

Volume 18 Issue 6

Pueblo of Isleta website: www.isletapueblo.com

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June 2023

## **Governor's Report**

Maguwam,

I want to continue to wish the entire community a nice safe and healthy month as we approach into June! We would like to remind the community to continue to practice the safety protocols and continuing to keep our COVID numbers low.

Thank you to everyone who attended our 2nd Community Meeting held at the casino. We are eager to say our departments and directors are working hard to secure funding for our continued projects. We anticipate to holding another community meeting in August, but we will provide more information as we get closer.

We would like to Congratulate ALL our graduates, "The Class of 2023!" We are very proud of you all and your accomplishments.

I would like to take this time to invite the community to our Governor's Feast on Saturday, June 17, 2023. Mass is scheduled for 8am, and the procession to follow with tribal activities. We would like to extend this invitation to our tribal vendors. If you will like to be a vendor at the feast, you must come to the Governor's office to fill out an application.

As we continue with the renovations of the little leagues fields. The Little League Chical field on Tribal Road 10 is making progress with the field lights and are set to be running in 2 weeks. We are excited to move onto the little league fields next to the recreation center. We ask you are careful around these areas as the facilities are undergoing these improvements.

We are aware of the current situation with the increase of the mosquitos in the surrounding areas. The pueblo does intend to provide mosquito control in the parks and recreation areas only beginning in June. Keep in mind there is not a possibility we are able to kill all mosquitos, we do ask you continue to utilize insect repellant. Please use repellant and keep in mind that mosquitos harbor in weeds around homes.

Moonlight Drive Extension Project: The tribe has selected the necessary approvals to have the project under construction within the May-June 2023 timeframe. The

project will involve the extension of existing Moonlight Drive to a new intersection of Moonlight Drive with NM314. This project includes two roundabouts, curb & gutter, sidewalk, a multiuse trail asphalt surfacing, waterline, sewer lines, storm drain and arroyo stabilization. The project will be new roadway construction and therefore should not have any traffic impacts. We ask that when construction starts, please avoid driving, biking, walking and jogging in the area under construction for your safety and the safety of the construction workers.

Currently, the Bosque is closed until further notice due to the high water flows from snowmelt run-off. Roadways are closed and barriers will be in place for the safety of the tribal community. Thank you for your cooperation and will update you with more information as it is provided.

Last, I want to send my condolences to the families of those who have lost their family members during the month of May.

Ha-Wuh Max A. Zuni Governor Pueblo of Isleta

## TRIBAL COUNCIL UPDATE

This is a brief summary of the items Tribal Council has been working on since taking office. We will be sending out updates on a regular basis, and are looking into hosting a Community Meeting next month. An email account has been set up to address any questions or concerns the community may wish to share. Again, this is a brief summary; we will have more information available once we solidify a meeting place and time.

**January:** POI Budgets Update, Casino Budget Update, 2022 Distribution Discussion, Little League Field Update, Public Work Request for Vehicles, Board/Committee Update and Assignment of Council Liaisons, Broadband Discussion, Chief Judge Appointment Consensus, Pro-Tem Judge Appointment, POI Employee Salary Discussion, Introduction to Lobbyist, Children's Code Discussion and Amendment to Procedures, Solid Waste Expansion, UNM Law Clinic Engagement RE: Castro Huerta.

**Attended**: All Pueblo Council of Governor's Meeting in Santo Domingo (Kewa)

**February:** IPHA, School Resource Officer Memorandum of Understanding, Appointment of Patty Elliott to Treasurer, Appellate Court Judge Nadine Padilla appointment, Chical Well Funding approval, Victim Services final approval for ARPA Project & Cost Proposal for Modular Building, Reorganization of Isleta Health Center, Approval of positions for Dental Coordinator, Midlevel Provider Nurse Practitioner, Infection Control Nurse and Emergency Temporary Dentist.

Committee Bylaws and Policies and Procedures, 2022 Annual Report from Tribal Enrollment Committee, Presentation of Census Bylaws and Policies and Procedures, Census 2022 Annual Report, Legal Monthly report, Approval for IPD Trailer and Traffic Unit, Presentation from Survey and Mapping on How GIS is utilized in POI, MOU with Dr. Erin Debenport, Approval of seasonal position for Conservancy, MOU with the Pueblo Resurgents, Discussion with NM Gas Company, ARPA Protocol Update, IPHA update on Point System, Waiting List, Emergency Mobile Home Replacement and Scattered Sites, Active Shooter Training, Approve Home Site Applications, Medicinal Marijuana Discussion

**Tours:** IPHA Department, Survey and Mapping, Moonlight Home Site, Golf Course, Lakes, Elder Center, Assisted Living Facility, Yonan Historical Cultural Center

Attended: 1st Mental Health Summit meeting at the request of Council to Administration, Luncheon for Administrative Professionals' Day,

**May:** FEMA Virtual Flood Training, Establishing Broadband Budget, Approval of 2023 POI Budget, Provided funds for family of POI Tribal member for Medical Expenses, Approval of COLA for POI employees, Approval of Home Sites, Approval for IPD purchase of Communication Antenna, Ballistics MOU with Albuquerque Police, Presentation by Bureau of Reclamation, Reinstatement of Cultural Committee, Presentation of Bylaws and Policies and Procedures for Cultural Committee, Discussion of sharing Tribal Council Meetings via Zoom, Update on Diversion Dam and Pottery Mound Protection Grant Application, Reinstatement of Labor Relations Employee Grievance Board, Interviews of Potential CEO for Isleta Resort and Casino.

Attended: Native American Day in Santa Fe.

<u>March</u>: Constitution Amendment Discussion, Presentation of potential Vendors for Broadband project, Budget hearings, Medicinal Marijuana Discussion with Tribal Courts, Invited all relevant departments at budget hearings of plans for Council to work with issues dealing with Mental Health.

**Toured:** Fun Connection, Place West, Transportation, Transfer Station, Public Works, Karsten Homes

Attended: Broadband Summit in Gila River, AZ

**April:** Donation committee reinstatement, Appointment of Darryl ChaveztoAssociateJudge, InsuranceRenewal, WICReclassification of Position, SJT Contract Renewal, Merrill Lynch Update, Selection of Broadband Vendors, Introduction to Select Committee, Triennial Water Quality Presentation, Presentation of Tribal Enrollment

Attended: Magellan Dinner for Update on Pipeline

Tribal Council will be seeking letters of interest in the near future for the following:

\*\* Labor Relations & Employee Grievance Board\*\* Isleta Pueblo Housing Authority Board

\*\* Isleta Tribal Council Constitution Amendment Committee

Submit any questions, concerns or Letters of Interest for Committees/Boards to Council@isletapueblo.com, drop off in person to Tribal Council Chambers or Mail to PO Box 1270 Isleta, NM 87022.

## ADMINISTRATION

State & Federal Funding Update The Governor and Council have been actively engaging the State and Federal government for increased funding to Isleta for infrastructure, education, law enforcement, and natural resources management.

In February, Governor Zuni met with Governor Lujan Grisham to discuss funding for restoration work to the Village Proper, which would include renovations to housing and other existing facilities, as well as infrastructure improvement. Governor Lujan Grisham was supportive of the project and expressed an interest in funding a broader program for "Main Street" renovations across all Tribal and Pueblo land in New Mexico.

Governor Zuni also met with U.S. Congressman Vasquez in February to discuss the ongoing trespass by Kirtland Air Force Base of unexploded ordnance and other military debris across Pueblo lands. Congressman Vasquez recently announced his sponsorship of a \$1 million

federal budget earmark for Isleta's wildfire as those ultimately sponsored by the NM management program.

In May, Governor Zuni and President Lente met with U.S. Senator Heinrich to discuss unexploded ordnance, education and Tiwa language, the restorative work needed within the Village Proper, and water infrastructure. Senator Heinrich has announced his sponsorship of nearly \$4 million in federal budget earmarks for the Village Restoration Project, Chical water main improvements, after-school programming by the Isleta Department of Education, and wildfire management.

Although neither Governor Zuni nor the Council have yet had the opportunity to meet with U.S. Senator Luján this term, Senator Luján has agreed to sponsor \$8.3 million in a federal budget earmarks for Isleta.

The chart below, which was also distributed at the May 21st Community Meeting, provides the funding requests made by Isleta for federal Fiscal Year 2024, as well Congressional Delegation.

Note that even though 10 of Isleta's budget requests are now sponsored, federal funding is not yet guaranteed. The U.S. Senate and House will now debate the federal budget as a whole, including the earmarks sponsored by individual Senators and Congressman. Isleta is in a relatively strong position, as Senator Heinrich is a member of the Senate Appropriations Committee, which drafts the budget. However, the Republican Caucus - which now controls the U.S. House - is hostile toward all federal budget earmarks.

While U.S. President Biden has publicly stated that he will not agree to Republican demands for budget cuts, he may relent to such demands during the presently ongoing debt ceiling negotiations. Because the federal fiscal year operates from October to September, any earmarks approved by Congress for Isleta in this budget round will begin to be administered in October of this year.

Pueblo of Isleta **Federal Funding Requests** FY 2024

Total Sponsored for FY 24 Senator Ben Ray Luján Senator Martin Heinrich **Congressman Gabe Vasquez** 

\$8.3 million \$3.7 million \$1 million

Note: working on \$22 million for UXO in FY 25

			Congressional Appropriations Subcommittee - Fed Agency - Fed	
Dept. Name - Project Name	Project Description	<b>Funding Request</b>	Program	Congressional Sponsor
	Design of restoration project;		Transportation, Housing, Urban	
DCHP - Restoration of Historic	Development of zoning code;		Development - HUD - Economic	
Puebloan Main Street, Design &	Development & enforcement of		Development Initiative Community	Sen. Heinrich
Planning	nuisance code	\$1,542,610	Development Fund	Sen. Lujan
Social Services - Case	Develop internal-facing software for		Labor, Health, Human Services -	
Management and Client Support	case management and client-facing		Admin for Children and Families -	
Software Development	software for service delivery	\$1,096,485	Child Abuse Prevention	Sen. Luján
	To provide afterschool summer		Labor, Health, Human Services -	
	programming to K12 students with a		Dept. of Education - Innovation and	Sen. Heinrich
Education - Summer Program	focus on Tiwa language	\$299,299	Improvement	Sen. Luján
Natural Resources Division - Forestry Management and Fire Prevention	Maintain forest in Bosque and East Mountains, including through vegetation thinning, as fire prevention measure	\$1,495,468	Interior - US Forest Service - Forest Resource Information & Analysis	Sen. Heinrich Sen. Luján
Natural Resources Division - Wildfire Equipment and Vehicles	Vehicle purchase to maintain forest in Bosque and East Mountains, including through vegetation thinning, as fire prevention measure	\$1,160,250	Agriculture - USDA - Community Facilities	Rep. Vasquez
Public Works - Back-up Emergency Power for Drinking Water System	Provide back-up power to two eastside wells and main wastewater lift station to ensure proper functioning in power outage/emregency	\$1,229,801	Interior - EPA / IHS - Sanitation Facilities Construction System	Sen. Luján
	To expand water main width to homes			
Public Works - Chical Water	in Chical to improve residential water		Interior - EPA / IHS - Sanitation	Sen. Heinrich
Main Improvement	pressure	\$400,000	Facilities Construction System	Sen. Luján
	To remediate two water tanks to avoid		Interior - EPA / IHS - Sanitation	
Public Works - Water Tanks	drinking water contamination	\$1,691,507	Facilities Construction System	Sen. Luján

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Public Works - Lizard Flats	To provide homes along TR 76 with		Interior - EPA / IHS - Sanitation	
Sewage	domest sewage collection line	<b>\$958</b> ,700	Facilities Construction System	Sen. Luján
	To connect two drinking water systems			
Public Works - Emergency	to ensure reliable access in the event of		Interior - EPA / IHS - Sanitation	
Drinking Water Connection	an emergency	\$1,473,500	Facilities Construction System	Sen. Luján
			Interior /	
			Military Constructions /	
			Energy and Water Development -	
			EPA/DOD/DOE - State & Tribal	
	To remediate all US Army Corp		Assistance Grants, Resource Recovery	
Natural Resources Division -	approved NALEMP sites, Dept. of		and Hazardous Waste Grants,	Sen. Ileinrich - considering for FY
UXO	Defense Impacts (UXO)	\$22,421,210	NALEMP	25
	To purchase technology and equipment			
	to improve law enforcement efficiency			
	and to increase Isleta's successful			
	prosecution rate in state and Tribal			
IPD - Law Enforcement	court, with an emphasis on officer safety		Commerce - Dept. of Justice - Byrne	
Enhancement Program	and fentanyl trafficking.	\$975,000	Justice	n/a

## LETTER FROM THE EDITOR

**DEADLINE for July Newsletter articles is set for Wednesday, June 21, 2023 at 4:30 pm.** Articles may be dropped off at the Library or emailed to <u>Nathaniel.Lujan@</u> <u>isletapueblo.com</u>. Should you email your article, expect a confirmation email. If you do not receive a confirmation email, odds are it never made it to me and then it's time to panic, so call Nate at 505.869.9808.

People who wish to submit an article or flyer are responsible for generating their own article or flyer. Should you need help, please call the Library at 505.869.9808 and set up a date and time to sit down with a Library staff member who will help you throughout the process. The Library will NOT accept notes dropped off at the Library or information over the phone to generate your article.

**PROBATES** need to be published in the Newsletter for two consecutive months. Probates are considered court documents, therefore, all submitters must provide: 1) Name of Deceased, 2) Date of Deceased 3) Court Case # and 4) Date of Court Date. A Probate form can be found on the Newsletter Archive page at http://www.isletapueblo. com/newsletters.html.

**CLASSIFIED ADS:** The new administration has requested that the Newsletter start a Classified Ad section for Tribal members selling land, houses, mobile homes, vehicles, and farm equipment. Leasing of houses and mobile homes will be accepted. Smaller items which can be sold at the local flea markets or weekly yard sales will NOT be accepted.

Currently, this service is FREE to Tribal members. Land, houses, and mobile homes must be within the reservation boundaries. Ads must meet the 160 character limit. Ads that exceed the 160 characters will NOT be submitted into the Newsletter. A single picture June be submitted with the ad. Submitters of classified ads are responsible for generating their own ads as this is a FREE service.

As a reminder, Tribal business owners may submit a small flyer at no charge. Like the classified ads, business owners are responsible for generating their own flyers as this is a FREE service.

Classified ads and business flyers will be posted no more than two consecutive months. In the event where the Newsletter may exceed the 24-page limit, classified ads and business flyers will be "bumped" for newsletter articles. Again, this is a FREE service for Tribal members.

The Isleta Newsletter is owned and operated by the Pueblo of Isleta. Therefore, the Governor of the Pueblo of Isleta has the final say of all articles and contents within the Isleta Newsletter.

For additional questions, you may call the Library and speak with Nate or Diane at 505.869.9808.

