Carlota Jiron, Age 102* (Our Golden-Ager) (photo not available)

### Nana Andrea Jaramillo, Age 99



Nana Reyes Lucero, Age 98



Nana Doris Valdez, Age 98

Nana Alberta Lente, Age 98



Nana Ruth Juancho, Age 96





## COMMUNITIES OF STRENGTH: MAY 2021

## Tata Tony Lucero, Age 96





Our beloved Elders were presented with many gifts including a beautiful postcard of our St. Augustine church. They were incredibly happy and grateful for thinking of them and for visiting them. They were happy for the gifts that were prepared for them.

We also want to extend our appreciation to their family members who are their

caregivers.

May Our Creator always watch over them.



A beautiful ceramic dish of fresh fruit and chocolates

From the Isleta Elder Advisory Committee

ESTACIONES DE TREN Northk

## Weekday Schedule LUNES A VIERNES

Schedule Effective **May 7th, 2021** Horario efectivo a partir del **7 de mayo del 2021** 

#### **READING THE SCHEDULE** 1. Decide whether you are going north

- (at top) or south (at bottom).
- 2. On the left-hand side, find the station from which you are leaving.
- 3. Read across to find the times the Rail Runner departs from that station.
- From there, read down to find what time the Rail Runner will arrive at the station to which you are traveling.

#### COMO LEER EL HORARIO

- 1. Decida si va a ir al norte (en la parte de arriba) o al sur (en la parte de abajo).
- 2. En el lado izquierdo, encuentre la estación desde la cual usted sale.
- 3. Lea para encontrar los horarios en los que sale el Rail Runner de la estación.
- Desde allí, lea para encontrar la hora en la que el Rail Runner llegará a la estación hacia la cual usted se dirige.

#### Title VI

The Rio Metro Regional Transit District is committed to its Title VI obligations. We do not discriminate on the basis of race, color or national origin in the delivery of service. To obtain more information on our nondiscrimination obligations or to file a Title VI complaint, contact us at 809 Copper Ave. NW, ABQ, NM 87102.

El Distrito de Tránsito Regional de Río Metro cumple con las obligaciones del Título VI. No discriminamos por raza, color ni origen nacional al brindar nuestros servicios. Para obtener más información sobre nuestros deberes antidiscriminatorios o para presentar un reclamo del Título VI, contáctenos en 809 Copper Ave. NW, ABQ, NM 87102.

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ESTACIONES DE TREIV	North	ibouna /	rumbo	norte			0	nown are ue			nse noteu
TRAIN STATIONS	#502	#504	#102 EXPRESS	#506	#508	#510	#512	#514	#516	#518	#520
Belen	-	-	5:39A	6:35A	8:04A	-	3:35P	-	5:51P	7:01P	7:57P
Los Lunas	-	-	5:49A	6:46A	8:15A	-	3:46P	-	6:01P	7:12P	8:08P
Isleta Pueblo	-	-	6:02A	6:59A	8:27A	-	3:59P	-	6:16P	7:26P	8:22P
Bernalillo County	-	-	6:10A	7:06A	8:35A	-	4:06P	-	6:29P	7:35P	8:31P
Downtown ABQ	4:32A	5:02A	6:22A	7:19A	8:42A	9:35A	4:26P	5:34P	6:48P	7:42P	8:38P
Montaño	4:41A	5:11A	-	7:29A	-	9:44A	4:35P	5:43P	6:58P	-	-
Los Ranchos / JC	4:47A	5:17A	6:34A	7:36A	-	9:50A	4:41P	5:49P	7:06P	-	-
Sandia Pueblo	4:52A	5:22A	-	7:42A	-	9:55A	4:46P	5:54P	7:12P	-	-
Downtown Bernalillo	5:01A	5:31A	-	7:52A	-	10:03A	4:54P	6:07P	7:26P	-	-
Sandoval / US 550	5:05A	5:35A	6:46A	7:58A	-	10:08A	4:59P	6:12P	7:31P	-	-
Kewa	5:25A	5:55A	7:05A	8:18A	-	10:28A	5:19P	6:34P	7:50P	-	-
SF County / NM 599	5:48A	6:18A	7:24A	8:39A	-	10:51A	5:43P	6:57P	8:13P	-	-
Zia Road	5:58A	6:28A	-	8:49A	-	11:01A	5:53P	7:07P	8:23P	-	-
South Capitol	6:08A	6:38A	7:40A	8:56A	-	11:11A	6:00P	7:17P	8:33P	-	-
Santa Fe Depot	6:13A	6:43A	7:45A	9:01A	-	11:16A	6:05P	7:22P	8:38P	-	-
READ DOWN											

