

Isleta Pueblo News

Volume 16 Issue 8

Pueblo of Isleta website: www.isletapueblo.com

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August 2021

Governor's Report

Maguwam, Hello everyone, I hope this newsletter finds everyone doing well. First of all, I want to thank our creator for the wonderful rain which we have received. It's good to see the land turn green and colorful.

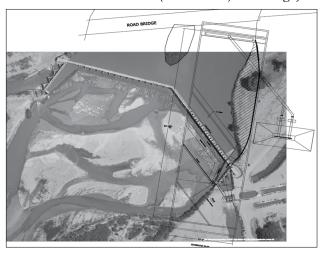
The COVID Mitigation Team is working hard to keep our community safe. We all understand that the State of New Mexico and other states have opened fully; however, we have not opened as the state has done. We still have our Public Health Order to follow and comply with. Please review our updated Public Heath Order (see attachment).

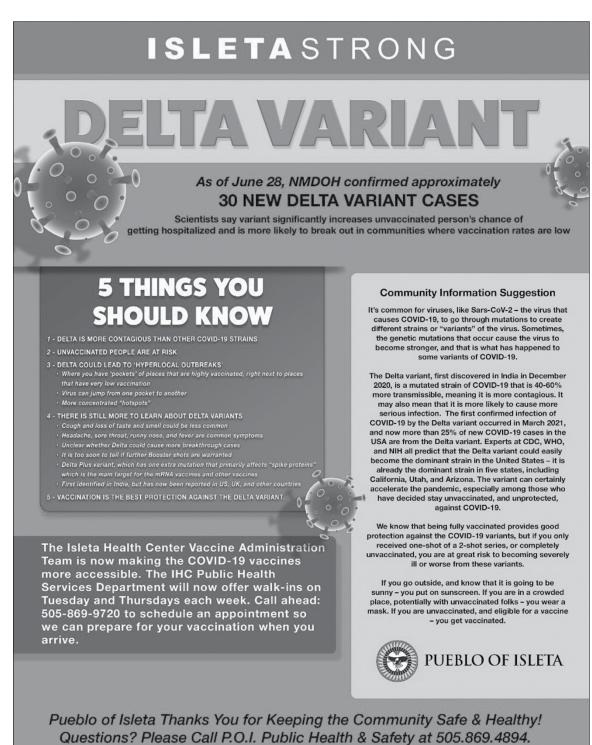
The Delta Variant is very contagious and is a concern within our community. The Delta Variant is impacting our surrounding state which has fully opened up. If you travel, please follow and adhere to the current Public Health Order. I encourage everyone from ages 12 and up to get vaccinated. The vaccination will reduce the spread, contraction, hospitalization and death from COVID to our community members. We have all been doing a good job at keeping our masks on and utilizing hand sanitizers to keep ourselves safe. I encourage anyone who has symptoms of COVID to be tested and isolate to prevent the spread.

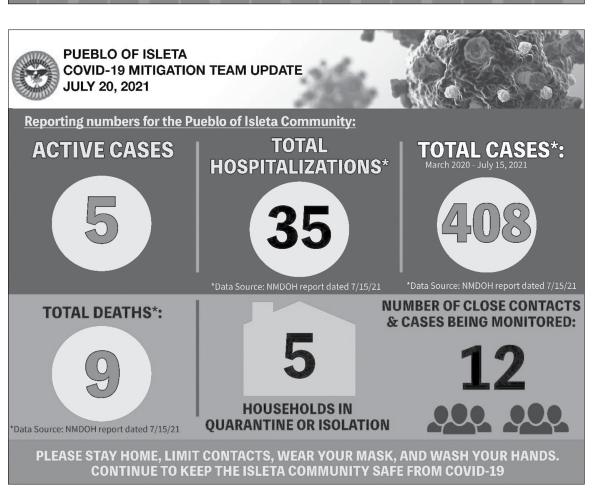
People have been asking about feasts that we are all so used to having around this time. Unfortunately, we will not be celebrating the Feast of St. Augustine on August 28, 2021 or the Feast of St. Augustinito on September 4, 2021. There will be feast masses held on August 27, 2021 for vespers and on August 28, 2021 for St. Augustine with a procession in the plaza area. We pray that we will be able to continue our feast days as we remembered them.

Last month, 2nd Lt. Gov. Sanchez and along with Derek Jarner, Water Resources Manager, visited the Bureau of Reclamation, Technical Service Center in Denver, CO, to view the physical model of the Isleta Diversion Dam (IDD) in operation. The physical model is being used to determine modifications to Diversion Dam and sluiceway to reduce the amount of sediment outfall on the Big and Little Chical and the Cacique irrigation canals. The physical model is scale rendition of the diversion structure (see picture and diagram overlay). An alternate option has been selected and the combined dam and sluiceway structure modifications and gate operations are being tested to refine the final design.

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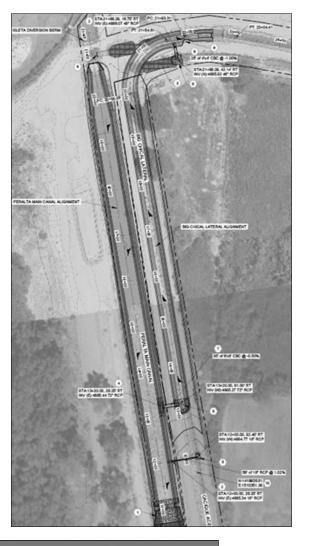


As part of the IDD project a separate project involving the construction of a fish passage for the Rio Grande Silvery Minnow is being designed. The fish passage will allow the Minnow to move through the IDD and be utilized in the recovery of the endangered species. The placement of the fish passage will be near the middle of the IDD and either upstream or downstream depending on a final design and cost determination. These are two conceptual renditions looking east and west.





Another related project is the Peralta Main modification. The plan is to widen the Peralta and install Langemann gates approximately 1000 feet downstream of the Big Chical outlet to check water. This will allow water to be diverted back upstream through the new Big Chical extension that will also feed the Little Chical. The Langemann gate installation will divert water to the Cacique at a different location also. The modification of the Peralta Main is designed to further reduce sediment outfall to the three irrigation canals.



We continue to stay ahead of needing Prior and Paramount (P&P) water supply for our irrigation needs. As of this writing, MRGCD demand is 500 cfs and P&P supply is still greater than P&P demand. In addition, the District has not released any San Juan Chama water to meet their 500 cfs demand. The recent rains have helped tremendously.

It is being predicted that over the next 50 years modeling shows New Mexico temperatures statewide could rise 5 -7 degrees. This gives continued importance of the need to development and implement plans to manage and protect our land, water, wildlife, and related resources. We must be pro-active and not reactive. Isleta leadership and the community must come together to effect the needed changes and decisions to ensure our shared resources will be here for our children's children and beyond.

Please drive careful out there and if you see anybody driving dangerously, report to our Police Department. Recently, we had a community member hit from behind while driving a bale wagon. Remember, we are a community and we must share in protecting each other out there and within our home base.

Let us continue to pray for rain, to keep us safe from the virus, and may our creator keep our community safe and bless every one of us with a good life.

Haw-wuh. Vernon B. Abeita Governor

VALLE DE ORO NATIONAL WILDLIFE REFUGE IS OFFERING



Refuge neighbors are invited to share firewood, slash and mulch from a Siberian Elm removal project this summer. Please contact Maintenance Worker Joe Mackey to get a free permit.

Permits are required.

Joseph_mackey@fws.gov, 505-401-6308



Isleta Health Center Optometry

Digital Eye Strain
Dr. Mitchel Anderson,
OD, Optometrist
Phone: 505-869-4080



We are using screens now more than ever before. Many of us use our computer screens at work and spend much of our spare time on our TVs, phones or tablets. This can be a wonderful thing, but there are also potential side effects. One of the effects of increased screen time is that it can bother our eyes, a recent term has been coined for this: "Digital Eye Strain". Our eyes feel strained due to the background light from the devices, and due to small muscles inside our eyes that are working hard to keep us focused on the devices in front of us.

The Optometry Times and many eye-care professionals have recently created a simple rule to help combat this Digital Eye Strain. They call it the 20-20-20 Rule; this means that for every 20 minutes you spend on a digital screen, you should take a 20-second break to look at something at least 20 feet away. Oftentimes, our eyes feel most relaxed when we let them rest for a moment and just look into the distance. If you can actively remember to take short breaks from staring at screens throughout your day, your eyes will thank you. Especially if you are feeling eyestrain or fatigue at the end of the day, this is something you should implement into your daily routine. Vision is such an important part of our lives, let's remember to take care of our eyes so they can take care of us for many more years to come.

Isleta Health Center
Optometry Department

PROBATES

IN THE MATTER OF THE ESTATE OF: Anthony Velardez (DOD: 12/26/2020)

Case No. CV-PR-0052-2021

First Notice

TAKE NOTICE that in accordance with notice requirements, a Petition to Probate the Estate of **Anthony Velardez**, deceased **12/26/2020**, has been filed in the Pueblo of Isleta Tribal Court. Any person claiming an interest in the Estate is hereby advised to notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. Claims must be filed in writing. A hearing in this matter has been scheduled for **Thursday, September 19, 2021** at **9:15 am** at the Isleta Tribal Court, located at the Tribal Services Complex, 3950 Hwy. 47 SE, Building A, Albuquerque, NM. If you have any questions, please contact the Isleta Tribal Court at (505) 869-9699.

IN THE MATTER OF THE ESTATE OF: Mary Margaret Schall (DOD: 02/27/21)

Case No. CV-PR-0049-2021

Second Notice

TAKE NOTICE that in accordance with notice requirements, a Petition to Probate the Estate of <u>Mary Margaret Schall</u>, deceased <u>02/27/2021</u>, has been filed in the Pueblo of Isleta Tribal Court. Any person claiming an interest in the Estate is hereby advised to notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. Claims must be filed in writing. A hearing in this matter has been scheduled for <u>Wednesday, September 08, 2021</u> at <u>9:15 a.m.</u> at the Isleta Tribal Court, located at the Tribal Services Complex, 3950 Hwy. 47 SE, Building A, Albuquerque, NM. If you have any questions, please contact the Isleta Tribal Court at (505) 869-9699.

IN THE MATTER OF THE ESTATE OF: Andrew C. Padilla, Jr. (DOD: 12/26/2005)

Case No. CV-PR-0023-2020

Second Notice

TAKE NOTICE that in accordance with notice requirements, a Petition to Probate the Estate of <u>Andrew C. Padilla, Jr.</u>, deceased <u>12/26/2005</u>, has been filed in the Pueblo of Isleta Tribal Court. Any person claiming an interest in the Estate is hereby advised to notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. Claims must be filed in writing. A hearing in this matter has been scheduled for <u>Thursday, September 09, 2021 at 9:30 a.m.</u> at the Isleta Tribal Court, located at the Tribal Services Complex, 3950 Hwy. 47 SE, Building A, Albuquerque, NM. If you have any questions, please contact the Isleta Tribal Court at (505) 869-9699.

IN THE MATTER OF THE ESTATE OF: John Edward Keryte (DOD: 12/08/2020)

Case No. CV-PR-0029-2021

Second Notice

TAKE NOTICE that in accordance with notice requirements, a Petition to Probate the Estate of <u>John Edward Keryte</u>, deceased <u>12/08/2020</u>, has been filed in the Pueblo of Isleta Tribal Court. Any person claiming an interest in the Estate is hereby advised to notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. Claims must be filed in writing. A hearing in this matter has been scheduled for <u>Thursday, September 09, 2021 at 11:15 a.m.</u> at the Isleta Tribal Court, located at the Tribal Services Complex, 3950 Hwy. 47 SE, Building A, Albuquerque, NM. If you have any questions, please contact the Isleta Tribal Court at (505) 869-9699.

IN THE MATTER OF THE ESTATE OF: Christine Ann Abeita (DOD: 12/09/2017)

Case No. CV-PR-0034-2021

Second Notice

TAKE NOTICE that in accordance with notice requirements, a Petition to Probate the Estate of <u>Christine Ann Abeita</u>, deceased <u>12/09/2017</u>, has been filed in the Pueblo of Isleta Tribal Court. Any person claiming an interest in the Estate is hereby advised to notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. Claims must be filed in writing. A hearing in this matter has been scheduled for <u>Thursday</u>, <u>September 30</u>, <u>2021</u> at <u>9:30 a.m.</u> at the Isleta Tribal Court, located at the Tribal Services Complex, 3950 Hwy. 47 SE, Building A, Albuquerque, NM. If you have any questions, please contact the Isleta Tribal Court at (505) 869-9699.

IN THE MATTER OF THE ESTATE OF: Antonette Clarice Abeita (DOD: 07/22/1999) Case No. CV-PR-0042-2021

Second Notice

TAKE NOTICE that in accordance with notice requirements, a Petition to Probate the Estate of **Antonette Clarice Abeita**, deceased **07/22/1999**, has been filed in the Pueblo of Isleta Tribal Court. Any person claiming an interest in the Estate is hereby advised to notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. Claims must be filed in writing. A hearing in this matter has been scheduled for **To Be Determined (TBD)** at **TBD** at the Isleta Tribal Court, located at the Tribal Services Complex, 3950 Hwy. 47 SE, Building A, Albuquerque, NM. If you have any questions, please contact the Isleta Tribal Court at (505) 869-9699.

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LETTER FROM THE EDITOR

DEADLINE for September Newsletter articles is set for Wednesday, August 18, 2021, at 4:30 pm. Articles may be dropped off at the Library or emailed to Nathaniel. Lujan@isletapueblo.com. Should you email your article, expect a confirmation email. If you do not receive a confirmation email, odds are it never made it to me and then it's time to panic, so call Nate at 505.869.9808.

People who wish to submit an article or flyer are responsible for generating their own article or flyer. Should you need help, please call the Library at 505.869.9808 and set up a date and time to sit down with a Library staff member who will help you throughout the process. The Library will NOT accept notes dropped off at the Library or information over the phone to generate your article.

PROBATES need to be published in the Newsletter for two consecutive months. Probates are considered court documents, therefore, all submitters must provide: 1) Name of Deceased, 2) Date of Deceased 3) Court Case # and 4) Date of Court Date. A Probate form can be found on the Newsletter Archive page at http://www.isletapueblo.com/newsletters.html.

CLASSIFIED ADS: The new administration has requested that the Newsletter start a Classified Ad section for Tribal members selling land, houses, mobile homes, vehicles, and farm equipment. Leasing of houses and mobile homes will be accepted. Smaller items which can be sold at the local flea markets or weekly yard sales will NOT be accepted.

Currently, this service is FREE to Tribal members. Land, houses, and mobile homes must be within the reservation boundaries. Ads must meet the 160 character limit. Ads that exceed the 160 characters will NOT be submitted into the Newsletter. A single picture may be submitted with the ad. Submitters of classified ads are responsible for generating their own ads as this is a FREE service.

As a reminder, Tribal business owners may submit a small flyer at no charge. Like the classified ads, business owners are responsible for generating their own flyers as this is a FREE service.

Classified ads and business flyers will be posted no more than two consecutive months. In the event where the Newsletter may exceed the 24-page limit, classified ads and business flyers will be "bumped" for newsletter articles. Again, this is a FREE service for Tribal members.

The Isleta Newsletter is owned and operated by the Pueblo of Isleta. Therefore, the Governor of the Pueblo of Isleta has the final say of all articles and contents within the Isleta Newsletter.

For additional questions, you may call the Library and speak with Nate or Diane at 505.869.9808.

Thank you, Nathaniel Lujan

Newsletters may be found at the fifteen distribution locations listed below. Remember, Digital copies of the Newsletter may be obtained from the Newsletter archive at http://www.isletapueblo.com/newsletters.html

The fifteen Newsletter distribution locations are:

- 1. TR 2 & TR 22 Chical SE of Community Hall
- 2. TR 10 Behind the old 47 Sales
- 3. TR 1 & TR 5 Ranchitos / Bosque Farms
- Reservations Line
- 4. Ranchitos Park
- 5. Post Office Big Tree6. TR 82 & TR 84 Teller Road
- 7. TR 78 & TR 82 Carlos Trujillo Sr.
- 8. TR 90 @ Y CF Padilla
- 9. Mouse Town Park -
- 10. Health Center South end of Health Center Parking lot
- 11. Library Sunlight & Moonlight Intersection
- 12. TR 6 47 Intersection
- 13. TR 12 47 & 147 intersection (Old Smoke & Save)
- 14. TR 71 & TR 54 @ Y Holiday Robot / Paved Road / Railroad Tracks
- 15. TR 45 & TR 40 @ Y Tata Mel (POI Signage)

DEPARTMENT OF HEALTH SERVICES



TELEPHONE: 505-869-3200 FAX: 505-869-4584

PUBLIC HEALTH EMERGENCY ORDER 2021-03

PUEBLO OF ISLETA

July 20, 2021

The intent and purpose of this Public Health Emergency Order is to prevent and
mitigate spread of COVID-19 within the Pueblo of Isleta. Whereas, the Pueblo of Isleta
has made significant progress in vaccinating individuals and reducing community
transmission, and unvaccinated persons are more likely to get infected and spread the
virus.

