

#### **Pueblo of Isleta Head Start, Early Head Start, and Child Care**



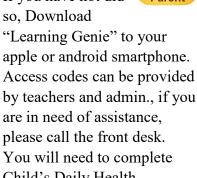


Greetings families of Isleta Head Start, Early Head Start, and Child Care.

We welcome you all to the month of November! This month, our Parent Committee planned for Family Photos to be taken by Teddy Bear Portraits, November 2nd & 3rd. Family Photos are booked in 10 minute sessions and requires parents to book a reservation, please call the front desk at 869-9796. Parent teacher conferences will be held throughout November for all programs, and teachers will be scheduling accordingly to work with parent schedules.

#### **REMINDERS:**

Parents/Guardians. If you have not did Parent so, Download "Learning Genie" to your apple or android smartphone. are in need of assistance, please call the front desk. You will need to complete Child's Daily Health Screening on the Learning Genie app. Learning Genie will be used as our main form of communication to parents.



If your child will *not* be attending school for the day, is running late, or will not utilize the bus for the day, Parents need to call the front desk and provide a reason

Please submit a copy of all required health documents to maintain child's health file & refrains from a hold on services. i.e. Dental exams, Well child checks, immunization records. If you would like an update on your child's health file or blank Dental & Physical forms, contact Aikiko Herrera, Health Coordinator at (505) 869-9802.

for your child's absence. Front Office Number (505) 869-9796



November 2-3, 2022 – Family Picture Day by: Teddy Bear Portraits (By Appointment only)

November 9, 2022 – Disabilities Family Night @ 5:30pm at The Center (RSVP only)

November 10, 2022- Policy Council Meeting @ 5:30pm at The Center

November 11, 2022 Veteran's Day Observed (NO SCHOOL)

November 18, 2022 Car Seat Clinic begins @ 9am at The Center

November 23-25, 2022 Thanksgiving Break (NO SCHOOL)

November 29, 2022 Parent Committee Meeting @ 5:30pm at The Center



## Classroom 4

#### Teachers Elisa and Pearl:

For the month of October learned about trees, food that comes from trees, and the life cycle of pumpkins. Our current sight word list is: The, And, Go. We have also been learning the letters: S, M, A, and P.

Each classroom had a costume theme and all of our children participated in a Halloween parade throughout the school to show their costumes, and they trick or treat at various booths in the school. We look forward to this new month full of adventures.

#### Teachers Erika and Geneva:

Classroom 7

Last month we completed our music study! It was so much fun to have the children make guitars and discuss all the different types of music we listen to. We even made a classroom playlist that the children got to dance to during our morning circle! This month we are continuing to work on writing skills, letter recognition, and number recognition. We are also having fun making our class a little "spooky" with ghosts, jack-o-lanterns, spiders, and more

# Child Care

This month in our childcare we are focusing on our wildlife near home. Where the animals live, what they eat, and the dangers with certain wildlife. We are also practicing our Tiwa language skills by identifying the wild animals in Tiwa. For our classroom parade theme we have selected Harry Potter. All the kids got a chance to go underneath the sorting hat to choose their houses. We even had a potion making class with our young wizards! We are very excited to start our next cultural unit of storytelling. So, if anyone has any good Tiwa stories they would like to share with the class please let us know! As a reminder: Childcare Teachers will still have to fill out paper daily logs until further notice. And a friendly reminder to please sign children in/out with correct times thank you!





# Classroom B

- We completed a variety of Leaf Activities: leaf lacing, tissue paper/contact paper leaves, and used leaf puzzles.
- We introduced Brush Glue to the todds
- The todds enjoyed the Obstacle Course



### Family Services Corner

Past October Family Night- Dental Bingo and Pumpkin cookie making







#### **Upcoming Events:**

- Family Picture Day 11/2/2022 & 11/3/2022
- November Family Night- 11/9/2022
- Car Seat Clinic 11/18/2022
- Parent Committee Meeting-11/29/2022

## Nutritionist Comer

"Choosy" eating is common among preschoolers.

