



Isleta Pueblo News

Volume 17 Issue 9

Pueblo of Isleta website: www.isletapueblo.com

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September 2022

Governor's Report

Ma-gu-wam,

I hope this newsletter finds you well. As we move into September, we are still dealing with the COVID-19 virus. The pueblo has worked diligently to provide services for the community. We are now able to vaccinate children 6 months and older for the COVID-19 virus. Contact the COVID-19 team to schedule an appointment for vaccinations. We continue to monitor COVID-19 positive patients and provide the oral antiviral Paxlovid. If you test positive with an at home test, please contact the COVID-19 team at 505-869-9720 for notification and further treatment such as the Paxlovid antiviral. Please stay safe and continue COVID-19 safe practices.

On August 11, 2022, five different pueblos, tribes and nations were awarded grants through the NTIA competitive grant process. The following Pueblos and tribes, Kewa, Santa Fe Indian School, Mescalero, and Jicarilla were awarded grant funding for broadband. The Pueblo of Isleta was awarded 26 million dollars for Broadband connectivity. New Mexico Senator Ben Ray Lujan, New Mexico Governor Michelle Lujan-Grisham were present along with other dignitaries from the awarded pueblos and tribes, along with the announcement from NTIA Special Representative, Andy Berke from Washington DC. We look forward to getting broadband to the entire community.

On August 20, 2022, a community meeting was held about water resources and water rights. This was an informative meeting for the community. We will continue to do our best to provide the community with water issues and the progress of quantifying our water rights. We understand there are many topics when it comes to water issues; however, we want to share with you some policy initiatives. 1.) Restore fallow historic lands to agricultural production. 2.) Protect our historic agricultural lands by identifying other Tribal lands for development, including housing. 3.) Expand water uses on lands that have not been historically irrigated. The Pueblo of Isleta Water Work Group have drafted a strategic plan for the Pueblo of Isleta. The Plan includes 4 Goals with Objectives and Actions to achieve of those Goals.

Goal 1: set policies for water resources and agricultural lands, and provide administrative support.

Goal 2: educate leadership and the community about our water.

Goal 3: protect, conserve and develop Isleta's water rights and water resources.

Includes developing plans for:

- Water Rights,
- Irrigation Operation and Maintenance, &
- Irrigation Infrastructure Improvement.

Goal 4: expand agricultural production through targeted programs.

Includes developing plans for:

- Reclaiming Fallow Lands,
- New Agricultural Development,
- Enhancing Conservation/Enterprise,

- Indigenous Food Sovereignty, &
- Youth Farming Program.

If you have any questions, comments, or concerns, please email Lt. Governor Blane Sanchez at blane.sanchez@isletapueblo.com.

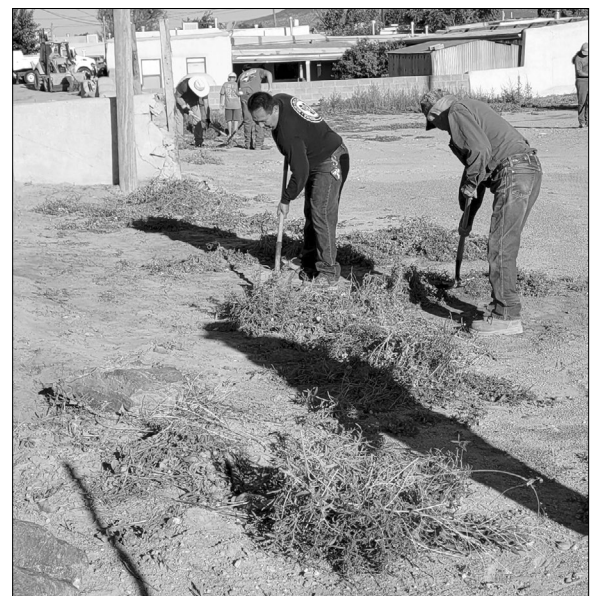
We would like to thank everyone who came out for the Village Clean-up. We appreciate everyone's hard work and dedication to keeping our community clean. We will have a Cemetery clean up scheduled here in September. Please lookout for the flyer for the date and time for the clean-up.

On August 28, 2022 the St. Augustine Feast Day was celebrated with vespers on the 27th and Mass on the 28th. We celebrated with a procession of St. Augustine and St. Kateri within the plaza area. I ask the community that we all pray to the creator to see and fulfill our full celebrations with dances, food, and festivities within our community.

Please keep our community in your prayers. May the creator keep you all safe and provide you with a long and prosperous life. We thank the creator for plentiful rain, which we have received.

Haw-wooh,

Vernon B. Abeita
Governor



LETTER FROM THE EDITOR

DEADLINE for October Newsletter articles is set for Wednesday, September 21, 2022, at 4:30 pm. Articles may be dropped off at the Library or emailed to Nathaniel.Lujan@isletapueblo.com. Should you email your article, expect a confirmation email. If you do not receive a confirmation email, odds are it never made it to me and then it's time to panic, so call Nate at 505.869.9808.

People who wish to submit an article or flyer are responsible for generating their own article or flyer. Should you need help, please call the Library at 505.869.9808 and set up a date and time to sit down with a Library staff member who will help you throughout the process. The Library will NOT accept notes dropped off at the Library or information over the phone to generate your article.

PROBATES need to be published in the Newsletter for two consecutive months. Probates are considered court documents, therefore, all submitters must provide: 1) Name of Deceased, 2) Date of Deceased 3) Court Case # and 4) Date of Court Date. A Probate form can be found on the Newsletter Archive page at <http://www.isletapueblo.com/newsletters.html>.

CLASSIFIED ADS: The new administration has requested that the Newsletter start a Classified Ad section for Tribal members selling land, houses, mobile homes, vehicles, and farm equipment. Leasing of houses and mobile homes will be accepted. Smaller items which can be sold at the local flea markets or weekly yard sales will NOT be accepted.

Currently, this service is FREE to Tribal members. Land, houses, and mobile homes must be within the reservation boundaries. Ads must meet the 160 character limit. Ads that exceed the 160 characters will NOT be submitted into the Newsletter. A single picture June be submitted with the ad. Submitters of classified ads are responsible for generating their own ads as this is a FREE service.

As a reminder, Tribal business owners may submit a small flyer at no charge. Like the classified ads, business owners are responsible for generating their own flyers as this is a FREE service.

Classified ads and business flyers will be posted no more than two consecutive months. In the event where the Newsletter may exceed the 24-page limit, classified ads and business flyers will be “bumped” for newsletter articles. Again, this is a FREE service for Tribal members.

The Isleta Newsletter is owned and operated by the Pueblo of Isleta. Therefore, the Governor of the Pueblo of Isleta has the final say of all articles and contents within the Isleta Newsletter.

For additional questions, you may call the Library and speak with Nate or Diane at 505.869.9808.

Thank you,
Nathaniel Lujan

Newsletters may be found at the fifteen distribution locations listed below. Remember, Digital copies of the Newsletter may be obtained from the Newsletter archive at <http://www.isletapueblo.com/newsletters.html>

The fifteen Newsletter distribution locations are:

1.

TR 2 & TR 22 - Chical SE of Community Hall

2.

TR 10 - Behind the old 47 Sales

3.

TR 1 & TR 5 – Ranchitos / Bosque Farms Reservations Line

4.

Ranchitos Park

5.

Post Office - Big Tree

6.

TR 82 & TR 84 - Teller Road

7.

TR 78 & TR 82 - Carlos Trujillo Sr.

8.

TR 90 @ Y - CF Padilla

9.

Mouse Town Park –

10.

Health Center – South end of Health Center Parking lot

11.

Library Sunlight & Moonlight Intersection

12.

TR 6 - 47 Intersection


13.

TR 12 - 47 & 147 intersection (Old Smoke & Save)

14.

TR 71 & TR 54 @ Y - Holiday Robot / Paved Road / Railroad Tracks

15.

TR 45 & TR 40 @ Y - Tata Mel (POI Signage)
- 

DEPARTMENT OF CULTURAL & HISTORIC PRESERVATION

CALL FOR PARTICIPANTS!

Filmmaker and POI tribal member Christina Zuni is producing a documentary film on Miguel Trujillo and Native American voting rights and wants to speak with YOU! Christina is interested in speaking with a wide range of folks here at POI and elsewhere about any or all of the following and more:

- the impact of Trujillo’s successful challenge to the New Mexico State Constitution in 1948,
- the relationship between voting and Indigenous sovereignty and land and water rights,
- your voting experiences,
- and the work that remains to be done to increase Native access and participation in electoral politics.

Interviews can be scheduled any time between 9am and 3pm, Monday through Friday, between now and September 9. If you are not able to make it during those times, Christina is happy to make other arrangements with you. Interview footage will be deposited into the POI Tribal Archive and included in a documentary film that will screen here at Yonan An on October 10 for Indigenous Peoples Day. Please contact either Cassandra Smith at (505) 869-5376 or Shayna Atene at (505) 869-9767, or reach out to Christina directly to schedule your interview today!


Vernon B. Abeita
Governor



Lt. Governor, Virgil N. Lucero
Lt. Governor, Blane M. Sanchez

PUEBLO OF ISLETA
OFFICE OF THE GOVERNOR
P.O. Box 1270
Isleta, New Mexico 87022
Telephone: 505-869-3111
Fax: 505-869-7596

Memorandum


Date: August 30, 2022
To: Pueblo of Isleta Community Members
From: Vernon B. Abeita, Governor 
Subject: Fire Restrictions and Burn permits

Fire restriction for the Pueblo of Isleta will be lifted beginning September 1, 2022. Due to the increased moisture outside burning can resume. All permits issued this year are still valid and will expire on December 31, 2022.

Burn permits will be issued during normal business hours from 8:00 am to 4:30 pm through the Open Space Department and/or the Governor’s Office. Permit holders are to follow all rules stated on the permit. We emphasize that all permit holders call the Isleta Police Department at 505-869-3030 to determine if it is a “burn” or “no burn” day.

Thank you for your cooperation and please be fire safe.

Memorandum

Date: August 30, 2022
To: Pueblo of Isleta Community Members
From: Vernon B. Abeita, Governor 
Subject: Manzano Mountains Access/Wood Harvesting

With the fire restrictions being lifted, Tribal Administration is glad to announce that the Manzano Mountains will be open to access for Tribal Members beginning September 1, 2022. With the opening, wood harvesting/hauling will be permitted for Tribal members who have a current wood hauling permit.

Wood hauling permits will now be issued at the Open Space and Governor’s Office during the hours of 8:00 am to 4:30 pm Monday through Friday. Permits are good for 30 days and each permit holder should follow all rules provided on the permit. Please be safe when cutting wood and use caution when traveling within the Manzano Mountains.

Thank you for your cooperation.



My name is Jonna Toledo and I work out of the Goodwill store in Los Lunas. What I do is help people find jobs in the community. This is a FREE service that Goodwill offers. I do work by appointment. The first appointment I just get the information to help with your job search. Example: What you are looking for, your availability, experience, etc...we do meet weekly until you find a job. Just because you find a job does not mean we are finished! I will stay in touch with you about once a month for 3 months just to make sure everything is going well. We want to make sure you are being treated well and that the job is a good fit for you. I can give job leads, help fill out applications electronically, make resumes, and we can also practice interviewing skills so you feel comfortable in an interview. I do know lots of hiring managers in the area to help set up interviews. We participate in job fairs as well as organize them and set them up at Goodwill in Albuquerque and Los Lunas. Because we are a non profit there is no charge for this service. It is FREE to the community. Not a lot of people realize that Goodwill does FREE services because they are not really advertised. They just know that the store is a good place to go and get good deals on merchandise. It doesn't matter what type of job you are wanting, I can help! There are several different fields in the area including administrative, custodial/janitorial, retail, daycare, eldercare, warehousing, production, retail and food services. Soon landscaping and outdoor type positions will be opening up. Please contact if you need help. It is always my pleasure to help with your job search. Just call me to set up an appointment! Thank you!



Helping New
Mexicans
overcome barriers
to
employment since
1941

Jonna Toledo, Career Specialist
Goodwill Industries of New Mexico
jtoledo@goodwillnm.org
505-944-0289 Voice
505-750-4315 Remote
201 Desert Willow Rd., Los Lunas, NM 87031



TRUANCY

Greetings from the Truancy Department!

Los Lunas Public Schools has provided information regarding Parent Portal, which you can use to monitor your student's grades and attendance. You can access the directions for Parent Portal on the School District Website at www.llschools.net. Click on the Parents section and then click on the Parent Portal Directions.

Los Lunas High School, Valencia High School and Century High School have a new Native American Liaison, Andrea Evans. Los Lunas Middle School and Valencia Middle School also have a new Native American Liaison, Tanesha Howard. Ms. Evans and Ms. Howard are excited to work with your high school and middle school students and offer any assistance they may need this school year. So do not hesitate to contact them.

The Truancy Department has also started the Incentive Program for our students. If your student has high attendance and grades, they may be eligible to receive a gift card from our department. In order for your child to be eligible to receive an incentive, you must fill out a **Release of Information** Form and return it to our office. This form is necessary so that we can request reports directly from the school. Keep in mind that this incentive program is slightly different from the program we currently have in place for Isleta Elementary School.

As the school year continues, the Truancy Department will be sharing more information. If you have any questions, please contact our office at 505-869-3870. Start the school year off right... attend school daily!