ESTACIONES DE TREN	South	nbound /	rumbo .	sur				Shown are d	eparture time	unless other	wise noted
TRAIN STATIONS	#501	#503	#507	#509	#511	#513	#515	#101 EXPRESS	#517	#519	#521
Santa Fe Depot	-	-	5:39A	7:13A	1:02P	-	4:15P	5:04P	5:30P	6:46P	9:00P
South Capitol	-	-	5:43A	7:18A	1:07P	-	4:20P	5:09P	5:35P	6:51P	9:05P
Zia Road	-	-	5:49A	7:25A	1:14P	-	4:27P	-	5:42P	6:58P	9:12P
SF County / NM 599	-	-	6:01A	7:37A	1:26P	-	4:39P	5:26P	5:54P	7:10P	9:24P
Kewa	-	-	6:19A	7:55A	1:44P	-	4:57P	-	6:12P	7:28P	9:42P
Sandoval / US 550	-	-	6:38A	8:14A	2:03P	-	5:16P	6:02P	6:31P	7:47P	10:01
Downtown Bernalillo	-	-	6:43A	8:18A	2:07P	-	5:20P	-	6:35P	7:51P	10:05
Sandia Pueblo	-	-	6:52A	8:27A	2:16P	-	5:29P	-	6:44P	8:00P	10:14
Los Ranchos / JC	-	-	6:57A	8:32A	2:21P	-	5:34P	6:14P	6:49P	8:05P	10:19
Montaño	-	-	7:02A	8:37A	2:26P	-	5:39P	-	6:54P	8:10P	10:24
Downtown ABQ	4:45A	5:30A	7:10A	8:45A	2:42P	4:30P	5:50P	6:25P	7:02P	8:18P	10:32
Bernalillo County	4:53A	5:41A	7:19A	-	2:50P	4:38P	5:57P	-	7:09P	-	-
Isleta Pueblo	5:01A	5:49A	7:27A	-	2:57P	4:45P	6:06P	-	7:17P	-	_
Los Lunas	5:13A	6:06A	7:39A	_	3:10P	4:58P	6:22P	-	7:31P	_	_
Belen	5:24A	6:17A	7:50A	-	3:20P	5:08P	6:33P	-	7:42P	-	_
READ DOWN				-							

0:00

LEA HACIA ABAJO



Significa que el tren no se detiene

Train arrives but does not continue El tren llega a destino pero no continúa

### <u>Helping Your Adult Family Member</u> <u>Who Has an Addiction</u>

Although you may be tempted to rescue, bribe, pamper, scold, or threaten your adult family member who continues to use and abuse alcohol and/or drugs, this is not a helpful approach.

Families share experience, strength, and hope at Al-non meetings. These

## St. Augustine Parish Isleta Pueblo Ministry of Consolation

Shown are departure times, unless otherwise noted.

Horario demuestra tiempos de salida a no ser que se indique lo contrario.

meetings teach you how to stop "enabling". The word enabling means "allowing, permitting, or aiding" the alcoholic/addict to stay in their sickness and enabling keeps you, the family, trapped in the problem. Enabling can make you physically and emotionally sick and cause increased stress with you and your home environment. Addiction is not something that affects just the alcoholic/addict but has a negative impact on the entire family and the community.

No one wants their adult family member to suffer with an addiction and your intentions to help are out of love and concern. When enabling turns into an intervention, things begin to change. It is time to take your focus off the adult family member's addiction and place it onto yourself and your family. You regain power to make meaningful choices about what you will do and what you won't do. Enabling does not teach responsibility.

