



Isleta Pueblo News

Volume 17 Issue 6

Pueblo of Isleta website: www.isletapueblo.com

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June 2022

Governor's Report

Ma gu wam,
Hello to everyone. I hope the community is doing well. It is that time of year again where many families are celebrating the accomplishment of our youth as well as adults. Since the onset of the pandemic, COVID-19 changed how we did things in the past. Our students had to quickly learn how to attend class via Zoom. While that was a task within itself, many students had many challenges and that made it difficult to stay focused. There were many unknowns and students quickly adapted to and made the necessary changes. Throughout all that chaos, our youth and adults in school strived hard to achieve their goals. Tribal Administration acknowledges those struggles and efforts made by all. We commend all the graduates for the hard work and dedication you have put into your schooling. We want to congratulate everyone who has fulfilled the requirements to graduate, be it from Head Start, High School or from College. On behalf of Tribal Administration, we wish the best of luck as you move on to further your education or decide to begin your career. Remember learning does not end with school, learning will continue throughout your lifetime. Be proud of your accomplishment and thank your parents, family and friends who have supported you along the way. Tribal Administration also wants to congratulate and recognize parents and family for supporting your students so they can attain their respective degree, certificate or diploma. Again, congrats to all and may the creator bless you with the knowledge, strength and guidance in whichever direction you decide to take.

Please be advised, Tribal Administration was notified by the Bureau of Indian Affairs of Stage II fire restriction. At this time, we have stopped issuing burn permits until further notice. Please adhere to the fire restrictions that have been set in place. Please see attached notice of what is allowable and what is not when it comes to fire. As we have seen and now see, the fires burning in the State can be destructive. We want to protect what resources we have here in the Pueblo and careless use of fire can destroy our resources in minutes. We will continue to keep the Manzano Mountain area closed to help reduce the risk of fire. We also ask that Cattle permittees are careful when and if you are branding cattle on the range. Please do not use an open fire to heat brands so there is minimal risk of fire. Let us pray that our creator keeps us safe and that mother earth is blessed with moisture soon.

I am sure the community has heard talks of retrocession of the Isleta Elementary School to the Bureau of Indian Education (BIE). To update the community, late last year there were discussions that were held in regards to Isleta Elementary and its future. Much of the concern was the turnover of Administrators/Principals, key office staff and concerns of the current curriculum being taught at the school. In December of 2021, a final decision was made to go

Public Notice

To all Tribal Residents,

Please be advised, due to high extreme fire danger because of severe drought and very dry conditions, the Isleta Pueblo, at the advice of Southern Pueblo Agency will be moving to Stage II Fire Restrictions. The Manzano Mountains will continue to be closed for any activity. Burn permits at this time will no longer be issued until conditions improve.

Please see the attached Restrictions per Santee Lewis, Southern Pueblo's Agency Superintendent.

Respectfully,


Vernon B. Abeita, Governor

STAGE II FIRE RESTRICTIONS

STAGE-II Fire Restrictions Include: The following acts are prohibited on Tribal land, roads and campgrounds until further notice:

1. **Smoking is prohibited in the Bosque, Forest and Rangelands**, except within an enclosed vehicle or building; a developed recreation site; or while stopped in an area at least three feet in diameter that is barren or cleared of all flammable materials.
2. **Campfires are prohibited in the Bosque, Forest, and Rangelands**, except in developed camp and picnic grounds where grills and fire rings are provided.
3. **Use of fireworks is prohibited throughout the reservation.**
4. Use of explosives is **prohibited in the Bosque, Forest and Rangelands.**
5. Operation of a chainsaw or other internal combustion engines during the hours of 10:00 a.m. to 6:00 p.m. is **prohibited in the Bosque, Forest and Rangelands.** Any use requires the use of approved spark arresters and a fire watch requiring personnel to stay in the project area and watch for fires for a minimum of one hour after the last piece of equipment is shut down.
6. Welding or operating acetylene or any other torch with open flame is **prohibited in the Bosque, Forest and Rangelands;** and
7. Operating a Off Highway Vehicle (OHV) on tribal land roads **in the Bosque, Forest and Rangelands.** OHVs are All-terrain vehicles (ATVs), Dirt bikes and Off-road vehicles (ORVs, UTVs or Mule type vehicles).
8. Agricultural Burns are expressly Prohibited.

EXEMPTIONS:

- a. Pressurized liquid or gas stoves, lanterns/heaters meeting safety specifications **are allowed;** and
- b. Traditional fires such as; outdoor ovens and outdoor cooking fires **are allowed** as long as extreme caution is exercised and best judgment followed.
- c. All Federal, State, or local officers or members of an organized rescue or firefighting force in the performance of an official duty.

An exemption does not absolve an individual or organization from liability or responsibility for any fire started by the exempted activity.


SUPERINTENDENT
BIA, Southern Pueblos Agency

through a retrocession of Isleta Elementary back to BIE. On June 1st of 2022, BIE will officially take over the Isleta Elementary School. The retrocession process has been tedious but is on track to meet the deadline. BIE has been working with current staff to transfer over important documentation, equipment and supplies. Surveys of the facility have been made so the necessary work can be done to get any building code violations up to par. BIE along with Principal Mikela Romero, Council and Administration Liaisons and the School board have been conducting interviews to hire teaching staff and other positions. Some of the current staff will be transferring into positions after going through a hiring process to become BIE employees. We thank all staff who have dedicated their time to IES to provide instruction to our youth who attended Isleta Elementary.

Regarding Prior and Paramount irrigation water storage this year, the Coalition Pueblos will have 20,000 acre feet (ac-ft) stored in Abiquiu Lake. The May 1st, calculated storage was 26,000+ ac-ft, but they were limited to the 20,000 per the arrangement made. However, this amount of storage in Abiquiu is guaranteed each year while El Vado undergoes construction improvement.

On May 6, 2nd Lt. Governor and I attended along with other Coalition Pueblos (present and virtual), the 83rd Annual Rio Grande Compact Commission meeting in Alamosa, CO. To our knowledge, Isleta, yet alone any of the Pueblos have never attended a

meeting. This was historic and I was given the opportunity to read a statement on behalf of the 6 Middle Rio Grande Pueblo Coalition (see statement). While we had to wait until the end of the meeting to provide that statement, we established going forward at future annual meetings, to be included during the Report of the Commissioners agenda to make a report or comments. Again monumental, as we begin to go down the path of the process to negotiate our water rights that has begun. Second Lt. Governor (who knew people attending the annual meeting from his years on the NM Interstate Stream Commission) approached the Compact Commissioners and offered that Isleta would be willing to host next year's meeting in NM. As part of Isleta's and the Coalition's participation, there is a news article in Indian Country Today. The link is: <https://indiancountrytoday.com/news/pueblos-again-seek-inclusion-in-rio-grande-decision-making>

As we move forward into an unknown irrigation water supply for 2022, we must make sure to use whatever water is available, BUT not misuse. Recently, we experienced flooding of a field by overwatering which eroded the Otero Lateral. Also, on the Cacique water over topped and eroded the side bank and flooded the adjacent road. After this was on the Lower Chical. The Mayordomos have the authority to address with those individual responsible for abusing or being negligent, and will be supported by Tribal Administration any corrective action necessary. This includes

having standing water in the field. Please use only the amount of water necessary to irrigate.

We would like to welcome Mr. Joseph Lujan, as the new director for the re-established Natural Resources Department. Mr. Lujan recently retired from the federal government where he had the opportunity to work in natural resources representing four different federal agencies throughout the western United States. He looks forward to working to help connect people to nature while building support for the Pueblo and enhancing the local community. He is grateful for the opportunity to share his vision of natural resources for the benefit of the Pueblo, while promoting conservation efforts for future generations. Welcome Mr. Lujan.

Last of all we want to thank the many family and friends who celebrated what we call the Governor's Feast. We pray that St. Augustine will bless us with strong crops and a good harvest. We also hope through our prayers that our community and surrounding areas are blessed with rain. Haw-wu

Vernon B. Abeita, Governor

**PUEBLO OF ISLETA
VETERANS ASSOCIATION**

Pueblo of Isleta Veterans Association (POIVA) will collect items to help New Mexico Residents affected by the Recent Forest Fires

As we all know, many families' lives have been devastated by the recent forest fires, and the POIVA has unanimously voted to provide assistance to these families and the personnel fighting these fires.

On Saturday, May 28, 2022, the POIVA will be collecting the below items which will be sent to provide help to victims of the fires. Donations can be dropped off at the POIVA Center in Los Charcos from 10:00 AM – 2:00 PM.

Items requested: non-perishable foods, sports drinks, clothing, diapers and baby food, personal hygiene items, paper and cleaning products, bottled water, and also animal feed.

For any further info, call 505-573-3733, or 505-264-4110.

Pueblo of Isleta Volunteer Fire Department

The Pueblo of Isleta Volunteer Fire Department would like to thank the Governor's Office for supporting us, the Community, POI Departments and all of the outside communities and businesses for supporting the Donation Drive established for the families displaced by the recent wild fires in Northern New Mexico. Esquipula Garcia organized the fund drive and along with several members of the department including Chief Gary assisted in staffing the station to receive the donations. The donations were delivered to the Glorieta Conference Center on May 23, 2022. Again, we would like to thank all who donated, this shows that we are ISLETA STRONG. If you have further questions or comments, please feel free to contact the Fire Department at 505-869-9724

Thank you
Lester Gary, Fire Chief

Science
Technology
Engineering
Mathematics



I will be a
CHANGEMAKER

Jack Saloio
SMA Native American STEM Scholarship Recipient

Bring STEM home.

For more information about SMA Native American STEM Scholarship opportunities or to obtain an application please visit www.soudermiller.com

Scholarship application submission deadline:
June 10, 2022 at 5:00 p.m.



Coalition of Six Middle Rio Grande Basin Pueblos
c/o Stuart Paisano, Chairman

Pueblo of Sandia, 481 Sandia Loop
Bernalillo, New Mexico 87004
(505) 867-3317, Fax (505) 867-9235

STATEMENT TO THE RIO GRANDE COMPACT COMMISSION
May 6, 2022

Good morning. My name is Vernon Abeita, and I'm the Governor of the Pueblo of Isleta, which is a member of the Coalition of the Six Middle Rio Grande Pueblos. The Coalition is comprised of, from north to south, the Pueblos of Cochiti, Santo Domingo, San Felipe, Santa Ana, Sandia and Isleta. New Mexico's Pueblos are the oldest irrigators in the Rio Grande Valley and the six of us in the Middle Rio Grande work collectively to manage and protect our water rights and water resources. I make these remarks on behalf of all six of the Coalition Pueblos.

I would like to take a moment and recognize the other Coalition Pueblos that are here with me today — representatives of Cochiti, Santo Domingo and Santa Ana are attending in person, and representatives of San Felipe and Sandia including Coalition Chairman, Governor Stuart Paisano, are attending virtually. I believe this is the first time we have attended a Compact Commission meeting. It is good to be here today with all of you.

I mentioned, the Coalition Pueblos have cultivated and lived on their present-day lands since time immemorial — for centuries prior to the arrival of the Spanish. The Coalition Pueblos strive to be proactive in the issues and decision-making processes that affect how the water resources we depend on are managed and apportioned. In the past, Bureau of Indian Affairs (BIA) has represented the Pueblos at Commission meetings. However, it is now time the Coalition interact with the Commission directly and for the Commission to engage the Coalition Pueblos so that our voices can be heard. Today, we are calling for a seat at the table when issues concerning our water rights and resources are being discussed, and decisions made.

Currently, our water resources are being adversely affected and/or threatened by:

1. The ongoing mega drought and climate change;
2. The Texas v. New Mexico Supreme Court litigation and the potential that the dispute could expand into the Middle and Upper Valleys of the Rio Grande Basin;
3. Environmental groups threatening, again, to file a lawsuit concerning the alleged failure of the federal government to take sufficient measures to protect endangered species; and
4. Aging irrigation infrastructure, in dire need of repairs, and efficiency improvements.

On the positive side, I am pleased to share with you a welcomed development. Earlier this year, the Department of the Interior took the step of establishing a federal assessment team to help the Coalition Pueblos begin the process of resolving our water rights claims. We extend thanks to the State of New Mexico and the Middle Rio Grande Conservancy District (MGRCD) for their support of this endeavor.

For those of you from Colorado and Texas who may not be familiar with the unique legal status of certain of our water rights, I want to mention the two federal laws which recognize the Coalition Pueblos' rights to Rio Grande surface water.

On March 13, 1928, and again on August 27, 1935, Congress enacted legislation which recognized and protected Coalition

Pueblos' water rights in the Middle Rio Grande Valley. These include "prior and paramount" rights to irrigate 8,847 acres and rights for domestic use and livestock purposes. Additionally, water rights for the Coalition Pueblos' 12,600 acres of "newly reclaimed" lands, which are mandated to be as equal to those of like MRGCD lands. While not the full extent of the Pueblos' total water rights, these rights alone guarantee us enough water to irrigate over 20,000 acres of Coalition Pueblo lands. These statutes underscore the Coalition's significant interests in Rio Grande water.

Almost exactly ten years after the 1928 Act, the Compact States signed the Rio Grande Compact. As you know it specifically provides in Article XVI that:

"Nothing in this Compact shall be construed as affecting the obligations of the United States of America to Mexico under existing treaties, or to the Indian Tribes, or as impairing the rights of the Indian Tribes."

Turning briefly to water operations in El Vado Reservoir. To ensure sufficient surface water to meet our prior and paramount water rights, each year water is stored during the spring runoff in an amount that is calculated to be sufficient to meet those rights. However, this year, because of much needed repairs to El Vado dam, no water is being stored there this year, nor will water likely be stored there for another two more irrigation seasons. Consequently, our prior and paramount water must be stored in an alternate reservoir – Abiquiu - for the next few years. All the governments here today cooperated to help make this happen, and we thank you for that. We specifically want to recognize the Bureau of Reclamation for its assistance in this effort.

While we submit that the storage and release of water for the Coalition Pueblos' is outside of the Rio Grande Compact and thus the Commission's purview, we appreciate that none of the Compact States objected to the deviation proposed by the Army Corps to store up to 20,000 acre-feet of prior and paramount water at Abiquiu Reservoir this year. We are particularly appreciative of Texas' express recognition of Article XVI of the Rio Grande Compact.

In conclusion, we respectfully request that going forward that the Coalition Pueblos be included in all correspondence and all inter-governmental water management meetings that have the potential to impact our Rio Grande water, including water operations, management, and coordination. We further request that the Coalition Pueblos be invited to all future Compact Commission meetings.

Thank you and the Coalition Pueblos look forward to an open, candid, and constructive relationship with the Commission.

Stuart Paisano, Chairman
Coalition of Six Middle Rio Grande Basin Pueblos

Governors of the Coalition of Six Middle Rio Grande Basin Pueblos

- Governor Quintana, Cochiti Pueblo
- Governor Tenorio, Santo Domingo Pueblo
- Governor Ortiz, San Felipe Pueblo
- Governor Sanchez, Santa Ana Pueblo
- Governor Paisano, Sandia Pueblo
- Governor Abeita, Isleta Pueblo

LETTER FROM THE EDITOR

DEADLINE for June Newsletter articles is set for Thursday, June 16, 2022, at 4:30 pm. Articles may be dropped off at the Library or emailed to Nathaniel.Lujan@isletapueblo.com. Should you email your article, expect a confirmation email. If you do not receive a confirmation email, odds are it never made it to me and then it's time to panic, so call Nate at 505.869.9808.

People who wish to submit an article or flyer are responsible for generating their own article or flyer. Should you need help, please call the Library at 505.869.9808 and set up a date and time to sit down with a Library staff member who will help you throughout the process. The Library will NOT accept notes dropped off at the Library or information over the phone to generate your article.

PROBATES need to be published in the Newsletter for two consecutive months. Probates are considered court documents, therefore, all submitters must provide: 1) Name of Deceased, 2) Date of Deceased 3) Court Case # and 4) Date of Court Date. A Probate form can be found on the Newsletter Archive page at <http://www.isletapueblo.com/newsletters.html>.

CLASSIFIED ADS: The new administration has requested that the Newsletter start a Classified Ad section for Tribal members selling land, houses, mobile homes, vehicles, and farm equipment. Leasing of houses and mobile homes will be accepted. Smaller items which can be sold at the local flea markets or weekly yard sales will NOT be accepted.

Currently, this service is FREE to Tribal members. Land, houses, and mobile homes must be within the reservation boundaries. Ads must meet the 160 character limit. Ads that exceed the 160 characters will NOT be submitted into the Newsletter. A single picture June be submitted with the ad. Submitters of classified ads are responsible for generating their own ads as this is a FREE service.

As a reminder, Tribal business owners may submit a small flyer at no charge. Like the classified ads, business owners are responsible for generating their own flyers as this is a FREE service.

Classified ads and business flyers will be posted no more than two consecutive months. In the event where the Newsletter may exceed the 24-page limit, classified ads and business flyers will be “bumped” for newsletter articles. Again, this is a FREE service for Tribal members.