THEREFORE, NOTICE IS GIVEN that, pursuant to the Tribal Health Officer authority set forth in Title 40, Communicable Disease Code, Pueblo of Isleta, effective May 11, 2020, as adopted by Tribal Council Resolution No. 2020-016B on November 25, 2020, I hereby order that:

- A. All persons 2 years of age and older are required to wear a mask while in indoor public settings, except when eating or drinking, or with members of the same household.
 - Masks are recommended in outdoor settings. In areas with high numbers of COVID-19 cases, consider wearing a mask in crowded outdoor settings and for activities with close contact with others who are not fully vaccinated.
 - Masks are required for individuals who are not fully vaccinated regardless of setting.
- B. Indoor mass gatherings of greater than 30 individuals are strictly prohibited.
- C. Outdoor mass gatherings of up to 75 individuals will be allowed with the following conditions:
 - Any outdoor activity of greater than 30 individuals will require a COVID-19 Safety Plan
 approved by the COVID-19 Mitigation Team before any activity is advertised and/or carried
 out at the Pueblo of Isleta.
 - Adherence to the COVID-19 Safety plan will allow continuation of activity during times of low transmission (less than 10 cases per 2-week period) of COVID-19 in the community.
 - With an approved COVID-19 Safety Plan, outdoor gatherings of no more than 75 individuals can social distance at a length of three (3) feet.
- D. Access is restricted to all non-residents, with the exception of tribal members of the Pueblo of Isleta.
 - All non-tribal members of the Pueblo of Isleta who do not lawfully reside within the exterior boundaries of the Pueblo of Isleta reservation will be denied access within the exterior boundaries of the Pueblo of Isleta reservation including the Isleta Pueblo Housing Districts, the Main Village area, and other housing areas within the Pueblo of Isleta.
- E. Access into the Pueblo of Isleta for essential services and services deemed necessary for day-to-day Pueblo of Isleta operations is permitted.
- F. A curfew is imposed for all persons lawfully residing within the exterior boundaries of the Pueblo of Isleta reservation between 9PM and 6AM.
 - Anyone who must travel due to work, essential service, or emergency situations during the curfew hours is exempt from this curfew order.
- G. The sale of prepared food, including but not limited to Indian Oven Bread or traditional food products, arts and crafts, agricultural and/or yard sales within the exterior boundaries of the Pueblo of Isleta is permitted. Vendors must abide by COVID-19 Safe Practices for all sales.
- H. Fully vaccinated persons who travel outside of the state of New Mexico or coming from outside the United States are not required, but recommended, to quarantine.
 - Travelers arriving into the Pueblo of Isleta should be tested for COVID-19 as soon as 3-5 days from return or arrival to determine status of COVID-19.
- All persons who are not fully vaccinated with the COVID-19 vaccine who travel outside the state of New Mexico will be ordered to quarantine.
- J. Vaccinated persons with an exposure to someone with suspected or confirmed COVID-19 are not required to quarantine if all the following criteria are met:
 - Are fully vaccinated (i.e. ≥ 2 weeks following receipt of the second dose in a 2-dose series, or ≥ 2 weeks following receipt of one dose of a single-dose vaccine).
 - Have remained asymptomatic since the current COVID-19 exposure.
- K. All persons who are not fully vaccinated with the COVID-19 vaccine will be ordered to quarantine after exposure to someone with suspected or confirmed COVID-19.
- L. Fully vaccinated persons who do not quarantine should still watch for symptoms of COVID-19 for 14 days following an exposure.
- M. All persons who test positive for COVID-19 are to voluntarily isolate and cooperate with contact tracing and investigation efforts to quarantine close contacts.

NOTICE IS FURTHER GIVEN that, pursuant to Section 40.10.1 of Title 40, Communicable Disease Code, all tribal law enforcement officers are hereby ordered to actively enforce all provisions of this Public Health Emergency Order.

NOTICE IS FURTHER GIVEN that all persons within the external boundaries of the Pueblo of Isleta must abide by the following additional preventive measures:

1. All persons should perform frequent hand washing with soap and water for at least 20 seconds, or frequently use a hand sanitizer that contains at least 60% alcohol.

- 2. All persons should maintain social distance of 3 to 6 feet to accommodate safe physical distancing for protection from the spread of respiratory droplets when out of the home and in public.
- 3. All persons should avoid touching their face, nose, eyes or mouth.
- 4. All persons who are experiencing symptoms of COVID-19 should get a COVID-19 test as soon as possible.
- 5. All persons eligible to receive the COVID-19 vaccine should receive the COVID-19 vaccine as soon as possible.

Definitions:

- 1. Mask: A facial covering designed to filter breathing through both the nose and mouth and thereby contain or limit respiratory droplets. A mask must snugly cover the face around both the nose and mouth, have 2 or more layers of washable, breathable fabric, completely cover your nose and mouth, and have a nose wire to prevent air from leaking out the of the mask. For more information:

 https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/about-face-coverings.html
- 2. Public: Any area outside of an individual's residence wherein one could come in close contact with someone not from the individual's household.
- 3. Mass gathering: Any public gathering, private gathering, organized event, or other grouping that brings together 30 or more individuals in a single room or connected space, or personal residence. Businesses, workplaces, houses of worship, and places of lodging do not qualify as mass gatherings, but must adhere to all applicable Pueblo of Isleta policies, Public Health Orders and Executive Orders. "Mass gathering" does not include individuals who are public officials or public employees in the course and scope of their employment.
- 4. Essential services: services such as home health care, delivery trucks, emergency home repair services, public utilities, and Pueblo of Isleta operations.
- 5. Quarantine: used to keep someone who might be exposed to COVID-19 away from others. People who have had COVID-19 within the past 3 months or who are fully vaccinated are excluded from quarantining as long as no new symptoms develop. Quarantine period is endorsed by CDC to be 14-days, but can be shortened to 10 days without testing if there are no symptoms or after 7 days after receiving a negative test result (test must occur day 5 or later). Quarantine periods will be decided by the Tribal Health Officer or designee based on local transmission levels and needs.
- Close Contact: an individual who is within 6 feet of someone who has COVID-19 for a total of 15 minutes
 or more, individual who provides care at home to someone who is sick with COVID-19, or individual who
 has had direct physical contact with someone who has COVID-19.
- 7. Fully vaccinated: ≥ 2 weeks following receipt of the second dose in a 2-dose series, or ≥ 2 weeks following receipt of one dose of a single-dose vaccine.
- 8. COVID-19 vaccine: the Advisory Committee on Immunization Practices (ACIP) has issued interim

DEPARTMENT OF HEALTH SERVICES



TELEPHONE: 505-869-3200 FAX: 505-869-4584

- recommendations for the use of Pfizer-BioNTech, Moderna, and Johnson & Johnson COVID-19 vaccines for the prevention of COVID-19 in the United States.
- COVID-19 Mitigation Team: the Pueblo of Isleta incident command structure comprised of Incident Commanders, Logistics Chief, Operations Chief, Planning Chief, Finance Chief, Safety Officer, and other essential representatives from the Pueblo of Isleta operations.
- 10. COVID-19 Safety Plan: a formal operational plan for any outdoor activity that includes COVID-19 safe practices and guidelines that will be followed for anyone attending or participating in the activity.

NOTICE IS FURTHER GIVEN that this Order shall take effect Tuesday, July 20, 2021 at 6:00 PM, and shall remain in effect until otherwise ended by a subsequent Public Health Emergency Order.

ADDITIONAL ORDERS WILL FOLLOW AS CONDITIONS WARRANT, SO ORDERED THIS 20th DAY OF JULY, 2021.

Tribal Health Officer

Tribal Health Officer

Isleta Health Center, Public Health Services Director

Concur

Vernon Abeita, Governor

Updates from Isleta Pueblo Housing Authority (IPHA)

Work-orders

Due to the recent rise in temperature in July, IPHA has been very busy with seasonal workorders. Priority has been to provide service to the elderly, disabled, and Veterans of our community; all other seasonal work-orders are being scheduled in the order they are received. In effort to expedite service, we have contracted out to Pueblo of Isleta (POI) Public Works to help with IPHA's work-orders. We appreciate their time and partnership to help our community. Please understand if POI Public Works handles your work-order, you will be contacted by IPHA to determine eligibility for a grant or required to do a payback. We thank you for your patience and understanding!

Career Opportunities

IPHA is experiencing a shortage of work force. IPHA is currently in need of carpenters, painters, and licensed plumbers. If interested, please apply on the POI Careers webpage. New Homeowners

Congratulations to those IPHA tenants who paid off their homes in the month of July, we now officially have four (4) more new homeowners! As a reminder, when you pay off your home, please take IPHA documentation to POI Survey & Mapping to submit a Land Transaction application for a Land Assignment.

Emergency Rental Assistance (ERA) Program

IPHA continues to accept applications for the Emergency Rental Assistance Program. In 2020, the U.S. Congress appropriated funding to provide emergency rental assistance to low-income renters (this includes homebuyers lease purchasing a home) experiencing financial hardship due to the COVID-19 outbreak. Funding was allocated to Isleta Pueblo Housing Authority (IPHA) to provide:

- Emergency Rental Assistance in the form of rental arrears and accruing rent
- Utilities, and
- Home energy costs assistance

Who is Eligible? Assistance is available to applicants who meet all of the following requirements:

- Tribal members residing within a fifty (50) mile radius of the Isleta Pueblo Reservation NOT already receiving assistance from other service providers, and residents on the Reservation NOT already receiving assistance from other service providers
- Households paying rent under a rental agreement (this includes tenants making lease payments under a lease purchase agreement)
- Households where one or more individuals have either a. Qualified for unemployment benefits or b. Have experienced a decrease in income, incurred significant costs, or financial hardship due to the COVID-19 outbreak
- Is a low-income household

What are Eligible Expenses? Assistance provided for the following (documentation will be required):

- Rent arrears incurred on or after March 13, 2020
- Accruing rent up to for a three-month period
- Utilities, including connection of utilities and past due payments for utilities and late fees incurred on past due payments, late

fees may NOT exceed \$20 monthly

- Other heating costs such as propane for home heating use, wood, or pellets
- Relocation costs and rental deposits
- Internet services Not to Exceed \$100.00 for BASIC services only What are the Limitations?
- Rental assistance may not be provided for current or future rent unless the rental assistance provided has cured the rent arrears or a payback agreement will cure the rent arrears
- Eligible to re-apply after three months if needed
- Households who have received assistance from other providers are not eligible for assistance for the same months for which assistance has already been provided.

What is the Application Process?

Submit an application for rental assistance and/or utilities by applying at the IPHA Office. IPHA will also make applications available by email

Moonlight Development

The Isleta Pueblo Housing Authority (IPHA) is pleased to inform the Isleta Pueblo community that the infrastructure portion of the Moonlight

Development Phase 1 project has been substantially completed and is getting ready for a final inspection by IPHA and tribal departments. The completed infrastructure includes paved streets, sidewalks, natural gas services, water, and sewer services, electrical and communications services and building pads (earthwork) for 39 homes. Of the total 39 lots that are constructed, 10 have been set aside for tribal members that can qualify for private mortgages. IPHA is also pleased to announce that the Pueblo of Isleta has received approval of a grant from the U.S. Department of Housing and Urban Development (HUD) for funding to construct 19 of the homes, these will be for qualified lowincome families. Phase 1 of the development also includes 10 rental units that will be constructed once IPHA obtains additional funding to complete them. The construction of the new 19 homes under the approved grant will require manpower. IPHA requests that all interested construction workers within the Isleta Pueblo community contact IPHA for information about construction positions that will be available. IPHA extends its gratitude to the Isleta Tribal Council, the Governor's office and the IPHA Board of Commissioners for their profound support of IPHA's development activities.



PROBATES (Continued)

IN THE MATTER OF THE ESTATE OF: Joseph Cruz Abeita (DOD: 01/16/2018)

Case No. CV-PR-0043-2021

Second Notice

TAKE NOTICE that in accordance with notice requirements, a Petition to Probate the Estate of **Joseph Cruz Abeita**, deceased **01/16/2018**, has been filed in the Pueblo of Isleta Tribal Court. Any person claiming an interest in the Estate is hereby advised to notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. Claims must be filed in writing. A hearing in this matter has been scheduled for **To Be Determined (TBD)** at **TBD** at the Isleta Tribal Court, located at the Tribal Services Complex, 3950 Hwy. 47 SE, Building A, Albuquerque, NM. If you have any questions, please contact the Isleta Tribal Court at (505) 869-9699.

IN THE MATTER OF THE ESTATE OF: Margaret Erlinda "Linda: Zuni (DOD: 07/04/2019) Case No. CV-PR-0051-2021

TAKE NOTICE that in accordance with notice requirements, a Petition to Probate the Estate of **Margaret Erlinda "Linda" Zuni**, deceased **07/04/2019**, has been filed in the Pueblo of Isleta Tribal Court. Any person claiming an interest in the Estate is hereby advised to notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. Claims must be filed in writing. A hearing in this matter has been scheduled for * at the Isleta Tribal Court, located at the Tribal Services Complex, 3950 Hwy. 47 SE, Building A, Albuquerque, NM. If you have any questions, please contact the Isleta Tribal Court at (505) 869-9699.

DEPARTMENT OF CULTURAL AND HISTORIC PRESERVATION

Ma ku wum from the Department of Cultural and Historic Preservation! We are very happy to share the news that we have two wonderful interns working with us this summer: Felicia Bartley and Alexis Scalese. Felicia will begin her second year in the Public Humanities & Cultural Heritage Graduate Program at Brown University in the fall and is writing her thesis on the history of the Indian Pueblo Cultural Center. Alexis will begin her senior year at in the American Studies Program at Amherst College in the fall and would like to pursue a career as an archivist. Please drop by the Yonan An Cultural Center to say hello!

History of the Yonan An Cultural Center Building: This August marks one year since DCHP staff moved our offices into the Yonan An Cultural Center. Located in the newly renovated tribal day school building, the 13,926 squarefoot cultural center houses DCHP offices, an exhibition space, lecture hall, classrooms, and 1,207 square feet of climate-controlled storage and work space for the tribal archive. Funded by the Public Works Administration and built by Isleta tribal members who worked with the Civilian Conservation Corps—Indian Division in the late 1930s, the school opened in 1940 and remained in use through 2009. Constructed of adobe in the Pueblo Revival Style, the school building reflected the regional architecture design ideals of the period and featured state-of-the-art facilities and modern classrooms. During the building's history as a school for Isleta students, two additions were made to the original design: a small vestibule on the west end and a larger addition with locker rooms at the southeast corner. Additionally, the courtyard garden was converted to a gym. For a short period of time after the opening of Isleta's new elementary school, the Cultural Committee conducted meetings in the Pueblo Revival Style building. In 2013, a historic preservation plan was drawn up for the preservation and renovation of the building, in accordance with the National Historic Preservation Act, the National Environmental Policy Act, and the Secretary of the Interior's Standards for the Treatment of Historic Properties. In 2020, renovation and construction of the building were completed, providing a beautiful site for the Pueblo of Isleta Yonan An Cultural Center.

Community members whose friends or family members were a part of the CCC crew who originally built the building in the 1930s are encouraged to contact POI Tribal Archivist at (505) 869-5376. Additionally, tribal members with class photos, school memorabilia, and other memories of their time as students at the school are encouraged to consider sharing those with the POI Tribal Archive as well. Ms. Smith is interested in housing and exhibiting some of the tribal history associated with the school in a special Isleta Day School Archival Collection.

Isleta Heritage Garden Planning: If you are a community member with farming experience, gardening knowledge, or are interested in learning more about Isleta's agricultural practices and putting that knowledge to use, consider being a part of the up-and-coming Isleta Heritage Garden! Planning is now underway for clearing some land and identifying the types of desired plants. If you are interested in contributing, we are making a call for seed donations, Tiwa plant knowledge, and equipment to help clear a plot of land. The next meeting for planning the garden will be August 3rd at 1:00 PM in the lecture hall at the Yonan An Cultural Center (the former Isleta Elementary School).

For more information, visit the "Heritage Garden Project" tab on the Pueblo of Isleta website: https://www.isletapueblo.com/tribal-programs/dept-of-cultural-historic-preservation/dchp-projects/heritage-garden-project/

Thank Yous: Lastly, DCHP staff would like to extend our heartfelt thanks to the following individuals for their gifts and long-term loans to the Yonan An Cultural Center: Frances Abeita, Ramona Abeita, Loraine Padilla, Stephanie Padilla, Margarite Analla, Frank Jiron, and Miriam and Mike Lucero.

Kheurkim! We look forward to hearing from you soon!









OUR LOCATION

Isleta Resort and Casino is located 7 minutes south of downtown Albuquerque at Interstate 25 and Hwy 47, exit 215. The Human Resources office can be found on the east side of the building through the Employee Entrance doors.

☐ Title	Location	Address	City , State	Date Posted ▼
Guest Service Representative	1150 - MARKETING PLAYERS CLUB	11000 Broadway SE	Albuquerque, NM	7/22/2021
Administrative Assistant III	1510 - HUMAN RESOURCES	11000 Broadway SE	Albuquerque, NM	7/22/2021
Custodian	1355 - CUSTODIAL	11000 Broadway SE	Albuquerque, NM	7/21/2021
Cook I (Employee Dining)	0370 - F&B EMPLOYEE DINING	11000 Broadway SE	Albuquerque, NM	7/21/2021
Sous Chef (Chile Ristra)	0330 - F&B CHILI RISTRA	11000 Broadway SE	Albuquerque, NM	7/21/2021
☐ <u>Valet Attendant</u>	0250 - HOTEL GUEST SERVICE	11000 Broadway SE	Albuquerque, NM	7/19/2021
Front Desk Agent	0205 - HOTEL FRONT DESK	11000 Broadway SE	Albuquerque, NM	7/19/2021
Restaurant Chef (Embers)	0315 - F&B EMBERS	11000 Broadway SE	Albuquerque, NM	7/19/2021
Promotions Manager	1195 - MARKETING MANAGEMENT	11000 Broadway SE	Albuquerque, NM	7/16/2021
Slots Shift Supervisor	0100 - SLOTS OPERATIONS	11000 Broadway SE	Albuquerque,	7/16/2021
Slots Lab Technician	0100 - SLOTS OPERATIONS	11000 Broadway SE	Albuquerque,	7/16/2021
Hotel PM Technician	0230 - HOTEL HOUSEKEEPING	11000 Broadway SE	Albuquerque,	7/15/2021
Sous Chef (Banquets)	0340 - F&B CATERING & BANQUETS	11000 Broadway SE	Albuquerque,	7/14/2021
Cook II (Employee Dining)	0370 - F&B EMPLOYEE DINING	11000 Broadway SE	Albuquerque, NM	7/14/2021
Cook I (Prep)	0385 - F&B PREP KITCHEN	11000 Broadway SE	Albuquerque,	7/14/2021
Cook I (Banquets)	0340 - F&B CATERING & BANQUETS	11000 Broadway SE	Albuquerque,	7/14/2021
☐ Table Games Floor Supervisor	0120 - TABLE GAMES	11000 Broadway SE	Albuquerque,	7/13/2021
☐ Table Games Dealer	0120 - TABLE GAMES	11000 Broadway SE	Albuquerque, NM	7/13/2021
☐ Banguet Server	0340 - F&B CATERING &	11000 Broadway SE	Albuquerque,	7/13/2021
Food Attendant (Chili Ristra)	BANQUETS 0330 - F&B CHILI RISTRA	11000 Broadway SE	NM Albuquerque,	7/13/2021
☐ Landscape Technician	0701 - GOLF COURSE	11000 Broadway SE	Albuquerque,	7/12/2021
Promotions Coordinator	MAINTENANCE 1110 - MARKETING SPECIAL	11000 Broadway SE	NM Albuquerque,	7/12/2021
Guest Service Supervisor	1150 - MARKETING PLAYERS	11000 Broadway SE	NM Albuquerque,	7/12/2021
☐ Landscape Technician III	CLUB 1350 - FACILITIES	11000 Broadway SE	NM Albuquerque,	7/12/2021
☐ Laundry Attendant	MAINTENANCE 0270 - HOTEL LAUNDRY	11000 Broadway SE	NM Albuquerque,	7/9/2021
Spa Receptionist	0595 - SPA MANAGEMENT	11000 Broadway SE	NM Albuquerque,	7/9/2021
☐ Spa Attendant	0595 - SPA MANAGEMENT	11000 Broadway SE	NM Albuquerque,	7/9/2021
□ HDCT	1355 - CUSTODIAL	11000 Broadway SE	NM Albuquerque,	7/7/2021
Administrative Assistant II	0230 - HOTEL	11000 Broadway SE	NM Albuquerque,	7/7/2021
Surveillance Agent	HOUSEKEEPING 0170 - SURVEILLANCE	11000 Broadway SE	NM Albuquerque, NM	7/7/2021
Paralegal	1540 - COMPLIANCE	11000 Broadway SE	Albuquerque,	7/6/2021
Cook I (Chili Ristra)	0330 - F&B CHILI RISTRA	11000 Broadway SE	Albuquerque,	7/6/2021
Slots Floor Attendant	0100 - SLOTS OPERATIONS	11000 Broadway SE	Albuquerque,	7/2/2021
Compensation & Classification Analyst	1510 - HUMAN RESOURCES	11000 Broadway SE	Albuquerque,	7/2/2021
Supervisor F & B (Beverage Services)	0390 - F&B FLOOR	11000 Broadway SE	NM Albuquerque,	7/1/2021
☐ Director of Slots	BEVERAGE 0100 - SLOTS OPERATIONS	11000 Broadway SE	NM Albuquerque,	7/1/2021
Slots Compliance Coordinator	0100 - SLOTS OPERATIONS	11000 Broadway SE	Albuquerque,	6/30/2021
Mulit-Media Graphic Designer	1100 - MARKETING	11000 Broadway SE	Albuquerque,	6/30/2021
Food Attendant (Chills)	ADVERTISING 0332 - F&B CHILL COFFEE	11000 Broadway SE	NM Albuquerque,	6/28/2021
Cook II (Embers)	BAR 0315 - F&B EMBERS	11000 Broadway SE	NM Albuquerque,	6/28/2021
			NM Albuquerque,	
Slots Shift Supervisor (PW)	0100 - SLOTS OPERATIONS	11000 Broadway SE	NM Albuquerque,	6/25/2021
Caller/Floor Clerk	0140 - BINGO	11000 Broadway SE	NM NM	6/25/2021