You can contact Al-non at (505) 262-2177 and find out the nearest location from your community to attend, (IBHS does not provide transportation).

Isleta Health Center - Behavioral Health



#### MISSION STATEMENT

We are a ministry of consolation at St. Augustine Parish to offer spiritual comfort and support to families who have experienced the loss of a loved one. We will continue to honor and respect our traditional teachings.

## Saturday Schedule HORARIO DEL SÁBADO

ESTACIONES DE TREN	Northbo	ound Satur	day / sába	do rumbo r	norte
TRAIN STATIONS	#702	#704	#706	#708	#710
Belen	7:24A	12:30P	5:40P	7:43P	10:35P
Los Lunas	7:34A	12:40P	5:50P	7:53P	10:45P
Isleta Pueblo	7:45A	12:51P	6:01P	8:04P	10:56P
Bernalillo County	7:53A	12:59P	6:09P	8:12P	11:03P
Downtown ABQ	8:04A	1:14P	6:20P	8:23P	11:11P
Montaño	8:13A	1:23P	6:29P	8:32P	-
Los Ranchos / JC	8:19A	1:29P	6:35P	8:38P	-
Sandia Pueblo	8:24A	1:34P	6:40P	8:43P	-
Downtown Bernalillo	8:32A	1:42P	6:48P	8:51P	-
Sandoval / US 550	8:36A	1:46P	6:52P	8:55P	-
Kewa	8:54A	2:04P	7:10P	9:13P	-
SF County / NM 599	9:15A	2:25P	7:31P	9:34P	-
Zia Road	9:26A	2:36P	7:42P	9:45P	-
South Capitol	9:34A	2:44P	7:50P	9:53P	-
Santa Fe Depot	9:39A	2:49P	7:55P	9:58P	-
READ DOWN					

ESTACIONES DE TREN	South	bound Sa	aturday /	sábado i	rumbo su	r
TRAIN STATIONS	#701	#703	#705	#707	#709	#711
Santa Fe Depot	-	10:00A	3:05P	-	8:10P	10:14P
South Capitol	-	10:05A	3:10P	-	8:15P	10:19P
Zia Road	-	10:13A	3:18P	-	8:23P	10:27P
SF County / NM 599	-	10:22A	3:27P	-	8:32P	10:36P
Kewa	-	10:40A	3:45P	-	8:50P	10:54P
Sandoval / US 550	-	10:58A	4:03P	-	9:08P	11:13P
Downtown Bernalillo	-	11:01A	4:06P	-	9:11P	11:16P
Sandia Pueblo	-	11:10A	4:15P	-	9:20P	11:25P
Los Ranchos / JC	-	11:15A	4:20P	-	9:25P	11:30P
Montaño	-	11:21A	4:26P	-	9:31P	11:36P
Downtown ABQ	6:30A	11:31A	4:39P	6:51P	9:41P	11:45P
Bernalillo County	6:40A	11:41A	4:50P	7:01P	9:51P	-
Isleta Pueblo	6:48A	11:49A	4:58P	7:09P	9:59P	-
Los Lunas	6:59A	12:00P	5:09P	7:20P	10:10P	-
Belen	7:09A	12:10P	5:19P	7:30P	10:20P	-
READ DOWN						

Schedule Effective May 7th, 2021

Horario efectivo a partir del 7 de mayo del 2021

## Sunday Schedule HORARIO DEL DOMINGO

ESTACIONES DE TREN	and the second	unday / domingo ru	
TRAIN STATIONS	#702	#704	#706
Belen	7:24A	12:30P	5:40P
Los Lunas	7:34A	12:40P	5:50P
Isleta Pueblo	7:45A	12:51P	6:01P
Bernalillo County	7:53A	12:59P	6:09P
Downtown ABQ	8:04A	1:14P	6:20P
Montaño	8:13A	1:23P	6:29P
Los Ranchos / JC	8:19A	1:29P	6:35P
Sandia Pueblo	8:24A	1:34P	6:40P
owntown Bernalillo	8:32A	1:42P	6:48P
Sandoval / US 550	8:36A	1:46P	6:52P
Kewa	8:54A	2:04P	7:10P
SF County / NM 599	9:15A	2:25P	7:31P
Zia Road	9:26A	2:36P	7:42P
South Capitol	9:34A	2:44P	7:50P
Santa Fe Depot	9:39A	2:49P	7:55P

