

Volume 16 Issue 10

Pueblo of Isleta website: www.isletapueblo.com

■ Facebook October 2021

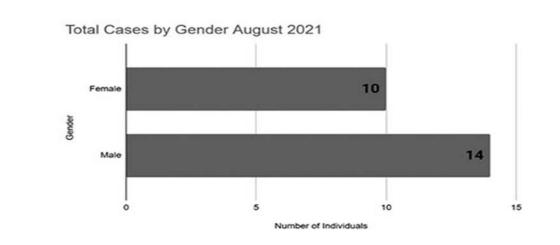
Governor's Report

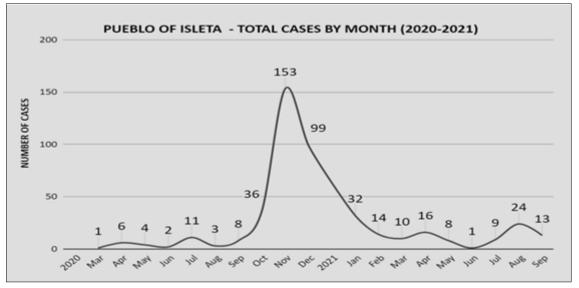
Maguwam, Hello to everyone. I hope this newsletter finds everyone in good health. We want to thank the numerous people and families for abiding by the Public Health Order (PHO). Although we have some families submitting safety plans for their events, we have many more individuals not submitting safety plans. In reference to the status of Covid-19 we are not out of the woods yet. We have in the last few weeks had 5 to 11 cases identified. It has been a long hard road, and masking and following safety protocols have become burdensome. We have to remind the public that we still have our Public Health Order. We remind you once again that the State of New Mexico did lift some restrictions such as mask mandates, however the Pueblo of Isleta has not.

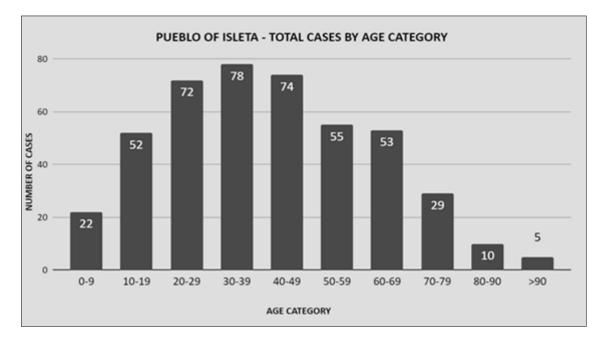
Within the Public Health Order any events which involve gathering that are being planned must include a Safety Plan. On the other hand, there are individuals who circumvent the Public Health Order and are having events off the reservation. We encourage those individuals to consider including safety measures as provided in the Public Health Order such as getting the Covid-19 vaccine, physical distancing, wearing a mask, washing hands often, and isolating and quarantining when cases and close contacts are identified.

In August 2021, there were a total of 24 cases identified and monitored by the IHC COVID-19 Response Team. The median age of cases for August 2021 was 39 years. In August 2021, there were 14 males and 10 females that tested positive for COVID-19. There was an increase in the male population for the month of August compared to females and prior months. There were no hospitalizations or deaths related to COVID-19 in August 2021.

We also continue to encourage those individuals who have not received their vaccine to get it. Currently the "Booster" vaccination is being offered by Isleta Health Clinic to those individuals who are immunocompromised. The Covid Mitigation team is now looking at extending that to others as well. It is recommended by the Centers for Disease Control and the Food and Drug Administration that to receive the booster it should be given eight (8) months from the last dose of vaccine. If you are interested in receiving the booster vaccine, please call the Covid-19 Hotline at (505)869-9720.We have received many questions about the status of the Church. To date, extensive radon testing and research by the Pueblo's Environment Department indicates that installation of an air circulation and ventilation system will make it safe to reopen St. Augustine Church. While recent testing could not pinpoint the source of elevated radon inside the Church, measurements show that the concentration of radon inside the Church is relatively uniform. An important finding is that radon levels inside the Church can be reduced to allowable levels by upgrading the air circulation and ventilation system.







Opening the accessible windows and doors while running fans can reduce radon below the action level recommended by U.S. Environmental Protection in less than half an hour. To achieve a long-term solution for the elevated radon while avoiding opening windows and/or doors with fans on during mass, several Pueblo departments are investigating alternatives to improve the Church's air exchange system. The Pueblo will continue to monitor radon inside St. Augustine Church. If you have any questions or concerns about radon, please contact the Environment Department at 505-869-9814.

Western Spirit Transmission Line

The Western Spirit Transmission 345kV transmission line under construction on the west range is entering its last phase. Most of the power poles are in place with the exception of two, which require completion before stringing the electrical wire. The stringing of the wiring will be done by helicopter, similar to the Public Service Company of NM (PNM), 115kV project a couple of years ago. The stringing of the line will be completed late fall that will connect to the PNM substation being built simultaneously off and north of the reservation. Sometime thereafter the line will be energized.

Tribal Administration would like to introduce Abel Cardenas as the new Manager for the C-Stores. We also would like to welcome Deanna Torres as the director for the Women's Infants and Children Department. Lastly we want to introduce Sandra Lahi as the interim Chief Executive Officer for the Health Center. We welcome them aboard to the Pueblo of Isleta.

Tribal Administration, Environment, Range, and UXO/HAZMAT Programs conducted a site tour of the work done to date and evaluate impacts to land surface. Once the Western Spirit project is completed, land reclamation requirements will begin and a three (3) year evaluation will be required to assess if restoration *(Continued Next Page)*

prescriptions were met as a condition of granting Pattern Energy a right of way (ROW) through the Pueblo. Upon completion, the ROW and transmission line is be transferred to PNM.

Re-Districting

You may have seen recently the redistricting news in the media that was triggered by the 2020 Census. Every 10 years as populations grow, shrink, or move around, NM Legislature House and Senate Districts are re-drawn so that each district contains approximately the same number of people. NM formed its Citizen Redistricting Committee to gather information from the public, then submit recommended district boundary changes to the NM Legislature by October 30, 2021. Through the efforts of the All Pueblo Council of Governors (APCG), Tribal Administration met and worked with the APCG Ad Hoc redistricting committee representatives to provide our input into this effort.

Over the past decade and at present, we have been part of House Districts 8 (Los Charcos area) and 69 (remainder of rez) and has been beneficial to Isleta. Therefore, we will remain with those districts without change. Isleta did notice changes in Senate District 29, and Tribal Council sided with the recommendation and approved to move entirely into Senate District 30. That would allow consolidation with our sister Pueblos of Laguna, Acoma, and Zuni. Isleta does not make this decision lightly, but we believe such a move allows Isleta along with its sister Pueblos the possibility of not only electing a candidate that shares our values, but a Pueblo Native American to the State Senate seat in the future.

In terms of Congressional representation, Isleta supports the reworked Congressional District 2 map that increases Native American voter participation. The reworked Congressional District $\mathbf{2}$ boundaries increases the ability of Isleta to elect a candidate of its choice that's more knowledgeable of us and better represents our interests.

The NM Legislature will have the final say, but we are hopeful with the 2020, U.S. and NM state elections, the results will continue to give us a greater voice in and through our choice of elected representatives. While these changes may be good, it does not matter if we do not exercise our right to vote that was fought for by our fellow Isleta tribal member, the late Miguel Trujillo.

Irrigation and P&P Availability

There is misunderstanding, but also questions about the availability and use of Prior and Paramount (P&P) irrigation water stored every year for the six middle Rio Grande Pueblos (6MRGP) including Isleta. The 6MRGP have a total of 20,798 acres of recognized irrigated land. Of the amount, 6MRGP P&P lands comprise 8,847 acres. The remaining 11,951 acres are categorized Newly Reclaimed Lands (NRL). For Isleta, P&P is 3,349 acres and NRL is 2,780 acres, for a combined total of 6,249 acres. To be clear, the amount of P&P storage for the entire 6MRGP is for 8,847 acres and Isleta's is 3,349 acres. However, P&P storage when released is not restricted and can be applied to either P&P or NRL lands at each Pueblo's choosing including Isleta.

Isleta Pueblo News

the amount P&P storage until the 1981 agreement came into place. There have been technical updates to the 1981 agreement over the years so the methodology used to compute the storage amount has changed, which determines the amount of storage generated for a given runoff year. Every year, P&P stored water is determined through calculations that begin in March, and a final storage amount is derived in May. For 2021, the P&P storage target was 15,428 acre feet.

However, the P&P storage amount determined each year is available only when the natural river supply and flow falls below P&P acreage demands. Part of the misunderstanding is knowing what conditions trigger P&P water releases. In simplest terms, the natural supply and flow of the river is the determining factor. If that natural supply is above or equal to P&P demand, stored P&P water cannot be released because there is no shortfall. This year we have come close but with the rains we had, that provided a cushion that allowed meeting P&P demand to this point. Last year, condition were different where natural flow supply could not meet P&P demand and stored P&P water (20,095 acre feet) was released starting in July until September, with most all being released (20,004). In addition, last year MRGCD had to use Rio Grande Compact debit water for emergency purposes, to prevent catastrophic crop losses and minimize impact to endangered species. This emergency use of Compact debit water helped supply the NRL of the 6MRGP and Isleta.

Historically, no P&P releases have taken place after September 30th, due to hydrologic conditions (meaning river supply and flow) rebounding to meet demands due to lower temperatures and irrigation demand. Therefore, any amount remaining in P&P storage loses that status and transfers via MRGCD to Elephant Butte Reservoir for Compact delivery. However, there is no established requirement or agreement that prohibits the Pueblos and Isleta from using P&P storage during October 1st, other than never being done or P&P supply and demand being tracked to ascertain that release. That question is being asked that if P&P demand is greater than supply after October 1st, should we not be able to use the 6MRGP of water and especially for Isleta?

Next year, El Vado Reservoir will be undergoing planned repairs, which will not allow P&P water to be stored. Attempts are being made to transfer P&P storage to Abiquiu Lake until work is completed, but such a temporary transfer is opposed by Texas. Not to be pessimistic, but if natural river supply is not enough to meet demand, and no Compact credit water is available, and P&P water cannot be stored in Abiquiu, MRGCD will be very limited in its ability to supply the entirety of the District as well as meeting the P&P needs of the 6MRGP and Isleta. That condition would require Isleta to make hard choices where and who will receive limited river irrigation water.

On the bright side of this year's irrigation supply challenge, Tribal Administration, Isleta mayordomos, MRGCD Managers and ISO's, and BIA have instituted a group text messaging communication effort to keep everyone apprised of irrigation supply and demand and to shift from one irrigation canal to another as needed or when irrigation is done. So far this coordination effort seems to be working and will be utilized to better manage and distribute irrigation water for Isleta.

Going forward, we can expect challenges in not only in meeting our irrigation but all water needs. With communication, education, and cooperation, all farmers, the community, Tribal Administrations and Tribal Councils must act together to meet those challenges.

If you have any questions or concerns, please feel free to contact the Governor's office on any of the topics presented or any that are of importance to you.

May our creator bless each and every one of you with a long and healthy life, and please pray for snow and rain for next year.

Haw-wuh, Vernon B. Abeita Governor

2021 REGULAR LOCAL ELECTION

VOTER REGISTRATION CLOSES:

ABSENTEE MAILING STARTS: ABSENTEE MAILING ENDS:

ABSENTEE IN PERSON STARTS: ABSENTEE IN PERSON ENDS: (Bernalillo County Clerk's Annex)

October 2	021
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October 05, 2021	5:00pm
October 05, 2021	8:00am
October 27, 2021	5:00pm
October 5, 2021	8:00am
October 15, 2021	5:00pm
October 16, 2021	10:00am

There was no methodology used to compute

October 16, 2021 10:00am October 30, 2021 7:00pm
20 Early Voting Sites Monday thru Saturday 10:00am to 7:00pm
October 20, 2021 thru October 29, 2021 (Mon thru Fri) (Time - 9am to 5:00pm)
e (NO EV Site Available) Absentee Ballot Drop Off Only (Time - 8am to 4:00pm)
ETA ELDERLY CENTER
ETA ELDERLY CENTER mber 02, 2021 (Tuesday) 7:00am to 7:00pm on Day Sites
mber 02, 2021 (Tuesday) 7:00am to 7:00pm
mber 02, 2021 (Tuesday) 7:00am to 7:00pm

PROBATES

IN THE MATTER OF THE ESTATE OF: Isidor Carpio (DOD: 12/15/2013)

Case No. CV-PR-0156-2021

First Notice

TAKE NOTICE that in accordance with notice requirements, a Petition to Probate the Estate of Isidor Carpio, deceased 12/15/2013, has been filed in the Pueblo of Isleta Tribal Court. Any person claiming an interest in the Estate is hereby advised to notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. Claims must be filed in writing. A hearing in this matter has been scheduled for Thursday, October 14, 2021 at 10:30 am at the Isleta Tribal Court, located at the Tribal Services Complex, 3950 Hwy. 47 SE, Building A, Albuquerque, NM. If you have any questions, please contact the Isleta Tribal Court at (505) 869-9699.

IN THE MATTER OF THE ESTATE OF: Rufina Carpio Montoya (DOD: 08/29/1995) Case No. CV-PR-0118-2021

First Notice

TAKE NOTICE that in accordance with notice requirements, a Petition to Probate the Estate of Rufina Carpio Montoya, deceased 08/29/1995, has been filed in the Pueblo of Isleta Tribal Court. Any person claiming an interest in the Estate is hereby advised to notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. Claims must be filed in writing. A hearing in this matter has been scheduled for Monday, November 01, 2021 at 03:00 pm at the Isleta Tribal Court, located at the Tribal Services Complex, 3950 Hwy. 47 SE, Building A, Albuquerque, NM. If you have any questions, please contact the Isleta Tribal Court at (505) 869-9699.

IN THE MATTER OF THE ESTATE OF: Melvin Isidore Anzara (DOD: 07/17/2010) Case No. CV-PR-0111-2021

First Notice

TAKE NOTICE that in accordance with notice requirements, a Petition to Probate the Estate of Melvin Isidore Anzara, deceased 07/17/2010, has been filed in the Pueblo of Isleta Tribal Court. Any person claiming an interest in the Estate is hereby advised to notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. Claims must be filed in writing. A hearing in this matter has been scheduled for Thursday, November 18, 2021 at 09:15 am at the Isleta Tribal Court, located at the Tribal Services Complex, 3950 Hwy. 47 SE, Building A, Albuquerque, NM. If you have any questions, please contact the Isleta Tribal Court at (505) 869-9699.

IN THE MATTER OF THE ESTATE OF:
Marie Daisy Zuni (DOD: 01/15/2021)

Case No. CV-PR-0123-2021

First Notice

TAKE NOTICE that in accordance with notice requirements, a Petition to Probate the Estate of Marie Daisy Zuni, deceased 01/15/2021, has been filed in the Pueblo of Isleta Tribal Court. Any person claiming an interest in the Estate is hereby advised to notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. Claims must be filed in writing. A hearing in this matter has been scheduled for Thursday, November 18, 2021 at 10:30 am at the Isleta Tribal Court, located at the Tribal Services Complex, 3950 Hwy. 47 SE, Building A, Albuquerque, NM. If you have any questions, please contact the Isleta Tribal Court at (505) 869-9699.

IN THE MATTER OF THE ESTATE OF: Carlos Zuni (DOD: 11/18/2020)

Case No. CV-PR-0126-2021

Case No. CV-PR-0128-2021

First Notice

TAKE NOTICE that in accordance with notice requirements, a Petition to Probate the Estate of Carlos Zuni, deceased 11/18/2020, has been filed in the Pueblo of Isleta Tribal Court. Any person claiming an interest in the Estate is hereby advised to notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. Claims must be filed in writing. A hearing in this matter has been 1. scheduled for Tuesday, November 30, 2021 at 09:30 am at the Isleta Tribal Court, $\mathbf{2}$. located at the Tribal Services Complex, 3950 Hwy. 47 SE, Building A, Albuquerque, 3. NM. If you have any questions, please contact the Isleta Tribal Court at (505) 869-9699. 4.

LETTER FROM THE EDITOR

DEADLINE for November newsletter articles is set for Wednesday, October 20, 2021, at 4:30 pm. Articles may be dropped off at the Library or emailed to Nathaniel. Lujan@isletapueblo.com. Should you email your article, expect a confirmation email. If you do not receive a confirmation email, odds are it never made it to me and then it's time to panic, so call Nate at 505.869.9808.

People who wish to submit an article or flyer are responsible for generating their own article or flyer. Should you need help, please call the Library at 505.869.9808 and set up a date and time to sit down with a Library staff member who will help you throughout the process. The Library will NOT accept notes dropped off at the Library or information over the phone to generate your article.

PROBATES need to be published in the Newsletter for two consecutive months. Probates are considered court documents, therefore, all submitters must provide: 1) Name of Deceased, 2) Date of Deceased 3) Court Case # and 4) Date of Court Date. A Probate form can be found on the Newsletter Archive page at http://www.isletapueblo. com/newsletters.html.

CLASSIFIED ADS: The new administration has requested that the Newsletter start a Classified Ad section for Tribal members selling land, houses, mobile homes, vehicles, and farm equipment. Leasing of houses and mobile homes will be accepted. Smaller items which can be sold at the local flea markets or weekly yard sales will NOT be accepted.

Currently, this service is FREE to Tribal members. Land, houses, and mobile homes must be within the reservation boundaries. Ads must meet the 160 character limit. Ads that exceed the 160 characters will NOT be submitted into the Newsletter. A single picture may be submitted with the ad. Submitters of classified ads are responsible for generating their own ads as this is a FREE service.

As a reminder, Tribal business owners may submit a small flyer at no charge. Like the classified ads, business owners are responsible for generating their own flyers as this is a FREE service.

Classified ads and business flyers will be posted no more than two consecutive months. In the event where the Newsletter may exceed the 24-page limit, classified ads and business flyers will be "bumped" for newsletter articles. Again, this is a FREE service for Tribal members.

The Isleta Newsletter is owned and operated by the Pueblo of Isleta. Therefore, the Governor of the Pueblo of Isleta has the final say of all articles and contents within the Isleta Newsletter.

For additional questions, you may call the Library and speak with Nate or Diane at 505.869.9808.

Thank you, Nathaniel Lujan

Newsletters may be found at the fifteen distribution locations listed below. Remember, Digital copies of the Newsletter may be obtained from the Newsletter archive at http://www.isletapueblo.com/newsletters.html

IN THE MATTER OF THE ESTATE OF: Lonnie A. Trujillo (DOD: 06/20/2021)

First Notice

TAKE NOTICE that in accordance with notice requirements, a Petition to Probate the Estate of Lonnie A. Trujillo, deceased 06/20/2021, has been filed in the Pueblo of Isleta Tribal Court. Any person claiming an interest in the Estate is hereby advised to notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. Claims must be filed in writing. A hearing in this matter has been scheduled for Tuesday, November 30, 2021 at 10:30 am at the Isleta Tribal Court, located at the Tribal Services Complex, 3950 Hwy. 47 SE, Building A, Albuquerque, NM. If you have any questions, please contact the Isleta Tribal Court at (505) 869-9699.