Convention Services Coordinator	0220 - HOTEL SALES	11000 Broadway SE	Albuquerque, NM	6/23/2021
Supervisor F & B (Panda Express)	0329 - F&B PANDA EXPRESS	11000 Broadway SE	Albuquerque, NM	6/16/2021
Assistant Restaurant Manager (Chile Ristra)	0330 - F&B CHILI RISTRA	11000 Broadway SE	Albuquerque, NM	6/16/2021
Cook I (Embers)	0315 - F&B EMBERS	11000 Broadway SE	Albuquerque, NM	6/15/2021
Banquet Manager	0340 - F&B CATERING & BANQUETS	11000 Broadway SE	Albuquerque, NM	6/14/2021
Groundskeeper	0701 - GOLF COURSE MAINTENANCE	11000 Broadway SE	Albuquerque, NM	6/8/2021
Lakes Cashier	0780 - LAKES	11000 Broadway SE	Albuquerque, NM	5/31/2021
Admissions/Issue Clerk	0140 - BINGO	11000 Broadway SE	Albuquerque, NM	5/31/2021
Food Attendant (Panda Express)	0329 - F&B PANDA EXPRESS	11000 Broadway SE	Albuquerque, NM	5/31/2021
Supervisor F&B (Fat Burger)	0328 - F&B FAT BURGER	11000 Broadway SE	Albuquerque, NM	5/31/2021
☐ IT Manager - Applications	1550 - MIS (IT)	11000 Broadway SE	Albuquerque, NM	5/28/2021
Food Attendant (Fat Burger)	0328 - F&B FAT BURGER	11000 Broadway SE	Albuquerque, NM	5/27/2021
Cook I (Fat Burger)	0328 - F&B FAT BURGER	11000 Broadway SE	Albuquerque, NM	5/27/2021
☐ <u>Valet Supervisor</u>	0250 - HOTEL GUEST SERVICE	11000 Broadway SE	Albuquerque, NM	5/24/2021
Cage Cashier	0150 - CASH OPS CAGE	11000 Broadway SE	Albuquerque, NM	5/24/2021
Network Administrator	1550 - MIS (IT)	11000 Broadway SE	Albuquerque, NM	5/24/2021
Slots Floor Technician	0100 - SLOTS OPERATIONS	11000 Broadway SE	Albuquerque, NM	5/21/2021
EDR Attendant	0370 - F&B EMPLOYEE DINING	11000 Broadway SE	Albuquerque, NM	5/20/2021
Pool Attendant	1365 - POOL MAINTENANCE	11000 Broadway SE	Albuquerque, NM	5/19/2021
Retail Supervisor	0495 - RETAIL MANAGEMENT	11000 Broadway SE	Albuquerque, NM	5/19/2021
Security Officer I	0180 - SECURITY	11000 Broadway SE	Albuquerque, NM	5/12/2021
Security Officer II	0180 - SECURITY	11000 Broadway SE	Albuquerque, NM	5/12/2021
Maintenance Mechanic	0701 - GOLF COURSE MAINTENANCE	11000 Broadway SE	Albuquerque, NM	5/11/2021
Retail Attendant	0400 - RETAIL ENCHANTMENT	11000 Broadway SE	Albuquerque, NM	5/7/2021
Room Attendant	0230 - HOTEL HOUSEKEEPING	11000 Broadway SE	Albuquerque, NM	5/7/2021
☐ Houseperson	0230 - HOTEL HOUSEKEEPING	11000 Broadway SE	Albuquerque, NM	5/7/2021
Outside Service	0700 - GOLF COURSE OPERATIONS	11000 Broadway SE	Albuquerque, NM	5/6/2021
Shuttle Driver	0250 - HOTEL GUEST SERVICE	11000 Broadway SE	Albuquerque, NM	5/5/2021
Count Member	0160 - CASH OPS COUNT	11000 Broadway SE	Albuquerque, NM	5/4/2021
Restaurant Chef (Banquets)	0340 - F&B CATERING & BANQUETS	11000 Broadway SE	Albuquerque, NM	5/3/2021
Banquet Captain	0340 - F&B CATERING & BANQUETS	11000 Broadway SE	Albuquerque, NM	5/3/2021

Pueblo of Isleta Career Opportunities

Position Posting

AUTO & DIESEL MECHANIC BREASTFEEDING EDUCATOR BUS DRIVER- (PART TIME) CAREGIVER (2 positions) CARPENTER I,II, or III - REPOSTED COMPUTER IT SPECIALIST **COURT CLERK - REPOSTED** DISPATCHER **ELEMENTARY TEACHER 1st GRADE-REPOSTED** FACILITIES WORKER FEDERAL PROJECT MANAGER FITNESS INSTRUCTOR EMT INTERMEDIATE - REPOSTED **GENERAL COUNSEL** HVAC TECHNICIAN INSTRUCTIONAL COORDINATOR - REPOSTED IRRIGATION & LANDSCAPE TECHNICIAN LANGUAGE TEACHER **PAINTER** PARKS & MAINTENANCE WORKER PATIENT REGISTRATION CLERK PERSONAL CARE SERVICE AIDE (2 Positions) PHYSICIAN- AMENDED **PLUMBER** POLICE OFFICER I CERTIFIED - REPOSTED PURCHASED REFERRED CARE ACCOUNTING CLERK REGISTERED NURSE (Part-Time) - REPOSTED SALES ASSOCIATE - REPOSTED SCHOOL COUNSELOR

SHIFT LEAD

VAN DRIVER

SHIFT SUPERVISOR - REPOSTED

Office Location

Construction Operations WIC **Head Start Assisted Living Facility Housing Authority** Department of Education **Tribal Court** Police F Isleta Elementary School **Head Start** Within Only **Housing Authority** Recreation Center **Health Services** Legal Department Public Works Department of Education Within Only Parks & Recreation Department of Education Within Only **Housing Authority** Parks & Recreation **Health Services** Within Only **Elder Center** Health Center Isleta Pueblo Housing Authority Police Department **Health Services** Assisted Living Facility C-Stores Isleta Elementary School C-Stores **Assisted Living Facility** Elder Center

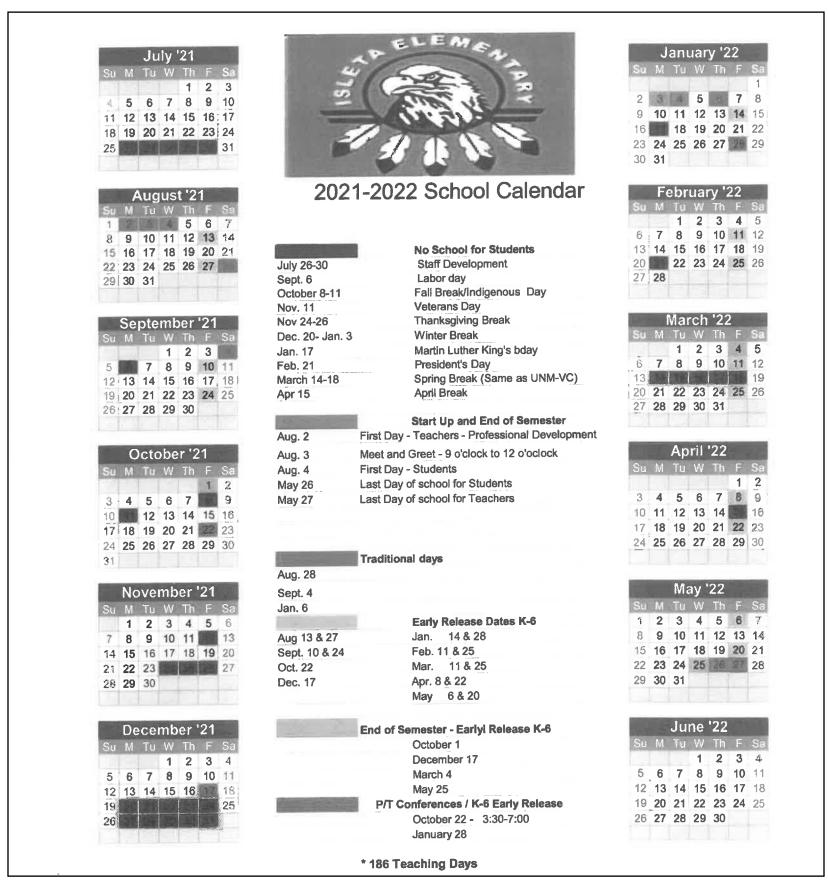
Closing Date

Open Until Filled 07/28/2021 Open Until Filled Open Until Filled Open Until Filled Open Until Filled 07/26/2021 Open Until Fi Open Until Filled 07/25/2021 Open Until Filled 07/21/21 Open Until Filled Open Until Filled Open Until Filled Open Until Filled 07/28/2021 Open Until Filled Open Until Filled Open Until Filled 07/27/2021 Open Until Filled Open Until Filled Open Until Filled Open Until Filled 07/23/2021 Open Until Filled Open Until Filled 07/29/2021 Open Until Filled 08/25/2021 Open Until Filled

ISLETA ELEMENTARY SCHOOL

Just a reminder that the 2021-2022 school year is just around the corner, and we are looking forward to seeing all of you! The first day of school is scheduled for August 4, 2021. We have registration packets available at the school as well as online at www.isletaelementary.com, do not forget to include all your necessary documents to complete registration! It is going to be an awesome year! As always, GO EAGLES!

Joe Robledo III, Principal



TRUANCY

Greetings from the Truancy Department,

Hope you and your families had a fun and safe summer.

With all the changes and decisions that have been made within the school districts, and all the schools that serve our students, we encourage our students to remember to continue wearing face masks, using hand sanitizer and to practice social distancing.

Remember that all schools will be going to in person learning when school starts in early August.

When back-to-school shopping, consider having your children pick out a new mask that they'll be excited to wear to school. And make a habit to pack their school essentials the night before.

- ☐ School books/materials
- ☐ Face mask
- ☐ Hand sanitizer
- □ Water bottle

This will help to make the early morning transition from home to school a happy one.

Be patient with your children, as this will be a major change in their

lives; try to understand their behavioral and emotional needs as well as recognizing signs of anxiety. There are many programs within the Pueblo of Isleta to support your children and your families.

Make sure your children are up to date on their immunizations, including the flu shot. If your children are age eligible, the Covid-19 vaccine, is an option. The benefits of receiving the vaccine are:

- ☐ It reduces the risk of contracting the virus
- ☐ It protects against severe illness
- ☐ Will allow for more social interactions

The Truancy Department will continue working in partnership with Isleta Elementary School as well as all Albuquerque Public Schools, Los Lunas Public Schools, the Native American Community Academy, School of Dreams Academy, and any charter schools our Isleta students attend. Our goal this year is to see our students continue attending school daily and when absent, attend virtual classes, which some schools will still offer.

As the school year kicks off, remember to follow all rules and policies set by the school districts and contact us if you have any questions. We wish you the best during this 1st semester of school!

NEW MEXICO

STATE OF NEW MEXICO

Public Education Department MICHELLE LUJAN GRISHAM, GOVERNOR Ryan Stewart, Cabinet Secretary

NEWS RELEASE

For immediate release

CONTACT: Judy Robinson iudy.robinson@state.nm.us 505-469-5496

June 8, 2021

Programs keep families in homes, students in school

PED urges NM families to apply for mortgage, rent, utility help

SANTA FE - The Public Education Department is urging eligible New Mexico families to apply for two programs to help pay the mortgage or rent and keep the lights on so children will not be uprooted from their local schools:

- The federal <u>Emergency Rental</u> <u>Assistance</u> program was created to reduce evictions or utility service cut-offs due to financial challenges related to the COVID-19 pandemic.
- The <u>New Mexico Homeowner</u> <u>Assistance Fund</u> offers grants of up to \$10,000 to maintain housing and reduce housing cost delinquency related to the pandemic.

"This has been an incredibly difficult year for so many New Mexico families that lost jobs or income due in one way or another to the pandemic," Public Education Secretary Ryan Stewart said. "We owe it to our children to keep their families intact and in their homes so they can focus, as they should, on their education without fear of being suddenly uprooted."

Under the Emergency Rental Assistance program, the state of New Mexico is distributing nearly \$170 million to pay back, current or future rent and utility bills for eligible families.

Eligible households may receive up to 15 months of assistance plus three additional months -- if funding is available -- to ensure housing stability. Assistance awards can be used for unpaid, current and future rent and utilities, although priority will be placed on paying past-due rent and utilities.

The Emergency Rental Assistance Program was established by the Consolidated Appropriations Act of 2021. In New Mexico, the Department of Finance and Administration has been administering the program since April 5 in partnership with the City of Albuquerque.

Renters across the state are eligible for the program -- except for residents of Bernalillo and Dona Ana counties and those who live in a pueblo or tribal area. Those two counties, as well as tribal governments, will administer their own Rental Assistance Programs, which can be accessed through links at RentHelpNM.org.

An application for rental assistance may be submitted by either an eligible household or by a landlord on behalf of that eligible household. In general, funds will be paid directly to landlords and utility service providers. If a landlord does not wish to participate, funds may be paid directly to

the eligible household.

Landlords and utility providers are encouraged to download a W9 and submit it to the Department of Finance and Administration via <u>ERAVendor.Relations@</u> state.nm.us as soon as possible to ensure a streamlined process for receiving payment.

In addition, the New Mexico Homeowner Assistance Fund -- a \$1 million, six-month pilot program co-sponsored by the state and the New Mexico Mortgage Finance Authority-- was announced this week and is the first state program specifically for homeowners.

The assistance covers past-due and current mortgage payments for income-eligible New Mexicans who have experienced a financial hardship associated with the COVID-19 health crisis.

The New Mexico Homeowner Assistance Fund replaces the COVID-19 Homeowner Assistance Program, which also served homeowners with housing cost assistance payments. The Mortgage Finance Authority will make payments directly to mortgage or loan servicers, escrow companies, or other housing providers. To be eligible for the program, household income must not exceed 100 percent of the area median income.

Applications can be made online at housingnm.org or by calling 505.308.4206 or toll-free 866.488.0498 to request a paper application.

More information about both programs, including income eligibility and frequently asked questions, are available on the Department of Finance and Administration website.

Other assistance programs available right now to eligible New Mexicans include:

- Connectivity: The Emergency Broadband Benefit program provides a \$50 monthly credit on the cost of high-speed internet (\$75 for households on tribal land) and a one-time credit of \$100 to buy a digital device. For more information, including an FAQ and a list of participating providers: fee.gov/emergency-broadband-benefit-program.
- Health care: Lower your costs and sign up for health care at Healthcare. gov or call 800-318-2596. If you lost your insurance, get help with the cost of COBRA coverage here: DOL.gov/general/topic/health-plans/cobra
- **Food:** Connect with New Mexico's Supplemental Nutrition Assistance

Program at Supplemental Nutrition Assistance Program (SNAP) I New Mexico Human Services Department (state.nm.us) Students ages 1-18 can also pick up free grab-and-go summer meals at more than 700 sites across New Mexico. Find one near you: summerfoodnm.org.

- Unemployment: Get an extra \$300 per week and unemployment benefits extended until Sept. 6. Sign up at the New Mexico Department of Workforce Solutions
- Free COVID-19 vaccine: Get an appointment for a free shot near you at vaccinenm.org. You can also sign up at Sweepstakes INMDOH (vax2themaxnm. org) for a new statewide vaccination incentive program that is offering a total of \$10 million in prize money, free travel packages, state parks passes and more.

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New Mexico Public The Education Department partners with educators, communities and families to ensure that all students are healthy, secure in their identity and holistically prepared for college, career and life. Currently, the NMPED serves more than 317,000 students in 187 districts and charter schools. Find an abundance of resources for administrators, educators, families and students at New Mexico Public Education Department (state.nm.us) or follow the PED at NMPublicEducatjonDepartment on Facebook and @NMPED on Twitter.



PRC

Patients are responsible for notifying PRC of any follow up appointments, continued or referred care, or any additional procedures the specialist may recommend.

Please provide the PRC office as much notice as possible to allow adequate time to process an referral prior to your appointment.

Questions? Please call 869-4488

Isleta Historical Society



Protect the Land • Preserve the Culture • Honor the Ancestors

This continues a monthly series of articles about historic Isletans and significant happenings at Isleta. The Isleta Historical Society is an independent, inclusive group looking to broaden understanding through vigorous research, interviews, visits to museums and other historical sites etc. We are interested in your reaction to these stories and encourage you to contact us with ideas for future publications. Visit us on Facebook and Instagram @isletahistoricalsociety or email us at isletahistoricalsociety@gmail.com. We will not use any information without your permission. Thank you!

