



Isleta Pueblo News

Volume 18 Issue 3

Pueblo of Isleta website: www.isletapueblo.com



March 2023

Governor's Report

I want to wish the entire community a nice month of health and safety. I have been in office for two months and I want to thank you for your support and encouragement. Also, thank you for continuing to practice safety protocols and keeping our COVID numbers low.

In January, my entire administration and Tribal Council attended the Traditional All Pueblo Council of Governors meeting that was held in Santo Domingo to welcome all incoming Pueblo leadership. This annual meeting has been occurring in Santo Domingo for over 500 years. I want to thank all the Pueblo Governors who attended and give a special thank you to the Pueblo of Santo Domingo and especially the women that cooked and provided us with a delicious lunch.

My administration and Tribal Council attended the annual Indian Day at the State Capitol on February 3. We met with several leaders from different tribes to coordinate lobbying support on issues regarding tribal concerns. We also met with State Representatives Benny Shendo, Derrick Lente and Harry Garcia, to lobby issues that impact the Pueblo of Isleta such as education, tribal law enforcement, and capital outlay requests. We have monitored bills and tribal priorities closely through the New Mexico legislative session (pg.2-3). We look forward to growing collaborative relationships with the state departments to ensure our tribal needs are met through the state. Through our relationships with state agencies, my administration has already secured an additional \$280,000 in previously tied-up law enforcement funding. I want to thank the New Mexico Governor Lujan Grisham for acknowledging the excellence in Isleta's tribal programs, especially for commending our Assisted Living Facility and Elder Center and their critical role in serving our community. I also want to congratulate former San Ildefonso Governor James Mountain for being selected by Governor Lujan Grisham as the Secretary of Indian Affairs Department.

On February 11, a meeting was held to select new Mayordomos for the 2023 farming season. I want to thank all tribal members who attended and those that were selected and offered to serve in this capacity. My administration is working on securing grant funding to repair and provide maintenance on Pueblo irrigation ditches. I wish all the farmers a plentiful year.

Acequia Madre Mayordomos

- Warren Edaakie
- Clint Lente

Ranchitos Mayordomos

- Derek Jaramillo
- Ben Garcia

Chical Mayordomos

- Brian Jiron
- Leon Chewiwi

We held our first Community Meeting on January 21, 2023 and it was attended by approximately 200 tribal members. At the Meeting, tribal members identified several priority issues that they hope to see my administration address. As promised, I would like to follow up on those concerns. The first issue was the hiring of tribal members and

the HR process. To address hiring concerns, I had HR present at my first Director's Meeting the hiring procedures and gathered ideas of how to streamline the hiring process. The second priority issue raised by tribal members was concerns about housing in our community. In response, my administration and Tribal Council have met with the IPHA Board to redress housing concerns. The next community meeting is tentatively planned for April, where we plan to give department updates regarding the issues that were raised previously.

The Tribal Council has been conducting business for the benefit of the Tribe in various areas. First, they have authorized a tribal distribution for Tribal Members who were not initially eligible to receive a distribution in November of 2022 because they resided outside of the seventy-five mile radius. Tribal members were notified to update their address on or before February 10 with checks to be mailed by March 10, 2023. Tribal members

who received the November 2022 distribution or were born after November 12, 2022 will not be eligible to receive this distribution. Second, my administration and Tribal Council are working on several major infrastructure projects. The first project is to upgrade the Pueblo's broadband infrastructure with fiber optics to provide the fastest internet service to the community. Once the project takes flight, it will take a couple of years to complete. My administration and the Tribal Council are also working on drilling and constructing several new wells for the community. These wells are an emergency project and we hope that they will be completed within my term.

Last, I want to send my condolences to the families of those who have lost their family members during the month of February.

Ha-Wuh
Max A. Zuni
Governor
Pueblo of Isleta

FOR IMMEDIATE RELEASE

February 14, 2023
3 PM

PUEBLO OF ISLETA, RESIDENTS, CONTINUE TO FIGHT AGAINST ASPHALT PLANT DEVELOPMENT IN ALBUQUERQUE'S SOUTH VALLEY

The Pueblo of Isleta, together with the Mountain View Coalition, filed on Tuesday, February 14, 2023, an *Amicus Curiae* brief in the Second Judicial District Court matter *Randy Sena v. Board of County Commissioners*. The Pueblo of Isleta and neighborhood residents continue to oppose the landowners' proposal to develop an asphalt plant in Albuquerque's South Valley.

In September 2022, the Bernalillo County Commissioners upheld the County's administrative determination to maintain the land's rural-agricultural zoning and to restrict any manufacturing uses, including for a continuous asphalt plant, to those specifically authorized through a prior special use permit and site development plans from the 1980s and 1990s. The Pueblo and the Mountain View Coalition, which includes the Mountain View Neighborhood Association, Mountain View Community Action, and Friends of Valle de Oro National Wildlife Refuge, have opposed the plant's development throughout the County's zoning review process, arguing that the development would worsen the region's air quality and increase industrial noise and traffic for neighboring residents. The Pueblo also opposed the proposal through the City of Albuquerque's air quality permitting process.

Now, proponents of the asphalt plant have appealed the Bernalillo County Commissioners' decision, hoping to obtain permission for their proposed development through the state judicial system. The "Friend of the Court" brief filed today by the Pueblo of Isleta and Mountain View Coalition draws the Court's attention to the likely environmental impacts of the proposed land-use, which community members have largely opposed. A reversal by the State District Court, argues the *Amicus* brief, would amount to a significant shift in land-use policy for a region zoned rural-agricultural, without first providing an opportunity for public participation, which is typically required prior to a zone-change.

"Isleta Tribal Members and South Valley residents deserve access to clean air and water. We should not be required to bear the brunt of expanding polluting industries – especially when we have been excluded from any public participation process related to the development proposal," said Max Zuni, Governor of the Pueblo of Isleta.

"The Mountain View Community and our sister community, Pueblo of Isleta, have suffered for decades from disproportionate industrial development and the pollution that industry generates. The protection that zoning regulations have provided to our communities has been limited due to inequitable zoning regulations imposed on our neighborhood in the 1970s. The zoning protections that we do have are essential to limit the cumulative impacts of unharnessed polluting businesses in our communities. Any challenge to the zoning laws in place now is also a challenge to the rights of every person to live in a safe, healthy environment that respects the well-being of everyone, not just the wealthy and privileged," said Marla Painter of Mountain View Community Action and member of the Mountain View Coalition.

The brief is available on the Pueblo of Isleta's website, here:
<https://www.isletapueblo.com/wp-content/uploads/2023/02/23-02-14-Sena-v-Bern-Co-Amicus.pdf>

Please direct questions to Juan Rey Abeita, Second Lieutenant Governor to the Pueblo of Isleta, at (505) 869-3111.

PUEBLO OF ISLETA - STATE BILL LIST

The New Mexico legislative session is underway. The Pueblo of Isleta has been actively engaged this year, tracking the 1,000+ bills to ensure that the Pueblo’s interests are advanced through State legislation, while also protected from State overreach. The Governor’s Office and Isleta program directors have been busy testifying in legislative committees, drafting and proposing amendments, and advocating for a state budget that properly funds the Pueblo’s programs. The Tribal Council and Governor met with state legislators at the Capitol on February 3, 2023. The Governor also met with NM Governor Lujan Grisham on February 17, 2023, to discuss shared legislative priorities.

We encourage your individual advocacy in support of the bills that would benefit the Pueblo and in opposition of those that are to the Pueblo’s detriment. The below list provides the position of Isleta leadership on the bills that have been deemed most critical to the Pueblo. Please contact your state representative and senator and tell them your position. You can find the contact information for the legislator that represents your district here:
https://www.nmlegis.gov/members/find_my_legislator.

The Isleta Governor **supports** the following appropriations bills because they would direct funding to Tribal programs, either through programs serving Tribal members, competitive grants to Tribal programs, or direct allocations to Tribes.

Bill Number	Bill Name	Bill Summary	Position
HB 49	County and Tribal Health Councils Funding	Appropriation to fund local health Councils, in which Isleta could elect to participate	Support
HB 140	Tribal Education Trust Fund	Requires annual distributions directly to Tribal Departments of Education	Support
HB 147	Indian Education Fund Distributions	Requires annual distributions directly to Tribal Departments of Education	Support
HB 148	Early Childhood Dept. Tribal Agreements	Requires State agreements with and State funding to Tribal early childhood education programs	Support
HB 149	Public Education Dept. Native American Funding	Improves State funding distribution formula for Tribal Departments of Education	Support
HB 280	American Indian Ed Tech Assistance Centers	Directs funding to improve technical educational for Tribal Members	Support
SB 4	Healthy Universal School Meals	Requires free lunch and breakfast in charter and public school and permits participation by BIE schools, such as Isleta Elementary School	Support
SB 8	Geothermal Resources Development	Authorizes grants and loans to support geothermal energy development by Tribes	Support
SB 9	Create Legacy Permanent Funds	Directs funding to competitive natural resources and recreation grants, which Isleta would be eligible to seek	Support
SB 25	Federal Infrastructure Matching Fund	Leverages federal infrastructure dollars by directing funds to Tribes to be used as match-funding	Support
SB 27	Rural Infrastructure Crisis Response Act	Creates an emergency fund to repair/replace critical infrastructure damaged in crisis events, including for Tribes	Support
SB 57	Making a Transfer to the Water Trust Fund	Directs funding toward water infrastructure, including for Tribes	Support
SB 195	Water Protection Permanent Fund	Directs funding toward water infrastructure, including for Tribal projects	Support
SB 214	Rural Libraries Endowment Fund	Directs funding to a grant program for rural libraries, in which some Tribes would be eligible to participate	Support
SB 288	Law Enforcement Fund Distribution	Directs funding to local law enforcement agencies, including Tribal law enforcement	Support
SB 353	NM Grown Produce for Senior Meals	Directs funding to support improved health-meal access for senior citizens, including through Tribal programs	Support
SB 354	Senior Farmers' Market Nutritional Program	Directs funding to support improved health-meal access for senior citizens, including through Tribal programs	Support
SB 358	Healthy Food Financing	Authorizes State grants and loans to support better healthy-food access in rural areas, including for Tribes	Support
SB 414	Indigenous People Crime Victim Reparations	Designates reparations eligibility to missing or murdered indigenous persons, or their dependents	Support
HB 464	Improve Educational Outcomes	Directs funds to the state public education department and institutions of higher education, including tribal college to improve education outcomes and comply with <i>Yazzie and Martinez v. New Mexico</i>	Support
HB 505/SB 309	Capital Outlay Projects/Reauthorizations	Authorizes Capital Outlay Expenditures and Reauthorizes Existing Capital Outlay Expenditures	Support

The Isleta Governor **opposes** the following gaming bills because they reduce regulations for state gaming operators. Isleta Resort and Casino provides gaming revenue to the State in exchange for exclusivity in gaming. Any actions by the State that benefit non-Tribal gaming cut into Tribal casino revenue, thus violating the spirit of the State-Tribal Gaming Compact and ultimately causing a hit to state revenue.

Bill Number	Bill Name	Bill Summary	Position
HB 253	Nonprofit Gaming Changes	Reducing the portion of gaming profits that non-profits/fraternal organizations must distribute to charitable or educational purposes; provides more flexibility for hours of operation	Oppose
HB 301	Gaming Operator License Rate Differential	Reduces tax on state gaming operators located near Tribal Casinos from 26% to 13%	Oppose
HB 309 / SB 143	Nonprofit Gaming Machine Max Award	Increases the max-pay out for gaming machines at non-profit/fraternal organizations	Oppose
SB 293	Gaming Licensee Free or Reduced Food	Authorizes racetracks to offer free food, drinks, and other services to gaming customers	Oppose
SB 410	Racetrack Gaming License Changes	Allows racetracks to use their business judgment to set race days for licensure purposes, rather than leaving to the discretion of the regulatory body	Oppose

The Isleta Governor **supports** the following natural resources bills because they increase state regulation, enhance environmental protections, and/or support Isleta’s rights to water and resource management.

Bill Number	Bill Name	Bill Summary	Position
HB 91	Natural Resources Trustee changes	Provides greater authorities to the State Natural Resources Trustee to join civil suits related to air, water, and hazardous waste pollution	Support
HB 121	Water Right Lease Effective Date	Ensures the opportunity for stakeholder comment, including from Tribes, prior to water right lease transfers	Support
HB 122 & SB 53	Storage of Radioactive Waste	Requires State consent prior to nuclear storage within the state	Support
HJR 4 & SJR 6	Environmental Rights, CA	Constitutional amendment to improve environmental rights of individuals	Support
SB 167	Strategic Water Reserve	Appropriates funding to the State’s strategic water reserve, which the State uses to purchase water rights and to prevent depletion of rivers and streams	Support
SB 337	Water Security Planning Act	Creates new Interstate Stream Commission process for water planning	Support
SB 335	Delay Part of Local Election Act	Changes the election date for the MRGCD in 2023 and delays implementation of the Local Election Act	Support

The Isleta Governor **opposes** the following child welfare bills because they weaken the State’s Indian Families Protection Act, and thus weaken protections for Isleta children.

Bill Number	Bill Name	Bill Summary	Position
HB 34	Amending and Changing the Name of the Family Services Act	Expanding the definition of Family in Need of Services for purposes of authorizing State interventions	Oppose
HB 211	CYFD Indian Foster Families	Amends the Indian Families Protect Act and requires certain data-reporting that would be adverse to Isleta’s interests	Oppose
SB 150	CYFD Plan of Care Failure Assessments	Increases State authorities for family interventions, in a manner that weakens the Indian Families Protection Act	Oppose

The Isleta Governor **supports** the following bills because they enhance voting rights and voting access, including for Tribal members.

Bill Number	Bill Name	Bill Summary	Position
HB 4	Voting Rights Protections	Enacts the Native American Voting Rights Act; authorizes automatic voter registration; improves voting access for convicted felons; creates a voluntary permanent absentee voter list	Support
SB 180	Election Changes	Mandates use of voter convenience centers and expands early voting opportunities	Support

The Isleta Governor **supports** the following miscellaneous bills because they advance the Pueblo’s interests generally.

Bill Number	Bill Name	Bill Summary	Position
HJM 3	Year of Bilingual Multicultural Education	Joint memorial to support multilingual, multicultural education in the state	Support
SM 27	American Indian Day	Honoring the State’s indigenous culture and history	Support
SB 33	Tribal and Pueblo Law Enforcement	Improves opportunities for Tribal law enforcement to enforce state law, at the election of Tribal law enforcement	Support
SB 90	Removing the Requirement that a Tribe's Tax must not be greater than the State GRT	Supports Tribal economic development	Support
SB 86	NMSU Rural and Tribal Development Institute	Creates a Rural and Tribal Development Institute at New Mexico State University	Support
SB 482	State-Tribal Education Compact Schools Act	Creates the new State-Tribal Education Compact Schools Act authorizing the NM Department of Education to enter into state-tribal education compacts for language- and culture-based schools	Support

PROBATES

IN THE MATTER OF THE ESTATE OF: Case No. CV-PR-0155-2022
Jose Perfilio Lucero

First Notice

TAKE NOTICE that in accordance with notice requirements, a Petition to Probate the Estate of **Jose Perfilio Lucero**, deceased **03/21/2022**, has been filed in the Pueblo of Isleta Tribal Court. Any person claiming an interest in the Estate is hereby advised to notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. Claims must be filed in writing. A hearing in this matter has been scheduled for **Thursday, March 16, 2023 at 01:30 pm** at the Isleta Tribal Court, located at the Tribal Services Complex, 3950 Hwy. 47 SE, Building A, Albuquerque, NM. If you have any questions, please contact the Isleta Tribal Court at (505) 869-9699.

IN THE MATTER OF THE ESTATE OF: Case No. CV-PR-0169-2022
Marie Juanita Felicita Jiron

Second Notice

TAKE NOTICE that in accordance with notice requirements, a Petition to Probate the Estate of **Marie Juanita Felicita Jiron**, deceased **08/24/2022**, has been filed in the Pueblo of Isleta Tribal Court. Any person claiming an interest in the Estate is hereby advised to notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. Claims must be filed in writing. A hearing in this matter has been scheduled for **To Be Determined (TBD) at TBD** at the Isleta Tribal Court, located at the Tribal Services Complex, 3950 Hwy. 47 SE, Building A, Albuquerque, NM. If you have any questions, please contact the Isleta Tribal Court at (505) 869-9699.

IN THE MATTER OF THE ESTATE OF: Case No. CV-PR-0079-2022
Maria Romalda Teresa Jojola

Second Notice

TAKE NOTICE that in accordance with notice requirements, a Petition to Probate the Estate of **Maria Romalda Teresa Jojola**, deceased **06/13/2018**, has been filed in the Pueblo of Isleta Tribal Court. Any person claiming an interest in the Estate is hereby advised to notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. Claims must be filed in writing. A hearing in this matter has been scheduled for **To Be Determined (TBD) at TBD** at the Isleta Tribal Court, located at the Tribal Services Complex, 3950 Hwy. 47 SE, Building A, Albuquerque, NM. If you have any questions, please contact the Isleta Tribal Court at (505) 869-9699.

LETTER FROM THE EDITOR

DEADLINE for April Newsletter articles is set for Wednesday, March 22, 2023, at 4:30 pm. Articles may be dropped off at the Library or emailed to Nathaniel.Lujan@isletapueblo.com. Should you email your article, expect a confirmation email. If you do not receive a confirmation email, odds are it never made it to me and then it’s time to panic, so call Nate at 505.869.9808.

People who wish to submit an article or flyer are responsible for generating their own article or flyer. Should you need help, please call the Library at 505.869.9808 and set up a date and time to sit down with a Library staff member who will help you throughout the process. The Library will NOT accept notes dropped off at the Library or information over the phone to generate your article.

PROBATES need to be published in the Newsletter for two consecutive months. Probates are considered court documents, therefore, all submitters must provide: 1) Name of Deceased, 2) Date of Deceased 3) Court Case # and 4) Date of Court Date. A Probate form can be found on the Newsletter Archive page at <http://www.isletapueblo.com/newsletters.html>.