Thank you,
Isleta Truancy Department

PROBATES

IN THE MATTER OF THE ESTATE OF: Case No. CV-PR-0020-2022
Angus Abeita

First Notice

TAKE NOTICE that in accordance with notice requirements, a Petition to Probate the Estate of **Angus Abeita**, deceased **06/09/2021**, has been filed in the Pueblo of Isleta Tribal Court. Any person claiming an interest in the Estate is hereby advised to notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. Claims must be filed in writing. A hearing in this matter has been scheduled for **Thursday, September 08, 2022 at 11:00 am** at the Isleta Tribal Court, located at the Tribal Services Complex, 3950 Hwy. 47 SE, Building A, Albuquerque, NM. If you have any questions, please contact the Isleta Tribal Court at (505) 869-9699.

IN THE MATTER OF THE ESTATE OF: Case No. CV-PR-0065-2022
Lawrence B. Anzara

Second Notice

TAKE NOTICE that in accordance with notice requirements, a Petition to Probate the Estate of **Lawrence B. Anzara**, deceased **11/19/2021**, has been filed in the Pueblo of Isleta Tribal Court. Any person claiming an interest in the Estate is hereby advised to notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. Claims must be filed in writing. A hearing in this matter has been scheduled for **Wednesday, September 07, 2022 at 09:30 am** at the Isleta Tribal Court, located at the Tribal Services Complex, 3950 Hwy. 47 SE, Building A, Albuquerque, NM. If you have any questions, please contact the Isleta Tribal Court at (505) 869-9699.

IN THE MATTER OF THE ESTATE OF: Case No. CV-PR-0080-2022
Joseph G. Abeita

Second Notice

TAKE NOTICE that in accordance with notice requirements, a Petition to Probate the Estate of **Joseph G. Abeita**, deceased **04/11/2022**, has been filed in the Pueblo of Isleta Tribal Court. Any person claiming an interest in the Estate is hereby advised to notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. Claims must be filed in writing. A hearing in this matter has been scheduled for **Thursday, September 22, 2022 at 9:00 am** at the Isleta Tribal Court, located at the Tribal Services Complex, 3950 Hwy. 47 SE, Building A, Albuquerque, NM. If you have any questions, please contact the Isleta Tribal Court at (505) 869-9699.

IN THE MATTER OF THE ESTATE OF: Case No. CV-PR-0078-2022
Carmen Torres

Second Notice

TAKE NOTICE that in accordance with notice requirements, a Petition to Probate the Estate of **Carmen Torres**, deceased **05/09/2022**, has been filed in the Pueblo of Isleta Tribal Court. Any person claiming an interest in the Estate is hereby advised to notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. Claims must be filed in writing. A hearing in this matter has been scheduled for **Wednesday, November 09, 2022 at 10:30 am** at the Isleta Tribal Court, located at the Tribal Services Complex, 3950 Hwy. 47 SE, Building A, Albuquerque, NM. If you have any questions, please contact the Isleta Tribal Court at (505) 869-9699.



JOIN US THIS FALL

Tiwa Lending Services will be hosting their first Financial Education Session on Wednesday, October 12, 2022 at 5:30 p.m. to 7:00 p.m.

Topics are to include: Budgeting & Savings, Credit & Collections, and Homeownership along with Home Maintenance.

Sessions will continue every Wednesday for the month of October.

To register please contact Miranda Lente:
Email: miranda@tiwalending.org
Phone: 505-916-0556



Job Postings

Visit us online at
<http://www.isleta.com/career-opportunities.aspx>

Fax: 505-244-8232

OUR LOCATION
Isleta Resort and Casino is located 7 minutes south of downtown Albuquerque at Interstate 25 and Hwy 47, exit 215. The Human Resources office can be found on the east side of the building through the Employee Entrance doors.

<input type="checkbox"/>	Title	Location	Address	City , State	Date Posted
<input type="checkbox"/>	ROOM ATTENDANT	0230 - HOTEL HOUSEKEEPING	11000 Broadway SE	Albuquerque, NM	8/24/2022
<input type="checkbox"/>	GRAPHIC DESIGNER	1100 - MARKETING ADVERTISING	11000 Broadway SE	Albuquerque, NM	8/24/2022
<input type="checkbox"/>	SLOTS FLOOR ATTENDANT	0100 - SLOTS OPERATIONS	11000 Broadway SE	Albuquerque, NM	8/24/2022
<input type="checkbox"/>	BARTENDER (Center Bar)	0334 - F&B CENTER BAR	11000 Broadway SE	Albuquerque, NM	8/23/2022
<input type="checkbox"/>	FRONT OFFICE MANAGER	0205 - HOTEL FRONT DESK	11000 Broadway SE	Albuquerque, NM	8/22/2022
<input type="checkbox"/>	ADMINISTRATIVE ASSISTANT III	0200 - HOTEL OPERATIONS	11000 Broadway SE	Albuquerque, NM	8/22/2022
<input type="checkbox"/>	HOUSEKEEPING MANAGER	0230 - HOTEL HOUSEKEEPING	11000 Broadway SE	Albuquerque, NM	8/19/2022
<input type="checkbox"/>	SECURITY OFFICER I	0180 - SECURITY	11000 Broadway SE	Albuquerque, NM	8/17/2022
<input type="checkbox"/>	SECURITY OFFICER II	0180 - SECURITY	11000 Broadway SE	Albuquerque, NM	8/17/2022
<input type="checkbox"/>	SHIPPING & RECEIVING CLERK	1580 - SHIPPING & RECEIVING	11000 Broadway SE	Albuquerque, NM	8/17/2022
<input type="checkbox"/>	BARTENDER	0335 - F&B GOLF COURSE GRILL	11000 Broadway SE	Albuquerque, NM	8/16/2022
<input type="checkbox"/>	OFF-SITE ATTENDANT	0335 - F&B GOLF COURSE GRILL	11000 Broadway SE	Albuquerque, NM	8/16/2022
<input type="checkbox"/>	SURVEILLANCE AGENT	SURVEILLANCE	11000 Broadway SE	Albuquerque, NM	8/15/2022
<input type="checkbox"/>	SHOP CLERK	0700 - GOLF COURSE OPERATIONS	11000 Broadway SE	Albuquerque, NM	8/12/2022
<input type="checkbox"/>	LAUNDRY ATTENDANT	0230 - HOTEL HOUSEKEEPING	11000 Broadway SE	Albuquerque, NM	8/12/2022
<input type="checkbox"/>	Cage Cashier	0150 - CASH OPS CAGE	11000 Broadway SE	Albuquerque, NM	8/10/2022
<input type="checkbox"/>	SLOTS FLOOR ATTENDANT	0100 - SLOTS OPERATIONS	11000 Broadway SE	Albuquerque, NM	8/10/2022
<input type="checkbox"/>	HOUSEKEEPING SUPERVISOR	0230 - HOTEL HOUSEKEEPING	11000 Broadway SE	Albuquerque, NM	8/10/2022
<input type="checkbox"/>	EXPEDITOR	0315 - F&B EMBERS	11000 Broadway SE	Albuquerque, NM	8/5/2022
<input type="checkbox"/>	LANDSCAPE TECHNICIAN	0701 - GOLF COURSE MAINTENANCE	11000 Broadway SE	Albuquerque, NM	8/4/2022
<input type="checkbox"/>	BARTENDER	0327 - F&B SPORTS BOOK BAR	11000 Broadway Boulevard Southeast	Albuquerque, NM	8/2/2022
<input type="checkbox"/>	NIGHT AGENT	0205 - HOTEL FRONT DESK	11000 Broadway SE	Albuquerque, NM	8/1/2022
<input type="checkbox"/>	FOOD ATTENDANT	0329 - F&B PANDA EXPRESS	11000 Broadway SE	Albuquerque, NM	7/28/2022
<input type="checkbox"/>	TABLE GAMES MANAGER	0120 - TABLE GAMES	11000 Broadway SE	Albuquerque, NM	7/26/2022
<input type="checkbox"/>	SERVER	0315 - F&B EMBERS	11000 Broadway SE	Albuquerque, NM	7/20/2022
<input type="checkbox"/>	PLAYER DEVELOPMENT MANAGER	1195 - MARKETING MANAGEMENT	11000 Broadway SE	Albuquerque, NM	7/20/2022
<input type="checkbox"/>	HDCT	1355 - CUSTODIAL	11000 Broadway SE	Albuquerque, NM	7/18/2022
<input type="checkbox"/>	ADMISSIONS/ISSUE CLERK	0140 - BINGO	11000 Broadway SE	Albuquerque, NM	7/18/2022
<input type="checkbox"/>	Banquet Server	0340 - F&B CATERING & BANQUETS	11000 Broadway SE	Albuquerque, NM	7/18/2022
<input type="checkbox"/>	Banquet Captain	0340 - F&B CATERING & BANQUETS	11000 Broadway SE	Albuquerque, NM	7/18/2022
<input type="checkbox"/>	Cook I (Banquets)	0340 - F&B CATERING & BANQUETS	11000 Broadway SE	Albuquerque, NM	7/18/2022
<input type="checkbox"/>	Cook I (Fat Burger)	0328 - F&B FAT BURGER	11000 Broadway SE	Albuquerque, NM	7/18/2022

<input type="checkbox"/>	Cook I (Panda Express)	0329 - F&B PANDA EXPRESS	11000 Broadway SE	Albuquerque, NM	7/18/2022
<input type="checkbox"/>	COOK II (Banquets)	0340 - F&B CATERING & BANQUETS	11000 Broadway SE	Albuquerque, NM	7/18/2022
<input type="checkbox"/>	COOK II (EMBERS)	0315 - F&B EMBERS	11000 Broadway SE	Albuquerque, NM	7/18/2022
<input type="checkbox"/>	Custodian	1355 - CUSTODIAL	11000 Broadway SE	Albuquerque, NM	7/18/2022
<input type="checkbox"/>	COOK II (Embers)	0315 - F&B EMBERS	11000 Broadway SE	Albuquerque, NM	7/18/2022
<input type="checkbox"/>	DATABASE COORDINATOR	1130 - MARKETING DATABASE	11000 Broadway SE	Albuquerque, NM	7/18/2022
<input type="checkbox"/>	Custodial Assistant Supervisor	1355 - CUSTODIAL	11000 Broadway SE	Albuquerque, NM	7/18/2022
<input type="checkbox"/>	FOOD ATTENDANT-cashier/attendant/service (BEVERAGE)	0331 - F&B DAUBERS GRILL	11000 Broadway SE	Albuquerque, NM	7/18/2022
<input type="checkbox"/>	FOOD ATTENDANT-cashier/attendant/service (Fat Burger)	0328 - F&B FAT BURGER	11000 Broadway SE	Albuquerque, NM	7/18/2022
<input type="checkbox"/>	Food Attendant-cashier/attendant/service (Chills)	0332 - F&B CHILL COFFEE BAR	11000 Broadway SE	Albuquerque, NM	7/18/2022
<input type="checkbox"/>	HDC SPECIALIST	UTILITY KITCHEN	11000 Broadway SE	Albuquerque, NM	7/18/2022
<input type="checkbox"/>	HOTEL PM TECHNICIAN	0230 - HOTEL HOUSEKEEPING	11000 Broadway SE	Albuquerque, NM	7/18/2022
<input type="checkbox"/>	MAINTENANCE MECHANIC	0701 - GOLF COURSE MAINTENANCE	11000 Broadway SE	Albuquerque, NM	7/18/2022
<input type="checkbox"/>	MASSAGE THERAPIST	0200 - HOTEL OPERATIONS	11000 Broadway SE	Albuquerque, NM	7/18/2022
<input type="checkbox"/>	NAIL TECHICIAN	0200 - HOTEL OPERATIONS	11000 Broadway SE	Albuquerque, NM	7/18/2022
<input type="checkbox"/>	PLUMBER I	1350 - FACILITIES MAINTENANCE	11000 Broadway SE	Albuquerque, NM	7/18/2022
<input type="checkbox"/>	PMT I	1350 - FACILITIES MAINTENANCE	11000 Broadway SE	Albuquerque, NM	7/18/2022
<input type="checkbox"/>	POOL ATTENDANT	1365 - POOL MAINTENANCE	11000 Broadway SE	Albuquerque, NM	7/18/2022
<input type="checkbox"/>	RESTAURANT CHEF (Embers)	0315 - F&B EMBERS	11000 Broadway SE	Albuquerque, NM	7/18/2022
<input type="checkbox"/>	STEWARD	0386 - F&B UTILITY KITCHEN	11000 Broadway SE	Albuquerque, NM	7/18/2022
<input type="checkbox"/>	TABLE GAMES DEALER	0120 - TABLE GAMES	11000 Broadway SE	Albuquerque, NM	7/18/2022
<input type="checkbox"/>	MAJOR APPLIANCE TECH II	1350 - FACILITIES MAINTENANCE	11000 Broadway SE	Albuquerque, NM	7/18/2022
<input type="checkbox"/>	VALET ATTENDANT	0250 - HOTEL GUEST SERVICE	11000 Broadway SE	Albuquerque, NM	7/17/2022
<input type="checkbox"/>	BARBACK	0334 - F&B CENTER BAR	11000 Broadway SE	Albuquerque, NM	7/15/2022
<input type="checkbox"/>	Main Banker	0150 - CASH OPS CAGE	11000 Broadway SE	Albuquerque, NM	7/14/2022
<input type="checkbox"/>	LANDSCAPE TECHNICIAN II	1350 - FACILITIES MAINTENANCE	11000 Broadway SE	Albuquerque, NM	7/14/2022
<input type="checkbox"/>	ELECTRICIAN III	1350 - FACILITIES MAINTENANCE	11000 Broadway SE	Albuquerque, NM	7/11/2022
<input type="checkbox"/>	COUNT MEMBER	0160 - CASH OPS COUNT	11000 Broadway SE	Albuquerque, NM	7/5/2022
<input type="checkbox"/>	SUPERVISOR F & B	0333 - F&B 777 SPORTS BAR	11000 Broadway SE	Albuquerque, NM	6/30/2022
<input type="checkbox"/>	SLOTS TECHNICAL MANAGER	0100 - SLOTS OPERATIONS	11000 Broadway SE	Albuquerque, NM	6/29/2022
<input type="checkbox"/>	COCKTAIL SERVER	0333 - F&B 777 SPORTS BAR	11000 Broadway SE	Albuquerque, NM	6/22/2022
<input type="checkbox"/>	BARTENDER	0333 - F&B 777 SPORTS BAR	11000 Broadway SE	Albuquerque, NM	6/22/2022
<input type="checkbox"/>	SPA SUPERVISOR	0595 - SPA MANAGEMENT	11000 Broadway SE	Albuquerque, NM	6/21/2022
<input type="checkbox"/>	TABLE GAMES FLOOR SUPERVISOR	0120 - TABLE GAMES	11000 Broadway SE	Albuquerque, NM	6/20/2022
<input type="checkbox"/>	HOUSEKEEPING MANAGER	0230 - HOTEL HOUSEKEEPING	11000 Broadway SE	Albuquerque, NM	6/15/2022
<input type="checkbox"/>	LOBBY PORTER	0230 - HOTEL HOUSEKEEPING	11000 Broadway SE	Albuquerque, NM	6/15/2022
<input type="checkbox"/>	GREENS KEEPER	0701 - GOLF COURSE MAINTENANCE	11000 Broadway SE	Albuquerque, NM	6/13/2022
<input type="checkbox"/>	LAKES GROUNDSKEEPER	LAKES	11000 Broadway SE	Albuquerque, NM	6/9/2022
<input type="checkbox"/>	COOK I (Chile Ristra)	0330 - F&B CHILI RISTRA	11000 Broadway SE	Albuquerque, NM	6/8/2022
<input type="checkbox"/>	SLOTS TECHNICIAN INTERN	0100 - SLOTS OPERATIONS	11000 Broadway SE	Albuquerque, NM	6/7/2022
<input type="checkbox"/>	FOOD ATTENDANT (BEVERAGE)	DAUBERS	11000 Broadway SE	Albuquerque, NM	6/7/2022
<input type="checkbox"/>	COOK III	0315 - F&B EMBERS	11000 Broadway SE	Albuquerque, NM	6/6/2022
<input type="checkbox"/>	SUPERVISOR F & B	0330 - F&B CHILI RISTRA	11000 Broadway SE	Albuquerque, NM	6/6/2022
<input type="checkbox"/>	Plumber II	1350 - FACILITIES MAINTENANCE	11000 Broadway SE	Albuquerque, NM	6/6/2022
<input type="checkbox"/>	ELECTRICIAN II	1350 - FACILITIES MAINTENANCE	11000 Broadway SE	Albuquerque, NM	5/31/2022
<input type="checkbox"/>	SUPERINTENDENT	0701 - GOLF COURSE MAINTENANCE	11000 Broadway SE	Albuquerque, NM	5/26/2022