The Isleta Newsletter is owned and operated by the Pueblo of Isleta. Therefore, the Governor of the Pueblo of Isleta has the final say of all articles and contents within the Isleta Newsletter.

For additional questions, you may call the Library and speak with Nate or Diane at 505.869.9808.

Thank you,
Nathaniel Lujan

Newsletters may be found at the fifteen distribution locations listed below. Remember, Digital copies of the Newsletter may be obtained from the Newsletter archive at <http://www.isletapueblo.com/newsletters.html>

The fifteen Newsletter distribution locations are:

1.

TR 2 & TR 22 - Chical SE of Community Hall

2.

TR 10 - Behind the old 47 Sales

3.

TR 1 & TR 5 – Ranchitos / Bosque Farms Reservations Line

4.

Ranchitos Park

5.

Post Office - Big Tree

6.

TR 82 & TR 84 - Teller Road

7.

TR 78 & TR 82 - Carlos Trujillo Sr.

8.

TR 90 @ Y - CF Padilla

9.

Mouse Town Park –

10.

Health Center – South end of Health Center Parking lot

11.

Library Sunlight & Moonlight Intersection

12.

TR 6 - 47 Intersection


13.

TR 12 - 47 & 147 intersection (Old Smoke & Save)

14.

TR 71 & TR 54 @ Y - Holiday Robot / Paved Road / Railroad Tracks

15.

TR 45 & TR 40 @ Y - Tata Mel (POI Signage)
- 

PROBATES

IN THE MATTER OF THE ESTATE OF:
Pauline Abeita (DOD: 06/11/2009)

Case No. CV-PR-0175-2021

First Notice

TAKE NOTICE that in accordance with notice requirements, a Petition to Probate the Estate of **Pauline Abeita**, deceased **06/11/2009**, has been filed in the Pueblo of Isleta Tribal Court. Any person claiming an interest in the Estate is hereby advised to notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. Claims must be filed in writing. A hearing in this matter has been scheduled for **Monday, June 13, 2022 at 1:30 pm** at the Isleta Tribal Court, located at the Tribal Services Complex, 3950 Hwy. 47 SE, Building A, Albuquerque, NM. If you have any questions, please contact the Isleta Tribal Court at (505) 869-9699.

IN THE MATTER OF THE ESTATE OF:
Maria Petrita Jojola (DOD: 06/01/1994)

Case No. CV-PR-0025-2022

First Notice

TAKE NOTICE that in accordance with notice requirements, a Petition to Probate the Estate of **Maria Petrita Jojola**, deceased **06/01/1994**, has been filed in the Pueblo of Isleta Tribal Court. Any person claiming an interest in the Estate is hereby advised to notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. Claims must be filed in writing. A hearing in this matter has been scheduled for **Wednesday, July 20, 2022 at 9:30 am** at the Isleta Tribal Court, located at the Tribal Services Complex, 3950 Hwy. 47 SE, Building A, Albuquerque, NM. If you have any questions, please contact the Isleta Tribal Court at (505) 869-9699.

IN THE MATTER OF THE ESTATE OF:
Matthew Lawrence Reid (DOD: 10/22/2019)

Case No. CV-PR-0169-2021

First Notice

TAKE NOTICE that in accordance with notice requirements, a Petition to Probate the Estate of **Matthew Lawrence Reid**, deceased **10/22/2019**, has been filed in the Pueblo of Isleta Tribal Court. Any person claiming an interest in the Estate is hereby advised to notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. Claims must be filed in writing. A hearing in this matter has been scheduled for **Wednesday, July 20, 2022 at 10:30 am** at the Isleta Tribal Court, located at the Tribal Services Complex, 3950 Hwy. 47 SE, Building A, Albuquerque, NM. If you have any questions, please contact the Isleta Tribal Court at (505) 869-9699.

IN THE MATTER OF THE ESTATE OF:
Bernadeite Gaisthia (DOD: 06/04/2021)

Case No. CV-PR-0117-2021

First Notice

TAKE NOTICE that in accordance with notice requirements, a Petition to Probate the Estate of **Bernadeite Gaisthia**, deceased **06/04/2021**, has been filed in the Pueblo of Isleta Tribal Court. Any person claiming an interest in the Estate is hereby advised to notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. Claims must be filed in writing. A hearing in this matter has been scheduled for **Wednesday, July 20, 2022 at 1:30 pm** at the Isleta Tribal Court, located at the Tribal Services Complex, 3950 Hwy. 47 SE, Building A, Albuquerque, NM. If you have any questions, please contact the Isleta Tribal Court at (505) 869-9699.

IN THE MATTER OF THE ESTATE OF:
Evelyn Cherino (DOD: 05/03/2019)

Case No. CV-PR-0033-2022

First Notice

TAKE NOTICE that in accordance with notice requirements, a Petition to Probate the Estate of **Evelyn Cherino**, deceased **05/03/2019**, has been filed in the Pueblo of Isleta Tribal Court. Any person claiming an interest in the Estate is hereby advised to notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. Claims must be filed in writing. A hearing in this matter has been scheduled for **Monday, July 25, 2022 at 11:00 am** at the Isleta Tribal Court, located at the Tribal Services Complex, 3950 Hwy. 47 SE, Building A, Albuquerque, NM. If you have any questions, please contact the Isleta Tribal Court at (505) 869-9699.

IN THE MATTER OF THE ESTATE OF:
Rebecca Victorino (DOD: 04/24/2015)

Case No. CV-PR-0009-2022

First Notice

TAKE NOTICE that in accordance with notice requirements, a Petition to Probate the Estate of **Rebecca Victorino**, deceased **04/24/2015**, has been filed in the Pueblo of Isleta Tribal Court. Any person claiming an interest in the Estate is hereby advised to notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. Claims must be filed in writing. A hearing in this matter has been scheduled for **Thursday, July 28, 2022 at 9:30 am** at the Isleta Tribal Court, located at the Tribal Services Complex, 3950 Hwy. 47 SE, Building A, Albuquerque, NM. If you have any questions, please contact the Isleta Tribal Court at (505) 869-9699.

IN THE MATTER OF THE ESTATE OF: Case No. CV-PR-0159-2021
Jose Alejandro Abeita aka Joe Alex Abeita (DOD: 08/27/2018)

Second Notice

TAKE NOTICE that in accordance with notice requirements, a Petition to Probate the Estate of Jose Alejandro Abeita aka Joe Alex Abeita, deceased 08/27/2018, has been filed in the Pueblo of Isleta Tribal Court. Any person claiming an interest in the Estate is hereby advised to notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. Claims must be filed in writing. A hearing in this matter has been scheduled for Thursday, May 05, 2022 at 09:30 am at the Isleta Tribal Court, located at the Tribal Services Complex, 3950 Hwy. 47 SE, Building A, Albuquerque, NM. If you have any questions, please contact the Isleta Tribal Court at (505) 869-9699.

IN THE MATTER OF THE ESTATE OF: Case No. CV-PR-0190-2021
John Pershing Abeita (DOD: 11/21/21)

Second Notice

TAKE NOTICE that in accordance with notice requirements, a Petition to Probate the Estate of John Pershing Abeita, deceased 11/21/2021, has been filed in the Pueblo of Isleta Tribal Court. Any person claiming an interest in the Estate is hereby advised to notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. Claims must be filed in writing. A hearing in this matter has been scheduled for Thursday, June 02, 2022 at 11:00 am at the Isleta Tribal Court, located at the Tribal Services Complex, 3950 Hwy. 47 SE, Building A, Albuquerque, NM. If you have any questions, please contact the Isleta Tribal Court at (505) 869-9699.

IN THE MATTER OF THE ESTATE OF: Case No. CV-PR-0015-2022
Mary S. Donaldson (DOD: 10/19/2021)

Second Notice

TAKE NOTICE that in accordance with notice requirements, a Petition to Probate the Estate of Mary S. Donaldson, deceased 10/19/2021, has been filed in the Pueblo of Isleta Tribal Court. Any person claiming an interest in the Estate is hereby advised to notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. Claims must be filed in writing. A hearing in this matter has been scheduled for Thursday, June 09, 2022 at 10:30 am at the Isleta Tribal Court, located at the Tribal Services Complex, 3950 Hwy. 47 SE, Building A, Albuquerque, NM. If you have any questions, please contact the Isleta Tribal Court at (505) 869-9699.

IN THE MATTER OF THE ESTATE OF: Case No. CV-PR-0024-2022
Michael James Lucero (DOD: 01/08/22)

Second Notice

TAKE NOTICE that in accordance with notice requirements, a Petition to Probate the Estate of Michael James Lucero, deceased 01/08/2022, has been filed in the Pueblo of Isleta Tribal Court. Any person claiming an interest in the Estate is hereby advised to notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. Claims must be filed in writing. A hearing in this matter has been scheduled for Thursday, July 14, 2022 at 9:00 am at the Isleta Tribal Court, located at the Tribal Services Complex, 3950 Hwy. 47 SE, Building A, Albuquerque, NM. If you have any questions, please contact the Isleta Tribal Court at (505) 869-9699.

IN THE MATTER OF THE ESTATE OF: Case No. CV-PR-0039-2022
Rodney L. Paquin (DOD: 12/13/2021)

Second Notice

TAKE NOTICE that in accordance with notice requirements, a Petition to Probate the Estate of Rodney L. Paquin, deceased 12/13/2021, has been filed in the Pueblo of Isleta Tribal Court. Any person claiming an interest in the Estate is hereby advised to notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. Claims must be filed in writing. A hearing in this matter has been scheduled for To Be Determined (TBD) at TBD at the Isleta Tribal Court, located at the Tribal Services Complex, 3950 Hwy. 47 SE, Building A, Albuquerque, NM. If you have any questions, please contact the Isleta Tribal Court at (505) 869-9699.

IN THE MATTER OF THE ESTATE OF: Case No. CV-PR-0201-2021
John E. Jiron (DOD: 01/01/2021)

First Notice

TAKE NOTICE that in accordance with notice requirements, a Petition to Probate the Estate of John E. Jiron, deceased 01/01/2021, has been filed in the Pueblo of Isleta Tribal Court. Any person claiming an interest in the Estate is hereby advised to notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. Claims must be filed in writing. A hearing in this matter has been scheduled for Wednesday, July 13, 2022 at 3:00 pm at the Isleta Tribal Court, located at the Tribal Services Complex, 3950 Hwy. 47 SE, Building A, Albuquerque, NM. If you have any questions, please contact the Isleta Tribal Court at (505) 869-9699.

DEPARTMENT OF CULTURAL AND HISTORIC PRESERVATION

Ma k’u wam from the Department of Cultural and Historic Preservation! It’s been a busy spring season for all of us here at the Yonan An Cultural Center, and we look forward to an equally busy (and rewarding!) summer season. Listed below you’ll find info on recent happenings and upcoming events.

In early April, we welcomed our new Administrative Assistant, Shayna Atene. Shayna is a former cake decorator, an art history enthusiast, cold brew coffee lover, and kpop/anime fangirl. If you haven’t already, please drop by and say hello!

Also in April, the Pueblo of Isleta Department of Cultural and Historic Preservation welcomed Pueblo of Zuni Tribal Archivist Cordelia Hooee and Archives and Records Management Assistant Brittany Garcia to the Yonan An Cultural Center for a knowledge-sharing meeting intended to support the Tribal Archives at both pueblos.

In early May, the Indian Arts Research Center at the School for Advanced Research welcomed Tribal Archivist Cassandra Smith and a small group of Isleta artists for a collections review visit. During our visit, participants engaged with and learned from an extraordinarily well cared for collection of pottery, jewelry, and clothing items made by Isleta artists, some of whom included the participants themselves! It was a wonderful experience, and we look forward to facilitating many other such endeavors in the future.

Also in early May, the Pueblo of Isleta Department of Cultural and Historic Preservation received the happy news that we were awarded a 2022 Indigenous Community Research Fellowship from the American Philosophical Society. We are grateful to the APS Library and Museum for their continued support of our work to serve the Isleta tribal community.

In recent weeks, we also received exciting news from our Summer 2021 Intern Tribal Archivist Felicia Bartley. Ms. Bartley has been selected to participate in the 2022 Peabody Essex Museum (PEM) Native American Fellowship (NAF) program. PEM houses the oldest ongoing collection of Native art in the Western Hemisphere and believes that extensive, interconnected networks of family, community, and professionals are essential. The NAF program emerged more than a decade ago as part of an effort to fulfill the need of embracing more museum and cultural heritage professionals of Native American descent. The Department of Cultural and Historic Preservation offers our sincere congratulation to Felicia on her accomplishment!

This summer, the Department of Cultural and Historic Preservation will welcome Mellon Foundation Community-Based Archives Intern-Archivist Jeannette Martinez. Ms. Martinez will work with Tribal Archivist Cassandra Smith to create, design, and organize the Shiehwiif Digital Photo Archive Collection on a community-accessible digital archive and collections management system. She will also assist Ms. Smith in the research and development of policies and workflow procedures to support the Tribal Archive Collection Policy.

Also happening this summer is a collaboration between the Department of Cultural and Historic Preservation and the Isleta Youth Wellness Program. The collaboration is a community archival project that fulfills a key component of “Telling History from the Land,” an initiative generously funded by an Institute of Museum and Library Services Native American Library Services Enhancement Grant. “Telling History from the Land” is a multi-faceted endeavor that seeks to utilize tribal archival records creatively and collaboratively to tell the stories that the Isleta cultural landscape holds. Youth participants will create drawings, photographs, and written accounts of visits to sites within the village and tribal cultural landscape and will work with Tribal Archivist Cassandra Smith to transform their creations into a collection of archival records to share with Isleta tribal members now and in the future.

And finally, it’s been a super busy couple of months for folks involved in getting Yonan An’s beautiful Exhibition Hall ready for the installation of *Time Exposures: Picturing a History of Isleta Pueblo in the 19th Century*, an exhibition funded by the National Endowment for the Humanities featuring historic photographs taken here in Isleta. Many thanks to the Public Works and Design and Construction departments for all of your help unloading, building, painting, and more, and many thanks to our terrific installation team! Dates for the exhibition opening and related programming are not yet finalized, but we’ll be sure to let you know when they are. We look forward to welcoming you all to Yonan An for what promises to be the first of many wonderful exhibitions!

2022 PRIMARY ELECTION

BERNALILLO COUNTY–Bureau of Election

MAY 10, 2022, TUESDAY	VOTER REGISTRATION	CLOSES AT 5:00 PM
MAY 10, 2022, TUESDAY	ABSENTEE MAILING	STARTS AT 8:00 AM
JUNE 01, 2022, WEDNESDAY	ABSENTEE APPLICATION	REC'D AT 5:00 PM
JUNE 03, 2022, FRIDAY	ABSENTEE BALLOT	MAIL by 3:00 PM
MAY 21, 2022, SATURDAY	EARLY VOTING	STARTS AT 10:00 AM
JUNE 4, 2022, SATURDAY	EARLY VOTING	ENDS AT 7:00 PM
JUNE 07, 2022, TUESDAY	PRIMARY ELECTION DAY	7:00AM TO 7:00 PM

EARLY VOTING SITES: (21)

Beginning Saturday, May 21, 2022

1. 98th & CENTRAL SHOPPING CENTER, 120 98th St NW, Suite B101, B102
2. ANDALUCIA SHOPPING CENTER, 5600 Coors Blvd NW, Suite C-5
3. BERNALILLO COUNTY, Visitor & Cultural Center, 6080 Isleta Blvd SW,
4. CARACOL PLAZA, 12500 Montgomery Blvd NE, Suite 101
5. CENTRAL MERCADO, 301 San Pedro Dr, SE, Suite B, C, D, E
6. COTTONWOOD WEST, 10131 Coors Blvd NW, Suite C-02
7. DASKALOS SHOPPING CENTER, 5339 Menaul Blvd NE
8. FOUR HILLS SHOPPING CENTER, 13140 Central Ave SE, Suite 1420
9. HOLLY PLAZA, 6500 Holly Ave NE, Suite B-6
10. LOS ALTOS PLAZA, 4200 Wyoming Blvd NE, Suite B-3
11. LOS RANCHOS VILLA, 6601 4th Street NW, Suite E, F
12. PETROGLYPH PLAZA, 8201 Golf Course Rd NW Suite D-1
13. SOUTH VALLEY MULTI PURPOSE SENIOR CNTR, 2008 Larrazolo Rd, SW
14. THE SHOPPES AT 6001 SAN MATEO, 6001 San Mateo Blvd, Suite B-3
15. TIJERAS CITY HALL, 12 Camino Municipal, Tijeras
16. UNIVERSITY OF NEW MEXICO, Student Union Building, Louie's Lounge
17. WEST BLUFF SHOPPING CENTER, 5201 Ouray Rd NW, Suite D-2

“above” OPERATION DATES & HOURS: Saturday May 21 – 10:00am to 7:00pm

Monday May 23 – Saturday May 28 – 10:00am to 7:00pm

Monday May 30 – Saturday June 4 – 10:00am to 7:00pm

18. CLERK’S ANNEX, 1500 Lomas Blvd NW, Suite A – **Beginning Tuesday May 10, 2022**
- OPERATION DATES & HOURS: Tuesday May 10 – Friday May 13 – 8:00am to 5:00pm
- Monday May 16 – Friday May 20 – 8:00am to 5:00pm
- Saturday May 21 – 10:00am to 7:00pm
- Monday May 23 – Saturday May 28 – 10:00am to 7:00pm
- Monday May 30 – Saturday June 4 – 10:00am to 7:00pm
19. MOBILE VOTING UNIT, State Fair Ground, Albuquerque, NM
- OPERATION DATES & HOURS: Monday, May 23 - Friday, June 3 – 10:00a.m. – 5:00p.m.

