



# Isleta Pueblo News

Volume 18 Issue 7

Pueblo of Isleta website: [www.isletapueblo.com](http://www.isletapueblo.com)

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July 2023

## Governor’s Report

Maguwam,

I want to continue to wish the entire community a nice safe and healthy month as we approach into Summer! We would like to remind the community to continue to practice the safety protocols and continuing to keep our COVID numbers low.

I would like to take this time to thank our families, St. Augustine church, our community, POI departments and volunteers who came together to make Governor’s feast day happen. We could not have done this without you and your help! We pray that St. Augustine will continue to bless us with strong crops and a good harvest this year.

As we approach into July and in celebration of July 4th, we would like to inform everyone to be safe and to abide by all orders in place for firework users.

I am excited to mention that the Chical Little Leagues field on Tribal Road 10, continue to make progress. We are currently waiting for a light fixture, and

we expect the lights will be running in a couple of weeks. The next phase has begun with the concession building with a kitchen, restrooms and a storage unit. This projection is 20% complete for the Chical field. We are going to be starting with laying dirt in 2-3 weeks by the Minor and Major softball fields. Once the dirt is set, they will start with the concession building with kitchen, restrooms, and storage units. We ask you are careful around these areas as the facilities are undergoing these improvements.

I am aware of the current situation with the increase of the mosquitos in the surrounding areas. The pueblo does intend to provide mosquito control in the parks and recreation areas only. We are currently waiting on bids from outside vendors. Keep in mind there is not a possibility we are able to kill all mosquitos, we strongly encourage you to continue with utilizing insect repellent when outdoors.

Moonlight Drive Extension Project – This project has been awarded and is

scheduled to start construction July 10, 2023. The construction project will involve the extension of existing Moonlight Drive to a new intersection of Moonlight Drive with NM314. This project will include two roundabouts, curb & gutter, sidewalk, a multiuse trail asphalt surfacing, waterline, sewer lines and storm drains. The project will be new roadway construction and there will be a traffic control plan for the access of Palace West Casino that will reopen in the beginning of July. Construction is expected to last 6 months. The area will be restricted access and we ask that when construction starts to please avoid driving, biking, walking and jogging in the area under construction for your safety and the safety of the construction workers.

Last, I want to send my condolences to the families of those who have lost their family members during the month of June.

Ha-Wuh  
Max A. Zuni  
Governor  
Pueblo of Isleta

## ENVIRONMENT

### Monthly surface water quality results

E. coli bacteria in MPN/100 ml by POI Sample Location*	Date of collection							
	2022			2023				
	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May
South Boundary	435	1274	456	866	235	134	20	41
240 Wasteway	261	1421	344	727	272	52	63	10
Indian Interior Drain @ 240 Wasteway	46	84	7	8	8	52	42	39
NM 147	209	546	396	360	167	85	98	20
Black Bridge	104	238	488	141	73	63	41	86
Northern Boundary near Isleta Lakes	228	543	178	161	125	10	41	63
Albuquerque Riverside Drain	70	27	52	64	8	24	5	157
Two sample locations, irrigation season only								
Acequia Madre near Northern Boundary	73	272	-	-	-	64	93	104
Butte Lateral near Interstate-25	-	48	-	-	-	216	62	131

*\*Water quality samples are collected from the Rio Grande except Indian Interior Drain at 240 Wasteway, Albuquerque Riverside Drain, and the irrigation locations. - Dash in data table indicates sample not collected. “MPN” is a unit of measure that stands for most probable number. MPN is equivalent to colony forming units (“CFU”).*

The Pueblo of Isleta’s most stringent surface water quality standard for E. coli bacteria is 88 MPN/100 ml at all times and at all flow rates.

By Order of the Governor, the Rio Grande is closed for fishing. The reason for closure is for the safety of our community. We have been blessed with a good spring runoff. Be aware that bacteria concentrations in the Rio Grande typically spike or rise to unsafe levels following storm events and high water levels in tributaries upstream. Please watch signage at the NM 147 bridge. Governor will lift the closure order when the Rio Grande is safe.

#### Notes regarding surface water quality sampling:

On September 30, 2022 one sampling event was conducted to measure the concentration of pesticides and herbicides at 4 sample locations: the drain near NM 45 and Interstate 25, Atrisco Riverside Drain, NM 147 and the Albuquerque Riverside Drain near the Northern Boundary. All results were non-detect.

Irrigation waters on the west side were shut off around March 22, 2023 for flushing.

If you have questions about surface water quality, contact Ramona Montoya, Water Quality Control Officer, at 505-869-7565.

## ISLETA FIRE/RESCUE DEPARTMENT

3950 Hwy 47  
505-869-9724

### FIREWORKS NOTIFICATION

The intent and purpose of this information is to protect the peace, safety, property, health and general welfare of the members of the Pueblo of Isleta. Currently the pueblo is experiencing some drought conditions, hotter than normal weather with increasing weather advisories.

#### Items Prohibited:

All Fireworks within the rangelands, Bosque, and Mountain areas (East, West Range, and River).  
Detonation or ignition of Fireworks from a moving or stationary vehicle.  
Sale of Fireworks within the exterior boundaries of the Pueblo.  
All Fireworks expelling 10 feet into the air or higher.

#### Permitted devices

Ground and hand-held sparkling and smoke devices;  
Cone fountains;  
Crackling devices;  
Cylindrical fountains;  
Flitter sparklers;  
Ground spinners;  
Illuminating torches;  
Toy smoke devices;  
Wheels;  
Firecrackers.

**Reminder**, a parent or guardian shall supervise all persons under the age of 16. All persons using fireworks of any kind shall be liable for any personal injury or any loss of property resulting from the use of fireworks.

**Reminder**; fireworks may be discharged within the exterior boundaries of the Pueblo of Isleta Reservation between the hours of 8:00 a.m. and 10:00 p.m.; with the exception of the actual holiday, when hours are extended until 12:00 midnight.

**Reminder**, pursuant to the Tribal Council Resolution the Isleta Police Department shall have the authority to issue citations imposing civil fines of \$300.00 per violation and confiscate all fireworks in possession.

If there are any questions to these notifications please refer to Pueblo of Isleta Executive Order 2021-001

If you have, any questions please feel free to contact Fire Chief Gary at 505-869-9724 or email [lester.gary@isletapueblo.com](mailto:lester.gary@isletapueblo.com)

Lester Gary, Pueblo of Isleta Fire Chief

LETTER FROM THE EDITOR

**DEADLINE for August Newsletter articles is set for Wednesday, July 19, at 4:30 pm.** Articles may be dropped off at the Library or emailed to [Nathaniel.Lujan@isletapueblo.com](mailto:Nathaniel.Lujan@isletapueblo.com). Should you email your article, expect a confirmation email. If you do not receive a confirmation email, odds are it never made it to me and then it's time to panic, so call Nate at 505.869.9808.

People who wish to submit an article or flyer are responsible for generating their own article or flyer. Should you need help, please call the Library at 505.869.9808 and set up a date and time to sit down with a Library staff member who will help you throughout the process. The Library will NOT accept notes dropped off at the Library or information over the phone to generate your article.

**PROBATES** need to be published in the Newsletter for two consecutive months. Probates are considered court documents, therefore, all submitters must provide: 1) Name of Deceased, 2) Date of Deceased 3) Court Case # and 4) Date of Court Date. A Probate form can be found on the Newsletter Archive page at <http://www.isletapueblo.com/newsletters.html>.

**CLASSIFIED ADS:** The new administration has requested that the Newsletter start a Classified Ad section for Tribal members selling land, houses, mobile homes, vehicles, and farm equipment. Leasing of houses and mobile homes will be accepted. Smaller items which can be sold at the local flea markets or weekly yard sales will NOT be accepted.

Currently, this service is FREE to Tribal members. Land, houses, and mobile homes must be within the reservation boundaries. Ads must meet the 160 character limit. Ads that exceed the 160 characters will NOT be submitted into the Newsletter. A single picture June be submitted with the ad. Submitters of classified ads are responsible for generating their own ads as this is a FREE service.

As a reminder, Tribal business owners may submit a small flyer at no charge. Like the classified ads, business owners are responsible for generating their own flyers as this is a FREE service.

Classified ads and business flyers will be posted no more than two consecutive months. In the event where the Newsletter may exceed the 24-page limit, classified ads and business flyers will be “bumped” for newsletter articles. Again, this is a FREE service for Tribal members.

The Isleta Newsletter is owned and operated by the Pueblo of Isleta. Therefore, the Governor of the Pueblo of Isleta has the final say of all articles and contents within the Isleta Newsletter.

For additional questions, you may call the Library and speak with Nate or Diane at 505.869.9808.

Thank you,  
Nathaniel Lujan

Newsletters may be found at the fifteen distribution locations listed below. Remember, Digital copies of the Newsletter may be obtained from the Newsletter archive at <http://www.isletapueblo.com/newsletters.html>

The fifteen Newsletter distribution locations are:

1.

TR 2 & TR 22 - Chical SE of Community Hall

2.

TR 10 - Behind the old 47 Sales

3.

TR 1 & TR 5 – Ranchitos / Bosque Farms Reservations Line

4.

Ranchitos Park

5.

Post Office - Big Tree

6.

TR 82 & TR 84 - Teller Road

7.

TR 78 & TR 82 - Carlos Trujillo Sr.

8.

TR 90 @ Y - CF Padilla

9.

Mouse Town Park –

10.

Health Center – South end of Health Center Parking lot

11.

Library Sunlight & Moonlight Intersection

12.

TR 6 - 47 Intersection


13.

TR 12 - 47 & 147 intersection (Old Smoke & Save)

14.

TR 71 & TR 54 @ Y - Holiday Robot / Paved Road / Railroad Tracks

15.

TR 45 & TR 40 @ Y - Tata Mel (POI Signage)
- 

PROBATES

IN THE MATTER OF THE ESTATE OF:  
David Kuticka

Case No. CV-PR-0066-2023

First Notice

TAKE NOTICE that in accordance with notice requirements, a Petition to Probate the Estate of **David Kuticka**, deceased **01/02/2023**, has been filed in the Pueblo of Isleta Tribal Court. Any person claiming an interest in the Estate is hereby advised to notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. Claims must be filed in writing. A hearing in this matter has been scheduled for **TBD** at **TBD** at the Isleta Tribal Court, located at the Tribal Services Complex, 3950 Hwy. 47 SE, Building A, Albuquerque, NM. If you have any questions, please contact the Isleta Tribal Court at (505) 869-9699.

IN THE MATTER OF THE ESTATE OF:  
Josephine Trujillo-Waconda

Case No. CV-PR-0076-2023

First Notice

TAKE NOTICE that in accordance with notice requirements, a Petition to Probate the Estate of **Josephine Trujillo-Waconda**, deceased **01/01/2013**, has been filed in the Pueblo of Isleta Tribal Court. Any person claiming an interest in the Estate is hereby advised to notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. Claims must be filed in writing. A hearing in this matter has been scheduled for **TBD** at **TBD** at the Isleta Tribal Court, located at the Tribal Services Complex, 3950 Hwy. 47 SE, Building A, Albuquerque, NM. If you have any questions, please contact the Isleta Tribal Court at (505) 869-9699.

IN THE MATTER OF THE ESTATE OF:  
Renee Michelle Piro

Case No. CV-PR-0002-2023

Second Notice

TAKE NOTICE that in accordance with notice requirements, a Petition to Probate the Estate of **Renee Michelle Piro**, deceased **02/11/2021**, has been filed in the Pueblo of Isleta Tribal Court. Any person claiming an interest in the Estate is hereby advised to notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. Claims must be filed in writing. A hearing in this matter has been scheduled for **Monday, June 12, 2023 at 11:00 am** at the Isleta Tribal Court, located at the Tribal Services Complex, 3950 Hwy. 47 SE, Building A, Albuquerque, NM. If you have any questions, please contact the Isleta Tribal Court at (505) 869-9699.

IN THE MATTER OF THE ESTATE OF:  
Ouray Garcia

Case No. CV-PR-0052-2023

Second Notice

TAKE NOTICE that in accordance with notice requirements, a Petition to Probate the Estate of **Ouray Garcia**, deceased **03/04/2023**, has been filed in the Pueblo of Isleta Tribal Court. Any person claiming an interest in the Estate is hereby advised to notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. Claims must be filed in writing. A hearing in this matter has been scheduled for **Wednesday, August 02, 2023 at 9:15 am** at the Isleta Tribal Court, located at the Tribal Services Complex, 3950 Hwy. 47 SE, Building A, Albuquerque, NM. If you have any questions, please contact the Isleta Tribal Court at (505) 869-9699.



FOURTH OF JULY SERVICE SCHEDULE

The Transfer Station will be closed  
Tuesday July 4<sup>th</sup>. Tuesdays &  
Wednesdays trash will both be collected  
on Wednesday July 5<sup>th</sup>. Have carts out  
by 7am and have a Happy 4<sup>th</sup> of July!



KEEP ISLETA BEAUTIFUL! (505)869-4106

## Affordable Connectivity Program

The Affordable Connectivity Program is an FCC benefit program that helps ensure that households can afford the broadband they need for work, school, healthcare and more.

The benefit provides a discount of up to \$30 per month toward internet service for eligible households and up to \$75 per month for households on qualifying Tribal lands. Eligible households can also receive a one-time discount of up to \$100 to purchase a laptop, desktop computer, or tablet from participating providers if they contribute more than \$10 and less than \$50 toward the purchase price.

The Affordable Connectivity Program is limited to one monthly service discount and one device discount per household.

### Who Is Eligible for the Affordable Connectivity Program?

A household is eligible for the Affordable Connectivity Program if the household income is at or below 200% of the Federal Poverty Guidelines, or if a member of the household meets at least one of the criteria below:

- Received a Federal Pell Grant during the current award year;
- Meets the eligibility criteria for a participating provider's existing low-income internet program;
- Participates in one of these assistance programs:
  - Free and Reduced-Price School Lunch Program or School Breakfast Program, including at U.S. Department of Agriculture (USDA) Community Eligibility Provision schools.
  - SNAP
  - Medicaid
  - Federal Housing Assistance, including:
    - Housing Choice Voucher (HCV) Program (Section 8 Vouchers)
    - Project-Based Rental Assistance (PBRA)/ Section 202/ Section 811
    - Public Housing
  - Affordable Housing Programs for American Indians, Alaska Natives or Native Hawaiians
- Supplemental Security Income (SSI)
- WIC
- Veterans Pension or Survivor Benefits
- or Lifeline;
- Participates in one of these assistance programs and lives on Qualifying Tribal lands:
  - Bureau of Indian Affairs General Assistance
  - Tribal TANF
  - Food Distribution Program on Indian Reservations
  - Tribal Head Start (income based)

Apply now! [www.GetInternet.gov](http://www.GetInternet.gov)

2023

ENVIRONMENTAL

FAIR!

29

Saturday July 29<sup>th</sup> 2023

10am – 2pm

Isleta Recreation Center

Environmental Education

Fun Activities

Lunch Provided

Prize Giveaways

And Much More!

For more info call Environment Department 505-869-9814

Pueblo of Isleta

pathways

INDIGENOUS ARTS FESTIVAL

BUFFALO THUNDER RESORT & CASINO | SANTA FE, NM

EMPOWERING CULTURAL VALUES

CALL FOR ARTISTS

AUGUST 18, 19 & 20, 2023

FREE FIRST 20 OUTDOOR VENDORS

OUTDOOR \$175 • OUTDOOR SHARED \$200

INDOOR 8x6 \$225 • INDOOR \$250 • INDOOR SHARED \$275

INCLUDES: TENTS, TABLES, CHAIRS, PARKING, WIFI & WATER

DEADLINE: APRIL 14 | [WWW.POEHCENTER.ORG/PATHWAYS](http://WWW.POEHCENTER.ORG/PATHWAYS)

POEH CULTURAL CENTER

BuffaloThunder

RESORT & CASINO

Hilton

PATHWAYS is organized by the Poeh Cultural Center, a tribally led entity of the Pueblo of Pojoaque.





Job Postings

Visit us online at  
<http://www.isleta.com/career-opportunities.aspx>  
Fax: 505-244-8232

OUR LOCATION

Isleta Resort and Casino is located 7 minutes south of downtown Albuquerque at Interstate 25 and Hwy 47, exit 215. The Human Resources office can be found on the east side of the building through the Employee Entrance doors.



