



Isleta Pueblo News

Governor’s Report

Maguwam,
Hello everyone! Administration hopes that everyone had a safe and joyous Christmas. We also want to wish everyone a safe and Prosperous New Year. We pray that the New Year will bring us light at the end of the tunnel in regards to Covid-19. This November we hit our highest total number of positive cases for the year, 141 positive cases. This is very similar to the spike we saw last year in the same month with a total of 153 cases. Our cases have decreased and we now currently as of this writing have 9 positive cases within the Pueblo. There is a total of 15 Pueblo of Isleta Residents that are quarantined for close contact. A total of 9 households are being monitored. At this time there is 1 hospitalization.

The following graphs depict the age and gender demographics for November 2021. In summary for November 2021, there were a total of 141 cases. The average age of cases was 29 years. Approximately 55% of the total cases in November 2021 were female and 45% male. There were a total of 88 individuals who were not vaccinated or fully vaccinated which made up 62% of the total cases for November. Fifty-three (53) fully vaccinated individuals made up 38% of the total positive cases (see graphs below).

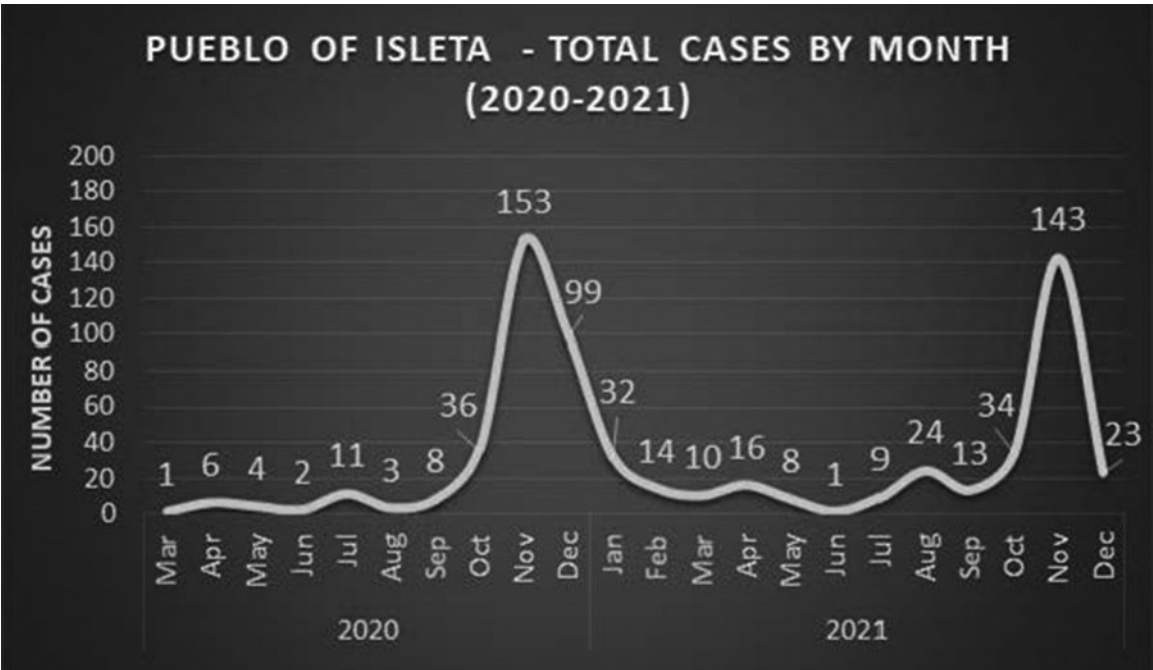
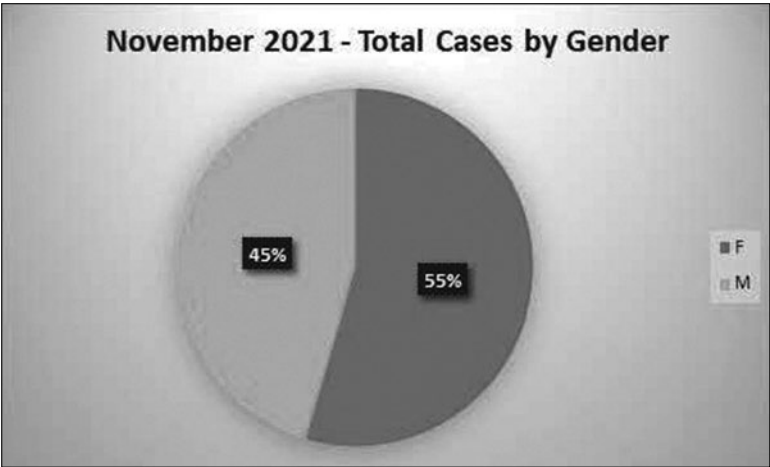
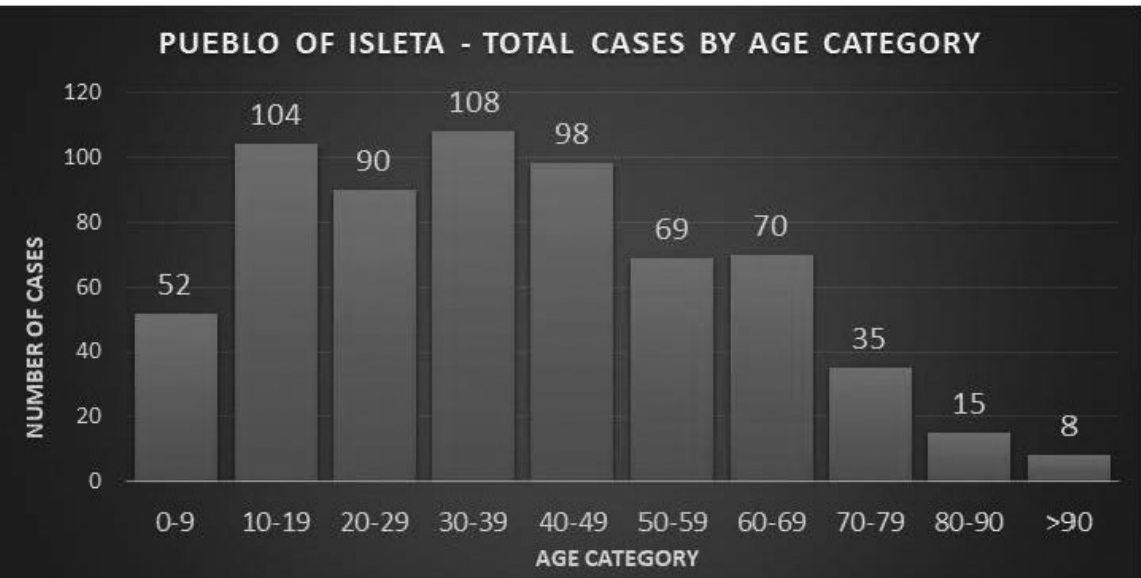
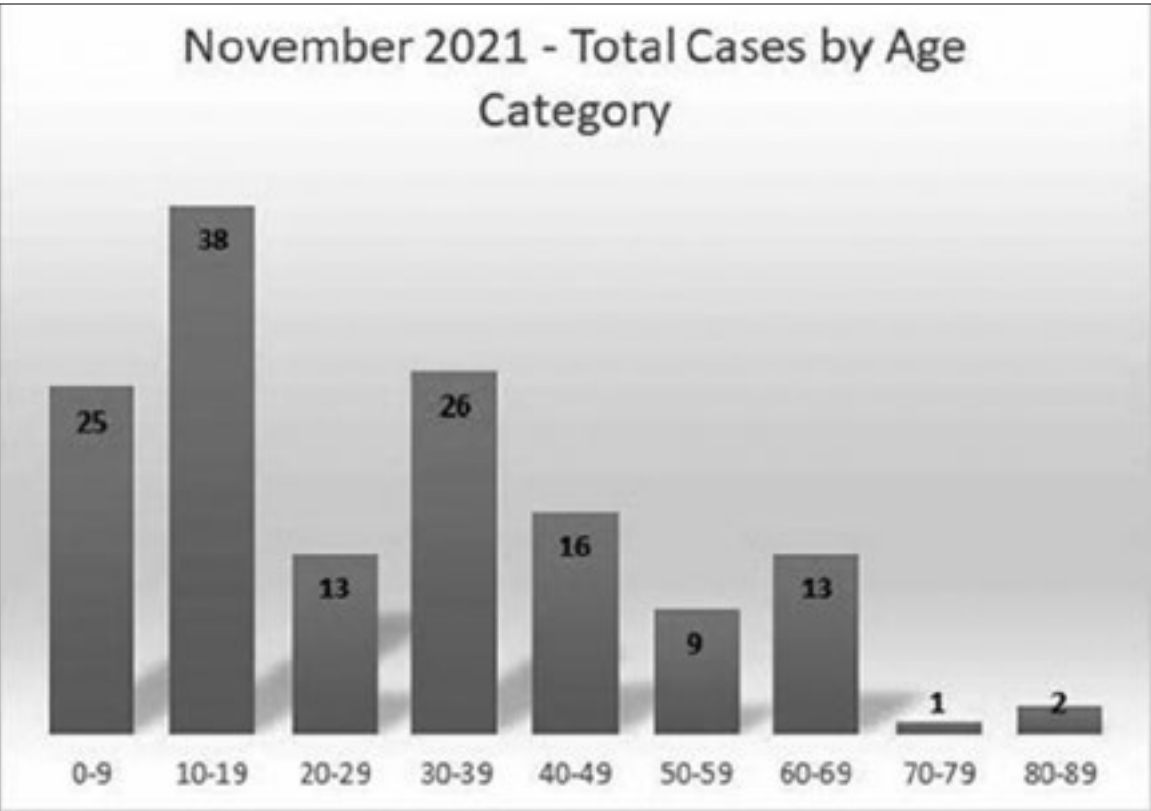
Nov-21		
Vaccination Status	Number	Percentage
Not vaccinated/not fully-vaccinated	88	62%
Fully-vaccinated	53	38%

Nov-21	Not Vaccinated	Vaccinated
Average age (years)	21	42
Female	48	29
Male	40	24
Total	88	53

Furthermore, the IHC COVID-19 Response Team is observing that the virus spreads very easily and rapidly within households, and predominantly among the unvaccinated who are reporting more severe symptoms. Please do your best to keep you and your family safe. Get tested immediately if you have COVID-19 like symptoms, get vaccinated, and comply with the current Public Health Order.

Stay safe, get tested, and get vaccinated! Call 505-869-9720 if you or a loved one are experiencing symptoms, for vaccine scheduling and information, or guidance on getting Monoclonal Antibody Treatment. Administration would like to apologize and clear up any misinformation about the Ham distribution. Our staff worked hard at acquiring a contract with Albertson’s to fulfill our ham order. The process began in September to get this order filled. Unfortunately, Albertsons on December 6, 2021 announced a removal and recall of Spiral Sliced Seasoned Uncured ham due to potentially being contaminated with Listeria monocytogenes. Listeria monocytogenes is an organism which can cause serious and sometimes fatal

(Continued, Next Page)



infections in young children, frail or elderly people and others with weakened immune systems. Although healthy individuals may suffer only short-term symptoms such as high fever, severe headache, stiffness, nausea, abdominal pain and diarrhea, *Listeria* infection can cause miscarriages and stillbirths among pregnant women. Due to the short notice it was impossible to get such a large order placed and delivered by the distribution dates of December 14 and 15. Due to the unforeseen circumstances, we had to cancel the distribution of hams for the Christmas Holiday.

Western Spirit Transmission Line

On December 6, 2021, Pattern Energy Group LP (Pattern Energy) and the New Mexico Renewable Energy Transmission Authority (RETA) announced today the Western Spirit Transmission line has been energized and is fully operational. The 155-mile 345 kV transmission line, developed jointly by Pattern Energy and RETA, will collect up to 800 megawatts (MW) of wind power from central New Mexico and connect it to the electric grid managed by Public Service Company of New Mexico (PNM) near Albuquerque. PNM will acquire and operate the transmission line shortly after commissioning (see map.)

The Western Spirit Transmission line is enabling the construction of Pattern Energy’s suite of Western Spirit Wind power projects, which is scheduled for completion at the end of December 2021. Totaling more than 1,050 megawatts (MW), the Western Spirit Wind projects represent the largest single-phase renewable power build out in U.S. history. The four wind projects that comprise Western Spirit Wind are located in Guadalupe, Lincoln and Torrance Counties in central New Mexico. Pattern Energy has more than 4,500 MW of New Mexico wind in operation or development, representing over \$9.5 billion of planned investments. For more information, please visit patternenergynewmexico.com.

About RETA

RETA was created by New Mexico lawmakers to facilitate the development of electric transmission and storage projects. RETA’s role is to encourage and facilitate the development of new transmission and storage infrastructure needed to enable critical development of New Mexico’s extensive renewable energy resources. These projects ensure that power from New Mexico’s remote renewable energy facilities can be connected to both in-state and export electricity markets. In addition, RETA projects upgrade grid reliability, improve operational flexibility, and relieve transmission congestion. For more information, visit <https://nmreta.com>. On December 13, 2021, the Public Service Company of New Mexico (PNM), wholly-owned subsidiary of PNM Resources, Inc. (NYSE: [PNM](#)), closed on its purchase of the Western Spirit transmission line and service under the Transmission Service Agreements has begun. PNM announced on May 1, 2019 that it had entered into an agreement with affiliates of Pattern Energy Group 2 LP (“Pattern”), and the New Mexico Renewable Energy Transmission Authority (“NM RETA”) to acquire a renewable transmission project, Western Spirit, which will support the development of new wind resources in eastern New Mexico. NM RETA and Pattern partnered to develop and construct the Western Spirit transmission

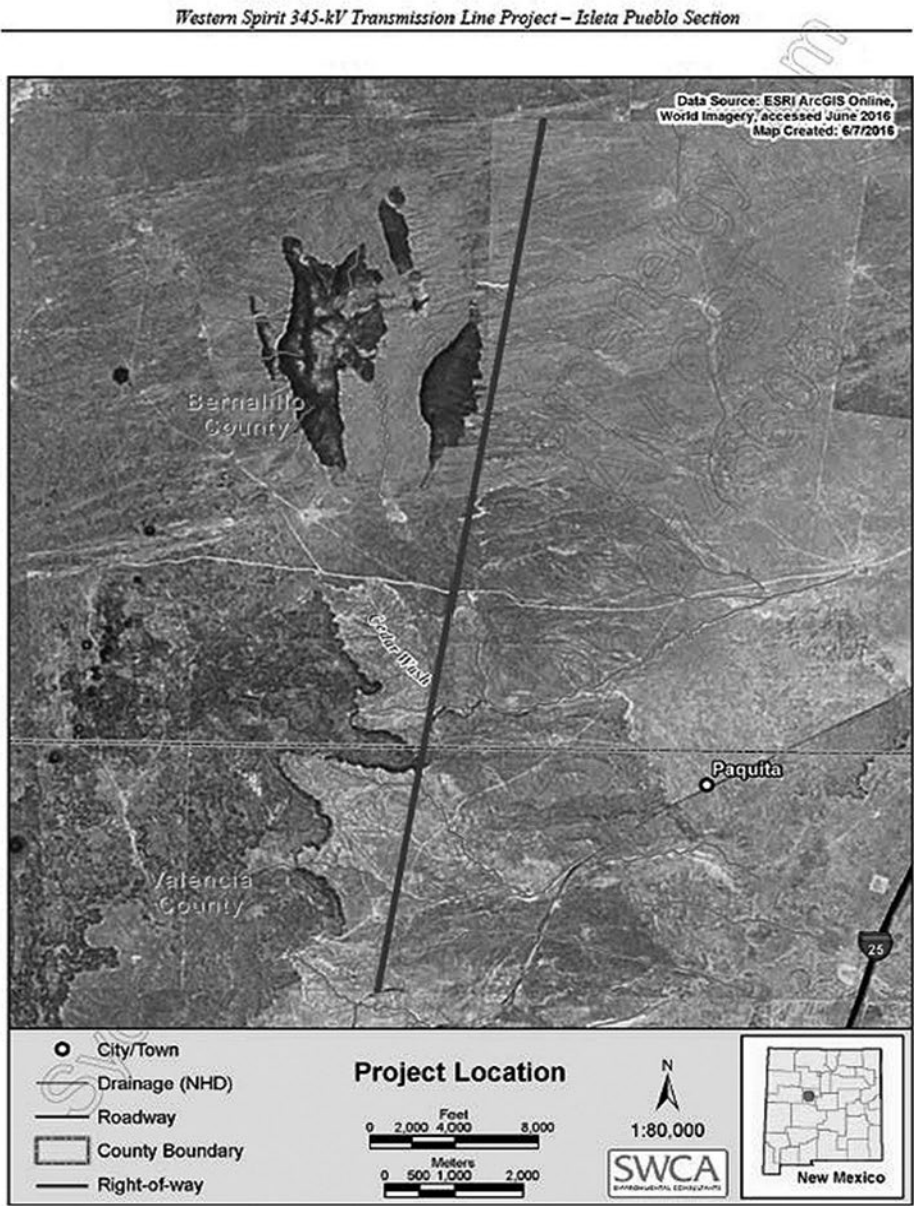
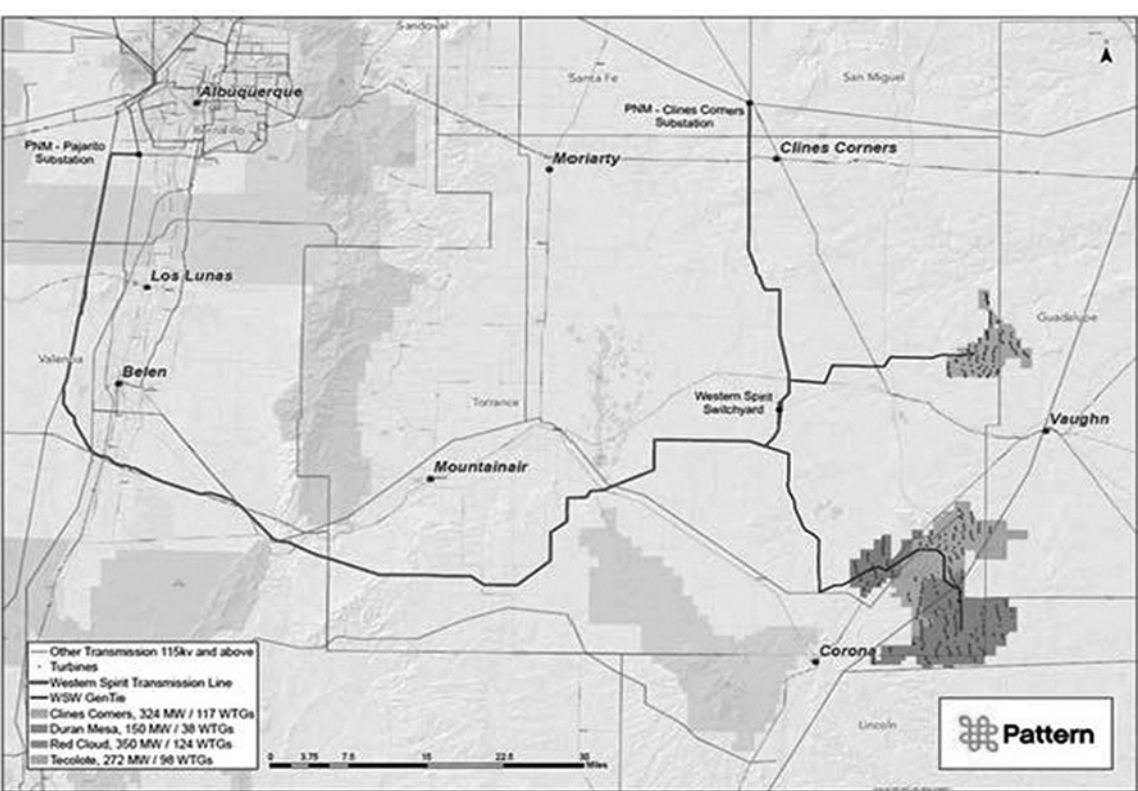


Figure 2. Project location map with aerial background.

project, and PNM has acquired the project as planned. The capacity additions strengthen the existing PNM transmission system and provide upgrades to accommodate 800 megawatts of new wind energy. (To note, Pattern Energy provided the above Western Spirit Transmission Line information). Approximately, 8.4 miles of the Western Spirit Transmission line transverses the westside of Isleta. The Tribal Council approved the right of way (ROW) in 2015, for 30 years. Unlike other ROW through non-tribal land being perpetual, PNM or subsequent owners would have to undergo re-negotiation at that time.