Pueblo of Isleta Career Opportunities

Position Posting

Office Location

Closing Date

ACCOUNTANT	Treasury	Open Until Filled
ACCOUNTANT..... PAYROLL	Treasury	Open Until Filled
ADMINISTRATIVE ASSISTANT I	Department of Education	08/26/2022
ADMINISTRATIVE ASSISTANT I	Recreation Center	Open Until Filled
ADMINISTRATIVE ASSISTANT II	Tribal Administration	Open Until Filled
ADMINISTRATIVE ASSISTANT II	Elder Center	Open Until Filled
ADULT DAY CARE MANAGER	Elder Center	Open Until Filled
AGRICULTURAL IRRIGATION TECHNICIAN	Agricultural Division	Open Until Filled
ASSOCIATE GENERAL COUNSEL I	Legal Department	Open Until Filled
BUS DRIVER (Part Time)	Head Start	Open Until Filled
CARPENTER I, II or III (3 Positions)	Housing Authority	Open Until Filled
CAREGIVER (2 Positions)	Assisted Living Facility	Open Until Filled
CHIEF OF POLICE	Police Department	Open Until Filled
CHILD CARE PROVIDER	Head Start	Open Until Filled
CLINICAL THERAPIST	Health Services	Open Until Filled
CONSTRUCTION FOREMAN	Housing Authority	Open Until Filled
COMMUNITY HEALTH NURSE	Health Services	Open Until Filled
COMPUTER IT SPECIALIST	Department of Education	Open Until Filled
COMPLIANCE INSPECTOR SUPERVISOR	Gaming Regulatory	Open Until Filled
COOK I	Elder Center	Open Until Filled
COOK I	Head Start	Open Until Filled
COOK I	Assisted Living Facility	08/26/2022
COOK II	Elder Center	08/26/2022
CUSTODIAN	Public Works	Open Until Filled
DENTAL PROGRAM MANAGER/ DENTIST	Health Services	Open Until Filled
DIRECTOR, CONSTRUCTION OPERATIONS	Construction Operations	Open Until Filled
EMT INTERMEDIATE	Health Services	Open Until Filled
EMS MANAGER	Health Services	09/02/2022
FACILITIES WORKER	Head Start	Open Until Filled
FAMILY SERVICES PRESENTING OFFICER	Tribal Administration	Open Until Filled
FITNESS INSTRUCTOR	Parks & Recreation	Open Until Filled
GROUNDS KEEPER	C-Stores	Open Until Filled
GROUNDS MAINTENANCE WORKER	Public Works	Open Until Filled
HEAD START STAFF ASSISTANT	Head Start	Open Until Filled
HIGHER EDUCATION COORDINATOR	Department of Education	08/26/2022
HOME CARE ATTENDANT	Elder Center	Open Until Filled
INSTRUCTIONAL COORDINATOR	Department of Education	Open Until Filled - Within Only
JR. SYSTEMS ADMINISTRATOR	MIS	Open Until Filled
MAINTENANCE TECHNICIAN	Public Works	Open Until Filled
MAINTENANCE TECHNICIAN	Housing Authority	Open Until Filled
MEDICAL ASSISTANT	Health Center	Open Until Filled
NUTRITIONIST/BREASTFEEDING COORDINATOR	WIC	Open Until Filled
PARKS & MAINTENANCE WORKER	Parks & Recreation	Open Until Filled
PERSONAL CARE SERVICE AIDE (2 Positions)	Elder Center	Open Until Filled - Within Only
PHYSICIAN	Health Center	Open Until Filled
PLUMBER	Housing Authority	Open Until Filled
POLICE OFFICER I - CERTIFIED	Police Department - Open Space	Open Until Filled - Within Only
POLICE SERGEANT	Police Department	Open Until Filled
PREK-12 EDUCATION COORDINATOR	Department of Education	08/26/2022
PROBATION/CHILDREN's INTERVENTION OFFICER	Tribal Court	08/30/2022
RANGELAND MANAGEMENT SUPERVISOR	Natural Resources	Open Until Filled
RANGELAND MANAGEMENT TECHNICIAN	Natural Resources	Open Until Filled
RECORDS CLERK	Tribal Administration	Open Until Filled
REGISTERED NURSE	Health Services	Open Until Filled
SALES ASSOCIATE	C-Stores	Open Until Filled
SECURITY OFFICER	Police Department	Open Until Filled
SECURITY OFFICER/SUPERVISOR	Police Department	Open Until Filled
SEPTIC TRUCK DRIVER	Public Works	Open Until Filled
SHIFT LEAD	C-Stores	Open Until Filled
SHIFT SUPERVISOR - CNA	Assisted Living	Open Until Filled
TIWA LANGUAGE EDUCATION ASSISTANT	Department of Education	08/26/2022
VAN DRIVER	Elder Center	Open Until Filled
VETERAN SUPPORT SERVICE MEMBER	Elder Center	Open Until Filled - Within Only
WATER RESOURCES MANAGER	Water Resources	Open Until Filled
WATER RESOURCES SPECIALIST	Water Resources	Open Until Filled
W-WW APPRENTICE - W-WW OPERATOR IV	Public Works	Open Until Filled

ISLETA VETERANS ASSOCIATION



On August 16, 2022, a 15-Member Committee comprised of current Indian Health employees and Veterans Services came to visit our Isleta Veterans Facility. The committee from 12 regions, including Hawaii, wanted to visit a veteran’s facility located on an Indian reservation. Also to make any necessary changes to the health systems both with Indian Health and Veterans Administration. We were chosen due to our ongoing projects and our active activities. We answered many questions regarding the duties we perform for our pueblo.

Hopefully, we made a positive impact. We are currently working on a Health and Wellness Symposium to be held

November 11, 2022 at the Isleta Resort and Casino. Only health and wellness presenters will be featured. Tables for the presenters will be free of cost. The Isleta Veterans Association will be hosting the event and will be the fiscal agent.

There are many changes within the health system for veterans that will be discussed at the symposium, especially Suicide Prevention, PTSD, Women Veteran’s Programs, VA Benefits, Financial Assistance and other important topics.

SAVE THE DATE

Friday, November 11, 2022

8a – 4p

Isleta Resort and Casino

Southwest Native American Veterans Health and Wellness Symposium 2022

Sponsored by the Isleta Pueblo Veterans New Mexico VA Healthcare System AARP New Mexico

Hosted by the The Pueblo of Isleta Veterans Association

ISLETA RESORT & CASINO

CALL FOR

Pueblo Artisans

Isleta Resort & Casino would like to extend an invitation to all Isleta Pueblo Artisans

If you are an Isleta Pueblo Artisan that would like to showcase and sell your wares at special events, meetings or conventions we would love to have you.

This is a unique opportunity to be placed on a call list and be contacted for special events held at Isleta Resort & Casino.

MEET NEW ARTISTS • GAIN MORE EXPERIENCE AS A VENDOR
PREPARE FOR LARGER EVENTS AT THE END OF THE YEAR

For more details on how to apply or for any questions, please call: Patricia Logan at 505-244-8123 or email patricia.logan@isleta.com

Applications may also be picked up at Isleta Resort & Casino Hotel Sales Office

ST. AUGUSTINE

PARISH ONLINE GIVING

St. Augustine Parish is now offering online giving services to better serve our parishioners. We are providing this option in addition to cash or check donations. You can still give through traditional methods, but now you can make recurring or one-time gifts online with a credit/debit card or electronic check.

To give online through our new platform, visit our giving page on our website <https://www.isletachurch.org/>. You can also give through text message by sending “Give” to (505) 207-4077.

This program is beneficial to you, in that you do not need to worry about having cash or a check on hand at Mass, and it benefits the Parish by reducing the time needed to process donations and run financial reports.



THREE BLIND MICE ENTERPRISES LLC

Three Blind Mice Enterprises

Now offering specialty automotive services. Windshield rock chip repair, tire pressure monitor sensor replacement, and headlight restorations.

Located South of the Veteran’s Center in Los Charcos.

3901 Highway 314 NW. Call 505-865-2997 today! ALWAYS TAX FREE

Mention this ad and get a free T-shirt with any purchase.

AutoGlass

- repair -

GLASS REPAIR

Fast repairs of rock chips with quality resins. Improve safety, save your windshield today. Starting at

\$30.00

TIRE SENSOR REPLACEMENT

Save fuel with properly inflated tires. Sensors for most vehicles. Turn off that light on your dash. Prices starting at

\$59.00

HEADLIGHT RESTORATION

Improve night vision and safety. Increases the value of your vehicle. Less expensive than headlight replacement. Prices starting at

\$89.00

Thinking About Quitting

Have you been Thinking About Quitting?

Now is the time to act and Quit your Nicotine Habit for Good!

Take this 1 time, 1 on 1, 90 minute session over the phone or in person at the Isleta Health Center, to increase your motivation to quit and to get some Tips and Tricks to help you do Quit for Good!

Call Stephanie, Health Educator @ 869-4479 to learn more

ENVIRONMENTAL

Thank You From
The Pueblo of Isleta
Environment Department



Start of the 2022 Environmental Fair.



Rio Metro mascot Trax saying hello to the camera.

We would like to thank everyone who attended the 2022 Environmental Fair! It was amazing to see friends and families talk with exhibitors and learn about their programs. We had over 40 exhibitors participate including several Pueblo of Isleta Departments. There was a variety of table displays ranging from environmental educational materials to live insects! It had been over 3 years since we had the last in-person Environmental Fair. Although the drive-thru events were okay, nothing compares to seeing the community in person where you can ask questions, have conversations, and just catch up. Regarding COVID-19 safe practices, we would like to thank everyone for wearing masks and social distancing at the event. We hope you enjoyed the fair and learned something from all the environmental experts and exhibitors. If you by chance missed this event, do not worry because the Environmental Fair will return next year!

Special thanks to the Following POI Departments and Programs: Parks and Recreation, Animal Control, Isleta Police, Human Resources, Isleta Health Center, Diabetes Program, Victim Services Program, Solid Waste, Isleta Head Start, Department of Education, and Isleta Fire Department.