**BANQUET CAPTAIN**  
Location: Albuquerque, NM  
Publish Date: 06/22/2023  
Level: Non-Exempt



**CASHIER (EMBERS)**  
Location: Albuquerque, NM  
Publish Date: 06/22/2023  
Level: Non-Exempt



**SUPERVISOR F & B (PANDA EXPRESS)**  
Location: Albuquerque, NM  
Publish Date: 06/22/2023  
Level: Non-Exempt



**LAKES GROUNDSKEEPER**  
Location: Albuquerque, NM  
Publish Date: 06/22/2023  
Level: Non-Exempt



**STEWARD (UTILITY)**  
Location: Albuquerque, NM  
Publish Date: 06/22/2023  
Level: Non-Exempt



**REVENUE AUDITOR II**  
Location: Albuquerque, NM  
Publish Date: 06/21/2023  
Level: Non-Exempt



**HOUSEPERSON**  
Location: Albuquerque, NM  
Publish Date: 06/21/2023  
Level: Non-Exempt



**BAKER I**  
Location: Albuquerque, NM  
Publish Date: 06/21/2023  
Level: Non-Exempt



**CALL CENTER AGENT**  
Location: Albuquerque, NM  
Publish Date: 06/14/2023  
Job Family: Hotel  
Level: Non-Exempt



**SUPERVISOR F & B (PW RISTRA)**  
Location: Albuquerque, NM  
Publish Date: 06/07/2023  
Level: Non-Exempt



**SUPERVISOR F & B (CENTER BAR)**  
Location: Albuquerque, NM  
Publish Date: 06/07/2023  
Level: Non-Exempt



**COUNT MEMBER**  
Location: Albuquerque, NM  
Publish Date: 06/07/2023  
Job Family: Finance  
Level: Non-Exempt



**SUPERINTENDENT (GOLF COURSE)**  
Location: Albuquerque, NM  
Publish Date: 06/05/2023  
Level: Exempt



**SHUTTLE DRIVER**  
Location: Albuquerque, NM  
Publish Date: 06/05/2023  
Level: Non-Exempt



**RESTAURANT CHEF (TIWA)**  
Location: Albuquerque, NM  
Publish Date: 06/05/2023  
Job Family: N/A  
Level: Exempt



**SPA ATTENDANT**  
Location: Albuquerque, NM  
Publish Date: 05/16/2023  
Level: Non-Exempt



**LAUNDRY ATTENDANT**  
Location: Albuquerque, NM  
Publish Date: 05/16/2023  
Level: Non-Exempt



**OFF- SITE ATTENDANT(GOLF COURSE F&B)**  
Location: Albuquerque, NM  
Publish Date: 05/09/2023  
Job Family: Golf Course  
Level: Non-Exempt



**BARBACK (CENTER BAR)**  
Location: Albuquerque, NM  
Publish Date: 06/22/2023  
Level: Non-Exempt



**COOK II -(BANQUETS)**  
Location: Albuquerque, NM  
Publish Date: 06/22/2023  
Level: Non-Exempt



**SECURITY OFFICER I**  
Location: Albuquerque, NM  
Publish Date: 06/22/2023  
Job Family: Security  
Level: Non-Exempt



**SPA RECEPTIONIST**  
Location: Albuquerque, NM  
Publish Date: 06/22/2023  
Level: Non-Exempt



**ROOM ATTENDANT**  
Location: Albuquerque, NM  
Publish Date: 06/21/2023  
Job Family: Hotel  
Level: Non-Exempt



**POOL ATTENDANT (SPA)**  
Location: Albuquerque, NM  
Publish Date: 06/21/2023  
Level: Non-Exempt



**BAKER II**  
Location: Albuquerque, NM  
Publish Date: 06/21/2023  
Level: Non-Exempt



**SECURITY OFFICER II**  
Location: Albuquerque, NM  
Publish Date: 06/21/2023  
Job Family: Security  
Level: Non-Exempt



**COUNT SUPERVISOR**  
Location: Albuquerque, NM  
Publish Date: 06/12/2023  
Level: Non-Exempt



**BARBACK (TRIPLE 7S)**  
Location: Albuquerque, NM  
Publish Date: 06/07/2023  
Level: Non-Exempt



**CASHIER (TIWA)**  
Location: Albuquerque, NM  
Publish Date: 06/07/2023  
Level: Non-Exempt



**SUPERVISOR F & B (GOLF COURSE)**  
Location: Albuquerque, NM  
Publish Date: 06/06/2023  
Job Family: Food & Beverage  
Level: Non-Exempt



**SPRAY TECHNICIAN (GOLF COURSE)**  
Location: Albuquerque, NM  
Publish Date: 06/05/2023  
Level: Non-Exempt



**RESTAURANT MANAGER (BEVERAGE)**  
Location: Albuquerque, NM  
Publish Date: 06/05/2023  
Level: Exempt



**FOOD ATTENDANT (PALACE WEST)**  
Location: Albuquerque, NM  
Publish Date: 06/05/2023  
Level: Non-Exempt



**MAJOR APPLIANCE TECH III**  
Location: Albuquerque, NM  
Publish Date: 05/16/2023  
Level: Non-Exempt



**CAGE SHIFT SUPERVISOR**  
Location: Albuquerque, NM  
Publish Date: 05/16/2023  
Level: Non-Exempt



**VALET ATTENDANT**  
Location: Albuquerque, NM  
Publish Date: 05/05/2023  
Job Family: Hotel  
Level: Non-Exempt



**TABLE GAMES FLOOR SUPERVISOR**  
Location: Albuquerque, NM  
Publish Date: 05/05/2023  
Job Family: Gaming  
Level: Non-Exempt



**SUPERVISOR F & B (CENTER BAR)**  
Location: Albuquerque, NM  
Publish Date: 05/05/2023  
Job Family: Food & Beverage  
Level: Non-Exempt



**SPORTS BOOK WRITER**  
Location: Albuquerque, NM  
Publish Date: 05/05/2023  
Job Family: Gaming  
Level: Non-Exempt



**SLOTS TECHNICIAN INTERN**  
Location: Albuquerque, NM  
Publish Date: 05/05/2023  
Level: Non-Exempt



**SLOTS SHIFT MANAGER**  
Location: Albuquerque, NM  
Publish Date: 05/05/2023  
Job Family: Gaming  
Level: Exempt



**SLOTS FLOOR TECHNICIAN**  
Location: Albuquerque, NM  
Publish Date: 05/05/2023  
Job Family: Gaming  
Level: Non-Exempt



**SHIPPING & RECEIVING CLERK**  
Location: Albuquerque, NM  
Publish Date: 05/05/2023  
Job Family: Finance  
Level: Non-Exempt



**POKER FLOOR SUPERVISOR**  
Location: Albuquerque, NM  
Publish Date: 05/05/2023  
Job Family: Gaming  
Level: Non-Exempt



**PLUMBER II**  
Location: Albuquerque, NM  
Publish Date: 05/05/2023  
Level: Non-Exempt



**MAIN BANKER**  
Location: Albuquerque, NM  
Publish Date: 05/05/2023  
Level: Non-Exempt



**LANDSCAPE TECHNICIAN II**  
Location: Albuquerque, NM  
Publish Date: 05/05/2023  
Level: Non-Exempt



**HVAC TECH II**  
Location: Albuquerque, NM  
Publish Date: 05/05/2023  
Level: Non-Exempt



**HDC SPECIALIST**  
Location: Albuquerque, NM  
Publish Date: 05/05/2023  
Level: Non-Exempt



**GUEST SERVICE REPRESENTATIVE**  
Location: Albuquerque, NM  
Publish Date: 05/05/2023  
Level: Non-Exempt



**FOOD ATTENDANT(FAT BURGER)**  
Location: Albuquerque, NM  
Publish Date: 05/05/2023  
Job Family: Food & Beverage  
Level: Non-Exempt



**FOOD ATTENDANT (CHILI RISTRA)**  
Location: Albuquerque, NM  
Publish Date: 05/05/2023  
Job Family: Food & Beverage  
Level: Non-Exempt



**ELECTRICIAN II**  
Location: Albuquerque, NM  
Publish Date: 05/05/2023  
Job Family: Facilities  
Level: Non-Exempt



**CUSTODIAN**  
Location: Albuquerque, NM  
Publish Date: 05/05/2023  
Job Family: Facilities  
Level: Non-Exempt



**TABLE GAMES DEALER**  
Location: Albuquerque, NM  
Publish Date: 05/05/2023  
Job Family: Gaming  
Level: Non-Exempt



**STEWARD**  
Location: Albuquerque, NM  
Publish Date: 05/05/2023  
Job Family: Food & Beverage  
Level: Non-Exempt



**SOUS CHEF (TIWA)**  
Location: Albuquerque, NM  
Publish Date: 05/05/2023  
Level: Non-Exempt



**SLOTS SHIFT SUPERVISOR**  
Location: Albuquerque, NM  
Publish Date: 05/05/2023  
Level: Non-Exempt



**SLOTS LAB TECHNICIAN**  
Location: Albuquerque, NM  
Publish Date: 05/05/2023  
Job Family: Gaming  
Level: Non-Exempt



**SLOTS FLOOR ATTENDANT**  
Location: Albuquerque, NM  
Publish Date: 05/05/2023  
Job Family: Gaming  
Level: Non-Exempt



**SERVER(TIWA)**  
Location: Albuquerque, NM  
Publish Date: 05/05/2023  
Level: Non-Exempt



**POKER DEALER**  
Location: Albuquerque, NM  
Publish Date: 05/05/2023  
Level: Non-Exempt



**MASSAGE THERAPIST**  
Location: Albuquerque, NM  
Publish Date: 05/05/2023  
Level: Non-Exempt



**LOBBY PORTER**  
Location: Albuquerque, NM  
Publish Date: 05/05/2023  
Level: Non-Exempt



**IRRIGATION TECHNICIAN**  
Location: Albuquerque, NM  
Publish Date: 05/05/2023  
Level: Non-Exempt



**HDCT**  
Location: Albuquerque, NM  
Publish Date: 05/05/2023  
Level: Non-Exempt



**GUEST SERVICE SUPERVISOR**  
Location: Albuquerque, NM  
Publish Date: 05/05/2023  
Level: Non-Exempt



**FOOD ATTENDANT-(BEVERAGE) DAUBERS**  
Location: Albuquerque, NM  
Publish Date: 05/05/2023  
Job Family: Food & Beverage  
Level: Non-Exempt



**FOOD ATTENDANT (PANDA EXPRESS)**  
Location: Albuquerque, NM  
Publish Date: 05/05/2023  
Job Family: Food & Beverage  
Level: Non-Exempt



**ESTHETICIAN**  
Location: Albuquerque, NM  
Publish Date: 05/05/2023  
Level: Non-Exempt



**EDR ATTENDANT**  
Location: Albuquerque, NM  
Publish Date: 05/05/2023  
Level: Non-Exempt



**COUNT MACHINE TECHNICIAN**  
Location: Albuquerque, NM  
Publish Date: 05/05/2023  
Job Family: Finance  
Level: Non-Exempt





**COSMETOLOGIST**  
Location: Albuquerque, NM  
Publish Date: 05/05/2023  
Level: Non-Exempt



**COOK II (EMBERS)**  
Location: Albuquerque, NM  
Publish Date: 05/05/2023  
Job Family: Food & Beverage  
Level: Non-Exempt



**COOK I (TIWA)**  
Location: Albuquerque, NM  
Publish Date: 05/05/2023  
Job Family: Food & Beverage  
Level: Non-Exempt



**COOK I (CHILI RISTRA)**  
Location: Albuquerque, NM  
Publish Date: 05/05/2023  
Job Family: Food & Beverage  
Level: Non-Exempt



**COOK I (BANQUETS)**  
Location: Albuquerque, NM  
Publish Date: 05/05/2023  
Job Family: Food & Beverage  
Level: Non-Exempt



**SURVEILLANCE AGENT**  
Location: Albuquerque, NM  
Publish Date: 05/04/2023  
Job Family: Surveillance  
Level: Non-Exempt



**BARTENDER (SPORTSBOOK BAR)**  
Location: Albuquerque, NM  
Publish Date: 05/04/2023  
Job Family: N/A  
Level: Non-Exempt



**BARTENDER (777s)**  
Location: Albuquerque, NM  
Publish Date: 05/04/2023  
Level: Non-Exempt



**BARBACK (SPORTSBOOK BAR)**  
Location: Albuquerque, NM  
Publish Date: 05/04/2023  
Job Family: Food & Beverage  
Level: Non-Exempt



**COOK I (PANDA EXPRESS)**  
Location: Albuquerque, NM  
Publish Date: 05/03/2023  
Job Family: Food & Beverage  
Level: Non-Exempt



**COOK I (FAT BURGER)**  
Location: Albuquerque, NM  
Publish Date: 05/03/2023  
Job Family: Food & Beverage  
Level: Non-Exempt



**ASSISTANT SUPERINTENDENT**  
Location: Albuquerque, NM  
Publish Date: 05/03/2023  
Job Family: Recreation  
Level: Exempt




**PARALEGAL**  
Location: Albuquerque, NM  
Publish Date: 05/03/2023  
Level: Exempt



**COOK I (PREP)**  
Location: Albuquerque, NM  
Publish Date: 05/03/2023  
Job Family: Food & Beverage  
Level: Non-Exempt



**SYSTEMS ANALYST**  
Location: Albuquerque, NM  
Publish Date: 04/28/2023  
Job Family: Information Technology  
Level: Exempt



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**ISLETA ELEMENTARY SCHOOL**

**SUMMER SCHOOL**

Focusing on supporting returning students who demonstrate academic needs by building reading, writing, and mathematics skills that is enriched with art, physical education, and Tiwa activities.

**July 10 - 21, 2023 | 8 AM to 3 PM**

**Transportation available**

Recommendations and applications were mailed to address on file.

Return completed application ASAP

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**OPEN POSITIONS**

- SCHOOL BUS DRIVER
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 **For More Information**

Scan the QR code or visit [www.bie.edu/current-vacancies](http://www.bie.edu/current-vacancies)

Isleta Elementary School  
1000 Moonlight Drive  
Albuquerque, NM 87105

(505) 869 - 2321  
[www.isletaelementary.com](http://www.isletaelementary.com)

Pueblo of Isleta Career Opportunities

Position Posting	Office Location	Closing Date
ACCOUNTING TECHNICIAN	Housing Authority	07/11/2023
ANIMAL CONTROL OFFICER	Police Department – Open Space	07/17/2023
ASSISTANT AQUATIC COORDINATOR	Parks & Recreation	06/30/2023
ASSISTANT DISPATCH SUPERVISOR	Police Department	Open Until Filled
ASSISTANT TRIBAL PROSECUTOR	Prosecutor	06/30/2023
AUDIOLOGIST	Health Services	06/22/2023
BAILIFF	Tribal Court	07/11/2023
BEHAVIORAL HEALTH CASE MANAGER	Health Services	06/28/2023
BENEFITS & BILLING COORDINATOR	Elder Center	07/11/2023
BILLING TECHNICIAN- PHARMACY	Health Services	06/30/2023
BOSQUE AND RIVERINE RESTORATION MANAGER	Natural Resources	Open Until Filled
CAREGIVER	Assisted Living	Open Until Filled
CARPENTER I (2 Positions)	Housing Authority	Open Until Filled
CARPENTER III (2 Positions)	Housing Authority	Open Until Filled
CERTIFIED FITNESS INSTRUCTOR	Health Services	06/28/2023
CERTIFIED POLICE OFFICER	Police Department	Open Until Filled
CHILD CARE PROVIDER I (2 Positions)	Head Start	06/29/2023
CLINICAL THERAPIST	Health Services	Open Until Filled
COMPUTER IT SPECIALIST	Department of Education	06/22/2023
COMMUNITY HEALTH NURSE	Health Services	06/24/2023
COMMUNITY HEALTH REPRESENTATIVE	Health Services	06/28/2023
COOK I	Assisted Living	07/11/2023
COOK I	Head Start	06/29/2023
CUSTODIAN	Public Works	06/19/2023
DENTAL ASSISTANT	Health Services	06/27/2023
DENTIST	Health Services	07/11/2023
DISPATCHER I	Police Department	06/22/2023
EDUCATION ASSISTANT	Department of Education	06/29/2023
EMT – INTERMEDIATE	Health Services	Open Until Filled
EMT – PARAMEDIC (2 Positions)	Health Services	Open Until Filled
ENVIRONMENTAL TECHNICIAN	Natural Resources	06/22/2023
FAMILY SOCIAL WORKER	Social Services	06/30/2023
FIREFIGHTER (4 Poitions)	Fire Department	06/30/2023
GROUNDSKEEPER	C-Stores	06/30/2023
GROUNDS MAINTENANCE WORKER (2 Positions)	Public Works	07/05/2023
IN-HOME SERVICE PROGRAM MANAGER	Elder Center	06/22/2023


