

Volume 18 Issue 12

Pueblo of Isleta website: www.isletapueblo.com

December 2023

Governor's Report

Maguwam,

I hope this newsletter finds everyone in good health. We are fast approaching into the holiday season, and we hope to look forward to the Christmas Holiday. I want to remind everyone if you are feeling sick, please stay home to prevent the spread of any illness.

I would like to offer my apology for canceling the Community Meeting that was set for November 19, 2023. There were many conflicting events over the weekend that caused us to postpone for a more opportune time. Be on the lookout for more information.

There are many projects ongoing or set to start on the Pueblo. On Tribal Road 82, drilling has begun for the New Well Project. We will also be gearing up on another water line project on Tribal Road 90 and is tentatively set to begin mid-December.

I met with Assistant Secretary Connor to discuss a number of projects the Pueblo is working on with the Army Corps of Engineers. In particular, we discussed projects at Pottery Mound and several new funding opportunities for bosque and acequia restoration work that we hope to implement soon.



I also met with Army Corps leadership Native American in the Lands Environmental Mitigation Program (NALEMP), who visited the Pueblo from Washington D.C. I took them on a tour of several sites around the Pueblo and discussed the importance of cleaning up federal munitions debris on the Pueblo.



We ask you to please avoid the areas immediately west of the diversion dam. The machinery to repair the culvert underneath NM 147 must operate 24/7. The equipment may be dangerous, please stay away and exercise caution.

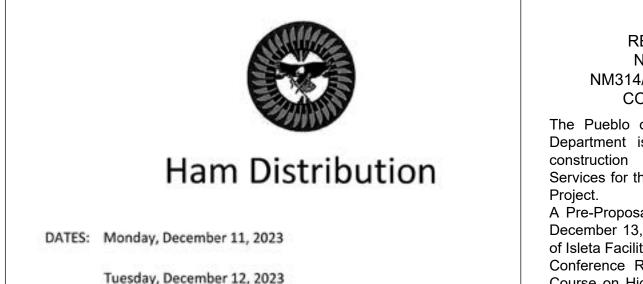
I would like to thank all tribal members and the Head Start children who attended and participated with our traditional dance at the Isleta Cultural Center for their Open House on Friday, November 17, 2023.

I would like to thank the Village of Bosque Farms who invited the Governor's office to attend the Native American Heritage event. I had the pleasure of giving the Opening Prayer and again, was so happy to see our children from the Head Start participate with our traditional dances.

We will also be having our Ham Distribution on Monday, December 11 and Tuesday, December 12, 2023 from 8:00am-6:00pm at the Recreation Center, see flyer with more information. Last, I want to send my condolences to the families of those who have lost their family members during the month of November.

Ha-Wuh

Max A. Zuni, Governor, Pueblo of Isleta



PUEBLO OF ISLETA REQUEST FOR BIDS (RFB) NO. 513-09-7621-5016-CS NM314/NM45/NM317 RE-ALIGNMENT CONSTRUCTION SERVICES

The Pueblo of Isleta (POI) Transportation Services Department is requesting proposals from qualified construction contractors to provide Construction Services for the Pueblo's NM314/45/317 Re-Alignment

A Pre-Proposal Meeting will be held on Wednesday, December 13, 2023; 9:30 AM local time at the Pueblo of Isleta Facilities Maintenance and Operations Building Conference Room, located south of the Isleta Golf Course on Highway 47. The pre-proposal meeting is mandatory to ensure the project content is understood. Proposals are due no later than Wednesday, January 3, 2024 at 2:00 PM local time. Information and Bidding Documents for the Project can be found at the following designated website: https://bhitracker.bhinc.com Requests for additional information or questions can be submitted to the following individuals: Dale Kleinsmith Construction Operations Department Transportation Engineer Pueblo of Isleta Email: Dale.Kleinsmith@isletapueblo.com Phone: (505) 869-4965 Mary C Montoya **Procurement Senior Buyer** Email: Mary.Montoya@Isletapueblo.com Phone: (505-869-9831

WHERE: Isleta Pueblo Recreation Center

8:00 a.m. to 6:00 p.m. TIME:

Tribal members residing in Isleta Pueblo, Los Lunas, Belen, FOR: Bosque Farms, Albuquerque, Rio Rancho and Bernalillo ONLY

We ask you provide proof of tribal membership and residency. Only 1 ham per head of household. The ham distribution is only on December 11 and 12, 2023 NO EXCEPTIONS.

Thank you.

Moar Eugens of wan

LETTER FROM THE EDITOR

DEADLINE for January Newsletter articles is set for Wednesday, December 13, 2023, at 4:30 pm. Articles may be dropped off at the Library or emailed to Nathaniel. Lujan@isletapueblo.com. Should you email your article, expect a confirmation email. If you do not receive a confirmation email, odds are it never made it to me and then it's time to panic, so call Nate at 505.869.9808.

People who wish to submit an article or flyer are responsible for generating their own article or flyer. Should you need help, please call the Library at 505.869.9808 and set up a date and time to sit down with a Library staff member who will help you throughout the process. The Library will NOT accept notes dropped off at the Library or information over the phone to generate your article.

PROBATES need to be published in the Newsletter for two consecutive months. Probates are considered court documents, therefore, all submitters must provide: 1) Name of Deceased, 2) Date of Deceased 3) Court Case # and 4) Date of Court Date. A Probate form can be found on the Newsletter Archive page at http://www.isletapueblo. com/newsletters.html.

CLASSIFIED ADS: The new administration has requested that the Newsletter start a Classified Ad section for Tribal members selling land, houses, mobile homes, vehicles, and farm equipment. Leasing of houses and mobile homes will be accepted. Smaller items which can be sold at the local flea markets or weekly yard sales will NOT be accepted.

Currently, this service is FREE to Tribal members. Land, houses, and mobile homes must be within the reservation boundaries. Ads must meet the 160 character limit. Ads that exceed the 160 characters will NOT be submitted into the Newsletter. A single picture may be submitted with the ad. Submitters of classified ads are responsible for generating their own ads as this is a FREE service.

As a reminder, Tribal business owners may submit a small flyer at no charge. Like the classified ads, business owners are responsible for generating their own flyers as this is a FREE service.

Classified ads and business flyers will be posted no more than two consecutive months. In the event where the Newsletter may exceed the 24-page limit, classified ads and business flyers will be "bumped" for newsletter articles. Again, this is a FREE service for Tribal members.

The Isleta Newsletter is owned and operated by the Pueblo of Isleta. Therefore, the Governor of the Pueblo of Isleta has the final say of all articles and contents within the Isleta Newsletter.

For additional questions, you may call the Library and speak with Nate or Diane at 505.869.9808.

Thank you, Nathaniel Lujan

Newsletters may be found at the fifteen distribution locations listed below. Remember, Digital copies of the Newsletter may be obtained from the Newsletter archive at http://www.isletapueblo.com/newsletters.html

PROBATES

IN THE MATTER OF THE ESTATE OF: Renee Michelle Piro

Second Notice

TAKE NOTICE that in accordance with notice requirements, a Petition to Probate the Estate of Renee Michelle Piro, deceased 02/1/2021, has been filed in the Pueblo of Isleta Tribal Court. Any person claiming an interest in the Estate is hereby advised to notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. Claims must be filed in writing. A hearing in this matter has been scheduled for Wednesday, November 22, 2023 at 1:30 pm at the Isleta Tribal Court, located at the Tribal Services Complex, 3950 Hwy. 47 SE, Building A, Albuquerque, NM. If you have any questions, please contact the Isleta Tribal Court at (505) 869-9699.

IN THE MATTER OF THE ESTATE OF: Gloria M. Abeita

Case No. CV-PR-0115-2023

Case No. CV-PR-0002-2023

Second Notice

TAKE NOTICE that in accordance with notice requirements, a Petition to Probate the Estate of Gloria M. Abeita, deceased 08/22/2023, has been filed in the Pueblo of Isleta Tribal Court. Any person claiming an interest in the Estate is hereby advised to notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. Claims must be filed in writing. A hearing in this matter has been scheduled for TBD at TBD at the Isleta Tribal Court, located at the Tribal Services Complex, 3950 Hwy. 47 SE, Building A, Albuquerque, NM. If you have any questions, please contact the Isleta Tribal Court at (505) 869-9699.

TRIBAL COURT

Isleta Tribal Court is pleased to announce that on November 17, 2023, Chief Judge Felicia L. Jojola was duly appointed to the Tribal-State Judicial Consortium.

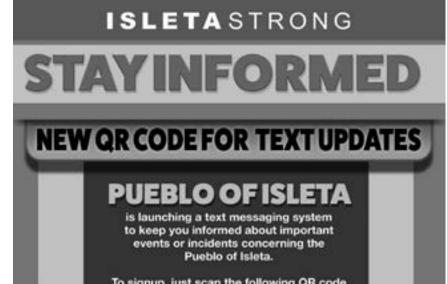
The Tribal-State Judicial Consortium is an advisory board of the Supreme Court of New Mexico.

The Tribal-State Judicial Consortium is composed of fourteen (14) members appointed by the Supreme Court. The fourteen (14) members are selected with orders that seven members be comprised of District Court, Metropolitan Court, and Magistrate Court Judges, and the other seven being Tribal Court Judges. Associate Justice Brianna Zamora, of the Supreme Court of New Mexico oversees the consortium as the liaison.

The Tribal-State Judicial Consortium builds relationships and maintains communication between state courts and tribal courts, to assure that matters of jurisdiction and sovereignty are maintained, while establishing a working relationship to uphold the law to maintain justice for all.

Chief Judge Jojola is profoundly honored to represent the Pueblo of Isleta as one of the 14 Judges called on to serve a 3-year term as a member of the Tribal-State Judicial Consortium.

Isleta Tribal Court Wishes you all a Merry Christmas!



The fifteen Newsletter distribution locations are:

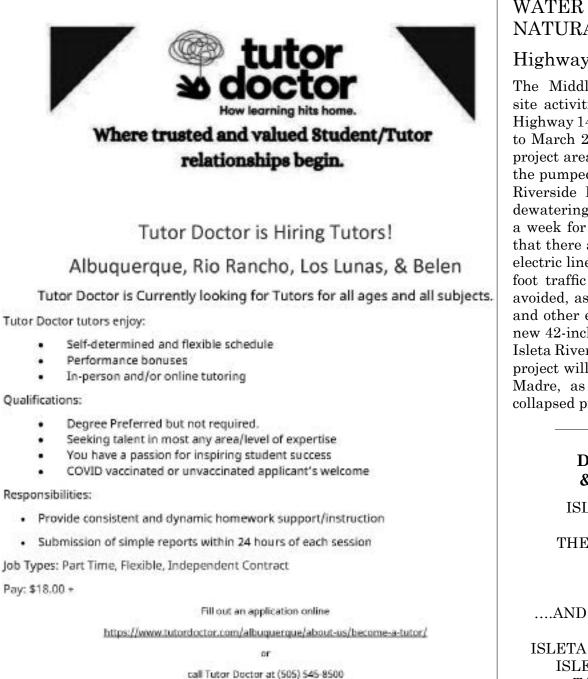
- TR 2 & TR 22 Chical SE of Community Hall 1.
- TR 10 Behind the old 47 Sales 2.
- TR 1 & TR 5 Ranchitos / Bosque 3. Farms Reservations Line
- 4. **Ranchitos Park**
- Post Office Big Tree 5.
- TR 82 & TR 84 Teller Road 6.
- TR 78 & TR 82 Carlos Trujillo Sr. 7.
- TR 90 @ Y CF Padilla 8.
- Mouse Town Park -9.
- Health Center South end of Health 10. Center Parking lot
- 11. Library Sunlight & Moonlight Intersection
- TR 6 47 Intersection 12.
- TR 12 47 & 147 intersection (Old Smoke & Save) 13.
- TR 71 & TR 54 @ Y Holiday Robot / Paved Road / 14. **Railroad Tracks**
- TR 45 & TR 40 @ Y Tata Mel (POI Signage) 15.