CLASSIFIED ADS: The new administration has requested that the Newsletter start a Classified Ad section for Tribal members selling land, houses, mobile homes, vehicles, and farm equipment. Leasing of houses and mobile homes will be accepted. Smaller items which can be sold at the local flea markets or weekly yard sales will NOT be accepted.

Currently, this service is FREE to Tribal members. Land, houses, and mobile homes must be within the reservation boundaries. Ads must meet the 160 character limit. Ads that exceed the 160 characters will NOT be submitted into the Newsletter. A single picture June be submitted with the ad. Submitters of classified ads are responsible for generating their own ads as this is a FREE service.

As a reminder, Tribal business owners may submit a small flyer at no charge. Like the classified ads, business owners are responsible for generating their own flyers as this is a FREE service.

Classified ads and business flyers will be posted no more than two consecutive months. In the event where the Newsletter may exceed the 24-page limit, classified ads and business flyers will be “bumped” for newsletter articles. Again, this is a FREE service for Tribal members.

The Isleta Newsletter is owned and operated by the Pueblo of Isleta. Therefore, the Governor of the Pueblo of Isleta has the final say of all articles and contents within the Isleta Newsletter.

For additional questions, you may call the Library and speak with Nate or Diane at 505.869.9808.

Thank you,
Nathaniel Lujan

Newsletters may be found at the fifteen distribution locations listed below. Remember, Digital copies of the Newsletter may be obtained from the Newsletter archive at <http://www.isletapueblo.com/newsletters.html>

The fifteen Newsletter distribution locations are:

1.

TR 2 & TR 22 - Chical SE of Community Hall

2.

TR 10 - Behind the old 47 Sales

3.

TR 1 & TR 5 – Ranchitos / Bosque Farms Reservations Line

4.

Ranchitos Park

5.

Post Office - Big Tree

6.

TR 82 & TR 84 - Teller Road

7.

TR 78 & TR 82 - Carlos Trujillo Sr.

8.

TR 90 @ Y - CF Padilla

9.

Mouse Town Park –

10.

Health Center – South end of Health Center Parking lot

11.

Library Sunlight & Moonlight Intersection

12.

TR 6 - 47 Intersection


13.

TR 12 - 47 & 147 intersection (Old Smoke & Save)

14.

TR 71 & TR 54 @ Y - Holiday Robot / Paved Road / Railroad Tracks

15.

TR 45 & TR 40 @ Y - Tata Mel (POI Signage)
- 



Job Postings

Visit us online at
<http://www.isleta.com/career-opportunities.aspx>
Fax: 505-244-8232

OUR LOCATION

Isleta Resort and Casino is located 7 minutes south of downtown Albuquerque at Interstate 25 and Hwy 47, exit 215. The Human Resources office can be found on the east side of the building through the Employee Entrance doors.

	<p>SUPERINTENDENT</p> <p>Location: Albuquerque, NM Publish Date: 02/17/2023 Job Family: Recreation Level: Full-time</p>		<p>GROUNDSKEEPER</p> <p>Location: Albuquerque, NM Publish Date: 02/17/2023 Job Family: Recreation Level: Full-time</p>
	<p>LAKES GROUNDSKEEPER</p> <p>Location: Albuquerque, NM Publish Date: 02/17/2023 Job Family: Recreation Level: Full-time</p>		<p>COCKTAIL SERVER</p> <p>Location: Albuquerque, NM Publish Date: 02/17/2023 Job Family: Food & Beverage Level: Full-time</p>
	<p>ASSISTANT SUPERINTENDENT</p> <p>Location: Albuquerque, NM Publish Date: 02/17/2023 Job Family: Recreation Level: Full-time</p>		<p>OFF-SITE ATTENDANT</p> <p>Location: Albuquerque, NM Publish Date: 02/17/2023 Job Family: Food & Beverage Level: Full-time</p>
	<p>HDCT</p> <p>Location: Albuquerque, NM Publish Date: 02/17/2023 Job Family: Facilities Level: Full-time</p>		<p>ADMISSIONS/ISSUE CLERK</p> <p>Location: Albuquerque, NM Publish Date: 02/17/2023 Job Family: Gaming Level: Full-time</p>
	<p>GUEST SERVICE REPRESENTATIVE</p> <p>Location: Albuquerque, NM Publish Date: 02/17/2023 Job Family: Marketing Level: Full-time</p>		<p>GUEST SERVICE SUPERVISOR</p> <p>Location: Albuquerque, NM Publish Date: 02/17/2023 Job Family: Marketing Level: Full-time</p>
	<p>SAFETY SPECIALIST</p> <p>Location: Albuquerque, NM Publish Date: 02/17/2023 Job Family: Human Resources Level: Full-time</p>		<p>RESTAURANT CHEF</p> <p>Location: Albuquerque, NM Publish Date: 02/17/2023 Job Family: Food & Beverage Level: Full-time</p>
	<p>ROOM ATTENDANT</p> <p>Location: Albuquerque, NM Publish Date: 02/16/2023 Job Family: Hotel Level: Full-time</p>		<p>COCKTAIL SERVER (777s)</p> <p>Location: Albuquerque, NM Publish Date: 02/16/2023 Job Family: Food & Beverage Level: Full-time</p>
	<p>Caller/Floor Clerk</p> <p>Location: Albuquerque, NM Publish Date: 02/16/2023 Job Family: Gaming Level: Full-time</p>		<p>BARBACK</p> <p>Location: Albuquerque, NM Publish Date: 02/16/2023 Job Family: Food & Beverage Level: Full-time</p>
	<p>ADVERTISING MANAGER</p> <p>Location: Albuquerque, NM Publish Date: 02/16/2023 Job Family: Marketing Level: Full-time</p>		<p>TABLE GAMES DEALER</p> <p>Location: Albuquerque, NM Publish Date: 02/16/2023 Job Family: Gaming Level: Full-time</p>
	<p>STEWARD</p> <p>Location: Albuquerque, NM Publish Date: 02/16/2023 Job Family: Food & Beverage Level: Full-time</p>		<p>SPORTS BOOK WRITER</p> <p>Location: Albuquerque, NM Publish Date: 02/16/2023 Job Family: Gaming Level: Full-time</p>
	<p>SLOTS FLOOR ATTENDANT</p> <p>Location: Albuquerque, NM Publish Date: 02/16/2023 Job Family: Gaming Level: Full-time</p>		<p>MASSAGE THERAPIST</p> <p>Location: Albuquerque, NM Publish Date: 02/16/2023 Job Family: Hotel Level: Full-time</p>



FOOD ATTENDANT (BEVERAGE)

Location: Albuquerque, NM
Publish Date: 02/16/2023
Job Family: Food & Beverage
Level: Full-time



FOOD ATTENDANT

Location: Albuquerque, NM
Publish Date: 02/16/2023
Job Family: Food & Beverage
Level: Full-time



ELECTRICIAN III

Location: Albuquerque, NM
Publish Date: 02/16/2023
Job Family: Facilities
Level: Full-time



PAYMASTER

Location: Albuquerque, NM
Publish Date: 02/16/2023
Job Family: Gaming
Level: Full-time



LOBBY PORTER

Location: Albuquerque, NM
Publish Date: 02/16/2023
Job Family: Hotel
Level: Full-time



SURVEILLANC NETWORK TECH

Location: Albuquerque, NM
Publish Date: 02/16/2023
Job Family: Surveillance
Level: Full-time



HVAC TECH II

Location: Albuquerque, NM
Publish Date: 02/16/2023
Job Family: Facilities
Level: Full-time



COOK I

Location: Albuquerque, NM
Publish Date: 02/16/2023
Job Family: Food & Beverage
Level: Full-time



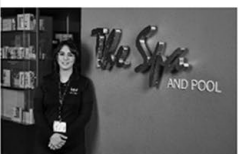
NIGHT AGENT

Location: Albuquerque, NM
Publish Date: 02/16/2023
Job Family: Hotel
Level: Full-time



SLOTS SHIFT MANAGER

Location: Albuquerque, NM
Publish Date: 02/15/2023
Job Family: Gaming
Level: Full-time



POOL ATTENDANT

Location: Albuquerque, NM
Publish Date: 02/14/2023
Job Family: Hotel
Level: Full-time



SUPERVISOR F & B

Location: Albuquerque, NM
Publish Date: 02/14/2023
Job Family: Food & Beverage
Level: Full-time



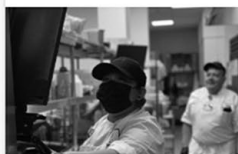
COOK II

Location: Albuquerque, NM
Publish Date: 02/14/2023
Job Family: Food & Beverage
Level: Full-time



HDC SPECIALIST

Location: Albuquerque, NM
Publish Date: 02/14/2023
Job Family: Food & Beverage
Level: Full-time



Cook I (Fat Burger)

Location: Albuquerque, NM
Publish Date: 02/14/2023
Job Family: Food & Beverage
Level: Full-time



SECURITY OFFICER I

Location: Albuquerque, NM
Publish Date: 02/14/2023
Job Family: Security
Level: Full-time



POOL ATTENDANT

Location: Albuquerque, NM
Publish Date: 02/14/2023
Job Family: Hotel
Level: Full-time



SLOTS TECHNICIAN INTERN (Islets Tribal Members)

Location: Albuquerque, NM
Publish Date: 02/14/2023
Job Family: Gaming
Level: Full-time



FOOD ATTENDANT

Location: Albuquerque, NM
Publish Date: 02/14/2023
Job Family: Food & Beverage
Level: Full-time



REVENUE AUDITOR II

Location: Albuquerque, NM
Publish Date: 02/14/2023
Job Family: Finance
Level: Full-time



ADMINISTRATIVE ASSISTANT III

Location: Albuquerque, NM
Publish Date: 02/13/2023
Job Family: Security
Level: Full-time



RETAIL ATTENDANT

Location: Albuquerque, NM
Publish Date: 02/10/2023
Job Family: Hotel
Level: Full-time






















LEAD STEWARD

Location: Albuquerque, NM
Publish Date: 02/10/2023
Job Family: Food & Beverage
Level: Full-time



SLOTS LAB TECHNICIAN

Location: Albuquerque, NM
Publish Date: 02/10/2023
Job Family: Gaming
Level: Full-time

	<p>SLOTS FLOOR TECHNICIAN</p> <p>Location: Albuquerque, NM Publish Date: 02/10/2023 Job Family: Gaming Level: Full-time</p>		<p>HOUSEKEEPING SUPERVISOR</p> <p>Location: Albuquerque, NM Publish Date: 02/10/2023 Job Family: Hotel Level: Full-time</p>
	<p>PLAYER DEVELOPMENT MANAGER</p> <p>Location: Albuquerque, NM Publish Date: 02/10/2023 Job Family: Marketing Level: Full-time</p>		<p>Count Member</p> <p>Location: Albuquerque, NM Publish Date: 02/10/2023 Job Family: Finance Level: Full-time</p>
	<p>LANDSCAPE TECHNICIAN II</p> <p>Location: Albuquerque, NM Publish Date: 02/10/2023 Job Family: Facilities Level: Full-time</p>		<p>COOK I (PANDA EXPRESS)</p> <p>Location: Albuquerque, NM Publish Date: 02/10/2023 Job Family: Food & Beverage Level: Full-time</p>
	<p>FOOD ATTENDANT (CHILE RISTRA)</p> <p>Location: Albuquerque, NM Publish Date: 02/10/2023 Job Family: Food & Beverage Level: Full-time</p>		<p>SHUTTLE DRIVER</p> <p>Location: Albuquerque, NM Publish Date: 02/09/2023 Job Family: Hotel Level: Full-time</p>
	<p>HOTEL PM TECHNICIAN</p> <p>Location: Albuquerque, NM Publish Date: 02/08/2023 Job Family: Hotel Level: Full-time</p>		<p>POKER FLOOR SUPERVISOR</p> <p>Location: Albuquerque, NM Publish Date: 02/08/2023 Job Family: Gaming Level: Full-time</p>
	<p>POKER DEALER</p> <p>Location: Albuquerque, NM Publish Date: 02/08/2023 Job Family: Gaming Level: Full-time</p>		<p>SURVEILLANCE AGENT</p> <p>Location: Albuquerque, NM Publish Date: 02/07/2023 Job Family: Surveillance Level: Full-time</p>
	<p>FOOD ATTENDANT</p> <p>Location: Albuquerque, NM Publish Date: 02/07/2023 Job Family: Food & Beverage Level: Full-time</p>		<p>COOK II (BANQUETS)</p> <p>Location: Albuquerque, NM Publish Date: 02/03/2023 Job Family: Food & Beverage Level: Full-time</p>
	<p>CUSTODIAN</p> <p>Location: Albuquerque, NM Publish Date: 02/02/2023 Job Family: Facilities Level: Full-time</p>		<p>ELECTRICIAN II</p> <p>Location: Albuquerque, NM Publish Date: 02/02/2023 Job Family: Facilities Level: Full-time</p>
	<p>COOK I (Chile Ristra)</p> <p>Location: Albuquerque, NM Publish Date: 02/02/2023 Job Family: Food & Beverage Level: Full-time</p>		<p>Cook I (Banquets)</p> <p>Location: Albuquerque, NM Publish Date: 02/02/2023 Job Family: Food & Beverage Level: Full-time</p>
	<p>SLOTS TECHNICIAN SUPERVISOR</p> <p>Location: Albuquerque, NM Publish Date: 02/01/2023 Job Family: Gaming Level: Full-time</p>		<p>VALET ATTENDANT</p> <p>Location: Albuquerque, NM Publish Date: 01/24/2023 Job Family: Hotel Level: Full-time</p>
	<p>SECURITY OFFICER II</p> <p>Location: Albuquerque, NM Publish Date: 01/24/2023 Job Family: Security Level: Full-time</p>		<p>SPA RECEPTIONIST</p> <p>Location: Albuquerque, NM Publish Date: 01/20/2023 Job Family: Hotel Level: Full-time</p>

Pueblo of Isleta Career Opportunities

Position Posting	Office Location	Closing Date	Position Posting	Office Location	Closing Date
ACCOUNTING TECHNICIAN	Housing Authority	02/23/2023	GROUNDSKEEPER	C-Stores	03/01/2023
ACCOUNTING TECHNICIAN	Treasury	02/23/2023	GROUNDS MAINTENANCE WORKER	Public Works	02/20/2023
ADMINISTRATIVE ASSISTANT III	Tribal Administration	03/01/2023 – Within Only	HEAD START STAFF ASSISTANT	Head Start	03/01/2023
ANIMAL CONTROL OFFICER	Police Department – Open Space	03/01/2023	HEAD START TEACHER	Head Start	02/23/2023
BAILIFF	Tribal Court	02/27/2023 – Within Only	HIGHWAY SAFETY POLICE OFFICER	Police Department	03/03/2023
BOSQUE AND RIVERINE RESTORATION MANAGER	Natural Resources	02/24/2023	HOME CARE ATTENDANT	Elder Center	03/03/2023
BUSINESS MANAGER II	Public Works	02/24/2023	HOME MAINTENANCE TECHNICIAN	Elder Center	02/27/2023
CAREGIVER	Assisted Living	02/27/2023	HR GENERALIST	Human Resources	02/28/2023
CERTIFIED POLICE OFFICER	Police Department	Open Until Filled	INSTRUCTIONAL COORDINATOR	Department of Education	03/03/2023 – Within Only
CHILD CARE PROVIDER I	Head Start	03/01/2023	INVESTIGATOR	Police Department	03/03/2023
CHR COORDINATOR	Health Services	02/20/2023	IRRIGATION TECHNICIAN	Agricultural Division	Open Until Filled
CLINICAL SUPERVISOR	Health Services	02/20/2023	LIBRARY AIDE I	Library	02/23/2023
CLINICAL THERAPIST	Health Services	02/27/2023	LICENSING CLERK	Gaming Regulatory	02/21/2023
COMMUNITY HEALTH REPRESENTATIVE	Health Services	02/22/2023	LIFEGUARD	Parks & Recreation	Open Until Filled
COMMUNITY SERVICE WORKER COORDINATOR	Tribal Court	03/01/2023 – Within Only	MAINTENANCE TECHNICIAN	Public Works	03/01/2023
COMPUTER IT SPECIALIST	Department of Education	03/01/2023	NATURAL RESOURCES MANAGER	Natural Resources	03/03/2023
CONSTRUCTION PROGRAM COORDINATOR	Housing Authority	03/01/2023	OPTOMETRIST	Health Services	Open Until Filled
COOK I	Elder Center	02/23/2023	PARKS MAINTENANCE WORKER	Parks & Recreation	02/28/2023
COOK I	Head Start	02/27/2023	PERSONAL CARE SERVICE AIDE (2 Positions)	Elder Center	Open Until Filled – Within Only
CUSTODIAN	Public Works	02/28/2023	PHYSICAL THERAPIST	Health Services	02/21/2023
DIRECTOR, CONSTRUCTION OPERATIONS	Construction Operations	Open Until Filled	PHYSICIAN	Health Center	Open Until Filled
DIRECTOR, CULTURAL & HISTORIC PRESERVATION	Cultural & Historic Preservation	02/24/2023 – Within Only	POLICE CADET	Police Department	02/27/2023
EMT INTERMEDIATE	Health Services	02/24/2023	POLICE CADET – OPEN SPACE (2 Positions)	Police Department	02/27/2023
EMT INTERMEDIATE – PRN	Health Services	Open Until Filled	POLICE OFFICER I – CERTIFIED	Police Department – Open Space	Open Until Filled – Within Only
EMT – PARAMEDIC	Health Services	02/23/2023	PRE K-12 EDUCATION COORDINATOR	Department of Education	03/03/2023
EXECUTIVE DIRECTOR – IPHA	Housing Authority	Open Until Filled	PROBATION/CHILDREN'S INTERVENTION OFFICER	Tribal Courts	02/24/2023
FARM EQUIPMENT OPERATOR	Conservation	Open Until Filled – Within only	PROCUREMENT ASSISTANT	Procurement	Open Until Filled
FINANCIAL PLANNING & ANALYSIS DIRECTOR	Treasury	03/03/2023	RANGELAND MANAGEMENT SUPERVISOR	Natural Resources	02/27/2023
FITNESS INSTRUCTOR	Parks & Recreation	03/03/2023	RECEPTIONIST	Gaming Regulatory	02/28/2023
			RECREATION LEAD	Parks & Recreation	02/27/2023

Position Posting	Office Location	Closing Date
SALES ASSOCIATE	C-Stores	Open Until Filled
SECURITY OFFICER	Police Department	03/03/2023
SHIFT LEAD	C-Stores	Open Until Filled
SR. FINANCIAL ANALYST	Treasury	02/23/2023
SYP – AQUATIC AIDE (3 Positions)	Parks & Recreation	03/04/2023
SYP – RECREATION AIDE (16 Positions)	Parks & Recreation	03/04/2023
SYP – WEED & LITTER (18 Positions)	Parks & Recreation	03/04/2023
TIWA LANGUAGE EDUCATION ASSISTANT	Department of Education	02/20/2023
TRIBAL ADMINISTRATION RECORDS CLERK	Tribal Administration	02/28/2023
UTILITY FOREMAN	Public Works	02/20/2023
UTILITY WORKER	Public Works	02/20/2023
VAN DRIVER	Elder Center	03/03/2023
VETERAN SUPPORT SERVICE MEMBER	Elder Center	Open Until Filled – Within Only
WATER RESOURCES MANAGER	Water Resources	03/03/2023
WATER / WWTP OPERATOR I-IV	Public Works	03/01/2023
WATER RESOURCES SPECIALIST	Water Resources	02/27/2023
WILDLIFE BIOLOGIST	Natural Resources	02/27/2023

Accounting Technician's WANTED

Isleta Pueblo Housing Authority

Treasury

\$17.57-\$23.72

Pueblo of Isleta Human Resources

isletapueblo.com/careers

505-869-7584

2023 Distribution

for tribal members who did not receive the 2022 Distribution

Distribution checks of \$3,200 will be sent via certified mail to addresses on file with the Pueblo of Isleta Census Office as of February 10, 2023.