TRIBAL RESERVATION EARLY VOTING SITES

20. ISLETA ELDERLY CENTER, Building 79 Tribal Road 40, Isleta
- OPERATION DATES & HOURS: TUESDAY Thru SATURDAY (8am-5pm)
- Saturday May 21 - 8:00am- 5:00pm
- Tuesday May 24 – Saturday May 28 – 8:00am- 5:00pm
- Tuesday May 31 – Saturday June 4 - 8:00am- 5:00pm
21. TOHAJIILEE DESIDERIO CENTER, 117 Tribal Rd 7036, ToHajiilee, NM
- OPERATION DATES & HOURS: MONDAY Thru FRIDAY (10am – 6pm)
- Monday May 23 – Friday May 27 – 10:00am- 6:00pm
- Monday May 30 – Friday June 3 - 10:00am- 6:00pm

ELECTION DAY June 7, 2022

ELECTION DAY POLL SITES: OPENS - 7:00am to 7:00pm

Total Election Day Voting Convenience Centers (VCCs) - 72

98th & Central Shopping Center – 120 98th St NW, Suite B101 & B102, 87121

Andalucia Shopping Center – 5600 Coors Blvd NW, Suite C-5, 87120

Bernalillo County Visitor Center – 6080 Isleta Blvd SW, 87105

Caracol Plaza – 12500 Montgomery Blvd NE, Suite 101, 87111

Central Mercado – 301 San Pedro Dr. SE, Suites B, C, D & E, 87108

Clerk’s Annex – 1500 Lomas Blvd NW, Suite A, 87104

Cottonwood West – 10131 Coors Blvd NW, Suite C-02, 87114

Daskalos Center – 5339 Menaul Blvd NE, 87110

Desiderio Community Center – 117 Tribal Rd 7036, ToHajiilee NM 87026

Four Hills Shopping Center – 13140 Central Ave SE, Suite 1420, 87123

Holly Plaza Shopping Center – 6600 Holly Ave NE, Suite B-6, 87113

Isleta Elderly Center– Building 79 Tribal Rd 40, Isleta NM 87022

Los Altos Plaza – 4200 Wyoming NE, Suite B-3, 87111

Los Ranchos Villa – 6601 4th St NW, Suite U, 87107

Petroglyph Plaza – 8201 Golf Course Rd. NW, Suite D-1, 87120

South Valley Multipurpose Senior Center – 2008 Larrazolo Rd SW, 87105

The Shoppes at 6001 San Mateo – 6001 San Mateo NE, Suite B-3, 87109

Tijeras City Hall – 12 Camino Municipal, Tijeras NM 87059

University of New Mexico– Student Union Building, Louie’s Lounge, 87131

West Bluff – 5201 Ouray Rd NW, Suite D-2, 87120

A. Montoya Elementary School– 24 Public School Rd, Tijeras NM 87059

Adobe Acres Elementary School – 1724 Camino Del Valle SW, 87105

Albuquerque High School – 800 Odelia Rd NE, 87102

Arroyo Del Oso Elementary School – 6504 Harper Dr NE, 87109

Bandelier Elementary School – 3309 Pershing Ave SE, 87106

Bellehaven Elementary School – 8701 Princess Jeanne Ave NE, 87112

Chaparral Elementary School – 6325 Milne Rd NW, 87120

Cibola High School – 1510 Ellison Dr NW, 87114

CNM Workforce Training Center – 5600 Eagle Rock Ave NE, 87113

Del Norte High School – 5323 Montgomery Blvd NE, 87110

Double Eagle Elementary School – 8901 Lowell Dr NE, 87122

Duranes Elementary School – 2436 Zickert Rd NW, 87104

Eisenhower Middle School – 11001 Camero Ave NE, 87111

Eldorado High School – 11300 Montgomery Blvd NE, 87111

Forest Meadow Baptist Church – 54 Hwy 217, Tijeras NM 87059

Garfield Middle School – 3501 6th St NW, 87107

Hayes Middle School – 1100 Texas St NE, 87110

Herman Sanchez Community Center – 1830 William St SE, 87102

Highland High School – 4700 Coal Ave SE, 87108

Holiday Park Community Center – 11710 Comanche Rd NE, 87111

Hubert H Humphrey Elementary School – 9801 Academy Hills Dr NE, 87111

Jackson Middle School – 10600 Indian School Rd NE, 87112

Jefferson Middle School – 712 Girard Blvd NE, 87106

Kennedy Middle School – 721 Tomasita St NE, 87123

La Cueva High School – 7801 Wilshire Ave NE, 87122

La Mesa Elementary School – 7500 Copper Ave NE, 87108

Lyndon B Johnson Middle School – 6811 Taylor Ranch Rd NW, 87120

Madison Middle School – 3501 Moon St NE, 87111

Manzano High School – 12200 Lomas Blvd NE, 87112

Manzano Mesa Elementary School – 801 Elizabeth St SE, 87123

McKinley Middle School – 4500 Comanche Rd NE, 87110

Montezuma Elementary School – 3100 Indian School Rd NE, 87106

Mountain View Community Center – 201 Prosperity Ave SE, 87105

North Star Elementary School – 9301 Ventura St NE, 87122

Onate Elementary School – 12415 Brentwood Hills Blvd NE, 87112

Pajarito Elementary School – 2701 Don Felipe Rd SW, 87105

Polk Middle School – 2220 Raymac Rd SW, 87105

Raymond G Sanchez Community Center – 9800 4th St NW, 87114

Rio Grande High School – 2300 Arenal Rd SW, 87105

Rudolfo Anaya Elementary School – 2800 Vermejo Park Dr SW, 87121

Sandia High School – 7801 Candelaria Rd NE, 87110

Taylor Middle School – 8200 Guadalupe Trl NW, 87114

Truman Middle School – 9400 Benavides Rd SW, 87121

Valle Vista Elementary School – 1700 Mae Ave SW, 87105

Valley High School – 1505 Candelaria Rd NW, 87107

Van Buren Middle School – 700 Louisiana Blvd SE, 87108

Ventana Ranch Elementary School – 6801 Ventana Village Rd NW, 87114

Vista Grande Community Center – 15 La Madera Rd, Sandia Park NM 87047

Volcano Vista High School – 8100 Rainbow Blvd NW, 87114

Washington Middle School – 1101 Park Ave SW, 87102

West Mesa High School – 6701 Fortuna Rd NW, 87121

Zuni Elementary School – 6300 Claremont Ave NE, 87110

Bernalillo County Voters may vote in-person or hand-deliver a **completed absentee ballot** to any of these locations.

WHO CAN VOTE? Eligible Voters registered as a Major Party **ONLY – Democrat, Republican, Libertarian**

QUESTIONS – Bernalillo County Clerk’s Office – 505-243-VOTE (8683) or clerk@bernco.gov. Visit BerncoVotes.org and follow us on Facebook and Twitter.



Rocky Mountain Youth Corps (RMYC) is a nonprofit youth development organization serving New Mexico. We inspire young adults to make a positive difference in themselves and their communities. Through training and service, Corpsmembers discover their potential for healthy, productive lives.

POSITION DESCRIPTION: National Trails System Intern

Position Title: National Trails System Intern, Individual Placement
Work Location: Albuquerque, New Mexico
Classification: Full-time, Seasonal, desired start date of May 31, 2022
Schedule: Mon-Fri with additional time as required by program needs
Compensation: living stipend of \$1162, before taxes and paid every 2 weeks; all benefits as described in RMYC Individual Placement Manual. Benefits upon start include paid holidays and PTO.
Supervision Received: Receives general supervision from the Middle Rio Grande Conservation Program Manager

Position Purpose :
This is an individual placement position at the Valle de Oro National Wildlife Refuge (NWR) to work as a National Trails System Intern. This individual will be a Rocky Mountain Youth Corps (RMYC) member but will work for the refuge and specifically for the refuge staff on multiple trails projects and other tasks. This is a 13-week position.

Valle de Oro NWR is located in the South Valley, 7 miles south of downtown Albuquerque. The refuge occupies 570-acres of traditional, ancestral lands of the Tiwa People, whom stewarded the land throughout generations. As the current land stewards, Valle de Oro NWR is a designated Urban NWR slated to be converted from a former dairy farm into natural and native habitat features of the Middle Rio Grande Valley to be an oasis for both wildlife and people. At this refuge, staff, partners, and the community are collaboratively building a refuge from the ground up, keeping in mind wildlife, people, environmental justice, and more.

The intern will promote public outreach events with the general public and nearby neighborhoods to plan for the future development and programming of the Valley de Oro National Wildlife Refuge (Valle de Oro). The intern will assist planning consultants with their planning efforts and community engagement activities while assisting with multiple projects concerning the overall trail network. The Refuge Manager will formally supervise this position with day-to-day oversight provided by the Visitor Services Coordinator.

MAJOR RESPONSIBILITIES

- Become familiar with refuge trail plan, engineering sites plans for wetland and swale construction, designs for outdoor classroom, Valle de Oro NWR Environmental Assessment and Compatibility Determinations, Valle de Oro NWR Habitat Management and Visitor Services Development Plan and Environmental and Economic Justice Strategic Plan.
- Assist Refuge Staff, National Park Service, and contractor in community engagement for interpretation of El Camino Real. Assist with advertisement, facilitation, coordination of charettes, consolidation and interpretation of data, and reporting.
- Work with refuge staff to determine trail alignment of El Camino Real in relationship to refuge visitor center complex, maintenance yard and future trails. Provide geographic information, photographs, diagrams, or maps on finalized alignment. Potentially flag out sections of trail for reference on-site.
- Provide technical support for Perimeter Trail planning which may include site visits with project partners, regional office staff, partner coordination, research, and providing recommendations as needed.
- Write, edit, and report language for signage assisting in user group interface on Perimeter Trail. Include locations of signs along trails.
- Research subjects relating to trail network development and interpretation
- Provide a final report and give a final presentation to refuge staff and partners.

OTHER RESPONSIBILITIES

- Participate in staff and program meetings
- Substitute for Crew Supervisors when necessary
- Work with other staff members on a variety of events and projects
- Other duties as assigned

TRAININGS

- USFWS will provide trainings on equipment use and safety. Trails Intern must attend, participate in, and pass the following required trainings.
 - o USFWS Mandatory Trainings:
 - National Safety Council Defensive Driving Course (10th Edition R).
 - o Valle de Oro NWR Mandatory Trainings:
 - Tools safety and use: weed whip, lawn mower, various hand tools, and various power tools.
 - Herbicide safety and application trainings and review
 - Herbicides will be applied under the guidance and state permit of the Biologist).
 - Local bird species identification, if applicable.
 - Local plant species identification, if applicable.
 - Safe and proper way to plant plugs, poles, seedlings, and spread seed.
 - Wildlife and Habitat survey protocols: bird surveys and/or other surveys/projects.
 - Trailering.
 - TrackMan.
 - Site safety.
 - May be able to join in other refuge or partner training.
 - o Rocky Mountain Youth Corps Mandatory Trainings:
 - Participate in Life Skills trainings with the RMYC training department. Trainings may encompass a variety of topics.

QUALIFICATIONS

Knowledge

- Knowledge of tool use and safety.
- Knowledge of issues facing the local community.
- Basic knowledge of trail building and maintenance practices.
- Basic knowledge of local plants and animals.
- Familiarity with techniques and concepts of safety and risk management.

Experience

- Experience with, or an interest in, environmental or conservation related projects.
- Community volunteer experience or a history of service-based learning.

Skills

- Ability to perform strenuous physical tasks under adverse weather conditions.
- Strong organizational and communication skills.
- Ability to be punctual and reliable.
- Ability to take detailed field observations/notes.

Behavioral Competencies

- Open to constructive feedback.
- Flexibility and adaptability.
- Can work independently once provided instructions and materials.
- Problem solving and decision making skills a plus.
- Maturity level that allows for supervision and motivation of others.
- Ability to take initiative and follow through with project goals.
- Consistent positive mental attitude and work ethic.

Travel Requirements

- Periodic overnight work and non-traditional work hours, inclusive of weekend and evening hours.
- Participate in occasional offsite meetings, trainings, and presentations.
- A valid driver's license.

Physical and Environmental Requirements

- Lift and/or move up to 50 pounds occasionally, up to 30 pounds frequently, and/or up to 10 pounds constantly.
- Frequently traverse uneven terrain; walk, balance, stoop, kneel, bend, reach, push, pull, and/or grasp. Moderate amount of physical exertion.
- Have a visual acuity to operate motor vehicles and to determine the accuracy, neatness, and thoroughness of work assigned.
- Receive detailed information through written and/or oral communication; convey important spoken and/or written instructions accurately and effectively.
- Work indoors in an office and/or outdoors and may encounter variable weather conditions.

Other Considerations

- Pre-employment background check will be required which includes both a FBI, state and National Sex Offender Public Website check.
- AmeriCorps members are required to be a US Citizen, National, or Lawful Permanent Resident of the US
- Participants must be aged 18-30 years of age.

Rocky Mountain Youth Corps is an equal opportunity employer and does not discriminate against any individual on the basis of race, color, gender, age, national origin, marital status, sexual orientation or disability. All RMYC positions dependent upon availability of funding.

To apply, visit www.youthcorps.org. For additional questions, please contact Janus Herrera, janus@youthcorps.org

ENVIRONMENTAL DEPARTMENT

Thank You from Environment Department!



Pueblo of Isleta employees from several departments on Earth Day.

On Friday April 22, 2022 in celebration of Earth Day, Environment Department welcomed volunteers to participate in a community clean-up event for suggested areas around the Pueblo that had an accumulation of litter. Although the event was limited to 3 hours with winds exceeding 30 mph, volunteers managed to pick up enough recyclables and litter to fill two truck beds! We would like to thank Human Resources for their help organizing this event, Public Works for donating high-vis vests and gloves, and the Transfer Station for donating the trash bags and properly disposing the waste. We would also like to thank the volunteers who picked up all that trash in effort to Keep Isleta Beautiful! Celebrate Earth Day every day, if you see trash in the environment pick it up!

Environment Department: Bird Banding at Valle de Oro

What is bird banding? Bird banding is one of the oldest techniques used for studying and identifying individual birds. In order to identify and keep track of individual birds, scientists put aluminum or colored bands on birds' legs. Similar to the license plate on a car, each aluminum band has a unique set of numbers.



When and where is this event? This will be a recurring event. Nets are placed in the bosque area at Valle de Oro National Wildlife Refuge. Please see accompanying table for the schedule of time and dates.

What will happen at this event? The bird banding team will start by setting the nets up at specific times in the early morning. They will then open the nets at sunrise and as long as it is not too windy, keep the nets open for 6 hours. As long as the weather cooperates, the bird banding team will be there until about noon. Anyone is welcome to join for the available time slots!

What can you learn from participating? Visitors can watch research in action and learn about the bird banding process, migration patterns, life span, breeding territory, and feeding areas of different bird species.

We ask that you call Environment Department in advance to reserve a time slot so that transportation to and from the bird banding site and other details can be confirmed or arranged. You do not have to stay for the entire time the nets are out, but we would appreciate it if you inform us if you plan to leave early. For more information, please call Heaven Lucero at 505-869-9814.

RIO GRANDE BIRD RESEARCH, INC.			
VALLE DE ORO NWR 2022 BANDING SCHEDULE			
Month	Gate opens/closes (a.m.)	Open Nets (a.m.)	Sunrise (a.m.)
June			
2 Thu	15/5:20	5:30	6:05
12 Sun	5:05/5:10	5:20	5:53
22 Wed	5:15/5:20	5:30	5:51
July			
1 Fri	5:15/5:20	5:30	6:00
11 Mon	5:15/5:20	5:30	6:07
22 Fri	5:20/5:25	5:40	6:10
31 Sun	5:25/5:30	5:45	6:14



Job Postings

Visit us online at
<http://www.isleta.com/career-opportunities.aspx>
Fax: 505-244-8232

OUR LOCATION
Isleta Resort and Casino is located 7 minutes south of downtown Albuquerque at Interstate 25 and Hwy 47, exit 215. The Human Resources office can be found on the east side of the building through the Employee Entrance doors.