COVID-19 COUNSELING
& SUPPORT SERVICES

IT'S FREE &
ANONYMOUS.

CALL (505) 954-1057

NOW ★ HIRING

ALBUQUERQUE, NM

Rural Carrier Associates

This Position Requires:

- Sorting mail in delivery sequence and delivering the assigned route
- Receiving and signing for accountable mail
- Selling stamps, stamped paper, money orders, and more
- Performing any other assigned duties and responsibilities

APPLY TODAY
usps.com/careers

APPLY NOW
usps.com/careers

Think you have what it takes?

- 18 years old at the time of appointment or 16 years old with a high school diploma
- United States citizen, permanent resident, or citizen of American Samoa or other U.S. territory
- Able to pass a criminal background check, drug screening, medical assessment, and qualify to operate a Postal Service vehicle

You can earn
\$19.06/hour

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USPS
NPC

Where trusted and valued Student/Tutor relationships begin.

Tutor Doctor is Hiring Tutors!

Albuquerque, Rio Rancho, Los Lunas, & Belen

Tutor Doctor is Currently looking for Tutors for all ages and all subjects.

Tutor Doctor tutors enjoy:

- Self-determined and flexible schedule
- Performance bonuses
- In-person and/or online tutoring

Qualifications:

- Degree Preferred but not required.
- Seeking talent in most any area/level of expertise
- You have a passion for inspiring student success
- COVID vaccinated or unvaccinated applicant's welcome

Responsibilities:

- Provide consistent and dynamic homework support/instruction
- Submission of simple reports within 24 hours of each session

Job Types: Part Time, Flexible, Independent Contract

Pay: \$18.00 +

Fill out an application online
<https://www.tutordocor.com/albuquerque/about-us/become-a-tutor/>
or
call Tutor Doctor at (505) 545-8500

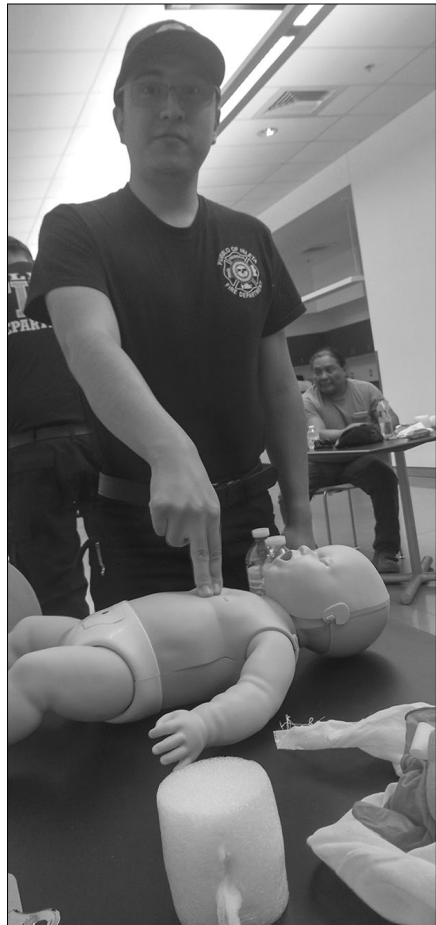
ISLETA FIRE DEPARTMENT

Pueblo of Isleta Volunteer Fire Department Member of the Month

Hello, my name is Randy Jaramillo. I have enjoyed being a member with the fire department since December 2018. I am grateful for the opportunity to help the community and challenge myself. I look forward to continuing as long as I am able. My experience with the department has provided me specialized trainings that I can apply in all areas of my life.



On August 18th, 2022 the Isleta Pueblo Volunteer membership participated in a CPR class to bring our members current on their CPR. The course was taught at the Wellness Center at the Tribal Complex.



We would like to thank Capt. Johnny Leyba and Capt. Harry Croneberger from the Isleta Casino and Resort Safety staff for taking the time to bring our members up to current CPR standards.

Hitting



challenge

when- Sept -25th
where- chical baseball field -Start time- 10 am
sign ups- Aug 15th call or email
Deadline- Sept-19th

**Tribal members,
PO employees, and
Casino employees**

FOR MORE INFO PLEASE CONTACT
GEORGE.WAQUIE@ISLETAPUEBLO.COM OR 505-869-9777

PUBLIC WORKS DEPARTMENT

Fall will officially be here on September 22nd. It's time to start preparing your plumbing for colder temperatures. The use of heat tape, pipe insulation or a light bulb can help protect pipes from freezing. Properly installed skirting around modular homes will greatly help protect the water and sewer lines from freezing.

Locate your water isolation (shut-off) valve. Many homes have a main shut-off inside the home, usually located near the hot water heater. Modular homes may have an isolation valve located under the home; be sure to have an access panel to make reaching the isolation valve easier.

Each residence has a water main line shut-off. Public Works does NOT have mapping that will show exactly where each shut-off is located. Homeowners need to locate the main shut-off to their properties in the event Public Works is called to shut off the water in an emergency. Time spent attempting to locate the shut-off means the water will continue to flow. If the emergency is a burst water line that is flooding the home, this means additional damage will occur to the property while Public Works employees are searching outside for the main shut off to the home.

Please take the time now to get prepared for winter. Remove swamp cooler lines from spigots or frost frees. Turn the spigot or frost free off, remove the swamp cooler line from the fixture and allow the water to drain out of the line to prevent freezing. Remember to drain the swamp cooler itself; water left in the unit over the winter could cause damage to the unit itself.

Frost frees are designed to "drain" any water in the frost free pipe out the bottom of the unit through a weep hole. If this weep hole becomes clogged with debris, the water will not be able to drain out. This may cause the frost free pipe to crack and break. Homemade exterior faucets do not normally have any method to drain themselves. If the homeowner did not provide a device to drain the pipes, the piping may crack and water will leak out. An isolation valve should be installed prior to ANY frost free or homemade faucets in order to isolate the device so repairs can be made. If a separate isolation valve is not provided, the main shut off to the property will need to be located and turned off to stop the flow of water; causing the loss of water to your home as well. Be sure to install an isolation valve prior to any frost free or homemade spigot/faucet and have a turn-off key available to turn the water on and off as you need to.

Public Works main office line is 505-869-5170. After hour **emergencies** need to be called in to the Isleta Dispatch non-emergency number, not 911. Isleta Dispatch can be reached at 505-869-3030.

NM Energy\$mart Weatherization Program

MFA's NM Energy\$mart weatherization assistance program provides energy-saving retrofits and home modifications at no charge to eligible homeowners and renters.

Services Provided

An assessment that includes an energy audit will determine what weatherization services will be done in your home. The items listed below are examples of the types of services that could be provided, but they are not guaranteed to be installed in your home.

Insulation

- Attic insulation
- Wall insulation
- Crawlspace insulation
- Duct insulation

Heating and Cooling

- Thermostat controls
- Heating and cooling repair and/or replacement
- Duct repair and sealing

Air Leakage Reduction

- Repair or replacement of broken glass
- Door thresholds, door sweeps and weather-stripping
- Sealing and caulking of interior cracks, holes and crevices throughout the home to prevent air flow to and from the outside
- Exterior door/window repair; possible replacement
- Fireplace dampers
- Duct sealing

Health and Safety

- Stove pipe repair/replacement
- Smoke and carbon monoxide detectors
- Furnace repair/replacement
- Water heater repair/replacement
- Ventilation fans
- Appliance testing for combustion gases

Base Load Measures

- LED light bulbs
- New energy efficient refrigerators
- Water heater insulation blankets
- Water heater pipe insulation
- Low flow showerheads and aerators

Incidental Repairs

- Lumber to frame or repair windows and doors
- Minor roofing materials to patch or repair leaks
- Minor electrical repair
- Venting replacement for water heaters and furnaces
- Repairs necessary to carry out weatherization activities

Eligibility:

Whether you own or rent, live in a single-family home or a mobile home, you can apply for weatherization services. If you rent, your landlord must consent to having the home weatherized and sign an agreement that gives you certain tenancy protections before weatherization services can be performed.

Priority and Ranking

Priority is given to persons over 60 years of age, persons with disabilities, families with children, and high energy using homes. If someone in your household receives Supplemental Security Income (SSI) and/or Temporary Assistance to Needy Families (TANF), you are automatically income-eligible for program services using DOE funds. Other requirements may apply.

If no one in your home receives SSI or TANF, your household income must be at or below 200 percent of federal poverty guidelines in order to qualify.

How Do I Apply?

Your NM Energy\$mart application must be submitted directly to the MFA service provider in your area. If you rent, your landlord must consent to having the home weatherized and sign an agreement that gives you certain tenancy protections before weatherization services can be performed. Your service provider will provide you with the application and, if necessary, the rental form. The Service Provider for Isleta Pueblo is Central New Mexico Housing Corp.

You must submit your application directly to the service provider, not MFA. Contact information is provided above.

Central New Mexico Housing Corporation

703 Osuna Road NE, Suite 2

Albuquerque, NM 87113

Phone: 505.345.4949

Toll Free: 855.345.4949

Fax: 505.344.4245

www.centralnmhousing.org

Links for additional information:

Energy Smart Weatherization Program | New Mexico MFA (housingnm.org)

<https://housingnm.org/home-repair-and-energy-efficiency/energysmart-weatherization-assistance/apply>



Valle de Oro

National Wildlife Refuge

Visitor Center

Grand Opening and

10th Birthday Celebration

Saturday September 10th 2022

10 am to 12 pm

Ceremony begin at 10 am. American Sign Language and Spanish Interpreters available. Ceremony available on Facebook live stream. Music, food and activities will follow.

*Masks highly recommended. For most up to date health and safety information please visit:
<https://www.fws.gov/refuge/valle-de-oro/visit-us>

7851 2nd St. SW
For more information
call: 505.248.6667



Valle de Oro National Wildlife Refuge
Refugio Nacional de Vida Silvestre Valle de Oro



Pueblo of Isleta Public Library

Summer is on its way out and we now enter the early phases of fall with roasted green chile, state fair, balloon fiesta, pumpkin spice everything and we can't forget Halloween. Here at the library, we have been busy with the After School Program, planning programs for children, adult and teens. Look out for content on our social media pages for upcoming programs, events and closures!

News

The library will be closed on Saturday, September 3rd and Monday, September 5th in observance of Labor Day. All library media checked out on September 1st and 2nd will be due on September 6th. We apologize for any inconvenience this may cause. Enjoy your Labor Day weekend!

School is back in session which means students are everywhere. With that said, the library would like to remind you all to PLEASE be aware of flashing school zone lights and obey the School Bus Stop Sign as we have students walking, riding bikes, skate boarding and so on. The Head Start Story Time will also be starting soon so that means they will be walking to the library so keep a look out for them as well.

Don't forget that we are now open every Saturday from 9am to 1pm. If you can't make it during the week, you still have a chance to come in on Saturdays to get a jump on the week for any work or school deadlines that need to be done. Come check out our selection of media, we have the latest new releases in movies and blu-rays for your weekend entertainment.

Please welcome our new employee Elena Lopez here at the library. Elena will be working mostly with the After School Program and we are excited to have her on our team. Elena is currently taking classes at CNM as an English Major with a focus on creative writing. She also plans on getting her Master's degree in Library Science to become a Librarian. During her free time, she enjoys writing stories or curling up on the couch with a good book. Elena enjoys spending time with her beautiful Siamese cat named Cleo. Both Elena and Cleo love to go camping and hope to go at least twice before the summer ends.



New library employee Elena Lopez!

The library now has laptop checkouts for in house use only for library patrons with a valid ID. Laptops are available on a first-come, first-served basis. Wi-fi is available and laptops will automatically connect to it for easy internet access. Laptops must be returned to the checkout desk after each session or before the end of the business day. Laptop checkouts are only for use inside the library and cannot be taken

POI Public Library Presents:

FAMILY STORY TIME

Every Wednesday at 10:30 am

AGES 16 MONTHS AND UP

STARTS AUGUST 17

Stories & Crafts

For more information feel free to contact us at: (505) 869-9808 or email: Renetta.Jojola@isletapueblo.com

home. If you would like to learn more about this service or have any questions, please give the library a call at 505-869-9808.

On August 17th Family Story Time made its return after taking a break during the summer to focus on the Summer Reading Program. Join us every Wednesday at 10:30am with library staff member Renetta. Renetta will read a story and do a small activity with the families and children who attend. Family Story Time is geared towards children 16 months to 5 years old but everyone is welcomed! No sign up is required and monthly calendars will be available for story time here at the library. For more information on the story and activity for that day, please call Renetta at 505-869-9808 or email Renetta.Jojola@isletapueblo.com.

Upcoming

Join the library in Anime Nights which will be a three-week event. Starting on August 24th participants will be making Spam Kimbap, August 31st participants will make Anime Paper Figures and on September 10th there will be a streaming event of Demon Slayer Mugen Train (food provided for streaming event). This program is for ages 12 & up, sign ups started August 12th and is open to the first 10 patrons. For more information on this program please contact Cheyenne at 505-869-9808 or by email at Cheyenne.Castillo@isletapueblo.com.

Picture Perfect Paint Night coming in September to the Library! Join us on Thursday, September 15th at 5pm for a fun filled night as participants will paint a portrait using shapes. No art skills needed to participate. This program is FREE for ages 3 to 6 but the whole family is welcomed to join in on the fun. Snacks will also be provided. Sign ups start September 2nd. For more information or any questions about this program please contact Renetta by phone 505-869-9808 or email Renetta.Jojola@isletapueblo.com.