ESTACIONES DE TREN	and the second state of the		lomingo rumb	
TRAIN STATIONS	#701	#703	#705	#707
Santa Fe Depot	-	10:00A	3:05P	8:10P
South Capitol	-	10:05A	3:10P	8:15P
Zia Road	-	10:13A	3:18P	8:23P
SF County / NM 599	-	10:22A	3:27P	8:32P
Kewa	-	10:40A	3:45P	8:50P
Sandoval / US 550	-	10:58A	4:03P	9:08P
Downtown Bernalillo	-	11:01A	4:06P	9:11P
Sandia Pueblo	-	11:10A	4:15P	9:20P
Los Ranchos / JC	-	11:15A	4:20P	9:25P
Montaño	-	11:21A	4:26P	9:31P
Downtown ABQ	6:30A	11:31A	4:39P	9:41P
Bernalillo County	6:40A	11:41A	4:50P	-
Isleta Pueblo	6:48A	11:49A	4:58P	-
Los Lunas	6:59A	12:00P	5:09P	-
Belen	7:09A	12:10P	5:19P	-

#### LEA HACIA ABAJO

## >>> Free Bus Connections

SANTA FE TRAILS

Present your valid mobile or printed New Mexico Rail Runner Express ticket and ride most buses for free. If you're riding the train free and are planning on making a connection, ask a Ticket Agent for a bus transfer slip.











**RIO METRO SANDOVAL** 

**RIO METRO VALENCIA** 

#### WHAT IS ADDICTION?

Addiction is a chronic disease when left untreated causes The destruction of the disease of addiction is real and the changes lasting damage to the person with the addiction as well as to to brain chemistry are frightening. Sobriety or recovery often family and community. Addiction is also known as chemical seems impossible to the addict, family, friends, and community.

Untreated addiction is a tragedy that has a devastating ripple effect on children, parents, communities, and nations.

dependency.

People can develop an addiction or chemical dependency to many substances that include alcohol, methamphetamine, cocaine, marijuana, and opiates such as heroin and pain pills. It is important to remember that alcohol is also considered a drug and people can and do become addicted to alcohol.

Addiction is classified as a brain disease because abuse of alcohol and/or drugs changes the brain. Addiction is dependence on something that is physically or psychologically habit-forming. It is difficult for the addict to stop using alcohol/drugs because of the withdrawal that happens when the use stops. A hangover or withdrawal is a severe physical and psychological shock.

People with addictions have an intense focus on using certain substances such as alcohol or drugs until the addiction takes over their lives. The changes in the brain cause addicts to have powerful cravings and make it hard for them to stop using alcohol and/or drugs, even when they know continued use causes problems.

#### Remember there is no shame in having an addiction the shame is in doing nothing about it!

Isleta Behavioral Health 505-869-5475







90 minute support session to increase your motivation to quit smoking whether you are ready to quit or not ready to quit.

## You will receive (free):

- The Guide to Help You Quit Smoking your own personal workbook
- Help in identifying your barriers to quitting commercial tobacco
- Help in identifying your personal motivations for quitting
- Pack Tracks to identify the kind of commercial tobacco smoker you are

## Topics Covered include:

- 1. Am I ready to quit .....on a scale of 1-to-5?
- 2. How addicted am I to nicotine?
- 3. Using over-the-counter (OTC) Nicotine Replacement Therapy (NRT)
- 4. Free NRT & assistance @ Quit Line 1-800-QuitNow or enroll at QuitNowNM.com
- 5. Pros and Cons of Quitting Smoking... Identifying Barriers and Motivators
- 6. Closing Backdoors
- 7. Introduction to The Guide to Help you Quit Smoking
- 8. Pre-view of Pack Tracks using them to cut back before Quit Day
- 9. Preparing a Quit Kit tool for surviving the first two weeks after quitting
- 10. Using a Calendar to reward yourself (optional)
- 11. Dealing with Losing your Best Friend the Cigarette
- 12. How to support your friend or family member who is Thinking About Quitting
- 13. Other tools to help you quit: Freedom From Smoking® Online at www.ffsonline.org