You must contact the Census Office directly to update your address.

The Census Office phone # is: (505) 869-9766.

The Treasurer’s Office will send checks to addresses on file and will NOT reissue checks returned for incorrect address.

Distribution checks will be mailed on or before March 10, 2023 and will not be available for in-person pick up.

Deadline to cash/deposit checks is May 31.

After that date checks will be voided.

Please call the Tribal Council Office with any questions @ 505-869-9746.

PART-TIME LIFEGUARDS WANTED

MUST BE 16 OR OLDER

Training Will Be Provided Starting at \$12.00

Pueblo of Isleta Human Resources
isletapueblo.com/careers
505-869-7584





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APPLY NOW

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ISLETA DIVERSION DAM – PUBLIC MEETING NOTICE

The Bureau of Reclamation has prepared an environmental assessment (EA) to analyze potential impacts associated with modifying the Isleta Diversion Dam (IDD) in the Rio Grande on the Pueblo of Isleta in Valencia County, New Mexico. This notice announces the availability of the EA for public review and comment. The EA was prepared in accordance with the National Environmental Policy Act of 1969 (40 CFR :1500–1508).

We analyzed two alternatives in the EA, the No Action and the Proposed Action alternatives.

Alternative A: No Action Alternative

The IDD would not be modified, and a fish passage would not be constructed at the IDD. In addition, there would be no changes to the IDD river, sluiceway, or headworks gates and these gates would continue to be manually operated to maintain head pressure for irrigation demands. This alternative would not meet the project objectives or requirements under the 2016 Agreement of Settlement and Compromise Regarding the Isleta Diversion Dam or the 2016 Middle Rio Grande Biological Opinion for water operation and river maintenance activities.

Alternative B: Proposed Action Alternative

The Proposed Action would improve sediment management and fish passage at the IDD by the following actions:


- > East Bank Realignment: The east bank upstream of the dam would be realigned to reduce erosion and entrained sediment entering the Peralta sluiceway.
- > Peralta Sluiceway Modification: The Peralta sluiceway, along the east bank, would be modified by adding an upstream step and a slope to further reduce the sediment load diverted from the Peralta sluiceway into the canal headworks.
- > Fish Passage: A baffled fishway would be constructed through an IDD gate to provide silvery minnow passage during the irrigation season and periods of low river flows.

The public is invited to attend a public meeting and provide written comments. The public meeting will follow an open house style format and consist of exhibits with different aspects of the project. The meeting will provide an opportunity for the public to learn more about the EA, have discussions with Reclamation staff, and provide input.

Public Meeting Schedule:

- Thursday, March 9, from 4 p.m. to 6 p.m.
- Isleta Resort & Casino Sunrise Room
11000 Broadway Blvd SE,
Albuquerque, NM 87105

The Reclamation Albuquerque Area Office is inviting comments. If you wish to comment on the draft EA, you can mail comments to NEPA Team Lead, BRIC, LLC, at the addresses listed below or via email at IDDModificationProject@ddc-dine.com. This EA will be open for public review for 30 days, from February 28th through March 28,2023. An electronic copy of the EA is available on Reclamation’s website at <https://www.usbr.gov/uc/DocLibrary/ea.html>. Hard copies may be obtained by contacting NEPA Team Lead, BRIC, LLC, at the address listed below or via email at IDDModificationProject@ddc-dine.com. Address: BRIC LLC, 8901 Adams Street, Suite B, Albuquerque, NM 87113. All comments must be received by March 28,2023, when the public comment period ends.



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Pay: \$18.00 +

Fill out an application online

<https://www.tutordocor.com/albuquerque/about-us/become-a-tutor/>

or

call Tutor Doctor at (505) 545-8500

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SUBWAY

@ the Isleta Travel Center is hiring for Part-Time employment which
consists of Weekends and Nights. Starting pay \$12.00/hr. Applicants must
apply within store. Please ask for Patricia Lente or call (505) 869-6090

Now Hiring



ISLETA GRILL WOULD LIKE TO THANK ALL TRIBAL MEMBERS AND
POI EMPLOYEES FOR YOUR CONTINUED SUPPORT. WE LIKE TO
REMIND EVERYONE THAT WE SERVE A FULL MENU ALL DAY, WHICH
MEANS BURGERS AT 6 A.M BREAKFAST BURTTIOS AT 2 P.M
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VALID: MARCH 1-31, 2023

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505-869-2046 call your order in

Health Beat
Glaucoma

Stephanie Barela,
Isleta Health Center Health Educator
Phone: 505-869-4479 stephanie.barela@islclinic.net

Glaucoma is a very common disease that affects more than 3 million people a year by damaging the optic nerve, which is the nerve that provides information to the brain. If left untreated it can cause gradual vision loss. There usually are no symptoms for Glaucoma, which is why it is so important to get regular vision exams to detect problems early and get them treated. In most types of glaucoma, the eye’s drainage system becomes clogged so that intraocular fluid cannot drain. This can cause pressure inside the eye, which if the pressure becomes too high, can damage the sensitive optic nerve and result in vision loss.

WHAT PUTS YOU AT RISK FOR GLAUCOMA?

- Over 60 years old
- Relatives of glaucoma patients
- Those that are very nearsighted (myopic)
- Hispanics in older age groups
- Those that are very nearsighted (myopic)
- African American or Asians
- People with thin central cornea

WHEN SHOULD YOU GET YOUR EYES
CHECKED FOR GLAUCOMA?

- Before age 40, every 2-4 years.
- From age 55-64, every 1-2 years
- From age 40-54, every 1-3 years
- After age 65, every 6-12 months

ARE THERE SYMPTOMS FOR GLAUCOMA?

- Often there are no uncomfortable or painful symptoms
- In less common kinds of glaucoma, symptoms can be more severe, which include:
 - Hazy vision
 - The appearance of rainbow colored circles around bright lights
 - Eye and head pain
 - Sudden sight loss
 - Nausea or vomiting
- People of all ages are affected by this, from babies to elders
- Sight loss from glaucoma cannot be reversed; however, early detection and careful, lifelong treatment with medication or surgery can maintain vision

WHAT ARE THE MOST COMMON TYPES OF
GLAUCOMA?

- Open-Angle Glaucoma
 - Slow clogging of the drainage canals, resulting in increased eye pressure
 - Has symptoms and damage that are not noticed
 - Develops slowly and is a lifelong condition
 - Most common form of glaucoma
- Angle-Closure Glaucoma (AKA: Acute or Angle Narrowed Glaucoma)
 - Caused by blocked drainage canals, resulting in a sudden rise in intraocular pressure
 - Develops very quickly
 - Has very noticeable symptoms and damage usually
 - Needs immediate medical attention

HOW DO YOU TREAT GLAUCOMA?

- Medications usually are used to treat glaucoma to either help the fluid drain better or to decrease the amount of fluid
- Surgery is another way to treat glaucoma:
 - Laser Surgery, done in an outpatient setting
 - Microsurgery (AKA: conventional surgery), done in a hospital or surgery center

ENVIRONMENTAL

Request for Public Input: Office of Natural Resources Trustee to Present on Remaining Settlement Funds for Two Superfund Sites in South Valley Area

Date: Monday, March 6th, 2023

Time: 6:30 PM – 8:00 PM

Location: Mountain View Community Center
201 Prosperity Avenue SE Albuquerque NM 87105

History: The AT&SF Tie Treater site is in Albuquerque near Rio Grande State Park. The site operated as a railroad tie treating plant from 1908 to 1972. The use of wood treatment products led to the release of hazardous substances, which injured groundwater and wildlife habitat resources. The second South Valley Superfund site is also in Albuquerque and spans approximately two square miles in the South Valley area. This site was used for industrial operations beginning in the 1950s. Hazardous substance releases led to the contamination of soil and groundwater resources.

Meeting Details: The State Office of Natural Resources Trustee (ONRT) will present a public meeting on closing out two Superfund sites in the South Broadway Area / Mountain View community. The ONRT has proposed a project that has been challenged by community members including the Pueblo of Isleta. The proposed project has yet to be finalized and community input on this project is important. You are encouraged to attend this meeting; your presence would be welcome.

The Draft Addendum to the Restoration Plans for the AT&SF Tie Treater and South Valley Superfund sites and other documents related to those sites are available on **ONRT's website** here: <https://onrt.env.nm.gov/onrt-seeks-public-comment-on-a-draft-addendum-to-restoration-plans-for-two-albuquerque-superfund-sites-and-the-proposed-southside-wastewater-reclamation-plant-outfall-restoration-project/>

Contact: For more information about this public meeting, please contact Pueblo of Isleta Environment Department at 505-869-7565.

Pueblo of Isleta Department of Education

presents

Language & Culture Contest

- How do you or would you represent our language and culture?
- How would you symbolize our language and culture?
- What does our culture and language mean to you?

**Isleta Pueblo Tribal Members
are encouraged to submit:**

**Art Pieces– Mixed media,
painting/drawing, pottery,
photography, video, etc.**

**Writing– Poetry, song, short
story etc.**

Age Categories

3–8 years old

9–12 years old

13–17 years old

18–24 years old

**Honorariums will be given to 1st,
2nd and 3rd place in each
category.**

**Exhibition: Entries will be shared during an
exhibition in May (Location & Time TBD)**

**Submission Deadline
April 14th, 2023 @ 4:00pm
to the POI Dept of Ed.**

**For more information or support call 505-869-9790. Entry forms will be
available at the office and required with each submission.**

Summer Recreation Aides Needed

MUST BE 16 OR OLDER

\$12.00/hr.

Pueblo of Isleta Human Resources
isletapueblo.com/careers
 505-869-7584

DROP LOCATIONS:

- * TRIBAL COMPLEX
- * LIBRARY
- * TRANSFER STATION

Do not throw batteries away in the trash. Recycling reduces waste at landfills & greenhouse gas emissions contributing to climate change, prevents contamination of our natural resources & ceremonial sites.

BATTERY RECYCLING

- * AA, AAA, C, D, 9 VOLT, LITHIUM
- * CELL PHONES
- * BATTERY BACK-UPS
- * WATCH BATTERIES

FOR INFORMATION CALL:

TRANSFER STATION: 869-4106

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DEPARTMENT OF EDUCATION

Academic Success Program

Happy March from the Department of Education Academic Success Program. The program had its first 3.0 incentives event for Pueblo of Isleta High School Students at Main Event in Albuquerque. Those students that attended were able to get lunch as well as have unlimited bowling for two hours, unlimited laser tag and unlimited games. Students also took advantage of our Homework help nights at the department of education. Students were able to work one on one with our tutors, and get any extra support they may have needed on assignments.

It is very important for parents to check emails and make sure that they are not going in to their junk emails. When speaking with students they are unaware that such events are happening if parents are not passing along the information. Our main communication is with the parents emails that we have on file. If you are not receiving our emails, please call 505-869-9793 or 505-869-9778 to provide your email address. You may also email us at michelle.valdez@isletapueblo.com or jolynnsandoval@isletapueblo.com.

The program does offer online and in person tutoring for your student, you can sign up your child at https://isletapueblo.formstack.com/forms/doe_afterschool_tutoring

Upcoming Events:

- Wednesday, March 8, 2023
3:00pm – 7:00pm – Homework Help
- Los Lunas Spring Break
March 13 – 17
- Monday, March 13, 2023 –
NACA End of Grading
- APS & NACA Spring Break
March 20 – 24

College Updates:

Samantha and Michelle attended NMSU on February 1st & 2nd 2023. Both the



Department of Education and NMSU sent emails informing the students of the visit. There was a low turnout from students; this was a great time for students to meet with a Higher Education Coordinator to get any questions answered about your scholarship. We will be scheduling another visit in early April 2023.

A visit to UNM and CNM are in the near future. Freshman students whom attend these colleges, please check your emails for the

upcoming dates. Do not miss a great opportunity to see what the program has to offer.

Online tutoring is available to college students as well. Tutoring is done by Varsity Tutors and you can sign yourself up at https://isletapueblo.formstack.com/forms/doe_afterschool_tutoring.

We look forward to working with you all this semester. *Michelle & Jolynn*

Higher Education

Students applying for the Pueblo of Isleta Scholarship are required to respond to a few questions. Below you will find responses to the question, “What advice would you give to an incoming high school student?”

Advice from Pueblo of Isleta
Higher Education scholarship recipients
to High School Students

Advice from Graduate Students

“To incoming high school students is to stay focused and don’t lose sight of your dreams. College can be challenging and may seem like it is never going to end, but it will, and you will succeed as long as you keep pushing through.” -UNM Graduate Student

“To any incoming high school students would be to discover your passion and stay curious. I would say to be a sponge and soak up knowledge. Stay inspired and never stop exploring.” –

“In terms of advice to younger students entering college, is to focus on one task at a time, there may be times that the workload may be immense or you just may simply not want to focus on work, but completing one task at a time and not worrying about other assignments at the same time has brought me academic success and lowered my stress levels. Continuing on in schooling to obtain

a degree is one of the smartest choices that an individual can make in their life, and because the Pueblo of Isleta is so generous in helping pay towards your future and future success it would be a waste of your time and the Department of Education’s time and resources by not putting all your effort into school work. The harder an individual works, the better the outcome as well as the greater chance of having a successful future. Also on a side note, by all means, never give up and always give 110%!”
- first year of grad school at UNM

Advice from a Doctorate student

“The first piece of advice that I would give to an incoming high school student would be to buckle down and work hard through high school and develop good study habits. It’s really hard on some students when they graduate high school and go to college because they don’t have parents or teachers hovering over them to make sure the student gets their work done. The best way to help the transition from high school to college is to have good study habits and be responsible. In college most of the professors aren’t going to be very understanding of missed or late assignments and they certainly don’t like excuses. They’ve heard them all. You’re on your own when you go to college. Be independent and take responsibility for your classes and grades.”

Advice from College Freshmen

“To any incoming student, to be patient and open minded about their future.” –Metropolitan State University of Denver student

“To any high school student, my advice would be to remain grateful for what they have, and make the most of it. Always make the most of any situation you’re put in and own it.”
–New Mexico State University student

“I would like to tell a high school student to start planning for college and apply for as many scholarships as they can. There is a lot of support in them when going to college. I would like them to take advantage of that support, learn to manage their time, and enjoy being a college student while obtaining their degree.” – CNM student

“If I were to give advice to an incoming high school student, I would tell them to focus on grades above anything else. To me, grades are the most important part of high school because of how much value those little numbers and letters hold. These will be the start to your college career. Knowing this very early in high school is the biggest advantage you can have compared to your peers. If you know early on how much your grades mean and how they can affect you in the future, it would encourage you to do better and to try harder. When I was going into high school

my first year as a freshman I did not really care about my grades. I was never really told that my grades were important and I had the mindset that my grades would not matter this early on. A horrible mistake I wish I could take back, but around my second year as a sophomore I came to realize how important my grades are and how much they mattered. Even if it was super early into my high school life. I changed how I acted and focused mostly on my grades, studying for tests and doing homework. If I had the advantage of a high school senior telling me how much my grades mean even if I was to be an incoming freshmen would have scared me straight. This is what I would tell incoming students if given the chance.”

- University of Central Oklahoma student

Advice from a College Sophomore and Senior

“My best advice for an incoming high school student would be to not give up on your dreams because they simply seem impossible. Sometimes, all it takes is a little determination and the stubbornness to not give up when things get difficult. Life will like to make you think some things cannot be obtained simply because somebody else gave up. Do not let that mindset take you over. Strive on, be brave, be bold. Reach out and grab the things you strive for and when your mindset opens to more of the future, continue to pursue. Never be satisfied with what you have previously done in the past. Always use what you are now doing to decide if you have tried hard enough. Remember to ask yourself if you will be able to live with the decisions you have made today.”