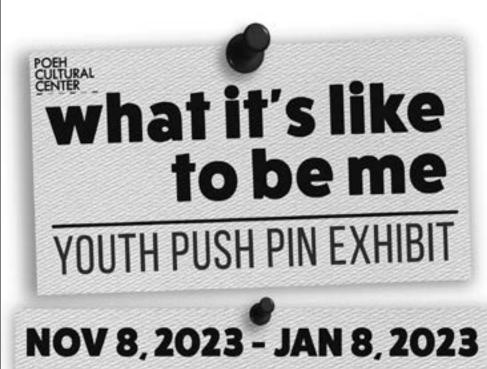
To signup, just scan the following QR code or if you prefer send a text with the word "SUBSCRIBE" to 855-233-9179



KEEP ISLETA STRONG!







WATER RESOURCES DIVISION / NATURAL RESOURCES

Highway 147 Drain Pipe Replacement

The Middle Rio Grande Conservancy has begun onsite activities to replace a failed drainage pipe beneath Highway 147. The project is scheduled from this November to March 2024. Currently, the groundwater level in the project area is being lowered with dewatering pumps and the pumped water is discharged to the Rio Grande, Isleta Riverside Drain, and the Belen Highline Canal. The dewatering pumps will operate 24 hours a day, 7 days a week for the duration of the project. Please be aware that there are high voltage generators and the associated electric lines and conduits at the site, and non-authorized foot traffic within the project area should generally be avoided, as well as, avoid tampering with the generators and other equipment. The result of the project will be a new 42-inch pipe beneath Highway 147 that connects the Isleta Riverside Drain from North to South. Moreover, the project will directly benefit tribal farmers on the Acequia Madre, as well as providing a repair solution to the collapsed pipe issue without interfering with local traffic.

DEPARTMENT OF CULTURAL & HISTORIC PRESERVATION

ISLETA PUEBLO CULTURAL CENTER WOULD LIKE TO THANK ALL THE ISLETA PUEBLO COMMUNITY FOR ATTENDING THE HOLIDAY OPEN HOUSE!

....AND A VERY SPECIAL THANK YOU TO OUR VOLUNTEERS ISLETA ELEMENTARY CHRISTMAS CAROLERS ISLETA PUEBLO HEADSTART DANCERS TATA MICHAEL ABEITA DRUMMER TIWA SANTA CLAUSE JUDY ABEITA-CHAVEZ MRS. RICHARD JARAMILLO

ISLETA CHR VOLUNTEERS NADINE CHIWEWE JULIANN ROMERO BEATRICE VALLO NANCY GONZALES AND OUR VOLUNTEER FROM BELEN ERIC SORENSEN LORRAINE JARAMILLO THANK YOU FOR ALL YOUR SUPPORT AND PARTICIPATION! THANK YOU TO RUFFLES BAKED GOODS

Isleta Pueblo Cultural Center CALL FOR NEW Isleta Pueblo ARTIST WORK FOR CULTURAL CENTER DISPLAY CASES Please bring works to fit space size 4ft. width and 7ft. height **ALL TYPES OF ARTWORK WELCOME!** Please make an appointment with Isleta Pueblo Cultural Center @ 505-869-9767



The Poeh Cultural Center is thrilled to announce our upcoming Youth Push Pin Art Exhibit, " What It's Like To Be Me". This exhibit aims to provide a platform for youth to express themselves, share their unique perspectives, and showcase their artistic abilities. We encourage young artists to submit their artwork to be displayed and celebrated in this exciting event!

Opening Nov 8, 2023 at 4PM - 6PM

GUIDELINES:

- All visual art forms are welcome, including painting, drawing, photography, and digital art. 3D art must be able to hang.
- No Age Limit
- Works cannot exceed 24in x 24 in. Artist may submit up to 3 works

For more information, please contact Daniel McCoy at DMcCoy@pojoaque.org or 505.455.3533



"Strengthening our Tiwa Language"

Group Tiwa Language Classes

OPEN FOR ISLETA TRIBAL MEMBERS

Tuesdays & Thursdays

5:30pm-6:30pm

In the Library/DOE Complex

Classes will begin on Thursday

November 9, 2023

For more information call 505-869-9790



Isleta Pueblo News

SLETA Visit us online at resort + casino

Job Postings

http://www.isleta.com/career-opportunities.aspx

Fax: 505-244-8232

OUR LOCATION

Isleta Resort and Casino is located 7 minutes south of downtown Albuquerque at Interstate 25 and Hwy 47, exit 215. The Human Resources office can be found on the east side of the building through the Employee Entrance doors.





OFF-SITE ATTENDANT (PW)

Location: Albuquerpue, NM Publish Date: 10/19/2023 Level: Non-Exempt

BARTENDER (777s)

Location: Albuquerpue, NM Publish Date: 10/18/2023

SUPERVISOR F & B

Location: Albuquerous NM

Publish Date: 10/17/2023

Level: Non-Exempt

TECHNICIAN

Job Family: Gaming

Level: Non-Exempt

Location: Albuquerpue, NM

Publish Date: 10/13/2023

SLOTSLAB

Level: Non-Exempt

(TIWA)



Location: Albuqueroue, NM Publish Date: 10/18/2023 Level: Non-Exempt

LEAD STEWARD

Publish Date: 10/17/2023

Location: Alternations, NM

Publish Date: 10/14/2023

SLOTS TECHNICIAN

Location: Albuquerque, NM

Publish Date: 10/13/2023

Level: Non-Exempt

Level: Non-Exempt

reast NM

(UTILITY)

Location: Albuque

Job Family: N/A

BUSSER

INTERN

Level: Non-Exempt





MARKETING Location: Albuquerque, NM Publish Date: 50/13/2023 Level: Exempt

Level: Non-Exempt



RESTAURANT MANAGER (777s) Location: Albuquerque, NM Publish Date: 10/13/2023



COOK II (TIWA)

Location: Albuquerosa, NM Publish Date: 50/13/2023 Level: Non-Exempt







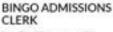








Location: Albuquerque, NM Publish Date: 10/13/2023 Level Non-Exempt



Location: Albuqu INM. MUGHER Publish Date: 10/13/2023 Level: Non-Exempt





Location: Albuquerque, NM

Publish Date: 10/13/2023 Level: Non-Exempt



COUNT MEMBER Location: Albumiermae, NM Publish Date: 10/13/2023 Level: Non-Exempt









Publish Date: 10/13/2023 Level: Non-Exempt





BANQUET SERVER Location: Albuquerque, NM

ASSISTANT

IT SECURITY ADMINISTRATOR

Level: Non-Exempt

Location: Albuquerque, NM Publish Date: 10/13/2023 Level: Exempt



WED, AUG 30 WED, OCT 25 WE WILL NOT BE IN	https://isletapueblo.formstack.com/forms
SESSION ON THE	aving_shawl_class_copy
FOLLOWING DAYS FRI, SEP 1- MON, SEP 4 WED, NOV 1 WED, SEP 5 MON, NOV 6 WED, SEP 27 FRI, NOV 10 MON, OCT 9 MON, NOV 20- FRI, NOV 24 THU, OCT 12 THU, DEC 21-(JAN 2, 24)	Or call 505-869-9790



December 2023

ALBUQUERQUE PUBLIC SCHOOLS (APS)

Greetings from Indian Education at Albuquerque Public Schools!

Enrollment in all APS schools is open to all students who reside in Isleta with free busing available to the following schools:

Los Padillas Elementary School Polk Middle School Rio Grande High School

To register, the first step is for one parent to log in to ParentVue, If you do not have a ParentVue account, you can create one here:

https://www.aps.edu/students-parents/parentvue-studentvue/create-your-parentvue-account

Registration for each of your children is completed through your ParentVue account. There is currently a bug in the system for many home addresses. If you have difficulty, please use the school address for Los Padillas (2525 Los Padillas Rd SW, Albuquerque, NM 87105) to complete registration and then work with your child's school to fix the address when you visit the school.

If you would like for your child to attend one of the other 145 APS schools, you can place a transfer request to the APS school of your choosing. As a member of the Pueblo of Isleta, who resides in Isleta, your transfer is given the highest priority.

The transfer request process can be found here: https://www.aps.edu/schools/transfers/newstudents-request-student-id-and-transfer

Please be sure to select the reason for your transfer as "residing on non-taxable trust lands within a 50 mile radius of Albuquerque" so as to ensure your transfer request receives priority.

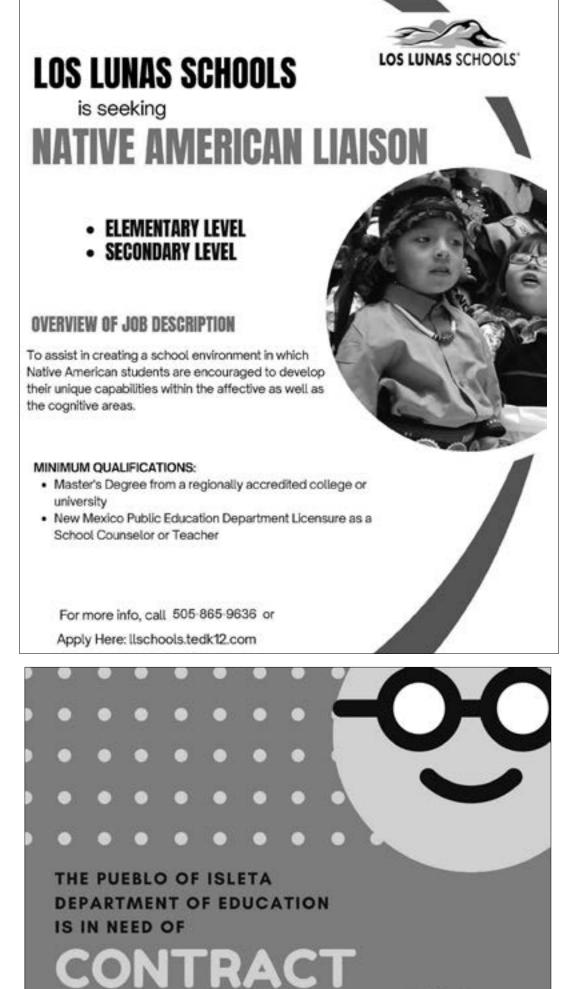
Phil Farson Senior Director APS Indian Education Department 505.884.6392 ext 80039

TRUANCY

Happy Holidays,

We hope you had a wonderful Thanksgiving with your families and are looking forward to an amazing Christmas. Before you know it, the Christmas season will be upon us with the hustle and bustle of family gatherings, community events and traditional festivities.

The first semester of school is almost over with, and soon our students will be enjoying a short vacation before the beginning of a new year. We look forward to continue working with our students to encourage and support them in reaching their goals of educational success. Although it may seem difficult at times, each of your goals are achievable with patience and persistence.



Setting goals, time management, monitoring attendance and keeping up with class work are all important factors in becoming educated. The goal of the Truancy Department is to share this information and assist those who still have difficulty attending school daily and getting there on time. Please do not hesitate to contact our department if you need assistance. Keep in mind that the end of the 1st semester is in a few weeks, so be diligent in turning any assignments and attending school to get your class finals completed. GOOD LUCK!

The Truancy Department would like to wish you and your families a very Merry Christmas and a safe holiday season!

to offer academic supports for students grades 3-12 and College courses for the Spring 2024 semester. \$20/hour!

Offering

Tutors must commit 4 to 10 hours/week

FOR MORE INFORMATION: (505) 869-9790 ISLETAPUEBLO.FORMSTACK.COM/FORMS/ CONTRACT_STUDENT_TUTOR

We're in need of academic tutors in all subjects, however we have a high need for Math and Science tutors. If you are able to offer support, please apply!