Members: Randy Jiron, Kateri Jojola, Malcolm Ebright, Valentino Jaramillo, Rick Hendricks, and Ted Jojola

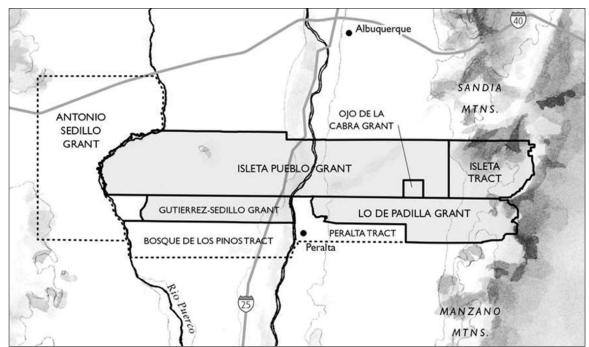
The Quest for the Crest: The Patenting and Use of the Mountain Up to Eagle Feather Peak Part 2

A Comparison of Sandia's and Isleta's Battle for the Crest

The eastern boundary call of both the Sandia and Isleta grants was the sierra (mountain) with Isleta's more specific language, "the espinaza (spine) of the sierra." The Court of Private Land Claims had decided in the Elena Gallegos grant case that the word sierra alone implied the crest of the mountain because sierra is sometimes translated as "saw," referring to the jagged peaks at the crest of the mountain. Nevertheless, as discussed in last month's article, US surveyors located Sandia's (as well as Isleta's) eastern boundary at the foothills. The Forest Service administered the rest of the mountain, which began, in the 1970s, to impede Sandia's use of Sandia Mountain; most importantly, the Forest Service failed to protect the pueblo's use of its sacred shrines and sites. Sandia entered into negotiations with the government to regain their use rights, but when these failed after 1983, Sandia finally sued in 1993 to correct their survey. Judge Harold Greene made two rulings, both in favor of Sandia. In the second opinion, Judge Greene ruled that any ambiguities (such as where to locate Sandia's eastern boundary) should be resolved in favor of the pueblo. Sandia had won, but the government appealed on behalf of the Forest Service. It appears that the Forest Service's response was a result of the pressure from the powerful owners of 600 acres of inholdings. This ensued in spite of Sandia's disclaimer of any interest in those inholdings and its willingness to issue deeds to those landowners. Sandia announced that it was seeking title to the 8,800 acres of National Forest and Wilderness within the claim, but asked the federal government to continue managing the land as Wilderness and National Forest, with the understanding

In the end, the case was settled with Sandia making the hard choice of giving up its claim of title in return for "free and unrestricted access to the [mountain] for traditional and cultural uses." This was what was most important to Sandia Pueblo as Governor Stewart Paisano noted eloquently, "the mountain is central to our beliefs, practices, and prayers. It is the only source of resources needed for religious ceremonies. Our spiritual leaders routinely make pilgrimages to the shrines on the mountain and leave offerings." But by giving up its legitimate claim of title, Sandia lost the right to regulate hunting, which, despite its protests, the settlement did not consider it a traditional or cultural use. If the Sandias had objected to their erroneous survey sooner than 1983, as did Isleta, before so many non-Indian claimants had staked their claim to the mountain, the result might have been different.

that ultimate title rested with the pueblo.



Isleta Pueblo and Its Land Purchases

Map by Molly O'Halloran

Isleta Pueblo's Quest for the Crest

Isleta had a stronger case than did Sandia with its unambiguous boundary call: the espinaza (spine) of the sierra. But it still took over two decades of letter-writing, meetings with lawyers, and negotiations with the Indian Service to get the eastern boundary surveyed and a patent for the additional 21,000 acres issued. Bautista Zuni worked hard to keep the pressure on the government, but it was Pablo Abeita who did the most to regain the mountain for Isleta. Pablo's quest began in 1899, when as secretary of the Isleta Pueblo council, he wrote to the newly-appointed Special Attorney for the Pueblo Indians, George Hill Howard on behalf of Isleta Governor Antonio Jojola. Abeita told Howard that Isleta's most important land-related challenge was the resurvey and patenting of the Isleta mountain tract. Although Pablo clearly laid out the reasons for his resurvey request, Howard ignored it.

Nevertheless, Howard petitioned Court of Private Land Claims to resurvey the eastern boundary of the Lo de Padilla grant, bordering Isleta to the south, which had a similar eastern boundary call: the Manzano Mountains. Isleta had purchased the grant in the late eighteenth century and was now asserting its claim of ownership. Acting on Howard's request, the land claims court ordered the Lo de Padilla grant to be surveyed to the crest. This resulted in the anomaly of two adjacent grants that Isleta owned, each with similar boundary calls, being surveyed differently: the Lo de Padilla grant was surveyed to the crest, while the Isleta mountain tract went to the foothills. Howard asked the land claims court to provide a uniform rule for locating boundaries when a mountain was designated as a landmark, but the court refused, leaving the issue completely confused.

Frustrated by the absurdity and injustice of the situation, Pablo Abeita continued his quest, along with a few others, to have the peak of the Manzano Mountains designated as the eastern boundary of the Isleta land grant. He realized that until he obtained that goal, the mountainside would be considered public domain of the US, available to non-Indians who wished to claim part of it as small-holding claims, just as they did on the Sandia grant.

It is unclear why government surveyors gave preference to Hispano land grants over Pueblo grants when surveying similar boundary calls, but in Isleta's case, their purchase of the Hispano Lo de Padilla grant worked in their favor. When the Court of Private Land Claims agreed that the peak or crest of the mountain was the boundary of that grant, at least Isleta owned half of the mountain, the half containing the most occupants as well as Eagle Feather Peak.

Pablo Abeita began by consulting everyone he thought could help — lawyers, Indian agents, and Father Ketcham, among others. When Pablo contacted Francis Wilson, Special Attorney for the Pueblo Indians in 1910, the attorney told Pablo that in regard to Isleta's eastern boundary, "it will be pushed: in the Office of the Commissioner of Indian Affairs." Never in the entire process did the Indian Office or the General Land Office (GLO) deny that the eastern boundary should be surveyed to the peak; they just didn't do it. When Abeita consulted Indian Agent Phillip T. Lonergan in 1914, the agent expressed frustration with the factionalism at the pueblo, asking Pablo to help him "in getting elected a man who will work with me in harmony ... on issues like the survey of the eastern boundary."

In 1918, Bautista Zuni, a progressive, was elected governor, with Pablo Abeita's brother Marcelino as lieutenant governor. Getting the patent for the Isleta mountain tract was one of the chief goals of this administration. Working with Indian Agent Lonergan, Zuni arranged a delegation to Washington, DC with the specific purpose of securing the patent. Made up of Pablo Abeita, his brother Marcelino, and Bautista Zuni, the delegation received a rousing send-off from their fellow Isletans at the Isleta station. When they arrived in Washington, the



Bautista Zuni, 1918, Albert E. Sweeney, photographer, Courtesy of the National Anthropological Archives, Negative no. BAE GN 01987 06337000

delegation vowed not to leave without the patent, no matter how long it took. However, they had to accept a promise that the patent would be sent, rather than receiving the patent itself. It seems that a new survey was required. That survey was completed in 1919; it showed that there were 324 acres of inholdings from small holding claims that had to be deducted from the patented acreage, far fewer than was the case at Sandia.

Finally, in 1928 the Pueblo Lands Board decided that the mountain tract was omitted by mistake from the original survey and should be patented to Isleta. Yet it took five more years for the pueblo to actually receive the patent to the 21,090-acre Isleta mountain tract. Now the pueblo could celebrate, and it did.

Use of the Mountain Tract

We know that Isletans have used the mountain tract since time immemorial for gathering resources and for spiritual purposes, but it does not seem that Isletans lived on the mountain. The first documented permanent structure was a cabin built a little south of the Isleta boundary, near the 9,600-foot summit of Bosque Peak in the early 1890s by the Isleta merchant Archibald Rea. The photographer and writer Charles Lummis, who lived at Isleta for four years, spent several weeks in June 1890 helping Rea build the cabin, motivated largely by his attraction to Rea's sister-in-law, Eve Douglas, Lummis's future wife. The house sat in a clearing, once an old sheep camp, thirteen miles by horseback from the Isleta plaza. Lummis helped by "chopping down trees, hewing the trunks into logs, building the walls and roof, and chinking the spaces between the logs with mud."

Domingo Jojola, who had played on Pablo Abeita's baseball team as an eighteen-year-old, built a ranch on the mountain in the 1930s and 1940s. Mingo, as he was known, used a spring about one-eighth of a mile to the north, to pipe water to the site, both for irrigation and for domestic use inside the house. He planted fruit trees and built a terraced garden where he grew squash, greens, and other vegetables. The garden was fenced, for Jojola also raised a large flock of sheep and goats with the help of a Navajo sheepherder and, later, a sheepherder from Mexico.

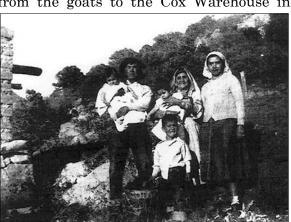


Isleta Pueblo Baseball Team, 1901, photographer unknown, Courtesy Leonard Abeita Collection, Isleta Pueblo



Raymond and Domingo Jojola

Ray Jojola, Domingo's grandson, has fond memories of his summers living with his grandparents on the ranch. According to Ray, Domingo had around 50 head of cattle, 300 sheep, 200 goats, 5 horses, and 3 mules. He constructed a system of sturdy wooden corrals with the horses having their own corral and the sheep and goats another. Mingo was also an accomplished blacksmith. He shod his own horses, repaired broken tools, and built needed outbuildings on the ranch. Jojola's house, built of stone and adobe, contained two rooms. Domingo built a hunting shack about six miles above the ranch where he camped out during the hunting season. He was also a successful trapper, bringing the tanned hides of coyotes and mountain lions to Albuquerque to sell. Ray Jojola remembers that Mingo made his money selling wool from his sheep and mohair from the goats to the Cox Warehouse in

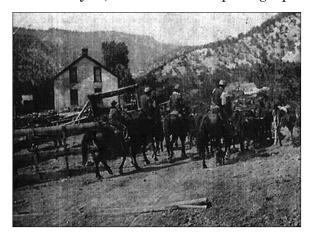


Domingo's Mountain House Domingo, Nana Leah, Twins Linda and Bernadette, Daughter-in-law Mary Jane, Raymond

Santa Fe. Every season itinerant Hispanic shearers would come with gas-powered shears and cut the wool from the sheep and the mohair from the goats. Domingo then hauled the wool and mohair to the Cox Warehouse. Domingo allowed Ray to collect the scraps of less desirable goat and sheep hair and sell them at the warehouse. With the money he made, Ray bought whatever he wanted. All in all, Ray Jojola remembers his grandparents' ranch as a little paradise on the mountain.

Domingo Jojola was also a leader in the pueblo, serving as lieutenant governor in 1940. He maintained a large two-storey house on the southeast corner of the plaza where he moved after the death of his wife in 1964.

Others built houses on the mountain at Hell's Canyon, as shown in this photograph.



Hell's Canyon

We are grateful to Ray Jojola for his contribution to this article.

Again, we want to thank everyone who has been reading these articles. We invest a great deal of time and energy into these articles, and we do so because we are interested and passionate about the topics we cover. We believe that by sharing these stories with the community it may instill a sense of confidence in who we are as Isletans. We are grateful for all of our readers and have been receiving feedback from the community. Some of you have even reached out with ideas about what topics to cover next or areas of interest for the Historical Society to dig deeper into. We thank you for your interest in the stories we are telling about the Pueblo and the people and encourage you to reach out to us with any information, ideas, or comments that you feel would be helpful to us. We will soon be publishing on our social media platforms so be on the lookout for that content. Again, any information is greatly appreciated and will not be used without your permission. Thank you!

- PRC will assist with payment for medical services only.
- PRC does not cover Durable Medical Equipment like Orthopedic braces, crutches, wheelchairs, hospital beds.
- PRC does not cover Labs at other facilities, unless it is associated with a hospital stay.
- PRC does not cover pharmacy, rehab services or long term care facilities.

Call PRC for more information.



Pueblo of Isleta Public Library

We hope you all enjoyed your summer and made lots of memorable moments with family and friends. It's back to school time for students. We would like to wish all students the best of luck during the school year. The Library is your one stop resource center. The Library has iMac computers and HP computers, Free Wi-Fi, printing, copying and much more. Take advantage of our conference room equip with a projection screen, white boards and a phone for conference calls. If you would like to reserve our conference room for any reason such as meetings, conference calls, presentations, or studying, please give the library a call at 505-869-9808.

News

At this time there are NO scheduled closures for the library during the month of August. However closures may happen pending the Tribal Administration. Please keep a look out for library signage and social media posts of any closures. Of course, you can always give us a call at the library at 505-869-9808 and we will relay any information we may have.

The Library would like to thank all the participants of our Summer Reading Program! It was a busy summer full of activities, crafts, and reading. The library staff enjoyed the company of the children but now it is time to bring out the backpacks and get ready for school. This means the library will be getting ready for our After School Program and bringing back our programming for Adults, Teens and Children. Please keep a look out for flyers posted throughout the community and the libraries social media accounts.

Story time will begin in August with story times every Wednesday starting at 10:30am and activities such as crafts will follow. We hope by this time we can have in-person story time once again. We will continue to keep you updated as the time comes closer. If you have any questions about our story times give the library a call and speak with Cheyenne at 505-869-9808 or email at Cheyenne. Castillo@isletapueblo.com.

Get a Library card with the Pueblo of Isleta Public Library and take advantage of our FREE services. We are a PUBLIC library and everyone is welcomed to use our services.

The Library is offering a contactless curbside service as well as computer use by appointment only for essential use.

Curbside services will be Monday-Thursday from 10am to 5pm and Friday 10am to 4pm. To check out material please download our mobile app Librista.



To make a computer appointment please call the library to set up a time, as space is limited. Appointments will be based on 30-minute increments so please come prepared. When visiting the library please remember to wear a mask at all times, patrons' temperatures will be taken before entering the library. Sanitation stations have been set up throughout the library, and computer workstations must be disinfected before and after use. Patrons will enter at the front entrance of the library and will exit on the north side of the library. If you have any questions or concerns feel free to contact the library at 505-869-9808.

To drop off any library materials please use our drop off box, which is located in the front of the library. Drop off material will be quarantined for three days, disinfected and then checked in.

With things changing daily library staff is closely monitoring the COVID-19 situation and as a result library programs and services are being impacted. We will continue to keep you updated and informed about upcoming programs and services as more information comes along. Below is a list of our new hours of operation.

Library Temporary COVID-19 Hours of Operation

Monday –Thursday: 8am to 6:30pm Friday: 8am to 4:30pm Saturday: CLOSED

Library staff members are on site to answer any questions or address any concerns you may have and we are always open to any suggestions you might have to helps us better serve the community. Please don't hesitate to give us a call at 505-869-9808.

Library Access from Home

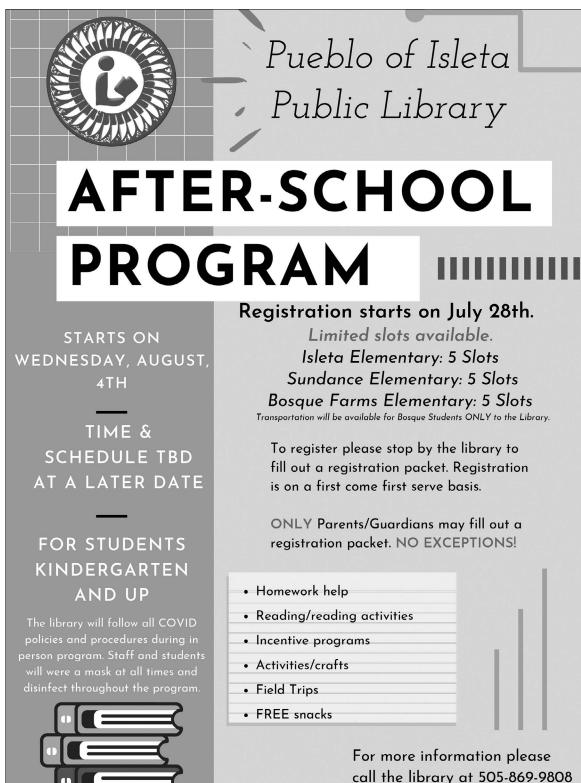
During this time we encourage the use of our digital services. If you ever have questions or need help accessing our online services, please call us at the library at 869-9808 during regular business hours or message us on social media (FB, Snapchat, & Instagram).

The Library's digital services give cardholders 24/7 free access to eBooks, audiobooks, music, magazines and periodicals (NY Times), so you can maximize your reading, and listening experience at home. We've got you covered.

The library online services will ask you to enter your library barcode number which is located on the back of your library card and a 4 digit pin or password. If you do not have a 4 digit pin or password set up with us, you can call the library during business hours and a staff member can help you set that up over the phone.

Below is a list of the digital services the library has to offer.

To search our library collection and view your account you can download the Librista



app on your iPhone, Android and Kindle devices. This feature will let you see what library material is available, let you search our library collection and view your account. New York Times online is now available to our library patrons for FREE. Find breaking news, multimedia, reviews & opinions on Washington, business, sports, movies, travel and so much more. New York Times will be available on library computers, library Wi-Fi or if you are at home on your devices you can access through the library website and click on the icon located on the general library section.

The library now has LinkedIn Learning formally known as Lynda.com, which is FREE online training on various computer software and programs. The LinkedIn Learning Online Training Library is a massive online training resource. Using their thousands of videos, members are able to learn – self-paced and on-demand – topics ranging from Google, Zoom and so much more. Members must have a Library card in order to utilize the LinkedInLearning.com site. The link to LinkedinLearning.com may be found on our Library website at http:// isletapueblo.com/library.html. Just click on the "Start Learning Click Here" button to start your digital continuing education.

Download the mobile app Libby to start borrowing and reading eBooks and audiobooks for FREE. Put your library in your pocket with Libby. To access this app you will need your library barcode and password.

Free Music! Take advantage of our Freegal Music service. Log on with your library card number and pin to start downloading and streaming music. Library patrons receive 3 free downloads each week and UNLIMITED streaming of music with NO AD interruptions. Log on to freegalmusic. com or download the Freegal Music app. If you have any questions about this service or would like to set up a password please give the library a call at 505-869-9808.

For additional help and information library staff members have made YouTube videos featuring the library's digital services and how to utilize them. Check them out by visiting the library's YouTube page at www. youtube.com/user/poilibrary.

Upcoming

Our After School Program registration will begin on Wednesday, July 28th and will remain open until all 15 slots are filled. Please note that space is limited, there will only be 5 slots available for Isleta Elementary, Sundance Elementary and Bosque Farms Elementary. We will be accepting students K-12th grade. Please come to the library to fill out a registration form. The After School Program will begin as soon as school starts. We provide transportation for students who attend Bosque Farms Elementary. Once you register your child in our program you will need to fill out a transportation form to ensure that your child will be picked up at the correct bus stop. Our After School Program is designed to engage students in reading, activities, crafts, and homework help in a safe and comfortable environment. Library staff members are not certified tutors and are unavailable to provide oneon-one services with students. However, library staff is well equipped with various resources and can direct parents/guardians



Santa Fe Indian School in collaboration with the library hosted a STEAM Program.



