



### Pueblo of Isleta Head Start, Early Head Start, and Child Care

## Important Dates

<u>February 9th</u>– Family Night Sweetheart Dance at 6pm

<u>February 16th-</u> Policy Council Meeting at 5:30pm

<u>February 20th</u> NO SCHOOL: Presidents' Day

<u>February 21st</u> NO SCHOOL: Professional Development Day

<u>February 23th</u>—Head Start Transition Meeting at 5:30pm

<u>February 28th</u>—Parent Committee Meeting at 5:30pm

February 2023

Sun	Mo	Tue	We	Thu	Fri	Sat
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	200	20	22	23	24	25
26	27	28				

BRID'S

Mattheu Bradley
Isaiah Brown
Raelynn Brown
Drew Davie
Kamari Davie
Benjamin Garcia

Orion Jiron River Jiron Aurora Lucero Aubriella Lujan Thomas Lujan King Martinez

January 30th-February 3rd

<u>Head Start Home-Visits:</u>
February 6th-17th

Early Head Start Home-Visits:

### **Parent Reminders:**

- Daily Health Cards are to be completed each morning on Learning Genie before a child can be admitted into class or for Home-based services.
- If your child will not be attending school for the day, is running late, or will not utilize bus transportation, Parents will need to call the front desk and provide a reason for child's absence. *Front Office Number* (505) 869-9796
- In order to prevent a hold on participant(s) program services: One's health file must remain up to date. Maintaining required health documents may require proof of appointment slip and/or summary of visit.
- Center-Based Children: Families please ensure your child has an extra set of clothing to keep in their cubbies.
- Important announcements and reminders will be posted in each monthly, newsletter, flyers, and Learning Genie.
- Childcare is still utilizing the Paper Daily Reports for your children, we would like to remind parents/families to continue to Sign In/Out Daily with correct pick up and drop off times



### Hello Families,

Last month in Classroom A, we learned about our winter clothing and the cold weather outside. We made art to decorate our bulletin board displayed just outside of our classroom. The children point to the bulletin board when passing by the display. The children show excitement when we turn on our native music and get out our ribbons and our musical instruments. The have learned to turn in circles when dancing and bouncing their bodies up and down. The nod their head and shake their instruments to the beat of the music. Please bring a jacket for your child and include a warm hat to cover their ears, as we do go outside regularly. Also, please replenish your child's spare clothes with warm clothes. Please bring Valentine Boxes back to school by February 9<sup>th</sup>.

# Classroom 4

#### Hello Families,

Last month, We worked on our basic addition and subtraction and we are loving it so far! We are in full swing with preparation for kindergarten and thriving! We are all working on reading level 2 sight word books and decoding texts within our favorite books using phonics concepts. Our class is using their Tiwa phrases and vocabulary words in everyday conversation and We encourage



our families to use them with your child. To name a few, some new phrases are:

#### Vocabulary words:

- Simultaneously
- Demonstrate
- Integrate
- Disintegrate.

Tiwa phrases: Ask your child how to say them!

- Do you understand?
- Go get it.
- It's cold outside.
- Look for it. Try again.







## Classroom 5

### Hello families,

New Year, new classroom! For the month of January, the children were excited to see their classroom rearranged, including new items and activities in each area. Some of our students also participated in traditional dancing for The Blessing Of The Canes, along with other Head Start students. One exciting thing happening in the month of February is our class decorating for Valentine's Day and making crafts for the classroom and their families. We will also have a fun and creative family activity this month for the children and their families to complete together.







# Child Care Wrap-Around

#### Hello Families,

For the month of January, we focused on the different artworks done within our Pueblo Community. The children in Childcare explored sand painting, beading, pottery and had the opportunity to create their own potteries using air dry clay to form a bowl shape using water and their hands. Once dry, the children painted their potteries to display outside in the hallway with a price they felt their artworks are worth. Childcare has exciting news! Our classroom has 4 Comet Goldfish in our class aquarium. We hope to add more friends for our fish soon. The children came together for names. DRUM ROLL.... We would like to introduce you to Bubbles, Moby, Koi, and Not Nemo. We also would like to announce and welcome back Ms. Kaitlin to childcare as our third childcare provider!!







### What is a nutrient?

There are 6 major nutrients that we get from food.

Today we will explore 2 of the nutrients.

#### 1. Proteins

Proteins are important for growth, and development. They also help your body repair tissue, carry oxygen, digest foods, and regulate hormones.

Get proteins from meat, legumes (beans, peas, lentils), nuts, seafood, and eggs

### 2. Carbohydrates

Carbohydrates (a.k.a. carbs) are used for energy. When you eat foods containing carbs, your body breaks these down into "glucose" (blood sugar) which your cells use for energy.

Get carbohydrates from pasta, bread, rice, potatoes, cereals, fruit, milk, sugar

# Community Info

### **FREE RABIES CLINIC**

### **ISLETA ANIMAL CONTROL**





WHEN? WEDNESDAY FEBRUARY 15, 2023. 10:00AM-02:00PM WHERE? NEW REC CENTER 60 TRIBAL ROAD 40.

ISLETA ANIMAL CONTROL WILL BE HOSTING A FREE DRIVE-THRU RABIES VACCINE CLINIC FOR **ISLETA TRIBAL MEMBERS ONLY.** 

**QUESTIONS? CALL (505) 869-7564**