Title	Location	Address	City, State	Date Posted ▾	SLOTS SHIFT SUPERVISOR	0100 - SLOTS OPERATIONS	11000 Broadway SE	Albuquerque, NM	4/26/2022
SOUS CHEF	0330 - F&B CHILI RISTRA	11000 Broadway SE	Albuquerque, NM	5/20/2022	BARTENDER	0327 - F&B SPORTS BOOK BAR		albuquerque, NM	4/26/2022
PMT I	1350 - FACILITIES MAINTENANCE	11000 Broadway SE	Albuquerque, NM	5/16/2022	SLOTS FLOOR TECHNICIAN	0100 - SLOTS OPERATIONS	11000 Broadway SE	Albuquerque, NM	4/26/2022
PLUMBER I	1350 - FACILITIES MAINTENANCE	11000 Broadway SE	Albuquerque, NM	5/16/2022	Custodial Assistant Supervisor	1355 - CUSTODIAL	11000 Broadway SE	Albuquerque, NM	4/22/2022
BARBACK	0327 - F&B SPORTS BOOK BAR		albuquerque, NM	5/12/2022	SOUS CHEF	0330 - F&B CHILI RISTRA	11000 Broadway SE	Albuquerque, NM	4/21/2022
NAIL TECHICIAN	0200 - HOTEL OPERATIONS	11000 Broadway SE	Albuquerque, NM	5/12/2022	GUEST SERVICE SUPERVISOR	1150 - MARKETING PLAYERS CLUB	11000 Broadway SE	Albuquerque, NM	4/20/2022
POOL ATTENDANT	1365 - POOL MAINTENANCE	11000 Broadway SE	Albuquerque, NM	5/12/2022	FRONT DESK AGENT	0205 - HOTEL FRONT DESK	11000 Broadway SE	Albuquerque, NM	4/19/2022
SPA MANAGER	0595 - SPA MANAGEMENT	11000 Broadway SE	Albuquerque, NM	5/10/2022	TABLE GAMES DEALER	0120 - TABLE GAMES	11000 Broadway SE	Albuquerque, NM	4/19/2022
Captain	SECURITY	11000 Broadway SE	Albuquerque, NM	5/9/2022	BANKER	0140 - BINGO	11000 Broadway SE	Albuquerque, NM	4/5/2022
SHOP CLERK	0700 - GOLF COURSE OPERATIONS	11000 Broadway SE	Albuquerque, NM	5/6/2022	ADMISSIONS/ISSUE CLERK	0140 - BINGO	11000 Broadway SE	Albuquerque, NM	4/4/2022
Compensation & Classification Analyst	1510 - HUMAN RESOURCES	11000 Broadway SE	Albuquerque, NM	5/4/2022	COOK II	0315 - F&B EMBERS	11000 Broadway SE	Albuquerque, NM	3/31/2022
SLOTS FLOOR ATTENDANT	0100 - SLOTS OPERATIONS	11000 Broadway SE	Albuquerque, NM	5/3/2022	STEWARD	0386 - F&B UTILITY KITCHEN	11000 Broadway SE	Albuquerque, NM	3/31/2022
SLOTS FLOOR ATTENDANT	0100 - SLOTS OPERATIONS	11000 Broadway SE	Albuquerque, NM	5/3/2022	HDCT	1355 - CUSTODIAL	11000 Broadway SE	Albuquerque, NM	3/24/2022
SPORTS BOOK WRITER/G.S.R.	1150 - MARKETING PLAYERS CLUB	11000 Broadway SE	Albuquerque, NM	5/3/2022	PASTRY CHEF	0380 - F&B BAKERY	11000 Broadway SE	Albuquerque, NM	3/9/2022
COSMETOLOGIST	0510 - SPA SALON	11000 Broadway SE	Albuquerque, NM	5/2/2022	SUPERVISOR F & B (Panda Express)	0329 - F&B PANDA EXPRESS	11000 Broadway SE	Albuquerque, NM	3/7/2022
ROOM INSPECTOR	0230 - HOTEL HOUSEKEEPING	11000 Broadway SE	Albuquerque, NM	5/2/2022	HOUSEPERSON	0230 - HOTEL HOUSEKEEPING	11000 Broadway SE	Albuquerque, NM	3/7/2022
Cage Shift Supervisor	0150 - CASH OPS CAGE	11000 Broadway SE	Albuquerque, NM	4/27/2022	HOTEL PM TECHNICIAN	0230 - HOTEL HOUSEKEEPING	11000 Broadway SE	Albuquerque, NM	3/7/2022
SLOTS SHIFT SUPERVISOR	0100 - SLOTS OPERATIONS	11000 Broadway SE	Albuquerque, NM	4/26/2022	Irrigation Technician	0701 - GOLF COURSE MAINTENANCE	11000 Broadway SE	Albuquerque, NM	3/7/2022
BARTENDER	0327 - F&B SPORTS BOOK BAR		albuquerque, NM	4/26/2022	Table Games Floor Supervisor	0120 - TABLE GAMES	11000 Broadway SE	Albuquerque, NM	3/7/2022
SLOTS FLOOR TECHNICIAN	0100 - SLOTS OPERATIONS	11000 Broadway SE	Albuquerque, NM	4/26/2022	SALES MANAGER	0220 - HOTEL SALES	11000 Broadway SE	Albuquerque, NM	3/3/2022
Custodial Assistant Supervisor	1355 - CUSTODIAL	11000 Broadway SE	Albuquerque, NM	4/22/2022	CATERING MANAGER	0220 - HOTEL SALES	11000 Broadway SE	Albuquerque, NM	3/2/2022
SOUS CHEF	0330 - F&B CHILI RISTRA	11000 Broadway SE	Albuquerque, NM	4/21/2022	Cook I (Fat Burger)	0328 - F&B FAT BURGER	11000 Broadway SE	Albuquerque, NM	2/24/2022
GUEST SERVICE SUPERVISOR	1150 - MARKETING PLAYERS CLUB	11000 Broadway SE	Albuquerque, NM	4/20/2022	Cook I (Panda Express)	0329 - F&B PANDA EXPRESS	11000 Broadway SE	Albuquerque, NM	2/24/2022
FRONT DESK AGENT	0205 - HOTEL FRONT DESK	11000 Broadway SE	Albuquerque, NM	4/19/2022	RESTAURANT CHEF	0315 - F&B EMBERS	11000 Broadway SE	Albuquerque, NM	2/23/2022
TABLE GAMES DEALER	0120 - TABLE GAMES	11000 Broadway SE	Albuquerque, NM	4/19/2022	BARTENDER	0334 - F&B CENTER BAR	11000 Broadway SE	Albuquerque, NM	2/18/2022

Guest Service Representative	1150 - MARKETING PLAYERS CLUB	11000 Broadway SE	Albuquerque, NM	2/4/2022
DATABASE MANAGER	1130 - MARKETING DATABASE	11000 Broadway SE	Albuquerque, NM	2/4/2022
SECURITY OFFICER II	0180 - SECURITY	11000 Broadway SE	Albuquerque, NM	2/2/2022
VALET ATTENDANT	0250 - HOTEL GUEST SERVICE	11000 Broadway SE	Albuquerque, NM	2/1/2022
BAKER I	0380 - F&B BAKERY	11000 Broadway SE	Albuquerque, NM	2/1/2022
Banquet Server	0340 - F&B CATERING & BANQUETS	11000 Broadway SE	Albuquerque, NM	2/1/2022
Banquet Captain	0340 - F&B CATERING & BANQUETS	11000 Broadway SE	Albuquerque, NM	2/1/2022
FOOD ATTENDANT (BEVERAGE)	0331 - F&B DAUBERS GRILL	11000 Broadway SE	Albuquerque, NM	1/26/2022
FOOD ATTENDANT	0330 - F&B CHILI RISTRA	11000 Broadway SE	Albuquerque, NM	1/26/2022
Food Attendant (Chills)	0332 - F&B CHILL COFFEE BAR	11000 Broadway SE	Albuquerque, NM	1/26/2022
Cage Cashier	0150 - CASH OPS CAGE	11000 Broadway SE	Albuquerque, NM	1/20/2022
MASSAGE THERAPIST	0200 - HOTEL OPERATIONS	11000 Broadway SE	Albuquerque, NM	1/18/2022
Count Member	0160 - CASH OPS COUNT	11000 Broadway SE	Albuquerque, NM	1/4/2022
SLOTS SHIFT SUPERVISOR	0100 - SLOTS OPERATIONS	11000 Broadway SE	Albuquerque, NM	4/26/2022
BARTENDER	0327 - F&B SPORTS BOOK BAR		albuquerque, NM	4/26/2022
SLOTS FLOOR TECHNICIAN	0100 - SLOTS OPERATIONS	11000 Broadway SE	Albuquerque, NM	4/26/2022
Custodial Assistant Supervisor	1355 - CUSTODIAL	11000 Broadway SE	Albuquerque, NM	4/22/2022
SOUS CHEF	0330 - F&B CHILI RISTRA	11000 Broadway SE	Albuquerque, NM	4/21/2022
GUEST SERVICE SUPERVISOR	1150 - MARKETING PLAYERS CLUB	11000 Broadway SE	Albuquerque, NM	4/20/2022
FRONT DESK AGENT	0205 - HOTEL FRONT DESK	11000 Broadway SE	Albuquerque, NM	4/19/2022
TABLE GAMES DEALER	0120 - TABLE GAMES	11000 Broadway SE	Albuquerque, NM	4/19/2022
LAUNDRY ATTENDANT	0230 - HOTEL HOUSEKEEPING	11000 Broadway SE	Albuquerque, NM	4/19/2022
BARTENDER	0334 - F&B CENTER BAR	11000 Broadway SE	Albuquerque, NM	4/18/2022
BAKER II	0380 - F&B BAKERY	11000 Broadway SE	Albuquerque, NM	4/18/2022
TRAINING & DEVELOPMENT MNGR	HUMAN RESOURCES	11000 Broadway SE	Albuquerque, NM	4/15/2022
Custodian	1355 - CUSTODIAL	11000 Broadway SE	Albuquerque, NM	4/13/2022
VALET SUPERVISOR	0250 - HOTEL GUEST SERVICE	11000 Broadway SE	Albuquerque, NM	4/8/2022
COOK II	0340 - F&B CATERING & BANQUETS	11000 Broadway SE	Albuquerque, NM	4/7/2022
SLOT PREVENTATIVE MAINTENANCE (PM) TECHNICIAN	0100 - SLOTS OPERATIONS	11000 Broadway SE	Albuquerque, NM	4/7/2022
HDC SPECIALIST	UTILITY KITCHEN	11000 Broadway SE	Albuquerque, NM	4/5/2022



My name is Jonna Toledo and I work out of the Goodwill store in Los Lunas. What I do is help people find jobs in the community. This is a FREE service that Goodwill offers. I do work by appointment. The first appointment I just get the information to help with your job search. Example: What you are looking for, your availability, experience, etc...we do meet weekly until you find a job. Just because you find a job does not mean we are finished! I will stay in touch with you about once a month for 3 months just to make sure everything is going well. We want to make sure you are being treated well and that the job is a good fit for you. I can give job leads, help fill out applications electronically, make resumes, and we can also practice interviewing skills so you feel comfortable in an interview. I do know lots of hiring managers in the area to help set up interviews. We participate in job fairs as well as organize them and set them up at Goodwill in Albuquerque and Los Lunas. Because we are a non profit there is no charge for this service. It is FREE to the community. Not a lot of people realize that Goodwill does FREE services because they are not really advertised. They just know that the store is a good place to go and get good deals on merchandise. It doesn't matter what type of job you are wanting, I can help! There are several different fields in the area including administrative, custodial/janitorial, retail, daycare, eldercare, warehousing, production, retail and food services. Soon landscaping and outdoor type positions will be opening up. Please contact if you need help. It is always my pleasure to help with your job search. Just call me to set up an appointment! Thank you!



Helping New Mexicans overcome barriers to employment since 1941

Jonna Toledo, Career Specialist
Goodwill Industries of New Mexico
jtoledo@goodwillnm.org
505-944-0289 Voice
505-750-4315 Remote
201 Desert Willow Rd., Los Lunas, NM 87031



Greetings to everyone!
It is that time of year where we want to celebrate our kids graduating from High School. A great accomplishment for every family. It is almost tradition to have a dinner and dance to let our kids know how proud of them we are. As many of you know, my husband and I are well known in the community for bringing music and laughter together. I grew up listening to my dad and my uncle's band play for such events for a long time as "The Pueblo Ramblers". It would be our honor to DJ for anyone who would have us. Please call us if you are interested in booking us for your next Party. We also do weddings, birthdays, any event that makes you want to dance. You can call/text for booking information at 505-238-6305. We also sell "Pueblo Rambler" Cd's. Thank you for your support!

Carolyn and Randy Jim

Isleta Pueblo News



Editor:
Nathaniel Lujan
Asst. Editor:
Diane Abeita
Published By:
Valencia Express

Pueblo of Isleta Career Opportunities

Position Posting	Office Location	Closing Date
ACCOUNTANT	Treasury	Open Until Filled
ACCOUNTANT/ PAYROLL	Treasury	Open Until Filled
ADMINISTRATIVE ASSISTANT I	Department of Education	Open Until Filled
ADMINISTRATIVE ASSISTANT I	Recreation Center	Open Until Filled
ADMINISTRATIVE ASSISTANT II	Elder Center	Open Until Filled
ADMINISTRATIVE ASSISTANT III	Natural Resources	06/03/2022
AGRICULTURAL IRRIGATION TECHNICIAN	Agricultural Division	Open Until Filled
ANIMAL CONTROL OFFICER	Police Department	Open Until Filled
ASSISTANT MANAGER	C-Stores	Open Until Filled
AUTO & DIESEL MECHANIC	Construction Operations	Open Until Filled
BUS DRIVER (Part Time)	Head Start	Open Until Filled
CARPENTER I, II or III (3 Positions)	Housing Authority	Open Until Filled
CAREGIVER (2 Positions)	Assisted Living Facility	Open Until Filled
CERTIFIED CODER II	Human Services	Open Until Filled
CERTIFIED CODER III	Health Services	05/24/2022
CHIEF OF POLICE	Police Department	Open Until Filled
CHILD CARE PROVIDER	Head Start	Open Until Filled
CLINICAL THERAPIST	Health Services	Open Until Filled
CONSTRUCTION FOREMAN	Housing Authority	Open Until Filled
COMMUNITY HEALTH NURSE	Health Services	Open Until Filled
COMPUTER IT SPECIALIST	Department of Education	Open Until Filled
COMPLIANCE INSPECTOR I	Gaming Regulatory	Open Until Filled
COMPLIANCE INSPECTOR SUPERVISOR	Gaming Regulatory	Open Until Filled
COOK I	Assisted Living Facility	Open Until Filled
COOK I	Head Start	Open Until Filled
DENTAL ASSISTANT	Health Services	Open Until Filled
DENTAL HYGIENIST	Health Services	Open Until Filled
DIABETES PODIATRIST	Health Services	Open Until Filled
DIRECTOR, CONSTRUCTION OPERATIONS	Construction Operations	Open Until Filled
DISPATCHER	Police Department	Open Until Filled
EARLY HEAD START TEACHER	Head Start	Open Until Filled
EDUCATION COORDINATOR II	Head Start	Open Until Filled
EMT INTERMEDIATE	Health Services	Open Until Filled
FACILITIES WORKER	Head Start	Open Until Filled
FAMILY SERVICES PRESENTING OFFICER	Tribal Administration	Open Until Filled
FILE CLERK	Census	05/31/2022 - Within Only
GAMING INVESTIGATOR	Gaming Regulatory	Open Until Filled
GROUNDS KEEPER	C-Stores	Open Until Filled
GROUNDS MAINTENANCE WORKER	Public Works	Open Until Filled
HEALTH & SAFETY OFFICER	Health Services	Open Until Filled
HOME CARE ATTENDANT	Elder Center	Open Until Filled
HOMEOWNERSHIP/ LOAN AGREEMENT COUNSELOR	Housing Authority	Open Until Filled
INSTRUCTIONAL COORDINATOR	Department of Education	Open Until Filled -Within Only
INTERNSHIP	Human Resources	Open Until Filled
INTERNAL AUDITOR	Gaming Regulatory	Open Until Filled
JR SYSTEMS ADMINISTRATOR	MIS	Open Until Filled
LANGUAGE TEACHER	Department of Education	Open Until Filled -Within Only
LEAD CUSTODIAN	Health Services	Open Until Filled
LEAD CUSTODIAN	Public Works	Open Until Filled
LIBRARY AIDE I	Library	05/25/2022
MAINTENANCE TECHNICIAN	Public Works	Open Until Filled
MAINTENANCE TECHNICIAN	Housing Authority	Open Until Filled
MEDICAL ASSISTANT	Health Center	Open Until Filled
NUTRITIONIST/BREAST FEEDING COORDINATOR	WIC	Open Until Filled
PARALEGAL	Legal Department	05/27/2022
PARKS & MAINTENANCE WORKER	Parks & Recreation	Open Until Filled
PERSONAL CARE SERVICE AIDE (2 Positions)	Elder Center	Open Until Filled - Within Only
PHYSICIAN	Health Center	Open Until Filled
PLUMBER	Housing Authority	Open Until Filled
POLICE OFFICER I - CERTIFIED	Police Department	Open Until Filled
POLICE OFFICER I - CERTIFIED	Police Department - Open Space	Open Until Filled - Within Only
POLICE SERGEANT	Police Department	Open Until Filled
PROBATION/CHILDREN's INTERVENTION OFFICER	Tribal Court	Open Until Filled
RECORDS CLERK	Tribal Administration	Open Until Filled
REGISTERED NURSE	Health Services	Open Until Filled
REGISTERED NURSE - PT	Assisted Living Facility	Open Until Filled
SALES ASSOCIATE	C-Stores	Open Until Filled
SECURITY OFFICER	Health Services	Open Until Filled
SECURITY OFFICER	Police Department	Open Until Filled
SECURITY OFFICER/SUPERVISOR	Police Department	Open Until Filled
SEPTIC TRUCK DRIVER	Public Works	Open Until Filled
SHIFT LEAD	C-Stores	Open Until Filled
SHIFT SUPERVISOR - CNA	Assisted Living	Open Until Filled
TUTOR I	Department of Education	Open Until Filled
TUTOR II	Department of Education	Open Until Filled
UTILITY WORKER	Public Works	Open Until Filled
VAN DRIVER	Elder Center	Open Until Filled
VETERAN SUPPORT SERVICE MEMBER	Elder Center	Open Until Filled -Within Only
WATER RESOURCES MANAGER	Water Resources	Open Until Filled

Mental Health Awareness

Orion Zuni,
Experiential Educator
Isleta Behavioral Health Services
(505) 869-5482

“You don’t have to struggle in silence. You can be Un-silent. You can live well with a mental health condition, as long as you open up to somebody about it.”
~Demi Lovato

The month of May was dedicated to Mental Health Awareness and was established to bring attention to the importance of mental health and wellness in American lives, and to celebrate recovery from mental health illness. Although we may not realize it, mental health is an essential aspect of a person’s overall health.