Bottle Rocket launch time!



Field Trip Time is the Best Time! Library Junior group swinging around at Urban Air.



 ${\it Junior\ Group\ A\ Field\ Trip\ to\ Urban\ Air}.$



Astronomy week for the Science Group!



Apple Donuts in the making while we learn about New York!



 ${\it Junior\ Group\ B\ Field\ Trip\ to\ Urban\ Air.}$

to other departments that provide such services. If you have any questions or concerns please give the library a call at 505-869-9808.

The library will be planning programs for children, teens, and adults in the upcoming weeks and months. Please keep your eyes and ears open. We are excited to share our knowledge with you. You can always refer back to our library website, library social media accounts, Isleta Pueblo Newsletter, and library flyers throughout the community. All our programs are open to the community and public.

Recap

We are all makers here at the library! During the month of July the library in collaboration with Santa Fe Indian School & Verizon Wireless was a host site for the Exploring Steam Workshop. This program was open to students 5th-12th grade. Students came in all week to attend STEAM sessions that were presented over Zoom here at the library.

Sessions that were presented included Comic Book Making, Design and Build: Introduction to Robotics, Fun With Microbits, Aquaponics: Growing a Healthier Community Through Gardening and the Chemistry of Cooking. Students had a fun and busy week learning and exploring STEAM. Thank you Santa Fe Indian School & Verizon Wireless for putting together such an awesome program.

We would like to acknowledge and show appreciation to our Summer Workers for 2021. Renee Chavez, who will be finishing up her senior year at Institute of American Indian Arts (IAIA), helped with the Junior & Youth Program as well as hosted an Adult Program here at the library. Alondra Abeita who helped with the Junior Program and library duties and will be attending Los Lunas High School as a freshman. Arianna Gantar who helped with the Junior & Youth Program, Summer Meal Program and library task, will be attending Los Lunas High School as a sophomore. Elion James, who helped with the Junior & Youth Program, SMP and Summer Reading Program Grande Finale video, will be attending Cibola High School as a sophomore. Brianna Miller, who helped with the Junior & Youth Program, Summer Meal Program and SRP Grande Finale video, will be attending Mesa Del Sol as a freshman. The library would like to thank you for your help this summer and we wish you all the best in the upcoming school year.

Our 2021 Summer Reading Program has come to an end. We had an exciting summer full of activities. Our Junior program had a Water day and a field trip this summer to Urban Air and Dion's Pizza. Throughout the summer they took a Road Trip around the U.S.A and learned about the states. They made a Hot Air Balloon, a light up Tropical Reef, Cowboy Hat Cake Pops, Alligator Eggs and so much more. They enjoyed story time each day and a variety of crafts and activities throughout the day.

Our Youth program stayed busy creating different projects and doing different activities throughout summer. For their final field trip they went to Top Golf and enjoyed a meal while they played. Below is a short recap on what each group did this

summer.

Building & Creating:

Since our update in June, our building and creating group were busy making a DIY Basketball game out of card board, a Marshmallow Catapult, a Phone Amplifier & Phone Stand and a Mechanical Claw. We hope they can carry what they learned and build or create something of their own one day. Thank you to Library staff member Ashley for putting this curriculum together for the students.

Monster Movie Makeup:

It was a busy July for the Monster Movie Makeup group. They did an intro to scar wax, bruises & fake blood and used what they learned to make scar wax and fake blood. They also learned to apply prosthetic to create their own character. Thank you to Library staff member Cheyenne for putting this curriculum together for the students.

Science:

What a month the Science group had starting off with casting footprints followed with latent fingerprints where they dusted for fingerprints and match prints. For their finale week they made Lantern Planets and enjoyed some Astronaut Food. Thank you to Library staff members Shaypof and Isaac for putting this curriculum together for the students.

Mythology & Astrology: For the month of July students learned about the Egyptian gods, Mummies & Pyramids, Planets, Constellations, Rockets, and Solar System. Thank you to Library staff member Kyle for putting this curriculum together for the students.

For our final farewell for the summer, library staff hosted a Summer Reading Program Grand Finale Zoom Social. Families picked up a dinner box of Subway sandwiches courtesy of the library. Everyone gathered over Zoom and watch a video of what the kids did over the summer. We would like to thank everyone who made this summer a success.



NEWAT THE LIBRARY!

THE PUEBLO OF ISLETA PUBLIC LIBRARY WILL NOW BE OFFERING MAGAZINES ON OVERDRIVE, A FREE SERVICE THAT ALLOWS YOU TO CHECK OUT MAGAZINES, BOOKS AND AUDIOBOOKS ALL IN ONE PLACE! YOU CAN ACCESS OVERDRIVE BY GOING TO HTTPS://NM.OVERDRIVE.COM/YOU WILL NEED YOUR LIBRARY CARD NUMBER AND PIN TO LOG ON. YOU CAN SET UP YOUR PIN AT THE LIBRARY.



Magazines now available!



Libby.
The one-tap reading app from our library.

You can also download the Libby mobile app that corresponds to OverDrive to access Magazines, E-Books and Audio books right from your mobile device!



If you need help accessing OverDrive or the Libby app, visit the Library or call us at (505)869-9808



ISLETA BEHAVIORAL HEALTH CLINIC

YOUTH WELLNESS PROGRAM FALL 2021

Mind, Body. Culture.



August 23rd - December 10th

This Isleta Behavioral Health Clinic will be offering a fall afterschool prevention/experiential education program for children aged 9-17. During the program, participants will be exposed to new experiences that will promote positive mental well-being, leadership, and traditional knowledge.

DUE TO COVID-19 RESTRICTIONS, ENROLLMENT IS LIMITED.

FALL 2021

PROGRAM SCHEDULE

Wednesday & Thursday 4:00 PM - 5:30 PM* Occasional Weekend Outings

PROGRAM ACTIVITIES

Hiking
Camping
Snowboarding
Horseback Riding
Fishing
Cultural Site Visits
Tiwa Language
Prevention Education

To register, call us at (505) 869-5475 and ask to speak to Katelynne Johnson or Orion Zuni. Due to COVID-19 restrictions, enrollment is limited and is on a first-come, first-serve basis.

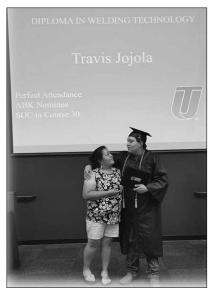
*Transportation is available to all participants residing within the reservation boundaries. Pick-up routes will begin at 3:00 PM.

You can also reach us via email at katelynne.johnson@islclinic.net or orion.zuni@islclinic.net.



Congratulations Toyps!!

We are all proud of you with this great accomplishment. Travis Jojola is the son of LeeAnne Zuni and Fredrick Jojola. Travis graduated Friday, July 16th, 2021 from UTI (Universal Technical Institute) in Avondale, Arizona. Travis received his diploma in Welding Technology. Travis will continue with his education at UTI and pursue another certificate in the Automotive Technician program with his brother Darren Abeita who is also attending UTI for the Automotive/Diesel program.





Great Job Boys!!

Keep pursuing your dreams!!

Love, Mom, Besa, Narps, Papa and the whole family!!

PURCHASED/REFERRED CARE

Please present your PRC referral when you check in for your appointment. Failure to do so may result in billing errors. If you receive a bill, bring it to PRC immediately.

For more information, Call PRC at 869-4488.

ISLETA FIRE DEPARTMENT

3950 Hwy 47 Albuquerque NM 87105 505-869-9724



This month the Isleta Pueblo Fire Department took ownership of our new 2021, 2000-gallon Water Tender. We held a push in on Saturday July

10th with members present along with Tribal Officials. Governor Abeita gave the opening prayer. After the push in, many attendees stayed to receive a tour of the apparatus. The new tender will be an asset to the Pueblo by allowing us to have a mobile water supply for the areas of the Pueblo with limited to no fire hydrants. We will also use the apparatus to mutual aid surrounding areas in the event of large fires. The Fire department received Operational training from the vendor prior to placing the unit into service. Reminder to all residents to not park within 15 feet of a fire hydrant and to maintain a clearance of three feet of the hydrant. It is imperative to not have any obstacles in front or to the side of the hydrant for easy access in the event of an emergency.









THANK YOU FOR VOLUNTEERING!



On April 17th and July 1st community members gathered to fill bags with COVID supplies for POI staff and supplies for POI summer programs.



VETERANS

Our association met on July 5, 2021. One of our agenda items was to present applicant Faith Vicente, Isleta Tribal Member, a \$1,000 scholarship as she was selected for this award. Ms. Vicente graduated from Los Lunas High School this year with a 4.1 GPA. She is currently enrolled at the University of New Mexico seeking a career in Forensic and Medical Science and is the daughter of Greg Vicente and Jennifer Lente.



The status of the three pending projects were also discussed. The remodeling project of the modular building should be completed during the first week of August. The maintenance/storage building should start by the second week of August and the completion date is within ninety days. The USDA agricultural project will begin shortly after bid award. Our meetings during the month of August will be held on the 5th and 19th. Our meetings are open to all veterans, tribal and non-tribal.





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Nathaniel Lujan
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Published By:
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ISLETA POLICE DEPARTMENT AUGUST – 2021

2021 is zipping by and it won't be long before school resumes - some will be excited others not so much. Regardless please be aware the youngsters will be out and about walking, biking or busing so the Police Department asks for motorists to be vigilant.



Back to School.

MOTORIST TIPS FOR CHILDRENS SAFETY

What Can I Do?



Do Not Pass

It is illegal to pass a school bus that is stopped to load or unload children.



Seeing Yellow

School buses use yellow flashing lights to alert motorists that they are preparing to stop to load or unload children.



Seeing Red

Red flashing lights and an extended stop sign arm signals to motorists that the bus is stopped and children are getting on or off the bus.



Traffic in both directions stop on undivided roadways when students are entering or exiting a school bus.

Stay Behind

Traffic behind a school bus (traveling in the same direction) must stop.



Do not block the crosswalk.

Distance

Stop your car far enough from the bus to allow children the necessary space to safely enter and exit the bus.



Never Pass on Right

Never pass a school bus on the right.



Look Out

Take extra care to look out for children in school zones, residential areas, playgrounds and parks.



Always stop when directed to do so by a school patrol sign, school patrol officer or designated crossing guard



Stay Alert

Children are the least predictable pedestrians and the most difficult to see.



Don't honk your horn, rev your engine or do anything to rush or scare a child in front of your car.



www.nyc.gov/nyp

WELCOME NEW EMPLOYEES:

The Isleta Police Department welcomes two new members to the family. Kylee White will be joining the Communications Division and Heather Trujillo will be back in the Records Department working at the front desk



Kylee White comes from a family of law enforcement in Valencia County. She has worked at the Thirteenth Judicial District Attorney's Office as well as the Central New Mexico Correctional Facility. Kylee has two young children, a four year old daughter and a one year old son. She looks forward to meeting, helping all in her new journey.



Heather Trujillo welcome back! Heather was an employee with the Police Department last year under the WIOA Program and was

in the Records Department working at the front lobby desk area. She says she really enjoyed the experience she got while here and glad she has the opportunity come back and work with the Department. Heather, born and raised in Isleta, has two daughters and spends her time off enjoying time with family and her daughters.

POSSESSION OF CONTROLLED SUBSTANCES

The Isleta Police Department reminds everyone the possession of controlled substances on the Pueblo is prohibited. Per the Law and Order Code "any person who knowingly carries on their person, within their vehicle, or otherwise possesses a controlled substance is guilty of possession of a controlled substance".

So be aware marijuana laws for the State may have changed but remember the Law and Order Code takes precedent over what occurs on Pueblo lands.

SAFETY TIPS:



It has been a rather dry year but it seems we are beginning the monsoon season as has been evident with some heavy rainfall and thunderstorms hitting the area. We ask everyone to be aware of low lying areas where flash floods could occur. With sudden heavy storms, vehicles can be washed away, tipped over.





By the time this newsletter is published and distributed, the National Night Out EVENT will probably have already taken place.

We do want to thank all of the sponsors, Committee Members, volunteers and donors contributing to this wonderful event. This is a community oriented event and we will have more news on it in the September Newsletter.

ISLETA STRONG!

Working Together for a Better and Safe Community.



ISLETA POLICE DEPT

COMMUNITY



Isleta Health Support Group

Tues., Aug. 10, 2021 10:30am-Noon

Isleta Health Center Training Center

Get temperature checked at Training Center Doors

Join by Phone at 415-655-0001 Access Code 126 401 5131 DAYTIME SESSION

Meditation/ Depression Lisa Cherino,

Isleta Behavioral Health
ALL WELCOME,
but must pre-register!



Must pre-register to attend in person (limit 8) or to receive online access.

Please RSVP by August 9th.

Contact
Stephanie Barela
869-4479
sbarela@islclinic.net

ALL WELCOME



Action Items to Improve Your Home's Survivability:

- REMOVE leaves, pine needles, and other flammable material from the roof, gutters, and on and under the deck to help prevent embers from igniting your home.
- SCREEN areas below decks and porches with 1/8" wire mesh to help prevent material from accumulating underneath.
- COVER exterior attic and soffit vents with 1/8" wire mesh to help prevent sparks from entering your home.
- ENCLOSE eaves to help prevent ember entry.
- INSPECT shingles or roof tiles. REPLACE missing shingles or tiles. COVER ends of tiles with bird stops or cement to help prevent ember penetration during a wildfire.

Tips for Landscaping Around Your Home

- REMOVE dead vegetation and other flammable materials, especially within the first 5 feet of the home.
- KEEP your lawn hydrated and maintained. If it is brown, cut it down to help reduce fire intensity.
- PRUNE tree limbs so the lowest branches are 6 to 10 feet above the ground to help reduce the chance of fire getting into the crowns of the trees.
- MOVE construction material, trash, and woodpiles at least 30 feet away from the horne and other outbuildings.
- DISPOSE of branches, weeds, leaves, pine needles, and grass dippings that you have cut to reduce fuel for fire.



YOU CAN MAKE A DIFFERENCE!

Increase your wildfire safety. Make simple low-cost changes to your home and landscape starting today.



Visit www.firewise.org for more information.



© 2018 National Fire Protection Association / Movember 2018

VETERANS

FLAG ETIQUETTE: Honoring the Flag Code

On June 22, 1942, Congress passed a joint resolution, later amended on December 22, 1942 that encompassed what has come to be known as the U.S. Flag Code.

- Members of the armed services and veterans are asked to stand attention and salute when their flag is passing in a parade or being hoisted or lowered, civilians should place their right hand over their heart.
- When flown at half-staff, the flag should be first hoisted to the peak for an instant, and then lowered to half-staff. It should again be raised to the peak before it is lowered for the day. Half-staff is one half the distance between the top and bottom of the staff.
- In the United States, no other flag should be placed above the American Flag.
- The American Flag should be at the center and the highest point when displayed with a group of state flags.
- The flag is a symbol of respect, honor, and patriotism. It may be displayed on any day of the year. The custom is to display the flag only from sunrise to sunset, but it may be displayed at night- if illuminated.
- The flag should not be displayed on days when the weather is inclement.
- The flag should never touch anything beneath it, such as the ground, the floor, water, or merchandise.
- On a platform, the flag should be above and behind the speaker, with the union uppermost and to the observer's left.
- When displayed from a staff in a church or auditorium, the flag should occupy the position of honor and be placed at the speaker's right as he or she faces the audience.
- On Flag Day, June 14, to retire old or worn flags, you may contact the POI Veteran's Association to retire your flag.
- The flag should be displayed on all days, especially on:
- o New Year's Day, January 1
- o Inauguration Day, January 20
- Martin Luther King Jr.'s Birthday, third Monday in January
- o Lincoln's Birthday, February 12
- o President's Day, third Monday in February
- o **Easter Sunday**, variable
- o Mother's Day, second Sunday in May
- o Armed Forces Day, third Saturday in May
- Memorial Day, (half-staff until noon), the last Monday in May
- o Flag Day, June 14
- o Father's Day, third Sunday in June
- o Independence Day, July 4
- o **Labor Day**, first Monday in September
- o Constitution Day, September 17
- o Columbus Day, second Monday in October
- o Navy Day, October 27
- o **Veterans Day**, November 11
- o **Thanksgiving Day**, fourth Thursday in November
- o Christmas Day, December 25
- o And such other days as may be proclaimed by the President of the United States and on state holidays.

These are just a few standards of respect. There are many more.

We would like to recruit some more veterans to join our Pueblo of Isleta Veteran's Association, especially to take part in our color guard functions.

For more information, please contact Commander Fred R. Lujan at 505-573-3733 or Vice Commander Mike Lucero at 505-288-8421.

Thank you!

PUBLIC WORKS DEPARTMENT

TLC, the contractor working on the Village sewer line project, has advised the Pueblo that they will be shutting down TR 33 for several weeks beginning in late August, an exact date has not yet been determined. The shutdown is necessary for the contractor to be able to complete necessary construction work in the area. Due to high water table levels, de-watering is necessary to remove the ground water from the construction area before the actual work can begin.

All residents will still have access to their homes, detours will be clearly marked and your cooperation and patience is very much appreciated. If you have any questions or concerns, please feel free to contact TLC directly.



Plumbing & Utility

Service & Construction

PUBLIC SERVICE ANNOUNCEMENT



PUEBLO OF ISLETA VILLAGE SEWER LINE IMPROVEMENT PROJECT

The Pueblo of Isleta has contracted TLC Plumbing & Utility for the Village Sewer Line Improvement Project to complete sewer upgrades within the next 300 days. While work is taking place you can expect Traffic & Sewer Flow Disruptions from 7:00 AM to 5:30 PM on March 23, 2021 through February 2, 2022.

Please see information below for a quick reference of the project, contractor, and contact information. Thank you for your patience, it is greatly appreciated.

TLC Contact Information:

Project Name: Village Sewer Line Improvements
Contact: Bobby Thomas/Ron Abeita
Contact Phone: 505-362-1814 (Ron Abeita)
Daytime Phone: 505-362-2317 (Bobby Thomas)
Email: bthomas@tlcplumbing.com
After-Hours Emergency Phone: 505-362-1814

Pueblo of Isleta Contact Information:

Project Name: Village Sewer Line Improvements
Project Manager: Ernest Archuleta, PE
Contact Phone: 505-231-4597
Email: Ernest.Archuleta@wsp.com

Public Works Director: Edwin Jaramillo
Contact Phone: 505-869-5170 & 505-869-9781
Email: Edwin.Jaramillo@Isletapueblo.com

5000 Edith Blvd NE • Albuquerque, NM 87107 Phone: (505) 761-9696 • Fax: (505) 761-9875 • <u>www.tlcplumbing.com</u>

Map of Village Sewer Line Improvement Project



ISLETA HEALTH CENTER New Patient Application Process

The Isleta Health Center is federally funded and provides health services to eligible American Indians living within the Pueblo of Isleta and surrounding communities as defined by the Pueblo of Isleta. Patients seeking to establish their health care at the Isleta Health Center can do so through the new patient application process. Applications can be obtained from the Patient Registration desks located in the main clinic or the Behavioral Health clinic.