Pueblo of Isleta Career Opportunities

Sition Posting C	Department of Education	Open Until Filled
ACCOUNTANT	Treasury	Open Until Filied
ASSISTANT TRIBAL PROSECUTOR	Prosecutor	Open Until Filled
AUDIOLOGIST	Health Services	Open Until Filled
BORQUE AND RIVERINE RESTORATION MANAGER	Natural Resources	Open Until Filled
BUYER	Procurement	Open Until Filled
CAREGINER	Assisted Living	Open Until Filled
CARPENTER I (2 Positions)	Housing Authority	Open Until Filled
CARPENTER III (2 Positions)	Housing Authority	Open Until Filled
CERTIFIED CODER	Health Services	Open Until Filled
CHILD/ADOLESCENT THERAPIST	Health Services	12/04/2023
CHILD GARE PROVIDER I	Head Start	Open Until Filled
COMPUTER IT SPECIALIST	Department of Education	Open Until Filled
COMMUNITY HEALTH NURSE	Health Services	Open Until Filled
CODKI	Assisted Living	Open Until Filled
COOKI	Head Start	Open Until Filled
DENTAL ASSISTANT	Health Services	Open Until Filled
DIRECTOR TRANSPORTATION SERVICES	Transportation Services	Open Until Filled
DISABILITIES COORDINATOR	Head Start	Open Until Filled
DISPATCHER I	Police Department.	Open Until Filled
EARLY HEAD START TEACHER1	Head Start	Open Until Filled
EMT - PARAMEDIC (2 Positions)	Health Services	Open Until Filled
FACILITIES WORKER	Head Start	Open Until Filled
FAMILY SOCIAL WORKER	Social Services	Open Until Filled
FINANCIAL PLANNING & ANALYSIS DIRECTOR	Treasury	Open Until Filled
FITNESS INSTRUCTOR	Parks & Recreation	Open Until Filled
GROUNDSKEEPER	C-Stores	Open Until Filled
HEAD LIFEGUARD	Parks & Recreation	Open Until Filled
HEAD START STAFF ASSISTANT	Head Start	Open Until Filled
HOME CARE ATTENDANT	Elder Center	Open Until Filled
IRRIGATION TECHNICIAN	Agricultural Division	Open Until Filled

		Closing Date
IRRIGATION & LANDSCAPE TECHNICIAN	Parks & Recreation	Open Until Filled
LABORER (3 Positions)	Housing Authority	Open Until Filled
LABORER	Public Works	Open Until Filled
LANGUAGE INSTRUCTIONAL COORDINATOR	Department of Education	Open Until Filled - Within Only
LIBRARY AIDE I	Library	11/21/2023
LIFEGUARD ASSISTANT (3 Positions)	Parks & Recreation	Open Until Filled
MAINTENANCE TECHNICIAN	Public Works	Open Until Filled
MAINTENANCE TECHNICIAN (2 Positions)	Housing Authority	Open Until Filled
NARCOTICS DETECTIVE	Police Department	Open Until Filled
PARKS MAINTENANCE WORKER	Parks & Recreation	Open Until Filled
PATIENT REFERRAL COORDINATOR I	Health Services	11/21/2023
PERSONAL CARE SERVICE AIDE	Elder Centor	Open Until Filled – Within Only
PHYSICAL THERAPIST	Health Services	Open Until Filled
PHYSICAL THERAPIST ASSISTANT	Health Services	Open Until Filled
PLUMBER	Housing Authority	Open Until Filled
POLICE OFFICER I	Police Department	Open Until Filled
POLICE OFFICER II	Police Department	Open Until Filled
PROJECT ASSISTANT	Social Services	Open Until Filled
PUBLIC INFRASTRUCTURE INSPECTOR	Public Works	Open Until Filled
PURCHASED / REFERRED GARE ACCOUNTING CLERK	Health Services	Open Until Filled
RANCE AND DATA MONITOR	Natural Resources	Open Until Filled
RANGELAND MANAGEMENT SPECIALIST	Natural Resources	Open Until Filled
RECORDS CLERK/ RECEPTIONIST	Elder Center	Open Until Filled
REGISTERED NURSE / CARE COORDINATOR	Health Services	Open Until Filled
ROADWAY MAINTENANDE WORKER 1	Construction Operations	Open Until Filled
SALES ASSOCIATE	C-Stores	Open Until Filled
SECURITY OFFICER	Health Services	Open Until Filled
SHIFT LEAD	C-Stores	Open Until Filled
TEACHER ASSISTANT	Head Start	Open Until Filled
TRANSPORTATION ENGINEER	Transportation Services	Open Until Filled

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Position Posting	Office Location	Closing Date
TRIBAL HISTORIC PRESERVATION TECHNICIAN	Cultural & Historical Preservation	Open Until Filled
UTIUTY WORKER	Public Works	Open Until Filled
VETERAN SUPPORT SERVICE MEMBER	Elder Center	Open Until Filled - Within Only
VICTIM ADVOCATE	Prosecutor	Open Until Filled
WATER/WWTP OPERATOR I-IV	Public Works	Open Until Filled





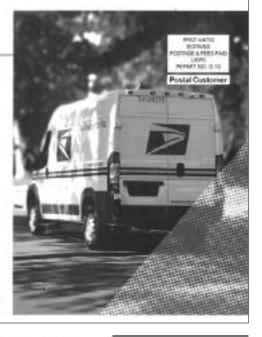
- Sorting mail in delivery sequence and delivering the assigned route Receiving and signing for accountable mail
- Selling stamps, stamped paper, money orders, and more
- Performing any other assigned duties and responsibilities

APPLY TODAY

usps.com/careers

APPLY NOW usps.com/careers

- Think you have what it takes?
- 18 years old at the time of appointment or 16 years old with a high school diploma
- United States citizen, permanent resident, or citizen of American Samoa or other U.S. tenkory
- Able to pass a criminal background check, drug screening, medical assessment, and quality to operate a Postal Service vehicle
- You can earn \$19.06/hour











HR news from Isleta **Resort & Casino**

members!

□ POI/IRC Health & Wellness Fair - Friday, October 13th in the Isleta

Ballrooms from 9am to 3pm o Come out and learn about the new benefits for both POI and IRC team



□ Enhanced medical benefits for employee family members.

□ Enhanced dental benefits to include orthodontic coverage for adults.

 \Box Addition of MDLIVE which offers reliable 24/7 health care by phone or video for medical and mental health support.

 \square Pet insurance coverage.

□ AND MORE!!!

October Career Fair - Wednesday, October 18th

For more information on the services and reimbursements provided by the department of education, visit our website!

B2/39/1**B**

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NWW.ISLETAPUEBLO.COM/TRIBAL PROGRAMS/EDUCATIONAL SERVICES/JOM/



DEPARTMENT OF EDUCATION 950 MOONLIGHT DR SW ALBUQUERQUE, NM #7105

505-869-9790



from 10am to 3pm in Triple 7's

o Meet face-to-face with Hiring Managers who will be interviewing and hiring on the spot!

o Learn more about all of the great career opportunities and benefits Isleta Resort & Casino has to offer.



From the Pueblo of Isleta Department of Education

PreK-12 News & Updates

As the leaves change and winter approaches, we find this moment perfect to reflect on the academic accomplishments from the fall semester. Students, take a moment to reflect on the hard work, dedication, and resilience demonstrated throughout these past few months. The Department of Education continues its initiative supporting students through its tutoring program, school and reimbursements. supplies, This semester has included trips to Los Lunas Middle School informing Isleta students about the numerous resources that we currently offer. We have also continued to expand our tutoring program. The Department of Education is striving to support our students in every way possible. This coming Spring semester we will begin holding tutoring sessions at the Chical Reception Hall. We hope this new expansion will prove successful. The first half of the fall semester has been spent visiting the high schools of the Los Lunas Public School district. In the following weeks I hope to place some visits to the elementary and middle schools.

The end of the semester will be celebrated with one of our Family Nights. Family Night will take place on December 20th 5pm-8pm at the Chical Reception Hall. This event seeks to highlight Christmas season within our state. We look to provide a fun and safe environment for your family to celebrate this Christmas season. If you wish to sign up for this fun event, please register using the QR Code. We hope to see your family there.



Johnson-O'Malley

The Pueblo of Isleta supports Johnson-O'Malley (JOM) programming for eligible Indian students enrolled in public schools (Los Lunas School District). It is supported by the Indian Education Committee (IEC). Currently serving on the Indian Education Committee are Ryan Hickman, Felicia Jojola, Patricia Lujan and Shannon Torres. JOM a federally funded program and is authorized to provide services through the Johnson O'Malley Act of 1934. JOM supports the educational objectives addressing the needs of the eligible student(s). The JOM IEC is currently looking for eligible community members to include student representatives who may be interested in serving on the committee.

School Choice

It's the time of the year to start thinking about your child's education for school year 2024-2025. With charter schools, public schools, BIE schools and private schools there are many options for you to choose from. Education is important and we encourage you to really look at your current school, and determine if it is meeting your students needs. Be sure to research all options!

Many charter schools operate on a lottery system and applications are due in January. These applications also require letters of recommendations. In addition, Santa Fe Indian School and private schools also have entrance exam dates already set with application deadlines in January.

If you would like to learn about the experiences some of our Isleta families have had with various public, private or charter school, please contact our office so that we can connect you.

In addition, if you are considering a private school be sure to look into the type of financial aid they provide. Many private schools provide financial assistance. The Pueblo of Isleta also provides tuition assistance for private education to tribal members residing within a 60-mile radius through the Education Assistance fund. This fund allows for 30% of tuition assistance, not to exceed \$3000.00. To learn more, call our office or visit our webpage.

Academic Success Office

December greetings from the Academic Success Team,

<u>High School News:</u>

Students, we are fast approaching the last grading period for Semester 1. It is important that if you are missing any assignments that you talk to your teachers to see if it is not too late to turn them in. Even if you are offered partial credit that is better than no credit, just take it and complete the assignment.

For the students who have already been told that they are not going to pass their class for the semester, please reach out to your counselor to get signed up for credit recovery. It is best that you make up the credit as soon as possible.

Parents and Guardians, remember that each school district has multiple ways for you to stay on top of your student's grades. Do not depend on your student(s) to tell you if they are passing or failing, check for yourself. If you do not have access to their grades, please call the school to assign you a user name and password. students have dedicated their time after school to come in and work with our tutoring staff and it is starting to show, keep up the good work.

A visit to Rio Grande High school was also made in the month of November to provide information to Isleta students. We look forward to supporting and learning about our Isleta students and families at upcoming meetings with new dates set for this month.

As the remainder of the year goes on, I would like to start to meet with families and students through the rest of the school year. Please check your emails for important information. If you would rather receive a text message about our program, please send a text to 505-869-9793.

As a reminder, tutoring is being offered after school until 6:00pm Monday – Thursday. We can also set up virtual tutoring with Varsity Tutors for you to receive sessions while at home. You may use the following link to sign up your student.

https://isletapueblo.formstack.com/forms/ doe_afterschool_tutoring_copy_1

Take advantage of all the resources and you can to be successful in your high school years.

First Year College News:

As the semester is finishing up, you should have started to meet with your academic advisor to discuss next courses. As a reminder, to be funded for the next semester you will need to submit your supporting documentation to the following link: https://isletapueblo.formstack.com/ forms/scholarship_application_supporting_ documents%20

Supporting documents must be submitted to the link no later than January 15, 2024. It is important that you check your emails to ensure you did not miss any important information from your coordinator. Coordinators are assigned by last name. Samantha Taylor works with those last names A - J and Fran Mershon with those last names K - Z. As a first year college student, I am here to help support you and encourage you to do your best.

College students can also sign up for tutoring if needed, you may use the following link to sign up. https://isletapueblo.formstack.com/ forms/doe_afterschool_tutoring_copy_1

<u>Higher Education</u>

Please share your interest by filling out the form using the link or QR code below or calling the Department of Education (505-869-9790).



https://isletapueblo.formstack.com/ forms/iec_interest **Our department** has been working closely with several students at Century High School. Students who have been meeting with the department weekly have started to show growth within their academics. We are very proud of them! With that being said, I would like to thank the Pueblo of Isleta Truancy Department for providing students at Century High with breakfast burritos before their Thanksgiving break.