(Continued on Page 4)

The fifteen Newsletter distribution locations are:

1.	TR 2 & TR 22 - Chical SE of Community Hall
2.	TR 10 - Behind the old 47 Sales
3.	TR 1 & TR 5 – Ranchitos / Bosque Farms
	Reservations Line
4.	Ranchitos Park
5.	Post Office - Big Tree
6.	TR 82 & TR 84 - Teller Road
7.	TR 78 & TR 82 - Carlos Trujillo Sr.
8.	TR 90 @ Y - CF Padilla
9.	Mouse Town Park –
10.	Health Center – South end of Health
	Center Parking lot
11.	Library Sunlight & Moonlight Intersection
12.	TR 6 - 47 Intersection
13.	TR 12 - 47 & 147 intersection (Old Smoke & Save)
14.	TR 71 & TR 54 @ Y - Holiday Robot / Paved Road /
	Railroad Tracks
15.	TR 45 & TR 40 @ Y - Tata Mel (POI Signage)

IN THE MATTER OF THE ESTATE OF: Juan Felipe Lucero (DOD: 05/15/2020) Case No. CV-PR-0116-2021

First Notice

TAKE NOTICE that in accordance with notice requirements, a Petition to Probate the Estate of <u>Juan Felipe Lucero</u>, deceased <u>05/15/2020</u>, has been filed in the Pueblo of Isleta Tribal Court. Any person claiming an interest in the Estate is hereby advised to notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. Claims must be filed in writing. A hearing in this matter has been scheduled for <u>Thursday, December 02, 2021 at 09:15 am</u> at the Isleta Tribal Court, located at the Tribal Services Complex, 3950 Hwy. 47 SE, Building A, Albuquerque, NM. If you have any questions, please contact the Isleta Tribal Court at (505) 869-9699.

IN THE MATTER OF THE ESTATE OF: Martha M. Lucero (DOD: 01/01/2021) Case No. CV-PR-0005-2021

First Notice

TAKE NOTICE that in accordance with notice requirements, a Petition to Probate the Estate of <u>Martha M. Lucero</u>, deceased <u>01/01/2021</u>, has been filed in the Pueblo of Isleta Tribal Court. Any person claiming an interest in the Estate is hereby advised to notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. Claims must be filed in writing. A hearing in this matter has been scheduled for <u>Monday, December 06, 2021 at 03:00 pm</u> at the Isleta Tribal Court, located at the Tribal Services Complex, 3950 Hwy. 47 SE, Building A, Albuquerque, NM. If you have any questions, please contact the Isleta Tribal Court at (505) 869-9699.

IN THE MATTER OF THE ESTATE OF: Margaret Erlinda "Linda" Zuni (DOD: 07/04/2019) Case No. CV-PR-0005-2021

Second Notice

TAKE NOTICE that in accordance with notice requirements, a Petition to Probate the Estate of <u>Margaret Erlinda "Linda" Zuni</u>, deceased <u>07/04/2019</u>, has been filed in the Pueblo of Isleta Tribal Court. Any person claiming an interest in the Estate is hereby advised to notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. Claims must be filed in writing. A hearing in this matter has been scheduled for <u>Monday. October 18, 2021 at 1:30 pm</u> at the Isleta Tribal Court, located at the Tribal Services Complex, 3950 Hwy. 47 SE, Building A, Albuquerque, NM. If you have any questions, please contact the Isleta Tribal Court at (505) 869-9699.

IN THE MATTER OF THE ESTATE OF: Joseph L. Juancho (DOD: 04/25/2021) Case No. CV-PR-0084-2021

Second Notice

TAKE NOTICE that in accordance with notice requirements, a Petition to Probate the Estate of <u>Joseph L. Juancho</u>, deceased <u>04/25/2021</u>, has been filed in the Pueblo of Isleta Tribal Court. Any person claiming an interest in the Estate is hereby advised to notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. Claims must be filed in writing. A hearing in this matter has been scheduled for <u>Monday, November 01, 2021 at 3:00 pm</u> at the Isleta Tribal Court, located at the Tribal Services Complex, 3950 Hwy. 47 SE, Building A, Albuquerque, NM. If you have any questions, please contact the Isleta Tribal Court at (505) 869-9699.

IN THE MATTER OF THE ESTATE OF: Rafina Montoya (DOD: 08/29/1995) Case No. CV-PR-0118-2021

Second Notice

TAKE NOTICE that in accordance with notice requirements, a Petition to Probate the Estate of <u>Rafina Montoya</u>, deceased <u>08/29/1995</u>, has been filed in the Pueblo of Isleta Tribal Court. Any person claiming an interest in the Estate is hereby advised to notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. Claims must be filed in writing. A hearing in this matter has been scheduled for <u>Tuesday, November 23, 2021 at 9:30 am</u> at the Isleta Tribal Court, located at the Tribal Services Complex, 3950 Hwy. 47 SE, Building A, Albuquerque, NM. If you have any questions, please contact the Isleta Tribal Court at (505) 869-9699.

WATER RESOURCES ATTN: Pueblo Irrigators

Water Supply Shortage

Now, moving forward, Pueblo irrigators will be the only farmers receiving any water from MRGCD. Water deliveries will be tight and if you are scheduled to receive water, please do not miss your opportunity as it may be a week or more until you get another opportunity.

The amount of irrigation water in the system is changing daily, and is dependent on rainfall and temperature which no one can accurately predict; therefore, no one can say with 100% certainty how irrigation deliveries will be effected. One thing that we can say with certainty is that the 6 Middle Rio Grande Pueblos will stay on a strict rotation with water supply.

Farmers must keep in close contact with their mayordomos and communicate their irrigation and maintenance needs to their mayordomos so they can inform proper personnel with MRGCD or the Pueblo. Additionally, efficient use of irrigation water and careful consideration for all Pueblo farmers is imperative. Irrigation water will need to be taken when it is available, and that may mean at night as well as during the day. The Pueblo's mayordomos and MRGCD ISOs can inform farmers of how water operations will be carried out. Feel free to also contact the POI Water Resource Department at 505-869-7566 for further information.

Please note that the 2021 irrigation season will has exhausted all irrigation water stored in upstream reservoirs; unfortunately there will be no carryover storage for 2022. In addition, El Vado reservoir, the reservoir used to store P&P water, will be under construction next year and likely 2023, and will not be available to store P&P water. An attempt is being made to use Abiquiu Lake as an alternative for P&P storage, but that is likely not to occur, unless Rio Grande compact commissioners from Colorado, New Mexico, and Texas unanimously agree on P&P storage in Abiquiu Lake. At this point, it seems unlikely that Texas will agree, putting the longevity of next year's irrigation season at further risk. Irrigation water for 2022 will be at significant risk due to the supply being totally dependent on a good snowpack this winter and rain throughout next year. Farmers are urged to plan accordingly.

ADULTS CATS & KITTENS LOOKING FOR NEW HOMES

I have two (2) adult female cats looking for new homes. One is 4 years old and the other is 1. If adult cats are not what you are looking for, I also have eight (8) kittens about 8-10 weeks old. They are very sweet, loving, beautiful pets but we cannot care for all of them.



Isleta Health Center Program Postponements

The Isleta Health Center (IHC) is doing our part to encourage social distancing, by continuing to postpone the following programs until further notice:

The IHC Programs below are postponed:

- ► ICAP Moccasin Making Class on Tuesday evenings
- ► Isleta Diabetes Prevention Exercise Classes (*EagleHIIT*) held Mondays and Wednesdays
- ► Isleta Diabetes Weight Training held Tuesdays and Thursdays

(Wellness Center available by appointments only)



Should you be interested, please call Cliff at (505) 908-7331.



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		10:01P		6:31P	6:02P	5:16P	т	2:03P	8:14A	6:38A	1	1	Sandoval / US 550	scrimination obligations or to file a Title VI	
	Los Ranchos / JC	9:42P	7:28P	6:12P	т	4:57P	т	1:44P	7:55A	6:19A	ı	ì	Kewa	obtain more information on our non-	
		9:24P	7:10P	5:54P	5:26P	4:39P	ı	1:26P	7:37A	6:01A	T.	ĩ	SF County / NMI 599	national origin in the delivery of service.	
	Downtown ABQ	9:12P	6:58P	5:42P	ľ	4:27P	ı	1:14P	7:25A	5:49A	т	Т	Zia Road	of discriminate on the basis of race color	
South Fundo Ser Figs South and ser part of the ser part		9:05P	6:51P	5:35P	5:09P	4:20P	1	1:07P	7:18A	5:43A	т	1	South Capitol	no motion including to the VI abligations. We do	
Shown are departure times, unless otherwise noted. REMONSE DE TREV Notable on the suble of the su		9:00P	6:46P	5:30P	5:04P	4:15P	1	1:02P	7:13A	5:39A	r	ť.	Santa Fe Depot	De Ria Metra Regional Transit District is	
Montania Standard		#521	#519	7	EXPRESS		#513	#511	× #509		#503	#501	TRAIN STATIONS		
Shown are departure times, unless otherwise note. EXPROVES OF THEY Northound representation on service sublex on		vise noted	unless otherv		nown are dej	1.1.1			sur	rumbo .	bound /	South	ESTACIONES DE TREN		
Image: properties of the properties	ESTACIONES DE TREN TRAIN STATIONS		-										READ DOWN	Rail Runner llegará a la estación hacia la cual usted se dirige.	
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2021 By del 2021 Shown are departure times, unless otherwise note, trans by the times of tim		1	3	8:23P	7:07P	5:53P	11:01A	1	8:49A	ı	6:28A	5:58A	Zia Road	cual usted sale.	
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Sour are departure times, unless otherwise noted. Encloses DE TREV Northbound / runbo nore Source departure times, unless otherwise noted. Encloses DE TREV Northbound / runbo nore Source departure times, unless otherwise noted. Belen - - 5:39 6:35 8:04 - 3:35 - 5:51 7:01 7:57 Benen - - 5:39 6:35 8:04 - 3:35 - 5:51 7:01 7:57 Inon Isleta Pueblo - - 6:02 7:359 - 6:166 7:26 8:31P Downtown ABD 4:32A 5:02A 6:22A 7:19A 8:42A 9:35A 4:26P 5:34P 6:48P 7:42P 8:38P Minich Montaño 4:41A 5:11A - 7:20A 7:35P 8:31P Sandaval / US 560 5:03A 5:32A - 7:42A 7:35A 4:40P 5:49 7:32P - - <		т	r	7:50P	6:34P	5:19P	10:28A	T	8:18A		5:55A	5:25A	Kewa	sur (en la parte de abajo).	
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Shown are departure times, unless otherwise noted. Beene in the shown of t	SF (1	ï	7:12P	5:54P	4:46P	9:55A	1	7:42A		5:22A	4:52A	Sandia Pueblo	you are traveling.	
Shown are departure times, unless otherwise noted. Bernalillo County Shown are departure times, unless otherwise noted. TRAN STATIONS Stown are departure times, unless otherwise noted. Belen Stown are departure times, unless otherwise noted. TRAN STATIONS Stown are departure times, unless otherwise noted. Stowner departure times, unless otherwise noted. Stowner departure times, unless otherwise noted. Stowner departure times, unless otherwise noted. Stowner departure times, unless otherwise noted. Stowner departure times. Belen - Stowner departure times. Stowner departure times. Issue departure times. Stowner departure times. - Stowner departure times.		1	ī	7:06P	5:49P	4:41P	9:50A	ı	7:36A	-	5:17A	4:47A	Los Ranchos / JC	Rail Runner will arrive at the station to which	
Shown are departure times, unless otherwise noted. Shown are departure times, unless otherwise noted. Belen n Site a no ser que so indigue lo contraito TRAIN STATIONS #502 #504 Image for the state and ser que so indigue lo contraito. TRAIN STATIONS #502 #504 a Signa for the state and ser que so indigue lo contraito. TRAIN STATIONS #502 #506 #510 #512 #516 <t< td=""><td>Sa</td><td>1</td><td>1</td><td>6:58P</td><td>5:43P</td><td>4:35P</td><td>9:44A</td><td>1</td><td>7:29A</td><td>1</td><td></td><td>4:41A</td><td>Montaño</td><td>From there, read down to find what time the</td></t<>	Sa	1	1	6:58P	5:43P	4:35P	9:44A	1	7:29A	1		4:41A	Montaño	From there, read down to find what time the	
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1 Shown are departure times, unless otherwise noted. 4d 2021 ESTACIONES DE TREV Northbound / rumbo norte Shown are departure times, unless otherwise noted. TRAIN STATIONS #502 #504 EphEss Express #506 #508 #511 #516 #518 #520 Los Lunas - 5:39A 6:35A 8:04A - 3:35P - 5:51P 7:01P 7:57P Los Lunas - 5:49A 6:46A 8:15A - 3:46P - 6:01P 7:12P 8:08P Isleta Pueblo - - 6:02A 6:59A 8:27A - 6:16P 7:26P 8:22P	0	8:31P	7:35P	6:29P	1	4:06P	1	8:35A	7:06A	6:10A	1	ï	Bernalillo County	Read across to find the times the Rail	
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May 7th, 2021 Shown are departure times, unless otherwise noted. Bridel 7 de mayo del 2021 Shown are departure times, unless otherwise noted. Estaciones de rinto Shown are departure times, unless otherwise noted. Hortibound / rumbo norte Shown are departure times, unless otherwise noted. TRAIN STATIONS #502 #506 #508 #510 #514 #516 #518 #520 tigoing north Shown are departure times, unless otherwise noted. TRAIN STATIONS #502 #506 #508 #510 #514 #516 #520 going north Shown are departure time unless otherwise noted. TRAIN STATIONS #502 #506 #508 #510 #514 #516 #520 going north Shown are departure time. #520 going north Shown are departure time. going north going north #510 #518 #520 going north going north <td colsp<="" td=""><td></td><td>8:08P</td><td>7:12P</td><td>6:01P</td><td>Ŧ</td><td>3:46P</td><td>1</td><td>8:15A</td><td>6:46A</td><td>5:49A</td><td>1</td><td>ı</td><td>Los Lunas</td><td>ar top) of source (ar borrights station from</td></td>	<td></td> <td>8:08P</td> <td>7:12P</td> <td>6:01P</td> <td>Ŧ</td> <td>3:46P</td> <td>1</td> <td>8:15A</td> <td>6:46A</td> <td>5:49A</td> <td>1</td> <td>ı</td> <td>Los Lunas</td> <td>ar top) of source (ar borrights station from</td>		8:08P	7:12P	6:01P	Ŧ	3:46P	1	8:15A	6:46A	5:49A	1	ı	Los Lunas	ar top) of source (ar borrights station from
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May 7th, 2021 Err del 7 de mayo del 2021 ESTACIONES DE TREN Northbound / rumbo norte Stown are departure times, unless otherwise noted. ESTACIONES DE TREN Northbound / rumbo norte Stown are departure time unless otherwise noted.		#520	#518	#516	#514	#512	#510	#508		EXPRESS	#504	#502	TRAIN STATIONS		
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Shown are departure times, unless otherwise noted.		lo contrario.	se indique.	no ser que	de salida à	stra tiempos	ario demue,	Hor							
	TR	se noted.	otherwis	s, unless	ure time	re depart	Shown a							Schedule Effective May 7th, 2021 Horario efectivo a partir del 7 de mavo del 202	
CONCARC LONES A VIENNES	ESTACIONES DE TREN										Ċ	VILIIVE		Therman Course	

IY Schedule HORARIO DEL SÁBADO

					READ DOWN
1	9:58P	7:55P	2:49P	9:39A	santa Fe Depot
ı	9:53P	7:50P	2:44P	9:34A	South Capitol
1	9:45P	7:42P	2:36P	9:26A	Zia Road
1	9:34P	7:31P	2:25P	9:15A	unty / NM 599
ı	9:13P	7:10P	2:04P	8:54A	Kewa
ı	8:55P	6:52P	1:46P	8:36A	doval / US 550
I	8:51P	6:48P	1:42P	8:32A	own Bernalillo
ï	8:43P	6:40P	1:34P	8:24A	Sandia Pueblo
ī	8:38P	6:35P	1:29P	8:19A	s Ranchos / JC
1	8:32P	6:29P	1:23P	8:13A	Montaño
11:11P	8:23P	6:20P	1:14P	8:04A	owntown ABQ
11:03P	8:12P	6:09P	12:59P	7:53A	rnalillo County
10:56P	8:04P	6:01P	12:51P	7:45A	Isleta Pueblo
10:45P	7:53P	5:50P	12:40P	7:34A	Los Lunas
10:35P	7:43P	5:40P	12:30P	7:24A	Belen
#710	#708	#706	#704	#702	N STATIONS
lorte	I odilini or	Northbound Saturday / sabado rumbo norte			ACIUNES DE TREN

Schedule HORARIO DEL

IEA RE

#702 #704 #704 #704 724A 12:30P 5:40 734A 12:40P 5:50 7:53A 12:51P 6:61 7:53A 12:59P 6:69 8:04A 1:14P 6:20 8:13A 1:23P 6:49 8:19A 1:23P 6:49 8:19A 1:24P 6:49 8:19A 1:24P 6:49 8:32A 1:34P 6:49 8:36A 1:46P 6:52 8:35A 2:04P 7:10 9:15A 2:25P 7:31 9:26A 2:36P 7:42 9:39A 2:49P 7:50
#706 550P 6:01P 6:09P 6:20P 6:29P 6:29P 6:35P 6:40P 6:40P 6:43P 6:43P 6:43P 6:52P 6:43P 6:52P 7:10P 7:50P

October 2021

Schedule Effective May 7th, 2021 Horario efectivo a partir del 7 de mayo del 202

		7:30P	5:19P	12:10P	7:09A	Belen
i	10:10P	7:20P	5:09P	12:00P	6:59A	Los Lunas
ī	9:59P	7:09P	4:58P	11:49A	6:48A	sleta Pueblo
ī	9:51P	7:01P	4:50P	11:41A	6:40A	alillo County
11:45P	9:41P	6:51P	4:39P	11:31A	6:30A	vntown ABQ
11:36P	9:31P	ı	4:26P	11:21A	ı	Montaño
11:30P	9:25P	I	4:20P	11:15A	J.	anchos / JC
11:25P	9:20P	1	4:15P	11:10A	ı	andia Pueblo
11:16P	9:11P	x	4:06P	11:01A	J.	vn Bernalillo
11:13P	9:08P	1	4:03P	10:58A	ı	val / US 550
10:54P	8:50P	1	3:45P	10:40A	л	Kewa
10:36P	8:32P	1	3:27P	10:22A	L	ity / NM 599
10:27P	8:23P	n	3:18P	10:13A	л	Zia Road
10:19P	8:15P	ı	3:10P	10:05A	J.	outh Capitol
10:14P	8:10P	I	3:05P	10:00A	л	nta Fe Depot
#711	#709	#707	#705	#703	#701	STATIONS

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SANTA FE TRAILS RIO METRO VALENCIA

RIO METRO SANDOVAL

D Riic Connections

 10:05A 10:13A 10:22A 10:58A 10:58A 11:01A 11:10A 11:15A 11:21A 11:21A 11:41A 11:41A 11:49A 11:49A 11:2:00P 12:10P	
10:05A 10:13A 10:22A	3:10P 3:18P 3:27P
0:40A 0:58A	3:45P
1:10A 1:15A	4:15P
1:21A	4:26P
1:31A 1:41A	4:39P
1:49A	4:58P
2:00P	5:09P
2:10P	5:19P



Job Postings

Visit us online at http://www.isleta.com/career-opportunities.aspx Fax: 505-244-8232

OUR LOCATION

Isleta Resort and Casino is located 7 minutes south of downtown Albuquerque at Interstate 25 and Hwy 47, exit 215.