The following documents must be submitted with each new patient application in order to properly identify a person and their eligibility for care at the Isleta Health Center.

- Valid Driver's license, or other governmentissued photo identification
- Birth Certificate
- Social Security Card
- Certificate of Indian Blood (CIB), valid Tribal ID, or other Tribal enrollment letter
- Proof of residency (Utility bill, rental agreement, etc.)
 - o Non-Isleta tribal members residing on the Isleta Pueblo must submit a "Permission to Reside on Pueblo Letter"
 - o For enrolled Isleta members not living within the designated service area, a letter stating their "Community Ties"

Acceptance of new patients is based on clinic availability as each new patient is scheduled an initial appointment for a comprehensive visit with one of our physicians. A letter of acceptance along with the patient's first appointment letter will be mailed once their eligibility is determined. It is important that this appointment be kept, as the patient will not be considered an established patient until the first visit is completed. Once a patient has established their care, they will be eligible for walk-in services and same-day appointments.

Special consideration is made for newborn children within 60-days of birth, whose completed applications are expedited immediately. Eligibility for newborn children is determined through the new patient application process and includes the receipt of the following documents.

- Proof of Birth
- Hospital discharge forms
- Insurance cards
- Mother's valid Driver's license, or other government-issued photo identification
- Mother's valid Tribal Identification card, enrollment letter, or CIB
- Father's valid Driver's license, or other government-issued photo identification
- Father's valid Tribal Identification care, enrollment letter, or CIB
- For Unwed parents, a notarized "Declaration of Paternity"

Furthermore, newborn children can be considered eligible for services under their parent's tribal enrollment document. However, please be aware that once a child reaches the age of nineteen (19), they must be prepared to provide their own evidence of American Indian status to continue their health care services through adulthood.

For more information on the new patient application process, please contact the Patient Registration desk at (505) 869-3200.



PARKS AND RECREATION CENTER

Happy August, Isleta Pueblo! It's finally back to school for our children after they have been out of an actual school setting since March of 2020. I'm sure there is some joy and relief that our children are finally going back to an actual school setting and some apprehension about their return to school as well. Overall, children returning to school is a welcomed sign that normalcy or some form of normalcy is starting to return after the madness that we have been dealing with for the past 16 months. It's still obvious that we are not totally out of the water yet and that's why we all need to make sure that we continue to stay pro-active and diligent with any and all mandated Covid safety protocols. We need to continue do this for our own safety and for the safety of everyone else around us as well. I think it's great that we here in the Pueblo are being much more stringent with our Covid safety protocols, more stringent then all the surrounding communities are with theirs. For most of us these safety protocols have become part of our daily routine, let's all keep doing them. Please continue to stay safe and let's keep moving forward in a positive manner.

The Parks & Recreation Department is doing well, as I keep mentioning more and more tribal members are coming back to our facilities and parks. This is an awesome indication that we making great strides towards fighting the battle with Covid. I hope all of you come back and enjoy the great programs and facilities we have here.

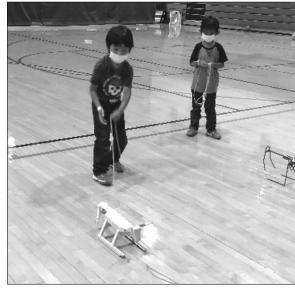
RECREATION SECTION

Summer program went over really well and ended July 30th, 2021. The participants did lots of fun activities this summer and our rec staff did an awesome job with the kids in our program. Below you will see some pictures of the following activities the kids did this summer. 4 and 5 year olds built domes by using hula hoops, the 6 and 7 year olds built an obstacle course and participated in a Frisbee toss that ended with hop scotch.





We have beginner ropers! 4 and 5 year olds learning the roping techniques from staff who brought in their toy roping dummies to use and 8 and 9 year olds participating in a nature walk behind the recreation center.





Explora and Department of Education did some activities with our children this summer. The kids had a blast every Friday with Explora activities. The youth learned how to identify plants with colors, sizes and smell. They used microscopes to look for microorganisms living within the plant and did some crayon rubbing drawing of the leaves available. Other activities involved building structures with balance and weight. Youth used blocks to build towers and used a rolled up paper to hold blocks up to see how much weight it could hold. The youth made their own robot by figuring out how to place the cork screw in the right place for it to walk. The robots were made by using a cup, crayons and cork screw with a mechanical device to make it move.











The TIWA language program staff Edna, Sabrina, Evelyn and Carol from the Isleta Language Department did a great job of teaching the children our TIWA language. They came out throughout the summer to work with our youth. The youth learned the basics of numbers, colors, greetings to one another, simple everyday commands and their names. They did a really good job with the kids.



Overall it was a very successful summer for the youth that participated and once again I want to thank everyone that was involved with our youth. It is said that it takes a village to raise a child and each and every of us is part of that village, we all have the opportunity to help shape their young impressionable minds. Let's continue to help shape their minds with good positive things.

I can't say this enough, we had an amazing staff this summer, I really appreciate the job they did for us.

AQUATICS SECTION

We have had a great summer in the Pool! The Summer Youth Recreation Program was a success and our summer program participants were able to utilize the pool 3 days a week for the months of June and July! With the program wrapping up, lap swimming appointments are once again available in 1 hour increments from 6:30am to 6:30pm, Monday through Friday. We would like to encourage anyone interested in swimming laps to call the Rec Center at 505-869-9777 to reserve your lane. Our swim lessons have filled up quickly for the summer session and we are currently taking registration forms for the fall session. Registration forms are available at the front desk at the Rec Center. Swim lesson registration is on a first come first served basis. We are also taking applications for lifeguards and are looking for staff for the upcoming fall season. For anyone interested in applying or for any questions about the Lifeguard certification or for information about swim lessons and other aquatic programming please call 505-869-9783.

Pool will be closed on Monday, August 2, 2021 for cleaning and will resume normal services on Tuesday, August 3, 2021.

FITNESS SECTION

Recreation Center is looking to get outdoor workouts going again (BOOT CAMP). If you are interested in participating, please call the recreation center at 505-869-9777 and speak with one of the fitness instructors (Cubathee Montoya, Matthew Jaramillo or Thomas Zuni). We would also like to welcome and introduce Isleta's newest fitness instructors, Brandon Pecos and Matthew Jaramillo. Brandon is a new addition to Fitness West (Old Rec). So please make him feel welcomed, and if you have any questions to help improve fitness regimen, please feel free to get in contact with him. Matthew Jaramillo is also the newest member to the recreation team. You can find Matthew at the Recreation Center Complex (New Rec). Both new fitness instructors are very knowledgeable and are willing to assist you with your fitness goals. Again, please make them feel welcomed and utilize their fitness knowledge and skills.

PARKS MAINTENANCE DIVISION

The division keeps busting their butts to make sure that all our parks and the grounds around all of our facilities continue to look great. We've had some nice rains in July that have really been good for our grass, trees and flowers, but it has also brought out the weed. Our Parks crew and the weed and litter crew that we had working this summer have done an outstanding job of making sure we kept up with the weeds. If you see any weed issues with our parks or facilities, please let us know so we can get them taken care of ASAP. Our crew has also been keeping up with the mowing, trash and all the other things associated with our parks maintenance. One of our new Parks Maintenance Workers (Rodrigo Hernandez) started with us in late July and he is doing an excellent job, he really knows his stuff and has proven to be a valued employee that is more than willing to be part of the team we have here. I want to thank the whole parks division for doing a wonderful job.

SPORTS SECTION

We have had various sporting challenges for the community as well as some pueblo employees and this is the breakdown of what has been going on.

- On June 26th we had a Corn Hole Challenge for adults. The teams that participated were: Jerrica Trujillo and Marlow Martin, Cubs Montoya and Bubba Jiron, Alvin Lujan and Breanna Martinez, Connie and Rianne, Mel and George, Kevin and Christian, Darren and Mike, Jamie and Jeremiah, Isiah and Amariah, Brian and Jonathan, and Kirk and Kim. The champions of the challenge were Cubs Montoya and Bubba Jiron.
- On July 10th we also had a Corn Hole Challenge for teens. The teams that participated were: Aubrey and Klahrissa, Greg and Jaylen, Samuel and Steven, and Mike and Jasmine. The champions of the challenge were Greg and Jaylen and following in second place was Mike and Jasmine.
- We held The Department Challenge in which each department chose 10 employees to participate, the goal for each department was 300 miles and each participant was responsible for walking/ running 30 of the 300 miles. We had a total of 100 participants from 10 team consisting of various departments being: Recreation Center, Department Education and Census, Health Center, Range land and Environment, Administration and Tribal Council, Public Works and Human Resources, Police Department, Treasury and Procurement, and WIC, Cultural Affairs and Headstart. For the challenge we had a total of 5 Winners. The Top Female Finisher was Elthia Zuni from the Headstart. The Top Male Finisher was Philip Abeita from The Police Department. The First Department finisher was (Headstart), the second place department finisher was (The Department of Education/Census/ Grants Management) and the third place finisher was (Tribal Administration/Tribal Council). I would like to congratulate everyone that participated in this challenge and we look forward to having the next one soon.

Isleta Recreation and Ancestral Lands partnered to create a youth Hiking Club for pueblo children. Robert Marino, Janice Lucero and Brittany Lujan helped with the activities for two weeks. They took the kids all over New Mexico. Our first day we went on a hiking trip to the Petroglyphs, it was very exciting for the kids to see the drawings on the lava rocks. Our second day we went to the Bosque Del Apache in which a representative from Isleta even gave us a tour of the Wildlife Refuge, so we want to give a big thank you to Tata Bernard Lujan. The third day we went to the Isleta Mountains and Bosque Trails. Some other places we went to are Pilar NM, Cedar Crest, Valle De Oro, Bandelier, and Jemez Hot Springs. We were able to take a look at the Mesa Ruins and the kids were very engaged with Dr.Walt. They were taught

about the ancestry and how they lived. The kids were most excited when he let the kids roam around and look for old pottery. We hiked about a total of 16.5 miles throughout the two weeks. It was a complete joy to see the kids gain knowledge about all of these new environments, the smiles were a true reminder of the fun they had and knowledge they gained. They were able to make new friends and see many new places, and it is important to educate our kids, they need to learn about these things.

Lastly, I would like to inform you that we will be having a Mini Triathlon and the deadline to sign up is July 30th. So, I'm challenging you to come down to the Rec Center and sign up. Stay safe and Haw-Woo. Enjoy the pictures.























Make sure you spend your 2021 making or learning something meaningful with the library's new online service, SKiLLSHare!

Choose from thousands of on-demand classes ranging from design, photography, freelancing and much more!



Members will receive a 21 day trial. Access renewal will be given at a later date if intersted.

Give the library a call at (505)-869-9808 to get an invitation via email. You can also make an appointment with us and we'll walk you through the process of getting started on your creative journey.



Friendly Reminder from the ISLETA CASINO & RESORT EMPLOYEE CLINIC

WARMER WEATHER SIGNALS START OF SNAKE SEASON

"BE ON THE LOOKOUT" URGES NEW MEXICO POISON CENTER



It's snake season in New Mexico, and the New Mexico Poison and Drug Information Center has some tips to keep you safe:

- · Always be aware of your surroundings.
- Walk in areas where the ground is clear so you can see where you step.
- Be aware of where you sit especially in shady areas.
- Wear protective clothing, such as long pants and hiking boots.
- Wear gloves when using your hands to move brush or rocks. Don't reach into cracks in rocks, animal burrows or under bushes.
- Don't walk around at night or sleep on the ground snakes are most active at night.
- Don't tease, kill or handle a rattlesnake.
- If you encounter a snake, don't panic or blindly run away. Look carefully where you are going.
- Call the New Mexico Poison Center for poisoning emergencies, questions about poisons, or for information about poison prevention, 24 hours a day, toll free at 1-800-222-1222.
- For removal of the snake call: Animal Control at Isleta Pueblo Wildland Enforcement Officers Dispatch 505-869-3030

Know Your Numbers, You Are Important, You Are Worth It CHOLESTEROL

Stephanie Barela, Health Educator

Phone: 505-869-4479

"Know Your Numbers, You're Worth It" Positive Promotions Booklet 4/19; www.heart.

High Cholesterol is one major controllable risk factor for Coronary Heart Disease, Heart Attack and Stroke. If you have other risk factors, such as smoking, high blood pressure or diabetes, your risk increases even more.

The Isleta Health Center wants to remind you that we care about you, your family and the health of the community. We will be focusing the next few months on a new campaign called "Know Your Numbers Health Campaign" that is geared towards educating the community on what risk factors you need to control to improve your health. Important key markers of health are cholesterol, blood pressure, blood sugar, body mass index (BMI), hormones and waist circumference. Knowing your numbers and understanding what they mean can greatly improve your health and reduce the risk of disease. There are resources made available to help you understand what these numbers mean and how to stay healthy. You can come by the Isleta Health Center to pick up a "Know your Numbers" booklet, read articles placed in the monthly newsletter, and watch for educational signage posted throughout the community.

One key health marker is cholesterol, a waxy substance that comes from two sources, which is your liver and foods such as meat, poultry and dairy products. Your body needs cholesterol to build cells, make vitamins and other hormones, as well as help circulate the blood, so some cholesterol is good, but too much can be a problem. Foods that are high in Saturated and Trans Fats can cause your liver to produce more cholesterol than normal, which then may cause a healthy cholesterol level to become one that is unhealthy. When the amount of cholesterol in your blood increases, so does the risk to your health, high cholesterol can cause a higher risk of cardiovascular disease, such as heart disease and stroke. That is why is it important to have your cholesterol tested, so you know your cholesterol levels.

There are two types of cholesterol, LDL cholesterol, which is bad, and HDL, which is good, a simple way to remember this is:

- LDL Looser (low-density lipoprotein)
- HDL-Happy (High-density lipoprotein)

Too much LDL and not enough HDL can lead to a slow buildup of cholesterol in the arteries that feed the heart and brain. This buildup can form a thick, hard deposit on the inside of the arteries, which causes them to narrow and become less flexible, known as atherosclerosis. This makes it harder for blood to get to the heart and other parts of your body; it can also increase the chance of a blood clot, which can block one of these narrowed arteries that can lead to a heart attack or a stroke.

LDL (Bad) Cholesterol:

Lower than 100mg/dL - BEST 100-129 mg/dL - Near or above optimal 130-159mg/dL - Borderline High 160-189 mg/dL - HIGH

HDL (Good) Cholesterol:

Less than 40mg/dL increases a man's risk for heart disease
Less than 50mg/dL increases a woman's risk for heart disease

Triglycerides (Type of fat (lipid) found in your blood)
Less than 150mg/dL Normal
150-199 mg/dL Borderline High
200-499 mg/dL High

500mg/dL and over Very High

Total Blood Cholesterol:

Less than 200 mg/dL Desireable 200-239 mg/dL Borderline High 240 mg/dL and over High Blood Cholesterol It is important to:

- Check your cholesterol levels. It's key to know your numbers and assess your risk.
- **Change** your diet and lifestyle to help improve your levels.
- **Control** your cholesterol, with help from your doctor if needed.

According to the Know Your Numbers Booklet, the recommended Screening Schedule for those 20yrs and older is every 4-6 years or more frequently as directed by your healthcare professional or if you're at increased risk for heart disease and stroke.

Call the Isleta Health Center (869-3200) today to see if you are due for a cholesterol check.

Isleta Health Center Program Postponements

The Isleta Health Center (IHC) is doing our part to encourage social distancing, by continuing to postpone the following programs until further notice:

The IHC Programs below are postponed:

- □ICAP Moccasin Making Class on Tuesday evenings
- o Please call IBHS for more information @869-5475
- ☐ Isleta Diabetes Prevention Exercise Classes (Eagle HIIT) held Mondays and Wednesdays
- ☐ Isleta Diabetes Weight Training held Tuesdays and Thursdays (Wellness Center available by appointments only)

Did you call for an Ambulance?

Please report the information to PRC within 72 hours.

869-4488



Thinking About Quitting

90 minute support session to increase your motivation to quit smoking whether you are ready to quit or not ready to quit.



You will receive (free):

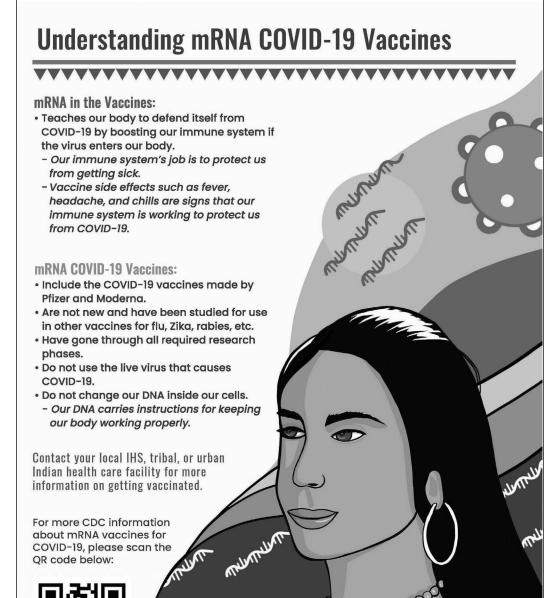
- The Guide to Help You Quit Smoking your own personal workbook
- Help in identifying your barriers to quitting commercial tobacco
- Help in identifying your personal motivations for quitting
- Pack Tracks to identify the kind of commercial tobacco smoker you are

Topics Covered include:

- 1. Am I ready to quit ... on a scale of 1-to-5?
- 2. How addicted am I to nicotine?
- 3. Using over-the-counter (OTC) Nicotine Replacement Therapy (NRT)
- 4. Free NRT & assistance @ Quit Line 1-800-QuitNow or enroll at QuitNowNM.com
- 5. Pros and Cons of Quitting Smoking... Identifying Barriers and Motivators
- 6. Closing Backdoors
- 7. Introduction to The Guide to Help you Quit Smoking
- 8. Pre-view of Pack Tracks using them to cut back before Quit Day
- 9. Preparing a Quit Kit tool for surviving the first two weeks after quitting
- 10. Using a Calendar to reward yourself (optional)
- 11. Dealing with Losing your Best Friend the Cigarette
- 12. How to support your friend or family member who is Thinking About Quitting
- 13. Other tools to help you quit: Freedom From Smoking® Online at www.ffsonline.org



Sessions are now available in person or over the phone



Well Child Visits

A Key to Healthy Kids

Naturally, we bring our kids to the clinic when they are sick. Did you know it's important to bring them in when they are well, too?