What is mental health?

Mental health is focused on our emotional, psychological, and social well-being. It is very impactful to the way we think, feel, and act. Mental health is very important at every stage in life, from childhood and adolescence through adulthood into our elder years. It helps determine how we handle stress, relate to others, and when making choices. Throughout our lives we may face mental health problems that could impact our thinking, mood, and behavior.

There are many factors that can contribute to mental health problems, and could include:

- Life experiences, such as abuse or trauma
- Family history of mental health problems
- Biological factors, such as genes or brain chemistry

Mental health problems affect everyone and are very common within our community. Typically, mental health problems are clinically diagnosable and are products of our experiences, biology, psychology and social factors. There are many various types of treatments for mental health problems and are dependent on the individual. Treatments can include therapies (talk, trauma, EMDR, etc), medication, or both depending on the individual’s needs that will target specific mental health problems.


While it is important to consider mental health as a part of our overall health and wellbeing, it still holds a lot of stigma behind it. Many people with mental health problems can be highly productive members of our community. You probably know someone who struggles with mental health problems but does not show it. Even very young children may show early warning signs of mental health concerns. Unfortunately, less than half of children and adolescents with diagnosable mental health problems receive the treatment they need. Mental health support early in a child’s life can help before problems interfere with other developmental needs.

While there are many factors that play into mental health problems, there are also positive ways of maintaining positive mental health and can include:

- Getting professional help if you need it
- Connecting with others
- Getting active physically
- Helping others
- Maintaining a healthy sleep schedule
- Developing healthy coping skills

Positive mental health allows us to realize our full potential, cope with the stress of everyday life, work productively, and make meaningful contributions to our community.

While mental health problems are very common, help is available. People with mental health problems can get better and many recover completely. If you or someone you know is struggling with mental health feel free to reach out to the Isleta Behavioral Health Clinic at 505-869-5475 and set up an appointment with one of our counselors.



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Tutor Doctor is Hiring Tutors!

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Fill out an application online
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Now offering specialty automotive services. Windshield rock chip repair, tire pressure monitor sensor replacement, and headlight restorations.

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 <p>GLASS REPAIR</p> <p>Fast repairs of rock chips with quality resins. Improve safety, save your windshield today. Starting at</p> <p>\$30.00</p>	 <p>TIRE SENSOR REPLACEMENT</p> <p>Save fuel with properly inflated tires. Sensors for most vehicles. Turn off that light on your dash. Prices starting at</p> <p>\$59.00</p>	 <p>HEADLIGHT RESTORATION</p> <p>Improve night vision and safety. Increases the value of your vehicle. Less expensive than headlight replacement. Prices starting at</p> <p>\$89.00</p>
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Sp Adobe Spark



**Valencia County Partnership Presents:
The 4th Annual Summer Teacher Academy**

Join us on Wednesday, July 13, 2022 for a **FREE** in-person event to help you recharge and start the school year off with a **BANG!**

Time: 9:00 am to 1:30 pm
Breakfast and check-in 8:15 to 9:00 am
Location - **IN PERSON** at UNM Valencia Campus

What:
This training brings local employers to present workshops for teachers on topics related to the skills they look for when hiring.

Presentations are geared toward secondary,
but all grades welcome
Space is limited

Sponsored by Meta

Click this link or
go to this QR code to register

REGISTER NOW >



Questions? Contact Teri Wimborne at teri.wimborne@uwcnm.org



39 Isleta graduating 2022 Seniors

Jordan Cloud	Century High School
LaRae Otero	Century High School
Jeremiah Ortiz	Cibola High School
Donna Begay	College and Career High School
Jimmie Perez III	Academy High School
Aidan Chavez	Los Lunas High school
Audrey Abeita	Los Lunas High School
Cheyenne Martinez	Los Lunas High School
Christina Thomas	Los Lunas High School
Elizabeth Waseta	Los Lunas High School
Gabriella Jojola	Los Lunas High School
Iris Jiron	Los Lunas High School
Izabella Olguin	Los Lunas High School
Julian Trujillo	Los Lunas High School
Mackenzie Zuni	Los Lunas High School
Madelynn Otero	Los Lunas High School
Mary Benavidez	Los Lunas High School
Miranda Yelch	Los Lunas High School
Savannah Jiron	Los Lunas High School
Travis Abeita	Los Lunas High School
X-Zander Abeita	Los Lunas High School
Zoey Abeita	Los Lunas High School
Imari Abeita	Manzano High School
David Tewahaftewa	NACA
Patrick Keryte	Richard Montgomery High
Victoria Lente	Rio Grande High school
Quentin Anzara	School of Dreams Academy
Estevan Isidor Abeita	St. Pius
Erin Waconda	St. Pius X High School
Estevan Abeita	St. Pius X High School
Vanessa Chavez	St. Pius X High School
Dominic Cherino	TACL
Jacob Valdez	Valencia High School
Devin Chacon	Amy Biehl High School
Emylee Howard	Arvada West High School
Isaiah Brooks	Atrisco Heritage Academy High School
Kylie Tafoya	Valencia High School
Meadow Storms	Valencia High School

TRUANCY

Dream big and shine bright!

Did you know New Mexico was home to a few famous business leaders?

Jeff Bezos, Founder of Amazon

Born and raised in New Mexico for some time in his childhood, Jeff Bezos graduated from Miami Palmetto Senior High School then attended and received a degree in electrical engineering and computer science from Princeton University. After graduating, he was offered jobs at Intel and Bell Labs, among others. He joined the hedge fund company D.E. Shaw and Co and became the company's fourth Senior Vice-President at the age of 30. He quit his job at an investment bank and moved to Seattle, Washington to start a virtual bookstore while working out of his garage, which would soon become Amazon.
(* A hedge fund is an investment vehicle that caters to high net worth individuals, institutional investors, and other accredited investors.)

Conrad Hilton, Founder of Hilton Hotels

Born and raised in New Mexico, Conrad Hilton attended Goss Military Academy, later renamed New Mexico Military Institute from which he graduated from in Roswell. He later studied at St. Michael's College which became the Santa Fe University of Art and Design, then New Mexico School of Mines which became New Mexico Tech. He served for several years in the first state legislature after New Mexico became a state. He was only 21 and was the youngest state representative at the time. After spending two years in World War I, he returned with a dream to build a large business. He moved to Texas to buy a bank but ended up buying a hotel which would become the Hilton Hotels.

Cody Willard, American investor, TV anchor, current hedge fund manager

Born and raised in Ruidoso, New Mexico, Cody Willard attended and graduated the University of New Mexico with a Bachelor's degree in Economics. He was an anchor on Fox Business Network and the co-host of Fox Business Happy Hour, which was rated number one on the Fox Network. He was also the Wall Street correspondent for The Tonight Show with Jay Leno.

No matter where you come from, be it New Mexico or elsewhere, always remember that no matter the goal or dream you have, you can become successful in whatever you decide to do in your life!

Thank you, Isleta Truancy Department



Pueblo of Isleta Public Library

Greetings from the library, summer has arrived and our Summer Reading Program has kicked off! We would like to say congratulations to all students who were promoted and graduated from all schools. With graduation parties coming up, don't forget the library can help with any invitations, picture scanning or copies. Please come in and see what YOUR library offers for FREE, you'll be surprised!

News

We have some exciting news, starting Saturday June 11th the library will once again be open for business every Saturday from 9am to 1pm. We will be open for check-out, check-ins, computers, Wi-Fi, copies and to fax. It's been a long time coming but we are happy to be open once again on Saturdays!

The Summer is a very busy time for the library and patrons may experience longer waiting times at the front desk. You will notice more children during the day and new summer workers. Please be patient with us as some of the new staff are just learning and for some it is their very first job. We would like to apologize in advance for any inconvenience during this busy time and we thank you for understanding. Please feel free to reach out if you have any questions or concerns. You may call the library at 505-869-9808.

The library now has laptop checkouts for in house use only for library patrons with a valid ID. Laptops are available on a first-come, first-served basis. Wi-Fi is available and laptops will automatically connect to it for easy internet access. Laptops must be returned to the checkout desk after each session or before the end of the business day. Laptop checkouts are only for use inside the library and cannot be taken home. If you would like to learn more about this service or have any questions, please give the library a call at 505-869-9808.

Our Family Story Time will be taking a break this June and July. Story time will begin again in August with story times every Wednesday starting at 10:30am and activities such as crafts will follow. If you have any questions about our story times give the library a call and speak with Cheyenne at 505-869-9808 or Cheyenne.Castillo@isletapueblo.com.

Upcoming

Our Summer Meal Program will begin on Wednesday, June 1st and end on Friday, August 5th. All meals are FREE to children ages 17 and under and are offered to the community and public. Meals are provided by Bernalillo County and will be served in our Art Room with seating available inside and outside of the library. All meals MUST BE EATEN ON SITE due to strict summer meal program regulations. All meals will be served daily, Monday-Friday. Breakfast will be served from 8:00am-9:00am. Lunch will be served from 11:30am-1:00pm. If you have any questions about this program, please give the library a call at 505-869-9808.

Summer Reading Program will begin on Monday, June 6th. Our Junior program will begin at 9:00am and end at 11:30am. Our Youth program will begin at 1:00pm and end at 4:00pm. Both programs are currently full at the moment, however you are more than welcome to put your child on the waiting list. If a child decides our program is not for them or misses more than 5 days, they will be dropped from our program, and we will



Library Staff acting quickly to extinguish a flame on a hands-on exercise during training.

move on to our waiting list. Below is our daily schedule of events for our programs.

Juniors ages 3-6 years old.

Theme: Oceans of Possibilities
8:00am-9:00am: Breakfast will be served
9:30am-10:00am: Story time/View Sonic
10:00am-11:20: Craft/Activity/Playtime
11:30am-12:00pm: Lunch will be served

Youth ages 7-14 years old.

Theme: 4 different curriculums (STEM, Marvel Universe, Dinosaurs and Foods & Desserts)

11:30am-1:00pm: Lunch will be served

1:00pm-2:00pm: Reading Groups and Discussion

2:00pm-3:30pm: Curriculum Activities

3:30pm-4:00pm: Clean-up/Snack Time/Free Time

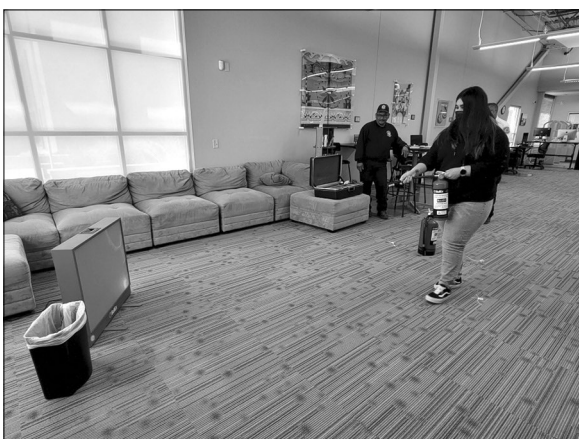
Calendars for each program and descriptions are available at the library or on the library's website under 2022 Library Summer Reading Program (SRP). If you have any questions about our Summer Reading Program or would like to put your child on the waiting list, give the library a call at 505-869-9808.

Recap

Library Fire Extinguisher training for staff was held on Wednesday May 4th. Library staff learned fire extinguisher basics, common fire hazards, proper procedures and also did a hands-on exercise using a fire extinguisher to put out a digital flame. We would like to thank the Pueblo of Isleta Fire Department and Fire Chief Lester Gary and Esquipula Garcia for conducting the training. Library staff learned very valuable information that we have in case of an emergency.



After School Field Trip to Carnival Treats in Bosque Farms!



Pueblo of Isleta Fire Department conducting fire extinguisher training for library staff.

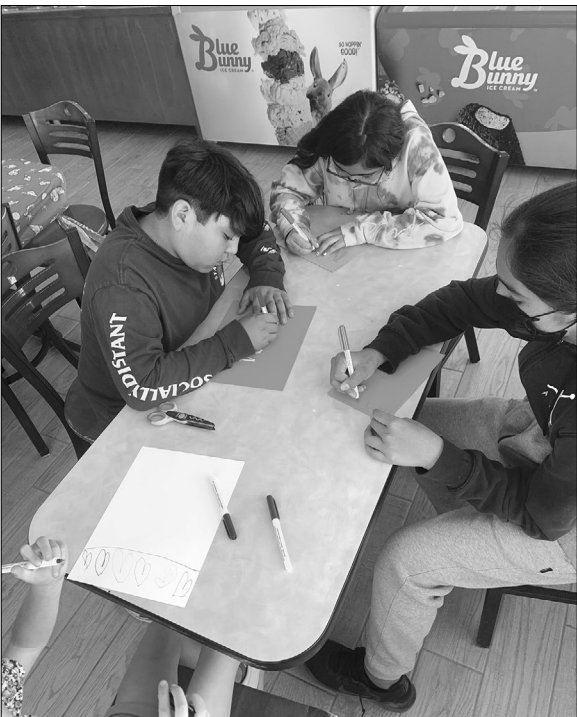
Our Summer Reading Program registration was held on Friday, May 6th starting at 7am, however parents started lining up at 5am that morning. We had a total of 20 spots for the juniors and 20 spots for the youth programs. We started our registration 15 minutes earlier to get parents in and out that morning. Our youth program filled up by 7:00am and our junior program filled up later that same morning. We are currently still taking names for our waiting list for each program. We would like to thank everyone who woke up extra early, cleared their schedules and waited in line for registration. We appreciate your participation in our program each summer. We are continually trying to improve our services, if you have any recommendations or suggestions on how we can improve please feel free to let us know.

The library would like to give a shout out to our After School Program students. They finished out the school year and are ready to have a fun this summer. For the month of May students enjoyed two incentive field trips which included a trip to Carnival Treats located in Bosque Farms where they got to make a Mother's Day gift and after



that they got to enjoy a carnival style dinner which included hamburgers, corndogs, curly fries and for dessert, ice cream. We would like to thank Carnival Treats for the hospitality and welcoming us to your establishment. For our second field trip we had something special planned being it was the end of the school year and we wanted to thank the students for doing an awesome job with keeping up with their reading, homework and participating in daily activities and crafts. Library staff took students to Main Event in Albuquerque for their final field trip of the year. The library staff would like to wish all students a safe and fun summer!

Our After School Program registration for the upcoming 2022-2023 school year will be in August and will be open to 15 students. Transportation to the library will be available for Bosque Farms Elementary ONLY as the other students have bus stops near the library. If you have any questions regarding our After School Program, give us a call at 505-869-9808.



After School Students making a Mother's Day Gift at Carnival Treats!

St. Augustine Parish
Isleta Pueblo



Ministry of Consolation



PUEBLO OF ISLETA PUBLIC LIBRARY

SUMMER MEAL PROGRAM

JUNE 1ST - AUGUST 5TH

Breakfast and lunch will be provided!
Meals must be eaten on-site at the library!



Monday -Friday

BREAKFAST: 8AM TO 9AM

LUNCH: 11:30AM TO 1PM

FREE to ALL Youth
AGES 1-17 years old



Youth must be present.

Meals are limited and served on a first come first served basis.

The Pueblo of Isleta Public Library
will be a site for meal distribution!

If you have any questions please contact the library at (505) 869-9808.