Thank you, Nathaniel Lujan

Newsletters may be found at the fifteen distribution locations listed below. Remember, Digital copies of the Newsletter may be obtained from the Newsletter archive at http://www.isletapueblo.com/newsletters.html

#### The fifteen Newsletter distribution locations are:

## PROBATES

IN THE MATTER OF THE ESTATE OF: Renee Michelle Piro Case No. CV-PR-0002-2023

## **First Notice**

TAKE NOTICE that in accordance with notice requirements, a Petition to Probate the Estate of <u>Renee Michelle Piro</u>, deceased <u>02/11/2021</u>, has been filed in the Pueblo of Isleta Tribal Court. Any person claiming an interest in the Estate is hereby advised to notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. Claims must be filed in writing. A hearing in this matter has been scheduled for <u>Monday, June 12</u>, <u>2023</u> at <u>11:00 am</u> at the Isleta Tribal Court, located at the Tribal Services Complex, 3950 Hwy. 47 SE, Building A, Albuquerque, NM. If you have any guestions, please contact the Isleta Tribal Court at (505) 869-9699.

IN THE MATTER OF THE ESTATE OF: Ouray Garcia Case No. CV-PR-0052-2023

## First Notice

TAKE NOTICE that in accordance with notice requirements, a Petition to Probate the Estate of <u>Ouray Garcia</u>, deceased <u>03/04/2023</u>, has been filed in the Pueblo of Isleta Tribal Court. Any person claiming an interest in the Estate is hereby advised to notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. Claims must be filed in writing. A hearing in this matter has been scheduled for <u>Wednesday</u>, <u>August 02, 2023</u> at <u>9:15 am</u> at the Isleta Tribal Court, located at the Tribal Services Complex, 3950 Hwy. 47 SE, Building A, Albuquerque, NM. If you have any questions, please contact the Isleta Tribal Court at (505) 869-9699.

IN THE MATTER OF THE ESTATE OF: Case No. CV-PR-0010-2023 Joe L. Abeita

#### Second Notice

TAKE NOTICE that in accordance with notice requirements, a Petition to Probate the Estate of <u>Joe L. Abeita</u>, deceased <u>01/26/1989</u>, has been filed in the Pueblo of Isleta Tribal Court. Any person claiming an interest in the Estate is hereby advised to notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. Claims must be filed in writing. A hearing in this matter has been scheduled for <u>Monday, June 12</u>, <u>2023</u> at <u>01:30 pm</u> at the Isleta Tribal Court, located at the Tribal Services Complex, 3950 Hwy. 47 SE, Building A, Albuquerque, NM. If you have any questions, please contact the Isleta Tribal Court at (505) 869-9699.

IN THE MATTER OF THE ESTATE OF: Carlota Jiron Case No. CV-PR-0008-2023

## Second Notice

TAKE NOTICE that in accordance with notice requirements, a Petition to Probate the Estate of <u>Carlota Jiron</u>, deceased <u>11/24/2022</u>, has been filed in the Pueblo of Isleta Tribal Court. Any person claiming an interest in the Estate is hereby advised to notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. Claims must be filed in writing. A hearing in this matter has been scheduled for <u>Tuesday, June 13</u>, <u>2023</u> at <u>09:00 am</u> at the Isleta Tribal Court, located at the Tribal Services Complex, 3950 Hwy. 47 SE, Building A, Albuquerque, NM. If you have any guestions, please contact the Isleta Tribal Court at (505) 869-9699.

IN THE MATTER OF THE ESTATE OF: Mary Ethel Trujillo Case No. CV-PR-0100-2022

#### Second Notice

TAKE NOTICE that in accordance with notice requirements, a Petition to Probate the Estate of <u>Mary Ethel Trujillo</u>, deceased <u>03/10/2016</u>, has been filed in the Pueblo of Isleta Tribal Court. Any person claiming an interest in the Estate is hereby advised to notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. Claims must be filed in writing. A hearing in this matter has been scheduled for <u>TBD</u> at <u>TBD</u> at the Isleta Tribal Court, located at the Tribal Services Complex, 3950 Hwy. 47 SE, Building A, Albuquerque, NM. If you have any questions, please contact the Isleta Tribal Court at (505) 869-9699.

#### The model for sector and induction for and

- 1. TR 2 & TR 22 Chical SE of Community Hall
- 2. TR 10 Behind the old 47 Sales
- 3. TR 1 & TR 5 Ranchitos / Bosque Farms Reservations Line
- 4. Ranchitos Park
- 5. Post Office Big Tree
- 6. TR 82 & TR 84 Teller Road
- 7. TR 78 & TR 82 Carlos Trujillo Sr.
- 8. TR 90 @ Y CF Padilla
- 9. Mouse Town Park –
- 10. Health Center South end of Health Center Parking lot
- 11. Library Sunlight & Moonlight Intersection
- 12. TR 6 47 Intersection
- 13. TR 12 47 & 147 intersection (Old Smoke & Save)
- 14. TR 71 & TR 54 @ Y Holiday Robot / Paved Road / Railroad Tracks
- 15. TR 45 & TR 40 @ Y Tata Mel (POI Signage)



IN THE MATTER OF THE ESTATE OF: Lawrence J. Anzara

Case No. CV-PR-0185-2022

#### Second Notice

TAKE NOTICE that in accordance with notice requirements, a Petition to Probate the Estate of Lawrence J. Anzara, deceased 07/06/1989, has been filed in the Pueblo of Isleta Tribal Court. Any person claiming an interest in the Estate is hereby advised to notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. Claims must be filed in writing. A hearing in this matter has been scheduled for <u>TBD</u> at <u>TBD</u> at the Isleta Tribal Court, located at the Tribal Services Complex, 3950 Hwy. 47 SE, Building A, Albuquerque, NM. If you have any questions, please contact the Isleta Tribal Court at (505) 869-9699.

(Probates Continued Page 4)

## Page 4

## (Probate Continued)

IN THE MATTER OF THE ESTATE OF: Harold B. Jiron Sr.

#### Second Notice

TAKE NOTICE that in accordance with notice requirements, a Petition to Probate the Estate of <u>Harold B. Jiron Sr.</u>, deceased <u>01/22/2016</u>, has been filed in the Pueblo of Isleta Tribal Court. Any person claiming an interest in the Estate is hereby advised to notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. Claims must be filed in writing. A hearing in this matter has been scheduled for <u>TBD</u> at <u>TBD</u> at the Isleta Tribal Court, located at the Tribal Services Complex, 3950 Hwy. 47 SE, Building A, Albuquerque, NM. If you have any questions, please contact the Isleta Tribal Court at (505) 869-9699.

IN THE MATTER OF THE ESTATE OF: Esquipula Augustine Lucero

Case No. CV-PR-0049-2023

Case No. CV-PR-0048-2023

#### Second Notice

TAKE NOTICE that in accordance with notice requirements, a Petition to Probate the Estate of <u>Esquipula Augustine Lucero</u>, deceased <u>03/10/23</u>, has been filed in the Pueblo of Isleta Tribal Court. Any person claiming an interest in the Estate is hereby advised to notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. Claims must be filed in writing. A hearing in this matter has been scheduled for <u>TBD</u> at <u>TBD</u> at the Isleta Tribal Court, located at the Tribal Services Complex, 3950 Hwy. 47 SE, Building A, Albuquerque, NM. If you have any questions, please contact the Isleta Tribal Court at (505) 869-9699.

## ISLETA TRIBAL COURT PEACEMAKING PROGRAM



The Tribal Court Peacemaking Program was established by the Isleta Tribal Council on June 11, 2020 (Resolution No. 2020-028)

#### What is PEACEMAKING?

Peacemaking is a voluntary and confidential process in which a qualified peacemaker helps parties communicate to resolve problems between them. Peacemakers are trained to guide participants through the resolution process; they help the parties come up with agreements by listening to all points-of-view, clarifying issues and interests, and facilitating open and honest discussion. Peacemakers do not take sides; and have no personal interest in the outcome of the process.

## What happens in PEACEMAKING?

Peacemaker will describe the process and ask each party for a commitment to participate. Each party is invited to discuss their perspective on the situation and what they hope to achieve through peacemaking. The peacemaker helps parties identify specific issues as they explore possibilities for settling differences. Parties then negotiate which ideas for resolution are mutually acceptable and satisfy the needs of all parties. A written agreement ends the session. The written agreement signed by all parties is taken before the court for approval.

#### What are the qualifications of a PEACEMAKER?

A peacemaker must have high ethical standards and demonstrate leadership qualities. A peacemaker should be a good listener and able to communicate and understand various positions of parties in peacemaking sessions. Knowledge of cultural values and law is a plus, but not required.

#### **Benefits of PEACEMAKING:**

**Fair, Neutral and Confidential:** Peacemaking is a voluntary process; it provides a neutral, respectful and confidential setting where both parties can openly discuss their views on the dispute. Parties have an equal say in the process.

Allows the Parties to Determine the Solution: Parties decide settlement terms, not the peacemaker. The peacemaker assists the participants in reaching a voluntary, mutually acceptable resolution. There is no determination of guilt or innocence. No legal arguments are made. No judges or spokespersons are allowed.



## **PRESS RELEASE**

IMMEDIATE RELEASE: May 22, 2023 pio@assessor.lacounty.gov CONTACT: Steve Whitmore Office: (213) 974-3101 Mobile: (213) 407-0650

ASSESSOR PRANG NAMES PUBLIC AFFAIRS CHIEF OF STAFF <u>Ted Olguin is Highest Ranking Native American in Office</u>

**LOS ANGELES, CA** – Los Angeles County Assessor Jeff Prang has named Ted Olguin as his new Chief of Staff of the Assessor's Communications and Public Affairs team.

An enrolled tribal member of the Pueblo of Isleta Native-American community in New Mexico, Ted is the highest ranking Native American in the Assessor's Office. As Chief of Staff of the Communications and Public Affairs Unit, Ted will be responsible for a wide range of duties that includes public education, media, legislative analysis and advocacy, internal and external communications, and community outreach. He will oversee a staff of 13, including field deputies, special assistants and administrative staff and the implementation of Assessor Prang's vision of providing excellent quality service to the public, in large measure by way of an aggressive educational outreach program.

"Ted is uniquely qualified to lead our efforts in the public affairs arena," said Assessor Prang. "Internal and external communications have changed significantly over the years with a variety of multi-media platforms now available, along with conventional outlets. Ted has the unique ability to navigate this constantly changing modern world of public affairs. He's a welcomed addition to the Executive Team."

Olguin is a an alumnus of the Southern California Coro Fellow in Public Affairs program, one of the nation's premier fellowships equipping emerging leaders with skills, knowledge, and networks to collaborate and drive innovative solutions. It provides a graduate-level, experiential, cross-sector leadership training program that prepares aspiring leaders for effective & ethical leadership in the public affairs arena.

His unique experiences and opportunities have equipped Ted with a diverse set of skills and tools to engage with other innovators across sectors, ideologies, and backgrounds to address concerns in the public affairs arena.

Ted completed his undergraduate studies in Political Science and Economics at the University of New Mexico. He committed two years of service with Teach For America as a second grade teacher while completing his Masters of Elementary Education from the University of Missouri-Saint Louis.

"I am honored to have been selected to lead Communications and Public Affairs on behalf of the largest property assessment agency in the nation," Olguin said. "Los Angeles County is home to the largest concentration of Native Americans in the country and I am proud to represent a small but growing number of Native American professionals leading in local government."

Prior to working as a Special Assistant for Assessor Prang, where he has been focused on strategic communications and speechwriting, he was a field organizer for then-Los Angeles City Councilmember David Ryu's 2020 reelection campaign.



Avoids Unnecessary Court/Litigation and Saves Time and Money: Peacemaking can save the parties and the court major financial expense. Parties can avoid the cost and uncertainty of a lawsuit. Peacemaking may satisfactorily resolve all issues important to the parties.

**Improves Communication & Restores Peace:** Peacemaking offers a problem-solving approach to complaints and reduces family disruptions. Peacemaking usually occurs in the early stages of a conflict, is informal, and is often completed in 1 or 2 meetings. Peacemaking can bring the parties back together and re-establish "peace" and "harmony" between the parties.

Anyone involved with a dispute can file a Request for Peacemaking at the Tribal Court. Cases in the Tribal Court can be transferred to the Peacemaking Program. All parties involved must agree to Peacemaking. Please contact the Tribal Court if you have any questions, or refer to the Peacemaking Program Rules posted on the Tribal Court webpage (listed under "Resourceful Links").

Assessor Jeff Prang was first elected in 2014 and has been re-elected in 2018 and 2022. He runs the largest assessment office of its kind in the nation, employing nearly 1,400 people with an annual budget near \$200 million. For more information, please visit us online at <u>Assessor.LACounty.gov.</u> on Facebook at <u>Facebook.com/LACAssessor</u> or on Twitter at @LACAssessor.