Position Posting	Office Location	Closing Date
INVESTIGATOR	Police Department	06/28/2023
HOME CARE ATTENDANT	Elder Center	Open Until Filled
HOME MAINTENANCE TECHNICIAN	Elder Center	06/22/2023
HOMEOWNERSHIP COUNSELOR	Housing Authority	07/05/2023
HR GENERALIST	Human Resources	06/21/2023
IRRIGATION TECHNICIAN	Agricultural Division	Open Until Filled
IRRIGATION & LANDSCAPE TECHNICIAN	Parks & Recreation	06/23/2023
LABORER (3 Positions)	Housing Authority	Open Until Filled
LANGUAGE INSTRUCTIONAL COORDINATOR	Department of Education	Open Until Filled – Within Only
MAINTENANCE TECHNICIAN	Public Works	06/23/2023
MAINTENANCE TECHNICIAN (2 Positions)	Housing Authority	Open Until Filled
MEDICAL ASSISTANT (2 Positions)	Health Services	Open Until Filled
NARCOTICS DETECTIVE (3 Positions)	Police Department	Open Until Filled
PARKS MAINTENANCE WORKER	Parks & Recreation	06/23/2023
PERSONAL CARE SERVICE AIDE	Elder Center	Open Until Filled – Within Only
PHYSICAL THERAPIST	Health Services	Open Until Filled
PHYSICAL THERAPIST ASSISTANT	Health Services	06/22/2023
PLUMBER	Housing Authority	Open Until Filled
POLICE CADET (3 Positions)	Police Department	06/22/023
POLICE OFFICER I – CERTIFIED	Police Department – Open Space	Open Until Filled – Within Only
PROJECT ASSISTANT	Social Services	06/27/2023
RANGELAND MANAGEMENT SUPERVISOR	Natural Resources	06/30/2023
RECEPTIONIST	Gaming Regulatory	06/27/2023
RECEPTIONIST	Parks & Recreation	06/30/2023
ROADWAY MAINTENANCE WORKER I	Construction Operations	06/28/2023
ROADWAY MAINTENANCE WORKER II	Construction Opereations	06/27/2023
SALES ASSOCIATE	C-Stores	Open Until Filled
SECURITY OFFICER	Health Services	06/21/2023
SHIFT LEAD	C-Stores	Open Until Filled
SYP – Aquatic Aide (3 Positions)	Parks & Recreation	Open Until Filled
TEACHER ASSISTANT	Head Start	07/05/2023
TIWA LANGUAGE EDUCATION ASSISTANT	Department of Education	06/28/2023
UTILITY FOREMAN	Public Works	06/26/2023
VAN DRIVER	Elder Center	06/23/2023
VETERAN SUPPORT SERVICE MEMBER	Elder Center	Open Until Filled – Within Only
WATER / WWTP OPERATOR I- IV	Public Works	Open Until Filled

Help Your Community Vote

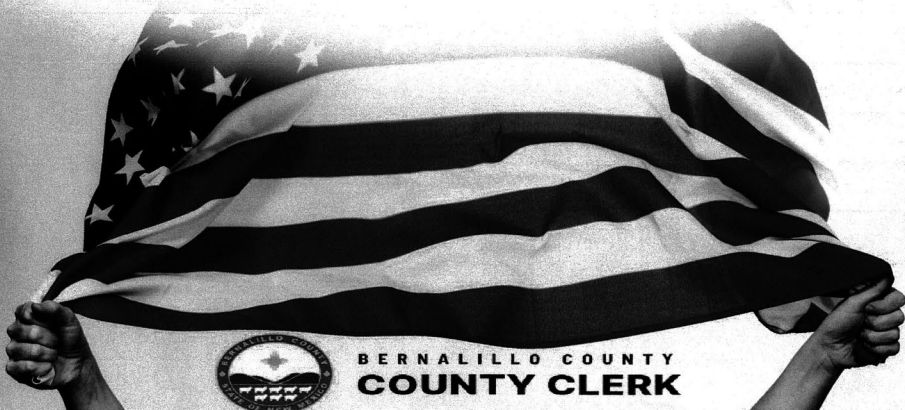
Become a Poll Official


Fair and honest elections are the cornerstone of our democracy. Our system of self-government depends upon citizens' faith in the election system. We cannot do it without your help and serving as an election board member is rewarding and fun.

Scan the QR Code



The link will take you to our digital form for completing your information about becoming a poll official.





BERNALILLO COUNTY  
COUNTY CLERK





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- Receiving and signing for accountable mail

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- United States citizen, permanent resident, or citizen of American Samoa or other U.S. territory

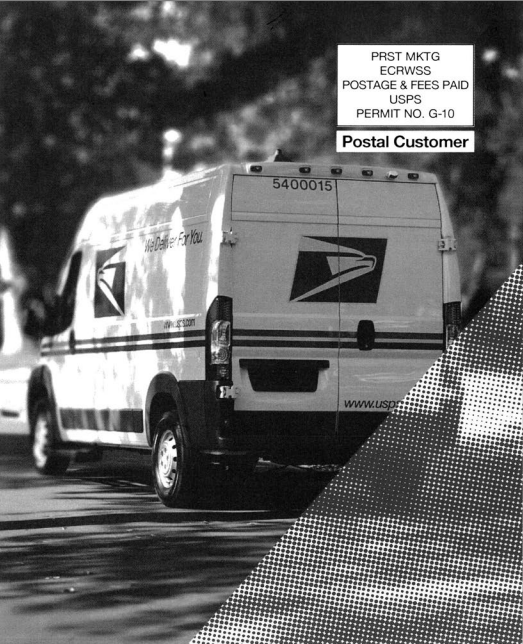
- Able to pass a criminal background check, drug screening, medical assessment, and qualify to operate a Postal Service vehicle

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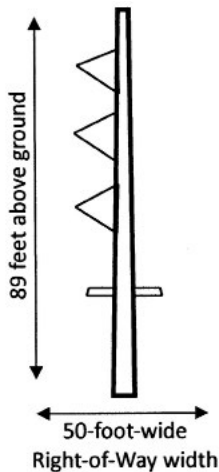
ENVIRONMENT

Opportunity for Public Comment

PNM – Proposed BF Tap Line Project

Project Location: Tribal Road 30, Chical

Under the National Environmental Policy Act, the Pueblo of Isleta is given an opportunity to identify any comments, concerns, and suggestions our community might have regarding Public Service New Mexico's (PNM's) Proposed BF Tap Line Project. The proposed project is a rebuild of the existing BF Tap Line. Currently, the electric power line is capable of carrying 46-kV and is constructed with wooden monopoles within a 10-foot-wide easement.



Due to the aging of pole structures and the need to increase carrying capacity, the rebuild would be a 115-kV line with weathered steel poles. The new structures would be approximately 89 feet aboveground (existing structures are approximately 56 feet aboveground) within a 50-foot-wide, 0.9-mile-long right-of-way, totaling a maximum 5.3 acres of disturbance. The new line would be constructed 5 to 10 feet from the existing line.

The existing distribution line will have minor outages during the reconstruction of the transmission line. All affected households will be provided prior notice. Segments of Tribal Road 30 may be closed; however, all residents will have access. The existing line would be kept in-service until the new line is constructed to prevent outages for the community.


Construction and operation vehicles would access the proposed project area via existing roads. Construction is scheduled to begin in October 2023, and the construction period would be approximately 1 month. Construction activity will take place only during daylight hours.


A vicinity map and Biological Evaluation prepared by SWCA Environmental Consultants are available at Governor's Office or Environment Department located at 3929 Highway 47.

Environment Department will accept written comments until July 21, 2023. Written comments may be submitted at Governor's Office or by e-mail to: Ramona.Montoya@isletapueblo.com If you have any questions, please call Environment Department at 505-869-7565.

WARMER WEATHER SIGNALS  
START OF SNAKE SEASON

"BE ON THE LOOKOUT" URGES  
NEW MEXICO POISON CENTER





Isleta Pueblo News

Editor:  
Nathaniel Lujan

Asst. Editor:  
Diane Abeita

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PUEBLO OF ISLETA HEAD START, EARLY HEAD START, AND CHILD CARE CENTER  
02 Sagebrush St. Albuquerque, NM 87105



# BACK TO SCHOOL

Accepting Applications Starting:  
**JUNE 12, 2023**



NOW ENROLLING APPLICANTS AGES:  
PRENATAL & INFANTS UP TO 5 YEARS OLD



Call to schedule an appointment today!  
**(505) 869-9796**



### REQUIRED DOCUMENTS:

- 2022 Household Income (W2 form, 1040 tax form, or 12 months of pay stubs)
- If receiving Public Assistance: Proof Eligibility letter or SNAP/EBT card with a receipt printed within 30 days
- Proof of Birth
- Proof of Address
- Proof of CIB (Certificate of Indian Blood) if applicable
- Proof of Medical Insurance card





# K-6 ENROLLMENT NOW OPEN

Accepting students for 2023-2024!

- Full day kindergarten program
- Grades K-6
- Free breakfast and lunch
- Small class sizes
- Three outdoor recess times
- School Resource Officer
- Tiwa Language Class
- New iPads & Technology
- Art & Physical Education

**Saturday, July 22**  
**8:00 am – 3:00 pm**  
**Back to School Registration Event**



505-869-2321



1000 Moon Light Drive, Albuquerque



[www.isletaelementary.com](http://www.isletaelementary.com)

Contact Us Today

# Public Notice: Proposed Administrative Order issued to Albuquerque-Bernalillo County Water Utility Authority for Clean Water Act Violations

Publish Date: June 9, 2023

## Summary

In line with the Pueblo of Isleta’s request, the U.S. Environmental Protection Agency filed an Administrative Complaint against the Albuquerque-Bernalillo County Water Utility Authority (Respondent) relating to the July 2022 sewage spill. The EPA identified three permit violations by the Water Utility Authority and has proposed assessing Class II Civil Penalties of \$281,357

The Pueblo of Isleta is submitting comment on the EPA’s administrative action. Additionally, the Pueblo of Isleta is seeking to intervene in the administrative action so that it is treated as a party, rather than as an interested member of the public.

However, the public is also entitled to comment on the EPA’s Administrative Complaint and on how the July 2022 sewage spill impacted them, their families, and their businesses.

- CWA-06-2023-1727

## Related Documents

- [Notice of Proposed Assessment of Class II Civil Penalty \(pdf\)](#) (1.03 MB, May 26, 2023). Available: [https://www.epa.gov/system/files/documents/2023-06/CWA%20NPDES%20Class%2011%20Penalty%20ABCWUA%20Signed\\_Filed\\_.pdf](https://www.epa.gov/system/files/documents/2023-06/CWA%20NPDES%20Class%2011%20Penalty%20ABCWUA%20Signed_Filed_.pdf)  
NPDES Permit: NM0022250  
NOTE: Hard copy Related Documents are available at Governor’s Office.

## How to Comment

Comments Due  
July 11, 2023

Persons wishing to comment on the EPA’s proposed action or to become participants in this action may do so by submitting their address and telephone number, along with written comments, to the Regional Hearing Clerk at the address below within 30 days of the date of this notice.

Written comments should reference Docket Number CWA-06-2023-1727 and should be sent to:

Lorena Vaughn, Regional Hearing Clerk (ORC)  
U.S. Environmental Protection Agency  
Region 6  
1201 Elm Street, Suite 500  
Dallas, Texas 75270-2102  
214-665-8021  
E-mail: [vaughn.lorena@epa.gov](mailto:vaughn.lorena@epa.gov)  
Questions? For additional information, contact Anthony M. Loston. E-mail: [loston.anthony@epa.gov](mailto:loston.anthony@epa.gov) or (214) 665-3109.

Please also send your written comments to the Natural Resources Department: in person at 3929 Highway 47, Albuquerque NM 87105, by e-mail to [Ramona.Montoya@isletapueblo.com](mailto:Ramona.Montoya@isletapueblo.com), or U.S. Postal mail: PO Box 1270, Isleta NM 87022.

Department Of Education  
950 Moonlight Dr. SW  
Albuquerque, NM 87105  
(505) 869-9790

EDUCATIONAL ASSISTANCE FUND

The Pueblo of Isleta recognizes the need to provide families with supplemental funding to assist their child/children in their education. Applications shall be reviewed the third week of January, March, June and September. The education-funding year shall reflect school year – August through July.

Through the Department of Education, specific guidelines have been developed to assist qualifying tribal members striving to reach high levels of district, local and state academic standards. These guidelines shall be used to provide monetary support to students and adults in need of educational assistance.

Assistance may be provided for the following categories: (Priority will be given to category A, then B and so forth).

Category:

- (A) Students K-12: Students who are in need of academic support, unavailable through other resources, for example; tutoring through Sylvan Learning Center or other programs.
- (B) Students K-12: Students with disabilities.
- (C) Students K-12: Students attending private institutions.
- (D) Students K-12: Students involved in extra-curricular activities, i.e., band, chess, sports activities, science fair, etc.
- (E) Group Trips: To give students K-12 the opportunity to attend and explore educational programs or take education trips outside the regular classroom.
- (F) Continuing Education: Special interest classes, i.e., career development, etc.
- (G) Adult Education Special Programs: Department of Education hosted programs to include CNM Ingenuity and UNM-VC concurrent courses/classes.

Who May Apply:

All enrolled tribal members who reside within a 60-mile radius of Isleta Pueblo.

For more information  
Google- POI Educational Services  
OR to fill out an application  
[https://isletapueblo.formstack.com/forms/educational\\_assistance](https://isletapueblo.formstack.com/forms/educational_assistance)

December 2022

Updated April 2022



DEPARTMENT OF EDUCATION

SCHOLARSHIP APPLICATION FOR HIGHER EDUCATION

AVAILABLE NOW ON OUR WEBSITE

[www.isletapueblo.com/tribal-programs/educational-services](http://www.isletapueblo.com/tribal-programs/educational-services)  
or Google: POI Educational Services



YOU MAY ALSO FIND OUR UPCOMING EVENTS AS WELL AS LINKS TO SUPPORTING DOCUMENTS ON THE WEBSITE

Are you looking to get your certificate, associate, bachelor's, or master's degree? Please contact our office at:

Department Of Education  
950 Moonlight Dr. SW  
Albuquerque, NM 87105  
(505) 869-9790

Application absolute deadline dates :

Full Academic Year (Fall/Spring term/Semesters)-  
July 1st 11:59pm  
Spring Term/Semester –  
November 1st 11:59pm  
Summer Term/Semester –  
April 1st 11:59pm

Supporting document absolute deadline dates:

Fall Term/Semester –  
August 31st 11:59pm  
Spring Term/Semester –  
January 15th 11:59pm  
Summer Term/Semester –  
May 31st 11:59pm

TRUANCY

Happy 4th of July Greetings to you!

It seems as if the months are flying by quickly and we are one month away from the beginning of a new school year. The Truancy Department has been busy preparing for the 2023-2024 school year. The start dates for the upcoming school year are as follows:

Los Lunas Public Schools –  
Tuesday, August 1, 2023

Albuquerque Public Schools –  
Thursday, August 3, 2023

Native American Community Academy –  
Thursday, August 10, 2023 (tentatively)

School of Dreams Academy –  
Thursday, August 3, 2023

Isleta Elementary School –  
Tuesday, August 1, 2023

Santa Fe Indian School –  
Monday, August 14, 2023  
> Dorms open on Sunday,  
August 13, 2023 at 4:00 p.m.

With school starting soon, here are some safety tips for kids that walk or ride their bike to school.

Walking to school

- Walk on the sidewalk, if you are walking to school and there is no sidewalk, make sure you walk facing traffic.
- Always make sure you look left, right, and left again to make sure no cars are coming your way.
- If you are walking with friends, always make sure all of you are paying attention to your surroundings.

Riding your bike

- Make sure that you are riding your bike on the right side of the road, with traffic, and be sure to not be in big clusters, stay in a single file line.
- Be sure to come to a complete stop at all street crossings.
- Make sure that you wear a fitted helmet.

The Truancy Department would like to remind you to fill out a **Student Release of Information** for your student, so that we will be able to assist you if any issues arise during the school year. You can call our office at 505-869-3870 to pick up and fill out a **Student Release of Information**, or we can also email you the form.

Thank you,  
Isleta Truancy Department

“July is  
UV Safety Awareness Month”

Have a Healthy and  
Happy UV Safety Awareness Month  
Remember to WEAR YOUR  
SUNGLASSES!