Your child may eat only certain types of foods. He or she may play at the table and not want to eat. Don't worry. As long as your child has energy and is growing, he or she is most likely eating enough. How to Cope with a "Choosy" Eater Consider what your child eats over several days. Most children eat more variety throughout the week than in 1 day. Trust your child's appetite. Don't force him or her to eat everything on the plate. Making a child eat when he or she is not hungry may encourage overeating. 1 2 Stay positive. Avoid calling your child a "picky eater." Children believe what you say. Offer healthy choices for your child to choose from. For example, "Would you like broccoli or carrots for dinner?" 4 5 Set reasonable time limits for the start and end of a meal. Remove the plate quietly. What is reasonable depends on your child.

#### **Ways to Encourage Your Child to Try New Foods**

1 Offer one new food at a time. Start small. Let your child try small portions of new foods. 2 Be a good role model. Try new foods yourself. Describe the taste, texture, and smell. 3 Offer new foods first. Your child is most hungry at the start of a meal. 4 Be patient, new foods take time. It may take 10 or more tries for a child to accept a new food. 5 Cook and garden together. These activities make new fruits and vegetables fun.

Ref-Institute of Child Nutrition August 2022 Newsletter

### program Highlights.

Congratulations to Teacher I Collin in Classroom 3, who has obtained his CDL and has I started driving the bus! Give I him a wave when you see him

Children and

families paraded 📙

Our staff participated in the I Community Halloween Carnival at I the Isleta Rec Center, we set up a i "DISNEY" booth, where children I were able to play ring toss and win I some prizes!

out Cruising the kids to Our 1st Family Night of the year was a success! We had over 60 family members attend our October Dental and Nutrition Family Night. Aikiko played a dental BINGO with families, Jerri showed families how to make No-bake Pumpkin cookies, and families went home with a full tummy and dental hygiene goodies. Look out for our upcoming November Disabilities Family Night, by RSVP only.

Kiddos and staff <sub>I</sub> partiCipated in our Halloween Spirit Week and went all

around the center for treats in their Homemade Halloween costumes! Great job families for showing your Creativity!

out for Crazy hair day, Halloween spirit wear, Pajama day, sports day, and lastly Dress up in your Halloween Costume day!



#### Hello Families of Isleta Head Start!

We are proud to announce that we are a FIVE STAR FOCUS Program! We are the first Tribal Head Start to achieve this status! We work closely with the University of New Mexico to ensure our children are receiving high quality early childhood education before going on to kindergarten.

#### What is FOCUS?

FOCUS On Young Children's Learning, New Mexico's Tiered Quality Rating and Improvement System (TQRIS), provides early childhood program personnel with the criteria, tools, and resources they need to improve the quality of their programs. These quality improvements focus on children's growth, development, and learning so that each child has an equitable opportunity to be successful when entering school.

#### We work to:

- Provide developmentally appropriate activities for our children Our program uses the Creative Curriculum as well as our own Tiwa Curriculum.
- Expand early childhood community capacity We collaborate with various programs in the community such as the Isleta Public Library, Isleta Health Center and more!
- Support linguistically and culturally appropriate curriculum Our program ties our Tiwa Language & Culture into our Creative Curriculum such as providing various activities such as storytelling, singing and dancing.
- Focus on school readiness We prepare our children and families for a smooth transition into kindergarten by providing developmentally appropriate activities and help them establish a plan.

I Teachers carefully plan indoor and outdoor activities based on what children need to learn according to Teaching Strategies. Teaching Strategies is our observation based assessment. We use the objectives to share children's information based on the following domains:

- Social-Emotional
- Physical
- Cognitive
- Literacy
- Mathematics
- Science and Technology
- Social Studies
- The Arts



Pueblo of Isleta Halloween Carnival at the Rec. Center



New Mexico Forestry Donated pumpkins were provided to children and families





#### Program Halloween Parade















We would like to give a warm welcome to Mr. Ricky Yzquierdo, our new School Resource Officer!

I live in Los Lunas and have 20 years of law enforcement experience which I am now retired from the Santa Fe Police department, as a crime scene investigator. I am happy to be here for the children and to be a part of this beautiful community.