New Isleta Recreation Center presents:



BERNIE JOJOLA

MEMORIAL Challenge

FUN WALK & RUN

Saturday, June 4th, 2022

On Site Registration Begins at 8AM

•Walk/Run Starts at 9AM

Location: New Rec Center (Isleta) Tribal Road 40

For more information please call: (505) 869-9777

Pick-up Registration forms at New Recreation Center

Tribal members and POI employee's only, must pre-register by April 22, 2022

PUEBLO OF ISLETA
PUBLIC WORKS DEPARTMENT

Water Quality Report

The annual Water Quality Reports, also known as Consumer Confidence Reports (CCRs), will be available by the end of June 2022. The reports for the Eastside water system, Los Charcos water system and Shea Whiff water system will be available for your review through the Pueblo of Isleta Intranet. Paper copies may be obtained by calling the Public Works Department at 505-869-5170.

The reports contain the analytical results for various water samples obtained for each water system. If a contaminant was tested for but was un-detectable, it may not be included in the report as only contaminants that were detected are required to be reported. Since certain contaminants are not required to be tested on an annual basis, the year the sample was obtained is included in the report.

Helpful information about your water system such as how many ground water wells are in operation, water conservation, cross-connection control, source water protection and more are included in each report.

If you have any questions or comments regarding the report, feel free to contact Public Works at 505-869-5170 or go to our Face Book page, Isleta Pueblo Public Works.

Facebook Page

Speaking of Facebook, the Public Works Department now has a Facebook page. Road closures, water shut-offs and more information will be shared on this page.

Don't Flush **THAT!**

Your sewer line is designed to handle wastewater from kitchen and bathroom sinks, showers, tubs, washers and toilets. Nothing should be flushed down the toilet except what naturally comes out of the human body and toilet paper. **NO** “flushable” wipes, baby wipes, diapers, feminine hygiene products, paper towels or rags should be flushed down the toilet. Flushing these items can cause your sewer line to become blocked and the sewer to back-up into the home.

Grease is the number 1 cause of back-ups in sewer service lines. Grease, flour and other items sent down the drain can cause a build-up of the grease inside the piping. The grease can harden in the line, eventually causing the line to become blocked with grease. Empty the grease into an old can, allow grease to harden and throw the can in the trash. Remember making paste from flour and water back in kindergarten or pre-school? Think about what flour rinsed down the kitchen sink will do. Scrape as much flour as possible into the trash can prior to rinsing out the bowl to help prevent drain line issues.

If your home is on a septic system, care needs to be taken on what type of cleaning supplies are used. Microbes grow inside the septic tank and are important to the treatment of the incoming wastes. Microbes are susceptible to harsh chemicals. Anti-biotic hand soaps, laundry detergents, bleach, ammonia and other chemicals can destroy the microbes living inside your septic system. It is best to utilize environmentally friendly cleaning products.

Retailers want to sell you products to keep your septic system working at its best. Some of these products are good and will help your system but can be pricey. Instead of buying a product, consider rinsing out any yogurt containers and allow the water to go down the drain. Yogurt is full of bacteria that are beneficial to your septic tank. Yeast is a great way to build up the amount of microbes in your septic tank. Just rinse the yeast down the sink and let it get to work.

When your septic tanks needs to be pumped the septic operator will leave some of the “solids” in the tank. These solids contain the microbes necessary to properly treat the incoming waste. If the septic operator were to remove all the solids in the tank, no microbes would be available to treat the incoming wastewater. It takes a long time for a tank to build-up enough microbes to efficiently treat the wastewater. Retailers sell septic tank microbes but it is better (and less expensive) to leave enough microbes in the tank to handle the wastewater treatment.

Residences connected to a sewer main also need to be aware of what items are going down the drain. Everything flushed down the sewer eventually ends up at a treatment facility. The Pueblo's two main wastewater treatment facilities utilize microbes, similar to how a septic system uses microbes, to “clean” the wastewater. Floor strippers, wax, paint thinner and other harsh chemicals

are harmful to the treatment process at these facilities and can have a negative impact on the treatment of the wastewater. Items flushed down toilets such as feminine products, rags, underwear and socks can become jammed inside pumps, causing the pump to fail. Grease that has become solidified inside the main sewer lines can “break off” inside the pipes and flow down into the treatment plant, creating grease issues throughout the entire plant.



The roots from trees or shrubs planted too close to your sewer service line or sewer main lines can get inside the piping. Tree roots, once inside a pipe, expand and grow. These roots eventually “catch” items flowing down the pipe, creating a blockage and sewage back-ups. Roots inside a sewer main line can grow large enough to block the 8” pipe, causing sewer to back-up in the main lines, and eventually causing homes connected to the main line to experience back-ups. Please be careful when planting trees and large shrubs on your

property. Know where your sewer and water lines are located and do not plant anything close to the lines. Tree roots have been known to “squeeze” water lines in an attempt to get to the water, causing damage to the piping and creating leaks.

Your sewer clean-outs are the access point used to “snake” your line to clear sewage blockages. Know where the clean-outs are. Do NOT build any structures over the clean-outs or your sewer service line. If the clean-outs are covered, there is no easy way to clear the sewer line when a back-up occurs. The sewer line pipe may need to be repaired and if the pipe is located under a structure, the cost to repair or replace it will be significant.

Be aware of where your water line and water shut-off are located. Water isolation valves and pipes that are in-accessible due to a structure built over them will cause significant problems if you have a water leak and cannot turn the water off.

Do not drive over your septic system - including the septic tank, drain field and clean-outs. If damaged, repairing or replacing these items can be costly. Homes with a “mound” system need to be aware that there is an electrical line going to the control panel and from the control panel to the pump installed inside the tank.

There are several residences that have E-1 units. Sewer from the home flows into a vault or pit. Inside the valve pit is an E-1 pump. The pump “grinds” the sewage and pumps the wastewater to a manhole. There are electrical wires, a control panel, the valve pit, check valves and piping installed to take the sewage from your home to the nearest manhole. Know the location of this equipment and do not drive near it. The pumps are very expensive to replace. The pumps are made to “grind” up normal items in the wastewater but will become plugged by baby wipes, hygiene products, towels, and rags. Once the pump is plugged, it will fail to run and will not pump the wastewater out of the vault. Wastewater will fill up in the vault creating a back-up in the home. Protect your system by keeping the trash out of the wastewater.

Keep the clean-out caps in place. If they are missing or broken, replace them as anything that falls down (rocks/dirt) or are dropped (toys) into the sewer service line can create blockages in the line.

If you have any questions, please contact Public Works at 505-869-5170.



© Crafting The Word Of God

ISLETA POLICE DEPARTMENT

GETTING READY FOR SUMMER!

Summertime is around the corner but the temperatures have been rising and the effects have been felt by many. Some say it feels like summer is already here. When is it officially summer you ask? There are two ways of looking at this meteorological or astronomical.

As taken from *Calendarpedia*:

Astronomical summer vs. meteorological summer

There are various ways to define the start and end dates of summer. The two most commonly used ones are based on the astronomical calendar and the meteorological calendar. Astronomical and meteorological summer start and end on different dates.

As we are in the northern hemisphere we follow the astronomical

Astronomical summer

In the astronomical calendar the start and end dates of summer are based on the changing position of Earth in relation to the sun and the resulting solar events of equinoxes and solstices. In the Northern Hemisphere spring ends and summer starts at the moment of the June solstice, which occurs every year between June 20 and June 22. Summer ends and autumn starts at the moment of the September equinox, which occurs every year between September 21 and 24. In the Southern Hemisphere summer lasts from the December solstice (December 20 to 23) to the March equinox (March 19 to 21).

Meteorological summer

Meteorologists, on the other hand, define seasons based on climatic conditions and the annual temperature cycle. It is important for them to be able to compare the same period of time in different years. The length of the astronomical seasons varies between 89 and 93 days, while the length of the meteorological seasons is less variable and is fixed at 90 days for winter in a non-leap year (91 days in a leap year), 92 days for spring and summer, and 91 days for autumn. While the exact definition of a season's timing and length can differ in different areas based on local conditions, in most of the Northern Hemisphere meteorological summer is generally defined as the three months of June, July and August, with the season starting on June 1 and ending on August 31.

Okay, what about our “neck of the woods”? Following the astronomical definition for the northern hemisphere, June 21 is defined as the first day of summer as summer solstice occurs at 3:13 a.m. signifies the longest day of the year in terms of sunlight hours. Summer ends on September 22, 2022.

Summer vacation for the children is not too far away and there are many precautions and cautions to consider for all. Children will be out of school and seeking summer programs to attend, meeting with friends playing, walking and riding their bicycles. Each year we remind all motorists to be particularly attentive and alert when driving because children may dart into their path. Use of cell phones while driving is highly discouraged because the few seconds

to look at the phone reduces the driver’s ability to react. Here are a few facts from NHTSA (National Highway Traffic Safety Administration):

“Distracted driving is dangerous, claiming 3,142 lives in 2020. NHTSA leads the national effort to save lives by preventing this dangerous behavior. Get the facts, get involved, and help us keep America’s roads safe.”

So imagine looking at your phone while driving either to dial a number or trying to text for even five seconds per NHTSA at 55 mph that is the equivalent of driving the length of a football field and a lot could happen during this time and distance. You will not be able to stop for the child chasing a ball across the street because your time and attention was not on driving but on your cell phone. The car stopped ahead of you waiting for traffic to begin to move because the traffic light just changed to green, you will not be prepared and will rear end that vehicle which may lead to a chain reaction. There are applications you can download on your phone to send messages to those texting you or calling you.

WELCOME

We welcome the new members to the Isleta Police Department:



Cubathee “Cubs” was born and raised in the Pueblo of Isleta. Before transferring to the Isleta Police Department Open Space Division, he was employed at the Isleta Recreation Center for nearly 3 years as a Personal Trainer and Spin Instructor. “I’m grateful for this opportunity with the Isleta Police Department Open Space Division to protect my Community and Range Lands and pursue my Career in Law Enforcement with the Pueblo of Isleta”.



Jessica Merritt was born in Albuquerque but raised in Texas. She recently moved back from Michigan. She enjoys spending her time with her family she describes as “pretty big” and exploring new places. She

states she is a “cat mom” to an eleven-year-old tabby named Pierre. “I am so grateful and excited to be starting my career in police dispatch”.

IHSP TRAFFIC DIVISION:

The Traffic Division as always remains quite busy enforcing traffic laws, investigating crashes, conducting traffic controls as well as many other varied activities throughout the Pueblo. The “Click It or Ticket Campaign” ended June 5, 2022 but be aware officers will continue to issue those citations for seatbelt compliance. It is a never-ending process and ensuring drivers and passengers remain safe is a 24/7, 365 days a year effort.

ACTIVITIES:

The Isleta Police Department remains committed to the community and had many activities throughout the month of May to include attendance at the Mother’s Day celebration at the Elderly Center. It was a wonderful event and the elders seemed to enjoy the visits from the members of the Police Department.

A “Meet and Greet” was held May 18th at the Elderly Center with officers, IHSP Lead Traffic Officer J.P. Abeita, Animal Control Anthony Abeita, and Case Manager Sergeant Colby Hardy providing presentations describing their division objectives and activities.

IPD Officers also attended at the Child Abuse Awareness Fun Walk/Run and the Candlelight Vigil dinner held by the Isleta Social Services Department.

The Animal Control Division also promoted and participated in several events over the past few months to include a Spay & Neuter Clinic, Vaccination Clinic as well as a Pet Food Distribution event. This Division has been extremely proactive in locating, securing or returning pets to their owners. Please be sure you are in compliance with the regulations/guidelines for animals and pets as they have the authority to cite for any violations.

Heather Trujillo, Records Tech been extremely proactive in locating, securing or returning pets to their owners. Please be sure you are in compliance with the regulations/guidelines for animals and pets as they have the authority to cite for any violations.



Isleta Police Department began the early stages planning for the Third Annual National Night Out – 2022 and things are moving along. Once again various departments will be participating in the event and there have been joint planning meetings already held. We have, with permission from the organization, changed the date from the first Tuesday of August to the first Friday of August in hopes it will allow more families to attend. Please keep an eye out for posters on this event to be posted in July 2022. Looking forward to seeing the community come out and have a fun time as there will be exhibits, games, food and prizes!

If you have questions or if you as a community member would like to make contributions/donations please do not hesitate to call:
Heather Trujillo,
Records Tech 505-869-9743
Crystal Anchondo,
Open Space Admin Asst. 505-869-9754
Detective Anthony Zambrano
505-869-9714
Officer Sharon K. Mitamura
505-382-3459

TIPS FROM THE CDC:



Keep Your Cool in Hot Weather!
Learn about heat-related illness and how to stay cool and safe in hot weather.

High temperatures kill hundreds of people every year. Heat-related deaths and illness are preventable, yet more than 700 people die from extreme heat every year in the United States.

Take measures to stay cool, remain hydrated, and keep informed. Getting too hot can make you sick. You can become ill from the heat if your body can't compensate for it and properly cool you off. The main things affecting your body's ability to cool itself during extremely hot weather are:

- **High humidity.** When the humidity is high, sweat won't evaporate as quickly. This keeps your body from releasing heat as fast as it may need to.
- **Personal factors.** Age, obesity, fever, dehydration, heart disease, mental illness, poor circulation, sunburn, and prescription drug and alcohol use all can play a role in whether a person can cool off enough in very hot weather.

People age 65 and older are at high risk for heat-related illnesses.

Those who are at highest risk include people 65 and older, children younger than two, and people with chronic diseases or mental illness.

Closely monitor people who depend on you for their care and ask these questions:

- Are they drinking enough water?
- Do they have access to air conditioning?
- Do they need help keeping cool?



People at greatest risk for heat-related illness can take the following protective actions to prevent illness or death.

Stay in air-conditioned buildings as much as you can. Air-conditioning is the number one way to protect yourself against heat-related illness and death. If your home is not air-conditioned, reduce your risk for heat-related illness by spending time in public facilities that are air-conditioned and using air conditioning in vehicles. Contact your local health department or locate an air-conditioned shelter in your area.

- Do not rely on a fan as your main cooling device during an extreme heat event.
- Drink more water than usual and don't wait until you're thirsty to drink.
- Check on a friend or neighbor and have someone do the same for you.
- Don't use the stove or oven to cook—it will make you and your house hotter.

Even young and healthy people can get sick from the heat if they participate in strenuous physical activities during hot weather:

- Limit your outdoor activity, especially midday when the sun is hottest.
- Wear and reapply sunscreen as indicated on the package.
- Pace your activity. Start activities slow and pick up the pace gradually.
- Drink more water than usual and don't wait until you're thirsty to drink more. Muscle cramping may be an early sign of heat-related illness.
- Wear loose, lightweight, light-colored clothing.

If you play a sport that practices during hot weather, protect yourself and look out for your teammates:

- If you are wearing a cloth face covering and feel yourself overheating or having trouble breathing, put at least 6 feet of distance between yourself and others and remove the face covering. More safety tips: <https://www.cdc.gov/disasters/extremeheat/heattips.html>.
- Schedule workouts and practices earlier or later in the day when the temperature is cooler.
- Monitor a teammate's condition, and have someone do the same for you.
- Seek medical care right away if you or a teammate has symptoms of heat-related illness.
- Learn more about how to protect young athletes from heat-related illness by taking this CDC course.

Everyone should take these steps to prevent heat-related illnesses, injuries, and death during hot weather:

- Stay in an air-conditioned indoor location as much as you can.
- Drink plenty of fluids even if you don't feel thirsty.
- Schedule outdoor activities carefully.
 - o Wear loose, lightweight, light-colored clothing and sunscreen.
 - o Pace yourself.
- Take cool showers or baths to cool down.
- Check on a friend or neighbor and have someone do the same for you.
- Never leave children or pets in cars.
- Check the local news for health and safety updates.

NEVER LEAVE CHILDREN,
ELDERLY OR PETS
UNATTENDED IN A VEHICLE ON
A HOT DAY. TEMPERATURES
WITHIN THE VEHICLE RISE
QUICKLY CAUSING THEM
INTO HEAT EXHAUSTION,
HEATSTROKE, SHOCK AND/OR
DEATH!

3 ON 3

CO-ED BASKETBALL
LEAGUE ALL AGE GROUPS

WHERE: ISLETA PUEBLO REC CENTER

WHEN: MAY 15TH AND 16TH

SUNDAY 10 AM TO 2 PM

MONDAY 6PM TO 8 PM

REGISTRATION STARTS APRIL 18TH - DEADLINE MAY 2ND

IF YOU HAVE ANY QUESTIONS PLEASE CALL 505-869-9777

OR EMAIL: GEORGE.WAGUIE@ISLETAPUEBLO.COM

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Pueblo of Isleta
Head Start, Early Head Start, and Child Care Center
2 Sagebrush Street, Albuquerque, NM 87105
(505) 869-9796



What a roller coaster year we've had! Due to the COVID-19 pandemic, our year started off with remote and virtual learning which we later transitioned into full in-person services for our Early Head Start, Head Start & Child Care programs. As we came to an end for our Head Start Program in mid May, we would like to THANK all our families and supports for their continuous cooperation with the many changes we have encountered over school year!

On May 14, 2022, The Isleta Casino and Resort hosted the 2021-2022 Head Start Transition Ceremony, and it was a success! Children were presented with certificates and families were sent home with their own picnic to-go basket. We would like to wish all our 31 graduates a smooth transition into Kindergarten, and many fun fulfilled years in education!