NM 2021 Special Session and Re-Districting

Our lobbyist, the Setter Group, provided the following report. The special session began at noon on Monday, December 6th

and wrapped up on Friday, December 17. The Legislature sent the following bills to the Governor:

HB 2 – General Appropriations - Appropriated approximately \$478 million in federal funds for various projects. The remaining \$591 million in federal funds was transferred to the general fund. Notable expenditures include \$10 million for tribal libraries (to plan, design, construct, renovate and equip and broadband infrastructure through PED), as well as \$133 million overall for broadband.

HB 8 – Redistricting House - The State House of Representatives’ redistricting maps included the tribal consensus maps.

Passage of this bill was still controversial from the Republicans’ point of view, but the
(Continued Next Page)

Governor is expected to sign it. It is anticipated the New Mexico Republican Party will contest it in court. https://www.nmlegis.gov/Redistricting2021/Maps_And_Data?ID202=221619.1

HB 9 – CRC Redistrict PEC; Concept E (Chaptered) - The Public Education Commission redistricting maps passed with little comment or fanfare.

HB 11 – Medical Malpractice Changes - This bill made changes to the medical malpractice bill that was passed earlier in the year to clarify definitions and limits for independent health care providers.

SB 1 – Congress Redistricting (Chaptered) - The Congressional redistricting maps included the tribal consensus maps.

There is a lot of controversy surrounding the maps with Republicans saying they are deliberate, Democratic gerrymandering of the Congressional districts, and some Democrats, claiming the new districts may overly favor Republicans. It is anticipated the maps will be challenged in court. https://www.nmlegis.gov/Redistricting2021/Maps_And_Data?ID202=221648.1

SB 2 – Senate Redistricting - NM State Senate maps took over a week to work out after changes were made unexpectedly to the bill that altered tribal consensus maps. After intense negotiations between the tribal Ad Hoc Committee and Senate leadership, an agreement was reached over the maps. Republicans will

definitely challenge the map in court, as will some independents. https://nmlegis.gov/Redistricting2021/Maps_And_Data?ID202=221780.1

Overall, Tribes did well in preserving the maps for districts that met the guidelines and principles agreed upon and that Isleta supported. Our continued support made a huge difference. Even if the maps are ultimately altered by the courts, the tribal districts are likely to remain intact.

Burn Permits and Wood Hauling


We would like to remind everyone that Burn Permits issued in 2021 will now be expiring on December 31, 2021. We will send out a notice to the community when the new permits for 2022 are available. Also Wood permits will be continued to be issued until December 31, 2021. New Permits must be acquired also for 2022 and again a notice will be sent out to the community when those are ready to be issued.

As of current the Manzanos will continue to be open for access for wood hauling. Please be respectful and make sure to follow all the rules as stated on the permit you signed for. Remember, sale of wood off the Pueblo that is harvested on the Pueblo by a tribal member is prohibited. If anyone should see any violations, please do the right thing and report it. You can call the non-emergency number to report any wood harvest or game harvest violations. You may also call the Open Space Department at 869-7561.

As we move forward and plan for this year we are looking forward to collaborating with the tribal council on reestablishing the Department of Natural Resources. Identify needed plans for the Pueblo such as land use and water use plans. We will also identify projects for the use of the American Rescue Plan Act monies appropriated by the United States Treasury Department. We are hoping to get the Chical Well project and the Los Padillas Well project started with these funds. We have applied for a Broadband infrastructure grant to move forward with broadband to the community. We also plan to open the Yonan An Museum this year. We will inform you as we move closer to an opening date.

I pray the creator gives us strength and leads all of us in the right direction this year. I pray that we will one day have our feast days and dances and to hear the drum and songs to fill our hearts and call upon the rain to have a fruitful year. I pray that each and everyone one of you have a long, healthy, and prosperous life.

Haw-wu,
Vernon B. Abeita
Governor



Isleta Pueblo News

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Diane Abeita

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CALL for APPLICANTS

Any tribal member interested in serving on the following Board is encouraged to submit a Letter of Interest, along with a resume to the Tribal Council Office.

- Tribal Enrollment Committee

If you have any questions, please contact the Tribal Council Office at **505-869-9746**.

Please Note: The Tribal Council Office kindly requests that all Letters of Interest and Resumes be mailed or emailed to the following addresses:

MAILING ADDRESS

ATT: Tribal Council
P.O. BOX 1270
Isleta, NM 87022

EMAIL ADDRESS
poitribalcouncil@gmail.com

COVID-19 COUNSELING
& SUPPORT SERVICES

IT'S FREE &
ANONYMOUS.

CALL (505) 954-1057



CALL for APPLICANTS

The Tribal Council is actively seeking applications for the **Pueblo of Isleta Health Board**.

The following criteria should be considered when submitting your application:

- Health Board members are expected to have knowledge of business, boards, and management practices related to health care, or to have the ability and interest to develop a working understanding of medical processes, standards of care, policies and procedures, regulations, laws, planning, and problem resolution, tribal health, and knowledge of the culture of the Pueblo of Isleta.
- Health Board members must be committed to conducting Health Board business with confidentiality, professionalism, and ethics.
- Health Board members must be willing to dedicate sufficient time to attend regular, special board, and committee meetings and adequately prepare for such meetings by reviewing Board packets or other information provided to Board members.
- Health Board members must meet the minimum standards of character of the Indian Child and Family Violence Prevention Act, 25 U.S.C. § 3207, and associated regulations, and must have and successfully pass a criminal background check before appointment to the Health Board.
- Employees of the Pueblo of Isleta Health Services Department and their spouses, partners, and first-degree relatives (parents, siblings, or children) are not eligible for nomination or appointment to avoid conflicts of interest. Indian Health Service, Bureau of Indian Affairs, or Bureau of Indian Education employees shall obtain clearance from their agency prior to serving on the Health Board.

This is an appointed two-year term. **To apply, please submit a Letter of Interest, along with a resume, to poitribalcouncil@gmail.com or mail to:**

ATT: Tribal Council
P.O. BOX 1270
Isleta, NM 87022

If you have any questions, please contact the Tribal Council Office at 505-869-9746.

ISLETA HEALTH CENTER

Ma Gu Waam from
Shay Jaramillo, BSN, RN



Happy Holidays to everyone! I hope everyone is staying safe.
It is that time of year again; flu shot season. Call to schedule your flu shots today, 6 months and older are eligible.

Below are some helpful Q&A tips about the Medical department:

- Did you know that you have to call at 8:00am for a walk in appointment? Dial 869-4385 to speak to a nurse, and remember we open at 10:00 am on Thursdays.
- Did you know we now have a pediatrician? His name is Dr. Sapien and he joined the IHC team on June 28, 2021. He is here twice a month; make an appointment for your child(ren) today.
- Did you know if you are transported by ambulance from the Health Center that you will still need to notify PRC within 72 hours?
- Did you know you can now print your child(ren)s or your own vaccine record? Visit VaxViewNM.org to print.
- Did you know you could request your medication refills without asking your doctor? This can be done by calling the Pharmacy refill line or the pharmacy directly. If you are out of refills, the pharmacy staff will ask your doctor to refill the medication for you.
- Did you know the best way to prevent illnesses such as the flu, cold and COVID is to WASH YOUR HANDS? Washing your hands with soap and warm water as soon as you get home from work, school, running errands or being outside will help keep yourself, your family and the community healthy.

What to do if you find a used needle outdoors



People, especially children, must never touch or pick up needles found on the ground. Discarded needles can be harmful. Needles or hypodermic needles are also known as syringes or sharps.

Cleaning up discarded needles must be done carefully to protect human health and the environment.

If a used or discarded needle is found on Isleta tribal land, please call Isleta Police Dispatch at 869-3030 to report the location so that a qualified tribal employee can safely collect and dispose of the discarded needle.

Individuals who use needles for insulin shots or other medical uses are expected to dispose of their used needles appropriately in sharps containers that individuals have to purchase themselves.

An exclamation mark within a triangular border is the international symbol for caution. Always exercise caution if you see a discarded needle.

If you have any questions about this article, please contact Environment Department at 869-7565.

PROBATES

IN THE MATTER OF THE ESTATE OF:
Isidor Carpio (DOD: 12/15/2013)

Case No. CV-PR-0156-2021

First Notice

TAKE NOTICE that in accordance with notice requirements, a Petition to Probate the Estate of **Isidor Carpio**, deceased **12/15/2013**, has been filed in the Pueblo of Isleta Tribal Court. Any person claiming an interest in the Estate is hereby advised to notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. Claims must be filed in writing. A hearing in this matter has been scheduled for **Tuesday, January 4, 2022 at 1:30 pm** at the Isleta Tribal Court, located at the Tribal Services Complex, 3950 Hwy. 47 SE, Building A, Albuquerque, NM. If you have any questions, please contact the Isleta Tribal Court at (505) 869-9699.

IN THE MATTER OF THE ESTATE OF:
Bernadette L. Gaisthia (DOD: 06/4/2021)

Case No. CV-PR-0117-2021

First Notice

TAKE NOTICE that in accordance with notice requirements, a Petition to Probate the Estate of **Bernadette L. Gaisthia**, deceased **06/04/2021**, has been filed in the Pueblo of Isleta Tribal Court. Any person claiming an interest in the Estate is hereby advised to notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. Claims must be filed in writing. A hearing in this matter has been scheduled for **Wednesday, January 26, 2022 at 9:30 am** at the Isleta Tribal Court, located at the Tribal Services Complex, 3950 Hwy. 47 SE, Building A, Albuquerque, NM. If you have any questions, please contact the Isleta Tribal Court at (505) 869-9699.

IN THE MATTER OF THE ESTATE OF:
Juan Felipe Lucero (DOD: 05/15/2020)
Doris A. Lucero (Maria Dominga Abeita) (DOD: 07/10/2018)
Patrick Angelo Lucero (DOD: 09/08/2020)

Case No. CV-PR-0116-2021
(ALL cases Consolidated)

First Notice

TAKE NOTICE that in accordance with notice requirements, a Petition to Probate the Estate of **Juan Felipe Lucero**, deceased **07/12/2021**, **Doris A. Lucero**, deceased **07/10/2018**, and **Patrick A. Lucero**, deceased **09/08/2020**, has been filed in the Pueblo of Isleta Tribal Court. Any person claiming an interest in the Estate is hereby advised to notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. Claims must be filed in writing. A hearing in this matter has been scheduled **To Be Determined (TBD)** at **TBD** at the Isleta Tribal Court, located at the Tribal Services Complex, 3950 Hwy. 47 SE, Building A, Albuquerque, NM. If you have any questions, please contact the Isleta Tribal Court at (505) 869-9699.

IN THE MATTER OF THE ESTATE OF:
Jose Francisco Roberto Jojola (DOD: 02/15/2021)

Case No. CV-PR-0144-2021

Second Notice

TAKE NOTICE that in accordance with notice requirements, a Petition to Probate the Estate of **Jose Francisco Roberto Jojola**, deceased **02/15/2021**, has been filed in the Pueblo of Isleta Tribal Court. Any person claiming an interest in the Estate is hereby advised to notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. Claims must be filed in writing. A hearing in this matter has been scheduled for **Wednesday, January 05, 2022 at 9:30 am** at the Isleta Tribal Court, located at the Tribal Services Complex, 3950 Hwy. 47 SE, Building A, Albuquerque, NM. If you have any questions, please contact the Isleta Tribal Court at (505) 869-9699.

IN THE MATTER OF THE ESTATE OF:
Mary J. Coriz (DOD: 04/19/2021)

Case No. CV-PR-0147-2021

Second Notice

TAKE NOTICE that in accordance with notice requirements, a Petition to Probate the Estate of **Mary J. Coriz**, deceased **04/19/2021**, has been filed in the Pueblo of Isleta Tribal Court. Any person claiming an interest in the Estate is hereby advised to notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. Claims must be filed in writing. A hearing in this matter has been scheduled for **Wednesday, January 05, 2022 at 10:45 am** at the Isleta Tribal Court, located at the Tribal Services Complex, 3950 Hwy. 47 SE, Building A, Albuquerque, NM. If you have any questions, please contact the Isleta Tribal Court at (505) 869-9699.

IN THE MATTER OF THE ESTATE OF:
Reynita M.C. Lente Jaramillo (DOD: 03/14/2017)

Case No. CV-PR-0160-2021

Second Notice

TAKE NOTICE that in accordance with notice requirements, a Petition to Probate the Estate of **Reynita M.C. Lente Jaramillo**, deceased **03/14/2017**, has been filed in the Pueblo of Isleta Tribal Court. Any person claiming an interest in the Estate is hereby advised to notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. Claims must be filed in writing. A hearing in this matter has been scheduled for **To Be Determined (TBD)** at **TBD** at the Isleta Tribal Court, located at the Tribal Services Complex, 3950 Hwy. 47 SE, Building A, Albuquerque, NM. If you have any questions, please contact the Isleta Tribal Court at (505) 869-9699.

IN THE MATTER OF THE ESTATE OF:
Frances Pabulita Anchondo (DOD: 08/31/2021)

Case No. CV-PR-0167-2021

Second Notice

TAKE NOTICE that in accordance with notice requirements, a Petition to Probate the Estate of **Frances Pabulita Anchondo**, deceased **08/31/2021**, has been filed in the Pueblo of Isleta Tribal Court. Any person claiming an interest in the Estate is hereby advised to notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. Claims must be filed in writing. A hearing in this matter has been scheduled for **TBD** at **TBD** at the Isleta Tribal Court, located at the Tribal Services Complex, 3950 Hwy. 47 SE, Building A, Albuquerque, NM. If you have any questions, please contact the Isleta Tribal Court at (505) 869-9699.

LETTER FROM THE EDITOR

DEADLINE for February Newsletter articles is set for Wednesday, January 19, 2022, at 4:30 pm. Articles may be dropped off at the Library or emailed to Nathaniel.Lujan@isletapueblo.com. Should you email your article, expect a confirmation email. If you do not receive a confirmation email, odds are it never made it to me and then it’s time to panic, so call Nate at 505.869.9808.

People who wish to submit an article or flyer are responsible for generating their own article or flyer. Should you need help, please call the Library at 505.869.9808 and set up a date and time to sit down with a Library staff member who will help you throughout the process. The Library will NOT accept notes dropped off at the Library or information over the phone to generate your article.

PROBATES need to be published in the Newsletter for two consecutive months. Probates are considered court documents, therefore, all submitters must provide: 1) Name of Deceased, 2) Date of Deceased 3) Court Case # and 4) Date of Court Date. A Probate form can be found on the Newsletter Archive page at <http://www.isletapueblo.com/newsletters.html>.

CLASSIFIED ADS: The new administration has requested that the Newsletter start a Classified Ad section for Tribal members selling land, houses, mobile homes, vehicles, and farm equipment. Leasing of houses and mobile homes will be accepted. Smaller items which can be sold at the local flea markets or weekly yard sales will NOT be accepted.

Currently, this service is **FREE** to Tribal members. Land, houses, and mobile homes must be within the reservation boundaries. Ads must meet the 160 character limit. Ads that exceed the 160 characters will NOT be submitted into the Newsletter. A single picture may be submitted with the ad. Submitters of classified ads are responsible for generating their own ads as this is a **FREE** service.

As a reminder, Tribal business owners may submit a small flyer at no charge. Like the classified ads, business owners are responsible for generating their own flyers as this is a **FREE** service.

Classified ads and business flyers will be posted no more than two consecutive months. In the event where the Newsletter may exceed the 24-page limit, classified ads and business flyers will be “bumped” for newsletter articles. Again, this is a **FREE** service for Tribal members.

The Isleta Newsletter is owned and operated by the Pueblo of Isleta. Therefore, the Governor of the Pueblo of Isleta has the final say of all articles and contents within the Isleta Newsletter.

For additional questions, you may call the Library and speak with Nate or Diane at 505.869.9808.

The fifteen Newsletter distribution locations are:

1. TR 2 & TR 22 - Chical SE of Community Hall
2. TR 10 - Behind the old 47 Sales
3. TR 1 & TR 5 – Ranchitos / Bosque Farms Reservations Line
4. Ranchitos Park
5. Post Office - Big Tree
6. TR 82 & TR 84 - Teller Road
7. TR 78 & TR 82 - Carlos Trujillo Sr.
8. TR 90 @ Y - CF Padilla
9. Mouse Town Park –
10. Health Center – South end of Health Center Parking lot
11. Library Sunlight & Moonlight Intersection
12. TR 6 - 47 Intersection
13. TR 12 - 47 & 147 intersection (Old Smoke & Save)
14. TR 71 & TR 54 @ Y - Holiday Robot / Paved Road / Railroad Tracks
15. TR 45 & TR 40 @ Y - Tata Mel (POI Signage)



RECYCLE RIGHT ISLETA!

WHAT DO I PUT IN MY BLUE BIN???

WHAT DO I KEEP OUT OF MY BLUE BIN???

DO RECYCLE

- PLASTICS: BEVERAGE CONTAINERS, SHAMPOO & CONDITIONER CONTAINERS, LAUNDRY DETERGENT & FABRIC SOFTENER CONTAINERS, RIDGID PLASTICS, HAMPERS, CLEAN TUPPERWARE
- ALUMINUMS & TINS: BEVERAGE CONTAINERS, TIN FOOD CANS, FOIL, PIE SHEETS, DOG & CATFOOD CANS
- PAPER: JUNK MAIL, NEWSPAPERS, MAGAZINES
- CARDBOARD: FOOD BOXES SUCH AS CEREAL, CAKE & CRACKER CONTAINERS, SHOE BOXES, BEVERAGE CARRIERS, BREAKDOWN BOXES, REMOVE STYROFOAM, PACKING, PEANUTS & PLASTIC

DO NOT RECYCLE

- GLASS
- PIZZA BOXES
- STYROFOAM
- LIGHT BULBS
- BATTERIES
- HOSES & CORDS
- PAPER PLATES
- NAPKINS
- PLASTIC BAGS
- LIQUIDS
- YARD WASTE

CURBSIDE RECYCLING PROGRAM

Recycle Right Isleta! Here is some information on recycling correctly at home with your blue bin. It is important to keep your recyclables clean. This means please do not place food contaminated products such as used paper plates, napkins, paper towels, plasticware and pizza boxes in your blue bin, please dispose in the trash. A light rinse is helpful, though please keep water usage minimal. When bagging recyclables use clear bags only, clear bags can be purchased where trash bags are sold. Do not bag recyclables in black trash bags. When recyclables are bagged in black trash bags, they are not opened when they reach the recycling facility. The recycling operators assume the black bags are trash and your efforts are wasted. Do not use recycling carts for trash, using recycle carts for trash will result in confiscation. **REDUCE, REUSE, RECYCLE!**

(505)869-4106

KEEP ISLETA BEAUTIFUL!

RETIREMENT OF MARVIN JIRON

The Custodial Division of the Public Works Department would like to thank Mr. Marvin Jiron for over 13 years of service to the Pueblo. Mr. Jiron retired on December 3, 2021. He plans on taking it easy for a while and spending quality time with his grandchildren and children. All of Public Works wishes the very best for Marvin Jiron as he begins this new phase of life. If you happen to see Mr. Jiron, wish him well in his retirement.



Stepping into Mr. Jiron’s shoes as the Supervisor of the Custodial Division is Mr. Eddie Zuni. Mr. Zuni was previously the Lead Custodian and is now taking on the responsibilities of Supervisor.

If you happen to see Mr. Zuni please congratulate him on his promotion.



Marvin Jiron, incognito



Job Postings

Visit us online at
<http://www.isleta.com/career-opportunities.aspx>
Fax: 505-244-8232

OUR LOCATION

Isleta Resort and Casino is located 7 minutes south of downtown Albuquerque at Interstate 25 and Hwy 47, exit 215.
The Human Resources office can be found on the east side of the building through the Employee Entrance doors.