- Fort Lewis College sophomore

“Please keep focused throughout your studies, future Isleta high school students. You will face numerous challenges in high school. Don't get too worked up over the challenges. Always keep in mind that you are worthy of achievement. You can achieve anything if you set your mind to. Make sure you're making good decisions at all times. Don't be afraid of failure; just remember to learn from it. Wishing you the best of luck in high school. You've got this! Your community is counting on you!” - New Mexico State University Senior

Pueblo of Isleta Scholarship application opens March 1, 2023

The following deadlines to turn in an application

- **Summer Term/Semester – April 1st 11:59pm**
- **Fall Term/Semester – July1st 11:59pm**

Other Scholarship Opportunities and Deadlines:

(Please visit our website for additional information and clickable links)

Full Circle & Tribal College Scholarships
<https://collegefund.org/students/scholarships/>

Full Circle Scholarship applications are open from February 1st to May 31st each year

The Cobell Scholarship
https://webportalapp.com/sp/login/access_oasis

The academic year 2023-2024 undergraduate and graduate scholarship applications are now open. The 2023-2024 vocational/trade application is open while funds remain available

AISES Apple Scholarship Program (2023-2024)
<https://www.aises.org/scholarships/aises-apple-scholarship-program-2023-2024>
Scholarship Applications Close: May 31 2023

AISES Burlington Northern Santa Fe (BNSF) Foundation Scholarship (2023-2024)
<https://www.aises.org/scholarships/bnsf-foundation-scholarship-2022-2023>
Scholarship Applications Close: May 31 2023

AISES Environmental Science Associates (ESA) Scholarship (2023-2024)
<https://www.aises.org/scholarships/aises-environmental-science-associates-esa-scholarship-2023-2024>
Scholarship Application Close: May 31, 2023

University of New Mexico Osher Re-entry Scholarship
<https://cep.unm.edu/scholarships/osher-re-entry-scholarship.html?>
Deadline: April 28, 2023

Dr. Kevin & Laurie Goodluck Scholarship
<https://llkd.unm.edu/for-students/student-financial-assistance.html?>
Deadline: Ongoing

New Mexico State University
1888 Leadership Scholarship Deadline: No application is required

Central New Mexico University
Bridge to Success Scholarship- State Funded Scholarship
<https://www.cnm.edu/depts/financial-aid/scholarships/bridge-to-success-scholarship>
Deadline: March 31, 2023

Rust Opportunity Assistance Fund
If you experience an unforeseen financial situation (including those related to COVID-19), the Rust Opportunity Assistance Fund may be an optional resource.
<https://www.cnm.edu/depts/financial-aid/scholarships/rust-opportunity-assistance-fund>

Tiwa Language

This month our Tiwa classes at Isleta Elementary school have been excited to practice dancing, build vocabulary and use common phrases. Students continue to recognize and use traditional names to address one another. Some students are not aware of their Indian name, please assist them with common phrases and ensuring they know and use their Indian name. We are working to promote daily usage of the language. For Valentines Day, each student received a t-shirt encouraging Tiwa language usage. We appreciate your support and encourage you to use the language as much as possible. If you would like to participate in learning the language, support is available for families. Please contact the Department of Education for more information.

Tutoring Program

The Department of Education Tutoring Program is continually providing tutoring support for K-12 grade students from Los Lunas School District and Albuquerque Public Schools. We are currently providing support for over 25 students through After School tutoring and Varsity Tutors. Another collaboration between DOE and Sylvan Learning Center to offer support for Math is underway. The Sylvan Ace it! Math Tutoring Program is geared toward 3rd – 8th grades, for a duration of 12 weeks. If you are interested in signing your student up, look out for a formal announcement you can find on our department page on isletapueblo.com, DOE Facebook page, or posted on Pueblo of Isleta Facebook page. If you have any questions or regards, please contact the Department of Education at (505) 869-9790.



Department of Education

MARCH

Family Night

@ **EXPLORA**



Tentatively scheduled

MARCH 23, 2023

5:30-7:30



Please look out for emails
or call the office
505-869-9790 for more
details



Isleta Elementary School Newsletter

March 2023

Keeping You Informed

Our Commitment to You

Greetings Isleta families and friends! We were happy to hear that many of our families wanted to know more about the happenings of our school. We want to honor our commitment to keeping you informed. You can expect regular newsletters with school updates as well as text message and email notifications. If you have not been receiving our text message or email notifications, contact the Front Office to get signed up.

What’s going on with the bus?

First of all, we want to thank all of our wonderful families for dropping off and picking up their children while our transportation services were out of operation from February 6-9th. We understand that this creates an inconvenience, and we appreciate you working together with us.

Our program consists of one bus and driver. When there is an issue or concern, we must reach out for your assistance. Our **immediate response** is to:

1. Notify all parents/guardians using the text message system to pick up or drop off their children.
2. Request support from the Recreation Center to transport children participating in the afterschool program.
3. Utilize a Government vehicle to pick up and drop off children if parents/guardians are not able to come to the school.
4. Offer extended school hours afterschool to allow for parents/guardians to pick up children after 3:15 pm.

As of February 10, we have a substitute bus driver that will complete the morning and afternoon routes. This will continue until March 17. Our goal is to have two operating buses and two bus drivers. We are actively working to fill our vacant School Bus Driver position. For more information, visit <https://www.bie.edu/current-vacancies>.

The Season of Assessments

What type of standardized test does my child take?

- ❖ **NWEA MAP** During the month of February, all students in grades K-6 participated in NWEA MAP assessments. This is a computer-based assessment that is administered during the fall, winter, and spring.
- ❖ **ACCESS** Students in English language learner (ELL) program take the ACCESS for ELLs language proficiency test in February. The test measures academic English language proficiency for students learning English in our school and throughout our state.
- ❖ **BIE ENGLISH LANGUAGE ARTS (ELA) & BIE MATH** All students in grades 3-6 take the BIE ELA and BIE Math tests during the Spring. These computer-based tests measure academic proficiency in English language arts and mathematics.
- ❖ **BIE SCIENCE** This computer-based test is only administered to students in grades 5 during the Spring and measures academic proficiency in Science.
- ❖ **BIE ALTERNATE ASSESSMENT** This assessment is designed for students with the most significant cognitive disabilities. The decision for a student to be administered the alternate assessment is left to the discretion of the individualized education program (IEP) team.

Why is it important for my child to participate?

Teachers in our school use this information to help them make decisions about instruction for your child. Teachers also use these test scores to monitor the progress your child makes toward proficiency of the state standards. It helps students, parents, and teachers understand the student’s level of performance and areas for improvement.

Can I get a copy of my child’s test results?

Yes! NWEA MAP assessments reports are available after each testing period (fall, winter, spring). All other test reports are not available until June 2023. We will plan to distribute these reports at the start of the SY23-24 school year. We also maintain a copy of these reports in your child’s records.

What can my child do to prepare?

Students can prepare by getting a good night’s rest the night before the test day, arrive to school on time, eat breakfast, and do their best.

Important Dates

March 3 Early Release
March 14 K-1 Field Trip
March 17 Early Release. End of 3rd Quarter.
March 20-24 No School - Spring Break.
March 29 3rd Quarter Awards Assembly (1:30–2:30 pm)



Your Voice Matters! Join the School Board

We are seeking interested members of our community to serve on the IES School Board for the upcoming school year.

Immediate Priorities:

- Review School Board by-laws.
- Review Student-Parent Handbook for next year.
- Provide input and feedback on school goals and plans for improvement.

Requirements:

- Must commit to meet at least once per month. As a School Board Member, you will be compensated for your time.
- Must have a favorable background clearance prior to starting the term.

If you are interested, submit a letter of interest to the school. Please include your full name, phone number, and email address.

Did You Know?

The Hubbell Crash Site

In 1946, there was a crash on the Pueblo of Isleta involving a U.S. Navy twin engine air transport plane. The plane had 11 military personnel on board, and all 11 were killed in the crash.



There was over 1,800 pounds of debris that was recovered, consisting of over 8,500 pieces of the plane.



The aircraft involved in the crash was a cargo transport counterpart for the Douglas C-47 'Skytrain'. Shown above is the 'Skytrain'.

Have you been told a story of a plane crash on the reservation? If so, we would love to hear it and investigate the story. Please contact the UXO/ HAZMAT Department at (505)869-5748 with any tips or findings.

VOTE NOW!
Help Us Plan for
SY 2023-2024
Calendar

Go to our website at www.isletaelementary.com or scan the QR code with your phone to provide your input on our calendar for SY 2023 – 2024. Cast your vote by March 24, 2023.



SCAN ME

March 2023						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

MARCH 2023

Isleta Elementary School

BREAKFAST



School Information:
Isleta Elementary School
1000 Moonlight Dr.
505-869-2321





****This Institution is an Equal Opportunity Provider****
****Menu subject to change due to food availability****

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<div>Yogurt Parfait Strawberries Graham Crackers 100% Apple Juice Choice of Milk</div> <div>1</div>	<div>Hashbrown Stacker Oranges 100% Apple Juice Choice of Milk</div> <div>2</div>	<div>Egg & Cheese Taco Salsa Grapes 100% Apple Juice Choice of Milk</div> <div>3</div>
<div>Honey Nut Cheerios Yogurt Banana 100% Orange Juice Choice of Milk</div> <div>6</div>	<div>Egg & Potato Taco Salsa Peaches 100% Apple Juice Choice of Milk</div> <div>7</div>	<div>French Toast Sticks Syrup Pears 100% Orange Juice Choice of Milk</div> <div>8</div>	<div>WG Turkey Sausage Pizza Orange Slices 100% Apple Juice Choice of Milk</div> <div>9</div>	<div>Assorted Yogurt Granola w/dried fruit Fruit Cocktail 100% Orange Juice Choice of Milk</div> <div>10</div>
<div>Bean and Cheese Burrito WG Tortilla Peaches 100% Orange Juice Choice of Milk</div> <div>13</div>	<div>WG Blueberry Muffin Boiled Egg Apricot 100% Apple Juice Choice of Milk</div> <div>14</div>	<div>WG Pancake Mini Bites Syrup Oranges 100% Apple Juice Choice of Milk</div> <div>15</div>	<div>Cinnamon Toast Crunch Cheese Stick Grapes 100% Apple Juice Choice of Milk</div> <div>16</div>	<div>Scrambled Eggs w/Toast Peaches 100% Orange Juice Choice of Milk</div> <div>17</div>
<div><div>**20</div><div>No School</div><div>**21</div></div> <div><div>**22</div><div>Spring Break</div><div>**24</div></div>				
<div>Pancake on a Stick Syrup Fruit Cocktail 100% Orange Juice Choice of Milk</div> <div>27</div>	<div>Hash Browns Turkey Sausage WG Tortilla Mandarin Oranges 100% Apple Juice Choice of Milk</div> <div>28</div>	<div>Omelet WG English Muffin Apple Sauce 100% Orange Juice Choice of Milk</div> <div>29</div>	<div>Breakfast Sandwich Apricot 100% Apple Juice Choice of Milk</div> <div>30</div>	<div>WG Bagel Cream Cheese Banana 100% Orange Juice Choice of Milk</div> <div>31</div>

MARCH 2023

Isleta Elementary School

LUNCH




School Information:
Isleta Elementary School
1000 Moonlight Dr.
505-869-2321





****This Institution is an Equal Opportunity Provider****
****Menu subject to change due to food availability****

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<div>Beef Stir Fry Brown Rice Sauteed zucchini Applesauce Choice of Milk</div> <div>1</div>	<div>Chicken Quesadilla Refried Beans Cherry Tomatoes Grapes Choice of Milk</div> <div>2</div>	<div>Beef Mac Casserole Cheesy WG Breadstick Sauteed Spinach Peach Cup Choice of Milk</div> <div>3</div>
<div>Pepperoni Pizza WG Garlic Bread Broccoli Pineapple Choice of Milk</div> <div>6</div>	<div>Meatloaf Mashed Potato/Gravy Black Bean Salad Fruit Cocktail Choice of Milk</div> <div>7</div>	<div>Grilled Ham & Cheese Tomato Soup Pears Choice of Milk</div> <div>8</div>	<div>Bean Burrito Bowl w/Brown Rice WG Tortilla Green Peas Apple Choice of Milk</div> <div>9</div>	<div>Chicken Tenders Sweet Potato Fries Vegetable Medley Mandarin Oranges Choice of Milk</div> <div>10</div>
<div>Cheeseburger WG bun Lettuce, Tomato Sweet Potato Fries Grapes Choice of Milk</div> <div>13</div>	<div>Pork Chop Pasta Salad w/veggies Seasoned Potatoes Orange Choice of Milk</div> <div>14</div>	<div>Beef Tacos W/Spanish Rice Cucumber Slices Garnish Applesauce Choice of Milk</div> <div>15</div>	<div>Chicken Alfredo w/Penne Pasta Broccoli Mixed Fruit WG Garlic Toast Choice of Milk</div> <div>16</div>	<div>Taco Soup w/tomatoes & corn Refried Beans WG Tortilla Pears Choice of Milk</div> <div>17</div>
<div><div>**20</div><div>No School</div><div>**21</div></div> <div><div>**22</div><div>Spring Break</div><div>**24</div></div>				
<div>Steak Fingers WG Roll Steamed Corn Sauteed Zucchini Pineapple Choice of Milk</div> <div>27</div>	<div>Teriyaki Chicken Fried Rice Bean Soup Broccoli Mixed Fruit Choice of Milk</div> <div>28</div>	<div>WG Spaghetti w/Meat sauce Garden Salad, Carrots Orange Slices Choice of Milk</div> <div>29</div>	<div>Tostada Dippers Spanish Rice Shred Lettuce/Tomatoes Salsa cup Grapes Choice of Milk</div> <div>30</div>	<div>Pulled Pork WG Bun Seasoned Potatoes Steamed Cauliflower Peach cup Choice of Milk</div> <div>31</div>



Pueblo of Isleta
Department of Education
& Tiwa Language Program

The Department of Education is looking for families or individuals interested in participating in a pilot Tiwa language program.

TIWA LANGUAGE PILOT PROGRAM


Participants must live within the boundaries of the Pueblo of Isleta.

If the number of applicants exceeds the space available there will be a lottery. *Participants will be notified if they are selected by March 17, 2023 and to fill out additional paperwork.*

Those interested must be able to:

- Commit 2 hours per week for six weeks
- Follow language learner norms
- Provide feedback via pre & post surveys
- Willing to actively participate virtually

Please use the following link or QR code to register
https://isletapueblo.formstack.com/forms/tiwa_pilot



Please contact the Department of Education at 505-869-9790 if you have questions.

pathways

INDIGENOUS ARTS FESTIVAL

BUFFALO THUNDER RESORT & CASINO | SANTA FE, NM

EMPOWERING CULTURAL VALUES

CALL FOR ARTISTS

AUGUST 18, 19 & 20, 2023

FREE FIRST 20 OUTDOOR VENDORS

OUTDOOR \$175 • OUTDOOR SHARED \$200
INDOOR 8x6 \$225 • INDOOR \$250 • INDOOR SHARED \$275
INCLUDES: TENTS, TABLES, CHAIRS, PARKING, WIFI & WATER

DEADLINE: APRIL 14 | WWW.POEHCENTER.ORG/PATHWAYS





POEH
CULTURAL
CENTER



BuffaloThunder
RESORT & CASINO



Hilton

PATHWAYS is organized by the Poeh Cultural Center, a tribally led entity of the Pueblo of Pojoaque.


Need to catch up before grading period ends, join us for

Homework Help

@ Department of Education
950 MOONLIGHT DR. ABQ, NM 87105

Wednesday, March 8, 2023
3:00pm-7:00pm

Use the link or QR code to sign up
<https://isletapueblo.formstack.com/forms/homework>

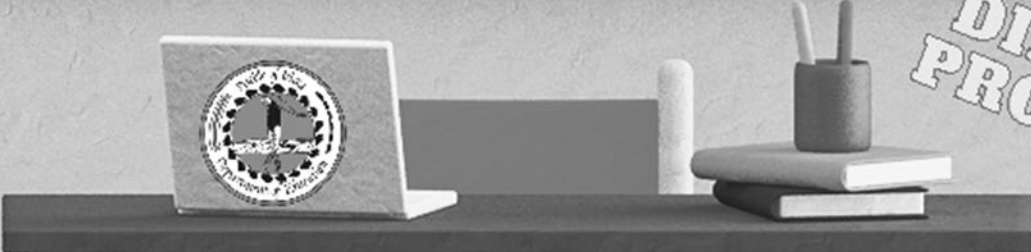


SIGN UPS ENCOURAGED BUT WALKINS WILL BE WELCOMED

Attention Isleta Pueblo High School Students

DINNER PROVIDED

DOOR PRIZES



PUEBLO OF ISLETA PUBLIC LIBRARY
950 MOON LIGHT DR, SW ALBUQUERQUE, NM 87105

STEAM KITS TO GO!

PENWORTHY → 

NOW AVAILABLE!


**PENWORTHY STEAM TO GO! KITS ARE
NOW AVAILABLE FOR CHECKOUT!**

**EACH KIT PROVIDES HANDS-ON ACTIVITIES FOR A
VARIETY OF DIFFERENT SUBJECTS INCLUDING
ANIMALS, SPACE, SHAPES, PHONICS AND MUCH MORE.**



**STEAM TO GO! KITS MAY BE CHECKED OUT FOR ONE WEEK,
WITH A LIMIT OF ONE KIT AT A TIME PER HOUSEHOLD.**

FOR MORE INFORMATION PLEASE CALL 505-869-9808



PUEBLO OF ISLETA PUBLIC LIBRARY
 950 MOON LIGHT DR, SW ALBUQUERQUE, NM 87105

SUMMER READING PROGRAM 2023

June 5th -July 21st

JUNIORS

EXPLORING STEAM

(SCIENCE, TECHNOLOGY, ENGINEERING, AND MATHEMATICS)
Ages 3 (must be potty trained) - 6 Years Old
9:00am to 11:30am
20 Spots Available

- STORY TIME
- CRAFTS/ACTIVITIES

- OUTSIDE PLAY
- FIELD TRIPS

Registration
MAY 5TH!