## DEPARTMENT OF EDUCATION

Johnson O'Malley (JOM)

The Academic Success Office with Pueblo of Isleta Department of Education would like to highlight some of our high school students to celebrate their successes in and out of the classroom. Motivation and success are what drive individuals....in the school setting, it is critically important that we celebrate and recognize the outstanding things that students accomplish, both inside and outside of their school building. Watching students grow and accomplish their goals is one of the main reasons most go into education, including ourselves. The recognition of students fosters strong relationships among students, families, faculty, and the community and helps create a positive school culture where students feel valued. Therefore, by highlighting the students monthly helps our community to do the same thing. This month we are featuring Juan Jojola and Kyle Valdez.

### Juan Jojola 11th Grade at Los Lunas High School



Juan is a Junior this coming school year. He is the oldest child of three. His parents are Lorraine Garcia and Juan Jojola, Sr. He enjoys hunting, fishing, weightlifting, and driving around with friends in his free time.

He enjoys listening to music. Depending on his mood, it sets the genre for the type of music he is listening to. We joked about how we like (Lah fa) Spanish music and how we cannot speak Spanish but can sing the heck out of Spanish songs as if we were Al Hurricane or Selena. Juan does have a great sense of humor to go along with his big smile. He works at the Starlight Movie Theater in Los Lunas. He gets to see all the new movies, eat free popcorn and enjoy all the Icee drinks he wants. Juan has played football since he was in middle school. It was during that time that he recognized that he needed to have good grades in order to play sports.

Juan is a straight A student with a 4.0 GPA. Currently he is ranked # 15 out of 336 students in his junior class. He has lettered in academics twice. When asked how he has been able to attain this achievement, he spoke highly of his parents and family support from his stepfather and godfather. His parents have always encouraged Juan to succeed. His mother spoke about defining clear expectations for their children such as getting no letter grade lower than a B. Juan stated that knowing what is expected of him in school and knowing that his parents are there to help develop a correction plan to improve grades that are low has helped him work harder. Juan said he fears getting an F in any subject but his parents consistently check on his grades through the Parent Portal app to make sure they on top of his academics. His mom reminded him of how very proud she is of him.

He noted that he does not have a favorite class or subject area but said that math is a subject that comes easy and naturally to him. He can figure out math problems in his

head without having to work problems out. It becomes harder when he has to show his work on solving problems from mind to paper. His favorite teacher has been Ms. Neil who teaches science. She is an individual that is always willing to help students, enjoys teaching, take the extra time to make sure her students understand concepts as well as sparing some free time to make jokes.

His plans after graduation are to go to Universal Technical Institute in Avondale, AZ. He plans to pursue his passion/trade as a diesel mechanic. He was given an older standard Chevy truck to fix up and from there is when he knew what he wanted to go to school for after high school. His stepfather is a truck driver of big rig as well as his godfather, so that has added more inspiration to knowing what he wants to be. His next goal he has set for himself is to move up the class rankings from 15 to top 10 or top 5 of his class. He wants to get as many scholarships as possible to help with his college career out of state.

His advice to fellow classmates is to always study. Juan stated that he gets nervous before taking tests. He thinks it is due to overthinking the test, but knowing that he has studied helps. His advice to other students is that if he can do it, so can you. Always study. Do not get sad if you fail. Think positively because you never know the outcome of a situation.

### Kyle Valdez 11th Grade at Los Lunas High School



Kyle is a Junior at Los Lunas High School this year. He is the son of Michael “Buzzy” and Michelle “Shelly” Valdez. He is 17 years old and plays football and

baseball for Los Lunas High School. In addition to playing sports, he has a part-time job at Isleta Golf Course. Some of his interests include hunting, fishing, playing golf, or anything sports related. His peers would describe him as the party planner. He likes to plan events and make sure everything is ready. Others would describe him as the “Rock” of the group or a good listener.

Here are some of thoughts about being a student. He has found that he has taken an interest to writing. During the beginning of his English class last year he was introduced to bell work in which he had to do some free writing. Instead of it being work, he found it was something he enjoyed.

Some of his favorite classes include math and chemistry. He talked about his teacher, Mr. Strickland and him not only teaching the subject of chemistry but also making the learning fun and engaging. He did lots of hands-on projects and walking the students through the process of experiments and projects. He was nice and worked with the students to make the in depth information



understandable. He also recognized his English teacher Ms. Baldanado as a good teacher and making his English class fun and where he found his enjoyment in writing. He does not have any classes that he does not enjoy but math, chemistry, and English are among his favorites.

Some of his accomplishments include earning a letter for sports and a bar. Because he enjoys playing sports for high school also means that he has to maintain a 2.0 GPA or higher with no F’s. Some of his advice for fellow students is to pay attention in class to learn what is being taught and study. He stated that keeping good grades is hard. He constantly checks Power School. Talking about his grades with his friends and mom help him as well. He realizes that his grades are a reflection of his study habits and not his teachers. That means turning schoolwork on time if you want your work graded on time. If your work is graded late, remember it’s no one else’s fault but your own. For test taking, Kyle advises everyone should take good notes in class. The notes help get good grades as well as looking over those notes regularly before taking a test.

His challenge he sees for himself is trying not to fail a class and keeping on top of work. He has had a few close calls but managed to pass. Knowing that G1 and G2 grades matter significantly, especially if he has to remain eligible for sports. As a heads up, try to get all your work and projects done before school breaks. Not only do you want a break from school but your teachers do as well. They probably do not want to be grading last work over break. Try not to overthink things. That causes him to put pressure on himself. Self-talk helps to get through the pressure.

Lastly, if he could change one thing about himself it would be to change his laziness. When asked why, he stated because he can easily fall behind on tasks and projects or not want to do anything. He recognizes that it is changeable but making the change is the factor.

### Los Lunas High School Information:

If you are not sure what classes your student should be taking and want to ensure that they are on the right track for credits, taking credit recovery courses if needed, or want to look at your student’s high school transcript, now at the beginning of the school year is a good time to do so. Freshmen, sophomores, juniors, and seniors each have their own high school counselor for their class. Building a collaborative relationship with your student’s counselor has many benefits. To make an appointment to begin this process call Ms. Maggie Montoya at (505)865-4646 ext. 6144.

Until next month.....Michelle and Jo





Open to all Isleta Pueblo tribal members and Native Americans attending Los Lunas Public Schools



College Representatives

BACK TO SCHOOL & CHILD FIND Event

Save the date SATURDAY JULY 22, 2023 LOCATION & TIME: TBD

Afterschool opportunities

School Supplies

A collaboration with the following Pueblo of Isleta Departments: Department of Education, Head Start & Child Care, Parks & Recreation, Police Department, Truancy, Public Library, Human Resources, Social Services, Isleta Elementary & many more



Pueblo of Isleta  
Department of Education  
950 Moonlight Drive  
Albuquerque, NM 87105  
505-869-9790





Pueblo of Isleta  
Department of Education  
& Tiwa Language Program

TIWA LANGUAGE PROGRAM

Participants must live within the boundaries of the Pueblo of Isleta.

The Department of Education is looking for families or individuals interested in Strengthening the Tiwa language.

Those interested must be able to:

- Commit 2 hours per week for six weeks
- Follow language learner norms
- Provide feedback via pre & post surveys
- Willing to actively participate virtually

Please use the following link or QR code to register  
[https://isletapueblo.formstack.com/forms/tiwa\\_pilot](https://isletapueblo.formstack.com/forms/tiwa_pilot)



Please contact the Department of Education at 505-869-9790 if you have questions.

Updated 6/28/22

LLHS 2023/24		
EVENT	DATES & TIMES	DETAILS
KICK-OFF WEEK	<ul style="list-style-type: none"><li>July 17 - 8:30am to 12pm for 11th &amp; 12th graders</li><li>July 18 - 8:30am to 12pm for 10th graders</li><li>July 19 - 5pm to 7:30pm for 9th &amp; new students</li><li>July 20 - 5pm to 7:30pm for 9th &amp; new students</li></ul> If you have multiple students, choose one day to come.	<ul style="list-style-type: none"><li>Start at LLHS front entrance</li><li>Bring your student MacBook</li><li>New address? Bring proof of residence</li><li>Need a parking permit? Bring the student's driver's license and the vehicle's registration and insurance</li><li>Need bus service? Bring proof of residence and/or driver's license or state-issued I.D</li><li>Bring Cash or Check to pay for fees and PE uniforms</li></ul>
MACBOOK DISTRIBUTION	For registered 9th graders <ul style="list-style-type: none"><li>July 19 - 4pm, 5pm, 6pm</li><li>July 20 - 4pm, 5pm, 6pm</li></ul>	<ul style="list-style-type: none"><li>Sign up for a time on SignupGenius- links will be available in July</li><li>1 parent/ guardian per student</li><li>In LLHS Lecture hall Rm. 309</li></ul>
FRESHMEN & NEW STUDENT ORIENTATION	<ul style="list-style-type: none"><li>July 25</li><li>Doors open at 4:45pm, presentation begins at 5:30pm</li></ul>	<ul style="list-style-type: none"><li>Begin in the LLHS Auditorium</li><li>Tour the school after the presentation</li></ul>

WELCOME TIGERS!

Let's get ready for the new school year:



Please Complete Returning Student Registration by June 30th

Registration Kick-off is the Week of July 17th

MacBook Distribution - July 19 & 20

Freshmen & New student Orientation - July 25

NM Poison Control

We should be cleaning and disinfecting more often. It is important that you do not inject or ingest these chemicals into your body. Please remember to keep ALL chemicals out of children's reach. If any cleaning or disinfectant solution is swallowed or injected, please contact the NM Poison Control immediately.



POISON HelP  
1-800-222-1222  
NEW MEXICO POISON & DRUG INFORMATION CENTER

1-800-222-1222

2023 - 2024



1000 Moonlight Drive  
Albuquerque, NM 87105  
505-869-2321

www.isletaelementary.com

Jul 4	Independence Day, No School	
Jul 10-21	Summer School	
Jul 25	Employees First Day of Contract	
Jul 25-31	Staff Professional Development, No School	
Aug 1	First Day of School for Students	
Aug 28	Staff Professional Development, No School	
Sept 4	Labor Day, No School	
Oct 9	Indigenous People's Day, No School	
Oct 12-13	Parent-Teacher Conferences	
Nov 1	Staff Professional Development, No School	
Nov 10	Veterans Day, No School	
Nov 20-24	Thanksgiving Break, No School	
Dec 21-Jan 3	Winter Break, No School	
Jan 3	Staff Professional Development, No School	
Jan 15	Martin Luther King, Jr. Day, No School	
Feb 8-9	Parent-Teacher Conferences	
Feb 19	President's Day, No School	
Mar 11-15	Spring Break, No School	
Mar 29 -Apr 1	March Break, No School	
Apr 1	Staff Professional Development, No School	
May 23	Students Last Day of School	
May 24	Employees Last Day	
May 27	Memorial Day, School Closed	
Jun 19	Juneteenth, School Closed	
	<b>End Date</b>	<b>Grades Due</b>
Quarter 1	Oct 6	Oct 11
Quarter 2	Dec 20	Jan 4
Quarter 3	Mar 8	Mar 19
Quarter 4	May 22	May 23

July 2023						
S	M	T	W	T	F	S
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9	10	11	12	13	14	15
16	17	18	19	20	21	22
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30	31					
August 2023						
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September 2023						
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October 2023						
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November 2023						
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December 2023						
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31						

January 2024						
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February 2024						
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25	26	27	28	29		
March 2024						
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					1	2
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24	25	26	27	28	29	30
31						
April 2024						
S	M	T	W	T	F	S
	1	2	3	4	5	6
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21	22	23	24	25	26	27
28	29	30				
May 2024						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	
June 2024						
S	M	T	W	T	F	S
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2	3	4	5	6	7	8
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16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

Early Release Day, Dismiss at 12:30 pm		
Aug 11	Oct 27	Feb 23
Aug 25	Dec 8	Mar 8
Sept 8	Jan 12	Mar 22
Sept 22	Jan 26	Apr 12
Oct 12	Feb 8	Apr 26
Oct 13	Feb 9	May 10

Testing Window (Tentative)	
Sept 5-22	NWEA Fall
Jan 16 - Feb2	NWEA Winter
Apr 29 - May 17	NWEA Spring
Apr 2 - 19	BIE Math & ELA
Apr 15 - 26	BIE Science
Jan 29 - Feb 23	WIDA Access

Special Events	
Oct 11	Quarter 1 Awards Assembly
Jan 5	Quarter 2 Awards Assembly
Mar 20	Quarter 3 Awards Assembly
May 22	Kindergarten Promotion
May 22	6th Grade Send Off
May 23	Quarter 4 Awards Assembly (Gr 1-5)

Holiday, School Closed

No School

Staff Professional Development, No Students

Early Release

Parent/Teacher Conferences

Employee First & Last Day of Contract

Students First & Last Day of School

184 Instructional Days / 219 Contract Days





Approved by School Board/EPA: 

Signature


06/05/2023  
Date

### Ancestral Lands Hiking Club

**Ages 8 - 13**  
1st Session: 6/5 - 6/16  
2nd Session: 6/26 - 7/7  
3rd Session 7/17-28  
Explore the outdoors and visit culturally important sites!  
**Questions? Contact Ben Jojola at (360)333-0741, Elyza Zuni at (505)321-6138 or Amber Chapo at (505)494-9084**



## FRIDAY NIGHT LIGHTS



### VALENCIA JAGUAR YOUTH FOOTBALL CAMP

JULY 14, 2023  
6:30 PM - 8:30 PM

**AGES: K-8TH**


**WHERE: VALENCIA HIGH SCHOOL JAGUAR STADIUM**

**TICKETS: \$20 PER PARTICIPANT. EACH PARTICIPATE WILL GET A FREE MEAL**

**FREE ENTRY FOR ALL SPECTATORS**

**CONCESSION WILL BE AVAILABLE**

**WHAT TO BRING → CLEATS AND WATER**



**For any questions, please contact Coach Shawn at 505.261.6994**

PARKS & RECREATION DEPARTMENT

July is here! I hope we are all ready for the real heat of summer! Make sure that you stay hydrated, if you don't you may find yourself dealing with a bout of heat exhaustion, so it's very important that you do your best to drink lots of water to make sure that you stay hydrated.

Our summer is going well! We have many kids participating and having fun in our summer recreation program. Our Parks Maintenance Crew and Weed & Litter Crew are out and about making sure that our parks are looking good. We have had a steady flow of tribal members coming to Rec Center and Old Rec throughout the day and evenings. It seems as though many more tribal members are getting healthy these days, which is an awesome thing! Our Swimming pool is getting lots of use as well. The recreation kids have been using the pool three or four times a week and tribal members have been scheduling times to use it as well. Our Men's Basketball League on Sundays is going really well and we are also trying to start a softball league as well. If you are interested in signing up for the softball league or if you want more information on anything happening in the Parks & Recreation Department, please feel free to contact us at (505) 869-9777.

Over all, things are popping in the department and Staff has been extremely busy this summer with the overall day to day operations, especially working with summer recreation kids. I want to thank all the adults that have been using the facilities for being patient and understanding that most of our attention goes towards the youth recreation program during June and July, especially this year now that covid hasn't hindered our ability to have a good summer program for our youth again.

Have a wonderful and safe 4th of July!



## Call, Text, or Message 988

For Mental Wellness

**988 NM Crisis Support**  
**988nmcrisissupport**  
<https://988nm.org/>



### Reasons to call 988:

Need information or referrals for local community services?

Feeling sad, confused, or angry?

Worried about your safety or someone you know?

Service member or veteran & their families in need.

Worried about alcohol or drug use or abuse.

Have something on your mind that you want to talk over.



**988 NM Crisis Support**  
**988nmcrisissupport**  
<https://988nm.org/>

Tips for Parents:

- Set curfews:**  
Have a set curfew, but if you do decide to extend curfew do not let hours go by without checking on your child. Know where they will be and how long they will be there.
- Communicate your expectations:**  
Even though you might have talked to your child about the choices they make and how it will affect them, it is always a good idea to have the conversation again especially around this time of year.
- Trust:**  
Building trust with your child is mutual; this builds a strong relationship between child and parent. This also allows for growth and understanding.
- Boundaries:**  
Your child might want to go to a celebration that is out of town or at place you are not familiar with. Allowing your child to attend these celebrations might create a safety risk for your child and yourself. Make sure you discuss your concerns and make your decisions based on the outcome of your conversation.





## Pueblo of Isleta Public Library

Hello summer! We hope you are all staying cool on these hot summer days. Please remember to keep yourself and your pets (aka furry family members), hydrated and out of direct sunlight. For a life hack the library has an amazing A/C unit and the building stays nice and cool, so come to the library and hang out with a good book, hop on a computer, enjoy FREE WIFI or play one of our many board games that we have available.