The Human Resources office can be found on the east side of the building through the Employee Entrance doors.

Title	Location	Address	City , State	Date Posted 🔻
Outside Service	0700 - GOLF COURSE OPERATIONS	11000 Broadway SE	Albuquerque, NM	9/22/2021
SLOTS SHIFT SUPERVISOR	0100 - SLOTS OPERATIONS	11000 Broadway SE	Albuquerque, NM	9/20/2021
SECURITY OFFICER I	0180 - SECURITY	11000 Broadway SE	Albuquerque, NM	9/20/2021
SECURITY OFFICER II	0180 - SECURITY	11000 Broadway SE	Albuquerque, NM	9/20/2021
D PMT III	1350 - FACILITIES MAINTENANCE	11000 Broadway SE	Albuquerque, NM	9/17/2021
Guest Service Supervisor	1150 - MARKETING PLAYERS CLUB	11000 Broadway SE	Albuquerque, NM	9/16/2021
CALL CENTER AGENT	0210 - HOTEL RESERVATIONS	11000 Broadway SE	Albuquerque, NM	9/14/2021
Guest Service Representative	1150 - MARKETING PLAYERS CLUB	11000 Broadway SE	Albuquerque, NM	9/13/2021
COCKTAIL SERVER	0327 - F&B SPORTS BOOK BAR		albuquerque, NM	9/13/2021
Front Desk Agent	0205 - HOTEL FRONT DESK	11000 Broadway SE	Albuquerque, NM	9/9/2021
SUPERVISOR F & B	0330 - F&B CHILI RISTRA	11000 Broadway SE	Albuquerque, NM	9/9/2021
FOOD ATTENDANT	0328 - F&B FAT BURGER	11000 Broadway SE	Albuquerque, NM	9/9/2021
FOOD ATTENDANT	0329 - F&B PANDA EXPRESS	11000 Broadway SE	Albuquerque, NM	9/9/2021
Table Games Dealer	0120 - TABLE GAMES	11000 Broadway SE	Albuquerque, NM	9/8/2021
SLOTS SHIFT MANAGER	0100 - SLOTS OPERATIONS	11000 Broadway SE	Albuquerque, NM	9/8/2021
LANDSCAPE TECHNICIAN	0701 - GOLF COURSE MAINTENANCE	11000 Broadway SE	Albuquerque, NM	9/8/2021
SLOTS MANAGER	0100 - SLOTS OPERATIONS	11000 Broadway SE	Albuquerque, NM	9/8/2021
BARBACK	0327 - F&B Sports Book Bar		albuquerque, NM	9/8/2021
SUPERVISOR F & B	0390 - F&B FLOOR BEVERAGE	11000 Broadway SE	Albuquerque, NM	9/8/2021
RETAIL ATTENDANT	0400 - RETAIL ENCHANTMENT	11000 Broadway SE	Albuquerque, NM	9/7/2021
LAUNDRY ATTENDANT	0230 - HOTEL HOUSEKEEPING	11000 Broadway SE	Albuquerque, NM	9/7/2021
<u>ROOM INSPECTOR</u>	0230 - HOTEL HOUSEKEEPING	11000 Broadway SE	Albuquerque, NM	9/7/2021
HOTEL PM TECHNICIAN	0230 - HOTEL HOUSEKEEPING	11000 Broadway SE	Albuquerque, NM	9/7/2021
SPA SUPERVISOR	0595 - SPA MANAGEMENT	11000 Broadway SE	Albuquerque, NM	9/3/2021
Sports Book Writer/G.S.R.	1150 - MARKETING PLAYERS CLUB	11000 Broadway SE	Albuquerque,	9/3/2021
VALET ATTENDANT	0250 - HOTEL GUEST SERVICE	11000 Broadway SE	Albuquerque,	9/3/2021
SHUTTLE DRIVER	0250 - HOTEL GUEST SERVICE	11000 Broadway SE	Albuquerque,	9/3/2021
SOUS CHEF	0370 - F&B EMPLOYEE DINING	11000 Broadway SE	Albuquerque, NM	9/3/2021
	0315 - F&B EMBERS	11000 Broadway SE	Albuquerque, NM	9/3/2021
GRAPHIC DESIGNER	1100 - MARKETING ADVERTISING	11000 Broadway SE	Albuquerque, NM	8/31/2021
<u>Plumber II</u>	1350 - FACILITIES MAINTENANCE	11000 Broadway SE	Albuquerque, NM	8/26/2021
HVAC Tech II	1350 - FACILITIES MAINTENANCE	11000 Broadway SE	Albuquerque, NM	8/26/2021
SLOTS FLOOR TECHNICIAN	0100 - SLOTS OPERATIONS	11000 Broadway SE	Albuquerque, NM	8/26/2021
Count Member	0160 - CASH OPS COUNT	11000 Broadway SE	Albuquerque, NM	8/26/2021
Security Officer I	0180 - SECURITY	11000 Broadway SE	Albuquerque, NM	8/25/2021
Security Officer II	0180 - SECURITY	11000 Broadway SE	Albuquerque, NM	8/25/2021
Sr. Director of Human Resources	1510 - HUMAN RESOURCES	11000 Broadway SE	Albuquerque,	8/19/2021
Cashier (Embers)	0315 - F&B EMBERS	11000 Broadway SE	Albuquerque, NM	8/19/2021
HDC Specialist	0386 - F&B UTILITY KTTCHEN	11000 Broadway SE	Albuquerque,	8/16/2021
Network Administrator	KITCHEN 1550 - MIS (IT)	11000 Broadway SE	NM Albuquerque,	8/13/2021
IT Manager - Applications	1550 - MIS (IT)	11000 Broadway SE	NM Albuquerque,	8/13/2021
Room Attendant	0230 - HOTEL	11000 Broadway SE	NM Albuquerque,	8/11/2021
	HOUSEKEEPING 0500 - SPA THERAPY	11000 Broadway SE	NM Albuquerque,	8/11/2021

Page !	7
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Cook I (Fat Burger)	0328 - F&B FAT BURGER	11000 Broadway SE	Albuquerque, NM	8/4/2021
Floor Beverage Server	0390 - F&B FLOOR BEVERAGE	11000 Broadway SE	Albuquerque, NM	8/4/2021
Irrigation Technician	0701 - GOLF COURSE MAINTENANCE	11000 Broadway SE	Albuquerque, NM	8/2/2021
Groundskeeper	0701 - GOLF COURSE MAINTENANCE	11000 Broadway SE	Albuquerque, NM	8/2/2021
Cook I (Prep)	0385 - F&B PREP KITCHEN	11000 Broadway SE	Albuquerque, NM	8/2/2021
Custodian	1355 - CUSTODIAL	11000 Broadway SE	Albuquerque, NM	7/26/2021

Pueblo of Isleta Career Opportunities

Position Posting	Office Location		Closing Date
ACCOUNTING TECHNICIAN - REPOSTED	Treasury		Open Until Filled
ADMINISTRATIVE ASSISTANT I	Treasury		Open Until Filled
ADMINISTRATIVE ASSISTANT II	Tribal Administration		09/24/2021
APPOINTMENT CLERK	Health Services		10/01/2021
AUTO & DIESEL MECHANIC	Construction Operations		Open Until Filled
ANIMAL CONTROL OFFICER	Police Department-Open Space	S	09/24/2021
ANIMAL CRUELTY INVESTIGATOR	Police Department-Open Space		09/24/2021
BACKGROUND SPECIALIST/ADJUDICATOR	Human Resources		10/01/2021
BEHAVIORAL HEALTH MANAGER	Human Services		Open Until Filled
BREASTFEEDING EDUCATOR	WIC		10/05/2021
BUS DRIVER- (PART TIME)	Head Start		Open Until Filled
BUSINESS MANAGER	Isleta Elementary School		Open Until Filled
CAREGIVER (2 positions)	Assisted Living Facility		Open Until Filled
CARPENTER I,II, or III	Housing Authority		Open Until Filled
COMPUTER IT SPECIALIST	Department of Education		Open Until Filled
COVID CUSTODIAN (2 Positions)	Public Works		Open Until Filled
CUSTODIAN	Public Works		Open Until Filled
DIRECTOR,IPHA	Housing Authority		Open Until Filled
DISPATCHER	Police Department		09/27/2021
EDUCATION ASSISTANT	Department of Education	Within Only	09/24/2021
EMT INTERMEDIATE	Health Services		Open Until Filled
FACILITIES WORKER	Head Start		Open Until Filled
FAMILY INTERVENTIONIST	Social Services		Open Until Filled
FEDERAL PROJECT MANAGER	Housing Authority		Open Until Filled
FILE CLERK	Census		09/30/2021
FITNESS INSTRUCTOR	Recreation Center		Open Until Filled
GENERAL COUNSEL	Legal Department		Open Until Filled
HEAD START STAFF ASSISTANT	Head Start		10/01/2021
HOME CARE ATTENDANT	Elder Center		Open Until Filled
HOME OWNERSHIP COUNSELOR	Housing Authority		Open Until Filled
HVAC TECHNICIAN	Public Works		Open Until Filled
ICWA COORDINATOR	Social Services		10/04/2021
INSTRUCTIONAL COORDINATOR	Department of Education	Within Only	Open Until Filled
INTERNAL AUDITOR	Gaming Regulatory		Open Until Filled
LANGUAGE TEACHER	Department of Education	Within Only	Open Until Filled
LIBRARY AIDE I	Library		09/30/2021
LIFE GUARD	Parks and Recreation		Open Until Filled
MAINTENANCE TECHNICIAN	Public Works		Open Until Filled
PAINTER	Housing Authority		Open Until Filled
PARKS & MAINTENANCE WORKER	Parks & Recreation		Open Until Filled
PERSONAL CARE SERVICE AIDE (2 Positions)	Elder Center	Within Only	Open Until Filled
PHYSICIAN- AMENDED	Health Center		Open Until Filled

PLUMBER POLICE CADET POLICE CADET - OPEN SPACE **POLICE OFFICER I - CERTIFIED POLICE OFFICER I - CERTIFIED RECREATION LEAD REGISTERED NURSE (Part-Time)** ROADWAY MAINTENANCE WORKER I SALES ASSOCIATE SCHOOL COUNSELOR SHIFT LEAD SOLID WASTE OPERATOR TUTOR I **TUTOR II** UTILITY WORKER VAN DRIVER VAN DRIVER WATER RESOURCES PROTECTION SPECIALIST Housing Authority **Police Department** Within Only Police Department - Open Space Within Only **Police Department** Police Department - Open Space Within Only Parks & Recreation Assisted Living Facility **Construction Operations** C-Stores Isleta Elementary School Solid Waste Department of Education Department of Education **Public Works Health Services** Elder Center Water Resources

Open Until Filled 10/01/2021 10/01/2021 **Open Until Filled** Open Until Filled **Open Until Filled Open Until Filled** 10/01/2021 Open Until Filled **Open Until Filled Open Until Filled Open Until Filled** Open Until Filled **Open Until Filled** Open Until Filled **Open Until Filled** 09/24/2021

Isleta Pueblo News





The CF Padilla team is looking to expand! If you or someone you know has experience working in construction be sure to apply for the following positions:

Laborer Pipelayer Operator Construction Surveyor

If you're interested in applying stop by our office for an application at: 62A Tribal Road 90 SW Abq, NM 87105 Questions? Give us a call at: (505) 916-6095



White Eagle Electrical

DEPARTMENT OF CULTURAL AND HISTORIC PRESERVATION

Ma k'u wam and wishes for a bountiful and beautiful fall season from the Department of Cultural and Historic Preservation and the Yonan An Cultural Center!

Tuesday Coffee: Beginning October 6, Tribal Archivist Cassandra Smith extends an open invitation to Isleta tribal members to drop by the Yonan An Cultural Center for Tuesday Coffee! A weekly community coffee meeting on (you guessed it!) Tuesday mornings from 9:30 to 10:30, Tuesday Coffee is a brand new program for POI community members to learn from one another, familiarize themselves with the Tribal Archive, and enjoy each other's company (as well as coffee and donuts!). Tuesday Coffee is an ongoing program, and each week we will share and discuss a select number of photographs from the Digital Photo Archive. The Digital Photo Archive is an expansive and growing collection of photographs taken in and around Isleta and depicting individuals from Isleta from the 19th century through today. Folks who are interested are more than welcome to bring additional photos to share as well! The Yonan An Cultural Center is located at 70 Tribal Road 40 (the old elementary school). Please enter through the main entrance at the northeast corner of the building (across from the Elder Center). Hope to see you there! Dates and times for the month of October are as follows:

October 69:30-10:30 a.m.October 139:30-10:30 a.m.October 209:30-10:30 a.m.October 279:30-10:30 a.m.

<u>Isleta Heritage Garden Planning</u>: The Isleta Heritage Garden Planning Group will meet at the YACC on Saturday, October 2, at 10:00 a.m. to discuss plans for a community-wide composting project and other preparations for readying the garden for spring. If you are knowledgeable about composting—or would just like to learn more—please plan to attend. And anybody else with special farming skills, tools, interest, or knowledge—we hope to see you there, too!

For more information, visit the "Heritage Garden Project" tab on the Pueblo of Isleta website: https:// www.isletapueblo.com/tribal-programs/deptof-cultural-historic-preservation/dchp-projects/ heritage-garden-project/ Kheurkem!





Licensed and Bonded Electrical Contractor EE-98



DEPARTMENT OF EDUCATION

"Education is the most powerful weapon which you can use to change the world." - Nelson Mandela

Do you enjoy working with children or young adults? Do you want to make a positive impact on hundreds of lives? Are you looking to strengthen your skills and inspire others? Would you like to develop meaningful teaching lessons that are culturally relevant to the Native American population? If you have answered yes to anyone one of these questions, we need you to consider the teaching profession.

The Pueblo of Isleta would like to support you in your pathway to becoming a teacher. Currently, there are hundreds of vacancies in the Los Lunas and Albuquerque Public School Districts for teachers. In addition, the Pueblo of Isleta Elementary School and the Isleta Head Start have additional opportunities. The need to grow teachers from our community is urgent.

If you are interested in learning more about the pathway to becoming a teacher, please contact our office at 505-869-9790 or email: poischolarships@isletapueblo.com for more information. Our deadline to apply for Spring 2022 funding is November 1, 2021. Please visit our website for more information.

Isleta Head Start and Early Head Start **Program Policy Council is looking** for a Community **Representative.**

The Policy Council, together with the Director and Tribal Council is responsible for shaping the program. The Policy Council Members have a say in:

Activities for parent involvement/ engagement

Head Start program personnel policies



STRENGTHENING OUR TIWA LANGUAGE

Please join the Department of Education and Language Program in a workshop focused on learning and developing strategies to support Tiwa language learning. If you are interested in strategies you can use to help your relatives and Isleta community members learn the language, please join us for one of the following inperson/virtual (Zoom) workshops. Dr. Christine Sims will be present to share a conversation and strategies about encouraging language usage in the Isleta community.

THREE WORKSHOPS TO SELECT FROM:

THURSDAY, OCTOBER 7TH @ 1PM SATURDAY, OCTOBER 9TH @ 10AM THURSDAY, OCTOBER 14TH @ 5:30PM



Limited seating for in-person attendance is available. Virtually attend via ZOOM link. The workshop is sponsored by the Pueblo of Isleta Department of Education and Language Program.

ABOUT THE PRESENTER

CHRISTINE SIMS, PhD

Dr. Sims specializes in Indigenous language revitalization and maintenance issues, providing technical assistance to Indigenous nations in language program planning and training American Indian language teachers

REGISTER BY USING THIS LINK

> OR BY CALLING 505-869-9790

PUEBLO OF ISLETA

Post Office Box 1270 Isleta, NM 87022

https://www.isletapueblo.co m/tribalprograms/educationalservices/

2021-2022 Aaron Robert **Dailey Scholarship – The Tibien (Elk Mountain) College Fund**

We would like to thank everyone who applied for the Aaron Robert Dailey Scholarship – The Tibien (Elk mountain) College Fund.

Congratulations to the 2021-2022 recipients! They have displayed hard work and determination towards their academic endeavors.

-Sh'eh Wheef Law Offices, P.C.





Funding applications/amendments

Reviewing Curriculum

Program Recruitment, Selection and enrollment priorities

Annual, monthly and periodic reports

Communicating with parents in the program

If you are interested in becoming the Head Start and Early Head Start Policy Council Community Representative, please show interest by calling Andrea Pesina at 505-869-9796.



Kierston Vicenti 2021-2022 Scholarship Recipient

Kierston Vicenti is currently enrolled at Colorado State University-Pueblo pursuing a degree within the Veterinary Program.

"I know it is going to be a tough journey to become a certified veterinarian, but I am the only one that can push myself to be the greatest and accomplish the goal I have set for myself".

-K. Vicenti



Vincent C. Otero 2021-2022 Scholarship Recipient

Vincent C. Otero is currently enrolled at the American Musical and Dramatic Academy College of the Performing Arts, pursuing a Bachelor of Fine Arts in Acting.

"It is my dream and main goal in life to use my degree to make a career out of acting. I will continue to put in endless effort to become successful in college and in my career".

-V. Otero

ISLETA ELEMENTARY SCHOOL



We would like to welcome all our new employees and thank ALL our employees and School Board members for their hard work.

Reminder our Fall Break is quickly approaching from October 8th – October 11th, there will be no school these days.

Also report cards/progress reports will be getting sent home before Fall Break. We appreciate all your support and as always, GO EAGLES!

KINDERGARTEN

The Children in Kindergarten are already showing a lot of progress in problem solving, social skills, and completing work at a faster pace. The children are enjoying their work and are getting a sense of pride and accomplishment. My assistant and I are very proud of how far students have progressed already. We continue working on learning the names of letters and their sounds, writing letters, recognizing numbers to 30 and writing numbers to 10. Our class winner for 100% attendance is Faith Otero. Congratulations, Faith!

I would like to thank all of the parents/ guardians for your support in helping your child read nightly! This models the importance of reading at a young age.

We are excited to see our students learn and grow this school year!

Sincerely,

Ms. Melendrez

FIRST GRADE

We are moving along this year, and I have to give credit to these students for doing a great job with these Covid in class procedures because it is tough to keep the mask on all day and distanced but they are doing it! Washing our hands regularly and learning about personal boundaries is something we have mastered, and I am very proud of their efforts in doing so. It has been an awesome year so far, and we are going to keep pushing these young Eagles to the finish line. Right now we are working on learning how to interpret data on graphs, and how to tell time as well as addition. We are also working on long and short vowels, and building our vocabulary as we make strides in reading. Another thing we are investigating is the seasons changes, and the phases of the moon as well as the life cycle of a sunflower. We have also been practicing on laptops, getting familiar with the mouse and how to navigate on websites so they are familiar with using them. These students are bright and always come ready to learn and get the work done. It has been my pleasure to work with them, and I look forward to the progress we will make this year. Go EAGLES!!!