AT
7:00AM

Until All
 Spots Are
 Filled!

***Registration must be completed by PARENT or GUARDIAN NO EXCEPTIONS!**

YOUTH

MULTIPLE CURRICULUMS


Ages 7-14 Years Old
1:00pm to 4:00pm
25 Spots Available

- READING GROUPS
- CHALLENGES

- FIELD TRIPS
- CRAFTS/ACTIVITIES

.....

SUMMER MEAL PROGRAM WILL BE PROVIDED!
 FOR MORE INFORMATION PLEASE CALL
505-869-9808





PUEBLO OF ISLETA
PUBLIC LIBRARY



tutor
doctor

IN COLLABORATION WITH

TUTOR DOCTOR

THE TUTOR DOCTOR WILL BE OFFERING ONE-ON-ONE TUTORING SERVICES HERE AT THE LIBRARY.
Space is limited to 15 students ranging from 1st grade to 12th grade.

REGISTRATION IS NOW OPEN AND THE DEADLINE TO REGISTER IS MARCH 3RD!

Students will be required to complete three assessments that will be used to develop a customized approach to their tutoring.



Assess → Match → Tutor → Support

A MEETING WILL BE SCHEDULED FOR ALL THAT ARE INTERESTED, TIMES AND DATES TO BE ANNOUNCED!

FOR MORE INFORMATION PLEASE CALL THE LIBRARY



505-869-9808

A black and white poster for a Spring Break event. At the top right is a stylized illustration of a rocket ship launching from a heart shape. The main title 'SPRING BREAK' is in large, bold, sans-serif capital letters. Below it, the event details are listed: 'WHERE: ISLETA RECREATION', 'WHEN: MARCH 20-24, 2023', and 'TIME: 7:30AM-5:30PM'. Further down, it says 'FOR ISLETA TRIBAL YOUTH ONLY'. In the bottom left corner, there is an illustration of three children (two boys and one girl) playing with a kite. To the right of this illustration, the text reads: '**15 SLOTS AVAILABLE**', '*FIRST COME, FIRST SERVE BASIS*', '*FROM THE AGES 5YRS TO 12YRS OLD*', and '(ELEMENTARY LEVEL GRADES)'. At the very bottom, a line of text provides contact information: 'FOR MORE INFORMATION, CONTACT THE RECREATION CENTER AT 505-869-9777'.



Pueblo of Isleta Public Library

We are now in the third month of the year and the beginning of Spring which also brings the return of Daylight Savings Time! March is also national reading month where children, teachers, parents/caregivers, and the community come to together to read books and celebrate the joy of reading. Library staff members have been busy weeding and updating our library material and we try to keep up with what’s trending with the latest books, movies, music and much more. Come in and check out what’s new at the library!

News

On Friday, March 3rd the library was the host site for the New Mexico State Library’s Tribal Libraries meeting on eSports. Where tribal library staff, tribal education staff and tribal IT staff meet up to learn more about eSports. Head eSports Coach at Sandia Preparatory School in Albuquerque led the presentation and demonstration followed by a discussion and Q&A.

Tax Season is upon us and the 2022 New Mexico Taxation and Revenue form packets are now available here at the library. Other Federal Tax and Revenue forms will need to be downloaded from the Internal Revenue website [irs.gov](https://www.irs.gov). Make sure and stop by the library and pick up a packet before the tax deadline.

Come join our team! The **library is currently hiring for a Library Aide** I full time position. Applications can be found at isletapueblo.com/careers or you can pick up an application at the library. Applications must be submitted to Isleta Human Resources office located at the Tribal Service Complex. If you have any questions regarding this position or how to apply, please call the library at 505-869-9808 and speak with a staff member.

The library now has “**STEAM to GO Kits**” that include Learn to Move, Emotions, Outdoor Adventure just to name a few are now available to check out. Patrons now can have the convivence of STEAM to GO! Kits are designed for preschool age children; each kit features two fun games that encourages children to explore different subjects in STEAM. These games help develop gross motor skills while children have fun in the process. These kits will be located in the general area of the library by the parenting books and kit policy will be posted to view before checking out. If you have any questions, please speak with a staff member.

We would like to remind the community that the library offers a story time for the whole family. If you ever find yourself wanting to take your family out to a family-friendly event like story time, painting or other fun activities please stop by. Or you can find all upcoming events on our social media:

- Instagram: [@isletapueblolibrary](https://www.instagram.com/isletapueblolibrary)
- Snapchat: [@poipubliclib](https://www.snapchat.com/add/poipubliclib)
- Facebook: Pueblo of Isleta Public Library

Below is more information about the library’s Family Story Time...

Join us every Wednesday at 10:30am and a library staff member will read a story and do a small activity or craft with the families and children who attend. Family Story Time is geared towards children 16 months to 5 years old but everyone is welcomed! No sign up is required and monthly calendars will be available for story time here at the library. For more information on the story and activity for that day please call the library at 505-869-9808.

Upcoming

Returning for a third time is the library’s collaboration with The Tutor Doctor. The Tutor Doctor offers professional one-on-one tutoring services for students. Spaces are limited to 15 students ranging from 1st grade to 12th grade. Registration for the Tutoring session will begin in second half of February with a deadline of March 03, 2023. Each student will have access to twenty two (22), 1-hour one-on-one tutoring sessions. Students will be required to complete three assessments which will be used to develop a tailored and customized approach to their tutoring. This will also allow for The Tutor Doctor to assign an appropriate tutor for the students based on the needs and personality. A meeting will be scheduled for all that are interested. Dates and times will be provided as they become available to us. For more information or questions, please call the library at 505-869-9808.

The library will be hosting three family events on the evenings of March 14th (Tall Paul Magic), March 16th (Exotics of the Rainforest, and March 23rd (Indiana Bones, Storyteller). These events are FREE and open to the general public. We request parents, guardians, or a responsible

adult(s) be present with youth at these events. Please read the next three bullet points for a brief summary of events.

- **Tall Paul Magic** will be hosting a magic show on Tuesday, March 14 at 5:30 pm. Tall Paul is a local Albuquerque magician that specializes in family and kid friendly funny magic, balloons, ventriloquism with potential audience participation.
- **Exotics of the Rainforest** will be presenting an informative, visual presentation featuring live parrots, reptiles, and amphibians from the tropical rainforest and deserts of the world on Thursday, March 16th at 3:00pm.
- **Indiana Bones** and faithful companion Draco, storytellers of historic legends, folklore, and Ghostwalker will be sharing his latest adventures and quest with the people of Island on Thursday, March 22nd at 4:30 pm. Indiana Bones combines history, archeology, paleontology, action, adventure and puppetry for audiences of all ages.

You won’t want to miss these FREE family events, so make sure and mark your calendars! If you have additional questions

PUEBLO OF ISLETA PUBLIC LIBRARY
PRESENTS:

TALL PAUL
MAGIC



JOIN THE PUEBLO OF ISLETA PUBLIC LIBRARY
THIS SPRING BREAK TO WATCH MAGICIAN,
TALL PAUL PERFORM MIND-BLOWING MAGIC
TRICKS THAT IS SURE TO WOW YOUR FAMILY!
*PARENT, GUARDIAN, OR RESPONSIBLE ADULT MUST BE PRESENT WITH
CHILD(REN)*

THIS IS A **FREE**
FAMILY EVENT! OPEN
TO ALL AGES!

PERFORMANCE IS
ON **TUESDAY,**
MARCH 14TH AT
5:30PM

FOR MORE INFORMATION PLEASE CONTACT THE
LIBRARY AT 505-869-9808

or would like more information about this program, please call the library at 505-869-9808 and speak with a staff member. **Reminder, we ask that parents, guardians, or responsible adults be present with children during these events.**

Summer Reading Program will be here before we know it and we are excited to share with you all our new themes for our Junior and Youth Programs. Summer Reading Program will start June 5th and end July 21st.

Our Junior Program, ages 3-6 years old, theme will be STEAM (Science, Technology, Engineering, Art and Math). Every day story time will be incorporated along with crafts and activities following this year's theme. Students will also get to attend field trips and engage in daily recess time. Breakfast and lunch will be served every day.

Our Youth Program, ages 7-14 years old, will feature 4 different curriculums to choose from. We will be accepting 20 students with 5 spots available for the mentioned programs below.

- Hogwarts School of Witchcraft and Wizardry. You have been accepted into the New Wizarding class at Hogwarts School of Witchcraft and Wizardry. You won't want to miss out on creating all the magical items like the Golden Snitch, crafting your wand, making floating candles, creatures from the Harry Potter Universe. Get your spell-books together make sure you have your train ticket to Platform 9 ¾ and get ready to turn an average summer day into something magical. If you have any questions about this program, please email Kyle.Lujan@isletapueblo.com or call the library at 505-869-9808.

- Welcome to the Jungle, we've got fun and games! We've got everything you want honey; we know the names. Let's explore jungle survival tactics as well as the creepy crawlers who live there! We will learn how to weave a fish trap, make an ant farm, and build a luminary bug lamp, plus more! These wild tropical activities will be paired with a fieldtrip to the Botanical Gardens, specifically the Bugarium. If you want to hear more about this program or have any questions, please contact Kimberly at 505-869-9808 or email Kimberly.Lacsina@isletapueblo.com.

- Once Upon a Time there was a king who told a poor merchant's daughter to make gold from hay or else she would die... Join Elena's program as we explore the different fairytales that are familiar and new! We will explore 8 of the Grimm Tales such as Hansel and Gretel, Little Red Gap, and Rumpelstiltskin. With each story there will be whimsical crafts and temptingly delicious treats to make. There will also be a field trip to Casa San Ysidro to see how yarn is made from wool. For any questions about this program, you can contact Elena Lopez at 505-869-9808 or by email at Elena.Lopez@isletapueblo.com.

- Have you ever watched an anime and saw how delicious the food looked and wondered how to make the food in your favorite anime movies and TV shows? Join Cheyenne's Summer

Reading Program and learn how to cook your favorite Japanese dishes such as ramen, rice balls (onigiri), and taiyaki (fish-shaped bun pastry). The first week we will be cooking savory meals that are easy to make at home. The following week we will be making some Japanese desserts that are unique and tasty. Lastly, we will be going on a mini field trip to Europa to try their food and desserts. To learn more about this program please contact Cheyenne by phone at 505-869-9808 or by email at cheyenne.castillo@isletapueblo.com.

Summer Reading Program Registration will be May 5th starting at 7am. Registration will be on first come, first serve basis. We



Our Furry Friends joining in on the fun for our Read to A Dog Program!



Read to a Dog participants enjoying story time here at the library!



Valentine Breakable Chocolate Heart program participants putting their crafting skills to use!



Valentine Breakable Chocolate Heart program participants in the process of making their special Valentine!



The After School Program students having a blast making a Valentine craft!



will have one single line for registration for youth and junior groups. This will ensure that priority is given to those whom showed up early for registration. Summer Reading Program Calendars will be released in April so keep a look out for that.

Some reminders to keep in mind before registering:

- Only Parents/Legal Guardians of students are allowed to sign up students for the Summer Reading Program.
- 3-year olds MUST be potty trained.
- We will be asking BASIC information on registration form.

If you have any questions regarding our Summer Reading Program, please give us a call at the library and speak with a staff member at 505-869-9808.

Library staff is currently in the process of working on upcoming programs for children, teens, adults and families. Please follow us on our social media accounts for up to the minute announcements on programs and events. We will also be posting flyers throughout the community so keep a look out for that.

Recap

On Saturday, January 28th the library hosted a Read to a Dog event for children 5 and up. This program was led by library staff member Renetta. There were 15 slots available for participants to spend time and read to a Certified Therapy Dog. Studies have proven that when children read aloud to Therapy Dogs the children’s mood and attitude towards reading improves. The library was excited to welcome our furry friends and we would like to thank everyone who participated. Make sure and stop by the library and check out our book display dedicated to all the dog lovers out there.

On Saturday February 11th library staff member Cheyenne hosted a Valentine Breakable Chocolate Heart program. Participants came together to make truffles and a breakable chocolate heart. The breakable heart was filled with desserts and other surprises. The recipient of the Valentine will get to break the heart open with a hammer to reveal the surprise. It was a great afternoon spent making a Valentine gift for that special person and we would like to thank all the participants that joined this program.

We took our After School Program on an incentive field trip to watch Puss in Boots: The Last Wish at AMC movie theaters and dinner at Dion’s Pizza. All the students enjoyed the movie. Students in our After School Program earn their spot on the field trip by attending our program consistently and completing their homework and reading.

COVID-19 COUNSELING
& SUPPORT SERVICES


IT'S FREE &
ANONYMOUS.

CALL (505) 954-1057



PUEBLO OF ISLETA PUBLIC LIBRARY

PRESENTS




THURSDAY, MARCH 22ND AT 4:30PM

Join storyteller Indiana Bones at the library along with his companion Draco as they tell tales of myth and wonder that will transport the audience back in time. Stories will be based on ancient myths and legends from around the world.

EVERYONE IS WELCOME FREE FAMILY EVENT!

Parent/Guardian or responsible adult must be present with child(ren).



For more information please call the library at 505-869-9808

EXOTICS OF THE
RAINFOREST


PRESENTATION AT THE
PUEBLO OF ISLETA PUBLIC LIBRARY

THURSDAY, MARCH 16TH AT 3:00PM



Join us here at the library as the Exotics of the Rainforest presents an informative, visual presentation featuring live parrots, reptiles, and amphibians from the tropical rain forests and deserts of the world.

This is a FREE Family event!

Parent/Guardian or responsible adult must be present with child(ren).



For more information please call the library at 505-869-9808.



PARKS & RECREATION DEPARTMENT

March is here, it kind of crept up on us. I don't know about all of you, but I'm kind of liking the warmer weather. We here at the Parks & Recreation Department are continuing to plug away. We have slowly been seeing more and more participation in our programs, services and events. I am so glad that tribal members are coming back.

My Sports Section continues to have well attended, friendly and fun sporting events and activities. My Fitness Section continues to make more and more of our tribal members healthy and fit. My Aquatics Section is teaching more and more tribal youth how to swim and enjoy water activities. My Recreation Section is always doing fun activities with our after school participants. Lastly, my Parks Maintenance crew has been busting their butts daily to make sure our fields are ready for the upcoming Little League Season and beautifying our parks as well.

Kudos to all of my staff for doing a wonderful job for all of us here in the pueblo.

Fitness Section News

Isleta Recreation Center along with Isleta Elderly Center have teamed up with the hopes of getting our elder community involve in physical activity.

If you have not heard about The Silver Eagles Challenge yet, let me inform you. This is a One Year challenge for all community members ages 50 years and older.

This challenge only applies to activities preformed at the Isleta Recreation Center. Our focus is to reach out to those individuals that are 50 and over, and we really think that there are still lots of individuals that are 50 and over, that are not being serviced and we want to capture those individuals and get them healthy, too!!! Our Pickle Heights facility has done a very good job of helping individuals in that age group and we are hoping to do the same here at the Main Recreation Center as well. We here at the Recreation Center are offering the following activities: Pickle Ball, Corn Hole, Swimming (Dry Sauna, Jacuzzi), Basketball, Volleyball, Exercise (Weight Training, Aerobics, Chair Exercise Classes) or just walking the Track. These are just a few of the activities we are currently offering and we hope to offer more in the future as well.

When you join the Silver Eagles Challenge, you will get a punch card to keep track of your daily activity. You can only get one punch per day for any one activity. You will not get additional punches for additional activities, only one punch per day! The fitness staff will keep all punch cards and record your daily activity. Along the way, you will earn cool and useful prizes with each accomplishment throughout the year. At the very end of the challenge in December, each punch card that you have completed will be entered into a drawing. One! Yes One! One lucky winner will be drawn for our Grand Prize of \$1000.00 cash. Yours to do with whatever you wish. Ok now, so who is up for the challenge to not just win the money, but , more importantly to better your health and have fun at the same time?

For more information, please call the Isleta Recreation Center fitness staff at 505-869-9777

Recreation Section News

Our Youth Spring Break Recreation Program will be starting soon and we are looking forward to our upcoming Summer Youth Recreation Program as well. Please take a look at our flyers advertising these upcoming programs. For more detailed information about these programs, please contact the center.

Sports Section

We have been busy and having a blast here at the Recreation Center with the Volleyball League and Corn Hole League. Volleyball will be starting tournament play and its shaping up to be a good one. If any of you have a chance, come down for some entertainment Monday, Wednesday nights 6:30pm and 7:30pm. You will not be disappointed. The Corn Hole League is doing just as well. We have 16 teams and everyone is having a blast. It is on Tuesday nights and starts at 6:30pm. We will be getting ready to have the Bernie Run and Walk soon so keep an eye for more details.

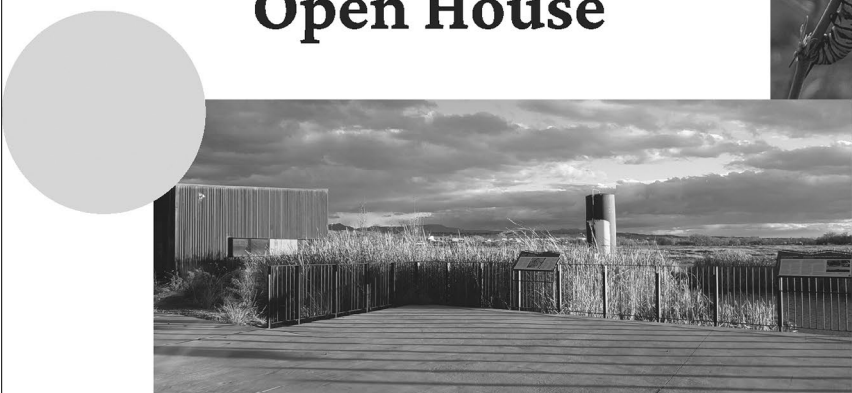


Have a wonderful month!