### News

In observance of the Fourth of July holiday, the library will be closed on Tuesday, July 4th. Library media that is due can be returned to our drop box located outside the library or returned on Wednesday, July 5th. If you need to renew library material, please remember that you can renew using our NEW library mobile app. Have a safe and fun Fourth of July. Notices and reminders will be posted on the library’s social media pages.

In the past, snakes have been spotted slithering around the Library/Education Complex. Watch where you step, have lunch and sit down. Please report any snake sightings to either the library front desk or DOE. We ask that you DO NOT try to handle the situation on your own due to some snakes being venomous. Remember that little snakes are the most venomous, so don’t let their size fool you. We will have Isleta Animal Control handle the situation as they have the proper equipment and training to properly handle snakes. Thank you in advance for your cooperation with this matter. We want everyone to be safe.

Do you have a lost library card? Don’t feel like paying \$5 for a new one? Well, the library has a solution to your problem, download the library’s NEW mobile app and download your digital library card all for FREE. Available now in the App Store or Google Play be searching for “POI Public Library.” After downloading you will need your library card barcode number and PIN to access you account. The library’s mobile app will allow you to search our library catalog, check out books and materials, browse events, access our e-Library digital resources, set up your digital card and more! For more information or if you need help downloading or setting up your pin number, please come in or call the library at 505-869-9808.

Our Family Story Time will be taking a break this June and July because library staff will be busy with the Summer Reading Program. Story Time will begin again in August with story times every Wednesday starting at 10:30am activities and crafts will follow. If you have any questions about our story time, please give the library a call at 505-869-9808 and speak with a staff member.

### Upcoming

Soon the library will be working on programs for the community starting in August. The library staff has discussed many program ideas and are excited to start general library programs once the Summer Reading Program has concluded. We would also like to hear from you! For any suggestions you can use our NEW Mobile app and send us any program ideas that you may have in the Feedback section. Some of the programs we have done in the past include computer classes, book clubs for adults, teens and

tweens, painting, sewing, DIY crafts, food programs and much more. We appreciate your suggestions and feedback.

Our After School Program registration will begin the week of July 24th. We will be accepting 20 students, kindergarten and up into our program, and it is first come first serve basis with limited slots available. The following is the number of students we will be accepting from each school.

- Isleta Elementary: 10 slots
- Sundance Elementary: 5 slots
- Bosque Farms Elementary: 5 slots

Transportation will be provided for Bosque students ONLY to the library. All other schools have bus stops near the library. To register you must come into the library to fill out a registration packet. Only parents/guardians may fill out a registration packet. No exceptions!

The After School Program will start on Tuesday, August 1st. Program will include homework help, daily reading, reading activities, incentive programs, activities, crafts, field trips, FREE snacks and much more. For more information on this program, please call the library at 505-869-9808 and speak with a staff member.

### Recap

The first week of the Summer Junior Reading Program was all about getting to know one another, as some students are nervous and are adjusting to a new routine. This year our Junior Program students were very independent considering they are only between the ages of 3-6 years old. The library staff presented the rules and made everyone comfortable by doing a variety of ice breakers. In the following weeks students have been busy participating in daily story time, sensory bins, STEAM curriculum, and outside play. This includes growing their own butterflies, making volcano slime, going to the park for a bug hunt and so much more. As a special surprise we had a presentation by Exotics of the Rainforest who talked about their exotic animals. For the month of June, students went on their first field trip to Jungle Jam and Dion’s. They will be taking their final field trip to Urban Air on Thursday, July 20th.

Our Youth Program for ages 7-14 have been working in their group curriculums and reading groups. Students read for 30 minutes each day and then will discuss what they read in their groups. This year we had 4 curriculums for students to choose from: Anime Cooking, Harry Potter, Welcome to the Jungle, and Once Upon a Time. The students will be in their chosen group for the first 3 weeks and after the break will choose a different curriculum that they are interested in for the second 3 weeks. For the month of June, students went on their first field trip to Elevate and Peter Piper Pizza. They will be taking their final field trip to Cliffs and Fuddruckers on Friday, July 21st.



*SRP Junior Program during Icebreaker week!*



*SRP Junior students making Volcano Slime!*



*SRP Junior Program watching the Exotics of the Rainforest!*



*SRP Harry Potter group took their mini field trip to Teri’s Sweet Garden!*



*SRP Junior Program on their field trip to Jungle Jam!*



*SRP Junior Program at the Start Line for Mario Kart!*



*SRP Anime Cooking group making wontons!*



*SRP Welcome to the Jungle group reading their book!*



*SRP Once Upon a Time group making puppet*



*SRP Youth Program on their field trip to Elevate!*




# Isleta Pueblo Library Online Resources

Take the library home with these FREE online resources. You just need a library card and pin!



**Overdrive** is a website with access to thousands of ebooks, audiobooks, manga, magazines, and more available to download.



**Libby** is **Overdrive's** app for mobile devices where you can read in app or download straight to your device.



Access the NYT online with your library card.



**Freegal Music** gives access to legal commercial music. Stream or download!



Courses and tutorials offered for many hobbies, crafts, and other technical skills on **Skill Share**.



**LinkedIn** offers online courses, classes, training, and tutorials for those seeking employment or trying to grow their job skills.



950 Moonlight Dr SW,  
Albuquerque, NM 87105 • [nathaniel.lujan@isletapueblo.com](mailto:nathaniel.lujan@isletapueblo.com)

## Pueblo of Isleta Public Library After School Program 2023-2024



### REGISTRATION STARTS ON JULY 24TH @8AM

LIMITED SLOTS AVAILABLE

ISLETA ELEMENTARY: 10 SLOTS  
SUNDANCE ELEMENTARY: 5 SLOTS  
BOSQUE FARMS ELEMENTARY: 5 SLOTS

\*TRANSPORTATION WILL BE AVAILABLE FOR BOSQUE STUDENTS ONLY TO THE LIBRARY. ALL OTHER SCHOOLS HAVE BUS STOPS NEAR THE LIBRARY!

### Schedule:

Starts on Tuesday, August, 1st.

Monday-Thursday  
2:30pm-5:30pm

Friday  
2:30pm to 4:30pm

For Students Kindergarten and up

### Registration Basics:

To register you must come into the library to fill out a registration packet.

Registration is on a first come first serve basis.

Only Parents/guardians may fill out a registration packet. No exceptions!

### Fun Facts About the After School Program:

- Homework Help
- Reading/Reading Activities
- Incentive programs
- Activities/Crafts
- Field Trips
- FREE Snacks
- WIFI/Computers/Printing

### For More Information:

505-869-9808

Facebook.com/IsletaPuebloLibrary

@isletapueblibrary

@poipubliclib

## PUEBLO OF ISLETA PUBLIC LIBRARY

# LIBRARY APP



SEARCH BETTER

CONNECT TO YOUR LIBRARY WITH THE "POI PUBLIC LIBRARY" APP



YOUR LIBRARY ON YOUR PHONE



SEE LIBRARY EVENTS



DIGITAL LIBRARY CARD



SEARCH FOR MATERIALS



PUT ITEMS ON HOLD



RENEW ITEMS



MANAGE ACCOUNTS

...and more!



Available on the App Store



GET IT ON Google Play

## GET IT NOW!

## PUEBLO OF ISLETA PUBLIC LIBRARY

950 MOON LIGHT DR, SW ALBUQUERQUE, NM 87105

# STEAM KITS TO GO!



PENWORTHY →

# NOW AVAILABLE!

PENWORTHY STEAM TO GO! KITS ARE NOW AVAILABLE FOR CHECKOUT!

EACH KIT PROVIDES HANDS-ON ACTIVITIES FOR A VARIETY OF DIFFERENT SUBJECTS INCLUDING ANIMALS, SPACE, SHAPES, PHONICS AND MUCH MORE.



STEAM TO GO! KITS MAY BE CHECKED OUT FOR ONE WEEK, WITH A LIMIT OF ONE KIT AT A TIME PER HOUSEHOLD.

FOR MORE INFORMATION PLEASE CALL 505-869-9808





# LET'S GO TEAM!



# SPRING & FALL CHEER

Learn cheering fundamentals, team building, sportsmanship, and sideline cheers.

Cheer at games and compete in cheer competitions!

## JUNIOR CHEER

**Spring and Fall**  
Open to girls and boys | Ages 5-6

## SPRING CHEER

**Starting 03/28/23**  
Open to girls and boys | Ages 7-14

## FALL CHEER

**Starting 07/17/23**  
Open to girls and boys | Ages 7-14

505-883-9303 | [www.nmyafl.org](http://www.nmyafl.org)  
5300 Ponderosa Ave. NE Alb., NM 87110



# REGISTER EARLY!

## \$25 LOCKS YOUR SPOT FOR ANY SEASON

Monthly payment plans are available! Check out [NMYAFL.org](http://NMYAFL.org) for payment details. Registration fees include full custom uniform and pom poms.

## PRICING FOR ALL SEASONS

	Spring Cheer	Fall Junior Cheer	Fall Cheer
Early Bird Pricing	\$125	\$105	\$150
Pricing after 03/10/23		\$130	\$175

## REGISTER ONLINE

### NMYAFL.ORG



# 100% EVERY GAME



# FLAG & 7 V 7 FOOTBALL

## NFL FLAG FOOTBALL

NFL flag football is a non-contact game and allows players to learn basic rules and fundamentals.

## SPRING & FALL NFL FLAG

**\$100 each season**  
Practices are only two days a week!

**Open to boys and girls ages 5-14**  
Spring and Fall tackle for ages 7-14

## SPRING (14U) 7 V 7

Get ready for high school football! 7 on 7 highlights the skills of passing and route running. There are no pads in 7 on 7 because there is no tackling.

**Starting 03/27/2023 | \$130**  
Open to 8th graders going to high school next Fall.



# REGISTER EARLY!

## \$25 LOCKS YOUR SPOT FOR ANY SEASON

Monthly payment plans are available! Check out [NMYAFL.org](http://NMYAFL.org) for payment details. Registration fees include everything needed to play flag and 7 on 7 football except cleats.

## REGISTER ONLINE

### NMYAFL.ORG

505-883-9303 | [www.nmyafl.org](http://www.nmyafl.org)  
5300 Ponderosa Ave. NE Alb., NM 87110



# IT'S GAME TIME!



# TACKLE FOOTBALL

Learn the fundamentals of football, team building, and sportsmanship

## FALL SEASON

**Ages 7-14**  
8 games, potential playoff games

**Mighty Mites (7U)**  
8 player USA Rookie Football Tackle

**Pee Wee (8U)**  
8 player regular tackle football

**Rookies through Varsity**  
11 player regular tackle football

Early Bird pricing	Age 7	Age 8	Age 9-14
	\$150	\$175	\$240
Pricing after 03/10/23	\$175	\$200	\$265

## REGISTER ONLINE

### NMYAFL.ORG



# SPRING SEASON

## \$200 FOR ALL AGES

**Ages 7-14**  
8 player football, 6 games, and potential playoff games.

**Mighty Mites (7U)**  
8 player USA Rookie Football Tackle

# REGISTER EARLY!

**\$25 locks your spot for ANY season** and monthly payment plans are available! Check out [NMYAFL.org](http://NMYAFL.org) for payment details. All registration fees include Game Jersey, pants and mouthpiece. Helmet and Shoulder Pads are available upon submitting a \$75 Refundable Deposit for new and varsity players.

505-883-9303 | [www.nmyafl.org](http://www.nmyafl.org)  
5300 Ponderosa Ave. NE Alb., NM 87110

# SELF DEFENSE FITNESS



# LOOKING FOR A SUMMER ACTIVITY?

We're celebrating 10 years and as a thank you gift we will be offering free summer classes to all new members.\*

Classes are **FREE** for youth for the months of June and July!

## CHECK OUT THE SCHEDULE OF CLASSES!

Scan QR code for more details!

### SCAN ME



## MORE INFORMATION:

Facebook: [facebook.com/gbloloslunas](https://facebook.com/gbloloslunas)  
Instagram: [instagram.com/gbloloslunas](https://instagram.com/gbloloslunas)  
Or call (505) 440-2310



## GRACIE BARRA LOS LUNAS CLASS SCHEDULE

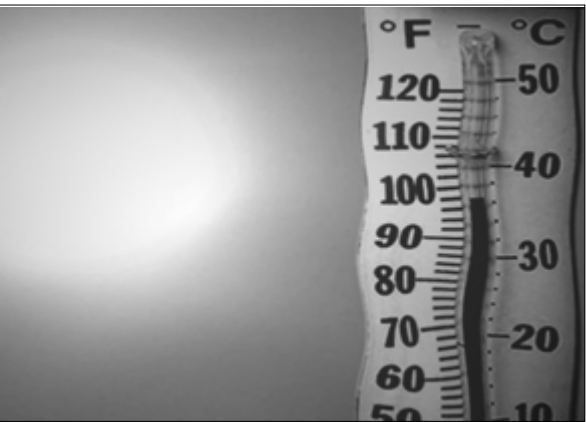
CLASS	TIME	AGE	LEVEL	LOCATION
GRACIE BARRA LOS LUNAS	5:00 PM - 6:00 PM	ALL AGES	Beginner	Los Lunas
GRACIE BARRA LOS LUNAS	6:00 PM - 7:00 PM	ALL AGES	Beginner	Los Lunas
GRACIE BARRA LOS LUNAS	7:00 PM - 8:00 PM	ALL AGES	Beginner	Los Lunas
GRACIE BARRA LOS LUNAS	8:00 PM - 9:00 PM	ALL AGES	Beginner	Los Lunas
GRACIE BARRA LOS LUNAS	9:00 PM - 10:00 PM	ALL AGES	Beginner	Los Lunas
GRACIE BARRA LOS LUNAS	10:00 PM - 11:00 PM	ALL AGES	Beginner	Los Lunas
GRACIE BARRA LOS LUNAS	11:00 PM - 12:00 AM	ALL AGES	Beginner	Los Lunas
GRACIE BARRA LOS LUNAS	12:00 AM - 1:00 AM	ALL AGES	Beginner	Los Lunas
GRACIE BARRA LOS LUNAS	1:00 AM - 2:00 AM	ALL AGES	Beginner	Los Lunas
GRACIE BARRA LOS LUNAS	2:00 AM - 3:00 AM	ALL AGES	Beginner	Los Lunas
GRACIE BARRA LOS LUNAS	3:00 AM - 4:00 AM	ALL AGES	Beginner	Los Lunas
GRACIE BARRA LOS LUNAS	4:00 AM - 5:00 PM	ALL AGES	Beginner	Los Lunas

# ISLETA POLICE DEPARTMENT

## WELCOME TO SUMMER!



The summer season officially arrived June 21, 2023 and officially ends September 23, 2023. We have already experienced some rather high temperatures even before this. Heat emergencies have already been seen in the Pueblo, so the Isleta Police Department would like to remind everyone to take extra measures to avoid unnecessary exposure to the sun and heat. It is particularly important to check on the elders ensuring their home environments are not excessively hot, they are able to stay cool and hydrated. The National Institute of Aging published:



Too much heat is not safe for anyone. It is even riskier if you are older or have health problems. It is important to be cautious and get relief quickly when you are overheated. Otherwise, you might start to feel sick or risk a heat-related illness that could cause serious health issues.

Why can extreme weather be even more dangerous for older adults than for younger people? Hotter days can cause difficulty in the body's ability to regulate its temperature. This can be challenging for older adults who typically do not adjust as well as others to sudden temperature changes. Additionally, older adults are more likely to have chronic medical conditions that affect the body's response to temperature, and to take prescription medicines that alter the body's ability to control temperature or sweat.

- **Heat syncope** is a sudden dizziness that can happen when you are active in hot weather. If you take a heart medication called a beta blocker or are not acclimated to hot weather, you are even more likely to feel faint. Rest in a cool place, put your legs up, and drink water to make the dizzy feeling go away.
- **Heat cramps** are the painful tightening or spasms of muscles in your stomach, arms, or legs. Cramps can result from hard work or intense exercise. Though your body temperature and pulse usually stay normal during heat cramps, your skin may feel moist and cool. Stop the physical activity you're doing and rest in the shade or in a cool building. Drink plenty of fluids, such as water and sports drinks containing electrolytes. Do not consume alcohol or caffeinated beverages.
- **Heat edema** is a swelling in your ankles and feet when you get hot. Put your legs up to help reduce swelling. If that doesn't work fairly quickly, check with your doctor.
- **Heat rash** is a skin irritation from heavy sweating. It causes red clusters of small blisters that look similar to pimples

on the skin. Your skin may feel itchy or you may feel "prickly" tingling pain. Keep the infected area dry, use powder to sooth the rash, and stay in cool areas.