Call Stephanic, Health Educator @ 869-4479 to Sign Up Isleta Mealth Center

Sessions are now available in person or over the phone

Isleta Health Center Annual Blood Drive Thursday, June 10, 2021- from 8:30am-12:00pm In the Isleta Health Training Center Parking Lot

You can sign up at <u>www.vitalant.org</u>, Click on Donate (left hand corner) and then click on Donate Blood and type in Sponsor Code: IHC or call Stephanie Barela at 869-4479 if you need help.



## Health Beat Why Donate Blood?

Stephanie Barela, 869-4479 www.vitalant.com Isleta Health Center, Health Educator

While COVID-19 has changed many of our day-to-day activities, one thing remains the same: Blood is the most precious gift that anyone can give another person – the gift of life. We need your help to ensure patients in our community have the blood they need! **June 14th is World Blood Donor Day** help us celebrate by signing up to donate today!

Isleta Health Center's Annual Blood Drive, Thursday, June 10, 2021 located at the Isleta Health Training Center from 8:30am-12pm. Schedule your appointment at www.vitalant. org, click on Donate in the left hand corner and then click on Donate Blood and type in **Sponsor Code: IHC**. If you need assistance with registering, please call Stephanie Barela at 869-4479.

1. **Patients need your gift of life!** Every day donors must give blood in order to supply all the people in New Mexico that need it. SAVE A LIFE-GIVE BLOOD!

2. **It is a great way to learn your blood type;** when you donate, your blood is typed for free.

3. You get a mini-physical; Donors have their blood pressure, pulse, hematocrit (anemia screening), temperature checked, and a COVID test. The entire donation process will take approximately 60 minutes.

4. **Volunteer Work;** It is a convenient way to do volunteer work in your community.

5. **Celebrate your good health;** Donate on your birthday, anniversary, or other special occasions with others.

6. It is A Big Morale Booster; one of the few things you can do to save another person's life.

7. **One donation goes a long way;** your single donation may be separated into several blood products to help treat up to four different patients.

- o Red Cells: anemia, kidney dialysis, surgery
- o Plasma: burn victims, shock, liver disease
- o Platelets: leukemia, cancer, surgery
- o Cryoprecipitate: hemophilia

8. **Donors help support special blood programs**; Frequent small transfusions of Red Cells are needed to provide life-sustaining oxygen for the immature lungs of tiny babies.

- o Premature infant care
- o Rare donor registry
- o Pheresis program
- o Plasma for manufacture of blood clotting factors, immune ("gamma") globulin, albumin

## DID YOU KNOW?

There are no substitutes for blood, platelets or plasma they cannot be manufactured. Patients in need of blood or blood products must rely on donations from people like you. Those who are hesitant about donating blood for the first time often find that the donation process is easy and that saving lives is deeply gratifying.

One donation can save multiple lives. Here are the facts:

- Just one donation can save up to 3 lives.
- The average red blood cell transfusion is **3 pints** (or three whole-blood donations).
- More than 1 million people every year are diagnosed with cancer for the first time. Many of them will need blood—sometimes daily during chemotherapy.
- More than 38,000 blood donations are needed every day.
- **Type O-negative** whole blood can be transfused to people with any blood type, but this type of blood is rare, and supplies of it are low.
- **Type AB plasma** can be transfused to patients with all other blood types, but it is also in short supply.
- While **38%** of the American population is eligible to give blood, only **2% actually donates**.