Coming in September library staff member Cheyenne will be hosting a Live Streaming

Nintendo Switch Game Tournament on Saturday, September 24th from 9am to 1pm. This program is FREE and open to the first 16 patrons and all ages are welcomed! You may sign up to play Super Smash Bros Ultimate or Mario Kart 8. Participants may bring their own controllers if they choose to. For more information, please contact Cheyenne at 505-869-9808 or by email at Cheyenne.Castillo@isletapueblo.com.

On September 15th Peralta Playhouse stopped by for a visit. Peralta Playhouse chooses the library each year as a field trip destination and we are happy to accommodate them. Due to the COVID pandemic this field trip hasn't taken place for the last two years. During their visit we do a story time followed with a craft and activity. We provided all the supplies and we try to make a little gift bag for a field trip souvenir. The library would like to invite any child care providers or groups that would like to plan a field trip/ visit to the library to give us a call. We ask for a couple weeks' notice so we may prepare for your visit. To schedule please call the library at 505-869-9808 and speak with a staff member.



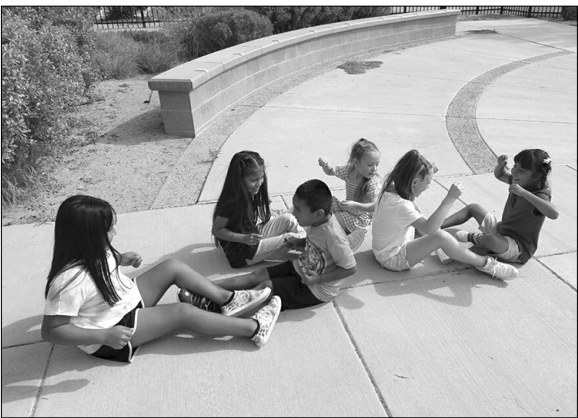
Waiting for the school bus on the first day of school!

Back by popular demand the library is continuing its collaboration with Tutor Doctor. Tutor Doctor offers professional tutoring services for students. Tutoring session will begin sometime in September or October, whenever the first grading period concludes. This will help determine what subjects students are struggling with. A meeting will be scheduled for all that are interested. Dates and times will be provided as they become available to us. For more information or questions, please call the library at 505-869-9808.

More program announcements to come! For up to the minute info on the library follow us on our Social Media accounts where we will be promoting upcoming programs and events.

Recap

We're off to a great start with our After School Program with students from Isleta Elementary, Sundance Elementary and Bosque Farms Elementary. We currently have 15 students enrolled in our program, with transportation to the library after school provided for Bosque Farms Elementary students. Library staff members Kyle, Kim and Elena help students with homework, reading, reading based programs and activities to engage our students. Students also got to attend their first incentive field trip in the month of August where they went to Carnival Treats located in Bosque Farms. Students participated in a craft, and after enjoyed yummy treats like ice cream, cotton candy and funnel cakes to name a few. We will continue to have incentive field trips throughout the school year. At this time our program is currently full however we are continuously accepting students to add on our waiting list. If you have any questions or concerns regarding our After School Program, please give us a call at 505.869.9808.



After School Program students participating in Icebreaker activities to get to know each other!



After School Program students engaging in a craft after homework and reading is done!



Park Day for the After School Program students!



LABOR DAY SERVICE SCHEDULE

The Transfer Station will be closed Monday September 5th , for Labor Day. Monday & Tuesdays trash will both be collected on Tuesday September 6th.



KEEP ISLETA BEAUTIFUL
869-4106



Kick off to Anime Nights at the Library!



Anime Participants making Spam Kimbap!

Pueblo of Isleta Public Library

In Collaboration with Tutor Doctor

TUTORING SESSION BEGINNING SOON!



THE LIBRARY WILL BE COLLABORATING WITH TUTOR DOCTOR TO OFFER PROFESSIONAL TUTORING SERVICES FOR STUDENTS!

TUTORING SESSION WILL BE SCHEDULED AFTER THE FIRST GRADING PERIOD HAS CONCLUDED AROUND SEPTEMBER/OCTOBER. TO DETERMINE WHAT SUBJECTS STUDENTS ARE STRUGGLING WITH.

A MANDATORY MEETING WILL BE SCHEDULED FOR ANYONE THAT IS INTERESTED. DATE AND TIMES TO BE ANNOUNCED!



If you have any questions you can give us a call at 505-869-9808





ISLETAPUEBLOLIBRARY

PUEBLO OF ISLETA PUBLIC LIBRARY

LIVE STREAMING

▶▶▶ PUEBLO OF ISLETA PUBLIC LIBRARY

SATURDAY, SEPTEMBER 24TH FROM 9AM-1PM

OPEN TO THE FIRST 16 PATRONS

SIGN UPS BEGIN ON MONDAY, SEPTEMBER 12TH

PRIZES

NINTENDO SWITCH GAME TOURNAMENT



SIGN UP TO PLAY SUPER SMASH BROS ULTIMATE OR MARIO KART 8!

YOU ARE WELCOME TO BRING YOUR OWN CONTOLLERS

ALL AGES

FOR MORE INFORMATION PLEASE CONTACT CHEYENNE AT 505-869-9808 OR BY EMAIL AT CHEYENNE.CASTILLO@ISLETAPUEBLO.COM

CORNHOLE TOURNAMENT



TRIBAL MEMBERS AND POI EMPLOYEES, CASINO EMPLOYEES ONLY

TEAM SIGN UPS START AUGUST 1ST

DEADLINE: AUGUST 19TH

WHERE -ISLETA REC

STARTS - 9 AM

September 11 th

DOUBLE ELIMINATION

FOR MORE INFO- CONTACT -GEORGE WAQUIE- 505-869-9777

OR EMAIL ME- GEORGE.WAQUIE@ISLETAPUEBLO.COM

PICTURE PERFECT

PAINT NIGHT

Theme: Painting with Shapes

THURSDAY

September 15, 2022 at 5:00pm

Pueblo of Isleta Public Library

Sign Up starts September 2nd!

SNACKS WILL BE PROVIDED

AGES: 3 to 6 years old

Families Welcome!



Any Questions? Call (505) 869-9808 or Email Renetta.Jojola@Isletapueblo.com

ISLETA PARKS AND RECREATION

FITNESS SECTION

Isleta Recreation Center continues to host classes (Spin, Yoga, Boot camp, etc.) for all that wish to attend to improve their health and wellness.

Boot Camp has been extremely popular helping individuals reach their goals in a short amount of time. Boot Camp is a full body workout consisting of cardio, endurance and strength training plus the mental will to achieve and succeed. We challenge you to come and join us, see what you have been missing in your workouts.

Spin classes also offer a great challenge to your workout health such as challenging your cardio and endurance. Remember you can always go at your own pace as well.

Please come try one of these great classes we offer and if you just need to unwind and find your inner peace of body and mind, we have a great Yoga class for you! Our Yoga classes have been very popular with our community and these classes have been a big hit so far. Come in and see what you have been missing. We hope to see you soon.

AQUATICS SECTION

Isleta Aquatics hopes everyone is doing well now that school is back in full swing! Swimming is a great stress reliever for students and parents alike.

We are excited to announce that the Jacuzzi is back open! Come out and relax in our 102° Jacuzzi or bring the little ones to enjoy our 90° Wading pool or come refresh in the 80° Lap pool!

We will have sessions available from 6:00am-8:30am as well as 3:30pm-7:30pm Monday through Thursday. 6:00am-8:30am and 3:30pm-5:30pm on Fridays. We will close mid-day to accommodate swim time for youth programs Isleta has to offer, as well as daily pool maintenance.

We also offer adults only lap swim on Mondays, Wednesdays and Fridays from 12pm - 2:00pm.

All three types of swim sessions can be reserved in one and two hour increments at the front desk of the Rec Center.

Swim lesson registration forms are available at the front desk at the Rec Center. For anyone interested in information about child or adult swim lessons, water aerobics and other aquatic programming, please call Josh or Connie at 505-869-9783.

RECREATION SECTION

Welcome back students! The After School program is going strong here at the Recreation Center, we are once again offering afterschool activities for the enrolled participants. We have students from Isleta Elementary, Bosque Farms, and S.O.D.A. enrolled in the program this year. Students are involved in homework time or reading when they arrive to the center, then into an activity for the afternoon that consists of gym play, arts & crafts, swimming, board games etc. For more information regarding the After School Program, please call the New Isleta Recreation for more information 505-869-9777.

We are hoping to hire some additional part-time staff to help us with our afterschool program this year. Once we get those

individuals on board, then we will be in a position to take more afterschool participants. If you are interested, in having your child, grandchild, niece, nephew, brother or sister attend our after school program this year, call and get them put on our waiting list. As I mentioned earlier, as soon as we are able to hire additional help we will get them in our program.

Here are some insights of the classroom setting activities. Students learn a little history about the activity for the day. One of the activities the afterschool participants worked on was on Ice Cream. The participants were asked to list their favorite ice cream flavors and the majority of them chose chocolate, vanilla and pink bubble gum! Here are some facts about Ice Cream that we learned while students made their own ice cream in a bag.

Ice Cream Facts:

Did you know that....

- 1. The top 3 countries that consume the most ice cream is United States, Australia and the Norway.
- 2. Vanilla is the #1 flavor and Chocolate is the second favorite.
- 3. 90% of Americans have ice cream in their freezers.
- 4. Chocolate syrup is the most popular topping for ice cream.

Another activity we did with the participants in the after school program was to learn about and make clay pots. They learned a couple of different techniques on forming a pot; those were the coil and pinch techniques. We also had a small discussion on a pottery wheel that they can make an assortment of any size of pots, plates, cups and much more. The students were able to use Air-dry clay to make different clay art like coil pots, animals, and flower candleholders and they were able to paint them after their work dried.



SPORTS SECTION

This is what is on deck in the sports section; we are having the Corn Hole Tournament on September 11, 2022, which is tentatively scheduled to start at 9am. We are trying to get some food vendors out for this event so if your team is in or you want to come out to watch it. This event will be held across the Street from the Rec center.

The Hitting Challenge will be up next on September 25th and will be held at the Chical Park. The event starts at 10 am, if you haven't signed up there's still time as the deadline is September 19th.

It is almost time to sign up your team for the Volleyball League; information about the volleyball league will be out soon.

We are working on the Pueblo Harvest run/walk and we are looking to start a Pickle Ball League as well, so if any of you are interested in learning about or want to play Pickle Ball, contact the recreation center and speak to George Waquie for more information.



ICE CREAM FLAVORS

Solve the following puzzle by finding all the hidden words!

N	W	E	T	U	N	L	A	W	E	L	P	A	M	H	A
T	O	G	L	V	R	A	T	I	G	E	R	T	A	I	L
T	C	Y	D	N	A	C	N	O	T	T	O	C	B	A	L
L	A	N	A	N	A	B	T	A	A	P	P	S	R	U	I
N	A	C	B	C	N	U	G	G	E	I	N	L	I	E	N
O	E	T	E	Y	N	U	A	G	U	H	N	N	H	A	A
P	A	U	K	O	O	M	D	G	D	C	O	R	G	O	V
W	L	T	C	N	D	U	I	A	E	T	N	E	E	R	G
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U	C	H	O	C	O	L	A	T	E	I	Y	O	R	N	I
B	B	P	P	I	Y	W	C	O	G	M	C	A	N	O	B
U	S	T	R	A	W	B	E	R	R	Y	L	O	T	O	I
F	C	I	D	E	C	B	U	B	B	L	E	G	U	M	L
C	O	O	K	I	E	D	O	U	G	H	E	G	D	E	N
N	L	A	H	U	G	E	R	O	C	K	Y	R	O	A	D
N	E	A	P	O	L	I	T	A	N	O	C	O	Y	R	U

CHOCOLATE
MINT CHIP
FUDGE
COTTON CANDY
BANANA
BUBBLEGUM
NEAPOLITAN
MAPLE WALNUT

GREEN TEA
PECAN
ROCKY ROAD
COCONUT
TIGER TAIL
STRAWBERRY
COOKIE DOUGH
VANILLA



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NEWSLETTER
ISLETA POLICE DEPARTMENT
September - 2022

Two-thirds of 2022 is GONE! Time seems to be flying this year with Labor Day just around the corner, followed by Halloween and very soon Thanksgiving, Christmas and New Year’s Eve into 2023!

The Third National Night Out was held August 5, 2022 and it was definitely a success! The Isleta Police Department hopes you were able to come out and join the fun. Many departments had booths providing information and games for the members of the Pueblo to enjoy. Raffle prizes, food and games were provided and it was just a “good old-fashioned” get together for law enforcement, departments and the community to help build a strong and cohesive relationship to work together to address community problems.

Thank you to all the departments that participated making the event such a success. A special, deep heartfelt thank you to the Police Department’s Organizing Committee taking over for last year’s Police Department organizer. This mighty trio took the reins and worked hard to bring it all together.



Left to Right: Heather Trujillo, Crystal Anchondo & Anthony Zambrano

Although these three were not the only persons who made this event a success, the department recognizes with great appreciation all the individuals and businesses who contributed to this event with donations, their time and all their efforts.

Additional photographs will follow in the next newsletter.