Valle de Oro National Wildlife Refuge

Community Update

Open House




March 2, 2023 - 5:30pm to 7:00pm

Free food, Spanish and American Sign Language translation & children's activities will be available!

Bring your questions and comments!

Meet refuge staff and learn about what's new with Valle de Oro NWR projects & associated local community projects

Valle de Oro NWR Visitor Center
7851 2nd Street SW
Albuquerque, NM 87105

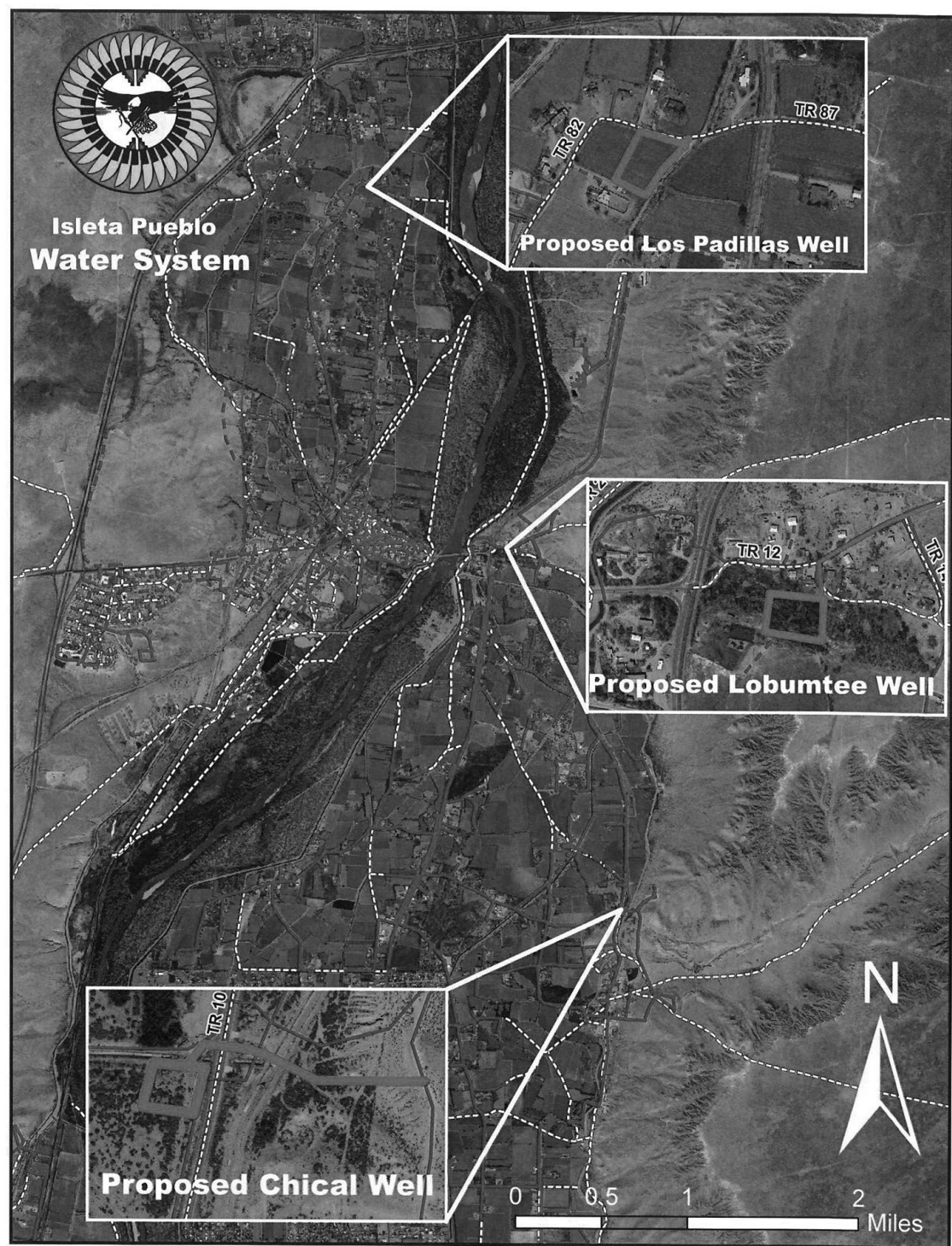


Public Works Department 505-869-5170

Upcoming Projects

The Public Works Department will be busy with new projects the next few months and through the year, we ask to please be careful when traveling in these areas and watch out for the construction crew and equipment.

- Installation of water main line along the Westside shoulder of NM 314 in the area between TR 90 and TR 82 starting in late March 2023
 - o This project will eliminate an existing dead-end water line, installation of a fire hydrant and stub-outs for additional water main lines to be installed in the future.
- Construction will be started for a new well that will be drilled near TR 82 and Hwy 314, with an elevated 200,000-gallon water storage tank to be constructed on the same property.
 - o The elevated water storage tank will provide consistent water pressures throughout the area which is a much needed improvement.
 - o Once the well and elevated tank are completed, the old well located on TR 90 will be properly abandoned.
- Installation of new water main lines from TR 90 and Hwy 314 along TR 90 to Hwy 45, then along Hwy 45 to TR 76
 - o This project will replace existing 2" and 4" water main lines with new 6" water main lines, fire hydrants, and valves along these roads.
 - o Residences will be connected to the new water lines and the old main lines will be abandoned.
 - o More information will be shared once a Contractor has been selected and the time frame for construction will be announced.
- Eastside Sewer Systems Improvements Project
 - o Is in the very beginning stages of design
 - o All residences and buildings on the Eastside of the Rio Grande and South of the Tribal Complex, to the Bosque Farms and Peralta reservation lines will be connected to a sewage collection system



- o The sewage collection lines will connect to the existing Eastside treatment facility, which has enough capacity to handle the expected sewage. Preliminary design includes an E-1 pump system to be installed at each building, with piping connecting the E-1 unit to the main collection line; lift stations as needed to pump the sewage to the treatment facility, abandonment of existing septic systems at each residence and electrical upgrades as necessary.
- o **Public Works will hold a public**

meeting to Tribal Members as the project moves forward, no date has been set yet, so be on the lookout for that information.

- Progress on drilling two new water wells on the Eastside water system continues.
 - o One well is to be located in the Lobumtee area and the other well in the Chical area
 - o Potential locations for well drilling have been chosen and survey work is underway.

With heavy hearts, our thoughts and prayers go out to the Zuni family during this difficult time due to the loss of our brother, Eddie Zuni. We value the commitment and dedication Eddie gave as he served his community; both as an employee of Pueblo of Isleta and as a tribal member.

We miss you Eddie!
Public Works Department Employees



Public Works
Maintenance Department



Public Works
Custodian Department



Public Works
Utility Department

Call, Text, or Message

988

For Mental Wellness

988 NM Crisis Support

988nmcrisissupport

<https://988nm.org/>

Reasons to call 988:

Need information or referrals for local community services?

Feeling sad, confused, or angry?

Worried about your safety or someone you know?

Service member or veteran & their families in need.

Worried about alcohol or drug use or abuse.

Have something on your mind that you want to talk over.

988 NM Crisis Support

988nmcrisissupport

<https://988nm.org/>

Acequia Madre Ditch Association

Members

ANNUAL DITCH CLEANING

Tentatively scheduled for March 11, 2023

Ditch work will commence at 8:00 a.m. in front of the Governor's Office.

Ditch dues will be collected by the Treasurer prior to commencement of work. Dues have been established at the rate of \$15.00 per member participating day of and \$60.00 assessment fee for members who do not participate in ditch work. All members are encouraged to pay their dues timely.

For more information, you can contact

-Warren Edaakie – Head Mayordomo,
Phone Number (505) 850-4993

-Clint Lente – Assistant Mayordomo,
Phone Number (505) 480-7556

-Diego G. Lujan – Treasurer,
Phone Number (505) 238-8826

Public Works Department

SEPTIC SYSTEM INFORMATION – PROTECT YOUR INVESTMENT

Your septic system consists of a service line, clean-outs, septic tank and leach field. The service line brings the sewage from your home to the septic tank. From the tank, the treated liquid will either gravity flow or be pumped to a leach field that disperses the liquid into the soil for further treatment and disposal. Any solids that enter the tank will fall to the bottom of the septic tank. These solids are necessary to help treat the incoming sewage. Pumping out the tank too frequently removes these solids and has an impact on the efficiency of the treatment process occurring inside the tank.

The Public Works Department has several systems that are currently failing. Some of the systems have leach fields that are over-saturated with water. Once the leach field is saturated, the soil cannot absorb any more liquid, resulting in over-flowing septic tanks and back-ups into the home.

One cause of this is plumbing fixtures inside the home that leak – sending clean water into the system. Constant flows from toilets can fill up a septic tank in a matter of days. Over time, so much water is wasted into the tank and leach field that the entire system fails. Once the system fails, the septic tank has to be emptied on a routine basis to prevent over-flowing. Each time the septic tanker has to empty the tank, a cost is incurred to the Pueblo.

All Tribal members need to be aware of any leaking fixtures in their homes. A lot of water is wasted from leaking fixtures and can quickly ruin a septic system or send higher flows into the treatment facilities. The cost to produce the drinking water and the cost to treat the wastewater goes up as water is utilized. If every resident takes the time to look for and repair the leaks in their homes, the Pueblo could save thousands of gallons of water each month, lowering the cost to provide you with drinking water and the cost to treat the wastewater.

There are approximately 50 septic tanks that are currently being pumped out on a routine basis. Problems with the systems are due to the age of the leach field or tank, some leach lines are packed with tree roots and some systems have been damaged by being repeatedly run over, equipment parked on top of them, and buildings built on top of the tank and/or leach fields.

Homeowners need to know where their septic tank is at, where the leach field is and avoid building anything on top of, or close to, any of these structures. Do not park on top of your tank (you can crush the tank), do not drive over the service line, tank or leach field as this causes damage to the system that can cost thousands of dollars in repair work.

Take care of your system to prevent damage. Do not plant trees anywhere near your septic system. Tree roots grow inside the pipes, creating blockages; the roots spread throughout your septic tank, growing and damaging your tank. Roots grow inside the piping that is part of your leach field, growing quickly and blocking the pipe or breaking the pipe, rendering the leach field in-operable.

If you have any questions, please call Public Works at 505-869-5170.

Isleta Pueblo News

Editor:

Nathaniel Lujan

Asst. Editor:

Diane Abeita

Published By:

Valencia Express

TRASH TALK ISLETA!



BAG ALL TRASH AND RECYCLABLES

PLEASE BAG RECYCLABLES IN CLEAR PLASTIC BAGS ONLY. PHOTO SHOWS A BAG FULL OF RECYCLABLES READY FOR PICKUP IN A CLEAR BAG. THIS WILL PREVENT THE MATERIAL FROM BEING AIRBORNE WHEN EMPTIED CAUSING LITTER.

PROPERLY BAGGED RECYCLABLES




IT'S WINDY SEASON

Let's Talk Trash Isleta! It is that time of the year, windy season. The Solid Waste Department wants to remind you to expect early closures at the Transfer Station on very high wind days and remind you to please bag all trash and recyclables for curbside pickup. We ask that you please do not come to the Transfer Station on very high wind days as we may close early. We do this for safety reasons as well as to KEEP ISLETA BEAUTIFUL. Lots of times trash is blown out of vehicles during transport and it litters our community, also this pollutes our range lands and can be harmful to cattle that may eat the trash. Poor visibility and dust can impair vision and cause damage to your eyes leading to accidents or injuries. This precaution is taken for your safety, livestock and community in mind, we appreciate your understanding and cooperation. (505)869-4106

KEEP ISLETA BEAUTIFUL!


TRASH TALK ISLETA!

PROPERLY SPACED CARTS INSURE SAFE SERVICE TO YOUR HOME AND PROPERTY.




IMPROPERLY SPACED CARTS CAN LEAD TO MISSED PICK-UPS.

PROPERLY SPACED



NOT SPACED PROPERLY



PROPER SPACING IS IMPORTANT

Let's talk trash Isleta! In this edition of Isleta Trash Talk, let's talk about proper spacing of your trash and recycle carts. It is important to place your carts out properly to avoid missed pick-ups. Above you we see photos of both properly and improperly spaced carts. The photo on the right illustrates carts that are not properly spaced. The claw of the truck does not have enough room to get in between the carts to pick them up. Please leave a minimum of 3 feet of room between other carts, mailboxes, low hanging trees, utility lines, fences etc. This will insure the drivers can safely access, empty and service your home. The photo on the left illustrates properly spaced carts. This allows the driver to provide you with safe curbside service. Your cooperation and understanding is greatly appreciated. (505)869-4106

KEEP ISLETA BEAUTIFUL!

TRUANCY

Greetings!

The Truancy Department has been busy this second semester of school. We have been working closely with Los Lunas Public Schools to monitor student's daily attendance. While some of our students continue to attend daily, others still struggle; these are the "after effects" of COVID. Our department has sent out over 180 1st notification letters and approximately 120 2nd notification letters to some of the students. In accordance to our Steps of Enforcement, we are obligated to notify families and start working with them to address the unexcused absences. Below is a reminder of these steps:

Steps of Enforcement

Third Absence

First notification letter will be sent to the address on file with the student's school. It is responsibility of the parent/guardian to contact the Truancy Department to discuss the three (3) unverified / unexcused absences *after* contacting the school.

Fifth Absence

A Second Notification letter will be sent to the address on file. It is the responsibility of the parent/guardian to contact the Truancy Department to discuss the five (5) unverified/ unexcused absences after contacting the school. The student and their parent/guardian will enter into a Truancy Attendance Contract.

Seventh Absence

Third notification letter will be sent to the address on file with the student's school; continued interventions and preventions will be offered at this time. Parent and student will be *mandated* to attend the Truancy Office Prevention Program (TOPP Presentation).

Tenth Absence

Final notification letter is sent to address on file with student's school. Attendance Contract modification will take place.

Peacemakers Program

Once both the parent and student agree upon utilizing the Peacemakers Program, the referral will be submitted to Tribal Court and a date will be set.

•After all interventions have been exhausted, a Truancy Petition will be filed in Tribal Court; all Truancy Petitions are filed on a case by case basis.

We continue to work with the Isleta Department of Education in offering support services to our students and their families. Although it seems repetitive, the students are receiving the support they need and are more willing to move forward with their education.

The Truancy Department continues to monitor those students with perfect attendance. Students attending Los Lunas Public Schools, Isleta Elementary School, the Native American Community Academy, Albuquerque Public Schools and School of Dreams Academy have the opportunity to receive perfect attendance incentives. Parents can call our office to let us know if their child has perfect attendance and we will confirm the information with the school their child attends. In order to do this, we will need to have a Student Release of Information on file with our office.

If you have any questions, please call our office and we will assist you with any questions.

Thank you,
Isleta Truancy Department

FISHING FRENZY

MARCH 3 -25
EVERY FRIDAY & SATURDAY
12PM - 8PM

DRAWINGS HELD EVERY TWO HOURS

\$2,500!

CHOOSE A LURE WITH A MATCHING TACKLE BOX FOR YOUR CHANCE TO WIN UP TO

EARN (1) ONE ENTRY FOR EVERY 10 POINTS EARNED ON SLOTS, TABLE GAMES AND BINGO

CROWD PLEASER

WIN UP TO \$2,000 EVERY WEEK!

100 people needed every Tuesday & Thursday in Bingo for one \$1000 winner each day. Receive an entry ticket based on the Bingo Pack you purchase.

MARCH 17 | 8PM
Los LONELY BOYS
TICKETS ON-SALE NOW AT ISLETA CASINO BOX OFFICE OR ISLETA.COM STARTING AT \$40

MAY 5 | 8PM
FELIPE ESPARZA
TICKETS ON-SALE NOW AT ISLETA CASINO BOX OFFICE OR ISLETA.COM STARTING AT \$30 21 & OVER SHOW

ISLETA RESORT & CASINO

NOW HIRING!

CAREER FAIR
WEDNESDAY, MARCH 15
10AM - 3PM • TRIPLE SEVENS

SELECTED FOOD & BEVERAGE POSITIONS FOR 18 YEARS & OLDER

On the Spot Interviews and Hiring!

Extremely competitive benefits including Health & Wellness, Free Employee Dining, Career Advancements, PTO to include birthdays and much more!

St. Patrick's Day
Corned Beef & Cabbage
Served with Braised Carrots, Potatoes and a Dinner Roll for **\$12.99**

Instagram Like Us On Follow Us On

isleta.com

ISLETA
resort + casino

Lets make our office **GREEN**

RECYCLE

OFFICE PRODUCTS

YES

OFFICE PAPER: MAGAZINES, NEWSPAPER, JUNK MAIL
PLASTIC BOTTLES
ALUMINUM CANS

NO

PIZZA BOXES
PAPER PLATES
PAPER TOWELS
PLASTICWARE

KEEP ISLETA BEAUTIFUL

REDUCE, REUSE, RECYCLE

Made with PosterMyWall.com

Isleta Health Center Optometry Department

Eye Health for Adults Over 60

See your eye doctor regularly!
First and most important, it is recommended that you have your eyes examined by an optometrist or ophthalmologist at least once per year. You will be screened for eye diseases such as glaucoma or macular degeneration. If these are identified early, you can work with your eye doctor to preserve your vision for many years to come.

Maintain a healthy lifestyle!
Conditions such as Diabetes and High Blood Pressure can affect your eyes. It is very important to work with your Primary Care Doctor to maintain healthy blood sugar and blood pressure. A healthy lifestyle not only helps the body, but also helps the eyes.

Use the right eye drops!
Dryness of the eyes is very common with age. It is recommended that you use eye drops for lubrication, also known as “artificial tears”. Avoid drops that say, “get the red out” as these can actually make the eyes feel more dry. Instead, look for drops that say “lubricating” or “moisturizing”. If you are not getting sufficient relief, talk to your eye doctor about other options.