<input type="checkbox"/> Title	Location	Address	City , State	Date Posted ▼
<input type="checkbox"/> BINGO MANAGER	0140 - BINGO	11000 Broadway SE	Albuquerque, NM	12/15/2021
<input type="checkbox"/> Bingo Supervisor	0140 - BINGO	11000 Broadway SE	Albuquerque, NM	12/8/2021
<input type="checkbox"/> SPA ATTENDANT	0595 - SPA MANAGEMENT	11000 Broadway SE	Albuquerque, NM	12/6/2021
<input type="checkbox"/> SLOTS FLOOR ATTENDANT	0100 - SLOTS OPERATIONS	11000 Broadway SE	Albuquerque, NM	12/6/2021
<input type="checkbox"/> APPLICATIONS ADMINISTRATOR II	1550 - MIS (IT)	11000 Broadway SE	Albuquerque, NM	12/3/2021
<input type="checkbox"/> SURVEILLANCE SUPERVISOR	0170 - SURVEILLANCE	11000 Broadway SE	Albuquerque, NM	12/1/2021
<input type="checkbox"/> SUPERVISOR F & B	0327 - F&B SPORTS BOOK BAR		albuquerque, NM	11/30/2021
<input type="checkbox"/> OFF-SITE ATTENDANT	0335 - F&B GOLF COURSE GRILL	11000 Broadway SE	Albuquerque, NM	11/30/2021
<input type="checkbox"/> Floor Beverage Server	0390 - F&B FLOOR BEVERAGE	11000 Broadway SE	Albuquerque, NM	11/29/2021
<input type="checkbox"/> TABLE GAMES SHIFT MANAGER	0120 - TABLE GAMES	11000 Broadway SE	Albuquerque, NM	11/29/2021
<input type="checkbox"/> Revenue Auditor II	1565 - REVENUE AUDIT	11000 Broadway SE	Albuquerque, NM	11/29/2021
<input type="checkbox"/> LAUNDRY ATTENDANT	0270 - HOTEL LAUNDRY	11000 Broadway SE	Albuquerque, NM	11/16/2021
<input type="checkbox"/> HOUSEPERSON	0230 - HOTEL HOUSEKEEPING	11000 Broadway SE	Albuquerque, NM	11/15/2021
<input type="checkbox"/> SLOTS FLOOR ATTENDANT	0100 - SLOTS OPERATIONS	11000 Broadway SE	Albuquerque, NM	11/15/2021
<input type="checkbox"/> ROOM INSPECTOR	0230 - HOTEL HOUSEKEEPING	11000 Broadway SE	Albuquerque, NM	11/12/2021
<input type="checkbox"/> Front Desk Agent	0205 - HOTEL FRONT DESK	11000 Broadway SE	Albuquerque, NM	11/10/2021
<input type="checkbox"/> MECHANIC I	1310 - VEHICLE MAINTENANCE	11000 Broadway SE	Albuquerque, NM	11/10/2021
<input type="checkbox"/> Front Desk Agent	0205 - HOTEL FRONT DESK	11000 Broadway SE	Albuquerque, NM	11/10/2021
<input type="checkbox"/> SLOTS FLOOR TECHNICIAN	0100 - SLOTS OPERATIONS	11000 Broadway SE	Albuquerque, NM	11/9/2021
<input type="checkbox"/> Count Member	0160 - CASH OPS COUNT	11000 Broadway SE	Albuquerque, NM	11/2/2021
<input type="checkbox"/> IT Specialist I	1550 - MIS (IT)	11000 Broadway SE	Albuquerque, NM	11/2/2021
<input type="checkbox"/> Count Member	0160 - CASH OPS COUNT	11000 Broadway SE	Albuquerque, NM	11/2/2021
<input type="checkbox"/> SHOP CLERK	0700 - GOLF COURSE OPERATIONS	11000 Broadway SE	Albuquerque, NM	11/2/2021
<input type="checkbox"/> Main Banker	0150 - CASH OPS CAGE	11000 Broadway SE	Albuquerque, NM	11/2/2021
<input type="checkbox"/> Cage Cashier	0150 - CASH OPS CAGE	11000 Broadway SE	Albuquerque, NM	11/2/2021
<input type="checkbox"/> Assistant Golf Pro	0700 - GOLF COURSE OPERATIONS	11000 Broadway SE	Albuquerque, NM	11/1/2021
<input type="checkbox"/> MAINTENANCE MECHANIC	0701 - GOLF COURSE MAINTENANCE	11000 Broadway SE	Albuquerque, NM	11/1/2021
<input type="checkbox"/> BARTENDER	0327 - F&B SPORTS BOOK BAR		albuquerque, NM	10/28/2021
<input type="checkbox"/> SERVER	0315 - F&B EMBERS	11000 Broadway SE	Albuquerque, NM	10/22/2021
<input type="checkbox"/> F&B SYSTEMS COORDINATOR	0395 - F&B MANAGEMENT	11000 Broadway SE	Albuquerque, NM	10/21/2021
<input type="checkbox"/> SUPERVISOR F & B	0328 - F&B FAT BURGER	11000 Broadway SE	Albuquerque, NM	10/21/2021
<input type="checkbox"/> Guest Service Supervisor	1150 - MARKETING PLAYERS CLUB	11000 Broadway SE	Albuquerque, NM	10/19/2021
<input type="checkbox"/> BAKER I	0380 - F&B BAKERY	11000 Broadway SE	Albuquerque, NM	10/18/2021
<input type="checkbox"/> PASTRY CHEF	0380 - F&B BAKERY	11000 Broadway SE	Albuquerque, NM	10/18/2021
<input type="checkbox"/> DATABASE MANAGER	1130 - MARKETING DATABASE	11000 Broadway SE	Albuquerque, NM	10/18/2021
<input type="checkbox"/> SURVEILLANCE AGENT	0170 - SURVEILLANCE	11000 Broadway SE	Albuquerque, NM	10/14/2021
<input type="checkbox"/> COOK II	0330 - F&B CHILI RISTRA	11000 Broadway SE	Albuquerque, NM	10/14/2021
<input type="checkbox"/> Sr. Director of Human Resources	1510 - HUMAN RESOURCES	11000 Broadway SE	Albuquerque, NM	10/8/2021
<input type="checkbox"/> Slots Lab Technician	0100 - SLOTS OPERATIONS	11000 Broadway SE	Albuquerque, NM	9/30/2021
<input type="checkbox"/> SUPERVISOR F & B	0328 - F&B FAT BURGER	11000 Broadway SE	Albuquerque, NM	9/28/2021
<input type="checkbox"/> HDCT	1355 - CUSTODIAL	11000 Broadway SE	Albuquerque, NM	9/28/2021

<input type="checkbox"/> POOL ATTENDANT	1365 - POOL MAINTENANCE	11000 Broadway SE	Albuquerque, NM	9/28/2021
<input type="checkbox"/> Food Attendant (Chills).	0332 - F&B CHILL COFFEE BAR	11000 Broadway SE	Albuquerque, NM	9/28/2021
<input type="checkbox"/> Custodial Assistant Supervisor	1355 - CUSTODIAL	11000 Broadway SE	Albuquerque, NM	9/28/2021
<input type="checkbox"/> Banquet Server	0340 - F&B CATERING & BANQUETS	11000 Broadway SE	Albuquerque, NM	9/28/2021
<input type="checkbox"/> Banquet Captain	0340 - F&B CATERING & BANQUETS	11000 Broadway SE	Albuquerque, NM	9/28/2021
<input type="checkbox"/> Cook I (Embers).	0315 - F&B EMBERS	11000 Broadway SE	Albuquerque, NM	9/28/2021
<input type="checkbox"/> Cook I (Panda Express).	0329 - F&B PANDA EXPRESS	11000 Broadway SE	Albuquerque, NM	9/28/2021
<input type="checkbox"/> Cook I (Banquets).	0340 - F&B CATERING & BANQUETS	11000 Broadway SE	Albuquerque, NM	9/28/2021
<input type="checkbox"/> Expeditor	0315 - F&B EMBERS	11000 Broadway SE	Albuquerque, NM	9/28/2021
<input type="checkbox"/> Table Games Floor Supervisor	0120 - TABLE GAMES	11000 Broadway SE	Albuquerque, NM	9/28/2021
<input type="checkbox"/> SAFETY SPECIALIST	1520 - RISK MANAGEMENT	11000 Broadway SE	Albuquerque, NM	9/28/2021
<input type="checkbox"/> SLOTS SHIFT SUPERVISOR	0100 - SLOTS OPERATIONS	11000 Broadway SE	Albuquerque, NM	9/20/2021
<input type="checkbox"/> SECURITY OFFICER I	0180 - SECURITY	11000 Broadway SE	Albuquerque, NM	9/20/2021
<input type="checkbox"/> SECURITY OFFICER II	0180 - SECURITY	11000 Broadway SE	Albuquerque, NM	9/20/2021
<input type="checkbox"/> PMT III	1350 - FACILITIES MAINTENANCE	11000 Broadway SE	Albuquerque, NM	9/17/2021
<input type="checkbox"/> CALL CENTER AGENT	0210 - HOTEL RESERVATIONS	11000 Broadway SE	Albuquerque, NM	9/14/2021
<input type="checkbox"/> Guest Service Representative	1150 - MARKETING PLAYERS CLUB	11000 Broadway SE	Albuquerque, NM	9/13/2021
<input type="checkbox"/> FOOD ATTENDANT	0328 - F&B FAT BURGER	11000 Broadway SE	Albuquerque, NM	9/9/2021
<input type="checkbox"/> FOOD ATTENDANT	0329 - F&B PANDA EXPRESS	11000 Broadway SE	Albuquerque, NM	9/9/2021
<input type="checkbox"/> Table Games Dealer	0120 - TABLE GAMES	11000 Broadway SE	Albuquerque, NM	9/8/2021
<input type="checkbox"/> LANDSCAPE TECHNICIAN	0701 - GOLF COURSE MAINTENANCE	11000 Broadway SE	Albuquerque, NM	9/8/2021
<input type="checkbox"/> RETAIL ATTENDANT	0400 - RETAIL ENCHANTMENT	11000 Broadway SE	Albuquerque, NM	9/7/2021
<input type="checkbox"/> VALET ATTENDANT	0250 - HOTEL GUEST SERVICE	11000 Broadway SE	Albuquerque, NM	9/3/2021
<input type="checkbox"/> SOUS CHEF	0370 - F&B EMPLOYEE DINING	11000 Broadway SE	Albuquerque, NM	9/3/2021
<input type="checkbox"/> COOK II	0315 - F&B EMBERS	11000 Broadway SE	Albuquerque, NM	9/3/2021
<input type="checkbox"/> Plumber II	1350 - FACILITIES MAINTENANCE	11000 Broadway SE	Albuquerque, NM	8/26/2021
<input type="checkbox"/> HVAC Tech II	1350 - FACILITIES MAINTENANCE	11000 Broadway SE	Albuquerque, NM	8/26/2021
<input type="checkbox"/> Cashier (Embers).	0315 - F&B EMBERS	11000 Broadway SE	Albuquerque, NM	8/19/2021
<input type="checkbox"/> Room Attendant	0230 - HOTEL HOUSEKEEPING	11000 Broadway SE	Albuquerque, NM	8/11/2021
<input type="checkbox"/> Cook I (Fat Burger).	0328 - F&B FAT BURGER	11000 Broadway SE	Albuquerque, NM	8/4/2021
<input type="checkbox"/> Irrigation Technician	0701 - GOLF COURSE MAINTENANCE	11000 Broadway SE	Albuquerque, NM	8/2/2021
<input type="checkbox"/> Groundskeeper	0701 - GOLF COURSE MAINTENANCE	11000 Broadway SE	Albuquerque, NM	8/2/2021
<input type="checkbox"/> Cook I (Prep).	0385 - F&B PREP KITCHEN	11000 Broadway SE	Albuquerque, NM	8/2/2021
<input type="checkbox"/> Custodian	1355 - CUSTODIAL	11000 Broadway SE	Albuquerque, NM	7/26/2021

NOW HIRING



SEPTIC TRUCK DRIVER

Pueblo of Isleta Human Resources
isletapueblo.com/careers
505-869-7584



- \$14.52/hr.-\$19.60/hr.
- CDL Required





Please carefully read your appointment letter which is attached to your referral.


It has valuable information to get you to your appointment on time...

Questions? Call 869-4488

Pueblo of Isleta Career Opportunities


ACCOUNTING DIRECTOR	Treasury	12/30/2021
ADMINISTRATIVE ASSISTANT I	Head Start	12/30/2021
ADMINISTRATIVE ASSISTANT I	Social Services	12/27/2021 - Within Only
AGRICULTURAL IRRIGATION TECHNICIAN	Agricultural Division	Open Until Filled
AUTO & DIESEL MECHANIC	Construction Operations	Open Until Filled
ANIMAL CONTROL OFFICER	Police Department -- Open Space	Open Until Filled
ANIMAL CRUELTY INVESTIGATOR	Police Department – Open Space	Open Until Fitted
ASSISTANT MANAGER	C-Stores	Open Until Filled
BACKGROUND SPECIALIST/ADJUDICATOR	Human Resources	Open Until Filled
BOSQUE RESTORATION CREW SUPERVISOR	Water Resources	Open Until Filled
BOSQUE RESTORATION TECHNICIAN	Water Resources	12/30/2021 - Within Only
BUS DRIVER	Head Start	Open Until Filled
BUSINESS MANAGER	Elementary School	12/27/2021
CAREGIVER (2 Positions)	Assisted Living Facility	Open Until Filled
CARPENTER I, II or III	Housing Authority	Open Until Filled
CERTIFIED FITNESS INSTRUCTOR	Health Services	12/27/2021
COMPUTER IT SPECIALIST	Department of Education	Open Until Filled
CONSTRUCTION FOREMAN	Housing Authority	Open Until Filled
COMMUNITY HEALTH NURSE	Health Services	Open Until Filled
COOK I	Assisted Living Facility	Open Until Filled
COURT CLERK	Tribal Court	Open Until Filled
COVID-19 MEDICAL ASSISTANT	Health Services	Open Until Filled
COVID CUSTODIAN (2 Positions)	Public Works	Open Until Filled
DIRECTOR, CONSTRUCTION OPERATIONS	Construction Operations	Open Until Filled
EARLY HEAD START TEACHER	Head Start	Open Until Filled
EDUCATION ASSISTANT	Elementary School	12/27/2021
FACILITIES WORKER	Head Start	Open Until Filled
FEDERAL PROJECT MANAGER	Housing Authority	Open Until Filled
FILE CLERK	Census	Open Until Filled - Within Only
FINANCIAL ANALYST	Treasury	12/30/2021
GENERAL COUNSEL	Legal Department	Open Until Filled
GRANTS & CONTRACTS MANAGER	Treasury	Open Until Filled
GROUNDS KEEPER	C-Stores	Open Until Filled
GROUNDS MAINTENANCE WORKER	Public Works	Open Until Filled
HEAD START STAFF ASSISTANT	Head Start	Open Until Filled
HOME CARE ATTENDANT	Elder Center	Open Until Filled
HVAC TECHNICIAN	Public Works	Open Until Filled
ICWA COORDINATOR	Social Services	Open Until Filled
INSTRUCTIONAL COORDINATOR	Department of Education	Open Until Filled - Within Only
INTERNAL AUDITOR	Gaming Regulatory	Open Until Filled
LANGUAGE TEACHER	Department of Education	Open Until Filled -Within Only
LEAD CUSTODIAN	Public Works	Open Until Filled
LIFEGUARD	Parks & Recreation	Open Until Filled
MAINTENANCE TECHNICIAN	Public Works	Open Until Filled
MENTAL HEALTH/ADDICTIONS COUNSELOR	Health Services	Open Until Filled
PAINTER	Housing Authority	Open Until Filled
PARKS & MAINTENANCE WORKER	Parks & Recreation	Open Until Filled
PATIENT REGISTRATION CLERK	Health Services	Open Until Filled
PERSONAL CARE SERVICE AIDE (2 Positions)	Elder Center	Open Until Filled - Within Only
PHYSICIAN	Health Center	Open Until Filled
PLUMBER	Housing Authority	Open Until Filled
POLICE OFFICER I - CERTIFIED	Police Department	Open Until Filled
POLICE OFFICER I - CERTIFIED	Police Department - Open Space	Open Until Filled - Within Only
POLICE SERGEANT	Police Department - Open Space	12/27/2021 - Within Only
PRESENTING OFFICER	Tribal Administration	Open Until Filled
PRINCIPAL	Isleta Elementary School	Open Until Filled
RANGELAND MANAGEMENT TECHNICIAN	Rangeland Division	Open Until Filled
RECEPTIONIST	Gaming Regulatory	12/30/2021


REGISTERED NURSE	Health Services	Open Until Filled
ROADWAY MAINTENANCE WORKER I	Construction Operations	Open Until Filled
SALES ASSOCIATE	C-Stores	Open Until Filled
SEPTIC TRUCK DRIVER	Public Works	Open Until Filled
SHIFT LEAD	C-Stores	Open Until Filled
SHIFT SUPERVISOR	Assisted Living	Open Until Filled
TUTOR I	Department of Education	Open Until Filled
REGISTERED NURSE	Health Services	Open Until Filled
ROADWAY MAINTENANCE WORKER I	Construction Operations	Open Until Filled
SALES ASSOCIATE	C-Stores	Open Until Filled
SEPTIC TRUCK DRIVER	Public Works	Open Until Filled
SHIFT LEAD	C-Stores	Open Until Filled
SHIFT SUPERVISOR	Assisted Living	Open Until Filled
TUTOR I	Department of Education	Open Until Filled
VAN DRIVER	Elder Center	Open Until Filled - Within Only
WATER RESOURCE SPECIALIST	Water Resources	Open Until Filled




Now Hiring-

Early Head Start Teachers





Pueblo of Isleta Human Resources
isletapueblo.com/careers
505-869-7584



WHITE EAGLE ELECTRICAL SERVICES IS LOOKING FOR EXPERIENCED JOURNEYMAN ELECTRICIAN'S

MUST HAVE A VALID JOURNEYMAN'S CARD AND ALSO A VALID DRIVER'S LICENSE.

PLEASE SEND RESUME TO WHITEEAGLEELECTRICALSERVICES@GMAIL.COM



- **PRC** will assist with payment for medical services only.
- **PRC** does not cover Durable Medical Equipment like Orthopedic braces, crutches, wheelchairs, hospital beds.
- **PRC** does not cover Labs at other facilities, unless it is associated with a hospital stay.
- **PRC** does not cover pharmacy, rehab services or long term care facilities.

Call PRC for more information.



White Eagle Electrical Services LLC

(505)917-6933
(505)259-4178
Jpirowees@gmail.com

100% NATIVE OWNED
Licensed and Bonded Electrical Contractor EE-98
License #397349
Licensed and qualified local electricians
New Commercial, Retail, and Office estimates
Property Management maintenance agreements
Troubleshooting
Sign repair including neon
Code upgrades
Office and exterior lighting including parking lot lighting
Energy saving
Solar energy
Hookups for appliances and air conditioner units
Ceiling fan and lighting repair
24-hour service

May God bless everyone with Happy Healthy New Year.



whiteeagleelectricalservices.com

Pueblo of Isleta Department of Education

✓ Higher Education Scholarships

✓ PreK-12 Educational Support Services

✓ Tiwa Language Program

✓ Adult Education/ Vocational Programs

✓ Academic Tutoring Support

Contact Us! 505-869-9790

OUR SERVICES

Higher Education Program

We provide a variety of higher education support services to POI enrolled tribal members. Services include finding and applying to vocational schools, colleges, and acquiring outside scholarships.

We also provide supplemental funding to support students obtain a post-secondary degree.

Isleta Educational Assistance Fund

The Pueblo of Isleta recognizes the need to provide families with supplemental funding to assist their child/children in their education.

Who May Apply?

All enrolled tribal members who reside within a 60-mile radius of Isleta Pueblo.

Visit our website or call us to see if you qualify!

Johnson-O'Malley Program

JOM offers services that meet the educational needs of American Indian students from PreK-12th grade.

Services include:

-School Supplies

-Family Nights

-Reimbursement & much more!