Not only has the department been working with Century, we have also had a great number of high school students attending our after-school tutoring program. These Happy Holidays from the Higher Education Team. As we are entering a new year, we are encouraging new and returning students to utilize our program.

Adult Education

If you are interested in obtaining your GED, we can help you. Our department supports tribal members to either take the GED or HiSet Exam. To begin, we will setup a meeting to go over the GED and Hi-Set exam to determine which program fits your needs. In addition, we will help to create the appropriate account for either one of the exams. Once you complete either the GED or Hi-Set exam we will explore and set goals. Upon completion of either the GED or Hi-Set, we can assist with job skills, and can help you transition into the workforce or higher education. Visit us and get started today!

Please visit our website to receive services at:

https://isletapueblo.formstack.com/forms/ adult_education_application

Higher Education

A friendly reminder, the deadline to submit all supporting documents for funding for the Spring Semester is **January 15th.** Please visit the website to submit all required documents.

https://isletapueblo.formstack.com/forms/ scholarship_application_supporting_ documents%20

FASFA Update

The new FASFA will open in December 2023.

What is FASFA? Free Application for Federal Student Aid, is a form you complete to apply for money from a federal grant called the PELL Grant. This money can be used for school expenses such as tuition, fees, room and board, books, transportation, and supplies. Upon completion of the FASFA form, this form sends your information to colleges, universities and/or trade schools you selected from your FASFA. They use your FASFA information to calculate your financial aid need.

Here are steps to help guide you when filling out the FASFA application.

Step #1- Prep for FAFSA

• Create FSA ID

o You will need your social security number, your own mobile phone number and/or email address.

o FSA ID will be verified in 1 to 3 days (check your email).

• Gather Student & Parent Information

o Parent(s) and student's full legal name and birth date.

o Parent(s) and student's Social Security Number (SSN), permanent resident card, green card, or I-94 (if your parent does not have a SSN you can still apply).

o Parent(s) and student's separate mobile phone numbers.

o List of schools the student is considering.

o Student driver's license (if student

**If you are planning to attend college from July 1, 2023-June 30, 2024, fill out the 2023-2024 FASFA, use tax info from 2021. **

**If you are planning to attend college from July 1, 2024-June 30, 2025, fill out the 2024-2025 FASFA, Use tax info from 2022. **

Step #3- Start Your FASFA

- Provide your basic personal information.
- List colleges and/or career schools.
- Determine your dependency status.

o If you're a dependent student, you will report your and your parents' information.

o If you're an independent student, you will report your own information (and, if you're married, your spouse's).

- Provide Financial Information.
- Sign/Submit the FAFSA form.

Step #4- Things to Do After The FASFA

- Review your student aid report (SAR).
- Review your Expected Family Contribution (EFC).

o Your EFC is a number used by your school to calculate how much financial aid you are eligible to receive. Your EFC is calculated by a formula established by law that considers your family's: taxed and untaxed income, assets, benefits (like Unemployment and Social Security), family size, and number of family members who will attend college during the year.

o Schools use your EFC to determine your federal student aid eligibility and your financial aid award. However, your EFC is not the amount of money your family will have to pay for college nor is it the amount of federal student aid you will receive.

o If you have questions about your EFC, you can ask your school's Financial Aid Office.

• Make Corrections if Needed

o If needed, you can make corrections to your FAFSA after it has been processed.

o To make corrections to your FAFSA:

o Log in here with your FSA ID. Click "Make FAFSA Corrections" and update your information. If you have any questions or need help completing your FASFA, please stop by or give us a call (505) 869-9790.

Other Scholarships Opportunities

We **highly** encourage students to apply for other scholarships. Our webpage has a list of scholarships that students may apply for. Please visit our webpage to view those scholarships.

Here are a few scholarships sites we recommend to apply for.

- Native Forward
- American Indian College Fund
- US Department of Interior Indian Affairs
- The Cobell Scholarship
- AISES (American Indian Science and Engineering Society) Scholarship

Study Tips and strategies to help you survive (and thrive) in College!

- 1. Don't Cram!
- 2. Plan Ahead-and Stick to It
- 3. Ask for Help
- 4. Use the Buddy System
- 5. Find Your Learning Style
- 6. Take Breaks
- 7. Cultivate a Productive Space
- 8. Reward Yourself
- 9. Review, Review, Review
- 10. Set Specific Goals

Wishing you and your family a safe and happy holiday season!

You may find information about our services and other programs by visiting our webpage: https://www.isletapueblo.com/ tribal-programs/educational-services/ Or you may also may contact our office at 505-869-9790.

We are here to support your educational pathway to success!

Department of Education Team

Academic Coordinator: Michelle Valdez

PreK-12 Coordinator: Michael Cheromiah

Tutors: Nicole, Elena and Sonja

Higher Education/Adult Education Coordinators: Fran Mershon and Samantha Taylor

Administrative Assistant III: AuDrena Abeita

has one).

o Parent(s) marital status (married, separated, or divorced and dates (month and year)).

Step #2- Tax & Financial Information

- Parent(s) and student's federal tax return (if they have one).
- Parent(s) and student's W-2 and other records of income.
- Annual amounts of untaxed income received in the household (SSI, Child Support, SNAP Benefits, etc.).
- Bank statements and records of investments (primary residence is not taken into consideration).

o After you click "Submit," you cannot make additional corrections until your FAFSA has been successfully processed.

o Corrections should be processed in three to five days; then you will receive a revised SAR to review.

• Complete your School(s) Admission Application.

o Follow up with the Financial Aid Office at the school(s) you applied to. Sometimes schools need additional paperwork or have other deadlines. Schools need both your completed admission application and your FAFSA to process an award letter. Administrative Assistant I: Joy Sutherland

Director: Charlene Lucero

Tiwa Teachers: Edna Jiron, Patricia Jiron, Martha Madrid and Carol Lucero



Isleta Elementary School

Phone: (505) 869-2321 www.isletaelementary.com

December 2023

National Native-American Heritage Month



Isleta Elementary students and staff honored the diverse cultures and histories of indigenous peoples in grand style during the month of November. Ms. Ceus, the new principal of the school, says this celebration will now become an annual event to give students hands-on history lessons to remind them of where they came from.

Our staff and students are a representation of many tribes across the nation: Navajo, White Mountain Apache, Pueblo, Lakota, Comanche, Kiowa, Cheyenne, Seneca-Cayuga, Sioux, and Tohono O'odham.

Isleta Elementary salutes our Veterans! Thank you all who have served and continue to serve in our military. Kerwin Pohawpatchoko (Army),

Diane Leon (Air Force), and Ricardo Yzquierdo (Army).



Students and staff wore their native attire for "Roc Your Mocs Week!"





THANK YOU: Parents, Guardians, and Volunteers...Native Horno baking was a SUCCESS!

On November 9th we began our baking series with students, staff, and volunteers making traditional pueblo cookies. We continued with oven bread and will finish with pueblo pies on November 29th-



On November 15th, we hosted our annual Thanksgiving luncheon. Our cafeteria staff served over 200 meals. The menu consisted of the traditional turkey dinner with all the fixing & fresh native oven









National Native-American Heritage Month celebrations continue...



Frybread Friday was November 17th. Our 5th grade teacher, Ms. Mexicano, made the frybread dough, some of our students shaped their taco, and the staff did the frying. Students got to build their own Indian Taco for lunch.

Christmas Caroling for the Pueblo of Isleta Cultural Center



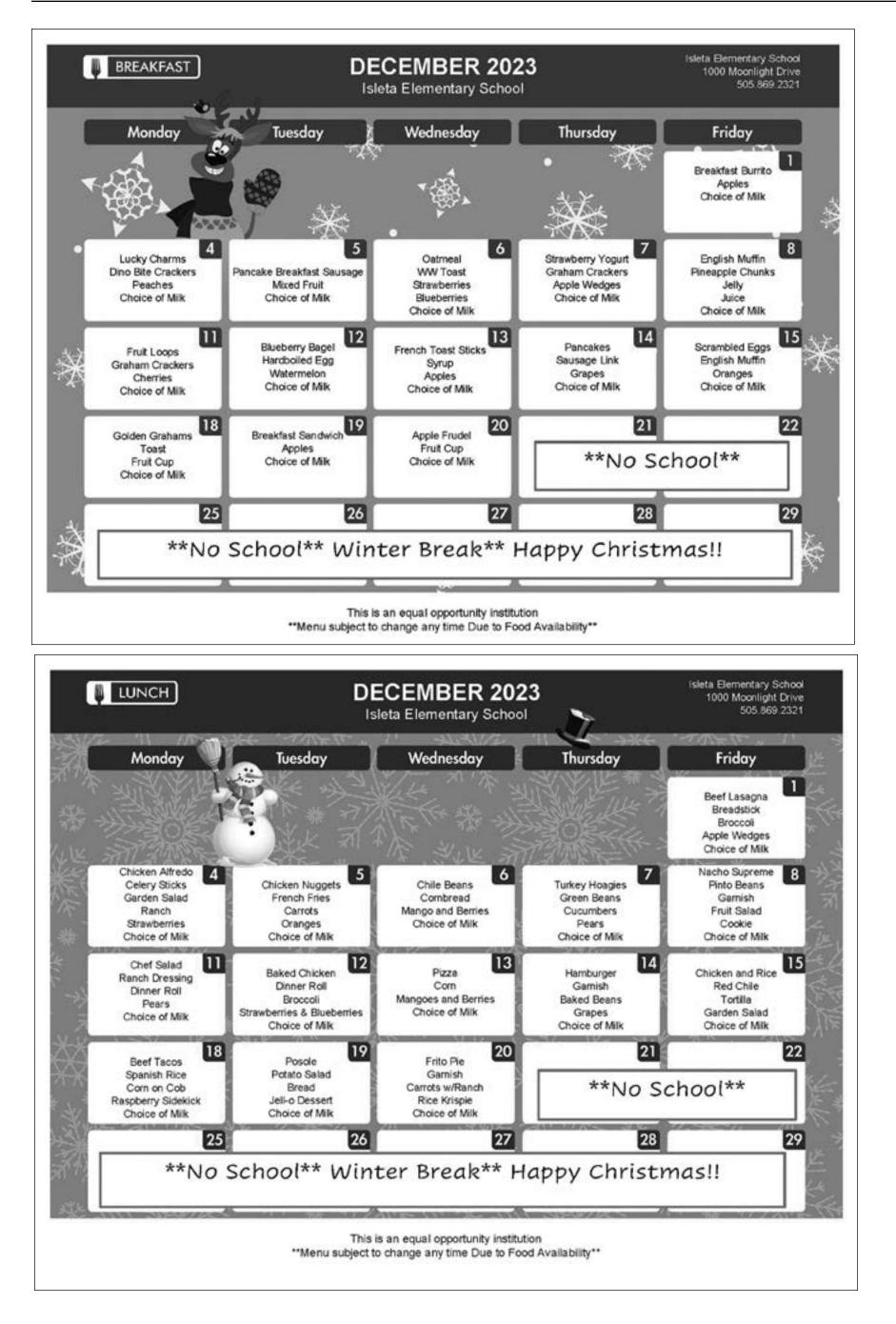
On November 17th, our students were invited to carol at the open house for the Isleta Cultural Center. Isleta's very own Ms. Noreen Valdez, and Mr. Kerwin Pohawpatchoko utilized their musical talents and assisted the students in singing a variety of Christmas songs.

It's always a great day to be an Isleta Eagle! Join our School Team...We Need You!



We are accepting applications for prospective employees. Scan the QR code or go to https://www.bie.edu/current-vacancies for current vacancies. If you are interested in becoming a Parent Volunteer, please contact the school.