## Pueblo of Isleta Job Opportunities

Position Posting	Office Location	Closing Date
ACCOUNTING TECHNICIAN	Health Services	05/26/2023
ACCOUNTING TECHNICIAN	Housing Authority	06/02/2023
ANIMAL CONTROL OFFICER	Police Department – Open Space	05/26/2023
ASSISTANT AQUATIC COORDINATOR	Parks & Recreation	06/01/2023
BAILIFF	Tribal Court	06/02/2023
BOSQUE AND RIVERINE RESTORATION MANAGER	Natural Resources	Open Until Filled
BUSINESS MANAGER	Elder Center	06/16/2023
CARECIVER	Assisted Living	05/26/2023
CARPENTER I (2 Positions)	Housing Authority	05/26/2023
CARPENTER III (2 Positions)	Housing Authority	06/09/2023
CERTIFIED POLICE OFFICER	Police Department	Open Until Filled
CHILD CARE PROVIDER I (2 Positions)	Head Start	06/09/2023
CLINICAL SUPERVISOR	Health Services	Open Until Filled
CLINICAL THERAPIST	Health Services	05/26/2023
COMPUTER IT SPECIALIST	Department of Education	05/19/2023
COMMUNITY HEALTH NURSE	Health Services	06/24/2023
CONSTRUCTION PROGRAM COORDINATOR	Housing Authority	05/19/2023
соокі	Assisted Living	06/16/2023
СООКІ	Head Start	06/09/2023
CUSTODIAN	Public Works	05/26/2023
DENTIST	Health Services	06/16/2023
EDUCATION ASSISTANT	Department of Education	05/26/2023
EMT – INTERMEDIATE	Health Services	Open Until Filled
EMT – PARAMEDIC (2 Positions)	Health Services	Open Until Filled
ENVIRONMENTAL TECHNICIAN	Natural Resources	06/07/2023
FAMILIY SOCIAL WORKER	Social Services	05/26/2023
FINANCIAL PLANNING & ANALYSIS DIRECTOR	Treasury	05/26/2023
GROUNDSKEEPER	C-Stores	05/26/2023
GROUNDS MAINTENANCE WORKER (3 Positions)	Public Works	05/26/2023
HIGHWAY SAFETY POLICE OFFICER	Police Department	Open Until Filled
IN-HOME SERVICE PROGRAM MANAGER	Elder Center	06/01/2023
HOME CARE ATTENDANT	Elder Center	05/26/2023
HOME MAINTENANCE TECHNICIAN	Elder Center	06/09/2023

Position Posting	Office Location	Closing Date
HOMEOWNERSHIP COUNSELOR	Housing Authority	06/16/2023
HOMEOWNERSHIP/LOAN AGREEMENT COUNSELOR	Housing Authority	06/16/2023
IRRIGATION TECHNICIAN	Agricultural Division	Open Until Filled
IRRIGATION & LANDSCAPE TECHNICIAN	Parks & Recreation	05/26/2023
LABORER (3 Positions)	Housing Authority	Open Until Filled
LANGUAGE INSTRUCTIONAL COORDINATOR	Department of Education	Open Until Filled – Within Only
MAINTENANCE TECHNICIAN (2 Positions)	Housing Authority	Open Until Filled
MEDICAL ASSISTANT (2 Positions)	Health Services	Open Until Filled
OPTOMETRIST	Health Services	Open Until Filled
PARKS MAINTENANCE WORKER	Parks & Recreation	05/26/2023
PATIENT REFERRAL COODINATOR I	Health Services	05/26/2023
PERSONAL CARE SERVICE AIDE	Elder Center	Open Until Filled – Within Only
PHYSICAL THERAPIST	Health Services	Open Until Filled
PLUMBER	Housing Authority	Open Until Filled
POLICE OFFICER I – CERTIFIED	Police Department – Open Space	Open Until Filled – Within Only
PROJECT ASSISTANT	Social Services	06/09/2023
PURCHASED / REFERRED CARE ACCOUNTING CLERK	Health Services	05/26/2023
RANGELAND MANAGEMENT SUPERVISOR	Natural Resources	05/26/2023
RECEPTIONIST	Gaming Regulatory	06/01/2023
RECEPTIONIST	Parks & Recreation	06/30/2023
ROADWAY MAINTENANCE WORKER I	Construction Operations	06/09/2023
ROADWAY MAINTENANCE WORKER II	Construction Opereations	06/16/2023
SALES ASSOCIATE	C-Stores	Open Until Filled
SHIFT LEAD	C-Stores	Open Until Filled
SYP – Aquatic Aide (3 Positions)	Parks & Recreation	Open Until Filled

	TEACHER ASSISTANT	Head Start	05/26/2023
_	TIWA LANGUAGE EDUCATION ASSISTANT	Department of Education	06/09/2023
_	UTILITY FOREMAN	Public Works	05/26/2023
_	UTILITY WORKER	Public Works	05/26/2023
	VAN DRIVER	Elder Center	05/26/2023
_	VETERAN SUPPORT SERVICE MEMBER	Elder Center	Open Until Filled – Within Only
	WATER / WWTP OPERATOR I- IV	Public Works	06/16/2023



## TABLE GAMES DEALER

Location: Albuquerque, NM Publish Date: 05/05/2023 Job Family: Gaming

## SUPERVISOR F & B(FAT

Location: Albuquerque, NM Publish Date: 05/05/2023



## SPORTS BOOK WRITER

Location: Albuquerque, NM Publish Date: 05/05/2023 Job Family: Gaming Level: Non-Exempt

## SLOTS TECHNICIAN INTERN

Location: Albuquerque, NM Publish Date: 05/05/2023 Level: Non-Exempt

## SLOTS SHIFT MANAGER

Location: Albuquerque, NM Publish Date: 05/05/2023 Job Family: Gaming Level: Exempt

## **SLOTS FLOOR** TECHNICIAN

Location: Albuquerque, NM Publish Date: 05/05/2023 Job Family: Gaming Level: Non-Exempt

## SHIPPING & RECEIVING CLERK

Location: Albuquerque, NM Publish Date: 05/05/2023 Job Family: Finance Level: Non-Exempt

## SECURITY OFFICER I

Location: Albuquerque, NM Publish Date: 05/05/2023 Job Family: Security Level: Non-Exempt

## SOUS CHEF (TIWA)

Location: Albuquerque, NM Publish Date: 05/05/2023 Level: Non-Exempt

## SLOTS SHIFT **SUPERVISOR**

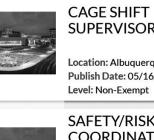
Location: Albuquerque, NM Publish Date: 05/05/2023 Level: Non-Exempt

## SLOTS LAB TECHNICIAN

Location: Albuquerque, NM Publish Date: 05/05/2023 Job Family: Gaming Level: Non-Exempt

## SLOTS FLOOR ATTENDANT

Location: Albuquerque, NM Publish Date: 05/05/2023 Job Family: Gaming Level: Non-Exempt





## TABLE GAMES FLOOR SUPERVISOR Location: Albuquerque, NM Publish Date: 05/05/2023

Job Family: Gaming Level: Non-Exempt



SUPERVISOR F & **B(GOLF COURSE F&B)** Location: Albuquerque, NM Publish Date: 05/05/2023 Job Family: Food & Beverage Level: Non-Exempt

Level: Non-Exempt

BURGER)











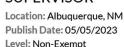




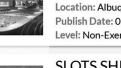


















## SUPERVISOR F & B (TIWA)

Location: Albuquerque, NM Publish Date: 05/05/2023 Job Family: Food & Beverage Level: Non-Exempt



m COURT

#### Job Family: Food & Beverage Level: Non-Exempt

## SUPERVISOR F & B (CHILI RISTRA)

Location: Albuquerque, NM Publish Date: 05/05/2023 Job Family: Food & Beverage Level: Non-Exempt

## SERVER(TIWA)

Location: Albuquerque, NM Publish Date: 05/05/2023 Level: Non-Exempt

## **ROOM ATTENDANT**

Location: Albuquerque, NM Publish Date: 05/05/2023 Job Family: Hotel Level: Non-Exempt

## COOK I (TIWA)

Location: Albuquerque, NM Publish Date: 05/05/2023 Job Family: Food & Beverage Level: Non-Exempt



## SUPERVISOR F & B (CENTER BAR)

Location: Albuquerque, NM Publish Date: 05/05/2023 Job Family: Food & Beverage Level: Non-Exempt



Location: Albuquerque, NM Publish Date: 05/05/2023 Job Family: Food & Beverage Level: Non-Exempt

**STEWARD** 





## COOK I (BANQUETS)

Location: Albuquerque, NM Publish Date: 05/05/2023 Job Family: Food & Beverage Level: Non-Exempt



## COOK I (EMBERS)

Location: Albuquerque, NM Publish Date: 05/05/2023 Job Family: Food & Beverage Level: Non-Exempt







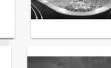






## **FLOOR BEVERAGE** SERVER

Location: Albuquerque, NM Publish Date: 05/05/2023 Job Family: N/A Level: Non-Exempt



Location: Albuquerque, NM Publish Date: 05/05/2023 Level: Non-Exempt



Level: Non-Exempt COOK I (PANDA EXPRESS)



## ASSISTANT SUPERINTENDENT

Location: Albuquerque, NM

Publish Date: 05/03/2023

Job Family: Recreation Level: Exempt

Location: Albuquerque, NM

Publish Date: 05/04/2023

Job Family: Food & Beverage

Location: Albuquerque, NM Publish Date: 05/05/2023 Job Family: Food & Beverage Level: Non-Exempt

## **ESTHETICIAN**



Publish Date: 05/05/2023 Job Family: Facilities Level: Non-Exempt

**ELECTRICIAN II** 

Location: Albuquerque, NM

## **CUSTODIAN**

Location: Albuquerque, NM Publish Date: 05/05/2023 Job Family: Facilities Level: Non-Exempt

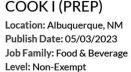


Location: Albuquerque, NM Publish Date: 05/05/2023 Level: Non-Exempt

## COUNT MEMBER

Location: Albuquerque, NM Publish Date: 05/05/2023 Job Family: Finance Level: Non-Exempt





## COOK I (CHILI RISTRA)

Location: Albuquerque, NM Publish Date: 05/05/2023 Job Family: Food & Beverage Level: Non-Exempt





## SYSTEMS ANALYST

Location: Albuquerque, NM Publish Date: 04/28/2023 Job Family: Information Technology Level: Exempt



## **COUNT MACHINE TECHNICIAN**

Location: Albuquerque, NM Publish Date: 05/05/2023 Job Family: Finance Level: Non-Exempt



## COOK II (TIWA) Location: Albuquerque, NM

Publish Date: 05/05/2023 Job Family: Food & Beverage Level: Non-Exempt



## COOK II (EMBERS)

Location: Albuquerque, NM Publish Date: 05/05/2023 Job Family: Food & Beverage Level: Non-Exempt

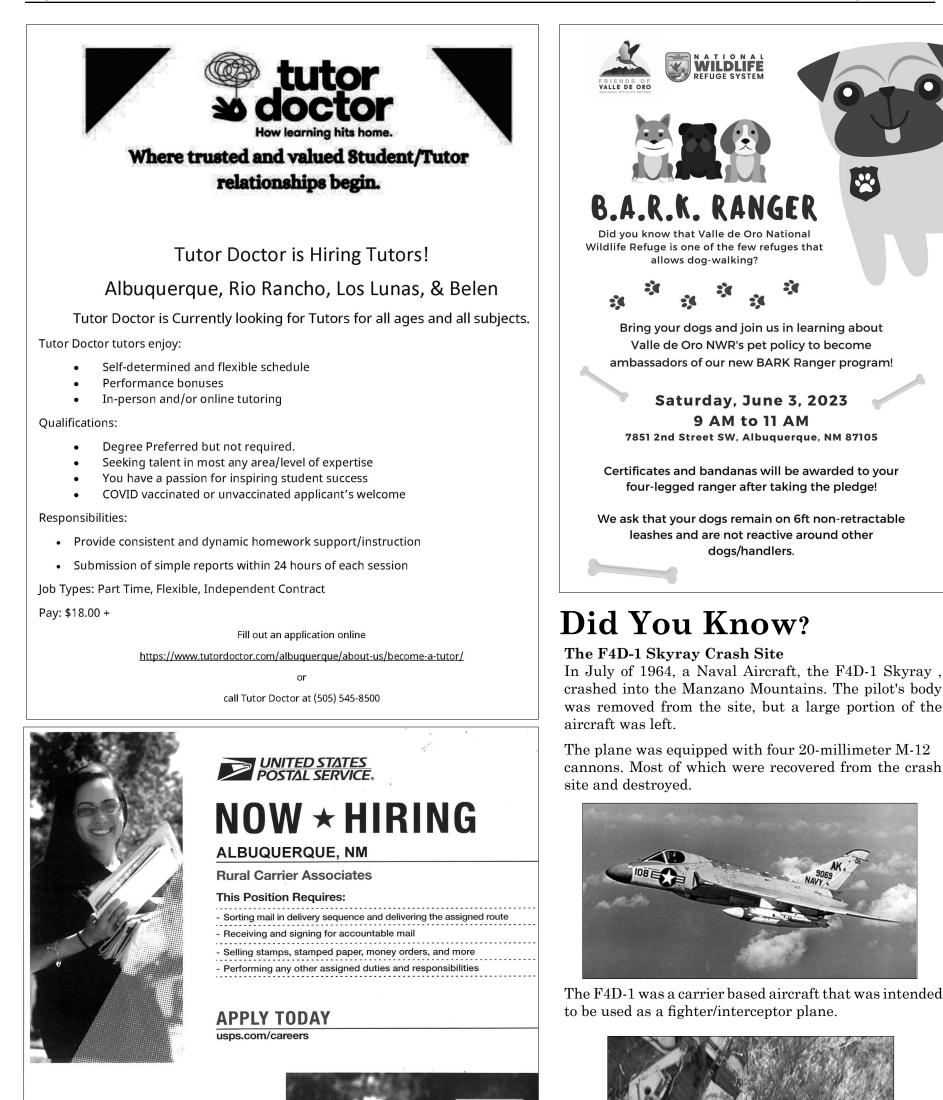




# Level: Non-Exempt

June 2023

30



## **APPLY NOW**

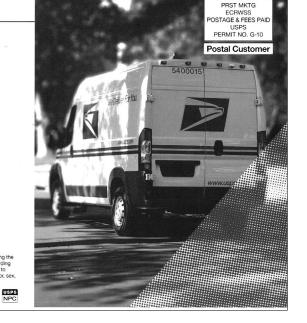
#### usps.com/careers

Page 8

#### Think you have what it takes?

- 18 years old at the time of appointment or 16 years old with a high school diploma
- United States citizen, permanent resident, or citizen of American Sa moa or other U.S. territory
- Able to pass a criminal background check, drug screening, medical assessment, and qualify to operate a Postal Service vehicle

## You can earn \$19.06/hour





Shown above is a picture of an intact F4D-1 aircraft from the Navy. Have you been told a story of a plane crash on the reservation? If so, we would love to hear it and investigate the story. Please contact the UXO/HAZMAT Department at (505)869-5748 with any tips or findings.

## TRUANCY

## Hats on for summer!

Congratulations to all the graduates!!! We wish you all the best as you continue to reach your goals and succeed in all your endeavors. If you decide to join the workforce or continue on with your education, we support your decisions –GOOD LUCK!

There are so many fun activities that you can do with friends/family – the Bio Park, a visit to Old Town, visiting the museums, thrift store shopping, and yard/garage sales are all fun and interesting activities. In the event you go to the Thrift stores or yard/garage sales, you'd be surprised at the many "treasures" you can come across to decorate your room or to add to your wardrobe. You can also have a yard/garage sale to get rid of items that you may not need anymore and make some extra spending money for additional activities. Learn to cook/bake something that you'd never thought you could make and have a fun competition with others. Have a themed movie marathon such as horror, musicals, comedy, and classics; dress as the characters and enjoy sharing movies snacks

Of course, there's social media to blog/vlog your summer adventures, DIY blog/vlog of learning new things such as cooking, painting, knitting, or even your own fitness journey of workouts and meal prep ideas. You'd be surprised at how many would watch or read your journey and who knows, you might even inspire someone to do the same or try something that they never they would. If you decide to try any of these ideas, please be safe and remember what types of information, locations or personal information you are comfortable sharing.

For some of you who have summer jobs lined up, remember that this is a very important part of your summer. Not only do you learn work etiquette, but you'll also learn financial budgeting, communication and being a part of a team. These are important skills to learn to help you become RESPONSIBLE.

Once school resumes in August, the Truancy Department would like to remind you to think about your success and daily attendance. Upcoming information will be shared in the July newsletter.

Have a fun and safe summer!!!