- **Heat exhaustion** is a warning that your body can no longer keep itself cool. You might feel thirsty, dizzy, weak, uncoordinated, and nauseated. You may sweat a lot. Your body temperature may stay normal, but your skin may feel cold and clammy. Some people with heat exhaustion have a rapid pulse. Rest in a cool place and get plenty of fluids. If you don't feel better soon, get medical care. Be cautious because heat exhaustion can progress to heat stroke.
- **Heat stroke** is a medical emergency in which the body's temperature rises above 104°F. Signs of heat stroke are fainting; confusion or acting strangely; not sweating even when it's hot; dry, flushed skin; strong, rapid pulse; or a slow, weak pulse. When a person has any of these symptoms, they should seek medical help right away and immediately move to a cooler place, such as under shade or indoors. They should also take action to lower their body temperature with cool clothes, a cool bath or shower, and fans.
- **Sun exposure**, also known as sunburn, is a sign of skin damage due to extreme or long exposure. Your skin may appear red and tender, develop blisters, start to peel, and be warm to the touch. Severe reactions may cause fever, chills, nausea, or rash. Prevent sunburn by wearing protective clothing that covers your skin and staying out of direct sunlight. Using a broad spectrum sunscreen with an SPF of 15 or higher can also help prevent sunburns, but be sure to reapply often. If you are sunburned, wear lightweight clothing, take cool showers, moisturize affected areas, and stay out of the sun so your skin can heal.

### What raises the risk of heat-related illnesses for older adults?

Older adults are at higher risk for heat-related illnesses and death. Factors that put older adults at greater risk may include:

- Health problems such as cardiovascular, lung, or kidney disease
- Changes in skin caused by normal aging
- Any illness that causes weakness or results in a fever
- Taking drugs such as diuretics, sedatives, tranquilizers, and some heart and high blood pressure medicines that may make it harder for the body to cool itself
- Being on several prescription drugs at the same time
- Having obesity, overweight, or underweight
- Drinking alcoholic beverages
- Living in places without air conditioning or fans
- Becoming dehydrated

### TIPS TO STAY SAFE IN HOT WEATHER

- Drink plenty of liquids, such as water, fruit or vegetable juices, or drinks that contain electrolytes. Avoid alcohol and caffeinated



beverages. If your doctor has told you to limit your liquids, ask what you should do when it is very hot.

- If you live in a home without air conditioning or fans, try to keep your space as cool as possible. Limit use of the oven; keep shades, blinds, or curtains closed during the hottest part of the day; and open windows at night.
- If your living space is hot, try to spend time during midday in a place that has air conditioning. For example, go to the shopping mall, movies, library, senior center, or a friend's home. You may also contact your local health department or city to find out if they have air-conditioned shelters in your area.
- If you need help getting to a cooler place, ask a friend or relative. Some religious groups, senior centers, and Area Agencies on Aging provide this service. Search the Eldercare Locator to find services in your area. You could also consider taking a taxi or other car service or calling your local government to see if they offer senior transportation. Don't stand outside in the heat waiting for a bus.
- Dress for the weather. Wear lightweight, light-colored, loose-fitting clothing. Natural fabrics such as cotton may feel cooler than synthetic fibers.
- Avoid outdoor exercising and other physical activity when it is very hot. Instead, try to find someplace you can be active while staying cool indoors.
- If you must go outside, try to limit your time out and avoid crowded places. Plan trips during non-rush-hour times.
- Make sure to use a broad spectrum sunscreen, SPF 15 or higher, and reapply it throughout the day, especially if your skin will have continuous exposure to the sun. Wear a hat and other protective clothing, and sunglasses. If you do get sunburned, stay out of the sun until your skin is healed and use cool cloths and moisturizers to treat the affected area.
- Ask your doctor if any of your medications make you more likely to become overheated or sunburned.

### Key points to remember about hot weather safety

Older people can have a tougher time dealing with heat and humidity. The temperature inside or outside does not have to be high to put them at risk for a heat-related illness. Headache, confusion, dizziness, or nausea could be a sign of a heat-related illness. Go to the doctor or to an emergency room to find out if you need treatment.

To keep heat-related illnesses from becoming a dangerous heat stroke, remember to:

- Get out of the sun and into a cool, ideally air-conditioned place.
- Drink fluids but avoid alcohol and caffeine.
- Shower, bathe, or sponge off with cool water.
- Lie down and rest

Heat is equally dangerous for children and this is a reminder for drivers –

### NEVER LEAVE CHILDREN OR PETS IN A VEHICLE!





ISLETA POLICE  
DEPARTMENT

A few facts from the National  
Highway Safety Traffic  
Administration (NHTSA)

HEATSTROKE FACTS

The majority of hot car deaths — 53% — happen because someone forgets a child in a car. You may be asking yourself: How does this happen? Families who lost a loved one thought the same thing at one point, but then the tragedy happened to them. Hot car deaths don't just occur in the summer heat. On average, the first vehicular heatstroke of the year happens in March, according to Jan Null, who has been tracking such deaths since 1998. Among the trends he discovered over the years:  
About 46% of the time when a child was forgotten, the caregiver meant to drop the child off at a daycare or preschool.  
Thursdays and Fridays — the end of the workweek — have had the highest deaths. More than half of the deaths (54%) are children under 2 years old.

See a Child Alone in a Vehicle?

If you see a child alone in a vehicle, make sure the child is okay and responsive. If not, call 911 immediately.

If the child appears to be okay, attempt to locate the parents; if at a public place, have the facility page the car owner over an intercom system.

If the child is not responsive and appears to be in distress, attempt to get into the car to assist the child—even if that means breaking a window. Many states have “Good Samaritan” laws that protect people from lawsuits for getting involved to help a person in an emergency.

Remember: Kids and hot cars can be a deadly combination. Don’t take the chance. Always check the front and back seat of the vehicle before locking the door and walking away. Help spread the word on social media, [#HeatstrokeKills](#) [#CheckTheBackSeat](#).

Family pets are just exactly that “family” to their owners and leaving them in a vehicle can have serious and even deadly results. The temperature in a vehicle rises quickly even with the windows rolled down. So rather than take your pet along for a ride to run an errand and leave them in the car when you reach your destination, it is far better to leave them at home where they are much safer.



Greetings Community Business Owner:

We are excitedly preparing for Annual National Night Out (NNO) event. NNO is an annual community-building campaign that promotes police--community partnerships and neighborhood camaraderie. The event is intended to create better and more open lines of communication between the community and the police department. However, we have expanded it to include all departments on the Pueblo. These departments are integral in providing assistance to members of the community, which our police department frequently makes referrals on behalf of those in need of assistance or guidance.

This year's event is scheduled for Friday, August 4<sup>th</sup>, 2023 from 5:00 p.m. to 8:00 p.m. at the Isleta Pueblo Recreation Center on Tribal Road 40. During the event, Isleta Pueblo community residents are invited to play games, pick up information on crime prevention, learn about resources available to them from various departments or businesses, and enjoy complimentary food and beverages. Community residents will have the opportunity to meet first responders and other community service providers.

As this is a self-sustaining and free event, we are seeking sponsorship in the forms of monetary, products, or services donations. To make this a success, we look to businesses, organizations, and residents for sponsorship donations.

Businesses and organizations can also participate by providing a door prize donation. We have all ages attending and door prizes can be for any age group. You will be acknowledged as the donor at the time of the drawing.

Monetary, products, or services donations can be sent or brought to the below listed address:

Pueblo of Isleta Police Department  
3950 State Road 47 SE  
Albuquerque, NM 87105  
ATTENTION: Heather Trujillo

In addition, if you wish to participate by setting up a booth, we ask that all handouts/information be child and public friendly. Booth stations are on a first come, first serve basis and we ask that you arrive in sufficient time to set up prior to the 5:00 p.m. start time. You must provide your own tables and chairs as well as tents for shade. Please contact us if you are interested in setting up a booth. There is no cost for a booth.

For questions or more information about NNO, please do not hesitate to contact Ms. Heather Trujillo. We thank you for your time and hope that you are able to be involved in making our Annual National Night Out event a tremendous success for the community!

Sincerely,

*Chief Victor Rodriguez*

Heather Trujillo, Records Tech  
505-869-9743 or email: [heather.trujillo@isletapueblo.com](mailto:heather.trujillo@isletapueblo.com)

Shayla Howard, Dispatcher II  
505-869-3030 or email: [shayla.howard@isletapueblo.com](mailto:shayla.howard@isletapueblo.com)



## Isleta Police Department Crime Stoppers

**If you see something, say something!**  
**To report you can call or email.**

Phone: (505) 264-7258  
Email: [crimetiphotline@isletapueblo.com](mailto:crimetiphotline@isletapueblo.com)

**Any information provided to include  
your identity can remain anonymous**

**SCAN ME!**



Follow us on Facebook!

You can also reach Dispatch  
at (505) 869-3030  
or call  
911 in an emergency



About Route 208

Bus route 208 provides three northbound and three southbound trips morning/midday between Valencia County, the Pueblo of Isleta, and Downtown Albuquerque when the Rail Runner does not operate. Riders are encouraged to use Route 208 in combination with the Rail Runner, for example, by taking the bus to Downtown Albuquerque midday and returning by train in the evening. Weekdays only.

ADA Accessible

All of our buses and trains are ADA compliant and are equipped with wheelchair lifts or ramps.

Title VI / Non-Discrimination Notice

The Rio Metro Regional Transit District is committed to its Title VI obligations. We do not discriminate on the basis of race, color or national origin in the delivery of service. To obtain more information on our non-discrimination obligations or to file a Title VI complaint, contact us at 809 Copper Ave. NW, ABQ, NM 87102.

El Distrito de Tránsito Regional de Río Metro cumple con las obligaciones del Título VI. No discriminamos por raza, color ni origen nacional al brindar nuestros servicios. Para obtener más información sobre nuestros deberes antidiscriminatorios o para presentar un reclamo del Título VI, contáctenos en 809 Copper Ave. NW, ABQ, NM 87102.

Contact Information

Información de contacto

NM Rail Runner

866.795.RAIL (7245)

www.riometro.org

Rio Metro Valencia

505.352.3595

www.riometro.org

Rio Metro Sandoval

877.660.1110

www.riometro.org

ABQ RIDE

505.243.RIDE (7433)

www.cabq.gov/transit

NM Park & Ride

866.551.RIDE (7433)

www.nmparkandride.com

North Central RTD

866.206.0754

www.ncrtd.org

Santa Fe Trails

505.955.2001

www.santafenm.gov

Socorro Public Transportation

575.835.1501

www.socorronm.gov

Midday Express

Downtown Albuquerque

Pueblo of Isleta

Valencia County

208





Schedule Effective June 3, 2020

Horario efectivo a partir del 3 de junio del 2020



RIO METRO

REGIONAL TRANSIT DISTRICT

866.795.7245 • riometro.org

# Transit Services Now Serving the Pueblo of Isleta

The Pueblo of Isleta and the Rio Metro Regional Transit District Working Together

## Bus Route 208 (No Fares until further notice!)

Bus Route 208 connects the Pueblo of Isleta and Valencia County communities to the Alvarado Transportation Center (ATC) in Downtown Albuquerque during the morning/midday when the Rail Runner does not operate. Route 208 features three northbound trips arriving at the ATC at 9:30am, 11:00am and 1:30pm, and three southbound trips departing the ATC at 9:35am, 11:05am and 1:32pm. At the ATC, riders can transfer to ABQ RIDE bus routes.



Route 208 serves two bus stops on the Pueblo of Isleta. The stop closest to the village proper is located on NM 147 just east of the Rio Grande Bridge. Please do not park and leave vehicles unattended on the adjoining roads near this stop, as the bus and other vehicles use these roads to turnaround and access other locations. Route 208 also stops at the Isleta Pueblo Rail Runner Station, where riders can transfer to the Isleta Resort and Casino shuttle. Because the bus serves the station, riders can also consider using Route 208 in combination with the Rail Runner, for example, taking the bus to Downtown Albuquerque in the mid-morning and returning by train in the evening.

Please see route flyer that includes map, times of Bus Route 208. (No Fares until further notice!)

## Pueblo of Isleta Dial-a-Ride (No Fares until further notice!)

The Pueblo of Isleta Dial-a-Ride operates Monday through Friday from 8:15am to 2:45pm, providing trips within the Pueblo and to the ABQ RIDE Route 53 bus stop on NM 314. Service to places like Smiths, Albertsons and Wal-Mart in Los Lunas is also provided with requests made before noon at least one business day prior to your trip.

Request your Dial-a-Ride trip by calling Valencia County dispatch at (505) 352-3595 before noon at least one business day prior to your trip. Requests are accepted between 5:00am and 3:00pm Monday thru Friday. On the date and time of your trip, a wheelchair accessible van will arrive within 15 minutes of your scheduled pickup time. Trips may also be grouped together; riders should expect to travel with others.



For more information about both services, including a copy of the Route 208 schedule, visit riometro.org and select “Schedules” > “Bus” > “Pueblo of Isleta” from the grey bar near the top of the website. Schedules for Route 208 are also available at the Public Services Department Office at the Tribal Services Complex.

Monday through Friday / lunes a viernes

Downtown Albuquerque, Pueblo of Isleta, Valencia County

208

Each color on the route map represents a fare zone.

Cada color en el mapa representa una zona de tarifa.

1

2

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4

5

Belen Rail Runner Station

Los Lunas Rail Runner Station

NM 147 east of Rio Grande Bridge

Isleta Pueblo Rail Runner Station\*\*

Alvarado Transportation Center\*\*\*

Northbound to Downtown ABQ

Dirección norte hacia el centro de Albuquerque

8:20 A

8:39 A

9:01 A

9:10 A

9:30 A\*

9:50

10:09

10:31

10:40

11:00

12:20 P

12:39 P

1:01 P

1:10 P

1:30 P

5

4

3

2

1

Alvarado Transportation Center\*\*\*

Isleta Pueblo Rail Runner Station\*\*

NM 147 east of Rio Grande Bridge

Los Lunas Rail Runner Station

Belen Rail Runner Station

Southbound from Downtown ABQ

Hacia el sur desde el centro de Albuquerque

9:35A

9:52 A

10:00 A

10:22 A

10:43 A

11:05

11:22

11:30

11:52

12:13 P

1:32 P

1:49 P

1:57 P

2:19 P

2:40

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Alvarado Transportation Center & Downtown Albuquerque

Isleta Pueblo Rail Runner Station

NM 147 east of Rio Grande Bridge

NM 47 & Esperanza Rd. (Bosque Farms)

NM 47 & Molina Rd. (Peralta)

NM 6 & NM 47

Los Lunas Rail Runner Station

Belen Rail Runner Station

Bernalillo County

Valencia County

Map not to scale

N

Legend / Leyenda

Bus Route Zone 1

Bus Route Zone 2

River

Major Cross Streets

Time Point Bus Stop

Non-Timepoint Bus Stop

RM

Rio Metro

NMRX

New Mexico Rail Runner Express

Transfer Points / puntos de transferencia

A NMRX, RM209, RM210

B RM209, RM210

C RM210

D RM210

FREE FARES / TARIFA GRATIS

Children 9 and under | Niños 9 años y menores

Active Duty Military & Veterans

Accepted IDs include a VHIC or VA medical card, a veteran's ID (VIC card), a driver's license with a veteran's designation, Department of Defense Active Duty & Dependent Military IDs, and the NMRX Freedom Pass.

Servicio de veteranos y militares activos

Las identificaciones aceptadas son la tarjeta médica VA o VHIC, una identificación de veteranos (VIC), una licencia de conducir con una designación de veterano, el departamento de defensa de identificación militares activos y dependientes, y la tarjeta de libertad del Rail Runner.

# Health Beat: Sexually Transmitted Infections (STIs)

Dr. Hadley Pope, Physician  
Phone: 505-869-4385 (Medical)

## What are STIs?

Sexually transmitted infections (STIs), sometimes called sexually transmitted diseases (STDs), are infections passed from one person to another during sexual contact (oral, anal, or vaginal sex or genital skin-to-skin contact). STIs can also be passed from a mother to baby, during pregnancy, when giving birth, or when breastfeeding. Some STIs can also be spread by sharing needles. There are more than 20 STIs including gonorrhea, chlamydia, genital herpes, trichomoniasis, HIV, syphilis, and hepatitis. Many STIs don't have any symptoms and the only way to know for sure if you have an STI is to get tested.