American Indian students within the Los Lunas School district and Isleta students attending APS and Santa Fe Indian School qualify for JOM services.

www.isletapueblo.com/tribal-programs/educational-services/

Follow us on Facebook!

Greetings Higher Education Students,

Congratulations to the students who just wrapped up the fall semester and are ready to start the New Year. The Department of Education has been working diligently on making some positive changes to the Higher Education Policies and Procedures. Students will now be required to write a 200 word response to one essay question when applying for the Pueblo of Isleta Department of Education Scholarship application. The essay encourages students to share their reasons why they want to pursue their education and how important an education is. One major change is the deadline date for spring supporting documents has changed from December 31st to January 15th.

Additional changes have been approved by Tribal Council and can be viewed on our website.

The Higher Education Department advises students to please be mindful of the deadline dates. The deadline dates are there to help students turn in documents in on time and help move the funding process in a timely manner.

If you have questions or are interested in attending college or want to return to college, give our office a call at 505-869-9790.

UPDATES from the Department of Education and Language Program

The years 2020 and 2021 have proved to be two of the most challenging years for many. Looking into the New Year we can plan to address some items that remain in our control. We have the ability to plan, take action and improve our daily lives. Sometimes change or improvements come in small steps.

If you had only one granule of sand it would be very difficult to see, but if you had 20 maybe even 100 you would begin to notice. All the little things you do each day add up – choose things that are positive, things that add value to your life and soon you will notice the difference you make for yourself and others. When you succeed, we as a community succeed.

Begin by setting small goals and if things don't work out at first attempt, keep trying. The Department of Education staff would like to support you with your educational and career endeavors.

If you have goals of getting your GED, a Vocational Certificate and/or a Post-secondary degree such as a Bachelors or Masters, please contact the Department of Education. We would be glad to assist you in the process.

As you begin the New Year, even in these challenging times take small steps and make them count! We wish you success.

~ The Department of Education

UNM-Valencia Campus opens the Workforce Training Center

Just a hop and a skip from Isleta

We are excited to share that the University of New Mexico-Valencia Campus has just opened the **WORKFORCE TRAINING CENTER (WTC)** at 1020 Huning Ranch in Los Lunas located just South of the Starlight Cinema. The courses below are available for the high school students who are interested in dual credit and the general public.

Admission for the WTC courses are going through the UNM Valencia Admission office at our regular Valencia campus. To take courses at the WTC, for first time students, an application would need to be completed at the website: <http://valencia.unm.edu/admissions/index.html>

At that point, an email prompt will give instructions for registering for courses through their student account.

Another option would be to visit the UNM Valencia campus, to apply in person at 280 La Entrada Rd., Los Lunas, NM. Offices will be open through Dec 22, 2021 and reopen again January 4th. Courses begin Jan 18th.

UPDATES from the Department of Education and Language Program

Spring Semester 2022 Course Offerings

Courses for College Credit, starting Tuesday, 1-18-22 (contact 505.925.8560 for admissions information)

CRN	Subject and #	Section	Course Name	Days	Times
56310	AEEC 1110	501	Intro to Agricultural Economics	T/Th	9:00 - 10:15 AM
56322	CJUS 2140	501	Criminal Investigation	Sat	9:00 - 11:30 AM
56326	CS 152L	501	Computer Programming Fund.	M/W	1:30-2:45 PM
56393	ECED 1110	501	Child Growth Dev & Learning	M/W	6:00-7:15 PM
0570	ECED 1120	501	Guiding Young Children	M/W	4:30 - 5:45 PM
53320	ENGL 2210	501	Prof & Tech Communication	Wed	10:30 - 11:45 AM
56374	HIST 1150	502	Western Civilization I	T/Th	10:30 - 11:45 AM
56360	MFGT 101	501	Technology Foundations	Sat	9:00 - 11:30 AM
40283	MATH 021	503	Introduction to Algebra, Part I	M/W	6:00 - 7:40 PM
51728	MATH 1996	503	T: Critical Thinking for Math, Part I	Mon	5:00 - 5:50 PM
40285	MATH 022	513	Introduction to Algebra, Part II	M/W	6:00 - 7:40 PM
51729	MATH 1996	513	T: Critical Thinking for Math, Part II	Wed	5:00 - 5:50 PM
51315	MATH 1215	501	Intermediate Algebra	M/W	12:00 PM - 1:15 PM
51125	MATH 1215X	503	Intermediate Algebra IA	M/W	6:00 - 7:15 PM
51172	MATH 1215Y	503	Intermediate Algebra IB	M/W	6:00 - 7:15 PM
51276	MATH 1215Z	503	Intermediate Algebra IC	M/W	6:00 - 7:15 PM
50754	MATH 1350	501	Intro to Statistics	M/W	9:00 - 10:15 AM
50815	SPAN 1110	502	Spanish I	T/Th	12:00 PM - 1:15 PM

Adult Education, starting Tuesday, 1-18-22:

Title	Date/Time
English as a Second Language	T/Th, 5:30-8:00pm
Blended Learning	Fri, 9:00-11:00am

Contact 505.925.8900 for more information on

1020 Huning Ranch Loop East • Los Lunas, N.M. 87031 • Valencia.unm.edu

CONGRATULATIONS

LLMS 7TH GRADE GIRLS

BASKETBALL TEAM!



Congratulations on your 1st place championship tournament win in Moriarity! We are all very proud of you girls for your accomplishments on and off the court! With love, your parents.

Pictured from left to right: Lozen A., Sienna F., Alyshia J.

Greetings from the Truancy Department,

We would like to wish everyone a very Happy New Year. We hope your holidays were full of joy. Although the holidays were celebrated differently again this year, we hope it was a wonderful time spent with your family.

With students returning back to school after a long holiday break we know it's difficult to engage them into attending school on a regular basis. There are many ways to help when your child refuses to go to school, here are a few suggestions:

1. Take a kind but firm approach:
 - a. It is important to express kindness as your child may be going through a difficult time, especially during this time.
 - b. Kindness can be expressed by listening to your child talk about their worries, offering advice without raising your voice or in a manner that may make your child feel that you are not listening to them.
 - c. Help them to face their fears, as facing their fears promotes self-confidence.
2. Be consistent:
 - a. Wake up your child at the same time each day with enough time to get ready.
 - b. Have a routine every morning and continuously follow it.
 - c. It's important to remember that even on days your child stays home from school to keep a routine, getting up at the same time and getting ready as if they were going to school.
 - d. Limit TV and video games during the day.
 - e. Encourage your child to complete unfinished assignments and focus on homework as soon as they get home from school.
3. Helping your child through virtual learning:
 - a. Create a work space for your child, have them personalize their work space to feel more comfortable.
 - b. Keep materials that are used often nearby.
 - c. Allow for breaks from the screen as high levels of screen time can have a variety of health effects such as: obesity, headaches, blurred vision and depression.
 - d. Have your child do a light exercise before they attend class online, having them repeat activity during the day in intervals can improve your child's attention. Exercise is a great way to reduce stress and prevent anxiety!
4. Support your child's needs:
 - a. Listen to them share their day's events, this will help them to know you care about what they have to say and that they are being heard.
 - b. This will help them feel important and to also feel that they are valued and supported.

May you and your family have a Happy New Year!



THE UNIVERSITY OF NEW MEXICO

THE WORKFORCE TRAINING CENTER OFFERS MANY OPTIONS FOR MEMBERS OF THE COMMUNITY

- Soft-skills workshops to help you succeed in the workplace (for individuals or tailored to your business)
- Adult Education courses such as English as a Second Language
- Conference/meeting space
- Small Business Development Center located on site
- A variety of courses that lead to the completion of a degree or certificate, such as an Associate of Applied Science in Manufacturing & Industrial Technology
- Customized training to meet the needs of local businesses
- Others to be added to adjust to business and community needs

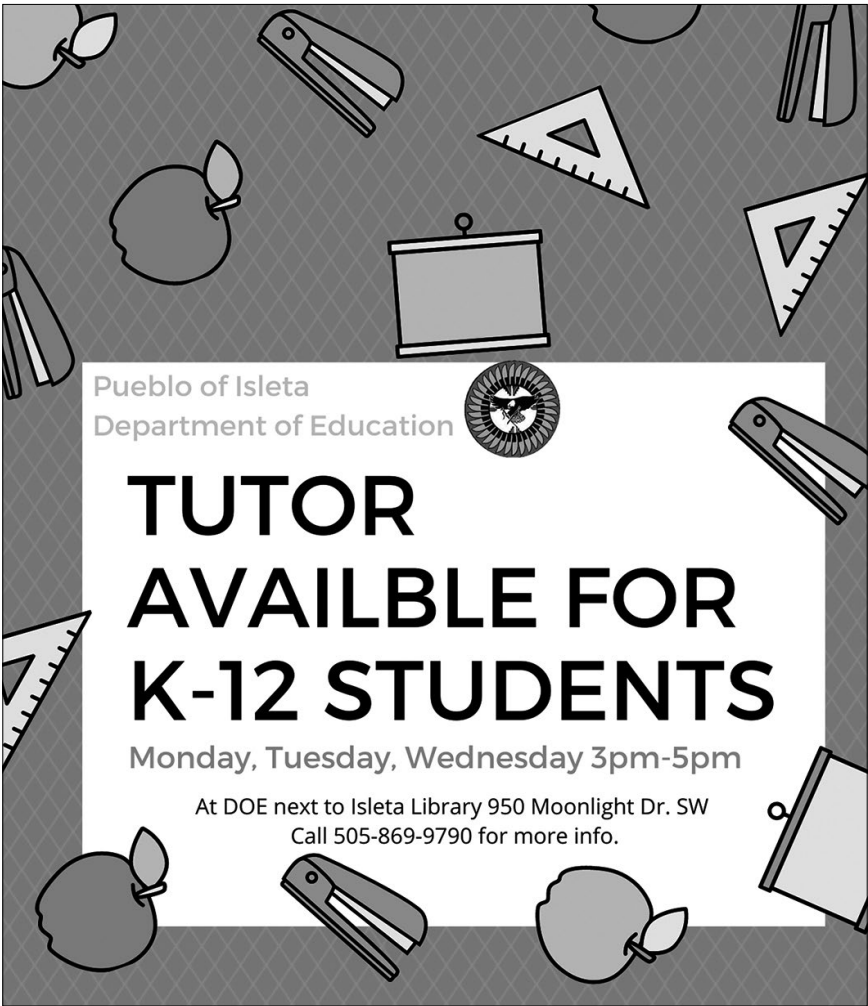
CENTER SPECIFICS

- Four classrooms
- Three computer labs
- A vocational lab
- SBDC office
- Administrative office
- Tutoring area
- Lobby/commons area
- 19,000 square feet

EARN.

LEARN.

THRIVE



Pueblo of Isleta
Department of Education

TUTOR

AVAILABLE FOR K-12 STUDENTS

Monday, Tuesday, Wednesday 3pm-5pm

At DOE next to Isleta Library 950 Moonlight Dr. SW
Call 505-869-9790 for more info.

GETTING STARTED WITH FAFSA

What is FAFSA ?

FAFSA is the Free Application for Federal Student Aid

WHAT WILL I NEED TO FILL OUT THE FAFSA?

TO COMPLETE THE FAFSA APPLICATION YOU WILL NEED:

- **YOUR SOCIAL SECURITY NUMBER**
- **YOUR ALIEN REGISTRATION NUMBER (IF YOU ARE NOT A U.S. CITIZEN)**
- **YOUR FEDERAL INCOME TAX RETURNS, W-2S, AND OTHER RECORDS OF MONEY EARNED. (NOTE: YOU MAY BE ABLE TO TRANSFER YOUR FEDERAL TAX RETURN INFORMATION INTO YOUR FAFSA USING THE IRS DATA RETRIEVAL TOOL.)**
- **BANK STATEMENTS AND RECORDS OF INVESTMENTS (IF APPLICABLE)**
- **RECORDS OF UNTAXED INCOME (IF APPLICABLE)**
- **AN FSA ID TO SIGN ELECTRONICALLY. YOU WILL CREATE A FSA ID WHEN YOU CREATE YOUR ACCOUNT.**

An independent student is one of the following: at least 24 years old, married, a graduate or professional student, a veteran, a member of the armed forces, an orphan, a ward of the court, or someone with legal dependents other than a spouse, an emancipated minor or someone who is homeless or at risk of becoming homeless. If you do not meet the above, you are considered a dependent student, you will also need most of the above information for your parent(s).

Where can I find the Application?

You can fill out the application by visiting <https://studentaid.gov/h/apply-for-aid/fafsa>. You may also visit your college/institution financial aid office for more information.

Federal FAFSA Deadlines

2022-23 Academic Year

The FAFSA form must be submitted by 11:59 p.m. Central time (CT) on June 30, 2023. Any corrections or updates must be submitted by 11:59 p.m. CT on Sept. 10, 2023.

2021-22 Academic Year

The FAFSA form must be submitted by 11:59 p.m. Central time (CT) on June 30, 2022. Any corrections or updates must be submitted by 11:59 p.m. CT on Sept. 10, 2022.



DEPARTMENT OF EDUCATION

SCHOLARSHIP APPLICATION FOR HIGHER EDUCATION AVAILABLE NOW ON OUR WEBSITE

www.isletapueblo.com/tribal-programs/educational-services or Google: POI Educational Services



YOU MAY ALSO FIND OUR UPCOMING EVENTS AS WELL AS LINKS TO SUPPORTING DOCUMENTS ON THE WEBSITE

Application absolute deadline dates :

★ Fall Term/Semester or Full Academic Year – July 1st 11:59pm

★ Spring Term/Semester – November 1st 11:59pm

★ Summer Term/Semester – April 1st 11:59pm

Are you looking to get your certificate, associate, bachelor's, or master's degree? Please contact our office at:

Department Of Education
950 Moonlight Dr. SW
Albuquerque, NM 87105
(505) 869-9790

Supporting document absolute deadline dates:

★ Fall Term/Semester – August 31st 11:59pm

★ Spring Term/Semester – January 15th 11:59pm

★ Summer Term/Semester – May 31st 11:59pm

Updated December 2021

ISLETA BEHAVIORAL HEALTH CLINIC

Isleta Youth Wellness Program

The Isleta Behavioral Health Clinic (IBHC) offers year-round Prevention and Intervention programs that serve at-risk Native American Youth. Information for all IBHC youth programs are provided below:

The **Isleta Youth Wellness Program (IYWP)** is a prevention-based program geared towards youth aged 9 – 17 years of age. This program uses a positive youth development approach through experiential learning to promote mental health awareness by reducing risk factors and increasing protective facts in adolescents with the intention of reducing, delaying or preventing the onset of substance use and/or mental health problems. Through participation in this program, prevention staff will foster positive group cohesion, increase social and emotional competency, and will guide students on how to develop important life skills and promote mental health awareness. The IYWP is built on the foundation of four guiding principles: culture/tradition, experiential education, service ethic, and community cohesion. The IYWP is offered in two different settings:

- **After School:** Program during the fall and spring, youth sessions are offered three days a week from 4:30PM to 6:00PM, with occasional weekend outings. Transportation to and from program is available for all participants residing within the reservation boundaries.
- **Summer:** During the summer, youth sessions are offered for three and half days out of the week, with occasional weekend trips. Transportation to and from program is available for all participants residing within the reservation boundaries.

Power Source is an after-school youth intervention program that targets highly at-risk youth. This program guides participants to develop skills and a lifestyle that promotes a strong sense of self and resiliency, which in turn will aid in the discovery of a sense of purpose and positive outlook for their future. This youth intervention program is held for thirteen consecutive weeks, covering a variety of topics ranging from anger management to mindfulness.

Program questions, concerns or inquires please reach out to our program at 505-869-5475.

*****All youth programs are subject to the most current COVID-19 Public Mandates, which may result in switching to a virtual setting at any time during the program*****

Pueblo of Isleta Public Library

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In-person or Virtual

Take advantage of our FREE services and assistance with:

- Job Applications
- Computer Basics
- Microsoft Office Program Help
- Resume Help & Tips
- Social Media
- Tech Devices



TO MAKE AN APPOINTMENT PLEASE CALL THE LIBRARY AT 505-869-9808 AND SET UP A DATE AND TIME OR FILL OUT A GOOGLE FORM AT [HTTPS://FORMS.GLE/YEGMTHJWFQCU48C8A](https://forms.gle/YEGMTHJWFQCU48C8A)

The Department of Education would like to welcome our new tutors to the Department, Kelly Thomas and Dr. Shivesh Pathak.



Hello! I'm Kelly Thomas, the tutor for the Department of Education-JOM program. I started in November 2021 and I'm enjoying my job so far. I travel to Los Lunas Schools during the week to provide in-person tutoring to high school and middle school students. I provide academic assistance to help students improve their academic performance in core courses such as Math, English, Social Science, and Science. I also tutor elective courses such as Performing Arts, Foreign Languages, Computer Science, and Visual Arts. Tutoring Services are offered to all Native American students attending the Los Lunas School District and all Isleta students attending Albuquerque Public Schools. In-person and virtual tutoring is available by appointment at the Educational Complex.

I started tutoring in February 2019, when I earned a tutoring certificate through the Association of Colleges for Tutoring and Learning Assistance. During the same time, I was attending Southwestern Indian Polytechnic Institute. I tutored my peer classmates taking courses while I was also a full-time student taking 21 college credits. During my time working there, I presented workshops that helped with Organization/ Time Management Skills, Stress Management, Studying Skills, and Note-Taking Skills. I actively engaged with students by having small-group sessions and one-one sessions. A few months later,

the pandemic switched all of SIPI courses to online. This led to providing support to students virtually through Zoom, which was a success. In December 2020, I completed my degree in Pre-Engineering Associate of Science. My goal for tutoring students is for them to become confident and independent life-long learners with the motivation to graduate high school and to continue on Higher Education.



Dr. Shivesh Pathak is postdoctoral appointee who currently works at Sandia National Labs on Quantum Computing and Biophysics. He completed his PhD studies at the University of Illinois at Urbana-Champaign in the fields of Computational Condensed Matter Physics and Mathematics. While finishing his PhD, he also taught many high level undergraduate courses in computing, machine learning, physics, and mathematics. Shivesh is excited to tutor with the Isleta Department of Education and is happy to teach material in computer programming, physics and math at any level of difficulty, including college material.

The schedule for tutorial supports are as follows:

- Los Lunas High School: Tuesday & Wednesdays- Advisory hour
- Los Lunas Middle School: Tuesdays & Wednesdays- Advisory and Lunch
- Valencia Middle School: Thursdays - Advisory and Lunch
- Valencia High School: Thursdays - Advisory hour
- K-12 Grades: Mondays, Tuesdays, Wednesday from 3-5pm

If your student is need of tutorial support, you may request a tutor at: <https://isletapueblo.formstack.com/forms/tutoring>

For more information on the tutoring program, call 505-869-9790.

The Pueblo of Isleta Department of Education, Truancy, Social Services, Behavioral Health programs and Los Lunas Schools have collaborated to develop a referral process with the need to address at-risk students with immediate response.

If your student is struggling with their academics, need additional support, or if you notice a change in their socialization, behavior, etc., complete this referral and the student will be referred to the appropriate service provider who will support them in their area of need.

<https://isletapueblo.formstack.com/forms/nativeamericanreferralform>

The Department of Education and Johnson O'Malley Program appreciate your time in taking our annual surveys to ensure participation satisfaction, program quality, and program effectiveness.

> Please complete the Annual Department of Education/JOM Survey to assist in programming effectiveness and productivity.

https://isletapueblo.formstack.com/forms/2022_doe_jom_annual_survey
The closing date for the DOE/JOM Annual Survey is Friday, January 28, 2022.

> If you have attended any monthly family nights this year or have any interest in monthly family nights, please complete this survey.

https://isletapueblo.formstack.com/forms/2021_doe_family_night_survey
The closing date for the Family Night Survey is Friday, January 21, 2022.



NOTICE

Tiwa Lending Services is no longer located within the Tribal Administration Office.

As we search for permanent space, Tiwa Lending Services will be working remotely.

