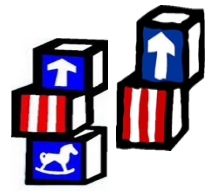




Pueblo of Isleta Head Start, Early Head Start, and Child Care



Greetings families,

We welcome you all to the month of December! This month will be a short month, as we prepare to enjoy our Christmas Break with our families. We want to wish you and your family a very Merry Christmas! Stay safe, warm, healthy, and enjoy your Holidays spent with the ones you love. Please refer to our School Calendar for the upcoming events and school closures.

Program Reminders:

- Masks are still required to be worn by all children 2 years and older. Adult mask wearing is optional.
- The winter months are here...and it is cold outside... be sure to send your child in weather appropriate clothing. (Warm clothing, long sleeves, sweaters, jackets, hats, gloves, etc.)
- If your child will not be attending school for the day, is running late, or will not utilize the bus for the day, Parents need to call the front desk and provide a reason for your child's absence. Front Desk, (505) 869-9796
- Please ensure all required health documents are current, in order to maintain child's health file. If you have any questions, you may contact Aikiko, Health Coord., (505) 869-9802

December 2022						
Sun	Mo	Tue	We	Thu	Fri	Sat
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31



Happy Birthday

Mason Abeita
Adalynn Peterson
Lillian Peterson
Alias Pino
Roselynn Todd
Joshua Zuni Jr.

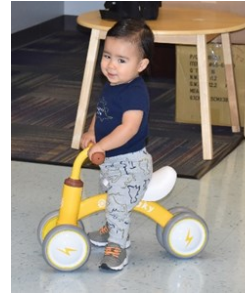
December 12, 2022.....	Dual Parent Committee & Policy Council Meeting
December 14, 2022.....	Family Engagement Family Night @ 5:30pm at the Center
December 16, 2022-	Half Day/Early Release & No Transportation
December 19, 2022 till January 2, 2023.....	Winter Break (NO SCHOOL)
January 3, 2023.....	Professional Development Day (NO SCHOOL)
January 4, 2023.....	Children Return/Program services resume

Check out what is happening!

EHS: Home-based Program

Hello Families!

For the month of November, we have been focusing on the family unit. We have made family books and family trees. We have also been working on gross motor play! We explored crawling tunnels, climbing blocks, push toys, and trampolines. Socializations this month were Baby/Toddler Gym facilitated by Heather Armijo and Music and Movement facilitated by Aikiko Herrera. As always, we encourage all of our families to attend and participate in monthly socializations.



-Ms. Kristy and Mrs. Annadine



Child Care Corner

Isleta Child Care Meeting

The Isleta Child Care Program will have a child care meeting to discuss:

- Child care services
- Child Care and Development Fund (CCDF)

You are invited to join us to discuss child care services. If you have a child between the ages of 16 months to 5 years of age, reside within the Valencia and Bernalillo boundaries, and are in need of child care services, we would like to hear from you. For more information, please contact Elthia Zuni at 505-869-9805.

When: January 18, 2023

Time: 6:00 pm

Location: Isleta Head Start and Child Care Center.

Dinner will be provided.

Family Services Corner

Last month's Family Night, families had the experience in joining a presentation on learning about the American Sign Language. Parents and caregivers joined along in the interactive practice and received some instructional material to be used in the home.



Feel free to use this link if you were unable to attend our Family Night Presentation, but want to learn sign language. Provided below is a link to access this great toolkit for families to learn and use everyday.

DropBox Link: <https://www.dropbox.com/scl/fo/dtwskezktq1x8opb09ss/h?dl=0&rlkey=amc4imk5n8ijhvewq9as7c18i>

The 2022-2023 Parent Committee invites all parents to please join us in our monthly meetings! Parents bring all your ideas and prepare to discuss our upcoming family fun events! Dinner and Child Care is provided for all families during our meetings.

Nutritionist Corner

A recipe for you to try at home....

Turkey Sweet Potato Soup

- 1 teaspoon butter
- 5 cups turkey broth**
- 1 ½ pounds sweet potatoes, peeled and cubed
- 2 cups cooked turkey, shredded or cut in cubes
- ½ cup chopped onion
- 1 ½ cups corn

Sauté onion in butter. In soup pan, add broth, potatoes, turkey, onion and corn. Simmer for 20 minutes until sweet potatoes are tender. ** Turkey broth: boil your leftover turkey bones with a full pot of water for 1 hour. Then strain off broth and reserve for soup. You can also use this for a great turkey soup. -CACFP



Upcoming Family Night

The Holiday's revolve around the enjoyment of yummy foods and family time!

Do you want to learn how to make Tamales??

A Tamale Demonstration will be held for our next Family Engagement Family Night.

You are invited to join us for a Night of Family Fun and a warm dinner!

Wednesday,
December 14, 2022
at 5:30pm



Thank you to our guest Dancers from Zuni, Children and staff enjoyed watching the dancers perform.