## Who should be tested for STIs?

- If you are sexually active, you should get tested for sexually transmitted infections.
- If you are in a monogamous relationship (only having sex with one person who is only having sex with you), get tested at least once in your life.
- If you are having sex with multiple partners, get tested each time you have a new partner, and keep testing regularly (every 3-12 months).
- If you are pregnant, you should get tested for sexually transmitted infections. This helps to protect you and baby.
- If you use IV drugs and share needles, you should get tested for HIV, syphilis, and hepatitis at least once per year.

## How can you prevent STIs?

You can help to protect yourself by:

- Using condoms or dental dams when having sex,
- Talking openly with your partner(s) about sex, STIs, and STI testing,
- You and your partner(s) getting tested BEFORE having sex without a condom or dental dam,
- Talking openly with your doctor about your sexual history and STI testing,
- Asking your doctor if PrEP (a medicine that helps to prevent HIV infection) is right for you.

What STI testing is available at Isleta Health Center? If you are not having any symptoms and want to get screened for STIs, you can schedule an STI screening test without having to see a doctor first. Call 869-4385 and ask to schedule an STI screening test in the lab.

If you are having symptoms of an STI (pain with peeing; discharge or bleeding from penis, vagina, or anus; genital itching; blisters, sores, or warts on genitals or anus) we recommend that you are seen in clinic by a doctor. Call 869-4385 at 8:00am to schedule a same-day appointment.


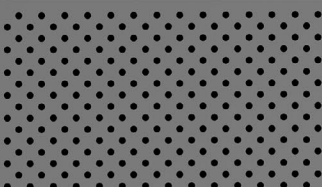
STI testing and treatment is also offered at clinics throughout the state. Visit <https://gettested.cdc.gov/> to find other testing and treatment locations.

COVID-19 COUNSELING  
& SUPPORT SERVICES

IT'S FREE &  
ANONYMOUS.

CALL (505) 954-1057

  
HUMAN SERVICES  
DEPARTMENT



ISLETA HEALTH  
EDUCATION GROUP


Our Goal: Provide health education and peer support to people impacted by chronic health concerns, to empower with knowledge & support, in order to strengthen the health of the community.

Patient Advocacy and  
Navigating Care Choices

Cindy Brown, Senior One

▶▶▶ Tuesday, July , 2023  
5pm-6:30pm

LOCATION: Isleta Health Center  
2nd Door on the North Side of the Building  
If interested in Virtual, please call.



PRIZES  
ALL WELCOME!

JOIN US!  
EVERYONE WELOCME!  
Learn about Chronic Disease,  
Get Support and Be Empowered!

Contact Stephanie Barela, Isleta Health Educator  
(505) 869-4479 | [Stephanie.Barela@islclinic.net](mailto:Stephanie.Barela@islclinic.net)

FREE FOOD DISTRIBUTION



Isleta B'eeh-K'oo-ee Activities Center  
*Pink building behind the Isleta Health Center on the Westside*

First Friday of Each Month  
July 7th, August 4th, September 1st  
9:00-11:00 (or until food runs out)

- Fresh fruits and vegetables
- Low-sugar and low-sodium items
- Ability to connect to other services like SNAP application assistance, TANF, and other benefits
- No Cost!





# Tribal Lifeline

Consumers living on Tribal lands\*  
can receive up to \$34.25 off phone or Internet service.

Lifeline is a federal program that helps lower the monthly cost of your phone or Internet service.

## ELIGIBILITY

You may qualify for a discount if you live on Tribal lands\* **AND** can provide proof for any **ONE** of the following:

- Your income is at or below 135% of the federal poverty guidelines, **OR**
- You participate in any **ONE** of these government benefit programs:
  - Supplemental Nutrition Assistance Program (SNAP)
  - Medicaid
  - Federal Public Housing Assistance (FPHA)
  - Veterans Pension and Survivors Benefit
  - Supplemental Security Income (SSI)
  - Bureau of Indian Affairs General Assistance
  - Tribal Head Start (income based)
  - Tribal Temporary Assistance for Needy Families (Tribal TANF)
  - Food Distribution Program on Indian Reservations Assistance


## WHAT IS A HOUSEHOLD?

You can have multiple households at one address, for example:

- Four adult family members that live at the same address, but do not share income and expenses, may each have their own Lifeline benefit.
- If you share housing with someone who already receives Lifeline, complete the **Household Worksheet** that is available on our website, or through your phone or Internet company.


\*Lifeline's Tribal Lands is defined in 47 CFR §54.400 (e). Go to LifelineSupport.org and select "Tribal Lands" for more information.

### THREE WAYS TO APPLY




**APPLY ONLINE** Find the online application at [nv.fcc.gov/lifeline](https://nv.fcc.gov/lifeline).

OR



**MAIL YOUR APPLICATION** Print an application from [LifelineSupport.org](https://LifelineSupport.org).

OR



**CONTACT A PHONE OR INTERNET COMPANY** Find a company that provides Lifeline at [LifelineSupport.org](https://LifelineSupport.org). Click *Companies Near Me*.

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If you live in **CA (CaliforniaLifeline.com)**, **OR (Lifeline.Oregon.gov)**, or **TX (TexasLifeline.org)**, visit the website for your state to find out how to apply.

### HOW TO SHOW YOU ARE ELIGIBLE

You may need to show proof that you qualify for Lifeline, such as:

- A copy of your SNAP or program letter OR**
- A copy of your pay stub or tax return** to prove your income is at or below 135% of the federal poverty guidelines.


### TIPS FOR APPLICANTS ON TRIBAL LANDS

- Check the "Tribal Lands" Box.
- Provide a Tribal ID Number if a SSN is unavailable.
- Your Lifeline company can help determine whether your address is on Tribal lands.
- Ask your service provider about *Tribal Link-Up*. You may be able to get up to \$100 toward your connection to home service.

**NOTE:** An applicant living at a residence without an identifiable address will be asked to provide Geo-coordinates for the physical location. If you don't have this information, you can provide USAC a map that identifies the location of the residence, landmarks, and distances.

### LIFELINE SUPPORT CENTER

(800) 234-9473 | 9 AM-9 PM ET | 7 DAYS PER WEEK  
[LifelineSupport@usac.org](mailto:LifelineSupport@usac.org) | [LifelineSupport.org](https://LifelineSupport.org)



Universal Service  
Administrative Co.

# Lifeline

Lifeline is a federal program that helps lower the monthly cost of your phone or Internet service.

## HOW TO KEEP YOUR BENEFIT

### USE IT OR LOSE IT

If your mobile phone or Internet is free, use it at least **once every 30 days** to keep the benefit.

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### RECERTIFICATION

Each year, Lifeline will conduct a check to ensure you still qualify for the benefit. We will review databases that can verify your participation in qualifying programs.


We will send you a letter asking you to recertify your benefit **ONLY** if we are unable to confirm you are still eligible.

**What to do if asked to recertify:**

- Call (855) 359-4299 **OR**
- Complete the form online at [nv.fcc.gov/lifeline](https://nv.fcc.gov/lifeline) **OR**
- Complete the recertification form and mail it to:  
Lifeline Support Center  
P.O. Box 7081  
London, KY 40742

You may check your Lifeline Benefit status anytime by calling the Lifeline Support Center, (800) 234-9473.

If you live in **CA (CaliforniaLifeline.com)**, **OR (Lifeline.Oregon.gov)**, or **TX (TexasLifeline.org)**, visit the website for your state to find out how to recertify.



### TRANSFER YOUR BENEFIT

You may change the phone or Internet company registered with Lifeline at any time.

To do so:

- Talk to your new company to make the switch—some companies may have transfer costs.
- Reapply to Lifeline to confirm you are still eligible.
- Search for a phone or Internet company at [LifelineSupport.org](https://LifelineSupport.org). Click *Companies Near Me*.

### LIFELINE SUPPORT CENTER

(800) 234-9473 | 9 AM-9 PM ET | 7 DAYS PER WEEK  
[LifelineSupport@usac.org](mailto:LifelineSupport@usac.org) | [LifelineSupport.org](https://LifelineSupport.org)

If you have a disability and need assistance with your application, contact the Lifeline Support Center.

Contact your phone or Internet company about your phone, Internet service, or bill.

Lifeline is a Federal Communications Commission (FCC) program to help make communications services more affordable for eligible consumers. The Universal Service Administrative Company (USAC) administers the Lifeline program. USAC is responsible for helping you apply for the program, understand eligibility requirements, and keep your benefit current through an annual recertification process.

## Isleta Health Center

### Community Health Needs Assessment

#### WHY WE NEED YOUR INPUT


Stephanie Barela, Isleta Health Educator,  
Isleta Health Center  
(505) 869-4479 [Stephanie.Barela@islclinic.net](mailto:Stephanie.Barela@islclinic.net)


#### WHY COMPLETE THE NEEDS ASSESSMENT:

Isleta Health Center wants your input to help us improve our services. Our last Needs Assessment Survey was done in 2019 and even though we started preparing for some changes in 2020, COVID put a stop to that and many of these changes were put on hold. As we moved forward through COVID we decided that instead of using the past data from the 2019 survey, it was important to get updated feedback, so that we could make sure we were making changes that the community currently wants. We know that our health clinic provides great services but there is always opportunity for growth and improvement especially after the pandemic. *The best way for us to get your input is through this assessment so that we can work at improving the services we offer you and your family.* We have dedicated people that are willing and open to making things better. We know your time is precious but change starts with your input and ideas. We have **extended our deadline to July 15th**. Please share either the paper needs assessment form that you can get at the Clinic with your families or share this link <https://forms.gle/rtmE6Dgp4urmDU6r8> or the QR Code to complete the form on-line and **let's work together to make our clinic better.**


#### YOUR INPUT IS VALUABLE, SO PLEASE HELP US MAKE IMPROVEMENTS TO OUR SERVICES THAT WILL BENEFIT YOU!

When the Results are determined, we will have a community event to share the information with you all, so please keep an eye out for upcoming programs by the Isleta Health Center.





### ISLETA HEALTH CENTER



## Health Education Presentation Request















If you would like the Isleta Health Center Staff to provide a presentation, please click on the link below and complete the form:

<https://forms.gle/8cN4DES6D6CJw95V9>

We will try our best to accommodate your needs, however, please understand there may be some limitations.

Please contact Stephanie Barela, (505) 869-4479 or [stephanie.barela@islclinic.net](mailto:stephanie.barela@islclinic.net) if you have any questions.



<div>ISLETA ELDER CENTER 505-869-9770 MONDAY- FRIDAY 8:00AM - 4:30PM</div>				
JULY				
MONDAY 3	TUESDAY 4	WEDNESDAY 5	THURSDAY 6	FRIDAY 7
Chair Exercises: 9a -10a Activities Room Story Telling: 1p -3p	 Independence Day <b>CLOSED</b>	Nature Walk 10a - 12p Around POI 	Chair Exercises: 9a -10a Activities Room Wood Burning: 1p-3p Activities Room	Scratch Paper Art 1p - 3p Activities Room
10	11	12	13	14
 SPA DAY SELF CARE 1p - 3p Activities Room	 9a-10a Activities Room	 BINGO ENTRY FEE'S ARE DONATION! 1p - 3p Activities Room	 9a-10a Activities Room	DINOSAUR MUSEUM 9:30a - 3p
17	18	19	20	21
 Visit A Park 11a -3p Picnic, Music, Games	 9a-10a 	Advisory Meeting @ 9am Activities Room	 9a-10a Activities Room 	POOLTABLE TOURNAMENT 10a - 3p Activities Room
24	25	26	27	28
Swimming: 9a-11a POI Rec Center  Karaoke 1p-3p Activities Room	 9a-10a Activities Room	General Meeting @ 12pm Dining Room Topic: <u>2023 American Indian Elders Conference, North Carolina</u>	 9a-10a Activities Room	Chair Exercises: 9a -10a Activities Room Velvet Coloring: 1p - 3p
31	Call or Visit the Elder Center to Sign up for Activities & Trips in Advance. All Activities are on a first-come-first-serve basis. Activities are open to everyone age 50+ unless otherwise noted. * CLOSED FOR ALL MAJOR HOLIDAY'S.			*ACTIVITIES SUBJECT TO CHANGE PUEBLO OF ISLETA ELDER CENTER ACTIVITY CALENDAR JULY 2023
No Activities				

Three Ways to Apply

Get started by visiting [AffordableConnectivity.gov](#) to

  
APPLY ONLINE  
Fill out the online application

OR

  
APPLY BY MAIL  
Download or call to request an application via mail

OR

  
APPLY THROUGH A COMPANY  
Find a participating internet company at [www.AffordableConnectivity.gov/companies-near-me/](#)

If you have a disability and need assistance with your application, contact the ACP Support Center at (877) 384-2575.

Learn more at [AffordableConnectivity.gov](#)

ACP SUPPORT CENTER

(877) 384-2575 | 9 AM-9 PM ET

7 DAYS PER WEEK | [ACPsupport@usac.org](#)



Universal Service Administrative Co.





IF YOUR HOUSEHOLD IS ELIGIBLE, YOU CAN RECEIVE:

- Up to a \$30/month discount on your internet service and associated equipment rentals (such as modems, routers, hotspot devices and antennas)
- Enhanced Tribal Benefit: Up to a \$75/month discount if your household is on qualifying Tribal lands



DEVICE DISCOUNT

- A one-time discount of up to \$100 for a laptop, tablet, or desktop computer (with a co-payment of more than \$10 but less than \$30) where available
- Only one monthly service discount and one device discount is allowed per household



AFFORDABLE CONNECTIVITY PROGRAM

A Federal Communications Commission program that provides a monthly discount on internet service for qualifying households and one device discount on a laptop, tablet, or desktop computer.

ENHANCED TRIBAL BENEFIT

- Up to a \$75/month discount on your internet service and associated equipment rentals (such as modems, routers, hotspot devices and antennas)
- A one-time discount of up to \$100 for a laptop, tablet, or desktop computer (with a co-payment of more than \$10 but less than \$30) where available

ELIGIBILITY

You qualify if your household is located on qualifying Tribal lands

AND

- You participate in one of these Tribal-specific programs: BIA General Assistance, Tribal TANF, Tribal Head Start (if you meet the income qualifying standard), or Food Distribution Program on Indian Reservations

OR

- You meet any of the program or income requirements listed in the Eligibility section

DO YOU QUALIFY?

ELIGIBILITY

You qualify if:

- Your income is at or below 200% of the federal poverty guidelines
- You participate in any ONE of these government benefit programs:
  - Lifeline
  - Supplemental Nutrition Assistance Program (SNAP)
  - Medicaid
  - Federal Public Housing Assistance (FPHA) (including Housing Choice Voucher (HCV) Program (Section 8 Vouchers), Project-Based Rental Assistance (PBRA)/202/811, Public Housing, and Affordable Housing Programs for American Indians, Alaska Natives or Native Hawaiians)
  - Veterans Pension and Survivors Benefit
  - Supplemental Security Income (SSI)
  - Free and Reduced-Price School Lunch or Breakfast Program including through the USDA Community Eligibility Provision
  - Federal Pell Grant (current award year)
  - Special Supplement Nutrition Program for Women, Infants, and Children (WIC)





WHAT IS A HOUSEHOLD?

You are only allowed to get one monthly internet discount and one device discount per household.

- If you share housing with a current ACP subscriber, complete the Household Worksheet.
- The worksheet is available on our website, [www.AffordableConnectivity.gov/Help/](#) resources. You can also ask a participating internet company.

The program rules recognize there may be more than one eligible household residing at the same address, such as at an assisted-living facility or where two individuals reside at the same address but do not share money.

ISLETA ELDER CENTER - ADULT DAY CARE SERVICES

It is common knowledge that elder care is one of the fastest-growing areas in the healthcare industry, with a demand that skyrocketed in the last five years. And the country will continue to see an increasing demand for elder care services in the coming years due to a rapidly growing elder population.

The elderly population is in dire need of facilities providing elder care services. In the past, elders and their families would have preferred traditional nursing homes or community-based alternatives. The needs of the elder population are dynamic. There is an increased need for home- and community-based elder care providers that can provide elders with adult day services whenever the primary caregiver is not available.

Fortunately, located here in Isleta is the POI Adult Day Care Center which provides participants a full day of services Monday through Friday. Services such as meals, basic health care and health assessments, assistance with appointments and activities of daily living (ADL). The Adult Day Care Center also provides transportation, care coordination as well as therapeutic, recreational and socialization activities. In a nutshell, it is a comfortable place where our elders spend the day participating in health-seeking activities, while their caregivers are at work, running errands, or enjoying a well-deserved rest and relaxation. It is a compassionate and safe environment for the elders and is considered a home away from home for some elders.