## 505-869-9770

Menu Instructions Included

June Menu - Food Box #1

	_			
Day 1	Day 2	Day 3	Day 4	Day 5
MACARONI SOUP	ITALIAN SUB	BAKED CHICKEN	ROAST BEEF SLIDERS	BAKED SHRIMP
3oz Ground Beef	2 Italian Sausages	2 Chicken Thighs	6oz Roast Beef	6oz Shrimp
3/4c Macaroni	1/2c Fajita Vegetable	2 Baked Potatoes	2 Slices of Cheese	1/2c Rice Pilaf
1/2c Diced Tomato	2 Slices of Cheese	1c Carrots	1/2c Broccoli	1/2c Winter Blend
5 Crackers	2 Hot Dog Buns	2 Dinner rolls	4 Mini Rolls	
Day 6	Day 7	Day 8	Day 9	Day 10
OPEN FACE CHICKEN	POTATO SOUP	HOT DOGS	CHICKEN FAJITA	PULLED PORK SLIDER
2 Chicken Patties	4oz Ground Beef	4 Hot Dogs	6oz Diced Chicken	6oz Pulled Pork
1/2c Mashed Potatoes	2 Potatoes	3/4c Potato Wedges	1/2c Fajita Vegetable	2 Corn on the Cob
1/4c Gravy	1/2c 5 way Vegetable	1/2c Baked Beans	1/4c Shredded Cheese	2 Baked Chips
1/2c Carrots	5 Crackers	4 Hot Dog Buns	1/2c Spanish Rice	4 Mini Rolls
Day 11	Day 12	Day 13	Day 14	
GREEN CHILE TAMALES	SALISBURY STEAK	SOFT TACO	MEATBALL SOUP	The form
4 Tamales	2 Salisbury Steak	4oz Diced Chicken	6oz Meatballs	
1/2c Refried Beans	1/2c Rice	1/4c Shredded Cheese	1/2c Barley	
1/2c Broccoli	1/4c Gravy	1/2c California Veg	1/2c 5 way Vegetable	
		4 Salsas	1/2c Diced Tomato	

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DATE	TOPIC	SPEAKER	LOCATION								
6/8/2021 10:30am – Noon	Parkinson's Disease	Cindy Brown Home Instead	On-line at home or Presented at Isleta Health Center Kitchen								
7/6/2021 I <sup>st</sup> Tuesday of the Month 5pm-6:30pm	<b>EVENING SESSION</b> Grief Presentation	Lisa Cherino	On-line at home or Presented at Training Center								
8/10/2021 10:30am – Noon	Meditation/Depression	Lisa Cherino	On-line at home or Presented at Training Center								
9/14/2021 5pm – 6:30pm	<b>EVENING SESSION</b> End of life issues/Hospice	Cindy Brown Home Instead	On-line at home or Presented at Training Center								
10/12/2021 10:30am-12	Basic Diabetes Education	Andrea Wilson Fitness Instructor Isleta Diabetes Prevention Program	Isleta Health Center To Be Determined								
11/9/2021 5pm-6:30	Risk from Potential/Actual Releases of Pollutants into the Environment	Isleta Environmental Department	Isleta Health Center To Be Determined								
12/14/21 10:30-noon	Kidney Disease	Cindy Brown Home Instead	Isleta Health Center To Be Determined								
Location a Subject t Change	Topics & Location are Subject toContact Stephanie Barela to sign up and learn more!Subject to Change EVERYONEMASKS REQUIRED!Due to Limited Space in order to Social Distance SEATS MUST BE RESERVED AHEAD OF TIME, Please Call in Advance.		Phone: 869-4479   Email: <u>sbarela@islclinic.net</u> OR attend On-line/over phone https://puebloofisleta.my.webex .com/join/mis Join by Phone at 415-655-0001 Access Code 126 401 5131								