Fun Fridays have included cowboy/cowgirl boot day, M&M graphing, show and tell, and football jersey day.

Our reading logs are getting full, as are our notebooks! Fall learning is all around!

Rosana Sanchez

FOURTH GRADE

In science 4th grade is doing a hands on activity by making a pinhole camera. This comes after having read The Science Behind Sight in their reading textbooks. In math they have been learning all about perimeter and area. How to use both formulas to find area and perimeter of a rectangle. Social Studies is reading about the different U.S. Landscapes (landforms, bodies of water, and climates of the United States.

Ms. Ortiz

SIXTH GRADE

The Sixth Grade is currently working in collaborative groups studying about earth's

resources, green homes, and solar power. Each of the groups are creating small units, including important vocabulary, facts, and hands on activities to teach their peers about their given topic. In math we are continuing to work on positive and negative integers including fractions and decimal numbers. In reading we are interpreting a play, "Upside-Down and Backward," a children's spin off of William Shakespeare's "A Midsummer Night's Dream."

Did you call for an Ambulance?

Please report the information to PRC within 72 hours.

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869-4488
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Michael Bellamy

SECOND GRADE

This month we have based our learning around the theme of exploration. Stories included – The Great Fuzz Frenzy, The Puddle Puzzle, and What's the Matter? These stories were all centered around matter and were a great segue to our science experiments on the three primary states of matter.

Ms. Edaakie and Mr. Zuni were guests in our classroom this month. We ate fresh apples, baked apple pies, and learned about toys from long ago. If any other parents or community members would like to be guests in our classroom please contact me.

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TRUANCY

Greetings from the Isleta Truancy Department,

With school being back to in-person learning, there is a rise in bullying. Bullying can have many life lasting effects on children. Bullying can affect everyone including those who are bullied, those who bully, and those who witness the bullying. Bullying is linked to many negative outcomes, including impacts on mental health, substance use and suicide. It is important to talk to your kids about the effects of bullying.

Children who are bullied can experience physical, social, emotional, academic, and mental health issues; these issues may continue into adulthood. Those who are bullied are more likely to experience depression and anxiety, changes in sleep and eating patterns, and loss of interest in activities they used to enjoy. Students are more likely to miss, skip, or drop out of school for no reason.

Students deserve to feel safe at school. When they experience bullying, the effects can be long lasting. Some of the effects include: depression, low selfesteem, poor grades, and suicidal thoughts. Not only does bullying affect those that are bullied but the observer as well. The observer may feel unsafe in the environment they are in and may experience feelings of fear, powerlessness to act upon and guilty for not being able to prevent an incident. Please be aware of these signs and be sure to talk to your children about this negative act. Encourage them to report this to a teacher, a counselor at their school or a trusted adult.

During the JOM/school supply distribution at the beginning of August, the Truancy Department encouraged parents to sign a Release of Information for their students who attend Los Lunas Public School, Albuquerque Public Schools, and charter/private schools our students attend. All students were entered into drawings for incentives. Below is a list of winners.

Prize Tablet

Kindergarten-6th	D. Jiron
7th – 9th	Z. Lujan
10th- 12th	J. Zuni
ROI's Already on file	N. Abeita
Private/Charter Sch	D. Zambrano

Prize \$15 Gift card

Kindergraten-6th	B. Lente B. Lucero
7th – 9th	M. Martin X. Chiwewe
10th- 12th	M. Storms S. Archibeque
ROI's Already on file	D. Jiron D. Lucero

Thank you to all the parents who have signed a

Heating equipment and chimneys are cleaned and inspected every year by a qualified professional.

Portable heaters are turned off when leaving the room or going to bed.

The fireplace has a sturdy screen to stop sparks from flying around the room.

Electricity

All electrical work is done by a qualified electrician.

Only one heat-producing appliance is plugged into a receptacle outlet at a time. Extension cords are not used.
 Electrical cords are checked to make sure they are not running across doorways or under carpets.

LISTEN for the sound of the alarm

A working smoke alarm will clue you in that you need to escape. Fire moves fast. You could have only minutes to get out safely once the smoke alarm sounds.

- Make sure everyone in your home knows the sound of the smoke alarm and understands what to do when they hear it.
- Children, older adults, and people with disabilities may need assistance to wake up and get out.
- When the smoke alarm sounds, get out and stay out.
- Go to your outside meeting place. Call 9-1-1 or the fire department.
- Never go back inside for people, pets or things.

LEARN two ways out of every room

Draw a map of each level of the home, showing all doors, windows and two ways out of every room.

A Make sure all doors and windows that lead outside open easily.

Practice day and nighttime home fire drills. Share your home escape plans with guests.

If you live in a high-rise or condo, talk to the building manager about the evacuation plans.

□ If you must escape through smoke, get low and go under the smoke on your way out.

□ If you cannot get out, close the doors and cover the vents and cracks around the door with cloth or tape. Call 9-1-1 or the fire department. Release of Information for our files, so that we can offer various support services to our students. Also included in this drawing were students of Isleta Elementary School at each grade level. Each student picked, received a backpack and a gift card.

KindergartenF. Otero1st GradeC. Padilla2nd GradeK. Lente3rd GradeU. Ramos4th GradeD. Zuni5th GradeT. Abeita6th GradeR. Jojola

Please remember to continue supporting your student in attending school daily. Should you need assistance or have any questions, please do not hesitate to contact our office at 505-869-3870.

Thank you,

Truancy Department Staff

Sparky is a trademark of NFPA. @2018 NFPA

ACTIVITIES





BASKETBALL

Registration will start August -23rd At the Rec Center.

<u>Deadline – September– 27th</u>

Contest will start October 4th thru october 16th we will schedule times to come in and shoot.

for more info contact- George Waquie - 505-869-9777 emailgeorge.waquie@isletapueblo.com

Isleta Pueblo News



ISLETA POLICE DEPARTMENT OCTOBER – 2021

We are now entering the last quarter of 2021 and though we have had challenges for the past year and a half, Isleta Pueblo stays strong! With Halloween around the corner we will have to wait and see what the COVID-19 restrictions will be as that nears. There is a Halloween Carnival tentatively scheduled for October for the children and the Isleta Police Department will be participating so we hope to see you there.

NATIONAL STOP BULLYING DAY IS OCTOBER 13, 2021

As taken from the National Today website article:



National Stop Bullying Day, which falls on the second Wednesday in October, schoolchildren, their teachers and their parents spend time learning about bullying and recognizing how they can prevent it. It calls on schools and organizations to bring together children, educators, and parents for the sake of preventing bullying situations. Bullying can come in many forms, and victims can feel helpless or unsure of how to stop the situation. While bystander intervention is an effective way to stop bullying in real-time, understanding how it can be prevented can be even more important.

Though there have always been bullies, it wasn't until the 1970s that the issue began to be researched. Dr. Dan Olweus, a Norweigan psychologist, spearheaded efforts to better understand and prevent bullying. In 1983, in response to the tragic suicide of three boys who were being bullied, Dr. Olweus developed a bullying prevention program that helped to inform American anti-bullying efforts in the 1990s.

In 1999, after the school shooting at Columbine, anti-bullying programs sprung up in and around schools. The tragic event seemed to give way to the movement, which focused on fixing the environment around victims – no longer putting the weight of the burden on the victim. To combat bullying, anti-bullying laws and policies were introduced, and teachers focused on empowering bystanders, policing classrooms and hallways, and punishing and reforming the bullies.

Bullying Prevention Center, launched by the group PACER in 2006, and the STOMP Program in 2005, which is dedicated to eradicating cyberbullying, racism, and homophobia. Started by two college women in 2009, The Kind Campaign aims to stop bullying between girls. Today, bullying is a nationally-recognized issue, and there are many resources for parents, teachers, victims of bullying, and bystanders to help stomp out the problem.

NATIONAL STOP BULLYING DAY TIMELINE

1970

First Bullying Research

The first systematic bullying research was conducted by Dr Olweus in 1970.

2005

STOMP Program Created

Created in 2005, the STOMP program is dedicated to eradicating cyberbullying. It also raises awareness of homophobia, racism, and more.

2006

Federal Guidance on Harassment

While not explicitly a cyberbullying law, the federal law passed in 2006 made it a crime to abuse or harass someone online.

2008

California's Law Against Cyberbullying In 2008, California passed the nation's first law against the emerging threat of cyberbullying.

Sadly, this is still an ongoing problem among youth today. Bullying is not restricted to occurring in just schools but can carry over to school buses, neighborhood gathering places, i.e. basketball courts, baseball fields or at the mall, a local restaurant, etc. Online/social media bullying is also a major problem. Parents, teachers, adults and law enforcement need to be involved and work together to hopefully bring an end to this type of behavior that can lead to serious and tragic results.

5 IMPORTANT FACTS ABOUT BULLYING

1. 1 in 5 students have been bullied Of school children between 12 and 18, 1 in 5 reported being bullied in school.

WHY NATIONAL STOP BULLYING DAY IS IMPORTANT

1. It saves lives

The humiliation, anger, sadness, hopelessness, and a plethora of other feelings that bullying causes can feel insurmountable. Besides, bullying itself can be violent and dangerous. Stomping out bullying is imperative to improving and saving lives.

2. It raises awareness of all forms of bullying

We may think of one specific form of bullying when the word comes to minds, but it exists in a myriad of ways. Forms of bullying include cyberbullying, physical bullying, verbal bullying, and social bullying. Some types of bullying can also fall under the term "harassment."

3. It encourages bravery

Whether you're the victim of bullying or you're a bystander, it takes guts to open up about the situation or report it to an authority. Many fear for their safety, well-being, or social status. National Stop Bullying Day can give those affected by bullying the extra push to speak out and correct their situation - and others'.

ISLETA POLICE COMMUNICATIONS



Georgia and California were two of the ³. states that were quickest to adopt antibullying legislation. For California, this came in 2008 and focused specifically on eliminating the emerging threat of cyberbullying. This followed the Federal ⁴. law that stated it was illegal to abuse and harass others online – while not explicitly naming cyberbullying, it went a long way towards prevention of the act.

In addition to legislation, organizations and foundations to prevent and eradicate bullying have significantly helped combat the issue. Examples include the National It heavily affects 6th graders The grade in which children more commonly report bullying is 6th grade - 31%

Bullying is less likely to be reported in high schoolLess than 40% of high schoolers told an adult about incidences of bullying at any time.

- It has caused kids to skip school According to one shocking statistic, around 160,000 teens have skipped school due to bullying.
- 5. Bystanders absolutely can end bullying

When a peer bystander intervenes, the bullying situation ends in over half of the cases.

CONGRATULATIONS TO BRIANA TOWER!!

Briana recently completed her training to become a certified communications operator graduating from the three-week academy on September 3, 2021.

Briana was employed in March of this year and has been a quick learner. We are proud of her accomplishments and are confident she will continue to be a valued asset in this division.

Celebrating her graduation are (from left to right) Communications Supervisor Chris Padilla, Briana, Chief Robbin Burge and Captain Tim Zuni.

CONGRATULATIONS TO OFFICER ALISSA PAQUIN (AKA) PAIGERS



Officer Paquin was bestowed an award Saturday, September 18, 2021 for effecting the most DWI arrests for the Department in 2020. Officer Paquin had a total of 11 for the year with six non-Tribal and five Tribal arrests. Quite an accomplishment for this young lady who will be completing three years with the department.

She is pictured here with Chief Robbin Burge and Captain Tim Zuni who celebrated her achievement.

The Department is very proud of you Officer Paquin and we thank you for your dedication in detecting and combatting DWI on the Pueblo.

REMEMBER COVID-19 SAFETY PROTOCOLS ARE STILL IN EFFECT FOR THE PUEBLO

Wear your masks, maintain social distancing, sanitize and most importantly report if you are experiencing symptoms!

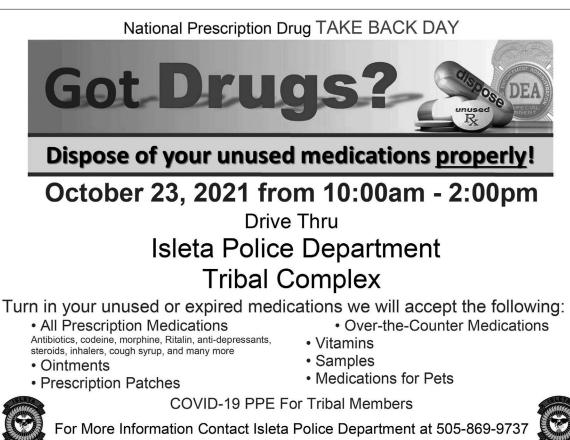
Please observe the curfew restrictions which are still in effect as well. Non-tribal individuals are not allowed on the Pueblo at this time so please help us keep everyone safe!

ISLETA STRONG TOGETHER!

ISLETA DENTAL CLINIC

CLOSED OCTOBER 13TH &14TH

FOR STAFF TRAINING





Although fewer children have been infected with COVID-19 compared to adults, children can: 1) Be infected with the virus that causes COVID-19; 2) Get sick from COVID-19; and 3) Spread COVID-19 to others

Children age 12 and over are currently eligible to receive the Pfizer COVID-19 vaccine.

Why should I get my child/teen vaccinated with the COVID-19 vaccine?

Getting a COVID-19 vaccination:

- Can help protect your child from getting COVID-19.
- Is safe and effective.
 - -Vaccines have gone through all required research phases.
- -It will not give your child COVID-19. • May help people from spreading
- COVID-19 to others.
- Can help keep your child from getting seriously sick even if they do get COVID-19.

How can I protect my children who are under the age of 12?

- Wear masks in all indoor locations outside of your home.
- Keep at least 6 feet apart from others when outside of your home.
- Avoid activities that make it hard to stay 6 feet away from others.
 - -Outdoor activities are safer than indoor activities.
- -If indoors, choose a well-ventilated location.
 Wash hands
- Sanitize high touch areas and materials

The dental clinic will be operational on 10/12 to provide limited services. If you have an appointment scheduled on 10/12 please be aware you may be receiving a call to be rescheduled, we will get the calls out as soon as possible for those patients.

• No walk ins on either day, however we will be answering calls if there are any emergencies, to triage over the phone

• We will be able to provide dental advice over the phone or provide referrals/ prescriptions as necessary

Thank you for your Cooperation!!

get of the lot

 Your child can get a COVID-19 vaccine and other vaccines at the same visit (without waiting 14 days between vaccines).

Contact your local IHS, tribal, or urban Indian health care facility for more information on getting vaccinated.

• Get everyone in your family who is 12 years or older vaccinated against COVID-19.







Pueblo of Isleta Public Library

Fall is officially here and the last quarter of the year will pass very quickly. October will be filled with Fall activities, programs and of course Halloween. Remember, kids of all ages love to go out on that special night so please be cautious during that time. Make sure and stop by the library to checkout a spooky movie or two. We also have a variety of mystery and true crime books if you're looking for a little scare, and don't forget our cooking and craft books that will help you make that special Halloween/Fall costume or treat.

News

The library had its October staff meeting the last week of September to go over upcoming programs and address any questions or concerns. We're also in the process of planning for the holiday months so keep a look out for family programs, arts and crafts and much more.

The Library is now open to all Tribal Members, Tribal Employees and Pueblo of Isleta Residents starting on Monday, August 16th. All Tribal Members are free to come in and browse our collection! We are no longer requiring appointments for computer usage. Masks must be worn at all times in the library. A screening will take place before you enter the library. We are asking that patrons disinfect their hands before browsing through our collection. Disinfectant stations will be set up throughout the library. Curbside and library material online will still be available to those who are not comfortable with coming into the library just yet. To enter the library, please call 505-869-9808, our phone number will also be posted at the front entrance of the library. The library will continue to adhere to all Tribal Policies and procedures. If you have any questions or concerns, please give the library a call and speak with a library staff member, we will be happy to answer any questions you may have.

Join the library team, we are currently hiring for two Library Aide I Part time positions. Applications can be found at isletapueblo. com or you can pick up an application at the library. Applications must be submitted to Isleta Human Resources located at the Tribal complex. The closing date for the position is Thursday, September 30th. If you have any questions regarding this position, please give us a call at 505-869-9808 and talk to a staff member.

Come join us for weekly Family Story Time here at the library. Family Story Time is a fun opportunity for parents, grandparents, and caregivers to introduce their children to reading and language. Open for ages 16 months to 5 years old, but please keep in mind that it is open for the whole family to come. For the month of October following story time we will be doing crafts that include a Tissue Paper Fall Wreath, Light Up Jack-O-Lantern, a Black Cat and a Salt Painting Spider Web. Story time will be every Wednesday at 10:30am. If you have any questions about our story times, give the library a call and speak with Cheyenne at 505-869-9808 or email at Cheyenne. Castillo@isletapueblo.com.

Upcoming

For the month of October come in and check out any library movie and book from our Halloween collection and receive a Spooky Snack Pack filled with popcorn, candy and drinks to enjoy over the weekend. There will be a limit of 5 Snack Packs given out every Friday and it will be one snack pack per family. But don't worry, you have plenty of time to come in and get a Spooky Snack Pack. Remember Spooky Snack Packs will be given out every Friday. Dates include October 8th, October15th, October 22nd and October 29th. Families can come to the library starting at 2:30pm to 4:30pm to receive a Spooky Snack Pack.

The library will be hosting a three day movie event for anyone that is a Descendants movie fan. This event will be filled with food, games, and crafts! Come dressed in your best descendants outfit and be prepared for some wicked fun. There will be 10 spots available to Tribal Members so don't delay call today to sign up. This program will run through October 7th, 8th and 11th from 4:00pm to 6:00pm. If you would like to sign up or have any questions about this program, please call the library at 505-869-9808.



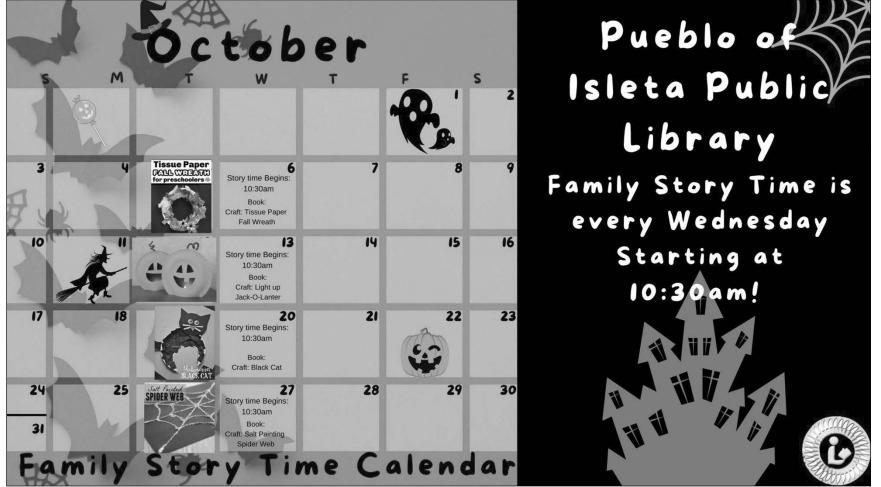
Library staff member reading to one of our After School Program Students.