Parks & Recreation Department

FITNESS SECTION

Well, it is almost time to reflect on the year and all the progress you have made, good or not so good, but you tried and that's what counts. We do hope that you all have an amazing holiday this December and regardless of holidays, your recreation center is still open for you to utilize and classes that are still happening. Spin class is now held on Tuesdays and Thursdays at 5:30pm. Classes are starting to fill up fast, and classes will be on a first come first serve basis. We hope you understand and this is a good problem that we run into from time to time. So please arrive early to secure your spot and get an amazing cardio workout. Aerobics Step Classes are held on Monday and Wednesday at 10:00am, and our Chair Strength Classes are held on Tuesday and Thursday at 10:30am. Also please be on a lookout for some exercise equipment that will be auctioned off here very soon. We will do our very best to advertise this auction for those who are interested to add to their fitness collection. For more information, please contact your Isleta Recreation Center at (505) 869-9777. Happy Holidays and Many Blessings!

AQUATIC SECTION

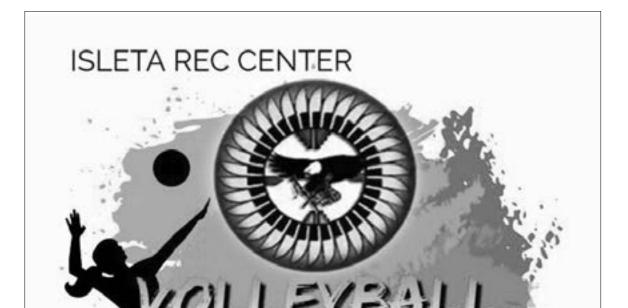
Isleta Aquatics is hoping everyone had a great Thanksgiving Holiday! We had a successful Fall swim lesson session and are looking forward to the upcoming Winter session. Swim lesson registration forms are available at the front desk at the Rec Center or contact Josh or Jayna at 505-869-9783 for more details on availability and registration. We will be open from 4:30pm until 7:30pm Monday through Thursday and 4:30 pm - 5:30 pm on Fridays for open swim. Morning Sessions can also be scheduled through the Aquatics office at 505-869-9783. Isleta Aquatics is still looking for lifeguards! If you know anyone interested in becoming a lifeguard please call or visit the POI website for the job posting! For anyone interested in information about Lifeguard certification, child or adult swim lessons, and other aquatic programming please call Josh or Jayna at 505-869-9783.

SPORTS SECTION

Hope everyone is doing well! I want to give a quick recap of our 2023 Cross Country season. I really want to thank our Coaches and team parents, Coach Phil Abeita, Coach Kyle Wade, Coach Marcus Martinez, Coach Thomas Zuni, Nanette Mariano, Philana Abeita for stepping up they did a great job. Unfortunately, I was unable to help out with the cross country this year, but I plan to be back next season for sure. I do want to list the runners that participated this year. In our 5-6 year old group, which ran a ¹/₄ mile we had Josie Abeita, Mason Abeita, Ramses Bettles, LJ Lucero, Kamillah Jaramillo, Cadence Jojola, Loyola Olguin, Marisa Jojola, Jeremis Aragon. In our 7-8 year old group that ran a ¹/₂ mile we had Leilani Jiron, Nayely Mariano, Mayson Jojola, Kiarah Jaramillo, Elijah Padilla, Arabella Abeita, Mavarro Bitsui, Charisma Padilla, Dacian Threefingers, Miles Abeita, Nora Abeita, Kaiya Toya, Sofia-Grace Chavez, Ivy Rose Sandoval, Matthias Aragon. In our 9-12 year old group that ran 1 mile we had Kateri Toya, Ambrosio Mariano, Matuis Rodriguez, Maurico Bitsui, Kira Heaton, Jkobe Heaton, Mateo Bitsui, Joey Olguin, Aubrie Hermosillo, Antonio Lucero. We definitely want to recognize all of these participants for their hard work and dedication to the Cross Country Team. As a team we had a very good showing at the finals, the finals were held at Zia Pueblo. Our 5-year-old boys team placed 3rd as a team, our 7-year-old girls team placed 1st as a team, our 8-year-old girls and boys placed 3rd as a team, our 10-year-old girls placed 3rd and our 11–12-year-old boys placed 2nd as a team. Overall, I think the kids did an awesome job as did our coaches and parents, once again, thank you all for your dedication!



Keep your eyes open for our upcoming events as well. Our Adult Co-Ed Volleyball League sign-ups will start up on November 6th and will continue until December 15th. The Volleyball League start date is tentatively set for January 9th and the games are tentatively set for Tuesday and Thursday evenings at 6:30 pm and 7:30 pm, so get your teams signed up as soon as you can and come join the fun!





Co-Ed League

It's time to get your teams ready for the upcoming season Sign-ups Start November 6th Deadline DECEMBER 15th Game Nights Tuesday and Thursday Times 6:30pm & 7:30pm Season Starts January 9th Tribal members and POI. Casino employees Free Non- Tribal members Fee -\$30 per player FOR MORE INFO CONTACT GEORGE WAQUIE 505-869-9777 OR george.waquie@isletapueblo.com

On behalf of the library, we would like to wish everyone a Merry Christmas and a Happy New Year! It's time to treasure the last month of the year. More time indoors can also mean more time for indoor activities like reading, watching movies and learning a new hobby. The library has many materials waiting to be checked out to help you pass the time during the cold winter months. Challenge yourself to read more or get an early start on learning a new hobby or skill for the new year. It is said that it takes only takes 20 hours to become proficient at most skills for example you will learn 80% of what you need to learn to play the guitar in the first 20 hours but to be clear it does take practice after. Come check out

Pueblo of Isleta Public Library

com.



News

The library will be having a staff meeting and Christmas luncheon on Thursday December 21st. The library will be closed during this time from 10am to 1:30pm. We apologize for any inconvenience this may cause. We will be discussing upcoming programs for the new year and soon we will start planning the Summer Reading Keep a look out for family Program. programs, book clubs, arts-n-crafts and much more for the upcoming year.

The library will be **CLOSED** on the following dates during the month of December:

Saturday, December 23rd and Monday, December 25th - LIBRARY CLOSED: In observance of the Christmas Holiday. We would like to wish everyone a Merry Christmas and Happy Holidays!

Monday, January 1st - LIBRARY **CLOSED:** In observance of the New Year's Holiday. The library staff would like to wish you and your family a Happy New Year filled with happiness and good health. Remember to be safe and responsible.

Please keep in mind with the Holiday Season and unpredictable weather, unexpected closures may occur. Notices will be posted and up to the minute notices will be posted on the Library Facebook, Instagram, and Snapchat.

Construction has started on the library's canopy shade area with activity stations located on the north patio area of the children's room. During this time there will be no access to the patio area until construction is complete. Construction should be completed by the New Year.

We are now offering a new streaming service Kanopy here at the library! Enjoy the many movies and shows Kanopy has to offer! To access you will have to select your library (Pueblo of Isleta Public Library) set up an account using your library barcode and pin. From there you will receive 21 tickets per month to enjoy shows, movies, and kids Kanopy is always unlimited. For any questions or information about this service please, speak with a staff member at 505-869-9808.

and see what the library has to offer, you might be surprised! Join the Library weekly for Family Story Time every Wednesday at 10:00am with Edith. Family Story Time is a fun opportunity for parents, grandparents, and caregivers to introduce their children to reading and language. No sign ups required just come in! For more information on this program, please call Edith at 505-869-9808 or email Edith.Perez.Bonilla@isletapueblo.

Have you returned your library material? If you have had library material out more than a calendar year an automatic fine will be applied to your library account. If you have library items at home, please bring them in. Return them in good condition and there will be no fines applied to your account. There are four ways to check your library account:

Visit our online library catalog at https://isletapueblo.booksys.net/opac/ pipl/index.html and log on. With your library card number and pin.

Download our mobile app "POI Public Library" on to your device and log on with your library card number and pin.

Visit the library and speak with someone at the front desk.

Give us a call at 505-869-9808.

Upcoming

Take a break from the hustle and bustle or the stress that the Holidays can bring! Spend an evening at the library and take part in a Diamond Painting Christmas Stocking on Thursday, December 7th at 5:00pm to 6:30pm. This popular trend of using tiny diamonds to create a picture can be fun and relaxing. This program is open to the first 10 patrons, 13 and up to register. This program is FREE and all supplies will be provided. Registration started on November 20th. For more information, please contact Diane by phone 505-869-9808 or email at Diane.Abeita@isletapueblo.com.

Attention students! The library will once again be hosting College Nights with extended library hours for students to come in and study for end of semester finals. The week of December 5th, 6th & 7th and the week of December 12th, 13th, & 14th from 7pm to 10pm. Study in our comfortable space and utilize our FREE computers, printing, lap top check outs, Wi-Fi, charging stations and conference room to prepare. For more information or questions, please contact Cheyenne by phone 505-869-9808 or email at Cheyenne.Castillo@isletapueblo.com.

More program announcements to come! For up to the minute info on the library follow us on our Social Media accounts where we will be promoting upcoming programs and events.



Guitars are in! The library has new acoustic guitars and bass guitars that can be used in the library or to check out. We have guitar tabs, Skillshare, and books to play and learn at your convenience. To check out you must be 16 years and older and in good standing. Come check one out today but be sure to return all your overdue material(s).





Attention college students! Feeling overwhelmed by exam stress? Don't worry, the Library has got you covered! This December, you can study late into the night in our comfortable space, which has been made available exclusively for you.

Library Extended Hours: December 5th, 6th, & 7th 7:00pm-10:00pm December 12th, 13th, & 14th 7:00pm-10:00pm

NO REGISTRATION NEEDED

FREE SNACKS AND DRINKS!

FOR MORE INFORMATION / OUESTIONS

S 505-869-9808

Cheyenne.castillo@isletapueblo.com



December 2023

Recap

Library staff member Kyle attended a YALSA's (Young Adult Library Services) conference on November 9th through the 13th in St. Louis, Missouri. He learned about different library programs and services to help support teens in our community. Kyle is excited and eager to share what he learned and put it to use here at the library. Keep a lookout for new tween and teen programs.

The library handed out FREE backpacks to students that were in need of one, being that it is half way through the year and sometimes backpacks don't last the whole school year. Backpacks were given out during the Thanksgiving Break. Thank you every one who stopped by to receive a backpack.

Library staff member Edith hosted a Zine & Collage program in the month of November for ages 9 and up. Participants came into the library to make a collage or zine (mini book) at the library. All materials were provided and were available all day! Some inspiration ideas included favorite memory, family traditions, short stories, etc. Thank you, Edith, for hosting a creative program for the community.

We would like to acknowledge our After School Program students for doing such a great job with their reading and staying on track with their homework. On Friday, November 17th library staff members took students on an incentive field trip to Main Event where the enjoyed laser tag, games and pizza. We are currently planning a Christmas Party for our students. Festivities will include activities, crafts, games, and of course food. This will also give parents a chance to get any last-minute Christmas shopping done. Students will soon be on Winter Vacation and we hope students can relax and enjoy their free time. We look forward to seeing everyone after the break for the second half of the school year.

We added a few pictures of our Learning Outside the Classroom for "All Learners Day" field trip to the Indian Pueblo Cultural Center in October. Stay tuned for our next Learning Outside the Classroom for the month of January. More details coming soon!





Learning Outside the Classroom field trip to the Indian Pueblo Cultural Center!



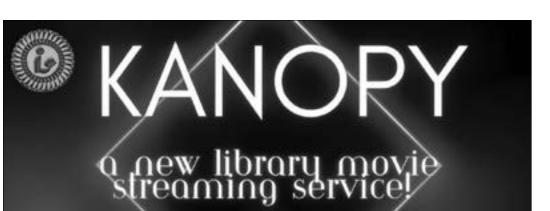




After School Program students incentive field trip to Main Event!



After School Program students incentive field trip to Main Event!





SERVICES PROVIDED THROUGH THE PUEBLO OF ISLETA PUBLIC LIBRARY.

MUST HANK A LIBRARY ACCOUNT TO STREAM

 21 CREDITS PROVIDED PER MONTH ON ACCOUNT TO STREAM MOVIES/ SHOWS

FREEII

F YOU HAVE ANY QUESTIONS OR NEED HELP SETTING UP YOUR ACCOUNT CONTACT THE LIBRARY AT 1505869 8119

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Strengthening the Tiwa language.