NEWS FROM ANIMAL CONTROL
Erika Pasqual

Last month Isleta Animal Control took part in National Night Out and the Environmental Fair. During these two events, Animal Control handed out information about the Rabies Virus and our new upcoming changes to the Animal Ordinance. Both events had a great turn out and gave the community a chance to meet the Animal Control Team.

While the weather starts to cool down and fall approaches, it is still very important to keep your pets’ water bowls filled with fresh water. Dogs and cats can easily overheat and it is important to keep your pet hydrated. Here are some tips to keeping your pets’ water bowl cool and refreshing:

- Keep your pet’s bowl in the shade whenever possible
- Freeze a water bottle and put it in your pet’s bowl (mini water bottles work perfectly)
- Use a clay or ceramic water bowl

We are out of all dry and canned food. We will update the community when we get another shipment of food in. Please call 505-869-7664 or ring the north doorbell if you are needing service.

IHSP TRAFFIC DIVISION

This division’s never-ending challenges detecting and dealing with traffic violators, DWIs and crashes are met head-on daily, 365 days a year. The “Driver Sober or Get Pulled Over” mobilization began August 17 and continues through September 5

(Labor Day), however, the Traffic Division is asking drivers to drive sober every day.

An article published in the National Highway Traffic Safety Administration says:

Drivers are making riskier decisions when they’re behind the wheel. In 2020, 11,654 people died in drunk-driving crash – a 14% increase from 2019.

During the Labor Day holiday period, we typically see an increase in drunk-driving deaths – and that’s why you’ll likely see more law enforcement on the roads. Drive Sober or Get Pulled Over, which runs August 17 – September 5, aims to educate people about the dangers and consequences of driving drunk.

One person is killed about every 45 minutes in a drunk-driving crash, totaling more than 11,000 lives lost each year.

By the Numbers

530
TRAFFIC CRASH DEATHS DURING
LABOR DAY HOLIDAY WEEKEND IN 2020

46 %
INVOLVED DRIVERS WHO HAD BEEN
DRINKING

38 %
INVOLVED A DRUNK DRIVER

Drive Sober This Labor Day, and Every Day



Have a Plan Whether You’re Driving, Riding or Hosting

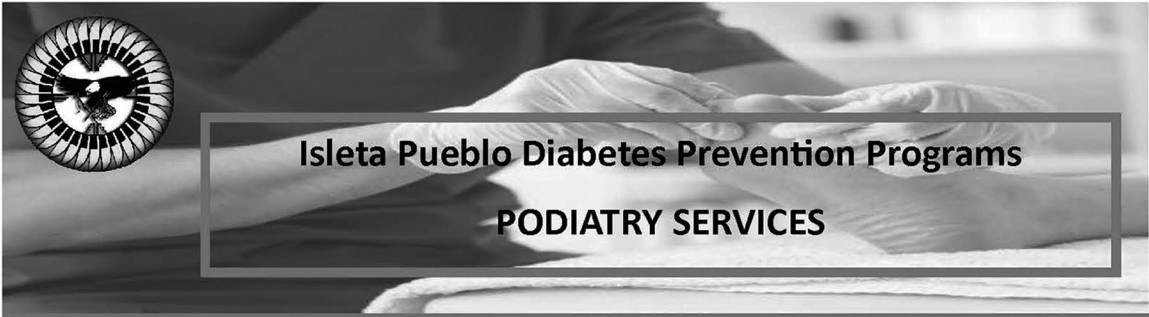
- **Before drinking, plan a safe and sober ride home.**
- **Don’t let someone get behind the wheel if they’ve been drinking.**
- **If you’re hosting a gathering, make sure all your guests have a sober ride home.**
- **If you see an impaired driver, call 911.**
- **And always wear your seat belt — it’s your best defense against impaired drivers.**

(Effects of Alcohol on Driving, Next Page)

The Effects of Alcohol on Driving

Just one drink before driving can put you and others in danger, because alcohol impairs thinking, reasoning and muscle coordination.

BLOOD ALCOHOL CONCENTRATION	PREDICTABLE EFFECTS ON DRIVING
.02	Decline in visual functions, decline in ability to perform two tasks at the same time
.05	Reduced coordination, reduced ability to track moving objects, difficulty steering, reduced response to emergency driving situations
.08	Reduced concentration, short-term memory loss, lack of speed control, reduced information processing capability, impaired perception
.10	Reduced ability to maintain lane position and brake appropriately
.15	Substantial impairment in vehicle control, attention to driving task, and in necessary visual and auditory information processing



Isleta Pueblo Diabetes Prevention Programs
PODIATRY SERVICES



We would like to introduce our new Podiatrist, Dr. Joel Di Santi. He was born and raised in Western Pennsylvania. He attended the University of Pittsburg and earned a degree in Information Science. He received his Doctorate in Podiatry Medicine from Kent State University. He went on to complete his surgical residency at the Veterans Administration Hospital in Miami, Florida. He spent many years practicing Podiatry in Texas and Florida. He moved to New Mexico in 2020. Dr. Di Santi is married with two children and four grandchildren.

SERVICES

- General foot care
- Foot ulcer and wound care
- Specialty services for patients with diabetes of all ages
- Follow-up services for patients as needed

HOURS

Tuesday: 8:30am- 3:30pm

Thursday: 8:30am- 3:30pm

CONTACT US

Jeanette Mariano

505-869-4585

HOW CAN A PODIATRIST HELP WITH MY DIABETES?

Every twenty seconds a limb is lost to Diabetes. Including a podiatrist in your diabetes care can reduce the risk of lower limb amputation by up to 85% and lower the risk of hospitalization by 24%. A Podiatrist is specifically trained to assess the nerve damage in your feet, identify your specific foot health risks and create a plan to keep your feet healthy.

The Isleta Diabetes Prevention Programs Podiatry Department is an essential part of our team. The clinic helps patients manage diabetes within the Isleta community, through services that include comprehensive foot care, education management, as well as blood glucose and blood pressure monitoring.

WAYS TO PREVENT FOOT COMPLICATIONS:

The American Diabetes Association recommends that diabetic patients should visit their podiatrist at least once a year, or more, if you have foot problems.

Always keep your feet protected. Wear well-fitting shoes whenever you are up and walking, never go bare footed.

Check your feet daily for wounds, blisters or red spots and contact IHC Podiatry Clinic if you have questions or see your condition worsen.

Replace shoes annually or sooner, if recommended by your podiatrist.

PUEBLO OF ISLETA
WIC PROGRAM

(505)869-2662

The first week of August was World Breastfeeding Week, and the Pueblo of Isleta WIC Program had a huge success! We love supporting our WIC families!

We would like to thank Albertson’s in Los Lunas, Albertson’s off Rio Bravo, Jerry’s Market, POI Transportation, Randy Jim, and WIC staff for making this day possible. We cannot wait for the next WIC event!



Boost Your Natural Immune Response

VACCINATE THE WHOLE FAMILY

For those 12 years and older, it is important to get the COVID-19 Vaccine to help prevent the Virus!

Vaccines protect against these people diseases:

Hepatitis A	Diphtheria	Varicella
Hepatitis B	Tetanus	HPV/cancer
Polio	Pertussis	Shingles
Hib	Measles	Meningococcal ACWY
Pneumonia	Mumps	Meningococcal B
Flu	Rubella	Rotavirus

WhyImmunize.org

Vaccines protect against these pet diseases:

Parvovirus	Distemper
Herpes Virus-1	Parvovirus
Calicivirus	Adenovirus
Feline leukemia	Parainfluenza
Rabies	Kennel Cough

Fix.Adopt.Save.
Our Community Commitment
FixAdoptSave.org

Babies need vaccines:

DTaP	MMR
Hepatitis A	Hepatitis B
PCV13	Flu (Yearly)
Rotavirus	Varicella
Polio	Hib

School age kids need vaccines:

(4-6 years old)

DTaP	MMR (2 nd dose)
Polio	Varicella (2 nd dose)
Flu (Yearly)	

Teens need these vaccines:

(11-12 & 15-16 years old)

HPV	Flu (Yearly)
Tdap	Meningococcal ACWY & B

Pregnant moms need:

Flu (Yearly)
Tdap 1 dose with each pregnancy
...to protect both mom and baby

Healthy adults 19-59 need:

Yearly Flu
HPV before age 50
Tdap (if never received)
Tetanus every 10 years
Shingles (at 50 years of age)
More vaccines may be needed for certain medical conditions

Adults 65 and over need:

Flu (Yearly)
Shingles
Pneumonia (starting at age 65)
Tdap (if never received)
Tetanus every 10 years
More vaccines may be needed for certain medical conditions

Cats need:

- FVRCP (combo vaccine) starting at 6-8 weeks of age; then every 3-4 weeks until 16-20 weeks old
- FeLV at 8 weeks; 2nd one 3-4 weeks later
- Rabies at 12 weeks
- Yearly boosters

Dogs need:

- DHPP (distemper, adenovirus, parvo, parainfluenza) starting at 6 weeks; then every 3-4 weeks until 16-20 weeks old; last 2 DHPP vaccines should contain leptospirosis
- Rabies at 12 weeks, Rabies booster after 1 year, then every 3 years
- Bordetella at 12 weeks, 2nd dose 3 weeks later
- Yearly boosters (DHPP & Bordetella)

* FixAdoptSave.org offers affordable and accessible spay/neuter programs and services.

Vaccines are the Simplest way to Keep you & your family healthy & well.

Ask your doctor, nurse, pharmacist and veterinarian about which vaccines are right for your family!

CATCH UP ON CHECKUPS AND ROUTINE VACCINES

As opportunities for in-person learning and play grow, it's important for your child to catch up on checkups and recommended vaccines to protect their health now and in the future.

The Centers for Disease Control and Prevention (CDC) recommends children continue to see their doctor for regular checkups and routinely recommended vaccinations, even during COVID-19.

WELL-CHILD CHECKUPS ARE ESSENTIAL

- The doctor tracks your child's growth and development
- You can ask the doctor questions about your child's health
- Your child gets recommended vaccinations

VACCINATION HELPS PROTECT YOUR CHILD'S HEALTH

- Routine vaccinations during childhood help prevent 14 diseases
- Among children born from 1994-2018, vaccinations will prevent an estimated 936,000 early deaths, 8 million hospitalizations, and 419 million illnesses

Doctors can safely see your child, even during the pandemic.

Talk with your child's doctor about staying up to date on regular checkups and routinely recommended vaccinations.

www.cdc.gov/vaccines/routine

Isleta Health Center Billing Department Updates

Patient Registration Update:

Patient Registration has gone back to the normal patient check in process as follows:

- Patients are asked to fill out the patient sign-in sheet
- Review the patient face sheet which consists of demographic information and confirm it is correct.
- Make any needed updates to active telephone number, mailing address, physical address, and insurance information.

Please inform patient registration staff if you need assistance with this process or have any questions.

Benefits Coordinator Update:

The Benefits Coordinator is available to assist with all your NM Medicaid, Medicare and insurance questions. Please call (505)869-4469 if you have any questions or need help with any of the coverages listed.

The Isleta Health Center Survey

Your Opinion Counts!

Kiosk Located in the lobby
Or use the QR Code here
Help us continue with excellent health care

Isleta Health Support Survey Results

Stephanie Barela
Isleta Health Educator
(505) 869-4472
Stephanie.Barela@islclinic.net

The Isleta Health Support Group has been meeting since 2010. The support group is open to the Isleta Community and Staff, provides monthly health education, resource sharing, and peer support on chronic health concerns. The support group is intended to empower individuals with knowledge and support.

Currently the group meets at the Isleta Health Center on the 2nd Tuesday of the month at 10:30am-noon or 5pm-6:30pm, alternating time each month. The group is currently structured with a health presentation and discussion that follows. In May 2022-June 2022 we disseminated a survey to the staff and the community to receive feedback in order to improve this program. There was a lot of great suggestions and information that we learned from the 112 people that completed the survey and we hope to use this information to improve the group.

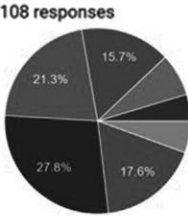
Below is a summary of the results:

RESPONDANT DESCRIPTION:

- 86.1% were female.
- 6.4% (7 people) had ever attended the support group before.
- The age of those that completed the survey are below:

- 27.8% (n30) 35-44 year old
- 21.3% (n23) 45-54 years old
- 17.6% (n19) 25-34 years
- 15.7% (n17) 55-64 years old
- 7.4% (n8) 65-74 years old
- 5.6% (n6) 18-24 years old
- 4.6% (n5) 75 years and older

What is your age?
108 responses



- Under 12 years old
- 12-17 years old
- 18-24 years old
- 25-34 years old
- 35-44 years old
- 45-54 years old
- 55-64 years old
- 65-74 years old
- 75 years and older

SUGGESTIONS FOR THE GROUP:

- **Top Topics of interest:**
 1. Stress Management (68.2% (n73))
 2. Healthy Lifestyles (57.9% (n62))
 3. Anxiety (53.3% (n57))
 4. Depression (45.8 (n49))
 5. Diabetes (35.5% (n38))
- **Top Activities Requested:**
 1. Healthy Meal (71.37% (n77))
 2. Incentives/Drawings (65.7% (n71))
 3. 15-min walk (62% (n67))

A strong interest of including culture and language into the group.
- **Preferred Location for Group Meetings:**
 1. Isleta Health Training Center (70.9% (n73))
 2. Isleta Health Center Kitchen (42.7% (n44))
 3. Isleta Health Center Conference Room (41.7% (n43))

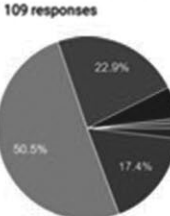
Currently day group meetings are held in the IHC Kitchen and the evening meetings are held in the IHC Training Center.
- **Preferred Group Sessions, Length & Time:**
 1. One hour sessions
 2. Meet once a month
 3. Evening session 5pm - 7pm

Thank You! to those who took the time to complete the survey. We will be using these results to improve our program! We invite everyone to attend our sessions and welcome any suggestions you have to offer.

