

Isleta Elder Center
 Activities Calendar
 (505) 869-9770
 Monday - Friday
 8:00AM - 4:30PM

hello
APRIL 2022



Monday	Tuesday	Wednesday	Thursday	Friday
<p>Please call the Elder Center With any questions regarding the Calendar or to sign-up for activities. Activities are offered to those 50 years and older unless otherwise noted</p>	<p>REMINDER Please Sign up for Activities Prior to the date First come first serve Covid Limit of 10 participants</p>	<p>Sign up for Summer Games June 8 -11 Los Cruces NM Website nsga.com</p>		<p>1 Activities Room Prize BINGO! 1:00PM 2:00PM 2:00 PM - 3:00 PM BINGO</p>
<p>4 Activities Room 9AM - 4PM Most Activities available Exercise Equipment/Pool table, Ect Upon Request</p>	<p>5 Activities Room Sand Art 10AM - 11AM  10 ppl first come first serve</p>	<p>6 Activities Room 9AM - 4PM Most Activities available Exercise Equipment/Pool table, Ect Upon Request</p>	<p>7 Activities Room Mass 11:30 </p>	<p>8 Activities Room Shuffleboard 9AM - 12PM 10AM - 12PM & PM1 - 3PM  10 ppl first come first serve</p>
<p>11 Activities Room BILLARDS 10AM - 12PM </p>	<p>12 Activities Room 10:30 AM - 11:30 AM Yoga & Strength Training </p>	<p>13 Friendship Breakfast 9:00 AM & General Meeting 10:00 AM Health Clinic Presents: Stephanie Barela Topic : Healthy Sleeping as you age Chris Gonzales From AmberCare 11AM</p>	<p>14 West Rec Track Run Walk 9AM - 10AM Activities Room 10:30 AM - 11:30 AM Yoga & Strength Training  </p>	<p>15 Advisory Committee Meeting 9:00AM GOOD FRIDAY B... celebration! </p>
<p>18 Activities Patio Shuffleboard 10AM - 12PM  10 ppl first come first serve</p>	<p>19 Rec Center Park Frisbee Toss 1:30 - 3:00 </p>	<p>20 Commodities Distribution #1 8:30 AM - 3:00 PM </p>	<p>21 Activities Room Movie Day 10:00Am - 12:00PM </p>	<p>22 Activities Room *Sign up 10 per session Prize BINGO! 1:00PM 2:00PM 2:00 PM - 3:00 PM BINGO</p>
<p>25 Activities Room Sand Art 10AM - 11:30 AM  10 ppl first come first serve</p>	<p>26 Activities Room Tai Chi 4 week class 10 AM - 10:45 AM  10 ppl first come first serve</p>	<p>27 Activities Room 10AM - 11:30AM Create a Faux succulent vase  10 ppl first come first serve</p>	<p>28 Activities Room Tai Chi 4 week class 10 AM - 10:45 AM  10 ppl first come first serve</p>	<p>29 Activities Room BILLARDS COMPETION 10AM - 12PM </p>