Be aware of normal aging changes to your vision!
The eyes change with time. Driving at night and moving from dimly lit to well-lit areas become more difficult. Be extra cautious while driving, especially at night. You may also find that good quality lighting will improve your ability to read and do other near tasks.

Wear Sunglasses!
Good sunglasses with UVA/UVB protection will help to slow the progression of cataracts and other eye damage that can be caused by UV light. Wide-brimmed hats can also help to decrease the UV light that enters the eyes.

If you would like to schedule your routine eye exam appointment please give us a call at (505) 869-4080

Choose**MyPlate.gov**

- Balance calories in with exercise or calories burned
- Enjoy your food, but eat less
- Use a smaller plate, bowl, or glass
- Make half your plate fruits and vegetables
- Switch to fat free or 1% milk
- Eat more whole grains
- Eat foods lower in sodium (salt)
- Read food labels to compare fats, sugars, and sodium to make the best choice
- Eat more fruits and vegetables
- Eat less food with solid fat and added sugar (cakes, cookies, ice cream, candy, sweetened drinks, and fatty meats)
- Get more exercise (take the steps, park farther away, walk more)
- Drink water or milk instead of sugary drinks
- Vary your protein sources with low-fat meats, fish, and lots of plant proteins

EAT A BALANCED DIET

—

PREVENT WEIGHT GAIN

—

LOWER YOUR RISK OF DISEASE

—

BOOST YOUR IMMUNE SYSTEM

—

FUEL YOUR BRAIN!

PUEBLO OF ISLETA
WOMEN, INFANTS AND CHILDREN

4 Sagebrush St. SW
Albuquerque, NM 87105

MARCH IS NATIONAL NUTRITION MONTH

WIC OFFICE 505-869-2662

ISLETA ELDER CENTER - ADULT DAY SERVICES

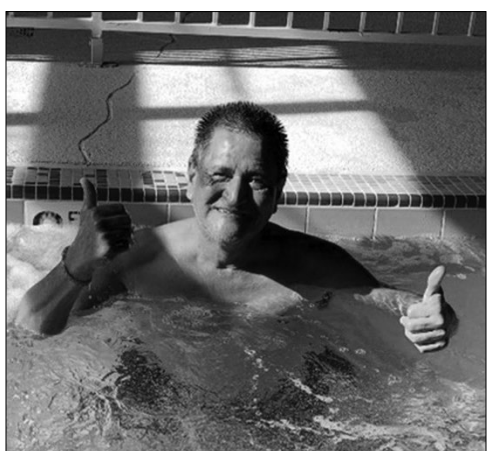
In celebration of National Heart Healthy month, the clients in Adult Day Services challenged themselves to make changes by keeping active for a heart healthy lifestyle.



Walking the treadmill to a steady pace.



Learning about chocolate in the Chocolate Museum.



Jacuzzi for muscle pain and relaxation.



Group exercise utilizing equipment in the Activities Room at the Elder Center



Using the arm machine to build upper Body strength.



Getting ready to tackle the treadmill.



Everybody does a switch on the equipment.



Watching a movie about the Serengeti in the Dynamax Theater



A game of corn hole, stretching the body



An ADS group nature walk around the Isleta Lake to see the ducks, geese and a porcupine.



Jenga helps with concentration and coordination



Studying the different shells which improves concentration.



Valentine’s Day laughter helps keep the heart young and healthy!

The POI Adult Day Service Program (for age 60+ years) supports the family in the care of their loved one Monday through Friday 8:30am to 3:30pm (transportation to and from home provided).

LET US HELP YOU IN THE CARE OF YOUR LOVED ONE

For more information you may contact Monica Gonzalez, Outreach Manager or Evangeline Lente, Adult Day Services Manager at (505) 869-9770.

ISLETA HEALTH CENTER

Health Education Presentation Request

If you would like the Isleta Health Center Staff to provide a presentation, please click on the link below and complete the form:

<https://forms.gle/8cN4DES6D6CJw95V9>

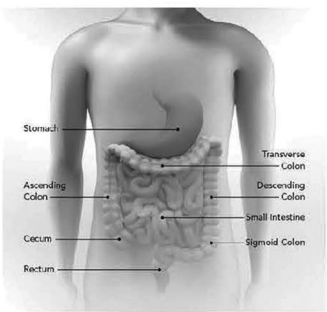
We will try our best to accommodate your needs, however, please understand there may be some limitations.

Please contact Stephanie Barela, (505) 869-4479 or stephanie.barela@islclinic.net if you have any questions.

Health Beat: Colorectal Cancer

Stephanie Barela, Health Educator, Stephanie.Barela@islclinic.net
www.CDC.gov www.uspreventiveservicestaskforce.org
Phone: 505-869-4479

March is Colorectal Cancer Awareness Month. This is a month to spread awareness of this disease in which cells in the colon or rectum grow out of control. The colon is the large intestine/bowel and the rectum is the passageway that connects the colon to the anus. Abnormal growths, called polyps, sometimes grow in this area. Over time, they can turn into cancer, which is why it is important to get screened to find and remove the polyps before they become cancer, or, if cancer has already formed, it is important to catch it early, as treatment works best in the early stages of cancer.



- Are you at risk to get Colorectal Cancer? There are some risk factors that make it more likely for you to get colorectal cancer that you cannot do anything about, such as:
- Age (as you age the risk increases)
 - Inflammatory bowel disease such as Crohn’s disease or ulcerative colitis.
 - A personal or family history of colorectal cancer or colorectal polyps.
 - A genetic syndrome such as familial adenomatous polyposis (FAP), external icon or hereditary non-polyposis colorectal cancer (Lynch syndrome).

However, there are also some lifestyle factors that put you more at risk for this disease and these lifestyle factors you can change, to bring down your risk. These factors are:

RISK: Eat a diet low in fruit & veggies.	WHAT TO DO: Eat more Fruits and Vegetables.
RISK: A low-fiber, high-fat diet, high in processed meats.	WHAT TO DO: Eat a low-fat, high fiber diet and stay away from processed meats.
RISK: Overweight and obesity.	WHAT TO DO: Get active and eat healthier.
RISK: Alcohol consumption.	WHAT TO DO: Limit your alcohol consumption. Contact Isleta B’eeh K’ooee Wellness Center to help (505-869-5475).
RISK: Use commercial tobacco user.	WHAT TO DO: Quit commercial tobacco use. Contact Isleta Health Center Health Educator, Stephanie Barela, to help you quit (505-869-4479).

Many cancers affect both men and women and of these cancers colorectal cancer is the **3rd leading cancer killer** in the United States, according to the American Cancer Society. The sad thing is, **it does not have to be**, because as mentioned above, there is a screening you can get to catch the abnormal growths, known as, polyps, before they become cancer. According to the CDC, about nine out of every 10 people whose colorectal cancers are found early and treated appropriately are still alive five years later. This is why it is so important to get screened!

The exciting new news is that that recently the US Preventive Services Taskforce began recommending screening for colorectal cancer in adults aged 45 to 75 years. Previously it was age 50-75, which is great to hear because the earlier you catch it the better. So, if you are 45 years old or older, **get screened now**. If you think you may be at increased risk for colorectal cancer, speak with your provider about when to begin screening, which test is right for you, and how often to get tested.

Isleta Health Center

Health Fiesta

Date Change

Friday, May 12, 2023

4:30 PM-6:30 PM

Isleta Health Center

Offering the Isleta Community

A Wealth of Health Information,

Early Detection, Screenings, and









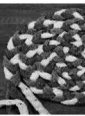





more!

See what programs in Isleta

have to offer!

- Win Prizes
- Food & More!


Please contact with any questions
Stephanie Barela @ 505-869-4479
Stephanie.Barela@islclinic.net

<div><div>*ACTIVITIES SUBJECT TO CHANGE</div><div>PUEBLO OF ISLETA ELDER CENTER</div><div>ACTIVITY CALENDAR</div></div> <div></div> <div>MARCH</div> <div></div>				
MONDAY	TUESDAY	WEDNESDAY	THURDAY	FRIDAY
<div>ISLETA ELDER CENTER</div> <div>505-869-9770</div> <div>MONDAY- FRIDAY</div> <div>8:00AM - 4:30PM</div>		1	2	3
		PICKLEBALL & CORNHOLE 9am -12pm POI Recreation Center	SHOPPING 9am - 2:30pm Wal-Mart Golden Corral 	YOGA -10a -? POI Recreation Center WREATH CRAFTS 1pm - 3pm Elder Center/Activities Room
6	7	8	9	10
SWIMMING POOL 9am - 12pm POI Recreation Center Movie Day- 1p - 3p	 Exercise - 10am - 12pm Elder Center/Activities Room SHAMROCK MASON JAR 1pm - 3pm	SHUFFLEBOARD 9a - 12p POI Recreation Center	 MASS 11:30am Elder Center Dining Room	HAAK'U MUSEUM LUNCH @ SKY CITY CULTURAL CENTER 10am - 3pm
13	14	15	16	17
SHAMROCKS hand made crafts 10am - 3pm Activities Room 	CORNHOLE 9a - 12p POI Recreation Center SWEETS TREATS CRAFT ACTIVITIES 1pm - 3 pm	GENERAL MEETING Commodities Distribution 9am - 11am Topic: Porbate & Constitution 1pm - 3pm	Fall Prevention presentation by Cindy Brown Activities room 1pm - 2pm	ST. PATRICK'S DAY IRISH CRAFT DECORATING CONTEST -10am - 12pm DANCE & GAMES. 1pm - 3PM  
20	21	22	23	24
 WALKING SESSION 10am - 12pm Elder Center/Activities Room TOWEL MATS - 1pm - 3pm Activities Room	Exercise - 10am - 12pm Elder Center/Activities Room Cup cakes & Cookies Decorating 1pm-3pm Activities Room	 1pm - 3pm Activities Room	SHUFFLEBOARD - 9a - 12p POI Recreation Center Cup cakes & Cookies Decorating 1pm-3pm Activities Room	 BUBBLE PAINTING 1pm - 3pm
27	28	Join us for lunch-Served Monday-Friday 12pm-1pm		
SHUFFLEBOARD 9AM - 12PM POI Recreation Center	BIRTHDAY CELEBRATION  Cup cakes & Cookies Decorating 1pm-3pm Activities Room	 Call or Visit the Elder Center to Sign up for Activities in Advance. All Activities are on a first-come-first-serve basis. Activities are open to everyone age 50+ unless otherwise noted. * CLOSED FOR ALL MAJOR HOLIDAY'S. 		

Greeting Pueblo of Isleta Community!

The Health Center is in the final stages of preparation for the Accreditation Association for Ambulatory Health Care Site visit.

Please read the formal announcement and look for community wide correspondence to assist us in our readiness in the coming weeks.



2

Notice of Accreditation Survey

Name of Organization: Isleta Health Center

☐ This is an Unannounced survey, or

☒ The Survey date(s) are: Wed. April 26, 2023 & Thurs. April 27, 2023

The above-named organization has voluntarily requested this accreditation survey as a means of having a third-party review of the entire organization to build upon strengths or identify opportunities to improve its delivery of safe, high-quality health care. The survey will evaluate the organization's compliance with AAAHC Standards for ambulatory health care organizations and to determine if accreditation should be awarded to, or retained by, this organization.

Members of the general public, patients, and individuals on the staff of this organization, believing that they have relevant and valid information about this organization's provision of health care or compliance with AAAHC Standards, may request to present this information to AAAHC surveyors at the time of the survey or may communicate such information in writing or by telephone to the AAAHC office.

All information received from identified individuals at or prior to the survey will be considered in making the accreditation decision. The information presented will not be debated with the reporting individual. Requests for presentation must be received at least two weeks prior to the survey in order to allow sufficient time to schedule presentations.


A request to present or report information may be communicated in writing by mail to the address below; email to feedback@aaahc.org; or by telephone as listed below.

Accreditation Association for Ambulatory Health Care, Inc.
5250 Old Orchard Road, Suite 200 Skokie,
IL 60077
Telephone: 847.853.6060
FAX: 847.853.9028

This Notice of Accreditation Survey is posted in accordance with AAAHC requirements, and may not be removed until after the survey has concluded, or until it has been posted for 30 days if the survey ends prior to that period.

Date This Notice Was Posted: Wednesday, February 15, 2023


Staff Name: Dominic Trujillo Title: QI/IRM Coordinator




We are looking for any Cancer Survivors to Speak on the Isleta Cancer Survivors Day Panel in May.

Share your experience and help educate people on the importance of getting screened for cancer.

Please Contact Isleta Health Center Health Educator,
Stephanie Barela, 505-869-4479 or
email at Stephanie.Barela@islclinic.net.



Thinking About Quitting



Have you been Thinking About Quitting?

Now is the time to act and

Quit your Nicotine Habit for Good!

Take this 1 time, 1 on 1, 90 minute session over the phone or in person at the Isleta Health Center, to increase your motivation to quit and to get some Tips and Tricks to help you do Quit for Good!

Call Stephanie, Health Educator
@ 869-4479 to learn more

March

Monday	Tuesday	Wednesday	Thursday	Friday
		3/1/2023	3/2/2023	3/3/2023
		Green Chile Cheeseburger	Unstuffed Eggroll	Lemon Pepper Salmon
Portion Size: *Meat or Alternative - 3oz. Cooked, *Vegetable & Fruits - 1/2 Cup Serving Each * 1/2pt. Milk * All menus provide 1/3 of the daily Recommended Allowance Please call by 9 AM to cancel Home Delivered Meals. Thank you.		Beef Patty 3oz Green Chile 1oz French Fries 1/4c Slice Cheese 1oz Garnish 2oz Fresh Fruit	Ground Pork 3oz Coleslaw Mix 1/2c Stir Fry Vegetable 1/2c Wonton Strips Fresh Fruit	Salmon 4oz Rice Pilaf 1/4c Parmesan Green Beans 1/2c Tartar Sauce 1oz Vanilla Pudding
3/6/2023	3/7/2023	3/8/2023	3/9/2023	3/10/2023
Turkey Chile Beans	Breakfast for Lunch	Pork Fried Rice	Sloppy Joe	Cheese Ravioli
Ground Turkey 3oz Kidney Beans 1/4c Diced Tomatoes 1/2c Bell Peppers 1/2c Crackers Fresh Fruit	Cheesy Scrambled Eggs 2oz Sausage Patty 3oz O'Brien Potatoes 1/4c Slice Toast Fruit Cup 1/2c	Diced Pork 3oz Steamed Rice 1/4c Peas & Carrots 1/2c Fortune Cookie Low Sodium Soy Sauce 1oz	Ground Beef 3oz Sloppy Joe Sauce 1/4c Hamburger Bun Sweet Potato Tots 1/2c Corn on Cob Fresh Fruit	Cheese Ravioli 3oz Marinara Sauce 1/2c Steamed Carrots/Green Beans 1/2c Jell-O w/Fruit 1/2c
3/13/2023	3/14/2023	3/15/2023	3/16/2023	3/17/2023
Salisbury Steak	Smothered Burrito	Turkey Pot Pie	Glazed Baked Ham	Frito Pie
Salisbury Steak 4oz Mashed Potato 1/4c Gravy 1oz Green Beans 1/2c Fresh Fruit	Beef Burrito 3oz Cheese 1oz Red Chile 1oz Corn & Zucchini 1/2c Fresh Fruit	Diced Turkey 3oz 5 way Vegetable 1/2c Pastry Puff Fruit cup	Ham 3oz Scalloped Potatoes 1/2c Bacon Brussels Sprouts 1/2c Gravy 1oz Fresh Fruit	Beans 1c Red Chile 2oz Shredded Cheese 1oz Garnish 2oz Fritos 2oz
3/20/2023	3/21/2023	3/22/2023	3/23/2023	3/24/2023
Macaroni Soup	Glazed Baked Chicken	BBQ Pulled Pork	Chicken Caesar Salad Warp	Barley Soup
Ground Beef 3oz Macaroni 1/2c Stewed Tomato 1/2c Oyster Crackers Fresh Fruit	Chicken Thigh 3oz Green beans w/Bacon 1/2c Steamed Rice 1/4c Fruit Cup	Pulled Pork 3oz BBQ Sauce 1oz Hamburger Bun Potato Salad 1/2c Chips 2oz Fresh Fruit	Chicken Tenders 3oz Romaine Lettuce 1oz Parmesan Cheese 1oz Light Caesar Dressing 1oz Tortilla Carrot Salad 1/2c	Barley 1/2c 5way Vegetable 1c Crackers 2ea Fresh Fruit
3/27/2023	3/28/2023	3/29/2023	3/30/2023	3/31/2023
Chicken & Rice	Taco Burgers	Chicken Alfredo	Pork Loin	Baked Cod
Diced Chicken 3oz Rice 1/2c Green Chile 2oz Carrots 1/2c Oyster Crackers Fresh Fruit	Beef Patty 3oz Squash w/Corn 1/2c Green Chile Sauce 1oz Garnish 2oz Taco Shell Fresh Fruit	Grilled Chicken Strips 3oz Penne Pasta 1/2c Alfredo Sauce 2oz Italian Vegetable 1/2c Garlic Toast	Pork Loin 3oz Broccoli 1c Gravy 1oz Dinner Roll Mixed Melon 1/2c	Cod 4oz Sweet Potato Tots 1/4c Carrots 1/2c Tartar Sauce 2oz Fresh Fruit
*****Menus are subject to change without notice, based on the availability of products.*****				

New Mexico Department of Health
WIC & Senior Farmers Market Program
2040 South Pacheco St.
Santa Fe, NM 87505

Program phone Number: 505-469-0548
Email: doh.fmnp@doh.nm.gov

or go to the following website
www.nmwic.org/farmers-market-nutrition/farmers-market-locations/

Farmers Market Locations
Scan QR code with your phone's camera

NEW MEXICO

FARMERS MARKET NUTRITION PROGRAM

Serving ★ Seniors and WIC participants

Katrina Trancosa (505) 869-9770 Ext. 9336

Who Has an Addiction

Families share experience, strength, and hope at Al-non meetings. These meetings teach you how to stop “enabling”. The word enabling means “allowing, permitting, or aiding” the alcoholic/addict to stay in their sickness and enabling keeps you, the family, trapped in the problem. Enabling can make you physically and emotionally sick and cause increased stress with you and your home environment. Addiction is not something that affects just the alcoholic/addict but has a negative impact on the entire family and the community.