Below is our contact information for assistance:

Phone:
505-916-0556

Email:
Sheila@tiwalending.org
Miranda@tiwalending.org

Mail:
PO Box 902 Isleta, NM 87022

We thank you for your cooperation through this transition,

Sheila Herrera, Executive Director & Miranda Lente, Loan Officer

PUEBLO OF ISLETA PUBLIC LIBRARY

VIRTUAL TECH

JANUARY DIGITAL LIBRARY

Tuesdays

JOIN US EVERY TUESDAY AT 10AM OVER ZOOM AND LEARN ABOUT THE LIBRARIES DIGITAL SERVICES.

Tuesday 1/11

OVERDRIVE/LIBBY & FREEGAL


Tuesday 1/18

SKILL SHARE

Tuesday 1/25

LINKEDIN

ZOOM MEETING INFORMATION
MEETING ID: 591 840 6202
PASSCODE: TECHNOLOGY
FOR MORE INFORMATION PLEASE CALL THE LIBRARY AT 505-869-9808





Pueblo of Isleta Public Library

Happy New Year to you and your family! It's a new year and a new opportunity to become your best self, and the Pueblo of Isleta Public Library can help. We offer a variety of resources, which is all FREE to use with your library card and it can help you learn a new skill or take up a new hobby this year. Here's to 2022 being a year of discovery, learning, and self-improvement.

News

With the upcoming holidays, unpredictable winter weather, unexpected closures may occur. Library hours are subject to change at any given moment and a notice will be sent out as soon as we know. Please follow us on our Social Media platforms for up-to-the-minute updates on Library closures or delays.

Library Closures:

The Library will be CLOSED on Monday, January 17th in observance of Martin Luther King Jr. Day.

All library media checked out on Thursday, January 13th and Friday, January 14th will be due Tuesday, January 18th.

Our Summer Reading Program Planning meeting will be taking place on January 4th, 5th & 6th from 9am-12pm each day, therefore we will be closed during that time. Once our planning meeting has concluded we will resume regular business hours. Our Junior and Youth curriculums will be developed and turned into a 6-week program during the summer. If you have any questions or concerns about the summer reading program, please call the library and speak with a library staff member at 505-869-9808.

With everything going on regarding the COVID pandemic we would like mention that any programs and events that are planned here at the library are subject to change or be canceled at any time due to the Pueblo of Isleta Health orders. We will continue to plan programs that work for the community even if that means that they will be postponed or virtual. Keep connected with up-to-the minute notifications on any changes or cancellations by following us on our social media accounts.

Have you returned your library material? We are entering a new year so here's your chance to bring in any library material in good condition and there will be NO FINES applied to your library account. There are four ways to check your library account.

- Visit our online library catalog at <https://isletapueblo.booksys.net/opac/pipl/index.html> and log on with your library card and pin number.
- Download our FREE Librista app (Found in the Google Play store and APP Store) on your mobile device and log on with your library card number and pin.
- Visit the library and speak with someone at the front desk.
- Give us a call at 505-869-9808.

You will need a pin number to access your library account online. Speak with a library staff member about setting up a password or a password reset if you forgot. For more information give us a call at 505-869-9808. If you are like millions of Americans, you may have received a new tech gadget this holiday season, but do you really know how to get the most out of it? We can help with our Book a Librarian service in-person or virtual, simply call and make an appointment with one of our Library staff to help you learn the basics of operating your new gadget. Whether you want to download audiobooks, stream music and movies, check out eBook's a world we can help you find a world full of digital content right at your fingertips. Let 2022 be the year you unlock the full potential of your devices, all with a little help from your library. Please give the library a call at 505-869-9808 in advance to set up a day and time that works for you. Calling in advance gives us time to prepare for your needs to better assist you. Come join us for weekly Family Story Time here at the library. For the time being Family Story Time will be virtual, please

make sure and pick your supplies for the crafts before Story Time. Family Story Time is a fun opportunity for parents, grandparents, and caregivers to introduce their children to reading and language. Open for ages 16 months to 5 years old but please keep in mind that it is open



Library Staff preparing gift bags and dinner boxes to hand out for the After School Program Virtual Christmas Party.

JAN
2022

Family Story Time is every Wednesday Starting at 10:30am!

Story time is subject to change to virtual Per POI Public health orders

FAMILY STORY TIME CALENDAR

SUN	MON	TUE	WED	THU	FRI	SAT
2	3		5 Story time Begins: 10:30am Book: Loud Winters Nap Craft: Firework Craft	6	7	8
9	10		12 Story time Begins: 10:30am Book: Bear and Chicken Craft: Paper Plate Polar Bear Craft	13	14	15
16	17		19 Story time Begins: 10:30am Book: No Two Alike Craft: Sparkly Snowflake Craft	20	21	22
23	24		26 Story time Begins: 10:30am Book: How to Catch a Dragon Craft: Dragon Puppet Craft	27	28	29
30	31					



for the whole family to come. For the month of January after Story Time we will be doing crafts that include Construction Paper Fireworks, a Paper Plate Polar Bear, Sparkly Snowflake, and a Dragon Puppet. Story Time will be every Wednesday at 10:30am here at the library. If you have any questions about our story times give the library a call and speak with Cheyenne at 505-869-9808 or email at Cheyenne.Castillo@isletapueblo.com.

Upcoming

Take advantage of our Book-A-Librarian service here at the library. Get assistance with job applications, resumes, computer basics, Microsoft Office, promotional flyers, social media, tablets, laptops and much more. The Book-A-Librarian service allows you to reserve appointments with librarians for up to one hour of uninterrupted, personalized reference assistance. To set up an appointment you can call the library or fill out our form on google docs, information on this can be found at the bottom of the flyer posted in this issue of the newsletter. Please let us know what you need assistance with so we can prepare for your visit. Appointment can be in-person or virtual. If you have any questions or would like more information on this service, please call the library at 505-869-9808.

Join us every Tuesday for our Virtual Tech Tuesdays starting in January. For the month of January, we will be going over our Digital Library. For the first Tuesday we will be going over Overdrive and Libby, followed by Freegal, Skill Share and LinkedIn. We hope this can be an ongoing thing here at the library. No need to sign up just join us via zoom every Tuesday starting at 10am. Zoom meeting information is posted on

the bottom of flyer which is also printed in this issue of the newsletter. If you would like more information about this program, please feel free to call the library at 505-869-9808.

Recap

For the month of December, the library had to postpone all in-person programs. This included the Murder Mystery Dinner Party. We hope to reschedule once we get the go-ahead to have in-person programs once again.

The After School Program is currently virtual until further notice. During this time library staff and students are meeting daily to go over homework and reading followed by a craft or activity. For the month of December, students made crafts such as a Reindeer painting, snow globe, window ornament, and a fleece pillow to name a few. On Tuesday December 21st the library hosted a virtual Christmas Party for students. The afternoon was filled with holiday crafts, gift bags and dinner provided by Dion's. For the crafts, students made a Christmas Gnome, slime and an ornament. It was nice to see everyone even if it was only virtually. We would like to wish all students a wonderful winter break and we can't wait to see everyone next year.

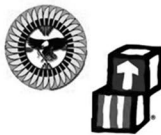
During the month of December Library staff attended a series of trainings that included Mental Health, CPR, First Aid, and Food Handlers course. It was a busy month and we learned so much and the library staff is now recertified for the upcoming New Year. Thank you to Kory Kie from Behavioral Health for providing the Mental Health training to the library staff.



CPR & First Aid Training for the Library Staff.



Mental Health Training for the Library Staff.



Pueblo of Isleta Head Start, Early Head Start, and Child Care Center
2 Sagebrush St. Albuquerque, NM 87105



Important Dates:

- January 3, 2021– Professional Development Day (NO SCHOOL)
- January 4, 2022– Head Start, Early Head Start, & Child Care Services resume
- January 5, 2022– Family Night Activity & Meal Pick-up at 5:00pm-6:00pm
- January 17, 2022– Martin Luther King Jr. Day (NO SCHOOL)
- **Daily Lunch and Breakfast Pick-ups at the center M-F at 11:30am-1pm
- **ALL Services are provided virtual and remote until further notice

Isleta Historical Society

Protect the Land • Preserve the Culture • Honor the Ancestors



This continues a monthly series of articles about historic Isletans and significant happenings at Isleta. The Isleta Historical Society is an independent, inclusive group looking to broaden understanding through vigorous research, interviews, visits to museums and other historical sites etc. We are interested in your reaction to these stories and encourage you to contact us with ideas for future publications. Visit us on Facebook and Instagram @isletahistoricalsociety or email us at isletahistoricalsociety@gmail.com. We will not use any information without your permission. Thank you!

Members: Randy Jiron, Kateri Jojola, Malcolm Ebright, Valentino Jaramillo, Rick Hendricks, and Ted Jojola

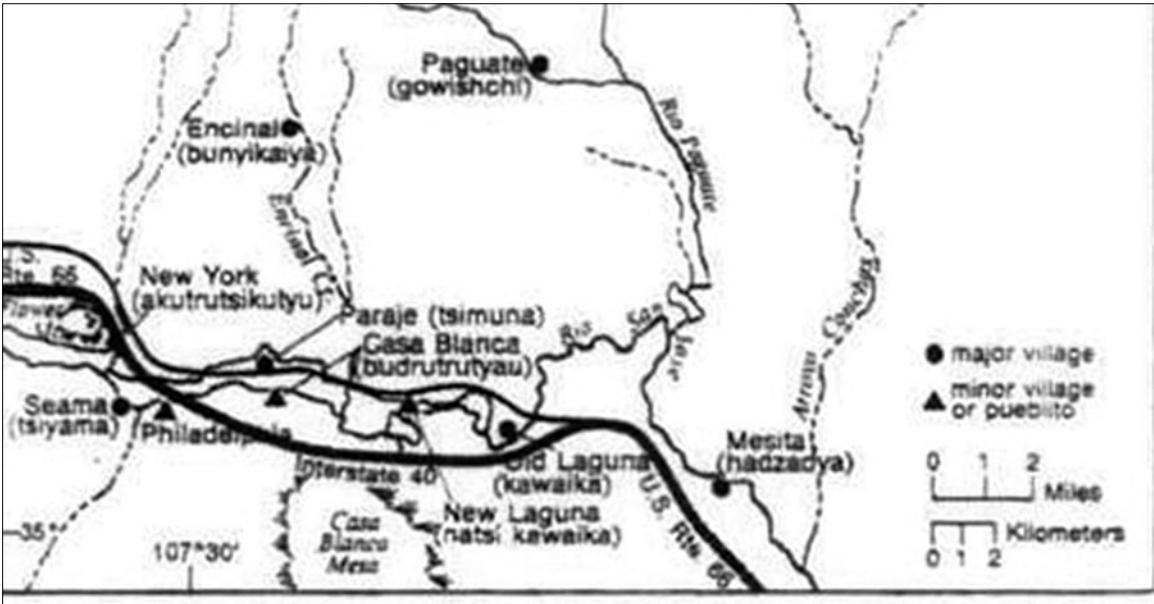
The Laguna Migration to Isleta

In the fall of 1879, a group of some thirty to forty Laguna traditionalists decided to leave the pueblo in protest to the Protestant progressives led by Walter Marmon, who were intent on destroying Laguna’s traditional religion. Although relatively few, they comprised the traditional elite of Laguna society. The migrants, initially headed for Sandia, passed through Isleta, and stopped to rest for a few days. The Lagunas carried with them their sacred religious objects to find them a new home. As they were about to continue their journey to Sandia, the leaders of Isleta induced them to stay. The travelers were offered fields to the south and a plot of land adjacent to the village on which to settle “on the condition that the Lagunas establish their own plaza and kiva within Isleta village proper and there guard the sacred objects.” They settled in the Oraibi section of Isleta.

The Laguna migrants brought new religious ceremonies, new surnames, and new ideas such as Laguna pottery techniques to Isleta. Many important Isletans who we have profiled in this series of articles, such as Paul Shattuck, Agnes Dill, and Miguel Trujillo, had strong Laguna connections. This is the story of what led to the Laguna migration and its aftermath in Isleta.

Laguna was settled after the Pueblo Revolt by displaced Keresans, joined by Indians from Cieneguilla, Santo Domingo, and Cochiti, all refugees from the upheaval. Later influxes of Hopis, Zunis, Navajos, Jemez, and some Acomas contributed to a remarkable heterogeneity at Laguna. All of these Indians had different belief systems and methods of social organization. In the 1850s, Navajo and Apache raids were still a threat, but by 1864, with Kit Carson’s relocation of the Navajos to Bosque Redondo, the raids had ceased. This made it possible for Lagunas to establish small satellite farming villages which were occupied only seasonally. Eventually, these outer villages — Mesita, Encinal, Cañoncito, Paguete, Cebollita, and Casa Blanca — became permanent settlements.

Laguna’s factionalism was due in part to Laguna’s early acculturation due to incursions from outsiders, such as a temporary military camp established in the late 1850s. Other outside contacts came when Lagunas were employed as scouts in the army’s campaign against Mangas Colorados. The Baptist preacher Samuel Gorman and his wife, Catherine, were the first protestant missionaries to arrive in Laguna in 1852. They stayed until the Baptist Mission Society recalled them in 1859. The Catholic Church, most pueblo members, and the governor vehemently opposed the missionaries. During their residency, the Gormans built a house, and in 1858, a chapel. Still, their influence was negligible — they only had one convert — but they planted the seeds for further Protestant influence. By 1870, there was



Laguna towns and part of Laguna Pueblo

significant factionalism at Laguna along Catholic/Protestant lines. During the decade before the Laguna migration, there was an influx of Anglo/Protestants into the pueblo, all of whom were to become an integral part of Pueblo life.

Walter Gunn Marmon, a government surveyor, came to Laguna in 1866 and in 1871 was appointed government teacher in the pueblo. In 1872, his brother, Robert Gunn Marmon, a surveyor and trader, and George Pradt, another surveyor, joined Walter. They established a small colony in the northwestern part of the village. The Marmons found life in Laguna so favorable that they encouraged others in the family to come as well. Several of the Gunn-Marmon family married into the pueblo, furthering their acceptance by the pueblo, and enhancing their influence. Pradt married a Laguna woman, built a home, and started a family. Walter Marmon married the daughter of the chief of one of the strongest religious societies at Laguna, Luis Sarracino. Soon after their arrival, the Marmon brothers and Pradt began making what they thought were improvements in the pueblo. They drafted a constitution modeled after that of the US, which was adopted by the pueblo. In 1872, Laguna held an election, the first pueblo to do so. Each of the Marmons and Pradt served for one term as governor of Laguna. In 1875, the Presbyterian Church took control of the government school and appointed John Menaul to be Walter Marmon’s successor as teacher. Menaul was relentless in his criticism of the Catholic Church, displaying a dogmatism that only aggravated a tense situation.



Laguna group portrait, 1880s, Ben Wittick, photographer

Menaul’s four years of service at Laguna did not lead to much enthusiasm for the Protestant faith. In 1879, Menaul reported a church attendance of seven people, five of whom were Lagunas. By 1883 between thirty and sixty people attended. This was due in part to Menaul’s discovery that his translator was altering the meaning of his words so that the reverend’s message was rendered in a biased manner. The translator then vowed to abandon the “ancient custom” and began translating the true meaning of Menaul’s words. Marmon started a press at Laguna called the Laguna Mission Press that published his own writing, textbooks, and books with Christian themes. During Menaul’s tenure as teacher and Robert Marmon’s term as governor, tensions that had been brewing for many years overflowed. The breaking point occurred when Robert Marmon closed the kivas and permitted the progressive faction to raid and destroy them. “Leaders of the traditional faction were herded into the plaza and forced to watch as the sacred ceremonial objects were burned.” The traditionalists rescued some of the objects, hiding them in the mountains, and later brought them down to Mesita, three miles east of Laguna. They made plans to leave Laguna.

The Migration

Finally, in the fall of 1879, they believed it was time to leave because Laguna was suffering a drought which they ascribed to the desecration of their traditional deities. Their traditional religion had been insulted, and this was the retribution. Led by a group of thirty heads of families, clans or societies, the migrants headed east to Sandia Pueblo on the Rio Grande.

Together with the immediate family members, the group totaled approximately 112 individuals. The 1880 US census of Isleta Pueblo lists the Laguna immigrants on an amendment that states: “Laguna Indians formally adopted by the Pueblo Indians of Isleta.” The group consisted of almost every major religious organization at Laguna Pueblo and was led by Francisco Correo (Kaituri).

The weary and hungry group, traveling by foot and on wagons, arrived on a western mesa on the outskirts of Isleta Pueblo and was met initially by sheep herders who immediately notified Isleta Pueblo civil and religious officials. Isleta Governor Vicente Giron, Cacique Juan Domingo Juipe, and other secular and religious officials provided the Laguna migrants with food, water, and other assistance. Seeing that the Lagunas brought with them ceremonial artifacts, the Isleta officials made an offer: If they would agree to live by Isleta’s unwritten laws and promise never to leave or remove their sacred objects, Isleta would provide them with land for homes and agriculture. The weary Lagunas, eager to end their long journey, accepted the offer. Their religious leader then became town chief for the Laguna Colony located on the hill of Oraibi on the southwest outskirts of the village. Isleta also provided a house for ceremonial activities and a plaza.

Isletans referred to the Laguna colonists as Birnin since they called Laguna Pueblo Berkwi, or rainbow. The colonists represented a wide array of Laguna family names such as Correa, Velho (Vallo), Gayama, Garcia, Rita, Yuwai, Miguel, Martin, Platero, Largo, Chaves, Pedro, Casildo, Alonzo, Chino, Kasero, Guacamaya (Cheromiah?), Dyea, Lorenzo, and many more. When the Laguna migrants arrived in Isleta in 1879/1880, it was believed that they were without patronyms (last names) so they took the names of their Isleta sponsors. Here is a partial list of some of the Laguna colonists and their descendants:

1. Francisco Correa (Kaituri) and his wife Maria (Tsi”tiwi). He was the Kachina chief and leader of the colonists. He was succeeded in his position of leadership by his son, Jose Ignacio (Nacu) Correo, and then by his Isleta nephew, Manuel “Payatema” Abeita.
2. Lorenzo Correa, brother of Francisco Correa and his wife Maria Abeita (Shuitia), had a younger son, Jose Antonio Correo, who was adopted by another Laguna family, Jose Miguel Garcia and his wife, Jesusita. Upon their death, he assumed the name of Garcia and married Maria Gertrudes Chiwiwi. Their children were Refugia Garcia, Jose Fernandez Garcia, and Bernardino Garcia.
3. Jose Antonio Correo and his wife Siu’tina had a son, Jose Tomas Correa, who together with his wife Rufina Kie, had two sons, Fernando and Vicente Correa. Vicente Correa married

Ramoncita Jojola from Isleta and were the parents of Frances Correa married to the late Douglas Jiron). Their son is Phillip Jiron.

4. Matias Garcia and his wife Jesusita were the parents of Juan Rey (Reishu) Chirina and his wife Lupe, Joe Mariano Chirina and his wife Benina Yuwai, and Jose Miguel Chirina (Waipyli) and his wife Jesusita Miguel. Matias’s brother, Jose Miguel Garcia and wife Jesusita Miguel had several children. Among them was Francisco Garcia who married Maria Beatrice Juancho. Their children included Caroline Garcia Olguin, mother of Verna Olguin Teller, the first female governor of the Pueblo of Isleta. The Garcia brothers named above were given the Isleta name of Chirina after their sponsor. A few years after their arrival, however, some of the Chirina family assumed their original Laguna name of Garcia.
5. The family of Laguna emigrant Santiago Chino were given the Isleta name of Torres and kept that name. Former Isleta Governor Eddie Paul Torres is one of hundreds of descendants of Santiago Chino Torres. Other descendants include prominent Isleta families such as Lucero, Benavidez, Abeita, Lente, Carpio, Keryte, Salazar, Zuni, Jojola, Juancho, Martinez, Jiron, Acoya, Aragon, Salvador, and Chiwiwi. Santiago Chino’s relatives in Seama Village at Laguna are the Sowtrum, Leeds, Lockwood, Dyea, and Siow families. Santiago Torres’s daughter, Gregoria Chino Torres, was three years old when she made the walk from Laguna to Isleta. Gregoria married Nicholas Lucero and had four children, including Juan Lucero who married Damasia Trujillo. They had a daughter, Lupita Lucero, who married Juan Bautista Jiron. They had a son named Randy Jiron, former lieutenant governor of Isleta. Today Randy is a farmer and a member of the Isleta Historical Society.
6. Juan Pedro was a widower and had a daughter, Maria Ts’uku. Maria had a son in 1882 whose Isleta godfather, Francisco Chavez, not only gave the child his name, but also gave the Pedro family his Isleta surname as well. The young Francisco Chavez was given the name Seu by the Laguna religious officials. One of his descendants, Sam Chavez, married Pablita Lente and had a daughter named Virginia. Virginia married Jose Eddie "Short" Jojola and had a son, Raymond. Raymond married Theresa Lente, a

Laguna descendant from the Santiago Torres family mentioned above. Their daughter, Kateri Jojola, is currently a member of the Isleta Historical Society. She is the great-great-great-grandchild of Juan Pedro, 1880 Laguna migrant.