 Provide feedback via pre & post surveys

Willing to actively participate virtually

Please use the following link or QR code to register https://isletapueblo.formstack.com/forms/ tiwa_pilot

Please contact the Department of Education at 505-869-9790 if you have questions.

Updated 10/12/23





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Affordable Connectivity Program

The Affordable Connectivity Program is an FCC benefit program that helps ensure that households can afford the broadband they need for work, school, healthcare and more.

The benefit provides a discount of up to \$30 per month toward internet service for eligible households and up to \$75 per month for households on qualifying Tribal lands. Eligible households can also receive a one-time discount of up to \$100 to purchase a laptop, desktop computer, or tablet from participating providers if they contribute more than \$10 and less than \$50 toward the purchase price.

The Affordable Connectivity Program is limited to one monthly service discount and one device discount per household.

Who Is Eligible for the Affordable **Connectivity Program?**

A household is eligible for the Affordable Connectivity Program if the household income is at or below 200% of the Federal Poverty Guidelines, or if a member of the household meets at least one of the criteria below:

• Received a Federal Pell Grant during the current award year;

• Meets the eligibility criteria for a participating provider's existing low-income internet program;

•Participates in one of these assistance programs:

• Free and Reduced-Price School Lunch Program or School Breakfast Program, including at U.S. Department of Agriculture (USDA) Community Eligibility Provision schools.

- SNAP
- Medicaid
- Federal Housing Assistance, including: • Housing Choice Voucher (HCV) Program (Section 8 Vouchers)

• Project-Based Rental Assistance (PBRA)/ Section 202/ Section 811

Public Housing

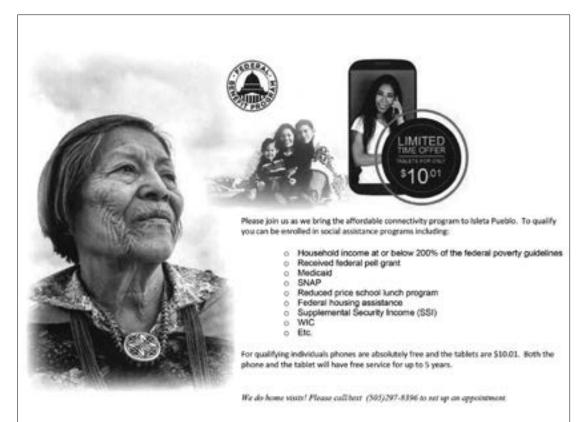
Housing •Affordable Programs for American Indians, Alaska Natives or Native Hawaiians

- Supplemental Security Income (SSI)
- •WIC

• Veterans Pension or Survivor Benefits

• or Lifeline:

• Participates in one of these assistance programs and lives on Qualifying Tribal lands: • Bureau of Indian Affairs General Assistance





The Pojoaque Farmers Market offers local farmers, artists, and entrepreneurs opportunities at the Pueblo of Pojoaque.

Contact Jazlyn Sanchez at (505) 699-3934 or jasanchez@pojoaque.org

Like us on Facebook: facebook.com/pojoaguefarmersmarket Follow us on Instagram: @pojoaquefarmersmarket



- Tribal TANF
- Food Distribution Program on Indian Reservations
- Tribal Head Start (income based)

Apply now! www.GetInternet.gov



TEST YOUR HOME FOR RADON

Testing is the only way to know if you and your family are at risk from radon. Contact the Pueblo of Isleta Environment Department at 505-869-9814 to get a free radon test kit.



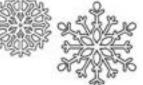
7851 2nd Street SW, Albuquerque, NM 87105

All events are FREE, open to the public, and take place at Valle de Oro's visitor center unless noted otherwise. All times are in Mountain Daylight/Standard Time. Check websites and our Facebook/Instagram pages for more information.

© FriendsOfValleDeOro © ValleDeOroNationalWildlifeRefuge

-Sat. Dec 2-Worn Smooth Between Devourings Book Reading Join poet, Lauren Camp for a reading from her new book, Worn Smooth Between Devourings. The poems offer a testament to land and lack, grief, long love, faith and endurance. 10:00 am to 11:30 am

-Fri. Dec 8-BARK Ranger -Sat. Dec 9 -Birds are Real 2.0 Join community members, Haley and Emi for a nature sketch walk followed by migratory bird themed linoleum printing! Register by emailing brittany_chavarria@fws.gov. 8:00 am to 10:30 am



MERRY CHRISTMAS AND HAPPY NEW YEAR!

WIC NEWS-

Reminder to WIC Clients-Please use all your benefits so WIC can keep its funding. Anyone who has Medicaid automatically qualifies and we would love to see you in our office!

The Ultimate Healthy Apple Crumble

INGREDIENTS

- ¾ cup old-fashioned oats
- ¹⁄₄ cup whole wheat flour
- 1 tsp ground cinnamon
- 2 tbsp pure maple syrup
- 1 ½ tbsp unsalted butter, melted
- 6 cups diced red apple
- 2 tbsp cornstarch
- 1 ½ tsp ground cinnamon
- ¹/₈ tsp ground nutmeg



INSTRUCTIONS

Preheat the oven to 350°F, and coat an 8"-square pan with nonstick cooking spray.

To prepare the streusel topping, whisk together the oats, flour, and cinnamon in a small bowl. Make a well in the center. Pour in the maple syrup and melted butter. Stir until fully incorporated.

To prepare the filling, toss the apples with the cornstarch, cinnamon, and nutmeg in a large bowl until completely coated.

Transfer the filling to the prepared pan, and gently press down with a spatula. Sprinkle evenly with the topping. (The topping tends to clump a lot, so break it up into really small pieces, about the size of miniature chocolate chips, to ensure it covers the apples.) Bake at 350°F for 50-60 minutes or until the apples are fork tender. Cool completely to room temperature; then refrigerate for at least 3 hours before serving to allow the juices to fully thicken.

Bring your furry friends to learn about our pet policies on the refuge and take the pledge to be apart of our BARK Ranger program. All dogs required to be on leash and non-reactive around others.



- Thurs. Dec 14-Sunset Mural Loop Walk Join Ranger Dakota on a 1-mile guided walk to learn about the history of the refuge and our plans for restoration. 4:00 pm to 5:30 pm

-Fri. Dec 15-Luminaria Event Enjoy luminarias around the visitor center and watch the stars with The Albuquerque Astronomical Society. 6:00 pm to 9:00 pm with Ranger Brittany. 10:00 am to 11:00 am

Children ages 3-6 and an adult

are invited to explore nature

-Fri. Dec 15-

Nature Tots!

www.friendsofvalledeoro.org

www.fws.gov/refuge/valle_de_oro

Color met

-Mon. Dec 25-Christmas Day Happy Holidays from the Valle de Oro NWR and Friends of Valle de Oro staff!

-Sun. Dec 31-Photo Contest Deadline Last day to enter photos into our annual refuge photo contest. Request more info and submit entries by emailing valledeoro@fws.gov. Midnight





info@openskieshealthcare.org ryanh@openskieshealthcare.org

NOTICE:

Food Distribution TIME will CHANGE Starting January 5th for 3 months, due to Cold weather and possible icy roads.

Jan, Feb and March distribution will be from 10:30am-12:30pm





Health Beat: Healthy Foods Express Stephanie Barela, Health Educator Stephanie.Barela@islclinic.net Phone: 505-869-4479

The Isleta Health Center has collaborated with Roadrunner Food Bank since July on the Healthy Foods Express food distribution that is at the Chical Reception Hall on the **1st Friday of every month**. This Healthy Foods Express Event provides free, fresh food to families. The distribution has been from 9am-11am and will be offered at that time in December, but starting in January, due to the potential for snowy and icy roads, the **distribution will change to 10:30am to 12:30pm for 3 months** until the weather is not so uncertain.



Since July, we have provided 5 Health Food Express Food Distributions and have provided food to at least 397 households, with more than 993 people affected by the distribution. The Healthy Foods Express is set up like a farmer's market, with fresh produce and other food items available for individuals to select. At each event, any new participant will fill out a Client Intake Form for their first attendance and then in the future after the participant registers 1 time, they will no longer have to register again. Road Runner Food Bank needs participants to register in order to show the need for the program and to maintain state funding. If you have completed this form before, then you are not required to complete this again, unless the information was incorrectly inputted into the computer or your information has changed. There is also a Pick-Up Authorization form that is needed if we are distributing food from TEFAP (The Emergency Food Assistance Program), in order for you to pick up food for other households. Food from TEFAP is not always distributed, but it would be good if you are planning to pick up food for others, to have this form completed in case we are distributing TEFAP food that day. The pickup authorization form will be provided at each event, or you can access the form in order to fill it out before the distribution either on our website, www.islclinic.com or from the Isleta Health Center.



Chical Reception Hall 191 Tribal Rd 2, Isleta Village Proper, NM 87022 First Friday of Each Month January 5th, February 2nd, March 1st 10:30-12:30 (or until food runs out)

- Fresh fruits and vegetables
- Low-sugar and low-sodium items
- Ability to connect to other services like SNAP application assistance, TANF, and other benefits
- No Cost!



Everyone is welcome to come to the Healthy Foods Express Distribution at the Chical Reception Hall, so we hope to see you in December from 9-11am and **DON'T FORGET ABOUT THE <u>TIME CHANGE</u> for January, February and March from <u>10:30-12:30</u> or until food runs out.**

COMMON QUESTION the Isleta Health Center Billing Department Receives:

Why does the health center bill our insurance if it already receives IHS funding?

We do receive IHS funding but the amount does not cover the growing health care demands. Isleta Health Center billing department bills our patients' insurance for the services that are rendered within our facility. We are able to do so with the provisions of the Indian Health Care Improvement Act (IHCIA). This Act authorizes an Indian Tribe a right of recovery. This means the Pueblo of Isleta has a right to recover from insurance companies the reasonable expense it incurred in providing health services to its members just like any other private medical facility. The difference is the Health Center will not charge you the balance not paid by your insurance plan.

The revenue received from our billing goes back into our facility to keep our high quality care.

-Billing Department, Isleta Health Center



Administration Services Department: Patient Information Updates

Please update any changes regarding health coverage, phone number, mailing address, and/or emergencies contacts with Patient Registration. It is important to have patient information updated, as this is how the Health Center communicates with patients, whether by phone or mail. Having patients update their health coverage helps the Billing and Purchased/Referred Care departments ensure that patients' bills are handled correctly.

B'eeh K'oo-ee Wellness Center

As we step into the winter months, I am grateful for the opportunity to serve this community alongside a team of dedicated and talented team members including case managers, administrative assistants, experiential educators, and therapists.

For some, the holiday season is a joyful experience. For others, it is a challenging time. For many of us it is bittersweet as we honor loved ones we've lost, reflect on joys and difficulties, share meals with loved ones, and prioritize time with our communities. While we move through this array of experiences, know that the B'eeh K'oo-ee Wellness Center (BWC) staff are here to support you in any way we can. We would be honored to walk alongside you during this season, whatever it might bring for you.

Greetings,

The Dental department would like to welcome a few new staff members to our great Dental Team.

We have a new dentist that joined our team on November 6th,2023. Dr. Jonathan Pauwels, He has been in the dental field for 5+ years.

He has a lot of experience, is a great asset to our dental clinic and to our community. We also have a new dental assistant Phenicia Bahe that joined our dental team in September, she also has lots of experience and is a joy to work with. Phenicia is looking forward on working with the patients in our community.

Also, we would like thank everyone who donated Halloween candy for our candy exchange, we worked closely with NAPPR (Native American Professional Parent Resources) on collecting candy to send to our troops.