Congratulations to our 2021-2022
Head Start Graduates!!

Joseph Benavidez
Juan Cherino Jr.
Mason Davie
Alexia Garcia
Ezekiel Jiron
Tristan Johnson
Lusianna Lente
Amora Lujan
Isabelle Lujan
Zyler Namoki
Loyola Olguin

Daisy Tenorio
Tristyn Villarreal
SaRyah Velardez
Zthena Yepa
Shanelle Dopierala
Uriah Jiron
Neyamiah Martinez
Alexander Mosteller
Trinity Koenig
Lusiano Lente
Olivia Little

Izabella Samudio
Kyle Zuni
Avery Abeita
Edward Abeita
Damacio Cherino
Elias Lente
Mariannah Lucero
Esmeralda Rodriguez
Mesa Torres

Reminders:

Summer services for Early Head Start and Child Care will be available to families until next month, July 15, 2022.

Open Applications for the upcoming 2022-2023 School year will begin July 2022. (Date is TBD)

- Ages: Prenatal-5 years old
- Requirements: 2021 Household Income, Proof of Birth, CIB and/or Proof of Address, Medical Insurance Card
- Applications are conducted in person and all documents must be provided at the time of appointment.



Alexander



Alexia



Amora



Daisy



Damacio



Edward



Elias



Esmeralda



Ezekiel



Isabelle



Izabella



Joseph

Father's Day Brunch

Raffles Prizes for Horseshoes & Bean Bag Toss

PLEASE JOIN US TO CELEBRATE THE HERO IN YOUR LIFE. THE ONE YOU CALL DAD

Where: Elder Center Dining Room

When: June 16th

Time: 9 AM—11 AM

Please RSVP by June 6th

505-869-9770

Age 50+



HEALTH BEAT:

Cataract Awareness Month

Dr. Anderson, Optometrist, Isleta Health Center
Phone: 505-869-3200















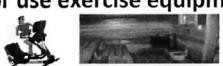



June is Cataract Awareness Month, so it is the perfect time to learn more about your vision. The human eye is a very complicated organ which must function well in order to produce clear, usable vision. There are several conditions that can affect the eye and cause a change or decrease in vision. Two of the most commonly confused conditions are Cataracts and Glaucoma. One of these is a normal change in the eye that will affect almost everyone and one is a potentially blinding condition involving permanent nerve damage.

Do you know which is which?

Cataracts are defined as clouding of the natural lens inside the eye. This change happens naturally over time as a result of years of living. Factors that may cause cataracts to progress faster are excessive sun exposure, diabetes, smoking and injuries to the eye. Common symptoms of cataracts are a “cloud” or “film” in your vision, increased glare when driving at night and difficulty reading fine print. Fortunately, cataracts are completely treatable through a surgical procedure in which the natural lens is removed and replaced with an artificial lens.

Glaucoma on the other hand, is much more serious. This is a condition that causes progressive damage to the Optic Nerve. In most cases, nerve damage is permanent and can’t be undone. If the damage becomes too severe, you could lose your peripheral vision and end up with “tunnel vision”, or in very severe cases, lose your vision completely. Glaucoma is usually asymptomatic in the early stages, which means you may not even notice early changes to your vision. This is why it is important to get regular eye exams to screen for potential damage to the Optic Nerve. Risk factors for glaucoma include family history of glaucoma, age > 50 and history of recurrent eye infections/inflammation. If caught early, glaucoma can be treated by eye drops or minor surgical procedures, to ensure you maintain your full visual abilities throughout your life.

Both of these conditions can be diagnosed, treated and monitored by an eye-care professional during routine annual eye exams. Remember to take care of yourself and your eyes by continuing these recommended routine visits.

<div><div>Isleta Elder Center Activities Calendar (505) 869-9770 Monday - Friday</div><div>JUNE 2022</div><div>Activities Coordinator Antoinette Thayer (505) 869-9770 Ext. 9336</div></div>				
Monday	Tuesday	Wednesday	Thursday	Friday
<div>REMINDER Please Sign up for Activities Prior to the date First come first serve Covid Limit of 10 participants</div>	<div>It's SUMMER Time</div>	<div>Elder Dining Rm 10:00AM - 11:00AM Board Games  Early Voting</div>	<div>Trip to the Zoo Adults \$10 Seniors \$5.50 Military discount \$2 off  Sign up front desk</div>	<div>Rec Center Horse Shoes 1:00PM - 3:00PM  Voting</div>
<div>6 Activities Elder Dining Rm 10AM-11AM ADULT COLOR End of early Voting</div>	<div>7 Activities Room 10:30 AM - 11:30 AM Yoga & Strength Training  Billiards 1:00PM - 3:00PM</div>	<div>8 Open Activities 9:00AM - 4:00PM Most Activities available Exercise Equipment/Pool table, etc. & Board Games Upon Request Summer Games LC</div>	<div>9 Activities Room Mass 11:30  Summer Games LC</div>	<div>10 Activities Room *Sign up 10 per session Prize BINGO! 1PM - 2PM  Summer Games LC</div>
<div>13 Activities Room Shuffleboard Practice 10:00AM - 11:00AM </div>	<div>14 Activities Room 10:30 AM - 11:30 AM Yoga & Strength Training Rec Center Horse Shoes 1:00PM - 3:00PM  Horse Shoes</div>	<div>15 Friendship Breakfast 9:00 AM General Meeting 10:00 AM Thomas Zuni  Topic : Exercise/Fitness and NAPPR Dental Education For Elders</div>	<div>16 Kitchen Dining RM 9AM - 11AM 50 yrs & Older Dads Fathers Day Brunch Games & Prizes Raffles RSVP by June 16th</div>	<div>17 Advisory Committee Meeting 9:00AM  Birthday Celebration! 12:00PM</div>
<div>20 Open Activities 9AM - 12PM  West Rec Track Afternoon Walk 1:00 - 3:00PM</div>	<div>21 Activities Room 10:30 AM - 11:30 AM Yoga & Strength Training </div>	<div>22 Activities Room 9:00AM - 4:00PM Most Activities available Exercise Equipment/Pool table, etc. & Board Games Commodities 8:30 AM - 3:00 PM</div>	<div>23 Activities Room 10:30 AM - 11:30 AM Yoga & Strength Training </div>	<div>24 Activities Room 1PM - 3PM Movie Day </div>
<div>27 Rec Center Exercise 1:00 - 3:00 PM *Sign up to use Sauna or use exercise equipment  Transportation Will Be Provided</div>	<div>28 Activities Room 10:30 AM - 11:30 AM Yoga & Strength Training </div>	<div>29 Activities Room Billiards Celebration Dinner 10AM - 12PM </div>	<div>30 Activities Room 10:30 AM - 11:30 AM Yoga & Strength Training </div>	<div>Please call the Elder Center With any questions regarding the Calendar or to sign-up for activities. Activities are offered to those 50 and older unless otherwise noted. *All activities subject to change</div>

Isleta Elder Center Menu 2022



Monday	Tuesday	Wednesday	Thursday	Friday
		6/1/2022	6/2/2022	6/3/2022
<div>REMI INDER</div> <div>Please call by 9 AM to cancel Home Delivered Meals. Thank you.</div>	<div>Stay Hydrated</div> <div>Drink more water than usual - and don't wait until you're thirsty!</div> <div>BEAT THE HEAT</div>	CHICKEN FAJITAS	HOT DOGS	PORK CHOP
		Chicken Strips 3oz Peppers & Onions 1/2c Spanish Rice 1/4c Tortilla Garnish 2oz Fresh Fruit	Beef Hotdog 3oz Sliced Carrots 1c Hot Dog Bun Condiments 2oz Fruit Cup	Pork Chop 3oz Baked Beans 1/2c California Vegetable 1/2c Applesauce
6/6/2022	6/7/2022	6/8/2022	6/9/2022	6/10/2022
SALISBURY STEAK	GRILLED HAM AND CHEESE	SLOPPY JOE	EGG SALAD SANDWICH	GREEN CHILE CHEESEBURGER
Salisbury Steak 4oz Mashed Potato 1/4c Gravy 2oz Green Beans 1/2c Dinner Roll	Sliced Ham 3oz Cheese 1oz WW Bread Tater Tots 1/4c Peas & Carrots 1c	Ground Beef 3oz Sloppy Joe Mix 1/4c Hamburger Bun Chuckwagon 1/2c Apple Crisp 1/2c	Egg Salad 3oz Carrot Sticks 1c Croissant Ranch 2oz Baked Chips 2oz	Hamburger Patty 4oz Cheese 1oz Green Chile 2oz Curly Fries 1/4c Chuckwagon 1/2c Hamburger Bun
6/13/2022	6/14/2022	6/15/2022	6/16/2022	6/17/2022
BBQ PULLED PORK SANDWICH	BEEF QUESADILLA	SPAGHETTI	BAKED CHICKEN	FATHER'S DAY BRUNCH
Pulled Pork 4oz Baked Beans 1/4c Broccoli 1/2c Hamburger Bun Fruit	Beef Strips 4oz Shredded Cheese 2oz Carrots 1/2c Tortilla Salsa 2oz	Spaghetti 1/2c Marinara Sauce 1/4c Meatballs 2oz Chuckwagon 1c Fruit	Chicken Thighs 4oz Rice Pilaf 1/4c Carrots 1/2c Fresh Fruit	<div>MENU TO BE DETERMINED!</div> <div>Happy Father's Day</div>
6/20/2022	6/21/2022	6/22/2022	6/23/2022	6/24/2022
PHILLY CHEESESTEAK	GREEN CHILE POSELE	FRITO PIE	BEEF AND BROCCOLI STIR FRY	TERIYAKI SALMON
Sliced Beef 3oz Peppers & Onions 1/2c Cheese Sauce 2oz Tater Tots 1/4c Hoagie Fruit	Pork 3oz Green Chile 1/4c Hominy 1/2c Tortilla Fresh Fruit	Beans 1c Ground Beef 3oz Red Chile 2oz Garnish 2oz Fritos 2oz	Flank Steak 3oz Spaghetti 1oz Broccoli 1c Carrots 1/4c Fortune Cookie	Salmon 4oz Rice Pilaf 1/4c Green Beans 1/2c Teriyaki Sauce 2oz Fruit Cup
6/27/2022	6/28/2022	6/29/2022	6/30/2022	
TAMALES	MEATLOAF	GREEN CHILE ENCHILADAS	POT ROAST	<div>HELLO SUMMER</div>
Beef Tamale 4oz Red Chile 2oz Shred Cheese 1oz Spanish Rice 1/4c Chuckwagon 1/2c	Ground Beef 4oz Mashed Potato 1/4c Gravy 2oz Green Beans 1c Fruit	Dice Chicken 4oz Green Chile Sauce 1/4c Mixed Vegetables 1/2c Refried Beans 1/4c	Pot Roast 4oz Baked Potato 1/4c Carrots & Celery 1c Gravy 2oz Cherry Cobbler 1/4c	
****Menus are subject to change without notice, based on the availability of products.****				

Join us!

U.S. FISH & WILDLIFE SERVICE

DEPARTMENT OF THE INTERIOR

Volunteers
wanted

to staff the new visitor center at Valle
de Oro National Wildlife Refuge

APPLY NOW

SCAN ME

We are looking for volunteers to help staff the welcome desk in our new visitor center starting in May. Morning and afternoon shifts are available. Come be a part of the first Urban National Wildlife Refuge in the Southwest! Contact: dakota_dominguez@fws.gov if interested.

For more information and to apply use the QR code to visit volunteer.gov or search "Valle de Oro" on volunteer.gov

DON'T MISS OUT ON
SUMMER FUN!

Tiwa Lending Services can ease your summer plans! Whether it's booking a flight or having a staycation, we have programs available for your financial needs.

CONSUMER LOAN PROGRAM


*Credit Builder *Credit Repair *Personal
*Holiday *Debt Consolidation

HOME LOAN PROGRAM

*New construction * Renovation *Remodel
*Refinance * Home Purchase

Contact us today for more information:
Sheila Herrera
505-916-0556 or Sheila@tiwalending.org
Miranda Lenté
505-916-0634 or Miranda@tiwalending.org

Boost Your Natural Immune Response




VACCINATE THE WHOLE FAMILY

For those 12 years and older, it is important to get the COVID-19 Vaccine to help prevent the Virus!

Vaccines protect against these people diseases:


Hepatitis A	Diphtheria	Varicella
Hepatitis B	Tetanus	HPV/cancer
Polio	Pertussis	Shingles
Hib	Measles	Meningococcal ACWY
Pneumonia	Mumps	Meningococcal B
Flu	Rubella	Rotavirus

WhyImmunize.org




Vaccines protect against these pet diseases:

Panleukopenia	Distemper
Herpes Virus-1	Parvovirus
Calicivirus	Adenovirus
Feline leukemia	Parainfluenza
Rabies	Kennel Cough




Babies need vaccines:



DTaP	MMR
Hepatitis A	Hepatitis B
PCV13	Flu (Yearly)
Rotavirus	Varicella
Polio	Hib


Pregnant moms need:



Flu (Yearly)
Tdap 1 dose with each pregnancy

...to protect both mom and baby


Healthy adults 19-59 need:



Yearly Flu
HPV before age 50
Tdap (if never received)
Tetanus every 10 years
Shingles (at 50 years of age)

More vaccines may be needed for certain medical conditions


Adults 65 and over need:



Flu (Yearly)
Shingles
Pneumonia (starting at age 65)
Tdap (if never received)
Tetanus every 10 years


More vaccines may be needed for certain medical conditions

Cats need:



- FVRCP (combo vaccine) starting at 6-8 weeks of age; then every 3-4 weeks until 16-20 weeks old
- FelV at 8 weeks; 2nd one 3-4 weeks later
- Rabies at 12 weeks
- Yearly boosters


Dogs need:



- DHPP (distemper, adenovirus, parvo, parainfluenza) starting at 6 weeks; then every 3-4 weeks until 16-20 weeks old; last 2 DHPP vaccines should contain leptospirosis
- Rabies at 12 weeks, Rabies booster after 1 year, then every 3 years
- Bordetella at 12 weeks, 2nd dose 3 weeks later
- Yearly boosters (DHPP & Bordetella)

* FixAdoptSave.org offers affordable and accessible spay/neuter programs and services.


School age kids need vaccines:



(4-6 years old)

DTaP	MMR (2 nd Dose)
Polio	Varicella (2 nd Dose)
Flu (Yearly)	

Teens need these vaccines:




(11-12 & 15-16 years old)

HPV	Flu (Yearly)
Tdap	Meningococcal ACWY & B

Vaccines are the simplest way to Keep you & your family healthy & well.

Ask your doctor, nurse, pharmacist and veterinarian about which vaccines are right for your family!




CATCH UP ON CHECKUPS AND ROUTINE VACCINES

As opportunities for in-person learning and play grow, it's important for your child to catch up on checkups and recommended vaccines to protect their health now and in the future.


The Centers for Disease Control and Prevention (CDC) recommends children continue to see their doctor for regular checkups and routinely recommended vaccinations, even during COVID-19.

WELL-CHILD CHECKUPS ARE ESSENTIAL




- The doctor tracks your child's growth and development
- You can ask the doctor questions about your child's health
- Your child gets recommended vaccinations

VACCINATION HELPS PROTECT YOUR CHILD'S HEALTH




- Routine vaccinations during childhood help prevent 14 diseases
- Among children born from 1994-2018, vaccinations will prevent an estimated 936,000 early deaths, 8 million hospitalizations, and 419 million illnesses



Doctors can safely see your child, even during the pandemic.

Talk with your child's doctor about staying up to date on regular checkups and routinely recommended vaccinations.

www.cdc.gov/vaccines/routine



Pueblo of Isleta WIC Program

The weather is getting warmer and school is out. You may be thinking of some new recipes to try this summer, and the POI WIC Program is here to give you some ideas! Please give us a call to check your eligibility for WIC. (505) 869-2662

Fresh Tomato Salsa: this salsa is a refreshing addition to any meal or snack! Ingredients in bold can be purchased using WIC benefits.

Ingredients

- 1 cup **tomatoes**, finely chopped (or ½ can, about 8 ounces, low-sodium diced tomatoes)
- ½ cup **apple**, peeled and finely chopped
- ¼ cup **onion**, finely chopped
- 2 tablespoons **lime** (or **lemon**) juice
- 1 teaspoon garlic, finely chopped
- ½ teaspoon vegetable oil
- ¼ teaspoon salt
- 1 teaspoon fresh parsley or cilantro, finely chopped (if you have it)
- 1 tablespoon cayenne pepper or jalapeño chilies, chopped (if you have it)

Directions

- In a medium-size bowl, combine tomato, apple, onion and lime juice (or lemon juice). Mix well.
- Add garlic, vegetable oil, and salt to bowl. If using parsley, cilantro, cayenne pepper, or jalapeño chilies, add them too. Mix well.
- Cover bowl and refrigerate 15 minutes. Serve cold. Serves 6.