Thank you, Isleta Truancy Department









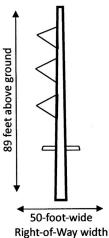
## ENVIRONMENT

**Opportunity for Public Comment** 

## **PNM – Proposed BF Tap Line Project**

Project Location: Tribal Road 30, Chical

Under the National Environmental Policy Act, the Pueblo of Isleta is given an opportunity to identify any comments, concerns, and suggestions our community might have regarding Public Service New Mexico's (PNM's) Proposed BF Tap Line Project. The proposed project is a rebuild of the existing BF Tap Line. Currently, the electric power line is capable of carrying 46-kV and is constructed with wooden monopoles within a 10-foot-wide easement.



Due to the aging of pole structures and the need to increase carrying capacity, the rebuild would be a 115-kV line with weathered steel poles.

feet from the existing line.

be a 115-kV line with weathered steel poles. The new structures would be approximately 89 feet aboveground (existing structures are approximately 56 feet aboveground) within a 50-foot-wide, 0.9-mile-long right-of-way, totaling a maximum 5.3 acres of disturbance. The new line would be constructed 5 to 10

The existing distribution line will have minor outages during the reconstruction of the transmission line. All affected households will be provided prior notice. Segments of Tribal Road 30 may be closed; however, all residents will have access. The existing line would be kept in-service until the new line is constructed to prevent outages for the community.

Construction and operation vehicles would access the proposed project area via existing roads. Construction is scheduled to begin in October 2023, and the construction period would be approximately 1 month. Construction activity will take place only during daylight hours.

A vicinity map and Biological Evaluation prepared by SWCA Environmental Consultants are available at Governor's Office or Environment Department located at 3929 Highway 47.

Environment Department will accept written comments until July 21, 2023. Written comments may be submitted at Governor's Office or by e-mail to: Ramona.Montoya@isletapueblo.com If you have any questions, please call Environment Department at 505-869-7565.





For More Information

Scan the QR code or visit www.bie.edu/current-vacancies

Isleta Elementary School 1000 Moonlight Drive Albuquerque, NM 87105 (505) 869 - 2321 www.isletaelementary.com

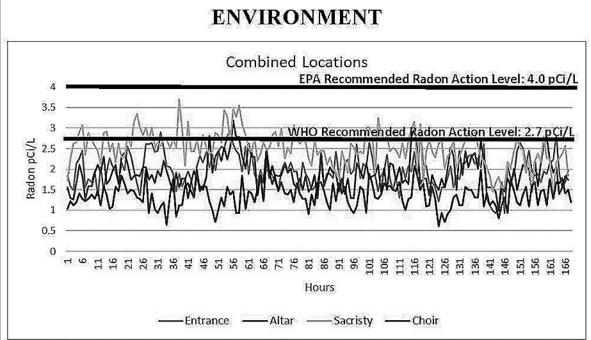
SUBWAY

@ the Isleta Travel Center is hiring for Part-Time employment which consists of Weekends and Nights. Starting pay \$12.00/hr. Applicants must apply within store. Please ask for Patricia Lente or call (505) 869-6090

# **Now Hiring**

DURING THE ISLETA FIESTA HEALTH FAIR (05/12/23) A GIFT BASKET THEMED "MOVIE NIGHT" WAS DONATED BY STAFF FOR A RAFFLE, TO THE COMMUNITY.





Recent radon monitoring conducted in late April/mid-May 2023 inside the St. Augustine Church continues to show radon levels well below the EPA recommended radon action level of 4.0 pCi/L with averages also below the WHO recommended radon action level of 2.7 pCi/L. Each radon monitor was set out for a total of 7 days which continuously collected radon levels as seen in the above line chart. As a reminder, the average radon levels used to be around 19.5 pCi/L inside the Church. Now, average levels are around 2.2 pCi/L and have remained low since appropriate changes were made to allow high air flow inside the building. The Pueblo of Isleta Environment Department will continue to monitor radon levels periodically to ensure the HVAC system is working properly to keep radon levels low.

Lowering radon levels and improving the indoor air quality inside the Church is a major success and we would like to thank Public Works and Design & Construction Department for their help in solving this issue. For more information about radon, please call Environment Department at 505-869-9814.



## **HEALTH CENTER**

## Isleta Health Center 2023 Community Needs Assessment Survey

The Isleta Health Center wants to improve our services by better understanding the Health Priorities in the Isleta Community, but we need your help! We will be offering a Community Needs Assessment Survey to the Isleta Community through paper form and virtually (internet). This will be 1st given out during the Isleta Health Center Health Fair on May 12, 2023 from 4:30-6:30 at the Isleta Health Center. WE HOPE YOU CAN MAKE IT! If you do not attend the Health Fair, we will also be sending out links, QR Codes and having the survey available at the Health Center for you to complete the Survey. We would like EVERY Isleta Health Center Patient, Isleta Tribal Member or Isleta Community Resident to complete this survey, so that we can improve our services. Please keep an eye out for more information regarding this survey and make it a point to complete it before June 15, 2023.

Those who complete the survey will receive a Sunshade (While Supplies Last) and a chance to win a number of great prizes (Gift Cards, Movie Passes, Gas Certificates and more).

We hope you plan to attend the Isleta Community Health Fair and that you make it a point to complete the Isleta Health Center Community Needs Assessment this year!

For more information, contact Stephanie Barela, Isleta Health Center Health Educator, (505) 869-4479

Stephanie.Barela@islclinic.net.

# What to do if you find a used needle outdoors

People, especially children, must never touch or pick up needles found on the ground. Discarded needles can be harmful. Needles or



hypodermic needles are also known as syringes or sharps.

Cleaning up discarded needles must be done carefully to protect human health and the environment.

If a used or discarded needle is found on Isleta tribal land, please call Isleta Police Dispatch at 869-3030 to report

the location so that a qualified tribal employee can safely collect and dispose of the discarded needle.

Individuals who use needles for insulin shots or other medical uses are expected to dispose of their used needles appropriately in sharps containers that individuals have to purchase themselves.

An exclamation mark within a triangular border is the international symbol for caution. Always exercise caution if you see a discarded needle.

If you have any questions about this article, please contact Environment Department at 869-7565.

## ENVIRONMENT

Page 12

Monthly surface water quality results

E. coli bacteria in MPN/100 ml by POI		Date of collection					
Sample Location*		2022			2023		
	Oct	Nov	Dec	Jan	Feb	Mar	Apr
South Boundary	435	1274	456	866	235	134	20
240 Wasteway	261	1421	344	727	272	52	63
Indian Interior Drain @ 240 Wasteway	46	84	7	8	8	52	42
NM 147	209	546	396	360	167	85	98
Black Bridge	104	238	488	141	73	63	41
Northern Boundary near Isleta Lakes	228	543	178	161	125	10	41
Albuquerque Riverside Drain	70	27	52	64	8	24	5
Two sample locations, irrigation season o	only						
Acequia Madre near Northern Boundary	73	272	-	-	-	64	93
Butte Lateral near Interstate-25	-	48	-	-	-	216	62

\*Water guality samples are collected from the Rio Grande except Indian Interior Drain at 240 Wasteway, Albuquerque Riverside Drain, and the irrigation locations.

- Dash in data table indicates sample not collected.

"MPN" is a unit of measure that stands for most probable number. MPN is equivalent to colony forming units ("CFU").

The Pueblo of Isleta's most stringent surface water quality standard for E. coli bacteria is 88 MPN/100 ml at all times and at all flow rates.

By Order of the Governor, the Rio Grande is closed for fishing. The reason for closure is for the safety of our community. We have been blessed with a good spring runoff. Be aware that bacteria concentrations in the Rio Grande typically spike or rise to unsafe levels following storm events and high water levels in tributaries upstream. Please watch signage at the NM 147 bridge. Governor will lift the closure order when the Rio Grande is safe.

## Notes regarding surface water quality sampling:

On September 30, 2022 one sampling event was conducted to measure the concentration of pesticides and herbicides at 4 sample locations: the drain near NM 45 and Interstate 25, Atrisco Riverside Drain, NM 147 and the Albuquergue Riverside Drain near the Northern Boundary. All results were non-detect.

Irrigation waters on the west side were shut off around March 22, 2023 for flushing.

If you have questions about surface water quality, contact Ramona Montoya, Water Quality Control Officer, at 505-869-7565.



## PUBLIC WORKS

Phone: 505-869-5170

This is a photo of the US Inspector Office General (IGO) staff and Indian Health Service (IHS) that engineers came to the Pueblo on April 20, 2021 to take a look at the area where sewer



improvements are planned to occur. Since the approved project is expected to cost over 18 million dollars, the IGO has oversight of the monies being spent by Indian Health Services (IHS) for this project. A request for proposals for the required engineering services was advertised in the Albuquerque Journal recently. It is expected to take 12 - 18 months for the engineering portion of this project to be completed. If you live on the east side of the river, you may see workers in the area gathering information related to this project within the next few months.

## **ATTENTION: Residents of Isleta village proper** (MAP: Isleta Dam Dirt Removal Truck Route)

The middle Rio Grande Conservancy District will be hauling sediment from the Dam area to the old Lagoons south of the Recreation center. Please be cautious as you drive on Tribal Road 33 and Tribal Road 40. This project will last through the month of June.



ISLETA HEA

# JUNE 9th & JUNE 24th

## Farmers, Food Vendors, Artists, & more!!!



Interested in being a vendor? use the QR Code to register or email pr.radicle1@gmail.com for more information

Stephanie Moraga-Mchaley and Renee Volker-Rector NMDOH

Climate Change

Tuesday, June 13, 2023 1pm-2:30pm

## LOCATION: Isleta Elders Center

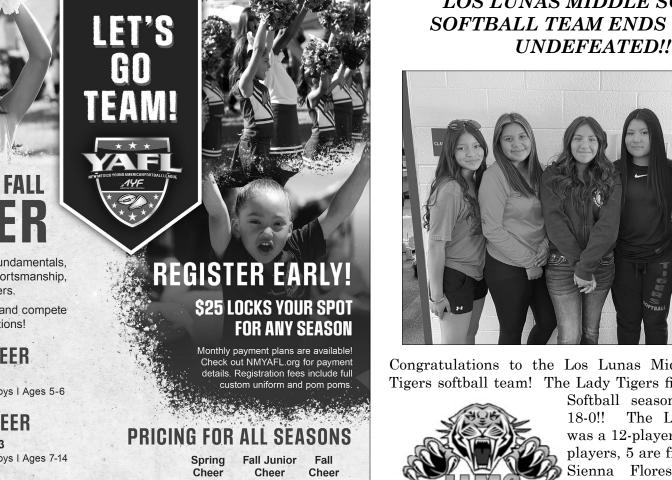


**JOIN US!** EVERYONE WELOCME! Learn about Chronic Disease, Get Support and Be Empowered!

Contact Stephanie Barela, Isleta Health Educator (505) 869-4479 | Stephanie.Barela@islclinic.net

RIZES

## **Isleta Pueblo News**



1 1

Softball season UNDEFEATED The Lady Tigers team was a 12-player team, of these 12 players, 5 are from Isleta Pueblo: Sienna Flores, Lozen Abeita, Milah Martin, Janessa Lente, Kiki Padilla and Manager, Jaelynn

Esquibel. These young ladies all started playing softball with the Isleta Little League and continued on with the

LLMS Softball Team! Now on to High School softball! Again, Congratulations to an awesome team!!!





## **\*FATHER'S DAY / JUNETEENTH NOTICE\***

The Transfer Station will be closed Sunday June 18<sup>th</sup> and Monday June 19<sup>th</sup> for Father's Day and Juneteenth. Monday and Tuesdays trash will be collected on Tuesday the 20th. Mondays recyclables will also be collected on

# NG & FAI I

Learn cheering fundamentals, team building, sportsmanship, and sideline cheers.

Cheer at games and compete in cheer competitions!

**JUNIOR CHEER** Spring and Fall

Open to girls and boys I Ages 5-6

**SPRING CHEER** Starting 03/28/23 Open to girls and boys I Ages 7-14

FALL CHEER Starting 07/17/23

Open to girls and boys I Ages 7-14

505-883-9303 | www.nmyafl.org 5300 Ponderosa Ave. NE Alb., NM 87110



MAM

## LOS LUNAS MIDDLE SCHOOL SOFTBALL TEAM ENDS SEASON **UNDEFEATED!!**



Congratulations to the Los Lunas Middle School Lady Tigers softball team! The Lady Tigers finished their 2023

INDOOR 8x6 \$225 • INDOOR \$250 • INDOOR SHARED \$275 INCLUDES: TENTS, TABLES, CHAIRS, PARKING, WIFI & WATE

BUFFALO THUNDER RESORT & CASINO | SANTA FE, NM

**EMPOWERING CULTURAL VALUES** 

AUGUST 18, 19 & 20, 2023

FREE FIRST 20 OUTDOOR VENDORS

OUTDOOR \$175 • OUTDOOR SHARED \$200

## DEADLINE: APRIL 14 | WWW.POEHCENTER.ORG/PATHWAYS



Tuesday. Have carts out by 7am. We wish all the Dads and Grandpas a Happy Father's Day!



**KEEP ISLETA BEAUTIFUL!** 

(505)869-4106



## News

The library will be closed on Monday, June 19th in observance of Juneteenth. All library media checked out on Thursday, June 15th will be due on Tuesday, June 20th. Juneteenth is a federal holiday to commemorate the emancipation of enslaved people in the US.

The Summer is a very busy time for the library and patrons may experience longer waiting times at the front desk. You will notice more children during the day and new summer workers. Please be patient with us as some of the new staff are just learning, and for some it is their very first job. We would like to apologize in advance for any inconvenience during this busy time and we thank you for understanding. Please feel free to reach out if you have any questions or concerns. You may call the library at 505-869-9808.

Do you have a lost library card? Don't feel like paying \$5 for a new one? Well, the library has a solution to your problem. Download the library's NEW mobile app and download your digital library card all for FREE. Available now in the App Store or Google Play, be searching for "Isleta LIB." After downloading you will need your library card barcode number and PIN to access your account. The library's mobile app will allow you to search our library catalog, check out books and materials, browse events, access our e-Library digital resources, set up your digital card and more! For more information or if you need help downloading or setting up your pin number, please come in or call the library at 505-869-9808.

Our Family Story Time will be taking a break this June and July because library staff will be busy with the Summer Reading Program. Story Time will begin again in August with story times every Wednesday starting at 10:30am, activities and crafts will follow. If you have any questions about our story time, please give the library a call at 505-869-9808 and speak with a staff member.

## Upcoming

Our Summer Meal Program started on Wednesday, May 31st and will end on Friday, July 28th. All meals are FREE to children age 17 and under and are offered to the community and public. Meals are provided by Bernalillo County and will be served in our art room with seating available inside and outside of the library. All meals MUST BE EATEN ON SITE due to strict summer meal program policies and regulations. All meals will be served daily, Monday-Friday. Breakfast will be served from 8:00am-9:00am. Lunch will be served from 11:30am-1:00pm. If you have any questions about this program, please give the library a call at 505-869-9808.