JUNE 2021 ISLETA HEALTH CENTER Questions? Call 869-3200					
SAT/SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 The Ripple Effect : 9:00 - 12:00pm For more information please call: 869-5475 Afterschool Peacemaking Collaborative Program: 3:30-5pm For more information please call: 869-5475	2 The Ripple Effect : 9:00 - 12:00pm For more information please call: 869-5475 Wellbriety Group: 11:00 -12:00pm For more Information please call: 869-5475 Afterschool Peacemaking Collaborative Program: 3:30-5pm For more information please call: 869-5475	<b>3</b> <i>CLINIC OPENS AT 9:50am</i> Podiatry Clinic - 8:00 - 4:30	4
5/6	7 Podiatry Clinic - 8:00 - 12:00 The Ripple Effect : 9:00 - 12:00pm For more information please call: 869-5475	8 The Ripple Effect : 9:00 - 12:00pm For more information please call: 869-5475 Afterschool Peacemaking Collaborative Program: 3:30-5pm For more information please call: 869-5475	<b>9</b> The Ripple Effect : 9:00 - 12:00pm For more information please call: 869-5475 Wellbriety Group: 11:00 -12:00pm For more Information please call: 869-5475 Afterschool Peacemaking Collaborative Program: 3:30-5pm For more information please call: 869-5475	10 CLINIC OPENS AT 9:50am Podiatry Clinic - 8:00 - 4:30 ISLETA HEALTH CENTER <u>ANNUAL BLOOD DRIVE</u> Thursday, June 10, 2021 8:30am - 12:00pm IHC Training Center Parking Lot	11
12/13	14 Podiatry Clinic - 8:00 - 12:00 The Ripple Effect : 9:00 - 12:00pm For more Information please call: 869-5475	15 The Ripple Effect : 9:00 - 12:00pm For more information please call: 869-5475 Afterschool Peacemaking Collaborative Program: 3:30-5pm For more information please call: 869-5475	16 The Ripple Effect : 9:00 - 12:00pm . For more information please call: 869-5475 Wellbriety Group: 11:00 -12:00pm > For more Information please call: 869-5475 Afterschool Peacemaking Collaborative Program: 3:30-5pm For more information please call: 869-5475	17 <i>CLINIC OPENS AT 9:50am</i> Podiatry Clinic - 8:00 - 4:30	18
19/20	21 Podiatry Clinic - 8:00 - 12:00 The Ripple Effect : 9:00 - 12:00pm For more information please call: 869-5475	22 The Ripple Effect : 9:00 - 12:00pm For more information please call: 869-5475 Afterschool Peacemaking Collaborative Program: 3:30-5pm For more information please call: 869-5475	23 The Ripple Effect: 9:00 - 12:00pm For more information please call: 869-5475 Wellbriety Group: 11:00 -12:00pm For Information please call: 869-5475 Afterschool Peacemaking Collaborative Program: 3:30-5pm For more information please call: 869-5475	<b>24</b> <i>CLINIC OPENS AT 9:50am</i> No Podiatry Clinic	25
26/27	28 Podiatry Clinic - 8:00 - 12:00 The Ripple Effect : 9:00 - 12:00pm For more information please call: 869-5475	29 The Ripple Effect : 9:00 - 12:00pm For more information please call: 869-5475 Afterschool Peacemaking Collaborative Program: 3:30-5pm For more information please call: 869-5475	30 The Ripple Effect : 9:00 - 12:00pm For more information please call: 869-5475 Wellbriety Group: 11:00 -12:00pm For Information please call: 869-5475 Afterschool Peacemaking Collaborative Program: 3:30-5pm For more information please call: 869-5475	BISLETA HEALTH SUPPORT GROUP Parkinson's Disease Tuesday, June 8, 2021 Isleta Health Center Kitchen RSVP by June 7th Contact Stephanie Barela 869-4479 sbarela@islclinic.net	DPP=Diabetes Prevention Program: 869-4595 BHS=Behavioral Health Services : 869-5475



## Appointment (505) 869-3200

It is important to see your provider if you have a Chronic Disease, such as:

Diabetes (at least every 6 months)
Hypertension/High Blood Pressure

(every 6 to 12 months)

.Asthma

•Are due for a Health Maintenance Appointment •Plan to participate in sports (need a sports physical)

> If you are OVERDUE to see your Provider, PLEASE CALL TO SCHEDULE ASAP!

Telephone Visits are still available in many situations.

in the front of the clinic and enter in the Front Doors https://puebloofisleta.my.webex.com/join/mis

Join by Phone at 415-655-0001 Access Code 126 401 5131



Cindy Brown, Home Instead ALL WELCOME, but must pre-register!

Must pre-register to attend in person (limit 8) or to receive online access. Please RSVP by June 7th.

> Contact Stephanie Barela <sup>869-4479</sup> sbarela@islclinic.net

MASKS REQUIRED sbarela@islclinic.net ALL WELCOME