7. Jose Martin Platero (Uakwi) and his wife Josefita Martin (Tsiuyaitiwitsa) dropped the Platero name and became Martin. They came from Pagate Village in Laguna. Jose Platero was a silversmith and was featured in an earlier article. His children were Pedro (Felipe) Martin and Marcelina Martin, a potter. Marcelina married Esquipula Lente and had a daughter, Guadalupe Lente. She Married Jose Rey Papuyo and they had a daughter, Juana Bautista, who married Levi Jojola. They had a son, Ted Jojola, esteemed professor of architecture at the University of New Mexico and also a current member of the Isleta Historical Society.

While it has been more than 141 years since the Lagunas made the long journey to Isleta in the winter of 1879 and early 1880, the memories of their struggle to retain the customs and traditions of their Keresan ancestors continue in the hundreds of descendants that live in Isleta and Laguna today. May we never forget the sacrifices these people of strong will and religious determination made for us. Thank you to Dickie Garcia for providing his input on the genealogy of the Laguna Colony.

. . .

Again, we want to thank everyone who has been reading these articles. We invest a great deal of time and energy into these articles, and we do so because we are interested and passionate about the topics we cover. We believe that by sharing these stories with the community it may instill a sense of confidence in who we are as Isletans. We are grateful for all of our readers and have been receiving feedback from the community. Some of you have even reached out with ideas about what topics to cover next or areas of interest for the Historical Society to dig deeper into. We thank you for your interest in the stories we are telling about the Pueblo and the people and encourage you to reach out to us with any information, ideas, or comments that you feel would be helpful to us. We will soon be publishing on our social media platforms so be on the lookout for that content. Again, any information is greatly appreciated and will not be used without your permission. Thank you!



Lt. Governor Randy Jiron -
Photo by Dick Garcia



Maria Marcelina Martin -
Unknown Photographer



Governor E. Paul Torrez,
Photo by Dick Garcia



Manuel “Payatema” Abeita,
Photo courtesy of Frances Abeita



Governor Verna Teller,
Photo by Geraldine Lujan



Guadalupe “Lupe” Abeita,
Photo by Owen Mills



Nepomucemo Lente and
Rosalia Torrez Lente,
Photo Courtesy of Smithsonian
Library



Josecito and Juana Bautista
Santana Lente Jiron,
Photo courtesy of Yvonne
Acoya



Juana Correa –
Photo by Karl E. Moon

Self-Care Tips During the COVID-19 Pandemic

Stephanie Barela, Isleta Health Center Health Educator • Phone: 505-869-4479 • sbarela@islclinic.net
<https://www.mayoclinichealthsystem.org/hometown-health/speaking-of-health/self-care-tips-during-the-covid-19-pandemic>

It has been a very overwhelming year with COVID-19. Many of us are working longer/busier hours; we are constantly given updated information; some of us have been caring for family; and many of us are concerned about our family or ourselves contracting COVID-19. It is important to remember to take a minute for ourselves and take a breath, collect our thoughts and remain calm.

According to the Mayo Clinic, it is “normal to feel stressed or overwhelmed during uncertain times.” They mention that we may be feeling many emotions in response to this uncertainty, including anxiety, fear, anger and sadness, as well as, helpless, discouraged and occasionally out of control. Not only do we feel these emotions, but the stress can come out in a physical response as well, such as a headache, muscle tension, fatigue and sleeplessness. It is really important to take care of yourself during this time, especially so you can be available to help your family through this rough time as well.

Here are a few tips you can use to take care of yourself:
Physical health:

- Fuel your body by, well-balanced **eating a healthy diet and drinking plenty of water.**
- Aim to get **seven to eight hours of sleep each night.**
- **Exercise every day.**
- **Take deep breaths and stretch often.**
- **Avoid risky or destructive behaviors,** such as abusing alcohol or drugs, excessive gambling or ignoring public health recommendations.
- **Spend time outside,** such as going for a walk in the park following the social distancing guidelines.

Mental health:

- Set and **maintain a routine** at home.
- Focus on things you can control.
- Use technology to maintain social connections with your loved ones. Consider a regular check-in schedule to give you something to look forward to.

- Focus your thoughts on the present and things to be grateful for today.
- Listen to music or read books.
- Consume reliable news sources that report facts, and avoid media that sensationalizes emotions. Limit your exposure or take a break from news and social media if you find that it makes you anxious.
- Lean on your personal beliefs and faith for support.
- Look for ways to help your community, such as blood donations, checking on older people in your neighborhood, or donating supplies or money to local organizations.
- Acknowledge and appreciate what others are doing to help you and your community.

Symptoms to watch for

If any of the following symptoms become persistent or interfere with daily functioning and are outside the norm for the COVID-19 pandemic, contact your provider for help and guidance:

- Trouble focusing on daily activities
- Anxiety that turns into feelings of being out of control
- Strong feelings that interfere with daily activities
- Having emotions that become difficult to manage
- Feelings of hopelessness or helplessness

Learn more about self-care:

- Get strategies to help kids cope with COVID-19.
- Discover how to maintain human connection during social distancing.
- Visit our COVID-19 page for resources on how to get health care during the pandemic.

Another great resource available to everyone is a free & anonymous COVID-19 Counseling and Support Services, (505) 954-1057.



"Strengthening our Tiwa Language"

**PUEBLO OF ISLETA
DEPARTMENT OF EDUCATION
& TIWA LANGUAGE PROGRAM**

ARE SEEKING

TIWA SPEAKERS

who are willing to help our community learn Tiwa by providing in person and virtual language instruction.
(Support with technology will be provided.)

Those interested must

- Be able to commit to providing 4 hours per week for 16 weeks with a maximum of 60 hours.
- Demonstrate an openness to learn new teaching techniques
- Open to constructive feedback
- Follow and encourage the Tiwa Teacher Norms and Tiwa Learner Norms
- Contractors will be expected to successfully pass a background check and COVID-testing.

Deadline to apply will be January 31, 2022. Interested community members can apply via Formstack

https://isletapueblo.formstack.com/forms/language_consultants.

For more information please call 505-869-9790.




HOLY GHOST CATHOLIC SCHOOL

FOSTERING FAITH, LEARNING, AND SERVICE


A NATIONALLY CERTIFIED SCHOOL FOR STEM EXCELLENCE

Open House January 8th, 2022 @ 10:00 AM


Call to reserve a spot! 505-256-1563



**US Department of Education
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Environment Department

Eco-friendly Inspired New Year's Resolutions

With the holidays now over, you're probably thinking about making New Year's resolutions for the 2022 New Year. Let's face it, it's hard to make lifestyle changes that you only put less than an hour of thought into. Instead of thinking about your New Year's resolutions as big projects, try thinking of them as small commitments that could improve your life. With that being said, here are some environmental friendly inspired ideas that can help you live more sustainably:

- **CHOOSE PAPERLESS RECEIPTS:** You can reduce your paper waste by asking for email receipts. Many stores and restaurants now offer email receipts as a secondary option to paper ones.
- **ENCOURAGE OTHERS:** Get family and friends on board with eco-living! Spread awareness and educate those you know on new lifestyle swaps, plastic-free switches or new environmental-friendly alternatives.
- **SAY NO TO SINGLE-USE PLASTICS:** Use those reusable products as much as possible! Just to name a few, here are some examples of reusable products: water bottles, metal straws, reusable grocery bags, etc.
- **START USING REUSABLE STRAWS:** Try switching to a reusable straw such as a bamboo, silicone or stainless steel straw in an effort to become eco-friendlier. Americans use about 500 million plastic straws every day, which could wrap around the Earth 2.5 times a year! Plastic straws are found to be toxic to your own health and the environment.
- **SHOP LOCAL WHEN YOU CAN:** By shopping locally you can help curb the resources and energy necessary for packaging and transportation at large stores. If you shop at farmer's markets or local grocery stores you will likely receive fresher produce as well!
- **MINDFUL SHOPPING:** Help reduce your carbon footprint by purchasing clothing that is organic and ethical. Support brands who are supporting the fight against climate change. Many companies are now changing their outlook and are becoming more green and sustainable. You may find some of them recycling, using biodegradable products, and using renewable energy. They may also have ongoing projects that donate towards environmental causes.

We all know it's easier said than done when it comes to resolutions. Remember to practice positive reinforcement instead of putting yourself down if you fail along the way. Instead, focus on the progress you've made and learn from previous mistakes so that you can improve to accomplish your goals. You do not need a new year to start something new. Every day is a new day for opportunities to start again or continue progressing your goals! For more information, please call the Environment Department at 505-869-9814.

St. Augustine Parish Isleta Pueblo
Ministry of Consolation



MISSION STATEMENT

We are a ministry of consolation at St. Augustine Parish to offer spiritual comfort and support to families who have experienced the loss of a loved one. We will continue to honor and respect our traditional teachings.

ISLETA POLICE DEPARTMENT

January 2022



Another unpredictable and challenging year behind us as we said goodbye to 2021 and welcomed the new year – 2022! But as a community we came together to weather what was placed before us and we will continue to be Isleta Strong in 2022!

The Isleta Police Department has welcomed several new faces in 2021 and some of the most recent members have been in our Communications Center.



Traci Ray is from Laguna Pueblo where she resides with her family. Traci began her career in telecommunications with the Laguna Police Department. She changed employment moving to the Acoma Police Department where she was for seven years. Traci then changed her employment once again moving to Laguna Social Services working with many people for a year before deciding to join the Isleta Police Department. Traci says she enjoys spending time with her family is excited to be a part of the Isleta Communications family.



Meet Mark Torrez who was born and raised in Albuquerque. Marc enjoys mountain biking, hiking, and just being outdoors. He worked for the City of Albuquerque as a Transit Enforcement Officer for three years before transferring “to the other side of the radio” becoming an Emergency Dispatcher for Presbyterian Hospital for two years. Mark brings some experience as an officer and a dispatcher. He is excited to put his skills back into serving the community and looks forward to working with everyone.

In addition to the new dispatchers there are three new faces for the Patrol Division and are currently in “cadet” status awaiting to attend the Law Enforcement Academy in Santa Fe, NM.



Samantha Lente was employed with the 13th Judicial District Court as a judicial specialist and criminal clerk for Judge James Lawrence Sanchez. She was a part of the judicial system for six years before making the decision to become a part of law enforcement family at Isleta Police Department. She is thankful for the opportunity the Isleta Police Department has given her to give back to her community.



Keenan Gurule also a new cadet was previously employed with the Isleta Head start two years. Keenan is grateful for the opportunity to be a part of the Isleta Police Department and excited to begin pursuing a career in law enforcement.



Travis Lente transferred from the Diabetes Prevention Program where he was employed for nearly six years. Travis says this new position provides an opportunity to continue helping the community. He is extremely excited for the future of the Pueblo and thanks the Isleta Police Department for this

chance as what he hopes to be a rewarding career in law enforcement.

DISTRACTED DRIVING:

The National Highway Traffic Safety Administration provided the following:

Distracted driving is dangerous, claiming 3,142 lives in 2019. NHTSA leads the national effort to save lives by preventing this dangerous behavior. Get the facts, get involved and help us keep America’s roads safe.

What Is Distracted Driving?

Distracted driving is **any activity** that diverts attention from driving, including talking or texting on your phone, eating and drinking, talking to people in your vehicle, fiddling with the stereo, entertainment or navigation system — anything that takes your attention away from the task of safe driving.

Texting is the most alarming distraction. Sending or reading a text takes your eyes off the road for 5 seconds. At 55 mph, that's like driving the length of an entire football field with your eyes closed.

You cannot drive safely unless the task of driving has your full attention. Any non-driving activity you engage in is a potential distraction and increases your risk of crashing.

THE ISSUE

Consequences

TRAFFIC SAFETY FACTS & DATA PUBLICATIONS
DRIVER DISTRACTION & ELECTRONIC DEVICE USE

Using a cell phone while driving creates enormous potential for deaths and injuries on U.S. roads. In 2019, 3,142 people were killed in motor vehicle crashes involving distracted drivers.

THE ISSUE

Get Involved
RELATED TOPIC
TEEN DRIVING

We can all play a part in the fight to save lives by ending distracted driving.

Teens

Teens can be the best messengers with their peers, so we encourage them to speak up when they see a friend driving while distracted, to have their friends sign a pledge to never drive distracted, to become involved in their local Students Against Destructive Decisions chapter, and to share messages on social media that remind their friends, family, and neighbors not to make the deadly choice to drive distracted.

Parents

Parents first have to lead by example — by never driving distracted — as well as have a talk with their young driver about distraction and all of the responsibilities

that come with driving. Have everyone in the family sign the pledge to commit to distraction-free driving. Remind your teen driver that in states with graduated driver licensing (GDL), a violation of distracted-driving laws could mean a delayed or suspended license.

Educators and Employers

Educators and employers can play a part, too. Spread the word at your school or workplace about the dangers of distracted driving. Ask your students to commit to distraction-free driving or set a company policy on distracted driving.

Make Your Voice Heard

If you feel strongly about distracted driving, be a voice in your community by supporting local laws, speaking out at community meetings, and highlighting the dangers of distracted driving on social media and in your local op-ed pages.

NHTSA IN ACTION

NHTSA is dedicated to eliminating risky behaviors on our nation's roads

NHTSA IS DEDICATED TO ELIMINATING RISKY BEHAVIORS ON OUR NATION'S ROADS

NHTSA leads the fight nationally against distracted driving by educating Americans about its dangers and partnering with the states and local police to enforce laws against distracted driving that help keep us safe. NHTSA’s campaigns and public service announcements make the case to Americans that safe driving means driving without

distractions. You’ve likely seen or heard our public service announcements, but we’re also on Facebook and Twitter sharing stories and tips to help save lives.

The foundation of NHTSA’s efforts on distracted driving and other risky driving behaviors is our partnership with the states and local police. The states determine laws affecting distracted driving, but NHTSA provides federal investments in the locally driven strategies that address the states’ specific needs. One of the highlights of this relationship comes during April’s Distracted Driving Awareness Month, which pairs a national advertising campaign with a law enforcement crackdown called U Drive. U Text. U Pay.

Does New Mexico Have Laws against Distracted Driving?

Yes.

New Mexico currently prohibits:

- Typing on a mobile device – this includes text messaging, emailing, or entering information into a website
- Viewing text-based messages
- The use of handheld cell phones and other portable communication devices while driving
- Teen and novice drivers who hold learner’s permits or intermediate licenses from all use of portable electronic devices, even when in hands-free mode.

And there's a general distracted driving law that makes it illegal to drive without devoting your “full time and entire attention” to the operation of the vehicle.

Be aware that some cities in this state have made handheld cell phone use illegal for all drivers. Their laws supersede those of the state. These cities include:

- Albuquerque
- Espanola
- Gallup
- Las Cruces
- Santa Fe
- Silver City
- Taos

DON'T TEXT AND DRIVE!

The Isleta Police Department continues to work diligently to serve the community and keeping its members safe. Enforcement of traffic laws on the roadways not only by the Traffic Division but Patrol Division as well ever vigilant for violators. Patrols in the neighborhoods enforcing the curfew restriction will continue and we welcome community members to contact the Department or an officer they may encounter to voice concerns or provide insight as to whether we are effective in various areas. We are working to build manpower in the department and believe 2022 is promising for the Department and the Community.

We must work together to continue keeping ISLETA STRONG!

KEEP YOUR CHILDREN SAFE

Contact the Isleta Health Center Health Educator at 869-4479 to have your Child Safety Seat Checked to make sure it is properly installed and appropriate for your child.

CAR SEAT SAFETY

INFORMATION + STATISTICS

CRASH INJURIES

are the leading cause of death among children in the US¹



Car seats can reduce that risk by up to

71%

when installed CORRECTLY²

90%

of parents THINK their child is riding safely in their car seat³ but...



only 1 out of 4 car seats are installed CORRECTLY⁴

PROPER FIT AND INSTALLATION ARE CRUCIAL TO YOUR CHILD'S SAFETY. WHEN SHOPPING FOR A CAR SEAT, CONSIDER THESE 5 STEPS.

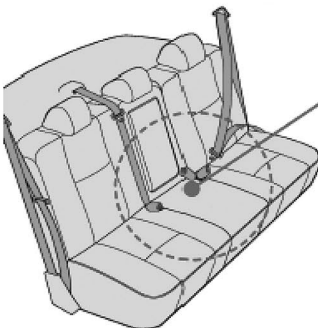
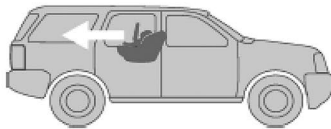


SELECTION FIND THE BEST CAR SEAT.

Choose the one that best fits your child and your vehicle. All current car seats are required to pass government safety standards. It's important to select a model that you are comfortable installing correctly on your own. Make sure the features are easy to use and understand.

DIRECTION REAR-FACING IS SAFEST.

Keep your child rear-facing until age 2 or until they reach the maximum weight or height allowed by the car seat manufacturer. Advancing a child to a forward facing car seat before they are ready puts them at greater risk for injury in a crash.



LOCATION REAR CENTER IS IDEAL.

Whenever possible, position your child in the rear center seating position. This is the best protection from side impact crashes. The back seat is the safest place for all children under the age of 13!

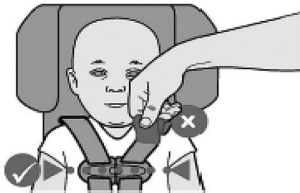
INSTALLATION READ MANUALS.

Stay up to date and read your current vehicle and car seat manuals for proper use instructions.



PROPER FIT POSITION HARNESS STRAPS PROPERLY.

The harness should be at or slightly below the child's shoulders when rear-facing. This will prevent the child from sliding upwards in the event of a crash. (For older children who are forward-facing, place harness at or above the child's shoulders.) Harness should be snug so that you cannot pull the strap from the body and pinch the fabric together. The straps should be flat and untwisted.



PUBLIC WORKS

505 869-5170

WHO DO I CALL WHEN I NEED WORK DONE AT MY HOME?

Tribal members requesting repair work at their residences for INSIDE repair work need to contact Isleta Pueblo Housing Authority (IPHA) at 505-869-4153 during regular business hours. A spigot on the exterior of your home or a leaking swamp cooler line are considered IPHA issues. A work order will be initiated and an IPHA technician will be sent to assess the issue. The technician will advise you of the status of your repair work – the issue will be taken care of immediately or may have to be scheduled. There is NO longer a \$25.00 fee. Depending on the urgency of the issue, an application may be requested prior to work being performed; otherwise, the application will be addressed shortly after work is completed. There may be a cost to the homeowner for the work completed, this application determines whether the homeowner is grant eligible or whether the work will be paid to IPHA under a Payback Agreement. Each application is ranked utilizing HUD income guidelines. The application is valid for three years.

Tribal members having an OUTSIDE issue, such as a water leak, sewer backing up or to request a septic tank pumping, need to contact Public Works at 505-869-5170 during regular business hours.

After hour emergencies, such as a potential gas leak (Call 911), furnace not working, water leaks that you are not able to isolate inside the home or out; sewer backing up and there is not a second toilet you can use, are some of the items considered as an emergency. Call Isleta Dispatch at 505-869-3030. DO NOT CALL 911 UNLESS IT IS A GAS LEAK! Use the non-emergency number of 505-869-3030. Please give the dispatcher your name, address, call back phone number and the nature of the emergency. An Isleta employee will call you back as soon as they are able to and speak with you.