Happy Thanksgiving and Merry Christmas from the POI Dental Team

	sleta Health Center	T LUN	RICAN G DCIATION.
	Freedom From Smoking Clinic Program	m	
Session	Group 29 SCHEDULE OF SESSIONS (Tentative)	Date	Location
1	THINKING ABOUT QUITTING • Name Cards • Decision Process If you want Chantiz, you need to specify now.	Tuesday 1/16/24	IHC Small Conference Rm
2	ON THE ROAD TO FREEDOM • Studying Your Habit • Building Motivation • "Mouseology"	1/23/24	IHC Small Conference Rm
	If you want bupropion, you need to specify now.		1110
3	WANTING TO QUIT • Coping with Urges • Making a Plan • "I Quit, How to Stop Smoking" • Bupropion given this week • Choose a NRT product	1/30/24	IHC Small Conference Rm
4	 ***QUIT DAY*** Patches, lozenges, gum given this week *'Understanding the Problems of Nicotine and Tobacco Dependence." 	2/6/24	IHC Small Conference Rm
5	WINNING STRATEGIES • Recovery and support • Did you call your Buddy?	Thursday 2/8/24	IHC Small Conference Rm
6	THE NEW YOU • Stress Management • Weight Control • Did you call your Buddy?	2/13/24	IHC Small Conference Rm
7	STAYING OFF • Active Fun, Exercise • Assertive Communication • "The Stages of Quitting Nicotine and Tobacco" • Did you call your Buddy?	2/20/24	IHC Small Conference Rm
8	CELEBRATION Relapse Prevention Graduation Did you call your Buddy? 	2/27/24	IHC Small Conference Rm

If you would like to explore options for care at BWC, please don't hesitate to reach out to us at (505) 869-5475. If you find yourself or a loved one experiencing a mental health emergency, please call 988 for immediate support.

Wishing Wellness and Health, Laura Ahrens B'eeh K'oo-ee Wellness Manager Thinking About Quitting Have you been Thinking About Quitting: Now is the time to act and Quit your Nicotine Habit for Good! Take this <u>I time, I on I, 90 minute session</u> over the phone or in person at the Isleta Health Center, to increase your motivation to quit and to get some Tips and Tricks to help you do Quit for Good!

> Call Stephanie, Health Educator @ 869-4479 to learn more

Winter Wellness: Staying Healthy in the Cold Season

Nancy Gonzales, Director of Public Health Services

As the winter season approaches, we at the Isleta Health Center Public Health Department want to extend our warmest wishes to our community. This time of year brings with it a unique set of challenges and opportunities to focus on our health and wellbeing. Here are some tips and information to help you stay healthy and connected during the colder months.

Beat the Winter Blues

Winter can sometimes bring a sense of gloom. The reduced daylight and colder temperatures can lead to seasonal affective disorder (SAD). To combat this, try:

Light Therapy: Spend time in well-lit spaces, and consider using a light therapy lamp.

Stay Active: Regular exercise can boost your mood and energy levels.

Connect with Loved Ones: Maintain strong social connections, even if it is through video calls or messages.

Flu & COVID-19 Season Precautions

Flu season often coincides with winter. Protect yourself and your family by getting the flu vaccine. Isleta Health Center Medical Clinic is now offering influenza vaccine for patients six months and older and updated COVID-19 vaccines for patients 12 years and older. Please call (505) 869-4089 to schedule your appointment.

Nutrition for the Season

Eating nutritious, seasonal foods can help you stay healthy and warm. Consider these winter-friendly options:

Root Vegetables: Carrots, sweet potatoes, and parsnips are packed with vitamins and fiber.

Hot Soups and Stews: These are not only comforting but also provide essential nutrients.

Citrus Fruits: Oranges, grapefruits, and clementines are rich in vitamin C to boost your immune system.

Winter Safety Tips

With colder weather, safety becomes a top priority. Here are a few tips to keep in mind:

Dress Warmly: Layer clothing and wear hats, gloves, and scarves to stay warm.

Prevent Falls: Be cautious of icy sidewalks and driveways, and consider using salt or sand for traction.



Presentations will continue to be offered on the 2nd Tuesday of the month, alternating times & location

Odd Months: Isleta Health Center

Stay Informed: Be aware of weather forecasts and road conditions, and be prepared for winter storms.

As the winter season unfolds, let us prioritize our health and well-being, supporting one another through these chilly months. Remember, the Isleta Health Center Public Health Department is here to assist you on your wellness journey. We wish you a safe, warm, and healthy winter season!

Stay tuned for more updates and information in our upcoming newsletters. If you have any questions or need assistance, please reach out to our office at (505) 869-9720. Sincerely,

Nancy Jo Gonzales, MPA Director of Public Health Services



Dr. Ray Kelley

Dr. Ana Kistin

Sarah Hayes, NP

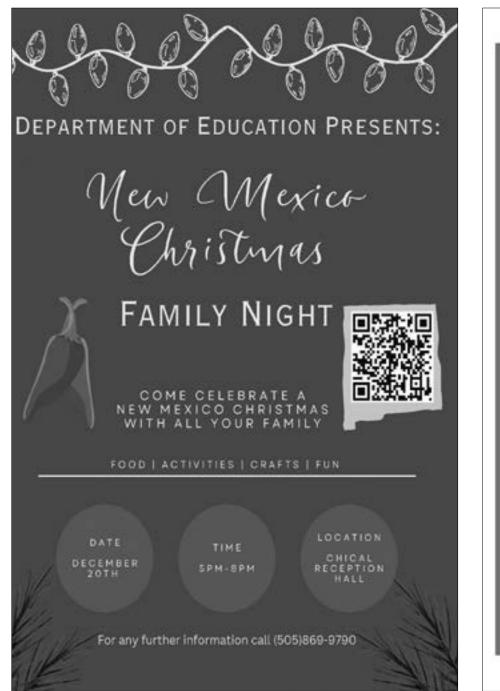
Welcome Our New Physicians & Nurse Pracitioner To Pueblo of Isleta Health Center

Hello! I am one of the new doctors at the leleta Health Center. I grew up in Pittsburgh PA and Denver CO, and I went to college and medical school in the San Francisco Bay Area. My partner and I moved to Albuquerque a few years ago, so that she could work as a midwife while I did my Family Medicine residency at UNM. I am excited to be joining the team at Isleta Health Center and caring for patients of all ages, from babies to elders! In addition to routine primary care visits, I can provide prenatal care, knee injections and other clinic procedures, counseling and treatment regarding gender-affirming care, PrEP, hepatitis C treatment, and medication support for patients recovering from substance or alcohol use. I also enjoy working with patients on common issues like high blood pressure and diabetes – especially since we have newer medications that can make a big difference! Thank you for the welcome, and for the opportunity to be one of your doctors!

I grew up in Albuquerque and, after a stint away for college and work. I returned to New Mexico for medical school and residency at UNM. I chose to go into family medicine because I admired the scope of practice, and the fact that family medicine providers know the importance of accounting for bio-psycho-social components of wellbeing when providing healthcare. I have a particular interest in reproductive health, addiction, and palliative care, among other areas. I am so excited to be working at Isleta and continue to be impressed by the amazing staff.

I am proud to call New Mexico my home for the past 30 years. I am an enrolled Pueblo of Isleta tribal member and thrilled to be working for the Isleta Health Center. I bring with me 15 years of nursing experience in medical/surgical, labor and delivery, and most recently in high-risk obstetrics. I am a recent graduate of the Family Nurse Practitioner program from the University of New Mexico. My goal is to work with patients in all aspects of their lives and help achieve healthcare goals to live a long and healthy life. I look forward to meeting and working with community members in the years to come.







PLEASE CALL 505-869-4479 TO SCHEDULE AN APPT TIME.

MUST HAVE CHILD AND CAR SEAT PRESENT!!



May this Beautiful Holiday Season fill your Heart with Love, your Home with Joy, and your Life with Laughter.

From Isleta Health Center Administration Team: Theresa Papauyo, Melinda Lujan, Dominic Trujillo, Gabby Mendoza, & Natalie Salvador



Eugene "Shubee" Jojola

We, the family, would like to thank the community, family and friends for your help during this very difficult time. Eugene "Shubee" Jojola is missed every day and we find comfort knowing he is watching over us. We are all thankful for the wonderful memories we have and would like to express how thankful we are for sharing your memories



with us, as well. He was truly one of a kind and he will be missed but never forgotten. May the Great Spirit bless you all.

Sincerely, The Jojola family

Evander "Shu-Oo" Kallestewa April 1, 2008 - September 18, 2023

If Roses grow in Heaven Lord, please pick a bunch for me, place them in My Shu-Oo's arms and tell Him they're from Me! Tell him that I LOVE AND MISS HIM, and when He turns to smile, place a kiss upon his cheek, and hold him for a while. Because remembering him is easy, I do it everyday. But there is an ache within my Heart that will NEVER GO AWAY.



Our Shu-oo fought a FIERCE battle since February, and although we miss him immensely, He's journeyed on to be with our Creator and is no longer suffering or in constant pain. We would like to THANK YOU for all the continued prayers of love and support during our most difficult times.

Hawu, HerKhem, E'la'Kwah Ramona, Kelton and Families

Christopher Eric Zuni March 22, 1966 -September 22, 2023

As I sit in Heaven, and watch you every day, I try and let you know with signs, I never went away,



I never went away, I hear you when you're laughing and I watch you as you sleep, I even place my arms around you, to calm you as you weep,

Health Education Presentation Request

If you would like the Isleta Health Center Staff to provide a presentation, please click on the link below and complete the form:

https://forms.gle/8cN4DES6D6CJw95V9

We will try our best to accommodate your needs, however, please understand there may be some limitations.

Please contact Stephanie Barela, (505) 869-4479 or <u>stephanie.barela@islclinic.net</u> if you have any questions. I see you wish the days away, begging to have me home, so I try and send you signs, so you know you're not alone. Heaven is truly beautiful just you wait and see! So live your life, laugh again, Enjoy yourself be free.

With Sincere Gratitude from the family of Christopher Eric Zuni

We extend our deepest THANKS to you for your kindness during the unexpected loss of our loved one. Your condolences and support brought us great comfort during this difficult time.



Well Child Visits

A Key to Healthy Kids

Naturally, we bring our kids to the clinic when they're sick. Did you know it's important to bring them in when they are well, too?

Well child visits help:

PREVENT PROBLEMS

- The clinic team will:
 - Find health problems early
 - Make sure shots are current
 - Review healthy eating
 - Check on the child's safety

TRACK GROWTH AND DEVELOPMENT

- - How your child learns and grows
 - Prow your child learns and grow
 - Milestones
 - Mental and social health

BRING UP CONCERNS

You can talk to your doctor about your child's:

"Well child visits help give your child the best chance to grow into a healthy adult."



WHEN SHOULD I BRING MY CHILD FOR A WELL VISIT BRTH TO 15 MONTHS OLD 2-5 DAYS OLD 1 mo. 2 mo. 4 mo.

6 mo. 9 mo. 12 mo.

APPOINTMENTS IN CLINIC

By Dr. Hadley Pope

We are excited to welcome three new providers to the Isleta Health Center Medical Clinic. With Dr. Kelley, Dr. Kistin, and Nurse Practitioner Hayes joining Dr. Nelson, Dr. Sapien, and myself in clinic, the clinic is now fully staffed with providers! This means more appointment availability and expanding services. With this exciting development, I wanted to take a moment to review the different types of appointments available at clinic.

Primary Care Appointments: These appointments are scheduled in advance and focus on chronic medical issues and healthcare maintenance. Chronic medical issues are those issues that require long-term treatment and include: diabetes; high blood pressure; anxiety, depression, and substance use disorders; asthma and COPD; prenatal care; rheumatological conditions, like lupus and RA; and chronic pain. Healthcare maintenance is the medical term for routine cancer and disease screening. We recommend that all patients (even those without chronic medical conditions) see a provider for a primary care visit at least once per year. If you do not have a primary care provider, or were previously seen by one of our former providers (Dr. Chynoweth or Dr. Tomosie), we recommend that you call medical clinic and get scheduled for an establish primary care appointment.

Children should also establish with a primary care provider. We recommend that all kids, no matter how healthy, see a doctor at least once a year (and even more frequently for infants and toddlers). All of the medical providers at Isleta Health Center are experienced in seeing pediatric patients and eager to care for your whole family.