No one wants their adult family member to suffer with an addiction and your intentions to help are out of love and concern. When enabling turns into an intervention, things begin to change. It is time to take your focus off the adult family member's addiction and place it onto yourself and your family. You regain power to make meaningful choices about what you will do and what you won't do. Enabling does not teach responsibility.

You can contact Al-non at (505) 262-2177 and find out the nearest location from your community to attend, (*IBHS does not provide transportation*).

Isleta Health Center - Behavioral Health

LUCILLE JOJOLA

The family of Lucille Jojola would like to thank everyone for their condolences and prayers. A special thank you to those who assisted the family during funeral services.

Lucille was active with Isleta Adult Day Services. She looked forward to field trips and her goal was to not miss a day. The family is grateful to all the wonderful people at the Isleta Health Center and Personal Care. She truly valued the friendship gained with everyone within these programs.

One of her greatest joys was watching her nieces and nephews grow. She will be dearly missed by her Jojola & Hunt Family.



A Big Shout Out to The
Isleta Head start and Child Care Program

The Isleta Elder Center reached out to the department for Donations of Gift Cards, which were used as Bingo, Valentine Walk (cake walk), Valentine Decorating Contest. This event was for The Valentine Carnival which was celebrated on Valentine’s Day. The Pueblo of Isleta Elders are very thankful. They all Wish you all a Long healthy life, along with your families.



Who is Eligible?

WIC Eligible Participants

- Pregnant Woman or had a pregnancy end in the past six months.
- Woman who are breastfeeding infants less than 1 year old
- Infants 6 months to 1 year old
- Children from 1 year old through age 5

Call your local WIC clinic and ask about the Farmers Market Program

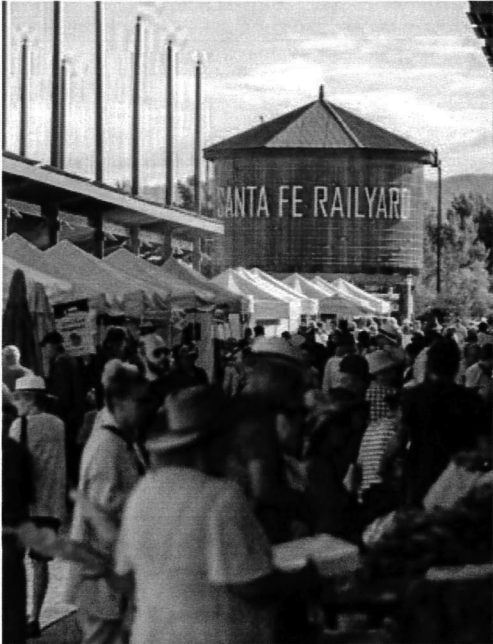
Senior Participants

- Are you 60 and older (Non-Native American)?
- Are you 55 and older (Native-American)?
- Are you currently on any of the following programs?
 - NM SNAP (Food Stamps)
 - TEFAP (Temporary Food Assistance)
 - CSFP (Commodity Food Programs-Echo, Loaves & Fishes or Salvation Army)

If you answered **YES** to any of the above, you automatically qualify.

If you are not on any of the above programs, you may qualify by your age and income.

please contact our office at the
505-469-0548 or doh.fmnp@doh.nm.gov



ABOUT US

We are a NM Department of Health-WIC program, that promotes a healthy lifestyle to you as a participant, so you may:

- Enjoy your food, but eat less,
- Make half your plate fruits and vegetables,
- Assist with reducing your intake of sugary drinks by drinking water instead, and
- Increase your physical activity

By providing, State & Federal benefits (FMNP, SFMNP, FMNEP) to eligible WIC and Senior Participants in New Mexico to purchase locally grown:

Fresh fruits
Vegetables
Herbs
(Honey-Seniors only)

From authorized NM farmers at farmers' markets, mobile markets, roadside stand or farm stores

U.S. Dietary Guidelines for Americans
"This institution is an equal opportunity provider."

How do you use the Mobile app or Shopper card?

Mobile App


1. Download the **SoliMarket Shopper App** (not SoliMarket Register) from your play store or apple app store.
2. Locate email from **SoliMarket (Must sign-up with WIC office first)**
 - Gmail accounts look in Promotions
3. Open Mobile App
 - Enter email (email must be exact) and 4-digit code from SoliMarket email
4. Change Pin code
 - Go to Account Icon, click on change password
5. **How to check out with vendor**
 - Inform vendor you are paying with WIC Mobile app
 - Click on **CHECKOUT** once you are ready to checkout with vendor (not prior, as app will time out)
 - Vendor will scan QR code

(DO NOT CLOSE APP)

 - **You must approve the transaction on your phone.**

Shopper Card

1. Inform vendor you are paying with WIC Shopper Card
2. You may ask vendor for your balance
3. Provide card to vendor to checkout
4. Vendor will scan QR code
5. 4-digit pin provided is used to approve transaction on vendor phone or tablet.





Pueblo of Isleta
Head Start, Early Head Start, and Child Care Center
2 Sagebrush Street, Albuquerque, NM 87105
(505) 869-9796



March 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

March 8, 2023: Mini Explora Family Night at 5:30pm at the Center

March 13th– March 17th, 2023: Spring Break (NO SCHOOL)

March 28, 2023– Parent Committee @ 5:30pm

*Policy Council Meeting TBD

What's going on in Classroom A- Early Head Start?

The children and their families did an amazing job on their Valentine boxes. The children were excited to present them in our little group. They were also happy to distribute Valentine cards to the peers by placing it in the boxes. The children are learning how to say their peers name in both English and in Tiwa. They are happy to greet each other every morning with high fives, knuckles, or a hug.



A.A.

**WE HAVE MOVED THE ISLETA TIWA
AA MEETING TO:**

**B’EEH-K’OO-EE WELLNESS TRAINING
CENTER**

**(01 SAGEBRUSH ST. SW
ALBUQUERQUE, NM 87105)**

OUR MEETINGS ARE GOING WELL.

KEEP COMING BACK.

**PLEASE, DO NOT LEAVE UNTIL THE
MIRACLE HAPPENS!**

(ANY QUESTION CALL 505-907-5994)

WHAT IS GRIEF?

Grief is the natural reaction to loss. While everyone experiences some form of grief and loss, it is also an intensely personal experience. It is the emotional suffering we feel when we lose something or someone we love. The pain of the loss can feel overwhelming and we may suddenly experience unexpected emotions from shock or anger to disbelief, guilt, and deep sadness. The pain of grief is not limited to our emotional suffering but our physical health can also suffer, making it difficult to sleep, eat, or even think straight. These are common reactions to loss—and the more significant the loss, the more intense our grief will be.

Many are enduring losses during this challenging time of the Pandemic. While we usually associate grief with the death of a loved one, any loss can cause grief, including:

- Divorce or relationship breakup
- Loss of health
- Loss of a job
- Loss of financial stability
- A miscarriage
- Retirement
- Death of a pet
- Loss of a cherished dream
- Serious illness of a loved one
- Loss of a friendship
- Loss of safety after a trauma
- Selling or moving away from the family home

Whatever the cause of the grief, there are healthy ways to cope with the pain that, in time, can ease our sadness and help us come to terms with our loss, find new meaning, and eventually move on with our lives.

- Seek help if you:**
1. Feel like life isn’t worth living
 2. Wish you had died with your loved one
 3. Blame yourself for the loss or for failing to prevent it
 4. Feel numb and disconnected from others for more than a few weeks
 5. Are having difficulty trusting others since your loss
 6. Are unable to perform your regular daily activities

Call Isleta Behavioral Health Clinic at 869-5475



2023 Meeting Schedule (Tentative)

Isleta Health Support Group

1pm-2:30pm on or 5:00pm-6:30pm
Alternating Months

*Meetings usually change time every other session, from 1-2:30pm to 5pm-6:30pm TENTATIVE SCHEDULE

DATE	TOPIC	SPEAKER	LOCATION
1/10/2023 5-6:30	Evening Session A Bright Smile Never Ages	Alice Pecos Native American Professional Parent Resources (NAPPR)	Isleta Health Center KITCHEN Enter through the Gate on Southside-2 nd door on Right
2/24/23 9:30-12pm	10 th Annual Go Red For Native Women Heart Health Summit American Heart Association		Isleta Health Center B'eeh K'ooee Activity Center
📍 Contact Stephanie at 869-4479 to register for Heart Health Summit 📍			
3/14/2023 5pm – 6:30pm	EVENING SESSION Indoor Air Quality	Heaven Lucero Isleta Environmental Dept.	Isleta Health Center Large Conference Room 2 nd Door on the North Side
4/11/2023 1pm – 2:30pm	Fit at Any Size	Suzanne Porter-Bolten	Tentatively at the Isleta Elders Center (?)
Date to be Determined 5pm-7:30pm	8 th Annual Isleta Cancer Survivors Day Event	Bubble Blow/Survivor Celebration/Survivor Panel	To be Determined
6/13/2023 1pm-2:30pm	Climate Change	Stephanie Moraga-McHaley Renee Volker-Rector NMDOH	Tentatively at the Isleta Elders Center (?)
7/11/2023 5pm-6:30pm	EVENING SESSION Patient Advocacy and Navigating Care Choices	Cindy Brown Senior One	Isleta Health Center Large Conference Room 2 nd Door on the North Side
8/8/2023 1pm-2:30pm	Care for the Caregivers	Deb Openden Openden Associates	Tentatively at the Isleta Elders Center (?)
9/12/2023 5pm – 6:30pm	EVENING SESSION Power of Attorney/ Advanced Directives	Feliz Martone Martone Law office	Isleta Health Center Large Conference Room 2 nd Door on the North Side
10/10/2023 1pm-2:30pm	13yr Anniversary Celebration of Group Established October 2010	Sara Ukeiley (she, her, hers) Director, Blood Pressure Self- Monitoring Program	Tentatively at the Isleta Elders Center (?)
11/14/2023 5pm-6:30pm	EVENING SESSION ThinkFirst Prevention	Helen Sisneros, BS, Trauma Support Program Coord. ThinkFirst NM Director	Isleta Health Center Large Conference Room 2 nd Door on the North Side
12/12/23 1pm-2:30pm	Alzheimer's and Dementia	Cindy Brown Senior One	Tentatively at the Isleta Elders Center (?)

Topics are subject to change.
EVERYONE WELCOME
Sessions are in person, but can be
Virtual, if interested, please call.

Contact Stephanie Barela to sign up
And to learn more!
Phone: 869-4479
Email: stephanie.barela@islclinic.net

MARCH ²⁰²³ ISLETA HEALTH CENTER Questions? Call 869-3200					
SAT/SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<div>National Colorectal Cancer Awareness Month</div>	<div>National Kidney Month</div>	<div>1 The Ripple Effect : 4:30 - 7:30pm For more information please call: 869-5475 Isleta Youth Wellness Program: 4:30-6pm For more information call: 869-5475 Adjusting to Grief & Loss Grp: 2:00-3:30pm @IHC Training Ctr. For more information call 869-5475. Diabetes Wellness Center Open: 4:30-7:00pm</div>	<div>2 <div>CLINIC OPENS AT 9:50am</div> Isleta Youth Wellness Program: 4:30-6pm For more information please call: 869-5475 Diabetes Wellness Center Open: 4:30-7:00pm</div>	<div>3 Wellbriety Group: 4:30-5:30pm @IHC Training Center, For more Information please call: 869-5475</div>
4/5	<div>6 The Ripple Effect : 4:30 - 7:30pm For more information please call: 869-5475 Power Source: 3:30-4:30pm For more information call: 869-5475 Sewing Class 5:00-7:00pm @ IHC Training Center For more information call: 869-5475</div>	<div>7 The Ripple Effect : 4:30 - 7:30pm For more information please call: 869-5475 Isleta Youth Wellness Program: 4:30-6pm For more information call: 869-5475 Diabetes Wellness Center Open: 4:30-7:00pm</div>	<div>8 The Ripple Effect : 4:30 - 7:30pm For more information please call: 869-5475 Isleta Youth Wellness Program: 4:30-6pm For more information call: 869-5475 Adjusting to Grief & Loss Grp: 2:00-3:30pm @IHC Training Ctr. For more information call 869-5475. Diabetes Wellness Center Open: 4:30-7:00pm</div>	<div>9 <div>CLINIC OPENS AT 9:50am</div> Isleta Youth Wellness Program: 4:30-6pm For more information please call: 869-5475 Isleta Tiwa AA Meeting: 6:00-7:00pm @ B'eeh-K'oo-ee Wellness Center Diabetes Wellness Center Open: 4:30-7:00pm</div>	<div>10 Wellbriety Group: 4:30-5:30pm @IHC Training Center, For more Information please call: 869-5475</div>
11/12	<div>13 The Ripple Effect : 4:30 - 7:30pm For more information please call: 869-5475 Power Source: 3:30-4:30pm For more information call: 869-5475 Sewing Class 5:00-7:00pm @ IHC Training Center For more information call: 869-5475 Diabetes Wellness Center Open: 4:30-7:00pm</div>	<div>14 The Ripple Effect : 4:30 - 7:30pm For more information please call: 869-5475 Isleta Youth Wellness Program: 4:30-6pm For more information call: 869-5475 Diabetes Wellness Center Open: 4:30-7:00pm</div>	<div>15 The Ripple Effect : 4:30 - 7:30pm For more information please call: 869-5475 Isleta Youth Wellness Program: 4:30-6pm For more information call: 869-5475 Adjusting to Grief & Loss Grp: 2:00-3:30pm @IHC Training Ctr. For more information call 869-5475. Diabetes Wellness Center Open: 4:30-7:00pm</div>	<div>16 <div>CLINIC OPENS AT 9:50am</div> Isleta Youth Wellness Program: 4:30-6pm For more information please call: 869-5475 Isleta Tiwa AA Meeting: 6:00-7:00pm @ B'eeh-K'oo-ee Wellness Center Diabetes Wellness Center Open: 4:30-7:00pm</div>	<div>17 Wellbriety Group: 4:30-5:30pm @IHC Training Center, For more Information please call: 869-5475</div> <div><div>HAPPY</div><div>St. Patrick's</div><div>DAY</div></div>
18/19	<div>20 The Ripple Effect : 4:30 - 7:30pm For more information please call: 869-5475 Power Source: 3:30-4:30pm For more information call: 869-5475 Sewing Class 5:00-7:00pm @ IHC Training Center For more information call: 869-5475 National Native American HIV/AIDS Awareness Day Have you been tested lately?</div>	<div>21 The Ripple Effect : 4:30 - 7:30pm For more information please call: 869-5475 Isleta Youth Wellness Program: 4:30-6pm For more information please call: 869-5475</div>	<div>22 The Ripple Effect : 4:30 - 7:30pm For more information please call: 869-5475 Isleta Youth Wellness Program: 4:30-6pm For more information call: 869-5475 Adjusting to Grief & Loss Grp: 2:00-3:30pm @IHC Training Ctr. For more information call 869-5475.</div>	<div>23 <div>CLINIC OPENS AT 9:50am</div> Isleta Youth Wellness Program: 4:30-6pm For more information please call: 869-5475 Isleta Tiwa AA Meeting: 6:00-7:00pm @ B'eeh-K'oo-ee Wellness Center</div>	<div>24 Wellbriety Group: 4:30-5:30pm @IHC Training Center, For more Information please call: 869-5475</div>
		National	Poison	Prevention	Week
25/26	<div>27 The Ripple Effect : 4:30 - 7:30pm For more information please call: 869-5475 Power Source: 3:30-4:30pm For more information please call: 869-5475 Sewing Class 5:00-7:00pm @IHC Training Center For more information call: 869-5475</div>	<div>28 The Ripple Effect : 4:30 - 7:30pm For more information please call: 869-5475 Isleta Youth Wellness Program: 4:30-6pm For more information please call: 869-5475</div>	<div>29 The Ripple Effect : 4:30 - 7:30pm For more information please call: 869-5475 Isleta Youth Wellness Program: 4:30-6pm For more information call: 869-5475 Adjusting to Grief & Loss Grp: 2:00-3:30pm @IHC Training Ctr. For more information call 869-5475.</div>	<div>30 Isleta Youth Wellness Program: 4:30-6pm For more information please call: 869-5475 Isleta Tiwa AA Meeting: 6:00-7:00pm @ B'eeh-K'oo-ee Wellness Center</div>	<div>31 Wellbriety Group: 4:30-5:30pm @IHC Training Center, For more Information please call: 869-5475</div> <div>DPP=Diabetes Prevention Program: 869-4595</div> <div>BHS=Behavioral Health Services : 869-5475</div>

ISLETA HEALTH SUPPORT GROUP

Our Goal: Provide health education and peer support to people impacted by chronic health concerns, to empower with knowledge & support, in order to strengthen the health of the community.

Indoor Air Quality

Isleta Environmental Dept, Heaven Lucero

Tuesday, March 13, 2023

5pm-6:30pm

LOCATION: Isleta Health Center Conference Room

(Enter on the North Side of the Building [Facing Albuquerque] on the 2nd door)

Meet in Person: Isleta Health Center Conference Room

Or If interested in Virtual, please call.

PRIZES

ALL WELCOME!

JOIN US!

EVERYONE WELOCME!

Learn about Chronic Disease, Get Support and Be Empowered!

Contact Stephanie Barela, Isleta Health Educator

(505) 869-4479 | Stephanie.Barela@islclinic.net

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Grocery BINGO NIGHT

PINK TRAINING CENTER
(Isleta Health Center)

Tuesday, March 14, 2023

5:30PM-start time

20 spots available

First Come, First Served Basis

Call now to sign-up 505-869-4595

Grocery Baskets will be awarded to winners

Sponsored by Pueblo of Isleta Diabetes Prevention Programs