Please do NOT call for minor issues after hours. If a faucet is dripping or a kitchen sink is not draining, these issues can be handled during regular business hours. Wait until the next business day and call in a work order. Staff will only repair items that are considered to be an emergency after hours.

Routine septic pumping should be scheduled during regular business hours. Depending on the amount of calls for service, it may be a day or two or up to a week before the septic tanker will arrive. It is NOT necessary to have your tank emptied on an annual basis. This can, in fact, be harmful to the bacteria living in the septic tank that are necessary to treat the incoming waste.

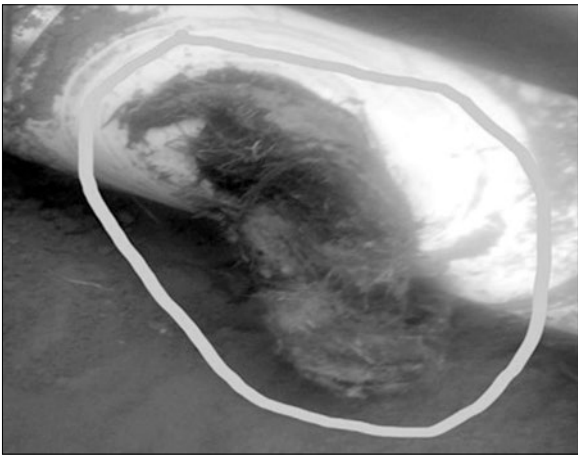
Help prevent sewage back-ups by watching what you flush down the toilet or put down the sink. Grease is the number 1 reason for sewer back-ups. Grease will solidify inside the pipes, causing the sewer to back-up. Put the grease in a can, allow it to cool and then throw it in the trash. Baby wipes (even the flushable wipes) should be thrown out in the trash and not flushed down the toilet. These wipes can get stuck on the inside of the pipes, allowing additional debris to build up inside the pipe. Feminine hygiene products should be thrown in the trash and not flushed down the toilet. The only thing truly flushable is toilet paper as it will easily break down.

Table I. Septic Tank Pumping Frequency in Years										
	Household size - Number of Occupants									
	1	2	3	4	5	6	7	8	9	10
500*	5.8	2.6	1.5	1.0	0.7	0.4	0.3	0.2	0.1	--
750*	9.1	4.2	2.6	1.8	1.3	1.0	0.7	0.6	0.4	0.3
900	11.0	5.2	3.3	2.3	1.7	1.3	1.0	0.8	0.7	0.5
1000	12.4	5.9	3.7	2.6	2.0	1.5	1.2	1.0	0.8	0.7
1250	15.6	7.5	4.8	3.4	2.6	2.0	1.7	1.4	1.2	1.0
1500	18.9	9.1	5.9	4.2	3.3	2.6	2.1	1.8	1.5	1.3
1750	22.1	10.7	6.9	5.0	3.9	3.1	2.6	2.2	1.9	1.6
2000	25.4	12.4	8.0	5.9	4.5	3.7	3.1	2.6	2.2	2.0
2250	28.6	14.0	9.1	6.7	5.2	4.2	3.5	3.0	2.6	2.3
2500	30.9	15.6	10.2	7.5	5.9	4.8	4.0	3.5	3.0	2.6

Above is a chart for how often a septic tank should be serviced based on the size of the tank and how many people reside at the home.

Tree roots are another cause of sewage back-ups. The roots will spread throughout the sewage piping and eventually grow big enough to cause the pipe to be totally plugged with roots, causing the sewage to back-up into your home.

PLEASE Do Not plant trees or bushes close to your sewer service lines. Tree roots will find their way into the pipe creating blockages similar to the mass of roots shown in these photos. Sewer will back-up into the home because the wastewater cannot get through to the main line or septic system. Repairing this requires the Utility crew to expose the



sewer service line by excavating the area. If the lines are under a paved road, the road must be cut and the pavement removed. Once repairs are complete, the roadway needs to be patched.

These are expensive repairs that could have been avoided. Please do not plant any trees or bushes near water and sewer lines. Water lines have been “choked” by tree roots, causing leaks and the loss of water flowing into the home.

IPHA and Public Works are here to help Tribal Members with necessary repair work.

Call our offices if you have any questions or concerns.
IPHA: 505-869-4153
Public Works: 505-869-5170

IPHA and Public Works are working together to help address any emergencies.

The Village Sewer Line Project was put on hold in November due to Covid-19 related issues. The contractor, TLC, was back in the Village area on Monday, December 6, 2021 to continue working on the project. If there are no more delays, the project should be substantially completed by January 3, 2022.

If you have a home within the Village area, please take the time to test **all** the drain lines in the home. Run water down each sink, tub, shower and washer drain line in the home for at least 15 minutes. Flush toilets multiple times to verify the drain line is operational. Public Works wants to ensure ALL your drain lines have been properly connected to the sewer main lines. In November a few service lines were missed and sewage back-ups occurred. If you have an issue, please contact Public Works (505-869-5170) and we will contact the contractor to resolve the issue.

The Public Works Department
wishes all of you a very
Happy New Year!

Thank you,
Pueblo of Isleta Public Works Director
Edwin Jaramillo

Isleta Behavioral Health Clinic
January Awareness Month:
‘Dry January’ & Beyond

‘Dry January’, what is it?
Can I go beyond?

Dry January is a public health campaign that encourages people to pledge to abstain from alcohol for the entire month of January (or sooner). While the campaign actually began in the United Kingdom, the practice has made its way to the United States and even closer to an area near you. Although ‘Dry January’, did not start at the beginning of the year for some, others made a commitment throughout other months.

Thinking of changing old habits, recognize alcohol has had an impact on you or family, or simply to see basic desired outcomes from alcohol use? Dry January can be an opportune time to explore a substance free lifestyle, through abstinence, sobriety or long-term recovery. What things have affected our individual life areas due to alcohol use? Has alcohol use put a damper on moods, negative feelings that increase symptoms related to anxiety or depression? Spending money on activities associated with using alcohol. Legal issues? Stressful relationships? Certain health factors been affected? Decision making or issues with judgement? Could it be one, could it be many. Now is a good opportune time to make adjustments to ourselves, for the benefits of our lives.

Some of the pros and cons associated to a ‘Dry January’ (and even beyond):

- Increase of moods,
- Increase in finances,
- Little to no legal issues (including fines/ fees, court dates)
- Less stress in relationships (including work, personal, family)
- Improved health benefits (including physical-increased energy, diabetes related problems, liver problems, etc.)
- Increasing rational thinking
- Increased overall wellbeing
- Feeling alone, less social time – “I’m not fun anymore”
- Negative thinking that impacts efforts- “I can’t do it” “I can’t do anything right”
- Withdrawal symptoms
- “Not ready for change”
- Certain progress can be lost with further use
- Less support systems

Supports to help an individual with substance use difficulties can find help in Mental Health / Substance Use Treatment Outpatient Programs, such as Isleta Behavioral Health, Intensive Outpatient Programs (IOP), Medical Detox facility, Inpatient or Residential Treatment Centers, Medication Assisted Treatment (MAT), recovery support & self-help groups. These resources are available to community members on a continual basis.

If you would like additional resources on the topic of recovery, support, or have any questions, please contact us at 505-869-5475.

FOR IMMEDIATE RELEASE

Call to Sign Up or Information: IBHC @ 869-5475



Adult ‘Mental Health First Aid’ Trainings
Similar to traditional ‘First Aid’ and CPR, ‘Mental Health First Aid’ teaches individuals how to help those experiencing mental health challenges or crises

WHO: Community Members

WHAT: Training on mental health first aid in Isleta (Youth Curriculum available upon request)

WHEN: February 24-25, 2022, (Call IBHC for updated Training Schedule)

WHERE: Isleta Health Center; Training Center (Modular Building on Westside of Clinic)

WHY: Mental health challenges – such as depression, anxiety, psychosis and substance use – are shockingly common in the United States. In fact, *more than one in five American adults will have a mental health problem in any given year.* The National Council for Behavioral Health certifies individuals throughout the nation, including IBHS, to provide Mental Health First Aid courses to prepare their communities with the *knowledge and skills to help individuals who are developing a mental health problem or experiencing a mental health crisis.* Identified on SAMHSA’s National Registry of Evidence-Based Programs and Practices, the training helps the public better identify, understand and respond to signs of mental illnesses. For more information on Mental Health First Aid, visit www.mentalhealthfirstaid.org.

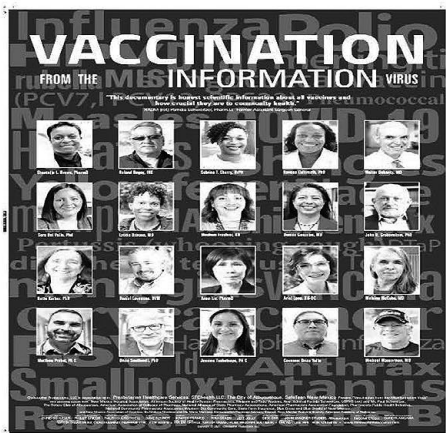
Adult Mental Health First Aid: Program Overview

- [What is Mental Health First Aid \(MHFA\)?](#)
- [Mental Health Problems in the United States](#)
- [Mental Health First Aid Action Plan](#)
- [Understanding Depression and Anxiety](#)
- [Mental Health First Aid Action Plan for Depression and Anxiety](#)
- [Mental Health First Aid Action Plan for Depression and Anxiety](#)
- [Panic Attacks](#)
- [Traumatic Events](#)
- [Symptoms of Anxiety](#)
- [Understanding Psychosis](#)
- [Mental Health First Aid Action Plan](#)
- [Psychosis](#)
- [Disruptive or Aggressive Behavior](#)
- [Understanding Substance Use Disorders](#)
- [Mental Health First Aid Action Plan](#)
- [Overdose](#)
- [Withdrawal](#)
- [Substance Use Disorders](#)
- [Using your Mental Health First Aid Training](#)

VACCINATION FROM THE MISINFORMATION

Stephanie Barela, Health Educator, Isleta Health Center
Phone: 505-869-4479 www.TheMisinformationVirus.com

There is so much MIS-information in the media regarding Vaccinations that a group of health professionals throughout the country and right here in New Mexico, decided to do something about it. They prepared a documentary called “VACCINATION from the Misinformation Virus”. As noted in this documentary’s discussion/viewer guide, “This is a comprehensive media campaign to help parents and community leaders understand vaccines are **safe, important to community health and save millions of lives annually.**” The hope of this campaign is to empower and support families and community leaders to make healthy decisions regarding lifelong vaccinations. As the viewer guide states, “with so much misinformation in the media (social and otherwise)... (this project is) a way to ‘vaccinate’ yourself, your family, and your community with **clear, concise and honest science-based information from leading experts who have spent their lives studying vaccines and viruses.**”



People are exposed to a lot of different information from many sources and right now, during the COVID-19 pandemic, it is no different. Unfortunately a lot of this information is health misinformation, which is “information that is FALSE, INACCURATE or MISLEADING, according to the best evidence at the time.” Misinformation has caused confusion and led people to decline COVID-19 vaccines, reject public health measures such as masking and physical distancing, and use unproven treatments. Health misinformation is not something new, however, due to Social Media and the Internet, the misinformation spreads much faster and much farther. It is important that together, we build healthier communities by spreading accurate information, where we can all make informed decisions about our health, the health of our loved ones and the health of our communities.

Right now is a very important time to accurately educate ourselves on the importance of vaccinations. Research has shown us that vaccines are safe and important in order for the community to stay healthy. Vaccines have prevented the spread of many contagious diseases, such as, measles, mumps, polio, chicken pox, whooping cough, diphtheria and Human Papillomavirus (HPV). Benjamin Franklin once said “An ounce of prevention is worth a pound of cure”, which is very important today! To develop, distribute and administer a vaccine, it is much cheaper than the cost of treating someone with the disease. Prevention is key!

It is my hope that we will be able to offer an in person screening of this documentary soon, however, due to the current Public Health Order, we are not able to do that. Instead, please access this documentary at www.TheMisinformationVirus.com and watch the documentary virtually by clicking on PBS and then PBS Video Portal or simply go to: <https://portal.knme.org/show/vaccination-misinformation-virus/>. Once the public health order is loosened and we are able to meet in person, I will plan a watch party in order to view this educational documentary as a group.

If you would like to pre-register for the in person viewing of this documentary or if you have any questions, please contact me at (505) 869-4479.

ISLETA PARKS AND RECREATIONAL CENTER

FITNESS

Isleta Recreation Center hopes everyone enjoyed themselves over the holidays. Ate lots of good healthy food and got all the presents they’ve asked for. But.... Now it’s time to get to work. That means New Year’s Resolution or just personal goals for the betterment of one’s self. Isleta Recreation would love to help anyone who has any health and fitness goals. If it be losing weight, strength training or an event that you want to prepare for, such as the duke city marathon or the run for the zoo.

Please utilize the great workout facilities that your pueblo has to offer. Remember we are here for everyone and we love seeing familiar faces but would really love to see new ones too. Please feel free to call for future events and classes as health restrictions hopefully open up. Be Healthy and Be Safe.

AQUATICS

Happy New Year everyone, from Isleta Aquatics! Anyone looking for a low impact way to help with their new year’s health resolutions? Swimming is for you! From novice to advanced swimmers there’s so much to gain from daily water exercise and we encourage any and all interested to reach out for our new 2022 programming schedule! We are still looking into forming an all age club swim team that would compete in different events, (freestyle, backstroke, breast stroke, butterfly) individual and relay teams. Experience is a plus but not necessary as we will help develop your skills through practices. If you or anyone in your family has any interest, please call Josh or Connie at 505-869-9783. Lanes are still available by appointment only for lap swim. We would like to encourage anyone interested to call the Rec Center at 505-869-9777 to reserve your lane!

We are currently taking registration forms for the second swim lesson session of 2022 that will begin in February. Registration forms are available at the front desk at the Rec Center. Swim lesson registration is on a first come first served basis so get your forms


News from After School Program:

Happy New Year Everyone!!

Here are some New Year's Resolutions to do as a family:

- *Eat Healthy by making meals together at home. Limit Fast food meals!!
- *Make a Chore Jar: Write chores on a piece a paper and place in jar, pick one and that’s your chore for the day.
- *Read more books or read together before going to bed.
- *Put Away all electronic devices and turn the television off during meal time.
- *Create a new hobby.

Family Word Search



father

mother

brother

sister

grandpa

grandma

husband

wife

uncle

aunt

cousin

in as soon as possible to reserve your child’s spot. Adult swim lessons are also available for those interested. Isleta Aquatics is still looking to fill lifeguard positions. If you know anyone that is over the age of 15 that would like to apply for the Lifeguard position have them call the Aquatics Office at 505-869-9783. We are flexible with

school and extracurricular activities and will provide training and certification upon hire. For anyone interested in applying or for any questions about the Lifeguard certification or for information about child or adult swim lessons and other aquatic programming please call Josh or Connie at 505-869-9783.

SOCIAL SERVICE

January is National Human Trafficking Awareness Month

Q: What is Human Trafficking?

A: Human Trafficking is the buying, selling and/or transportation of a person for the purpose of exploiting them for sex or forced labor.

There is no “one size fits all” for what a victim of human trafficking looks like. People who are trafficked are children, teenagers, and adults of all genders. They come from cities, suburbs, or rural areas. Many people are deliberately preyed upon based on their vulnerabilities, and those who are more disadvantaged in our society are often the most common targets.

Some signs of human trafficking include:

- Having someone speak for them/information being provided by someone accompanying them
- Showing signs of being physically or emotionally controlled
- Losing control of their own identification documents
- Having very few or no personal possessions
- Being unable to leave their home or workplace
- Not knowing where they are, what city or state they’re in, or what date it is
- Having bruises, broken bones, burns or scars
- Feeling helpless, shameful, guilty or humiliated

- Being isolated from family members and/or friends
- Seeming emotionally numb or detached
- Signs of neglect such as malnourishment
- Unaddressed or signs of chronic medical/dental issues
- Drug abuse or frequent use of “party drugs” such as Gamma-hydroxybutyrate (GHB), Rohypnol (“Ruffy”), Ketamine, MDMA (Ecstasy), or methamphetamines.

Q: What can I do to help?

A: There are steps we can all take to start making a change. Something we can all do is raise awareness of this societal issue and encourage others to join our efforts.

Resources:

National Human Trafficking Hotline
Call 1-888-373-7888
Text “HELP” or “INFO” to 233733

*

National Center for Missing and Exploited Children
<https://www.missingkids.org/theissues/trafficking>

*

The Polaris Project
<https://polarisproject.org/myths-facts-and-statistics/>

Social Services
505 869-2772

Power and Control Wheel

Do you feel safe with your partner?
If you recognize just ONE trait from the
Power and Control Wheel, you might be
in an abusive relationship.

*

Keep in mind that:

You are not alone.
You have choices.

**You (and your children) deserve to be
safe at home.**

*

Talk with someone about what is going on;
they may be able to help you.

*

It is hard to decide when to leave, but
when you are ready, you should have
a safety plan.

Q: What is a Safety Plan?

A: A Safety Plan is a tool that allows
you to plan for situations that ensure
safety for you (and your children). It is
a continual process that should look
at every aspect of your life to ensure
the utmost safety. As your life moves
forward, your safety plan will need to be
examined and altered to fit both minor
and major life changes, for example, a
new job or any other changes in your
daily routine.

Q: What is a Healthy Relationship?

A: Not all relationships are “perfect”
here are some signs of a Healthy
Relationship:

The relationship moves at a speed
which is comfortable for you both.

You trust each other and don’t have
to question the intentions of the other
person.