## **Pueblo of Isleta Public Library**

Hey June! We would like to congratulate all the 2023 graduates! We would like to wish good luck to all College, High School, Middle School, Elementary, and Head Start School graduates. Now comes the next chapter in life. Enjoy your summer while it lasts. As for the Library, we will be busy with the Summer Reading Program from June 5th to July 21st. All our focus will be on SRP for June and July, therefore other programs will start again beginning in August.

ook Bundle I LOOKING FOR A NEW FANTASY NOVEL TO DIVE INTO? WE HAVE EXACTLY WHAT YOU'RE LOOKING FOR! COME BY THE LIBRARY TO CHECK OUT OUR NEWLY ARRIVED ADULT FANTASY BOOKS! OUR DISPLAY HAS INVITATIONS THAT HAVE THE NAME OF THE 2 MAIN CHARACTERS AS WELL AS A SUMMARY OF THE BOOK! EACH BOOK BUNDLE INCLUDES THE BOOK THAT YOU'RE WANTING TO CHECK OUT AS WELL AS A FEW LITTLE SURPRISES! THE BEST PART IS THAT YOU GET TO KEEP EVERYTHING IN THE BUNDLES! (MINUS THE ↔ BOOK)

The Summer Reading Program will begin on Monday, June 5th. Our Junior program will begin at 9:00am and end at 11:30am. Our Youth program will begin at 1:00pm and end at 4:00pm. Both programs are currently full at the moment, however you are more than welcome to put your child on the waiting list. If a child decides our program is not for them or misses more than 5 days, they will be dropped from our program, and we will move onto our waiting list.

Library staff member Edith will be hosting a program on Saturday, June 10th at 10am. Where participants can Sew a Bucket Hat for the hot summer heat. Registration for this program begun on May 24th. So, join us and beat the heat with a bucket hat. Can't sew? No worries, all levels are welcome and we will learn together! This program is offered to the first 10 patrons over 13 years of age. This program is FREE and all supplies will be provided. For more information or to sign up please call the library and speak to Edith at 505-869-9808 or by email at Edith. Perez.Bonilla@isletapueblo.com.

## Recap

Fire Extinguisher training for library staff was held on Wednesday, May 3rd. Library staff learned fire extinguisher basics, common fire hazards, proper procedures and also did a hands-on exercise using a fire extinguisher to put out a digital flame. We would like to thank the Pueblo of Isleta Fire Department and Fire Chief Lester Gary for conducting the training. Library staff learned very valuable information that we have in case of an emergency.

Our Summer Reading Program registration was held on Friday, May 5th starting at 7am, however parents started lining up at 5am that morning. We had a total of 20

## June 2023

spots for the juniors, and 20 spots for the youth programs. We started our registration 15 minutes earlier to get parents in and out that morning. Our youth program filled up by 7:00am and our junior program filled up later that same day. We are currently still taking names for our waiting list for each program. We would like to thank everyone who woke up extra early, cleared their schedules and waited in line for registration. We appreciate your participation in our program each summer. We are continually trying to improve our services, if you have any recommendations or suggestions on how we can improve, please feel free to let us know.

On Saturday, May 13th the library hosted a DIY Mother's Day Edible Arrangement Program where participants made a unique and tasty gift for that mother in their life. Participants enjoyed making their arrangement, cutting out fruit and spending quality time with their family. Each arrangement was different but special in their own way. We hope all the mothers got to enjoy their tasty gift and we hope they had a wonderful Mother's Day. Thank you, library staff member Elena, for making such a special program.

On Saturday, May 20th library staff member Diane hosted a Grow Your Own Herb Garden here at the library, where participants learned the basics of preparing and growing an indoor herb garden. It was a chance for participants to get their hands dirty and spend time with community members. We hope that everyone's indoor garden thrives and produces a bounty of herbs to enjoy. We would like to thank everyone who participated in this program. The library would like to give a shout out to our After School Programs students. They finished out the school year and are ready to have a fun summer. The library staff would like to wish all students a safe and fun summer and we will see you next school year!

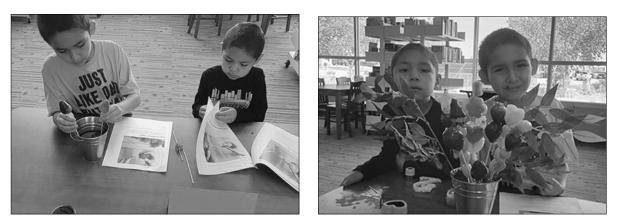
Our After School Program registration for the upcoming 2023-2024 school year will be in August and will be open to 20 students. Transportation to the library will be available for Bosque Farms Elementary ONLY as the other students have bus stops near the library. If you have any questions regarding our After School Program, please give us a call at 505-869-9808.



Fire Extinguisher Training for library staff. Instructed by Fire Chief Lester Gary from the Isleta Fire Department!



Participants making a tasty gift for Mother's Day in our DIY Edible Arrangement Program!



Siblings working together to make that special gift for mom for our DIY Mother's Day Edible Arrangement Program!



The After School Program students participated in a Story Time Yoga Session with Instructor Anne from the rec.

## Isleta Pueblo News

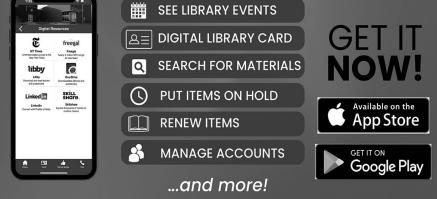


Editor: Nathaniel Lujan Asst. Editor: Diane Abeita Published By: Valencia Express



Participants for the Grow Your Own Herb Garden here at the library!







Courses and tutorials offered for many hobbies, crafts, and other technical skills on <u>Skill Share.</u>

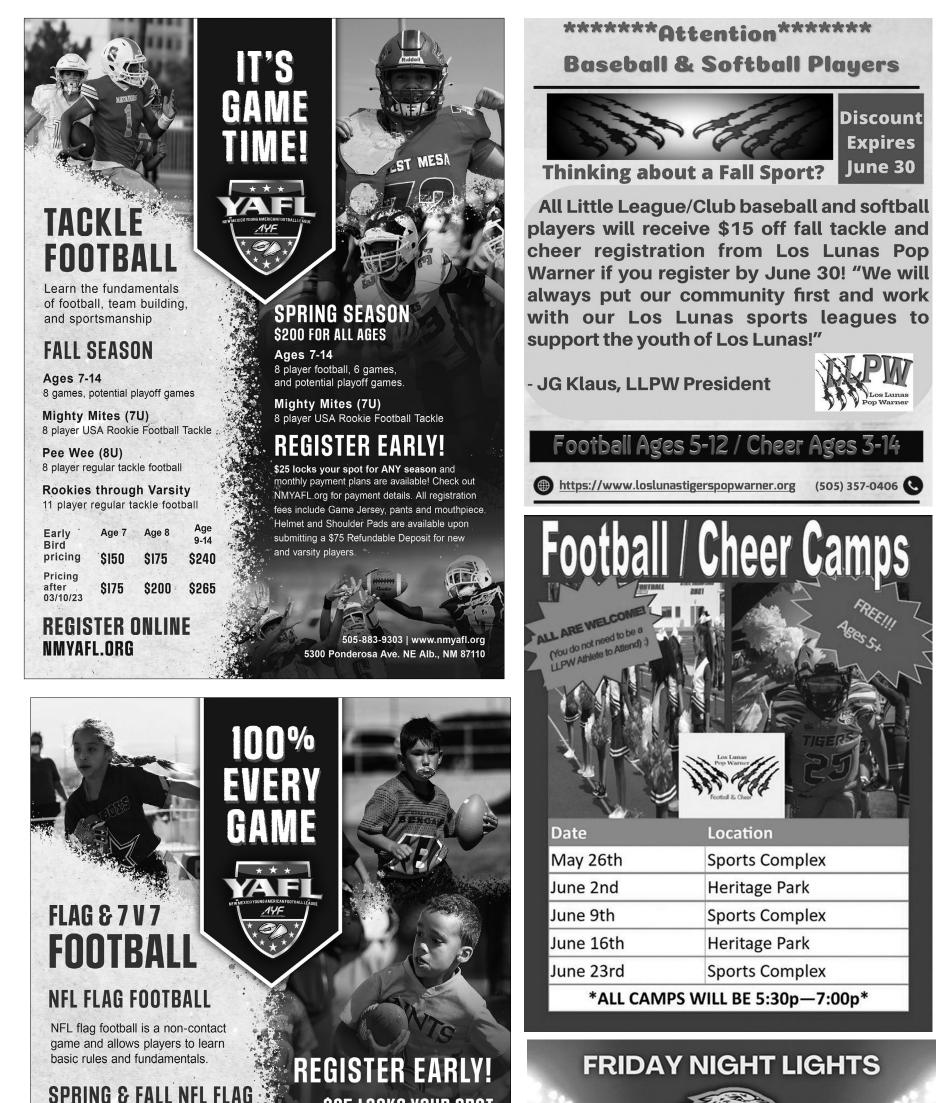


**LinkedIn** offers online courses, classes, training, and tutorials for those seeking employment or trying to grow their job skills.



950 Moonlight Dr SW, Albuquerque, NM 87105

• nathaniel.lujan@isletapueblo.com



\$100 each season Practices are only two days a week!

Open to boys and girls ages 5-14 Spring and Fall tackle for ages 7-14

## SPRING (14U) 7 V 7

Get ready for high school football! 7 on 7 highlights the skills of passing and route running. There are no pads in 7 on 7 because there is no tackling.

Starting 03/27/2023 | \$130 Open to 8th graders going to high school next Fall.

## \$25 LOCKS YOUR SPOT FOR ANY SEASON

Monthly payment plans are available! Check out NMYAFL.org for payment details. Registration fees include everything needed to play flag and 7 on 7 football except cleats.

## REGISTER ONLINE **NMYAFL.ORG**

AGES: K-8TH

505-883-9303 | www.nmyafl.org 5300 Ponderosa Ave. NE Alb., NM 87110



## VALENCIA JAGUAR YOUTH FOOTBALL CAMP

JULY 14, 2023 6:30 PM - 8:30 PM



## NEW LOCATION

We moved to a new location! We are now located at the Tribal Service Complex in the space formerly known as the Wellness Center.

## **UPCOMING PROJECTS**

The Public Works Department will be busy with new projects the next few months and through the year, we ask you to please be careful when traveling in these areas and watch out for the construction crew and equipment.

## • Eastside Drinking Water Infrastructure (MAP: Isleta Pueblo Water System)

o Well drilling should be underway by mid-June for two new drinking water wells to be constructed, but it will take time to complete the drilling of each well.

o The Pueblo is also working with PNM to bring 3-Phase electrical service to each of the well sites.

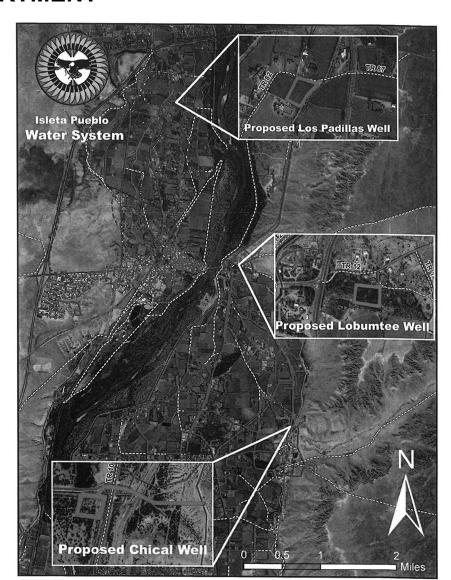
o Currently the Eastside water system is provided water produced only by the two Casino wells. This puts a strain on the two wells and the Arsenic treatment facility. With the hot summer months quickly approaching, water usage will continue to increase. Please remember to turn off the water once you are done watering your gardens and don't over-water them. Check your home for any leaking fixtures, especially the toilet as a "stuck" flapper valve will waste a lot of water in a short period of time. Excessive water leaks will also overwhelm your septic system, potentially saturating the leach field.

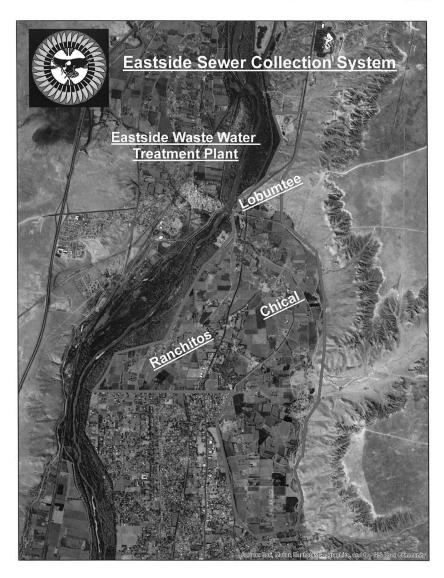
## • Eastside Sewer Collection Systems (MAP: Eastside Sewer Collection System)

o All residences and buildings on the Eastside of the Rio Grande and South of the Tribal Complex, to the Bosque Farms and Peralta reservation lines will be connected to a sewage collection system

o The sewage collection lines will connect to the existing Eastside treatment facility, which has enough capacity to handle the expected sewage. Preliminary design includes an E-1 pump system to be installed at each building, with piping connecting the E-1 unit to the main collection line; lift stations as needed to pump the sewage to the treatment facility, abandonment of existing septic systems at each residence and electrical upgrades as necessary.

- o Public meeting will be held in June to give an update on this project
  - Keep a look out for the time and place to be announced
  - All East Side Residents are highly encouraged to attend
  - This will be the time to express your concerns and any comments before we meet with the engineering firm
- Westside Wastewater Treatment Plant





o Project is to expand the existing plant to handle an additional 200,000 gallons of flow per day at the Westside Wastewater Treatment Plant, located on TR100.

o Review of proposals submitted by engineering firms is underway.

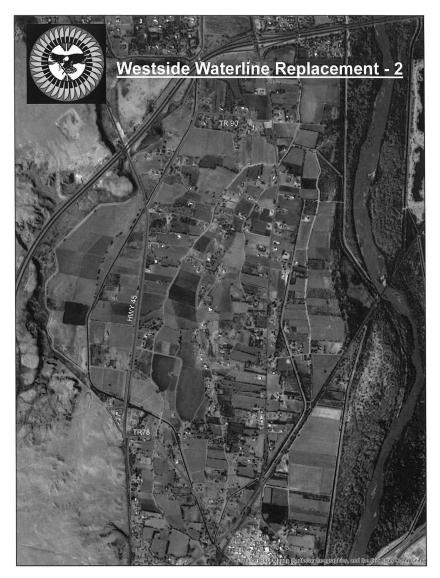
## • Los Padillas Tank and Well Construction

o Construction will be started for a new well that will be drilled near TR 82 and Hwy 314, with a future elevated 200,000-gallon water storage tank to be constructed on the same property.

o The elevated water storage tank will provide consistent water pressures throughout the area, which is a much needed improvement.

o Once the well and elevated tank are completed, the old well located on TR 90 will be properly abandoned.

o The Public Works Utility crew installed a new 6" water main line along the western shoulder of Highway 314, South of TR 90, to TR 82.