Fall Furry Friend Treats participants!



Participants getting their hands messy and making some yummy treats for their fur friends.



October 2021

The Library will be having a Family Pumpkin Carving Night on Thursday, October 14th at 5:00pm to 7:00pm. Come and join us and carve a pumpkin with your family or plus one. All supplies will be provided along with a variety of carving templates to choose from. This program is open up to 4 families with a limit of 5 family members or until we fill up with 20 participants. This program will take place inside the library and will be open to Pueblo of Isleta Residents only at this time. For more information or to sign up for this program, please call the library and speak with a library staff member at 505-869-9808.

Join us here at the library in making Haunted Gingerbread houses with the whole family on Wednesday, October 20th from 5:00pm to 6:30pm. This program is open up to 4 families of 5 members per family or until all 20 spots are filled. All supplies will be provided along with Gingerbread house kits for each family. This event will take place inside the library and will be open to Pueblo of Isleta Residents only. For more information or to sign up, please contact Cheyenne at 505-869-9809 or by email at Cheyenne. Castillo@isletapueblo.com.

Recap

To start off the fall season, library staff member Shaypof hosted a Fall Furry Friend Treats program. Participants or should I say Pet Lovers came in and made delicious fall treats for there fur babies. As we transition from summer weather to fall weather, participants got to make two different treats, frozen and baked pumpkin treats. We would like to thank everyone

Isleta Pueblo News



Participants got to make a variety of treats for their pets using animal cookie cutters and molds.



Fall Furry Friend Treats in the making using all natural ingredients that are great for pets!

that participated and we hope to have more Pet programs in the near future.

The After School Program is now in the third month of school and things are going great. We currently have students from Isleta, Sundance and Bosque Elementary. Students are enjoying being back at school and participating in sports once again. Here at the library we have been busy doing reading, homework and crafts. For the month of September students made crushed Oreos dipped in chocolate and chilled for an afternoon treat. They also enjoyed a movie day watching Cruella on the library's big screen, and on the creative side students made a stepping-stone using plaster of Paris. We have lots of activities and crafts planned for the month of October such as pumpkin carving, button making, and a rice crispy mold. For the end of the month the library has planned a Halloween party as a incentive to the students for doing such a great job in school so far. We give out goody bags and had Chick-fil-a for students to enjoy.

Notify Purchased/Referred Care (PRC) within 72 hours of receiving Hospital Emergency or Urgent Care Services ... Call 869-4488



THE PUEBLO OF ISLETA PUBLIC LIBRARY

SPOOKY SNACK PACKS

EVERY FRIDAY FOR THE MONTH OF OCTOBER STARTING AT 2:30PM TO 4:30PM!

COME IN AND CHECK OUT ANY LIBRARY MOVIE AND BOOK FROM OUR HALLOWEEN COLLECTION AND RECEIVE A SPOOKY SNACK PACK FILLED WITH POPCORN, CANDY AND DRINKS, TO ENJOY OVER THE WEEKEND! FRIDAY OCTOBER 8TH OCTOBER 15TH OCTOBER 22ND FRIDAY

Page 17

COME & JOIN US AND CARVE A PUMPKIN WITH YOUR FAMILY OR PLUS ONE! ALL SUPPLIES WILL BE PROVIDED. THIS PROGRAM IS OPEN UP TO 4 FAMILIES WITH A LIMIT OF 5 FAMILY MEMBERS OR UNTIL WE FILL UP WITH 20 PARTICIPANTS.

*FOR PUEBLO OF ISLETA RESIDENTS ONLY!

TO SIGN UP PLEASE CALL THE LIBRARY AT 505-869-9808 TO RESERVE YOUR SPOT.

WHILE SUPPLIES LAST! *A limit of 5 snack packs given out every friday

*ONE SNACK PACK PER FAMILY

FOR MORE INFORMATION PLEASE CALL THE LIBRARY AT 505-869-9808



PARKS & RECREATION DEPARTMENT

DISTANCE LEARNING PROGRAM

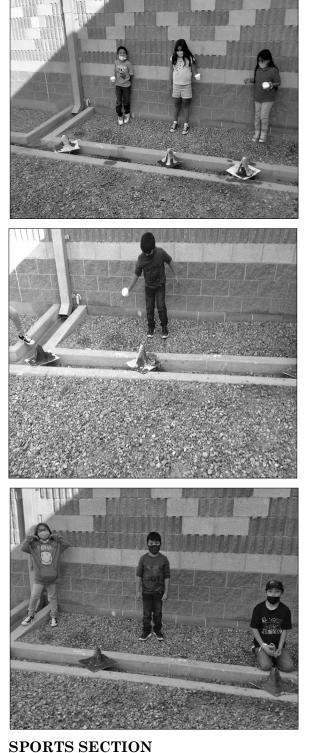
The Recreation Center continues with the remote distance learning program for students during school closures due to Covid cases. We served over 15 students from August to September from various schools. Students received internet service to connect with their schooling and are provided breakfast and lunch every day. Students also participate in craft activities such as painting, key chain making, dream catchers and played some basketball, badminton and volleyball during their breaks. The program is still available if students are in need of internet during the time a school is closed due to Covid.

AFTER SCHOOL PROGRAM

For this month, the After School students are making projects with recyclable items such as old newspapers, water bottles, popsicle sticks, milk cartons and pool noodles. Students built their own volcanoes with Paper Mache and painted their volcanoes to look more realistic, and used a baking soda/ vinegar solution to have their volcanoes erupt. Some volcanoes erupted very high out into the air and some erupted very slow. Students will be making bird feeders, water bottle fishes, and Hot Air Balloons for their next projects. For recreational activities, students have swimming twice a week and enjoy their time in the pool doing cannon balls, looking for rings or competing with each other swimming across the pool.

Once again the After School Program provides craft activities and recreational activities to all Isleta school age children from K-12th grades. Hours are from 3:00pm to 5:30pm every day. Program offers 15 minutes of homework time then into a group activity. At this time, we do not provide transportation to the program due to the Covid guidelines from the Isleta Health Center. For more information, please call the recreation center at 505-869-9777.





Giving you an update on the upcoming events taking place at the recreation center. Starting off we finished up with the Triathlon event, which went really good. We had a total of 10 participants and we have been asked when we will be having another Triathlon, it's awesome to see the excitement in this event. The following list shows all the individuals that participated in this event and their times in the triathlon.





Triathlon Spenser



Triathlon Audrey



Triathlon Ramona

Names	Time
Brandyn Abeita	30 Min. 24 Sec.
Spenser Waquie	30 Min. 53 Sec.
Andrea Schollander	32 Min. 2 Sec.
Audrey Abeita	32 Min. 45 Sec.
Connie Olguin	37 Min. 41 Sec.
Michael Griffin	41 Min. 32 Sec.
Marie Valdez	44 Min. 54 Sec.
Shirley Jojola	48 Min. 35 Sec.
Jose Griffin	49 Min. 59 Sec.
Ramona Montoya	54 Min. 53 Sec.

Triathlon Shirley

Thank you all for participating in the event, we will hold another one soon. We are still taking registration for Volleyball league and the 3-point challenge, so call or come by the Rec center and sign-up. To celebrate the unique heritage, of our culture and to thank Mother Earth for the Harvest she gave us. We will also be having a Pueblo Harvest Challenge, which will be a 50 mile RUN/WALK for our community. It will

October 2021

be a virtual event and we will do it on the Nike Run club app. Sign-ups start Oct 1st Deadline Oct 15th and will start on Oct 18th. Let us all come together to celebrate.

FITNESS SECTION

Would like to thank all the Boot Camp participants who have worked so hard, we are very happy to assist you on your fitness journey. Boot Camp is held outdoors on the Northside of the recreation center on Wednesdays at 5:30pm. There is no sign up requirement to join us. The only requirement is to be present. Masks are optional during outdoor exercises and 6-foot distancing remains in effect. Also the recreation center has added a new piece of equipment that is very multifunctional and is able to do an entire full body workout on one piece of equipment.

Come and see what all the fuss is about. If you have any questions regarding fitness, come talk to our trainers (Cubathee Montoya, Matthew Jaramillo and Thomas Zuni). Come in and get tips and pointers to help reach your fitness goals. We look forward to your visit. Thank you

AQUATICS SECTION

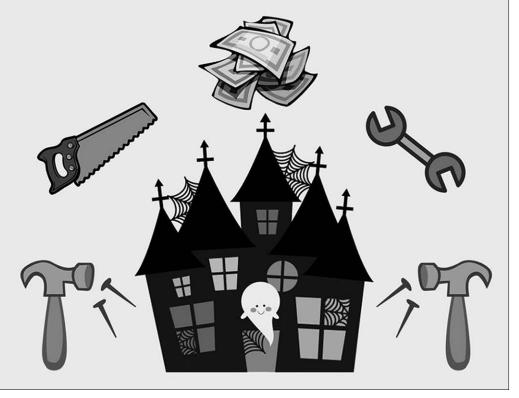
Greetings everyone! The aquatics department is proud to have participated in the Recreation first mini triathlon and would like to thank all participants for a great turnout! We are looking to do more swimming events this fall and winter. We are also happy to discuss our partnerships with Isleta Recreation's after school program that utilizes the pool on Wednesdays and Fridays from 4pm-5pm. We are proud to partner with Behavioral Health's after school program for swim workshops every other Thursday from 4:30pm-6:00pm. Outside of our after school groups reserved times, lanes are available by appointment for lap swim from 6:30am to 6:30pm, Monday through Thursday and 6:30am-5:30pm on Fridays. We would like to encourage anyone interested to call the Rec Center at 505-869-9777 to reserve your lane! We are currently taking registration forms for the 3rd fall swim lesson session that will begin in mid-October. Registration forms are available at the front desk at the Rec Center. Swim lesson registration is on a first come first served basis, so get your forms in as soon as possible to reserve your child's spot. Adult swim lessons are also available for those interested. We are also taking applications for lifeguards and are looking for staff for the fall. For anyone interested in applying or for any questions about the Lifeguard certification or for information about child or adult swim lessons and other aquatic programming, please call 505-869-9783.



For more information contact us at:

505-916-0556

OR Sheila@tiwalending.org Miranda@tiwalending.org



- PRC will assist with payment for medical services only.
- **PRC** does not cover Durable Medical Equipment like Orthopedic braces, crutches, wheelchairs, hospital beds.
- **PRC** does not cover Labs at other facilities, unless it is associated with a hospital stay.
- **PRC** does not cover pharmacy, rehab services or long term care facilities.

Call PRC for more information.



Isleta Historical Society

Protect This com The Isle vigorous reaction

Protect the Land • Preserve the Culture • Honor the Ancestors

This continues a monthly series of articles about historic Isletans and significant happenings at Isleta. The Isleta Historical Society is an independent, inclusive group looking to broaden understanding through vigorous research, interviews, visits to museums and other historical sites etc. We are interested in your reaction to these stories and encourage you to contact us with ideas for future publications. Visit us on Facebook and Instagram @isletahistoricalsociety or email us at isletahistoricalsociety@gmail.com. We will not use any information without your permission. Thank you!

Members: Randy Jiron, Kateri Jojola, Malcolm Ebright, Valentino Jaramillo, Rick Hendricks, and Ted Jojola

Indian Boarding Schools and Gravesites by Ted Jojola

Headlines have recently awakened the unfettered truth of burials at Indian boarding schools. The usage of advanced technologies that penetrate the earth are uncovering evidence of remains of unmarked gravesites. It's akin to peeling off the scabs of wounds, many of which have long festered in the memories of grieving communities. In some instances, parents were notified that their child had passed away. For others, they never knew what happened.

The legacy of the Indian boarding schools is complex and varied. In acknowledgement of the many children who died and were buried far away from their communities, US Secretary of Interior Deb Haaland will initiate a comprehensive review of the troubled legacy of the federal boarding school policies. It will detail the intergenerational trauma created by the impacts of this system and, more importantly, engage in consultation in how to protect burial sites and afford respect to those families and communities who lost children.

Some background is necessary to understand the staging of incidents that resulted in children being buried at school grounds over the decades. In some instances, school environments became the breeding ground for epidemics or communicable diseases and in other situations, children were subjected to abuses including mental duress, malnourishment, and physical exploitation. Both situations resulted in untimely deaths and left their indelible mark on communities. Burials were not uncommon to the Indian boarding school experience. However, very little is known about the tragedies surrounding these deaths. The boarding school system was intended to be a life-evolving and transformative experience. Almost from adolescence to young adulthood, boys and girls were removed from their home communities and immersed in a grand Americanizing social experiment.

As the American frontier expanded and native people were subdued, removed, or confined to reservations, it was the Indian Agents who were given the responsibility to domesticate their wards in a manner that was consistent with patriotic and Christian values. This era was roughly between 1775 and 1849. The Bureau of Indian Affairs had been established in 1824, but its authority was soon transferred in 1849 to the newly created US Department of Interior. In 1854, the Pueblo Indian Agency was established.



Photo in front of AIS hospital with staff and Isleta leaders in front row

This effort was seen as strategic not only for assimilating Pueblo children into the mainstream, but the schools provided places for medical assistance. Many teachers became surrogate physicians, dispensing medications and caring for ailing children. An example of this effort occurred at Isleta Pueblo in 1898 when an epidemic of smallpox besieged the village. Probably transmitted through outside contact along the railroad, a teacher reported that 387 cases occurred, 85 of whom died. Many were small children. Isleta's population was only 1,200 and two years later had declined to 1,043.

By the late 1870s, administrators and civilians alike became disenchanted with the lack of progress in Indian reservation schooling and looked toward Indian boarding schools as a more reliable way to educate them. Allowing them to continue staying with their families was deemed as unproductive and negative. Weaning them from their culture through physical isolation for most of the year was also seen as a way of impressing others on the positive effects that school had on the children when and if they returned home.

At the beginning of the 1880s, the Pueblo Indian Agency quickly fell in lockstep with this NJ. When Kendall returned to New Mexico around 1890, he became a confidant to the itinerant journalist, Charles Fletcher Lummis, who lived in the village from 1888 to 1892. Lummis called him one of the most intelligent youths around although Kendall's reputation in the village spoke about him as a braggart and "know-it-all." Because he returned with a conviction to reform "the superstitious Indians," he was ultimately shunned and ousted. According to one local oral account, he was killed at an early age in a barroom brawl.

Two other Isleta children with notable reputations also attended Carlisle. They are Paul Shattuck, Sr. and Marie Chiwiwi. Marie Chiwiwi became among the most reputable and talented potters in the village. Upon her return to New Mexico, she was a mainstay at the quixotic Indian Village, located in downtown Albuquerque next to the Alvarado train station. Later, she established a curio store on the southeast corner of the Isleta Plaza where visitors from around the country came to buy her pottery. Probably because she never signed her pottery, she did not achieve the singular fame of her contemporaries. She attended the Carlisle Indian School beginning at age ten from 1882 to 1884. When she was discharged, however, the school cited her as an example of a student "[whose] ways of civilization have no charm for her." In a subsequent survey issued by the school, she lamented that she had been betrothed in an arranged marriage when she was only a child and only after she became widowed, took up pottery making to "feed my little children." In spite of the admonitions, she had received from the school, she credited her schooling in teaching her practical and beneficial ways to make a living.

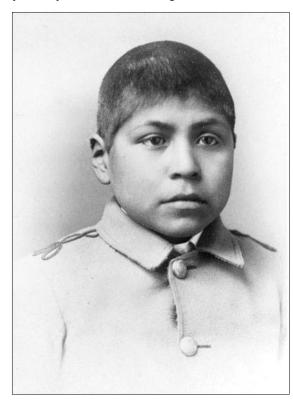
One of the principal responsibilities of the Pueblo Indian Agency was to oversee the education of its Pueblo wards, and by the 1870s it supported day schools in most villages. In many instances, the agency entered into contracts with various Catholic and Presbyterian denominations which made the education of children more akin to catechism. policy. It chose to recruit and send children to the Carlisle Indian School. Established in Pennsylvania in 1879, Presbyterian benefactors who had undue influence over Pueblo families, sponsored children to attend Carlisle. Among the earliest recruits were children taken from Laguna, San Felipe, and Zuni.

Between 1881 and 1898, at least nine children from Isleta attended Carlisle with varying degrees of success. The earliest child on record was Domingo Jiron (aka Henry Kendall) who was admitted in 1881 at age nine. At age twelve, he was discharged for a period, was subsequently readmitted in 1884, but released again for ill health in 1886. Eventually, he returned and completed schooling in 1888 at age seventeen enrolling for college at Rutgers College in Brunswick,

Paul Shattuck, Sr. was ten when he entered the school in 1886; he stayed until he graduated in 1896. He was enrolled in the school under his Laguna name, Zauitzela. After he returned to New Mexico, he married a young woman from Isleta, Beatrice, whose

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patron and benefactor was the prominent August G. Seiz family. Although August Seiz was an immigrant from Germany, his family moved to the village and established a general store and post office in 1903. Paul became the patriarch of the Isleta Shattuck family, whose children all went to the Albuquerque Indian School. Many of them became educators. The most prominent, Agnes Shattuck Dill, credited her father and the discipline he learned while at Carlisle for their success. Agnes attributed the following quote to her father's Indian boarding school convictions, "Be not like dumb, driven cattle! Be a hero in the strife!" from the Psalm of Life by Henry Wadsworth Longfellow.



Paul Shattuck Sr. Carlisle Indian School 1886

The Albuquerque Indian School

Displacing Pueblo children from their families had mixed results. Preparations instead were being made to establish the Albuquerque Indian School and the Santa Fe Indian School as industrial trade and vocational schools. The Albuquerque Indian School (AIS) was founded in 1881 when New Mexico was still an American territory. The last New Mexico Indian campaign against the Comanches occurred in 1874 and the railroad finally reached Albuquerque in 1880. The school, among others in NM were borne on the winds of change.

The Presbyterian Board of Home Missions, under contract by the US Department of Interior, located the school in a rented adobe hacienda at the small village of Duranes. The enrollment was forty and, in an auspicious way, the first enrolled student entry in the

Isleta Pueblo News

influence of the Presbyterians. In 1879, for instance, Laguna traditionalists had fled the persecution of local Presbyterian authorities and relocated on lands provided by Isleta leaders in an area called Oraibi (now in the vicinity of the Isleta Rec Center). Such incidents further inflamed the situation and AIS quickly found itself embroiled in a tug-ofwar to keep such influences at bay. The Isleta Mission church attempted to compete with AIS, but they could not sustain enrollment beyond the third grade.



Marie Chewiwi on far left Cobb photo, c. 1890

In 1890, the population of Albuquerque was only 5,518. In 1892, AIS had an enrollment of 314. Although the establishment of the Indian industrial school site was touted as a potential economic windfall for Albuquerque, the lands were far from habitable. At that time, the Rio Grande was still a wild river and flooded annually creating long swaths of bosque (wooded swampland). Early school reports talked about infestations of mosquitos and chronic bouts of typhoid and malaria. Confined to closed boarding room quarters, Indian children walked into such infestations with little resilience, and many became ill.