For more information about ADS or other services call (505) 869-9770. A glance at what elders do while attending the Isleta Adult Day Care Services.



Field trip to the Aquarium



Cinco de Mayo Celebration



Preparing for the guacamole contest



Hands-on experience at Explora



Socialization BBQ at Isleta Lakes



Fishing for Father's Day at Isleta Lakes



A game of concentration/ coordination



Group painting



Noodle Hockey



A trip to Santa Fe on the Railrunner





Mother's Day Dance



Participation at the NICOA Conference



Flag day healthy snacks



Birthday Breakfast at Sopa's



A fun afternoon at the Park



Tie Dye Project



Ms. Hattie volunteered her time to teach the elders how to make beautiful and colorful quilts.





### 2023 Meeting Schedule

## Isleta Health Support Group

1pm-2:30pm or 5:00pm-6:30pm

Alternating Months

\*Meetings usually change time every other session, from 1-2:30pm to 5pm-6:30pm.  
\*Sessions at the Elders Center, Arrive early (noon) to eat lunch.

DATE	TOPIC	SPEAKER	LOCATION
7/11/2023 5pm-6:30pm	EVENING SESSION Patient Advocacy and Navigating Care Choices	Cindy Brown Senior One	Isleta Health Center Large Conference Room 2nd Door on the North Side
8/8/2023 1pm-2:30pm	Care for the Caregivers	Deb Openden Openden Associates	Isleta Elders Center
9/12/2023 5pm – 6:30pm	EVENING SESSION Power of Attorney/ Advanced Directives	Feliz Martone Martone Law office	Isleta Health Center Large Conference Room 2nd Door on the North Side
10/10/2023 1pm-2:30pm	13yr Anniversary Celebration of Group <i>Established October 2010</i> Mindfulness, Stress Reduction and Blood Pressure	Sara Ukeiley YMCA of New Mexico	Isleta Elders Center
11/14/2023 5pm-6:30pm	EVENING SESSION ThinkFirst Prevention	Helen Sisneros, BS, Trauma Support Program Coord. ThinkFirst NM Director	Isleta Health Center Large Conference Room 2nd Door on the North Side
12/12/23 1pm-2:30pm	Alzheimer's and Dementia	Cindy Brown Senior One	Isleta Elders Center

*Topics are subject to change.*  
**EVERYONE WELCOME**  
*Sessions are in person, but can be  
Virtual, if interested, please call.*

**Contact Stephanie Barela to sign up  
And to learn more!**  
**Phone: 869-4479**  
**Email: [stephanie.barela@islclinic.net](mailto:stephanie.barela@islclinic.net)**



### July 2023 is UV AWARENESS MONTH

Most of us spend more time outside now and UV rays tend to be strongest from 10 a.m. to 4 p.m.

- Make sure to apply a generous amount of sunscreen before you go outside.
- Reapply sunscreen every two hours, even on cloudy days. Reapply after swimming or sweating.
- Wear clothing that covers your body and shades your face.
- Sand and water reflect UV rays, even under a beach umbrella. If you're on the beach or at the lake, cover up and use sunscreen.


WIC NEWS- The USDA visited our office due to an excellent Management Evaluation. YAY team! See our visitors and team below:



WIC also has a new Director! Welcome Erica Herrarte!  
Isleta WIC office 505-869-2662

# WE WANT TO HEAR FROM YOU

## DEADLINE EXTENDED NOW DUE JULY 15, 2023

 **Isleta Health Center Needs Assessment Survey 2023**  
Age 16 years and over.


**Help improve Isleta Health Center Services**  
Please only fill out one survey this year.

Hard Copies of the Survey are located at the Isleta Health Center or at other POI Departments.  
Prefer to Complete the survey Online? Access the survey by clicking on the link below:  
<https://forms.gle/rtmE6Dgp4urmDU6r8>  
or scan this QR Code to use complete on your phone

**Surveys are due by July 15, 2023. DEAD LINE EXTENDED!!**

Please only complete this Survey if you are an  
Isleta Enrolled Tribal Member, Isleta Health Center Patient or Isleta Community Resident.

Thank you.



Turn the survey or show a snap  
shot of the survey on your phone  
and receive a Sun Shade for your  
Vehicle.



Once again it is that time again and the Isleta Police Department invites the community to attend the 4th Annual National Night out. We, other departments and outside agencies will be preparing and participating in this fun event.

It is a great time to communicate in order to strengthen Police & Community Partnerships. Mark the date and time on your calendar and we hope to see you there!!!

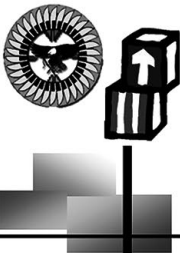
### ST. AUGUSTINE PARISH ONLINE GIVING



St. Augustine Parish is now offering online giving services to better serve our parishioners. We are providing this option in addition to cash or check donations. You can still give through traditional methods, but now you can make recurring or one-time gifts online with a credit/debit card or electronic check.

To give online through our new platform, visit our giving page on our website <https://www.isletachurch.org/>. You can also give through text message by sending “Give” to (505) 207-4077.

This program is beneficial to you, in that you do not need to worry about having cash or a check on hand at Mass, and it benefits the Parish by reducing the time needed to process donations and run financial reports.




Pueblo of Isleta

Head Start, Early Head Start, and Child Care Center

2 Sagebrush Street, Albuquerque, NM 87105

(505) 869-9796



JULY 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

**Important Dates**

July 3, 2023 through July 7, 2023- Parent Teacher Conferences for Early Head Start

July 4, 2023- Independence day (NO SCHOOL)

July 14, 2023- Last Day of Early Head Start and Child Care

**Program Updates**

Greetings all,

We hope all dads, grandpas, uncles, and father figures had a wonderful day spent celebrating you! Our Early Head Start & Child Care kiddos are wrapping up their 2022-2023 school year with their teachers and peers! They enjoyed more time playing out in the sun, going on nature walks, and visiting the park. This month all kiddos will enjoy a “end of the year” field trip with their families and friends! With only a few more weeks left of school, we will dismiss kiddos on Friday, July 14, 2023 to enjoy their SUMMER BREAK!

Thank you to all our parents/guardians, teachers, program staff, families, and supports who helped create a successful learning journey this year!

We are now accepting applications for the upcoming 2023-2024 School Year. We are looking for prenatal mothers, infants, and toddlers to join our Early Head Start, Head Start, and Child Care programs. Call our center to schedule your appointment today! (505) 869-9796 Our first day of school for the 2023-2024 school year will begin on Monday, August 21, 2023

We wish you all a fun, healthy, and safe month of July!!


A Word from Scotty Silva

It is such an honor to start my role as the Director of Clinical Services at the Isleta Health Clinic (IHC). It is my vision to bring the clinical experience and patient-focused care that I have in healthcare to the established team at IHC. As a licensed Respiratory Therapist with 30-years of previous experience at some of the large hospitals in New Mexico, I bring a thorough understanding of the diversity found in New Mexico Communities. I have leadership experience in both inpatient and outpatient clinical settings and a recognized expertise in process improvement. I recognize that the clinical challenges faced by the people in our State are unique and I have dedicated my career to creating systems that focus on providing the safest and most effective delivery of care to my patients!

In addition, I have been an educator in the community college environment with a passion to see the youth of our communities find opportunities at home in healthcare. The opportunity to serve and to give back to our community is a great honor! I look forward to learning more and growing my understanding about the healthcare needs at the Isleta Pueblo.

I was born and raised not too far from the Pueblo in Belen. After many years working north of here, I feel that I am blessed to finally be closer to home. I am committed to meeting and working with the People of the Isleta Pueblo and I look forward to developing the future vision of the clinic and promoting the best care that we can provide! Thank You for allowing me to be a part of your Community.

Scotty Silva




Pueblo of Isleta

Head Start, Early Head Start & Child Care

2 Sagebrush

Albuquerque, NM 87105

505-869-9796



2023-2024 School Calendar

First and Last Day of School

First Day of School for Students

Last Day of Head Start

Last Day of Early Head Start and Child Care

No School for Students

Aug. 28Feast Day

Sep. 4Labor Day

Oct. 9Indigenous People's Day

Oct. 25Professional Dev. Day

Nov. 10Veteran's Day Observed

Nov. 20-24Thanksgiving Break

Dec. 15 -Jan. 2Winter Break

Jan. 2Professional Dev. Day

Jan. 15Martin Luther King, Jr. Day

Feb. 19Presidents' Day

Feb. 28Professional Dev. Day

Mar. 11-15Spring Break

Mar. 29Good Friday

Apr. 24Professional Dev. Day

May 27Memorial Day

May. 28Professional Dev. Day

Jun. 19Juneteenth

Jun. 20Professional Dev. Day

Jul. 4Independence Day

Category of Events

Professional Development Day

Family Night

Calendar B

Head Start requires 1020 hours

161 days = 1046 Hours @ 6.5 hrs. per day

8:15 a.m.-2:45 p.m.- 6.5 hrs per day

Early Head Start requires 1380 hours

201 days = 1407 hrs @ 7 hrs. per day

8:00 a.m.-3:00 p.m.-7 hours per day

August 2023

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

September 2023

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					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

October 2023

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22	23	24	25	26	27	28
29	30	31				

November 2023

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26	27	28	29	30		

December 2023

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24	25	26	27	28	29	30
31						

January 2024

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28	29	30	31			

February 2024

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11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29		

March 2024

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3	4	5	6	7	8	9
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17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

April 2024

S	M	T	W	T	F	S
	1	2	3	4	5	6
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14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

May 2024




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19	20	21	22	23	24	25
26	27	28	29	30	31	

June 2024

S	M	T	W	T	F	S
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2	3	4	5	6	7	8
9	10	11	12	13	14	15
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23	24	25	26	27	28	29
30						

July 2024

S	M	T	W	T	F	S
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7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

<div><div>July</div><div>Isleta Elder Center Lunch Menu 2023</div></div>							
Monday	Tuesday	Wednesday	Thursday	Friday			
7/3/2023	7/4/2023	7/5/2023	7/6/2023	7/7/2023			
<b>Sloppy Joe</b> Ground Turkey 3oz Sloppy Joe Sauce 2oz Green Beans 1/2c Hamburger Bun Orange Slices	<b>ELDER CENTER CLOSED</b> 	<b>Chopped Mexican Salad</b> Black Beans 3oz Corn 1/2c Red Bell Peppers 1/2c Ripe Avocados 1/2c Romaine Lettuce 1c Monterey Jack Cheese 2oz	<b>Turkey Pot Pie</b> Turkey 3oz Mixed Vegetable 1/2c Biscuit Side Salad 1/2c Fresh Fruit	<b>Lemon Pepper Chicken</b> Chicken thigh 3oz Brown Rice 1/2c Seasoned Mixed Vegetable 1/2c Cantaloupe 1/2c			
7/10/2023	7/11/2023	7/12/2023	7/13/2023	7/14/2023			
<b>Grilled Ham &amp; Cheese</b> Slice ham 3oz Slice Cheese 1oz WW Slice Bread Celery Sticks w/Ranch Fresh Fruit	<b>Beef Soft Tacos</b> Ground Beef 3oz Salsa 1oz Peppers & Onions 1/2c Refried Beans 1/2c Mixed Fruit 1/2c	<b>Baked Garlic Tilapia</b> Tilapia 3oz Mashed Sweet Potatoes 1/2c Seasoned Vegetables 1/2c Yogurt cup Sliced Lemon	<b>French Dip</b> Roast Beef 3oz Slice Swiss Cheese 1oz Au Jus Sauce 2oz Hoagie Melon Salad 1/2c	<b>Bean &amp; Cheese Burrito</b> Beans 3oz Shred Cheese 2oz Tortilla Spanish Rice 1/2c Squash 1/2c			
7/17/2023	7/18/2023	7/19/2023	7/20/2023	7/21/2023			
<b>Beef Barley Soup</b> Ground Beef 3oz Barley 1/2c Mixed Vegetable 1/2c Dinner Roll SF Banana Pudding	<b>Mediterranean Salad</b> Garbanzo Beans 3oz Spring mix 1c Purple onions/sundried tomato 2oz Olives 2oz Olive oil dressing 2oz	<b>Tamales</b> Pork Tamale 3oz Red Chile 2oz Refried Beans 1/2c Calabasas 1/2c Applesauce 1c	<b>Shrimp Tacos</b> Shrimp 3oz Coleslaw Mix 2ox Salsa Tortilla Fresh Fruit	<b>Grilled Chicken Salad</b> Grilled Chicken 3oz Spring Mix 1c Mandarin Oranges 1/2c Raspberry Dressing 1oz			
7/24/2023	7/25/2023	7/26/2023	7/27/2023	7/28/2023			
<b>Mac &amp; Cheese</b> Diced Ham 3oz WW Macaroni 1/2c Cheese Sauce 2oz Green Beans & Carrots 1/2c Fresh Fruit	<b>Chicken Sandwich</b> Chicken Patty 3oz Lettuce & Tomato 2oz Mayo 2oz Hamburger Bun Sweet Potato Tots 1/2c	<b>Carne Adovada</b> Diced Pork 3oz Red Chile 2oz Steamed Zucchini 1/2c Tortilla Strawberries 1/2c	<b>Salisbury Steak</b> Salisbury Steak 3oz Mashed Potato 1/2c Gravy 2oz Seasonal Vegetable 1/2c Fresh Fruit	<b>Tuna Sandwich</b> Tuna 3oz Diced Celery & Onions 1/2c Croissant Grapes 1/2c Sun Chips 2oz			
7/31/2023	<div><div><div><b>*Menus are subject to change without notice, based on the availability of products*</b></div><div></div><div>Please call by <b>9 AM</b> to cancel Home Delivered Meals. 505-869-9770 - Thank you.</div></div></div> <td data-kind="ghost"></td> <td data-kind="ghost"></td> <td data-kind="ghost"></td>						
<b>Smothered Beef Burrito</b> Beef Burrito 3oz Red Chile 1oz Shredded Cheese 1oz Diced tomato/lettuce 2oz Spinach 1/2c Fresh Fruit							

ISLETA ELDER CENTER

ADULT DAY SERVICES

ACTIVITY CALENDAR  
JULY 2023

MONDAY 3	TUESDAY 4	WEDNESDAY 5	THURSDAY 6	FRIDAY 7
9-10am Social Time/Health Check 10-11a Corn Hole 1-3p Firework BINGO	<b>ADS CLOSED</b> <i>In observance of Independence Day</i>	9-10am Social Time/Health Check 10-11a Chair Exercises 1-3p Library Trip	9-10am Social Time/Health Check 10-11a Stretches 1-3p "Singin in the Rain" Movie Day	9-10am Social Time/Health Check 10-11a Exercise Video 1-3p Walmart Trip
MONDAY 10	TUESDAY 11	WEDNESDAY 12	THURSDAY 13	FRIDAY 14
9-10am Social Time/Health Check <b>10a-3p Barela's Senior Center</b>	9-10am Social Time/Health Check 10-11a Stretches 1-3p Paper Tube Painting	9-10am Social Time/Health Check 10-11a BINGO w/ Karen, Dietitian 1-3p Trivia Game	9-10am Social Time/Health Check 10-11a Corn Hole 1-3p Painting Class 101	9-10am Social Time/Health Check 10-11a Table Pool 1-3p ADS BINGO
MONDAY 17	TUESDAY 18	WEDNESDAY 19	THURSDAY 20	FRIDAY 21
9-10am Social Time/Health Check 10-11a Stretches 1-3p Water balloon games @ Park	9-10am Social Time/Health Check 10-11a Corn Hole 1-3p Pipe Cleaner Craft	9-10am Social Time/Health Check 10-11a Table Pool 1-3p Senior Choice Movie Day	9-10am Social Time/Health Check 10-11a Chair Exercises 1-3p Make Jello Cups	9-10am Social Time/Health Check 10-11a Exercise Video 1-3p Jello cup Sale
MONDAY 24	TUESDAY 25	WEDNESDAY 26	THURSDAY 27	FRIDAY 28
9-10am Social Time/Health Check 10-11a Table Pool 1-3p Rock Painting	9-10am Social Time/Health Check 10-11a Stretches 1-3p Jeopardy!!	9-10am Social Time/Health Check <b>Santa Ana Pueblo: Annual Feast Day</b>	9-10am Social Time/Health Check 10-11a Corn Hole 1-3p Afternoon Stroll	9-10am Social Time/Health Check 10-11a Chair Exercises 1-3p Ice Cream Socialize
MONDAY 31	<i>*Activities may be subject to change*</i>			
9-10am Social Time/Health Check 10-11a Table Pool 1-3p Library Trip				