Well child visits help:

PREVENT PROBLEMS

The clinic team will:

- Find health problems early
- Make sure shots are current
- · Review healthy eating
- . Check on the child's safety

TRACK GROWTH AND DEVELOPMENT

The doctor will measure:

- · Height and weight
- . How your child learns and grows
- Milestones
- ❖ Mental and social health

BRING UP CONCERNS

You can talk to your doctor about your child's: Behavior

- ❖ Sleep
- Eating
- Growth
- Ability to get along with others
- Learning, thinking and problem solving
- Physical activity

CREATE A TEAM APPROACH

You and the clinic team can:

- . Build trust in each other
- Help when well and help when sick
- Work together for your child and family needs
- . Find other resources to help your child

Source: www.healthychildren.org

"Well child visits help give your child the best chance to grow into a healthy adult."



WHEN SHOULD I BRING MY CHILD FOR A WELL VISIT?

BIRTH TO 15 MONTHS OLD

2—5 DAYS OLD 1 mo. 2 mo. 4 mo. 6 mo. 9 mo. 12 mo. 15 mo.

18 MONTHS to 3 YEARS OLD

3 to 6 YEARS OLD

3 yr. 4 yr. 5 yr. 6 yr. 8 yr.

PRETEEN AND TEEN

9—12 yr. 13—16 yr. 17—20 yr. **CONTINUE YEARLY WELL VISITS INTO ADULTHOOD**



We Are Here To Serve Isleta Health Center Team (505) 869-3200

WHAT IS GRIEF?

Grief is the natural reaction to loss. While everyone experiences some form of grief and loss, it is also an intensely personal experience. It is the emotional suffering we feel when we lose something or someone we love. The pain of the loss can feel overwhelming and we may suddenly experience unexpected emotions from shock or anger to disbelief, guilt, and deep sadness. The pain of grief is not limited to our emotional suffering but our physical health can also suffer, making it difficult to sleep, eat, or even think straight. These are common reactions to loss—and the more significant the loss, the more intense our grief will be.

Many are enduring losses during this challenging time of the Pandemic. While we usually associate grief with the death of a loved one, any loss can cause grief, including:

- Divorce or relationship breakup
- Loss of health
- Loss of a job
- Loss of financial stability
- A miscarriage
- Retirement
- Death of a pet
- Loss of a cherished dream
- Serious illness of a loved one
- Loss of a friendship
- Loss of safety after a trauma
- Selling or moving away from the family home

Whatever the cause of the grief, there are healthy ways to cope with the pain that, in time, can ease our sadness and help us come to terms with our loss, find new meaning, and eventually move on with our lives.

Seek help if you:

- 1. Feel like life isn't worth living
- 2 Wish you had died with your loved one
- 3. Blame yourself for the loss or for failing to prevent it
- 4. Feel numb and disconnected from others for more than a few weeks
- 5. Are having difficulty trusting others since
- 6. Are unable to perform your regular daily activities

Call Isleta Behavioral Health Clinic at 869-5475



Please carefully read your appointment letter which is attached to your referral.

It has valuable information to get you to your appointment on time...

Questions? Call 869-4488





Tips from the IHC Medical Department

- ❖ Masks are required upon entry to IHC and at all times
- ❖ Please arrive 15 minutes prior to your visit time. Patient registration will need to update any changes to your contact information as well as any insurance information.
- ❖ Please allow three (3) to five (5) business days for processing of paperwork submitted to the Medical Department.
- Calls are answered in the order they are received. Please allow 24 business hours for a return phone call.
- Call (505) 869-4089 to schedule a Same-Day Appointment: Urinary Tract Infections, Sprains, Cough, Sneezing, Cold symptoms, Fever, Nausea, Vomiting, Diarrhea, Minor burns/cuts/scrapes.

If you are experiencing a life threatening emergency, chest pain, shortness of breath, severe abdominal pain, abnormal or severe bleeding or a life threatening injury, CALL 911 immediately.

You must notify the PRC (Purchased/Referred Care) office at 869-4488 within 72 hours if you are seen at any facility other than the Isleta Health Center.

REOPENING AT THE POI ELDER CENTER FOR SERVICES!!!!

With extreme precaution and well thought out safety protocols, starting on August 9th we are preparing to start Home Delivered Meals to clients who were being served pre-COVID response, and adding Elders 60+ with the most need who meet the delivery criteria. Please feel free to contact us to request a Home Delivered Meal and we will gladly conduct an assessment to determine eligibility. We also serve those who do not meet the criteria on an emergency basis for a period of one month; for example, those who have been hospitalized or returning from a rehabilitation facility. Remember we also have the Benefits and Resource Office who can help you access other services within our Pueblo or from other governmental agencies (most service applications can be initiated by staff over the phone or by computer no need for an onsite visit).

With alarming rise in numbers resulting from the 5 new COVID variants we are being extra cautious about opening all services at one time. Other services such as In-Home Services, Congregate Dining, Adult Day Care, Activities/Sr. Olympics, etc. will be reviewed with the POI Health Center Safety Officer to determine safe start dates for each service.

In the past year of closure, we delivered 61,362 meals, a Care Package with Arts and Crafts and COVID-19 Educational Information on a monthly basis and a Keep Your Household Safe Package with various household products quarterly for over 300 elders. So happy to have received so many thank you cards and phone calls from our clients. As always we appreciate your gratitude and prayers for all of the staff who worked untiringly for our community in these desperate times.

We are here for you, Pueblo of Isleta Elder Center 869-9770

August Home Delivered Meals 2021

Monday	Tuesday	Wednesday	Thursday	Friday
8/9/2021	8/10/2021	8/11/2021	8/12/2021	8/13/2021
urkey Dinner	Frito Pies	Salisbury steak	Cheeseburger	Tamales
urkey 4oz	Beans & Ground Beef 4oz	Salisbury steak 4oz	Hamburger patty 3oz	Pork Tamale 4oz
Mashed Potato 1/2c	Red chile 2oz	Mashed Potato 1/2c	Cheese 1 slice	Beans 1/2c
•		· '		· ·
iravy 2oz	lettuce/tomato 2oz	Gravy 2oz	Sweet Potato Fries 1/2c	Red Chile 1/4c
tuffing 1/4c	cheese 1oz	Winter Blend 1c	WW bun	Chuckwagon 1c
arrots 1c	Fritos 2oz	Dinner roll	Broccoli 1c	
	Fruit			
8/16/2021	8/17/2021	8/18/2021	8/19/2021	8/20/2021
eriyaki Chicken Bowl	Meatball sub	Baked Tilapia	Chicken and Rice	Hot Roast Beef Sandwich
iced Chicken 3oz	Meatballs 3oz	Tilapia 3oz	Diced Chicken 4oz	Roast beef 3oz
teamed Rice 1c	Marinara Sauce 2oz	Rice Pilaf 1/2c	Rice 1/2c	Sauteed Onions 2oz
riental Vegetables 1c	Swiss Cheese 1 slice	California Blend 1c	Peas & Carrots 1c	Cheese 1 slice
ortune Cookie 1each	Italian Blend 1c	Fruit	Red chile 2oz	Broccoli 1c
ortane cookie reach	Hot dog bun 1	Truit	Tortilla	Berry cobbler 1/2c
	Hot dog buil 1		Tortina	Berry Cobbier 1/20
8/23/2021	8/24/2021	8/25/2021	8/26/2021	8/27/2021
zza	Chicken Fajitas	BBQ Pulled Pork	Grilled Ham & Cheese	Posole
epperoni 2oz	Chicken 4oz	BBQ Pork 4oz	Ham 3oz	Beef 3oz
larinara Sauce 2oz	pepers & onions 3oz	Baked Beans 1/2c	Cheese 1 slice	Hominy 1c
lozzarella 2oz	lettuce/tomato 2oz	Zucchini 1c	ww Bread	Red Chile 2oz
/inter blend 1c	cheese 1oz	Roll	Carrots 1c	Tortilla
	Spanish Rice 1/2c	Fruit	Baked Chips	
	Tortilla			
8/30/2021	8/31/2021		IMPORTA	NT REMINDERS!!
aked Chicken	Carne Adovada			
hicken Thigh 3oz	Red Chile Pork 4oz	MATER	· —	ancel Home Delivered Meals.
oasted Potatoes 1/4c	Beans 1/2c	REMINION	This saves time a	nd money. Thank you.
alifornia Blend 1c	Calabacitas 1c	(REMINDER		
ruit cup	Tortilla	14 10 3		ge 55+ free of charge. Persons
,			ages < 55 the sugges	ted donation is \$5.00 however
		JEG ON	any dona	tion is appreciated.
	i			

Menus are subject to change without notice, based on the availability of products.

Weekday Schedule LUNES A VIERNES

Schedule Effective May 7th, 2021 Horario efectivo a partir del 7 de mayo del 2021

READING THE SCHEDULE

- 1. Decide whether you are going north (at top) or south (at bottom).
- 2. On the left-hand side, find the station from
- 3. Read across to find the times the Rail Runner departs from that station.

which you are leaving.

4. From there, read down to find what time the Rail Runner will arrive at the station to which you are traveling.

COMO LEER EL HORARIO

- Decida si va a ir al norte (en la parte de arriba) o al sur (en la parte de abajo).
 - En el lado izquierdo, encuentre la estación desde la cual usted sale. 3. Lea para encontrar los horarios en los que sale el Rail Runner de la estación.
- 4. Desde allí, lea para encontrar la hora en la que el Rail Runner llegará a la estación hacia la cual usted

committed to its Title VI obligations. We do complaint, contact us at 809 Copper Ave. NW, ABQ, NM 87102. discrimination obligations or to file a Title VI not discriminate on the basis of race, color or national origin in the delivery of service. The Rio Metro Regional Transit District is To obtain more information on our non-

cumple con las obligaciones del Título VI. No deberes antidiscriminatorios o para presentar un reclamo del Título VI, contáctenos en 809 El Distrito de Tránsito Regional de Río Metro nacional al brindar nuestros servicios. Para obtener más información sobre nuestros discriminamos por raza, color ni origen Copper Ave. NW, ABQ, NM 87102.

	ESTACIONES DE TREN	North	/ punoq	Northbound / rumbo norte	norte			IS	own are dep	Shown are departure time unless otherwise noted	ınless otherv	rise noted	
_	TRAIN STATIONS	#205	#504	##102 EXPRESS	#209	#208	#210	#512	#514	#516	#518	#520	
	Belen	1	1	5:39A	6:35A	8:04A	1	3:35P	T	5:51P	7:01P	7:57P	
	Los Lunas	1	1	5:49A	6:46A	8:15A	1	3:46P	-	6:01P	7:12P	8:08P	
	Isleta Pueblo	ľ.	E	6:02A	6:59A	8:27A	E	3:59P	T	6:16P	7:26P	8:22P	
	Bernalillo County	ı	1	6:10A	7:06A	8:35A	ı	4:06P	-	6:29P	7:35P	8:31P	
	Downtown ABQ	4:32A	5:02A	6:22A	7:19A	8:42A	9:35A	4:26P	5:34P	6:48P	7:42P	8:38P	
	Montaño	4:41A	5:11A	ı	7:29A	1	9:44A	4:35P	5:43P	6:58P	1	ı	
	Los Ranchos / JC	4:47A	5:17A	6:34A	7:36A	1	9:50A	4:41P	5:49P	7:06P	1	1	
	Sandia Pueblo	4:52A	5:22A	J	7:42A	1	9:55A	4:46P	5:54P	7:12P	1	1	
	Downtown Bernalillo	5:01A	5:31A	-1	7:52A)	10:03A	4:54P	6:07P	7:26P	1	1	
	Sandoval / US 550	5:05A	5:35A	6:46A	7:58A	1	10:08A	4:59P	6:12P	7:31P	1	1	
	Kewa	5:25A	5:55A	7:05A	8:18A	1	10:28A	5:19P	6:34P	7:50P	1	1.	
	SF County / NM 599	5:48A	6:18A	7:24A	8:39A	1	10:51A	5:43P	6:57P	8:13P	1	ı	
	Zia Road	5:58A	6:28A	L	8:49A	ſ.	11:01A	5:53P	7:07P	8:23P	I.	1	
7	South Capitol	6:08A	6:38A	7:40A	8:56A	1	11:11A	6:00P	7:17P	8:33P	1	ı	
	Santa Fe Depot	6:13A	6:43A	7:45A	9:01A	1	11:16A	6:05P	7:22P	8:38P	1	ı	
	READ DOWN	L											

ESTACIONES DE TREN	South	Southbound / rumbo sur	rumbo s	sur			,	Shown are de	parture time	Shown are departure time unless otherwise noted	wise noted	
TRAIN STATIONS	#501	#203	#207	#206	#511	#513	#515	#101 EXPRESS	#517	#219	#521	
Santa Fe Depot	J	1	5:39A	7:13A	1:02P	1	4:15P	5:04P	5:30P	6:46P	9:00P	
South Capitol	1	1	5:43A	7:18A	1:07P	1	4:20P	5:09P	5:35P	6:51P	9:05P	
Zia Road	1	J.	5:49A	7:25A	1:14P	1	4:27P	.1	5:42P	6:58P	9:12P	
SF County / NM 599	ı	I.	6:01A	7:37A	1:26P	1	4:39P	5:26P	5:54P	7:10P	9:24P	
Kewa	ľ	t	6:19A	7:55A	1:44P	1.	4:57P	1.	6:12P	7:28P	9:42P	
Sandoval / US 550	ı	I,	6:38A	8:14A	2:03P	1.	5:16P	6:02P	6:31P	7:47P	10:01P	
Downtown Bernalillo	I	1	6:43A	8:18A	2:07P	L	5:20P	L	6:35P	7:51P	10:05P	
Sandia Pueblo	1	1	6:52A	8:27A	2:16P	ı	5:29P	Ŀ	6:44P	8:00P	10:14P	
Los Ranchos / JC	Ţ	1	6:57A	8:32A	2:21P	1	5:34P	6:14P	6:49P	8:05P	10:19P	
Montaño	1	1	7:02A	8:37A	2:26P	ı	5:39P	1	6:54P	8:10P	10:24P	
Downtown ABQ	4:45A	5:30A	7:10A	8:45A	2:42P	4:30P	5:50P	6:25P	7:02P	8:18P	10:32P	
Bernalillo County	4:53A	5:41A	7:19A	1	2:50P	4:38P	5:57P	1	7:09P	1	1	
sleta Pueblo	5:01A	5:49A	7:27A	1	2:57P	4:45P	6:06P	ı	7:17P	1)	
Los Lunas	5:13A	6:06A	7:39A	1	3:10P	4:58P	6:22P	1	7:31P	1	1	
Belen	5:24A	6:17A	7:50A	1	3:20P	5:08P	6:33P	1.	7:42P	1.	1	
READ DOWN						١	l	1		A		
9												

Irain nas designated UUIET CAR El tren tiene un vagón silencioso (QUIET CAR)	Means train does not stop Significa que el tren no se detiene	Train arrives but does not continue El tren llega a destino pero no continúa
F. C.	Means train does not stop Sgnifica que el tren no se detene	
	"	0:00

11:16P 11:25P 11:30P 9:41P 8:10P 8:15P 9:11P 9:51P 8:50P 8:23P 9:20P 9:25P Schedule Effective **May 7th, 2021** Horario efectivo a partir del **7 de mayo del 2021** 7:01P 6:51P 7:20P 7:30P 7:09P 4:50P #705 3:05P 3:10P 3:18P 3:45P 4:03P 4:06P 4:15P 4:20P 4:26P 4:39P 4:58P 10:00A 10:05A 10:58A 11:01A 11:10A 11:21A 11:31A 11:41A 10:13A 10:40A 11:15A 11:49A 10:22A #703 6:40A 6:30A 6:48A Sandoval / US 550 SF County / NM 599 Los Ranchos / JC Isleta Pueblo Los Lunas Saturday Schedule HORARIO DEL SÁBADO 10:56P 11:03P

8:55P 9:13P 9:34P 9:45P

6:52P 7:10P

1:46P

8:36A

Sandoval / US 550

7:31P 7:42P

9:15A

2:04P 2:25P 2:36P 2:44P 2:49P

9:26A

Zia Road SF County / NM 599

South Capitol

7:50P 7:55P

Santa Fe Depot
READ DOWN
LEA HACIA ABAJO

8:51P

6:48P

1:42P

1:34P

8:24A 8:32A

Sandia Pueblo

Los Ranchos / JC

7:43P 7:53P 8:04P 8:12P 8:23P

12:30P 12:40P 12:51P

7:24A 7:34A 7:45A 7:53A

Shown are departure times, unless otherwise noted. Horario demuestra tiempos de salida a no ser que se indique lo contrario.

#704

#702

6:01P 6:09P

Isleta Pueblo

Bernalillo Count

6:20P

1:14P

8:04A

1:23P 1:29P

12:59P

READ DOWN Sunday Schedule HORARIO DEL DOMINGO

ESTACIONES DE TREN	Northbound St	Northbound Sunday / domingo rumbo norte	mbo norte	ESTACIONES
RAIN STATIONS	#702	#704	#106	TRAIN STA
Belen	7:24A	12:30P	5:40P	Santa F
Los Lunas	7:34A	12:40P	5:50P	South
Isleta Pueblo	7:45A	12:51P	6:01P	Z
Bernalillo County	7:53A	12:59P	6:09P	SF County / I
Downtown ABQ	8:04A	1:14P	6:20P	
Montaño	8:13A	1:23P	6:29P	Sandoval /
Los Ranchos / JC	8:19A	1:29P	6:35P	Downtown B
Sandia Pueblo	8:24A	1:34P	6:40P	Sandia
wntown Bernalillo	8:32A	1:42P	6:48P	Los Rancl
Sandoval / US 550	8:36A	1:46P	6:52P	~
Kewa	8:54A	2:04P	7:10P	Downfor
County / NM 599	9:15A	2:25P	7:31P	Bernalillo
Zia Road	9:26A	2:36P	7:42P	Isleta
South Capitol	9:34A	2:44P	7:50P	Lo
Santa Fe Depot	9:39A	2:49P	7:55P	
READ DOWN			/	READ LEA HACI

	sur sur	#707	8:10P	8:15P	8:23P	8:32P	8:50P	9:08P	9:11P	9:20P	9:25P	9:31P	9:41P	1	1	1	ī	
	omingo rumbo	#105	3:05P	3:10P	3:18P	3:27P	3:45P	4:03P	4:06P	4:15P	4:20P	4:26P	4:39P	4:50P	4:58P	5:09P	5:19P	
	Southbound Sunday / domingo rumbo sur	#703	10:00A	10:05A	10:13A	10:22A	10:40A	10:58A	11:01A	11:10A	11:15A	11:21A	11:31A	11:41A	11:49A	12:00P	12:10P	1
	Southboun	#701	1	1	1	-	Ē.	-	Ī.	1	ŧ	ı	6:30A	6:40A	6:48A	6:59A	7:09A	
Opvillado	ESTACIONES DE TREN	TRAIN STATIONS	Santa Fe Depot	South Capitol	Zia Road	SF County / NM 599	Kewa	Sandoval / US 550	Downtown Bernalillo	Sandia Pueblo	Los Ranchos / JC	Montaño	Downtown ABQ	Bernalillo County	Isleta Pueblo	Los Lunas	Belen	

>>> Free Bus Connections Present your valid mobile or printed New Mexico Rail Runner Express ticket and ride most buses for free.

planning on making a connection, ask a Ticket Agent for a bus transfer slip.