Sickly Pueblo children were usually sent back to their villages. Unfortunately, other children who came from more remote places were not as fortunate. As early as 1882, AIS administrators had to contract with the town's Fairview Cemetery (now the Historic Fairview Cemetery, HFC) to provide a plot for "Indians," which was located adjacent to a section designated for "Coloreds". It detailed seventythree plots, but it is unclear how many were actually used.

A few extant records of those who were

tuberculosis patients who were "chasing the cure." By 1909, tuberculosis had become the nation's leading cause of death. Many Pueblo people were also infected and in 1934, the Albuquerque Indian Sanatorium was built to take care of the overflow. The situation prompted AIS administrators to construct "sleeping porches" alongside the adjoining boys' and girls' dormitories.

The contract to locate Indian burials at the HFC expired around 1933. However, records are unclear as to when burials were moved to a site on the north edge of the campus and under what circumstances individuals were buried there, instead of being taken back to their home communities. The only existing record of notice is an interview conducted with Ed Tsyitee, age seventy-five, who was the last caretaker until his retirement in 1964. Much like the legacy of the HFC, the burials were for children who died around the 1930s. They were from remote places where circumstances kept them from being taken back. Thirty to forty graves are purported to be there, mostly of children from the Apache, Hopi, Navajo, and Ute tribes.

What is clear is that on April 25, 1960, the Bureau of Indian Affairs (BIA) conveyed a seven-acre parcel of land that encompassed the cemetery to Bernalillo County. The county built an office to house the NMSU County Extension office and leased part of the property to establish a 4-H center and rodeo grounds. This arrangement also resulted in the creation of a new diagonal street, Menaul Extension, which bounded a 2.95-acre triangular plot. This became the 4-H public park.

The exact location and dimensions of the cemetery are documented in a city survey map done in April 1962. The Indian School cemetery is on the eastern point of the 4-H park. In the early 1970s, the AIS Superintendent agreed to provide fencing and security for the gravesite. There is little evidence that this was accomplished. Instead, the area was desecrated by curiosity hunters when the graves were exposed during park excavations. The only lasting remnant of that era is a small plaque denoting the "Site of the Indian Cemetery."



logbook was none other than Isleta's own luminary denizen, Pablo Abeita.

In 1882, the citizens of Albuquerque raised \$4,300 to purchase sixty-six acres for an Indian training school and in 1884 a new school building for 158 pupils was completed. By 1886, the US government took over AIS with Presbyterian staff and teachers in charge. The school was seen as a central point for enlisting the Pueblos and surrounding tribes as wards of the US government. But almost at its inception, Pueblo children were detained only for nine months and sent back home during the summer. This accommodation was hastily reached because of the inter-religious rivalry between the Presbyterians and the Spanish Catholic ministries.

It was not uncommon that the Catholic priests railed their congregations during Sunday sermons to keep their children from the buried there show that the majority were from isolated tribes like the Utes, Pimas, Apache, and other unspecified tribes from Arizona. Among the causes given for their deaths included typhoid, pneumonia, inflammation of the lung, uremia, tuberculosis, and bronchitis. Other Native people, not connected directly to AIS, were also buried in that plot. An example was the wife (Navajo, age twenty-seven) of the Sioux singer, George Wilson, who was one of the last to be interred in 1933.

Housed in open quarters, children were exposed and came down with contagious diseases such as scarlet fever, measles, and mumps. Influenza sometimes debilitated as much as half of the entire student body. Because of this, AIS was forced to open its own hospital adjacent to the campus in 1890. By the early 1900s, New Mexico's sunshine, dry air, high altitude, and warm climate attracted health seekers, particularly

Overlay of burial site in 4H park. Outline of site in upper right corner of park triangle.

In Solidarity

There is no deeper sense of grief than when parents lose a child. I can attest to this. In 2000, our only son, Manoa, passed away a few months short of his high school graduation. The loss still evokes despair even after all these years.

We at Isleta have been fortunate. For generations, our forebears have partaken of the Indian boarding school system, staging through the generations ways to make these experiences better and safer. But as far as I am aware, all our children returned home.

(Continued Next Page)

Today, many of Pueblo children are enrolled at the Santa Fe Indian School and the Native American Community Academy. Our people continue to contribute to the growth and vitality of these schools as well as the surrounding areas. But we, among many other Native people, have largely gone unnoticed in that role. The potential to commemorate the Indian school cemeteries at the both the HFC and former AIS grounds gives us the opening to grieve those who are buried there. But, equally important, it opens up the possibility of remembering those who are still living. Albuquerque—a city that was built on the

ISLETA FIRE DEPARTMENT New Mexico State Fair 2021

Isleta Fire Department was honored to be a part of this year's Firefighter Day at the New Mexico State Fair. The majority of the membership participated in this year's event that concluded with a 911 Memorial on Saturday September 11. This year marked 20 years since the fateful event of 911.

October 3 thru 9th is Fire Prevention Week and the entire month of October is Fire Prevention Month.

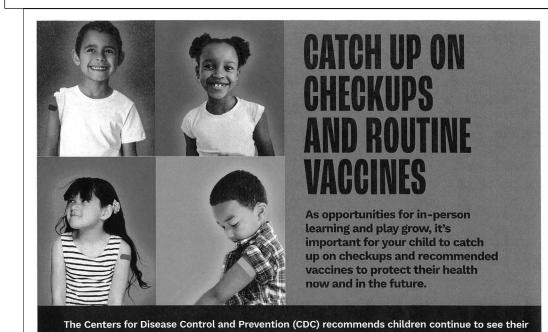
backs of our labors and culture— still has no central place that celebrates that legacy.

. . .

Again, we want to thank everyone who has been reading these articles. We invest a great deal of time and energy into these articles, and we do so because we are interested and passionate about the topics we cover. We believe that by sharing these stories with the community it may instill a sense of confidence in who we are as Isletans. We are grateful for all of our readers and have been receiving

feedback from the community. Some of you have even reached out with ideas about what topics to cover next or areas of interest for the Historical Society to dig deeper into. We thank you for your interest in the stories we are telling about the Pueblo and the people and encourage you to reach out to us with any information, ideas, or comments that you feel would be helpful to us. We will soon be publishing on our social media platforms so be on the lookout for that content. Again, any information is greatly appreciated and will not be used without your permission. Thank you!







appointment letter which is attached to your referral.

t has valuable information to

get you to your appointment on time...

Questions? Call 869-4488





- The doctor tracks your child's growth and development
- You can ask the doctor questions about your child's health
- Your child gets recommended vaccinations
- Routine vaccinations during childhood help
 prevent 14 diseases
- Among children born from 1994-2018, vaccinations will prevent an estimated 936,000 early deaths, 8 million hospitalizations, and 419 million illnesses

L CDC



Doctors can safely see your child, even during the pandemic.

Talk with your child's doctor about staying up to date on regular checkups and routinely recommended vaccinations.

www.cdc.gov/vaccines/routine

NM Poison Control During the Pandemic, we should be cleaning and disinfecting more often. It is important that you do not inject or ingest these chemicals into your body.

not inject or ingest these chemicals into your body. Please remember to keep ALL chemicals out of children's reach. If any cleaning or disinfectant solution is swallowed or injected, please contact the NM Poison Control immediately.

1-800-222-1222



- MAKE a home escape plan. Draw a map of your home showing all doors and windows. Discuss the plan with everyone in your home.
- KNOW at least two ways out of every room, if possible. Make sure all doors and windows leading outside open easily.
- HAVE an outside meeting place (like a tree, light pole or mailbox) a safe distance from the home where everyone should meet.
- PRACTICE your home fire drill at night and during the day with everyone in your home, twice a year.

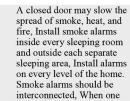
PRACTICE using different ways out.

- TEACH children how to escape on their own in case you can't help them.
- CLOSE doors behind you as you leave.

IF THE ALARM SOUNDS •••

If the smoke alarm sounds, GET OUT AND STAY OUT. Never go back inside for people or pets. If you have to escape through smoke, GET LOW AND GO under the smoke to your way out.

CALL the fire department from outside your home.



- smoke alarm sounds, they all sound,
 According to an NFPA survey, only one of every three American households have actually developed and practiced a home fire escape plan,
- While 71% of Americans have an escape plan in case of a fire, only 47% of those have practiced it,
- One-third of American households who made an estimate thought they would have at least 6 minutes before a fire in their home would become life-threatening. The time available is often less, And only 8% said their first thought on hearing a smoke alarm would be to get out!





About Fire Prevention Week

Since 1922, the NFPA has sponsored the public observance of Fire Prevention Week. In 1925, President Calvin Coolidge proclaimed Fire Prevention Week a national observance, making it the longest-running public health observance in our country. During Fire Prevention Week, children, adults, and teachers learn how to stay safe in case of a fire. Firefighters provide lifesaving public education in an effort to drastically decrease casualties caused by fires.

Fire Prevention Week is observed each year during the week of October 9th in commemoration of the Great Chicago Fire, which began on October 8, 1871, and caused devastating damage. This horrific conflagration killed more than 250 people, left 100,000 homeless, destroyed more than 17,400 structures, and burned more than 2,000 acres of land.



WATER RESOURCES Bosque Restoration

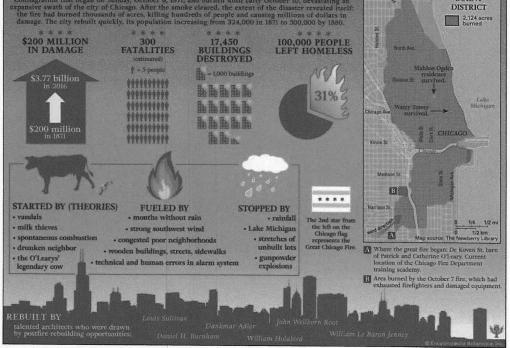
Greetings from the Bosque Restoration Crew,

As you drive or walk around the river you may have noticed the sound of chainsaws and the murmur of folks hard at work. The sound of chainsaws cutting through a Russian olive or Salt cedar represents the first steps of a multiyear program to make the Bosque a safer, healthier, fire-safe, and more ecologically sound place. The Bosque Restoration Program is a part of the Water Resources Department headed up by Derek Jarner and was started in May of 2021 when the Pueblo hired Elijah Small to manage the program. Over the next ten years, this project will include creating defensible spaces around the train tracks and other high fire areas, removing invasive species, planting native species, creating new wildlife habitat, and reconnecting the Rio Grande to its floodplain.

The Rio Grande that you see today is a vastly different river than the Rio Grande that we would have seen if you were standing on the banks of the Rio one hundred years ago. Starting in 1914 the Bureau of Reclamation began building large dams and installing jetty jacks up and down the river to channelize the river, control floods, and supply water for irrigation. While these measures were very successful in their stated goals the "taming of the Rio" had several unintended consequences. The Dams prevented the large yearly floods that would sweep through the Middle Rio Grande. The floods recut the river every year and would lay down nutrientrich sediment creating sandbars and backwaters that cottonwood, willow, and salt grass would colonize. Without the floods, these backwaters and sandbars started to disappear, and with them the habitat for fish, waterfowl, and large game species.

The cessation of the floods reduced the sediments flowing down the Rio Grande and the jetty jacks stabilized the banks creating a habitat that is more conducive to non-native species than the flood-adapted species, like Cottonwood and Black willow that have been growing along the river since time immemorial. With the large floods gone Russian olive, Salt Cedar, and Tree of Heaven began to move in and under the Cottonwoods often out-competing and displacing the native vegetation and increasing the likelihood of large fires, and changing how animals utilized the Bosque.

Over the next ten years, the Bosque crew will be following a restoration plan that was written and designed to protect the Bosque, increase wildlife numbers, decrease invasive species while honoring and respecting the cultural importance of the river to the People of Isleta. Our crew is currently at work reducing the number of non-native trees in the Bosque, this will both decrease the potential for catastrophic fires and also increase the amount of water flowing in the main channel of the Rio Grande. The goal isn't to eliminate all invasive trees in the Bosque, rather it is to clear out the forest for the next phase of restoration. Starting in 2023 the Bosque crew will begin phase two of the restoration plan by planting native trees, herbs, grasses, and wildflowers.



While it would be impossible to reintroduce the large floods that were so common in the past, the crew will begin creating much of the lost habitat that was created by floods with a little help from heavy equipment, chainsaw, and shovels. While the details are not yet worked out, the crew will be recreating backwater and wet meadow habitat along the Rio to reconnect the floodplain to the river as well as create new space for waterfowl, spawning areas for fish and places for native vegetation to thrive.

The scope of the Bosque Restoration Project is too large to cover in this article, we will however be keeping the People of Isleta informed through articles in the paper. Additionally, if you have any questions about what we are doing, how we are doing it, or just want to chat about chainsaws, please stop on by the Water Resources Department or give Elijah a call at 869-9623.



Virtual

Isleta 2nd Annual Indigenous Peoples Day

Fun Run

5K and 10K

OCTOBER 11, 2021

TO REGISTER GO TO

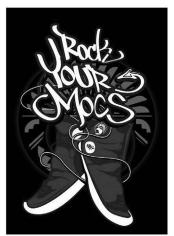
RUNSIGNUP.COM AND SEARCH FOR

Indigenous Peoples Day 5k & 10k run

https://runsignup.com/Race/NM/isleta/IndigenousPeoplesDayRun5K10K

Or Facebook IndigenousPeoples DayRun

To find the link



Virtual and In Person 9th Annual Isleta

Rock Your Mocs

5K Fun Run & Walk

November 15th – 20th, 2021

Isleta is the run to do internationally!!!!! To register for virtual run GO TO Runsignup.com search for **Rock Your Mocs 5K**

https://runsignup.com/Race/NM/isleta/RockYourMocs5K

for in person registration call

Isleta Behavioral Health Clinic 505-869-5475



It's hunting season, if you are lucky enough to draw a hunt and blessed with good fortune to tag out, please respect the life you taken.

DO NOT THROW AWAY HEADS AND HIDES IN THE TRASH!

Their lives are precious. Treat them with respect, don't treat them like trash. We will bury your heads, hides and remains and give them back to our Mother Earth, the way we were taught by our elders. Please don't let our ways of respecting the lives of the big game animals fade away. Bring remains to the Transfer Station and let an attendant know

Isleta Health Center Optometry

Digital Eye Strain

Dr. Mitchel Anderson, OD, Optometrist Phone: 505-869-4080

We are using screens now more than ever before. Many of us use our computer screens at work and spend much of our spare time on our TVs,



phones or tablets. This can be a wonderful thing, but there are also potential side effects. One of the effects of increased screen time is that it can bother our eyes, a recent term has been coined for this: "Digital Eye Strain". Our eyes feel strained due to the background light from the devices, and due to small muscles inside our eyes that are working hard to keep us focused on the devices in front of us.

The Optometry Times and many eye-care professionals have recently created a simple rule to help combat this Digital Eye Strain. They call it the 20-20-20 Rule; this means that for every 20 minutes you spend on a digital screen, vou should take a 20-second break to look at something at least 20 feet away. Oftentimes, our eyes feel most relaxed when we let them rest for a moment and just look into the distance. If you can actively remember to take short breaks from staring at screens throughout your day, your eyes will thank you. Especially if you are feeling eyestrain or fatigue at the end of the day, this is something you should implement into your daily routine. Vision is such an important part of our lives, let's remember to take care of our eyes so they can take care of us for many more years to come.

Isleta Health Center Optometry Department



and we will bury them. Call 869-4106 for more information.



Photo of deer head thrown away in the trash for trash pick-up, very sad.

Patients are responsible for notifying PRC of any follow up appointments, continued or referred care, or any additional procedures the specialist may recommend.

Please provide the PRC office as much notice as possible to allow adequate time to process an referral prior to your appointment.

Questions? Please call 869-4488

EMERGENCY BROADBAND BENEFIT PROGRAM

A Federal Communications Commission program that provides a temporary discount on monthly broadband bills for qualifying households.

IF YOUR HOUSEHOLD IS ELIGIBLE, YOU CAN RECEIVE:

Monthly Benefit: Up to a \$50/month discount on your broadband service and associated equipment rentals
Enhanced Tribal Benefit: Up to a \$75/month discount if your household is on qualifying Tribal lands
One-time Device Discount: Up to \$100 for a laptop, tablet, or desktop computer (with a co-payment of more than \$10 but less than \$50) where available

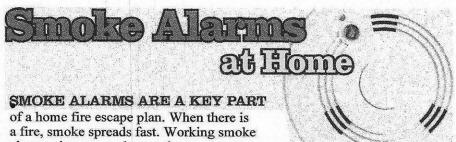


Only one monthly service discount and one device discount is allowed per household. The program rules recognize there may be more than one eligible household at the same address.

> To learn about eligibility and application options, visit GetEmergencyBroadband.org.



EMERGENCY BROADBAND SUPPORT CENTER (833) 511-0311 | 9 am-9 pm ET 7 DAYS PER WEEK | EBBHelp@usac.org



a fire, smoke spreads fast. Working smoke alarms give you early warning so you can get outside quickly.

- SAFETY TIPS
- Install smoke alarms in every bedroom. They should also be outside each sleeping area and on every level of the home. Install alarms in the basement.
- Large homes may need extra smoke alarms.
- It is best to use interconnected smoke alarms.
 When one smoke alarm sounds, they all sound.
- Test all smoke alarms at least once a month.
 Press the test button to be sure the alarm is working.
- Current alarms on the market employ different types of technology including multi-sensing, which could include smoke and carbon monoxide combined.

FACTS

- A closed door may slow the spread of smoke, heat, and fire.
- Smoke alarms should be installed inside every sleeping

room, outside each separate sleeping area, and on every level. Smoke alarms should be connected so when one sounds, they all sound. Most homes do not have this level of protection.

 Roughly 3 out of 5 fire deaths happen in homes with no smoke alarms or no working



Save the date: OCTOBER 8th 2021

Native American College Fair

Students learn about college life, courses and admission & financial aid requirements.

Details: -Website Based Virtual College Fair -National Focus and Outreach -Participating College Programs and Financial Aid Opportunities offer Native American Specific Supports

Facebook.com/nativeamericancollegefair



TRULY MISSED!

The Isleta Health Center community wants to acknowledge the loss of two amazing, former staff members, Ms. Bernadette Gaisthia and Ms. Frances Anchondo. Bernadette was the previous Custodial Supervisor and was with IHC for 13 years. Frances was the previous CHR Coordinator who served the Isleta Community for 29 years. Both of these women were known for their strong work ethic, kindness, fierce personalities and continued dedication.

Our hearts go out to their families and all that were able to witness just how beautiful these people truly were.

They both will be missed very dearly.

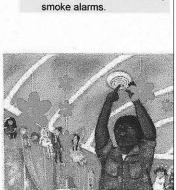


St. Augustine Parish Isleta Pueblo Ministry of Consolation



- Today's smoke alarms will be more technologically advanced to respond to a multitude of fire conditions, yet mitigate false alarms.
- A smoke alarm should be on the ceiling or high on a wall. Keep smoke alarms away from the kitchen to reduce false alarms. They should be at least 10 feet (3 meters) from the stove.
- People who are hard-of-hearing or deaf can use special alarms. These alarms have strobe lights and bed shakers.
- Replace all smoke alarms when they are 10 years old.