We hope to see you at our next session on September 13, 2022 to be held at the Isleta Health Center Training Center.

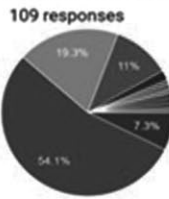
ALL ARE WELCOME...

What is an ideal duration for each session?
109 responses



- 120 minutes (2 hours)
- 90 minutes (1.5 hours)
- 60 minutes (1hr)
- 45 minutes
- Less than 30 minutes
- Depends on topic (1.5-2 hours)
- I think length of each session is dependent on topic

How often would you attend an Isleta Health Support Group session?
109 responses



- Weekly
- Monthly
- Quarterly (Every 3 months)
- Bi-Monthly (every other month)
- none
- Never have, never knew of it
- would not attend, prefer emails with in...
- Bi-Weekly



Call, Text, or Message
988
For Mental Wellness



988 NM Crisis Support
988nmcrisissupport
<https://988nm.org/>



**ISLETA HEALTH CENTER
COMMUNITY HEALTH
REPRESENTATIVE
(CHR)
PROGRAM**

OUR TEAM IS HERE TO ASSIST COMMUNITY MEMBERS WITH:

TRANSPORTATION TO NON-EMERGENCY MEDICAL APPOINTMENTS TO ISLETA HEALTH CENTER, WITHIN ALBUQUERQUE, AND LOS LUNAS AREAS.

MEDICATION & MEDICAL SUPPLY DELIVERIES

CONNECTION TO LOCAL AND COMMUNITY HEALTH RESOURCES

505- 869-4485
CONTACT US FOR MORE INFORMATION!

Reasons to call 988:

- Need information or referrals for local community services?
- Feeling sad, confused, or angry?
- Worried about your safety or someone you know?
- Service member or veteran & their families in need.
- Worried about alcohol or drug use or abuse.
- Have something on your mind that you want to talk over.



988 NM Crisis Support
988nmcrisissupport
<https://988nm.org/>

NM Poison Control

During the Pandemic, we should be cleaning and disinfecting more often. It is important that you do not inject or ingest these chemicals into your body. Please remember to keep ALL chemicals out of children's reach. If any cleaning or disinfectant solution is swallowed or injected, please contact the NM Poison Control immediately.

1-800-222-1222

August 2022

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

September 2022

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

October 2022

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2	3	4	5	6	7	8
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16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

November 2022

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27	28	29	30			

December 2022

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25	26	27	28	29	30	31

January 2023

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15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				



Pueblo of Isleta
Head Start, Early Head Start & Child Care
2 Sagebrush
Albuquerque, NM 87105
505-869-9796





First and Last Day of School

First Day of School for Students

Last Day of Head Start

Last Day of Early Head Start and Child Care

No School for Students

Sep. 5Labor Day

Oct. 6Professional Dev. Day

Oct. 6-7Fall Break

Nov. 11Veteran's Day Observed

Nov. 23-25Thanksgiving Break

Dec. 19-Jan. 3Winter Break

Jan. 3Professional Dev. Day

Jan. 16Martin Luther King, Jr. Day

Feb. 20Presidents' Day

Feb. 21Professional Dev. Day

Mar. 13-17Spring Break

Apr. 7-10April Break

Apr. 10Professional Dev. Day

May 29Memorial Day

Jun. 19Juneteenth

Jul. 4Independence Day

Half Day Early Release

NO PM BUS TRANSPORTATION

Dec.

Category of Events

Professional Development Day

Family Night

Calendar A

Head Start requires 1020 hours

165 days = 1351 Hours @ 6.5 hrs. per day

8:15 a.m.-2:45 p.m.- 6.5 hrs per day

Early Head Start requires 1380 hours

202 days = 1414 hrs @ 7 hrs. per day

8:00 a.m.-3:00 p.m.-7 hours per day

February 2023

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28				

March 2023

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			1	2	3	4
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26	27	28	29	30	31	

April 2023

S	M	T	W	T	F	S
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16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

May 2023

S	M	T	W	T	F	S
	1	2	3	4	5	6
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June 2023

S	M	T	W	T	F	S
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25	26	27	28	29	30	

July 2023

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

Ma-gu-wam

The Isleta Pueblo Voters Alliance (IPVA) was formed in 2020 as a non-profit, non-partisan group of volunteer Tribal Members who unite to look for solutions to increase General Election voter turnout.

IPVA is committed to provide factual and educational information to Tribal members via Facebook, Instagram, the POI Newsletter, and most recently aired a special presentation about Pueblo Civil Rights Activist Miguel H. Trujillo on Native American Calling. The presentation aired on July 28, 2022, and honored Miguel H. Trujillo who was instrumental in advocating to allow Native American votes to be counted in State and Federal Elections.

IPVA is committed to focus on increasing voter participation for the upcoming General Election 2022. We are currently working on initiatives to inform eligible voters of their

rights and responsibilities in Tribal elections. We will keep you informed on special dates, events, and hope to have a record-breaking voter turnout this 2022 election year. Be a part of history and exercise your Right to Vote!!

Any questions or comments are welcomed and IPVA can be reached at ipva-01@ipvalliance.org.

A few important dates and facts:

1. Any eligible member shall register their candidacy for Governor or Council 20 days prior to registration date.
2. Tribal Council shall designate the polling place at a public location from 8am to 7pm on the last weekend in October.
3. At registration time eligible voters may cast a secret ballot for a Governor and one Council Member candidate.

4. The two candidates receiving the greatest number of votes for governor shall be certified by the Council Secretary as the only two candidates for Office of Governor.
5. 14 persons receiving the greatest number of votes for Council shall be certified by the Council Secretary as the only candidates for Council members in the next general election.
6. 10 days prior to general elections the Council Secretary shall post announcements of the forthcoming elections and a list of candidates whose names will appear on the ballot and the location of the polling place designated by Council.

IPVA encourages all enrolled Tribal members to exercise your right to vote this 2022 election year!!

STRENGTH


Resiliency has always been our Strength, we shall continue to adapt!


1ST DOSE + 2ND DOSE + BOOSTER(S)^(WHEN ELIGIBLE)

= UP-TO-DATE ON COVID-19 VACCINES

If you are 5 years or older & completed the COVID-19 vaccine primary series, you may be eligible to get boosted.

Contact your local IHS, tribal, or urban Indian health care facility or pharmacy to get vaccinated. Scan this QR code for more info:










Being fully up-to-date with COVID-19 vaccines is the best defense against severe illness from the virus.

MONKEYPOX

Who should get checked?

You should seek medical guidance from a healthcare provider if you:

-  Had contact with someone who had a rash that looks like monkeypox or someone who was diagnosed with confirmed or probable monkeypox
-  Had skin-to-skin contact with someone in a social network experiencing monkeypox activity, sexually active individuals who meet partners through an online website, digital application ("app"), or social event (e.g., a bar or party)
-  Traveled outside the US to a country with confirmed cases of monkeypox or where monkeypox activity has been ongoing
-  Had contact with a dead or live wild animal or exotic pet that exists only in Africa or used a product derived from such animals (e.g., game meat, creams, lotions, powders, etc.)



For more information about monkeypox, visit:
nmhealth.org/about/phd/idb/mpv

Health Beat

Keeping our People Safe - Suicide Prevention

Orion Zuni,
Experiential Educator
B'eeh-K'oo-ee Wellness Center
(505) 869-5482
orion.zuni@ISLCLINIC.net


September has arrived! This time of year brings many things including seasonal change, the start of a new educational year, and for many people it can be a major change in our mental wellbeing. Keeping this in mind, September is Suicide Prevention month. According to the Centers for Disease Control, suicide is considered a death caused by injuring oneself with the intent to die. While a suicide attempt is when someone harms themselves with any intent to end their life, but they do not die as a result of their actions. Suicide can be the product of violence, trauma, and even injury. This is a major public health issue that severely impacts Native American populations across the United States, especially those who identify as lesbian, gay or bisexual. CDC data shows that 90% of individuals who attempt suicide and survive will never go on to die by suicide.

Although suicide is a stigmatized and often taboo subject, it is still preventable and we can all play a role in saving someone's life. It isn't always obvious if someone is in distress, but most individuals who are suicidal will show some signs that they are considering harming or killing themselves. Unfortunately, adults are not the only populations that are at risk of suicidal inclinations. Today we are seeing younger generations experiencing hardships that lead to suicidal behaviors.


Signs of suicide within older and younger populations may differ in some instances depending on the individual's environment. Signs can include speaking about death or suicide, seeking methods of self-harm, and/or talking about being hopeless or having no reason to live. Other potential signs could also include an increase in alcohol or drug use, increase in reckless behaviors, uncontrollable anger, changes in sleep schedules, social withdrawal, and obtaining lethal weapons (guns, sharp objects, etc.). If one or more of those warning signs is observed, especially if they are new behaviors, or seem to be in relation to a painful event, loss, or change, please step in or speak up.

Intervening in these types of situations isn't easy, and can be very concerning for all involved. But, you are not alone! If you or someone you know is in an emergency call **911** immediately. There are also other free options for those who may find themselves in crisis, and may include dialing **988** which is an active suicide and crisis lifeline that provides 24/7, free and confidential support for people in distress. Sometimes it takes just one person to take action and save a life. If you find yourself or someone you know that is struggling with their mental health please feel free to reach out to B'eeh-K'oo-ee Wellness Center (AKA Isleta Behavioral Health) at 505-869-5475 and set up an appointment with one of our counselors.

Isleta Pueblo News



Editor:
Nathaniel Lujan
Asst. Editor:
Diane Abeita
Published By:
Valencia Express



Isleta Elder Center Benefits & Resource Fair

Wednesday, September 14, 2022
9 a.m. to 12 p.m.

The Isleta Elder Center is hosting their Annual Benefits & Resource Fair!
If you are 65 or turning 65, this event is for you!
Presenters will provide important information about **Medicare & Medicaid**.

**Our event is limited to the first 60 people that
Register by Monday, September 12, 2022.**

Registered attendees will receive incentives &
their names will be placed in a drawing for great prizes.

For more information or to register, please call *Pauline @ 505-869-9752*.

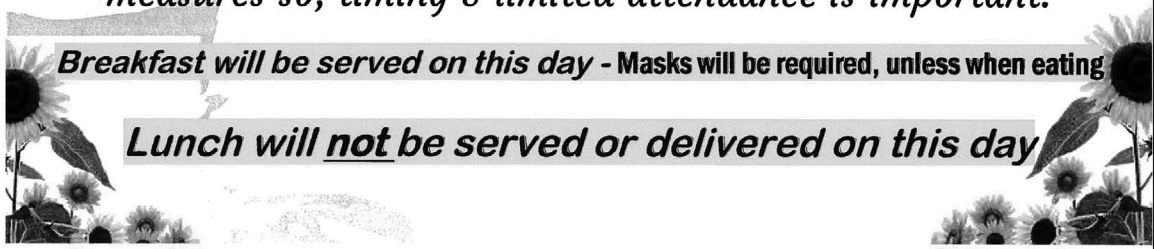
Tentative Agenda

9:00 am	Breakfast Croissant BF Sandwich, Hashbrowns, Orange Slices, Cereal, & Pastries
9:15 am	MCO Presenters: Presbyterian - Jennifer Sandoval Western Sky - Presenter TBA Blue Cross Blue Shield – Julia Platero
10:15 am	WellCare - Ashley Avila
10:30 am	Medicaid - Veronica Yepa
11:00 am	Senior Health Resource Center - Nathan Lucero

Due to Covid, the Elder Center wants to take precautionary measures so, timing & limited attendance is important.

Breakfast will be served on this day - Masks will be required, unless when eating

Lunch will not be served or delivered on this day



ELDERS ADVISORY COMMITTEE

MaGuWam from the Elder Center and Assisted Living Facility Advisory Committee

The Advisory Committee recently held elections to form a new committee for the next coming years.
Following are the new committee members:

District 1
Phillip Jojola
Debbie Lente-Jojola
Edna Jiron

District 2
Veronica Balenquah
Veronica Montoya


District 3
Currently vacant

District 4
Joe Anzara

ALF Family Representative
Helen Padilla

Congratulations to all the new members!
Thank you for having a vital interest in representing the elders of our community.
Monthly meeting information will be announced once they are set.

Thank you to the outgoing committee members for their involvement and representation over the past years.



JOIN THE ISLETA ELDER CENTER FOR HALLOWEEN

Friday October 28, 2022
Cookie decorating Contest From: 11am -12pm
Bingo & cake walk from: 1pm 3pm
Prizes Going to cutest & most original cookie
Refreshments Will Be Served
**Must be 50 yrs or Older to
Attend & Participate**

**CONTACT PERSON
ANTOINETTE THAYER
505-869-9770**

**Please RSVP By Oct. 10th
Limited Space Available**





Need a hand with some home repairs? Tiwa Lending Services would love to help!