If you're riding the train free and

SF County / NIM



Head Start, Early Head Start, and Child Care P.O. Box 579 Isleta, NM 87022 Office: (505) 869-9796



Welcome to the beginning of the new school year 2021-2022. We are excited to announce we are reopening the Isleta Head Start, Early Head Start, and Child Care Center for full capacity in person services. Our reopening plan has recently been approved by the Isleta Pueblo COVID mitigation team and we will be practicing all safety measures to keep our children and families safe and healthy. Our first day of school for all programs will begin on August 16, 2021.

We are currently scheduling applications for all programs which include Head Start, Prenatal Home-Based, Early Head Start Home-Based and Center-based, and Child Care. If your child(ren), family members, or relatives are between the ages of Prenatal to 5 Years old, reside on the reservation or obtain tribal identification, they are considered eligible to receive services.

If you would like more information on the programs and services we offer or would like to schedule an application, you may call the center at (505) 869-9796. We look forward to working together with you and your family to make your child's learning fun and successful!

Head Start - 3 to 5 years old

A 6.5-hour, 5 day-a-week program. Classrooms are equipped with hands-on, age appropriate materials and qualified teachers.

Early Head Start- Prenatal to 3 years (3 options to choose from)

- 1. Home Based for Pregnant Moth ers: Home visits from a Home Visitor who brings information and materials about pregnancy & child development.
- 2. Home Based for Parent & Child Birth to 3 years:

Weekly 90-minute home visits from a Home Visitor who provides information and materials about parenting and child development. Socialization activities are offered in a group setting twice a month (i.e. fun walks, field trips, child development, & more) are also provided.

- 3. Center Based for children ages 3 months to 3 years:
- A 7-hour, 5 day-a-week program. Classrooms are equipped with hands on, age appropriate materials and qualified teachers.

Child Care-16 Months to 5 years old

1. Offers two 7 hour full day programs, 5 days-a-week. All Child Care Services are subject to a co-payment based on family's income and sliding scale fee. The CCDF program is a federally funded program which assist low-income families to access child care services in order to work, attend job training, or educational programs. The TCC program

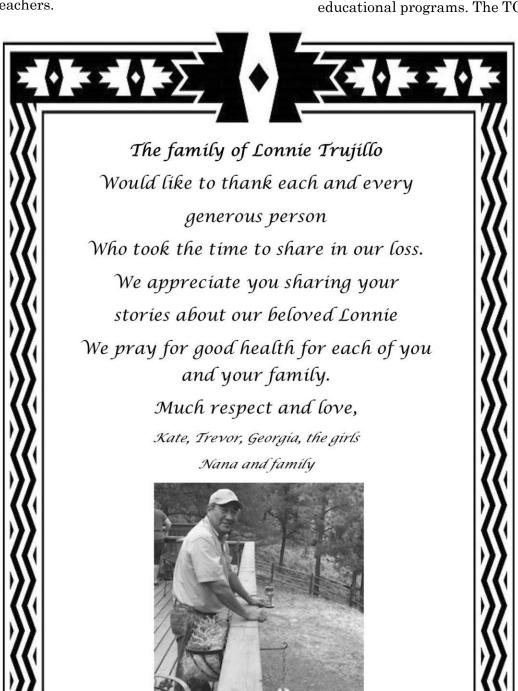
is a tribally funded program which assist over-income families to access child care services, if they do not qualify for CCDF services. Classrooms are equipped with hands on, age appropriate materials and qualified teachers. There are no transportation services available for this option.

Required documentation for all applications:

- o **Tribal Identification w/CIB #** (required if residence is outside of the Isleta Reservation)
- o **Proof of Residency** to ensure your physical residence is within the Program's service area (New Mexico Driver's License, Utility Bill, Government/Tribal ID)
- o Proof of income for previous 12 months

(Such as: Public Assistance Award Letter, 2020 tax forms, W-2, 26 paystubs, etc.)

- o **Proof of Child's Birth** (State issued birth certificate, CIB Letter, Baptismal Certificate)
- o Proof of Child's Health Insurance
- o A copy of your child's IFSP/IEP (if applicable)
- o For Prenatal option, Pregnant Mothers need to provide proof of pregnancy



Counseling Can Help

The Behavioral Health Clinic is open for direct patient contact with careful adherence to protocols as established by the Isleta Health Center to include:

- Patients must wear a face mask at all times when in the facility and when in your vehicle checking in for your appointment
- All patients must check in at the front of the Isleta Health Center where your temperature will be taken and you will receive a wristband and instructions how to proceed
- Please arrive 15 minutes ahead of your appointment time
- Patients and staff maintain social distancing at all times
- Lobby and offices are sanitized before and after each patient visit

Talking to others is always helpful and talking with a professional therapist can really help – especially during this difficult time.

Call 869-5475- Make an appointment to meet with a therapist - see if counseling can help.

Sometimes vou can't wait -

If you or someone you know is having a mental health crisis, call 1-800-273-8255 for the <u>National Suicide</u> Prevention Lifeline.

You can also text HOME to 741-741 for free, 24-hour support from the **Crisis Text Line.**

Give time and attention to all your health needs – physical, emotional, and mental.



Health Beat

SUMMER WEATHER EYE CARE

Dr. Mitchel Anderson, OD, Optometrist

Phone: 505-869-4080

As the seasons change and the weather heats up, many of us ClearEyes as well. Just be careful using drops that say, "Get the to our animals as well as other fun outdoor activities such as your eyes get even more red when you stop using them. camping, hiking, sports and recreational activities. During this time, it is important to remember our eye health, in the heat of the summer; it is especially important to wear UV protection, the sun emits UV rays that can be damaging to our eyes over our lifetimes. The more we protect our eyes with sunglasses, the better eye health we will have.

It is more common for our eyes to get itchy and drier during this time.

If your eyes are feeling dry, there are many types of eye drops you can use. As an optometrist, I always recommend using "Artificial Tears" or "Lubricant Eye drops". You can use these types of eye drops 4 times per day to help your eyes feel more comfortable. If you feel the need to use these eye drops more than 4 times you will need to look for preservative-free eye drops that come in small vials instead of the typical bottle.

If your eyes are feeling itchy, I recommend the following over the counter eye drops: Ketotifen, Zaditor, Alaway, or Opcon-A. These drops usually work the best, but feel free to try Visine or

spend time outdoors working in our fields, gardens and tending red out" as sometimes this can cause a rebound effect where

Following these tips can help you to fully enjoy your summer this year while also promoting healthy eyes and comfortable vision.

Have a Healthy and Happy UV Safety Summer Remember to WEAR YOUR SUNGLASSES!



PUEBLO OF ISLETA ASSISTED LIVING FACILITY UPDATE

MAJOR AREA OF NEED	DEFICIENCY	CORRECTIVE ACTION
Governor V. Abeita details Elder Center Director to the Assisted Living on Feb. 12, 2021	To assist tribe with Administrator turnover regarding daily operations	Interviewed residents to ensure proper care and safe environment, Five assessments were conducted: Governor and Lt. Governor; Lt. Governor Lucero and Rita Jojola, Elder Center Director; State Ombudsman; and POI Social Services. In May, the NM DOH COVID-19 Guidelines, allowed once a week State Represented Ombudsman visits to all State Licensed Assisted Living Facilities to include the POI ALF. Each week an Ombudsman is at the ALF to visit with each of the residents with the intent of ensuring proper care and representation.
Elder Center Director seeks to	Expired State POI Assisted Living Facility	Submitted Licensure Reinstatement Package to Department of Health on 2/26/21;
Reinstate Licensure	Licensure (lapse of 8+ months)	Licensure Reinstated on 3/11/21
Establishing community support	Overcome the non-access to the ALF for community involvement	Worked with the Elder Center Advisory Committee to revise Bylaws to include the Advisory Committee support efforts for the Assisted Living Facility. Tribal Council by Resolution dated 4/20/21 (#2021-011) established the Elder Center/Assisted Living Facility Advisory Committee. Have provided updates each month since Feb., 2021 to Committee and Tribal Council Elder Center Liaisons. See monthly newsletter for Elder Center Calendar, next meeting July 30, 2021 (open to the public).
Daily Operations	Non-existing systems for daily operations:	Established office management systems: filing/record keeping, call log, transportation for residents, applying ever changing DOH guidelines for COVID response, service provider onsite visit procedure, visitation scheduling, set up email access for all ALF staff, written caregiver assignments w/check lists, training of staff for new systems and procedures
Ongoing Review of State ALF Regulatory Requirements	Non-compliance: Individualized Service Plans to address specific needs of residents; environmental standards, fire and safety, staff training and certification, urgency/emergency response procedures; medical care coordination, incident response and reporting, etc.	Renewed contracts for Pharmacy and Medical Director oversight; Developed ISP's for each resident; developed a Medical Care Coordination Plan; Developed and Approved by the POI Fire Chief the Fire, Safety and Evacuation Plan; cleaned, organized and sanitized majority of the facility. Working with Pubic Works to address all facility repairs and maintenance needs to include the replacement of non-functional kitchen stove, dishwashers, microwaves, laundry equipment, and tattered furniture etc. Inspections conducted to date by: IHS (environmental); Ombudsman Resident Care Weekly; Pharmacy review (2 onsite quarterly reviews); 4 additional Med Techs have been certified.
Tribal Council Involvement	To provide ALF status updates and present reorganization budget for approval	To date, updates on progress; Presentation on March 31, 21 (ALF Status, Proposed Reorganization/Staffing/Facility Needs). Approval of Reorganization by Tribal Council on June 2, 21.
Implementation of Approved Reorganization	To ensure quality services	New positions per approved reorganization (all w/in current 2021 Budget-no additional funding required to include facility upgrades): 3 Shift Supervisors; 10 total Caregiver positions, 1 Administrative Assistant; 6 Elder Center Admin Support Staff (abbreviated hours) Administrator, Business Manager, Benefits and Billing, Regulatory Monitor and Food Service Manager. Out of the 4 new positions only one position is pending hire.
New Admissions	No New Admissions	Refine Admissions Agreement and propose fair and equitable rate of pay for residents

We welcome the input of the POI community, your thoughts and ideas are important as we move forward with this most important facility. The residents are wonderful and we are delighted to provide them with the care they deserve! Rita Jojola

July 19, 2021

Rita Jojola, Director Pueblo of Isleta, Elder Center P.O. Box 1270 Isleta Pueblo, New Mexico 87022

Dear Rita,

This letter is to convey my appreciation for the assistance provided by the Elder Center and tribal administration during the pandemic.

Your concern for our health and welfare as elders of the Pueblo of Isleta is greatly appreciated. The food boxes, care packages, cleaning supplies and Covid-19 information provided were very helpful as it fulfilled a need in our homes. Also, the miscellaneous arts and crafts items, games, etc. provided were very useful in keeping us entertained during the difficult time we were "shelter in place".

I also want to convey the appreciation I have for your staff during this time. Their concern for our safety in handling the distribution of the food boxes was very much appreciated, everyone was always very helpful and friendly. I was always greeted in a cheerful and respectful manner. I know their task in preparing the food boxes was not easy; as such, I compliment them for a job well done!

I continue pray for our people in our community and the world as a whole that this pandemic will soon pass and we all be able to return to our normal way of life. In the words of late Fr. Graham in his November 17, 2020 letter to us, "We are united in one God and creator through the Holy Spirit. Although we may feel apart, our hearts are held together in ways far beyond our understanding in our earthly life". So much meaning in his powerful statement. Especially since he is no longer with us.

Thank you, Rita, and to your staff for a job well done. Please take care and remain safe.

Sincerely

Freida (Zuni) Apodaca

Welcome to Antoinette Thayer Elder Center Activities Coordinator

Greetings Everyone,

I'd like to introduce myself my Name is Antoinette Thayer, I am the new Activities Coordinator at the POI Elder Center. I'd like to share a little bit about myself; I was born here in Belen New Mexico many moons ago... ha-ha!! I have a little history to share about my grandmother on my mom's side, she was born in ABÓ, and she is Apache she moved to Tomé where my mother was born. They moved to Belen where my mother later met my father and married. I lived most of my life in California.



My experience as a Caregiver and Activities Coordinator goes back 4 years. I really love and respect the elders in my life. My love and compassion for elders has led me into this field. Many clients that I have worked with are still in my life, I continue to call and check in on them from time to time. I moved back to NM to be closer to my parents. I strive to be a trusted part of the Pueblo community as the activity coordinator here at the POI Elder Center, to build friendships and learn more about the community. I intend to honor and respect the Isleta way of life. I look forward to getting to know you, and I have lots of fun ideas for us. Please feel free to reach out to me with your own ideas on recreational activities and more. Sincerely,

Antoinette Thayer 505-869-9770 Ex 9336 Antoinette.Thayer@Isletapueblo.com

AUGUST 2021 ISLETA HEALTH CENTER

Questions? Call 869-3200

SAT/SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	Podiatry Clinic - 8:00 - 12:00 The Ripple Effect: 9:00 - 12:00pm For more information please call: 869-5475	The Ripple Effect: 9:00 - 12:00pm For more information please call: 869-5475 Afterschool Peacemaking Collaborative Program: 3:30- 5pm For more information please call: 869-5475	The Ripple Effect: 9:00 - 12:00pm For more information please call: 869-5475 Wellbriety Group: 11:00 -12:00pm For more Information please call: 869-5475 Afterschool Peacemaking Collaborative Program: 3:30-5pm For more information please call: 869-5475	5 CLINIC OPENS AT 9:50am Podiatry Clinic - 8:00 - 4:30 ICAP Sewing Class - 5:00- 7:00pm @IHC Training Center. For more information please call: 869-5475	6
7/8	Podiatry Clinic - 8:00 - 12:00 The Ripple Effect : 9:00 - 12:00pm For more information please call: 869-5475	The Ripple Effect: 9:00 - 12:00pm For more information please call: 869-5475 Afterschool Peacemaking Collaborative Program: 3:30- 5pm For more information please call: 869-5475	The Ripple Effect: 9:00 - 12:00pm For more information please call: 869-5475 Wellbriety Group: 11:00 -12:00pm For more Information please call: 869-5475 Afterschool Peacemaking Collaborative Program: 3:30-5pm For more information please call: 869-5475	Podiatry Clinic - 8:00 - 4:30 ICAP Sewing Class - 5:00-7:00pm @IHC Training Center. For more information please call: 869-5475	13
14/15	Podiatry Clinic - 8:00 - 12:00 The Ripple Effect: 9:00 - 12:00pm For more information please call: 869-5475	The Ripple Effect: 9:00 - 12:00pm For more information please call: 869-5475 Afterschool Peacemaking Collaborative Program: 3:30- 5pm For more information please call: 869-5475	The Ripple Effect: 9:00 - 12:00pm . For more information please call: 869-5475 Wellbriety Group: 11:00 -12:00pm > For more Information please call: 869-5475 Afterschool Peacemaking Collaborative Program: 3:30-5pm For more information please call: 869-5475	Podiatry Clinic - 8:00 - 4:30 ICAP Sewing Class - 5:00- 7:00pm @IHC Training Center. For more information please call: 869-5475	20
21/22	Podiatry Clinic - 8:00 - 12:00 The Ripple Effect: 9:00 - 12:00pm For more information please call: 869-5475	The Ripple Effect: 9:00 - 12:00pm For more information please call: 869-5475 Afterschool Peacemaking Collaborative Program: 3:30- 5pm For more information please call: 869-5475	The Ripple Effect: 9:00 - 12:00pm For more information please call: 869-5475 Wellbriety Group: 11:00 -12:00pm For Information please call: 869-5475 Afterschool Peacemaking Collaborative Program: 3:30-5pm For more information please call: 869-5475	Podiatry Clinic - 8:00 - 4:30 ICAP Sewing Class - 5:00-7:00pm @IHC Training Center. For more information please call: 869-5475	27
28/29	Podiatry Clinic - 8:00 - 12:30 The Ripple Effect: 9:00 - 12:00pm For more information please call: 869-5475	The Ripple Effect: 9:00 - 12:00pm For more information please call: 869-5475 Afterschool Peacemaking Collaborative Program: 3:30- 5pm For more information please call: 869-5475	Depression/Meditation Tuesday, August 10, 2021 Isleta Health Training Center RSVP by August 10th Contact Stephanie Barela 869-4479 sbarela@islclinic.net	ICAP Moccasin Class Please Call IBHS for more information @ 869-5475	DPP=Diabetes Prevention Program: 869-4595 BHS=Behavioral Health Services : 869-5475

Isleta Health Center WELCOMES YOU BACK!

PATIENTS CAN NOW SCHEDULE
APPOINTMENTS WITH THEIR PROVIDER

ALL ISLETA Health Center Providers are
NOW OFFERING IN PERSON VISITS,
CALL NOW to schedule an

Appointment (505) 869-3200

- · It is important to see your provider if you have a
 - · Chronic Disease, such as:
 - .Diabetes (at least every 6 months)
 - ·Hypertension/High Blood Pressure (every 6 to 12 months)
 - .Asthma
- •Are due for a Health Maintenance Appointment •Plan to participate in sports (need a sports physical)

If you are OVERDUE to see your Provider, PLEASE CALL TO SCHEDULE ASAP!

 $Telephone\ Visits\ are\ still\ available\ in\ many\ situations.$



30th Annual Red Ribben Multi-Cultural Relay Run 5k & 1 Mile Walk

Join us in this Alcohol and Drug Free prevention event run or walk challengell

September 9th, 2021 (Thursday)

Save The Date!!

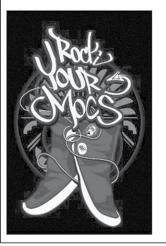
Isleta 2nd Annual Indigenous peoples
Day Fun Run

5K and 10K Join Us

October 11, 2021 (Monday)

Save The Date!!





9th Annual Isleta Rock Your Mocs 5K Fun Run & I Mile Walk

Show your pride with us on

Saturday

November 20th, 2021

Save The Date!!!

FOR INFO ON ALL RUNS CALL IBHC: 869-5475