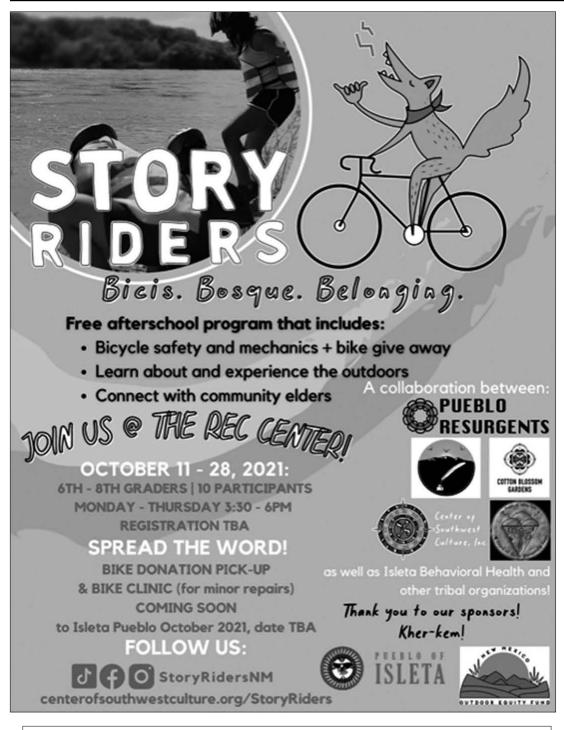
NATIONAL FIRE PROTECTION ASSOCIATION The leading Information and knowledge resource on fire. electrical and related hazards

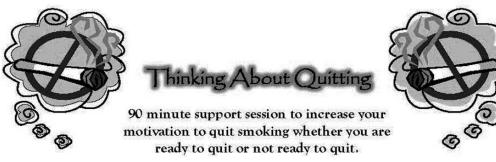




MISSION STATEMENT

We are a ministry of consolation at St. Augustine Parish to offer spiritual comfort and support to families who have experienced the loss of a loved one. We will continue to honor and respect our traditional teachings.





You will receive (free):

- The Guide to Help You Quit Smoking your own personal workbook
- Help in identifying your barriers to quitting commercial tobacco
- Help in identifying your personal motivations for quitting
- Pack Tracks to identify the kind of commercial tobacco smoker you are

Topics Covered include:

- 1. Am I ready to quit ... on a scale of 1-to-5?
- 2. How addicted am I to nicotine?
- 3. Using over-the-counter (OTC) Nicotine Replacement Therapy (NRT)
- 4. Free NRT & assistance @ Quit Line 1-800-QuitNow or enroll at

ISLETA HEALTH CENTER

Know Your Numbers, You Are Important, You Are Worth It Weight, BMI, and Waist Circumference

Andrea Wilson, Fitness Instructor Phone: 505-869-4595 References: cdc.gov nhlbi.nih.gov uofmhealth.org

Weight, waist measurement, and/or BMI are different measurements used to measure the health of an individual. Being overweight or obese increases your risk for developing health diseases such as type 2 diabetes, high blood pressure, high blood cholesterol, and many others. If you are overweight and/or obese, losing a small amount of weight (between 5-10% of your current weight) will help you lower your risk for developing these health diseases. The best way to lose weight is by eating a healthy and balanced diet, and by exercising at least 150 minutes per week.

Weight

The ideal weight for males and females can differ. It also depends on factors such as: age, height, fat and muscle composition, frame size, etc. It is important to know how much we weigh, that way we know our risk for developing health diseases. If you are overweight and/or obese, you are at a higher risk for developing health diseases such as diabetes, heart disease, stroke, and some types of cancer. You can maintain a healthy weight by exercising regularly, and eating a healthy and balanced diet. One way to determine a healthy weight is calculating your BMI.

BMI

BMI is known as Body Mass Index. BMI is a measurement of body fat based on an individual's height and weight. It is important to note that BMI does not consider muscle mass, and for this reason individuals with a high muscle mass may have a high BMI. In this specific case, the individual would have a high BMI, but have a healthy-looking physique. There are different BMI categories, which include: Underweight= <18.5, Normal weight= 18.5-24.9, Overweight= 25-29.9, and Obesity= BMI of 30 or greater. For example, if you are 5'5" and you weigh 170 pounds, your BMI would be 28. A BMI of 28 would place you in the overweight category. In order to move into the normal weight BMI category, you would have to lose about 30 lbs. Let's say you lost 30 lbs. and you now weigh 140 lbs. Your BMI would be 23, which is considered a normal weight. You can calculate your BMI through various websites, InBody, handheld body fat analyzers, body fat scales, bod pods, and skinfold calipers. You can decrease your BMI by exercising and eating a

- QuitNowNM.com
- 5. Pros and Cons of Quitting Smoking... Identifying Barriers and Motivators
- 6. Closing Backdoors
- 7. Introduction to The Guide to Help you Quit Smoking
- 8. Preview of Pack Tracks using them to cut back before Quit Day
- 9. Preparing a Quit Kit tool for surviving the first two weeks after quitting
- 10. Using a Calendar to reward yourself (optional)
- 11. Dealing with Losing your Best Friend the Cigarette
- 12. How to support your friend or family member who is Thinking About Quitting
- 13. Other tools to help you quit: Freedom From Smoking® Online at www.ffsonline.org

Call Stephanie, Health Educator @ 869-4479 to Sign Up Isleta Mealth Center

Sessions are now available in person or over the phone

healthy and balanced diet in order to lose weight. A decrease in weight results in a decreased BMI.

Waist Circumference

Your waist size is also another way in which you can measure your health. A large waist circumference is associated with an increased risk for type 2 diabetes, high cholesterol, high blood pressure, and cardiovascular disease. You can measure your waist circumference by placing a tape measure at the top of your hip bone, then bringing the tape measure all the way around your body, level with your belly button. A healthy waist measurement for males is less than 40 inches, and a healthy waist measurement for females is less than 35 inches. You can decrease inches from your waist measurement through calorie deficit and exercising often.



Isleta Elder Center 505-869-9770



Did you know that the Isleta Elder Center is an agency site for <u>Commodities –</u> <u>Five Sandoval Indian Pueblos Food Distribution Program</u>?

The Food Distribution Program is a federal program that provides USDA food assistance to Native American & non-Native American households living on a reservation & to households living in designated areas near a reservation that contain at least one person who is a member of federally-recognized tribe.

Commodities Distribution is scheduled once a month here at the Isleta Elder Center *call the Center for Commodity dates*. If you or someone you know is interested & would like to apply for *Commodities*, please call the Isleta Elder Center. I will assist you with the application process over the phone.

Income qualifications:

One-person household Two-person household Three-person household Four-person household \$1,231.00 \$1604.00 \$1,977.00 \$2365.00

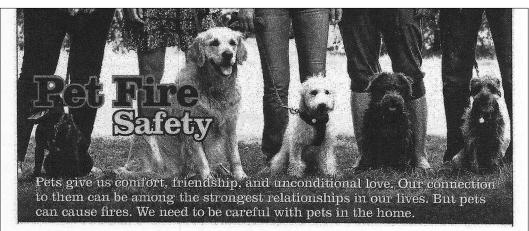


For more information, contact:

Pauline Lucero, Benefits & Billing Manager

Monday thru Friday from 8:30 a.m. to 4:00 p.m. If your call is not answered, it is important to please leave me a detailed message with your name & phone number. I will return your call within 24 hours or same business day.

This over the phone service is being provided to ensure you remain safely in your home.



SAFETY TIPS

- Pets are curious. They may bump into, turn on, or knock over cooking equipment. Keep pets away from stoves and countertops.
- Keep pets away from candles, lamps, and space heaters.
- Always use a metal or heat-tempered glass screen on a fireplace and keep it in place.
- Keep pets away from a chimney's outside vents.
- Pets and Wildfires

Make sure pets are included in your family's wildfire evacuation plan. Build an evacuation kit for each pet in your household. Ensure each kit is a size and weight that can be quickly and easily loaded into a vehicle when nackinsr to evacuate. Isleta Behavioral Health Clinic Addiction Recovery

ACES, Health Outcomes and Hope

In recognition of Substance Addiction Recovery Awareness, the following is information provided to community to help understand what ACES (Adverse Childhood Experiences) are, how they affect us, and potential solutions to address illnesses such as Addiction. Adverse childhood experiences are lived experiences, that may be or have been traumatic in childhood, and adolescent years, from the ages of 0 - 17 years of age. Such experiences or toxic stressors can be filtered into three main areas: Abuse, Neglect and Household Dysfunction.

- 1. Abuse experiencing physical, emotional or physical abuse.
- 2. Neglect physical or emotional neglect.
- Household Dysfunction experience to Domestic Violence (sometimes community/ neighborhood violence), divorce, family living with mental or substance use disorder, incarceration or family suicidal ideations (attempts, or death by suicide).

The examples above are not meant to be a complete list of adverse experiences; many other factors may be considered traumatic experiences that could affect health and overall wellbeing.

Scientific studies show ACE's have a direct correlation to and are closely linked to chronic health issues, mental health disorders, and substance use disorders in adulthood. ACEs also negatively influence employmentjob opportunities, job sustainability, education-high school, secondary or trade school. The science of stress and impacts it has on us. Not all stress is bad. Some types of stress is healthy and positive because it prepares us to respond to temporary challenges in our lives. Things such as running a race, starting new employment, birth of a new child, starting a new school. Our stress response activates and then quickly returns to baseline. More intense situations or longer lasting stressors can be tolerable only if we have support systems in our lives to help us cope. If we do not have support, severe or frequent exposure to certain types of stress can have a 'toxic' effect on the body and brain. Common brain science tells us these areas of the brain are impacted, hippocampus, prefrontal cortex, amygdala and brain connections. The effects on hippocampus leads to depression/anxiety, impairment in learning and memory. Effects on prefrontal cortex and amygdala are lead to irregularities in emotional processing and selfregulation.

The impacts of ACEs can be negative to one's life, including the family. Behavioral changes happen, which includes Substance abuse and misuse, mental health disorders, chronic health diseases (heart, lungs), diabetes or cancer. There is hope! Hope that we can lead healthy and fulfilling lives, for ourselves, families, communities-and generations to come. We have the ability to be resilient, as it relates to brain functionality. Our brains are malleable (ability to change through experience) and resilience is the ability to thrive, adapt and cope despite tough and stressful times, and is an ideal counterbalance to ACEs. Also, to be able to provide a nurturing, safe and stable environment, help children learn to cope with adversity, reduce a child's ACE exposure, and build everlasting coping skills. ACEs work through experience, not only just exposure.

- Have a "pet-free zone" of at least 3 feet (1 meter) away from the fireplace. Glass doors and screens can stay dangerously hot for several hours after the fire goes out.
- Consider battery-operated, flameless candles.
 They can look and smell like real candles.
- Some pets are chewers. Watch pets to make sure they don't chew through electrical cords. Have any problems checked by a professional.

SMOKE ALARMS

- Have working smoke alarms on every level of the home. Test your smoke alarms at least once a month.
- If the smoke alarm sounds, get out and stay out.
- Never go back inside for pets in a fire. Tell firefighters if your pet is trapped.

NATIONAL FIRE PROTECTION ASSOCIATION The leading information and knowledge resource on fire, electrical and related hazards



FACT

Pets or wild animals have a part in starting about 750 home fires per year. These involve cooking equipment, fireplaces and chimneys, space heaters, lamps, bulbs, wiring, and candles.



Recovery from addiction is reliant on one's ability to accept the substance use as an issue. But also to the extent of how or if maybe adverse childhood experiences are responsible—at least in part—for substance use disorder (or that of a loved one). By getting help through treatments, ACEs from the past can be addressed and help you chart a new course toward the future.

ELDERS

Hello Isleta Pueblo,

As many of you know the POI Elder Center had a 3 Month Essay and Poem Challenge. Essays were submitted and 3 winners were chosen. Congratulations to:

1st Place winner was Frieda Apodaca Received a FIT BIT Watch

2nd Place Anonymous Tribal Member Received a FIT BIT Watch

3rd Place winner Evelyn Ankerpont Received a MINI EXERCISE BIKE

Attached are the essays that were submitted. Each essay had brought back many memories we had during the feast days or when the days were much simpler. Take Care and Be Safe, the Pueblo of Isleta Elder Center.



Memories of St. Augustine Feast Days By : Frieda Apodaca

What wonderful memories I have of our St. Augustine feast days August 28th and September 4th, as a child growing up in Isleta Pueblo, and more specifically, in Chical, I am so fortunate to have had such wonderful parents and my Chee-Rosalia and Ta-aa Whib-oo, ee who instilled the importance of our traditional way of life to include our feast days. In preparation for the upcoming feast days, I helped my Mom and Chee-ee prepare foods we

were to serve at our village house across the water tank. My task, along with other tasks, was to clean a gunny sack of dry red chili pods to make the red chili. My aunts were also very busy baking bread, pies and cookies to serve. My Dad and uncles butchered steers for meat to be used to cook the many traditional foods: posole, red and green chili, to name a few. One memory I don't like to think of is when I had to help clean the tripe and stomach of the butchered steers. Ta aa had wooden cleaning sticks ready for our use (pew). Needless to say, this is not a pleasant memory, but yet a memory. Everyone helped and though at the time I felt it was hard work, as I grew up, I have learned to appreciate how precious it was, and is, to be part of a big family with extended family members of aunts, uncles and cousins. And, as is in my case, my relatives from Sandia Pueblo.

All these early years were when we had no electricity. No crock pots, no microwaves, etc. No electric nothing, but we did what we had to do with what we had at the time. My cousin Benjie and I helped my Ta-a and Meme Lepe chop wood for cooking and heat for our family homes. We piled the chopped wood on a wheel barrel and little red wagon and hauled it up the hill from the corral. Cheeee made it worthwhile, as she always had food ready for us to eat. After all the preparations were completed, it was time to enjoy ourselves starting with vespers. Going to church was a festive event. I remember the procession with so many people taking part to escort St. Augustine, our patron Saint, to his place of honor under the arbor in front of the court house. My Mom and Dad, Carmel and Fred Zuni, served as mayordomos twice representing Chical for our September 4th feast day. This was a big responsibility and

they felt honored to have served as mayordomos. As our traditional dances were held, I remember the women in our family preparing gifts for relatives who were participating in the dances. How grown up I felt walking onto the plaza wearing my shawl, with family members led by my Ta-aa, to present the gifts to relatives.

I remember the first time I was asked to dance by then Meme Al Sangre when I was about 8 or 9 years old. My Chee-ee and Mom dressed me. Chee-ee was so particular, she had to make sure my leggings were just right. She had me put on a pair of her turquoise/ coral dangly earrings, which I proudly wore. I received lots of goodies and money, which I can say were well earned for a long and hot day.

I remember all of us children got new "fiesta" clothes to wear and I can't forget my shiny patent leather shoes, which didn't stay shiny for very long. I fondly remember my Chee-ee beautifully dressed in her traditional monta with new dress shirts; Ta-aa was also dressed in his new red and white shirt, his red and black woven sash, and new Levi's. Everyone looked so beautiful.

Let's not forget the night dances that were held in the plaza with local bands playing at the courthouse, sweat house (and that it was), and the "carpa" with the wood flooring (10 cents a dance) located in the middle of the plaza, surrounded by the carnival rides and the booths with games to play. And many of us will remember we would have a dancing partner as long as Meme Sam (Montoya) was there. And we can't forget Placido, with his colorful vest full of many decorative pins. And if it rained, and there were puddles of water and mud, we didn't care, we still had fun! And of course, we can't forget Rosie's hamburgers - a legend in itself! And our Governor at the time would have us excused from school to spend time with family and friends to celebrate our feast days.

I affectionally reflect on those happy times and memories made with my family our pueblo people and with people from nearby pueblos and communities. Everyone who came from near and far were welcome and fed. Although times have changed, and we are not able to celebrate our feast days as we are accustomed to, I pray as I was taught in our native way and my Catholic upbringing, that we will one day, celebrate our traditions and customs as a Pueblo. I hold onto my faith to be considerate, helpful and respectful to others. Thank you for letting me share some of my fond memories of my childhood and long-ago St. Augustine feast days.

Childhood Days By: Anonymous Tribal Member

Past: Growing up was hard; being the third child of the family. or even our cars from inside our homes!! Phones that can do most We all had our ups and downs, but we made it through one way or anything. Unfortunately, with all these good things we have today another. Going to school, ringing the big bell, gathering with our we have lost so many good ways of teaching our children, young/ old of our up bringing's, this includes me, I not saying I am not one who is perfect in teaching my children or upbringings of our traditional ways of our lives. It just makes it harder to teach them. We just have to do our best of what we can with what we have. Keep talking to them in our native tongue and keep teaching them of what we know and how it is done. Keep our tradition alive and keep passing it down, keep trying is all we can do.

friends, if you had any. Eating lunch, sitting all in a row, some would have nice lunches and some would have whatever your parents could afford and call "it our" brown bag special at that time. Cleaning the erasers for the teachers, but how many of us remember standing in line to get our shots or to see the dentist!! Oh my talk about bringing back memories. Now I can say what a flashback... OUCH. But I can laugh at it now. Then come home and do our chores, bringing in water from the comer water well, brother chopping wood, my sister and I bringing in wood, gathering chips to make fire to keep us warm and fire to make food, mom cooking a warm meal, dad coming home from work. We would all sit down, eat quietly and sit in front of one black and white TV, no remote with rabbit antenna with maybe a foil on top of it. One by one gently going to bed and heading for another day.

Today: Oh how it is much easier, faster and more convenient than before for all of us. We, including myself are spoiled with today's technologies and what is out there in this world. We didn't have that growing up. We can flick a switch to warm or cool our homes in no time; pick up a remote to lock our house or turn on/off our TV

Tomorrow is never known or what is in store for anyone, not me nor for you. It just hurts to see our community fall at times and our elders trying so hard to teach us of what use "to be". I give a lot of praise to our elders who are still among us who take time, and have patience to teach use what we need to know. Each day I pray that our creator gives them another day to be with us, to share with us their wisdom, their guidance, their words, stories; because someday they will leave us, we won't have anyone to teach us. We all need to listen, have patience, take time, most of all ask questions; if you don't understand, don't be afraid to ask, whether it be right, wrong or indifferent...you will never know until you "ask".

Summers by: Evelyn Ankerpont



Summer was always a good time for my friends. For our family we never had vacations nor did we get to go to Disney Land or any place else.

We would have to help my mom with white washing our entire house. I was the youngest in the family so I had to grind the white mud and take it to my mom and sister to clean the rooms.

After white washing our home, we would then have to go help with white washing at the kiva.