 Westside Water Line Replacement 2 (MAP: Westside Waterline Replacement -2)

o This project will replace existing 2" and 4" water main lines with new 6" water main lines, fire hydrants, and valves along these roads. Residences will be connected to the new water lines and the old main lines will be abandoned.

o Planning and design work has been completed and a due date for construction bids to be submitted has been set for mid-June 2023.

If you have questions, please call the Public Works office at 505-869-5170.

## Isleta Pueblo Cultural Center

## ANNOUNCEMENT!

SOFT OPENING will be held JUNE 23, 2023 at Pueblo of Isleta Cultural Center 71 TRIBAL ROAD 40

Refreshments Vendors Pueblo Dancers will be on the premises



Become a Poll Official

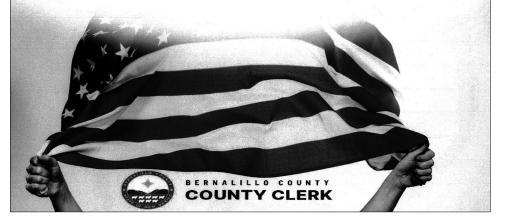
Fair and honest elections are the cornerstone of our democracy. Our system of self-government depends upon citizens' faith in the election system. We cannot do it without your help and serving as an election board member is rewarding and fun.

## Scan the QR Code



for your Entertainment!

SEE OUR NEW ARTIST DISPLAYS IN THE CULTURAL CENTER TOURS OF THE 19TH CENTURY PHOTOGRAPHIC EXHIBIT: TIME EXPOSURES ISLETA PUEBLO VENDORS WELCOME FOR MORE INFORMATION CALL 505-869-9768 The link will take you to our digital form for completing your information about becoming a poll official.



## St. Augustine Religious Education Program

Congratulations to our children who received the Sacrament of Holy Eucharist on May 6, 2023, and to our High School students who received the Gift of the Holy Spirit through the Sacrament of Confirmation on May 10, 2023. Father Milton and our volunteer Religious Education Teachers are honored that we had an opportunity to teach our Catholic faith to your children. We had 22 boys and girls receive First Communion, and 10 students receive Confirmation. The pictures provided were taken by parents of one of our First Communicants and one from the Confirmation class.

We were very pleased to have had the honor of Governor Max Zuni say a few words at both sacramental Masses. We also were blessed to have Archbishop John Wester celebrate the Mass for Confirmation. Archbishop Wester also took time before the mass to speak with the confirmation students and their sponsors.

We would like to express our sincere gratitude and appreciation to our priest Father Milton Thomas. He is not only here for our children, but also for the whole community. His door is always open for you to visit.

## **Prayer for Kids**

Honor your father and mother, as the Lord your God has commanded you, that it might go well with you on the land which the Lord, Your God give you. Father, open the eyes of our children. May they know Your Will and evade worldly deception. Give them grace to follow Your Will. Show them how to honor their parents, that Your blessings may follow them in this land. Grant them good health and longevity . . . Amen



Confirmation

## **ST. AUGUSTINE PARISH**

## Introduction

Sacraments are powerful signs of grace, instituted by Christ and entrusted to the Church, through which Divine Life is given. There are seven Sacraments: Baptism, Confirmation, Eucharist, Reconciliation, anointing of the Sick, Matrimony and Holy Orders. Sacraments are classified as Christian Initiation (Baptism, Confirmation, and the Eucharist). Sacraments of Healing, (Reconciliation and the Anointing of the Sick), and Sacraments of Commitment (Matrimony and Holy Orders).

According to the Second Vatican Council "The purpose of the Sacraments is to sanctify men, to build up the body of Christ, and finally to give worship to God. The Seven Sacraments are God's gift to us. They allow us to grow closer to him and to deepen our faith and commitment to the Church.

The Sacraments are actions of our Catholic faith, which take place in a local community, which would be a Mission or Parish. In the celebration of the Sacraments, we find our faith strengthened, and the hand of salvation is extended to faithful believers. The Church has been called by God to extend God's loving touch to all his people in need.

As the first of three Sacraments of Initiation – **Baptism, Confirmation and Eucharist.** 

**Baptism** serves as the gate way to all the other Sacraments. It enables one to be born anew in Christ and grants us each a share in his divine life. Our Lord declared: "Unless a man be born again of water and the Holy Spirit, he cannot enter the kingdom of God" (John 3:3)

Baptism makes us sharers in the life of God as members of the Church, the Body of Christ.

Baptism of Children requires special care and understanding since a child does not know what is happening at Baptism. They will need to learn the teachings of Jesus and the Catholic Church. The Parents and Godparents make a serious promise to the child to be the teachers of the child in faith. The best teachers are those who **PRACTICE** what they teach. The daily living of the faith always involves honesty about truly living the teachings of Jesus and the Catholic Church.

## **Baptismal Policy**

Baptisms at St. Augustine Parish are celebrated on the third Sunday of each month. Please note – *Baptisms are not held during Lent*. Baptisms are scheduled two months after the parents meet with the priest, and all baptismal registration forms are submitted. Parish office hours are 10:00 a.m. – 3:00 p.m. Monday through Friday.

One responsibility of the Church leaders in our Parish is to help people see the relationships that are implied in the celebration of the **Sacraments**, and to help them strengthen those ties.

Because of this, we offer the present policy regarding infant Baptism:

a) If you are a registered member of St. Augustine Parish, and one who is sincere and active in the practice of the faith, you are eligible to have your infant baptized here. Parents are asked to meet with the priest to discuss steps to have their child baptized. Registration forms will be given to the parents after meeting with the priest. We ask that you attend Mass during the months leading up to the baptism, and also after the baptismal day.

b) If you are not yet registered and you want your infant baptized into Christ, please make known your intention to be an active participant of St. Augustine by registering as a parish member. Take a few months to accustom yourself to our parish and find your place here.

c) Letter of Permission. Parents from other parishes who wish to have their infants baptized at St. Augustine are welcome to do so after we receive a letter from the pastor of their home parish giving permission for the baptism to be celebrated at St. Augustine Parish.



**First Communion** 

d) Choose Godparents. A Godparent must be a practicing adult Catholic, have received the Sacraments of Initiation (Baptism, Confirmation, & First Communion), and be able to fulfill the responsibility of exemplifying a Catholic way of life by living in full harmony with the Catholic faith (*Cf. Code of Canon Law, 874*). Two Godparents are required, one male and one female. No more than two are permitted. It is also prohibited to have two male or two female godparents.

e) Attend **Baptismal Instruction (required for both Parents and Godparents)** before the Baptism ceremony can take place. Baptismal Instructions are the specific preparation for infant baptism in our parish. Everyone who participates in this program stands to gain something. Almost all participants in the process discover that they have something important to give.

f) A Baptismal Fee of \$15.00 per child (Parishioners) or \$30.00 per child (Non-Parishioner) covers the cost of certificates, candles and other supplies provided for the baptism.

Ancestral Lands Hiking Club

## <u>Ages 8 - 13</u>

1st Session: 6/5 - 6/16 2nd Session: 6/26 - 7/7 3rd Session 7/17-28

Explore the outdoors and visit culturally important sites!

Questions? Contact Ben Jojola at (360)333-0741, Elyza Zuni at (505)321-6138 or Amber Chapo at (505)494-9084





Pueblo of Isleta Head Start, Early Head Start, and Child Care Center 2 Sagebrush Street, Albuquerque, NM 87105 (505) 869-9796



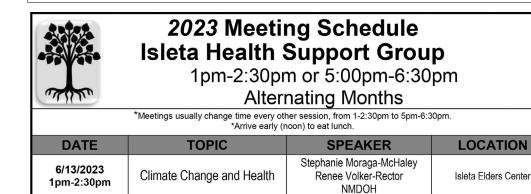
Isleta Health Center

## June 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5	6	7	8	9	10
11	12	13	**	15	16	17
18	Ø	20	21	22	23	24
25	26	27	28	29	30	

## **IMPORTANT DATES:**

June 14, 2023- June Family Night at 5:30pm June 19, 2023– Juneteenth (NO SCHOOL)

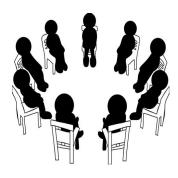


**EVENING SESSION** 

7/11/2023

## Al-Anon or Nar-Anon COMMUNITY SUPPORT GROUPS

It is encouraging to attend support group meetings like **Al-Anon or Nar-Anon** at (505) 262-2177. It helps to learn ways of self-care to "detach with love" to stop enabling behaviors. **Enablers**, while are wellmeaning, do more harm than good. **Enablers** will unknowingly entice or



encourage a person's bad behavior by not letting the love one have consequences, which sets back any progress with recovery.

The Family members learn the message of "you didn't cause it, you can't control it, and you can't cure it." There is always an "uncertainty" of what to do, or not as a family when coping with a love one's addiction. There is no right or wrong answer because everyone is different. It is a good thing to explore using other support group meetings in our local communities.

There is **AA/NA** meetings at (505) 266-1900 to call to find meetings near you to continue motivation with being sober or drug free.

There is available 24/7 text **741741** number throughout United States (put this as an address in your contact list for text phone number). You can talk to a professional about anything related to your emotional stress. This article written by Lisa Kaye Cherino, Therapist from Beeh Koo-ee Wellness Center at (505) 869-5474.

## Isleta Health Center Optometry Department Eye Health for Adults Over 60

## See your eye doctor regularly!

First and most important, it is recommended that you have your eyes examined by an optometrist or ophthalmologist at least once per year. You will be screened for eye diseases such as glaucoma or macular degeneration. If these are identified early, you can work with your eye doctor to preserve your vision for many years to come.

## Maintain a healthy lifestyle!

Conditions such as Diabetes and High Blood Pressure can affect your eyes. It is very important to work with your Primary Care Doctor to maintain healthy blood sugar and blood pressure. A healthy lifestyle not only helps the body, but also helps the eyes.

## Use the right eye drops!

Dryness of the eyes is very common with age. It is recommended that you use eye drops for lubrication, also known as "artificial tears". Avoid drops that say, "get the red out" as these can actually make the eyes feel more dry. Instead, look for drops that say "lubricating" or "moisturizing". If you are not getting sufficient relief, talk

EVERYONE WELCOME Sessions are in person, but can be			Contact Stephanie Barela And to learn mo Phone: 869-447 Email: stephanie.barela@	re! 79
12/12/23 1pm-2:30pm	Alzheimer's and D	ementia	Cindy Brown Senior One	Isleta Elders Center
11/14/2023 5pm-6:30pm	EVENING SESSION ThinkFirst Prevention		Helen Sisneros, BS, Trauma Support Program Coord. ThinkFirst NM Director	Isleta Health Center Large Conference Room 2 <sup>nd</sup> Door on the North Side
10/10/2023 1pm-2:30pm	13yr Anniversary Celebration of Group Established October 2010 Mindfulness, Stress Reduction and Blood Pressure		Sara Ukeiley YMCA of New Mexico	Isleta Elders Center
9/12/2023 5pm – 6:30pm	EVENING SESSION Power of Attorney/ Advanced Directives		Feliz Martone Martone Law office	Isleta Health Center Large Conference Room 2 <sup>nd</sup> Door on the North Side
8/8/2023 1pm-2:30pm	Care for the Caregivers		Deb Openden Openden Associates	Isleta Elders Center
7/11/2023 5pm-6:30pm	Patient Advocacy and Cindy Brown Navigating Care Choices Senior One		Large Conference Room 2 <sup>nd</sup> Door on the North Side	

Cindy D

to your eye doctor about other options.

## Be aware of normal aging changes to your vision!

The eyes change with time. Driving at night and moving from dimly lit to well-lit areas become more difficult. Be extra cautious while driving, especially at night. You may also find that good quality lighting will improve your ability to read and do other near tasks.

## Wear Sunglasses!

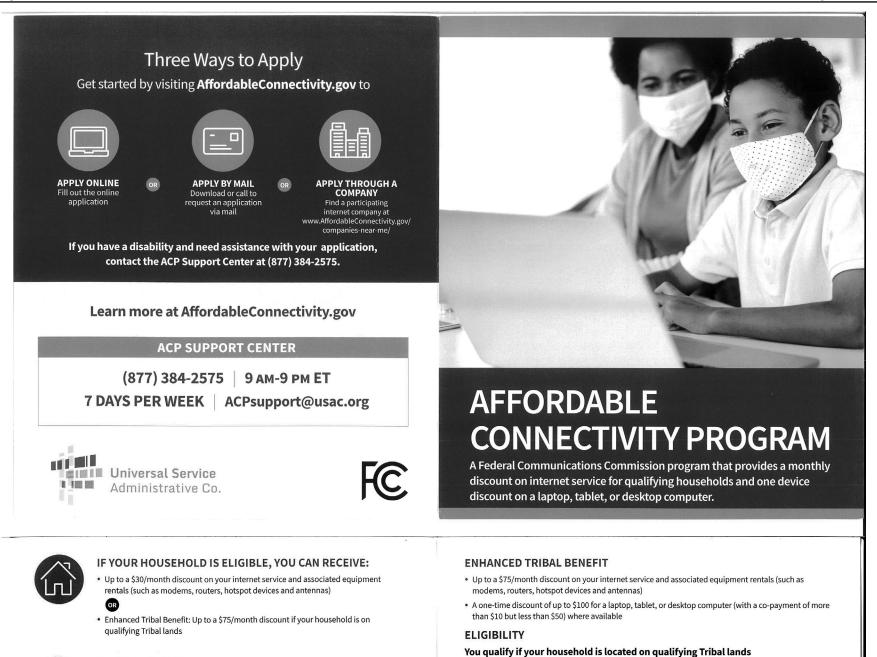
Good sunglasses with UVA/UVB protection will help to slow the progression of cataracts and other eye damage that can be caused by UV light. Wide-brimmed hats can also help to decrease the UV light that enters the eyes.

<u>\*If you would like to schedule your routine eye</u> <u>exam appointment please give us a call at</u> <u>(505) 869-4080\*</u>

## Page 22

## **Isleta Pueblo News**

June 2023





#### **DEVICE DISCOUNT**

A one-time discount of up to \$100 for a laptop, tablet, or desktop computer (with a co-payment of more than \$10 but less than \$50) where available
Only one monthly service discount and one device discount is allowed per household

## Start (if you meet the income qualifying standard), or Food Distribution Program on Indian Reservations

AND

· You meet any of the program or income requirements listed in the Eligibility section

• You participate in one of these Tribal-specific programs: BIA General Assistance, Tribal TANF, Tribal Head

DO YOU QUALIFY?