Same Day Appointments: We offer 19 same day appointments per day. These appointments focus on a single, urgent issue, such as: upper respiratory infection (cold, flu, covid); urinary infection; sexually transmitted infection; pregnancy testing; accident or injury; and concerning symptoms like chest pain or shortness of breath. Patients should call clinic at starting at 8am for a same day appointment.

Hospital Follow-Up Appointment: After discharge from the hospital or emergency room, we recommend a follow-up with a provider to ensure patients have the correct medications and follow-up needed after hospitalization. We have reserved appointments throughout the week for hospital follow-up. When possible, this appointment will be with your primary care provider. Please contact clinic after you are released from the hospital to schedule this appointment.

- ♦ Behavior
- ♦ Sleep
- ♦ Eating
- ~ caong
- Growth
- Ability to get along with others
- Learning, thinking and problem solving
- Physical activity

CREATE A TEAM APPROACH

You and the clinic team can:

- Build trust in each other
- Help when well and help when sick
- Work together for your child and family needs
- Find other resources to help your child

Source: www.healthychildren.org

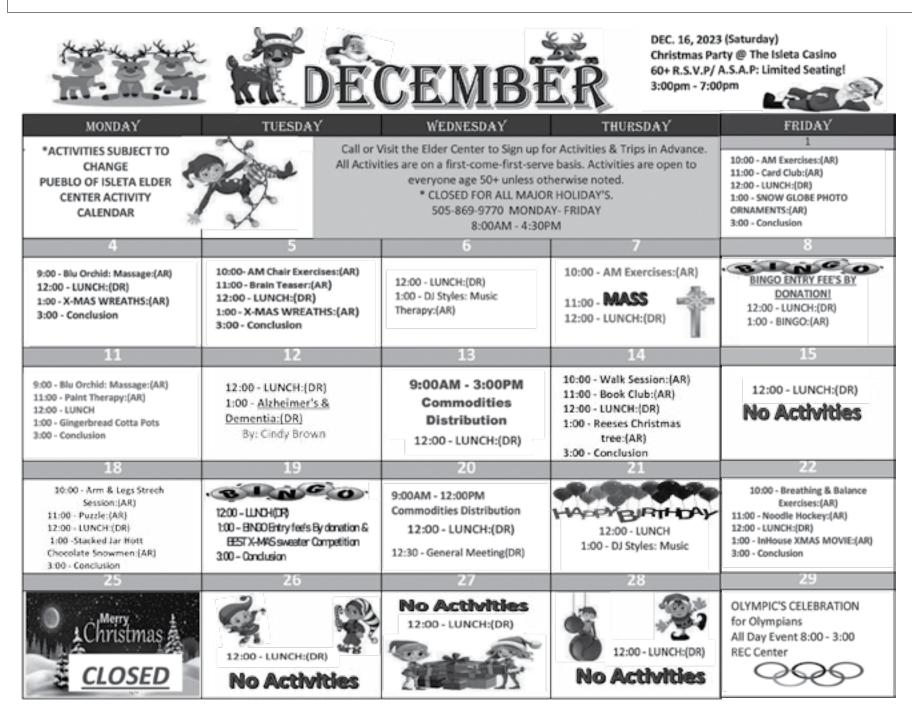
TO MONTHO TO TO WOMTHO
ANNUALLY from 2YEARS to 18 YEARS OLD
2 yr. 3 yr. 4 yr. 5 yr. 6 yr. 7 yr. 8 yr.
ANNUALLY for PRETEEN AND TEEN
9yr. 10yr. 11yr. 12yr. 13yr. 14yr. 15yr. 16yr. 17yr. 18yr.
CONTINUE YEARLY WELL VISITS INTO ADULTHOOD



We are Here to Serve Isleta Health Center Team (505) 869-3200 Procedure Appointments: Starting in January 2024, we will be offering a dedicated procedure clinic once per week. These appointments are for in-clinic procedures, including: IUD and Nexplanon insertion and removal; joint and trigger point injections; and skin biopsy.

See you in clinic!

ISLETA ELDER CENTER	ADUI	LT DAY SER	VICES	ACTIVITY CALENDA DECEMBER 202
	JANES JARES	en s		FRIDAY 1 9-10am Breakfast, Social Time 10-11a Dynamic Stretches 11a-12p Secret Santa 1-3p Library Trip
MONDAY 4	TUESDAY 5	WEDNESDAY 6	THURSDAY 7	FRIDAY 8
9-10am Breakfast, Social Time	9-10am Breakfast, Social 10-11a Dance to the Oldies			9-10am Breakfast, Social Time
10-11a Arthritis Exercises	(Exercise)	10-11a Pool Noodle Excerises	10-11a Dynamic Stretches	10-11a Make Holiday Cards
1-3p Christmas Decorate	1-3p Christmas Tree Decorating	1-3p Decorate Stockings	1-3p Christmas Garland	1-3p BINGO (Entry Fee are Donations)
MONDAY 11	TUESDAY 12	WEDNESDAY 13	THURSDAY 14	FRIDAY 15
9-10am Breakfast, Social Time	9-10am Breakfast, Social Time	9-10am Breakfast, Social Time	9-10am Breakfast, Social Time, Health Check	9-10am Breakfast, Social Time
10-11a Arthritis Exercises	10-11a Dynamic Stretches	10-11a Dance to the Oldies (Exercise)	10-11a Pool Noodle Excerises	10-11a Strength & Balance Exercises
1-3p Intro to Fitness	1-3p Alzheimer's & Dementia w/ Cindy Brown	1-3p Saran Wrap (X-MAS Theme)	1-3p Build Gingerbread House	1-3p Intro to Fitness
MONDAY 18	TUESDAY 19	WEDNESDAY 20	THURSDAY 21	FRIDAY 22
9-10am Breakfast, Social Time	9a-3p ADS Christmas	9-10am Breakfast, Social Time	9-10am Breakfast, Social Time	9-10am Breakfast, Social Time
0-11a BINGO w/ Karen, Dietitia		10-11a Arthritis Exercises	10-11a Dance to the Oldies (Exercise)	1-3p Christmas Movie Day
1-3p Make Snowglobes	Location: TBD	1-3p Bake Treats	1-3p Bake Sale Fundraiser	1-3p Open Presents
MONDAY 25	TUESDAY 26	WEDNESDAY 27	THURSDAY 28	FRIDAY 29
ADS CLOSED	9-10am Breakfast, Social Time	9-10am Breakfast, Social Time	9-10am Breakfast, Social Time	9-10am Breakfast, Social Time
(Christonas)	10-11a Dynamic Stretches	10-11a Pool Noodle Excerises		10-11a Dance to the Oldies (Exercise)
1 In the set of the set of the	1-3p Board Games	1-3p Make Snowflakes	1-3p Card Games	1-3p Create a Time Capsule



DECE	MBER O	Isleta Eld	er Center Lunch	Menu 2023
Monday	* MENUS ARE SUBJECT TO CHA	Wednesday	Thursday	Friday 12/1/2023
3 / 2 AT /7	ASED ON THE AVAILABILITY OF P Please call by <u>9 AM</u> to ca			Chicken Cordon Bleu Chicken Cordon Bleu 3oz Mashed Sweet Potato 1/4c Pinon Sauce 2oz Asparagus 1/2c
12/4/2023	12/5/2023	12/6/2023	12/7/2023	12/8/2023
Sausage Minestrone Soup Gusage Boz Gdney Beans 1/4c Way Vegetable 1/2c Diced Tomato 1/4c Elbow Macaroni 1/4c Fresh Fruit	Beef Faiitas Beef Strips 3oz Peppers & Onions 1/2c Spanish Rice 1/2c Tortilla Garnish 2oz Fresh Fruit	Pork Loin Pork Loin 3oz Mac & Cheese 1/2c Steamed Broccoli 1/2c Gravy 1oz Peach Cobbler 1/2c	Chicken & Rice Diced Chicken 3oz Rice 1/2c Diced Onions/Celery 1/2c Red Chile 1oz Dinner Roll	Spaghetti Ground Beef 3oz Pasta 1/2c Marinara Sauce 1/4c Capri Vegetable 1/2c Fruit Cup
12/11/2023	12/12/2023	12/13/2023	12/14/2023	12/15/2023
Breakfast for lunch Sausage patty 3oz French Toast 2oz SF Syrup 2oz Fresh Fruit	Terivaki Salmon Salmon 3oz Stearned Rice 1/2c Terivaki Sauce 2oz Broccoli 1/2c Fresh Fruit	Baked Chicken w/pineapple Chicken Thigh 3oz Green Beans 1/2c Scallop Potatoes 1/4c BBQ Sauce 1oz Pineapple Tibs 1/2c	Beans Beans 1c Diced pork w/Red Chile 3oz Blue corn Bread Fresh Fruit	Meatloaf Ground Beef 3oz Mashed Potato 1/4c Gravy 1oz Mixed Vegetable 1/2c Fresh Fruit
12/18/2023	12/19/2023	12/20/2023	12/21/2023	12/22/2023
Smothered Burrito Beef Burrito 3oz Red Chile 1oz Shredded Cheese 1oz Sarnish 2oz Fruit Cup	Pork Fried Rice Diced Pork 3cz Steamed Rice 1/4c Peas & Carrots 1/2c Fortune Cockie Low Sodium Soy Sauce 1cz	Sloppy Joe Ground Beef 3oz Sloppy Joe Sauce 1/4c Hamburger Bun Sweet potato tots 1/2c Cottage cheese/peaches	Grilled Ham & Cheese Slice Ham 3oz Slice Cheese 2oz Slice Bread Tomato Soup 1c Applesauce Cup	GC Enchilada Diced Chicken 3oz Spanish Rice 1/4c Chuckwagon Corn 1/2c Green Chile 2oz Shredded Cheese 2oz Fresh Fruit
12/25/2023	12/26/2023	12/27/2023	12/28/2023	12/29/2023
CLOSED FOR Christmas	Vegetable Soup 5 way vegetable blend 1c Diced Potato 1/2c Stewed Tomato 1/2c Dinner Roll Apple Cobbler	Chicken Fried Steak Chicken Fried Steak 3oz Country Gravy 2oz Mac & Cheese 1/4c Country Vegetable Blend 1/2c Fresh Fruit	Philly Cheesesteak Sliced Beef 3oz Peppers & Onions 1/2c Cheese Sauce 2oz Tater Tots 1/4c Hoagie Fresh Frult	Breaded Fish Sandwich Fish Patty 3oz Hamburger Bun Tartar Sauce 1oz Mixed Vegetable 1/2c Fresh Fruit



Call to schedule an appointment

505-369-9796

Ages: Prenatal - 5 Years old

How to complete application

- 1. Call 505-869-9796 to complete application screening tool
- 2. Receive a list of required documents for application
- 3. Schedule an appointment with appropriate staff
- 4. Bring all required documents to scheduled

M	2 2011			ANC .
1/1 10-	2023	MBER	DECE	
FRIDAY	THURSDAY	WEDNESDAY	TUESDAY	MONDAY
1	30	29	28	27
8	Parent 7 Committee 3:30pm	6	5	4
Christmas15 Break No School	Christmas 14 Lunch Head Start only	Family 13 Night 5:30pm	12	11
22	21	20	19	18
\$\$\$ \$\$ \$\$ \$\$	No School	s Break-	Christma	***************
29	28	27	26	25
谷湖(哈米田-	No School	s Break-	Christma	· · · · · · · · · · · · · · · · · · ·
5	4	Children ³ Return	PDD- ² No School	Christmas Break No School

application appointment

5. Complete application

6. Receive a call within two weeks

Required documents for application

- Proof of last 12 months of income
- Proof of residency
- Proof of child health Insurance
- Proof of CIB
- Proof of birth
- Proof of pregnancy (For expectant mothers only)

Parent Committee Agenda

Finalize Christmas activities - Santa Visit? Christmas donation thank you letter Plan and finalize February Family Night (Annual Sweet Heart dance)





Family Night Topic-Family Engagement Activity-DYI Festive fleece blankets, ugly shirt, or stockings Dinner-Lasagna, salad, garlic toast/bread sticks, strawberry pretzel dessert