KEEP YOUR CHILDREN SAFE

Contact the Isleta Health Center Health Educator at 869-4479 to have your Child Safety Seat checked to make sure it is properly installed and appropriate for your child

TRIBAL INJURY PREVENTION RESOURCE CENTER

CAR SEAT SAFETY

WHICH CAR SEAT SHOULD I USE?

Age by Years

Birth

1

2

3

4

5

6

7

8

9

10

11

12

13+

REAR-FACING

A rear-facing car seat provides the best protection for young children. When properly harnessed, the seat will cradle the child to reduce the stress to the child's fragile neck and spinal cord.

FORWARD-FACING

A forward-facing car seat has a harness and tether that limits your child's forward movement during a crash. Keep your child in a harness car seat as long as possible, to the weight or height limit allowed by the manufacturer.

BOOSTER

A booster seat positions the seat belt so that it fits properly over the stronger parts of your child's body: Hips, Chest, Shoulders.

SEAT BELT

Proper seat belt fits when:

- Lap belt lies snugly across upper thighs, not touching the stomach.
- The shoulder belt lies snug across the shoulder and chest, not across the face or neck.

*Children under 13 years should sit in the rear seat.

Isleta Health Center Dental Clinic

Hello, I'd like to take a little time to share information about our dental appointment schedule. We've recently been conducting a study of the dental schedule, looking at patterns and trying to find ways that our valued patients can have better access to care. For years, there has been a very high rate of scheduled patients not showing up for their appointments in the dental department. On average, over the last 6 months, about 20%, or 1 out of every 5 appointments that we schedule, are missed. The graph below shows the average number of appointments we have on a given day for the last 6 months (in green), as well as the average number of missed/canceled appointments per day (in blue) for comparison:

Average Number of Dental Appointments Per Day Over the Last 6 Months

Month	Number of Completed Appointments Per Day	Number of Missed Appointments Per Day
Nov	20.18	3.54
Dec	19.57	4.04
Jan*	5.9	4.66
Feb	17.2	3.87
March	20.6	3.17
April	21.6	4.47
May	21.1	4.88

*Note- January appointments are lower because clinic was seeing emergencies only due to COVID-19

Currently the wait time for new appointments is 3 months in the future. Calling the dental clinic with a 24-hour notice when you can't make your appointment will benefit the entire community, as it will allow us to fill the time slot with a patient. We put a lot of time and effort into calling to confirm scheduled appointments. Please make every effort to come to your scheduled dental appointments, and if you cannot make it, please take a moment to call the clinic to reschedule your dental appointment. Again, this will give us the chance to fill that appointment time with another patient who is in need. As our valued patients, in this effort, we cannot make it happen without your help! Thanks for your time, and please know that your dental clinic team will continue do everything we can to find ways to provide you with an awesome clinical experience!
-Dr. Kissendrah Johnson, IHC Dental Director

COVID-19 COUNSELING & SUPPORT SERVICES

IT'S FREE & ANONYMOUS.

CALL (505) 954-1057

Thinking About Quitting

Have you been Thinking About Quitting?
Now is the time to act and
Quit your Nicotine Habit for Good!
Take this 1 time, 1 on 1, 90 minute session over the phone or in person at the Isleta Health Center, to increase your motivation to quit and to get some Tips and Tricks to help you do Quit for Good!

Call Stephanie, Health Educator
@ 869-4479 to learn more

WE ARE SURVIVORS

Stephanie Barela, Health Educator
869-4479 □ sbarela@islclinic.net

7th Annual Isleta Cancer Survivor’s Day Event

Every year in June, people all over the country CELEBRATE National Cancer Survivor’s Day; however, in Isleta we celebrate this special day on the 2nd Tuesday in May. This year, on May 10th, the Isleta Health Support group held their 7th Cancer Survivor’s Day event at the Isleta Health Training Center. Although it was a month earlier than most, the support group believes any time is the right time to celebrate the cancer survivors in the community.

The evening began with beautiful music by Native Flutist, William Clark, who is Laguna/Navajo. We then had a prayer and invocation by Lt. Governor Virgil Lucero and then a very touching presentation on “Cancer is Survivable” by Teresa Gomez and Amy Gundelach from the New Mexico Department of Health. Then Mae Chewiwi discussed her experience as a Cancer Survivor, were she discussed how important it is to get regular checkups and cancer screenings. Cancer screening means checking your body for cancer before you have symptoms. Along with regular cancer screenings, it is important to watch your body for symptoms and warning signs of cancer, such as:

Symptoms & Warning Signs of Cancer:

- Unexplained weight loss
- Fatigue
- Night sweats
- Loss of appetite
- A sore that does not heal.
- Unusual bleeding or discharge.
- Recurrent fever
- Enlarged lymph nodes
- Swelling in the neck
- Obvious change in a wart or mole.
- Thickening or lump in the breast or elsewhere.
- Indigestion or difficulty in swallowing.
- Nagging cough or hoarseness.
- New, persistent pain
- Recurrent nausea or vomiting
- Change in bowel or bladder habits (constipation/ diarrhea)/blood in urine or stool.
- Persistent bloating
- Non-healing skin blemishes



After this presentation, there was a touching presentation on St. Peregrine by Victoria Jojola. In 2018, Mike Abeita bestowed his mother’s St. Peregrine statue upon Rose Lente. In 2019, Rose passed this onto Victoria Jojola, who was able gain comfort from it for two years due to the event being postponed in 2020 and again in 2021. Luckily, this year we were able to hold our annual event again in person and the tradition of providing St. Peregrine to one cancer survivor continued, as a new St. Peregrine was provided to Brian Earle. Next year he will provide St. Peregrine to someone else, as this tradition will grow and continue to be provided to Cancer Survivors in the community.

The high point was the messages, poems, and prayers of encouragement and remembrance that participants had the opportunity to write on stickers that were then placed on containers of bubbles. We then took all that we learned throughout the evening and released those thoughts and feelings as the wind took the bubbles and our prayers, hopes and dreams up to the creator. These bubbles were not only an acknowledgment of cancer survivors, but also a reminder of those who have lost their battle with cancer.

In closing, I would like to extend an open invitation to all community members to attend our monthly Isleta Health Support Group Meeting. We meet on the 2nd Tuesday of each Month at the Isleta Health Center, alternating times from 10:30 a.m. to noon one month to 5-6:30pm the next month. The group meets again on June 14th at 10:30am in the Isleta Health Center Kitchen to learn about “Advanced Directives and End of Life Planning” by Anjie Cureton. Everyone is welcome to attend our meetings. Please call for more information (869-4479).

Native American Veterans Program

Mission Statement. You have sacrificed to keep our Country and everything it represents safe. We Honor and Serve You by fulfilling President Lincoln's promise "To care for him who shall have borne the battle, and for his widow, and his orphan."

We strive to provide you with the world-class benefits and services that you have earned, and will adhere to the highest standards of compassion, commitment, excellence, professionalism, integrity, accountability and stewardship.

Thank you for your Service. Now Let us serve you.

Our Goals:

- ***ENROLLMENT IN VA HEALTHCARE & INDIAN HEALTH SERVICE**
- * Connect Veterans to other VA resources (Veterans Benefits Administration, Veterans Service Officer, VA Home Loan, Care Giver Services, G.I. Bill, Burial, Dependents and Survivors.
- * Address issues with current healthcare (appointments, providers, medication, etc.)

Made with PosterMyWall.com

VETERANS HEALTH ADMINISTRATION NATIVE AMERICAN VETERANS PROGRAM

505-256-5407 Direct Line

Terry L. Obago, Program Manager, Email: terry.obago@va.gov

www.va.gov

IMPORTANT CONTACT NUMBERS

NEW MEXICO VA HOSPITAL SWITCHBOARD
505-265-1711

NEW MEXICO VA HOSPITAL TRANSPORTATION SERVICES
505-265-1711 EXT. 1053

NEW MEXICO VETERANS INTEGRATION CENTER
505-296-0800

ALBUQUERQUE VET CENTER
505-346-6562

NEW MEXICO WORKFORCE SOLUTIONS
505-846-3981

Aloha Fun Run Walk

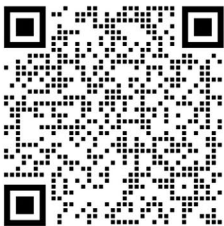
Thursday, June 16, 2022

Registration-5:30pm

Run/Walk Begins-6:00pm

Location-Big Momma Hill (Chical Area)

<https://forms.gle/j4E5ALaQDQS2uZN89>

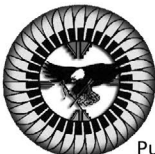


Or

Call our office to Register, 505-869-4595



Incentives Snacks



Sponsored by:

Pueblo of Isleta Diabetes Prevention Programs



Valle de Oro National Wildlife Refuge is seeking landscaping volunteers!



Help native plants!
Pull weeds!

Landscaping Lead Volunteer

We are looking for a volunteer with experience in landscaping, gardening and/or drip irrigation to lead the stewardship of the plantings around our new visitor center. Scan the QR code to apply online now!



Landscaping Crew Volunteers

Just want to pull weeds? Apply to be one of our Landscaping Maintenance Crew volunteers! Scan the QR code to apply online now!



For questions, more information or to request a paper application form contact: dakota_dominguez@fws.gov, 505-328-9876

E-Cigarettes:

Things Everyone Should Know

Stephanie Barela | Isleta Health Educator | 869-4479
From Journeyworks Publishing

Nicotine in E-Cigarettes is Addictive

- Most e-cigarettes have nicotine, just like regular cigarettes and other tobacco products. Nicotine is very addictive, once you start it is very hard to stop.

Nicotine Poisoning Risk

- Nicotine is a poison that can KILL.
- There are no rules for safety labels or child proofing on e-cigarettes or the liquid refill packs, which can really put children and pets at risk.

Chemicals in E-Cigarettes Can Harm Your Health

- Some e-cigarette liquids have toxins such as antifreeze and other chemicals that are may cause cancer.

E-Cigarettes are Not Regulated

- Studies have shown nicotine is in some e-cigarettes that claim to be nicotine-free. People who buy them do not know what they are really getting.

Health Effects are Not Known

- E-cigarettes are very new and no one really knows how harmful they are.
- Long term studies on the health effects have not been done.
- There is no proof that the vapor is safe for the people smoking, or for those who breathe the secondhand vapor.
- E-cigarettes contain nicotine, which changes your heart rate and raises your blood pressure.

Can E-Cigarettes Help you Quit Smoking?

- People who sell e-cigarettes claim they can help a person stop smoking, but there is no proof this is true.
- In fact, some studies suggest they may keep smokers hooked.
- They may also cause people who have quit smoking to start again.
- E-Cigarettes are not regulated, so no one really knows if they are a safe quitting aid.
- Nicotine is NOT harmless.
- Studies show it may increase problems with diabetes.
- Nicotine replacement therapy (NRT) has been proven to help people stop smoking. NRT includes nicotine patches, inhaler, nasal spray, lozenges and gum.

You may be eligible to receive nicotine replacement therapy from the Isleta Health Center Pharmacy if you attend the "Thinking About Quitting" Program.

To learn more about the quit smoking program, "Thinking About Quitting", please contact the Isleta Health Center's Health Educator. Stephanie Barela at 869-4479

Isleta Health Center Quarterly Newsletter










The Isleta Health Center has been disseminating Quarterly Newsletters with information on our programs and services, as well as, other informative health education information. The Isleta Health Center Spring Newsletter should be coming out in the beginning of April and can be found:

- Isleta Health Center Building
- Isleta Diabetes Program
- Isleta Physical Therapy
- Disseminated throughout the different Pueblo of Isleta Programs
- Can also be accessed on the <https://islclinic.com/>

If you would like to receive a newsletter, please contact, Stephanie Barela at (505) 869-4479 or Email: Stephanie.Barela@islclinic.net.

JUNE²⁰²²ISLETA HEALTH CENTER

Questions? Call 869-3200

SAT/SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	ISLETA HEALTH SUPPORT GROUP Advance Directives & End of Life Planning   Tuesday, June 14, 2022 Isleta Health Center Kitchen or Virtual <i>Call to reserve a space</i> Contact Stephanie Barela 869-4479 sbarela@islclinic.net		1 The Ripple Effect : 4:30 - 7:30pm For more information please call: 869-5475 Wellbriety Group : 9:00 -10:00pm For Information please call: 869-5475 Isleta Youth Wellness Program : 4:30-6pm For more information please call: 869-5475	2 <div>CLINIC OPENS AT 9:50am</div> Isleta Youth Wellness Program : 4:30-6pm For more information please call: 869-5475	3 JUNE IS Cataract Awareness Month 
4/5	6 The Ripple Effect : 4:30 - 7:30pm For more information please call: 869-5475 Power Source : 3:30-4:30pm For more information please call: 869-5475 National Cancer Survivors Day 	7 The Ripple Effect : 4:30 - 7:30pm For more information please call: 869-5475 Isleta Youth Wellness Program : 4:30-6pm For more information please call: 869-5475	8 The Ripple Effect : 4:30 - 7:30pm For more information please call: 869-5475 Wellbriety Group : 9:00 -10:00pm For more Information please call: 869-5475 Isleta Youth Wellness Program : 4:30-6pm For more information please call: 869-5475	9 <div>CLINIC OPENS AT 9:50am</div> Isleta Youth Wellness Program : 4:30-6pm For more information please call: 869-5475	10  JUNE IS MIGRAINE & HEADACHE AWARENESS MONTH
11/12	13 The Ripple Effect : 4:30 - 7:30pm For more information please call: 869-5475 Power Source : 3:30-4:30pm For more information please call: 869-5475	14 The Ripple Effect : 4:30 - 7:30pm For more information please call: 869-5475 Isleta Youth Wellness Program : 4:30-6pm For more information please call: 869-5475 World Blood Donor Day 	15 The Ripple Effect : 4:30 - 7:30pm . For more information please call: 869-5475 Wellbriety Group : 9:00 -10:00pm > For more Information please call: 869-5475 Isleta Youth Wellness Program : 4:30-6pm For more information please call: 869-5475	16 <div>CLINIC OPENS AT 9:50am</div> Isleta Youth Wellness Program : 4:30-6pm For more information please call: 869-5475	17 ◆ . ◆ . ◆ . ◆ . Men's' Health Week <i>June 13 - 19</i> <i>Have the men in your family received a health check up recently?</i> 
18/19	20 The Ripple Effect : 4:30 - 7:30pm For more information please call: 869-5475 Power Source : 3:30-4:30pm For more information please call: 869-5475	21 The Ripple Effect : 4:30 - 7:30pm For more information please call: 869-5475 Isleta Youth Wellness Program : 4:30-6pm For more information please call: 869-5475	22 The Ripple Effect : 4:30 - 7:30pm For more information please call: 869-5475 Wellbriety Group : 9:00 -10:00pm For Information please call: 869-5475 Isleta Youth Wellness Program : 4:30-6pm For more information please call: 869-5475	23 <div>CLINIC OPENS AT 9:50am</div> Isleta Youth Wellness Program : 4:30-6pm For more information please call: 869-5475	24
25/26	27 The Ripple Effect : 4:30 - 7:30pm For more information please call: 869-5475 Power Source : 3:30-4:30pm For more information please call: 869-5475 National HIV Testing Day 	28 The Ripple Effect : 4:30 - 7:30pm For more information please call: 869-5475 Isleta Youth Wellness Program : 4:30-6pm For more information please call: 869-5475	29 The Ripple Effect : 4:30 - 7:30pm For more information please call: 869-5475 Wellbriety Group : 9:00 -10:00pm For Information please call: 869-5475 Isleta Youth Wellness Program : 4:30-6pm For more information please call: 869-5475	30 <div>CLINIC OPENS AT 9:50am</div> Isleta Youth Wellness Program : 4:30-6pm For more information please call: 869-5475	DPP =Diabetes Prevention Program: 869-4595 BHS =Behavioral Health Services :869-5475

All In Person Programs are subject to the most current COVID-19 Public Mandate...



Isleta Health Support Group


6/14/22 10:30-12pm	TOPIC: Advance Directives and End of Life Planning	LOCATION: Isleta Health Center Kitchen Or Virtual
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Meet in Person at the Isleta Health Center Kitchen or Virtually on GoogleMeet. Please call to reserve your spot.
To join the video meeting, click this link:
<https://meet.google.com/qdm-bcqo-yeu>
Otherwise, to join by phone, dial +1 502-430-2853 and enter this PIN: 804 288 215#



MASKS REQUIRED
ALL WELCOME

Contact Stephanie Barela
869-4479
sbarela@islclinic.net



SOCIAL SUPPORT GROUP

Thursdays 4:30-6:00 @

B'EEH K'OO-EE

WELLNESS CENTER

1 Sagebrush St, Albuquerque, NM 87106
Pueblo of Isleta Health Center
(West side of building in the South corner - find the ramp)

Come join our Social Support Group. It is a gathering of people facing common issues to share what's troubling them. Through the sharing of experiences, we are able to offer each other, Support, Encouragement, and Comfort.

There is Healing in the Circle.

B'EEH K'OO-EE WELLNESS CENTER (ISLETA BEHAVIORAL HEALTH)