## ELIGIBILITY

#### You qualify if:

- Your income is at or below 200% of the federal poverty guidelines or
- You participate in any ONE of these government benefit programs:
- Lifeline
- Supplemental Nutrition Assistance Program (SNAP)
- Medicaid
- Federal Public Housing Assistance (FPHA) (including Housing Choice Voucher (HCV) Program (Section 8 Vouchers), Project-Based Rental Assistance (PBRA)/202/811, Public Housing, and Affordable Housing Programs for American Indians, Alaska Natives or Native Hawaiians)
- Veterans Pension and Survivors Benefit
- Supplemental Security Income (SSI)
- Free and Reduced-Price School Lunch or Breakfast Program including through the USDA Community Eligibility Provision
- Federal Pell Grant (current award year)
- Special Supplement Nutrition Program for Women, Infants, and Children (WIC)



#### WHAT IS A HOUSEHOLD?

You are only allowed to get one monthly internet discount and one device discount per household.

- If you share housing with a current ACP subscriber, complete the Household Worksheet.
- The worksheet is available on our website, www.AffordableConnectivity.gov/help/ resources. You can also ask a participating internet company.

The program rules recognize there may be more than one eligible household residing at the same address, such as at an assistedliving facility or where two individuals reside at the same address but do not share money

## Isleta Pueblo Cultural Center

## ANNOUNCEMENT!

SOFT OPENING will be held JUNE 23, 2023 at Pueblo of Isleta Cultural Center 71 TRIBAL ROAD 40 Refreshments Vendors Pueblo Dancers will be on the premises for your Entertainment! SEE OUR NEW ARTIST DISPLAYS IN THE CULTURAL CENTER TOURS OF THE 19TH CENTURY PHOTOGRAPHIC EXHIBIT: TIME EXPOSURES ISLETA PUEBLO VENDORS WELCOME

FOR MORE INFORMATION CALL 505-869-9768



## **ISLETA ELDER CENTER ADULT DAY SERVICES**

**ACTIVITY CALENDAR JUNE 2023** 

FRIDAY 2

Check

10-11a Corn Hole

1-3p Walmart Trip

9-10am Social Time/Health 9-10am Social Time/Health

THURSDAY 1

Check

10-11a Chair Exercises

1-3p Library Trip

		•	•		-
hello	-1	-		-	-
SU	M	M	16	31	2





*Activ	ities may be subject t			
MONDAY 5	TUESDAY 6	WEDNESDAY 7	THURSDAY 8	FRIDAY 9
9-10am Social Time/Health Check 10-11a Machine Exercises 1-3p Shuffleboard @Patio	9-10am Social Time/Health Check 10-11a Chair Exercises 1-3p Seed to Supper	9-10am Social Time/Health Check 10-11a Corn Hole 1-3p Senior Choice Movie Day	9-10am Social Time/Health Check 10-11a Stretches 1-3p Painting Class 101	9-10am Social Time/Health Check 10-11a Card/Board Games 1-3p Afternoon Coloring
MONDAY 12	TUESDAY 13	WEDNESDAY 14	THURSDAY 15	FRIDAY 16
9-10am Social Time/Health Check	9-10am Social Time/Health Check	9-10am Social Time/Health Check 10-11a BINGO w/Karen Roop,	9-10am Social Time/Health Check	9-10am Social Time/Health Check
10-11a Corn Hole 1-3p Yard Games @Park	10-11a Chair Exercises 1-3p Seed to Supper	Dietitian 1-3p Socialize w/ Flag Day treat	10a-3p Fishing and Picinic @ Isleta Lakes	10a-3p Father's Day Party
MONDAY 19	TUESDAY 20	WEDNESDAY 21	THURSDAY 22	FRIDAY 23
ADS CLOSED In observence of Juneteenth	9-10am Social Time/Health Check 10-11a Chair Exercises 1-3p Library Trip	9-10am Social Time/Health Check 10-11a Machine Exercises 1-3p Water balloon games @Park	9-10am Social Time/Health Check 10-11a Treat making activity 1-3p Fruit, Drink mixes making	9-10am Social Time/Health Check 10-11a Corn Hole <b>Drink/Treat Sale</b>
MONDAY 26	TUESDAY 27	WEDNESDAY 28	THURSDAY 29	FRIDAY 30
9-10am Social Time/Health Check 10-11a Chair Exercises 1-3p Card/Board Games	9-10am Social Time/Health Check 10-11a Machine Exercises <b>1-3p BINGO</b>	9-10am Social Time/Health Check 10-11a Corn Hole 1-3p July 4th Craft	9-10am Social Time/Health Check 10-3p Baking Activity (Cherry Pies, Peach Cobblers, Tarts)	9-10am Social Time/Health Check 10-11a Machine Exercises <b>Bake Sale</b>

	INE		Elder Center Lunch I	
Monday	Tuesday	Wednesday	Thursday	Friday
			6/1/2023	6/2/2023
Plaze	se call by <u>9 AM</u> to cancel Home		Pork Chop	Chicken Wrap
i ica.	Delivered Meals.		Pork Chop 3oz	Chicken Tenders 3oz
0. 10			Rice Pilaf 1/2c	Romain Lettuce 1oz Sliced Tomato 1oz
5	0 <b>5-869-9770 -</b> Thank you.		Broccolini 1/2c	Silced Tomato 102 Tortilla
*Monus are subject to cha	and without notice, based on the	eveilebility of products*	Gravy 1oz	
*ivienus are subject to cha	nge without notice, based on the	availability of products*	Dinner Roll Fresh Fruit	Carrot Sticks/Ranch
6/5/2023	6/6/2023	6/7/2023	6/8/2023	Fruit Cup 6/9/2023
Breaded Pollock Fillet	Fried Rice Bowl	Green Chile Chicken Enchilada	BBQ Pork Riblet	Taco Salad
Pollock Fillet 3oz	Diced Pork 3oz	Diced Chicken 3oz	Pork Riblet 3oz	Ground Turkey 3oz
Glazed Sweet Potatoes 1/2c	Steamed Rice 1/2c	Green Chile 2oz	BBO Sauce 2oz	Shredded Cheese 1oz
Capri Vegetable 1/2c	Stir Fry Vegetable 1/2c	Shredded Cheese 2oz	Slice Onions 2oz	Shredded Lettuce/diced tomato 2oz
Fresh Fruit	Terivaki Sauce 2oz	Chuckwagon 1/2c	Hoagie	Tortilla Chips 2oz
Tartar Sauce 1oz	Fortune Cookie	Vanilla Pudding	Pickle Spare 1oz	Salsa
	Fresh Fruit		Carrots & Peas 1/2c	Tropical Fruit Cup
6/12/2023	6/13/2023	6/14/2023	6/15/2023	6/16/2023
Macaroni Soup	Chicken Quesadilla	Teriyaki Salmon	Chef Salad	Burger & Brats
Ground Beef 3oz	Grilled Chicken 3oz	Salmon 3oz	Diced Ham & Turkey 3oz	Turkey Patty/ Bratwurst 3oz
Macaroni 1/2c	Peppers & Onions 1/2c	Steamed Rice 1/2c	Shredded Cheese 1oz	Slice Cheese 1oz
Stewed Tomato 1/2c	Shredded Cheese 2oz	Teriyaki Sauce 2oz	Spring mix 1c	Slice Tomato/Lettuce 2oz
Oyster Crackers	Tortilla	Broccolini 1/2c	Half Egg 1oz	Hamburger Bun/Hotdog Bun
<b>F</b>   <b>F</b>				
Fresh Fruit	Fruit Cup	Mixed Melon 1/2c	Ranch Dressing 1oz	Potato Salad 1/2c
Fresh Fruit	Fruit Cup	Mixed Melon 1/2c		Potato Salad 1/2c
Fresh Fruit 6/19/2023	Fruit Cup 6/20/2023	Mixed Melon 1/2c 6/21/2023	Ranch Dressing 1oz Cottage Cheese w/peaches 1/2c 6/22/2023	
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Health Beat: A Focus on Alzheimer's Disease Dr. Hadley Pope Phone: 505-869-3200

## What is Alzheimer's Disease?

Alzheimer's Disease (AD) is a type of brain disease that affects memory, thinking, and reasoning skills. AD primarily affects people who are older than 65 years of age. There is no cure for AD but there are some treatments, particularly at the early stages of the disease. Early diagnosis can also help patients and families get connected to resources and support. Some changes in memory happen to everyone as they age, however, memory loss that affects daily life and functioning is not a typical part of aging. If you are concerned about memory issues in yourself or a family member, make an appointment with your doctor.

10 Early Signs and Symptoms of Alzheimer's Adapted from Alzheimer's Association (alz.org)

1. Memory loss that disrupts daily life: forgetting events, repeating yourself or frequently relying on more aids to help you remember (like sticky notes or reminders).

2. Challenges in planning or solving problems: having trouble paying bills or cooking recipes you have used for years.

3. Difficulty completing familiar tasks at home or at work: having problems with cooking, driving places, using a cell phone, or shopping.

4. Confusion with time or place: having trouble understanding an event that is happening later, or losing track of dates.

5. Trouble understanding visual images and spatial relations: having more difficulty with balance or judging distance, tripping over things at home, or spilling or dropping things more often.

6. New problems with words in speaking or writing: having trouble following or joining a conversation or struggling to find a word you are looking for (saying "that thing on your wrist that tells time" instead of "watch").

7. Misplacing things and losing the ability to retrace steps: placing car keys in the washer or dryer or not being able to retrace steps to find something.

8. Decreased or poor judgment: being a victim of a scam, not managing money well, paying less attention to hygiene, or having trouble taking care of a pet.

Thinking About Quitting

Have you been Thinking About Quitting? Now is the time to act and Quit your Nicotine Habit for Good! Take this <u>1 time, 1 on 1, 90 minute session</u> over the phone or in person at the Isleta Health Center, to increase your motivation to quit and to get some Tips and Tricks to help you do Quit for Good!

Call Stephanie, Health Educator @ 869-4479 to learn more 9. Withdrawal from work or social activities: not wanting to go to church or other activities as you usually do, not being able to follow football games or keep up with what's happening.

10. Changes in mood and personality: getting easily upset in common situations or being fearful or suspicious.

For more information about Alzheimer's Disease and other forms of dementia, visit the Alzheimer's Association at alz.org or talk to your doctor.

## June 2023

## **Isleta Pueblo News**

## **B'EEH-K'OO-EE WELLNESS CENTER** Treatment for an Alcohol or Drug addiction

Addiction is defined as a chronic, relapsing disorder characterized by compulsive drug seeking and use despite adverse consequences.

The health risks associated with drinking and/or drugging are not limited to the following:

• Serious injuries, which can be caused by vehicle crashes, burns, falls, and even drownings.

• Physical violence often occurs as a result of drinking, and can end up in homicide, suicide, assault, and spousal or partner abuse.

• Sexual behavior that poses risk. HIV/AIDs and many other diseases have been passed along through risky sexual behavior.

• Heart disease, liver disease, and numerous digestive problems result from drinking.

• All types of social problems result from abusive drinking.



## Inpatient Treatment/Residential Treatment Centers (RTC)

## What is Inpatient/Residential Treatment?

Individuals living at the treatment center receiving around the clock care, education and participating in extracurricular activities while learning. At residential treatment centers, individuals are able to access a higher level of care with individual, family, or group therapy provided. Residential treatment centers are available to both men and women, or women with children, residential treatment centers accommodate people of all ages and stays can range from 90 days to 1 yr. and beyond. RTC provide safe, effective, evidence based care, for individuals who have experienced negative consequences from issues related to Drugs and/or alcohol related issues.

## **Outpatient Treatment (IOP)**

Individuals work on their recovery while living at home and still receive counseling through a treatment center. B'eeh-K'oo-ee Wellness Center offers IOP "The Ripple Effect" Monday, Tuesday and Wednesday 4:30pm to 7:30pm.

## What is Detoxing?

Detoxing generally refers to the period during which someone who has a chemical addiction goes through chemical withdrawal. During this period, the addictive substance is still exiting the addicted person's body. Some individuals may need assistance with a medically assisted detox.

## **Medical detox**

Medical detox refers to ridding the body of toxic addictive substances under the supervision of a team of licensed medical professionals. This team is usually headed by a physician and consists of nurses, clinical staff and therapists. Some facilities utilize advanced practice staff like nurse practitioners or physician assistants to deliver medical care during detoxification.

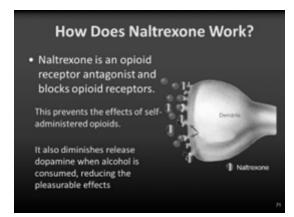
## **Medication Assisted Treatment**

Medication-assisted treatment (MAT) is the use of medications paired with counseling, behavioral therapies and/or mutual aid meetings (AA,NA) which is effective in the treatment of Alcohol misuse, opioid use disorders (OUD) and can help some people to sustain recovery. Vivitrol is used for Alcohol and Opiate addiction, it blocks opiate receptors and does not contain opiates in this medication. It is a once a month injection that helps treat the cravings of alcohol and opiates. Naltrexone (pill form of Vivitrol) is the generic name for Vivitrol. These medications work best when paired with counseling and support groups (AA, NA).

Facts For VIVITROL

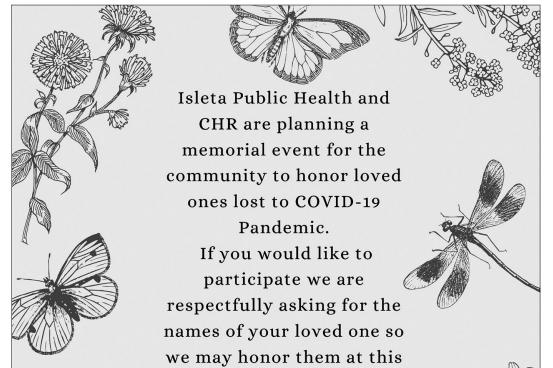
- •Blocks opiate receptors, no opiate in medicine
- Can be used for both alcohol and opiates • Once monthly injection
- Works best in combination with therapy and support agencies AA, NA

•This treatment is recommended for at least 6 months to a year



B'eeh-K'oo-ee Wellness Center offers various services that are available in the Isleta Pueblo Community such as: Individual, Family, Couples & Group Therapy, as well as Intensive Outpatient Program (IOP) The Ripple Effect. Case management for Inpatient Detox, Residential and Inpatient Placement.

If you or a loved one are interested in seeking IOP, Inpatient/residential treatment, call the B'eeh-K'oo-ee Wellness Center at (505) 869-5475 to schedule an intake appointment.



## WITHDRAWAL

What does having withdrawals mean?

A term used to describe the physical and mental symptoms that a person has when they suddenly stop or cut back the use of an addictive substance, such as opiates and opioids, nicotine products, or alcohol. Withdrawing from alcohol on one's own can be very dangerous and even deadly. Withdrawal symptoms usually subside on their own, but when the symptoms are severe, withdrawal may require medical treatment. Some medications can help reduce the symptoms of withdrawal. event Please submit your contact information and the name of your loved one through this QR Code or you can call Public Health directly at 505-869-9720 More information on the event will be coming soon

# Tribal Lifeline

## can receive up to \$34.25 off phone or Internet service.

Lifeline is a federal program that helps lower the monthly cost of your phone or Internet service.