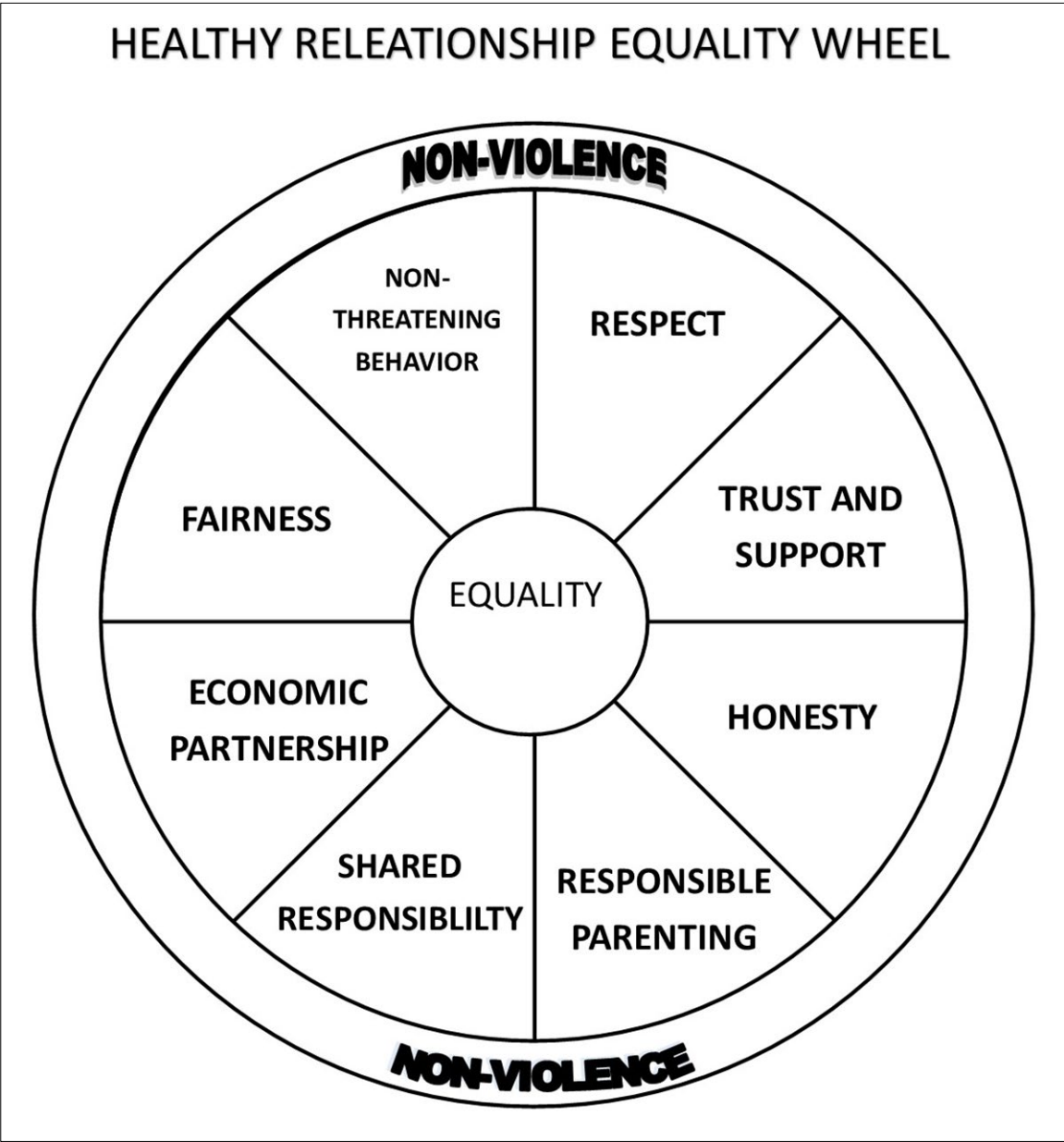
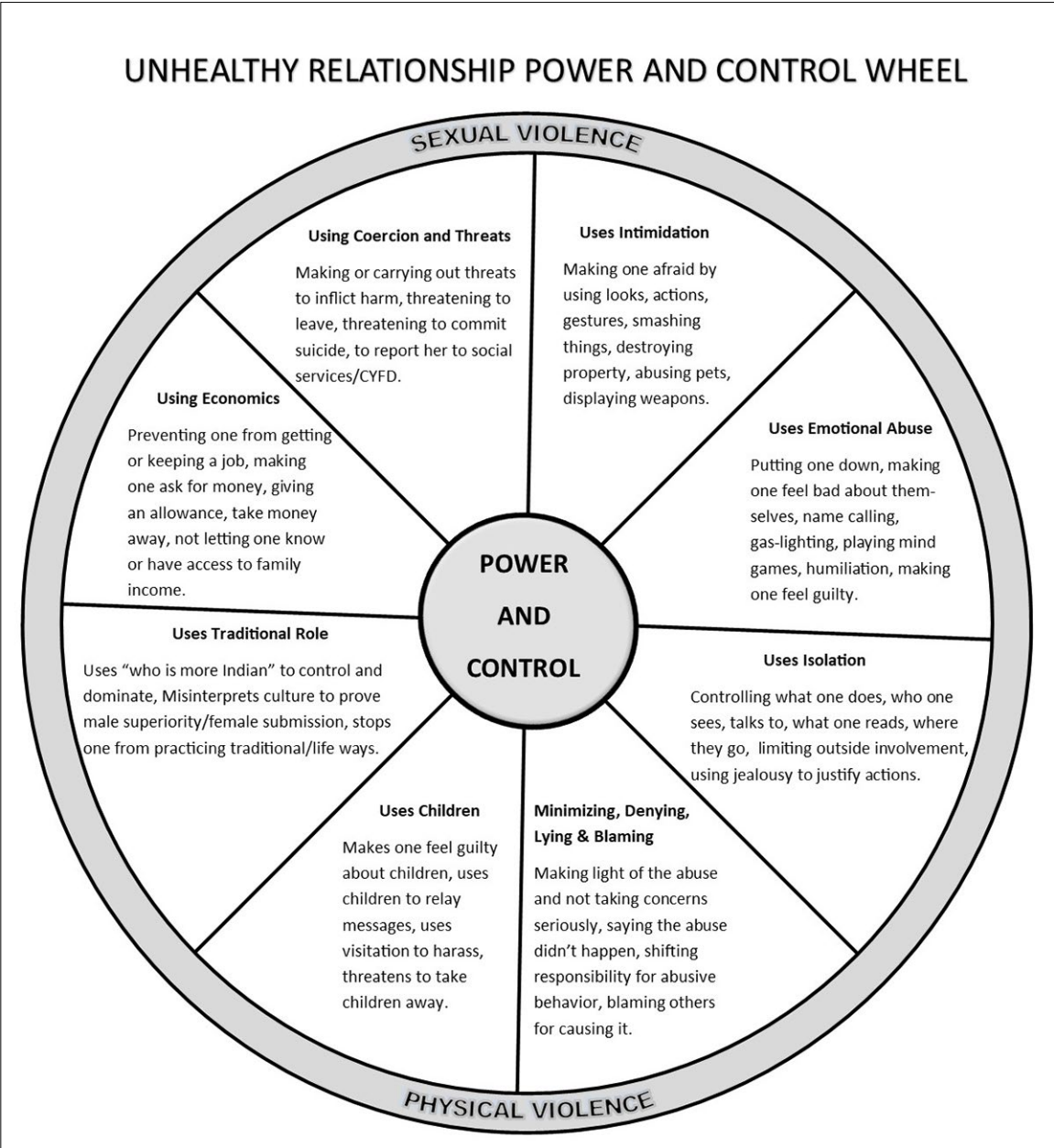
You can be yourself around them
without feeling judged.

You can make disagreements
constructive rather than just ending
things.

You enjoy spending time together and
you bring the best out of each other.

You feel supported and they encourage
you to go after your goals.

For more information call:
Isleta Social Services at
505-869-2772



Isleta Behavioral Health Clinic – January 2022

Hello and Happy New Year! Look out 2022 – here we come! While 2021 was a good year for all of us at the Behavioral Health Clinic, we believe that 2022 can be even better! We hope you all had a good holiday season. We want to introduce you to our program, who we are, what we provide, and extend this as an open invitation to come and join us. Whether you're interested in our services, want to know more, or even to get to know the staff, we are open to meeting with you and your families. Please be on the lookout for monthly newsletter articles, monthly information dissemination engagements and other yearly activities we hope to promote for our BH program.

What is Isleta Behavioral Health?

The Isleta Behavioral Health Clinic (IBHC) is one of many clinics under the Isleta Health Center (IHC), located on the Southwest End of the main IHC building. Our mission is to provide the highest quality of behavioral health services to the Isleta community members, their families, and other Native American people living within our service unit.

As with the other clinics located at the Isleta Health Center, Licensed Providers staff

the Behavioral Health Clinic in specialties in Mental Health and Addictions: LCSW, LMSW, LADAC, LSAA, and a psychiatrist. In addition, the Behavioral Health Clinic has two administrative assistants and two Prevention Experiential Educators.

By working on enhancing the lives of the Isleta community, a variety of counseling and psychiatric services are offered to individuals of all ages. To accomplish this mission, IBHC provides services including:

- Screening & Assessments
- Individual Counseling
- Family & Couples Counseling
- Group Counseling
- Psychiatry-Medication Management
- Intensive Outpatient Program (IOP)- "Ripple Effect"
- Residential Treatment Placement
- Case Management
- Crisis Intervention
- Prevention & Education

Most Common Outpatient Services:

Individual Counseling


Individual counseling/psychotherapy offers support and growth during challenging times in life. Individual counseling can help one deal with a variety of personal issues relating to anxiety, depression, anger, substance abuse, parenting problems, marriage and relationship challenges, school difficulties, etc.

Group Counseling


Group counseling offers a unique opportunity for individuals to discover that they are not alone with life challenges. Group counseling not only increases one's understanding of a specific challenge but acknowledges the variety of possible solutions available. Groups offered at IBHC include:

Intensive Outpatient Program (IOP) – Ripple Effect, Wellbriety, Grief/Loss, Relapse Prevention, Anger Management, Men's Domestic Violence, Women's Domestic Violence, Youth Prevention/ Intervention Programs.

Program questions, concerns or inquiries please reach out to our program at 505-869-5475 and we can assist you. We are here to serve...



American Heart Association




Go Red for Women

9th Annual Drum to the Beat of a Healthy Heart

Go Red for Native Women®

Heart Health Summit

Digital Experience



February 4, 2022 10am-noon

JOIN THE ISLETA HEALTH SUPPORT GROUP

IN VIRTUALLY ATTENDING THE

9TH ANNUAL GO RED SUMMIT.

PLEASE CONTACT STEPHANIE BARELA, HEALTH EDUCATOR,

869-4479

TO FIND TO SIGN UP TO VIEW THE CONFERENCE AT THE ISLETA

HEALTH CENTER (DEPENDING ON COVID RESTRICTIONS) OR

REGISTER AT

https://heart.zoom.us/webinar/register?wtn_YDAIccCsTKU2Uitf9EA9UG

TO VIEW IT FROM HOME ON ZOOM.

Thank you!



Plastic Alternatives

Here are some other examples of how to eliminate plastic use in your household:

Plastic Items	Alternatives
Diapers	Try cloth diapers. Cloth diapers have come a long way since the old days. Cloth diapers are now fashionable and more acceptable.
Drink Stirrers	Try glass or bamboo stirrers, or spoons! Try a stick of celery, carrot or cucumber. Why not go herbal and try a stick of rosemary?
Women's feminine products	Try menstrual cups, reusable pads, or period underwear.
Food packaging, take out containers	Try Tupperware, glass containers, stainless steel lunch boxes and mason jars.
Plastic Cotton Buds	Try fluid ear washes, bamboo cotton buds, organic cotton makeup pads or a reusable silicon swab

<div><div>JANUARY</div><div>Isleta Elder Home Delivered Meals 2022</div></div> <div></div>				
Monday	Tuesday	Wednesday	Thursday	Friday
1/3/2022	1/4/2022	1/5/2022	1/6/2022	1/7/2022
SALISBURY STEAK	TORTILLA BURGERS	FETTUCCINE ALFREDO	HEARTY BEEF STEW	MEAT LOAF
Salisbury Steak 4oz Steamed Rice 1/4c Broccoli 1/2c Fresh Fruit	Hamburger patty 4oz Sliced Cheese 1oz Tortilla Potato Wedge 1/4c Fruit cup	Egg Noodle 1oz Alfredo Sauce 2oz Italian Vegetable 1c Garlic Bread	Beef Stew Meat 3oz Diced Potato 1/4c Carrots 1/2c Celery 1/2c Crackers SF Carrot Cake	Meat Loaf 3oz Mashed Potato 1/4c Chuckwagon 1/2c Gravy 1oz Bread Pudding 1/4c
1/10/2022	1/11/2022	1/12/2022	1/13/2022	1/14/2022
BBQ CHICKEN	BLACKENED TILAPIA	OPEN FACE ROAST BEEF	FRITO PIE	CHICKEN AND NOODLE SOUP
BBQ Chicken Thigh 4oz Baked Beans 1/2c Green Beans 1/2c BBQ sauce 2oz Fresh Fruit	Tilapia 4oz Rice Pilaf 1/4c Carrots 1c Tartar Sauce	Roast Beef 3oz Mashed Potato 1/4c Gravy 1oz Toast California Vegetable 1/2c	Ground beef 3oz Beans 1/4c Fritos 2oz Lettuce/Tomato 2oz Cheese 1oz Chuckwagon 1/2c Fresh Fruit	Diced Chicken 3oz Egg Noodle 1/2c Carrots/Celery 1c Oyster Crackers Cherry Cobbler 1/4c
1/17/2022	1/18/2022	1/19/2022	1/20/2022	1/21/2022
CENTER CLOSED	GREEN CHILE STEW	CHICKEN SANDWICH	SWEET & SOUR PORK	RED CHILE ENCHILADA
	Pork 3oz Diced Potato 1/2c Green chile 2oz Tortilla Peas & Carrots 1/2c	Chicken Patty 4oz Hamburger Bun Broccoli 1c Tater Tots 1/4c	Tempura Pork 3oz Fried Rice 1/2c Stir Fry Vegetable 1c Sweet & sour sauce 2oz Fruit cup	Ground beef 3oz Red Chile 2oz Shred Cheese 2oz Beans 1/2c Chuckwagon 1/2c
1/24/2022	1/25/2022	1/26/2022	1/27/2022	1/28/2022
OVEN FRIED CHICKEN	BEEF FAJITAS	KALE SOUP	MEATBALL SUB	CHICKEN CORDON BLEU
Chicken Breast 4oz Macarnoi and Cheese 1/2c Green Beans 1c Dinner roll Fresh Fruit	Beef Fajita strips 4oz Pepper and Onions 1/2c Lime Cilantro Rice 1/4c Tortilla Garnish 2oz Rice Pudding 1/4c	Ground Pork 3oz Kale 1/2c Kidney Beans 1/2c Mixed Vegetables 1/2c Oyster Crackers SF Jello	Meatballs 4oz Swiss Cheese 1oz Marinara Sauce 2oz Italian Vegetable 1c Hoagie Fresh Fruit	Breaded Chicken 4oz Mashed Potato 1/4c Pinon Sauce 2oz California Vegetable 1/2c Fruit
1/31/2022	<div><div></div><div>Please call by 9 AM to cancel Home Delivered Meals. Thank you.</div><div></div></div> <div>****Menus are subject to change without notice, based on the availability of products.****</div>			
LASAGANA				
Ground Beef 3oz Pasta 1oz Marinara Sauce 2oz Mediterranian Vegetable 1c Breadstick Fruit Cup				

COVID-19 Vaccine Booster

Booster Dose

A “booster dose” refers to another dose of a vaccine that is given to someone who built enough protection after vaccination, but then that protection decreased over time (this is called waning immunity).

If we need a booster shot, are the vaccines working?

- Yes. COVID-19 vaccines are working well to prevent severe illness, hospitalization, and death, even against the widely circulating Delta variant.
- However, public health experts are starting to see reduced protection over time, so a booster dose is needed to strengthen that protection.



Everyone over the age of 18 is eligible for a COVID-19 vaccine booster. You can receive a booster shot based on the following chart:

What vaccine did you receive?	When can you get a booster?
Pfizer	Six months after your second dose
Moderna	Six months after your second dose
Johnson & Johnson	Two months after your single dose

Can you choose which vaccine booster you can get?

You may choose which COVID-19 vaccine you receive as a booster shot. Some people may have a preference for the vaccine type that they originally received, and others may prefer to get a different booster.

Scan this QR Code for more information on COVID-19 Vaccine Boosters



SOCIAL SERVICE

January is Stalking Awareness Month

The term “stalking” is defined as engaging in a course of conduct directed at a specific person that would cause a reasonable person to fear for his or her safety or the safety of others or suffer substantial emotional distress.

Department of Justice, 2021.




7.5 MILLION people are STALKED each year. (Department of Justice, 2021)

If you believe you are a victim of stalking, it is crucial that you keep a log of stalking-related incidents and behavior. When reporting the incident, write down the person's name and agency you reported to, including badge or identification number they may have. Remember to save a copy of your log for your records.

Some examples of stalking behavior include:

- Harassing or repeated unwanted phone calls
- Sending you unwanted letters or gifts
- Tracking you
- Damaging your property
- Spreading rumors about you
- Posting private information or photos of you
- Impersonating you
- Hacking into your accounts, including social media accounts
- Threatening you or those close to you
- Threats communicated through other people

Documenting stalking behavior can be a difficult and emotionally exhausting task. For more information and assistance please contact your local law enforcement office.

JANUARY 2022 ISLETA HEALTH CENTER Questions? Call 869-3200					
SAT/SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1/2 <i>goodbye 2021 hello 2022</i>	3 The Ripple Effect : 9:00 - 12:00pm For more information please call: 869-5475 Power Source: 3:30-4:30pm For more information please call: 869-5475	4 The Ripple Effect : 9:00 - 12:00pm For more information please call: 869-5475 Isleta Youth Wellness Program: 4:30-6pm For more information please call: 869-5475	5 The Ripple Effect : 9:00 - 12:00pm For more information please call: 869-5475 Wellbriety Group: 11:00 -12:00pm For Information please call: 869-5475 Isleta Youth Wellness Program: 4:30-6pm For more information please call: 869-5475	6 <div>CLINIC OPENS AT 9:50am</div> Isleta Youth Wellness Program: 4:30-6pm For more information please call: 869-5475	7
8/9	10 The Ripple Effect : 9:00 - 12:00pm For more information please call: 869-5475 Power Source: 3:30-4:30pm For more information please call: 869-5475	11 The Ripple Effect : 9:00 - 12:00pm For more information please call: 869-5475 Isleta Youth Wellness Program: 4:30-6pm For more information please call: 869-5475	12 The Ripple Effect : 9:00 - 12:00pm For more information please call: 869-5475 Wellbriety Group: 11:00 -12:00pm For more Information please call: 869-5475 Isleta Youth Wellness Program: 4:30-6pm For more information please call: 869-5475	13 <div>CLINIC OPENS AT 9:50am</div> Isleta Youth Wellness Program: 4:30-6pm For more information please call: 869-5475	14
15/16	17 Clinic Closed 	18 The Ripple Effect : 9:00 - 12:00pm For more information please call: 869-5475 Isleta Youth Wellness Program: 4:30-6pm For more information please call: 869-5475	19 The Ripple Effect : 9:00 - 12:00pm . For more information please call: 869-5475 Wellbriety Group: 11:00 -12:00pm > For more Information please call: 869-5475 Isleta Youth Wellness Program: 4:30-6pm For more information please call: 869-5475	20 <div>CLINIC OPENS AT 9:50am</div> Isleta Youth Wellness Program: 4:30-6pm For more information please call: 869-5475	21
22/23	24 The Ripple Effect : 9:00 - 12:00pm For more information please call: 869-5475 Power Source: 3:30-4:30pm For more information please call: 869-5475	25 The Ripple Effect : 9:00 - 12:00pm For more information please call: 869-5475 Isleta Youth Wellness Program: 4:30-6pm For more information please call: 869-5475	26 The Ripple Effect : 9:00 - 12:00pm For more information please call: 869-5475 Wellbriety Group: 11:00 -12:00pm For Information please call: 869-5475 Isleta Youth Wellness Program: 4:30-6pm For more information please call: 869-5475	27 <div>CLINIC OPENS AT 9:50am</div> Isleta Youth Wellness Program: 4:30-6pm For more information please call: 869-5475	28
29/30	31 The Ripple Effect : 9:00 - 12:00pm For more information please call: 869-5475 Power Source: 3:30-4:30pm For more information please call: 869-5475		ISLETA HEALTH SUPPORT GROUP  A New You For 2022  Anthony Fleg, UNM, NHI Running Medicine Coordinator Tuesday, January 11, 2022 Contact Stephanie Barela 869-4479 sbarela@islclinic.net	DPP=Diabetes Prevention Program: 869-4595 BHS=Behavioral Health Services :869-5475	
All In Person Programs are subject to the most current COVID-19 Public Mandate...					



Isleta Health Support Group

1/11/2022 5-6:30pm	Evening Session A New You for 2022	Anthony Fleg, UNM, NHI Running Medicine Coordinator	Isleta Health Center Training Center (tentative)
1 st Friday 2/4/2022 8:30am – 1pm	9 th Annual Go Red For Native Women Heart Health Summit	American Heart Association	Isleta Health Center Training Center (tentative) Call for more info

Meeting will be Virtually on Google Meet, over the telephone or possibly also offered in person. Please call to find out.
<https://meet.google.com/vbx-qpbs-uni> or
Dial-in 1-224-900-6889
PIN: 377 032 430#



Contact
Stephanie Barela
869-4479
sbarela@islclinic.net

MASKS REQUIRED
ALL WELCOME

Notice: Due to COVID, the meeting may only be offered virtually. Please call 869-4479 for more information.

Isleta Health Center Programs

The Isleta Health Center (IHC) is doing our part to encourage social distancing, by continuing to postpone the following programs until further notice:

The IHC Programs below are postponed:

- ICAP Moccasin Making Class on Tuesday evenings
- Power Source - Virtual Only
- Ripple Effect - Virtual Only
- Youth After School Program - Virtual Only
- Isleta Sewing Class canceled until further notice

The IHC Programs below are still being offered:

- Isleta Health Support Group January 11, 2022 5-6:30: Tentatively scheduled for Isleta Heath Center Training Center, but may go Virtual Only. Please call closer to the scheduled date to find out (869-4479).
- Diabetes Prevention Program: Personal training sessions offered Monday-Friday 6am-4:30pm, by appointment only. Please call 869-4595 to schedule your appointment.
- Isleta Thinking About Quitting (Smoking Cessation Program) 90 minute one on one session. Please call 869-4479 to schedule an appointment.