Our two programs are available to assist with small or big improvements:



Home Loan Program
OR
Consumer Loan Program

For more information contact us below
Sheila Herrera 505-916-0556 or Sheila@tiwalending.org
Miranda Lente 505-916-0634 or Miranda@tiwalending.org



Isleta Elder Center Menu 2022

























Monday	Tuesday	Wednesday	Thursday	Friday
<div><div>REMINDER</div><div><div>Please call by 9 AM to cancel Home Delivered Meals.</div><div></div></div></div>			9/1/2022 NACHO SUPREME Ground Beef 4oz Cheese Sauce 2oz Tortilla Chips 2oz Garnish 2oz Refried Beans 1/4c Sour Cream 1oz	9/2/2022 SWEET & SOUR CHICKEN Tempura Chicken 4oz Fried Rice 1/4c Stir Fry Vegetable 1/2c Sweet Sour Sauce 2oz Fortune Cookie
9/5/2022 <div><div>WE WILL BE CLOSED ON LABOR DAY</div><div></div></div>	9/6/2022 BARLEY SOUP Barley 1/2c 5way Vegetable 1c Crackers 2ea. Fresh Fruit	9/7/2022 SLOPPY JOE Ground Beef 3oz Sloppy Joe Mix 1/4c Hamburger Bun Chuckwagon 1/2c Apple Crisp 1/2c	9/8/2022 RED CHILE POTATO STEW Pork Stew Meat 3oz Diced Potatoes 1/2c Red Chile 2oz Carrots 1/2c Cherry Cobbler 1/2c	9/9/2022 BAKED CHICKEN Chicken Thigh 3oz Rice Pilaf 1/2c Italian Vegetable 1c Fruit Cup
9/12/2022 SPAGHETTI Spaghetti 1/2c Marinara Sauce 1/4c Meatballs 2oz Capri Vegetable 1c Fruit	9/13/2022 BAKED HAM Ham 4oz Sweet Potato 1/2c Gravy 2oz California Blend 1c Fruit	9/14/2022 EGG SALAD SANDWICH Egg Salad 3oz Celery Sticks 1c Slice Bread Ranch 2oz Baked Chips 2oz	9/15/2022 CHICKEN TENDERS Chicken Tenders 3oz Mixed Vegetable 1/2c Tater Tots 1/4c Dipping Sauce 2oz Fruit	9/16/2022 PORK LOIN Pork Loin 3oz Broccoli 1c Gravy 2oz Dinner Roll Applesauce
9/19/2022 BBQ PULLED PORK Pulled Pork 4oz Baked Beans 1/2c Mixed Vegetable 1/2c Hamburger Bun Fruit	9/20/2022 CHICKEN FRIED STEAK Chicken Fried Steak 3oz Mashed Potato 1/4c Country Gravy 2oz Peas & Carrots 1/2c Fresh Fruit	9/21/2022 CHEF SALAD Ham 1oz Shredded Cheese 1oz Boiled Egg 1oz Mixed Greens 1c Cucumber/Tomato 1c Crouton 2oz	9/22/2022 MEATLOAF Ground Beef 4oz Mashed potato 1/4c Gravy 2oz Mixed Vegetable 1c Fruit	9/23/2022 TERIYAKI SALMON Salmon 4oz Rice Pilaf 1/4c Green Beans 1/2c Teriyaki Sauce 2oz Fruit Cup
9/26/2022 TAMALES Beef Tamale 4oz Red Chile 2oz Shred Cheese 1oz Spanish Rice 1/4c Chuckwagon 1/2c	9/27/2022 CORN CHOWDER Dice Chicken 3oz Dice Potatoes 1/4c Corn 1/2c Bread Stick SF Jell-O	9/28/2022 SOUP & SANDWICH Tomato Basil Soup 1/2c Grilled Cheese Sandwich 1/2 Fruit	9/29/2022 GREEN CHILE ENCHILADAS Dice Chicken 4oz Green Chile Sauce 1/4c Mixed Vegetable 1/2c Refried Beans 1/4c	9/30/2022 SHEPARD'S PIE Ground Beef 4oz Peas & Carrots 1/2c Gravy 2oz Mashed Potato 1/4c Fruit
****Menus are subject to change without notice, based on the availability of products.****				

Isleta Elder Center
Activities Calendar
(505) 869-9770
Monday - Friday
8:00AM - 4:30PM




September

2022

Activities Coordinator
Antoinette Thayer
(505) 869-9770 Ext. 9336

Monday	Tuesday	Wednesday	Thursday	Friday
<div><div><i>*All activities subject to change</i></div><div></div></div>	<div><div>REMINDER</div><div>Please Sign up for Activities Prior to the date First come first serve COVID Limit of 10 participants</div></div>		<div><div>1</div><div>Field Trip Institute of American Indian Arts Santa Fe, NM FREE 10AM - 3:30PM FREE Sign-up must have 5 or more Transportation Will Be Provided</div></div>	<div><div>2</div><div>Activities Room Prize BINGO! 1PM 3PM </div></div>
<div><div>5</div><div> LABOR DAY</div></div>	<div><div>6</div><div>Activities Room 10:30 AM - 11:30 AM FREE Yoga & Strength Training  Join us it's fun!</div></div>	<div><div>7</div><div>Activities Room Afternoon Art Sand Art LPM - 4PM </div></div>	<div><div>8</div><div>Activities Room  Mass 11:30 10 people first come first serve</div></div>	<div><div>9</div><div>Rec Center Exercise 1PM - 2PM *Sign up to Personal trainers available  Transportation Will Be Provided</div></div>
<div><div>12</div><div>Activities Room 9AM - 11:30AM Create a Faux succulent vase  State Fair Day</div></div>	<div><div>13</div><div>Activities Room FREE Yoga & Strength Training  Join us it's fun!</div></div>	<div><div>14</div><div>Friendship Breakfast 9:00 AM  General Meeting 10:00 AM Cedric Chavez NM Indian Council on aging Ann Leon Nutrition & Health From Presbyterian</div></div>	<div><div>15</div><div>Activities Room FREE Yoga & Strength Training  Join us it's fun!</div></div>	<div><div>16</div><div>Advisory Committee Meeting 9:00AM  Birthday Celebration! 12:00PM</div></div>
<div><div>19</div><div>Afternoon Walk 1:00PM - 3:00PM West Rec Track </div></div>	<div><div>20</div><div>Activities Room FREE Yoga & Strength Training  Join us it's fun!</div></div>	<div><div>21</div><div>Commodities Distribution 9AM - 11AM </div></div>	<div><div>22</div><div>Activities Room FREE Yoga & Strength Training  Join us it's fun!</div></div>	<div><div>23</div><div>Activities Room 10AM - 11AM </div></div>
<div><div>26</div><div>Activities Room Shuffleboard 10:00AM - 12:00PM </div></div>	<div><div>27</div><div>Activities Room FREE Yoga & Strength Training  Join us it's fun!</div></div>	<div><div>28</div><div>POI Rec Center Play Horse Shoes 10AM - 11AM  Transportation upon request</div></div>	<div><div>29</div><div>Activities Room FREE Yoga & Strength Training  Join us it's fun!</div></div>	<div><div>30</div><div>Activities Room 1:00PM - 3:00PM Movie Day </div></div>

*All activities subject to change

SEPTEMBER ²⁰²² ISLETA HEALTH CENTER Questions? Call 869-3200					
SAT/SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	ISLETA HEALTH SUPPORT GROUP Topic: Depression/Suicide & Behavioral Health Tuesday, September 13, 2022 5:00pm - 6:30pm Lisa Kaye Cherino Isleta Health Training Center or Virtual Contact Stephanie Barela 869-4479 sbarela@islclinic.net	Falls Prevention Awareness Week  September 20th - 24th	 National Suicide Prevention Week September 5th - 11th	1 CLINIC OPENS AT 9:50am Isleta Youth Wellness Program: 4:30-6pm For more information please call: 869-5475 Social Support Grp: 4:30-6:00pm @IHC Training Center, For more Information please call: 869-5475	2 Wellbriety Group: 6:00 -7:00pm @IHC Training Center, For more Information please call: 869-5475
3/4	5 The Ripple Effect : 4:30 - 7:30pm For more information please call: 869-5475 Power Source: 3:30-4:30pm For more information call: 869-5475	6 The Ripple Effect : 4:30 - 7:30pm For more information please call: 869-5475 Isleta Youth Wellness Program: 4:30-6pm For more information call: 869-5475	7 The Ripple Effect : 4:30 - 7:30pm For more information please call: 869-5475 Isleta Youth Wellness Program: 4:30-6pm. For more information call: 869-5475 Adjusting to Grief & Loss Grp: 2:00 -3:30pm @IHC Training Ctr. For more information call 869-5475.	8 CLINIC OPENS AT 9:50am Isleta Youth Wellness Program: 4:30-6pm For more information please call: 869-5475 Social Support Grp: 4:30-6:00pm @IHC Training Center, For more Information please call: 869-5475	9 Wellbriety Group: 6:00 -7:00pm @IHC Training Center, For more Information please call: 869-5475
10/11  10th September	12 The Ripple Effect : 4:30 - 7:30pm For more information please call: 869-5475 Power Source: 3:30-4:30pm For more information please call: 869-5475 Sewing Class 5:00-7:00pm @ IHC Training Center For more information call: 869-5475	13 The Ripple Effect : 4:30 - 7:30pm For more information please call: 869-5475 Isleta Youth Wellness Program: 4:30-6pm For more information call: 869-5475	14 The Ripple Effect : 4:30 - 7:30pm . For more information please call: 869-5475 Isleta Youth Wellness Program: 4:30-6pm For more information call: 869-5475 Adjusting to Grief & Loss Grp: 2:00 -3:30pm @IHC Training Ctr. For more information call 869-5475.	15 CLINIC OPENS AT 9:50am Isleta Youth Wellness Program: 4:30-6pm For more information please call: 869-5475 Social Support Grp: 4:30-6:00pm @IHC Training Center, For more Information please call: 869-5475	16 Wellbriety Group: 6:00 -7:00pm @IHC Training Center, For more Information please call: 869-5475
17/18	19 The Ripple Effect : 4:30 - 7:30pm For more information please call: 869-5475 Power Source: 3:30-4:30pm For more information please call: 869-5475 Sewing Class 5:00-7:00pm @ IHC Training Center For more information call: 869-5475	20 The Ripple Effect : 4:30 - 7:30pm For more information please call: 869-5475 Isleta Youth Wellness Program: 4:30-6pm For more information please call: 869-5475	21 The Ripple Effect : 4:30 - 7:30pm For more information please call: 869-5475 Isleta Youth Wellness Program: 4:30-6pm For more information call: 869-5475 Adjusting to Grief & Loss Grp: 2:00 -3:30pm @IHC Training Ctr. For more information call 869-5475.	22 CLINIC OPENS AT 9:50am Isleta Youth Wellness Program: 4:30-6pm For more information please call: 869-5475 Social Support Grp: 4:30-6:00pm @IHC Training Center, For more Information please call: 869-5475	23 Wellbriety Group: 6:00 -7:00pm @IHC Training Center, For more Information please call: 869-5475
24/25	26 The Ripple Effect : 4:30 - 7:30pm For more information please call: 869-5475 Power Source: 3:30-4:30pm For more information please call: 869-5475 Sewing Class 5:00-7:00pm @IHC Training Center For more information call: 869-5475	27 The Ripple Effect : 4:30 - 7:30pm For more information please call: 869-5475 Isleta Youth Wellness Program: 4:30-6pm For more information please call: 869-5475	29 The Ripple Effect : 4:30 - 7:30pm For more information please call: 869-5475 Isleta Youth Wellness Program: 4:30-6pm For more information call: 869-5475 Adjusting to Grief & Loss Grp: 2:00 -3:30pm @IHC Training Ctr. For more information call 869-5475.	29 CLINIC OPENS AT 9:50am Isleta Youth Wellness Program: 4:30-6pm For more information please call: 869-5475 Social Support Grp: 4:30-6:00pm @IHC Training Center, For more Information please call: 869-5475	30 Wellbriety Group: 6:00 -7:00pm @IHC Training Center, For more Information please call: 869-5475 DPP=Diabetes Prevention Program: 869-4595 BHS=Behavioral Health Services : 869-5475

LOVE

Test soon. Treat early.

Self-Care is community care for OUR collective wellness.

Get tested for COVID-19 if you feel sick with COVID-19 symptoms.



Contact your healthcare provider right away if your result is positive. Treatment is now available for most, but should be started as soon as possible.


PROTECTION

COVID-19 treatments are now available for those who get sick to prevent severe illness and hospitalization.



Contact your local IHS, tribal, or urban Indian health care facility or pharmacy for more information.





ISLETA HEALTH SUPPORT GROUP

Our Goal: Provide health education and peer support to people impacted by chronic health concerns, to empower with knowledge & support, in order to strengthen the health of the community.

DEPRESSION/SUICIDE AND BEHAVIORAL HEALTH

Tuesday, September 13, 2022
5-6:30pm
Lisa Cherino

Meet in Person: Isleta Health Training Center or
Meet Virtually: meet.google.com/xej-utda-mzk
Dial-In: 1-401-594-0386 PIN: 547-249 049#



JOIN US!

EVERYONE WELOCME!

Learn about Chronic Disease, get support and be empowered!

Contact Stephanie Barela, Isleta Health Educator
(505) 869-4479 | Stephanie.Barela@islclinic.net