## ELIGIBILITY

- You may qualify for a discount if you live on Tribal lands\* **AND** can provide proof for any **ONE** of the following:
- Your income is at or below 135% of the federal poverty guidelines, **OR**
- You participate in any **ONE** of these government benefit programs:
- Supplemental Nutrition Assistance
   Program (SNAP)
- Medicaid
- Federal Public Housing Assistance (FPHA)
- Veterans Pension and Survivors Benefit
- Supplemental Security Income (SSI)
- Bureau of Indian Affairs General Assistance
- Tribal Head Start (income based)
- Tribal Temporary Assistance for Needy Families (Tribal TANF)
- Food Distribution Program on Indian Reservations Assistance

## WHAT IS A HOUSEHOLD?

You can have multiple households at one address, for example:

- Four adult family members that live at the same address, but do not share income and expenses, may each have their own Lifeline benefit.
- If you share housing with someone who already receives Lifeline, complete the Household Worksheet that is available on our website, or through your phone or Internet company.

\*Lifeline's Tribal Lands is defined in 47 CFR §54.400 (e). Go to LifelineSupport.org and select "Tribal Lands" for more information.



## APPLY ONLINE Find the online application at nv.fcc.gov/lifeline. OR MAIL YOUR APPLICATION Print an application from LifelineSupport.org.

**THREE WAYS TO APPLY** 



If you live in **CA (CaliforniaLifeline.com), OR (Lifeline. Oregon.gov)**, or **TX (TexasLifeline.org)**, visit the website for your state to find out how to apply.

HOW TO SHOW YOU ARE ELIGIBLE

You may need to show proof that you qualify for Lifeline, such as:

#### A copy of your SNAP or program letter OR

• A copy of your pay stub or tax return to prove your income is at or below 135% of the federal poverty guidelines.

## TIPS FOR APPLICANTS ON TRIBAL LANDS

- Check the "Tribal Lands" Box.
- Provide a Tribal ID Number if a SSN is unavailable.
- Your Lifeline company can help determine whether your address is on Tribal lands.
- Ask your service provider about *Tribal Link-Up*. You may be able to get up to \$100 toward your connection to home service.

**NOTE:** An applicant living at a residence without an identifiable address will be asked to provide Geo-coordinates for the physical location. If you don't have this information, you can provide USAC a map that identifies the location of the residence, landmarks, and distances.

## LIFELINE SUPPORT CENTER (800) 234-9473 | 9 AM-9 PM ET | 7 DAYS PER WEEK LifelineSupport@usac.org | LifelineSupport.org

## Lifeline

Lifeline is a federal program that helps lower the monthly cost of your phone or Internet service.

## HOW TO KEEP YOUR BENEFIT

## **USE IT OR LOSE IT**

If your mobile phone or Internet is free, use it at least **once every 30 days** to keep the benefit.

## ...........

## RECERTIFICATION

Each year, Lifeline will conduct a check to ensure you still qualify for the benefit. We will review databases that can verify your participation in qualifying programs.

We will send you a letter asking you to recertify your benefit ONLY if we are unable to confirm you are still eligible.

## What to do if asked to recertify:

- Call (855) 359-4299 OR
- Complete the form online at nv.fcc.gov/lifeline OR
- Complete the recertification form and mail it to:
- Lifeline Support Center



## TRANSFER YOUR BENEFIT

You may change the phone or Internet company registered with Lifeline at any time.

To do so:

- Talk to your new company to make the switch some companies may have transfer costs.
- Reapply to Lifeline to

## Helping Your Adult Family Member Who Has an Addiction

Although you may be tempted to rescue, bribe, pamper, scold, or threaten your adult family member who continues to use and abuse alcohol and/or drugs, this is not a helpful approach.

Families share experience, strength, and hope at Al-non meetings. These meetings teach you how to stop "enabling". The word enabling means "allowing, permitting, or aiding" the alcoholic/addict to stay in their sickness and enabling keeps you, the family, trapped in the problem. Enabling can make you physically and emotionally sick and cause increased stress with you and your home environment. Addiction is not something that affects just the alcoholic/addict but has a negative impact on the entire family and the community.

No one wants their adult family member to suffer with an addiction and your intentions to help are out of love and concern. When enabling turns into an intervention, things begin to change. It is time to take your focus off the adult family member's addiction and place it onto yourself and your family. You regain power to make meaningful choices about what you will do and what you won't do. Enabling does not teach responsibility.

You can contact Al-non at (505) 262-2177 and find out the nearest location from your community to attend, (*IBHS does not provide transportation*).

Isleta Health Center - Behavioral Health

## Isleta Health Center 2023 Community Needs Assessment Survey

Isleta Health Center wants to improve our services by better understanding the Health Priorities in the Isleta Community, but we need your help! We will be offering a Community Needs Assessment Survey to the Isleta Community through paper form and virtually (internet). This was given out during the Isleta Health Center Health Fiesta on May 12, 2023 from 4:30-6:30 at the Isleta Health Center. If you did not complete a survey there, please complete it either by stopping by the Clinic and picking it up or access the survey using the QR Code below, or go to the website. We would like EVERY Isleta Health Center Patient, Isleta Tribal Member or Isleta Community **Resident to complete this survey**, so that we can improve our services. Please Complete the survey before June 15, 2023.

Those who complete the survey will receive a Sunshade (While Supplies Last) and a chance to win a number of great prizes (Gift Cards, Movie Passes, Gas Certificates and more).

P.O. Box 7081 London, KY 40742

You may check your Lifeline Benefit status anytime by calling the Lifeline Support Center, (800) 234-9473.

If you live in CA (CaliforniaLifeline.com), OR (Lifeline.Oregon. gov), or TX (TexasLifeline.org), visit the website for your state to find out how to recertify.

- confirm you are still eligible.
- Search for a phone or Internet company at LifelineSupport.org.

Click Companies Near Me.

We hope you complete the Isleta Health Center Community Needs Assessment this year!

For more information, contact Stephanie Barela, Isleta Health Center Health Educator, (505) 869-4479 Stephanie.Barela@islclinic.net.



## LIFELINE SUPPORT CENTER

(800) 234-9473 | 9 АМ-9 РМ ЕТ | 7 DAYS PER WEEK

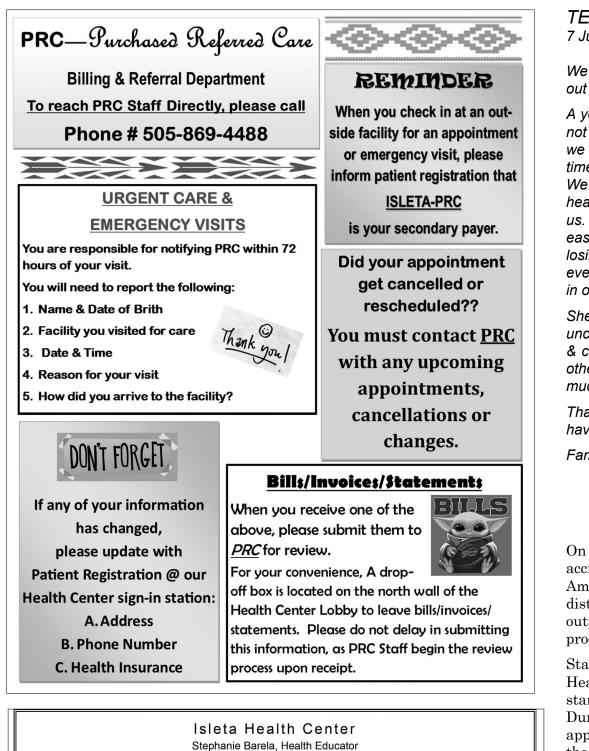
LifelineSupport@usac.org LifelineSupport.org

If you have a disability and need assistance with your application, contact the Lifeline Support Center.

Contact your phone or Internet company about your phone, Internet service, or bill.

Lifeline is a Federal Communications Commission (FCC) program to help make communications services more alfordable for eligible consumers. The Universal Service Administrative Company (USAC) administers the Lifeline program. USAC is responsible for helping you apply for the program, understand eligibility requirements, and keep your benefit current through an annual recertification process.





Stephanie.Barela@islclinic.net Phone: 505-869-4479 **Health Fiesta 2023 Review** We changed it up this year...the Isleta Health Center offered a Health Fair on FRIDAY, May 12<sup>th</sup> from 4:30-6:30pm. We welcomed more than 200 people and hosted 40 health booth participants from various POI, Isleta Health Center departments and local health organizations for our 14<sup>th</sup> Community Health Fair. With

Isleta Health Center departments and local health organizations for our 14<sup>th</sup> Community Health Fair. With this year's theme, "*Health Fiesta*", we were successful with educating the Isleta Community on how to stay healthy, as well as, informing every one of the services available in and near the community. *Nearly 85% said they learned more about what IHC has to offer. Nearly 87% said they learned more ways to stay healthy* 

Ninety-six percent (96%) of the attendees that filled out an evaluation form said the fair was excellent. The average person stated they learned a lot about staying healthy and a lot about Isleta Health Center services. Thank you to everyone that participated in the Isleta Health Center's health fair!

Thank you to Crystal Springs Bottled Water, Range Café, DJ Randy Jim, Terri's Sweet Garden, and Isleta Rec Center for their helpful Donations for the Health Fair. I also want to Thank all of the booths, the Health Center Staff and the Isleta Health Fair Planning Committee. YOU ALL ROCK!

IF YOU DIDN'T ATTEND THE HEALTH FAIR THIS YEAR—YOU MISSED OUT! HOPE YOU CAN MAKE IT THE NEXT TIME!!



TERESITA (BA-WEH) SALAZAR 7 July 1936 - 29 June 2022

We miss saying "Mom" out loud.

A year has passed, but not a day goes by when we reminisce about the time you were with us. We believe you are in heaven watching over us. However, it can't ease the pain of you losing you. No one can ever replace you, you're in our hearts forever.



She loved her family

unconditionally as well as her extended family, friends, & community. She always thought of and prayed for others before herself. Those that knew her know how much she cared for her people.

Thank you all for the prayers, support & strength you have given us.

Family of Teresita (Ba-weh) Salazar

## ISLETA HEALTH CENTER ANNOUNCEMENT

On April 27, 2023, Isleta Health Center achieved accreditation by the Accreditation Association for Ambulatory Health Care (AAAHC). Accreditation distinguishes the Health Center from other outpatient facilities by an independent external process of evaluation.

Status as an accredited organization means the Health Center has met nationally recognized standards for quality health care set by AAAHC. During our site visit, I learned that a third of initial applicants for accreditation fail or partially pass the rigorous on-site survey process. Isleta Health Center joins one of seven New Mexico health care organizations with current accreditation with AAAHC.

We are fortunate to have staff and providers willing to accept the feedback of discerning patients who support improvements to quality care.

Thank you to those patients and staff members who contributed to our accreditation process by consenting to observation, attesting to your experiences, and asking the surveyor questions.

The Health Center seeks to maintain accreditation with continued progress toward our re-accreditation site visit in 3 years.

Respectfully, Karen Lucero, CEO



**Isleta Pueblo News** 

*ACTIVITIES SUBJECT TO CHANG PUEBLO OF ISLETA ELDER CENTER ACTIVITY CALENDAR	E VODA BEST	UNE	ISLETA ELDER CENTEF 505-869-9770 MONDAY- FRIDAY 8:00AM - 4:30PM	#I DAD
MONDAY	TUESDAY	WEDNESDAY	THURDAY	FRIDAY
Call or Visit the Elder Center to Sign up for Activities & Trips in Advance. All Activities are on a first-come-first-serve basis. Activities are open to everyone age 50+ unless otherwise noted. * CLOSED FOR ALL MAJOR HOLIDAY'S.		1 SHOPPING 9am - 2:30pm Wal-Mart Golden Corral	2 <u>No Activities</u>	
5	6	7	8	9
SWIMMING POOL 9am - 12pm POI Recreation Center Movie Day(InHouse)-1p - 3p	Exercise - 10am - 12pm Elder Center/Activities Room Seed to Supper -1p-3p Activities Room	BUBBLE PAINTING 1pm - 3pm Activities room	MASS 11:30am Elder Center Dining Room	<b>YOGA -10a -?</b> POI Recreation Center
12	13	14	15	16
<b>Nature Walk</b> 9a - 11a/Elder Center <b>Creating Bouquet for DADs</b> 1p - 3p Activities Room	Sandia Pueblo – Annual Feast Day Leaving POI @ 9am (muct have your Vaccination Cards)	GENERAL MEETING Commodities Distribution 9am - 11am Topic: 1pm - 3pm	<u>No Activities</u>	Father's Day Carnival Decorating for dads. 11a -12p Carnival: 1p -3p Activities Room
19	20	21	22	
CLOSED	Exercise - 10am - 12pm Elder Center/Activities Room <b>Seed to Supper</b> 1p-3p	BINGO ENTRY FEE'S ARE DONATIONS! 11a - 3p / Activities Room	<b>Nature Walk 9a - 11a</b> /Elder Center <b>Neck pillow Making</b> 1p - 3p Avtivities Room	YOGA -10a -? POI Recreation Center Neck pillow Making 1p - 3p
26	27	28	29	30
<b>Corn Hole</b> 10a - 12p/Activities Room <b>Cup cake Making</b> 1p-3p	BIRTHDAY CELEBRATION	Rail Runner to Santa Fe Down Town Lunch @ Tomasita's Leaving POI @ 8am	Exercise - 10am - 12pm Elder Center/Activities Room <b>Apron Designing</b> 1p-3p Activities Room	YOGA -10a -? POI Recreation Center Apron Designing 1p-3p



## June- National Fresh Fruit and Vegetable Month

**Fruit and veggies**- are low in fat and calories; they provide important nutrients such as vitamin C; they add flavor to meals; and reduce heart disease.

## WIC News-

There is now more detailed information for participants/future applicants and their WIC benefits on the POI webpage.

We are constantly adding new foods to our WIC approved food lists, so use your MyWic app to

#### scan food items at the store.

## Watermelon Salad with Feta and Cucumber

- 3 cups watermelon cubed or balled
  - □ □1 1/2 cups sliced cucumber seeds removed
  - □2 tablespoons mint thinly sliced or small mint leaves
  - □1/3 cup feta cheese crumbled
    - □ □3 tablespoons olive oil
  - □ □1 tablespoon lime juice
  - □ □salt and pepper to taste
  - Place the watermelon, cucumber and mint in a large bowl.
  - In a small bowl, whisk together the olive oil, lime juice and salt and pepper.
  - Place the watermelon, cucumber and mint in a large bowl.
  - In a small bowl, whisk together the olive oil, lime juice and salt and pepper. Isleta WIC office 505-869-2662