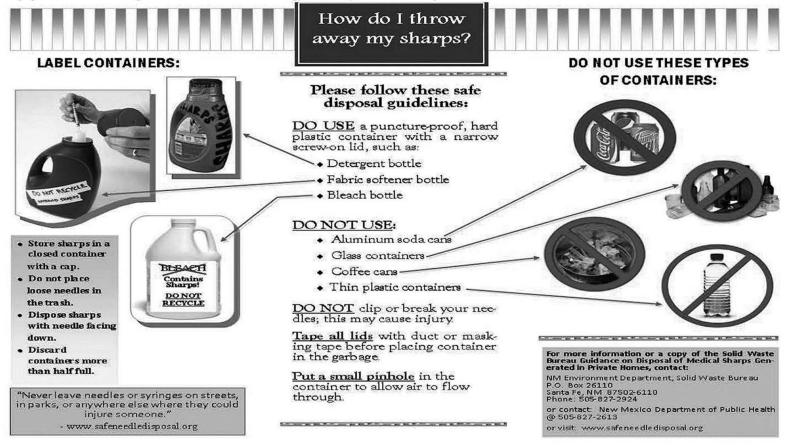
Although my summers where filled with hard work I learned some good work ethics, thanks to my family.

HEALTH BEAT: Drug Take Back Day—October 23, 2021

Stephanie Barela, Health Educator 505-869-4479 | <u>sbarela@islclinic.net</u>

Have you ever wondered what you should do with your old or expired medications that you no longer use? You are actually in luck, because not only does the Isleta Police Department have a Medication drop off box available to the community, but they are also taking part in this Fall's National Drug Take Back Day on October 23rd, where the ISLETA POLICE DEPT will be AT THE TRIBAL COMPLEX FROM 10am – 2pm, collecting any unused, expired medications, or sharps. During this event the Isleta Police Department will also be handing out PPE for COVID19 for Tribal Members.

It is important to properly dispose of medications because this lowers the risk of harming someone through overdose or illegal abuse. Along with any used or expired medications, you can also dispose of any sharps or e-cigarette/vape items. Sharps are hazardous instruments like needles, syringes, and lancets. It is important to throw away your sharps safely to help prevent injury or illness. If improperly discarded, they can cause injury to family members or to the people who pick up your trash. They can also be re-used by others, which can spread disease.



Disposing of Your Unused and Expired Medication

DRUG TAKE BACK PROGRAM

Drop off medication, with no questions asked, at the:

 Pueblo of Isleta Police Dept

 Iribal Services Complex 3950

 NM 47 Λ, ΛΒQ, NM 87105

 8am-4pm
 (505) 869-9737

Los Lunas Police Dept. Event in April and October (505) 839-3855

DON'T FLUSH DOWN TOILET

 Do not flush prescription medication unless the label or patient information says to do so.

THROW IN TRASH

If disposal instructions are not provided or you are unable to drop off medication at a disposal site, you can throw them with household trash, <u>but first</u>:

Take medication out of original container and mix with an undesirable substance, like used coffee grounds or kitty litter.

- This makes it unappealing to children or pets, and unrecognizable to people searching for them.
- Place in a sealable bag, empty can, or closed container to prevent medication from leaking out.
- Scratch out all identifying information before throwing away medicine containers.
- Do not give your medications to others. Doctors prescribe medication based on individual symptoms and medical history. A medication that works for you can be dangerous for someone else.
- Over-the-Counter medication should be discarded exactly the same way as prescription medication.



WHY USE THESE STEPS?

Medication disposal directions recommend properly disposing of medications because this **lowers the risk of harming someone** through overdose or illegal abuse.

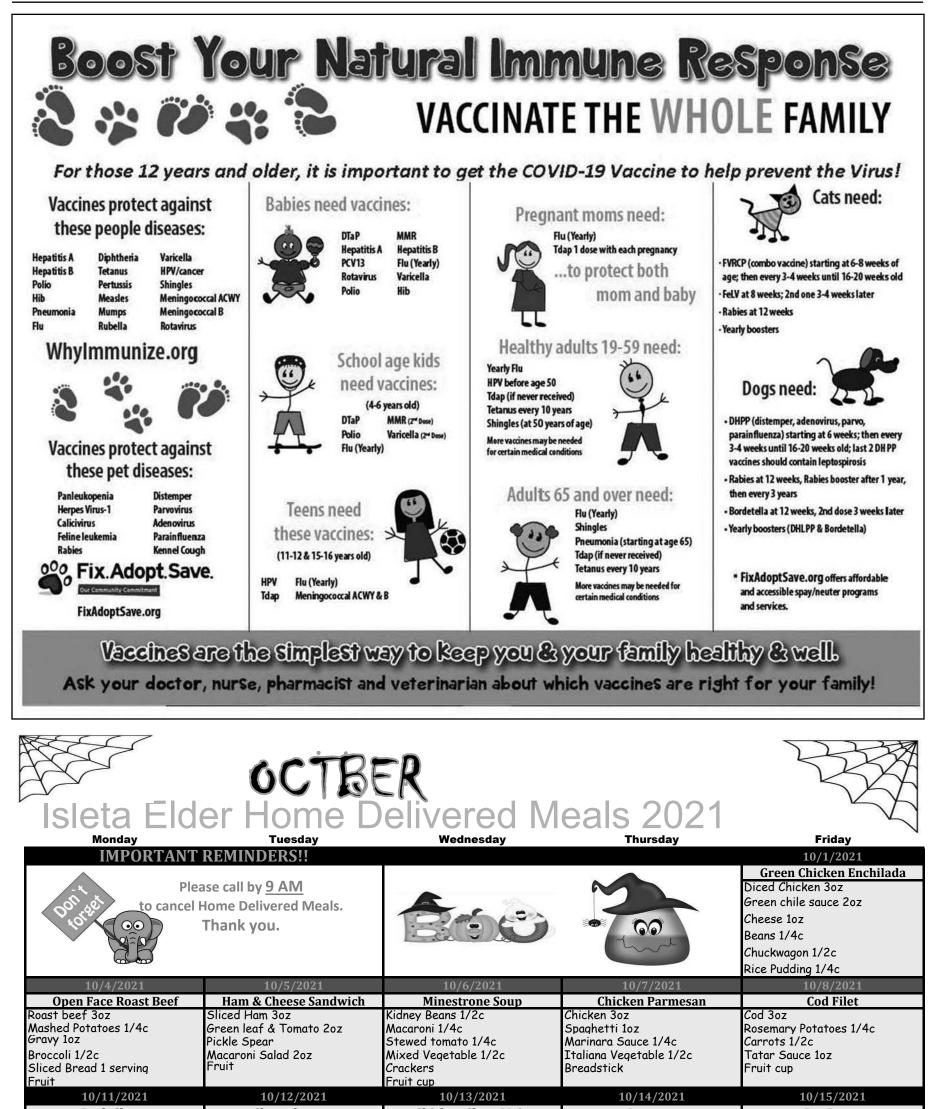


Flushing medications down the toilet may seem like a sate way to dispose of old medications, however, they can be hazardous by dissolving into the water system. Medications should not be flushed unless the FDA recommends to do so. It is best to dispose of medication through the POI Police Department (505) 869-3030.

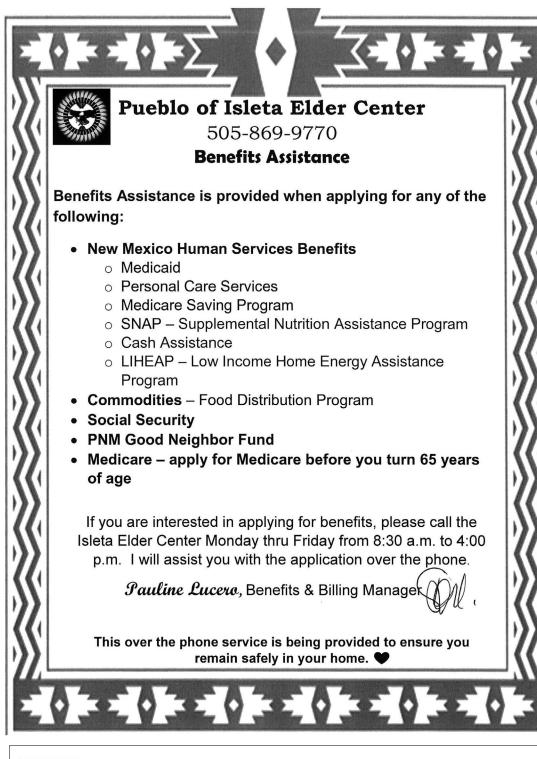
→www.fila.gov/forconsumers

→www.epa.gov/





Pork Chops	Cheeseburger	Chicken Chow Mein	Lasgana	Pot Roast
Pork Chops 4oz	Hamburger patty 3oz	Chicken Thigh 3oz	Ground Beef 3oz	Pot Roast 4oz
Stuffing 1/4c	Sliced Cheese 1oz	Chow Mein noodles 2oz	Pasta 1oz	Mashed Potatoes 1/2c
Green Beans 1/2c	Sweet Potato Fries 1/2c	Stir Fry Vegetable 1/2c	Marinara Sauce 2oz	Roasted Veggies 1/2c
Applesauce 1/2c	Fresh Fruit	Fortune cookie	Mozzarella Cheese 1oz	Gravy 1oz
			Italian Blend 1/2c	Dinner roll
10/18/2021	10/19/2021	10/20/2021	10/21/2021	10/22/2021
Corn Chowder Soup	Beef Quesadilla	Tuna Salad Sandwich	Chicken Cordon Bleu	BBQ Rib Sandwich
Diced Chicken 3oz	Beef 3oz	Tuna 4oz	Chicken Cordon Bleu 3oz	Rib Patty 3oz
Corn 2oz	Cheese 1oz	Fresh Broccoli & Cauliflower	Pinon sauce 2oz	Chuckwagon 1/2c
Potatoes 1/4c	Tortilla	Ranch 2oz	Mashed Potato 1/4c	Potato Salad 1/4c
Crackers	Rice Pilaf 1/4c	Baked Chips	Carrots 1/2c	Hamburger Bun
Pumpkin Fluff 1/4c	Country Vegetable 1/2c	Fruit		BBQ Sauce 1oz
•	, ,			Peach Cobbler 1/2c
10/25/2021	10/26/2021	10/27/2021	10/28/2021	10/29/2021
Chicken Salad Sandwich	Blackened Tilapia	Hearty Beef Stew	Chicken Adovada Burrito	Mummy Dogs
Diced Chicken 4oz	Tilapia 4oz	Beef Stew Meat 3oz	Chicken Adovada 3oz	Hot Dog 3oz
Spring mix 1oz	Steamed Rice 1/4c	Potatoes 1/4c	Shredded Cheese 1oz	Croissant 1oz
Slice Tomato 1oz	California Vegetable 1/2c	Carrots & Celery 1/2c	Calabacitas 1/2c	Seasoned Fries 1/4c
Fresh Veaaies 1/2c	Tartar Sauce 1 pkt	Dinner roll	Pinto Beans 1/2c	Peas & Carrots 1/2c
Ranch 2oz		Fruit	Tortilla	Jello cup 1/2c
			Fresh Fruit	
	****Menus are subject to	change without notice, based on	the availability of products.****	





Isleta Elder Center Personal Care Services

Isleta Elder Center *Personal Care Services* assist elders and/or disabled adults over the age of 21. PCS enables an individual to live in the comfort of their home and maintain the highest level of independence.

Isleta Elder Center Personal Care Services:

Provides services in the client's home five to seven days a week; these hours will depend on the assessment through their MCO – Managed Care Organization.

Provides support in assisting the client to reach highest level of independence.

Provides a PCS Aide or the client can select a qualified family member who is 18 years or older to assist their PCS client. (with the exception of a spouse)

PCS Aides will follow their client's plan that may or may not include the following: *Assist* client with hygiene, grooming, and bathing that includes shampooing hair,

ISLETA HEALTH CENTER

New Patient Application Process

The Isleta Health Center is federally funded and provides health services to eligible American Indians living within the Pueblo of Isleta and surrounding communities as defined by the Pueblo of Isleta. Patients seeking to establish their health care at the Isleta Health Center can do so through the new patient application process. Applications can be obtained from the Patient Registration desks located in the main clinic or the Behavioral Health clinic.

The following documents must be submitted with each new patient application in order to properly identify a person and their eligibility for care at the Isleta Health Center.

- Valid Driver's license, or other governmentissued photo identification
- Birth Certificate
- Social Security Card
- Certificate of Indian Blood (CIB), valid Tribal ID, or other Tribal enrollment letter
- Proof of residency (Utility bill, rental agreement, etc.)

o Non-Isleta tribal members residing on the Isleta Pueblo must submit a "Permission to Reside on Pueblo Letter"

o For enrolled Isleta members not living within the designated service area, a letter stating their "Community Ties"

Acceptance of new patients is based on clinic availability as each new patient is scheduled an initial appointment for a comprehensive visit with one of our physicians. A letter of acceptance along with the patient's first appointment letter will be mailed once their eligibility is determined. It is important that this appointment be kept, as the patient will not be considered *an established patient* until the first visit is completed. Once a patient has established their care, they will be eligible for walk-in services and sameday appointments.

Special consideration is made for newborn children within 60-days of birth, whose completed applications are expedited immediately. Eligibility for newborn children is determined through the new patient application process and includes the receipt of the following documents.

- Proof of Birth
- Hospital discharge forms
- Insurance cards
- Mother's valid Driver's license, or other government-issued photo identification
- Mother's valid Tribal Identification card, enrollment letter, or CIB

shower, bath, sponge bath, dressing, combing hair, applying lotion etc. *Assist* client with meal and snack preparation

Assist client with eating or drinking, may include partial or total assistance. Assist client with Self-Administered medications-prompting and reminding only Assist client with mobility -stand-by help, prompting/cueing, transferring/repositioning Provide client with household services-dusting, sweeping, mopping, changing linens, laundry, washing dishes etc.

Provide client with transportation services-grocery shopping, errands, etc. *Provide* minor cleaning/sanitizing to wheelchairs, canes, walkers, etc.



For more information, contact:

Pauline Lucero, Benefits & Billing Manager Monday thru Friday 8:30 a.m. to 4:00 p.m.

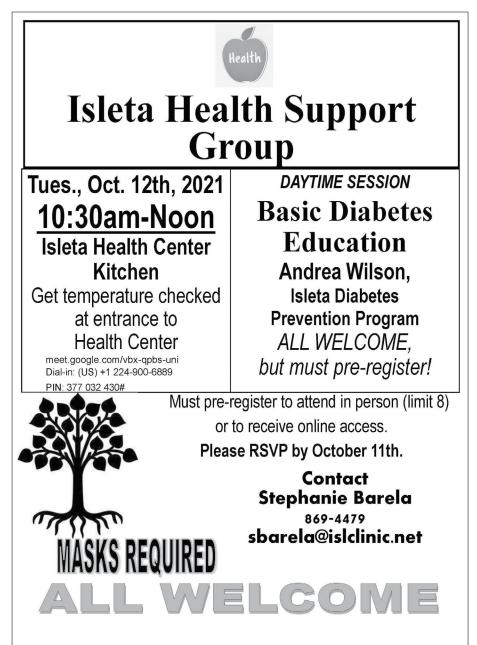
505-869-9770 ext. 9339

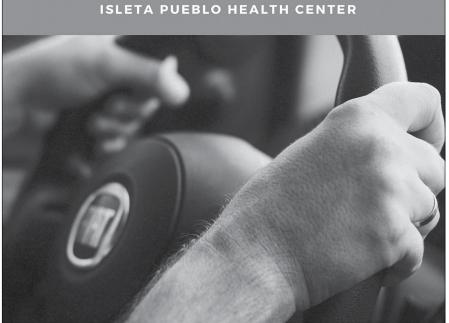
- Father's valid Driver's license, or other government-issued photo identification
- Father's valid Tribal Identification care, enrollment letter, or CIB
- For Unwed parents, a notarized "Declaration of Paternity"

Furthermore, newborn children can be considered eligible for services under their parent's tribal enrollment document. However, please be aware that once a child reaches the age of nineteen (19), they must be prepared to provide their own evidence of American Indian status to continue their health care services through adulthood.

For more information on the new patient application process, please contact the Patient Registration desk at (505) 869-3200.

OCTOBER²⁰²¹ISLETA HEALTH CENTER ^{Questions? Call 869-3200}					
SAT/SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
869-4595	e Prevention Program:	ISLETA HEALTH SUPPORT GROUP Basic Diabetes Education Tuesday, October 12, 2021 Isleta Health Center Kitchen RSVP by October 11th Contact Stephanie Barela 869-4479 sbarela@islclinic.net	KALLEN COCO	VEEN CO	1
2/3	4 The Ripple Effect : 9:00 - 12:00pm For more information please call: 869-5475	5 The Ripple Effect : 9:00 - 12:00pm For more information please call: 869-5475 Afterschool Peacemaking Collaborative Program: 3:30-5pm For more information please call: 869-5475	6 The Ripple Effect : 9:00 - 12:00pm For more information please call: 869-5475 Wellbriety Group: 11:00 -12:00pm For more Information please call: 869-5475 Afterschool Peacemaking Collaborative Program: 3:30-5pm For more information please call: 869-5475	7 <i>CLINIC OPENS AT 9:50am</i> ICAP Sewing Class - 5:00- 7:00pm @IHC Training Center. For more information please call: 869- 5475	8
9/10	11 The Ripple Effect : 9:00 - 12:00pm For more information please call: 869-5475	12 The Ripple Effect : 9:00 - 12:00pm For more information please call: 869-5475 Afterschool Peacemaking Collaborative Program: 3:30-5pm For more information please call: 869-5475	13 The Ripple Effect : 9:00 - 12:00pm . For more information please call: 869-5475 Wellbriety Group: 11:00 -12:00pm > For more Information please call: 869-5475 Afterschool Peacemaking Collaborative Program: 3:30-5pm For more information please call: 869-5475	14 <i>CLINIC OPENS AT 9:50am</i> I CAP Sewing Class - 5:00- 7:00pm @IHC Training Center. For more information please call: 869- 5475	15
16/17	18 The Ripple Effect : 9:00 - 12:00pm For more information please call: 869-5475	19 The Ripple Effect : 9:00 - 12:00pm For more information please call: 869-5475 Afterschool Peacemaking Collaborative Program: 3:30-5pm For more information please call: 869-5475	20 The Ripple Effect : 9:00 - 12:00pm For more information please call: 869- 5475 Wellbriety Group: 11:00 -12:00pm For Information please call: 869-5475 Afterschool Peacemaking Collaborative Program: 3:30-5pm For more information please call: 869-5475	21 <i>CLINIC OPENS AT 9:50am</i> ICAP Sewing Class - 5:00- 7:00pm @IHC Training Center. For more information please call: 869- 5475	22
23/24 30/31	25 The Ripple Effect : 9:00 - 12:00pm For more information please call: 869-5475	26 The Ripple Effect : 9:00 - 12:00pm For more information please call: 869-5475 Afterschool Peacemaking Collaborative Program: 3:30-5pm For more information please call: 869-5475	27 The Ripple Effect : 9:00 - 12:00pm For more information please call: 869-5475 Wellbriety Group: 11:00 -12:00pm For Information please call: 869-5475 Afterschool Peacemaking Collaborative Program: 3:30-5pm For more information please call: 869-5475	28 <i>CLINIC OPENS AT 9:50am</i> ICAP Sewing Class - 5:00- 7:00pm @IHC Training Center. For more information please call: 869- 5475	29





CHR SERVICES

We can help provide transportation to your next medical appointment or help get you your medication from Isleta Health Center. Give us a call for more information.

869-4485